

23KM - STAGE 1

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	6,6°C	83%
End	12:37	6,6°C	83%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	21	José Carlos Oliveira Valente Moreira	Boavista Trail	01:38:12		04:16	
2	67	Avelino Macedo	Vila Verde a Correr	01:45:11	+06:59	04:34	
3	28	Daniel Costa	Clube Atletismo Fafe	01:48:25	+10:13	04:43	
4	22	Cristiano Melo	Brabus Runners	01:48:39	+10:27	04:43	
5	4	Cristiano Cunha	A.D.N.A-Associação Desportiva Nós Acreditamos	01:51:49	+13:37	04:52	
6	48	Bruno Filipe Ribeiro Teixeira	Individual	01:53:02	+14:50	04:55	
7	36	Rui Manuel Mendes de Azevedo	Fridao sem limites	01:55:00	+16:48	05:00	
8	39	Cesário Leite	Brabus Runners	01:55:58	+17:46	05:03	
9	41	João Vigário	Individual	01:57:37	+19:25	05:07	
10	2	Bruno Pereira	A.D.N.A-Associação Desportiva Nós Acreditamos	02:00:16	+22:04	05:14	
11	50	Filipe Pires	Individual	02:00:33	+22:21	05:14	
12	3	Fábio Silva	A.D.N.A-Associação Desportiva Nós Acreditamos	02:01:04	+22:52	05:16	
13	7	Fernando Carvalho	A.D.N.A-Associação Desportiva Nós Acreditamos	02:01:38	+23:26	05:17	
14	35	José Albano Leite Teixeira	Fridao sem limites	02:01:55	+23:43	05:18	
15	16	Filipe Quelhas	AC PORTALEGRE / UTSM	02:04:24	+26:12	05:25	
16	5	José Pinto	A.D.N.A-Associação Desportiva Nós Acreditamos	02:05:41	+27:29	05:28	
17	37	Paulo Monteiro	Fridao sem limites	02:06:59	+28:47	05:31	
18	66	Tiago santos	Vila Verde a Correr	02:08:23	+30:11	05:35	
19	54	Nuno Gomes	Individual	02:08:25	+30:13	05:35	
20	8	Francisco Lemos	A.D.N.A-Associação Desportiva Nós Acreditamos	02:09:10	+30:58	05:37	
21	23	Luis Silva	Brabus Runners	02:11:08	+32:56	05:42	
22	77	Ester Alves	Individual	02:12:08	+33:56	05:45	
23	68	André Castro de Bastos e Barros	Desnível Positivo	02:12:13	+34:01	05:45	
24	65	Filipe Alves	Vila Verde a Correr	02:13:10	+34:58	05:47	
25	62	José Silva	Individual	02:13:19	+35:08	05:48	
26	34	Nuno André Silva Gomes	FisioPedro Trail	02:14:53	+36:41	05:52	
27	14	Filipe Suíço	A.R.Sequeirô/Destemidos	02:16:10	+37:58	05:55	
28	40	Ismael Filipe Sampaio Rodrigues	Individual	02:17:22	+39:10	05:58	
29	52	Leandro pacheco	Individual	02:18:18	+40:06	06:01	
30	49	Fernando Mota	Individual	02:19:06	+40:54	06:03	
31	43	Pedro Castro	Individual	02:19:46	+41:34	06:05	
32	33	João Pedro Correia da Silva	FisioPedro Trail	02:20:20	+42:08	06:06	
33	64	GONCALO MOTA	TREPADORES	02:22:59	+44:47	06:13	
34	60	José Carlos Mota	Individual	02:22:59	+44:47	06:13	
35	56	Renato Martins	Individual	02:23:00	+44:48	06:13	
36	32	Filipe Oliveira	FisioPedro Trail	02:27:03	+48:51	06:24	
37	55	Paulo José Bragança Rodrigues	Individual	02:30:48	+52:36	06:33	
38	13	Armindo Silva	A.R.Sequeirô/Destemidos	02:31:59	+53:47	06:36	
39	24	Vitor Ribeiro	Brabus Runners	02:33:19	+55:07	06:40	
40	27	Susana Silva Rodrigues	Clube Atletismo Fafe	02:33:58	+55:46	06:42	
41	44	Rui Andrade	Individual	02:36:38	+58:26	06:49	
42	63	Paulo Coelho	Individual	02:37:27	+59:15	06:51	

