



SETÚBAL TRIATHLON'22

CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
1	2	Márcio Neves	PAC - Peniche Amigos Clube	03:46:53	00:07:57	02:18:56	01:16:51	35 - 39 anos	1
2	674	Andre Costa	Marretas do Norte	03:55:28	00:07:28	02:26:51	01:17:27	35 - 39 anos	2
3	523	Luis Manuel Dias Moleiro	Triatlo de Torres novas	03:56:53	00:08:35	02:27:50	01:17:22	18 - 24 anos	1
4	3	Miguel Arraiolos	Sport Lisboa Benfica	03:57:24	00:07:41	02:34:03	01:12:35	30 - 34 anos	1
5	295	Hugo Pina	Clube de Natação do Colégio Vasco da Gama	03:57:59	00:09:13	02:24:20	01:20:37	40 - 44 anos	1
6	148	Mikael Eriksson	Sporting Clube de Portugal	03:59:49	00:08:50	02:26:49	01:21:13	30 - 34 anos	2
7	509	Joao Fragoso	Estoril Praia Credibom	04:01:22	00:09:52	02:30:06	01:17:49	40 - 44 anos	2
8	33	João Pedro De Matos Rebelo	Vasco da Gama Atlético Clube	04:01:38	00:08:48	02:30:41	01:18:36	25 - 29 anos	1
9	487	Diogo Allen Santos Guimarães Coelho	Marretas do Norte	04:02:26	00:09:15	02:24:46	01:24:36	25 - 29 anos	2
10	9	Rui Narigueta	Outsystems Olímpico de Oeiras	04:04:04	00:11:48	02:22:25	01:26:08	45 - 49 anos	1
11	307	Valdo Das Neves	PAC - Peniche Amigos Clube	04:04:21	00:09:11	02:32:12	01:18:28	40 - 44 anos	3
12	362	Luis Mira Nunes	CNATRIL	04:05:42	00:10:08	02:29:03	01:22:42	45 - 49 anos	2
13	711	Mariusz Pirek	Trinergy Team	04:05:49	00:09:18	02:30:08	01:23:07	35 - 39 anos	3
14	152	André M. Duarte	Clube de Natação de Torres Novas	04:06:01	00:08:51	02:34:20	01:20:16	25 - 29 anos	3
15	726	Nuno Miguel Mendão Rodrigues	Clube de Natação do Colégio Vasco da Gama	04:06:28	00:08:46	02:31:17	01:22:58	35 - 39 anos	4
16	500	Ricardo Rosado		04:06:44	00:09:01	02:31:52	01:21:54	35 - 39 anos	5
17	459	João Gonçalves	Clube de Futebol "Os Belenenses"	04:07:15	00:09:04	02:30:53	01:22:23	35 - 39 anos	6
18	483	Alejandro Pérez Varela		04:08:26	00:09:06	02:32:08	01:23:11	25 - 29 anos	4
19	469	Tiago Almeida	Clínica de Nutrição	04:08:33	00:10:22	02:25:36	01:26:55	40 - 44 anos	4



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Lugar	Dorsal	Nome	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
20	254	Paulo Martins		04:09:00	00:10:04	02:31:38	01:21:58	45 - 49 anos	3
21	309	Sandro Ribeiro De Sousa E Silva	Grupo Desportivo da Goma	04:09:54	00:09:49	02:36:56	01:18:00	30 - 34 anos	3
22	56	Santiago Del Puerto	Outsystems Olímpico de Oeiras	04:10:25	00:09:26	02:35:24	01:21:41	30 - 34 anos	4
23	262	Filipe Miguel Nunes Marques	Estoril Praia Credibom	04:10:28	00:08:12	02:35:02	01:24:04	35 - 39 anos	7
24	496	Iván Pereira Iglesias	Club Atletismo Porriño	04:11:20	00:10:19	02:32:47	01:23:58	35 - 39 anos	8
25	498	José Ángel Penas Tallón	Club Atletismo Porriño	04:11:50	00:10:07	02:32:17	01:25:20	40 - 44 anos	5
26	210	Hugo José Nobre Baluga		04:12:17	00:09:14	02:36:33	01:22:47	25 - 29 anos	5
27	508	Tiago Filipe Raimundo Cochicho	GDR Manique de Cima	04:12:36	00:09:36	02:32:36	01:26:38	40 - 44 anos	6
28	699	Lars Baeyens	KTT-Zamaro	04:12:47	00:07:50	02:35:32	01:24:38	25 - 29 anos	6
29	428	Pedro Carreira	Peniche Amigos Clube	04:13:03	00:11:30	02:36:05	01:21:26	40 - 44 anos	7
30	424	Roi Martínez Martín	Triourense	04:13:57	00:09:46	02:34:14	01:26:09	35 - 39 anos	9
31	515	João Feijão	Clube Tap	04:14:23	00:11:02	02:33:22	01:26:24	35 - 39 anos	10
32	125	Nuno Miguel Guimarães Simões Fernandes	S.C. Espinho Triatlo	04:14:29	00:10:49	02:33:14	01:26:09	40 - 44 anos	8
33	760	Rui Miguel Martins Alves Pinheiro	Clube Desportivo Escola de Santana	04:14:37	00:11:48	02:37:31	01:20:34	45 - 49 anos	4
34	260	Luis Diogo Silva Santos		04:15:00	00:09:00	02:37:02	01:24:53	45 - 49 anos	5
35	468	Tomás Teixeira	Clube de Natação do Colégio Vasco da Gama	04:15:16	00:08:46	02:32:35	01:29:59	18 - 24 anos	2
36	333	Pedro Lorena	LBsquad	04:15:20	00:09:04	02:33:06	01:27:51	35 - 39 anos	11
37	489	Gabriel Silva Garrido De Souza	Triatlo de Faro	04:15:29	00:08:55	02:34:54	01:27:40	18 - 24 anos	3
38	121	Miguel Ângelo Sérvulo Tomé	SFRAA	04:16:09	00:07:49	02:39:38	01:25:08	25 - 29 anos	7



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Lugar	Dorsal	Nome	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
39	251	Hugo Correia		04:16:15	00:10:27	02:38:24	01:22:52	40 - 44 anos	9
40	90	David Caldeirão	Louletano	04:16:31	00:09:07	02:35:41	01:28:03	45 - 49 anos	6
41	188	Rui Daniel De Carvalho Martins	Núcleo Sportinguista da Golegã	04:16:53	00:08:41	02:40:06	01:23:57	35 - 39 anos	12
42	105	Tiago Encarnação	Powerlab	04:17:01	00:10:57	02:34:47	01:27:12	30 - 34 anos	5
43	645	Tiago Lopes	Outsystems Olímpico de Oeiras	04:17:11	00:09:17	02:38:50	01:24:31	25 - 29 anos	8
44	69	Ricardo Filipe Varela Costa	Clube Tap	04:17:11	00:09:10	02:34:47	01:29:32	35 - 39 anos	13
45	8	Lino Barruncho		04:17:21	00:10:24	02:36:26	01:26:13	45 - 49 anos	7
46	95	Rafael Carralero Garcia	CDE Jerezana de Triatlón	04:17:25	00:09:24	02:38:29	01:25:43	45 - 49 anos	8
47	563	Bernardo Cadeiras	Louletano	04:17:31	00:09:13	02:36:48	01:27:56	40 - 44 anos	10
48	341	Joao Sacadura		04:17:32	00:10:26	02:37:20	01:24:52	35 - 39 anos	14
49	181	Rui António Silva Gomes	Sporting Clube de Espinho - FERSILVA	04:17:34	00:10:35	02:41:36	01:20:39	45 - 49 anos	9
50	137	Duarte Pais	Marretas do Norte	04:17:41	00:09:07	02:44:14	01:20:44	35 - 39 anos	15
51	623	Alex Cabrita	Louletano	04:18:20	00:09:40	02:38:32	01:26:00	40 - 44 anos	11
52	59	Luis Filipe Ferreira	Núcleo do Sporting da Golegã	04:18:23	00:10:55	02:40:18	01:23:23	35 - 39 anos	16
53	485	Manuel Anselmo Silva Maia	Marretas do Norte	04:18:39	00:10:51	02:38:51	01:24:39	40 - 44 anos	12
54	741	Marco Costa	Outsystems Olímpico de Oeiras	04:19:07	00:10:08	02:40:45	01:23:55	40 - 44 anos	13
55	423	Rubén Sánchez Vázquez	Triatlón Arteixo	04:19:30	00:11:11	02:37:31	01:26:14	40 - 44 anos	14
56	491	João Silva	Estoril Praia Credibom	04:19:47	00:10:10	02:37:19	01:27:04	40 - 44 anos	15
57	570	Alberto Pulido Maestre	Triatlón Pacense	04:20:30	00:10:36	02:37:04	01:28:41	30 - 34 anos	6



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Lugar	Dorsal	Nome	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
58	144	Nuno Martins	Triboost	04:20:35	00:09:52	02:36:11	01:30:30	45 - 49 anos	10
59	634	Ricardo Rego	Clube Zupper	04:21:28	00:07:54	02:41:36	01:27:11	35 - 39 anos	17
60	200	Rui Rodrigues Gonçalves	Repsol Triatlo	04:21:32	00:11:51	02:41:58	01:22:45	45 - 49 anos	11
61	20	Fernando Carmo	Sport Algés e Dafundo	04:21:33	00:11:40	02:33:57	01:31:41	55 - 59 anos	1
62	204	David Toro Orgaz		04:21:36	00:10:31	02:37:02	01:30:35	45 - 49 anos	12
63	87	Rui Silva	Clube de Natação de Torres Novas	04:21:59	00:10:12	02:40:11	01:26:37	40 - 44 anos	16
64	368	Rodrigo Viana		04:22:01	00:10:48	02:40:34	01:24:54	25 - 29 anos	9
65	698	José Lima	Marretas do Norte	04:22:12	00:10:01	02:41:23	01:25:58	45 - 49 anos	13
66	680	André Bernardino	Exército de Portugal	04:22:14	00:11:10	02:34:38	01:31:36	25 - 29 anos	10
67	426	Pedro Homem		04:22:34	00:09:15	02:34:07	01:33:42	35 - 39 anos	18
68	535	Adelino José Soutinho De Sousa		04:22:39	00:11:14	02:36:11	01:30:20	40 - 44 anos	17
69	233	António Salgado		04:22:40	00:10:37	02:34:30	01:31:35	40 - 44 anos	18
70	15	João Brísida Pacheco		04:23:00	00:09:36	02:40:31	01:29:33	35 - 39 anos	19
71	14	Tiago De Paiva E Pona	Outsystems Olímpico de Oeiras	04:23:03	00:08:48	02:45:20	01:25:21	45 - 49 anos	14
72	213	Oscar Santos		04:23:06	00:12:04	02:38:20	01:26:56	40 - 44 anos	19
73	112	Ricardo Jorge Gonçalves Simão		04:23:29	00:10:43	02:38:23	01:29:08	40 - 44 anos	20
74	750	Samuel Aguiar	Try Portugal / Vitória de Janes	04:23:47	00:11:12	02:34:30	01:32:14	50 - 54 anos	1
75	241	Gonçalo Resina		04:23:55	00:11:09	02:38:59	01:29:05	45 - 49 anos	15
76	43	José Rui De Moraes Galvão		04:24:05	00:09:52	02:37:44	01:31:45	50 - 54 anos	2



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Lugar	Dorsal	Nome	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
77	378	Hanna De Sousa	CNATRIL	04:24:29	00:11:00	02:40:58	01:29:13	40 - 44 anos	1
78	52	Afonso Garcia	Outsystems Olímpico de Oeiras	04:24:51	00:07:51	02:42:52	01:30:54	25 - 29 anos	11
79	552	Marco Pinto	Clube Académico de Penafirme	04:24:54	00:11:05	02:35:40	01:32:45	30 - 34 anos	7
80	694	Paulo Filipe Neto Gonçalves	Clube dos Galitos	04:24:57	00:08:56	02:40:05	01:32:23	35 - 39 anos	20
81	595	Carlos Manuel Santos Silva	Outsystems Olímpico de Oeiras	04:25:05	00:13:36	02:39:14	01:26:39	55 - 59 anos	2
82	550	Cristiano Marques	Clube Académico de Penafirme	04:25:16	00:11:56	02:37:54	01:30:05	30 - 34 anos	8
83	723	Guilherme Bonito	Outsystems Olímpico de Oeiras	04:25:18	00:07:49	02:41:37	01:32:38	18 - 24 anos	4
84	96	Pedro Ferreira Da Silva	Marretas do Norte	04:25:26	00:09:19	02:43:22	01:28:01	35 - 39 anos	21
85	716	Ricardo Cabral	Wikaboo	04:25:38	00:10:15	02:38:43	01:32:31	40 - 44 anos	21
86	739	José Henrique Lopes Peixoto		04:25:41	00:11:40	02:41:28	01:23:58	50 - 54 anos	3
87	540	Bruno Fernandes		04:25:50	00:12:13	02:32:05	01:35:39	40 - 44 anos	22
88	64	Joao Machado	Outsystems Olímpico de Oeiras	04:25:55	00:10:19	02:42:02	01:28:27	35 - 39 anos	22
89	464	Adriano Correia	Clube de Natação de Torres Novas	04:26:14	00:08:26	02:49:39	01:25:05	30 - 34 anos	9
90	93	David Alfeirão	FC Ferreiras	04:26:38	00:10:42	02:39:44	01:32:01	35 - 39 anos	23
91	215	João Pedro Gomes		04:27:10	00:11:08	02:35:02	01:34:59	35 - 39 anos	24
92	194	Hugo Gaudencio	Repsol Triatlo	04:27:12	00:09:42	02:43:14	01:30:28	45 - 49 anos	16
93	109	Sérgio Mota	Sporting Clube de Espinho - FERSILVA	04:27:14	00:10:54	02:43:23	01:28:38	40 - 44 anos	23
94	4	Ana Filipa Pais Alves Santos		04:27:17	00:09:28	02:45:35	01:28:20	40 - 44 anos	2
95	472	Manuel Silva		04:27:18	00:09:42	02:43:27	01:27:42	18 - 24 anos	5



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Lugar	Dorsal	Nome	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
96	23	Jorge Fonseca	Estoril Praia Credibom	04:27:29	00:10:26	02:37:28	01:35:05	40 - 44 anos	24
97	107	Gonçalo Manuel Nunes Bastos Martins	Marretas do Norte	04:27:33	00:11:28	02:39:47	01:31:37	40 - 44 anos	25
98	560	Eduardo Gonçalves	Escola de Atletismo de Coimbra	04:27:53	00:09:07	02:40:45	01:33:03	35 - 39 anos	25
99	5	Liliana Verissimo	Outsystems Olímpico de Oeiras	04:27:59	00:10:09	02:48:47	01:25:24	35 - 39 anos	1
100	568	Hélder Filipe Pereira Cipriano	Lusitano Futebol Clube / Frusoal	04:28:07	00:10:18	02:38:41	01:35:01	35 - 39 anos	26
101	184	Nuno Sousa Bela	Outsystems Olímpico de Oeiras	04:28:09	00:11:20	02:42:23	01:29:09	40 - 44 anos	26
102	747	Jon Prada		04:28:21	00:10:06	02:41:18	01:30:43	30 - 34 anos	10
103	401	Nuno Carvalhinho	Triatlo Clube TAP	04:28:48	00:10:43	02:33:52	01:39:52	45 - 49 anos	17
104	746	João Pedro Filipe Cordeiro	Try Portugal / Vitória de Janes	04:28:58	00:11:06	02:46:14	01:25:43	30 - 34 anos	11
105	443	Luis Miguel Duarte Lourenco	Triatlo de Faro	04:29:08	00:09:18	02:40:01	01:35:04	45 - 49 anos	18
106	203	Eduardo Coelho		04:29:12	00:10:44	02:45:18	01:26:35	45 - 49 anos	19
107	495	Borja Costa Rojo	Triatlón Arteixo	04:29:24	00:08:46	02:40:37	01:36:01	35 - 39 anos	27
108	751	Krzysztof Machnicki	o-shop.com / Trinergy	04:29:26	00:10:50	02:45:34	01:27:06	40 - 44 anos	27
109	415	Mário Jorge Rosa Macheta	Tri Amazing	04:29:38	00:10:24	02:49:16	01:25:16	25 - 29 anos	12
110	37	Rui Pereira Da Silva	Clube Oriental de Lisboa	04:29:46	00:10:40	02:41:15	01:33:04	45 - 49 anos	20
111	398	Ronny Simões		04:29:49	00:12:38	02:36:07	01:35:51	35 - 39 anos	28
112	542	Fernando Manuels Conceicao Batista	Clube Millennium BCP	04:30:38	00:10:43	02:44:28	01:31:06	35 - 39 anos	29
113	732	Carlos Gomes	Outsystems Olímpico de Oeiras	04:30:47	00:11:26	02:40:07	01:34:13	60 - 64 anos	1
114	397	Jose Javier Gomez Iglesias	Triourense	04:30:55	00:11:49	02:42:26	01:31:14	50 - 54 anos	4



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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
115	701	David Paiva	Clube de Natação de Torres Novas	04:31:20	00:08:25	02:40:52	01:37:25	35 - 39 anos	30
116	666	Timotheus Kredel		04:31:28	00:11:01	02:34:37	01:38:55	18 - 24 anos	6
117	679	José Carlos Abrantes	Equipa de Triatlo do Exército	04:31:31	00:10:43	02:46:54	01:29:21	50 - 54 anos	5
118	754	Stijn Vanacker		04:31:48	00:13:26	02:36:20	01:35:18	50 - 54 anos	6
119	389	Rui Rebocho	Kainágua	04:31:58	00:12:20	02:45:33	01:27:37	40 - 44 anos	28
120	81	Andre Marques Costal	OnTri Sports	04:31:58	00:10:37	02:42:14	01:32:33	45 - 49 anos	21
121	440	Ruben Miguel Lages Duarte	3B Triatlo	04:32:09	00:12:48	02:45:50	01:28:12	30 - 34 anos	12
122	574	Bruno Toscano	Clube Oriental de Lisboa	04:32:19	00:09:57	02:38:22	01:39:56	40 - 44 anos	29
123	116	Vitor Manuel Romeiro Fialho Piçarra		04:32:32	00:10:55	02:47:55	01:28:42	45 - 49 anos	22
124	171	Carlos Fernando Ribeiro Ferreira		04:32:37	00:08:48	02:43:50	01:34:28	40 - 44 anos	30
125	145	Nuno Ricardo Pais Lopes	Nucleo do Sporting da Golegã	04:32:43	00:09:18	02:37:05	01:42:24	40 - 44 anos	31
126	320	Rui Gonçalo Vieira	Núcleo do Sporting da Golegã	04:32:44	00:10:16	02:47:50	01:29:58	40 - 44 anos	32
127	296	Alexandre Nunes		04:32:47	00:13:01	02:43:22	01:31:28	45 - 49 anos	23
128	154	João Henrique Lamas Rodrigues	Louletano	04:32:49	00:13:44	02:40:05	01:30:46	40 - 44 anos	33
129	47	Luis Alegrias	Kainágua	04:32:57	00:10:20	02:36:12	01:39:36	45 - 49 anos	24
130	638	Luis Cordeiro	SFRAA	04:33:01	00:11:34	02:35:40	01:40:49	40 - 44 anos	34
131	41	Ivan Duque De Azevedo E Costa	Clube Oriental de Lisboa	04:33:04	00:09:30	02:41:07	01:37:46	30 - 34 anos	13
132	467	Leonel Marques	Clube de Natação do Colégio Vasco da Gama	04:33:04	00:10:44	02:44:18	01:34:17	35 - 39 anos	31
133	435	Samuel Alexandre Dias Eugénio	Núcleo do Sporting da Golegã	04:33:07	00:11:22	02:38:19	01:38:49	45 - 49 anos	25



