

ULTRA TRAIL - STAGE 1

45 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	07:30	13.3°C	74%
End	16:19	13.3°C	74%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	2054	Emílio Carvalho	Olímpico Vianense	04:12:34		05:37	
2	2034	Francisco Fernandes	Olímpico Vianense	04:27:40	+15:06	05:57	
3	2035	Pablo Freijanes	CASTRO TRAIL	04:33:15	+20:41	06:04	
4	2047	Hugo Araújo	Olímpico Vianense	04:33:15	+20:41	06:04	
5	2048	Pedro Caprichoso	Velha Guarda	04:40:15	+27:41	06:14	
6	2021	Luís Silva	Adosa-OsSantaApolónia	04:49:55	+37:21	06:27	
7	2043	Igor Lysyi	Amigos da Montanha	04:52:12	+39:38	06:30	
8	2016	Miguel Oliveira	CBRUN	04:53:05	+40:31	06:31	
9	2005	António Antunes	Lobos do Monte Run	05:02:15	+49:41	06:43	
10	2002	Miguel Macieira	Individual	05:07:47	+55:13	06:50	
11	2009	Samuel Amorim	GD CASTELENSE	05:15:43	+01:03:09	07:01	
12	2019	Ricardo Miranda	Águias de Alvelos	05:18:04	+01:05:30	07:04	
13	2006	Bruno Correia	Lobos do Monte Run	05:23:22	+01:10:48	07:11	
14	2008	Pedro Silva	4490 PVZ	05:23:37	+01:11:03	07:11	
15	2020	Nuno Lomba	Apulia A Correr	05:25:34	+01:13:00	07:14	
16	2027	Francisco Gomes	Apulia A Correr	05:47:58	+01:35:24	07:44	
17	2028	César Fernandes	Apulia A Correr	05:47:59	+01:35:25	07:44	
18	2011	Sergio Torre	Individual	05:48:14	+01:35:40	07:44	
19	2018	Pedro Novoa	Minho Aventura/Impulse	05:53:36	+01:41:02	07:51	
20	2031	João Silva	Individual	05:59:03	+01:46:29	07:59	
21	2029	José Costa	ARPO	06:00:55	+01:48:21	08:01	
22	2052	Luís Marinha	Individual	06:01:01	+01:48:27	08:01	
23	2053	Xandre Krupicka	FREE TIBET / OS PECANINOS	06:01:18	+01:48:44	08:02	
24	2010	Mauro Roxo	Individual	06:04:20	+01:51:46	08:06	
25	2025	Vitor Araújo	Impulse/Minho Aventura	06:07:02	+01:54:28	08:09	
26	2014	João Dias	Individual	06:18:59	+02:06:25	08:25	
27	2007	Hugo Teixeira	Retorta - Quinta das Arcas	06:21:35	+02:09:01	08:29	
28	2001	Catarina Amorim	GD CASTELENSE	06:33:42	+02:21:08	08:45	
29	2022	Vitor Ramalho	B.T.M.	06:34:20	+02:21:46	08:46	
30	2044	Fernando Arezes	GTT ARMAZÉM DO CAFFÈ	06:43:38	+02:31:04	08:58	
31	2040	Americo Areias	Individual	06:46:36	+02:34:02	09:02	
32	2015	Jose Pereira	Águias de Alvelos	06:52:18	+02:39:44	09:10	
33	2003	Paulo Marques	AASM - TRIATLO	06:52:18	+02:39:44	09:10	
34	2012	Mario Lima	Duros trail	06:53:53	+02:41:19	09:12	
35	2026	Maria Lopes	Individual	07:01:27	+02:48:53	09:22	
36	2051	Mira Matias	FREE TIBET / OS PECANINOS	07:02:15	+02:49:41	09:23	
37	2037	Marcos Gandra	mccb running	07:05:36	+02:53:02	09:27	
38	2036	Armando Moreno	mccb running	07:07:29	+02:54:55	09:30	
39	2032	Manuel Graça	Udercup Trogloditas Runners	07:09:09	+02:56:35	09:32	
40	2030	Miguel Teixeira	Team Lanthemil	07:20:19	+03:07:45	09:47	
41	2039	Leonel Pinto	Individual	07:30:57	+03:18:23	10:01	
42	2004	Maria Oliveira	Udercup Trogloditas Runners	07:59:25	+03:46:51	10:39	

ULTRA TRAIL - STAGE 1
45 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	2000	Paulo Rodrigues	GAIA RUNNING	08:09:13	+03:56:39	10:52	
44	2042	José Fernández	Cuevas Nogueira Trail	08:12:47	+04:00:13	10:57	
45	2046	Manuel Lima	EXPERIENCIAR	08:28:15	+04:15:41	11:18	
46	2033	Deolinda Antunes	Udercup Trogloditas Runners	08:34:56	+04:22:22	11:27	
47	2013	Sérafim Silva	RCP25	08:48:10	+04:35:36	11:44	

Ultra Trail

45 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	07:30	13.3°C	74%
End	16:19	13.3°C	74%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	2001	Catarina Amorim	GD CASTELENSE	Senior Feminino	06:33:42	+02:21:08	08:45
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Senior Masculino

