

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	19:00	29.3°C	40%
End	20:16	22.9°C	67%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	171	Bernardo Rocha	S.C.SALGUEIROS	30:23		03:02	
2	420	Andralino Furtado	VITÓRIA FUTEBOL CLUBE	30:55	+00:32	03:06	
3	195	Nuno Lopes	Individual	31:16	+00:53	03:08	
4	338	joao ferreira	MF GRUPO	32:20	+01:57	03:14	
5	187	Jose sousa	Individual	32:34	+02:11	03:15	
6	244	NELSON OLIVEIRA	Individual	32:56	+02:33	03:18	
7	188	Luis Contente	Individual	33:01	+02:38	03:18	
8	341	ricardo madeira	MF GRUPO	33:17	+02:54	03:20	
9	70	Pedro Venâncio	Atletismo Clube Praia de Mira	33:38	+03:15	03:22	
10	127	Varter Costa	G.A.Caranguejeira	34:10	+03:47	03:25	
11	128	Ricardo Carreira	G.A.Caranguejeira	34:29	+04:06	03:27	
12	313	Ayoub Rahaoui	Juventude Desportiva Almansor	34:39	+04:16	03:28	
13	15	BRUNO GASPAS	AC VERMOIL	34:55	+04:32	03:29	
14	82	Ricardo Jordão	Clube de Praças da Armada	35:07	+04:44	03:31	
15	75	Rui Rodrigues	Centro de Atletismo de Tondela	35:09	+04:46	03:31	
16	123	André Reis	G.A.Caranguejeira	35:17	+04:54	03:32	
17	399	Pedro Lopes	UNIÃO FCI DE TOMAR	35:23	+05:00	03:32	
18	367	Rafaela Fonseca	S.C.SALGUEIROS	35:42	+05:19	03:34	
19	130	Vitor Dinis	G.A.Caranguejeira	35:49	+05:26	03:35	
20	336	adriano correia	MF GRUPO	35:57	+05:34	03:36	
21	55	Paulo Pereira	Associação Académica de Coimbra	36:04	+05:41	03:36	
22	149	Joel Couto	Grupo Alegre Unido Bajouca	36:23	+06:00	03:38	
23	57	Rodrigo Costa	Associação Escola de Atletismo Correr + do Cartaxo	36:34	+06:11	03:39	
24	273	Sérgio Paiva	Individual	36:35	+06:12	03:39	
25	120	Ernesto Pereira	Fátima Trail Team	36:41	+06:18	03:40	
26	81	Emilia Kumós Piseiro	Clube de Atletismo Prof. Emilia Piseiro	36:45	+06:22	03:41	
27	37	Mário Silva	Acre Desterro Napo	36:58	+06:35	03:42	
28	9	JOÃO GONÇALVES	AC VERMOIL	36:58	+06:35	03:42	
29	39	Tiago Marques	ACRSD	37:32	+07:09	03:45	
30	146	Diogo Viana	Grupo Alegre Unido Bajouca	37:33	+07:10	03:45	
31	411	Cláudio Nóbrega	Vilaventura Trail	37:36	+07:13	03:46	
32	155	Antonio Velha	GRUPO DESPORTIVO ASSEMPARK-AVEIRO	37:54	+07:31	03:47	
33	77	EDUARDO CARDEIRA	CLUBE ATLETISMO DE MARINHA GRANDE	37:58	+07:35	03:48	
34	303	ANTONIO FERREIRA	INDUSTRIAL DESPORTIVO VIEIRENSE	38:03	+07:40	03:48	
35	19	RICARDO GONÇALVES	AC VERMOIL	38:06	+07:43	03:49	
36	129	Nuno Casalinho	G.A.Caranguejeira	38:07	+07:44	03:49	
37	91	Raquel Cristina Frade Cabaço	Clube Raquel Cabaço	38:15	+07:52	03:50	
38	92	João Manuel dos Santos André	Clube Raquel Cabaço	38:16	+07:53	03:50	
39	339	diogo madeira	MF GRUPO	38:18	+07:55	03:50	
40	63	Miguel Ribeiro	Associação Escola de Atletismo Correr + do Cartaxo	38:23	+08:00	03:50	
41	23	LICÍNIO CARREIRA	AC VERMOIL	38:35	+08:12	03:52	
42	118	Márcio Pereira	Escola Atletismo Coimbra/jPaiva	38:37	+08:14	03:52	

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	320	Paulo Pontes	LMA	38:42	+08:19	03:52	
44	43	Ricardo Nunes	AMSGC Silveirinha Grande Claras	38:46	+08:23	03:53	
45	117	João Paulo Almeida	DCI - Trilhos Luso Bussaco	39:19	+08:56	03:56	
46	204	Samuel Limpinho	Individual	39:27	+09:04	03:57	
47	154	Fernando Matos	Grupo de Convívio e Amizade nas Donas	39:31	+09:08	03:57	
48	271	Luiz Mota	Casa do Benfica de Abrantes	39:32	+09:09	03:57	
49	417	Luís Cruz	Vilaventura Trail	39:37	+09:14	03:58	
50	138	Domingos Martins	GRECAS - Vagos	39:39	+09:16	03:58	
51	41	Carlos Manuel Dias Simões	Ama(dores) Trail Team/ ACRU	39:45	+09:22	03:58	
52	175	Duarte Mendes	Individual	39:50	+09:27	03:59	
53	381	Daniel Antunes	SicóTrilhos	39:58	+09:35	04:00	
54	337	fabio cebola	MF GRUPO	40:01	+09:38	04:00	
55	79	JOSÉ RAIMUNDO	CLUBE ATLETISMO DE MARINHA GRANDE	40:09	+09:46	04:01	
56	292	ALEXIS ROCHA	INDUSTRIAL DESPORTIVO VIEIRENSE	40:17	+09:54	04:02	
57	135	Tiago Alves	GACV	40:24	+10:01	04:02	
58	205	Tiago Lé	Individual	40:25	+10:02	04:03	
59	21	JOAQUIM QUITÉRIO	AC VERMOIL	40:26	+10:03	04:03	
60	219	Eurico Gabriel	Individual	40:30	+10:07	04:03	
61	318	Pedro Miguel Serra Santos	Lama Solta	40:30	+10:07	04:03	
62	181	João Carlos das neves alves Alves	Individual	40:35	+10:12	04:03	
63	17	JOSÉ MENDES	AC VERMOIL	40:43	+10:20	04:04	
64	305	GABRIEL RODRIGUES	INDUSTRIAL DESPORTIVO VIEIRENSE	40:46	+10:23	04:05	
65	125	Nuno Ferreira	G.A.Caranguejeira	40:47	+10:24	04:05	
66	126	Tiago Silva	G.A.Caranguejeira	40:47	+10:24	04:05	
67	96	Ruben Gomes	CPR A-DO-BARBAS	40:50	+10:27	04:05	
68	62	Tiago Henoch	Associação Escola de Atletismo Correr + do Cartaxo	40:56	+10:33	04:06	
69	140	João Canas	GRF Benedita - Atletismo	41:08	+10:45	04:07	
70	142	Daniela Cordeiro	Grupo Alegre Unido Bajouca	41:14	+10:51	04:07	
71	40	Gonçalo Fernandes	AirLux-Nda	41:22	+10:59	04:08	
72	131	Luis Guarda	G.A.Caranguejeira	41:32	+11:09	04:09	
73	327	Domingos Pina Fortunato	Maxigym	41:35	+11:12	04:10	
74	65	Fernando Pelarigo	Associação Escola de Atletismo Correr + do Cartaxo	41:42	+11:19	04:10	
75	178	Emanuel dias	Individual	41:42	+11:19	04:10	
76	145	Daniel Cabecinhas	Grupo Alegre Unido Bajouca	41:42	+11:19	04:10	
77	22	JOSÉ SANTOS	AC VERMOIL	41:47	+11:24	04:11	
78	93	Hugo Horta	CLUBE VETERANOS DO LIS	41:49	+11:26	04:11	
79	304	CARLOS SIMOES	INDUSTRIAL DESPORTIVO VIEIRENSE	41:50	+11:27	04:11	
80	277	Luís Oliveira	Escola Atletismo Coimbra/jPaiva	41:51	+11:28	04:11	
81	28	AQUILINO FERREIRA	AC VERMOIL	42:04	+11:41	04:12	
82	370	Rui Gaio	SCPOMBAL/TRAILTEAM	42:17	+11:54	04:14	
83	376	Paulo Araújo	SCPOMBAL/TRAILTEAM	42:18	+11:55	04:14	
84	196	Pedro Marques Lourenço	Individual	42:19	+11:56	04:14	
85	166	Sara Pedrosa	Individual	42:21	+11:58	04:14	
86	302	LEONEL SOUSA	INDUSTRIAL DESPORTIVO VIEIRENSE	42:29	+12:06	04:15	
87	228	Pedro Miguel Lopes Pereira	Individual	42:35	+12:12	04:15	
88	160	Mafalda Martinho	Individual	42:38	+12:15	04:16	

