

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	11:15	20,1°C	43%
End	12:40	20,1°C	43%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	352	João Valente	União FCI de Tomar	30:05		03:00	
2	354	Ricardo Fonseca	União FCI de Tomar	30:44	+00:39	03:04	
3	290	Joao ferreira	MF GRUPO	32:03	+01:58	03:12	
4	433	Pedro Gonçalves Correia Carvalho	Sport Lisboa e Benfica	32:13	+02:08	03:13	
5	316	Duarte Santos	Sporting Clube Portugal	33:21	+03:16	03:20	
6	136	Pedro Venâncio	Grupo Recreativo Eirense	33:29	+03:24	03:21	
7	459	João Saldanha	Grupo Recreativo Eirense	33:44	+03:39	03:22	
8	318	PEDRO RIBEIRO	SR. CAMARNAL	33:48	+03:43	03:23	
9	127	Vitor Dinis	G.A.Caranguejeira	33:50	+03:45	03:23	
10	434	Bernardo Prazeres	Tramagal Sport União	34:04	+03:59	03:24	
11	225	Ricardo José Freitas Jordão	Individual	34:12	+04:07	03:25	
12	357	Tiago Godinho	União FCI de Tomar	34:19	+04:14	03:26	
13	203	Ricardo Rosado	Individual	34:31	+04:26	03:27	
14	96	João Fonte-Boa	Clube Raquel Cabaço	34:44	+04:39	03:28	
15	138	Martim Salvador	Individual	34:47	+04:42	03:29	
16	168	Roberto Monteiro	Individual	34:48	+04:43	03:29	
17	201	Octávio Vicente	Individual	34:53	+04:48	03:29	
18	12	PEDRO FERREIRA	AC VERMOIL	34:55	+04:50	03:30	
19	355	Ricardo Saldanha	União FCI de Tomar	34:57	+04:52	03:30	
20	483	Tiago Margarido	Sport Lisboa e Benfica	35:02	+04:57	03:30	
21	417	Gonçalo Cruz	cpalcanenatrail	35:08	+05:03	03:31	
22	492	Kevin Pels	Individual	35:21	+05:16	03:32	
23	69	Júlio Finote	CCD Sintrense	35:29	+05:24	03:33	
24	129	Paulo Alves	GDCTINCM	35:39	+05:34	03:34	
25	430	Ricardo Lanceiro	Individual	35:53	+05:48	03:35	
26	123	EDGAR FRAZÃO	FET - Fátima Escola de Triatlo	36:07	+06:02	03:37	
27	432	Kcénia Bougrova	Run Tejo - Prevent Sprain	36:09	+06:04	03:37	
28	291	Manuel Fonseca	MF GRUPO	36:18	+06:13	03:38	
29	22	José Augusto Sobral Gomes	Aqualva Runners	36:23	+06:18	03:38	
30	150	Carlos Matias	Individual	36:24	+06:19	03:38	
31	351	João Diogo Correia	União FCI de Tomar	36:32	+06:27	03:39	
32	353	Pedro Saldanha	União FCI de Tomar	36:35	+06:30	03:39	
33	54	Rui Milagaia	Casa do Benfica em Abrantes	36:38	+06:33	03:40	
34	108	André Filipe	CPR A-do-Barbas	36:43	+06:38	03:40	
35	130	NUNO ROMAO	GFD Running	36:50	+06:45	03:41	
36	62	Ricardo Veiga	Casa do Povo de Mangualde	37:11	+07:06	03:43	
37	8	MIGUEL GONÇALVES	AC VERMOIL	37:14	+07:09	03:43	
38	331	David Caroço Nunes	Tramagal Sport União	37:23	+07:18	03:44	
39	200	Luis Fernandes	Individual	37:40	+07:35	03:46	
40	361	Miguel Ferreira	União FCI de Tomar	37:44	+07:39	03:46	
41	213	Eduardo Cardeira	Individual	37:46	+07:41	03:47	
42	349	Alexandre Valente	União FCI de Tomar	38:00	+07:55	03:48	

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	313	André Rosário	Serra DAire Trail Team	38:02	+07:57	03:48	
44	456	Miguel Ferreira Neves	Sport Lisboa e Benfica	38:12	+08:07	03:49	
45	356	Rodolfo Fonseca	União FCI de Tomar	38:18	+08:13	03:50	
46	346	Ana Catarina Carrêlo	União FCI de Tomar	38:18	+08:13	03:50	
47	228	Abel Pires	Individual	38:35	+08:30	03:51	
48	350	André Ferreira	União FCI de Tomar	38:49	+08:44	03:53	
49	169	Simão Neves	Individual	38:50	+08:45	03:53	
50	25	Manuel Matos	APPACDM SANTARÉM	38:58	+08:53	03:54	
51	206	Sérgio Campos	Individual	39:00	+08:55	03:54	
52	10	JOAQUIM QUITÉRIO	AC VERMOIL	39:00	+08:55	03:54	
53	286	Antonio Oliveira	Lizrunner	39:01	+08:56	03:54	
54	319	DELFIN RIBEIRO	SR. CAMARNAL	39:06	+09:01	03:55	
55	83	Jose Manuel Raimundo	Clube Atletismo de Marinha Grande	39:08	+09:03	03:55	
56	335	Gonçalo Campos	Tramagal Sport União	39:10	+09:05	03:55	
57	20	José Santos	ADVA	39:19	+09:14	03:56	
58	107	Alexandre Sousa	CPR A-do-Barbas	39:23	+09:18	03:56	
59	211	David Oliveira	Individual	39:31	+09:26	03:57	
60	273	António Santos	SR. CAMARNAL	39:33	+09:28	03:57	
61	14	JOSÉ SANTOS	AC VERMOIL	39:37	+09:32	03:58	
62	321	MARCO FIDALGO	SR. CAMARNAL	39:43	+09:38	03:58	
63	66	JOÃO LUIS	CASA POVO ALCANENA	39:44	+09:39	03:58	
64	151	David Gomes	Individual	39:57	+09:52	04:00	
65	84	João Oliveira	Clube Cultural e Recreativo de Vale das Mós	40:02	+09:57	04:00	
66	339	Luís Manuel Felício Marques	Tramagal Sport União	40:05	+10:00	04:01	
67	44	Luís Rebelo	Casa Benfica Torres Vedras	40:07	+10:02	04:01	
68	11	JOSÉ MENDES	AC VERMOIL	40:10	+10:05	04:01	
69	28	LUIS MIRANDA	ARC Toledo	40:19	+10:14	04:02	
70	219	Nuno Ramos	Individual	40:24	+10:19	04:02	
71	268	Rui Jorge Amorim Guia Perdígão	C.A.S.P.A. - Clube Amador Só Para Atletismo	40:35	+10:30	04:03	
72	241	Rogério Horta	Individual	40:35	+10:30	04:04	
73	247	Fernando Castela	Individual	40:35	+10:30	04:04	
74	57	Jorge Correia	Casa do Benfica em Abrantes	40:37	+10:32	04:04	
75	239	Paulo Vieira	Individual	40:42	+10:37	04:04	
76	455	Fernando Homem	C.A.S.P.A. - Clube Amador Só Para Atletismo	40:43	+10:38	04:04	
77	65	JOAQUIM SANTOS	CASA POVO ALCANENA	40:52	+10:47	04:05	
78	358	Filipa Moutinho	União FCI de Tomar	41:06	+11:01	04:07	
79	329	Bruno Catarino	Tramagal Sport União	41:12	+11:07	04:07	
80	310	Sara Lobo	Run Tejo - Prevent Sprain	41:21	+11:16	04:08	
81	334	Bruno Carmo	Tramagal Sport União	41:25	+11:20	04:09	
82	27	NELSON LAPAS	ARC Toledo	41:27	+11:22	04:09	
83	105	Ana Bonifácio	CPR A-do-Barbas	41:31	+11:26	04:09	
84	118	Paulo Palma	Dream Runners Évora	41:31	+11:26	04:09	
85	296	Duarte Antunes	Os Matrecos	41:32	+11:27	04:09	
86	315	Antonio silva	Sport club Ferreira do Zêzere Trail Runners	41:35	+11:30	04:10	
87	133	Luis Jesus	Grupo Convívio Amizade das Donas	41:39	+11:34	04:10	
88	240	Pedro Jogo	Individual	41:43	+11:38	04:10	

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	119	Gonçalo Dias	Escola Atletismo Cartaxo	41:48	+11:43	04:11	
90	255	Luís Santos	Individual	41:49	+11:44	04:11	
91	7	HELDER MIRANDA	AC VERMOIL	42:01	+11:56	04:12	
92	63	MARYAN TERESHKEVYCH	CASA POVO ALCANENA	42:03	+11:58	04:12	
93	121	Flávio Santos	Federação da Família para a Paz Mundial e Unificação	42:09	+12:04	04:13	
94	372	Palmira quinhama	WalkeRun/we run	42:16	+12:11	04:14	
95	252	Jorge Sirgado	Individual	42:36	+12:31	04:16	
96	257	Paulo Lourenço	Casa do Povo de Alcanena	42:37	+12:32	04:16	
97	64	ROMAN TERESHKEVYCH	CASA POVO ALCANENA	42:38	+12:33	04:16	
98	35	Fernando Vital	C. D. Os Águias de Alpiarça	42:46	+12:41	04:17	
99	6	DEONILDE COSTA	AC VERMOIL	42:48	+12:43	04:17	
100	258	Paulo Martins	Individual	42:50	+12:45	04:17	
101	297	José Guimas	Os Matrecoos	42:59	+12:54	04:18	
102	416	Gonçalo Lopes	Casa do Benfica em Abrantes	43:05	+13:00	04:18	
103	205	Rui Costa	Tramagal sport união	43:06	+13:01	04:19	
104	131	José Marques	GM Team	43:07	+13:02	04:19	
105	73	Nuno Pita	CCDTMetroLX	43:13	+13:08	04:19	
106	82	Joaquim Abreu Moura	CLAC - ENTRONCAMENTO	43:22	+13:17	04:20	
107	320	HUGO HENRIQUES	SR. CAMARNAL	43:26	+13:21	04:21	
108	192	André Campos	Individual	43:28	+13:23	04:21	
109	345	Jorge Formiga	U.D.R.ZONA ALTA	43:29	+13:24	04:21	
110	226	Rogério Veras	Individual	43:29	+13:24	04:21	
111	324	Filipe Graça	Team El Comandante	43:29	+13:24	04:21	
112	5	MANUELA MARTINS	AC VERMOIL	43:43	+13:38	04:22	
113	132	Fernando Marques	GM Team	43:52	+13:47	04:23	
114	292	Jose carola	MF GRUPO	43:56	+13:51	04:24	
115	15	VITOR LOPES	AC VERMOIL	44:04	+13:59	04:24	
116	253	José Augusto Correia de Almeida	Individual	44:07	+14:02	04:25	
117	55	João Paulo Jacinto	Casa do Benfica em Abrantes	44:26	+14:21	04:27	
118	157	Joao Pinto	Individual	44:27	+14:22	04:27	
119	110	Nuno Ferreira	CPR A-do-Barbas	44:31	+14:26	04:27	
120	144	Joana Tomé	Individual	44:33	+14:28	04:27	
121	143	Inês Santos	Individual	44:37	+14:32	04:28	
122	42	Aníbal Godinho	Caracol Trail Team	44:43	+14:38	04:28	
123	37	José Carlos Brito	C.A.S.P.A. - Clube Amador Só Para Atletismo	44:46	+14:41	04:29	
124	366	Jorge Lercas	União FCI de Tomar	44:52	+14:47	04:29	
125	244	Carlos Lista	Individual	44:57	+14:52	04:30	
126	67	Paulo Ferreira	CB Running	44:57	+14:52	04:30	
127	58	Pedro Alfaiates	Casa do Benfica em Abrantes	44:58	+14:53	04:30	
128	24	Carla Martins Carmona	Aminhacorrída/Runextrem	45:01	+14:56	04:30	
129	128	Luís Guarda	G.A.Caranguejeira	45:15	+15:10	04:31	
130	21	Raquel Maria Alves Pereira	Aqualva Runners	45:21	+15:16	04:32	
131	272	António Rui Merujo	Individual	45:23	+15:18	04:32	
132	363	Carlos Isidro	União FCI de Tomar	45:23	+15:18	04:32	
133	171	Tiago Nogueira	Individual	45:24	+15:19	04:32	

