Meeting Internacional de Águas Abertas de Montalegre

Montalegre,PT

29-June-2019

5000M - STAGE 1

5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	11:00	21.2ºC	69%
End	12:19	-99ºC	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	44	GIL, Rafael Lourenco	scp	AA+20 Masculino	57:28		11:30
2	33	CAMPOS, Tiago Filipe	cnrm	AA+20 Masculino	57:32	+00:03	11:30
3	47	JOSE, Diogo Coelho	scc	AA1819 Masculino	57:36	+00:08	11:31
4	51	NUNES, Diogo Barbosa	fcp	AA1819 Masculino	57:41	+00:13	11:32
5	2	ANDRE, Angelica Maria	cfp	AA+20 Feminino	57:43	+00:15	11:33
6	31	BARBARA, Goncalo Gualberto	cnrm	AA1819 Masculino	57:46	+00:18	11:33
7	58	SAMPAIO, Jose Pedro	cfp	AA+20 Masculino	57:47	+00:19	11:34
8	19	ROSA, Mafalda Sofia	cnrm	AA1617 Feminino	57:49	+00:21	11:34
9	53	OLIVEIRA, Vitor Teixeira	scc	AA1617 Masculino	57:52	+00:24	11:34
10	34	CANADAS, Joao Vasco	cnrm	AA1617 Masculino	58:46	+01:18	11:45
11	42	FROTA, Paulo Andre	caqc	AA1617 Masculino	59:32	+02:03	11:54
12	45	GOMES, Goncalo Andre	fbsc	AA1617 Masculino	01:01:15	+03:47	12:15
13	1	AGOSTINHO, Catia Iordan	cnrm	AA1617 Feminino	01:01:30	+04:01	12:18
14	60	TRAVASSOS, Rodrigo Alexandre	indanc	AA1617 Masculino	01:01:37	+04:08	12:19
15	15	MENDES, Mariana Amaral	adrcimm	AA1617 Feminino	01:01:39	+04:10	12:20
16	30	ALVES, Manuel Landeiro	cnpv	AA1617 Masculino	01:01:42	+04:13	12:20
17	59	SOUSA, Diogo Nunes	vsc	AA1617 Masculino	01:01:43	+04:14	12:21
18	57	SA, Joao Luis	cfp	AA1617 Masculino	01:01:46	+04:18	12:21
19	50	MARQUES, Gustavo Pires	fbsc	AA15 Masculino	01:01:47	+04:19	12:22
20	38	DIOGO, Dinis Miranda	fbsc	AA15 Masculino	01:01:50	+04:22	12:22
21	35	CARVALHO, Martim Henriques	cnrm	AA15 Masculino	01:02:14	+04:45	12:27
22	48	LOURENCO, Goncalo Pires	fbsc	AA1617 Masculino	01:02:19	+04:51	12:28
23	40	DUARTE, Pedro Esteves	cdcp	AA1617 Masculino	01:03:01	+05:33	12:36
24	36	DIAS, Jose Diogo	fbsc	AA15 Masculino	01:03:05	+05:37	12:37
25	9	FLORENCIO, Matilde Alves	caqc	AA1415 Feminino	01:03:10	+05:42	12:38
26	54	PAIS, Joao Ventura	fbsc	AA1617 Masculino	01:03:37	+06:08	12:43
27	11	FREIXIEIRO, Beatriz Maria	cnrm	AA1415 Feminino	01:07:00	+09:32	13:24
28	46	GOMES, Rodrigo Ribeiro	fbsc	AA1819 Masculino	01:07:22	+09:54	13:29
29	14	MARTINS, Ines Alves	fcp	AA1819 Feminino	01:07:25	+09:56	13:29
30	8	FERNANDES, Maria Joao	cfp	AA+20 Feminino	01:07:38	+10:09	13:32
31	17	PIMENTEL, Marta Lima	cfp	AA1415 Feminino	01:07:44	+10:16	13:33
32	61	VASS, Erik Norbert	cnrm	AA1617 Masculino	01:07:45	+10:17	13:33
33	32	BRANCO, Joao Pedro	cap	AA1819 Masculino	01:07:48	+10:19	13:34
34	52	OLIVEIRA, Goncalo Daniel	fbsc	AA15 Masculino	01:07:50	+10:21	13:34
35	49	MADUREIRA, Rui Pedro	vsc	AA15 Masculino	01:08:23	+10:55	13:41
36	55	PEREIRA, Diogo Guimaraes	vsc	AA1617 Masculino	01:08:43	+11:14	13:45
37	10	FRAZAO, Alexandra Couto	caqc	AA1617 Feminino	01:09:05	+11:36	13:49
38	43	GAGO, Tiago Charrua	cnrm	AA15 Masculino	01:09:36	+12:08	13:55
39	4	CARVALHO, Beatriz Moreira	cnrm	AA1617 Feminino	01:09:38	+12:10	13:56
40	3	CABRAL, Ana Matos	caqc	AA1415 Feminino	01:12:28	+15:00	14:30
41	21	SILVA, Ana Catarina	fbsc	AA1415 Feminino	01:12:36	+15:08	14:31

5000M - STAGE 1

5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	20	SILVA, Ana Campos	cnrm	AA1617 Feminino	01:12:38	+15:09	14:32
43	7	CUNHA, Leonor Correia	fbsc	AA1415 Feminino	01:12:48	+15:19	14:34
44	41	FERREIRA, Bernardo Neves	cdcp	AA1819 Masculino	01:15:34	+18:06	15:07
45	13	MAGALHAES, Ines Filipa	cap	AA1617 Feminino	01:15:53	+18:24	15:11
46	18	RODRIGUES, Barbara Sofrino	acs	AA1819 Feminino	01:15:55	+18:26	15:11
47	6	CUNHA, Ana Couto	cap	AA1415 Feminino	01:15:55	+18:27	15:11
48	5	CRUZ, Ines Dias	caqc	AA1415 Feminino	01:18:52	+21:24	15:46