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	151	Jorge Silva	Grupo Alegre Unido Bajouca	42:41	+12:18	04:16	
90	297	AMILCAR BRITO	INDUSTRIAL DESPORTIVO VIEIRENSE	42:41	+12:18	04:16	
91	10	DEONILDE COSTA	AC VERMOIL	42:41	+12:18	04:16	
92	16	HELDER MIRANDA	AC VERMOIL	42:42	+12:19	04:16	
93	101	Paulo Monteiro	CPR A-DO-BARBAS	42:59	+12:36	04:18	
94	78	LUIS MAIA	CLUBE ATLETISMO DE MARINHA GRANDE	43:04	+12:41	04:18	
95	60	Gonçalo Rodrigues Dias	Associação Escola de Atletismo Correr + do Cartaxo	43:07	+12:44	04:19	
96	152	Martinho Pedrosa	Grupo Alegre Unido Bajouca	43:07	+12:44	04:19	
97	414	Pedro Sousa	Vilaventura Trail	43:09	+12:46	04:19	
98	403	Bruno Antunes	Vilaventura Trail	43:20	+12:57	04:20	
99	64	Victor Hugo Simões	Associação Escola de Atletismo Correr + do Cartaxo	43:22	+12:59	04:20	
100	76	Vitor Nelson Esteves Torres da Silva	Cerveira Team Running	43:25	+13:02	04:21	
101	66	Avelino Machado Alves	Associação Escola de Atletismo Correr + do Cartaxo	43:34	+13:11	04:21	
102	133	Bernardo Alves	GACV	43:38	+13:15	04:22	
103	291	ADRIANA COELHO	INDUSTRIAL DESPORTIVO VIEIRENSE	43:43	+13:20	04:22	
104	265	Antonio penim	Individual	43:43	+13:20	04:22	
105	328	Miguel Ferreira Silva	Maxigym	43:46	+13:23	04:23	
106	284	João Mendes	Individual	43:49	+13:26	04:23	
107	61	Tiago Amaro Nogueira	Associação Escola de Atletismo Correr + do Cartaxo	43:52	+13:29	04:23	
108	416	Joselito Pereira	Vilaventura Trail	43:53	+13:30	04:23	
109	5	Rui João	A. R. Meirinhas	43:59	+13:36	04:24	
110	56	Pedro Gerarado	Associação Académica de Coimbra	44:00	+13:37	04:24	
111	36	MÁRCIO RODRIGUES	ACDRS QUINHENDROS	44:16	+13:53	04:26	
112	172	David Alves	Individual	44:22	+13:59	04:26	
113	102	Pedro Rodrigues	CPR A-DO-BARBAS	44:22	+13:59	04:26	
114	167	Abel Carbajal Machuca	Individual	44:33	+14:10	04:27	
115	185	João Saraiva	Individual	44:34	+14:11	04:27	
116	199	Ricardo Carvalho	Individual	44:40	+14:17	04:28	
117	366	Alexandra Portela	Run Tejo - Prevent Sprain	44:52	+14:29	04:29	
118	251	Gil Carvalho	Individual	45:07	+14:44	04:31	
119	100	Jucelino Monteiro	CPR A-DO-BARBAS	45:10	+14:47	04:31	
120	216	Agostinho Machado Pereira	Individual	45:16	+14:53	04:32	
121	247	Paulo Oliveira	Individual	45:24	+15:01	04:32	
122	49	Filipe Carneiro	AMSGC Silveirinha Grande Claras	45:26	+15:03	04:33	
123	335	Vitor Ribeiro	Maxigym	45:29	+15:06	04:33	
124	6	Nelson Norte	A. R. Meirinhas	45:32	+15:09	04:33	
125	58	Carla Ribeiro	Associação Escola de Atletismo Correr + do Cartaxo	45:39	+15:16	04:34	
126	382	Tiago Claro	SicóTrilhos	45:40	+15:17	04:34	
127	266	Germano Capela	Individual	45:41	+15:18	04:34	
128	325	Dulcinea Silva	Maxigym	45:43	+15:20	04:34	
129	147	Fernando Domingues	Grupo Alegre Unido Bajouca	45:47	+15:24	04:35	
130	307	ACACIO CAMPOS	INDUSTRIAL DESPORTIVO VIEIRENSE	45:49	+15:26	04:35	
131	143	André Crespo	Grupo Alegre Unido Bajouca	45:54	+15:31	04:35	
132	428	José Carlos Ramalho	Individual	46:05	+15:42	04:37	
133	421	Nuno Rosa	Z LOOK	46:09	+15:46	04:37	
134	342	Carlos Rodrigues	MF GRUPO	46:09	+15:46	04:37	

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
135	352	Francisco Victorino	Núcleo de Árbitros de Pombal e Terras de Sico	46:11	+15:48	04:37	
136	106	Álvaro Coelho	CPT SOBRAL CEIRA	46:14	+15:51	04:37	
137	98	Nuno Ferreira	CPR A-DO-BARBAS	46:15	+15:52	04:37	
138	159	Cátia Ferreira	Individual	46:19	+15:56	04:38	
139	83	Sofia Marques Vieira	Clube Desportivo de Espite	46:23	+16:00	04:38	
140	333	José Patrício de Jesus Almeida	Maxigym	46:30	+16:07	04:39	
141	368	Ruben Dias	SCPOMBAL/TRAILTEAM	46:34	+16:11	04:39	
142	350	Carlos Gaspar	Nexebr Trail Team	46:47	+16:24	04:41	
143	329	Pedro Nuno Arroiteia Pereira	Maxigym	46:49	+16:26	04:41	
144	332	Dinis da Conceição Santos	Maxigym	46:50	+16:27	04:41	
145	255	HENRIQUE MANUEL SANTOS RODRIGUES	Individual	46:55	+16:32	04:41	
146	279	Pascal HUON	Individual	46:57	+16:34	04:42	
147	153	Sérgio Marcelino	Grupo Alegre Unido Bajouca	47:01	+16:38	04:42	
148	14	VITOR RODRIGUES	AC VERMOIL	47:01	+16:38	04:42	
149	340	manuel fonseca	MF GRUPO	47:05	+16:42	04:43	
150	227	Pedro Miguel Domingues Pereira	Individual	47:08	+16:45	04:43	
151	108	Ruben Filipe Dias Vieira	cscrcharneca	47:08	+16:45	04:43	
152	429	Pedro Temporão	Individual	47:18	+16:55	04:44	
153	397	João Vieira	Twopikas	47:19	+16:56	04:44	
154	50	Amilcar Costa	AMSGC Silveirinha Grande Claras	47:20	+16:57	04:44	
155	99	Filipe Frade	CPR A-DO-BARBAS	47:27	+17:04	04:45	
156	148	Hugo Barqueiro	Grupo Alegre Unido Bajouca	47:35	+17:12	04:46	
157	176	Duarte Oliveira Grazina	Individual	47:39	+17:16	04:46	
158	47	Joel Santos	AMSGC Silveirinha Grande Claras	47:50	+17:27	04:47	
159	375	Mário Salgado	SCPOMBAL/TRAILTEAM	47:53	+17:30	04:47	
160	410	Mafalda Sousa	Vilaventura Trail	47:54	+17:31	04:47	
161	239	José Manuel Seromenho Duarte	Individual	47:56	+17:33	04:48	
162	398	Miguel Bernardo	Twopikas	48:00	+17:37	04:48	
163	67	Fernando Garção	Associação Escola de Atletismo Correr + do Cartaxo	48:10	+17:47	04:49	
164	150	Virgilio Alberto	Grupo Alegre Unido Bajouca	48:15	+17:52	04:49	
165	137	José Monteiro	GDC Banco de Portugal	48:15	+17:52	04:50	
166	396	Pedro Acheqa	Twopikas	48:17	+17:54	04:50	
167	299	PEDRO PEREIRA	INDUSTRIAL DESPORTIVO VIEIRENSE	48:28	+18:05	04:51	
168	111	Álvaro José Vieira Lopes	cscrcharneca	48:32	+18:09	04:51	
169	88	Mario Duarte	Clube Desportivo Moitense	48:33	+18:10	04:51	
170	250	Fernando José Das Neves	Individual	48:34	+18:11	04:51	
171	85	Alberto Vinagre	Clube Desportivo Moitense	48:37	+18:14	04:52	
172	256	João Filipe Venâncio Leitão	Individual	48:38	+18:15	04:52	
173	286	Jorge Agostinho	CA Barreira	48:39	+18:16	04:52	
174	90	Miguel Ginet	Clube Desportivo Ribeirense	48:39	+18:16	04:52	
175	412	Henrique Antunes	Vilaventura Trail	48:40	+18:17	04:52	
176	18	NELSON FERREIRA	AC VERMOIL	48:43	+18:20	04:52	
177	263	Rui Bras	Individual	48:45	+18:22	04:52	
178	26	VITOR LOPES	AC VERMOIL	48:51	+18:28	04:53	
179	87	Leonel Rodrigues	Clube Desportivo Moitense	48:54	+18:31	04:53	

