

TRAIL LONGO - STAGE 1

32 KM



LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	08:30	9,4°C	88%
End	15:02	9,4°C	88%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	13	Filipe Costa	clube desportivo de espite	Senior Masculino	03:18:37		06:12
2	1	Inês Marques	salomon caravela	Senior Feminino	03:23:04	+04:27	06:21
3	2	Luiz Mota	individual	Veterano M50	03:25:50	+07:13	06:26
4	73	Cláudio Roberto Vieira Nóbrega	vilaventura trail	Senior Masculino	03:32:48	+14:11	06:39
5	62	Pedro Gomes	sicótrilhos	Senior Masculino	03:34:32	+15:55	06:42
6	14	Micael Costa	clube desportivo de espite	Senior Masculino	03:38:25	+19:48	06:50
7	28	Diogo Viana	grupo alegre unido baixouca	Senior Masculino	03:39:18	+20:41	06:51
8	69	Pedro Mendes	talentos objetivos	Veterano M45	03:48:46	+30:09	07:09
9	17	Arnaldo Santos	clube desportivo de espite	Veterano M40	03:50:15	+31:38	07:12
10	47	RUI MIGUEL VIEGAS ESPADA LOPES FREESCO	fátima trail team	Veterano M45	03:50:57	+32:19	07:13
11	18	Bruno Mordomo	clube desportivo de espite	Veterano M40	03:53:32	+34:55	07:18
12	55	Sara Pedrosa	montanha clube trail running / efapel	Senior Feminino	03:58:10	+39:33	07:27
13	15	Rafael Matias	clube desportivo de espite	Senior Masculino	03:58:10	+39:33	07:27
14	6	João Paulo Marques	arrábida trail team	Veterano M55	04:06:33	+47:55	07:42
15	12	Sofia Marques Vieira	clube desportivo de espite	Senior Feminino	04:12:32	+53:55	07:54
16	66	Milton José Rodrigues Branco	sicótrilhos	Veterano M40	04:14:34	+55:57	07:57
17	30	André Fernandes	grupo alegre unido baixouca	Veterano M45	04:14:34	+55:57	07:57
18	78	João Gaspar	vilaventura trail	Senior Masculino	04:14:34	+55:57	07:57
19	50	Vitor Diniz	individual	Veterano M50	04:14:54	+56:16	07:58
20	40	Vítor Lopes	individual	Veterano M40	04:15:14	+56:37	07:59
21	81	Joselito Pereira	vilaventura trail	Veterano M50	04:15:30	+56:53	07:59
22	61	Filipe Rodrigues	sicótrilhos	Senior Masculino	04:18:52	+01:00:15	08:05
23	72	Bruno Antunes	vilaventura trail	Senior Masculino	04:20:56	+01:02:19	08:09
24	70	Ana Sofia Vieira	trilho perdido eventos / importlux	Senior Feminino	04:22:30	+01:03:53	08:12
25	56	Daniel Filipe Martins Simões	montanha clube trail running / efapel	Senior Masculino	04:24:51	+01:06:14	08:17
26	39	Ricardo Valverde	individual	Veterano M40	04:25:16	+01:06:38	08:17
27	45	Pedro Miguel Carvalho Fernandes	montanha clube trail running / efapel	Veterano M45	04:28:02	+01:09:25	08:23
28	26	Nélia Pedrosa	free runners	Veterana F40	04:28:35	+01:09:58	08:24
29	10	vitór silva	cerveira team running	Veterano M50	04:30:14	+01:11:37	08:27
30	65	João Batista	sicótrilhos	Veterano M40	04:30:21	+01:11:44	08:27
31	38	DAVID CÂNDIDO	individual	Veterano M40	04:33:21	+01:14:44	08:33
32	59	Francico Ferreira	os tolinhos	Veterano M55	04:41:31	+01:22:54	08:48
33	64	Nuno Janeiro	sicótrilhos	Sub 23 Masculino	04:43:20	+01:24:43	08:51
34	11	Filipa Gameiro	clube desportivo de espite	Senior Feminino	04:43:26	+01:24:49	08:51
35	68	Manuela Silva	talentos objetivos	Senior Feminino	04:45:37	+01:27:00	08:56
36	9	João Rato	ccdr matas e cipreste	Veterano M40	04:46:43	+01:28:06	08:58
37	67	Pedro Silva	sicótrilhos	Veterano M40	04:46:53	+01:28:16	08:58
38	34	Paulino Oliveira	individual	Senior Masculino	04:47:51	+01:29:13	09:00
39	20	PEDRO FONTINHA	clube millennium bcp	Veterano M40	04:56:55	+01:38:18	09:17
40	25	Nelson Aguiar	desafios positivos d+	Veterano M45	04:57:54	+01:39:17	09:19

