

PROVA PRINCIPAL - STAGE 1

110 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	07:30	11°C	93%
End	09:55	12.5°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	29	José Faria	individual	Senior Masculino	14:11:14		07:44
2	87	Diogo Carvalho	trepadores	Veterano M50	14:56:42	+45:28	08:09
3	38	FRED KALAHARI	individual	Veterano M40	15:26:38	+01:15:23	08:25
4	55	Luís Teixeira	limitless	Senior Masculino	15:26:38	+01:15:23	08:25
5	19	Joaquim Freitas	gdr retorta	Veterano M40	16:01:54	+01:50:39	08:45
6	27	Bruno Lopes	individual	Senior Masculino	16:01:55	+01:50:40	08:45
7	37	Domingos Gomes	individual	Veterano M40	16:35:37	+02:24:22	09:03
8	17	Sergio Santos	douroconta	Veterano M40	16:36:19	+02:25:04	09:03
9	50	Jorge Abrantes	individual	Veterano M50	16:45:03	+02:33:48	09:08
10	35	Antoine Delegue	individual	Veterano M40	16:45:03	+02:33:48	09:08
11	39	Helder Baptista	go!runners/outpro store	Veterano M40	17:20:04	+03:08:49	09:27
12	12	Amílcar Fernandes	cmfo (clube montanha do funchal)	Senior Masculino	17:21:42	+03:10:27	09:28
13	13	Sergio Jesus	cmfo (clube montanha do funchal)	Senior Masculino	17:21:45	+03:10:30	09:28
14	86	GONCALO MOTA	trepadores	Veterano M40	17:22:20	+03:11:05	09:29
15	33	Rui Carmo	individual	Senior Masculino	17:28:29	+03:17:14	09:32
16	20	António Arede	go!runners/outpro store	Veterano M40	17:58:26	+03:47:11	09:48
17	21	António Soares	go!runners/outpro store	Veterano M40	17:58:27	+03:47:12	09:48
18	58	Adelino Paulo Carvalho	monsanto running team	Veterano M40	19:02:20	+04:51:05	10:23
19	92	Pedro Vieira	wolves	Senior Masculino	19:02:28	+04:51:13	10:23
20	26	Veronica Moreira	individual	Senior Feminino	19:02:53	+04:51:38	10:23
21	54	Manuel Augusto	intermarché vrsa trail runners	Veterano M40	19:02:57	+04:51:42	10:23
22	22	Filipe Torres	grupo desportivo da parreira	Senior Masculino	19:03:09	+04:51:54	10:24
23	90	Cidalia Martins Serra Marques Martins	vendasnovas trail	Veterana F50	19:57:16	+05:46:01	10:53
24	88	Nilton David	ultralentejanos	Veterano M40	19:57:16	+05:46:01	10:53
25	85	Nélio Guimarães	trepadores	Senior Masculino	20:29:05	+06:17:50	11:10
26	46	Paulo Filipe	individual	Veterano M40	20:29:05	+06:17:50	11:10
27	45	Paulo Dacosta	individual	Veterano M40	20:29:05	+06:17:50	11:10
28	14	Simao Petulante	coa / corvus trail team	Veterano M40	20:29:06	+06:17:51	11:10
29	70	JOSE MANUEL MOTA	os matrecos	Veterano M50	20:29:06	+06:17:52	11:10
30	73	Samuel Nunes	os tolinhos	Veterano M40	20:37:08	+06:25:53	11:15
31	43	Miguel Brites	individual	Veterano M40	20:58:14	+06:46:59	11:26
32	59	Óscar Magolo	montanha clube trail running/efapel	Veterano M40	20:58:15	+06:47:00	11:26
33	76	Joaquim Fernandes	pupilos trail team	Veterano M50	21:12:47	+07:01:32	11:34
34	74	Alexandre Lopes	pupilos trail team	Senior Masculino	21:12:47	+07:01:32	11:34
35	60	Luis Onca	morcegos trail	Veterano M40	21:38:11	+07:26:56	11:48
36	66	Rui Nascimento	ocs proaventuras	Veterano M40	21:38:11	+07:26:57	11:48
37	41	Joaquim Madureira	individual	Veterano M40	22:32:09	+08:20:54	12:18
38	81	João Silva	team lanthemil	Senior Masculino	22:32:13	+08:20:59	12:18
39	82	NUNO SILVA	team lanthemil	Senior Masculino	22:32:14	+08:20:59	12:18
40	47	Paulo Neta	individual	Veterano M40	22:32:19	+08:21:04	12:18
41	52	Paulo Ferreira	individual	Veterano M50	23:11:21	+09:00:06	12:39

