Sabrosa Trail por Terras de Magalhães

Sabrosa, PT

13-novembro-2022

32K - STAGE 1

32 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:30	9,5ºC	86%
End	12:51	17,3ºC	51%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	27	António Luís Pereira	Linces do Marão	02:31:19		04:44	
2	10	César Duarte	Individual	02:34:30	+03:11	04:50	
3	3	Vitor Costa	A. D. AMARANTE	02:35:21	+04:02	04:51	
4	6	Nuno Carneiro	Clube BREAK	02:40:44	+09:25	05:01	
5	29	Jorge Manuel Rodrigues da Costa	Linces do Marão	02:48:55	+17:36	05:17	
6	4	Henrique Velon	A.M.A - Associação Mondim Atletismo	02:51:57	+20:38	05:22	
7	31	Júlio Teixeira	Linces do Marão	02:53:42	+22:23	05:26	
8	18	Paulo Fernandes	Geadas running	02:54:18	+22:59	05:27	
9	28	Luis Ferreira	Linces do Marão	03:02:27	+31:08	05:42	
10	26	Ricardo Militão	Linces do Marão	03:02:27	+31:08	05:42	
11	24	Luís Félix	Linces do Marão	03:10:39	+39:20	05:57	
12	15	Vitor Mendes	Individual	03:10:58	+39:39	05:58	
13	35	Paulo Gomes	TEAM LANTEMIL	03:11:52	+40:33	06:00	
14	22	Bruno Ribeiro	Kaninos	03:11:54	+40:35	06:00	
15	19	Luís Fontinha	Individual	03:13:53	+42:34	06:04	
16	40	Laurindo Osorio	Valongo Trail Team	03:15:15	+43:56	06:06	
17	39	Fernando Gomes	Valongo Trail Team	03:18:26	+47:07	06:12	
18	5	Nuno Ricardo de Magalhães Monteiro	Bombeiros Salvação Pública de Chaves	03:21:58	+50:39	06:19	
19	16	Frederico Lopes	Linces do Marão	03:25:10	+53:51	06:25	
20	38	Ricardo Moutinho	Valongo Trail Team	03:28:18	+56:59	06:31	
21	30	Eduardo Pinto	Linces do Marão	03:31:11	+59:52	06:36	
22	32	João Carlos Almeida Ribeiro Claro	Linces do Marão	03:32:32	+01:01:13	06:39	
23	37	Bruno Gaio	Valongo Trail Team	03:33:22	+01:02:03	06:40	
24	9	André Magalhães	Individual	03:33:26	+01:02:07	06:40	
25	7	Ricardo Carvalho	EQUIPA A	03:33:26	+01:02:07	06:40	
26	23	Tânia Ribeiro	Linces do Marão	03:35:27	+01:04:08	06:44	
27	2	Rosa Barros	A. D. AMARANTE	03:39:57	+01:08:38	06:52	
28	21	Inês Monteiro	Kaninos	03:46:43	+01:15:24	07:05	
29	8	Paulo Ribeiro	EQUIPA A	03:58:32	+01:27:13	07:27	
30	12	Francisco Magalhães	Individual	04:16:23	+01:45:04	08:01	
31	17	Paulo Botelho	Individual	04:16:24	+01:45:05	08:01	
32	13	Solange Sousa	Individual	04:20:59	+01:49:40	08:09	
33	1	JOÃO OLIVEIRA	CHAVES RUNNING TEAM	04:21:00	+01:49:41	08:09	