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Lugar	Dorsal	Nome	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
134	7	Annika Timm		04:33:10	00:10:19	02:35:24	01:43:12	30 - 34 anos	1
135	632	Mario Cruz		04:33:24	00:10:30	02:45:23	01:33:36	35 - 39 anos	32
136	765	Marco Gonçalves	Try Portugal / Vitória de Janes	04:33:39	00:10:19	02:47:03	01:31:07	40 - 44 anos	35
137	396	Pedro Freire De Andrade	LBSquad	04:33:42	00:09:48	02:43:21	01:34:59	35 - 39 anos	33
138	597	Pedro Filipe Maia	Sporting Clube de Espinho - FERSILVA	04:33:42	00:11:26	02:41:46	01:35:35	30 - 34 anos	14
139	724	Rui Dias Oliveira	OnTri Sports	04:34:00	00:10:32	02:42:48	01:36:09	35 - 39 anos	34
140	390	Miguel Carballo	Triourense	04:34:10	00:10:13	02:44:56	01:34:14	50 - 54 anos	7
141	227	Jorge Carvalho		04:34:13	00:11:47	02:41:26	01:36:54	50 - 54 anos	8
142	626	Rodrigo Tomás Marcelino		04:34:14	00:11:13	02:48:16	01:27:57	35 - 39 anos	35
143	151	Pedro Roque Gil Neves	Sporting Clube de Portugal	04:34:27	00:11:33	02:41:20	01:36:07	18 - 24 anos	7
144	530	Pablo Miguel Carro Suárez	Triatlón Arteixo	04:34:32	00:09:13	02:44:13	01:35:59	45 - 49 anos	26
145	353	Vítor Simões	Louletano	04:34:34	00:10:51	02:39:40	01:38:15	40 - 44 anos	36
146	91	Fábio Correia	Triatlo de Faro	04:34:52	00:12:23	02:52:40	01:23:02	30 - 34 anos	15
147	195	Lucas Souza Peixoto		04:35:16	00:10:43	02:40:55	01:39:13	25 - 29 anos	13
148	517	Santiago Garcia Gonzalez	Triourense	04:35:39	00:10:44	02:56:12	01:22:40	45 - 49 anos	27
149	749	Pedro Mota	CDES	04:36:10	00:12:36	02:44:55	01:30:32	40 - 44 anos	37
150	351	Tiago Santos	DAR-Recardães EXPansion	04:36:19	00:10:15	02:43:42	01:36:37	35 - 39 anos	36
151	42	Edinson Sanchez		04:36:26	00:10:37	02:43:02	01:38:03	40 - 44 anos	38
152	712	Ivo Carvalho	Sporting Clube de Espinho - FERSILVA	04:36:30	00:09:29	02:48:29	01:33:47	45 - 49 anos	28



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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
153	690	Rubén Negreira Martínez	Triatlón Inforhouse Santiago	04:36:32	00:09:52	02:54:05	01:27:28	30 - 34 anos	16
154	354	André Vaz	LBSquad	04:36:37	00:11:50	02:44:36	01:33:58	35 - 39 anos	37
155	577	Henrique Avelar		04:36:38	00:11:25	02:40:25	01:39:34	40 - 44 anos	39
156	142	Joao Santos	GRCD Leão Triatlo	04:36:51	00:10:15	02:40:04	01:41:50	55 - 59 anos	3
157	286	Rui Pedro Sousa Nunes		04:36:57	00:11:49	02:40:37	01:39:44	45 - 49 anos	29
158	720	Tiago Martins Ribeiro		04:37:06	00:10:30	02:49:00	01:31:08	35 - 39 anos	38
159	25	Marco Sousa	Pedrogão Triatlo	04:37:08	00:09:42	02:48:50	01:34:49	45 - 49 anos	30
160	347	Nuno Miguel Meira Ramos	FERSILVA	04:37:19	00:13:10	02:46:53	01:30:56	25 - 29 anos	14
161	39	Carlos Gomes Ferreira	Louletano	04:37:44	00:10:52	02:43:22	01:38:48	50 - 54 anos	9
162	141	Carlos Barroso Fernandes	SFRAA	04:37:48	00:09:20	02:50:47	01:34:19	45 - 49 anos	31
163	345	António Manuel Brito Moreira	Clube dos Galitos	04:37:49	00:10:24	02:50:17	01:33:14	40 - 44 anos	40
164	53	Sérgio Manuel Pecurto Batalha	3B Triatlo	04:38:08	00:10:44	02:47:15	01:35:30	50 - 54 anos	10
165	477	João Luís Da Silva Teixeira Matos		04:38:15	00:10:44	02:46:07	01:36:10	35 - 39 anos	39
166	520	Dino Manuel Sobralinho Ablum	VGAC Triatlo	04:38:20	00:09:59	02:44:12	01:39:06	35 - 39 anos	40
167	451	Luis Filipe Pimentel Carvalho	Remo Clube Lusitano	04:38:26	00:10:54	02:40:13	01:40:41	50 - 54 anos	11
168	628	Carlos Alexandre De Matos Maia	Sport Algés e Dafundo	04:38:33	00:11:05	02:40:06	01:41:32	50 - 54 anos	12
169	703	Gonçalo Pitaça	Clube TAP	04:38:39	00:10:37	02:45:17	01:37:48	30 - 34 anos	17
170	374	Filipe Correia	FC Ferreiras	04:38:43	00:09:47	02:51:01	01:32:38	35 - 39 anos	41
171	456	Bruno Manuel Marques Andrade Nunes	Ortobest Triatlo Team	04:38:50	00:11:26	02:48:19	01:31:02	35 - 39 anos	42



SETÚBAL TRIATHLON'22

CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
172	695	Bruno Almeida	DAR-Recardães EXPansion	04:39:22	00:10:50	02:38:01	01:45:00	40 - 44 anos	41
173	442	Pedro Teixeira	Clube Zupper	04:39:28	00:12:39	02:47:54	01:33:27	45 - 49 anos	32
174	140	Tomás Pires		04:39:29	00:09:15	02:47:24	01:38:07	35 - 39 anos	43
175	19	Pedro Pinho Lopes	Outsystems Olímpico de Oeiras	04:39:39	00:13:15	02:43:36	01:37:13	45 - 49 anos	33
176	54	Tiago Teotónio Pereira	LBsquad	04:39:42	00:10:42	02:52:28	01:30:18	30 - 34 anos	18
177	83	Duarte Cortes	Wikaboo	04:39:54	00:12:17	02:50:02	01:30:41	45 - 49 anos	34
178	40	Bruno Godinho		04:40:01	00:10:43	02:43:09	01:40:47	40 - 44 anos	42
179	359	Tony Seródio	Desportivo Atletico de Recardens	04:40:02	00:11:02	02:48:22	01:36:35	50 - 54 anos	13
180	196	André Cabral	Outsystems Olímpico de Oeiras	04:40:11	00:10:33	02:52:26	01:31:26	45 - 49 anos	35
181	728	Bruno Miguel Marvanejo Pinto	GruPito	04:40:16	00:10:19	02:45:56	01:39:25	30 - 34 anos	19
182	484	Rui Amorim		04:40:29	00:10:50	02:48:19	01:34:14	55 - 59 anos	4
183	187	David Roque Fernandes		04:40:40	00:13:18	02:38:51	01:44:04	35 - 39 anos	44
184	510	Diogo Pina Pereira	Fundação Salesianos Triatlo	04:40:44	00:10:32	02:45:50	01:40:19	45 - 49 anos	36
185	32	Luis Miguel Andrade Miranda		04:40:47	00:12:03	02:42:15	01:42:11	50 - 54 anos	14
186	21	Pedro Miguel B Pinto Leal Fernandes	CNATRIL	04:40:48	00:09:42	02:44:02	01:42:21	45 - 49 anos	37
187	740	Francisco Fino	LBsquad	04:40:55	00:12:30	02:45:07	01:38:09	40 - 44 anos	43
188	94	João Bacalhau	FC Ferreiras	04:41:08	00:10:10	02:56:53	01:30:02	40 - 44 anos	44
189	692	Domingos Domingues	LBsquad	04:42:11	00:11:03	02:44:58	01:38:25	35 - 39 anos	45
190	618	João Saldanha Lopes	LXTRIATHLON - Clube de Triatlo de Lisboa	04:42:17	00:10:12	02:47:48	01:39:26	35 - 39 anos	46



SETÚBAL TRIATHLON'22

CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
191	234	Pedro Miguel Maia Assunção		04:42:18	00:11:53	02:44:19	01:38:44	35 - 39 anos	47
192	98	Vasco Pereira Lopes	Futebol Clube Ferreiras	04:42:24	00:10:12	02:50:47	01:34:56	30 - 34 anos	20
193	541	Pedro Mestre	OnTri Sports	04:42:28	00:10:33	02:50:48	01:33:56	50 - 54 anos	15
194	620	Carlo Hugo Nunes Madeira Leal De Almeida	Wikaboo	04:42:43	00:10:19	02:45:08	01:41:19	45 - 49 anos	38
195	29	Gil Contreiras Braz De Oliveira	Try@Least	04:42:48	00:10:43	02:47:34	01:37:42	50 - 54 anos	16
196	675	Jennifer Connet	CNATRIL	04:42:55	00:10:03	02:53:54	01:34:43	35 - 39 anos	2
197	230	Vitor Rito	Runnig Espinho	04:42:56	00:11:27	02:48:26	01:35:53	35 - 39 anos	48
198	408	Bruno Batista	Tri Amazing	04:43:00	00:11:06	02:49:51	01:35:58	40 - 44 anos	45
199	379	Mauro Azevedo	ARCasaense-EAC	04:43:04	00:11:50	02:55:24	01:29:13	50 - 54 anos	17
200	466	Nuno Miguel Nobre Lopes	Clube Millennium BCP	04:43:04	00:12:58	02:46:08	01:38:15	50 - 54 anos	18
201	46	Miguel Serpa Tolda Garcia	Núcleo do Sporting da Golegã	04:43:08	00:10:38	02:46:59	01:40:11	45 - 49 anos	39
202	13	Pedro Nunes	Outsystems Olímpico de Oeiras	04:43:13	00:09:26	02:45:46	01:43:44	45 - 49 anos	40
203	763	Nuno Gonçalo Sousa	Outsystems Olímpico de Oeiras	04:43:23	00:10:29	02:47:59	01:40:02	35 - 39 anos	49
204	128	Paulo Luz	FC Ferreiras	04:43:23	00:11:17	02:48:31	01:36:56	40 - 44 anos	46
205	513	João Moita	Associação Beat Your Limit!	04:43:25	00:11:08	02:51:17	01:34:13	40 - 44 anos	47
206	650	André Lopes Serrazina	CRP Ribafria	04:43:44	00:13:10	02:50:01	01:35:01	35 - 39 anos	50
207	407	Paulo Costa	S.C.Espinho	04:44:12	00:10:53	02:50:20	01:37:41	50 - 54 anos	19
208	497	Antonio Vicente Corral	Arte Físico	04:44:40	00:09:04	02:57:03	01:34:44	40 - 44 anos	48
209	697	Nuno Miguel Pires De Sousa	Marretas do Norte	04:44:42	00:10:24	02:51:37	01:37:00	45 - 49 anos	41



SETÚBAL TRIATHLON'22

CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
210	120	João Manuel Da Silva Barran Assis Cabeleira		04:44:45	00:13:10	02:46:18	01:36:55	45 - 49 anos	42
211	656	João Cunha Guimarães		04:44:53	00:11:31	02:46:59	01:39:21	35 - 39 anos	51
212	566	João Belo	SFRAA	04:44:54	00:10:22	02:45:10	01:44:18	35 - 39 anos	52
213	371	Daniel Marques	Sporting Clube de Portugal	04:45:15	00:11:02	02:51:38	01:36:14	30 - 34 anos	21
214	629	José Duarte	Clube Millennium BCP	04:45:21	00:10:17	02:44:30	01:40:38	45 - 49 anos	43
215	118	João Freitas	Try Portugal / Vitória de Janes	04:46:00	00:10:10	02:47:31	01:43:29	35 - 39 anos	53
216	288	Marcos Caldeira Madail Ratola	Tri Amazing	04:46:07	00:08:48	02:52:05	01:40:44	40 - 44 anos	49
217	405	Gabriel Alves	3B Triatlo	04:46:12	00:12:51	02:47:42	01:39:06	55 - 59 anos	5
218	66	Fernando Miguel Ferreira Rodrigues Ferreira Pinto	OnTri Sports	04:46:14	00:11:49	02:55:27	01:31:19	35 - 39 anos	54
219	30	João Miguel Nunes	Alhandra Sporting Club	04:46:23	00:11:06	02:48:43	01:42:41	55 - 59 anos	6
220	356	Pedro Migueol Sequeira Rilho		04:46:32	00:11:01	02:47:08	01:42:17	35 - 39 anos	55
221	605	Eládio Manuel	Outsystems Olímpico de Oeiras	04:46:42	00:12:35	02:52:11	01:35:29	45 - 49 anos	44
222	676	Hugo Cabral	Clube naval de Faro	04:46:59	00:08:56	02:42:30	01:50:45	40 - 44 anos	50
223	61	Ricardo Faria		04:47:17	00:11:05	02:46:55	01:44:20	40 - 44 anos	51
224	167	Aristides Bordalo	Estoril Praia Credibom	04:47:42	00:12:27	02:50:12	01:40:08	55 - 59 anos	7
225	22	Hugo Gomes	3B Triatlo	04:48:09	00:14:00	02:54:06	01:32:31	35 - 39 anos	56
226	744	Rodrigo Van Hoof Ribeiro	Grupo Desportivo BPI	04:48:13	00:09:50	02:57:48	01:33:22	30 - 34 anos	22
227	153	Bruno Miguel Roque Fonseca	3B Triatlo	04:48:19	00:13:09	02:51:27	01:36:58	40 - 44 anos	52
228	245	João Laranjeira	Associação Beat Your Limit!	04:48:40	00:09:43	02:54:48	01:38:45	35 - 39 anos	57



SETÚBAL TRIATHLON'22

CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
229	74	Ivo Rafael Fernandes Pona	Outsystems Olímpico de Oeiras	04:48:40	00:11:10	02:45:24	01:46:11	35 - 39 anos	58
230	80	Nuno Carlos Figueiredo Campos	Grupo Desportivo da Goma	04:48:42	00:13:06	02:56:15	01:31:17	45 - 49 anos	45
231	132	João Ricardo Figueiredo		04:48:57	00:11:05	02:48:25	01:40:35	35 - 39 anos	59
232	311	Emanuel Freitas	Palmela Desporto / Tripla Rotação	04:49:06	00:10:25	02:53:36	01:35:20	30 - 34 anos	23
233	687	Paulo Jorge Cabrita E Silva	Triatlo Faro (Ginásio Clube Naval Faro)	04:49:11	00:11:00	02:50:12	01:43:04	55 - 59 anos	8
234	319	Vasco Levita	Estoril Praia Credibom	04:49:21	00:10:48	02:52:11	01:40:14	45 - 49 anos	46
235	503	Pedro Mendes Jorge	Tri Amazing	04:49:31	00:10:07	02:51:00	01:42:07	50 - 54 anos	20
236	266	Joao Fernandes Silva		04:49:38	00:12:56	02:45:42	01:44:42	45 - 49 anos	47
237	538	Jorge Carvalho		04:49:39	00:13:14	02:54:37	01:34:15	35 - 39 anos	60
238	350	Celso Ilidio Esteves Moreira	DAR-Recardães EXPansion	04:50:03	00:10:32	02:49:47	01:45:08	40 - 44 anos	53
239	531	Luis Oliveira	Pimpões Triatlo	04:50:09	00:11:43	02:53:01	01:39:39	45 - 49 anos	48
240	641	Jaime Duarte		04:50:11	00:08:38	02:44:00	01:52:54	35 - 39 anos	61
241	317	Jaime Bacharel		04:50:23	00:10:19	02:45:24	01:48:10	45 - 49 anos	49
242	478	Francisco Sanches-Osório	Estoril Praia Credibom	04:50:24	00:11:28	02:50:50	01:41:02	55 - 59 anos	9
243	753	Marco Cesar Gomes Bernardo Matos Cruz		04:50:26	00:11:38	02:42:01	01:51:52	50 - 54 anos	21
244	612	Diogo Ennes		04:50:35	00:11:35	02:57:56	01:32:23	45 - 49 anos	50
245	761	Miguel Gomes	Clube Zupper	04:50:37	00:10:48	02:55:01	01:38:10	50 - 54 anos	22
246	528	Quentin Zône		04:50:42	00:10:07	02:55:16	01:39:05	25 - 29 anos	15
247	662	Duarte Tirapicos		04:51:50	00:12:50	02:56:44	01:34:02	30 - 34 anos	24



SETÚBAL TRIATHLON'22

CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
248	507	Paulo Jorge Correia Lamego	Sport Algés e Dafundo	04:51:54	00:10:21	02:52:50	01:43:35	50 - 54 anos	23
249	559	Samuel Da Silva Santoa	União desportiva da batalha	04:51:58	00:14:15	02:56:12	01:33:57	40 - 44 anos	54
250	642	Marciano Dias	Tri Amazing	04:52:12	00:12:39	02:47:43	01:44:55	35 - 39 anos	62
251	448	Ricardo Alexandre Santos Pereira	Estoril Praia Credibom	04:52:17	00:12:14	02:55:20	01:39:12	50 - 54 anos	24
252	119	Pedro Miguel Machado	Sport Algés e Dafundo	04:52:30	00:10:03	02:51:57	01:45:05	35 - 39 anos	63
253	706	David Cerro Herrero	Escuela Triatlón Plasencia	04:52:38	00:11:16	03:00:06	01:35:44	40 - 44 anos	55
254	567	Gonçalo Gameiro	Try Portugal / Vitória de Janes	04:52:40	00:10:11	02:53:06	01:43:37	45 - 49 anos	51
255	734	Martin Morais Tresca		04:52:42	00:12:15	02:57:53	01:34:24	35 - 39 anos	64
256	452	Henrique Miguel Mateus Martins	GRCD Leão Triatlo	04:52:50	00:11:31	02:49:36	01:44:31	35 - 39 anos	65
257	221	William Santos		04:52:59	00:12:07	02:52:10	01:41:52	30 - 34 anos	25
258	682	Carlos Teixeira	Equipa de Triatlo do Exército	04:53:06	00:13:24	02:49:24	01:45:18	35 - 39 anos	66
259	575	Paulo Esteves Pereira	Clube dos Galitos	04:53:28	00:09:23	03:00:12	01:39:16	50 - 54 anos	25
260	308	Nuno Manuel Santos Silva Gameiro Sisudo		04:53:29	00:10:08	02:52:20	01:44:59	45 - 49 anos	52
261	324	Hugo Filipe Tomás	Clube Oriental de Lisboa	04:53:33	00:13:42	02:55:42	01:37:04	45 - 49 anos	53
262	578	Paulo Teles	3B Triatlo	04:53:50	00:11:04	02:53:35	01:40:55	50 - 54 anos	26
263	6	Liliana Alexandre	Outsystems Olímpico de Oeiras	04:53:55	00:08:26	03:03:26	01:38:36	30 - 34 anos	2
264	361	Daniel Santos		04:53:58	00:15:58	02:56:25	01:34:11	35 - 39 anos	67
265	78	André Saleiro		04:54:02	00:12:24	02:59:53	01:36:16	45 - 49 anos	54
266	546	Antonio Vazquez Balado	Triourense	04:54:05	00:11:29	02:58:55	01:36:25	35 - 39 anos	68



SETÚBAL TRIATHLON'22

CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
267	44	Luis Silva	The Cupcake Cartel	04:54:09	00:13:33	02:49:43	01:44:32	45 - 49 anos	55
268	604	Stefano Borralho Silvestre	FC Ferreiras	04:54:12	00:09:47	02:47:46	01:52:56	30 - 34 anos	26
269	543	Pedro Duarte		04:54:20	00:11:31	02:47:45	01:47:31	45 - 49 anos	56
270	482	Luis Tomé	Peniche Amigos Clube	04:54:34	00:12:45	02:48:53	01:47:11	45 - 49 anos	57
271	292	Pedro Miguel Gonçalves Miranda	GRCD Leão Triatlo	04:54:36	00:11:54	02:45:51	01:50:54	40 - 44 anos	56
272	655	Roberto Fernández Alonso	Triourense	04:54:41	00:12:12	02:55:52	01:39:40	50 - 54 anos	27
273	68	Guilherme Libório	Outsystems Olímpico de Oeiras	04:54:58	00:10:02	03:04:39	01:34:52	40 - 44 anos	57
274	511	Luís Leão	Associação Beat Your Limit!	04:55:00	00:10:32	02:53:15	01:44:04	50 - 54 anos	28
275	224	Rodrigo Santos		04:55:03	00:10:20	03:00:01	01:39:05	30 - 34 anos	27
276	465	Paulo Manuel Rodrigues Ferreira	Triatlo Clube TAP	04:55:08	00:11:13	02:53:57	01:43:01	45 - 49 anos	58
277	677	Jose Maria Corrêa De Barros		04:55:17	00:12:49	02:55:48	01:39:36	35 - 39 anos	69
278	349	Rui Rodrigues	Associação Humanitária Bombeiros Estoris	04:55:23	00:10:08	02:53:04	01:44:54	40 - 44 anos	58
279	499	Luís António Conceição Faustino	AmoraSub/Associação Naval Amorense	04:55:43	00:11:22	03:07:29	01:30:32	45 - 49 anos	59
280	293	Pedro Miguel Ferreira Da Silva Nogueira		04:55:51	00:13:24	02:49:27	01:46:25	40 - 44 anos	59
281	73	Pedro Jorge Duarte Morais		04:56:02	00:11:54	02:52:28	01:45:33	45 - 49 anos	60
282	316	Bruno Pissarra	Alhandra Sporting Club	04:56:03	00:10:55	02:57:39	01:41:46	45 - 49 anos	61
283	55	Paulo Renato Santos	Peniche Amigos Clube	04:56:06	00:10:55	02:54:33	01:45:08	55 - 59 anos	10
284	360	Esmeraldino Jose Sa	AmoraSub/Associação Naval Amorense	04:56:13	00:12:47	02:53:01	01:44:11	45 - 49 anos	62
285	174	Carlos Jorge Costa Escórcio	Clube de Futebol "Os Belenenses"	04:56:19	00:11:29	03:01:52	01:38:31	35 - 39 anos	70



