

ULTRA TRILHOS - STAGE 1

50 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	248	Ana Sousa	TEAM LANTEMIL	05:56:27	+01:38:03	07:08	
44	213	Nuno Araujo	OLIMPICO VIANENSE	06:00:24	+01:42:00	07:12	
45	51	LUIS TEIXEIRA	CLUBE NOVO BANCO	06:01:01	+01:42:37	07:13	
46	88	Manuel Pinheiro	Frid�po Sem Limites	06:01:50	+01:43:26	07:14	
47	29	Jos� Fins	Braguinhas Runners	06:02:25	+01:44:01	07:15	
48	177	Jorge Mamede Abrantes	Individual	06:05:43	+01:47:19	07:19	
49	171	V�tor Coelho	Individual	06:05:47	+01:47:23	07:19	
50	253	Nuno Azevedo Silva	TEAM LANTEMIL	06:05:47	+01:47:23	07:19	
51	252	Jo�o Silva	TEAM LANTEMIL	06:05:52	+01:47:28	07:19	
52	231	Jorge Pinheiro	Ribeiras Trail	06:07:11	+01:48:47	07:21	
53	23	El�sio Gonalves	Atletismo Clube da Tocha	06:07:14	+01:48:50	07:21	
54	110	igor paiva	Individual	06:07:36	+01:49:12	07:21	
55	206	David Ferreira	O que queremos � monte	06:08:17	+01:49:53	07:22	
56	211	Ricardo Azevedo	Off-Road	06:09:02	+01:50:38	07:23	
57	102	Bruno Fernandes	Individual	06:09:04	+01:50:40	07:23	
58	276	Vitor Hugo	vimarunners	06:09:04	+01:50:40	07:23	
59	234	Bruno Bispo	Runners do Demo	06:12:54	+01:54:30	07:27	
60	258	Manuel Costa	TEAM LANTEMIL	06:13:02	+01:54:38	07:28	
61	80	V�tor Fonseca	�jali...clube de amigos trailrunners	06:13:42	+01:55:18	07:28	
62	201	Bruno Pereira	O que queremos � monte	06:13:46	+01:55:22	07:29	
63	86	Gilberto Costa	ESPINHO TRAIL	06:14:09	+01:55:45	07:29	
64	199	Fernando Almeida	NOCTURNOS DE PAREDES	06:14:16	+01:55:52	07:29	
65	75	Domingos Teixeira	EDV-VIANA TRAIL	06:14:40	+01:56:16	07:30	
66	257	Rodrigo Joaquim Oliveira Silva	TEAM LANTEMIL	06:18:50	+02:00:26	07:35	
67	209	Manuel Vaz	O que queremos � monte	06:19:08	+02:00:44	07:35	
68	31	Rui Santos	C. A. Andatrilhos Freamunde	06:19:18	+02:00:54	07:35	
69	161	Miguel Pereira	Individual	06:20:01	+02:01:37	07:36	
70	15	Miguel Oliveira	Air�o trail Team	06:21:16	+02:02:52	07:38	
71	230	Eduardo Pacheco	Ribeiras Trail	06:22:45	+02:04:21	07:39	
72	222	Filipe Fernandes	Palmeira Runners	06:23:41	+02:05:17	07:40	
73	166	PEDRO VOGA	Individual	06:23:53	+02:05:29	07:41	
74	54	Joaquim Madureira	Clube Zupper	06:24:04	+02:05:40	07:41	
75	72	Adelio Valente	Eduarda Freitas team runners	06:25:28	+02:07:04	07:43	
76	233	Armando Moreira	Ribeiras Trail	06:25:57	+02:07:33	07:43	
77	116	Miguel Silva	Individual	06:27:10	+02:08:46	07:45	
78	247	Alexandre Loureno	Taylors	06:27:32	+02:09:08	07:45	
79	115	Miguel Carvalho	Individual	06:27:32	+02:09:08	07:45	
80	207	M�rio Oliveira	O que queremos � monte	06:27:49	+02:09:25	07:45	
81	194	Ant�nio Pinto	Monte dos Amigos	06:28:39	+02:10:15	07:46	
82	148	Adriano Em�lio Ribeiro Cardoso	Individual	06:28:48	+02:10:24	07:47	
83	67	Ad�rito Silva	DIVE Into the Mountains	06:30:26	+02:12:02	07:49	
84	66	Ant�nio Almeida	DIVE Into the Mountains	06:30:26	+02:12:02	07:49	
85	70	Pedro Costa	DIVE Into the Mountains	06:30:27	+02:12:03	07:49	
86	143	Marco Pereira	Individual	06:31:26	+02:13:02	07:50	
87	104	bruno Porto	Individual	06:32:18	+02:13:54	07:51	
88	74	S�rgio Matos	EDV-VIANA TRAIL	06:33:07	+02:14:43	07:52	

ULTRA TRILHOS - STAGE 1

50 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	225	Tania Bateira	PORTOCARGO RUNNERS	06:34:39	+02:16:15	07:54	
90	68	Carlos Ribeiro	DIVE Into the Mountains	06:35:31	+02:17:07	07:55	
91	24	António Martins	Aztrail/Mercentro	06:36:03	+02:17:39	07:55	
92	27	Humberto Silva	Aztrail/Mercentro	06:36:03	+02:17:39	07:55	
93	223	Joaquim Pinheiro	Pantir	06:38:28	+02:20:04	07:58	
94	36	Miguel Quinta	CATR - Correio de Albergaria Trail Running	06:38:55	+02:20:31	07:59	
95	96	Cristiana Ferreira	Individual	06:39:51	+02:21:27	08:00	
96	220	Alexandre Costa	Paços runners	06:40:14	+02:21:50	08:00	
97	221	Alfredo Batista	Paços runners	06:40:15	+02:21:51	08:00	
98	219	Jorge Ribeiro	Paços runners	06:40:15	+02:21:51	08:00	
99	55	Paulo Neta	Clube Zupper	06:41:17	+02:22:53	08:02	
100	229	Marco Santos	Rafa Team	06:41:51	+02:23:27	08:02	
101	198	Filipe Barbosa	NOCTURNOS DE PAREDES	06:41:53	+02:23:29	08:02	
102	112	Jorge santos	Individual	06:42:19	+02:23:55	08:03	
103	48	Paulo Costa	CLAC Entroncamento	06:42:27	+02:24:03	08:03	
104	114	Luis Santos	Individual	06:43:13	+02:24:49	08:04	
105	156	José Carlos Coelho	Individual	06:43:25	+02:25:01	08:04	
106	140	Jorge Bastos	Individual	06:43:45	+02:25:21	08:04	
107	120	Nuno Nunes	Individual	06:44:31	+02:26:07	08:05	
108	185	Jorge Domingues	LEBRES MINHOTAS	06:44:32	+02:26:08	08:05	
109	10	Nelson Nunes	AfrikanRunners	06:45:55	+02:27:31	08:07	
110	11	Emanuel Martins	AfrikanRunners	06:45:55	+02:27:31	08:07	
111	107	Filipe Machado	Individual	06:47:51	+02:29:27	08:09	
112	169	Rui Pena	Individual	06:48:20	+02:29:56	08:10	
113	278	Francisco Aguiar	Viseu 360	06:50:02	+02:31:38	08:12	
114	184	RICARDO PIMENTA	ker sport trail running	06:50:12	+02:31:48	08:12	
115	141	José Ferreira Costa	Individual	06:51:00	+02:32:36	08:13	
116	85	Antonio Duarte	ESPINHO TRAIL	06:51:05	+02:32:41	08:13	
117	84	Vitor Maia	ESPINHO TRAIL	06:51:06	+02:32:42	08:13	
118	42	Fernando Remelgado	CCD - SIEMENS	06:51:38	+02:33:14	08:14	
119	205	César Lobo	O que queremos é monte	06:52:08	+02:33:44	08:15	
120	188	Joaquim lobato	Limitless	06:52:44	+02:34:20	08:15	
121	269	Fernando Carneiro	TREPADORES	06:54:01	+02:35:37	08:17	
122	126	Rui Sousa	Individual	06:54:35	+02:36:11	08:18	
123	130	Ruan Rodrigues	Individual	06:55:23	+02:36:59	08:18	
124	121	Nuno Sá	Individual	06:56:42	+02:38:18	08:20	
125	91	Bruno Monteiro	GD Leões da Guarda - Lion Runners	06:56:47	+02:38:23	08:20	
126	227	Luis Ribeiro	PORTOCARGO RUNNERS	06:56:47	+02:38:23	08:20	
127	79	Marco Dias	Éjali...clube de amigos trailrunners	06:57:51	+02:39:27	08:21	
128	81	Carlos Azevedo	Éjali...clube de amigos trailrunners	06:57:51	+02:39:27	08:21	
129	83	Patricio Afonso	Equipa A	06:58:13	+02:39:49	08:22	
130	241	Jose António Silva	RUNNING ESPINHO	07:00:12	+02:41:48	08:24	
131	138	Hernani da Silva Costa Correia	Individual	07:00:41	+02:42:17	08:25	
132	251	Bruno Ricardo Gomes Pinho	TEAM LANTEMIL	07:00:44	+02:42:20	08:25	
133	279	Mário Da Silva	WOLVES	07:02:44	+02:44:20	08:27	
134	210	Paulo Oliveira	O que queremos é monte	07:03:20	+02:44:56	08:28	

ULTRA TRILHOS - STAGE 1
50 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
135	124	Pedro Miguel Gomes Gonçalves Ferreira	Individual	07:03:35	+02:45:11	08:28	
136	65	Antonino Gonçalves	Desnível Positivo	07:04:05	+02:45:41	08:29	
137	216	Fernando Mendes	opraticante.pt	07:04:21	+02:45:57	08:29	
138	262	Rui Madureira	Team Trail Bem Viver	07:04:25	+02:46:01	08:29	
139	93	Fábio Santos	Hospital de Santa Maria - Porto	07:04:26	+02:46:02	08:29	
140	82	Filipe Escobar	Equipa A	07:04:46	+02:46:22	08:30	
141	144	Marco Rodrigues	Individual	07:05:20	+02:46:56	08:30	
142	214	Mario Gonçalves	OLIMPICO VIANENSE	07:05:41	+02:47:17	08:31	
143	97	Sara Fernandes	Arribas	07:05:59	+02:47:35	08:31	
144	123	Pedro Freitas	Arribas	07:05:59	+02:47:35	08:31	
145	119	Nuno Fontes	Arribas	07:08:13	+02:49:49	08:34	
146	224	José Leça	Pantir	07:08:23	+02:49:59	08:34	
147	187	João André Oliveira	Limitless	07:09:58	+02:51:34	08:36	
148	179	Martinho Costa	Individual	07:10:02	+02:51:38	08:36	
149	19	Miguel Antunes Santos	Arribas	07:10:32	+02:52:08	08:37	
150	113	Luis Rodrigues	Individual	07:10:40	+02:52:16	08:37	
151	61	António Campos	CTM VILA POUCA DE AGUIAR	07:11:42	+02:53:18	08:38	
152	60	Sérgio Vilela	CTM VILA POUCA DE AGUIAR	07:11:43	+02:53:19	08:38	
153	63	Filipe Pereira	Desnível Positivo	07:12:14	+02:53:50	08:39	
154	151	Francisco Pinheiro	Individual	07:12:42	+02:54:18	08:39	
155	215	Manuel Martins	opraticante.pt	07:13:40	+02:55:16	08:40	
156	246	Filipe Martinho	Super Lesmas /Óbila Ótica	07:14:38	+02:56:14	08:42	
157	226	Manuela Faria	PORTOCARGO RUNNERS	07:14:40	+02:56:16	08:42	
158	87	Andrea Cunha	Focoteam24	07:18:37	+03:00:13	08:46	
159	5	Manuel Gomes	Academia Desportiva de Arcos de Valdevez	07:18:56	+03:00:32	08:47	
160	4	José Fernandes	Academia Desportiva de Arcos de Valdevez	07:18:57	+03:00:33	08:47	
161	268	Mariana Ballester	Trail-running.pt	07:18:58	+03:00:34	08:47	
162	175	Filipe Rodrigues Gonçalves	Individual	07:19:06	+03:00:42	08:47	
163	291	João Moreira	Individual	07:19:14	+03:00:50	08:47	
164	255	Sérgio Monteiro	TEAM LANTEMIL	07:20:59	+03:02:35	08:49	
165	137	Francisco Carneiro	Individual	07:20:59	+03:02:35	08:49	
166	28	Paulo Fernandes	Barrancos FC/Biogado	07:21:27	+03:03:03	08:50	
167	139	João Paulo Castro	Individual	07:24:06	+03:05:42	08:53	
168	52	Silvério Oliveira dos Santos	Clube Pessoal Águas Gaia	07:24:32	+03:06:08	08:53	
169	20	María loureiro	Associação Desportiva de Cabroelo	07:25:00	+03:06:36	08:54	
170	203	Vitor Costa	O que queremos é monte	07:25:59	+03:07:35	08:55	
171	208	Rogerio Abreu	O que queremos é monte	07:26:00	+03:07:36	08:55	
172	186	Nuno Sendao	LETHES TRAIL TEAM	07:26:27	+03:08:03	08:56	
173	100	André Cardão	Individual	07:26:43	+03:08:19	08:56	
174	158	José Silva	Individual	07:27:17	+03:08:53	08:57	
175	159	Manuel Gomes	Individual	07:27:17	+03:08:53	08:57	
176	56	Ricardo Pimenta	CORRER LEÇA	07:28:30	+03:10:06	08:58	
177	69	Emanuel Costa	DIVE Into the Mountains	07:29:13	+03:10:49	08:59	
178	8	Alvaro Sousa	Adosa-OS Santa Apolónia	07:32:03	+03:13:39	09:02	
179	95	Ana Catarina Melo	Individual	07:32:16	+03:13:52	09:03	

ULTRA TRILHOS - STAGE 1**50 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
180	103	Bruno Lima	Individual	07:32:16	+03:13:52	09:03	
181	58	Ângelo Costa	CTM VILA POUCA DE AGUIAR	07:36:41	+03:18:17	09:08	
182	131	Maria de Fátima da Silva Lopes	Individual	07:36:59	+03:18:35	09:08	
183	165	Pedro Vidal	Individual	07:38:13	+03:19:49	09:10	
184	168	RUI OLIVEIRA	Individual	07:38:31	+03:20:07	09:10	
185	92	arnaldo marinho	GRUPO DESPORTIVO LEÕES DO VENEZA	07:38:31	+03:20:07	09:10	
186	170	Sergio freitas	Individual	07:38:32	+03:20:08	09:10	
187	39	Severina Almeida	CATR - Correio de Albergaria Trail Running	07:38:42	+03:20:18	09:10	
188	50	José Marçal	CLAC Entroncamento	07:39:16	+03:20:52	09:11	
189	26	Conceição Ferreira	Aztrail/Mercentro	07:39:34	+03:21:10	09:11	
190	243	Artur Ferreira	Runriver	07:41:35	+03:23:11	09:14	
191	242	DANIELA SOARES	Runriver	07:41:36	+03:23:12	09:14	
192	250	Bruno Moreira	TEAM LANTEMIL	07:43:10	+03:24:46	09:16	
193	132	Sylvie Duarte	Individual	07:44:44	+03:26:20	09:18	
194	192	Henrique da Silva	Melgaço Alvarinho Trail Team	07:44:58	+03:26:34	09:18	
195	202	Fernando Cunha	O que queremos é monte	07:49:07	+03:30:43	09:23	
196	129	Vitor Graça	Individual	07:49:08	+03:30:44	09:23	
197	265	José Neves	Trailistas "Eu é que sei!"	07:51:22	+03:32:58	09:26	
198	218	António Oliveira	Os Finos	07:55:29	+03:37:05	09:31	
199	47	Pedro Dias	CLAC Entroncamento	07:55:34	+03:37:10	09:31	
200	49	João Lopes	CLAC Entroncamento	07:55:36	+03:37:12	09:31	
201	146	Rodrigo Oliveira	Individual	07:56:14	+03:37:50	09:31	
202	16	Pedro Cerqueira	AIRORUN	07:58:36	+03:40:12	09:34	
203	267	PAULO VALENTE	Trailistas "Eu é que sei!"	08:03:39	+03:45:15	09:40	
204	98	susana terras	Individual	08:08:28	+03:50:04	09:46	
205	25	Tiago Silva	Aztrail/Mercentro	08:09:49	+03:51:25	09:48	
206	117	MIGUEL SILVA	Individual	08:12:16	+03:53:52	09:51	
207	90	João Oliveira	Gansos	08:14:45	+03:56:21	09:54	
208	53	Lígia Mendes	Clube Trilheiros & Amigos	08:14:46	+03:56:22	09:54	
209	196	Raquel Vasconcelos	NO TOMORROW RUNNING TEAM	08:14:55	+03:56:31	09:54	
210	197	Paulo Gomes	NO TOMORROW RUNNING TEAM	08:14:55	+03:56:31	09:54	
211	46	Filipe Carrão	CLAC Entroncamento	08:15:07	+03:56:43	09:54	
212	147	Silvio Freitas	Individual	08:16:43	+03:58:19	09:56	
213	32	Américo Gomes	CAL - Clube Atletismo de Lamas	08:18:30	+04:00:06	09:58	
214	41	Nuno Ferreira	CCD - SIEMENS	08:22:53	+04:04:29	10:03	
215	6	Carlos Carreira	ADE Trail Running	08:22:53	+04:04:29	10:03	
216	195	Dora Dias	NO TOMORROW RUNNING TEAM	08:35:58	+04:17:34	10:19	
217	33	Carlos Cardoso	CAL - Clube Atletismo de Lamas	08:35:59	+04:17:35	10:19	
218	172	ADÉLIO CRUZ E SOUSA	Individual	08:37:03	+04:18:39	10:20	
219	249	Sofia Alexandra Silva Pereira	TEAM LANTEMIL	08:37:45	+04:19:21	10:21	
220	256	Marco Filipe Silva Moreira	TEAM LANTEMIL	08:37:45	+04:19:21	10:21	
221	178	José Gaspar Pereira Fernandes	Individual	08:37:46	+04:19:22	10:21	
222	101	André Leite	Individual	08:40:16	+04:21:52	10:24	
223	157	JOSE LUIS VILLAVERDE SANISIDRO	Individual	08:43:15	+04:24:51	10:28	
224	145	Pedro Gaio	Individual	08:43:30	+04:25:06	10:28	

Ultra Trilhos**50 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	08:45	-99°C	-99%
End	18:22	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	248	Ana Sousa	TEAM LANTEMIL	Senior Feminino	05:56:27	+01:38:03	07:08
2	96	Cristiana Ferreira	Individual	Senior Feminino	06:39:50	+02:21:26	08:00
3	97	Sara Fernandes	Arribas	Senior Feminino	07:05:58	+02:47:34	08:31
4	268	Mariana Ballester	Trail-running.pt	Senior Feminino	07:18:57	+03:00:34	08:47
5	95	Ana Catarina Melo	Individual	Senior Feminino	07:32:15	+03:13:51	09:03
6	98	susana terras	Individual	Senior Feminino	08:08:28	+03:50:04	09:46
7	195	Dora Dias	NO TOMORROW RUNNING TEAM	Senior Feminino	08:35:58	+04:17:34	10:19
8	249	Sofia Alexandra Silva Pereira	TEAM LANTEMIL	Senior Feminino	08:37:44	+04:19:21	10:21

Senior Masculino

1	235	Helio Fumo	Runners do Demo	Senior Masculino	04:18:23		05:10
2	89	Bruno Coelho	Furfor Running Project	Senior Masculino	04:37:32	+19:08	05:33
3	44	Marcelo Araújo	CIDEP Fornos Lusavouga	Senior Masculino	05:07:44	+49:21	06:09
4	13	Hugo Araújo	AGUIAS DE ALVELOS	Senior Masculino	05:12:36	+54:13	06:15
5	43	Carlos Vieira	CIDEP Fornos Lusavouga	Senior Masculino	05:18:15	+59:51	06:22
6	12	Francisco Fernandes	AGUIAS DE ALVELOS	Senior Masculino	05:22:01	+01:03:38	06:26
7	106	Daniel Ribeiro	Individual	Senior Masculino	05:22:22	+01:03:58	06:27
8	108	Germano Figueira	Individual	Senior Masculino	05:24:04	+01:05:40	06:29
9	73	Diogo Torres	EDV-VIANA TRAIL	Senior Masculino	05:24:28	+01:06:05	06:29
10	217	GILBERTO DA SILVA PIMENTA	Oralklass-Amigos do Trail	Senior Masculino	05:31:52	+01:13:28	06:38
11	272	Rui Seixo	Velha Guarda	Senior Masculino	05:32:51	+01:14:27	06:39
12	212	João Narciso Gonçalves	OLIMPICO VIANENSE	Senior Masculino	05:33:37	+01:15:13	06:40
13	111	João Pedro Padilha	Individual	Senior Masculino	05:36:07	+01:17:44	06:43
14	99	Alexandre Pereira	Individual	Senior Masculino	05:40:35	+01:22:12	06:49
15	200	Adriano Ferreira	O que queremos é monte	Senior Masculino	05:47:35	+01:29:12	06:57
16	59	Marco Pinto	CTM VILA POUCA DE AGUIAR	Senior Masculino	05:48:37	+01:30:13	06:58
17	9	Sérgio Almeida	AfrikanRunners	Senior Masculino	05:52:10	+01:33:46	07:03
18	260	António maia	Team Trail Bem Viver	Senior Masculino	05:53:01	+01:34:37	07:04
19	261	Bruno Gonçalves	Team Trail Bem Viver	Senior Masculino	05:53:01	+01:34:37	07:04
20	51	LUIS TEIXEIRA	CLUBE NOVO BANCO	Senior Masculino	06:01:01	+01:42:37	07:13
21	253	Nuno Azevedo Silva	TEAM LANTEMIL	Senior Masculino	06:05:47	+01:47:23	07:19
22	252	João Silva	TEAM LANTEMIL	Senior Masculino	06:05:51	+01:47:28	07:19
23	110	igor paiva	Individual	Senior Masculino	06:07:36	+01:49:12	07:21
24	211	Ricardo Azevedo	Off-Road	Senior Masculino	06:09:01	+01:50:38	07:23
25	102	Bruno Fernandes	Individual	Senior Masculino	06:09:04	+01:50:40	07:23
26	276	Vitor Hugo	vimarunners	Senior Masculino	06:09:04	+01:50:40	07:23
27	234	Bruno Bispo	Runners do Demo	Senior Masculino	06:12:53	+01:54:29	07:27

Ultra Trilhos

50 KM

OFFICIAL RESULT

28	80	Vitor Fonseca	Éjali...clube de amigos trailrunners	Senior Masculino	06:13:42	+01:55:18	07:28
29	201	Bruno Pereira	O que queremos é monte	Senior Masculino	06:13:46	+01:55:22	07:29
30	31	Rui Santos	C. A. Andatrilhos Freamunde	Senior Masculino	06:19:18	+02:00:54	07:35
31	222	Filipe Fernandes	Palmeira Runners	Senior Masculino	06:23:41	+02:05:17	07:40
32	116	Miguel Silva	Individual	Senior Masculino	06:27:09	+02:08:46	07:45
33	115	Miguel Carvalho	Individual	Senior Masculino	06:27:32	+02:09:08	07:45
34	194	António Pinto	Monte dos Amigos	Senior Masculino	06:28:38	+02:10:15	07:46
35	66	António Almeida	DIVE Into the Mountains	Senior Masculino	06:30:26	+02:12:02	07:49
36	104	bruno Porto	Individual	Senior Masculino	06:32:17	+02:13:54	07:51
37	74	Sérgio Matos	EDV-VIANA TRAIL	Senior Masculino	06:33:07	+02:14:43	07:52
38	24	António Martins	Aztrail/Mercentro	Senior Masculino	06:36:02	+02:17:39	07:55
39	36	Miguel Quinta	CATR - Correio de Albergaria Trail Running	Senior Masculino	06:38:55	+02:20:31	07:59
40	229	Marco Santos	Rafa Team	Senior Masculino	06:41:50	+02:23:27	08:02
41	198	Filipe Barbosa	NOCTURNOS DE PAREDES	Senior Masculino	06:41:53	+02:23:29	08:02
42	112	Jorge santos	Individual	Senior Masculino	06:42:19	+02:23:55	08:03
43	114	Luis Santos	Individual	Senior Masculino	06:43:12	+02:24:48	08:04
44	120	Nuno Nunes	Individual	Senior Masculino	06:44:31	+02:26:07	08:05
45	107	Filipe Machado	Individual	Senior Masculino	06:47:50	+02:29:26	08:09
46	84	Vitor Maia	ESPINHO TRAIL	Senior Masculino	06:51:05	+02:32:41	08:13
47	269	Fernando Carneiro	TREPADORES	Senior Masculino	06:54:00	+02:35:37	08:17
48	126	Rui Sousa	Individual	Senior Masculino	06:54:34	+02:36:11	08:18
49	121	Nuno Sá	Individual	Senior Masculino	06:56:41	+02:38:17	08:20
50	91	Bruno Monteiro	GD Leões da Guarda - Lion Runners	Senior Masculino	06:56:47	+02:38:23	08:20
51	79	Marco Dias	Éjali...clube de amigos trailrunners	Senior Masculino	06:57:51	+02:39:27	08:21
52	251	Bruno Ricardo Gomes Pinho	TEAM LANTEMIL	Senior Masculino	07:00:43	+02:42:20	08:25
53	279	Mário Da Silva	WOLVES	Senior Masculino	07:02:43	+02:44:20	08:27
54	124	Pedro Miguel Gomes Gonçalves Ferreira	Individual	Senior Masculino	07:03:34	+02:45:10	08:28
55	262	Rui Madureira	Team Trail Bem Viver	Senior Masculino	07:04:25	+02:46:01	08:29
56	93	Fábio Santos	Hospital de Santa Maria - Porto	Senior Masculino	07:04:25	+02:46:02	08:29
57	123	Pedro Freitas	Arribas	Senior Masculino	07:05:58	+02:47:35	08:31
58	119	Nuno Fontes	Arribas	Senior Masculino	07:08:12	+02:49:48	08:34
59	187	João André Oliveira	Limitless	Senior Masculino	07:09:57	+02:51:34	08:36
60	113	Luis Rodrigues	Individual	Senior Masculino	07:10:40	+02:52:16	08:37
61	60	Sérgio Vilela	CTM VILA POUÇA DE AGUIAR	Senior Masculino	07:11:43	+02:53:19	08:38
62	291	João Moreira	Individual	Senior Masculino	07:19:14	+03:00:50	08:47
63	255	Sérgio Monteiro	TEAM LANTEMIL	Senior Masculino	07:20:58	+03:02:34	08:49
64	203	Vitor Costa	O que queremos é monte	Senior Masculino	07:25:58	+03:07:35	08:55
65	100	André Cardão	Individual	Senior Masculino	07:26:42	+03:08:18	08:56
66	56	Ricardo Pimenta	CORRER LEÇA	Senior Masculino	07:28:30	+03:10:06	08:58
67	103	Bruno Lima	Individual	Senior Masculino	07:32:15	+03:13:51	09:03
68	58	Ângelo Costa	CTM VILA POUÇA DE AGUIAR	Senior Masculino	07:36:41	+03:18:17	09:08
69	250	Bruno Moreira	TEAM LANTEMIL	Senior Masculino	07:43:10	+03:24:46	09:16
70	192	Henrique da Silva	Melgaço Alvarinho Trail Team	Senior Masculino	07:44:57	+03:26:34	09:18
71	202	Fernando Cunha	O que queremos é monte	Senior Masculino	07:49:07	+03:30:43	09:23

Ultra Trilhos**50 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

72	129	Vítor Graça	Individual	Senior Masculino	07:49:08	+03:30:44	09:23
73	47	Pedro Dias	CLAC Entroncamento	Senior Masculino	07:55:34	+03:37:10	09:31
74	16	Pedro Cerqueira	AIRORUN	Senior Masculino	07:58:35	+03:40:12	09:34
75	25	Tiago Silva	Aztrail/Mercentro	Senior Masculino	08:09:48	+03:51:24	09:48
76	117	MIGUEL SILVA	Individual	Senior Masculino	08:12:15	+03:53:51	09:51
77	90	João Oliveira	Gansos	Senior Masculino	08:14:44	+03:56:20	09:54
78	46	Filipe Carrão	CLAC Entroncamento	Senior Masculino	08:15:06	+03:56:43	09:54
79	41	Nuno Ferreira	CCD - SIEMENS	Senior Masculino	08:22:52	+04:04:29	10:03
80	101	André Leite	Individual	Senior Masculino	08:40:15	+04:21:52	10:24
81	280	Ricardo França	WOLVES	Senior Masculino	08:48:50	+04:30:26	10:35
82	35	Miguel Silva	Carregosa Lowlanders	Senior Masculino	09:12:09	+04:53:45	11:03
83	34	José Duarte	Carregosa Lowlanders	Senior Masculino	09:19:48	+05:01:24	11:12
84	190	Paulo Oliveira	Los Manos	Senior Masculino	09:31:04	+05:12:40	11:25