TRAIL LONGO - STAGE 1

32 KM

OFFICIAL RESULT



LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	22	Mariana Henriques	coa/ corvus trail team	Senior Feminino	04:58:01	+01:39:23	09:19
42	24	Rui Dias	coa/ corvus trail team	Veterano M50	04:58:01	+01:39:23	09:19
43	7	Raquel Matias	c.f os marialvas	Veterana F40	05:00:05	+01:41:28	09:23
44	53	Catarina Isabel Fernandes Sintra	lama solta	Veterana F40	05:03:24	+01:44:47	09:29
45	54	FILOMENA CARVALHO	lama solta	Veterana F40	05:03:26	+01:44:49	09:29
46	46	Pedro Miguel da Cruz Custódio	individual	Veterano M45	05:03:40	+01:45:03	09:29
47	37	Marco António Silva Pedrosa	individual	Sub 23 Masculino	05:06:18	+01:47:41	09:34
48	82	VITOR MONTEIRO	vilaventura trail	Veterano M55	05:07:25	+01:48:48	09:36
49	33	Gonçalo Fernandes	individual	Senior Masculino	05:11:17	+01:52:40	09:44
50	23	Virginia Sousa	coa/ corvus trail team	Senior Feminino	05:11:26	+01:52:49	09:44
51	75	Henrique Antunes	vilaventura trail	Senior Masculino	05:11:45	+01:53:08	09:45
52	84	Hugo Aquino	vilaventura trail	Senior Masculino	05:11:45	+01:53:08	09:45
53	49	luis Vieira	individual	Veterano M50	05:18:10	+01:59:33	09:57
54	31	João Pedro da Silva Dâmaso	grupo maravilha	Senior Masculino	05:21:00	+02:02:22	10:02
55	58	David Marques	os tolinhos	Sub 23 Masculino	05:22:01	+02:03:24	10:04
56	5	Catarina Palmeiro	abcansado trail	Veterana F40	05:22:51	+02:04:14	10:05
57	3	Gina Domingues	individual	Veterana F45	05:27:18	+02:08:41	10:14
58	16	Susete da Silva	clube desportivo de espite	Veterana F40	05:38:57	+02:20:20	10:36
59	79	MARCO PASCOAL	vilaventura trail	Senior Masculino	05:40:45	+02:22:08	10:39
60	27	Rui Neto	free runners	Veterano M40	05:40:58	+02:22:21	10:39
61	60	Lisandra Joaquim	sicótrilhos	Senior Feminino	05:46:53	+02:28:16	10:50
62	80	NUNO CARVALHO	vilaventura trail	Veterano M40	05:59:11	+02:40:34	11:13
63	71	Ana Raquel da Silva Gonçalves Carvalho	vilaventura trail	Senior Feminino	06:03:23	+02:44:46	11:21
64	52	Elisa Bregieiro	lama solta	Senior Feminino	06:03:24	+02:44:46	11:21
65	51	Jose Baptista	liz runners	Veterano M60	06:13:35	+02:54:58	11:40
66	77	João Carlos Santos Nogueira	vilaventura trail	Senior Masculino	06:19:28	+03:00:51	11:52
67	48	Agostinho Barros	individual	Veterano M50	06:26:30	+03:07:53	12:05
68	36	Gonçalo silva pedrosa	individual	Sub 23 Masculino	06:26:37	+03:08:00	12:05
69	19	CARLA OLIMPIO	clube millennium bcp	Veterana F40	06:31:38	+03:13:01	12:14

