

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:00	16.6°C	78%
End	11:13	16.6°C	78%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	160	Fábio Oliveira	Clube Desportivo Feirense	30:56		03:06	
2	149	Vitor Oliveira	Grupo Desportivo e Cultural de Guilhovai	31:09	+00:13	03:07	
3	377	João Almeida	RECREIO DESPORTIVO DE ÁGUEDA	31:16	+00:20	03:08	
4	385	Hugo Almeida	Sporting Clube de Braga	31:45	+00:49	03:11	
5	151	Paulo Gomes	Grupo Desportivo e Cultural de Guilhovai	31:46	+00:50	03:11	
6	9	Filipe Ferreira	ACR de Vale de Cambra	31:52	+00:56	03:11	
7	147	Hélder Santos	Grupo Desportivo e Cultural de Guilhovai	32:03	+01:07	03:12	
8	6	Bruno Jesus	ACR de Vale de Cambra	32:19	+01:23	03:14	
9	129	Toze Castro	EV Peraltafil	32:38	+01:42	03:16	
10	117	Nuno Miguel	Clube Desportivo S. Salvador Do Campo	33:14	+02:18	03:19	
11	136	Valter Costa	G.A.Caranguejeira	33:16	+02:20	03:20	
12	152	António Fernandes	Grupo Desportivo e Cultural de Guilhovai	33:21	+02:25	03:20	
13	99	HELDER PIRES	Clube Atletismo de Ovar	33:24	+02:28	03:20	
14	15	Bruno Freitas	ACR de Vale de Cambra	33:26	+02:30	03:21	
15	301	Ângelo Araujo	Individual	33:58	+03:02	03:24	
16	150	Artur Rodrigues	Grupo Desportivo e Cultural de Guilhovai	34:00	+03:04	03:24	
17	379	Carla Martinho	RECREIO DESPORTIVO DE ÁGUEDA	34:12	+03:16	03:25	
18	324	Paulo Pereira	Individual	34:18	+03:22	03:26	
19	148	Jorge Cubal	Grupo Desportivo e Cultural de Guilhovai	34:32	+03:36	03:27	
20	159	Rui Alves	Grupo Desportivo São Paio Oleiros	34:35	+03:39	03:27	
21	98	ANDRÉ ADRIANO	Clube Atletismo de Ovar	34:41	+03:45	03:28	
22	413	Susana Godinho	GRUPO DESPORTIVO FEIRENSE	35:00	+04:04	03:30	
23	278	Antônio Cristóvão	Grupo Desportivo e Cultural de Guilhovai	35:00	+04:04	03:30	
24	138	Vitor Dinis	G.A.Caranguejeira	35:09	+04:13	03:31	
25	380	Daniel Peixoto	RECREIO DESPORTIVO DE ÁGUEDA	35:20	+04:24	03:32	
26	378	Ricardo Santos	RECREIO DESPORTIVO DE ÁGUEDA	35:44	+04:48	03:34	
27	108	Manuel Sousa	Clube Campismo	35:44	+04:48	03:34	
28	168	Daniel Rodrigues	Grupo Juvenil Pinheiro da Bemposta	36:06	+05:10	03:37	
29	8	Carlos Rodrigues	ACR de Vale de Cambra	36:16	+05:20	03:38	
30	13	Tiago Pinho	ACR de Vale de Cambra	36:19	+05:23	03:38	
31	11	Marco Pinho	ACR de Vale de Cambra	36:24	+05:28	03:38	
32	7	Bruno Queirós	ACR de Vale de Cambra	36:44	+05:48	03:40	
33	166	Manuel valente	Grupo Desportivo São Paio Oleiros	36:51	+05:55	03:41	
34	107	Manuel Oliveira	Clube Campismo	37:02	+06:06	03:42	
35	397	Fábio Reis	Vale Correr	37:09	+06:13	03:43	
36	17	António Pinto	ACR de Vale de Cambra	37:17	+06:21	03:44	
37	376	Joana Nunes	RECREIO DESPORTIVO DE ÁGUEDA	37:29	+06:33	03:45	
38	154	José Tavares	Grupo Desportivo e Cultural de Guilhovai	37:43	+06:47	03:46	
39	34	Alexandre Azevedo	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D'OVAR	37:56	+07:00	03:48	
40	35	JORGE LUÍS VALENTE	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D'OVAR	37:56	+07:00	03:48	

PROVA PRINCIPAL - STAGE 1**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
83	44	Luís José Silvério Rebelo	Casa de Benfica de Torres Vedras	42:25	+11:29	04:14	
84	192	André Aguiar	Individual	42:31	+11:35	04:15	
85	204	David Pereira	Individual	42:37	+11:41	04:16	
86	405	João Rodrigues	Vale Correr	42:38	+11:42	04:16	
87	38	Filipe Manuel Fernandes Tavares	AZTrail	43:01	+12:05	04:18	
88	305	Carlos Fernandes	Individual	43:02	+12:06	04:18	
89	352	Jacinto Saraiva	Individual	43:05	+12:09	04:18	
90	314	José Correia	Individual	43:12	+12:16	04:19	
91	207	Fábio Correia	Individual	43:19	+12:23	04:20	
92	157	Fllipa Diamantino	C+S Lavra	43:33	+12:37	04:21	
93	406	Joaquim Couto	Vale Correr	43:36	+12:40	04:22	
94	292	Nuno Moreira	Individual	43:39	+12:43	04:22	
95	404	Paulo Soares	Vale Correr	43:46	+12:50	04:23	
96	132	Carlos Martins	EVA MS	43:47	+12:51	04:23	
97	319	Miguel Dias	Individual	43:49	+12:53	04:23	
98	140	ANTÓNIO JOSÉ FERREIRA DA SILVA	Grupo Desportivo & Cultural de Codal	43:51	+12:55	04:23	
99	230	NUNO	Grupo Desportivo & Cultural de Codal	43:51	+12:55	04:23	
100	146	ALBANO DE OLIVEIRA BRAGA	Grupo Desportivo & Cultural de Codal	44:04	+13:08	04:24	
101	223	Marco Almeida	Individual	44:05	+13:09	04:24	
102	359	Regina Maria Gilvaz	Núcleo de Atletismo de Cucujães	44:10	+13:14	04:25	
103	286	Luís Miguel dos Santos Oliveira	Individual	44:15	+13:19	04:26	
104	400	Marcos Soares	Vale Correr	44:16	+13:20	04:26	
105	116	Sara Carvalho	Clube Desportivo S. Salvador Do Campo	44:17	+13:21	04:26	
106	141	CARLOS MANUEL NEVES TEIXEIRA	Grupo Desportivo & Cultural de Codal	44:22	+13:26	04:26	
107	215	Jorge Gonçalves	Individual	44:33	+13:37	04:27	
108	280	Armando Sá	Individual	44:48	+13:52	04:29	
109	189	Vera Santos	Individual	44:49	+13:53	04:29	
110	304	António Manuel Gomes Almeida	Individual	45:02	+14:06	04:30	
111	199	Carlos rocha	Individual	45:10	+14:14	04:31	
112	328	Telmo Rui Aguiar leite	Individual	45:17	+14:21	04:32	
113	18	Celso Paiva	ACR de Vale de Cambra	45:26	+14:30	04:33	
114	372	Jorge Augusto Oliveira Guerra	Os Falta D'Ar	45:28	+14:32	04:33	
115	322	Paulo Almeida	Individual	45:31	+14:35	04:33	
116	233	Pedro Correia	Individual	45:33	+14:37	04:33	
117	214	Jorge Costa	Individual	45:36	+14:40	04:34	
118	52	PEDRO MONTEIRO	CATARI	45:37	+14:41	04:34	
119	351	David Fernandes	Grupo Desportivo e Cultural de Guilhovai	45:38	+14:42	04:34	
120	312	João Rodrigues	Individual	45:42	+14:46	04:34	
121	219	Luís Felipe Pina Tavares	Individual	45:50	+14:54	04:35	
122	398	Hugo Sousa	Vale Correr	45:55	+14:59	04:35	
123	145	PAULO MANUEL ARIEIRO TAVARES	Grupo Desportivo & Cultural de Codal	46:04	+15:08	04:36	
124	56	FRANCISCO FREITAS	CATARI	46:23	+15:27	04:38	
125	94	Nelson Silva	Centro Municipal de Marcha e Corrida de Vale de Cambra	46:23	+15:27	04:38	