SETÚBAL TRIATHLON'22

CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
286	265	Mario Santana		04:56:22	00:11:58	02:53:53	01:44:38	40 - 44 anos	60
287	238	Pedro Leiria		04:56:26	00:13:06	02:53:32	01:40:06	45 - 49 anos	63
288	493	Francisco Gaspar		04:57:12	00:10:59	02:49:54	01:48:16	35 - 39 anos	71
289	298	Luís Marques	Sporting Clube de Espinho - FERSILVA	04:57:21	00:12:21	02:54:10	01:43:51	50 - 54 anos	29
290	404	Ivo Magalhães		04:57:33	00:11:12	02:48:57	01:48:37	45 - 49 anos	64
291	571	Pedro Monteiro		04:57:34	00:13:01	03:03:40	01:32:56	30 - 34 anos	28
292	742	Fernando Feijão		04:57:42	00:11:49	03:05:52	01:35:29	65 - 69 anos	1
293	170	Luís Galrito	Kainágua	04:57:46	00:10:03	02:58:13	01:44:31	35 - 39 anos	72
294	11	Miguel Teixeira Duarte		04:57:47	00:10:16	02:54:41	01:46:04	55 - 59 anos	11
295	253	Nuno Costa		04:57:52	00:09:41	02:55:41	01:48:07	45 - 49 anos	65
296	289	Ivor Sebalj		04:57:55	00:10:45	02:53:27	01:47:46	30 - 34 anos	29
297	101	Pedro Teixeira		04:57:59	00:12:51	02:57:45	01:41:13	35 - 39 anos	73
298	376	Henrique Emanuel Estrela Pereira		04:58:02	00:11:18	03:00:14	01:39:50	40 - 44 anos	61
299	471	João Carlos Pardal Gonçalves Marques	Triatlo fundação Salesianos	04:58:06	00:12:55	02:52:31	01:45:53	50 - 54 anos	30
300	714	Antonio Matalobos Bustelo	Club Triathlon Compostela	04:58:08	00:11:37	03:01:07	01:37:49	40 - 44 anos	62
301	133	José António Varela	Sport Algés e Dafundo	04:58:20	00:11:48	02:55:51	01:42:46	45 - 49 anos	66
302	457	Andre Lima Cabrita	Triatlo de Faro	04:58:24	00:10:40	02:55:36	01:47:09	45 - 49 anos	67
303	395	Luis Santos		04:58:24	00:14:21	03:02:47	01:33:07	35 - 39 anos	74
304	392	David Antonio Serrao Martins		04:58:24	00:11:18	02:54:29	01:45:49	30 - 34 anos	30



SETÚBAL TRIATHLON'22

CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
305	175	Luis Figueira	CRCD Leão	04:59:01	00:10:32	02:58:16	01:44:15	45 - 49 anos	68
306	590	Miguel Adolfo Couto Novais		04:59:03	00:14:35	02:57:18	01:39:46	40 - 44 anos	63
307	134	A. Fernandes	Marretas do Norte	04:59:04	00:11:23	02:52:22	01:48:46	55 - 59 anos	12
308	651	Francisco Pessoa Costa		04:59:09	00:10:20	02:53:54	01:47:56	30 - 34 anos	31
309	193	Susana Mateus		04:59:23	00:08:58	02:59:59	01:46:31	30 - 34 anos	3
310	473	Rui Sousa	Núcleo Sportinguista do Conselho da Golegã	04:59:30	00:10:56	03:03:42	01:39:40	50 - 54 anos	31
311	220	Ruben Miguel Silva Matos	Triatlo de Abrantes	04:59:42	00:09:28	03:03:00	01:42:35	30 - 34 anos	32
312	314	Miguel Simões	GRCD Leão Triatlo	04:59:48	00:10:50	02:54:49	01:48:46	35 - 39 anos	75
313	755	Tiago Pires De Lima	OnTri Sports	04:59:54	00:11:51	02:55:06	01:45:12	35 - 39 anos	76
314	179	Pedro André Fernandes	Clube Oriental de Lisboa	04:59:55	00:11:14	02:59:29	01:43:35	40 - 44 anos	64
315	764	Pablo Sipaubá De Sousa		05:00:32	00:11:59	02:57:00	01:42:40	35 - 39 anos	77
316	248	Eva Varani		05:00:42	00:13:01	03:01:56	01:38:23	35 - 39 anos	3
317	461	Rui Miguel Réis Duarte	Triatlo de Faro	05:00:46	00:08:35	02:57:11	01:48:10	45 - 49 anos	69
318	222	João Romão		05:00:47	00:09:53	02:58:58	01:43:24	45 - 49 anos	70
319	721	Luís Márcia Dias Caetano	Louletano triatlo	05:00:57	00:11:35	02:55:40	01:46:56	40 - 44 anos	65
320	657	Gonçalo Almeida	Alhandra Sporting Club	05:01:00	00:11:00	02:49:02	01:55:22	40 - 44 anos	66
321	150	João Pedro Ramos Borges Da Cruz	AFDD - Montijo	05:01:16	00:11:35	02:58:23	01:43:21	35 - 39 anos	78
322	301	Antonio Cumbre		05:01:41	00:11:12	02:57:02	01:46:17	40 - 44 anos	67
323	122	José M Pyrrait		05:01:57	00:10:40	03:06:53	01:38:20	35 - 39 anos	79



SETÚBAL TRIATHLON'22

CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
324	274	André Filipe Vaz Bernardo		05:02:03	00:14:09	03:10:05	01:32:23	18 - 24 anos	8
325	548	João Cruz	Estoril Praia Credibom	05:02:18	00:09:26	02:59:34	01:49:26	45 - 49 anos	71
326	338	José Carvalho	Vela de Tavira	05:02:21	00:09:35	02:50:29	01:55:36	35 - 39 anos	80
327	599	Rita Spínola	Outsystems Olímpico de Oeiras	05:02:24	00:09:11	03:06:53	01:42:29	30 - 34 anos	4
328	299	Hugo Miguel Ferreira Viegas	Lusitano Futebol Clube / Frusoal	05:02:27	00:12:27	03:00:26	01:43:35	40 - 44 anos	68
329	581	Marco Silva	Estoril Praia Credibom	05:02:28	00:15:24	02:56:24	01:41:54	40 - 44 anos	69
330	564	João Farinha		05:02:45	00:12:56	02:55:09	01:45:33	30 - 34 anos	33
331	654	Pedro Miguel Figueiredo Do Carmo		05:02:54	00:12:36	02:49:13	01:54:58	40 - 44 anos	70
332	486	David Figueiredo	Escola de Atletismo do Montijo-A.F.D.D.	05:03:10	00:12:54	03:01:26	01:42:11	45 - 49 anos	72
333	12	Jose Pedro Da Silva Canela	PAC - Peniche Amigos Clube	05:03:19	00:12:37	03:02:19	01:42:06	45 - 49 anos	73
334	228	Cláudio Canavilhas		05:03:31	00:12:01	03:06:23	01:38:03	35 - 39 anos	81
335	36	Renato Gonçalves Araújo	AmoraSub/Associação Naval Amorense	05:04:06	00:11:49	03:01:08	01:45:54	50 - 54 anos	32
336	425	Diogo Veríssimo Da Silva	OnTri Sports	05:04:32	00:11:37	02:58:44	01:44:19	35 - 39 anos	82
337	169	João António Da Silva Rosa	PAC - Peniche Amigos Clube	05:04:36	00:11:15	02:56:54	01:47:36	45 - 49 anos	74
338	31	Luis Paulo Costa Cipriano	A.M.C.R.FONTE GRADA	05:04:46	00:11:23	03:03:08	01:45:43	45 - 49 anos	75
339	718	Nuno Jorge Moreira De Pinho	Paredes Aventura	05:04:58	00:12:51	02:55:27	01:50:31	40 - 44 anos	71
340	759	Bruno Dos Santos Pereira	AmoraSub/Associação Naval Amorense	05:05:03	00:11:38	03:00:07	01:45:51	45 - 49 anos	76
341	455	Jose Antonio Pina	Louletano	05:05:15	00:12:43	02:58:25	01:47:02	40 - 44 anos	72
342	243	Pedro Miguel Farinha		05:05:24	00:10:21	02:56:45	01:51:04	40 - 44 anos	73



SETÚBAL TRIATHLON'22

CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
343	202	Paulo Faria	Outsystems Olímpico de Oeiras	05:05:38	00:10:54	03:11:44	01:34:46	40 - 44 anos	74
344	229	Filomena Gomes	Try Portugal / Vitória de Janes	05:05:41	00:11:47	02:57:54	01:47:05	50 - 54 anos	1
345	427	Bruno Lindorfo Batista Alves	Alhandra Sporting Club	05:05:49	00:11:22	03:02:12	01:44:30	40 - 44 anos	75
346	18	Jose Luis Baceira Farinha	Clube Millennium BCP	05:06:00	00:12:26	02:47:17	02:00:32	45 - 49 anos	77
347	454	Fernando Alexandre Cardinali Coito	Outsystems Olímpico de Oeiras	05:06:07	00:10:46	02:56:02	01:52:22	40 - 44 anos	76
348	100	Miguel Barnabé	FC Ferreiras	05:06:21	00:12:37	02:59:12	01:49:13	55 - 59 anos	13
349	652	Diana Mariño Lourenço	Estoril Praia Credibom	05:06:26	00:09:27	03:01:21	01:51:05	35 - 39 anos	4
350	326	Pedro Manuel Pires Lourenço	AmoraSub/Associação Naval Amorense	05:06:33	00:13:36	02:57:29	01:49:35	50 - 54 anos	33
351	643	Nuno Sousa	Running Espinho	05:06:41	00:15:20	03:00:32	01:43:27	45 - 49 anos	78
352	669	Camila Medici	Estoril Praia Credibom	05:06:47	00:12:04	02:58:29	01:51:13	35 - 39 anos	5
353	608	Carlos Jerónimo	Sporting Clube de Portugal	05:07:01	00:09:02	02:54:27	01:58:27	35 - 39 anos	83
354	572	Adolfo Vagos	Peniche Amigos Clube	05:07:02	00:13:24	03:03:32	01:44:02	50 - 54 anos	34
355	306	Paulo Jorge Paixão	AmoraSub/Associação Naval Amorense	05:07:15	00:12:36	02:52:04	01:56:39	45 - 49 anos	79
356	710	Joao Miguel Couto Faria	Associação Académica de São Mamede	05:07:34	00:09:47	02:39:13	02:14:01	50 - 54 anos	35
357	630	Mário Remigio	PAC - Peniche Amigos Clube	05:07:35	00:11:44	03:02:53	01:45:32	45 - 49 anos	80
358	438	Hendrikus Jan		05:07:46	00:12:19	03:09:04	01:38:25	35 - 39 anos	84
359	183	Paulo Vasconcelos	Outsystems Olímpico de Oeiras	05:08:04	00:13:35	02:59:27	01:48:29	55 - 59 anos	14
360	331	Pedro Sanguino		05:08:25	00:11:11	03:01:21	01:48:22	35 - 39 anos	85
361	549	Henrique Delgado	Clube Académico de Penafirme	05:08:36	00:09:25	03:00:17	01:53:19	35 - 39 anos	86



SETÚBAL TRIATHLON'22

CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
362	192	Jorge Raminhas		05:08:50	00:12:23	03:04:58	01:43:15	35 - 39 anos	87
363	258	Nuno Mota		05:08:51	00:11:01	03:01:59	01:50:05	40 - 44 anos	77
364	444	Pedro Ricardo Martins Machado	Bikemania Famalicão	05:09:09	00:10:55	02:59:03	01:52:25	35 - 39 anos	88
365	393	Gabriel Pereira De Carvalho	Núcleo do Sporting da Golegã	05:09:18	00:11:00	02:59:21	01:52:17	40 - 44 anos	78
366	532	João Luís Monteiro Nunes	Estoril Praia Credibom	05:09:42	00:11:33	03:03:38	01:44:36	40 - 44 anos	79
367	322	Filipe Dias	AmoraSub/Associação Naval Amorense	05:10:15	00:12:49	02:54:37	01:54:28	30 - 34 anos	34
368	631	Pedro Monzelo		05:10:22	00:10:50	02:59:15	01:52:06	30 - 34 anos	35
369	108	Nuno Júlio	Sporting Clube de Portugal	05:10:23	00:10:55	03:05:12	01:46:05	50 - 54 anos	36
370	756	Joaquim Potes	Kainágua	05:10:49	00:10:34	03:03:58	01:47:14	40 - 44 anos	80
371	449	Jorge Pé- Curto	Os coxos e o Miguel	05:10:57	00:16:08	02:59:03	01:48:18	45 - 49 anos	81
372	240	Pedro Queiroz	SFRAA	05:11:01	00:10:31	03:08:50	01:45:32	45 - 49 anos	82
373	60	Tiago Mira Amado		05:11:19	00:12:54	03:01:04	01:52:52	40 - 44 anos	81
374	644	Simone Siebra	Estoril Praia Credibom	05:11:24	00:12:22	03:08:50	01:44:09	45 - 49 anos	1
375	268	Miguel Salvador		05:11:38	00:11:58	03:08:51	01:43:43	50 - 54 anos	37
376	164	Carlos Mourato	Clube Rota D´Ossa	05:11:42	00:12:14	02:50:21	01:59:46	40 - 44 anos	82
377	165	Marco Raminhos	Clube Rota D´Ossa	05:11:53	00:11:46	02:57:56	01:54:21	35 - 39 anos	89
378	340	Patrick Ebrero Da Silva	PAC - Peniche Amigos Clube	05:11:55	00:11:34	02:51:45	02:01:49	45 - 49 anos	83
379	752	Natália Guilherme	Os Belenenses	05:11:59	00:12:18	03:05:46	01:46:00	35 - 39 anos	6
380	208	José Machado		05:12:08	00:11:59	03:01:36	01:46:47	45 - 49 anos	84



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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
381	209	Pedro Braga		05:12:14	00:13:44	02:58:29	01:46:47	35 - 39 anos	90
382	557	Pedro Gandola		05:12:18	00:09:45	03:02:19	01:53:10	35 - 39 anos	91
383	722	Fernando Alberto Pedroso Silva	Paredes Aventura	05:12:19	00:12:17	03:02:48	01:49:47	40 - 44 anos	83
384	386	Pedro Alvarez		05:12:39	00:12:20	03:05:54	01:47:30	50 - 54 anos	38
385	551	Emanuel Marques	Clube Académico de Penafirme	05:12:43	00:12:56	03:08:01	01:42:42	18 - 24 anos	9
386	34	José Rosa	Outsystems Olímpico de Oeiras	05:12:45	00:10:41	03:05:45	01:50:57	45 - 49 anos	85
387	445	Raul Azevedo		05:13:03	00:11:05	03:02:20	01:51:39	50 - 54 anos	39
388	357	José Manuel Horta Nova Nunes	Paredes Aventura	05:13:13	00:11:27	03:09:14	01:43:33	45 - 49 anos	86
389	259	Nelson Sanchez		05:13:37	00:11:19	02:58:58	01:53:53	35 - 39 anos	92
390	450	Manuel Silva		05:14:03	00:11:26	02:56:58	01:56:02	45 - 49 anos	87
391	330	Martinho José Da Silva Pessoa		05:14:12	00:12:50	02:58:33	01:54:53	30 - 34 anos	36
392	745	João Paulo Serôdio	Try Portugal / Vitória de Janes	05:15:27	00:11:13	02:41:05	02:15:48	35 - 39 anos	93
393	689	Kiko Martins	Lino Barruncho	05:15:50	00:12:31	03:11:17	01:45:54	40 - 44 anos	84
394	433	Joao Eduardo Lopes	Tri Amazing	05:15:52	00:10:34	02:59:05	01:53:55	40 - 44 anos	85
395	522	Carlos Abrunhosa	Clube Millennium BCP	05:15:53	00:11:53	03:07:29	01:49:15	50 - 54 anos	40
396	377	Nuno José	GRCD Leão Triatlo	05:16:00	00:11:31	02:46:38	02:10:00	45 - 49 anos	88
397	247	Pedro Pereira		05:16:06	00:16:02	03:05:12	01:44:45	45 - 49 anos	89
398	305	Luís De Borja Santos Neves Franco	CC Ageas	05:16:24	00:14:05	03:13:10	01:40:08	40 - 44 anos	86
399	16	Sérgio Filipe		05:16:25	00:10:39	03:01:11	01:57:18	40 - 44 anos	87



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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
400	250	João Pedro Norberto Antunes	Louletano	05:16:25	00:11:43	02:59:41	01:58:35	45 - 49 anos	90
401	649	Pedro Daniel Portugal Almeida	Clube TAP	05:16:33	00:10:43	03:03:26	01:54:30	35 - 39 anos	94
402	302	Pedro Miguel Silva Rico	Peniche Amigos Clube	05:16:46	00:10:12	03:09:16	01:51:01	45 - 49 anos	91
403	365	Hugo Henriques	Clube de Futebol "Os Belenenses"	05:16:53	00:11:30	03:13:31	01:44:34	45 - 49 anos	92
404	585	Ricardo Joao Duarte Neves	Sporting Clube de Portugal	05:17:37	00:12:23	03:10:19	01:47:46	45 - 49 anos	93
405	146	Pedro Manuel Nava Martins	GRCD Leão Triatlo	05:17:39	00:11:03	02:58:43	02:01:38	45 - 49 anos	94
406	279	Pedro Cruzinha		05:17:43	00:11:07	03:11:17	01:47:59	50 - 54 anos	41
407	185	Gonçalo Rosa	Outsystems Olímpico de Oeiras	05:17:48	00:10:31	03:08:03	01:54:19	35 - 39 anos	95
408	257	Jose Luis Fernandez Rodriguez		05:17:59	00:10:41	03:11:00	01:50:51	50 - 54 anos	42
409	162	Amelia Drumm	Louletano	05:18:11	00:13:02	03:18:19	01:41:33	45 - 49 anos	2
410	717	Rui Jorge Américo Batista De Sá	Clube de Natação do Colégio Vasco da Gama	05:18:25	00:13:07	03:03:32	01:54:24	50 - 54 anos	43
411	506	Pedro Ricardo Branco Barata Filipe		05:18:50	00:09:12	02:54:18	02:08:21	45 - 49 anos	95
412	352	Maria Isabel Areias	DAR-Recardães EXPansion	05:18:57	00:11:12	03:20:59	01:41:52	35 - 39 anos	7
413	583	Eduardo Ribeiro Costa	SUColarese	05:18:58	00:08:37	02:56:03	02:07:07	45 - 49 anos	96
414	102	Bruno Alexandre Pinto Fernandes	Alhandra Sporting Club	05:19:14	00:12:15	03:00:08	02:00:42	40 - 44 anos	88
415	463	Jose Alcídio Fernandes Meira Rodrigues	Paredes Aventura	05:19:20	00:14:31	03:09:36	01:43:10	45 - 49 anos	97
416	421	Nuno Gonçalo Reboleira		05:19:22	00:15:06	03:00:22	01:55:46	35 - 39 anos	96
417	738	Gustavo Antunes		05:19:22	00:12:47	03:11:42	01:48:13	40 - 44 anos	89
418	300	Bruno Gramaxo	Bikemania Famalicão	05:19:28	00:13:49	02:59:06	01:57:43	30 - 34 anos	37



