

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	18.3°C	100%
End	10:14	24.7°C	55%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	94	Frederick Slemeck	Hercules Wimbledon	32:22		03:14	
2	315	Carlos Tiago	Run Tejo - Prevent Sprain	33:32	+01:10	03:21	
3	30	Tiago André Abrantes Madureira	C.d.feirense	34:23	+02:01	03:26	
4	314	Joana Ferreira	RECREIO DESPORTIVO DE ÁGUEDA	34:54	+02:32	03:29	
5	83	Vitor Dinis	G.A.Caranguejeira	35:17	+02:55	03:32	
6	135	Paulo Pereira	Individual	35:26	+03:04	03:33	
7	40	Ricardo joao	Clube de Praças da Armada	35:33	+03:11	03:33	
8	31	André Filipe Rodrigues Reis	CAC - Clube de Atletismo da Caranguejeira	35:47	+03:25	03:35	
9	243	MICKAEL PIRES	INDUSTRIAL DESPORTIVO VIEIRENSE	36:16	+03:54	03:38	
10	265	PEDRO HENRIQUE DA SILVA FERREIRA	NÉL - PEDATLETA	36:18	+03:56	03:38	
11	80	Hugo Duarte	G.A.Caranguejeira	36:25	+04:03	03:38	
12	170	Ernesto Pereira	Individual	36:39	+04:17	03:40	
13	10	Nélio Almeida	A. C. S. Mamede	36:46	+04:24	03:41	
14	178	Samuel V Reis	Individual	36:49	+04:27	03:41	
15	89	Diogo Viana	Grupo Alegre Unido Bajouca	36:52	+04:30	03:41	
16	82	Nuno Casalinho	G.A.Caranguejeira	36:57	+04:35	03:42	
17	337	Fernando Santos	Individual	37:04	+04:42	03:42	
18	251	ANTÓNIO FERREIRA	INDUSTRIAL DESPORTIVO VIEIRENSE	37:05	+04:43	03:43	
19	129	JOÃO GONÇALVES	Individual	37:23	+05:01	03:44	
20	39	Samuel Limpinho	Clube de Atletismo da Nazaré	37:24	+05:02	03:44	
21	88	Daniel Cabecinhas	Grupo Alegre Unido Bajouca	37:37	+05:15	03:46	
22	202	LICÍNIO CARREIRA	Individual	37:52	+05:30	03:47	
23	4	Eduardo Cordeiro	Individual	38:10	+05:48	03:49	
24	21	Ricardo Nunes	ACRM Silveirinha Grande Claras	38:28	+06:06	03:51	
25	331	Gabriel Braz	Twopikas	38:35	+06:13	03:51	
26	179	Tiago Dinis	Individual	38:42	+06:20	03:52	
27	92	José Gonçalves	Grupo Alegre Unido Bajouca	39:06	+06:44	03:55	
28	71	ALEXANDRA OLIVEIRA	CSM - Club Sport Marítimo	39:16	+06:54	03:56	
29	196	JOAQUIM QUITÉRIO	Individual	39:19	+06:57	03:56	
30	200	JOSÉ MENDES	Individual	39:20	+06:58	03:56	
31	81	Luis Gomes	G.A.Caranguejeira	39:23	+07:01	03:56	
32	351	José Manuel	Individual	39:30	+07:08	03:57	
33	247	AMÍLCAR BRITO	INDUSTRIAL DESPORTIVO VIEIRENSE	39:35	+07:13	03:57	
34	95	Simão Clemente	Individual	40:00	+07:38	04:00	
35	307	Bruno Urbano	ONTRISPORTS	40:07	+07:45	04:01	
36	132	Manuel Santos	Individual	40:13	+07:51	04:01	
37	13	Antonio silva	Academia do Pro	40:19	+07:57	04:02	
38	45	Sara Carvalho	Clube Desportivo S. Salvador Do Campo	40:21	+07:59	04:02	
39	242	ALÉXIS ROCHA	INDUSTRIAL DESPORTIVO VIEIRENSE	40:36	+08:14	04:04	
40	61	Tiago Gaspar	CRC 22 Junho Amor	40:38	+08:16	04:04	
41	316	Ana Marta Pinto	SC BEIRA MAR	40:44	+08:22	04:04	

