



Elite

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	14:55	20,8°C	74%
End	17:28	21,9°C	68%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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**16-17 Masculino**

1	37	Alexandre Florindo	OCR Portugal Lab	16-17 Masculino	01:07:51	+20:26	05:39
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**20-24 Masculino**

1	38	João Almeida	OCR Portugal Lab	20-24 Masculino	01:07:51	+20:26	05:39
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**30-34 Masculino**

1	21	Diogo Carmo	Brave Lake ACCM	30-34 Masculino	57:45	+10:20	04:49
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**35-39 Masculino**

1	31	Carlos Pinto	OCR FIREMAN TEAM	35-39 Masculino	52:33	+05:08	04:23
2	39	Ricardo Ferreira	OCR TEAM ALGARVE	35-39 Masculino	53:12	+05:47	04:26
3	32	Bruno Sampaio	OCR NORTE	35-39 Masculino	53:38	+06:13	04:28
4	33	Pedro Costa	OCR NORTE	35-39 Masculino	55:31	+08:06	04:38
5	46	Hugo Magalhães	Pegasus OCR ProTeam	35-39 Masculino	58:39	+11:14	04:53
6	45	Henrique Loureiro	Pegasus OCR ProTeam	35-39 Masculino	01:01:22	+13:57	05:07

**40-44 Masculino**

1	49	Nelson Loureiro	Pegasus OCR ProTeam	40-44 Masculino	47:24		03:57
2	48	Luciano Pereira	Pegasus OCR ProTeam	40-44 Masculino	51:03	+03:38	04:15
3	47	Helder Rodrigues	Pegasus OCR ProTeam	40-44 Masculino	01:17:34	+30:09	06:28

**45-49 Masculino**

1	36	Carlos Miranda	OCR NORTE	45-49 Masculino	01:00:33	+13:08	05:03
2	35	Carlos Araújo	OCR NORTE	45-49 Masculino	01:19:32	+32:07	06:38

**Senior Feminino**

1	61	Diana Ferreira	B.T.M.	Senior Feminino	01:27:16	+39:51	07:16
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**Elite****12 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**Senior Masculino**

1	51	Marco Lopes	Individual	Senior Masculino	52:50	+05:25	04:24
2	64	Pedro Lopes	B.T.M.	Senior Masculino	55:45	+08:20	04:39
3	76	Nuno Barros	Individual	Senior Masculino	01:08:13	+20:48	05:41
4	79	Viktor Strelbitskiy	Individual	Senior Masculino	01:24:03	+36:38	07:00
5	78	Tomás Soares	Individual	Senior Masculino	01:52:54	+01:05:29	09:25

## GUERREIROS - STAGE 1

12 KM

**R**  
REVISED

### OFFICIAL RESULT

	Time	Temperature	Humidity
Start	15:10	20,8°C	74%
End	18:41	20,8°C	74%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	63	Francisco Fernandes	b.t.m.	Senior Masculino	53:54		04:30
2	193	Nivaldo Costa	academia jdc	Senior Masculino	57:24	+03:29	04:47
3	230	CARLOS MACHADO	asafit	Senior Masculino	59:33	+05:38	04:58
4	292	Sérgio Correia	brave lake accm	Senior Masculino	01:00:30	+06:36	05:03
5	835	Pedro Miguel Antunes Machado	urban academy amares	Senior Masculino	01:01:21	+07:26	05:07
6	237	MIGUEL SILVA	asafit	Senior Masculino	01:02:16	+08:21	05:11
7	291	Rafael Gomes	brave lake accm	Senior Masculino	01:02:36	+08:41	05:13
8	269	João Duarte	b.t.m.	Senior Masculino	01:02:52	+08:58	05:14
9	233	FILIPE FERREIRA	asafit	Senior Masculino	01:03:14	+09:20	05:16
10	236	MAURICIO MEDON	asafit	Senior Masculino	01:03:22	+09:28	05:17
11	530	Rui Silva	individual	Senior Masculino	01:03:41	+09:47	05:18
12	271	José Azevedo	b.t.m.	Senior Masculino	01:04:05	+10:10	05:20
13	265	Carlos Gomes	b.t.m.	Senior Masculino	01:04:12	+10:17	05:21
14	195	Pedro Freixedelo	academia jdc	Senior Masculino	01:05:33	+11:39	05:28
15	242	RUI NOGUEIRA	asafit	Senior Masculino	01:06:16	+12:22	05:31
16	270	João Pedro	b.t.m.	Senior Masculino	01:06:44	+12:49	05:34
17	572	Jose Antonio Oliveira Ramos	nofitteam	Senior Masculino	01:08:22	+14:28	05:42
18	275	Nuno Gomes	b.t.m.	Senior Masculino	01:09:44	+15:50	05:49
19	257	Sara Araújo	b.t.m.	Senior Feminino	01:09:47	+15:53	05:49
20	194	Pedro Alexandre Alves Maia	academia jdc	Senior Masculino	01:09:56	+16:01	05:50
21	538	Filipe Manuel Faria Fernandes	limite discreto	Senior Masculino	01:10:45	+16:50	05:54
22	384	ARMANDO PEREIRA	divamares	Senior Masculino	01:12:27	+18:33	06:02
23	285	Vladyslav Ivashchenko	bodystation team	Senior Masculino	01:12:46	+18:51	06:04
24	541	Luís António Ferreira Fernandes	limite discreto	Senior Masculino	01:13:40	+19:45	06:08
25	261	Agostinho Maia	b.t.m.	Senior Masculino	01:13:49	+19:54	06:09
26	260	Susana Revés	b.t.m.	Senior Feminino	01:13:50	+19:56	06:09
27	187	Francisco Fernandes	academia jdc	Senior Masculino	01:13:59	+20:05	06:10
28	198	Vasco Jorge Rodrigues Costa	academia jdc	Senior Masculino	01:14:08	+20:14	06:11
29	542	Luís Gonçalo Faria Fernandes	limite discreto	Senior Masculino	01:14:11	+20:17	06:11
30	295	João Miguel Lopes	carniceiros ii	Senior Masculino	01:14:16	+20:22	06:11
31	522	Marcos Moreira	individual	Senior Masculino	01:14:17	+20:23	06:11
32	441	Romeu Silva	dornelas runner's	Senior Masculino	01:14:20	+20:26	06:12
33	273	Luis Miguel Fernandes	b.t.m.	Senior Masculino	01:14:30	+20:35	06:13
34	189	Gualter Rodrigues	academia jdc	Senior Masculino	01:14:42	+20:48	06:14
35	240	Pedro Alves	asafit	Senior Masculino	01:15:00	+21:06	06:15
36	239	NUNO FREITAS	asafit	Senior Masculino	01:15:08	+21:13	06:16
37	235	Márcio Brita	asafit	Senior Masculino	01:15:15	+21:20	06:16
38	281	André Medeiros	bodystation team	Senior Masculino	01:15:19	+21:25	06:17
39	212	Carlos Fernandes Lopes	área 51 fvdva	Senior Masculino	01:15:30	+21:36	06:18
40	608	Carlos Magalhães	os resistentes da tr	Senior Masculino	01:15:47	+21:53	06:19

**GUERREIROS - STAGE 1**

**12 KM**



**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	691	Filipe Machado	pro energy	Senior Masculino	01:16:03	+22:09	06:20
42	294	Fernando Ferreira	carniceiros ii	Senior Masculino	01:16:22	+22:27	06:22
43	229	Bruno Silva	asafit	Senior Masculino	01:16:49	+22:54	06:24
44	228	BENTO PIMENTA	asafit	Senior Masculino	01:18:04	+24:09	06:30
45	399	JOÃO HENRIQUE MACEDO	divamares	Senior Masculino	01:18:34	+24:39	06:33
46	391	DIOGO RAFAEL RIBEIRO COSTA	divamares	Senior Masculino	01:18:42	+24:48	06:34
47	491	Agostinho Domingos Brandão Cunha	individual	Senior Masculino	01:19:03	+25:09	06:35
48	238	NÍDIO MARÇAL	asafit	Senior Masculino	01:19:07	+25:12	06:36
49	241	Pedro Teixeira	asafit	Senior Masculino	01:19:07	+25:12	06:36
50	502	Eduardo Silva	individual	Senior Masculino	01:20:06	+26:11	06:41
51	609	Gonçalo Coelho	os resistentes da tr	Senior Masculino	01:21:35	+27:40	06:48
52	588	Vitor Marçal	oh faxabor !	Senior Masculino	01:21:39	+27:44	06:48
53	587	Pedro José Morais Gomes Costa	oh faxabor !	Senior Masculino	01:21:39	+27:44	06:48
54	836	Rui Alves	urban academy amares	Senior Masculino	01:21:45	+27:50	06:49
55	419	TIAGO MANUEL RIBEIRO COSTA	divamares	Senior Masculino	01:22:08	+28:13	06:51
56	166	Fernanda Silva Pires	academia jdc	Senior Feminino	01:22:44	+28:49	06:54
57	366	Paulo Leite	crossfit funmove	Senior Masculino	01:23:29	+29:35	06:57
58	552	Carlos Alves	minas da borralha	Senior Masculino	01:24:51	+30:57	07:04
59	296	Paulo H.Alves	carniceiros ii	Senior Masculino	01:24:58	+31:03	07:05
60	300	Tiago Martins	carniceiros ii	Senior Masculino	01:24:58	+31:04	07:05
61	553	José Faria	minas da borralha	Senior Masculino	01:25:09	+31:14	07:06
62	554	Nuno Faria	minas da borralha	Senior Masculino	01:25:13	+31:18	07:06
63	400	JOÃO MANUEL FERREIRA SILVA	divamares	Senior Masculino	01:25:16	+31:21	07:06
64	389	DANIEL ANTÓNIO DA COSTA	divamares	Senior Masculino	01:25:22	+31:28	07:07
65	409	MANUEL SALGUEIRO DE SOUSA	divamares	Senior Masculino	01:25:53	+31:59	07:09
66	879	Luís Fernandes	vieira fit	Senior Masculino	01:26:28	+32:34	07:12
67	537	António Manuel da Costa Antunes	limite discreto	Senior Masculino	01:26:29	+32:34	07:12
68	251	Clara Lopes	b.t.m.	Senior Feminino	01:26:33	+32:38	07:13
69	736	Luis Cunha	somos+q6	Senior Masculino	01:26:34	+32:40	07:13
70	739	Ricardino Santos	somos+q6	Senior Masculino	01:26:34	+32:40	07:13
71	272	Jose lopes	b.t.m.	Senior Masculino	01:26:52	+32:58	07:14
72	525	Pedro Magalhães	individual	Senior Masculino	01:26:54	+32:59	07:15
73	276	Vitor Cunha	b.t.m.	Senior Masculino	01:27:03	+33:09	07:15
74	401	JOÃO RIBEIRO	divamares	Senior Masculino	01:27:06	+33:12	07:16
75	383	ANTÓNIO FARIA	divamares	Senior Masculino	01:27:23	+33:29	07:17
76	279	Sílvia Liliana Mateus Rodrigues	bodystation team	Senior Feminino	01:27:50	+33:56	07:19
77	280	Sílvia Teixeira Galvão	bodystation team	Senior Feminino	01:27:56	+34:01	07:20
78	417	RUI PEDRO FERNANDES DE AZEVEDO	divamares	Senior Masculino	01:28:00	+34:05	07:20
79	402	JOAO TIAGO DA SILVA MACHADO	divamares	Senior Masculino	01:28:42	+34:47	07:24