TEAM RESULTS - TRAIL LONGO - F

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	CLUBE DESPORTIVO DE ESPITE	3 + 6 + 15	24
2	LAMA SOLTA	10 + 11 + 18	39

TEAM RESULTS - TRAIL LONGO - M

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	CLUBE DESPORTIVO DE ESPITE	1 + 5 + 8 + 10	24
2	VILAVENTURA TRAIL	3 + 15 + 18 + 20	56
3	SICÓTRILHOS	4 + 13 + 19 + 25	61

TRAIL CURTO - STAGE 1

18 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	558	David Alves	individual	Senior Masculino	02:19:23	+33:02	07:45
43	542	Dany Grilo	grupo alegre unido bajouca	Senior Masculino	02:20:07	+33:46	07:47
44	605	Henrique Lavaredas	individual	Veterano M45	02:22:37	+36:16	07:55
45	603	David Miguel da Mota Lopes	individual	Veterano M45	02:22:51	+36:30	07:56
46	544	Marco Reis	grupo alegre unido bajouca	Senior Masculino	02:22:54	+36:33	07:56
47	524	Cátia Santos	clube desportivo de espite	Senior Feminino	02:22:58	+36:37	07:57
48	650	Henrique Ferreira dos Santos	sicótrilhos	Veterano M40	02:24:12	+37:51	08:01
49	613	Manuel Gaspar 01081964	individual	Veterano M55	02:24:27	+38:05	08:02
50	572	Rui Neves	individual	Senior Masculino	02:24:31	+38:10	08:02
51	629	Délio Pascoal	notícias de colmeias atletismo	Veterano M40	02:26:18	+39:56	08:08
52	630	Helder Abreu	notícias de colmeias atletismo	Veterano M40	02:26:18	+39:56	08:08
53	607	Leonel Pinto	individual	Veterano M45	02:26:44	+40:23	08:09
54	507	Gonçalo Mota	a.r. meirinhas	Senior Masculino	02:28:07	+41:46	08:14
55	596	Pedro Neves	individual	Veterano M40	02:31:01	+44:40	08:23
56	508	Énio Mota	a.r. meirinhas	Veterano M40	02:32:15	+45:53	08:28
57	551	Tiago vicente	hallstar trail	Senior Masculino	02:33:51	+47:30	08:33
58	589	David Marques	individual	Veterano M40	02:34:01	+47:39	08:33
59	624	Nilton Jorge da Silva Caetano	lama solta	Veterano M45	02:34:30	+48:08	08:35
60	530	Carlos António Mota Longo da Conceição	cscrfcharneca	Veterano M45	02:34:49	+48:28	08:36
61	568	Luís Mendes	individual	Senior Masculino	02:38:24	+52:03	08:48
62	602	David Cunha	individual	Veterano M45	02:38:58	+52:36	08:50
63	510	ELSA SOARES	ac vermeil	Veterana F40	02:40:25	+54:04	08:55
64	533	Luís Fernando Rocha das Neves	cscrfcharneca	Veterano M60	02:40:30	+54:09	08:55
65	569	Marco santos	individual	Senior Masculino	02:40:34	+54:13	08:55
66	645	Sara Gonçalves	sicótrilhos	Senior Feminino	02:40:37	+54:16	08:55
67	593	Hugo Lourenço	individual	Veterano M40	02:40:39	+54:18	08:56
68	559	Dino José Domingues Silva	individual	Senior Masculino	02:41:29	+55:07	08:58
69	584	Sandra Frazão	100 pressa	Veterana F45	02:41:44	+55:23	08:59
70	604	Frederico da Fonseca Sismeiro	individual	Veterano M45	02:43:01	+56:40	09:03
71	531	Miguel Ângelo Duarte das Neves Matias	cscrfcharneca	Veterano M45	02:44:38	+58:16	09:09
72	612	Guilherme Bento	individual	Veterano M50	02:45:06	+58:45	09:10
73	599	Alexandre Blanco	individual	Veterano M45	02:45:46	+59:24	09:13
74	561	Diogo Henriques	individual	Senior Masculino	02:46:25	+01:00:04	09:15
75	548	Virgílio Alberto	grupo alegre unido bajouca	Veterano M50	02:46:25	+01:00:04	09:15
76	540	Sara Alves	grupo alegre unido bajouca	Senior Feminino	02:46:53	+01:00:32	09:16
77	528	Lília Maria Neves da Silva	cscrfcharneca	Veterana F45	02:47:33	+01:01:12	09:19
78	640	TÂNIA PEDROSA	rocket team	Senior Feminino	02:47:42	+01:01:20	09:19
79	565	Joel Simões	individual	Senior Masculino	02:47:46	+01:01:25	09:19
80	564	João Manuel Cordeiro Gonçalves	individual	Senior Masculino	02:48:16	+01:01:54	09:21
81	601	Carlos Nuno Alves Duarte	individual	Veterano M45	02:48:41	+01:02:19	09:22
82	656	VERA GORDO	vikings trail runners / ccr alcabideque	Veterana F40	02:49:00	+01:02:38	09:23
83	647	Marco Mendes	sicótrilhos	Senior Masculino	02:49:37	+01:03:16	09:25
84	501	Pedro Pimpão	individual	Veterano M40	02:52:14	+01:05:52	09:34

