

TRAIL DO VALE - STAGE 1

22 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	08:30	-99°C	-99%
End	13:53	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
1	11	Fernando Gomes	clube de atletismo de ferreira do zêzere	Senior Masculino	01:43:03		04:41
2	10	André Luís	clube de atletismo de ferreira do zêzere	Senior Masculino	01:44:09	+01:06	04:44
3	70	Ricardo Ferreira	trilhos dos templários/ acr santa cita	Veterano M40	01:44:59	+01:56	04:46
4	1	luiz Carlos Carvalho da Mota	casa do benfica em abranes	Veterano M50	01:49:04	+06:01	04:57
5	29	Fábio Mendes	individual	Senior Masculino	01:50:41	+07:38	05:02
6	15	Joke Descheemaeker	clube de atletismo de ferreira do zêzere	Sub 23 Feminino	01:50:59	+07:56	05:03
7	27	Ricardo Jorge Santos Moreira	cpalcanenatrail	Senior Masculino	01:53:53	+10:50	05:11
8	28	Dino Alexandre Alves Bento	casa do benfica em abranes	Senior Masculino	01:57:40	+14:37	05:21
9	64	João Pereira	serra d'aire trail team	Veterano M40	02:01:44	+18:41	05:32
10	20	Hélder Pereira	clube de atletismo de ferreira do zêzere	Veterano M45	02:02:29	+19:26	05:34
11	19	Ricardo Duarte	clube de atletismo de ferreira do zêzere	Veterano M40	02:02:39	+19:36	05:35
12	13	Ricardo Neves	clube de atletismo de ferreira do zêzere	Senior Masculino	02:04:01	+20:58	05:38
13	62	Rui Silva	ourém vida team	Veterano M40	02:07:31	+24:28	05:48
14	68	Rogério Pronto	tomar runners	Senior Masculino	02:07:31	+24:28	05:48
15	23	Vítor Santos	clube de atletismo de ferreira do zêzere	Veterano M45	02:11:32	+28:29	05:59
16	14	Tiago Ramos	clube de atletismo de ferreira do zêzere	Senior Masculino	02:12:56	+29:53	06:03
17	16	Sílvia Santos	clube de atletismo de ferreira do zêzere	Veterana F40	02:13:04	+30:00	06:03
18	21	Luís Graça	clube de atletismo de ferreira do zêzere	Veterano M45	02:14:09	+31:06	06:06
19	69	Pedro Anjos	trilho perdido eventos // imporlux	Veterano M40	02:14:19	+31:15	06:06
20	42	Carlos Alberto Ferreira António	individual	Veterano M40	02:14:44	+31:41	06:07
21	61	César Ferreira	ourém vida team	Senior Masculino	02:14:56	+31:53	06:08
22	78	Tiago Gaspar	trilhos dos templários/ acr santa cita	Veterano M40	02:15:18	+32:15	06:09
23	56	Francisco Farinha	montes saloios trail team	Senior Masculino	02:17:41	+34:38	06:16
24	45	João Grade	individual	Veterano M40	02:18:23	+35:20	06:17
25	58	Flávio Graça	os matrecos	Senior Masculino	02:19:02	+35:59	06:19
26	30	Fábio Miguel Nunes Henriques	individual	Senior Masculino	02:19:15	+36:12	06:20
27	76	Rodolfo Deyllot	fatima trail team	Veterano M50	02:19:30	+36:27	06:20
28	66	Marco Ferreira	team rebeldex	Senior Masculino	02:19:55	+36:52	06:22
29	38	Judith Rosário Ribeiro	individual	Veterana F50	02:20:03	+37:00	06:22
30	31	Luís Pereira	individual	Senior Masculino	02:21:10	+38:07	06:25
31	44	Nelson Manuel Neto de Sousa	individual	Veterano M40	02:22:20	+39:16	06:28
32	51	Vitor Diniz	individual	Veterano M50	02:22:52	+39:48	06:30
33	26	João Ferreira	cpalcanenatrail	Senior Masculino	02:27:37	+44:34	06:43
34	12	Nuno Nunes	clube de atletismo de ferreira do zêzere	Senior Masculino	02:28:22	+45:19	06:45
35	57	Jorge Antunes	onda fisica run&friends	Veterano M45	02:29:33	+46:30	06:48
36	60	Manuel Silva	os matrecos	Veterano M50	02:32:20	+49:17	06:55
37	5	João Vinagre	bmtomar	Veterano M40	02:33:14	+50:11	06:58
38	75	Manuel Martins	união fci de tomar	Veterano M60	02:36:18	+53:15	07:06
39	67	Samuel Domingues Margarido	team rebeldex	Senior Masculino	02:37:06	+54:03	07:08
40	33	Samuel Fernandes	individual	Senior Masculino	02:37:46	+54:43	07:10
41	25	Mónica Branco	cpalcanenatrail	Senior Feminino	02:37:46	+54:43	07:10
42	72	Carlos Santos	união fci de tomar	Veterano M50	02:38:02	+54:59	07:11