**GUERREIROS - STAGE 1**

**12 KM**



**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
80	679	Joana Vasconcelos	pro energy	Senior Feminino	01:28:54	+35:00	07:25
81	695	Manuel Gonçalves	pro energy	Senior Masculino	01:28:55	+35:00	07:25
82	881	Rúben Alves	vieira fit	Senior Masculino	01:29:12	+35:18	07:26
83	396	FILIPE MANUEL MARTINS DIAS	divamares	Senior Masculino	01:29:16	+35:21	07:26
84	539	Joel Ricardo Faria Fernandes	limite discreto	Senior Masculino	01:29:36	+35:42	07:28
85	420	TIAGO SILVA	divamares	Senior Masculino	01:29:41	+35:47	07:28
86	411	MARCO DURÃES	divamares	Senior Masculino	01:29:49	+35:55	07:29
87	713	Marcio Gonçalves	sofa kings	Senior Masculino	01:30:08	+36:13	07:31
88	364	Luís Miguel Cunha Da Silva	crossfit funmove	Senior Masculino	01:30:46	+36:52	07:34
89	606	Nádia Dias	os resistentes da tr	Senior Feminino	01:30:58	+37:03	07:35
90	507	Filipe Fernandes	individual	Senior Masculino	01:31:11	+37:17	07:36
91	264	Carlos Dias	b.t.m.	Senior Masculino	01:32:28	+38:34	07:42
92	262	André Silva	b.t.m.	Senior Masculino	01:32:43	+38:49	07:44
93	732	Clemente Pereira	somos+q6	Senior Masculino	01:32:47	+38:53	07:44
94	710	Patrícia Silva	sofa kings	Senior Feminino	01:33:44	+39:50	07:49
95	712	João Vieira	sofa kings	Senior Masculino	01:33:50	+39:56	07:49
96	249	Carla Salgado	b.t.m.	Senior Feminino	01:33:58	+40:03	07:50
97	457	Vitor Teixeira	ginásio montalegre	Senior Masculino	01:34:00	+40:06	07:50
98	454	Gonçalo Fernandes	ginásio montalegre	Senior Masculino	01:34:01	+40:06	07:50
99	439	Nuno Dias	dornelas runner's	Senior Masculino	01:34:16	+40:22	07:51
100	224	CARLA RIBEIRO	asafit	Senior Feminino	01:34:34	+40:40	07:53
101	830	Jorge Manuel Barros pimenta	urban academy amares	Senior Masculino	01:34:38	+40:44	07:53
102	829	João Luís Oliveira Afonso	urban academy amares	Senior Masculino	01:34:48	+40:53	07:54
103	715	Ricardo Antunes	sofa kings	Senior Masculino	01:35:02	+41:08	07:55
104	825	ADRIANO SILVA VIEIRA	urban academy amares	Senior Masculino	01:35:05	+41:10	07:55
105	181	Altino Cunha	academia jdc	Senior Masculino	01:35:05	+41:10	07:55
106	155	Ricardo rocha costa	a cimenteira da ponte do porto	Senior Masculino	01:35:19	+41:25	07:57
107	574	Paulo Alexandre Lima Pereira Brenha	nofitteam	Senior Masculino	01:35:23	+41:28	07:57
108	508	Filipe Vieira	individual	Senior Masculino	01:35:24	+41:30	07:57
109	227	ANTÓNIO ROCHA	asafit	Senior Masculino	01:35:26	+41:31	07:57
110	516	Joshua Swift	urban academy amares	Senior Masculino	01:35:33	+41:38	07:58
111	594	David Ferreira	os ferreiras	Senior Masculino	01:35:33	+41:39	07:58
112	500	Edgar Faria	individual	Senior Masculino	01:36:06	+42:11	08:01
113	266	Cristiano Silva	b.t.m.	Senior Masculino	01:36:06	+42:12	08:01
114	256	Rosa Correia	b.t.m.	Senior Feminino	01:36:25	+42:30	08:02
115	173	Maria do Mar Caldeiro Nunes	academia jdc	Senior Feminino	01:36:28	+42:34	08:02
116	225	DANIELA FREITAS	asafit	Senior Feminino	01:36:34	+42:39	08:03
117	226	Silvia Pereira	asafit	Senior Feminino	01:36:34	+42:39	08:03
118	820	Eugénia Pereira	urban academy amares	Senior Feminino	01:36:46	+42:52	08:04
119	683	Marta Silva	pro energy	Senior Feminino	01:37:05	+43:10	08:05
120	297	Pedro Silva	carniceiros ii	Senior Masculino	01:37:15	+43:21	08:06
121	689	Bruno Rodrigues	pro energy	Senior Masculino	01:37:24	+43:29	08:07
122	501	Eduardo Emanuel Andrade Faria	individual	Senior Masculino	01:37:28	+43:34	08:07
123	298	Romeu Silva	carniceiros ii	Senior Masculino	01:37:43	+43:49	08:09

**GUERREIROS - STAGE 1**

**12 KM**



**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
124	495	Cesar Augusto Vieira Antunes	individual	Senior Masculino	01:37:50	+43:55	08:09
125	299	Sérgio Rodrigues	carniceiros ii	Senior Masculino	01:37:52	+43:57	08:09
126	629	IIDIO DIAS	overthelimit	Senior Masculino	01:38:33	+44:39	08:13
127	293	Carlos Moreira	carniceiros ii	Senior Masculino	01:38:58	+45:03	08:15
128	633	JORGE LEAL	overthelimit	Senior Masculino	01:39:38	+45:43	08:18
129	675	Céline Freitas	pro energy	Senior Feminino	01:39:49	+45:55	08:19
130	453	Alfonso Arsenio González Nieto	ginásio montalegre	Senior Masculino	01:39:58	+46:03	08:20
131	576	Pedro Miguel Fortunato Palheirinho	nofitteam	Senior Masculino	01:40:05	+46:10	08:20
132	833	Marco Ferreira	urban academy amares	Senior Masculino	01:40:16	+46:22	08:21
133	156	Ricardo Silva	a cimenteira da ponte do porto	Senior Masculino	01:40:20	+46:26	08:22
134	492	Amadeu Fernandes Martins	individual	Senior Masculino	01:40:39	+46:44	08:23
135	164	Cristina Alexandra Costa Carvalho	academia jdc	Senior Feminino	01:40:42	+46:48	08:24
136	180	Teresa Ferraz	academia jdc	Senior Feminino	01:40:50	+46:56	08:24
137	151	Armando Costa	a cimenteira da ponte do porto	Senior Masculino	01:40:51	+46:56	08:24
138	168	Helena Vaz	academia jdc	Senior Feminino	01:41:01	+47:07	08:25
139	452	Paqui Souto Salgado	ginásio montalegre	Senior Feminino	01:41:13	+47:18	08:26
140	172	Laura Aragão	academia jdc	Senior Feminino	01:41:27	+47:33	08:27
141	254	Marlene Miranda	b.t.m.	Senior Feminino	01:41:53	+47:58	08:29
142	509	Francisco José Fernandes Guimarães	individual	Senior Masculino	01:41:53	+47:59	08:29
143	343	Nelson Pinto	crossfit 4475 racing team	Senior Masculino	01:42:47	+48:52	08:34
144	445	Sofia Delgado	ginásio clube de bragança	Senior Feminino	01:43:38	+49:43	08:38
145	438	Michel Paredes	dornelas runner's	Senior Masculino	01:43:54	+50:00	08:40
146	371	ELSA TEIXEIRA	divamares	Senior Feminino	01:44:00	+50:05	08:40
147	196	Reis Lima Quarteu	academia jdc	Senior Masculino	01:44:07	+50:12	08:41
148	774	Mário Costa	supremus	Senior Masculino	01:44:11	+50:16	08:41
149	430	Marta Silva	dornelas runner's	Senior Feminino	01:44:15	+50:20	08:41
150	444	Bruna Fontoura	ginásio clube de bragança	Senior Feminino	01:44:50	+50:55	08:44
151	446	Fábio Pires	ginásio clube de bragança	Senior Masculino	01:44:57	+51:03	08:45
152	169	Iasmin Ferreira	academia jdc	Senior Feminino	01:45:10	+51:16	08:46
153	182	Beka Kokhodze	academia jdc	Senior Masculino	01:45:10	+51:16	08:46
154	433	Dinis Paredes	dornelas runner's	Senior Masculino	01:45:29	+51:34	08:47
155	621	OLINDA SOUSA	overthelimit	Senior Feminino	01:45:51	+51:57	08:49
156	416	RICARDO RODRIGUES RIBEIRO	divamares	Senior Masculino	01:45:51	+51:57	08:49
157	217	Maria Almeida	aroo	Senior Feminino	01:46:04	+52:09	08:50
158	218	Luis Casimiro	aroo	Senior Masculino	01:46:04	+52:10	08:50
159	777	Ricardo Gonçalves	supremus	Senior Masculino	01:46:13	+52:19	08:51
160	510	Frederico Martins	individual	Senior Masculino	01:46:55	+53:01	08:55
161	418	TIAGO MANUEL DE OLIVEIRA PINHEIRO	divamares	Senior Masculino	01:47:09	+53:15	08:56
162	259	Sofia Martins	b.t.m.	Senior Feminino	01:47:10	+53:15	08:56
163	252	Cristina Silva	b.t.m.	Senior Feminino	01:47:10	+53:16	08:56
164	434	Domingos Carvalho	dornelas runner's	Senior Masculino	01:47:54	+53:59	09:00
165	591	Sara Gonçalves	one top team	Senior Feminino	01:48:26	+54:32	09:02

**GUERREIROS - STAGE 1**

**12 KM**



**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
166	590	Mafalda Cruz	one top team	Senior Feminino	01:48:28	+54:34	09:02
167	518	Luís Cunha	individual	Senior Masculino	01:48:45	+54:51	09:04
168	499	Diogo Cunha	individual	Senior Masculino	01:48:57	+55:03	09:05
169	540	José Ferreira Fernandes	limite discreto	Senior Masculino	01:49:49	+55:54	09:09
170	573	Manuel Antonio Pereira de Sousa	nofitteam	Senior Masculino	01:49:53	+55:58	09:09
171	407	LUÍS FILIPE MACEDO	divamares	Senior Masculino	01:50:00	+56:05	09:10
172	372	FRANCISCA AVELAR	divamares	Senior Feminino	01:50:05	+56:11	09:10
173	577	Vitor Sergio de Sousa Ramos	nofitteam	Senior Masculino	01:50:06	+56:11	09:11
174	575	Pedro Jorge da Costa Lourenço	nofitteam	Senior Masculino	01:50:15	+56:21	09:11
175	174	Maria José Brás João	academia jdc	Senior Feminino	01:50:31	+56:37	09:13
176	178	Sónia Cristina Sousa Ferreira	academia jdc	Senior Feminino	01:50:31	+56:37	09:13
177	484	Cidália da Graça Correia de Sousa Fernandes	individual	Senior Feminino	01:50:47	+56:53	09:14
178	529	Rui Pedro Sousa dos Santos	individual	Senior Masculino	01:50:48	+56:53	09:14
179	410	MARCO ARAUJO	divamares	Senior Masculino	01:50:51	+56:57	09:14
180	395	FILIPE DE MORGADO	divamares	Senior Masculino	01:50:57	+57:02	09:15
181	390	DIOGO DA MATA	divamares	Senior Masculino	01:51:15	+57:21	09:16
182	751	Luís Miguel Rufo	suicide squad	Senior Masculino	01:51:33	+57:39	09:18
183	334	Sergio Silva	crossers forget spump	Senior Masculino	01:51:37	+57:42	09:18
184	900	Tiago Azevedo	individual	Senior Masculino	01:51:41	+57:47	09:18
185	332	David Pereira Costa	crossers forget spump	Senior Masculino	01:51:47	+57:53	09:19
186	496	César Bruno Carneiro Lima	individual	Senior Masculino	01:52:08	+58:14	09:21
187	253	Lurdes Magalhaães	b.t.m.	Senior Feminino	01:52:24	+58:29	09:22
188	244	Alda Fernandes	b.t.m.	Senior Feminino	01:52:43	+58:49	09:24
189	752	Nelson Ribeiro	suicide squad	Senior Masculino	01:53:02	+59:07	09:25
190	333	Marco Matias	crossers forget spump	Senior Masculino	01:53:08	+59:14	09:26
191	255	Patricia Rei	b.t.m.	Senior Feminino	01:53:11	+59:16	09:26
192	267	Eduardo Fonseca	b.t.m.	Senior Masculino	01:53:11	+59:16	09:26
193	157	Adriana Sofia Pereira Pires	academia jdc	Senior Feminino	01:53:17	+59:23	09:27
194	159	Ana Filipa Morais Louçano	academia jdc	Senior Feminino	01:53:19	+59:24	09:27
195	197	Tiago Morais	academia jdc	Senior Masculino	01:53:19	+59:25	09:27
196	482	CAROLINA QUEIROS	individual	Senior Feminino	01:54:02	+01:00:07	09:30
197	483	Catarina Gonçalves Mendes	individual	Senior Feminino	01:54:02	+01:00:08	09:30
198	748	António Torres	suicide squad	Senior Masculino	01:54:06	+01:00:12	09:31
199	379	ALEXANDRE RODRIGUES PINHEIRO	divamares	Senior Masculino	01:54:10	+01:00:15	09:31
200	531	samuel salcedo casas	individual	Senior Masculino	01:54:22	+01:00:27	09:32
201	405	JOSE AUGUSTO LOPES FERREIRA	divamares	Senior Masculino	01:54:23	+01:00:28	09:32
202	250	Carmo Barbosa	b.t.m.	Senior Feminino	01:54:38	+01:00:44	09:33
203	589	Carla Macedo	one top team	Senior Feminino	01:54:45	+01:00:51	09:34
204	176	Mariana Seixas Gomes	academia jdc	Senior Feminino	01:54:51	+01:00:56	09:34
205	392	EDUARDO MIGUEL COELHO DA SILVA	divamares	Senior Masculino	01:54:55	+01:01:00	09:35
206	163	Cláudia Castro Novais	academia jdc	Senior Feminino	01:54:56	+01:01:02	09:35
207	171	Joana Rodrigues	academia jdc	Senior Feminino	01:54:56	+01:01:02	09:35