TRAIL CURTO - STAGE 1
18 KM
OFFICIAL RESULT
R
 REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	627	Sónia Domingues Pereira	notícias de colmeias atletismo	Veterana F45	02:52:38	+01:06:17	09:35
86	622	Pedro Marques	lama solta	Senior Masculino	02:53:04	+01:06:42	09:37
87	42	Helder Manuel dos Santos Nunes	individual	Veterano M45	02:54:08	+01:07:47	09:40
88	536	Nuno Fernandes	opraticante.pt	Veterano M45	02:54:27	+01:08:06	09:42
89	576	Daniela Neves Silva	individual	Sub 23 Feminino	02:54:28	+01:08:07	09:42
90	560	dino marques	individual	Senior Masculino	02:54:54	+01:08:33	09:43
91	606	João Dinis Graça Fernandes	individual	Veterano M45	02:55:17	+01:08:56	09:44
92	529	Álvaro José Vieira Lopes	cscrcharneca	Veterano M40	02:55:51	+01:09:29	09:46
93	617	Nélia Anastácio	ladeia running team	Senior Feminino	02:55:55	+01:09:34	09:46
94	642	LILIANA JOÃO RODRIGUES PEDROSA	rocket team	Veterana F40	02:55:57	+01:09:36	09:47
95	590	David Rodrigues Fernandes	individual	Veterano M40	02:57:15	+01:10:54	09:51
96	649	Marília Teixeira	sicótrilhos	Veterana F40	02:57:25	+01:11:03	09:51
97	586	STEPHANIE SILVA	individual	Veterana F45	02:57:39	+01:11:17	09:52
98	592	Gonçalo Freitas	individual	Veterano M40	02:58:17	+01:11:56	09:54
99	585	Sara Domingues	individual	Veterana F45	03:00:15	+01:13:53	10:01
100	600	António Gomes	individual	Veterano M45	03:00:17	+01:13:55	10:01
101	591	Fernando Braz	individual	Veterano M40	03:01:30	+01:15:09	10:05
102	643	Nelson MATIAS	rocket team	Veterano M45	03:02:13	+01:15:52	10:07
103	641	YVO MATIAS	rocket team	Senior Masculino	03:02:14	+01:15:52	10:07
104	588	Carlos Matias	individual	Veterano M40	03:02:21	+01:16:00	10:08
105	579	João Monteiro	individual	Sub 23 Masculino	03:03:08	+01:16:47	10:10
106	555	André Monteiro	individual	Senior Masculino	03:03:08	+01:16:47	10:10
107	625	Sérgio Fernandes	lama solta	Veterano M45	03:03:19	+01:16:58	10:11
108	653	Marta Fonseca	trailari trailaró	Senior Feminino	03:04:40	+01:18:18	10:16
109	611	Pedro Luis	individual	Veterano M45	03:05:14	+01:18:53	10:17
110	620	João Neves	lama solta	Senior Masculino	03:05:26	+01:19:05	10:18
111	532	Arlindo de Jesus Oliveira	cscrcharneca	Veterano M50	03:06:02	+01:19:40	10:20
112	505	Cristina Carvalho	100 prensa	Veterana F55	03:07:56	+01:21:35	10:26
113	545	Anabela Fernandes	grupo alegre unido bajouca	Veterana F50	03:08:09	+01:21:47	10:27
114	638	susana bértolo	os tolinhos	Veterana F50	03:08:38	+01:22:17	10:29
115	570	Marco Simoes	individual	Senior Masculino	03:08:58	+01:22:36	10:30
116	655	Pedro Abreu	try to stop us / lister team	Veterano M45	03:11:03	+01:24:42	10:37
117	580	Catarina Alexandra Carvalho dos Santos	individual	Veterana F40	03:11:36	+01:25:15	10:39
118	654	Leandro Santos	trailari trailaró	Veterano M60	03:12:10	+01:25:49	10:41
119	581	Sandra Antunes	individual	Veterana F40	03:12:39	+01:26:17	10:42
120	582	M João Gonçalves	individual	Veterana F45	03:12:54	+01:26:32	10:43
121	539	Luísa Areia	grupo alegre unido bajouca	Senior Feminino	03:17:36	+01:31:14	10:59
122	597	Pedro Rufino	individual	Veterano M40	03:19:17	+01:32:56	11:04
123	587	André Filipe Marques Gomes	individual	Veterano M40	03:24:38	+01:38:16	11:22
124	552	Neuza Monteiro	individual	Senior Feminino	03:25:07	+01:38:46	11:24
125	644	Nádia Sofia Pedrosa Simões	sicótrilhos	Senior Feminino	03:28:48	+01:42:27	11:36
126	504	Cristina Pereira Oliveira	100 prensa	Veterana F40	03:29:20	+01:42:59	11:38
127	513	ALFREDO SANTOS	ac vermoil	Veterano M60	03:30:35	+01:44:14	11:42
128	535	Maria Pedro	opraticante.pt	Veterana F45	03:31:07	+01:44:46	11:44