PROVA PRINCIPAL - STAGE 1

110 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	32	Rúben Maurício	individual	Senior Masculino	23:52:11	+09:40:56	13:01
43	80	Carlos Guerra	runners da frente ribeirinha da póvoa de santa iria	Veterano M40	23:52:11	+09:40:57	13:01
44	31	Pedro Batista	individual	Senior Masculino	23:52:12	+09:40:57	13:01
45	49	Rafael Monteiro	individual	Veterano M40	23:52:12	+09:40:58	13:01
46	62	Goncalo Valente	não fazemos nem mais um... km	Veterano M40	23:52:14	+09:40:59	13:01
47	79	Luis Nunes	runners da frente ribeirinha da póvoa de santa iria	Senior Masculino	24:01:04	+09:49:49	13:06
48	51	Mário Gonçalves	olímpico vianense trail	Veterano M50	24:53:49	+10:42:34	13:35
49	64	Miguel Soares	nel - pédatleta	Veterano M40	24:53:50	+10:42:35	13:35
50	8	Fernanda Almeida	agregar	Veterana F40	25:40:24	+11:29:09	14:00
51	9	Rui Rocha	agregar	Veterano M40	25:40:24	+11:29:10	14:00
52	67	Eusébio ruas	olímpico vianense trail	Veterano M50	26:15:12	+12:03:57	14:19
53	68	Francisco Ferreira	olímpico vianense trail	Veterano M50	26:15:12	+12:03:57	14:19

Prova Principal

110 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	07:30	11°C	93%
End	09:55	12.5°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	26	Veronica Moreira	Individual	Senior Feminino	19:02:53	+04:51:38	10:23
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Senior Masculino

1	29	José Faria	Individual	Senior Masculino	14:11:14	07:44
2	55	Luís Teixeira	Limitless	Senior Masculino	15:26:38	+01:15:23 08:25
3	27	Bruno Lopes	Individual	Senior Masculino	16:01:55	+01:50:40 08:45
4	12	Amílcar Fernandes	CMFO (Clube Montanha do Funchal)	Senior Masculino	17:21:42	+03:10:27 09:28
5	13	Sergio Jesus	CMFO (Clube Montanha do Funchal)	Senior Masculino	17:21:45	+03:10:30 09:28
6	33	Rui Carmo	Individual	Senior Masculino	17:28:29	+03:17:14 09:32
7	92	Pedro Vieira	WOLVES	Senior Masculino	19:02:28	+04:51:13 10:23
8	22	Filipe Torres	Grupo Desportivo da Parreira	Senior Masculino	19:03:09	+04:51:54 10:24
9	85	Nélio Guimarães	TREPADORES	Senior Masculino	20:29:05	+06:17:50 11:10
10	74	Alexandre Lopes	Pupilos Trail Team	Senior Masculino	21:12:47	+07:01:32 11:34
11	81	João Silva	TEAM LANTEMIL	Senior Masculino	22:32:13	+08:20:59 12:18
12	82	NUNO SILVA	TEAM LANTEMIL	Senior Masculino	22:32:14	+08:20:59 12:18
13	32	Rúben Maurício	Individual	Senior Masculino	23:52:11	+09:40:56 13:01
14	31	Pedro Batista	Individual	Senior Masculino	23:52:12	+09:40:57 13:01
15	79	Luis Nunes	Runners da Frente Ribeirinha da Póvoa de Santa Iria	Senior Masculino	24:01:04	+09:49:49 13:06

Veterana F40

1	8	Fernanda Almeida	Agregar	Veterana F40	25:40:24	+11:29:09	14:00
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Veterana F50

1	90	Cidalia Martins Serra Marques Martins	VendasNovas Trail	Veterana F50	19:57:16	+05:46:01	10:53
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Veterano M40