**GUERREIROS - STAGE 1**

**12 KM**



**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
208	394	FERNANDO RODRIGUES	divamares	Senior Masculino	01:55:15	+01:01:21	09:36
209	528	Rui Paulo Fernandes Pereira	individual	Senior Masculino	01:56:05	+01:02:10	09:40
210	517	Leandro Ramires	individual	Senior Masculino	01:56:05	+01:02:10	09:40
211	165	Daniela Marisa Afonso Fernandes	academia jdc	Senior Feminino	01:56:15	+01:02:21	09:41
212	183	Carlos Alberto Afonso Fernandes	academia jdc	Senior Masculino	01:56:24	+01:02:29	09:42
213	424	Angela Peixoto	dornelas runner's	Senior Feminino	01:56:29	+01:02:34	09:42
214	432	Sandra Xavier	dornelas runner's	Senior Feminino	01:56:29	+01:02:35	09:42
215	423	Amélia Guimarães	dornelas runner's	Senior Feminino	01:56:31	+01:02:37	09:43
216	427	Conceição Ribeiro	dornelas runner's	Senior Feminino	01:56:32	+01:02:38	09:43
217	431	Natália Guimarães	dornelas runner's	Senior Feminino	01:56:33	+01:02:39	09:43
218	429	Inês Sousa	dornelas runner's	Senior Feminino	01:56:34	+01:02:40	09:43
219	387	CÉSAR FERNANDES	divamares	Senior Masculino	01:56:45	+01:02:51	09:44
220	404	JORGE MANUEL DE CAMPOS BARBOSA	divamares	Senior Masculino	01:56:45	+01:02:51	09:44
221	377	SUSANA PINTO	divamares	Senior Feminino	01:56:47	+01:02:53	09:44
222	413	MIGUEL PINTO	divamares	Senior Masculino	01:56:50	+01:02:55	09:44
223	406	LUÍS FERNANDES	divamares	Senior Masculino	01:56:50	+01:02:56	09:44
224	382	ANDRE SILVA	divamares	Senior Masculino	01:56:50	+01:02:56	09:44
225	179	Susana Patrícia Vieira Carvalho Botelho dos Santos	academia jdc	Senior Feminino	01:56:51	+01:02:56	09:44
226	403	JORGE DUARTE CARDEIRAS DE ARAÚJO	divamares	Senior Masculino	01:56:52	+01:02:58	09:44
227	170	Ivone Silva Pires	academia jdc	Senior Feminino	01:56:52	+01:02:58	09:44
228	167	Helena Marques Cordeiro	academia jdc	Senior Feminino	01:57:33	+01:03:38	09:48
229	288	Frederico Coelho	borregos	Senior Masculino	01:57:44	+01:03:50	09:49
230	322	Gabriel Gomes	crossbox chaves	Senior Masculino	01:57:52	+01:03:57	09:49
231	597	Lillian Brás Gonçalves	os raçudos	Senior Feminino	01:57:55	+01:04:00	09:50
232	596	Isabel Abreu	os raçudos	Senior Feminino	01:57:55	+01:04:00	09:50
233	601	Pedro Silva	os raçudos	Senior Masculino	01:57:55	+01:04:00	09:50
234	599	Nelson Silva	os raçudos	Senior Masculino	01:57:55	+01:04:01	09:50
235	313	CÁRIA CUNHA	crossbox chaves	Senior Feminino	01:58:04	+01:04:09	09:50
236	323	Manuel Martins	crossbox chaves	Senior Masculino	01:58:19	+01:04:25	09:52
237	175	Mariana Pedrosa	academia jdc	Senior Feminino	01:58:25	+01:04:31	09:52
238	158	Ana Carolina Lima	academia jdc	Senior Feminino	01:59:04	+01:05:09	09:55
239	286	Alda Sousa	borregos	Senior Feminino	01:59:11	+01:05:16	09:56
240	289	Paulo Lopes	borregos	Senior Masculino	01:59:12	+01:05:18	09:56
241	852	Ana Pires	vieira fit	Senior Feminino	01:59:29	+01:05:35	09:57
242	866	Raquel Teixeira	vieira fit	Senior Feminino	01:59:36	+01:05:41	09:58
243	850	Alice Pinheiro	vieira fit	Senior Feminino	01:59:37	+01:05:43	09:58
244	849	Adriana Vieira	vieira fit	Senior Feminino	01:59:37	+01:05:43	09:58
245	639	João Carlos Oliveira Pinho	panorama pt studio	Senior Masculino	01:59:51	+01:05:57	09:59
246	149	Orlanda Rocha	a cimenteira da ponte do porto	Senior Feminino	01:59:52	+01:05:57	09:59
247	640	Paulo Jorge Azevedo	panorama pt studio	Senior Masculino	01:59:58	+01:06:04	10:00
248	867	Sandra Pereira	vieira fit	Senior Feminino	02:00:14	+01:06:20	10:01
249	638	Francisco Assis Leal Oliveira Tavares	panorama pt studio	Senior Masculino	02:00:19	+01:06:25	10:02

**GUERREIROS - STAGE 1**

**12 KM**



**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
250	191	José Carlos Matos Fernandes	academia jdc	Senior Masculino	02:00:29	+01:06:35	10:02
251	637	André Filipe Bastos Ferreira	panorama pt studio	Senior Masculino	02:00:30	+01:06:35	10:03
252	878	João Prazeres	vieira fit	Senior Masculino	02:01:10	+01:07:15	10:06
253	688	André Eduardo	pro energy	Senior Masculino	02:01:24	+01:07:29	10:07
254	862	Joana Rodrigues	vieira fit	Senior Feminino	02:01:36	+01:07:41	10:08
255	503	Fábio Roberto Ribeiro da Silva	individual	Senior Masculino	02:01:38	+01:07:43	10:08
256	718	Carla Alves	somos+q6	Senior Feminino	02:01:55	+01:08:00	10:10
257	641	Ricardo Emanuel da Costa Martins	panorama pt studio	Senior Masculino	02:02:02	+01:08:07	10:10
258	513	João Reis	individual	Senior Masculino	02:02:02	+01:08:08	10:10
259	319	Silvi Luís do Canto	crossbox chaves	Senior Feminino	02:02:22	+01:08:27	10:12
260	316	HELENA TEIXEIRA	crossbox chaves	Senior Feminino	02:02:22	+01:08:28	10:12
261	321	Fábio Ferreira	crossbox chaves	Senior Masculino	02:02:22	+01:08:28	10:12
262	325	SAMUEL VILABRIL	crossbox chaves	Senior Masculino	02:02:23	+01:08:28	10:12
263	318	MARA MACHADO	crossbox chaves	Senior Feminino	02:02:24	+01:08:29	10:12
264	317	LILIANA SOUSA	crossbox chaves	Senior Feminino	02:02:35	+01:08:40	10:13
265	324	Pedro Magalhães	crossbox chaves	Senior Masculino	02:02:35	+01:08:41	10:13
266	320	SUSANA MALDONADO	crossbox chaves	Senior Feminino	02:02:35	+01:08:41	10:13
267	177	Sandra Figueiredo	academia jdc	Senior Feminino	02:02:57	+01:09:02	10:15
268	185	Eduardo Jesus Fernandes Esteves	academia jdc	Senior Masculino	02:03:20	+01:09:25	10:17
269	607	Tânia Pereira	os resistentes da tr	Senior Feminino	02:03:21	+01:09:27	10:17
270	605	Laura Castro	os resistentes da tr	Senior Feminino	02:03:23	+01:09:29	10:17
271	602	Angelique Gonçalves	os resistentes da tr	Senior Feminino	02:03:24	+01:09:29	10:17
272	192	Luís Manuel da Rocha Batista	academia jdc	Senior Masculino	02:03:32	+01:09:38	10:18
273	425	Catarina Andreia Rodrigues Tavares	dornelas runner's	Senior Feminino	02:03:45	+01:09:50	10:19
274	870	Sylvie Costa	vieira fit	Senior Feminino	02:04:10	+01:10:15	10:21
275	455	Roberto Rodríguez Martínez	ginásio montalegre	Senior Masculino	02:04:19	+01:10:25	10:22
276	486	Joana Barbosa	individual	Senior Feminino	02:04:36	+01:10:42	10:23
277	489	Susana Correia	individual	Senior Feminino	02:04:37	+01:10:43	10:23
278	450	Lorena Barrio Lama	ginásio montalegre	Senior Feminino	02:04:37	+01:10:43	10:23
279	854	Ana Rocha	vieira fit	Senior Feminino	02:04:46	+01:10:52	10:24
280	627	DANIEL FERREIRA	overthelimit	Senior Masculino	02:04:52	+01:10:58	10:24
281	816	Duarte Miguel	the scouts	Senior Masculino	02:05:08	+01:11:13	10:26
282	632	Joel Pereira Teixeira	overthelimit	Senior Masculino	02:05:16	+01:11:21	10:26
283	636	Tony Pereira Teixeira	overthelimit	Senior Masculino	02:05:16	+01:11:21	10:26
284	449	Jennifer Cuquejo Garrido	ginásio montalegre	Senior Feminino	02:05:34	+01:11:39	10:28
285	456	Víctor Carnero Garcia	ginásio montalegre	Senior Masculino	02:05:40	+01:11:46	10:28
286	818	Rafael João	the scouts	Senior Masculino	02:05:45	+01:11:50	10:29
287	745	Zé Rodrigues	somos+q6	Senior Masculino	02:05:59	+01:12:05	10:30
288	728	Sandra Costa	somos+q6	Senior Feminino	02:06:00	+01:12:05	10:30
289	899	Carolina Lima	urban academy amares	Senior Feminino	02:06:16	+01:12:22	10:31
290	824	Sara Costa	urban academy amares	Senior Feminino	02:06:21	+01:12:26	10:32
291	823	Mónica Raquel Ribeiro Fernandes	urban academy amares	Senior Feminino	02:06:37	+01:12:43	10:33

**GUERREIROS - STAGE 1**

**12 KM**



**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
292	421	VÍTOR MANUEL SABINO BORGES	divamares	Senior Masculino	02:07:15	+01:13:21	10:36
293	527	Rui Manuel Bouças de Araújo	individual	Senior Masculino	02:07:24	+01:13:29	10:37
294	827	Daniel Silva Teixeira	urban academy amares	Senior Masculino	02:07:44	+01:13:50	10:39
295	721	Eduarda LAmela	somos+q6	Senior Feminino	02:08:19	+01:14:25	10:42
296	735	José Silva	somos+q6	Senior Masculino	02:08:21	+01:14:26	10:42
297	819	Daniela Carvalho	urban academy amares	Senior Feminino	02:08:52	+01:14:58	10:44
298	351	Lara Beatriz Ferreira Abreu	crossfit funmove	Senior Feminino	02:09:22	+01:15:27	10:47
299	352	Maria Joaquina Martins Abreu	crossfit funmove	Senior Feminino	02:09:39	+01:15:45	10:48
300	821	Flávia Ferreira	urban academy amares	Senior Feminino	02:10:08	+01:16:14	10:51
301	610	Jorge Sá	os resistentes da tr	Senior Masculino	02:10:39	+01:16:44	10:53
302	604	Daniela Lopes	os resistentes da tr	Senior Feminino	02:10:40	+01:16:46	10:53
303	603	Beatriz Pinheiro	os resistentes da tr	Senior Feminino	02:10:41	+01:16:46	10:53
304	612	Rui Pinheiro	os resistentes da tr	Senior Masculino	02:11:00	+01:17:05	10:55
305	375	MARIA SILVA	divamares	Senior Feminino	02:12:08	+01:18:14	11:01
306	376	SILVIA RODRIGUES	divamares	Senior Feminino	02:12:09	+01:18:14	11:01
307	369	ANA PAULA SARAIVA DA COSTA	divamares	Senior Feminino	02:12:10	+01:18:15	11:01
308	408	LUIS PEDRO MACEDO	divamares	Senior Masculino	02:12:15	+01:18:21	11:01
309	202	JOSÉ BONIFÁCIO	amigos das provas	Senior Masculino	02:12:49	+01:18:55	11:04
310	810	Carlos Manuel de Pinho Soares	team sodida	Senior Masculino	02:12:49	+01:18:55	11:04
311	385	CÉSAR DA SILVA SOUSA	divamares	Senior Masculino	02:12:50	+01:18:55	11:04
312	809	Armando Manuel Amador Resende	team sodida	Senior Masculino	02:12:50	+01:18:56	11:04
313	204	RICARDO MOUTINHO	amigos das provas	Senior Masculino	02:12:55	+01:19:01	11:05
314	415	PEDRO VELOSO	divamares	Senior Masculino	02:12:57	+01:19:03	11:05
315	397	FILIPE MOTA RODRIGUES	divamares	Senior Masculino	02:12:59	+01:19:05	11:05
316	203	PAULO CARDOSO	amigos das provas	Senior Masculino	02:13:02	+01:19:08	11:05
317	828	DIOGO GERALDO FERREIRA PINHEIRO	urban academy amares	Senior Masculino	02:13:16	+01:19:22	11:06
318	201	HENRIQUE BARROS	amigos das provas	Senior Masculino	02:13:19	+01:19:24	11:07
319	651	Miguel Fernandes	pedro pereira team	Senior Masculino	02:13:33	+01:19:38	11:08
320	646	Diana Meira	pedro pereira team	Senior Feminino	02:14:10	+01:20:15	11:11
321	644	Cidália Campos	pedro pereira team	Senior Feminino	02:14:12	+01:20:18	11:11
322	642	Alda Pinto	pedro pereira team	Senior Feminino	02:14:20	+01:20:25	11:12
323	653	Tiago Vieira	pedro pereira team	Senior Masculino	02:14:36	+01:20:41	11:13
324	278	Nádia Ribeiro Abelha	bodystation team	Senior Feminino	02:14:39	+01:20:44	11:13
325	460	Íris Moutinho	gteam	Senior Feminino	02:15:18	+01:21:24	11:17
326	458	Catarina Magalhães	gteam	Senior Feminino	02:15:19	+01:21:25	11:17
327	543	Pedro Miguel Teixeira Fernandes	limite discreto	Senior Masculino	02:16:11	+01:22:17	11:21
328	619	BARBARA PACHECO	overthelimit	Senior Feminino	02:16:37	+01:22:42	11:23
329	282	Carlos Alberto	bodystation team	Senior Masculino	02:16:39	+01:22:45	11:23
330	283	Daniel Nunes	bodystation team	Senior Masculino	02:16:44	+01:22:49	11:24
331	311	Ricardo Matheus Dantas S.G. De Lima	complex gym	Senior Masculino	02:16:54	+01:22:59	11:25