Sub 23 Masculino

1	85	Antonio Duarte	ESPINHO TRAIL	Sub 23 Masculino	06:51:05	+02:32:41	08:13
2	130	Ruan Rodrigues	Individual	Sub 23 Masculino	06:55:23	+02:36:59	08:18

Veterana F40

1	225	Tania Bateira	PORTOCARGO RUNNERS	Veterana F40	06:34:38	+02:16:15	07:54
2	87	Andrea Cunha	Focoteam24	Veterana F40	07:18:37	+03:00:13	08:46
3	39	Severina Almeida	CATR - Correio de Albergaria Trail Running	Veterana F40	07:38:42	+03:20:18	09:10
4	242	DANIELA SOARES	Runriver	Veterana F40	07:41:35	+03:23:11	09:14
5	53	Lígia Mendes	Clube Trilheiros & Amigos	Veterana F40	08:14:45	+03:56:22	09:54
6	196	Raquel Vasconcelos	NO TOMORROW RUNNING TEAM	Veterana F40	08:14:55	+03:56:31	09:54
7	38	Sara Quinta	CATR - Correio de Albergaria Trail Running	Veterana F40	08:49:18	+04:30:54	10:35
8	37	Iolanda Babo	CATR - Correio de Albergaria Trail Running	Veterana F40	08:49:18	+04:30:54	10:35
9	21	Carla Sofia Santos	Associação Running Team Trinca Orelhas de Gato	Veterana F40	09:03:36	+04:45:13	10:52

Veterana F45

1	20	Maria loureiro	Associação Desportiva de Cabroelo	Veterana F45	07:25:00	+03:06:36	08:54
2	131	Maria de Fátima da Silva Lopes	Individual	Veterana F45	07:36:58	+03:18:34	09:08
3	62	Célia Sampaio	Desnível Positivo	Veterana F45	08:52:04	+04:33:41	10:38

Veterana F50

1	226	Manuela Faria	PORTOCARGO RUNNERS	Veterana F50	07:14:40	+02:56:16	08:42
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Official Timekeeper: Lap2Go	3 / 7	generate 16-Feb-2020 18:22
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Ultra Trilhos

50 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

2	26	Conceição Ferreira	Aztrail/Mercentro	Veterana F50	07:39:33	+03:21:09	09:11
3	132	Sylvie Duarte	Individual	Veterana F50	07:44:43	+03:26:20	09:18

Veterano M40

1	14	Bruno Ribeiro	AGUIAS DE ALVELOS	Veterano M40	04:51:46	+33:22	05:50
2	17	João Paulo Lima Rodrigues	Amigos da Montanha	Veterano M40	05:05:48	+47:24	06:07
3	30	Lino Pinto	BTT Alegria // TUBANI	Veterano M40	05:08:14	+49:50	06:10
4	274	Paulo Fonseca	Velha Guarda	Veterano M40	05:08:32	+50:09	06:10
5	204	António Oliveira	O que queremos é monte	Veterano M40	05:18:59	+01:00:35	06:23
6	76	Pedro Manuel Reis Caprichoso	EDV-VIANA TRAIL	Veterano M40	05:22:01	+01:03:38	06:26
7	136	Filipe Oliveira	Individual	Veterano M40	05:31:12	+01:12:48	06:37
8	7	Luís Silva	Adosa-OS Santa Apolónia	Veterano M40	05:35:22	+01:16:59	06:42
9	134	Domingos Jorge Costa Gomes	Individual	Veterano M40	05:36:07	+01:17:43	06:43
10	237	Pedro Nuno Serra Pires	Runners do Demo	Veterano M40	05:39:06	+01:20:42	06:47
11	244	RUI PEREIRA	skandinavian.project	Veterano M40	05:41:17	+01:22:53	06:50
12	45	Nuno Faria	CIDEP Fornos Lusavouga	Veterano M40	05:41:55	+01:23:31	06:50
13	236	Luís Pedro	Runners do Demo	Veterano M40	05:48:29	+01:30:05	06:58
14	133	Bruno Rafael	Individual	Veterano M40	05:49:38	+01:31:14	07:00
15	142	Márcio Teixeira	Individual	Veterano M40	05:50:55	+01:32:31	07:01
16	64	Jorge Alves	Desnível Positivo	Veterano M40	05:56:03	+01:37:39	07:07
17	213	Nuno Araujo	OLIMPICO VIANENSE	Veterano M40	06:00:23	+01:42:00	07:12
18	231	Jorge Pinheiro	Ribeiras Trail	Veterano M40	06:07:11	+01:48:47	07:21
19	206	David Ferreira	O que queremos é monte	Veterano M40	06:08:17	+01:49:53	07:22
20	86	Gilberto Costa	ESPINHO TRAIL	Veterano M40	06:14:08	+01:55:44	07:29
21	199	Fernando Almeida	NOCTURNOS DE PAREDES	Veterano M40	06:14:15	+01:55:51	07:29
22	75	Domingos Teixeira	EDV-VIANA TRAIL	Veterano M40	06:14:39	+01:56:15	07:30
23	257	Rodrigo Joaquim Oliveira Silva	TEAM LANTEMIL	Veterano M40	06:18:49	+02:00:25	07:35
24	15	Miguel Oliveira	Airão trail Team	Veterano M40	06:21:15	+02:02:52	07:38
25	230	Eduardo Pacheco	Ribeiras Trail	Veterano M40	06:22:44	+02:04:20	07:39
26	72	Adelio Valente	Eduarda Freitas team runners	Veterano M40	06:25:28	+02:07:04	07:43
27	247	Alexandre Lourenço	Taylors	Veterano M40	06:27:31	+02:09:08	07:45
28	67	Adérito Silva	Dive Into the Mountains	Veterano M40	06:30:25	+02:12:02	07:49
29	70	Pedro Costa	Dive Into the Mountains	Veterano M40	06:30:26	+02:12:02	07:49
30	143	Marco Pereira	Individual	Veterano M40	06:31:25	+02:13:01	07:50
31	68	Carlos Ribeiro	Dive Into the Mountains	Veterano M40	06:35:31	+02:17:07	07:55
32	27	Humberto Silva	Aztrail/Mercentro	Veterano M40	06:36:03	+02:17:39	07:55
33	48	Paulo Costa	CLAC Entroncamento	Veterano M40	06:42:27	+02:24:03	08:03
34	140	Jorge Bastos	Individual	Veterano M40	06:43:44	+02:25:20	08:04
35	10	Nelson Nunes	AfrikanRunners	Veterano M40	06:45:54	+02:27:31	08:07
36	141	José Ferreira Costa	Individual	Veterano M40	06:51:00	+02:32:36	08:13
37	42	Fernando Remelgado	CCD - SIEMENS	Veterano M40	06:51:37	+02:33:14	08:14
38	205	César Lobo	O que queremos é monte	Veterano M40	06:52:07	+02:33:43	08:15
39	81	Carlos Azevedo	Éjali...clube de amigos trailrunners	Veterano M40	06:57:51	+02:39:27	08:21
40	241	Jose António Silva	RUNNING ESPINHO	Veterano M40	07:00:12	+02:41:48	08:24
41	138	Hernani da Silva Costa Correia	Individual	Veterano M40	07:00:41	+02:42:17	08:25

Ultra Trilhos
50 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

42	82	Filipe Escobar	Equipa A	Veterano M40	07:04:46	+02:46:22	08:30
43	144	Marco Rodrigues	Individual	Veterano M40	07:05:20	+02:46:56	08:30
44	63	Filipe Pereira	Desnível Positivo	Veterano M40	07:12:13	+02:53:50	08:39
45	215	Manuel Martins	opraticante.pt	Veterano M40	07:13:39	+02:55:16	08:40
46	5	Manuel Gomes	Academia Desportiva de Arcos de Valdevez	Veterano M40	07:18:56	+03:00:32	08:47
47	4	José Fernandes	Academia Desportiva de Arcos de Valdevez	Veterano M40	07:18:56	+03:00:32	08:47
48	137	Francisco Carneiro	Individual	Veterano M40	07:20:58	+03:02:35	08:49
49	139	João Paulo Castro	Individual	Veterano M40	07:24:05	+03:05:41	08:53
50	186	Nuno Sendao	LETHES TRAIL TEAM	Veterano M40	07:26:27	+03:08:03	08:56
51	69	Emanuel Costa	DIVE Into the Mountains	Veterano M40	07:29:13	+03:10:49	08:59
52	243	Artur Ferreira	Runriver	Veterano M40	07:41:35	+03:23:11	09:14
53	146	Rodrigo Oliveira	Individual	Veterano M40	07:56:14	+03:37:50	09:31
54	147	Silvio Freitas	Individual	Veterano M40	08:16:43	+03:58:19	09:56
55	6	Carlos Carreira	ADE Trail Running	Veterano M40	08:22:53	+04:04:29	10:03
56	256	Marco Filipe Silva Moreira	TEAM LANTEMIL	Veterano M40	08:37:45	+04:19:21	10:21
57	145	Pedro Gaio	Individual	Veterano M40	08:43:30	+04:25:06	10:28
58	40	Bruno Moreira	CATR - Correio de Albergaria Trail Running	Veterano M40	08:48:59	+04:30:35	10:35
59	264	Artur Costa	Tesco Team Running	Veterano M40	08:52:19	+04:33:55	10:39
60	22	Henrique Bruno Santos 04	Associação Running Team Trinca Orelhas de Gato	Veterano M40	09:03:36	+04:45:13	10:52

Veterano M45

1	275	Gabriel Fagundes Meira	Velha Guarda	Veterano M45	05:15:22	+56:58	06:18
2	270	Castor Salgado	Trogloditas runners	Veterano M45	05:23:52	+01:05:28	06:29
3	239	Nuno Miranda	Runners do Demo	Veterano M45	05:39:06	+01:20:43	06:47
4	152	Frank Fritsche	Individual	Veterano M45	05:43:06	+01:24:43	06:52
5	150	FILIFE FERREIRA	Individual	Veterano M45	05:49:26	+01:31:02	06:59
6	171	Vítor Coelho	Individual	Veterano M45	06:05:46	+01:47:23	07:19
7	23	Elísio Gonçalves	Atletismo Clube da Tocha	Veterano M45	06:07:13	+01:48:50	07:21
8	161	Miguel Pereira	Individual	Veterano M45	06:20:01	+02:01:37	07:36
9	166	PEDRO VOGA	Individual	Veterano M45	06:23:53	+02:05:29	07:41
10	54	Joaquim Madureira	Clube Zupper	Veterano M45	06:24:03	+02:05:40	07:41
11	233	Armando Moreira	Ribeiras Trail	Veterano M45	06:25:57	+02:07:33	07:43
12	207	Mário Oliveira	O que queremos é monte	Veterano M45	06:27:48	+02:09:24	07:45
13	148	Adriano Emílio Ribeiro Cardoso	Individual	Veterano M45	06:28:47	+02:10:24	07:47
14	219	Jorge Ribeiro	Paços runners	Veterano M45	06:40:15	+02:21:51	08:00
15	55	Paulo Neta	Clube Zupper	Veterano M45	06:41:17	+02:22:53	08:02
16	156	José Carlos Coelho	Individual	Veterano M45	06:43:24	+02:25:01	08:04
17	185	Jorge Domingues	LEBRES MINHOTAS	Veterano M45	06:44:32	+02:26:08	08:05
18	11	Emanuel Martins	AfrikanRunners	Veterano M45	06:45:55	+02:27:31	08:07
19	169	Rui Pena	Individual	Veterano M45	06:48:19	+02:29:56	08:10
20	184	RICARDO PIMENTA	ker sport trail running	Veterano M45	06:50:11	+02:31:47	08:12
21	227	Luis Ribeiro	PORTOCARGO RUNNERS	Veterano M45	06:56:47	+02:38:23	08:20

Ultra Trilhos

50 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

22	83	Patricio Afonso	Equipa A	Veterano M45	06:58:12	+02:39:48	08:22
23	216	Fernando Mendes	opraticante.pt	Veterano M45	07:04:21	+02:45:57	08:29
24	61	António Campos	CTM VILA POUCA DE AGUIAR	Veterano M45	07:11:41	+02:53:17	08:38
25	151	Francisco Pinheiro	Individual	Veterano M45	07:12:41	+02:54:18	08:39
26	246	Filipe Martinho	Super Lesmas /Óbila Ótica	Veterano M45	07:14:38	+02:56:14	08:42
27	28	Paulo Fernandes	Barrancos FC/Biogado	Veterano M45	07:21:27	+03:03:03	08:50
28	52	Silvério Oliveira dos Santos	Clube Pessoal Águas Gaia	Veterano M45	07:24:31	+03:06:08	08:53
29	208	Rogério Abreu	O que queremos é monte	Veterano M45	07:25:59	+03:07:36	08:55
30	158	José Silva	Individual	Veterano M45	07:27:16	+03:08:52	08:57
31	159	Manuel Gomes	Individual	Veterano M45	07:27:17	+03:08:53	08:57
32	165	Pedro Vidal	Individual	Veterano M45	07:38:13	+03:19:49	09:10
33	168	RUI OLIVEIRA	Individual	Veterano M45	07:38:31	+03:20:07	09:10
34	170	Sergio freitas	Individual	Veterano M45	07:38:32	+03:20:08	09:10
35	265	José Neves	Trailistas "Eu é que sei!"	Veterano M45	07:51:22	+03:32:58	09:26
36	218	António Oliveira	Os Finos	Veterano M45	07:55:29	+03:37:05	09:31
37	49	João Lopes	CLAC Entroncamento	Veterano M45	07:55:35	+03:37:11	09:31
38	197	Paulo Gomes	NO TOMORROW RUNNING TEAM	Veterano M45	08:14:55	+03:56:31	09:54
39	32	Américo Gomes	CAL - Clube Atletismo de Lamas	Veterano M45	08:18:30	+04:00:06	09:58
40	33	Carlos Cardoso	CAL - Clube Atletismo de Lamas	Veterano M45	08:35:58	+04:17:35	10:19
41	157	JOSE LUIS VILLAVERDE SANISIDRO	Individual	Veterano M45	08:43:15	+04:24:51	10:28
42	153	Jorge Cruz	Individual	Veterano M45	08:43:30	+04:25:06	10:28
43	162	nelson santiago	Individual	Veterano M45	08:48:57	+04:30:34	10:35
44	164	Pedro Barbosa	Individual	Veterano M45	08:52:05	+04:33:41	10:39
45	149	Álvaro Nunes	Individual	Veterano M45	09:31:06	+05:12:42	11:25

Veterano M50

1	174	Diogo Carvalho	Individual	Veterano M50	05:20:03	+01:01:39	06:24
2	228	Narciso Machado	ProFisio eupago Team	Veterano M50	05:48:35	+01:30:11	06:58
3	88	Manuel Pinheiro	Fridãpo Sem Limites	Veterano M50	06:01:49	+01:43:26	07:14
4	29	José Fins	Braguinhas Runners	Veterano M50	06:02:24	+01:44:01	07:15
5	177	Jorge Mamede Abrantes	Individual	Veterano M50	06:05:42	+01:47:19	07:19
6	258	Manuel Costa	TEAM LANTEMIL	Veterano M50	06:13:02	+01:54:38	07:28
7	209	Manuel Vaz	O que queremos é monte	Veterano M50	06:19:08	+02:00:44	07:35
8	223	Joaquim Pinheiro	Pantir	Veterano M50	06:38:27	+02:20:03	07:58
9	220	Alexandre Costa	Paços runners	Veterano M50	06:40:14	+02:21:50	08:00
10	221	Alfredo Batista	Paços runners	Veterano M50	06:40:15	+02:21:51	08:00
11	188	Joaquim lobato	Limitless	Veterano M50	06:52:43	+02:34:19	08:15
12	210	Paulo Oliveira	O que queremos é monte	Veterano M50	07:03:20	+02:44:56	08:28
13	65	Antonino Gonçalves	Desnível Positivo	Veterano M50	07:04:05	+02:45:41	08:29
14	214	Mario Gonçalves	OLIMPICO VIANENSE	Veterano M50	07:05:40	+02:47:17	08:31
15	179	Martinho Costa	Individual	Veterano M50	07:10:02	+02:51:38	08:36
16	19	Miguel Antunes Santos	Arribas	Veterano M50	07:10:31	+02:52:07	08:37
17	175	Filipe Rodrigues Gonçalves	Individual	Veterano M50	07:19:05	+03:00:42	08:47
18	8	Alvaro Sousa	Adosa-OS Santa Apolónia	Veterano M50	07:32:02	+03:13:38	09:02

Ultra Trilhos**50 KM**LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION**OFFICIAL RESULT**LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

19	172	ADÉLIO CRUZ E SOUSA	Individual	Veterano M50	08:37:02	+04:18:38	10:20
20	178	José Gaspar Pereira Fernandes	Individual	Veterano M50	08:37:45	+04:19:22	10:21
21	71	João Paulo	DIVE Into the Mountains	Veterano M50	09:31:04	+05:12:41	11:25
22	266	Paulo Carvalho	Trailistas "Eu é que sei!"	Veterano M50	09:31:06	+05:12:42	11:25
23	176	Hélder Abílio Martins Ferreira	Individual	Veterano M50	09:36:50	+05:18:26	11:32

Veterano M55

1	278	Francisco Aguiar	Viseu 360	Veterano M55	06:50:01	+02:31:37	08:12
2	50	José Marçal	CLAC Entroncamento	Veterano M55	07:39:16	+03:20:52	09:11
3	267	PAULO VALENTE	Trailistas "Eu é que sei!"	Veterano M55	08:03:38	+03:45:15	09:40
4	57	Luís de Almeida	CORRER LEÇA	Veterano M55	08:43:31	+04:25:07	10:28

Veterano M60

1	224	José Leça	Pantir	Veterano M60	07:08:22	+02:49:59	08:34
2	92	arnaldo marinho	GRUPO DESPORTIVO LEOES DO VENEZA	Veterano M60	07:38:31	+03:20:07	09:10

COLETIVO - ULTRA TRILHOS M

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	AGUIAS DE ALVELOS	3 + 8 + 13	24
2	VELHA GUARDA	7 + 9 + 21	37
3	CIDEP FORNOS LUSAVOUGA	5 + 10 + 30	45
4	RUNNERS DO DEMO	1 + 26 + 27	54
5	EDV-VIANA TRAIL	14 + 18 + 64	96
6	O QUE QUEREMOS É MONTE	11 + 32 + 54	97
7	TEAM LANTEMIL	49 + 50 + 59	158
8	RIBEIRAS TRAIL	51 + 70 + 75	196
9	OLIMPICO VIANENSE	22 + 43 + 139	204
10	TEAM TRAIL BEM VIVER	40 + 41 + 135	216
11	DIVE INTO THE MOUNTAINS	82 + 83 + 84	249
12	AFRIKANRUNNERS	39 + 106 + 107	252
13	PAÇOS RUNNERS	93 + 94 + 95	282
14	ESPINHO TRAIL	62 + 113 + 114	289
15	ÉJALI...CLUBE DE AMIGOS TRAILRUNNERS	60 + 124 + 125	309
16	DESNÍVEL POSITIVO	42 + 133 + 149	324
17	CTM VILA POUCA DE AGUIAR	35 + 147 + 148	330
18	AZTRAIL/MERCENTRO	89 + 90 + 190	369
19	ARRIBAS	140 + 141 + 145	426
20	CLAC ENTRONCAMENTO	100 + 177 + 185	462
21	TRAILISTAS "EU É QUE SEI!"	183 + 189 + 218	590

TRAIL LONGO - STAGE 1
30 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	1127	Fábio Vasconcelos	Clube Efacec	03:22:14	+41:38	06:44	
44	1298	Tiago Araújo	Individual	03:22:27	+41:51	06:45	
45	1442	JOSE MANUEL PINTO	Nos Acreditamos	03:22:28	+41:52	06:45	
46	1247	Paulo Sarmiento	Grupo Desportivo de Bragança - GDB Atletismo	03:22:48	+42:12	06:46	
47	1123	Rui Fernandes	Clube Atletismo Fafe	03:23:04	+42:28	06:46	
48	1278	Jorge Ribeiro	Individual	03:25:02	+44:26	06:50	
49	1165	JOAQUIM LEAL	Dá-lhe Gás Trail Team Fisioduo	03:25:18	+44:42	06:51	
50	1009	António Daniel Pinto Mendes	A.D.Amarante	03:25:32	+44:56	06:51	
51	1038	Adelino Aires	Alexandra Carvalho Team	03:25:57	+45:21	06:52	
52	1488	Rui Araujo	SiM Summit	03:26:09	+45:33	06:52	
53	1288	Pedro Ferreira	Individual	03:26:31	+45:55	06:53	
54	1186	Amaro Costa	EDV-VIANA TRAIL	03:26:46	+46:10	06:54	
55	1441	Filipe Lemos	NorTrail	03:26:49	+46:13	06:54	
56	1040	Paulo Machado	Aliados Trail Running Team	03:26:56	+46:20	06:54	
57	1443	FERNANDO CARVALHO	Nos Acreditamos	03:27:29	+46:53	06:55	
58	1444	FRANCISCO LEMOS	Nos Acreditamos	03:27:33	+46:57	06:55	
59	1172	Nuno Figueiredo	DIVE Into the Mountains	03:27:47	+47:11	06:56	
60	1054	Pedro Vale	ARCA BarceloS runners	03:28:00	+47:24	06:56	
61	1344	Paulo Almiro Borges Sampaio	Individual	03:28:23	+47:47	06:57	
62	1178	Dário Coelho	DIVE Into the Mountains	03:28:50	+48:14	06:58	
63	1087	Dário Daniel Freitas Vieira Ferreira Silva	Boavista Trail	03:28:55	+48:19	06:58	
64	1279	José Faria	Individual	03:29:11	+48:35	06:58	
65	1290	Paulo Pereira	Individual	03:29:28	+48:52	06:59	
66	1450	Sérgio Rodrigues	OCS - Arrábida Trail Team	03:29:45	+49:09	06:59	
67	1086	João Cruz	Boavista Trail	03:29:45	+49:09	07:00	
68	1012	Cristiano Santos	A.D.Amarante	03:29:50	+49:14	07:00	
69	1363	António Cunha	Individual	03:30:09	+49:33	07:00	
70	1349	Ricardo Silva	Individual	03:30:10	+49:34	07:00	
71	1161	António Teles	Dá-lhe Gás Trail Team Fisioduo	03:30:59	+50:23	07:02	
72	1417	Bruno Canto	Lobos do Brunheiro de Chaves / Crossbox	03:31:50	+51:14	07:04	
73	1135	Pedro Castro	Clube Efacec	03:32:20	+51:44	07:05	
74	1169	ABILIO MARTINS	Dá-lhe Gás Trail Team Fisioduo	03:33:05	+52:29	07:06	
75	1267	Daniel Vasconcelos	Individual	03:33:18	+52:42	07:07	
76	1192	Sergio Ramos	EDV-VIANA TRAIL	03:33:21	+52:45	07:07	
77	1111	João Tavares	CIDEP Fornos Lusavouga	03:33:50	+53:14	07:08	
78	1060	Eduardo Silva	ARCA BarceloS runners	03:34:35	+53:59	07:09	
79	1462	Arsénio Batata	Pés de Chumbo Runners	03:34:51	+54:15	07:10	
80	1263	Carlos Cardoso	Individual	03:35:21	+54:45	07:11	
81	1357	Sergio Torre	Individual	03:35:39	+55:03	07:11	
82	1210	Daniel Terra	FACTOR X / S4L / MEDENSE FC	03:35:46	+55:10	07:12	
83	1109	Filipe Pinho	CIDEP Fornos Lusavouga	03:36:14	+55:38	07:12	
84	1524	Bru Ferreira	Turbo kings 2.0/ AD Ancede	03:36:17	+55:41	07:13	
85	1226	Andreia Almeida	Furfor Running Project	03:36:37	+56:01	07:13	
86	1027	Fernando Augusto	ADC SANTA ISABEL	03:37:05	+56:29	07:14	
87	1007	Marco Barejão Pinto	100 Treino	03:37:39	+57:03	07:15	

TRAIL LONGO - STAGE 1
30 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
88	1223	António Rocha	FACTOR X / S4L / MEDENSE FC	03:37:48	+57:12	07:16	
89	1085	Roberto Freitas	Boavista Trail	03:38:04	+57:28	07:16	
90	1484	Paulo Elias	SF2002	03:38:11	+57:35	07:16	
91	1369	Hilário Louro	Individual	03:38:20	+57:44	07:17	
92	1480	Márcio Silva	S. S. Montepio	03:38:29	+57:53	07:17	
93	1517	Amílcar Ramos	TOCER	03:39:35	+58:59	07:19	
94	1429	Bárbara Fernandes	MONTANHA CLUBE TRAIL RUNNING / EFAPEL	03:39:48	+59:12	07:20	
95	1218	Fernando Rodrigues	FACTOR X / S4L / MEDENSE FC	03:40:53	+01:00:17	07:22	
96	1235	José Sá	GD Leões da Guarda - Lion Runners	03:41:10	+01:00:34	07:22	
97	1420	Cândido Augusto Sá Morais	Lobos do Brunheiro de Chaves / Crossbox	03:41:10	+01:00:34	07:22	
98	1193	Stephane Simões	EDV-VIANA TRAIL	03:42:46	+01:02:10	07:26	
99	1445	Márcio Quintas	Ntrilhos- Trail Medieval	03:42:54	+01:02:18	07:26	
100	1097	Marcos Ribeiro	C. A. Andatrilhos Freamunde	03:43:12	+01:02:36	07:26	
101	1261	Bruno Teles	Individual	03:43:23	+01:02:47	07:27	
102	1137	José Antonio Alves de Sousa	Clube Trilheiros & Amigos	03:43:27	+01:02:51	07:27	
103	1130	Gabriel Coutinho	Clube Efacec	03:44:16	+01:03:40	07:29	
104	1029	SILVIA PEREIRA	Adosa-OS Santa Apolónia	03:44:54	+01:04:18	07:30	
105	1418	Diogo de Oliveira Machado	Lobos do Brunheiro de Chaves / Crossbox	03:45:05	+01:04:29	07:30	
106	1421	Manuel Carriço	LOBOS DO MONTE RUN	03:45:16	+01:04:40	07:31	
107	1289	Pedro Gonçalves	Individual	03:46:08	+01:05:32	07:32	
108	1096	Luís Mesquita	Bustos Runners	03:46:12	+01:05:36	07:32	
109	1353	Rui Orlando Neto	Individual	03:46:20	+01:05:44	07:33	
110	1293	Ricardo Costa	Individual	03:46:20	+01:05:44	07:33	
111	1105	Vasco	CB RUN	03:46:32	+01:05:56	07:33	
112	1140	José Duarte	Coronado runners	03:46:45	+01:06:09	07:34	
113	1452	Miguel Barbosa	OLIMPICO VIANENSE	03:47:10	+01:06:34	07:34	
114	1059	Luís Neco	ARCA BarceloS runners	03:47:20	+01:06:44	07:35	
115	1435	Manuel Póvoas	MSS CONTABILIDADE TRAIL TEAM	03:47:22	+01:06:46	07:35	
116	1326	Henrique Barbosa	Individual	03:47:36	+01:07:00	07:35	
117	1466	Nuno Duarte	Pimentinhas	03:47:40	+01:07:04	07:35	
118	1419	Carlos Afonso Borges	Lobos do Brunheiro de Chaves / Crossbox	03:48:00	+01:07:24	07:36	
119	1416	Fátima Amóinha	Lobos do Brunheiro de Chaves / Crossbox	03:48:02	+01:07:26	07:36	
120	1370	Ivo Almeida	Individual	03:48:03	+01:07:27	07:36	
121	1490	Tiago Amaral	SIM Summit	03:49:17	+01:08:41	07:39	
122	1433	Filipe Póvoas	MSS CONTABILIDADE TRAIL TEAM	03:49:49	+01:09:13	07:40	
123	1168	RICARDO PIRES	Dá-Ihe Gás Trail Team Fisioduo	03:49:52	+01:09:16	07:40	
124	1328	Joao Ricardo	Individual	03:50:10	+01:09:34	07:40	
125	1033	Rui Pinho	Akuafit	03:50:34	+01:09:58	07:41	
126	1031	Joana Fernandes	Akuafit	03:50:34	+01:09:58	07:41	
127	1527	Rui Faria	vimarunners	03:51:03	+01:10:27	07:42	
128	1018	Filipe Afonso	AC Portalegre/UTSM	03:52:20	+01:11:44	07:45	
129	1496	Andre Silva	Sporting Clube de Espinho-Atletismo/Antonio Leitão	03:52:30	+01:11:54	07:45	
130	1070	Paulo Braga	Arribas	03:52:49	+01:12:13	07:46	
131	1323	Edgar Ganhao Tavares	Individual	03:52:54	+01:12:18	07:46	
132	1266	Daniel Pereira	Individual	03:52:59	+01:12:23	07:46	
133	1286	Nelson Frias Amaral	Individual	03:53:01	+01:12:25	07:46	