PROVA PRINCIPAL - STAGE 1**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
180	174	Diogo Silveiro	Individual	48:54	+18:31	04:53	
181	232	Tiago Carvalho	Individual	48:57	+18:34	04:54	
182	206	Tomé Simões Pereira	Individual	49:03	+18:40	04:54	
183	169	Alexandre lopes cintrao	Individual	49:08	+18:45	04:55	
184	136	Acácio Gonçalves	GANG	49:09	+18:46	04:55	
185	359	José Pedro Esteves Eiravelha	Os Zés	49:18	+18:55	04:56	
186	119	Cláudia Moreira	F.C. Penafiel	49:23	+19:00	04:56	
187	156	João Pedro da Silva Dâmaso	Grupo Maravilha	49:26	+19:03	04:57	
188	287	Jorge Justo	Individual	49:31	+19:08	04:57	
189	257	Luis Maia	Individual	49:34	+19:11	04:57	
190	331	Ruben Barjona	Maxigym	49:37	+19:14	04:58	
191	231	Rui Melo	Escola Atletismo Coimbra/JPaiva	49:45	+19:22	04:59	
192	25	JAIME SANTOS	AC VERMOIL	49:47	+19:24	04:59	
193	380	Nuno Ferreira	SCPOMBAL/TRAILTEAM	49:50	+19:27	04:59	
194	33	NELIO VIEIRA	ACBATALHA	49:52	+19:29	04:59	
195	190	Marco António Silva Pedrosa	Individual	49:55	+19:32	04:59	
196	356	Silvio Bulhosa	Os Coxos e a Cota não vão às Farturas!	49:55	+19:32	05:00	
197	322	Bruno Miguel Lopes Santos	Maxigym	49:58	+19:35	05:00	
198	246	Nuno Vitor	Individual	50:00	+19:37	05:00	
199	223	MANUEL FREDERICO SA PAIVA LOUREIRO	Individual	50:03	+19:40	05:00	
200	282	Augusto Dourado	Individual	50:18	+19:55	05:02	
201	300	VITOR ROCHA	INDUSTRIAL DESPORTIVO VIEIRENSE	50:19	+19:56	05:02	
202	296	SONIA FARTO	INDUSTRIAL DESPORTIVO VIEIRENSE	50:19	+19:56	05:02	
203	363	Paulo Oliveira	PelaEstradaFora	50:22	+19:59	05:02	
204	243	Micael Reis Antunes	Individual	50:24	+20:01	05:02	
205	312	Joana Santos	Insane 26	50:33	+20:10	05:03	
206	311	Cláudia da Silva	Insane 26	50:47	+20:24	05:05	
207	369	João Sacramento	SCPOMBAL/TRAILTEAM	50:54	+20:31	05:05	
208	208	Ana Bárbara	Individual	50:57	+20:34	05:06	
209	53	João Sintra	AMSGC Silveirinha Grande Claras	50:58	+20:35	05:06	
210	35	EVANGELINO CARDEIRA	ACBATALHA	51:00	+20:37	05:06	
211	103	Joaquim Gomes	CPR A-DO-BARBAS	51:03	+20:40	05:06	
212	377	Pedro Gomes	SCPOMBAL/TRAILTEAM	51:13	+20:50	05:07	
213	379	Vitor Mota	SCPOMBAL/TRAILTEAM	51:13	+20:50	05:07	
214	371	António Cordeiro	SCPOMBAL/TRAILTEAM	51:14	+20:51	05:07	
215	234	Alexis Gransart	Individual	51:24	+21:01	05:08	
216	269	Lourenço José Gomes	Individual	51:29	+21:06	05:09	
217	42	Carlos Eduardo Bastos Dias	Amo-te Sofia	51:31	+21:08	05:09	
218	274	Fernando Jacinto	Individual	51:32	+21:09	05:09	
219	362	Beto Oliveira	osPrimos	51:33	+21:10	05:09	
220	95	Soraia Cardeira	CPR A-DO-BARBAS	51:33	+21:10	05:09	
221	254	Henrique Lavaredas	Individual	51:36	+21:13	05:10	
222	330	David Miguel da Mota Lopes	Maxigym	51:40	+21:17	05:10	
223	224	Marcio cruz	Individual	51:45	+21:22	05:10	
224	253	Helder Silva	Individual	51:45	+21:22	05:10	

PROVA PRINCIPAL - STAGE 1**10 KM****OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
271	344	Sandra Gonçalves	NEL Pedatleta	56:39	+26:16	05:40	
272	248	PEDRO PIMPÃO	Individual	56:39	+26:16	05:40	
273	349	José António Agostinho	NEL Pedatleta	56:40	+26:17	05:40	
274	348	Fernando Vieira	NEL Pedatleta	56:40	+26:17	05:40	
275	345	Paulo Alexandre Dias	NEL Pedatleta	56:40	+26:17	05:40	
276	74	Rui Faria	Casa do Benfica da Figueira da Foz	56:42	+26:19	05:40	
277	360	David Mendes	osPrimos	56:44	+26:21	05:40	
278	30	LEANDRO SANTOS	AC VERMOIL	56:45	+26:22	05:40	
279	68	Fernando Sila Barros	Associação Escola de Atletismo Correr + do Cartaxo	56:48	+26:25	05:41	
280	430	Ricardo Gomes	Individual	56:49	+26:26	05:41	
281	316	Rui Manuel Pacheco Duarte	Karr pateira 1919	56:59	+26:36	05:42	
282	1	João Faria	Individual	57:08	+26:45	05:43	
283	165	Patrícia Mendes	Individual	57:18	+26:55	05:44	
284	365	António Manuel Ferreira Mendes	Ratatui Team	57:19	+26:56	05:44	
285	168	Aleksander Cocks	Individual	57:20	+26:57	05:44	
286	71	Cláudia Sofia de Sousa Mendes Mota	Bodo runners	57:21	+26:58	05:44	
287	34	MARIA PEREIRA	ACBATALHA	57:51	+27:28	05:47	
288	157	Ana Rita Gameiro Costa	Individual	57:53	+27:30	05:47	
289	240	Jose Rodrigues	Individual	57:53	+27:30	05:47	
290	315	Beatriz Bartolomeu Duarte	Karr pateira 1919	58:00	+27:37	05:48	
291	298	PAULO JESUS	INDUSTRIAL DESPORTIVO VIEIRENSE	58:01	+27:38	05:48	
292	202	Rodrigo Leal	Individual	58:15	+27:52	05:49	
293	262	Pedro Natário	Individual	58:18	+27:55	05:50	
294	11	ELSA SOARES	AC VERMOIL	58:18	+27:55	05:50	
295	278	Manuel Santos	Individual	58:27	+28:04	05:51	
296	276	Filipe Cruz	Individual	58:27	+28:04	05:51	
297	121	Nuno Bandarra	Figueira Kayak Clube	58:30	+28:07	05:51	
298	392	Liliana João Rodrigues Pedrosa	TCC TEAM	58:37	+28:14	05:52	
299	217	André Pinto	Individual	58:37	+28:14	05:52	
300	112	Miguel Ângelo Duarte das Neves Matias	cscrforchameca	58:38	+28:15	05:52	
301	314	Renato Lopes	Juventude Ouriense	58:39	+28:16	05:52	
302	393	Luís Alexandre Ferreira de Anunciação	TCC TEAM	58:41	+28:18	05:52	
303	184	Joao Paulo Baptista Caetano	Individual	58:53	+28:30	05:53	
304	210	Cláudia Lopes	Individual	58:58	+28:35	05:54	
305	222	Luís Lopes	Individual	59:08	+28:45	05:55	
306	215	Sophie da Silva Carriço	Individual	59:29	+29:06	05:57	
307	191	Marinho Carvalho	Individual	59:31	+29:08	05:57	
308	173	Diogo Miguel Rodrigues Gaspar	Individual	59:31	+29:08	05:57	
309	427	Ryan Brazão	Individual	59:51	+29:28	05:59	
310	104	Carla Sofia	CPT Coimbra	01:00:04	+29:41	06:00	
311	7	ELODIE COSTA	AC VERMOIL	01:00:10	+29:47	06:01	
312	86	Diamantino Cruz	Clube Desportivo Moitense	01:00:23	+30:00	06:02	
313	226	Nelson Silva	Individual	01:00:35	+30:12	06:03	
314	46	Ondina Leal	AMSGC Silveirinha Grande Claras	01:00:36	+30:13	06:04	