1	2034	Francisco Fernandes	Olímpico Vianense	Senior Masculino	04:27:39	+15:05	05:57
2	2047	Hugo Araújo	Olímpico Vianense	Senior Masculino	04:33:15	+20:41	06:04
3	2043	Igor Lysyi	Amigos da Montanha	Senior Masculino	04:52:11	+39:38	06:30
4	2005	António Antunes	Lobos do Monte Run	Senior Masculino	05:02:14	+49:40	06:43
5	2009	Samuel Amorim	GD CASTELENSE	Senior Masculino	05:15:42	+01:03:08	07:01
6	2019	Ricardo Miranda	Águias de Alvelos	Senior Masculino	05:18:04	+01:05:30	07:04
7	2006	Bruno Correia	Lobos do Monte Run	Senior Masculino	05:23:21	+01:10:48	07:11
8	2008	Pedro Silva	4490 PVZ	Senior Masculino	05:23:36	+01:11:02	07:11
9	2020	Nuno Lomba	Apulia A Correr	Senior Masculino	05:25:33	+01:12:59	07:14
10	2028	César Fernandes	Apulia A Correr	Senior Masculino	05:47:59	+01:35:25	07:44
11	2031	João Silva	Individual	Senior Masculino	05:59:02	+01:46:29	07:59
12	2022	Vitor Ramalho	B.T.M.	Senior Masculino	06:34:19	+02:21:46	08:46
13	2015	Jose Pereira	Águias de Alvelos	Senior Masculino	06:52:17	+02:39:44	09:10

Veterana F40

1	2004	Maria Oliveira	Udercup Trogloditas Runners	Veterana F40	07:59:25	+03:46:51	10:39
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Veterana F45

1	2026	Maria Lopes	Individual	Veterana F45	07:01:26	+02:48:52	09:22
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Veterana F50

1	2051	Mira Matias	FREE TIBET / OS PECANINOS	Veterana F50	07:02:15	+02:49:41	09:23
2	2033	Deolinda Antunes	Udercup Trogloditas Runners	Veterana F50	08:34:56	+04:22:22	11:27

Veterano M40

1	2035	Pablo Freijanes	CASTRO TRAIL	Veterano M40	04:33:14	+20:41	06:04
2	2048	Pedro Caprichoso	Velha Guarda	Veterano M40	04:40:15	+27:41	06:14
3	2021	Luís Silva	Adosa-OsSantaApolónia	Veterano M40	04:49:55	+37:21	06:27
4	2016	Miguel Oliveira	CBRUN	Veterano M40	04:53:05	+40:31	06:31

Official Timekeeper: Lap2Go	1 / 2	generate 27-Mar-2022 16:23
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TRAIL LONGO - STAGE 1

25 KM

R
REVISED

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	08:30	11.5°C	69%
End	14:40	20.7°C	55%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	1042	Joao Ferreira	airórun	02:22:04		05:41	
2	1125	Bruno Ribeiro	Águias de Alvelos	02:23:01	+00:57	05:43	
3	1139	Marco Faria	Vizela Corre	02:23:37	+01:33	05:45	
4	1118	Luciano Pereira	Vizela Corre	02:24:41	+02:37	05:47	
5	1121	Sergio Sá	Águias de Alvelos	02:29:38	+07:34	05:59	
6	1141	Vitor Costa	A.D.Amarante trail running	02:33:03	+10:59	06:07	
7	1135	Paulo Costa	A.D.Amarante trail running	02:38:15	+16:11	06:20	
8	1072	Pedro Gilvaz	Individual	02:40:01	+17:57	06:24	
9	1101	Carlos Coelho	TRAIL ME	02:40:58	+18:54	06:26	
10	1117	Ricardo Amorim	Minho e Lima trail Grupo Monte	02:46:01	+23:57	06:38	
11	1011	Ricardo Rego	Barcelos Treino Militar	02:47:58	+25:54	06:43	
12	1091	Henrique Rocha	EDL Trail	02:50:18	+28:14	06:49	
13	1038	Paulo Ribeiro	Apulia A Correr	02:50:55	+28:51	06:50	
14	1057	Vitor Rodrigues	HABCARPINTARIA	02:51:08	+29:04	06:51	
15	1030	Marco Silva	Individual	02:51:08	+29:04	06:51	
16	1142	Tiago Leal	Águias de Alvelos	02:52:01	+29:57	06:53	
17	1051	Francisco Fernandes	B.T.M.	02:54:42	+32:38	06:59	
18	1063	João Tinoco	Individual	03:02:41	+40:37	07:18	
19	1134	Miguel Barros	A.D.Amarante trail running	03:04:37	+42:33	07:23	
20	1039	Laurindo Osório	Valongo Trail Team	03:05:44	+43:40	07:26	
21	1048	Paulo Maia	Individual	03:07:41	+45:37	07:30	
22	1120	Ricardo Silva	EDV-VIANA TRAIL	03:08:04	+46:00	07:31	
23	1010	Nelson Gonçalves	Juv. Mar	03:08:21	+46:17	07:32	
24	1070	Rafael Abreu	GD CASTELENSE	03:10:41	+48:37	07:38	
25	1017	Miguel Carvalho	Duros da Santa	03:10:52	+48:48	07:38	
26	1104	Luís Vilarinho	CorrerAntas a noite	03:13:19	+51:15	07:44	
27	1045	José Sousa	Raposos D'Saia	03:14:33	+52:29	07:47	
28	1061	Domingos Peixoto	Palmeira Runners	03:17:55	+55:51	07:55	
29	1122	Pedro Castro	Rumo a aventura	03:19:09	+57:05	07:58	
30	1033	Rui Barbosa	Individual	03:19:21	+57:17	07:58	
31	1065	Hugo Sa	Individual	03:19:40	+57:36	07:59	
32	1116	Nuno Gomes	B.T.M.	03:22:06	+01:00:02	08:05	
33	1084	David Gonçalves	S4L / Medense FC	03:22:30	+01:00:26	08:06	
34	1046	Arsénio Batata	PCRrunners	03:23:10	+01:01:06	08:08	
35	1000	Vitor Silva	Perelhal a Correr	03:24:18	+01:02:14	08:10	
36	1115	Jorge Domingues	LEBRES MINHOTAS	03:25:18	+01:03:14	08:13	
37	1024	Paulo Moreira	Lobos do Monte Run	03:25:19	+01:03:15	08:13	
38	1074	Paulo Carvalho	Individual	03:27:22	+01:05:18	08:18	
39	1028	Ruben Gabones	Individual	03:27:55	+01:05:51	08:19	
40	1098	Orlando Costa	CORRER LEÇA	03:28:18	+01:06:14	08:20	
41	1008	Marcos Ourives	Individual	03:28:41	+01:06:37	08:21	
42	1003	José Araújo	Individual	03:29:12	+01:07:08	08:22	

