

ELITE - STAGE 1

10 KM

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OFFICIAL RESULT

R

REVISED

	Time	Temperature	Humidity
Start	09:10	15.7°C	87%
End	15:10	15.7°C	87%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
1	89	Gonalo Prudncio	team urban obstacles	Senior Masculino	50:03		05:00
2	32	Ricardo Bio	ocr police team	Senior Masculino	54:50	+04:47	05:29
3	129	Luis Santos	ocr police team	Veterano M35	55:10	+05:07	05:31
4	16	Paulo Barbosa	crossfitacor	Senior Masculino	55:37	+05:34	05:34
5	37	Luis Martins	ocr police team	Veterano M35	01:01:47	+11:44	06:11
6	42	Pedro Marques	individual	Senior Masculino	01:03:39	+13:36	06:22
7	5	Ricardo Gaspar	individual	Senior Masculino	01:04:40	+14:37	06:28
8	132	Joo Coentro	ocr police team	Senior Masculino	01:05:56	+15:53	06:36
9	34	Joo Branco	ocr police team	Senior Masculino	01:07:41	+17:38	06:46
10	92	Bruno Carrio	team urban obstacles	Senior Masculino	01:08:40	+18:37	06:52
11	36	Hugo Magalhes	ocr police team	Senior Masculino	01:10:01	+19:58	07:00
12	6	Paulo Rodrigues	ocr portugal lab	Senior Masculino	01:10:29	+20:26	07:03
13	19	Ricardo Candeias	individual	Senior Masculino	01:11:22	+21:19	07:08
14	56	Srgio Ramos	lynxteam	Veterano M40	01:11:38	+21:35	07:10
15	1	Toni Bento	individual	Veterano M40	01:11:54	+21:50	07:11
16	52	Marco Lopes	ocr norte	Veterano M35	01:13:42	+23:39	07:22
17	14	Ivan Fernndez Colon	leyendas ocr by xforce	Veterano M35	01:14:26	+24:22	07:27
18	59	Romel Agreda Castro	x-one	Senior Masculino	01:15:10	+25:06	07:31
19	127	Paulo lopes	individual	Veterano M40	01:15:52	+25:49	07:35
20	104	Marco Francisco	monsanto running team	Veterano M35	01:16:17	+26:14	07:38
21	125	Lorena	ocr police team	Veterana F35	01:18:35	+28:32	07:52
22	123	Mauro Fonseca	gdrl leiao	Veterano M35	01:21:26	+31:23	08:09
23	128	Ricardo Rebelo	individual	Veterano M35	01:22:37	+32:33	08:16
24	24	Andr Santos	ocr police team	Senior Masculino	01:23:19	+33:16	08:20
25	35	Raquel Ferreira	ocr police team	Senior Feminino	01:26:35	+36:32	08:40
26	131	Fernando Gomes	clube atletismo ferreira do zezere	Veterano M35	01:29:53	+39:50	08:59
27	39	Joo Paulo Marques	cubata taem	Veterano M40	01:30:00	+39:57	09:00
28	15	Miguel Seoane	individual	Veterano M35	01:30:34	+40:30	09:03
29	118	RICARDO BARROS	cml - camara municipal de leiria	Senior Masculino	01:34:09	+44:06	09:25
30	48	Jos Teixeira	individual	Veterano M40	01:36:20	+46:17	09:38
31	51	Nuno Dinis	individual	Senior Masculino	01:36:53	+46:50	09:41
32	23	Filipe Couto	ocr portugal lab	Senior Masculino	01:37:43	+47:39	09:46
33	43	Nuno Lopes	individual	Veterano M40	01:38:57	+48:54	09:54
34	126	Joo Santos	alquimia health club	Veterano M40	01:39:36	+49:33	09:58
35	111	Nuno Carvalho	ocr portugal lab	Senior Masculino	01:39:51	+49:47	09:59
36	53	Andr Neto	crossfit 244	Senior Masculino	01:40:34	+50:31	10:03
37	101	David Gaspar	crossfit 244	Senior Masculino	01:41:01	+50:58	10:06
38	81	Diogo Bento	ocr police team	Veterano M35	01:42:03	+52:00	10:12
39	31	Bruno Saraiva	blr tri	Veterano M35	01:42:26	+52:23	10:15
40	144	Joana Silva	ocr police team	Veterana F35	01:44:02	+53:59	10:24
41	28	Maryna Taryba	individual	Senior Feminino	01:44:09	+54:06	10:25
42	82	Alex Agreda Castro	x-one	Senior Masculino	01:44:25	+54:22	10:27

ELITE - STAGE 1

10 KM

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REVISED

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	38	Miguel Ribeiro	ocr police team	Senior Masculino	01:46:34	+56:30	10:39
44	116	HUGO AFONSO	cml - camara municipal de leiria	Senior Masculino	01:48:59	+58:55	10:54
45	40	Bruno Ferreira	individual	Senior Masculino	01:49:12	+59:08	10:55
46	108	Rui Graniço	individual	Senior Masculino	01:50:33	+01:00:30	11:03
47	46	Pedro Fonseca	individual	Senior Masculino	01:55:28	+01:05:25	11:33
48	58	Luis Serrano	crossfit 244	Senior Masculino	01:56:10	+01:06:07	11:37
49	44	Pedro Silva	marinha grande	Senior Masculino	01:56:18	+01:06:15	11:38
50	83	Paulo Gaspar	casaleiros	Veterano M35	01:58:10	+01:08:06	11:49
51	17	Pedro Marques	chiado training club	Veterano M35	01:59:17	+01:09:13	11:56
52	105	Joao Vitorino	new ground fitness	Veterano M35	01:59:20	+01:09:17	11:56
53	119	JOAO MURRAÇAS	cml - camara municipal de leiria	Senior Masculino	02:01:08	+01:11:05	12:07
54	117	DIOGO MARECOS	cml - camara municipal de leiria	Senior Masculino	02:02:34	+01:12:31	12:15
55	47	Renato Alexandre	individual	Senior Masculino	02:07:55	+01:17:52	12:48
56	27	João Alexandre	viseu	Senior Masculino	02:10:05	+01:20:01	13:01
57	112	Diana Cardoso	wild challenge	Senior Feminino	02:14:28	+01:24:24	13:27
58	57	Fred Lisboa	a. r. meirinhas	Veterano M40	02:16:37	+01:26:34	13:40
59	21	Luísa Leal	individual	Senior Feminino	02:33:24	+01:43:20	15:20
60	100	Francisco Bento	stone race	Veterano M35	02:37:36	+01:47:32	15:46

Obs

BIB	NOTE	NAME	TEAM	CAT
2	DQ	Tiago Gonçalves	OCR Portugal Lab	Senior Masculino
8	DQ	Joana Gameiro	Crossfit 244	Senior Feminino
11	DQ	Julien Gameiro	Crossfit 244	Senior Masculino
13	DQ	Armindo Santos	Vila Nova da Barquinha	Veterano M40
20	DQ	Ricardo Portugal	OCR POLICE TEAM	Veterano M35
22	DQ	Manuel Weber	Individual	Veterano M50
25	DQ	Pedro Vide	Viseu	Senior Masculino
26	DQ	Ricardo Oliveira	BLR TRI	Senior Masculino
33	DQ	Helder Rodrigues	OCR POLICE TEAM	Veterano M35
41	DQ	João Machado	Individual	Senior Masculino
49	DQ	Rui Pereira	RR Team	Senior Masculino
54	DQ	Miguel Oliveira	Crossfit 244	Senior Masculino
55	DQ	Nuno Café	LynxTeam	Veterano M35
60	DQ	Susana Martins	Crossfit 244	Veterana F35
61	DQ	Luis Freixeiro	OCR POLICE TEAM	Senior Masculino
62	DQ	Cristóvão Ferreira	Crossfit 244	Veterano M35
64	DQ	Gonçalo Neto	Crossfit 244	Senior Masculino
65	DQ	Nuno Marto	Crossfit 244	Veterano M35
66	DQ	Olga Silva	Crossfit 244	Senior Feminino
68	DQ	Carla Mendes	Crossfit 244	Veterana F35
69	DQ	Francisco Duarte	Crossfit 244	Senior Masculino
70	DQ	Maryline Rodrigues	Crossfit 244	Veterana F35
72	DQ	Rui Lisboa	Crossfit 244	Senior Masculino
73	DQ	Cátia Duarte	Crossfit 244	Veterana F35
74	DQ	Marta Gomes	Leiria	Veterana F40

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REVISED

BIB	NOTE	NAME	TEAM	CAT
75	DQ	Pedro Martins	Crossfit 244	Senior Masculino
76	DQ	Andreia Ferreira	Individual	Veterana F35
79	DQ	Raul Camacho	Villain	Senior Masculino
80	DQ	Abel Laranjeiro	Crossfit 244	Veterano M35
84	DQ	José Pedro Magalhães	Individual	Veterano M35
85	DQ	Ricardo Gonçalves	Crossfit 244	Veterano M35
86	DQ	Ashley Prazeres	Leiria	Senior Feminino
87	DQ	Ricardo Pina	Crossfit 244	Senior Masculino
93	DQ	João Cardoso	Crossfit 244	Senior Masculino
94	DQ	Sofia Felicio	Crossfit 244	Senior Feminino
95	DQ	Fabio Gomes	Crossfit 244	Senior Masculino
96	DQ	Jorge Rodrigues	Alquimia Health Club	Senior Masculino
97	DQ	Ricardo Sousa	Villain	Senior Masculino
98	DQ	Ruth Costa	Crossfit 244	Veterana F35
99	DQ	Cristiano Santos	Individual	Veterano M35
103	DQ	David Mateus	Crossfit 244	Senior Masculino
106	DQ	Tiago Alexandre	Crossfit 244	Senior Masculino
107	DQ	André Brites	Crossfit 244	Senior Masculino
109	DQ	Noémia Silva	Crossfit 244	Senior Feminino
110	DQ	Joana Escalhão	Crossfit 244	Senior Feminino
114	DQ	Francisco Eça	Individual	Senior Masculino
115	DQ	JOSE PEREIRA	CML - CAMARA MUNICIPAL DE LEIRIA	Veterano M50
120	DQ	HUMBERTO MORGADO	CML - CAMARA MUNICIPAL DE LEIRIA	Veterano M35
121	DQ	Suzi Sousa	Crossfit 244	Senior Feminino
122	DQ	Vera Reis	Crossfit 244	Senior Feminino
124	DQ	Andeia Gomes	Crossfit 244	Senior Feminino
130	DQ	Rafael Cardoso	OCR POLICE TEAM	Senior Masculino

Elite

10 KM



OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:10	15.7°C	87%
End	15:10	15.7°C	87%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	35	Raquel Ferreira	OCR POLICE TEAM	Senior Feminino	01:26:35	+36:32	08:40
2	28	Maryna Taryba	Individual	Senior Feminino	01:44:09	+54:06	10:25
3	112	Diana Cardoso	Wild Challenge	Senior Feminino	02:14:28	+01:24:24	13:27
4	21	Luísa Leal	Individual	Senior Feminino	02:33:24	+01:43:20	15:20

Senior Masculino

1	89	Gonçalo Prudêncio	Team Urban Obstacles	Senior Masculino	50:03		05:00
2	32	Ricardo Bio	OCR POLICE TEAM	Senior Masculino	54:50	+04:47	05:29
3	16	Paulo Barbosa	CrossFitAcor	Senior Masculino	55:37	+05:34	05:34
4	42	Pedro Marques	Individual	Senior Masculino	01:03:39	+13:36	06:22
5	5	Ricardo Gaspar	Individual	Senior Masculino	01:04:40	+14:37	06:28
6	132	João Coentrão	OCR POLICE TEAM	Senior Masculino	01:05:56	+15:53	06:36
7	34	João Branco	OCR POLICE TEAM	Senior Masculino	01:07:41	+17:38	06:46
8	92	Bruno Carriço	Team Urban Obstacles	Senior Masculino	01:08:40	+18:37	06:52
9	36	Hugo Magalhães	OCR POLICE TEAM	Senior Masculino	01:10:01	+19:58	07:00
10	6	Paulo Rodrigues	OCR Portugal Lab	Senior Masculino	01:10:29	+20:26	07:03
11	19	Ricardo Candeias	Individual	Senior Masculino	01:11:22	+21:19	07:08
12	59	Romel Agreda Castro	X-ONE	Senior Masculino	01:15:10	+25:06	07:31
13	24	André Santos	OCR POLICE TEAM	Senior Masculino	01:23:19	+33:16	08:20
14	118	RICARDO BARROS	CML - CAMARA MUNICIPAL DE LEIRIA	Senior Masculino	01:34:09	+44:06	09:25
15	51	Nuno Dinis	Individual	Senior Masculino	01:36:53	+46:50	09:41
16	23	Filipe Couto	OCR Portugal Lab	Senior Masculino	01:37:43	+47:39	09:46
17	111	Nuno Carvalho	OCR Portugal Lab	Senior Masculino	01:39:51	+49:47	09:59
18	53	André Neto	Crossfit 244	Senior Masculino	01:40:34	+50:31	10:03
19	101	David Gaspar	Crossfit 244	Senior Masculino	01:41:01	+50:58	10:06
20	82	Alex Agreda Castro	X-ONE	Senior Masculino	01:44:25	+54:22	10:27
21	38	Miguel Ribeiro	OCR POLICE TEAM	Senior Masculino	01:46:34	+56:30	10:39
22	116	HUGO AFONSO	CML - CAMARA MUNICIPAL DE LEIRIA	Senior Masculino	01:48:59	+58:55	10:54
23	40	Bruno Ferreira	Individual	Senior Masculino	01:49:12	+59:08	10:55
24	108	Rui Graniço	Individual	Senior Masculino	01:50:33	+01:00:30	11:03
25	46	Pedro Fonseca	Individual	Senior Masculino	01:55:28	+01:05:25	11:33
26	58	Luis Serrano	Crossfit 244	Senior Masculino	01:56:10	+01:06:07	11:37
27	44	Pedro Silva	Marinha Grande	Senior Masculino	01:56:18	+01:06:15	11:38
28	119	JOAO MURRAÇAS	CML - CAMARA MUNICIPAL DE LEIRIA	Senior Masculino	02:01:08	+01:11:05	12:07
29	117	DIOGO MARECOS	CML - CAMARA MUNICIPAL DE LEIRIA	Senior Masculino	02:02:34	+01:12:31	12:15

Official Timekeeper: Lap2Go	1 / 2	generate 28-Jun-2019 10:25
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Elite

10 KM

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REVISED

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OFFICIAL RESULT

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30	47	Renato Alexandre	Individual	Senior Masculino	02:07:55	+01:17:52	12:48
31	27	João Alexandre	Viseu	Senior Masculino	02:10:05	+01:20:01	13:01

Veterana F35

1	125	Lorena	OCR Police Team	Veterana F35	01:18:35	+28:32	07:52
2	144	Joana Silva	OCR POLICE TEAM	Veterana F35	01:44:02	+53:59	10:24

Veterano M35

1	129	Luis Santos	OCR POLICE TEAM	Veterano M35	55:10	+05:07	05:31
2	37	Luis Martins	OCR POLICE TEAM	Veterano M35	01:01:47	+11:44	06:11
3	52	Marco Lopes	OCR NORTE	Veterano M35	01:13:42	+23:39	07:22
4	14	Ivan Fernández Colon	Leyendas ocr by Xforce	Veterano M35	01:14:26	+24:22	07:27
5	104	Marco Francisco	Monsanto Running Team	Veterano M35	01:16:17	+26:14	07:38
6	123	Mauro Fonseca	Gdrl Leiao	Veterano M35	01:21:26	+31:23	08:09
7	128	Ricardo Rebelo	Individual	Veterano M35	01:22:37	+32:33	08:16
8	131	Fernando Gomes	Clube atletismo Ferreira do zezere	Veterano M35	01:29:53	+39:50	08:59
9	15	Miguel Seoane	Individual	Veterano M35	01:30:34	+40:30	09:03
10	81	Diogo Bento	OCR POLICE TEAM	Veterano M35	01:42:03	+52:00	10:12
11	31	Bruno Saraiva	BLR TRI	Veterano M35	01:42:26	+52:23	10:15
12	83	Paulo Gaspar	Casaleiros	Veterano M35	01:58:10	+01:08:06	11:49
13	17	Pedro Marques	Chiado Training Club	Veterano M35	01:59:17	+01:09:13	11:56
14	105	Joao Vitorino	New Ground Fitness	Veterano M35	01:59:20	+01:09:17	11:56
15	100	Francisco Bento	Stone Race	Veterano M35	02:37:36	+01:47:32	15:46

Veterano M40

1	56	Sérgio Ramos	LynxTeam	Veterano M40	01:11:38	+21:35	07:10
2	1	Toni Bento	Individual	Veterano M40	01:11:54	+21:50	07:11
3	127	Paulo lopes	Individual	Veterano M40	01:15:52	+25:49	07:35
4	39	João Paulo Marques	Cubata Taem	Veterano M40	01:30:00	+39:57	09:00
5	48	José Teixeira	Individual	Veterano M40	01:36:20	+46:17	09:38
6	43	Nuno Lopes	Individual	Veterano M40	01:38:57	+48:54	09:54
7	126	João Santos	Alquimia Health Club	Veterano M40	01:39:36	+49:33	09:58
8	57	Fred Lisboa	A. R. Meirinhas	Veterano M40	02:16:37	+01:26:34	13:40

10 KM

OFFICIAL RESULT

[illegible]Official Timekeeper: Lap2Go

COMPETITIVE INDIVIDUAL - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
41	320	Fábio Carreira	individual	Senior Masculino	01:50:46	+47:48	11:05
42	389	Marta Bento	the four horsemen	Senior Feminino	01:52:44	+49:46	11:16
43	441	José Nogueira	the four horsemen	Senior Masculino	01:52:45	+49:46	11:17
44	316	Hilário Nunes	blue team	Senior Masculino	01:52:55	+49:56	11:18
45	382	Verónica Vieira	individual	Senior Feminino	01:52:57	+49:59	11:18
46	330	Rute Ribeiro	artistas	Senior Feminino	01:55:00	+52:02	11:30
47	364	Daniel Almeida	individual	Senior Masculino	01:56:39	+53:41	11:40
48	358	Daniela Dias	individual	Senior Feminino	01:57:28	+54:30	11:45
49	325	Afonso Susavila	individual	Senior Feminino	02:01:25	+58:27	12:09
50	343	João Rosa	individual	Senior Masculino	02:01:29	+58:31	12:09
51	437	Marrion Dias	individual	Senior Masculino	02:02:43	+59:45	12:16
52	383	Rafael Vieira	individual	Senior Masculino	02:03:04	+01:00:06	12:18
53	381	Filipe Cristóvão	individual	Senior Masculino	02:03:07	+01:00:09	12:19
54	317	Jorge Santos	blue team	Senior Masculino	02:03:08	+01:00:10	12:19
55	405	Rogério Serra	individual	Senior Masculino	02:03:08	+01:00:10	12:19
56	413	Dina Figueiredo	brave lake ocr team	Senior Feminino	02:04:07	+01:01:09	12:25
57	414	Telmo Pinho	brave lake ocr team	Senior Masculino	02:04:11	+01:01:13	12:25
58	348	Tiago Carreira	individual	Senior Masculino	02:04:27	+01:01:29	12:27
59	344	Helena Almeida	ocr police team	Senior Feminino	02:05:15	+01:02:17	12:32
60	406	Tiago Loureiro	2fitrunners	Senior Masculino	02:05:27	+01:02:29	12:33
61	407	André Pereira	2fitrunners	Senior Masculino	02:05:27	+01:02:29	12:33
62	345	Alda Ribeiro	ocr police team	Senior Feminino	02:08:39	+01:05:41	12:52
63	435	Jaqueline Fonseca	individual	Senior Feminino	02:08:50	+01:05:52	12:53
64	439	João Silva	individual	Senior Masculino	02:10:04	+01:07:06	13:00
65	401	Ana Correia	ffitness team	Senior Feminino	02:15:19	+01:12:21	13:32
66	428	Alexandre Pereira	individual	Senior Masculino	02:16:41	+01:13:43	13:40
67	430	Pili Prieto Morais	tnt gherrilleiros x-one	Senior Feminino	02:17:52	+01:14:54	13:47
68	431	Oswaldo Sánchez Otero	tnt gherrilleiros x-one	Senior Masculino	02:17:52	+01:14:54	13:47
69	400	Pedro Gouveia	ffitness team	Senior Masculino	02:19:00	+01:16:02	13:54
70	338	Joana Lourenço	individual	Senior Feminino	02:19:30	+01:16:31	13:57
71	322	Oscar palomares	madrid	Senior Masculino	02:20:28	+01:17:30	14:03
72	319	Diana Lopes	individual	Senior Feminino	02:22:05	+01:19:07	14:13
73	336	Susana Bernardino	b13x crossfit endurance	Senior Feminino	02:22:07	+01:19:08	14:13
74	415	Filipa Alves	ocr police team	Senior Feminino	02:23:54	+01:20:56	14:23
75	412	Gabriel Silva	caldas da rainha	Senior Masculino	02:38:39	+01:35:41	15:52
76	422	Teresa Silva	wild challenge	Senior Feminino	02:39:07	+01:36:09	15:55
77	391	Eva Barradas	ocr police team	Senior Feminino	02:39:36	+01:36:38	15:58
78	324	Julio dominguez	hard running	Senior Masculino	02:40:24	+01:37:26	16:02
79	392	João Pereira	ocr police team	Senior Masculino	02:41:29	+01:38:31	16:09
80	378	João Pedro Patrão	the four horsemen	Senior Masculino	02:49:44	+01:46:46	16:58
81	390	David Linguíça	the four horsemen	Senior Masculino	02:49:46	+01:46:48	16:59
82	375	Diogo Martins	the four horsemen	Senior Masculino	02:49:48	+01:46:50	16:59
83	388	Miguel Palma	the four horsemen	Senior Masculino	02:49:50	+01:46:52	16:59
84	373	José Catarro	the four horsemen	Senior Masculino	02:49:50	+01:46:52	16:59
85	374	Faustino Antonito	the four horsemen	Senior Masculino	02:49:51	+01:46:53	16:59
86	376	Fábio Dias	the four horsemen	Senior Masculino	02:49:57	+01:46:59	17:00

10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
87	377	Carla Silva	the four horsemen	Senior Feminino	02:49:57	+01:46:59	17:00
88	398	Pedro Garcia	the four horsemen	Senior Masculino	02:49:59	+01:47:01	17:00
89	369	Daniela Fontela	as pachorrentas	Senior Feminino	02:58:57	+01:55:58	17:54
90	367	Alba Martínez Melendez	x-one	Senior Feminino	03:01:54	+01:58:56	18:11
91	393	Nerea Martinez Perez	x-one	Senior Feminino	03:01:59	+01:59:01	18:12
92	418	Filipa Yanez	ocr portugal lab	Senior Feminino	03:02:19	+01:59:21	18:14
93	438	Catarina Silva	crossfit pombal	Senior Feminino	03:02:44	+01:59:46	18:16
94	396	Sílvia Silva	crossfit pombal	Senior Feminino	03:02:45	+01:59:47	18:17
95	420	Ricardo Vinagre	crossfit pombal	Senior Masculino	03:02:58	+02:00:00	18:18
96	404	Márcio Batista	crossfit pombal	Senior Masculino	03:03:01	+02:00:03	18:18
97	436	Lucia Rodrigues	crossfit pombal	Senior Feminino	03:03:03	+02:00:05	18:18

Competitive Individual

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:30	16.8°C	77%
End	12:34	16.8°C	77%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	341	Adriana Cabecinhas	OCR POLICE TEAM	Senior Feminino	01:31:39	+28:41	09:10
2	333	Sílvia Silva	Individual	Senior Feminino	01:32:16	+29:18	09:14
3	461	Ana Botas	ATLÉTICO CLUBE MARINHENSE	Senior Feminino	01:32:31	+29:33	09:15
4	356	Ana Margarida Fernandes	BRAVE LAKE OCR TEAM	Senior Feminino	01:43:55	+40:57	10:24
5	417	Angela Ramalho	Individual	Senior Feminino	01:43:59	+41:01	10:24
6	460	Fátima Del Valle Ferreira	Individual	Senior Feminino	01:50:02	+47:03	11:10
7	434	Margarida Raimundo	GOODFELLASWISEGUYS	Senior Feminino	01:50:30	+47:32	11:03
8	389	Marta Bento	The Four Horsemen	Senior Feminino	01:52:44	+49:46	11:16
9	382	Verónica Vieira	Individual	Senior Feminino	01:52:57	+49:59	11:18
10	330	Rute Ribeiro	Artistas	Senior Feminino	01:55:00	+52:02	11:30
11	358	Daniela Dias	Individual	Senior Feminino	01:57:28	+54:30	11:45
12	325	Afonso Susavila	Individual	Senior Feminino	02:01:25	+58:27	12:09
13	413	Dina Figueiredo	BRAVE LAKE OCR TEAM	Senior Feminino	02:04:07	+01:01:09	12:25
14	344	Helena Almeida	OCR POLICE TEAM	Senior Feminino	02:05:15	+01:02:17	12:32
15	345	Alda Ribeiro	OCR POLICE TEAM	Senior Feminino	02:08:39	+01:05:41	12:52
16	435	Jaqueline Fonseca	Individual	Senior Feminino	02:08:50	+01:05:52	12:53
17	401	Ana Correia	Ffitness Team	Senior Feminino	02:15:19	+01:12:21	13:32
18	430	Pili Prieto Moraes	TNT Gherrilleiros X-One	Senior Feminino	02:17:52	+01:14:54	13:47
19	338	Joana Lourenço	Individual	Senior Feminino	02:19:30	+01:16:31	13:57
20	319	Diana Lopes	Individual	Senior Feminino	02:22:05	+01:19:07	14:13
21	336	Susana Bernardino	B13X Crossfit Endurance	Senior Feminino	02:22:07	+01:19:08	14:13
22	415	Filipa Alves	OCR POLICE TEAM	Senior Feminino	02:23:54	+01:20:56	14:23
23	422	Teresa Silva	Wild Challenge	Senior Feminino	02:39:07	+01:36:09	15:55
24	391	Eva Barradas	OCR POLICE TEAM	Senior Feminino	02:39:36	+01:36:38	15:58
25	377	Carla Silva	The Four Horsemen	Senior Feminino	02:49:57	+01:46:59	17:00
26	369	Daniela Fontela	As pachorrentas	Senior Feminino	02:58:57	+01:55:58	17:54
27	367	Alba Martínez Melendez	X-ONE	Senior Feminino	03:01:54	+01:58:56	18:11
28	393	Nerea Martinez Perez	X-ONE	Senior Feminino	03:01:59	+01:59:01	18:12
29	418	Filipa Yanez	OCR Portugal Lab	Senior Feminino	03:02:19	+01:59:21	18:14
30	438	Catarina Silva	CROSSFIT POMBAL	Senior Feminino	03:02:44	+01:59:46	18:16
31	396	Sílvia Silva	CROSSFIT POMBAL	Senior Feminino	03:02:45	+01:59:47	18:17
32	436	Lucia Rodrigues	CROSSFIT POMBAL	Senior Feminino	03:03:03	+02:00:05	18:18

