

BENJAMINS - STAGE 1

0,62 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:50	15,7°C	94%
End	09:58	15,7°C	94%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	95	Rodrigo Reis	f c estrelas susanenses	Benjamim B Masculino	01:59	-	-
2	121	Gonçalo Freitas	grupo juvenil pinheiro da bemposta	Benjamim B Masculino	02:01	+00:02	-
3	65	RITA Brito MAGALHÃES	clube desportivo feirense	Benjamim B Feminino	02:04	+00:04	-
4	63	MARIA da Silva GONÇALVES	clube desportivo feirense	Benjamim B Feminino	02:11	+00:11	-
5	62	GABRIELA Nunes GALHANO	clube desportivo feirense	Benjamim B Feminino	02:13	+00:13	-
6	93	Joao Reis	f c estrelas susanenses	Benjamim A Masculino	02:13	+00:14	-
7	10	BEATRIZ PINTO	acdl-sjver	Benjamim B Feminino	02:19	+00:19	-
8	17	João Pereira	acr de vale de cambra	Benjamim B Masculino	02:23	+00:24	-
9	217	Mariana Alvarado	arada atletico clube	Benjamim B Feminino	02:24	+00:24	-
10	204	Irina Castro	sporting clube de espinho / antónio leitão	Benjamim B Feminino	02:25	+00:26	-
11	221	Carolina Ferreira	arada atletico clube	Benjamim B Feminino	02:26	+00:26	-
12	59	SARAH Aléxia Rebelo de Sá MOURA	clube desportivo feirense	Benjamim A Feminino	02:32	+00:32	-
13	118	Mafalda Tavares	grupo juvenil pinheiro da bemposta	Benjamim B Feminino	02:32	+00:32	-
14	218	Érica Santos	arada atletico clube	Benjamim B Feminino	02:41	+00:41	-
15	91	Luisa Gonçalves	f c estrelas susanenses	Benjamim A Feminino	02:47	+00:47	-
16	130	Santiago Moereira	j. a. mozelense	Benjamim A Masculino	02:48	+00:49	-
17	168	Tomás Rodrigues	j. a. mozelense	Benjamim A Masculino	02:51	+00:51	-
18	92	Hugo Judite	f c estrelas susanenses	Benjamim A Masculino	02:52	+00:52	-
19	64	MATILDE Pinto PEREIRA	clube desportivo feirense	Benjamim B Feminino	03:02	+01:02	-
20	1	Carolina Barros	individual	Benjamim A Feminino	03:41	+01:41	-
21	226	Matilde Valente	individual	Benjamim B Feminino	03:45	+01:46	-

TEAM RESULTS - BENJAMINS MASC

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	F C ESTRELAS SUSANENSES	1 + 3 + 7	11

INFANTIS - STAGE 1

1,24 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	15,7°C	96%
End	09:10	15,7°C	96%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	131	João Costa	individual	Infantil Masculino	04:27		-
2	12	MARTIM VIEIRA	acdl-sjver	Infantil Masculino	04:37	+00:09	-
3	216	Lucas Neves	arada atletico clube	Infantil Masculino	04:39	+00:11	-
4	170	Guilherme Ferreira	j. a. mozelense	Infantil Masculino	04:58	+00:30	-
5	169	Dinis Rodrigues	j. a. mozelense	Infantil Masculino	05:12	+00:44	-
6	71	JOÃO Paulo Ferreira LINO	clube desportivo feirense	Infantil Masculino	05:22	+00:54	-
7	70	GUILHERME Joaquim Sá RODRIGUES	clube desportivo feirense	Infantil Masculino	05:27	+00:59	-
8	224	Gustavo Moreira	j. a. mozelense	Infantil Masculino	06:11	+01:44	-
9	223	Miguel Mota	j. a. mozelense	Infantil Masculino	06:11	+01:44	-
10	222	Margarida Oliveira	arada atletico clube	Infantil Feminino	06:24	+01:56	-
11	11	CAROLINA PINTO	acdl-sjver	Infantil Feminino	06:44	+02:16	-

Infantis

1,24 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	15,7°C	96%
End	09:10	15,7°C	96%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Infantil Feminino

1	222	Margarida Oliveira	Arada atletico clube	Infantil Feminino	06:24	+01:56	-
2	11	CAROLINA PINTO	ACDL-SJVER	Infantil Feminino	06:44	+02:16	-

Infantil Masculino

1	131	João Costa	Individual	Infantil Masculino	04:27		-
2	12	MARTIM VIEIRA	ACDL-SJVER	Infantil Masculino	04:37	+00:09	-
3	216	Lucas Neves	Arada atletico clube	Infantil Masculino	04:39	+00:11	-
4	170	Guilherme Ferreira	J. A. Mozelense	Infantil Masculino	04:58	+00:30	-
5	169	Dinis Rodrigues	J. A. Mozelense	Infantil Masculino	05:12	+00:44	-
6	71	JOÃO Paulo Ferreira LINO	CLUBE DESPORTIVO FEIRENSE	Infantil Masculino	05:22	+00:54	-
7	70	GUILHERME Joaquim Sá RODRIGUES	CLUBE DESPORTIVO FEIRENSE	Infantil Masculino	05:27	+00:59	-
8	224	Gustavo Moreira	J. A. Mozelense	Infantil Masculino	06:11	+01:44	-
9	223	Miguel Mota	J. A. Mozelense	Infantil Masculino	06:11	+01:44	-