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
42	117	Charles Cotton	Individual	41:10	+08:48	04:07	
43	134	NILTON FERREIRA	Individual	41:21	+08:59	04:08	
44	3	Luis Maia	Individual	41:22	+09:00	04:08	
45	234	Helder Miranda	Individual	41:27	+09:05	04:09	
46	53	Ruben Gomes	CPR A-DO-BARBAS	41:29	+09:07	04:09	
47	12	Mario Carvalho	A.C.R.Vilarinho de Cima	41:40	+09:19	04:10	
48	18	FRANCISCO BRÍGIDO	ACBATALHA	41:43	+09:21	04:10	
49	143	Tiago Fernandes	Individual	41:46	+09:24	04:11	
50	58	Paulo Monteiro	CPR A-DO-BARBAS	41:59	+09:37	04:12	
51	222	Daniel Guerra	Individual	42:27	+10:05	04:15	
52	49	Alexandre Sousa	CPR A-DO-BARBAS	42:30	+10:08	04:15	
53	211	Paulo Lourenço	Individual	42:33	+10:11	04:15	
54	146	Tiago Sobreira	Individual	42:41	+10:19	04:16	
55	52	Renato Silva	CPR A-DO-BARBAS	42:49	+10:27	04:17	
56	216	Ricardo José de Jesus Henriques	Individual	43:15	+10:53	04:19	
57	166	Agostinho Pereira	Individual	43:25	+11:03	04:21	
58	241	ADRIANA COELHO	INDUSTRIAL DESPORTIVO VIEIRENSE	43:31	+11:09	04:21	
59	252	JOÃO MARCELINO	INDUSTRIAL DESPORTIVO VIEIRENSE	43:32	+11:10	04:21	
60	138	Ricardo Carvalho	Individual	43:33	+11:11	04:21	
61	185	cedric jorge	Individual	43:34	+11:12	04:21	
62	136	Paulo Silva	Individual	43:49	+11:27	04:23	
63	187	David Oliveira	Individual	43:55	+11:33	04:24	
64	203	Licínio Pereira	Individual	44:02	+11:40	04:24	
65	84	João Reis	GDRUC UNIDOS	44:08	+11:46	04:25	
66	263	Joel de Oliveira Reis	NÉL - PEDATLETA	44:19	+11:57	04:26	
67	237	CARLOS CRUZ	Individual	44:20	+11:58	04:26	
68	14	JORGE MENDRICO	ACBATALHA	44:21	+11:59	04:26	
69	218	Antero Jorge	Individual	44:30	+12:08	04:27	
70	286	JORGE MIGUEL DA MOTA FERREIRA	NÉL - PEDATLETA	44:35	+12:13	04:27	
71	55	Filipe Frade	CPR A-DO-BARBAS	44:40	+12:18	04:28	
72	73	Sofia Saldanha	ForRunners	44:42	+12:20	04:28	
73	28	Manuel Ferreira	ADRM	44:43	+12:21	04:28	
74	57	Jucelino Monteiro	CPR A-DO-BARBAS	44:47	+12:25	04:29	
75	253	RUI DINIS	INDUSTRIAL DESPORTIVO VIEIRENSE	44:48	+12:26	04:29	
76	70	Toni Bento	Crossbox Marinha Grande	44:55	+12:33	04:29	
77	126	Gonçalo Rocio	Individual	44:59	+12:37	04:30	
78	119	Diogo Carreira Olival	Individual	45:03	+12:41	04:30	
79	172	Gonçalo Miguel Martins Mendes Gomes	Individual	45:03	+12:41	04:30	
80	177	Paulo Rafael Lourenço Reis	Individual	45:08	+12:46	04:31	
81	25	Amilcar Costa	ACRM Silveirinha Grande Claras	45:09	+12:47	04:31	
82	54	Filipe Brízida	CPR A-DO-BARBAS	45:10	+12:48	04:31	
83	46	Diogo Ferreira	CLUBE VETERANOS DO LIS	45:15	+12:53	04:32	
84	182	Antonio Fonseca Oliveira	Individual	45:16	+12:54	04:32	
85	205	MARCO SILVA	Individual	45:17	+12:55	04:32	
86	240	José Álvaro Damas Garraão	Individual	45:20	+12:58	04:32	

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
87	74	Vitor Manuel de almeida Castro	ForRunners	45:23	+13:01	04:32	
88	189	Francisco Bandeira	Individual	45:24	+13:02	04:32	
89	233	Vitor Pereira	Individual	45:31	+13:09	04:33	
90	17	DARIO OLIVEIRA	ACBATALHA	45:35	+13:13	04:34	
91	86	Tomé Gouveia	GDRC UNIDOS	45:39	+13:17	04:34	
92	319	Rolando Jesus	SOCEM	45:42	+13:20	04:34	
93	333	Nuno Lopes	Twopikas	45:45	+13:23	04:34	
94	121	Diogo Parreiras	Individual	45:52	+13:30	04:35	
95	219	António Moreira	Individual	46:06	+13:44	04:37	
96	15	NÉLIO VIEIRA	ACBATALHA	46:15	+13:53	04:37	
97	56	Nuno Ferreira	CPR A-DO-BARBAS	46:23	+14:01	04:38	
98	194	João Pedro dos Santos	Individual	46:29	+14:08	04:39	
99	60	Helder Silva Domingues	CRC 22 de julho	46:32	+14:10	04:39	
100	322	Sérgio Valente	TOWPIKAS	46:38	+14:16	04:40	
101	44	Mario Duarte	Clube Desportivo Moitense	46:42	+14:20	04:40	
102	330	Daniel Delgado	Twopikas	46:42	+14:20	04:40	
103	23	Joel Santos	ACRM Silveirinha Grande Claras	46:44	+14:22	04:40	
104	332	Miguel Bernardo	Twopikas	46:46	+14:24	04:41	
105	42	Antonio Ferrera	Clube Desportivo Moitense	46:51	+14:29	04:41	
106	198	Jorge Elói	Individual	46:52	+14:30	04:41	
107	9	Ana Filipa	A. C. S. Mamede	46:53	+14:31	04:41	
108	180	Alexandre Costa	Individual	46:59	+14:37	04:42	
109	199	José António Batista Costa	Individual	47:02	+14:40	04:42	
110	207	Nuno Arnauth	Individual	47:06	+14:44	04:43	
111	334	Ernesto Parente	UNIÃO FCI DE TOMAR	47:07	+14:45	04:43	
112	206	Mauro Lopes	Individual	47:26	+15:04	04:45	
113	335	João Roque	UNIÃO FCI DE TOMAR	47:30	+15:08	04:45	
114	116	Bruno Miguel Santos Horta	Individual	47:46	+15:24	04:47	
115	114	André Ferreira Canelas	Individual	47:46	+15:24	04:47	
116	293	GILDECI DOS SANTOS AGUIAR	NÉL - PEDATLETA	47:51	+15:29	04:47	
117	24	Filipe Carvalheiro	ACRM Silveirinha Grande Claras	47:52	+15:30	04:47	
118	66	Fernando Ferreira	CRC 22 Junho Amor	47:53	+15:31	04:47	
119	43	Leonel Rodrigues	Clube Desportivo Moitense	47:57	+15:35	04:48	
120	186	Claudio Alves	Individual	48:08	+15:46	04:49	
121	204	Luís Santos	Individual	48:12	+15:50	04:49	
122	327	Joel Guerra	TURTLES & RABBITS	48:13	+15:51	04:49	
123	69	David Filipe Guerra Pires	Crossbox Marinha Grande	48:18	+15:56	04:50	
124	93	Suzanne Slemeck	Hercules Wimbledon	48:19	+15:57	04:50	
125	107	Melanie Eustace	Individual	48:31	+16:09	04:51	
126	350	Ricardo Vicente	SOCEM	48:38	+16:16	04:52	
127	145	Tiago Luís Carreira Martins	Individual	48:45	+16:24	04:53	
128	323	Rafaela Marto	TRIO NOTURNO	48:51	+16:29	04:53	
129	47	Pedro Couteiro	Couteiro_BoardTeam	48:52	+16:30	04:53	
130	48	Rui Neves	Couteiro_BoardTeam	48:52	+16:30	04:53	
131	325	Carina Leirião	TRIO NOTURNO	49:07	+16:45	04:55	
132	147	Ana Bárbara	Individual	49:11	+16:49	04:55	

