lap2go TIMING SOLUTION

NAC Trail 2022
Cucujães, PT
23-October-2022

TRAIL LONGO - STAGE 1 — 29 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	14.3ºC	89%
End	13:59	14.3ºC	89%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	442	Pedro Garrido	OPraticante.PT	02:42:38		05:36	
2	410	Antonio Amorim	Clube Desportivo Feirense	03:01:25	+18:47	06:15	
3	433	Gilberto Costa	Javalis100limites	03:13:35	+30:57	06:41	
4	440	Fernando Lima	Núcleo de Atletismo de Cucujães	03:16:48	+34:10	06:47	
5	425	António Alves	Individual	03:21:36	+38:58	06:57	
6	416	André Rocha	Individual	03:21:57	+39:19	06:58	
7	411	Paulo Ferreira	Clube Desportivo Feirense	03:32:32	+49:54	07:20	
8	435	Diogo Miguel Correia da Silva Martins	Linces das Beiras	03:32:50	+50:12	07:20	
9	436	Vitor Hugo da Rocha Correia	Linces das Beiras	03:33:02	+50:24	07:21	
10	437	João António Marques Tavares	Lusavouga CIDEP Trail Running	03:33:55	+51:17	07:23	
11	424	Américo Costa	Individual	03:41:50	+59:12	07:39	
12	402	Ricardo Rocha	ADC Santa Isabel Trail Running	03:41:52	+59:14	07:39	
13	439	José Teixeira	Núcleo de Atletismo de Cucujães	03:43:14	+01:00:36	07:42	
14	408	Rui Lopes Silva	Clube Desportivo Feirense	03:44:16	+01:01:38	07:44	
15	421	Ricardo Costa	Individual	03:53:11	+01:10:33	08:02	
16	444	Antonio Fernandes	Amigos do Trail	03:58:03	+01:15:25	08:13	
17	403	Humberto Carvalho	BoraBora, Vamos Lá!	03:58:25	+01:15:47	08:13	
18	407	Tânia Silva	Clube Desportivo Feirense	03:59:44	+01:17:06	08:16	
19	419	Levi Fernandes	Individual	03:59:47	+01:17:09	08:16	
20	426	Sérgio Almeida	Individual	04:00:23	+01:17:45	08:17	
21	428	Ângelo Pereira	Individual	04:01:52	+01:19:14	08:20	
22	404	Bruno Barge	C.D.C. São Martinho da Gândara	04:03:32	+01:20:54	08:24	
23	405	Filipe Esteves	C.D.C. São Martinho da Gândara	04:03:33	+01:20:55	08:24	
24	406	Leida Bello	Clube Desportivo Feirense	04:06:15	+01:23:37	08:29	
25	420	Ramiro Costa	Individual	04:06:37	+01:23:59	08:30	
26	414	Isabel Parreiral	Gear up	04:13:17	+01:30:39	08:44	
27	438	Dulce Bastos	Núcleo de Atletismo de Cucujães	04:18:30	+01:35:52	08:55	
28	413	Monica Salvador	Gear up	04:28:01	+01:45:23	09:15	
29	423	Lígia Mendes	Individual	04:38:09	+01:55:31	09:35	
30	430	Vitor Maia	Javalis100limites	04:42:21	+01:59:43	09:44	
31	415	Nuno Alves	Gear up	04:48:08	+02:05:30	09:56	
32	432	Cesar Sousa	Javalis100limites	04:53:22	+02:10:44	10:07	