Senior Masculino

1	419	Pedro Vicente SUÁREZ FERNÁNDEZ	Individual	Senior Masculino	01:02:58	06:18
2	397	David Pantana	Individual	Senior Masculino	01:07:36	+04:38 06:46
3	355	João Nogueira	Individual	Senior Masculino	01:12:33	+09:34 07:15
4	380	Pedro Cerqueira	Porto	Senior Masculino	01:13:55	+10:56 07:24

Official Timekeeper: Lap2Go	1 / 3	generate 09-Jun-2019 14:58
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Competitive Individual

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

5	329	Gabriel Domingues	FitTraining Academy	Senior Masculino	01:14:12	+11:14	07:25
6	462	Neuton Marques	ATLÉTICO CLUBE MARINHENSE	Senior Masculino	01:14:45	+11:47	07:29
7	315	Paulo Carvalho	Individual	Senior Masculino	01:14:55	+11:57	07:30
8	349	Cris Pedrosa	Individual	Senior Masculino	01:15:16	+12:18	07:32
9	357	Ricardo Jorge	Individual	Senior Masculino	01:17:36	+14:38	07:46
10	416	Luis Santos	BRAVE LAKE OCR TEAM	Senior Masculino	01:18:37	+15:38	07:52
11	328	Joao Gomes	Individual	Senior Masculino	01:18:39	+15:40	07:52
12	366	David Torres	Individual	Senior Masculino	01:23:12	+20:14	08:19
13	353	Vasyl Paliy	United Warriors	Senior Masculino	01:23:12	+20:14	08:19
14	318	Ricardo Pedrosa Carreira	GAU Bajouca	Senior Masculino	01:23:28	+20:30	08:21
15	350	Jorge Cruz	United Warriors	Senior Masculino	01:26:12	+23:14	08:37
16	409	Miguel Figueirinha	No Pain Box	Senior Masculino	01:27:14	+24:16	08:43
17	332	Miguel Vicente	BVSA Dá-lhe + Carga	Senior Masculino	01:27:17	+24:19	08:44
18	429	Henrique Barros	Individual	Senior Masculino	01:32:06	+29:08	09:13
19	432	César Conceição	Goodfellas Wiseguys	Senior Masculino	01:32:07	+29:08	09:13
20	360	Tiago Fernandes	Individual	Senior Masculino	01:32:12	+29:14	09:13
21	335	Ricardo Oliveira	Individual	Senior Masculino	01:32:33	+29:35	09:15
22	463	Fernando Manuel Simão Vinhas Simão	Individual	Senior Masculino	01:32:48	+29:49	09:17
23	351	Nuno Correia	United Warriors	Senior Masculino	01:35:17	+32:19	09:32
24	421	Rui Silva	Wild Challenge	Senior Masculino	01:43:59	+41:01	10:24
25	399	Pedro Costa	OCR NORTE	Senior Masculino	01:44:47	+41:49	10:29
26	440	Alexandre Gonçalves	Individual	Senior Masculino	01:45:49	+42:51	10:35
27	339	Tiago Teixeira	Individual	Senior Masculino	01:46:22	+43:23	10:38
28	403	Jose Agnelo Cardoso	Lousã	Senior Masculino	01:46:45	+43:47	10:41
29	402	Thiago Diovani Silva Santos	Lousã	Senior Masculino	01:46:47	+43:49	10:41
30	337	Fred Loureiro	Individual	Senior Masculino	01:47:38	+44:40	10:46
31	411	Andres Froiz Lareu	TNT Gherrilleiros X-one	Senior Masculino	01:50:26	+47:28	11:03
32	433	Bruno Tavares	GOODFELLASWISEGUYS	Senior Masculino	01:50:31	+47:32	11:03
33	334	José Gonçalves	Individual	Senior Masculino	01:50:45	+47:46	11:05
34	320	Fábio Carreira	Individual	Senior Masculino	01:50:46	+47:48	11:05
35	441	José Nogueira	The Four Horsemen	Senior Masculino	01:52:45	+49:46	11:17
36	316	Hilário Nunes	BLUE TEAM	Senior Masculino	01:52:55	+49:56	11:18
37	364	Daniel Almeida	Individual	Senior Masculino	01:56:39	+53:41	11:40
38	343	João Rosa	Individual	Senior Masculino	02:01:29	+58:31	12:09
39	437	Marrion Dias	Individual	Senior Masculino	02:02:43	+59:45	12:16
40	383	Rafael Vieira	Individual	Senior Masculino	02:03:04	+01:00:06	12:18
41	381	Filipe Cristóvão	Individual	Senior Masculino	02:03:07	+01:00:09	12:19
42	317	Jorge Santos	BLUE TEAM	Senior Masculino	02:03:08	+01:00:10	12:19
43	405	Rogério Serra	Individual	Senior Masculino	02:03:08	+01:00:10	12:19
44	414	Telmo Pinho	BRAVE LAKE OCR TEAM	Senior Masculino	02:04:11	+01:01:13	12:25
45	348	Tiago Carreira	Individual	Senior Masculino	02:04:27	+01:01:29	12:27
46	406	Tiago Loureiro	2FitRunners	Senior Masculino	02:05:27	+01:02:29	12:33
47	407	André Pereira	2FitRunners	Senior Masculino	02:05:27	+01:02:29	12:33
48	439	João Silva	Individual	Senior Masculino	02:10:04	+01:07:06	13:00
49	428	Alexandre Pereira	Individual	Senior Masculino	02:16:41	+01:13:43	13:40
50	431	Oswaldo Sánchez Otero	TNT Gherrilleiros X-One	Senior Masculino	02:17:52	+01:14:54	13:47

Official Timekeeper: Lap2Go	2 / 3	generate 09-Jun-2019 14:58
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Competitive Individual

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

51	400	Pedro Gouveia	Ffitness Team	Senior Masculino	02:19:00	+01:16:02	13:54
52	322	Oscar palomares	Madrid	Senior Masculino	02:20:28	+01:17:30	14:03
53	412	Gabriel Silva	Caldas da Rainha	Senior Masculino	02:38:39	+01:35:41	15:52
54	324	Julio dominguez	Hard Running	Senior Masculino	02:40:24	+01:37:26	16:02
55	392	João Pereira	OCR POLICE TEAM	Senior Masculino	02:41:29	+01:38:31	16:09
56	378	João Pedro Patrão	The Four Horsemen	Senior Masculino	02:49:44	+01:46:46	16:58
57	390	David Linguíça	The Four Horsemen	Senior Masculino	02:49:46	+01:46:48	16:59
58	375	Diogo Martins	The Four Horsemen	Senior Masculino	02:49:48	+01:46:50	16:59
59	388	Miguel Palma	The Four Horsemen	Senior Masculino	02:49:50	+01:46:52	16:59
60	373	José Catarro	The Four Horsemen	Senior Masculino	02:49:50	+01:46:52	16:59
61	374	Faustino Antonito	The Four Horsemen	Senior Masculino	02:49:51	+01:46:53	16:59
62	376	Fábio Dias	The Four Horsemen	Senior Masculino	02:49:57	+01:46:59	17:00
63	398	Pedro Garcia	The Four Horsemen	Senior Masculino	02:49:59	+01:47:01	17:00
64	420	Ricardo Vinagre	CROSSFIT POMBAL	Senior Masculino	03:02:58	+02:00:00	18:18
65	404	Márcio Batista	CROSSFIT POMBAL	Senior Masculino	03:03:01	+02:00:03	18:18

10 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:30	16.8°C	77%
End	12:43	16.8°C	77%

Official Timekeeper: Lap2Go	1 / 1	generate 09-Jun-2019 14:58
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Competitive Team

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:30	16.8°C	77%
End	12:43	16.8°C	77%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	384	Daniela Pereira	As pachorrentas	Senior Feminino	02:58:57	+01:36:00	17:54
2	368	Sofia Bernardino	As pachorrentas	Senior Feminino	02:58:58	+01:36:01	17:54
3	379	Mariana Ferreira	As pachorrentas	Senior Feminino	02:58:59	+01:36:01	17:54
4	312	Sonia Alexandre	Nelson Fitness Club Team 2	Senior Feminino	03:10:15	+01:47:18	19:02
5	310	Sofia Marquitos	Nelson Fitness Club Team 1	Senior Feminino	03:10:16	+01:47:19	19:02
6	309	Amélia Figueiredo	Nelson Fitness Club Team 2	Senior Feminino	03:10:19	+01:47:22	19:02
7	308	Valentina Giuliani	Nelson Fitness Club Team 3	Senior Feminino	03:10:21	+01:47:24	19:02
8	386	Liliana Marques	Jatapanho	Senior Feminino	03:12:23	+01:49:26	19:14

Senior Masculino

1	423	Nuno Dinis	FITNESS FACTORY ALCOBAÇA	Senior Masculino	01:22:57		08:18
2	425	Ricardo Salgueiro	FITNESS FACTORY ALCOBAÇA	Senior Masculino	01:22:58	+00:00	08:18
3	424	Luís Silva	FITNESS FACTORY ALCOBAÇA	Senior Masculino	01:22:59	+00:01	08:18
4	363	Marco Pereira	Cubata Team	Senior Masculino	01:23:03	+00:05	08:18
5	365	Sérgio Pereira	Cubata Team	Senior Masculino	01:23:06	+00:08	08:19
6	362	Jorge Gomes	Cubata Team	Senior Masculino	01:23:13	+00:15	08:19
7	314	Nelson Rodrigues	LFO	Senior Masculino	01:50:05	+27:07	11:01
8	326	Angelo Pereira	The Four Horsemen	Senior Masculino	01:50:31	+27:33	11:03
9	327	João Santos	The Four Horsemen	Senior Masculino	01:52:06	+29:08	11:13
10	372	Miguel Figueira	The Four Horsemen	Senior Masculino	01:52:06	+29:09	11:13
11	313	André Rocha	LFO	Senior Masculino	02:07:19	+44:22	12:44
12	300	Rui Silva	LFO	Senior Masculino	02:07:20	+44:23	12:44
13	370	Eduardo Marques	Gobudokai	Senior Masculino	02:45:16	+01:22:19	16:32
14	354	PIERRE RIBEIRO	Gobudokai	Senior Masculino	02:45:18	+01:22:20	16:32
15	331	Paulo Alexandre Fernandes Gomes	CrossFit Pombal 1	Senior Masculino	03:02:47	+01:39:50	18:17
16	321	Luís Ruivo	CrossFit Pombal 1	Senior Masculino	03:02:49	+01:39:52	18:17
17	394	Ivo Gonçalves	CrossFit Pombal 1	Senior Masculino	03:02:55	+01:39:58	18:18
18	305	Alexander Storms	Nelson Fitness Club Team 1	Senior Masculino	03:10:14	+01:47:17	19:01
19	311	Ricardo Pereira	Nelson Fitness Club Team 1	Senior Masculino	03:10:16	+01:47:19	19:02
20	304	Erwin Deen	Nelson Fitness Club Team 2	Senior Masculino	03:10:18	+01:47:21	19:02
21	306	Tom Rains	Nelson Fitness Club Team 3	Senior Masculino	03:10:26	+01:47:29	19:03
22	385	Tomé Fernandes	Jatapanho	Senior Masculino	03:12:29	+01:49:32	19:15
23	387	João Pedrosa	Jatapanho	Senior Masculino	03:12:31	+01:49:34	19:15

10 KM

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1245	Paulo Silva	unbroken box	Senior Masculino	01:23:33		08:21
2	1230	Francisco Gameiro	unbroken box	Senior Masculino	01:24:07	+00:33	08:25
3	1563	Ricardo Vieira	unbroken box	Senior Masculino	01:27:43	+04:09	08:46
4	1514	Joakim Pereira	teamliberty	Senior Masculino	01:40:22	+16:49	10:02
5	347	Tiago Cordeiro	37 team	Senior Masculino	01:42:33	+18:59	10:15
6	1659	Luís Faustino	ocr police team	Senior Masculino	01:43:48	+20:15	10:23
7	1198	Bruno Fernandes	individual	Senior Masculino	01:45:37	+22:03	10:34
8	1234	João Adriano	unbroken box	Senior Masculino	01:47:16	+23:42	10:44
9	1034	Mónica Rosa	wild frangus	Senior Feminino	01:47:18	+23:45	10:44
10	1250	Rúben Henriques	unbroken box	Senior Masculino	01:47:26	+23:52	10:45
11	1837	Samuel Pedrosa	remax inn	Senior Masculino	01:48:10	+24:37	10:49
12	1833	Pedro Marques	remax inn	Senior Masculino	01:48:11	+24:38	10:49
13	1830	Mary Brás	remax inn	Senior Feminino	01:48:12	+24:38	10:49
14	1835	Teresa Mesquita	remax inn	Senior Feminino	01:48:13	+24:40	10:49
15	1834	Sara Cunha	remax inn	Senior Feminino	01:48:14	+24:41	10:49
16	1831	Neuza Carvalho	remax inn	Senior Feminino	01:48:19	+24:45	10:50
17	1832	Pedro Ferraz	remax inn	Senior Masculino	01:48:19	+24:46	10:50
18	1825	Elisabete Oliveira	remax inn	Senior Feminino	01:48:22	+24:49	10:50
19	1836	Marco Marques	remax inn	Senior Masculino	01:48:25	+24:51	10:51
20	1824	Ana Rebola	remax inn	Senior Feminino	01:48:27	+24:53	10:51
21	1828	Humberto Oliveira	remax inn	Senior Masculino	01:48:29	+24:55	10:51
22	1190	Carlos Graça	o gordo vai à baliza	Senior Masculino	01:50:50	+27:17	11:05
23	1395	Lourenço Junior	viseu	Senior Masculino	01:55:45	+32:12	11:35
24	1460	Diogo Moreira	individual	Senior Masculino	01:55:46	+32:12	11:35
25	1374	Andre Esteves	individual	Senior Masculino	01:55:50	+32:17	11:35
26	1093	Pedro Correia	mata-bicho	Senior Masculino	01:56:05	+32:31	11:37
27	1094	Gonçalo Marques	mata-bicho	Senior Masculino	01:56:11	+32:38	11:37
28	1087	Vitaliy Hurskyy	mata-bicho	Senior Masculino	01:56:31	+32:58	11:39
29	1225	Carla Lourenço	unbroken box	Senior Feminino	01:56:49	+33:16	11:41
30	1249	Tiago Vieira	unbroken box	Senior Masculino	01:57:15	+33:42	11:44
31	1315	Bruno Alexandre Ribeiro	barraca crossfit team	Senior Masculino	02:00:57	+37:24	12:06
32	1157	Fábio Agostinho	individual	Senior Masculino	02:04:42	+41:09	12:28
33	1479	Paulo Duarte	xokinhas psp viseu	Senior Masculino	02:06:03	+42:30	12:36
34	1480	MANUEL COELHO	xokinhas psp viseu	Senior Masculino	02:06:03	+42:30	12:36
35	927	FREDERICO MARTINS	ab	Senior Masculino	02:06:15	+42:41	12:38
36	1165	GONÇALO SILVA	individual	Senior Masculino	02:06:57	+43:24	12:42
37	1752	Guilherme Azevedo	individual	Senior Masculino	02:07:43	+44:10	12:46
38	1090	Manuel Magalhães	100 limites	Senior Masculino	02:07:46	+44:13	12:47
39	1091	Tânia Pires	100 limites	Senior Feminino	02:07:50	+44:17	12:47
40	1092	Nuno Parreira	100 limites	Senior Masculino	02:07:53	+44:20	12:47
41	1192	João Andrade	individual	Senior Masculino	02:08:15	+44:42	12:50
42	1163	Paulo Loureiro	individual	Senior Masculino	02:09:47	+46:13	12:59

OVERALL - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	1653	Tiago Almeida	move martifer gym	Senior Masculino	02:10:45	+47:11	13:05
44	1857	Hildair Cuinala	move martifer gym	Senior Masculino	02:10:46	+47:12	13:05
45	1651	Gonalo Bandeira	move martifer gym	Senior Masculino	02:12:56	+49:23	13:18
46	1654	Hugo Bastos	move martifer gym	Senior Masculino	02:13:02	+49:29	13:18
47	1325	Pedro Roque	individual	Senior Masculino	02:13:07	+49:33	13:19
48	1652	Fbio Martins	move martifer gym	Senior Masculino	02:13:08	+49:35	13:19
49	1076	Libnia Pereira	#xaulaurateam	Senior Feminino	02:18:22	+54:49	13:50
50	1060	Elisabete Serm	#xaulaurateam	Senior Feminino	02:18:24	+54:51	13:50
51	1058	Tiago Nunes	#xaulaurateam	Senior Masculino	02:18:24	+54:51	13:50
52	1057	Sara Marques	#xaulaurateam	Senior Feminino	02:18:25	+54:51	13:51
53	1079	Manuel Simo	#xaulaurateam	Senior Masculino	02:18:25	+54:52	13:51
54	1062	Jorge Almeida	#xaulaurateam	Senior Masculino	02:18:26	+54:52	13:51
55	1059	Rui Rodrigues	#xaulaurateam	Senior Masculino	02:18:26	+54:52	13:51
56	1078	Filipa Brites	#xaulaurateam	Senior Feminino	02:18:27	+54:53	13:51
57	1061	Tiago Santos	#xaulaurateam	Senior Masculino	02:18:27	+54:53	13:51
58	1164	Paulo Martins	individual	Senior Masculino	02:18:51	+55:18	13:53
59	1097	Daniel Rodrigues	ocr portugal lab	Senior Masculino	02:18:51	+55:18	13:53
60	975	Jefferson Pinargote	individual	Senior Masculino	02:21:39	+58:06	14:10
61	1054	Csar Simes	tft spartan warriors & invictus	Senior Masculino	02:21:56	+58:22	14:12
62	1056	Paulo Peixoto	tft spartan warriors & invictus	Senior Masculino	02:21:56	+58:22	14:12
63	1053	Christophe Capito	tft spartan warriors & invictus	Senior Masculino	02:21:56	+58:23	14:12
64	1055	Eduardo Fonseca	tft spartan warriors & invictus	Senior Masculino	02:21:57	+58:23	14:12
65	1792	Helder Silva	marinha grande	Senior Masculino	02:22:04	+58:30	14:12
66	1005	Roberto Alves	maxigym	Senior Masculino	02:24:04	+01:00:31	14:24
67	1509	Jos Almeida	individual	Senior Masculino	02:24:09	+01:00:35	14:25
68	1349	Nuno Jesus	maxigym	Senior Masculino	02:24:16	+01:00:42	14:26
69	1557	Joana Maia	individual	Senior Feminino	02:25:08	+01:01:35	14:31
70	1515	Paulo Cesar Vicente	dream team	Senior Masculino	02:25:10	+01:01:36	14:31
71	1516	Neuza Costa	dream team	Senior Feminino	02:25:10	+01:01:37	14:31
72	1004	Filipe Ferreira	kruguer	Senior Masculino	02:25:24	+01:01:50	14:32
73	1363	Marlene Soares	freedom outdoor team	Senior Feminino	02:28:41	+01:05:08	14:52
74	942	Rui Miguel Caralinda Silva	ocr police team	Senior Masculino	02:28:43	+01:05:10	14:52
75	1085	Mrcia Sabio	m&m	Senior Feminino	02:29:02	+01:05:28	14:54
76	1357	Edna Soares	m&m	Senior Feminino	02:29:03	+01:05:30	14:54
77	1520	Rui Mendes	m&m	Senior Masculino	02:29:04	+01:05:31	14:54
78	1086	Maria Mendes	m&m	Senior Feminino	02:29:07	+01:05:34	14:55
79	1854	Jos Massa	individual	Senior Masculino	02:30:29	+01:06:56	15:03
80	1150	Ruben Gomes	individual	Senior Masculino	02:31:24	+01:07:50	15:08
81	1151	Catarina Rebimbas	individual	Senior Feminino	02:31:24	+01:07:51	15:08
82	1446	Pedro Marques	303	Senior Masculino	02:32:19	+01:08:46	15:14
83	1445	Ruben Carvalho	303	Senior Masculino	02:32:21	+01:08:47	15:14
84	1482	Fbio Mendes	303	Senior Masculino	02:32:24	+01:08:51	15:14
85	1176	Joo Moleirinho	individual	Senior Masculino	02:34:28	+01:10:54	15:27
86	1160	Mara Teixeira	fisicoloucura	Senior Feminino	02:34:28	+01:10:54	15:27
87	1159	Ins Pereira	fisicoloucura	Senior Feminino	02:34:28	+01:10:54	15:27
88	1258	Daniela Fonseca	viseu team	Senior Feminino	02:35:02	+01:11:29	15:30

OVERALL - STAGE 1

10 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
89	1257	Diogo Azevedo	viseu team	Senior Masculino	02:35:04	+01:11:30	15:30
90	1591	Tiago Rodrigues	individual	Senior Masculino	02:35:12	+01:11:39	15:31
91	1259	Simão Silva	viseu team	Senior Masculino	02:35:17	+01:11:43	15:32
92	1260	Rita Silva	viseu team	Senior Feminino	02:35:17	+01:11:43	15:32
93	967	Marco Filipe Ferreira COELHO	individual	Senior Masculino	02:35:21	+01:11:48	15:32
94	1256	Daniel Azevedo	viseu team	Senior Masculino	02:36:30	+01:12:56	15:39
95	1302	Telmo Franco	barraca crossfit team	Senior Masculino	02:38:43	+01:15:10	15:52
96	1297	Sergio Santos	individual	Senior Masculino	02:38:48	+01:15:14	15:53
97	1298	Pedro Batista	barraca crossfit team	Senior Masculino	02:38:49	+01:15:15	15:53
98	1328	Joana Lopes	individual	Senior Feminino	02:39:18	+01:15:45	15:56
99	977	Gonçalo Leão	lion brothers	Senior Masculino	02:39:43	+01:16:10	15:58
100	976	Tiago Leão	lion brothers	Senior Masculino	02:39:45	+01:16:12	15:59
101	1781	Tiago Santos	viriato crossfit	Senior Masculino	02:40:02	+01:16:28	16:00
102	1766	Luís Freitas	viriato crossfit	Senior Masculino	02:40:02	+01:16:29	16:00
103	1780	Miguel fonseca	viriato crossfit	Senior Masculino	02:40:04	+01:16:30	16:00
104	1778	Ricardo Gonçalves	viriato crossfit	Senior Masculino	02:40:05	+01:16:31	16:01
105	1777	Jose Gonçalves	viriato crossfit	Senior Masculino	02:40:06	+01:16:33	16:01
106	1776	António Feliciano	viriato crossfit	Senior Masculino	02:40:07	+01:16:34	16:01
107	1540	Paulo Mendes	invictus	Senior Masculino	02:41:27	+01:17:54	16:09
108	1539	Sara Mendes	invictus	Senior Feminino	02:41:28	+01:17:55	16:09
109	1546	Mariana Pinheiro	fitness factory leiria	Senior Feminino	02:41:59	+01:18:26	16:12
110	1753	Sérgio Duarte Duarte	dá-lhe gás psp leiria team	Senior Masculino	02:44:34	+01:21:00	16:27
111	1671	Cátia Santos	dá-lhe gás psp leiria team	Senior Feminino	02:44:36	+01:21:02	16:28
112	1116	Luís Gonçalves	individual	Senior Masculino	02:44:40	+01:21:06	16:28
113	1100	Helder Candido	individual	Senior Masculino	02:44:40	+01:21:07	16:28
114	1244	Paula Rodrigues	unbroken box	Senior Feminino	02:44:42	+01:21:09	16:28
115	1813	Carlos Martins	dá-lhe gás psp leiria team	Senior Masculino	02:44:43	+01:21:09	16:28
116	1723	Helder Fernandes	dá-lhe gás psp leiria team	Senior Masculino	02:44:45	+01:21:12	16:29
117	1253	Sofia Duarte	unbroken box	Senior Feminino	02:44:49	+01:21:16	16:29
118	1103	Rute Carreira	individual	Senior Feminino	02:44:52	+01:21:18	16:29
119	1102	Paulo Vieira	individual	Senior Masculino	02:44:54	+01:21:20	16:29
120	1129	Nelson Duarte Jesus	individual	Senior Masculino	02:44:57	+01:21:24	16:30
121	1240	Marta Pilré	unbroken box	Senior Feminino	02:45:00	+01:21:26	16:30
122	1104	Maria João Carreira	individual	Senior Feminino	02:45:13	+01:21:40	16:31
123	1099	Frederico José	frederico josé	Senior Masculino	02:45:17	+01:21:43	16:32
124	1175	Rodrigo Vieira	esdrm	Senior Masculino	02:45:26	+01:21:53	16:33
125	1174	Fábio Gonçalves	esdrm	Senior Masculino	02:45:28	+01:21:55	16:33
126	1239	Maria Pereira	unbroken box	Senior Feminino	02:45:30	+01:21:57	16:33
127	1232	Inês Santos	unbroken box	Senior Feminino	02:45:45	+01:22:11	16:35
128	1238	Luís Fidalgo	unbroken box	Senior Masculino	02:45:49	+01:22:16	16:35
129	1738	Patrícia Silva	#aminhamaenaodeixa	Senior Feminino	02:49:20	+01:25:47	16:56
130	1737	João Gaspar	#aminhamaenaodeixa	Senior Masculino	02:49:21	+01:25:48	16:56
131	1193	Marcio Eidt Fernandes	leiria	Senior Masculino	02:51:30	+01:27:57	17:09
132	1467	Ricardo Soares	fast but not furious v3.0	Senior Masculino	02:52:17	+01:28:44	17:14
133	1475	Mariana Castro	fast but not furious v3.0	Senior Feminino	02:52:18	+01:28:45	17:14
134	1477	Marcos Simões	fast but not furious v3.0	Senior Masculino	02:52:19	+01:28:46	17:14