TRAIL DO VALE - STAGE 1

22 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	6	Cacau Medeiros	boavista trail	Veterana F50	02:38:59	+55:56	07:14
44	74	João Roque	união fci de tomar	Veterano M50	02:41:15	+58:12	07:20
45	73	Ernesto Parente	união fci de tomar	Veterano M50	02:41:16	+58:13	07:20
46	52	Acacio Gonçalves	gang	Veterano M60	02:42:08	+59:05	07:22
47	48	João Vicente	individual	Veterano M50	02:42:33	+59:30	07:23
48	59	Sandra Quintas	os matrecos	Veterana F45	02:42:46	+59:43	07:24
49	43	Luís Santos	individual	Veterano M40	02:42:46	+59:43	07:24
50	8	Carlos Manuel Eira	calma - tomar	Veterano M50	02:43:21	+01:00:18	07:26
51	17	Arménio Silva	clube de atletismo de ferreira do zêzere	Veterano M40	02:44:29	+01:01:26	07:29
52	34	Marta Rosário Ribeiro	individual	Veterana F45	02:47:28	+01:04:25	07:37
53	46	Nuno Cotrim	individual	Veterano M45	02:47:54	+01:04:51	07:38
54	32	Mário Simão	individual	Senior Masculino	02:55:11	+01:12:08	07:58
55	47	Anselmo Maia	individual	Veterano M50	03:01:01	+01:17:58	08:14
56	9	Joana Garcia	casa do benfica em abrantas	Senior Feminino	03:01:41	+01:18:38	08:16
57	63	André Lopes	scfz trail runners	Senior Masculino	03:04:35	+01:21:32	08:23
58	49	Joaquim José Ramos Cascalheira	individual	Veterano M50	03:04:49	+01:21:46	08:24
59	7	António Jorge Trindade	calma - tomar	Veterano M50	03:11:05	+01:28:02	08:41
60	37	Célia Pereira	individual	Veterana F50	03:13:07	+01:30:03	08:47
61	24	Vasco Caseiro	cm travel	Senior Masculino	03:17:45	+01:34:42	08:59
62	3	Gessina Costa Mendes	anjo & mendes	Veterana F50	03:28:46	+01:45:43	09:29
63	4	Mário Manuel Pereira Anjo	anjo & mendes	Veterano M50	03:28:47	+01:45:44	09:29
64	53	Vítor Manuel Medeiros Fernandes	individual	Veterano M60	03:48:31	+02:05:28	10:23
65	54	MARIA FERNANDES MIRA CONDEÇO	kaninos	Veterana F50	04:48:56	+03:05:53	13:08
66	55	MÁRIO RUI SOARES SANTIAGO	kaninos	Veterano M50	04:48:57	+03:05:54	13:08

Trail do Vale

22 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	08:30	-99°C	-99%
End	13:53	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	25	Mónica Branco	CPalcanenatrail	Senior Feminino	02:37:46	+54:43	07:10:32
2	9	Joana Garcia	Casa do Benfica em Abrantes	Senior Feminino	03:01:41	+01:18:38	08:16:59

Senior Masculino

1	11	Fernando Gomes	Clube de Atletismo de Ferreira do Zêzere	Senior Masculino	01:43:03	04:41
2	10	André Luís	Clube de Atletismo de Ferreira do Zêzere	Senior Masculino	01:44:09	+01:06 04:44
3	29	Fábio Mendes	Individual	Senior Masculino	01:50:41	+07:38 05:02
4	27	Ricardo Jorge Santos Moreira	CPALCANENATRIL	Senior Masculino	01:53:53	+10:50 05:11
5	28	Dino Alexandre Alves Bento	Casa do Benfica em Abrantes	Senior Masculino	01:57:40	+14:37 05:21
6	13	Ricardo Neves	Clube de Atletismo de Ferreira do Zêzere	Senior Masculino	02:04:01	+20:58 05:38
7	68	Rogério Pronto	Tomar Runners	Senior Masculino	02:07:31	+24:28 05:48
8	14	Tiago Ramos	Clube de Atletismo de Ferreira do Zêzere	Senior Masculino	02:12:56	+29:53 06:03
9	61	César Ferreira	Ourém Vida Team	Senior Masculino	02:14:56	+31:53 06:08
10	56	Francisco Farinha	Montes Saloios Trail Team	Senior Masculino	02:17:41	+34:38 06:16
11	58	Flávio Graça	Os Matrecos	Senior Masculino	02:19:02	+35:59 06:19
12	30	Fábio Miguel Nunes Henriques	Individual	Senior Masculino	02:19:15	+36:12 06:20
13	66	Marco Ferreira	Team Rebeldex	Senior Masculino	02:19:55	+36:52 06:22
14	31	Luís Pereira	Individual	Senior Masculino	02:21:10	+38:07 06:25
15	26	João Ferreira	CPalcanenatrail	Senior Masculino	02:27:37	+44:34 06:43
16	12	Nuno Nunes	Clube de Atletismo de Ferreira do Zêzere	Senior Masculino	02:28:22	+45:19 06:45
17	67	Samuel Domingues Margarido	Team Rebeldex	Senior Masculino	02:37:06	+54:03 07:08
18	33	Samuel Fernandes	Individual	Senior Masculino	02:37:46	+54:43 07:10
19	32	Mário Simão	Individual	Senior Masculino	02:55:11	+01:12:08 07:58
20	63	André Lopes	SCFZ Trail Runners	Senior Masculino	03:04:35	+01:21:32 08:23
21	24	Vasco Caseiro	CM Travel	Senior Masculino	03:17:45	+01:34:42 08:59