SETÚBAL TRIATHLON'22

CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
419	502	Brito Bruno	Lidl	05:19:43	00:10:55	03:02:57	01:57:55	45 - 49 anos	98
420	45	Rui Santos	AmoraSub/Associação Naval Amorense	05:19:57	00:12:07	03:04:16	01:58:06	40 - 44 anos	90
421	28	Eduardo Filipe Amaro Ferreira	Clube Millennium BCP	05:20:11	00:13:07	03:02:05	01:59:08	45 - 49 anos	99
422	182	Neville Suzman		05:20:14	00:12:06	03:01:01	01:59:12	55 - 59 anos	15
423	619	Francisco Garnel	Sporting Clube de Portugal	05:20:19	00:11:31	03:11:55	01:48:27	35 - 39 anos	97
424	600	Paulo Menezes	SUColarense	05:20:23	00:12:33	03:10:34	01:46:17	50 - 54 anos	44
425	373	Luis Filipe De Oliveira Pereira	Sporting Clube de Portugal	05:20:44	00:12:14	03:03:20	01:58:48	40 - 44 anos	91
426	97	Justino Santos	LXTRIATHLON - Clube de Triatlo de Lisboa	05:21:13	00:09:39	03:09:44	01:56:45	40 - 44 anos	92
427	727	Carlos Preciso		05:21:41	00:14:40	03:16:29	01:43:30	45 - 49 anos	100
428	406	João Salvado De Melo		05:21:56	00:09:57	03:10:20	01:53:14	45 - 49 anos	101
429	111	Miguel Gaivao		05:22:16	00:10:30	03:04:20	02:02:58	60 - 64 anos	2
430	344	Nuno Miguel Mendes Malaquias	Sport Algés e Dafundo	05:22:19	00:13:23	03:03:43	01:57:51	45 - 49 anos	102
431	561	Sérgio Filipe Pereira Neves		05:22:21	00:15:42	03:15:21	01:44:33	45 - 49 anos	103
432	533	Diogo Dias		05:22:25	00:09:12	03:13:33	01:53:22	18 - 24 anos	10
433	212	Luís Carlos Domingues Almeida		05:23:09	00:13:28	03:10:33	01:49:49	50 - 54 anos	45
434	72	Fernanda Marques Santinha	Clube Oriental de Lisboa	05:23:19	00:11:19	03:21:29	01:44:12	50 - 54 anos	2
435	419	João Pedro Fernando	SCEspinho	05:23:29	00:11:23	03:05:41	01:58:54	40 - 44 anos	93
436	573	Rui Trovão	Repsol Triatlo	05:23:43	00:11:54	03:06:18	01:58:39	40 - 44 anos	94
437	594	Rui Ligeiro		05:24:06	00:12:20	03:07:40	01:58:19	45 - 49 anos	104



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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
438	611	Daniel Carlini Monteiro	USA Tiathlon	05:24:09	00:08:51	03:04:31	02:05:15	40 - 44 anos	95
439	35	Filipe Ramos	SUColarese	05:24:13	00:11:36	03:07:10	01:59:48	45 - 49 anos	105
440	191	Ken Gielen	AmoraSub/Associação Naval Amorense	05:24:22	00:08:54	03:00:55	02:08:46	45 - 49 anos	106
441	163	Jorge Dinis	AmoraSub/Associação Naval Amorense	05:24:33	00:10:38	03:19:03	01:49:08	50 - 54 anos	46
442	49	Alexandre Leal		05:24:37	00:14:23	03:14:25	01:46:14	45 - 49 anos	107
443	290	Fernando Ferreira	Associação Académica de São Mamede	05:24:52	00:13:14	03:14:07	01:49:31	50 - 54 anos	47
444	358	João André Guedes Dias		05:25:04	00:10:05	03:11:54	01:56:00	35 - 39 anos	98
445	521	Rafael Abrunhosa	GRCD Leão Triatlo	05:25:31	00:13:44	03:16:25	01:48:17	55 - 59 anos	16
446	607	Goncalo Alves		05:25:53	00:09:55	03:15:43	01:54:05	30 - 34 anos	38
447	364	Bruno Carvalheiro		05:25:54	00:14:44	03:09:11	01:54:59	40 - 44 anos	96
448	413	Daniel Oliveira	Estoril Praia Credibom	05:26:02	00:10:14	02:57:03	02:12:36	35 - 39 anos	99
449	729	Fabio Bucelli	Triboost	05:26:38	00:12:41	03:02:15	02:01:58	40 - 44 anos	97
450	545	Diego Gonzalez Madurga		05:26:45	00:10:59	03:13:52	01:54:43	30 - 34 anos	39
451	539	Orlando Marques	Paredes Aventura	05:26:51	00:14:36	03:13:45	01:46:49	45 - 49 anos	108
452	529	Francisco Maldonado Mora	TODO POR UN SUEÑO	05:27:11	00:10:57	02:59:59	02:09:29	45 - 49 anos	109
453	537	Ricardo Soares Moreira	Associação Beat Your Limit!	05:27:13	00:14:21	03:12:08	01:51:27	40 - 44 anos	98
454	99	Luís Massapina	FC Ferreiras	05:27:23	00:14:18	03:12:28	01:53:29	40 - 44 anos	99
455	400	Andreia Milene Patrício Lourenço	Clube de Natação do Colégio Vasco da Gama	05:27:26	00:14:31	03:18:51	01:47:48	35 - 39 anos	8
456	223	Miguel Santos Costa	Clube Millennium BCP	05:28:07	00:13:12	03:12:55	01:51:50	50 - 54 anos	48



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CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
457	65	Jorge Leite	Outsystems Olímpico de Oeiras	05:28:47	00:14:04	03:17:15	01:45:33	50 - 54 anos	49
458	736	Mário Martins		05:29:05	00:13:42	03:04:22	02:04:45	35 - 39 anos	100
459	237	Rui Manuel Castro Velez	Clube Oriental de Lisboa	05:29:22	00:11:20	03:07:15	02:04:14	55 - 59 anos	17
460	385	Luis Paixão		05:29:39	00:09:48	02:58:48	02:14:33	45 - 49 anos	110
461	658	João Perneco		05:29:46	00:11:01	03:10:09	01:57:03	45 - 49 anos	111
462	63	José Anibal Martins Correia	Stravistas da Venda do Pinheiro	05:29:52	00:12:24	03:12:18	01:56:25	55 - 59 anos	18
463	138	Carlos Quaresma	GRCD Leão Triatlo	05:30:26	00:10:25	03:05:06	02:09:36	40 - 44 anos	100
464	670	Luiz Felipe De Faria E Cunha Monteiro	MSS TEAM	05:30:51	00:11:08	03:12:37	01:59:52	35 - 39 anos	101
465	661	Pedro Queiroga	Wikaboo	05:31:45	00:12:33	03:16:23	01:53:00	50 - 54 anos	50
466	239	Jorge Santos Ferreira		05:31:59	00:10:50	03:11:34	02:03:20	40 - 44 anos	101
467	342	Carlos Dias	AmoraSub/Associação Naval Amorense	05:32:11	00:10:27	03:00:36	02:13:28	60 - 64 anos	3
468	159	Lucas Sanabio	Estoril Praia Credibom	05:32:41	00:12:16	03:03:14	02:08:44	40 - 44 anos	102
469	429	Sergio Francisco Amaro Farinho Baião	Sporting Clube de Portugal	05:32:44	00:12:45	03:11:49	01:57:15	45 - 49 anos	112
470	10	Rodrigo Pais De Almeida	Outsystems Olímpico de Oeiras	05:33:00	00:11:47	03:04:45	02:07:25	40 - 44 anos	103
471	190	Juan Jesús Chacón Cortés		05:33:07	00:12:24	03:08:51	01:59:57	55 - 59 anos	19
472	409	Pedro Miguel Bento Almeida	Tri Amazing	05:33:24	00:10:27	03:08:30	02:05:43	45 - 49 anos	113
473	411	Rui Miguel Gonçalves Nunes		05:33:25	00:13:06	03:17:07	01:56:30	40 - 44 anos	104
474	297	Manuel Pires		05:34:09	00:14:12	03:17:48	01:53:00	65 - 69 anos	2
475	667	Victor Sá	Sporting Clube de Espinho - FERSILVA	05:34:29	00:13:27	03:11:39	02:00:42	45 - 49 anos	114



SETÚBAL TRIATHLON'22

CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
476	624	Marco Garcia		05:35:16	00:14:37	03:02:08	02:08:20	45 - 49 anos	115
477	321	Rui Manuel Anacleto Magalhaes	Clube Millennium BCP	05:35:16	00:11:10	03:26:00	01:51:54	50 - 54 anos	51
478	719	Luis Miguel Lopes Ferreira De Pinho	Fátima Escola de Triatlo	05:35:48	00:15:11	03:12:37	01:58:44	50 - 54 anos	52
479	420	João Lourenço	GRCD Leão Triatlo	05:37:09	00:13:16	03:21:19	01:54:02	60 - 64 anos	4
480	17	João Pedro Serôdio	Sport Algés e Dafundo	05:37:14	00:12:40	03:10:37	02:01:01	40 - 44 anos	105
481	704	Frederico Cipriano Batista		05:37:41	00:13:12	03:22:04	01:56:10	35 - 39 anos	102
482	606	Daniel Madeira	Peniche Amigos Clube	05:37:43	00:12:50	03:21:13	01:56:56	40 - 44 anos	106
483	270	Pedro Ventura		05:37:56	00:11:18	03:24:19	01:54:53	55 - 59 anos	20
484	325	Nuno Simoes	CAF - Clube Atletismo do Funchal	05:38:41	00:11:51	03:16:15	02:03:32	45 - 49 anos	116
485	284	Nuno José Fernandes Lopes		05:38:50	00:14:30	03:12:23	02:01:27	45 - 49 anos	117
486	391	Sue Dawson	CCD Intermarché de Lagos	05:39:11	00:12:31	03:19:41	01:59:28	50 - 54 anos	3
487	110	Vitor Manuel Pascoinho Fernandes	Clube dos Galitos	05:39:36	00:11:52	03:03:40	02:18:27	45 - 49 anos	118
488	410	Marco Cardoso		05:39:46	00:10:39	03:08:18	02:09:22	35 - 39 anos	103
489	86	João Campos	Louletano	05:39:53	00:14:03	03:26:47	01:52:38	50 - 54 anos	53
490	156	Paulo Moutinho	Clube Oriental de Lisboa	05:40:02	00:09:33	03:18:22	02:00:26	50 - 54 anos	54
491	384	Carlos Manuel Nicolau Vieira	Alhandra Sporting Club	05:40:30	00:16:25	03:27:46	01:48:31	35 - 39 anos	104
492	681	Flávio Vieira Carvalho De Figueiredo	Exército	05:40:45	00:10:40	03:22:26	02:02:10	35 - 39 anos	105
493	201	Madalena Nogueira Vaz Do Valle Teixeira Madeira De Andrade	Outsystems Olímpico de Oeiras	05:41:14	00:12:37	03:21:05	02:02:03	45 - 49 anos	3
494	143	Hugo Matos	Drogheda Triathlon Club	05:41:25	00:11:48	03:01:40	02:21:29	35 - 39 anos	106



SETÚBAL TRIATHLON'22

CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
495	291	Miguel Jorge Fernandes De Araújo Vieira	Associação Académica de São Mamede	05:41:39	00:11:27	03:18:50	02:01:52	50 - 54 anos	55
496	168	José Gonçalves		05:41:45	00:13:14	03:18:17	02:02:16	50 - 54 anos	56
497	402	Vitor Miguel Capela Paulo	COL - Marvila Oriental Triatlo	05:42:12	00:12:46	03:16:31	02:05:01	45 - 49 anos	119
498	553	Bruno Araújo		05:42:15	00:12:22	03:15:34	02:07:33	40 - 44 anos	107
499	516	Ana Maria Pinto Gomes	Guarda Runners	05:42:26	00:15:02	03:35:19	01:45:19	45 - 49 anos	4
500	633	António Alberto	Núcleo Sportinguista do Concelho da Golegã	05:42:26	00:14:19	03:21:39	01:59:21	35 - 39 anos	107
501	586	Martin Victory	Drogheda Triathlon Club	05:42:45	00:11:41	03:10:33	02:12:33	60 - 64 anos	5
502	453	Helder Frenando Fernandes Correia	Associação Académica de São Mamede	05:42:58	00:11:03	03:23:52	01:57:41	45 - 49 anos	120
503	346	Catarina Pinto Carvalho	VELA DE TAVIRA	05:43:04	00:12:35	03:20:26	02:02:58	40 - 44 anos	3
504	639	Tiago Avelãs		05:43:23	00:13:40	03:07:27	02:15:47	45 - 49 anos	121
505	635	José Rafael Lopes Silva Charrua		05:43:24	00:13:00	03:22:41	02:01:27	40 - 44 anos	108
506	589	Mario Teofilo	Outsystems Olímpico de Oeiras	05:44:48	00:10:09	03:24:32	02:01:30	45 - 49 anos	122
507	562	Carolina Pecegueiro		05:46:24	00:11:38	03:27:21	01:58:09	40 - 44 anos	4
508	88	Maurício Costa		05:46:30	00:11:31	03:24:36	02:03:43	50 - 54 anos	57
509	441	Fábio Santos	Clube desportivo de Areias São João	05:46:56	00:15:18	03:13:46	02:12:37	30 - 34 anos	40
510	617	Pedro Miguel Rodrigues	Clube de Natação do Colégio Vasco da Gama	05:47:02	00:17:58	03:11:23	02:10:10	40 - 44 anos	109
511	671	João Ferreira		05:47:05	00:12:14	03:21:55	02:04:25	40 - 44 anos	110
512	554	João Cunha Rego	Triatlo Clube TAP	05:48:40	00:10:53	03:09:50	02:20:50	45 - 49 anos	123
513	67	Rui Martins		05:49:28	00:13:46	03:20:09	02:07:34	55 - 59 anos	21



SETÚBAL TRIATHLON '22

CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
514	527	Katia Roberto	CS Clichy Triathlon	05:50:05	00:12:18	03:35:20	01:54:43	30 - 34 anos	5
515	38	Paulo Renato Correia De Almeida Marques	Associação Humanitária Bombeiros Estoris	05:51:15	00:12:52	03:13:37	02:15:59	55 - 59 anos	22
516	762	David Almeida	Zupper	05:51:19	00:14:46	03:28:00	01:47:53	50 - 54 anos	58
517	332	Miguel Da Fonseca San-Payo		05:52:21	00:12:09	03:34:42	01:56:11	60 - 64 anos	6
518	382	Nuno Luís Lourenço De Sousa		05:52:44	00:13:05	03:22:29	02:10:17	45 - 49 anos	124
519	323	Luís Pedro Lopes De Sousa Ferreira	Alhandra Sporting Club	05:52:56	00:11:21	03:14:37	02:18:25	25 - 29 anos	16
520	114	Luis Miguel Duque Santos	GDR Manique de Cima	05:53:52	00:13:39	03:16:53	02:17:06	55 - 59 anos	23
521	231	Sara Colaço	Clube Oriental de Lisboa	05:54:36	00:11:35	03:33:51	02:01:38	45 - 49 anos	5
522	369	Pedro Calvario	Tri Amazing	05:55:06	00:12:49	03:35:09	01:55:11	50 - 54 anos	59
523	705	Julio García Sánchez	Isbilya Sloppy Joe's	05:55:09	00:12:11	03:10:34	02:25:47	55 - 59 anos	24
524	737	Rosa Rodrigues	Clube dos Galitos	05:55:10	00:17:28	03:27:00	02:02:36	50 - 54 anos	4
525	743	João Ferreira	OnTri Sports	05:55:15	00:11:01	03:25:15	02:09:09	25 - 29 anos	17
526	336	Bruno Fonseca		05:57:22	00:12:02	03:28:36	02:09:33	40 - 44 anos	111
527	252	Rui Manuel Duarte Melo Silva		05:58:16	00:14:12	03:15:10	02:18:42	50 - 54 anos	60
528	178	Miguel Ruiz Callé Lucas		05:59:02	00:11:31	03:21:36	02:17:25	25 - 29 anos	18
529	263	Gillie Grattan		05:59:38	00:09:40	03:30:34	02:10:13	30 - 34 anos	6
530	640	Pedro Filipe Ribeiro Rodrigues	Clube Zupper	06:00:02	00:12:19	03:16:05	02:22:51	40 - 44 anos	112
531	685	Bárbara Vieira	CAPGE	06:00:04	00:10:44	03:45:47	01:59:41	25 - 29 anos	1
532	584	Manuel Carlos Figueiredo Cabrita	CNATRIL	06:00:07	00:11:13	03:23:04	02:16:56	30 - 34 anos	41



SETÚBAL TRIATHLON'22

CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
533	312	Gonçalo Rodrigues		06:00:10	00:12:25	03:32:01	02:03:59	25 - 29 anos	19
534	725	Pedro Capelinha	Clube de Nataç�o do Col�gio Vasco da Gama	06:00:19	00:11:32	03:06:44	02:34:40	50 - 54 anos	61
535	579	Ant�nio Marques	Associa�o Humanit�ria Bombeiros Estoris	06:00:34	00:11:07	03:32:08	02:08:54	60 - 64 anos	7
536	106	Ricardo Figueira Da Silva	Sport Alg�s e Dafundo	06:01:16	00:11:37	03:04:13	02:37:02	45 - 49 anos	125
537	475	Paulo Jorge Ribeiro Nogueira	Clube de Nata�o de Torres Novas	06:02:01	00:15:49	03:13:33	02:24:01	50 - 54 anos	62
538	587	Jose Antonio Esca�o Monta�ez	C.D. Triatlon Trisport M�laga	06:02:42	00:13:27	03:34:53	02:05:16	50 - 54 anos	63
539	693	Jorge Miguel P F Ferreira		06:03:16	00:18:54	03:36:27	01:58:34	50 - 54 anos	64
540	226	Tiago Pratas		06:03:26	00:13:32	03:42:29	01:59:53	45 - 49 anos	126
541	27	Francisco Salgado	Estoril Praia Credibom	06:05:15	00:12:19	03:20:38	02:24:41	65 - 69 anos	3
542	616	Ricardo Reis Dagge		06:05:22	00:15:08	03:46:50	01:54:35	30 - 34 anos	42
543	648	Lu�s Miguel Caxias Melro		06:06:49	00:16:23	03:20:12	02:17:33	40 - 44 anos	113
544	294	Ana Isabel Duarte	Outsystems Ol�mpico de Oeiras	06:07:38	00:13:16	03:34:16	02:13:05	45 - 49 anos	6
545	328	Nuno Clemente		06:09:24	00:15:38	03:34:21	02:07:51	45 - 49 anos	127
546	348	Raquel Jorge De Lima Victor		06:10:02	00:11:48	03:26:14	02:24:20	35 - 39 anos	9
547	48	Miguel Ant�nio Reis Cruz	Clube Millennium BCP	06:12:31	00:14:55	03:36:06	02:10:30	50 - 54 anos	65
548	735	Brendan Sheridan		06:13:00	00:12:47	03:44:32	02:02:44	45 - 49 anos	128
549	688	Jo�o Miguel Vieira Jer�nimo		06:13:12	00:15:36	03:31:17	02:19:10	30 - 34 anos	43
550	70	Lu�s Miguel Duarte Carvalho		06:15:57	00:12:56	03:36:56	02:16:07	50 - 54 anos	66
551	636	Vera Almeida	Team ZOOT	06:16:10	00:13:31	03:38:41	02:16:50	40 - 44 anos	5



SETÚBAL TRIATHLON'22

CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
552	327	Rui Catarrinha		06:17:05	00:11:06	03:36:36	02:18:02	50 - 54 anos	67
553	166	Luís Miguel Cardoso Borralho	Clube Rota D'Ossa	06:17:50	00:15:22	03:36:29	02:15:16	40 - 44 anos	114
554	598	Jose Luis Almeida	Clube Millennium BCP	06:18:01	00:12:50	03:39:12	02:19:53	50 - 54 anos	68
555	434	Luis Miguel Mendes Rasteiro	Talentos Team	06:18:14	00:14:41	03:32:02	02:22:16	45 - 49 anos	129
556	588	Andreia Tourais	Outsystems Olímpico de Oeiras	06:19:04	00:14:19	03:50:00	02:08:37	35 - 39 anos	10
557	103	Fábio Monteiro Coutinho	Alhandra Sporting Club	06:19:26	00:09:41	03:22:11	02:42:28	30 - 34 anos	44
558	155	Mário Fonseca		06:20:48	00:14:07	03:28:07	02:30:45	45 - 49 anos	130
559	458	Marco Antonio González Carretero	Olimpia triatlón	06:21:28	00:14:37	03:45:17	02:10:32	50 - 54 anos	69
560	713	Tiago Barcelos Vaz	Clube de Triatlo de Almada	06:23:20	00:13:18	03:54:38	02:07:41	40 - 44 anos	115
561	269	Jose Manta		06:23:53	00:13:18	03:27:05	02:35:19	50 - 54 anos	70
562	161	Miguel Filipe Ferreira Rocha		06:24:45	00:12:44	03:37:47	02:25:51	45 - 49 anos	131
563	383	Johny Sarlo Cabral		06:25:02	00:09:33	03:42:03	02:27:59	35 - 39 anos	108
564	318	Eduardo Carpinteiro	TriOeste	06:25:03	00:15:20	03:33:07	02:25:46	55 - 59 anos	25
565	637	Sérgio Nuno Maquinista	Repsol Triatlo	06:25:20	00:17:03	03:43:59	02:18:00	35 - 39 anos	109
566	244	Hugo André Jesus Azevedo	Associação Beat Your Limit!	06:26:16	00:14:10	03:39:12	02:24:34	40 - 44 anos	116
567	104	Carlos Martins	Fidelidade GDC	06:27:21	00:13:46	03:55:46	02:09:45	50 - 54 anos	71
568	416	Nuno Albuquerque	CbN	06:28:14	00:11:49	03:48:33	02:20:56	55 - 59 anos	26
569	79	Nuno Amaral Assunção Santos Rosa	BTT-TV	06:28:41	00:11:56	03:18:36	02:47:18	50 - 54 anos	72
570	160	Pedro Quadrio		06:29:06	00:12:02	03:37:47	02:28:02	50 - 54 anos	73