lap2go TIMING SOLUTION

NAC Trail 2022
Cucujães, PT
23-October-2022

Trail Longo — 29 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	14.3ºC	89%
End	13:59	14.3ºC	89%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Senior Feminino							
1	407	Tânia Silva	Clube Desportivo Feirense	Senior Feminino	03:59:43	+01:17:05	08:16
2	406	Leida Bello	Clube Desportivo Feirense	Senior Feminino	04:06:15	+01:23:37	08:29
Senior Masculino							
1	442	Pedro Garrido	OPraticante.PT	Senior Masculino	02:42:37		05:36
2	416	André Rocha	Individual	Senior Masculino	03:21:57	+39:19	06:58
3	435	Diogo Miguel Correia da Silva Martins	Linces das Beiras	Senior Masculino	03:32:50	+50:12	07:20
4	436	Vitor Hugo da Rocha Correia	Linces das Beiras	Senior Masculino	03:33:01	+50:23	07:21
5	408	Rui Lopes Silva	Clube Desportivo Feirense	Senior Masculino	03:44:16	+01:01:38	07:44
6	421	Ricardo Costa	Individual	Senior Masculino	03:53:10	+01:10:32	08:02
7	419	Levi Fernandes	Individual	Senior Masculino	03:59:46	+01:17:08	08:16
8	420	Ramiro Costa	Individual	Senior Masculino	04:06:37	+01:23:59	08:30
9	430	Vitor Maia	Javalis100limites	Senior Masculino	04:42:20	+01:59:43	09:44
Veterana F40							
1	414	Isabel Parreiral	Gear up	Veterana F40	04:13:17	+01:30:39	08:44
2	423	Lígia Mendes	Individual	Veterana F40	04:38:09	+01:55:31	09:35
Veterana F45							
1	438	Dulce Bastos	Núcleo de Atletismo de Cucujães	Veterana F45	04:18:30	+01:35:52	08:55
2	413	Monica Salvador	Gear up	Veterana F45	04:28:01	+01:45:23	09:15
Veterano M40							
1	439	José Teixeira	Núcleo de Atletismo de Cucujães	Veterano M40	03:43:14	+01:00:36	07:42
2	404	Bruno Barge	C.D.C. São Martinho da Gândara	Veterano M40	04:03:32	+01:20:54	08:24
3	405	Filipe Esteves	C.D.C. São Martinho da Gândara	Veterano M40	04:03:33	+01:20:55	08:24
Veterano M45							
1	410	Antonio Amorim	Clube Desportivo Feirense	Veterano M45	03:01:25	+18:47	06:15
2	433	Gilberto Costa	Javalis100limites	Veterano M45	03:13:34	+30:57	06:41
3	440	Fernando Lima	Núcleo de Atletismo de Cucujães	Veterano M45	03:16:48	+34:10	06:47
4	425	António Alves	Individual	Veterano M45	03:21:35	+38:58	06:57

Trail Longo

29 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

5	411	Paulo Ferreira	Clube Desportivo Feirense	Veterano M45	03:32:31	+49:54	07:20
6	437	João António Marques Tavares	Lusavouga CIDEP Trail Running	Veterano M45	03:33:55	+51:17	07:23
7	424	Américo Costa	Individual	Veterano M45	03:41:49	+59:12	07:39
8	402	Ricardo Rocha	ADC Santa Isabel Trail Running	Veterano M45	03:41:52	+59:14	07:39
9	444	Antonio Fernandes	Amigos do Trail	Veterano M45	03:58:03	+01:15:25	08:13
10	403	Humberto Carvalho	BoraBora, Vamos Lá!	Veterano M45	03:58:24	+01:15:47	08:13
11	415	Nuno Alves	Gear up	Veterano M45	04:48:08	+02:05:30	09:56
12	432	Cesar Sousa	Javalis100limites	Veterano M45	04:53:21	+02:10:44	10:07

