

TRAIL LONGO - STAGE 1

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	11.8°C	82%
End	13:29	11.8°C	82%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	53	Fernando Neves	oralklass-amigos do trail	Senior Masculino	02:16:03		05:55
2	35	GILBERTO COSTA	espinho trail	Veterano M40	02:17:08	+01:04	05:58
3	1	Fernando Neves	centro ciclista gondomar	Veterano M50	02:19:50	+03:46	06:05
4	75	Fernando Taborda	oralklass-amigos do trail	Veterano M40	02:20:49	+04:45	06:07
5	15	João Oliveira	amigos 100 limites	Senior Masculino	02:22:16	+06:12	06:11
6	76	Frank Fritsche	individual	Veterano M40	02:24:27	+08:23	06:17
7	96	Sérgio Vale	nocturnos de paredes	Senior Masculino	02:28:31	+12:27	06:27
8	99	Joel Ferreira	os aventureiros	Senior Masculino	02:33:18	+17:14	06:40
9	126	José Manuel Costa Ferreira Silva	trail running btt sanguedo	Veterano M40	02:33:45	+17:42	06:41
10	79	Lucas Morgado	individual	Veterano M40	02:34:52	+18:48	06:44
11	41	Lucinda Moreiras	grupo desportivo de bragança	Veterana F50	02:35:07	+19:03	06:45
12	100	Vítor Cruz	pepperoni trail team runners	Senior Masculino	02:36:15	+20:11	06:48
13	16	Jorge Manuel Barbosa Moreira	amigos do pedal trailagares	Veterano M50	02:36:51	+20:47	06:49
14	65	Casimira Moura	individual	Veterana F40	02:37:32	+21:28	06:51
15	33	ANTONIO DUARTE	espinho trail	Sub 23 Masculino	02:40:29	+24:25	06:59
16	32	VÍTOR MAIA	espinho trail	Senior Masculino	02:40:30	+24:26	06:59
17	69	Alexandra Fernandes	oralklass-amigos do trail	Veterana F50	02:42:00	+25:56	07:03
18	97	Paulo Colaço	nocturnos de paredes	Veterano M40	02:42:57	+26:53	07:05
19	89	AGOSTINHO SOUSA	kunalama runners	Veterano M60	02:45:46	+29:42	07:12
20	24	António Augusto dos Reis Pinto	bitrunners	Veterano M50	02:45:46	+29:42	07:12
21	91	Filipe Pereira	lousada runners	Senior Masculino	02:46:17	+30:13	07:14
22	92	Filipe Póvoas	mss contabilidade trail team	Senior Masculino	02:47:43	+31:39	07:18
23	109	Rui Araujo	sim summit	Sub 23 Masculino	02:50:17	+34:13	07:24
24	108	Carlos Miguel da Costa Ferreira	sim summit	Senior Masculino	02:50:17	+34:13	07:24
25	94	Victor Azevedo	mss contabilidade trail team	Veterano M40	02:50:38	+34:34	07:25
26	122	Jorge Mesquita	tog - trinca orelhas de gato	Veterano M40	02:54:05	+38:01	07:34
27	77	Jorge Ferreirinha	individual	Veterano M40	02:54:32	+38:28	07:35
28	3	Laurindo osório	kemedo team	Veterano M40	02:54:46	+38:42	07:36
29	81	Rui Pena	individual	Veterano M40	02:57:11	+41:07	07:42
30	112	Fátima Coelho	somos nós team	Veterana F40	02:57:59	+41:55	07:44
31	39	Manuel Silva	gondomar futsal clube	Senior Masculino	02:58:56	+42:52	07:47
32	59	Mário Oliveira	individual	Senior Masculino	02:58:58	+42:54	07:47
33	113	Fernando Morais	somos nós team	Veterano M50	02:59:33	+43:29	07:48
34	74	Delfim Nunes	kemedo team	Veterano M40	02:59:56	+43:52	07:49
35	93	Adriano França	mss contabilidade trail team	Veterano M40	03:00:34	+44:30	07:51
36	71	André Figueiredo	individual	Veterano M40	03:01:51	+45:47	07:54
37	110	Tiago Costa	sk	Senior Masculino	03:03:19	+47:15	07:58
38	34	JORGE DUARTE	espinho trail	Sub 23 Masculino	03:03:46	+47:42	07:59
39	124	Vicente Sousa	tog - trinca orelhas de gato	Veterano M40	03:03:54	+47:50	08:00
40	51	Bruno Gaio	individual	Senior Masculino	03:04:48	+48:44	08:02

TRAIL LONGO - STAGE 1

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	118	André Moreira	tog - trinca orelhas de gato	Senior Masculino	03:04:48	+48:44	08:02
42	31	RICARDO DUARTE	espinho trail	Senior Masculino	03:05:41	+49:37	08:04
43	102	Victor Vital	reumáticos da bila	Senior Masculino	03:05:46	+49:42	08:05
44	80	NUNO Sip	individual	Veterano M40	03:05:47	+49:43	08:05
45	78	José António Alves de Sousa	individual	Veterano M40	03:08:34	+52:30	08:12
46	27	Leandro Araujo	c+runners	Senior Masculino	03:08:46	+52:42	08:12
47	50	Antonio Silva	individual	Senior Masculino	03:09:23	+53:19	08:14
48	87	Pedro Barbosa	individual	Veterano M50	03:09:32	+53:28	08:14
49	117	Marco Sousa	team a té logo btt	Veterano M40	03:09:47	+53:43	08:15
50	116	Tiago Jesus	team "a té logo"	Senior Masculino	03:09:52	+53:48	08:15
51	101	Joel Coelho	pepperoni trail team runners	Veterano M40	03:10:37	+54:33	08:17
52	49	André Lopes	individual	Senior Masculino	03:10:44	+54:40	08:18
53	44	Andrea Cunha	individual	Senior Feminino	03:12:01	+55:57	08:21
54	82	Sérgio Moreira	individual	Veterano M40	03:13:59	+57:55	08:26
55	46	Diana Martins	individual	Senior Feminino	03:13:59	+57:55	08:26
56	132	Paulo Alexandre Santos Tavares	trepatrielhostrailteam	Veterano M50	03:19:06	+01:03:02	08:39
57	28	Ricardo Carvalho	ctad-consumo zero	Senior Masculino	03:19:44	+01:03:40	08:41
58	26	David Teixeira	c+runners	Senior Masculino	03:23:51	+01:07:47	08:52
59	88	Gerson Alves	kemedo team	Senior Masculino	03:25:54	+01:09:50	08:57
60	48	Paula Almeida	individual	Senior Feminino	03:25:58	+01:09:54	08:57
61	111	Diogo Bessa	sk	Sub 23 Masculino	03:26:31	+01:10:27	08:59
62	68	Marta Sousa	individual	Veterana F40	03:27:05	+01:11:01	09:00
63	131	Jorge Moreira	trepatrielhostrailteam	Veterano M50	03:27:12	+01:11:08	09:01
64	30	Lucinda Gomes	dragona	Veterana F50	03:28:32	+01:12:28	09:04
65	90	Miguel Mendes	lion runners - g. d. leões da guarda	Senior Masculino	03:28:32	+01:12:28	09:04
66	7	RICARDO PEREIRA	#atéchoras	Senior Masculino	03:28:41	+01:12:37	09:04
67	105	Joao Cardoso	s. s. montepio	Veterano M40	03:30:34	+01:14:30	09:09
68	95	António Luís Azevedo	mss contabilidade trail team	Veterano M50	03:31:39	+01:15:35	09:12
69	20	Luís Ribeiro	baltar runners	Senior Masculino	03:32:35	+01:16:31	09:15
70	103	Filipe Soares	s. s. montepio	Senior Masculino	03:34:18	+01:18:14	09:19
71	130	Rui Familiar	trepatrielhostrailteam	Veterano M40	03:36:39	+01:20:35	09:25
72	54	JOÃO ALEIXO	individual	Senior Masculino	03:37:37	+01:21:33	09:28
73	52	Domingos	individual	Senior Masculino	03:38:03	+01:21:59	09:29
74	19	Filipe Pereira	baltar runners	Senior Masculino	03:39:02	+01:22:58	09:31
75	12	Sandra Couto	#correratenumdarmais por fo	Veterana F40	03:40:11	+01:24:07	09:34
76	10	Vitor osório	#atéchoras	Veterano M40	03:40:11	+01:24:07	09:34
77	67	Lígia Mendes	individual	Veterana F40	03:41:32	+01:25:28	09:38
78	61	nuno marques	individual	Senior Masculino	03:42:32	+01:26:28	09:41
79	83	Vitor Teixeira	individual	Veterano M40	03:43:35	+01:27:31	09:43
80	14	Belmiro Magalhães	abril	Senior Masculino	03:43:37	+01:27:33	09:43
81	22	Raul Andrade	baltar runners	Senior Masculino	03:45:04	+01:29:00	09:47
82	120	Carla Santos	tog - trinca orelhas de gato	Veterana F40	03:45:05	+01:29:01	09:47
83	43	David Nogueira	hora do lobo trail/cf perosinho atletismo	Veterano M50	03:45:13	+01:29:09	09:48
84	5	Ivo Silva	#atéchoras	Senior Masculino	03:45:52	+01:29:48	09:49
85	9	rui teixeira	#atéchoras	Veterano M40	03:47:50	+01:31:46	09:54

