

20 KM - STAGE 1

20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:30	20°C	98%
End	12:03	20°C	98%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	197	Bruno Batista	individual	Senior Masculino	01:05:55		03:18
2	399	JOAO FERREIRA	mf grupo	Senior Masculino	01:07:04	+01:08	03:21
3	481	Miguel Ângelo Arsénio	individual	Senior Masculino	01:07:23	+01:28	03:22
4	402	Ricardo Madeira	mf grupo	Veterano M35	01:07:33	+01:38	03:23
5	428	Joaquim Cerqueira	run tejo - cm socks	Senior Masculino	01:07:54	+01:58	03:24
6	2	Ricardo Figueiredo	cas	Senior Masculino	01:08:25	+02:30	03:25
7	462	Ricardo Fonseca	união fci de tomar	Senior Masculino	01:10:33	+04:37	03:32
8	461	Pedro Lopes	união fci de tomar	Senior Masculino	01:11:30	+05:34	03:35
9	466	Tiago Nuno	união fci de tomar	Veterano M35	01:11:30	+05:34	03:35
10	116	Luís Brito	cf os belenenses	Veterano M45	01:11:37	+05:41	03:35
11	167	Valter Costa	g.a.caranguejeira	Senior Masculino	01:12:11	+06:16	03:37
12	40	Artur Oliveira	associação desportiva palmeiros sintra	Veterano M45	01:12:35	+06:40	03:38
13	168	Hugo Duarte	g.a.caranguejeira	Veterano M35	01:12:37	+06:42	03:38
14	401	manuel fonseca	mf grupo	Veterano M35	01:12:53	+06:58	03:39
15	131	Luís Rufino	clube desportivo em movimento	Veterano M35	01:13:02	+07:06	03:39
16	37	Tiago Lousa	associação desportiva palmeiros sintra	Veterano M35	01:13:08	+07:12	03:39
17	400	LUIS MOLEIRO	mf grupo	Senior Masculino	01:13:12	+07:16	03:40
18	315	José Pais	individual	Veterano M45	01:13:19	+07:23	03:40
19	279	Nuno Gonçalo Santos	individual	Veterano M40	01:13:26	+07:30	03:40
20	170	Vitor Dinis	g.a.caranguejeira	Veterano M45	01:13:30	+07:34	03:41
21	190	Manuel belinha	grupo desportivo são paio de oleiros	Veterano M40	01:13:37	+07:41	03:41
22	132	Luís Cancela	clube desportivo em movimento	Veterano M45	01:13:46	+07:50	03:41
23	1	Ana Mafalda Ferreira	sporting clube de portugal	Senior Feminino	01:14:11	+08:15	03:43
24	480	PAULO SERGIO DIAS ALVES	gdctincm	Veterano M40	01:14:16	+08:20	03:43
25	173	Tiago Nascimento Tomás	g.r.f. benedita - atletismo	Senior Masculino	01:14:24	+08:29	03:43
26	263	Frederico Lázaro	individual	Veterano M40	01:14:25	+08:30	03:43
27	33	António Sousa	associação desportiva grijó a correr	Veterano M50	01:14:42	+08:46	03:44
28	427	Filipe Rebelo	run tejo - cm socks	Senior Masculino	01:14:56	+09:00	03:45
29	476	Carlos Antonio Ferreira Monteiro	vizela corre	Veterano M45	01:15:07	+09:12	03:45
30	409	David lobão Matos	ontrispports	Senior Masculino	01:15:13	+09:17	03:46
31	169	Nuno Casalinho	g.a.caranguejeira	Veterano M40	01:15:43	+09:47	03:47
32	48	Americo Pereira	associação desportiva palmeiros sintra	Veterano M55	01:15:49	+09:53	03:47
33	187	RUI ALVES	grupo desportivo são paio de oleiros	Senior Masculino	01:15:59	+10:03	03:48
34	54	Antonio Barbosa	associação vale grande	Veterano M40	01:16:44	+10:48	03:50
35	246	Pedro Miguel Lopes Pereira	individual	Veterano M35	01:16:56	+11:01	03:51
36	72	Silvio Guimarães	c.d.s.salvador do campo	Veterano M45	01:17:22	+11:26	03:52
37	308	Henrique Janota	individual	Veterano M45	01:17:41	+11:45	03:53
38	465	Marco Francisco	união fci de tomar	Veterano M35	01:17:47	+11:52	03:53
39	134	JOÃO FIGUEIREDO	conquista ginásio - cadaval	Senior Masculino	01:18:02	+12:06	03:54
40	333	Sérgio Paiva	individual	Veterano M45	01:18:03	+12:07	03:54
41	43	Alvaro Oliveira	associação desportiva palmeiros sintra	Veterano M50	01:18:04	+12:09	03:54

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	244	Pedro Filipe da Silva Poeira	individual	Veterano M35	01:18:05	+12:09	03:54
43	467	João Carlos Correia	união fci de tomar	Veterano M45	01:18:13	+12:17	03:55
44	215	Simao Silva	individual	Senior Masculino	01:18:29	+12:33	03:55
45	142	Hugo Gomes	cua benaventense	Veterano M35	01:18:29	+12:34	03:55
46	349	Luiz Mota	casa do benfica em abrantos	Veterano M50	01:18:50	+12:54	03:57
47	71	Gilberto Fernandes	c.d. os águias de alpiarça	Veterano M55	01:18:51	+12:55	03:57
48	305	Francisco carvalho	individual	Veterano M45	01:18:58	+13:02	03:57
49	79	NELSON RAFAEL	ca vale figueira	Veterano M35	01:19:03	+13:07	03:57
50	435	Carlos Freitas	run tejo - cm socks	Veterano M50	01:19:20	+13:24	03:58
51	26	Filipe Torres	associação 20kms de almeirim	Veterano M35	01:19:39	+13:43	03:59
52	166	Fábio Durão	g.a.caranguejeira	Senior Masculino	01:19:44	+13:48	03:59
53	464	Joaquim Cristiano	união fci de tomar	Veterano M35	01:19:50	+13:54	04:00
54	44	Francisco Gonsalves	associação desportiva palmeiros sintra	Veterano M50	01:19:57	+14:01	04:00
55	42	Rui Palma	associação desportiva palmeiros sintra	Veterano M45	01:20:08	+14:13	04:00
56	253	Telmo nogueira	individual	Veterano M35	01:20:24	+14:28	04:01
57	324	Nuno Ruela	individual	Veterano M45	01:20:28	+14:33	04:01
58	429	José Pedro Carvalho	run tejo - cm socks	Senior Masculino	01:20:42	+14:46	04:02
59	184	Luis Fernandes	grupo desportivo da parreira	Veterano M35	01:20:42	+14:47	04:02
60	290	Rui Teixeira	individual	Veterano M40	01:20:45	+14:50	04:02
61	94	José Durão	casa do benfica em abrantos	Veterano M55	01:21:02	+15:06	04:03
62	162	João Recto	escola de atletismo do montijo	Veterano M35	01:21:08	+15:13	04:03
63	192	Amilcar Brito	id vieirense	Veterano M35	01:21:09	+15:14	04:03
64	9	Luís Almeida	acossiação de jovens da landeira	Veterano M45	01:21:15	+15:19	04:04
65	425	Kcénia Bougrova	run tejo - cm socks	Senior Feminino	01:21:31	+15:35	04:05
66	155	Emanuel Serrazina	escola atletismo cartaxo	Veterano M40	01:21:50	+15:54	04:06
67	126	DINI BAPTISTA	clube atletismo de ovar	Veterano M45	01:21:52	+15:56	04:06
68	28	Rodrigo Galão	associação 20kms de almeirim	Veterano M35	01:22:08	+16:13	04:06
69	7	Luis Filipe Rodrigues Pratas	a.d.v.a.- associação desportiva vale de sorensen	Veterano M35	01:22:22	+16:26	04:07
70	460	Milton Santos	união fci de tomar	Senior Masculino	01:22:27	+16:32	04:07
71	149	Paulo Ferreira	desafios positivos d+	Veterano M40	01:22:29	+16:33	04:07
72	474	Paulo Renato Alves Martins	vizela corre	Veterano M35	01:22:50	+16:55	04:09
73	156	Filipe Centeno	escola atletismo cartaxo	Veterano M45	01:23:06	+17:10	04:09
74	98	Luís Neves Franco	cc ageas portugal	Veterano M40	01:23:12	+17:17	04:10
75	273	João Rodrigues	individual	Veterano M40	01:23:23	+17:27	04:10
76	38	David Karim	associação desportiva palmeiros sintra	Veterano M40	01:23:24	+17:28	04:10
77	128	Samuel Limpinho	clube de atletismo da nazaré	Senior Masculino	01:23:30	+17:34	04:11
78	475	Pedro Nuno Ferreira da Cunha	vizela corre	Veterano M40	01:23:41	+17:45	04:11
79	473	André Filipe Ribeiro Natário	vizela corre	Senior Masculino	01:23:49	+17:53	04:11
80	261	Delfim Machado	individual	Veterano M40	01:24:00	+18:04	04:12
81	117	Luís marçal	cf os belenenses	Veterano M45	01:24:02	+18:06	04:12
82	282	Paulo Pinheiro	individual	Senior Masculino	01:24:04	+18:09	04:12
83	16	joaquim alexandre	alcobela	Veterano M55	01:24:05	+18:09	04:12
84	442	Vitor Rito	running espinho	Veterano M35	01:24:07	+18:11	04:12
85	408	Ana Margarida Rosário Lourenço	nucleo desportivo e cultural de odemira	Veterana F35	01:24:07	+18:11	04:12
86	391	Gonçalo Roque	madrugas de almeirim running team	Veterano M45	01:24:10	+18:14	04:13