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
315	44	Gabriela Carraco	AMSGC Silveirinha Grande Claras	01:00:36	+30:13	06:04	
316	51	Luis Silva	AMSGC Silveirinha Grande Claras	01:00:36	+30:13	06:04	
317	373	Leonardo Araújo	SCPOMBAL/TRAILTEAM	01:01:09	+30:46	06:07	
318	281	Alexandrino Silveiro	Individual	01:01:14	+30:51	06:07	
319	221	Luís Gameiro	Individual	01:01:25	+31:02	06:08	
320	52	João Graça	AMSGC Silveirinha Grande Claras	01:01:25	+31:02	06:08	
321	361	Pedro Ribeiro	osPrimos	01:01:33	+31:10	06:09	
322	404	João Carlos Santos Nogueira	Vilaventura Trail	01:01:39	+31:16	06:10	
323	324	Adélia Ferreira dos Santos	Maxigym	01:01:40	+31:17	06:10	
324	214	Sónia Cristina Dionísio Santos	Individual	01:01:56	+31:33	06:12	
325	72	Jorge Santos	Bodo runners	01:02:05	+31:42	06:12	
326	8	MARTA FONSECA	AC VERMOIL	01:02:34	+32:11	06:15	
327	27	ALFREDO SANTOS	AC VERMOIL	01:02:35	+32:12	06:16	
328	258	Miguel Reis	Individual	01:02:52	+32:29	06:17	
329	264	Agostinho Barros	Individual	01:03:03	+32:40	06:18	
330	419	Celso Gonçalves	Vilaventura Trail	01:03:35	+33:12	06:21	
331	270	Luis Barosa	Individual	01:03:55	+33:32	06:24	
332	409	Ana Paula Branco	Vilaventura Trail	01:04:10	+33:47	06:25	
333	418	Vitor Monteiro	Vilaventura Trail	01:04:11	+33:48	06:25	
334	114	Arlindo de Jesus Oliveira	cscrffcharneca	01:05:06	+34:43	06:31	
335	218	Carlos Pinto	Individual	01:05:06	+34:43	06:31	
336	54	Lucidio das Neves Dias	AMSGC Silveirinha Grande Claras	01:05:49	+35:26	06:35	
337	241	Luís Mendes	Individual	01:07:08	+36:45	06:43	
338	364	André Filipe Marques Gomes	Ratatui Team	01:07:08	+36:45	06:43	
339	326	Sandra Santos	Maxigym	01:07:53	+37:30	06:47	
340	158	CATARINA PIMPÃO	Individual	01:09:10	+38:47	06:55	
341	261	Pedro João Mendes de Sousa e Silva	Individual	01:09:10	+38:47	06:55	
342	285	Joaquim Jesus Vieira	Individual	01:12:53	+42:30	07:17	
343	288	Luís Gameiro Severino Simões	Individual	01:12:54	+42:31	07:17	
344	355	Joël de Oliveira	Os Coxos e a Cota não vão às Farturas!	01:13:06	+42:43	07:19	
345	353	Andreia Domingues	Os Coxos e a Cota não vão às Farturas!	01:13:06	+42:43	07:19	
346	354	Marisa Mota	Os Coxos e a Cota não vão às Farturas!	01:13:11	+42:48	07:19	
347	164	Maura Patrícia Azenha dos Santos	Individual	01:15:04	+44:41	07:30	
348	109	Dina Maria Ferreira	cscrffcharneca	01:15:20	+44:57	07:32	
349	194	Mike Carvalho Jordão	Individual	01:16:03	+45:40	07:36	

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	19:00	29.3°C	40%
End	20:16	22.9°C	67%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
------	-----	------	------	-----	--------	------	------

Senior Feminino

1	142	Daniela Cordeiro	Grupo Alegre Unido Bajouca	Senior Feminino	41:14		04:07
2	166	Sara Pedrosa	Individual	Senior Feminino	42:21	+01:07	04:14
3	160	Mafalda Martinho	Individual	Senior Feminino	42:38	+01:23	04:16
4	291	ADRIANA COELHO	INDUSTRIAL DESPORTIVO VIEIRENSE	Senior Feminino	43:43	+02:28	04:22
5	159	Cátia Ferreira	Individual	Senior Feminino	46:19	+05:04	04:38
6	312	Joana Santos	Insane 26	Senior Feminino	50:33	+09:18	05:03
7	311	Cláudia da Silva	Insane 26	Senior Feminino	50:47	+09:33	05:05
8	95	Soraia Cardeira	CPR A-DO-BARBAS	Senior Feminino	51:33	+10:18	05:09
9	162	Mariana Duarte	Individual	Senior Feminino	52:23	+11:09	05:14
10	402	Vânia Leal	Vilaventura Trail	Senior Feminino	52:50	+11:36	05:17
11	161	Mariana Campos Silva	Individual	Senior Feminino	54:29	+13:14	05:27
12	163	Marina Moderno	Individual	Senior Feminino	54:48	+13:34	05:29
13	394	Cátia Montez	Twopikas	Senior Feminino	55:26	+14:11	05:33
14	165	Patrícia Mendes	Individual	Senior Feminino	57:18	+16:03	05:44
15	157	Ana Rita Gameiro Costa	Individual	Senior Feminino	57:53	+16:38	05:47
16	315	Beatriz Bartolomeu Duarte	Karrapateira 1919	Senior Feminino	58:00	+16:45	05:48
17	7	ELODIE COSTA	AC VERMOIL	Senior Feminino	01:00:10	+18:55	06:01
18	8	MARTA FONSECA	AC VERMOIL	Senior Feminino	01:02:34	+21:20	06:15
19	158	CATARINA PIMPÃO	Individual	Senior Feminino	01:09:10	+27:55	06:55
20	353	Andreia Domingues	Os Coxos e a Cota não vão às Farturas!	Senior Feminino	01:13:06	+31:51	07:19
21	354	Marisa Mota	Os Coxos e a Cota não vão às Farturas!	Senior Feminino	01:13:11	+31:56	07:19
22	164	Maura Patrícia Azenha dos Santos	Individual	Senior Feminino	01:15:04	+33:49	07:30

Senior Masculino

1	171	Bernardo Rocha	S.C.SALGUEIROS	Senior Masculino	30:23		03:02
2	420	Andralino Furtado	VITÓRIA FUTEBOL CLUBE	Senior Masculino	30:55	+00:32	03:06
3	195	Nuno Lopes	Individual	Senior Masculino	31:16	+00:52	03:08
4	338	joao ferreira	MF GRUPO	Senior Masculino	32:20	+01:56	03:14
5	187	Jose sousa	Individual	Senior Masculino	32:34	+02:10	03:15
6	188	Luís Contente	Individual	Senior Masculino	33:01	+02:37	03:18
7	70	Pedro Venâncio	Atletismo Clube Praia de Mira	Senior Masculino	33:38	+03:15	03:22
8	127	Varter Costa	G.A.Caranguejeira	Senior Masculino	34:10	+03:46	03:25
9	313	Ayoub Rahaoui	Juventude Desportiva Almansor	Senior Masculino	34:39	+04:15	03:28
10	123	André Reis	G.A.Caranguejeira	Senior Masculino	35:17	+04:54	03:32
11	399	Pedro Lopes	UNIÃO FCI DE TOMAR	Senior Masculino	35:23	+04:59	03:32
12	336	adriano correia	MF GRUPO	Senior Masculino	35:57	+05:33	03:36

Prova Principal

10 KM

OFFICIAL RESULT

13	55	Paulo Pereira	Associação Académica de Coimbra	Senior Masculino	36:04	+05:41	03:36
14	57	Rodrigo Costa	Associação Escola de Atletismo Correr + do Cartaxo	Senior Masculino	36:34	+06:11	03:39
15	9	JOÃO GONÇALVES	AC VERMOIL	Senior Masculino	36:58	+06:35	03:42
16	146	Diogo Viana	Grupo Alegre Unido Bajouca	Senior Masculino	37:33	+07:10	03:45
17	43	Ricardo Nunes	AMSGC Silveirinha Grande Claras	Senior Masculino	38:46	+08:23	03:53
18	204	Samuel Limpinho	Individual	Senior Masculino	39:27	+09:03	03:57
19	138	Domingos Martins	GRECAS - Vagos	Senior Masculino	39:39	+09:16	03:58
20	175	Duarte Mendes	Individual	Senior Masculino	39:50	+09:26	03:59
21	381	Daniel Antunes	SicóTrilhos	Senior Masculino	39:58	+09:35	04:00
22	337	fabio cebola	MF GRUPO	Senior Masculino	40:01	+09:37	04:00
23	292	ALEXIS ROCHA	INDUSTRIAL DESPORTIVO VIEIRENSE	Senior Masculino	40:17	+09:54	04:02
24	135	Tiago Alves	GACV	Senior Masculino	40:24	+10:00	04:02
25	205	Tiago Lé	Individual	Senior Masculino	40:25	+10:02	04:03
26	181	João Carlos das neves alves Alves	Individual	Senior Masculino	40:35	+10:11	04:03
27	125	Nuno Ferreira	G.A.Caranguejeira	Senior Masculino	40:47	+10:24	04:05
28	126	Tiago Silva	G.A.Caranguejeira	Senior Masculino	40:47	+10:24	04:05
29	178	Emanuel dias	Individual	Senior Masculino	41:42	+11:18	04:10
30	145	Daniel Cabecinhas	Grupo Alegre Unido Bajouca	Senior Masculino	41:42	+11:19	04:10
31	196	Pedro Marques Lourenço	Individual	Senior Masculino	42:19	+11:55	04:14
32	403	Bruno Antunes	Vilaventura Trail	Senior Masculino	43:20	+12:56	04:20
33	133	Bernardo Alves	GACV	Senior Masculino	43:38	+13:14	04:22
34	172	David Alves	Individual	Senior Masculino	44:22	+13:58	04:26
35	167	Abel Carbajal Machuca	Individual	Senior Masculino	44:33	+14:09	04:27
36	185	João Saraiva	Individual	Senior Masculino	44:34	+14:10	04:27
37	199	Ricardo Carvalho	Individual	Senior Masculino	44:40	+14:17	04:28
38	382	Tiago Claro	SicóTrilhos	Senior Masculino	45:40	+15:16	04:34
39	143	André Crespo	Grupo Alegre Unido Bajouca	Senior Masculino	45:54	+15:30	04:35
40	352	Francisco Victorino	Núcleo de Árbitros de Pombal e Terras de Sicó	Senior Masculino	46:11	+15:48	04:37
41	368	Ruben Dias	SCPOMBAL/TRAILTEAM	Senior Masculino	46:34	+16:11	04:39
42	108	Ruben Filipe Dias Vieira	cscrfcharneca	Senior Masculino	47:08	+16:44	04:43
43	176	Duarte Oliveira Grazina	Individual	Senior Masculino	47:39	+17:16	04:46
44	396	Pedro Achega	Twopikas	Senior Masculino	48:17	+17:54	04:50
45	174	Diogo Silveiro	Individual	Senior Masculino	48:54	+18:31	04:53
46	206	Tomé Simões Pereira	Individual	Senior Masculino	49:03	+18:39	04:54
47	169	Alexandre lopes cintrao	Individual	Senior Masculino	49:08	+18:44	04:55
48	33	NELIO VIEIRA	ACBATALHA	Senior Masculino	49:52	+19:28	04:59
49	190	Marco António Silva Pedrosa	Individual	Senior Masculino	49:55	+19:31	04:59
50	356	Silvio Bulhosa	Os Coxos e a Cota não vão às Farturas!	Senior Masculino	49:55	+19:32	05:00
51	322	Bruno Miguel Lopes Santos	Maxigym	Senior Masculino	49:58	+19:34	05:00
52	207	Wilson Gonçalves Rodrigues	Individual	Senior Masculino	52:09	+21:46	05:13
53	198	Rafael da Silva Marques	Individual	Senior Masculino	52:39	+22:16	05:16
54	395	Daniel Delgado	Twopikas	Senior Masculino	53:14	+22:50	05:19
55	203	Rúben Gonçalves Rodrigues	Individual	Senior Masculino	53:37	+23:14	05:22