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
126	79	Hélder Afonso	Centro Municipal de Marcha e Corrida de Vale de Cambra	46:23	+15:27	04:38	
127	407	Bruno Gonçalves	Zequinhas Running Team	46:28	+15:32	04:39	
128	375	Marlene Ferreira	PC Runners	46:33	+15:37	04:39	
129	213	Joel Moreira	Individual	46:34	+15:38	04:39	
130	96	Fernando Gonçalves	Cirac - Circulo de Recreio Arte e Cultura	46:35	+15:39	04:40	
131	386	Rute Silva	Sporting Clube de Espinho / António Leitão	46:37	+15:41	04:40	
132	416	João Camilo	Individual	46:38	+15:42	04:40	
133	164	Mário nogueira	Grupo Desportivo São Paio Oleiros	46:39	+15:43	04:40	
134	357	Maria Helena Tavares da Silva	MH Estúdio de Pilates	46:45	+15:49	04:41	
135	84	António Martins	Centro Municipal de Marcha e Corrida de Vale de Cambra	46:46	+15:50	04:41	
136	81	Sílvia Carvalho	Centro Municipal de Marcha e Corrida de Vale de Cambra	46:52	+15:56	04:41	
137	220	Luís Lopes	Individual	46:59	+16:03	04:42	
138	55	PEDRO OLIVEIRA	CATARI	47:03	+16:07	04:42	
139	115	PAULO ALMEIDA	Clube Desportivo Feirense	47:12	+16:16	04:43	
140	331	Carlos Alberto Almeida Soares Maria	Individual	47:13	+16:17	04:43	
141	88	Paulo Martins	Centro Municipal de Marcha e Corrida de Vale de Cambra	47:20	+16:24	04:44	
142	201	Daniel Almeida	Individual	47:20	+16:24	04:44	
143	316	jose filipe tavares	Individual	47:25	+16:29	04:44	
144	198	Carlos Monteiro	Individual	47:25	+16:29	04:45	
145	348	José Fernando de Sousa e Matos	Individual	47:27	+16:31	04:45	
146	224	Marco André Lages Soares	Individual	47:27	+16:31	04:45	
147	90	Arlindo Rodrigues	Centro Municipal de Marcha e Corrida de Vale de Cambra	47:27	+16:31	04:45	
148	89	António Oliveira	Centro Municipal de Marcha e Corrida de Vale de Cambra	47:28	+16:32	04:45	
149	127	Ana Oliveira	EV Peraltafil	47:34	+16:38	04:45	
150	130	Vitor Santos	EV Peraltafil	47:36	+16:40	04:46	
151	48	ELISABETE REPAS	CATARI	47:39	+16:43	04:46	
152	184	Raquel Pinto	Individual	47:45	+16:49	04:47	
153	14	Clotilde Santos	ACR de Vale de Cambra	47:48	+16:52	04:47	
154	355	Arlete Santos	JOBRA	47:54	+16:58	04:47	
155	306	Filipe fontes	Individual	47:54	+16:58	04:47	
156	371	Rodrigo Nunes	Os convencidos	47:54	+16:58	04:47	
157	239	Raul leite	Individual	47:59	+17:03	04:48	
158	293	Paulo Silva	Individual	48:00	+17:04	04:48	
159	354	Juliana Almeida	JOBRA	48:03	+17:07	04:48	
160	285	Helder costa	Individual	48:06	+17:10	04:49	
161	335	joao coutinho rego	Individual	48:07	+17:11	04:49	
162	249	Tiago Pinho	Individual	48:09	+17:13	04:49	
163	340	Paulo César Soares Ribeiro	Individual	48:15	+17:19	04:50	
164	325	Pedro Duarte	Individual	48:17	+17:21	04:50	
165	303	Antonio Leitão	Individual	48:17	+17:21	04:50	
166	181	Jacinta Rodrigues	Individual	48:21	+17:25	04:50	

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
167	76	Nuno Bastos	Centro Municipal de Marcha e Corrida de Vale de Cambra	48:22	+17:26	04:50	
168	109	Dario Pereira	Clube Campismo	48:27	+17:31	04:51	
169	370	Jorge Gonçalves	Os convencidos	48:29	+17:33	04:51	
170	112	SÓNIA BELEZA	Clube Desportivo Feirense	48:30	+17:34	04:51	
171	318	José Santos	Individual	48:31	+17:35	04:51	
172	347	José António de Pinho Fernandes	Individual	48:37	+17:41	04:52	
173	412	Luis Marques (s/ t-shirt)	ARLINDO SOARES DE PINHO	48:44	+17:48	04:52	
174	33	Fernando Rocha Sacramento (s/t-shirt)	Arlindo Soares de Pinho	48:44	+17:48	04:52	
175	206	Diogo Filipe Tavares Almeida	Individual	48:45	+17:49	04:52	
176	86	António Gomes	Centro Municipal de Marcha e Corrida de Vale de Cambra	48:47	+17:51	04:53	
177	124	André Filipe dos Santos Rebelo	EDUART COMPONENTES CALÇADO.	48:51	+17:55	04:53	
178	297	RUI PEDRO GONÇALVES CORREIA	Individual	48:57	+18:01	04:54	
179	42	Danilo Fenu	Bravos & Bravitas	48:57	+18:01	04:54	
180	308	Francisco Oliveira	Individual	49:11	+18:15	04:55	
181	241	ricardo manuel tavares oliveira	Individual	49:12	+18:16	04:55	
182	5	Maria Armanda Garrido	ACR de Vale de Cambra	49:14	+18:18	04:55	
183	111	GRAÇA BELEZA	Clube Desportivo Feirense	49:22	+18:26	04:56	
184	110	Edmundo Guedes	Clube Campismo	49:36	+18:40	04:58	
185	57	JOAQUIM ALMEIDA	CATARI	49:45	+18:49	04:59	
186	91	Domingos Silva	Centro Municipal de Marcha e Corrida de Vale de Cambra	49:52	+18:56	04:59	
187	78	Carlos Silva	Centro Municipal de Marcha e Corrida de Vale de Cambra	49:58	+19:02	05:00	
188	235	Pedro Neto	Individual	50:03	+19:07	05:00	
189	29	Paulo Almeida	AFISOVAR	50:05	+19:09	05:01	
190	26	Americo Oliveira	AFISOVAR	50:08	+19:12	05:01	
191	185	SANDRA CRISTINA DE ALMEIDA MOREIRA	Individual	50:12	+19:16	05:01	
192	307	Filipe Manuel Marques Coelho	Individual	50:16	+19:20	05:02	
193	93	Manuel Oliveira	Centro Municipal de Marcha e Corrida de Vale de Cambra	50:18	+19:22	05:02	
194	73	Susana Brandão	Centro Municipal de Marcha e Corrida de Vale de Cambra	50:21	+19:25	05:02	
195	175	Ana Rita Brandão Almeida	Individual	50:26	+19:30	05:03	
196	190	Afonso Montenegro	Individual	50:27	+19:31	05:03	
197	120	CARLOS JOSÉ ALMEIDA FERREIRA	COLEP	50:34	+19:38	05:03	
198	383	Maria Costa	SERVIÇOS SOCIAIS CULTURAIS DOS TRABALHADORES DO MUNICÍPIO DE OVAR	50:34	+19:38	05:03	
199	384	Américo Valente	SERVIÇOS SOCIAIS CULTURAIS DOS TRABALHADORES DO MUNICÍPIO DE OVAR	50:35	+19:39	05:04	
200	390	Nuno Coelho	TO NA PISTA	50:37	+19:41	05:04	
201	71	Fátima Relvas	Centro Municipal de Marcha e Corrida de Vale de Cambra	50:37	+19:41	05:04	
202	289	Marcelo teixeira da Mota	Individual	50:43	+19:47	05:04	
203	221	Luis Magalhães	Individual	50:45	+19:49	05:05	

