

25 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	08:30	12°C	67%
End	13:16	12°C	67%

Official Timekeeper: Lap2Go	1 / 2	generate 28-nov-2022 09:53
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25KM - STAGE 1

25 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	78	Cláudio Santos	Run & Fun	03:39:36	+01:14:19	08:47	
44	79	Mike ferreira	Run & Fun	03:39:38	+01:14:21	08:47	
45	33	LILIANA PINHO	Guisande Trail Running	03:40:05	+01:14:48	08:48	
46	12	Americo Gomes	CAL - Clube Atletismo de Lamas	03:42:10	+01:16:53	08:53	
47	5	Alvaro Novo	CAL - Clube Atletismo de Lamas	03:42:10	+01:16:53	08:53	
48	23	Silvério Santos	Clube Desportivo Feirense	03:42:56	+01:17:39	08:55	
49	85	TONI PAIVA	Sentir Escariz running	03:46:32	+01:21:15	09:04	
50	90	ANDREIA NOITES	SPORTARC	03:51:59	+01:26:42	09:17	
51	92	Paula Teixeira	SPORTARC	03:54:56	+01:29:39	09:24	
52	10	Nuno Pereira	CAL - Clube Atletismo de Lamas	03:55:32	+01:30:15	09:25	
53	9	Flávio Soares	CAL - Clube Atletismo de Lamas	03:59:23	+01:34:06	09:35	
54	29	Rui Moreira	Geocrosstrail	04:15:14	+01:49:57	10:13	
55	60	Ângelo Vidal	Individual	04:24:08	+01:58:51	10:34	
56	26	Maria Ricardo	GD Leões da Guarda - Lion Runners	04:24:09	+01:58:52	10:34	
57	28	Mafalda Valente	Geocrosstrail	04:24:09	+01:58:52	10:34	
58	31	Daniel Albergaria Ferreira da Silva	Goodfellas	04:25:01	+01:59:44	10:36	
59	91	ISABEL BRANDÃO	SPORTARC	04:25:58	+02:00:41	10:38	
60	56	Ricardo Manuel Bastos Tavares da Silva	Individual	04:25:58	+02:00:41	10:38	

25Km

25 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	08:30	12°C	67%
End	13:16	12°C	67%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	16	Vera Rodrigues	Clube Desportivo Feirense	Senior Feminino	03:11:57	+46:41	07:41:00
2	15	Leida Bello	Clube Desportivo Feirense	Senior Feminino	03:20:39	+55:22	08:02:00

Senior Masculino

1	80	FRANCISCO PEREIRA	Sentir Escariz running	Senior Masculino	02:27:32	+02:15	05:54
2	74	bruno soares	Pupilos do Zé-Tó	Senior Masculino	02:49:12	+23:55	06:46
3	96	David Pereira	Vale Correr	Senior Masculino	02:53:47	+28:31	06:57
4	2	Rafael Bravo	100 esforço não há tinto	Senior Masculino	02:57:51	+32:35	07:07
5	89	RICARDO DUARTE	SPORTARC	Senior Masculino	03:07:08	+41:51	07:29
6	39	Fábio Aguiar	Individual	Senior Masculino	03:23:54	+58:37	08:09
7	42	Pedro Tavares	Individual	Senior Masculino	03:23:57	+58:40	08:09
8	5	Alvaro Novo	CAL - Clube Atletismo de Lamas	Senior Masculino	03:42:10	+01:16:53	08:53
9	31	Daniel Albergaria Ferreira da Silva	Goodfellas	Senior Masculino	04:25:00	+01:59:43	10:36

Veterana F40

1	25	Sandra Ferreira	EDV - Viana Trail	Veterana F40	02:46:10	+20:53	06:39:03
2	19	Liliana Cardoso	Clube Desportivo Feirense	Veterana F40	03:02:03	+36:46	07:17:49
3	49	Dulce Bastos	Individual	Veterana F40	03:28:10	+01:02:53	08:20:03
4	33	LILIANA PINHO	Guisande Trail Running	Veterana F40	03:40:05	+01:14:48	08:48:53
5	90	ANDREIA NOITES	SPORTARC	Veterana F40	03:51:59	+01:26:42	09:17:41
6	28	Mafalda Valente	Geocrosstrail	Veterana F40	04:24:08	+01:58:52	10:34:00
7	91	ISABEL BRANDÃO	SPORTARC	Veterana F40	04:25:57	+02:00:40	10:38:39