TRAIL LONGO - STAGE 1
30 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
134	254	Tiago Vilas boas		03:53:34	+01:12:58	07:47	
135	1455	João Passsos	OLIMPICO VIANENSE	03:54:21	+01:13:45	07:49	
136	1158	Carlos Sousa	CTM VILA POUCA DE AGUIAR	03:54:27	+01:13:51	07:49	
137	1264	Carlos Cruz	Individual	03:54:46	+01:14:10	07:50	
138	1151	Tiago Montalvão	CORRER LEÇA	03:55:15	+01:14:39	07:51	
139	1133	Miguel Cruz	Clube Efacec	03:55:17	+01:14:41	07:51	
140	1076	Ivo Silva	Beat Your Limit	03:55:17	+01:14:41	07:51	
141	1324	Felisberto Arcipreste	Individual	03:55:20	+01:14:44	07:51	
142	1343	Nuno Meneses	Individual	03:55:23	+01:14:47	07:51	
143	1401	Diogo Aguiar	Inquipa	03:55:42	+01:15:06	07:51	
144	1513	Nuno Moreira	TEAM TT	03:55:49	+01:15:13	07:52	
145	1475	Rui Lobo Castro	Rinus Fafe	03:55:56	+01:15:20	07:52	
146	1217	Joaquim Carvalho	FACTOR X / S4L / MEDENSE FC	03:56:23	+01:15:47	07:53	
147	1013	Eduardo Ribeiro	A.D.Amarante	03:56:33	+01:15:57	07:53	
148	1510	Luís Pereira	TEAM LANTEMIL	03:56:41	+01:16:05	07:53	
149	1501	Emanuel Freitas	TEAM LANTEMIL	03:56:41	+01:16:05	07:53	
150	1342	Nelson Pinto	Individual	03:56:42	+01:16:06	07:53	
151	1179	Jose Lopes	Dive Into the Mountains	03:56:44	+01:16:08	07:53	
152	1361	Américo Figueiredo	Individual	03:56:50	+01:16:14	07:54	
153	1411	Emanuel Maio	KOM - Keep on Move	03:56:52	+01:16:16	07:54	
154	1022	Diogo Resende	ADC SANTA ISABEL	03:57:01	+01:16:25	07:54	
155	1024	Hugo Couto	ADC SANTA ISABEL	03:57:01	+01:16:25	07:54	
156	1094	João Carvalhal	BUDEGUITA RUNNERS	03:57:07	+01:16:31	07:54	
157	1119	Susana Rodrigues	Clube Atletismo Fafe	03:57:14	+01:16:38	07:54	
158	1519	Bruno Miguel Afonso Pinheiro	TRAIL TEAM MONTARIA	03:57:33	+01:16:57	07:55	
159	1044	João Coelho	AMC TRAIL	03:58:24	+01:17:48	07:57	
160	1259	Raquel Andrade	Individual	03:58:27	+01:17:51	07:57	
161	1262	Bruno Moura	Individual	03:58:28	+01:17:52	07:57	
162	1139	Marco Vieira	Clube Zupper	03:59:03	+01:18:27	07:58	
163	1138	Paulo Silva	Clube Zupper	03:59:03	+01:18:27	07:58	
164	1526	Pedro Rocha	Turbo kings 2.0/ AD Ancede	03:59:43	+01:19:07	07:59	
165	1525	Pedro Monteiro	Turbo kings 2.0/ AD Ancede	03:59:44	+01:19:08	07:59	
166	1061	José Carlos Cardoso	ARCA BarceloS runners	04:00:13	+01:19:37	08:00	
167	1413	Paulo Soarez	LETHES TRAIL TEAM	04:00:47	+01:20:11	08:02	
168	1321	Daniel Miranda	Individual	04:01:28	+01:20:52	08:03	
169	1156	Paulo Alexandre Lema Pelicano	Crocodilos / Mister PC	04:01:36	+01:21:00	08:03	
170	1271	Filipe Faria	Individual	04:01:42	+01:21:06	08:03	
171	1408	Fernando Gomes	KeMedo Team	04:02:05	+01:21:29	08:04	
172	1404	Andre Lopes	KeMedo Team	04:02:05	+01:21:29	08:04	
173	1434	Victor Azevedo	MSS CONTABILIDADE TRAIL TEAM	04:02:14	+01:21:38	08:04	
174	1345	Paulo Costa	Individual	04:02:34	+01:21:58	08:05	
175	1374	José Organista	Individual	04:02:34	+01:21:59	08:05	
176	1203	José Pereira	Equipa A	04:02:47	+01:22:11	08:06	
177	1224	Nelson vilela	FigueiróFIT	04:02:48	+01:22:12	08:06	
178	1386	Jorge Azevedo	Individual	04:03:05	+01:22:29	08:06	
179	1184	Patricia Palma	EDV-VIANA TRAIL	04:03:10	+01:22:34	08:06	

TRAIL LONGO - STAGE 1

30 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
180	1467	José Nunes	Pó Reforço Trail Team	04:03:19	+01:22:43	08:07	
181	1268	Daniel vieira	Individual	04:03:20	+01:22:44	08:07	
182	1514	Pedro Lima	TEAM TT	04:03:47	+01:23:11	08:08	
183	1099	Jil Coelho	C.D.C. PARADELA	04:03:54	+01:23:18	08:08	
184	1446	Adriano Matias	Ntrilhos- Trail Medieval	04:05:07	+01:24:31	08:10	
185	1065	Paulo Res	ARCORUN	04:05:08	+01:24:32	08:10	
186	1163	Ricardo Dias	Dá-lhe Gás Trail Team Fisioduo	04:05:09	+01:24:33	08:10	
187	1020	Gisela Sousa	AD Marco 09	04:05:11	+01:24:35	08:10	
188	1021	Margarida Sousa	AD Marco 09	04:05:11	+01:24:35	08:10	
189	1098	Marco Cunha	C.D. MEXE AS PERNAS	04:05:24	+01:24:48	08:11	
190	1460	José Dias	Paços runners	04:05:32	+01:24:56	08:11	
191	1474	Emanuel Fundo	Ribeiras Trail	04:05:56	+01:25:20	08:12	
192	1331	José Manuel Quaresma Teixeira da Silva Vilela	Individual	04:06:22	+01:25:46	08:13	
193	1502	Pedro Coelho	TEAM LANTEMIL	04:06:36	+01:26:00	08:13	
194	1494	RICARDO LIRIO	skandinavian.project	04:06:48	+01:26:12	08:14	
195	109	Hélder Campos	Individual	04:07:15	+01:26:39	08:15	
196	1341	Miguel Lopes	Individual	04:07:23	+01:26:47	08:15	
197	1149	Carlos Paiva	CORRER LEÇA	04:07:42	+01:27:06	08:15	
198	1365	César Sousa	Individual	04:07:45	+01:27:09	08:16	
199	1115	Vitor Manuel Rocha Jesus	Cinfaes a Correr	04:07:45	+01:27:09	08:16	
200	1017	Bruno Manuel Oliveira Paiva	Abutres	04:07:53	+01:27:17	08:16	
201	1200	Olga Alexandra dos Santos Branquinho	Equipa A	04:08:38	+01:28:02	08:17	
202	1394	José Ferreira	Individual	04:08:40	+01:28:04	08:17	
203	1083	José Pedro Barbosa	Boavista Trail	04:08:40	+01:28:04	08:17	
204	1243	Amadeu peixoto	Global Trail	04:08:43	+01:28:07	08:17	
205	1066	Manuel Rodrigues	ARCORUN	04:09:21	+01:28:46	08:19	
206	1497	Ricardo Trigo	STEP BY STEP	04:09:25	+01:28:49	08:19	
207	1463	Antonio Vilaça	Pés de Chumbo Runners	04:09:27	+01:28:51	08:19	
208	1472	Pedro Fonseca	Ribeiras Trail	04:10:29	+01:29:53	08:21	
209	1011	LAURINDA ROSA DA SILVA BARROS	A.D.Amarante	04:10:49	+01:30:13	08:22	
210	1265	Carlos emanuel leal ferreira	Individual	04:11:08	+01:30:32	08:22	
211	1440	Arnaldo Santos	NOCTURNOS DE PAREDES	04:11:08	+01:30:32	08:22	
212	1506	Sandra Dias	TEAM LANTEMIL	04:11:13	+01:30:37	08:22	
213	1176	David Nuno Lopes Ribeiro	DIVE Into the Mountains	04:12:06	+01:31:30	08:24	
214	1207	Pedro neto	Eu&tu	04:12:18	+01:31:42	08:25	
215	1512	Ivo Sampaio	TEAM TT	04:12:21	+01:31:45	08:25	
216	1042	Nuno Mariz	AllforOne	04:13:16	+01:32:40	08:27	
217	1392	António Baptista	Individual	04:13:16	+01:32:40	08:27	
218	1464	José Alberto Ribeiro	Pés de Chumbo Runners	04:13:18	+01:32:42	08:27	
219	1346	Pedro Teixeira	Individual	04:13:22	+01:32:46	08:27	
220	1339	Mario Costa	Individual	04:13:39	+01:33:03	08:27	
221	1530	Gabriel F. S. Sousa	Individual	04:13:43	+01:33:07	08:27	
222	1256	Cristina Teixeira	Individual	04:13:43	+01:33:07	08:27	
223	1281	José Sá	Individual	04:13:49	+01:33:13	08:28	

TRAIL LONGO - STAGE 1**30 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
224	1291	Pedro Sérgio Moreira Santos	Individual	04:13:49	+01:33:13	08:28	
225	1058	Jorge Ribeiro	ARCA BarceloS runners	04:13:52	+01:33:16	08:28	
226	1427	Mário Jorge Pereira Martins	Moka Trail Team	04:14:23	+01:33:47	08:29	
227	1028	Belém Marques	Adosa-OS Santa Apolónia	04:14:38	+01:34:02	08:29	
228	1390	Paulo Sergio C Martins	Individual	04:15:31	+01:34:55	08:31	
229	1384	Duarte Paulo Ribeiro	Individual	04:15:31	+01:34:55	08:31	
230	1208	Paulo Freitas	F C Vizela	04:15:39	+01:35:03	08:31	
231	1528	Helena Gomes	WOLVES	04:15:55	+01:35:19	08:32	
232	1521	Elisabete Alves	Trogloditas runners	04:16:05	+01:35:29	08:32	
233	1229	Jorge Beliago	Gansos	04:16:48	+01:36:12	08:34	
234	1173	Carla Antunes	DIVE Into the Mountains	04:16:57	+01:36:21	08:34	
235	1275	JOÃO ALEIXO	Individual	04:17:37	+01:37:01	08:35	
236	1371	Joao Batista	Individual	04:17:46	+01:37:10	08:36	
237	1182	susana dantas alves	EDL Trail	04:17:50	+01:37:14	08:36	
238	1241	Alberto carlos	GENEROSOS RUNNERS	04:18:15	+01:37:39	08:36	
239	1045	Márcia Vilas Boas Bandeira	Amigos da Montanha	04:19:17	+01:38:41	08:39	
240	1351	Rui Cruz	Individual	04:19:48	+01:39:12	08:40	
241	1375	Luís Miguel de Oliveira Martins	Individual	04:19:55	+01:39:19	08:40	
242	1019	Claudia Cálix	EDV-VIANA TRAIL	04:20:34	+01:39:58	08:41	
243	1483	José Nuno Costa	S. S. Montepio	04:20:34	+01:39:58	08:41	
244	1406	Laura Mendes	KeMedo Team	04:21:14	+01:40:38	08:42	
245	1157	Guilhermino Meireles	CTM VILA POUCA DE AGUIAR	04:21:24	+01:40:48	08:43	
246	1089	Nuno Teixeira	Boavista Trail	04:21:39	+01:41:03	08:43	
247	1181	Daniela Vilas Boas	Dragon Club	04:21:58	+01:41:22	08:44	
248	1023	Francisco Zenha	ADC SANTA ISABEL	04:22:19	+01:41:43	08:45	
249	1397	António Carlos Silva Teixeira	Individual	04:22:26	+01:41:50	08:45	
250	1402	Paulo Nobre	Inquipa	04:23:28	+01:42:52	08:47	
251	1016	João Fernando Relvas Pena Gil	A.D.Amarante	04:23:32	+01:42:56	08:47	
252	1252	Rosa Maria Freitas Teixeira	Hora do Lobo Trail CF Perosinho	04:23:50	+01:43:14	08:48	
253	1520	Avelino Faria	Trailistas "Eu é que sei!"	04:23:50	+01:43:14	08:48	
254	1272	Filipe Sousa	Individual	04:23:54	+01:43:18	08:48	
255	1034	Carlos Campainha	Alexandra Carvalho Team	04:24:35	+01:43:59	08:49	
256	1036	Eliana Pereira	Alexandra Carvalho Team	04:24:35	+01:43:59	08:49	
257	1037	Rui Maciel	Alexandra Carvalho Team	04:24:35	+01:43:59	08:49	
258	1451	Francisco Novoa	OLIMPICO VIANENSE	04:24:40	+01:44:04	08:49	
259	1175	Maria Sá	DIVE Into the Mountains	04:24:45	+01:44:09	08:50	
260	1381	Vasco Rodrigues Silva	Individual	04:24:56	+01:44:20	08:50	
261	1391	Pedro Barbosa	Individual	04:25:23	+01:44:47	08:51	
262	1004	Ricardo pereira	#atéchoras	04:25:37	+01:45:01	08:51	
263	1075	Filipe Tavares	Aztrail/Mercentro	04:25:42	+01:45:06	08:51	
264	1478	Eduardo Bastos	S. S. Montepio	04:26:00	+01:45:24	08:52	
265	1107	Rogério Ribeiro	CB RUN	04:26:05	+01:45:29	08:52	
266	1350	Rolando Paulo	Individual	04:26:22	+01:45:46	08:53	
267	1425	Marco Afonso	Melgaço Alvarinho Trail Team/Quintas de Melgaço	04:26:50	+01:46:14	08:54	
268	1088	Filipe Abreu	Boavista Trail	04:27:45	+01:47:09	08:56	
269	1078	Diana martins	Boavista Trail	04:27:46	+01:47:10	08:56	

TRAIL LONGO - STAGE 1

30 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
270	1032	Carlos rodrigues	Akuafit	04:28:28	+01:47:52	08:57	
271	1283	Marco André Costa Ferreira	Individual	04:28:38	+01:48:02	08:57	
272	1387	Lutz Welling	Individual	04:28:40	+01:48:04	08:57	
273	1030	Rufino Freitas	AfrikanRunners	04:28:42	+01:48:06	08:57	
274	1233	Miguel Mendes	GD Leões da Guarda - Lion Runners	04:29:00	+01:48:24	08:58	
275	1250	Hugo Alexandre Palmeira Moreira	GTT-Armazém do Caffè	04:29:05	+01:48:29	08:58	
276	1212	Nuno Amorim	FACTOR X / S4L / MEDENSE FC	04:29:12	+01:48:36	08:58	
277	1113	Isidro Almeida	Cinfães a Correr	04:29:53	+01:49:17	09:00	
278	1354	Sérgio Moreira	Individual	04:30:24	+01:49:48	09:01	
279	1035	Ricardo Rego	Alexandra Carvalho Team	04:30:56	+01:50:20	09:02	
280	1505	Mónica Martins	TEAM LANTEMIL	04:31:01	+01:50:25	09:02	
281	1131	Helder Oliveira	Clube Efacec	04:31:17	+01:50:41	09:03	
282	1136	NUNO FREITAS	CLUBE NOVO BANCO	04:31:19	+01:50:43	09:03	
283	1309	Paula Cristina Pereira Silva	Individual	04:31:33	+01:50:57	09:03	
284	1319	Bruno José Rodrigues Leite	Individual	04:31:42	+01:51:06	09:03	
285	1062	Firmino Silva	ARCA BarceloS runners	04:31:45	+01:51:09	09:03	
286	1468	Luis Alves	Pó Reforço Trail Team	04:32:04	+01:51:28	09:04	
287	1202	Alexandre Pereira	Equipa A	04:32:34	+01:51:58	09:05	
288	1320	Daniel Ferreira	Individual	04:32:36	+01:52:00	09:05	
289	1282	Luís Filipe Veloso da Silva	Individual	04:32:50	+01:52:14	09:06	
290	1409	Jorge Esteves	KeMedo Team	04:32:57	+01:52:21	09:06	
291	1213	Rui Oliveira	FACTOR X / S4L / MEDENSE FC	04:32:58	+01:52:22	09:06	
292	1067	Nuno Miguel Costa Ribeiro	Arribas	04:32:58	+01:52:22	09:06	
293	1177	Miguel Machado	DIVE Into the Mountains	04:33:26	+01:52:50	09:07	
294	1079	Neuza Caridade	Boavista Trail	04:33:53	+01:53:17	09:08	
295	1170	Cristina Oliveira	Desnível Positivo - ADR Luso Galaica	04:33:55	+01:53:19	09:08	
296	1254	Ana Águas	Individual	04:33:56	+01:53:20	09:08	
297	1368	Helder	Individual	04:33:58	+01:53:22	09:08	
298	1329	Joaquim José da Silva Oliveira	Individual	04:33:59	+01:53:23	09:08	
299	1246	Daniel Silva	Grupo Desportivo Banco de Portugal	04:34:50	+01:54:14	09:10	
300	1403	Humberto Barros	Kaninos	04:35:44	+01:55:08	09:11	
301	1277	Jorge Mendes	Individual	04:36:26	+01:55:50	09:13	
302	1366	Eduardo Pinto	Individual	04:36:35	+01:55:59	09:13	
303	1458	Bruno Ferreira	Osteo Performance 360°	04:36:36	+01:56:00	09:13	
304	1355	Sérgio Moura	ADC SANTA ISABEL	04:36:42	+01:56:06	09:13	
305	1251	Helder Marques	Hora do Lobo Trail CF Perosinho	04:37:02	+01:56:26	09:14	
306	1230	Camila Mendes	GD Leões da Guarda - Lion Runners	04:37:04	+01:56:28	09:14	
307	1238	Serafim Ramos	GD Leões da Guarda - Lion Runners	04:37:04	+01:56:28	09:14	
308	1222	Eugénio Soares	FACTOR X / S4L / MEDENSE FC	04:37:29	+01:56:53	09:15	
309	1456	Fernando Alves	OLIMPICO VIANENSE	04:38:53	+01:58:17	09:18	
310	1348	Ricardo lento	Individual	04:39:03	+01:58:27	09:18	
311	1516	Fernando Lopes	Terror dos Montes	04:39:28	+01:58:52	09:19	
312	1378	Rafael Almeida	Individual	04:39:28	+01:58:52	09:19	
313	1295	Ricardo Novais	Individual	04:39:29	+01:58:53	09:19	
314	1515	Hélder de Oliveira	Terror dos Montes	04:39:32	+01:58:56	09:19	
315	1129	Liseta Pinto	Clube Efacec	04:39:35	+01:58:59	09:19	

TRAIL LONGO - STAGE 1

30 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
361	1310	Sandra Ferreira	Individual	04:52:39	+02:12:03	09:45	
362	1239	Tiago Costa	GDC Fidelidade	04:52:45	+02:12:09	09:45	
363	1047	Carlos Pedrinhas	Amigos da Montanha	04:53:20	+02:12:44	09:47	
364	1100	Flávio Soares	CAL - Clube Atletismo de Lamas	04:56:30	+02:15:54	09:53	
365	1382	Antero Cunha	Individual	04:56:40	+02:16:04	09:53	
366	1063	Maria Fernandes	ARCORUN	04:56:51	+02:16:15	09:54	
367	1064	Nuno Fernandes	ARCORUN	04:56:51	+02:16:15	09:54	
368	1303	Marlene oliveira	Individual	04:56:52	+02:16:16	09:54	
369	1469	Rodolfo Monteiro	Pó Reforço Trail Team	04:56:54	+02:16:18	09:54	
370	1465	Jorge Alves	Phoenix Evorun	04:56:57	+02:16:21	09:54	
371	1125	miguel ferraz	Clube Desportivo Cepsa	04:56:57	+02:16:21	09:54	
372	1180	António Gonçalves	DIVE Into the Mountains	04:57:12	+02:16:36	09:54	
373	1199	Nelson Jorge Marques Vieira Almeida	Equipa A	04:57:48	+02:17:13	09:56	
374	1219	Jorge Almeida	FACTOR X / S4L / MEDENSE FC	04:57:52	+02:17:16	09:56	
375	1356	Sergio Tavares	Individual	04:58:27	+02:17:51	09:57	
376	1415	Lucinda Gomes	Lion Runners	04:59:03	+02:18:27	09:58	
377	1544	Patrícia Rocha	Individual	04:59:15	+02:18:39	09:59	
378	1299	Vitor Mota	Individual	04:59:40	+02:19:04	09:59	
379	1503	Tiago Dias	TEAM LANTEMIL	04:59:43	+02:19:07	09:59	
380	1280	José Laranjeira	Individual	04:59:59	+02:19:23	10:00	
381	1389	Paulo Genésio	Individual	05:00:20	+02:19:44	10:01	
382	1220	Paulo Freitas	FACTOR X / S4L / MEDENSE FC	05:00:25	+02:19:49	10:01	
383	1209	Carla Neves	FACTOR X / S4L / MEDENSE FC	05:00:25	+02:19:49	10:01	
384	1206	Jorge Duarte	ESPINHO TRAIL	05:00:58	+02:20:22	10:02	
385	1204	Bruno Duarte	ESPINHO TRAIL	05:01:00	+02:20:24	10:02	
386	1205	Ricardo Duarte	ESPINHO TRAIL	05:01:01	+02:20:25	10:02	
387	1334	Manuel Rocha	Individual	05:01:48	+02:21:12	10:04	
388	1364	António Ribeiro	Individual	05:02:08	+02:21:32	10:04	
389	1347	Ricardo Gonçalves	Individual	05:02:09	+02:21:33	10:04	
390	1287	Pedro Borges	Individual	05:02:56	+02:22:20	10:06	
391	1333	Luís Queirós	Individual	05:02:56	+02:22:20	10:06	
392	1025	Pedro Madureira	ADC SANTA ISABEL	05:02:57	+02:22:21	10:06	
393	1325	Gilberto Sousa	Individual	05:03:39	+02:23:03	10:07	
394	1148	Maria Fernanda Ferreira	CORRER LEÇA	05:04:46	+02:24:10	10:10	
395	1423	Óscar Martins	Melgaço Alvarinho Trail Team/Quintas de Melgaço	05:05:08	+02:24:32	10:10	
396	1228	Paulo Vilarinho	GAIA-RUNNING	05:05:41	+02:25:05	10:11	
397	1221	pedro Marques	FACTOR X / S4L / MEDENSE FC	05:05:47	+02:25:11	10:12	
398	1145	Carla Ferreira	CORRER LEÇA	05:05:48	+02:25:12	10:12	
399	1301	Célia Sousa	Individual	05:06:43	+02:26:07	10:13	
400	1005	Vitor Manuel Gonçalves Osório	#atéchoras	05:06:44	+02:26:08	10:13	
401	1338	Mário Araújo	Individual	05:07:29	+02:26:53	10:15	
402	1330	José Lopes	Individual	05:08:34	+02:27:58	10:17	
403	1373	jose ferreira	Individual	05:08:42	+02:28:06	10:17	
404	1317	Antonio Almeida	Individual	05:08:48	+02:28:12	10:18	
405	1292	Ricardo Coelho	Individual	05:13:03	+02:32:27	10:26	

TRAIL LONGO - STAGE 1

30 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
406	1431	Miguel Pinto	Monte dos Amigos	05:13:05	+02:32:29	10:26	
407	1432	Paulo Graça	Monte dos Amigos	05:13:07	+02:32:31	10:26	
408	1430	Bruno Ferreira	Monte dos Amigos	05:13:08	+02:32:32	10:26	
409	1183	Andreia Sofia Santos Mota	EDV-VIANA TRAIL	05:13:37	+02:33:01	10:27	
410	1101	Gabriel Carneiro	Cansados	05:17:07	+02:36:31	10:34	
411	1102	Vitor Silva	Cansados	05:17:07	+02:36:31	10:34	
412	1118	Manuel Julio	CLAC Entroncamento	05:17:58	+02:37:22	10:36	
413	1318	Artur Fonseca	Individual	05:18:33	+02:37:57	10:37	
414	1312	Catarina Teixeira	Individual	05:18:42	+02:38:06	10:37	
415	1314	ISABEL ARAUJO	Individual	05:18:44	+02:38:08	10:37	
416	1215	Pedro Soares	FACTOR X / S4L / MEDENSE FC	05:18:54	+02:38:18	10:38	
417	1448	Nuno Capela	Núcleo de Montanha de Espinho	05:18:55	+02:38:19	10:38	
418	1477	Graça Costa	Runners do Demo	05:19:24	+02:38:48	10:39	
419	1104	Carlos Cachulo	CATR - Correio de Albergaria Trail Running	05:19:29	+02:38:53	10:39	
420	1154	João Rocha	CORRER LEÇA	05:21:00	+02:40:24	10:42	
421	1143	João Pedro Rocha	CORRER LEÇA	05:21:00	+02:40:24	10:42	
422	1144	Nuno Lopes	CORRER LEÇA	05:21:00	+02:40:24	10:42	
423	1396	Valdemar Almeida	Individual	05:22:13	+02:41:37	10:44	
424	1461	Beatriz Loureiro	Pernetas	05:22:52	+02:42:17	10:46	
425	1071	Sónia Almeida	Aventureiros	05:26:39	+02:46:03	10:53	
426	1008	Sónia Alexandra Dias Brás	A.D.Amarante	05:26:39	+02:46:03	10:53	
427	1499	carla sofia Araujo	TEAM LANTEMIL	05:27:09	+02:46:33	10:54	
428	1508	Francisco Bartolomeu	TEAM LANTEMIL	05:27:09	+02:46:33	10:54	
429	1232	João Soares	GD Leões da Guarda - Lion Runners	05:27:46	+02:47:10	10:56	
430	1498	Joel Jacinto	Talentos Objectivos	05:27:48	+02:47:12	10:56	
431	1240	Cláudia coelho	GENEROSOS RUNNERS	05:29:33	+02:48:57	10:59	
432	1141	Cândida Bento	CORRER LEÇA	05:29:39	+02:49:03	10:59	
433	1108	Adelino Silva	CCD - SIEMENS	05:31:40	+02:51:04	11:03	
434	1315	Margarida Pinto	Individual	05:32:08	+02:51:32	11:04	
435	1297	Rui Marante	Individual	05:33:26	+02:52:50	11:07	
436	1410	Luis Gomes	KeMedo Team	05:37:08	+02:56:32	11:14	
437	1142	Dulce Neves	CORRER LEÇA	05:39:20	+02:58:44	11:19	
438	1153	António Barros	CORRER LEÇA	05:39:20	+02:58:44	11:19	
439	1077	Andreia Ribeiro	Boavista Trail	05:39:33	+02:58:57	11:19	
440	1046	Isabel Martins	Amigos da Montanha	05:40:14	+02:59:38	11:20	
441	1428	Paulo André Pereira Martins	Moka Trail Team	05:40:56	+03:00:20	11:22	
442	1438	Micaela Brito	Devasta Trilhos	05:41:08	+03:00:32	11:22	
443	1437	Margarida Silva	NOCTURNOS DE PAREDES	05:41:08	+03:00:32	11:22	
444	1523	Maria José Gomes Oliveira	Trogloditas runners	05:41:39	+03:01:03	11:23	
445	1306	Sandra Pereira	Individual	05:43:02	+03:02:26	11:26	
446	1152	Valter Silva	CORRER LEÇA	05:43:23	+03:02:47	11:27	
447	1234	Norberto Aguiar	GD Leões da Guarda - Lion Runners	05:43:38	+03:03:02	11:27	
448	1504	Margarida Dantas	TEAM LANTEMIL	05:43:42	+03:03:06	11:27	
449	1500	Cristiana	TEAM LANTEMIL	05:43:43	+03:03:07	11:27	
450	1201	Jorge Vasconcelos	Equipa A	05:48:44	+03:08:08	11:37	
451	1026	Rosmery Silva	ADC SANTA ISABEL	05:48:53	+03:08:17	11:38	