**GUERREIROS - STAGE 1**

**12 KM**



**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
332	307	Carla Cristina Costa Marques Menezes	complex gym	Senior Feminino	02:16:54	+01:23:00	11:25
333	822	Maria Helena Amorim Ferreira	urban academy amares	Senior Feminino	02:16:57	+01:23:03	11:25
334	284	Pedro Filipe de Almeida Correia	bodystation team	Senior Masculino	02:17:00	+01:23:06	11:25
335	310	Ricardo Manuel Barros Amorim	complex gym	Senior Masculino	02:17:03	+01:23:09	11:25
336	312	Roberto Filipe Manso Barreto	complex gym	Senior Masculino	02:17:04	+01:23:10	11:25
337	469	Ivo Moutinho	gteam	Senior Masculino	02:17:10	+01:23:15	11:26
338	461	Marcia Silva	gteam	Senior Feminino	02:17:10	+01:23:16	11:26
339	463	Sandra Santos	gteam	Senior Feminino	02:17:11	+01:23:16	11:26
340	464	Sónia Costa	gteam	Senior Feminino	02:17:11	+01:23:16	11:26
341	622	SOFIA VARANDAS	overthelimit	Senior Feminino	02:17:18	+01:23:23	11:27
342	630	JOAO CAMPOS	overthelimit	Senior Masculino	02:17:18	+01:23:23	11:27
343	398	FRANCISCO DANIEL TEIXEIRA FREITAS	divamares	Senior Masculino	02:17:36	+01:23:41	11:28
344	733	Gerson Lemos	somos+q6	Senior Masculino	02:18:22	+01:24:28	11:32
345	831	MANUEL ANTONIO ALVES SILVA	urban academy amares	Senior Masculino	02:18:45	+01:24:51	11:34
346	620	INES SOUSA	overthelimit	Senior Feminino	02:18:58	+01:25:03	11:35
347	720	Diana Santos	somos+q6	Senior Feminino	02:19:20	+01:25:26	11:37
348	716	Tiago Pereira	sofa kings	Senior Masculino	02:19:51	+01:25:56	11:39
349	717	Ana Helena Costa	somos+q6	Senior Feminino	02:19:59	+01:26:05	11:40
350	714	Martim Costa	sofa kings	Senior Masculino	02:20:11	+01:26:16	11:41
351	702	Carlos Manuel Carvalhas Araujo	pt.box	Senior Masculino	02:20:15	+01:26:20	11:41
352	613	Joao Manuel Sucena Freitas	os vikings	Senior Masculino	02:20:23	+01:26:29	11:42
353	652	Rafael Oliveira	pedro pereira team	Senior Masculino	02:20:24	+01:26:29	11:42
354	648	Tânia Filipa Marques Oliveira	pedro pereira team	Senior Feminino	02:20:29	+01:26:35	11:42
355	643	Ana Raquel Sá	pedro pereira team	Senior Feminino	02:20:30	+01:26:35	11:43
356	645	Daniela de Sousa	pedro pereira team	Senior Feminino	02:20:31	+01:26:36	11:43
357	703	Francisco Ribeiro Torres	pt.box	Senior Masculino	02:20:40	+01:26:46	11:43
358	615	Luís Araújo	os vikings	Senior Masculino	02:21:05	+01:27:11	11:45
359	616	Marco Araújo	os vikings	Senior Masculino	02:21:36	+01:27:42	11:48
360	511	Gustavo Costa	individual	Senior Masculino	02:21:44	+01:27:50	11:49
361	655	Patricia Ribeiro	pegasus ocr proteam	Senior Feminino	02:22:01	+01:28:07	11:50
362	654	Helena Almeida	pegasus ocr proteam	Senior Feminino	02:22:01	+01:28:07	11:50
363	412	MARTIM FERREIRA DA CUNHA	divamares	Senior Masculino	02:22:09	+01:28:14	11:51
364	147	matilde martins da cunha	a cimenteira da ponte do porto	Senior Feminino	02:22:12	+01:28:18	11:51
365	153	manuel antunes matos cunha	a cimenteira da ponte do porto	Senior Masculino	02:22:13	+01:28:18	11:51
366	145	Maria Alice da silva martins	a cimenteira da ponte do porto	Senior Feminino	02:22:13	+01:28:18	11:51
367	144	Ines antunes	a cimenteira da ponte do porto	Senior Feminino	02:22:13	+01:28:18	11:51
368	146	marília soares	a cimenteira da ponte do porto	Senior Feminino	02:22:13	+01:28:19	11:51
369	152	Cesar Antunes	a cimenteira da ponte do porto	Senior Masculino	02:22:13	+01:28:19	11:51
370	150	Paula Ferreira	a cimenteira da ponte do porto	Senior Feminino	02:22:13	+01:28:19	11:51
371	704	Luis Miguel Teixeira de Sousa	pt.box	Senior Masculino	02:22:14	+01:28:20	11:51
372	700	Catia Vanessa Carvalho Martins	pt.box	Senior Feminino	02:22:42	+01:28:47	11:54

**GUERREIROS - STAGE 1**

**12 KM**



**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
373	705	Pedro Jorge pimenta Martins	pt.box	Senior Masculino	02:22:42	+01:28:48	11:54
374	215	Pedro Filipe Pereira Gomes	área 51 ffvda	Senior Masculino	02:22:42	+01:28:48	11:54
375	209	André Miguel Silva Bessa	área 51 ffvda	Senior Masculino	02:22:43	+01:28:48	11:54
376	216	Ricardo Alberto Pereira Machado	área 51 ffvda	Senior Masculino	02:22:43	+01:28:49	11:54
377	210	Arlindo José Gonçalves Mendes	área 51 ffvda	Senior Masculino	02:22:59	+01:29:04	11:55
378	208	Filipa Lopes Alves	área 51 ffvda	Senior Feminino	02:23:16	+01:29:21	11:56
379	213	Francisco João Ferreira da Silva	área 51 ffvda	Senior Masculino	02:23:16	+01:29:22	11:56
380	206	Carina Micaela Magalhães Neiva	área 51 ffvda	Senior Feminino	02:23:29	+01:29:34	11:57
381	207	Débora Carina Ferreira Bessa	área 51 ffvda	Senior Feminino	02:23:29	+01:29:34	11:57
382	699	Carla Alexandra Teixeira de Sousa Araujo	pt.box	Senior Feminino	02:23:32	+01:29:37	11:58
383	727	Patrícia Carvalho	somos+q6	Senior Feminino	02:23:33	+01:29:39	11:58
384	742	Rui Lopes	somos+q6	Senior Masculino	02:23:33	+01:29:39	11:58
385	731	Bruno Carmo	somos+q6	Senior Masculino	02:23:33	+01:29:39	11:58
386	734	Gonçalo Machado	somos+q6	Senior Masculino	02:23:34	+01:29:39	11:58
387	723	Joana Lamela	somos+q6	Senior Feminino	02:23:34	+01:29:39	11:58
388	211	Carlos Alberto Almeida Abreu	área 51 ffvda	Senior Masculino	02:23:35	+01:29:40	11:58
389	205	Ana Paula Silva Machado	área 51 ffvda	Senior Feminino	02:23:35	+01:29:41	11:58
390	214	Luís Miguel Moreira Fernandes	área 51 ffvda	Senior Masculino	02:23:46	+01:29:51	11:59
391	698	Andreia Maria Delgado Pires	pt.box	Senior Feminino	02:23:58	+01:30:04	12:00
392	479	Beatriz Passos	individual	Senior Feminino	02:24:09	+01:30:15	12:01
393	519	Luís Oliveira	individual	Senior Masculino	02:24:09	+01:30:15	12:01
394	701	Gloria Manuela Rodrigues Fernandes	pt.box	Senior Feminino	02:24:32	+01:30:38	12:03
395	706	Rui Jorge do Nascimento Lopes	pt.box	Senior Masculino	02:24:44	+01:30:50	12:04
396	514	José Diogo Teixeira	individual	Senior Masculino	02:24:54	+01:31:00	12:05
397	347	Ana Sofia Alves Leite	crossfit funmove	Senior Feminino	02:25:33	+01:31:38	12:08
398	363	Leonardo André Silva	crossfit funmove	Senior Masculino	02:25:33	+01:31:39	12:08
399	840	Leticia neto amorim	vf's	Senior Feminino	02:25:49	+01:31:55	12:09
400	841	Márcia Raquel Miranda Cardoso	vf's	Senior Feminino	02:25:50	+01:31:55	12:09
401	839	Joana filipa gomes miranda	vf's	Senior Feminino	02:25:50	+01:31:56	12:09
402	838	Célia andreia santos ribeiro	vf's	Senior Feminino	02:25:51	+01:31:56	12:09
403	308	Carla Isabel Silva Amaral	complex gym	Senior Feminino	02:25:55	+01:32:00	12:10
404	524	Pedro Carvalho	individual	Senior Masculino	02:26:02	+01:32:08	12:10
405	526	RICARDO MANUEL RIBEIRO	individual	Senior Masculino	02:26:21	+01:32:27	12:12
406	487	Joana Gomes	individual	Senior Feminino	02:26:21	+01:32:27	12:12
407	520	Manuel Ferreira	individual	Senior Masculino	02:26:22	+01:32:27	12:12
408	707	Marta Sofia da Mota Rodrigues	rookies	Senior Feminino	02:26:22	+01:32:27	12:12
409	565	Celina de Barros	n14 crossfit	Senior Feminino	02:29:34	+01:35:39	12:28
410	220	décio José da cunha francisco	arrastões	Senior Masculino	02:29:41	+01:35:46	12:28
411	219	sandra cristina reis ferreira	arrastões	Senior Feminino	02:29:45	+01:35:50	12:29
412	223	vítor gabriel leite teixeira	arrastões	Senior Masculino	02:29:45	+01:35:50	12:29

**GUERREIROS - STAGE 1**

**12 KM**



**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
413	222	vasco emanuel leite teixeira	arrastões	Senior Masculino	02:29:45	+01:35:50	12:29
414	221	joão rafael mendes cunha	arrastões	Senior Masculino	02:29:45	+01:35:51	12:29

**Obs**

BIB	NOTE	NAME	TEAM	CAT
101	ROT	Bruna Faria	#pónalama	Senior Feminino
102	ROT	Celina Tatiana Oliveira Pinto	#pónalama	Senior Feminino
103	ROT	Estela Macedo	#pónalama	Senior Feminino
104	ROT	Luciana Rodrigues	#pónalama	Senior Feminino
105	ROT	Mariana Rodrigues	#pónalama	Senior Feminino
106	ROT	Rita Almeida	#pónalama	Senior Feminino
107	ROT	Sara Martins	#pónalama	Senior Feminino
108	ROT	Sonia Patricia Dias Monteiro	#pónalama	Senior Feminino
109	ROT	António Cunha	#pónalama	Senior Masculino
110	ROT	Duarte Machado	#pónalama	Senior Masculino
111	ROT	Hugo Rodrigues	#pónalama	Senior Masculino
112	ROT	João Rodrigues	#pónalama	Senior Masculino
113	ROT	Joaquim Coelho	#pónalama	Senior Masculino
114	ROT	Manuel Machado	#pónalama	Senior Masculino
115	ROT	Marco Carvalho	#pónalama	Senior Masculino
116	ROT	Miguel Rodrigues	#pónalama	Senior Masculino
117	ROT	Nicolas Almeida	#pónalama	Senior Masculino
118	ROT	Orlando Rodrigues	#pónalama	Senior Masculino
119	ROT	Rafael Ferreira	#pónalama	Senior Masculino
120	ROT	Anabela Guimarães	5.7 CROSSFIT	Senior Feminino
122	ROT	Daniela Ribeiro Silva	5.7 CROSSFIT	Senior Feminino
123	ROT	Diana Neiva	5.7 CROSSFIT	Senior Feminino
124	ROT	Filipa Araújo	5.7 CROSSFIT	Senior Feminino
125	ROT	FILIPA RIBEIRO	5.7 CROSSFIT	Senior Feminino
126	ROT	GABRIELA RIBEIRO	5.7 CROSSFIT	Senior Feminino
127	ROT	Helena Isabel Freitas Pacheco	5.7 CROSSFIT	Senior Feminino
128	ROT	Joana Ribeiro	5.7 CROSSFIT	Senior Feminino
129	ROT	Marisa Ribeiro	5.7 CROSSFIT	Senior Feminino
130	ROT	Mónica Rodrigues	5.7 CROSSFIT	Senior Feminino
131	ROT	Sara Raquel dos Santos Ribeiro	5.7 CROSSFIT	Senior Feminino
132	ROT	Vânia Lima	5.7 CROSSFIT	Senior Feminino
133	ROT	André Serafim	5.7 CROSSFIT	Senior Masculino
134	ROT	Daniel silva	5.7 CROSSFIT	Senior Masculino
135	ROT	João Pedro Lopes Machado	5.7 CROSSFIT	Senior Masculino
136	ROT	Marcos Costa Pinto	5.7 CROSSFIT	Senior Masculino
137	ROT	Miguel Baltazar	5.7 CROSSFIT	Senior Masculino
138	ROT	Pedro Miguel Gonçalves Durães	5.7 CROSSFIT	Senior Masculino
139	ROT	Ricardo Alexandre Sampaio Ribeiro	5.7 CROSSFIT	Senior Masculino
140	ROT	Ruben Conde	5.7 CROSSFIT	Senior Masculino
141	ROT	Rui Carvalho	5.7 CROSSFIT	Senior Masculino
143	ROT	Vitor Daniel Pedrosa Martins	5.7 CROSSFIT	Senior Masculino