TRAIL LONGO - STAGE 1

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	86	Miguel Martins	individual	Veterano M50	03:50:55	+01:34:51	10:02
87	129	Paulo Nuno Barbosa Sampaio	trepatrielhostrailteam	Veterano M40	03:52:57	+01:36:53	10:08
88	6	Nuno Maio	#atéchoras	Senior Masculino	03:55:06	+01:39:02	10:13
89	127	Bruno Gonçalves	trail santa marta / tristes mas duros	Senior Masculino	03:55:22	+01:39:18	10:14
90	11	Elisabete Leal	#correratenumdarmais por fo	Veterana F40	03:56:09	+01:40:05	10:16
91	125	Paulo Santos	tog - trinca orelhas de gato	Veterano M50	03:56:10	+01:40:06	10:16
92	29	Marlene Ferreira	dragona	Veterana F40	03:56:53	+01:40:49	10:18
93	2	Solange Sousa	individual	Senior Feminino	03:57:47	+01:41:43	10:20
94	84	Alberto martins	individual	Veterano M50	04:00:25	+01:44:21	10:27
95	70	Maria iracema costa	individual	Veterana F50	04:00:26	+01:44:22	10:27
96	21	Miguel Ribeiro	baltar runners	Senior Masculino	04:00:33	+01:44:29	10:28
97	13	Rui Sá	10temidos	Veterano M40	04:02:41	+01:46:37	10:33
98	60	Nelson manuel Mendonça Ferreira	individual	Senior Masculino	04:08:40	+01:52:36	10:49
99	8	Alvaro pereira	#atéchoras	Veterano M40	04:16:56	+02:00:52	11:10
100	72	Artur Fonseca	individual	Veterano M40	04:19:33	+02:03:29	11:17
101	38	Rui machado	gansos	Veterano M50	04:23:02	+02:06:58	11:26
102	64	Tiago Gaio	individual	Senior Masculino	04:23:31	+02:07:28	11:27
103	121	Paulina Soares	tog - trinca orelhas de gato	Veterana F50	04:27:46	+02:11:42	11:39
104	85	jose rodrigues costa	individual	Veterano M50	04:28:34	+02:12:30	11:41
105	47	Elisabete Rente	individual	Senior Feminino	04:28:34	+02:12:30	11:41

Trail Longo

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	11.8°C	82%
End	13:29	11.8°C	82%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
Senior Feminino							
1	44	Andrea Cunha	Individual	Senior Feminino	03:12:01	+55:57	08:21
2	46	Diana Martins	Individual	Senior Feminino	03:13:59	+57:55	08:26
3	48	Paula Almeida	Individual	Senior Feminino	03:25:58	+01:09:54	08:57
4	2	Solange Sousa	Individual	Senior Feminino	03:57:47	+01:41:43	10:20
5	47	Elisabete Rente	Individual	Senior Feminino	04:28:34	+02:12:30	11:41

Senior Masculino

1	53	Fernando Neves	Oralklass-Amigos do Trail	Senior Masculino	02:16:03		05:55
2	15	João Oliveira	Amigos 100 Limites	Senior Masculino	02:22:16	+06:12	06:11
3	96	Sérgio Vale	NOCTURNOS DE PAREDES	Senior Masculino	02:28:31	+12:27	06:27
4	99	Joel Ferreira	os aventureiros	Senior Masculino	02:33:18	+17:14	06:40
5	100	Vítor Cruz	Pepperoni Trail team runners	Senior Masculino	02:36:15	+20:11	06:48
6	32	VÍTOR MAIA	ESPINHO TRAIL	Senior Masculino	02:40:30	+24:26	06:59
7	91	Filipe Pereira	LOUSADA RUNNERS	Senior Masculino	02:46:17	+30:13	07:14
8	92	Filipe Póvoas	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	02:47:43	+31:39	07:18
9	108	Carlos Miguel da Costa Ferreira	SiM Summit	Senior Masculino	02:50:17	+34:13	07:24
10	39	Manuel Silva	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:58:56	+42:52	07:47
11	59	Mário Oliveira	Individual	Senior Masculino	02:58:58	+42:54	07:47
12	110	Tiago Costa	SK	Senior Masculino	03:03:19	+47:15	07:58
13	51	Bruno Gaio	Individual	Senior Masculino	03:04:48	+48:44	08:02
14	118	André Moreira	Tog - Trinca Orelhas de Gato	Senior Masculino	03:04:48	+48:44	08:02
15	31	RICARDO DUARTE	ESPINHO TRAIL	Senior Masculino	03:05:41	+49:37	08:04
16	102	Victor Vital	Reumáticos da Bila	Senior Masculino	03:05:46	+49:42	08:05
17	27	Leandro Araujo	C+runners	Senior Masculino	03:08:46	+52:42	08:12
18	50	Antonio Silva	Individual	Senior Masculino	03:09:23	+53:19	08:14
19	116	Tiago Jesus	Team "A Té Logo"	Senior Masculino	03:09:52	+53:48	08:15
20	49	André Lopes	Individual	Senior Masculino	03:10:44	+54:40	08:18
21	28	Ricardo Carvalho	CTAD-Consumo Zero	Senior Masculino	03:19:44	+01:03:40	08:41
22	26	David Teixeira	C+runners	Senior Masculino	03:23:51	+01:07:47	08:52
23	88	Gerson Alves	KeMedo Team	Senior Masculino	03:25:54	+01:09:50	08:57
24	90	Miguel Mendes	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	03:28:32	+01:12:28	09:04
25	7	RICARDO PEREIRA	#atéchoras	Senior Masculino	03:28:41	+01:12:37	09:04
26	20	Luís Ribeiro	Baltar Runners	Senior Masculino	03:32:35	+01:16:31	09:15
27	103	Filipe Soares	S. S. Montepio	Senior Masculino	03:34:18	+01:18:14	09:19
28	54	JOÃO ALEIXO	Individual	Senior Masculino	03:37:37	+01:21:33	09:28
29	52	Domingos	Individual	Senior Masculino	03:38:03	+01:21:59	09:29
30	19	Filipe Pereira	Baltar Runners	Senior Masculino	03:39:02	+01:22:58	09:31