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
87	419	PAULO MOREIRA	pelarigo	Veterano M50	01:24:13	+18:17	04:13
88	384	Pedro Sá Pereira	madrugas de Almeirim running team	Senior Masculino	01:24:14	+18:18	04:13
89	85	JOÃO FERREIRA	ca vale figueira	Veterano M50	01:24:14	+18:19	04:13
90	30	João Mota	associação 20kms de Almeirim	Veterano M45	01:24:22	+18:26	04:13
91	327	Paulo Vieira	individual	Veterano M45	01:24:25	+18:29	04:13
92	300	Carlos Alberto Baeta	individual	Veterano M45	01:24:33	+18:37	04:14
93	245	Pedro Martins	individual	Veterano M35	01:24:36	+18:41	04:14
94	47	Nuno Silva	associação desportiva Palmeiros Sintra	Veterano M50	01:24:39	+18:44	04:14
95	107	António Elísio Gonçalves	ccdtmetrolox	Veterano M55	01:25:00	+19:04	04:15
96	158	Fernando Manuel Bruno Pelarigo	escola atletismo Cartaxo	Veterano M50	01:25:05	+19:09	04:15
97	451	Luis Ferreira	scalabis night runners	Veterano M45	01:25:06	+19:10	04:15
98	189	Bruno Couto	grupo desportivo São Paio de Oleiros	Veterano M35	01:25:11	+19:15	04:16
99	171	Luis Guarda	g.a.caranguejeira	Veterano M55	01:25:43	+19:47	04:17
100	470	Luís Rodrigo	união fci de tomar	Veterano M60	01:25:53	+19:58	04:18
101	306	Goncalo Zarco M. Rosario	individual	Veterano M45	01:25:56	+20:00	04:18
102	19	Paulo Gomes	amigos do atletismo de mafra	Veterano M50	01:26:01	+20:05	04:18
103	86	ALEXANDRE EVARISTO	ca vale figueira	Veterano M55	01:26:15	+20:19	04:19
104	256	António Lúcio	individual	Veterano M40	01:26:22	+20:26	04:19
105	329	Pedro Mendonca	individual	Veterano M45	01:26:43	+20:48	04:20
106	260	Carlos Palmeiro	individual	Veterano M40	01:26:55	+21:00	04:21
107	18	José Gonçalves	amigos do atletismo de mafra	Veterano M50	01:27:09	+21:14	04:21
108	438	Filipe Oliveira	runners da frente ribeirinha da póvoa de Santa Iria	Veterano M45	01:27:10	+21:15	04:22
109	456	Paulo Almeida	só vim pela sopa	Veterano M50	01:27:30	+21:35	04:23
110	454	Artur Boo Pinto	só vim pela sopa	Veterano M40	01:27:31	+21:35	04:23
111	172	José Silva	g.d.ronda	Veterano M50	01:27:44	+21:48	04:23
112	437	Vitor Marques	runners da frente ribeirinha da póvoa de Santa Iria	Veterano M40	01:27:49	+21:53	04:23
113	8	José Miguel Dos Santos	a.d.v.a.- associação desportiva vale de Sorensen	Veterano M50	01:27:54	+21:58	04:24
114	343	Jorge Miguel Pinheiro Gonçalves	individual	Veterano M50	01:28:03	+22:07	04:24
115	381	Joaquim Mendes Abreu Moura	individual	Veterano M65	01:28:11	+22:15	04:25
116	114	João Pedro Louro	centro cívico e cultural de Alferrarede Velha/ondalux	Veterano M40	01:28:12	+22:16	04:25
117	396	MIGUEL PEREIRA	madrugas de Almeirim running team	Veterano M50	01:28:13	+22:17	04:25
118	217	Vitor Gomes	individual	Senior Masculino	01:28:17	+22:22	04:25
119	423	Miguel Moraes	run in Assentiz	Veterano M40	01:28:18	+22:22	04:25
120	21	Manuel Matos	appacdm Santarem	Veterano M50	01:28:19	+22:23	04:25
121	337	Fernando Castela	individual	Veterano M50	01:28:19	+22:23	04:25
122	345	JORGE SIRGADO	individual	Veterano M50	01:28:30	+22:34	04:26
123	406	João Paixão	napa _ núcleo amigos perna assada	Veterano M50	01:28:33	+22:37	04:26
124	351	Paulo Monteiro	individual	Veterano M50	01:28:38	+22:42	04:26
125	119	Vitor Lopes	Chester's team	Veterano M55	01:28:39	+22:43	04:26
126	112	Luís Pauleta	centro cívico e cultural de Alferrarede Velha/ondalux	Senior Masculino	01:28:40	+22:45	04:26
127	152	Gonçalo Dias	escola atletismo Cartaxo	Veterano M35	01:28:48	+22:52	04:26
128	310	João Pedro Oliveira	individual	Veterano M45	01:28:53	+22:58	04:27

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
261	90	Vítor Amado	ca vale figueira	Veterano M65	01:42:25	+36:29	05:07
262	34	Alcides Sales	sirac	Veterano M60	01:42:36	+36:40	05:08
263	367	Emílio Paulino	individual	Veterano M60	01:42:44	+36:48	05:08
264	248	Ricardo Wenceslau	individual	Veterano M35	01:42:49	+36:54	05:08
265	443	Mario Dias	running espinho	Veterano M40	01:42:55	+36:59	05:09
266	275	Manuel Abreu	individual	Veterano M40	01:43:20	+37:24	05:10
267	82	JORGE PEPE	ca vale figueira	Veterano M45	01:43:22	+37:26	05:10
268	371	Rui Ventura	individual	Veterano M60	01:43:26	+37:30	05:10
269	221	Cláudia Torres	individual	Veterana F40	01:43:26	+37:31	05:10
270	177	Carlos Xavier	gmc	Veterano M40	01:43:31	+37:35	05:11
271	447	Carlos Gouveia	sartim	Veterano M45	01:43:42	+37:47	05:11
272	83	RUI MENDES	ca vale figueira	Veterano M45	01:43:49	+37:53	05:11
273	77	Jorge Agostinho	ca barreira	Veterano M60	01:43:54	+37:58	05:12
274	335	Carlos Soares	individual	Veterano M50	01:44:12	+38:16	05:13
275	432	Evelino Magalhães	run tejo - cm socks	Veterano M45	01:44:19	+38:23	05:13
276	284	Pedro Carrinho	individual	Veterano M40	01:44:19	+38:24	05:13
277	334	Carlos Peso	individual	Veterano M50	01:44:28	+38:32	05:13
278	160	Luís Monteiro	escola atletismo cartaxo	Veterano M50	01:44:29	+38:33	05:13
279	102	Bruno Barbosa	ccdtmetrolox	Senior Masculino	01:44:32	+38:36	05:14
280	254	Thijs Neering	individual	Veterano M35	01:44:45	+38:49	05:14
281	100	Miguel Truninger Sousa	cc ageas portugal	Veterano M45	01:44:46	+38:50	05:14
282	378	Carlos Rangel	individual	Veterano M65	01:44:48	+38:53	05:14
283	212	Ricardo Aniceto	individual	Senior Masculino	01:44:55	+39:00	05:15
284	404	Paula Romacho	napa _ núcleo amigos perna assada	Veterana F45	01:44:59	+39:03	05:15
285	4	Miguel Pacheco Ferreira	30 segundos ao km	Senior Masculino	01:45:17	+39:21	05:16
286	41	Jorge Silva	associação desportiva palmeiros sintra	Veterano M45	01:45:20	+39:25	05:16
287	10	Luís Miguel Casimiro Rodrigues	acp - atletismo clube portalegre	Veterano M45	01:45:21	+39:25	05:16
288	35	Alexandra Conceição	associação desportiva palmeiros sintra	Veterana F45	01:45:21	+39:25	05:16
289	230	Diogo Lopes	individual	Veterano M40	01:45:31	+39:35	05:17
290	265	Gonçalo Filipe Lidónio Dias	individual	Veterano M40	01:45:37	+39:41	05:17
291	393	Luis Rosa	madrugas de Almeirim running team	Veterano M45	01:45:55	+40:00	05:18
292	23	Flávio Pereira	arruda runners	Veterano M35	01:45:56	+40:00	05:18
293	188	Arlete Santos	grupo desportivo são paio de oleiros	Veterana F40	01:45:59	+40:03	05:18
294	358	Eduardo Pais Freitas	individual	Veterano M55	01:46:00	+40:04	05:18
295	209	Paulo Ramos	individual	Senior Masculino	01:46:13	+40:17	05:19
296	414	Humberto Duarte	pace.makers	Veterano M50	01:46:25	+40:30	05:19
297	204	Gonçalo Pires	individual	Senior Masculino	01:46:29	+40:34	05:19
298	84	Alberto Pascoal	ca vale figueira	Veterano M50	01:46:36	+40:40	05:20
299	478	Fabricio Dias	individual	Senior Masculino	01:46:44	+40:48	05:20
300	182	Sandra Sofia Cunha Jerónimo	grupo desportivo da parreira	Veterana F35	01:47:02	+41:06	05:21
301	250	Rui Gonçalo Lopes Pedro	individual	Veterano M35	01:47:07	+41:11	05:21
302	11	Paulo Manuel Ribeiro Rodrigues	acp - atletismo clube portalegre	Veterano M50	01:47:07	+41:12	05:21
303	229	Carlos Eduardo Leocadio Santos	individual	Veterano M35	01:47:12	+41:17	05:22
304	139	Patrícia Gordinho	correr em Évora	Veterana F40	01:47:28	+41:33	05:22

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
305	194	Joana Marques	individual	Senior Feminino	01:47:34	+41:38	05:23
306	430	Tiago Ribeiro	run tejo - cm socks	Senior Masculino	01:47:39	+41:43	05:23
307	222	Helena Sousa	individual	Veterana F40	01:48:11	+42:15	05:25
308	307	Guilherme Moreira	individual	Veterano M45	01:48:16	+42:20	05:25
309	130	Narciso Arromba	clube de veteranos de atletismo de coimbra - cluve	Veterano M65	01:48:21	+42:25	05:25
310	436	Paulo Lourenço	runners da frente ribeirinha da póvoa de santa iria	Veterano M35	01:48:32	+42:36	05:26
311	78	PEDRO ROSENDO	ca vale figueira	Senior Masculino	01:49:04	+43:08	05:27
312	104	Rui Pastor	ccdtmetrolox	Veterano M45	01:49:07	+43:11	05:27
313	356	Albino de Jesus Tavares Vicente	individual	Veterano M55	01:49:23	+43:27	05:28
314	283	Paulo Rodrigues	individual	Veterano M40	01:49:24	+43:29	05:28
315	175	Dora Cristina Santos	gmc	Veterana F40	01:49:26	+43:30	05:28
316	321	Marco Jacinto	individual	Veterano M45	01:49:27	+43:31	05:28
317	195	Mariana coelho	individual	Senior Feminino	01:49:39	+43:43	05:29
318	110	Francisco Plínio	ccdtmetrolox	Veterano M65	01:49:48	+43:52	05:29
319	122	Álvaro Góis	clac entroncamento	Veterano M45	01:50:14	+44:18	05:31
320	450	Bruno Vintém	scalabis night runners	Veterano M35	01:50:34	+44:38	05:32
321	144	Ana Marques	desafios positivos d+	Veterana F40	01:50:47	+44:51	05:32
322	420	Margarida de Sousa Anjos Martins	peniche a correr	Veterana F55	01:50:48	+44:53	05:32
323	421	Jorge Renato Rocha Paulino	peniche a correr	Veterano M55	01:50:48	+44:53	05:32
324	65	Pedro Neves	c.d. os águias de alpiarça	Senior Masculino	01:50:56	+45:01	05:33
325	5	Rui Jorge Santos	30 segundos ao km	Veterano M40	01:51:00	+45:04	05:33
326	216	Tiago Preguiça	individual	Senior Masculino	01:51:13	+45:18	05:34
327	93	Susana Lopes	caracoletas	Veterana F45	01:51:15	+45:19	05:34
328	357	Armando Cruz	individual	Veterano M55	01:51:16	+45:20	05:34
329	92	Sónia Henriques	caracoletas	Veterana F40	01:51:20	+45:25	05:34
330	325	Paulo Fernandes	individual	Veterano M45	01:51:31	+45:35	05:35
331	281	Paulo Fernandes	individual	Veterano M40	01:51:37	+45:41	05:35
332	137	Patrícia Banza	correr em Évora	Veterana F35	01:51:40	+45:44	05:35
333	298	António Manuel Lopes de Oliveira	individual	Veterano M45	01:51:49	+45:53	05:35
334	340	João Paulo Almeida	individual	Veterano M50	01:52:12	+46:16	05:37
335	342	Joaquim Manuel Santana Batista	individual	Veterano M50	01:52:37	+46:41	05:38
336	25	David Alfaiate	associação 20kms de Almeirim	Veterano M35	01:52:41	+46:46	05:38
337	361	Jorge Manuel Reis Neto	individual	Veterano M55	01:53:01	+47:05	05:39
338	120	Fernando Verissimo	Chester's team	Veterano M60	01:53:16	+47:20	05:40
339	118	Jorge Duarte	Chester's team	Veterano M45	01:53:16	+47:20	05:40
340	157	Jorge Garradas	escola atletismo Cartaxo	Veterano M45	01:53:38	+47:42	05:41
341	150	Angelina Lopes Canumbila	escola atletismo Cartaxo	Senior Feminino	01:53:39	+47:43	05:41
342	151	Suzy Silva	escola atletismo Cartaxo	Veterana F45	01:53:52	+47:57	05:42
343	449	Susana Ferreira	scalabis night runners	Veterana F40	01:53:52	+47:57	05:42
344	458	Severino Rosa	ss cgd	Veterano M65	01:54:42	+48:46	05:44
345	133	João Pedro Costa	Clube Raquel Cabaço	Veterano M45	01:55:29	+49:33	05:46
346	121	Antonio Grazina	Chester's team	Veterano M65	01:55:33	+49:37	05:47