Sabrosa Trail por Terras de Magalhães

Sabrosa, PT

13-novembro-2022

32K **32 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:30	9,5ºC	86%
End	12:51	17,3ºC	51%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Senior Feminino							
1	23	Tânia Ribeiro	Linces do Marão	Senior Feminino	03:35:27		06:44
2	21	Inês Monteiro	Kaninos	Senior Feminino	03:46:43	+11:16	07:05
Senior Masculino							
1	10	César Duarte	Individual	Senior Masculino	02:34:30		04:50
2	6	Nuno Carneiro	Clube BREAK	Senior Masculino	02:40:44	+06:13	05:01
3	4	Henrique Velon	A.M.A - Associação Mondim Atletismo	Senior Masculino	02:51:57	+17:26	05:22
4	26	Ricardo Militão	Linces do Marão	Senior Masculino	03:02:27	+27:56	05:42
5	24	Luís Félix	Linces do Marão	Senior Masculino	03:10:39	+36:08	05:57
6	5	Nuno Ricardo de Magalhães Monteiro	Bombeiros Salvação Pública de Chaves	Senior Masculino	03:21:58	+47:27	06:19
7	38	Ricardo Moutinho	Valongo Trail Team	Senior Masculino	03:28:18	+53:47	06:31
8	37	Bruno Gaio	Valongo Trail Team	Senior Masculino	03:33:22	+58:51	06:40
9	9	André Magalhães	Individual	Senior Masculino	03:33:26	+58:55	06:40
10	12	Francisco Magalhães	Individual	Senior Masculino	04:16:23	+01:41:52	08:01
Veterana F40							
1	13	Solange Sousa	Individual	Veterana F40	04:20:59		08:09
Veterana F55							
1	2	Rosa Barros	A. D. AMARANTE	Veterana F55	03:39:57		06:52
Veterano M40							
1	27	António Luís Pereira	Linces do Marão	Veterano M40	02:31:19		04:44
2	28	Luis Ferreira	Linces do Marão	Veterano M40	03:02:27	+31:07	05:42
3	15	Vitor Mendes	Individual	Veterano M40	03:10:58	+39:38	05:58
4	22	Bruno Ribeiro	Kaninos	Veterano M40	03:11:54	+40:34	06:00
Veterano M45							
1	3	Vitor Costa	A. D. AMARANTE	Veterano M45	02:35:21		04:51
2	29	Jorge Manuel Rodrigues da Costa	Linces do Marão	Veterano M45	02:48:55	+13:33	05:17
3	18	Paulo Fernandes	Geadas running	Veterano M45	02:54:18	+18:56	05:27

32K **32 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

4	35	Paulo Gomes	TEAM LANTEMIL	Veterano M45	03:11:52	+36:30	06:00
5	16	Frederico Lopes	Linces do Marão	Veterano M45	03:25:10	+49:48	06:25
6	7	Ricardo Carvalho	EQUIPA A	Veterano M45	03:33:26	+58:04	06:40
7	17	Paulo Botelho	Individual	Veterano M45	04:16:24	+01:41:02	08:01
8	1	JOÃO OLIVEIRA	CHAVES RUNNING TEAM	Veterano M45	04:21:00	+01:45:38	08:09

Veterano M50

1	31	Júlio Teixeira	Linces do Marão	Veterano M50	02:53:42		05:26
2	40	Laurindo Osorio	Valongo Trail Team	Veterano M50	03:15:15	+21:32	06:06
3	39	Fernando Gomes	Valongo Trail Team	Veterano M50	03:18:26	+24:43	06:12
4	30	Eduardo Pinto	Linces do Marão	Veterano M50	03:31:11	+37:28	06:36
5	8	Paulo Ribeiro	EQUIPA A	Veterano M50	03:58:32	+01:04:50	07:27

Veterano M55

1	19	Luís Fontinha	Individual	Veterano M55	03:13:53		06:04
2	32	João Carlos Almeida Ribeiro Claro	Linces do Marão	Veterano M55	03:32:32	+18:38	06:39

TEAM RESULTS - 32K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	LINCES DO MARÃO	1 + 5 + 7	13
2	VALONGO TRAIL TEAM	16 + 17 + 20	53