TRAIL LONGO - STAGE 1

30 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
452	1147	Cláudia Cunha	CORRER LEÇA	05:49:24	+03:08:48	11:39	
453	1150	Nuno Morgado	CORRER LEÇA	05:49:24	+03:08:48	11:39	
454	1545	Maria Rosa Costa		05:49:57	+03:09:21	11:40	
455	1359	Abilio Silva	Individual	05:56:25	+03:15:49	11:53	
456	1313	Helena Nogueira	Individual	05:57:14	+03:16:38	11:54	
457	1255	Carina Meneses	Individual	05:59:27	+03:18:51	11:59	
458	1171	Renata Almeida	DiVE Into the Mountains	06:13:40	+03:33:04	12:27	
459	1174	Diana Moura	DiVE Into the Mountains	06:13:40	+03:33:04	12:27	
460	1284	Marcos Carvalho	Individual	06:20:28	+03:39:52	12:41	
461	1305	Sandra Martins	Individual	06:20:30	+03:39:54	12:41	
462	1146	Marisa Silva	CORRER LEÇA	06:20:45	+03:40:09	12:42	
463	1307	Ana Rangel	Individual	06:33:38	+03:53:02	13:07	
464	1377	Pedro Nunes	Individual	06:33:39	+03:53:03	13:07	
465	1257	Ingrid Rocha	Individual	06:46:16	+04:05:40	13:33	

Trail Longo

30 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:45	13.8°C	87%
End	16:31	13.8°C	87%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	1226	Andreia Almeida	Furfor Running Project	Senior Feminino	03:36:37	+56:01	07:13
2	1429	Bárbara Fernandes	MONTANHA CLUBE TRAIL RUNNING / EFAPEL	Senior Feminino	03:39:48	+59:12	07:20
3	1416	Fatima Amóinha	Lobos do Brunheiro de Chaves / Crossbox	Senior Feminino	03:48:01	+01:07:25	07:36
4	1031	Joana Fernandes	Akuafit	Senior Feminino	03:50:34	+01:09:58	07:41
5	1119	Susana Rodrigues	Clube Atletismo Fafe	Senior Feminino	03:57:14	+01:16:38	07:54
6	1259	Raquel Andrade	Individual	Senior Feminino	03:58:26	+01:17:51	07:57
7	1184	Patricia Palma	EDV-VIANA TRAIL	Senior Feminino	04:03:09	+01:22:34	08:06
8	1256	Cristina Teixeira	Individual	Senior Feminino	04:13:42	+01:33:07	08:27
9	1521	Elisabete Alves	Trogloditas runners	Senior Feminino	04:16:04	+01:35:29	08:32
10	1182	susana dantas alves	EDL Trail	Senior Feminino	04:17:50	+01:37:14	08:36
11	1181	Daniela Vilas Boas	Dragon Club	Senior Feminino	04:21:58	+01:41:22	08:44
12	1078	Diana martins	Boavista Trail	Senior Feminino	04:27:45	+01:47:09	08:56
13	1079	Neuza Caridade	Boavista Trail	Senior Feminino	04:33:52	+01:53:16	09:08
14	1254	Ana Águas	Individual	Senior Feminino	04:33:56	+01:53:20	09:08
15	1230	Camila Mendes	GD Leões da Guarda - Lion Runners	Senior Feminino	04:37:04	+01:56:28	09:14
16	1476	Sónia Gomes	Runners do Demo	Senior Feminino	04:41:38	+02:01:03	09:23
17	1245	Patrícia Ramos	Grupo Desportivo Banco de Portugal	Senior Feminino	04:42:11	+02:01:36	09:24
18	1258	Mafalda Resende	Individual	Senior Feminino	04:50:58	+02:10:23	09:42
19	1260	Rita Freitas	Individual	Senior Feminino	04:52:25	+02:11:50	09:45
20	1209	Carla Neves	FACTOR X / S4L / MEDENSE FC	Senior Feminino	05:00:24	+02:19:49	10:01
21	1183	Andreia Sofia Santos Mota	EDV-VIANA TRAIL	Senior Feminino	05:13:37	+02:33:01	10:27
22	1461	Beatriz Loureiro	Pernetas	Senior Feminino	05:22:52	+02:42:16	10:46
23	1071	Sónia Almeida	Aventureiros	Senior Feminino	05:26:39	+02:46:03	10:53
24	1008	Sónia Alexandra Dias Brás	A.D.Amarante	Senior Feminino	05:26:39	+02:46:03	10:53
25	1499	carla sofia Araujo	TEAM LANTEMIL	Senior Feminino	05:27:09	+02:46:33	10:54
26	1240	Cláudia coelho	GENEROSOS RUNNERS	Senior Feminino	05:29:32	+02:48:57	10:59
27	1141	Cândida Bento	CORRER LEÇA	Senior Feminino	05:29:38	+02:49:03	10:59
28	1142	Dulce Neves	CORRER LEÇA	Senior Feminino	05:39:19	+02:58:44	11:19
29	1438	Micaela Brito	Devasta Trilhos	Senior Feminino	05:41:07	+03:00:31	11:22
30	1437	Margarida Silva	NOCTURNOS DE PAREDES	Senior Feminino	05:41:07	+03:00:32	11:22
31	1500	Cristiana	TEAM LANTEMIL	Senior Feminino	05:43:42	+03:03:06	11:27
32	1255	Carina Meneses	Individual	Senior Feminino	05:59:26	+03:18:51	11:59
33	1171	Renata Almeida	DIVE Into the Mountains	Senior Feminino	06:13:39	+03:33:04	12:27
34	1257	Ingrid Rocha	Individual	Senior Feminino	06:46:15	+04:05:40	13:33

Trail Longo

30 KM

OFFICIAL RESULT

Senior Masculino

1	1285	MARIO FONSECA	Individual	Senior Masculino	02:40:35	05:21
2	1487	Carlos Miguel da Costa Ferreira	SiM Summit	Senior Masculino	02:45:06	+04:31 05:30
3	1082	Francisco Gesteira	Boavista Trail	Senior Masculino	02:48:17	+07:42 05:37
4	1050	Marco Pinheiro	ARC Vale S. Cosme	Senior Masculino	02:50:49	+10:13 05:42
5	1084	Marcos António Fidalgo Pascual	Boavista Trail	Senior Masculino	02:53:42	+13:06 05:47
6	1414	Joel Pereira	Minho e Lima Trail	Senior Masculino	02:54:35	+14:00 05:49
7	1051	Ricardo Campos	ARC Vale S. Cosme	Senior Masculino	02:57:20	+16:44 05:55
8	1227	Fábio Pinto	Furfor Running Project	Senior Masculino	02:57:36	+17:00 05:55
9	1518	Carlos Coelho	TRAIL ME	Senior Masculino	02:58:22	+17:47 05:57
10	1120	Nuno Fernandes	Clube Atletismo Fafe	Senior Masculino	03:00:02	+19:26 06:00
11	1167	Joaquim Duarte	Dá-lhe Gás Trail Team Fisioduo	Senior Masculino	03:01:34	+20:58 06:03
12	1048	Bruno André Teixeira Pereira	Amigossemilimites	Senior Masculino	03:05:32	+24:56 06:11
13	1053	Bruno Costa	ARCA BarceloS runners	Senior Masculino	03:06:51	+26:15 06:14
14	1055	Ricardo Miranda	ARCA BarceloS runners	Senior Masculino	03:06:51	+26:16 06:14
15	1052	Vasco costa	ARC Vale S. Cosme	Senior Masculino	03:11:57	+31:22 06:24
16	1049	José Leitão	ARC Vale S. Cosme	Senior Masculino	03:11:57	+31:22 06:24
17	1162	PEDRO DIAS	Dá-lhe Gás Trail Team Fisioduo	Senior Masculino	03:12:54	+32:18 06:26
18	1187	Emanuel Machado	EDV-VIANA TRAIL	Senior Masculino	03:14:06	+33:30 06:28
19	1159	ADERITO OLIVEIRA	Dá-lhe Gás Trail Team Fisioduo	Senior Masculino	03:16:17	+35:41 06:33
20	1081	Francisco Fidalgo Pascual	Boavista Trail	Senior Masculino	03:17:14	+36:39 06:34
21	1160	CARLOS PRUDENCIO	Dá-lhe Gás Trail Team Fisioduo	Senior Masculino	03:17:40	+37:05 06:35
22	1486	Bruno Sousa	SiM Summit	Senior Masculino	03:19:12	+38:36 06:38
23	1211	David Gonçalves	FACTOR X / S4L / MEDENSE FC	Senior Masculino	03:19:52	+39:16 06:40
24	1296	ricardo rodrigues	Individual	Senior Masculino	03:20:27	+39:51 06:41
25	1453	Miguel Jaques	OLIMPICO VIANENSE	Senior Masculino	03:21:20	+40:44 06:43
26	1194	Ricardo Silva	EDV-VIANA TRAIL	Senior Masculino	03:21:49	+41:13 06:44
27	1080	Fábio Rodrigues	Boavista Trail	Senior Masculino	03:21:56	+41:20 06:44
28	1127	Fábio Vasconcelos	Clube Efacec	Senior Masculino	03:22:14	+41:38 06:44
29	1298	Tiago Araújo	Individual	Senior Masculino	03:22:27	+41:51 06:45
30	1442	JOSE MANUEL PINTO	Nos Acreditamos	Senior Masculino	03:22:27	+41:52 06:45
31	1278	Jorge Ribeiro	Individual	Senior Masculino	03:25:01	+44:26 06:50
32	1009	António Daniel Pinto Mendes	A.D.Amarante	Senior Masculino	03:25:32	+44:56 06:51
33	1488	Rui Araujo	SiM Summit	Senior Masculino	03:26:08	+45:33 06:52
34	1288	Pedro Ferreira	Individual	Senior Masculino	03:26:30	+45:55 06:53
35	1186	Amaro Costa	EDV-VIANA TRAIL	Senior Masculino	03:26:45	+46:10 06:54
36	1040	Paulo Machado	Aliados Trail Running Team	Senior Masculino	03:26:55	+46:20 06:54
37	1172	Nuno Figueiredo	DiVe Into the Mountains	Senior Masculino	03:27:47	+47:11 06:56
38	1054	Pedro Vale	ARCA BarceloS runners	Senior Masculino	03:28:00	+47:24 06:56
39	1279	José Faria	Individual	Senior Masculino	03:29:11	+48:35 06:58
40	1450	Sérgio Rodrigues	OCS - Arrábida Trail Team	Senior Masculino	03:29:44	+49:09 06:59
41	1086	João Cruz	Boavista Trail	Senior Masculino	03:29:45	+49:09 07:00
42	1417	Bruno Canto	Lobos do Brunheiro de Chaves / Crossbox	Senior Masculino	03:31:49	+51:14 07:04
43	1267	Daniel Vasconcelos	Individual	Senior Masculino	03:33:17	+52:42 07:07
44	1263	Carlos Cardoso	Individual	Senior Masculino	03:35:21	+54:45 07:11

Trail Longo
30 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

45	1210	Daniel Terra	FACTOR X / S4L / MEDENSE FC	Senior Masculino	03:35:45	+55:10	07:12
46	1109	Filipe Pinho	CIDEP Fornos Lusavouga	Senior Masculino	03:36:14	+55:38	07:12
47	1524	Bru Ferreira	Turbo kings 2.0/ AD Ancede	Senior Masculino	03:36:17	+55:41	07:13
48	1007	Marco Barejão Pinto	100 Treino	Senior Masculino	03:37:38	+57:03	07:15
49	1085	Roberto Freitas	Boavista Trail	Senior Masculino	03:38:03	+57:28	07:16
50	1484	Paulo Elias	SF2002	Senior Masculino	03:38:11	+57:35	07:16
51	1445	Márcio Quintas	Ntrilhos- Trail Medieval	Senior Masculino	03:42:54	+01:02:18	07:26
52	1097	Marcos Ribeiro	C. A. Andatrilhos Freamunde	Senior Masculino	03:43:12	+01:02:36	07:26
53	1261	Bruno Teles	Individual	Senior Masculino	03:43:23	+01:02:47	07:27
54	1418	Diogo de Oliveira Machado	Lobos do Brunheiro de Chaves / Crossbox	Senior Masculino	03:45:04	+01:04:29	07:30
55	1289	Pedro Gonçalves	Individual	Senior Masculino	03:46:08	+01:05:32	07:32
56	1293	Ricardo Costa	Individual	Senior Masculino	03:46:20	+01:05:44	07:33
57	1105	Vasco	CB RUN	Senior Masculino	03:46:32	+01:05:56	07:33
58	1452	Miguel Barbosa	OLIMPICO VIANENSE	Senior Masculino	03:47:09	+01:06:33	07:34
59	1490	Tiago Amaral	SiM Summit	Senior Masculino	03:49:16	+01:08:41	07:39
60	1433	Filipe Póvoas	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	03:49:48	+01:09:13	07:40
61	1018	Filipe Afonso	AC Portalegre/UTSM	Senior Masculino	03:52:20	+01:11:44	07:45
62	1496	Andre Silva	Sporting Clube de Espinho- Atletismo/Antonio Leitão	Senior Masculino	03:52:30	+01:11:54	07:45
63	1266	Daniel Pereira	Individual	Senior Masculino	03:52:58	+01:12:22	07:46
64	1286	Nelson Frias Amaral	Individual	Senior Masculino	03:53:01	+01:12:25	07:46
65	1264	Carlos Cruz	Individual	Senior Masculino	03:54:45	+01:14:10	07:50
66	1076	Ivo Silva	Beat Your Limit	Senior Masculino	03:55:17	+01:14:41	07:51
67	1401	Diogo Aguiar	Inquipa	Senior Masculino	03:55:41	+01:15:06	07:51
68	1513	Nuno Moreira	TEAM TT	Senior Masculino	03:55:48	+01:15:13	07:52
69	1475	Rui Lobo Castro	Rinus Fafe	Senior Masculino	03:55:56	+01:15:20	07:52
70	1501	Emanuel Freitas	TEAM LANTEMIL	Senior Masculino	03:56:40	+01:16:05	07:53
71	1022	Diogo Resende	ADC SANTA ISABEL	Senior Masculino	03:57:00	+01:16:25	07:54
72	1024	Hugo Couto	ADC SANTA ISABEL	Senior Masculino	03:57:00	+01:16:25	07:54
73	1519	Bruno Miguel Afonso Pinheiro	TRAIL TEAM MONTARIA	Senior Masculino	03:57:32	+01:16:56	07:55
74	1262	Bruno Moura	Individual	Senior Masculino	03:58:27	+01:17:52	07:57
75	1138	Paulo Silva	Clube Zupper	Senior Masculino	03:59:03	+01:18:27	07:58
76	1526	Pedro Rocha	Turbo kings 2.0/ AD Ancede	Senior Masculino	03:59:43	+01:19:07	07:59
77	1525	Pedro Monteiro	Turbo kings 2.0/ AD Ancede	Senior Masculino	03:59:43	+01:19:08	07:59
78	1271	Filipe Faria	Individual	Senior Masculino	04:01:41	+01:21:06	08:03
79	1404	Andre Lopes	KeMedo Team	Senior Masculino	04:02:04	+01:21:29	08:04
80	1224	Nelson vilela	FigueiróFIT	Senior Masculino	04:02:48	+01:22:12	08:06
81	1467	José Nunes	Pó Reforço Trail Team	Senior Masculino	04:03:19	+01:22:43	08:07
82	1268	Daniel vieira	Individual	Senior Masculino	04:03:20	+01:22:44	08:07
83	1099	Jil Coelho	C.D.C. PARADELA	Senior Masculino	04:03:53	+01:23:18	08:08
84	1163	Ricardo Dias	Dá-lhe Gás Trail Team Fisioduo	Senior Masculino	04:05:08	+01:24:32	08:10
85	1502	Pedro Coelho	TEAM LANTEMIL	Senior Masculino	04:06:36	+01:26:00	08:13
86	1494	RICARDO LIRIO	skandinavian.project	Senior Masculino	04:06:47	+01:26:12	08:14
87	109	Hélder Campos	Individual	Senior Masculino	04:07:14	+01:26:39	08:15
88	1017	Bruno Manuel Oliveira Paiva	Abutres	Senior Masculino	04:07:53	+01:27:17	08:16

Official Timekeeper: Lap2Go	3 / 12	generate 16-Feb-2020 17:06
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Trail Longo

30 KM

OFFICIAL RESULT

89	1083	José Pedro Barbosa	Boavista Trail	Senior Masculino	04:08:39	+01:28:04	08:17
90	1472	Pedro Fonseca	Ribeiras Trail	Senior Masculino	04:10:28	+01:29:53	08:21
91	1265	Carlos emanuel leal ferreira	Individual	Senior Masculino	04:11:07	+01:30:31	08:22
92	1207	Pedro neto	Eu&tu	Senior Masculino	04:12:17	+01:31:42	08:25
93	1512	Ivo Sampaio	TEAM TT	Senior Masculino	04:12:21	+01:31:45	08:25
94	1530	Gabriel F. S. Sousa	Individual	Senior Masculino	04:13:42	+01:33:07	08:27
95	1281	José Sá	Individual	Senior Masculino	04:13:48	+01:33:13	08:28
96	1291	Pedro Sérgio Moreira Santos	Individual	Senior Masculino	04:13:49	+01:33:13	08:28
97	1427	Mário Jorge Pereira Martins	Moka Trail Team	Senior Masculino	04:14:23	+01:33:47	08:29
98	1229	Jorge Beliago	Gansos	Senior Masculino	04:16:48	+01:36:12	08:34
99	1275	JOÃO ALEIXO	Individual	Senior Masculino	04:17:37	+01:37:01	08:35
100	1023	Francisco Zenha	ADC SANTA ISABEL	Senior Masculino	04:22:18	+01:41:43	08:45
101	1402	Paulo Nobre	Inquipa	Senior Masculino	04:23:28	+01:42:52	08:47
102	1272	Filipe Sousa	Individual	Senior Masculino	04:23:53	+01:43:18	08:48
103	1034	Carlos Campainha	Alexandra Carvalho Team	Senior Masculino	04:24:35	+01:43:59	08:49
104	1451	Francisco Novoa	OLIMPICO VIANENSE	Senior Masculino	04:24:40	+01:44:04	08:49
105	1004	Ricardo pereira	#atéchoras	Senior Masculino	04:25:36	+01:45:01	08:51
106	1075	Filipe Tavares	Aztrail/Mercentro	Senior Masculino	04:25:41	+01:45:06	08:51
107	1283	Marco André Costa Ferreira	Individual	Senior Masculino	04:28:37	+01:48:02	08:57
108	1030	Rufino Freitas	AfrikanRunners	Senior Masculino	04:28:42	+01:48:06	08:57
109	1233	Miguel Mendes	GD Leões da Guarda - Lion Runners	Senior Masculino	04:28:59	+01:48:24	08:58
110	1212	Nuno Amorim	FACTOR X / S4L / MEDENSE FC	Senior Masculino	04:29:12	+01:48:36	08:58
111	1113	Isidro Almeida	Cinfães a Correr	Senior Masculino	04:29:53	+01:49:17	09:00
112	1035	Ricardo Rego	Alexandra Carvalho Team	Senior Masculino	04:30:56	+01:50:20	09:02
113	1468	Luis Alves	Pó Reforço Trail Team	Senior Masculino	04:32:03	+01:51:28	09:04
114	1282	Luis Filipe Veloso da Silva	Individual	Senior Masculino	04:32:49	+01:52:14	09:06
115	1213	Rui Oliveira	FACTOR X / S4L / MEDENSE FC	Senior Masculino	04:32:57	+01:52:22	09:06
116	1246	Daniel Silva	Grupo Desportivo Banco de Portugal	Senior Masculino	04:34:50	+01:54:14	09:10
117	1403	Humberto Barros	Kaninos	Senior Masculino	04:35:44	+01:55:08	09:11
118	1277	Jorge Mendes	Individual	Senior Masculino	04:36:25	+01:55:49	09:13
119	1458	Bruno Ferreira	Osteo Performance 360°	Senior Masculino	04:36:35	+01:56:00	09:13
120	1251	Helder Marques	Hora do Lobo Trail CF Perosinho	Senior Masculino	04:37:02	+01:56:26	09:14
121	1295	Ricardo Novais	Individual	Senior Masculino	04:39:28	+01:58:53	09:19
122	1515	Hélder de Oliveira	Terror dos Montes	Senior Masculino	04:39:31	+01:58:56	09:19
123	1214	Sandro Pinheiro	FACTOR X / S4L / MEDENSE FC	Senior Masculino	04:41:42	+02:01:06	09:23
124	1405	David Carvalho	KeMedo Team	Senior Masculino	04:42:07	+02:01:31	09:24
125	1459	Vitor Carneiro	Paços runners	Senior Masculino	04:42:20	+02:01:45	09:25
126	1300	Vitor Pereira	Individual	Senior Masculino	04:42:31	+02:01:56	09:25
127	1128	Paulo Borges	Clube Efacec	Senior Masculino	04:43:09	+02:02:34	09:26
128	1470	Rui Miguel Coelho	Pó Reforço Trail Team	Senior Masculino	04:45:19	+02:04:43	09:31
129	1522	Vitor Gonçalves	Trogloditas runners	Senior Masculino	04:49:25	+02:08:49	09:39
130	1269	Diogo Silva	Individual	Senior Masculino	04:51:24	+02:10:48	09:43
131	1239	Tiago Costa	GDC Fidelidade	Senior Masculino	04:52:44	+02:12:09	09:45
132	1469	Rodolfo Monteiro	Pó Reforço Trail Team	Senior Masculino	04:56:54	+02:16:18	09:54
133	1465	Jorge Alves	Phoenix Evorun	Senior Masculino	04:56:56	+02:16:20	09:54

Trail Longo

30 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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15	1145	Carla Ferreira	CORRER LEÇA	Veterana F40	05:05:47	+02:25:12	10:12
16	1301	Célia Sousa	Individual	Veterana F40	05:06:43	+02:26:07	10:13
17	1077	Andreia Ribeiro	Boavista Trail	Veterana F40	05:39:33	+02:58:57	11:19
18	1523	Maria José Gomes Oliveira	Trogloditas runners	Veterana F40	05:41:39	+03:01:03	11:23
19	1306	Sandra Pereira	Individual	Veterana F40	05:43:02	+03:02:26	11:26
20	1504	Margarida Dantas	TEAM LANTEMIL	Veterana F40	05:43:41	+03:03:06	11:27
21	1026	Rosmary Silva	ADC SANTA ISABEL	Veterana F40	05:48:53	+03:08:17	11:38
22	1174	Diana Moura	DiVE Into the Mountains	Veterana F40	06:13:39	+03:33:04	12:27
23	1305	Sandra Martins	Individual	Veterana F40	06:20:29	+03:39:54	12:41
24	1146	Marisa Silva	CORRER LEÇA	Veterana F40	06:20:45	+03:40:09	12:42

Veterana F45

1	1021	Margarida Sousa	AD Marco 09	Veterana F45	04:05:10	+01:24:35	08:10
2	1200	Olga Alexandra dos Santos Branquinho	Equipa A	Veterana F45	04:08:37	+01:28:02	08:17
3	1528	Helena Gomes	WOLVES	Veterana F45	04:15:55	+01:35:19	08:32
4	1019	Claudia Cálix	EDV-VIANA TRAIL	Veterana F45	04:20:34	+01:39:58	08:41
5	1309	Paula Cristina Pereira Silva	Individual	Veterana F45	04:31:33	+01:50:57	09:03
6	1129	Liseta Pinto	Clube Efacec	Veterana F45	04:39:35	+01:58:59	09:19
7	1248	Maria Carmo Loureiro	GRUPO DESPORTIVO SANTANDER TOTTA	Veterana F45	04:40:30	+01:59:55	09:21
8	1454	Carla Cruz	OLIMPICO VIANENSE	Veterana F45	04:43:10	+02:02:34	09:26
9	1311	Sónia Mota	Individual	Veterana F45	04:46:49	+02:06:13	09:34
10	1092	Ana Dias	BUDEGUITA RUNNERS	Veterana F45	04:48:42	+02:08:06	09:37
11	1093	Helena Isabel Moreira Dias	BUDEGUITA RUNNERS	Veterana F45	04:48:44	+02:08:09	09:37
12	1310	Sandra Ferreira	Individual	Veterana F45	04:52:39	+02:12:03	09:45
13	1544	Patrícia Rocha	Individual	Veterana F45	04:59:15	+02:18:39	09:59
14	1148	Maria Fernanda Ferreira	CORRER LEÇA	Veterana F45	05:04:46	+02:24:10	10:10
15	1147	Cláudia Cunha	CORRER LEÇA	Veterana F45	05:49:24	+03:08:48	11:39
16	1307	Ana Rangel	Individual	Veterana F45	06:33:37	+03:53:01	13:07

Veterana F50

1	1011	LAURINDA ROSA DA SILVA BARROS	A.D.Amarante	Veterana F50	04:10:48	+01:30:12	08:22
2	1406	Laura Mendes	KeMedo Team	Veterana F50	04:21:14	+01:40:38	08:42
3	1252	Rosa Maria Freitas Teixeira	Hora do Lobo Trail CF Perosinho	Veterana F50	04:23:49	+01:43:13	08:48
4	1175	Maria Sá	DiVE Into the Mountains	Veterana F50	04:24:45	+01:44:09	08:50
5	1473	Rosa Gama	Ribeiras Trail	Veterana F50	04:40:30	+01:59:55	09:21
6	1439	Maria Costa	NOCTURNOS DE PAREDES	Veterana F50	04:41:38	+02:01:02	09:23
7	1312	Catarina Teixeira	Individual	Veterana F50	05:18:42	+02:38:06	10:37
8	1314	ISABEL ARAUJO	Individual	Veterana F50	05:18:43	+02:38:08	10:37
9	1477	Graça Costa	Runners do Demo	Veterana F50	05:19:24	+02:38:48	10:39
10	1315	Margarida Pinto	Individual	Veterana F50	05:32:07	+02:51:32	11:04
11	1313	Helena Nogueira	Individual	Veterana F50	05:57:13	+03:16:37	11:54

Trail Longo

30 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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36	254	Tiago Vilas boas		Veterano M40	03:53:34	+01:12:58	07:47
37	1151	Tiago Montalvão	CORRER LEÇA	Veterano M40	03:55:15	+01:14:39	07:51
38	1133	Miguel Cruz	Clube Efacec	Veterano M40	03:55:16	+01:14:41	07:51
39	1324	Felisberto Arcipreste	Individual	Veterano M40	03:55:19	+01:14:44	07:51
40	1343	Nuno Meneses	Individual	Veterano M40	03:55:22	+01:14:46	07:51
41	1217	Joaquim Carvalho	FACTOR X / S4L / MEDENSE FC	Veterano M40	03:56:22	+01:15:46	07:53
42	1342	Nelson Pinto	Individual	Veterano M40	03:56:42	+01:16:06	07:53
43	1411	Emanuel Maio	KOM - Keep on Move	Veterano M40	03:56:51	+01:16:16	07:54
44	1044	João Coelho	AMC TRAIL	Veterano M40	03:58:23	+01:17:48	07:57
45	1321	Daniel Miranda	Individual	Veterano M40	04:01:27	+01:20:52	08:03
46	1345	Paulo Costa	Individual	Veterano M40	04:02:33	+01:21:58	08:05
47	1098	Marco Cunha	C.D. MEXE AS PERNAS	Veterano M40	04:05:23	+01:24:47	08:11
48	1474	Emanuel Fundo	Ribeiras Trail	Veterano M40	04:05:56	+01:25:20	08:12
49	1331	José Manuel Quaresma Teixeira da Silva Vilela	Individual	Veterano M40	04:06:21	+01:25:46	08:13
50	1341	Miguel Lopes	Individual	Veterano M40	04:07:23	+01:26:47	08:15
51	1149	Carlos Paiva	CORRER LEÇA	Veterano M40	04:07:42	+01:27:06	08:15
52	1497	Ricardo Trigo	STEP BY STEP	Veterano M40	04:09:25	+01:28:49	08:19
53	1042	Nuno Mariz	AllforOne	Veterano M40	04:13:15	+01:32:40	08:27
54	1346	Pedro Teixeira	Individual	Veterano M40	04:13:21	+01:32:46	08:27
55	1339	Mario Costa	Individual	Veterano M40	04:13:39	+01:33:03	08:27
56	1208	Paulo Freitas	F C Vizela	Veterano M40	04:15:38	+01:35:03	08:31
57	1241	Alberto carlos	GENEROSOS RUNNERS	Veterano M40	04:18:14	+01:37:38	08:36
58	1351	Rui Cruz	Individual	Veterano M40	04:19:47	+01:39:12	08:40
59	1157	Guilhermino Meireles	CTM VILA POUCA DE AGUIAR	Veterano M40	04:21:24	+01:40:48	08:43
60	1089	Nuno Teixeira	Boavista Trail	Veterano M40	04:21:38	+01:41:03	08:43
61	1037	Rui Maciel	Alexandra Carvalho Team	Veterano M40	04:24:35	+01:43:59	08:49
62	1478	Eduardo Bastos	S. S. Montepio	Veterano M40	04:26:00	+01:45:24	08:52
63	1350	Rolando Paulo	Individual	Veterano M40	04:26:21	+01:45:46	08:53
64	1425	Marco Afonso	Melgaço Alvarinho Trail Team/Quintas de Melgaço	Veterano M40	04:26:49	+01:46:14	08:54
65	1088	Filipe Abreu	Boavista Trail	Veterano M40	04:27:45	+01:47:09	08:56
66	1032	Carlos rodrigues	Akuafit	Veterano M40	04:28:27	+01:47:52	08:57
67	1250	Hugo Alexandre Palmeira Moreira	GTT-Armazém do Caffè	Veterano M40	04:29:05	+01:48:29	08:58
68	1354	Sérgio Moreira	Individual	Veterano M40	04:30:24	+01:49:48	09:01
69	1131	Helder Oliveira	Clube Efacec	Veterano M40	04:31:16	+01:50:41	09:03
70	1319	Bruno José Rodrigues Leite	Individual	Veterano M40	04:31:42	+01:51:06	09:03
71	1320	Daniel Ferreira	Individual	Veterano M40	04:32:35	+01:52:00	09:05
72	1067	Nuno Miguel Costa Ribeiro	Arribas	Veterano M40	04:32:58	+01:52:22	09:06
73	1329	Joaquim José da Silva Oliveira	Individual	Veterano M40	04:33:59	+01:53:23	09:08
74	1355	Sérgio Moura	ADC SANTA ISABEL	Veterano M40	04:36:42	+01:56:06	09:13
75	1348	Ricardo lento	Individual	Veterano M40	04:39:02	+01:58:27	09:18
76	1117	Pedro Carmo	CLAC Entroncamento	Veterano M40	04:42:26	+02:01:50	09:25
77	1337	Marco paulo martins lopes	Individual	Veterano M40	04:43:03	+02:02:28	09:26
78	1412	Paulo Pinto	KOM - Keep on Move	Veterano M40	04:43:05	+02:02:29	09:26
79	1114	Vasco Cardos0	Cinfães a Correr	Veterano M40	04:44:10	+02:03:34	09:28
80	1197	luis ramos	EI Team Trail	Veterano M40	04:44:18	+02:03:43	09:29