20 KM - STAGE 1

20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
347	198	Bruno Manuel Mussa Rodrigues	individual	Senior Masculino	01:55:36	+49:40	05:47
348	207	Luís Santos	individual	Senior Masculino	01:55:36	+49:40	05:47
349	239	Jorge Gil	individual	Veterano M35	01:55:36	+49:41	05:47
350	208	Nuno Oliveira	individual	Senior Masculino	01:55:55	+49:59	05:48
351	36	Patricia Xavier	associacao desportiva palmeiros sintra	Veterana F45	01:55:57	+50:01	05:48
352	178	Nuno Silva	gmc	Veterano M45	01:56:11	+50:15	05:49
353	238	João Vieira	individual	Veterano M35	01:56:16	+50:20	05:49
354	145	Blisa Simão	desafios positivos d+	Veterana F40	01:56:25	+50:30	05:49
355	22	Dinis Rodrigues	arruda runners	Senior Masculino	01:57:01	+51:05	05:51
356	415	José Branco	pace.makers	Veterano M50	01:57:08	+51:13	05:51
357	205	João Dionísio	individual	Senior Masculino	01:57:09	+51:13	05:51
358	272	Joao Miguel Lacerda Viegas Simoes	individual	Veterano M40	01:57:09	+51:13	05:51
359	183	Raquel Oliveira	grupo desportivo da parreira	Veterana F40	01:59:36	+53:40	05:59
360	101	Fernando Jorge Matias	cc ageas portugal	Veterano M65	01:59:36	+53:41	05:59
361	12	Carlos Carreira	ade trail running	Veterano M40	01:59:37	+53:41	05:59
362	286	Ricardo Alfeirão	individual	Veterano M40	01:59:57	+54:01	06:00
363	61	Manuel Antonio	bombeiros voluntários de montemor-o-novo	Veterano M60	02:00:24	+54:29	06:01
364	96	Vanda Sequeira	cc ageas portugal	Veterana F45	02:01:22	+55:27	06:04
365	296	André Silva	individual	Veterano M45	02:01:23	+55:27	06:04
366	66	Suzana Pestana	c.d. os águias de alpiarça	Veterana F40	02:02:05	+56:09	06:06
367	211	Pedro André de Castro Fins Pereira	individual	Senior Masculino	02:02:14	+56:18	06:07
368	326	Paulo Roque	individual	Veterano M45	02:02:17	+56:21	06:07
369	223	LINA MATEUS	individual	Veterana F40	02:02:17	+56:21	06:07
370	106	Rafael Valente Santos	ccdtmetrolox	Veterano M50	02:02:18	+56:22	06:07
371	220	Catarina Fernandes	individual	Veterana F40	02:02:24	+56:28	06:07
372	164	Natália Fernandes	fidelidade gdc	Veterana F40	02:02:24	+56:29	06:07
373	180	José Ferreira	gmc	Veterano M50	02:04:21	+58:25	06:13
374	97	Ana Paula Matias	cc ageas portugal	Veterana F55	02:04:41	+58:45	06:14
375	297	António Fragoso	individual	Veterano M45	02:05:11	+59:15	06:16
376	318	Luís Isabelinha	individual	Veterano M45	02:05:21	+59:25	06:16
377	103	Leonor Ferreira	ccdtmetrolox	Veterana F45	02:05:41	+59:45	06:17
378	380	João Mariano Calado Carreiras	individual	Veterano M65	02:08:31	+01:02:35	06:26
379	398	Ângela Cristina Cruz Martins	mexa essas pernas	Veterana F40	02:09:22	+01:03:26	06:28
380	354	Rui Manuel Machado Ferreira	individual	Veterano M50	02:09:31	+01:03:35	06:29
381	395	Vasco Miguel Fortunato Carvalho	madrugas de almeirim running team	Veterano M45	02:09:57	+01:04:01	06:30
382	202	Fábio Miguel Silva Guerra	individual	Senior Masculino	02:12:29	+01:06:33	06:37
383	366	David Marques da Cruz	individual	Veterano M60	02:12:40	+01:06:45	06:38
384	108	Orlando Simão Sousa	ccdtmetrolox	Veterano M55	02:18:16	+01:12:20	06:55
385	370	MARIO PIRES	individual	Veterano M60	02:21:27	+01:15:32	07:04
386	53	JOSÉ FALCÃO	associação desportiva rio largo espinho	Veterano M65	02:21:27	+01:15:32	07:04
387	89	José Lindo	ca vale figueira	Veterano M65	02:27:16	+01:21:20	07:22
388	383	Rudi Versluis	individual	Veterano M65	02:27:31	+01:21:35	07:23
389	364	Rui Melão	individual	Veterano M55	02:32:11	+01:26:15	07:37

20 KM - STAGE 1

20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Obs

BIB	NOTE	NAME	TEAM	CAT
319	DQ	Luis jacob	Individual	Veterano M45
224	DNF	Sónia Borrego	Individual	Veterana F40
242	DNF	Pedro Cardoso	Individual	Veterano M35

20 KM

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:30	20°C	98%
End	12:03	20°C	98%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	1	Ana Mafalda Ferreira	Sporting Clube de Portugal	Senior Feminino	01:14:11	+08:15	03:43
2	425	Kcénia Bougrova	Run Tejo - CM Socks	Senior Feminino	01:21:31	+15:35	04:05
3	407	Solange Guerreiro	NDCODEMIRA	Senior Feminino	01:32:01	+26:05	04:36
4	424	Ana Filipa Rebelo	Run Tejo - CM Socks	Senior Feminino	01:32:46	+26:50	04:38
5	426	Sara Lobo	Run Tejo - CM Socks	Senior Feminino	01:33:53	+27:58	04:42
6	193	Cristiana Ribeiro Francisco	Individual	Senior Feminino	01:40:17	+34:21	05:01
7	194	Joana Marques	Individual	Senior Feminino	01:47:34	+41:38	05:23
8	195	Mariana coelho	Individual	Senior Feminino	01:49:39	+43:43	05:29
9	150	Angelina Lopes Canumbila	Escola Atletismo Cartaxo	Senior Feminino	01:53:39	+47:43	05:41

Senior Masculino

1	197	Bruno Batista	Individual	Senior Masculino	01:05:55		03:18
2	399	JOAO FERREIRA	MF GRUPO	Senior Masculino	01:07:04	+01:08	03:21
3	481	Miguel Ângelo Arsénio	Individual	Senior Masculino	01:07:23	+01:28	03:22
4	428	Joaquim Cerqueira	Run Tejo - CM Socks	Senior Masculino	01:07:54	+01:58	03:24
5	2	Ricardo Figueiredo	CAS	Senior Masculino	01:08:25	+02:30	03:25
6	462	Ricardo Fonseca	UNIÃO FCI DE TOMAR	Senior Masculino	01:10:33	+04:37	03:32
7	461	Pedro Lopes	UNIÃO FCI DE TOMAR	Senior Masculino	01:11:30	+05:34	03:35
8	167	Valter Costa	G.A.Caranguejeira	Senior Masculino	01:12:11	+06:16	03:37
9	400	LUIS MOLEIRO	MF GRUPO	Senior Masculino	01:13:12	+07:16	03:40
10	173	Tiago Nascimento Tomás	G.R.F. Benedita - Atletismo	Senior Masculino	01:14:24	+08:29	03:43
11	427	Filipe Rebelo	Run Tejo - CM Socks	Senior Masculino	01:14:56	+09:00	03:45
12	409	David Iobão Matos	ONTRISPORTS	Senior Masculino	01:15:13	+09:17	03:46
13	187	RUI ALVES	Grupo Desportivo São Paio de Oleiros	Senior Masculino	01:15:59	+10:03	03:48
14	134	JOÃO FIGUEIREDO	Conquista Ginásio - Cadaval	Senior Masculino	01:18:02	+12:06	03:54
15	215	Simão Silva	Individual	Senior Masculino	01:18:29	+12:33	03:55
16	166	Fábio Durão	G.A.Caranguejeira	Senior Masculino	01:19:44	+13:48	03:59
17	429	José Pedro Carvalho	Run Tejo - CM Socks	Senior Masculino	01:20:42	+14:46	04:02
18	460	Milton Santos	UNIÃO FCI DE TOMAR	Senior Masculino	01:22:27	+16:32	04:07
19	128	Samuel Limpinho	Clube de Atletismo da Nazaré	Senior Masculino	01:23:30	+17:34	04:11
20	473	André Filipe Ribeiro Natário	Vizela Corre	Senior Masculino	01:23:49	+17:53	04:11
21	282	Paulo Pinheiro	Individual	Senior Masculino	01:24:04	+18:09	04:12
22	384	Pedro Sá Pereira	MADRUGAS DE ALMEIRIM RUNNING TEAM	Senior Masculino	01:24:14	+18:18	04:13
23	217	Vitor Gomes	Individual	Senior Masculino	01:28:17	+22:22	04:25
24	112	Luís Pauleta	Centro cívico e cultural de Alferrarede velha/ondalux	Senior Masculino	01:28:40	+22:45	04:26

