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10 KM



## OFFICIAL RESULT

215	1785	MAURO GABRIEL	UNITEL	Veterano M35	01:16:30	+45:04	07:39
216	1429	OSVALDO C. R. NETO	Individual	Veterano M35	01:16:38	+45:12	07:40
217	364	ANDRÉ SEBASTIÃO	Individual	Veterano M35	01:17:32	+46:06	07:45
218	32	JOAQUIM G. M. CACOMBO	C.O.A	Veterano M35	01:17:43	+46:16	07:46
219	717	EMANUEL N. ANDRÉ PAÍM	Individual	Veterano M35	01:17:47	+46:21	07:47
220	103	ARSÉNIO SANTOS	BAI	Veterano M35	01:18:01	+46:35	07:48
221	1771	RONY DOMINGOS FAUSTINO	TOYOTA	Veterano M35	01:18:07	+46:41	07:49
222	499	BRUNO COIMBRA	Individual	Veterano M35	01:18:43	+47:17	07:52
223	1686	ZAMI P. DA S. ANTÓNIO	Individual	Veterano M35	01:18:46	+47:20	07:53
224	538	CARLOS SICUVA	Individual	Veterano M35	01:19:05	+47:39	07:55
225	1103	JOSÉ MACUANDA	Individual	Veterano M35	01:19:18	+47:52	07:56
226	896	HÉLDER M. CAMBUEMBUE	Individual	Veterano M35	01:19:22	+47:55	07:56
227	2291	WILMO FÁBIO DE S. SILVESTRE	Individual	Veterano M35	01:19:25	+47:59	07:57
228	128	TABINA SABINO	BAI	Veterano M35	01:19:31	+48:05	07:57
229	1402	NELSON V. Z. MATUMBA	Individual	Veterano M35	01:19:56	+48:30	08:00
230	1565	SANDRO FRANCISCO	Individual	Veterano M35	01:19:56	+48:30	08:00
231	1629	TOBI JEONCIO	Individual	Veterano M35	01:20:14	+48:48	08:01
232	1562	SAMUEL K. M. FIGUEIRA	Individual	Veterano M35	01:20:42	+49:16	08:04
233	197	HILDEBRANDO CAMACHO	BNA	Veterano M35	01:20:52	+49:26	08:05
234	734	ESTEVÃO L. MATUAIA	Individual	Veterano M35	01:21:54	+50:28	08:11
235	1777	BOB MACAIA	UNITEL	Veterano M35	01:22:15	+50:49	08:14
236	1439	PANIN CHITAS	Individual	Veterano M35	01:22:33	+51:07	08:15
237	1547	RUI MALAQUIAS	Individual	Veterano M35	01:22:49	+51:23	08:17
238	1264	MARCIO F. M. DA SILVA	Individual	Veterano M35	01:25:16	+53:50	08:32
239	1306	MARQUINHOS SILVA	Individual	Veterano M35	01:25:19	+53:53	08:32
240	1774	ANDRÉ DA COSTA	UNITEL	Veterano M35	01:26:05	+54:39	08:37
241	1452	PAULINO D. NEVES	Individual	Veterano M35	01:26:28	+55:02	08:39
242	1046	JOAQUIM M. C. MAIANGA	Individual	Veterano M35	01:26:56	+55:29	08:42
243	1040	JOAQUIM C. F. NUNES	Individual	Veterano M35	01:32:59	+01:01:33	09:18

## Veterano M40

1	1288	MÁRIO DE NASCIMENTO ROSÁRIO	Individual	Veterano M40	37:08	+05:42	03:43
2	1704	CHIVELA JOSÉ ANTÓNIO	MAMÃ MUXIMA	Veterano M40	39:30	+08:04	03:57
3	374	ANICETO M. ROSSE MUQUITO	Individual	Veterano M40	39:32	+08:06	03:57
4	922	HIQUELUA JOSEFA	Individual	Veterano M40	39:49	+08:22	03:59
5	1641	VASCONCELOS LUANDA	Individual	Veterano M40	40:25	+08:59	04:02
6	1809	KALELE MUAKHIMBA	VETERANOS	Veterano M40	40:36	+09:10	04:04
7	981	JOÃO A. BARROS	Individual	Veterano M40	41:12	+09:46	04:07
8	1699	ASSUNÇÃO DE JESUS PAULO	MAMÃ MUXIMA	Veterano M40	41:22	+09:56	04:08
9	1564	SANDO MARTINHO	Individual	Veterano M40	42:03	+10:36	04:12
10	1529	RODRIGUES CAFUSSA	Individual	Veterano M40	42:04	+10:38	04:12
11	1387	NELCITO ANTÓNIO	Individual	Veterano M40	43:45	+12:19	04:23
12	1717	HAMILTON PEDRO DA S. JOSÉ	MAMÃ MUXIMA	Veterano M40	44:02	+12:36	04:24
13	520	CARLOS ALBERTO SOUSA	Individual	Veterano M40	44:14	+12:48	04:25
14	1456	PAULO ANTÓNIO DE MELO	Individual	Veterano M40	44:15	+12:48	04:25

