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	15	Pedro Pimenta	A.R.Sequeirô/Destemidos	02:37:54	+59:42	06:52	
44	25	António Oliveira	Brabus Runners	02:37:58	+59:46	06:52	
45	46	Raquel Sofia de Freitas Andrade	Individual	02:38:49	+01:00:37	06:54	
46	38	Bruno José Silva Moura	Individual	02:38:50	+01:00:38	06:54	
47	20	Miguel Pinto	Associação Desportiva Monte dos Amigos	02:40:03	+01:01:51	06:58	
48	57	Rui Ferreira	Individual	02:42:21	+01:04:09	07:04	
49	29	Marco oliveira	Clube Atletismo Fafe	02:44:01	+01:05:49	07:08	
50	61	José Leça	Individual	02:44:01	+01:05:49	07:08	
51	31	Daniel Filipe Magalhães Neto	FisioPedro Trail	02:45:53	+01:07:41	07:13	
52	26	Sérgio Ferreira	CAAC - Clube de Atletismo de Arentim e Cunha	02:46:15	+01:08:03	07:14	
53	47	Carmo Marinho	Feirense Trail	02:47:53	+01:09:41	07:18	
54	51	José Francisco Moura Teixeira	Individual	02:53:56	+01:15:44	07:34	
55	12	Fátima Marinho	A.R.Sequeirô/Destemidos	02:53:58	+01:15:46	07:34	
56	19	Vítor Andrade	AMA - Assoc. Mondim Atletismo	02:53:58	+01:15:46	07:34	
57	69	Rui Graça	Individual	02:58:10	+01:19:58	07:45	
58	70	Paulo Graça	Individual	02:58:10	+01:19:58	07:45	
59	53	nuno faria	Individual	03:03:54	+01:25:42	08:00	
60	45	Joana Reis	Individual	03:05:01	+01:26:49	08:03	
61	59	António Gonçalves	Individual	03:06:37	+01:28:25	08:07	
62	58	Adriano Rocha	Individual	03:07:49	+01:29:37	08:10	
63	9	Paula Simões	A.R.S.M.- Associação Recreativa de São Miguel	03:18:15	+01:40:03	08:37	
64	10	Jorge Scevola	A.R.S.M.- Associação Recreativa de São Miguel	03:18:16	+01:40:04	08:37	
65	11	Márcio Silva	A.R.S.M.- Associação Recreativa de São Miguel	03:18:16	+01:40:04	08:37	
66	30	Mário Filipe Gomes de Araújo	Equipa A	03:34:23	+01:56:11	09:19	
67	42	Nuno Martins	Individual	03:34:28	+01:56:16	09:19	

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	6,6°C	83%
End	12:37	6,6°C	83%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	27	Susana Silva Rodrigues	Clube Atletismo Fafe	Senior Feminino	02:33:58	+55:46	06:42
2	9	Paula Simões	A.R.S.M.- Associação Recreativa de São Miguel	Senior Feminino	03:18:15	+01:40:03	08:37