OVERALL - STAGE 1

10 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
135	1473	Cátia Rodrigues	fast but not furious v3.0	Senior Feminino	02:52:21	+01:28:47	17:14
136	1468	Ana Carolina Xavier	fast but not furious v3.0	Senior Feminino	02:52:22	+01:28:48	17:14
137	1471	Alexandra Pereira	fast but not furious v3.0	Senior Feminino	02:52:23	+01:28:49	17:14
138	1474	Marco Manta	fast but not furious v3.0	Senior Masculino	02:52:25	+01:28:51	17:15
139	1675	Dionísio Gomes Mendes Mendes	fast but not furious v3.0	Senior Masculino	02:52:25	+01:28:51	17:15
140	1476	Fernando Almeida	fast but not furious v3.0	Senior Masculino	02:52:26	+01:28:53	17:15
141	1465	Mariana Martins	fast but not furious v3.0	Senior Feminino	02:52:29	+01:28:55	17:15
142	1472	Andreia Pinto	fast but not furious v3.0	Senior Feminino	02:52:29	+01:28:55	17:15
143	1466	Diogo Tavares	fast but not furious v3.0	Senior Masculino	02:52:30	+01:28:57	17:15
144	1478	Francisco Fonseca	not fast but furious	Senior Masculino	02:52:31	+01:28:57	17:15
145	1469	Tiago Sampaio	fast but not furious v3.0	Senior Masculino	02:52:41	+01:29:07	17:16
146	1470	Inês Aguiar	fast but not furious v3.0	Senior Feminino	02:52:41	+01:29:07	17:16
147	1507	Carlos Gabriel	sxl	Senior Masculino	02:53:34	+01:30:01	17:21
148	1392	Mauro Mendes	sxl	Senior Masculino	02:53:34	+01:30:01	17:21
149	1394	Marcio Claudino	sxl	Senior Masculino	02:53:35	+01:30:02	17:22
150	1393	Adriano Mendes	sxl	Senior Masculino	02:53:36	+01:30:02	17:22
151	1291	Vitor SANTOS	teamliberty	Senior Masculino	02:55:51	+01:32:17	17:35
152	1846	Leonardo Silva	individual	Senior Masculino	02:55:53	+01:32:20	17:35
153	1847	Hugo Freitas	individual	Senior Masculino	02:55:54	+01:32:20	17:35
154	1228	Barbara reis	unbroken box	Senior Feminino	02:58:34	+01:35:00	17:51
155	1252	Sandra Correia	unbroken box	Senior Feminino	02:58:34	+01:35:01	17:51
156	929	Olga Lucas	unbroken box	Senior Feminino	02:58:40	+01:35:06	17:52
157	1224	Bruno Carvalho	unbroken box	Senior Masculino	02:58:41	+01:35:07	17:52
158	1242	Francisco Fernandes	unbroken box	Senior Masculino	02:58:42	+01:35:09	17:52
159	1243	Patricia Rodriguez	unbroken box	Senior Feminino	02:58:43	+01:35:10	17:52
160	1246	Pedro Gonçalves	unbroken box	Senior Masculino	02:58:44	+01:35:10	17:52
161	1576	Alberto Henriques	cbrrunning clube desportivo de castelo branco	Senior Masculino	03:01:01	+01:37:28	18:06
162	1662	Pedro Ferreira	alquimia health club	Senior Masculino	03:03:10	+01:39:37	18:19
163	1661	Jeanduval Freitas	alquimia health club	Senior Masculino	03:03:12	+01:39:38	18:19
164	1663	Daniel Antunes	alquimia health club	Senior Masculino	03:03:16	+01:39:43	18:20
165	1709	Gabriel Ramos	alquimia health club	Senior Masculino	03:03:17	+01:39:44	18:20
166	1007	André Henriques	família	Senior Masculino	03:03:51	+01:40:17	18:23
167	1009	Daniel Franco	família	Senior Masculino	03:03:56	+01:40:23	18:24
168	1008	Christophe Silva	família	Senior Masculino	03:03:58	+01:40:24	18:24
169	1312	Luis Fontes	individual	Senior Masculino	03:05:59	+01:42:26	18:36
170	1313	André Mata	individual	Senior Masculino	03:06:02	+01:42:28	18:36
171	1439	Luis Silva	individual	Senior Masculino	03:06:23	+01:42:50	18:38
172	1513	Felipe Bento	ocr police team	Senior Masculino	03:06:27	+01:42:53	18:39
173	1458	Carlos Santos	ocr police team	Senior Masculino	03:06:27	+01:42:53	18:39
174	1311	Paulo Monteiro	individual	Senior Masculino	03:06:35	+01:43:01	18:40
175	1656	Rita Pereira	individual	Senior Feminino	03:06:37	+01:43:04	18:40
176	1077	João Paulo Pereira Valério	individual	Senior Masculino	03:06:38	+01:43:04	18:40
177	1006	Luis Coelho	família	Senior Masculino	03:07:00	+01:43:27	18:42
178	1795	Jorge Coutinho	ba	Senior Masculino	03:07:52	+01:44:19	18:47
179	1794	Alexandre Blanco	ba	Senior Masculino	03:07:53	+01:44:20	18:47

10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
180	911	Martinha Silva	teamliberty	Senior Feminino	03:08:07	+01:44:34	18:49
181	1187	André Delgado	the warriors	Senior Masculino	03:08:10	+01:44:37	18:49
182	1188	Leandro Delgado	the warriors	Senior Masculino	03:08:12	+01:44:38	18:49
183	1127	André Miguel Monteiro	asa team	Senior Masculino	03:09:11	+01:45:37	18:55
184	1149	Sandra Simões	asa team	Senior Feminino	03:09:11	+01:45:37	18:55
185	1128	Ana Garcia	asa team	Senior Feminino	03:09:12	+01:45:39	18:55
186	1521	Joel Mendes	individual	Senior Masculino	03:10:04	+01:46:30	19:00
187	1631	Rui Reis	crossfit leiria	Senior Masculino	03:10:17	+01:46:43	19:02
188	1400	Hugo Grilo	seta nz	Senior Masculino	03:10:22	+01:46:48	19:02
189	1629	Pedro Mendes	crossfit leiria	Senior Masculino	03:10:22	+01:46:48	19:02
190	1402	Tiago Barbosa	seta nz	Senior Masculino	03:10:22	+01:46:49	19:02
191	1600	Gustavo Bento	crossfit leiria	Senior Masculino	03:10:23	+01:46:49	19:02
192	1398	Leonel Calixto	seta nz	Senior Masculino	03:10:24	+01:46:51	19:02
193	1401	Raimundo Felismina	seta nz	Senior Masculino	03:10:26	+01:46:52	19:03
194	1399	Carlos Custódio	seta nz	Senior Masculino	03:10:29	+01:46:55	19:03
195	1024	Gonçalo Martins	individual	Senior Masculino	03:10:42	+01:47:08	19:04
196	1111	Fabiana Tomás	adsumus	Senior Feminino	03:10:44	+01:47:11	19:04
197	1108	Ricardo Costa	adsumus	Senior Masculino	03:10:45	+01:47:11	19:05
198	1110	Ana Neto	adsumus	Senior Feminino	03:10:47	+01:47:13	19:05
199	1112	Patrícia Domingues	adsumus	Senior Feminino	03:10:47	+01:47:14	19:05
200	1113	Susana Pereira	adsumus	Senior Feminino	03:10:48	+01:47:14	19:05
201	1114	Inês Lopes	adsumus	Senior Feminino	03:10:49	+01:47:15	19:05
202	1109	Patrício Pinto	adsumus	Senior Masculino	03:10:51	+01:47:17	19:05
203	1072	Angelo Peixoto	individual	Senior Masculino	03:10:52	+01:47:18	19:05
204	1635	Walter Ferreira	crossfit leiria	Senior Masculino	03:11:00	+01:47:27	19:06
205	1577	Bernardo Figueirôa	be the change	Senior Masculino	03:11:03	+01:47:29	19:06
206	1578	João Teodosio	be the change	Senior Masculino	03:11:04	+01:47:31	19:06
207	1579	Frederico Silva	be the change	Senior Masculino	03:11:06	+01:47:32	19:07
208	1581	César Vieira	be the change	Senior Masculino	03:11:07	+01:47:34	19:07
209	1580	Francisco Teodósio	be the change	Senior Masculino	03:11:09	+01:47:35	19:07
210	1841	Ricardo Pereira	bithechange	Senior Masculino	03:11:10	+01:47:36	19:07
211	1583	Nuno Figueirôa	be the change	Senior Masculino	03:11:15	+01:47:42	19:08
212	1584	Lourenço Figueirôa	be the change	Senior Masculino	03:11:17	+01:47:43	19:08
213	1582	Wilson Pedroso	be the change	Senior Masculino	03:11:19	+01:47:45	19:08
214	1634	Luís Santos	ocr police team	Senior Masculino	03:11:24	+01:47:50	19:08
215	1633	Tiago Santos	crossfit leiria	Senior Masculino	03:11:54	+01:48:21	19:11
216	1247	Nuno Santos	os flechas	Senior Masculino	03:12:03	+01:48:29	19:12
217	1354	Flávio Custodio	os flechas	Senior Masculino	03:12:05	+01:48:31	19:13
218	916	Jorge Morais	teamliberty	Senior Masculino	03:12:23	+01:48:50	19:14
219	1213	Dália Maria Carreira Silva	pombal	Senior Feminino	03:12:38	+01:49:04	19:16
220	1214	Manuel Portela	pombal	Senior Masculino	03:12:38	+01:49:05	19:16
221	1272	Flávio Marques	individual	Senior Masculino	03:12:47	+01:49:14	19:17
222	1632	Ricardo Gaspar	crossfit leiria	Senior Masculino	03:12:54	+01:49:21	19:17
223	1505	Susana Silva	teamliberty	Senior Feminino	03:13:08	+01:49:34	19:19
224	1010	Giovanni Ferreira	individual	Senior Masculino	03:13:38	+01:50:05	19:22
225	906	António Silva	duros do aço	Senior Masculino	03:14:01	+01:50:28	19:24

10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
226	907	Jean Ribeiro	duros do aço	Senior Masculino	03:14:01	+01:50:28	19:24
227	1107	Diana Rodrigues	os atrasados	Senior Feminino	03:15:47	+01:52:13	19:35
228	1115	Marco Afonso	os atrasados	Senior Masculino	03:15:50	+01:52:16	19:35
229	1162	Luís Ribeiro	os atrasados	Senior Masculino	03:15:52	+01:52:19	19:35
230	1527	Nuno Santos	falco team	Senior Masculino	03:16:23	+01:52:50	19:38
231	1525	Marlene Bernardino	falco team	Senior Feminino	03:16:24	+01:52:51	19:38
232	1524	Marisa Bernardino	falco team	Senior Feminino	03:16:25	+01:52:52	19:39
233	1526	Ivo Almeida	falco team	Senior Masculino	03:16:26	+01:52:52	19:39
234	1178	Filipa Cristina Neves	capoeira de s. miguel	Senior Feminino	03:16:55	+01:53:22	19:42
235	1609	Nuno Mota	crossfit leiria	Senior Masculino	03:16:56	+01:53:22	19:42
236	1204	Filipa Grave	capoeira de s. miguel	Senior Feminino	03:16:58	+01:53:25	19:42
237	1191	Sofia Ribeiro	capoeira de s. miguel	Senior Feminino	03:17:06	+01:53:32	19:43
238	1033	Eduardo Santos	wild frangus	Senior Masculino	03:17:45	+01:54:11	19:47
239	1036	Jorge Faisca	wild frangus	Senior Masculino	03:17:56	+01:54:22	19:48
240	1018	Rita Filipe	wild frangus	Senior Feminino	03:18:04	+01:54:31	19:48
241	1015	Ângela Oliveira	wild frangus	Senior Feminino	03:18:08	+01:54:35	19:49
242	1026	Luis Faria	wild frangus	Senior Masculino	03:18:12	+01:54:38	19:49
243	1025	Carla Lagoa	wild frangus	Senior Feminino	03:18:13	+01:54:40	19:49
244	1038	Sofia Costa	wild frangus	Senior Feminino	03:18:14	+01:54:40	19:49
245	1037	André Pedro	wild frangus	Senior Masculino	03:18:14	+01:54:41	19:49
246	1027	Jessica Felix	wild frangus	Senior Feminino	03:18:16	+01:54:42	19:50
247	1011	Victor Ferreira	wild frangus	Senior Masculino	03:18:21	+01:54:47	19:50
248	1849	Gisele Brito	wild frangus	Senior Feminino	03:18:23	+01:54:49	19:50
249	1371	Ana Sousa	wild frangus	Senior Feminino	03:18:24	+01:54:51	19:50
250	1029	Shérída Pedrosa	wild frangus	Senior Feminino	03:18:27	+01:54:53	19:51
251	1030	Ana Fonseca	wild frangus	Senior Feminino	03:18:32	+01:54:58	19:51
252	1035	Patricia Henriques	wild frangus	Senior Feminino	03:18:34	+01:55:01	19:51
253	1039	Patricia Pedroso	wild frangus	Senior Feminino	03:18:38	+01:55:04	19:52
254	1851	João Valério	wild frangus	Senior Masculino	03:18:39	+01:55:05	19:52
255	1263	Dino Valério	wild frangus	Senior Masculino	03:18:41	+01:55:07	19:52
256	1022	Natércia Franco	wild frangus	Senior Feminino	03:18:52	+01:55:18	19:53
257	1028	Cristiana Santos	wild frangus	Senior Feminino	03:18:55	+01:55:21	19:54
258	1649	Leonel Almeida	crossfit leiria	Senior Masculino	03:19:26	+01:55:53	19:57
259	1021	Ricardo Lebre	wild frangus	Senior Masculino	03:19:46	+01:56:13	19:59
260	1014	Cláudia Vitorino	wild frangus	Senior Feminino	03:19:54	+01:56:20	19:59
261	1016	Luis Vitorino	wild frangus	Senior Masculino	03:19:57	+01:56:23	20:00
262	1017	Pedro Reis	wild frangus	Senior Masculino	03:20:02	+01:56:29	20:00
263	1042	Nuno Sousa	wild frangus	Senior Masculino	03:20:03	+01:56:29	20:00
264	1019	Telmo Serrão	wild frangus	Senior Masculino	03:20:08	+01:56:34	20:01
265	941	Marisa Santos	amigos 100 limites	Senior Feminino	03:20:29	+01:56:56	20:03
266	1497	Tiago Gaspar	encosta n'tasca	Senior Masculino	03:20:29	+01:56:56	20:03
267	1496	Andreia Jesus	encosta n'tasca	Senior Feminino	03:20:30	+01:56:57	20:03
268	935	Pedro Silva	amigos 100 limites	Senior Masculino	03:20:30	+01:56:57	20:03
269	1541	Daniela Vieira	encosta n'tasca	Senior Feminino	03:20:30	+01:56:57	20:03
270	1498	Jorge Moura	encosta n'tasca	Senior Masculino	03:20:35	+01:57:01	20:04
271	1156	Nelson Pedroso	wild frangus	Senior Masculino	03:21:18	+01:57:44	20:08

10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
272	1387	Kevin Gaspar	wild frangus	Senior Masculino	03:22:01	+01:58:27	20:12
273	1043	Tiago Reis	wild frangus	Senior Masculino	03:22:02	+01:58:28	20:12
274	1041	Vânia Gomes	wild frangus	Senior Feminino	03:22:03	+01:58:29	20:12
275	1561	João Carreira	unbroken box	Senior Masculino	03:22:09	+01:58:36	20:13
276	1562	Mariana Silva	unbroken box	Senior Feminino	03:22:10	+01:58:37	20:13
277	1735	David Vieira	os covas	Senior Masculino	03:22:16	+01:58:43	20:14
278	1736	Filipe Vieira	os covas	Senior Masculino	03:22:20	+01:58:47	20:14
279	1040	Tiago Vieira	os covas	Senior Masculino	03:22:21	+01:58:47	20:14
280	915	Huguinho Brito	teamliberty	Senior Masculino	03:24:56	+02:01:22	20:30
281	1289	Hugo rocha	teamliberty	Senior Masculino	03:24:56	+02:01:23	20:30
282	1444	Inês Resende Santos	crossfit lusiadas	Senior Feminino	03:25:03	+02:01:29	20:30
283	1423	David Silva	crossfit lusiadas	Senior Masculino	03:25:03	+02:01:30	20:30
284	1531	Vítor Pereira	crossfit lusiadas	Senior Masculino	03:25:05	+02:01:32	20:31
285	1275	Carolina Martins	crossfit lusiadas	Senior Feminino	03:25:06	+02:01:33	20:31
286	1044	Bruno Miguel Branco	crossfit lusiadas	Senior Masculino	03:25:07	+02:01:33	20:31
287	1045	Tiago Branco	crossfit lusiadas	Senior Masculino	03:25:08	+02:01:34	20:31
288	1713	Sandra Dias	crossfit lusiadas	Senior Feminino	03:25:09	+02:01:35	20:31
289	1350	Sofia Figueiredo	crossfit lusiadas	Senior Feminino	03:25:10	+02:01:36	20:31
290	1484	Cláudio Barroca	crossfit lusiadas	Senior Masculino	03:25:10	+02:01:37	20:31
291	1800	Christian Alvarado	crossfit lusiadas	Senior Masculino	03:25:11	+02:01:37	20:31
292	1714	Henrique Dias	crossfit lusiadas	Senior Masculino	03:25:12	+02:01:38	20:31
293	1538	Daniel Leitão	crossfit lusiadas	Senior Masculino	03:25:15	+02:01:42	20:32
294	1081	Raquel Santos	lfo&friends	Senior Feminino	03:26:22	+02:02:48	20:38
295	1080	Telma Lopes	lfo&friends	Senior Feminino	03:26:22	+02:02:49	20:38
296	1848	Nelson Rodrigues	lfo	Senior Masculino	03:26:24	+02:02:51	20:38
297	1082	Jorge Alves	lfo&friends	Senior Masculino	03:26:28	+02:02:54	20:39
298	931	Cláudia Silva	amigos 100 limites	Senior Feminino	03:27:05	+02:03:31	20:43
299	937	Rosa Costa	amigos 100 limites	Senior Feminino	03:27:08	+02:03:34	20:43
300	934	Maria Ferreira	amigos 100 limites	Senior Feminino	03:27:08	+02:03:35	20:43
301	1856	Lara Serafim	mal paridos	Senior Feminino	03:27:08	+02:03:35	20:43
302	939	Vanessa Santos	amigos 100 limites	Senior Feminino	03:27:09	+02:03:35	20:43
303	1063	Cláudia Pereira	amigos 100 limites	Senior Feminino	03:27:09	+02:03:35	20:43
304	1064	Bruno Pereira	amigos 100 limites	Senior Masculino	03:27:19	+02:03:45	20:44
305	930	Alcino Silva	amigos 100 limites	Senior Masculino	03:27:19	+02:03:46	20:44
306	933	Flávio Teixeira	amigos 100 limites	Senior Masculino	03:27:21	+02:03:48	20:44
307	1732	Filipa Matias	zztop	Senior Feminino	03:27:47	+02:04:14	20:47
308	1855	Dário Anjos	mal paridos	Senior Masculino	03:27:48	+02:04:14	20:47
309	1733	Pedro Montez	zztop	Senior Masculino	03:27:50	+02:04:16	20:47
310	1734	Daniela Ramos	zztop	Senior Feminino	03:27:52	+02:04:18	20:47
311	982	andré santos	zztop	Senior Masculino	03:27:54	+02:04:21	20:47
312	991	Bruno Brás	individual	Senior Masculino	03:27:57	+02:04:23	20:48
313	992	Madalena Santos	individual	Senior Feminino	03:27:58	+02:04:25	20:48
314	1747	Marlon Mateus	zztop	Senior Masculino	03:28:01	+02:04:27	20:48
315	940	Joana Silva	zztop	Senior Feminino	03:28:02	+02:04:29	20:48
316	986	Tiago Ruivo	ó da guarda	Senior Masculino	03:28:13	+02:04:40	20:49
317	987	Ana Sousa	ó da guarda	Senior Feminino	03:28:13	+02:04:40	20:49

OVERALL - STAGE 1

10 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
318	988	Laura Ruivo	ó da guarda	Senior Feminino	03:28:15	+02:04:41	20:50
319	1506	José Fernandes	individual	Senior Masculino	03:28:46	+02:05:13	20:53
320	1457	Joana MARINHO	individual	Senior Feminino	03:28:49	+02:05:15	20:53
321	1572	Mauro Trindade	individual	Senior Masculino	03:29:13	+02:05:40	20:55
322	1570	Renato Duarte	renas	Senior Masculino	03:29:15	+02:05:42	20:56
323	980	Luis Leitão	glinkato	Senior Masculino	03:29:36	+02:06:02	20:58
324	979	Pedro Gonçalves	glinkato	Senior Masculino	03:29:36	+02:06:02	20:58
325	1278	Vitor Brás	aves negras	Senior Masculino	03:29:36	+02:06:03	20:58
326	1277	Rafael Ferreira	aves negras	Senior Masculino	03:29:37	+02:06:03	20:58
327	978	José Gonçalves	glinkato	Senior Masculino	03:29:37	+02:06:03	20:58
328	1343	Carlos Marques	glinkato	Senior Masculino	03:29:37	+02:06:04	20:58
329	921	Joana alves	velha guarda e seus emplastos	Senior Feminino	03:30:20	+02:06:47	21:02
330	920	Carla Pereira	velha guarda e seus emplastos	Senior Feminino	03:30:21	+02:06:47	21:02
331	924	Catarina santos	velha guarda e seus emplastos	Senior Feminino	03:30:22	+02:06:48	21:02
332	919	Filipa Loureiro	velha guarda e seus emplastos	Senior Feminino	03:30:22	+02:06:49	21:02
333	926	Carolina Ferreira	velha guarda e seus emplastos	Senior Feminino	03:30:25	+02:06:51	21:03
334	925	Stephane Rodrigues	velha guarda e seus emplastos	Senior Masculino	03:30:26	+02:06:52	21:03
335	922	Mickael Martins	velha guarda e seus emplastos	Senior Masculino	03:30:27	+02:06:54	21:03
336	923	Bruno dias	velha guarda e seus emplastos	Senior Masculino	03:30:28	+02:06:54	21:03
337	1529	Carlos Vieira	falco team	Senior Masculino	03:30:38	+02:07:04	21:04
338	1530	Marcelo Lopes	falco team	Senior Masculino	03:30:38	+02:07:05	21:04
339	1411	Ana Rita Matos	individual	Senior Feminino	03:30:46	+02:07:12	21:05
340	1528	Daniela Bernardo	falco team	Senior Feminino	03:30:46	+02:07:12	21:05
341	1412	Francisco Pereira	individual	Senior Masculino	03:30:46	+02:07:12	21:05
342	1166	João Baptista	entrevados	Senior Masculino	03:31:11	+02:07:37	21:07
343	1171	João Santos	entrevados	Senior Masculino	03:31:12	+02:07:38	21:07
344	1167	Ricardo Tavares	entrevados	Senior Masculino	03:31:13	+02:07:39	21:07
345	1172	Dinis Santiago	entrevados	Senior Masculino	03:31:14	+02:07:40	21:07
346	1502	NÁDIA DANIELA DE SIMÕES	róódinhas-santos silva / oxygen-gym & fitness	Senior Feminino	03:31:18	+02:07:45	21:08
347	1168	Tiago Nave	entrevados	Senior Masculino	03:31:19	+02:07:46	21:08
348	1169	Ricardo Dias	entrevados	Senior Masculino	03:31:21	+02:07:48	21:08
349	938	João Cartas	2esquerdo	Senior Masculino	03:32:25	+02:08:52	21:15
350	932	Diogo Moreira	2esquerdo	Senior Masculino	03:32:26	+02:08:52	21:15
351	1809	Luis Ribas	individual	Senior Masculino	03:33:14	+02:09:40	21:19
352	1808	Maria Alexandra Maia	individual	Senior Feminino	03:33:15	+02:09:41	21:20
353	1223	André Silva	unbroken box	Senior Masculino	03:33:42	+02:10:09	21:22
354	1712	Cláudia Fortuna	unbroken box	Senior Feminino	03:33:42	+02:10:09	21:22
355	1451	Bruno Franco	furamato	Senior Masculino	03:33:54	+02:10:21	21:23
356	1450	Joana Nunes	furamato	Senior Feminino	03:33:57	+02:10:23	21:24
357	1455	Ana Franco	furamato	Senior Feminino	03:33:58	+02:10:24	21:24
358	1456	Nadejda Bocancea	furamato	Senior Feminino	03:33:58	+02:10:25	21:24
359	1453	Claudia Nunes	individual	Senior Feminino	03:33:59	+02:10:26	21:24
360	1721	Cátia Ferreira	individual	Senior Feminino	03:34:05	+02:10:32	21:25
361	1722	Emanuel Dias	individual	Senior Masculino	03:34:06	+02:10:32	21:25
362	1597	Cristiano Siopa	bombeiros voluntários alcobaca	Senior Masculino	03:34:07	+02:10:33	21:25