Obs

BIB	NOTE	NAME	TEAM	CAT
37	DNF	DIAS, Sergio Eduardo	CFP	AA1819 Masculino
39	DNF	DUARTE, Joao Nunes	CFP	AA1819 Masculino

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5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	11:00	21.2ºC	69%
End	12:19	-99ºC	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
AA+20 Feminino							
1	2	ANDRE, Angelica Maria	CFP	AA+20 Feminino	57:43	+00:15	11:33
2	8	FERNANDES, Maria Joao	CFP	AA+20 Feminino	01:07:38	+10:09	13:32
AA+20 Masculino							
1	44	GIL, Rafael Lourenco	SCP	AA+20 Masculino	57:28		11:30
2	33	CAMPOS, Tiago Filipe	CNRM	AA+20 Masculino	57:32	+00:03	11:30
3	58	SAMPAIO, Jose Pedro	CFP	AA+20 Masculino	57:47	+00:19	11:34
AA1415 Feminino							
1	9	FLORENCIO, Matilde Alves	CAQC	AA1415 Feminino	01:03:10	+05:42	12:38
2	11	FREIXIEIRO, Beatriz Maria	CNRM	AA1415 Feminino	01:07:00	+09:32	13:24
3	17	PIMENTEL, Marta Lima	CFP	AA1415 Feminino	01:07:44	+10:16	13:33
4	3	CABRAL, Ana Matos	CAQC	AA1415 Feminino	01:12:28	+15:00	14:30
5	21	SILVA, Ana Catarina	FBSC	AA1415 Feminino	01:12:36	+15:08	14:31
6	7	CUNHA, Leonor Correia	FBSC	AA1415 Feminino	01:12:48	+15:19	14:34
7	6	CUNHA, Ana Couto	CAP	AA1415 Feminino	01:15:55	+18:27	15:11
8	5	CRUZ, Ines Dias	CAQC	AA1415 Feminino	01:18:52	+21:24	15:46
AA15 Masculino							
1	50	MARQUES, Gustavo Pires	FBSC	AA15 Masculino	01:01:47	+04:19	12:22
2	38	DIOGO, Dinis Miranda	FBSC	AA15 Masculino	01:01:50	+04:22	12:22
3	35	CARVALHO, Martim Henriques	CNRM	AA15 Masculino	01:02:14	+04:45	12:27
4	36	DIAS, Jose Diogo	FBSC	AA15 Masculino	01:03:05	+05:37	12:37
5	52	OLIVEIRA, Goncalo Daniel	FBSC	AA15 Masculino	01:07:50	+10:21	13:34
6	49	MADUREIRA, Rui Pedro	VSC	AA15 Masculino	01:08:23	+10:55	13:41
7	43	GAGO, Tiago Charrua	CNRM	AA15 Masculino	01:09:36	+12:08	13:55
AA1617 Feminino							
1	19	ROSA, Mafalda Sofia	CNRM	AA1617 Feminino	57:49	+00:21	11:34
2	1	AGOSTINHO, Catia Iordan	CNRM	AA1617 Feminino	01:01:30	+04:01	12:18
3	15	MENDES, Mariana Amaral	ADRCIMM	AA1617 Feminino	01:01:39	+04:10	12:20
4	10	FRAZAO, Alexandra Couto	CAQC	AA1617 Feminino	01:09:05	+11:36	13:49
5	4	CARVALHO, Beatriz Moreira	CNRM	AA1617 Feminino	01:09:38	+12:10	13:56
6	20	SILVA, Ana Campos	CNRM	AA1617 Feminino	01:12:38	+15:09	14:32

5000m **5 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

7	13	MAGALHAES, Ines Filipa	CAP	AA1617 Feminino	01:15:53	+18:24	15:11

AA1617 Masculino

1	53	OLIVEIRA, Vitor Teixeira	SCC	AA1617 Masculino	57:52	+00:24	11:34
2	34	CANADAS, Joao Vasco	CNRM	AA1617 Masculino	58:46	+01:18	11:45
3	42	FROTA, Paulo Andre	CAQC	AA1617 Masculino	59:32	+02:03	11:54
4	45	GOMES, Goncalo Andre	FBSC	AA1617 Masculino	01:01:15	+03:47	12:15
5	60	TRAVASSOS, Rodrigo Alexandre	INDANC	AA1617 Masculino	01:01:37	+04:08	12:19
6	30	ALVES, Manuel Landeiro	CNPV	AA1617 Masculino	01:01:42	+04:13	12:20
7	59	SOUSA, Diogo Nunes	VSC	AA1617 Masculino	01:01:43	+04:14	12:21
8	57	SA, Joao Luis	CFP	AA1617 Masculino	01:01:46	+04:18	12:21
9	48	LOURENCO, Goncalo Pires	FBSC	AA1617 Masculino	01:02:19	+04:51	12:28
10	40	DUARTE, Pedro Esteves	CDCP	AA1617 Masculino	01:03:01	+05:33	12:36
11	54	PAIS, Joao Ventura	FBSC	AA1617 Masculino	01:03:37	+06:08	12:43
12	61	VASS, Erik Norbert	CNRM	AA1617 Masculino	01:07:45	+10:17	13:33
13	55	PEREIRA, Diogo Guimaraes	VSC	AA1617 Masculino	01:08:43	+11:14	13:45