Senior Masculino

1	22	Cristiano Melo	Brabus Runners	Senior Masculino	01:48:39	+10:27	04:43
2	39	Cesário Leite	Brabus Runners	Senior Masculino	01:55:57	+17:46	05:03
3	41	João Vigário	Individual	Senior Masculino	01:57:36	+19:25	05:07
4	2	Bruno Pereira	A.D.N.A-Associação Desportiva Nós Acreditamos	Senior Masculino	02:00:15	+22:04	05:14
5	3	Fábio Silva	A.D.N.A-Associação Desportiva Nós Acreditamos	Senior Masculino	02:01:04	+22:52	05:16
6	35	José Albano Leite Teixeira	Fridao sem limites	Senior Masculino	02:01:54	+23:43	05:18
7	66	Tiago santos	Vila Verde a Correr	Senior Masculino	02:08:22	+30:11	05:35
8	23	Luis Silva	Brabus Runners	Senior Masculino	02:11:08	+32:56	05:42
9	65	Filipe Alves	Vila Verde a Correr	Senior Masculino	02:13:10	+34:58	05:47
10	34	Nuno André Silva Gomes	FisioPedro Trail	Senior Masculino	02:14:52	+36:41	05:52
11	40	Ismael Filipe Sampaio Rodrigues	Individual	Senior Masculino	02:17:22	+39:10	05:58
12	33	João Pedro Correia da Silva	FisioPedro Trail	Senior Masculino	02:20:20	+42:08	06:06
13	24	Vitor Ribeiro	Brabus Runners	Senior Masculino	02:33:19	+55:07	06:40
14	44	Rui Andrade	Individual	Senior Masculino	02:36:37	+58:26	06:49
15	20	Miguel Pinto	Associação Desportiva Monte dos Amigos	Senior Masculino	02:40:03	+01:01:51	06:58
16	31	Daniel Filipe Magalhães Neto	FisioPedro Trail	Senior Masculino	02:45:52	+01:07:41	07:13
17	26	Sérgio Ferreira	CAAC - Clube de Atletismo de Arentim e Cunha	Senior Masculino	02:46:14	+01:08:03	07:14
18	69	Rui Graça	Individual	Senior Masculino	02:58:09	+01:19:58	07:45
19	10	Jorge Scevola	A.R.S.M.- Associação Recreativa de São Miguel	Senior Masculino	03:18:15	+01:40:04	08:37
20	11	Márcio Silva	A.R.S.M.- Associação Recreativa de São Miguel	Senior Masculino	03:18:16	+01:40:04	08:37
21	42	Nuno Martins	Individual	Senior Masculino	03:34:28	+01:56:16	09:19

Veterana F40

1	77	Ester Alves	Individual	Veterana F40	02:12:08	+33:56	05:45
2	46	Raquel Sofia de Freitas Andrade	Individual	Veterana F40	02:38:49	+01:00:37	06:54
3	12	Fátima Marinho	A.R.Sequeirô/Destemidos	Veterana F40	02:53:57	+01:15:46	07:34

13KM - STAGE 1**13 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
42	552	Luís Manuel Machado da Silva	Individual	01:40:33	+40:52	07:44	
43	547	João Micael Teixeira Ribeiro	Individual	01:42:07	+42:26	07:51	
44	553	Luis Miguel Silveira	Individual	01:42:31	+42:50	07:53	
45	549	José Miguel Marinho	Individual	01:42:31	+42:50	07:53	
46	561	Alcina Cruz	Individual	01:42:38	+42:57	07:54	
47	557	Pedro Teixeira	Individual	01:42:47	+43:06	07:54	
48	509	Ana Oliveira	ADTTR Travassós Running Fafe	01:43:02	+43:21	07:56	
49	511	Vânia Cunha	ADTTR Travassós Running Fafe	01:43:03	+43:22	07:56	
50	510	Marlene Lopes	ADTTR Travassós Running Fafe	01:43:03	+43:22	07:56	
51	520	José Pinto	CCSD Trabalhadores da Câmara Municipal de Fafe	01:46:34	+46:53	08:12	
52	598	Maria Teixeira	Turma TOP	01:48:13	+48:32	08:19	
53	588	PAULO ORGE DURO TEIXEIRA LOPES	RUN GANDARELA	01:49:32	+49:51	08:26	
54	535	Rosa Soares	Fridao sem limites	01:50:28	+50:47	08:30	
55	563	Isabel de Oliveira	Individual	01:50:29	+50:48	08:30	
56	567	Ana Vilas	Individual	01:50:48	+51:07	08:31	
57	585	Magda Pereira	Pipocas	01:52:06	+52:25	08:37	
58	517	Anabela Gil	As Lutadoras	01:52:24	+52:43	08:39	
59	575	Paulo Vasconcelos	Individual	01:52:24	+52:43	08:39	
60	565	Marta Miguel	Individual	01:53:42	+54:01	08:45	
61	594	Fernando Jorge Oliveira	São Team	01:56:11	+56:30	08:56	
62	516	Cláudia Lopes	As Lutadoras	01:58:12	+58:31	09:06	
63	506	Rosa Machado	A.R.Sequeirô/Destemidos	01:58:12	+58:31	09:06	
64	586	Alfredo Gil	Reboques Maufil	01:58:12	+58:31	09:06	
65	583	Teresa Silvia	Lameira runners	01:59:42	+01:00:01	09:12	
66	584	Aristides Carvalho	Lameira runners	01:59:42	+01:00:01	09:12	
67	568	MARIA ROSA DA SILVA PEREIRA COSTA	Individual	02:01:16	+01:01:35	09:20	
68	601	Ricardo Miranda	Individual	02:03:06	+01:03:25	09:28	
69	574	Nelson Mesquita	Individual	02:08:42	+01:09:01	09:54	
70	537	Ana Martins	Individual	02:13:23	+01:13:42	10:16	
71	562	Fátima Pinho	Individual	02:13:37	+01:13:56	10:17	
72	597	Mohammed Moudnib	São Team	02:18:55	+01:19:14	10:41	
73	590	Conceição Pinto	São Team	02:18:55	+01:19:14	10:41	
74	595	Jose Eduardo Fernandes	São Team	02:18:55	+01:19:14	10:41	
75	527	Tiago Gabriel Santos Fonseca	CMEP	02:22:43	+01:23:02	10:59	
76	521	Ana Catarina Moreira da Rocha	CMEP	02:22:43	+01:23:02	10:59	
77	525	Sara Isabel Silva Dias	CMEP	02:22:44	+01:23:03	10:59	
78	528	Vera Lúcia Moreira Faria	CMEP	02:25:23	+01:25:42	11:11	
79	526	Sofia Ferreira Brandão	CMEP	02:25:24	+01:25:43	11:11	
80	541	Lucia Catarina Teixeira da Silveira	Individual	03:02:58	+02:03:17	14:04	
81	542	Patrícia Garcia Magalhães	Individual	03:02:58	+02:03:17	14:04	
82	592	Luisa Valente	São Team	03:17:44	+02:18:03	15:13	
83	596	José Guilherme	São Team	03:17:45	+02:18:04	15:13	