Veterano M50

1	426	Sérgio Almeida	Individual	Veterano M50	04:00:23	+01:17:45	08:17

Veterano M60

1	428	Ângelo Pereira	Individual	Veterano M60	04:01:52	+01:19:14	08:20

lap2go TIMING SOLUTION

NAC Trail 2022
Cucujães, PT
23-October-2022

TRAIL CURTO - STAGE 1 — 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	14.4ºC	89%
End	13:02	14.4ºC	89%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	223	Alcides Barbosa	Clube Desportivo Feirense	01:26:14		05:04	
2	210	Bruno Silva	Bravos e Bravitas	01:27:26	+01:12	05:09	
3	300	Tiago Magalhães	NS Pneus	01:31:44	+05:30	05:24	
4	203	Antonio nunes	ARADA ATLETICO CLUBE	01:32:00	+05:46	05:25	
5	247	Ricardo Silva	Individual	01:32:12	+05:58	05:25	
6	225	Márcio Melo	Clube Desportivo Feirense	01:33:48	+07:34	05:31	
7	243	Hugo Ferreira	Bravos e Bravitas	01:33:53	+07:39	05:31	
8	208	Rui Teixeiara	Bravos e Bravitas	01:35:37	+09:23	05:37	
9	303	José Tavares	NS Pneus	01:35:55	+09:41	05:39	
10	215	Sérgio Costa	Bravos e Bravitas	01:36:22	+10:08	05:40	
11	310	João Matos	OPraticante.PT	01:36:44	+10:30	05:41	
12	297	Ernesto Marques Alves	JUVENTUDE CORTEGACENSE	01:39:23	+13:09	05:51	
13	302	Henrique Silva	NS Pneus	01:39:43	+13:29	05:52	
14	313	João Miguel Garrido	OPraticante.PT	01:40:07	+13:53	05:53	
15	308	Augusto Tavares	OPraticante.PT	01:40:09	+13:55	05:53	
16	227	Paulo Jorge Oliveira	Clube Desportivo Feirense	01:41:36	+15:22	05:59	
17	201	Ricardo Pereira	#lobosolitario	01:41:57	+15:43	06:00	
18	293	Nuno Miguel Gonçalves Araújo	JUVENTUDE CORTEGACENSE	01:43:59	+17:45	06:07	
19	244	João Leite	Individual	01:45:01	+18:47	06:11	
20	230	Mister Pr	Espigueiros runners -caparrosinha	01:45:27	+19:13	06:12	
21	443	Paulo Sérgio Silva Gomes	Sentir Escariz Running	01:47:04	+20:50	06:18	
22	319	Alcino Neves Gouveia	Sentir Escariz Running	01:49:56	+23:42	06:28	
23	305	António Fernandes	Núcleo de Atletismo de Cucujães	01:50:37	+24:23	06:30	
24	221	José Nunes	C.D.C. São Martinho da Gândara	01:51:09	+24:55	06:32	
25	238	André Meireles	Individual	01:51:24	+25:10	06:33	
26	317	Manuel Zola	Pupilos do Zé-Tó	01:51:38	+25:24	06:34	
27	316	António Barbas	Pupilos do Zé-Tó	01:51:38	+25:24	06:34	
28	207	João Santos	Bravos e Bravitas	01:52:43	+26:29	06:38	
29	264	Marco Santos	Individual	01:52:51	+26:37	06:38	
30	211	João Sousa	Bravos e Bravitas	01:53:19	+27:05	06:40	
31	273	Telmo Rui Aguiar leite	Individual	01:53:46	+27:32	06:42	
32	242	Fábio Almeida	Individual	01:53:50	+27:36	06:42	
33	241	Daniel Silva Pereira	Individual	01:54:13	+27:59	06:43	
34	283	Paulo Moreira	Magic Friends Runners	01:55:59	+29:45	06:49	
35	275	João Santos	Individual	01:56:40	+30:26	06:52	
36	205	Nelson Rosete	Atletismo clube da tocha	01:57:23	+31:09	06:54	
37	409	Mónica Oliveira	Clube Desportivo Feirense	01:57:47	+31:33	06:56	
38	301	Ricardo Magalhães	NS Pneus	01:59:17	+33:03	07:01	
39	245	Pedro Miguel da Silva Tavares	Individual	02:00:11	+33:57	07:04	
40	270	Luis Gomes	Individual	02:00:21	+34:07	07:05	
41	226	Marco Pires	Clube Desportivo Feirense	02:00:44	+34:30	07:06	
42	237	Vera Rodrigues	Individual	02:01:01	+34:47	07:07	