Veterana F50

1	92	Paula Teixeira	SPORTARC	Veterana F50	03:54:55	+01:29:38	09:24:33
2	26	Maria Ricardo	GD Leões da Guarda - Lion Runners	Veterana F50	04:24:08	+01:58:51	10:34:41

Veterano M40

1	73	Pedro Bastos	PNB	Veterano M40	02:25:16	05:49
2	22	Tozé Amorim	Clube Desportivo Feirense	Veterano M40	02:31:58	+06:41 06:05
3	67	Filipe Pinto	Lusavouga Cidep Trail Running	Veterano M40	02:45:40	+20:23 06:38
4	11	Nuno Silva	CAL - Clube Atletismo de Lamas	Veterano M40	02:50:04	+24:47 06:48
5	97	Elvio Santos	Vale Correr	Veterano M40	02:53:35	+28:18 06:57

Official Timekeeper: Lap2Go	1 / 2	generate 28-nov-2022 09:53
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25Km

25 KM

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OFFICIAL RESULT

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6	93	LUIS TEIXEIRA	SPORTARC	Veterano M40	02:53:52	+28:35	06:57
7	21	Pedro Pinho	Clube Desportivo Feirense	Veterano M40	02:56:21	+31:04	07:03
8	36	DOMINGOS FERREIRA	Guisande Trail Running	Veterano M40	02:57:48	+32:31	07:07
9	20	Paulo Ferreira	Clube Desportivo Feirense	Veterano M40	02:58:45	+33:28	07:09
10	70	Valter Correia	Outlaw runners	Veterano M40	02:59:34	+34:17	07:11
11	37	HELDER OLIVEIRA	Guisande Trail Running	Veterano M40	03:02:03	+36:46	07:17
12	35	CARLOS SA	Guisande Trail Running	Veterano M40	03:03:01	+37:44	07:19
13	52	Nelson Reis	Individual	Veterano M40	03:03:50	+38:33	07:21
14	83	PAULO GOMES	Sentir Escariz running	Veterano M40	03:03:58	+38:41	07:22
15	82	NUNO SANTOS	Sentir Escariz running	Veterano M40	03:04:32	+39:15	07:23
16	3	Ricardo Rocha	ADC Santa Isabel Trail Running	Veterano M40	03:06:15	+40:59	07:27
17	50	Américo Costa	Individual	Veterano M40	03:19:49	+54:32	08:00
18	81	JOÃO SILVA	Sentir Escariz running	Veterano M40	03:22:01	+56:44	08:05
19	54	nuno saramago	Individual	Veterano M40	03:22:03	+56:46	08:05
20	8	Filipe Fontes	CAL - Clube Atletismo de Lamas	Veterano M40	03:30:00	+01:04:43	08:24
21	78	Cláudio Santos	Run & Fun	Veterano M40	03:39:35	+01:14:19	08:47
22	79	Mike ferreira	Run & Fun	Veterano M40	03:39:38	+01:14:21	08:47
23	85	TONI PAIVA	Sentir Escariz running	Veterano M40	03:46:31	+01:21:14	09:04
24	10	Nuno Pereira	CAL - Clube Atletismo de Lamas	Veterano M40	03:55:32	+01:30:15	09:25
25	9	Flávio Soares	CAL - Clube Atletismo de Lamas	Veterano M40	03:59:22	+01:34:06	09:35
26	29	Rui Moreira	Geocrosstrail	Veterano M40	04:15:14	+01:49:57	10:13
27	56	Ricardo Manuel Bastos Tavares da Silva	Individual	Veterano M40	04:25:57	+02:00:41	10:38