INICIADOS - STAGE 1

2,45 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:20	15,7°C	94%
End	09:40	15,7°C	94%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	22	Miguel Dinis Tavares	acr de vale de cambra	Iniciado Masculino	10:55		04:27
2	23	Tiago Silva	acr de vale de cambra	Iniciado Masculino	11:41	+00:46	04:46
3	101	Mariana Reis	f c estrelas susanenses	Iniciado Feminino	12:02	+01:06	04:55
4	102	Andre Barbosa	f c estrelas susanenses	Iniciado Masculino	12:20	+01:25	05:02
5	98	Ana Almeida	f c estrelas susanenses	Iniciado Feminino	12:40	+01:45	05:11
6	18	Daniela Oliveira	acr de vale de cambra	Iniciado Feminino	13:04	+02:08	05:20
7	100	Madalena Mendes	f c estrelas susanenses	Iniciado Feminino	14:04	+03:09	05:45
8	15	MATILDE VIEIRA	acdl-sjver	Iniciado Feminino	14:50	+03:55	06:03
9	122	Joana Tavares	grupo juvenil pinheiro da bemposta	Iniciado Feminino	15:11	+04:16	06:12
10	20	Maria Júlia Pinho	acr de vale de cambra	Iniciado Feminino	16:45	+05:50	06:50
11	19	Joana Ferreira	acr de vale de cambra	Iniciado Feminino	17:01	+06:05	06:57
12	21	Violeta Coelho	acr de vale de cambra	Iniciado Feminino	19:01	+08:05	07:46

Iniciados

2,45 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:20	15,7°C	94%
End	09:40	15,7°C	94%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Iniciado Feminino

1	101	Mariana Reis	F C Estrelas Susanenses	Iniciado Feminino	12:02	+01:06	04:55
2	98	Ana Almeida	F C Estrelas Susanenses	Iniciado Feminino	12:40	+01:45	05:11
3	18	Daniela Oliveira	ACR de VALE DE CAMBRA	Iniciado Feminino	13:04	+02:08	05:20
4	100	Madalena Mendes	F C Estrelas Susanenses	Iniciado Feminino	14:04	+03:09	05:45
5	15	MATILDE VIEIRA	ACDL-SJVER	Iniciado Feminino	14:50	+03:55	06:03
6	122	Joana Tavares	Grupo Juvenil Pinheiro da Bemposta	Iniciado Feminino	15:11	+04:16	06:12
7	20	Maria Júlia Pinho	ACR de VALE DE CAMBRA	Iniciado Feminino	16:45	+05:50	06:50
8	19	Joana Ferreira	ACR de VALE DE CAMBRA	Iniciado Feminino	17:01	+06:05	06:57
9	21	Violeta Coelho	ACR de VALE DE CAMBRA	Iniciado Feminino	19:01	+08:05	07:46

Iniciado Masculino

1	22	Miguel Dinis Tavares	ACR de VALE DE CAMBRA	Iniciado Masculino	10:55		04:27
2	23	Tiago Silva	ACR de VALE DE CAMBRA	Iniciado Masculino	11:41	+00:46	04:46
3	102	Andre Barbosa	F C Estrelas Susanenses	Iniciado Masculino	12:20	+01:25	05:02

TEAM RESULTS - INICIADOS FEM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	F C ESTRELAS SUSANENSES	1 + 2 + 4	7
2	ACR DE VALE DE CAMBRA	3 + 7 + 8	18

JUVENIS - STAGE 1

3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:10	15,7°C	94%
End	10:24	15,7°C	94%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	24	Daniel Santos	acr de vale de cambra	Juvenil Masculino	11:55		03:59
2	106	Marcia França	f c estrelas susanenses	Juvenil Feminino	14:16	+02:20	04:45
3	172	Luam Grangeiro	j. a. mozelense	Juvenil Masculino	16:32	+04:36	05:31

Juvenis

3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:10	15,7°C	94%
End	10:24	15,7°C	94%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	tkm
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Juvenil Feminino

1	106	Marcia França	F C Estrelas Susanenses	Juvenil Feminino	14:16	+02:20	04:45
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Juvenil Masculino

1	24	Daniel Santos	ACR de VALE DE CAMBRA	Juvenil Masculino	11:55		03:59
2	172	Luam Grangeiro	J. A. Mozelense	Juvenil Masculino	16:32	+04:36	05:31

