

Corrida

10 KM



OFFICIAL RESULT

40	483	Vera Ferreira	Maratonistas do sofá	Senior Feminino	01:15:12	+31:03	07:31
41	229	Iara Teixeira	Individual	Senior Feminino	01:15:40	+31:30	07:34
42	247	Sara Ribeiro	Individual	Senior Feminino	01:16:36	+32:26	07:40
43	169	Ana Castro	DAR Recardães	Senior Feminino	01:18:10	+34:00	07:49
44	170	Daniela Santos	DAR Recardães	Senior Feminino	01:18:10	+34:01	07:49
45	21	Ana almeida	Family4site	Senior Feminino	01:19:34	+35:24	07:57
46	511	Goreti Silva	Pardelhas	Senior Feminino	01:19:47	+35:37	07:59
47	216	Ana Rita Amaral Mendes	Individual	Senior Feminino	01:20:25	+36:15	08:03
48	253	Zélia Alves	Individual	Senior Feminino	01:22:02	+37:52	08:12
49	134	Diana Cardoso	Bússola Partilhada	Senior Feminino	01:22:50	+38:40	08:17
50	474	Sara Lima	Javalis do Asfalto	Senior Feminino	01:22:52	+38:42	08:17
51	218	Bruna Sofia Mota Duarte	Individual	Senior Feminino	01:24:14	+40:04	08:25
52	227	Dalila Costa	Individual	Senior Feminino	01:24:47	+40:37	08:29
53	226	Cristiana Carpinteiro	Individual	Senior Feminino	01:25:18	+41:08	08:32
54	225	Cláudia Duarte	Individual	Senior Feminino	01:25:29	+41:19	08:33
55	245	Sara Alexandra Rodrigues	Individual	Senior Feminino	01:26:03	+41:54	08:36
56	224	Clara Raquel Freitas Gonçalves	Individual	Senior Feminino	01:27:24	+43:14	08:44
57	240	Mónica Fátima Gonçalves Ferreira	Individual	Senior Feminino	01:29:03	+44:53	08:54
58	222	Catarina Baldaia	Individual	Senior Feminino	01:31:53	+47:43	09:11

Senior Masculino

1	143	CRISTIANO PEREIRA	CASA DO POVO DE MANGUALDE	Senior Masculino	35:55		03:36
2	3	Daniel Santos	EDV-VIANA TRAIL	Senior Masculino	37:11	+01:16	03:43
3	7	João Sousa	Individual	Senior Masculino	39:36	+03:40	03:58
4	318	Ricardo Marques	Individual	Senior Masculino	41:07	+05:11	04:07
5	484	João Amaro	Maratonistas do sofá	Senior Masculino	42:10	+06:14	04:13
6	9	Ricardo Silva	Caldas de S. Jorge Sport Clube	Senior Masculino	42:58	+07:02	04:18
7	142	AFONSO PEREIRA	CASA DO POVO DE MANGUALDE	Senior Masculino	43:17	+07:21	04:20
8	154	Alcides Barbosa	Clube Desportivo Feirense	Senior Masculino	43:34	+07:38	04:21
9	156	Rui Lopes Silva	Clube Desportivo Feirense	Senior Masculino	45:24	+09:28	04:32
10	27	André Pedrosa	Individual	Senior Masculino	45:35	+09:40	04:34
11	22	Fábio Almeida	Family4site	Senior Masculino	46:40	+10:45	04:40
12	172	Bruno Soares	Dona Óptica	Senior Masculino	46:41	+10:45	04:40
13	314	Pedro Inácio	Individual	Senior Masculino	46:56	+11:00	04:42
14	155	André Batista	Clube Desportivo Feirense	Senior Masculino	48:00	+12:04	04:48
15	269	Diogo Oliveira	Individual	Senior Masculino	48:08	+12:12	04:49
16	324	Sérgio Coelho	Individual	Senior Masculino	48:19	+12:24	04:50
17	281	Filipe Gomes	Individual	Senior Masculino	48:38	+12:42	04:52
18	266	Daniel José Gomes de Castro	Individual	Senior Masculino	48:50	+12:54	04:53
19	302	MARCO BALSINHA	Individual	Senior Masculino	49:02	+13:07	04:54
20	303	Marco Marques	Individual	Senior Masculino	49:04	+13:08	04:54
21	573	Tiago Neto	TEN TEAM	Senior Masculino	49:26	+13:31	04:57
22	148	Tomé Rodrigues	CDC Macieira de Cambra	Senior Masculino	49:50	+13:55	04:59
23	28	Armando Peixoto	Individual	Senior Masculino	49:54	+13:58	04:59