TRAIL CURTO - STAGE 1**18 KM****R**
REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
129	516	Ana Dias	arrábida obstacles runners (aor)	Veterana F40	03:31:09	+01:44:48	11:44
130	550	Sérgio Marcelino	grupo alegre unido bajouca	Veterano M55	03:36:40	+01:50:18	12:02
131	525	Sandra Santos	clube desportivo de espite	Veterana F45	03:39:03	+01:52:42	12:10
132	658	Telmo Rodrigues Junqueira	vilaventura trail	Senior Masculino	03:39:05	+01:52:44	12:10
133	657	Nelson dos Santos Nogueira	vilaventura trail	Senior Masculino	03:54:03	+02:07:42	13:00

Trail Curto

18 KM



OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:30	-99°C	-99%
End	13:24	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	524	Cátia Santos	Clube Desportivo de Espite	Senior Feminino	02:22:58	+36:37	07:57
2	645	Sara Gonçalves	SicóTrilhos	Senior Feminino	02:40:37	+54:16	08:55
3	540	Sara Alves	Grupo Alegre Unido Bajouca	Senior Feminino	02:46:53	+01:00:32	09:16
4	640	TÂNIA PEDROSA	Rocket Team	Senior Feminino	02:47:42	+01:01:20	09:19
5	617	Nélia Anastácio	Ladeia Running Team	Senior Feminino	02:55:55	+01:09:34	09:46
6	653	Marta Fonseca	Trailari Trailaró	Senior Feminino	03:04:40	+01:18:18	10:16
7	539	Luísa Areia	Grupo Alegre Unido Bajouca	Senior Feminino	03:17:36	+01:31:14	10:59
8	552	Neuza Monteiro	Individual	Senior Feminino	03:25:07	+01:38:46	11:24
9	644	Nádia Sofia Pedrosa Simões	SicóTrilhos	Senior Feminino	03:28:48	+01:42:27	11:36

