

TRAIL ROSA ALBARDEIRA - STAGE 1

28 KM



OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:00	21,8°C	92%
End	13:45	21,8°C	92%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	9	Francisco Reis	a. c. s. mamede	Senior Masculino	02:22:46		05:06
2	103	Nuno Gonçalves	runcrosstrail	Veterano M40	02:22:57	+00:10	05:06
3	97	José Rosário	porto de mós a correr	Veterano M45	02:25:13	+02:26	05:11
4	7	Carlos Bárbara	a. c. s. mamede	Senior Masculino	02:25:49	+03:03	05:12
5	29	Fábio Filipe	cabarreira	Senior Masculino	02:31:57	+09:11	05:26
6	30	Paulo Duarte	cabarreira	Veterano M40	02:35:57	+13:10	05:34
7	10	Ricardo Filipe de Oliveira Carreira	a. c. s. mamede	Senior Masculino	02:36:23	+13:37	05:35
8	95	João Ferreira	porto de mós a correr	Senior Masculino	02:39:56	+17:09	05:43
9	53	Luís Veríssimo	figueira kayak clube	Veterano M45	02:42:22	+19:35	05:48
10	67	João Miguel Pimentel	ar casaense/ escola atletismo coimbra/ intermarché condeixa	Senior Masculino	02:42:33	+19:47	05:48
11	55	Luis Silva	fonte nova runners	Senior Masculino	02:42:54	+20:07	05:49
12	64	Diogo Cunha	róódnhas-santos silva / oxygen-gym & fitness	Senior Masculino	02:44:23	+21:36	05:52
13	13	Fernando Santos	abutres	Senior Masculino	02:45:07	+22:20	05:54
14	14	José Figueira	ac batalha	Veterano M45	02:45:29	+22:42	05:55
15	110	Miguel Falcão Ramos	vikings trail runners	Senior Masculino	02:48:53	+26:07	06:02
16	5	Inês Marques	#intotheworld	Senior Feminino	02:49:27	+26:40	06:03
17	42	Márcio Sousa	cpr. a-do-barbas	Senior Masculino	02:51:30	+28:43	06:08
18	31	Germano Capela	cabarreira	Veterano M50	02:53:35	+30:48	06:12
19	19	Pedro Mendes	arsm-associação recreativa de s.miguel	Veterano M40	02:54:10	+31:23	06:13
20	41	João Carmo	cpr. a-do-barbas	Senior Masculino	02:54:24	+31:37	06:14
21	12	Nelson Norte	a. r. meirinhas	Veterano M40	02:56:03	+33:17	06:17
22	94	João Sacramento	ozxtreme / bv pombal	Senior Masculino	02:56:11	+33:24	06:18
23	54	Henrique Fernandes	fonte nova runners	Senior Masculino	02:57:14	+34:27	06:20
24	102	Denise Pereira	runcrosstrail	Senior Feminino	02:58:37	+35:51	06:23
25	44	Jorge Rodrigues	cscd norte e soure	Veterano M45	02:58:52	+36:05	06:23
26	90	Cristóvão Ginja	m. r. runners	Veterano M40	02:59:38	+36:51	06:25
27	8	David Custódio	a. c. s. mamede	Senior Masculino	03:00:17	+37:30	06:26
28	51	Luís Oliveira	figueira kayak clube	Senior Masculino	03:02:17	+39:30	06:31
29	59	André Fernandes	grupo alegre unido bajouca	Veterano M40	03:03:03	+40:17	06:32
30	36	João Sanches	clube de atletismo de ferreira do zêzere	Veterano M50	03:03:31	+40:45	06:33
31	80	Vitor Mota	individual	Veterano M45	03:03:46	+40:59	06:34
32	96	Jorge Vieira	porto de mós a correr	Senior Masculino	03:09:02	+46:15	06:45
33	63	andré cresp	individual	Senior Masculino	03:09:15	+46:28	06:46
34	49	Ana Maria Oliveira	figueira kayak clube	Senior Feminino	03:09:29	+46:42	06:46
35	82	Paulo Manuel Costa	individual	Veterano M50	03:09:58	+47:11	06:47
36	32	Jorge Agostinho	cabarreira	Veterano M60	03:10:36	+47:49	06:48
37	16	Ricardo Nunes	acrm silveirinha grande claras	Senior Masculino	03:13:05	+50:18	06:54
38	65	Diogo Olival	individual	Senior Masculino	03:13:12	+50:25	06:54
39	111	Renato carvalho	vilaventura -trail running team	Senior Masculino	03:13:58	+51:11	06:56
40	79	Edgar Ribeiro	individual	Veterano M45	03:14:07	+51:21	06:56