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
220	155	Cláudia Sílvia Gago Lisboa Lopes	Individual	01:00:05	+27:43	06:01	
221	176	Luis Lopes	Individual	01:00:05	+27:43	06:01	
222	230	Paulo Lourenço	Individual	01:00:16	+27:54	06:02	
223	217	Vítor Patrício Ferreira Fernandes	Individual	01:00:34	+28:12	06:03	
224	175	João Dâmaso	Individual	01:00:35	+28:13	06:03	
225	103	Helena Resende	Individual	01:01:03	+28:41	06:06	
226	162	SILVIA DANIELA FERREIRA CARDOSO	Individual	01:01:03	+28:41	06:06	
227	320	Carlos Novo	SOCEM	01:01:11	+28:49	06:07	
228	212	Pedro Coelho	Individual	01:01:35	+29:13	06:09	
229	98	Ana Pinheiro	Individual	01:01:41	+29:19	06:10	
230	312	João Paulo dos Santos Fernandes	PROSISTEM.runners	01:01:41	+29:19	06:10	
231	313	Rui Pires	PROSISTEM.runners	01:01:41	+29:19	06:10	
232	153	Andreia de Oliveira	Individual	01:01:51	+29:29	06:11	
233	168	André Santos	Individual	01:01:58	+29:36	06:12	
234	101	Cecília Vitorino	Individual	01:01:58	+29:36	06:12	
235	5	Ângela Clemete	#virtualteam	01:02:08	+29:46	06:13	
236	140	Rui Reis	Individual	01:02:17	+29:55	06:14	
237	228	Júlio Gaspar	Individual	01:02:22	+30:00	06:14	
238	284	MARIA JULIA ANTUNES	NÉL - PEDATLETA	01:02:34	+30:12	06:15	
239	294	HÉLIO EMANUEL SANTOS SOARES	NÉL - PEDATLETA	01:02:35	+30:13	06:15	
240	188	Fernando Santos	Individual	01:02:36	+30:14	06:16	
241	62	Felisbela Alves	CRC 22 Junho Amor	01:02:40	+30:18	06:16	
242	192	Hélder Pedrosa Rodrigues	Individual	01:02:55	+30:33	06:18	
243	64	Sónia Duarte	CRC 22 Junho Amor	01:03:34	+31:12	06:21	
244	7	Sandra Jacinto	#virtualteam	01:03:38	+31:16	06:22	
245	324	Susana Condinho	TRIO NOTURNO	01:03:43	+31:21	06:22	
246	184	Carlos Manuel Carreira Santos	Individual	01:04:02	+31:40	06:24	
247	141	Samuel José Monteiro Domingues	Individual	01:04:10	+31:48	06:25	
248	149	Andreia Sofia Rosa Vieira	Individual	01:04:11	+31:49	06:25	
249	287	LUÍS MIGUEL SAMPAIO SERRA	NÉL - PEDATLETA	01:04:36	+32:14	06:28	
250	266	TIAGO PRIOSTE	NÉL - PEDATLETA	01:04:38	+32:16	06:28	
251	273	Paula Alexandra Pereira Galito	NÉL - PEDATLETA	01:04:38	+32:16	06:28	
252	291	BRUNO SILVA	NÉL - PEDATLETA	01:04:38	+32:16	06:28	
253	282	Julietta Lourenço	NÉL - PEDATLETA	01:04:38	+32:16	06:28	
254	290	ALEXANDRE MIGUEL MAGALHÃES DOS SANTOS	NÉL - PEDATLETA	01:04:38	+32:16	06:28	
255	301	VÍTOR MANUEL HENRIQUES PEREIRA SANTOS	NÉL - PEDATLETA	01:04:39	+32:17	06:28	
256	297	ANTÓNIO FERNANDES CARDOSO LOURENÇO	NÉL - PEDATLETA	01:04:40	+32:18	06:28	
257	318	Andrea Filipe	SOCEM	01:04:43	+32:21	06:28	
258	77	Jorge Ricardo Alves Ferreira	ForRunners	01:05:06	+32:44	06:31	
259	76	Jorge AnacletoCorreia Barros	ForRunners	01:05:06	+32:44	06:31	
260	29	Carina Gomes	Asas nos Pés	01:05:06	+32:44	06:31	
261	72	Inês Pinto Bernardino	ForRunners	01:05:07	+32:45	06:31	