Veterano M50

1	66	Orlando Valente	Lourosa em Movimento	Veterano M50	02:39:20	+14:03	06:22
2	94	Carlos Cunha	Trilhos Luso Bussaco	Veterano M50	02:53:02	+27:45	06:55
3	86	ALCINO GOUVEIA	Sentir Escariz running	Veterano M50	02:59:38	+34:21	07:11
4	4	José Nunes	C.D.C. SÃO MARTINHO DA GÂNDARA	Veterano M50	03:11:20	+46:03	07:39
5	13	Carlos Cardoso	CAL - Clube Atletismo de Lamas	Veterano M50	03:16:58	+51:41	07:53
6	87	JOSÉ OLIVEIRA	Sentir Escariz running	Veterano M50	03:20:42	+55:25	08:02
7	72	Vitor Folgado	Outlaw runners	Veterano M50	03:20:52	+55:35	08:02
8	71	Jorge Santos	Outlaw runners	Veterano M50	03:22:35	+57:18	08:06
9	12	Americo Gomes	CAL - Clube Atletismo de Lamas	Veterano M50	03:42:09	+01:16:52	08:53
10	23	Silvério Santos	Clube Desportivo Feirense	Veterano M50	03:42:55	+01:17:39	08:55
11	60	Ângelo Vidal	Individual	Veterano M50	04:24:08	+01:58:51	10:34

Veterano M60

1	77	Manuel Zola	Pupilos do Zé-Tó	Veterano M60	03:17:25	+52:09	07:54
2	69	Ismael Silva	Os Kágados	Veterano M60	03:21:25	+56:08	08:03

[illegible]

15 KM

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	543	Daniel Santos	EDV - Viana Trail	01:32:12		06:09	
2	607	Paulo pinto	Clube Desportivo Feirense	01:33:59	+01:47	06:16	
3	513	Bruno Silva	Bravos e bravitas	01:34:02	+01:50	06:16	
4	643	Hugo Filipe da Silva Santos	Lusavouga Cidep Trail Running	01:34:57	+02:45	06:20	
5	540	Pedro Moreira	Clube Desportivo Feirense	01:35:01	+02:49	06:20	
6	644	Marcelo Araújo	Lusavouga Cidep Trail Running	01:37:50	+05:38	06:31	
7	516	Hugo Ferreira	Bravos e bravitas	01:37:55	+05:43	06:32	
8	664	José Tavares	NS TRAIL TEAM	01:40:38	+08:26	06:43	
9	663	Márcio Melo	NS TRAIL TEAM	01:40:56	+08:44	06:44	
10	507	Rui Teixeira	Bravos e bravitas	01:41:47	+09:35	06:47	
11	647	João António Marques Tavares	Lusavouga Cidep Trail Running	01:42:19	+10:07	06:49	
12	552	Manuel Urbano	Grupo Cultural e Desportivo Guilhovai	01:43:04	+10:52	06:52	
13	547	Tiago manuel santos pinho	F. V. Triatlo	01:43:42	+11:30	06:55	
14	545	Paulo Rodrigues	Espigueiros runners caparrosinha	01:44:22	+12:10	06:57	
15	24	paula da silva barbosa	EDV - Viana Trail	01:44:30	+12:18	06:58	
16	518	Sérgio Costa	Bravos e bravitas	01:44:32	+12:20	06:58	
17	522	Paulo Bandalho	Bravos e bravitas	01:44:33	+12:21	06:58	
18	662	Henrique Silva	NS TRAIL TEAM	01:44:41	+12:29	06:59	
19	681	pedro paiva	Pupilos do Zé-Tó	01:47:42	+15:30	07:11	
20	732	atleta 732	Individual	01:47:42	+15:30	07:11	
21	563	André Meireles	Individual	01:50:26	+18:14	07:22	
22	639	Filipe Oliveira	Kirchhoff Running Team	01:50:33	+18:21	07:22	
23	719	Augusto Aluai	Sporting clube de Espinho	01:51:03	+18:51	07:24	
24	669	joao chicale	Pupilos do Zé-Tó	01:51:30	+19:18	07:26	
25	32	Miguel Santos	Grupo Cultural e Desportivo Guilhovai	01:52:03	+19:51	07:28	
26	687	antonio ferreira	Pupilos do Zé-Tó	01:52:13	+20:01	07:29	
27	602	Filipe Manuel Coelho	Individual	01:52:23	+20:11	07:30	
28	668	fabio ferreira	Pupilos do Zé-Tó	01:52:42	+20:30	07:31	
29	665	Manuel Domingues	NS TRAIL TEAM	01:53:21	+21:09	07:33	
30	599	Armando Sá	Individual	01:53:21	+21:09	07:33	
31	68	Francisco Terra	NAC TRAIL	01:53:44	+21:32	07:35	
32	506	João Santos	Bravos e bravitas	01:53:56	+21:44	07:36	
33	544	Maria carriço	Espigueiros runners caparrosinha	01:54:16	+22:04	07:37	
34	502	Jorge Silva	Clube Desportivo Feirense	01:54:18	+22:06	07:37	
35	538	Jorge Nunes	Clube Desportivo Feirense	01:55:05	+22:53	07:40	
36	698	Francelino Resende	Running Mozelos	01:55:26	+23:14	07:42	
37	570	Edgar Mendes	Individual	01:56:21	+24:09	07:45	
38	620	David Fernando da Rocha Tavares	Individual	01:58:31	+26:19	07:54	
39	710	CARLOS TEIXEIRA	SPORTARC	01:58:52	+26:40	07:55	
40	646	Carlos Alberto Soares Moreira	Lusavouga Cidep Trail Running	01:58:54	+26:42	07:56	
41	717	RUBENS SOARES	SPORTARC	01:59:00	+26:48	07:56	
42	638	Nuno João Dias Da Costa	Juventude atlética Mozelos	02:05:30	+33:18	08:22	