AA1819 Feminino

1	14	MARTINS, Ines Alves	FCP	AA1819 Feminino	01:07:25	+09:56	13:29
2	18	RODRIGUES, Barbara Sofrino	ACS	AA1819 Feminino	01:15:55	+18:26	15:11

AA1819 Masculino

1	47	JOSE, Diogo Coelho	SCC	AA1819 Masculino	57:36	+00:08	11:31
2	51	NUNES, Diogo Barbosa	FCP	AA1819 Masculino	57:41	+00:13	11:32
3	31	BARBARA, Goncalo Gualberto	CNRM	AA1819 Masculino	57:46	+00:18	11:33
4	46	GOMES, Rodrigo Ribeiro	FBSC	AA1819 Masculino	01:07:22	+09:54	13:29
5	32	BRANCO, Joao Pedro	CAP	AA1819 Masculino	01:07:48	+10:19	13:34
6	41	FERREIRA, Bernardo Neves	CDCP	AA1819 Masculino	01:15:34	+18:06	15:07

Meeting Internacional de Águas Abertas de Montalegre

Montalegre,PT

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3000M - STAGE 1

3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	12:30	-99ºC	-99%
End	14:15	-99ºC	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	157	BONANCA, Mario Andre	scp	Master A Masculino	40:35		13:32
2	184	FREITAS, Jose Carlos	indnp	Master G Masculino	40:36	+00:01	13:32
3	137	SILVA, Carolina Santos	gcst	Master B Feminino	41:03	+00:28	13:41
4	221	NEVES, Jose Pedro	cfp	Master C Masculino	41:08	+00:33	13:43
5	253	SILVA, Luis Filipe	cfp	Master B Masculino	41:23	+00:48	13:48
6	173	COSTA, Rodrigo Marques	cnla	Master D Masculino	41:41	+01:06	13:54
7	195	INACIO, Mauro Santos	cnla	Master C Masculino	42:02	+01:27	14:01
8	191	GONCALVES, Miguel Neto	adi	Master B Masculino	42:04	+01:29	14:01
9	244	SANTOS, Cristiano Almeida	cafz	Master A Masculino	42:13	+01:38	14:04
10	215	MENESES, Goncalo Goncalves	scb	Master A Masculino	44:20	+03:45	14:47
11	128	PICHEL GARCIA, Elisa	617	Master C Feminino	44:34	+03:59	14:51
12	245	SANTOS, Eurico Manuel	adrcimm	Master E Masculino	44:51	+04:16	14:57
13	251	SILVA, Joao Carlos	adrcimm	Master B Masculino	44:55	+04:20	14:59
14	167	CORDEIRO, Diogo Andre	cnmal	Master A Masculino	45:48	+05:13	15:16
15	190	GONCALVES, Carlos Guimaraes	cfp	Master E Masculino	46:08	+05:33	15:23
16	132	ROTHES, Ines Maria	cfp	Master E Feminino	46:11	+05:36	15:24
17	261	TORRES, Paulo Francisco	cfp	Master G Masculino	46:20	+05:45	15:27
18	109	FERREIRA, Isabel Baptista	adrcimm	Master F Feminino	46:21	+05:46	15:27
19	174	DUARTE, Jose Samuel	scp	Master F Masculino	46:28	+05:53	15:29
20	211	MAVIOSO, Vitor Manuel	sad	Master H Masculino	47:11	+06:36	15:44
21	156	BARTOLO, Edgar Paiva	lsc	Master B Masculino	47:52	+07:17	15:58
22	125	MONTEIRO, Alexandra Sofia	apuve	Master A Feminino	47:54	+07:19	15:58
23	141	TELO, Carla Patricia	cnf	Master E Feminino	47:55	+07:20	15:59
24	234	PITEIRA, Luis Paulo	pdem	Master F Masculino	48:10	+07:35	16:04
25	176	FAISCA, Rui Pedro	adrcimm	Master D Masculino	48:37	+08:02	16:12
26	182	FERREIRA, Miguel Jose	lsc	Master E Masculino	48:39	+08:04	16:13
27	166	COELHO, Cristiano Amaro	cfp	Master B Masculino	49:11	+08:36	16:24
28	158	BOTAS, David Nobre	aac	Master A Masculino	49:13	+08:38	16:24
29	170	CORREIA, Mathieu Robert	adf	Master B Masculino	49:33	+08:58	16:31
30	259	TEJO, Rui Miguel	aac	Master F Masculino	49:41	+09:06	16:34
31	252	SILVA, Joao Manuel	cmbcp	Master G Masculino	49:50	+09:15	16:37
32	164	CASAS, Adelino Jose	scp	Master F Masculino	49:55	+09:20	16:38
33	228	PEREIRA, Jose Manuel	pdem	Master E Masculino	50:07	+09:32	16:43
34	117	INACIO, Alexandra Adelinovna	adrcimm	Master C Feminino	50:15	+09:40	16:45
35	151	ALVES, Sergio Oliveira	cfp	Master D Masculino	50:44	+10:09	16:55
36	139	SILVA, Raquel Alexandra	lsc	Master A Feminino	50:56	+10:21	16:59
37	154	BARROS, Francisco Santos	fcp	Master E Masculino	51:20	+10:45	17:07
38	197	LIMA, Joao Pedro	gesl	Master D Masculino	51:24	+10:49	17:08
39	199	MACEDO, Joao Miguel	lsc	Master E Masculino	51:30	+10:55	17:10
40	127	OLIVEIRA, Ana Mafalda	cnmaia	Master C Feminino	51:39	+11:04	17:13