10 KM

OFFICIAL RESULT

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Official Timekeeper: Lap2Go	9 / 19	generate 09-Jun-2019 15:15
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10 KM

OFFICIAL RESULT

Official Timekeeper: Lap2Go	10 / 19	generate 09-Jun-2019 15:15
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10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
455	1182	Tomás Vieira	indecisos	Senior Masculino	03:44:21	+02:20:48	22:26
456	1183	Rafael Quiterio	indecisos	Senior Masculino	03:44:32	+02:20:59	22:27
457	1248	Ricardo Branco	unbroken box	Senior Masculino	03:44:37	+02:21:03	22:28
458	1669	Justien De Bus	suélinetes	Senior Feminino	03:44:53	+02:21:19	22:29
459	1665	Marisa Santos	suélinetes	Senior Feminino	03:44:55	+02:21:21	22:30
460	1666	Nuno Castro	suélinetes	Senior Masculino	03:44:57	+02:21:24	22:30
461	1664	Nádia Santos	suélinetes	Senior Feminino	03:45:00	+02:21:26	22:30
462	1667	Catarina Simão	suélinetes	Senior Feminino	03:45:01	+02:21:27	22:30
463	1668	Maria Sousa	suélinetes	Senior Feminino	03:45:04	+02:21:30	22:30
464	1670	Álvaro Pereira	suélinetes	Senior Masculino	03:45:05	+02:21:31	22:31
465	1233	Inês Piedade	unbroken box	Senior Feminino	03:45:05	+02:21:32	22:31
466	1560	Vítor Simões	unbroken box	Senior Masculino	03:45:05	+02:21:32	22:31
467	1251	Rui Bruno	unbroken box	Senior Masculino	03:45:14	+02:21:41	22:31
468	1227	Filipe Afoito	unbroken box	Senior Masculino	03:45:15	+02:21:41	22:32
469	1672	Jorge Araújo	bala	Senior Masculino	03:46:45	+02:23:12	22:41
470	1673	Ricardo Silva	bala	Senior Masculino	03:46:46	+02:23:13	22:41
471	1287	Andreia Fonseca	teamliberty	Senior Feminino	03:49:04	+02:25:30	22:54
472	1290	Liliana Fonseca	teamliberty	Senior Feminino	03:49:07	+02:25:34	22:55
473	1285	Patricia Fonseca	teamliberty	Senior Feminino	03:49:08	+02:25:35	22:55
474	1280	Patricia Borges	teamliberty	Senior Feminino	03:49:10	+02:25:36	22:55
475	1842	Nádia Oliveira	teamliberty	Senior Feminino	03:49:16	+02:25:42	22:56
476	1288	Paulo costa	teamliberty	Senior Masculino	03:49:17	+02:25:44	22:56
477	1425	Pedro Matos	batalhão crossgym	Senior Masculino	03:49:42	+02:26:09	22:58
478	1426	Ricardo Vaz	batalhão crossgym	Senior Masculino	03:49:43	+02:26:09	22:58
479	1424	Clotilde Santos	batalhão crossgym	Senior Feminino	03:49:48	+02:26:14	22:59
480	1431	Diogo Carmo	batalhão crossgym	Senior Masculino	03:49:51	+02:26:17	22:59
481	1428	Rui Valente	batalhão crossgym	Senior Masculino	03:49:52	+02:26:18	22:59
482	1430	José luís Silva	batalhão crossgym	Senior Masculino	03:49:53	+02:26:20	22:59
483	1427	Tiago Penim	batalhão crossgym	Senior Masculino	03:49:54	+02:26:20	22:59
484	1429	Fábio Cardoso	batalhão crossgym	Senior Masculino	03:49:54	+02:26:21	22:59
485	1209	Pedro Gonçalves	olinelo confecções	Senior Masculino	03:49:55	+02:26:22	23:00
486	1211	Fernando Godinho	olinelo confecções	Senior Masculino	03:49:55	+02:26:22	23:00
487	1210	Nelson Marques	olinelo confecções	Senior Masculino	03:49:57	+02:26:23	23:00
488	1390	Daniela Sousa	filhos da pauta	Senior Feminino	03:50:11	+02:26:37	23:01
489	1391	Luís Marques	filhos da pauta	Senior Masculino	03:50:13	+02:26:39	23:01
490	1486	David Carvalho	filhos da pauta	Senior Masculino	03:50:13	+02:26:39	23:01
491	1389	Rafael Pereira	filhos da pauta	Senior Masculino	03:50:17	+02:26:44	23:02
492	1545	André Vieira	new ground fitness	Senior Masculino	03:50:42	+02:27:09	23:04
493	1522	Israel Emerson Nascimento	leiria	Senior Masculino	03:50:42	+02:27:09	23:04
494	1549	Alexandra Fernandes	new ground fitness	Senior Feminino	03:50:44	+02:27:11	23:04
495	1534	Rafaela Moreira	new ground fitness	Senior Feminino	03:50:47	+02:27:14	23:05
496	1544	Filipa Couto	new ground fitness	Senior Feminino	03:50:47	+02:27:14	23:05
497	1200	Inês Capaz	ekma	Senior Feminino	03:50:49	+02:27:15	23:05
498	1573	João Duarte	new ground fitness	Senior Masculino	03:50:49	+02:27:16	23:05
499	1575	Jorge Formiga	individual	Senior Masculino	03:50:50	+02:27:17	23:05
500	1201	Tania Ferreira	ekma	Senior Feminino	03:50:50	+02:27:17	23:05

10 KM

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Official Timekeeper: Lap2Go	12 / 19	generate 09-Jun-2019 15:15
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10 KM

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Official Timekeeper: Lap2Go	13 / 19	generate 09-Jun-2019 15:15
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10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
593	1500	Miguel Vieira	fitness factory	Senior Masculino	04:03:49	+02:40:15	24:23
594	1838	Ana Amorim	fitness factory leiria	Senior Feminino	04:03:52	+02:40:18	24:23
595	1153	Elisa Ferreira	os atrasados	Senior Feminino	04:05:32	+02:41:58	24:33
596	1121	Clara Antunes	os atrasados	Senior Feminino	04:05:32	+02:41:58	24:33
597	1117	Cristina Clemente	os atrasados	Senior Feminino	04:05:34	+02:42:00	24:33
598	1106	Carla Cantante	os atrasados	Senior Feminino	04:05:34	+02:42:01	24:33
599	1499	José Ferreira	os atrasados	Senior Masculino	04:05:36	+02:42:03	24:34
600	1801	Iolanda Pereira	os atrasados	Senior Feminino	04:05:37	+02:42:03	24:34
601	1173	Mélanie Pinto	os atrasados	Senior Feminino	04:05:38	+02:42:04	24:34
602	1554	Ulisses Marques	os atrasados	Senior Masculino	04:05:39	+02:42:05	24:34
603	1105	Daniel Pinto	os atrasados	Senior Masculino	04:05:39	+02:42:06	24:34
604	1177	Hélder Roque	os atrasados	Senior Masculino	04:05:40	+02:42:06	24:34
605	1798	João Antunes	os atrasados	Senior Masculino	04:05:40	+02:42:07	24:34
606	1690	Pedro Vicente	crossfit marinha grande	Senior Masculino	04:06:12	+02:42:39	24:37
607	1689	Alexandra Remigio	crossfit marinha grande	Senior Feminino	04:06:12	+02:42:39	24:37
608	1692	Tiago Ferreira	crossfit marinha grande	Senior Masculino	04:06:13	+02:42:39	24:37
609	1683	Carlos Ferreira	crossfit marinha grande	Senior Masculino	04:06:13	+02:42:39	24:37
610	1810	Adriana Perfeito	crossfit marinha grande	Senior Feminino	04:06:14	+02:42:41	24:38
611	1693	Inês Costeira	crossfit marinha grande	Senior Feminino	04:06:16	+02:42:43	24:38
612	1700	Francisco Gracio	crossfit marinha grande	Senior Masculino	04:06:18	+02:42:44	24:38
613	1686	Nuno Pedro	crossfit marinha grande	Senior Masculino	04:06:19	+02:42:45	24:38
614	1811	Micaela Nunes	crossfit marinha grande	Senior Feminino	04:06:19	+02:42:46	24:38
615	1696	Ana Abreu	crossfit marinha grande	Senior Feminino	04:06:21	+02:42:47	24:38
616	1679	Joana Cardal	crossfit marinha grande	Senior Feminino	04:06:22	+02:42:48	24:38
617	1684	Ines Coelho	crossfit marinha grande	Senior Feminino	04:06:23	+02:42:50	24:38
618	1269	José Costa	individual	Senior Masculino	04:06:25	+02:42:51	24:39
619	1770	Diogo Costa	viriato crossfit	Senior Masculino	04:06:28	+02:42:55	24:39
620	901	Natália Marques	viemos pelas vistas	Senior Feminino	04:06:28	+02:42:55	24:39
621	902	Alexandre Sousa	viemos pelas vistas	Senior Masculino	04:06:30	+02:42:56	24:39
622	900	João Pereira	viemos pelas vistas	Senior Masculino	04:06:30	+02:42:57	24:39
623	903	Inês Marcelino	viemos pelas vistas	Senior Feminino	04:06:31	+02:42:57	24:39
624	1769	Christine Antunes	viriato crossfit	Senior Feminino	04:06:31	+02:42:57	24:39
625	904	Eduardo Massena	viemos pelas vistas	Senior Masculino	04:06:32	+02:42:59	24:39
626	1772	Virgínia Antunes	viriato crossfit	Senior Feminino	04:06:32	+02:42:59	24:39
627	1740	Rita Brimbote	ativefit	Senior Feminino	04:06:36	+02:43:03	24:40
628	1745	Andre Silva	ativefit	Senior Masculino	04:06:37	+02:43:03	24:40
629	1741	Emanuel Delgado	ativefit	Senior Masculino	04:06:38	+02:43:04	24:40
630	1739	Daniel Gaspar	ativefit	Senior Masculino	04:06:38	+02:43:04	24:40
631	1771	Gisela Crespo	viriato crossfit	Senior Feminino	04:06:41	+02:43:08	24:40
632	1774	Ricardo Costa	viriato crossfit	Senior Masculino	04:06:43	+02:43:09	24:40
633	1217	Catarina Viegas	papa-reforços	Senior Feminino	04:06:46	+02:43:12	24:41
634	1775	Gonçalo Pita	viriato crossfit	Senior Masculino	04:06:46	+02:43:12	24:41
635	1216	Mauro Pereira	papa-reforços	Senior Masculino	04:06:46	+02:43:13	24:41
636	1219	Sandro Remigio	papa-reforços	Senior Masculino	04:06:48	+02:43:15	24:41
637	1767	Sandra Antunes	viriato crossfit	Senior Feminino	04:06:49	+02:43:15	24:41
638	1773	João Filipe	viriato crossfit	Senior Masculino	04:06:49	+02:43:16	24:41

OVERALL - STAGE 1

10 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
639	1768	Oleh Novak	viriato crossfit	Senior Masculino	04:06:49	+02:43:16	24:41
640	1779	Marcos Brandão	viriato crossfit	Senior Masculino	04:06:50	+02:43:17	24:41
641	1220	Tânia Carvalheiro	papa-reforços	Senior Feminino	04:06:51	+02:43:18	24:41
642	1627	Rute Ribeiro	crossfit leiria	Senior Feminino	04:07:01	+02:43:28	24:42
643	1612	João Pedrosa	crossfit leiria	Senior Masculino	04:07:02	+02:43:29	24:42
644	1624	Liliana Abreu	crossfit leiria	Senior Feminino	04:07:04	+02:43:30	24:42
645	1636	Alina Matasova	crossfit leiria	Senior Feminino	04:07:04	+02:43:31	24:42
646	1639	Marco Bernardo	crossfit leiria	Senior Masculino	04:07:05	+02:43:31	24:43
647	1644	Ricardo Almeida	crossfit leiria	Senior Masculino	04:07:06	+02:43:32	24:43
648	1608	Ricardo Mendes	crossfit leiria	Senior Masculino	04:07:06	+02:43:33	24:43
649	1648	Valter Lisboa	crossfit leiria	Senior Masculino	04:07:06	+02:43:33	24:43
650	1645	Sónia Timóteo	crossfit leiria	Senior Feminino	04:07:08	+02:43:34	24:43
651	1646	Ivo Santos	crossfit leiria	Senior Masculino	04:07:08	+02:43:35	24:43
652	1643	Frederico Neves	crossfit leiria	Senior Masculino	04:07:08	+02:43:35	24:43
653	1607	Carina Jesus	crossfit leiria	Senior Feminino	04:07:09	+02:43:35	24:43
654	1628	Telma Bento	crossfit leiria	Senior Feminino	04:07:09	+02:43:35	24:43
655	1642	Flávio Neves	crossfit leiria	Senior Masculino	04:07:10	+02:43:36	24:43
656	1647	Ivan Silva	crossfit leiria	Senior Masculino	04:07:10	+02:43:37	24:43
657	1606	Rita Lucas	crossfit leiria	Senior Feminino	04:07:11	+02:43:38	24:43
658	1613	Vanda Ferreira	crossfit leiria	Senior Feminino	04:07:12	+02:43:38	24:43
659	1621	Susana Repolho	crossfit leiria	Senior Feminino	04:07:13	+02:43:39	24:43
660	1605	Bruno Sequeira	crossfit leiria	Senior Masculino	04:07:13	+02:43:40	24:43
661	1626	Marco Cordeiro	crossfit leiria	Senior Masculino	04:07:13	+02:43:40	24:43
662	1601	Armando Melo	crossfit leiria	Senior Masculino	04:07:14	+02:43:41	24:43
663	1650	Catarina Ferreira	crossfit leiria	Senior Feminino	04:07:16	+02:43:42	24:44
664	1614	Pedro Oliveira	crossfit leiria	Senior Masculino	04:07:16	+02:43:43	24:44
665	1615	Bárbara Piazzentim	crossfit leiria	Senior Feminino	04:07:17	+02:43:43	24:44
666	1637	Carlos Sequeira	crossfit leiria	Senior Masculino	04:07:18	+02:43:45	24:44
667	1625	André Fidalgo	crossfit leiria	Senior Masculino	04:07:19	+02:43:45	24:44
668	1620	Daniela Ferreira	crossfit leiria	Senior Feminino	04:07:19	+02:43:45	24:44
669	1604	João Lucas	crossfit leiria	Senior Masculino	04:07:20	+02:43:47	24:44
670	1616	Vitor Santos	crossfit leiria	Senior Masculino	04:07:21	+02:43:47	24:44
671	1623	Sílvia Pereira	crossfit leiria	Senior Feminino	04:07:22	+02:43:49	24:44
672	1611	Fábio Ventura	crossfit leiria	Senior Masculino	04:07:24	+02:43:50	24:44
673	1610	Nádia Dias	crossfit leiria	Senior Feminino	04:07:24	+02:43:50	24:44
674	1622	Ivo Nunes	crossfit leiria	Senior Masculino	04:07:25	+02:43:52	24:45
675	1619	Tomás Joaquinho	crossfit leiria	Senior Masculino	04:07:26	+02:43:53	24:45
676	1630	Mauricelio Nascimento	crossfit leiria	Senior Masculino	04:07:30	+02:43:56	24:45
677	1641	Joana Jerónimo	crossfit leiria	Senior Feminino	04:07:36	+02:44:03	24:46
678	1638	João Gomes	crossfit leiria	Senior Masculino	04:07:39	+02:44:06	24:46
679	1818	Luis Silva	crossfit leiria	Senior Masculino	04:07:42	+02:44:09	24:46
680	1617	Diogo Pedrosa	crossfit leiria	Senior Masculino	04:07:50	+02:44:16	24:47
681	1618	Andreia Dias	crossfit leiria	Senior Feminino	04:07:57	+02:44:24	24:48
682	999	Paulo Cabecinhas	cabecinhas team	Senior Masculino	04:08:09	+02:44:36	24:49
683	1819	Miguel Matos	algarve	Senior Masculino	04:08:11	+02:44:37	24:49
684	1820	Diogo Silva	algarve	Senior Masculino	04:08:11	+02:44:38	24:49

10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
685	1822	Diogo Marques	algarve	Senior Masculino	04:08:14	+02:44:40	24:49
686	1823	Catarina Oliveira	algarve	Senior Feminino	04:08:15	+02:44:41	24:50
687	1821	Pedro Vienix	algarve	Senior Masculino	04:08:15	+02:44:42	24:50
688	1075	Marta Gomes Ferreira	as belas e o monstro	Senior Feminino	04:08:23	+02:44:49	24:50
689	1369	Tiago Santos	montanelas	Senior Masculino	04:08:25	+02:44:51	24:51
690	1071	Maria João Marques Vieira	as belas e o monstro	Senior Feminino	04:08:25	+02:44:52	24:51
691	1370	Maressa Daroz	montanelas	Senior Feminino	04:08:26	+02:44:53	24:51
692	1073	Claudia Marina Antunes Henriques	as belas e o monstro	Senior Feminino	04:08:26	+02:44:53	24:51
693	1070	Joel Reis	as belas e o monstro	Senior Masculino	04:08:27	+02:44:53	24:51
694	1074	Marisa Pereira Morais	as belas e o monstro	Senior Feminino	04:08:28	+02:44:54	24:51
695	1367	Pedro Gonçalves	montanelas	Senior Masculino	04:08:28	+02:44:54	24:51
696	1195	Elsie Lopes	leiria	Senior Feminino	04:09:25	+02:45:52	24:57
697	1373	Cati Dinis	individual	Senior Feminino	04:09:30	+02:45:56	24:57
698	1206	Paulo Mendonça	maximianos	Senior Masculino	04:09:36	+02:46:03	24:58
699	1791	José Santos	ocr police team	Senior Masculino	04:10:15	+02:46:42	25:02
700	1381	Cátia Martins	os pastorinhos	Senior Feminino	04:10:16	+02:46:43	25:02
701	1365	Pedro Jorge	montanelas	Senior Masculino	04:10:24	+02:46:51	25:02
702	1368	Pavel Petrov	montanelas	Senior Masculino	04:10:24	+02:46:51	25:02
703	1523	Daniela Barroca	ocr police team	Senior Feminino	04:10:41	+02:47:08	25:04
704	1048	Gabriel Candido	maximianos	Senior Masculino	04:10:41	+02:47:08	25:04
705	1194	Alexis Trigueiro	maximianos	Senior Masculino	04:10:44	+02:47:11	25:04
706	1049	Leandro Candido	maximianos	Senior Masculino	04:10:45	+02:47:12	25:05
707	1050	Sonia Pinhal	maximianos	Senior Feminino	04:10:46	+02:47:12	25:05
708	1382	Denise Dias	os pastorinhos	Senior Feminino	04:10:49	+02:47:15	25:05
709	1715	Daniela corrao	ocr police team	Senior Feminino	04:10:53	+02:47:19	25:05
710	1717	Selene Remédios	ocr police team	Senior Feminino	04:10:57	+02:47:23	25:06
711	1046	Helder Candido	maximianos	Senior Masculino	04:10:57	+02:47:23	25:06
712	1375	Fernando Fonseca	os pastorinhos	Senior Masculino	04:10:57	+02:47:23	25:06
713	1047	Elisabete Candido	maximianos	Senior Feminino	04:10:58	+02:47:25	25:06
714	1215	Paulo Antunes	maximianos	Senior Masculino	04:11:13	+02:47:40	25:07
715	1377	Emanuel Simão	os pastorinhos	Senior Masculino	04:11:18	+02:47:44	25:08
716	1719	Adérito Estrela	ocr police team	Senior Masculino	04:11:26	+02:47:52	25:09
717	1716	Fábio Azevedo	ocr police team	Senior Masculino	04:11:27	+02:47:53	25:09
718	1718	Carolina Ferreira	ocr police team	Senior Feminino	04:11:32	+02:47:59	25:09
719	1380	Ana Machado	os pastorinhos	Senior Feminino	04:11:47	+02:48:14	25:11
720	1376	Philippe Simão	os pastorinhos	Senior Masculino	04:11:52	+02:48:19	25:11
721	995	André Fernandes	cabecinhas team	Senior Masculino	04:11:53	+02:48:20	25:11
722	997	Rui André Pedrosa Estrada	cabecinhas team	Senior Masculino	04:11:54	+02:48:20	25:11
723	996	Diana Ferreira	cabecinhas team	Senior Feminino	04:11:58	+02:48:24	25:12
724	1383	João Silva	os pastorinhos	Senior Masculino	04:11:58	+02:48:25	25:12
725	994	Carina Cabecinhas	cabecinhas team	Senior Feminino	04:11:59	+02:48:25	25:12
726	998	Mónica Cabecinhas	cabecinhas team	Senior Feminino	04:12:03	+02:48:29	25:12
727	1556	Pedro Silva	fittrainnig academy	Senior Masculino	04:12:03	+02:48:29	25:12
728	993	Eliana Ferreira	ocr police team	Senior Feminino	04:12:04	+02:48:31	25:12
729	1197	Gizele Marques	fittraining academy	Senior Feminino	04:12:07	+02:48:34	25:13

10 KM

[illegible][illegible]

Official Timekeeper: Lap2Go	17 / 19	generate 09-Jun-2019 15:15
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10 KM

OFFICIAL RESULT

Official Timekeeper: Lap2Go	18 / 19	generate 09-Jun-2019 15:15
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OVERALL - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
822	943	Carina Lopes	got tchallenge	Senior Feminino	04:30:03	+03:06:30	27:00
823	959	Nadine Gomes	got tchallenge	Senior Feminino	04:30:05	+03:06:31	27:01
824	960	Adriana Gomes	got tchallenge	Senior Feminino	04:30:05	+03:06:31	27:01
825	958	João Vieira	got tchallenge	Senior Masculino	04:30:06	+03:06:32	27:01
826	1134	Carlos Lopes	rusty team	Senior Masculino	04:30:08	+03:06:35	27:01
827	1147	Mariana Francisco	rusty team	Senior Feminino	04:30:09	+03:06:36	27:01
828	1138	Ana Salgueiro	rusty team	Senior Feminino	04:30:29	+03:06:56	27:03
829	1136	Liliana Magalhães	rusty team	Senior Feminino	04:30:31	+03:06:57	27:03
830	1720	Bruno Fernandes	rusty team	Senior Masculino	04:30:33	+03:07:00	27:03
831	1146	Lúcia Duarte	rusty team	Senior Feminino	04:30:40	+03:07:06	27:04
832	1142	Christele Pereira	rusty team	Senior Feminino	04:30:41	+03:07:07	27:04
833	1137	Pedro Silva	rusty team	Senior Masculino	04:30:48	+03:07:14	27:05
834	1135	Rui Carreira	rusty team	Senior Masculino	04:30:50	+03:07:17	27:05
835	1144	Paulo Barreto	rusty team	Senior Masculino	04:30:52	+03:07:18	27:05
836	1143	Marisa Vieira	rusty team	Senior Feminino	04:30:52	+03:07:19	27:05
837	1123	Pedro Fernandes	parar é morrer	Senior Masculino	04:38:47	+03:15:13	27:53
838	1124	Diogo Almeida	parar é morrer	Senior Masculino	04:39:01	+03:15:28	27:54
839	1351	Filipe Neves	velocity - centro de treino	Senior Masculino	04:41:50	+03:18:16	28:11
840	1352	Milene Pereira	velocity - centro de treino	Senior Feminino	04:41:51	+03:18:18	28:11
841	1339	Flavia Pereira	velocity - centro de treino	Senior Feminino	04:41:52	+03:18:19	28:11
842	1261	Luis Figueiredo	velocity - centro de treino	Senior Masculino	04:41:53	+03:18:20	28:11
843	1264	Fátima Calado	velocity - centro de treino	Senior Feminino	04:41:55	+03:18:21	28:12
844	1853	andreaia Nabais	velocity - centro de treino	Senior Feminino	04:41:55	+03:18:21	28:12
845	1292	Ana Letra	velocity - centro de treino	Senior Feminino	04:41:57	+03:18:23	28:12
846	1517	Sonia Santos	velocity - centro de treino	Senior Feminino	04:41:58	+03:18:24	28:12
847	1276	Maria Calado	velocity - centro de treino	Senior Feminino	04:41:59	+03:18:25	28:12
848	1319	Hugo Mota	velocity - centro de treino	Senior Masculino	04:41:59	+03:18:26	28:12
849	1270	Ângela Santos	velocity - centro de treino	Senior Feminino	04:42:00	+03:18:26	28:12
850	1279	David Pinto	velocity - centro de treino	Senior Masculino	04:42:00	+03:18:27	28:12
851	1320	Sonia Martins	velocity - centro de treino	Senior Feminino	04:42:01	+03:18:28	28:12
852	1518	João Santos	velocity - centro de treino	Senior Masculino	04:42:02	+03:18:28	28:12
853	1327	Joana Branco	velocity - centro de treino	Senior Feminino	04:42:03	+03:18:29	28:12
854	1326	David Agostinho	velocity - centro de treino	Senior Masculino	04:42:05	+03:18:31	28:13
855	1300	Pedro Martins	velocity - centro de treino	Senior Masculino	04:42:08	+03:18:34	28:13
856	1262	Francisco Calado	velocity - centro de treino	Senior Masculino	04:42:09	+03:18:36	28:13
857	1372	João Frade	velocity - centro de treino	Senior Masculino	04:42:09	+03:18:36	28:13
858	1299	Gilberto Martins	velocity - centro de treino	Senior Masculino	04:42:11	+03:18:37	28:13
859	1317	João Baptista	velocity - centro de treino	Senior Masculino	04:42:12	+03:18:39	28:13

