

TRAIL 25K - STAGE 1

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
42	22	Ana Porto	Individual	03:17:25	+01:08:44	07:54	
43	50	José Rodrigues Costa	PDARunners	03:19:19	+01:10:38	07:58	
44	37	Sérgio Rodrigues	Individual	03:29:32	+01:20:51	08:23	
45	28	Filipe Pereira	Individual	03:31:02	+01:22:21	08:26	
46	39	Filipe Silva	JOVASE Trail Running	03:39:10	+01:30:29	08:46	
47	59	Paulo Sá	Viseu 360	03:45:54	+01:37:13	09:02	
48	33	Luis Filipe Cardoso Sousa	Individual	03:45:54	+01:37:13	09:02	
49	23	Maria Abreu	Individual	03:48:26	+01:39:45	09:08	
50	48	Marisa Isabel Pinto Cordeiro	PDARunners	03:50:03	+01:41:22	09:12	
51	47	Lucia Maria Varela Matos	PDARunners	03:50:03	+01:41:22	09:12	

Trail 25K

25 KM

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13	32	José Marques	Individual	Veterano M40	02:46:05	+37:24	06:39
14	12	Vítor Ferreira	Fox Running Team	Veterano M40	02:46:15	+37:33	06:39
15	53	Romeu Vasconcelos	Vikings - Alcabideque	Veterano M40	02:47:15	+38:33	06:41
16	49	Bruno Matos	PDARunners	Veterano M40	02:48:10	+39:29	06:44
17	42	Pedro Miguel Carvalho Fernandes	Montanha Clube Trail Running / EFAPEL	Veterano M40	02:56:10	+47:29	07:03
18	41	Jorke Manuel Baptista Catorze	Montanha Clube Trail Running / EFAPEL	Veterano M40	02:56:11	+47:29	07:03
19	622	RAFAEL FERNANDES	Montanha Clube Trail Running / EFAPEL	Veterano M40	02:56:11	+47:29	07:03
20	54	Filipe José Ralha de Vasconcelos	VIKINGS TRAIL RUNNERS - CCR ALCABIDEQUE	Veterano M40	02:56:54	+48:12	07:05
21	31	Joaquim Miguel	Individual	Veterano M40	02:59:36	+50:54	07:11
22	34	Vasco Tavares	Individual	Veterano M40	03:04:28	+55:46	07:23
23	28	Filipe Pereira	Individual	Veterano M40	03:31:02	+01:22:20	08:26
24	33	Luis Filipe Cardoso Sousa	Individual	Veterano M40	03:45:54	+01:37:12	09:02

Veterano M50

1	14	Paulo matos	Fox Running Team	Veterano M50	02:13:09	+04:28	05:20
2	13	João Fonseca	Fox Running Team	Veterano M50	02:23:27	+14:45	05:44
3	52	Nuno Ferreira	SCPOMBAL/trail team	Veterano M50	02:41:56	+33:14	06:29
4	43	Renato Barros	Montanha Clube Trail Running / EFAPEL	Veterano M50	02:56:11	+47:29	07:03
5	55	Vitor Gonçalves	VIKINGS TRAIL RUNNERS - CCR ALCABIDEQUE	Veterano M50	02:56:55	+48:13	07:05
6	36	Rui Cunha	Individual	Veterano M50	02:59:39	+50:57	07:11
7	10	José Manuel Fernandes Figueiredo	Espigueiros Runners - Caparrosinha	Veterano M50	03:01:49	+53:07	07:16
8	57	Paulo Silva	Viriathvs Runners Viseu	Veterano M50	03:16:17	+01:07:35	07:51
9	50	José Rodrigues Costa	PDARunners	Veterano M50	03:19:19	+01:10:37	07:58
10	37	Sérgio Rodrigues	Individual	Veterano M50	03:29:32	+01:20:51	08:23
11	39	Filipe Silva	JOVASE Trail Running	Veterano M50	03:39:10	+01:30:28	08:46
12	59	Paulo Sá	Viseu 360	Veterano M50	03:45:54	+01:37:12	09:02