3000M - STAGE 1

3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	263	VELEZ, Rui Manuel	cclv	Master G Masculino	51:43	+11:08	17:15
42	102	ARAUJO, Teresa Mafalda	cnf	Master E Feminino	51:47	+11:12	17:16
43	131	RODRIGUES, Sara Daniela	cga	Master B Feminino	51:49	+11:14	17:16
44	107	FARIA, Joana Maria	lsc	Master E Feminino	51:54	+11:19	17:18
45	186	GOISQUE, Pierre-Andre	cfp	Master E Masculino	52:22	+11:47	17:27
46	243	SANTANA, Fernando Manuel	adrcimm	Master F Masculino	52:25	+11:50	17:28
47	123	MARQUES, Helena Sofia	cmbcp	Master E Feminino	52:27	+11:52	17:29
48	178	FERNANDES, Daniel Filipe	cga	Master B Masculino	52:31	+11:56	17:30
49	201	MAGALHAES, Pedro Miguel	gcst	Master B Masculino	52:34	+11:59	17:32
50	249	SANTOS, Urbino Jesus	adp	Master D Masculino	52:38	+12:03	17:33
51	206	MARTINHO, Antonio Jorge	aac	Master F Masculino	52:49	+12:14	17:36
52	198	LOBO, Armindo Manuel	vsc	Master C Masculino	52:57	+12:22	17:39
53	175	DYSON, Stephen Thomas	sad	Master J Masculino	53:18	+12:43	17:46
54	256	SOUSA, Luis Manuel	cfp	Master F Masculino	53:21	+12:46	17:47
55	108	FERREIRA, Filipa Margarida	cfp	Master F Feminino	53:36	+13:01	17:52
56	172	COSTA, Armando Joao	cclamas	Master G Masculino	53:42	+13:07	17:54
57	112	FONSECA, Maria Ana	cfp	Master C Feminino	53:46	+13:11	17:55
58	168	CORREIA, Carlos Augusto	cnmal	Master I Masculino	53:47	+13:12	17:56
59	236	RIBEIRO, Jorge Vieira	sca	Master G Masculino	53:48	+13:13	17:56
60	260	TOJO, Jose Manuel	aac	Master D Masculino	53:55	+13:20	17:58
61	247	SANTOS, Miguel Baceira	gan	Master C Masculino	54:03	+13:28	18:01
62	227	PACHECO, Filipe Monteiro	lsc	Master E Masculino	54:06	+13:31	18:02
63	188	GOMES, Joao Antonio	lsc	Master D Masculino	54:36	+14:01	18:12
64	113	FOUGO, Rita Claudia	cnmaia	Master B Feminino	54:42	+14:07	18:14
65	165	CESAR, Jose Pedro	fnc	Master D Masculino	54:52	+14:17	18:18
66	187	GOMES, Alvaro Joao	gan	Master D Masculino	54:55	+14:20	18:18
67	214	MENDES, Rui Alberto	cfp	Master D Masculino	54:58	+14:23	18:20
68	222	NEVES, Paulo Alexandre	lsc	Master F Masculino	55:22	+14:47	18:27
69	225	OLIVEIRA, Pedro Fonseca	cfp	Master E Masculino	55:37	+15:02	18:33
70	160	CALHEIROS, Jose	cvp	Master G Masculino	55:41	+15:06	18:34
71	250	SEABRA, Henrique Luis	cfp	Master G Masculino	56:19	+15:44	18:46
72	233	PIRES, Antonio Prestes	aac	Master H Masculino	56:23	+15:48	18:48
73	171	COSTA, Antonio Goarmon	cnn	Master D Masculino	56:26	+15:51	18:49
74	152	AMARAL, Jose Rui	cfp	Master G Masculino	57:23	+16:48	19:08
75	163	CARVALHO, Vitor Borges	vnc	Master G Masculino	57:59	+17:24	19:20
76	257	TAVARES, Jose Manuel	pdem	Master H Masculino	57:59	+17:24	19:20
77	138	SILVA, Liana Casquinha	ane	Master D Feminino	58:16	+17:41	19:26
78	218	MONTEIRO, Andre Valente	ane	Master C Masculino	58:19	+17:44	19:26
79	179	FERNANDES, Jorge Manuel	cmbcp	Master F Masculino	58:22	+17:47	19:27
80	193	GONCALVES, Pedro Nuno	cfp	Master E Masculino	58:36	+18:01	19:32
81	130	RIENDERHOFF, Yolanda	sce	Master D Feminino	58:39	+18:04	19:33
82	216	MENESES, Pedro Bruno	lsc	Master G Masculino	59:02	+18:27	19:41
83	192	GONCALVES, Nuno Telmo	scp	Master D Masculino	59:32	+18:57	19:51
84	136	SEQUEIRA, Maria Manuela	capge	Master F Feminino	01:00:19	+19:44	20:06
85	220	MOUTINHO, Manuel Jose	adp	Master D Masculino	01:00:22	+19:47	20:08

