

TRAIL LONGO - STAGE 1**30 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	08:45	--	--
End	13:46	--	--

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	10	Bruno Pereira	Amigos 100 Limites	02:27:03		04:54	
2	44	Hugo Pinto	EDV - Viana Trail	02:27:31	+00:28	04:55	
3	100	Carlos Vieira	Tuga Mobile ADAP Trail	02:29:46	+02:43	05:00	
4	64	Cristiano Cunha	Associação Desportiva Nós Acreditamos	02:30:07	+03:04	05:00	
5	23	Marcos Leandro Gomes Ribeiro	Associação Desportiva Nós Acreditamos	02:30:42	+03:39	05:01	
6	49	Ricardo Miguel Magalhães Nunes Correia	Furfor Running Project	02:31:03	+04:00	05:02	
7	22	Fábio Silva	Associação Desportiva Nós Acreditamos	02:31:46	+04:43	05:04	
8	98	Hugo Santos	Tuga Mobile ADAP Trail	02:35:12	+08:09	05:10	
9	65	Dionísio Ferreira	Minho e Lima Trail	02:38:17	+11:14	05:17	
10	30	Bruno Cunha	Brabus Runners	02:39:16	+12:13	05:19	
11	4	Victor Correia	EDV - Viana Trail	02:42:51	+15:48	05:26	
12	3	Paula Soares	Saca Trilhos Anadia	02:45:12	+18:09	05:30	
13	31	Marco Pinto	Brabus Runners	02:45:31	+18:28	05:31	
14	2	Paula Barbosa	EDV - Viana Trail	02:51:49	+24:46	05:44	
15	32	Ricardo Ribeiro	Brabus Runners	02:53:11	+26:08	05:46	
16	28	José Pinto	Associação Desportiva Nós Acreditamos	02:55:03	+28:00	05:50	
17	84	Luís Felix	Linces do Marão	02:56:29	+29:26	05:53	
18	80	Manuel sousa	ASC Sobrado	02:57:02	+29:59	05:54	
19	57	Hélder Silva	Individual	02:57:10	+30:07	05:54	
20	20	Bruno Pereira	Associação Desportiva Nós Acreditamos	02:58:20	+31:17	05:57	
21	89	Frederico Barros Lopes	Linces do Marão	03:00:00	+32:57	06:00	
22	81	Pascoal Melo	Individual	03:00:30	+33:27	06:01	
23	21	Fábio Gonçalves	Associação Desportiva Nós Acreditamos	03:01:22	+34:19	06:03	
24	37	Pedro castro	Clube Efacec BIS3IMO	03:01:46	+34:43	06:04	
25	54	Bruno Bernardes	Individual	03:02:30	+35:27	06:05	
26	99	Filipe Daniel Carvalho pinho	Tuga Mobile ADAP Trail	03:04:31	+37:28	06:09	
27	77	Abilio Magalhaes	Individual	03:04:45	+37:42	06:09	
28	68	Hugo Rocha	Individual	03:04:54	+37:51	06:10	
29	70	Jorge Moreira	ASC Sobrado	03:07:33	+40:30	06:15	
30	15	Pedro Magalhaes	ARRASTASSOLAS	03:07:58	+40:55	06:16	
31	16	Pedro Carvalho	ARRASTASSOLAS	03:07:59	+40:56	06:16	
32	97	Nuno Silva	The Newbies	03:09:25	+42:22	06:19	
33	60	Fátima Novais	Individual	03:10:18	+43:15	06:21	
34	6	Pedro Nogueira	AD Marco 09	03:10:59	+43:56	06:22	
35	103	Artur Jorge Rodrigues Pereira	A. D. AMARANTE	03:11:05	+44:02	06:22	
36	72	Marcio Teixeira	Individual	03:11:09	+44:06	06:22	
37	34	Norberto Fernandes	Brabus Runners	03:11:16	+44:13	06:23	
38	73	Marco Silva	Individual	03:14:14	+47:11	06:28	
39	43	Patricia Ribeiro	EDV - Viana Trail	03:14:25	+47:22	06:29	
40	66	Fernando magalhaes	Individual	03:17:27	+50:24	06:35	
41	101	Filipe Emanuel Oliveira Cabral	Turbo kings 2.0/ AD Ancede	03:18:12	+51:09	06:36	

TRAIL LONGO - STAGE 1
30 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
42	58	Humberto Almeida	Individual	03:19:20	+52:17	06:39	
43	35	Manu soares	Cinfães a Correr	03:19:35	+52:32	06:39	
44	19	Cláudia Sofia Flor Figueira	Associação Desportiva Nós Acreditamos	03:20:03	+53:00	06:40	
45	48	Andreia Almeida	Furfor Running Project	03:25:33	+58:30	06:51	
46	8	Helena Gomes	AD Marco 09	03:27:03	+01:00:00	06:54	
47	40	Telmo Veloso	Clube Zupper	03:29:11	+01:02:08	06:58	
48	38	Susana Simões	Clube Zupper	03:29:11	+01:02:08	06:58	
49	78	Fernando Mendes	Individual	03:29:54	+01:02:51	07:00	
50	62	Adélio Valente	Individual	03:29:55	+01:02:52	07:00	
51	76	Rui Amadeu Dantas	Individual	03:31:08	+01:04:05	07:02	
52	79	Joaquim Luís Oliveira	Individual	03:32:40	+01:05:37	07:05	
53	29	Fernando Silva	Associação Desportiva Nós Acreditamos	03:33:48	+01:06:46	07:08	
54	69	João Paulo Pereira de Castro	Individual	03:34:35	+01:07:32	07:09	
55	85	Ana Cristina Martins Henriques	Linces do Marão	03:36:34	+01:09:31	07:13	
56	96	José Torres	TEAM LANTEMIL	03:41:04	+01:14:01	07:22	
57	82	Afonso Cardoso	Individual	03:41:08	+01:14:05	07:22	
58	74	Paulo Cunha	Individual	03:43:11	+01:16:08	07:26	
59	88	Filipe Martinho	Linces do Marão	03:43:23	+01:16:20	07:27	
60	61	Raquel Rocha	Individual	03:44:26	+01:17:23	07:29	
61	14	Rafaela Bento	Arcd Venda Da Luísa	03:44:43	+01:17:40	07:29	
62	59	Rui Marinho	Individual	03:45:06	+01:18:03	07:30	
63	25	Lúgia Mendes	Associação Desportiva Nós Acreditamos	03:46:41	+01:19:38	07:33	
64	90	Eduardo Pinto	Linces do Marão	03:48:25	+01:21:22	07:37	
65	67	Fernando Pinheiro	Individual	03:52:08	+01:25:05	07:44	
66	42	Carlos Rodrigues	Datacol	03:52:37	+01:25:34	07:45	
67	33	António Oliveira	Brabus Runners	03:52:51	+01:25:48	07:46	
68	26	César Pinheiro	Associação Desportiva Nós Acreditamos	04:05:02	+01:37:59	08:10	
69	5	Jacinto Rui Nunes da Costa	ABELHAS	04:06:09	+01:39:06	08:12	
70	92	Ricardo Fernandes	PCRrunners	04:06:19	+01:39:16	08:13	
71	93	Céu Fernandes	Riofit	04:10:35	+01:43:32	08:21	
72	24	Conceição Ribeiro	Associação Desportiva Nós Acreditamos	04:10:35	+01:43:32	08:21	
73	95	José Carlos Fernandes	Riofit	04:10:37	+01:43:34	08:21	
74	94	Fernando Meira	Riofit	04:10:37	+01:43:34	08:21	
75	11	Nuno Pinto	AMTrail	04:17:08	+01:50:05	08:34	
76	104	Tânia Machado	Aventureiros	04:18:53	+01:51:50	08:38	
77	87	Sónia Brás	Linces do Marão	04:18:55	+01:51:52	08:38	
78	91	João Gil	Linces do Marão	04:18:55	+01:51:52	08:38	
79	105	Susana Neta	Clube Zupper	04:24:17	+01:57:14	08:49	
80	18	Miguel Mourão	ArTrilharia	04:24:40	+01:57:37	08:49	
81	12	Nuno Tavares	AMTrail	04:28:21	+02:01:18	08:57	
82	36	Rui Diogo da Silva Neves	Clube Desportivo de Leomil	04:35:06	+02:08:03	09:10	
83	56	Gameiro Teixeira Cristiano	Individual	04:50:23	+02:23:20	09:41	
84	17	Jony Cartaxo	ArTrilharia	04:56:39	+02:29:36	09:53	

Trail Longo
30 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	08:45	-99°C	-99%
End	13:46	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
Senior Feminino							
1	3	Paula Soares	Saca Trilhos Anadia	Senior Feminino	02:45:12		05:30
2	43	Patricia Ribeiro	EDV - Viana Trail	Senior Feminino	03:14:25	+29:12	06:29
3	19	Cláudia Sofia Flor Figueira	Associação Desportiva Nós Acreditamos	Senior Feminino	03:20:03	+34:50	06:40
4	48	Andreia Almeida	Furfor Running Project	Senior Feminino	03:25:33	+40:20	06:51
5	14	Rafaela Bento	Arcd Venda Da Luísa	Senior Feminino	03:44:43	+59:30	07:29
6	104	Tânia Machado	Aventureiros	Senior Feminino	04:18:53	+01:33:40	08:38

Senior Masculino

1	10	Bruno Pereira	Amigos 100 Limites	Senior Masculino	02:27:03		04:54
2	44	Hugo Pinto	EDV - Viana Trail	Senior Masculino	02:27:31	+00:28	04:55
3	100	Carlos Vieira	Tuga Mobile ADAP Trail	Senior Masculino	02:29:46	+02:43	05:00
4	23	Marcos Leandro Gomes Ribeiro	Associação Desportiva Nós Acreditamos	Senior Masculino	02:30:42	+03:39	05:01
5	49	Ricardo Miguel Magalhães Nunes Correia	Furfor Running Project	Senior Masculino	02:31:03	+04:00	05:02
6	22	Fábio Silva	Associação Desportiva Nós Acreditamos	Senior Masculino	02:31:46	+04:43	05:04
7	98	Hugo Santos	Tuga Mobile ADAP Trail	Senior Masculino	02:35:12	+08:09	05:10
8	30	Bruno Cunha	Brabus Runners	Senior Masculino	02:39:16	+12:13	05:19
9	31	Marco Pinto	Brabus Runners	Senior Masculino	02:45:31	+18:28	05:31
10	32	Ricardo Ribeiro	Brabus Runners	Senior Masculino	02:53:11	+26:08	05:46
11	84	Luís Felix	Linces do Marão	Senior Masculino	02:56:29	+29:26	05:53
12	57	Hélder Silva	Individual	Senior Masculino	02:57:10	+30:07	05:54
13	20	Bruno Pereira	Associação Desportiva Nós Acreditamos	Senior Masculino	02:58:20	+31:16	05:57
14	21	Fábio Gonçalves	Associação Desportiva Nós Acreditamos	Senior Masculino	03:01:22	+34:19	06:03
15	54	Bruno Bernardes	Individual	Senior Masculino	03:02:30	+35:27	06:05
16	97	Nuno Silva	The Newbies	Senior Masculino	03:09:25	+42:22	06:19
17	6	Pedro Nogueira	AD Marco 09	Senior Masculino	03:10:59	+43:56	06:22
18	101	Filipe Emanuel Oliveira Cabral	Turbo kings 2.0/ AD Ancede	Senior Masculino	03:18:12	+51:09	06:36
19	58	Humberto Almeida	Individual	Senior Masculino	03:19:20	+52:17	06:39
20	35	Manu soares	Cinfães a Correr	Senior Masculino	03:19:35	+52:32	06:39
21	59	Rui Marinho	Individual	Senior Masculino	03:45:06	+01:18:03	07:30
22	92	Ricardo Fernandes	PCRrunners	Senior Masculino	04:06:19	+01:39:15	08:13
23	11	Nuno Pinto	AMTrail	Senior Masculino	04:17:08	+01:50:05	08:34
24	18	Miguel Mourão	ArTrilha	Senior Masculino	04:24:40	+01:57:37	08:49
25	12	Nuno Tavares	AMTrail	Senior Masculino	04:28:21	+02:01:18	08:57
26	36	Rui Diogo da Silva Neves	Clube Desportivo de Leomil	Senior Masculino	04:35:06	+02:08:03	09:10

Official Timekeeper: Lap2Go

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generate 17-dez.-2023 14:19

Trail Longo

30 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

27	56	Gameiro Teixeira Cristiano	Individual	Senior Masculino	04:50:23	+02:23:19	09:41
28	17	Jony Cartaxo	ArTrilharia	Senior Masculino	04:56:39	+02:29:36	09:53

