

12H

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:00	19,2°C	55%
End	20:58	19,2°C	55%

RANK	BIB	NAME	TEAM	LAPS	RESULT	BEST LAP	DISTANCE	t/KM
1	19	Armando Agostinho Rodrigues Taipa	Individual	32	11:53:03	19:20 [1]	208 Km	03:26
2	12	Marco Quaresma	ACDL Team	29	11:24:33	19:18 [1]	188,5 Km	03:38
3	11	José Ribeiro	ACDL Team	27	11:36:13	19:28 [1]	175,5 Km	03:58
4	15	Paulo Campelo	Gaia BTT	27	11:39:20	22:16 [1]	175,5 Km	03:59
5	27	Ricardo Martins	Mouquim Bike Team	27	11:44:46	19:21 [1]	175,5 Km	04:01
6	20	Jorge Gonçalves	Individual	26	11:45:25	19:46 [1]	169 Km	04:10
7	14	Rui Damião	Bttapogma/ tchaco/ 2cycling/ ironbrain	25	11:47:59	19:27 [1]	162,5 Km	04:21
8	21	Paulo Marta Vieira (FLOWBIKESHOP)	Individual	23	11:56:31	23:06 [1]	149,5 Km	04:48
9	16	José Mota	Gaia BTT	22	11:41:54	22:52 [1]	143 Km	04:55
10	25	Flávio Fonseca	JUNI - Jovens Unidos Num Ideal	21	09:34:35	19:33 [1]	136,5 Km	04:13
11	17	Daniel Perucho	Individual	16	09:28:58	25:52 [1]	104 Km	05:28
12	13	Gastão Franco	ACDL Team	14	10:32:56	24:22 [1]	91 Km	06:57
13	22	Jose Manuel Batista Pinheiro	Individual	14	11:30:11	30:25 [1]	91 Km	07:35
14	18	Rui Perez - FlowBikeShop	Individual	10	06:17:47	26:57 [1]	65 Km	05:49
15	24	António Girão	Individual	8	04:11:18	25:51 [1]	52 Km	04:50
16	26	RUI Novo	LATITUDES BTT EXTREME/IRON BRAIN	6	03:42:41	24:02 [1]	39 Km	05:43

6H

[illegible][illegible]

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	15:00	28,9°C	34%
End	21:00	28.9°C	34%

RANK	BIB	NAME	TEAM	LAPS	RESULT	BEST LAP	DISTANCE	T/KM
1	209	Tiago Silva	Erdal Guimarães Ciclismo	17	05:58:08	18:01 [1]	110,5 Km	03:14
2	215	Carlos Pinheiro	Individual	16	05:50:15	19:18 [1]	104 Km	03:22
3	224	José Pacheco	Individual	16	05:51:46	20:40 [14]	104 Km	03:23
4	208	Pedro Silva	Cycling team moncãobike/lusoPrint/Bombos S.Sebastião	15	05:47:11	17:26 [1]	97,5 Km	03:34
5	220	Roberto Ferreira	Individual	15	05:54:44	21:02 [1]	97,5 Km	03:38
6	223	Filipe Carvalho	Individual	15	05:58:27	20:57 [1]	97,5 Km	03:41
7	203	Vítor Manuel Oliveira Azevedo	ACDL Team	15	05:58:44	20:54 [1]	97,5 Km	03:41
8	204	Alberto Ribeiro	AlbertoRibeiroPhotography	14	05:39:57	19:52 [1]	91 Km	03:44
9	227	João Carneiro	Mouquim Bike Team	14	05:40:48	21:02 [1]	91 Km	03:45
10	228	José Miguel Ferreira Ribeiro	SOCICORREIA	14	05:42:44	20:59 [1]	91 Km	03:46
11	205	José Caseiro	ARCA ENDURANCE BIKE TEAM	14	05:44:52	21:11 [1]	91 Km	03:47
12	213	José Pedro Nogueira Silva	Individual	14	05:52:52	21:12 [1]	91 Km	03:53
13	219	Daniel Carvalho	Individual	14	05:58:18	20:55 [1]	91 Km	03:56
14	229	Paulo Gonçalves	Zé Bicho Bike Team	14	05:58:38	21:00 [1]	91 Km	03:56
15	222	Vítor MS Lopes	Individual	13	05:40:20	21:08 [1]	84,5 Km	04:02
16	214	Pedro Dinis Gomes Ferreira	Individual	13	05:44:54	21:04 [1]	84,5 Km	04:05
17	216	Fábio Silva	Individual	12	05:31:17	21:08 [1]	78 Km	04:15
18	201	Vânia Vilaça	ACDL Team	12	05:39:13	26:43 [12]	78 Km	04:21
19	221	José Soares	SPORT CLUBE RIO TINTO	10	05:37:12	21:27 [1]	65 Km	05:11
20	206	MARCE GIRÁLDEZ.	BH TEMPLO CAFÉS UCC	10	05:40:30	25:38 [1]	65 Km	05:14
21	225	Paulo Madaleno	Individual	8	03:40:55	22:12 [1]	52 Km	04:15
22	226	Virgílio Machado	Individual	8	05:33:03	28:55 [1]	52 Km	06:24
23	207	Tiago Ferreira	BoavistaFC BTT / Iron Brain	7	02:49:23	19:48 [1]	45,5 Km	03:43
24	217	Nuno Ribeiro	Individual	7	03:16:50	21:41 [1]	45,5 Km	04:20
25	210	Daniela Campelo	Gaia BTT	7	03:28:11	27:12 [1]	45,5 Km	04:35
26	211	Sérgio Monteiro	Gaia BTT	7	03:28:12	22:45 [1]	45,5 Km	04:35
27	218	Tiago Ferreira	Individual	6	02:46:30	23:04 [1]	39 Km	04:16
28	202	Bruno Miquel da Costa Silva	ACDL Team	4	01:30:00	21:18 [1]	26 Km	03:28