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
204	92	Joaquim Oliveira	Centro Municipal de Marcha e Corrida de Vale de Cambra	50:52	+19:56	05:05	
205	74	Filomena Santos	Centro Municipal de Marcha e Corrida de Vale de Cambra	50:52	+19:56	05:05	
206	296	Ricardo Manuel Tavares de Pinho	Individual	50:55	+19:59	05:06	
207	266	Susana Martins	Individual	50:57	+20:01	05:06	
208	27	Pedro Necho	AFISOVAR	51:00	+20:04	05:06	
209	128	José Almeida	EV Peraltafil	51:00	+20:04	05:06	
210	395	Pedro Lopes	TrailNadas	51:00	+20:04	05:06	
211	50	NUNO ALMEIDA	CATARI	51:16	+20:20	05:08	
212	411	Marco Lourenço	CATARI	51:17	+20:21	05:08	
213	345	António Silva	Individual	51:20	+20:24	05:08	
214	290	Mário Neves	Individual	51:23	+20:27	05:08	
215	368	Vítor Santos	Os briosos	51:24	+20:28	05:08	
216	334	Hélder Ramos	Individual	51:25	+20:29	05:09	
217	310	Isidro Batista e Silva	Individual	51:25	+20:29	05:09	
218	53	ANDRÉ FONSECA	CATARI	51:33	+20:37	05:09	
219	36	Daniela Ferreira	AZTrail	51:37	+20:41	05:10	
220	394	Jaime Azevedo	TrailNadas	51:52	+20:56	05:11	
221	409	Marco Almeida	Zequinhas Running Team	52:00	+21:04	05:12	
222	408	Carlos Cruz	Zequinhas Running Team	52:00	+21:04	05:12	
223	294	Paulo Tavares	Individual	52:01	+21:05	05:12	
224	232	Paulo Oliveira	Individual	52:01	+21:05	05:12	
225	46	CECÍLIA SOUSA	CATARI	52:11	+21:16	05:13	
226	61	VITOR OLIVEIRA	CATARI	52:12	+21:16	05:13	
227	186	Sandra Silva	Individual	52:19	+21:23	05:14	
228	243	Ricardo Miguel	Individual	52:19	+21:23	05:14	
229	95	Paulo Rodrigues	Cirac - Circulo de Recreio Arte e Cultura	52:21	+21:25	05:14	
230	51	PAULO OLIVEIRA	CATARI	52:24	+21:28	05:14	
231	300	Vítor Lemos	Individual	52:24	+21:28	05:14	
232	153	António Santos	Grupo Desportivo e Cultural de Guilhovai	52:27	+21:31	05:15	
233	237	Rafael Martins Soares	Individual	52:29	+21:33	05:15	
234	326	Rui Miguel Soares Paiva	Individual	52:29	+21:33	05:15	
235	320	Nuno Filipe Marques da Silva	Individual	52:33	+21:37	05:15	
236	191	Aléxis Rato Costa	Individual	52:37	+21:41	05:16	
237	10	Francis Fernandes	ACR de Vale de Cambra	52:49	+21:54	05:17	
238	330	André Manuel da Cunha Rocha	Individual	52:50	+21:54	05:17	
239	247	Sérgio Almeida	Individual	52:52	+21:56	05:17	
240	126	Luís Filipe Martins Soares	EDUART COMPONENTES CALÇADO.	52:58	+22:02	05:18	
241	273	Flávio Fura	Individual	52:59	+22:03	05:18	
242	68	Nelson Tavares	Centro Municipal de Marcha e Corrida de Vale de Cambra	53:03	+22:07	05:18	
243	39	Conceição Ferreira	AZtrail / Mercentro	53:04	+22:08	05:18	
244	66	Pedro Lopes	CDCJ Ilha Verde	53:05	+22:09	05:18	
245	196	Carlos Manuel Almeida Silva	Individual	53:07	+22:11	05:19	
246	256	Maria Helena martins da Silva	Individual	53:13	+22:17	05:19	
247	374	Sérgio Henrique Silva Marques	Os furas	53:19	+22:23	05:20	

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
248	155	Américo lopes	Grupo Desportivo São Paio Oleiros	53:31	+22:35	05:21	
249	240	Ricardo Jorge Lopes da Silva	Individual	53:41	+22:45	05:22	
250	172	Ana Fernandes	Individual	53:45	+22:49	05:23	
251	40	MÁRIO BRUNO DE ALMEIDA HENRIQUES	BELL	53:47	+22:51	05:23	
252	401	Ricardo Veloso	Vale Correr	53:48	+22:52	05:23	
253	170	Virgolino Bastos	Grupo Juvenil Pinheiro da Bemposta	53:57	+23:01	05:24	
254	19	Manuel Pinho	ACR de Vale de Cambra	53:59	+23:03	05:24	
255	228	Miguel Gaspar Ribeiro	Individual	54:01	+23:05	05:24	
256	183	Mariana Salvador Silva	Individual	54:07	+23:11	05:25	
257	349	MAURÍCIO MONTENEGRO ACOSTA	Individual	54:12	+23:16	05:25	
258	287	Luís Miguel Lopes da silva	Individual	54:14	+23:18	05:25	
259	363	FERNANDO COUTINHO	OLIVEIRA S	54:16	+23:20	05:26	
260	327	Rui Negrais	Individual	54:25	+23:29	05:26	
261	77	Carlos Brandão	Centro Municipal de Marcha e Corrida de Vale de Cambra	54:25	+23:29	05:26	
262	87	Filipe Soares	Centro Municipal de Marcha e Corrida de Vale de Cambra	54:29	+23:33	05:27	
263	419	Vera Fernandes	Individual	54:34	+23:38	05:27	
264	142	FERNANDA GOMES DE ALMEIDA	Grupo Desportivo & Cultural de Codal	54:58	+24:02	05:30	
265	125	Eduardo Tavares Rebelo	EDUART COMPONENTES CALÇADO.	54:59	+24:03	05:30	
266	179	Cátia Coimbra	Individual	55:03	+24:07	05:30	
267	365	LUÍS MIGUEL OLIVEIRA	OLIVEIRA S	55:11	+24:15	05:31	
268	361	DANIEL FERREIRA DA SILVA	OLIVEIRA S	55:12	+24:16	05:31	
269	364	RICARDO MANUEL SILVA	OLIVEIRA S	55:12	+24:16	05:31	
270	332	Carlos Rodrigues	Individual	55:14	+24:18	05:31	
271	341	paulo santos	Individual	55:21	+24:25	05:32	
272	274	Graça leitw	Individual	55:28	+24:32	05:33	
273	69	Natércia Silva	Centro Municipal de Marcha e Corrida de Vale de Cambra	55:29	+24:33	05:33	
274	246	Rui Ferreira	Individual	55:35	+24:39	05:33	
275	255	Carla Ferreira	Individual	55:35	+24:39	05:33	
276	80	José almeida	Centro Municipal de Marcha e Corrida de Vale de Cambra	55:40	+24:44	05:34	
277	369	António Manuel Reis	Os briosos	55:47	+24:51	05:35	
278	25	Elisabete Silva	AFISOVAR	55:47	+24:51	05:35	
279	366	Jorge Henriques	Os briosos	55:47	+24:51	05:35	
280	275	Maria Manuela Dias Silva Melo	Individual	55:48	+24:52	05:35	
281	283	Filipe Alexandre Alves Loureiro	Individual	55:49	+24:53	05:35	
282	85	Fernando Jorge Leite	Centro Municipal de Marcha e Corrida de Vale de Cambra	56:23	+25:27	05:38	
283	288	Luís Rodrigues	Individual	56:39	+25:43	05:40	
284	173	Ana Leite	Individual	56:47	+25:51	05:41	
285	171	Alice Vidinha	Individual	56:48	+25:52	05:41	
286	391	Pedro Martins	TO NA PISTA	56:48	+25:52	05:41	
287	279	António Vinha	Individual	56:53	+25:57	05:41	
288	309	Hugo Morais	Individual	56:54	+25:58	05:41	