1	38	FRED KALAHARI	Individual	Veterano M40	15:26:38	+01:15:23	08:25:00
2	19	Joaquim Freitas	GDR RETORTA	Veterano M40	16:01:54	+01:50:39	08:45:00
3	37	Domingos Gomes	Individual	Veterano M40	16:35:37	+02:24:22	09:03:00
4	17	Sergio Santos	Douroconta	Veterano M40	16:36:19	+02:25:04	09:03:00
5	35	Antoine Delegue	Individual	Veterano M40	16:45:03	+02:33:48	09:08:00

Prova Principal

110 KM

[illegible]

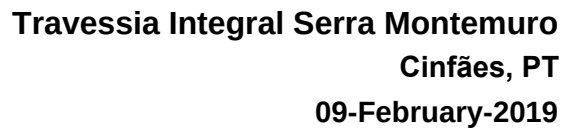
OFFICIAL RESULT

[illegible]

6	39	Helder Baptista	GO!Runners/Outpro Store	Veterano M40	17:20:04	+03:08:49	09:27
7	86	GONCALO MOTA	TREPADORES	Veterano M40	17:22:20	+03:11:05	09:29
8	20	António Arede	GO!Runners/Outpro Store	Veterano M40	17:58:26	+03:47:11	09:48
9	21	António Soares	GO!Runners/Outpro Store	Veterano M40	17:58:27	+03:47:12	09:48
10	58	Adelino Paulo Carvalho	Monsanto Running Team	Veterano M40	19:02:20	+04:51:05	10:23
11	54	Manuel Augusto	Intermarché VRSA Trail Runners	Veterano M40	19:02:57	+04:51:42	10:23
12	88	Nilton David	UltrAlentejanos	Veterano M40	19:57:16	+05:46:01	10:53
13	46	Paulo Filipe	Individual	Veterano M40	20:29:05	+06:17:50	11:10
14	45	Paulo Dacosta	Individual	Veterano M40	20:29:05	+06:17:50	11:10
15	14	Simao Petulante	COA / Corvus Trail Team	Veterano M40	20:29:06	+06:17:51	11:10
16	73	Samuel Nunes	Os Tolinhos	Veterano M40	20:37:08	+06:25:53	11:15
17	43	Miguel Brites	Individual	Veterano M40	20:58:14	+06:46:59	11:26
18	59	Óscar Magolo	Montanha Clube Trail Running/Efapel	Veterano M40	20:58:15	+06:47:00	11:26
19	60	Luis Onca	Morcegos Trail	Veterano M40	21:38:11	+07:26:56	11:48
20	66	Rui Nascimento	OCS PROAVENTURAS	Veterano M40	21:38:11	+07:26:57	11:48
21	41	Joaquim Madureira	Individual	Veterano M40	22:32:09	+08:20:54	12:18
22	47	Paulo Neta	Individual	Veterano M40	22:32:19	+08:21:04	12:18
23	80	Carlos Guerra	Runners da Frente Ribeirinha da Póvoa de Santa Iria	Veterano M40	23:52:11	+09:40:57	13:01
24	49	Rafael Monteiro	Individual	Veterano M40	23:52:12	+09:40:58	13:01
25	62	Goncalo Valente	Não Fazemos Nem Mais Um... Km	Veterano M40	23:52:14	+09:40:59	13:01
26	64	Miguel Soares	NEL - Pédatleta	Veterano M40	24:53:50	+10:42:35	13:35
27	9	Rui Rocha	Agregar	Veterano M40	25:40:24	+11:29:10	14:00

Veterano M50

1	87	Diogo Carvalho	TREPADORES	Veterano M50	14:56:42	+45:28	08:09
2	50	Jorge Abrantes	Individual	Veterano M50	16:45:03	+02:33:48	09:08
3	70	JOSE MANUEL MOTA	OS MATRECOS	Veterano M50	20:29:06	+06:17:52	11:10
4	76	Joaquim Fernandes	Pupilos Trail Team	Veterano M50	21:12:47	+07:01:32	11:34
5	52	Paulo Ferreira	Individual	Veterano M50	23:11:21	+09:00:06	12:39
6	51	Mário Gonçalves	OLÍMPICO VIANENSE TRAIL	Veterano M50	24:53:49	+10:42:34	13:35
7	67	Eusébio ruas	OLÍMPICO VIANENSE TRAIL	Veterano M50	26:15:12	+12:03:57	14:19
8	68	Francisco Ferreira	OLÍMPICO VIANENSE TRAIL	Veterano M50	26:15:12	+12:03:57	14:19