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
134	155	Hugo Jacinto	Individual	45:25	+15:20	04:33	
135	333	João Alberto	Tramagal sport união	45:27	+15:22	04:33	
136	101	Antonio Martins	COA CORVOS LTRAIL TEAM	45:31	+15:26	04:33	
137	120	Gabriel Alves	Escola Atletismo Cartaxo	45:31	+15:26	04:33	
138	370	Manuel Martins	União FCI de Tomar	45:44	+15:39	04:34	
139	13	ULISSES GASPAPAR	AC VERMOIL	45:44	+15:39	04:34	
140	9	NELSON FERREIRA	AC VERMOIL	45:54	+15:49	04:35	
141	263	Jorge Manuel Pratas Polidoro	Individual	46:05	+16:00	04:36	
142	261	francisco gaio	Individual	46:08	+16:03	04:37	
143	322	VITOR MARQUES	SR. CAMARNAL	46:11	+16:06	04:37	
144	202	Pedro José Lopes Pereira	Individual	46:12	+16:07	04:37	
145	172	Liliana Martins	Individual	46:20	+16:15	04:38	
146	79	Duarte Mendes	Centro Civico De Alferrarede Velha	46:23	+16:18	04:38	
147	254	Luis Cascão	Individual	46:24	+16:19	04:38	
148	360	Francisco Gaspar	União FCI de Tomar	46:28	+16:23	04:39	
149	214	Gonçalo Águas	Individual	46:37	+16:32	04:40	
150	126	Diamantino Lopes	G.A.Caranguejeira	46:40	+16:35	04:40	
151	336	José Manuel Moreira de Andrade	Tramagal Sport União	46:42	+16:37	04:40	
152	231	Carlos Mendes	Individual	46:56	+16:51	04:42	
153	227	Vitor Almeida	Individual	46:58	+16:53	04:42	
154	348	Luísa Ribeiro	União FCI de Tomar	46:59	+16:54	04:42	
155	276	Fernando Rosa	Individual	46:59	+16:54	04:42	
156	422	Sérgio Salgado	Individual	47:01	+16:56	04:42	
157	41	José Simão Santos	CAMG	47:02	+16:57	04:42	
158	122	Isabel Santos	Federação da Família para a Paz Mundial e Unificação	47:03	+16:58	04:42	
159	158	Joao Santos	Individual	47:09	+17:04	04:43	
160	421	João Augusto Lopes	Individual	47:17	+17:12	04:44	
161	109	Luis Fernandes	CPR A-do-Barbas	47:24	+17:19	04:44	
162	94	Mário Duarte	Clube Desportivo Moitense	47:28	+17:23	04:45	
163	301	Pedro Filipe Cardoso Ferreira	Pedrinho Athletics	47:41	+17:36	04:46	
164	224	Ricardo Jorge Beirão	Individual	47:52	+17:47	04:47	
165	98	Rui Vieira	CM Travel	47:57	+17:52	04:48	
166	19	Nuno Pereira	ADNO - Nucleoeiras	48:04	+17:59	04:48	
167	173	Raquel Subtil	Individual	48:04	+17:59	04:48	
168	289	Paulo Pascoal	SR. CAMARNAL	48:07	+18:02	04:49	
169	266	Paulo Fonseca	Individual	48:15	+18:10	04:50	
170	112	Luis Filipe	CPR A-do-Barbas	48:20	+18:15	04:50	
171	111	Nuno Henriques	CPR A-do-Barbas	48:20	+18:15	04:50	
172	61	Teresa Maria Costa Antão	Casa do Benfica em Castelo Branco	48:21	+18:16	04:50	
173	114	António Ferreira	CPR A-do-Barbas	48:25	+18:20	04:50	
174	250	Joaquim Santos	Individual	48:29	+18:24	04:51	
175	260	Daniel Guerra	Individual	48:29	+18:24	04:51	
176	427	Nelson Nunes	Individual	48:31	+18:26	04:51	
177	369	José Aleixo	União FCI de Tomar	48:40	+18:35	04:52	
178	140	Alexandra Simão	Individual	48:41	+18:36	04:52	

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
179	170	Tiago Gomes dos Santos	Individual	48:44	+18:39	04:52	
180	134	Francisco Madeira	Grupo Convivio Amizade das Donas	48:49	+18:44	04:53	
181	317	SARA GABRIEL	SR. CAMARNAL	48:52	+18:47	04:53	
182	323	JOAQUIM JESUS	SR. CAMARNAL	48:53	+18:48	04:53	
183	281	José Álvaro Damas Garrafão	Individual	48:57	+18:52	04:54	
184	243	Carlos Alberto Loureiro Rosado	Individual	48:57	+18:52	04:54	
185	210	Daniel Martins	Individual	48:59	+18:54	04:54	
186	341	Ana Pereira	U.D.R.ZONA ALTA	49:04	+18:59	04:54	
187	104	Eusébio Pratas Mendes Abreu	Constância Sunset Runners	49:11	+19:06	04:55	
188	262	João Calouro	Individual	49:11	+19:06	04:55	
189	92	Leonel Rodrigues	Clube Desportivo Moitense	49:17	+19:12	04:56	
190	86	Ricardo Vicente	Clube Desportivo Moitense	49:17	+19:12	04:56	
191	368	António Serafim	União FCI de Tomar	49:21	+19:16	04:56	
192	195	David Gonçalves	Individual	49:29	+19:24	04:57	
193	342	Vera Ferreira	U.D.R.ZONA ALTA	49:31	+19:26	04:57	
194	304	Vasco Brito	Poiares Protocol	49:33	+19:28	04:57	
195	234	João Pedro Ferreira	Individual	49:38	+19:33	04:58	
196	159	Joel Pedrosa Simões	Individual	49:46	+19:41	04:59	
197	194	Andre Vitorino	Individual	49:48	+19:43	04:59	
198	267	Renato José Alves Pauleta	Individual	49:51	+19:46	04:59	
199	359	Carolina Feliz	União FCI de Tomar	49:57	+19:52	05:00	
200	265	Nuno Romão	Individual	50:05	+20:00	05:00	
201	198	Hernán Rodríguez	Individual	50:06	+20:01	05:01	
202	275	Evangelino Cardeira	Individual	50:12	+20:07	05:01	
203	419	André Filipe de Jesus Quinas	Individual	50:16	+20:11	05:02	
204	303	Rui Neves	Peniche a Correr	50:18	+20:13	05:02	
205	196	Edgar Serrandário	Individual	50:20	+20:15	05:02	
206	216	Hugo Silva	Individual	50:29	+20:24	05:03	
207	270	António Matias	Individual	50:29	+20:24	05:03	
208	163	Miguel Amaro	Individual	50:33	+20:28	05:03	
209	33	Pedro Bico	Bicalhões	50:37	+20:32	05:04	
210	187	Mariana Rosa Caleiro Grade	Aigualva Runners	50:38	+20:33	05:04	
211	232	Frederico Costa	Individual	50:38	+20:33	05:04	
212	249	João Geada	Individual	50:40	+20:35	05:04	
213	75	Rafael Valente Santos	CCDTMetroLX	50:53	+20:48	05:05	
214	246	Domingos Gato	Individual	50:58	+20:53	05:06	
215	328	Arlindo Maduro	Tomar Runners	51:03	+20:58	05:06	
216	327	Paulo Paulino	Team P. Moles	51:16	+21:11	05:08	
217	326	Ricardo Santos	Team P. Moles	51:31	+21:26	05:09	
218	424	Bruno Fernandes	Individual	51:54	+21:49	05:11	
219	147	Soraia Alfaro Falcão da Fonseca	Individual	51:55	+21:50	05:12	
220	415	João Paulo de Oliveira Jacinto	Carrapiteiro Bike Team	52:04	+21:59	05:12	
221	88	Adriano Fonte	Clube Desportivo Moitense	52:05	+22:00	05:13	
222	160	Luís Fidalgo	Individual	52:07	+22:02	05:13	
223	425	Sergio Miguel Santos Pereira de Oliveira	Individual	52:14	+22:09	05:13	

PROVA PRINCIPAL - STAGE 1
10 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
224	1	Domingos Castro	Individual	52:15	+22:10	05:13	
225	251	JORGE FILIPE	Os Matreco	52:15	+22:10	05:13	
226	209	Armando Coelho	Individual	52:20	+22:15	05:14	
227	245	Carlos Magalhães	Individual	52:22	+22:17	05:14	
228	207	Tiago Santos	Individual	52:22	+22:17	05:14	
229	70	Bruno Barbosa	CCDTMetroLX	52:24	+22:19	05:14	
230	218	Mário Lima	Individual	52:34	+22:29	05:15	
231	325	Marisa Silva	Team P. Moles	52:39	+22:34	05:16	
232	340	Estevão Lopes Da Silva Ribeiro	Tramagal Sport União	52:41	+22:36	05:16	
233	298	João Machado	Os Matreco	52:42	+22:37	05:16	
234	344	Rui Estanqueiro	U.D.R.ZONA ALTA	52:47	+22:42	05:17	
235	420	Cláudio Freitas	Individual	52:59	+22:54	05:18	
236	295	Aurélio Rodrigues	Os Matreco	53:00	+22:55	05:18	
237	314	José Luís Martins	Slowrunners	53:06	+23:01	05:19	
238	426	Jorge silva	Individual	53:10	+23:05	05:19	
239	166	Ricardo Antunes	Individual	53:13	+23:08	05:19	
240	174	Ana Isabel Alves	Individual	53:13	+23:08	05:19	
241	193	André Lourenço	Individual	53:13	+23:08	05:19	
242	180	Sonia Loureiro	Individual	53:31	+23:26	05:21	
243	161	Marco Andrade	Individual	53:33	+23:28	05:21	
244	199	Joao Santos	Individual	53:33	+23:28	05:21	
245	347	Aura Vaz Abreu	União FCI de Tomar	53:35	+23:30	05:22	
246	238	Paulo Oliveira	Individual	53:35	+23:30	05:22	
247	302	Irina de Fátima Henriques Lopes Pinto	Pedrógão Triatlo	53:37	+23:32	05:22	
248	137	João Melo Roque	União FCI de Tomar	53:46	+23:41	05:23	
249	364	Ernesto Parente	União FCI de Tomar	53:47	+23:42	05:23	
250	338	Daniel Simões	Tramagal Sport União	53:51	+23:46	05:23	
251	221	Pedro Costa	Individual	53:51	+23:46	05:23	
252	23	Manuel Fonseca	Amigos do Atletismo de Mafra	53:52	+23:47	05:23	
253	40	Horácio Ruivo	C.C.D. O ALVITEJO	53:55	+23:50	05:24	
254	142	Inês Dias	Individual	54:02	+23:57	05:24	
255	141	Ana Costa da Silva	Individual	54:02	+23:57	05:24	
256	81	Tatiana Iria	Chamusca Trail	54:23	+24:18	05:26	
257	74	Rui Pastor	CCDTMetroLX	54:37	+24:32	05:28	
258	26	VANDA ANJOS	ARC Toledo	54:39	+24:34	05:28	
259	32	Matilde Bico	Bicalhões	55:00	+24:55	05:30	
260	176	Carina Silva	Individual	55:05	+25:00	05:30	
261	365	João Roque	União FCI de Tomar	55:12	+25:07	05:31	
262	103	Magda Bretes	Constância Sunset Runners	55:16	+25:11	05:32	
263	188	Nicky Botwright	Individual	55:24	+25:19	05:32	
264	189	Patrícia Matos da Silva Januário	Individual	55:27	+25:22	05:33	
265	117	Rita Palma	Dream Runners Évora	55:29	+25:24	05:33	
266	116	Sara Alves	Dr. Runner	55:32	+25:27	05:33	
267	95	Albano Ginja	Clube do Sargento da Armada	55:32	+25:27	05:33	
268	97	Vasco Caseiro	CM Travel	55:47	+25:42	05:35	