PROVA PRINCIPAL FEMININOS - STAGE 1

6 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:50	16,3°C	91%
End	11:34	16,3°C	91%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	196	Joana Nunes	recreio desportivo de águeda	Senior Feminino	22:53		03:49
2	206	Cristiana Santos	sporting clube de espinho / antónio leitão	Senior Feminino	26:07	+03:13	04:21
3	73	Joana Santos	clube desportivo feirense	Senior Feminino	26:23	+03:29	04:24
4	74	Dora Sá	clube desportivo feirense	Veterana F40	26:39	+03:45	04:27
5	174	Lúcia Soares	j. a. mozelense	Senior Feminino	27:13	+04:19	04:32
6	81	ANA OLIVEIRA	ev / peraltafil	Veterana F40	27:20	+04:26	04:33
7	180	Matilde Baptista	j. a. mozelense	Veterana F40	27:32	+04:38	04:35
8	42	Énia Pinho	centro recreativo de estarreja	Senior Feminino	28:29	+05:35	04:45
9	183	Catarina Silva	j. a. mozelense	Senior Feminino	28:39	+05:45	04:47
10	138	Maria Oliveira	individual	Senior Feminino	28:52	+05:59	04:49
11	199	Anabela Gomes dos Santos	servicos sociais trabalhadores s.j.madeira	Veterana F40	29:56	+07:03	04:59
12	135	Catarina Sousa	individual	Senior Feminino	31:10	+08:16	05:12
13	76	Goretti Cardoso	csjsc	Veterana F40	31:13	+08:19	05:12
14	148	Graça leite	individual	Veterana F40	33:27	+10:33	05:35
15	140	Vera Catarina Pinho Oliveira	individual	Senior Feminino	34:55	+12:01	05:49
16	150	Maria dos Anjos	individual	Veterana F40	35:22	+12:28	05:54
17	179	Marinha Baptista	j. a. mozelense	Veterana F40	37:20	+14:27	06:14
18	149	Madalena Vieira	individual	Veterana F40	38:56	+16:02	06:29
19	133	Ana Leandro	individual	Senior Feminino	38:56	+16:02	06:29
20	139	Marisa Sofia Linhares Moreira	individual	Senior Feminino	39:06	+16:12	06:31
21	200	María Alice Fernandes	servicos sociais trabalhadores s.j.madeira	Veterana F40	40:35	+17:41	06:46
22	134	Antónia Oliveira	individual	Senior Feminino	41:00	+18:06	06:50
23	201	Natalia Maria Ferreira dos Santos	servicos sociais trabalhadores s.j.madeira	Veterana F40	41:13	+18:19	06:52
24	181	Sandra Pinto	j. a. mozelense	Veterana F40	42:17	+19:23	07:03
25	137	Maria José Coimbra	individual	Senior Feminino	44:39	+21:45	07:27
26	136	Juliana Gomes Coelho	individual	Senior Feminino	44:39	+21:45	07:27

Prova Principal Femininos

6 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	10:50	16,3°C	91%
End	11:34	16,3°C	91%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	196	Joana Nunes	Recreio Desportivo de Águeda	Senior Feminino	22:53		03:49
2	206	Cristiana Santos	Sporting Clube de Espinho / António Leitão	Senior Feminino	26:07	+03:13	04:21
3	73	Joana Santos	Clube Desportivo Feirense	Senior Feminino	26:23	+03:29	04:24
4	174	Lúcia Soares	J. A. Mouselense	Senior Feminino	27:13	+04:19	04:32
5	42	Énia Pinho	Centro Recreativo de Estarreja	Senior Feminino	28:29	+05:35	04:45
6	183	Catarina Silva	J. A. Mouselense	Senior Feminino	28:39	+05:45	04:47
7	138	Maria Oliveira	Individual	Senior Feminino	28:52	+05:59	04:49
8	135	Catarina Sousa	Individual	Senior Feminino	31:10	+08:16	05:12
9	140	Vera Catarina Pinho Oliveira	Individual	Senior Feminino	34:55	+12:01	05:49
10	133	Ana Leandro	Individual	Senior Feminino	38:56	+16:02	06:29
11	139	Marisa Sofia Linhares Moreira	Individual	Senior Feminino	39:06	+16:12	06:31
12	134	Antónia Oliveira	Individual	Senior Feminino	41:00	+18:06	06:50
13	137	Maria José Coimbra	Individual	Senior Feminino	44:39	+21:45	07:27
14	136	Juliana Gomes Coelho	Individual	Senior Feminino	44:39	+21:45	07:27