Sabrosa Trail por Terras de Magalhães

Sabrosa, PT

13-novembro-2022

16K - STAGE 1

16 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	11,2ºC	79%
End	11:33	16,1ºC	57%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	504	Paulo Costa	A. D. AMARANTE	01:10:29		04:24	
2	594	João Menezes	Linces do Marão	01:12:07	+01:38	04:30	
3	527	António Campos	CTM VILA POUCA DE AGUIAR	01:12:16	+01:47	04:31	
4	542	Nuno Miguel Martins	GRUPO DESPORTIVO SANTANDER TOTTA	01:15:12	+04:43	04:42	
5	604	Rui Alvim	MSS Contabilidade Trail Team	01:16:13	+05:44	04:46	
6	509	Gonçalo Torres	A.M.A - Associação Mondim Atletismo	01:16:33	+06:04	04:47	
7	602	Luis Filipe figueira Novais	Linces do Marão	01:16:39	+06:10	04:47	
8	595	João Silva	Linces do Marão	01:17:40	+07:11	04:51	
9	632	Carlos Leal	Valongo Trail Team	01:19:11	+08:42	04:57	
10	516	Americo martins de pinho	CAMPISMO SAO JOAO DA MADEIRA	01:20:14	+09:45	05:01	
11	643	Samuel da Costa Quinteira	Linces do Marão	01:20:25	+09:56	05:02	
12	512	José Oliveira	A.M.A - Associação Mondim Atletismo	01:20:43	+10:15	05:03	
13	593	Gabriel Faceira	Linces do Marão	01:21:11	+10:42	05:04	
14	583	Luís Fonseca	Individual	01:22:15	+11:46	05:08	
15	563	CARLOS CARVALHO	Individual	01:22:17	+11:48	05:09	
16	571	Alcino Moreira	Individual	01:22:43	+12:14	05:10	
17	641	Nuno Saavedra	Linces do Marão	01:22:54	+12:25	05:11	
18	631	Bruno Melo	Valongo Trail Team	01:23:02	+12:33	05:11	
19	597	Rui Cigre	Linces do Marão	01:24:24	+13:55	05:16	
20	506	Valentim Henriques	A. D. AMARANTE	01:24:26	+13:57	05:17	
21	585	Agostinho Jorge Assunção Marafão	Individual	01:24:41	+14:12	05:18	
22	532	Carlos Ferreira	Geadas running	01:25:33	+15:04	05:21	
23	570	Tiago Machado	Individual	01:25:36	+15:07	05:21	
24	598	Tiago Alexandre Coutinho Pimenta Gonçalves	Linces do Marão	01:26:30	+16:01	05:24	
25	642	Artur Jorge Amaral da Veiga	Individual	01:26:40	+16:11	05:25	
26	539	Lucas Zafanelli	GINÁSIO CLUBE DE BRAGANÇA	01:27:20	+16:51	05:28	
27	510	Jorge Manuel Teixeira Alves	A.M.A - Associação Mondim Atletismo	01:27:44	+17:15	05:29	
28	567	Jorge Carvalho	Individual	01:27:46	+17:17	05:29	
29	600	Carlos Barros de Matos	Linces do Marão	01:28:12	+17:43	05:31	
30	505	Nuno Moura	A. D. AMARANTE	01:28:43	+18:14	05:33	
31	526	Rui Manuel Araujo Grácio	Clube Desportivo Sanfinense	01:28:52	+18:23	05:33	
32	576	Joel Silva	Individual	01:29:06	+18:37	05:34	
33	518	LEONEL VIDEIRA	CHAVES RUNNING TEAM	01:29:57	+19:28	05:37	
34	547	João Freitas	Individual	01:30:28	+19:59	05:39	
35	637	Sérgio Manuel Da Lapa Teixeira Gomes	Individual	01:30:29	+20:00	05:39	
36	575	Estêvão Gonçalves	Individual	01:30:43	+20:14	05:40	
37	599	Luísa Teixeira	Linces do Marão	01:31:51	+21:22	05:44	
38	577	Luis Martins	Individual	01:32:40	+22:11	05:47	
39	601	Filipe Martinho	Linces do Marão	01:34:47	+24:18	05:55	
40	591	Vitor Manuel Alegre Chaves	Individual	01:35:33	+25:04	05:58	