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
269	18	LEANDRO SANTOS	AC VERMOIL	55:50	+25:45	05:35	
270	217	João Fernandes	Individual	56:01	+25:56	05:36	
271	367	Paulo Saldanha	União FCI de Tomar	56:08	+26:03	05:37	
272	167	Ricardo Daniel	Individual	56:09	+26:04	05:37	
273	90	Diamantino Cruz	Clube Desportivo Moitense	56:11	+26:06	05:37	
274	30	Lúcio Serra	Associação de Moradores de Amoreira	56:11	+26:06	05:37	
275	153	Guilherme Almeida	Individual	56:25	+26:20	05:38	
276	154	Guilherme Francisco	Individual	56:35	+26:30	05:39	
277	233	Hélder Filipe Pires	Individual	56:35	+26:30	05:40	
278	284	Manuel Gracio	Individual	56:39	+26:34	05:40	
279	222	Pedro Fernandes	Individual	56:43	+26:38	05:40	
280	177	Elisabete Dias	Individual	56:50	+26:45	05:41	
281	279	João de Carvalho Jacinto	Individual	56:50	+26:45	05:41	
282	77	Francisco Plínio	CCDTMetroLX	56:53	+26:48	05:41	
283	293	Alice Campos	Os Matrecos	57:10	+27:05	05:43	
284	294	Fausto Campos	Os Matrecos	57:10	+27:05	05:43	
285	52	Paula Varelas	Casa do Benfica em Abrantes	57:12	+27:07	05:43	
286	332	Gonçalo José Santos Bernardo	Tramagal Sport União	57:19	+27:14	05:44	
287	423	Susana Moleirinho	Individual	57:25	+27:20	05:45	
288	16	ALFREDO SANTOS	AC VERMOIL	57:31	+27:26	05:45	
289	185	Joana Piçarra	Individual	57:32	+27:27	05:45	
290	307	Catarina Costa	Preta Runners	57:59	+27:54	05:48	
291	34	Ricardo Brízido	C. A. BARREIRA	58:24	+28:19	05:50	
292	230	António José Alexandre Castanheira 218220634	Individual	58:24	+28:19	05:50	
293	36	Otilia Maria Ribeiro Gonçalves Leal	C.A.S.P.A. - Clube Amador Só Para Atletismo	58:47	+28:42	05:53	
294	68	Manuela Lopes	CCD Sintrense	58:55	+28:50	05:54	
295	212	David Polido	Individual	58:59	+28:54	05:54	
296	179	Marta Emídio	Individual	59:10	+29:05	05:55	
297	125	Jose Fonseca	FONSECA	59:42	+29:37	05:58	
298	124	Anabela Fonseca	FONSECA	59:44	+29:39	05:58	
299	29	Tiago Dionísio	Associação de Moradores de Amoreira	59:53	+29:48	05:59	
300	100	Manuel Minas da Piedade	CMP	01:00:07	+30:02	06:01	
301	99	Paulo Simões de Abeu	CMP	01:00:07	+30:02	06:01	
302	191	Sónia Borrego	Individual	01:00:38	+30:33	06:04	
303	156	João Leandro Venâncio Pereira	Individual	01:00:51	+30:46	06:05	
304	190	Rosário Pratas	Individual	01:00:52	+30:47	06:05	
305	277	Francisco Calado Martins Pinheiro	Individual	01:00:52	+30:47	06:05	
306	285	rui cerejo	Individual	01:00:53	+30:48	06:05	
307	264	José Paulo Lopes Costa	Individual	01:00:54	+30:49	06:05	
308	53	Luís Pires	Casa do Benfica em Abrantes	01:01:16	+31:11	06:08	
309	259	Rui Oliveira	Individual	01:01:19	+31:14	06:08	
310	181	Ana Paula Pinto	Individual	01:01:25	+31:20	06:09	
311	106	Regina Ferreira	CPR A-do-Barbas	01:01:34	+31:29	06:09	
312	337	JOAO JOSE	Tramagal Sport União	01:01:39	+31:34	06:10	
313	418	Catarina Ribeiro	Individual	01:01:44	+31:39	06:10	

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
314	431	Antonio Ribeiro	Individual	01:01:44	+31:39	06:10	
315	178	Esther Turner	Individual	01:01:47	+31:42	06:11	
316	43	Helena Isabel Campos Damas	Carrapiteiro Bike Team	01:01:49	+31:44	06:11	
317	145	Leonor Lopes	Individual	01:02:00	+31:55	06:12	
318	31	Luís Serra	Associação de Moradores de Amoreira	01:02:00	+31:55	06:12	
319	248	João Dias	Individual	01:02:01	+31:56	06:12	
320	256	Paulo Almeida	Individual	01:02:02	+31:57	06:12	
321	183	Célia Maria Ferreira Martins Flores	Individual	01:02:11	+32:06	06:13	
322	215	Hugo Pires	Individual	01:03:06	+33:01	06:19	
323	208	André Martins	Individual	01:03:41	+33:36	06:22	
324	135	Maria Alcina Costa Correia	Grupo Desportivo O Independente	01:03:47	+33:42	06:23	
325	51	Mara Lavrador	Casa do Benfica em Abrantes	01:04:10	+34:05	06:25	
326	146	Matilde Moleiro Grilo	Individual	01:04:41	+34:37	06:28	
327	184	Irene da Conceição Esteves Inácio	Individual	01:04:43	+34:38	06:28	
328	59	Patricia Pedro	Casa do Benfica em Algueirão Mem Martins	01:04:46	+34:41	06:29	
329	60	Joaquim Cruz	Casa do Benfica em Algueirão Mem Martins	01:04:47	+34:42	06:29	
330	428	NUNO PINELA	Individual	01:04:47	+34:42	06:29	
331	306	Ana Oliveira	Preta Runners	01:04:52	+34:47	06:29	
332	308	Catarina Fontinha	Preta Runners	01:04:53	+34:48	06:29	
333	76	Carlos Jesus Moreira	CCDTMetroLX	01:05:07	+35:02	06:31	
334	371	Vitor Marto	União FCI de Tomar	01:06:17	+36:12	06:38	
335	288	Claudia Barreiro	Mar.team.chel	01:06:31	+36:26	06:39	
336	429	Pedro Serafim	Individual	01:06:54	+36:49	06:41	
337	287	Mónica Rosa	Mar.team.chel	01:07:21	+37:16	06:44	
338	39	Elisabete Águas	C.C.D. O ALVITEJO	01:07:23	+37:18	06:44	
339	283	Manuel Domingos	Individual	01:08:17	+38:12	06:50	
340	278	HELIO GODINHO	Individual	01:08:24	+38:19	06:50	
341	49	Carla Silvério	Casa do Benfica em Abrantes	01:10:05	+40:00	07:01	
342	71	Sónia Lima	CCDTMetroLX	01:10:53	+40:48	07:05	
343	78	Orlando Sousa	CCDTMetroLX	01:11:12	+41:07	07:07	
344	280	Johnny Thomassen	Individual	01:13:41	+43:36	07:22	
345	149	Bruno Caetano	Individual	01:17:03	+46:58	07:42	
346	204	Rodolfo Santos	Individual	01:17:04	+46:59	07:42	
347	305	Diana Ribeiro	Preta Runners	01:17:10	+47:05	07:43	
348	80	Joao Andrade	Centro Civico De Alferrarede Velha	01:17:51	+47:46	07:47	
349	271	Antonio Moura	Individual	01:19:20	+49:15	07:56	
350	269	Rui Melão	Individual	01:25:24	+55:19	08:32	
351	182	Ana Pereira	Individual	01:26:38	+56:33	08:40	

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	11:15	20,1°C	43%
End	12:40	20,1°C	43%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Junior Feminino

1	32	Matilde Bico	Bicalhões	Junior Feminino	54:59	+24:55	05:30
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Junior Masculino

1	433	Pedro Gonçalo Correia Carvalho	Sport Lisboa e Benfica	Junior Masculino	32:13	+02:08	03:13
2	434	Bernardo Prazeres	Tramagal Sport União	Junior Masculino	34:04	+03:59	03:24
3	138	Martim Salvador	Individual	Junior Masculino	34:46	+04:42	03:29
4	483	Tiago Margarido	Sport Lisboa e Benfica	Junior Masculino	35:02	+04:57	03:30
5	456	Miguel Ferreira Neves	Sport Lisboa e Benfica	Junior Masculino	38:11	+08:07	03:49
6	137	João Melo Roque	União FCI de Tomar	Junior Masculino	53:45	+23:41	05:23