Official Timekeeper: Lap2Go	1 / 1	generated 02-jul-2022 21:12
-----------------------------	-------	-----------------------------

3H

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	15:00	28,9°C	34%
End	18:17	29,6°C	42%

RANK	BIB	NAME	TEAM	LAPS	RESULT	BEST LAP	DISTANCE	T/KM
1	314	Roberto Ferreira	Individual	10	02:47:43	15:53 [5]	65 Km	02:35
2	346	José Oliveira	Monçãobike/ LusoPrint/ Bombos S. Sebastião	10	02:57:03	16:37 [1]	65 Km	02:43
3	316	Fábio André Cabral Ribeiro	Individual	9	02:45:32	16:21 [1]	58,5 Km	02:50
4	329	Bruno santos	Individual	9	02:52:02	16:23 [1]	58,5 Km	02:56
5	312	João Jesus	Individual	9	02:52:15	16:33 [1]	58,5 Km	02:57
6	347	Miguel Sousa	Mouquim Bike Team	8	02:40:16	16:45 [1]	52 Km	03:05
7	315	Carlos Gomes	Individual	8	02:42:15	17:19 [1]	52 Km	03:07
8	328	Pedro Miguel Gonçalves Costa	Individual	8	02:42:43	18:55 [1]	52 Km	03:08
9	336	Miguel Pinto	Individual	8	02:44:34	16:48 [1]	52 Km	03:10
10	308	Tiago De Sousa Ferreira	Individual	8	02:46:21	19:01 [2]	52 Km	03:12
11	311	João Barros	Individual	8	02:47:13	18:23 [2]	52 Km	03:13
12	330	José Manuel Severino Gomes	Individual	8	02:48:03	19:10 [1]	52 Km	03:14
13	313	João Santos	Individual	8	02:49:07	18:25 [1]	52 Km	03:15
14	304	Fernando Martins	BoavistaFC BTT / Iron Brain	8	02:49:09	18:29 [1]	52 Km	03:15
15	335	António Dias	Individual	8	02:50:48	19:02 [1]	52 Km	03:17
16	325	Hugo Xavier	Individual	8	02:55:43	18:44 [1]	52 Km	03:23
17	348	Miguel Silva	Rádio Popular Paredes Boavista	7	02:38:12	18:48 [1]	45,5 Km	03:29
18	340	José Bragança	Individual	7	02:38:51	20:58 [1]	45,5 Km	03:29
19	349	Ruben Cardoso	SECAI/Gaia bike/geoinerte	7	02:46:42	17:24 [1]	45,5 Km	03:40
20	333	Vitor Teixeira	Individual	7	02:49:02	19:39 [1]	45,5 Km	03:43
21	334	Agostinho Soares	Individual	7	02:49:55	21:06 [1]	45,5 Km	03:44
22	301	Pedro Pinto	ARCA ENDURANCE BIKE TEAM	7	02:53:57	20:45 [1]	45,5 Km	03:49
23	343	Joaquim Manuel Araújo Barbosa	Individual	7	02:57:34	22:41 [1]	45,5 Km	03:54
24	306	Paulo Manuel vasconcelos Garces	Estrelas da serra	7	02:58:20	21:27 [1]	45,5 Km	03:55
25	302	Emanuel Alves da Silva	Biketech Team	7	02:58:44	22:09 [1]	45,5 Km	03:56
26	320	Vítor Castro	Individual	6	02:30:31	21:12 [1]	39 Km	03:52
27	444	Emilio Silva	Individual	6	02:37:21	22:44 [1]	39 Km	04:02
28	319	José Pereira	Individual	6	02:37:25	22:23 [1]	39 Km	04:02
29	331	Nuno Nunes	Individual	6	02:38:46	20:50 [1]	39 Km	04:04
30	322	Celso Gomes	Individual	6	02:39:26	22:34 [1]	39 Km	04:05
31	307	Eduardo Oliveira	Gaia BTT	6	02:42:40	22:01 [1]	39 Km	04:10
32	317	Hélder Miguel Rangel Valente	Individual	6	02:43:23	22:29 [1]	39 Km	04:11
33	344	Paulo Silva	Individual	6	02:47:24	23:27 [1]	39 Km	04:18
34	332	Ruben Almeida	Individual	5	02:15:16	22:47 [1]	32,5 Km	04:10
35	310	Eduardo Jorge Sousa Santos	Individual	5	02:18:59	24:09 [1]	32,5 Km	04:17
36	350	Mário carvalho	VILARINHO DE CIMA	5	02:32:20	23:00 [1]	32,5 Km	04:41
37	339	Jorge Rodrigues	Individual	5	02:51:18	31:14 [1]	32,5 Km	05:16
38	321	Andre Costa	Individual	5	03:15:50	27:26 [1]	32,5 Km	06:02
39	309	Cátia Leal	Individual	4	02:15:54	28:35 [1]	26 Km	05:14
40	338	Flora Freitas Carvalho	Individual	4	02:21:37	31:12 [1]	26 Km	05:27

