

OVERALL - TRAIL LONGO**25 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	Stages	RESULT	DIFF	t/KM
1	49	Mário Pinto	lusavouga cidep trail	Senior Masculino	1	02:27:19		05:54
2	85	Jose Meneses	nocturnos de paredes	Veterano M40	1	02:33:14	+05:55	06:08
3	28	Pedro Moreira	feirense trail	Veterano M45	1	02:38:00	+10:40	06:19
4	81	Carlos Vieira	lusavouga cidep trail	Senior Masculino	1	02:38:43	+11:23	06:21
5	79	Jorge Costa	linces do marão	Veterano M45	1	02:43:20	+16:00	06:32
6	30	Celso Oliveira	g.d. leões da guarda - lion runners	Senior Masculino	1	02:50:01	+22:42	06:48
7	11	Miguel Ferrás	a.d.amarante trail running	Senior Masculino	1	02:50:35	+23:16	06:49
8	403	Fábio Sufiatti	mss contabilidade trail team	Veterano M40	1	02:56:15	+28:55	07:03
9	75	Gilberto Costa	javalis100limites	Veterano M45	1	03:01:26	+34:07	07:15
10	93	Sérgio Monteiro	sardonisca runners	Senior Masculino	1	03:02:33	+35:13	07:18
11	37	José Sá	g.d. leões da guarda - lion runners	Veterano M40	1	03:05:56	+38:36	07:26
12	19	António loureiro	autistic runners	Veterano M55	1	03:06:15	+38:55	07:27
13	17	Jorge Manuel Barbosa Moreira	amigos do pedal trailagares	Veterano M55	1	03:07:38	+40:19	07:30
14	65	Rui Barbosa	individual	Veterano M45	1	03:08:06	+40:46	07:31
15	78	Nuno Duarte	linces do marão	Veterano M40	1	03:09:35	+42:15	07:35
16	10	Armando Moreira	>ribeiras trail	Veterano M45	1	03:12:52	+45:32	07:43
17	87	bruno soares	pupilos do zé-tó	Senior Masculino	1	03:15:09	+47:49	07:48
18	44	Miguel Alves	globalhome imobiliária	Senior Masculino	1	03:20:09	+52:50	08:00
19	18	Maria loureiro	associação desportiva de cabroelo	Veterana F50	1	03:22:12	+54:52	08:05
20	72	Jorge Silva	individual	Veterano M60	1	03:22:17	+54:57	08:05
21	84	Jorge Miranda	nba barrosas	Senior Masculino	1	03:22:46	+55:26	08:07
22	89	Maneul Zola	pupilos do zé-tó	Veterano M60	1	03:23:57	+56:37	08:09
23	61	JOSE MARTINS	individual	Veterano M45	1	03:25:52	+58:32	08:14
24	88	António silva (Barbas)	pupilos do zé-tó	Veterano M55	1	03:27:14	+59:55	08:17
25	59	Américo Vieira Costa	individual	Veterano M45	1	03:28:18	+01:00:59	08:20
26	68	Luis Costa	individual	Veterano M50	1	03:29:45	+01:02:26	08:23
27	42	André Araújo	individual	Senior Masculino	1	03:30:49	+01:03:30	08:26
28	43	André Marques	individual	Senior Masculino	1	03:30:55	+01:03:35	08:26
29	63	pedro Marques	individual	Veterano M45	1	03:31:39	+01:04:20	08:28
30	13	Margarida Sousa	ad marco 09	Veterana F45	1	03:32:38	+01:05:18	08:30
31	16	Paulo Correia	adsebolido trail	Veterano M50	1	03:32:44	+01:05:25	08:31
32	99	Ricardo Moutinho	valongo trail team	Senior Masculino	1	03:32:48	+01:05:28	08:31
33	9	Rui Gonçalves	>ribeiras trail	Veterano M40	1	03:33:00	+01:05:40	08:31
34	76	Tânia Ribeiro	linces do marão	Senior Feminino	1	03:33:35	+01:06:15	08:33
35	46	Joaquim Ribeiro	individual	Senior Masculino	1	03:37:30	+01:10:11	08:42
36	8	Nuno Freitas	individual	Veterano M45	1	03:37:53	+01:10:33	08:43
37	12	Gisela Sousa	ad marco 09	Veterana F40	1	03:38:59	+01:11:39	08:46
38	94	Ricardo Cunha	trail santa marta #aldeia dura	Veterano M40	1	03:41:14	+01:13:55	08:51
39	71	Agostinho Sousa	individual	Veterano M60	1	03:41:51	+01:14:32	08:52
40	83	Armando Moreno	mendes	Veterano M55	1	03:42:59	+01:15:39	08:55
41	55	Orlanda Rego	individual	Veterana F50	1	03:43:08	+01:15:48	08:56
42	27	Tânia Silva	feirense trail	Senior Feminino	1	03:46:17	+01:18:57	09:03
43	15	Bruno Barros	adsebolido trail	Veterano M40	1	03:48:04	+01:20:45	09:07
44	80	César Gonçalves	lousada runners	Veterano M45	1	03:49:53	+01:22:34	09:12
45	39	Mafalda Valente	geocrosstrail	Veterana F40	1	03:50:19	+01:22:59	09:13

OVERALL - TRAIL LONGO**25 KM**LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	Stages	RESULT	DIFF	t/KM
46	86	Eduardo Pinto	piratas running team	Veterano M45	1	03:50:50	+01:23:30	09:14
47	45	ivo miguel rocha santos	individual	Senior Masculino	1	03:52:30	+01:25:10	09:18
48	20	Rui Airosa	budeguita runners	Veterano M45	1	03:53:47	+01:26:28	09:21
49	14	Manuel Lopes	adsebolido trail	Senior Masculino	1	03:54:13	+01:26:54	09:22
50	95	Paula Dias	trepatrihos trail team	Veterana F50	1	03:56:38	+01:29:18	09:28
51	82	Marcos Gandra	mendes	Veterano M45	1	04:00:02	+01:32:43	09:36
52	29	Francisco Reis	francisco reis	Veterano M50	1	04:00:26	+01:33:06	09:37
53	74	Manuel Duarte	javalis100limites	Sub 23 Masculino	1	04:04:11	+01:36:52	09:46
54	31	Ana del Pino	g.d. leões da guarda - lion runners	Veterana F40	1	04:06:04	+01:38:45	09:51
55	6	Ana Fonseca	>ribeiras trail	Veterana F50	1	04:08:33	+01:41:14	09:57
56	97	Agostinho Oliveira Alves	trepatrihos trail team	Veterano M50	1	04:11:12	+01:43:53	10:03
57	33	Lucinda Gomes	g.d. leões da guarda - lion runners	Veterana F55	1	04:17:06	+01:49:47	10:17
58	24	Carlos Teixeira	chaves running team	Veterano M50	1	04:20:24	+01:53:05	10:25
59	57	Margarida Neves	individual	Veterana F55	1	04:21:00	+01:53:40	10:26
60	23	Amitaf Costa	chaves running team	Veterana F60	1	04:22:01	+01:54:41	10:29
61	26	Tiago Montalvão	correr leça	Veterano M40	1	04:22:49	+01:55:29	10:31
62	7	Rosa Gama	>ribeiras trail	Veterana F50	1	04:30:47	+02:03:28	10:50
63	91	Luís Almeida	correr leça	Veterano M60	1	04:30:47	+02:03:28	10:50
64	52	Pipo Calheiros	individual	Senior Masculino	1	04:36:58	+02:09:38	11:05
65	47	José Neiva	individual	Senior Masculino	1	04:36:58	+02:09:38	11:05
66	50	Nuno Caraça	individual	Senior Masculino	1	04:37:01	+02:09:41	11:05
67	48	Luis Lima	individual	Senior Masculino	1	04:37:16	+02:09:56	11:05
68	66	Antonio Alves	individual	Veterano M50	1	04:41:50	+02:14:30	11:16
69	54	Rui Almeida	individual	Senior Masculino	1	04:41:52	+02:14:32	11:16
70	40	Rui Moreira	geocrosstrail	Veterano M45	1	04:49:39	+02:22:19	11:35
71	51	PAULO FERREIRA	individual	Senior Masculino	1	04:50:53	+02:23:34	11:38
72	34	Filipe Pereira	g.d. leões da guarda - lion runners	Veterano M40	1	04:53:46	+02:26:27	11:45
73	38	Ernesto Martins	g.d. leões da guarda - lion runners	Veterano M60	1	04:53:49	+02:26:29	11:45
74	35	João Soares	g.d. leões da guarda - lion runners	Veterano M40	1	04:53:50	+02:26:31	11:45
75	36	Jorge Rocha	g.d. leões da guarda - lion runners	Veterano M40	1	04:53:51	+02:26:31	11:45
76	92	Hugo Almeida	salamandreco	Veterano M45	1	05:00:47	+02:33:27	12:02
77	60	Antonio Franco	individual	Veterano M45	1	05:00:49	+02:33:30	12:02
78	96	Paulo Nuno Barbosa Sampaio	trepatrihos trail team	Veterano M45	1	05:01:42	+02:34:22	12:04
79	67	António Pinheiro	individual	Veterano M50	1	05:13:43	+02:46:24	12:33
80	62	Lindolfo José Teixeira da Costa Sol	individual	Veterano M45	1	05:13:45	+02:46:26	12:33
81	98	Anabela Jorge	turres trail team	Veterana F50	1	06:01:04	+03:33:45	14:27
82	56	Paula Ventura	individual	Veterana F50	1	06:01:06	+03:33:46	14:27