TRAIL ROSA ALBARDEIRA - STAGE 1

28 KM

OFFICIAL RESULT



RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
41	48	André Paiva	farmácia luciano e matos	Senior Masculino	03:15:41	+52:54	06:59
42	25	Eugénio Dias	atletismo clube da tocha	Senior Masculino	03:17:39	+54:52	07:04
43	66	João Batista	individual	Senior Masculino	03:18:08	+55:22	07:05
44	76	Ricardo Santa	individual	Veterano M40	03:18:13	+55:26	07:05
45	105	Gina Domingues	slow runners pombal	Veterana F40	03:18:18	+55:31	07:05
46	21	Marco Mendes	associação pombal jovem	Senior Masculino	03:18:25	+55:39	07:05
47	28	Fernando Simão	cabarreira	Veterano M60	03:19:01	+56:14	07:06
48	98	Rodolfo Deyllot	porto de mós a correr	Veterano M50	03:19:26	+56:40	07:07
49	11	Carlos Cunha	a. c. s. mamede	Veterano M40	03:20:17	+57:30	07:09
50	81	Manuel Silva	individual	Veterano M50	03:20:23	+57:36	07:09
51	91	Simão F	monsanto running team	Senior Masculino	03:21:16	+58:29	07:11
52	84	Manuel Gaspar	jáestrada	Veterano M50	03:21:30	+58:43	07:12
53	43	Glória Serrazina	crp ribafria	Veterana F60	03:22:59	+01:00:12	07:15
54	69	Paulino	individual	Senior Masculino	03:23:38	+01:00:51	07:16
55	112	Eurico Joao	individual	Senior Masculino	03:23:52	+01:01:05	07:17
56	6	Filipa Casimiro	a. c. s. mamede	Senior Feminino	03:24:45	+01:01:58	07:19
57	83	Norberto Rosa	jáestrada	Veterano M40	03:25:29	+01:02:43	07:20
58	58	Dany Grilo	grupo alegre unido bajouca	Senior Masculino	03:25:34	+01:02:47	07:21
59	61	Ramiro Rodrigues	grupo alegre unido bajouca	Veterano M60	03:25:45	+01:02:59	07:21
60	73	André Manuel Germano Santa	individual	Veterano M40	03:26:31	+01:03:44	07:23
61	35	Vitor Nelson Esteves Torres da Silva	cerveira team running	Veterano M45	03:28:41	+01:05:54	07:27
62	62	Andreia manuela Lopes Parreiras	individual	Senior Feminino	03:29:50	+01:07:03	07:30
63	60	Virgílio Alberto	grupo alegre unido bajouca	Veterano M50	03:31:42	+01:08:55	07:34
64	22	Ana Saborano	atletismo clube da tocha	Senior Feminino	03:33:11	+01:10:24	07:37
65	23	Sara Silva	atletismo clube da tocha	Senior Feminino	03:33:11	+01:10:25	07:37
66	75	Miguel Mateus	individual	Veterano M40	03:35:37	+01:12:51	07:42
67	68	Lino Silva	individual	Senior Masculino	03:37:25	+01:14:39	07:46
68	108	Nuno Simões	trail da ladeia running team	Senior Masculino	03:38:44	+01:15:57	07:49
69	39	Jose Eufrázio	cluve	Veterano M60	03:44:14	+01:21:27	08:01
70	46	Pedro Natário	dream team	Veterano M40	03:44:23	+01:21:36	08:01
71	38	José Martins	clube veteranos do lis	Veterano M50	03:45:51	+01:23:05	08:04
72	88	Patrícia Rodrigues	m. r. runners	Senior Feminino	03:47:35	+01:24:48	08:08
73	71	João Costa	individual	Sub 23 Masculino	03:47:39	+01:24:52	08:08
74	45	Luís Mendes	dream team	Senior Masculino	03:47:41	+01:24:54	08:08
75	24	Daniel Batata	atletismo clube da tocha	Senior Masculino	03:49:41	+01:26:55	08:12
76	26	Cristiano Malhão	atletismo clube da tocha	Veterano M40	03:49:42	+01:26:55	08:12
77	33	Hugo Marouvo	ccd crédito agrícola mútuo	Senior Masculino	03:52:11	+01:29:24	08:18
78	89	Benilde Santos	m. r. runners	Veterana F45	03:52:44	+01:29:57	08:19
79	78	António Manuel Simões	individual	Veterano M45	03:52:58	+01:30:11	08:19
80	34	Luís Vieira	ccd crédito agrícola mútuo	Veterano M50	03:53:30	+01:30:43	08:20
81	17	Célia Maria Figueiredo dos Santos	arcv venda da luisa	Veterana F40	03:56:26	+01:33:40	08:27
82	18	Luis Miguel Conceição Martins	arcv venda da luisa	Veterano M40	03:56:27	+01:33:41	08:27
83	20	Vânia Patrícia da Silva Leal	associação pombal jovem	Senior Feminino	03:56:31	+01:33:44	08:27
84	99	Paulo Providencia	r g levanta poeira	Veterano M55	03:56:35	+01:33:48	08:27

TRAIL ROSA ALBARDEIRA - STAGE 1**28 KM****R**
REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	77	Anselmo Maia	individual	Veterano M45	04:05:03	+01:42:16	08:45
86	57	Sérgio Monteiro	fruta da 5ª	Senior Masculino	04:05:43	+01:42:56	08:47
87	56	Flávio Silva	fruta da 5ª	Senior Masculino	04:05:43	+01:42:56	08:47
88	47	Mélanie Duarte	farmácia luciano e matos	Senior Feminino	04:05:51	+01:43:04	08:47
89	85	Pedro Filipe da Silva	kolinas	Senior Masculino	04:12:52	+01:50:05	09:02
90	92	ANDRÉ PINTO	move up team	Senior Masculino	04:12:56	+01:50:09	09:02
91	86	Luis Miguel Ferreira da Cruz	kolinas	Veterano M40	04:13:16	+01:50:30	09:03
92	50	Andreia Catarina dos Santos Dias	figueira kayak clube	Senior Feminino	04:13:20	+01:50:33	09:03
93	40	Álvaro Pinheiro	coimbra trail running	Senior Masculino	04:21:13	+01:58:26	09:20
94	15	ALFREDO SANTOS	ac vermoil	Veterano M60	04:21:56	+01:59:09	09:21
95	37	Ana Paula Fróis	clube veteranos do lis	Veterana F50	04:31:17	+02:08:30	09:41
96	100	Rute Pereira	róódinhas-santos silva / oxygen-gym & fitness	Veterana F45	04:33:37	+02:10:50	09:46
97	101	Sara Pedro	róódinhas-santos silva / oxygen-gym & fitness	Veterana F50	04:33:39	+02:10:53	09:46
98	109	Marco Oliveira	trail da ladeia running team	Veterano M40	04:34:22	+02:11:35	09:48