Trail Longo

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

7	94	Victor Azevedo	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	02:50:38	+34:34	07:25
8	122	Jorge Mesquita	Tog - Trinca Orelhas de Gato	Veterano M40	02:54:05	+38:01	07:34
9	77	Jorge Ferreirinha	Individual	Veterano M40	02:54:32	+38:28	07:35
10	3	Laurindo osório	KeMedo Team	Veterano M40	02:54:46	+38:42	07:36
11	81	Rui Pena	Individual	Veterano M40	02:57:11	+41:07	07:42
12	74	Delfim Nunes	KeMedo Team	Veterano M40	02:59:56	+43:52	07:49
13	93	Adriano França	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	03:00:34	+44:30	07:51
14	71	André Figueiredo	Individual	Veterano M40	03:01:51	+45:47	07:54
15	124	Vicente Sousa	Tog - Trinca Orelhas de Gato	Veterano M40	03:03:54	+47:50	08:00
16	80	NUNO Sip	Individual	Veterano M40	03:05:47	+49:43	08:05
17	78	José António Alves de Sousa	Individual	Veterano M40	03:08:34	+52:30	08:12
18	117	Marco Sousa	Team A TÉ LOGO BTT	Veterano M40	03:09:47	+53:43	08:15
19	101	Joel Coelho	Pepperoni Trail team runners	Veterano M40	03:10:37	+54:33	08:17
20	82	Sérgio Moreira	Individual	Veterano M40	03:13:59	+57:55	08:26
21	105	Joao Cardoso	S. S. Montepio	Veterano M40	03:30:34	+01:14:30	09:09
22	130	Rui Familiar	TrepaTrilhosTrailTeam	Veterano M40	03:36:39	+01:20:35	09:25
23	10	Vitor osório	#atéchoras	Veterano M40	03:40:11	+01:24:07	09:34
24	83	Vitor Teixeira	Individual	Veterano M40	03:43:35	+01:27:31	09:43
25	9	rui teixeira	#atéchoras	Veterano M40	03:47:50	+01:31:46	09:54
26	129	Paulo Nuno Barbosa Sampaio	TrepaTrilhosTrailTeam	Veterano M40	03:52:57	+01:36:53	10:08
27	13	Rui Sá	10TEMIDOS	Veterano M40	04:02:41	+01:46:37	10:33
28	8	Alvaro pereira	#atéchoras	Veterano M40	04:16:56	+02:00:52	11:10
29	72	Artur Fonseca	Individual	Veterano M40	04:19:33	+02:03:29	11:17

Veterano M50

1	1	Fernando Neves	CENTRO CICLISTA GONDOMAR	Veterano M50	02:19:50	+03:46	06:05
2	16	Jorge Manuel Barbosa Moreira	AMIGOS DO PEDAL TRAILAGARES	Veterano M50	02:36:51	+20:47	06:49
3	24	António Augusto dos Reis Pinto	BitRunners	Veterano M50	02:45:46	+29:42	07:12
4	113	Fernando Morais	Somos Nós Team	Veterano M50	02:59:33	+43:29	07:48
5	87	Pedro Barbosa	Individual	Veterano M50	03:09:32	+53:28	08:14
6	132	Paulo Alexandre Santos Tavares	TrepaTrilhosTrailTeam	Veterano M50	03:19:06	+01:03:02	08:39
7	131	Jorge Moreira	TrepaTrilhosTrailTeam	Veterano M50	03:27:12	+01:11:08	09:01
8	95	António Luís Azevedo	MSS CONTABILIDADE TRAIL TEAM	Veterano M50	03:31:39	+01:15:35	09:12
9	43	David Nogueira	Hora do Lobo Trail/CF Perosinho Atletismo	Veterano M50	03:45:13	+01:29:09	09:48
10	86	Miguel Martins	Individual	Veterano M50	03:50:55	+01:34:51	10:02
11	125	Paulo Santos	Tog - Trinca Orelhas de Gato	Veterano M50	03:56:10	+01:40:06	10:16
12	84	Alberto martins	Individual	Veterano M50	04:00:25	+01:44:21	10:27
13	38	Rui machado	Gansos	Veterano M50	04:23:02	+02:06:58	11:26
14	85	jose rodrigues costa	Individual	Veterano M50	04:28:34	+02:12:30	11:41

Trail Longo**23 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Veterano M60

1	89	AGOSTINHO SOUSA	Kunalama runners	Veterano M60	02:45:46	+29:42	07:12
---	----	-----------------	------------------	--------------	----------	--------	-------

COLETIVO - TRAIL LONGO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	ORALKLASS-AMIGOS DO TRAIL	1 + 4 + 17	22
2	ESPINHO TRAIL	2 + 15 + 16	33
3	MSS CONTABILIDADE TRAIL TEAM	22 + 25 + 35	82
4	TOG - TRINCA ORELHAS DE GATO	26 + 39 + 41	106
5	KEMEDO TEAM	28 + 34 + 59	121
6	TREPATRILHOSTRAILTEAM	56 + 63 + 71	190
7	BALTAR RUNNERS	69 + 74 + 81	224
8	#ATÉCHORAS	66 + 76 + 84	226

TRAIL CURTO - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:15	11.8°C	82%
End	12:52	11.8°C	82%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	639	Nelson Loureiro	individual	Senior Masculino	01:08:20		04:53
2	516	Artur Barbosa	aliados trail running team	Senior Masculino	01:11:38	+03:18	05:07
3	725	Sérgio Silva	mss contabilidade trail team	Senior Masculino	01:12:59	+04:38	05:13
4	515	André Nogueira	aliados trail running team	Senior Masculino	01:14:15	+05:55	05:18
5	528	Bruno Pereira	amigos 100 limites	Senior Masculino	01:16:38	+08:17	05:28
6	539	António Martins	boavista trail	Veterano M50	01:17:05	+08:44	05:30
7	519	Paulo Machado	aliados trail running team	Senior Masculino	01:17:34	+09:13	05:32
8	674	Carlos Monteiro	individual	Veterano M40	01:19:39	+11:18	05:41
9	553	Ivo Barbosa	devasta trilhos	Senior Masculino	01:20:58	+12:38	05:47
10	556	Luis Silva	ei team trail	Veterano M40	01:21:19	+12:59	05:49
11	876	Ricardo barros	individual	Senior Masculino	01:21:26	+13:06	05:49
12	675	Eduardo Coelho	individual	Veterano M40	01:21:27	+13:07	05:49
13	680	José Ribeiro	individual	Veterano M40	01:21:27	+13:07	05:49
14	740	Rui Alvim Sousa	mss contabilidade trail team	Veterano M40	01:21:39	+13:19	05:50
15	690	Fernando Seabra	individual	Veterano M50	01:23:28	+15:08	05:58
16	572	João Oliveira	gansos	Senior Masculino	01:24:08	+15:48	06:01
17	732	Ibrahim Sousa	mss contabilidade trail team	Veterano M40	01:25:16	+16:56	06:05
18	794	Tiago Oliveira	sob efeito trail	Senior Masculino	01:26:08	+17:48	06:09
19	761	Sergio Gomes	os preguiças team	Veterano M40	01:26:30	+18:10	06:11
20	689	Fernando Duarte Silva Martins	individual	Veterano M50	01:27:10	+18:49	06:14
21	692	José Gomes	individual	Veterano M50	01:27:21	+19:00	06:14
22	552	Eduardo Xavier	devasta trilhos	Senior Masculino	01:27:47	+19:26	06:16
23	716	Hugo soares	moinhos run - adm	Sub 23 Masculino	01:28:06	+19:45	06:18
24	538	Pedro Dias	boavista trail	Veterano M40	01:28:52	+20:31	06:21
25	540	João Tavares	btt alegria // tubani	Veterano M40	01:31:16	+22:56	06:31
26	685	vitores santos	leões tardariz trail	Veterano M40	01:31:25	+23:05	06:32
27	524	Hélder Borges	aliança de gandra	Veterano M40	01:31:40	+23:19	06:33
28	720	Fábio Miguel Sousa	mss contabilidade trail team	Senior Masculino	01:31:51	+23:30	06:34
29	737	Pedro Miguel Neto Fernandes	mss contabilidade trail team	Veterano M40	01:31:51	+23:31	06:34
30	642	Pedro Ferreira	individual	Senior Masculino	01:31:59	+23:38	06:34
31	706	Nuno sousa	kitty team	Veterano M40	01:32:12	+23:52	06:35
32	878	Nuno Barros	individual	Senior Masculino	01:32:17	+23:57	06:36
33	774	Rui Silva	pradothinaicos	Senior Masculino	01:33:45	+25:25	06:42
34	573	Jorge beliago	gansos	Senior Masculino	01:33:49	+25:29	06:42
35	619	Carlos Filipe Santos	individual	Senior Masculino	01:33:53	+25:33	06:42
36	715	Simão sousa	moinhos run - adm	Senior Masculino	01:34:30	+26:09	06:45
37	717	Miguel santos	moinhos run - adm	Veterano M40	01:34:59	+26:39	06:47
38	873	Hugo Santos	valongo trilhos trail	Senior Masculino	01:35:21	+27:01	06:49
39	672	Arnaldo José Araújo	individual	Veterano M40	01:36:45	+28:25	06:55
40	626	Helder Raimundo Magalhães Queirós	individual	Senior Masculino	01:36:57	+28:36	06:56
41	506	Angela Soares	a.d. amarante	Senior Feminino	01:37:08	+28:48	06:56