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
262	118	David Alves	Individual	01:05:07	+32:45	06:31	
263	209	Nuno Teodósio	Individual	01:05:08	+32:46	06:31	
264	163	Simone Guimarães Esteves	Individual	01:05:08	+32:46	06:31	
265	148	Ana Gouveia	Individual	01:05:09	+32:47	06:31	
266	171	Francisco Aguiar	Individual	01:05:14	+32:52	06:31	
267	310	Carla Maria Silva Conceição cardoso	Os Tatoos	01:05:26	+33:04	06:33	
268	309	David Miguel Conceição Cardoso	Os Tatoos	01:06:22	+34:00	06:38	
269	32	Bárbara Amado	Casal Vicêncio	01:08:57	+36:35	06:54	
270	97	Ana Cláudia Gomes	Individual	01:11:02	+38:40	07:06	
271	139	Ricardo Teotónio	Individual	01:13:02	+40:40	07:18	
272	125	Gonçalo Gomes	Individual	01:13:03	+40:41	07:18	
273	109	Raquel Ferreira	Individual	01:13:04	+40:42	07:18	
274	326	Marina Guerra	TURTLES & RABBITS	01:13:51	+41:29	07:23	
275	160	Helena Pinto	Individual	01:14:39	+42:17	07:28	
276	96	Adriana Ferreira	Individual	01:14:42	+42:20	07:28	
277	183	Augusto Manuel Marques Vieira Guedes	Individual	01:14:50	+42:28	07:29	
278	161	Noémia Moreira Norte	Individual	01:14:51	+42:29	07:29	

Obs

BIB	NOTE	NAME	TEAM
34	DNF	claudio vieira	CCRD Burinhosa
85	DNF	Rafael Varela	GDRC UNIDOS
164	DNF	Cecilia Reis	Individual
174	DNF	Hugo Miguel Tomé Lourenço Marques	Individual
221	DNF	Carlos Ferreira	Individual
232	DNF	Ramiro Santos	Individual
269	DNF	HELENA ISABEL BARBOSA MENDES	NÉL - PEDATLETA
272	DNF	CRISTINA PRIOSTE	NÉL - PEDATLETA
279	DNF	FÁTIMA COSTA	NÉL - PEDATLETA
280	DNF	FERNANDA MARIA LOURENÇO VIEIRA	NÉL - PEDATLETA
281	DNF	HELENA DA CONCEIÇÃO MENDES PEREIRA SANTOS	NÉL - PEDATLETA
298	DNF	DOMINGOS COSTA	NÉL - PEDATLETA
303	DNF	JOÃO GALVÃO	NÉL - PEDATLETA
304	DNF	JOÃO RAFAEL GALVÃO	NÉL - PEDATLETA
338	DNF	Liliana Maria	Individual
340	DNF	Nadia Ferreira	Individual

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	18.3°C	100%
End	10:14	24.7°C	55%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Junior Masculino

1	88	Daniel Cabecinhas	Grupo Alegre Unido Bajouca	Junior Masculino	37:37		03:46
2	95	Simão Clemente	Individual	Junior Masculino	40:00	+02:22	04:00
3	309	David Miguel Conceição Cardoso	Os Tatoes	Junior Masculino	01:06:22	+28:44	06:38

Senior Feminino

1	314	Joana Ferreira	RECREIO DESPORTIVO DE ÁGUEDA	Senior Feminino	34:54		03:29
2	71	ALEXANDRA OLIVEIRA	CSM - Club Sport Marítimo	Senior Feminino	39:16	+04:21	03:56
3	45	Sara Carvalho	Clube Desportivo S. Salvador Do Campo	Senior Feminino	40:21	+05:27	04:02
4	316	Ana Marta Pinto	SC BEIRA MAR	Senior Feminino	40:44	+05:49	04:04
5	241	ADRIANA COELHO	INDUSTRIAL DESPORTIVO VIEIRENSE	Senior Feminino	43:31	+08:37	04:21
6	73	Sofia Saldanha	ForRunners	Senior Feminino	44:42	+09:47	04:28
7	9	Ana Filipa	A. C. S. Mamede	Senior Feminino	46:53	+11:58	04:41
8	93	Suzanne Slemeck	Hercules Wimbledon	Senior Feminino	48:19	+13:24	04:50
9	107	Melanie Eustace	Individual	Senior Feminino	48:31	+13:36	04:51
10	323	Rafaela Marto	TRIO NOTURNO	Senior Feminino	48:51	+13:56	04:53
11	329	Cátia Montez	Twopikas	Senior Feminino	49:24	+14:30	04:56
12	110	Raquel Fonseca	Individual	Senior Feminino	51:33	+16:38	05:09
13	106	Mariana Pereira	Individual	Senior Feminino	51:50	+16:55	05:11
14	108	Patrícia Mendes	Individual	Senior Feminino	56:11	+21:16	05:37
15	102	Cristiana Fernandes	Individual	Senior Feminino	56:15	+21:20	05:37
16	105	Márcia Estrela	Individual	Senior Feminino	57:25	+22:30	05:45
17	111	Tatiana Melissa Pereira Portela	Individual	Senior Feminino	58:07	+23:13	05:49
18	99	Andreia Borges Gomes	Individual	Senior Feminino	58:40	+23:45	05:52
19	100	Carla Carreira Marques	Individual	Senior Feminino	59:00	+24:05	05:54
20	103	Helena Resende	Individual	Senior Feminino	01:01:03	+26:08	06:06
21	98	Ana Pinheiro	Individual	Senior Feminino	01:01:41	+26:46	06:10
22	101	Cecília Vitorino	Individual	Senior Feminino	01:01:58	+27:04	06:12
23	324	Susana Condiinho	TRIO NOTURNO	Senior Feminino	01:03:43	+28:48	06:22
24	72	Inês Pinto Bernardino	ForRunners	Senior Feminino	01:05:07	+30:12	06:31
25	97	Ana Cláudia Gomes	Individual	Senior Feminino	01:11:02	+36:07	07:06
26	109	Raquel Ferreira	Individual	Senior Feminino	01:13:04	+38:09	07:18
27	96	Adriana Ferreira	Individual	Senior Feminino	01:14:42	+39:47	07:28