Senior Feminino

1	432	Kcénia Bougrova	Run Tejo - Prevent Sprain	Senior Feminino	36:08	+06:04	03:37
2	346	Ana Catarina Carrêlo	União FCI de Tomar	Senior Feminino	38:18	+08:13	03:50
3	310	Sara Lobo	Run Tejo - Prevent Sprain	Senior Feminino	41:21	+11:16	04:08
4	105	Ana Bonifácio	CPR A-do-Barbas	Senior Feminino	41:31	+11:26	04:09
5	5	MANUELA MARTINS	AC VERMOIL	Senior Feminino	43:42	+13:38	04:22
6	144	Joana Tomé	Individual	Senior Feminino	44:33	+14:28	04:27
7	143	Inês Santos	Individual	Senior Feminino	44:36	+14:32	04:28
8	348	Luísa Ribeiro	União FCI de Tomar	Senior Feminino	46:59	+16:54	04:42
9	140	Alexandra Simão	Individual	Senior Feminino	48:40	+18:36	04:52
10	317	SARA GABRIEL	SR. CAMARNAL	Senior Feminino	48:52	+18:47	04:53
11	147	Soraia Alfaro Falcão da Fonseca	Individual	Senior Feminino	51:54	+21:50	05:12
12	347	Aura Vaz Abreu	União FCI de Tomar	Senior Feminino	53:35	+23:30	05:22
13	142	Inês Dias	Individual	Senior Feminino	54:01	+23:56	05:24
14	141	Ana Costa da Silva	Individual	Senior Feminino	54:02	+23:57	05:24
15	418	Catarina Ribeiro	Individual	Senior Feminino	01:01:43	+31:38	06:10
16	145	Leonor Lopes	Individual	Senior Feminino	01:01:59	+31:55	06:12
17	146	Matilde Moleiro Grilo	Individual	Senior Feminino	01:04:41	+34:36	06:28
18	287	Mónica Rosa	Mar.team.chel	Senior Feminino	01:07:20	+37:16	06:44

Senior Masculino

1	352	João Valente	União FCI de Tomar	Senior Masculino	30:04		03:00
2	354	Ricardo Fonseca	União FCI de Tomar	Senior Masculino	30:43	+00:39	03:04
3	290	Joao ferreira	MF GRUPO	Senior Masculino	32:02	+01:58	03:12
4	316	Duarte Santos	Sporting Clube Portugal	Senior Masculino	33:21	+03:16	03:20

Official Timekeeper: Lap2Go	1 / 10	generate 08-abr-2023 12:42
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Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

5	136	Pedro Venâncio	Grupo Recreativo Eirense	Senior Masculino	33:29	+03:24	03:21
6	459	João Saldanha	Grupo Recreativo Eirense	Senior Masculino	33:43	+03:39	03:22
7	318	PEDRO RIBEIRO	SR. CAMARNAL	Senior Masculino	33:47	+03:43	03:23
8	357	Tiago Godinho	União FCI de Tomar	Senior Masculino	34:19	+04:14	03:26
9	168	Roberto Monteiro	Individual	Senior Masculino	34:48	+04:43	03:29
10	355	Ricardo Saldanha	União FCI de Tomar	Senior Masculino	34:56	+04:52	03:30
11	492	Kevin Pels	Individual	Senior Masculino	35:20	+05:16	03:32
12	123	EDGAR FRAZÃO	FET - Fátima Escola de Triatlo	Senior Masculino	36:07	+06:02	03:37
13	150	Carlos Matias	Individual	Senior Masculino	36:24	+06:19	03:38
14	351	João Diogo Correia	União FCI de Tomar	Senior Masculino	36:31	+06:27	03:39
15	353	Pedro Saldanha	União FCI de Tomar	Senior Masculino	36:34	+06:30	03:39
16	349	Alexandre Valente	União FCI de Tomar	Senior Masculino	37:59	+07:55	03:48
17	313	André Rosário	Serra DAire Trail Team	Senior Masculino	38:01	+07:57	03:48
18	356	Rodolfo Fonseca	União FCI de Tomar	Senior Masculino	38:17	+08:13	03:50
19	350	André Ferreira	União FCI de Tomar	Senior Masculino	38:48	+08:44	03:53
20	169	Simão Neves	Individual	Senior Masculino	38:49	+08:45	03:53
21	151	David Gomes	Individual	Senior Masculino	39:56	+09:52	04:00
22	329	Bruno Catarino	Tramagal Sport União	Senior Masculino	41:11	+11:07	04:07
23	63	MARYAN TERESHKEVYCH	CASA POVO ALCANENA	Senior Masculino	42:02	+11:58	04:12
24	121	Flávio Santos	Federação da Família para a Paz Mundial e Unificação	Senior Masculino	42:08	+12:04	04:13
25	131	José Marques	GM Team	Senior Masculino	43:07	+13:02	04:19
26	324	Filipe Graça	Team El Comandante	Senior Masculino	43:29	+13:24	04:21
27	157	Joao Pinto	Individual	Senior Masculino	44:27	+14:22	04:27
28	171	Tiago Nogueira	Individual	Senior Masculino	45:23	+15:19	04:32
29	155	Hugo Jacinto	Individual	Senior Masculino	45:24	+15:20	04:33
30	79	Duarte Mendes	Centro Civico De Alferrarede Velha	Senior Masculino	46:23	+16:18	04:38
31	422	Sérgio Salgado	Individual	Senior Masculino	47:00	+16:56	04:42
32	158	Joao Santos	Individual	Senior Masculino	47:09	+17:04	04:43
33	421	João Augusto Lopes	Individual	Senior Masculino	47:17	+17:12	04:44
34	170	Tiago Gomes dos Santos	Individual	Senior Masculino	48:44	+18:39	04:52
35	304	Vasco Brito	Poiares Protocol	Senior Masculino	49:33	+19:28	04:57
36	159	Joel Pedrosa Simões	Individual	Senior Masculino	49:45	+19:41	04:59
37	419	André Filipe de Jesus Quinas	Individual	Senior Masculino	50:16	+20:11	05:02
38	163	Miguel Amaro	Individual	Senior Masculino	50:33	+20:28	05:03
39	160	Luís Fidalgo	Individual	Senior Masculino	52:07	+22:02	05:13
40	70	Bruno Barbosa	CCDTMetroLX	Senior Masculino	52:24	+22:19	05:14
41	420	Cláudio Freitas	Individual	Senior Masculino	52:58	+22:53	05:18
42	166	Ricardo Antunes	Individual	Senior Masculino	53:12	+23:08	05:19
43	161	Marco Andrade	Individual	Senior Masculino	53:33	+23:28	05:21
44	97	Vasco Caseiro	CM Travel	Senior Masculino	55:46	+25:42	05:35
45	167	Ricardo Daniel	Individual	Senior Masculino	56:08	+26:04	05:37
46	153	Guilherme Almeida	Individual	Senior Masculino	56:24	+26:19	05:38
47	154	Guilherme Francisco	Individual	Senior Masculino	56:34	+26:30	05:39
48	156	João Leandro Venâncio Pereira	Individual	Senior Masculino	01:00:50	+30:46	06:05

Official Timekeeper: Lap2Go	2 / 10	generate 08-abr-2023 12:42
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Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

49	149	Bruno Caetano	Individual	Senior Masculino	01:17:03	+46:58	07:42
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Veterana F35

1	172	Liliana Martins	Individual	Veterana F35	46:19	+16:15	04:38
2	173	Raquel Subtil	Individual	Veterana F35	48:04	+17:59	04:48
3	325	Marisa Silva	Team P. Moles	Veterana F35	52:39	+22:34	05:16
4	81	Tatiana Iria	Chamusca Trail	Veterana F35	54:23	+24:18	05:26
5	43	Helena Isabel Campos Damas	Carrapiteiro Bike Team	Veterana F35	01:01:48	+31:44	06:11
6	305	Diana Ribeiro	Preta Runners	Veterana F35	01:17:10	+47:05	07:43

Veterana F40

1	358	Filipa Moutinho	União FCI de Tomar	Veterana F40	41:06	+11:01	04:07
2	24	Carla Martins Carmona	Aminhacorrída/Runextrem	Veterana F40	45:00	+14:56	04:30
3	61	Teresa Maria Costa Antão	Casa do Benfica em Castelo Branco	Veterana F40	48:20	+18:16	04:50
4	341	Ana Pereira	U.D.R.ZONA ALTA	Veterana F40	49:03	+18:59	04:54
5	174	Ana Isabel Alves	Individual	Veterana F40	53:13	+23:08	05:19
6	180	Sonia Loureiro	Individual	Veterana F40	53:30	+23:26	05:21
7	302	Irina de Fátima Henriques Lopes Pinto	Pedrógão Triatlo	Veterana F40	53:36	+23:32	05:22
8	26	VANDA ANJOS	ARC Toledo	Veterana F40	54:39	+24:34	05:28
9	176	Carina Silva	Individual	Veterana F40	55:04	+24:59	05:30
10	116	Sara Alves	Dr. Runner	Veterana F40	55:31	+25:27	05:33
11	177	Elisabete Dias	Individual	Veterana F40	56:50	+26:45	05:41
12	423	Susana Moleirinho	Individual	Veterana F40	57:25	+27:20	05:45
13	307	Catarina Costa	Preta Runners	Veterana F40	57:59	+27:54	05:48
14	179	Marta Emídio	Individual	Veterana F40	59:10	+29:05	05:55
15	178	Esther Turner	Individual	Veterana F40	01:01:46	+31:41	06:11
16	51	Mara Lavrador	Casa do Benfica em Abrantes	Veterana F40	01:04:10	+34:05	06:25
17	306	Ana Oliveira	Preta Runners	Veterana F40	01:04:51	+34:47	06:29
18	308	Catarina Fontinha	Preta Runners	Veterana F40	01:04:52	+34:48	06:29
19	288	Claudia Barreiro	Mar.team.chel	Veterana F40	01:06:31	+36:26	06:39
20	49	Carla Silvéri0	Casa do Benfica em Abrantes	Veterana F40	01:10:05	+40:00	07:01

Veterana F45

1	372	Palmira quinhama	WalkeRun/we run	Veterana F45	42:15	+12:11	04:14
2	6	DEONILDE COSTA	AC VERMOIL	Veterana F45	42:48	+12:43	04:17
3	21	Raquel Maria Alves Pereira	Agualva Runners	Veterana F45	45:21	+15:16	04:32
4	122	Isabel Santos	Federação da Família para a Paz Mundial e Unificação	Veterana F45	47:02	+16:58	04:42
5	342	Vera Ferreira	U.D.R.ZONA ALTA	Veterana F45	49:30	+19:26	04:57
6	359	Carolina Feliz	União FCI de Tomar	Veterana F45	49:57	+19:52	05:00

Prova Principal
10 KM
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OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

7	187	Mariana Rosa Caleiro Grade	Agualva Runners	Veterana F45	50:37	+20:32	05:04
8	103	Magda Bretes	Constância Sunset Runners	Veterana F45	55:16	+25:11	05:32
9	188	Nicky Botwright	Individual	Veterana F45	55:24	+25:19	05:32
10	189	Patrícia Matos da Silva Januário	Individual	Veterana F45	55:27	+25:22	05:33
11	117	Rita Palma	Dream Runners Évora	Veterana F45	55:29	+25:24	05:33
12	293	Alice Campos	Os Matrecos	Veterana F45	57:10	+27:05	05:43
13	52	Paula Varelas	Casa do Benfica em Abrantes	Veterana F45	57:12	+27:07	05:43
14	185	Joana Piçarra	Individual	Veterana F45	57:32	+27:27	05:45
15	36	Otilia Maria Ribeiro Gonçalves Leal	C.A.S.P.A. - Clube Amador Só Para Atletismo	Veterana F45	58:47	+28:42	05:53
16	68	Manuela Lopes	CCD Sintrense	Veterana F45	58:55	+28:50	05:54
17	124	Anabela Fonseca	FONSECA	Veterana F45	59:43	+29:39	05:58
18	191	Sónia Borrego	Individual	Veterana F45	01:00:38	+30:33	06:04
19	190	Rosário Pratas	Individual	Veterana F45	01:00:51	+30:47	06:05
20	181	Ana Paula Pinto	Individual	Veterana F45	01:01:25	+31:20	06:09
21	106	Regina Ferreira	CPR A-do-Barbas	Veterana F45	01:01:33	+31:29	06:09
22	183	Célia Maria Ferreira Martins Flores	Individual	Veterana F45	01:02:11	+32:06	06:13
23	135	Maria Alcina Costa Correia	Grupo Desportivo O Independente	Veterana F45	01:03:47	+33:42	06:23
24	184	Irene da Conceição Esteves Inácio	Individual	Veterana F45	01:04:43	+34:38	06:28
25	59	Patricia Pedro	Casa do Benfica em Algueirão Mem Martins	Veterana F45	01:04:45	+34:41	06:29
26	39	Elisabete Águas	C.C.D. O ALVITEJO	Veterana F45	01:07:22	+37:18	06:44
27	71	Sónia Lima	CCDTMetroLX	Veterana F45	01:10:52	+40:47	07:05
28	182	Ana Pereira	Individual	Veterana F45	01:26:38	+56:33	08:40