[illegible]

Official Timekeeper: Lap2Go	1 / 1	generate 12-Mar-2019 15:32
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ESTAFETA - STAGE 1

110 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	07:30	11°C	93%
End	05:35	12.5°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	116	Bruno_Figueiredo Filipe_Garcia	viseu running team	Senior Masculino	12:38:47		06:54
2	101	Daniel_Bento Fausto_Pimentel	#istoéparaquemgosta	Senior Masculino	13:12:20	+33:33	07:12
3	103	Angelo_Alexandre Nuno_Gomes	casa do benfica em abrantes	Senior Masculino	16:46:19	+04:07:32	09:09
4	109	Carlos_Suarez Nuno_Ferreira	pupilos trail team	Senior Masculino	21:12:47	+08:34:00	11:34
5	113	Anabela Jorge Cristina Barata	turres trail team	Senior Feminino	21:55:13	+09:16:25	11:57

TRAIL CURTO - STAGE 1

23 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:00	14°C	100%
End	15:45	14°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
1	629	Luis Duarte	individual	Senior Masculino	02:19:01		06:03
2	519	André Castro	corga da chã	Senior Masculino	02:20:17	+01:15	06:06
3	607	Luís Oliveira	viseu trail	Veterano M40	02:28:41	+09:39	06:28
4	506	Manuel Barbosa	amigo trail run	Veterano M40	02:32:52	+13:50	06:39
5	514	Jorge Resende	cinfães a correr	Senior Masculino	02:36:57	+17:55	06:49
6	543	André Cunha	individual	Senior Masculino	02:37:28	+18:26	06:51
7	526	Paulo Mendes	cr candoso	Veterano M40	02:38:00	+18:58	06:52
8	505	Joaquim Teixeira	amigo trail run	Veterano M40	02:39:25	+20:23	06:56
9	503	Alexandre Pinto	amigo trail run	Senior Masculino	02:48:17	+29:15	07:19
10	539	Rodrigo Galão	grupo desportivo da parreira	Senior Masculino	02:56:11	+37:09	07:40
11	588	Bruno Serra	ninja runners by decathlon	Senior Masculino	02:56:11	+37:09	07:40
12	606	Andreia Correia	vespinga trail	Senior Feminino	02:59:06	+40:04	07:47
13	597	Tiago Manuel Cepa Areias	spin & run esposende	Senior Masculino	02:59:10	+40:08	07:47
14	528	David Camelo	running espinho	Senior Masculino	03:00:14	+41:12	07:50
15	594	Cristiana Ferreira	running espinho	Senior Feminino	03:00:14	+41:12	07:50
16	504	Armando João Ribeiro	amigo trail run	Veterano M40	03:01:00	+41:58	07:52
17	531	Goreti Correia	edv-viana trail	Veterana F40	03:04:14	+45:12	08:01
18	626	Vera Barbosa	boavista trail	Senior Feminino	03:04:59	+45:57	08:03
19	602	Nuno Granadas	turres trail team	Senior Masculino	03:05:03	+46:01	08:03
20	582	Pedro Pinto	matosinhos	Veterano M40	03:05:26	+46:25	08:04
21	530	Joaquim Correia	duelo d'ocasiao	Veterano M40	03:07:03	+48:02	08:08
22	512	Ana Botelho	cinfães a correr	Senior Feminino	03:07:03	+48:02	08:08
23	537	Tila Pina	gdr granja - trutas do mau	Veterana F40	03:08:14	+49:12	08:11
24	534	José Morais	gaia trail	Veterano M50	03:09:02	+50:00	08:13
25	557	Marcio Botelho	individual	Senior Masculino	03:09:18	+50:17	08:14
26	627	Adriana Sousa	cr candoso	Senior Feminino	03:12:34	+53:32	08:22
27	577	Manuel Neves	lamego tribo runners	Veterano M60	03:12:38	+53:36	08:23
28	513	João Cardoso	cinfães a correr	Senior Masculino	03:12:44	+53:42	08:23
29	533	Joao Oliveira	facort running team	Senior Masculino	03:15:11	+56:10	08:29
30	508	João Laranjeira	apu.zende	Senior Masculino	03:17:50	+58:49	08:36
31	567	Eduardo Esteves	individual	Veterano M40	03:19:33	+01:00:31	08:41
32	595	Cristina Passos	running espinho	Veterana F40	03:21:06	+01:02:04	08:45
33	596	Jose Antonio Silva	running espinho	Veterano M40	03:21:06	+01:02:04	08:45
34	507	Alvaro vale	apu.zende	Senior Masculino	03:21:06	+01:02:04	08:45
35	573	Paulo Azevedo	individual	Veterano M50	03:21:16	+01:02:14	08:45
36	516	Bruno Mouta	cinfães a correr	Veterano M40	03:21:54	+01:02:52	08:47
37	628	Manuel Pereira	cr candoso	Veterano M50	03:23:21	+01:04:19	08:50
38	549	Emídio Ferreira	individual	Senior Masculino	03:23:42	+01:04:40	08:51
39	547	Diogo Resende	individual	Senior Masculino	03:24:35	+01:05:33	08:54
40	564	Tânia Oliveira	individual	Veterana F40	03:25:54	+01:06:53	08:57
41	592	Luis Ribeiro	portocargo runners	Veterano M40	03:25:55	+01:06:53	08:57
42	568	Luis Ribeiro	individual	Veterano M40	03:27:44	+01:08:42	09:02