Overall

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:45	17°C	77%
End	14:58	17°C	77%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	1034	Mónica Rosa	Wild Frangus	Senior Feminino	01:47:18	+23:45	10:44
2	1830	Mary Brás	Remax Inn	Senior Feminino	01:48:12	+24:38	10:49
3	1835	Teresa Mesquita	Remax Inn	Senior Feminino	01:48:13	+24:40	10:49
4	1834	Sara Cunha	Remax Inn	Senior Feminino	01:48:14	+24:41	10:49
5	1831	Neuza Carvalho	Remax Inn	Senior Feminino	01:48:19	+24:45	10:50
6	1825	Elisabete Oliveira	Remax Inn	Senior Feminino	01:48:22	+24:49	10:50
7	1824	Ana Rebola	Remax Inn	Senior Feminino	01:48:27	+24:53	10:51
8	1225	Carla Lourenço	Unbroken Box	Senior Feminino	01:56:49	+33:16	11:41
9	1091	Tânia Pires	100 Limites	Senior Feminino	02:07:50	+44:17	12:47
10	1076	Libânia Pereira	#XAULAURATEAM	Senior Feminino	02:18:22	+54:49	13:50
11	1060	Elisabete Serém	#XAULAURATEAM	Senior Feminino	02:18:24	+54:51	13:50
12	1057	Sara Marques	#XAULAURATEAM	Senior Feminino	02:18:25	+54:51	13:51
13	1078	Filipa Brites	#XAULAURATEAM	Senior Feminino	02:18:27	+54:53	13:51
14	1557	Joana Maia	Individual	Senior Feminino	02:25:08	+01:01:35	14:31
15	1516	Neuza Costa	DREAM TEAM	Senior Feminino	02:25:10	+01:01:37	14:31
16	1363	Marlene Soares	Freedom Outdoor TEAM	Senior Feminino	02:28:41	+01:05:08	14:52
17	1085	Márcia Sabio	M&M	Senior Feminino	02:29:02	+01:05:28	14:54
18	1357	Edna Soares	M&M	Senior Feminino	02:29:03	+01:05:30	14:54
19	1086	Maria Mendes	M&M	Senior Feminino	02:29:07	+01:05:34	14:55
20	1151	Catarina Rebimbas	Individual	Senior Feminino	02:31:24	+01:07:51	15:08
21	1160	Mara Teixeira	FISICOLOUCURA	Senior Feminino	02:34:28	+01:10:54	15:27
22	1159	Inês Pereira	FISICOLOUCURA	Senior Feminino	02:34:28	+01:10:54	15:27
23	1258	Daniela Fonseca	Viseu team	Senior Feminino	02:35:02	+01:11:29	15:30
24	1260	Rita Silva	Viseu team	Senior Feminino	02:35:17	+01:11:43	15:32
25	1328	Joana Lopes	Individual	Senior Feminino	02:39:18	+01:15:45	15:56
26	1539	Sara Mendes	Invictus	Senior Feminino	02:41:28	+01:17:55	16:09
27	1546	Mariana Pinheiro	Fitness Factory Leiria	Senior Feminino	02:41:59	+01:18:26	16:12
28	1671	Cátia Santos	Dá-lhe Gás PSP Leiria Team	Senior Feminino	02:44:36	+01:21:02	16:28
29	1244	Paula Rodrigues	Unbroken Box	Senior Feminino	02:44:42	+01:21:09	16:28
30	1253	Sofia Duarte	Unbroken Box	Senior Feminino	02:44:49	+01:21:16	16:29
31	1103	Rute Carreira	Individual	Senior Feminino	02:44:52	+01:21:18	16:29
32	1240	Marta Pilré	Unbroken Box	Senior Feminino	02:45:00	+01:21:26	16:30
33	1104	Maria João Carreira	Individual	Senior Feminino	02:45:13	+01:21:40	16:31
34	1239	Maria Pereira	Unbroken Box	Senior Feminino	02:45:30	+01:21:57	16:33
35	1232	Inês Santos	Unbroken Box	Senior Feminino	02:45:45	+01:22:11	16:35
36	1738	Patrícia Silva	#aminhamaenaodeixa	Senior Feminino	02:49:20	+01:25:47	16:56
37	1475	Mariana Castro	Fast but not furious v3.0	Senior Feminino	02:52:18	+01:28:45	17:14
38	1473	Cátia Rodrigues	Fast but not furious v3.0	Senior Feminino	02:52:21	+01:28:47	17:14
39	1468	Ana Carolina Xavier	Fast but not furious v3.0	Senior Feminino	02:52:22	+01:28:48	17:14

Official Timekeeper: Lap2Go	1 / 20	generate 09-Jun-2019 15:16
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Overall

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

40	1471	Alexandra Pereira	Fast but not furious v3.0	Senior Feminino	02:52:23	+01:28:49	17:14
41	1465	Mariana Martins	Fast but not Furious v3.0	Senior Feminino	02:52:29	+01:28:55	17:15
42	1472	Andreia Pinto	Fast but not furious v3.0	Senior Feminino	02:52:29	+01:28:55	17:15
43	1470	Inês Aguiar	Fast but not furious v3.0	Senior Feminino	02:52:41	+01:29:07	17:16
44	1228	Barbara reis	Unbroken Box	Senior Feminino	02:58:34	+01:35:00	17:51
45	1252	Sandra Correia	Unbroken Box	Senior Feminino	02:58:34	+01:35:01	17:51
46	929	Olga Lucas	Unbroken Box	Senior Feminino	02:58:40	+01:35:06	17:52
47	1243	Patricia Rodriguez	Unbroken Box	Senior Feminino	02:58:43	+01:35:10	17:52
48	1656	Rita Pereira	Individual	Senior Feminino	03:06:37	+01:43:04	18:40
49	911	Martinha Silva	TeamLiberty	Senior Feminino	03:08:07	+01:44:34	18:49
50	1149	Sandra Simões	ASA TEAM	Senior Feminino	03:09:11	+01:45:37	18:55
51	1128	Ana Garcia	ASA TEAM	Senior Feminino	03:09:12	+01:45:39	18:55
52	1111	Fabiana Tomás	Adsumus	Senior Feminino	03:10:44	+01:47:11	19:04
53	1110	Ana Neto	Adsumus	Senior Feminino	03:10:47	+01:47:13	19:05
54	1112	Patrícia Domingues	Adsumus	Senior Feminino	03:10:47	+01:47:14	19:05
55	1113	Susana Pereira	Adsumus	Senior Feminino	03:10:48	+01:47:14	19:05
56	1114	Inês Lopes	Adsumus	Senior Feminino	03:10:49	+01:47:15	19:05
57	1213	Dália Maria Carreira Silva	Pombal	Senior Feminino	03:12:38	+01:49:04	19:16
58	1505	Susana Silva	TeamLiberty	Senior Feminino	03:13:08	+01:49:34	19:19
59	1107	Diana Rodrigues	Os Atrasados	Senior Feminino	03:15:47	+01:52:13	19:35
60	1525	Marlene Bernardino	Falco Team	Senior Feminino	03:16:24	+01:52:51	19:38
61	1524	Marisa Bernardino	Falco Team	Senior Feminino	03:16:25	+01:52:52	19:39
62	1178	Filipa Cristina Neves	Capoeira de S. Miguel	Senior Feminino	03:16:55	+01:53:22	19:42
63	1204	Filipa Grave	Capoeira de S. Miguel	Senior Feminino	03:16:58	+01:53:25	19:42
64	1191	Sofia Ribeiro	Capoeira de S. Miguel	Senior Feminino	03:17:06	+01:53:32	19:43
65	1018	Rita Filipe	Wild Frangus	Senior Feminino	03:18:04	+01:54:31	19:48
66	1015	Ângela Oliveira	Wild Frangus	Senior Feminino	03:18:08	+01:54:35	19:49
67	1025	Carla Lagoa	Wild Frangus	Senior Feminino	03:18:13	+01:54:40	19:49
68	1038	Sofia Costa	Wild Frangus	Senior Feminino	03:18:14	+01:54:40	19:49
69	1027	Jessica Felix	Wild Frangus	Senior Feminino	03:18:16	+01:54:42	19:50
70	1849	Gisele Brito	Wild frangus	Senior Feminino	03:18:23	+01:54:49	19:50
71	1371	Ana Sousa	Wild Frangus	Senior Feminino	03:18:24	+01:54:51	19:50
72	1029	Shérída Pedrosa	Wild Frangus	Senior Feminino	03:18:27	+01:54:53	19:51
73	1030	Ana Fonseca	Wild Frangus	Senior Feminino	03:18:32	+01:54:58	19:51
74	1035	Patricia Henriques	Wild Frangus	Senior Feminino	03:18:34	+01:55:01	19:51
75	1039	Patricia Pedroso	wild frangus	Senior Feminino	03:18:38	+01:55:04	19:52
76	1022	Natércia Franco	Wild Frangus	Senior Feminino	03:18:52	+01:55:18	19:53
77	1028	Cristiana Santos	Wild Frangus	Senior Feminino	03:18:55	+01:55:21	19:54
78	1014	Cláudia Vitorino	Wild Frangus	Senior Feminino	03:19:54	+01:56:20	19:59
79	941	Marisa Santos	Amigos 100 Limites	Senior Feminino	03:20:29	+01:56:56	20:03
80	1496	Andreia Jesus	Encosta n'tasca	Senior Feminino	03:20:30	+01:56:57	20:03
81	1541	Daniela Vieira	Encosta n'tasca	Senior Feminino	03:20:30	+01:56:57	20:03
82	1041	Vânia Gomes	Wild frangus	Senior Feminino	03:22:03	+01:58:29	20:12
83	1562	Mariana Silva	Unbroken Box	Senior Feminino	03:22:10	+01:58:37	20:13
84	1444	Inês Resende Santos	Crossfit Lusíadas	Senior Feminino	03:25:03	+02:01:29	20:30
85	1275	Carolina Martins	CrossFit Lusíadas	Senior Feminino	03:25:06	+02:01:33	20:31

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Overall

10 KM

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86	1713	Sandra Dias	CrossFit Lusíadas	Senior Feminino	03:25:09	+02:01:35	20:31
87	1350	Sofia Figueiredo	CrossFit Lusíadas	Senior Feminino	03:25:10	+02:01:36	20:31
88	1081	Raquel Santos	LFO&Friends	Senior Feminino	03:26:22	+02:02:48	20:38
89	1080	Telma Lopes	LFO&Friends	Senior Feminino	03:26:22	+02:02:49	20:38
90	931	Cláudia Silva	Amigos 100 Limites	Senior Feminino	03:27:05	+02:03:31	20:43
91	937	Rosa Costa	Amigos 100 Limites	Senior Feminino	03:27:08	+02:03:34	20:43
92	934	Maria Ferreira	Amigos 100 Limites	Senior Feminino	03:27:08	+02:03:35	20:43
93	1856	Lara Serafim	Mal Paridos	Senior Feminino	03:27:08	+02:03:35	20:43
94	939	Vanessa Santos	Amigos 100 Limites	Senior Feminino	03:27:09	+02:03:35	20:43
95	1063	Cláudia Pereira	Amigos 100 Limites	Senior Feminino	03:27:09	+02:03:35	20:43
96	1732	Filipa Matias	zztop	Senior Feminino	03:27:47	+02:04:14	20:47
97	1734	Daniela Ramos	zztop	Senior Feminino	03:27:52	+02:04:18	20:47
98	992	Madalena Santos	Individual	Senior Feminino	03:27:58	+02:04:25	20:48
99	940	Joana Silva	zztop	Senior Feminino	03:28:02	+02:04:29	20:48
100	987	Ana Sousa	Ó da guarda	Senior Feminino	03:28:13	+02:04:40	20:49
101	988	Laura Ruivo	Ó da guarda	Senior Feminino	03:28:15	+02:04:41	20:50
102	1457	Joana MARINHO	Individual	Senior Feminino	03:28:49	+02:05:15	20:53
103	921	Joana alves	velha guarda e seus emplastos	Senior Feminino	03:30:20	+02:06:47	21:02
104	920	Carla Pereira	velha guarda e seus emplastos	Senior Feminino	03:30:21	+02:06:47	21:02
105	924	Catarina santos	velha guarda e seus emplastos	Senior Feminino	03:30:22	+02:06:48	21:02
106	919	Filipa Loureiro	velha guarda e seus emplastos	Senior Feminino	03:30:22	+02:06:49	21:02
107	926	Carolina Ferreira	velha guarda e seus emplastos	Senior Feminino	03:30:25	+02:06:51	21:03
108	1411	Ana Rita Matos	Individual	Senior Feminino	03:30:46	+02:07:12	21:05
109	1528	Daniela Bernardo	Falco Team	Senior Feminino	03:30:46	+02:07:12	21:05
110	1502	NÁDIA DANIELA DE SIMÕES	RÓÓDINHAS-Santos Silva / OXYGEN-Gym & Fitness	Senior Feminino	03:31:18	+02:07:45	21:08
111	1808	Maria Alexandra Maia	Individual	Senior Feminino	03:33:15	+02:09:41	21:20
112	1712	Cláudia Fortuna	Unbroken Box	Senior Feminino	03:33:42	+02:10:09	21:22
113	1450	Joana Nunes	Furamoto	Senior Feminino	03:33:57	+02:10:23	21:24
114	1455	Ana Franco	Furamoto	Senior Feminino	03:33:58	+02:10:24	21:24
115	1456	Nadejda Bocancea	Furamoto	Senior Feminino	03:33:58	+02:10:25	21:24
116	1453	Claudia Nunes	Individual	Senior Feminino	03:33:59	+02:10:26	21:24
117	1721	Cátia Ferreira	Individual	Senior Feminino	03:34:05	+02:10:32	21:25
118	1013	Elsa Melo	H-Ramos	Senior Feminino	03:35:56	+02:12:22	21:36
119	1805	Susana Oliveira	FITNESS FACTORY ALCOBAÇA	Senior Feminino	03:36:03	+02:12:30	21:36
120	1180	Vera Vieira	Indecisos	Senior Feminino	03:36:17	+02:12:43	21:38
121	1797	Sara Pedro	FITNESS FACTORY ALCOBAÇA	Senior Feminino	03:36:18	+02:12:44	21:38
122	1796	Bruna Dias	FITNESS FACTORY ALCOBAÇA	Senior Feminino	03:36:20	+02:12:46	21:38
123	1850	Jandira Stock	FITNESS FACTORY ALCOBAÇA	Senior Feminino	03:36:22	+02:12:49	21:38
124	1725	Vânia Ribeiro	FITNESS FACTORY ALCOBAÇA	Senior Feminino	03:36:25	+02:12:51	21:39
125	1804	Inês Freitas	FITNESS FACTORY ALCOBAÇA	Senior Feminino	03:36:27	+02:12:54	21:39
126	1812	Ana Vieira	ÁREA 51 - BALANCE RUNNING CLUB	Senior Feminino	03:36:39	+02:13:06	21:40
127	1751	Daniela Matias	Individual	Senior Feminino	03:36:47	+02:13:14	21:41
128	1746	Joana Lopes	ÁREA 51 - BALANCE RUNNING CLUB	Senior Feminino	03:36:48	+02:13:15	21:41
129	1551	Mimi Costa Martins	ÁREA 51 - BALANCE RUNNING CLUB	Senior Feminino	03:36:56	+02:13:22	21:42

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Overall

10 KM

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130	1414	Fernanda Unda	ÁREA 51 - BALANCE RUNNING CLUB	Senior Feminino	03:36:56	+02:13:23	21:42
131	1403	Ana Arruda	ÁREA 51 - BALANCE RUNNING CLUB	Senior Feminino	03:36:57	+02:13:23	21:42
132	1463	Filipa Justino	ÁREA 51 - BALANCE RUNNING CLUB	Senior Feminino	03:36:57	+02:13:24	21:42
133	1511	Tamira Cruz	ÁREA 51 - BALANCE RUNNING CLUB	Senior Feminino	03:36:58	+02:13:25	21:42
134	1532	Luciana Pereira Bortone	ÁREA 51 - BALANCE RUNNING CLUB	Senior Feminino	03:36:59	+02:13:26	21:42
135	1295	Belinha Isabelreis	ÁREA 51 - BALANCE RUNNING CLUB	Senior Feminino	03:36:59	+02:13:26	21:42
136	1680	Patricia Morgado	Crossfit Marinha Grande	Senior Feminino	03:37:05	+02:13:32	21:43
137	1698	Rita Oliveira	Crossfit Marinha Grande	Senior Feminino	03:37:08	+02:13:34	21:43
138	1844	rafaela pereira	Individual	Senior Feminino	03:39:33	+02:16:00	21:57
139	1843	Verónica Ramos	Individual	Senior Feminino	03:40:32	+02:16:59	22:03
140	1782	Luisa Vicente	CrossFit Montijo	Senior Feminino	03:42:40	+02:19:07	22:16
141	1342	Adília Abreu	Cubata Team	Senior Feminino	03:42:45	+02:19:11	22:17
142	1316	Rosa Gomes	Cubata Team	Senior Feminino	03:42:45	+02:19:12	22:17
143	1307	Marta Durão	Cubata Team	Senior Feminino	03:42:46	+02:19:12	22:17
144	1340	Sandra Fernandes	Cubata Team	Senior Feminino	03:42:46	+02:19:13	22:17
145	1321	Patricia Marques	Cubata Team	Senior Feminino	03:42:46	+02:19:13	22:17
146	1268	Ivone Fernandes	Cubata Taem	Senior Feminino	03:42:47	+02:19:13	22:17
147	1658	Sara Costa	Crossfit Montijo	Senior Feminino	03:42:52	+02:19:19	22:17
148	1784	Ana Moutinho	Crossfit Montijo	Senior Feminino	03:42:53	+02:19:19	22:17
149	1282	Ana Paula Silva	TeamLiberty	Senior Feminino	03:43:05	+02:19:32	22:19
150	1286	Rosinha Silva	TeamLiberty	Senior Feminino	03:43:06	+02:19:33	22:19
151	1687	Solange Castanheira	Crossfit Marinha Grande	Senior Feminino	03:43:34	+02:20:00	22:21
152	1682	Mafalda Caria	Crossfit Marinha Grande	Senior Feminino	03:43:35	+02:20:01	22:22
153	1704	Sara Saraiva	Crossfit Marinha Grande	Senior Feminino	03:43:37	+02:20:03	22:22
154	1699	Ayshe Seyfulayeva	Crossfit Marinha Grande	Senior Feminino	03:43:37	+02:20:04	22:22
155	1221	Ana Dias	Unbroken Box	Senior Feminino	03:44:01	+02:20:28	22:24
156	928	Dora Carreira	Unbroken Box	Senior Feminino	03:44:07	+02:20:33	22:25
157	1222	Ana Pimentel	Unbroken Box	Senior Feminino	03:44:10	+02:20:36	22:25
158	1669	Justien De Bus	Suélinetes	Senior Feminino	03:44:53	+02:21:19	22:29
159	1665	Marisa Santos	Suélinetes	Senior Feminino	03:44:55	+02:21:21	22:30
160	1664	Nádia Santos	Suélinetes	Senior Feminino	03:45:00	+02:21:26	22:30
161	1667	Catarina Simão	Suélinetes	Senior Feminino	03:45:01	+02:21:27	22:30
162	1668	Maria Sousa	Suélinetes	Senior Feminino	03:45:04	+02:21:30	22:30
163	1233	Inês Piedade	Unbroken Box	Senior Feminino	03:45:05	+02:21:32	22:31
164	1287	Andreia Fonseca	TeamLiberty	Senior Feminino	03:49:04	+02:25:30	22:54
165	1290	Liliana Fonseca	TeamLiberty	Senior Feminino	03:49:07	+02:25:34	22:55
166	1285	Patricia Fonseca	TeamLiberty	Senior Feminino	03:49:08	+02:25:35	22:55
167	1280	Patricia Borges	TeamLiberty	Senior Feminino	03:49:10	+02:25:36	22:55
168	1842	Nádia Oliveira	TeamLiberty	Senior Feminino	03:49:16	+02:25:42	22:56
169	1424	Clotilde Santos	Batalhão crossgym	Senior Feminino	03:49:48	+02:26:14	22:59
170	1390	Daniela Sousa	Filhos da pauta	Senior Feminino	03:50:11	+02:26:37	23:01
171	1549	Alexandra Fernandes	New Ground Fitness	Senior Feminino	03:50:44	+02:27:11	23:04

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Overall

10 KM

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172	1534	Rafaela Moreira	New Ground Fitness	Senior Feminino	03:50:47	+02:27:14	23:05
173	1544	Filipa Couto	New Ground Fitness	Senior Feminino	03:50:47	+02:27:14	23:05
174	1200	Inês Capaz	EKMA	Senior Feminino	03:50:49	+02:27:15	23:05
175	1201	Tania Ferreira	EKMA	Senior Feminino	03:50:50	+02:27:17	23:05
176	1799	Diana Souto	New Ground Fitness	Senior Feminino	03:50:51	+02:27:18	23:05
177	1205	Catarina Abraúl	EKMA	Senior Feminino	03:50:52	+02:27:19	23:05
178	1710	Rita Paulino	New Ground Fitness	Senior Feminino	03:50:52	+02:27:19	23:05
179	1202	Ana Rita Rosa	EKMA	Senior Feminino	03:50:54	+02:27:21	23:05
180	1571	Joana Lisboa Vitorino	New Ground Fitness	Senior Feminino	03:50:57	+02:27:24	23:06
181	1294	Soraia Gonçalves	EKMA	Senior Feminino	03:50:58	+02:27:25	23:06
182	1552	Miriam Conceição	New Ground Fitness	Senior Feminino	03:50:59	+02:27:26	23:06
183	1585	Barbara Moreira	knockout Team	Senior Feminino	03:51:39	+02:28:05	23:10
184	1590	Érica Carreira	knockout Team	Senior Feminino	03:51:43	+02:28:10	23:10
185	1587	Natalia Silva	knockout Team	Senior Feminino	03:51:45	+02:28:11	23:11
186	918	Ana Lúcia Alves Duarte	Individual	Senior Feminino	03:51:45	+02:28:12	23:11
187	1744	Ana Fernandes	AtiveFit	Senior Feminino	03:54:50	+02:31:17	23:29
188	1765	Inês Cordeiro	REFOOD LEIRIA	Senior Feminino	03:56:26	+02:32:52	23:39
189	1759	Sandra Morgado	REFOOD LEIRIA	Senior Feminino	03:56:30	+02:32:56	23:39
190	1761	Dinora Alves	REFOOD LEIRIA	Senior Feminino	03:56:30	+02:32:57	23:39
191	1760	Joana Santos	REFOOD LEIRIA	Senior Feminino	03:56:31	+02:32:58	23:39
192	1757	Sandra Antunes	REFOOD LEIRIA	Senior Feminino	03:56:34	+02:33:01	23:39
193	1763	Dulcineia Amado	REFOOD LEIRIA	Senior Feminino	03:56:40	+02:33:07	23:40
194	1729	Sónia Salgado	Individual	Senior Feminino	03:57:24	+02:33:51	23:44
195	1750	Joana Gordo	Individual	Senior Feminino	03:57:26	+02:33:53	23:45
196	1727	Nadine Matos	Individual	Senior Feminino	03:57:30	+02:33:57	23:45
197	1305	Patricia Silva	Silva	Senior Feminino	03:58:32	+02:34:59	23:51
198	1304	Andreia Rodrigues	Individual	Senior Feminino	03:58:33	+02:35:00	23:51
199	1787	Melinda Ramani	Individual	Senior Feminino	03:59:40	+02:36:06	23:58
200	966	Célia Domingues	ANTeam	Senior Feminino	03:59:50	+02:36:16	23:59
201	909	Diana Ribeiro	ANTeam	Senior Feminino	03:59:57	+02:36:24	24:00
202	1068	Joana Silva	TR TEAM	Senior Feminino	04:00:14	+02:36:41	24:01
203	1003	Beatriz Santos	TR TEAM	Senior Feminino	04:00:17	+02:36:43	24:02
204	1002	Carla Morgado	TR TEAM	Senior Feminino	04:00:17	+02:36:43	24:02
205	1066	Marta Duarte	TR TEAM	Senior Feminino	04:00:18	+02:36:45	24:02
206	1000	Rita Santos	TR TEAM	Senior Feminino	04:00:19	+02:36:46	24:02
207	1296	Vânia Faria	ANTeam	Senior Feminino	04:00:22	+02:36:48	24:02
208	910	Carla Lopes	ANTeam	Senior Feminino	04:00:23	+02:36:49	24:02
209	1052	Ana Salgueiro	ANTeam	Senior Feminino	04:00:28	+02:36:55	24:03
210	1490	Catarina Pinheiro	Impossibles	Senior Feminino	04:00:31	+02:36:58	24:03
211	1161	Ana Santos	ANTeam	Senior Feminino	04:00:37	+02:37:03	24:04
212	1487	Bárbara Martinho	Impossibles	Senior Feminino	04:00:56	+02:37:22	24:06
213	1489	Ariana Santos	Impossibles	Senior Feminino	04:00:57	+02:37:23	24:06
214	974	Margarida Abreu	CCFAMILY	Senior Feminino	04:02:31	+02:38:57	24:15
215	1336	Rosália Ribeiro	Fitness Factory Leiria	Senior Feminino	04:03:42	+02:40:08	24:22
216	1838	Ana Amorim	Fitness Factory Leiria	Senior Feminino	04:03:52	+02:40:18	24:23
217	1153	Elisa Ferreira	Os Atrasados	Senior Feminino	04:05:32	+02:41:58	24:33