Trail Longo

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Veterana F45

1	13	Margarida Sousa	AD Marco 09	Veterana F45	03:32:38	+01:05:18	08:30
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Veterana F50

1	18	Maria loureiro	Associação Desportiva de Cabroelo	Veterana F50	03:22:12	+54:52	08:05
2	55	Orlanda Rego	Individual	Veterana F50	03:43:08	+01:15:48	08:56
3	95	Paula Dias	TrepaTrilhos Trail Team	Veterana F50	03:56:38	+01:29:18	09:28
4	6	Ana Fonseca	>Ribeiras Trail	Veterana F50	04:08:33	+01:41:14	09:57
5	7	Rosa Gama	>Ribeiras Trail	Veterana F50	04:30:47	+02:03:28	10:50
6	98	Anabela Jorge	Turres Trail Team	Veterana F50	06:01:04	+03:33:45	14:27
7	56	Paula Ventura	Individual	Veterana F50	06:01:06	+03:33:46	14:27

Veterana F55

1	33	Lucinda Gomes	G.D. Leões da Guarda - LION RUNNERS	Veterana F55	04:17:06	+01:49:47	10:17
2	57	Margarida Neves	Individual	Veterana F55	04:21:00	+01:53:40	10:26

Veterana F60

1	23	Amitaf Costa	CHAVES RUNNING TEAM	Veterana F60	04:22:01	+01:54:41	10:29
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Veterano M40

1	85	Jose Meneses	NOCTURNOS DE PAREDES	Veterano M40	02:33:14	+05:55	06:08
2	403	Fábio Sufiatti	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	02:56:15	+28:55	07:03
3	37	José Sá	G.D. Leões da Guarda - LION RUNNERS	Veterano M40	03:05:56	+38:36	07:26
4	78	Nuno Duarte	Linces do Marão	Veterano M40	03:09:35	+42:15	07:35
5	9	Rui Gonçalves	>Ribeiras Trail	Veterano M40	03:33:00	+01:05:40	08:31
6	94	Ricardo Cunha	Trail Santa Marta #aldeia Dura	Veterano M40	03:41:14	+01:13:55	08:51
7	15	Bruno Barros	adsebolido trail	Veterano M40	03:48:04	+01:20:45	09:07
8	26	Tiago Montalvão	Correr Leça	Veterano M40	04:22:49	+01:55:29	10:31
9	34	Filipe Pereira	G.D. Leões da Guarda - LION RUNNERS	Veterano M40	04:53:46	+02:26:27	11:45
10	35	João Soares	G.D. Leões da Guarda - LION RUNNERS	Veterano M40	04:53:50	+02:26:31	11:45
11	36	Jorge Rocha	G.D. Leões da Guarda - LION RUNNERS	Veterano M40	04:53:51	+02:26:31	11:45

Trail Longo
25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Veterano M45

1	28	Pedro Moreira	Feirense Trail	Veterano M45	02:38:00	+10:40	06:19
2	79	Jorge Costa	Linces do Marão	Veterano M45	02:43:20	+16:00	06:32
3	75	Gilberto Costa	JAVALIS100LIMITES	Veterano M45	03:01:26	+34:07	07:15
4	65	Rui Barbosa	Individual	Veterano M45	03:08:06	+40:46	07:31
5	10	Armando Moreira	>Ribeiras Trail	Veterano M45	03:12:52	+45:32	07:43
6	61	JOSE MARTINS	Individual	Veterano M45	03:25:52	+58:32	08:14
7	59	Américo Vieira Costa	Individual	Veterano M45	03:28:18	+01:00:59	08:20
8	63	pedro Marques	Individual	Veterano M45	03:31:39	+01:04:20	08:28
9	8	Nuno Freitas	Individual	Veterano M45	03:37:53	+01:10:33	08:43
10	80	César Gonçalves	LOUSADA RUNNERS	Veterano M45	03:49:53	+01:22:34	09:12
11	86	Eduardo Pinto	Piratas running team	Veterano M45	03:50:50	+01:23:30	09:14
12	20	Rui Airosa	BUDEGUITA RUNNERS	Veterano M45	03:53:47	+01:26:28	09:21
13	82	Marcos Gandra	Mendes	Veterano M45	04:00:02	+01:32:43	09:36
14	40	Rui Moreira	GEOSROSTRAL	Veterano M45	04:49:39	+02:22:19	11:35
15	92	Hugo Almeida	Salamandrecos	Veterano M45	05:00:47	+02:33:27	12:02
16	60	Antonio Franco	Individual	Veterano M45	05:00:49	+02:33:30	12:02
17	96	Paulo Nuno Barbosa Sampaio	TrepaTrilhos Trail Team	Veterano M45	05:01:42	+02:34:22	12:04
18	62	Lindolfo José Teixeira da Costa Sol	Individual	Veterano M45	05:13:45	+02:46:26	12:33

Veterano M50

1	68	Luis Costa	Individual	Veterano M50	03:29:45	+01:02:26	08:23
2	16	Paulo Correia	adsebolido trail	Veterano M50	03:32:44	+01:05:25	08:31
3	29	Francisco Reis	Francisco Reis	Veterano M50	04:00:26	+01:33:06	09:37
4	97	Agostinho Oliveira Alves	TrepaTrilhos Trail Team	Veterano M50	04:11:12	+01:43:53	10:03
5	24	Carlos Teixeira	CHAVES RUNNING TEAM	Veterano M50	04:20:24	+01:53:05	10:25
6	66	Antonio Alves	Individual	Veterano M50	04:41:50	+02:14:30	11:16
7	67	António Pinheiro	Individual	Veterano M50	05:13:43	+02:46:24	12:33