Veterano M35

1	203	Ricardo Rosado	Individual	Veterano M35	34:30	+04:26	03:27
2	96	João Fonte-Boa	Clube Raquel Cabaço	Veterano M35	34:43	+04:39	03:28
3	201	Octávio Vicente	Individual	Veterano M35	34:52	+04:48	03:29
4	417	Gonçalo Cruz	cpalcanenatrail	Veterano M35	35:08	+05:03	03:31
5	291	Manuel Fonseca	MF GRUPO	Veterano M35	36:18	+06:13	03:38
6	54	Rui Milagaia	Casa do Benfica em Abrantes	Veterano M35	36:37	+06:33	03:40
7	108	André Filipe	CPR A-do-Barbas	Veterano M35	36:43	+06:38	03:40
8	331	David Carço Nunes	Tramagal Sport União	Veterano M35	37:22	+07:18	03:44
9	200	Luis Fernandes	Individual	Veterano M35	37:40	+07:35	03:46
10	206	Sérgio Campos	Individual	Veterano M35	38:59	+08:55	03:54
11	107	Alexandre Sousa	CPR A-do-Barbas	Veterano M35	39:22	+09:17	03:56
12	84	João Oliveira	Clube Cultural e Recreativo de Vale das Mós	Veterano M35	40:01	+09:57	04:00
13	64	ROMAN TERESHKEVYCH	CASA POVO ALCANENA	Veterano M35	42:38	+12:33	04:16
14	416	Gonçalo Lopes	Casa do Benfica em Abrantes	Veterano M35	43:04	+13:00	04:18
15	205	Rui Costa	Tramagal sport união	Veterano M35	43:05	+13:00	04:19
16	192	André Campos	Individual	Veterano M35	43:28	+13:23	04:21
17	333	João Alberto	Tramagal sport união	Veterano M35	45:26	+15:21	04:33
18	202	Pedro José Lopes Pereira	Individual	Veterano M35	46:11	+16:07	04:37
19	98	Rui Vieira	CM Travel	Veterano M35	47:57	+17:52	04:48

Prova Principal

10 KM

OFFICIAL RESULT

20	195	David Gonçalves	Individual	Veterano M35	49:29	+19:24	04:57
21	194	Andre Vitorino	Individual	Veterano M35	49:47	+19:43	04:59
22	198	Hernán Rodríguez	Individual	Veterano M35	50:06	+20:01	05:01
23	196	Edgar Serrandário	Individual	Veterano M35	50:20	+20:15	05:02
24	424	Bruno Fernandes	Individual	Veterano M35	51:53	+21:49	05:11
25	425	Sergio Miguel Santos Pereira de Oliveira	Individual	Veterano M35	52:14	+22:09	05:13
26	207	Tiago Santos	Individual	Veterano M35	52:22	+22:17	05:14
27	193	André Lourenço	Individual	Veterano M35	53:13	+23:08	05:19
28	199	Joao Santos	Individual	Veterano M35	53:33	+23:28	05:21
29	332	Gonçalo José Santos Bernardo	Tramagal Sport União	Veterano M35	57:18	+27:14	05:44
30	53	Luís Pires	Casa do Benfica em Abrantes	Veterano M35	01:01:16	+31:11	06:08
31	204	Rodolfo Santos	Individual	Veterano M35	01:17:03	+46:59	07:42

Veterano M40

1	225	Ricardo José Freitas Jordão	Individual	Veterano M40	34:12	+04:07	03:25
2	62	Ricardo Veiga	Casa do Povo de Mangualde	Veterano M40	37:10	+07:06	03:43
3	8	MIGUEL GONÇALVES	AC VERMOIL	Veterano M40	37:13	+07:09	03:43
4	361	Miguel Ferreira	União FCI de Tomar	Veterano M40	37:44	+07:39	03:46
5	213	Eduardo Cardeira	Individual	Veterano M40	37:45	+07:40	03:47
6	286	Antonio Oliveira	Lizrunner	Veterano M40	39:01	+08:56	03:54
7	335	Gonçalo Campos	Tramagal Sport União	Veterano M40	39:10	+09:05	03:55
8	211	David Oliveira	Individual	Veterano M40	39:31	+09:26	03:57
9	219	Nuno Ramos	Individual	Veterano M40	40:24	+10:19	04:02
10	334	Bruno Carmo	Tramagal Sport União	Veterano M40	41:25	+11:20	04:09
11	27	NELSON LAPAS	ARC Toledo	Veterano M40	41:27	+11:22	04:09
12	119	Gonçalo Dias	Escola Atletismo Cartaxo	Veterano M40	41:47	+11:43	04:11
13	7	HELDER MIRANDA	AC VERMOIL	Veterano M40	42:00	+11:56	04:12
14	226	Rogério Veras	Individual	Veterano M40	43:28	+13:24	04:21
15	110	Nuno Ferreira	CPR A-do-Barbas	Veterano M40	44:30	+14:26	04:27
16	9	NELSON FERREIRA	AC VERMOIL	Veterano M40	45:53	+15:48	04:35
17	360	Francisco Gaspar	União FCI de Tomar	Veterano M40	46:27	+16:23	04:39
18	214	Gonçalo Águas	Individual	Veterano M40	46:36	+16:32	04:40
19	336	José Manuel Moreira de Andrade	Tramagal Sport União	Veterano M40	46:42	+16:37	04:40
20	227	Vitor Almeida	Individual	Veterano M40	46:58	+16:53	04:42
21	109	Luis Fernandes	CPR A-do-Barbas	Veterano M40	47:24	+17:19	04:44
22	301	Pedro Filipe Cardoso Ferreira	Pedrinho Athletics	Veterano M40	47:41	+17:36	04:46
23	224	Ricardo Jorge Beirão	Individual	Veterano M40	47:52	+17:47	04:47
24	19	Nuno Pereira	ADNO - Nucleoeiras	Veterano M40	48:03	+17:59	04:48
25	111	Nuno Henriques	CPR A-do-Barbas	Veterano M40	48:19	+18:15	04:50
26	427	Nelson Nunes	Individual	Veterano M40	48:31	+18:26	04:51
27	210	Daniel Martins	Individual	Veterano M40	48:58	+18:53	04:54
28	303	Rui Neves	Peniche a Correr	Veterano M40	50:18	+20:13	05:02
29	216	Hugo Silva	Individual	Veterano M40	50:28	+20:24	05:03
30	326	Ricardo Santos	Team P. Moles	Veterano M40	51:31	+21:26	05:09

Official Timekeeper: Lap2Go	5 / 10	generate 08-abr-2023 12:42
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Prova Principal**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

31	209	Armando Coelho	Individual	Veterano M40	52:20	+22:15	05:14
32	218	Mário Lima	Individual	Veterano M40	52:34	+22:29	05:15
33	426	Jorge silva	Individual	Veterano M40	53:09	+23:05	05:19
34	221	Pedro Costa	Individual	Veterano M40	53:50	+23:46	05:23
35	217	João Fernandes	Individual	Veterano M40	56:01	+25:56	05:36
36	222	Pedro Fernandes	Individual	Veterano M40	56:42	+26:38	05:40
37	34	Ricardo Brízido	C. A. BARREIRA	Veterano M40	58:24	+28:19	05:50
38	212	David Polido	Individual	Veterano M40	58:59	+28:54	05:54
39	29	Tiago Dionísio	Associação de Moradores de Amoreira	Veterano M40	59:53	+29:48	05:59
40	215	Hugo Pires	Individual	Veterano M40	01:03:06	+33:01	06:19
41	208	André Martins	Individual	Veterano M40	01:03:40	+33:36	06:22
42	428	NUNO PINELA	Individual	Veterano M40	01:04:46	+34:42	06:29
43	80	Joao Andrade	Centro Civico De Alferrarede Velha	Veterano M40	01:17:51	+47:46	07:47

Veterano M45

1	12	PEDRO FERREIRA	AC VERMOIL	Veterano M45	34:55	+04:50	03:30
2	129	Paulo Alves	GDCTINCM	Veterano M45	35:39	+05:34	03:34
3	430	Ricardo Lanceiro	Individual	Veterano M45	35:52	+05:48	03:35
4	22	José Augusto Sobral Gomes	Agualva Runners	Veterano M45	36:22	+06:17	03:38
5	228	Abel Pires	Individual	Veterano M45	38:34	+08:30	03:51
6	10	JOAQUIM QUITÉRIO	AC VERMOIL	Veterano M45	39:00	+08:55	03:54
7	319	DELFIM RIBEIRO	SR. CAMARNAL	Veterano M45	39:06	+09:01	03:55
8	321	MARCO FIDALGO	SR. CAMARNAL	Veterano M45	39:43	+09:38	03:58
9	11	JOSÉ MENDES	AC VERMOIL	Veterano M45	40:10	+10:05	04:01
10	241	Rogério Horta	Individual	Veterano M45	40:35	+10:30	04:04
11	239	Paulo Vieira	Individual	Veterano M45	40:42	+10:37	04:04
12	455	Fernando Homem	C.A.S.P.A. - Clube Amador Só Para Atletismo	Veterano M45	40:43	+10:38	04:04
13	133	Luis Jesus	Grupo Convivio Amizade das Donas	Veterano M45	41:38	+11:34	04:10
14	240	Pedro Jogo	Individual	Veterano M45	41:42	+11:38	04:10
15	73	Nuno Pita	CCDTMetroLX	Veterano M45	43:12	+13:08	04:19
16	320	HUGO HENRIQUES	SR. CAMARNAL	Veterano M45	43:25	+13:20	04:21
17	292	Jose carola	MF GRUPO	Veterano M45	43:56	+13:51	04:24
18	67	Paulo Ferreira	CB Running	Veterano M45	44:57	+14:52	04:30
19	58	Pedro Alfaiates	Casa do Benfica em Abrantes	Veterano M45	44:58	+14:53	04:30
20	13	ULISSES GASPAR	AC VERMOIL	Veterano M45	45:44	+15:39	04:34
21	231	Carlos Mendes	Individual	Veterano M45	46:55	+16:51	04:42
22	112	Luis Filipe	CPR A-do-Barbas	Veterano M45	48:19	+18:15	04:50
23	234	João Pedro Ferreira	Individual	Veterano M45	49:38	+19:33	04:58
24	232	Frederico Costa	Individual	Veterano M45	50:38	+20:33	05:04
25	415	João Paulo de Oliveira Jacinto	Carrapiteiro Bike Team	Veterano M45	52:04	+21:59	05:12
26	344	Rui Estanqueiro	U.D.R.ZONA ALTA	Veterano M45	52:47	+22:42	05:17
27	238	Paulo Oliveira	Individual	Veterano M45	53:35	+23:30	05:22
28	233	Hélder Filipe Pires	Individual	Veterano M45	56:35	+26:30	05:40