Senior Masculino

1	623	Pedro Miguel Serra Santos	LAMA SOLTA	Senior Masculino	01:54:59	+08:38	06:23
2	626	Jordan Silva	LIZ RUNNERS	Senior Masculino	01:59:58	+13:36	06:40
3	573	Tiago Alves	Individual	Senior Masculino	02:00:51	+14:30	06:43
4	677	Ricardo Marques	G.A.Caranguejeira	Senior Masculino	02:01:07	+14:46	06:44
5	621	Nuno Neves	LAMA SOLTA	Senior Masculino	02:03:24	+17:02	06:51
6	679	Rafael Gaspar	G.A.Caranguejeira	Senior Masculino	02:04:21	+18:00	06:55
7	506	Diogo Lisboa	A.R. Meirinhas	Senior Masculino	02:04:25	+18:04	06:55
8	646	Daniel Antunes	SicóTrilhos	Senior Masculino	02:07:02	+20:41	07:03
9	543	Fernando Domingues	Grupo Alegre Unido Bajouca	Senior Masculino	02:08:10	+21:49	07:07
10	557	Cristóvão José Gameiro Costa	Individual	Senior Masculino	02:10:25	+24:04	07:15
11	502	João Costa	100 Gás Trail Team	Senior Masculino	02:10:36	+24:15	07:15
12	523	Henrique Carvalheiro	CCDR Matas e Cipreste	Senior Masculino	02:10:45	+24:24	07:16
13	648	Nuno Mendes	SicóTrilhos	Senior Masculino	02:12:11	+25:50	07:21
14	567	Jorge Barros _ FORunners	Individual	Senior Masculino	02:13:04	+26:43	07:24
15	562	Filipe Silva	Individual	Senior Masculino	02:18:28	+32:07	07:42
16	618	Carlos Simões	Ladeia Running Team	Senior Masculino	02:19:19	+32:57	07:44
17	558	David Alves	Individual	Senior Masculino	02:19:23	+33:02	07:45
18	542	Dany Grilo	Grupo Alegre Unido Bajouca	Senior Masculino	02:20:07	+33:46	07:47
19	544	Marco Reis	Grupo Alegre Unido Bajouca	Senior Masculino	02:22:54	+36:33	07:56
20	572	Rui Neves	Individual	Senior Masculino	02:24:31	+38:10	08:02
21	507	Gonçalo Mota	A.R. Meirinhas	Senior Masculino	02:28:07	+41:46	08:14
22	551	Tiago vicente	Hallstar trail	Senior Masculino	02:33:51	+47:30	08:33
23	568	Luís Mendes	Individual	Senior Masculino	02:38:24	+52:03	08:48
24	569	Marco santos	Individual	Senior Masculino	02:40:34	+54:13	08:55
25	559	Dino José Domingues Silva	Individual	Senior Masculino	02:41:29	+55:07	08:58
26	561	Diogo Henriques	Individual	Senior Masculino	02:46:25	+01:00:04	09:15
27	565	Joel Simões	Individual	Senior Masculino	02:47:46	+01:01:25	09:19

Trail Curto

18 KM

R
REVISED

OFFICIAL RESULT

28	564	João Manuel Cordeiro Gonçalves	Individual	Senior Masculino	02:48:16	+01:01:54	09:21
29	647	Marco Mendes	SicóTrilhos	Senior Masculino	02:49:37	+01:03:16	09:25
30	622	Pedro Marques	LAMA SOLTA	Senior Masculino	02:53:04	+01:06:42	09:37
31	560	dino marques	Individual	Senior Masculino	02:54:54	+01:08:33	09:43
32	641	YVO MATIAS	Rocket Team	Senior Masculino	03:02:14	+01:15:52	10:07
33	555	André Monteiro	Individual	Senior Masculino	03:03:08	+01:16:47	10:10
34	620	João Neves	LAMA SOLTA	Senior Masculino	03:05:26	+01:19:05	10:18
35	570	Marco Simoes	Individual	Senior Masculino	03:08:58	+01:22:36	10:30
36	658	Telmo Rodrigues Junqueira	VILAVENTURA TRAIL	Senior Masculino	03:39:05	+01:52:44	12:10
37	657	Nelson dos Santos Nogueira	VILAVENTURA TRAIL	Senior Masculino	03:54:03	+02:07:42	13:00