Veterano M55

1	19	António loureiro	Autistic Runners	Veterano M55	03:06:15	+38:55	07:27
2	17	Jorge Manuel Barbosa Moreira	AMIGOS DO PEDAL TRILAGARES	Veterano M55	03:07:38	+40:19	07:30
3	88	António silva (Barbas)	Pupilos do Zé-Tó	Veterano M55	03:27:14	+59:55	08:17
4	83	Armando Moreno	Mendes	Veterano M55	03:42:59	+01:15:39	08:55

Veterano M60

1	72	Jorge Silva	Individual	Veterano M60	03:22:17	+54:57	08:05
2	89	Maneul Zola	Pupilos do Zé-Tó	Veterano M60	03:23:57	+56:37	08:09
3	71	Agostinho Sousa	Individual	Veterano M60	03:41:51	+01:14:32	08:52
4	91	Luís Almeida	Correr Leça	Veterano M60	04:30:47	+02:03:28	10:50

Official Timekeeper: Lap2Go	3 / 4	generate 03-jul-2022 14:33
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TEAM RESULTS - TRAIL LONGO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	LINCES DO MARÃO	5 + 15 + 34	54
2	PUPILOS DO ZÉ-TÓ	17 + 22 + 24	63
3	G.D. LEÕES DA GUARDA - LION RUNNERS	6 + 11 + 54	71
4	>RIBEIRAS TRAIL	16 + 33 + 55	104
5	ADSEBOLIDO TRAIL	31 + 43 + 49	123
6	TREPATRILHOS TRAIL TEAM	50 + 56 + 78	184

OVERALL - TRAIL CURTO
17 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	Stages	RESULT	DIFF	t/KM
1	235	Tiago Pinheiro	coronado runners	Senior Masculino	1	01:37:39		05:45
2	227	André Martins	chaves running team	Senior Masculino	1	01:38:55	+01:15	05:49
3	213	Rúben Ribeiro	bicharada team	Junior Masculino	1	01:40:45	+03:05	05:56
4	237	Ivo Barbosa	devasta trilhos	Senior Masculino	1	01:45:01	+07:21	06:11
5	232	Luis Gomes	confraria dos fatigados	Senior Masculino	1	01:45:57	+08:18	06:14
6	380	José loureiro	individual	Veterano M50	1	01:46:35	+08:55	06:16
7	287	Fábio Emanuel Brito Lopes	individual	Senior Masculino	1	01:46:50	+09:11	06:17
8	290	Hugo Filipe da Silva Santos	individual	Senior Masculino	1	01:49:23	+11:44	06:26
9	406	RUI MANUEL DE ALVIM FERNANDES DE SOUSA	mss contabilidade trail team	Veterano M45	1	01:49:37	+11:58	06:27
10	298	Leonel Barros	individual	Senior Masculino	1	01:51:18	+13:38	06:33
11	238	Mário da Silva	devasta trilhos	Senior Masculino	1	01:52:09	+14:29	06:36
12	239	Filipe PINTO	devasta trilhos	Veterano M40	1	01:52:12	+14:32	06:36
13	284	Emanuel António de Rocha	individual	Senior Masculino	1	01:52:57	+15:17	06:39
14	264	Gilberto Cruz	hsantamariart	Senior Masculino	1	01:56:31	+18:51	06:51
15	372	Alcino Neves Gouveia	individual	Veterano M50	1	01:56:49	+19:09	06:52
16	434	Pedro Paiva	pupilos do zé-tó	Veterano M40	1	01:56:56	+19:17	06:53
17	393	Fernando Seabra	individual	Veterano M60	1	01:59:07	+21:27	07:00
18	441	Carlos Silva	sport clube freamunde	Veterano M45	1	01:59:45	+22:05	07:03
19	402	Bruno Rocha	mss contabilidade trail team	Veterano M40	1	02:00:45	+23:05	07:06
20	388	Paulo Martins	individual	Veterano M55	1	02:01:07	+23:27	07:07
21	450	Armando Machado	trail team casa das reparações	Veterano M50	1	02:01:33	+23:53	07:09
22	382	Manuel Couto	individual	Veterano M50	1	02:03:20	+25:40	07:15
23	234	Luís Silvestre	confraria dos fatigados	Veterano M50	1	02:03:25	+25:45	07:16
24	405	Ibraim Sousa	mss contabilidade trail team	Veterano M40	1	02:04:10	+26:30	07:18
25	400	Dario Cardoso	leões de tardariz trail	Veterano M45	1	02:04:24	+26:45	07:19
26	427	António Borges	porto sentido runners	Veterano M45	1	02:04:26	+26:46	07:19
27	236	Marta Moreira	devasta trilhos	Senior Feminino	1	02:06:13	+28:33	07:25
28	454	Ricardo Carneiro	warehouse trail running team	Senior Masculino	1	02:07:35	+29:56	07:30
29	417	Sérgio Homes	os preguiças team	Veterano M45	1	02:07:39	+30:00	07:31
30	338	Bruno Daniel da Cunha Ferreira	individual	Veterano M40	1	02:07:40	+30:01	07:31
31	355	José Ribeiro	individual	Veterano M45	1	02:07:53	+30:14	07:31
32	376	F. Rui Teixeira	individual	Veterano M50	1	02:08:18	+30:38	07:33
33	343	Manuel Araujo	individual	Veterano M40	1	02:08:24	+30:45	07:33
34	203	Joaquim Pinto	>ribeiras trail	Veterano M45	1	02:08:47	+31:07	07:35
35	374	ANTONIO JOAO GOMES DA SILVA	individual	Veterano M50	1	02:08:51	+31:12	07:35
36	276	André Alexandre Meireles Silva	individual	Senior Masculino	1	02:10:01	+32:21	07:39
37	261	Fernando Platinas	generosos runners	Veterano M45	1	02:10:35	+32:55	07:41
38	299	Manu soarez	individual	Senior Masculino	1	02:11:36	+33:57	07:45
39	369	Sérgio Sousa	individual	Veterano M45	1	02:12:01	+34:21	07:46
40	365	Ricardo Rodrigues	individual	Veterano M45	1	02:12:05	+34:26	07:46
41	428	Fernando Queirós	porto sentido runners	Veterano M45	1	02:13:48	+36:09	07:52
42	260	Rogério Soares	trail team casa das reparações	Veterano M40	1	02:13:49	+36:09	07:52
43	350	António Coelho	individual	Veterano M45	1	02:13:51	+36:11	07:52