Sub 23 Feminino

1	15	Joke Descheemaeker	Clube de Atletismo de Ferreira do Zêzere	Sub 23 Feminino	01:50:59	+07:56	05:03
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Trail do Vale

22 KM

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OFFICIAL RESULT

[illegible]

Veterana F40

1	16	Silvia Santos	Clube de Atletismo de Ferreira do Zêzere	Veterana F40	02:13:04	+30:00	06:03
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Veterana F45

1	59	Sandra Quintas	Os Matrecos	Veterana F45	02:42:46	+59:43	07:24
2	34	Marta Rosário Ribeiro	Individual	Veterana F45	02:47:28	+01:04:25	07:37

Veterana F50

1	38	Judith Rosário Ribeiro	Individual	Veterana F50	02:20:03	+37:00	06:22
2	6	Cacau Medeiros	Boavista Trail	Veterana F50	02:38:59	+55:56	07:14
3	37	Célia Pereira	Individual	Veterana F50	03:13:07	+01:30:03	08:47
4	3	Gessina Costa Mendes	ANJO & MENDES	Veterana F50	03:28:46	+01:45:43	09:29
5	54	MARIA FERNANDES MIRA CONDEÇO	Kaninos	Veterana F50	04:48:56	+03:05:53	13:08

Veterano M40

1	70	Ricardo Ferreira	Trilhos dos templários/ ACR Santa Cita	Veterano M40	01:44:59	+01:56	04:46
2	64	João Pereira	Serra D'Aire Trail Team	Veterano M40	02:01:44	+18:41	05:32
3	19	Ricardo Duarte	Clube de Atletismo de Ferreira do Zêzere	Veterano M40	02:02:39	+19:36	05:35
4	62	Rui Silva	Ourém Vida Team	Veterano M40	02:07:31	+24:28	05:48
5	69	Pedro Anjos	Trilho Perdido Eventos // Imporlux	Veterano M40	02:14:19	+31:15	06:06
6	42	Carlos Alberto Ferreira António	Individual	Veterano M40	02:14:44	+31:41	06:07
7	78	Tiago Gaspar	Trilhos dos templários/ ACR Santa Cita	Veterano M40	02:15:18	+32:15	06:09
8	45	João Grade	Individual	Veterano M40	02:18:23	+35:20	06:17
9	44	Nelson Manuel Neto de Sousa	Individual	Veterano M40	02:22:20	+39:16	06:28
10	5	João Vinagre	BMTomar	Veterano M40	02:33:14	+50:11	06:58
11	43	Luís Santos	Individual	Veterano M40	02:42:46	+59:43	07:24
12	17	Arménio Silva	Clube de Atletismo de Ferreira do Zêzere	Veterano M40	02:44:29	+01:01:26	07:29

Veterano M45

1	20	Hélder Pereira	Clube de Atletismo de Ferreira do Zêzere	Veterano M45	02:02:29	+19:26	05:34
2	23	Vítor Santos	Clube de Atletismo de Ferreira do Zêzere	Veterano M45	02:11:32	+28:29	05:59
3	21	Luís Graça	Clube de Atletismo de Ferreira do Zêzere	Veterano M45	02:14:09	+31:06	06:06
4	57	Jorge Antunes	Onda Física Run&Friends	Veterano M45	02:29:33	+46:30	06:48

Trail do Vale

22 KM

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OFFICIAL RESULT

[illegible]

5	46	Nuno Cotrim	Individual	Veterano M45	02:47:54	+01:04:51	07:38
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Veterano M50

1	1	luiz Carlos Carvalho da Mota	Casa do Benfica em Abrantes	Veterano M50	01:49:04	+06:01	04:57
2	76	Rodolfo Deyllot	FATIMA TRAIL TEAM	Veterano M50	02:19:30	+36:27	06:20
3	51	Vitor Diniz	Individual	Veterano M50	02:22:52	+39:48	06:30
4	60	Manuel Silva	Os Matrecos	Veterano M50	02:32:20	+49:17	06:55
5	72	Carlos Santos	União FCI de Tomar	Veterano M50	02:38:02	+54:59	07:11
6	74	João Roque	União FCI de Tomar	Veterano M50	02:41:15	+58:12	07:20
7	73	Ernesto Parente	União FCI de Tomar	Veterano M50	02:41:16	+58:13	07:20
8	48	João Vicente	Individual	Veterano M50	02:42:33	+59:30	07:23
9	8	Carlos Manuel Eira	CALMA - Tomar	Veterano M50	02:43:21	+01:00:18	07:26
10	47	Anselmo Maia	Individual	Veterano M50	03:01:01	+01:17:58	08:14
11	49	Joaquim José Ramos Cascalheira	Individual	Veterano M50	03:04:49	+01:21:46	08:24
12	7	António Jorge Trindade	CALMA - Tomar	Veterano M50	03:11:05	+01:28:02	08:41
13	4	Mário Manuel Pereira Anjo	ANJO & MENDES	Veterano M50	03:28:47	+01:45:44	09:29
14	55	MÁRIO RUI SOARES SANTIAGO	Kaninos	Veterano M50	04:48:57	+03:05:54	13:08