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OFFICIAL RESULT

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Official Timekeeper: Lap2Go	2 / 5	generate 05-dez-2022 10:43
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15 KM

OFFICIAL RESULT

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REVISED

Official Timekeeper: Lap2Go	3 / 5	generate 05-dez-2022 10:43
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15 KM

OFFICIAL RESULT

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REVISED

Official Timekeeper: Lap2Go	4 / 5	generate 05-dez-2022 10:43
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15KM - STAGE 1

15 KM

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REVISED

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
180	659	Joaquim Moreira	NightRunners	03:49:11	+02:16:59	15:17	
181	656	Ricardo Oliveira	NightRunners	03:49:14	+02:17:02	15:17	
182	650	Vânia Oliveira	NightRunners	03:49:15	+02:17:03	15:17	
183	657	Rui Carmo	NightRunners	03:49:15	+02:17:03	15:17	
184	726	Mario Pereira	Trilhados	03:49:15	+02:17:03	15:17	
185	652	Liliana Oliveira	NightRunners	03:49:16	+02:17:04	15:17	
186	627	Cristina duarte	javalis100limites	04:23:50	+02:51:38	17:35	
187	721	Carlos Freitas	Trilhados	04:24:06	+02:51:54	17:36	

15Km

15 KM



OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:00	10,3°C	59%
End	13:33	10,3°C	59%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	667	virginia pais	Pupilos do Zé-Tó	Senior Feminino	02:14:13	+42:00	08:57
2	562	Mariana Pereira	Individual	Senior Feminino	02:23:55	+51:43	09:36
3	561	Filipa Liz	Individual	Senior Feminino	02:34:29	+01:02:17	10:18
4	623	Sonia monteiro	javalis100limites	Senior Feminino	02:37:42	+01:05:30	10:31
5	735	Sara Cristina	Individual	Senior Feminino	02:39:38	+01:07:26	10:39
6	700	ANA CABRAL	Sentir Escariz running	Senior Feminino	02:49:41	+01:17:29	11:19
7	701	PATRICIA AMORIM	Sentir Escariz running	Senior Feminino	02:50:38	+01:18:26	11:23
8	622	Leticia oliveira	javalis100limites	Senior Feminino	02:57:42	+01:25:29	11:51
9	649	Cláudia Reis	NightRunners	Senior Feminino	03:21:37	+01:49:25	13:27
10	631	Cristiana Pinto	JUFacc	Senior Feminino	03:31:49	+01:59:37	14:07
11	650	Vânia Oliveira	NightRunners	Senior Feminino	03:49:14	+02:17:02	15:17