Prova Principal**10 KM****OFFICIAL RESULT****Senior Masculino**

1	94	Frederick Slemeck	Hercules Wimbledon	Senior Masculino	32:22		03:14
2	30	Tiago André Abrantes Madureira	C.d.feirense	Senior Masculino	34:23	+02:01	03:26
3	135	Paulo Pereira	Individual	Senior Masculino	35:26	+03:03	03:33
4	31	André Filipe Rodrigues Reis	CAC - Clube de Atletismo da Caranguejeira	Senior Masculino	35:47	+03:24	03:35
5	243	MICKAEL PIRES	INDUSTRIAL DESPORTIVO VIEIRENSE	Senior Masculino	36:16	+03:54	03:38
6	265	PEDRO HENRIQUE DA SILVA FERREIRA	NÉL - PEDATLETA	Senior Masculino	36:18	+03:56	03:38
7	10	Nélio Almeida	A. C. S. Mamede	Senior Masculino	36:46	+04:24	03:41
8	89	Diogo Viana	Grupo Alegre Unido Bajouca	Senior Masculino	36:52	+04:30	03:41
9	129	JOÃO GONÇALVES	Individual	Senior Masculino	37:23	+05:01	03:44
10	39	Samuel Limpinho	Clube de Atletismo da Nazaré	Senior Masculino	37:24	+05:02	03:44
11	21	Ricardo Nunes	ACRM Silveirinha Grande Claras	Senior Masculino	38:28	+06:05	03:51
12	331	Gabriel Braz	Twopikas	Senior Masculino	38:35	+06:12	03:51
13	351	José Manuel	Individual	Senior Masculino	39:30	+07:07	03:57
14	307	Bruno Urbano	ONTRISPORTS	Senior Masculino	40:07	+07:44	04:01
15	132	Manuel Santos	Individual	Senior Masculino	40:13	+07:51	04:01
16	242	ALÉXIS ROCHA	INDUSTRIAL DESPORTIVO VIEIRENSE	Senior Masculino	40:36	+08:14	04:04
17	61	Tiago Gaspar	CRC 22 Junho Amor	Senior Masculino	40:38	+08:15	04:04
18	117	Charles Cotton	Individual	Senior Masculino	41:10	+08:47	04:07
19	134	NILTON FERREIRA	Individual	Senior Masculino	41:21	+08:59	04:08
20	143	Tiago Fernandes	Individual	Senior Masculino	41:46	+09:23	04:11
21	49	Alexandre Sousa	CPR A-DO-BARBAS	Senior Masculino	42:30	+10:08	04:15
22	146	Tiago Sobreira	Individual	Senior Masculino	42:41	+10:19	04:16
23	138	Ricardo Carvalho	Individual	Senior Masculino	43:33	+11:10	04:21
24	136	Paulo Silva	Individual	Senior Masculino	43:49	+11:27	04:23
25	84	João Reis	GDRC UNIDOS	Senior Masculino	44:08	+11:46	04:25
26	263	Joel de Oliveira Reis	NÉL - PEDATLETA	Senior Masculino	44:19	+11:56	04:26
27	14	JORGE MENDRICO	ACBATALHA	Senior Masculino	44:21	+11:58	04:26
28	126	Gonçalo Rocio	Individual	Senior Masculino	44:59	+12:36	04:30
29	119	Diogo Carreira Olival	Individual	Senior Masculino	45:03	+12:40	04:30
30	74	Vitor Manuel de almeida Castro	ForRunners	Senior Masculino	45:23	+13:01	04:32
31	86	Tomé Gouveia	GDRC UNIDOS	Senior Masculino	45:39	+13:16	04:34
32	121	Diogo Parreiras	Individual	Senior Masculino	45:52	+13:29	04:35
33	15	NÉLIO VIEIRA	ACBATALHA	Senior Masculino	46:15	+13:52	04:37
34	330	Daniel Delgado	Twopikas	Senior Masculino	46:42	+14:20	04:40
35	116	Bruno Miguel Santos Horta	Individual	Senior Masculino	47:46	+15:23	04:47
36	114	André Ferreira Canelas	Individual	Senior Masculino	47:46	+15:23	04:47
37	69	David Filipe Guerra Pires	Crossbox Marinha Grande	Senior Masculino	48:18	+15:56	04:50
38	145	Tiago Luís Carreira Martins	Individual	Senior Masculino	48:45	+16:23	04:53
39	47	Pedro Couteiro	Couteiro_BoardTeam	Senior Masculino	48:52	+16:29	04:53
40	120	Diogo Francisco	Individual	Senior Masculino	50:40	+18:17	05:04
41	137	Pedro Santos	Individual	Senior Masculino	50:44	+18:21	05:04
42	131	Joel Vieira	Individual	Senior Masculino	50:45	+18:22	05:04

Official Timekeeper: Lap2Go

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generate 10-Jul-2022 10:21

Prova Principal**10 KM****OFFICIAL RESULT**

16	162	SILVIA DANIELA FERREIRA CARDOSO	Individual	Veterana F40	01:01:03	+10:47	06:06
17	153	Andreia de Oliveira	Individual	Veterana F40	01:01:51	+11:34	06:11
18	5	Ângela Clemete	#virtualteam	Veterana F40	01:02:08	+11:52	06:13
19	62	Felisbela Alves	CRC 22 Junho Amor	Veterana F40	01:02:40	+12:23	06:16
20	64	Sónia Duarte	CRC 22 Junho Amor	Veterana F40	01:03:34	+13:18	06:21
21	7	Sandra Jacinto	#virtualteam	Veterana F40	01:03:38	+13:21	06:22
22	273	Paula Alexandra Pereira Galito	NÉL - PEDATLETA	Veterana F40	01:04:38	+14:21	06:28
23	318	Andrea Filipe	SOCEM	Veterana F40	01:04:43	+14:26	06:28
24	163	Simone Guimarães Esteves	Individual	Veterana F40	01:05:08	+14:52	06:31
25	32	Bárbara Amado	Casal Vicêncio	Veterana F40	01:08:57	+18:40	06:54
26	326	Marina Guerra	TURTLES & RABBITS	Veterana F40	01:13:51	+23:35	07:23
27	160	Helena Pinto	Individual	Veterana F40	01:14:39	+24:22	07:28
28	161	Noémia Moreira Norte	Individual	Veterana F40	01:14:51	+24:34	07:29