TRAIL CURTO - STAGE 1

23 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	518	João Bernardo	cinfaes a correr	Veterano M50	03:30:47	+01:11:46	09:10
44	515	Nuno Botelho	cinfaes a correr	Senior Masculino	03:30:48	+01:11:46	09:10
45	535	Sónia Lemos	gdr granja - trutas do mau	Senior Feminino	03:31:42	+01:12:40	09:12
46	575	Carlos Alberto Dias Almeida	javalis - amizade & glória	Veterano M40	03:31:46	+01:12:44	09:12
47	569	Rui Fernandes	individual	Veterano M40	03:31:49	+01:12:47	09:13
48	630	Miguel Ferraz	individual	Veterano M40	03:32:47	+01:13:45	09:15
49	570	Vitor Coelho	individual	Veterano M40	03:32:48	+01:13:47	09:15
50	578	Miguel Pinto	leça do balio	Senior Masculino	03:39:26	+01:20:24	09:32
51	580	Leandro Pacheco	leça do balio	Veterano M40	03:39:26	+01:20:25	09:32
52	566	Carlos Rodrigues	individual	Veterano M40	03:41:14	+01:22:12	09:37
53	551	Henrique Cardoso	individual	Senior Masculino	03:41:19	+01:22:17	09:37
54	542	André Costa	individual	Senior Masculino	03:41:20	+01:22:18	09:37
55	559	Ricardo Oliveira	individual	Senior Masculino	03:41:38	+01:22:36	09:38
56	587	José Valente	nactrail	Senior Masculino	03:50:48	+01:31:46	10:02
57	561	Rui Santos	individual	Senior Masculino	03:51:35	+01:32:33	10:04
58	511	Manuel Guedes	c.i.a. alpendorada	Veterano M40	03:52:44	+01:33:42	10:07
59	538	Cidália Teixeira	gdr granja - trutas do mau	Veterana F40	03:53:07	+01:34:05	10:08
60	509	Jerusa ribeiro	apu.zende	Veterana F40	03:53:34	+01:34:32	10:09
61	502	Eduardo Nascimento	ageas	Veterano M40	03:55:30	+01:36:28	10:14
62	553	Humberto Rodrigues	individual	Senior Masculino	03:59:56	+01:40:54	10:26
63	590	Paulo Lima	porto run team	Senior Masculino	03:59:56	+01:40:54	10:26
64	554	João Bastos	individual	Senior Masculino	04:00:30	+01:41:28	10:27
65	599	Monica Sá	tartarugas do asfalto	Veterana F40	04:01:30	+01:42:29	10:30
66	572	Jorge Caria	individual	Veterano M50	04:01:31	+01:42:29	10:30
67	601	Jorge Moreira	trepá trilhos trail team	Veterano M50	04:07:57	+01:48:55	10:47
68	574	Eduardo medeiros	grupo desportivo de bragança	Veterano M60	04:10:10	+01:51:08	10:53
69	520	Patrícia Rocha	correr leça	Veterana F40	04:10:49	+01:51:47	10:54
70	521	Pedro Justo	correr leça	Veterano M40	04:10:50	+01:51:48	10:54
71	540	To Pereira	h. 27 bl1 r/cdireito	Veterano M50	04:10:51	+01:51:49	10:54
72	536	Cecília Almeida	gdr granja - trutas do mau	Veterana F40	04:11:31	+01:52:29	10:56
73	565	Avelino Rodrigues	individual	Veterano M40	04:13:03	+01:54:01	11:00
74	541	Bruna Coelho	individual	Senior Feminino	04:24:33	+02:05:31	11:30
75	581	Alfredo Rocha	maia	Veterano M40	04:24:33	+02:05:31	11:30
76	532	Jorge Vasconcelos	equipa a	Veterano M40	04:24:44	+02:05:43	11:31
77	583	Diogo Lucena	meadas	Junior Masculino	04:26:25	+02:07:23	11:35
78	584	Bruno Lima	meadas	Veterano M40	04:34:51	+02:15:49	11:57
79	560	Rui Francisco	individual	Senior Masculino	04:34:52	+02:15:50	11:57
80	598	Sandra Pinto	sportarc	Senior Feminino	04:44:55	+02:25:54	12:23
81	546	Bruno Rodrigues	individual	Senior Masculino	04:49:02	+02:30:00	12:34
82	510	Saete Oliveira	apu.zende	Veterana F40	05:02:38	+02:43:36	13:09
83	571	Augusto Lopes	individual	Veterano M50	05:02:38	+02:43:36	13:09
84	558	Ricardo Heleno	individual	Senior Masculino	05:34:26	+03:15:24	14:32
85	603	Diana Dias	vassoura	Senior Feminino	05:40:23	+03:21:21	14:48
86	605	José Carlos Silva	vassoura	Senior Masculino	05:40:24	+03:21:22	14:48
87	604	Adelino Pinto	vassoura	Senior Masculino	05:40:25	+03:21:23	14:48