20 KM

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

25	186	Filipe luz	Grupo Desportivo São Paio de Oleiros	Senior Masculino	01:28:57	+23:01	04:27
26	206	Leonardo Amado Brito	Individual	Senior Masculino	01:29:59	+24:04	04:30
27	24	António Pedro Cavaleiro	Associação 20Kms de Almeirim	Senior Masculino	01:33:05	+27:10	04:39
28	410	Tiago Simões	ONTRISPORTS	Senior Masculino	01:33:14	+27:18	04:40
29	448	Afonso Carvalho	SCALABIS NIGHT RUNNERS	Senior Masculino	01:33:17	+27:22	04:40
30	63	Renato Velhuco	C.C.D. O ALVITEJO	Senior Masculino	01:34:43	+28:47	04:44
31	479	Nuno Maia	Individual	Senior Masculino	01:36:13	+30:17	04:49
32	441	Ricardo Pais	RUNNING ESPINHO	Senior Masculino	01:38:08	+32:12	04:54
33	196	André Mira	Individual	Senior Masculino	01:38:08	+32:13	04:54
34	385	Valter Manuel Duarte Vasconcelos	MADRUGAS DE ALMEIRIM RUNNING TEAM	Senior Masculino	01:40:09	+34:13	05:00
35	411	Ivo José Gaspar Vieira	ORTOBEST RUNNING TEAM	Senior Masculino	01:41:02	+35:06	05:03
36	102	Bruno Barbosa	CCDTMetroLX	Senior Masculino	01:44:32	+38:36	05:14
37	212	Ricardo Aniceto	Individual	Senior Masculino	01:44:55	+39:00	05:15
38	4	Miguel Pacheco Ferreira	30 SEGUNDOS AO KM	Senior Masculino	01:45:17	+39:21	05:16
39	209	Paulo Ramos	Individual	Senior Masculino	01:46:13	+40:17	05:19
40	204	Gonçalo Pires	Individual	Senior Masculino	01:46:29	+40:34	05:19
41	478	Fabricio Dias	Individual	Senior Masculino	01:46:44	+40:48	05:20
42	430	Tiago Ribeiro	Run Tejo - CM Socks	Senior Masculino	01:47:39	+41:43	05:23
43	78	PEDRO ROSENDO	CA VALE FIGUEIRA	Senior Masculino	01:49:04	+43:08	05:27
44	65	Pedro Neves	C.D. Os Águias de Alpiarça	Senior Masculino	01:50:56	+45:01	05:33
45	216	Tiago Preguiça	Individual	Senior Masculino	01:51:13	+45:18	05:34
46	198	Bruno Manuel Mussa Rodrigues	Individual	Senior Masculino	01:55:36	+49:40	05:47
47	207	Luis Santos	Individual	Senior Masculino	01:55:36	+49:40	05:47
48	208	Nuno Oliveira	Individual	Senior Masculino	01:55:55	+49:59	05:48
49	22	Dinis Rodrigues	Arruda Runners	Senior Masculino	01:57:01	+51:05	05:51
50	205	João Dionísio	Individual	Senior Masculino	01:57:09	+51:13	05:51
51	211	Pedro André de Castro Fins Pereira	Individual	Senior Masculino	02:02:14	+56:18	06:07
52	202	Fábio Miguel Silva Guerra	Individual	Senior Masculino	02:12:29	+01:06:33	06:37

Veterana F35

1	408	Ana Margarida Rosário Lourenco	Nucleo Desportivo e Cultural de Odemira	Veterana F35	01:24:07	+18:11	04:12
2	219	Joana Hipólito	Individual	Veterana F35	01:34:46	+28:50	04:44
3	218	Carla Soares	Individual	Veterana F35	01:37:15	+31:20	04:52
4	141	Madalena Fontinhas	CUA Benaventense	Veterana F35	01:41:03	+35:07	05:03
5	182	Sandra Sofia Cunha Jerónimo	Grupo Desportivo da Parreira	Veterana F35	01:47:02	+41:06	05:21
6	137	Patrícia Banza	Correr em Évora	Veterana F35	01:51:40	+45:44	05:35

Veterana F40

1	457	Paula Martins	SS CGD	Veterana F40	01:37:46	+31:50	04:53
2	221	Cláudia Torres	Individual	Veterana F40	01:43:26	+37:31	05:10
3	188	Arlete santos	Grupo Desportivo São Paio de Oleiros	Veterana F40	01:45:59	+40:03	05:18

20 KM

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

6	37	Tiago Lousa	Associação Desportiva Palmeiros Sintra	Veterano M35	01:13:08	+07:12	03:39
7	246	Pedro Miguel Lopes Pereira	Individual	Veterano M35	01:16:56	+11:01	03:51
8	465	Marco Francisco	UNIÃO FCI DE TOMAR	Veterano M35	01:17:47	+11:52	03:53
9	244	Pedro Filipe da Silva Poeira	Individual	Veterano M35	01:18:05	+12:09	03:54
10	142	Hugo Gomes	CUA Benaventense	Veterano M35	01:18:29	+12:34	03:55
11	79	NELSON RAFAEL	CA VALE FIGUEIRA	Veterano M35	01:19:03	+13:07	03:57
12	26	Filipe Torres	Associação 20Kms de Almeirim	Veterano M35	01:19:39	+13:43	03:59
13	464	Joaquim Cristiano	UNIÃO FCI DE TOMAR	Veterano M35	01:19:50	+13:54	04:00
14	253	Telmo noqueira	Individual	Veterano M35	01:20:24	+14:28	04:01
15	184	Luis Fernandes	Grupo Desportivo da Parreira	Veterano M35	01:20:42	+14:47	04:02
16	162	João Recto	escola de atletismo do Montijo	Veterano M35	01:21:08	+15:13	04:03
17	192	Amilcar Brito	ID Vieirense	Veterano M35	01:21:09	+15:14	04:03
18	28	Rodrigo Galão	Associação 20Kms de Almeirim	Veterano M35	01:22:08	+16:13	04:06
19	7	Luis Filipe Rodrigues Pratas	A.D.V.A.- Associação Desportiva Vale de Sorensen	Veterano M35	01:22:22	+16:26	04:07
20	474	Paulo Renato Alves Martins	Vizela Corre	Veterano M35	01:22:50	+16:55	04:09
21	442	Vitor Rito	RUNNING ESPINHO	Veterano M35	01:24:07	+18:11	04:12
22	245	Pedro Martins	Individual	Veterano M35	01:24:36	+18:41	04:14
23	189	Bruno Couto	Grupo Desportivo São Paio de Oleiros	Veterano M35	01:25:11	+19:15	04:16
24	152	Gonçalo Dias	Escola Atletismo Cartaxo	Veterano M35	01:28:48	+22:52	04:26
25	69	João Rafael	C.D. Os Águias de Alpiarça	Veterano M35	01:29:41	+23:45	04:29
26	154	Tiago Nogueira	Escola Atletismo Cartaxo	Veterano M35	01:29:52	+23:56	04:30
27	255	Tiago Quitério	Individual	Veterano M35	01:30:03	+24:07	04:30
28	236	João André Aranha	Individual	Veterano M35	01:30:11	+24:15	04:31
29	249	Rolando Reis	Individual	Veterano M35	01:31:04	+25:08	04:33
30	74	Cristiano Casalinho	CA Barreira	Veterano M35	01:31:16	+25:20	04:34
31	3	Alexandre Diniz	20Kms Almeirim - Trail Running	Veterano M35	01:31:43	+25:47	04:35
32	251	Rui Martins	Individual	Veterano M35	01:34:14	+28:18	04:43
33	240	Luís Almeida	Individual	Veterano M35	01:34:47	+28:51	04:44
34	67	Bruno Fidalgo	C.D. Os Águias de Alpiarça	Veterano M35	01:35:52	+29:56	04:48
35	68	Bruno Raposeira	C.D. Os Águias de Alpiarça	Veterano M35	01:36:24	+30:29	04:49
36	231	diogo santos	Individual	Veterano M35	01:36:54	+30:58	04:51
37	241	Nuno Miguel Maia da Costa	Individual	Veterano M35	01:37:05	+31:10	04:51
38	75	Rui Gaspar	CA Barreira	Veterano M35	01:38:03	+32:08	04:54
39	227	Bruno Andrade	Individual	Veterano M35	01:38:39	+32:43	04:56
40	153	Pedro Heitor	Escola Atletismo Cartaxo	Veterano M35	01:40:52	+34:56	05:03
41	147	Tiago Colaço	Desafios Positivos D+	Veterano M35	01:41:24	+35:28	05:04
42	232	Fábio Miguel	Individual	Veterano M35	01:41:32	+35:36	05:05
43	185	Pedro Gabriel Lopes Oliveira	Grupo Desportivo da Parreira	Veterano M35	01:41:34	+35:38	05:05
44	234	Gonçalo Águas	Individual	Veterano M35	01:41:43	+35:47	05:05
45	233	Francisco J C Carmo Reis	Individual	Veterano M35	01:41:52	+35:56	05:06
46	237	João Pedro Gomes	Individual	Veterano M35	01:42:17	+36:22	05:07
47	248	Ricardo Wenceslau	Individual	Veterano M35	01:42:49	+36:54	05:08
48	254	Thijs Neering	Individual	Veterano M35	01:44:45	+38:49	05:14
49	23	Flávio Pereira	Arruda Runners	Veterano M35	01:45:56	+40:00	05:18

20 KM

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OFFICIAL RESULT

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14	9	Luís Almeida	Acossiação de Jovens da Landeira	Veterano M45	01:21:15	+15:19	04:04
15	126	DINI BAPTISTA	Clube Atletismo de Ovar	Veterano M45	01:21:52	+15:56	04:06
16	156	Filipe Centeno	Escola Atletismo Cartaxo	Veterano M45	01:23:06	+17:10	04:09
17	117	Luís marçal	CF Os Belenenses	Veterano M45	01:24:02	+18:06	04:12
18	391	Gonçalo Roque	MADRUGAS DE ALMEIRIM RUNNING TEAM	Veterano M45	01:24:10	+18:14	04:13
19	30	João Mota	Associação 20Kms de Almeirim	Veterano M45	01:24:22	+18:26	04:13
20	327	Paulo Vieira	Individual	Veterano M45	01:24:25	+18:29	04:13
21	300	Carlos Alberto Baeta	Individual	Veterano M45	01:24:33	+18:37	04:14
22	451	Luis Ferreira	SCALABIS NIGHT RUNNERS	Veterano M45	01:25:06	+19:10	04:15
23	306	Goncalo Zarco M. Rosario	Individual	Veterano M45	01:25:56	+20:00	04:18
24	329	Pedro Mendonca	Individual	Veterano M45	01:26:43	+20:48	04:20
25	438	Filipe Oliveira	Runners da Frente Ribeirinha da Póvoa de Santa Iria	Veterano M45	01:27:10	+21:15	04:22
26	310	João Pedro Oliveira	Individual	Veterano M45	01:28:53	+22:58	04:27
27	434	Jorge Nunes	Run Tejo - CM Socks	Veterano M45	01:29:12	+23:17	04:28
28	181	Mário Rui Seabra	GRJA	Veterano M45	01:29:42	+23:46	04:29
29	323	Nuno Miguel Ramos de Sousa	Individual	Veterano M45	01:29:50	+23:54	04:30
30	115	Hugo Lopes	Centro cívico e cultural de Alferrarede velha/ondalux	Veterano M45	01:30:15	+24:19	04:31
31	303	Filipe borges	Individual	Veterano M45	01:30:17	+24:22	04:31
32	81	Carlos Gonçalves	CA VALE FIGUEIRA	Veterano M45	01:30:18	+24:22	04:31
33	295	Americo Pereira	Individual	Veterano M45	01:30:32	+24:36	04:32
34	302	Dinis Pedralva Joaquim	Individual	Veterano M45	01:30:51	+24:56	04:33
35	309	João Manuel Mendes Galvão	Individual	Veterano M45	01:31:22	+25:26	04:34
36	29	Carlos Jesus	Associação 20Kms de Almeirim	Veterano M45	01:31:54	+25:58	04:36
37	328	PEDRO JOGO	Individual	Veterano M45	01:32:01	+26:06	04:36
38	135	Adriano Araújo	Conquista Ginásio - Cadaval	Veterano M45	01:32:18	+26:23	04:37
39	99	João Dias Perneco	CC Ageas Portugal	Veterano M45	01:35:35	+29:40	04:47
40	316	José Ventura	Individual	Veterano M45	01:36:30	+30:35	04:50
41	17	Tiago Realista	Amigos do Atletismo de Mafra	Veterano M45	01:37:08	+31:13	04:51
42	13	paulo tomas	alcobela	Veterano M45	01:37:19	+31:23	04:52
43	433	Joaquim Amaral	Run Tejo - CM Socks	Veterano M45	01:38:54	+32:58	04:57
44	330	pedro miguel monteiro	Individual	Veterano M45	01:38:56	+33:00	04:57
45	444	José Gomes	RUNNING ESPINHO	Veterano M45	01:40:28	+34:33	05:01
46	314	José Moreira	Individual	Veterano M45	01:40:39	+34:44	05:02
47	405	Luis Mendes	Napa_ Núcleo Amigos Perna Assada	Veterano M45	01:41:01	+35:05	05:03
48	294	Afonso Eloy	Individual	Veterano M45	01:41:14	+35:18	05:04
49	322	Nuno Manuel Pires Nunes	Individual	Veterano M45	01:41:43	+35:47	05:05
50	394	Rui Neta	MADRUGAS DE ALMEIRIM RUNNING TEAM	Veterano M45	01:42:17	+36:21	05:07
51	392	HUMBERTO NEVES	MADRUGAS DE ALMEIRIM RUNNING TEAM	Veterano M45	01:42:18	+36:22	05:07
52	82	JORGE PEPE	CA VALE FIGUEIRA	Veterano M45	01:43:22	+37:26	05:10
53	447	Carlos Gouveia	SARTIM	Veterano M45	01:43:42	+37:47	05:11
54	83	RUI MENDES	CA VALE FIGUEIRA	Veterano M45	01:43:49	+37:53	05:11
55	432	Evelino Magalhães	Run Tejo - CM Socks	Veterano M45	01:44:19	+38:23	05:13