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:30	6,6°C	83%
End	12:48	6,6°C	83%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	531	Margarida Teixeira	Fridao sem limites	Senior Feminino	01:37:44	+38:03	07:31
2	509	Ana Oliveira	ADTTR Travassós Running Fafe	Senior Feminino	01:43:02	+43:21	07:56
3	511	Vânia Cunha	ADTTR Travassós Running Fafe	Senior Feminino	01:43:02	+43:21	07:56
4	510	Marlene Lopes	ADTTR Travassós Running Fafe	Senior Feminino	01:43:02	+43:21	07:56
5	585	Magda Pereira	Pipocas	Senior Feminino	01:52:06	+52:25	08:37
6	516	Cláudia Lopes	As Lutadoras	Senior Feminino	01:58:11	+58:30	09:06
7	537	Ana Martins	Individual	Senior Feminino	02:13:22	+01:13:41	10:16
8	521	Ana Catarina Moreira da Rocha	CMEP	Senior Feminino	02:22:43	+01:23:02	10:59
9	525	Sara Isabel Silva Dias	CMEP	Senior Feminino	02:22:43	+01:23:03	10:59
10	526	Sofia Ferreira Brandão	CMEP	Senior Feminino	02:25:23	+01:25:42	11:11
11	541	Lucia Catarina Teixeira da Silveira	Individual	Senior Feminino	03:02:57	+02:03:16	14:04
12	542	Patrícia Garcia Magalhães	Individual	Senior Feminino	03:02:58	+02:03:17	14:04