TRAIL CURTO - STAGE 1 — 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	216	Diogo Martins	C.D.C. São Martinho da Gândara	02:01:42	+35:28	07:10	
44	217	Wilson Andrade	C.D.C. São Martinho da Gândara	02:01:44	+35:30	07:10	
45	220	João Ferreira	C.D.C. São Martinho da Gândara	02:01:44	+35:30	07:10	
46	280	Alcino Ferreira dos Santos	Individual	02:02:16	+36:02	07:12	
47	315	Pedro Pombal	Pupilos do Zé-Tó	02:03:07	+36:53	07:15	
48	431	Manuel Duarte	Javalis100limites	02:04:07	+37:53	07:18	
49	204	José Sousa	Associação de atletismo Lebres do sado	02:04:19	+38:05	07:19	
50	206	Victor Barreto	BoraBora, Vamos Lá!	02:05:02	+38:48	07:21	
51	249	Thony Suarez	Individual	02:05:17	+39:03	07:22	
52	236	Sandra Moreira	Individual	02:06:03	+39:49	07:25	
53	213	Paulo Jesus	Bravos e Bravitas	02:10:02	+43:48	07:39	
54	279	Abelardo Ferreira Gomes	Individual	02:12:42	+46:28	07:48	
55	262	Hugo Soares	Individual	02:13:23	+47:09	07:51	
56	255	Susana Martins	Individual	02:15:15	+49:01	07:57	
57	265	Miguel Albuquerque	Gear up	02:15:21	+49:07	07:58	
58	269	José Pinho	Individual	02:15:39	+49:25	07:59	
59	306	Ana Mafalda Pereira	OPraticante.PT	02:15:46	+49:32	07:59	
60	278	Paulo Ribeiro	Individual	02:16:19	+50:05	08:01	
61	232	Bruno Parente	EU & TU	02:18:03	+51:49	08:07	
62	296	Jose Augusto Pinto Oliveira	JUVENTUDE CORTEGACENSE	02:18:36	+52:22	08:09	
63	240	Carlos Monteiro	Individual	02:19:08	+52:54	08:11	
64	261	Hugo Mourão	Individual	02:20:01	+53:47	08:14	
65	281	Jose Madureira	Individual	02:20:57	+54:43	08:17	
66	231	Anabela Reis	EU & TU	02:21:14	+55:00	08:18	
67	233	Norberto Oliveira	GD Ghilhovai	02:24:11	+57:57	08:29	
68	288	Luis Silva	Javalis100limites	02:26:00	+59:46	08:35	
69	260	Helder Pereira	Individual	02:27:47	+01:01:33	08:42	
70	318	Laura Gomes	Sapatilhas verdes	02:32:45	+01:06:31	08:59	
71	229	Maria carriço	Espigueiros runners -caparrosinha	02:35:36	+01:09:22	09:09	
72	311	Marta Carmo	OPraticante.PT	02:35:54	+01:09:40	09:10	
73	274	António Pinheiro	Individual	02:35:55	+01:09:41	09:10	
74	291	Tony Barbosa	Javalis100limites	02:36:22	+01:10:08	09:12	
75	285	Rui Sá	Individual	02:36:45	+01:10:31	09:13	
76	257	Júlia Grilo	Running Espinho	02:38:12	+01:11:58	09:18	
77	312	Patrícia Lamego	OPraticante.PT	02:38:48	+01:12:34	09:20	
78	259	Fatima Barros	Individual	02:39:03	+01:12:49	09:21	
79	287	Sonia Monteiro	Javalis100limites	02:39:41	+01:13:27	09:24	
80	329	Helder Silva	Trilhados	02:39:42	+01:13:28	09:24	
81	246	ricardo santos	Individual	02:39:58	+01:13:44	09:25	
82	286	Leticia Oliveira	Javalis100limites	02:48:44	+01:22:30	09:56	
83	218	Diogo Ferreira	C.D.C. São Martinho da Gândara	02:52:56	+01:26:42	10:10	
84	219	Cláudio Castro	C.D.C. São Martinho da Gândara	02:53:02	+01:26:48	10:11	
85	330	LUISA SILVA	VVTR VALONGO VOUGA TRAIL RUNNING	03:00:01	+01:33:47	10:35	
86	331	ROSA SILVA	VVTR VALONGO VOUGA TRAIL RUNNING	03:00:19	+01:34:05	10:36	
87	332	MIGUEL SA	VVTR VALONGO VOUGA TRAIL RUNNING	03:00:23	+01:34:09	10:37	
88	324	Fernando Vieira	SPORTAZ/BTT ISOLAMAIS	03:10:54	+01:44:40	11:14	