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

24	340	manuel fonseca	MF GRUPO	Veterano M35	47:05	+13:47	04:43
25	227	Pedro Miguel Domingues Pereira	Individual	Veterano M35	47:08	+13:50	04:43
26	429	Pedro Temporão	Individual	Veterano M35	47:18	+14:00	04:44
27	148	Hugo Barqueiro	Grupo Alegre Unido Bajouca	Veterano M35	47:35	+14:17	04:46
28	47	Joel Santos	AMSGC Silveirinha Grande Claras	Veterano M35	47:50	+14:32	04:47
29	412	Henrique Antunes	Vilaventura Trail	Veterano M35	48:40	+15:22	04:52
30	232	Tiago Carvalho	Individual	Veterano M35	48:57	+15:39	04:54
31	359	José Pedro Esteves Eiravelha	Os Zés	Veterano M35	49:18	+16:01	04:56
32	156	João Pedro da Silva Dâmaso	Grupo Maravilha	Veterano M35	49:26	+16:08	04:57
33	231	Rui Melo	Escola Atletismo Coimbra/JPaiva	Veterano M35	49:45	+16:27	04:59
34	223	MANUEL FREDERICO SA PAIVA LOUREIRO	Individual	Veterano M35	50:03	+16:45	05:00
35	369	João Sacramento	SCPOMBAL/TRAILTEAM	Veterano M35	50:54	+17:36	05:05
36	42	Carlos Eduardo Bastos Dias	Amo-te Sofia	Veterano M35	51:31	+18:13	05:09
37	224	Marcio cruz	Individual	Veterano M35	51:45	+18:27	05:10
38	413	Marco Pascoal	Vilaventura Trail	Veterano M35	53:00	+19:42	05:18
39	59	Bruno Vintém	Associação Escola de Atletismo Correr + do Cartaxo	Veterano M35	55:10	+21:52	05:31
40	230	Ricardo Moniz	Individual	Veterano M35	56:24	+23:06	05:38
41	345	Paulo Alexandre Dias	NEL Pedatleta	Veterano M35	56:40	+23:22	05:40
42	217	André Pinto	Individual	Veterano M35	58:37	+25:19	05:52
43	222	Luís Lopes	Individual	Veterano M35	59:08	+25:50	05:55
44	226	Nelson Silva	Individual	Veterano M35	01:00:35	+27:17	06:03
45	221	Luís Gameiro	Individual	Veterano M35	01:01:25	+28:07	06:08
46	218	Carlos Pinto	Individual	Veterano M35	01:05:06	+31:48	06:31

Veterano M40

1	244	NELSON OLIVEIRA	Individual	Veterano M40	32:56		03:18
2	15	BRUNO GASPAR	AC VERMOIL	Veterano M40	34:55	+01:58	03:29
3	82	Ricardo Jordão	Clube de Praças da Armada	Veterano M40	35:07	+02:11	03:31
4	75	Rui Rodrigues	Centro de Atletismo de Tondela	Veterano M40	35:09	+02:12	03:31
5	149	Joel Couto	Grupo Alegre Unido Bajouca	Veterano M40	36:23	+03:26	03:38
6	39	Tiago Marques	ACRSD	Veterano M40	37:32	+04:35	03:45
7	19	RICARDO GONÇALVES	AC VERMOIL	Veterano M40	38:06	+05:09	03:49
8	129	Nuno Casalinho	G.A.Caranguejeira	Veterano M40	38:07	+05:10	03:49
9	63	Miguel Ribeiro	Associação Escola de Atletismo Correr + do Cartaxo	Veterano M40	38:23	+05:26	03:50
10	118	Márcio Pereira	Escola Atletismo Coimbra/JPaiva	Veterano M40	38:37	+05:40	03:52
11	17	JOSÉ MENDES	AC VERMOIL	Veterano M40	40:43	+07:46	04:04
12	93	Hugo Horta	CLUBE VETERANOS DO LIS	Veterano M40	41:49	+08:52	04:11
13	16	HELDER MIRANDA	AC VERMOIL	Veterano M40	42:42	+09:45	04:16
14	414	Pedro Sousa	Vilaventura Trail	Veterano M40	43:09	+10:12	04:19
15	64	Victor Hugo Simões	Associação Escola de Atletismo Correr + do Cartaxo	Veterano M40	43:22	+10:25	04:20
16	5	Rui João	A. R. Meirinhas	Veterano M40	43:59	+11:03	04:24
17	36	MÁRCIO RODRIGUES	ACDRS QUINHENDROS	Veterano M40	44:16	+11:19	04:26

Prova Principal

10 KM

OFFICIAL RESULT

18	247	Paulo Oliveira	Individual	Veterano M40	45:24	+12:27	04:32
19	98	Nuno Ferreira	CPR A-DO-BARBAS	Veterano M40	46:15	+13:18	04:37
20	329	Pedro Nuno Arroiteia Pereira	Maxigym	Veterano M40	46:49	+13:52	04:41
21	397	João Vieira	Twopikas	Veterano M40	47:19	+14:22	04:44
22	239	José Manuel Seromenho Duarte	Individual	Veterano M40	47:56	+14:59	04:48
23	111	Álvaro José Vieira Lopes	cscrfcharneca	Veterano M40	48:32	+15:35	04:51
24	18	NELSON FERREIRA	AC VERMOIL	Veterano M40	48:43	+15:46	04:52
25	246	Nuno Vitor	Individual	Veterano M40	50:00	+17:04	05:00
26	243	Micael Reis Antunes	Individual	Veterano M40	50:24	+17:27	05:02
27	371	António Cordeiro	SCPOMBAL/TRAILTEAM	Veterano M40	51:14	+18:17	05:07
28	234	Alexis Gransart	Individual	Veterano M40	51:24	+18:27	05:08
29	343	Ricardo Gomes	NDAP	Veterano M40	52:15	+19:18	05:13
30	236	Francisco Sousa	Individual	Veterano M40	55:55	+22:59	05:36
31	248	PEDRO PIMPÃO	Individual	Veterano M40	56:39	+23:42	05:40
32	360	David Mendes	osPrimos	Veterano M40	56:44	+23:47	05:40
33	365	António Manuel Ferreira Mendes	Ratatui Team	Veterano M40	57:19	+24:22	05:44
34	240	Jose Rodrigues	Individual	Veterano M40	57:53	+24:56	05:47
35	373	Leonardo Araújo	SCPOMBAL/TRAILTEAM	Veterano M40	01:01:09	+28:12	06:07
36	361	Pedro Ribeiro	osPrimos	Veterano M40	01:01:33	+28:36	06:09
37	241	Luís Mendes	Individual	Veterano M40	01:07:08	+34:11	06:43
38	364	André Filipe Marques Gomes	Ratatui Team	Veterano M40	01:07:08	+34:11	06:43

Veterano M45

1	130	Vitor Dinis	G.A.Caranguejeira	Veterano M45	35:49		03:35
2	23	LICÍNIO CARREIRA	AC VERMOIL	Veterano M45	38:35	+02:46	03:52
3	21	JOAQUIM QUITÉRIO	AC VERMOIL	Veterano M45	40:26	+04:36	04:03
4	140	João Canas	GRF Benedita - Atletismo	Veterano M45	41:08	+05:18	04:07
5	22	JOSÉ SANTOS	AC VERMOIL	Veterano M45	41:47	+05:57	04:11
6	376	Paulo Araújo	SCPOMBAL/TRAILTEAM	Veterano M45	42:18	+06:28	04:14
7	78	LUIS MAIA	CLUBE ATLETISMO DE MARINHA GRANDE	Veterano M45	43:04	+07:14	04:18
8	251	Gil Carvalho	Individual	Veterano M45	45:07	+09:17	04:31
9	49	Filipe Carvalheiro	AMSGC Silveirinha Grande Claras	Veterano M45	45:26	+09:36	04:33
10	6	Nelson Norte	A. R. Meirinhas	Veterano M45	45:32	+09:42	04:33
11	421	Nuno Rosa	Z LOOK	Veterano M45	46:09	+10:19	04:37
12	255	HENRIQUE MANUEL SANTOS RODRIGUES	Individual	Veterano M45	46:55	+11:05	04:41
13	99	Filipe Frade	CPR A-DO-BARBAS	Veterano M45	47:27	+11:37	04:45
14	375	Mário Salgado	SCPOMBAL/TRAILTEAM	Veterano M45	47:53	+12:03	04:47
15	398	Miguel Bernardo	Twopikas	Veterano M45	48:00	+12:10	04:48
16	299	PEDRO PEREIRA	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M45	48:28	+12:39	04:51
17	250	Fernando José Das Neves	Individual	Veterano M45	48:34	+12:44	04:51
18	256	João Filipe Venâncio Leitão	Individual	Veterano M45	48:38	+12:48	04:52
19	90	Miguel Gineto	Clube Desportivo Ribeirense	Veterano M45	48:39	+12:49	04:52
20	263	Rui Bras	Individual	Veterano M45	48:45	+12:55	04:52