3000M - STAGE 1

3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	196	INVERNEIRO, Pedro Alexandre	cfp	Master E Masculino	01:00:24	+19:49	20:08
87	111	FERREIRA, Sara Goncalves	indanl	Master E Feminino	01:00:27	+19:52	20:09
88	135	SEQUEIRA, Ana Paula	capge	Master F Feminino	01:00:50	+20:15	20:17
89	240	ROSADO, Nuno Vaz	aac	Master D Masculino	01:00:55	+20:20	20:19
90	203	MARQUES, Antonio Higino	ane	Master G Masculino	01:00:56	+20:21	20:19
91	159	BRAS, Pedro Miguel	vsc	Master A Masculino	01:00:58	+20:23	20:19
92	122	MALHEIROS, Carmen Silvia	cnla	Master C Feminino	01:01:04	+20:29	20:22
93	104	BARBOSA, Ana Raquel	gesl	Master B Feminino	01:01:06	+20:31	20:22
94	180	FERNANDES, Nuno	sce	Master D Masculino	01:01:17	+20:42	20:26
95	116	GUIMARAES, Rita Cabral	cfp	Master G Feminino	01:01:28	+20:53	20:29
96	229	PEREIRA, Mario Nuno	foca	Master C Masculino	01:01:34	+20:59	20:31
97	235	PORTO, Carlos Manuel	sad	Master I Masculino	01:01:44	+21:09	20:35
98	181	FERREIRA, Domingos Jose	sce	Master I Masculino	01:02:16	+21:41	20:45
99	115	GONCALVES, Isilda Maria	ane	Master D Feminino	01:02:28	+21:53	20:50
100	255	SILVA, Paulo Gomes	cnf	Master G Masculino	01:02:33	+21:58	20:51
101	110	FERREIRA, Maria Manuela	cnmaia	Master E Feminino	01:02:54	+22:19	20:58
102	223	NOVAIS, Jose Orlando	vsc	Master D Masculino	01:03:10	+22:35	21:03
103	126	OLIVEIRA, Ana Cristina	cga	Master D Feminino	01:03:22	+22:47	21:07
104	238	RODRIGUES, Paulo Armando	ncc	Master F Masculino	01:03:31	+22:56	21:11
105	129	REIS, Margarida Bleck	fcp	Master F Feminino	01:03:35	+23:00	21:12
106	169	CORREIA, Jose Luis	ane	Master H Masculino	01:03:44	+23:09	21:15
107	262	TRIGO, Daniel Castro	sca	Master F Masculino	01:04:33	+23:58	21:31
108	237	ROCHA, Paulo Jorge	cfp	Master H Masculino	01:04:37	+24:02	21:32
109	150	AFONSO, Nuno Silva	gan	Master D Masculino	01:05:01	+24:26	21:40
110	103	BARBARA, Ana Bernardo	portin	Master E Feminino	01:05:29	+24:54	21:50
111	209	MARTINS, Paulo	sce	Master E Masculino	01:05:43	+25:08	21:54
112	217	MONTEIRO, Alexandre	cvp	Master E Masculino	01:05:44	+25:09	21:55
113	264	VENTURA, Pedro Manuel	adp	Master C Masculino	01:06:50	+26:15	22:17
114	142	UHLFELDER, Ana Sofia	cfp	Master C Feminino	01:06:52	+26:17	22:18
115	242	SALGUEIRO, Luis Vidigal	sad	Master J Masculino	01:08:19	+27:44	22:47
116	121	MACHADO, Maria Margarida	apuve	Master C Feminino	01:08:40	+28:05	22:54
117	267	Atleta 267	individual	Master A Masculino	01:09:04	+28:29	23:01
118	230	PEREIRA, Norberto Matos	vsc	Master D Masculino	01:09:13	+28:38	23:05
119	143	URBANO, Maria Margarida	aac	Master G Feminino	01:09:25	+28:50	23:09
120	248	SANTOS, Sebastiao Ferreira	cafz	Master F Masculino	01:09:30	+28:55	23:10
121	202	MALHEIROS, Oscar Jose	cnla	Master E Masculino	01:09:32	+28:57	23:11
122	204	MARQUES, Antonio Jorge	cfp	Master I Masculino	01:10:02	+29:27	23:21
123	232	PINTO, Fernando Manuel	cfp	Master G Masculino	01:10:06	+29:31	23:22
124	210	MASSANO, Pedro Miguel	cclv	Master E Masculino	01:11:06	+30:31	23:42
125	153	BARBOSA, Alexandre	pa	Master E Masculino	01:12:19	+31:44	24:07
126	105	CANINAS, Maria Madalena	cnmal	Master G Feminino	01:14:23	+33:48	24:48
127	162	CARVALHO, Paulo Miguel	cfp	Master F Masculino	01:14:41	+34:06	24:54
128	133	SANTOS, Mirley Teresinha	sce	Master G Feminino	01:14:52	+34:17	24:58
129	177	FARIA, Vitorino Fernando	foca	Master E Masculino	01:14:59	+34:24	25:00
130	118	KIND, Anette	lsc	Master G Feminino	01:15:36	+35:01	25:12

3000M - STAGE 1

3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
131	246	SANTOS, Manuel Fernando	capge	Master G Masculino	01:17:41	+37:06	25:54
132	185	GASPAR, Alexandre Azevedo	sad	Master J Masculino	01:19:35	+39:00	26:32
133	241	ROSEIRA, Joao Luis	cfp	Master H Masculino	01:24:25	+43:50	28:08
134	106	CUNHA, Maria Trigueiros	lsc	Master G Feminino	01:25:34	+44:59	28:32
135	101	ALMEIDA, Andreia Azevedo	pdem	Master B Feminino	01:26:09	+45:34	28:43
136	258	TEIXEIRA, Joao Rodrigues	aac	Master L Masculino	01:27:55	+47:20	29:18
137	205	MARREIROS, Jose Joaquim	sad	Master J Masculino	01:45:24	+01:04:49	35:08