16K - STAGE 1

16 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
41	535	Bruno Carvalho	Geadas running	01:36:57	+26:28	06:04	
42	515	Rui Faria	Bigodes de Tinto	01:38:15	+27:46	06:08	
43	615	JOSÉ FRANCISCO FERREIRA SANTOS	Santiagus Project	01:38:36	+28:07	06:10	
44	590	Manuel Neves	Individual	01:39:05	+28:36	06:12	
45	541	TERESA CATITA	GINÁSIO CLUBE DE BRAGANÇA	01:39:28	+28:59	06:13	
46	513	Armindo Torres Lopes	ARC Vale S. Cosme	01:39:41	+29:12	06:14	
47	503	Daniel Mendes couto	#decarroeramelhor	01:40:12	+29:43	06:16	
48	596	Luis Filipe Teixeira Esteves	Linces do Marão	01:40:43	+30:14	06:18	
49	607	Maria Gisela Lopes	NÚCLEO DE ATLETISMO DE VILA REAL	01:40:43	+30:14	06:18	
50	638	Fausto Neves	Individual	01:41:02	+30:33	06:19	
51	610	Eduardo Almeida De Sousa	R&W - Alter Runners Associação	01:41:18	+30:49	06:20	
52	520	PAULA ADAGOI	CHAVES RUNNING TEAM	01:41:57	+31:28	06:22	
53	523	DOMINGOS DOMINGUES	CHAVES RUNNING TEAM	01:41:57	+31:28	06:22	
54	536	Manuel abobeleira	Geadas running	01:43:20	+32:51	06:27	
55	537	Francisco de Sousa Teixeira	Geadas running	01:43:53	+33:24	06:30	
56	634	Joao Pinheiro	Valongo Trail Team	01:44:07	+33:38	06:30	
57	630	Paula Alvadia	Valongo Trail Team	01:44:18	+33:49	06:31	
58	586	Manuel Júlio Pinto	Individual	01:44:24	+33:55	06:32	
59	511	Paulo Rocha	A.M.A - Associação Mondim Atletismo	01:44:32	+34:03	06:32	
60	614	Pedro Pereira	Santiagus Project	01:45:00	+34:31	06:34	
61	550	Romulo Fernandes	Individual	01:45:28	+34:59	06:35	
62	587	Paulo ferreira	Individual	01:45:54	+35:25	06:37	
63	608	Eduarda baptista	NÚCLEO DE ATLETISMO DE VILA REAL	01:45:54	+35:25	06:37	
64	508	Joana Reis	A.M.A - Associação Mondim Atletismo	01:46:09	+35:40	06:38	
65	525	João Sequeira	Clube Desportivo Sanfinense	01:46:29	+36:00	06:39	
66	517	Artur Morais	CARETOS.OCR	01:46:32	+36:03	06:40	
67	613	Carlos Magalhães	Santiagus Project	01:46:39	+36:10	06:40	
68	605	Sara Afonso Pinto	NÚCLEO DE ATLETISMO DE VILA REAL	01:47:04	+36:35	06:42	
69	545	André Matos	Individual	01:47:09	+36:40	06:42	
70	530	Paulo Freitas	FC Vizela	01:47:31	+37:02	06:43	
71	553	Marisa Doreta	Individual	01:48:01	+37:32	06:45	
72	624	Ligia Silva	Valongo Trail Team	01:48:16	+37:47	06:46	
73	546	Daniel Andrade	Individual	01:48:35	+38:06	06:47	
74	528	Hugo Pinto	DOUROBTT CCPAD	01:48:44	+38:15	06:48	
75	609	Gaspar Oliveira	PC Runners	01:49:07	+38:38	06:49	
76	533	Marília da Conceição Correia Silva Guedes	Geadas running	01:49:33	+39:04	06:51	
77	582	JOÃO PAULO MONTEIRO REIS	Individual	01:51:19	+40:50	06:57	
78	514	Bruno Marante	Bigodes de Tinto	01:51:26	+40:57	06:58	
79	548	Jonas Maia	Individual	01:51:27	+40:58	06:58	
80	544	André Manuel Chéu Pires	Individual	01:51:27	+40:58	06:58	
81	617	Paulo Paulo	Santiagus Project	01:51:53	+41:24	07:00	
82	552	Berta Miranda	Individual	01:51:59	+41:30	07:00	
83	574	Eduardo Cardoso	Individual	01:52:02	+41:33	07:00	
84	606	Carmen Amaro	NÚCLEO DE ATLETISMO DE VILA REAL	01:52:36	+42:07	07:02	
85	543	Sofia Nóbrega de Oliveira	Individual	01:52:36	+42:07	07:02	