Trail Curto

23 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:00	14°C	100%
End	15:45	14°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Junior Masculino

1	583	Diogo Lucena	Meadas	Junior Masculino	04:26:25	+02:07:23	11:35
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Senior Feminino

1	606	Andreia Correia	vespinga trail	Senior Feminino	02:59:06	+40:04	07:47
2	594	Cristiana Ferreira	RUNNING ESPINHO	Senior Feminino	03:00:14	+41:12	07:50
3	626	Vera Barbosa	Boavista Trail	Senior Feminino	03:04:59	+45:57	08:03
4	512	Ana Botelho	Cinfães a Correr	Senior Feminino	03:07:03	+48:02	08:08
5	627	Adriana Sousa	CR Candoso	Senior Feminino	03:12:34	+53:32	08:22
6	535	Sónia Lemos	GDR Granja - TRUTAS DO MAU	Senior Feminino	03:31:42	+01:12:40	09:12
7	541	Bruna Coelho	Individual	Senior Feminino	04:24:33	+02:05:31	11:30
8	598	Sandra Pinto	SPORTARC	Senior Feminino	04:44:55	+02:25:54	12:23
9	603	Diana Dias	Vassoura	Senior Feminino	05:40:23	+03:21:21	14:48

Senior Masculino

1	629	Luis Duarte	Individual	Senior Masculino	02:19:01	06:03
2	519	André Castro	Corga da Chã	Senior Masculino	02:20:17	+01:15 06:06
3	514	Jorge Resende	Cinfães a Correr	Senior Masculino	02:36:57	+17:55 06:49
4	543	André Cunha	Individual	Senior Masculino	02:37:28	+18:26 06:51
5	503	Alexandre Pinto	AMIGO Trail Run	Senior Masculino	02:48:17	+29:15 07:19
6	539	Rodrigo Galão	Grupo Desportivo da Parreira	Senior Masculino	02:56:11	+37:09 07:40
7	588	Bruno Serra	Ninja Runners by Decathlon	Senior Masculino	02:56:11	+37:09 07:40
8	597	Tiago Manuel Cepa Areias	Spin & Run Esposende	Senior Masculino	02:59:10	+40:08 07:47
9	528	David Camelo	RUNNING ESPINHO	Senior Masculino	03:00:14	+41:12 07:50
10	602	Nuno Granadas	Turres Trail Team	Senior Masculino	03:05:03	+46:01 08:03
11	557	Marcio Botelho	Individual	Senior Masculino	03:09:18	+50:17 08:14
12	513	João Cardoso	Cinfães a Correr	Senior Masculino	03:12:44	+53:42 08:23
13	533	Joao Oliveira	Facort running team	Senior Masculino	03:15:11	+56:10 08:29
14	508	João Laranjeira	apu.zende	Senior Masculino	03:17:50	+58:49 08:36
15	507	Alvaro vale	apu.zende	Senior Masculino	03:21:06	+01:02:04 08:45