TRAIL 15K - STAGE 1
15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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	Time	Temperature	Humidity
Start	09:15	9°C	93%
End	12:32	9°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	615	José Madeira	maratona clube vila chã	Senior Masculino	01:18:34		05:14
2	527	Carlos Simões	dci/trilhos luso-bussaco	Senior Masculino	01:20:37	+02:03	05:23
3	530	Manuel Vicente	dci/trilhos luso-bussaco	Veterano M50	01:23:11	+04:37	05:33
4	639	João Oliveira	pdarunners	Senior Masculino	01:25:07	+06:33	05:41
5	529	Diogo Pimenta	dci/trilhos luso-bussaco	Senior Masculino	01:26:51	+08:16	05:47
6	505	David Silva	alphaden wolves ocr	Veterano M40	01:28:44	+10:10	05:55
7	575	André Cordeiro	individual	Senior Masculino	01:29:29	+10:55	05:58
8	517	Fábio Miguel Rafael Martins	c.c.d. "o alvitejo"	Senior Masculino	01:29:44	+11:10	05:59
9	528	Ricardo Mendes	dci/trilhos luso-bussaco	Senior Masculino	01:31:59	+13:25	06:08
10	559	Manuel Marques	glt sps fox running team	Senior Masculino	01:34:13	+15:39	06:17
11	523	victor Dourado	cunfil em movimento	Veterano M40	01:34:13	+15:39	06:17
12	576	António Camilo	individual	Senior Masculino	01:35:59	+17:25	06:24
13	592	Vitor Sousa	individual	Senior Masculino	01:37:30	+18:56	06:30
14	554	Luís Rocha	fox running team	Senior Masculino	01:38:52	+20:18	06:36
15	612	Vitor Fernando Santos Sousa	individual	Veterano M50	01:39:24	+20:50	06:38
16	590	Tiago Figueiredo	individual	Senior Masculino	01:40:48	+22:13	06:43
17	614	Carlos Marta	jovase trail running	Veterano M50	01:41:01	+22:27	06:44
18	605	Júlio Duarte	individual	Veterano M40	01:41:43	+23:09	06:47
19	627	Márcio Ferreira	oiãrunners	Veterano M40	01:42:01	+23:27	06:48
20	644	Nuno Silva	pdarunners	Veterano M40	01:43:06	+24:32	06:52
21	649	Paulo Pais	runners do monte	Senior Masculino	01:43:20	+24:45	06:53
22	522	Alberto Cunha	cunfil em movimento	Veterano M40	01:44:49	+26:15	06:59
23	648	Nuno Coelho	runners do demo	Senior Masculino	01:45:01	+26:27	07:00
24	516	Víctor Lemos	atlético clube de travanca	Veterano M40	01:45:57	+27:23	07:04
25	586	Pedro Lopes	individual	Senior Masculino	01:46:10	+27:36	07:05
26	548	César Almeida	espigueiros runners - caparrosinha	Veterano M40	01:47:33	+28:59	07:10
27	521	Paulo Alexandre Couto Teixeira dos Santos	corridas no terreno - abranter	Veterano M40	01:49:06	+30:32	07:16
28	526	Sílvia Gomes	dci/trilhos luso-bussaco	Senior Feminino	01:49:46	+31:11	07:19
29	626	Tiago Simões	oiãrunners	Senior Masculino	01:49:46	+31:12	07:19
30	558	Josias Meira	glt sps fox running team	Veterano M40	01:49:46	+31:12	07:19
31	604	Jose cruz	individual	Veterano M40	01:49:51	+31:17	07:19
32	580	Filipe Ramalho	individual	Senior Masculino	01:51:09	+32:34	07:25
33	531	Rui Freitas	esgalhada trail team	Veterano M40	01:52:12	+33:38	07:29
34	555	Sandra Canelha	g.d.ronda	Veterana F40	01:52:40	+34:06	07:31
35	551	Eduardo Ramiro Oliveira	espigueiros runners - caparrosinha	Veterano M50	01:53:02	+34:28	07:32
36	581	Francisco José Pereira Filipe Sousa Batista	individual	Senior Masculino	01:53:11	+34:37	07:33
37	571	MÓNICA FERNANDES	fox running team	Senior Feminino	01:55:09	+36:35	07:41
38	513	Helder Rodrigues	atlético clube de travanca	Senior Masculino	01:55:09	+36:35	07:41
39	504	Manuel António Ribeiro Branco	alpha vs beta	Veterano M50	01:56:58	+38:24	07:48
40	613	Fábio Ferreira	jovase trail running	Veterano M40	01:58:05	+39:31	07:52