TRAIL CURTO - STAGE 1

14 KM

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	510	Carlos Queirós	a.d. amarante	Senior Masculino	01:37:15	+28:55	06:57
43	772	Andre Sa	pradothinaicos	Senior Masculino	01:37:31	+29:10	06:58
44	530	Tó Faria	amigos 100 limites	Veterano M40	01:37:33	+29:13	06:58
45	570	António Joaquim Teixeira Alves	fridão sem limites	Veterano M40	01:37:51	+29:30	06:59
46	520	fernanda machado	aliança de gandra	Senior Feminino	01:38:52	+30:32	07:04
47	679	joao anselmo fernandes vigario	individual	Veterano M40	01:38:54	+30:34	07:04
48	534	Mário lima	avesrunners	Senior Masculino	01:38:54	+30:34	07:04
49	808	Sérgio Sousa	stop runners	Veterano M40	01:39:24	+31:04	07:06
50	578	José Ferreira	gansos	Veterano M40	01:39:27	+31:07	07:06
51	757	Fernando Teixeira	os preguiças team	Senior Masculino	01:39:36	+31:16	07:07
52	790	José Costa	silvacosta	Veterano M50	01:39:50	+31:30	07:08
53	591	Pedro Sousa	gondomar futsal clube	Veterano M50	01:40:03	+31:43	07:09
54	871	Alexandrino Guimarães	tt runners	Veterano M40	01:40:06	+31:45	07:09
55	875	Jose pinto	nocturnos de paredes	Veterano M40	01:40:17	+31:57	07:10
56	107	Sara Ferreira	sim summit	Senior Feminino	01:40:24	+32:04	07:10
57	652	Eduardo Vieira	individual	Sub 23 Masculino	01:40:31	+32:11	07:11
58	629	Ireneu Oliveira	individual	Senior Masculino	01:40:40	+32:20	07:11
59	864	Agostinho Alves	trepatrihostrailteam	Veterano M50	01:40:48	+32:27	07:12
60	622	Daniel Reis	individual	Senior Masculino	01:40:57	+32:36	07:13
61	645	Pedro Pacheco	individual	Senior Masculino	01:41:10	+32:49	07:14
62	885	António Gomes	individual	Veterano M40	01:41:11	+32:51	07:14
63	526	Patrícia Conceição	amigos 100 limites	Senior Feminino	01:41:15	+32:55	07:14
64	529	Tó Luís	amigos 100 limites	Sub 23 Masculino	01:41:15	+32:55	07:14
65	623	David Cunha	individual	Senior Masculino	01:41:19	+32:58	07:14
66	587	Joana Cardoso	gondomar futsal clube	Senior Feminino	01:41:22	+33:02	07:15
67	734	Márcio Almeida	mss contabilidade trail team	Veterano M40	01:41:34	+33:13	07:15
68	762	Lino Moreira	os turbomula	Veterano M60	01:41:45	+33:25	07:16
69	882	Luís Gonçalves	individual	Senior Masculino	01:41:47	+33:27	07:16
70	638	Manuel Lopes	individual	Senior Masculino	01:41:48	+33:27	07:16
71	793	Pedro Oliveira	sob efeito trail	Senior Masculino	01:42:09	+33:49	07:18
72	649	Vitor correia	individual	Senior Masculino	01:42:41	+34:21	07:20
73	644	Pedro moreira	individual	Senior Masculino	01:42:42	+34:22	07:20
74	604	Liliana Gomes	individual	Senior Feminino	01:42:45	+34:25	07:20
75	671	António Malheiro	individual	Veterano M40	01:43:04	+34:44	07:22
76	851	Manuel Barros	tog - trinca orelhas de gato	Veterano M60	01:43:05	+34:45	07:22
77	803	Dinis Pinto	stop runners	Veterano M40	01:43:40	+35:19	07:24
78	705	Bruno ribeiro	kitty team	Senior Masculino	01:43:46	+35:26	07:25
79	722	Óscar Carvalho	mss contabilidade trail team	Senior Masculino	01:44:30	+36:10	07:28
80	532	João Campos	arrasa trilhos	Senior Masculino	01:45:19	+36:59	07:31
81	699	Fernando Duarte Ferreira	individual	Veterano M60	01:45:21	+37:01	07:32
82	616	BRUNO DELGADO	individual	Senior Masculino	01:45:43	+37:22	07:33
83	533	José Moraes	arrasa trilhos	Veterano M50	01:45:59	+37:39	07:34
84	860	Ana Paula Silva Soares	trepatrihostrailteam	Veterana F40	01:46:08	+37:48	07:35
85	634	Luís Bessa	individual	Senior Masculino	01:46:25	+38:05	07:36
86	877	Clara Teixeira	os preguiças team	Senior Feminino	01:46:30	+38:10	07:36

TRAIL CURTO - STAGE 1**14 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
87	531	Sandra Carina Cabral Cunha	amigos do pedal trailagares	Senior Feminino	01:46:48	+38:28	07:38
88	884	Daniel Silva	grupo desportivo banco de portugal	Senior Masculino	01:47:47	+39:27	07:42
89	825	Fernando Vital	tog - trincea orelhas de gato	Veterano M50	01:48:30	+40:10	07:45
90	787	Fernando Carvalho	s. s. montepio	Veterano M50	01:48:41	+40:20	07:46
91	676	Filipe Miranda	individual	Veterano M40	01:48:52	+40:32	07:47
92	883	Jorge Almeida	soplafifana	Veterano M40	01:48:56	+40:36	07:47
93	781	António Oliveira	s. s. montepio	Veterano M40	01:49:31	+41:11	07:49
94	785	Rui Carvalho	s. s. montepio	Veterano M40	01:49:32	+41:11	07:49
95	753	Carlos Vieira	os cachos	Veterano M50	01:49:44	+41:24	07:50
96	508	Patricia Carvalho	a.d. amarante	Senior Feminino	01:50:10	+41:50	07:52
97	512	Márcio Teixeira	a.d. amarante	Senior Masculino	01:50:10	+41:50	07:52
98	887	sérgio Cunha	individual	Veterano M50	01:50:16	+41:56	07:53
99	630	Isaías Vieira	individual	Senior Masculino	01:50:35	+42:15	07:54
100	721	Mário Branco	mss contabilidade trail team	Senior Masculino	01:50:37	+42:17	07:54
101	547	Elisabete gonçlaves	clube trilheiros e amigos	Veterana F40	01:51:02	+42:42	07:56
102	792	José Moreira	sk	Veterano M40	01:51:02	+42:42	07:56
103	800	Valter Barbosa	stcp runners	Senior Masculino	01:51:18	+42:57	07:57
104	669	Amilcar Daniel	individual	Veterano M40	01:52:10	+43:50	08:01
105	579	Miguel costa	gansos	Veterano M40	01:52:15	+43:55	08:01
106	684	Sérgio mota	individual	Veterano M40	01:52:28	+44:07	08:02
107	505	Alice Pereira	a.d. amarante	Senior Feminino	01:52:34	+44:14	08:02
108	507	Célia Silva	a.d. amarante	Senior Feminino	01:52:34	+44:14	08:02
109	701	Joaquim Nunes	individual	Veterano M60	01:55:25	+47:04	08:15
110	653	João Rocha	individual	Sub 23 Masculino	01:55:28	+47:08	08:15
111	886	Bruno Gomes	individual	Senior Masculino	01:55:30	+47:09	08:15
112	592	JUDY SOUSA	grupo desportivo de bragança	Veterana F40	01:55:33	+47:13	08:15
113	527	Alcino Silva	amigos 100 limites	Senior Masculino	01:55:52	+47:32	08:17
114	786	Rui Freitas	s. s. montepio	Veterano M40	01:56:27	+48:06	08:19
115	628	Humberto José de Lima Barros	individual	Senior Masculino	01:56:27	+48:07	08:19
116	784	Ricardo Resende	s. s. montepio	Veterano M40	01:56:31	+48:11	08:19
117	589	Ilídio Freitas	gondomar futsal clube	Veterano M50	01:56:36	+48:16	08:20
118	730	Aurélío Salas	mss contabilidade trail team	Veterano M40	01:57:08	+48:48	08:22
119	640	Nelson Miranda	individual	Senior Masculino	01:57:08	+48:48	08:22
120	637	Luís Rocha	individual	Senior Masculino	01:57:26	+49:06	08:23
121	608	Patrícia Santos	individual	Senior Feminino	01:57:42	+49:22	08:24
122	710	Nuno Nunes	minipreço	Senior Masculino	01:59:18	+50:58	08:31
123	711	Paulo Ferreira	minipreço	Senior Masculino	01:59:18	+50:58	08:31
124	511	Luís Mendes	a.d. amarante	Senior Masculino	02:00:23	+52:02	08:36
125	563	Angelo Silva	espeliosos	Veterano M40	02:00:23	+52:03	08:36
126	797	Sousa Henrique	soplafifana	Veterano M40	02:00:25	+52:05	08:36
127	766	Sandra Oliveira	papatrails	Veterana F40	02:00:27	+52:07	08:36
128	651	Celso Soares	individual	Sub 23 Masculino	02:00:44	+52:23	08:37
129	668	Amandio Sousa	individual	Veterano M40	02:01:11	+52:50	08:39
130	633	José Fernando Silva	individual	Senior Masculino	02:01:32	+53:11	08:41
131	541	Fábio Jorge Martins Sousa	bunker lounge trail	Senior Masculino	02:02:24	+54:04	08:45
132	714	Paulo Silva	minipreço	Veterano M50	02:02:29	+54:08	08:45