Veterana F40

1	2	Paula Barbosa	EDV - Viana Trail	Veterana F40	02:51:49		05:44
2	60	Fátima Novais	Individual	Veterana F40	03:10:18	+18:29	06:21
3	85	Ana Cristina Martins Henriques	Linces do Marão	Veterana F40	03:36:34	+44:44	07:13
4	61	Raquel Rocha	Individual	Veterana F40	03:44:26	+52:36	07:29
5	25	Lígia Mendes	Associação Desportiva Nós Acreditamos	Veterana F40	03:46:41	+54:52	07:33
6	24	Conceição Ribeiro	Associação Desportiva Nós Acreditamos	Veterana F40	04:10:35	+01:18:46	08:21
7	87	Sónia Brás	Linces do Marão	Veterana F40	04:18:55	+01:27:05	08:38
8	105	Susana Neta	Clube Zupper	Veterana F40	04:24:17	+01:32:27	08:49

Veterana F50

1	8	Helena Gomes	AD Marco 09	Veterana F50	03:27:03		06:54
2	38	Susana Simões	Clube Zupper	Veterana F50	03:29:11	+02:08	06:58
3	93	Céu Fernandes	Riofit	Veterana F50	04:10:35	+43:31	08:21

Veterano M40

1	64	Cristiano Cunha	Associação Desportiva Nós Acreditamos	Veterano M40	02:30:07		05:00
2	65	Dionísio Ferreira	Minho e Lima Trail	Veterano M40	02:38:17	+08:09	05:17
3	28	José Pinto	Associação Desportiva Nós Acreditamos	Veterano M40	02:55:03	+24:56	05:50
4	89	Frederico Barros Lopes	Linces do Marão	Veterano M40	03:00:00	+29:53	06:00
5	37	Pedro castro	Clube Efavec BIS3IMO	Veterano M40	03:01:46	+31:39	06:04
6	99	Filipe Daniel Carvalho pinho	Tuga Mobile ADAP Trail	Veterano M40	03:04:31	+34:24	06:09
7	68	Hugo Rocha	Individual	Veterano M40	03:04:54	+34:47	06:10
8	70	Jorge Moreira	ASC Sobrado	Veterano M40	03:07:33	+37:26	06:15
9	15	Pedro Magalhaes	ARRASTASSOLAS	Veterano M40	03:07:58	+37:51	06:16
10	103	Artur Jorge Rodrigues Pereira	A. D. AMARANTE	Veterano M40	03:11:05	+40:58	06:22
11	72	Marcio Teixeira	Individual	Veterano M40	03:11:09	+41:01	06:22
12	34	Norberto Fernandes	Brabus Runners	Veterano M40	03:11:16	+41:09	06:23
13	73	Marco Silva	Individual	Veterano M40	03:14:14	+44:07	06:28
14	66	Fernando magalhaes	Individual	Veterano M40	03:17:27	+47:19	06:35
15	40	Telmo Veloso	Clube Zupper	Veterano M40	03:29:11	+59:04	06:58
16	62	Adélio Valente	Individual	Veterano M40	03:29:55	+59:48	07:00
17	76	Rui Amadeu Dantas	Individual	Veterano M40	03:31:08	+01:01:00	07:02
18	69	João Paulo Pereira de Castro	Individual	Veterano M40	03:34:35	+01:04:28	07:09
19	96	José Torres	TEAM LANTEMIL	Veterano M40	03:41:04	+01:10:57	07:22
20	74	Paulo Cunha	Individual	Veterano M40	03:43:11	+01:13:04	07:26

Trail Longo

30 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

21	88	Filipe Martinho	Linces do Marão	Veterano M40	03:43:23	+01:13:15	07:27
22	67	Fernando Pinheiro	Individual	Veterano M40	03:52:08	+01:22:01	07:44
23	42	Carlos Rodrigues	Datacol	Veterano M40	03:52:37	+01:22:30	07:45
24	33	António Oliveira	Brabus Runners	Veterano M40	03:52:51	+01:22:44	07:46
25	26	César Pinheiro	Associação Desportiva Nós Acreditamos	Veterano M40	04:05:02	+01:34:55	08:10
26	5	Jacinto Rui Nunes da Costa	ABELHAS	Veterano M40	04:06:09	+01:36:02	08:12
27	95	José Carlos Fernandes	Riofit	Veterano M40	04:10:37	+01:40:30	08:21
28	94	Fernando Meira	Riofit	Veterano M40	04:10:37	+01:40:30	08:21

Veterano M50

1	4	Victor Correia	EDV - Viana Trail	Veterano M50	02:42:51		05:26
2	80	Manuel sousa	ASCSobrado	Veterano M50	02:57:02	+14:10	05:54
3	81	Pascoal Melo	Individual	Veterano M50	03:00:30	+17:38	06:01
4	77	Abilio Magalhaes	Individual	Veterano M50	03:04:45	+21:53	06:09
5	16	Pedro Carvalho	ARRASTASSOLAS	Veterano M50	03:07:59	+25:08	06:16
6	78	Fernando Mendes	Individual	Veterano M50	03:29:54	+47:02	07:00
7	79	Joaquim Luís Oliveira	Individual	Veterano M50	03:32:40	+49:48	07:05
8	29	Fernando Silva	Associação Desportiva Nós Acreditamos	Veterano M50	03:33:48	+50:57	07:08
9	90	Eduardo Pinto	Linces do Marão	Veterano M50	03:48:25	+01:05:33	07:37

Veterano M60

1	82	Afonso Cardoso	Individual	Veterano M60	03:41:08		07:22
2	91	João Gil	Linces do Marão	Veterano M60	04:18:55	+37:47	08:38

TRAIL CURTO - STAGE 1
20 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:45	5,8°C	94%
End	14:15	5,8°C	94%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	284	Ricardo Queirós	Fridão Sem Limites	01:37:55		04:54	
2	278	Leonel Cunha	EDV - Viana Trail	01:39:00	+01:05	04:57	
3	273	André Valente	DUELO D'OCASIAO	01:39:56	+02:01	05:00	
4	211	Pedro Emanuel Pereira de Castro	AD Marco 09	01:42:29	+04:34	05:07	
5	280	Pedro Santos	EDV - Viana Trail	01:43:19	+05:24	05:10	
6	302	Rito Moreira	Grupo Desportivo Rgs Atletismo	01:44:22	+06:27	05:13	
7	432	José Meneses	NOCTURNOS DE PAREDES	01:45:16	+07:21	05:16	
8	212	Tiago Pinheiro	AD Marco 09	01:49:07	+11:12	05:27	
9	254	Ricardo Vieira	Brabus Runners	01:53:08	+15:13	05:39	
10	277	Diogo Simal Santos	EDV - Viana Trail	01:53:29	+15:34	05:40	
11	216	Agostinho Carneiro	AD Marco 09	01:54:42	+16:47	05:44	
12	242	Fernando Carvalho	Associação Desportiva Nós Acreditamos	01:57:05	+19:10	05:51	
13	264	Francisco Silva	Cinfães a Correr	01:57:29	+19:34	05:52	
14	421	Filipe Novais	Linces do Marão	01:57:49	+19:54	05:53	
15	202	Paulo Soares	1léguaD'trail	01:59:00	+21:05	05:57	
16	291	Fábio Pinto	Furfor Running Project	01:59:05	+21:10	05:57	
17	465	Carlos Monteiro	Temos Tempo	02:01:21	+23:26	06:04	
18	259	Hugo Romano	Caça Raposas-2023	02:01:42	+23:47	06:05	
19	363	Bruno Costa	Individual	02:01:58	+24:03	06:06	
20	433	José Gomes	NOCTURNOS DE PAREDES	02:02:35	+24:40	06:08	
21	368	Filipe Pinto	Individual	02:05:35	+27:40	06:17	
22	250	Cesário Leite	Brabus Runners	02:05:43	+27:48	06:17	
23	279	Orlando Rocha	EDV - Viana Trail	02:05:46	+27:51	06:17	
24	422	Nuno Duarte	Linces do Marão	02:08:26	+30:31	06:25	
25	336	Nelson Gomes	Individual	02:09:23	+31:28	06:28	
26	356	Lucinda Sousa	Individual	02:09:34	+31:39	06:29	
27	232	Fernando Moreira	AMIGOS DO TRAIL MESÃO FRIO	02:09:50	+31:55	06:30	
28	398	Armindo Freitas	Individual	02:10:50	+32:55	06:33	
29	253	Ricardo Sampaio	Brabus Runners	02:12:05	+34:10	06:36	
30	454	António Rocha	S4L MEDENSE FC	02:12:14	+34:19	06:37	
31	213	Gisela Sousa	AD Marco 09	02:12:17	+34:22	06:37	
32	474	BRUNO MELO	Valongo trail team	02:12:50	+34:55	06:39	
33	424	Romeu Carvalho	Linces do Marão	02:12:52	+34:57	06:39	
34	350	Vítor Pinheiro	Individual	02:13:31	+35:36	06:41	
35	225	André Leite	ADVC Trail Team	02:13:48	+35:53	06:41	
36	290	Sérgio Vale	Furfor Running Project	02:14:03	+36:08	06:42	
37	343	Pedro Sousa	Individual	02:14:03	+36:08	06:42	
38	219	Fernando Augusto	ADC SANTA ISABEL	02:15:01	+37:06	06:45	
39	402	José Ribeiro	Individual	02:15:04	+37:09	06:45	
40	452	Fernando Alberto dos Santos Rodrigues	S4L MEDENSE FC	02:15:20	+37:25	06:46	
41	413	José Graça	KemedoTeam	02:15:22	+37:27	06:46	

TRAIL CURTO - STAGE 1
20 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
88	319	Davide Samuel Moura Carvalho	Individual	02:25:43	+47:48	07:17	
89	437	Manuel Sousa	Ótica Ourivesaria Sousa	02:26:51	+48:56	07:21	
90	218	Diogo Resende	ADC SANTA ISABEL	02:27:06	+49:11	07:21	
91	240	Antônio Pereira	Associação Desportiva Nós Acreditamos	02:27:27	+49:32	07:22	
92	447	Liliana Campos	RUNRIVER - Escola de Atletismo de Rio Tinto	02:28:32	+50:37	07:26	
93	298	Paulo Alves	GONDOMAR FUTSAL CLUBE	02:28:33	+50:38	07:26	
94	429	Lúcio Gomes	NOCTURNOS DE PAREDES	02:28:49	+50:54	07:26	
95	438	Hugo Lobo	PapaTrilhos	02:29:15	+51:20	07:28	
96	372	João Pedro R. Pereira	Individual	02:29:43	+51:48	07:29	
97	412	José Pereira	Individual	02:30:00	+52:05	07:30	
98	423	Nuno Pinto	Linces do Marão	02:31:05	+53:10	07:33	
99	355	Fátima Correia	Individual	02:31:22	+53:27	07:34	
100	386	Pedro Coelho	Individual	02:31:23	+53:28	07:34	
101	365	Daniel Abreu	Individual	02:31:24	+53:29	07:34	
102	317	Daniel Lopes	Individual	02:31:27	+53:32	07:34	
103	331	Luís Pinto	Individual	02:32:23	+54:28	07:37	
104	461	João Pereira	Temos Tempo	02:32:59	+55:04	07:39	
105	410	Antonio Carlos	Individual	02:33:35	+55:40	07:41	
106	304	Maria Helena Machado	Individual	02:34:10	+56:15	07:43	
107	392	Rui Teixeira	Individual	02:36:50	+58:55	07:51	
108	418	Céu Costa	Linces do Marão	02:36:58	+59:03	07:51	
109	411	Jorge Silva	Individual	02:36:58	+59:03	07:51	
110	332	Manuel Babo	Individual	02:37:51	+59:56	07:54	
111	458	Margarida Dantas	TEAM LANTEMIL	02:37:52	+59:57	07:54	
112	208	Fernando Queirós	A. D. AMARANTE	02:37:54	+59:59	07:54	
113	313	Bruno Queirós	Individual	02:38:31	+01:00:36	07:56	
114	378	Luís Martins	Individual	02:38:31	+01:00:36	07:56	
115	238	Leandro Teixeira	Associação Desportiva Nós Acreditamos	02:39:14	+01:01:19	07:58	
116	448	Pedro Marques	S4L MEDENSE FC	02:39:17	+01:01:22	07:58	
117	307	Vania matos	Individual	02:39:19	+01:01:24	07:58	
118	348	Thomas Magalhães	Individual	02:39:29	+01:01:34	07:58	
119	479	António Miranda	WOLVES	02:39:36	+01:01:41	07:59	
120	453	Rui Miguel Moreira Mota	S4L MEDENSE FC	02:39:57	+01:02:02	08:00	
121	310	André Silva	Individual	02:40:47	+01:02:52	08:02	
122	312	Bruno Daniel Da Silva Monteiro	Individual	02:40:48	+01:02:53	08:02	
123	383	Nelson Renato Costa Silveira	Individual	02:40:57	+01:03:02	08:03	
124	407	Orlando Manuel de Sousa Carvalho	Individual	02:40:59	+01:03:04	08:03	
125	379	Luís Miguel Ribeiro	Individual	02:42:15	+01:04:20	08:07	
126	276	Patrícia Palmeira	DUELO D'OCASIAO	02:42:15	+01:04:20	08:07	
127	395	Vítor Pedroso	Individual	02:43:40	+01:05:45	08:11	
128	376	Kiko Bento	Individual	02:43:59	+01:06:04	08:12	
129	245	Manuel de Meireles Leite	Atletas 100%	02:44:28	+01:06:33	08:13	
130	292	Ana Ferreira	GONDOMAR FUTSAL CLUBE	02:44:38	+01:06:43	08:14	
131	293	Joana Moura	GONDOMAR FUTSAL CLUBE	02:44:38	+01:06:43	08:14	
132	446	Noel Pereira	Riofit	02:44:51	+01:06:56	08:15	
133	367	Filipe Abreu	Individual	02:45:14	+01:07:19	08:16	