16	549	Emídio Ferreira	Individual	Senior Masculino	03:23:42	+01:04:40 08:51
17	547	Diogo Resende	Individual	Senior Masculino	03:24:35	+01:05:33 08:54
18	515	Nuno Botelho	Cinfães a Correr	Senior Masculino	03:30:48	+01:11:46 09:10
19	578	Miguel Pinto	Leça do Balio	Senior Masculino	03:39:26	+01:20:24 09:32
20	551	Henrique Cardoso	Individual	Senior Masculino	03:41:19	+01:22:17 09:37
21	542	André Costa	Individual	Senior Masculino	03:41:20	+01:22:18 09:37
22	559	Ricardo Oliveira	Individual	Senior Masculino	03:41:38	+01:22:36 09:38

Trail Curto

23 KM

[illegible]

OFFICIAL RESULT

[illegible]

23	587	José Valente	NACTRAIL	Senior Masculino	03:50:48	+01:31:46	10:02
24	561	Rui Santos	Individual	Senior Masculino	03:51:35	+01:32:33	10:04
25	553	Humberto Rodrigues	Individual	Senior Masculino	03:59:56	+01:40:54	10:26
26	590	Paulo Lima	PORTO RUN TEAM	Senior Masculino	03:59:56	+01:40:54	10:26
27	554	João Bastos	Individual	Senior Masculino	04:00:30	+01:41:28	10:27
28	560	Rui Francisco	Individual	Senior Masculino	04:34:52	+02:15:50	11:57
29	546	Bruno Rodrigues	Individual	Senior Masculino	04:49:02	+02:30:00	12:34
30	558	Ricardo Heleno	Individual	Senior Masculino	05:34:26	+03:15:24	14:32
31	605	José Carlos Silva	Vassoura	Senior Masculino	05:40:24	+03:21:22	14:48
32	604	Adelino Pinto	Vassoura	Senior Masculino	05:40:25	+03:21:23	14:48

Veterana F40

1	531	Goreti Correia	EDV-VIANA TRAIL	Veterana F40	03:04:14	+45:12	08:01
2	537	Tila Pina	GDR Granja - TRUTAS DO MAU	Veterana F40	03:08:14	+49:12	08:11
3	595	Cristina Passos	RUNNING ESPINHO	Veterana F40	03:21:06	+01:02:04	08:45
4	564	Tânia Oliveira	Individual	Veterana F40	03:25:54	+01:06:53	08:57
5	538	Cidália Teixeira	GDR Granja - TRUTAS DO MAU	Veterana F40	03:53:07	+01:34:05	10:08
6	509	Jerusa ribeiro	apu.zende	Veterana F40	03:53:34	+01:34:32	10:09
7	599	Monica Sá	Tartarugas do Asfalto	Veterana F40	04:01:30	+01:42:29	10:30
8	520	Patrícia Rocha	CORRER LEÇA	Veterana F40	04:10:49	+01:51:47	10:54
9	536	Cecília Almeida	GDR Granja - TRUTAS DO MAU	Veterana F40	04:11:31	+01:52:29	10:56
10	510	Salete Oliveira	Apu.zende	Veterana F40	05:02:38	+02:43:36	13:09