Prova Principal
10 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

29	294	Fausto Campos	Os Matreco	Veterano M45	57:10	+27:05	05:43
30	230	António José Alexandre Castanheira 218220634	Individual	Veterano M45	58:24	+28:19	05:50
31	337	JOAO JOSE	Tramagal Sport União	Veterano M45	01:01:38	+31:34	06:10
32	429	Pedro Serafim	Individual	Veterano M45	01:06:53	+36:49	06:41

Veterano M50

1	127	Vitor Dinis	G.A.Caranguejeira	Veterano M50	33:50	+03:45	03:23
2	69	Júlio Finote	CCD Sintrense	Veterano M50	35:29	+05:24	03:33
3	130	NUNO ROMAO	GFD Running	Veterano M50	36:49	+06:45	03:41
4	25	Manuel Matos	APPACDM SANTARÉM	Veterano M50	38:58	+08:53	03:54
5	20	José Santos	ADVA	Veterano M50	39:18	+09:13	03:56
6	14	JOSÉ SANTOS	AC VERMOIL	Veterano M50	39:37	+09:32	03:58
7	28	LUIS MIRANDA	ARC Toledo	Veterano M50	40:18	+10:14	04:02
8	247	Fernando Castela	Individual	Veterano M50	40:35	+10:30	04:04
9	57	Jorge Correia	Casa do Benfica em Abrantes	Veterano M50	40:37	+10:32	04:04
10	65	JOAQUIM SANTOS	CASA POVO ALCANENA	Veterano M50	40:52	+10:47	04:05
11	255	Luís Santos	Individual	Veterano M50	41:49	+11:44	04:11
12	252	Jorge Sirgado	Individual	Veterano M50	42:35	+12:31	04:16
13	257	Paulo Lourenço	Casa do Povo de Alcanena	Veterano M50	42:36	+12:32	04:16
14	258	Paulo Martins	Individual	Veterano M50	42:49	+12:45	04:17
15	345	Jorge Formiga	U.D.R.ZONA ALTA	Veterano M50	43:28	+13:23	04:21
16	253	José Augusto Correia de Almeida	Individual	Veterano M50	44:07	+14:02	04:25
17	37	José Carlos Brito	C.A.S.P.A. - Clube Amador Só Para Atletismo	Veterano M50	44:45	+14:41	04:29
18	244	Carlos Lista	Individual	Veterano M50	44:57	+14:52	04:30
19	363	Carlos Isidro	União FCI de Tomar	Veterano M50	45:23	+15:18	04:32
20	322	VITOR MARQUES	SR. CAMARNAL	Veterano M50	46:10	+16:06	04:37
21	254	Luis Cascão	Individual	Veterano M50	46:24	+16:19	04:38
22	126	Diamantino Lopes	G.A.Caranguejeira	Veterano M50	46:40	+16:35	04:40
23	250	Joaquim Santos	Individual	Veterano M50	48:29	+18:24	04:51
24	243	Carlos Alberto Loureiro Rosado	Individual	Veterano M50	48:56	+18:52	04:54
25	104	Eusébio Pratas Mendes Abreu	Constância Sunset Runners	Veterano M50	49:10	+19:06	04:55
26	86	Ricardo Vicente	Clube Desportivo Moitense	Veterano M50	49:16	+19:12	04:56
27	33	Pedro Bico	Bicalhões	Veterano M50	50:36	+20:32	05:04
28	249	João Geada	Individual	Veterano M50	50:40	+20:35	05:04
29	246	Domingos Gato	Individual	Veterano M50	50:58	+20:53	05:06
30	327	Paulo Paulino	Team P. Moles	Veterano M50	51:16	+21:11	05:08
31	251	JORGE FILIPE	Os Matreco	Veterano M50	52:14	+22:10	05:13
32	245	Carlos Magalhães	Individual	Veterano M50	52:22	+22:17	05:14
33	295	Aurélio Rodrigues	Os Matreco	Veterano M50	52:59	+22:55	05:18
34	338	Daniel Simões	Tramagal Sport União	Veterano M50	53:50	+23:46	05:23
35	74	Rui Pastor	CCDTMetroLX	Veterano M50	54:36	+24:32	05:28
36	259	Rui Oliveira	Individual	Veterano M50	01:01:18	+31:13	06:08
37	248	João Dias	Individual	Veterano M50	01:02:00	+31:56	06:12

Official Timekeeper: Lap2Go	7 / 10	generate 08-abr-2023 12:42
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Prova Principal

10 KM

OFFICIAL RESULT

Veterano M60

1	83	Jose Manuel Raimundo	Clube Atletismo de Marinha Grande	Veterano M60	39:08	+09:03	03:55
2	273	António Santos	SR. CAMARNAL	Veterano M60	39:32	+09:28	03:57
3	82	Joaquim Abreu Moura	CLAC - ENTRONCAMENTO	Veterano M60	43:21	+13:17	04:20
4	272	António Rui Merujo	Individual	Veterano M60	45:22	+15:17	04:32
5	101	Antonio Martins	COA CORVOS LTRAIL TEAM	Veterano M60	45:31	+15:26	04:33
6	370	Manuel Martins	União FCI de Tomar	Veterano M60	45:43	+15:39	04:34
7	276	Fernando Rosa	Individual	Veterano M60	46:59	+16:54	04:42
8	94	Mário Duarte	Clube Desportivo Moitense	Veterano M60	47:27	+17:23	04:45
9	114	António Ferreira	CPR A-do-Barbas	Veterano M60	48:24	+18:20	04:50
10	369	José Aleixo	União FCI de Tomar	Veterano M60	48:39	+18:35	04:52
11	134	Francisco Madeira	Grupo Convivio Amizade das Donas	Veterano M60	48:49	+18:44	04:53
12	323	JOAQUIM JESUS	SR. CAMARNAL	Veterano M60	48:52	+18:47	04:53
13	281	José Álvaro Damas Garrafão	Individual	Veterano M60	48:56	+18:52	04:54
14	92	Leonel Rodrigues	Clube Desportivo Moitense	Veterano M60	49:16	+19:12	04:56
15	368	António Serafim	União FCI de Tomar	Veterano M60	49:20	+19:16	04:56
16	275	Evangelino Cardeira	Individual	Veterano M60	50:12	+20:07	05:01
17	270	António Matias	Individual	Veterano M60	50:29	+20:24	05:03
18	88	Adriano Fonte	Clube Desportivo Moitense	Veterano M60	52:05	+22:00	05:13
19	340	Estevão Lopes Da Silva Ribeiro	Tramagal Sport União	Veterano M60	52:41	+22:36	05:16
20	298	João Machado	Os Matreco	Veterano M60	52:41	+22:37	05:16
21	40	Horácio Ruivo	C.C.D. O ALVITEJO	Veterano M60	53:55	+23:50	05:24
22	95	Albano Ginja	Clube do Sargento da Armada	Veterano M60	55:32	+25:27	05:33
23	18	LEANDRO SANTOS	AC VERMOIL	Veterano M60	55:50	+25:45	05:35
24	90	Diamantino Cruz	Clube Desportivo Moitense	Veterano M60	56:10	+26:06	05:37
25	30	Lúcio Serra	Associação de Moradores de Amoreira	Veterano M60	56:10	+26:06	05:37
26	284	Manuel Gracio	Individual	Veterano M60	56:38	+26:34	05:40
27	279	João de Carvalho Jacinto	Individual	Veterano M60	56:50	+26:45	05:41
28	77	Francisco Plínio	CCDTMetroLX	Veterano M60	56:53	+26:48	05:41
29	16	ALFREDO SANTOS	AC VERMOIL	Veterano M60	57:30	+27:26	05:45
30	100	Manuel Minas da Piedade	CMP	Veterano M60	01:00:07	+30:02	06:01
31	277	Francisco Calado Martins Pinheiro	Individual	Veterano M60	01:00:52	+30:47	06:05
32	285	rui cerejo	Individual	Veterano M60	01:00:53	+30:48	06:05
33	31	Luís Serra	Associação de Moradores de Amoreira	Veterano M60	01:02:00	+31:55	06:12
34	60	Joaquim Cruz	Casa do Benfica em Algueirão Mem Martins	Veterano M60	01:04:46	+34:42	06:29
35	76	Carlos Jesus Moreira	CCDTMetroLX	Veterano M60	01:05:06	+35:02	06:31
36	371	Vitor Marto	União FCI de Tomar	Veterano M60	01:06:16	+36:12	06:38
37	283	Manuel Domingos	Individual	Veterano M60	01:08:17	+38:12	06:50
38	278	HELIO GODINHO	Individual	Veterano M60	01:08:24	+38:19	06:50
39	78	Orlando Sousa	CCDTMetroLX	Veterano M60	01:11:11	+41:07	07:07
40	280	Johnny Thomassen	Individual	Veterano M60	01:13:41	+43:36	07:22

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

41	271	Antonio Moura	Individual	Veterano M60	01:19:19	+49:15	07:56
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INFANTIS - STAGE 1

1,5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:30	14,7°C	55%
End	09:38	14,7°C	55%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	515	Diana Pedro	ADNO - Nucleoeiras	05:14	-	-	-
2	393	André Filipe Martins	Sport Lisboa e Benfica	05:18	+00:04	-	-
3	522	Rafael Saraiva	ADNO - Nucleoeiras	05:20	+00:06	-	-
4	521	Diogo Mugarro	ADNO - Nucleoeiras	05:24	+00:10	-	-
5	514	Carolina Madureira	ADNO - Nucleoeiras	05:33	+00:19	-	-
6	566	Bernardo Almeida	CCD Sintrense	05:41	+00:27	-	-
7	646	Clara Franco	União FCI de Tomar	05:44	+00:30	-	-
8	615	Pedro Filipe Marques Mendes Varino	Tramagal Sport União	05:51	+00:37	-	-
9	534	MARIA JORGE	ARC Toledo	05:51	+00:37	-	-
10	625	Ana Maria Simões	U.D.R.ZONA ALTA	05:55	+00:41	-	-
11	629	Inês Domingos	U.D.R.ZONA ALTA	05:56	+00:42	-	-
12	389	Camila Marques Franco	Sport Lisboa e Benfica	05:57	+00:43	-	-
13	391	Sofia Dias Margarido	Sport Lisboa e Benfica	05:59	+00:45	-	-
14	557	Carlota Garcia	Casa do Benfica em Abrantes	06:09	+00:55	-	-
15	556	Beatriz Pires	Casa do Benfica em Abrantes	06:13	+00:59	-	-
16	570	Francisca Silva	CLAC - ENTRONCAMENTO	06:14	+01:00	-	-
17	535	ALCINO RIBEIRO	ARC Toledo	06:17	+01:03	-	-
18	648	Maria Pita	União FCI de Tomar	06:20	+01:06	-	-
19	558	Rita Simões	Casa do Benfica em Abrantes	06:22	+01:08	-	-
20	589	André Ferreira	CPR A-do-Barbas	06:29	+01:15	-	-
21	517	Lara Pereira	ADNO - Nucleoeiras	06:31	+01:17	-	-
22	611	Beatriz Martins	SCA	06:37	+01:23	-	-
23	516	Gabriela Barros	ADNO - Nucleoeiras	06:38	+01:24	-	-
24	603	RODRIGO FILIPE GUEDES CARREIRA	Individual	06:45	+01:31	-	-
25	394	Tiago Catarino Craveiro Ferreira	Sport Lisboa e Benfica	06:54	+01:40	-	-
26	626	Ines Oliveira	U.D.R.ZONA ALTA	07:08	+01:54	-	-
27	519	Rita Alcobia	ADNO - Nucleoeiras	07:23	+02:09	-	-
28	595	Verónica Santos	Federação da Família para a Paz Mundial e Unificação	07:58	+02:44	-	-
29	571	Laura Santos	CLAC - ENTRONCAMENTO	08:12	+02:58	-	-