PROVA PRINCIPAL - STAGE 1

10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
289	20	Lara Silva	AFISOVAR	56:58	+26:02	05:42	
290	21	Marinho Duarte	AFISOVAR	56:59	+26:03	05:42	
291	218	Jota Veloso	Individual	57:00	+26:04	05:42	
292	238	Rafael Vilar	Individual	57:01	+26:05	05:42	
293	321	Paulo Alexandre Moreira da Silva	Individual	57:02	+26:06	05:42	
294	323	Paulo Jorge Martins Gomes Dias	Individual	57:07	+26:11	05:43	
295	418	Antonio Pineiro	SIM Summit	57:07	+26:11	05:43	
296	225	Mário Coelho	Individual	57:11	+26:15	05:43	
297	248	Tiago Oliveira	Individual	57:15	+26:19	05:43	
298	177	Ana Vilar	Individual	57:22	+26:26	05:44	
299	210	João Vilar	Individual	57:22	+26:26	05:44	
300	72	Paula Rodrigues	Centro Municipal de Marcha e Corrida de Vale de Cambra	57:24	+26:28	05:44	
301	415	Mónica Montenegro	Individual	57:26	+26:30	05:45	
302	267	ANA CLAUDIA PISSARRA	Individual	57:26	+26:30	05:45	
303	339	Luís Almeida	Individual	57:26	+26:30	05:45	
304	302	Angelo Pinho	Individual	57:27	+26:31	05:45	
305	176	Ana Sofia Brandão	Individual	57:28	+26:32	05:45	
306	67	Joana Pinho	Centro Municipal de Marcha e Corrida de Vale de Cambra	57:31	+26:35	05:45	
307	277	André Pais	Individual	58:21	+27:25	05:50	
308	346	João Manuel Garrido Sousa Mota	Individual	58:25	+27:29	05:51	
309	270	Isabel Maria Várzea de Figueiredo Pinto	Individual	58:25	+27:29	05:51	
310	259	Carla Sousa	Individual	58:57	+28:01	05:54	
311	263	MARIA OLIVEIRA	Individual	58:57	+28:01	05:54	
312	59	ILÍDIO SILVA	CATARI	59:01	+28:05	05:54	
313	252	Vítor Hugo Soares de Almeida	Individual	59:12	+28:16	05:55	
314	229	Miguel Resende	Individual	59:35	+28:39	05:57	
315	269	Maria Resende	Individual	59:35	+28:39	05:57	
316	353	VITOR MANUEL FIGUEIREDO LUIS	Individual	59:35	+28:39	05:57	
317	373	Patrícia Isabel Ferreira dos Santos	Os furas	59:35	+28:39	05:57	
318	265	Sofia Bastos	Individual	59:40	+28:44	05:58	
319	105	Clementina Andrade	Clube Campismo	59:58	+29:02	06:00	
320	205	Diogo Filipe Correia Bastos	Individual	01:00:26	+29:30	06:03	
321	254	Ana Tomé	Individual	01:00:41	+29:45	06:04	
322	123	Carlos Lopes	Duas lebres e uma tartaruga	01:00:41	+29:45	06:04	
323	122	Anabela Almeida	Duas lebres e uma tartaruga	01:00:42	+29:46	06:04	
324	24	Susana Pinto	AFISOVAR	01:00:51	+29:55	06:05	
325	133	Miguel Silva	Família Silva	01:00:56	+30:00	06:06	
326	178	Andreia Dinis	Individual	01:00:58	+30:02	06:06	
327	169	PAULO RAMOS	Grupo Juvenil Pinheiro da Bemposta	01:01:05	+30:09	06:06	
328	253	Adélia Boucinha	Individual	01:01:19	+30:23	06:08	
329	295	Pedro Costa	Individual	01:01:20	+30:24	06:08	
330	83	António Almeida	Centro Municipal de Marcha e Corrida de Vale de Cambra	01:02:12	+31:16	06:13	

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
331	180	Diana Lopes	Individual	01:02:27	+31:31	06:15	
332	333	Carlos Rui Almeida Leite	Individual	01:02:36	+31:40	06:16	
333	282	Carlos Manuel Costa Almeida	Individual	01:02:36	+31:40	06:16	
334	64	JOSÉ ALBANO F. MOREIRA	CATARI	01:02:58	+32:02	06:18	
335	209	João Silva	Individual	01:03:00	+32:04	06:18	
336	414	Ana Carla Rodrigues Amorim (S/kit)	Individual	01:03:01	+32:05	06:18	
337	344	António Feliciano dos Santos Bastos	Individual	01:03:28	+32:32	06:21	
338	226	Micael Lucas T. Pinto	Individual	01:03:45	+32:49	06:22	
339	30	Carlos Campos	AFISOVAR	01:03:58	+33:02	06:24	
340	23	Ana Silva	AFISOVAR	01:03:58	+33:03	06:24	
341	121	Joana Almeida	Duas lebres e uma tartaruga	01:04:29	+33:33	06:27	
342	260	Catarina Vilar	Individual	01:05:18	+34:22	06:32	
343	193	André Filipe Dias da Silva	Individual	01:05:51	+34:55	06:35	
344	217	José Pedro Soares de Almeida Pinho	Individual	01:06:05	+35:09	06:36	
345	187	Solange Teixeira	Individual	01:06:05	+35:09	06:37	
346	63	HÉLDER OLIVEIRA	CATARI	01:06:42	+35:46	06:40	
347	315	José Fernando Almeida Tavares	Individual	01:06:50	+35:54	06:41	
348	389	Maria Melo	TO NA PISTA	01:07:45	+36:49	06:46	
349	131	Liliana Santiago	EVA MS	01:08:55	+37:59	06:54	
350	261	Gisela Santiago	Individual	01:08:56	+38:00	06:54	
351	203	David Deveza	Individual	01:10:06	+39:10	07:01	
352	311	João alves	Individual	01:11:19	+40:23	07:08	
353	16	Énio Pinho	ACR de Vale de Cambra	01:11:31	+40:35	07:09	
354	257	Teresa Gonçalves	Individual	01:12:08	+41:12	07:13	
355	271	Maria da Conceição Pinto Correia Bastos	Individual	01:13:58	+43:02	07:24	

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:00	16.6°C	78%
End	11:13	16.6°C	78%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
------	-----	------	------	-----	--------	------	------