Veterano M40

1	607	Luís Oliveira	Viseu Trail	Veterano M40	02:28:41	+09:39	06:28
2	506	Manuel Barbosa	AMIGO Trail Run	Veterano M40	02:32:52	+13:50	06:39
3	526	Paulo Mendes	CR Candoso	Veterano M40	02:38:00	+18:58	06:52
4	505	Joaquim Teixeira	AMIGO Trail Run	Veterano M40	02:39:25	+20:23	06:56
5	504	Armando João Ribeiro	AMIGO Trail Run	Veterano M40	03:01:00	+41:58	07:52
6	582	Pedro Pinto	Matosinhos	Veterano M40	03:05:26	+46:25	08:04
7	530	Joaquim Correia	Duelo D'Ocasiao	Veterano M40	03:07:03	+48:02	08:08
8	567	Eduardo Esteves	Individual	Veterano M40	03:19:33	+01:00:31	08:41
9	596	Jose Antonio Silva	RUNNING ESPINHO	Veterano M40	03:21:06	+01:02:04	08:45
10	516	Bruno Mouta	Cinfães a Correr	Veterano M40	03:21:54	+01:02:52	08:47
11	592	Luis Ribeiro	PORTOCARGO RUNNERS	Veterano M40	03:25:55	+01:06:53	08:57
12	568	Luis Ribeiro	Individual	Veterano M40	03:27:44	+01:08:42	09:02
13	575	Carlos Alberto Dias Almeida	JAVALLIS - Amizade & Glória	Veterano M40	03:31:46	+01:12:44	09:12
14	569	Rui Fernandes	Individual	Veterano M40	03:31:49	+01:12:47	09:13
15	630	Miguel Ferraz	Individual	Veterano M40	03:32:47	+01:13:45	09:15
16	570	Vitor Coelho	Individual	Veterano M40	03:32:48	+01:13:47	09:15
17	580	Leandro Pacheco	Leça do Balio	Veterano M40	03:39:26	+01:20:25	09:32
18	566	Carlos Rodrigues	Individual	Veterano M40	03:41:14	+01:22:12	09:37
19	511	Manuel Guedes	C.I.A. Alpendorada	Veterano M40	03:52:44	+01:33:42	10:07
20	502	Eduardo Nascimento	Ageas	Veterano M40	03:55:30	+01:36:28	10:14

Official Timekeeper: Lap2Go	2 / 3	generate 10-Feb-2019 15:47
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Trail Curto

23 KM

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OFFICIAL RESULT

[illegible]

21	521	Pedro Justo	CORRER LEÇA	Veterano M40	04:10:50	+01:51:48	10:54
22	565	Avelino Rodrigues	Individual	Veterano M40	04:13:03	+01:54:01	11:00
23	581	Alfredo Rocha	Maia	Veterano M40	04:24:33	+02:05:31	11:30
24	532	Jorge Vasconcelos	Equipa A	Veterano M40	04:24:44	+02:05:43	11:31
25	584	Bruno Lima	Meadas	Veterano M40	04:34:51	+02:15:49	11:57

Veterano M50

1	534	José Morais	Gaia Trail	Veterano M50	03:09:02	+50:00	08:13
2	573	Paulo Azevedo	Individual	Veterano M50	03:21:16	+01:02:14	08:43
3	628	Manuel Pereira	CR Candoso	Veterano M50	03:23:21	+01:04:19	08:50
4	518	João Bernardo	Cinfães a Correr	Veterano M50	03:30:47	+01:11:46	09:10
5	572	Jorge Caria	Individual	Veterano M50	04:01:31	+01:42:29	10:30
6	601	Jorge Moreira	Trepa Trilhos Trail Team	Veterano M50	04:07:57	+01:48:55	10:47
7	540	To Pereira	H. 27 bl1 r/cdireito	Veterano M50	04:10:51	+01:51:49	10:54
8	571	Augusto Lopes	Individual	Veterano M50	05:02:38	+02:43:36	13:09

Veterano M60

1	577	Manuel Neves	Lamego Tribo Runners	Veterano M60	03:12:38	+53:36	08:23
2	574	Eduardo medeiros	Grupo Desportivo de Bragança	Veterano M60	04:10:10	+01:51:08	10:53