Obs

BIB	NOTE	NAME	TEAM	CAT
212	DQ	MEDAS, Andre	SCE	Master D Masculino
161	DNF	CANELAS, Antonio Monteiro	SCE	Master I Masculino
194	DNF	GUIMARAES, Edgar Manuel	VSC	Master C Masculino
207	DNF	MARTINS, Antonio	SCE	Master G Masculino
226	DNF	OLIVEIRA, Renato Augusto	VSC	Master B Masculino

Meeting Internacional de Águas Abertas de Montalegre

Montalegre, PT

29-June-2019

3000m **3 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	12:30	-99ºC	-99%
End	14:15	-99ºC	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Master A Feminino							
1	125	MONTEIRO, Alexandra Sofia	APUVE	Master A Feminino	47:54	+07:19	15:58
2	139	SILVA, Raquel Alexandra	LSC	Master A Feminino	50:56	+10:21	16:59
Master A Masculino							
1	157	BONANCA, Mario Andre	SCP	Master A Masculino	40:35		13:32
2	244	SANTOS, Cristiano Almeida	CAFZ	Master A Masculino	42:13	+01:38	14:04
3	215	MENESES, Goncalo Goncalves	SCB	Master A Masculino	44:20	+03:45	14:47
4	167	CORDEIRO, Diogo Andre	CNMAL	Master A Masculino	45:48	+05:13	15:16
5	158	BOTAS, David Nobre	AAC	Master A Masculino	49:13	+08:38	16:24
6	159	BRAS, Pedro Miguel	VSC	Master A Masculino	01:00:58	+20:23	20:19
7	267	Atleta 267	Individual	Master A Masculino	01:09:04	+28:29	23:01
Master B Feminino							
1	137	SILVA, Carolina Santos	GCST	Master B Feminino	41:03	+00:28	13:41
2	131	RODRIGUES, Sara Daniela	CGA	Master B Feminino	51:49	+11:14	17:16
3	113	FOUGO, Rita Claudia	CNMAIA	Master B Feminino	54:42	+14:07	18:14
4	104	BARBOSA, Ana Raquel	GESL	Master B Feminino	01:01:06	+20:31	20:22
5	101	ALMEIDA, Andreia Azevedo	PDEM	Master B Feminino	01:26:09	+45:34	28:43
Master B Masculino							
1	253	SILVA, Luis Filipe	CFP	Master B Masculino	41:23	+00:48	13:48
2	191	GONCALVES, Miguel Neto	ADI	Master B Masculino	42:04	+01:29	14:01
3	251	SILVA, Joao Carlos	ADRCIMM	Master B Masculino	44:55	+04:20	14:59
4	156	BARTOLO, Edgar Paiva	LSC	Master B Masculino	47:52	+07:17	15:58
5	166	COELHO, Cristiano Amaro	CFP	Master B Masculino	49:11	+08:36	16:24
6	170	CORREIA, Mathieu Robert	ADF	Master B Masculino	49:33	+08:58	16:31
7	178	FERNANDES, Daniel Filipe	CGA	Master B Masculino	52:31	+11:56	17:30
8	201	MAGALHAES, Pedro Miguel	GCST	Master B Masculino	52:34	+11:59	17:32
Master C Feminino							
1	128	PICHEL GARCIA, Elisa	617	Master C Feminino	44:34	+03:59	14:51
2	117	INACIO, Alexandra Adelinovna	ADRCIMM	Master C Feminino	50:15	+09:40	16:45
3	127	OLIVEIRA, Ana Mafalda	CNMAIA	Master C Feminino	51:39	+11:04	17:13
4	112	FONSECA, Maria Ana	CFP	Master C Feminino	53:46	+13:11	17:55

5	122	MALHEIROS, Carmen Silvia	CNLA	Master C Feminino	01:01:04	+20:29	20:22
6	142	UHLFELDER, Ana Sofia	CFP	Master C Feminino	01:06:52	+26:17	22:18
7	121	MACHADO, Maria Margarida	APUVE	Master C Feminino	01:08:40	+28:05	22:54

Master C Masculino

1	221	NEVES, Jose Pedro	CFP	Master C Masculino	41:08	+00:33	13:43
2	195	INACIO, Mauro Santos	CNLA	Master C Masculino	42:02	+01:27	14:01
3	198	LOBO, Armindo Manuel	VSC	Master C Masculino	52:57	+12:22	17:39
4	247	SANTOS, Miguel Baceira	GAN	Master C Masculino	54:03	+13:28	18:01
5	218	MONTEIRO, Andre Valente	ANE	Master C Masculino	58:19	+17:44	19:26
6	229	PEREIRA, Mario Nuno	FOCA	Master C Masculino	01:01:34	+20:59	20:31
7	264	VENTURA, Pedro Manuel	ADP	Master C Masculino	01:06:50	+26:15	22:17

Master D Feminino

1	138	SILVA, Liana Casquinha	ANE	Master D Feminino	58:16	+17:41	19:26
2	130	RIENDERHOFF, Yolanda	SCE	Master D Feminino	58:39	+18:04	19:33
3	115	GONCALVES, Isilda Maria	ANE	Master D Feminino	01:02:28	+21:53	20:50
4	126	OLIVEIRA, Ana Cristina	CGA	Master D Feminino	01:03:22	+22:47	21:07