Veterana F40

1	74	Dora Sá	Clube Desportivo Feirense	Veterana F40	26:39	+03:45	04:27
2	81	ANA OLIVEIRA	EV / PERALTAFIL	Veterana F40	27:20	+04:26	04:33
3	180	Matilde Baptista	J. A. Mouselense	Veterana F40	27:32	+04:38	04:35
4	199	Anabela Gomes dos Santos	Servicos Sociais Trabalhadores S.J.Madeira	Veterana F40	29:56	+07:03	04:59
5	76	Goretti Cardoso	CSJSC	Veterana F40	31:13	+08:19	05:12
6	148	Graça leite	Individual	Veterana F40	33:27	+10:33	05:35
7	150	Maria dos Anjos	Individual	Veterana F40	35:22	+12:28	05:54
8	179	Marinha Baptista	J. A. Mouselense	Veterana F40	37:20	+14:27	06:14
9	149	Madalena Vieira	Individual	Veterana F40	38:56	+16:02	06:29
10	200	Maria Alice Fernandes	Servicos Sociais Trabalhadores S.J.Madeira	Veterana F40	40:35	+17:41	06:46
11	201	Natalia Maria Ferreira dos Santos	Servicos Sociais Trabalhadores S.J.Madeira	Veterana F40	41:13	+18:19	06:52
12	181	Sandra Pinto	J. A. Mouselense	Veterana F40	42:17	+19:23	07:03

TEAM RESULTS - PROVA PRINCIPAL FEMININOS

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	J. A. MOZELENSE	5 + 7 + 9	21
2	SERVICOS SOCIAIS TRABALHADORES S.J.MADEIRA	11 + 21 + 23	55

PROVA PRINCIPAL MASCULINOS - STAGE 1

9 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:50	16,3°C	91%
End	11:49	16,3°C	91%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	197	João Almeida	recreio desportivo de águeda	Senior Masculino	28:32		03:10
2	84	TOZE CASTRO	ev / peraltafil	Senior Masculino	29:25	+00:52	03:16
3	114	Pedro Cerdeirinha	g.d.ronda	Senior Masculino	29:32	+01:00	03:17
4	191	Hugo Fontes	joão silva ccr praia de mira	Senior Masculino	29:40	+01:08	03:18
5	142	Ângelo Pereira	individual	Senior Masculino	29:52	+01:20	03:19
6	47	HELDER PIRES	clube atletismo de ovar	Senior Masculino	30:06	+01:34	03:21
7	117	António Fernandes	grupo desportivo e cultural de guilhovai	Veterano M50	30:27	+01:55	03:23
8	85	VITOR SANTOS	ev / peraltafil	Veterano M40	30:42	+02:10	03:25
9	46	CELSO LEITE	clube atletismo de ovar	Senior Masculino	31:17	+02:45	03:29
10	116	Paulo Pereira	grupo desportivo e cultural de guilhovai	Veterano M45	31:26	+02:54	03:30
11	207	Ricardo Barros	sporting clube de espinho / antónio leitão	Senior Masculino	31:42	+03:10	03:31
12	55	Manuel Sousa	clube campismo	Veterano M55	31:48	+03:16	03:32
13	48	SERGIO PAIVA	clube atletismo de ovar	Senior Masculino	31:48	+03:16	03:32
14	79	Adérito Fontes	escola de atletismo de coimbra/jpaiva	Veterano M60	31:54	+03:22	03:33
15	194	Ricardo Carvalho	nac	Veterano M50	32:16	+03:43	03:35
16	208	Tiago Rosas	sporting clube de espinho / antónio leitão	Senior Masculino	32:16	+03:44	03:35
17	72	RODRIGO Saramago Oliveira Gonçalves da SILVA	clube desportivo feirense	Junior Masculino	32:54	+04:22	03:39
18	82	CLAUDIO COSTA	ev / peraltafil	Veterano M40	33:14	+04:41	03:42
19	113	andre joaquim moreira silva	feirense trail	Senior Masculino	33:34	+05:02	03:44
20	227	Sérgio Sousa	lavra	Veterano M45	33:40	+05:07	03:44
21	205	Rui Ferreira	sporting clube de espinho / antónio leitão	Junior Masculino	33:47	+05:15	03:45
22	54	Fernando Oliveira	clube campismo	Veterano M50	33:51	+05:19	03:46
23	78	Paulo Jesus	dragon club	Veterano M45	34:12	+05:40	03:48
24	37	Nuno Silva	cal - clube atletismo de lamas	Veterano M45	34:24	+05:52	03:49
25	36	NUNO PAIS	cal - clube atletismo de lamas	Senior Masculino	34:42	+06:10	03:51
26	6	RUI TAVARES	a. d. grijo a correr	Veterano M40	34:48	+06:15	03:52
27	86	MANUEL BESSA	ev / peraltafil	Veterano M45	34:50	+06:18	03:52
28	211	Augusto Aluai	sporting clube de espinho / antónio leitão	Veterano M50	34:54	+06:22	03:53
29	153	pedro barbosa	individual	Veterano M40	35:01	+06:28	03:53
30	53	Américo Pinho	clube campismo	Veterano M45	35:27	+06:55	03:56
31	50	Agostinho Moreira Carneiro	clube atletismo vila boa do bispo	Veterano M55	35:35	+07:02	03:57
32	225	Pedro Terra	servicos sociais trabalhadores s.j.madeira	Veterano M60	35:51	+07:19	03:59
33	210	Francelino Resende	sporting clube de espinho / antónio leitão	Veterano M50	36:02	+07:30	04:00
34	164	Fernando Antunes	individual	Veterano M55	36:13	+07:41	04:01
35	147	Tiago Ferreira	individual	Senior Masculino	36:24	+07:51	04:03
36	203	Nélson Carvalhosa	sport comércio salgueiros	Veterano M40	36:37	+08:05	04:04
37	202	Paulo Roberto Da Silva Oliveira	sport comércio salgueiros	Senior Masculino	36:38	+08:05	04:04
38	212	José Manuel Silva	trail running sanguedo	Veterano M45	36:46	+08:14	04:05
39	228	Alberto Valente	individual	Veterano M45	36:49	+08:17	04:06
40	49	ROGERIO CAMPOS	clube atletismo de ovar	Veterano M50	36:52	+08:20	04:06