Trail Rosa Albardeira

28 KM



OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:00	21,8°C	92%
End	13:45	21,8°C	92%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	5	Inês Marques	#IntoTheWorld	Senior Feminino	02:49:27	+26:40	06:03
2	102	Denise Pereira	RUNCROSSTRAIL	Senior Feminino	02:58:37	+35:51	06:23
3	49	Ana Maria Oliveira	Figueira Kayak Clube	Senior Feminino	03:09:29	+46:42	06:46
4	6	Filipa Casimiro	A. C. S. Mamede	Senior Feminino	03:24:45	+01:01:58	07:19
5	62	Andreia manuela Lopes Parreiras	Individual	Senior Feminino	03:29:50	+01:07:03	07:30
6	22	Ana Saborano	Atletismo Clube da Tocha	Senior Feminino	03:33:11	+01:10:24	07:37
7	23	Sara Silva	Atletismo Clube da Tocha	Senior Feminino	03:33:11	+01:10:25	07:37
8	88	Patrícia Rodrigues	M. R. Runners	Senior Feminino	03:47:35	+01:24:48	08:08
9	20	Vânia Patrícia da Silva Leal	Associação Pombal Jovem	Senior Feminino	03:56:31	+01:33:44	08:27
10	47	Mélanie Duarte	Farmácia Luciano e Matos	Senior Feminino	04:05:51	+01:43:04	08:47
11	50	Andreia Catarina dos Santos Dias	Figueira Kayak Clube	Senior Feminino	04:13:20	+01:50:33	09:03

Senior Masculino

1	9	Francisco Reis	A. C. S. Mamede	Senior Masculino	02:22:46		05:06
2	7	Carlos Bárbara	A. C. S. Mamede	Senior Masculino	02:25:49	+03:03	05:12
3	29	Fábio Filipe	CABarreira	Senior Masculino	02:31:57	+09:11	05:26
4	10	Ricardo Filipe de Oliveira Carreira	A. C. S. Mamede	Senior Masculino	02:36:23	+13:37	05:35
5	95	João Ferreira	Porto de Mós a Correr	Senior Masculino	02:39:56	+17:09	05:43
6	67	João Miguel Pimentel	AR Casaense/ Escola Atletismo Coimbra/ Intermarché Condeixa	Senior Masculino	02:42:33	+19:47	05:48
7	55	Luis Silva	Fonte Nova Runners	Senior Masculino	02:42:54	+20:07	05:49
8	64	Diogo Cunha	RÓÓDINHAS-Santos Silva / OXYGEN-Gym & Fitness	Senior Masculino	02:44:23	+21:36	05:52
9	13	Fernando Santos	Abutres	Senior Masculino	02:45:07	+22:20	05:54
10	110	Miguel Falcão Ramos	Vikings Trail Runners	Senior Masculino	02:48:53	+26:07	06:02
11	42	Márcio Sousa	CPR. A-do-Barbas	Senior Masculino	02:51:30	+28:43	06:08
12	41	João Carmo	CPR. A-do-Barbas	Senior Masculino	02:54:24	+31:37	06:14
13	94	João Sacramento	OzXtreme / BV Pombal	Senior Masculino	02:56:11	+33:24	06:18
14	54	Henrique Fernandes	Fonte nova runners	Senior Masculino	02:57:14	+34:27	06:20
15	8	David Custódio	A. C. S. Mamede	Senior Masculino	03:00:17	+37:30	06:26
16	51	Luís Oliveira	Figueira Kayak Clube	Senior Masculino	03:02:17	+39:30	06:31
17	96	Jorge Vieira	Porto de Mós a Correr	Senior Masculino	03:09:02	+46:15	06:45
18	63	andré crespó	Individual	Senior Masculino	03:09:15	+46:28	06:46
19	16	Ricardo Nunes	ACRM SILVEIRINHA GRANDE CLARAS	Senior Masculino	03:13:05	+50:18	06:54
20	65	Diogo Olival	Individual	Senior Masculino	03:13:12	+50:25	06:54
21	111	Renato carvalho	VILAVENTURA -Trail Running Team	Senior Masculino	03:13:58	+51:11	06:56
22	48	André Paiva	Farmácia Luciano e Matos	Senior Masculino	03:15:41	+52:54	06:59

Official Timekeeper: Lap2Go	1 / 4	generate 12-abr-2019 22:56
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Trail Rosa Albardeira**28 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Veterano M40

1	103	Nuno Gonçalves	RUNCROSSTRAIL	Veterano M40	02:22:57	+00:10	05:06
2	30	Paulo Duarte	CABarreira	Veterano M40	02:35:57	+13:10	05:34
3	19	Pedro Mendes	ARSM-Associação Recreativa de S.Miguel	Veterano M40	02:54:10	+31:23	06:13
4	12	Nelson Norte	A. R. Meirinhas	Veterano M40	02:56:03	+33:17	06:17
5	90	Cristóvão Ginja	M. R. Runners	Veterano M40	02:59:38	+36:51	06:25
6	59	André Fernandes	Grupo Alegre Unido Bajouca	Veterano M40	03:03:03	+40:17	06:32
7	76	Ricardo Santa	Individual	Veterano M40	03:18:13	+55:26	07:05
8	11	Carlos Cunha	A. C. S. Mamede	Veterano M40	03:20:17	+57:30	07:09
9	83	Norberto Rosa	Jáestrada	Veterano M40	03:25:29	+01:02:43	07:20
10	73	André Manuel Germano Santa	Individual	Veterano M40	03:26:31	+01:03:44	07:23
11	75	Miguel Mateus	Individual	Veterano M40	03:35:37	+01:12:51	07:42
12	46	Pedro Natário	Dream Team	Veterano M40	03:44:23	+01:21:36	08:01
13	26	Cristiano Malhão	Atletismo Clube da Tocha	Veterano M40	03:49:42	+01:26:55	08:12
14	18	Luis Miguel Conceição Martins	ARCD Venda da Luisa	Veterano M40	03:56:27	+01:33:41	08:27
15	86	Luis Miguel Ferreira da Cruz	Kolinas	Veterano M40	04:13:16	+01:50:30	09:03
16	109	Marco Oliveira	Trail da Ladeia running team	Veterano M40	04:34:22	+02:11:35	09:48

Veterano M45

1	97	José Rosário	Porto de Mós a Correr	Veterano M45	02:25:13	+02:26	05:11
2	53	Luís Veríssimo	Figueira Kayak Clube	Veterano M45	02:42:22	+19:35	05:48
3	14	José Figueira	AC BATALHA	Veterano M45	02:45:29	+22:42	05:55
4	44	Jorge Rodrigues	CSCD NORTE e SOURE	Veterano M45	02:58:52	+36:05	06:23
5	80	Vitor Mota	Individual	Veterano M45	03:03:46	+40:59	06:34
6	79	Edgar Ribeiro	Individual	Veterano M45	03:14:07	+51:21	06:56
7	35	Vitor Nelson Esteves Torres da Silva	Cerveira Team Running	Veterano M45	03:28:41	+01:05:54	07:27
8	78	António Manuel Simões	Individual	Veterano M45	03:52:58	+01:30:11	08:19
9	77	Anselmo Maia	Individual	Veterano M45	04:05:03	+01:42:16	08:45