Prova Principal

10 KM

OFFICIAL RESULT

21	257	Luís Maia	Individual	Veterano M45	49:34	+13:44	04:57
22	331	Ruben Barjona	Maxigym	Veterano M45	49:37	+13:47	04:58
23	300	VITOR ROCHA	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M45	50:19	+14:29	05:02
24	377	Pedro Gomes	SCPOMBAL/TRAILTEAM	Veterano M45	51:13	+15:23	05:07
25	379	Vitor Mota	SCPOMBAL/TRAILTEAM	Veterano M45	51:13	+15:24	05:07
26	362	Beto Oliveira	osPrimos	Veterano M45	51:33	+15:43	05:09
27	254	Henrique Lavaredas	Individual	Veterano M45	51:36	+15:46	05:10
28	330	David Miguel da Mota Lopes	Maxigym	Veterano M45	51:40	+15:50	05:10
29	253	Helder Silva	Individual	Veterano M45	51:45	+15:55	05:10
30	260	Pedro Carlos	Individual	Veterano M45	52:15	+16:25	05:14
31	357	ALEXANDRE SOARES BLANCO	Os tolinhos	Veterano M45	53:07	+17:17	05:19
32	249	Daniel Fragoso	Individual	Veterano M45	54:12	+18:22	05:25
33	378	Victor Calado	SCPOMBAL/TRAILTEAM	Veterano M45	54:50	+19:00	05:29
34	374	Hélder Gonçalves	SCPOMBAL/TRAILTEAM	Veterano M45	54:51	+19:01	05:29
35	298	PAULO JESUS	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M45	58:01	+22:11	05:48
36	262	Pedro Natário	Individual	Veterano M45	58:18	+22:28	05:50
37	121	Nuno Bandarra	Figueira Kayak Clube	Veterano M45	58:30	+22:40	05:51
38	112	Miguel Ângelo Duarte das Neves Matias	cscrfcharneca	Veterano M45	58:38	+22:48	05:52
39	314	Renato Lopes	Juventude Ouriense	Veterano M45	58:39	+22:49	05:52
40	393	Luís Alexandre Ferreira de Anunciação	TCC TEAM	Veterano M45	58:41	+22:51	05:52
41	258	Miguel Reis	Individual	Veterano M45	01:02:52	+27:02	06:17
42	261	Pedro João Mendes de Sousa e Silva	Individual	Veterano M45	01:09:10	+33:20	06:55

Veterano M50

1	273	Sérgio Paiva	Individual	Veterano M50	36:35		03:39
2	320	Paulo Pontes	LMA	Veterano M50	38:42	+02:07	03:52
3	271	Luiz Mota	Casa do Benfica de Abrantes	Veterano M50	39:32	+02:56	03:57
4	417	Luís Cruz	Vilaventura Trail	Veterano M50	39:37	+03:01	03:58
5	65	Fernando Pelarigo	Associação Escola de Atletismo Correr + do Cartaxo	Veterano M50	41:42	+05:06	04:10
6	302	LEONEL SOUSA	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M50	42:29	+05:54	04:15
7	101	Paulo Monteiro	CPR A-DO-BARBAS	Veterano M50	42:59	+06:24	04:18
8	76	Vitor Nelson Esteves Torres da Silva	Cerveira Team Running	Veterano M50	43:25	+06:50	04:21
9	265	Antonio penim	Individual	Veterano M50	43:43	+07:08	04:22
10	416	Joselito Pereira	Vilaventura Trail	Veterano M50	43:53	+07:18	04:23
11	102	Pedro Rodrigues	CPR A-DO-BARBAS	Veterano M50	44:22	+07:46	04:26
12	100	Jucelino Monteiro	CPR A-DO-BARBAS	Veterano M50	45:10	+08:34	04:31
13	266	Germano Capela	Individual	Veterano M50	45:41	+09:06	04:34
14	333	José Patrício de Jesus Almeida	Maxigym	Veterano M50	46:30	+09:54	04:39
15	350	Carlos Gaspar	Nexebr Trail Team	Veterano M50	46:47	+10:12	04:41
16	332	Dinis da Conceição Santos	Maxigym	Veterano M50	46:50	+10:15	04:41
17	50	Amilcar Costa	AMSGC Silveirinha Grande Claras	Veterano M50	47:20	+10:45	04:44
18	150	Virgilio Alberto	Grupo Alegre Unido Bajouca	Veterano M50	48:15	+11:39	04:49

Official Timekeeper: Lap2Go	7 / 10	generate 30-Jul-2022 20:55
-----------------------------	--------	----------------------------

Prova Principal**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

19	26	VITOR LOPES	AC VERMOIL	Veterano M50	48:51	+12:16	04:53
20	25	JAIME SANTOS	AC VERMOIL	Veterano M50	49:47	+13:12	04:59
21	380	Nuno Ferreira	SCPOMBAL/TRAILTEAM	Veterano M50	49:50	+13:15	04:59
22	363	Paulo Oliveira	PelaEstradaFora	Veterano M50	50:22	+13:47	05:02
23	269	Lourenço José Gomes	Individual	Veterano M50	51:29	+14:54	05:09
24	301	JOAO BENTO	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M50	53:10	+16:34	05:19
25	38	Lino Carraco	ACRM Silveirinha Grande Claras	Veterano M50	53:16	+16:41	05:20
26	74	Rui Faria	Casa do Benfica da Figueira da Foz	Veterano M50	56:42	+20:06	05:40
27	51	Luis Silva	AMSGC Silveirinha Grande Claras	Veterano M50	01:00:36	+24:01	06:04
28	264	Agostinho Barros	Individual	Veterano M50	01:03:03	+26:27	06:18
29	270	Luis Barosa	Individual	Veterano M50	01:03:55	+27:20	06:24

Veterano M55

1	37	Mário Silva	Acre Desterro Napo	Veterano M55	36:58		03:42
2	303	ANTONIO FERREIRA	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M55	38:03	+01:05	03:48
3	117	João Paulo Almeida	DCI - Trilhos Luso Bussaco	Veterano M55	39:19	+02:21	03:56
4	154	Fernando Matos	Grupo de Convívio e Amizade nas Donas	Veterano M55	39:31	+02:33	03:57
5	79	JOSÉ RAIMUNDO	CLUBE ATLETISMO DE MARINHA GRANDE	Veterano M55	40:09	+03:11	04:01
6	305	GABRIEL RODRIGUES	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M55	40:46	+03:47	04:05
7	131	Luis Guarda	G.A.Caranguejeira	Veterano M55	41:32	+04:34	04:09
8	304	CARLOS SIMOES	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M55	41:50	+04:52	04:11
9	277	Luís Oliveira	Escola Atletismo Coimbra/jPaiva	Veterano M55	41:51	+04:53	04:11
10	151	Jorge Silva	Grupo Alegre Unido Bajouca	Veterano M55	42:41	+05:43	04:16
11	152	Martinho Pedrosa	Grupo Alegre Unido Bajouca	Veterano M55	43:07	+06:09	04:19
12	66	Avelino Machado Alves	Associação Escola de Atletismo Correr + do Cartaxo	Veterano M55	43:34	+06:36	04:21
13	342	Carlos rodrigues	MF GRUPO	Veterano M55	46:09	+09:11	04:37
14	279	Pascal HUON	Individual	Veterano M55	46:57	+09:59	04:42
15	153	Sérgio Marcelino	Grupo Alegre Unido Bajouca	Veterano M55	47:01	+10:03	04:42
16	67	Fernando Garção	Associação Escola de Atletismo Correr + do Cartaxo	Veterano M55	48:10	+11:11	04:49
17	274	Fernando Jacinto	Individual	Veterano M55	51:32	+14:34	05:09
18	334	Fernando Neves Estrela	Maxigym	Veterano M55	51:51	+14:53	05:11
19	280	Paulo Fonseca	Individual	Veterano M55	52:03	+15:05	05:12
20	275	Fernando Pereira Marques	Individual	Veterano M55	53:03	+16:05	05:18
21	68	Fernando Sila Barros	Associação Escola de Atletismo Correr + do Cartaxo	Veterano M55	56:48	+19:50	05:41
22	278	Manuel Santos	Individual	Veterano M55	58:27	+21:29	05:51
23	276	Filipe Cruz	Individual	Veterano M55	58:27	+21:29	05:51
24	72	Jorge Santos	Bodo runners	Veterano M55	01:02:05	+25:07	06:12
25	418	Vitor Monteiro	Vilaventura Trail	Veterano M55	01:04:11	+27:13	06:25