OVERALL - TRAIL CURTO**17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	Stages	RESULT	DIFF	t/KM
44	366	Rogério Ribeiro	individual	Veterano M45	1	02:15:33	+37:53	07:58
45	394	José Gomes	individual	Veterano M60	1	02:15:53	+38:14	08:00
46	317	Vitor hugo santos pereira	individual	Sub 23 Masculino	1	02:16:05	+38:25	08:00
47	315	Ricardo José da Silva Vieira	individual	Sub 23 Masculino	1	02:16:05	+38:25	08:00
48	449	João Sousa	trail team casa das reparações	Veterano M45	1	02:16:57	+39:17	08:03
49	267	Gonçalo Luís Azevedo Moreira	individual	Junior Masculino	1	02:17:03	+39:23	08:04
50	309	Tiago Freitas	individual	Senior Masculino	1	02:19:57	+42:18	08:14
51	415	Daniela Moutinho	os preguiças team	Senior Feminino	1	02:20:11	+42:31	08:15
52	312	Vera Nunes	individual	Sub 23 Feminino	1	02:21:40	+44:00	08:20
53	457	Paulo Jorge da Rocha Moreira	individual	Veterano M45	1	02:21:41	+44:01	08:20
54	303	Ricardo Filipe Rebelo Loureiro	individual	Senior Masculino	1	02:22:04	+44:24	08:21
55	389	Paulo Silva	individual	Veterano M55	1	02:22:25	+44:46	08:23
56	373	António Gomes	individual	Veterano M50	1	02:22:27	+44:47	08:23
57	416	Fernando Teixeira	os preguiças team	Senior Masculino	1	02:23:33	+45:53	08:27
58	233	Manuel Ferreira	confraria dos fatigados	Veterano M45	1	02:23:39	+46:00	08:27
59	431	Laurindo Moreira	porto sentido runners	Veterano M50	1	02:23:54	+46:14	08:28
60	346	Óscar Dias	individual	Veterano M40	1	02:24:17	+46:37	08:29
61	390	Paulo Silva	individual	Veterano M55	1	02:26:56	+49:16	08:39
62	341	JOAO DUARTE	individual	Veterano M40	1	02:27:55	+50:15	08:42
63	313	Diogo Francisco Pereira Soares	individual	Sub 23 Masculino	1	02:28:58	+51:19	08:46
64	283	Claudio Nuno Oliveira da Silva	individual	Senior Masculino	1	02:28:59	+51:19	08:46
65	356	José Silva	individual	Veterano M45	1	02:29:00	+51:20	08:46
66	352	Francisco da Rocha Soares	individual	Veterano M45	1	02:29:00	+51:21	08:46
67	340	Domingos Martins	individual	Veterano M40	1	02:29:29	+51:50	08:48
68	300	Paulo Torres	individual	Senior Masculino	1	02:30:00	+52:21	08:49
69	370	SILVIO MIGUEL ALVES FERREIRA	individual	Veterano M45	1	02:30:13	+52:34	08:50
70	391	Vicente Pinto	individual	Veterano M55	1	02:31:57	+54:18	08:56
71	314	Hugo Pedrosa	individual	Sub 23 Masculino	1	02:33:19	+55:39	09:01
72	448	Eduardo Soares	trail team casa das reparações	Veterano M40	1	02:34:23	+56:43	09:05
73	414	Clara Teixeira	os preguiças team	Senior Feminino	1	02:34:37	+56:57	09:06
74	310	Tiago Manuel Dias Ribeiro	individual	Senior Masculino	1	02:34:39	+56:59	09:06
75	446	Tiago João Gonçalves Serrano	tontos team	Veterano M40	1	02:34:48	+57:08	09:06
76	311	Vasco Samouco	individual	Senior Masculino	1	02:34:58	+57:19	09:07
77	411	Diogo Moura	nova linha trail runners	Senior Masculino	1	02:36:05	+58:25	09:11
78	294	João Pedrosa	individual	Senior Masculino	1	02:36:09	+58:30	09:11
79	408	António Martins	mss contabilidade trail team	Veterano M50	1	02:37:16	+59:36	09:15
80	360	Paulo Cosme	individual	Veterano M45	1	02:37:17	+59:38	09:15
81	398	Sérgio Ribeiro	laskasas	Veterano M40	1	02:38:17	+01:00:37	09:19
82	399	J Pacheco	laskasas	Veterano M45	1	02:38:22	+01:00:43	09:19
83	354	Jorge Durães	individual	Veterano M45	1	02:38:33	+01:00:53	09:20
84	217	Tiago Seabra	caminhada da amizade	Senior Masculino	1	02:39:14	+01:01:34	09:22
85	224	DOMINGOS MAURÍCIO DOS SANTOS FERREIRA	cancelus	Veterano M50	1	02:39:21	+01:01:42	09:22
86	442	António Moreira	taylor's	Senior Masculino	1	02:40:13	+01:02:33	09:26
87	229	Mena Costa	chaves running team	Veterana F50	1	02:40:24	+01:02:44	09:26
88	244	Margarida Teixeira	fridão sem limites	Junior Feminino	1	02:42:12	+01:04:32	09:32

OVERALL - TRAIL CURTO

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	Stages	RESULT	DIFF	t/KM
89	245	Eliana Teixeira	fridão sem limites	Senior Feminino	1	02:42:12	+01:04:32	09:32
90	263	Manuel António da Silva	gondoo futsal clube	Senior Masculino	1	02:42:14	+01:04:34	09:33
91	359	Nuno Vasconcelos Soares	individual	Veterano M45	1	02:42:20	+01:04:41	09:33
92	21	Nuno Teixeira	caminhada da amizade	Veterano M40	1	02:43:13	+01:05:33	09:36
93	361	Paulo Jorge Rio Fernandes da Silva	individual	Veterano M45	1	02:43:18	+01:05:39	09:36
94	77	Liliana Carvalho	lincos do marão	Veterana F40	1	02:43:25	+01:05:45	09:37
95	383	Rui Moreira	individual	Veterano M50	1	02:43:40	+01:06:00	09:38
96	259	Horacio Ferreira	generosos runners	Veterano M40	1	02:44:43	+01:07:03	09:41
97	344	Nelson Freitas	individual	Veterano M40	1	02:44:46	+01:07:06	09:42
98	368	Rui Silva	individual	Veterano M45	1	02:44:52	+01:07:12	09:42
99	242	Ana Neto	fc vizela	Veterana F40	1	02:45:08	+01:07:29	09:43
100	243	Paulo Freitas	fc vizela	Veterano M45	1	02:45:23	+01:07:44	09:44
101	204	José Venâncio Moreira de Moura	>ribeiras trail	Veterano M55	1	02:47:12	+01:09:32	09:50
102	230	Domingos Domingues	chaves running team	Veterano M55	1	02:47:12	+01:09:33	09:50
103	228	Paula Adagoi	chaves running team	Veterana F45	1	02:47:12	+01:09:33	09:50
104	385	Armando Matias Teixeira	individual	Veterano M55	1	02:48:31	+01:10:52	09:55
105	386	João Paulo Oliveira	individual	Veterano M55	1	02:48:32	+01:10:52	09:55
106	330	Paula Almeida	individual	Veterana F50	1	02:48:48	+01:11:09	09:56
107	371	Vitor Moreira	individual	Veterano M45	1	02:48:48	+01:11:09	09:56
108	214	Sérgio Manuel Azevedo Fernandes	btt 9:15 louro	Veterano M40	1	02:49:01	+01:11:21	09:57
109	433	pedro pombal	pupilos do zé-tó	Veterano M45	1	02:49:31	+01:11:52	09:58
110	392	Agostinho Pedrosa	individual	Veterano M60	1	02:49:42	+01:12:03	09:59
111	288	Fábio José Sousa Silva	individual	Senior Masculino	1	02:50:12	+01:12:32	10:01
112	297	José Nogueira	individual	Senior Masculino	1	02:50:24	+01:12:44	10:01
113	387	Manuel Guedes	individual	Veterano M55	1	02:51:28	+01:13:49	10:05
114	439	Nuno Jorge Correia Brito	salgueiros running	Veterano M45	1	02:51:47	+01:14:07	10:06
115	445	Miguel Mendes	team nga	Veterano M40	1	02:53:01	+01:15:21	10:11
116	241	Maria Teixeira	estúdio easy	Veterana F55	1	02:53:10	+01:15:30	10:11
117	422	Elizabete Loureiro	porto sentido runners	Veterana F45	1	02:53:24	+01:15:44	10:12
118	455	Bruno Pedrosa	xtrilhosteam	Senior Masculino	1	02:53:30	+01:15:51	10:12
119	407	António Luís	mss contabilidade trail team	Veterano M50	1	02:53:32	+01:15:53	10:13
120	351	Carlos Fagundes	individual	Veterano M45	1	02:55:51	+01:18:11	10:21
121	339	Carlos Pinto	individual	Veterano M40	1	02:56:35	+01:18:56	10:23
122	292	Ivo Brás	individual	Senior Masculino	1	02:57:24	+01:19:44	10:26
123	430	Abílio Silva	porto sentido runners	Veterano M50	1	02:57:52	+01:20:12	10:28
124	220	Ricardo Pinto	caminhada da amizade	Veterano M40	1	02:59:59	+01:22:19	10:35
125	397	Tony Barbosa	javalis100limites	Veterano M50	1	02:59:59	+01:22:20	10:35
126	364	Ricardo Ferreira	individual	Veterano M45	1	03:00:02	+01:22:23	10:35
127	282	Celso Soares	individual	Senior Masculino	1	03:00:49	+01:23:09	10:38
128	337	Bruno Aroso	individual	Veterano M40	1	03:05:59	+01:28:19	10:56
129	231	Paulo Silva	clube zupper	Veterano M40	1	03:05:59	+01:28:19	10:56
130	347	Ricardo Alves	individual	Veterano M40	1	03:06:12	+01:28:32	10:57
131	247	Eduardo Oliveira	g.d. leões da guarda - lion runners	Junior Masculino	1	03:08:44	+01:31:04	11:06
132	410	Carlos Sousa	north call	Senior Masculino	1	03:09:01	+01:31:21	11:07
133	409	Elisabete Sousa	north call	Senior Feminino	1	03:09:01	+01:31:21	11:07