Veterano M50

1	31	Germano Capela	CABarreira	Veterano M50	02:53:35	+30:48	06:12
2	36	João Sanches	Clube de Atletismo de Ferreira do Zêzere	Veterano M50	03:03:31	+40:45	06:33
3	82	Paulo Manuel Costa	Individual	Veterano M50	03:09:58	+47:11	06:47
4	98	Rodolfo Deyllot	Porto de Mós a Correr	Veterano M50	03:19:26	+56:40	07:07
5	81	Manuel Silva	Individual	Veterano M50	03:20:23	+57:36	07:09
6	84	Manuel Gaspar	Jáestrada	Veterano M50	03:21:30	+58:43	07:12
7	60	Virgílio Alberto	Grupo Alegre Unido Bajouca	Veterano M50	03:31:42	+01:08:55	07:34
8	38	José Martins	Clube Veteranos do Lis	Veterano M50	03:45:51	+01:23:05	08:04
9	34	Luís Vieira	CCD CRÉDITO AGRÍCOLA MÚTUO	Veterano M50	03:53:30	+01:30:43	08:20

COLETIVO - TRAIL ROSA ALBARDEIRA

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	A. C. S. MAMEDE	1 + 4 + 7 + 27	39
2	CABARREIRA	5 + 6 + 18 + 36	65
3	PORTO DE MÓS A CORRER	3 + 8 + 32 + 48	91
4	FIGUEIRA KAYAK CLUBE	9 + 28 + 34 + 92	163
5	GRUPO ALEGRE UNIDO BAJOUCA	29 + 58 + 59 + 63	209
6	ATLETISMO CLUBE DA TOCHA	42 + 64 + 65 + 75	246

TRAIL CURTO CIDADE POMBAL - STAGE 1

15 KM

R
REVISED

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:00	21,8°C	92%
End	12:43	21,8°C	92%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	818	LICÍNIO CARREIRA	ac vermoil	Veterano M45	01:13:56		04:56
2	510	PEDRO FERREIRA	ac vermoil	Veterano M40	01:15:28	+01:32	05:02
3	592	Joel Couto	grupo alegre unido bajouca	Veterano M40	01:16:31	+02:35	05:06
4	528	Bruno silva	clube veteranos do lis	Senior Masculino	01:17:39	+03:43	05:11
5	509	BRUNO GASPAR	ac vermoil	Senior Masculino	01:17:57	+04:01	05:12
6	743	Nuno Coelho	montanha clube trail running/ efapel	Senior Masculino	01:18:12	+04:16	05:13
7	815	Manuel Pinto	tribo nr	Veterano M45	01:19:10	+05:14	05:17
8	703	Patricio da fonseca menino Menino	individual	Veterano M40	01:20:17	+06:21	05:21
9	817	AMILCAR BRITO	ac vermoil	Senior Masculino	01:22:05	+08:09	05:28
10	745	Paulo	montanha clube trail running/ efapel	Veterano M40	01:22:34	+08:38	05:30
11	754	Celso Marques	nexebra trail team	Senior Masculino	01:22:54	+08:58	05:32
12	585	Tiago Estrafalhote	gelcentro	Senior Masculino	01:23:45	+09:49	05:35
13	708	Ernesto Manuel Contente Nabeiro	individual	Veterano M45	01:23:49	+09:53	05:35
14	511	JOSÉ SANTOS	ac vermoil	Veterano M45	01:23:57	+10:01	05:36
15	632	Filipe Rodrigues	individual	Senior Masculino	01:23:59	+10:03	05:36
16	782	Tiago Taborda	tribo nr	Senior Masculino	01:24:02	+10:06	05:36
17	565	Horácio Gaspar	gac grupo atletismo caranguejeira	Veterano M45	01:25:21	+11:25	05:41
18	583	Elton Rodrigues	gelcentro	Senior Masculino	01:26:48	+12:52	05:47
19	593	Otelo Pereira	grupo alegre unido bajouca	Veterano M40	01:27:04	+13:08	05:48
20	590	Hugo Barqueiro	grupo alegre unido bajouca	Senior Masculino	01:27:21	+13:25	05:49
21	564	Ricardo Marques	gac grupo atletismo caranguejeira	Senior Masculino	01:27:44	+13:48	05:51
22	727	Filipe Carvalheiro	individual	Veterano M55	01:27:50	+13:54	05:51
23	649	Marco Pimenta	individual	Senior Masculino	01:28:44	+14:48	05:55
24	522	Tiago Carvalho	ccd crédito agrícola mútuo	Veterano M40	01:28:47	+14:51	05:55
25	514	AQUILINO FERREIRA	ac vermoil	Veterano M60	01:28:48	+14:52	05:55
26	741	Fernando Bastos	montanha clube trail running/ efapel	Senior Masculino	01:29:20	+15:24	05:57
27	532	Rodrigo Cardoso	cscd norte e soure	Sub 23 Masculino	01:29:39	+15:43	05:59
28	595	Jorge Silva	grupo alegre unido bajouca	Veterano M50	01:29:54	+15:58	06:00
29	795	Bruno Antunes	vilaventura -trail running team	Senior Masculino	01:29:59	+16:03	06:00
30	507	carlos Duro	a.d.r águas belas	Veterano M60	01:30:08	+16:12	06:01
31	700	Luis Caetano	individual	Veterano M40	01:30:16	+16:20	06:01
32	781	Filipe Antonio	trail da ladeia running team	Veterano M45	01:31:14	+17:18	06:05
33	645	Luís Monteiro da Silva	individual	Senior Masculino	01:31:30	+17:34	06:06
34	582	Diogo Bastos	gelcentro	Senior Masculino	01:32:24	+18:28	06:10
35	531	Nuno Coutinho	cscd norte e soure	Senior Masculino	01:32:32	+18:36	06:10
36	689	Aurélio Pimentel Lapo	individual	Veterano M40	01:32:42	+18:46	06:11
37	710	Filipe Mamede	individual	Veterano M45	01:33:37	+19:41	06:15
38	662	Tiago Claro	individual	Senior Masculino	01:34:04	+20:08	06:16
39	646	Manuel Fernandes	individual	Senior Masculino	01:34:09	+20:13	06:17
40	732	Christophe Capitão	invictus	Senior Masculino	01:34:12	+20:16	06:17