TRAIL CURTO - STAGE 1

20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
225	266	Abel Moreira	Clube Trilheiros & Amigos	04:29:18	+02:51:23	13:28	
226	267	Lúsa Gonçalves	Clube Trilheiros & Amigos	04:29:20	+02:51:25	13:28	
227	341	Paulo Ricardo Leão Pereira Santos	Individual	04:29:21	+02:51:26	13:28	

Trail Curto
20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:45	5,8°C	94%
End	14:15	5,8°C	94%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Senior Feminino							
1	467	Joana Soares	Tuga Mobile ADAP Trail	Senior Feminino	02:23:20		07:10
2	447	Liliana Campos	RUNRIVER - Escola de Atletismo de Rio Tinto	Senior Feminino	02:28:32	+05:11	07:26
3	304	Maria Helena Machado	Individual	Senior Feminino	02:34:10	+10:50	07:43
4	307	Vania matos	Individual	Senior Feminino	02:39:19	+15:58	07:58
5	292	Ana Ferreira	GONDOMAR FUTSAL CLUBE	Senior Feminino	02:44:38	+21:17	08:14
6	293	Joana Moura	GONDOMAR FUTSAL CLUBE	Senior Feminino	02:44:38	+21:17	08:14
7	51	Rute Maia	Individual	Senior Feminino	02:56:30	+33:09	08:49
8	221	Anabela Magalhães	Adtr Travassos Running	Senior Feminino	03:06:33	+43:12	09:20
9	220	Ana Oliveira	Adtr Travassos Running	Senior Feminino	03:06:34	+43:13	09:20
10	222	Filipa Freitas	Adtr Travassos Running	Senior Feminino	03:06:34	+43:13	09:20
11	460	Joana Cardoso	Temos Tempo	Senior Feminino	03:28:36	+01:05:16	10:26
12	475	Catarina Baptista	Velozes Mas Preguiçosos	Senior Feminino	03:29:34	+01:06:13	10:29

Senior Masculino

1	284	Ricardo Queirós	Fridão Sem Limites	Senior Masculino	01:37:55		04:54
2	278	Leonel Cunha	EDV - Viana Trail	Senior Masculino	01:39:00	+01:04	04:57
3	273	André Valente	DUELO D'OCASIAO	Senior Masculino	01:39:56	+02:00	05:00
4	211	Pedro Emanuel Pereira de Castro	AD Marco 09	Senior Masculino	01:42:29	+04:34	05:07
5	302	Rito Moreira	Grupo Desportivo Rgs Atletismo	Senior Masculino	01:44:22	+06:26	05:13
6	212	Tiago Pinheiro	AD Marco 09	Senior Masculino	01:49:07	+11:12	05:27
7	277	Diogo Simal Santos	EDV - Viana Trail	Senior Masculino	01:53:29	+15:33	05:40
8	264	Francisco Silva	Cinfães a Correr	Senior Masculino	01:57:29	+19:33	05:52
9	202	Paulo Soares	1léguaD'trail	Senior Masculino	01:59:00	+21:05	05:57
10	336	Nelson Gomes	Individual	Senior Masculino	02:09:23	+31:28	06:28
11	350	Vítor Pinheiro	Individual	Senior Masculino	02:13:31	+35:36	06:41
12	225	André Leite	ADVC Trail Team	Senior Masculino	02:13:48	+35:52	06:41
13	290	Sérgio Vale	Furfor Running Project	Senior Masculino	02:14:03	+36:08	06:42
14	343	Pedro Sousa	Individual	Senior Masculino	02:14:03	+36:08	06:42
15	416	Rui Cigre	Linces do Marão	Senior Masculino	02:15:36	+37:40	06:47
16	468	António Mendes	Tuga Mobile ADAP Trail	Senior Masculino	02:16:15	+38:19	06:49
17	340	Paulo Elias	Individual	Senior Masculino	02:16:32	+38:37	06:50
18	210	Mário Nogueira	AD Marco 09	Senior Masculino	02:17:11	+39:16	06:52
19	249	Luís Silva	Brabus Runners	Senior Masculino	02:18:08	+40:13	06:54
20	282	Rui Vilares	Fojo Trail Team	Senior Masculino	02:18:34	+40:38	06:56
21	204	Tiago David Almeida Marinho	1léguaD'trail	Senior Masculino	02:18:46	+40:50	06:56
22	227	Pedro Ribeiro Barros	ADVC trail team	Senior Masculino	02:19:08	+41:13	06:57
23	320	Fábio Campos	Individual	Senior Masculino	02:23:05	+45:10	07:09

Official Timekeeper: Lap2Go	1 / 6	generate 17-dez.-2023 14:16
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Trail Curto

20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

24	244	Hugo Azevedo	Atletas 100%	Senior Masculino	02:23:50	+45:54	07:11
25	309	André Martins	Individual	Senior Masculino	02:24:13	+46:17	07:13
26	327	Jorge Monteiro	Individual	Senior Masculino	02:25:36	+47:40	07:17
27	349	Vítor Monteiro	Individual	Senior Masculino	02:25:40	+47:44	07:17
28	319	Davide Samuel Moura Carvalho	Individual	Senior Masculino	02:25:43	+47:47	07:17
29	218	Diogo Resende	ADC SANTA ISABEL	Senior Masculino	02:27:06	+49:10	07:21
30	429	Lúcio Gomes	NOCTURNOS DE PAREDES	Senior Masculino	02:28:49	+50:54	07:26
31	438	Hugo Lobo	PapaTrilhos	Senior Masculino	02:29:15	+51:20	07:28
32	317	Daniel Lopes	Individual	Senior Masculino	02:31:27	+53:32	07:34
33	331	Luís Pinto	Individual	Senior Masculino	02:32:23	+54:27	07:37
34	461	João Pereira	Temos Tempo	Senior Masculino	02:32:59	+55:04	07:39
35	332	Manuel Babo	Individual	Senior Masculino	02:37:51	+59:56	07:54
36	313	Bruno Queirós	Individual	Senior Masculino	02:38:31	+01:00:36	07:56
37	348	Thomas Magalhães	Individual	Senior Masculino	02:39:29	+01:01:33	07:58
38	310	André Silva	Individual	Senior Masculino	02:40:47	+01:02:52	08:02
39	312	Bruno Daniel Da Silva Monteiro	Individual	Senior Masculino	02:40:48	+01:02:52	08:02
40	245	Manuel de Meireles Leite	Atletas 100%	Senior Masculino	02:44:28	+01:06:33	08:13
41	334	Maurício Barros	Individual	Senior Masculino	02:45:51	+01:07:56	08:18
42	314	Bruno Teixeira	Individual	Senior Masculino	02:45:52	+01:07:56	08:18
43	469	Paulo Alexandre Freitas Sousa	Tuga Mobile ADAP Trail	Senior Masculino	02:45:59	+01:08:03	08:18
44	339	NUNO CUNHA	Individual	Senior Masculino	02:46:35	+01:08:40	08:20
45	347	Sérgio Barroso	Individual	Senior Masculino	02:46:37	+01:08:41	08:20
46	415	Hélio Polido	Linces do Marão	Senior Masculino	02:48:54	+01:10:59	08:27
47	466	Bruno Maia	Travanca Runners	Senior Masculino	02:49:06	+01:11:11	08:27
48	325	João Francisco Vieira	Individual	Senior Masculino	02:49:38	+01:11:43	08:29
49	201	Tiago Lopes	#cabrasdomonte	Senior Masculino	02:51:48	+01:13:52	08:35
50	203	Pedro Barros	1léguaD'trail	Senior Masculino	02:57:19	+01:19:24	08:52
51	456	Bruno Manuel Pinto Bonifácio	Só Arrastados	Senior Masculino	02:59:05	+01:21:10	08:57
52	323	Hélder Teixeira	Individual	Senior Masculino	03:00:03	+01:22:08	09:00
53	430	Pedro Mendes	NOCTURNOS DE PAREDES	Senior Masculino	03:02:25	+01:24:29	09:07
54	337	Nelson Teixeira	Individual	Senior Masculino	03:03:39	+01:25:43	09:11
55	235	Pedro Lopes	ARRASTASSOLAS	Senior Masculino	03:08:59	+01:31:03	09:27
56	443	Eduardo Ferreira	Riofit	Senior Masculino	03:12:30	+01:34:34	09:37
57	335	Milton Leonardo Silva Lopes	Individual	Senior Masculino	03:12:37	+01:34:42	09:38
58	322	Francisco Guimarães	Individual	Senior Masculino	03:12:38	+01:34:43	09:38
59	255	Diogo Fernandes	Brigadeiros	Senior Masculino	03:12:38	+01:34:43	09:38
60	333	Mario Sa	Individual	Senior Masculino	03:18:54	+01:40:59	09:57
61	344	Pedro Valverse	Individual	Senior Masculino	03:24:34	+01:46:39	10:14
62	345	Ricardo Luís Machado Gonçalves	Individual	Senior Masculino	03:26:15	+01:48:19	10:19
63	326	João Moreira	Individual	Senior Masculino	03:52:37	+02:14:41	11:38
64	321	Francisco Almeida	Individual	Senior Masculino	03:52:37	+02:14:41	11:38
65	308	André Luís Reis Morgado	Individual	Senior Masculino	04:00:36	+02:22:41	12:02
66	311	António Filipe dos Santos Azevedo Pinho	Individual	Senior Masculino	04:22:00	+02:44:04	13:06
67	266	Abel Moreira	Clube Trilheiros & Amigos	Senior Masculino	04:29:18	+02:51:22	13:28

Trail Curto
20 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

68	341	Paulo Ricardo Leão Pereira Santos	Individual	Senior Masculino	04:29:21	+02:51:25	13:28
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Veterana F40

1	213	Gisela Sousa	AD Marco 09	Veterana F40	02:12:17		06:37
2	214	Margarida Sousa	AD Marco 09	Veterana F40	02:15:35	+03:17	06:47
3	458	Margarida Dantas	TEAM LANTEMIL	Veterana F40	02:37:52	+25:34	07:54
4	276	Patrícia Palmeira	DUELO D'OCCASIAO	Veterana F40	02:42:15	+29:57	08:07
5	86	Liliana Carvalho	Linces do Marão	Veterana F40	02:46:24	+34:07	08:19
6	439	Lucinda Marques	Paredes Running	Veterana F40	02:48:21	+36:04	08:25
7	256	Carla Pinto	Caça Raposas-2023	Veterana F40	02:52:44	+40:27	08:38
8	205	Alice Barbosa Pereira	A. D. AMARANTE	Veterana F40	02:56:56	+44:38	08:51
9	444	Susana Silva	Riofit	Veterana F40	03:13:31	+01:01:14	09:41
10	223	Fátima Freitas	Adtr Travassos Running	Veterana F40	03:24:56	+01:12:38	10:15
11	431	Margarida Silva	NOCTURNOS DE PAREDES	Veterana F40	03:59:30	+01:47:12	11:59
12	352	Carla Costa	Individual	Veterana F40	04:00:37	+01:48:19	12:02
13	267	Luísa Gonçalves	Clube Trilheiros & Amigos	Veterana F40	04:29:20	+02:17:03	13:28