Senior Feminino

1	379	Carla Martinho	RECREIO DESPORTIVO DE ÁGUEDA	Senior Feminino	34:12		03:25
2	413	Susana Godinho	GRUPO DESPORTIVO FEIRENSE	Senior Feminino	35:00	+00:47	03:30
3	376	Joana Nunes	RECREIO DESPORTIVO DE ÁGUEDA	Senior Feminino	37:29	+03:16	03:45
4	381	Ana Rebelo	Run Tejo - Prevent Sprain	Senior Feminino	40:49	+06:36	04:05
5	157	Fllipa Diamantino	C+S Lavra	Senior Feminino	43:33	+09:20	04:21
6	116	Sara Carvalho	Clube Desportivo S. Salvador Do Campo	Senior Feminino	44:17	+10:04	04:26
7	189	Vera Santos	Individual	Senior Feminino	44:49	+10:36	04:29
8	386	Rute Silva	Sporting Clube de Espinho / António Leitão	Senior Feminino	46:37	+12:24	04:40
9	357	Maria Helena Tavares da Silva	MH Estúdio de Pilates	Senior Feminino	46:45	+12:32	04:41
10	184	Raquel Pinto	Individual	Senior Feminino	47:45	+13:32	04:47
11	354	Juliana Almeida	JOBRA	Senior Feminino	48:03	+13:50	04:48
12	181	Jacinta Rodrigues	Individual	Senior Feminino	48:21	+14:08	04:50
13	5	Maria Armada Garrido	ACR de Vale de Cambra	Senior Feminino	49:14	+15:01	04:55
14	185	SANDRA CRISTINA DE ALMEIDA MOREIRA	Individual	Senior Feminino	50:12	+15:59	05:01
15	175	Ana Rita Brandão Almeida	Individual	Senior Feminino	50:26	+16:13	05:03
16	36	Daniela Ferreira	AZTrail	Senior Feminino	51:37	+17:24	05:10
17	186	Sandra Silva	Individual	Senior Feminino	52:19	+18:06	05:14
18	172	Ana Fernandes	Individual	Senior Feminino	53:45	+19:32	05:23
19	183	Mariana Salvador Silva	Individual	Senior Feminino	54:07	+19:55	05:25
20	419	Vera Fernandes	Individual	Senior Feminino	54:34	+20:21	05:27
21	179	Cátia Coimbra	Individual	Senior Feminino	55:03	+20:50	05:30
22	173	Ana Leite	Individual	Senior Feminino	56:47	+22:34	05:41
23	171	Alice Vidinha	Individual	Senior Feminino	56:48	+22:35	05:41
24	20	Lara Silva	AFISOVAR	Senior Feminino	56:58	+22:45	05:42
25	177	Ana Vilar	Individual	Senior Feminino	57:22	+23:09	05:44
26	176	Ana Sofia Brandão	Individual	Senior Feminino	57:28	+23:15	05:45
27	67	Joana Pinho	Centro Municipal de Marcha e Corrida de Vale de Cambra	Senior Feminino	57:31	+23:18	05:45
28	373	Patrícia Isabel Ferreira dos Santos	Os furas	Senior Feminino	59:35	+25:22	05:57
29	178	Andreia Dinis	Individual	Senior Feminino	01:00:58	+26:45	06:06
30	180	Diana Lopes	Individual	Senior Feminino	01:02:27	+28:14	06:15
31	414	Ana Carla Rodrigues Amorim (S/kit)	Individual	Senior Feminino	01:03:01	+28:48	06:18
32	121	Joana Almeida	Duas lebres e uma tartaruga	Senior Feminino	01:04:29	+30:16	06:27
33	187	Solange Teixeira	Individual	Senior Feminino	01:06:05	+31:52	06:37
34	389	Maria Melo	TO NA PISTA	Senior Feminino	01:07:45	+33:32	06:46

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Senior Masculino

1	160	Fábio Oliveira	Clube Desportivo Feirense	Senior Masculino	30:56		03:06
2	377	João Almeida	RECREIO DESPORTIVO DE ÁGUEDA	Senior Masculino	31:16	+00:20	03:08
3	385	Hugo Almeida	Sporting Clube de Braga	Senior Masculino	31:45	+00:49	03:11
4	9	Filipe Ferreira	ACR de Vale de Cambra	Senior Masculino	31:52	+00:55	03:11
5	147	Hélder Santos	Grupo Desportivo e Cultural de Guilhovai	Senior Masculino	32:03	+01:06	03:12
6	6	Bruno Jesus	ACR de Vale de Cambra	Senior Masculino	32:19	+01:23	03:14
7	136	Valter Costa	G.A.Caranguejeira	Senior Masculino	33:16	+02:19	03:20
8	99	HELDER PIRES	Clube Atletismo de Ovar	Senior Masculino	33:24	+02:27	03:20
9	148	Jorge Cubal	Grupo Desportivo e Cultural de Guilhovai	Senior Masculino	34:32	+03:36	03:27
10	159	Rui Alves	Grupo Desportivo São Paio Oleiros	Senior Masculino	34:35	+03:38	03:27
11	98	ANDRÉ ADRIANO	Clube Atletismo de Ovar	Senior Masculino	34:41	+03:45	03:28
12	378	Ricardo Santos	RECREIO DESPORTIVO DE ÁGUEDA	Senior Masculino	35:44	+04:47	03:34
13	8	Carlos Rodrigues	ACR de Vale de Cambra	Senior Masculino	36:16	+05:20	03:38
14	13	Tiago Pinho	ACR de Vale de Cambra	Senior Masculino	36:19	+05:23	03:38
15	11	Marco Pinho	ACR de Vale de Cambra	Senior Masculino	36:24	+05:28	03:38
16	7	Bruno Queirós	ACR de Vale de Cambra	Senior Masculino	36:44	+05:47	03:40
17	397	Fábio Reis	Vale Correr	Senior Masculino	37:09	+06:12	03:43
18	34	Alexandre Azevedo	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D 'OVAR	Senior Masculino	37:56	+06:59	03:48
19	35	JORGE LUÍS VALENTE	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D 'OVAR	Senior Masculino	37:56	+06:59	03:48
20	382	José Costa	SERVIÇOS SOCIAIS CULTURAIS DOS TRABALHADORES DO MUNICÍPIO DE OVAR	Senior Masculino	38:06	+07:09	03:49
21	156	Bruno Couto	Grupo Desportivo São Paio Oleiros	Senior Masculino	38:37	+07:40	03:52
22	222	Márcio Evaristo	Individual	Senior Masculino	38:37	+07:41	03:52
23	399	João Oliveira	Vale Correr	Senior Masculino	39:00	+08:04	03:54
24	245	ROLAND SOUSA	Grupo Desportivo & Cultural de Codal	Senior Masculino	39:24	+08:28	03:56
25	119	IGOR ANDRÉ ALMEIDA RIBEIRO	COLEP	Senior Masculino	39:48	+08:52	03:59
26	420	André Guimarães	Individual	Senior Masculino	40:18	+09:22	04:02
27	417	Vítor Rito	Individual	Senior Masculino	40:18	+09:22	04:02
28	402	Roni Gomes	Vale Correr	Senior Masculino	40:29	+09:32	04:03
29	195	Bruno Vidinha	Individual	Senior Masculino	40:38	+09:41	04:04
30	216	José Fernando da Costa Cubal	Individual	Senior Masculino	40:46	+09:50	04:05
31	251	Toni Emanuel Bornes Soares	Individual	Senior Masculino	41:15	+10:18	04:07
32	242	Ricardo Marafuz	Individual	Senior Masculino	41:19	+10:22	04:08
33	37	Daniel Pinho	AZTrail	Senior Masculino	41:48	+10:52	04:11
34	250	Tomé Rodrigues	Individual	Senior Masculino	42:16	+11:20	04:14
35	200	CLÁUDIO COVAL	Individual	Senior Masculino	42:23	+11:27	04:14
36	192	André Aguiar	Individual	Senior Masculino	42:31	+11:35	04:15
37	204	David Pereira	Individual	Senior Masculino	42:37	+11:40	04:16