SETÚBAL TRIATHLON'22

CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
571	275	Gabriel Bonfim De Almeida		06:29:19	00:16:20	03:39:51	02:18:51	40 - 44 anos	117
572	556	Ana Rita Cabaço	Windrush triathlon club	06:29:38	00:16:23	03:48:43	02:14:36	40 - 44 anos	6
573	256	Nuno Miguel Roque Teixeira Marques		06:30:20	00:12:04	03:40:51	02:27:56	45 - 49 anos	132
574	613	Ricardo Velhuco	Forlife Clube de Triatlo de Viseu	06:31:20	00:13:45	03:12:23	02:59:24	40 - 44 anos	118
575	58	Rui Pedras		06:31:47	00:14:50	03:52:05	02:13:13	60 - 64 anos	8
576	660	Fábio Dos Santos Martins Munhoz	Lusitano Triatlo	06:32:37	00:12:15	03:41:24	02:32:22	35 - 39 anos	110
577	686	Patricia Watanabe	Associação Beat Your Limit!	06:34:02	00:13:33	03:52:19	02:21:26	40 - 44 anos	7
578	700	Cátia Valente Moraes		06:36:56	00:10:30	03:54:26	02:23:18	35 - 39 anos	11
579	555	Madalena Caninas	Clube Oriental de Lisboa	06:36:59	00:12:51	04:04:41	02:09:48	55 - 59 anos	1
580	519	António Silva		06:38:16	00:16:38	04:04:35	02:05:18	45 - 49 anos	133
581	339	Maria Virginia Olivares Angel		06:44:08	00:09:39	03:53:24	02:32:38	40 - 44 anos	8
582	601	Francisco Van Zeller De Moser	N/A	06:46:48	00:14:42	04:06:06	02:15:49	55 - 59 anos	27
583	582	Carlos Manuel Simao		06:47:24	00:11:08	03:44:32	02:41:41	50 - 54 anos	74
584	197	Jose Manuel Guerra Dominguez	Grupo olyMpia triatlón	06:47:30	00:14:14	03:55:41	02:28:04	60 - 64 anos	9
585	615	Cláudio Ricardo De Magalhães Pinheiro Caramelo	Clube de Natação de Torres Novas	06:50:25	00:14:01	03:55:21	02:33:46	35 - 39 anos	111
586	580	Cristina Vicente	Clube Oriental de Lisboa	06:50:43	00:14:20	03:51:30	02:36:13	30 - 34 anos	7
587	387	Fábio Paulo	Alhandra Sporting Club	06:53:30	00:16:02	03:57:44	02:27:04	35 - 39 anos	112
588	214	Joaquim António Balancho Rosado		06:54:24	00:14:04	03:56:40	02:38:14	50 - 54 anos	75
589	602	David Voyce		06:58:35	00:12:34	03:48:09	02:46:25	40 - 44 anos	119



SETÚBAL TRIATHLON'22

CLASSIFICAÇÃO

<i>Lugar</i>	<i>Dorsal</i>	<i>Nome</i>	<i>Clube</i>	<i>Tempo Oficial</i>	<i>Natação</i>	<i>Ciclismo</i>	<i>Corrida</i>	<i>Age Group</i>	<i>Lugar Age Gr.</i>
590	514	Ricardo Figueira		07:05:32	00:12:39	03:56:34	02:44:38	40 - 44 anos	120
591	758	Isabel Araújo	Lince Triathlon	07:40:08	00:22:16	04:26:47	02:39:16	55 - 59 anos	2
592	82	Daniel Leão	Alhandra Sporting Club	07:58:20	00:14:05	04:16:01	03:16:49	40 - 44 anos	121



SETÚBAL TRIATHLON'22

AGE GROUPS CLASSIFICAÇÃO



18 - 24 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	523	Luis Manuel Dias Moleiro	03:56:53	00:08:35	02:27:50	01:17:22	3
2	468	Tomás Teixeira	04:15:16	00:08:46	02:32:35	01:29:59	35
3	489	Gabriel Silva Garrido De Souza	04:15:29	00:08:55	02:34:54	01:27:40	37
4	723	Guilherme Bonito	04:25:18	00:07:49	02:41:37	01:32:38	83
5	472	Manuel Silva	04:27:18	00:09:42	02:43:27	01:27:42	95
6	666	Timotheus Kredel	04:31:28	00:11:01	02:34:37	01:38:55	116
7	151	Pedro Roque Gil Neves	04:34:27	00:11:33	02:41:20	01:36:07	143
8	274	André Filipe Vaz Bernardo	05:02:03	00:14:09	03:10:05	01:32:23	324
9	551	Emanuel Marques	05:12:43	00:12:56	03:08:01	01:42:42	385
10	533	Diogo Dias	05:22:25	00:09:12	03:13:33	01:53:22	432

25 - 29 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	33	João Pedro De Matos Rebelo	04:01:38	00:08:48	02:30:41	01:18:36	8
2	487	Diogo Allen Santos Guimarães Coelho	04:02:26	00:09:15	02:24:46	01:24:36	9
3	152	André M. Duarte	04:06:01	00:08:51	02:34:20	01:20:16	14
4	483	Alejandro Pérez Varela	04:08:26	00:09:06	02:32:08	01:23:11	18
5	210	Hugo José Nobre Baluga	04:12:17	00:09:14	02:36:33	01:22:47	26
6	699	Lars Baeyens	04:12:47	00:07:50	02:35:32	01:24:38	28
7	121	Miguel Ângelo Sérvulo Tomé	04:16:09	00:07:49	02:39:38	01:25:08	38
8	645	Tiago Lopes	04:17:11	00:09:17	02:38:50	01:24:31	43
9	368	Rodrigo Viana	04:22:01	00:10:48	02:40:34	01:24:54	64
10	680	André Bernardino	04:22:14	00:11:10	02:34:38	01:31:36	66
11	52	Afonso Garcia	04:24:51	00:07:51	02:42:52	01:30:54	78
12	415	Mário Jorge Rosa Macheta	04:29:38	00:10:24	02:49:16	01:25:16	109
13	195	Lucas Souza Peixoto	04:35:16	00:10:43	02:40:55	01:39:13	147
14	347	Nuno Miguel Meira Ramos	04:37:19	00:13:10	02:46:53	01:30:56	160
15	528	Quentin Zône	04:50:42	00:10:07	02:55:16	01:39:05	246
16	323	Luís Pedro Lopes De Sousa Ferreira	05:52:56	00:11:21	03:14:37	02:18:25	519
17	743	João Ferreira	05:55:15	00:11:01	03:25:15	02:09:09	525
18	178	Miguel Ruiz Callé Lucas	05:59:02	00:11:31	03:21:36	02:17:25	528
19	312	Gonçalo Rodrigues	06:00:10	00:12:25	03:32:01	02:03:59	533



SETÚBAL TRIATHLON'22

AGE GROUPS CLASSIFICAÇÃO



25 - 29 anos | F

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	685	Bárbara Vieira	06:00:04	00:10:44	03:45:47	01:59:41	531

30 - 34 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	3	Miguel Arraiolos	03:57:24	00:07:41	02:34:03	01:12:35	4
2	148	Mikael Eriksson	03:59:49	00:08:50	02:26:49	01:21:13	6
3	309	Sandro Ribeiro De Sousa E Silva	04:09:54	00:09:49	02:36:56	01:18:00	21
4	56	Santiago Del Puerto	04:10:25	00:09:26	02:35:24	01:21:41	22
5	105	Tiago Encarnação	04:17:01	00:10:57	02:34:47	01:27:12	42
6	570	Alberto Pulido Maestre	04:20:30	00:10:36	02:37:04	01:28:41	57
7	552	Marco Pinto	04:24:54	00:11:05	02:35:40	01:32:45	79
8	550	Cristiano Marques	04:25:16	00:11:56	02:37:54	01:30:05	82
9	464	Adriano Correia	04:26:14	00:08:26	02:49:39	01:25:05	89
10	747	Jon Prada	04:28:21	00:10:06	02:41:18	01:30:43	102
11	746	João Pedro Filipe Cordeiro	04:28:58	00:11:06	02:46:14	01:25:43	104
12	440	Ruben Miguel Lages Duarte	04:32:09	00:12:48	02:45:50	01:28:12	121
13	41	Ivan Duque De Azevedo E Costa	04:33:04	00:09:30	02:41:07	01:37:46	131
14	597	Pedro Filipe Maia	04:33:42	00:11:26	02:41:46	01:35:35	138
15	91	Fábio Correia	04:34:52	00:12:23	02:52:40	01:23:02	146
16	690	Rubén Negreira Martínez	04:36:32	00:09:52	02:54:05	01:27:28	153
17	703	Gonçalo Pitaça	04:38:39	00:10:37	02:45:17	01:37:48	169
18	54	Tiago Teotónio Pereira	04:39:42	00:10:42	02:52:28	01:30:18	176
19	728	Bruno Miguel Marvanejo Pinto	04:40:16	00:10:19	02:45:56	01:39:25	181
20	98	Vasco Pereira Lopes	04:42:24	00:10:12	02:50:47	01:34:56	192
21	371	Daniel Marques	04:45:15	00:11:02	02:51:38	01:36:14	213
22	744	Rodrigo Van Hoof Ribeiro	04:48:13	00:09:50	02:57:48	01:33:22	226
23	311	Emanuel Freitas	04:49:06	00:10:25	02:53:36	01:35:20	232
24	662	Duarte Tirapicos	04:51:50	00:12:50	02:56:44	01:34:02	247
25	221	William Santos	04:52:59	00:12:07	02:52:10	01:41:52	257
26	604	Stefano Borralho Silvestre	04:54:12	00:09:47	02:47:46	01:52:56	268
27	224	Rodrigo Santos	04:55:03	00:10:20	03:00:01	01:39:05	275
28	571	Pedro Monteiro	04:57:34	00:13:01	03:03:40	01:32:56	291
29	289	Ivor Sebalj	04:57:55	00:10:45	02:53:27	01:47:46	296
30	392	David Antonio Serrao Martins	04:58:24	00:11:18	02:54:29	01:45:49	304



SETÚBAL TRIATHLON'22

AGE GROUPS CLASSIFICAÇÃO



31	651 Francisco Pessoa Costa	04:59:09	00:10:20	02:53:54	01:47:56	308
32	220 Ruben Miguel Silva Matos	04:59:42	00:09:28	03:03:00	01:42:35	311
33	564 João Farinha	05:02:45	00:12:56	02:55:09	01:45:33	330
34	322 Filipe Dias	05:10:15	00:12:49	02:54:37	01:54:28	367
35	631 Pedro Monzelo	05:10:22	00:10:50	02:59:15	01:52:06	368
36	330 Martinho José Da Silva Pessoa	05:14:12	00:12:50	02:58:33	01:54:53	391
37	300 Bruno Gramaxo	05:19:28	00:13:49	02:59:06	01:57:43	418
38	607 Goncalo Alves	05:25:53	00:09:55	03:15:43	01:54:05	446
39	545 Diego Gonzalez Madurga	05:26:45	00:10:59	03:13:52	01:54:43	450
40	441 Fábio Santos	05:46:56	00:15:18	03:13:46	02:12:37	509
41	584 Manuel Carlos Figueiredo Cabrita	06:00:07	00:11:13	03:23:04	02:16:56	532
42	616 Ricardo Reis Dagge	06:05:22	00:15:08	03:46:50	01:54:35	542
43	688 João Miguel Vieira Jerónimo	06:13:12	00:15:36	03:31:17	02:19:10	549
44	103 Fábio Monteiro Coutinho	06:19:26	00:09:41	03:22:11	02:42:28	557

30 - 34 anos | F

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	7	Annika Timm	04:33:10	00:10:19	02:35:24	01:43:12	134
2	6	Liliana Alexandre	04:53:55	00:08:26	03:03:26	01:38:36	263
3	193	Susana Mateus	04:59:23	00:08:58	02:59:59	01:46:31	309
4	599	Rita Spínola	05:02:24	00:09:11	03:06:53	01:42:29	327
5	527	Katia Roberto	05:50:05	00:12:18	03:35:20	01:54:43	514
6	263	Gillie Grattan	05:59:38	00:09:40	03:30:34	02:10:13	529
7	580	Cristina Vicente	06:50:43	00:14:20	03:51:30	02:36:13	586

35 - 39 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	2	Márcio Neves	03:46:53	00:07:57	02:18:56	01:16:51	1
2	674	Andre Costa	03:55:28	00:07:28	02:26:51	01:17:27	2
3	711	Mariusz Pirek	04:05:49	00:09:18	02:30:08	01:23:07	13
4	726	Nuno Miguel Mendão Rodrigues	04:06:28	00:08:46	02:31:17	01:22:58	15
5	500	Ricardo Rosado	04:06:44	00:09:01	02:31:52	01:21:54	16
6	459	João Gonçalves	04:07:15	00:09:04	02:30:53	01:22:23	17
7	262	Filipe Miguel Nunes Marques	04:10:28	00:08:12	02:35:02	01:24:04	23
8	496	Iván Pereira Iglesias	04:11:20	00:10:19	02:32:47	01:23:58	24
9	424	Roi Martínez Martín	04:13:57	00:09:46	02:34:14	01:26:09	30
10	515	João Feijão	04:14:23	00:11:02	02:33:22	01:26:24	31



SETÚBAL TRIATHLON'22

AGE GROUPS

CLASSIFICAÇÃO



11	333 Pedro Lorena	04:15:20	00:09:04	02:33:06	01:27:51	36
12	188 Rui Daniel De Carvalho Martins	04:16:53	00:08:41	02:40:06	01:23:57	41
13	69 Ricardo Filipe Varela Costa	04:17:11	00:09:10	02:34:47	01:29:32	44
14	341 Joao Sacadura	04:17:32	00:10:26	02:37:20	01:24:52	48
15	137 Duarte Pais	04:17:41	00:09:07	02:44:14	01:20:44	50
16	59 Luis Filipe Ferreira	04:18:23	00:10:55	02:40:18	01:23:23	52
17	634 Ricardo Rego	04:21:28	00:07:54	02:41:36	01:27:11	59
18	426 Pedro Homem	04:22:34	00:09:15	02:34:07	01:33:42	67
19	15 João Brísida Pacheco	04:23:00	00:09:36	02:40:31	01:29:33	70
20	694 Paulo Filipe Neto Gonçalves	04:24:57	00:08:56	02:40:05	01:32:23	80
21	96 Pedro Ferreira Da Silva	04:25:26	00:09:19	02:43:22	01:28:01	84
22	64 Joao Machado	04:25:55	00:10:19	02:42:02	01:28:27	88
23	93 David Alfeirão	04:26:38	00:10:42	02:39:44	01:32:01	90
24	215 João Pedro Gomes	04:27:10	00:11:08	02:35:02	01:34:59	91
25	560 Eduardo Gonçalves	04:27:53	00:09:07	02:40:45	01:33:03	98
26	568 Hélder Filipe Pereira Cipriano	04:28:07	00:10:18	02:38:41	01:35:01	100
27	495 Borja Costa Rojo	04:29:24	00:08:46	02:40:37	01:36:01	107
28	398 Ronny Simões	04:29:49	00:12:38	02:36:07	01:35:51	111
29	542 Fernando Manuels Conceicao Batista	04:30:38	00:10:43	02:44:28	01:31:06	112
30	701 David Paiva	04:31:20	00:08:25	02:40:52	01:37:25	115
31	467 Leonel Marques	04:33:04	00:10:44	02:44:18	01:34:17	132
32	632 Mario Cruz	04:33:24	00:10:30	02:45:23	01:33:36	135
33	396 Pedro Freire De Andrade	04:33:42	00:09:48	02:43:21	01:34:59	137
34	724 Rui Dias Oliveira	04:34:00	00:10:32	02:42:48	01:36:09	139
35	626 Rodrigo Tomás Marcelino	04:34:14	00:11:13	02:48:16	01:27:57	142
36	351 Tiago Santos	04:36:19	00:10:15	02:43:42	01:36:37	150
37	354 André Vaz	04:36:37	00:11:50	02:44:36	01:33:58	154
38	720 Tiago Martins Ribeiro	04:37:06	00:10:30	02:49:00	01:31:08	158
39	477 João Luís Da Silva Teixeira Matos	04:38:15	00:10:44	02:46:07	01:36:10	165
40	520 Dino Manuel Sobralinho Ablum	04:38:20	00:09:59	02:44:12	01:39:06	166
41	374 Filipe Correia	04:38:43	00:09:47	02:51:01	01:32:38	170
42	456 Bruno Manuel Marques Andrade Nunes	04:38:50	00:11:26	02:48:19	01:31:02	171
43	140 Tomás Pires	04:39:29	00:09:15	02:47:24	01:38:07	174
44	187 David Roque Fernandes	04:40:40	00:13:18	02:38:51	01:44:04	183
45	692 Domingos Domingues	04:42:11	00:11:03	02:44:58	01:38:25	189
46	618 João Saldanha Lopes	04:42:17	00:10:12	02:47:48	01:39:26	190
47	234 Pedro Miguel Maia Assunção	04:42:18	00:11:53	02:44:19	01:38:44	191



SETÚBAL TRIATHLON'22

AGE GROUPS

CLASSIFICAÇÃO



48	230 Vitor Rito	04:42:56	00:11:27	02:48:26	01:35:53	197
49	763 Nuno Gonçalo Sousa	04:43:23	00:10:29	02:47:59	01:40:02	203
50	650 André Lopes Serrazina	04:43:44	00:13:10	02:50:01	01:35:01	206
51	656 João Cunha Guimarães	04:44:53	00:11:31	02:46:59	01:39:21	211
52	566 João Belo	04:44:54	00:10:22	02:45:10	01:44:18	212
53	118 João Freitas	04:46:00	00:10:10	02:47:31	01:43:29	215
54	66 Fernando Miguel Ferreira Rodrigues Ferreira Pinto	04:46:14	00:11:49	02:55:27	01:31:19	218
55	356 Pedro Migueol Sequeira Rilhó	04:46:32	00:11:01	02:47:08	01:42:17	220
56	22 Hugo Gomes	04:48:09	00:14:00	02:54:06	01:32:31	225
57	245 João Laranjeira	04:48:40	00:09:43	02:54:48	01:38:45	228
58	74 Ivo Rafael Fernandes Pona	04:48:40	00:11:10	02:45:24	01:46:11	229
59	132 João Ricardo Figueiredo	04:48:57	00:11:05	02:48:25	01:40:35	231
60	538 Jorge Carvalho	04:49:39	00:13:14	02:54:37	01:34:15	237
61	641 Jaime Duarte	04:50:11	00:08:38	02:44:00	01:52:54	240
62	642 Marciano Dias	04:52:12	00:12:39	02:47:43	01:44:55	250
63	119 Pedro Miguel Machado	04:52:30	00:10:03	02:51:57	01:45:05	252
64	734 Martin Morais Tresca	04:52:42	00:12:15	02:57:53	01:34:24	255
65	452 Henrique Miguel Mateus Martins	04:52:50	00:11:31	02:49:36	01:44:31	256
66	682 Carlos Teixeira	04:53:06	00:13:24	02:49:24	01:45:18	258
67	361 Daniel Santos	04:53:58	00:15:58	02:56:25	01:34:11	264
68	546 Antonio Vazquez Balado	04:54:05	00:11:29	02:58:55	01:36:25	266
69	677 Jose Maria Corrêa De Barros	04:55:17	00:12:49	02:55:48	01:39:36	277
70	174 Carlos Jorge Costa Escórcio	04:56:19	00:11:29	03:01:52	01:38:31	285
71	493 Francisco Gaspar	04:57:12	00:10:59	02:49:54	01:48:16	288
72	170 Luís Galrito	04:57:46	00:10:03	02:58:13	01:44:31	293
73	101 Pedro Teixeira	04:57:59	00:12:51	02:57:45	01:41:13	297
74	395 Luis Santos	04:58:24	00:14:21	03:02:47	01:33:07	303
75	314 Miguel Simões	04:59:48	00:10:50	02:54:49	01:48:46	312
76	755 Tiago Pires De Lima	04:59:54	00:11:51	02:55:06	01:45:12	313
77	764 Pablllo Sipaubá De Sousa	05:00:32	00:11:59	02:57:00	01:42:40	315
78	150 João Pedro Ramos Borges Da Cruz	05:01:16	00:11:35	02:58:23	01:43:21	321
79	122 José M Pyrrait	05:01:57	00:10:40	03:06:53	01:38:20	323
80	338 José Carvalho	05:02:21	00:09:35	02:50:29	01:55:36	326
81	228 Cláudio Canavilhas	05:03:31	00:12:01	03:06:23	01:38:03	334
82	425 Diogo Veríssimo Da Silva	05:04:32	00:11:37	02:58:44	01:44:19	336
83	608 Carlos Jerónimo	05:07:01	00:09:02	02:54:27	01:58:27	353
84	438 Hendrikus Jan	05:07:46	00:12:19	03:09:04	01:38:25	358



