

Trail Curto

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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|----|-----|-----------------------|-----------------------------------|--------------|----------|-----------|-------|
| 6 | 516 | Luís Sá | GD Leões da Guarda - Lion Runners | Veterano M40 | 01:53:20 | +19:29 | 06:40 |
| 7 | 504 | Gerson da Silva Faria | Clube Desportivo de Leomil | Veterano M40 | 01:53:32 | +19:41 | 06:41 |
| 8 | 533 | Fernando Teixeira | Reset Gym | Veterano M40 | 02:00:53 | +27:02 | 07:07 |
| 9 | 538 | Alex Machado | RUNNERS DO DEMO | Veterano M40 | 02:05:55 | +32:04 | 07:24 |
| 10 | 544 | Vital Soares | RUNNERS DO DEMO | Veterano M40 | 02:06:01 | +32:10 | 07:25 |
| 11 | 526 | Rui Pedro Cardoso | Rebolas | Veterano M40 | 02:07:41 | +33:50 | 07:31 |
| 12 | 542 | José Pereira | RUNNERS DO DEMO | Veterano M40 | 02:08:53 | +35:02 | 07:35 |
| 13 | 539 | Angelo Paiva | RUNNERS DO DEMO | Veterano M40 | 02:23:00 | +49:09 | 08:25 |
| 14 | 522 | Carlos Ribeiro | Individual | Veterano M40 | 03:14:23 | +01:40:32 | 11:26 |

Veterano M50

| | | | | | | | |
|---|-----|-------------------------------|---------------------------------------|--------------|----------|-----------|-------|
| 1 | 546 | Pedro Almeida | Runners Sernancelhe Terra da Castanha | Veterano M50 | 01:46:19 | | 06:15 |
| 2 | 515 | LUIS FIGUEIREDO | Espigueiros runners-caparrosinha | Veterano M50 | 01:54:45 | +08:25 | 06:45 |
| 3 | 506 | José Carlos Lima | Clube Desportivo de Leomil | Veterano M50 | 01:59:08 | +12:49 | 07:00 |
| 4 | 525 | Rui Manuel Fernandes Ferreira | OriMarão | Veterano M50 | 02:00:03 | +13:43 | 07:04 |
| 5 | 514 | José Figueiredo | Espigueiros runners-caparrosinha | Veterano M50 | 02:00:10 | +13:50 | 07:04 |
| 6 | 534 | José Dantas | Reset Gym | Veterano M50 | 02:06:52 | +20:32 | 07:28 |
| 7 | 524 | Joaquim Rocha | Individual | Veterano M50 | 02:38:27 | +52:07 | 09:19 |
| 8 | 535 | José Ferreira | Reset Gym | Veterano M50 | 02:48:13 | +01:01:53 | 09:54 |

MINI TRAIL - STAGE 1**10 KM**LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION**OFFICIAL RESULT**LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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|--------------|-------------|--------------------|-----------------|
| | Time | Temperature | Humidity |
| Start | 10:00 | 18.6°C | 55% |
| End | 13:00 | 18.6°C | 55% |