TRAIL CURTO CIDADE POMBAL - STAGE 1

15 KM

OFFICIAL RESULT

R
REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
41	643	Jorge Miguel Silva Rodrigues	individual	Senior Masculino	01:35:23	+21:27	06:22
42	589	André Crespo	grupo alegre unido bajouca	Senior Masculino	01:35:45	+21:49	06:23
43	801	Nelson Vieira	vilaventura -trail running team	Senior Masculino	01:35:56	+22:00	06:24
44	737	Nuno Teo	lama solta	Senior Masculino	01:36:06	+22:10	06:24
45	596	João Pedro da Silva Dâmaso	grupo maravilha	Senior Masculino	01:36:09	+22:13	06:25
46	802	Renato Miguel da Mota Santos	vilaventura -trail running team	Senior Masculino	01:36:11	+22:15	06:25
47	808	JOÃO PEDRO RODRIGUES	vilaventura -trail running team	Veterano M40	01:37:07	+23:11	06:28
48	746	Renato Barros	montanha clube trail running/ efapel	Veterano M50	01:37:14	+23:18	06:29
49	698	João Loureiro	individual	Veterano M40	01:37:18	+23:22	06:29
50	529	Diogo Ferreira	clube veteranos do lis	Senior Masculino	01:37:23	+23:27	06:30
51	597	Ricardo Lopes	grupo maravilha	Senior Masculino	01:37:34	+23:38	06:30
52	504	Diogo Silva	a.d.r águas belas	Sub 23 Masculino	01:37:40	+23:44	06:31
53	530	João Luís Mendes Roso	cscd norte e soure	Senior Masculino	01:37:53	+23:57	06:32
54	640	Igor Alçada	individual	Senior Masculino	01:38:04	+24:08	06:32
55	806	Daniel Filipe Gomes Antunes	vilaventura -trail running team	Sub 23 Masculino	01:38:12	+24:16	06:33
56	535	Rui Manuel Pascoal Neves	cscrfcharneca	Senior Masculino	01:38:21	+24:25	06:33
57	739	Sara Pedrosa	montanha clube trail running/ efapel	Senior Feminino	01:38:30	+24:34	06:34
58	543	Luís Fernandes	cumibroa bike` s running team	Senior Masculino	01:38:35	+24:39	06:34
59	811	Albano Manuel Fernandes Silva	individual	Veterano M45	01:38:37	+24:41	06:35
60	809	Mario casqueira	vilaventura -trail running team	Veterano M40	01:38:44	+24:48	06:35
61	538	Carlos António Mota Longo da Conceição	cscrfcharneca	Veterano M45	01:38:56	+25:00	06:36
62	752	HELDER DOMINGUES	move up team	Veterano M40	01:39:01	+25:05	06:36
63	519	João Gaspar	associação pombal jovem	Senior Masculino	01:39:55	+25:59	06:40
64	513	VITOR LOPES	ac vermeil	Veterano M50	01:40:02	+26:06	06:40
65	699	Jose Miguel Sant0s	individual	Veterano M40	01:40:22	+26:26	06:42
66	709	Fernando José das Neves	individual	Veterano M45	01:40:51	+26:55	06:43
67	670	Bruno Junqueira	individual	Sub 23 Masculino	01:40:57	+27:01	06:44
68	716	Nelson jorge	individual	Veterano M45	01:41:10	+27:14	06:45
69	666	Vítor Martins	individual	Senior Masculino	01:41:44	+27:48	06:47
70	778	Nuno Queiroz	soure mov	Veterano M40	01:41:46	+27:50	06:47
71	813	Sérgio da Silva Duarte	individual	Veterano M40	01:41:49	+27:53	06:47
72	515	João Sintra	acrm silveirinha grande claras	Veterano M60	01:41:52	+27:56	06:47
73	779	Paulo Lopes	soure mov	Veterano M45	01:42:02	+28:06	06:48
74	651	Micael Santos	tribo nr	Senior Masculino	01:42:07	+28:11	06:49
75	630	Diogo José	individual	Senior Masculino	01:42:22	+28:26	06:49
76	764	João Costa	rota dos videiros	Senior Masculino	01:43:25	+29:29	06:54
77	721	Domingos Casimiro	individual	Veterano M50	01:44:21	+30:25	06:57
78	786	Nuno	trilhos de samuel	Senior Masculino	01:44:27	+30:31	06:58
79	626	Daniel Gaspar	individual	Senior Masculino	01:44:33	+30:37	06:58
80	537	Miguel Ângelo Duarte das Neves Matias	cscrfcharneca	Veterano M40	01:44:41	+30:45	06:59
81	524	Henrique Carvalheiro	ccdr matas e cipreste	Senior Masculino	01:44:46	+30:50	06:59
82	549	Rodrigo Santos	dá-lhe gás team	Senior Masculino	01:44:49	+30:53	06:59
83	738	Paulo Neves	lama solta	Senior Masculino	01:45:02	+31:06	07:00
84	667	Yvo Fernandes Matias	individual	Senior Masculino	01:45:07	+31:11	07:00