SETÚBAL TRIATHLON'22

AGE GROUPS CLASSIFICAÇÃO



85	331 Pedro Sanguino	05:08:25	00:11:11	03:01:21	01:48:22	360
86	549 Henrique Delgado	05:08:36	00:09:25	03:00:17	01:53:19	361
87	192 Jorge Raminhas	05:08:50	00:12:23	03:04:58	01:43:15	362
88	444 Pedro Ricardo Martins Machado	05:09:09	00:10:55	02:59:03	01:52:25	364
89	165 Marco Raminhos	05:11:53	00:11:46	02:57:56	01:54:21	377
90	209 Pedro Braga	05:12:14	00:13:44	02:58:29	01:46:47	381
91	557 Pedro Gandola	05:12:18	00:09:45	03:02:19	01:53:10	382
92	259 Nelson Sanchez	05:13:37	00:11:19	02:58:58	01:53:53	389
93	745 João Paulo Serôdio	05:15:27	00:11:13	02:41:05	02:15:48	392
94	649 Pedro Daniel Portugal Almeida	05:16:33	00:10:43	03:03:26	01:54:30	401
95	185 Gonçalo Rosa	05:17:48	00:10:31	03:08:03	01:54:19	407
96	421 Nuno Gonçalo Reboleira	05:19:22	00:15:06	03:00:22	01:55:46	416
97	619 Francisco Garnel	05:20:19	00:11:31	03:11:55	01:48:27	423
98	358 João André Guedes Dias	05:25:04	00:10:05	03:11:54	01:56:00	444
99	413 Daniel Oliveira	05:26:02	00:10:14	02:57:03	02:12:36	448
100	736 Mário Martins	05:29:05	00:13:42	03:04:22	02:04:45	458
101	670 Luiz Felipe De Faria E Cunha Monteiro	05:30:51	00:11:08	03:12:37	01:59:52	464
102	704 Frederico Cipriano Batista	05:37:41	00:13:12	03:22:04	01:56:10	481
103	410 Marco Cardoso	05:39:46	00:10:39	03:08:18	02:09:22	488
104	384 Carlos Manuel Nicolau Vieira	05:40:30	00:16:25	03:27:46	01:48:31	491
105	681 Flávio Vieira Carvalho De Figueiredo	05:40:45	00:10:40	03:22:26	02:02:10	492
106	143 Hugo Matos	05:41:25	00:11:48	03:01:40	02:21:29	494
107	633 António Alberto	05:42:26	00:14:19	03:21:39	01:59:21	500
108	383 Johny Sarlo Cabral	06:25:02	00:09:33	03:42:03	02:27:59	563
109	637 Sérgio Nuno Maquinista	06:25:20	00:17:03	03:43:59	02:18:00	565
110	660 Fábio Dos Santos Martins Munhoz	06:32:37	00:12:15	03:41:24	02:32:22	576
111	615 Cláudio Ricardo De Magalhães Pinheiro Caramelo	06:50:25	00:14:01	03:55:21	02:33:46	585
112	387 Fábio Paulo	06:53:30	00:16:02	03:57:44	02:27:04	587

35 - 39 anos | F

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	5	Liliana Verissimo	04:27:59	00:10:09	02:48:47	01:25:24	99
2	675	Jennifer Connet	04:42:55	00:10:03	02:53:54	01:34:43	196
3	248	Eva Varani	05:00:42	00:13:01	03:01:56	01:38:23	316
4	652	Diana Mariño Lourenço	05:06:26	00:09:27	03:01:21	01:51:05	349
5	669	Camila Medici	05:06:47	00:12:04	02:58:29	01:51:13	352
6	752	Natália Guilherme	05:11:59	00:12:18	03:05:46	01:46:00	379



SETÚBAL TRIATHLON'22

AGE GROUPS CLASSIFICAÇÃO



7	352 Maria Isabel Areias	05:18:57	00:11:12	03:20:59	01:41:52	412
8	400 Andreia Milene Patrício Lourenço	05:27:26	00:14:31	03:18:51	01:47:48	455
9	348 Raquel Jorge De Lima Victor	06:10:02	00:11:48	03:26:14	02:24:20	546
10	588 Andreia Tourais	06:19:04	00:14:19	03:50:00	02:08:37	556
11	700 Cátia Valente Morais	06:36:56	00:10:30	03:54:26	02:23:18	578

40 - 44 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	295	Hugo Pina	03:57:59	00:09:13	02:24:20	01:20:37	5
2	509	Joao Fragoso	04:01:22	00:09:52	02:30:06	01:17:49	7
3	307	Valdo Das Neves	04:04:21	00:09:11	02:32:12	01:18:28	11
4	469	Tiago Almeida	04:08:33	00:10:22	02:25:36	01:26:55	19
5	498	José Ángel Penas Tallón	04:11:50	00:10:07	02:32:17	01:25:20	25
6	508	Tiago Filipe Raimundo Cochicho	04:12:36	00:09:36	02:32:36	01:26:38	27
7	428	Pedro Carreira	04:13:03	00:11:30	02:36:05	01:21:26	29
8	125	Nuno Miguel Guimarães Simões Fernandes	04:14:29	00:10:49	02:33:14	01:26:09	32
9	251	Hugo Correia	04:16:15	00:10:27	02:38:24	01:22:52	39
10	563	Bernardo Cadeiras	04:17:31	00:09:13	02:36:48	01:27:56	47
11	623	Alex Cabrita	04:18:20	00:09:40	02:38:32	01:26:00	51
12	485	Manuel Anselmo Silva Maia	04:18:39	00:10:51	02:38:51	01:24:39	53
13	741	Marco Costa	04:19:07	00:10:08	02:40:45	01:23:55	54
14	423	Rubén Sánchez Vázquez	04:19:30	00:11:11	02:37:31	01:26:14	55
15	491	João Silva	04:19:47	00:10:10	02:37:19	01:27:04	56
16	87	Rui Silva	04:21:59	00:10:12	02:40:11	01:26:37	63
17	535	Adelino José Soutinho De Sousa	04:22:39	00:11:14	02:36:11	01:30:20	68
18	233	António Salgado	04:22:40	00:10:37	02:34:30	01:31:35	69
19	213	Oscar Santos	04:23:06	00:12:04	02:38:20	01:26:56	72
20	112	Ricardo Jorge Gonçalves Simão	04:23:29	00:10:43	02:38:23	01:29:08	73
21	716	Ricardo Cabral	04:25:38	00:10:15	02:38:43	01:32:31	85
22	540	Bruno Fernandes	04:25:50	00:12:13	02:32:05	01:35:39	87
23	109	Sérgio Mota	04:27:14	00:10:54	02:43:23	01:28:38	93
24	23	Jorge Fonseca	04:27:29	00:10:26	02:37:28	01:35:05	96
25	107	Gonçalo Manuel Nunes Bastos Martins	04:27:33	00:11:28	02:39:47	01:31:37	97
26	184	Nuno Sousa Bela	04:28:09	00:11:20	02:42:23	01:29:09	101
27	751	Krzysztof Machnicki	04:29:26	00:10:50	02:45:34	01:27:06	108
28	389	Rui Rebocho	04:31:58	00:12:20	02:45:33	01:27:37	119
29	574	Bruno Toscano	04:32:19	00:09:57	02:38:22	01:39:56	122



SETÚBAL TRIATHLON'22

AGE GROUPS

CLASSIFICAÇÃO



30	171 Carlos Fernando Ribeiro Ferreira	04:32:37	00:08:48	02:43:50	01:34:28	124
31	145 Nuno Ricardo Pais Lopes	04:32:43	00:09:18	02:37:05	01:42:24	125
32	320 Rui Gonçalves Vieira	04:32:44	00:10:16	02:47:50	01:29:58	126
33	154 João Henrique Lamas Rodrigues	04:32:49	00:13:44	02:40:05	01:30:46	128
34	638 Luis Cordeiro	04:33:01	00:11:34	02:35:40	01:40:49	130
35	765 Marco Gonçalves	04:33:39	00:10:19	02:47:03	01:31:07	136
36	353 Vítor Simões	04:34:34	00:10:51	02:39:40	01:38:15	145
37	749 Pedro Mota	04:36:10	00:12:36	02:44:55	01:30:32	149
38	42 Edinson Sanchez	04:36:26	00:10:37	02:43:02	01:38:03	151
39	577 Henrique Avelar	04:36:38	00:11:25	02:40:25	01:39:34	155
40	345 António Manuel Brito Moreira	04:37:49	00:10:24	02:50:17	01:33:14	163
41	695 Bruno Almeida	04:39:22	00:10:50	02:38:01	01:45:00	172
42	40 Bruno Godinho	04:40:01	00:10:43	02:43:09	01:40:47	178
43	740 Francisco Fino	04:40:55	00:12:30	02:45:07	01:38:09	187
44	94 João Bacalhau	04:41:08	00:10:10	02:56:53	01:30:02	188
45	408 Bruno Batista	04:43:00	00:11:06	02:49:51	01:35:58	198
46	128 Paulo Luz	04:43:23	00:11:17	02:48:31	01:36:56	204
47	513 João Moita	04:43:25	00:11:08	02:51:17	01:34:13	205
48	497 Antonio Vicente Corral	04:44:40	00:09:04	02:57:03	01:34:44	208
49	288 Marcos Caldeira Madail Ratola	04:46:07	00:08:48	02:52:05	01:40:44	216
50	676 Hugo Cabral	04:46:59	00:08:56	02:42:30	01:50:45	222
51	61 Ricardo Faria	04:47:17	00:11:05	02:46:55	01:44:20	223
52	153 Bruno Miguel Roque Fonseca	04:48:19	00:13:09	02:51:27	01:36:58	227
53	350 Celso Ilidio Esteves Moreira	04:50:03	00:10:32	02:49:47	01:45:08	238
54	559 Samuel Da Silva Santoa	04:51:58	00:14:15	02:56:12	01:33:57	249
55	706 David Cerro Herrero	04:52:38	00:11:16	03:00:06	01:35:44	253
56	292 Pedro Miguel Gonçalves Miranda	04:54:36	00:11:54	02:45:51	01:50:54	271
57	68 Guilherme Libório	04:54:58	00:10:02	03:04:39	01:34:52	273
58	349 Rui Rodrigues	04:55:23	00:10:08	02:53:04	01:44:54	278
59	293 Pedro Miguel Ferreira Da Silva Nogueira	04:55:51	00:13:24	02:49:27	01:46:25	280
60	265 Mario Santana	04:56:22	00:11:58	02:53:53	01:44:38	286
61	376 Henrique Emanuel Estrela Pereira	04:58:02	00:11:18	03:00:14	01:39:50	298
62	714 Antonio Matalobos Bustelo	04:58:08	00:11:37	03:01:07	01:37:49	300
63	590 Miguel Adolfo Couto Novais	04:59:03	00:14:35	02:57:18	01:39:46	306
64	179 Pedro André Fernandes	04:59:55	00:11:14	02:59:29	01:43:35	314
65	721 Luís Márcia Dias Caetano	05:00:57	00:11:35	02:55:40	01:46:56	319
66	657 Gonçalo Almeida	05:01:00	00:11:00	02:49:02	01:55:22	320



SETÚBAL TRIATHLON'22

AGE GROUPS

CLASSIFICAÇÃO



67	301 Antonio Cumbre	05:01:41	00:11:12	02:57:02	01:46:17	322
68	299 Hugo Miguel Ferreira Viegas	05:02:27	00:12:27	03:00:26	01:43:35	328
69	581 Marco Silva	05:02:28	00:15:24	02:56:24	01:41:54	329
70	654 Pedro Miguel Figueiredo Do Carmo	05:02:54	00:12:36	02:49:13	01:54:58	331
71	718 Nuno Jorge Moreira De Pinho	05:04:58	00:12:51	02:55:27	01:50:31	339
72	455 Jose Antonio Pina	05:05:15	00:12:43	02:58:25	01:47:02	341
73	243 Pedro Miguel Farinha	05:05:24	00:10:21	02:56:45	01:51:04	342
74	202 Paulo Faria	05:05:38	00:10:54	03:11:44	01:34:46	343
75	427 Bruno Lindorfo Batista Alves	05:05:49	00:11:22	03:02:12	01:44:30	345
76	454 Fernando Alexandre Cardinali Coito	05:06:07	00:10:46	02:56:02	01:52:22	347
77	258 Nuno Mota	05:08:51	00:11:01	03:01:59	01:50:05	363
78	393 Gabriel Pereira De Carvalho	05:09:18	00:11:00	02:59:21	01:52:17	365
79	532 João Luís Monteiro Nunes	05:09:42	00:11:33	03:03:38	01:44:36	366
80	756 Joaquim Potes	05:10:49	00:10:34	03:03:58	01:47:14	370
81	60 Tiago Mira Amado	05:11:19	00:12:54	03:01:04	01:52:52	373
82	164 Carlos Mourato	05:11:42	00:12:14	02:50:21	01:59:46	376
83	722 Fernando Alberto Pedroso Silva	05:12:19	00:12:17	03:02:48	01:49:47	383
84	689 Kiko Martins	05:15:50	00:12:31	03:11:17	01:45:54	393
85	433 Joao Eduardo Lopes	05:15:52	00:10:34	02:59:05	01:53:55	394
86	305 Luís De Borja Santos Neves Franco	05:16:24	00:14:05	03:13:10	01:40:08	398
87	16 Sérgio Filipe	05:16:25	00:10:39	03:01:11	01:57:18	399
88	102 Bruno Alexandre Pinto Fernandes	05:19:14	00:12:15	03:00:08	02:00:42	414
89	738 Gustavo Antunes	05:19:22	00:12:47	03:11:42	01:48:13	417
90	45 Rui Santos	05:19:57	00:12:07	03:04:16	01:58:06	420
91	373 Luis Filipe De Oliveira Pereira	05:20:44	00:12:14	03:03:20	01:58:48	425
92	97 Justino Santos	05:21:13	00:09:39	03:09:44	01:56:45	426
93	419 João Pedro Fernando	05:23:29	00:11:23	03:05:41	01:58:54	435
94	573 Rui Trovão	05:23:43	00:11:54	03:06:18	01:58:39	436
95	611 Daniel Carlini Monteiro	05:24:09	00:08:51	03:04:31	02:05:15	438
96	364 Bruno Carneiro	05:25:54	00:14:44	03:09:11	01:54:59	447
97	729 Fabio Bucelli	05:26:38	00:12:41	03:02:15	02:01:58	449
98	537 Ricardo Soares Moreira	05:27:13	00:14:21	03:12:08	01:51:27	453
99	99 Luís Massapina	05:27:23	00:14:18	03:12:28	01:53:29	454
100	138 Carlos Quaresma	05:30:26	00:10:25	03:05:06	02:09:36	463
101	239 Jorge Santos Ferreira	05:31:59	00:10:50	03:11:34	02:03:20	466
102	159 Lucas Sanabio	05:32:41	00:12:16	03:03:14	02:08:44	468
103	10 Rodrigo Pais De Almeida	05:33:00	00:11:47	03:04:45	02:07:25	470



SETÚBAL TRIATHLON'22

AGE GROUPS CLASSIFICAÇÃO

104	411 Rui Miguel Gonçalves Nunes	05:33:25	00:13:06	03:17:07	01:56:30	473
105	17 João Pedro Seródio	05:37:14	00:12:40	03:10:37	02:01:01	480
106	606 Daniel Madeira	05:37:43	00:12:50	03:21:13	01:56:56	482
107	553 Bruno Araújo	05:42:15	00:12:22	03:15:34	02:07:33	498
108	635 José Rafael Lopes Silva Charrua	05:43:24	00:13:00	03:22:41	02:01:27	505
109	617 Pedro Miguel Rodrigues	05:47:02	00:17:58	03:11:23	02:10:10	510
110	671 João Ferreira	05:47:05	00:12:14	03:21:55	02:04:25	511
111	336 Bruno Fonseca	05:57:22	00:12:02	03:28:36	02:09:33	526
112	640 Pedro Filipe Ribeiro Rodrigues	06:00:02	00:12:19	03:16:05	02:22:51	530
113	648 Luís Miguel Caxias Melro	06:06:49	00:16:23	03:20:12	02:17:33	543
114	166 Luís Miguel Cardoso Borralho	06:17:50	00:15:22	03:36:29	02:15:16	553
115	713 Tiago Barcelos Vaz	06:23:20	00:13:18	03:54:38	02:07:41	560
116	244 Hugo André Jesus Azevedo	06:26:16	00:14:10	03:39:12	02:24:34	566
117	275 Gabriel Bonfim De Almeida	06:29:19	00:16:20	03:39:51	02:18:51	571
118	613 Ricardo Velhuco	06:31:20	00:13:45	03:12:23	02:59:24	574
119	602 David Voyce	06:58:35	00:12:34	03:48:09	02:46:25	589
120	514 Ricardo Figueira	07:05:32	00:12:39	03:56:34	02:44:38	590
121	82 Daniel Leão	07:58:20	00:14:05	04:16:01	03:16:49	592

40 - 44 anos | F

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	378	Hanna De Sousa	04:24:29	00:11:00	02:40:58	01:29:13	77
2	4	Ana Filipa Pais Alves Santos	04:27:17	00:09:28	02:45:35	01:28:20	94
3	346	Catarina Pinto Carvalho	05:43:04	00:12:35	03:20:26	02:02:58	503
4	562	Carolina Pecegueiro	05:46:24	00:11:38	03:27:21	01:58:09	507
5	636	Vera Almeida	06:16:10	00:13:31	03:38:41	02:16:50	551
6	556	Ana Rita Cabaco	06:29:38	00:16:23	03:48:43	02:14:36	572
7	686	Patricia Watanabe	06:34:02	00:13:33	03:52:19	02:21:26	577
8	339	Maria Virginia Olivares Angel	06:44:08	00:09:39	03:53:24	02:32:38	581

45 - 49 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	9	Rui Narigueta	04:04:04	00:11:48	02:22:25	01:26:08	10
2	362	Luis Mira Nunes	04:05:42	00:10:08	02:29:03	01:22:42	12
3	254	Paulo Martins	04:09:00	00:10:04	02:31:38	01:21:58	20
4	760	Rui Miguel Martins Alves Pinheiro	04:14:37	00:11:48	02:37:31	01:20:34	33
5	260	Luis Diogo Silva Santos	04:15:00	00:09:00	02:37:02	01:24:53	34