| RANK | BIB | NAME | TEAM | RESULT | DIFF | t/KM | CARD |
|------|-----|----------------------------------|---|----------|--------|-------|------|
| 1 | 209 | Nelson Gomes | Clube Desportivo de Leomil | 51:00 | | 05:06 | |
| 2 | 213 | César Almeida | Espigueiros runners-caparrosinha | 53:09 | +02:09 | 05:19 | |
| 3 | 225 | Francisco Magalhães | Individual | 55:44 | +04:44 | 05:34 | |
| 4 | 265 | Guilherme Teles | Reset Gym | 59:05 | +08:05 | 05:54 | |
| 5 | 237 | Sean Sebastian Connolly | Junta de Freguesia de Cabaços | 01:04:43 | +13:43 | 06:28 | |
| 6 | 207 | David Silva Kotchetov | Clube Desportivo de Leomil | 01:09:46 | +18:46 | 06:59 | |
| 7 | 208 | Filipe Miguel de Jesus Teles | Clube Desportivo de Leomil | 01:10:35 | +19:35 | 07:04 | |
| 8 | 230 | Pedro Miguel Andrade Pinto | Individual | 01:10:36 | +19:36 | 07:04 | |
| 9 | 206 | Tânia Sofia Sousa Almeida | Clube Desportivo de Leomil | 01:10:58 | +19:58 | 07:06 | |
| 10 | 204 | Ana Bela Domingues Lopes Morgado | Clube Desportivo de Leomil | 01:11:56 | +20:56 | 07:12 | |
| 11 | 277 | André Gomes | Clube Desportivo de Leomil | 01:11:57 | +20:57 | 07:12 | |
| 12 | 245 | Ana Tavares | Rebolas | 01:12:52 | +21:52 | 07:17 | |
| 13 | 205 | Raquel Lopes Morgado | Clube Desportivo de Leomil | 01:12:55 | +21:55 | 07:18 | |
| 14 | 260 | Isabel Machado | Reset Gym | 01:14:06 | +23:06 | 07:25 | |
| 15 | 275 | Duarte Antunes Lourenço | Runners Sernancelhe Terra da Castanha | 01:14:11 | +23:11 | 07:25 | |
| 16 | 229 | Nelson Silva | Individual | 01:14:56 | +23:56 | 07:30 | |
| 17 | 241 | Constantino Coutinho | Parente Óptica Medica | 01:14:56 | +23:56 | 07:30 | |
| 18 | 203 | Tiago Afonso | Carregal do Sal Runners - Entre o Dão e o Mondego | 01:15:17 | +24:17 | 07:32 | |
| 19 | 276 | Paulo Antunes | Runners Sernancelhe Terra da Castanha | 01:15:46 | +24:46 | 07:35 | |
| 20 | 274 | António Pedro | RUNNERS DO DEMO | 01:16:26 | +25:26 | 07:39 | |
| 21 | 222 | António César Vicente Nunes | Individual | 01:16:40 | +25:40 | 07:40 | |
| 22 | 249 | Alexandre Soares | Rebolas | 01:17:18 | +26:18 | 07:44 | |
| 23 | 252 | Diogo Cautela Bondoso | Rebolas | 01:17:18 | +26:18 | 07:44 | |
| 24 | 250 | António dos Santos Pereira | Rebolas | 01:17:22 | +26:22 | 07:44 | |
| 25 | 219 | Lúcia Ferreira | Individual | 01:17:58 | +26:58 | 07:48 | |
| 26 | 233 | Pedro Soares | Individual | 01:18:32 | +27:32 | 07:51 | |
| 27 | 214 | EDUARDO OLIVEIRA | Espigueiros runners-caparrosinha | 01:22:24 | +31:24 | 08:14 | |
| 28 | 227 | José David | Individual | 01:22:34 | +31:34 | 08:15 | |
| 29 | 202 | Maria Beatriz | Caminhadas Aquilianas | 01:26:46 | +35:46 | 08:41 | |
| 30 | 232 | Pedro Norim | Individual | 01:26:50 | +35:50 | 08:41 | |
| 31 | 235 | Nelson Leonel de Deus Xavier | Junta de Freguesia de Cabaços | 01:28:20 | +37:20 | 08:50 | |
| 32 | 247 | Cláudia Silva | Rebolas | 01:28:55 | +37:55 | 08:54 | |
| 33 | 231 | Pedro Miguel Ferreira Fonseca | Individual | 01:32:13 | +41:13 | 09:13 | |
| 34 | 267 | João Lopes | Reset Gym | 01:32:34 | +41:34 | 09:15 | |
| 35 | 263 | Silvia Gomes | Reset Gym | 01:34:14 | +43:14 | 09:25 | |
| 36 | 217 | Elsa Manuela Morais Ribeiro | Individual | 01:38:40 | +47:40 | 09:52 | |
| 37 | 210 | Filipa Ribeiro | Esgalhada Trail Team | 01:40:45 | +49:45 | 10:04 | |
| 38 | 271 | Lia Soares | RUNNERS DO DEMO | 01:40:45 | +49:45 | 10:04 | |
| 39 | 242 | Ana Albuquerque | Rebolas | 01:42:46 | +51:46 | 10:17 | |
| 40 | 244 | Ana Monteiro | Rebolas | 01:43:01 | +52:01 | 10:18 | |
| 41 | 236 | Pedro Henrique de Sousa Dias | Junta de Freguesia de Cabaços | 01:45:07 | +54:07 | 10:31 | |