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

38	38	Filipe Manuel Fernandes Tavares	AZTrail	Senior Masculino	43:01	+12:05	04:18
39	207	Fábio Correia	Individual	Senior Masculino	43:19	+12:22	04:20
40	140	ANTÓNIO JOSÉ FERREIRA DA SILVA	Grupo Desportivo & Cultural de Codal	Senior Masculino	43:51	+12:55	04:23
41	230	NUNO	Grupo Desportivo & Cultural de Codal	Senior Masculino	43:51	+12:55	04:23
42	223	Marco Almeida	Individual	Senior Masculino	44:05	+13:09	04:24
43	400	Marcos Soares	Vale Correr	Senior Masculino	44:16	+13:19	04:26
44	141	CARLOS MANUEL NEVES TEIXEIRA	Grupo Desportivo & Cultural de Codal	Senior Masculino	44:22	+13:25	04:26
45	215	Jorge Gonçalves	Individual	Senior Masculino	44:33	+13:36	04:27
46	199	Carlos rocha	Individual	Senior Masculino	45:10	+14:14	04:31
47	233	Pedro Correia	Individual	Senior Masculino	45:33	+14:36	04:33
48	214	Jorge Costa	Individual	Senior Masculino	45:36	+14:40	04:34
49	219	Luís Felipe Pina Tavares	Individual	Senior Masculino	45:50	+14:53	04:35
50	398	Hugo Sousa	Vale Correr	Senior Masculino	45:55	+14:58	04:35
51	407	Bruno Gonçalves	Zequinhas Running Team	Senior Masculino	46:28	+15:32	04:39
52	213	Joel Moreira	Individual	Senior Masculino	46:34	+15:38	04:39
53	416	João Camilo	Individual	Senior Masculino	46:38	+15:42	04:40
54	220	Luís Lopes	Individual	Senior Masculino	46:59	+16:02	04:42
55	201	Daniel Almeida	Individual	Senior Masculino	47:20	+16:24	04:44
56	198	Carlos Monteiro	Individual	Senior Masculino	47:25	+16:29	04:45
57	224	Marco André Lages Soares	Individual	Senior Masculino	47:27	+16:31	04:45
58	239	Raul leite	Individual	Senior Masculino	47:59	+17:02	04:48
59	249	Tiago Pinho	Individual	Senior Masculino	48:09	+17:12	04:49
60	412	Luis Marques (s/ t-shirt)	ARLINDO SOARES DE PINHO	Senior Masculino	48:44	+17:47	04:52
61	206	Diogo Filipe Tavares Almeida	Individual	Senior Masculino	48:45	+17:48	04:52
62	124	Andrè Filipe dos Santos Rebelo	EDUART COMPONENTES CALÇADO.	Senior Masculino	48:51	+17:54	04:53
63	42	Danilo Fenu	Bravos & Bravitas	Senior Masculino	48:57	+18:01	04:54
64	241	ricardo manuel tavares oliveira	Individual	Senior Masculino	49:12	+18:16	04:55
65	235	Pedro Neto	Individual	Senior Masculino	50:03	+19:06	05:00
66	190	Afonso Montenegro	Individual	Senior Masculino	50:27	+19:31	05:03
67	390	Nuno Coelho	TO NA PISTA	Senior Masculino	50:37	+19:41	05:04
68	221	Luís Magalhães	Individual	Senior Masculino	50:45	+19:49	05:05
69	394	Jaime Azevedo	TrailNadas	Senior Masculino	51:52	+20:55	05:11
70	409	Marco Almeida	Zequinhas Running Team	Senior Masculino	52:00	+21:03	05:12
71	408	Carlos Cruz	Zequinhas Running Team	Senior Masculino	52:00	+21:04	05:12
72	232	Paulo Oliveira	Individual	Senior Masculino	52:01	+21:05	05:12
73	243	Ricardo Miguel	Individual	Senior Masculino	52:19	+21:23	05:14
74	237	Rafael Martins Soares	Individual	Senior Masculino	52:29	+21:33	05:15
75	191	Aléxis Rato Costa	Individual	Senior Masculino	52:37	+21:41	05:16
76	10	Francis Fernandes	ACR de Vale de Cambra	Senior Masculino	52:49	+21:53	05:17
77	247	Sérgio Almeida	Individual	Senior Masculino	52:52	+21:55	05:17
78	273	Flávio Fura	Individual	Senior Masculino	52:59	+22:02	05:18
79	68	Nelson Tavares	Centro Municipal de Marcha e Corrida de Vale de Cambra	Senior Masculino	53:03	+22:06	05:18
80	66	Pedro Lopes	CDCJ Ilha Verde	Senior Masculino	53:05	+22:08	05:18

Official Timekeeper: Lap2Go	3 / 10	generate 15-May-2022 12:34
-----------------------------	--------	----------------------------

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

81	196	Carlos Manuel Almeida Silva	Individual	Senior Masculino	53:07	+22:11	05:19
82	374	Sérgio Henrique Silva Marques	Os furas	Senior Masculino	53:19	+22:23	05:20
83	155	Américo lopes	Grupo Desportivo São Paio Oleiros	Senior Masculino	53:31	+22:34	05:21
84	240	Ricardo Jorge Lopes da Silva	Individual	Senior Masculino	53:41	+22:45	05:22
85	40	MÁRIO BRUNO DE ALMEIDA HENRIQUES	BELL	Senior Masculino	53:47	+22:51	05:23
86	401	Ricardo Veloso	Vale Correr	Senior Masculino	53:48	+22:51	05:23
87	228	Miguel Gaspar Ribeiro	Individual	Senior Masculino	54:01	+23:05	05:24
88	361	DANIEL FERREIRA DA SILVA	OLIVEIRA S	Senior Masculino	55:12	+24:15	05:31
89	246	Rui Ferreira	Individual	Senior Masculino	55:35	+24:38	05:33
90	391	Pedro Martins	TO NA PISTA	Senior Masculino	56:48	+25:52	05:41
91	21	Marinho Duarte	AFISOVAR	Senior Masculino	56:59	+26:03	05:42
92	218	Jota Veloso	Individual	Senior Masculino	57:00	+26:04	05:42
93	238	Rafael Vilar	Individual	Senior Masculino	57:01	+26:05	05:42
94	225	Mário Coelho	Individual	Senior Masculino	57:11	+26:15	05:43
95	248	Tiago Oliveira	Individual	Senior Masculino	57:15	+26:19	05:43
96	210	João Vilar	Individual	Senior Masculino	57:22	+26:25	05:44
97	252	Vítor Hugo Soares de Almeida	Individual	Senior Masculino	59:12	+28:16	05:55
98	229	Miguel Resende	Individual	Senior Masculino	59:35	+28:38	05:57
99	205	Diogo Filipe Correia Bastos	Individual	Senior Masculino	01:00:26	+29:30	06:03
100	226	Micael Lucas T. Pinto	Individual	Senior Masculino	01:03:45	+32:48	06:22
101	193	André Filipe Dias da Silva	Individual	Senior Masculino	01:05:51	+34:55	06:35
102	217	José Pedro Soares de Almeida Pinho	Individual	Senior Masculino	01:06:05	+35:09	06:36
103	203	David Deveza	Individual	Senior Masculino	01:10:06	+39:09	07:01