PROVA PRINCIPAL MASCULINOS - STAGE 1
9 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	195	Juca ns	ns pneus	Veterano M45	36:54	+08:22	04:06
42	7	JOSÉ SILVA	a. d. grijo a correr	Veterano M50	37:05	+08:33	04:07
43	213	Tiago Azevedo	villa cesari / flama	Junior Masculino	37:14	+08:41	04:08
44	40	Benjamin Soares	carcavelos caravela seguros	Veterano M60	37:32	+09:00	04:10
45	35	Salvador Silva	c.f. oliveira do douro	Veterano M45	37:41	+09:09	04:11
46	123	Antonio Martins	grupo juvenil pinheiro da bemposta	Senior Masculino	38:58	+10:26	04:20
47	187	Fernando Brandão	j. a. mozelense	Veterano M55	39:06	+10:34	04:21
48	161	Rui Ferreira	individual	Veterano M50	40:26	+11:54	04:30
49	33	Oscar Brandão	arada atlético clube	Veterano M50	40:39	+12:07	04:31
50	32	Antonio Nunes	arada atlético clube	Veterano M50	40:40	+12:08	04:31
51	51	Fernando António Dias Sousa	clube atletismo vila boa do bispo	Veterano M55	40:47	+12:15	04:32
52	165	Justino Soares	individual	Veterano M55	40:57	+12:25	04:33
53	193	José Silva	acrd escapães	Veterano M55	41:06	+12:34	04:34
54	8	CARLOS RIPOLINS	a. d. grijo a correr	Veterano M60	41:10	+12:38	04:35
55	2	Elisio Silva	j. a. mozelense	Veterano M55	41:21	+12:48	04:36
56	176	Fábio Silva	j. a. mozelense	Senior Masculino	41:35	+13:02	04:37
57	146	Tiago Alves	individual	Senior Masculino	41:39	+13:07	04:38
58	44	Fernando Gonçalves	cirac - circulo de recreio arte e cultura	Veterano M60	42:27	+13:55	04:43
59	230	Bruno Santos	clube independente de argoncilhe	Veterano M40	42:27	+13:55	04:43
60	188	Manuel Pereira	j. a. mozelense	Veterano M55	43:35	+15:03	04:51
61	185	Manuel Oliveira	j. a. mozelense	Veterano M50	43:40	+15:07	04:51
62	171	Tiago Oliveira	j. a. mozelense	Junior Masculino	43:53	+15:20	04:53
63	162	Vitor Guerra	individual	Veterano M50	44:21	+15:49	04:56
64	88	LEONEL SILVA	ev / peraltafil	Veterano M55	44:31	+15:59	04:57
65	87	JOAQUIM PEREIRA	ev / peraltafil	Veterano M55	44:31	+15:59	04:57
66	214	Manuel Conceição	villa cesari / flama	Veterano M45	44:33	+16:00	04:57
67	198	José Fernando de Sousa e Matos	recreio desportivo de águeda	Veterano M55	44:36	+16:04	04:57
68	112	Jose Moura	f c estrelas susanenses	Veterano M60	44:39	+16:06	04:58
69	9	Miguel Santos	acd são joão da serra	Veterano M40	44:50	+16:17	04:59
70	115	Hélder Ramos	gdg - grupo desportivo da gafanha	Veterano M50	44:51	+16:19	04:59
71	26	PAULO SANTOS	acrd	Veterano M50	45:00	+16:28	05:00
72	163	Ângelo Pereira	individual	Veterano M55	45:10	+16:37	05:01
73	34	Danilo Fenu	bravos & bravitas	Senior Masculino	45:13	+16:41	05:02
74	29	Manuel Alcino dos Santos Pinto	aqui mandam elas	Senior Masculino	45:19	+16:47	05:02
75	77	Abel Santos	csjsc	Veterano M60	45:21	+16:49	05:02
76	229	Manuel Santos	clube independente de argoncilhe	Veterano M60	45:32	+17:00	05:04
77	215	Vitor Sá	villa cesari / flama	Veterano M50	45:46	+17:13	05:05
78	177	Pedro Miguel Matos	j. a. mozelense	Senior Masculino	45:56	+17:23	05:06
79	182	Américo Vicente	j. a. mozelense	Veterano M50	45:56	+17:23	05:06
80	144	João Carlos Rodrigues de Sousa	individual	Senior Masculino	46:38	+18:06	05:11
81	141	André crispim	individual	Senior Masculino	46:56	+18:24	05:13
82	110	Pedro Reis	f c estrelas susanenses	Veterano M40	47:03	+18:30	05:14
83	128	Virgolino Bastos	grupo juvenil pinheiro da bemposta	Veterano M60	47:15	+18:43	05:15
84	124	Carlos Teixeira	grupo juvenil pinheiro da bemposta	Senior Masculino	47:17	+18:45	05:15