MINI TRAIL - STAGE 1**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME | TEAM | RESULT | DIFF | t/KM | CARD |
|------|-----|-------------------------------------|----------------------------------|----------|-----------|-------|------|
| 42 | 234 | Elisa Maria do Carmo Almeida Gomes | Junta de Freguesia de Cabaços | 01:45:07 | +54:07 | 10:31 | |
| 43 | 221 | Olga Maria Costa e Sousa | Individual | 01:46:07 | +55:07 | 10:37 | |
| 44 | 220 | Marta Pereira | Individual | 01:46:07 | +55:07 | 10:37 | |
| 45 | 218 | Joana Silva | Individual | 01:46:07 | +55:07 | 10:37 | |
| 46 | 223 | António Fernando da Costa Dias | Individual | 01:48:29 | +57:29 | 10:51 | |
| 47 | 268 | Jorge Malhada | Reset Gym | 01:48:50 | +57:50 | 10:53 | |
| 48 | 257 | Conceição Melo | Reset Gym | 01:52:13 | +01:01:13 | 11:13 | |
| 49 | 259 | Fátima Souza | Reset Gym | 01:52:13 | +01:01:13 | 11:13 | |
| 50 | 262 | Joana Santos | Reset Gym | 01:52:13 | +01:01:13 | 11:13 | |
| 51 | 273 | Sandrina Malhada | RUNNERS DO DEMO | 01:52:13 | +01:01:13 | 11:13 | |
| 52 | 216 | Cecília Manuela Lopes de Almeida | Individual | 01:55:23 | +01:04:23 | 11:32 | |
| 53 | 224 | Carlos Esteves | Individual | 01:59:48 | +01:08:48 | 11:59 | |
| 54 | 272 | Maria Fonseca | RUNNERS DO DEMO | 01:59:53 | +01:08:53 | 11:59 | |
| 55 | 211 | Marina Amaral Couto | Espigueiros runners-caparrosinha | 02:06:17 | +01:15:17 | 12:38 | |
| 56 | 258 | Elisa Machado | Reset Gym | 02:06:55 | +01:15:55 | 12:42 | |
| 57 | 253 | Joni Hélder Gouveia Seabra Ferreira | Rebolas | 02:07:12 | +01:16:12 | 12:43 | |
| 58 | 248 | Margarida João Aguiar Marinho | Rebolas | 02:07:12 | +01:16:12 | 12:43 | |
| 59 | 261 | Joana Malhada | Reset Gym | 02:15:11 | +01:24:11 | 13:31 | |
| 60 | 256 | Alzira Monteiro | Reset Gym | 02:15:14 | +01:24:14 | 13:31 | |
| 61 | 264 | António Monteiro | Reset Gym | 02:15:23 | +01:24:23 | 13:32 | |
| 62 | 255 | Paulo Carvalhais Coutinho | Rebolas | 02:37:45 | +01:46:45 | 15:47 | |
| 63 | 243 | Ana Cristina Aguiar Bondoso | Rebolas | 02:49:57 | +01:58:57 | 17:00 | |

Mini Trail

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| | Time | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 10:00 | 18.6°C | 55% |
| End | 13:00 | 18.6°C | 55% |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | ↑/KM |
|------|-----|------|------|-----|--------|------|------|
|------|-----|------|------|-----|--------|------|------|