Veterana F50

1	20	MARIA PEREIRA	ACBATALHA	Veterana F50	55:48		05:35
2	283	MARIA ALBERTINA VIEIRA DA SIVA	NÉL - PEDATLETA	Veterana F50	56:39	+00:51	05:40
3	165	Maria Alice Ferreira Francisco	Individual	Veterana F50	56:40	+00:52	05:40
4	65	Martine Rainho	CRC 22 Junho Amor	Veterana F50	59:51	+04:03	05:59
5	284	MARIA JULIA ANTUNES	NÉL - PEDATLETA	Veterana F50	01:02:34	+06:46	06:15
6	282	Julietta Lourenço	NÉL - PEDATLETA	Veterana F50	01:04:38	+08:50	06:28
7	310	Carla Maria Silva Conceição cardoso	Os Tatoos	Veterana F50	01:05:26	+09:38	06:33

Veterano M35

1	40	Ricardo joao	Clube de Praças da Armada	Veterano M35	35:33		03:33
2	80	Hugo Duarte	G.A.Caranguejeira	Veterano M35	36:25	+00:51	03:38
3	170	Ernesto Pereira	Individual	Veterano M35	36:39	+01:05	03:40
4	178	Samuel V Reis	Individual	Veterano M35	36:49	+01:15	03:41
5	4	Eduardo Cordeiro	Individual	Veterano M35	38:10	+02:37	03:49
6	179	Tiago Dinis	Individual	Veterano M35	38:42	+03:08	03:52
7	247	AMÍLCAR BRITO	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M35	39:35	+04:01	03:57
8	53	Ruben Gomes	CPR A-DO-BARBAS	Veterano M35	41:29	+05:55	04:09
9	52	Renato Silva	CPR A-DO-BARBAS	Veterano M35	42:49	+07:16	04:17
10	166	Agostinho Pereira	Individual	Veterano M35	43:25	+07:51	04:21
11	286	JORGE MIGUEL DA MOTA FERREIRA	NÉL - PEDATLETA	Veterano M35	44:35	+09:01	04:27
12	172	Gonçalo Miguel Martins Mendes Gomes	Individual	Veterano M35	45:03	+09:29	04:30
13	177	Paulo Rafael Lourenço Reis	Individual	Veterano M35	45:08	+09:34	04:31
14	23	Joel Santos	ACRM Silveirinha Grande Claras	Veterano M35	46:44	+11:10	04:40
15	169	Carlos Serpa	Individual	Veterano M35	52:34	+17:01	05:15
16	289	PEDRO JORGE FERREIRA ANTUNES	NÉL - PEDATLETA	Veterano M35	56:09	+20:35	05:37
17	288	PAULO ALEXANDRE DA SILVA DIAS	NÉL - PEDATLETA	Veterano M35	57:46	+22:12	05:47

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

18	176	Luis Lopes	Individual	Veterano M35	01:00:05	+24:32	06:01
19	175	João Dâmaso	Individual	Veterano M35	01:00:35	+25:01	06:03
20	168	André Santos	Individual	Veterano M35	01:01:58	+26:24	06:12
21	287	LUÍS MIGUEL SAMPAIO SERRA	NÉL - PEDATLETA	Veterano M35	01:04:36	+29:02	06:28
22	77	Jorge Ricardo Alves Ferreira	ForRunners	Veterano M35	01:05:06	+29:32	06:31
23	76	Jorge AnacletoCorreia Barros	ForRunners	Veterano M35	01:05:06	+29:33	06:31
24	171	Francisco Aguiar	Individual	Veterano M35	01:05:14	+29:40	06:31

Veterano M40

1	315	Carlos Tiago	Run Tejo - Prevent Sprain	Veterano M40	33:32		03:21
2	83	Vitor Dinis	G.A.Caranguejeira	Veterano M40	35:17	+01:44	03:32
3	82	Nuno Casalinho	G.A.Caranguejeira	Veterano M40	36:57	+03:24	03:42
4	337	Fernando Santos	Individual	Veterano M40	37:04	+03:32	03:42
5	202	LICÍNIO CARREIRA	Individual	Veterano M40	37:52	+04:20	03:47
6	196	JOAQUIM QUITÉRIO	Individual	Veterano M40	39:19	+05:47	03:56
7	200	JOSÉ MENDES	Individual	Veterano M40	39:20	+05:47	03:56
8	81	Luis Gomes	G.A.Caranguejeira	Veterano M40	39:23	+05:50	03:56
9	3	Luis Maia	Individual	Veterano M40	41:22	+07:50	04:08
10	234	Helder Miranda	Individual	Veterano M40	41:27	+07:55	04:09
11	18	FRANCISCO BRÍGIDO	ACBATALHA	Veterano M40	41:43	+08:11	04:10
12	211	Paulo Lourenço	Individual	Veterano M40	42:33	+09:01	04:15
13	216	Ricardo José de Jesus Henriques	Individual	Veterano M40	43:15	+09:42	04:19
14	185	cedric jorge	Individual	Veterano M40	43:34	+10:01	04:21
15	187	David Oliveira	Individual	Veterano M40	43:55	+10:23	04:24
16	203	Licínio Pereira	Individual	Veterano M40	44:02	+10:29	04:24
17	55	Filipe Frade	CPR A-DO-BARBAS	Veterano M40	44:40	+11:08	04:28
18	70	Toni Bento	Crossbox Marinha Grande	Veterano M40	44:55	+11:22	04:29
19	54	Filipe Brízida	CPR A-DO-BARBAS	Veterano M40	45:10	+11:37	04:31
20	46	Diogo Ferreira	CLUBE VETERANOS DO LIS	Veterano M40	45:15	+11:42	04:32
21	182	Antonio Fonseca Oliveira	Individual	Veterano M40	45:16	+11:43	04:32
22	205	MARCO SILVA	Individual	Veterano M40	45:17	+11:44	04:32
23	189	Francisco Bandeira	Individual	Veterano M40	45:24	+11:52	04:32
24	17	DARIO OLIVEIRA	ACBATALHA	Veterano M40	45:35	+12:03	04:34
25	319	Rolando Jesus	SOCEM	Veterano M40	45:42	+12:09	04:34
26	333	Nuno Lopes	Twopikas	Veterano M40	45:45	+12:12	04:34
27	56	Nuno Ferreira	CPR A-DO-BARBAS	Veterano M40	46:23	+12:51	04:38
28	194	João Pedro dos Santos	Individual	Veterano M40	46:29	+12:57	04:39
29	60	Helder Silva Domingues	CRC 22 de julho	Veterano M40	46:32	+12:59	04:39
30	322	Sérgio Valente	TOWPIKAS	Veterano M40	46:38	+13:06	04:40
31	332	Miguel Bernardo	Twopikas	Veterano M40	46:46	+13:14	04:41
32	198	Jorge Elói	Individual	Veterano M40	46:52	+13:20	04:41
33	180	Alexandre Costa	Individual	Veterano M40	46:59	+13:26	04:42
34	199	José António Batista Costa	Individual	Veterano M40	47:02	+13:29	04:42
35	207	Nuno Arnauth	Individual	Veterano M40	47:06	+13:34	04:43
36	206	Mauro Lopes	Individual	Veterano M40	47:26	+13:53	04:45