Official Timekeeper: Lap2Go	1 / 2	generated 02-jul-2022 20:28
-----------------------------	-------	-----------------------------

3H

[illegible]

OFFICIAL RESULT

[illegible]

41	303	Marcelo Filipe Costa	BoavistaFC BTT / Iron Brain	3	01:10:53	19:43 [1]	19,5 Km	03:38
42	326	Nuno Marques	Individual	3	01:25:17	26:07 [1]	19,5 Km	04:22
43	305	José Carlos Mendes Queirós	BoavistaFC BTT / Iron Brain	2	47:15	20:44 [1]	13 Km	03:38
44	337	Vasco Santos	Individual	2	01:07:31	29:38 [1]	13 Km	05:12
45	324	Filipe LEITE	Individual	1	01:18:45	01:18:11 [1]	6,5 Km	12:07

12H 4TEAM

LAP 6,5 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:02	19.2°C	55%

RANK	BIB	NAME	LAPS	RESULT	BEST LAP	DISTANCE
1		Zé Bicho Bike Team 1	30	11:58:02		195 Km
	101	Diogo Baptista	7		24:56	45,5 Km
	104	Tiago Oliveira	10		20:39	65 Km
	103	Gil Leitão	6		24:26	39 Km
	102	Eduardo Pereira	7		26:31	45,5 Km

12H

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:00	19,2°C	55%
End	20:58	0°C	0%

RANK	BIB	NAME	TEAM	LAPS	RESULT	BEST LAP	DISTANCE	1/KM
------	-----	------	------	------	--------	----------	----------	------

30-34 Masculino

1	11	José Ribeiro	ACDL Team	27	11:36:13	19:28 [1]	175,5 Km	03:58
---	----	--------------	-----------	----	----------	-----------	----------	-------