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AGE GROUPS

CLASSIFICAÇÃO



6	90 David Caldeirão	04:16:31	00:09:07	02:35:41	01:28:03	40
7	8 Lino Barruncho	04:17:21	00:10:24	02:36:26	01:26:13	45
8	95 Rafael Carralero Garcia	04:17:25	00:09:24	02:38:29	01:25:43	46
9	181 Rui António Silva Gomes	04:17:34	00:10:35	02:41:36	01:20:39	49
10	144 Nuno Martins	04:20:35	00:09:52	02:36:11	01:30:30	58
11	200 Rui Rodrigues Gonçalves	04:21:32	00:11:51	02:41:58	01:22:45	60
12	204 David Toro Orgaz	04:21:36	00:10:31	02:37:02	01:30:35	62
13	698 José Lima	04:22:12	00:10:01	02:41:23	01:25:58	65
14	14 Tiago De Paiva E Pona	04:23:03	00:08:48	02:45:20	01:25:21	71
15	241 Gonçalo Resina	04:23:55	00:11:09	02:38:59	01:29:05	75
16	194 Hugo Gaudencio	04:27:12	00:09:42	02:43:14	01:30:28	92
17	401 Nuno Carvalhinho	04:28:48	00:10:43	02:33:52	01:39:52	103
18	443 Luis Miguel Duarte Lourenco	04:29:08	00:09:18	02:40:01	01:35:04	105
19	203 Eduardo Coelho	04:29:12	00:10:44	02:45:18	01:26:35	106
20	37 Rui Pereira Da Silva	04:29:46	00:10:40	02:41:15	01:33:04	110
21	81 Andre Marques Costal	04:31:58	00:10:37	02:42:14	01:32:33	120
22	116 Vitor Manuel Romeiro Fialho Piçarra	04:32:32	00:10:55	02:47:55	01:28:42	123
23	296 Alexandre Nunes	04:32:47	00:13:01	02:43:22	01:31:28	127
24	47 Luis Alegrias	04:32:57	00:10:20	02:36:12	01:39:36	129
25	435 Samuel Alexandre Dias Eugénio	04:33:07	00:11:22	02:38:19	01:38:49	133
26	530 Pablo Miguel Carro Suárez	04:34:32	00:09:13	02:44:13	01:35:59	144
27	517 Santiago Garcia Gonzalez	04:35:39	00:10:44	02:56:12	01:22:40	148
28	712 Ivo Carvalho	04:36:30	00:09:29	02:48:29	01:33:47	152
29	286 Rui Pedro Sousa Nunes	04:36:57	00:11:49	02:40:37	01:39:44	157
30	25 Marco Sousa	04:37:08	00:09:42	02:48:50	01:34:49	159
31	141 Carlos Barroso Fernandes	04:37:48	00:09:20	02:50:47	01:34:19	162
32	442 Pedro Teixeira	04:39:28	00:12:39	02:47:54	01:33:27	173
33	19 Pedro Pinho Lopes	04:39:39	00:13:15	02:43:36	01:37:13	175
34	83 Duarte Cortes	04:39:54	00:12:17	02:50:02	01:30:41	177
35	196 André Cabral	04:40:11	00:10:33	02:52:26	01:31:26	180
36	510 Diogo Pina Pereira	04:40:44	00:10:32	02:45:50	01:40:19	184
37	21 Pedro Miguel B Pinto Leal Fernandes	04:40:48	00:09:42	02:44:02	01:42:21	186
38	620 Carlo Hugo Nunes Madeira Leal De Almeida	04:42:43	00:10:19	02:45:08	01:41:19	194
39	46 Miguel Serpa Tolda Garcia	04:43:08	00:10:38	02:46:59	01:40:11	201
40	13 Pedro Nunes	04:43:13	00:09:26	02:45:46	01:43:44	202
41	697 Nuno Miguel Pires De Sousa	04:44:42	00:10:24	02:51:37	01:37:00	209
42	120 João Manuel Da Silva Barran Assis Cabeleira	04:44:45	00:13:10	02:46:18	01:36:55	210



SETÚBAL TRIATHLON'22

AGE GROUPS CLASSIFICAÇÃO

43	629 José Duarte	04:45:21	00:10:17	02:44:30	01:40:38	214
44	605 Eládio Manuel	04:46:42	00:12:35	02:52:11	01:35:29	221
45	80 Nuno Carlos Figueiredo Campos	04:48:42	00:13:06	02:56:15	01:31:17	230
46	319 Vasco Levita	04:49:21	00:10:48	02:52:11	01:40:14	234
47	266 Joao Fernandes Silva	04:49:38	00:12:56	02:45:42	01:44:42	236
48	531 Luis Oliveira	04:50:09	00:11:43	02:53:01	01:39:39	239
49	317 Jaime Bacharel	04:50:23	00:10:19	02:45:24	01:48:10	241
50	612 Diogo Ennes	04:50:35	00:11:35	02:57:56	01:32:23	244
51	567 Gonçalo Gameiro	04:52:40	00:10:11	02:53:06	01:43:37	254
52	308 Nuno Manuel Santos Silva Gameiro Sisudo	04:53:29	00:10:08	02:52:20	01:44:59	260
53	324 Hugo Filipe Tomás	04:53:33	00:13:42	02:55:42	01:37:04	261
54	78 André Saleiro	04:54:02	00:12:24	02:59:53	01:36:16	265
55	44 Luis Silva	04:54:09	00:13:33	02:49:43	01:44:32	267
56	543 Pedro Duarte	04:54:20	00:11:31	02:47:45	01:47:31	269
57	482 Luis Tomé	04:54:34	00:12:45	02:48:53	01:47:11	270
58	465 Paulo Manuel Rodrigues Ferreira	04:55:08	00:11:13	02:53:57	01:43:01	276
59	499 Luís António Conceição Faustino	04:55:43	00:11:22	03:07:29	01:30:32	279
60	73 Pedro Jorge Duarte Morais	04:56:02	00:11:54	02:52:28	01:45:33	281
61	316 Bruno Pissarra	04:56:03	00:10:55	02:57:39	01:41:46	282
62	360 Esmeraldino Jose Sa	04:56:13	00:12:47	02:53:01	01:44:11	284
63	238 Pedro Leiria	04:56:26	00:13:06	02:53:32	01:40:06	287
64	404 Ivo Magalhães	04:57:33	00:11:12	02:48:57	01:48:37	290
65	253 Nuno Costa	04:57:52	00:09:41	02:55:41	01:48:07	295
66	133 José António Varela	04:58:20	00:11:48	02:55:51	01:42:46	301
67	457 Andre Lima Cabrita	04:58:24	00:10:40	02:55:36	01:47:09	302
68	175 Luis Figueira	04:59:01	00:10:32	02:58:16	01:44:15	305
69	461 Rui Miguel Réis Duarte	05:00:46	00:08:35	02:57:11	01:48:10	317
70	222 João Romão	05:00:47	00:09:53	02:58:58	01:43:24	318
71	548 João Cruz	05:02:18	00:09:26	02:59:34	01:49:26	325
72	486 David Figueiredo	05:03:10	00:12:54	03:01:26	01:42:11	332
73	12 Jose Pedro Da Silva Canela	05:03:19	00:12:37	03:02:19	01:42:06	333
74	169 João António Da Silva Rosa	05:04:36	00:11:15	02:56:54	01:47:36	337
75	31 Luis Paulo Costa Cipriano	05:04:46	00:11:23	03:03:08	01:45:43	338
76	759 Bruno Dos Santos Pereira	05:05:03	00:11:38	03:00:07	01:45:51	340
77	18 Jose Luis Baceira Farinha	05:06:00	00:12:26	02:47:17	02:00:32	346
78	643 Nuno Sousa	05:06:41	00:15:20	03:00:32	01:43:27	351
79	306 Paulo Jorge Paixão	05:07:15	00:12:36	02:52:04	01:56:39	355



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AGE GROUPS

CLASSIFICAÇÃO



80	630 Mário Remigio	05:07:35	00:11:44	03:02:53	01:45:32	357
81	449 Jorge Pé- Curto	05:10:57	00:16:08	02:59:03	01:48:18	371
82	240 Pedro Queiroz	05:11:01	00:10:31	03:08:50	01:45:32	372
83	340 Patrick Ebrero Da Silva	05:11:55	00:11:34	02:51:45	02:01:49	378
84	208 José Machado	05:12:08	00:11:59	03:01:36	01:46:47	380
85	34 José Rosa	05:12:45	00:10:41	03:05:45	01:50:57	386
86	357 José Manuel Horta Nova Nunes	05:13:13	00:11:27	03:09:14	01:43:33	388
87	450 Manuel Silva	05:14:03	00:11:26	02:56:58	01:56:02	390
88	377 Nuno José	05:16:00	00:11:31	02:46:38	02:10:00	396
89	247 Pedro Pereira	05:16:06	00:16:02	03:05:12	01:44:45	397
90	250 João Pedro Norberto Antunes	05:16:25	00:11:43	02:59:41	01:58:35	400
91	302 Pedro Miguel Silva Rico	05:16:46	00:10:12	03:09:16	01:51:01	402
92	365 Hugo Henriques	05:16:53	00:11:30	03:13:31	01:44:34	403
93	585 Ricardo Joao Duarte Neves	05:17:37	00:12:23	03:10:19	01:47:46	404
94	146 Pedro Manuel Nava Martins	05:17:39	00:11:03	02:58:43	02:01:38	405
95	506 Pedro Ricardo Branco Barata Filipe	05:18:50	00:09:12	02:54:18	02:08:21	411
96	583 Eduardo Ribeiro Costa	05:18:58	00:08:37	02:56:03	02:07:07	413
97	463 Jose Alcidio Fernandes Meira Rodrigues	05:19:20	00:14:31	03:09:36	01:43:10	415
98	502 Brito Bruno	05:19:43	00:10:55	03:02:57	01:57:55	419
99	28 Eduardo Filipe Amaro Ferreira	05:20:11	00:13:07	03:02:05	01:59:08	421
100	727 Carlos Preciso	05:21:41	00:14:40	03:16:29	01:43:30	427
101	406 João Salvado De Melo	05:21:56	00:09:57	03:10:20	01:53:14	428
102	344 Nuno Miguel Mendes Malaquias	05:22:19	00:13:23	03:03:43	01:57:51	430
103	561 Sérgio Filipe Pereira Neves	05:22:21	00:15:42	03:15:21	01:44:33	431
104	594 Rui Ligeiro	05:24:06	00:12:20	03:07:40	01:58:19	437
105	35 Filipe Ramos	05:24:13	00:11:36	03:07:10	01:59:48	439
106	191 Ken Gielen	05:24:22	00:08:54	03:00:55	02:08:46	440
107	49 Alexandre Leal	05:24:37	00:14:23	03:14:25	01:46:14	442
108	539 Orlando Marques	05:26:51	00:14:36	03:13:45	01:46:49	451
109	529 Francisco Maldonado Mora	05:27:11	00:10:57	02:59:59	02:09:29	452
110	385 Luis Paixão	05:29:39	00:09:48	02:58:48	02:14:33	460
111	658 João Perneco	05:29:46	00:11:01	03:10:09	01:57:03	461
112	429 Sergio Francisco Amaro Farinho Baião	05:32:44	00:12:45	03:11:49	01:57:15	469
113	409 Pedro Miguel Bento Almeida	05:33:24	00:10:27	03:08:30	02:05:43	472
114	667 Victor Sá	05:34:29	00:13:27	03:11:39	02:00:42	475
115	624 Marco Garcia	05:35:16	00:14:37	03:02:08	02:08:20	476
116	325 Nuno Simoes	05:38:41	00:11:51	03:16:15	02:03:32	484



SETÚBAL TRIATHLON'22

AGE GROUPS CLASSIFICAÇÃO

117	284	Nuno José Fernandes Lopes	05:38:50	00:14:30	03:12:23	02:01:27	485
118	110	Vitor Manuel Pascoinho Fernandes	05:39:36	00:11:52	03:03:40	02:18:27	487
119	402	Vitor Miguel Capela Paulo	05:42:12	00:12:46	03:16:31	02:05:01	497
120	453	Helder Frenando Fernandes Correia	05:42:58	00:11:03	03:23:52	01:57:41	502
121	639	Tiago Avelãs	05:43:23	00:13:40	03:07:27	02:15:47	504
122	589	Mario Teofilo	05:44:48	00:10:09	03:24:32	02:01:30	506
123	554	João Cunha Rego	05:48:40	00:10:53	03:09:50	02:20:50	512
124	382	Nuno Luís Lourenço De Sousa	05:52:44	00:13:05	03:22:29	02:10:17	518
125	106	Ricardo Figueira Da Silva	06:01:16	00:11:37	03:04:13	02:37:02	536
126	226	Tiago Pratas	06:03:26	00:13:32	03:42:29	01:59:53	540
127	328	Nuno Clemente	06:09:24	00:15:38	03:34:21	02:07:51	545
128	735	Brendan Sheridan	06:13:00	00:12:47	03:44:32	02:02:44	548
129	434	Luis Miguel Mendes Rasteiro	06:18:14	00:14:41	03:32:02	02:22:16	555
130	155	Mário Fonseca	06:20:48	00:14:07	03:28:07	02:30:45	558
131	161	Miguel Filipe Ferreira Rocha	06:24:45	00:12:44	03:37:47	02:25:51	562
132	256	Nuno Miguel Roque Teixeira Marques	06:30:20	00:12:04	03:40:51	02:27:56	573
133	519	António Silva	06:38:16	00:16:38	04:04:35	02:05:18	580

45 - 49 anos | F

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	644	Simone Siebra	05:11:24	00:12:22	03:08:50	01:44:09	374
2	162	Amelia Drumm	05:18:11	00:13:02	03:18:19	01:41:33	409
3	201	Madalena Nogueira Vaz Do Valle Teixeira Madeira De Andrade	05:41:14	00:12:37	03:21:05	02:02:03	493
4	516	Ana Maria Pinto Gomes	05:42:26	00:15:02	03:35:19	01:45:19	499
5	231	Sara Colaço	05:54:36	00:11:35	03:33:51	02:01:38	521
6	294	Ana Isabel Duarte	06:07:38	00:13:16	03:34:16	02:13:05	544

50 - 54 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	750	Samuel Aguiar	04:23:47	00:11:12	02:34:30	01:32:14	74
2	43	José Rui De Moraes Galvão	04:24:05	00:09:52	02:37:44	01:31:45	76
3	739	José Henrique Lopes Peixoto	04:25:41	00:11:40	02:41:28	01:23:58	86
4	397	Jose Javier Gomez Iglesias	04:30:55	00:11:49	02:42:26	01:31:14	114
5	679	José Carlos Abrantes	04:31:31	00:10:43	02:46:54	01:29:21	117
6	754	Stijn Vanacker	04:31:48	00:13:26	02:36:20	01:35:18	118
7	390	Miguel Carballo	04:34:10	00:10:13	02:44:56	01:34:14	140
8	227	Jorge Carvalho	04:34:13	00:11:47	02:41:26	01:36:54	141



SETÚBAL TRIATHLON'22

AGE GROUPS

CLASSIFICAÇÃO



9	39 Carlos Gomes Ferreira	04:37:44	00:10:52	02:43:22	01:38:48	161
10	53 Sérgio Manuel Pecurto Batalha	04:38:08	00:10:44	02:47:15	01:35:30	164
11	451 Luis Filipe Pimentel Carvalho	04:38:26	00:10:54	02:40:13	01:40:41	167
12	628 Carlos Alexandre De Matos Maia	04:38:33	00:11:05	02:40:06	01:41:32	168
13	359 Tony Serôdio	04:40:02	00:11:02	02:48:22	01:36:35	179
14	32 Luis Miguel Andrade Miranda	04:40:47	00:12:03	02:42:15	01:42:11	185
15	541 Pedro Mestre	04:42:28	00:10:33	02:50:48	01:33:56	193
16	29 Gil Contreiras Braz De Oliveira	04:42:48	00:10:43	02:47:34	01:37:42	195
17	379 Mauro Azevedo	04:43:04	00:11:50	02:55:24	01:29:13	199
18	466 Nuno Miguel Nobre Lopes	04:43:04	00:12:58	02:46:08	01:38:15	200
19	407 Paulo Costa	04:44:12	00:10:53	02:50:20	01:37:41	207
20	503 Pedro Mendes Jorge	04:49:31	00:10:07	02:51:00	01:42:07	235
21	753 Marco Cesar Gomes Bernardo Matos Cruz	04:50:26	00:11:38	02:42:01	01:51:52	243
22	761 Miguel Gomes	04:50:37	00:10:48	02:55:01	01:38:10	245
23	507 Paulo Jorge Correia Lamego	04:51:54	00:10:21	02:52:50	01:43:35	248
24	448 Ricardo Alexandre Santos Pereira	04:52:17	00:12:14	02:55:20	01:39:12	251
25	575 Paulo Esteves Pereira	04:53:28	00:09:23	03:00:12	01:39:16	259
26	578 Paulo Teles	04:53:50	00:11:04	02:53:35	01:40:55	262
27	655 Roberto Fernández Alonso	04:54:41	00:12:12	02:55:52	01:39:40	272
28	511 Luís Leão	04:55:00	00:10:32	02:53:15	01:44:04	274
29	298 Luís Marques	04:57:21	00:12:21	02:54:10	01:43:51	289
30	471 João Carlos Pardal Gonçalves Marques	04:58:06	00:12:55	02:52:31	01:45:53	299
31	473 Rui Sousa	04:59:30	00:10:56	03:03:42	01:39:40	310
32	36 Renato Gonçalves Araújo	05:04:06	00:11:49	03:01:08	01:45:54	335
33	326 Pedro Manuel Pires Lourenço	05:06:33	00:13:36	02:57:29	01:49:35	350
34	572 Adolfo Vagos	05:07:02	00:13:24	03:03:32	01:44:02	354
35	710 Joao Miguel Couto Faria	05:07:34	00:09:47	02:39:13	02:14:01	356
36	108 Nuno Júlio	05:10:23	00:10:55	03:05:12	01:46:05	369
37	268 Miguel Salvador	05:11:38	00:11:58	03:08:51	01:43:43	375
38	386 Pedro Alvarez	05:12:39	00:12:20	03:05:54	01:47:30	384
39	445 Raul Azevedo	05:13:03	00:11:05	03:02:20	01:51:39	387
40	522 Carlos Abrunhosa	05:15:53	00:11:53	03:07:29	01:49:15	395
41	279 Pedro Cruzinha	05:17:43	00:11:07	03:11:17	01:47:59	406
42	257 Jose Luis Fernandez Rodriguez	05:17:59	00:10:41	03:11:00	01:50:51	408
43	717 Rui Jorge Américo Batista De Sá	05:18:25	00:13:07	03:03:32	01:54:24	410
44	600 Paulo Menezes	05:20:23	00:12:33	03:10:34	01:46:17	424
45	212 Luís Carlos Domingues Almeida	05:23:09	00:13:28	03:10:33	01:49:49	433



SETÚBAL TRIATHLON'22

AGE GROUPS CLASSIFICAÇÃO

46	163 Jorge Dinis	05:24:33	00:10:38	03:19:03	01:49:08	441
47	290 Fernando Ferreira	05:24:52	00:13:14	03:14:07	01:49:31	443
48	223 Miguel Santos Costa	05:28:07	00:13:12	03:12:55	01:51:50	456
49	65 Jorge Leite	05:28:47	00:14:04	03:17:15	01:45:33	457
50	661 Pedro Queiroga	05:31:45	00:12:33	03:16:23	01:53:00	465
51	321 Rui Manuel Anacleto Magalhaes	05:35:16	00:11:10	03:26:00	01:51:54	477
52	719 Luis Miguel Lopes Ferreira De Pinho	05:35:48	00:15:11	03:12:37	01:58:44	478
53	86 João Campos	05:39:53	00:14:03	03:26:47	01:52:38	489
54	156 Paulo Moutinho	05:40:02	00:09:33	03:18:22	02:00:26	490
55	291 Miguel Jorge Fernandes De Araújo Vieira	05:41:39	00:11:27	03:18:50	02:01:52	495
56	168 José Gonçalves	05:41:45	00:13:14	03:18:17	02:02:16	496
57	88 Maurício Costa	05:46:30	00:11:31	03:24:36	02:03:43	508
58	762 David Almeida	05:51:19	00:14:46	03:28:00	01:47:53	516
59	369 Pedro Calvario	05:55:06	00:12:49	03:35:09	01:55:11	522
60	252 Rui Manuel Duarte Melo Silva	05:58:16	00:14:12	03:15:10	02:18:42	527
61	725 Pedro Capelinha	06:00:19	00:11:32	03:06:44	02:34:40	534
62	475 Paulo Jorge Ribeiro Nogueira	06:02:01	00:15:49	03:13:33	02:24:01	537
63	587 Jose Antonio Escaño Montañez	06:02:42	00:13:27	03:34:53	02:05:16	538
64	693 Jorge Miguel P F Ferreira	06:03:16	00:18:54	03:36:27	01:58:34	539
65	48 Miguel António Reis Cruz	06:12:31	00:14:55	03:36:06	02:10:30	547
66	70 Luís Miguel Duarte Carvalho	06:15:57	00:12:56	03:36:56	02:16:07	550
67	327 Rui Catarrinha	06:17:05	00:11:06	03:36:36	02:18:02	552
68	598 Jose Luis Almeida	06:18:01	00:12:50	03:39:12	02:19:53	554
69	458 Marco Antonio González Carretero	06:21:28	00:14:37	03:45:17	02:10:32	559
70	269 Jose Manta	06:23:53	00:13:18	03:27:05	02:35:19	561
71	104 Carlos Martins	06:27:21	00:13:46	03:55:46	02:09:45	567
72	79 Nuno Amaral Assunção Santos Rosa	06:28:41	00:11:56	03:18:36	02:47:18	569
73	160 Pedro Quadrio	06:29:06	00:12:02	03:37:47	02:28:02	570
74	582 Carlos Manuel Simao	06:47:24	00:11:08	03:44:32	02:41:41	583
75	214 Joaquim António Balancho Rosado	06:54:24	00:14:04	03:56:40	02:38:14	588