OVERALL - TRAIL CURTO
17 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	Stages	RESULT	DIFF	t/KM
134	226	Paulo Gonçalves	centro cultural d. t. stcp	Veterano M50	1	03:11:39	+01:33:59	11:16
135	421	Hugo Miguel	porto sentido runners	Senior Masculino	1	03:11:40	+01:34:00	11:16
136	308	Rui Filipe Azevedo	individual	Senior Masculino	1	03:14:30	+01:36:50	11:26
137	281	Carlos Filipe Jesus Ribeiro	individual	Senior Masculino	1	03:14:37	+01:36:57	11:27
138	329	Conceição Rocha	individual	Veterana F50	1	03:16:31	+01:38:51	11:34
139	333	Maria Cabral	individual	Veterana F55	1	03:19:09	+01:41:29	11:43
140	452	Fernando Neto	tudo a dois	Veterano M40	1	03:20:00	+01:42:21	11:46
141	451	Andreia Silva	tudo a dois	Senior Feminino	1	03:20:00	+01:42:21	11:46
142	367	Rui Manuel Dias Moreira Fernandes	individual	Veterano M45	1	03:20:10	+01:42:31	11:47
143	246	Rosa Soares	fridão sem limites	Veterana F50	1	03:20:10	+01:42:31	11:47
144	289	Filipe Serra	individual	Senior Masculino	1	03:21:27	+01:43:47	11:51
145	377	Fernando Antonio Resende Rodrigues	individual	Veterano M50	1	03:21:45	+01:44:05	11:52
146	291	Isaías Vieira	individual	Senior Masculino	1	03:22:02	+01:44:22	11:53
147	293	João Pedro Cardoso	individual	Senior Masculino	1	03:22:05	+01:44:26	11:53
148	295	Joaquim Valdemar Cardoso	individual	Senior Masculino	1	03:22:07	+01:44:27	11:53
149	249	Amélia Ramos	g.d. leões da guarda - lion runners	Veterana F45	1	03:22:28	+01:44:48	11:55
150	252	Rosa Barros	g.d. leões da guarda - lion runners	Veterana F60	1	03:24:13	+01:46:34	12:01
151	305	Ricardo Novais	individual	Senior Masculino	1	03:24:13	+01:46:34	12:01
152	218	Carla Moreira	caminhada da amizade	Veterana F40	1	03:24:41	+01:47:02	12:02
153	426	Filipe Maria	porto sentido runners	Veterano M40	1	03:25:19	+01:47:39	12:05
154	444	Norberto Aguiar	team nga	Senior Masculino	1	03:26:22	+01:48:43	12:08
155	334	Paula cristina Oliveira silva	individual	Veterana F55	1	03:26:53	+01:49:13	12:10
156	210	Pedro Santos	arcd venda da luísa	Veterano M40	1	03:27:16	+01:49:37	12:12
157	221	Paulo Carneiro	caminhada da amizade	Veterano M45	1	03:27:47	+01:50:07	12:13
158	219	Zélia Maria Ribeiro Sousa	caminhada da amizade	Veterana F55	1	03:27:47	+01:50:08	12:13
159	443	Bruno Pinho	team nga	Senior Masculino	1	03:29:07	+01:51:28	12:18
160	424	Sandra Mascarenhas	porto sentido runners	Veterana F50	1	03:29:18	+01:51:38	12:19
161	429	Rui Almeida Teixeira	porto sentido runners	Veterano M45	1	03:29:18	+01:51:38	12:19
162	223	ANTONIO RUI CUNHA ROCHA MOREIRA CRUZ	cancelus	Veterano M45	1	03:30:17	+01:52:37	12:22
163	395	Carla Pereira	javalis100limites	Veterana F40	1	03:34:20	+01:56:40	12:37
164	208	Marco Paulo Ribeiro Nunes	a.d.amarante trail running	Veterano M40	1	03:34:39	+01:56:59	12:38
165	207	Alice Barbosa Pereira	a.d.amarante trail running	Veterana F40	1	03:34:39	+01:56:59	12:38
166	349	Albano Coelho	individual	Veterano M45	1	03:34:39	+01:56:59	12:38
167	363	Pedro Gaio	individual	Veterano M45	1	03:37:45	+02:00:05	12:49
168	353	Jorge Cruz	individual	Veterano M45	1	03:37:45	+02:00:05	12:49
169	438	Lígia Freitas	s4l medense fc	Veterana F40	1	03:37:46	+02:00:07	12:49
170	326	Bia Maia	individual	Veterana F50	1	03:37:55	+02:00:15	12:49
171	324	Patrícia Martins	individual	Veterana F45	1	03:37:55	+02:00:15	12:49
172	379	JAIME MANUEL PRIETO MORAIS	individual	Veterano M50	1	03:39:59	+02:02:20	12:56
173	328	Clara Rua	individual	Veterana F50	1	03:40:01	+02:02:21	12:57
174	250	Carina Silva	g.d. leões da guarda - lion runners	Veterana F45	1	03:44:39	+02:06:59	13:13
175	419	Manuel Teixeira	patrocinadores	Veterano M60	1	03:48:53	+02:11:13	13:28
176	378	FERNANDO CORREIA	individual	Veterano M50	1	04:07:34	+02:29:54	14:34
177	381	José Manuel Ferreira	individual	Veterano M50	1	04:11:15	+02:33:35	14:47