35-39 Masculino

1	12	Marco Quaresma	ACDL Team	29	11:24:33	19:18 [1]	188,5 Km	03:38
2	25	Flávio Fonseca	JUNI - Jovens Unidos Num Ideal	21	09:34:35	19:33 [1]	136,5 Km	04:13

40-44 Masculino

1	27	Ricardo Martins	Mouquim Bike Team	27	11:44:46	19:21 [1]	175,5 Km	04:01
2	14	Rui Damião	Bttapogma/ tchaco/ 2cycling/ ironbrain	25	11:47:59	19:27 [1]	162,5 Km	04:21
3	17	Daniel Perucho	Individual	16	09:28:58	25:52 [1]	104 Km	05:28
4	18	Rui Perez - FlowBikeShop	Individual	10	06:17:47	26:57 [1]	65 Km	05:49

45-49 Masculino

1	19	Armando Agostinho Rodrigues Taipa	Individual	32	11:53:03	19:20 [1]	208 Km	03:26
2	15	Paulo Campelo	Gaia BTT	27	11:39:20	22:16 [1]	175,5 Km	03:59
3	20	Jorge Gonçalves	Individual	26	11:45:25	19:46 [1]	169 Km	04:10
4	21	Paulo Marta Vieira (FLOWBIKESHOP)	Individual	23	11:56:31	23:06 [1]	149,5 Km	04:48
5	26	RUI Novo	LATITUDES BTT EXTREME/IRON BRAIN	6	03:42:41	24:02 [1]	39 Km	05:43

50-54 Masculino

1	16	José Mota	Gaia BTT	22	11:41:54	22:52 [1]	143 Km	04:55
2	22	Jose Manuel Batista Pinheiro	Individual	14	11:30:11	30:25 [1]	91 Km	07:35

55-59 Masculino

1	13	Gastão Franco	ACDL Team	14	10:32:56	24:22 [1]	91 Km	06:57
---	----	---------------	-----------	----	----------	-----------	-------	-------

60-64 Masculino

1	24	António Girão	Individual	8	04:11:18	25:51 [1]	52 Km	04:50
---	----	---------------	------------	---	----------	-----------	-------	-------

6H

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	15:00	28,9°C	34%
End	21:00	25,2°C	68%

RANK	BIB	NAME	TEAM	LAPS	RESULT	BEST LAP	DISTANCE	1/KM
------	-----	------	------	------	--------	----------	----------	------

18-22 Feminino

1	210	Daniela Campelo	Gaia BTT	7	03:28:11	27:12 [1]	45,5 Km	04:35
---	-----	-----------------	----------	---	----------	-----------	---------	-------

18-22 Masculino

1	211	Sérgio Monteiro	Gaia BTT	7	03:28:12	22:45 [1]	45,5 Km	04:35
---	-----	-----------------	----------	---	----------	-----------	---------	-------

23-29 Masculino

1	208	Pedro Silva	Cycling team monçãobike/lusoPrint/Bombos S.Sebastião	15	05:47:11	17:26 [1]	97,5 Km	03:34
2	227	João Carneiro	Mouquim Bike Team	14	05:40:48	21:02 [1]	91 Km	03:45
3	213	José Pedro Nogueira Silva	Individual	14	05:52:52	21:12 [1]	91 Km	03:53
4	214	Pedro Dinis Gomes Ferreira	Individual	13	05:44:54	21:04 [1]	84,5 Km	04:05

30-34 Feminino

1	201	Vânia Vilça	ACDL Team	12	05:39:13	26:43 [12]	78 Km	04:21
---	-----	-------------	-----------	----	----------	------------	-------	-------

30-34 Masculino

1	215	Carlos Pinheiro	Individual	16	05:50:15	19:18 [1]	104 Km	03:22
2	216	Fábio Silva	Individual	12	05:31:17	21:08 [1]	78 Km	04:15
3	217	Nuno Ribeiro	Individual	7	03:16:50	21:41 [1]	45,5 Km	04:20
4	218	Tiago Ferreira	Individual	6	02:46:30	23:04 [1]	39 Km	04:16

35-39 Masculino

1	220	Roberto Ferreira	Individual	15	05:54:44	21:02 [1]	97,5 Km	03:38
2	204	Alberto Ribeiro	AlbertoRibeiroPhotography	14	05:39:57	19:52 [1]	91 Km	03:44
3	219	Daniel Carvalho	Individual	14	05:58:18	20:55 [1]	91 Km	03:56