Senior Feminino

| | | | | | | | |
|----|-----|------------------------------------|----------------------------------|-----------------|----------|-----------|-------|
| 1 | 206 | Tânia Sofia Sousa Almeida | Clube Desportivo de Leomil | Senior Feminino | 01:10:58 | | 07:06 |
| 2 | 204 | Ana Bela Domingues Lopes Morgado | Clube Desportivo de Leomil | Senior Feminino | 01:11:56 | +00:58 | 07:12 |
| 3 | 245 | Ana Tavares | Rebolas | Senior Feminino | 01:12:52 | +01:53 | 07:17 |
| 4 | 205 | Raquel Lopes Morgado | Clube Desportivo de Leomil | Senior Feminino | 01:12:55 | +01:56 | 07:18 |
| 5 | 260 | Isabel Machado | Reset Gym | Senior Feminino | 01:14:06 | +03:07 | 07:25 |
| 6 | 219 | Lúcia Ferreira | Individual | Senior Feminino | 01:17:58 | +07:00 | 07:48 |
| 7 | 202 | Maria Beatriz | Caminhadas Aquilianas | Senior Feminino | 01:26:46 | +15:48 | 08:41 |
| 8 | 247 | Cláudia Silva | Rebolas | Senior Feminino | 01:28:55 | +17:56 | 08:54 |
| 9 | 263 | Silvia Gomes | Reset Gym | Senior Feminino | 01:34:14 | +23:15 | 09:25 |
| 10 | 217 | Elsa Manuela Morais Ribeiro | Individual | Senior Feminino | 01:38:40 | +27:42 | 09:52 |
| 11 | 210 | Filipa Ribeiro | Esgalhada Trail Team | Senior Feminino | 01:40:45 | +29:46 | 10:04 |
| 12 | 271 | Lia Soares | RUNNERS DO DEMO | Senior Feminino | 01:40:45 | +29:46 | 10:04 |
| 13 | 242 | Ana Albuquerque | Rebolas | Senior Feminino | 01:42:46 | +31:48 | 10:17 |
| 14 | 244 | Ana Monteiro | Rebolas | Senior Feminino | 01:43:01 | +32:02 | 10:18 |
| 15 | 234 | Elisa Maria do Carmo Almeida Gomes | Junta de Freguesia de Cabaços | Senior Feminino | 01:45:07 | +34:08 | 10:31 |
| 16 | 221 | Olga Maria Costa e Sousa | Individual | Senior Feminino | 01:46:07 | +35:08 | 10:37 |
| 17 | 220 | Marta Pereira | Individual | Senior Feminino | 01:46:07 | +35:08 | 10:37 |
| 18 | 218 | Joana Silva | Individual | Senior Feminino | 01:46:07 | +35:08 | 10:37 |
| 19 | 257 | Conceição Melo | Reset Gym | Senior Feminino | 01:52:13 | +41:14 | 11:13 |
| 20 | 259 | Fátima Souza | Reset Gym | Senior Feminino | 01:52:13 | +41:14 | 11:13 |
| 21 | 262 | Joana Santos | Reset Gym | Senior Feminino | 01:52:13 | +41:14 | 11:13 |
| 22 | 273 | Sandrina Malhada | RUNNERS DO DEMO | Senior Feminino | 01:52:13 | +41:14 | 11:13 |
| 23 | 216 | Cecília Manuela Lopes de Almeida | Individual | Senior Feminino | 01:55:23 | +44:24 | 11:32 |
| 24 | 272 | Maria Fonseca | RUNNERS DO DEMO | Senior Feminino | 01:59:53 | +48:54 | 11:59 |
| 25 | 211 | Marina Amaral Couto | Espigueiros runners-caparrosinha | Senior Feminino | 02:06:17 | +55:18 | 12:38 |
| 26 | 258 | Elisa Machado | Reset Gym | Senior Feminino | 02:06:55 | +55:56 | 12:42 |
| 27 | 248 | Margarida João Aguiar Marinho | Rebolas | Senior Feminino | 02:07:12 | +56:14 | 12:43 |
| 28 | 261 | Joana Malhada | Reset Gym | Senior Feminino | 02:15:11 | +01:04:12 | 13:31 |
| 29 | 256 | Alzira Monteiro | Reset Gym | Senior Feminino | 02:15:14 | +01:04:15 | 13:31 |
| 30 | 243 | Ana Cristina Aguiar Bondoso | Rebolas | Senior Feminino | 02:49:57 | +01:38:59 | 17:00 |

Senior Masculino

| | | | | | | | |
|---|-----|-------------------------|----------------------------------|------------------|----------|--------|-------|
| 1 | 209 | Nelson Gomes | Clube Desportivo de Leomil | Senior Masculino | 51:00 | | 05:06 |
| 2 | 213 | César Almeida | Espigueiros runners-caparrosinha | Senior Masculino | 53:09 | +02:09 | 05:19 |
| 3 | 225 | Francisco Magalhães | Individual | Senior Masculino | 55:44 | +04:43 | 05:34 |
| 4 | 265 | Guilherme Teles | Reset Gym | Senior Masculino | 59:05 | +08:04 | 05:54 |
| 5 | 237 | Sean Sebastian Connolly | Junta de Freguesia de Cabaços | Senior Masculino | 01:04:43 | +13:43 | 06:28 |
| 6 | 207 | David Silva Kotchetov | Clube Desportivo de Leomil | Senior Masculino | 01:09:46 | +18:46 | 06:59 |