TRAIL LONGO - STAGE 1**25 KM**LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	1031	Vitor Morim	GTT ARMAZÉM DO CAFFÈ	03:30:15	+01:08:11	08:25	
44	1006	Hélder Moreira	Reumaticos running	03:30:49	+01:08:45	08:26	
45	1076	Inês Gomes	Individual	03:33:06	+01:11:02	08:31	
46	1077	Pedro Almeida	Individual	03:33:07	+01:11:03	08:31	
47	1109	Pedro Pereira	GTT ARMAZÉM DO CAFFÈ	03:35:06	+01:13:02	08:36	
48	1092	Tiago Boas	Team Lantermil	03:35:29	+01:13:25	08:37	
49	1127	Severino Ribeiro	Duros da Santa	03:36:26	+01:14:22	08:39	
50	1095	Júlio Morgado	Individual	03:37:15	+01:15:11	08:41	
51	1081	João Ramos	EDV-VIANA TRAIL	03:37:15	+01:15:11	08:41	
52	1040	António Maia	Apulia A Correr	03:38:10	+01:16:06	08:44	
53	1079	Sergio Petejo	Individual	03:40:07	+01:18:03	08:48	
54	1082	António Ferreira	Raposos DSAia	03:40:19	+01:18:15	08:49	
55	1041	Carlos Azevedo	Éjali...clube de amigos trailrunners	03:41:04	+01:19:00	08:51	
56	1100	João Coelho	PCRrunners	03:43:10	+01:21:06	08:56	
57	1036	Jose Gonçalves	calcantes	03:43:14	+01:21:10	08:56	
58	1097	Luís Almeida	CORRER LEÇA	03:45:57	+01:23:53	09:02	
59	1089	Pedro Marques	S4l	03:45:57	+01:23:53	09:02	
60	1102	Helder Barbosa	Individual	03:46:00	+01:23:56	09:02	
61	1014	Luís Sá	FORrunners	03:47:11	+01:25:07	09:05	
62	1050	Hélder Oliveira	Terror dos Montes	03:47:53	+01:25:49	09:07	
63	1085	Ricardo Castro	Individual	03:48:37	+01:26:33	09:09	
64	1112	Marcelino Mota	BRAGA RUNNERS	03:49:28	+01:27:24	09:11	
65	1004	Hugo Santos	PCRrunners	03:50:26	+01:28:22	09:13	
66	1012	Eduardo Bastos	PCRrunners	03:50:26	+01:28:22	09:13	
67	1133	Vera Fernandes	Olímpico Vianense	03:50:48	+01:28:44	09:14	
68	1026	Fernando Santos	GTT ARMAZÉM DO CAFFÈ	03:52:06	+01:30:02	09:17	
69	1088	Ricardo Meira	o que queremos é monte	03:52:09	+01:30:05	09:17	
70	1126	Nuno Mendes	4490 PVZ	03:52:12	+01:30:08	09:17	
71	1059	Orlanda Rego	GAIA RUNNING	03:52:14	+01:30:10	09:17	
72	1107	Elisabete Repas	GAIA RUNNING	03:52:15	+01:30:11	09:17	
73	1035	André Leite	Individual	03:54:12	+01:32:08	09:22	
74	1131	Adelino Vilaça	Lobo solitário	03:55:39	+01:33:35	09:26	
75	1094	Rogério Oliveira	PCRrunners	03:55:59	+01:33:55	09:26	
76	1002	Alexandre Veloso	Apulia A Correr	03:56:02	+01:33:58	09:26	
77	1007	Alcídio Moreira	Reumaticos running	03:57:22	+01:35:18	09:30	
78	1015	Jorge Barros	FORrunners	04:00:32	+01:38:28	09:37	
79	1140	Luís Costa	Individual	04:00:48	+01:38:44	09:38	
80	1071	Vitor Mendes	Minho Aventura/Impulse	04:01:34	+01:39:30	09:40	
81	1130	Henrique Pereira	Individual	04:06:27	+01:44:23	09:51	
82	1110	Elisabete Gonçalves	Duros da Santa	04:07:50	+01:45:46	09:55	
83	1056	José Mendes	Minho Aventura/Impulse	04:08:05	+01:46:01	09:55	
84	1083	Vitor Castro	FORrunners	04:09:05	+01:47:01	09:58	
85	1114	Rui Torres	Desnível Positivo	04:09:27	+01:47:23	09:59	
86	1049	Fernando Lopes	Terror dos Montes	04:10:06	+01:48:02	10:00	
87	1106	José Peixoto	Palmeira Runners	04:11:44	+01:49:40	10:04	
88	1093	Ricardo Magalhaes	Individual	04:12:06	+01:50:02	10:05	