TRAIL 15K - STAGE 1**15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	611	Virgílio Lopes	individual	Veterano M50	02:36:13	+01:17:39	10:25
87	540	Isabel Ferreira Matos	espigueiros runners - caparrosinha	Veterana F40	02:36:39	+01:18:05	10:27
88	557	Diogo Correia	gtt sps fox running team	Senior Masculino	02:36:54	+01:18:20	10:28
89	556	Cristiana Fernandes	gtt sps fox running team	Senior Feminino	02:36:55	+01:18:21	10:28
90	510	Carla Santos	as fiteiras do cross	Senior Feminino	02:37:57	+01:19:23	10:32
91	560	Ana Beatriz Cruz	individual	Senior Feminino	02:39:58	+01:21:24	10:40
92	550	Ramiro Ribeiro	espigueiros runners - caparrosinha	Veterano M40	02:42:48	+01:24:14	10:51
93	629	Vasco Esperança	oiãrunners	Veterano M40	02:42:51	+01:24:17	10:51
94	503	Tiago Emanuel Rodrigues Laranjeira	alpha vs beta	Senior Masculino	02:42:52	+01:24:18	10:52
95	589	Tiago David Nogueira Silva Santos	individual	Senior Masculino	02:42:52	+01:24:18	10:52
96	502	Sara Raquel Salgado Branco	alpha vs beta	Senior Feminino	02:42:58	+01:24:24	10:52
97	524	Brigita Maria de Jesus Ferreira	dão nelas runners	Veterana F40	02:43:15	+01:24:41	10:53
98	525	Raquel Gomes	dão nelas runners	Veterana F40	02:43:15	+01:24:41	10:53
99	633	Fátima Almeida	os pe na cova	Veterana F50	02:46:02	+01:27:28	11:04
100	601	Margarida Figueiredo	individual	Veterana F50	02:47:06	+01:28:32	11:08
101	597	Eliana Tavares	individual	Veterana F40	02:47:43	+01:29:09	11:11
102	642	Maria do Ceu Gomes	pdarunners	Veterana F40	02:48:12	+01:29:38	11:13
103	24	Maria Isabel Trindade	individual	Veterana F50	02:50:27	+01:31:53	11:22
104	625	Mário Nogueira	oiãrunners	Senior Masculino	02:51:24	+01:32:50	11:26
105	634	João Soares Cardoso	os pe na cova	Veterano M40	02:51:49	+01:33:15	11:27
106	537	Ângela Simões	espigueiros runners - caparrosinha	Veterana F40	02:53:25	+01:34:51	11:34
107	573	Telma Machado	individual	Senior Feminino	02:54:05	+01:35:31	11:36
108	623	Fernando Luis	o mundo da corrida	Veterano M50	02:54:13	+01:35:39	11:37
109	595	Cristina Maria Teixeira Mósca	individual	Veterana F40	02:59:31	+01:40:57	11:58
110	545	Telma Alves	espigueiros runners - caparrosinha	Veterana F50	02:59:32	+01:40:58	11:58
111	515	Manuel Pacheco	atletico clube de travanca	Veterano M40	03:01:10	+01:42:36	12:05
112	599	Sandra Almeida	individual	Veterana F40	03:01:17	+01:42:43	12:05
113	565	Helena Rodrigues	individual	Senior Feminino	03:01:17	+01:42:43	12:05
114	512	Susana Carvalho	as fiteiras do cross	Veterana F40	03:04:18	+01:45:43	12:17
115	511	Sara Santos	as fiteiras do cross	Senior Feminino	03:04:18	+01:45:44	12:17
116	535	Fabio Luis Santos Martins	espigueiros runners - caparrosinha	Senior Masculino	03:04:21	+01:45:47	12:17
117	600	AnaBela Vicente	individual	Veterana F50	03:11:14	+01:52:40	12:45
118	594	Célia Susana Supico Cordeiro	individual	Veterana F40	03:11:14	+01:52:40	12:45
119	519	José Alves	centro trail carlos sá penacova team	Senior Masculino	03:14:16	+01:55:42	12:57
120	564	Dália Ferreira	individual	Senior Feminino	03:14:16	+01:55:42	12:57
121	568	Marina Amaral Couto	individual	Senior Feminino	03:14:45	+01:56:11	12:59
122	593	Catarina Martins	individual	Veterana F40	03:17:34	+01:59:00	13:10
123	617	Pedro Jorge Correia Lopes	montanha clube trail running	Veterano M50	03:17:34	+01:59:00	13:10
124	501	José Ferreira	abutres	Veterano M50	03:17:34	+01:59:00	13:10