40-44 Masculino

1	209	Tiago Silva	Erdal Guimarães Ciclismo	17	05:58:08	18:01 [1]	110,5 Km	03:14
2	203	Vítor Manuel Oliveira Azevedo	ACDL Team	15	05:58:44	20:54 [1]	97,5 Km	03:41
3	222	Vitor MS Lopes	Individual	13	05:40:20	21:08 [1]	84,5 Km	04:02
4	221	José Soares	SPORT CLUBE RIO TINTO	10	05:37:12	21:27 [1]	65 Km	05:11
5	207	Tiago Ferreira	BoavistaFC BTT / Iron Brain	7	02:49:23	19:48 [1]	45,5 Km	03:43
6	202	Bruno Miguel da Costa Silva	ACDL Team	4	01:30:00	21:18 [1]	26 Km	03:28

45-49 Masculino

1	223	Filipe Carvalho	Individual	15	05:58:27	20:57 [1]	97,5 Km	03:41
2	228	José Miguel Ferreira Ribeiro	SOCICORREIA	14	05:42:44	20:59 [1]	91 Km	03:46
3	205	José Caseiro	ARCA ENDURANCE BIKE TEAM	14	05:44:52	21:11 [1]	91 Km	03:47

Official Timekeeper: Lap2Go	1 / 2	generated 02-jul-2022 21:13
-----------------------------	-------	-----------------------------

6H

[illegible]

OFFICIAL RESULT

[illegible]

4	229	Paulo Gonçalves	Zé Bicho Bike Team	14	05:58:38	21:00 [1]	91 Km	03:56
---	-----	-----------------	--------------------	----	----------	-----------	-------	-------

50-54 Masculino

1	224	José Pacheco	Individual	16	05:51:46	20:40 [14]	104 Km	03:23
2	225	Paulo Madaleno	Individual	8	03:40:55	22:12 [1]	52 Km	04:15

55-59 Masculino

1	206	MARCE GIRÁLDEZ.	BH TEMPLO CAFÉS UCC	10	05:40:30	25:38 [1]	65 Km	05:14
2	226	Virgílio Machado	Individual	8	05:33:03	28:55 [1]	52 Km	06:24

3H

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	15:00	28,9°C	34%
End	18:17	29,1°C	42%

RANK	BIB	NAME	TEAM	LAPS	RESULT	BEST LAP	DISTANCE	1/KM
------	-----	------	------	------	--------	----------	----------	------

18-22 Masculino

1	308	Tiago De Sousa Ferreira	Individual	8	02:46:21	19:01 [2]	52 Km	03:12
---	-----	-------------------------	------------	---	----------	-----------	-------	-------

23-29 Feminino

1	309	Cátia Leal	Individual	4	02:15:54	28:35 [1]	26 Km	05:14
---	-----	------------	------------	---	----------	-----------	-------	-------

23-29 Masculino

1	314	Roberto Ferreira	Individual	10	02:47:43	15:53 [5]	65 Km	02:35
2	312	João Jesus	Individual	9	02:52:15	16:33 [1]	58,5 Km	02:57
3	311	João Barros	Individual	8	02:47:13	18:23 [2]	52 Km	03:13
4	313	João Santos	Individual	8	02:49:07	18:25 [1]	52 Km	03:15
5	307	Eduardo Oliveira	Gaia BTT	6	02:42:40	22:01 [1]	39 Km	04:10
6	310	Eduardo Jorge Sousa Santos	Individual	5	02:18:59	24:09 [1]	32,5 Km	04:17

30-34 Masculino

1	346	José Oliveira	Monçãobike/ LusoPrint/ Bombos S. Sebastião	10	02:57:03	16:37 [1]	65 Km	02:43
2	316	Fábio André Cabral Ribeiro	Individual	9	02:45:32	16:21 [1]	58,5 Km	02:50
3	315	Carlos Gomes	Individual	8	02:42:15	17:19 [1]	52 Km	03:07
4	320	Vítor Castro	Individual	6	02:30:31	21:12 [1]	39 Km	03:52
5	319	José Pereira	Individual	6	02:37:25	22:23 [1]	39 Km	04:02
6	317	Hélder Miguel Rangel Valente	Individual	6	02:43:23	22:29 [1]	39 Km	04:11
7	303	Marcelo Filipe Costa	BoavistaFC BTT / Iron Brain	3	01:10:53	19:43 [1]	19,5 Km	03:38

