

**TRAIL LONGO - STAGE 1**

**33 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	08:30	15.3°C	100%
End	14:51	15.3°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	7	Luís Semedo	acportalegre / utsm	Senior Masculino	03:12:01		05:49
2	83	Tiago Romão	salomon suunto portugal	Senior Masculino	03:17:11	+05:10	05:59
3	85	Bruno Sousa	team trail bifase	Senior Masculino	03:19:15	+07:14	06:02
4	17	SERGIO SÁ	águas de álvelos	Senior Masculino	03:23:36	+11:35	06:10
5	15	OSCAR MENDES	águas de álvelos	Senior Masculino	03:30:19	+18:18	06:22
6	13	BRUNO RIBEIRO	águas de álvelos	Senior Masculino	03:38:08	+26:07	06:37
7	18	Bruno Costa	arca runners	Senior Masculino	04:01:38	+49:36	07:19
8	72	Sergio Araujo	padela natural team - fisiofreixo	Senior Masculino	04:08:56	+56:54	07:33
9	11	Tiago Subtil	affense trail	Senior Masculino	04:13:36	+01:01:34	07:41
10	14	Marcelo Martins	águas de álvelos	Senior Masculino	04:13:45	+01:01:44	07:41
11	89	Rui Soares	individual	Senior Masculino	04:13:45	+01:01:44	07:41
12	54	Hilário Louro	individual	Veterano M40	04:17:25	+01:05:24	07:48
13	45	Joao Oliveira	individual	Senior Masculino	04:18:19	+01:06:17	07:50
14	28	Ismael González González	coutadas trail team	Veterano M40	04:18:22	+01:06:20	07:50
15	16	RICARDO MIRANDA	águas de álvelos	Senior Masculino	04:27:14	+01:15:12	08:06
16	5	Andreia Correia	ac training	Senior Feminino	04:29:02	+01:17:00	08:09
17	6	Fred Kalahari	ac training	Veterano M40	04:29:07	+01:17:05	08:09
18	57	Pedro Pereira	individual	Veterano M40	04:31:48	+01:19:46	08:14
19	58	Paulo Manuel Costa	individual	Veterano M50	04:33:37	+01:21:35	08:17
20	36	Goreti Correia	edv - viana trail	Veterana F40	04:34:07	+01:22:05	08:18
21	4	Tiago Areias	individual	Senior Masculino	04:39:38	+01:27:37	08:28
22	33	Amaro Costa	edv - viana trail	Senior Masculino	04:40:29	+01:28:28	08:30
23	69	João Passos	olimpico vianense	Veterano M50	04:42:01	+01:29:59	08:33
24	82	Artur Costa	rx runners	Veterano M40	04:47:16	+01:35:14	08:42
25	23	Miguel Saraiva	ca barreira	Veterano M50	04:47:55	+01:35:54	08:43
26	86	Elisabete Alves	troglogitas runners	Senior Feminino	04:49:39	+01:37:37	08:47
27	25	Teresa Afonso	coimbra trail running	Veterana F40	05:00:15	+01:48:13	09:06
28	81	Victor Rodrigues	ribeitrail	Veterano M40	05:00:16	+01:48:15	09:06
29	64	Jeronimo Silva	lavra	Veterano M40	05:01:30	+01:49:29	09:08
30	73	Tiago Oliveira	padela natural team - fisiofreixo	Senior Masculino	05:08:38	+01:56:37	09:21
31	76	Manuel António Sá Graça	palmeira runners	Veterano M50	05:09:32	+01:57:31	09:23
32	59	Manuel Faria Sampaio	individual	Veterano M60	05:15:16	+02:03:15	09:33
33	32	Patricia Palma	edv - viana trail	Senior Feminino	05:15:22	+02:03:21	09:33
34	34	Ricardo Silva	edv - viana trail	Senior Masculino	05:18:36	+02:06:35	09:39
35	77	Ana Sofia Vilas Boas Lopes Fontes	phoenix evorun	Senior Feminino	05:19:27	+02:07:26	09:41
36	84	Pedro Oliveira	team lanthemil	Senior Masculino	05:21:46	+02:09:45	09:45
37	3	Wison Fonseca	individual	Veterano M40	05:22:55	+02:10:54	09:47
38	56	José Manuel Organista	individual	Veterano M40	05:24:25	+02:12:23	09:50
39	90	Pedro Pereira	individual	Senior Masculino	05:30:48	+02:18:47	10:01
40	71	João Meira	padela natural team - fisiofreixo	Senior Masculino	05:30:48	+02:18:47	10:01
41	75	SYLVAIN ROUX	padela natural team - fisiofreixo	Veterano M40	05:32:09	+02:20:07	10:04