Trail Curto
17 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	08:45	17,1°C	77%
End	13:54	17,1°C	77%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Junior Feminino

1	244	Margarida Teixeira	Fridão Sem Limites	Junior Feminino	02:42:12	+01:04:32	09:32
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Junior Masculino

1	213	Rúben Ribeiro	Bicharada Team	Junior Masculino	01:40:45	+03:05	05:56
2	267	Gonçalo Luís Azevedo Moreira	Individual	Junior Masculino	02:17:03	+39:23	08:04
3	247	Eduardo Oliveira	G.D. Leões da Guarda - LION RUNNERS	Junior Masculino	03:08:44	+01:31:04	11:06

Senior Feminino

1	236	Marta Moreira	Devasta Trilhos	Senior Feminino	02:06:13	+28:33	07:25
2	415	Daniela Moutinho	Os Preguiças Team	Senior Feminino	02:20:11	+42:31	08:15
3	414	Clara Teixeira	Os Preguiças Team	Senior Feminino	02:34:37	+56:57	09:06
4	245	Eliana Teixeira	Fridão Sem Limites	Senior Feminino	02:42:12	+01:04:32	09:32
5	409	Elisabete Sousa	North Call	Senior Feminino	03:09:01	+01:31:21	11:07
6	451	Andreia Silva	Tudo a dois	Senior Feminino	03:20:00	+01:42:21	11:46
7	273	Mafalda Encarnação	Individual	Senior Feminino	05:02:13	+03:24:34	17:47

Senior Masculino

1	235	Tiago Pinheiro	Coronado runners	Senior Masculino	01:37:39		05:45
2	227	André Martins	CHAVES RUNNING TEAM	Senior Masculino	01:38:55	+01:15	05:49
3	237	Ivo Barbosa	Devasta Trilhos	Senior Masculino	01:45:01	+07:21	06:11
4	232	Luis Gomes	Confraria dos Fatigados	Senior Masculino	01:45:57	+08:18	06:14
5	287	Fábio Emanuel Brito Lopes	Individual	Senior Masculino	01:46:50	+09:11	06:17
6	290	Hugo Filipe da Silva Santos	Individual	Senior Masculino	01:49:23	+11:44	06:26
7	298	Leonel Barros	Individual	Senior Masculino	01:51:18	+13:38	06:33
8	238	Mário da Silva	Devasta Trilhos	Senior Masculino	01:52:09	+14:29	06:36
9	284	Emanuel António de Rocha	Individual	Senior Masculino	01:52:57	+15:17	06:39
10	264	Gilberto Cruz	HSANTAMARIART	Senior Masculino	01:56:31	+18:51	06:51
11	454	Ricardo Carneiro	Warehouse Trail Running Team	Senior Masculino	02:07:35	+29:56	07:30
12	276	André Alexandre Meireles Silva	Individual	Senior Masculino	02:10:01	+32:21	07:39
13	299	Manu soarez	Individual	Senior Masculino	02:11:36	+33:57	07:45
14	309	Tiago Freitas	Individual	Senior Masculino	02:19:57	+42:18	08:14
15	303	Ricardo Filipe Rebelo Loureiro	Individual	Senior Masculino	02:22:04	+44:24	08:21
16	416	Fernando Teixeira	Os Preguiças Team	Senior Masculino	02:23:33	+45:53	08:27
17	283	Claudio Nuno Oliveira da Silva	Individual	Senior Masculino	02:28:59	+51:19	08:46

Trail Curto

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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18	300	Paulo Torres	Individual	Senior Masculino	02:30:00	+52:21	08:49
19	310	Tiago Manuel Dias Ribeiro	Individual	Senior Masculino	02:34:39	+56:59	09:06
20	311	Vasco Samouco	Individual	Senior Masculino	02:34:58	+57:19	09:07
21	411	Diogo Moura	Nova Linha Trail Runners	Senior Masculino	02:36:05	+58:25	09:11
22	294	João Pedrosa	Individual	Senior Masculino	02:36:09	+58:30	09:11
23	217	Tiago Seabra	Caminhada da Amizade	Senior Masculino	02:39:14	+01:01:34	09:22
24	442	António Moreira	Taylor's	Senior Masculino	02:40:13	+01:02:33	09:26
25	263	Manuel António da Silva	Gondoo futsal clube	Senior Masculino	02:42:14	+01:04:34	09:33
26	288	Fábio José Sousa Silva	Individual	Senior Masculino	02:50:12	+01:12:32	10:01
27	297	José Nogueira	Individual	Senior Masculino	02:50:24	+01:12:44	10:01
28	455	Bruno Pedrosa	Xtrilhosteam	Senior Masculino	02:53:30	+01:15:51	10:12
29	292	Ivo Brás	Individual	Senior Masculino	02:57:24	+01:19:44	10:26
30	282	Celso Soares	Individual	Senior Masculino	03:00:49	+01:23:09	10:38
31	410	Carlos Sousa	North Call	Senior Masculino	03:09:01	+01:31:21	11:07
32	421	Hugo Miguel	Porto Sentido Runners	Senior Masculino	03:11:40	+01:34:00	11:16
33	308	Rui Filipe Azevedo	Individual	Senior Masculino	03:14:30	+01:36:50	11:26
34	281	Carlos Filipe Jesus Ribeiro	Individual	Senior Masculino	03:14:37	+01:36:57	11:27
35	289	Filipe Serra	Individual	Senior Masculino	03:21:27	+01:43:47	11:51
36	291	Isaías Vieira	Individual	Senior Masculino	03:22:02	+01:44:22	11:53
37	293	João Pedro Cardoso	Individual	Senior Masculino	03:22:05	+01:44:26	11:53
38	295	Joaquim Valdemar Cardoso	Individual	Senior Masculino	03:22:07	+01:44:27	11:53
39	305	Ricardo Novais	Individual	Senior Masculino	03:24:13	+01:46:34	12:01
40	444	Norberto Aguiar	Team NGA	Senior Masculino	03:26:22	+01:48:43	12:08
41	443	Bruno Pinho	Team NGA	Senior Masculino	03:29:07	+01:51:28	12:18
42	306	Ricardo Vale	Individual	Senior Masculino	04:43:51	+03:06:11	16:42
43	278	André Rocha	Individual	Senior Masculino	04:43:51	+03:06:11	16:42
44	302	Pedro Leal	Individual	Senior Masculino	04:43:51	+03:06:12	16:42

Sub 23 Feminino

1	312	Vera Nunes	Individual	Sub 23 Feminino	02:21:40	+44:00	08:20
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Sub 23 Masculino

1	317	Vitor hugo santos pereira	Individual	Sub 23 Masculino	02:16:05	+38:25	08:00
2	315	Ricardo José da Silva Vieira	Individual	Sub 23 Masculino	02:16:05	+38:25	08:00
3	313	Diogo Francisco Pereira Soares	Individual	Sub 23 Masculino	02:28:58	+51:19	08:46
4	314	Hugo Pedrosa	Individual	Sub 23 Masculino	02:33:19	+55:39	09:01

Veterana F40

1	77	Liliana Carvalho	Linces do Marão	Veterana F40	02:43:25	+01:05:45	09:37
2	242	Ana Neto	Fc Vizela	Veterana F40	02:45:08	+01:07:29	09:43
3	218	Carla Moreira	Caminhada da Amizade	Veterana F40	03:24:41	+01:47:02	12:02
4	395	Carla Pereira	JAVALIS100LIMITES	Veterana F40	03:34:20	+01:56:40	12:37