16K - STAGE 1

16 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
86	580	António Quadros	Geadas running	01:53:17	+42:48	07:05	
87	507	Carlos Macedo	A. D. AMARANTE	01:53:23	+42:54	07:05	
88	538	ALEXANDRA PEREIRA	GINÁSIO CLUBE DE BRAGANÇA	01:54:27	+43:58	07:09	
89	561	Bruno Dias Ferreira	Individual	01:55:44	+45:15	07:14	
90	521	SOLANGE RODRIGUES	CHAVES RUNNING TEAM	01:55:48	+45:19	07:14	
91	564	Carlos Gomes	Individual	01:57:54	+47:25	07:22	
92	531	Lisandra Teixeira	Geadas running	01:58:14	+47:45	07:23	
93	529	Ana Neto	FC Vizela	01:58:59	+48:30	07:26	
94	633	Rui Silva	Valongo Trail Team	01:59:12	+48:43	07:27	
95	629	Berta Ferreira	Valongo Trail Team	01:59:25	+48:56	07:28	
96	627	Rita Leal	Valongo Trail Team	01:59:39	+49:10	07:29	
97	554	Patricia fernandes	Individual	01:59:43	+49:14	07:29	
98	562	Bruno Pereira	Individual	02:01:42	+51:13	07:36	
99	572	Ângelo Paiva	Individual	02:01:42	+51:13	07:36	
100	611	Helder Sousa	R&W - Alter Runners Associação	02:01:46	+51:17	07:37	
101	519	OTILIA SIMÕES	CHAVES RUNNING TEAM	02:01:46	+51:17	07:37	
102	578	Manuel Rodrigues	Individual	02:05:00	+54:31	07:49	
103	566	Francisco Cardoso	Individual	02:05:00	+54:31	07:49	
104	569	Marco Costa	Individual	02:05:00	+54:31	07:49	
105	622	Fernando Martins	Tá-se bem	02:07:57	+57:28	08:00	
106	618	Márcio Mendes	Tá-se bem	02:07:57	+57:28	08:00	
107	621	Carlos Ferreira	Tá-se bem	02:07:57	+57:28	08:00	
108	623	Letícia Costa	Valongo Trail Team	02:08:28	+57:59	08:02	
109	625	André Lopes	Valongo Trail Team	02:08:28	+57:59	08:02	
110	522	ALEXANDRINA OLIVEIRA	CHAVES RUNNING TEAM	02:10:48	+01:00:19	08:10	
111	557	Sandra Pires	Individual	02:15:39	+01:05:10	08:29	
112	589	Casimiro Vilela Vieira	Individual	02:15:41	+01:05:12	08:29	
113	556	Lídia Maria Vieira de Nóbrega	Individual	02:15:41	+01:05:12	08:29	
114	616	Luis Miguel Machado	Santiagus Project	02:17:57	+01:07:28	08:37	
115	639	Vitor Manuel Moura Ribeiro	Santiagus Project	02:17:58	+01:07:29	08:37	
116	636	Carlos Jorge da Silva Dias	Santiagus Project	02:17:58	+01:07:29	08:37	
117	612	Nelson Jorge Novais Martins	R&W - Alter Runners Associação	02:17:58	+01:07:29	08:37	
118	626	Monica Carvalho	Valongo Trail Team	02:18:31	+01:08:02	08:39	
119	588	Antonio Freitas	Individual	02:19:03	+01:08:34	08:41	
120	568	José Andrade	Individual	02:20:38	+01:10:09	08:47	
121	555	Ana Paula Marcelino	Individual	02:33:29	+01:23:00	09:36	
122	573	Carlos Ribeiro	Individual	02:33:39	+01:23:10	09:36	
123	501	Pedro Ramires	Individual	02:33:40	+01:23:11	09:36	

Sabrosa Trail por Terras de Magalhães

Sabrosa, PT

13-novembro-2022

16K **16 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	11,2ºC	79%
End	11:33	16,1ºC	57%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	605	Sara Afonso Pinto	NÚCLEO DE ATLETISMO DE VILA REAL	Senior Feminino	01:47:04		06:42
2	624	Ligia Silva	Valongo Trail Team	Senior Feminino	01:48:16	+01:11	06:46
3	543	Sofia Nóbrega de Oliveira	Individual	Senior Feminino	01:52:36	+05:31	07:02
4	538	ALEXANDRA PEREIRA	GINÁSIO CLUBE DE BRAGANÇA	Senior Feminino	01:54:27	+07:22	07:09
5	531	Lisandra Teixeira	Geadas running	Senior Feminino	01:58:14	+11:09	07:23
6	623	Letícia Costa	Valongo Trail Team	Senior Feminino	02:08:28	+21:23	08:02