**TRAIL LONGO - STAGE 1**

**33 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	51	Silvio Freitas	individual	Senior Masculino	05:34:25	+02:22:24	10:08
43	12	Marco machado	afrikanrunners	Veterano M40	05:36:36	+02:24:35	10:12
44	31	David Antunes	desnivel positivo	Veterano M50	05:37:28	+02:25:27	10:14
45	27	Tiago Coelho	correr leça	Senior Masculino	05:39:21	+02:27:20	10:17
46	66	Raquel Vasconcelos	no tomorrow running team	Veterana F40	05:42:46	+02:30:45	10:23
47	67	Paulo Gomes	no tomorrow running team	Veterano M40	05:42:48	+02:30:47	10:23
48	79	Conceição Queiroz	phoenix evorun	Veterana F60	06:01:57	+02:49:56	10:58
49	78	Hugo Pereira	phoenix evorun	Senior Masculino	06:02:00	+02:49:59	10:58
50	26	João Pinho	coimbra trail running	Veterano M40	06:05:06	+02:53:05	11:04
51	63	Ricardo Henriques	laac	Senior Masculino	06:05:32	+02:53:31	11:05
52	62	Pedro Henriques	laac	Senior Masculino	06:05:37	+02:53:35	11:05
53	24	Rui Costa	clube atletismo fafe	Senior Masculino	06:16:32	+03:04:31	11:25
54	39	Nelson Franco	esmoriz	Veterano M40	06:18:18	+03:06:16	11:28
55	37	Luis Ramos	ei team trail	Senior Masculino	06:20:20	+03:08:19	11:32
56	30	Gisela Pereira	desnivel positivo	Veterana F40	06:20:31	+03:08:30	11:32
57	9	Mauro Gonçalves	ade trail running	Veterano M40	06:20:40	+03:08:38	11:32

## Trail Longo

33 KM

### OFFICIAL RESULT

	Time	Temperature	Humidity
Start	08:30	15.3°C	100%
End	14:51	15.3°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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## Senior Feminino

1	5	Andreia Correia	AC TRAINING	Senior Feminino	04:29:02	+01:17:00	08:09
2	86	Elisabete Alves	Trogloditas runners	Senior Feminino	04:49:39	+01:37:37	08:47
3	32	Patricia Palma	EDV - Viana Trail	Senior Feminino	05:15:22	+02:03:21	09:33
4	77	Ana Sofia Vilas Boas Lopes Fontes	Phoenix Evorun	Senior Feminino	05:19:27	+02:07:26	09:41