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Overall

10 KM

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218	1121	Clara Antunes	Os Atrasados	Senior Feminino	04:05:32	+02:41:58	24:33
219	1117	Cristina Clemente	Os Atrasados	Senior Feminino	04:05:34	+02:42:00	24:33
220	1106	Carla Cantante	Os Atrasados	Senior Feminino	04:05:34	+02:42:01	24:33
221	1801	Iolanda Pereira	Os Atrasados	Senior Feminino	04:05:37	+02:42:03	24:34
222	1173	Mélanie Pinto	Os Atrasados	Senior Feminino	04:05:38	+02:42:04	24:34
223	1689	Alexandra Remigio	Crossfit Marinha Grande	Senior Feminino	04:06:12	+02:42:39	24:37
224	1810	Adriana Perfeito	Crossfit Marinha Grande	Senior Feminino	04:06:14	+02:42:41	24:38
225	1693	Inês Costeira	Crossfit Marinha Grande	Senior Feminino	04:06:16	+02:42:43	24:38
226	1811	Micaela Nunes	Crossfit Marinha Grande	Senior Feminino	04:06:19	+02:42:46	24:38
227	1696	Ana Abreu	Crossfit Marinha Grande	Senior Feminino	04:06:21	+02:42:47	24:38
228	1679	Joana Cardal	Crossfit Marinha Grande	Senior Feminino	04:06:22	+02:42:48	24:38
229	1684	Ines Coelho	Crossfit Marinha Grande	Senior Feminino	04:06:23	+02:42:50	24:38
230	901	Nátália Marques	Vimos pelas vistas	Senior Feminino	04:06:28	+02:42:55	24:39
231	903	Inês Marcelino	Vimos pelas vistas	Senior Feminino	04:06:31	+02:42:57	24:39
232	1769	Christine Antunes	Viriato CrossFit	Senior Feminino	04:06:31	+02:42:57	24:39
233	1772	Virgínia Antunes	Viriato CrossFit	Senior Feminino	04:06:32	+02:42:59	24:39
234	1740	Rita Brimbote	AtiveFit	Senior Feminino	04:06:36	+02:43:03	24:40
235	1771	Gisela Crespo	Viriato CrossFit	Senior Feminino	04:06:41	+02:43:08	24:40
236	1217	Catarina Viegas	Papa-reforços	Senior Feminino	04:06:46	+02:43:12	24:41
237	1767	Sandra Antunes	Viriato CrossFit	Senior Feminino	04:06:49	+02:43:15	24:41
238	1220	Tânia Carvalheiro	Papa-reforços	Senior Feminino	04:06:51	+02:43:18	24:41
239	1627	Rute Ribeiro	CrossFit Leiria	Senior Feminino	04:07:01	+02:43:28	24:42
240	1624	Liliana Abreu	Crossfit Leiria	Senior Feminino	04:07:04	+02:43:30	24:42
241	1636	Alina Matasova	Crossfit Leiria	Senior Feminino	04:07:04	+02:43:31	24:42
242	1645	Sónia Timóteo	Crossfit Leiria	Senior Feminino	04:07:08	+02:43:34	24:43
243	1607	Carina Jesus	Crossfit Leiria	Senior Feminino	04:07:09	+02:43:35	24:43
244	1628	Telma Bento	Crossfit Leiria	Senior Feminino	04:07:09	+02:43:35	24:43
245	1606	Rita Lucas	Crossfit Leiria	Senior Feminino	04:07:11	+02:43:38	24:43
246	1613	Vanda Ferreira	Crossfit Leiria	Senior Feminino	04:07:12	+02:43:38	24:43
247	1621	Susana Repolho	Crossfit Leiria	Senior Feminino	04:07:13	+02:43:39	24:43
248	1650	Catarina Ferreira	Crossfit Leiria	Senior Feminino	04:07:16	+02:43:42	24:44
249	1615	Bárbara Piazzentim	Crossfit Leiria	Senior Feminino	04:07:17	+02:43:43	24:44
250	1620	Daniela Ferreira	Crossfit Leiria	Senior Feminino	04:07:19	+02:43:45	24:44
251	1623	Sílvia Pereira	Crossfit Leiria	Senior Feminino	04:07:22	+02:43:49	24:44
252	1610	Nádia Dias	Crossfit Leiria	Senior Feminino	04:07:24	+02:43:50	24:44
253	1641	Joana Jerónimo	Crossfit Leiria	Senior Feminino	04:07:36	+02:44:03	24:46
254	1618	Andreia Dias	Crossfit Leiria	Senior Feminino	04:07:57	+02:44:24	24:48
255	1823	Catarina Oliveira	Algarve	Senior Feminino	04:08:15	+02:44:41	24:50
256	1075	Marta Gomes Ferreira	As belas e o Monstro	Senior Feminino	04:08:23	+02:44:49	24:50
257	1071	Maria João Marques Vieira	As belas e o Monstro	Senior Feminino	04:08:25	+02:44:52	24:51
258	1370	Maressa Daroz	Montanelas	Senior Feminino	04:08:26	+02:44:53	24:51
259	1073	Claudia Marina Antunes Henriques	As belas e o Monstro	Senior Feminino	04:08:26	+02:44:53	24:51
260	1074	Marisa Pereira Morais	As belas e o Monstro	Senior Feminino	04:08:28	+02:44:54	24:51
261	1195	Elsie Lopes	Leiria	Senior Feminino	04:09:25	+02:45:52	24:57
262	1373	Cati Dinis	Individual	Senior Feminino	04:09:30	+02:45:56	24:57
263	1381	Cátia Martins	Os Pastorinhos	Senior Feminino	04:10:16	+02:46:43	25:02

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Overall

10 KM

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OFFICIAL RESULT

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264	1523	Daniela Barroca	OCR POLICE TEAM	Senior Feminino	04:10:41	+02:47:08	25:04
265	1050	Sonia Pinhal	Maximianos	Senior Feminino	04:10:46	+02:47:12	25:05
266	1382	Denise Dias	Os Pastorinhos	Senior Feminino	04:10:49	+02:47:15	25:05
267	1715	Daniela corrao	OCR POLICE TEAM	Senior Feminino	04:10:53	+02:47:19	25:05
268	1717	Selene Remédios	OCR POLICE TEAM	Senior Feminino	04:10:57	+02:47:23	25:06
269	1047	Elisabete Candido	Maximianos	Senior Feminino	04:10:58	+02:47:25	25:06
270	1718	Carolina Ferreira	OCR POLICE TEAM	Senior Feminino	04:11:32	+02:47:59	25:09
271	1380	Ana Machado	Os Pastorinhos	Senior Feminino	04:11:47	+02:48:14	25:11
272	996	Diana Ferreira	Cabecinhas Team	Senior Feminino	04:11:58	+02:48:24	25:12
273	994	Carina Cabecinhas	Cabecinhas Team	Senior Feminino	04:11:59	+02:48:25	25:12
274	998	Mónica Cabecinhas	Cabecinhas Team	Senior Feminino	04:12:03	+02:48:29	25:12
275	993	Eliana Ferreira	OCR POLICE TEAM	Senior Feminino	04:12:04	+02:48:31	25:12
276	1197	Gizele Marques	FitTraining Academy	Senior Feminino	04:12:07	+02:48:34	25:13
277	1461	Joana Ferreira	FitTraining Academy	Senior Feminino	04:12:12	+02:48:39	25:13
278	1378	Nicole Almeida	Os Pastorinhos	Senior Feminino	04:12:17	+02:48:44	25:14
279	1448	Sónia Almeida	FitTraining Academy	Senior Feminino	04:12:23	+02:48:50	25:14
280	1504	Joana Silva	FitTraining Academy	Senior Feminino	04:12:55	+02:49:22	25:18
281	1443	Neuza Saramago	CrossFit Lusíadas	Senior Feminino	04:12:59	+02:49:25	25:18
282	1441	Tânia Cruz	CrossFit Lusíadas	Senior Feminino	04:13:12	+02:49:39	25:19
283	1508	Mafalda Ruivo	CrossFit Lusíadas	Senior Feminino	04:13:40	+02:50:06	25:22
284	1599	Mónica Faria	CrossFit Lusiadas	Senior Feminino	04:13:40	+02:50:07	25:22
285	1567	Marina Couto	Os rijos	Senior Feminino	04:15:38	+02:52:04	25:34
286	1565	Tânia Couto	Os rijos	Senior Feminino	04:15:41	+02:52:07	25:34
287	1362	Matilde Nalha	#BestLifeTeam	Senior Feminino	04:15:49	+02:52:16	25:35
288	1359	Cláudia Santos	Wine Power	Senior Feminino	04:16:41	+02:53:08	25:40
289	1330	Ana Conceição	Wine Power	Senior Feminino	04:16:50	+02:53:17	25:41
290	1674	Beatriz Nunes	FAST TURTLES	Senior Feminino	04:22:56	+02:59:23	26:18
291	1265	Eunice Grasina	FAST TURTLES	Senior Feminino	04:22:58	+02:59:24	26:18
292	1266	Jéssica Fulgêncio	FAST TURTLES	Senior Feminino	04:22:58	+02:59:24	26:18
293	1203	Carolina Francisco	FAST TURTLES	Senior Feminino	04:22:58	+02:59:25	26:18
294	1218	Patrícia Cordeiro	FAST TURTLES	Senior Feminino	04:22:59	+02:59:25	26:18
295	1274	Ana Matias	FAST TURTLES	Senior Feminino	04:23:00	+02:59:26	26:18
296	1318	Tânia Alexandra Alves	FAST TURTLES	Senior Feminino	04:23:00	+02:59:26	26:18
297	1433	Márcia Calado	FAST TURTLES	Senior Feminino	04:23:00	+02:59:27	26:18
298	1322	Stefanie Simão	SuperSquad	Senior Feminino	04:23:05	+02:59:31	26:19
299	1323	Rafaela Paterno	SuperSquad	Senior Feminino	04:23:06	+02:59:33	26:19
300	1355	Susana Rodrigues	SuperSquad	Senior Feminino	04:23:07	+02:59:33	26:19
301	984	Rita Lisboa	Aguenta Coração	Senior Feminino	04:23:53	+03:00:20	26:23
302	990	Virginia Alberto	Aguenta Coração	Senior Feminino	04:23:57	+03:00:24	26:24
303	1133	Ivone Martins	RUSTY TEAM	Senior Feminino	04:28:23	+03:04:49	26:50
304	1132	Sylvie Santos	RUSTY TEAM	Senior Feminino	04:28:23	+03:04:49	26:50
305	1140	Patricia Jorge	RUSTY TEAM	Senior Feminino	04:28:36	+03:05:02	26:52
306	1407	Maria Ines Estrada	Nuggets	Senior Feminino	04:29:11	+03:05:37	26:55
307	1405	Cristina Landolt	Nuggets	Senior Feminino	04:29:13	+03:05:40	26:55
308	1406	Ana Guerra	Nuggets	Senior Feminino	04:29:14	+03:05:41	26:55
309	945	Catarina Monteiro	Got Tchallenge	Senior Feminino	04:29:31	+03:05:57	26:57

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Overall

10 KM

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310	962	Valéria Ferreira	Got Tchallenge	Senior Feminino	04:29:38	+03:06:04	26:58
311	961	Mariana Costa	Got Tchallenge	Senior Feminino	04:29:40	+03:06:07	26:58
312	963	Jéssica Gordo	Got Tchallenge	Senior Feminino	04:29:42	+03:06:08	26:58
313	944	Diana Ferreira	Got Tchallenge	Senior Feminino	04:29:51	+03:06:18	26:59
314	946	Tânia Gomes	Got Tchallenge	Senior Feminino	04:29:55	+03:06:21	27:00
315	943	Carina Lopes	Got Tchallenge	Senior Feminino	04:30:03	+03:06:30	27:00
316	959	Nadine Gomes	Got Tchallenge	Senior Feminino	04:30:05	+03:06:31	27:01
317	960	Adriana Gomes	Got Tchallenge	Senior Feminino	04:30:05	+03:06:31	27:01
318	1147	Mariana Francisco	RUSTY TEAM	Senior Feminino	04:30:09	+03:06:36	27:01
319	1138	Ana Salgueiro	RUSTY TEAM	Senior Feminino	04:30:29	+03:06:56	27:03
320	1136	Liliana Magalhães	RUSTY TEAM	Senior Feminino	04:30:31	+03:06:57	27:03
321	1146	Lúcia Duarte	RUSTY TEAM	Senior Feminino	04:30:40	+03:07:06	27:04
322	1142	Christele Pereira	RUSTY TEAM	Senior Feminino	04:30:41	+03:07:07	27:04
323	1143	Marisa Vieira	RUSTY TEAM	Senior Feminino	04:30:52	+03:07:19	27:05
324	1352	Milene Pereira	Velocity - Centro de treino	Senior Feminino	04:41:51	+03:18:18	28:11
325	1339	Flavia Pereira	Velocity - Centro de Treino	Senior Feminino	04:41:52	+03:18:19	28:11
326	1264	Fátima Calado	Velocity - Centro de Treino	Senior Feminino	04:41:55	+03:18:21	28:12
327	1853	andreiã Nabais	Velocity - Centro de Treino	Senior Feminino	04:41:55	+03:18:21	28:12
328	1292	Ana Letra	Velocity - Centro de Treino	Senior Feminino	04:41:57	+03:18:23	28:12
329	1517	Sonia Santos	Velocity - Centro de treino	Senior Feminino	04:41:58	+03:18:24	28:12
330	1276	Maria Calado	Velocity - Centro de Treino	Senior Feminino	04:41:59	+03:18:25	28:12
331	1270	Ângela Santos	Velocity - Centro de Treino	Senior Feminino	04:42:00	+03:18:26	28:12
332	1320	Sonia Martins	Velocity - Centro de Treino	Senior Feminino	04:42:01	+03:18:28	28:12
333	1327	Joana Branco	Velocity - Centro de Treino	Senior Feminino	04:42:03	+03:18:29	28:12

Senior Masculino

1	1245	Paulo Silva	Unbroken Box	Senior Masculino	01:23:33		08:21
2	1230	Francisco Gameiro	Unbroken Box	Senior Masculino	01:24:07	+00:33	08:25
3	1563	Ricardo Vieira	Unbroken Box	Senior Masculino	01:27:43	+04:09	08:46
4	1514	Joakim Pereira	TeamLiberty	Senior Masculino	01:40:22	+16:49	10:02
5	347	Tiago Cordeiro	37 Team	Senior Masculino	01:42:33	+18:59	10:15
6	1659	Luís Faustino	OCR POLICE TEAM	Senior Masculino	01:43:48	+20:15	10:23
7	1198	Bruno Fernandes	Individual	Senior Masculino	01:45:37	+22:03	10:34
8	1234	João Adriano	Unbroken Box	Senior Masculino	01:47:16	+23:42	10:44
9	1250	Rúben Henriques	Unbroken Box	Senior Masculino	01:47:26	+23:52	10:45
10	1837	Samuel Pedrosa	Remax Inn	Senior Masculino	01:48:10	+24:37	10:49
11	1833	Pedro Marques	Remax Inn	Senior Masculino	01:48:11	+24:38	10:49
12	1832	Pedro Ferraz	Remax Inn	Senior Masculino	01:48:19	+24:46	10:50
13	1836	Marco Marques	Remax Inn	Senior Masculino	01:48:25	+24:51	10:51
14	1828	Humberto Oliveira	Remax Inn	Senior Masculino	01:48:29	+24:55	10:51
15	1190	Carlos Graça	O Gordo vai à baliza	Senior Masculino	01:50:50	+27:17	11:05
16	1395	Lourenço Junior	Viseu	Senior Masculino	01:55:45	+32:12	11:35
17	1460	Diogo Moreira	Individual	Senior Masculino	01:55:46	+32:12	11:35
18	1374	Andre Esteves	Individual	Senior Masculino	01:55:50	+32:17	11:35
19	1093	Pedro Correia	Mata-Bicho	Senior Masculino	01:56:05	+32:31	11:37

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Overall

10 KM

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20	1094	Gonalo Marques	Mata-Bicho	Senior Masculino	01:56:11	+32:38	11:37
21	1087	Vitaliy Hurskyy	Mata-Bicho	Senior Masculino	01:56:31	+32:58	11:39
22	1249	Tiago Vieira	Unbroken Box	Senior Masculino	01:57:15	+33:42	11:44
23	1315	Bruno Alexandre Ribeiro	BARRACA CROSSFIT TEAM	Senior Masculino	02:00:57	+37:24	12:06
24	1157	Fbio Agostinho	Individual	Senior Masculino	02:04:42	+41:09	12:28
25	1479	Paulo Duarte	XOKINHOS PSP VISEU	Senior Masculino	02:06:03	+42:30	12:36
26	1480	MANUEL COELHO	XOKINHOS PSP VISEU	Senior Masculino	02:06:03	+42:30	12:36
27	927	FREDERICO MARTINS	AB	Senior Masculino	02:06:15	+42:41	12:38
28	1165	GONALO SILVA	Individual	Senior Masculino	02:06:57	+43:24	12:42
29	1752	Guilherme Azevedo	Individual	Senior Masculino	02:07:43	+44:10	12:46
30	1090	Manuel Magalhes	100 Limites	Senior Masculino	02:07:46	+44:13	12:47
31	1092	Nuno Parreira	100 Limites	Senior Masculino	02:07:53	+44:20	12:47
32	1192	Joo Andrade	Individual	Senior Masculino	02:08:15	+44:42	12:50
33	1163	Paulo Loureiro	Individual	Senior Masculino	02:09:47	+46:13	12:59
34	1653	Tiago Almeida	Move Martifer Gym	Senior Masculino	02:10:45	+47:11	13:05
35	1857	Hildair Cuinala	Move Martifer Gym	Senior Masculino	02:10:46	+47:12	13:05
36	1651	Gonalo Bandeira	Move Martifer Gym	Senior Masculino	02:12:56	+49:23	13:18
37	1654	Hugo Bastos	Move Martifer Gym	Senior Masculino	02:13:02	+49:29	13:18
38	1325	Pedro Roque	Individual	Senior Masculino	02:13:07	+49:33	13:19
39	1652	Fbio Martins	Move Martifer Gym	Senior Masculino	02:13:08	+49:35	13:19
40	1058	Tiago Nunes	#XAULAURATEAM	Senior Masculino	02:18:24	+54:51	13:50
41	1079	Manuel Simo	#XAULAURATEAM	Senior Masculino	02:18:25	+54:52	13:51
42	1062	Jorge Almeida	#XAULAURATEAM	Senior Masculino	02:18:26	+54:52	13:51
43	1059	Rui Rodrigues	#XAULAURATEAM	Senior Masculino	02:18:26	+54:52	13:51
44	1061	Tiago Santos	#XAULAURATEAM	Senior Masculino	02:18:27	+54:53	13:51
45	1164	Paulo Martins	Individual	Senior Masculino	02:18:51	+55:18	13:53
46	1097	Daniel Rodrigues	OCR Portugal Lab	Senior Masculino	02:18:51	+55:18	13:53
47	975	Jefferson Pinargote	Individual	Senior Masculino	02:21:39	+58:06	14:10
48	1054	Csar Simes	TFT Spartan Warriors & Invictus	Senior Masculino	02:21:56	+58:22	14:12
49	1056	Paulo Peixoto	TFT Spartan Warriors & Invictus	Senior Masculino	02:21:56	+58:22	14:12
50	1053	Christophe Capito	TFT Spartan Warriors & Invictus	Senior Masculino	02:21:56	+58:23	14:12
51	1055	Eduardo Fonseca	TFT Spartan Warriors & Invictus	Senior Masculino	02:21:57	+58:23	14:12
52	1792	Helder Silva	Marinha Grande	Senior Masculino	02:22:04	+58:30	14:12
53	1005	Roberto Alves	Maxigym	Senior Masculino	02:24:04	+01:00:31	14:24
54	1509	Jos Almeida	Individual	Senior Masculino	02:24:09	+01:00:35	14:25
55	1349	Nuno Jesus	Maxigym	Senior Masculino	02:24:16	+01:00:42	14:26
56	1515	Paulo Cesar Vicente	DREAM TEAM	Senior Masculino	02:25:10	+01:01:36	14:31
57	1004	Filipe Ferreira	Kruguer	Senior Masculino	02:25:24	+01:01:50	14:32
58	942	Rui Miguel Caralinda Silva	OCR POLICE TEAM	Senior Masculino	02:28:43	+01:05:10	14:52
59	1520	Rui Mendes	M&M	Senior Masculino	02:29:04	+01:05:31	14:54
60	1854	Jos Massa	Individual	Senior Masculino	02:30:29	+01:06:56	15:03
61	1150	Ruben Gomes	Individual	Senior Masculino	02:31:24	+01:07:50	15:08
62	1446	Pedro Marques	303	Senior Masculino	02:32:19	+01:08:46	15:14
63	1445	Ruben Carvalho	303	Senior Masculino	02:32:21	+01:08:47	15:14
64	1482	Fbio Mendes	303	Senior Masculino	02:32:24	+01:08:51	15:14
65	1176	Joo Moleirinho	Individual	Senior Masculino	02:34:28	+01:10:54	15:27