Senior Masculino

1	594	João Menezes	Linces do Marão	Senior Masculino	01:12:07		04:30
2	595	João Silva	Linces do Marão	Senior Masculino	01:17:40	+05:33	04:51
3	643	Samuel da Costa Quinteira	Linces do Marão	Senior Masculino	01:20:25	+08:18	05:02
4	593	Gabriel Faceira	Linces do Marão	Senior Masculino	01:21:11	+09:04	05:04
5	597	Rui Cigre	Linces do Marão	Senior Masculino	01:24:24	+12:16	05:16
6	532	Carlos Ferreira	Geadas running	Senior Masculino	01:25:33	+13:26	05:21
7	598	Tiago Alexandre Coutinho Pimenta Gonçalves	Linces do Marão	Senior Masculino	01:26:30	+14:22	05:24
8	642	Artur Jorge Amaral da Veiga	Individual	Senior Masculino	01:26:40	+14:33	05:25
9	539	Lucas Zafanelli	GINÁSIO CLUBE DE BRAGANÇA	Senior Masculino	01:27:20	+15:13	05:28
10	518	LEONEL VIDEIRA	CHAVES RUNNING TEAM	Senior Masculino	01:29:57	+17:50	05:37
11	547	João Freitas	Individual	Senior Masculino	01:30:28	+18:20	05:39
12	503	Daniel Mendes couto	#decarroeramelhor	Senior Masculino	01:40:12	+28:04	06:16
13	596	Luis Filipe Teixeira Esteves	Linces do Marão	Senior Masculino	01:40:43	+28:36	06:18
14	610	Eduardo Almeida De Sousa	R&W - Alter Runners Associação	Senior Masculino	01:41:18	+29:10	06:20
15	550	Romulo Fernandes	Individual	Senior Masculino	01:45:28	+33:21	06:35
16	525	João Sequeira	Clube Desportivo Sanfinense	Senior Masculino	01:46:29	+34:22	06:39
17	545	André Matos	Individual	Senior Masculino	01:47:09	+35:02	06:42
18	546	Daniel Andrade	Individual	Senior Masculino	01:48:35	+36:28	06:47
19	548	Jonas Maia	Individual	Senior Masculino	01:51:27	+39:20	06:58
20	544	André Manuel Chéu Pires	Individual	Senior Masculino	01:51:27	+39:20	06:58
21	611	Helder Sousa	R&W - Alter Runners Associação	Senior Masculino	02:01:46	+49:39	07:37
22	625	André Lopes	Valongo Trail Team	Senior Masculino	02:08:28	+56:20	08:02
23	612	Nelson Jorge Novais Martins	R&W - Alter Runners Associação	Senior Masculino	02:17:58	+01:05:51	08:37
24	501	Pedro Ramires	Individual	Senior Masculino	02:33:40	+01:21:33	09:36

Veterana F40

1	533	Marília da Conceição Correia Silva Guedes	Geadas running	Veterana F40	01:49:33		06:51
2	627	Rita Leal	Valongo Trail Team	Veterana F40	01:59:39	+10:05	07:29
3	519	OTILIA SIMÕES	CHAVES RUNNING TEAM	Veterana F40	02:01:46	+12:12	07:37
4	626	Monica Carvalho	Valongo Trail Team	Veterana F40	02:18:31	+28:57	08:39

Veterana F45

1	599	Luísa Teixeira	Linces do Marão	Veterana F45	01:31:51		05:44
2	607	Maria Gisela Lopes	NÚCLEO DE ATLETISMO DE VILA REAL	Veterana F45	01:40:43	+08:51	06:18
3	520	PAULA ADAGOI	CHAVES RUNNING TEAM	Veterana F45	01:41:57	+10:05	06:22
4	508	Joana Reis	A.M.A - Associação Mondim Atletismo	Veterana F45	01:46:09	+14:17	06:38
5	553	Marisa Doreta	Individual	Veterana F45	01:48:01	+16:09	06:45
6	552	Berta Miranda	Individual	Veterana F45	01:51:59	+20:07	07:00
7	606	Carmen Amaro	NÚCLEO DE ATLETISMO DE VILA REAL	Veterana F45	01:52:36	+20:44	07:02
8	529	Ana Neto	FC Vizela	Veterana F45	01:58:59	+27:07	07:26
9	554	Patricia fernandes	Individual	Veterana F45	01:59:43	+27:51	07:29

Veterana F50

1	630	Paula Alvadia	Valongo Trail Team	Veterana F50	01:44:18		06:31
2	608	Eduarda baptista	NÚCLEO DE ATLETISMO DE VILA REAL	Veterana F50	01:45:54	+01:35	06:37
3	521	SOLANGE RODRIGUES	CHAVES RUNNING TEAM	Veterana F50	01:55:48	+11:30	07:14
4	629	Berta Ferreira	Valongo Trail Team	Veterana F50	01:59:25	+15:07	07:28
5	557	Sandra Pires	Individual	Veterana F50	02:15:39	+31:20	08:29
6	556	Lídia Maria Vieira de Nóbrega	Individual	Veterana F50	02:15:41	+31:22	08:29
7	555	Ana Paula Marcelino	Individual	Veterana F50	02:33:29	+49:10	09:36

Veterana F60

1	541	TERESA CATITA	GINÁSIO CLUBE DE BRAGANÇA	Veterana F60	01:39:28		06:13
2	522	ALEXANDRINA OLIVEIRA	CHAVES RUNNING TEAM	Veterana F60	02:10:48	+31:19	08:10