Official Timekeeper: Lap2Go	8 / 12	generate 16-Feb-2020 17:06
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Trail Longo

30 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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81	1132	Miguel Barbosa	Clube Efacec	Veterano M40	04:46:48	+02:06:13	09:34
82	1336	Márcio Mendes	Individual	Veterano M40	04:46:56	+02:06:20	09:34
83	1056	João Paulo Cruz	ARCA BarceloS runners	Veterano M40	04:48:51	+02:08:15	09:38
84	1100	Flávio Soares	CAL - Clube Atletismo de Lamas	Veterano M40	04:56:29	+02:15:54	09:53
85	1064	Nuno Fernandes	ARCORUN	Veterano M40	04:56:51	+02:16:15	09:54
86	1356	Sergio Tavares	Individual	Veterano M40	04:58:26	+02:17:51	09:57
87	1334	Manuel Rocha	Individual	Veterano M40	05:01:47	+02:21:12	10:04
88	1347	Ricardo Gonçalves	Individual	Veterano M40	05:02:08	+02:21:33	10:04
89	1333	Luís Queirós	Individual	Veterano M40	05:02:55	+02:22:20	10:06
90	1325	Gilberto Sousa	Individual	Veterano M40	05:03:39	+02:23:03	10:07
91	1005	Vitor Manuel Gonçalves Osório	#atéchoras	Veterano M40	05:06:44	+02:26:08	10:13
92	1338	Mário Araújo	Individual	Veterano M40	05:07:28	+02:26:53	10:15
93	1330	José Lopes	Individual	Veterano M40	05:08:34	+02:27:58	10:17
94	1317	Antonio Almeida	Individual	Veterano M40	05:08:47	+02:28:11	10:18
95	1318	Artur Fonseca	Individual	Veterano M40	05:18:32	+02:37:57	10:37
96	1448	Nuno Capela	Núcleo de Montanha de Espinho	Veterano M40	05:18:54	+02:38:19	10:38
97	1104	Carlos Cachulo	CATR - Correio de Albergaria Trail Running	Veterano M40	05:19:29	+02:38:53	10:39
98	1498	Joel Jacinto	Talentos Objectivos	Veterano M40	05:27:47	+02:47:12	10:56
99	1152	Valter Silva	CORRER LEÇA	Veterano M40	05:43:23	+03:02:47	11:27
100	1201	Jorge Vasconcelos	Equipa A	Veterano M40	05:48:44	+03:08:08	11:37
101	1150	Nuno Morgado	CORRER LEÇA	Veterano M40	05:49:24	+03:08:48	11:39

Veterano M45

1	1195	Telmo Veloso	EDV-VIANA TRAIL	Veterano M45	03:01:14	+20:38	06:02
2	1196	Victor Correia	EDV-VIANA TRAIL	Veterano M45	03:02:23	+21:47	06:05
3	1041	Patrick Marques	Aliados Trail Running Team	Veterano M45	03:12:49	+32:13	06:26
4	1103	Joaquim Silva	Capital Douro	Veterano M45	03:13:08	+32:33	06:26
5	1493	André Guedes	SiM Summit	Veterano M45	03:21:57	+41:21	06:44
6	1038	Adelino Aires	Alexandra Carvalho Team	Veterano M45	03:25:56	+45:21	06:52
7	1443	FERNANDO CARVALHO	Nos Acreditamos	Veterano M45	03:27:28	+46:53	06:55
8	1290	Paulo Pereira	Individual	Veterano M45	03:29:28	+48:52	06:59
9	1363	António Cunha	Individual	Veterano M45	03:30:09	+49:33	07:00
10	1169	ABILIO MARTINS	Dá-lhe Gás Trail Team Fisioduo	Veterano M45	03:33:05	+52:29	07:06
11	1111	João Tavares	CIDEP Fornos Lusavouga	Veterano M45	03:33:50	+53:14	07:08
12	1027	Fernando Augusto	ADC SANTA ISABEL	Veterano M45	03:37:04	+56:29	07:14
13	1369	Hilário Louro	Individual	Veterano M45	03:38:19	+57:44	07:17
14	1218	Fernando Rodrigues	FACTOR X / S4L / MEDENSE FC	Veterano M45	03:40:52	+01:00:17	07:22
15	1137	José Antonio Alves de Sousa	Clube Trilheiros & Amigos	Veterano M45	03:43:27	+01:02:51	07:27
16	1096	Luís Mesquita	Bustos Runners	Veterano M45	03:46:11	+01:05:36	07:32
17	1140	José Duarte	Coronado runners	Veterano M45	03:46:45	+01:06:09	07:34
18	1059	Luís Neco	ARCA BarceloS runners	Veterano M45	03:47:19	+01:06:44	07:35
19	1370	Ivo Almeida	Individual	Veterano M45	03:48:03	+01:07:27	07:36
20	1013	Eduardo Ribeiro	A.D.Amarante	Veterano M45	03:56:33	+01:15:57	07:53
21	1510	Luís Pereira	TEAM LANTEMIL	Veterano M45	03:56:40	+01:16:05	07:53

Trail Longo

30 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

22	1361	Américo Figueiredo	Individual	Veterano M45	03:56:50	+01:16:14	07:54
23	1094	João Carvalhal	BUDEGUITA RUNNERS	Veterano M45	03:57:07	+01:16:31	07:54
24	1139	Marco Vieira	Clube Zupper	Veterano M45	03:59:02	+01:18:27	07:58
25	1413	Paulo Soarez	LETHES TRAIL TEAM	Veterano M45	04:00:46	+01:20:11	08:02
26	1434	Victor Azevedo	MSS CONTABILIDADE TRAIL TEAM	Veterano M45	04:02:13	+01:21:38	08:04
27	1374	José Organista	Individual	Veterano M45	04:02:34	+01:21:58	08:05
28	1514	Pedro Lima	TEAM TT	Veterano M45	04:03:47	+01:23:11	08:08
29	1065	Paulo Res	ARCORUN	Veterano M45	04:05:07	+01:24:32	08:10
30	1365	César Sousa	Individual	Veterano M45	04:07:45	+01:27:09	08:16
31	1463	Antonio Vilaça	Pés de Chumbo Runners	Veterano M45	04:09:27	+01:28:51	08:19
32	1440	Arnaldo Santos	NOCTURNOS DE PAREDES	Veterano M45	04:11:07	+01:30:32	08:22
33	1176	David Nuno Lopes Ribeiro	DIVE Into the Mountains	Veterano M45	04:12:06	+01:31:30	08:24
34	1464	José Alberto Ribeiro	Pés de Chumbo Runners	Veterano M45	04:13:18	+01:32:42	08:27
35	1058	Jorge Ribeiro	ARCA BarceloS runners	Veterano M45	04:13:51	+01:33:16	08:28
36	1371	Joao Batista	Individual	Veterano M45	04:17:45	+01:37:10	08:36
37	1375	Luís Miguel de Oliveira Martins	Individual	Veterano M45	04:19:54	+01:39:19	08:40
38	1381	Vasco Rodrigues Silva	Individual	Veterano M45	04:24:55	+01:44:20	08:50
39	1107	Rogério Ribeiro	CB RUN	Veterano M45	04:26:05	+01:45:29	08:52
40	1136	NUNO FREITAS	CLUBE NOVO BANCO	Veterano M45	04:31:19	+01:50:43	09:03
41	1202	Alexandre Pereira	Equipa A	Veterano M45	04:32:33	+01:51:58	09:05
42	1177	Miguel Machado	DIVE Into the Mountains	Veterano M45	04:33:26	+01:52:50	09:07
43	1368	Helder	Individual	Veterano M45	04:33:57	+01:53:22	09:08
44	1366	Eduardo Pinto	Individual	Veterano M45	04:36:35	+01:55:59	09:13
45	1378	Rafael Almeida	Individual	Veterano M45	04:39:28	+01:58:52	09:19
46	1509	Jorge Marques	TEAM LANTEMIL	Veterano M45	04:41:17	+02:00:42	09:23
47	1126	vitoe Coelho	Clube Desportivo Cepssa	Veterano M45	04:44:19	+02:03:43	09:29
48	1426	Mário Rodrigues	Metralhas Runners	Veterano M45	04:45:37	+02:05:02	09:31
49	1090	Paulo Lara	Boavista Trail	Veterano M45	04:47:21	+02:06:45	09:35
50	1069	Pedro Neta	Arribas	Veterano M45	04:47:47	+02:07:11	09:36
51	1006	Rui Manuel Costa Teixeira	#atéchoras	Veterano M45	04:47:49	+02:07:14	09:36
52	1068	João Ramos	Arribas	Veterano M45	04:48:35	+02:08:00	09:37
53	163	Paulo Lagoa	Individual	Veterano M45	04:48:42	+02:08:07	09:37
54	1095	Tiago Almeida	BUDEGUITA RUNNERS	Veterano M45	04:48:45	+02:08:10	09:38
55	1380	Rui Miguel Silva Almeida Teixeira	Individual	Veterano M45	04:51:24	+02:10:48	09:43
56	1125	miguel ferraz	Clube Desportivo Cepssa	Veterano M45	04:56:57	+02:16:21	09:54
57	1219	Jorge Almeida	FACTOR X / S4L / MEDENSE FC	Veterano M45	04:57:52	+02:17:16	09:56
58	1220	Paulo Freitas	FACTOR X / S4L / MEDENSE FC	Veterano M45	05:00:24	+02:19:49	10:01
59	1364	António Ribeiro	Individual	Veterano M45	05:02:08	+02:21:32	10:04
60	1228	Paulo Vilarinho	GAIA-RUNNING	Veterano M45	05:05:41	+02:25:05	10:11
61	1221	pedro Marques	FACTOR X / S4L / MEDENSE FC	Veterano M45	05:05:47	+02:25:11	10:12
62	1373	jose ferreira	Individual	Veterano M45	05:08:41	+02:28:06	10:17
63	1508	Francisco Bartolomeu	TEAM LANTEMIL	Veterano M45	05:27:09	+02:46:33	10:54
64	1153	António Barros	CORRER LEÇA	Veterano M45	05:39:20	+02:58:44	11:19
65	1359	Abilio Silva	Individual	Veterano M45	05:56:24	+03:15:49	11:53

Trail Longo**30 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

10	1516	Fernando Lopes	Terror dos Montes	Veterano M55	04:39:27	+01:58:52	09:19
11	1116	João Bernardo	Cinfães a Correr	Veterano M55	04:44:10	+02:03:35	09:28
12	1395	MARIO RUI LEITE COSTA	Individual	Veterano M55	04:46:49	+02:06:14	09:34
13	1047	Carlos Pedrinhas	Amigos da Montanha	Veterano M55	04:53:19	+02:12:44	09:47
14	1180	António Gonçalves	DIVE Into the Mountains	Veterano M55	04:57:11	+02:16:36	09:54
15	1432	Paulo Graça	Monte dos Amigos	Veterano M55	05:13:07	+02:32:31	10:26
16	1154	João Rocha	CORRER LEÇA	Veterano M55	05:20:59	+02:40:24	10:42
17	1396	Valdemar Almeida	Individual	Veterano M55	05:22:13	+02:41:37	10:44

Veterano M60

1	1436	Agostinho Costa	NAC TRAIL	Veterano M60	03:20:40	+40:04	06:41
2	1223	António Rocha	FACTOR X / S4L / MEDENSE FC	Veterano M60	03:37:48	+57:12	07:16
3	1066	Manuel Rodrigues	ARCORUN	Veterano M60	04:09:21	+01:28:45	08:19
4	1397	António Carlos Silva Teixeira	Individual	Veterano M60	04:22:26	+01:41:50	08:45
5	1016	João Fernando Relvas Pena Gil	A.D.Amarante	Veterano M60	04:23:32	+01:42:56	08:47
6	1238	Serafim Ramos	GD Leões da Guarda - Lion Runners	Veterano M60	04:37:04	+01:56:28	09:14
7	1399	Manuel Faria Sampaio	Individual	Veterano M60	04:45:52	+02:05:17	09:32
8	1155	Manuel Rodrigues	CORRER LEÇA	Veterano M60	04:46:50	+02:06:14	09:34
9	1398	Domingos Machado	Individual	Veterano M60	04:51:46	+02:11:11	09:44
10	1118	Manuel Julio	CLAC Entroncamento	Veterano M60	05:17:58	+02:37:22	10:36

COLETIVO - TRAIL LONGO M

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	ARC VALE S. COSME	5 + 8 + 19	32
2	BOAVISTA TRAIL	3 + 6 + 29	38
3	DÁ-LHE GÁS TRAIL TEAM FISIODUO	4 + 13 + 22	39
4	EDV-VIANA TRAIL	12 + 14 + 25	51
5	SIM SUMMIT	2 + 18 + 33	53
6	CLUBE ATLETISMO FAFE	11 + 24 + 32	67
7	ARCA BARCELOS RUNNERS	16 + 17 + 60	93
8	CLUBE EFACEC	31 + 43 + 73	147
9	A.D.AMARANTE	37 + 50 + 68	155
10	NOS ACREDITAMOS	45 + 57 + 58	160
11	FACTOR X / S4L / MEDENSE FC	35 + 82 + 87	204
12	DIVE INTO THE MOUNTAINS	59 + 62 + 146	267
13	LOBOS DO BRUNHEIRO DE CHAVES / CROSSBOX	72 + 95 + 102	269
14	OLIMPICO VIANENSE	39 + 110 + 130	279
15	ADC SANTA ISABEL	85 + 149 + 150	384
16	MSS CONTABILIDADE TRAIL TEAM	112 + 118 + 166	396
17	TURBO KINGS 2.0/ AD ANCEDE	84 + 157 + 158	399
18	TEAM LANTEMIL	143 + 144 + 183	470
19	PÉS DE CHUMBO RUNNERS	79 + 196 + 205	480
20	ALEXANDRA CARVALHO TEAM	51 + 231 + 232	514
21	TEAM TT	139 + 174 + 202	515
22	S. S. MONTEPIO	91 + 222 + 238	551
23	KEMEDO TEAM	164 + 165 + 261	590
24	GD LEÕES DA GUARDA - LION RUNNERS	94 + 247 + 274	615
25	CORRER LEÇA	133 + 187 + 300	620
26	ARCORUN	177 + 194 + 317	688
27	ARRIBAS	125 + 263 + 303	691
28	PÓ REFORÇO TRAIL TEAM	172 + 257 + 295	724
29	CINFÃES A CORRER	189 + 250 + 291	730
30	EQUIPA A	169 + 258 + 322	749
31	#ATÉCHORAS	236 + 304 + 343	883
32	ESPINHO TRAIL	330 + 331 + 332	993
33	MONTE DOS AMIGOS	349 + 350 + 351	1050

TRAIL CURTO - STAGE 1**18 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:15	13.2°C	93%
End	13:41	14.9°C	93%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	2062	joao ferreira	AIRORUN	01:28:37		04:55	
2	2600	Bruno Silva	Oralklass-Amigos do Trail	01:28:39	+00:02	04:56	
3	2596	Nelson Loureiro	opracante.pt	01:30:05	+01:28	05:00	
4	2178	Paulo Mesquita	EDV-VIANA TRAIL	01:33:11	+04:34	05:11	
5	2601	Pedro Rocha	Oralklass-Amigos do Trail	01:33:11	+04:34	05:11	
6	2702	Diogo Fernandes	SiM Summit	01:35:31	+06:54	05:18	
7	2286	Daniel Santos	Individual	01:38:26	+09:49	05:28	
8	2179	Ivan Silva	EDV-VIANA TRAIL	01:39:13	+10:36	05:31	
9	2341	Zé Pedro	Individual	01:40:45	+12:08	05:36	
10	2203	João Amorim	F. C. Penafiel	01:41:24	+12:47	05:38	
11	2064	JOSE SILVA	AIRORUN	01:41:43	+13:06	05:39	
12	2555	Igor Moreira	Melgaço Alvarinho Trail Team/Quintas de Melgaço	01:41:44	+13:07	05:39	
13	2345	SANTOS Tom	Individual	01:41:46	+13:09	05:39	
14	2045	Bruno Silva	Afacycles SocksBy	01:41:53	+13:16	05:40	
15	2602	Pedro Silva	Oralklass-Amigos do Trail	01:42:19	+13:42	05:41	
16	2637	Miguel Machado	ProFisio eupago Team	01:43:05	+14:28	05:44	
17	2704	Sergio Duarte	SiM Summit	01:43:18	+14:41	05:44	
18	2411	Luciano Pereira	Individual	01:43:34	+14:57	05:45	
19	2105	Tiago Lima	Aves runners	01:44:54	+16:17	05:50	
20	2293	Fabio Barbosa	Individual	01:45:41	+17:04	05:52	
21	2597	Abílio Fernandes	opracante.pt	01:45:49	+17:12	05:53	
22	2409	José Peixoto	Individual	01:45:59	+17:22	05:53	
23	2266	Marisa Alexandra da Rocha Vieira	Individual	01:46:37	+18:00	05:55	
24	2043	Bruno Santos	ADAmarante	01:46:46	+18:09	05:56	
25	2722	Bruno Fontão	TEAM LANTEMIL	01:46:46	+18:09	05:56	
26	2216	Sérgio Vale	Furfor Running Project	01:48:24	+19:47	06:01	
27	2174	Sérgio Martins	Duo trail	01:48:29	+19:52	06:02	
28	2776	António Ferreira	All About	01:48:31	+19:54	06:02	
29	2565	Rui Alvim	MSS CONTABILIDADE TRAIL TEAM	01:49:01	+20:24	06:03	
30	2641	Sérgio Pereira	Protek Running	01:50:41	+22:04	06:09	
31	2107	André Neves	Aves runners	01:51:30	+22:53	06:12	
32	2346	Tiago Pereira	Individual	01:52:16	+23:39	06:14	
33	2102	Daniel Cardoso	AIRORUN	01:52:28	+23:51	06:15	
34	2453	José Paulo Ribeiro	Individual	01:53:13	+24:36	06:17	
35	2610	José Pedrosa	Os primos	01:53:16	+24:39	06:18	
36	2395	Carlos Monteiro	Individual	01:53:39	+25:02	06:19	
37	2327	Pedro Miguel Costa	Individual	01:54:16	+25:39	06:21	
38	2080	Rui Silva	ARC Vale S. Cosme	01:54:37	+26:00	06:22	
39	2206	Pedro Vieira	FAMA RUNNERS	01:54:43	+26:06	06:22	
40	2557	Manuel Rego	Melgaço Alvarinho Trail Team/Quintas de Melgaço	01:54:47	+26:10	06:23	
41	2034	Valentim Antunes Henriques	A.D.Amarante	01:55:21	+26:44	06:25	
42	2562	Fábio Sousa	MSS CONTABILIDADE TRAIL TEAM	01:55:22	+26:45	06:25	

TRAIL CURTO - STAGE 1
18 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	2053	Luciano Pena	AFIPRE Team	01:55:41	+27:04	06:26	
44	2307	João Leite	Individual	01:55:59	+27:22	06:27	
45	2052	Hélder Borges	AFIPRE Team	01:56:11	+27:34	06:27	
46	2343	João Teixeira	Individual	01:56:23	+27:46	06:28	
47	2672	Carlos alberto mendes barbosa	Running Penafiel Trail	01:56:39	+28:02	06:29	
48	2026	Samuel silva	A.D.Amarante	01:57:05	+28:28	06:30	
49	2065	JOSE PEREIRA	AIRORUN	01:58:25	+29:48	06:35	
50	2055	António Carvalho	AFIPRE Team	01:59:00	+30:23	06:37	
51	2226	Ricardo Vidal	GD Leões da Guarda - Lion Runners	01:59:28	+30:51	06:38	
52	2239	Bruno Sampaio	Habcarpintaria	01:59:29	+30:52	06:38	
53	2460	Nando nunes	Individual	01:59:30	+30:53	06:38	
54	2604	Marco Brochado	Os Lobos do Saibro	01:59:40	+31:03	06:39	
55	2506	SANTOS Manuel	Individual	02:00:02	+31:25	06:40	
56	2646	Tiago Sá	Rafa Team	02:00:07	+31:30	06:40	
57	2401	Helder Santos	Individual	02:00:07	+31:30	06:40	
58	2229	Tiago Gomes	GINÁSIO CLUBE DE BRAGANÇA	02:00:47	+32:10	06:43	
59	2393	Bruno Machado	Individual	02:00:51	+32:14	06:43	
60	2288	Domingos Martins	Individual	02:01:19	+32:42	06:44	
61	2724	Rogério Torres	TEAM LANTEMIL	02:01:27	+32:50	06:45	
62	2700	Diana Gaspar	SiM Summit	02:01:28	+32:51	06:45	
63	2029	Filipe Pinheiro	A.D.Amarante	02:02:21	+33:44	06:48	
64	2121	Ricardo Machado	C. A. Andarilhos Freamunde	02:02:25	+33:48	06:48	
65	2162	Adelino Pinto	DAPproduções	02:02:25	+33:48	06:48	
66	2142	Nicolas Lopes	Clube Zupper	02:02:30	+33:53	06:48	
67	2428	Renato Ribeiro	Individual	02:02:41	+34:04	06:49	
68	2703	Eduardo Merino	SiM Summit	02:02:43	+34:06	06:49	
69	2168	Cláudio Monteiro	DOUROCONTA TRAIL TEAM	02:02:51	+34:14	06:50	
70	2605	Bruno Fontão	Os primos	02:03:02	+34:25	06:50	
71	2749	José Augusto Pinto	Turbo kings 2.0/ AD Ancede	02:03:36	+34:59	06:52	
72	2311	Joaquim Lima	Individual	02:03:38	+35:01	06:52	
73	2667	Samuel bessa	Rorizaventura	02:03:46	+35:09	06:53	
74	2057	Vitor Mota	AFIPRE Team	02:03:49	+35:12	06:53	
75	2541	Laurindo Osório	KeMedo Team	02:04:30	+35:53	06:55	
76	2552	Rodrigo Afonso	Melgaço Alvarinho Trail Team/Quintas de Melgaço	02:04:59	+36:22	06:57	
77	2164	João Dias	Dias & Dias a correr	02:05:05	+36:28	06:57	
78	2631	Renato Oliveira	PORTOCARGO RUNNERS	02:05:07	+36:30	06:57	
79	2405	Jorge Alberto Rodrigues Fernandes	Rorizaventura	02:05:08	+36:31	06:57	
80	2448	josé carlos ribeiro guimarães	Individual	02:05:14	+36:37	06:57	
81	2723	Rogério Oliveira	TEAM LANTEMIL	02:05:32	+36:55	06:58	
82	2077	Alcino Silva	Amigos 100 Limites	02:05:35	+36:58	06:59	
83	2627	António Silva	Pó Reforço Trail Team	02:05:39	+37:02	06:59	
84	2059	Heitor Ortiga	AFIPRE Team	02:06:00	+37:23	07:00	
85	2527	Bruno Gaio	KeMedo Team	02:06:01	+37:24	07:00	
86	2136	Paulo Casais	Clube de Montanha Alto trilho - Javalis	02:06:25	+37:48	07:01	
87	2284	Bruno Machado	Individual	02:06:51	+38:14	07:03	
88	2421	Paulo Alves	Individual	02:06:51	+38:14	07:03	

TRAIL CURTO - STAGE 1

18 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
134	2303	Jaime Neto	Individual	02:14:48	+46:11	07:29	
135	2645	Silvério Pereira	Protek Running	02:14:56	+46:19	07:30	
136	2148	Ernesto Silva	Coronado runners	02:14:59	+46:22	07:30	
137	1449	Cristiano Abreu	O que queremos é monte	02:15:01	+46:24	07:30	
138	2231	ANTONIO JOAQUIM ROSAS GOMES	GINASIO CLUBE DE SANTO TIRSO	02:15:04	+46:27	07:30	
139	2292	Eugénio Cruz	Individual	02:15:10	+46:33	07:31	
140	2403	Hugo Miguel Lopes Silva Pinto	Individual	02:15:23	+46:46	07:31	
141	2507	ALBERTO LEITE	Individual	02:15:28	+46:51	07:32	
142	2682	Julio Santos	S. S. Montepio	02:15:36	+46:59	07:32	
143	2747	Antonio Teixeira	Turbo kings 2.0/ AD Ancede	02:15:39	+47:02	07:32	
144	2196	Júlia Sousa	Escola Atletismo Trofa	02:15:48	+47:11	07:33	
145	2676	Vitor Rio	S. S. Montepio	02:16:03	+47:26	07:33	
146	2712	José Bernardo Soares Pereira do Carmo	Sportarc. Running	02:16:10	+47:33	07:34	
147	2691	Pedro Pimenta	Sem Medo	02:16:29	+47:52	07:35	
148	2690	Joao correia	Sem Medo	02:16:49	+48:13	07:36	
149	2603	Filipe Pinto	Os Lobos do Saibro	02:16:53	+48:16	07:36	
150	2318	Luis Pereira	Individual	02:16:58	+48:21	07:37	
151	2436	SILVIO FERREIRA	Individual	02:16:59	+48:22	07:37	
152	2079	Rui Teixeira	Amigos das Sapatilhas	02:17:03	+48:26	07:37	
153	2202	Olga Cristiana Ferreira Mota	F C Vizela	02:17:15	+48:38	07:37	
154	2729	Fábio Rodrigues	Team Sindeq	02:17:18	+48:41	07:38	
155	2730	Luís Costa	Team Sindeq	02:17:19	+48:42	07:38	
156	2070	Pedro miranda	Akuafit	02:17:29	+48:52	07:38	
157	2249	Ana Henriques	Individual	02:17:44	+49:07	07:39	
158	2497	Carlos Sousa	Devasta Trilhos	02:17:50	+49:13	07:39	
159	2285	Carlos André Costa Fernandes	Individual	02:17:51	+49:14	07:39	
160	2296	Hélder Filipe Correia Pereira	Individual	02:17:54	+49:17	07:40	
161	2419	Nuno Pina	Individual	02:18:38	+50:01	07:42	
162	2400	Francisco Silva	Individual	02:18:41	+50:04	07:42	
163	2217	Paula Lage	Furfor Running Project	02:18:50	+50:13	07:43	
164	2314	José Ferreira	Individual	02:18:59	+50:22	07:43	
165	2640	Ricardo Pais	Protek Running	02:19:01	+50:24	07:43	
166	2038	Fernando Queirós	A.D.Amarante	02:19:35	+50:58	07:45	
167	2465	Paulo hernani	Individual	02:19:40	+51:03	07:46	
168	2616	Filipe Gomes	Pés de Chumbo Runners	02:19:41	+51:04	07:46	
169	2319	Mário Rego	Individual	02:19:43	+51:06	07:46	
170	2126	César Filipe Pereira Silva Guimarães	CB RUN	02:19:48	+51:11	07:46	
171	2127	Leandro Alberto Silva Oliveira	CB RUN	02:19:48	+51:11	07:46	
172	2523	Nuno Araújo	Juventude Cortegacense	02:19:50	+51:13	07:46	
173	2177	Gabriela Fonseca	EDV-VIANA TRAIL	02:19:54	+51:17	07:46	
174	2689	Felipe fernandes	Sem Medo	02:20:12	+51:35	07:47	
175	2751	Pedro Peixoto	Workio	02:20:29	+51:52	07:48	
176	2705	Pedro Branco	SiM Summit	02:20:31	+51:54	07:48	
177	2522	Jorge Sousa	Jorge Sousa	02:20:40	+52:03	07:49	