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Overall

10 KM

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66	1257	Diogo Azevedo	Viseu team	Senior Masculino	02:35:04	+01:11:30	15:30
67	1591	Tiago Rodrigues	Individual	Senior Masculino	02:35:12	+01:11:39	15:31
68	1259	Simão Silva	Viseu team	Senior Masculino	02:35:17	+01:11:43	15:32
69	967	Marco Filipe Ferreira COELHO	Individual	Senior Masculino	02:35:21	+01:11:48	15:32
70	1256	Daniel Azevedo	Viseu team	Senior Masculino	02:36:30	+01:12:56	15:39
71	1302	Telmo Franco	BARRACA CROSSFIT TEAM	Senior Masculino	02:38:43	+01:15:10	15:52
72	1297	Sergio Santos	Individual	Senior Masculino	02:38:48	+01:15:14	15:53
73	1298	Pedro Batista	BARRACA CROSSFIT TEAM	Senior Masculino	02:38:49	+01:15:15	15:53
74	977	Gonçalo Leão	Lion Brothers	Senior Masculino	02:39:43	+01:16:10	15:58
75	976	Tiago Leão	Lion Brothers	Senior Masculino	02:39:45	+01:16:12	15:59
76	1781	Tiago Santos	Viriato CrossFit	Senior Masculino	02:40:02	+01:16:28	16:00
77	1766	Luís Freitas	Viriato CrossFit	Senior Masculino	02:40:02	+01:16:29	16:00
78	1780	Miguel fonseca	Viriato CrossFit	Senior Masculino	02:40:04	+01:16:30	16:00
79	1778	Ricardo Gonçalves	Viriato CrossFit	Senior Masculino	02:40:05	+01:16:31	16:01
80	1777	Jose Gonçalves	Viriato CrossFit	Senior Masculino	02:40:06	+01:16:33	16:01
81	1776	António Feliciano	Viriato CrossFit	Senior Masculino	02:40:07	+01:16:34	16:01
82	1540	Paulo Mendes	Invictus	Senior Masculino	02:41:27	+01:17:54	16:09
83	1753	Sérgio Duarte Duarte	Dá-lhe Gás PSP Leiria Team	Senior Masculino	02:44:34	+01:21:00	16:27
84	1116	Luís Gonçalves	Individual	Senior Masculino	02:44:40	+01:21:06	16:28
85	1100	Helder Candido	Individual	Senior Masculino	02:44:40	+01:21:07	16:28
86	1813	Carlos Martins	Dá-lhe Gás PSP Leiria Team	Senior Masculino	02:44:43	+01:21:09	16:28
87	1723	Helder Fernandes	Dá-lhe Gás PSP Leiria Team	Senior Masculino	02:44:45	+01:21:12	16:29
88	1102	Paulo Vieira	Individual	Senior Masculino	02:44:54	+01:21:20	16:29
89	1129	Nelson Duarte Jesus	Individual	Senior Masculino	02:44:57	+01:21:24	16:30
90	1099	Frederico José	Frederico José	Senior Masculino	02:45:17	+01:21:43	16:32
91	1175	Rodrigo Vieira	ESDRM	Senior Masculino	02:45:26	+01:21:53	16:33
92	1174	Fábio Gonçalves	ESDRM	Senior Masculino	02:45:28	+01:21:55	16:33
93	1238	Luís Fidalgo	Unbroken Box	Senior Masculino	02:45:49	+01:22:16	16:35
94	1737	João Gaspar	#aminhamaenaodeixa	Senior Masculino	02:49:21	+01:25:48	16:56
95	1193	Marcio Eidt Fernandes	Leiria	Senior Masculino	02:51:30	+01:27:57	17:09
96	1467	Ricardo Soares	Fast but not furious v3.0	Senior Masculino	02:52:17	+01:28:44	17:14
97	1477	Marcos Simões	Fast but not furious v3.0	Senior Masculino	02:52:19	+01:28:46	17:14
98	1474	Marco Manta	Fast but not furious v3.0	Senior Masculino	02:52:25	+01:28:51	17:15
99	1675	Dionísio Gomes Mendes Mendes	Fast but not Furious v3.0	Senior Masculino	02:52:25	+01:28:51	17:15
100	1476	Fernando Almeida	Fast but not furious v3.0	Senior Masculino	02:52:26	+01:28:53	17:15
101	1466	Diogo Tavares	Fast but not Furious v3.0	Senior Masculino	02:52:30	+01:28:57	17:15
102	1478	Francisco Fonseca	Not Fast but Furious	Senior Masculino	02:52:31	+01:28:57	17:15
103	1469	Tiago Sampaio	Fast but not furious v3.0	Senior Masculino	02:52:41	+01:29:07	17:16
104	1507	Carlos Gabriel	SXL	Senior Masculino	02:53:34	+01:30:01	17:21
105	1392	Mauro Mendes	SXL	Senior Masculino	02:53:34	+01:30:01	17:21
106	1394	Marcio Claudino	SXL	Senior Masculino	02:53:35	+01:30:02	17:22
107	1393	Adriano Mendes	SXL	Senior Masculino	02:53:36	+01:30:02	17:22
108	1291	Vitor SANTOS	TeamLiberty	Senior Masculino	02:55:51	+01:32:17	17:35
109	1846	Leonardo Silva	Individual	Senior Masculino	02:55:53	+01:32:20	17:35
110	1847	Hugo Freitas	Individual	Senior Masculino	02:55:54	+01:32:20	17:35
111	1224	Bruno Carvalho	Unbroken Box	Senior Masculino	02:58:41	+01:35:07	17:52

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Overall

10 KM

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OFFICIAL RESULT

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112	1242	Francisco Fernandes	Unbroken Box	Senior Masculino	02:58:42	+01:35:09	17:52
113	1246	Pedro Gonçalves	Unbroken Box	Senior Masculino	02:58:44	+01:35:10	17:52
114	1576	Alberto Henriques	CBRRUNNING clube desportivo de castelo branco	Senior Masculino	03:01:01	+01:37:28	18:06
115	1662	Pedro Ferreira	Alquimia Health Club	Senior Masculino	03:03:10	+01:39:37	18:19
116	1661	Jeanduval Freitas	Alquimia Health Club	Senior Masculino	03:03:12	+01:39:38	18:19
117	1663	Daniel Antunes	Alquimia Health Club	Senior Masculino	03:03:16	+01:39:43	18:20
118	1709	Gabriel Ramos	Alquimia Health Club	Senior Masculino	03:03:17	+01:39:44	18:20
119	1007	André Henriques	Família	Senior Masculino	03:03:51	+01:40:17	18:23
120	1009	Daniel Franco	Família	Senior Masculino	03:03:56	+01:40:23	18:24
121	1008	Christophe Silva	Família	Senior Masculino	03:03:58	+01:40:24	18:24
122	1312	Luis Fontes	Individual	Senior Masculino	03:05:59	+01:42:26	18:36
123	1313	André Mata	Individual	Senior Masculino	03:06:02	+01:42:28	18:36
124	1439	Luis Silva	Individual	Senior Masculino	03:06:23	+01:42:50	18:38
125	1513	Felipe Bento	OCR POLICE TEAM	Senior Masculino	03:06:27	+01:42:53	18:39
126	1458	Carlos Santos	OCR POLICE TEAM	Senior Masculino	03:06:27	+01:42:53	18:39
127	1311	Paulo Monteiro	Individual	Senior Masculino	03:06:35	+01:43:01	18:40
128	1077	João Paulo Pereira Valério	Individual	Senior Masculino	03:06:38	+01:43:04	18:40
129	1006	Luis Coelho	Família	Senior Masculino	03:07:00	+01:43:27	18:42
130	1795	Jorge Coutinho	BA	Senior Masculino	03:07:52	+01:44:19	18:47
131	1794	Alexandre Blanco	BA	Senior Masculino	03:07:53	+01:44:20	18:47
132	1187	André Delgado	The Warriors	Senior Masculino	03:08:10	+01:44:37	18:49
133	1188	Leandro Delgado	The Warriors	Senior Masculino	03:08:12	+01:44:38	18:49
134	1127	André Miguel Monteiro	ASA TEAM	Senior Masculino	03:09:11	+01:45:37	18:55
135	1521	Joel Mendes	Individual	Senior Masculino	03:10:04	+01:46:30	19:00
136	1631	Rui Reis	Crossfit Leiria	Senior Masculino	03:10:17	+01:46:43	19:02
137	1400	Hugo Grilo	SETA NZ	Senior Masculino	03:10:22	+01:46:48	19:02
138	1629	Pedro Mendes	Crossfit Leiria	Senior Masculino	03:10:22	+01:46:48	19:02
139	1402	Tiago Barbosa	SETA NZ	Senior Masculino	03:10:22	+01:46:49	19:02
140	1600	Gustavo Bento	Crossfit Leiria	Senior Masculino	03:10:23	+01:46:49	19:02
141	1398	Leonel Calixto	SETA NZ	Senior Masculino	03:10:24	+01:46:51	19:02
142	1401	Raimundo Felismina	SETA NZ	Senior Masculino	03:10:26	+01:46:52	19:03
143	1399	Carlos Custódio	SETA NZ	Senior Masculino	03:10:29	+01:46:55	19:03
144	1024	Gonçalo Martins	Individual	Senior Masculino	03:10:42	+01:47:08	19:04
145	1108	Ricardo Costa	Adsumus	Senior Masculino	03:10:45	+01:47:11	19:05
146	1109	Patrício Pinto	Adsumus	Senior Masculino	03:10:51	+01:47:17	19:05
147	1072	Angelo Peixoto	Individual	Senior Masculino	03:10:52	+01:47:18	19:05
148	1635	Walter Ferreira	Crossfit Leiria	Senior Masculino	03:11:00	+01:47:27	19:06
149	1577	Bernardo Figueirôa	Be The Change	Senior Masculino	03:11:03	+01:47:29	19:06
150	1578	João Teodosio	Be The Change	Senior Masculino	03:11:04	+01:47:31	19:06
151	1579	Frederico Silva	Be The Change	Senior Masculino	03:11:06	+01:47:32	19:07
152	1581	César Vieira	Be The Change	Senior Masculino	03:11:07	+01:47:34	19:07
153	1580	Francisco Teodósio	Be The Change	Senior Masculino	03:11:09	+01:47:35	19:07
154	1841	Ricardo Pereira	Bithechange	Senior Masculino	03:11:10	+01:47:36	19:07
155	1583	Nuno Figueirôa	Be The Change	Senior Masculino	03:11:15	+01:47:42	19:08
156	1584	Lourenço Figueirôa	Be The Change	Senior Masculino	03:11:17	+01:47:43	19:08
157	1582	Wilson Pedroso	Be The Change	Senior Masculino	03:11:19	+01:47:45	19:08

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Overall

10 KM

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158	1634	Luís Santos	OCR POLICE TEAM	Senior Masculino	03:11:24	+01:47:50	19:08
159	1633	Tiago Santos	Crossfit Leiria	Senior Masculino	03:11:54	+01:48:21	19:11
160	1247	Nuno Santos	Os Flechas	Senior Masculino	03:12:03	+01:48:29	19:12
161	1354	Flávio Custodio	Os Flechas	Senior Masculino	03:12:05	+01:48:31	19:13
162	916	Jorge Morais	TeamLiberty	Senior Masculino	03:12:23	+01:48:50	19:14
163	1214	Manuel Portela	Pombal	Senior Masculino	03:12:38	+01:49:05	19:16
164	1272	Flávio Marques	Individual	Senior Masculino	03:12:47	+01:49:14	19:17
165	1632	Ricardo Gaspar	Crossfit Leiria	Senior Masculino	03:12:54	+01:49:21	19:17
166	1010	Giovanni Ferreira	Individual	Senior Masculino	03:13:38	+01:50:05	19:22
167	906	António Silva	Duros Do Aço	Senior Masculino	03:14:01	+01:50:28	19:24
168	907	Jean Ribeiro	Duros Do Aço	Senior Masculino	03:14:01	+01:50:28	19:24
169	1115	Marco Afonso	Os Atrasados	Senior Masculino	03:15:50	+01:52:16	19:35
170	1162	Luís Ribeiro	Os atrasados	Senior Masculino	03:15:52	+01:52:19	19:35
171	1527	Nuno Santos	Falco Team	Senior Masculino	03:16:23	+01:52:50	19:38
172	1526	Ivo Almeida	Falco Team	Senior Masculino	03:16:26	+01:52:52	19:39
173	1609	Nuno Mota	Crossfit Leiria	Senior Masculino	03:16:56	+01:53:22	19:42
174	1033	Eduardo Santos	Wild Frangus	Senior Masculino	03:17:45	+01:54:11	19:47
175	1036	Jorge Faísca	Wild Frangus	Senior Masculino	03:17:56	+01:54:22	19:48
176	1026	Luis Faria	Wild Frangus	Senior Masculino	03:18:12	+01:54:38	19:49
177	1037	André Pedro	Wild Frangus	Senior Masculino	03:18:14	+01:54:41	19:49
178	1011	Victor Ferreira	Wild Frangus	Senior Masculino	03:18:21	+01:54:47	19:50
179	1851	João Valério	Wild frangus	Senior Masculino	03:18:39	+01:55:05	19:52
180	1263	Dino Valério	Wild Frangus	Senior Masculino	03:18:41	+01:55:07	19:52
181	1649	Leonel Almeida	Crossfit Leiria	Senior Masculino	03:19:26	+01:55:53	19:57
182	1021	Ricardo Lebre	Wild Frangus	Senior Masculino	03:19:46	+01:56:13	19:59
183	1016	Luis Vitorino	Wild Frangus	Senior Masculino	03:19:57	+01:56:23	20:00
184	1017	Pedro Reis	Wild Frangus	Senior Masculino	03:20:02	+01:56:29	20:00
185	1042	Nuno Sousa	Wild Frangus	Senior Masculino	03:20:03	+01:56:29	20:00
186	1019	Telmo Serrão	Wild Frangus	Senior Masculino	03:20:08	+01:56:34	20:01
187	1497	Tiago Gaspar	Encosta n'tasca	Senior Masculino	03:20:29	+01:56:56	20:03
188	935	Pedro Silva	Amigos 100 Limites	Senior Masculino	03:20:30	+01:56:57	20:03
189	1498	Jorge Moura	Encosta n'tasca	Senior Masculino	03:20:35	+01:57:01	20:04
190	1156	Nelson Pedroso	Wild Frangus	Senior Masculino	03:21:18	+01:57:44	20:08
191	1387	Kevin Gaspar	Wild Frangus	Senior Masculino	03:22:01	+01:58:27	20:12
192	1043	Tiago Reis	Wild Frangus	Senior Masculino	03:22:02	+01:58:28	20:12
193	1561	João Carreira	Unbroken Box	Senior Masculino	03:22:09	+01:58:36	20:13
194	1735	David Vieira	Os Covas	Senior Masculino	03:22:16	+01:58:43	20:14
195	1736	Filipe Vieira	Os Covas	Senior Masculino	03:22:20	+01:58:47	20:14
196	1040	Tiago Vieira	Os Covas	Senior Masculino	03:22:21	+01:58:47	20:14
197	915	Huguinho Brito	TeamLiberty	Senior Masculino	03:24:56	+02:01:22	20:30
198	1289	Hugo rocha	TeamLiberty	Senior Masculino	03:24:56	+02:01:23	20:30
199	1423	David Silva	CrossFit Lusíadas	Senior Masculino	03:25:03	+02:01:30	20:30
200	1531	Vítor Pereira	CrossFit Lusíadas	Senior Masculino	03:25:05	+02:01:32	20:31
201	1044	Bruno Miguel Branco	Crossfit Lusíadas	Senior Masculino	03:25:07	+02:01:33	20:31
202	1045	Tiago Branco	Crossfit Lusíadas	Senior Masculino	03:25:08	+02:01:34	20:31
203	1484	Cláudio Barroca	CrossFit Lusíadas	Senior Masculino	03:25:10	+02:01:37	20:31

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Overall

10 KM

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204	1800	Christian Alvarado	CrossFit Lusíadas	Senior Masculino	03:25:11	+02:01:37	20:31
205	1714	Henrique Dias	CrossFit Lusíadas	Senior Masculino	03:25:12	+02:01:38	20:31
206	1538	Daniel Leitão	CrossFit Lusíadas	Senior Masculino	03:25:15	+02:01:42	20:32
207	1848	Nelson Rodrigues	LFO	Senior Masculino	03:26:24	+02:02:51	20:38
208	1082	Jorge Alves	LFO&Friends	Senior Masculino	03:26:28	+02:02:54	20:39
209	1064	Bruno Pereira	Amigos 100 Limites	Senior Masculino	03:27:19	+02:03:45	20:44
210	930	Alcino Silva	Amigos 100 Limites	Senior Masculino	03:27:19	+02:03:46	20:44
211	933	Flávio Teixeira	Amigos 100 Limites	Senior Masculino	03:27:21	+02:03:48	20:44
212	1855	Dário Anjos	Mal Paridos	Senior Masculino	03:27:48	+02:04:14	20:47
213	1733	Pedro Montez	zztop	Senior Masculino	03:27:50	+02:04:16	20:47
214	982	andré santos	zztop	Senior Masculino	03:27:54	+02:04:21	20:47
215	991	Bruno Brás	Individual	Senior Masculino	03:27:57	+02:04:23	20:48
216	1747	Marlon Mateus	zztop	Senior Masculino	03:28:01	+02:04:27	20:48
217	986	Tiago Ruivo	Ó da guarda	Senior Masculino	03:28:13	+02:04:40	20:49
218	1506	José Fernandes	Individual	Senior Masculino	03:28:46	+02:05:13	20:53
219	1572	Mauro Trindade	Individual	Senior Masculino	03:29:13	+02:05:40	20:55
220	1570	Renato Duarte	Renas	Senior Masculino	03:29:15	+02:05:42	20:56
221	980	Luis Leitão	GLINKATO	Senior Masculino	03:29:36	+02:06:02	20:58
222	979	Pedro Gonçalves	GLINKATO	Senior Masculino	03:29:36	+02:06:02	20:58
223	1278	Vitor Brás	Aves Negras	Senior Masculino	03:29:36	+02:06:03	20:58
224	1277	Rafael Ferreira	Aves Negras	Senior Masculino	03:29:37	+02:06:03	20:58
225	978	José Gonçalves	GLINKATO	Senior Masculino	03:29:37	+02:06:03	20:58
226	1343	Carlos Marques	GLINKATO	Senior Masculino	03:29:37	+02:06:04	20:58
227	925	Stephane Rodrigues	velha guarda e seus emplastos	Senior Masculino	03:30:26	+02:06:52	21:03
228	922	Mickael Martins	velha guarda e seus emplastos	Senior Masculino	03:30:27	+02:06:54	21:03
229	923	Bruno dias	velha guarda e seus emplastos	Senior Masculino	03:30:28	+02:06:54	21:03
230	1529	Carlos Vieira	Falco Team	Senior Masculino	03:30:38	+02:07:04	21:04
231	1530	Marcelo Lopes	Falco Team	Senior Masculino	03:30:38	+02:07:05	21:04
232	1412	Francisco Pereira	Individual	Senior Masculino	03:30:46	+02:07:12	21:05
233	1166	João Baptista	Entrevados	Senior Masculino	03:31:11	+02:07:37	21:07
234	1171	João Santos	Entrevados	Senior Masculino	03:31:12	+02:07:38	21:07
235	1167	Ricardo Tavares	Entrevados	Senior Masculino	03:31:13	+02:07:39	21:07
236	1172	Dinis Santiago	Entrevados	Senior Masculino	03:31:14	+02:07:40	21:07
237	1168	Tiago Nave	Entrevados	Senior Masculino	03:31:19	+02:07:46	21:08
238	1169	Ricardo Dias	Entrevados	Senior Masculino	03:31:21	+02:07:48	21:08
239	938	João Cartas	2Esquerdo	Senior Masculino	03:32:25	+02:08:52	21:15
240	932	Diogo Moreira	2Esquerdo	Senior Masculino	03:32:26	+02:08:52	21:15
241	1809	Luis Ribas	Individual	Senior Masculino	03:33:14	+02:09:40	21:19
242	1223	André Silva	Unbroken Box	Senior Masculino	03:33:42	+02:10:09	21:22
243	1451	Bruno Franco	Furamoto	Senior Masculino	03:33:54	+02:10:21	21:23
244	1722	Emanuel Dias	Individual	Senior Masculino	03:34:06	+02:10:32	21:25
245	1597	Cristiano Siopa	Bombeiros Voluntários Alcobaca	Senior Masculino	03:34:07	+02:10:33	21:25
246	1593	David Plácido	Bombeiros Voluntários Alcobaca	Senior Masculino	03:34:07	+02:10:34	21:25
247	1595	André Filipe Domingos	Bombeiros Voluntários Alcobaca	Senior Masculino	03:34:09	+02:10:36	21:25
248	1598	Pedro Sousa	Bombeiros Voluntários Alcobaca	Senior Masculino	03:34:11	+02:10:37	21:25
249	1594	João Paulo Carvalho	Bombeiros Voluntários Alcobaca	Senior Masculino	03:34:12	+02:10:39	21:25

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Overall

10 KM

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250	1596	João Pedro Trilho	Bombeiros Voluntarios Alcobaca	Senior Masculino	03:34:17	+02:10:44	21:26
251	1237	José Lopes	Unbroken Box	Senior Masculino	03:34:46	+02:11:12	21:29
252	1012	Pedro Melo	H-Ramos	Senior Masculino	03:36:04	+02:12:31	21:36
253	1840	João Rodrigues	H Ramos	Senior Masculino	03:36:06	+02:12:32	21:37
254	1569	Goncalo Santos	Individual	Senior Masculino	03:36:06	+02:12:32	21:37
255	1711	Hélder Marques	FactorTeam	Senior Masculino	03:36:14	+02:12:41	21:37
256	1807	Micael Louro	FITNESS FACTORY ALCOBAÇA	Senior Masculino	03:36:21	+02:12:47	21:38
257	1724	Marco Ribeiro	FITNESS FACTORY ALCOBAÇA	Senior Masculino	03:36:23	+02:12:49	21:38
258	1483	Rogério Godinho	FITNESS FACTORY ALCOBAÇA	Senior Masculino	03:36:24	+02:12:50	21:38
259	1789	Marco Abelha	FITNESS FACTORY ALCOBAÇA	Senior Masculino	03:36:26	+02:12:52	21:39
260	1806	André Carreira	FITNESS FACTORY ALCOBAÇA	Senior Masculino	03:36:26	+02:12:52	21:39
261	1793	João Maia	FITNESS FACTORY ALCOBAÇA	Senior Masculino	03:36:27	+02:12:54	21:39
262	1803	Fábio Pereira	FITNESS FACTORY ALCOBAÇA	Senior Masculino	03:36:30	+02:12:56	21:39
263	985	Benjamim Medalha	ÁREA 51 - BALANCE RUNNING CLUB	Senior Masculino	03:36:43	+02:13:09	21:40
264	1574	Joel Figueira	Individual	Senior Masculino	03:36:43	+02:13:10	21:40
265	1655	Bernardo Henriques	Individual	Senior Masculino	03:36:45	+02:13:12	21:41
266	1748	Manuel Jorge	ÁREA 51 - BALANCE RUNNING CLUB	Senior Masculino	03:37:02	+02:13:28	21:42
267	1705	João Monteiro	Crossfit Marinha Grande	Senior Masculino	03:37:05	+02:13:31	21:43
268	1485	Rui Bernardino	ÁREA 51 - BALANCE RUNNING CLUB	Senior Masculino	03:37:05	+02:13:32	21:43
269	1404	Fábio Fortunato	ÁREA 51 - BALANCE RUNNING CLUB	Senior Masculino	03:37:06	+02:13:32	21:43
270	1688	Ricardo Querido	Crossfit Marinha Grande	Senior Masculino	03:37:06	+02:13:33	21:43
271	1697	Tiago Silva	Crossfit Marinha Grande	Senior Masculino	03:37:08	+02:13:34	21:43
272	1706	Ivan Duarte	Crossfit Marinha Grande	Senior Masculino	03:37:10	+02:13:36	21:43
273	1396	João Sancheira	ÁREA 51 - BALANCE RUNNING CLUB	Senior Masculino	03:37:18	+02:13:45	21:44
274	1815	Ricardo Caseiro	PT50	Senior Masculino	03:38:07	+02:14:34	21:49
275	1814	João Carvalho	PT50	Senior Masculino	03:38:08	+02:14:35	21:49
276	1816	André Carvalho	PT50	Senior Masculino	03:38:10	+02:14:36	21:49
277	1179	Miguel Vieira	Indecisos	Senior Masculino	03:38:56	+02:15:23	21:54
278	1413	Luís Lopes	Individual	Senior Masculino	03:39:47	+02:16:13	21:59
279	972	Vitor Campos	Individual	Senior Masculino	03:40:31	+02:16:58	22:03
280	1678	Delio Fernandes	Crossfit Marinha Grande	Senior Masculino	03:40:51	+02:17:18	22:05
281	914	Hugo Brito	TeamLiberty	Senior Masculino	03:42:09	+02:18:36	22:13
282	1783	Rui Aranha	Crossfit Montijo	Senior Masculino	03:42:39	+02:19:06	22:16
283	1785	Andre Gomes	Crossfit Montijo	Senior Masculino	03:42:45	+02:19:12	22:17
284	1786	Joao Gonçalves	Crossfit Montijo	Senior Masculino	03:42:49	+02:19:15	22:17
285	1708	Pedro Machado	Crossfit Montijo	Senior Masculino	03:42:49	+02:19:16	22:17
286	1657	Henrique Costa	Crossfit Montijo	Senior Masculino	03:42:53	+02:19:20	22:17
287	1281	Ricardo Coelho	TeamLiberty	Senior Masculino	03:43:05	+02:19:31	22:19
288	1681	Christian Ramusga	Crossfit Marinha Grande	Senior Masculino	03:43:27	+02:19:53	22:21
289	1701	Rui Damasio	Crossfit Marinha Grande	Senior Masculino	03:43:31	+02:19:57	22:21
290	1677	Christopher Fernandes	Crossfit Marinha Grande	Senior Masculino	03:43:38	+02:20:05	22:22
291	1676	David Pires	Crossfit Marinha Grande	Senior Masculino	03:43:40	+02:20:07	22:22
292	1695	Francisco Ribeiro	Crossfit Marinha Grande	Senior Masculino	03:43:41	+02:20:07	22:22