Infantis

1,5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:30	14,7°C	55%
End	09:38	14,7°C	55%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Infantil Feminino

1	515	Diana Pedro	ADNO - Nucleoeiras	Infantil Feminino	05:13	-	
2	514	Carolina Madureira	ADNO - Nucleoeiras	Infantil Feminino	05:32	+00:18	-
3	646	Clara Franco	União FCI de Tomar	Infantil Feminino	05:44	+00:30	-
4	534	MARIA JORGE	ARC Toledo	Infantil Feminino	05:51	+00:37	-
5	625	Ana Maria Simões	U.D.R.ZONA ALTA	Infantil Feminino	05:54	+00:40	-
6	629	Inês Domingos	U.D.R.ZONA ALTA	Infantil Feminino	05:56	+00:42	-
7	389	Camila Marques Franco	Sport Lisboa e Benfica	Infantil Feminino	05:56	+00:42	-
8	391	Sofia Dias Margarido	Sport Lisboa e Benfica	Infantil Feminino	05:58	+00:44	-
9	557	Carlota Garcia	Casa do Benfica em Abrantes	Infantil Feminino	06:08	+00:54	-
10	556	Beatriz Pires	Casa do Benfica em Abrantes	Infantil Feminino	06:13	+00:59	-
11	570	Francisca Silva	CLAC - ENTRONCAMENTO	Infantil Feminino	06:13	+00:59	-
12	648	Maria Pita	União FCI de Tomar	Infantil Feminino	06:20	+01:06	-
13	558	Rita Simões	Casa do Benfica em Abrantes	Infantil Feminino	06:21	+01:08	-
14	517	Lara Pereira	ADNO - Nucleoeiras	Infantil Feminino	06:30	+01:16	-
15	611	Beatriz Martins	SCA	Infantil Feminino	06:36	+01:23	-
16	516	Gabriela Barros	ADNO - Nucleoeiras	Infantil Feminino	06:37	+01:23	-
17	626	Ines Oliveira	U.D.R.ZONA ALTA	Infantil Feminino	07:08	+01:54	-
18	519	Rita Alcobia	ADNO - Nucleoeiras	Infantil Feminino	07:22	+02:09	-
19	595	Verónica Santos	Federação da Família para a Paz Mundial e Unificação	Infantil Feminino	07:58	+02:44	-
20	571	Laura Santos	CLAC - ENTRONCAMENTO	Infantil Feminino	08:11	+02:58	-

Infantil Masculino

1	393	André Filipe Martins	Sport Lisboa e Benfica	Infantil Masculino	05:18	+00:04	-
2	522	Rafael Saraiva	ADNO - Nucleoeiras	Infantil Masculino	05:19	+00:06	-
3	521	Diogo Mugarro	ADNO - Nucleoeiras	Infantil Masculino	05:24	+00:10	-
4	566	Bernardo Almeida	CCD Sintrense	Infantil Masculino	05:41	+00:27	-
5	615	Pedro Filipe Marques Mendes Varino	Tramagal Sport União	Infantil Masculino	05:51	+00:37	-
6	535	ALCINO RIBEIRO	ARC Toledo	Infantil Masculino	06:16	+01:03	-
7	589	André Ferreira	CPR A-do-Barbas	Infantil Masculino	06:29	+01:15	-
8	603	RODRIGO FILIPE GUEDES CARREIRA	Individual	Infantil Masculino	06:44	+01:30	-
9	394	Tiago Catarino Craveiro Ferreira	Sport Lisboa e Benfica	Infantil Masculino	06:53	+01:40	-

JUVENIS FEMININOS - STAGE 1

3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:20	16,8°C	49%
End	10:36	16,8°C	49%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	406	Catarina Felício dos Santos	Sport Lisboa e Benfica	10:55		03:38	
2	563	Luísa Bргуete	Casa do Benfica em Abrantes	11:58	+01:03	03:59	
3	660	Margarida Pereira	União FCI de Tomar	12:29	+01:34	04:10	
4	407	Leonor Maria Pereira Fazendeiro	Sport Lisboa e Benfica	12:41	+01:46	04:14	
5	538	INÊS JORGE	ARC Toledo	14:32	+03:37	04:51	
6	609	Mariana Damica	Núcleo sporting clube de Portugal de Minde	16:08	+05:13	05:23	

BENJAMINS - STAGE 1

0,5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	11:25	20,2°C	42%
End	12:22	20,2°C	42%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	382	Bernardo Margarido Miranda	Sport Lisboa e Benfica	01:34		-	
2	546	Ivan Svirsa	Casa do Benfica em Abrantes	01:35	+00:01	-	
3	388	Santiago Felicio Santos	Sport Lisboa e Benfica	01:36	+00:02	-	
4	639	Madalena Pereira	União FCI de Tomar	01:38	+00:04	-	
5	506	Regina Frederico	ADNO - Nucleoeiras	01:40	+00:06	-	
6	610	Tomás Silvério	SCA	01:40	+00:06	-	
7	511	Manuel Filipe	ADNO - Nucleoeiras	01:41	+00:07	-	
8	510	José Maria Brandão	ADNO - Nucleoeiras	01:43	+00:09	-	
9	507	Yasmin Tchماغuine	ADNO - Nucleoeiras	01:43	+00:09	-	
10	555	Tiago Miguens	Casa do Benfica em Abrantes	01:44	+00:10	-	
11	502	DUARTE GASPAR	AC VERMOIL	01:46	+00:12	-	
12	530	RAFAELA LAPAS	ARC Toledo	01:46	+00:12	-	
13	384	Lourenço Filipe do Vale Martins	Sport Lisboa e Benfica	01:50	+00:16	-	
14	527	EMA FERREIRA	ARC Toledo	01:51	+00:17	-	
15	637	Carolina Pereira	União FCI de Tomar	01:51	+00:17	-	
16	380	Rita Gaspar Pires	Sport Lisboa e Benfica	01:52	+00:18	-	
17	642	Daniel Saldanha Domingos	União FCI de Tomar	01:52	+00:18	-	
18	513	Rodrigo Madureira	ADNO - Nucleoeiras	01:52	+00:18	-	
19	377	Lara Vieira	CPR A-do-Barbas	01:52	+00:18	-	
20	376	Ana Maria Tavares	CPR A-do-Barbas	01:53	+00:19	-	
21	577	Laura Valinho	CPR A-do-Barbas	01:54	+00:20	-	
22	569	Sara Saraiva	CLAC - ENTRONCAMENTO	01:54	+00:20	-	
23	645	Miguel Pêgas	União FCI de Tomar	01:54	+00:20	-	
24	529	MICAELA PAULO	ARC Toledo	01:55	+00:21	-	
25	545	Gustavo Matos	Casa do Benfica em Abrantes	01:55	+00:21	-	
26	643	Daniel Veras	União FCI de Tomar	01:56	+00:22	-	
27	579	Lia Henriques	CPR A-do-Barbas	01:56	+00:22	-	
28	553	Simão Timóteo	Casa do Benfica em Abrantes	01:56	+00:22	-	
29	532	SIMÃO RODRIGUES	ARC Toledo	01:57	+00:23	-	
30	541	Mafalda Oliveira	Casa do Benfica em Abrantes	01:57	+00:23	-	
31	588	Xavier Henriques	CPR A-do-Barbas	01:58	+00:24	-	
32	586	Simão Filipe	CPR A-do-Barbas	01:58	+00:24	-	
33	543	Afonso Gonçalves	Casa do Benfica em Abrantes	01:59	+00:25	-	
34	379	Luana Bernardo Coelho	Sport Lisboa e Benfica	02:00	+00:26	-	
35	568	Mafalda Costa	CLAC - ENTRONCAMENTO	02:00	+00:26	-	
36	578	Leonor Ramos	CPR A-do-Barbas	02:01	+00:27	-	
37	597	Clara Calhau	Individual	02:02	+00:28	-	
38	585	Leonardo Neves	CPR A-do-Barbas	02:03	+00:29	-	
39	508	Diogo Saraiva	ADNO - Nucleoeiras	02:03	+00:29	-	
40	612	Lara Almeida Vinagre	Team P. Moles	02:03	+00:29	-	
41	587	Tomás Lopes	CPR A-do-Barbas	02:05	+00:31	-	
42	554	Tiago Barroso	Casa do Benfica em Abrantes	02:07	+00:33	-	