Veterana F50

1	356	Lucinda Sousa	Individual	Veterana F50	02:09:34		06:29
2	355	Fátima Correia	Individual	Veterana F50	02:31:22	+21:48	07:34
3	418	Céu Costa	Linces do Marão	Veterana F50	02:36:58	+27:24	07:51
4	358	Mena Costa	Individual	Veterana F50	02:48:44	+39:10	08:26
5	425	Paula Sousa	Lousada Trilhos	Veterana F50	02:53:20	+43:46	08:40
6	354	Cláudia Monterroso	Individual	Veterana F50	03:06:42	+57:08	09:20
7	257	Maria Dias	Caça Raposas-2023	Veterana F50	03:10:10	+01:00:36	09:31
8	359	Paula Cristina Oliveira Silva	Individual	Veterana F50	03:14:09	+01:04:34	09:42
9	270	Cândida Vilas-Boas	Clube Zupper	Veterana F50	03:50:24	+01:40:50	11:31
10	417	Ana Marcelino	Linces do Marão	Veterana F50	04:00:38	+01:51:03	12:02

Veterana F60

1	419	Amitaf Costa	Linces do Marão	Veterana F60	02:58:01		08:54
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Veterano M40

1	280	Pedro Santos	EDV - Viana Trail	Veterano M40	01:43:19		05:10
2	432	José Meneses	NOCTURNOS DE PAREDES	Veterano M40	01:45:16	+01:57	05:16
3	254	Ricardo Vieira	Brabus Runners	Veterano M40	01:53:08	+09:49	05:39
4	421	Filipe Novais	Linces do Marão	Veterano M40	01:57:49	+14:29	05:53
5	291	Fábio Pinto	Furfur Running Project	Veterano M40	01:59:05	+15:45	05:57
6	363	Bruno Costa	Individual	Veterano M40	02:01:58	+18:38	06:06

Trail Curto

20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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7	368	Filipe Pinto	Individual	Veterano M40	02:05:35	+22:15	06:17
8	250	Cesário Leite	Brabus Runners	Veterano M40	02:05:43	+22:23	06:17
9	279	Orlando Rocha	EDV - Viana Trail	Veterano M40	02:05:46	+22:27	06:17
10	422	Nuno Duarte	Linces do Marão	Veterano M40	02:08:26	+25:07	06:25
11	253	Ricardo Sampaio	Brabus Runners	Veterano M40	02:12:05	+28:45	06:36
12	474	BRUNO MELO	Valongo trail team	Veterano M40	02:12:50	+29:31	06:39
13	424	Romeu Carvalho	Linces do Marão	Veterano M40	02:12:52	+29:32	06:39
14	219	Fernando Augusto	ADC SANTA ISABEL	Veterano M40	02:15:01	+31:42	06:45
15	388	Ricardo Costa	Individual	Veterano M40	02:15:32	+32:12	06:47
16	274	Joaquim Manuel da Silva Correia	DUELO D'OCASIAO	Veterano M40	02:15:52	+32:33	06:48
17	427	Nuno sousa	Lousada Trilhos	Veterano M40	02:15:58	+32:39	06:48
18	268	Ricardo Silva	Clube Trilheiros & Amigos	Veterano M40	02:16:13	+32:53	06:49
19	206	Daniel Santos	A. D. AMARANTE	Veterano M40	02:16:28	+33:08	06:49
20	366	David Ferreira	Individual	Veterano M40	02:17:38	+34:19	06:53
21	390	Rui Orlando Neto	Individual	Veterano M40	02:17:40	+34:21	06:53
22	391	Rui Pinto	Individual	Veterano M40	02:19:04	+35:45	06:57
23	450	Rómulo Silva	S4L MEDENSE FC	Veterano M40	02:19:18	+35:58	06:58
24	470	Carlos Moreira	Tuga Mobile ADAP Trail	Veterano M40	02:19:26	+36:06	06:58
25	441	Manuel Barbosa	Paredes Running	Veterano M40	02:20:01	+36:42	07:00
26	480	Bruno santos	A. D. AMARANTE	Veterano M40	02:20:12	+36:52	07:01
27	246	Cândido Costa	Atletas 100%	Veterano M40	02:20:16	+36:57	07:01
28	269	Vitor Carneiro	Clube Trilheiros & Amigos	Veterano M40	02:20:34	+37:15	07:02
29	442	Filipe Nascimento	PORTO SENTIDO RUNNERS	Veterano M40	02:21:27	+38:07	07:04
30	228	Augusto Manuel Ribeiro Fernandes	ADVC trail team	Veterano M40	02:21:52	+38:33	07:06
31	393	Sérgio Chacim	Individual	Veterano M40	02:22:39	+39:19	07:08
32	299	Pedro Matos	GONDOMAR FUTSAL CLUBE	Veterano M40	02:22:50	+39:30	07:08
33	471	Paulo inverneiro	Tuga Mobile ADAP Trail	Veterano M40	02:23:07	+39:47	07:09
34	389	Ricardo Rodrigues	Individual	Veterano M40	02:23:54	+40:35	07:12
35	420	Carlos matos	Linces do Marão	Veterano M40	02:24:06	+40:47	07:12
36	449	André Fraga	S4L MEDENSE FC	Veterano M40	02:24:53	+41:33	07:15
37	361	ANTONIO ALVES	Individual	Veterano M40	02:25:34	+42:15	07:17
38	298	Paulo Alves	GONDOMAR FUTSAL CLUBE	Veterano M40	02:28:33	+45:13	07:26
39	372	João Pedro R. Pereira	Individual	Veterano M40	02:29:43	+46:24	07:29
40	423	Nuno Pinto	Linces do Marão	Veterano M40	02:31:05	+47:45	07:33
41	386	Pedro Coelho	Individual	Veterano M40	02:31:23	+48:04	07:34
42	365	Daniel Abreu	Individual	Veterano M40	02:31:24	+48:05	07:34
43	392	Rui Teixeira	Individual	Veterano M40	02:36:50	+53:31	07:51
44	378	Luís Martins	Individual	Veterano M40	02:38:31	+55:12	07:56
45	238	Leandro Teixeira	Associação Desportiva Nós Acreditamos	Veterano M40	02:39:14	+55:54	07:58
46	383	Nelson Renato Costa Silveira	Individual	Veterano M40	02:40:57	+57:38	08:03
47	379	Luís Miguel Ribeiro	Individual	Veterano M40	02:42:15	+58:55	08:07
48	395	Vitor Pedroso	Individual	Veterano M40	02:43:40	+01:00:21	08:11
49	376	Kiko Bento	Individual	Veterano M40	02:43:59	+01:00:40	08:12
50	367	Filipe Abreu	Individual	Veterano M40	02:45:14	+01:01:55	08:16
51	385	Paulo Rocha	Individual	Veterano M40	02:46:17	+01:02:57	08:19
52	374	José Ribeiro	Individual	Veterano M40	02:50:26	+01:07:07	08:31

Trail Curto

20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

17	240	Antônio Pereira	Associação Desportiva Nós Acreditamos	Veterano M50	02:27:27	+32:44	07:22
18	448	Pedro Marques	S4L MEDENSE FC	Veterano M50	02:39:17	+44:34	07:58
19	479	António Miranda	WOLVES	Veterano M50	02:39:36	+44:54	07:59
20	453	Rui Miguel Moreira Mota	S4L MEDENSE FC	Veterano M50	02:39:57	+45:15	08:00
21	407	Orlando Manuel de Sousa Carvalho	Individual	Veterano M50	02:40:59	+46:16	08:03
22	446	Noel Pereira	Riofit	Veterano M50	02:44:51	+50:09	08:15
23	401	Izalde Martins	Individual	Veterano M50	02:46:15	+51:33	08:19
24	406	Manuel Teixeira Ferreira	Individual	Veterano M50	02:48:11	+53:28	08:25
25	451	Eugénio Soares	S4L MEDENSE FC	Veterano M50	02:49:38	+54:56	08:29
26	400	Eduardo Sousa Cardoso	Individual	Veterano M50	02:52:07	+57:25	08:36
27	409	Vitor Pinto	Individual	Veterano M50	02:52:08	+57:26	08:36
28	241	Armando Cardoso	Associação Desportiva Nós Acreditamos	Veterano M50	02:55:40	+01:00:58	08:47
29	397	António Sousa	Individual	Veterano M50	02:56:47	+01:02:05	08:50
30	231	ANTONIO NUNES	AMIGOS DO TRAIL MESÃO FRIO	Veterano M50	03:00:08	+01:05:25	09:00
31	399	Christophe Ferreira	Individual	Veterano M50	03:06:43	+01:12:01	09:20
32	445	Joaquim Oliveira	Riofit	Veterano M50	03:13:33	+01:18:50	09:41
33	455	Fernando Oliveira	São Team	Veterano M50	03:15:58	+01:21:16	09:48
34	408	Vitor Dias	Individual	Veterano M50	03:16:43	+01:22:01	09:50
35	478	João Morais	Velozes Mas Preguiçosos	Veterano M50	03:29:33	+01:34:51	10:29
36	434	José Moura	NOCTURNOS DE PAREDES	Veterano M50	03:45:05	+01:50:23	11:15

Veterano M60

1	454	António Rocha	S4L MEDENSE FC	Veterano M60	02:12:14		06:37
2	263	Fernando Seabra	Caminhadas da Amizade	Veterano M60	02:15:49	+03:35	06:47
3	243	Francisco Lemos	Associação Desportiva Nós Acreditamos	Veterano M60	02:20:14	+07:59	07:01
4	247	Manuel Azevedo	Atletas 100%	Veterano M60	02:22:51	+10:36	07:09
5	412	José Pereira	Individual	Veterano M60	02:30:00	+17:46	07:30
6	410	Antonio Carlos	Individual	Veterano M60	02:33:35	+21:21	07:41
7	411	Jorge Silva	Individual	Veterano M60	02:36:58	+24:44	07:51
8	208	Fernando Queirós	A. D. AMARANTE	Veterano M60	02:37:54	+25:39	07:54
9	261	Paulo Moreira	Caça Raposas-2023	Veterano M60	03:10:11	+57:57	09:31
10	262	Rui Quinta	Caça Raposas-2023	Veterano M60	03:33:02	+01:20:48	10:39

MINI TRAIL - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:15	8°C	62%
End	13:19	8°C	62%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	778	Nelson Loureiro	opraticante.pt	56:30		04:43	
2	612	Isáias de Pina	Grupo Desportivo Rgs Atletismo	57:24	+00:54	04:47	
3	765	Luís Gomes	MSS Grupo Desportivo de Gondomar	01:02:08	+05:38	05:11	
4	779	Abílio Fernandes	opraticante.pt	01:03:07	+06:37	05:16	
5	611	Ailton Guimarães	Grupo Desportivo Rgs Atletismo	01:04:33	+08:03	05:23	
6	645	Emanuel Rocha	Individual	01:07:26	+10:56	05:37	
7	517	Alexandre Pinto	AMIGO Trail Run	01:07:26	+10:56	05:37	
8	526	António Monteiro	AMIGO Trail Run	01:07:51	+11:21	05:39	
9	518	Wilson Filipe Pinto Cardoso	AMIGO Trail Run	01:08:45	+12:15	05:44	
10	509	Roberto Freitas	adsebolido trail	01:08:45	+12:15	05:44	
11	575	Leonel Videira	CHAVES RUNNING TEAM	01:08:49	+12:19	05:44	
12	776	Célia Neto	opraticante.pt	01:08:53	+12:23	05:44	
13	788	Rui Coelho	PATROL MOJ	01:08:55	+12:25	05:45	
14	750	José Queiroz	Lá vamos nós!	01:08:59	+12:29	05:45	
15	501	Tania Covas Costa	.COM-Clube Ori Minho	01:09:00	+12:30	05:45	
16	527	Armando João Rodrigues Ribeiro	AMIGO Trail Run	01:09:54	+13:24	05:49	
17	646	Fernando Costa	Individual	01:10:07	+13:37	05:51	
18	638	Carlos Filipe da Rocha	Individual	01:10:17	+13:47	05:51	
19	766	Luís Silvestre	MSS Grupo Desportivo de Gondomar	01:11:22	+14:52	05:57	
20	659	Leandro Silva	Individual	01:12:01	+15:31	06:00	
21	520	A. Monteiro	AMIGO Trail Run	01:12:11	+15:41	06:01	
22	653	João Filipe Cunha Ferreira	Individual	01:12:24	+15:54	06:02	
23	649	Flávio Pinto Nunes	Individual	01:12:34	+16:04	06:03	
24	524	Nuno Pereira	AMIGO Trail Run	01:12:47	+16:17	06:04	
25	754	Casimiro Correia	Lixa Bike Team	01:13:00	+16:30	06:05	
26	853	Manuel Teixeira	WOLVES	01:13:08	+16:38	06:06	
27	810	Joaquim Cunha	S4L MEDENSE FC	01:13:12	+16:42	06:06	
28	713	José Carlos Silva Lemos	Individual	01:13:13	+16:43	06:06	
29	519	Goreti Correia	AMIGO Trail Run	01:13:16	+16:46	06:06	
30	580	André Correia	DUELO D'OCASIAO	01:13:40	+17:10	06:08	
31	718	Moisés Machado	Individual	01:14:45	+18:15	06:14	
32	756	Domingos domingues	Lobos do brunheiro /anteros	01:14:50	+18:20	06:14	
33	769	Samuel Santos	NOCTURNOS DE PAREDES	01:15:20	+18:50	06:17	
34	503	Tiago Barros	1léguaD'trail	01:15:28	+18:58	06:17	
35	591	Manuel Gonçalves	Fojo Trail Team	01:15:50	+19:20	06:19	
36	777	Henrique Loureiro	opraticante.pt	01:16:31	+20:01	06:23	
37	664	Rafael Barbosa	Individual	01:16:43	+20:13	06:24	
38	712	José Azevedo	Individual	01:16:58	+20:28	06:25	
39	590	Flavio Pinto	Fojo Trail Team	01:17:29	+20:59	06:27	
40	523	José Madureira	AMIGO Trail Run	01:17:34	+21:04	06:28	
41	669	Tiago André	Individual	01:18:02	+21:32	06:30	
42	544	Eugénio Cunha	Associação Desportiva Nós Acreditamos	01:18:12	+21:42	06:31	