Veterana F40

1	100	MONICA M FERNANDES	Clube Atletismo de Ovar	Veterana F40	39:42		03:58
2	134	Sandra Ferreira	Feirense Trail	Veterana F40	41:09	+01:26	04:07
3	127	Ana Oliveira	EV Peraltafil	Veterana F40	47:34	+07:52	04:45
4	355	Arlete Santos	JOBRA	Veterana F40	47:54	+08:12	04:47
5	112	SÓNIA BELEZA	Clube Desportivo Feirense	Veterana F40	48:30	+08:47	04:51
6	111	GRAÇA BELEZA	Clube Desportivo Feirense	Veterana F40	49:22	+09:39	04:56
7	256	Maria Helena martins da Silva	Individual	Veterana F40	53:13	+13:31	05:19
8	69	Natércia Silva	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterana F40	55:29	+15:46	05:33
9	255	Carla Ferreira	Individual	Veterana F40	55:35	+15:53	05:33
10	254	Ana Tomé	Individual	Veterana F40	01:00:41	+20:58	06:04
11	122	Anabela Almeida	Duas lebres e uma tartaruga	Veterana F40	01:00:42	+20:59	06:04
12	253	Adélia Boucinha	Individual	Veterana F40	01:01:19	+21:37	06:08
13	131	Liliana Santiago	EVA MS	Veterana F40	01:08:55	+29:13	06:54
14	257	Teresa Gonçalves	Individual	Veterana F40	01:12:08	+32:26	07:13

Veterana F45

1	359	Regina Maria Gilvaz	Núcleo de Atletismo de Cucujães	Veterana F45	44:10		04:25
---	-----	---------------------	---------------------------------	--------------	-------	--	-------

Official Timekeeper: Lap2Go	4 / 10	generate 15-May-2022 12:34
-----------------------------	--------	----------------------------

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

2	375	Marlene Ferreira	PC Runners	Veterana F45	46:33	+02:23	04:39
3	14	Clotilde Santos	ACR de Vale de Cambra	Veterana F45	47:48	+03:37	04:47
4	73	Susana Brandão	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterana F45	50:21	+06:11	05:02
5	71	Fátima Relvas	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterana F45	50:37	+06:27	05:04
6	266	Susana Martins	Individual	Veterana F45	50:57	+06:47	05:06
7	46	CECÍLIA SOUSA	CATARI	Veterana F45	52:11	+08:01	05:13
8	72	Paula Rodrigues	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterana F45	57:24	+13:14	05:44
9	259	Carla Sousa	Individual	Veterana F45	58:57	+14:47	05:54
10	263	MARIA OLIVEIRA	Individual	Veterana F45	58:57	+14:47	05:54
11	265	Sofia Bastos	Individual	Veterana F45	59:40	+15:30	05:58
12	24	Susana Pinto	AFISOVAR	Veterana F45	01:00:51	+16:41	06:05
13	23	Ana Silva	AFISOVAR	Veterana F45	01:03:58	+19:48	06:24
14	260	Catarina Vilar	Individual	Veterana F45	01:05:18	+21:08	06:32
15	261	Gisela Santiago	Individual	Veterana F45	01:08:56	+24:45	06:54

Veterana F50

1	74	Filomena Santos	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterana F50	50:52		05:05
2	415	Mónica Montenegro	Individual	Veterana F50	57:26	+06:33	05:45
3	267	ANA CLAUDIA PISSARRA	Individual	Veterana F50	57:26	+06:33	05:45
4	269	Maria Resende	Individual	Veterana F50	59:35	+08:42	05:57

Veterana F55

1	48	ELISABETE REPAS	CATARI	Veterana F55	47:39		04:46
2	383	Maria Costa	SERVIÇOS SOCIAIS CULTURAIS DOS TRABALHADORES DO MUNICÍPIO DE OVAR	Veterana F55	50:34	+02:54	05:03
3	39	Conceição Ferreira	AZtrail / Mercentro	Veterana F55	53:04	+05:25	05:18
4	25	Elisabete Silva	AFISOVAR	Veterana F55	55:47	+08:07	05:35
5	270	Isabel Maria Várzea de Figueiredo Pinto	Individual	Veterana F55	58:25	+10:46	05:51
6	105	Clementina Andrade	Clube Campismo	Veterana F55	59:58	+12:19	06:00
7	271	Maria da Conceição Pinto Correia Bastos	Individual	Veterana F55	01:13:58	+26:18	07:24

Veterana F60

1	142	FERNANDA GOMES DE ALMEIDA	Grupo Desportivo & Cultural de Codal	Veterana F60	54:58		05:30
2	274	Graça leitw	Individual	Veterana F60	55:28	+00:30	05:33
3	275	Maria Manuela Dias Silva Melo	Individual	Veterana F60	55:48	+00:50	05:35

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Veterano M40

1	149	Vitor Oliveira	Grupo Desportivo e Cultural de Guilhovai	Veterano M40	31:09		03:07
2	129	Toze Castro	EV Peraltafil	Veterano M40	32:38	+01:29	03:16
3	117	Nuno Miguel	Clube Desportivo S. Salvador Do Campo	Veterano M40	33:14	+02:04	03:19
4	15	Bruno Freitas	ACR de Vale de Cambra	Veterano M40	33:26	+02:17	03:21
5	278	Antônio Cristóvão	Grupo Desportivo e Cultural de Guilhovai	Veterano M40	35:00	+03:51	03:30
6	380	Daniel Peixoto	RECREIO DESPORTIVO DE ÁGUEDA	Veterano M40	35:20	+04:10	03:32
7	168	Daniel Rodrigues	Grupo Juvenil Pinheiro da Bemposta	Veterano M40	36:06	+04:57	03:37
8	137	Nuno Casalinho	G.A.Caranguejeira	Veterano M40	38:07	+06:57	03:49
9	114	NUNO CARDOSO	Clube Desportivo Feirense	Veterano M40	38:51	+07:42	03:53
10	276	Alexandre Santos	Individual	Veterano M40	39:18	+08:09	03:56
11	403	Élvio Santos	Vale Correr	Veterano M40	39:56	+08:46	04:00
12	143	RICARDO JORGE OLIVEIRA TAVARES	Grupo Desportivo & Cultural de Codal	Veterano M40	39:57	+08:48	04:00
13	144	RUI PEDRO JESUS DE ALMEIDA	Grupo Desportivo & Cultural de Codal	Veterano M40	39:57	+08:48	04:00
14	360	José Teixeira	Núcleo de Atletismo de Cucujães	Veterano M40	40:07	+08:58	04:01
15	75	Bruno Fernandes	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M40	41:47	+10:38	04:11
16	292	Nuno Moreira	Individual	Veterano M40	43:39	+12:30	04:22
17	404	Paulo Soares	Vale Correr	Veterano M40	43:46	+12:36	04:23
18	132	Carlos Martins	EVA MS	Veterano M40	43:47	+12:38	04:23
19	286	Luís Miguel dos Santos Oliveira	Individual	Veterano M40	44:15	+13:06	04:26
20	280	Armando Sá	Individual	Veterano M40	44:48	+13:39	04:29
21	52	PEDRO MONTEIRO	CATARI	Veterano M40	45:37	+14:28	04:34
22	130	Vitor Santos	EV Peraltafil	Veterano M40	47:36	+16:27	04:46
23	293	Paulo Silva	Individual	Veterano M40	48:00	+16:50	04:48
24	285	Helder costa	Individual	Veterano M40	48:06	+16:57	04:49
25	76	Nuno Bastos	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M40	48:22	+17:13	04:50
26	297	RUI PEDRO GONÇALVES CORREIA	Individual	Veterano M40	48:57	+17:47	04:54
27	289	Marcelo teixeira da Mota	Individual	Veterano M40	50:43	+19:34	05:04
28	296	Ricardo Manuel Tavares de Pinho	Individual	Veterano M40	50:55	+19:46	05:06
29	128	José Almeida	EV Peraltafil	Veterano M40	51:00	+19:50	05:06
30	395	Pedro Lopes	TrailNadas	Veterano M40	51:00	+19:51	05:06
31	50	NUNO ALMEIDA	CATARI	Veterano M40	51:16	+20:06	05:08
32	411	Marco Lourenço	CATARI	Veterano M40	51:17	+20:08	05:08
33	290	Mário Neves	Individual	Veterano M40	51:23	+20:14	05:08
34	294	Paulo Tavares	Individual	Veterano M40	52:01	+20:52	05:12
35	51	PAULO OLIVEIRA	CATARI	Veterano M40	52:24	+21:15	05:14
36	300	Vitor Lemos	Individual	Veterano M40	52:24	+21:15	05:14
37	287	Luís Miguel Lopes da Silva	Individual	Veterano M40	54:14	+23:04	05:25
38	363	FERNANDO COUTINHO	OLIVEIRA S	Veterano M40	54:16	+23:07	05:26