Official Timekeeper: Lap2Go

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Trail Curto

17 KM

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OFFICIAL RESULT

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5	207	Alice Barbosa Pereira	A.D.Amarante trail running	Veterana F40	03:34:39	+01:56:59	12:38
6	438	Lígia Freitas	S4L MEDENSE FC	Veterana F40	03:37:46	+02:00:07	12:49

Veterana F45

1	228	Paula Adagoi	CHAVES RUNNING TEAM	Veterana F45	02:47:12	+01:09:33	09:50
2	422	Elizabete Loureiro	Porto Sentido Runners	Veterana F45	02:53:24	+01:15:44	10:12
3	249	Amélia Ramos	G.D. Leões da Guarda - LION RUNNERS	Veterana F45	03:22:28	+01:44:48	11:55
4	324	Patrícia Martins	Individual	Veterana F45	03:37:55	+02:00:15	12:49
5	250	Carina Silva	G.D. Leões da Guarda - LION RUNNERS	Veterana F45	03:44:39	+02:06:59	13:13
6	323	Marisa Gomes	Individual	Veterana F45	04:11:26	+02:33:46	14:47
7	319	Angela Ferreira	Individual	Veterana F45	04:11:26	+02:33:46	14:47
8	325	Sónia Marlene Ferreira Neves	Individual	Veterana F45	04:11:26	+02:33:46	14:47
9	396	Cristina Duarte	JAVALIS100LIMITES	Veterana F45	04:37:32	+02:59:52	16:20
10	321	Helga Cosme	Individual	Veterana F45	05:09:47	+03:32:07	18:13

Veterana F50

1	229	Mena Costa	CHAVES RUNNING TEAM	Veterana F50	02:40:24	+01:02:44	09:26
2	330	Paula Almeida	Individual	Veterana F50	02:48:48	+01:11:09	09:56
3	329	Conceição Rocha	Individual	Veterana F50	03:16:31	+01:38:51	11:34
4	246	Rosa Soares	Fridão Sem Limites	Veterana F50	03:20:10	+01:42:31	11:47
5	424	Sandra Mascarenhas	Porto Sentido Runners	Veterana F50	03:29:18	+01:51:38	12:19
6	326	Bia Maia	Individual	Veterana F50	03:37:55	+02:00:15	12:49
7	328	Clara Rua	Individual	Veterana F50	03:40:01	+02:02:21	12:57
8	327	Carla Gonçalves	Individual	Veterana F50	05:02:14	+03:24:34	17:47

Veterana F55

1	241	Maria Teixeira	Estúdio Easy	Veterana F55	02:53:10	+01:15:30	10:11
2	333	Maria Cabral	Individual	Veterana F55	03:19:09	+01:41:29	11:43
3	334	Paula cristina Oliveira silva	Individual	Veterana F55	03:26:53	+01:49:13	12:10
4	219	Zélia Maria Ribeiro Sousa	Caminhada da Amizade	Veterana F55	03:27:47	+01:50:08	12:13
5	265	ANA ROSA ASSUNÇÃO CRUZ RODRIGUES	HSANTAMARIART	Veterana F55	04:59:27	+03:21:47	17:37

Veterana F60

1	252	Rosa Barros	G.D. Leões da Guarda - LION RUNNERS	Veterana F60	03:24:13	+01:46:34	12:01
2	266	MARIA EMÍLIA DURÃES G. PIRES	HSANTAMARIART	Veterana F60	04:59:28	+03:21:49	17:37

Trail Curto

17 KM

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OFFICIAL RESULT

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Veterano M40

1	239	Filipe PINTO	Devasta Trilhos	Veterano M40	01:52:12	+14:32	06:36
2	434	Pedro Paiva	Pupilos do Zé-Tó	Veterano M40	01:56:56	+19:17	06:53
3	402	Bruno Rocha	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	02:00:45	+23:05	07:06
4	405	Ibraim Sousa	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	02:04:10	+26:30	07:18
5	338	Bruno Daniel da Cunha Ferreira	Individual	Veterano M40	02:07:40	+30:01	07:31
6	343	Manuel Araujo	Individual	Veterano M40	02:08:24	+30:45	07:33
7	260	Rogério Soares	Trail Team Casa das Reparações	Veterano M40	02:13:49	+36:09	07:52
8	346	Óscar Dias	Individual	Veterano M40	02:24:17	+46:37	08:29
9	341	JOAO DUARTE	Individual	Veterano M40	02:27:55	+50:15	08:42
10	340	Domingos Martins	Individual	Veterano M40	02:29:29	+51:50	08:48
11	448	Eduardo Soares	Trail Team Casa das Reparações	Veterano M40	02:34:23	+56:43	09:05
12	446	Tiago João Gonçalves Serrano	Tontos Team	Veterano M40	02:34:48	+57:08	09:06
13	398	Sérgio Ribeiro	laskasas	Veterano M40	02:38:17	+01:00:37	09:19
14	21	Nuno Teixeira	Caminhada da Amizade	Veterano M40	02:43:13	+01:05:33	09:36
15	259	Horacio Ferreira	GENEROSOS RUNNERS	Veterano M40	02:44:43	+01:07:03	09:41
16	344	Nelson Freitas	Individual	Veterano M40	02:44:46	+01:07:06	09:42
17	214	Sérgio Manuel Azevedo Fernandes	BTT 9:15 LOURO	Veterano M40	02:49:01	+01:11:21	09:57
18	445	Miguel Mendes	Team NGA	Veterano M40	02:53:01	+01:15:21	10:11
19	339	Carlos Pinto	Individual	Veterano M40	02:56:35	+01:18:56	10:23
20	220	Ricardo Pinto	Caminhada da Amizade	Veterano M40	02:59:59	+01:22:19	10:35
21	337	Bruno Aroso	Individual	Veterano M40	03:05:59	+01:28:19	10:56
22	231	Paulo Silva	Clube Zupper	Veterano M40	03:05:59	+01:28:19	10:56
23	347	Ricardo Alves	Individual	Veterano M40	03:06:12	+01:28:32	10:57
24	452	Fernando Neto	Tudo a dois	Veterano M40	03:20:00	+01:42:21	11:46
25	426	Filipe Maria	Porto Sentido Runners	Veterano M40	03:25:19	+01:47:39	12:05
26	210	Pedro Santos	ARCD Venda da Luísa	Veterano M40	03:27:16	+01:49:37	12:12
27	208	Marco Paulo Ribeiro Nunes	A.D.Amarante trail running	Veterano M40	03:34:39	+01:56:59	12:38

Veterano M45

1	406	RUI MANUEL DE ALVIM FERNANDES DE SOUSA	MSS CONTABILIDADE TRAIL TEAM	Veterano M45	01:49:37	+11:58	06:27
2	441	Carlos Silva	Sport Clube Freamunde	Veterano M45	01:59:45	+22:05	07:03
3	400	Dario Cardoso	Leões de Tardariz Trail	Veterano M45	02:04:24	+26:45	07:19
4	427	António Borges	Porto Sentido Runners	Veterano M45	02:04:26	+26:46	07:19
5	417	Sérgio Homes	Os Preguiças Team	Veterano M45	02:07:39	+30:00	07:31
6	355	José Ribeiro	Individual	Veterano M45	02:07:53	+30:14	07:31
7	203	Joaquim Pinto	>Ribeiras Trail	Veterano M45	02:08:47	+31:07	07:35
8	261	Fernando Platinas	GENEROSOS RUNNERS	Veterano M45	02:10:35	+32:55	07:41
9	369	Sérgio Sousa	Individual	Veterano M45	02:12:01	+34:21	07:46
10	365	Ricardo Rodrigues	Individual	Veterano M45	02:12:05	+34:26	07:46
11	428	Fernando Queirós	Porto Sentido Runners	Veterano M45	02:13:48	+36:09	07:52
12	350	António Coelho	Individual	Veterano M45	02:13:51	+36:11	07:52