TRAIL CURTO - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
133	666	Albina Sousa	individual	Veterana F50	02:02:37	+54:17	08:46
134	872	Joaquim Jorge Moreira	tt runners	Veterano M40	02:02:39	+54:19	08:46
135	663	Lília Magalhães	individual	Veterana F40	02:02:52	+54:32	08:47
136	542	Raul Jorge Martins de Sousa	bunker lounge trail	Veterano M40	02:02:57	+54:36	08:47
137	846	Nelson Santos	tog - trinca orelhas de gato	Veterano M40	02:03:20	+55:00	08:49
138	688	Clemente meireles	individual	Veterano M50	02:03:22	+55:02	08:49
139	791	Susana Bessa	sk	Veterana F40	02:03:23	+55:02	08:49
140	807	Sérgio Silva	stop runners	Veterano M40	02:03:23	+55:03	08:49
141	548	Armando Moreira	clube zipper	Veterano M50	02:03:42	+55:21	08:50
142	551	Micaela Brito	devasta trilhos	Senior Feminino	02:03:47	+55:27	08:51
143	724	Sérgio Rocha	mss contabilidade trail team	Senior Masculino	02:04:08	+55:48	08:52
144	536	Jorge Sousa	bitrunners	Veterano M40	02:04:11	+55:51	08:52
145	756	Daniela Moutinho	os preguiças team	Senior Feminino	02:04:16	+55:56	08:53
146	752	Bruno Castelo	os aventureiros	Senior Masculino	02:04:31	+56:10	08:54
147	755	Manuel Carneiro	os cachos	Veterano M50	02:04:41	+56:21	08:54
148	571	Helena Alvarenga	gansos	Senior Feminino	02:04:41	+56:21	08:54
149	655	Alice Sousa	individual	Veterana F40	02:04:54	+56:34	08:55
150	56	José Ferreira	individual	Senior Masculino	02:05:00	+56:40	08:56
151	588	Fernando Ferreira	gondomar futsal clube	Veterano M50	02:05:05	+56:45	08:56
152	558	Filipe Ribeiro	empenabike	Senior Masculino	02:05:09	+56:48	08:56
153	557	Filipe Barbosa	empenabike	Senior Masculino	02:05:09	+56:48	08:56
154	704	Nelson Nogueira	individual	Veterano M60	02:05:09	+56:49	08:56
155	577	Carlos anjos	gansos	Veterano M40	02:05:12	+56:52	08:57
156	646	Pedro Vieira	individual	Senior Masculino	02:05:12	+56:52	08:57
157	842	Filipe Terra	tog - trinca orelhas de gato	Veterano M40	02:06:10	+57:49	09:01
158	861	Paula Manuela Dias	trepatrihostrailteam	Veterana F40	02:06:22	+58:02	09:02
159	697	Vitor Oliveira	individual	Veterano M50	02:06:34	+58:13	09:02
160	656	Ana Alves	individual	Veterana F40	02:06:34	+58:14	09:02
161	856	Helder Santos	trail santa marta / tristes mas duros	Senior Masculino	02:07:03	+58:43	09:05
162	743	António Póvoas	mss contabilidade trail team	Veterano M50	02:07:17	+58:56	09:06
163	562	Venâncio Almeida	espeliosos	Senior Masculino	02:07:25	+59:04	09:06
164	559	Luis Santos	espeliosos	Senior Masculino	02:07:25	+59:05	09:06
165	870	Carlos Paiva	tt runners	Sub 23 Masculino	02:07:53	+59:33	09:08
166	600	Dina Santos	individual	Senior Feminino	02:07:54	+59:33	09:08
167	868	João Lopes	tt runners	Senior Masculino	02:07:54	+59:33	09:08
168	631	Ivo Santos	individual	Senior Masculino	02:08:16	+59:56	09:10
169	780	Alexandre Leite	s. s. montepio	Veterano M40	02:08:24	+01:00:04	09:10
170	584	Paula Ferreira	generosos runners	Veterana F40	02:08:57	+01:00:37	09:13
171	555	Amélia Ramos	dragona	Veterana F40	02:10:31	+01:02:10	09:19
172	801	Cristina Sousa	stop runners	Veterana F40	02:10:31	+01:02:10	09:19
173	869	José Cabral	tt runners	Senior Masculino	02:10:36	+01:02:15	09:20
174	691	Jorge Cruz de Melo	individual	Veterano M50	02:11:03	+01:02:43	09:22
175	665	Nicole Mendes	individual	Veterana F40	02:11:03	+01:02:43	09:22
176	682	Nuno Bernardino Pinto Pereira Monteiro	individual	Veterano M40	02:11:20	+01:03:00	09:23
177	771	Humberto Pinho	porto sentido runners	Veterano M60	02:11:24	+01:03:04	09:23