## Senior Masculino

1	7	Luís Semedo	ACPORTALEGRE / UTSM	Senior Masculino	03:12:01		05:49
2	83	Tiago Romão	SALOMON SUUNTO PORTUGAL	Senior Masculino	03:17:11	+05:10	05:59
3	85	Bruno Sousa	Team Trail Bifase	Senior Masculino	03:19:15	+07:14	06:02
4	17	SERGIO SÁ	Águias de Ávelos	Senior Masculino	03:23:36	+11:35	06:10
5	15	OSCAR MENDES	Águias de Ávelos	Senior Masculino	03:30:19	+18:18	06:22
6	13	BRUNO RIBEIRO	Águias de Ávelos	Senior Masculino	03:38:08	+26:07	06:37
7	18	Bruno Costa	Arca Runners	Senior Masculino	04:01:38	+49:36	07:19
8	72	Sergio Araujo	Padela Natural Team - Fisiofreixo	Senior Masculino	04:08:56	+56:54	07:33
9	11	Tiago Subtil	Afifense Trail	Senior Masculino	04:13:36	+01:01:34	07:41
10	14	Marcelo Martins	Águias de Ávelos	Senior Masculino	04:13:45	+01:01:44	07:41
11	89	Rui Soares	Individual	Senior Masculino	04:13:45	+01:01:44	07:41
12	45	Joao Oliveira	Individual	Senior Masculino	04:18:19	+01:06:17	07:50
13	16	RICARDO MIRANDA	Águias de Ávelos	Senior Masculino	04:27:14	+01:15:12	08:06
14	4	Tiago Areias	Individual	Senior Masculino	04:39:38	+01:27:37	08:28
15	33	Amaro Costa	EDV - Viana Trail	Senior Masculino	04:40:29	+01:28:28	08:30
16	73	Tiago Oliveira	Padela Natural Team - Fisiofreixo	Senior Masculino	05:08:38	+01:56:37	09:21
17	34	Ricardo Silva	EDV - Viana Trail	Senior Masculino	05:18:36	+02:06:35	09:39
18	84	Pedro Oliveira	TEAM LANTEMIL	Senior Masculino	05:21:46	+02:09:45	09:45
19	90	Pedro Pereira	Individual	Senior Masculino	05:30:48	+02:18:47	10:01
20	71	João Meira	Padela Natural Team - Fisiofreixo	Senior Masculino	05:30:48	+02:18:47	10:01
21	51	Silvio Freitas	Individual	Senior Masculino	05:34:25	+02:22:24	10:08
22	27	Tiago Coelho	CORRER LEÇA	Senior Masculino	05:39:21	+02:27:20	10:17
23	78	Hugo Pereira	Phoenix Evorun	Senior Masculino	06:02:00	+02:49:59	10:58
24	63	Ricardo Henriques	LAAC	Senior Masculino	06:05:32	+02:53:31	11:05
25	62	Pedro Henriques	LAAC	Senior Masculino	06:05:37	+02:53:35	11:05
26	24	Rui Costa	Clube Atletismo Fafe	Senior Masculino	06:16:32	+03:04:31	11:25
27	37	Luis Ramos	El Team Trail	Senior Masculino	06:20:20	+03:08:19	11:32

## Veterana F40

1	36	Goreti Correia	EDV - Viana Trail	Veterana F40	04:34:07	+01:22:05	08:18
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Official Timekeeper: Lap2Go	1 / 2	generate 24-Jun-2019 10:45
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## Trail Longo

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

2	25	Teresa Afonso	Coimbra Trail Running	Veterana F40	05:00:15	+01:48:13	09:06
3	66	Raquel Vasconcelos	NO TOMORROW RUNNING TEAM	Veterana F40	05:42:46	+02:30:45	10:23
4	30	Gisela Pereira	DESNIVEL POSITIVO	Veterana F40	06:20:31	+03:08:30	11:32

## Veterana F60

1	79	Conceição Queiroz	Phoenix Evorun	Veterana F60	06:01:57	+02:49:56	10:58
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## Veterano M40