Senior Masculino

1	543	Daniel Santos	EDV - Viana Trail	Senior Masculino	01:32:12		06:09
2	643	Hugo Filipe da Silva Santos	Lusavouga Cidep Trail Running	Senior Masculino	01:34:56	+02:44	06:20
3	644	Marcelo Araújo	Lusavouga Cidep Trail Running	Senior Masculino	01:37:50	+05:38	06:31
4	516	Hugo Ferreira	Bravos e bravitas	Senior Masculino	01:37:54	+05:42	06:32
5	507	Rui Teixeira	Bravos e bravitas	Senior Masculino	01:41:46	+09:34	06:47
6	547	Tiago manuel santos pinho	F. V. Triatlo	Senior Masculino	01:43:41	+11:29	06:55
7	732	atleta 732	Individual	Senior Masculino	01:47:42	+15:29	07:11
8	563	André Meireles	Individual	Senior Masculino	01:50:25	+18:13	07:22
9	639	Filipe Oliveira	Kirchhoff Running Team	Senior Masculino	01:50:33	+18:21	07:22
10	669	joao chicale	Pupilos do Zé-Tó	Senior Masculino	01:51:29	+19:17	07:26
11	668	fabio ferreira	Pupilos do Zé-Tó	Senior Masculino	01:52:41	+20:29	07:31
12	506	João Santos	Bravos e bravitas	Senior Masculino	01:53:55	+21:43	07:36
13	570	Edgar Mendes	Individual	Senior Masculino	01:56:21	+24:08	07:45
14	710	CARLOS TEIXEIRA	SPORTARC	Senior Masculino	01:58:52	+26:40	07:55
15	638	Nuno João Dias Da Costa	Juventude atlética Mozelos	Senior Masculino	02:05:30	+33:18	08:22
16	527	Wilson Andrade	C.D.C. SÃO MARTINHO DA GÂNDARA	Senior Masculino	02:05:52	+33:39	08:23
17	737	Fábio Pereira	Individual	Senior Masculino	02:06:16	+34:04	08:25
18	584	Tiago Neves	Individual	Senior Masculino	02:08:49	+36:37	08:35
19	729	Marcos Soares	Vale Correr	Senior Masculino	02:09:09	+36:56	08:37
20	537	André Silva	Clube Desportivo Feirense	Senior Masculino	02:09:15	+37:02	08:37
21	583	Sérgio Coelho	Individual	Senior Masculino	02:12:17	+40:04	08:49
22	523	VALTER PINHO	C.C.D.NADAIS	Senior Masculino	02:12:48	+40:36	08:51
23	578	Paulo Ricardo Pereira da Costa	Individual	Senior Masculino	02:13:11	+40:59	08:53
24	711	FERNANDO CORREIA	SPORTARC	Senior Masculino	02:15:15	+43:03	09:01

Official Timekeeper: Lap2Go	1 / 5	generate 05-dez-2022 10:44
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15Km