Veterano M40

1	504	Paulo Costa	A. D. AMARANTE	Veterano M40	01:10:29		04:24
2	542	Nuno Miguel Martins	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano M40	01:15:12	+04:43	04:42
3	509	Gonçalo Torres	A.M.A - Associação Mondim Atletismo	Veterano M40	01:16:33	+06:03	04:47
4	632	Carlos Leal	Valongo Trail Team	Veterano M40	01:19:11	+08:41	04:57

5	563	CARLOS CARVALHO	Individual	Veterano M40	01:22:17	+11:48	05:09
6	641	Nuno Saavedra	Linces do Marão	Veterano M40	01:22:54	+12:25	05:11
7	631	Bruno Melo	Valongo Trail Team	Veterano M40	01:23:02	+12:33	05:11
8	570	Tiago Machado	Individual	Veterano M40	01:25:36	+15:07	05:21
9	567	Jorge Carvalho	Individual	Veterano M40	01:27:46	+17:17	05:29
10	637	Sérgio Manuel Da Lapa Teixeira Gomes	Individual	Veterano M40	01:30:29	+20:00	05:39
11	535	Bruno Carvalho	Geadas running	Veterano M40	01:36:57	+26:28	06:04
12	515	Rui Faria	Bigodes de Tinto	Veterano M40	01:38:15	+27:46	06:08
13	614	Pedro Pereira	Santiagus Project	Veterano M40	01:45:00	+34:31	06:34
14	613	Carlos Magalhães	Santiagus Project	Veterano M40	01:46:39	+36:10	06:40
15	528	Hugo Pinto	DOUROBTT CCPAD	Veterano M40	01:48:44	+38:15	06:48
16	514	Bruno Marante	Bigodes de Tinto	Veterano M40	01:51:26	+40:57	06:58
17	561	Bruno Dias Ferreira	Individual	Veterano M40	01:55:44	+45:15	07:14
18	564	Carlos Gomes	Individual	Veterano M40	01:57:54	+47:24	07:22
19	562	Bruno Pereira	Individual	Veterano M40	02:01:42	+51:13	07:36
20	566	Francisco Cardoso	Individual	Veterano M40	02:05:00	+54:31	07:49
21	569	Marco Costa	Individual	Veterano M40	02:05:00	+54:31	07:49
22	618	Márcio Mendes	Tá-se bem	Veterano M40	02:07:57	+57:28	08:00
23	639	Vitor Manuel Moura Ribeiro	Santiagus Project	Veterano M40	02:17:58	+01:07:28	08:37
24	636	Carlos Jorge da Silva Dias	Santiagus Project	Veterano M40	02:17:58	+01:07:28	08:37
25	568	José Andrade	Individual	Veterano M40	02:20:38	+01:10:08	08:47

Veterano M45

1	527	António Campos	CTM VILA POUCA DE AGUIAR	Veterano M45	01:12:16		04:31
2	604	Rui Alvim	MSS Contabilidade Trail Team	Veterano M45	01:16:13	+03:56	04:46
3	602	Luis Filipe figueira Novais	Linces do Marão	Veterano M45	01:16:39	+04:22	04:47
4	571	Alcino Moreira	Individual	Veterano M45	01:22:43	+10:26	05:10
5	510	Jorge Manuel Teixeira Alves	A.M.A - Associação Mondim Atletismo	Veterano M45	01:27:44	+15:27	05:29
6	600	Carlos Barros de Matos	Linces do Marão	Veterano M45	01:28:12	+15:55	05:31
7	505	Nuno Moura	A. D. AMARANTE	Veterano M45	01:28:43	+16:26	05:33
8	526	Rui Manuel Araujo Grácio	Clube Desportivo Sanfinense	Veterano M45	01:28:52	+16:35	05:33
9	576	Joel Silva	Individual	Veterano M45	01:29:06	+16:49	05:34
10	575	Estêvão Gonçalves	Individual	Veterano M45	01:30:43	+18:26	05:40
11	577	Luis Martins	Individual	Veterano M45	01:32:40	+20:23	05:47
12	601	Filipe Martinho	Linces do Marão	Veterano M45	01:34:47	+22:30	05:55
13	615	JOSÉ FRANCISCO FERREIRA SANTOS	Santiagus Project	Veterano M45	01:38:36	+26:19	06:10
14	638	Fausto Neves	Individual	Veterano M45	01:41:02	+28:45	06:19
15	536	Manuel abobeleira	Geadas running	Veterano M45	01:43:20	+31:03	06:27
16	511	Paulo Rocha	A.M.A - Associação Mondim Atletismo	Veterano M45	01:44:32	+32:15	06:32
17	530	Paulo Freitas	FC Vizela	Veterano M45	01:47:31	+35:14	06:43
18	617	Paulo Paulo	Santiagus Project	Veterano M45	01:51:53	+39:37	07:00
19	574	Eduardo Cardoso	Individual	Veterano M45	01:52:02	+39:45	07:00