PROVA PRINCIPAL MASCULINOS - STAGE 1

9 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	157	DOTAN GOREN	individual	Veterano M45	47:33	+19:00	05:17
86	125	Helder Martins	grupo juvenil pinheiro da bemposta	Senior Masculino	48:02	+19:30	05:20
87	126	Hugo Sousa	grupo juvenil pinheiro da bemposta	Veterano M40	48:20	+19:48	05:22
88	145	Manuel Joaquim campos Alves	individual	Senior Masculino	48:55	+20:22	05:26
89	158	Vitor Miguel da Silva campos	individual	Veterano M45	48:55	+20:22	05:26
90	178	Vicente Pinto	j. a. mozelense	Senior Masculino	49:31	+20:59	05:30
91	152	José Oliveira	individual	Veterano M40	49:57	+21:24	05:33
92	27	André Resende Tavares	aqui mandam elas	Senior Masculino	50:28	+21:55	05:36
93	30	Nelson Ventura da Silva Tavares	aqui mandam elas	Senior Masculino	54:19	+25:47	06:02
94	167	José Falcão	individual	Veterano M60	54:53	+26:21	06:06
95	151	António Sérgio Sousa	individual	Veterano M40	57:10	+28:38	06:21
96	160	Luís Álvaro Costa	individual	Veterano M50	58:05	+29:32	06:27
97	43	Armando Azevedo	cirac - circulo de recreio arte e cultura	Veterano M60	59:07	+30:35	06:34
98	45	Joaquim Oliveira	cirac - circulo de recreio arte e cultura	Veterano M60	59:10	+30:37	06:34

Prova Principal Masculinos

9 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:50	16,3°C	91%
End	11:49	16,3°C	91%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Junior Masculino

1	72	RODRIGO Saramago Oliveira Gonçalves da SILVA	CLUBE DESPORTIVO FEIRENSE	Junior Masculino	32:54	+04:22	03:39
2	205	Rui Ferreira	Sporting Clube de Espinho / António Leitão	Junior Masculino	33:47	+05:15	03:45
3	213	Tiago Azevedo	Villa Cesari / FLAMA	Junior Masculino	37:14	+08:41	04:08
4	171	Tiago Oliveira	J. A. Mozelense	Junior Masculino	43:53	+15:20	04:53

Senior Masculino

1	197	João Almeida	Recreio Desportivo de Águeda	Senior Masculino	28:32		03:10
2	84	TOZE CASTRO	EV / PERALTAFIL	Senior Masculino	29:25	+00:52	03:16
3	114	Pedro Cerdeirinha	G.D.Ronda	Senior Masculino	29:32	+01:00	03:17
4	191	Hugo Fontes	João Silva CCR Praia de Mira	Senior Masculino	29:40	+01:08	03:18
5	142	Ângelo Pereira	Individual	Senior Masculino	29:52	+01:20	03:19
6	47	HELDER PIRES	CLUBE ATLETISMO DE OVAR	Senior Masculino	30:06	+01:34	03:21
7	46	CELSO LEITE	CLUBE ATLETISMO DE OVAR	Senior Masculino	31:17	+02:45	03:29
8	207	Ricardo Barros	Sporting Clube de Espinho / António Leitão	Senior Masculino	31:42	+03:10	03:31
9	48	SERGIO PAIVA	CLUBE ATLETISMO DE OVAR	Senior Masculino	31:48	+03:16	03:32
10	208	Tiago Rosas	Sporting Clube de Espinho / António Leitão	Senior Masculino	32:16	+03:44	03:35
11	113	andre joaquim moreira silva	Feirense Trail	Senior Masculino	33:34	+05:02	03:44
12	36	NUNO PAIS	CAL - Clube Atletismo de Lamas	Senior Masculino	34:42	+06:10	03:51
13	147	Tiago Ferreira	Individual	Senior Masculino	36:24	+07:51	04:03
14	202	Paulo Roberto Da Silva Oliveira	Sport Comércio Salgueiros	Senior Masculino	36:38	+08:05	04:04
15	123	Antonio Martins	Grupo Juvenil Pinheiro da Bemposta	Senior Masculino	38:58	+10:26	04:20
16	176	Fábio Silva	J. A. Mozelense	Senior Masculino	41:35	+13:02	04:37
17	146	Tiago Alves	Individual	Senior Masculino	41:39	+13:07	04:38
18	34	Daniilo Fenu	Bravos & Bravitas	Senior Masculino	45:13	+16:41	05:02
19	29	Manuel Alcino dos Santos Pinto	Aqui mandam elas	Senior Masculino	45:19	+16:47	05:02
20	177	Pedro Miguel Matos	J. A. Mozelense	Senior Masculino	45:56	+17:23	05:06
21	144	João Carlos Rodrigues de Sousa	Individual	Senior Masculino	46:38	+18:06	05:11
22	141	André crispim	Individual	Senior Masculino	46:56	+18:24	05:13
23	124	Carlos Teixeira	Grupo Juvenil Pinheiro da Bemposta	Senior Masculino	47:17	+18:45	05:15
24	125	Helder Martins	Grupo Juvenil Pinheiro da Bemposta	Senior Masculino	48:02	+19:30	05:20
25	145	Manuel Joaquim campos Alves	Individual	Senior Masculino	48:55	+20:22	05:26
26	178	Vicente Pinto	J. A. Mozelense	Senior Masculino	49:31	+20:59	05:30
27	27	André Resende Tavares	Aqui mandam elas	Senior Masculino	50:28	+21:55	05:36