TRAIL CURTO - STAGE 1 — 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	323	João Vieira	SPORTAZ/BTT ISOLAMAIS	03:10:54	+01:44:40	11:14	
90	320	Diogo Moreira	SPORTAZ/BTT ISOLAMAIS	03:10:55	+01:44:41	11:14	
91	277	Mário António Costa Pereira	Individual	03:10:55	+01:44:41	11:14	
92	289	Carla Pereira	Javalis100limites	03:11:15	+01:45:01	11:15	
93	290	Cristina Duarte	Javalis100limites	03:32:49	+02:06:35	12:31	
94	327	Carlos Freitas	Trilhados	03:32:51	+02:06:37	12:31	

lap2go TIMING SOLUTION

NAC Trail 2022
Cucujães, PT
23-October-2022

Trail Curto

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	14.4ºC	89%
End	13:02	14.4ºC	89%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	237	Vera Rodrigues	Individual	Senior Feminino	02:01:01	+34:47	07:07
2	236	Sandra Moreira	Individual	Senior Feminino	02:06:03	+39:49	07:25
3	306	Ana Mafalda Pereira	OPraticante.PT	Senior Feminino	02:15:46	+49:32	07:59
4	287	Sonia Monteiro	Javalis100limites	Senior Feminino	02:39:41	+01:13:27	09:24
5	286	Leticia Oliveira	Javalis100limites	Senior Feminino	02:48:43	+01:22:29	09:56

Senior Masculino

1	223	Alcides Barbosa	Clube Desportivo Feirense	Senior Masculino	01:26:13		05:04
2	300	Tiago Magalhães	NS Pneus	Senior Masculino	01:31:43	+05:30	05:24
3	247	Ricardo Silva	Individual	Senior Masculino	01:32:11	+05:58	05:25
4	243	Hugo Ferreira	Bravos e Bravitas	Senior Masculino	01:33:52	+07:38	05:31
5	208	Rui Teixeiara	Bravos e Bravitas	Senior Masculino	01:35:36	+09:22	05:37
6	310	João Matos	OPraticante.PT	Senior Masculino	01:36:43	+10:29	05:41
7	308	Augusto Tavares	OPraticante.PT	Senior Masculino	01:40:08	+13:55	05:53
8	244	João Leite	Individual	Senior Masculino	01:45:00	+18:47	06:11
9	238	André Meireles	Individual	Senior Masculino	01:51:23	+25:10	06:33
10	207	João Santos	Bravos e Bravitas	Senior Masculino	01:52:43	+26:29	06:38
11	242	Fábio Almeida	Individual	Senior Masculino	01:53:50	+27:36	06:42
12	241	Daniel Silva Pereira	Individual	Senior Masculino	01:54:12	+27:58	06:43
13	205	Nelson Rosete	Atletismo clube da tocha	Senior Masculino	01:57:23	+31:09	06:54
14	245	Pedro Miguel da Silva Tavares	Individual	Senior Masculino	02:00:11	+33:57	07:04
15	216	Diogo Martins	C.D.C. São Martinho da Gândara	Senior Masculino	02:01:42	+35:28	07:10
16	217	Wilson Andrade	C.D.C. São Martinho da Gândara	Senior Masculino	02:01:44	+35:30	07:10
17	249	Thony Suarez	Individual	Senior Masculino	02:05:16	+39:02	07:22
18	240	Carlos Monteiro	Individual	Senior Masculino	02:19:08	+52:54	08:11
19	288	Luis Silva	Javalis100limites	Senior Masculino	02:25:59	+59:46	08:35
20	246	ricardo santos	Individual	Senior Masculino	02:39:58	+01:13:44	09:25
21	320	Diogo Moreira	SPORTAZ/BTT ISOLAMAIS	Senior Masculino	03:10:54	+01:44:40	11:14
22	327	Carlos Freitas	Trilhados	Senior Masculino	03:32:51	+02:06:37	12:31