TRAIL LONGO - STAGE 1

25 KM

R
REVISED

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	1123	Luís Terêncio	Ejali	04:16:51	+01:54:47	10:16	
90	1005	Pedro Gomes	Éjali...clube de amigos trailrunners	04:16:52	+01:54:48	10:16	
91	1087	Francisco Ferreira	o que queremos é monte	04:16:54	+01:54:50	10:17	
92	1096	Manuel Silva	Temos pena	04:17:38	+01:55:34	10:18	
93	1113	Antonio Gonçalves	Duros da Santa	04:18:40	+01:56:36	10:21	
94	1052	Mario Vilaca	Eramosamigosparacorrer	04:21:28	+01:59:24	10:28	
95	1060	Vitor Alves	Lobos do Monte Run	04:21:28	+01:59:24	10:28	
96	1128	Raquel Silva	ESEN - Corrida Trail	04:23:30	+02:01:26	10:32	
97	1132	Fernando Enes	Individual	04:23:31	+02:01:27	10:32	
98	1053	Michal Jankowski	#freeUkraine	04:23:36	+02:01:32	10:33	
99	1032	Eduarda Barros	Individual	04:26:01	+02:03:57	10:38	
100	1054	Avelino Silva	#freeUkraine	04:26:20	+02:04:16	10:39	
101	1103	Miguel Faria	Águias de Alvelos	04:27:34	+02:05:30	10:42	
102	1069	José Barros	Palmeira Runners	04:28:08	+02:06:04	10:44	
103	1090	Ilídio Silva	GAIA RUNNING	04:28:09	+02:06:05	10:44	
104	1075	Pedro Oliveira	GAIA RUNNING	04:28:10	+02:06:06	10:44	
105	1129	Miguel Martins	Individual	04:39:49	+02:17:45	11:12	
106	1062	Josefa Oliveira	Impulse/Minho Aventura	04:43:51	+02:21:47	11:21	
107	1064	Maria Rebelo	Minho Aventura/Impulse	04:47:56	+02:25:52	11:31	
108	1119	Paulo Oliveira	Minho Aventura/Impulse	04:47:56	+02:25:52	11:31	
109	1023	Baltazar Matos	Individual	04:56:07	+02:34:03	11:51	
110	1138	Gabriel Venda	Individual	04:56:08	+02:34:04	11:51	
111	1029	Irma Martins	Olimpico Vianense	05:21:07	+02:59:03	12:51	
112	1025	Abilio Lemos	Gin team	05:56:07	+03:34:03	14:15	

TRAIL CURTO - STAGE 1

16 KM

R
REVISED

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	506	Hélder Magalhães	Forjães Sport Club	02:07:24	+42:42	07:58	
90	304	Fernando Teixeira	Os Preguiças Team	02:07:32	+42:50	07:58	
91	77	Victor Linhares	#CABRASDOMONTE	02:07:54	+43:12	08:00	
92	456	Pedro Teixeira	Lobos do Monte Run	02:08:03	+43:21	08:00	
93	8	André Pires	Os Corridas	02:08:08	+43:26	08:00	
94	151	João Rodrigues	Individual	02:08:12	+43:30	08:01	
95	228	Hélder Ribeiro	B.T.M.	02:08:19	+43:37	08:01	
96	82	Madalena Fontes	Phoenix Evorun	02:08:19	+43:37	08:01	
97	1136	Nuno Carvalho	Individual	02:08:19	+43:37	08:01	
98	417	Rui Vieira	AD Carvalhal	02:08:24	+43:42	08:01	
99	469	Manuel Barroso	Individual	02:08:38	+43:56	08:02	
100	356	José Morais	Gaia Trail	02:08:41	+43:59	08:03	
101	400	Marco Dias	Olímpico Vianense	02:08:42	+44:00	08:03	
102	60	Ricardo Capitão	Individual	02:09:08	+44:26	08:04	
103	464	Patrícia Lemos	GTT ARMAZÉM DO CAFFÈ	02:09:15	+44:33	08:05	
104	35	Miguel Mendes	ARC Vale S. Cosme	02:09:22	+44:40	08:05	
105	75	Davide Carneiro	Forever alone	02:09:25	+44:43	08:05	
106	431	Carlos Pinto	GAIA RUNNING	02:09:33	+44:51	08:06	
107	483	Carlos Almeida	Individual	02:09:48	+45:06	08:07	
108	505	Constança Brito	ARCA BarceloS runners	02:10:05	+45:23	08:08	
109	150	Alcino Silva	Individual	02:10:20	+45:38	08:09	
110	78	José Rodrigues	Individual	02:10:25	+45:43	08:09	
111	79	Filipe Monteiro	Lets go!	02:10:29	+45:47	08:09	
112	20	Manuel Domingues	Individual	02:11:07	+46:25	08:12	
113	23	Cristina Costa	Éjali...	02:11:33	+46:51	08:13	
114	440	Ana Carneiro	Minho e Lima Trail	02:11:42	+47:00	08:14	
115	24	Emilio Hipólito	Apulia A Correr	02:11:54	+47:12	08:15	
116	204	Cristina Teixeira	Individual	02:12:47	+48:05	08:18	
117	445	Antonio Silva	Individual	02:13:02	+48:20	08:19	
118	262	Pedro Silva	CLUBE DE ATLETISMO AFIPRE TEAM	02:13:07	+48:25	08:19	
119	352	Mário Lima	Individual	02:13:47	+49:05	08:22	
120	430	Daniel Ribeiro	Individual	02:14:13	+49:31	08:23	
121	190	Martinho Capitaio	CASA ALVES	02:14:32	+49:50	08:24	
122	301	Pedro Coelho	TrilhosDinámicos	02:14:33	+49:51	08:25	
123	146	Marco Faria	Individual	02:14:51	+50:09	08:26	
124	461	Ricardo Pinto	Éjali...clube de amigos trailrunners	02:15:23	+50:41	08:28	
125	145	Susana Vieira	Individual	02:15:42	+51:00	08:29	
126	285	Eva Martins	Escola Secundária de Barcelos	02:15:43	+51:01	08:29	
127	116	Vitor Araújo	M.O.V.E.	02:15:47	+51:05	08:29	
128	494	Celestino Faria	Individual	02:15:57	+51:15	08:30	
129	185	Ricardo Pereira	Individual	02:16:20	+51:38	08:31	
130	425	Ricardo Lopes	Individual	02:16:24	+51:42	08:32	
131	188	Raul Fernandes	CERVEIRA TEAM RUNNING	02:16:36	+51:54	08:32	
132	332	Vitor Oliveira	Individual	02:17:01	+52:19	08:34	
133	419	Patrícia Rei	B.T.M.	02:17:08	+52:26	08:34	
134	418	Rosa Borges	B.T.M.	02:17:09	+52:27	08:34	