50 - 54 anos | F

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	229	Filomena Gomes	05:05:41	00:11:47	02:57:54	01:47:05	344
2	72	Fernanda Marques Santinha	05:23:19	00:11:19	03:21:29	01:44:12	434
3	391	Sue Dawson	05:39:11	00:12:31	03:19:41	01:59:28	486
4	737	Rosa Rodrigues	05:55:10	00:17:28	03:27:00	02:02:36	524



SETÚBAL TRIATHLON'22

AGE GROUPS CLASSIFICAÇÃO



55 - 59 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	20	Fernando Carmo	04:21:33	00:11:40	02:33:57	01:31:41	61
2	595	Carlos Manuel Santos Silva	04:25:05	00:13:36	02:39:14	01:26:39	81
3	142	Joao Santos	04:36:51	00:10:15	02:40:04	01:41:50	156
4	484	Rui Amorim	04:40:29	00:10:50	02:48:19	01:34:14	182
5	405	Gabriel Alves	04:46:12	00:12:51	02:47:42	01:39:06	217
6	30	João Miguel Nunes	04:46:23	00:11:06	02:48:43	01:42:41	219
7	167	Aristides Bordalo	04:47:42	00:12:27	02:50:12	01:40:08	224
8	687	Paulo Jorge Cabrita E Silva	04:49:11	00:11:00	02:50:12	01:43:04	233
9	478	Francisco Sanches-Osório	04:50:24	00:11:28	02:50:50	01:41:02	242
10	55	Paulo Renato Santos	04:56:06	00:10:55	02:54:33	01:45:08	283
11	11	Miguel Teixeira Duarte	04:57:47	00:10:16	02:54:41	01:46:04	294
12	134	A. Fernandes	04:59:04	00:11:23	02:52:22	01:48:46	307
13	100	Miguel Barnabé	05:06:21	00:12:37	02:59:12	01:49:13	348
14	183	Paulo Vasconcelos	05:08:04	00:13:35	02:59:27	01:48:29	359
15	182	Neville Suzman	05:20:14	00:12:06	03:01:01	01:59:12	422
16	521	Rafael Abrunhosa	05:25:31	00:13:44	03:16:25	01:48:17	445
17	237	Rui Manuel Castro Velez	05:29:22	00:11:20	03:07:15	02:04:14	459
18	63	José Anibal Martins Correia	05:29:52	00:12:24	03:12:18	01:56:25	462
19	190	Juan Jesús Chacón Cortés	05:33:07	00:12:24	03:08:51	01:59:57	471
20	270	Pedro Ventura	05:37:56	00:11:18	03:24:19	01:54:53	483
21	67	Rui Martins	05:49:28	00:13:46	03:20:09	02:07:34	513
22	38	Paulo Renato Correia De Almeida Marques	05:51:15	00:12:52	03:13:37	02:15:59	515
23	114	Luis Miguel Duque Santos	05:53:52	00:13:39	03:16:53	02:17:06	520
24	705	Julio García Sánchez	05:55:09	00:12:11	03:10:34	02:25:47	523
25	318	Eduardo Carpinteiro	06:25:03	00:15:20	03:33:07	02:25:46	564
26	416	Nuno Albuquerque	06:28:14	00:11:49	03:48:33	02:20:56	568
27	601	Francisco Van Zeller De Moser	06:46:48	00:14:42	04:06:06	02:15:49	582

55 - 59 anos | F

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	555	Madalena Caninas	06:36:59	00:12:51	04:04:41	02:09:48	579
2	758	Isabel Araújo	07:40:08	00:22:16	04:26:47	02:39:16	591



SETÚBAL TRIATHLON'22

AGE GROUPS CLASSIFICAÇÃO



60 - 64 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	732	Carlos Gomes	04:30:47	00:11:26	02:40:07	01:34:13	113
2	111	Miguel Gaivao	05:22:16	00:10:30	03:04:20	02:02:58	429
3	342	Carlos Dias	05:32:11	00:10:27	03:00:36	02:13:28	467
4	420	João Lourenço	05:37:09	00:13:16	03:21:19	01:54:02	479
5	586	Martin Victory	05:42:45	00:11:41	03:10:33	02:12:33	501
6	332	Miguel Da Fonseca San-Payo	05:52:21	00:12:09	03:34:42	01:56:11	517
7	579	António Marques	06:00:34	00:11:07	03:32:08	02:08:54	535
8	58	Rui Pedras	06:31:47	00:14:50	03:52:05	02:13:13	575
9	197	Jose Manuel Guerra Dominguez	06:47:30	00:14:14	03:55:41	02:28:04	584

65 - 69 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	742	Fernando Feijão	04:57:42	00:11:49	03:05:52	01:35:29	292
2	297	Manuel Pires	05:34:09	00:14:12	03:17:48	01:53:00	474
3	27	Francisco Salgado	06:05:15	00:12:19	03:20:38	02:24:41	541



Marretas do Norte

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Andre Costa	674	03:55:28		M	2
Diogo Allen Santos Guimarães Coelho	487	04:02:26		M	9
Duarte Pais	137	04:17:41		M	50
Manuel Anselmo Silva Maia	485	04:18:39		M	53
José Lima	698	04:22:12		M	65
					20:56:26
					Lugar: 1

Outsystems Olímpico de Oeiras

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Rui Narigueta	9	04:04:04		M	10
Santiago Del Puerto	56	04:10:25		M	22
Tiago Lopes	645	04:17:11		M	43
Marco Costa	741	04:19:07		M	54
Tiago De Paiva E Pona	14	04:23:03		M	71
					21:13:50
					Lugar: 2

Estoril Praia Credibom

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Joao Fragoso	509	04:01:22		M	7
Filipe Miguel Nunes Marques	262	04:10:28		M	23
João Silva	491	04:19:47		M	56
Jorge Fonseca	23	04:27:29		M	96
Aristides Bordalo	167	04:47:42		M	224
					21:46:48
					Lugar: 3

Louletano

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
David Caldeirão	90	04:16:31		M	40
Bernardo Cadeiras	563	04:17:31		M	47
Alex Cabrita	623	04:18:20		M	51
João Henrique Lamas Rodrigues	154	04:32:49		M	128
Vítor Simões	353	04:34:34		M	145
					21:59:45
					Lugar: 4



Clube de Natação do Colégio Vasco da Gama

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Hugo Pina	295	03:57:59		M	5
Nuno Miguel Mendão Rodrigues	726	04:06:28		M	15
Tomás Teixeira	468	04:15:16		M	35
Leonel Marques	467	04:33:04		M	132
Rui Jorge Américo Batista De Sá	717	05:18:25		M	410
					22:11:12 Lugar: 5

Nucleo do Sporting da Golegã

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Luis Filipe Ferreira	59	04:18:23		M	52
Nuno Ricardo Pais Lopes	145	04:32:43		M	125
Rui Gonçalo Vieira	320	04:32:44		M	126
Samuel Alexandre Dias Eugénio	435	04:33:07		M	133
Miguel Serpa Tolda Garcia	46	04:43:08		M	201
					22:40:05 Lugar: 6

LBSquad

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Pedro Lorena	333	04:15:20		M	36
Pedro Freire De Andrade	396	04:33:42		M	137
André Vaz	354	04:36:37		M	154
Tiago Teotónio Pereira	54	04:39:42		M	176
Francisco Fino	740	04:40:55		M	187
					22:46:16 Lugar: 7

Triourense

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Roi Martínez Martín	424	04:13:57		M	30
Jose Javier Gomez Iglesias	397	04:30:55		M	114
Miguel Carballo	390	04:34:10		M	140
Santiago Garcia Gonzalez	517	04:35:39		M	148
Antonio Vazquez Balado	546	04:54:05		M	266
					22:48:46 Lugar: 8



Sporting Clube de Espinho - FERSILVA

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Rui António Silva Gomes	181	04:17:34		M	49
Sérgio Mota	109	04:27:14		M	93
Pedro Filipe Maia	597	04:33:42		M	138
Ivo Carvalho	712	04:36:30		M	152
Luís Marques	298	04:57:21		M	289
					Lugar: 9

Try Portugal / Vitória de Janes

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Samuel Aguiar	750	04:23:47		M	74
João Pedro Filipe Cordeiro	746	04:28:58		M	104
Marco Gonçalves	765	04:33:39		M	136
João Freitas	118	04:46:00		M	215
Gonçalo Gameiro	567	04:52:40		M	254
					Lugar: 10

PAC - Peniche Amigos Clube

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Márcio Neves	2	03:46:53		M	1
Valdo Das Neves	307	04:04:21		M	11
Jose Pedro Da Silva Canela	12	05:03:19		M	333
João António Da Silva Rosa	169	05:04:36		M	337
Mário Remigio	630	05:07:35		M	357
					Lugar: 11

Triatlo de Faro

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Gabriel Silva Garrido De Souza	489	04:15:29		M	37
Luis Miguel Duarte Lourenco	443	04:29:08		M	105
Fábio Correia	91	04:34:52		M	146
Andre Lima Cabrita	457	04:58:24		M	302
Rui Miguel Réis Duarte	461	05:00:46		M	317
					Lugar: 12



SFRAA

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Miguel Ângelo Sérvulo Tomé	121	04:16:09		M	38
Luis Cordeiro	638	04:33:01		M	130
Carlos Barroso Fernandes	141	04:37:48		M	162
João Belo	566	04:44:54		M	212
Pedro Queiroz	240	05:11:01		M	372
					23:22:53
					Lugar: 13

FC Ferreiras

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
David Alfeirão	93	04:26:38		M	90
Filipe Correia	374	04:38:43		M	170
João Bacalhau	94	04:41:08		M	188
Paulo Luz	128	04:43:23		M	204
Stefano Borralho Silvestre	604	04:54:12		M	268
					23:24:04
					Lugar: 14

Clube de Natação de Torres Novas

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
André M. Duarte	152	04:06:01		M	14
Rui Silva	87	04:21:59		M	63
Adriano Correia	464	04:26:14		M	89
David Paiva	701	04:31:20		M	115
Paulo Jorge Ribeiro Nogueira	475	06:02:01		M	537
					23:27:35
					Lugar: 15

Clube Oriental de Lisboa

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Rui Pereira Da Silva	37	04:29:46		M	110
Bruno Toscano	574	04:32:19		M	122
Ivan Duque De Azevedo E Costa	41	04:33:04		M	131
Hugo Filipe Tomás	324	04:53:33		M	261
Pedro André Fernandes	179	04:59:55		M	314
					23:28:37
					Lugar: 16



3B Triatlo

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Ruben Miguel Lages Duarte	440	04:32:09		M	121
Sérgio Manuel Pecurto Batalha	53	04:38:08		M	164
Gabriel Alves	405	04:46:12		M	217
Hugo Gomes	22	04:48:09		M	225
Bruno Miguel Roque Fonseca	153	04:48:19		M	227
					23:32:57
					Lugar: 17

OnTri Sports

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Andre Marques Costal	81	04:31:58		M	120
Rui Dias Oliveira	724	04:34:00		M	139
Pedro Mestre	541	04:42:28		M	193
Fernando Miguel Ferreira Rodrigues Ferreira Pinto	66	04:46:14		M	218
Tiago Pires De Lima	755	04:59:54		M	313
					23:34:34
					Lugar: 18

Sporting Clube de Portugal

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Mikael Eriksson	148	03:59:49		M	6
Pedro Roque Gil Neves	151	04:34:27		M	143
Daniel Marques	371	04:45:15		M	213
Carlos Jerónimo	608	05:07:01		M	353
Nuno Júlio	108	05:10:23		M	369
					23:36:55
					Lugar: 19

Tri Amazing

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Mário Jorge Rosa Macheta	415	04:29:38		M	109
Bruno Batista	408	04:43:00		M	198
Marcos Caldeira Madail Ratola	288	04:46:07		M	216
Pedro Mendes Jorge	503	04:49:31		M	235
Marciano Dias	642	04:52:12		M	250
					23:40:28
					Lugar: 20



Sport Algés e Dafundo

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Fernando Carmo	20	04:21:33		M	61
Carlos Alexandre De Matos Maia	628	04:38:33		M	168
Paulo Jorge Correia Lamego	507	04:51:54		M	248
Pedro Miguel Machado	119	04:52:30		M	252
José António Varela	133	04:58:20		M	301
					23:42:50
					Lugar: 21

CNATRIL

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Luis Mira Nunes	362	04:05:42		M	12
Hanna De Sousa	378	04:24:29		F	77
Pedro Miguel B Pinto Leal Fernandes	21	04:40:48		M	186
Jennifer Connet	675	04:42:55		F	196
Manuel Carlos Figueiredo Cabrita	584	06:00:07		M	532
					23:54:01
					Lugar: 22

Clube Millennium BCP

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Fernando Manuels Conceicao Batista	542	04:30:38		M	112
Nuno Miguel Nobre Lopes	466	04:43:04		M	200
José Duarte	629	04:45:21		M	214
Jose Luis Baceira Farinha	18	05:06:00		M	346
Carlos Abrunhosa	522	05:15:53		M	395
					24:20:56
					Lugar: 23

Peniche Amigos Clube

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Pedro Carreira	428	04:13:03		M	29
Luis Tomé	482	04:54:34		M	270
Paulo Renato Santos	55	04:56:06		M	283
Adolfo Vagos	572	05:07:02		M	354
Pedro Miguel Silva Rico	302	05:16:46		M	402
					24:27:31
					Lugar: 24



GRCD Leião Triatlo

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Joao Santos	142	04:36:51		M	156
Henrique Miguel Mateus Martins	452	04:52:50		M	256
Pedro Miguel Gonçalves Miranda	292	04:54:36		M	271
Miguel Simões	314	04:59:48		M	312
Nuno José	377	05:16:00		M	396
24:40:05					Lugar: 25

AmoraSub/Associação Naval Amorense

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Luís António Conceição Faustino	499	04:55:43		M	279
Esmeraldino Jose Sa	360	04:56:13		M	284
Renato Gonçalves Araújo	36	05:04:06		M	335
Bruno Dos Santos Pereira	759	05:05:03		M	340
Pedro Manuel Pires Lourenço	326	05:06:33		M	350
25:07:38					Lugar: 26

Alhandra Sporting Club

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
João Miguel Nunes	30	04:46:23		M	219
Bruno Pissarra	316	04:56:03		M	282
Gonçalo Almeida	657	05:01:00		M	320
Bruno Lindorfo Batista Alves	427	05:05:49		M	345
Bruno Alexandre Pinto Fernandes	102	05:19:14		M	414
25:08:29					Lugar: 27

Clube dos Galitos

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Paulo Filipe Neto Gonçalves	694	04:24:57		M	80
António Manuel Brito Moreira	345	04:37:49		M	163
Paulo Esteves Pereira	575	04:53:28		M	259
Vitor Manuel Pascoinho Fernandes	110	05:39:36		M	487
Rosa Rodrigues	737	05:55:10		F	524
25:31:00					Lugar: 28



Paredes Aventura

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Nuno Jorge Moreira De Pinho	718	05:04:58		M	339
Fernando Alberto Pedroso Silva	722	05:12:19		M	383
José Manuel Horta Nova Nunes	357	05:13:13		M	388
Jose Alcidio Fernandes Meira Rodrigues	463	05:19:20		M	415
Orlando Marques	539	05:26:51		M	451
					26:16:41
					Lugar: 29

Associação Beat Your Limit!

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
João Moita	513	04:43:25		M	205
João Laranjeira	245	04:48:40		M	228
Luís Leão	511	04:55:00		M	274
Ricardo Soares Moreira	537	05:27:13		M	453
Hugo André Jesus Azevedo	244	06:26:16		M	566
					26:20:34
					Lugar: 30



Lugar	Dorsal	Estafeta	Tempo Oficial	Natação	Ciclismo	Corrida
1	2045	LIDL STARS	03:48:11	00:06:57	02:18:16	01:20:30
2	2051	MF Grupo \ CNTN	03:54:02	00:07:13	02:25:56	01:18:47
3	2025	Sporting Clube de Espinho - FERSILVA	03:55:17	00:07:40	02:28:26	01:16:40
4	2052	Red black chili peppers	03:56:23	00:09:32	02:36:38	01:07:41
5	2048	Chocapic Crew	03:57:57	00:06:45	02:32:25	01:16:39
6	2042	Sporting Clube de Espinho - FERSILVA	03:59:05	00:09:10	02:30:21	01:16:37
7	2011	Juventude Desportiva Melidense	04:08:57	00:09:45	02:44:10	01:12:31
8	2050	TorLocoFle	04:12:28	00:08:40	02:33:56	01:27:24
9	2054	Old School Boys	04:13:11	00:09:08	02:47:49	01:13:49
10	2043	RNA_TRI	04:15:25	00:08:16	02:42:01	01:22:30
11	2038	ONTRISPORTS	04:23:09	00:09:04	02:32:10	01:38:49
12	2036	Flotter Dreier	04:26:33	00:11:45	02:29:48	01:41:30
13	2049	Pisco 's friends	04:28:19	00:09:52	02:40:39	01:34:40
14	2035	Tri Life Center 03	04:36:35	00:07:54	03:05:33	01:20:28
15	2041	AFDD MONTIJO	04:37:05	00:12:53	02:37:24	01:44:01
16	2040	Triatlo de Faro	04:37:58	00:12:22	02:51:03	01:31:28
17	2013	Legião 13	04:42:42	00:08:02	03:02:30	01:29:18
18	2039	226ersportugal	04:46:58	00:11:14	02:59:46	01:32:32
19	2027	TWO4FUN	04:47:31	00:12:29	02:30:45	02:00:26
20	2044	Fofinho, já foste!	04:47:54	00:10:07	02:43:41	01:50:58
21	2033	Os 2 estarolas do COO	04:52:37	00:10:49	03:05:08	01:31:41
22	2034	Tri Life Center 02	04:52:45	00:10:08	02:59:53	01:39:43
23	2031	Tri Life Center 01	04:55:17	00:10:43	03:00:36	01:41:07
24	2001	Fragosos	04:55:37	00:13:14	03:00:44	01:35:47
25	2016	Triatlo de Faro Girls	04:55:37	00:11:23	03:01:03	01:40:23
26	2022	Newmove	04:58:31	00:12:08	03:01:46	01:41:26
27	2004	Mista Setúbal 2022	05:04:24	00:10:22	03:08:08	01:42:55
28	2055	Cavalos de Papel	05:05:48	00:10:55	03:20:44	01:31:07
29	2017	Fortalhuços do Tri	05:05:56	00:07:09	03:01:19	01:54:18
30	2014	Learning to tri	05:11:09	00:10:50	02:50:07	02:06:49
31	2024	Sporting Clube de Espinho - FERSILVA	05:13:13	00:13:14	03:20:01	01:36:34
32	2015	GRCD Leão Triatlo- Olhos Nos Olhos Tasca Da Linha	05:14:30	00:12:03	03:18:36	01:36:14
33	2029	Tri@Setúbal2022	05:15:27	00:13:43	03:14:09	01:43:19
34	2002	Farol Friends	05:20:19	00:13:20	03:13:33	01:49:45
35	2046	Estoril Praia Credibom	05:24:15	00:11:52	03:36:00	01:32:58
36	2032	Treino de Caxias	05:32:03	00:12:23	03:27:00	01:46:39



<i>Lugar</i>	<i>Dorsal</i>	<i>Estafeta</i>	<i>Tempo Oficial</i>	<i>Natação</i>	<i>Ciclismo</i>	<i>Corrida</i>
37	2023	A chegar aos 30	05:33:53	00:10:28	03:35:21	01:44:39
38	2010	Lucas Team	05:38:38	00:12:03	03:37:12	01:45:51
39	2006	BanzaiMan/3B Triatlo	05:41:43	00:12:15	03:11:02	02:10:54
40	2030	Djabalis	05:43:31	00:11:30	03:44:02	01:43:42
41	2037	Novatos do Triatlo	05:48:30	00:09:44	03:52:23	01:43:21
42	2047	Estafeta COO	05:55:16	00:10:19	03:34:15	02:03:35
43	2007	Tsummomies I	05:58:19	00:16:55	03:49:00	01:49:22
44	2028	BAR Team	06:04:54	00:09:20	04:09:50	01:42:21
45	2005	Emjoli	06:11:36	00:09:57	03:05:39	02:52:44
46	2018	Rusty Team	06:19:58	00:14:19	03:45:32	02:16:32
47	2003	Amiciclo Grândola	06:24:11	00:12:50	03:51:47	02:16:09
48	2008	100 joelhos	07:10:52	00:13:46	03:45:05	03:08:39