TRAIL CURTO - STAGE 1

14 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
178	764	Monica Magalhaes	papatrails	Senior Feminino	02:11:52	+01:03:32	09:25
179	687	Carlos Rocha	individual	Veterano M50	02:11:52	+01:03:32	09:25
180	620	Carlos Santos	individual	Senior Masculino	02:11:52	+01:03:32	09:25
181	783	Francisco Moreira	s. s. montepio	Veterano M40	02:11:57	+01:03:36	09:26
182	535	Marieta Moreira	bitrunners	Veterana F50	02:12:05	+01:03:45	09:26
183	726	Tiago Sequeira	mss contabilidade trail team	Senior Masculino	02:12:20	+01:04:00	09:27
184	741	Rui Augusto	mss contabilidade trail team	Veterano M40	02:12:30	+01:04:10	09:28
185	805	Paulo Gonçalves	stcp runners	Veterano M40	02:12:40	+01:04:20	09:29
186	880	António Lima	tog - trinca orelhas de gato	Veterano M50	02:12:41	+01:04:21	09:29
187	582	Joaquim garces	gansos	Veterano M50	02:12:59	+01:04:39	09:30
188	843	Jorge Martins	tog - trinca orelhas de gato	Veterano M40	02:13:03	+01:04:43	09:30
189	788	Lurdes Pinheiro	sem medo	Veterana F40	02:13:03	+01:04:43	09:30
190	601	Elisabete Magalhaes	individual	Senior Feminino	02:13:12	+01:04:52	09:31
191	576	António neto	gansos	Veterano M40	02:13:26	+01:05:06	09:32
192	881	Sónia Reis	tog - trinca orelhas de gato	Veterana F40	02:13:27	+01:05:06	09:32
193	596	Carla Teixeira	individual	Senior Feminino	02:13:35	+01:05:14	09:33
194	581	Antonio santos	gansos	Veterano M50	02:13:41	+01:05:21	09:33
195	696	Sergio cunha	individual	Veterano M50	02:13:45	+01:05:25	09:33
196	806	Paulo Lopes	stcp runners	Veterano M40	02:13:54	+01:05:34	09:34
197	874	José Coelho	valongo trilhos trail	Veterano M40	02:15:08	+01:06:48	09:39
198	554	Pedro Maia	dragona	Sub 23 Masculino	02:15:22	+01:07:02	09:40
199	709	João Mota	minipreço	Senior Masculino	02:15:33	+01:07:13	09:41
200	521	Fátima Ramos	aliança de gandra	Veterana F40	02:15:47	+01:07:27	09:42
201	525	Roberto Moreira	aliança de gandra	Veterano M40	02:15:48	+01:07:28	09:42
202	723	Paulo Silva	mss contabilidade trail team	Senior Masculino	02:16:02	+01:07:42	09:43
203	561	Nuno Gonçalves	espeliosos	Senior Masculino	02:16:17	+01:07:57	09:44
204	543	Joao Lourenço	c+runners	Veterano M40	02:16:32	+01:08:12	09:45
205	819	Rita Morais	tog - trinca orelhas de gato	Senior Feminino	02:16:51	+01:08:31	09:47
206	845	Marco Oliveira	tog - trinca orelhas de gato	Veterano M40	02:16:51	+01:08:31	09:47
207	661	Isabel Oliveira	individual	Veterana F40	02:18:07	+01:09:47	09:52
208	700	João Sousa	individual	Veterano M60	02:18:29	+01:10:09	09:54
209	733	Manuel Ribeiro	mss contabilidade trail team	Veterano M40	02:18:45	+01:10:25	09:55
210	727	Manuel José Cabral Ribeiro	mss contabilidade trail team	Sub 23 Masculino	02:18:45	+01:10:25	09:55
211	729	António Rocha	mss contabilidade trail team	Veterano M40	02:18:46	+01:10:25	09:55
212	607	Patrícia ramos	individual	Senior Feminino	02:19:13	+01:10:52	09:57
213	648	Rui Cunha	individual	Senior Masculino	02:19:53	+01:11:32	10:00
214	765	Ana Alves	papatrails	Veterana F40	02:20:29	+01:12:09	10:02
215	574	Bernardina dias	gansos	Veterana F40	02:20:29	+01:12:09	10:02
216	569	TONY BARBOSA	espinho trail	Veterano M40	02:20:38	+01:12:18	10:03
217	567	Ana Paula Cruz	espinho trail	Veterana F40	02:20:39	+01:12:18	10:03
218	603	Helena Guimarães	individual	Senior Feminino	02:20:53	+01:12:32	10:04
219	590	Mário Ribeiro	gondomar futsal clube	Veterano M50	02:21:05	+01:12:45	10:05
220	751	Vanessa Santos	os aventureiros	Senior Feminino	02:21:27	+01:13:07	10:06
221	822	Silvia Rocha	tog - trinca orelhas de gato	Senior Feminino	02:22:13	+01:13:53	10:10
222	703	Manuel Emidio	individual	Veterano M60	02:22:58	+01:14:38	10:13
223	708	Diogo Pacheco	minipreço	Senior Masculino	02:24:00	+01:15:39	10:17

TRAIL CURTO - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
224	670	atleta 670	individual	Senior Masculino	02:24:02	+01:15:41	10:17
225	769	Maria do Céu Ferreira	pepperoni trail team runners	Veterana F60	02:24:03	+01:15:42	10:17
226	776	Silvia Costa	running espinho	Veterana F40	02:24:42	+01:16:22	10:20
227	777	Paulo Ferreira	running espinho	Veterano M40	02:24:42	+01:16:22	10:20
228	514	Armando Meireles	a.d. amarante	Veterano M40	02:25:01	+01:16:41	10:22
229	713	Madalena Nogueira	minipreço	Veterana F50	02:25:23	+01:17:03	10:23
230	763	Estela Oliveira	papatrails	Senior Feminino	02:26:05	+01:17:45	10:26
231	549	Laura Pinto	cocos	Veterana F40	02:26:21	+01:18:01	10:27
232	550	Pedro Ribeiro	cocos	Veterano M40	02:26:22	+01:18:01	10:27
233	647	Ricardo Osório	individual	Senior Masculino	02:26:29	+01:18:08	10:28
234	522	Natália Moreira	aliança de gandra	Veterana F40	02:27:11	+01:18:51	10:31
235	735	Marco Vigário	mss contabilidade trail team	Veterano M40	02:27:11	+01:18:51	10:31
236	719	Raquel Marques	mss contabilidade trail team	Senior Feminino	02:27:12	+01:18:51	10:31
237	654	Jorge Ferreirinha	individual	Sub 23 Masculino	02:27:26	+01:19:05	10:32
238	707	Diogo Albuquerque	minipreço	Senior Masculino	02:27:50	+01:19:29	10:34
239	712	Susana Martins	minipreço	Veterana F40	02:27:50	+01:19:29	10:34
240	635	Luís Carlos Silva Coelho	individual	Senior Masculino	02:28:16	+01:19:56	10:35
241	615	Bernardino Elísio Silva Coelho	individual	Senior Masculino	02:28:16	+01:19:56	10:35
242	867	Ivan Cruz	tt runners	Senior Masculino	02:28:26	+01:20:06	10:36
243	739	Ricardo Pinto	mss contabilidade trail team	Veterano M40	02:29:28	+01:21:08	10:41
244	796	Tiago Teixeira	sob efeito trail	Senior Masculino	02:30:12	+01:21:52	10:44
245	502	SUSANA PEREIRA	#atéchoras	Senior Feminino	02:30:49	+01:22:29	10:46
246	731	Bruno Paulino Jesus Martins	mss contabilidade trail team	Veterano M40	02:31:30	+01:23:09	10:49
247	545	Ricardo Paulino	caramelos	Veterano M40	02:31:34	+01:23:14	10:50
248	544	Daniela Lopes	caramelos	Veterana F40	02:31:34	+01:23:14	10:50
249	673	Bernardino Carvalho	individual	Veterano M40	02:32:54	+01:24:34	10:55
250	863	José Augusto Soares Ferreira	trepatrihostrailteam	Veterano M40	02:32:55	+01:24:34	10:55
251	568	CRISTINA DUARTE	espinho trail	Veterana F40	02:33:46	+01:25:25	10:59
252	566	CARLA PEREIRA	espinho trail	Senior Feminino	02:33:46	+01:25:26	10:59
253	728	Marina Silva Sousa	mss contabilidade trail team	Veterana F40	02:36:33	+01:28:13	11:11
254	853	João Português	trail santa marta	Senior Masculino	02:36:52	+01:28:32	11:12
255	854	Zé Moreira	trail santa marta	Veterano M40	02:36:53	+01:28:32	11:12
256	738	Ricardo José Santos Trindade Ferreira	mss contabilidade trail team	Veterano M40	02:37:38	+01:29:18	11:16
257	736	Pascoal Barbosa	mss contabilidade trail team	Veterano M40	02:37:38	+01:29:18	11:16
258	745	Maria Sousa	ninguém as pára	Veterana F40	02:38:46	+01:30:25	11:20
259	767	Jose Alves	papatrails	Veterano M40	02:38:50	+01:30:29	11:21
260	583	Lurdes Loureiro	generosos runners	Senior Feminino	02:38:51	+01:30:30	11:21
261	768	Silvia Cruz	pepperoni trail team runners	Veterana F40	02:38:51	+01:30:30	11:21
262	865	José Dara	trepatrihostrailteam	Veterano M60	02:38:54	+01:30:33	11:21
263	746	Sandra Gonçalves	ninguém as pára	Veterana F40	02:39:22	+01:31:02	11:23
264	747	Sara Azevedo	ninguém as pára	Veterana F40	02:39:23	+01:31:03	11:23
265	658	Celeste Ribeiro	individual	Veterana F40	02:39:52	+01:31:31	11:25
266	698	António Fernandes	individual	Veterano M60	02:39:52	+01:31:31	11:25
267	660	Isabel Dias	individual	Veterana F40	02:39:52	+01:31:31	11:25
268	25	Sandra Oliveira	budeguita runners	Veterana F40	02:39:52	+01:31:32	11:25