TRAIL CURTO - STAGE 1

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OFFICIAL RESULT



RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
135	420	Juliana Boas	Individual	02:17:09	+52:27	08:34	
136	21	Octávio Andrade	. COM-Clube Ori Minho	02:17:16	+52:34	08:35	
137	448	Francisco Nogueira	Individual	02:17:50	+53:08	08:37	
138	108	Sérgio Fernandes	Individual	02:18:08	+53:26	08:38	
139	329	Ricardo Rocha	B.T.M.	02:18:53	+54:11	08:41	
140	298	Conceição Queiroz	SpinRun Esposende	02:19:14	+54:32	08:42	
141	421	Isaías Boas	Individual	02:19:16	+54:34	08:42	
142	257	Domingos Machado	Individual	02:19:37	+54:55	08:44	
143	138	David Pilar	Individual	02:19:54	+55:12	08:45	
144	105	Fernando Pilar	Pilar team	02:19:55	+55:13	08:45	
145	480	Mario Vale	Individual	02:20:04	+55:22	08:45	
146	101	Cátia Correia	Adeca	02:20:12	+55:30	08:46	
147	38	Joel Faria	Gilmonde Running Team	02:20:34	+55:52	08:47	
148	104	Jose Faria	Individual	02:20:35	+55:53	08:47	
149	439	João Oliveira	Individual	02:20:58	+56:16	08:49	
150	454	Horacio Costa	Individual	02:21:07	+56:25	08:49	
151	331	Pcrunners Alves	PCRunners	02:21:11	+56:29	08:49	
152	197	Carina Silva	PCRunners	02:21:12	+56:30	08:49	
153	254	João Barreto	Individual	02:21:37	+56:55	08:51	
154	186	Hélder Neves	Individual	02:21:39	+56:57	08:51	
155	168	Carla Soares	MOVIMENTO DE JUVENTUDE DE MERELIM	02:21:51	+57:09	08:52	
156	100	Pedro Moura	Individual	02:22:22	+57:40	08:54	
157	311	Helder Cruz	Individual	02:22:22	+57:40	08:54	
158	443	Patrícia Braga	Individual	02:22:23	+57:41	08:54	
159	235	Clara Teixeira	Os Preguiças Team	02:23:17	+58:35	08:57	
160	479	Joao Rodrigues	Individual	02:23:31	+58:49	08:58	
161	457	Avelino Figueiredo	Águias de Alvelos	02:23:42	+59:00	08:59	
162	247	Ana Peixoto	Skills TC Esposende	02:24:03	+59:21	09:00	
163	381	Justino Cruz	Sempre em Movimento - sandes de Presunto	02:24:21	+59:39	09:01	
164	382	André Matos	Amigos da s. Presunto - sempre em Movimento	02:24:21	+59:39	09:01	
165	1043	Helder Silva	Individual	02:25:09	+01:00:27	09:04	
166	246	Rui Peixoto	Skills TC Esposende	02:25:12	+01:00:30	09:05	
167	251	Júlio Ferreira	Lobos do Monte Run	02:25:15	+01:00:33	09:05	
168	248	Alberto Sá	Lobos do Monte Run	02:25:15	+01:00:33	09:05	
169	1066	Paulo Martins	Individual	02:25:41	+01:00:59	09:06	
170	1058	Duarte Ribeiro	Individual	02:25:41	+01:00:59	09:06	
171	47	Tiago Correia	Skills TC Esposende	02:25:42	+01:01:00	09:06	
172	271	Alberto Costa	Ruilhe Runners	02:26:21	+01:01:39	09:09	
173	482	Fernando Oliveira	Wolves	02:27:01	+01:02:19	09:11	
174	422	Carina Garcez	Gansos	02:27:05	+01:02:23	09:12	
175	413	Lúisa Rodrigues	Individual	02:27:28	+01:02:46	09:13	
176	359	Armando Reis	Housemartins	02:27:32	+01:02:50	09:13	
177	40	Sara Curvelo	Atletas	02:28:25	+01:03:43	09:17	
178	243	César Brandão	TRAIL ME	02:28:46	+01:04:04	09:18	
179	379	Pedro Roseta	NOP	02:29:05	+01:04:23	09:19	
180	157	Mariana Rodrigues	Individual	02:29:15	+01:04:33	09:20	