MINI TRAIL - STAGE 1
12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	542	Natércia Freitas	Associação Desportiva Nós Acreditamos	01:18:23	+21:53	06:32	
44	652	João Abreu	Individual	01:18:35	+22:05	06:33	
45	522	Jorge Mota	AMIGO Trail Run	01:18:39	+22:09	06:33	
46	504	Carina Pereira	A. D. AMARANTE	01:18:47	+22:17	06:34	
47	661	Luis Neves	Individual	01:19:03	+22:33	06:35	
48	699	António Coelho	Individual	01:19:10	+22:40	06:36	
49	574	Rosa Carmo	CHAVES RUNNING TEAM	01:19:16	+22:46	06:36	
50	729	António Dinis	Individual	01:19:18	+22:48	06:36	
51	746	Manuel costa	Individual	01:19:29	+22:59	06:37	
52	838	Marcelo Teixeira	The Newbies	01:19:29	+22:59	06:37	
53	723	Paulo Torres	Individual	01:19:33	+23:03	06:38	
54	736	Jose Carvalho	Individual	01:19:38	+23:08	06:38	
55	600	Carlos Ferreira	Geadas Running	01:19:47	+23:17	06:39	
56	588	Ricardo Lopes	Fojo Trail Team	01:19:56	+23:26	06:40	
57	633	Telma Sousa	ASC Sobrado	01:20:04	+23:34	06:40	
58	648	Filipe Teixeira	Individual	01:20:07	+23:37	06:41	
59	728	Adao bessa	Individual	01:21:25	+24:55	06:47	
60	582	Márcio Botelho	DUELO D'OCASIAO	01:21:39	+25:09	06:48	
61	700	António Orlando de Queirós Marinho	Individual	01:21:56	+25:26	06:50	
62	775	Cristiana Daniela Lima Queirós	Nova Linha Trail Runners	01:22:01	+25:31	06:50	
63	727	Vítor Martins	Individual	01:22:22	+25:52	06:52	
64	791	João Maia	PATROL MOJ	01:22:36	+26:06	06:53	
65	607	Francisco de Sousa Teixeira	Geadas Running	01:22:40	+26:10	06:53	
66	719	Nuno Coast	Individual	01:23:08	+26:38	06:56	
67	540	Luís Silva	Associação Desportiva Nós Acreditamos	01:23:21	+26:51	06:57	
68	711	Jorge Manuel Silva Raimundo	Individual	01:23:32	+27:02	06:58	
69	689	Filomena Neto	Individual	01:24:18	+27:48	07:01	
70	589	Tiago Soares	Fojo Trail Team	01:24:23	+27:53	07:02	
71	720	Nuno Lemos	Individual	01:24:50	+28:20	07:04	
72	826	Jorge Guimaraes	SMILE FOR NATURE	01:25:10	+28:40	07:06	
73	740	Rui Manuel Monteiro Vieira	Individual	01:25:16	+28:46	07:06	
74	510	Domingos Ferreira	adsebolido trail	01:25:16	+28:46	07:06	
75	613	Ana Pires	Individual	01:26:32	+30:02	07:13	
76	305	Patricia Fernandes	Individual	01:26:32	+30:02	07:13	
77	473	João Gonçalves	DUELO D'OCASIAO	01:26:45	+30:15	07:14	
78	508	Ricardo sousa	adsebolido trail	01:26:48	+30:18	07:14	
79	515	Albino Bento	Adtr Travassos Running	01:26:56	+30:26	07:15	
80	529	Joaquim Ferreira	AMIGO Trail Run	01:27:01	+30:31	07:15	
81	755	Paula adagoi	Lobos do brunheiro /anteros	01:27:14	+30:44	07:16	
82	739	Rui Bica	Individual	01:27:20	+30:50	07:17	
83	796	Marcos André Neves dos Santos	S4L MEDENSE FC	01:27:28	+30:58	07:17	
84	797	Nuno Mota	S4L MEDENSE FC	01:27:29	+30:59	07:17	
85	798	Sandro Filipe Pinto Pinheiro	S4L MEDENSE FC	01:27:29	+30:59	07:17	
86	668	Rui Pinto	Individual	01:27:31	+31:01	07:18	
87	602	Nuno Cunha	Geadas Running	01:27:41	+31:11	07:18	
88	530	António Pinto	AMIGOS DO TRAIL MESÃO FRIO	01:27:51	+31:21	07:19	

MINI TRAIL - STAGE 1
12 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	619	Fátima Cruz	Individual	01:28:10	+31:40	07:21	
90	710	Henrique Almeida	Individual	01:28:12	+31:42	07:21	
91	560	Miguel Mesquita	Atletas 100%	01:29:37	+33:07	07:28	
92	636	António Ferreira	Individual	01:29:42	+33:12	07:29	
93	840	Carla Daniela Pinto Teixeira	Tuga Mobile ADAP Trail	01:30:05	+33:35	07:30	
94	587	Alberto Barros	Espírito jovem	01:30:14	+33:44	07:31	
95	787	Pedro Xavier Baldaia	PATROL MOJ	01:30:21	+33:51	07:32	
96	825	Hugo Guimaraes	SMILE FOR NATURE	01:30:25	+33:55	07:32	
97	548	Joaquim Silva	Associação Desportiva Nós Acreditamos	01:31:23	+34:53	07:37	
98	514	Rosalina Marinho	Adtr Travassos Running	01:31:27	+34:57	07:37	
99	578	Nuno Teixeira	Coxos e mancos-Felgueiras City	01:31:30	+35:00	07:38	
100	703	Bruno manuel martins ribeiro	Individual	01:31:45	+35:15	07:39	
101	502	Octávio Andrade	.COM-Clube Ori Minho	01:32:33	+36:03	07:43	
102	789	Lília Magalhães	PATROL MOJ	01:32:42	+36:12	07:44	
103	647	Filipe Pereira	Individual	01:32:54	+36:24	07:45	
104	715	Manuel Azevedo	Individual	01:32:57	+36:27	07:45	
105	705	Carlos Pinto	Individual	01:33:05	+36:35	07:45	
106	394	Tiago Ramos	Individual	01:33:07	+36:37	07:46	
107	382	Nelson Mourão	Individual	01:33:08	+36:38	07:46	
108	605	Bruno Carvalho	Geadas Running	01:35:21	+38:51	07:57	
109	857	Davide Ribeiro	Individual	01:35:58	+39:28	08:00	
110	567	Clara Lima	Caça Raposas-2023	01:36:16	+39:46	08:01	
111	622	Isabel Queirós	Individual	01:36:23	+39:53	08:02	
112	583	Sergio Coelho	Eles andem ai	01:36:24	+39:54	08:02	
113	780	Tiago Melo	PapaTrilhos	01:36:27	+39:57	08:02	
114	629	Sandra Carvalho	Individual	01:36:27	+39:57	08:02	
115	764	Ricardo Meireles	Mountain Runners	01:36:28	+39:58	08:02	
116	706	Daniel Silva	Individual	01:37:04	+40:34	08:05	
117	707	Emanuel Figueiredo	Individual	01:37:06	+40:36	08:06	
118	625	Marta Oliveira	ASC Sobrado	01:37:26	+40:56	08:07	
119	507	Ana Cruz	ADC	01:37:31	+41:01	08:08	
120	577	Sandro Silva	Clube Naval de São Vicente	01:37:31	+41:01	08:08	
121	725	Tiago Freitas	Individual	01:37:32	+41:02	08:08	
122	724	Pedro Teixeira	Individual	01:37:33	+41:03	08:08	
123	805	João Teles	S4L MEDENSE FC	01:38:16	+41:46	08:11	
124	803	Hugo Santos	S4L MEDENSE FC	01:38:17	+41:47	08:11	
125	806	Mário Pedro dos Santos Ferreira	S4L MEDENSE FC	01:38:17	+41:47	08:11	
126	539	Gabriel pinto	Associação Desportiva Nós Acreditamos	01:38:42	+42:12	08:14	
127	603	Marília Guedes	Geadas Running	01:38:51	+42:21	08:14	
128	599	Lisandra Teixeira	Geadas Running	01:38:51	+42:21	08:14	
129	581	Amadeu Valente	DUELO D'OCASIAO	01:39:01	+42:31	08:15	
130	839	Ana Soraia Freitas Sousa	Tuga Mobile ADAP Trail	01:39:42	+43:12	08:19	
131	576	Solange rodrigues	CHAVES RUNNING TEAM	01:40:04	+43:34	08:20	
132	823	Afonso Barros	Show do Rodolfo	01:40:17	+43:47	08:21	
133	824	José Soares	Show do Rodolfo	01:40:17	+43:47	08:21	
134	559	Diogo Marinho	Atletas 100%	01:40:18	+43:48	08:21	

MINI TRAIL - STAGE 1**12 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
180	783	Ana Araújo	PATROL MOJ	01:46:54	+50:24	08:55	
181	848	Ricardo Cabral	Villae - Creative Studio	01:47:12	+50:42	08:56	
182	846	Elsa de Sousa	Villae - Creative Studio	01:47:13	+50:43	08:56	
183	555	Catarina Pereira	Atletas 100%	01:47:44	+51:14	08:59	
184	618	Cristiana Campos	Individual	01:48:12	+51:42	09:01	
185	745	Jaime Teixeira	Individual	01:48:13	+51:43	09:01	
186	733	João Francisco Carvalho Teixeira	Individual	01:48:34	+52:04	09:03	
187	702	Berná Teixeira	Individual	01:48:36	+52:06	09:03	
188	506	Vítor Queirós	AD Marco 09	01:48:39	+52:09	09:03	
189	814	Conceição Pinto	São Team	01:48:41	+52:11	09:03	
190	697	Albino Augusto Pires Machado	Individual	01:48:58	+52:28	09:05	
191	685	Raquel Emília Sousa Pereira	Individual	01:49:52	+53:22	09:09	
192	752	Manuela Magalhães	L-Center Gym	01:50:10	+53:40	09:11	
193	435	Nelson de Castro e Santos	Npsantos	01:50:20	+53:50	09:12	
194	708	Filipe Pinto	Individual	01:50:25	+53:55	09:12	
195	782	Antonio Barbosa	Paredes Running	01:50:30	+54:00	09:12	
196	849	Rodrigo Barbosa	Villae - Creative Studio	01:50:37	+54:07	09:13	
197	852	Cristina Coelho	WOLVES	01:50:58	+54:28	09:15	
198	569	Luis Peixoto	Caça Raposas-2023	01:51:15	+54:45	09:16	
199	781	Sonia Silva	Paredes Running	01:52:01	+55:31	09:20	
200	748	Hélder Gonçalves	Lá vamos nós!	01:52:06	+55:36	09:20	
201	558	Daniel Pereira	Atletas 100%	01:52:10	+55:40	09:21	
202	799	Lígia Freitas	S4L MEDENSE FC	01:52:18	+55:48	09:22	
203	807	Paulo Freitas	S4L MEDENSE FC	01:52:19	+55:49	09:22	
204	670	Tiago Dias	Individual	01:52:46	+56:16	09:24	
205	627	Patrícia Sousa	Individual	01:52:47	+56:17	09:24	
206	533	Pedro Ferreira	AMTrail	01:53:03	+56:33	09:25	
207	531	Davide Pimenta	AMTrail	01:53:03	+56:33	09:25	
208	827	Alicia Lopes	SMILE FOR NATURE	01:53:08	+56:38	09:26	
209	673	Cláudia Gonçalves	Individual	01:53:41	+57:11	09:28	
210	556	Diana Pereira	Atletas 100%	01:53:46	+57:16	09:29	
211	696	Maria Sousa	Individual	01:54:47	+58:17	09:34	
212	665	Ricardo Borges Vieira	Individual	01:55:51	+59:21	09:39	
213	768	Ruben Baião	NOCTURNOS DE PAREDES	01:57:24	+01:00:54	09:47	
214	767	Marta Barbosa	NOCTURNOS DE PAREDES	01:57:24	+01:00:54	09:47	
215	604	Sandrina Queiroz	Geadas Running	01:58:04	+01:01:34	09:50	
216	847	Pedro Gomes	Villae - Creative Studio	01:58:11	+01:01:41	09:51	
217	817	Jose Fernandes	São Team	01:58:14	+01:01:44	09:51	
218	747	Célia Sousa	Lá vamos nós!	01:58:23	+01:01:53	09:52	
219	804	João Pedro Sousa	S4L MEDENSE FC	01:58:44	+01:02:14	09:54	
220	795	Marco Oliveira Zamalek	S4L MEDENSE FC	01:58:44	+01:02:14	09:54	
221	655	João Pedro Dias Magalhães	Individual	01:58:53	+01:02:23	09:54	
222	630	Sandra Veríssimo	Individual	01:59:42	+01:03:12	09:59	
223	785	André Moreira	PATROL MOJ	01:59:43	+01:03:13	09:59	
224	742	Abílio Neves	Individual	01:59:53	+01:03:23	09:59	
225	675	Eduarda Freitas	Individual	02:00:46	+01:04:16	10:04	