Official Timekeeper: Lap2Go

1 / 2

generate 18-Jun-2023 13:22

Mini Trail**10 KM****OFFICIAL RESULT**

| | | | | | | | |
|----|-----|-------------------------------------|---|------------------|----------|-----------|-------|
| 7 | 208 | Filipe Miguel de Jesus Teles | Clube Desportivo de Leomil | Senior Masculino | 01:10:35 | +19:35 | 07:04 |
| 8 | 230 | Pedro Miguel Andrade Pinto | Individual | Senior Masculino | 01:10:36 | +19:36 | 07:04 |
| 9 | 277 | André Gomes | Clube Desportivo de Leomil | Senior Masculino | 01:11:57 | +20:57 | 07:12 |
| 10 | 275 | Duarte Antunes Lourenço | Runners Sernancelhe Terra da Castanha | Senior Masculino | 01:14:11 | +23:11 | 07:25 |
| 11 | 229 | Nelson Silva | Individual | Senior Masculino | 01:14:56 | +23:56 | 07:30 |
| 12 | 241 | Constantino Coutinho | Parente Óptica Medica | Senior Masculino | 01:14:56 | +23:56 | 07:30 |
| 13 | 203 | Tiago Afonso | Carregal do Sal Runners - Entre o Dão e o Mondego | Senior Masculino | 01:15:17 | +24:17 | 07:32 |
| 14 | 276 | Paulo Antunes | Runners Sernancelhe Terra da Castanha | Senior Masculino | 01:15:46 | +24:46 | 07:35 |
| 15 | 274 | António Pedro | RUNNERS DO DEMO | Senior Masculino | 01:16:26 | +25:26 | 07:39 |
| 16 | 222 | António César Vicente Nunes | Individual | Senior Masculino | 01:16:40 | +25:39 | 07:40 |
| 17 | 249 | Alexandre Soares | Rebolas | Senior Masculino | 01:17:18 | +26:18 | 07:44 |
| 18 | 252 | Diogo Cautela Bondoso | Rebolas | Senior Masculino | 01:17:18 | +26:18 | 07:44 |
| 19 | 250 | António dos Santos Pereira | Rebolas | Senior Masculino | 01:17:22 | +26:22 | 07:44 |
| 20 | 233 | Pedro Soares | Individual | Senior Masculino | 01:18:32 | +27:32 | 07:51 |
| 21 | 214 | EDUARDO OLIVEIRA | Espigueiros runners-caparrosinha | Senior Masculino | 01:22:24 | +31:24 | 08:14 |
| 22 | 227 | José David | Individual | Senior Masculino | 01:22:34 | +31:33 | 08:15 |
| 23 | 232 | Pedro Norim | Individual | Senior Masculino | 01:26:50 | +35:49 | 08:41 |
| 24 | 235 | Nelson Leonel de Deus Xavier | Junta de Freguesia de Cabaços | Senior Masculino | 01:28:20 | +37:20 | 08:50 |
| 25 | 231 | Pedro Miguel Ferreira Fonseca | Individual | Senior Masculino | 01:32:13 | +41:13 | 09:13 |
| 26 | 267 | João Lopes | Reset Gym | Senior Masculino | 01:32:34 | +41:34 | 09:15 |
| 27 | 236 | Pedro Henrique de Sousa Dias | Junta de Freguesia de Cabaços | Senior Masculino | 01:45:07 | +54:07 | 10:31 |
| 28 | 223 | António Fernando da Costa Dias | Individual | Senior Masculino | 01:48:29 | +57:29 | 10:51 |
| 29 | 268 | Jorge Malhada | Reset Gym | Senior Masculino | 01:48:50 | +57:50 | 10:53 |
| 30 | 224 | Carlos Esteves | Individual | Senior Masculino | 01:59:48 | +01:08:48 | 11:59 |
| 31 | 253 | Joni Hélder Gouveia Seabra Ferreira | Rebolas | Senior Masculino | 02:07:12 | +01:16:12 | 12:43 |
| 32 | 264 | António Monteiro | Reset Gym | Senior Masculino | 02:15:23 | +01:24:23 | 13:32 |
| 33 | 255 | Paulo Carvalhais Coutinho | Rebolas | Senior Masculino | 02:37:45 | +01:46:45 | 15:47 |