TRAIL CURTO CIDADE POMBAL - STAGE 1

15 KM

OFFICIAL RESULT

R
REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	tkm
216	566	Carolina Claro Ferreira Paulino da Silva	gear up	Senior Feminino	02:23:33	+01:09:37	09:34
217	72	Elisabete Pedrosa	individual	Veterana F45	02:24:06	+01:10:10	09:36
218	792	Ana Raquel Carvalho	vilaventura -trail running team	Senior Feminino	02:24:31	+01:10:35	09:38
219	799	Marco Ismael Silva	vilaventura -trail running team	Senior Masculino	02:25:00	+01:11:04	09:40
220	668	Daniela Neves Silva	individual	Sub 23 Feminino	02:26:09	+01:12:13	09:45
221	669	Isabel Catarino Cravo	individual	Sub 23 Feminino	02:26:09	+01:12:13	09:45
222	800	Nelson Santos Nogueira	vilaventura -trail running team	Senior Masculino	02:26:56	+01:13:00	09:48
223	614	Sandra Ribeiro	individual	Senior Feminino	02:27:01	+01:13:05	09:48
224	679	MAFALDA ANTONIO	individual	Veterana F40	02:27:37	+01:13:41	09:51
225	601	Ana Teresa Morais Melo	individual	Senior Feminino	02:29:41	+01:15:45	09:59
226	684	Dilva Helena	individual	Veterana F45	02:29:41	+01:15:45	09:59
227	798	Marco Gabriel da Mota Pascoal	vilaventura -trail running team	Senior Masculino	02:31:56	+01:18:00	10:08
228	812	Paulo Lopes	lama solta	Veterano M45	02:32:09	+01:18:13	10:09
229	762	Jose Luis Cruz	r g levanta poeira	Veterano M60	02:34:51	+01:20:55	10:19
230	536	HELENA MARISA RUIVO COELHO LOPES	cscrfcharneca	Veterana F45	02:35:22	+01:21:26	10:21
231	713	Jorge Ribeiro	individual	Veterano M45	02:35:40	+01:21:44	10:23
232	780	Vitor Gariso	soure mov	Veterano M50	02:36:26	+01:22:30	10:26
233	606	CELIA MARIA FERREIRA OLIVEIRA	individual	Senior Feminino	02:37:35	+01:23:39	10:30
234	620	Angelo André Pereira Machado	individual	Senior Masculino	02:38:12	+01:24:16	10:33
235	502	Helder Jeronimo	3_imperiais_sff	Senior Masculino	02:38:35	+01:24:39	10:34
236	599	RAFAEL BRONZE	grupo maravilha	Veterano M40	02:42:46	+01:28:50	10:51
237	598	MARIA JOÃO PEREIRA	grupo maravilha	Veterana F40	02:42:46	+01:28:50	10:51
238	753	ROGERIO SIMOES	move up team	Veterano M50	02:43:22	+01:29:26	10:53
239	749	CILA OLIVEIRA	move up team	Veterana F45	02:43:41	+01:29:45	10:55
240	735	Gilvania Gaspar	jãestrada	Veterana F40	02:43:51	+01:29:55	10:55
241	777	Ausenda Santos	sobreviventes	Veterana F40	02:43:51	+01:29:55	10:55
242	776	Tânia Arnaut	sobreviventes	Senior Feminino	02:43:52	+01:29:56	10:56
243	608	Inês Santos	individual	Senior Feminino	02:46:46	+01:32:50	11:07
244	681	Rosnelly Cabello Requena	individual	Veterana F40	02:50:09	+01:36:13	11:21
245	763	Manuel Eduardo Sousa Marques	renault silva & santos pombal	Veterano M50	02:50:17	+01:36:21	11:21
246	558	Mónica Cunha	farmácia luciano e matos	Veterana F40	02:56:45	+01:42:49	11:47
247	622	Bruno Claro	individual	Senior Masculino	02:57:41	+01:43:45	11:51
248	609	Ioanna Giannakopoulou	individual	Senior Feminino	02:57:41	+01:43:45	11:51
249	574	Helena Salvador	gear up	Veterana F45	02:58:16	+01:44:20	11:53
250	575	Helena Ventura	gear up	Veterana F45	02:58:16	+01:44:20	11:53
251	688	Ana Paula Jorge Cordeiro	individual	Veterana F55	02:59:21	+01:45:25	11:57
252	771	Pedro Moreira	slow runners pombal	Senior Masculino	02:59:21	+01:45:25	11:57