BENJAMINS - STAGE 1

0,5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	623	Maria Ines Gonçalves	U.D.R.ZONA ALTA	02:07	+00:33	-	
44	531	SOFIA LAPAS	ARC Toledo	02:08	+00:34	-	
45	375	Carolina Forte	Casa do Benfica em Abrantes	02:09	+00:35	-	
46	584	José Sabino	CPR A-do-Barbas	02:09	+00:35	-	
47	509	Francisco Brandão	ADNO - Nucleoeiras	02:11	+00:37	-	
48	539	Camila Garcia	Casa do Benfica em Abrantes	02:12	+00:38	-	
49	528	LEONOR LAPAS	ARC Toledo	02:12	+00:38	-	
50	614	Rodrigo matos	Tramagal sport união	02:13	+00:39	-	
51	644	Gonçalo Godinho	União FCI de Tomar	02:14	+00:40	-	
52	580	Liana Alexandre	CPR A-do-Barbas	02:15	+00:41	-	
53	460	Matilde Ferreira	Individual	02:16	+00:42	-	
54	387	Pedro Filipe de Albuquerque e Costa	Sport Lisboa e Benfica	02:18	+00:44	-	
55	374	Madalena Forte	Casa do Benfica em Abrantes	02:19	+00:45	-	
56	576	Carolina Brito	CPR A-do-Barbas	02:19	+00:45	-	
57	552	Simão Cruz	Casa do Benfica em Abrantes	02:20	+00:46	-	
58	620	Francisca Simões	U.D.R.ZONA ALTA	02:20	+00:46	-	
59	381	Yara Bela Neves Bressan	Sport Lisboa e Benfica	02:20	+00:46	-	
60	638	Laura Nunes	União FCI de Tomar	02:23	+00:49	-	
61	542	Sofia Tavares	Casa do Benfica em Abrantes	02:25	+00:51	-	
62	583	João Sabino	CPR A-do-Barbas	02:26	+00:52	-	
63	544	Guilherme Oliveira	Casa do Benfica em Abrantes	02:28	+00:54	-	
64	602	Tomás Martins	Individual	02:30	+00:56	-	
65	457	Filipe Fernandes	Individual	02:31	+00:57	-	
66	501	MAFALDA GASPAPAR	AC VERMOIL	02:31	+00:57	-	
67	458	Pedro Fernandes	Individual	02:33	+00:59	-	
68	582	Diogo Carmo	CPR A-do-Barbas	02:36	+01:02	-	
69	373	Beatriz Martins	Casa do Benfica em Abrantes	02:38	+01:04	-	
70	581	Madalena Ramos	CPR A-do-Barbas	02:44	+01:10	-	
71	383	Diogo Miguel de Albuquerque e Costa	Sport Lisboa e Benfica	02:53	+01:19	-	
72	598	Francisca Santana	Individual	03:12	+01:38	-	
73	504	Camila Mugarro	ADNO - Nucleoeiras	03:18	+01:44	-	
74	512	Miguel Filipe	ADNO - Nucleoeiras	04:07	+02:33	-	
75	540	Beatriz Costa	Casa do Benfica em Abrantes	04:18	+02:44	-	
76	378	Maria Santos Louro Pires Gomes	Individual	06:24	+04:50	-	

Benjamins

0,5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

UNOFFICIAL RESULT

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	Time	Temperature	Humidity
Start	11:25	20,2°C	42%
End	12:22	20,2°C	42%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Benjamim Feminino

1	639	Madalena Pereira	União FCI de Tomar	Benjamim Feminino	01:38	+00:04	-
2	506	Regina Frederico	ADNO - Nucleoeiras	Benjamim Feminino	01:39	+00:05	-
3	507	Yasmin Tchenguine	ADNO - Nucleoeiras	Benjamim Feminino	01:43	+00:08	-
4	530	RAFAELA LAPAS	ARC Toledo	Benjamim Feminino	01:45	+00:11	-
5	527	EMA FERREIRA	ARC Toledo	Benjamim Feminino	01:50	+00:16	-
6	637	Carolina Pereira	União FCI de Tomar	Benjamim Feminino	01:50	+00:16	-
7	380	Rita Gaspar Pires	Sport Lisboa e Benfica	Benjamim Feminino	01:51	+00:17	-
8	377	Lara Vieira	CPR A-do-Barbas	Benjamim Feminino	01:52	+00:17	-
9	376	Ana Maria Tavares	CPR A-do-Barbas	Benjamim Feminino	01:53	+00:19	-
10	577	Laura Valinho	CPR A-do-Barbas	Benjamim Feminino	01:53	+00:19	-
11	569	Sara Saraiva	CLAC - ENTRONCAMENTO	Benjamim Feminino	01:53	+00:19	-
12	529	MICAELA PAULO	ARC Toledo	Benjamim Feminino	01:54	+00:20	-
13	579	Lia Henriques	CPR A-do-Barbas	Benjamim Feminino	01:56	+00:22	-
14	541	Mafalda Oliveira	Casa do Benfica em Abrantes	Benjamim Feminino	01:56	+00:22	-
15	379	Luana Bernardo Coelho	Sport Lisboa e Benfica	Benjamim Feminino	01:59	+00:25	-
16	568	Mafalda Costa	CLAC - ENTRONCAMENTO	Benjamim Feminino	02:00	+00:26	-
17	578	Leonor Ramos	CPR A-do-Barbas	Benjamim Feminino	02:00	+00:26	-
18	597	Clara Calhau	Individual	Benjamim Feminino	02:01	+00:27	-
19	612	Lara Almeida Vinagre	Team P. Moles	Benjamim Feminino	02:03	+00:28	-
20	623	Maria Ines Gonçalves	U.D.R.ZONA ALTA	Benjamim Feminino	02:07	+00:33	-
21	531	SOFIA LAPAS	ARC Toledo	Benjamim Feminino	02:08	+00:33	-
22	375	Carolina Forte	Casa do Benfica em Abrantes	Benjamim Feminino	02:08	+00:34	-
23	539	Camila Garcia	Casa do Benfica em Abrantes	Benjamim Feminino	02:12	+00:37	-
24	528	LEONOR LAPAS	ARC Toledo	Benjamim Feminino	02:12	+00:37	-
25	580	Liana Alexandre	CPR A-do-Barbas	Benjamim Feminino	02:15	+00:40	-
26	460	Matilde Ferreira	Individual	Benjamim Feminino	02:16	+00:41	-
27	374	Madalena Forte	Casa do Benfica em Abrantes	Benjamim Feminino	02:19	+00:45	-
28	576	Carolina Brito	CPR A-do-Barbas	Benjamim Feminino	02:19	+00:45	-
29	620	Francisca Simões	U.D.R.ZONA ALTA	Benjamim Feminino	02:19	+00:45	-
30	381	Yara Bela Neves Bressan	Sport Lisboa e Benfica	Benjamim Feminino	02:20	+00:45	-
31	638	Laura Nunes	União FCI de Tomar	Benjamim Feminino	02:22	+00:48	-
32	542	Sofia Tavares	Casa do Benfica em Abrantes	Benjamim Feminino	02:25	+00:51	-
33	501	MAFALDA GASPAR	AC VERMOIL	Benjamim Feminino	02:30	+00:56	-
34	373	Beatriz Martins	Casa do Benfica em Abrantes	Benjamim Feminino	02:38	+01:03	-
35	581	Madalena Ramos	CPR A-do-Barbas	Benjamim Feminino	02:43	+01:09	-
36	598	Francisca Santana	Individual	Benjamim Feminino	03:11	+01:37	-
37	504	Camila Mugarro	ADNO - Nucleoeiras	Benjamim Feminino	03:17	+01:43	-
38	540	Beatriz Costa	Casa do Benfica em Abrantes	Benjamim Feminino	04:17	+02:43	-

Benjamins

0,5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

UNOFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

39	378	María Santos Louro Pires Gomes	Individual	Benjamim Feminino	06:23	+04:49	-
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Benjamim Masculino

1	382	Bernardo Margarido Miranda	Sport Lisboa e Benfica	Benjamim Masculino	01:34	-	-
2	546	Ivan Svirsa	Casa do Benfica em Abrantes	Benjamim Masculino	01:34	+00:00	-
3	388	Santiago Felicio Santos	Sport Lisboa e Benfica	Benjamim Masculino	01:36	+00:01	-
4	610	Tomás Silvério	SCA	Benjamim Masculino	01:40	+00:06	-
5	511	Manuel Filipe	ADNO - Nucleoeiras	Benjamim Masculino	01:41	+00:07	-
6	510	José Maria Brandão	ADNO - Nucleoeiras	Benjamim Masculino	01:42	+00:08	-
7	555	Tiago Miguens	Casa do Benfica em Abrantes	Benjamim Masculino	01:44	+00:09	-
8	502	DUARTE GASPAR	AC VERMOIL	Benjamim Masculino	01:45	+00:11	-
9	384	Lourenço Filipe do Vale Martins	Sport Lisboa e Benfica	Benjamim Masculino	01:49	+00:15	-
10	642	Daniel Saldanha Domingos	União FCI de Tomar	Benjamim Masculino	01:51	+00:17	-
11	513	Rodrigo Madureira	ADNO - Nucleoeiras	Benjamim Masculino	01:51	+00:17	-
12	645	Miguel Pêgas	União FCI de Tomar	Benjamim Masculino	01:53	+00:19	-
13	545	Gustavo Matos	Casa do Benfica em Abrantes	Benjamim Masculino	01:55	+00:21	-
14	643	Daniel Veras	União FCI de Tomar	Benjamim Masculino	01:55	+00:21	-
15	553	Simão Timóteo	Casa do Benfica em Abrantes	Benjamim Masculino	01:56	+00:22	-
16	532	SIMÃO RODRIGUES	ARC Toledo	Benjamim Masculino	01:56	+00:22	-
17	588	Xavier Henriques	CPR A-do-Barbas	Benjamim Masculino	01:57	+00:23	-
18	586	Simão Filipe	CPR A-do-Barbas	Benjamim Masculino	01:58	+00:23	-
19	543	Afonso Gonçalves	Casa do Benfica em Abrantes	Benjamim Masculino	01:59	+00:25	-
20	585	Leonardo Neves	CPR A-do-Barbas	Benjamim Masculino	02:03	+00:28	-
21	508	Diogo Saraiva	ADNO - Nucleoeiras	Benjamim Masculino	02:03	+00:28	-
22	587	Tomás Lopes	CPR A-do-Barbas	Benjamim Masculino	02:04	+00:30	-
23	554	Tiago Barroso	Casa do Benfica em Abrantes	Benjamim Masculino	02:06	+00:32	-
24	584	José Sabino	CPR A-do-Barbas	Benjamim Masculino	02:09	+00:34	-
25	509	Francisco Brandão	ADNO - Nucleoeiras	Benjamim Masculino	02:10	+00:36	-
26	614	Rodrigo matos	Tramagal sport união	Benjamim Masculino	02:13	+00:38	-
27	644	Gonçalo Godinho	União FCI de Tomar	Benjamim Masculino	02:13	+00:39	-
28	387	Pedro Filipe de Albuquerque e Costa	Sport Lisboa e Benfica	Benjamim Masculino	02:18	+00:43	-
29	552	Simão Cruz	Casa do Benfica em Abrantes	Benjamim Masculino	02:19	+00:45	-
30	583	João Sabino	CPR A-do-Barbas	Benjamim Masculino	02:26	+00:51	-
31	544	Guilherme Oliveira	Casa do Benfica em Abrantes	Benjamim Masculino	02:27	+00:53	-
32	602	Tomás Martins	Individual	Benjamim Masculino	02:30	+00:55	-
33	457	Filipe Fernandes	Individual	Benjamim Masculino	02:30	+00:56	-
34	458	Pedro Fernandes	Individual	Benjamim Masculino	02:32	+00:58	-
35	582	Diogo Carmo	CPR A-do-Barbas	Benjamim Masculino	02:35	+01:01	-
36	383	Diogo Miguel de Albuquerque e Costa	Sport Lisboa e Benfica	Benjamim Masculino	02:53	+01:18	-
37	512	Miguel Filipe	ADNO - Nucleoeiras	Benjamim Masculino	04:07	+02:32	-

Rk	Equipa	Total	NrTotalAtleta
1	SPORT LISBOA E BENFICA	111	21
2	ADNO - NUCLEOEIRAS	74	18
3	UNIÃO FCI DE TOMAR	45	15
4	ARC TOLEDO	41	11
5	CPR A-DO-BARBAS	32	21
6	CASA DO BENFICA EM ABRANTES	26	20
7	CLAC - ENTRONCAMENTO	15	7
8	U.D.R.ZONA ALTA	11	5