Veterano M60

1	75	Manuel Martins	União FCI de Tomar	Veterano M60	02:36:18	+53:15	07:06
2	52	Acacio Gonçalves	GANG	Veterano M60	02:42:08	+59:05	07:22
3	53	Vítor Manuel Medeiros Fernandes	Individual	Veterano M60	03:48:31	+02:05:28	10:23

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Official Timekeeper: Lap2Go	1 / 1	generate 01-mai-2022 13:54
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MINI TRAIL DO VALE - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:15	-99°C	-99%
End	13:32	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
1	603	Rui Lopes	Iz car solutions	Senior Masculino	01:05:49		05:29
2	604	Tiago Batista	Iz car solutions	Senior Masculino	01:07:08	+01:18	05:36
3	573	Nuno Arelo	individual	Veterano M40	01:08:15	+02:25	05:41
4	539	Ivo Castro	individual	Senior Masculino	01:09:25	+03:35	05:47
5	581	Nelson Aguiar	individual	Veterano M45	01:14:08	+08:18	06:11
6	574	Pedro goncalo dos reis Laranjeiro	individual	Veterano M40	01:15:18	+09:28	06:17
7	613	Tiago Joaquim	scfz trail runners	Senior Masculino	01:17:37	+11:48	06:28
8	612	Pedro Martins	scfz trail runners	Senior Masculino	01:18:00	+12:10	06:30
9	614	Tiago Esteves	scfz trail runners	Veterano M40	01:18:00	+12:11	06:30
10	532	André Henriques	individual	Senior Masculino	01:18:34	+12:44	06:33
11	584	Rui Alexandre Henriques Figueira	individual	Veterano M45	01:18:34	+12:44	06:33
12	610	CARLOS GASPAR	nexebra trail team	Veterano M50	01:19:52	+14:02	06:39
13	590	jose gomes santos marques	individual	Veterano M50	01:20:04	+14:14	06:40
14	572	Miguel Brito	individual	Veterano M40	01:20:08	+14:19	06:41
15	609	Diogo Silva	nexebra trail team	Sub 23 Masculino	01:20:23	+14:33	06:42
16	545	Roberto Vieira	individual	Sub 23 Masculino	01:20:35	+14:46	06:43
17	537	Helder Matias	individual	Senior Masculino	01:21:29	+15:39	06:47
18	577	Carlos Miguel	individual	Veterano M45	01:21:50	+16:00	06:49
19	606	Luís Fernando Carrillo	Iz car solutions	Sub 23 Masculino	01:22:08	+16:19	06:51
20	514	Bruno Alexandre Lopes Santos	cm travel	Senior Masculino	01:22:55	+17:05	06:55
21	580	Luís Silva	individual	Veterano M45	01:22:55	+17:06	06:55
22	607	Pedro Martinho	Iz car solutions	Veterano M50	01:23:34	+17:44	06:58
23	521	João Silva	individual	Juvenil Masculino	01:23:59	+18:09	07:00
24	509	João Paulo de Oliveira Jacinto	carrapiteiro bike team	Veterano M45	01:26:48	+20:58	07:14
25	538	Hugo faustino	individual	Senior Masculino	01:26:58	+21:08	07:15
26	519	Pedro Braz	individual	Junior Masculino	01:27:00	+21:10	07:15
27	513	Tânia Azevedo	clube de atletismo de ferreira do zêzere	Senior Feminino	01:27:14	+21:24	07:16
28	616	Eliana Raimundo	serra d'aire trail team	Senior Feminino	01:27:19	+21:29	07:17
29	608	Inês Ramos	nexebra trail team	Sub 23 Feminino	01:27:26	+21:36	07:17
30	506	Vitor Domingos	calma - tomar	Veterano M45	01:28:29	+22:40	07:22
31	600	Flávio André Filipe Zarro	Iz car solutions	Senior Masculino	01:29:30	+23:41	07:28
32	535	Diogo Cardoso	individual	Senior Masculino	01:29:58	+24:08	07:30
33	592	Paulo Cruz	individual	Veterano M50	01:30:44	+24:54	07:34
34	622	António Serafim	união fci de tomar	Veterano M60	01:30:50	+25:00	07:34
35	546	Ana Isabel Alves	individual	Veterana F40	01:30:59	+25:09	07:35
36	571	LUIS MORGADO	individual	Veterano M40	01:31:11	+25:21	07:36
37	611	Marlene Pinto	os matrecos	Senior Feminino	01:31:37	+25:48	07:38
38	586	Carlos Antunes	individual	Veterano M50	01:33:51	+28:01	07:49
39	547	Andreia Alexandra Fernandes Coelho	individual	Veterana F40	01:33:55	+28:06	07:50
40	618	Ricardo Coruche	team rebeldex	Senior Masculino	01:35:11	+29:21	07:56