## Prova Principal

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## OFFICIAL RESULT

10	747	EVARISTO ADOLFO GOMES	Individual	Veterano M50	50:40	+19:14	05:04
11	429	ANTÓNIO PITRA	Individual	Veterano M50	50:49	+19:23	05:05
12	1026	JOÃO PAULO NZAMBI	Individual	Veterano M50	51:23	+19:57	05:08
13	1008	JOÃO FRANCISCO	Individual	Veterano M50	51:55	+20:29	05:12
14	825	FREITAS SOARES	Individual	Veterano M50	52:01	+20:35	05:12
15	1633	UALA FARIA	Individual	Veterano M50	52:31	+21:05	05:15
16	826	GABRIEL ANTONIO	Individual	Veterano M50	54:54	+23:28	05:29
17	1942	HÉLIO B. O. GOMES	Individual	Veterano M50	55:02	+23:36	05:30
18	2240	MORIZZUR STEPHANIE A. MARIE	Individual	Veterano M50	55:49	+24:23	05:35
19	1769	PAULO RENATO DA C. LOBO	TOYOTA	Veterano M50	56:10	+24:44	05:37
20	1035	JOÃO VICENTE	Individual	Veterano M50	56:16	+24:50	05:38
21	514	CARDOSO D. JOÃO	Individual	Veterano M50	56:30	+25:04	05:39
22	1009	JOÃO FRANCISCO BENJAMIM	Individual	Veterano M50	57:19	+25:52	05:44
23	326	ALEXANDRE S. C. DOS SANTOS	Individual	Veterano M50	58:44	+27:18	05:52
24	407	ANTÓNIO JAMBA	Individual	Veterano M50	58:51	+27:25	05:53
25	1254	MANUEL TOTY	Individual	Veterano M50	59:04	+27:38	05:54
26	1491	PEDRO GOMES ADÃO	Individual	Veterano M50	01:00:26	+29:00	06:03
27	543	CARMELINO SICATO	Individual	Veterano M50	01:01:36	+30:10	06:10
28	406	ANTÓNIO J. S. DA SILVA	Individual	Veterano M50	01:02:37	+31:11	06:16
29	2020	ICÁRIO J. S. E SILVA	Individual	Veterano M50	01:04:38	+33:12	06:28
30	387	ANTÓNIO CASEMIRO TAVARES	Individual	Veterano M50	01:05:13	+33:47	06:31
31	813	FRANCISCO JOÃO	Individual	Veterano M50	01:05:14	+33:48	06:31
32	650	DOMINGOS DA SILVA	Individual	Veterano M50	01:06:21	+34:55	06:38
33	971	JANOTA VITORIANO	Individual	Veterano M50	01:06:46	+35:20	06:41
34	408	ANTONIO JOÃO	Individual	Veterano M50	01:07:14	+35:47	06:43
35	1597	SIMÃO BARTOLOMEU	Individual	Veterano M50	01:10:36	+39:09	07:04
36	208	CONSTANTINO CHIPULO CATUAIA	Chevron	Veterano M50	01:11:02	+39:35	07:06
37	1057	JOEGE DOMINGOS	Individual	Veterano M50	01:14:02	+42:36	07:24
38	1727	LAURENT SCHULBAUM	MAMÃ MUXIMA	Veterano M50	01:14:14	+42:48	07:25
39	405	ANTONIO J. DOMINGOS	Individual	Veterano M50	01:18:41	+47:14	07:52
40	962	JACQUES MEM	Individual	Veterano M50	01:23:07	+51:41	08:19
41	2123	VÍCTOR M. Q. TRINDADE METZGER	Individual	Veterano M50	01:28:03	+56:37	08:48
42	1182	LUIS FRANCISCO PEDRO	Individual	Veterano M50	01:30:52	+59:26	09:05

## Veterano M55

1	816	FRANCISCO MUAMEZA	Individual	Veterano M55	45:22	+13:56	04:32
2	1049	JOAQUIM NETO	Individual	Veterano M55	47:03	+15:37	04:42
3	2143	SEBASTIÃO ANTÓNIO	SPORTING C. BENGUELA	Veterano M55	49:04	+17:38	04:54
4	207	CLEMENTE ZAGE	Chevron	Veterano M55	49:17	+17:51	04:56
5	828	GABRIEL CASSUMOLA	Individual	Veterano M55	50:33	+19:07	05:03
6	2242	BELHERAS JACQUES CHARLE AIME	Individual	Veterano M55	52:09	+20:43	05:13
7	1126	JOSUÉ FERNANDES GINGA	Individual	Veterano M55	52:41	+21:15	05:16
8	2174	PASCOAL SACUPINDA	Individual	Veterano M55	52:48	+21:21	05:17
9	482	BAPTISTA ALFREDO	Individual	Veterano M55	53:21	+21:55	05:20
10	1085	JOSÉ C. DANIEL	Individual	Veterano M55	53:30	+22:03	05:21