Sub 23 Masculino

1	431	Manuel Duarte	Javalis100limites	Sub 23 Masculino	02:04:06	+37:52	07:18
2	218	Diogo Ferreira	C.D.C. São Martinho da Gândara	Sub 23 Masculino	02:52:55	+01:26:42	10:10

Trail Curto

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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Veterana F40

1	231	Anabela Reis	EU & TU	Veterana F40	02:21:13	+54:59	08:18
2	311	Marta Carmo	OPraticante.PT	Veterana F40	02:35:53	+01:09:39	09:10
3	312	Patrícia Lamego	OPraticante.PT	Veterana F40	02:38:47	+01:12:34	09:20
4	289	Carla Pereira	Javalis100limites	Veterana F40	03:11:15	+01:45:01	11:15

Veterana F45

1	409	Mónica Oliveira	Clube Desportivo Feirense	Veterana F45	01:57:46	+31:33	06:56
2	255	Susana Martins	Individual	Veterana F45	02:15:14	+49:00	07:57
3	318	Laura Gomes	Sapatilhas verdes	Veterana F45	02:32:44	+01:06:30	08:59
4	330	LUISA SILVA	VVTR VALONGO VOUGA TRAIL RUNNING	Veterana F45	03:00:01	+01:33:47	10:35
5	331	ROSA SILVA	VVTR VALONGO VOUGA TRAIL RUNNING	Veterana F45	03:00:19	+01:34:05	10:36
6	290	Cristina Duarte	Javalis100limites	Veterana F45	03:32:49	+02:06:35	12:31

Veterana F50

1	257	Júlia Grilo	Running Espinho	Veterana F50	02:38:12	+01:11:58	09:18

Veterana F55

1	229	Maria carriço	Espigueiros runners -caparrosinha	Veterana F55	02:35:36	+01:09:22	09:09

Veterana F60

1	259	Fatima Barros	Individual	Veterana F60	02:39:02	+01:12:49	09:21

Veterano M40

1	210	Bruno Silva	Bravos e Bravitas	Veterano M40	01:27:25	+01:11	05:09
2	225	Márcio Melo	Clube Desportivo Feirense	Veterano M40	01:33:47	+07:33	05:31
3	313	João Miguel Garrido	OPraticante.PT	Veterano M40	01:40:06	+13:52	05:53
4	227	Paulo Jorge Oliveira	Clube Desportivo Feirense	Veterano M40	01:41:35	+15:22	05:59
5	201	Ricardo Pereira	#lobosolitario	Veterano M40	01:41:56	+15:43	06:00
6	293	Nuno Miguel Gonçalves Araújo	JUVENTUDE CORTEGACENSE	Veterano M40	01:43:58	+17:44	06:07
7	443	Paulo Sérgio Silva Gomes	Sentir Escariz Running	Veterano M40	01:47:04	+20:50	06:18
8	264	Marco Santos	Individual	Veterano M40	01:52:51	+26:37	06:38
9	301	Ricardo Magalhães	NS Pneus	Veterano M40	01:59:17	+33:03	07:01
10	226	Marco Pires	Clube Desportivo Feirense	Veterano M40	02:00:44	+34:30	07:06
11	262	Hugo Soares	Individual	Veterano M40	02:13:22	+47:09	07:51
12	265	Miguel Albuquerque	Gear up	Veterano M40	02:15:20	+49:07	07:58
13	232	Bruno Parente	EU & TU	Veterano M40	02:18:02	+51:48	08:07

Trail Curto

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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14	261	Hugo Mourão	Individual	Veterano M40	02:20:01	+53:47	08:14
15	260	Helder Pereira	Individual	Veterano M40	02:27:46	+01:01:33	08:42
16	219	Cláudio Castro	C.D.C. São Martinho da Gândara	Veterano M40	02:53:01	+01:26:48	10:11