MINI TRAIL DO VALE - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	533	Bruno Alexandre Mendes Gonçalves	individual	Senior Masculino	01:35:11	+29:22	07:56
42	529	Stefany Naiara Silva Oliveira	individual	Senior Feminino	01:35:12	+29:22	07:56
43	615	Daniel Santos	scfz trail runners	Veterano M45	01:35:12	+29:23	07:56
44	523	Andreia Tojeiro	individual	Senior Feminino	01:35:54	+30:04	08:00
45	621	António Costa	união fci de tomar	Veterano M45	01:35:55	+30:06	08:00
46	620	Carolina Feliz	união fci de tomar	Veterana F60	01:36:03	+30:14	08:00
47	502	Humberto José Luis Morgado	bmtomar	Veterano M40	01:36:12	+30:22	08:01
48	541	Luís Ezequiel	individual	Senior Masculino	01:36:21	+30:32	08:02
49	503	Vasco Leal de Brito	c.a.s.p.a. - clube amador só para atletismo	Sub 23 Masculino	01:36:39	+30:49	08:03
50	569	João Cardoso	individual	Veterano M40	01:37:23	+31:33	08:07
51	602	Luís Filipe Rodrigues Martins	lz car solutions	Senior Masculino	01:38:20	+32:30	08:12
52	553	Mónica Conde	individual	Veterana F40	01:38:56	+33:07	08:15
53	515	Tiago Vieira	cm travel	Senior Masculino	01:38:59	+33:10	08:15
54	575	Pedro Miguel Pereira da Silva	individual	Veterano M40	01:39:34	+33:45	08:18
55	36	Sofia galinha	individual	Veterana F45	01:39:55	+34:06	08:20
56	587	CÉSAR FERREIRA	individual	Veterano M50	01:39:56	+34:06	08:20
57	565	LUIZA MARIA COSTA MENDES DIAS	individual	Veterana F60	01:40:16	+34:27	08:21
58	596	LÚCIO LOPES DIAS MENDES	individual	Veterano M60	01:40:16	+34:27	08:21
59	598	Rui Monteiro	kcx powa	Senior Masculino	01:40:36	+34:47	08:23
60	597	Pedro Gonçalves	kcx powa	Senior Masculino	01:40:36	+34:47	08:23
61	570	Luis Alves	individual	Veterano M40	01:41:36	+35:46	08:28
62	560	Cristina Mendes	individual	Veterana F50	01:42:57	+37:07	08:35
63	540	Leone Sereno	individual	Senior Masculino	01:42:57	+37:08	08:35
64	548	Carla Goncalves	individual	Veterana F40	01:44:20	+38:30	08:42
65	549	Joanna Louise Bedenham	individual	Veterana F40	01:45:05	+39:15	08:45
66	562	Maria João Oliveira	individual	Veterana F50	01:45:07	+39:17	08:46
67	520	Renato Alexandre Pinto Pereira	individual	Junior Masculino	01:45:17	+39:27	08:46
68	518	João Mendes	individual	Junior Masculino	01:45:17	+39:27	08:46
69	501	MARIA PEREIRA	acbatalha	Veterana F60	01:45:29	+39:40	08:47
70	516	Tânia Brites	correr ourém	Senior Feminino	01:46:06	+40:17	08:51
71	552	Marta Graça	individual	Veterana F40	01:47:20	+41:30	08:57
72	536	Gonçalo Teles Lopes	individual	Senior Masculino	01:49:42	+43:53	09:09
73	507	Ana Sofia Junqueira Pinho	carrapiteiro bike team	Senior Feminino	01:49:59	+44:10	09:10
74	508	Helena Isabel Campos Damas	carrapiteiro bike team	Senior Feminino	01:50:00	+44:10	09:10
75	591	Nuno Miguel Leal Finote	individual	Veterano M50	01:51:05	+45:15	09:15
76	566	Claudio Henriques	individual	Veterano M40	01:51:49	+45:59	09:19
77	551	Maria João António	individual	Veterana F40	01:53:09	+47:20	09:26
78	568	Joao Calado	individual	Veterano M40	01:53:19	+47:29	09:27
79	555	Diva Cobra	individual	Veterana F45	01:53:20	+47:30	09:27
80	583	Pedro Rodrigues	individual	Veterano M45	01:54:35	+48:45	09:33
81	550	Lucília carreira	individual	Veterana F40	01:54:35	+48:45	09:33
82	558	Anabela Fonseca	individual	Veterana F50	01:54:41	+48:51	09:33
83	589	Jose Fonseca	individual	Veterano M50	01:54:43	+48:53	09:34