20	633	Rui Silva	Valongo Trail Team	Veterano M45	01:59:12	+46:56	07:27
21	572	Ângelo Paiva	Individual	Veterano M45	02:01:42	+49:26	07:36
22	578	Manuel Rodrigues	Individual	Veterano M45	02:05:00	+52:43	07:49
23	616	Luis Miguel Machado	Santiagus Project	Veterano M45	02:17:57	+01:05:40	08:37
24	573	Carlos Ribeiro	Individual	Veterano M45	02:33:39	+01:21:22	09:36

Veterano M50

1	516	Americo martins de pinho	CAMPISMO SAO JOAO DA MADEIRA	Veterano M50	01:20:14		05:01
2	583	Luís Fonseca	Individual	Veterano M50	01:22:15	+02:01	05:08
3	506	Valentim Henriques	A. D. AMARANTE	Veterano M50	01:24:26	+04:12	05:17
4	634	Joao Pinheiro	Valongo Trail Team	Veterano M50	01:44:07	+23:53	06:30
5	582	JOÃO PAULO MONTEIRO REIS	Individual	Veterano M50	01:51:19	+31:05	06:57
6	580	António Quadros	Geadas running	Veterano M50	01:53:17	+33:03	07:05
7	621	Carlos Ferreira	Tá-se bem	Veterano M50	02:07:57	+47:43	08:00

Veterano M55

1	512	José Oliveira	A.M.A - Associação Mondim Atletismo	Veterano M55	01:20:43		05:03
2	585	Agostinho Jorge Assunção Marafão	Individual	Veterano M55	01:24:41	+03:57	05:18
3	513	Armindo Torres Lopes	ARC Vale S. Cosme	Veterano M55	01:39:41	+18:57	06:14
4	523	DOMINGOS DOMINGUES	CHAVES RUNNING TEAM	Veterano M55	01:41:57	+21:13	06:22
5	586	Manuel Júlio Pinto	Individual	Veterano M55	01:44:24	+23:40	06:32
6	587	Paulo ferreira	Individual	Veterano M55	01:45:54	+25:10	06:37
7	622	Fernando Martins	Tá-se bem	Veterano M55	02:07:57	+47:13	08:00

Veterano M60

1	591	Vitor Manuel Alegre Chaves	Individual	Veterano M60	01:35:33		05:58
2	590	Manuel Neves	Individual	Veterano M60	01:39:05	+03:31	06:12
3	537	Francisco de Sousa Teixeira	Geadas running	Veterano M60	01:43:53	+08:20	06:30
4	517	Artur Morais	CARETOS.OCR	Veterano M60	01:46:32	+10:58	06:40
5	609	Gaspar Oliveira	PC Runners	Veterano M60	01:49:07	+13:33	06:49
6	507	Carlos Macedo	A. D. AMARANTE	Veterano M60	01:53:23	+17:49	07:05
7	589	Casimiro Vilela Vieira	Individual	Veterano M60	02:15:41	+40:07	08:29
8	588	Antonio Freitas	Individual	Veterano M60	02:19:03	+43:29	08:41

TEAM RESULTS - 16K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	LINCES DO MARÃO	2 + 7 + 8	17
2	A.M.A - ASSOCIAÇÃO MONDIM ATLETISMO	6 + 12 + 27	45
3	A. D. AMARANTE	1 + 20 + 30	51
4	VALONGO TRAIL TEAM	9 + 18 + 56	83
5	GEADAS RUNNING	22 + 41 + 54	117
6	CHAVES RUNNING TEAM	33 + 52 + 53	138
7	GINÁSIO CLUBE DE BRAGANÇA	26 + 45 + 88	159
8	SANTIAGUS PROJECT	43 + 60 + 67	170
9	NÚCLEO DE ATLETISMO DE VILA REAL	49 + 63 + 68	180
10	R&W - ALTER RUNNERS ASSOCIAÇÃO	51 + 100 + 117	268
11	TÁ-SE BEM	105 + 106 + 107	318