Official Timekeeper: Lap2Go	8 / 10	generate 30-Jul-2022 20:55
-----------------------------	--------	----------------------------

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

26	114	Arlindo de Jesus Oliveira	cscrcharneca	Veterano M55	01:05:06	+28:07	06:31
----	-----	---------------------------	--------------	--------------	----------	--------	-------

Veterano M60

1	155	Antonio Velha	GRUPO DESPORTIVO ASSEMPARK-AVEIRO	Veterano M60	37:54		03:47
2	28	AQUILINO FERREIRA	AC VERMOIL	Veterano M60	42:04	+04:10	04:12
3	284	João Mendes	Individual	Veterano M60	43:49	+05:55	04:23
4	56	Pedro Gerarado	Associação Académica de Coimbra	Veterano M60	44:00	+06:06	04:24
5	335	Vítor Ribeiro	Maxigym	Veterano M60	45:29	+07:35	04:33
6	307	ACACIO CAMPOS	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M60	45:49	+07:55	04:35
7	428	José Carlos Ramalho	Individual	Veterano M60	46:05	+08:11	04:37
8	106	Álvaro Coelho	CPT SOBRAL CEIRA	Veterano M60	46:14	+08:20	04:37
9	137	José Monteiro	GDC Banco de Portugal	Veterano M60	48:15	+10:21	04:50
10	88	Mário Duarte	Clube Desportivo Moitense	Veterano M60	48:33	+10:39	04:51
11	85	Alberto Vinagre	Clube Desportivo Moitense	Veterano M60	48:37	+10:43	04:52
12	286	Jorge Agostinho	CA Barreira	Veterano M60	48:39	+10:45	04:52
13	87	Leonel Rodrigues	Clube Desportivo Moitense	Veterano M60	48:54	+11:00	04:53
14	136	Acácio Gonçalves	GANG	Veterano M60	49:09	+11:14	04:55
15	287	Jorge Justo	Individual	Veterano M60	49:31	+11:37	04:57
16	282	Augusto Dourado	Individual	Veterano M60	50:18	+12:24	05:02
17	53	João Sintra	AMSGC Silveirinha Grande Claras	Veterano M60	50:58	+13:04	05:06
18	35	EVANGELINO CARDEIRA	ACBATALHA	Veterano M60	51:00	+13:06	05:06
19	103	Joaquim Gomes	CPR A-DO-BARBAS	Veterano M60	51:03	+13:09	05:06
20	116	Luís Fernando Rocha das Neves	cscrcharneca	Veterano M60	52:18	+14:24	05:14
21	94	Narciso Arromba	Clube de Veteranos de Coimbra - CluVe	Veterano M60	52:23	+14:28	05:14
22	289	Manuel Carvalho Fernandes	Individual	Veterano M60	54:04	+16:10	05:24
23	29	EUGENIO MENDES	AC VERMOIL	Veterano M60	54:54	+17:00	05:29
24	290	Vítor Manuel Borges Fontes	Individual	Veterano M60	54:56	+17:02	05:30
25	308	CELESTINO MARQUES	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M60	55:11	+17:17	05:31
26	84	Adriano Fonte	Clube Desportivo Moitense	Veterano M60	55:34	+17:40	05:33
27	349	José António Agostinho	NEL Pedatleta	Veterano M60	56:40	+18:46	05:40
28	348	Fernando Vieira	NEL Pedatleta	Veterano M60	56:40	+18:46	05:40
29	30	LEANDRO SANTOS	AC VERMOIL	Veterano M60	56:45	+18:51	05:40
30	316	Rui Manuel Pacheco Duarte	Karrapateira 1919	Veterano M60	56:59	+19:05	05:42
31	1	João Faria	Individual	Veterano M60	57:08	+19:13	05:43
32	86	Diamantino Cruz	Clube Desportivo Moitense	Veterano M60	01:00:23	+22:29	06:02
33	281	Alexandrino Silveiro	Individual	Veterano M60	01:01:14	+23:20	06:07
34	52	João Graça	AMSGC Silveirinha Grande Claras	Veterano M60	01:01:25	+23:31	06:08
35	27	ALFREDO SANTOS	AC VERMOIL	Veterano M60	01:02:35	+24:41	06:16
36	419	Celso Gonçalves	Vilaventura Trail	Veterano M60	01:03:35	+25:41	06:21
37	54	Lucidio das Neves Dias	AMSGC Silveirinha Grande Claras	Veterano M60	01:05:49	+27:54	06:35

TEAM RESULTS - PROVA PRINCIPAL

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	G.A.CARANGUEJEIRA	10 + 11 + 16 + 19 + 36 + 65 + 66	223
2	AC VERMOIL	13 + 28 + 35 + 41 + 59 + 63 + 77	316
3	MF GRUPO	4 + 8 + 20 + 39 + 54 + 134 + 149	408
4	ASSOCIAÇÃO ESCOLA DE ATLETISMO CORRER + DO CARTAXO	23 + 40 + 68 + 74 + 95 + 99 + 101	500
5	INDUSTRIAL DESPORTIVO VIEIRENSE	34 + 56 + 64 + 79 + 86 + 90 + 103	512
6	GRUPO ALEGRE UNIDO BAJOUCA	22 + 30 + 70 + 76 + 89 + 96 + 129	512
7	VILAVENTURA TRAIL	31 + 49 + 97 + 98 + 108 + 160 + 175	718
8	MAXIGYM	73 + 105 + 123 + 128 + 140 + 143 + 144	856
9	CPR A-DO-BARBAS	67 + 93 + 113 + 119 + 137 + 155 + 211	895
10	SCPOMBAL/TRAILTEAM	82 + 83 + 141 + 159 + 193 + 207 + 212	1077
11	AMSGC SILVEIRINHA GRANDE CLARAS	44 + 122 + 154 + 158 + 209 + 236 + 314	1237
12	CSCRFCCHARNECA	151 + 168 + 231 + 232 + 300 + 334 + 348	1764

CORRIDA DAS FARTURAS - STAGE 1

3 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	20:00	26.7°C	50%
End	20:43	22.9°C	67%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	1006	Bernardo Salgado	CPT SOBRAL CEIRA	10:58		03:39	
2	1080	Leonardo Jacinto	Juventude Vidigalense	10:59	+00:01	03:40	
3	1081	Rafael Vieira	Juventude Vidigalense	11:22	+00:24	03:47	
4	1031	Martim Neves	Individual	12:33	+01:35	04:11	
5	1002	Guilherme de Sousa Martins	Bodo runners	12:35	+01:37	04:12	
6	1030	Lucas Ferreira	Individual	12:49	+01:51	04:16	
7	1005	Miguel Ferreira	CPR A-DO-BARBAS	12:51	+01:53	04:17	
8	1020	Afonso Medeiros	Individual	13:11	+02:13	04:24	
9	1068	Tiago Grunho Simões	Team Grunho	13:16	+02:18	04:25	
10	1055	Roberto Fiuza	Maxigym	13:16	+02:18	04:25	
11	1039	Rodrigo dos Santos Fernandes	Individual	13:16	+02:18	04:25	
12	1066	Rafael Grunho Simões	Team Grunho	14:19	+03:21	04:46	
13	1056	Ruben Alexandre Alves da Silva	Maxigym	14:32	+03:34	04:51	
14	1027	João Monteiro	Individual	14:34	+03:36	04:51	
15	1034	Paulo Alexandre Antunes Pina	Individual	14:36	+03:38	04:52	
16	1067	Samuel Pereira	Team Grunho	14:39	+03:41	04:53	
17	1050	Alcides Pereira dos Santos Júnior	Maxigym	14:49	+03:51	04:56	
18	1043	Ana Patrícia Pinto dos Santos	Maxigym	14:55	+03:57	04:58	
19	1035	Paulo Jorge Oliveira Bernardes	Individual	15:38	+04:40	05:13	
20	1038	Rodrigo Aperta Duarte Antunes	Individual	15:47	+04:49	05:16	
21	1065	João Grunho	Team Grunho	15:50	+04:52	05:17	
22	1029	Joel Martins	Individual	16:14	+05:16	05:25	
23	1063	Sara Pereira	Team Grunho	16:29	+05:31	05:30	
24	1003	Pedro de Sousa Gameiro	Bodo runners	16:58	+06:00	05:39	
25	1051	Jorge Paulo Frazão Lopes	Maxigym	17:13	+06:15	05:44	
26	1017	Sabine Ferreira	Individual	17:14	+06:16	05:45	
27	1016	Matilde Silva	Individual	17:16	+06:18	05:45	
28	1011	Claudia Silva	Individual	17:18	+06:20	05:46	
29	1064	David Domingues	Team Grunho	17:28	+06:30	05:49	
30	1054	Miguel Magalhães Abreu Castelo Branco	Maxigym	18:12	+07:14	06:04	
31	1025	Francisco João Gonçalves Santana	Individual	18:26	+07:28	06:09	
32	1022	Diogo Lopes Sousa	Individual	18:26	+07:28	06:09	
33	1028	João Paulo Simões Pina	Individual	18:26	+07:28	06:09	
34	1012	Dalinda Isabel da Silva Eusébio	Individual	18:29	+07:31	06:10	
35	1061	Lara Grunho	Team Grunho	19:33	+08:35	06:31	
36	1049	Sylvie Costa Pereira	Maxigym	19:36	+08:38	06:32	
37	1032	Nuno Alves	Individual	19:38	+08:40	06:33	
38	1013	Dina Maria da Silva Alexandre	Individual	19:55	+08:57	06:38	
39	1033	Nuno Madaleno	Individual	20:08	+09:10	06:43	
40	1023	Duarte Pereira	Individual	20:09	+09:11	06:43	
41	1024	Francisco Aguiar	Individual	20:16	+09:18	06:45	