Official Timekeeper: Lap2Go	2 / 12	generate 13-nov-2023 09:51
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10 KM



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69	296	José Bessa	Individual	Senior Masculino	01:00:45	+24:50	06:05
70	276	Edgar Rodrigues	Individual	Senior Masculino	01:00:50	+24:55	06:05
71	263	Carlos Simões	Individual	Senior Masculino	01:00:54	+24:59	06:05
72	300	Júlio Tomás Gomes Teixeira	Individual	Senior Masculino	01:00:56	+25:00	06:06
73	306	Mário Filipe Dias Ferreira	Individual	Senior Masculino	01:01:02	+25:06	06:06
74	273	Diogo Nogueira	Individual	Senior Masculino	01:01:24	+25:28	06:08
75	257	André Tavares da Silva	Individual	Senior Masculino	01:01:24	+25:28	06:08
76	284	Gil Dudot	Individual	Senior Masculino	01:01:26	+25:30	06:09
77	323	Rui Sousa	Individual	Senior Masculino	01:01:26	+25:31	06:09
78	469	Ivo Pinto	IT Center	Senior Masculino	01:01:29	+25:33	06:09
79	309	Michael Ferreira Ribeirinha	Individual	Senior Masculino	01:01:56	+26:00	06:12
80	260	Bruno Maia	Individual	Senior Masculino	01:02:25	+26:29	06:14
81	481	Tiago Neves	Manibelas Team	Senior Masculino	01:02:25	+26:29	06:14
82	315	Pedro Peixoto de Sousa	Individual	Senior Masculino	01:02:33	+26:38	06:15
83	15	João Paulo Sousa da Silva	Cavalinho	Senior Masculino	01:02:45	+26:50	06:17
84	150	Nélson Tavares	Centro Marcha Corrida Vale de Cambra	Senior Masculino	01:02:50	+26:55	06:17
85	316	Pedro Silva	Individual	Senior Masculino	01:03:04	+27:08	06:18
86	118	Tiago Sousa	Boa Onda	Senior Masculino	01:03:28	+27:32	06:21
87	326	Simon Lopes	Individual	Senior Masculino	01:03:31	+27:35	06:21
88	319	Ricky Silva	Individual	Senior Masculino	01:04:51	+28:56	06:29
89	508	André Silva	Os Pernas de Pau	Senior Masculino	01:05:15	+29:20	06:32
90	498	Vitor Silva	Nocturnos de Paredes	Senior Masculino	01:06:14	+30:18	06:37
91	548	Felipe dos Santos Pessan	Sidel	Senior Masculino	01:07:37	+31:41	06:46
92	254	André Martins	Individual	Senior Masculino	01:08:43	+32:48	06:52
93	297	José Filipe Rocha Fonseca	Individual	Senior Masculino	01:08:43	+32:48	06:52
94	310	Miguel Almeida	Individual	Senior Masculino	01:08:43	+32:48	06:52
95	167	Diogo Pereira	DACIA CARBY	Senior Masculino	01:09:02	+33:06	06:54
96	270	Diogo Cruz	Individual	Senior Masculino	01:09:06	+33:10	06:55
97	327	Tiago Daniel Couto Gonçalves	Individual	Senior Masculino	01:09:07	+33:11	06:55
98	198	Egídio	HMC Sports	Senior Masculino	01:10:00	+34:05	07:00
99	537	Joaquim Melo	Serviços Sociais Montepio	Senior Masculino	01:10:44	+34:48	07:04
100	190	Ricardo ROCHA	GRUPO VILARINHO CIMA	Senior Masculino	01:10:54	+34:58	07:05
101	320	Rúben Leite	Individual	Senior Masculino	01:11:17	+35:21	07:08
102	333	Victor Manuel dos Santos Silva	Individual	Senior Masculino	01:11:17	+35:22	07:08
103	258	Antonio Soares	Individual	Senior Masculino	01:11:18	+35:23	07:08
104	295	Joel Cardoso	Individual	Senior Masculino	01:11:49	+35:54	07:11
105	31	Luís Miguel Simões de Almeida	Individual	Senior Masculino	01:12:51	+36:56	07:17
106	480	Bruno Teixeira	Manibelas Team	Senior Masculino	01:13:03	+37:08	07:18
107	268	Daniel pereira	Individual	Senior Masculino	01:13:10	+37:14	07:19
108	197	Alberto Filipe Ribeiro Alves	HMC Sports	Senior Masculino	01:13:28	+37:32	07:21
109	34	Tiago Lopes	Individual	Senior Masculino	01:15:04	+39:08	07:30
110	285	Guilherme Oliveira	Individual	Senior Masculino	01:15:51	+39:56	07:35
111	36	Xavier Alves Paiva	Individual	Senior Masculino	01:16:36	+40:40	07:40
112	301	Márcio Joel Rodrigues Oliveira	Individual	Senior Masculino	01:17:05	+41:10	07:43
113	293	João Rafael Valente Moutinho	Individual	Senior Masculino	01:17:05	+41:10	07:43
114	290	Joao Baldaia	Individual	Senior Masculino	01:17:59	+42:03	07:48