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20 KM

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OFFICIAL RESULT

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56	100	Miguel Truningger Sousa	CC Ageas Portugal	Veterano M45	01:44:46	+38:50	05:14
57	41	Jorge Silva	Associação Desportiva Palmeiros Sintra	Veterano M45	01:45:20	+39:25	05:16
58	10	Luís Miguel Casimiro Rodrigues	ACP - Atletismo Clube Portalegre	Veterano M45	01:45:21	+39:25	05:16
59	393	Luis Rosa	MADRUGAS DE ALMEIRIM RUNNING TEAM	Veterano M45	01:45:55	+40:00	05:18
60	307	Guilherme Moreira	Individual	Veterano M45	01:48:16	+42:20	05:25
61	104	Rui Pastor	CCDTMetroLX	Veterano M45	01:49:07	+43:11	05:27
62	321	Marco Jacinto	Individual	Veterano M45	01:49:27	+43:31	05:28
63	122	Álvaro Góis	CLAC Entroncamento	Veterano M45	01:50:14	+44:18	05:31
64	325	Paulo Fernandes	Individual	Veterano M45	01:51:31	+45:35	05:35
65	298	António Manuel Lopes de Oliveira	Individual	Veterano M45	01:51:49	+45:53	05:35
66	118	Jorge Duarte	Chester's Team	Veterano M45	01:53:16	+47:20	05:40
67	157	Jorge Garradas	Escola Atletismo Cartaxo	Veterano M45	01:53:38	+47:42	05:41
68	133	João Pedro Costa	Clube Raquel Cabaço	Veterano M45	01:55:29	+49:33	05:46
69	178	Nuno Silva	GMC	Veterano M45	01:56:11	+50:15	05:49
70	296	André Silva	Individual	Veterano M45	02:01:23	+55:27	06:04
71	326	Paulo Roque	Individual	Veterano M45	02:02:17	+56:21	06:07
72	297	António Fragoso	Individual	Veterano M45	02:05:11	+59:15	06:16
73	318	Luís Isabelinha	Individual	Veterano M45	02:05:21	+59:25	06:16
74	395	Vasco Miguel Fortunato Carvalho	MADRUGAS DE ALMEIRIM RUNNING TEAM	Veterano M45	02:09:57	+01:04:01	06:30

Veterano M50

1	33	António Sousa	Associação desportiva Grijó a correr	Veterano M50	01:14:42	+08:46	03:44
2	43	Alvaro Oliveira	Associação Desportiva Palmeiros Sintra	Veterano M50	01:18:04	+12:09	03:54
3	349	Luiz Mota	CASA DO BENFICA EM ABRANTES	Veterano M50	01:18:50	+12:54	03:57
4	435	Carlos Freitas	Run Tejo - CM Socks	Veterano M50	01:19:20	+13:24	03:58
5	44	Francisco Gonsalves	Associação Desportiva Palmeiros Sintra	Veterano M50	01:19:57	+14:01	04:00
6	419	PAULO MOREIRA	PELARIGO	Veterano M50	01:24:13	+18:17	04:13
7	85	JOÃO FERREIRA	CA VALE FIGUEIRA	Veterano M50	01:24:14	+18:19	04:13
8	47	Nuno Silva	Associação Desportiva Palmeiros Sintra	Veterano M50	01:24:39	+18:44	04:14
9	158	Fernando Manuel Bruno Pelarigo	Escola Atletismo Cartaxo	Veterano M50	01:25:05	+19:09	04:15
10	19	Paulo Gomes	Amigos do Atletismo de Mafra	Veterano M50	01:26:01	+20:05	04:18
11	18	José Gonçalves	Amigos do Atletismo de Mafra	Veterano M50	01:27:09	+21:14	04:21
12	456	Paulo Almeida	Só Vim pela Sopa	Veterano M50	01:27:30	+21:35	04:23
13	172	José Silva	G.D.Ronda	Veterano M50	01:27:44	+21:48	04:23
14	8	José Miguel Dos Santos	A.D.V.A.- Associação Desportiva Vale de Sorence	Veterano M50	01:27:54	+21:58	04:24
15	343	jorge miguel pinheiro goncalves	Individual	Veterano M50	01:28:03	+22:07	04:24
16	396	MIGUEL PEREIRA	MADRUGAS DE ALMEIRIM RUNNING TEAM	Veterano M50	01:28:13	+22:17	04:25
17	21	Manuel Matos	APPACDM SANTAREM	Veterano M50	01:28:19	+22:23	04:25

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20 KM

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18	337	Fernando Castela	Individual	Veterano M50	01:28:19	+22:23	04:25
19	345	JORGE SIRGADO	Individual	Veterano M50	01:28:30	+22:34	04:26
20	406	João Paixão	Napa _ Núcleo Amigos Perna Assada	Veterano M50	01:28:33	+22:37	04:26
21	351	Paulo Monteiro	Individual	Veterano M50	01:28:38	+22:42	04:26
22	352	Rui Manuel Afonso	Individual	Veterano M50	01:28:58	+23:02	04:27
23	31	César Gomes	Associação 20Kms de Almeirim	Veterano M50	01:29:13	+23:17	04:28
24	348	Luis Manuel Felicio MArques	Individual	Veterano M50	01:29:48	+23:52	04:29
25	346	José de Sá Guimas	Individual	Veterano M50	01:30:22	+24:27	04:31
26	159	Gabriel Alves	Escola Atletismo Cartaxo	Veterano M50	01:30:36	+24:40	04:32
27	70	Fernando Vital	C.D. Os Águias de Alpiarça	Veterano M50	01:30:54	+24:58	04:33
28	344	Jorge Polidoro	Individual	Veterano M50	01:34:17	+28:21	04:43
29	45	Jorge Alves	Associação Desportiva Palmeiros Sintra	Veterano M50	01:38:05	+32:09	04:54
30	417	Pedro Camões Gouveia	Pace.Makers	Veterano M50	01:38:10	+32:15	04:55
31	14	filipe branco	alcobela	Veterano M50	01:38:34	+32:38	04:56
32	95	Vitor Manuel Almeida dos Santos	Casa do Benfica em Algueirão Mem-Martins	Veterano M50	01:39:32	+33:37	04:59
33	123	António Carvalho	CLAC Entroncamento	Veterano M50	01:40:25	+34:29	05:01
34	353	Rui Manuel Conceição Sales	Individual	Veterano M50	01:40:55	+35:00	05:03
35	335	Carlos Soares	Individual	Veterano M50	01:44:12	+38:16	05:13
36	334	Carlos Peso	Individual	Veterano M50	01:44:28	+38:32	05:13
37	160	Luís Monteiro	Escola Atletismo Cartaxo	Veterano M50	01:44:29	+38:33	05:13
38	414	Humberto Duarte	Pace.Makers	Veterano M50	01:46:25	+40:30	05:19
39	84	Alberto Pascoal	CA VALE FIGUEIRA	Veterano M50	01:46:36	+40:40	05:20
40	11	Paulo Manuel Ribeiro Rodrigues	ACP - Atletismo Clube Portalegre	Veterano M50	01:47:07	+41:12	05:21
41	340	João Paulo Almeida	Individual	Veterano M50	01:52:12	+46:16	05:37
42	342	Joaquim Manuel santana Batista	Individual	Veterano M50	01:52:37	+46:41	05:38
43	415	José Branco	Pace.Makers	Veterano M50	01:57:08	+51:13	05:51
44	106	Rafael Valente Santos	CCDTMetroLX	Veterano M50	02:02:18	+56:22	06:07
45	180	José Ferreira	GMC	Veterano M50	02:04:21	+58:25	06:13
46	354	Rui Manuel Machado Ferreira	Individual	Veterano M50	02:09:31	+01:03:35	06:29

Veterano M55

1	48	Americo Pereira	Associação Desportiva Palmeiros Sintra	Veterano M55	01:15:49	+09:53	03:47
2	71	Gilberto Fernandes	C.D. Os Águias de Alpiarça	Veterano M55	01:18:51	+12:55	03:57
3	94	José Durão	CASA DO BENFICA EM ABRANTES	Veterano M55	01:21:02	+15:06	04:03
4	16	joaquim alexandre	alcobela	Veterano M55	01:24:05	+18:09	04:12
5	107	António Elísio Gonçalves	CCDTMetroLX	Veterano M55	01:25:00	+19:04	04:15
6	171	Luis Guarda	G.A.Caranguejeira	Veterano M55	01:25:43	+19:47	04:17
7	86	ALEXANDRE EVARISTO	CA VALE FIGUEIRA	Veterano M55	01:26:15	+20:19	04:19
8	119	Vitor Lopes	Chester's Team	Veterano M55	01:28:39	+22:43	04:26
9	469	Jorge Lercas	UNIÃO FCI DE TOMAR	Veterano M55	01:29:31	+23:35	04:29
10	161	Avelino Alves	Escola Atletismo Cartaxo	Veterano M55	01:31:24	+25:28	04:34
11	362	Jorge Sousa	Individual	Veterano M55	01:32:08	+26:12	04:36