35-39 Masculino

1	347	Miguel Sousa	Mouquim Bike Team	8	02:40:16	16:45 [1]	52 Km	03:05
2	328	Pedro Miguel Gonçalves Costa	Individual	8	02:42:43	18:55 [1]	52 Km	03:08
3	325	Hugo Xavier	Individual	8	02:55:43	18:44 [1]	52 Km	03:23
4	348	Miguel Silva	Rádio Popular Paredes Boavista	7	02:38:12	18:48 [1]	45,5 Km	03:29
5	349	Ruben Cardoso	SECAI/Gaia bike/geoinerte	7	02:46:42	17:24 [1]	45,5 Km	03:40
6	301	Pedro Pinto	ARCA ENDURANCE BIKE TEAM	7	02:53:57	20:45 [1]	45,5 Km	03:49
7	306	Paulo Manuel vasconcelos Garces	Estrelas da serra	7	02:58:20	21:27 [1]	45,5 Km	03:55
8	302	Emanuel Alves da Silva	Biketech Team	7	02:58:44	22:09 [1]	45,5 Km	03:56
9	322	Celso Gomes	Individual	6	02:39:26	22:34 [1]	39 Km	04:05
10	321	Andre Costa	Individual	5	03:15:50	27:26 [1]	32,5 Km	06:02
11	326	Nuno Marques	Individual	3	01:25:17	26:07 [1]	19,5 Km	04:22
12	324	Filipe LEITE	Individual	1	01:18:45	01:18:11 [1]	6,5 Km	12:07

40-44 Masculino

1	329	Bruno santos	Individual	9	02:52:02	16:23 [1]	58,5 Km	02:56
---	-----	--------------	------------	---	----------	-----------	---------	-------

Official Timekeeper: Lap2Go	1 / 2	generated 02-jul-2022 20:28
-----------------------------	-------	-----------------------------

3H

[illegible]

OFFICIAL RESULT

[illegible]

2	330	José Manuel Severino Gomes	Individual	8	02:48:03	19:10 [1]	52 Km	03:14
3	304	Fernando Martins	BoavistaFC BTT / Iron Brain	8	02:49:09	18:29 [1]	52 Km	03:15
4	333	Vitor Teixeira	Individual	7	02:49:02	19:39 [1]	45,5 Km	03:43
5	444	Emilio Silva	Individual	6	02:37:21	22:44 [1]	39 Km	04:02
6	331	Nuno Nunes	Individual	6	02:38:46	20:50 [1]	39 Km	04:04
7	332	Ruben Almeida	Individual	5	02:15:16	22:47 [1]	32,5 Km	04:10
8	305	José Carlos Mendes Queirós	BoavistaFC BTT / Iron Brain	2	47:15	20:44 [1]	13 Km	03:38

45-49 Masculino

1	336	Miguel Pinto	Individual	8	02:44:34	16:48 [1]	52 Km	03:10
2	335	António Dias	Individual	8	02:50:48	19:02 [1]	52 Km	03:17
3	334	Agostinho Soares	Individual	7	02:49:55	21:06 [1]	45,5 Km	03:44
4	337	Vasco Santos	Individual	2	01:07:31	29:38 [1]	13 Km	05:12

50-54 Feminino

1	338	Flora Freitas Carvalho	Individual	4	02:21:37	31:12 [1]	26 Km	05:27
---	-----	------------------------	------------	---	----------	-----------	-------	-------

50-54 Masculino

1	340	José Bragança	Individual	7	02:38:51	20:58 [1]	45,5 Km	03:29
2	339	Jorge Rodrigues	Individual	5	02:51:18	31:14 [1]	32,5 Km	05:16

55-59 Masculino

1	343	Joaquim Manuel Araújo Barbosa	Individual	7	02:57:34	22:41 [1]	45,5 Km	03:54
2	350	Mário carvalho	VILARINHO DE CIMA	5	02:32:20	23:00 [1]	32,5 Km	04:41

60-64 Masculino

1	344	Paulo Silva	Individual	6	02:47:24	23:27 [1]	39 Km	04:18
---	-----	-------------	------------	---	----------	-----------	-------	-------