TRAIL CURTO - STAGE 1

18 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
178	2470	Rui Azevedo	Individual	02:20:43	+52:06	07:49	
179	2385	Odete Girao	Individual	02:20:44	+52:07	07:49	
180	2694	Vitor andrade	Sem Medo	02:20:56	+52:19	07:50	
181	2130	Ricardo Duarte	Cerveira Team Running	02:21:02	+52:25	07:50	
182	2281	Bruno Barbosa	Individual	02:21:07	+52:30	07:50	
183	2330	Ricardo Antunes	Individual	02:21:14	+52:37	07:51	
184	2014	Fernando Reis	100Pernas Team	02:21:37	+53:00	07:52	
185	2018	Marco Sousa	A TE LOGO TEAM BTT	02:21:43	+53:06	07:52	
186	2368	Cidália Ferreira	Individual	02:21:46	+53:09	07:53	
187	2728	Paulo Areal Sousa	Team Shark	02:21:48	+53:11	07:53	
188	2698	Luis Miguel Silva	SF2002	02:21:59	+53:22	07:53	
189	2141	PAULO RIBEIRO	CLUBE NOVO BANCO	02:22:07	+53:30	07:54	
190	2362	Susana Fernandes	Individual	02:22:09	+53:32	07:54	
191	2073	Bragaole Hugo	Akuafit	02:22:18	+53:41	07:54	
192	2390	António leal	Individual	02:22:23	+53:46	07:55	
193	2665	Bruno Ferreira	Rorizaventura	02:22:26	+53:49	07:55	
194	2664	Joana Magalhães	Rinus Fafe	02:22:27	+53:50	07:55	
195	2457	Luis Ribeiro	Individual	02:22:27	+53:50	07:55	
196	2628	Daniel Ramalhao	PORTOCARGO RUNNERS	02:22:47	+54:10	07:56	
197	2666	Roberto Cristiano Martins Faria	Rorizaventura	02:22:49	+54:12	07:56	
198	2477	Adão Bessa	Individual	02:22:57	+54:20	07:57	
199	2215	Daniela Almeida	Furfor Running Project	02:23:00	+54:23	07:57	
200	2063	DEOLINDA FARIA	AIRORUN	02:23:11	+54:34	07:57	
201	2427	Pedro Oliveira	Individual	02:23:12	+54:35	07:57	
202	2563	José Oliveira	MSS CONTABILIDADE TRAIL TEAM	02:23:42	+55:05	07:59	
203	2280	Bruno Vasconcelos	Individual	02:23:49	+55:12	07:59	
204	2112	Álvaro Pereira	Aves runners	02:24:02	+55:25	08:00	
205	2225	Fernando Faria	GD Leões da Guarda - Lion Runners	02:24:09	+55:32	08:01	
206	2167	Francisco Fonseca	DÓRÉMI	02:24:17	+55:40	08:01	
207	2092	Bruno Soares	ARCORUN	02:24:17	+55:40	08:01	
208	2129	Asdrúbal Freitas	CENTRO CICLISTA DE GONDOMAR	02:24:31	+55:54	08:02	
209	2529	Gerson Alves	KeMedo Team	02:24:39	+56:02	08:02	
210	2669	Emanuel Fernandes	Rorizaventura	02:24:41	+56:05	08:02	
211	2328	Pedro Rodrigues	Individual	02:24:46	+56:09	08:03	
212	2108	Helder Costa	Aves runners	02:24:55	+56:18	08:03	
213	2083	Armindo Lopes	ARC Vale S. Cosme	02:24:58	+56:21	08:03	
214	2504	Porfirio Lírio	Individual	02:25:28	+56:51	08:05	
215	2118	Jorge Brites	Aztrail/Mercentro	02:25:30	+56:53	08:05	
216	2320	Nuno Andrade	Individual	02:25:49	+57:12	08:06	
217	2227	José Silva	GDC de Serafão	02:25:50	+57:13	08:06	
218	2137	Alexandre Pereira	Clube de Montanha Alto trilho - Javalis	02:25:57	+57:20	08:07	
219	2146	Nuno Silva	Coronado runners	02:25:58	+57:21	08:07	
220	2450	José Machado	Individual	02:26:00	+57:23	08:07	
221	2010	Tiago Moreira	100 Treino	02:26:10	+57:33	08:07	
222	2542	Fábio Ferreira	KOM - Keep on Move	02:26:24	+57:47	08:08	
223	2510	Jorge Silva	Individual	02:26:39	+58:02	08:09	

TRAIL CURTO - STAGE 1

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
224	2113	José Fernandes	Aves runners	02:26:55	+58:18	08:10	
225	2636	Goreti Sousa	ProFisio eupago Team	02:27:11	+58:34	08:11	
226	2257	Eliana Pereira	Individual	02:27:12	+58:35	08:11	
227	2234	JOÃO CARLOS PEDROSA SILVA	GINASIO CLUBE DE SANTO TIRSO	02:27:29	+58:52	08:12	
228	2505	Rui Almeida	Individual	02:27:45	+59:08	08:13	
229	2668	Vitor Hugo Martins Fernandes	Rorizaventura	02:28:02	+59:25	08:13	
230	2444	Henrique Silva	Individual	02:28:15	+59:38	08:14	
231	2260	Isabel Oliveira	Individual	02:28:16	+59:39	08:14	
232	2123	Paulo Alves	Capital Douro	02:28:33	+59:56	08:15	
233	2686	Rui alves	Sem Medo	02:28:36	+59:59	08:15	
234	2111	Jorge Costa	Aves runners	02:28:38	+01:00:01	08:15	
235	2519	vtor maia	jiracing	02:29:22	+01:00:45	08:18	
236	2317	Luís Carneiro	Individual	02:29:38	+01:01:01	08:19	
237	2494	Ricardo Ceia	Individual	02:30:16	+01:01:39	08:21	
238	2054	Vítor Fernandes	AFIPRE Team	02:30:19	+01:01:42	08:21	
239	2644	Luís Coelho	Protek Running	02:30:27	+01:01:50	08:21	
240	2479	António Jorge Lourenço Teixeira	Individual	02:30:34	+01:01:57	08:22	
241	2548	João Maia	MAGNUNSSSENS	02:30:49	+01:02:12	08:23	
242	2713	Paula Teixeira	Sportarc. Running	02:30:57	+01:02:20	08:23	
243	2607	Luís Pedrosa	Os primos	02:31:19	+01:02:42	08:24	
244	2461	Nelson Carvalho da Silva	Individual	02:31:22	+01:02:45	08:25	
245	2354	Estela Martins	Individual	02:31:22	+01:02:45	08:25	
246	2536	Jose Pereira	KeMedo Team	02:31:23	+01:02:46	08:25	
247	2309	João Rodrigues	Individual	02:31:41	+01:03:04	08:26	
248	2186	Joaquim Rocha	eFY	02:31:44	+01:03:07	08:26	
249	2170	Marlene Ferreira	Dragons	02:31:50	+01:03:13	08:26	
250	2512	Vitor Silva	Individual	02:32:01	+01:03:24	08:27	
251	2290	Emanuel	Individual	02:32:05	+01:03:28	08:27	
252	182	Joao nogueira	jiracing	02:32:12	+01:03:35	08:27	
253	2516	pedro costa	jiracing	02:32:12	+01:03:35	08:27	
254	2166	Maria Pinto	DÓRÉMI	02:32:22	+01:03:45	08:28	
255	2408	Jose Araujo	Individual	02:32:22	+01:03:45	08:28	
256	2340	Tiago Pereira	Individual	02:32:26	+01:03:49	08:28	
257	2161	Mariana Pires	Dá-lhe Gás Trail Team Fisioduo	02:32:27	+01:03:50	08:28	
258	2235	JOSE MARIA SOUSA LEITE	GINASIO CLUBE DE SANTO TIRSO	02:32:29	+01:03:52	08:28	
259	2495	Rui Santos	Individual	02:32:33	+01:03:56	08:28	
260	2165	Paulo Alexandre Carneiro	DiVE Into the Mountains	02:32:37	+01:04:00	08:29	
261	2245	paulo freitas	HSantaMariaRT	02:33:05	+01:04:28	08:30	
262	2242	sergio ricardo	HSantaMariaRT	02:33:05	+01:04:28	08:30	
263	2244	osé afonso	HSantaMariaRT	02:33:06	+01:04:29	08:30	
264	2241	pedro fernandes	HSantaMariaRT	02:33:06	+01:04:29	08:30	
265	2151	João Costa	Cruise Car Runners	02:33:26	+01:04:49	08:31	
266	2221	Alcino Tavares	Gansos	02:33:36	+01:04:59	08:32	
267	2291	Emanuel Correia		02:33:47	+01:05:10	08:33	
268	2521	vtor paiva	jiracing	02:33:55	+01:05:18	08:33	
269	2693	Antonio coelho	Sem Medo	02:33:59	+01:05:22	08:33	

TRAIL CURTO - STAGE 1

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
270	2692	Armindo silva	Sem Medo	02:33:59	+01:05:22	08:33	
271	2695	André Alexandre Costa Vasconcelos	SERI Trail Team	02:34:00	+01:05:23	08:33	
272	2456	Luis paulo costa	Individual	02:34:01	+01:05:24	08:33	
273	2195	Rafael Silva	Eramosamigosparacorrer	02:34:02	+01:05:25	08:33	
274	2039	André Machado da Silva	ACPSCMRA	02:34:02	+01:05:25	08:33	
275	2571	Carla Sousa	NOCTURNOS DE PAREDES	02:34:04	+01:05:27	08:34	
276	2238	Bruno Marques	Habcarpintaria	02:34:17	+01:05:40	08:34	
277	2193	Bruno pereira	Endovelico	02:34:26	+01:05:49	08:35	
278	2337	Tiago Cabo	Individual	02:35:09	+01:06:32	08:37	
279	2489	Manuel Domingues	Individual	02:35:23	+01:06:46	08:38	
280	2037	Carlos A .C .MACEDO	A.D.Amarante	02:35:25	+01:06:48	08:38	
281	2750	Joana alves	Viriathvs Runners Viseu	02:35:33	+01:06:56	08:39	
282	2371	Diana Leal Sampaio	Individual	02:35:36	+01:06:59	08:39	
283	2632	Sandrinha Leite	ProFisio eupago Team	02:35:40	+01:07:03	08:39	
284	2638	Abilio Pereira	ProFisio eupago Team	02:35:40	+01:07:03	08:39	
285	2499	Joao Carlos Moreira Alves	Individual	02:35:41	+01:07:04	08:39	
286	2306	João Gomes	Individual	02:35:47	+01:07:10	08:39	
287	2304	João Alexandre	Individual	02:35:48	+01:07:11	08:39	
288	2458	Luís Ribeiro	Individual	02:36:19	+01:07:42	08:41	
289	2772	Adriana Queirós	Individual	02:36:37	+01:08:00	08:42	
290	2754	Nuno Fernandes	ESPAÇO CHI WELLNESS & HEALTHCARE	02:36:44	+01:08:07	08:42	
291	2301	Ismael Agostinho Fernandes Costa	Individual	02:36:45	+01:08:08	08:42	
292	2334	Rui Leal	Individual	02:36:47	+01:08:10	08:43	
293	2515	jorge cardoso	jiracing	02:37:00	+01:08:23	08:43	
294	2071	Sergio junior	Akuafit	02:37:04	+01:08:27	08:44	
295	2090	Nuno Miguel Fernandes Cruz	ARCA BarceloS runners	02:37:08	+01:08:31	08:44	
296	2438	Alberto Fernandes	Individual	02:37:12	+01:08:35	08:44	
297	2491	Manuel Teixeira	Individual	02:37:26	+01:08:49	08:45	
298	2454	Luis Gomes	TEAM LANTEMIL	02:37:30	+01:08:53	08:45	
299	2139	Nuno Oliveira	Clube de Montanha Alto trilho - Javalis	02:37:34	+01:08:57	08:45	
300	2138	Sandra Monteiro	Clube de Montanha Alto trilho - Javalis	02:37:34	+01:08:57	08:45	
301	2044	António Dias	ADEPE	02:37:34	+01:08:57	08:45	
302	2056	Paulo Abreu	AFIPRE Team	02:37:35	+01:08:58	08:45	
303	2150	André Silva	Cruise Car Runners	02:37:35	+01:08:58	08:45	
304	2484	Joaquim Cunha	Individual	02:37:43	+01:09:06	08:46	
305	2680	Rui Carvalho	S. S. Montepio	02:37:48	+01:09:11	08:46	
306	2633	Bruno Pereira	ProFisio eupago Team	02:38:05	+01:09:28	08:47	
307	2207	Vitor Teixeira	FAMA RUNNERS	02:38:15	+01:09:38	08:48	
308	2308	João Pedro Oliveira Souto	Individual	02:38:25	+01:09:48	08:48	
309	2143	Álvaro Pinto	Clube Zupper	02:38:43	+01:10:06	08:49	
310	2625	José Alves	Pó Reforço Trail Team	02:38:52	+01:10:15	08:50	
311	2544	Luís Vieira	Kunalama runners	02:39:02	+01:10:25	08:50	
312	2305	João bessa	Individual	02:39:03	+01:10:26	08:50	
313	2051	Rosa Vaz	AFIPRE Team	02:39:24	+01:10:47	08:51	
314	2028	João Remédios	A.D.Amarante	02:39:28	+01:10:51	08:52	
315	2716	JOEL PEREIRA	TARTARUGAS VELOCISTAS	02:39:40	+01:11:03	08:52	

TRAIL CURTO - STAGE 1
18 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
316	2434	Sérgio Carvalho	Individual	02:39:41	+01:11:04	08:52	
317	2189	Ricardo	Éjali...clube de amigos trailrunners	02:39:41	+01:11:04	08:52	
318	2656	Eva Ribeiro	Ribeiras Trail	02:39:51	+01:11:14	08:53	
319	2508	Arlindo José Salgado Pereira	Individual	02:39:52	+01:11:15	08:53	
320	2011	Fernando Oliveira	100Pernas Team	02:40:00	+01:11:23	08:53	
321	2095	Fernanda Pinto	ARCORUN	02:40:14	+01:11:37	08:54	
322	2394	Bruno Pereira	Individual	02:40:22	+01:11:45	08:55	
323	2180	Marco Viana	EDV-VIANA TRAIL	02:40:22	+01:11:45	08:55	
324	2501	Jorge Serra	Individual	02:40:36	+01:11:59	08:55	
325	2732	António Barbosa	Temos pena	02:40:48	+01:12:11	08:56	
326	2482	Fernando Amaro	Individual	02:40:49	+01:12:12	08:56	
327	2618	Liliana carvalho	Pimentinhas	02:40:51	+01:12:14	08:56	
328	2418	Nuno Miguel Pinto	Individual	02:40:55	+01:12:18	08:56	
329	2110	Toni Neto	Aves runners	02:40:57	+01:12:20	08:56	
330	2104	Gabriel Carneiro	Aves runners	02:40:57	+01:12:20	08:57	
331	2264	lucia leite	ADAmarante	02:40:59	+01:12:22	08:57	
332	2155	Luis Sá	Cruise Car Runners	02:41:00	+01:12:23	08:57	
333	2153	Tiago Reis	Cruise Car Runners	02:41:20	+01:12:43	08:58	
334	2549	Paulo Santos	MAGNUNSSSENS	02:41:21	+01:12:44	08:58	
335	2407	José António	Individual	02:41:26	+01:12:49	08:58	
336	2708	Maria Conceição Santos Campos	Sinp&Run Esposende	02:41:28	+01:12:51	08:58	
337	2709	Mónica Ferreira	Sinp&Run Esposende	02:41:28	+01:12:51	08:58	
338	2617	Gaspar Fernando Lopes de Oliveira	Pés de Chumbo Runners	02:41:30	+01:12:53	08:58	
339	2294	Fábio Campos	Individual	02:41:35	+01:12:58	08:59	
340	2185	Jose Ferreira	eFY	02:41:45	+01:13:08	08:59	
341	2679	Ricardo Resende	S. S. Montepio	02:41:47	+01:13:10	08:59	
342	2685	Fernando Carvalho	S. S. Montepio	02:41:49	+01:13:12	08:59	
343	2578	Jose Moura	NOCTURNOS DE PAREDES	02:41:57	+01:13:20	09:00	
344	2588	Manuel Moura	Oa Barriguitas	02:42:03	+01:13:26	09:00	
345	2376	Sandra Amorim	Individual	02:42:05	+01:13:28	09:00	
346	2076	João Tavares	Alma de Primeira	02:42:07	+01:13:30	09:00	
347	2106	Abílio Ferreira	Aves runners	02:42:07	+01:13:30	09:00	
348	2445	João Ribeiro	Individual	02:42:21	+01:13:44	09:01	
349	2040	Luis Ferreira	ACPSCMRA	02:42:33	+01:13:56	09:02	
350	2654	José António	ReproLab	02:42:34	+01:13:57	09:02	
351	2652	José Costa	ReproLab	02:42:35	+01:13:58	09:02	
352	2643	Anabela Gonçalves	Protek Running	02:42:39	+01:14:02	09:02	
353	2085	Lúcia Dias	ARCA BarceloS runners	02:42:41	+01:14:04	09:02	
354	2642	Paula Silva	Protek Running	02:42:42	+01:14:05	09:02	
355	2752	Cândido Silva	Zenit AUTOMÓVEIS	02:42:43	+01:14:06	09:02	
356	2481	Domingos Pedro Moreira da Rocha	Individual	02:42:52	+01:14:15	09:03	
357	2300	Hugo Marques	Individual	02:42:52	+01:14:15	09:03	
358	2082	Paulo Araujo	ARC Vale S. Cosme	02:43:00	+01:14:23	09:03	
359	2282	Bruno Jorge da Silva Neves	Individual	02:43:08	+01:14:31	09:04	
360	2653	Tiago Gonçalves	ReproLab	02:43:24	+01:14:47	09:05	
361	2365	Ana Monteiro	Individual	02:43:27	+01:14:50	09:05	

TRAIL CURTO - STAGE 1

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
362	2357	Nicole Machado	Individual	02:43:27	+01:14:50	09:05	
363	2012	Sandra Domingues	100Pernas Team	02:43:41	+01:15:04	09:06	
364	2696	Tiago Alberto Faria Martins	SERI Trail Team	02:43:44	+01:15:07	09:06	
365	2372	Fernanda Nunes	Individual	02:43:54	+01:15:17	09:06	
366	2524	Tiago Pereira	Juventude Cortegacense	02:43:59	+01:15:22	09:07	
367	1379	Ricardo Castro	Individual	02:44:01	+01:15:24	09:07	
368	2122	Fausto Neves	Capital Douro	02:44:16	+01:15:39	09:08	
369	2443	Daniel Oliveira Farinha	Individual	02:44:24	+01:15:47	09:08	
370	2373	Ilda Manuela da Silva Pinheiro	Individual	02:44:24	+01:15:47	09:08	
371	2397	Eurico Martins	Individual	02:44:29	+01:15:52	09:08	
372	2192	Pedro Serra	Endovelico	02:45:02	+01:16:25	09:10	
373	2483	João Teixeira	Individual	02:45:04	+01:16:27	09:10	
374	2322	Nuno Ferreira	Individual	02:45:12	+01:16:35	09:11	
375	2663	José Moura	Ribeiras Trail	02:45:41	+01:17:04	09:12	
376	2015	Sérgio Oliveira	100Pernas Team	02:45:45	+01:17:08	09:13	
377	2518	tiago costa	jiracing	02:45:48	+01:17:11	09:13	
378	2344	Nuno Miguel Oliveira Campos	Individual	02:46:02	+01:17:25	09:13	
379	2449	José Gonçalves	Individual	02:46:03	+01:17:26	09:13	
380	2081	Miguel Mendes	ARC Vale S. Cosme	02:46:04	+01:17:27	09:14	
381	2005	Fabio Gomes	#atéchoras	02:46:05	+01:17:28	09:14	
382	2423	Pedro Bailão	Individual	02:46:31	+01:17:54	09:15	
383	2099	Carlos Silva	ARCORUN	02:46:33	+01:17:56	09:15	
384	2500	Jorge cunha	Individual	02:46:35	+01:17:58	09:15	
385	2035	António Gonçalves	A.D.Amarante	02:46:36	+01:17:59	09:15	
386	2533	Fernando Azevedo	KeMedo Team	02:46:36	+01:17:59	09:15	
387	2435	Sergio filipe maia de souza	Individual	02:46:37	+01:18:00	09:15	
388	2251	Ana Moreira	Individual	02:46:37	+01:18:00	09:15	
389	2258	FERNANDA CARDONES	Individual	02:46:38	+01:18:01	09:15	
390	1482	Joao Cardoso	S. S. Montepio	02:46:45	+01:18:08	09:16	
391	2678	António Oliveira	S. S. Montepio	02:46:46	+01:18:09	09:16	
392	2765	Paulo Oliveira	ESPAÇO CHI WELLNESS & HEALTHCARE	02:46:52	+01:18:15	09:16	
393	2133	António Cebola	CLAC Entroncamento	02:46:54	+01:18:17	09:16	
394	2069	Nuno soares	Akuafit	02:46:55	+01:18:18	09:16	
395	2687	Celina correia	Sem Medo	02:46:59	+01:18:22	09:17	
396	2447	Jorge Fernandes	Individual	02:47:16	+01:18:39	09:18	
397	2094	Raquel Lima	ARCORUN	02:47:21	+01:18:44	09:18	
398	2579	Jose Teixeira	NOCTURNOS DE PAREDES	02:47:40	+01:19:03	09:19	
399	2324	Paulo Ferreira	Individual	02:48:01	+01:19:24	09:20	
400	2688	Fatima marinho	Sem Medo	02:48:14	+01:19:37	09:21	
401	2413	MARTINHO FERREIRA	Individual	02:48:15	+01:19:38	09:21	
402	2312	Joel Filipe Rocha	Individual	02:48:34	+01:19:57	09:22	
403	2046	Mário Peres	AFIPRE Team	02:48:38	+01:20:01	09:22	
404	2759	Cristóvão Barros	ESPAÇO CHI WELLNESS & HEALTHCARE	02:48:43	+01:20:06	09:22	
405	2440	Alexandre Rodrigues	Individual	02:48:52	+01:20:15	09:23	
406	2468	Ricardo A. Silva Sousa	Individual	02:49:09	+01:20:32	09:24	
407	2590	Henrique Gonçalves	OADA - Os Amigos da Aventura	02:49:40	+01:21:03	09:26	

TRAIL CURTO - STAGE 1

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
408	2543	João Ribeiro	KOM - Keep on Move	02:49:47	+01:21:11	09:26	
409	2487	Manuel António Moreira	Individual	02:49:53	+01:21:16	09:26	
410	2574	Lucio Roberto	NOCTURNOS DE PAREDES	02:49:53	+01:21:16	09:26	
411	2420	Oswaldo	Individual	02:50:01	+01:21:24	09:27	
412	2674	Oscar Novais	Running Penafiel Trail	02:50:08	+01:21:31	09:27	
413	2630	Ilídio Freitas	GONDOMAR FUTSAL CLUBE	02:50:08	+01:21:31	09:27	
414	2333	Rodrigo Oliveira	Individual	02:50:13	+01:21:37	09:27	
415	2539	Jorge Pinto	KeMedo Team	02:50:20	+01:21:43	09:28	
416	2545	Mónica Domingues	LEBRES MINHOTAS	02:50:36	+01:21:59	09:29	
417	2050	Maria Oliveira	AFIPRE Team	02:50:39	+01:22:02	09:29	
418	2430	Ricardo Ferreira	Individual	02:50:41	+01:22:04	09:29	
419	2338	Tiago Moreira	Individual	02:50:46	+01:22:09	09:29	
420	2490	Manuel Ferreira de sampaio	Individual	02:50:52	+01:22:15	09:30	
421	2503	Paulo Dias	Individual	02:50:56	+01:22:19	09:30	
422	2204	Lúgia Santos	FAMA RUNNERS	02:51:05	+01:22:28	09:30	
423	2160	Jorge Moreira	DACAR Running Team	02:51:08	+01:22:31	09:30	
424	2586	Sandra Marques	O que queremos é monte	02:51:20	+01:22:43	09:31	
425	2473	Sandro Silva	Individual	02:51:31	+01:22:54	09:32	
426	2598	CARLOS FREITAS MORAIS	opraticante.pt	02:51:33	+01:22:56	09:32	
427	2047	Pedro Silva	AFIPRE Team	02:52:15	+01:23:38	09:34	
428	2559	Marta Cunha	Minho e Lima Trail	02:52:25	+01:23:48	09:35	
429	2406	Jorge Souto	Individual	02:53:04	+01:24:27	09:37	
430	2538	Luis Silva	KeMedo Team	02:53:05	+01:24:28	09:37	
431	2332	Ricardo Ramos	Individual	02:53:08	+01:24:31	09:37	
432	2613	Lurdes Pinheiro	Pantir	02:53:39	+01:25:02	09:39	
433	2683	Rui Freitas	S. S. Montepio	02:53:40	+01:25:03	09:39	
434	2471	Rui Costa	Individual	02:53:41	+01:25:04	09:39	
435	2342	Fábio Moreira	Individual	02:54:03	+01:25:26	09:40	
436	2534	Hélder Castro	KeMedo Team	02:54:24	+01:25:47	09:41	
437	2382	Isabel Domingues	Individual	02:54:46	+01:26:09	09:43	
438	2240	Beatriz Cruz	Hora do Lobo Trail CF Perosinho	02:54:49	+01:26:12	09:43	
439	2048	Sandra Silva	AFIPRE Team	02:55:01	+01:26:24	09:43	
440	2720	Liliana Sá	TEAM LANTEMIL	02:55:09	+01:26:32	09:44	
441	2074	Bruno amorim	Akuafit	02:55:42	+01:27:05	09:46	
442	2068	Filipa oliveira	Akuafit	02:55:42	+01:27:05	09:46	
443	2169	Amélia Ramos	Dragons	02:55:59	+01:27:22	09:47	
444	2367	Augusta Barbosa	Individual	02:56:00	+01:27:23	09:47	
445	2546	Vera Malheiro	Los Bravos	02:56:03	+01:27:26	09:47	
446	2547	David Paiva	Los Bravos	02:56:03	+01:27:26	09:47	
447	2188	Pedro Gomes	Éjali...clube de amigos trailrunners	02:56:18	+01:27:41	09:48	
448	2016	Juliana dias	A D ESMERIZ RUNNING	02:56:19	+01:27:42	09:48	
449	2017	francisco tinoco	A D ESMERIZ RUNNING	02:56:20	+01:27:43	09:48	
450	2171	Rosa Barros	Dragons	02:56:20	+01:27:44	09:48	
451	2020	Luis Fonseca	A.C.U.R.A.	02:56:22	+01:27:45	09:48	
452	2472	Sandro Lino	Individual	02:56:32	+01:27:55	09:48	
453	2425	Pedro Loureiro	Individual	02:56:35	+01:27:58	09:49	