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15 KM

OFFICIAL RESULT

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25	566	Carlos Resende	Individual	Senior Masculino	02:16:08	+43:56	09:05
26	670	luis garcia	Pupilos do Zé-Tó	Senior Masculino	02:18:41	+46:29	09:15
27	702	CLÁUDIO MOREIRA	Sentir Escariz running	Senior Masculino	02:18:41	+46:29	09:15
28	571	Fábio Almeida	Individual	Senior Masculino	02:19:43	+47:30	09:19
29	568	Danilo Fenu	Individual	Senior Masculino	02:19:44	+47:31	09:19
30	573	Filipe Santos	Individual	Senior Masculino	02:19:44	+47:32	09:19
31	569	Diogo Nunes	Individual	Senior Masculino	02:19:48	+47:36	09:19
32	581	Rui Costa	Individual	Senior Masculino	02:19:51	+47:39	09:19
33	549	Carlos Magalhães	Ginásio Fit4Fun	Senior Masculino	02:19:52	+47:39	09:19
34	586	Valter Soares	Individual	Senior Masculino	02:34:34	+01:02:22	10:18
35	730	Marco nunes	C.D.C. SÃO MARTINHO DA GÂNDARA	Senior Masculino	02:35:32	+01:03:19	10:22
36	524	VITOR DIAS	C.C.D.NADAIS	Senior Masculino	02:35:53	+01:03:41	10:24
37	553	André Santos	Guisande Trail Running	Senior Masculino	02:39:38	+01:07:25	10:39
38	577	Luis Oliveira	Individual	Senior Masculino	02:40:47	+01:08:35	10:43
39	567	Carlos Silva	Individual	Senior Masculino	02:45:05	+01:12:53	11:00
40	625	Luis silva	javalis100limites	Senior Masculino	02:48:12	+01:15:59	11:13
41	651	Renato Azevedo	NightRunners	Senior Masculino	03:28:41	+01:56:29	13:55
42	736	atleta 736	Individual	Senior Masculino	03:31:49	+01:59:37	14:07
43	721	Carlos Freitas	Trilhados	Senior Masculino	04:24:06	+02:51:53	17:36

Veterana F40

1	24	paula da silva barbosa	EDV - Viana Trail	Veterana F40	01:44:29	+12:17	06:58
2	695	Fátima Tavares	Run & Fun	Veterana F40	02:05:37	+33:25	08:22
3	593	Sandra Moreira	Individual	Veterana F40	02:06:30	+34:18	08:26
4	703	FLORA SANTOS	Sentir Escariz running	Veterana F40	02:09:42	+37:30	08:39
5	525	VERA LEITE	C.C.D.NADAIS	Veterana F40	02:12:49	+40:37	08:51
6	100	Mónica Oliveira	Clube Desportivo Feirense	Veterana F40	02:13:27	+41:14	08:54
7	696	SMónica Fernandes	Run & Fun	Veterana F40	02:17:30	+45:17	09:10
8	508	Marilene Baptista	Bravos e bravitas	Veterana F40	02:22:48	+50:36	09:31
9	535	Susana Martins	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterana F40	02:24:39	+52:26	09:39
10	712	ISABEL SOARES	SPORTARC	Veterana F40	02:25:32	+53:20	09:42
11	645	Sandra Manuela Moreira Martins	Lusavouga Cidep Trail Running	Veterana F40	02:32:34	+01:00:22	10:10
12	699	Laura Gomes	Sapatilhas Verdes	Veterana F40	02:37:47	+01:05:34	10:31
13	704	NAZARÉ OLIVEIRA	Sentir Escariz running	Veterana F40	02:43:59	+01:11:47	10:56
14	592	Isabel Sofia Oliveira Sousa	Individual	Veterana F40	02:49:49	+01:17:36	11:19
15	557	TERESA SANTOS	Guisande Trail Running	Veterana F40	03:16:35	+01:44:23	13:06
16	556	MARILDA SANTOS	Guisande Trail Running	Veterana F40	03:16:36	+01:44:24	13:06
17	542	Teresa Cunha	CMMC Vale de Cambra	Veterana F40	03:18:22	+01:46:10	13:14
18	653	Liliana Soares	NightRunners	Veterana F40	03:28:41	+01:56:29	13:55
19	632	Carla Pereira	JUFacc	Veterana F40	03:31:49	+01:59:37	14:07
20	532	Samanta Maia	CAL - Clube Atletismo de Lamas	Veterana F40	03:33:30	+02:01:17	14:14
21	7	Dora Dias	CAL - Clube Atletismo de Lamas	Veterana F40	03:33:30	+02:01:17	14:14
22	591	Deolinda Soares	Individual	Veterana F40	03:48:59	+02:16:46	15:16
23	588	Carla Araújo	Individual	Veterana F40	03:49:00	+02:16:47	15:16