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44	393	marco paulo	Individual	Veterano M40	53:43	+16:06	05:22
45	384	Leonel Cuco	Individual	Veterano M40	54:09	+16:33	05:25
46	210	Pedro Martins	H-RAKY	Veterano M40	54:09	+16:33	05:25
47	410	Rui Miguel Pereira dos Santos	Individual	Veterano M40	54:15	+16:39	05:26
48	83	Nuno Matias	Running Espinho	Veterano M40	54:40	+17:03	05:28
49	177	Rodolfo Andrade	Dona Óptica	Veterano M40	54:43	+17:07	05:28
50	147	João Duarte	Cavalinho	Veterano M40	54:54	+17:17	05:29
51	381	José Manuel Andrade Gomes	Individual	Veterano M40	54:56	+17:20	05:30
52	51	Luis Filipe Coutinho Santos	Individual	Veterano M40	54:57	+17:20	05:30
53	479	Mário Lima	Magic friends runners / amitorre	Veterano M40	55:08	+17:32	05:31
54	365	Carlos Alberto de Lima Bruno	Individual	Veterano M40	55:24	+17:48	05:32
55	390	Márcio Oliveira	Individual	Veterano M40	55:30	+17:54	05:33
56	209	Óscar Almeida	H-RAKY	Veterano M40	55:54	+18:18	05:35
57	555	Marco Paulo Soares de Almeida	Sidel	Veterano M40	56:20	+18:43	05:38
58	205	Antonio Francisco Silva Pereira	HMC Sports	Veterano M40	56:23	+18:47	05:38
59	45	Álvaro José Dias Carvalhinho	Individual	Veterano M40	56:23	+18:47	05:38
60	488	PEDRO NECHO	MC RUNNING	Veterano M40	56:44	+19:08	05:40
61	13	BRUNO VIEIRA	AZTRAIL	Veterano M40	56:44	+19:08	05:40
62	413	Sérgio Maia	Individual	Veterano M40	56:59	+19:23	05:42
63	55	Ricardo Costa	Individual	Veterano M40	57:20	+19:44	05:44
64	412	Rui Pinto	Individual	Veterano M40	57:20	+19:44	05:44
65	368	Damásio Pereira	Individual	Veterano M40	57:20	+19:44	05:44
66	566	Nuno Cautela	STONE BRIDGE RUNNERS	Veterano M40	57:23	+19:47	05:44
67	396	Nuno Santos	Individual	Veterano M40	57:35	+19:59	05:45
68	540	Helder Pereira	Serviços Sociais Montepio	Veterano M40	57:37	+20:01	05:46
69	176	Ricardo Oliveira	Dona Óptica	Veterano M40	58:04	+20:28	05:48
70	476	Luis maros	Luis matos seguros	Veterano M40	58:59	+21:23	05:54
71	82	MIKE MIKE	Run & Fun	Veterano M40	59:02	+21:26	05:54
72	54	Pedro Paiva	Individual	Veterano M40	01:00:38	+23:02	06:04
73	403	Pedro Pereira	Individual	Veterano M40	01:01:12	+23:36	06:07
74	122	Adriano Ferreira	Boa Onda	Veterano M40	01:01:41	+24:05	06:10
75	362	António Fonseca	Individual	Veterano M40	01:02:12	+24:36	06:13
76	379	João Ricardo Soares Pinto	Individual	Veterano M40	01:02:25	+24:48	06:14
77	96	António Assunção	ACAIL GAS	Veterano M40	01:02:36	+25:00	06:16
78	160	Bruno Magalhães	CLUBE DO PESSOAL DAS ÁGUAS DE GAIA	Veterano M40	01:02:59	+25:22	06:18
79	541	manuel Guedes	Serviços Sociais Montepio	Veterano M40	01:03:23	+25:47	06:20
80	370	Filipe calçada	Individual	Veterano M40	01:03:45	+26:09	06:23
81	132	Bruno Pinho	Brothers	Veterano M40	01:03:55	+26:19	06:23
82	18	Márcio Pereira	Corredores fim de semana	Veterano M40	01:04:06	+26:30	06:25
83	405	Ricardo Amaral	Individual	Veterano M40	01:04:26	+26:49	06:27
84	388	Marcelo teixeira da Mota	Individual	Veterano M40	01:04:36	+27:00	06:28
85	575	André Martins	TEN TEAM	Veterano M40	01:04:57	+27:21	06:30
86	395	Nuno Filipe Marques da Silva	Individual	Veterano M40	01:04:58	+27:22	06:30
87	553	Angelo Manuel de Almeida Pinho	Sidel	Veterano M40	01:05:02	+27:26	06:30
88	556	Roberto Marinho de Brito Ramos	Sidel	Veterano M40	01:05:13	+27:37	06:31
89	510	Marco Sousa	Os Pernas de Pau	Veterano M40	01:05:14	+27:38	06:31