CORRIDA DAS FARTURAS - STAGE 1

3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
42	1071	Daniel Covas	Vilaventura Trail	20:33	+09:35	06:51	
43	1060	Ines Grunho	Team Grunho	20:36	+09:38	06:52	
44	1008	Céline Santos Bairaada	Individual	21:10	+10:12	07:03	
45	1007	Andreia Bairaada	Individual	21:10	+10:12	07:03	
46	1037	Rafael Braga	Individual	22:07	+11:09	07:22	
47	1014	Francisca Silva	Individual	22:24	+11:26	07:28	
48	1041	Tomás Pereira	Individual	22:34	+11:36	07:31	
49	1070	Sara Matos	Vilaventura Trail	22:41	+11:43	07:34	
50	1021	Diogo André da Silva Reis	Individual	22:45	+11:47	07:35	
51	1026	João Carlos Gonçalves das Neves	Individual	22:49	+11:51	07:36	
52	1042	Ana Neves Ribeiro	Maxigym	24:10	+13:12	08:03	
53	1009	Charlene Carrasqueira	Individual	24:17	+13:19	08:06	
54	1058	Inês Neves Freitas	SicóTrilhos	24:17	+13:19	08:06	
55	1069	Fátima Covas	Vilaventura Trail	24:24	+13:26	08:08	
56	1019	Vera Lúcia Ribeiro Ferreira Ramos	Individual	24:40	+13:42	08:13	
57	1010	Cheila Miriam	Individual	24:44	+13:46	08:15	
58	1018	susana leite	Individual	25:05	+14:07	08:22	
59	1057	Vítor Daniel Gonçalves	Maxigym	31:30	+20:32	10:30	
60	1062	Paula Domingues	Team Grunho	35:20	+24:22	11:47	
61	1059	Celestina Domingues	Team Grunho	35:21	+24:23	11:47	
62	1004	Susana Oliveira	CPR A-DO-BARBAS	40:57	+29:59	13:39	

Corrida das Farturas

3 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	20:00	26.7°C	50%
End	20:43	22.9°C	67%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
------	-----	------	------	-----	--------	------	------

Senior Feminino

1	1043	Ana Patrícia Pinto dos Santos	Maxigym	Senior Feminino	14:55		04:58
2	1063	Sara Pereira	Team Grunho	Senior Feminino	16:29	+01:33	05:30
3	1017	Sabine Ferreira	Individual	Senior Feminino	17:14	+02:18	05:45
4	1016	Matilde Silva	Individual	Senior Feminino	17:16	+02:20	05:45
5	1011	Claudia Silva	Individual	Senior Feminino	17:18	+02:22	05:46
6	1012	Dalinda Isabel da Silva Eusébio	Individual	Senior Feminino	18:29	+03:34	06:10
7	1061	Lara Grunho	Team Grunho	Senior Feminino	19:33	+04:37	06:31
8	1049	Sylvie Costa Pereira	Maxigym	Senior Feminino	19:36	+04:40	06:32
9	1013	Dina Maria da Silva Alexandre	Individual	Senior Feminino	19:55	+04:59	06:38
10	1060	Ines Grunho	Team Grunho	Senior Feminino	20:36	+05:41	06:52
11	1008	Céline Santos Bairrada	Individual	Senior Feminino	21:10	+06:14	07:03
12	1007	Andreia Bairrada	Individual	Senior Feminino	21:10	+06:14	07:03
13	1014	Francisca Silva	Individual	Senior Feminino	22:24	+07:28	07:28
14	1070	Sara Matos	Vilaventura Trail	Senior Feminino	22:41	+07:46	07:34
15	1042	Ana Neves Ribeiro	Maxigym	Senior Feminino	24:10	+09:15	08:03
16	1009	Charlene Carrasqueira	Individual	Senior Feminino	24:17	+09:22	08:06
17	1058	Inês Neves Freitas	SicóTrilhos	Senior Feminino	24:17	+09:22	08:06
18	1069	Fátima Covas	Vilaventura Trail	Senior Feminino	24:24	+09:28	08:08
19	1019	Vera Lúcia Ribeiro Ferreira Ramos	Individual	Senior Feminino	24:40	+09:44	08:13
20	1010	Cheila Miriam	Individual	Senior Feminino	24:44	+09:49	08:15
21	1018	susana leite	Individual	Senior Feminino	25:05	+10:09	08:22
22	1062	Paula Domingues	Team Grunho	Senior Feminino	35:20	+20:24	11:47
23	1059	Celestina Domingues	Team Grunho	Senior Feminino	35:21	+20:25	11:47
24	1004	Susana Oliveira	CPR A-DO-BARBAS	Senior Feminino	40:57	+26:01	13:39

Senior Masculino

1	1006	Bernardo Salgado	CPT SOBRAL CEIRA	Senior Masculino	10:58		03:39
2	1080	Leonardo Jacinto	Juventude Vidigalense	Senior Masculino	10:59	+00:00	03:40
3	1081	Rafael Vieira	Juventude Vidigalense	Senior Masculino	11:22	+00:23	03:47
4	1031	Martim Neves	Individual	Senior Masculino	12:33	+01:35	04:11
5	1002	Guilherme de Sousa Martins	Bodo runners	Senior Masculino	12:35	+01:36	04:12
6	1030	Lucas Ferreira	Individual	Senior Masculino	12:49	+01:51	04:16
7	1005	Miguel Ferreira	CPR A-DO-BARBAS	Senior Masculino	12:51	+01:52	04:17
8	1020	Afonso Medeiros	Individual	Senior Masculino	13:11	+02:12	04:24
9	1068	Tiago Grunho Simões	Team Grunho	Senior Masculino	13:16	+02:17	04:25
10	1055	Roberto Fiuza	Maxigym	Senior Masculino	13:16	+02:18	04:25
11	1039	Rodrigo dos Santos Fernandes	Individual	Senior Masculino	13:16	+02:18	04:25
12	1066	Rafael Grunho Simões	Team Grunho	Senior Masculino	14:19	+03:20	04:46

Official Timekeeper: Lap2Go	1 / 2	generate 30-Jul-2022 20:56
-----------------------------	-------	----------------------------

Corrida das Farturas

3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

13	1056	Ruben Alexandre Alves da Silva	Maxigym	Senior Masculino	14:32	+03:34	04:51
14	1027	João Monteiro	Individual	Senior Masculino	14:34	+03:35	04:51
15	1034	Paulo Alexandre Antunes Pina	Individual	Senior Masculino	14:36	+03:37	04:52
16	1067	Samuel Pereira	Team Grunho	Senior Masculino	14:39	+03:41	04:53
17	1050	Alcides Pereira dos Santos Júnior	Maxigym	Senior Masculino	14:49	+03:51	04:56
18	1035	Paulo Jorge Oliveira Bernardes	Individual	Senior Masculino	15:38	+04:39	05:13
19	1038	Rodrigo Aperta Duarte Antunes	Individual	Senior Masculino	15:47	+04:49	05:16
20	1065	João Grunho	Team Grunho	Senior Masculino	15:50	+04:51	05:17
21	1029	Joel Martins	Individual	Senior Masculino	16:14	+05:15	05:25
22	1003	Pedro de Sousa Gameiro	Bodo runners	Senior Masculino	16:58	+05:59	05:39
23	1051	Jorge Paulo Frazão Lopes	Maxigym	Senior Masculino	17:13	+06:15	05:44
24	1064	David Domingues	Team Grunho	Senior Masculino	17:28	+06:30	05:49
25	1054	Miguel Magalhães Abreu Castelo Branco	Maxigym	Senior Masculino	18:12	+07:13	06:04
26	1025	Francisco João Gonçalves Santana	Individual	Senior Masculino	18:26	+07:27	06:09
27	1022	Diogo Lopes Sousa	Individual	Senior Masculino	18:26	+07:27	06:09
28	1028	João Paulo Simões Pina	Individual	Senior Masculino	18:26	+07:27	06:09
29	1032	Nuno Alves	Individual	Senior Masculino	19:38	+08:39	06:33
30	1033	Nuno Madaleno	Individual	Senior Masculino	20:08	+09:10	06:43
31	1023	Duarte Pereira	Individual	Senior Masculino	20:09	+09:10	06:43
32	1024	Francisco Aguiar	Individual	Senior Masculino	20:16	+09:17	06:45
33	1071	Daniel Covas	Vilaventura Trail	Senior Masculino	20:33	+09:35	06:51
34	1037	Rafael Braga	Individual	Senior Masculino	22:07	+11:08	07:22
35	1041	Tomás Pereira	Individual	Senior Masculino	22:34	+11:36	07:31
36	1021	Diogo André da Silva Reis	Individual	Senior Masculino	22:45	+11:46	07:35
37	1026	João Carlos Gonçalves das Neves	Individual	Senior Masculino	22:49	+11:50	07:36
38	1057	Vítor Daniel Gonçalves	Maxigym	Senior Masculino	31:30	+20:31	10:30