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24	654	Suzana Alves	NightRunners	Veterana F40	03:49:09	+02:16:57	15:17
25	652	Liliana Oliveira	NightRunners	Veterana F40	03:49:15	+02:17:03	15:17
26	627	Cristina duarte	javalis100limites	Veterana F40	04:23:49	+02:51:37	17:35

Veterana F50

1	544	Maria carriço	Espigueiros runners caparrosinha	Veterana F50	01:54:15	+22:03	07:37
2	731	Maria Ferreira	Individual	Veterana F50	02:13:03	+40:51	08:52
3	716	Luísa Soares	SPORTARC	Veterana F50	02:35:50	+01:03:38	10:23
4	715	HELENA GOMES	SPORTARC	Veterana F50	02:39:31	+01:07:19	10:38
5	548	Paula Almeida	Geocrosstrail	Veterana F50	02:43:04	+01:10:52	10:52
6	512	Maria Mota	Bravos e bravitas	Veterana F50	02:49:49	+01:17:37	11:19
7	595	Cristina Mendes	Individual	Veterana F50	02:54:53	+01:22:41	11:40
8	596	Maria de Fátima da Silva Aguiar	Individual	Veterana F50	03:02:02	+01:29:49	12:08
9	597	Orquídea Gomes	Individual	Veterana F50	03:18:53	+01:46:41	13:16
10	504	Ana Oliveira	As Estrelas	Veterana F50	03:18:53	+01:46:41	13:16
11	511	Goreti Sousa	Bravos e bravitas	Veterana F50	03:27:29	+01:55:16	13:50
12	510	Fátima Lopes	Bravos e bravitas	Veterana F50	03:27:30	+01:55:18	13:50
13	713	ASSUNÇÃO AZEVEDO	SPORTARC	Veterana F50	03:38:33	+02:06:21	14:34
14	714	ESTER SOARES	SPORTARC	Veterana F50	03:38:34	+02:06:22	14:34

Veterana F60

1	598	Maria Cecilia da Silva Bastos	Individual	Veterana F60	03:03:49	+01:31:37	12:15
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Veterano M40

1	607	Paulo pinto	Clube Desportivo Feirense	Veterano M40	01:33:58	+01:46	06:16
2	513	Bruno Silva	Bravos e bravitas	Veterano M40	01:34:02	+01:50	06:16
3	540	Pedro Moreira	Clube Desportivo Feirense	Veterano M40	01:35:00	+02:48	06:20
4	663	Márcio Melo	NS TRAIL TEAM	Veterano M40	01:40:56	+08:43	06:44
5	647	João António Marques Tavares	Lusavouga Cidep Trail Running	Veterano M40	01:42:18	+10:06	06:49
6	545	Paulo Rodrigues	Espigueiros runners caparrosinha	Veterano M40	01:44:21	+12:09	06:57
7	518	Sérgio Costa	Bravos e bravitas	Veterano M40	01:44:31	+12:19	06:58
8	662	Henrique Silva	NS TRAIL TEAM	Veterano M40	01:44:40	+12:28	06:59
9	681	pedro paiva	Pupilos do Zé-Tó	Veterano M40	01:47:42	+15:29	07:11
10	32	Miguel Santos	Grupo Cultural e Desportivo Guilhovai	Veterano M40	01:52:03	+19:51	07:28
11	602	Filipe Manuel Coelho	Individual	Veterano M40	01:52:23	+20:11	07:30
12	599	Armando Sá	Individual	Veterano M40	01:53:21	+21:09	07:33
13	68	Francisco Terra	NAC TRAIL	Veterano M40	01:53:44	+21:32	07:35
14	502	Jorge Silva	Clube Desportivo Feirense	Veterano M40	01:54:17	+22:05	07:37
15	538	Jorge Nunes	Clube Desportivo Feirense	Veterano M40	01:55:05	+22:53	07:40
16	646	Carlos Alberto Soares Moreira	Lusavouga Cidep Trail Running	Veterano M40	01:58:53	+26:41	07:56
17	717	RUBENS SOARES	SPORTARC	Veterano M40	01:58:59	+26:47	07:56