Official Timekeeper: Lap2Go	8 / 12	generate 13-nov-2023 09:51
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10 KM



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21	153	Oscar Magolo	Cirac - Circulo de Recreio Arte e Cultura	Veterano M60	01:02:58	+15:45	06:18
22	462	Domingos Cunha Costa04	Individual	Veterano M60	01:03:12	+15:59	06:19
23	497	Manuel Pereira	MSS Grupo Desportivo de Gondomar	Veterano M60	01:04:41	+17:28	06:28
24	500	SERAFIM FONSECA	OS BENGALINHAS	Veterano M60	01:04:55	+17:42	06:30
25	74	Jorge Longo	Individual	Veterano M60	01:05:37	+18:23	06:34
26	73	Joaquim Fernando de Oliveira Castro	Individual	Veterano M60	01:05:44	+18:31	06:34
27	93	ELISIO SILVA	A.D.GRIJÓ A CORRER	Veterano M60	01:05:54	+18:41	06:35
28	72	FERNANDO ALVES SILVA	Individual	Veterano M60	01:06:15	+19:02	06:37
29	461	Delfim Manuel Ferreira da Costa	Individual	Veterano M60	01:08:21	+21:08	06:50
30	23	Rui Oliveira	Grupo de Corrida de Argoncilhe	Veterano M60	01:08:54	+21:41	06:53
31	454	ABILIO SOARES	Individual	Veterano M60	01:14:15	+27:02	07:26
32	20	Carlos Marques	corredoresderua	Veterano M60	01:17:11	+29:58	07:43
33	463	Fernando Baldaia	Individual	Veterano M60	01:17:58	+30:45	07:48
34	525	Antonio Brandão	Ratos do Asfalto	Veterano M60	01:18:13	+31:00	07:49
35	94	MANUEL COUTO	A.D.GRIJÓ A CORRER	Veterano M60	01:20:22	+33:09	08:02
36	81	Carlos Grácio	Os Voltarenes	Veterano M60	01:21:24	+34:11	08:08
37	514	António Silva	Pardelhas	Veterano M60	01:21:37	+34:24	08:10
38	165	JOSÉ BARBOSA	CLUBE DO PESSOAL DAS ÁGUAS DE GAIA	Veterano M60	01:26:03	+38:50	08:36
39	465	Joaquim Fernando de Oliveira Castro	Individual	Veterano M60	01:27:23	+40:10	08:44