1	54	Hilário Louro	Individual	Veterano M40	04:17:25	+01:05:24	07:48
2	28	Ismael González González	COUTADAS TRAIL TEAM	Veterano M40	04:18:22	+01:06:20	07:50
3	6	Fred Kalahari	AC TRAINING	Veterano M40	04:29:07	+01:17:05	08:09
4	57	Pedro Pereira	Individual	Veterano M40	04:31:48	+01:19:46	08:14
5	82	Artur Costa	RX RUNNERS	Veterano M40	04:47:16	+01:35:14	08:42
6	81	Victor Rodrigues	RIBEITRAIL	Veterano M40	05:00:16	+01:48:15	09:06
7	64	Jeronimo Silva	Lavra	Veterano M40	05:01:30	+01:49:29	09:08
8	3	Wison Fonseca	Individual	Veterano M40	05:22:55	+02:10:54	09:47
9	56	José Manuel Organista	Individual	Veterano M40	05:24:25	+02:12:23	09:50
10	75	SYLVAIN ROUX	Padela Natural Team - Fisiofreixo	Veterano M40	05:32:09	+02:20:07	10:04
11	12	Marco machado	AfrikanRunners	Veterano M40	05:36:36	+02:24:35	10:12
12	67	Paulo Gomes	NO TOMORROW RUNNING TEAM	Veterano M40	05:42:48	+02:30:47	10:23
13	26	João Pinho	Coimbra Trail Running	Veterano M40	06:05:06	+02:53:05	11:04
14	39	Nelson Franco	Esmoriz	Veterano M40	06:18:18	+03:06:16	11:28
15	9	Mauro Gonçalves	ADE Trail Running	Veterano M40	06:20:40	+03:08:38	11:32

## Veterano M50

1	58	Paulo Manuel Costa	Individual	Veterano M50	04:33:37	+01:21:35	08:17
2	69	João Passos	OLIMPICO VIANENSE	Veterano M50	04:42:01	+01:29:59	08:33
3	23	Miguel Saraiva	CA Barreira	Veterano M50	04:47:55	+01:35:54	08:43
4	76	Manuel António Sá Graça	Palmeira Runners	Veterano M50	05:09:32	+01:57:31	09:23
5	31	David Antunes	DESNIVEL POSITIVO	Veterano M50	05:37:28	+02:25:27	10:14

## Veterano M60

1	59	Manuel Faria Sampaio	Individual	Veterano M60	05:15:16	+02:03:15	09:33
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**TRAIL CURTO - STAGE 1**