Prova Principal Masculinos

9 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

28	30	Nelson Ventura da Silva Tavares	Aqui mandam elas	Senior Masculino	54:19	+25:47	06:02
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Veterano M40

1	85	VITOR SANTOS	EV / PERALTAFIL	Veterano M40	30:42	+02:10	03:25
2	82	CLAUDIO COSTA	EV / PERALTAFIL	Veterano M40	33:14	+04:41	03:42
3	6	RUI TAVARES	A. D. GRIJO A CORRER	Veterano M40	34:48	+06:15	03:52
4	153	pedro barbosa	Individual	Veterano M40	35:01	+06:28	03:53
5	203	Nélson Carvalhosa	Sport Comércio Salgueiros	Veterano M40	36:37	+08:05	04:04
6	230	Bruno Santos	Clube Independente de Argoncilhe	Veterano M40	42:27	+13:55	04:43
7	9	Miguel Santos	ACD São João da Serra	Veterano M40	44:50	+16:17	04:59
8	110	Pedro Reis	F C Estrelas Susanenses	Veterano M40	47:03	+18:30	05:14
9	126	Hugo Sousa	Grupo Juvenil Pinheiro da Bemposta	Veterano M40	48:20	+19:48	05:22
10	152	José Oliveira	Individual	Veterano M40	49:57	+21:24	05:33
11	151	António Sérgio Sousa	Individual	Veterano M40	57:10	+28:38	06:21

Veterano M45

1	116	Paulo Pereira	Grupo Desportivo e Cultural de Guilhovai	Veterano M45	31:26	+02:54	03:30
2	227	Sérgio Sousa	LAVRA	Veterano M45	33:40	+05:07	03:44
3	78	Paulo Jesus	Dragon club	Veterano M45	34:12	+05:40	03:48
4	37	Nuno Silva	CAL - Clube Atletismo de Lamas	Veterano M45	34:24	+05:52	03:49
5	86	MANUEL BESSA	EV / PERALTAFIL	Veterano M45	34:50	+06:18	03:52
6	53	Américo Pinho	Clube Campismo	Veterano M45	35:27	+06:55	03:56
7	212	José Manuel Silva	Trail Running Sanguedo	Veterano M45	36:46	+08:14	04:05
8	228	Alberto Valente	Individual	Veterano M45	36:49	+08:17	04:06
9	195	Juca ns	Ns pneus	Veterano M45	36:54	+08:22	04:06
10	35	Salvador Silva	C.F. Oliveira do Douro	Veterano M45	37:41	+09:09	04:11
11	214	Manuel Conceição	Villa Cesari / FLAMA	Veterano M45	44:33	+16:00	04:57
12	157	DOTAN GOREN	Individual	Veterano M45	47:33	+19:00	05:17
13	158	Vítor Miguel da Silva campos	Individual	Veterano M45	48:55	+20:22	05:26

Veterano M50

1	117	António Fernandes	Grupo Desportivo e Cultural de Guilhovai	Veterano M50	30:27	+01:55	03:23
2	194	Ricardo Carvalho	NAC	Veterano M50	32:16	+03:43	03:35
3	54	Fernando Oliveira	Clube Campismo	Veterano M50	33:51	+05:19	03:46
4	211	Augusto Aluai	Sporting Clube de Espinho / António Leitão	Veterano M50	34:54	+06:22	03:53
5	210	Francelino Resende	Sporting Clube de Espinho / António Leitão	Veterano M50	36:02	+07:30	04:00
6	49	ROGERIO CAMPOS	CLUBE ATLETISMO DE OVAR	Veterano M50	36:52	+08:20	04:06