TRAIL CURTO - STAGE 1

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
227	42	Elsa Mações	Apulia A Correr	02:40:07	+01:15:25	10:00	
228	340	Manuel Azevedo	Autocarro das 14	02:40:11	+01:15:29	10:01	
229	391	Alvro Almeida	Gansos	02:40:31	+01:15:49	10:02	
230	390	Cristina Fonseca	Gansos	02:40:31	+01:15:49	10:02	
231	277	Teresa Pilar	Individual	02:40:35	+01:15:53	10:02	
232	490	João Gomes	Individual	02:40:46	+01:16:04	10:03	
233	488	Ana Cortez	Individual	02:40:47	+01:16:05	10:03	
234	385	Leonel Pinheiro	Braga Warriors	02:40:48	+01:16:06	10:03	
235	330	José Afonso	Olímpico Vianense	02:40:53	+01:16:11	10:03	
236	16	José Vale	Perelhal a Correr	02:41:19	+01:16:37	10:05	
237	374	Sara Machado	NBA	02:41:25	+01:16:43	10:05	
238	219	Filipe Novais	Individual	02:41:47	+01:17:05	10:07	
239	125	Mariana Marques	Individual	02:41:56	+01:17:14	10:07	
240	129	Sofia Freitas	Individual	02:41:56	+01:17:14	10:07	
241	147	Gaspar Oliveira	PCRrunners	02:42:29	+01:17:47	10:09	
242	470	Adriano Leite	Individual	02:42:35	+01:17:53	10:10	
243	272	Luis Campos	WTG	02:43:43	+01:19:01	10:14	
244	489	Anabela Cortez	Individual	02:44:12	+01:19:30	10:16	
245	353	Vasco Viana	Lavandaria Mar Azul	02:44:35	+01:19:53	10:17	
246	433	José Gonçalves	Individual	02:45:35	+01:20:53	10:21	
247	300	Pedro Figueiredo	CASA ALVES	02:45:51	+01:21:09	10:22	
248	227	Paula Ribeiro	Individual	02:46:58	+01:22:16	10:26	
249	292	Manuel Peixoto	Individual	02:46:59	+01:22:17	10:26	
250	160	Celia Viana	Lavandaria Mar Azul	02:47:01	+01:22:19	10:26	
251	267	Aida Linhares	Individual	02:47:02	+01:22:20	10:26	
252	233	Casimiro Cunha	Vamos equipe	02:47:35	+01:22:53	10:28	
253	441	Raquel Oliveira	ADE Trail Running	02:48:04	+01:23:22	10:30	
254	373	Adriana Ferreira	Poveiras	02:48:26	+01:23:44	10:32	
255	253	Conceição Rabaldo	Poveiras	02:48:27	+01:23:45	10:32	
256	118	Norberta Grilo	Individual	02:48:49	+01:24:07	10:33	
257	432	Mónica Martins	LEBRES MINHOTAS	02:48:49	+01:24:07	10:33	
258	314	Tiago Pereira	Individual	02:49:11	+01:24:29	10:34	
259	189	Joel Pereira	Sempre em movimento	02:49:12	+01:24:30	10:34	
260	231	Pedro Sousa	Princesa team	02:49:14	+01:24:32	10:35	
261	216	Natalina Rodrigues	Individual	02:49:45	+01:25:03	10:37	
262	315	Ernesto Macedo	Running cotas team	02:50:19	+01:25:37	10:39	
263	142	Bruno Lopes	Individual	02:50:25	+01:25:43	10:39	
264	293	Filipa Ferreira	ARCA BarceloS runners	02:50:51	+01:26:09	10:41	
265	296	José Salgado	GIVEC	02:50:51	+01:26:09	10:41	
266	178	João Cruz	ARCA BarceloS runners	02:50:51	+01:26:09	10:41	
267	493	Manuel Faria	Individual	02:51:20	+01:26:38	10:42	
268	294	Isac Furtado	Individual	02:51:31	+01:26:49	10:43	
269	98	Rui Fonseca	Individual	02:51:48	+01:27:06	10:44	
270	136	João Miranda	Individual	02:51:48	+01:27:06	10:44	
271	357	Tiago Pinheiro	Individual	02:51:58	+01:27:16	10:45	
272	434	Guida Silva	Individual	02:52:22	+01:27:40	10:46	

TRAIL CURTO - STAGE 1
16 KM
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OFFICIAL RESULT

LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
273	317	Lino Sousa	Lobos do Monte Run	02:52:56	+01:28:14	10:49	
274	472	Ricardo Miranda	Individual	02:53:25	+01:28:43	10:50	
275	209	Carlos Vale	Vilachotos	02:53:28	+01:28:46	10:50	
276	244	Margarida Pinto	ARPO	02:53:44	+01:29:02	10:51	
277	282	Isabel Alves	Escola Secundária de Barcelos	02:54:17	+01:29:35	10:54	
278	450	Marina Peixoto	Domus Training	02:55:02	+01:30:20	10:56	
279	53	Victor Soares	Skills TC Esposende	02:55:22	+01:30:40	10:58	
280	102	Crisália Faria	Skills TC Esposende	02:55:28	+01:30:46	10:58	
281	175	Alda Faustino	Bouça D'Areia	02:55:45	+01:31:03	10:59	
282	355	Rui Bastos	Bouça D'Areia	02:55:45	+01:31:03	10:59	
283	163	Maria Cepa	Team Pilar	02:56:02	+01:31:20	11:00	
284	5	Alcídio Figueiredo	Individual	02:57:18	+01:32:36	11:05	
285	477	Mariana Silva	Individual	02:57:37	+01:32:55	11:06	
286	140	Eurico Damásio	Individual	02:58:22	+01:33:40	11:09	
287	139	Ariana Araújo	Minho Aventura/Impulse	02:58:22	+01:33:40	11:09	
288	130	Avelino Marques	Individual	02:58:28	+01:33:46	11:09	
289	344	Sandra Moura	ARCA BarceloS runners	02:59:33	+01:34:51	11:13	
290	436	Cristiana Faria	Juv. Mar	02:59:46	+01:35:04	11:14	
291	113	Márcio Araújo	M.O.V.E.	02:59:55	+01:35:13	11:15	
292	114	Susana Duarte	M.O.V.E.	02:59:55	+01:35:13	11:15	
293	128	Sandra Zeferino	Individual	02:59:56	+01:35:14	11:15	
294	491	Carlos Rocha	Tainadaa	03:00:06	+01:35:24	11:15	
295	183	Dora Rodrigues	Individual	03:00:39	+01:35:57	11:17	
296	182	Tiago Gomes	Individual	03:00:40	+01:35:58	11:17	
297	302	Ana Faria	ISLAND DOGS TEAM	03:01:43	+01:37:01	11:21	
298	266	Joana Costa	Individual	03:01:48	+01:37:06	11:22	
299	208	Mariana Costa	Individual	03:01:49	+01:37:07	11:22	
300	327	Filipe Vieira	Individual	03:01:50	+01:37:08	11:22	
301	201	João Silva	Individual	03:02:36	+01:37:54	11:25	
302	58	Filipe Martins	Skills TC Esposende	03:03:01	+01:38:19	11:26	
303	438	Álvaro Machado	Individual	03:03:20	+01:38:38	11:27	
304	66	Vítor Roda	Individual	03:03:22	+01:38:40	11:28	
305	65	Antonio Gonçalves	Individual	03:03:22	+01:38:40	11:28	
306	389	Eduardo Gabones	Individual	03:03:47	+01:39:05	11:29	
307	404	Sandra Alago	Individual	03:03:52	+01:39:10	11:29	
308	158	Manuel Paiva	Paiva Team	03:04:01	+01:39:19	11:30	
309	89	Cátia Beirão	Individual	03:04:10	+01:39:28	11:31	
310	229	Susana Ferreira	The run Haters	03:04:21	+01:39:39	11:31	
311	350	Paulo Laranjo	The run Haters	03:04:21	+01:39:39	11:31	
312	26	Hélder Jesus	Corredores XPTO	03:04:50	+01:40:08	11:33	
313	13	Alex Gomes	XPTO	03:04:50	+01:40:08	11:33	
314	135	Bruno Fonte	Corredores XPTO	03:04:50	+01:40:08	11:33	
315	252	Elisabete Silva	The run Haters	03:06:05	+01:41:23	11:38	
316	50	Francisca Lima	Individual	03:06:10	+01:41:28	11:38	
317	52	António Lima	Individual	03:06:10	+01:41:28	11:38	
318	221	Filipa Gomes	The run Haters	03:06:46	+01:42:04	11:40	