MINI TRAIL - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
226	692	Ana corina neves silva	Individual	02:01:16	+01:04:46	10:06	
227	709	Helder Miguel Fernandes Cerqueira	Individual	02:01:50	+01:05:20	10:09	
228	735	José Carlos Barbosa silva	Individual	02:04:02	+01:07:32	10:20	
229	773	João Leite	NOCTURNOS DE PAREDES	02:05:02	+01:08:32	10:25	
230	734	João Paulo Loureiro Ferreira	Individual	02:05:02	+01:08:32	10:25	
231	722	Paulo Ribeiro	Individual	02:06:46	+01:10:17	10:34	
232	676	Eliana correia	Individual	02:06:47	+01:10:17	10:34	
233	667	Rui Marques	Individual	02:06:48	+01:10:18	10:34	
234	606	António Quadros	Geadas Running	02:06:58	+01:10:28	10:35	
235	564	Ana Magalhaes	Caça Raposas-2023	02:06:58	+01:10:28	10:35	
236	570	Manuel Magalhães	Caça Raposas-2023	02:06:58	+01:10:28	10:35	
237	690	Isabel Vilas Boas	Individual	02:07:06	+01:10:36	10:35	
238	404	Luís Filipe Matos	Individual	02:07:14	+01:10:44	10:36	
239	732	Filipe Teixeira	Individual	02:09:13	+01:12:43	10:46	
240	620	Fernanda Cristina Vieira de Castro Pereira	Individual	02:09:34	+01:13:04	10:48	
241	621	Isabel Pereira	Individual	02:11:13	+01:14:43	10:56	
242	641	Daniel Pinto	Individual	02:11:13	+01:14:43	10:56	
243	650	Hugo Renato Mendes Monteiro	Individual	02:11:59	+01:15:29	11:00	
244	545	Filipe Cunha	Associação Desportiva Nós Acreditamos	02:11:59	+01:15:29	11:00	
245	792	Magda Pereira	Pipocas & Bombocas	02:12:47	+01:16:17	11:04	
246	793	Eugénia Sampaio	Pipocas & Bombocas	02:12:47	+01:16:17	11:04	
247	375	José Ricardo pinheiro	Individual	02:13:09	+01:16:39	11:06	
248	306	Rita basto	Individual	02:13:19	+01:16:49	11:07	
249	681	Maria Teixeira	Individual	02:14:06	+01:17:36	11:10	
250	671	Ana Ribeiro	Individual	02:14:06	+01:17:36	11:10	
251	579	Cristina Rocha	DUELO D'OCASIAO	02:14:21	+01:17:51	11:12	
252	541	Célia Coelho	Associação Desportiva Nós Acreditamos	02:16:40	+01:20:10	11:23	
253	762	Raquel Moreira	Madrugadores de Paredes	02:16:43	+01:20:13	11:24	
254	761	Filipa Costa	Madrugadores de Paredes	02:16:43	+01:20:13	11:24	
255	763	Hélder Cunha	Madrugadores de Paredes	02:16:44	+01:20:14	11:24	
256	771	Mara Santos	NOCTURNOS DE PAREDES	02:19:35	+01:23:05	11:38	
257	584	Cristina Manuela Gabriel Moura Neves	ELES ANDEM AI	02:19:43	+01:23:13	11:39	
258	585	Paula Silva	Eles andem ai	02:19:45	+01:23:15	11:39	
259	624	Mariana Sousa	Individual	02:19:45	+01:23:15	11:39	
260	744	Avelino Teixeira	Individual	02:23:24	+01:26:54	11:57	
261	694	Maria emilia teixeira	Individual	02:23:24	+01:26:54	11:57	
262	631	Tamina Reinehr	Individual	02:24:12	+01:27:42	12:01	
263	749	Maria Sousa	Lá vamos nós!	02:27:39	+01:31:09	12:18	
264	743	Álvaro Santos	Individual	02:35:58	+01:39:28	13:00	
265	837	Arnaldo Coutinho	Temos Tempo	02:37:09	+01:40:39	13:06	
266	405	Manuel Jorge Nogueira da Silva	Individual	02:38:36	+01:42:06	13:13	
267	682	Marisa Penetro	Individual	02:38:49	+01:42:19	13:14	
268	550	Celia Moreira	Associação trinca orelhas de gato	02:39:20	+01:42:50	13:17	
269	549	Elisabete Barroso	Associação trinca orelhas de gato	02:39:20	+01:42:50	13:17	
270	552	Joana Oliveira	Associação trinca orelhas de gato	02:39:21	+01:42:51	13:17	

MINI TRAIL - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
271	551	Elisabete Bacelo	Associação trinca orelhas de gato	02:39:21	+01:42:51	13:17	
272	553	Lúcia Ribeiro	Associação trinca orelhas de gato	02:39:21	+01:42:51	13:17	
273	554	Maria Neves	Associação trinca orelhas de gato	02:39:22	+01:42:52	13:17	
274	695	Maria Irene perreira nunes	Individual	02:47:44	+01:51:14	13:59	
275	828	Vânia Maia	SMILE FOR NATURE	02:59:40	+02:03:10	14:58	
276	829	Marcelo Morim	SMILE FOR NATURE	02:59:40	+02:03:10	14:58	

Mini Trail

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:15	8°C	62%
End	13:19	8°C	62%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	TKM
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Senior Feminino

1	776	Célia Neto	opraticante.pt	Senior Feminino	01:08:53		05:44
2	574	Rosa Carmo	CHAVES RUNNING TEAM	Senior Feminino	01:19:16	+10:23	06:36
3	633	Telma Sousa	ASCsObrado	Senior Feminino	01:20:04	+11:11	06:40
4	775	Cristiana Daniela Lima Queirós	Nova Linha Trail Runners	Senior Feminino	01:22:01	+13:07	06:50
5	613	Ana Pires	Individual	Senior Feminino	01:26:32	+17:39	07:13
6	305	Patrícia Fernandes	Individual	Senior Feminino	01:26:32	+17:39	07:13
7	619	Fátima Cruz	Individual	Senior Feminino	01:28:10	+19:17	07:21
8	840	Carla Daniela Pinto Teixeira	Tuga Mobile ADAP Trail	Senior Feminino	01:30:05	+21:12	07:30
9	622	Isabel Queirós	Individual	Senior Feminino	01:36:23	+27:29	08:02
10	629	Sandra Carvalho	Individual	Senior Feminino	01:36:27	+27:34	08:02
11	625	Marta Oliveira	ASCsObrado	Senior Feminino	01:37:26	+28:33	08:07
12	599	Lisandra Teixeira	Geadas Running	Senior Feminino	01:38:51	+29:58	08:14
13	839	Ana Soraia Freitas Sousa	Tuga Mobile ADAP Trail	Senior Feminino	01:39:42	+30:49	08:19
14	784	Ana Clara Silva	PATROL MOJ	Senior Feminino	01:40:25	+31:32	08:22
15	557	Lara Azevedo	Atletas 100%	Senior Feminino	01:42:30	+33:37	08:32
16	626	Patrícia Marques	Individual	Senior Feminino	01:43:35	+34:42	08:38
17	623	Mariana Ribeiro	Individual	Senior Feminino	01:45:40	+36:47	08:48
18	845	Liliana Teixeira	União Futebol Clube de Barqueiros	Senior Feminino	01:46:23	+37:30	08:52
19	783	Ana Araújo	PATROL MOJ	Senior Feminino	01:46:54	+38:01	08:55
20	846	Elsa de Sousa	Villae - Creative Studio	Senior Feminino	01:47:13	+38:19	08:56
21	555	Catarina Pereira	Atletas 100%	Senior Feminino	01:47:44	+38:50	08:59
22	618	Cristiana Campos	Individual	Senior Feminino	01:48:12	+39:19	09:01
23	627	Patrícia Sousa	Individual	Senior Feminino	01:52:47	+43:54	09:24
24	556	Diana Pereira	Atletas 100%	Senior Feminino	01:53:46	+44:52	09:29
25	767	Marta Barbosa	NOCTURNOS DE PAREDES	Senior Feminino	01:57:24	+48:31	09:47
26	747	Célia Sousa	Lá vamos nós!	Senior Feminino	01:58:23	+49:30	09:52
27	630	Sandra Veríssimo	Individual	Senior Feminino	01:59:42	+50:49	09:59
28	564	Ana Magalhaes	Caça Raposas-2023	Senior Feminino	02:06:58	+58:04	10:35
29	620	Fernanda Cristina Vieira de Castro Pereira	Individual	Senior Feminino	02:09:34	+01:00:40	10:48
30	621	Isabel Pereira	Individual	Senior Feminino	02:11:13	+01:02:19	10:56
31	792	Magda Pereira	Pipocas & Bombocas	Senior Feminino	02:12:47	+01:03:54	11:04
32	306	Rita basto	Individual	Senior Feminino	02:13:19	+01:04:26	11:07
33	624	Mariana Sousa	Individual	Senior Feminino	02:19:45	+01:10:52	11:39
34	631	Tamina Reinehr	Individual	Senior Feminino	02:24:12	+01:15:19	12:01
35	549	Elisabete Barroso	Associação trinca orelhas de gato	Senior Feminino	02:39:20	+01:30:27	13:17

Mini Trail**12 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Senior Masculino