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

37	293	GILDECI DOS SANTOS AGUIAR	NÉL - PEDATLETA	Veterano M40	47:51	+14:18	04:47
38	24	Filipe Carvalheiro	ACRM Silveirinha Grande Claras	Veterano M40	47:52	+14:19	04:47
39	186	Claudio Alves	Individual	Veterano M40	48:08	+14:35	04:49
40	204	Luís Santos	Individual	Veterano M40	48:12	+14:39	04:49
41	327	Joel Guerra	TURTLES & RABBITS	Veterano M40	48:13	+14:40	04:49
42	350	Ricardo Vicente	SOCEM	Veterano M40	48:38	+15:06	04:52
43	48	Rui Neves	Couteiro_BoardTeam	Veterano M40	48:52	+15:20	04:53
44	213	Pedro Falcão	Individual	Veterano M40	49:52	+16:19	04:59
45	201	Júlio Alexandre Teodoro	Individual	Veterano M40	49:55	+16:22	04:59
46	250	VITOR ROCHA	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M40	50:29	+16:56	05:03
47	193	Helder Silva	Individual	Veterano M40	50:51	+17:18	05:05
48	190	Francisco Rueda	Individual	Veterano M40	52:35	+19:02	05:16
49	257	Renato Lopes	Juventude Ouriense	Veterano M40	52:44	+19:12	05:16
50	35	paulo rainho	CCRD Burinhosa	Veterano M40	53:33	+20:01	05:21
51	260	Nuno Lourenço	Lourenço's & Company Sport Team	Veterano M40	54:36	+21:03	05:28
52	328	Jorge Patrício	TURTLES & RABBITS	Veterano M40	54:41	+21:08	05:28
53	249	PAULO JESUS	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M40	55:54	+22:22	05:35
54	295	LUÍS MIGUEL MARTINHO CAMPOS	NÉL - PEDATLETA	Veterano M40	56:10	+22:37	05:37
55	214	Pedro Orfão	Individual	Veterano M40	56:14	+22:41	05:37
56	339	Alfredo Ferreira	Individual	Veterano M40	57:20	+23:47	05:44
57	292	Cláudio Sousa	NÉL - PEDATLETA	Veterano M40	57:46	+24:14	05:47
58	210	Paulo Ferreira	Individual	Veterano M40	58:51	+25:18	05:53
59	197	Joel Gaspar	Individual	Veterano M40	59:49	+26:16	05:59
60	217	Vítor Patrício Ferreira Fernandes	Individual	Veterano M40	01:00:34	+27:02	06:03
61	212	Pedro Coelho	Individual	Veterano M40	01:01:35	+28:02	06:09
62	312	João Paulo dos Santos Fernandes	PROSISTEM.runners	Veterano M40	01:01:41	+28:08	06:10
63	313	Rui Pires	PROSISTEM.runners	Veterano M40	01:01:41	+28:08	06:10
64	294	HÉLIO EMANUEL SANTOS SOARES	NÉL - PEDATLETA	Veterano M40	01:02:35	+29:02	06:15
65	188	Fernando Santos	Individual	Veterano M40	01:02:36	+29:03	06:16
66	192	Hélder Pedrosa Rodrigues	Individual	Veterano M40	01:02:55	+29:23	06:18
67	184	Carlos Manuel Carreira Santos	Individual	Veterano M40	01:04:02	+30:30	06:24
68	291	BRUNO SILVA	NÉL - PEDATLETA	Veterano M40	01:04:38	+31:05	06:28
69	290	ALEXANDRE MIGUEL MAGALHÃES DOS SANTOS	NÉL - PEDATLETA	Veterano M40	01:04:38	+31:06	06:28
70	209	Nuno Teodósio	Individual	Veterano M40	01:05:08	+31:35	06:31
71	183	Augusto Manuel Marques Vieira Guedes	Individual	Veterano M40	01:14:50	+41:18	07:29

Veterano M50

1	251	ANTÓNIO FERREIRA	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M50	37:05		03:43
2	92	José Gonçalves	Grupo Alegre Unido Bajouca	Veterano M50	39:06	+02:00	03:55
3	13	Antonio silva	Academia do Pro	Veterano M50	40:19	+03:13	04:02
4	12	Mario Carvalho	A.C.R.Vilarinho de Cima	Veterano M50	41:40	+04:35	04:10