TRAIL CURTO - STAGE 1

16 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
319	223	Marta Feiteira	The run Haters	03:06:46	+01:42:04	11:40	
320	240	Rita Captao	Individual	03:06:58	+01:42:16	11:41	
321	239	Ana Sousa	Princesa team	03:06:58	+01:42:16	11:41	
322	411	Mariana Parente	Poveiras	03:07:05	+01:42:23	11:42	
323	48	Ana Pereira	Skills TC	03:07:23	+01:42:41	11:43	
324	49	Bruno Silva	Skills TC	03:07:25	+01:42:43	11:43	
325	191	André Rodrigues	Skills TC Esposende	03:07:25	+01:42:43	11:43	
326	283	Marco Barbosa	Escola Secundária de Barcelos	03:07:25	+01:42:43	11:43	
327	11	Sandra Paiva	Meninas do trail	03:08:10	+01:43:28	11:46	
328	90	Isabel Queiroga	Apulia A Correr	03:09:33	+01:44:51	11:51	
329	154	Joana Fernandes	Individual	03:09:54	+01:45:12	11:52	
330	153	José Fernandes	Individual	03:09:55	+01:45:13	11:52	
331	290	José Gonçalves	Sem Limites	03:10:31	+01:45:49	11:54	
332	291	Carla Pacheco	Sem Limites	03:10:31	+01:45:49	11:54	
333	62	Rosario Lemos	CJPII/Dumiense Xallenge Runners	03:10:42	+01:46:00	11:55	
334	36	Isabel Fernandes	ARC Vale S. Cosme	03:10:42	+01:46:00	11:55	
335	198	Ernesto Martins	Individual	03:10:48	+01:46:06	11:56	
336	429	Miguel Barros	Individual	03:11:39	+01:46:57	11:59	
337	392	Fernanda Santos	Gansos	03:12:10	+01:47:28	12:01	
338	295	Bruna Leandro	Individual	03:13:17	+01:48:35	12:05	
339	212	Adriana Peixoto	Individual	03:13:17	+01:48:35	12:05	
340	259	Sandra Lima	Individual	03:14:48	+01:50:06	12:10	
341	403	Helder Oliveira	GAIA RUNNING	03:14:49	+01:50:07	12:11	
342	481	Rosa Carneiro	Domus Training	03:14:52	+01:50:10	12:11	
343	414	Jacinta Pilar	Pilar team	03:15:02	+01:50:20	12:11	
344	162	Catarina Cepa	Pilar team	03:15:03	+01:50:21	12:11	
345	305	Bruno Reis	Os taLENTOS	03:15:56	+01:51:14	12:15	
346	306	Miriam Pinheiro	Os taLENTOS	03:15:56	+01:51:14	12:15	
347	121	Isidro Silva	Individual	03:16:07	+01:51:25	12:15	
348	341	Manuel Caramalho	Autocarro das 14	03:16:37	+01:51:55	12:17	
349	387	Patrícia Ventura	Braga Warriors	03:17:02	+01:52:20	12:19	
350	1009	Alfredo Peniche	G D Tougues	03:17:31	+01:52:49	12:21	
351	358	Carla Gonçalves	Individual	03:17:40	+01:52:58	12:21	
352	273	Sandra Sousa	Poveiras	03:18:12	+01:53:30	12:23	
353	99	Araci Queiroga	Apulia A Correr	03:18:43	+01:54:01	12:25	
354	242	Elisio Ferreira	Individual	03:19:53	+01:55:11	12:30	
355	107	Sílvia Barros	Individual	03:21:58	+01:57:16	12:37	
356	393	Joaquim Garces	Gansos	03:22:31	+01:57:49	12:39	
357	368	Maria Ferreira	Individual	03:26:27	+02:01:45	12:54	
358	93	Rui Machado	MSS CONTABILIDADE TRAIL TEAM	03:26:40	+02:01:58	12:55	
359	310	Tiago Gomes	CASA ALVES	03:27:04	+02:02:22	12:57	
360	428	Cláudia Silva	Individual	03:27:15	+02:02:33	12:57	
361	426	Acácio Santos	Individual	03:27:15	+02:02:33	12:57	
362	64	Tiago Couto	Individual	03:27:26	+02:02:44	12:58	
363	63	António Couto	Individual	03:27:27	+02:02:45	12:58	
364	369	Vânia Abreu	Pilar team	03:28:50	+02:04:08	13:03	