Official Timekeeper: Lap2Go	6 / 10	generate 15-May-2022 12:34
-----------------------------	--------	----------------------------

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

19	95	Paulo Rodrigues	Cirac - Circulo de Recreio Arte e Cultura	Veterano M50	52:21	+19:00	05:14
20	330	André Manuel da Cunha Rocha	Individual	Veterano M50	52:50	+19:29	05:17
21	365	LUÍS MIGUEL OLIVEIRA	OLIVEIRA S	Veterano M50	55:11	+21:50	05:31
22	332	Carlos Rodrigues	Individual	Veterano M50	55:14	+21:53	05:31
23	341	paulo santos	Individual	Veterano M50	55:21	+22:00	05:32
24	366	Jorge Henriques	Os briosos	Veterano M50	55:47	+22:26	05:35
25	85	Fernando Jorge Leite	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M50	56:23	+23:01	05:38
26	339	Luís Almeida	Individual	Veterano M50	57:26	+24:05	05:45
27	83	António Almeida	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M50	01:02:12	+28:51	06:13
28	333	Carlos Rui Almeida Leite	Individual	Veterano M50	01:02:36	+29:15	06:16
29	16	Énio Pinho	ACR de Vale de Cambra	Veterano M50	01:11:31	+38:10	07:09

Veterano M55

1	108	Manuel Sousa	Clube Campismo	Veterano M55	35:44		03:34
2	166	Manuel valente	Grupo Desportivo São Paio Oleiros	Veterano M55	36:51	+01:06	03:41
3	17	António Pinto	ACR de Vale de Cambra	Veterano M55	37:17	+01:32	03:44
4	154	José Tavares	Grupo Desportivo e Cultural de Guilhovai	Veterano M55	37:43	+01:59	03:46
5	350	Orlando valente	Individual	Veterano M55	38:49	+03:04	03:53
6	32	José Figueiredo	AFISOVAR	Veterano M55	38:58	+03:14	03:54
7	367	Fernando Antunes	Os briosos	Veterano M55	40:45	+05:00	04:04
8	44	Luís José Silvério Rebelo	Casa de Benfica de Torres Vedras	Veterano M55	42:25	+06:40	04:14
9	18	Celso Paiva	ACR de Vale de Cambra	Veterano M55	45:26	+09:41	04:33
10	115	PAULO ALMEIDA	Clube Desportivo Feirense	Veterano M55	47:12	+11:27	04:43
11	88	Paulo Martins	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M55	47:20	+11:35	04:44
12	348	José Fernando de Sousa e Matos	Individual	Veterano M55	47:27	+11:42	04:45
13	371	Rodrigo Nunes	Os convencidos	Veterano M55	47:54	+12:09	04:47
14	370	Jorge Gonçalves	Os convencidos	Veterano M55	48:29	+12:45	04:51
15	347	José António de Pinho Fernandes	Individual	Veterano M55	48:37	+12:52	04:52
16	33	Fernando Rocha Sacramento (s/t-shirt)	Arlindo Soares de Pinho	Veterano M55	48:44	+12:59	04:52
17	86	António Gomes	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M55	48:47	+13:02	04:53
18	345	António Silva	Individual	Veterano M55	51:20	+15:35	05:08
19	368	Vítor Santos	Os briosos	Veterano M55	51:24	+15:39	05:08
20	61	VITOR OLIVEIRA	CATARI	Veterano M55	52:12	+16:27	05:13
21	153	António Santos	Grupo Desportivo e Cultural de Guilhovai	Veterano M55	52:27	+16:42	05:15
22	126	Luís Filipe Martins Soares	EDUART COMPONENTES CALÇADO.	Veterano M55	52:58	+17:13	05:18
23	349	MAURÍCIO MONTENEGRO ACOSTA	Individual	Veterano M55	54:12	+18:28	05:25
24	87	Filipe Soares	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M55	54:29	+18:44	05:27
25	125	Eduardo Tavares Rebelo	EDUART COMPONENTES CALÇADO.	Veterano M55	54:59	+19:14	05:30

Official Timekeeper: Lap2Go	9 / 10	generate 15-May-2022 12:34
-----------------------------	--------	----------------------------

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

26	346	João Manuel Garrido Sousa Mota	Individual	Veterano M55	58:25	+22:41	05:51
27	59	ILÍDIO SILVA	CATARI	Veterano M55	59:01	+23:17	05:54
28	344	António Feliciano dos Santos Bastos	Individual	Veterano M55	01:03:28	+27:43	06:21
29	30	Carlos Campos	AFISOVAR	Veterano M55	01:03:58	+28:13	06:24

Veterano M60

1	388	PEDRO TERRA	SSTSJM Serviços Sociais do Pessoal do Município de S. João da Madeira	Veterano M60	38:38		03:52
2	43	Benjamin Soares	CARCAVELOS CARAVELA SEGUROS	Veterano M60	41:24	+02:45	04:08
3	352	Jacinto Saraiva	Individual	Veterano M60	43:05	+04:26	04:18
4	146	ALBANO DE OLIVEIRA BRAGA	Grupo Desportivo & Cultural de Codal	Veterano M60	44:04	+05:25	04:24
5	351	David Fernandes	Grupo Desportivo e Cultural de Guilhovai	Veterano M60	45:38	+07:00	04:34
6	94	Nelson Silva	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M60	46:23	+07:44	04:38
7	96	Fernando Gonçalves	Cirac - Circulo de Recreio Arte e Cultura	Veterano M60	46:35	+07:57	04:40
8	90	Arlindo Rodrigues	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M60	47:27	+08:49	04:45
9	89	António Oliveira	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M60	47:28	+08:50	04:45
10	109	Dario Pereira	Clube Campismo	Veterano M60	48:27	+09:49	04:51
11	110	Edmundo Guedes	Clube Campismo	Veterano M60	49:36	+10:58	04:58
12	91	Domingos Silva	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M60	49:52	+11:14	04:59
13	93	Manuel Oliveira	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M60	50:18	+11:39	05:02
14	384	Américo Valente	SERVIÇOS SOCIAIS CULTURAIS DOS TRABALHADORES DO MUNICÍPIO DE OVAR	Veterano M60	50:35	+11:57	05:04
15	92	Joaquim Oliveira	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M60	50:52	+12:13	05:05
16	170	Virgolino Bastos	Grupo Juvenil Pinheiro da Bemposta	Veterano M60	53:57	+15:18	05:24
17	19	Manuel Pinho	ACR de Vale de Cambra	Veterano M60	53:59	+15:20	05:24
18	369	António Manuel Reis	Os briosos	Veterano M60	55:47	+17:08	05:35
19	353	VITOR MANUEL FIGUEIREDO LUIS	Individual	Veterano M60	59:35	+20:56	05:57
20	64	JOSÉ ALBANO F. MOREIRA	CATARI	Veterano M60	01:02:58	+24:20	06:18
21	63	HÉLDER OLIVEIRA	CATARI	Veterano M60	01:06:42	+28:04	06:40