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Trail Curto
17 KM

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OFFICIAL RESULT

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13	366	Rogério Ribeiro	Individual	Veterano M45	02:15:33	+37:53	07:58
14	449	João Sousa	Trail Team Casa das Reparações	Veterano M45	02:16:57	+39:17	08:03
15	457	Paulo Jorge da Rocha Moreira	Individual	Veterano M45	02:21:41	+44:01	08:20
16	233	Manuel Ferreira	Confraria dos Fatigados	Veterano M45	02:23:39	+46:00	08:27
17	356	José Silva	Individual	Veterano M45	02:29:00	+51:20	08:46
18	352	Francisco da Rocha Soares	Individual	Veterano M45	02:29:00	+51:21	08:46
19	370	SILVIO MIGUEL ALVES FERREIRA	Individual	Veterano M45	02:30:13	+52:34	08:50
20	360	Paulo Cosme	Individual	Veterano M45	02:37:17	+59:38	09:15
21	399	J Pacheco	laskasas	Veterano M45	02:38:22	+01:00:43	09:19
22	354	Jorge Durães	Individual	Veterano M45	02:38:33	+01:00:53	09:20
23	359	Nuno Vasconcelos Soares	Individual	Veterano M45	02:42:20	+01:04:41	09:33
24	361	Paulo Jorge Rio Fernandes da Silva	Individual	Veterano M45	02:43:18	+01:05:39	09:36
25	368	Rui Silva	Individual	Veterano M45	02:44:52	+01:07:12	09:42
26	243	Paulo Freitas	Fc Vizela	Veterano M45	02:45:23	+01:07:44	09:44
27	371	Vitor Moreira	Individual	Veterano M45	02:48:48	+01:11:09	09:56
28	433	pedro pombal	Pupilos do Zé-Tó	Veterano M45	02:49:31	+01:11:52	09:58
29	439	Nuno Jorge Correia Brito	Salgueiros Running	Veterano M45	02:51:47	+01:14:07	10:06
30	351	Carlos Fagundes	Individual	Veterano M45	02:55:51	+01:18:11	10:21
31	364	Ricardo Ferreira	Individual	Veterano M45	03:00:02	+01:22:23	10:35
32	367	Rui Manuel Dias Moreira Fernandes	Individual	Veterano M45	03:20:10	+01:42:31	11:47
33	221	Paulo Carneiro	Caminhada da Amizade	Veterano M45	03:27:47	+01:50:07	12:13
34	429	Rui Almeida Teixeira	Porto Sentido Runners	Veterano M45	03:29:18	+01:51:38	12:19
35	223	ANTONIO RUI CUNHA ROCHA MOREIRA CRUZ	CANCELUS	Veterano M45	03:30:17	+01:52:37	12:22
36	349	Albano Coelho	Individual	Veterano M45	03:34:39	+01:56:59	12:38
37	363	Pedro Gaio	Individual	Veterano M45	03:37:45	+02:00:05	12:49
38	353	Jorge Cruz	Individual	Veterano M45	03:37:45	+02:00:05	12:49

Veterano M50

1	380	José loureiro	Individual	Veterano M50	01:46:35	+08:55	06:16
2	372	Alcino Neves Gouveia	Individual	Veterano M50	01:56:49	+19:09	06:52
3	450	Armando Machado	Trail Team Casa das Reparações	Veterano M50	02:01:33	+23:53	07:09
4	382	Manuel Couto	Individual	Veterano M50	02:03:20	+25:40	07:15
5	234	Luís Silvestre	Confraria dos Fatigados	Veterano M50	02:03:25	+25:45	07:16
6	376	F. Rui Teixeira	Individual	Veterano M50	02:08:18	+30:38	07:33
7	374	ANTONIO JOAO GOMES DA SILVA	Individual	Veterano M50	02:08:51	+31:12	07:35
8	373	António Gomes	Individual	Veterano M50	02:22:27	+44:47	08:23
9	431	Laurindo Moreira	Porto Sentido Runners	Veterano M50	02:23:54	+46:14	08:28
10	408	António Martins	MSS CONTABILIDADE TRAIL TEAM	Veterano M50	02:37:16	+59:36	09:15
11	224	DOMINGOS MAURÍCIO DOS SANTOS FERREIRA	CANCELUS	Veterano M50	02:39:21	+01:01:42	09:22
12	383	Rui Moreira	Individual	Veterano M50	02:43:40	+01:06:00	09:38
13	407	António Luís	MSS CONTABILIDADE TRAIL TEAM	Veterano M50	02:53:32	+01:15:53	10:13
14	430	Abílio Silva	Porto Sentido Runners	Veterano M50	02:57:52	+01:20:12	10:28

Trail Curto**17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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15	397	Tony Barbosa	JAVALIS100LIMITES	Veterano M50	02:59:59	+01:22:20	10:35
16	226	Paulo Gonçalves	Centro Cultural D. T. STCP	Veterano M50	03:11:39	+01:33:59	11:16
17	377	Fernando Antonio Resende Rodrigues	Individual	Veterano M50	03:21:45	+01:44:05	11:52
18	379	JAIME MANUEL PRIETO MORAIS	Individual	Veterano M50	03:39:59	+02:02:20	12:56
19	378	FERNANDO CORREIA	Individual	Veterano M50	04:07:34	+02:29:54	14:34
20	381	José Manuel Ferreira	Individual	Veterano M50	04:11:15	+02:33:35	14:47

Veterano M55

1	388	Paulo Martins	Individual	Veterano M55	02:01:07	+23:27	07:07
2	389	Paulo Silva	Individual	Veterano M55	02:22:25	+44:46	08:23
3	390	Paulo Silva	Individual	Veterano M55	02:26:56	+49:16	08:39
4	391	Vicente Pinto	Individual	Veterano M55	02:31:57	+54:18	08:56
5	204	José Venâncio Moreira de Moura	>Ribeiras Trail	Veterano M55	02:47:12	+01:09:32	09:50
6	230	Domingos Domingues	CHAVES RUNNING TEAM	Veterano M55	02:47:12	+01:09:33	09:50
7	385	Armando Matias Teixeira	Individual	Veterano M55	02:48:31	+01:10:52	09:55
8	386	João Paulo Oliveira	Individual	Veterano M55	02:48:32	+01:10:52	09:55
9	387	Manuel Guedes	Individual	Veterano M55	02:51:28	+01:13:49	10:05

Veterano M60

1	393	Fernando Seabra	Individual	Veterano M60	01:59:07	+21:27	07:00
2	394	José Gomes	Individual	Veterano M60	02:15:53	+38:14	08:00
3	392	Agostinho Pedrosa	Individual	Veterano M60	02:49:42	+01:12:03	09:59
4	419	Manuel Teixeira	Patrocinadores	Veterano M60	03:48:53	+02:11:13	13:28