Master D Masculino

1	173	COSTA, Rodrigo Marques	CNLA	Master D Masculino	41:41	+01:06	13:54
2	176	FAISCA, Rui Pedro	ADRCIMM	Master D Masculino	48:37	+08:02	16:12
3	151	ALVES, Sergio Oliveira	CFP	Master D Masculino	50:44	+10:09	16:55
4	197	LIMA, Joao Pedro	GESL	Master D Masculino	51:24	+10:49	17:08
5	249	SANTOS, Urbino Jesus	ADP	Master D Masculino	52:38	+12:03	17:33
6	260	TOJO, Jose Manuel	AAC	Master D Masculino	53:55	+13:20	17:58
7	188	GOMES, Joao Antonio	LSC	Master D Masculino	54:36	+14:01	18:12
8	165	CESAR, Jose Pedro	FNC	Master D Masculino	54:52	+14:17	18:18
9	187	GOMES, Alvaro Joao	GAN	Master D Masculino	54:55	+14:20	18:18
10	214	MENDES, Rui Alberto	CFP	Master D Masculino	54:58	+14:23	18:20
11	171	COSTA, Antonio Goarmon	CNN	Master D Masculino	56:26	+15:51	18:49
12	192	GONCALVES, Nuno Telmo	SCP	Master D Masculino	59:32	+18:57	19:51
13	220	MOUTINHO, Manuel Jose	ADP	Master D Masculino	01:00:22	+19:47	20:08
14	240	ROSADO, Nuno Vaz	AAC	Master D Masculino	01:00:55	+20:20	20:19
15	180	FERNANDES, Nuno	SCE	Master D Masculino	01:01:17	+20:42	20:26
16	223	NOVAIS, Jose Orlando	VSC	Master D Masculino	01:03:10	+22:35	21:03
17	150	AFONSO, Nuno Silva	GAN	Master D Masculino	01:05:01	+24:26	21:40
18	230	PEREIRA, Norberto Matos	VSC	Master D Masculino	01:09:13	+28:38	23:05

Master E Feminino

1	132	ROTHES, Ines Maria	CFP	Master E Feminino	46:11	+05:36	15:24

3000m **3 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

2	141	TELO, Carla Patricia	CNF	Master E Feminino	47:55	+07:20	15:59
3	102	ARAUJO, Teresa Mafalda	CNF	Master E Feminino	51:47	+11:12	17:16
4	107	FARIA, Joana Maria	LSC	Master E Feminino	51:54	+11:19	17:18
5	123	MARQUES, Helena Sofia	CMBCP	Master E Feminino	52:27	+11:52	17:29
6	111	FERREIRA, Sara Goncalves	INDANL	Master E Feminino	01:00:27	+19:52	20:09
7	110	FERREIRA, Maria Manuela	CNMAIA	Master E Feminino	01:02:54	+22:19	20:58
8	103	BARBARA, Ana Bernardo	PORTIN	Master E Feminino	01:05:29	+24:54	21:50

Master E Masculino

1	245	SANTOS, Eurico Manuel	ADRCIMM	Master E Masculino	44:51	+04:16	14:57
2	190	GONCALVES, Carlos Guimaraes	CFP	Master E Masculino	46:08	+05:33	15:23
3	182	FERREIRA, Miguel Jose	LSC	Master E Masculino	48:39	+08:04	16:13
4	228	PEREIRA, Jose Manuel	PDEM	Master E Masculino	50:07	+09:32	16:43
5	154	BARROS, Francisco Santos	FCP	Master E Masculino	51:20	+10:45	17:07
6	199	MACEDO, Joao Miguel	LSC	Master E Masculino	51:30	+10:55	17:10
7	186	GOISQUE, Pierre-Andre	CFP	Master E Masculino	52:22	+11:47	17:27
8	227	PACHECO, Filipe Monteiro	LSC	Master E Masculino	54:06	+13:31	18:02
9	225	OLIVEIRA, Pedro Fonseca	CFP	Master E Masculino	55:37	+15:02	18:33
10	193	GONCALVES, Pedro Nuno	CFP	Master E Masculino	58:36	+18:01	19:32
11	196	INVERNEIRO, Pedro Alexandre	CFP	Master E Masculino	01:00:24	+19:49	20:08
12	209	MARTINS, Paulo	SCE	Master E Masculino	01:05:43	+25:08	21:54
13	217	MONTEIRO, Alexandre	CVP	Master E Masculino	01:05:44	+25:09	21:55
14	202	MALHEIROS, Oscar Jose	CNLA	Master E Masculino	01:09:32	+28:57	23:11
15	210	MASSANO, Pedro Miguel	CCLV	Master E Masculino	01:11:06	+30:31	23:42
16	153	BARBOSA, Alexandre	PA	Master E Masculino	01:12:19	+31:44	24:07
17	177	FARIA, Vitorino Fernando	FOCA	Master E Masculino	01:14:59	+34:24	25:00

Master F Feminino

1	109	FERREIRA, Isabel Baptista	ADRCIMM	Master F Feminino	46:21	+05:46	15:27
2	108	FERREIRA, Filipa Margarida	CFP	Master F Feminino	53:36	+13:01	17:52
3	136	SEQUEIRA, Maria Manuela	CAPGE	Master F Feminino	01:00:19	+19:44	20:06
4	135	SEQUEIRA, Ana Paula	CAPGE	Master F Feminino	01:00:50	+20:15	20:17
5	129	REIS, Margarida Bleck	FCP	Master F Feminino	01:03:35	+23:00	21:12