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62	656	Ricardo Oliveira	NightRunners	Veterano M40	03:49:13	+02:17:01	15:17
63	657	Rui Carmo	NightRunners	Veterano M40	03:49:15	+02:17:02	15:17

Veterano M50

1	664	José Tavares	NS TRAIL TEAM	Veterano M50	01:40:38	+08:26	06:43
2	552	Manuel Urbano	Grupo Cultural e Desportivo Guilhovai	Veterano M50	01:43:04	+10:52	06:52
3	522	Paulo Bandalho	Bravos e bravitas	Veterano M50	01:44:32	+12:20	06:58
4	719	Augusto Aluai	Sporting clube de Espinho	Veterano M50	01:51:03	+18:51	07:24
5	687	antonio ferreira	Pupilos do Zé-Tó	Veterano M50	01:52:13	+20:01	07:29
6	665	Manuel Domingues	NS TRAIL TEAM	Veterano M50	01:53:20	+21:08	07:33
7	698	Francelino Resende	Running Mozelos	Veterano M50	01:55:26	+23:14	07:42
8	641	Armando Almeida	Kirchhoff Running Team	Veterano M50	02:06:30	+34:18	08:26
9	738	Alcino Santos	Individual	Veterano M50	02:10:29	+38:17	08:42
10	688	carlos familiar	Pupilos do Zé-Tó	Veterano M50	02:14:04	+41:52	08:56
11	691	José Rodrigues	Pupilos do Zé-Tó	Veterano M50	02:14:14	+42:02	08:57
12	519	João Gomes	Bravos e bravitas	Veterano M50	02:14:28	+42:16	08:58
13	618	Jorge Alexandre Tavares Oliveira	Individual	Veterano M50	02:19:19	+47:07	09:17
14	617	Alberto Barros	Individual	Veterano M50	02:24:19	+52:06	09:37
15	619	Nuno Martins de Pinho	Individual	Veterano M50	02:27:45	+55:32	09:51
16	660	Paulo Pereira	NightRunners	Veterano M50	02:28:38	+56:26	09:55
17	693	pardal goncalves	Pupilos do Zé-Tó	Veterano M50	02:36:00	+01:03:48	10:24
18	630	Tony barbosa	javalis100limites	Veterano M50	02:36:37	+01:04:25	10:27
19	521	Mário oliveira	Bravos e bravitas	Veterano M50	02:49:50	+01:17:37	11:19
20	690	joao carvalho	Pupilos do Zé-Tó	Veterano M50	02:52:04	+01:19:52	11:28
21	692	miguel coelho	Pupilos do Zé-Tó	Veterano M50	02:52:04	+01:19:52	11:28
22	659	Joaquim Moreira	NightRunners	Veterano M50	03:49:10	+02:16:58	15:17
23	726	Mario Pereira	Trilhados	Veterano M50	03:49:15	+02:17:02	15:17

Veterano M60

1	620	David Fernando da Rocha Tavares	Individual	Veterano M60	01:58:31	+26:19	07:54
2	661	Joaquim Teixeira	NightRunners	Veterano M60	02:07:55	+35:43	08:32
3	530	Rogério de Pinho e Silva	C.D.C. SÃO MARTINHO DA GÂNDARA	Veterano M60	02:09:42	+37:30	08:39
4	642	Mário Oliveira	Kirchhoff Running Team	Veterano M60	02:13:11	+40:59	08:53
5	637	Norberto Oliveira	JUFacc	Veterano M60	02:19:15	+47:03	09:17
6	534	Lucidio Dias	CAL - Clube Atletismo de Lamas	Veterano M60	03:06:06	+01:33:54	12:24

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