Trail Curto Cidade Pombal**15 KM****OFFICIAL RESULT****R**
REVISED

48	644	Luís Carneiro da Silva	Individual	Senior Masculino	01:47:47	+33:51	07:11
49	525	Rodrigo Nunes	CCDR Matas e Cipreste	Senior Masculino	01:48:02	+34:06	07:12
50	660	Telmo Rodrigues	Individual	Senior Masculino	01:49:00	+35:04	07:16
51	796	Diogo Mendes	VILAVENTURA -Trail Running Team	Senior Masculino	01:49:04	+35:08	07:16
52	768	Tiago Joaquim	SCFZ Trail Runners	Senior Masculino	01:50:07	+36:11	07:20
53	628	Délio Pascoal	Individual	Senior Masculino	01:50:13	+36:17	07:21
54	731	César Simões	Invictus	Senior Masculino	01:50:23	+36:27	07:22
55	542	Carlos Mendes	CUMIBROA BIKE' S RUNNING TEAM	Senior Masculino	01:50:29	+36:33	07:22
56	767	edgar ferreira	SCFZ Trail Runners	Senior Masculino	01:50:33	+36:37	07:22
57	650	Micael Gomes	Individual	Senior Masculino	01:50:58	+37:02	07:24
58	772	Pedro Pimpao	Slow Runners Pombal	Senior Masculino	01:51:56	+38:00	07:28
59	733	Danilo Bento	Invictus	Senior Masculino	01:52:00	+38:04	07:28
60	634	Gil marques	Individual	Senior Masculino	01:52:03	+38:07	07:28
61	653	PEDRO SILVA	Individual	Senior Masculino	01:52:05	+38:09	07:28
62	665	VALTER MARQUES GONÇALVES	Individual	Senior Masculino	01:52:06	+38:10	07:28
63	814	Renato Carvalho	Individual	Senior Masculino	01:54:02	+40:06	07:36
64	520	André Lopes	CCD CRÉDITO AGRÍCOLA MÚTUO	Senior Masculino	01:54:33	+40:37	07:38
65	501	João Lopes	Factory Runners	Senior Masculino	01:55:53	+41:57	07:44
66	654	Ricardo Gomes	Individual	Senior Masculino	01:55:55	+41:59	07:44
67	534	Bruno Miguel Ferreira Simões Lima	CSCRFCHARNECA	Senior Masculino	01:58:08	+44:12	07:53
68	527	Diogo Saudade Vieira	Clube Trail Velha Academia	Senior Masculino	01:59:25	+45:29	07:58
69	627	David Gonçalves	Individual	Senior Masculino	02:00:12	+46:16	08:01
70	655	Rodolfo Ponte	Individual	Senior Masculino	02:02:09	+48:13	08:09
71	797	João Carlos Santos Nogueira	VILAVENTURA -Trail Running Team	Senior Masculino	02:04:27	+50:31	08:18
72	652	Nuno Silva	Individual	Senior Masculino	02:05:52	+51:56	08:23
73	770	Andre Costa	Slow Runners Pombal	Senior Masculino	02:05:53	+51:57	08:24
74	647	Marco Duarte de Sousa	Individual	Senior Masculino	02:06:11	+52:15	08:25
75	740	Diogo Nunes	MONTANHA CLUBE TRAIL RUNNING/ EFAPEL	Senior Masculino	02:08:09	+54:13	08:33
76	663	Tiago Rodrigues	Individual	Senior Masculino	02:08:09	+54:13	08:33
77	547	João Manuel Cordeiro Gonçalves	Dá-lhe Gás Team	Senior Masculino	02:08:32	+54:36	08:34
78	657	Sérgio Ricardo Pedrosa Cabecinhas	Individual	Senior Masculino	02:08:57	+55:01	08:36
79	803	Rodrigo Martins	VILAVENTURA -Trail Running Team	Senior Masculino	02:09:38	+55:42	08:39
80	656	Sérgio Rafael Alves Martinho	Individual	Senior Masculino	02:11:37	+57:41	08:47
81	548	Nelson Cordeiro	Dá-lhe gás team	Senior Masculino	02:11:52	+57:56	08:48
82	629	Dennis Matias Oliveira	Individual	Senior Masculino	02:12:04	+58:08	08:48
83	624	Bruno Rodrigues	Individual	Senior Masculino	02:12:27	+58:31	08:50
84	557	Paulo Peixoto	Factory Runners	Senior Masculino	02:14:58	+01:01:02	09:00
85	788	Pedro Delgado	Trilhos do Valado	Senior Masculino	02:15:56	+01:02:00	09:04
86	790	Pedro Coimbra Mendes	TT amigos do Natal	Senior Masculino	02:18:09	+01:04:13	09:13
87	804	Rui Pereira	VILAVENTURA -Trail Running Team	Senior Masculino	02:20:11	+01:06:15	09:21
88	556	Jorge Inês	Factory Runners	Senior Masculino	02:20:22	+01:06:26	09:21
89	642	Jaime Ferro	Individual	Senior Masculino	02:20:41	+01:06:45	09:23

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Trail Curto Cidade Pombal

15 KM



OFFICIAL RESULT

13	699	Jose Miguel Santos	Individual	Veterano M40	01:40:22	+26:26	06:42
14	778	Nuno Queiroz	Soure Mov	Veterano M40	01:41:46	+27:50	06:47
15	813	Sérgio da Silva Duarte	Individual	Veterano M40	01:41:49	+27:53	06:47
16	537	Miguel Ângelo Duarte das Neves Matias	CSCRFCHARNECA	Veterano M40	01:44:41	+30:45	06:59
17	692	DAVID CUNHA	Individual	Veterano M40	01:45:25	+31:29	07:02
18	704	Pedro Carlos	Individual	Veterano M40	01:45:51	+31:55	07:03
19	807	Henrique Ferreira dos Santos	VILAVENTURA -Trail Running Team	Veterano M40	01:46:17	+32:21	07:05
20	586	Rui Figueiredo	GELCENTRO	Veterano M40	01:46:47	+32:51	07:07
21	783	Marcos Alves	Tribo NR	Veterano M40	01:47:55	+33:59	07:12
22	594	Tomé Fernandes	Grupo Alegre Unido Bajouca	Veterano M40	01:49:17	+35:21	07:17
23	544	Jorge Faria	CUMIBROA BIKE' S RUNNING TEAM	Veterano M40	01:51:30	+37:34	07:26
24	769	Nuno Seabra	SCFZ Trail Runners	Veterano M40	01:51:52	+37:56	07:27
25	694	Énio Mota	Individual	Veterano M40	01:53:07	+39:11	07:32
26	693	David Gameiro	Individual	Veterano M40	01:59:06	+45:10	07:56
27	751	Daniel Francisco Fragoso	MOVE UP TEAM	Veterano M40	02:00:58	+47:02	08:04
28	690	BRUNO MIGUEL FERNANDES PINTO	Individual	Veterano M40	02:04:12	+50:16	08:17
29	702	NELSON MATIAS	Individual	Veterano M40	02:04:16	+50:20	08:17
30	517	Ricardo Passagem	Aqua Team	Veterano M40	02:08:38	+54:42	08:35
31	750	CARLOS MATIAS	MOVE UP TEAM	Veterano M40	02:09:32	+55:36	08:38
32	550	Helder Carrasqueira	Dá-lhe Gás Team	Veterano M40	02:11:53	+57:57	08:48
33	701	Luís Miguel das Neves Simões	Individual	Veterano M40	02:13:32	+59:36	08:54
34	706	Rafael Ferreira	Individual	Veterano M40	02:14:10	+01:00:14	08:57
35	810	Pedro Miguel Freire Rodrigues	VILAVENTURA -Trail Running Team	Veterano M40	02:15:49	+01:01:53	09:03
36	697	jean santos	Individual	Veterano M40	02:16:58	+01:03:02	09:08
37	563	Rui Neto	Free Runners	Veterano M40	02:17:02	+01:03:06	09:08
38	695	Filipe Rodrigues dos Santos	Individual	Veterano M40	02:17:30	+01:03:34	09:10
39	599	RAFAEL BRONZE	Grupo Maravilha	Veterano M40	02:42:46	+01:28:50	10:51