Master F Masculino

1	174	DUARTE, Jose Samuel	SCP	Master F Masculino	46:28	+05:53	15:29
2	234	PITEIRA, Luis Paulo	PDEM	Master F Masculino	48:10	+07:35	16:04
3	259	TEJO, Rui Miguel	AAC	Master F Masculino	49:41	+09:06	16:34
4	164	CASAS, Adelino Jose	SCP	Master F Masculino	49:55	+09:20	16:38
5	243	SANTANA, Fernando Manuel	ADRCIMM	Master F Masculino	52:25	+11:50	17:28
6	206	MARTINHO, Antonio Jorge	AAC	Master F Masculino	52:49	+12:14	17:36
7	256	SOUSA, Luis Manuel	CFP	Master F Masculino	53:21	+12:46	17:47

8	222	NEVES, Paulo Alexandre	LSC	Master F Masculino	55:22	+14:47	18:27
9	179	FERNANDES, Jorge Manuel	CMBCP	Master F Masculino	58:22	+17:47	19:27
10	238	RODRIGUES, Paulo Armando	NCC	Master F Masculino	01:03:31	+22:56	21:11
11	262	TRIGO, Daniel Castro	SCA	Master F Masculino	01:04:33	+23:58	21:31
12	248	SANTOS, Sebastiao Ferreira	CAFZ	Master F Masculino	01:09:30	+28:55	23:10
13	162	CARVALHO, Paulo Miguel	CFP	Master F Masculino	01:14:41	+34:06	24:54

Master G Feminino

1	116	GUIMARAES, Rita Cabral	CFP	Master G Feminino	01:01:28	+20:53	20:29
2	143	URBANO, Maria Margarida	AAC	Master G Feminino	01:09:25	+28:50	23:09
3	105	CANINAS, Maria Madalena	CNMAL	Master G Feminino	01:14:23	+33:48	24:48
4	133	SANTOS, Mirley Teresinha	SCE	Master G Feminino	01:14:52	+34:17	24:58
5	118	KIND, Anette	LSC	Master G Feminino	01:15:36	+35:01	25:12
6	106	CUNHA, Maria Trigueiros	LSC	Master G Feminino	01:25:34	+44:59	28:32

Master G Masculino

1	184	FREITAS, Jose Carlos	INDNP	Master G Masculino	40:36	+00:01	13:32
2	261	TORRES, Paulo Francisco	CFP	Master G Masculino	46:20	+05:45	15:27
3	252	SILVA, Joao Manuel	CMBCP	Master G Masculino	49:50	+09:15	16:37
4	263	VELEZ, Rui Manuel	CCLV	Master G Masculino	51:43	+11:08	17:15
5	172	COSTA, Armando Joao	CCLAMAS	Master G Masculino	53:42	+13:07	17:54
6	236	RIBEIRO, Jorge Vieira	SCA	Master G Masculino	53:48	+13:13	17:56
7	160	CALHEIROS, Jose	CVP	Master G Masculino	55:41	+15:06	18:34
8	250	SEABRA, Henrique Luis	CFP	Master G Masculino	56:19	+15:44	18:46
9	152	AMARAL, Jose Rui	CFP	Master G Masculino	57:23	+16:48	19:08
10	163	CARVALHO, Vitor Borges	VNC	Master G Masculino	57:59	+17:24	19:20
11	216	MENESES, Pedro Bruno	LSC	Master G Masculino	59:02	+18:27	19:41
12	203	MARQUES, Antonio Higino	ANE	Master G Masculino	01:00:56	+20:21	20:19
13	255	SILVA, Paulo Gomes	CNF	Master G Masculino	01:02:33	+21:58	20:51
14	232	PINTO, Fernando Manuel	CFP	Master G Masculino	01:10:06	+29:31	23:22
15	246	SANTOS, Manuel Fernando	CAPGE	Master G Masculino	01:17:41	+37:06	25:54

Master H Masculino

1	211	MAVIOSO, Vitor Manuel	SAD	Master H Masculino	47:11	+06:36	15:44
2	233	PIRES, Antonio Prestes	AAC	Master H Masculino	56:23	+15:48	18:48
3	257	TAVARES, Jose Manuel	PDEM	Master H Masculino	57:59	+17:24	19:20
4	169	CORREIA, Jose Luis	ANE	Master H Masculino	01:03:44	+23:09	21:15
5	237	ROCHA, Paulo Jorge	CFP	Master H Masculino	01:04:37	+24:02	21:32
6	241	ROSEIRA, Joao Luis	CFP	Master H Masculino	01:24:25	+43:50	28:08

3000m **3 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Master I Masculino

1	168	CORREIA, Carlos Augusto	CNMAL	Master I Masculino	53:47	+13:12	17:56
2	235	PORTO, Carlos Manuel	SAD	Master I Masculino	01:01:44	+21:09	20:35
3	181	FERREIRA, Domingos Jose	SCE	Master I Masculino	01:02:16	+21:41	20:45
4	204	MARQUES, Antonio Jorge	CFP	Master I Masculino	01:10:02	+29:27	23:21

Master J Masculino

1	175	DYSON, Stephen Thomas	SAD	Master J Masculino	53:18	+12:43	17:46
2	242	SALGUEIRO, Luis Vidigal	SAD	Master J Masculino	01:08:19	+27:44	22:47
3	185	GASPAR, Alexandre Azevedo	SAD	Master J Masculino	01:19:35	+39:00	26:32
4	205	MARREIROS, Jose Joaquim	SAD	Master J Masculino	01:45:24	+01:04:49	35:08

Master L Masculino

1	258	TEIXEIRA, Joao Rodrigues	AAC	Master L Masculino	01:27:55	+47:20	29:18