20 KM

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OFFICIAL RESULT

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12	91	Aníbal Godinho	Caracol Trail Team	Veterano M55	01:32:34	+26:38	04:38
13	440	Arnaldo José Gonçalves Rolo	Runners da Frente Ribeirinha da Póvoa de Santa Iria	Veterano M55	01:33:08	+27:13	04:39
14	32	Paulo Mendes	Associação 20Kms de Almeirim	Veterano M55	01:33:53	+27:57	04:42
15	453	Pedro Carvalho	SCALABIS NIGHT RUNNERS	Veterano M55	01:36:50	+30:54	04:51
16	136	Amandio Faustino Caetano	Conquista Ginásio - Cadaval	Veterano M55	01:37:26	+31:30	04:52
17	49	Jose Duarte	Associação Desportiva Palmeiros Sintra	Veterano M55	01:40:35	+34:39	05:02
18	87	VASCO GONÇALVES	CA VALE FIGUEIRA	Veterano M55	01:41:15	+35:19	05:04
19	363	José Teodósio	Individual	Veterano M55	01:41:43	+35:48	05:05
20	358	Eduardo Pais Freitas	Individual	Veterano M55	01:46:00	+40:04	05:18
21	356	Albino de Jesus Tavares Vicente	Individual	Veterano M55	01:49:23	+43:27	05:28
22	421	Jorge Renato Rocha Paulino	Peniche a Correr	Veterano M55	01:50:48	+44:53	05:32
23	357	Armando Cruz	Individual	Veterano M55	01:51:16	+45:20	05:34
24	361	Jorge manuel Reis neto	Individual	Veterano M55	01:53:01	+47:05	05:39
25	108	Orlando Simão Sousa	CCDTMetroLX	Veterano M55	02:18:16	+01:12:20	06:55
26	364	Rui Melão	Individual	Veterano M55	02:32:11	+01:26:15	07:37

Veterano M60

1	470	Luís Rodrigo	UNIÃO FCI DE TOMAR	Veterano M60	01:25:53	+19:58	04:18
2	365	CARLOS CRUZ	Individual	Veterano M60	01:30:10	+24:14	04:31
3	373	Vivaldo Tanganho	Individual	Veterano M60	01:32:47	+26:52	04:38
4	20	Carlos Rodrigues	Amigos do Atletismo de Mafra	Veterano M60	01:38:52	+32:56	04:57
5	34	Alcides Sales	Sirac	Veterano M60	01:42:36	+36:40	05:08
6	367	Emílio Paulino	Individual	Veterano M60	01:42:44	+36:48	05:08
7	371	Rui Ventura	Individual	Veterano M60	01:43:26	+37:30	05:10
8	77	Jorge Agostinho	CA Barreira	Veterano M60	01:43:54	+37:58	05:12
9	120	Fernando Verissimo	Chester's Team	Veterano M60	01:53:16	+47:20	05:40
10	61	Manuel Antonio	Bombeiros Voluntários De Montemor-O-Novo	Veterano M60	02:00:24	+54:29	06:01
11	366	David Marques da Cruz	Individual	Veterano M60	02:12:40	+01:06:45	06:38
12	370	MARIO PIRES	Individual	Veterano M60	02:21:27	+01:15:32	07:04

Veterano M65

1	381	Joaquim Mendes Abreu Moura	Individual	Veterano M65	01:28:11	+22:15	04:25
2	111	Manuel Barros Costa	CCDTMetroLX	Veterano M65	01:33:57	+28:01	04:42
3	376	António Neto	Individual	Veterano M65	01:35:21	+29:25	04:46
4	379	Fernando Pombo	Individual	Veterano M65	01:35:37	+29:41	04:47
5	472	Manuel Martins	UNIÃO FCI DE TOMAR	Veterano M65	01:37:46	+31:50	04:53
6	62	ABILIO CATARRO	Bombeiros Voluntários De Montemor-O-Novo	Veterano M65	01:38:51	+32:55	04:57
7	374	António Batalha	Individual	Veterano M65	01:39:32	+33:36	04:59
8	50	Jaime Silva	Associação Desportiva Palmeiros Sintra	Veterano M65	01:40:21	+34:25	05:01
9	471	José Aleixo	UNIÃO FCI DE TOMAR	Veterano M65	01:40:25	+34:29	05:01

20 KM

20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

10	90	Vitor Amado	CA VALE FIGUEIRA	Veterano M65	01:42:25	+36:29	05:07
11	378	Carlos Rangel	Individual	Veterano M65	01:44:48	+38:53	05:14
12	130	Narciso Arromba	Clube de Veteranos de Atletismo de Coimbra - CLUVE	Veterano M65	01:48:21	+42:25	05:25
13	110	Francisco Plínio	CCDTMetroLX	Veterano M65	01:49:48	+43:52	05:29
14	458	Severino Rosa	SS CGD	Veterano M65	01:54:42	+48:46	05:44
15	121	Antonio Grazina	Chester's Team	Veterano M65	01:55:33	+49:37	05:47
16	101	Fernando Jorge Matias	CC Ageas Portugal	Veterano M65	01:59:36	+53:41	05:59
17	380	João Mariano Calado Carreiras	Individual	Veterano M65	02:08:31	+01:02:35	06:26
18	53	JOSÉ FALCÃO	Associação Desportiva Rio Largo Espinho	Veterano M65	02:21:27	+01:15:32	07:04
19	89	José Lindo	CA VALE FIGUEIRA	Veterano M65	02:27:16	+01:21:20	07:22
20	383	Rudi Versluis	Individual	Veterano M65	02:27:31	+01:21:35	07:23

10 KM - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:30	20°C	98%
End	11:34	20°C	98%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1138	César Soares	individual	Senior Masculino	33:49		03:23
2	1218	Vitor Oliveira	individual	Senior Masculino	33:55	+00:05	03:24
3	1189	Paulo Pereira	individual	Senior Masculino	35:24	+01:34	03:32
4	1195	Pedro Nuno dos Santos Ribeiro	individual	Senior Masculino	36:01	+02:11	03:36
5	1027	Mário Almeida	atlético clube da póvoa de varzim	Senior Masculino	36:09	+02:19	03:37
6	1193	Pedro lopes	individual	Senior Masculino	36:14	+02:24	03:37
7	1187	Nuno Silva	individual	Senior Masculino	36:37	+02:47	03:40
8	1135	Carlos Pedro	individual	Senior Masculino	37:17	+03:27	03:44
9	1008	JOÃO PEDRO SOUSA CARVALHO	a.r.c.d mendiga	Senior Masculino	37:58	+04:08	03:48
10	1024	Hugo Borges	associação desportiva palmeiros sintra	Senior Masculino	38:17	+04:27	03:50
11	1265	Pedro Saldanha	união fci de tomar	Senior Masculino	38:41	+04:52	03:52
12	1127	Bruno Nunes	individual	Senior Masculino	38:43	+04:54	03:52
13	1264	Miguel Ferreira	união fci de tomar	Senior Masculino	38:48	+04:58	03:53
14	1266	Ricardo Saldanha Ferreira	união fci de tomar	Senior Masculino	38:59	+05:10	03:54
15	1172	Luís Fernandes	individual	Senior Masculino	39:38	+05:49	03:58
16	1146	Filipe Miguel Florencio Evangelista	individual	Senior Masculino	39:41	+05:51	03:58
17	1038	Fábio Martins	c.c.d. o alvitejo	Senior Masculino	40:18	+06:28	04:02
18	1177	Manuel Mestrinho	clube raquel cabaço	Senior Masculino	40:54	+07:05	04:05
19	1176	Luís Rebelo	individual	Senior Masculino	41:14	+07:24	04:07
20	1279	José Alberto Lemos	união sport clube mira sintra	Senior Masculino	41:27	+07:37	04:09
21	1037	António Pais	c.c.d. o alvitejo	Senior Masculino	41:54	+08:05	04:11
22	1154	João Graça	individual	Senior Masculino	42:03	+08:14	04:12
23	1074	PEDRO PORFIRIO	gdrac ponterrolense	Senior Masculino	42:03	+08:14	04:12
24	1214	Tiago Andrónico	individual	Senior Masculino	42:20	+08:31	04:14
25	1185	Nuno Peixoto	individual	Senior Masculino	42:24	+08:34	04:14
26	1039	Nelson Santos	c.c.d. o alvitejo	Senior Masculino	42:41	+08:51	04:16
27	1236	DANIEL FALCÃO	pelarigo	Senior Masculino	43:00	+09:10	04:18
28	1216	Tiago Henocho	individual	Senior Masculino	43:00	+09:11	04:18
29	1252	Luis Miguel Morgado	scalabis night runners	Senior Masculino	43:01	+09:12	04:18
30	1129	Bruno Urbano	individual	Senior Masculino	43:09	+09:19	04:19
31	1072	PATRICK LIMA	gdrac ponterrolense	Senior Masculino	43:35	+09:46	04:22
32	1230	Sara Urbano	ontrisports	Senior Feminino	43:40	+09:50	04:22
33	1201	Rafael Rodrigues	individual	Senior Masculino	43:44	+09:55	04:22
34	1261	Hugo Matos	tramagal sport união	Senior Masculino	43:44	+09:55	04:22
35	1262	Pedro Narciso	tramagal sport união	Senior Masculino	43:45	+09:55	04:23
36	1069	FATIMA GARCIA	gdrac ponterrolense	Senior Feminino	43:45	+09:56	04:23
37	1067	Paulo Chainho	g.d.r. são francisco da serra	Senior Masculino	44:17	+10:27	04:26
38	1178	Márcio Dias	individual	Senior Masculino	44:27	+10:37	04:27
39	1134	Carlos Lista	individual	Senior Masculino	44:27	+10:38	04:27