TRAIL CURTO - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION**OFFICIAL RESULT**LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
313	664	Manuela Dias	individual	Veterana F40	03:21:03	+02:12:42	14:22
314	830	Isilda Silva	tog - trinca orelhas de gato	Veterana F40	03:37:25	+02:29:05	15:32
315	760	Liliana Loureiro	os preguiças team	Veterana F40	03:37:26	+02:29:05	15:32

Trail Curto

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

38	593	Águeda Cruz	Individual	Senior Feminino	02:47:19	+01:38:59	11:57
39	798	Márya Palhares	STCP Runners	Senior Feminino	02:47:57	+01:39:37	12:00
40	595	Ana Isabel Santos Vieira	Individual	Senior Feminino	02:49:59	+01:41:39	12:09
41	609	Raquel Vieira Coelho	Individual	Senior Feminino	02:50:27	+01:42:07	12:11
42	809	Marta Magalhães	Stream Fire	Senior Feminino	02:54:52	+01:46:32	12:29
43	509	Silvia Pinto	A.D. AMARANTE	Senior Feminino	02:55:38	+01:47:18	12:33
44	501	Raquel gavina	#atéchoras	Senior Feminino	02:56:15	+01:47:55	12:35
45	857	Lígia Eiras	Trail Sra do Salto	Senior Feminino	03:02:12	+01:53:52	13:01
46	594	Ana Alice de Sousa Lima Dias	Individual	Senior Feminino	03:21:01	+02:12:41	14:22

Senior Masculino

1	639	Nelson Loureiro	Individual	Senior Masculino	01:08:20		04:53
2	516	Artur Barbosa	Aliados Trail Running Team	Senior Masculino	01:11:38	+03:18	05:07
3	725	Sérgio Silva	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:12:59	+04:38	05:13
4	515	André Nogueira	Aliados Trail Running Team	Senior Masculino	01:14:15	+05:55	05:18
5	528	Bruno Pereira	Amigos 100 Limites	Senior Masculino	01:16:38	+08:17	05:28
6	519	Paulo Machado	Aliados Trail Running Team	Senior Masculino	01:17:34	+09:13	05:32
7	553	Ivo Barbosa	Devasta Trilhos	Senior Masculino	01:20:58	+12:38	05:47
8	876	Ricardo barros	Individual	Senior Masculino	01:21:26	+13:06	05:49
9	572	João Oliveira	Gansos	Senior Masculino	01:24:08	+15:48	06:01
10	794	Tiago Oliveira	Sob Efeito Trail	Senior Masculino	01:26:08	+17:48	06:09
11	552	Eduardo Xavier	Devasta Trilhos	Senior Masculino	01:27:47	+19:26	06:16
12	720	Fábio Miguel Sousa	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:31:51	+23:30	06:34
13	642	Pedro Ferreira	Individual	Senior Masculino	01:31:59	+23:38	06:34
14	878	Nuno Barros	Individual	Senior Masculino	01:32:17	+23:57	06:36
15	774	Rui Silva	Pradothinaicos	Senior Masculino	01:33:45	+25:25	06:42
16	573	Jorge beliago	Gansos	Senior Masculino	01:33:49	+25:29	06:42
17	619	Carlos Filipe Santos	Individual	Senior Masculino	01:33:53	+25:33	06:42
18	715	Simão souza	Moinhos Run - ADRM	Senior Masculino	01:34:30	+26:09	06:45
19	873	Hugo Santos	Valongo trilhos trail	Senior Masculino	01:35:21	+27:01	06:49
20	626	Helder Raimundo Magalhães Queirós	Individual	Senior Masculino	01:36:57	+28:36	06:56
21	510	Carlos Queirós	A.D. AMARANTE	Senior Masculino	01:37:15	+28:55	06:57
22	772	Andre Sa	Pradothinaicos	Senior Masculino	01:37:31	+29:10	06:58
23	534	Mário lima	Avesrunners	Senior Masculino	01:38:54	+30:34	07:04
24	757	Fernando Teixeira	Os preguiças team	Senior Masculino	01:39:36	+31:16	07:07
25	629	Ireneu Oliveira	Individual	Senior Masculino	01:40:40	+32:20	07:11
26	622	Daniel Reis	Individual	Senior Masculino	01:40:57	+32:36	07:13
27	645	Pedro Pacheco	Individual	Senior Masculino	01:41:10	+32:49	07:14
28	623	David Cunha	Individual	Senior Masculino	01:41:19	+32:58	07:14
29	882	Luís Gonçalves	Individual	Senior Masculino	01:41:47	+33:27	07:16
30	638	Manuel Lopes	Individual	Senior Masculino	01:41:48	+33:27	07:16
31	793	Pedro Oliveira	Sob Efeito Trail	Senior Masculino	01:42:09	+33:49	07:18
32	649	Vitor correia	Individual	Senior Masculino	01:42:41	+34:21	07:20
33	644	Pedro moreira	Individual	Senior Masculino	01:42:42	+34:22	07:20

Official Timekeeper: Lap2Go	2 / 9	generate 20-May-2019 12:22
-----------------------------	-------	----------------------------

Trail Curto

14 KM

OFFICIAL RESULT

17	661	Isabel Oliveira	Individual	Veterana F40	02:18:07	+01:09:47	09:52
18	765	Ana Alves	PAPATRAILS	Veterana F40	02:20:29	+01:12:09	10:02
19	574	Bernardina dias	Gansos	Veterana F40	02:20:29	+01:12:09	10:02
20	567	Ana Paula Cruz	ESPINHO TRAIL	Veterana F40	02:20:39	+01:12:18	10:03
21	776	Silvia Costa	RUNNING ESPINHO	Veterana F40	02:24:42	+01:16:22	10:20
22	549	Laura Pinto	Cocos	Veterana F40	02:26:21	+01:18:01	10:27
23	522	Natália Moreira	ALIANÇA DE GANDRA	Veterana F40	02:27:11	+01:18:51	10:31
24	712	Susana Martins	Minipreço	Veterana F40	02:27:50	+01:19:29	10:34
25	544	Daniela Lopes	Caramelos	Veterana F40	02:31:34	+01:23:14	10:50
26	568	CRISTINA DUARTE	ESPINHO TRAIL	Veterana F40	02:33:46	+01:25:25	10:59
27	728	Marina Silva Sousa	MSS CONTABILIDADE TRAIL TEAM	Veterana F40	02:36:33	+01:28:13	11:11
28	745	Maria Sousa	Ninguém as pára	Veterana F40	02:38:46	+01:30:25	11:20
29	768	Silvia Cruz	Pepperoni Trail team runners	Veterana F40	02:38:51	+01:30:30	11:21
30	746	Sandra Gonçalves	Ninguém as pára	Veterana F40	02:39:22	+01:31:02	11:23
31	747	Sara Azevedo	Ninguém as pára	Veterana F40	02:39:23	+01:31:03	11:23
32	658	Celeste Ribeiro	Individual	Veterana F40	02:39:52	+01:31:31	11:25
33	660	Isabel Dias	Individual	Veterana F40	02:39:52	+01:31:31	11:25
34	25	Sandra Oliveira	BUDEGUITA RUNNERS	Veterana F40	02:39:52	+01:31:32	11:25
35	834	Xana Bento	Tog - Trinca Orelhas de Gato	Veterana F40	02:44:44	+01:36:24	11:46
36	879	Ana carvalho	Individual	Veterana F40	02:44:45	+01:36:25	11:46
37	828	Beatriz Almeida	Tog - Trinca Orelhas de Gato	Veterana F40	02:52:33	+01:44:12	12:20
38	826	Susana Martins	Tog - Trinca Orelhas de Gato	Veterana F40	02:52:35	+01:44:15	12:20
39	832	Maria José	Tog - Trinca Orelhas de Gato	Veterana F40	02:54:03	+01:45:43	12:26
40	812	Mónica Silva	Stream Fire	Veterana F40	02:54:52	+01:46:32	12:29
41	831	Kika Martins	Tog - Trinca Orelhas de Gato	Veterana F40	03:15:28	+02:07:08	13:58
42	664	Manuela Dias	Individual	Veterana F40	03:21:03	+02:12:42	14:22
43	830	Isilda Silva	Tog - Trinca Orelhas de Gato	Veterana F40	03:37:25	+02:29:05	15:32
44	760	Liliana Loureiro	Os preguiças team	Veterana F40	03:37:26	+02:29:05	15:32