TRAIL CURTO - STAGE 1

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
454	2252	ana rio	Individual	02:56:35	+01:27:58	09:49	
455	2154	Filipe Coelho	Cruise Car Runners	02:56:36	+01:27:59	09:49	
456	2736	Paula Cristina Fernandes pereira	TrailLovers	02:56:38	+01:28:01	09:49	
457	2386	SANTOS Isabelle	Individual	02:56:49	+01:28:12	09:49	
458	2452	José Matos	Individual	02:56:51	+01:28:14	09:50	
459	2415	Miguel Santos	Individual	02:58:06	+01:29:29	09:54	
460	2253	Anabela Silva	Individual	02:58:10	+01:29:33	09:54	
461	2525	Liliana Vieira	KeMedo Team	02:58:14	+01:29:37	09:54	
462	2013	Cláudia Meireles	100Pernas Team	02:58:15	+01:29:38	09:54	
463	2380	Bia Maia	Individual	02:58:15	+01:29:38	09:54	
464	2036	Fernando Cerqueira	A.D.Amarante	02:58:26	+01:29:49	09:55	
465	2681	Francisco Moreira	S. S. Montepio	02:58:40	+01:30:03	09:56	
466	2246	Águeda Neto	Individual	02:58:44	+01:30:07	09:56	
467	2256	Dalila Teixeira	Individual	02:58:45	+01:30:08	09:56	
468	2437	Tiago Pinto de Sousa	Individual	02:58:47	+01:30:10	09:56	
469	2608	Nuno Correia	Os primos	02:58:53	+01:30:16	09:56	
470	2488	Manuel Carneiro Martins	Individual	02:59:07	+01:30:30	09:57	
471	2414	Miguel José	Individual	02:59:08	+01:30:31	09:57	
472	2352	Eduarda Barros	Individual	02:59:10	+01:30:33	09:57	
473	2531	Sandra Martins	KeMedo Team	02:59:12	+01:30:35	09:57	
474	2378	Sandra Oliveira	Individual	02:59:15	+01:30:38	09:58	
475	2513	Nelson Nogueira	Individual	02:59:19	+01:30:42	09:58	
476	2114	Eliana Silva	Aztrail/Mercentro	02:59:34	+01:30:57	09:59	
477	2009	André Correia	100 Treino	02:59:44	+01:31:07	09:59	
478	2764	Paulo Machado	ESPAÇO CHI WELLNESS & HEALTHCARE	02:59:47	+01:31:10	09:59	
479	2763	Carla Adília Ferreira	ESPAÇO CHI WELLNESS & HEALTHCARE	02:59:47	+01:31:10	09:59	
480	2124	Marcela Fernandes	CB RUN	02:59:50	+01:31:13	09:59	
481	2289	Duarte Ferreira	Individual	03:00:59	+01:32:22	10:03	
482	2243	susana pinto	HSantaMariaRT	03:01:04	+01:32:27	10:04	
483	2677	Maria de Jesus	S. S. Montepio	03:01:33	+01:32:56	10:05	
484	2684	Rui Silva	S. S. Montepio	03:01:33	+01:32:56	10:05	
485	2624	Carla Lisete	Pó Reforço Trail Team	03:01:57	+01:33:20	10:07	
486	2762	Marco Pimenta	ESPAÇO CHI WELLNESS & HEALTHCARE	03:02:05	+01:33:28	10:07	
487	2575	Claudia Motta	NOCTURNOS DE PAREDES	03:02:07	+01:33:30	10:07	
488	2537	Jose Pinto	KeMedo Team	03:02:39	+01:34:02	10:09	
489	2347	Ana Paula Pires Carneiro	Individual	03:02:49	+01:34:12	10:09	
490	2299	Hernâni Veríssimo	Individual	03:02:49	+01:34:12	10:09	
491	2268	Marta Neto	Individual	03:03:01	+01:34:24	10:10	
492	2467	Paulo Martins	Individual	03:03:01	+01:34:24	10:10	
493	2532	Anabela Gomes	KeMedo Team	03:03:39	+01:35:02	10:12	
494	2639	Natália Pereira	Protek Running	03:03:49	+01:35:12	10:13	
495	2566	Rui Augusto	MSS CONTABILIDADE TRAIL TEAM	03:04:05	+01:35:28	10:14	
496	2594	Nuno Fernandes	opraticante.pt	03:04:08	+01:35:31	10:14	
497	2517	simao azevedo	jiracing	03:04:17	+01:35:40	10:14	
498	2049	Aurora silva	AFIPRE Team	03:04:19	+01:35:42	10:14	
499	2213	Rosa Soares	Fridão Sem Limites	03:04:20	+01:35:43	10:14	

TRAIL CURTO - STAGE 1**18 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
500	2560	Ana Pereira	Monte dos Amigos	03:05:03	+01:36:26	10:17	
501	2561	João Tinoco	Monte dos Amigos	03:05:04	+01:36:27	10:17	
502	2163	José Silva	DAPproduções	03:05:05	+01:36:28	10:17	
503	2614	Carina Correia	PCRrunners	03:05:39	+01:37:02	10:19	
504	2212	Elisabete Nogueira	Fridápo Sem Limites	03:05:40	+01:37:03	10:19	
505	2230	JOAQUIM PAULO NETO SOUSA	GINASIO CLUBE DE SANTO TIRSO	03:05:41	+01:37:04	10:19	
506	2233	ALVARO MANUEL DA COSTA MARQUES	GINASIO CLUBE DE SANTO TIRSO	03:06:03	+01:37:26	10:20	
507	2355	Fátima Freitas	Individual	03:06:04	+01:37:27	10:20	
508	2331	Ricardo Fernandes	Individual	03:06:05	+01:37:28	10:20	
509	2277	Anísio Alves	Individual	03:06:16	+01:37:39	10:21	
510	2374	Marília Carmo Cunha	Individual	03:07:01	+01:38:24	10:23	
511	2097	Glória Santos	ARCORUN	03:07:08	+01:38:31	10:24	
512	2476	Vasco Costa	Individual	03:07:16	+01:38:39	10:24	
513	2144	Bruno José Alves Chimeno	Coronado runners	03:07:45	+01:39:08	10:26	
514	2201	Cristina Martins	Eu&tu	03:08:10	+01:39:33	10:27	
515	2370	Cláudia Rodrigues	Individual	03:08:12	+01:39:35	10:27	
516	2650	Frederico Rangel	Rangel Inc.	03:08:14	+01:39:37	10:27	
517	2647	Adriana Rangel	Rangel Inc.	03:08:15	+01:39:38	10:27	
518	2648	Gustavo Rangel	Rangel Inc.	03:08:15	+01:39:38	10:28	
519	2649	Rodolfo Rangel	Rangel Inc.	03:08:16	+01:39:39	10:28	
520	2655	Pedro Carneiro	ReproLab	03:08:39	+01:40:02	10:29	
521	2651	André Girao	ReproLab	03:08:39	+01:40:02	10:29	
522	2478	Alcídio Figueiredo	Individual	03:08:44	+01:40:07	10:29	
523	2442	Carlos Silva	Individual	03:09:02	+01:40:25	10:30	
524	2072	Elsa nazaré	Akuafit	03:09:04	+01:40:27	10:30	
525	2067	Filipa martins	Akuafit	03:09:04	+01:40:27	10:30	
526	2145	Francisco Silva	Coronado runners	03:09:09	+01:40:32	10:30	
527	2756	Paula Gonçalves	ESPAÇO CHI WELLNESS & HEALTHCARE	03:09:31	+01:40:54	10:32	
528	2272	Sophie Duarte	Individual	03:09:42	+01:41:05	10:32	
529	2509	Carlos Almeida	Individual	03:09:42	+01:41:05	10:32	
530	2761	Regina Silva	ESPAÇO CHI WELLNESS & HEALTHCARE	03:09:50	+01:41:13	10:33	
531	2760	António Oliveira	ESPAÇO CHI WELLNESS & HEALTHCARE	03:09:52	+01:41:15	10:33	
532	2187	Márcia Liliana Silva Coelho	El Team Trail	03:10:14	+01:41:37	10:34	
533	2103	Ângela Pimenta	Aves runners	03:10:19	+01:41:42	10:34	
534	2480	António Manuel Santos Couto	Individual	03:10:21	+01:41:44	10:35	
535	2091	Marisa Ferreira	ARCORUN	03:11:10	+01:42:33	10:37	
536	2384	Luísa	Individual	03:11:36	+01:42:59	10:39	
537	2205	Ana Paula Simões	FAMA RUNNERS	03:11:54	+01:43:17	10:40	
538	2738	Sara Barros	TrailLovers	03:12:07	+01:43:30	10:40	
539	2719	Ana Afonso	TEAM LANTEMIL	03:12:08	+01:43:32	10:40	
540	2511	José Castro	Individual	03:12:13	+01:43:36	10:41	
541	2356	Georgina Ferreira	Individual	03:12:13	+01:43:36	10:41	
542	2219	Florinda Carvalho	Gansos	03:12:16	+01:43:39	10:41	
543	2721	Sara Assunção	TEAM LANTEMIL	03:12:51	+01:44:14	10:43	
544	2140	Ana Marques	Clube Efacec	03:14:02	+01:45:25	10:47	

TRAIL CURTO - STAGE 1
18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
545	2259	Francisca Vale Lima	Individual	03:14:04	+01:45:27	10:47	
546	2496	António Vale Lima	Individual	03:14:05	+01:45:28	10:47	
547	2173	João Soares	DUMIENSE XALLENGE RUNNERS	03:14:05	+01:45:28	10:47	
548	2172	Rosário Lemos	DUMIENSE XALLENGE RUNNERS	03:14:05	+01:45:28	10:47	
549	2222	Alexandre Ferreira	Gansos	03:14:09	+01:45:32	10:47	
550	2379	Sónia Pereira	Individual	03:14:10	+01:45:33	10:47	
551	2348	Ana Vasconcelos	Individual	03:14:18	+01:45:41	10:48	
552	2671	FilipeCarril	RsbikesDanibikesteam	03:14:21	+01:45:44	10:48	
553	2396	César Saraiva Alves	Individual	03:14:21	+01:45:44	10:48	
554	2606	Bruno Portela	Os primos	03:14:34	+01:45:57	10:49	
555	2748	Hélder Serdoura	Turbo kings 2.0/ AD Ancede	03:14:48	+01:46:11	10:49	
556	2717	JOSÉ SILVA	TARTARUGAS VELOCISTAS	03:14:49	+01:46:12	10:49	
557	2316	Luis	Individual	03:14:55	+01:46:18	10:50	
558	2350	Carla Antunes	Individual	03:15:30	+01:46:53	10:52	
559	2475	sergio pereira braga	Individual	03:15:30	+01:46:53	10:52	
560	2670	Armando Barroso	Rorizaventura	03:15:58	+01:47:21	10:53	
561	2731	Silvia Barbosa	Temos pena	03:17:43	+01:49:06	10:59	
562	2270	Sandra Paiva	Individual	03:19:34	+01:50:57	11:05	
563	2218	Carina Garcez	Gansos	03:19:53	+01:51:16	11:06	
564	2021	Ana Isabel Abreu Mendonça	A.D.Amarante	03:20:02	+01:51:25	11:07	
565	2023	Margarida Vieira de Campos Brás	A.D.Amarante	03:20:02	+01:51:25	11:07	
566	2042	Ricardo Machado	Ad Carril	03:20:04	+01:51:27	11:07	
567	2041	Manuela Rocha	Ad Carril	03:20:04	+01:51:27	11:07	
568	2087	Cidália Rodrigues	ARCA BarceloS runners	03:20:05	+01:51:28	11:07	
569	2392	Basílio Magno de Sousa Andrade	Individual	03:20:16	+01:51:39	11:08	
570	2402	Hugo Falcao	Individual	03:20:27	+01:51:50	11:08	
571	2726	Joaquim Silva	TEAM LANTEMIL	03:20:38	+01:52:01	11:09	
572	2520	jaime silva	jiracing	03:20:38	+01:52:01	11:09	
573	2662	Rolando Marques	Ribeiras Trail	03:20:46	+01:52:09	11:09	
574	2657	Ana Santos	Ribeiras Trail	03:20:46	+01:52:09	11:09	
575	2088	Ana Maria Matos	ARCA BarceloS runners	03:21:03	+01:52:26	11:10	
576	2086	Sara Lemos Costa	ARCA BarceloS runners	03:21:03	+01:52:26	11:10	
577	2190	Bárbara Feio	Éjali...clube de amigos trailrunners	03:21:11	+01:52:34	11:11	
578	2191	Paula Morais	Éjali...clube de amigos trailrunners	03:21:11	+01:52:34	11:11	
579	2116	Filipe Cunha	Aztrail/Mercentro	03:21:36	+01:52:59	11:12	
580	2119	Júlio Terra	Aztrail/Mercentro	03:21:37	+01:53:00	11:12	
581	2459	Miguel Pinheiro	Individual	03:22:13	+01:53:36	11:14	
582	2267	Marisa Ramoa	Individual	03:22:15	+01:53:38	11:14	
583	2004	Susana pereira	#atéchoras	03:22:34	+01:53:57	11:15	
584	2007	Liliana Rocha	#atéchoras	03:22:34	+01:53:57	11:15	
585	2570	Bruna Silva	NOCTURNOS DE PAREDES	03:24:03	+01:55:26	11:20	
586	2262	Joana Isabel Lage Monteiro	Individual	03:24:55	+01:56:18	11:23	
587	2615	Albertina Gonçalves	Pés de Chumbo Runners	03:24:56	+01:56:19	11:23	
588	2360	Paula Alves	Individual	03:25:12	+01:56:35	11:24	
589	2733	Susana Santos	Topfit24	03:25:12	+01:56:35	11:24	
590	2587	José Coelho	O que queremos é monte	03:26:04	+01:57:27	11:27	

TRAIL CURTO - STAGE 1

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
591	2755	Miguel Rossi	ESPAÇO CHI WELLNESS & HEALTHCARE	03:26:37	+01:58:00	11:29	
592	2223	Joaquim Garces	Gansos	03:27:33	+01:58:56	11:32	
593	2424	Pedro Leite	Individual	03:27:38	+01:59:01	11:32	
594	2197	Carla Pereira	ESPINHO TRAIL	03:27:43	+01:59:06	11:32	
595	2200	Tony Barbosa	ESPINHO TRAIL	03:27:43	+01:59:06	11:32	
596	2027	Alexandra Azevedo	A.D.Amarante	03:27:54	+01:59:17	11:33	
597	2558	Jorge Esteves	Melgaço Alvarinho Trail Team/Quintas de Melgaço	03:28:06	+01:59:29	11:34	
598	2248	Ana Catarina Cruzeiro Lomba	Individual	03:28:11	+01:59:34	11:34	
599	2398	Filipe Carneiro	Individual	03:29:30	+02:00:53	11:38	
600	2369	Cláudia Carvalheira	Individual	03:29:31	+02:00:54	11:38	
601	2451	jose manuel soares moreira da rocha	Individual	03:29:31	+02:00:54	11:38	
602	2247	Albertina Lopes	Individual	03:30:01	+02:01:24	11:40	
603	2115	Ana Gois	Aztrail/Mercentro	03:30:56	+02:02:19	11:43	
604	2198	Cristina Duarte	ESPINHO TRAIL	03:31:20	+02:02:43	11:44	
605	2446	Joaquim Alberto da Silva Rodrigues	Individual	03:31:23	+02:02:46	11:45	
606	2295	Filipe Almeida	Individual	03:31:30	+02:02:53	11:45	
607	2336	Tiago Almeida	Individual	03:31:31	+02:02:54	11:45	
608	2335	Sérgio Boalhosa	Individual	03:32:27	+02:03:50	11:48	
609	2619	Claudia Sousa	Plano Automovel	03:33:19	+02:04:42	11:51	
610	2623	Tiago Ferreira	Plano Automovel	03:33:19	+02:04:42	11:51	
611	2075	Helena Mariz	AllforOne	03:33:35	+02:04:58	11:52	
612	2464	Nuno Filipe Garcia	Individual	03:33:58	+02:05:21	11:53	
613	2157	Daniela Sousa	D´alma e corpo	03:35:41	+02:07:04	11:59	
614	2183	Isabel Rocha	eFY	03:35:54	+02:07:17	12:00	
615	2158	Patricia Lima	D´alma e corpo	03:36:15	+02:07:38	12:01	
616	2159	Sandra Machado	D´alma e corpo	03:36:37	+02:08:00	12:02	
617	2156	Ana Lima	D´alma e corpo	03:36:38	+02:08:01	12:02	
618	2577	Antonio Barros	NOCTURNOS DE PAREDES	03:36:40	+02:08:03	12:02	
619	2576	Sonia Moreira	NOCTURNOS DE PAREDES	03:36:41	+02:08:04	12:02	
620	2573	Sandra Moreira	NOCTURNOS DE PAREDES	03:36:41	+02:08:04	12:02	
621	2283	Bruno José Almeida de Magalhães	Individual	03:36:48	+02:08:11	12:03	
622	2474	Sérgio Osório	Individual	03:36:49	+02:08:12	12:03	
623	2361	Rita Osório	Individual	03:36:49	+02:08:12	12:03	
624	2261	Joana Carolina Teixeira Silva	Individual	03:36:50	+02:08:13	12:03	
625	2387	Joaquina Martins	Individual	03:36:51	+02:08:14	12:03	
626	2236	Telmo Ferreira	GANDOMAR FUTSAL CLUBE	03:37:12	+02:08:35	12:04	
627	1244	Filipe Leitão	GANDOMAR FUTSAL CLUBE	03:37:13	+02:08:36	12:04	
628	2181	Rita Moura	eFY	03:37:54	+02:09:17	12:06	
629	2093	Hugo Granja	ARCORUN	03:38:03	+02:09:26	12:07	
630	2098	Rosina Couto	ARCORUN	03:38:03	+02:09:26	12:07	
631	2439	Alexandre Monteiro	Individual	03:38:48	+02:10:11	12:09	
632	2492	Miguel Nuno Olim Marote Henriques	Individual	03:38:52	+02:10:15	12:10	
633	2184	Lurdes Sanguedo	eFY	03:38:58	+02:10:21	12:10	
634	2096	Alcina Moura	ARCORUN	03:39:00	+02:10:23	12:10	
635	2101	Pedro Rodrigues	Atalanta runners	03:39:58	+02:11:21	12:13	

TRAIL CURTO - STAGE 1

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
636	2100	Anabela Seabra	Atalanta runners	03:40:00	+02:11:23	12:13	
637	2255	Cristiana Roma	Individual	03:40:06	+02:11:29	12:14	
638	2699	Catherine Fernandes	SicóTrilhos	03:40:07	+02:11:30	12:14	
639	2149	Sandra Morgado	CORRER LEÇA	03:42:49	+02:14:12	12:23	
640	2353	Eliana Tavares	Individual	03:42:50	+02:14:13	12:23	
641	2734	ana chaves	Trailistas "Eu é que sei!"	03:44:19	+02:15:42	12:28	
642	2739	Tiago Mendonça	TrailLovers	03:44:49	+02:16:12	12:29	
643	2737	Olga Coelho	TrailLovers	03:44:50	+02:16:13	12:29	
644	2066	João Gonçalves	AKG Runners	03:45:37	+02:17:00	12:32	
645	2132	Claudia Fernandes	CLAC Entroncamento	03:47:38	+02:19:01	12:39	
646	2134	Luis Rei	CLAC Entroncamento	03:47:39	+02:19:02	12:39	
647	2008	Antonio Peixoto	#atêchoras	03:48:02	+02:19:25	12:40	
648	2210	José Moutinho	Freitas Domingos	03:48:23	+02:19:46	12:41	
649	2735	Ana Paula Conceição	Trailistas "Eu é que sei!"	03:50:14	+02:21:37	12:47	
650	2514	antonio silva	jiracing	03:51:36	+02:22:59	12:52	
651	2287	Diogo Silva	Individual	03:51:49	+02:23:12	12:53	
652	2250	Ana Magalhães	Individual	03:51:50	+02:23:13	12:53	
653	2274	Telma Santos	Individual	03:51:51	+02:23:14	12:53	
654	2254	Bárbara Silva	Individual	03:51:51	+02:23:14	12:53	
655	2208	Susana Dourado	FERCAR	03:55:50	+02:27:13	13:06	
656	2209	VERA GOMES	FERCAR	03:55:53	+02:27:16	13:06	
657	2391	António Queijo	Individual	03:56:03	+02:27:26	13:07	
658	2194	Claudia santos	Equipa Boot	03:56:21	+02:27:44	13:08	
659	2583	Paula Cardoso	O que queremos é monte	03:57:02	+02:28:25	13:10	
660	2585	Manuela Cadilhe	O que queremos é monte	03:57:02	+02:28:25	13:10	
661	2224	Susana Faria	GD Leões da Guarda - Lion Runners	03:57:58	+02:29:21	13:13	
662	2199	Ana Duarte	ESPINHO TRAIL	03:58:13	+02:29:36	13:14	
663	2710	Marisa Ribeiro	Só nós 2	04:09:26	+02:40:49	13:51	
664	2711	Paulo Martins	Só nós 2	04:09:27	+02:40:50	13:51	
665	2349	Carla	Individual	04:20:17	+02:51:40	14:28	
666	2273	Tânia Martins	Individual	04:20:17	+02:51:40	14:28	

Trail Curto

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:15	13.2°C	93%
End	13:41	14.9°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	2266	Marisa Alexandra da Rocha Vieira	Individual	Senior Feminino	01:46:36	+17:59	05:55
2	2700	Diana Gaspar	SiM Summit	Senior Feminino	02:01:28	+32:51	06:45
3	2592	Célia Neto	opraticante.pt	Senior Feminino	02:08:07	+39:30	07:07
4	2599	Adriana Dias	Oralklass-Amigos do Trail	Senior Feminino	02:10:12	+41:35	07:14
5	2265	Márcia Silva	Individual	Senior Feminino	02:14:08	+45:31	07:27
6	2202	Olga Cristiana Ferreira Mota	F C Vizela	Senior Feminino	02:17:14	+48:37	07:37
7	2249	Ana Henriques	Individual	Senior Feminino	02:17:43	+49:06	07:39
8	2177	Gabriela Fonseca	EDV-VIANA TRAIL	Senior Feminino	02:19:54	+51:17	07:46
9	2664	Joana Magalhães	Rinus Fafe	Senior Feminino	02:22:26	+53:49	07:55
10	2215	Daniela Almeida	Furfor Running Project	Senior Feminino	02:23:00	+54:23	07:57
11	2257	Eliana Pereira	Individual	Senior Feminino	02:27:12	+58:35	08:11
12	2260	Isabel Oliveira	Individual	Senior Feminino	02:28:16	+59:39	08:14
13	2161	Mariana Pires	Dá-lhe Gás Trail Team Fisioduo	Senior Feminino	02:32:26	+01:03:49	08:28
14	2571	Carla Sousa	NOCTURNOS DE PAREDES	Senior Feminino	02:34:03	+01:05:26	08:34
15	2750	Joana alves	Viriathvs Runners Viseu	Senior Feminino	02:35:33	+01:06:56	08:39
16	2632	Sandrinha Leite	ProFisio eupago Team	Senior Feminino	02:35:40	+01:07:03	08:39
17	2772	Adriana Queirós	Individual	Senior Feminino	02:36:37	+01:08:00	08:42
18	2618	Liliana carvalho	Pimentinhas	Senior Feminino	02:40:51	+01:12:14	08:56
19	2264	lucia leite	ADamarante	Senior Feminino	02:40:59	+01:12:22	08:57
20	2085	Lúcia Dias	ARCA BarceloS runners	Senior Feminino	02:42:40	+01:14:03	09:02
21	2251	Ana Moreira	Individual	Senior Feminino	02:46:37	+01:18:00	09:15
22	2258	FERNANDA CARDONES	Individual	Senior Feminino	02:46:37	+01:18:00	09:15
23	2545	Mónica Domingues	LEBRES MINHOTAS	Senior Feminino	02:50:35	+01:21:58	09:29
24	2559	Marta Cunha	Minho e Lima Trail	Senior Feminino	02:52:24	+01:23:47	09:35
25	2720	Liliana Sá	TEAM LANTEMIL	Senior Feminino	02:55:08	+01:26:31	09:44
26	2068	Filipa oliveira	Akuafit	Senior Feminino	02:55:42	+01:27:05	09:46
27	2546	Vera Malheiro	Los Bravos	Senior Feminino	02:56:03	+01:27:26	09:47
28	2016	Juliana dias	A D ESMERIZ RUNNING	Senior Feminino	02:56:19	+01:27:42	09:48
29	2252	ana rio	Individual	Senior Feminino	02:56:35	+01:27:57	09:49
30	2736	Paula Cristina Fernandes pereira	TrailLovers	Senior Feminino	02:56:38	+01:28:01	09:49
31	2253	Anabela Silva	Individual	Senior Feminino	02:58:10	+01:29:33	09:54
32	2525	Liliana Vieira	KeMedo Team	Senior Feminino	02:58:13	+01:29:36	09:54
33	2246	Águeda Neto	Individual	Senior Feminino	02:58:43	+01:30:06	09:56
34	2256	Dalila Teixeira	Individual	Senior Feminino	02:58:44	+01:30:07	09:56
35	2114	Eliana Silva	Aztrail/Mercentro	Senior Feminino	02:59:34	+01:30:57	09:59
36	2763	Carla Adília Ferreira	ESPAÇO CHI WELLNESS & HEALTHCARE	Senior Feminino	02:59:46	+01:31:09	09:59
37	2124	Marcela Fernandes	CB RUN	Senior Feminino	02:59:50	+01:31:13	09:59
38	2624	Carla Lisete	Pó Reforço Trail Team	Senior Feminino	03:01:57	+01:33:20	10:07
39	2268	Marta Neto	Individual	Senior Feminino	03:03:00	+01:34:23	10:10

Official Timekeeper: Lap2Go	1 / 16	generate 16-Feb-2020 17:13
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Trail Curto

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Senior Masculino

1	2062	joao ferreira	AIRORUN	Senior Masculino	01:28:37		04:55
2	2600	Bruno Silva	Oralklass-Amigos do Trail	Senior Masculino	01:28:39	+00:01	04:56
3	2178	Paulo Mesquita	EDV-VIANA TRAIL	Senior Masculino	01:33:11	+04:33	05:11
4	2601	Pedro Rocha	Oralklass-Amigos do Trail	Senior Masculino	01:33:11	+04:34	05:11
5	2702	Diogo Fernandes	SiM Summit	Senior Masculino	01:35:30	+06:53	05:18
6	2286	Daniel Santos	Individual	Senior Masculino	01:38:25	+09:48	05:28
7	2341	Zé Pedro	Individual	Senior Masculino	01:40:45	+12:08	05:36
8	2602	Pedro Silva	Oralklass-Amigos do Trail	Senior Masculino	01:42:18	+13:41	05:41
9	2105	Tiago Lima	Aves runners	Senior Masculino	01:44:53	+16:16	05:50
10	2293	Fabio Barbosa	Individual	Senior Masculino	01:45:41	+17:04	05:52
11	2722	Bruno Fontão	TEAM LANTEMIL	Senior Masculino	01:46:46	+18:09	05:56
12	2216	Sérgio Vale	Furfor Running Project	Senior Masculino	01:48:24	+19:47	06:01
13	2641	Sérgio Pereira	Protek Running	Senior Masculino	01:50:40	+22:03	06:09
14	2327	Pedro Miguel Costa	Individual	Senior Masculino	01:54:15	+25:38	06:21
15	2562	Fábio Sousa	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:55:22	+26:45	06:25
16	2053	Luciano Pena	AFIPRE Team	Senior Masculino	01:55:40	+27:03	06:26
17	2307	João Leite	Individual	Senior Masculino	01:55:59	+27:22	06:27
18	2239	Bruno Sampaio	Habcarpintaria	Senior Masculino	01:59:28	+30:51	06:38
19	2646	Tiago Sá	Rafa Team	Senior Masculino	02:00:06	+31:29	06:40
20	2229	Tiago Gomes	GINÁSIO CLUBE DE BRAGANÇA	Senior Masculino	02:00:47	+32:10	06:43
21	2288	Domingos Martins	Individual	Senior Masculino	02:01:19	+32:42	06:44
22	2724	Rogério Torres	TEAM LANTEMIL	Senior Masculino	02:01:26	+32:49	06:45
23	2162	Adelino Pinto	DAPproduções	Senior Masculino	02:02:24	+33:47	06:48
24	2142	Nicolas Lopes	Clube Zupper	Senior Masculino	02:02:29	+33:52	06:48
25	2605	Bruno Fontão	Os primos	Senior Masculino	02:03:02	+34:25	06:50
26	2311	Joaquim Lima	Individual	Senior Masculino	02:03:37	+35:00	06:52
27	2667	Samuel bessa	Rorizaventura	Senior Masculino	02:03:46	+35:09	06:53
28	2723	Rogério Oliveira	TEAM LANTEMIL	Senior Masculino	02:05:31	+36:54	06:58
29	2077	Alcino Silva	Amigos 100 Limites	Senior Masculino	02:05:34	+36:57	06:59
30	2527	Bruno Gaio	KeMedo Team	Senior Masculino	02:06:00	+37:23	07:00
31	2136	Paulo Casais	Clube de Montanha Alto trilho - Javalis	Senior Masculino	02:06:24	+37:47	07:01
32	2284	Bruno Machado	Individual	Senior Masculino	02:06:51	+38:14	07:03
33	2339	Tiago Oliveira	Individual	Senior Masculino	02:07:48	+39:11	07:06
34	2635	Rui Barbosa	ProFisio eupago Team	Senior Masculino	02:08:41	+40:04	07:09
35	2310	Joaquim Domingos Lopes Alves	Individual	Senior Masculino	02:08:43	+40:06	07:09
36	2626	Pedro	Pó Reforço Trail Team	Senior Masculino	02:09:26	+40:49	07:11
37	2176	André Marques	É P'ra Meninos	Senior Masculino	02:09:28	+40:51	07:12
38	2325	Paulo Roberto Gomes Araújo	Individual	Senior Masculino	02:11:22	+42:44	07:18
39	2714	João Machado	Squadra Di Potenza	Senior Masculino	02:11:28	+42:51	07:18
40	2297	Helder Pinto	Individual	Senior Masculino	02:11:40	+43:03	07:19
41	2276	André Filipe Martins Magalhães	Individual	Senior Masculino	02:12:37	+44:00	07:22
42	2329	Pedro Silva	Individual	Senior Masculino	02:12:43	+44:06	07:22
43	2084	Renato Araujo	ARC Vale S. Cosme	Senior Masculino	02:12:53	+44:16	07:23