Senior Masculino

1	600	Eurico Pereira	EDV Viana Trail	Senior Masculino	59:40		04:35
2	17	Franquem Gonçalves	AMA - Assoc. Mondim Atletismo	Senior Masculino	01:01:10	+01:29	04:42
3	514	André Nogueira	Aliados Trail Running Team	Senior Masculino	01:03:20	+03:40	04:52
4	551	Leonel José Martins Barros	Individual	Senior Masculino	01:08:44	+09:03	05:17
5	534	Samuel Valentim Pereira da Silva	Fridao sem limites	Senior Masculino	01:09:58	+10:18	05:23
6	546	Flávio Miguel Fernandes da Costa	Individual	Senior Masculino	01:10:38	+10:57	05:26
7	512	Hugo Dias	ADTTR Travassós Running Fafe	Senior Masculino	01:12:26	+12:45	05:34
8	533	Lucien Fantin	Fridao sem limites	Senior Masculino	01:14:41	+15:00	05:45
9	554	Marco Paulo Miradouro Martins	Individual	Senior Masculino	01:23:51	+24:10	06:27
10	515	Telmo Edgar Oliveira	AMA - Assoc. Mondim Atletismo	Senior Masculino	01:27:37	+27:56	06:44
11	548	Jorge Miguel Novais Oliveira	Individual	Senior Masculino	01:28:08	+28:27	06:47
12	556	Nuno Magalhães da Cunha	Individual	Senior Masculino	01:31:39	+31:58	07:03
13	505	António Pimenta	A.R.Sequeirô/Destemidos	Senior Masculino	01:36:33	+36:52	07:26
14	552	Luís Manuel Machado da Silva	Individual	Senior Masculino	01:40:32	+40:51	07:44
15	547	João Micael Teixeira Ribeiro	Individual	Senior Masculino	01:42:07	+42:26	07:51
16	553	Luis Miguel Silveira	Individual	Senior Masculino	01:42:30	+42:49	07:53
17	549	José Miguel Marinho	Individual	Senior Masculino	01:42:30	+42:49	07:53
18	557	Pedro Teixeira	Individual	Senior Masculino	01:42:47	+43:06	07:54
19	527	Tiago Gabriel Santos Fonseca	CMEP	Senior Masculino	02:22:42	+01:23:02	10:59

Veterana F40

1	599	Carla Ferreira	Vila Verde a Correr	Veterana F40	01:25:26	+25:46	06:34
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13KM

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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2	587	MARIA FERNANDA CUNHA OLIVEIRA	RUN GANDARELA	Veterana F40	01:36:59	+37:18	07:28
3	530	Eliana Teixeira	Fridao sem limites	Veterana F40	01:37:45	+38:04	07:31
4	501	Sandra Pereira	A.D.N.A-Associação Desportiva Nós Acreditamos	Veterana F40	01:39:34	+39:53	07:40
5	561	Alcina Cruz	Individual	Veterana F40	01:42:37	+42:57	07:54
6	563	Isabel de Oliveira	Individual	Veterana F40	01:50:28	+50:47	08:30
7	517	Anabela Gil	As Lutadoras	Veterana F40	01:52:24	+52:43	08:39
8	565	Marta Miguel	Individual	Veterana F40	01:53:41	+54:01	08:45
9	506	Rosa Machado	A.R.Sequeirô/Destemidos	Veterana F40	01:58:11	+58:30	09:06
10	583	Teresa Silvia	Lameira runners	Veterana F40	01:59:41	+01:00:01	09:12
11	562	Fátima Pinho	Individual	Veterana F40	02:13:37	+01:13:56	10:17
12	528	Vera Lúcia Moreira Faria	CMEP	Veterana F40	02:25:23	+01:25:42	11:11

Veterana F50

1	598	Maria Teixeira	Turma TOP	Veterana F50	01:48:12	+48:32	08:19
2	535	Rosa Soares	Fridao sem limites	Veterana F50	01:50:27	+50:46	08:30
3	567	Ana Vilas	Individual	Veterana F50	01:50:48	+51:07	08:31
4	568	MARIA ROSA DA SILVA PEREIRA COSTA	Individual	Veterana F50	02:01:15	+01:01:35	09:20
5	590	Conceição Pinto	São Team	Veterana F50	02:18:54	+01:19:14	10:41
6	592	Luisa Valente	São Team	Veterana F50	03:17:44	+02:18:03	15:13