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Overall

10 KM

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293	1691	Alexandre Carvalho	Crossfit Marinha Grande	Senior Masculino	03:43:41	+02:20:08	22:22
294	1226	Davy Coutinho	Unbroken Box	Senior Masculino	03:44:11	+02:20:37	22:25
295	1229	Francisco Quinas	Unbroken Box	Senior Masculino	03:44:12	+02:20:39	22:25
296	1241	Miguel Dinis	Unbroken Box	Senior Masculino	03:44:13	+02:20:39	22:25
297	1231	Gonalo Ferreira	Unbroken Box	Senior Masculino	03:44:17	+02:20:43	22:26
298	1182	Toms Vieira	Indecisos	Senior Masculino	03:44:21	+02:20:48	22:26
299	1183	Rafael Quiterio	Indecisos	Senior Masculino	03:44:32	+02:20:59	22:27
300	1248	Ricardo Branco	Unbroken Box	Senior Masculino	03:44:37	+02:21:03	22:28
301	1666	Nuno Castro	Sulinetes	Senior Masculino	03:44:57	+02:21:24	22:30
302	1670	lvaro Pereira	Sulinetes	Senior Masculino	03:45:05	+02:21:31	22:31
303	1560	Vtor Simes	Unbroken Box	Senior Masculino	03:45:05	+02:21:32	22:31
304	1251	Rui Bruno	Unbroken Box	Senior Masculino	03:45:14	+02:21:41	22:31
305	1227	Filipe Afoito	Unbroken Box	Senior Masculino	03:45:15	+02:21:41	22:32
306	1672	Jorge Arajo	Bala	Senior Masculino	03:46:45	+02:23:12	22:41
307	1673	Ricardo Silva	Bala	Senior Masculino	03:46:46	+02:23:13	22:41
308	1288	Paulo costa	TeamLiberty	Senior Masculino	03:49:17	+02:25:44	22:56
309	1425	Pedro Matos	Batalho crossgym	Senior Masculino	03:49:42	+02:26:09	22:58
310	1426	Ricardo Vaz	Batalho crossgym	Senior Masculino	03:49:43	+02:26:09	22:58
311	1431	Diogo Carmo	Batalho crossgym	Senior Masculino	03:49:51	+02:26:17	22:59
312	1428	Rui Valente	Batalho crossgym	Senior Masculino	03:49:52	+02:26:18	22:59
313	1430	Jos lus Silva	Batalho crossgym	Senior Masculino	03:49:53	+02:26:20	22:59
314	1427	Tiago Penim	Batalho crossgym	Senior Masculino	03:49:54	+02:26:20	22:59
315	1429	Fbio Cardoso	Batalho crossgym	Senior Masculino	03:49:54	+02:26:21	22:59
316	1209	Pedro Gonalves	Olinelo Confeces	Senior Masculino	03:49:55	+02:26:22	23:00
317	1211	Fernando Godinho	Olinelo Confeces	Senior Masculino	03:49:55	+02:26:22	23:00
318	1210	Nelson Marques	Olinelo Confeces	Senior Masculino	03:49:57	+02:26:23	23:00
319	1391	Lus Marques	Filhos da pauta	Senior Masculino	03:50:13	+02:26:39	23:01
320	1486	David Carvalho	Filhos da pauta	Senior Masculino	03:50:13	+02:26:39	23:01
321	1389	Rafael Pereira	Filhos da pauta	Senior Masculino	03:50:17	+02:26:44	23:02
322	1545	Andr Vieira	New Ground Fitness	Senior Masculino	03:50:42	+02:27:09	23:04
323	1522	Israel Emerson Nascimento	Leiria	Senior Masculino	03:50:42	+02:27:09	23:04
324	1573	Joo Duarte	New Ground Fitness	Senior Masculino	03:50:49	+02:27:16	23:05
325	1575	Jorge Formiga	Individual	Senior Masculino	03:50:50	+02:27:17	23:05
326	1199	Nuno Pereira	EKMA	Senior Masculino	03:50:51	+02:27:17	23:05
327	1858	Tiago Paulino	Individual	Senior Masculino	03:50:55	+02:27:21	23:06
328	1283	Carlos Gaivoto Gil	EKMA	Senior Masculino	03:50:55	+02:27:22	23:06
329	1553	Mrcio Vidinha	New Ground Fitness	Senior Masculino	03:50:58	+02:27:25	23:06
330	1550	Fbio Silva	New Ground Fitness	Senior Masculino	03:51:00	+02:27:26	23:06
331	1586	Filipe Agostinho	knockout Team	Senior Masculino	03:51:39	+02:28:06	23:10
332	917	Wilson Tries	Individual	Senior Masculino	03:51:43	+02:28:10	23:10
333	1588	Francisco Crespo	knockout Team	Senior Masculino	03:51:56	+02:28:23	23:12
334	1589	Ruben Lopes	knockout Team	Senior Masculino	03:52:00	+02:28:27	23:12
335	1184	Toms Almeida	Indecisos	Senior Masculino	03:54:14	+02:30:41	23:25
336	1839	David Brites	Active Fit	Senior Masculino	03:54:43	+02:31:09	23:28
337	1742	Fabio Moreira	AtiveFit	Senior Masculino	03:54:44	+02:31:10	23:28
338	1592	MARIO LOPES	Leiria	Senior Masculino	03:54:53	+02:31:19	23:29

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Overall

10 KM

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OFFICIAL RESULT

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339	1743	Filipe Afoito	AtiveFit	Senior Masculino	03:54:55	+02:31:22	23:30
340	1764	Renato Oliveira	REFOOD LEIRIA	Senior Masculino	03:56:24	+02:32:51	23:38
341	1758	Tiago Lourenço	REFOOD LEIRIA	Senior Masculino	03:56:32	+02:32:59	23:39
342	1756	Hélder Antunes	REFOOD LEIRIA	Senior Masculino	03:56:42	+02:33:08	23:40
343	1755	Ricardo Coelho	REFOOD LEIRIA	Senior Masculino	03:56:43	+02:33:09	23:40
344	1762	Hugo Medeiros	REFOOD LEIRIA	Senior Masculino	03:56:45	+02:33:11	23:41
345	1728	Bruno Custódio	Individual	Senior Masculino	03:57:21	+02:33:47	23:44
346	1731	Paulo Serra	Individual	Senior Masculino	03:57:22	+02:33:48	23:44
347	1749	Rui Freire	Individual	Senior Masculino	03:57:30	+02:33:56	23:45
348	1726	Marcelo Bregieira	Individual	Senior Masculino	03:57:31	+02:33:57	23:45
349	1306	Cristiano santos	Silva	Senior Masculino	03:58:34	+02:35:00	23:51
350	1788	Miguel Costa	Individual	Senior Masculino	03:59:38	+02:36:05	23:58
351	1790	Nuno Limpo	Rio De Mouro	Senior Masculino	03:59:39	+02:36:06	23:58
352	1555	Paulo Salvador	ANTeam	Senior Masculino	03:59:50	+02:36:16	23:59
353	1207	Daniel Maia	ANTeam	Senior Masculino	04:00:00	+02:36:26	24:00
354	1208	Tiago Cardoso	ANTeam	Senior Masculino	04:00:01	+02:36:28	24:00
355	1493	Estêvão Anacleto	ANTeam	Senior Masculino	04:00:10	+02:36:37	24:01
356	1067	Luis Ferreira	TR TEAM	Senior Masculino	04:00:12	+02:36:39	24:01
357	1069	André Sousa	TR TEAM	Senior Masculino	04:00:13	+02:36:39	24:01
358	1491	Rodolfo Gomes	Impossibles	Senior Masculino	04:00:15	+02:36:42	24:02
359	1001	Nelson Santos	TR TEAM	Senior Masculino	04:00:18	+02:36:44	24:02
360	1510	João Monteiro	Impossibles	Senior Masculino	04:00:18	+02:36:45	24:02
361	908	Hugo Oliveira	ANTeam	Senior Masculino	04:00:27	+02:36:54	24:03
362	1494	André Madeira	ANTeam	Senior Masculino	04:00:37	+02:37:03	24:04
363	1488	Vítor Morgado	Impossibles	Senior Masculino	04:00:44	+02:37:10	24:04
364	1492	Rui Henriques	Impossibles	Senior Masculino	04:00:55	+02:37:22	24:06
365	1501	João Moreira	Impossibles	Senior Masculino	04:00:55	+02:37:22	24:06
366	1512	Rafael Silva	Impossibles	Senior Masculino	04:00:57	+02:37:23	24:06
367	1519	Fábio Mendonça	Crossfit Lusíadas	Senior Masculino	04:02:24	+02:38:50	24:14
368	1459	João Santos	CCFAMILY	Senior Masculino	04:02:25	+02:38:52	24:15
369	1434	Marco Teodosio	Crossfit Lusíadas	Senior Masculino	04:02:27	+02:38:54	24:15
370	968	Bruno Rei	CCFAMILY	Senior Masculino	04:02:28	+02:38:55	24:15
371	965	Nuno Mariz	CCFAMILY	Senior Masculino	04:02:31	+02:38:58	24:15
372	1397	Vasco Biscoito	CrossFit Lusíadas	Senior Masculino	04:03:06	+02:39:33	24:19
373	1255	Filipe Martins	Fitness Factory Leiria	Senior Masculino	04:03:41	+02:40:08	24:22
374	1158	Paulo Rodrigues	Fitness Factory	Senior Masculino	04:03:44	+02:40:10	24:22
375	1537	JORGE INÊS	Fitness Factory Leiria	Senior Masculino	04:03:45	+02:40:11	24:23
376	1254	João Lopes	Fitness Factory Leiria	Senior Masculino	04:03:46	+02:40:12	24:23
377	1186	Bruno Freire	Fitness Factory	Senior Masculino	04:03:47	+02:40:14	24:23
378	1500	Miguel Vieira	Fitness Factory	Senior Masculino	04:03:49	+02:40:15	24:23
379	1499	José Ferreira	Os Atrasados	Senior Masculino	04:05:36	+02:42:03	24:34
380	1554	Ulisses Marques	Os Atrasados	Senior Masculino	04:05:39	+02:42:05	24:34
381	1105	Daniel Pinto	Os Atrasados	Senior Masculino	04:05:39	+02:42:06	24:34
382	1177	Hélder Roque	Os Atrasados	Senior Masculino	04:05:40	+02:42:06	24:34
383	1798	João Antunes	Os Atrasados	Senior Masculino	04:05:40	+02:42:07	24:34
384	1690	Pedro Vicente	Crossfit Marinha Grande	Senior Masculino	04:06:12	+02:42:39	24:37

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Overall

10 KM

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385	1692	Tiago Ferreira	Crossfit Marinha Grande	Senior Masculino	04:06:13	+02:42:39	24:37
386	1683	Carlos Ferreira	Crossfit Marinha Grande	Senior Masculino	04:06:13	+02:42:39	24:37
387	1700	Francisco Gracio	Crossfit Marinha Grande	Senior Masculino	04:06:18	+02:42:44	24:38
388	1686	Nuno Pedro	Crossfit Marinha Grande	Senior Masculino	04:06:19	+02:42:45	24:38
389	1269	José Costa	Individual	Senior Masculino	04:06:25	+02:42:51	24:39
390	1770	Diogo Costa	Viriato CrossFit	Senior Masculino	04:06:28	+02:42:55	24:39
391	902	Alexandre Sousa	Vimos pelas vistas	Senior Masculino	04:06:30	+02:42:56	24:39
392	900	João Pereira	Vimos pelas vistas	Senior Masculino	04:06:30	+02:42:57	24:39
393	904	Eduardo Massena	Vimos pelas vistas	Senior Masculino	04:06:32	+02:42:59	24:39
394	1745	Andre Silva	AtiveFit	Senior Masculino	04:06:37	+02:43:03	24:40
395	1741	Emanuel Delgado	AtiveFit	Senior Masculino	04:06:38	+02:43:04	24:40
396	1739	Daniel Gaspar	AtiveFit	Senior Masculino	04:06:38	+02:43:04	24:40
397	1774	Ricardo Costa	Viriato CrossFit	Senior Masculino	04:06:43	+02:43:09	24:40
398	1775	Gonçalo Pita	Viriato CrossFit	Senior Masculino	04:06:46	+02:43:12	24:41
399	1216	Mauro Pereira	Papa-reforços	Senior Masculino	04:06:46	+02:43:13	24:41
400	1219	Sandro Remigio	Papa-reforços	Senior Masculino	04:06:48	+02:43:15	24:41
401	1773	João Filipe	Viriato CrossFit	Senior Masculino	04:06:49	+02:43:16	24:41
402	1768	Oleh Novak	Viriato CrossFit	Senior Masculino	04:06:49	+02:43:16	24:41
403	1779	Marcos Brandão	Viriato CrossFit	Senior Masculino	04:06:50	+02:43:17	24:41
404	1612	João Pedrosa	Crossfit Leiria	Senior Masculino	04:07:02	+02:43:29	24:42
405	1639	Marco Bernardo	Crossfit Leiria	Senior Masculino	04:07:05	+02:43:31	24:43
406	1644	Ricardo Almeida	Crossfit Leiria	Senior Masculino	04:07:06	+02:43:32	24:43
407	1608	Ricardo Mendes	Crossfit Leiria	Senior Masculino	04:07:06	+02:43:33	24:43
408	1648	Valter Lisboa	Crossfit Leiria	Senior Masculino	04:07:06	+02:43:33	24:43
409	1646	Ivo Santos	Crossfit Leiria	Senior Masculino	04:07:08	+02:43:35	24:43
410	1643	Frederico Neves	Crossfit Leiria	Senior Masculino	04:07:08	+02:43:35	24:43
411	1642	Flávio Neves	Crossfit Leiria	Senior Masculino	04:07:10	+02:43:36	24:43
412	1647	Ivan Silva	Crossfit Leiria	Senior Masculino	04:07:10	+02:43:37	24:43
413	1605	Bruno Sequeira	Crossfit Leiria	Senior Masculino	04:07:13	+02:43:40	24:43
414	1626	Marco Cordeiro	Crossfit Leiria	Senior Masculino	04:07:13	+02:43:40	24:43
415	1601	Armando Melo	Crossfit Leiria	Senior Masculino	04:07:14	+02:43:41	24:43
416	1614	Pedro Oliveira	Crossfit Leiria	Senior Masculino	04:07:16	+02:43:43	24:44
417	1637	Carlos Sequeira	Crossfit Leiria	Senior Masculino	04:07:18	+02:43:45	24:44
418	1625	André Fidalgo	CrossFit Leiria	Senior Masculino	04:07:19	+02:43:45	24:44
419	1604	João Lucas	Crossfit Leiria	Senior Masculino	04:07:20	+02:43:47	24:44
420	1616	Vitor Santos	Crossfit Leiria	Senior Masculino	04:07:21	+02:43:47	24:44
421	1611	Fábio Ventura	Crossfit Leiria	Senior Masculino	04:07:24	+02:43:50	24:44
422	1622	Ivo Nunes	CrossFit Leiria	Senior Masculino	04:07:25	+02:43:52	24:45
423	1619	Tomás Joaninho	Crossfit Leiria	Senior Masculino	04:07:26	+02:43:53	24:45
424	1630	Mauricelio Nascimento	CrossFit Leiria	Senior Masculino	04:07:30	+02:43:56	24:45
425	1638	João Gomes	Crossfit Leiria	Senior Masculino	04:07:39	+02:44:06	24:46
426	1818	Luis Silva	Crossfit Leiria	Senior Masculino	04:07:42	+02:44:09	24:46
427	1617	Diogo Pedrosa	Crossfit Leiria	Senior Masculino	04:07:50	+02:44:16	24:47
428	999	Paulo Cabecinhas	Cabecinhas Team	Senior Masculino	04:08:09	+02:44:36	24:49
429	1819	Miguel Matos	Algarve	Senior Masculino	04:08:11	+02:44:37	24:49
430	1820	Diogo Silva	Algarve	Senior Masculino	04:08:11	+02:44:38	24:49

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Overall

10 KM

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431	1822	Diogo Marques	Algarve	Senior Masculino	04:08:14	+02:44:40	24:49
432	1821	Pedro Vienix	Algarve	Senior Masculino	04:08:15	+02:44:42	24:50
433	1369	Tiago Santos	Montanelas	Senior Masculino	04:08:25	+02:44:51	24:51
434	1070	Joel Reis	As belas e o Monstro	Senior Masculino	04:08:27	+02:44:53	24:51
435	1367	Pedro Gonçalves	Montanelas	Senior Masculino	04:08:28	+02:44:54	24:51
436	1206	Paulo Mendonça	Maximianos	Senior Masculino	04:09:36	+02:46:03	24:58
437	1791	José Santos	OCR POLICE TEAM	Senior Masculino	04:10:15	+02:46:42	25:02
438	1365	Pedro Jorge	Montanelas	Senior Masculino	04:10:24	+02:46:51	25:02
439	1368	Pavel Petrov	Montanelas	Senior Masculino	04:10:24	+02:46:51	25:02
440	1048	Gabriel Candido	Maximianos	Senior Masculino	04:10:41	+02:47:08	25:04
441	1194	Alexis Trigueiro	Maximianos	Senior Masculino	04:10:44	+02:47:11	25:04
442	1049	Leandro Candido	Maximianos	Senior Masculino	04:10:45	+02:47:12	25:05
443	1046	Helder Candido	Maximianos	Senior Masculino	04:10:57	+02:47:23	25:06
444	1375	Fernando Fonseca	Os Pastorinhos	Senior Masculino	04:10:57	+02:47:23	25:06
445	1215	Paulo Antunes	Maximianos	Senior Masculino	04:11:13	+02:47:40	25:07
446	1377	Emanuel Simão	Os Pastorinhos	Senior Masculino	04:11:18	+02:47:44	25:08
447	1719	Adérito Estrela	OCR POLICE TEAM	Senior Masculino	04:11:26	+02:47:52	25:09
448	1716	Fábio Azevedo	OCR POLICE TEAM	Senior Masculino	04:11:27	+02:47:53	25:09
449	1376	Philippe Simão	Os Pastorinhos	Senior Masculino	04:11:52	+02:48:19	25:11
450	995	André Fernandes	Cabecinhas Team	Senior Masculino	04:11:53	+02:48:20	25:11
451	997	Rui André Pedrosa Estrada	Cabecinhas Team	Senior Masculino	04:11:54	+02:48:20	25:11
452	1383	João Silva	Os Pastorinhos	Senior Masculino	04:11:58	+02:48:25	25:12
453	1556	Pedro Silva	Fittrainnig Academy	Senior Masculino	04:12:03	+02:48:29	25:12
454	1535	Mickael Freire	FitTraining Academy	Senior Masculino	04:12:08	+02:48:34	25:13
455	1379	André Carreira	Os Pastorinhos	Senior Masculino	04:12:09	+02:48:36	25:13
456	1384	Paulo Gonçalves	Os Pastorinhos	Senior Masculino	04:12:15	+02:48:41	25:14
457	1464	Filipe Estanislau	FitTraining Academy	Senior Masculino	04:12:20	+02:48:46	25:14
458	1449	Emanuel Pedrosa	FitTraining Academy	Senior Masculino	04:12:26	+02:48:52	25:15
459	1462	Mário Marques	FitTraining Academy	Senior Masculino	04:12:31	+02:48:57	25:15
460	1503	Philippe Miguel	FitTraining Academy	Senior Masculino	04:12:59	+02:49:25	25:18
461	1442	Rúben Ribeiro	CrossFit Lusíadas	Senior Masculino	04:13:04	+02:49:30	25:18
462	1421	Vasco Matos	CrossFit Lusíadas	Senior Masculino	04:13:17	+02:49:43	25:20
463	1293	José Carlos Cabaço	#BestLifeTeam	Senior Masculino	04:15:36	+02:52:03	25:34
464	1271	Luís Couto	#BestLifeTeam	Senior Masculino	04:15:38	+02:52:04	25:34
465	1566	Fábio Sintra	Os rijos	Senior Masculino	04:15:38	+02:52:05	25:34
466	1564	Fábio Alberto	Os Rijos	Senior Masculino	04:15:41	+02:52:07	25:34
467	1334	Joel Lopes	#BestLifeTeam	Senior Masculino	04:15:44	+02:52:11	25:34
468	1417	Paulo Augusto	#BestLifeTeam	Senior Masculino	04:15:45	+02:52:11	25:35
469	1335	Guilherme Nunes	#BestLifeTeam	Senior Masculino	04:15:47	+02:52:13	25:35
470	1301	Pedro Carvalho	#BestLifeTeam	Senior Masculino	04:15:50	+02:52:17	25:35
471	1416	Tomás Augusto	#BestLifeTeam	Senior Masculino	04:15:53	+02:52:19	25:35
472	1361	Rafael Oliveira	#BestLifeTeam	Senior Masculino	04:15:54	+02:52:21	25:35
473	1358	Diogo Santana	Wine Power	Senior Masculino	04:16:39	+02:53:05	25:40
474	1333	Francisco Pimenta	Wine Power	Senior Masculino	04:16:41	+02:53:07	25:40
475	1331	Ricardo Silva	Wine Power	Senior Masculino	04:16:44	+02:53:10	25:40
476	1332	Gonçalo Calado	Wine Power	Senior Masculino	04:16:45	+02:53:11	25:41

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Overall

10 KM

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477	1360	Francisco Nazaré	Wine Power	Senior Masculino	04:16:46	+02:53:12	25:41
478	1329	Miguel Vicente	Wine Power	Senior Masculino	04:16:46	+02:53:12	25:41
479	1119	João André Gomes	JJ Outdoors	Senior Masculino	04:16:50	+02:53:17	25:41
480	1152	José Santos	Individual	Senior Masculino	04:16:51	+02:53:17	25:41
481	1125	Cédric Frazão	Individual	Senior Masculino	04:16:56	+02:53:22	25:42
482	1118	João Pereira	Individual	Senior Masculino	04:16:58	+02:53:25	25:42
483	1120	Hernâni Rodrigues	JJ Outdoors	Senior Masculino	04:16:59	+02:53:26	25:42
484	1122	Fábio Reis	Individual	Senior Masculino	04:17:02	+02:53:29	25:42
485	1341	Rafael Valadas	SuperSquad	Senior Masculino	04:23:07	+02:59:34	26:19
486	1324	Rafael Henriques	SuperSquad	Senior Masculino	04:23:08	+02:59:34	26:19
487	1533	António Pavão	SuperSquad	Senior Masculino	04:23:08	+02:59:35	26:19
488	1356	Gabriel Mendes	Aguenta Coração	Senior Masculino	04:23:50	+03:00:17	26:23
489	981	Rúben Almeida	Aguenta Coração	Senior Masculino	04:23:52	+03:00:18	26:23
490	1802	Tony Gaspar	Aguenta Coração	Senior Masculino	04:23:56	+03:00:22	26:24
491	989	Ayrton Santos	Aguenta Coração	Senior Masculino	04:23:58	+03:00:25	26:24
492	1131	Miguel Lopes	RUSTY TEAM	Senior Masculino	04:28:24	+03:04:51	26:50
493	1145	Pedro Pereira	RUSTY TEAM	Senior Masculino	04:28:26	+03:04:52	26:51
494	1139	Sérgio Franquinho	RUSTY TEAM	Senior Masculino	04:28:27	+03:04:54	26:51
495	1141	Marco Pinhal	RUSTY TEAM	Senior Masculino	04:28:34	+03:05:01	26:51
496	1409	Igor Alcada	Nuggets	Senior Masculino	04:28:58	+03:05:25	26:54
497	1408	Joao Pedro Bernardo	Nuggets	Senior Masculino	04:29:07	+03:05:34	26:55
498	1568	Marco Pascoal	Nuggets	Senior Masculino	04:29:12	+03:05:38	26:55
499	1410	Marcio Pinto	Nuggets	Senior Masculino	04:29:19	+03:05:46	26:56
500	949	Vasco Ferreira	Got Tchallenge	Senior Masculino	04:29:27	+03:05:53	26:57
501	947	Cristiano Sousa	Got Tchallenge	Senior Masculino	04:29:30	+03:05:56	26:57
502	964	Marco Ferreira	Got Tchallenge	Senior Masculino	04:29:36	+03:06:02	26:58
503	948	João Fernandes	Got Tchallenge	Senior Masculino	04:29:45	+03:06:11	26:59
504	957	Bernardo Carnide	Got Tchallenge	Senior Masculino	04:29:46	+03:06:12	26:59
505	954	Nelson Mendes	Got Tchallenge	Senior Masculino	04:29:52	+03:06:19	26:59
506	956	João Simões	Got Tchallenge	Senior Masculino	04:29:53	+03:06:20	26:59
507	955	Fábio Romão	Got Tchallenge	Senior Masculino	04:29:56	+03:06:23	27:00
508	958	João Vieira	Got Tchallenge	Senior Masculino	04:30:06	+03:06:32	27:01
509	1134	Carlos Lopes	RUSTY TEAM	Senior Masculino	04:30:08	+03:06:35	27:01
510	1720	Bruno Fernandes	RUSTY TEAM	Senior Masculino	04:30:33	+03:07:00	27:03
511	1137	Pedro Silva	RUSTY TEAM	Senior Masculino	04:30:48	+03:07:14	27:05
512	1135	Rui Carreira	RUSTY TEAM	Senior Masculino	04:30:50	+03:07:17	27:05
513	1144	Paulo Barreto	RUSTY TEAM	Senior Masculino	04:30:52	+03:07:18	27:05
514	1123	Pedro Fernandes	Parar é Morrer	Senior Masculino	04:38:47	+03:15:13	27:53
515	1124	Diogo Almeida	Parar é Morrer	Senior Masculino	04:39:01	+03:15:28	27:54
516	1351	Filipe Neves	Velocity - Centro de treino	Senior Masculino	04:41:50	+03:18:16	28:11
517	1261	Luis Figueiredo	Velocity - Centro de Treino	Senior Masculino	04:41:53	+03:18:20	28:11
518	1319	Hugo Mota	Velocity - Centro de Treino	Senior Masculino	04:41:59	+03:18:26	28:12
519	1279	David Pinto	Velocity - Centro de Treino	Senior Masculino	04:42:00	+03:18:27	28:12
520	1518	João Santos	Velocity - Centro de treino	Senior Masculino	04:42:02	+03:18:28	28:12
521	1326	David Agostinho	Velocity - Centro de Treino	Senior Masculino	04:42:05	+03:18:31	28:13
522	1300	Pedro Martins	Velocity - Centro de Treino	Senior Masculino	04:42:08	+03:18:34	28:13

Official Timekeeper: Lap2Go	19 / 20	generate 09-Jun-2019 15:16
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10 KM

OFFICIAL RESULT

523	1262	Francisco Calado	Velocity - Centro de Treino	Senior Masculino	04:42:09	+03:18:36	28:13
524	1372	João Frade	Velocity - Centro de Treino	Senior Masculino	04:42:09	+03:18:36	28:13
525	1299	Gilberto Martins	Velocity - Centro de Treino	Senior Masculino	04:42:11	+03:18:37	28:13
526	1317	João Baptista	Velocity - Centro de Treino	Senior Masculino	04:42:12	+03:18:39	28:13