**GUERREIROS - STAGE 1**

**12 KM**



**OFFICIAL RESULT**

BIB	NOTE	NAME	TEAM	CAT
231	ROT	Daniel Batista	ASAFIT	Senior Masculino
232	ROT	DIOGO DIAS	ASAFIT	Senior Masculino
234	ROT	JOÃO MEIRELES	ASAFIT	Senior Masculino
303	ROT	Adriana Moreira	CF Maia white	Senior Feminino
304	ROT	Claudia Oliveira	CF Maia white	Senior Feminino
305	ROT	Gonçalo Martins	CF Maia white	Senior Masculino
306	ROT	Ricardo Maia	CF Maia white	Senior Masculino
309	ROT	Diana Isabel Lacerda Miranda	Complex Gym	Senior Feminino
326	ROT	Filipa Marlene Carvalho Freitas	Crossbox Montelongo	Senior Feminino
327	ROT	Paula Cristina Barros Cunha	Crossbox Montelongo	Senior Feminino
328	ROT	Jorge Manuel Lopes Barroso	Crossbox Montelongo	Senior Masculino
329	ROT	Nelson Leandro Cunha Oliveira	Crossbox Montelongo	Senior Masculino
331	ROT	Tiago André Cunha Freitas	Crossbox Montelongo	Senior Masculino
335	ROT	Ana Isabel Silva	CrossFit 4475 Racing Team	Senior Feminino
336	ROT	Catarina Almeida	CrossFit 4475 Racing Team	Senior Feminino
338	ROT	Marlene Sousa	CrossFit 4475 Racing Team	Senior Feminino
339	ROT	Paula Oliveira	CrossFit 4475 Racing Team	Senior Feminino
340	ROT	André Monteiro	CrossFit 4475 Racing Team	Senior Masculino
341	ROT	Guilherme Silva	CrossFit 4475 Racing Team	Senior Masculino
342	ROT	João Rebelo	CrossFit 4475 Racing Team	Senior Masculino
344	ROT	Tiago Soares	CrossFit 4475 Racing Team	Senior Masculino
345	ROT	Valter Moreira	CrossFit 4475 Racing Team	Senior Masculino
346	ROT	Ana Maria Da Silva Oliveira	CrossFit FunMove	Senior Feminino
348	ROT	Ângela Sofia Araújo Carvalho	CrossFit FunMove	Senior Feminino
349	ROT	Helena Patrícia Pacheco Leal	CrossFit FunMove	Senior Feminino
350	ROT	Joana Sofia De Freitas Ribeiro	CrossFit FunMove	Senior Feminino
353	ROT	Mariana Raquel Teixeira Ferreira	CrossFit FunMove	Senior Feminino
354	ROT	Adelino Filipe Oliveira Da Silva	CrossFit FunMove	Senior Masculino
355	ROT	Bruno Daniel Ferreira Correia	CrossFit FunMove	Senior Masculino
356	ROT	Bruno Marinho	CrossFit FunMove	Senior Masculino
357	ROT	Diogo Manuel Lopes Caetano	CrossFit FunMove	Senior Masculino
358	ROT	Flávio Mendes	CrossFit FunMove	Senior Masculino
359	ROT	Inácio Silva	CrossFit FunMove	Senior Masculino
360	ROT	João Vieira	CrossFit FunMove	Senior Masculino
361	ROT	Joaquim Silva	CrossFit FunMove	Senior Masculino
362	ROT	José Pedro Leite Monteiro	CrossFit FunMove	Senior Masculino
365	ROT	Miguel Duarte Beirão	CrossFit FunMove	Senior Masculino
368	ROT	Vítor Hugo Da Silva Ribeiro	CrossFit FunMove	Senior Masculino
370	ROT	CARMO FERREIRA	DIVAMARES	Senior Feminino
373	ROT	ISABEL BARBOSA	DIVAMARES	Senior Feminino
378	ROT	SUSANA VIDAL	DIVAMARES	Senior Feminino
488	ROT	Patricia Pinto	Individual	Senior Feminino
505	ROT	Filipe Barbosa	Individual	Senior Masculino
534	ROT	Andreia Sofia Pereira Fernandes	Limite Discreto	Senior Feminino
535	ROT	Cátia Raquel Fernandes Antunes	Limite Discreto	Senior Feminino
536	ROT	Vanessa Pereira Fernandes	Limite Discreto	Senior Feminino





**GUERREIROS - STAGE 1**

**12 KM**



**OFFICIAL RESULT**

BIB	NOTE	NAME	TEAM	CAT
755	ROT	Bárbara Teófilo	SUPREMUS	Senior Feminino
756	ROT	Catarina Silva	SUPREMUS	Senior Feminino
757	ROT	Joana Gomes	SUPREMUS	Senior Feminino
758	ROT	Joana Guedes	SUPREMUS	Senior Feminino
759	ROT	MAria João Ferreira	SUPREMUS	Senior Feminino
760	ROT	Sara Freitas	SUPREMUS	Senior Feminino
761	ROT	Tânia Tavares	SUPREMUS	Senior Feminino
762	ROT	Tatiana Felizardo	SUPREMUS	Senior Feminino
763	ROT	Allan Bowe	SUPREMUS	Senior Masculino
764	ROT	André Antunes	SUPREMUS	Senior Masculino
765	ROT	António Rego	SUPREMUS	Senior Masculino
766	ROT	Cristiano Correia	SUPREMUS	Senior Masculino
768	ROT	Daniel Rodrigues	SUPREMUS	Senior Masculino
769	ROT	Filipe Ferreira	SUPREMUS	Senior Masculino
770	ROT	Hermann Luginer	SUPREMUS	Senior Masculino
771	ROT	Hilário Coelho	SUPREMUS	Senior Masculino
772	ROT	João Marco Ferreira	SUPREMUS	Senior Masculino
773	ROT	Marco Araujo	SUPREMUS	Senior Masculino
775	ROT	Miguel ROcha	SUPREMUS	Senior Masculino
776	ROT	Pedro Sacramento	SUPREMUS	Senior Masculino
778	ROT	Rogério Marques	SUPREMUS	Senior Masculino
779	ROT	Tiago Ermida	SUPREMUS	Senior Masculino
788	ROT	Beatriz Catarina Martins Vilela	TEAM RAFAEL FERNANDES	Senior Feminino
789	ROT	Carolina Araújo	TEAM RAFAEL FERNANDES	Senior Feminino
790	ROT	Cátia Alves	TEAM RAFAEL FERNANDES	Senior Feminino
791	ROT	Cátia fernandes	TEAM RAFAEL FERNANDES	Senior Feminino
793	ROT	Filipa Marcos	TEAM RAFAEL FERNANDES	Senior Feminino
794	ROT	Inês Ribeiro	TEAM RAFAEL FERNANDES	Senior Feminino
795	ROT	Mariana Mendes Osório	TEAM RAFAEL FERNANDES	Senior Feminino
796	ROT	Marta Novais	TEAM RAFAEL FERNANDES	Senior Feminino
797	ROT	Patricia Vieira	TEAM RAFAEL FERNANDES	Senior Feminino
798	ROT	António Fernandes	TEAM RAFAEL FERNANDES	Senior Masculino
799	ROT	Claudio Rodrigues	TEAM RAFAEL FERNANDES	Senior Masculino
800	ROT	João Fernandes	TEAM RAFAEL FERNANDES	Senior Masculino
801	ROT	Jorge Silva	TEAM RAFAEL FERNANDES	Senior Masculino
802	ROT	José Gabriel Andrade	TEAM RAFAEL FERNANDES	Senior Masculino
804	ROT	Rafael Fernandes	TEAM RAFAEL FERNANDES	Senior Masculino
805	ROT	Renato Lopes	TEAM RAFAEL FERNANDES	Senior Masculino
806	ROT	Tiago Filipe Rocha Vaz	TEAM RAFAEL FERNANDES	Senior Masculino
807	ROT	Tiago Mendes Rodrigues	TEAM RAFAEL FERNANDES	Senior Masculino
813	ROT	Susana Silva	Teamliberty ocr	Senior Feminino
814	ROT	Joakim Pereira	Teamliberty ocr	Senior Masculino
815	ROT	Joaquim Silva	Teamliberty ocr	Senior Masculino
853	ROT	Ana Rocha	VIEIRA FIT	Senior Feminino
856	ROT	Cátia Fernandes	VIEIRA FIT	Senior Feminino
858	ROT	Cristina Gonçalves	VIEIRA FIT	Senior Feminino

**GUERREIROS - STAGE 1**

**12 KM**



**OFFICIAL RESULT**

BIB	NOTE	NAME	TEAM	CAT
860	ROT	Isabel Gonçalves	VIEIRA FIT	Senior Feminino
864	ROT	Luzia Rocha	VIEIRA FIT	Senior Feminino
865	ROT	Patric Pinheiro	VIEIRA FIT	Senior Feminino
868	ROT	Sofia Gonçalves	VIEIRA FIT	Senior Feminino
872	ROT	Vera Pires	VIEIRA FIT	Senior Feminino
873	ROT	Alfredo Pereira	VIEIRA FIT	Senior Masculino
874	ROT	Bruno Azevedo	VIEIRA FIT	Senior Masculino
882	ROT	Tiago Fernandes	VIEIRA FIT	Senior Masculino
883	ROT	Andreia Manuela Vieira Garcês	Wild Vets	Senior Feminino
884	ROT	Márcia Filipa Gonçalves Rodrigues	Wild Vets	Senior Feminino
885	ROT	Afonso Coelho	Wild Vets	Senior Masculino
886	ROT	Filipe Ricardo Arantes Afonso	Wild Vets	Senior Masculino
887	ROT	Francisco Aníbal Pedrosa Cerqueira	Wild Vets	Senior Masculino
889	ROT	Miguel Quaresma	Wild Vets	Senior Masculino
890	ROT	Rafael Melfe	Wild Vets	Senior Masculino
891	ROT	Rafael Viana	Wild Vets	Senior Masculino
892	ROT	Ricardo Coelho Viana	Wild Vets	Senior Masculino
893	ROT	Carla Lopes	YRun	Senior Feminino
894	ROT	Eugénia Pinto	YRun	Senior Feminino
895	ROT	Juliana Cunha	YRun	Senior Feminino
896	ROT	Teresa Silva	YRun	Senior Feminino
897	ROT	Ricardo Pinto	YRun	Senior Masculino
898	ROT	Miguel Barros	Individual	Senior Masculino
380	DQ	ALFREDO SÉRGIO COSTA FARIA	DIVAMARES	Senior Masculino
388	DQ	CLAUDIO RODRIGUES COSTEIRA	DIVAMARES	Senior Masculino
578	DQ	Amandine da Cunha Martins	Oh Faxabor !	Senior Feminino
580	DQ	Cristina Veloso de Carvalho	Oh Faxabor !	Senior Feminino
367	DNF	Rúben André Pereira Alves	CrossFit FunMove	Senior Masculino
694	DNF	Ludovic Sven	Pro Energy	Senior Masculino



**Guerreiros**

**12 KM**



**OFFICIAL RESULT**

40	253	Lurdes Magalhães	B.T.M.	Senior Feminino	01:52:24	+58:29	09:22
41	244	Alda Fernandes	B.T.M.	Senior Feminino	01:52:43	+58:49	09:24
42	255	Patricia Rei	B.T.M.	Senior Feminino	01:53:11	+59:16	09:26
43	157	Adriana Sofia Pereira Pires	Academia JdC	Senior Feminino	01:53:17	+59:23	09:27
44	159	Ana Filipa Morais Louçano	Academia JdC	Senior Feminino	01:53:19	+59:24	09:27
45	482	CAROLINA QUEIROS	Individual	Senior Feminino	01:54:02	+01:00:07	09:30
46	483	Catarina Gonçalves Mendes	Individual	Senior Feminino	01:54:02	+01:00:08	09:30
47	250	Carmo Barbosa	B.T.M.	Senior Feminino	01:54:38	+01:00:44	09:33
48	589	Carla Macedo	ONE TOP TEAM	Senior Feminino	01:54:45	+01:00:51	09:34
49	176	Mariana Seixas Gomes	Academia JdC	Senior Feminino	01:54:51	+01:00:56	09:34
50	163	Cláudia Castro Novais	Academia JdC	Senior Feminino	01:54:56	+01:01:02	09:35
51	171	Joana Rodrigues	Academia JdC	Senior Feminino	01:54:56	+01:01:02	09:35
52	165	Daniela Marisa Afonso Fernandes	Academia JdC	Senior Feminino	01:56:15	+01:02:21	09:41
53	424	Angela Peixoto	Dornelas Runner's	Senior Feminino	01:56:29	+01:02:34	09:42
54	432	Sandra Xavier	Dornelas Runner's	Senior Feminino	01:56:29	+01:02:35	09:42
55	423	Amélia Guimarães	Dornelas Runner's	Senior Feminino	01:56:31	+01:02:37	09:43
56	427	Conceição Ribeiro	Dornelas Runner's	Senior Feminino	01:56:32	+01:02:38	09:43
57	431	Natália Guimarães	Dornelas Runner's	Senior Feminino	01:56:33	+01:02:39	09:43
58	429	Inês Sousa	Dornelas Runner's	Senior Feminino	01:56:34	+01:02:40	09:43
59	377	SUSANA PINTO	DIVAMARES	Senior Feminino	01:56:47	+01:02:53	09:44
60	179	Susana Patrícia Vieira Carvalho Botelho dos Santos	Academia JdC	Senior Feminino	01:56:51	+01:02:56	09:44
61	170	Ivone Silva Pires	Academia JdC	Senior Feminino	01:56:52	+01:02:58	09:44
62	167	Helena Marques Cordeiro	Academia JdC	Senior Feminino	01:57:33	+01:03:38	09:48
63	597	Lillian Brás Gonçalves	Os Raçudos	Senior Feminino	01:57:55	+01:04:00	09:50
64	596	Isabel Abreu	Os Raçudos	Senior Feminino	01:57:55	+01:04:00	09:50
65	313	CÁRIA CUNHA	CrossBox Chaves	Senior Feminino	01:58:04	+01:04:09	09:50
66	175	Mariana Pedrosa	Academia JdC	Senior Feminino	01:58:25	+01:04:31	09:52
67	158	Ana Carolina Lima	Academia JdC	Senior Feminino	01:59:04	+01:05:09	09:55
68	286	Alda Sousa	Borregos	Senior Feminino	01:59:11	+01:05:16	09:56
69	852	Ana Pires	VIEIRA FIT	Senior Feminino	01:59:29	+01:05:35	09:57
70	866	Raquel Teixeira	VIEIRA FIT	Senior Feminino	01:59:36	+01:05:41	09:58
71	850	Alice Pinheiro	VIEIRA FIT	Senior Feminino	01:59:37	+01:05:43	09:58
72	849	Adriana Vieira	VIEIRA FIT	Senior Feminino	01:59:37	+01:05:43	09:58
73	149	Orlanda Rocha	A CIMENTEIRA DA PONTE DO PORTO	Senior Feminino	01:59:52	+01:05:57	09:59
74	867	Sandra Pereira	VIEIRA FIT	Senior Feminino	02:00:14	+01:06:20	10:01
75	862	Joana Rodrigues	VIEIRA FIT	Senior Feminino	02:01:36	+01:07:41	10:08
76	718	Carla Alves	Somos+Q6	Senior Feminino	02:01:55	+01:08:00	10:10
77	319	Silvi Luís do Canto	CrossBox Chaves	Senior Feminino	02:02:22	+01:08:27	10:12
78	316	HELENA TEIXEIRA	CrossBox Chaves	Senior Feminino	02:02:22	+01:08:28	10:12
79	318	MARA MACHADO	CrossBox Chaves	Senior Feminino	02:02:24	+01:08:29	10:12
80	317	LILIANA SOUSA	CrossBox Chaves	Senior Feminino	02:02:35	+01:08:40	10:13
81	320	SUSANA MALDONADO	CrossBox Chaves	Senior Feminino	02:02:35	+01:08:41	10:13
82	177	Sandra Figueiredo	Academia JdC	Senior Feminino	02:02:57	+01:09:02	10:15
83	607	Tânia Pereira	Os resistentes da TR	Senior Feminino	02:03:21	+01:09:27	10:17
84	605	Laura Castro	Os resistentes da TR	Senior Feminino	02:03:23	+01:09:29	10:17