Prova Principal Masculinos

9 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

7	7	JOSÉ SILVA	A. D. GRIJO A CORRER	Veterano M50	37:05	+08:33	04:07
8	161	Rui Ferreira	Individual	Veterano M50	40:26	+11:54	04:30
9	33	Oscar Brandão	Arada Atlético clube	Veterano M50	40:39	+12:07	04:31
10	32	Antonio Nunes	Arada Atlético clube	Veterano M50	40:40	+12:08	04:31
11	185	Manuel Oliveira	J. A. Mozelense	Veterano M50	43:40	+15:07	04:51
12	162	Vitor Guerra	Individual	Veterano M50	44:21	+15:49	04:56
13	115	Hélder Ramos	GDG - Grupo Desportivo da Gafanha	Veterano M50	44:51	+16:19	04:59
14	26	PAULO SANTOS	ACRDE	Veterano M50	45:00	+16:28	05:00
15	215	Vitor Sá	Villa Cesari / FLAMA	Veterano M50	45:46	+17:13	05:05
16	182	Américo Vicente	J. A. Mozelense	Veterano M50	45:56	+17:23	05:06
17	160	Luís Álvaro Costa	Individual	Veterano M50	58:05	+29:32	06:27

Veterano M55

1	55	Manuel Sousa	Clube Campismo	Veterano M55	31:48	+03:16	03:32
2	50	Agostinho Moreira Carneiro	Clube Atletismo Vila Boa do Bispo	Veterano M55	35:35	+07:02	03:57
3	164	Fernando Antunes	Individual	Veterano M55	36:13	+07:41	04:01
4	187	Fernando Brandão	J. A. Mozelense	Veterano M55	39:06	+10:34	04:21
5	51	Fernando António Dias Sousa	Clube Atletismo Vila Boa do Bispo	Veterano M55	40:47	+12:15	04:32
6	165	Justino Soares	Individual	Veterano M55	40:57	+12:25	04:33
7	193	José Silva	ACRD Escapães	Veterano M55	41:06	+12:34	04:34
8	2	Elisio Silva	J. A. Mozelense	Veterano M55	41:21	+12:48	04:36
9	188	Manuel Pereira	J. A. Mozelense	Veterano M55	43:35	+15:03	04:51
10	88	LEONEL SILVA	EV / PERALTAFIL	Veterano M55	44:31	+15:59	04:57
11	87	JOAQUIM PEREIRA	EV / PERALTAFIL	Veterano M55	44:31	+15:59	04:57
12	198	José Fernando de Sousa e Matos	Recreio Desportivo de Águeda	Veterano M55	44:36	+16:04	04:57
13	163	Ângelo Pereira	Individual	Veterano M55	45:10	+16:37	05:01

Veterano M60

1	79	Adérito Fontes	Escola de Atletismo de Coimbra/JPaiva	Veterano M60	31:54	+03:22	03:33
2	225	Pedro Terra	Servicos Sociais Trabalhadores S.J.Madeira	Veterano M60	35:51	+07:19	03:59
3	40	Benjamin Soares	Carcavelos Caravela Seguros	Veterano M60	37:32	+09:00	04:10
4	8	CARLOS RIPOLINS	A. D. GRIJO A CORRER	Veterano M60	41:10	+12:38	04:35
5	44	Fernando Gonçalves	Cirac - Circulo de Recreio Arte e Cultura	Veterano M60	42:27	+13:55	04:43
6	112	Jose Moura	F C Estrelas Susanenses	Veterano M60	44:39	+16:06	04:58
7	77	Abel Santos	CSJSC	Veterano M60	45:21	+16:49	05:02
8	229	Manuel Santos	Clube Independente de Argoncilhe	Veterano M60	45:32	+17:00	05:04
9	128	Virgolino Bastos	Grupo Juvenil Pinheiro da Bemposta	Veterano M60	47:15	+18:43	05:15
10	167	José Falcão	Individual	Veterano M60	54:53	+26:21	06:06
11	43	Armando Azevedo	Cirac - Circulo de Recreio Arte e Cultura	Veterano M60	59:07	+30:35	06:34

Prova Principal Masculinos

9 KM

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OFFICIAL RESULT

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12	45	Joaquim Oliveira	Cirac - Circulo de Recreio Arte e Cultura	Veterano M60	59:10	+30:37	06:34
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**TEAM RESULTS - PROVA PRINCIPAL
MASCULINOS**

RANK	TEAM	DESCRIPTION	POINTS
1	CLUBE ATLETISMO DE OVAR	6 + 9 + 13	28
2	EV / PERALTAFIL	2 + 8 + 18	28
3	SPORTING CLUBE DE ESPINHO / ANTÓNIO LEITÃO	11 + 16 + 21	48
4	CLUBE CAMPISMO	12 + 22 + 30	64
5	A. D. GRIJO A CORRER	26 + 42 + 54	122
6	J. A. MOZELENSE	47 + 55 + 56	158
7	VILLA CESARI / FLAMA	43 + 66 + 77	186
8	GRUPO JUVENIL PINHEIRO DA BEMPOSTA	46 + 83 + 84	213
9	CIRAC - CIRCULO DE RECREIO ARTE E CULTURA	58 + 97 + 98	253
10	AQUI MANDAM ELAS	74 + 92 + 93	259