Veterano M40

1	18	António Paulo Carvalho	AMA - Assoc. Mondim Atletismo	Veterano M40	01:08:30	+08:49	05:16
2	570	Carlos Pinto	Individual	Veterano M40	01:08:31	+08:51	05:16
3	571	Gonçalo torres	Individual	Veterano M40	01:09:08	+09:27	05:19
4	513	Helder Pereira	ADTTR Travassós Running Fafe	Veterano M40	01:13:35	+13:54	05:40
5	536	Hélder Pinto	Fridão Sem Limites	Veterano M40	01:17:02	+17:21	05:56
6	573	José Carlos Silva Lemos	Individual	Veterano M40	01:18:49	+19:08	06:04
7	545	Fernando magalhaes	AMA - Assoc. Mondim Atletismo	Veterano M40	01:19:42	+20:01	06:08
8	529	Sérgio Manuel Costa Sampaio	FisioPedro Trail	Veterano M40	01:20:15	+20:34	06:10
9	502	Filipe Abreu	A.D.N.A-Associação Desportiva Nós Acreditamos	Veterano M40	01:20:36	+20:55	06:12
10	532	Bruno Azevedo	Fridao sem limites	Veterano M40	01:23:17	+23:36	06:24
11	577	Rui Cruz	Individual	Veterano M40	01:23:30	+23:49	06:25
12	560	Tiago Ramos	Individual	Veterano M40	01:23:50	+24:09	06:27
13	519	Marcelo Oliveira	CCSD Trabalhadores da Câmara Municipal de Fafe	Veterano M40	01:24:08	+24:27	06:28
14	576	Ricardo Lemos	Individual	Veterano M40	01:33:45	+34:04	07:13
15	569	Artur Pereira	Individual	Veterano M40	01:33:45	+34:05	07:13
16	572	João Marinho	Individual	Veterano M40	01:35:30	+35:49	07:21
17	588	PAULO ORGE DURO TEIXEIRA LOPES	RUN GANDARELA	Veterano M40	01:49:31	+49:51	08:26
18	575	Paulo Vasconcelos	Individual	Veterano M40	01:52:24	+52:43	08:39
19	586	Alfredo Gil	Reboques Maufil	Veterano M40	01:58:11	+58:31	09:06

13KM**13 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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20	584	Aristides Carvalho	Lameira runners	Veterano M40	01:59:42	+01:00:01	09:12
21	601	Ricardo Miranda	Individual	Veterano M40	02:03:06	+01:03:25	09:28
22	574	Nelson Mesquita	Individual	Veterano M40	02:08:41	+01:09:01	09:54

Veterano M50

1	579	José Manuel Mendes Lopes	Individual	Veterano M50	01:11:52	+12:11	05:32
2	578	Alipio Velon Fernandes	Individual	Veterano M50	01:14:19	+14:38	05:43
3	518	Antonio Nogueira	CCSD Trabalhadores da Câmara Municipal de Fafe	Veterano M50	01:14:50	+15:10	05:45
4	504	José Duarte	A.D.N.A-Associação Desportiva Nós Acreditamos	Veterano M50	01:18:31	+18:50	06:02
5	6	António Pereira	A.D.N.A-Associação Desportiva Nós Acreditamos	Veterano M50	01:22:04	+22:24	06:19
6	503	Fernando Silva	A.D.N.A-Associação Desportiva Nós Acreditamos	Veterano M50	01:22:43	+23:02	06:22
7	582	Valter Silva	Individual	Veterano M50	01:32:36	+32:55	07:07
8	520	José Pinto	CCSD Trabalhadores da Câmara Municipal de Fafe	Veterano M50	01:46:34	+46:53	08:12
9	594	Fernando Jorge Oliveira	São Team	Veterano M50	01:56:11	+56:30	08:56
10	597	Mohammed Moudnib	São Team	Veterano M50	02:18:54	+01:19:13	10:41
11	595	Jose Eduardo Fernandes	São Team	Veterano M50	02:18:55	+01:19:14	10:41
12	596	José Guilherme	São Team	Veterano M50	03:17:44	+02:18:03	15:13

COLETIVOMASC - 13KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	AMA - ASSOC. MONDIM ATLETISMO	2 + 4 + 19	25
2	FRIDAO SEM LIMITES	8 + 14 + 24	46
3	A.D.N.A-ASSOCIAÇÃO DESPORTIVA NÓS ACREDITAMOS	17 + 21 + 22	60
4	CCSD TRABALHADORES DA CÂMARA MUNICIPAL DE FAFE	15 + 28 + 42	85
5	SÃO TEAM	45 + 50 + 51	146