MINI TRAIL DO VALE - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
84	525	Filipa Mendes	individual	Senior Feminino	01:55:11	+49:21	09:36
85	530	Vanessa Sofia Gaspar Serras	individual	Senior Feminino	01:55:11	+49:22	09:36
86	578	Fernando Godinho	individual	Veterano M45	01:55:12	+49:22	09:36
87	619	Ana Grácio	união fci de tomar	Senior Feminino	01:55:42	+49:53	09:39
88	595	Júlio Manuel Sousa Fernandes	individual	Veterano M60	01:55:43	+49:53	09:39
89	576	Anselmo Dias da Luz	individual	Veterano M45	01:56:24	+50:35	09:42
90	567	DANIEL CAETANO	individual	Veterano M40	01:56:50	+51:01	09:44
91	504	Otília Maria Ribeiro Gonçalves Leal	c.a.s.p.a. - clube amador só para atletismo	Veterana F50	01:58:51	+53:01	09:54
92	542	Pedro Fonseca	individual	Senior Masculino	02:00:36	+54:46	10:03
93	554	Ana Rita	individual	Veterana F45	02:02:03	+56:14	10:10
94	517	Bela cunha	free runners	Veterana F45	02:02:28	+56:38	10:12
95	531	Vanessa Almeida	individual	Senior Feminino	02:02:56	+57:07	10:15
96	564	Paula Jesus Marques da Silva Cruz	individual	Veterana F50	02:03:04	+57:14	10:15
97	561	Maria Fátima Ferreira Santos	individual	Veterana F50	02:03:04	+57:15	10:15
98	512	Carlos Alfaiate	casa do benfica em abrantes	Veterano M60	02:04:25	+58:35	10:22
99	605	Tiago Filipe Coelho Gaio Martins	lz car solutions	Senior Masculino	02:07:56	+01:02:06	10:40
100	624	Cristina Mendes	clube de atletismo de ferreira do zêzere	Senior Feminino	02:09:00	+01:03:11	10:45
101	599	Filipe Duque da Silva António	lz car solutions	Senior Masculino	02:13:36	+01:07:47	11:08
102	527	Rita Ramos	individual	Senior Feminino	02:14:04	+01:08:15	11:10
103	601	José Rafael Lobato Reis Silva	lz car solutions	Senior Masculino	02:14:04	+01:08:15	11:10
104	522	Ana Laura Neves Ferreira	individual	Senior Feminino	02:14:04	+01:08:15	11:10
105	594	António Manuel Bento Ferreira Bretes	individual	Veterano M60	02:17:42	+01:11:52	11:29
106	524	Cátia Marçal	individual	Senior Feminino	02:23:48	+01:17:59	11:59
107	629	Mileanne Santos	individual	Senior Feminino	02:24:08	+01:18:18	12:01
108	593	Rui Calado	individual	Veterano M50	02:28:58	+01:23:09	12:25
109	623	Vítor Marto	união fci de tomar	Veterano M60	02:29:19	+01:23:30	12:27

Mini Trail do Vale

12 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:15	-99°C	-99%
End	13:32	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Junior Masculino

1	519	Pedro Braz	Individual	Junior Masculino	01:27:00	+21:10	07:15
2	520	Renato Alexandre Pinto Pereira	Individual	Junior Masculino	01:45:17	+39:27	08:46
3	518	João Mendes	Individual	Junior Masculino	01:45:17	+39:27	08:46

Juvenil Masculino

1	521	João Silva	Individual	Juvenil Masculino	01:23:59	+18:09	07:00
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Senior Feminino

1	513	Tânia Azevedo	Clube de Atletismo de Ferreira do Zêzere	Senior Feminino	01:27:14	+21:24	07:16:00
2	616	Eliana Raimundo	Serra D'Aire Trail Team	Senior Feminino	01:27:19	+21:29	07:17:00
3	611	Marlene Pinto	Os Matrecos	Senior Feminino	01:31:37	+25:48	07:38:00
4	529	Stefany Naiara Silva Oliveira	Individual	Senior Feminino	01:35:12	+29:22	07:56:00
5	523	Andreia Tojeiro	Individual	Senior Feminino	01:35:54	+30:04	08:00:00
6	516	Tânia Brites	Correr Ourém	Senior Feminino	01:46:06	+40:17	08:51:00
7	507	Ana Sofia Junqueira Pinho	Carrapiteiro Bike Team	Senior Feminino	01:49:59	+44:10	09:10:00
8	508	Helena Isabel Campos Damas	Carrapiteiro Bike Team	Senior Feminino	01:50:00	+44:10	09:10:00
9	525	Filipa Mendes	Individual	Senior Feminino	01:55:11	+49:21	09:36:00
10	530	Vanessa Sofia Gaspar Serras	Individual	Senior Feminino	01:55:11	+49:22	09:36:00
11	619	Ana Grácio	União FCI de Tomar	Senior Feminino	01:55:42	+49:53	09:39:00
12	531	Vanessa Almeida	Individual	Senior Feminino	02:02:56	+57:07	10:15:00
13	624	Cristina Mendes	Clube de Atletismo de Ferreira do Zêzere	Senior Feminino	02:09:00	+01:03:11	10:45:00
14	527	Rita Ramos	Individual	Senior Feminino	02:14:04	+01:08:15	11:10:00
15	522	Ana Laura Neves Ferreira	Individual	Senior Feminino	02:14:04	+01:08:15	11:10:00
16	524	Cátia Marçal	Individual	Senior Feminino	02:23:48	+01:17:59	11:59:00
17	629	Mileanne Santos	Individual	Senior Feminino	02:24:08	+01:18:18	12:01:00