10 KM - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
40	1018	LUIS MIGUEL SANTOS CUSTODIO	arcd mendiga	Senior Masculino	44:42	+10:52	04:28
41	1061	Nuno Branco	clube raquel cabaço	Senior Masculino	45:14	+11:25	04:31
42	1071	DIOGO JACINTO	gdrcl ponterrolense	Senior Masculino	45:28	+11:39	04:33
43	1147	Frederico Portásio Miranda	individual	Senior Masculino	45:45	+11:55	04:35
44	1220	PAULO SANTOS	lourdete perfumarias	Senior Masculino	45:45	+11:56	04:35
45	1198	Pedro Ricardo	individual	Senior Masculino	45:51	+12:01	04:35
46	1006	HUGO ALEXANDRE AFONSO FERREIRA	a.r.c.d mendiga	Senior Masculino	46:24	+12:34	04:38
47	1205	Ricardo Filipe Nunes Prates	individual	Senior Masculino	46:44	+12:54	04:40
48	1126	Bruno Lopes	individual	Senior Masculino	46:57	+13:08	04:42
49	1280	Elisiane Cibele Neves dos Santos	união sport clube mira sintra	Senior Feminino	46:59	+13:09	04:42
50	1085	Carla D'avo	individual	Senior Feminino	47:00	+13:10	04:42
51	1173	Luis Filipe Tavares Gomes Fidalgo	individual	Senior Masculino	47:22	+13:32	04:44
52	1231	Bruno Vieira de Campos	part-time runners	Senior Masculino	47:29	+13:39	04:45
53	1179	Márcio Lopes	individual	Senior Masculino	47:31	+13:41	04:45
54	1247	Joaquim Rafael	run tejo - cm socks	Senior Masculino	47:38	+13:48	04:46
55	1209	Rui Lopes	individual	Senior Masculino	47:42	+13:52	04:46
56	1062	Miguel Gualdino	cork trail team	Senior Masculino	47:45	+13:56	04:47
57	1148	Gonçalo Filipe Machado Marques	individual	Senior Masculino	48:00	+14:10	04:48
58	1243	Cristiana Monteiro	run tejo - cm socks	Senior Feminino	48:05	+14:16	04:49
59	1171	Josué Francisco	individual	Senior Masculino	48:08	+14:18	04:49
60	1031	CARLOS MESTRINHO	bombeiros voluntários de montemor-o-novo	Senior Masculino	48:09	+14:19	04:49
61	1060	Manuel Marchante	clube raquel cabaço	Senior Masculino	48:10	+14:20	04:49
62	1133	Carlos Jose Faria Marques	individual	Senior Masculino	48:11	+14:21	04:49
63	1227	Paulo Pascoal	maxprog	Senior Masculino	48:13	+14:23	04:49
64	1199	Pedro Rocha	individual	Senior Masculino	48:14	+14:24	04:49
65	1157	João Quitério	individual	Senior Masculino	48:18	+14:28	04:50
66	1029	Rodrigo Marques	aza - azambuja com alma	Senior Masculino	48:38	+14:48	04:52
67	1166	José Coelho de Sá Filho	individual	Senior Masculino	48:51	+15:01	04:53
68	1245	Antonio Bonett	run tejo - cm socks	Senior Masculino	49:26	+15:36	04:57
69	1073	PEDRO ANTUNES	gdrcl ponterrolense	Senior Masculino	49:26	+15:37	04:57
70	1162	Jorge Aldeias	individual	Senior Masculino	49:41	+15:51	04:58
71	1003	ANA RAQUEL LUÍS DA CONCEIÇÃO	a.r.c.d mendiga	Senior Feminino	49:48	+15:58	04:59
72	1242	Cláudia Borralho	run tejo - cm socks	Senior Feminino	49:53	+16:03	04:59
73	1122	Antonio Madeira	individual	Senior Masculino	49:58	+16:08	05:00
74	1267	Frederico Russo	a20kms-desportos de montanha	Senior Masculino	50:00	+16:10	05:00
75	1271	Vasco Galão	a20kms-desportos de montanha	Senior Masculino	50:00	+16:10	05:00
76	1053	João Paulo Luis	chester's team	Senior Masculino	50:05	+16:16	05:01
77	1155	João Justo	individual	Senior Masculino	50:41	+16:51	05:04
78	1055	Rui Oscar	chester's team	Senior Masculino	50:41	+16:51	05:04
79	1009	SÉRGIO FILIPE SANTOS AMADO	a.r.c.d mendiga	Senior Masculino	51:36	+17:46	05:10
80	1022	Elsa Oliveira	associação desportiva palmeiros sintra	Senior Feminino	52:03	+18:14	05:12

10 KM - STAGE 1

10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
81	1263	Luísa Ribeiro	união fci de tomar	Senior Feminino	52:21	+18:32	05:14
82	1012	Hélder Vieira Rodrigues	adrep	Senior Masculino	52:27	+18:37	05:15
83	1137	Carlos Vaz	individual	Senior Masculino	52:32	+18:42	05:15
84	1167	José Peixoto	individual	Senior Masculino	52:55	+19:05	05:18
85	1268	Francisco Seoane	a20kms-desportos de montanha	Senior Masculino	52:57	+19:07	05:18
86	1273	Daniel Jesus	a20kms-desportos de montanha	Senior Masculino	52:57	+19:07	05:18
87	1281	António Inácio	gdrc ponterrolense	Senior Masculino	53:17	+19:27	05:20
88	1125	Bráulio Nunes	individual	Senior Masculino	53:22	+19:32	05:20
89	1028	Rafael Marques	aza - azambuja com alma	Senior Masculino	53:25	+19:35	05:21
90	1174	Luis Miguel da Silva	individual	Senior Masculino	53:25	+19:35	05:21
91	1021	Catarina Palma	associação desportiva palmeiros sintra	Senior Feminino	53:51	+20:01	05:23
92	1170	José Vieira	individual	Senior Masculino	53:51	+20:01	05:23
93	1180	Marcolino José Pequeno Pisão Pedreiro	individual	Senior Masculino	54:01	+20:11	05:24
94	1211	Rui Manuel Almeida da Silva Tomaz	individual	Senior Masculino	54:14	+20:25	05:25
95	1149	Hugo Bruno	individual	Senior Masculino	54:18	+20:28	05:26
96	1196	Pedro Pinto	individual	Senior Masculino	54:19	+20:29	05:26
97	1253	Nélio Carvalho	scalabis night runners	Senior Masculino	54:22	+20:32	05:26
98	1251	Maria Pinto	scalabis night runners	Senior Feminino	54:22	+20:32	05:26
99	73	Ana Afonso	ca barreira	Senior Feminino	54:40	+20:51	05:28
100	1131	Carlos Alberto Marques Santos	individual	Senior Masculino	54:46	+20:57	05:29
101	1044	ANTÓNIO CAMACHO	ca vale figueira	Senior Masculino	54:58	+21:09	05:30
102	1041	CONCEIÇÃO RODRIGUES	ca vale figueira	Senior Feminino	54:58	+21:09	05:30
103	1181	Miguel Mendes	individual	Senior Masculino	55:05	+21:15	05:31
104	1254	Rodrigo Silva	scalabis night runners	Senior Masculino	55:05	+21:15	05:31
105	1088	Catarina Duarte Leitão	individual	Senior Feminino	55:09	+21:20	05:31
106	1140	Dário Pedro	individual	Senior Masculino	55:29	+21:39	05:33
107	1093	Edite Gabriela de Jesus Pereira	individual	Senior Feminino	55:36	+21:46	05:34
108	1212	Rui Marques	individual	Senior Masculino	55:58	+22:08	05:36
109	422	Vitor Aguilar	run 4 fun	Senior Masculino	56:02	+22:12	05:36
110	1023	Marla Carvalho	associação desportiva palmeiros sintra	Senior Feminino	56:10	+22:20	05:37
111	1132	Carlos Antunes	individual	Senior Masculino	56:12	+22:23	05:37
112	1217	Tiago Silvestre	individual	Senior Masculino	56:15	+22:25	05:38
113	1142	Dinis Duarte	individual	Senior Masculino	56:16	+22:26	05:38
114	1110	Nuno Leonor	individual	Senior Masculino	56:23	+22:34	05:38
115	1158	João Ribeiro	individual	Senior Masculino	56:41	+22:51	05:40
116	1194	Pedro Manuel Garcês da Silva Viana	individual	Senior Masculino	56:45	+22:55	05:41
117	1257	Rita Jorge	ss cgd	Senior Feminino	56:49	+23:00	05:41
118	1063	Ana Isabel Machado Racha	correr em Évora	Senior Feminino	56:54	+23:04	05:41
119	1084	Carla Costa	individual	Senior Feminino	56:56	+23:06	05:42
120	1107	MARGARIDA CRUZ	individual	Senior Feminino	57:00	+23:11	05:42
121	1108	Maria da Conceição dos Santos Nicolau	individual	Senior Feminino	57:17	+23:28	05:44
122	1210	Rui Magalhães	individual	Senior Masculino	57:24	+23:34	05:44

10 KM - STAGE 1**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
167	1128	Bruno Santos	individual	Senior Masculino	01:03:22	+29:33	06:20
168	1232	José Ferreira	part-time runners	Senior Masculino	01:03:26	+29:37	06:21
169	1153	João Carvalho	individual	Senior Masculino	01:03:59	+30:09	06:24
170	1241	Ana Margarida Ribeiro Frutuoso	run tejo - cm socks	Senior Feminino	01:04:09	+30:19	06:25
171	1046	JOSÉ MARQUES	ca vale figueira	Senior Masculino	01:04:31	+30:41	06:27
172	1112	Rozitta Silva	individual	Senior Feminino	01:04:39	+30:49	06:28
173	1043	SÓNIA FERNANDES	ca vale figueira	Senior Feminino	01:04:45	+30:55	06:29
174	1150	Hugo Mendes	individual	Senior Masculino	01:04:53	+31:04	06:29
175	1078	Ana Carvalho	individual	Senior Feminino	01:04:53	+31:04	06:29
176	1081	Andreia Avelino	individual	Senior Feminino	01:05:19	+31:30	06:32
177	1182	Nuno Falcao	individual	Senior Masculino	01:05:20	+31:30	06:32
178	1096	Inês Ferreira	individual	Senior Feminino	01:05:21	+31:31	06:32
179	1036	MIGUEL VARELA	bombeiros voluntários de montemor-o-novo	Senior Masculino	01:05:25	+31:35	06:33
180	1258	André Noronha	ss cgd	Senior Masculino	01:05:42	+31:52	06:34
181	1256	Cristiana Almeida	ss cgd	Senior Feminino	01:05:43	+31:53	06:34
182	1106	Magda Vieira Ribeiro	individual	Senior Feminino	01:05:46	+31:56	06:35
183	1104	Lénia Isabel Coelho Gabirro Vieira	individual	Senior Feminino	01:05:46	+31:57	06:35
184	1175	LUIS MIGUEL LARÉ BIZARRO	individual	Senior Masculino	01:05:54	+32:04	06:35
185	1186	Nuno Silva	individual	Senior Masculino	01:06:18	+32:29	06:38
186	1099	Jessica Groa	individual	Senior Feminino	01:06:20	+32:31	06:38
187	1219	ISABEL SANTOS	lourdete perfumarias	Senior Feminino	01:06:25	+32:35	06:39
188	1183	Nuno Miguel Torrado Agostinho	individual	Senior Masculino	01:07:00	+33:10	06:42
189	1025	Marco Gouveia	associacao desportiva palmeiros sintra	Senior Masculino	01:07:34	+33:44	06:45
190	1203	Raul Silva	individual	Senior Masculino	01:07:39	+33:49	06:46
191	1145	Eduardo Fernando Fuo Kee	individual	Senior Masculino	01:07:40	+33:50	06:46
192	389	Marco Madeira	madrugas de almeirim running team	Senior Masculino	01:07:40	+33:51	06:46
193	1095	Helena Isabel Palhas Ezequiel	individual	Senior Feminino	01:08:18	+34:29	06:50
194	1118	Virgínia Almeida	individual	Senior Feminino	01:08:19	+34:29	06:50
195	1089	Claudia Laranjo	individual	Senior Feminino	01:08:39	+34:49	06:52
196	1079	Ana Marta Machado	individual	Senior Feminino	01:09:27	+35:38	06:57
197	1002	Madalena Soares	30 segundos ao km	Senior Feminino	01:10:25	+36:35	07:03
198	1221	Mariana Diniz	madrugas de almeirim running team	Senior Feminino	01:12:15	+38:25	07:14
199	1066	Décio Andrade	cua benaventense	Senior Masculino	01:14:47	+40:58	07:29
200	1064	Susana Marques	cua benaventense	Senior Feminino	01:14:48	+40:58	07:29
201	1206	Ricardo Jorge Nicolau Carriche	individual	Senior Masculino	01:16:08	+42:18	07:37
202	1082	Andreia Paixão	individual	Senior Feminino	01:18:39	+44:49	07:52
203	1161	JOAQUIM DOS SANTOS CARDOSO	individual	Senior Masculino	01:18:39	+44:50	07:52
204	1277	Ana Magalhães	a20kms-desportos de montanha	Senior Feminino	01:18:44	+44:54	07:52
205	1010	Antonio Manuel dos Santos Balbi	a20kms-desportos de montanha	Senior Masculino	01:18:46	+44:56	07:53
206	1276	José Cruz	a20kms-desportos de montanha	Senior Masculino	01:18:46	+44:57	07:53
207	1270	Bruno Sampaio	a20kms-desportos de montanha	Senior Masculino	01:18:47	+44:57	07:53
208	1011	Francisco Rodrigues	a20kms-desportos de montanha	Senior Masculino	01:18:47	+44:57	07:53