Veterano M45

1	818	LICÍNIO CARREIRA	AC VERMOIL	Veterano M45	01:13:56		04:56
2	815	Manuel Pinto	Tribo NR	Veterano M45	01:19:10	+05:14	05:17
3	708	Ernesto Manuel Contente Nabeiro	Individual	Veterano M45	01:23:49	+09:53	05:35
4	511	JOSÉ SANTOS	AC VERMOIL	Veterano M45	01:23:57	+10:01	05:36
5	565	Horácio Gaspar	Gac grupo atletismo caranguejeira	Veterano M45	01:25:21	+11:25	05:41
6	781	Filipe Antonio	trail da ladeia running team	Veterano M45	01:31:14	+17:18	06:05
7	710	Filipe Mamede	Individual	Veterano M45	01:33:37	+19:41	06:15
8	811	Albano Manuel Fernandes Silva	Individual	Veterano M45	01:38:37	+24:41	06:35
9	538	Carlos António Mota Longo da Conceição	CSCRFCHARNECA	Veterano M45	01:38:56	+25:00	06:36
10	709	Fernando José das Neves	Individual	Veterano M45	01:40:51	+26:55	06:43
11	716	Nelson jorge	Individual	Veterano M45	01:41:10	+27:14	06:45
12	779	Paulo Lopes	Soure Mov	Veterano M45	01:42:02	+28:06	06:48
13	518	Luiz António de Souza Ferreira	Aqua Team	Veterano M45	01:45:53	+31:57	07:04

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Trail Curto Cidade Pombal**15 KM****R**
REVISEDLAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION**OFFICIAL RESULT**

14	761	ANTÓNIO GOMES	Pombalconta	Veterano M45	01:48:25	+34:29	07:14
15	526	Henrique Lavaredas	CCDR Matas e Cipreste	Veterano M45	01:49:04	+35:08	07:16
16	719	Ricardo do Carmo	Individual	Veterano M45	01:51:10	+37:14	07:25
17	539	Pascoal Duarte Oliveira	CSCRFCHARNECA	Veterano M45	02:01:28	+47:32	08:06
18	774	Paulo Araújo	Slow Runners Pombal	Veterano M45	02:05:52	+51:56	08:24
19	717	Nuno Manuel Ponte Rodrigues	Individual	Veterano M45	02:08:57	+55:01	08:36
20	711	filipe ventura	Individual	Veterano M45	02:12:42	+58:46	08:51
21	523	Filipe Simões	CCD CRÉDITO AGRÍCOLA MÚTUO	Veterano M45	02:16:14	+01:02:18	09:05
22	812	Paulo Lopes	LAMA SOLTA	Veterano M45	02:32:09	+01:18:13	10:09
23	713	Jorge Ribeiro	Individual	Veterano M45	02:35:40	+01:21:44	10:23

Veterano M50

1	595	Jorge Silva	Grupo Alegre Unido Bajouca	Veterano M50	01:29:54	+15:58	06:00
2	746	Renato Barros	MONTANHA CLUBE TRAIL RUNNING/ EFAPEL	Veterano M50	01:37:14	+23:18	06:29
3	513	VITOR LOPES	AC VERMOIL	Veterano M50	01:40:02	+26:06	06:40
4	721	Domingos Casimiro	Individual	Veterano M50	01:44:21	+30:25	06:57
5	506	Carlos Silva	A.D.R Águas Belas	Veterano M50	01:46:21	+32:25	07:05
6	722	Fernando Medeiros	Individual	Veterano M50	01:51:29	+37:33	07:26
7	723	Gastão Sousa	Individual	Veterano M50	01:55:04	+41:08	07:40
8	725	Rui Ferreira Simões	Individual	Veterano M50	01:59:27	+45:31	07:58
9	724	Paulo Matias	Individual	Veterano M50	02:03:51	+49:55	08:15
10	587	Mário Nunes	GELCENTRO	Veterano M50	02:05:45	+51:49	08:23
11	540	Arlindo de Jesus Oliveira	CSCRFCHARNECA	Veterano M50	02:06:17	+52:21	08:25
12	720	Almerindo	Individual	Veterano M50	02:06:55	+52:59	08:28
13	780	Vitor Gariso	Soure Mov	Veterano M50	02:36:26	+01:22:30	10:26
14	753	ROGERIO SIMOES	MOVE UP TEAM	Veterano M50	02:43:22	+01:29:26	10:53
15	763	Manuel Eduardo Sousa Marques	Renault Silva & Santos Pombal	Veterano M50	02:50:17	+01:36:21	11:21

Veterano M55

1	727	Filipe Carvalheiro	Individual	Veterano M55	01:27:50	+13:54	05:51
2	541	Luís Fernando Rocha das Neves	CSCRFCHARNECA	Veterano M55	01:48:39	+34:43	07:15
3	728	Jose Lages	Individual	Veterano M55	01:59:36	+45:40	07:58
4	600	JOSÉ PEDROSA	Grupo Maravilha	Veterano M55	02:04:19	+50:23	08:17
5	726	Aníbal Sintra Pisco	Individual	Veterano M55	02:05:20	+51:24	08:21

Veterano M60

1	514	AQUILINO FERREIRA	AC VERMOIL	Veterano M60	01:28:48	+14:52	05:55
2	507	carlos Duro	A.D.R Águas Belas	Veterano M60	01:30:08	+16:12	06:01
3	515	João Sintra	ACRM Silveirinha Grande Claras	Veterano M60	01:41:52	+27:56	06:47
4	516	Lucidio Dias	ACRM Silveirinha Grande Claras	Veterano M60	02:05:01	+51:05	08:20
5	729	José Manuel Gonçalves	Individual	Veterano M60	02:09:47	+55:51	08:39

Official Timekeeper: Lap2Go	7 / 8	generate 10-abr-2019 22:03
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Trail Curto Cidade Pombal

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT



6	730	Rogério Freire Luís	Individual	Veterano M60	02:12:43	+58:47	08:51
7	762	Jose Luis Cruz	R G levanta Poeira	Veterano M60	02:34:51	+01:20:55	10:19