Senior Masculino

1	603	Rui Lopes	LZ Car Solutions	Senior Masculino	01:05:49		05:29:48
2	604	Tiago Batista	LZ Car Solutions	Senior Masculino	01:07:08	+01:18	05:36:06
3	539	Ivo Castro	Individual	Senior Masculino	01:09:25	+03:35	05:47:10
4	613	Tiago Joaquim	SCFZ Trail Runners	Senior Masculino	01:17:37	+11:48	06:28:14
5	612	Pedro Martins	SCFZ Trail Runners	Senior Masculino	01:18:00	+12:10	06:30:02
6	532	André Henriques	Individual	Senior Masculino	01:18:34	+12:44	06:33:38
7	537	Helder Matias	Individual	Senior Masculino	01:21:29	+15:39	06:47:17

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Mini Trail do Vale

12 KM

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OFFICIAL RESULT

[illegible]

8	514	Bruno Alexandre Lopes Santos	CM Travel	Senior Masculino	01:22:55	+17:05	06:55
9	538	Hugo faustino	Individual	Senior Masculino	01:26:58	+21:08	07:15
10	600	Flávio André Filipe Zarro	LZ Car Solutions	Senior Masculino	01:29:30	+23:41	07:28
11	535	Diogo Cardoso	Individual	Senior Masculino	01:29:58	+24:08	07:30
12	618	Ricardo Coruche	Team Rebeldex	Senior Masculino	01:35:11	+29:21	07:56
13	533	Bruno Alexandre Mendes Gonçalves	Individual	Senior Masculino	01:35:11	+29:22	07:56
14	541	Luís Ezequiel	Individual	Senior Masculino	01:36:21	+30:32	08:02
15	602	Luís Filipe Rodrigues Martins	LZ Car Solutions	Senior Masculino	01:38:20	+32:30	08:12
16	515	Tiago Vieira	CM Travel	Senior Masculino	01:38:59	+33:10	08:15
17	598	Rui Monteiro	KCX Powa	Senior Masculino	01:40:36	+34:47	08:23
18	597	Pedro Gonçalves	KCX Powa	Senior Masculino	01:40:36	+34:47	08:23
19	540	Leone Sereno	Individual	Senior Masculino	01:42:57	+37:08	08:35
20	536	Gonçalo Teles Lopes	Individual	Senior Masculino	01:49:42	+43:53	09:09
21	542	Pedro Fonseca	Individual	Senior Masculino	02:00:36	+54:46	10:03
22	605	Tiago Filipe Coelho Gaio Martins	LZ Car Solutions	Senior Masculino	02:07:56	+01:02:06	10:40
23	599	Filipe Duque da Silva António	LZ Car Solutions	Senior Masculino	02:13:36	+01:07:47	11:08
24	601	José Rafael Lobato Reis Silva	LZ Car Solutions	Senior Masculino	02:14:04	+01:08:15	11:10

Sub 23 Feminino

1	608	Inês Ramos	Nexebra Trail Team	Sub 23 Feminino	01:27:26	+21:36	07:17
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Sub 23 Masculino

1	609	Diogo Silva	Nexebra Trail Team	Sub 23 Masculino	01:20:23	+14:33	06:42
2	545	Roberto Vieira	Individual	Sub 23 Masculino	01:20:35	+14:46	06:43
3	606	Luís Fernando Carrillo	LZ Car Solutions	Sub 23 Masculino	01:22:08	+16:19	06:51
4	503	Vasco Leal de Brito	C.A.S.P.A. - Clube Amador Só Para Atletismo	Sub 23 Masculino	01:36:39	+30:49	08:03

Veterana F40

1	546	Ana Isabel Alves	Individual	Veterana F40	01:30:59	+25:09	07:35
2	547	Andreia Alexandra Fernandes Coelho	Individual	Veterana F40	01:33:55	+28:06	07:50
3	553	Mónica Conde	Individual	Veterana F40	01:38:56	+33:07	08:15
4	548	Carla Goncalves	Individual	Veterana F40	01:44:20	+38:30	08:42
5	549	Joanna Louise Bedenham	Individual	Veterana F40	01:45:05	+39:15	08:45
6	552	Marta Graça	Individual	Veterana F40	01:47:20	+41:30	08:57
7	551	Maria João António	Individual	Veterana F40	01:53:09	+47:20	09:26
8	550	Lucília carreira	Individual	Veterana F40	01:54:35	+48:45	09:33

Veterana F45

1	36	Sofia galinha	Individual	Veterana F45	01:39:55	+34:06	08:20
2	555	Diva Cobra	Individual	Veterana F45	01:53:20	+47:30	09:27

Mini Trail do Vale

12 KM

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OFFICIAL RESULT

[illegible]

3	554	Ana Rita	Individual	Veterana F45	02:02:03	+56:14	10:10
4	517	Bela cunha	Free runners	Veterana F45	02:02:28	+56:38	10:12