Prova Principal
10 KM
OFFICIAL RESULT

5	58	Paulo Monteiro	CPR A-DO-BARBAS	Veterano M50	41:59	+04:54	04:12
6	222	Daniel Guerra	Individual	Veterano M50	42:27	+05:22	04:15
7	252	JOÃO MARCELINO	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M50	43:32	+06:26	04:21
8	218	Antero Jorge	Individual	Veterano M50	44:30	+07:25	04:27
9	57	Jucelino Monteiro	CPR A-DO-BARBAS	Veterano M50	44:47	+07:42	04:29
10	253	RUI DINIS	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M50	44:48	+07:42	04:29
11	25	Amilcar Costa	ACRM Silveirinha Grande Claras	Veterano M50	45:09	+08:04	04:31
12	233	Vitor Pereira	Individual	Veterano M50	45:31	+08:26	04:33
13	219	António Moreira	Individual	Veterano M50	46:06	+09:01	04:37
14	334	Ernesto Parente	UNIÃO FCI DE TOMAR	Veterano M50	47:07	+10:01	04:43
15	335	João Roque	UNIÃO FCI DE TOMAR	Veterano M50	47:30	+10:24	04:45
16	66	Fernando Ferreira	CRC 22 Junho Amor	Veterano M50	47:53	+10:48	04:47
17	225	João Silva Pinto	Individual	Veterano M50	49:49	+12:44	04:59
18	308	Fernando Oliveira	OS LENTOS	Veterano M50	51:13	+14:08	05:07
19	299	RUI MIIGUEL FERREIRA GASPAS	NÉL - PEDATLETA	Veterano M50	52:09	+15:03	05:13
20	311	Jeremias Joaquim Ferrugento Cardoso	Os Tatoos	Veterano M50	52:11	+15:05	05:13
21	26	Luis Silva	ACRM Silveirinha Grande Claras	Veterano M50	53:06	+16:00	05:19
22	227	José Manuel Pereira	Individual	Veterano M50	53:18	+16:12	05:20
23	226	Jorge Manuel da Silva	Individual	Veterano M50	53:46	+16:40	05:23
24	231	Pedro Silva	Individual	Veterano M50	54:06	+17:00	05:25
25	36	Octavio Mariano	CCRD Burinhosa	Veterano M50	54:18	+17:13	05:26
26	173	Adriano Coelho	Individual	Veterano M50	56:16	+19:10	05:38
27	300	RUI MONTEIRO	NÉL - PEDATLETA	Veterano M50	57:46	+20:41	05:47
28	220	Carlos Barroso	Individual	Veterano M50	58:54	+21:48	05:53
29	229	Luis Alexandre de Sousa Gameiro	Individual	Veterano M50	59:16	+22:10	05:56
30	230	Paulo Lourenço	Individual	Veterano M50	01:00:16	+23:10	06:02
31	320	Carlos Novo	SOCEM	Veterano M50	01:01:11	+24:06	06:07
32	228	Júlio Gaspar	Individual	Veterano M50	01:02:22	+25:16	06:14
33	301	VÍTOR MANUEL HENRIQUES PEREIRA SANTOS	NÉL - PEDATLETA	Veterano M50	01:04:39	+27:33	06:28
34	297	ANTÓNIO FERNANDES CARDOSO LOURENÇO	NÉL - PEDATLETA	Veterano M50	01:04:40	+27:34	06:28

Veterano M60

1	237	CARLOS CRUZ	Individual	Veterano M60	44:20		04:26
2	28	Manuel Ferreira	ADRM	Veterano M60	44:43	+00:23	04:28
3	240	José Álvaro Damas Garrafão	Individual	Veterano M60	45:20	+00:59	04:32
4	44	Mario Duarte	Clube Desportivo Moitense	Veterano M60	46:42	+02:22	04:40
5	42	Antonio Ferrera	Clube Desportivo Moitense	Veterano M60	46:51	+02:30	04:41
6	43	Leonel Rodrigues	Clube Desportivo Moitense	Veterano M60	47:57	+03:37	04:48
7	59	Joaquim Gomes	CPR A-DO-BARBAS	Veterano M60	51:02	+06:41	05:06
8	41	Adriano Fonte	Clube Desportivo Moitense	Veterano M60	51:22	+07:02	05:08
9	239	José Batista Santos	Individual	Veterano M60	51:28	+07:08	05:09
10	37	josé rato	CCRD Burinhosa	Veterano M60	51:42	+07:21	05:10

Official Timekeeper: Lap2Go	7 / 8	generate 10-Jul-2022 10:21
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Prova Principal**10 KM**

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OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

11	238	EUGENIO MENDES	Individual	Veterano M60	52:14	+07:54	05:13
12	11	Filipe Tomás	A. C. S. Mamede	Veterano M60	52:47	+08:26	05:17
13	235	Aníbal Pisco	Individual	Veterano M60	53:07	+08:47	05:19
14	255	CELESTINO MARQUES	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M60	54:36	+10:15	05:28
15	236	Antonio Tafula	Individual	Veterano M60	54:38	+10:18	05:28
16	67	Fernando Gaspar	CRC 22 Junho Amor	Veterano M60	56:06	+11:46	05:37
17	302	FERNANDO LOURENÇO VIEIRA	NÉL - PEDATLETA	Veterano M60	56:09	+11:49	05:37
18	305	JOSÉ ANTÓNIO DA CUNHA AGOSTINHO	NÉL - PEDATLETA	Veterano M60	56:10	+11:49	05:37
19	306	Patrick Stéphan André Marchand	NÉL - PEDATLETA	Veterano M60	57:47	+13:26	05:47
20	27	Joao Graca	ACRM Silveirinha Grande Claras	Veterano M60	58:19	+13:58	05:50