Trail Curto

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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44	2298	Hélder Sousa	Individual	Senior Masculino	02:13:36	+44:59	07:25
45	2612	Joao Barreira	Palmeira Runners	Senior Masculino	02:13:52	+45:15	07:26
46	2582	Diogo Lopes	O que queremos é monte	Senior Masculino	02:13:58	+45:21	07:27
47	2078	João Oliveira	Amigos 100 Limites	Senior Masculino	02:14:07	+45:30	07:27
48	2120	Pedro Pereira	C. A. Andatrilhos Freamunde	Senior Masculino	02:14:42	+46:05	07:29
49	2303	Jaime Neto	Individual	Senior Masculino	02:14:47	+46:10	07:29
50	1449	Cristiano Abreu	O que queremos é monte	Senior Masculino	02:15:01	+46:24	07:30
51	2292	Eugénio Cruz	Individual	Senior Masculino	02:15:10	+46:33	07:31
52	2747	Antonio Teixeira	Turbo kings 2.0/ AD Ancede	Senior Masculino	02:15:38	+47:01	07:32
53	2676	Vitor Rio	S. S. Montepio	Senior Masculino	02:16:02	+47:25	07:33
54	2712	José Bernardo Soares Pereira do Carmo	Sportarc. Running	Senior Masculino	02:16:09	+47:32	07:34
55	2318	Luis Pereira	Individual	Senior Masculino	02:16:57	+48:20	07:37
56	2079	Rui Teixeira	Amigos das Sapatilhas	Senior Masculino	02:17:02	+48:25	07:37
57	2729	Fábio Rodrigues	Team Sindeq	Senior Masculino	02:17:18	+48:41	07:38
58	2730	Luís Costa	Team Sindeq	Senior Masculino	02:17:18	+48:41	07:38
59	2070	Pedro miranda	Akuafit	Senior Masculino	02:17:28	+48:51	07:38
60	2285	Carlos André Costa Fernandes	Individual	Senior Masculino	02:17:50	+49:13	07:39
61	2296	Hélder Filipe Correia Pereira	Individual	Senior Masculino	02:17:53	+49:16	07:40
62	2314	José Ferreira	Individual	Senior Masculino	02:18:58	+50:21	07:43
63	2640	Ricardo Pais	Protek Running	Senior Masculino	02:19:01	+50:24	07:43
64	2319	Mário Rego	Individual	Senior Masculino	02:19:43	+51:06	07:46
65	2126	César Filipe Pereira Silva Guimarães	CB RUN	Senior Masculino	02:19:47	+51:10	07:46
66	2127	Leandro Alberto Silva Oliveira	CB RUN	Senior Masculino	02:19:48	+51:10	07:46
67	2751	Pedro Peixoto	Workio	Senior Masculino	02:20:29	+51:52	07:48
68	2130	Ricardo Duarte	Cerveira Team Running	Senior Masculino	02:21:02	+52:25	07:50
69	2281	Bruno Barbosa	Individual	Senior Masculino	02:21:06	+52:29	07:50
70	2330	Ricardo Antunes	Individual	Senior Masculino	02:21:14	+52:37	07:51
71	2698	Luis Miguel Silva	SF2002	Senior Masculino	02:21:59	+53:22	07:53
72	2665	Bruno Ferreira	Rorizaventura	Senior Masculino	02:22:25	+53:48	07:55
73	2628	Daniel Ramalhao	PORTOCARGO RUNNERS	Senior Masculino	02:22:47	+54:10	07:56
74	2666	Roberto Cristiano Martins Faria	Rorizaventura	Senior Masculino	02:22:48	+54:11	07:56
75	2563	José Oliveira	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	02:23:42	+55:05	07:59
76	2280	Bruno Vasconcelos	Individual	Senior Masculino	02:23:49	+55:12	07:59
77	2092	Bruno Soares	ARCORUN	Senior Masculino	02:24:16	+55:39	08:01
78	2529	Gerson Alves	KeMedo Team	Senior Masculino	02:24:39	+56:02	08:02
79	2328	Pedro Rodrigues	Individual	Senior Masculino	02:24:46	+56:09	08:03
80	2320	Nuno Andrade	Individual	Senior Masculino	02:25:49	+57:12	08:06
81	2227	José Silva	GDC de Serafão	Senior Masculino	02:25:50	+57:13	08:06
82	2010	Tiago Moreira	100 Treino	Senior Masculino	02:26:10	+57:33	08:07
83	2542	Fábio Ferreira	KOM - Keep on Move	Senior Masculino	02:26:24	+57:47	08:08
84	2668	Vitor Hugo Martins Fernandes	Rorizaventura	Senior Masculino	02:28:02	+59:25	08:13
85	2686	Rui alves	Sem Medo	Senior Masculino	02:28:36	+59:59	08:15
86	2519	vitor maia	jiracing	Senior Masculino	02:29:22	+01:00:44	08:18
87	2317	Luís Carneiro	Individual	Senior Masculino	02:29:37	+01:01:00	08:19
88	2548	João Maia	MAGNUNSSSENS	Senior Masculino	02:30:49	+01:02:12	08:23

Official Timekeeper: Lap2Go	4 / 16	generate 16-Feb-2020 17:13
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Trail Curto

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

89	2607	Luís Pedrosa	Os primos	Senior Masculino	02:31:19	+01:02:42	08:24
90	2309	João Rodrigues	Individual	Senior Masculino	02:31:40	+01:03:03	08:26
91	2512	Vitor Silva	Individual	Senior Masculino	02:32:00	+01:03:23	08:27
92	2290	Emanuel	Individual	Senior Masculino	02:32:04	+01:03:27	08:27
93	182	Joao nogueira	jiracing	Senior Masculino	02:32:11	+01:03:34	08:27
94	2516	pedro costa	jiracing	Senior Masculino	02:32:11	+01:03:34	08:27
95	2340	Tiago Pereira	Individual	Senior Masculino	02:32:25	+01:03:48	08:28
96	2242	sergio ricardo	HSantaMariaRT	Senior Masculino	02:33:05	+01:04:28	08:30
97	2241	pedro fernandes	HSantaMariaRT	Senior Masculino	02:33:06	+01:04:29	08:30
98	2151	João Costa	Cruise Car Runners	Senior Masculino	02:33:25	+01:04:48	08:31
99	2291	Emanuel Correia		Senior Masculino	02:33:46	+01:05:09	08:33
100	2695	André Alexandre Costa Vasconcelos	SERI Trail Team	Senior Masculino	02:34:00	+01:05:23	08:33
101	2195	Rafael Silva	Eramosamigosparacorrer	Senior Masculino	02:34:01	+01:05:24	08:33
102	2039	André Machado da Silva	ACPSCMRA	Senior Masculino	02:34:02	+01:05:25	08:33
103	2238	Bruno Marques	Habcarpintaria	Senior Masculino	02:34:17	+01:05:40	08:34
104	2337	Tiago Cabo	Individual	Senior Masculino	02:35:09	+01:06:32	08:37
105	2306	João Gomes	Individual	Senior Masculino	02:35:46	+01:07:09	08:39
106	2304	João Alexandre	Individual	Senior Masculino	02:35:47	+01:07:10	08:39
107	2301	Ismael Agostinho Fernandes Costa	Individual	Senior Masculino	02:36:44	+01:08:07	08:42
108	2334	Rui Leal	Individual	Senior Masculino	02:36:46	+01:08:09	08:43
109	2515	jorge cardoso	jiracing	Senior Masculino	02:37:00	+01:08:23	08:43
110	2071	Sergio junior	Akuafit	Senior Masculino	02:37:04	+01:08:27	08:44
111	2150	André Silva	Cruise Car Runners	Senior Masculino	02:37:35	+01:08:58	08:45
112	2633	Bruno Pereira	ProFisio eupago Team	Senior Masculino	02:38:04	+01:09:27	08:47
113	2308	João Pedro Oliveira Souto	Individual	Senior Masculino	02:38:25	+01:09:48	08:48
114	2625	José Alves	Pó Reforço Trail Team	Senior Masculino	02:38:52	+01:10:15	08:50
115	2544	Luís Vieira	Kunalama runners	Senior Masculino	02:39:02	+01:10:25	08:50
116	2305	João bessa	Individual	Senior Masculino	02:39:02	+01:10:25	08:50
117	2716	JOEL PEREIRA	TARTARUGAS VELOCISTAS	Senior Masculino	02:39:39	+01:11:02	08:52
118	2189	Ricardo	Éjali...clube de amigos trailrunners	Senior Masculino	02:39:41	+01:11:04	08:52
119	2011	Fernando Oliveira	100Pernas Team	Senior Masculino	02:40:00	+01:11:23	08:53
120	2104	Gabriel Carneiro	Aves runners	Senior Masculino	02:40:57	+01:12:20	08:57
121	2153	Tiago Reis	Cruise Car Runners	Senior Masculino	02:41:20	+01:12:43	08:58
122	2549	Paulo Santos	MAGNUNSSSENS	Senior Masculino	02:41:20	+01:12:43	08:58
123	2294	Fábio Campos	Individual	Senior Masculino	02:41:35	+01:12:58	08:59
124	2652	José Costa	ReproLab	Senior Masculino	02:42:35	+01:13:58	09:02
125	2300	Hugo Marques	Individual	Senior Masculino	02:42:52	+01:14:15	09:03
126	2282	Bruno Jorge da Silva Neves	Individual	Senior Masculino	02:43:07	+01:14:30	09:04
127	2653	Tiago Gonçalves	ReproLab	Senior Masculino	02:43:23	+01:14:46	09:05
128	2696	Tiago Alberto Faria Martins	SERI Trail Team	Senior Masculino	02:43:43	+01:15:06	09:06
129	2192	Pedro Serra	Endovelico	Senior Masculino	02:45:02	+01:16:25	09:10
130	2322	Nuno Ferreira	Individual	Senior Masculino	02:45:11	+01:16:34	09:11
131	2518	tiago costa	jiracing	Senior Masculino	02:45:47	+01:17:10	09:13
132	2005	Fabio Gomes	#atêchoras	Senior Masculino	02:46:04	+01:17:27	09:14
133	2133	António Cebola	CLAC Entroncamento	Senior Masculino	02:46:53	+01:18:16	09:16
134	2069	Nuno soares	Akuafit	Senior Masculino	02:46:55	+01:18:18	09:16

Official Timekeeper: Lap2Go	5 / 16	generate 16-Feb-2020 17:13
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Trail Curto

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

37	2576	Sonia Moreira	NOCTURNOS DE PAREDES	Veterana F40	03:36:40	+02:08:03	12:02
38	2361	Rita Osório	Individual	Veterana F40	03:36:49	+02:08:12	12:03
39	2353	Eliana Tavares	Individual	Veterana F40	03:42:49	+02:14:12	12:23
40	2734	ana chaves	Trailistas "Eu é que sei!"	Veterana F40	03:44:18	+02:15:41	12:28
41	2737	Olga Coelho	TrailLovers	Veterana F40	03:44:49	+02:16:12	12:29
42	2209	VERA GOMES	FERCAR	Veterana F40	03:55:52	+02:27:15	13:06
43	2194	Claudia santos	Equipa Boot	Veterana F40	03:56:20	+02:27:43	13:08
44	2583	Paula Cardoso	O que queremos é monte	Veterana F40	03:57:01	+02:28:24	13:10
45	2710	Marisa Ribeiro	Só nós 2	Veterana F40	04:09:26	+02:40:49	13:51
46	2349	Carla	Individual	Veterana F40	04:20:17	+02:51:40	14:28

Veterana F45

1	2368	Cidália Ferreira	Individual	Veterana F45	02:21:46	+53:09	07:53
2	2166	Maria Pinto	DÓRÉMI	Veterana F45	02:32:22	+01:03:45	08:28
3	2371	Diana Leal Sampaio	Individual	Veterana F45	02:35:35	+01:06:58	08:39
4	2095	Fernanda Pinto	ARCORUN	Veterana F45	02:40:13	+01:11:36	08:54
5	2376	Sandra Amorim	Individual	Veterana F45	02:42:04	+01:13:27	09:00
6	2642	Paula Silva	Protek Running	Veterana F45	02:42:41	+01:14:04	09:02
7	2365	Ana Monteiro	Individual	Veterana F45	02:43:26	+01:14:49	09:05
8	2372	Fernanda Nunes	Individual	Veterana F45	02:43:53	+01:15:16	09:06
9	2373	Ilda Manuela da Silva Pinheiro	Individual	Veterana F45	02:44:24	+01:15:47	09:08
10	2586	Sandra Marques	O que queremos é monte	Veterana F45	02:51:20	+01:22:43	09:31
11	2613	Lurdes Pinheiro	Pantir	Veterana F45	02:53:39	+01:25:02	09:39
12	2240	Beatriz Cruz	Hora do Lobo Trail CF Perosinho	Veterana F45	02:54:48	+01:26:11	09:43
13	2048	Sandra Silva	AFIPRE Team	Veterana F45	02:55:01	+01:26:24	09:43
14	2367	Augusta Barbosa	Individual	Veterana F45	02:56:00	+01:27:23	09:47
15	2013	Cláudia Meireles	100Pernas Team	Veterana F45	02:58:15	+01:29:37	09:54
16	2378	Sandra Oliveira	Individual	Veterana F45	02:59:15	+01:30:38	09:58
17	2243	susana pinto	HSantaMariaRT	Veterana F45	03:01:03	+01:32:26	10:04
18	2677	Maria de Jesus	S. S. Montepio	Veterana F45	03:01:33	+01:32:56	10:05
19	2213	Rosa Soares	Fridão Sem Limites	Veterana F45	03:04:19	+01:35:42	10:14
20	2212	Elisabete Nogueira	Fridão Sem Limites	Veterana F45	03:05:40	+01:37:03	10:19
21	2374	Marília Carmo Cunha	Individual	Veterana F45	03:07:00	+01:38:23	10:23
22	2370	Cláudia Rodrigues	Individual	Veterana F45	03:08:11	+01:39:34	10:27
23	2072	Elsa nazaré	Akuafit	Veterana F45	03:09:04	+01:40:27	10:30
24	2756	Paula Gonçalves	ESPAÇO CHI WELLNESS & HEALTHCARE	Veterana F45	03:09:30	+01:40:53	10:32
25	2379	Sónia Pereira	Individual	Veterana F45	03:14:09	+01:45:32	10:47
26	2087	Cidália Rodrigues	ARCA BarceloS runners	Veterana F45	03:20:05	+01:51:28	11:07
27	2191	Paula Morais	Éjali...clube de amigos trailrunners	Veterana F45	03:21:10	+01:52:33	11:11
28	2369	Cláudia Carvalheira	Individual	Veterana F45	03:29:30	+02:00:53	11:38
29	2198	Cristina Duarte	ESPINHO TRAIL	Veterana F45	03:31:19	+02:02:42	11:44
30	2183	Isabel Rocha	eFY	Veterana F45	03:35:54	+02:07:17	12:00
31	2184	Lurdes Sanguedo	eFY	Veterana F45	03:38:58	+02:10:21	12:10
32	2149	Sandra Morgado	CORRER LEÇA	Veterana F45	03:42:48	+02:14:11	12:23

Trail Curto

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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33	2735	Ana Paula Conceição	Trailistas "Eu é que sei!"	Veterana F45	03:50:13	+02:21:36	12:47
34	2585	Manuela Cadilhe	O que queremos é monte	Veterana F45	03:57:01	+02:28:24	13:10

Veterana F50

1	2196	Júlia Sousa	Escola Atletismo Trofa	Veterana F50	02:15:47	+47:10	07:33
2	2385	Odete Girao	Individual	Veterana F50	02:20:43	+52:06	07:49
3	2063	DEOLINDA FARIA	AIRORUN	Veterana F50	02:23:11	+54:34	07:57
4	2713	Paula Teixeira	Sportarc. Running	Veterana F50	02:30:56	+01:02:19	08:23
5	2051	Rosa Vaz	AFIPRE Team	Veterana F50	02:39:24	+01:10:47	08:51
6	2708	Maria Conceição Santos Campos	Sinp&Run Esposende	Veterana F50	02:41:28	+01:12:51	08:58
7	2643	Anabela Gonçalves	Protek Running	Veterana F50	02:42:39	+01:14:02	09:02
8	2050	Maria Oliveira	AFIPRE Team	Veterana F50	02:50:39	+01:22:02	09:29
9	2382	Isabel Domingues	Individual	Veterana F50	02:54:46	+01:26:09	09:43
10	2386	SANTOS Isabelle	Individual	Veterana F50	02:56:48	+01:28:11	09:49
11	2380	Bia Maia	Individual	Veterana F50	02:58:15	+01:29:38	09:54
12	2532	Anabela Gomes	KeMedo Team	Veterana F50	03:03:39	+01:35:02	10:12
13	2049	Aurora silva	AFIPRE Team	Veterana F50	03:04:19	+01:35:42	10:14
14	2384	Luísa	Individual	Veterana F50	03:11:35	+01:42:58	10:39
15	2657	Ana Santos	Ribeiras Trail	Veterana F50	03:20:45	+01:52:08	11:09
16	2088	Ana Maria Matos	ARCA BarceloS runners	Veterana F50	03:21:02	+01:52:25	11:10
17	2199	Ana Duarte	ESPINHO TRAIL	Veterana F50	03:58:12	+02:29:35	13:14

Veterana F55

1	2636	Goreti Sousa	ProFisio eupago Team	Veterana F55	02:27:10	+58:33	08:11
2	2171	Rosa Barros	Dragons	Veterana F55	02:56:20	+01:27:43	09:48
3	2205	Ana Paula Simões	FAMA RUNNERS	Veterana F55	03:11:53	+01:43:16	10:40
4	2172	Rosário Lemos	DUMIENSE XALLENGE RUNNERS	Veterana F55	03:14:05	+01:45:28	10:47

Veterana F60

1	2097	Glória Santos	ARCORUN	Veterana F60	03:07:07	+01:38:30	10:24
2	2387	Joaquina Martins	Individual	Veterana F60	03:36:50	+02:08:13	12:03
3	2098	Rosina Couto	ARCORUN	Veterana F60	03:38:03	+02:09:26	12:07
4	2096	Alcina Moura	ARCORUN	Veterana F60	03:39:00	+02:10:23	12:10
5	2210	José Moutinho	Freitas Domingos	Veterana F60	03:48:22	+02:19:45	12:41

Veterano M40

1	2596	Nelson Loureiro	opraticante.pt	Veterano M40	01:30:05	+01:27	05:00
2	2179	Ivan Silva	EDV-VIANA TRAIL	Veterano M40	01:39:12	+10:35	05:31
3	2064	JOSE SILVA	AIRORUN	Veterano M40	01:41:43	+13:06	05:39

Trail Curto

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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4	2555	Igor Moreira	Melgaço Alvarinho Trail Team/Quintas de Melgaço	Veterano M40	01:41:43	+13:06	05:39
5	2045	Bruno Silva	Afacycles SocksBy	Veterano M40	01:41:53	+13:16	05:40
6	2637	Miguel Machado	ProFisio eupago Team	Veterano M40	01:43:04	+14:27	05:44
7	2704	Sergio Duarte	SiM Summit	Veterano M40	01:43:17	+14:40	05:44
8	2411	Luciano Pereira	Individual	Veterano M40	01:43:33	+14:56	05:45
9	2409	José Peixoto	Individual	Veterano M40	01:45:59	+17:22	05:53
10	2043	Bruno Santos	ADAmarante	Veterano M40	01:46:46	+18:09	05:56
11	2776	António Ferreira	All About	Veterano M40	01:48:31	+19:54	06:02
12	2107	André Neves	Aves runners	Veterano M40	01:51:29	+22:52	06:12
13	2610	José Pedrosa	Os primos	Veterano M40	01:53:16	+24:39	06:18
14	2395	Carlos Monteiro	Individual	Veterano M40	01:53:38	+25:01	06:19
15	2080	Rui Silva	ARC Vale S. Cosme	Veterano M40	01:54:37	+26:00	06:22
16	2206	Pedro Vieira	FAMA RUNNERS	Veterano M40	01:54:42	+26:05	06:22
17	2052	Hélder Borges	AFIPRE Team	Veterano M40	01:56:11	+27:33	06:27
18	2672	Carlos alberto mendes barbosa	Running Penafiel Trail	Veterano M40	01:56:39	+28:02	06:29
19	2226	Ricardo Vidal	GD Leões da Guarda - Lion Runners	Veterano M40	01:59:27	+30:50	06:38
20	2604	Marco Brochado	Os Lobos do Saibro	Veterano M40	01:59:39	+31:02	06:39
21	2401	Helder Santos	Individual	Veterano M40	02:00:06	+31:29	06:40
22	2393	Bruno Machado	Individual	Veterano M40	02:00:51	+32:14	06:43
23	2029	Filipe Pinheiro	A.D.Amarante	Veterano M40	02:02:21	+33:44	06:48
24	2428	Renato Ribeiro	Individual	Veterano M40	02:02:41	+34:04	06:49
25	2703	Eduardo Merino	SiM Summit	Veterano M40	02:02:43	+34:06	06:49
26	2405	Jorge Alberto Rodrigues Fernandes	Rorizaventura	Veterano M40	02:05:07	+36:30	06:57
27	2421	Paulo Alves	Individual	Veterano M40	02:06:51	+38:14	07:03
28	2032	Pedro Miguel Correia Vieira	A.D.Amarante	Veterano M40	02:07:26	+38:49	07:05
29	2031	Nuno André Sampaio Moura	A.D.Amarante	Veterano M40	02:08:25	+39:48	07:08
30	2410	Licínio Macário	Individual	Veterano M40	02:08:55	+40:18	07:10
31	2725	Paulo Silva	TEAM LANTEMIL	Veterano M40	02:09:59	+41:21	07:13
32	2629	Nuno Teixeira	PORTOCARGO RUNNERS	Veterano M40	02:10:33	+41:56	07:15
33	2131	Paulo Inverneiro	CIDEP Fornos Lusavouga	Veterano M40	02:11:42	+43:05	07:19
34	2416	Nelson Dias	Individual	Veterano M40	02:11:47	+43:10	07:19
35	2109	Mario lima	Aves runners	Veterano M40	02:13:02	+44:25	07:23
36	2530	Helder Gomes	KeMedo Team	Veterano M40	02:13:07	+44:30	07:24
37	2399	Filipe Neves	Individual	Veterano M40	02:13:41	+45:04	07:26
38	2535	Hugo Santos	KeMedo Team	Veterano M40	02:14:09	+45:32	07:27
39	2417	Nuno Almeida	Individual	Veterano M40	02:14:46	+46:09	07:29
40	2403	Hugo Miguel Lopes Silva Pinto	Individual	Veterano M40	02:15:23	+46:46	07:31
41	2691	Pedro Pimenta	Sem Medo	Veterano M40	02:16:29	+47:52	07:35
42	2690	Joao correia	Sem Medo	Veterano M40	02:16:49	+48:12	07:36
43	2603	Filipe Pinto	Os Lobos do Saibro	Veterano M40	02:16:53	+48:16	07:36
44	2436	SILVIO FERREIRA	Individual	Veterano M40	02:16:59	+48:22	07:37
45	2419	Nuno Pina	Individual	Veterano M40	02:18:37	+50:00	07:42
46	2400	Francisco Silva	Individual	Veterano M40	02:18:41	+50:04	07:42
47	2616	Filipe Gomes	Pés de Chumbo Runners	Veterano M40	02:19:40	+51:03	07:46
48	2523	Nuno Araújo	Juventude Cortegacense	Veterano M40	02:19:50	+51:13	07:46

Trail Curto

18 KM

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3	2498	João Aprígio Abreu Faria	Individual	Veterano M55	02:08:44	+40:07	07:09
4	2675	Carlos Vinha	Running Penafiel Trail	Veterano M55	02:09:03	+40:26	07:10
5	2504	Porfirio Lírio	Individual	Veterano M55	02:25:28	+56:51	08:05
6	2113	José Fernandes	Aves runners	Veterano M55	02:26:54	+58:17	08:10
7	2505	Rui Almeida	Individual	Veterano M55	02:27:45	+59:08	08:13
8	2499	Joao Carlos Moreira Alves	Individual	Veterano M55	02:35:41	+01:07:04	08:39
9	2501	Jorge Serra	Individual	Veterano M55	02:40:36	+01:11:58	08:55
10	2617	Gaspar Fernando Lopes de Oliveira	Pés de Chumbo Runners	Veterano M55	02:41:30	+01:12:53	08:58
11	2685	Fernando Carvalho	S. S. Montepio	Veterano M55	02:41:48	+01:13:11	08:59
12	2099	Carlos Silva	ARCORUN	Veterano M55	02:46:32	+01:17:55	09:15
13	2500	Jorge cunha	Individual	Veterano M55	02:46:35	+01:17:58	09:15
14	2035	António Gonçalves	A.D.Amarante	Veterano M55	02:46:35	+01:17:58	09:15
15	2579	Jose Teixeira	NOCTURNOS DE PAREDES	Veterano M55	02:47:40	+01:19:03	09:19
16	2630	Ilídio Freitas	GONDOMAR FUTSAL CLUBE	Veterano M55	02:50:08	+01:21:31	09:27
17	2503	Paulo Dias	Individual	Veterano M55	02:50:56	+01:22:19	09:30
18	2036	Fernando Cerqueira	A.D.Amarante	Veterano M55	02:58:26	+01:29:49	09:55
19	2233	ALVARO MANUEL DA COSTA MARQUES	GINASIO CLUBE DE SANTO TIRSO	Veterano M55	03:06:03	+01:37:26	10:20
20	2496	António Vale Lima	Individual	Veterano M55	03:14:04	+01:45:27	10:47
21	2223	Joaquim Garces	Gansos	Veterano M55	03:27:33	+01:58:56	11:32

Veterano M60

1	2121	Ricardo Machado	C. A. Andatrilhos Freamunde	Veterano M60	02:02:24	+33:47	06:48
2	2060	António Rodrigues	AFIPRE Team	Veterano M60	02:08:12	+39:35	07:07
3	2237	Joaquim Alberto carvalho da Silva	Grupo desportivo Oliveira do castelo	Veterano M60	02:13:47	+45:10	07:26
4	2148	Ernesto Silva	Coronado runners	Veterano M60	02:14:59	+46:22	07:30
5	2507	ALBERTO LEITE	Individual	Veterano M60	02:15:27	+46:50	07:32
6	2497	Carlos Sousa	Devasta Trilhos	Veterano M60	02:17:49	+49:12	07:39
7	2038	Fernando Queirós	A.D.Amarante	Veterano M60	02:19:35	+50:58	07:45
8	2510	Jorge Silva	Individual	Veterano M60	02:26:39	+58:02	08:09
9	2234	JOÃO CARLOS PEDROSA SILVA	GINASIO CLUBE DE SANTO TIRSO	Veterano M60	02:27:28	+58:51	08:12
10	2235	JOSE MARIA SOUSA LEITE	GINASIO CLUBE DE SANTO TIRSO	Veterano M60	02:32:28	+01:03:51	08:28
11	2037	Carlos A .C .MACEDO	A.D.Amarante	Veterano M60	02:35:24	+01:06:47	08:38
12	2028	João Remédios	A.D.Amarante	Veterano M60	02:39:28	+01:10:50	08:52
13	2508	Arlindo José Salgado Pereira	Individual	Veterano M60	02:39:51	+01:11:14	08:53
14	2588	Manuel Moura	Oa Barriguitas	Veterano M60	02:42:03	+01:13:26	09:00
15	2513	Nelson Nogueira	Individual	Veterano M60	02:59:19	+01:30:42	09:58
16	2509	Carlos Almeida	Individual	Veterano M60	03:09:42	+01:41:05	10:32
17	2511	José Castro	Individual	Veterano M60	03:12:13	+01:43:36	10:41
18	2134	Luis Rei	CLAC Entroncamento	Veterano M60	03:47:38	+02:19:01	12:39