Veterana F50

1	666	Albina Sousa	Individual	Veterana F50	02:02:37	+54:17	08:46
2	535	Marieta Moreira	BitRunners	Veterana F50	02:12:05	+01:03:45	09:26
3	713	Madalena Nogueira	Minipreço	Veterana F50	02:25:23	+01:17:03	10:23
4	862	Maria Luisa Gomes de Sousa	TrepaTrilhosTrailTeam	Veterana F50	02:51:55	+01:43:35	12:17
5	523	Rosa Soares	ALIANÇA DE GANDRA	Veterana F50	02:52:33	+01:44:13	12:20
6	575	Fernanda Santos	Gansos	Veterana F50	02:52:34	+01:44:13	12:20
7	818	Raquel Marques	Tog - Trinca Orelhas de Gato	Veterana F50	03:02:12	+01:53:52	13:01
8	836	Deolinda Campanhã	Tog - Trinca Orelhas de Gato	Veterana F50	03:15:29	+02:07:08	13:58

Veterana F60

1	769	Maria do Céu Ferreira	Pepperoni Trail team runners	Veterana F60	02:24:03	+01:15:42	10:17
2	838	Ana Vale	Tog - Trinca Orelhas de Gato	Veterana F60	03:15:28	+02:07:08	13:58

Trail Curto

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Veterano M40

1	674	Carlos Monteiro	Individual	Veterano M40	01:19:39	+11:18	05:41
2	556	Luis Silva	El Team Trail	Veterano M40	01:21:19	+12:59	05:49
3	675	Eduardo Coelho	Individual	Veterano M40	01:21:27	+13:07	05:49
4	680	José Ribeiro	Individual	Veterano M40	01:21:27	+13:07	05:49
5	740	Rui Alvim Sousa	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	01:21:39	+13:19	05:50
6	732	Ibraim Sousa	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	01:25:16	+16:56	06:05
7	761	Sergio Gomes	Os preguiças team	Veterano M40	01:26:30	+18:10	06:11
8	538	Pedro Dias	Boavista Trail	Veterano M40	01:28:52	+20:31	06:21
9	540	João Tavares	BTT Alegria // TUBANI	Veterano M40	01:31:16	+22:56	06:31
10	685	vitor santos	Leões tardariz trail	Veterano M40	01:31:25	+23:05	06:32
11	524	Hélder Borges	ALIANÇA DE GANDRA	Veterano M40	01:31:40	+23:19	06:33
12	737	Pedro Miguel Neto Fernandes	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	01:31:51	+23:31	06:34
13	706	Nuno sousa	Kitty team	Veterano M40	01:32:12	+23:52	06:35
14	717	Miguel santos	Moinhos Run - ADRM	Veterano M40	01:34:59	+26:39	06:47
15	672	Arnaldo José Araújo	Individual	Veterano M40	01:36:45	+28:25	06:55
16	530	Tó Faria	Amigos 100 Limites	Veterano M40	01:37:33	+29:13	06:58
17	570	António Joaquim Teixeira Alves	Fridão Sem Limites	Veterano M40	01:37:51	+29:30	06:59
18	679	joao anselmo fernandes vigario	Individual	Veterano M40	01:38:54	+30:34	07:04
19	808	Sérgio Sousa	STCP Runners	Veterano M40	01:39:24	+31:04	07:06
20	578	José Ferreira	Gansos	Veterano M40	01:39:27	+31:07	07:06
21	871	Alexandrino Guimarães	TT Runners	Veterano M40	01:40:06	+31:45	07:09
22	875	Jose pinto	NOCTURNOS DE PAREDES	Veterano M40	01:40:17	+31:57	07:10
23	885	António Gomes	Individual	Veterano M40	01:41:11	+32:51	07:14
24	734	Márcio Almeida	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	01:41:34	+33:13	07:15
25	671	António Malheiro	Individual	Veterano M40	01:43:04	+34:44	07:22
26	803	Dinis Pinto	STCP Runners	Veterano M40	01:43:40	+35:19	07:24
27	676	Filipe Miranda	Individual	Veterano M40	01:48:52	+40:32	07:47
28	883	Jorge Almeida	soplafifana	Veterano M40	01:48:56	+40:36	07:47
29	781	António Oliveira	S. S. Montepio	Veterano M40	01:49:31	+41:11	07:49
30	785	Rui Carvalho	S. S. Montepio	Veterano M40	01:49:32	+41:11	07:49
31	792	José Moreira	SK	Veterano M40	01:51:02	+42:42	07:56
32	669	Amilcar Daniel	Individual	Veterano M40	01:52:10	+43:50	08:01
33	579	Miguel costa	Gansos	Veterano M40	01:52:15	+43:55	08:01
34	684	Sérgio mota	Individual	Veterano M40	01:52:28	+44:07	08:02
35	786	Rui Freitas	S. S. Montepio	Veterano M40	01:56:27	+48:06	08:19
36	784	Ricardo Resende	S. S. Montepio	Veterano M40	01:56:31	+48:11	08:19
37	730	Aurélio Salas	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	01:57:08	+48:48	08:22
38	563	Angelo Silva	Espeliosos	Veterano M40	02:00:23	+52:03	08:36
39	797	Sousa Henrique	soplafifana	Veterano M40	02:00:25	+52:05	08:36
40	668	Amandio Sousa	Individual	Veterano M40	02:01:11	+52:50	08:39
41	872	Joaquim Jorge Moreira	TT Runners	Veterano M40	02:02:39	+54:19	08:46

Trail Curto

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

11	702	José Fernando da Rocha Moreira	Individual	Veterano M60	02:59:44	+01:51:24	12:50
----	-----	--------------------------------	------------	--------------	----------	-----------	-------

COLETIVO - TRAIL CURTO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	ALIADOS TRAIL RUNNING TEAM	2 + 4 + 7	13
2	MSS CONTABILIDADE TRAIL TEAM	3 + 14 + 17	34
3	MOINHOS RUN - ADRM	23 + 36 + 37	96
4	GANSOS	16 + 34 + 50	100
5	AMIGOS 100 LIMITES	5 + 44 + 63	112
6	OS PREGUIÇAS TEAM	19 + 51 + 86	156
7	DEVASTA TRILHOS	9 + 22 + 142	173
8	A.D. AMARANTE	41 + 42 + 96	179
9	STCP RUNNERS	49 + 77 + 103	229
10	GONDOMAR FUTSAL CLUBE	53 + 66 + 117	236
11	ALIANÇA DE GANDRA	27 + 46 + 199	272
12	S. S. MONTEPIO	90 + 93 + 94	277
13	TREPATRILHOSTRAILTEAM	59 + 84 + 158	301
14	TOG - TRINCA ORELHAS DE GATO	76 + 89 + 137	302
15	SOB EFEITO TRAIL	18 + 71 + 243	332
16	TT RUNNERS	54 + 134 + 165	353
17	MINIPREÇO	122 + 123 + 132	377
18	ESPELIOSOS	125 + 163 + 164	452
19	PAPATRAILS	127 + 178 + 213	518
20	ESPINHO TRAIL	215 + 216 + 250	681
21	NINGUÉM AS PÁRA	257 + 262 + 263	782
22	#ATÉCHORAS	244 + 299 + 305	848