Veterano M45

1	215	Sérgio Costa	Bravos e Bravitas	Veterano M45	01:36:22	+10:08	05:40
2	302	Henrique Silva	NS Pneus	Veterano M45	01:39:42	+13:29	05:52
3	230	Mister Pr	Espigueiros runners -caparrosinha	Veterano M45	01:45:27	+19:13	06:12
4	211	João Sousa	Bravos e Bravitas	Veterano M45	01:53:19	+27:05	06:40
5	273	Telmo Rui Aguiar leite	Individual	Veterano M45	01:53:46	+27:32	06:42
6	270	Luis Gomes	Individual	Veterano M45	02:00:21	+34:07	07:05
7	220	João Ferreira	C.D.C. São Martinho da Gândara	Veterano M45	02:01:44	+35:30	07:10
8	315	Pedro Pombal	Pupilos do Zé-Tó	Veterano M45	02:03:07	+36:53	07:15
9	213	Paulo Jesus	Bravos e Bravitas	Veterano M45	02:10:01	+43:48	07:39
10	269	José Pinho	Individual	Veterano M45	02:15:39	+49:25	07:59
11	296	Jose Augusto Pinto Oliveira	JUVENTUDE CORTEGACENSE	Veterano M45	02:18:36	+52:22	08:09
12	329	Helder Silva	Trilhados	Veterano M45	02:39:41	+01:13:28	09:24
13	332	MIGUEL SA	VVTR VALONGO VOUGA TRAIL RUNNING	Veterano M45	03:00:22	+01:34:08	10:37
14	323	João Vieira	SPORTAZ/BTT ISOLAMAIS	Veterano M45	03:10:54	+01:44:40	11:14

Veterano M50

1	203	Antonio nunes	ARADA ATLETICO CLUBE	Veterano M50	01:31:59	+05:46	05:25
2	297	Ernesto Marques Alves	JUVENTUDE CORTEGACENSE	Veterano M50	01:39:23	+13:09	05:51
3	319	Alcino Neves Gouveia	Sentir Escariz Running	Veterano M50	01:49:55	+23:41	06:28
4	221	José Nunes	C.D.C. São Martinho da Gândara	Veterano M50	01:51:09	+24:55	06:32
5	275	João Santos	Individual	Veterano M50	01:56:40	+30:26	06:52
6	204	José Sousa	Associação de atletismo Lebres do sado	Veterano M50	02:04:19	+38:05	07:19
7	206	Victor Barreto	BoraBora, Vamos Lá!	Veterano M50	02:05:02	+38:48	07:21
8	278	Paulo Ribeiro	Individual	Veterano M50	02:16:19	+50:05	08:01
9	274	António Pinheiro	Individual	Veterano M50	02:35:54	+01:09:41	09:10
10	291	Tony Barbosa	Javalis100limites	Veterano M50	02:36:21	+01:10:08	09:12
11	277	Mário António Costa Pereira	Individual	Veterano M50	03:10:54	+01:44:41	11:14

Veterano M55

1	303	José Tavares	NS Pneus	Veterano M55	01:35:55	+09:41	05:39
2	316	António Barbas	Pupilos do Zé-Tó	Veterano M55	01:51:38	+25:24	06:34
3	283	Paulo Moreira	Magic Friends Runners	Veterano M55	01:55:59	+29:45	06:49
4	280	Alcino Ferreira dos Santos	Individual	Veterano M55	02:02:15	+36:01	07:12
5	279	Abelardo Ferreira Gomes	Individual	Veterano M55	02:12:42	+46:28	07:48

Trail Curto

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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6	281	Jose Madureira	Individual	Veterano M55	02:20:57	+54:43	08:17

Veterano M60

1	305	António Fernandes	Núcleo de Atletismo de Cucujães	Veterano M60	01:50:36	+24:23	06:30
2	317	Manuel Zola	Pupilos do Zé-Tó	Veterano M60	01:51:37	+25:24	06:34
3	233	Norberto Oliveira	GD Ghilhovai	Veterano M60	02:24:11	+57:57	08:29
4	285	Rui Sá	Individual	Veterano M60	02:36:44	+01:10:31	09:13
5	324	Fernando Vieira	SPORTAZ/BTT ISOLAMAIS	Veterano M60	03:10:53	+01:44:39	11:14