10 KM - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
209	1278	Tiago Miguel Lopes	união sport clube mira sintra	Senior Masculino	01:18:49	+45:00	07:53
210	1246	Carlos Alves	run tejo - cm socks	Senior Masculino	01:19:49	+45:59	07:59
211	1164	José António Flor	individual	Senior Masculino	01:27:13	+53:24	08:43
212	1109	Maria João André Abalada	individual	Senior Feminino	01:40:00	+01:06:10	10:00
213	1260	João Correia	ss cgd	Senior Masculino	02:03:15	+01:29:25	12:20

Obs

BIB	NOTE	NAME	TEAM	CAT
1248	DNF	Paulo Arrenega	Run Tejo - CM Socks	Senior Masculino

10 KM

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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63	1245	Antonio Bonett	Run Tejo - CM Socks	Senior Masculino	49:26	+15:36	04:57
64	1073	PEDRO ANTUNES	GDRC Ponterrolense	Senior Masculino	49:26	+15:37	04:57
65	1162	Jorge Aldeias	Individual	Senior Masculino	49:41	+15:51	04:58
66	1122	Antonio Madeira	Individual	Senior Masculino	49:58	+16:08	05:00
67	1267	Frederico Russo	A20kms-Desportos de Montanha	Senior Masculino	50:00	+16:10	05:00
68	1271	Vasco Galão	A20kms-Desportos de Montanha	Senior Masculino	50:00	+16:10	05:00
69	1053	João Paulo Luís	Chester's Team	Senior Masculino	50:05	+16:16	05:01
70	1155	João Justo	Individual	Senior Masculino	50:41	+16:51	05:04
71	1055	Rui Oscar	Chester's Team	Senior Masculino	50:41	+16:51	05:04
72	1009	SÉRGIO FILIPE SANTOS AMADO	A.R.C.D MENDIGA	Senior Masculino	51:36	+17:46	05:10
73	1012	Hélder Vieira Rodrigues	ADREP	Senior Masculino	52:27	+18:37	05:15
74	1137	Carlos Vaz	Individual	Senior Masculino	52:32	+18:42	05:15
75	1167	José Peixoto	Individual	Senior Masculino	52:55	+19:05	05:18
76	1268	Francisco Seoane	A20kms-Desportos de Montanha	Senior Masculino	52:57	+19:07	05:18
77	1273	Daniel Jesus	A20kms-Desportos de Montanha	Senior Masculino	52:57	+19:07	05:18
78	1281	António Inácio	GDRC Ponterrolense	Senior Masculino	53:17	+19:27	05:20
79	1125	Bráulio Nunes	Individual	Senior Masculino	53:22	+19:32	05:20
80	1028	Rafael Marques	AZA - Azambuja com Alma	Senior Masculino	53:25	+19:35	05:21
81	1174	Luis Miguel da Silva	Individual	Senior Masculino	53:25	+19:35	05:21
82	1170	José Vieira	Individual	Senior Masculino	53:51	+20:01	05:23
83	1180	Marcolino José Pequeno Pisão Pedreiro	Individual	Senior Masculino	54:01	+20:11	05:24
84	1211	Rui Manuel Almeida da Silva Tomaz	Individual	Senior Masculino	54:14	+20:25	05:25
85	1149	Hugo Bruno	Individual	Senior Masculino	54:18	+20:28	05:26
86	1196	Pedro Pinto	Individual	Senior Masculino	54:19	+20:29	05:26
87	1253	Nélio Carvalho	SCALABIS NIGHT RUNNERS	Senior Masculino	54:22	+20:32	05:26
88	1131	Carlos Alberto Marques Santos	Individual	Senior Masculino	54:46	+20:57	05:29
89	1044	ANTÓNIO CAMACHO	CA VALE FIGUEIRA	Senior Masculino	54:58	+21:09	05:30
90	1181	Miguel Mendes	Individual	Senior Masculino	55:05	+21:15	05:31
91	1254	Rodrigo Silva	SCALABIS NIGHT RUNNERS	Senior Masculino	55:05	+21:15	05:31
92	1140	Dário Pedro	Individual	Senior Masculino	55:29	+21:39	05:33
93	1212	Rui Marques	Individual	Senior Masculino	55:58	+22:08	05:36
94	422	Vitor Aguilar	RUN 4 FUN	Senior Masculino	56:02	+22:12	05:36
95	1132	Carlos Antunes	Individual	Senior Masculino	56:12	+22:23	05:37
96	1217	Tiago Silvestre	Individual	Senior Masculino	56:15	+22:25	05:38
97	1142	Dinis Duarte	Individual	Senior Masculino	56:16	+22:26	05:38
98	1110	Nuno Leonor	Individual	Senior Masculino	56:23	+22:34	05:38
99	1158	João Ribeiro	Individual	Senior Masculino	56:41	+22:51	05:40
100	1194	Pedro Manuel Garcês da Silva Viana	Individual	Senior Masculino	56:45	+22:55	05:41
101	1210	Rui Magalhães	Individual	Senior Masculino	57:24	+23:34	05:44
102	1197	Pedro Quintino	Individual	Senior Masculino	57:43	+23:54	05:46
103	1130	Bruno Veríssimo	Individual	Senior Masculino	57:47	+23:57	05:47
104	1058	Bruno Rodrigues	Clube Raquel Cabaço	Senior Masculino	57:48	+23:58	05:47
105	1151	Ilídio de Campos	Individual	Senior Masculino	57:52	+24:02	05:47
106	258	Bruno Gerales Pereira	Individual	Senior Masculino	58:11	+24:21	05:49
107	1156	João Martins	Individual	Senior Masculino	58:41	+24:52	05:52
108	1059	Guilherme Filipe Duarte dos Santos	Clube Raquel Cabaço	Senior Masculino	59:21	+25:32	05:56

Official Timekeeper: Lap2Go	4 / 6	generate 31-Oct-2021 12:16
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10 KM

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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109	1124	António Rosa	Individual	Senior Masculino	59:31	+25:42	05:57
110	1121	André Serralheiro Pereira	Individual	Senior Masculino	59:56	+26:07	06:00
111	1007	JOÃO FILIPE PEREIRA NARCISO	A.R.C.D MENDIGA	Senior Masculino	59:58	+26:08	06:00
112	1274	Gonçalo Fortunato	A20kms-Desportos de Montanha	Senior Masculino	01:00:17	+26:28	06:02
113	1213	Telmo Pereira	Individual	Senior Masculino	01:00:25	+26:35	06:03
114	1235	CARLOS MARTINHO	PELARIGO	Senior Masculino	01:00:37	+26:48	06:04
115	1139	Daniel Fonseca	Individual	Senior Masculino	01:00:56	+27:06	06:06
116	1200	Pedro Silva	Individual	Senior Masculino	01:01:18	+27:28	06:08
117	1048	Virgílio Nascimento	CA VALE FIGUEIRA	Senior Masculino	01:01:19	+27:29	06:08
118	1020	Luís Froes	Associação 20Kms de Almeirim	Senior Masculino	01:01:28	+27:38	06:09
119	1004	DIOGO DOS SANTOS NARCISO	A.R.C.D MENDIGA	Senior Masculino	01:02:55	+29:05	06:18
120	1202	Raimundo Cabral	Individual	Senior Masculino	01:03:10	+29:21	06:19
121	1225	Paulo Pina	MADRUGAS DE ALMEIRIM RUNNING TEAM	Senior Masculino	01:03:15	+29:25	06:20
122	1223	Joaquim Tomé	MADRUGAS DE ALMEIRIM RUNNING TEAM	Senior Masculino	01:03:15	+29:25	06:20
123	1222	João Bernardo Rodrigues	MADRUGAS DE ALMEIRIM RUNNING TEAM	Senior Masculino	01:03:15	+29:25	06:20
124	1224	José Maria Pardal	MADRUGAS DE ALMEIRIM RUNNING TEAM	Senior Masculino	01:03:15	+29:25	06:20
125	1226	Ricardo Sardinheiro	MADRUGAS DE ALMEIRIM RUNNING TEAM	Senior Masculino	01:03:16	+29:26	06:20
126	1128	Bruno Santos	Individual	Senior Masculino	01:03:22	+29:33	06:20
127	1232	José Ferreira	Part-Time Runners	Senior Masculino	01:03:26	+29:37	06:21
128	1153	João Carvalho	Individual	Senior Masculino	01:03:59	+30:09	06:24
129	1046	JOSÉ MARQUES	CA VALE FIGUEIRA	Senior Masculino	01:04:31	+30:41	06:27
130	1150	Hugo Mendes	Individual	Senior Masculino	01:04:53	+31:04	06:29
131	1182	Nuno Falcao	Individual	Senior Masculino	01:05:20	+31:30	06:32
132	1036	MIGUEL VARELA	Bombeiros Voluntários De Montemor-O-Novo	Senior Masculino	01:05:25	+31:35	06:33
133	1258	André Noronha	SS CGD	Senior Masculino	01:05:42	+31:52	06:34
134	1175	LUIS MIGUEL LARÉ BIZARRO	Individual	Senior Masculino	01:05:54	+32:04	06:35
135	1186	Nuno Silva	Individual	Senior Masculino	01:06:18	+32:29	06:38
136	1183	Nuno Miguel Torrado Agostinho	Individual	Senior Masculino	01:07:00	+33:10	06:42
137	1025	Marco Gouveia	Associação Desportiva Palmeiros Sintra	Senior Masculino	01:07:34	+33:44	06:45
138	1203	Raul Silva	Individual	Senior Masculino	01:07:39	+33:49	06:46
139	1145	Eduardo Fernando Fuo Kee	Individual	Senior Masculino	01:07:40	+33:50	06:46
140	389	Marco Madeira	MADRUGAS DE ALMEIRIM RUNNING TEAM	Senior Masculino	01:07:40	+33:51	06:46
141	1066	Décio Andrade	CUA Benaventense	Senior Masculino	01:14:47	+40:58	07:29
142	1206	Ricardo Jorge Nicolau Carriche	Individual	Senior Masculino	01:16:08	+42:18	07:37
143	1161	JOAQUIM DOS SANTOS CARDOSO	Individual	Senior Masculino	01:18:39	+44:50	07:52
144	1010	Antonio Manuel dos Santos Balbi	A20kms-Desportos de Montanha	Senior Masculino	01:18:46	+44:56	07:53
145	1276	José Cruz	A20kms-Desportos de Montanha	Senior Masculino	01:18:46	+44:57	07:53
146	1270	Bruno Sampaio	A20kms-Desportos de Montanha	Senior Masculino	01:18:47	+44:57	07:53
147	1011	Francisco Rodrigues	A20kms-Desportos de Montanha	Senior Masculino	01:18:47	+44:57	07:53
148	1278	Tiago Miguel Lopes	União Sport Clube Mira Sintra	Senior Masculino	01:18:49	+45:00	07:53
149	1246	Carlos Alves	Run Tejo - CM Socks	Senior Masculino	01:19:49	+45:59	07:59

10 KM

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

150	1164	José António Flor	Individual	Senior Masculino	01:27:13	+53:24	08:43
151	1260	João Correira	SS CGD	Senior Masculino	02:03:15	+01:29:25	12:20