TRAIL CURTO - STAGE 1
16 KM
OFFICIAL RESULT
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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
411	307	André Pinheiro	CASA ALVES	04:04:24	+02:39:42	15:17	
412	211	Maria Alves	Lobos do Monte Run	04:12:11	+02:47:29	15:46	
413	320	Lurdes Sousa	Lobos do Monte Run	04:12:11	+02:47:29	15:46	
414	210	Adelino Alves	Lobos do Monte Run	04:12:11	+02:47:29	15:46	
415	241	Isabel Pires	Individual	04:15:37	+02:50:55	15:59	
416	269	Maria Almeida	Individual	04:15:37	+02:50:55	15:59	
417	173	Carlos Correia	Individual	04:22:28	+02:57:46	16:24	
418	334	Maria Serra	Lobos do Monte Run	04:34:28	+03:09:46	17:09	
419	303	Adélia Quinta	Lobos do Monte Run	04:34:29	+03:09:47	17:09	
420	180	Bruno Almeida	Lobos do Monte Run	04:35:34	+03:10:52	17:13	
421	181	Fátima Ferreira	Lobos do Monte Run	04:35:34	+03:10:52	17:13	
422	333	Vera Domingues	Lobos do Monte Run	04:35:58	+03:11:16	17:15	
423	218	Maria Braga	Lobos do Monte Run	04:35:59	+03:11:17	17:15	
424	319	Ana Sousa	Lobos do Monte Run	04:36:50	+03:12:08	17:18	
425	325	Maria Duarte	Lobos do Monte Run	04:36:50	+03:12:08	17:18	

Trail Curto

16 KM

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REVISED

OFFICIAL RESULT

63	491	Carlos Rocha	Tainadaa	Senior Masculino	03:00:05	+01:35:23	11:15
64	182	Tiago Gomes	Individual	Senior Masculino	03:00:39	+01:35:57	11:17
65	201	João Silva	Individual	Senior Masculino	03:02:35	+01:37:53	11:25
66	389	Eduardo Gabones	Individual	Senior Masculino	03:03:46	+01:39:04	11:29
67	49	Bruno Silva	Skills TC	Senior Masculino	03:07:24	+01:42:42	11:43
68	191	André Rodrigues	Skills TC Esposende	Senior Masculino	03:07:25	+01:42:43	11:43
69	198	Ernesto Martins	Individual	Senior Masculino	03:10:48	+01:46:06	11:56
70	310	Tiago Gomes	CASA ALVES	Senior Masculino	03:27:04	+02:02:22	12:57
71	377	Nuno Lopes	Individual	Senior Masculino	03:28:51	+02:04:09	13:03
72	486	José Correia	Mau Feitio	Senior Masculino	03:31:46	+02:07:04	13:14
73	378	Rui Ferreira	NBA Barrosas	Senior Masculino	03:34:18	+02:09:36	13:24
74	347	Rui Silva	Individual	Senior Masculino	03:34:46	+02:10:04	13:25
75	485	Sérgio Barroso	Individual	Senior Masculino	03:44:39	+02:19:57	14:02
76	487	Vitor Silva	Individual	Senior Masculino	03:44:40	+02:19:58	14:03
77	503	Fábio Silva	Individual	Senior Masculino	03:46:53	+02:22:11	14:11
78	213	Luis Vaz	Phoenix Evorun	Senior Masculino	03:51:25	+02:26:43	14:28
79	307	André Pinheiro	CASA ALVES	Senior Masculino	04:04:24	+02:39:42	15:17
80	180	Bruno Almeida	Lobos do Monte Run	Senior Masculino	04:35:34	+03:10:52	17:13

Sub 23 Feminino

1	101	Cátia Correia	Adeca	Sub 23 Feminino	02:20:11	+55:29	08:46
2	436	Cristiana Faria	Juv. Mar	Sub 23 Feminino	02:59:46	+01:35:04	11:14
3	384	Teresa Silva	Individual	Sub 23 Feminino	03:28:51	+02:04:09	13:03

Sub 23 Masculino

1	187	Bruno Nogueira	Individual	Sub 23 Masculino	01:38:16	+13:34	06:09
2	500	João Magalhães	B.T.M.	Sub 23 Masculino	01:48:55	+24:13	06:48
3	415	Ricardo Almeida	Boavista Trail	Sub 23 Masculino	01:50:59	+26:17	06:56
4	394	Carlos Vasconcelos	Vascol	Sub 23 Masculino	01:51:29	+26:47	06:58
5	249	José Gonçalves	Perelhal a Correr	Sub 23 Masculino	01:52:31	+27:49	07:02
6	1	Luís Ribeiro	Individual	Sub 23 Masculino	02:02:36	+37:54	07:40
7	301	Pedro Coelho	TrilhosDinámicos	Sub 23 Masculino	02:14:33	+49:51	08:25
8	345	César Miranda	Autocarro das 14	Sub 23 Masculino	02:40:01	+01:15:19	10:00
9	314	Tiago Pereira	Individual	Sub 23 Masculino	02:49:11	+01:24:29	10:34
10	153	José Fernandes	Individual	Sub 23 Masculino	03:09:54	+01:45:13	11:52
11	64	Tiago Couto	Individual	Sub 23 Masculino	03:27:26	+02:02:44	12:58
12	383	João Vassalo	Individual	Sub 23 Masculino	04:00:49	+02:36:07	15:03

Veterana F40

1	22	Tania Costa	. COM-Clube Ori Minho	Veterana F40	01:46:37	+21:55	06:40
2	145	Susana Vieira	Individual	Veterana F40	02:15:42	+51:00	08:29
3	419	Patrícia Rei	B.T.M.	Veterana F40	02:17:08	+52:26	08:34