1	612	Isáias de Pina	Grupo Desportivo Rgs Atletismo	Senior Masculino	57:24	04:47
2	765	Luís Gomes	MSS Grupo Desportivo de Gondomar	Senior Masculino	01:02:08	+04:43 05:11
3	611	Ailton Guimarães	Grupo Desportivo Rgs Atletismo	Senior Masculino	01:04:33	+07:08 05:23
4	645	Emanuel Rocha	Individual	Senior Masculino	01:07:26	+10:02 05:37
5	517	Alexandre Pinto	AMIGO Trail Run	Senior Masculino	01:07:26	+10:02 05:37
6	518	Wilson Filipe Pinto Cardoso	AMIGO Trail Run	Senior Masculino	01:08:45	+11:21 05:44
7	575	Leonel Videira	CHAVES RUNNING TEAM	Senior Masculino	01:08:49	+11:25 05:44
8	788	Rui Coelho	PATROL MOJ	Senior Masculino	01:08:55	+11:31 05:45
9	646	Fernando Costa	Individual	Senior Masculino	01:10:07	+12:43 05:51
10	638	Carlos Filipe da Rocha	Individual	Senior Masculino	01:10:17	+12:53 05:51
11	659	Leandro Silva	Individual	Senior Masculino	01:12:01	+14:37 06:00
12	653	João Filipe Cunha Ferreira	Individual	Senior Masculino	01:12:24	+14:59 06:02
13	649	Flávio Pinto Nunes	Individual	Senior Masculino	01:12:34	+15:10 06:03
14	769	Samuel Santos	NOCTURNOS DE PAREDES	Senior Masculino	01:15:20	+17:56 06:17
15	503	Tiago Barros	1léguaD'trail	Senior Masculino	01:15:28	+18:04 06:17
16	777	Henrique Loureiro	opraticante.pt	Senior Masculino	01:16:31	+19:07 06:23
17	664	Rafael Barbosa	Individual	Senior Masculino	01:16:43	+19:18 06:24
18	669	Tiago André	Individual	Senior Masculino	01:18:02	+20:37 06:30
19	652	João Abreu	Individual	Senior Masculino	01:18:35	+21:11 06:33
20	661	Luis Neves	Individual	Senior Masculino	01:19:03	+21:39 06:35
21	838	Marcelo Teixeira	The Newbies	Senior Masculino	01:19:29	+22:05 06:37
22	600	Carlos Ferreira	Geadas Running	Senior Masculino	01:19:47	+22:23 06:39
23	588	Ricardo Lopes	Fojo Trail Team	Senior Masculino	01:19:56	+22:31 06:40
24	648	Filipe Teixeira	Individual	Senior Masculino	01:20:07	+22:43 06:41
25	540	Luís Silva	Associação Desportiva Nós Acreditamos	Senior Masculino	01:23:21	+25:56 06:57
26	589	Tiago Soares	Fojo Trail Team	Senior Masculino	01:24:23	+26:58 07:02
27	826	Jorge Guimaraes	SMILE FOR NATURE	Senior Masculino	01:25:10	+27:46 07:06
28	796	Marcos André Neves dos Santos	S4L MEDENSE FC	Senior Masculino	01:27:28	+30:04 07:17
29	797	Nuno Mota	S4L MEDENSE FC	Senior Masculino	01:27:29	+30:05 07:17
30	798	Sandro Filipe Pinto Pinheiro	S4L MEDENSE FC	Senior Masculino	01:27:29	+30:05 07:17
31	668	Rui Pinto	Individual	Senior Masculino	01:27:31	+30:07 07:18
32	602	Nuno Cunha	Geadas Running	Senior Masculino	01:27:41	+30:17 07:18
33	560	Miguel Mesquita	Atletas 100%	Senior Masculino	01:29:37	+32:12 07:28
34	636	António Ferreira	Individual	Senior Masculino	01:29:42	+32:18 07:29
35	787	Pedro Xavier Baldaia	PATROL MOJ	Senior Masculino	01:30:21	+32:57 07:32
36	825	Hugo Guimaraes	SMILE FOR NATURE	Senior Masculino	01:30:25	+33:01 07:32
37	647	Filipe Pereira	Individual	Senior Masculino	01:32:54	+35:30 07:45
38	857	Davide Ribeiro	Individual	Senior Masculino	01:35:58	+38:34 08:00
39	583	Sergio Coelho	Eles andem ai	Senior Masculino	01:36:24	+38:59 08:02
40	780	Tiago Melo	PapaTrilhos	Senior Masculino	01:36:27	+39:03 08:02
41	539	Gabriel pinto	Associação Desportiva Nós Acreditamos	Senior Masculino	01:38:42	+41:18 08:14
42	823	Afonso Barros	Show do Rodolfo	Senior Masculino	01:40:17	+42:53 08:21

Mini Trail

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

43	824	José Soares	Show do Rodolfo	Senior Masculino	01:40:17	+42:53	08:21
44	559	Diogo Marinho	Atletas 100%	Senior Masculino	01:40:18	+42:54	08:21
45	786	Diogo Baldaia	PATROL MOJ	Senior Masculino	01:40:26	+43:01	08:22
46	639	Celestino Miguel Ribeiro Castro	Individual	Senior Masculino	01:40:37	+43:13	08:23
47	656	joao pinto	Individual	Senior Masculino	01:40:54	+43:30	08:24
48	634	Abel Cardoso	Individual	Senior Masculino	01:44:48	+47:24	08:44
49	643	Diogo Teixeira	Individual	Senior Masculino	01:45:04	+47:40	08:45
50	644	Elton Teixeira	Individual	Senior Masculino	01:45:06	+47:41	08:45
51	635	Antonio Castro	Individual	Senior Masculino	01:46:45	+49:21	08:54
52	848	Ricardo Cabral	Villae - Creative Studio	Senior Masculino	01:47:12	+49:47	08:56
53	506	Vítor Queirós	AD Marco 09	Senior Masculino	01:48:39	+51:15	09:03
54	849	Rodrigo Barbosa	Villae - Creative Studio	Senior Masculino	01:50:37	+53:13	09:13
55	748	Hélder Gonçalves	Lá vamos nós!	Senior Masculino	01:52:06	+54:42	09:20
56	558	Daniel Pereira	Atletas 100%	Senior Masculino	01:52:10	+54:46	09:21
57	670	Tiago Dias	Individual	Senior Masculino	01:52:46	+55:22	09:24
58	665	Ricardo Borges Vieira	Individual	Senior Masculino	01:55:51	+58:27	09:39
59	768	Ruben Baião	NOCTURNOS DE PAREDES	Senior Masculino	01:57:24	+01:00:00	09:47
60	847	Pedro Gomes	Villae - Creative Studio	Senior Masculino	01:58:11	+01:00:47	09:51
61	795	Marco Oliveira Zamalek	S4L MEDENSE FC	Senior Masculino	01:58:44	+01:01:20	09:54
62	655	João Pedro Dias Magalhães	Individual	Senior Masculino	01:58:53	+01:01:28	09:54
63	785	André Moreira	PATROL MOJ	Senior Masculino	01:59:43	+01:02:19	09:59
64	667	Rui Marques	Individual	Senior Masculino	02:06:48	+01:09:23	10:34
65	641	Daniel Pinto	Individual	Senior Masculino	02:11:13	+01:13:49	10:56
66	650	Hugo Renato Mendes Monteiro	Individual	Senior Masculino	02:11:59	+01:14:35	11:00

Veterana F40

1	501	Tania Covas Costa	.COM-Clube Ori Minho	Veterana F40	01:09:00		05:45
2	519	Goreti Correia	AMIGO Trail Run	Veterana F40	01:13:16	+04:15	06:06
3	542	Natércia Freitas	Associação Desportiva Nós Acreditamos	Veterana F40	01:18:23	+09:22	06:32
4	504	Carina Pereira	A. D. AMARANTE	Veterana F40	01:18:47	+09:47	06:34
5	755	Paula adagoi	Lobos do brunheiro /anteros	Veterana F40	01:27:14	+18:13	07:16
6	789	Lília Magalhães	PATROL MOJ	Veterana F40	01:32:42	+23:42	07:44
7	507	Ana Cruz	ADC	Veterana F40	01:37:31	+28:30	08:08
8	603	Marília Guedes	Geadas Running	Veterana F40	01:38:51	+29:50	08:14
9	672	Andra Julio	Individual	Veterana F40	01:40:41	+31:41	08:23
10	770	Mónica Gomes	NOCTURNOS DE PAREDES	Veterana F40	01:40:55	+31:55	08:25
11	683	Marisa Pinto	Individual	Veterana F40	01:41:28	+32:27	08:27
12	535	Helena Cunha	ARRASTASSOLAS	Veterana F40	01:42:26	+33:26	08:32
13	566	Valéria Coutinho	Caça Raposas-2023	Veterana F40	01:42:36	+33:35	08:33
14	679	Ligia Dias	Individual	Veterana F40	01:42:57	+33:56	08:35
15	684	Patrícia Pinto	Individual	Veterana F40	01:43:51	+34:51	08:39
16	565	Marta Rocha	Caça Raposas-2023	Veterana F40	01:43:52	+34:51	08:39
17	561	Marisa Medeiros	Atletas 100%	Veterana F40	01:44:39	+35:39	08:43
18	678	Lígia Alves	Individual	Veterana F40	01:46:15	+37:14	08:51

Official Timekeeper: Lap2Go	3 / 7	generate 17-dez.-2023 14:17
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Mini Trail**12 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

19	685	Raquel Emília Sousa Pereira	Individual	Veterana F40	01:49:52	+40:52	09:09
20	781	Sonia Silva	Paredes Running	Veterana F40	01:52:01	+43:00	09:20
21	799	Lígia Freitas	S4L MEDENSE FC	Veterana F40	01:52:18	+43:18	09:22
22	827	Alicia Lopes	SMILE FOR NATURE	Veterana F40	01:53:08	+44:08	09:26
23	673	Cláudia Gonçalves	Individual	Veterana F40	01:53:41	+44:41	09:28
24	604	Sandrina Queiroz	Geadas Running	Veterana F40	01:58:04	+49:04	09:50
25	675	Eduarda Freitas	Individual	Veterana F40	02:00:46	+51:46	10:04
26	676	Eliana correia	Individual	Veterana F40	02:06:47	+57:47	10:34
27	681	Maria Teixeira	Individual	Veterana F40	02:14:06	+01:05:05	11:10
28	671	Ana Ribeiro	Individual	Veterana F40	02:14:06	+01:05:05	11:10
29	579	Cristina Rocha	DUELO D´OCASIAO	Veterana F40	02:14:21	+01:05:20	11:12
30	541	Célia Coelho	Associação Desportiva Nós Acreditamos	Veterana F40	02:16:40	+01:07:39	11:23
31	762	Raquel Moreira	Madrugadores de Paredes	Veterana F40	02:16:43	+01:07:42	11:24
32	761	Filipa Costa	Madrugadores de Paredes	Veterana F40	02:16:43	+01:07:43	11:24
33	584	Cristina Manuela Gabriel Moura Neves	ELES ANDEM AI	Veterana F40	02:19:43	+01:10:43	11:39
34	585	Paula Silva	Eles andem ai	Veterana F40	02:19:45	+01:10:44	11:39
35	682	Marisa Penetro	Individual	Veterana F40	02:38:49	+01:29:48	13:14
36	550	Celia Moreira	Associação trinca orelhas de gato	Veterana F40	02:39:20	+01:30:19	13:17
37	552	Joana Oliveira	Associação trinca orelhas de gato	Veterana F40	02:39:21	+01:30:20	13:17
38	551	Elisabete Bacelo	Associação trinca orelhas de gato	Veterana F40	02:39:21	+01:30:20	13:17
39	553	Lúcia Ribeiro	Associação trinca orelhas de gato	Veterana F40	02:39:21	+01:30:21	13:17
40	554	Maria Neves	Associação trinca orelhas de gato	Veterana F40	02:39:22	+01:30:21	13:17
41	828	Vânia Maia	SMILE FOR NATURE	Veterana F40	02:59:40	+01:50:39	14:58

Veterana F50

1	689	Filomena Neto	Individual	Veterana F50	01:24:18		07:01
2	514	Rosalina Marinho	Adtr Travassos Running	Veterana F50	01:31:27	+07:09	07:37
3	567	Clara Lima	Caça Raposas-2023	Veterana F50	01:36:16	+11:57	08:01
4	576	Solange rodrigues	CHAVES RUNNING TEAM	Veterana F50	01:40:04	+15:46	08:20
5	571	Fátima Couto	Caminhadas da Amizade	Veterana F50	01:40:50	+16:32	08:24
6	543	Martinha Magalhães	Associação Desportiva Nós Acreditamos	Veterana F50	01:41:20	+17:01	08:27
7	688	Clara Silva	Individual	Veterana F50	01:41:32	+17:14	08:28
8	568	Fernanda Pinto	Caça Raposas-2023	Veterana F50	01:43:51	+19:33	08:39
9	801	Paula Cunha	S4L MEDENSE FC	Veterana F50	01:45:08	+20:50	08:46
10	814	Conceição Pinto	São Team	Veterana F50	01:48:41	+24:22	09:03
11	752	Manuela Magalhães	L-Center Gym	Veterana F50	01:50:10	+25:52	09:11
12	852	Cristina Coelho	WOLVES	Veterana F50	01:50:58	+26:40	09:15
13	690	Isabel Vilas Boas	Individual	Veterana F50	02:07:06	+42:48	10:35
14	793	Eugénia Sampaio	Pipocas & Bombocas	Veterana F50	02:12:47	+48:29	11:04
15	771	Mara Santos	NOCTURNOS DE PAREDES	Veterana F50	02:19:35	+55:16	11:38
16	749	Maria Sousa	Lá vamos nós!	Veterana F50	02:27:39	+01:03:21	12:18

Mini Trail

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Veterana F60

1	693	Celeste Sousa	Individual	Veterana F60	01:41:06		08:26
2	696	Maria Sousa	Individual	Veterana F60	01:54:47	+13:41	09:34
3	692	Ana corina neves silva	Individual	Veterana F60	02:01:16	+20:09	10:06
4	694	Maria emilia teixeira	Individual	Veterana F60	02:23:24	+42:17	11:57
5	695	Maria Irene perreira nunes	Individual	Veterana F60	02:47:44	+01:06:38	13:59