Official Timekeeper: Lap2Go	2 / 10	generate 06-jun-2022 09:22
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**Guerreiros**

**12 KM**



**OFFICIAL RESULT**

85	602	Angelique Gonçalves	Os resistentes da TR	Senior Feminino	02:03:24	+01:09:29	10:17
86	425	Catarina Andreia Rodrigues Tavares	Dornelas Runner's	Senior Feminino	02:03:45	+01:09:50	10:19
87	870	Sylvie Costa	VIEIRA FIT	Senior Feminino	02:04:10	+01:10:15	10:21
88	486	Joana Barbosa	Individual	Senior Feminino	02:04:36	+01:10:42	10:23
89	489	Susana Correia	Individual	Senior Feminino	02:04:37	+01:10:43	10:23
90	450	Lorena Barrio Lama	Ginásio Montalegre	Senior Feminino	02:04:37	+01:10:43	10:23
91	854	Ana Rocha	VIEIRA FIT	Senior Feminino	02:04:46	+01:10:52	10:24
92	449	Jennifer Cuquejo Garrido	Ginásio Montalegre	Senior Feminino	02:05:34	+01:11:39	10:28
93	728	Sandra Costa	Somos+Q6	Senior Feminino	02:06:00	+01:12:05	10:30
94	899	Carolina Lima	URBAN ACADEMY AMARES	Senior Feminino	02:06:16	+01:12:22	10:31
95	824	Sara Costa	URBAN ACADEMY AMARES	Senior Feminino	02:06:21	+01:12:26	10:32
96	823	Mónica Raquel Ribeiro Fernandes	URBAN ACADEMY AMARES	Senior Feminino	02:06:37	+01:12:43	10:33
97	721	Eduarda LAmela	Somos+Q6	Senior Feminino	02:08:19	+01:14:25	10:42
98	819	Daniela Carvalho	URBAN ACADEMY AMARES	Senior Feminino	02:08:52	+01:14:58	10:44
99	351	Lara Beatriz Ferreira Abreu	CrossFit FunMove	Senior Feminino	02:09:22	+01:15:27	10:47
100	352	Maria Joaquina Martins Abreu	CrossFit FunMove	Senior Feminino	02:09:39	+01:15:45	10:48
101	821	Flávia Ferreira	URBAN ACADEMY AMARES	Senior Feminino	02:10:08	+01:16:14	10:51
102	604	Daniela Lopes	Os resistentes da TR	Senior Feminino	02:10:40	+01:16:46	10:53
103	603	Beatriz Pinheiro	Os resistentes da TR	Senior Feminino	02:10:41	+01:16:46	10:53
104	375	MARIA SILVA	DIVAMARES	Senior Feminino	02:12:08	+01:18:14	11:01
105	376	SILVIA RODRIGUES	DIVAMARES	Senior Feminino	02:12:09	+01:18:14	11:01
106	369	ANA PAULA SARAIVA DA COSTA	DIVAMARES	Senior Feminino	02:12:10	+01:18:15	11:01
107	646	Diana Meira	PEDRO PEREIRA TEAM	Senior Feminino	02:14:10	+01:20:15	11:11
108	644	Cidália Campos	PEDRO PEREIRA TEAM	Senior Feminino	02:14:12	+01:20:18	11:11
109	642	Alda Pinto	PEDRO PEREIRA TEAM	Senior Feminino	02:14:20	+01:20:25	11:12
110	278	Nádia Ribeiro Abelha	BODYSTATION TEAM	Senior Feminino	02:14:39	+01:20:44	11:13
111	460	Íris Moutinho	GTeam	Senior Feminino	02:15:18	+01:21:24	11:17
112	458	Catarina Magalhães	GTeam	Senior Feminino	02:15:19	+01:21:25	11:17
113	619	BARBARA PACHECO	OverTheLimit	Senior Feminino	02:16:37	+01:22:42	11:23
114	307	Carla Cristina Costa Marques Menezes	Complex Gym	Senior Feminino	02:16:54	+01:23:00	11:25
115	822	Maria Helena Amorim Ferreira	URBAN ACADEMY AMARES	Senior Feminino	02:16:57	+01:23:03	11:25
116	461	Marcia Silva	GTeam	Senior Feminino	02:17:10	+01:23:16	11:26
117	463	Sandra Santos	GTeam	Senior Feminino	02:17:11	+01:23:16	11:26
118	464	Sónia Costa	GTeam	Senior Feminino	02:17:11	+01:23:16	11:26
119	622	SOFIA VARANDAS	OverTheLimit	Senior Feminino	02:17:18	+01:23:23	11:27
120	620	INES SOUSA	OverTheLimit	Senior Feminino	02:18:58	+01:25:03	11:35
121	720	Diana Santos	Somos+Q6	Senior Feminino	02:19:20	+01:25:26	11:37
122	717	Ana Helena Costa	Somos+Q6	Senior Feminino	02:19:59	+01:26:05	11:40
123	648	Tânia Filipa Marques Oliveira	PEDRO PEREIRA TEAM	Senior Feminino	02:20:29	+01:26:35	11:42
124	643	Ana Raquel Sá	PEDRO PEREIRA TEAM	Senior Feminino	02:20:30	+01:26:35	11:43
125	645	Daniela de Sousa	PEDRO PEREIRA TEAM	Senior Feminino	02:20:31	+01:26:36	11:43
126	655	Patricia Ribeiro	Pegasus OCR ProTeam	Senior Feminino	02:22:01	+01:28:07	11:50
127	654	Helena Almeida	Pegasus OCR ProTeam	Senior Feminino	02:22:01	+01:28:07	11:50
128	147	matilde martins da cunha	A CIMENTEIRA DA PONTE DO PORTO	Senior Feminino	02:22:12	+01:28:18	11:51
129	145	Maria Alice da silva martins	A CIMENTEIRA DA PONTE DO PORTO	Senior Feminino	02:22:13	+01:28:18	11:51

## Guerreiros

12 KM

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REVISED

**OFFICIAL RESULT**

130	144	Ines antunes	A CIMENTEIRA DA PONTE DO PORTO	Senior Feminino	02:22:13	+01:28:18	11:51
131	146	marilia soares	A CIMENTEIRA DA PONTE DO PORTO	Senior Feminino	02:22:13	+01:28:19	11:51
132	150	Paula Ferreira	A CIMENTEIRA DA PONTE DO PORTO	Senior Feminino	02:22:13	+01:28:19	11:51
133	700	Catia Vanessa Carvalho Martins	PT.BOX	Senior Feminino	02:22:42	+01:28:47	11:54
134	208	Filipa Lopes Alves	Área 51 FFVDA	Senior Feminino	02:23:16	+01:29:21	11:56
135	206	Carina Micaela Magalhães Neiva	Área 51 FFVDA	Senior Feminino	02:23:29	+01:29:34	11:57
136	207	Débora Carina Ferreira Bessa	Área 51 FFVDA	Senior Feminino	02:23:29	+01:29:34	11:57
137	699	Carla Alexandra Teixeira de Sousa Araujo	PT.BOX	Senior Feminino	02:23:32	+01:29:37	11:58
138	727	Patrícia Carvalho	Somos+Q6	Senior Feminino	02:23:33	+01:29:39	11:58
139	723	Joana Lamela	Somos+Q6	Senior Feminino	02:23:34	+01:29:39	11:58
140	205	Ana Paula Silva Machado	Área 51 FFVDA	Senior Feminino	02:23:35	+01:29:41	11:58
141	698	Andreia Maria Delgado Pires	PT.BOX	Senior Feminino	02:23:58	+01:30:04	12:00
142	479	Beatriz Passos	Individual	Senior Feminino	02:24:09	+01:30:15	12:01
143	701	Gloria Manuela Rodrigues Fernandes	PT.BOX	Senior Feminino	02:24:32	+01:30:38	12:03
144	347	Ana Sofia Alves Leite	CrossFit FunMove	Senior Feminino	02:25:33	+01:31:38	12:08
145	840	Leticia neto amorim	VF's	Senior Feminino	02:25:49	+01:31:55	12:09
146	841	Márcia Raquel Miranda Cardoso	VF's	Senior Feminino	02:25:50	+01:31:55	12:09
147	839	Joana filipa gomes miranda	VF's	Senior Feminino	02:25:50	+01:31:56	12:09
148	838	Célia andreia santos ribeiro	VF's	Senior Feminino	02:25:51	+01:31:56	12:09
149	308	Carla Isabel Silva Amaral	Complex Gym	Senior Feminino	02:25:55	+01:32:00	12:10
150	487	Joana Gomes	Individual	Senior Feminino	02:26:21	+01:32:27	12:12
151	707	Marta Sofia da Mota Rodrigues	Rookies	Senior Feminino	02:26:22	+01:32:27	12:12
152	565	Celina de Barros	N14 CROSSFIT	Senior Feminino	02:29:34	+01:35:39	12:28
153	219	sandra cristina reis ferreira	ARRASTÕES	Senior Feminino	02:29:45	+01:35:50	12:29

## Senior Masculino

1	63	Francisco Fernandes	B.T.M.	Senior Masculino	53:54		04:30
2	193	Nivaldo Costa	Academia JdC	Senior Masculino	57:24	+03:29	04:47
3	230	CARLOS MACHADO	ASAFIT	Senior Masculino	59:33	+05:38	04:58
4	292	Sérgio Correia	Brave Lake ACCM	Senior Masculino	01:00:30	+06:36	05:03
5	835	Pedro Miguel Antunes Machado	URBAN ACADEMY AMARES	Senior Masculino	01:01:21	+07:26	05:07
6	237	MIGUEL SILVA	ASAFIT	Senior Masculino	01:02:16	+08:21	05:11
7	291	Rafael Gomes	Brave Lake ACCM	Senior Masculino	01:02:36	+08:41	05:13
8	269	João Duarte	B.T.M.	Senior Masculino	01:02:52	+08:58	05:14
9	233	FILIFE FERREIRA	ASAFIT	Senior Masculino	01:03:14	+09:20	05:16
10	236	MAURICIO MEDON	ASAFIT	Senior Masculino	01:03:22	+09:28	05:17
11	530	Rui Silva	Individual	Senior Masculino	01:03:41	+09:47	05:18
12	271	José Azevedo	B.T.M.	Senior Masculino	01:04:05	+10:10	05:20
13	265	Carlos Gomes	B.T.M.	Senior Masculino	01:04:12	+10:17	05:21
14	195	Pedro Freixedelo	Academia JdC	Senior Masculino	01:05:33	+11:39	05:28
15	242	RUI NOGUEIRA	ASAFIT	Senior Masculino	01:06:16	+12:22	05:31
16	270	João Pedro	B.T.M.	Senior Masculino	01:06:44	+12:49	05:34