Veterana F50

1	560	Cristina Mendes	Individual	Veterana F50	01:42:57	+37:07	08:35
2	562	Maria João Oliveira	Individual	Veterana F50	01:45:07	+39:17	08:46
3	558	Anabela Fonseca	Individual	Veterana F50	01:54:41	+48:51	09:33
4	504	Otilia Maria Ribeiro Gonçalves Leal	C.A.S.P.A. - Clube Amador Só Para Atletismo	Veterana F50	01:58:51	+53:01	09:54
5	564	Paula Jesus Marques da Silva Cruz	Individual	Veterana F50	02:03:04	+57:14	10:15
6	561	Maria Fátima Ferreira Santos	Individual	Veterana F50	02:03:04	+57:15	10:15

Veterana F60

1	620	Carolina Feliz	União FCI de Tomar	Veterana F60	01:36:03	+30:14	08:00
2	565	LUIZA MARIA COSTA MENDES DIAS	Individual	Veterana F60	01:40:16	+34:27	08:21
3	501	MARIA PEREIRA	ACBATALHA	Veterana F60	01:45:29	+39:40	08:47

Veterano M40

1	573	Nuno Arelo	Individual	Veterano M40	01:08:15	+02:25	05:41
2	574	Pedro goncalo dos reis Laranjeiro	Individual	Veterano M40	01:15:18	+09:28	06:17
3	614	Tiago Esteves	SCFZ Trail Runners	Veterano M40	01:18:00	+12:11	06:30
4	572	Miguel Brito	Individual	Veterano M40	01:20:08	+14:19	06:41
5	571	LUIS MORGADO	Individual	Veterano M40	01:31:11	+25:21	07:36
6	502	Humberto José Luis Morgado	BMTomar	Veterano M40	01:36:12	+30:22	08:01
7	569	João Cardoso	Individual	Veterano M40	01:37:23	+31:33	08:07
8	575	Pedro Miguel Pereira da Silva	Individual	Veterano M40	01:39:34	+33:45	08:18
9	570	Luis Alves	Individual	Veterano M40	01:41:36	+35:46	08:28
10	566	Claudio Henriques	Individual	Veterano M40	01:51:49	+45:59	09:19
11	568	Joao Calado	Individual	Veterano M40	01:53:19	+47:29	09:27
12	567	DANIEL CAETANO	Individual	Veterano M40	01:56:50	+51:01	09:44

Veterano M45

1	581	Nelson Aguiar	Individual	Veterano M45	01:14:08	+08:18	06:11
2	584	Rui Alexandre Henriques Figueira	Individual	Veterano M45	01:18:34	+12:44	06:33
3	577	Carlos Miguel	Individual	Veterano M45	01:21:50	+16:00	06:49
4	580	Luís Silva	Individual	Veterano M45	01:22:55	+17:06	06:55
5	509	João Paulo de Oliveira Jacinto	Carrapiteiro Bike Team	Veterano M45	01:26:48	+20:58	07:14
6	506	Vitor Domingos	CALMA - Tomar	Veterano M45	01:28:29	+22:40	07:22
7	615	Daniel Santos	SCFZ Trail Runners	Veterano M45	01:35:12	+29:23	07:56
8	621	António Costa	União FCI de Tomar	Veterano M45	01:35:55	+30:06	08:00
9	583	Pedro Rodrigues	Individual	Veterano M45	01:54:35	+48:45	09:33

Mini Trail do Vale

12 KM

[illegible]

OFFICIAL RESULT

[illegible]

10	578	Fernando Godinho	Individual	Veterano M45	01:55:12	+49:22	09:36
11	576	Anselmo Dias da Luz	Individual	Veterano M45	01:56:24	+50:35	09:42

Veterano M50

1	610	CARLOS GASPAR	NEXEBRA TRAIL TEAM	Veterano M50	01:19:52	+14:02	06:39
2	590	jose gomes santos marques	Individual	Veterano M50	01:20:04	+14:14	06:40
3	607	Pedro Martinho	LZ Car Solutions	Veterano M50	01:23:34	+17:44	06:58
4	592	Paulo Cruz	Individual	Veterano M50	01:30:44	+24:54	07:34
5	586	Carlos Antunes	Individual	Veterano M50	01:33:51	+28:01	07:49
6	587	CÉSAR FERREIRA	Individual	Veterano M50	01:39:56	+34:06	08:20
7	591	Nuno Miguel Leal Finote	Individual	Veterano M50	01:51:05	+45:15	09:15
8	589	Jose Fonseca	Individual	Veterano M50	01:54:43	+48:53	09:34
9	593	Rui Calado	Individual	Veterano M50	02:28:58	+01:23:09	12:25

Veterano M60

1	622	António Serafim	União FCI de Tomar	Veterano M60	01:30:50	+25:00	07:34
2	596	LÚCIO LOPES DIAS MENDES	Individual	Veterano M60	01:40:16	+34:27	08:21
3	595	Júlio Manuel Sousa Fernandes	Individual	Veterano M60	01:55:43	+49:53	09:39
4	512	Carlos Alfaiate	Casa do Benfica em Abrantes	Veterano M60	02:04:25	+58:35	10:22
5	594	António Manuel Bento Ferreira Bretes	Individual	Veterano M60	02:17:42	+01:11:52	11:29
6	623	Vítor Marto	União FCI de Tomar	Veterano M60	02:29:19	+01:23:30	12:27

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