Veterano M40

1	778	Nelson Loureiro	opracante.pt	Veterano M40	56:30		04:43
2	509	Roberto Freitas	adsebolido trail	Veterano M40	01:08:45	+12:14	05:44
3	520	A. Monteiro	AMIGO Trail Run	Veterano M40	01:12:11	+15:40	06:01
4	524	Nuno Pereira	AMIGO Trail Run	Veterano M40	01:12:47	+16:16	06:04
5	754	Casimiro Correia	Lixa Bike Team	Veterano M40	01:13:00	+16:30	06:05
6	853	Manuel Teixeira	WOLVES	Veterano M40	01:13:08	+16:37	06:06
7	713	José Carlos Silva Lemos	Individual	Veterano M40	01:13:13	+16:42	06:06
8	580	André Correia	DUELO D´OCASIAO	Veterano M40	01:13:40	+17:09	06:08
9	718	Moisés Machado	Individual	Veterano M40	01:14:45	+18:14	06:14
10	591	Manuel Gonçalves	Fojo Trail Team	Veterano M40	01:15:50	+19:19	06:19
11	712	José Azevedo	Individual	Veterano M40	01:16:58	+20:28	06:25
12	590	Flavio Pinto	Fojo Trail Team	Veterano M40	01:17:29	+20:59	06:27
13	523	José Madureira	AMIGO Trail Run	Veterano M40	01:17:34	+21:04	06:28
14	522	Jorge Mota	AMIGO Trail Run	Veterano M40	01:18:39	+22:08	06:33
15	699	António Coelho	Individual	Veterano M40	01:19:10	+22:39	06:36
16	723	Paulo Torres	Individual	Veterano M40	01:19:33	+23:03	06:38
17	582	Márcio Botelho	DUELO D´OCASIAO	Veterano M40	01:21:39	+25:09	06:48
18	700	António Orlando de Queirós Marinho	Individual	Veterano M40	01:21:56	+25:26	06:50
19	727	Vitor Martins	Individual	Veterano M40	01:22:22	+25:52	06:52
20	791	João Maia	PATROL MOJ	Veterano M40	01:22:36	+26:05	06:53
21	719	Nuno Coast	Individual	Veterano M40	01:23:08	+26:38	06:56
22	711	Jorge Manuel Silva Raimundo	Individual	Veterano M40	01:23:32	+27:01	06:58
23	720	Nuno Lemos	Individual	Veterano M40	01:24:50	+28:20	07:04
24	473	João Gonçalves	DUELO D´OCASIAO	Veterano M40	01:26:45	+30:14	07:14
25	508	Ricardo sousa	adsebolido trail	Veterano M40	01:26:48	+30:17	07:14
26	710	Henrique Almeida	Individual	Veterano M40	01:28:12	+31:41	07:21
27	578	Nuno Teixeira	Coxos e mancos-Felgueiras City	Veterano M40	01:31:30	+35:00	07:38
28	703	Bruno manuel martins ribeiro	Individual	Veterano M40	01:31:45	+35:14	07:39
29	715	Manuel Azevedo	Individual	Veterano M40	01:32:57	+36:26	07:45
30	705	Carlos Pinto	Individual	Veterano M40	01:33:05	+36:35	07:45
31	394	Tiago Ramos	Individual	Veterano M40	01:33:07	+36:36	07:46
32	382	Nelson Mourão	Individual	Veterano M40	01:33:08	+36:37	07:46
33	605	Bruno Carvalho	Geadas Running	Veterano M40	01:35:21	+38:51	07:57
34	764	Ricardo Meireles	Mountain Runners	Veterano M40	01:36:28	+39:58	08:02
35	706	Daniel Silva	Individual	Veterano M40	01:37:04	+40:34	08:05
36	707	Emanuel Figueiredo	Individual	Veterano M40	01:37:06	+40:36	08:06

Mini Trail
12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

37	577	Sandro Silva	Clube Naval de São Vicente	Veterano M40	01:37:31	+41:01	08:08
38	725	Tiago Freitas	Individual	Veterano M40	01:37:32	+41:02	08:08
39	724	Pedro Teixeira	Individual	Veterano M40	01:37:33	+41:03	08:08
40	805	João Teles	S4L MEDENSE FC	Veterano M40	01:38:16	+41:46	08:11
41	803	Hugo Santos	S4L MEDENSE FC	Veterano M40	01:38:17	+41:46	08:11
42	806	Mário Pedro dos Santos Ferreira	S4L MEDENSE FC	Veterano M40	01:38:17	+41:47	08:11
43	808	Paulo Miguel Soares Oliveira	S4L MEDENSE FC	Veterano M40	01:40:40	+44:09	08:23
44	525	Samuel Teixeira	AMIGO Trail Run	Veterano M40	01:40:42	+44:12	08:24
45	27	David Freitas	Associação Desportiva Nós Acreditamos	Veterano M40	01:42:56	+46:25	08:35
46	239	Nuno Lemos	Associação Desportiva Nós Acreditamos	Veterano M40	01:44:05	+47:35	08:40
47	716	Manuel Fernando Teixeira Marinho da Costa	Individual	Veterano M40	01:44:35	+48:04	08:43
48	717	Miguel Ferreira	Individual	Veterano M40	01:44:57	+48:26	08:45
49	704	Carlos Pinto	Individual	Veterano M40	01:45:03	+48:32	08:45
50	836	Rogério Lopes	TEAM LANTEMIL	Veterano M40	01:45:13	+48:42	08:46
51	830	Mauro Martins	SMILE FOR NATURE	Veterano M40	01:46:37	+50:06	08:53
52	702	Berná Teixeira	Individual	Veterano M40	01:48:36	+52:06	09:03
53	697	Albino Augusto Pires Machado	Individual	Veterano M40	01:48:58	+52:28	09:05
54	435	Nelson de Castro e Santos	Npsantos	Veterano M40	01:50:20	+53:49	09:12
55	708	Filipe Pinto	Individual	Veterano M40	01:50:25	+53:55	09:12
56	782	Antonio Barbosa	Paredes Running	Veterano M40	01:50:30	+53:59	09:12
57	807	Paulo Freitas	S4L MEDENSE FC	Veterano M40	01:52:19	+55:48	09:22
58	533	Pedro Ferreira	AMTrail	Veterano M40	01:53:03	+56:32	09:25
59	531	Davide Pimenta	AMTrail	Veterano M40	01:53:03	+56:33	09:25
60	804	João Pedro Sousa	S4L MEDENSE FC	Veterano M40	01:58:44	+01:02:14	09:54
61	709	Helder Miguel Fernandes Cerqueira	Individual	Veterano M40	02:01:50	+01:05:19	10:09
62	722	Paulo Ribeiro	Individual	Veterano M40	02:06:46	+01:10:16	10:34
63	545	Filipe Cunha	Associação Desportiva Nós Acreditamos	Veterano M40	02:11:59	+01:15:29	11:00
64	375	José Ricardo pinheiro	Individual	Veterano M40	02:13:09	+01:16:39	11:06
65	763	Hélder Cunha	Madrugadores de Paredes	Veterano M40	02:16:44	+01:20:13	11:24
66	837	Arnaldo Coutinho	Temos Tempo	Veterano M40	02:37:09	+01:40:38	13:06
67	829	Marcelo Morim	SMILE FOR NATURE	Veterano M40	02:59:40	+02:03:10	14:58

Veterano M50

1	779	Abílio Fernandes	opracante.pt	Veterano M50	01:03:07		05:16
2	526	António Monteiro	AMIGO Trail Run	Veterano M50	01:07:51	+04:43	05:39
3	750	José Queiroz	Lá vamos nós!	Veterano M50	01:08:59	+05:51	05:45
4	527	Armando João Rodrigues Ribeiro	AMIGO Trail Run	Veterano M50	01:09:54	+06:46	05:49
5	766	Luís Silvestre	MSS Grupo Desportivo de Gondomar	Veterano M50	01:11:22	+08:14	05:57
6	810	Joaquim Cunha	S4L MEDENSE FC	Veterano M50	01:13:12	+10:04	06:06
7	756	Domingos domingos	Lobos do brunheiro /anteros	Veterano M50	01:14:50	+11:42	06:14
8	544	Eugénio Cunha	Associação Desportiva Nós Acreditamos	Veterano M50	01:18:12	+15:04	06:31

Official Timekeeper: Lap2Go	6 / 7	generate 17-dez.-2023 14:17
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Mini Trail

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

9	729	António Dinis	Individual	Veterano M50	01:19:18	+16:10	06:36
10	736	Jose Carvalho	Individual	Veterano M50	01:19:38	+16:30	06:38
11	728	Adao bessa	Individual	Veterano M50	01:21:25	+18:17	06:47
12	740	Rui Manuel Monteiro Vieira	Individual	Veterano M50	01:25:16	+22:08	07:06
13	510	Domingos Ferreira	adsebolido trail	Veterano M50	01:25:16	+22:08	07:06
14	515	Albino Bento	Adtr Travassos Running	Veterano M50	01:26:56	+23:48	07:15
15	739	Rui Bica	Individual	Veterano M50	01:27:20	+24:12	07:17
16	530	António Pinto	AMIGOS DO TRAIL MESÃO FRIO	Veterano M50	01:27:51	+24:44	07:19
17	587	Alberto Barros	Espírito jovem	Veterano M50	01:30:14	+27:06	07:31
18	502	Octávio Andrade	.COM-Clube Ori Minho	Veterano M50	01:32:33	+29:25	07:43
19	811	Rui Freitas	S4L MEDENSE FC	Veterano M50	01:40:40	+37:32	08:23
20	774	Luis Filipe Santos	NOCTURNOS DE PAREDES	Veterano M50	01:40:57	+37:49	08:25
21	737	Manuel Peixoto	Individual	Veterano M50	01:41:28	+38:20	08:27
22	731	Duarte Vitória	Individual	Veterano M50	01:42:57	+39:49	08:35
23	547	João Teixeira	Associação Desportiva Nós Acreditamos	Veterano M50	01:43:12	+40:04	08:36
24	812	Vitor Sousa	S4L MEDENSE FC	Veterano M50	01:43:50	+40:42	08:39
25	572	Manuel Ribeiro	Caminhadas da Amizade	Veterano M50	01:44:19	+41:11	08:42
26	733	João Francisco Carvalho Teixeira	Individual	Veterano M50	01:48:34	+45:26	09:03
27	569	Luis Peixoto	Caça Raposas-2023	Veterano M50	01:51:15	+48:07	09:16
28	817	Jose Fernandes	São Team	Veterano M50	01:58:14	+55:06	09:51
29	735	José Carlos Barbosa silva	Individual	Veterano M50	02:04:02	+01:00:54	10:20
30	773	João Leite	NOCTURNOS DE PAREDES	Veterano M50	02:05:02	+01:01:54	10:25
31	734	João Paulo Loureiro Ferreira	Individual	Veterano M50	02:05:02	+01:01:54	10:25
32	606	António Quadros	Geadas Running	Veterano M50	02:06:58	+01:03:50	10:35
33	570	Manuel Magalhães	Caça Raposas-2023	Veterano M50	02:06:58	+01:03:50	10:35
34	404	Luis Filipe Matos	Individual	Veterano M50	02:07:14	+01:04:06	10:36
35	732	Filipe Teixeira	Individual	Veterano M50	02:09:13	+01:06:05	10:46
36	405	Manuel Jorge Nogueira da Silva	Individual	Veterano M50	02:38:36	+01:35:28	13:13

Veterano M60

1	746	Manuel costa	Individual	Veterano M60	01:19:29		06:37
2	607	Francisco de Sousa Teixeira	Geadas Running	Veterano M60	01:22:40	+03:10	06:53
3	529	Joaquim Ferreira	AMIGO Trail Run	Veterano M60	01:27:01	+07:32	07:15
4	548	Joaquim Silva	Associação Desportiva Nós Acreditamos	Veterano M60	01:31:23	+11:53	07:37
5	581	Amadeu Valente	DUELO D'OCASIAO	Veterano M60	01:39:01	+19:31	08:15
6	573	Artur Morais	CARETOS.OCR	Veterano M60	01:40:24	+20:55	08:22
7	745	Jaime Teixeira	Individual	Veterano M60	01:48:13	+28:43	09:01
8	742	Abílio Neves	Individual	Veterano M60	01:59:53	+40:23	09:59
9	744	Avelino Teixeira	Individual	Veterano M60	02:23:24	+01:03:54	11:57
10	743	Álvaro Santos	Individual	Veterano M60	02:35:58	+01:16:29	13:00