**Guerreiros**

**12 KM**



**OFFICIAL RESULT**

17	572	Jose Antonio Oliveira Ramos	NoFitTeam	Senior Masculino	01:08:22	+14:28	05:42
18	275	Nuno Gomes	B.T.M.	Senior Masculino	01:09:44	+15:50	05:49
19	194	Pedro Alexandre Alves Maia	Academia JdC	Senior Masculino	01:09:56	+16:01	05:50
20	538	Filipe Manuel Faria Fernandes	Limite Discreto	Senior Masculino	01:10:45	+16:50	05:54
21	384	ARMANDO PEREIRA	DIVAMARES	Senior Masculino	01:12:27	+18:33	06:02
22	285	Vladyslav Ivashchenko	BODYSTATION TEAM	Senior Masculino	01:12:46	+18:51	06:04
23	541	Luís António Ferreira Fernandes	Limite Discreto	Senior Masculino	01:13:40	+19:45	06:08
24	261	Agostinho Maia	B.T.M.	Senior Masculino	01:13:49	+19:54	06:09
25	187	Francisco Fernandes	Academia JdC	Senior Masculino	01:13:59	+20:05	06:10
26	198	Vasco Jorge Rodrigues Costa	Academia JdC	Senior Masculino	01:14:08	+20:14	06:11
27	542	Luís Gonçalo Faria Fernandes	Limite Discreto	Senior Masculino	01:14:11	+20:17	06:11
28	295	João Miguel Lopes	Carniceiros II	Senior Masculino	01:14:16	+20:22	06:11
29	522	Marcos Moreira	Individual	Senior Masculino	01:14:17	+20:23	06:11
30	441	Romeu Silva	Dornelas Runner's	Senior Masculino	01:14:20	+20:26	06:12
31	273	Luis Miguel Fernandes	B.T.M.	Senior Masculino	01:14:30	+20:35	06:13
32	189	Gualter Rodrigues	Academia JdC	Senior Masculino	01:14:42	+20:48	06:14
33	240	Pedro Alves	ASAFIT	Senior Masculino	01:15:00	+21:06	06:15
34	239	NUNO FREITAS	ASAFIT	Senior Masculino	01:15:08	+21:13	06:16
35	235	Márcio Brita	ASAFIT	Senior Masculino	01:15:15	+21:20	06:16
36	281	André Medeiros	BODYSTATION TEAM	Senior Masculino	01:15:19	+21:25	06:17
37	212	Carlos Fernandes Lopes	Área 51 FFVDA	Senior Masculino	01:15:30	+21:36	06:18
38	608	Carlos Magalhães	Os resistentes da TR	Senior Masculino	01:15:47	+21:53	06:19
39	691	Filipe Machado	Pro Energy	Senior Masculino	01:16:03	+22:09	06:20
40	294	Fernando Ferreira	Carniceiros II	Senior Masculino	01:16:22	+22:27	06:22
41	229	Bruno Silva	ASAFIT	Senior Masculino	01:16:49	+22:54	06:24
42	228	BENTO PIMENTA	ASAFIT	Senior Masculino	01:18:04	+24:09	06:30
43	399	JOÃO HENRIQUE MACEDO	DIVAMARES	Senior Masculino	01:18:34	+24:39	06:33
44	391	DIOGO RAFAEL RIBEIRO COSTA	DIVAMARES	Senior Masculino	01:18:42	+24:48	06:34
45	491	Agostinho Domingos Brandão Cunha	Individual	Senior Masculino	01:19:03	+25:09	06:35
46	238	NÍDIO MARÇAL	ASAFIT	Senior Masculino	01:19:07	+25:12	06:36
47	241	Pedro Teixeira	ASAFIT	Senior Masculino	01:19:07	+25:12	06:36
48	502	Eduardo Silva	Individual	Senior Masculino	01:20:06	+26:11	06:41
49	609	Gonçalo Coelho	Os resistentes da TR	Senior Masculino	01:21:35	+27:40	06:48
50	588	Vitor Marçal	Oh Faxabor !	Senior Masculino	01:21:39	+27:44	06:48
51	587	Pedro José Morais Gomes Costa	Oh Faxabor !	Senior Masculino	01:21:39	+27:44	06:48
52	836	Rui Alves	URBAN ACADEMY AMARES	Senior Masculino	01:21:45	+27:50	06:49
53	419	TIAGO MANUEL RIBEIRO COSTA	DIVAMARES	Senior Masculino	01:22:08	+28:13	06:51
54	366	Paulo Leite	CrossFit FunMove	Senior Masculino	01:23:29	+29:35	06:57
55	552	Carlos Alves	Minas da borralha	Senior Masculino	01:24:51	+30:57	07:04
56	296	Paulo H.Alves	Carniceiros II	Senior Masculino	01:24:58	+31:03	07:05
57	300	Tiago Martins	Carniceiros II	Senior Masculino	01:24:58	+31:04	07:05
58	553	José Faria	Minas da borralha	Senior Masculino	01:25:09	+31:14	07:06
59	554	Nuno Faria	Minas da borralha	Senior Masculino	01:25:13	+31:18	07:06
60	400	JOÃO MANUEL FERREIRA SILVA	DIVAMARES	Senior Masculino	01:25:16	+31:21	07:06
61	389	DANIEL ANTÓNIO DA COSTA	DIVAMARES	Senior Masculino	01:25:22	+31:28	07:07
62	409	MANUEL SALGUEIRO DE SOUSA	DIVAMARES	Senior Masculino	01:25:53	+31:59	07:09

**Guerreiros**

**12 KM**



**OFFICIAL RESULT**

63	879	Luís Fernandes	VIEIRA FIT	Senior Masculino	01:26:28	+32:34	07:12
64	537	António Manuel da Costa Antunes	Limite Discreto	Senior Masculino	01:26:29	+32:34	07:12
65	736	Luis Cunha	Somos+Q6	Senior Masculino	01:26:34	+32:40	07:13
66	739	Ricardino Santos	Somos+Q6	Senior Masculino	01:26:34	+32:40	07:13
67	272	Jose lopes	B.T.M.	Senior Masculino	01:26:52	+32:58	07:14
68	525	Pedro Magalhães	Individual	Senior Masculino	01:26:54	+32:59	07:15
69	276	Vitor Cunha	B.T.M.	Senior Masculino	01:27:03	+33:09	07:15
70	401	JOÃO RIBEIRO	DIVAMARES	Senior Masculino	01:27:06	+33:12	07:16
71	383	ANTÓNIO FARIA	DIVAMARES	Senior Masculino	01:27:23	+33:29	07:17
72	417	RUI PEDRO FERNANDES DE AZEVEDO	DIVAMARES	Senior Masculino	01:28:00	+34:05	07:20
73	402	JOAO TIAGO DA SILVA MACHADO	DIVAMARES	Senior Masculino	01:28:42	+34:47	07:24
74	695	Manuel Gonçalves	Pro Energy	Senior Masculino	01:28:55	+35:00	07:25
75	881	Rúben Alves	VIEIRA FIT	Senior Masculino	01:29:12	+35:18	07:26
76	396	FILIPE MANUEL MARTINS DIAS	DIVAMARES	Senior Masculino	01:29:16	+35:21	07:26
77	539	Joel Ricardo Faria Fernandes	Limite Discreto	Senior Masculino	01:29:36	+35:42	07:28
78	420	TIAGO SILVA	DIVAMARES	Senior Masculino	01:29:41	+35:47	07:28
79	411	MARCO DURÃES	DIVAMARES	Senior Masculino	01:29:49	+35:55	07:29
80	713	Marcio Gonçalves	Sofa Kings	Senior Masculino	01:30:08	+36:13	07:31
81	364	Luís Miguel Cunha Da Silva	CrossFit FunMove	Senior Masculino	01:30:46	+36:52	07:34
82	507	Filipe Fernandes	Individual	Senior Masculino	01:31:11	+37:17	07:36
83	264	Carlos Dias	B.T.M.	Senior Masculino	01:32:28	+38:34	07:42
84	262	André Silva	B.T.M.	Senior Masculino	01:32:43	+38:49	07:44
85	732	Clemente Pereira	Somos+Q6	Senior Masculino	01:32:47	+38:53	07:44
86	712	João Vieira	Sofa Kings	Senior Masculino	01:33:50	+39:56	07:49
87	457	Vitor Teixeira	Ginásio Montalegre	Senior Masculino	01:34:00	+40:06	07:50
88	454	Gonçalo Fernandes	Ginásio Montalegre	Senior Masculino	01:34:01	+40:06	07:50
89	439	Nuno Dias	Dornelas Runner's	Senior Masculino	01:34:16	+40:22	07:51
90	830	Jorge Manuel Barros pimenta	URBAN ACADEMY AMARES	Senior Masculino	01:34:38	+40:44	07:53
91	829	João Luís Oliveira Afonso	URBAN ACADEMY AMARES	Senior Masculino	01:34:48	+40:53	07:54
92	715	Ricardo Antunes	Sofa Kings	Senior Masculino	01:35:02	+41:08	07:55
93	825	ADRIANO SILVA VIEIRA	URBAN ACADEMY AMARES	Senior Masculino	01:35:05	+41:10	07:55
94	181	Altino Cunha	Academia JdC	Senior Masculino	01:35:05	+41:10	07:55
95	155	Ricardo rocha costa	A CIMENTEIRA DA PONTE DO PORTO	Senior Masculino	01:35:19	+41:25	07:57
96	574	Paulo Alexandre Lima Pereira Brenha	NoFitTeam	Senior Masculino	01:35:23	+41:28	07:57
97	508	Filipe Vieira	Individual	Senior Masculino	01:35:24	+41:30	07:57
98	227	ANTÓNIO ROCHA	ASAFIT	Senior Masculino	01:35:26	+41:31	07:57
99	516	Joshua Swift	URBAN ACADEMY AMARES	Senior Masculino	01:35:33	+41:38	07:58
100	594	David Ferreira	Os Ferreiras	Senior Masculino	01:35:33	+41:39	07:58
101	500	Edgar Faria	Individual	Senior Masculino	01:36:06	+42:11	08:01
102	266	Cristiano Silva	B.T.M.	Senior Masculino	01:36:06	+42:12	08:01
103	297	Pedro Silva	Carniceiros II	Senior Masculino	01:37:15	+43:21	08:06
104	689	Bruno Rodrigues	Pro Energy	Senior Masculino	01:37:24	+43:29	08:07
105	501	Eduardo Emanuel Andrade Faria	Individual	Senior Masculino	01:37:28	+43:34	08:07
106	298	Romeu Silva	Carniceiros II	Senior Masculino	01:37:43	+43:49	08:09
107	495	Cesar Augusto Vieira Antunes	Individual	Senior Masculino	01:37:50	+43:55	08:09



**Guerreiros**

**12 KM**



**OFFICIAL RESULT**

108	299	Sérgio Rodrigues	Carniceiros II	Senior Masculino	01:37:52	+43:57	08:09
109	629	IIDIO DIAS	OverTheLimit	Senior Masculino	01:38:33	+44:39	08:13
110	293	Carlos Moreira	Carniceiros II	Senior Masculino	01:38:58	+45:03	08:15
111	633	JORGE LEAL	OverTheLimit	Senior Masculino	01:39:38	+45:43	08:18
112	453	Alfonso Arsenio González Nieto	Ginásio Montalegre	Senior Masculino	01:39:58	+46:03	08:20
113	576	Pedro Miguel Fortunato Palheirinho	NoFitTeam	Senior Masculino	01:40:05	+46:10	08:20
114	833	Marco Ferreira	URBAN ACADEMY AMARES	Senior Masculino	01:40:16	+46:22	08:21
115	156	Ricardo Silva	A CIMENTEIRA DA PONTE DO PORTO	Senior Masculino	01:40:20	+46:26	08:22
116	492	Amadeu Fernandes Martins	Individual	Senior Masculino	01:40:39	+46:44	08:23
117	151	Armando Costa	A CIMENTEIRA DA PONTE DO PORTO	Senior Masculino	01:40:51	+46:56	08:24
118	509	Francisco José Fernandes Guimarães	Individual	Senior Masculino	01:41:53	+47:59	08:29
119	343	Nelson Pinto	CrossFit 4475 Racing Team	Senior Masculino	01:42:47	+48:52	08:34
120	438	Michel Paredes	Dornelas Runner's	Senior Masculino	01:43:54	+50:00	08:40
121	196	Reis Lima Quarteu	Academia JdC	Senior Masculino	01:44:07	+50:12	08:41
122	774	Mário Costa	SUPREMUS	Senior Masculino	01:44:11	+50:16	08:41
123	446	Fábio Pires	GINÁSIO CLUBE DE BRAGANÇA	Senior Masculino	01:44:57	+51:03	08:45
124	182	Beka Kokhodze	Academia JdC	Senior Masculino	01:45:10	+51:16	08:46
125	433	Dinis Paredes	Dornelas Runner's	Senior Masculino	01:45:29	+51:34	08:47
126	416	RICARDO RODRIGUES RIBEIRO	DIVAMARES	Senior Masculino	01:45:51	+51:57	08:49
127	218	Luis Casimiro	AROO	Senior Masculino	01:46:04	+52:10	08:50
128	777	Ricardo Gonçalves	SUPREMUS	Senior Masculino	01:46:13	+52:19	08:51
129	510	Frederico Martins	Individual	Senior Masculino	01:46:55	+53:01	08:55
130	418	TIAGO MANUEL DE OLIVEIRA PINHEIRO	DIVAMARES	Senior Masculino	01:47:09	+53:15	08:56
131	434	Domingos Carvalho	Dornelas Runner's	Senior Masculino	01:47:54	+53:59	09:00
132	518	Luís Cunha	Individual	Senior Masculino	01:48:45	+54:51	09:04
133	499	Diogo Cunha	Individual	Senior Masculino	01:48:57	+55:03	09:05
134	540	José Ferreira Fernandes	Limite Discreto	Senior Masculino	01:49:49	+55:54	09:09
135	573	Manuel Antonio Pereira de Sousa	NoFitTeam	Senior Masculino	01:49:53	+55:58	09:09
136	407	LUÍS FILIPE MACEDO	DIVAMARES	Senior Masculino	01:50:00	+56:05	09:10
137	577	Vitor Sergio de Sousa Ramos	NoFitTeam	Senior Masculino	01:50:06	+56:11	09:11
138	575	Pedro Jorge da Costa Lourenço	NoFitTeam	Senior Masculino	01:50:15	+56:21	09:11
139	529	Rui Pedro Sousa dos Santos	Individual	Senior Masculino	01:50:48	+56:53	09:14
140	410	MARCO ARAUJO	DIVAMARES	Senior Masculino	01:50:51	+56:57	09:14
141	395	FILIPE DE MORGADO	DIVAMARES	Senior Masculino	01:50:57	+57:02	09:15
142	390	DIOGO DA MATA	DIVAMARES	Senior Masculino	01:51:15	+57:21	09:16
143	751	Luís Miguel Rufo	Suicide Squad	Senior Masculino	01:51:33	+57:39	09:18
144	334	Sergio Silva	Crossers Forget Spump	Senior Masculino	01:51:37	+57:42	09:18
145	900	Tiago Azevedo	Individual	Senior Masculino	01:51:41	+57:47	09:18
146	332	David Pereira Costa	Crossers Forget Spump	Senior Masculino	01:51:47	+57:53	09:19
147	496	César Bruno Carneiro Lima	Individual	Senior Masculino	01:52:08	+58:14	09:21
148	752	Nelson Ribeiro	Suicide Squad	Senior Masculino	01:53:02	+59:07	09:25
149	333	Marco Matias	Crossers Forget Spump	Senior Masculino	01:53:08	+59:14	09:26
150	267	Eduardo Fonseca	B.T.M.	Senior Masculino	01:53:11	+59:16	09:26
151	197	Tiago Morais	Academia JdC	Senior Masculino	01:53:19	+59:25	09:27