Sub 23 Feminino

1	576	Daniela Neves Silva	Individual	Sub 23 Feminino	02:54:28	+01:08:07	09:42
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Sub 23 Masculino

1	514	Leandro Costa	AcroPombal	Sub 23 Masculino	01:54:23	+08:02	06:21
2	577	André Costa	Individual	Sub 23 Masculino	02:12:23	+26:02	07:21
3	538	João Pedrosa	Grupo Alegre Unido Bajouca	Sub 23 Masculino	02:14:08	+27:47	07:27
4	579	João Monteiro	Individual	Sub 23 Masculino	03:03:08	+01:16:47	10:10

Veterana F40

1	510	ELSA SOARES	AC VERMOIL	Veterana F40	02:40:25	+54:04	08:55
2	656	VERA GORDO	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Veterana F40	02:49:00	+01:02:38	09:23
3	642	LILIANA JOÃO RODRIGUES PEDROSA	Rocket Team	Veterana F40	02:55:57	+01:09:36	09:47
4	649	Marília Teixeira	SicóTrilhos	Veterana F40	02:57:25	+01:11:03	09:51
5	580	Catarina Alexandra Carvalho dos Santos	Individual	Veterana F40	03:11:36	+01:25:15	10:39
6	581	Sandra Antunes	Individual	Veterana F40	03:12:39	+01:26:17	10:42
7	504	Cristina Pereira Oliveira	100 Pressa	Veterana F40	03:29:20	+01:42:59	11:38
8	516	Ana Dias	Arrábida Obstacles Runners (AOR)	Veterana F40	03:31:09	+01:44:48	11:44

Veterana F45

1	628	Virgínia Maria Amaral Lopes Simões	Notícias de Colmeias Atletismo	Veterana F45	02:15:18	+28:57	07:31
2	515	Clarinda Santos	Airlux-Nda	Veterana F45	02:16:35	+30:14	07:35
3	584	Sandra Frazão	100 pressa	Veterana F45	02:41:44	+55:23	08:59
4	528	Lília Maria Neves da Silva	cscrcharneca	Veterana F45	02:47:33	+01:01:12	09:19
5	627	Sónia Domingues Pereira	Notícias de Colmeias Atletismo	Veterana F45	02:52:38	+01:06:17	09:35
6	586	STEPHANIE SILVA	Individual	Veterana F45	02:57:39	+01:11:17	09:52
7	585	Sara Domingues	Individual	Veterana F45	03:00:15	+01:13:53	10:01
8	582	M João Gonçalves	Individual	Veterana F45	03:12:54	+01:26:32	10:43

Official Timekeeper: Lap2Go	2 / 5	generate 26-abr-2022 12:20
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TEAM RESULTS - TRAIL CURTO - F

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	SICÓTRILHOS	5 + 15 + 27	47
2	GRUPO ALEGRE UNIDO BAJOUCA	7 + 20 + 25	52
3	100 PRESSA	6 + 19 + 28	53

TEAM RESULTS - TRAIL CURTO - M

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	G.A.CARANGUEJEIRA	7 + 11 + 14 + 24	56
2	GRUPO ALEGRE UNIDO BAJOUCA	4 + 12 + 18 + 31	65
3	NOTÍCIAS DE COLMEIAS ATLETISMO	6 + 17 + 23 + 48	94
4	LAMA SOLTA	5 + 13 + 55 + 74	147
5	SICÓTRILHOS	16 + 28 + 45 + 72	161
6	CSCRFCHARNECA	56 + 59 + 64 + 79	258