**Guerreiros**

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**OFFICIAL RESULT**

152	748	António Torres	Suicide Squad	Senior Masculino	01:54:06	+01:00:12	09:31
153	379	ALEXANDRE RODRIGUES PINHEIRO	DIVAMARES	Senior Masculino	01:54:10	+01:00:15	09:31
154	531	samuel salcedo casas	Individual	Senior Masculino	01:54:22	+01:00:27	09:32
155	405	JOSE AUGUSTO LOPES FERREIRA	DIVAMARES	Senior Masculino	01:54:23	+01:00:28	09:32
156	392	EDUARDO MIGUEL COELHO DA SILVA	DIVAMARES	Senior Masculino	01:54:55	+01:01:00	09:35
157	394	FERNANDO RODRIGUES	DIVAMARES	Senior Masculino	01:55:15	+01:01:21	09:36
158	528	Rui Paulo Fernandes Pereira	Individual	Senior Masculino	01:56:05	+01:02:10	09:40
159	517	Leandro Ramires	Individual	Senior Masculino	01:56:05	+01:02:10	09:40
160	183	Carlos Alberto Afonso Fernandes	Academia JdC	Senior Masculino	01:56:24	+01:02:29	09:42
161	387	CÉSAR FERNANDES	DIVAMARES	Senior Masculino	01:56:45	+01:02:51	09:44
162	404	JORGE MANUEL DE CAMPOS BARBOSA	DIVAMARES	Senior Masculino	01:56:45	+01:02:51	09:44
163	413	MIGUEL PINTO	DIVAMARES	Senior Masculino	01:56:50	+01:02:55	09:44
164	406	LUÍS FERNANDES	DIVAMARES	Senior Masculino	01:56:50	+01:02:56	09:44
165	382	ANDRE SILVA	DIVAMARES	Senior Masculino	01:56:50	+01:02:56	09:44
166	403	JORGE DUARTE CARDEIRAS DE ARAÚJO	DIVAMARES	Senior Masculino	01:56:52	+01:02:58	09:44
167	288	Frederico Coelho	Borregos	Senior Masculino	01:57:44	+01:03:50	09:49
168	322	Gabriel Gomes	CrossBox Chaves	Senior Masculino	01:57:52	+01:03:57	09:49
169	601	Pedro Silva	Os Raçudos	Senior Masculino	01:57:55	+01:04:00	09:50
170	599	Nelson Silva	Os Raçudos	Senior Masculino	01:57:55	+01:04:01	09:50
171	323	Manuel Martins	CrossBox Chaves	Senior Masculino	01:58:19	+01:04:25	09:52
172	289	Paulo Lopes	Borregos	Senior Masculino	01:59:12	+01:05:18	09:56
173	639	João Carlos Oliveira Pinho	Panorama PT studio	Senior Masculino	01:59:51	+01:05:57	09:59
174	640	Paulo Jorge Azevedo	Panorama PT studio	Senior Masculino	01:59:58	+01:06:04	10:00
175	638	Francisco Assis Leal Oliveira Tavares	Panorama PT studio	Senior Masculino	02:00:19	+01:06:25	10:02
176	191	José Carlos Matos Fernandes	Academia JdC	Senior Masculino	02:00:29	+01:06:35	10:02
177	637	André Filipe Bastos Ferreira	Panorama PT studio	Senior Masculino	02:00:30	+01:06:35	10:03
178	878	João Prazeres	VIEIRA FIT	Senior Masculino	02:01:10	+01:07:15	10:06
179	688	André Eduardo	Pro Energy	Senior Masculino	02:01:24	+01:07:29	10:07
180	503	Fábio Roberto Ribeiro da Silva	Individual	Senior Masculino	02:01:38	+01:07:43	10:08
181	641	Ricardo Emanuel da Costa Martins	Panorama PT studio	Senior Masculino	02:02:02	+01:08:07	10:10
182	513	João Reis	Individual	Senior Masculino	02:02:02	+01:08:08	10:10
183	321	Fábio Ferreira	CrossBox Chaves	Senior Masculino	02:02:22	+01:08:28	10:12
184	325	SAMUEL VILABRIL	CrossBox Chaves	Senior Masculino	02:02:23	+01:08:28	10:12
185	324	Pedro Magalhães	CrossBox Chaves	Senior Masculino	02:02:35	+01:08:41	10:13
186	185	Eduardo Jesus Fernandes Esteves	Academia JdC	Senior Masculino	02:03:20	+01:09:25	10:17
187	192	Luís Manuel da Rocha Batista	Academia JdC	Senior Masculino	02:03:32	+01:09:38	10:18
188	455	Roberto Rodríguez Martínez	Ginásio Montalegre	Senior Masculino	02:04:19	+01:10:25	10:22
189	627	DANIEL FERREIRA	OverTheLimit	Senior Masculino	02:04:52	+01:10:58	10:24
190	816	Duarte Miguel	The Scouts	Senior Masculino	02:05:08	+01:11:13	10:26
191	632	Joel Pereira Teixeira	OverTheLimit	Senior Masculino	02:05:16	+01:11:21	10:26
192	636	Tony Pereira Teixeira	OverTheLimit	Senior Masculino	02:05:16	+01:11:21	10:26
193	456	Víctor Carnero Garcia	Ginásio Montalegre	Senior Masculino	02:05:40	+01:11:46	10:28
194	818	Rafael João	The Scouts	Senior Masculino	02:05:45	+01:11:50	10:29
195	745	Zé Rodrigues	Somos+Q6	Senior Masculino	02:05:59	+01:12:05	10:30

**Guerreiros**

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**OFFICIAL RESULT**

196	421	VÍTOR MANUEL SABINO BORGES	DIVAMARES	Senior Masculino	02:07:15	+01:13:21	10:36
197	527	Rui Manuel Bouças de Araújo	Individual	Senior Masculino	02:07:24	+01:13:29	10:37
198	827	Daniel Silva Teixeira	URBAN ACADEMY AMARES	Senior Masculino	02:07:44	+01:13:50	10:39
199	735	José Silva	Somos+Q6	Senior Masculino	02:08:21	+01:14:26	10:42
200	610	Jorge Sá	Os resistentes da TR	Senior Masculino	02:10:39	+01:16:44	10:53
201	612	Rui Pinheiro	Os resistentes da TR	Senior Masculino	02:11:00	+01:17:05	10:55
202	408	LUIS PEDRO MACEDO	DIVAMARES	Senior Masculino	02:12:15	+01:18:21	11:01
203	202	JOSÉ BONIFÁCIO	AMIGOS DAS PROVAS	Senior Masculino	02:12:49	+01:18:55	11:04
204	810	Carlos Manuel de Pinho Soares	TEAM SODIDA	Senior Masculino	02:12:49	+01:18:55	11:04
205	385	CÉSAR DA SILVA SOUSA	DIVAMARES	Senior Masculino	02:12:50	+01:18:55	11:04
206	809	Armando Manuel Amador Resende	TEAM SODIDA	Senior Masculino	02:12:50	+01:18:56	11:04
207	204	RICARDO MOUTINHO	AMIGOS DAS PROVAS	Senior Masculino	02:12:55	+01:19:01	11:05
208	415	PEDRO VELOSO	DIVAMARES	Senior Masculino	02:12:57	+01:19:03	11:05
209	397	FILIPE MOTA RODRIGUES	DIVAMARES	Senior Masculino	02:12:59	+01:19:05	11:05
210	203	PAULO CARDOSO	AMIGOS DAS PROVAS	Senior Masculino	02:13:02	+01:19:08	11:05
211	828	DIOGO GERALDO FERREIRA PINHEIRO	URBAN ACADEMY AMARES	Senior Masculino	02:13:16	+01:19:22	11:06
212	201	HENRIQUE BARROS	AMIGOS DAS PROVAS	Senior Masculino	02:13:19	+01:19:24	11:07
213	651	Miguel Fernandes	PEDRO PEREIRA TEAM	Senior Masculino	02:13:33	+01:19:38	11:08
214	653	Tiago Vieira	PEDRO PEREIRA TEAM	Senior Masculino	02:14:36	+01:20:41	11:13
215	543	Pedro Miguel Teixeira Fernandes	Limite Discreto	Senior Masculino	02:16:11	+01:22:17	11:21
216	282	Carlos Alberto	BODYSTATION TEAM	Senior Masculino	02:16:39	+01:22:45	11:23
217	283	Daniel Nunes	BODYSTATION TEAM	Senior Masculino	02:16:44	+01:22:49	11:24
218	311	Ricardo Matheus Dantas S.G. De Lima	Complex Gym	Senior Masculino	02:16:54	+01:22:59	11:25
219	284	Pedro Filipe de Almeida Correia	BODYSTATION TEAM	Senior Masculino	02:17:00	+01:23:06	11:25
220	310	Ricardo Manuel Barros Amorim	Complex Gym	Senior Masculino	02:17:03	+01:23:09	11:25
221	312	Roberto Filipe Manso Barreto	Complex Gym	Senior Masculino	02:17:04	+01:23:10	11:25
222	469	Ivo Moutinho	GTeam	Senior Masculino	02:17:10	+01:23:15	11:26
223	630	JOAO CAMPOS	OverTheLimit	Senior Masculino	02:17:18	+01:23:23	11:27
224	398	FRANCISCO DANIEL TEIXEIRA FREITAS	DIVAMARES	Senior Masculino	02:17:36	+01:23:41	11:28
225	733	Gerson Lemos	Somos+Q6	Senior Masculino	02:18:22	+01:24:28	11:32
226	831	MANUEL ANTONIO ALVES SILVA	URBAN ACADEMY AMARES	Senior Masculino	02:18:45	+01:24:51	11:34
227	716	Tiago Pereira	Sofa Kings	Senior Masculino	02:19:51	+01:25:56	11:39
228	714	Martim Costa	Sofa Kings	Senior Masculino	02:20:11	+01:26:16	11:41
229	702	Carlos Manuel Carvalhas Araujo	PT.BOX	Senior Masculino	02:20:15	+01:26:20	11:41
230	613	Joao Manuel Sucena Freitas	Os Vikings	Senior Masculino	02:20:23	+01:26:29	11:42
231	652	Rafael Oliveira	PEDRO PEREIRA TEAM	Senior Masculino	02:20:24	+01:26:29	11:42
232	703	Francisco Ribeiro Torres	PT.BOX	Senior Masculino	02:20:40	+01:26:46	11:43
233	615	Luís Araújo	Os Vikings	Senior Masculino	02:21:05	+01:27:11	11:45
234	616	Marco Araújo	Os Vikings	Senior Masculino	02:21:36	+01:27:42	11:48
235	511	Gustavo Costa	Individual	Senior Masculino	02:21:44	+01:27:50	11:49
236	412	MARTIM FERREIRA DA CUNHA	DIVAMARES	Senior Masculino	02:22:09	+01:28:14	11:51
237	153	manuel antunes matos cunha	A CIMENTEIRA DA PONTE DO PORTO	Senior Masculino	02:22:13	+01:28:18	11:51
238	152	Cesar Antunes	A CIMENTEIRA DA PONTE DO PORTO	Senior Masculino	02:22:13	+01:28:19	11:51
239	704	Luis Miguel Teixeira de Sousa	PT.BOX	Senior Masculino	02:22:14	+01:28:20	11:51

**Guerreiros**

**12 KM**



**OFFICIAL RESULT**

240	705	Pedro Jorge pimenta Martins	PT.BOX	Senior Masculino	02:22:42	+01:28:48	11:54
241	215	Pedro Filipe Pereira Gomes	Área 51 FFVDA	Senior Masculino	02:22:42	+01:28:48	11:54
242	209	André Miguel Silva Bessa	Área 51 FFVDA	Senior Masculino	02:22:43	+01:28:48	11:54
243	216	Ricardo Alberto Pereira Machado	Área 51 FFVDA	Senior Masculino	02:22:43	+01:28:49	11:54
244	210	Arlindo José Gonçalves Mendes	Área 51 FFVDA	Senior Masculino	02:22:59	+01:29:04	11:55
245	213	Francisco João Ferreira da Silva	Área 51 FFVDA	Senior Masculino	02:23:16	+01:29:22	11:56
246	742	Rui Lopes	Somos+Q6	Senior Masculino	02:23:33	+01:29:39	11:58
247	731	Bruno Carmo	Somos+Q6	Senior Masculino	02:23:33	+01:29:39	11:58
248	734	Gonçalo Machado	Somos+Q6	Senior Masculino	02:23:34	+01:29:39	11:58
249	211	Carlos Alberto Almeida Abreu	Área 51 FFVDA	Senior Masculino	02:23:35	+01:29:40	11:58
250	214	Luís Miguel Moreira Fernandes	Área 51 FFVDA	Senior Masculino	02:23:46	+01:29:51	11:59
251	519	Luís Oliveira	Individual	Senior Masculino	02:24:09	+01:30:15	12:01
252	706	Rui Jorge do Nascimento Lopes	PT.BOX	Senior Masculino	02:24:44	+01:30:50	12:04
253	514	José Diogo Teixeira	Individual	Senior Masculino	02:24:54	+01:31:00	12:05
254	363	Leonardo André Silva	CrossFit FunMove	Senior Masculino	02:25:33	+01:31:39	12:08
255	524	Pedro Carvalho	Individual	Senior Masculino	02:26:02	+01:32:08	12:10
256	526	RICARDO MANUEL RIBEIRO	Individual	Senior Masculino	02:26:21	+01:32:27	12:12
257	520	Manuel Ferreira	Individual	Senior Masculino	02:26:22	+01:32:27	12:12
258	220	décio José da cunha francisco	ARRASTÕES	Senior Masculino	02:29:41	+01:35:46	12:28
259	223	vítor gabriel leite teixeira	ARRASTÕES	Senior Masculino	02:29:45	+01:35:50	12:29
260	222	vasco emanuel leite teixeira	ARRASTÕES	Senior Masculino	02:29:45	+01:35:50	12:29
261	221	joão rafael mendes cunha	ARRASTÕES	Senior Masculino	02:29:45	+01:35:51	12:29