**18 KM**

**R**  
**REVISED**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
41	786	Rubens Soares	sportarc	Veterano M40	02:29:14	+49:05	08:17
42	649	Orlando Campos	individual	Veterano M40	02:29:21	+49:13	08:18
43	751	Armando Moreira	ribeiras trail	Veterano M40	02:29:52	+49:44	08:20
44	754	Nuno Almeida	ribeiras trail	Veterano M40	02:29:53	+49:44	08:20
45	753	Jorge Pinheiro	ribeiras trail	Veterano M40	02:29:53	+49:45	08:20
46	771	Carlos Alberto Mendes Barbosa	running penafiel trail	Veterano M40	02:30:12	+50:03	08:21
47	692	Pedro Pisco	moreira relax runners	Veterano M40	02:30:27	+50:18	08:22
48	569	Sandra Araújo	fisio.	Senior Feminino	02:31:02	+50:54	08:23
49	674	Sergio Oliveira	juventude cortegacense	Veterano M40	02:31:53	+51:45	08:26
50	741	Rui Sousa	porto	Senior Masculino	02:31:57	+51:49	08:27
51	523	Bruno Pinho	boavista trail	Senior Masculino	02:33:39	+53:30	08:32
52	671	Joel Sequeira	juventude cortegacense	Veterano M40	02:33:44	+53:36	08:32
53	685	Nuno Sendão	lethes trail team	Veterano M40	02:33:55	+53:47	08:33
54	705	José Loureiro	olimpico vianense	Veterano M40	02:34:42	+54:33	08:36
55	736	Daniel Miranda	pastilhas team	Veterano M40	02:34:48	+54:40	08:36
56	716	Bruno Sá	padela natural team - fisiofreixo	Senior Masculino	02:34:51	+54:43	08:36
57	572	Miguel Machado	fisio.	Veterano M40	02:34:53	+54:45	08:36
58	576	Daniel Silva	grupo desportivo banco de portugal	Senior Masculino	02:35:33	+55:25	08:39
59	590	Matilde Brito	individual	Senior Feminino	02:36:01	+55:52	08:40
60	615	Marco Vieira	individual	Senior Masculino	02:36:11	+56:03	08:41
61	606	Hugo Guimarães	individual	Senior Masculino	02:36:21	+56:13	08:41
62	815	Jorge Alves	villa de basto trail	Veterano M40	02:36:30	+56:22	08:42
63	812	Gilberto Dias	viana do castelo	Veterano M40	02:36:48	+56:39	08:43
64	726	Marco Dias	padela natural team - fisiofreixo	Veterano M40	02:36:48	+56:40	08:43
65	599	Diogo Resende	individual	Senior Masculino	02:37:14	+57:06	08:44
66	644	Manuel Vale	individual	Veterano M40	02:37:18	+57:10	08:44
67	831	Rodrigo Tavares	individual	Senior Masculino	02:37:24	+57:16	08:45
68	825	Fermin Ontero	individual	Senior Masculino	02:37:26	+57:18	08:45
69	701	Rafael Loureiro	olimpico vianense	Senior Masculino	02:37:49	+57:41	08:46
70	540	Alexandre Pereira	clube montanha alto trilho - javalis	Senior Masculino	02:38:19	+58:11	08:48
71	561	José Pereira	equipa a	Veterano M50	02:38:28	+58:20	08:48
72	673	Nuno Araujo	juventude cortegacense	Veterano M40	02:38:33	+58:24	08:49
73	784	Eduardo Coutada	spin&run esposende	Veterano M40	02:38:41	+58:33	08:49
74	816	Bruno Amorim	villa imobiliária	Senior Masculino	02:39:17	+59:09	08:51
75	696	Carlos Oliveira	oada - os amigos da aventura	Veterano M40	02:39:38	+59:29	08:52
76	688	Nuno Santos	lion runners - g. d. leões da guarda	Veterano M40	02:39:38	+59:29	08:52
77	666	Lucia Costa	juventude cortegacense	Veterana F40	02:39:52	+59:44	08:53
78	739	José Alberto Ribeiro	pés chumbo runners	Veterano M40	02:41:06	+01:00:58	08:57
79	728	Manuel Cunha	padela natural team - fisiofreixo	Veterano M50	02:41:20	+01:01:11	08:58
80	508	Nuno Lomba	ade trail running	Senior Masculino	02:41:54	+01:01:46	09:00
81	686	Paulo Soares	lethes trail team	Veterano M40	02:42:48	+01:02:40	09:03
82	710	Frutuoso Sousa	os sonos	Senior Masculino	02:43:27	+01:03:19	09:05
83	687	Pedro Sendão	lethes trail team	Veterano M40	02:43:47	+01:03:39	09:06
84	611	José Gonçalves	individual	Senior Masculino	02:44:11	+01:04:03	09:07
85	547	António Barros	correr leça	Veterano M40	02:44:41	+01:04:33	09:09



**TRAIL CURTO - STAGE 1**

**18 KM**

**R**  
**REVISED**

**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	tkm
86	525	Jose Maria Gil Tato	c.a.r. marisqueiro	Veterano M40	02:45:00	+01:04:52	09:10
87	557	Ricardo Alves	em'força	Senior Masculino	02:45:32	+01:05:23	09:12
88	631	Eva Santos	individual	Veterana F40	02:45:57	+01:05:48	09:13
89	828	Atleta 828	individual	Senior Masculino	02:46:00	+01:05:52	09:13
90	795	Florinda Fernandes	team workout 48/cam	Veterana F40	02:46:07	+01:05:59	09:14
91	516	Paulo Duarte	alexandra carvalho team	Senior Masculino	02:46:17	+01:06:08	09:14
92	597	Carlos Dias	individual	Senior Masculino	02:47:01	+01:06:52	09:17
93	501	Joao Rodrigues	#ninjadotrail	Senior Masculino	02:48:41	+01:08:33	09:22
94	603	Flávio Figueira	individual	Senior Masculino	02:48:41	+01:08:33	09:22
95	522	Eduardo Martins	amc trail	Veterano M40	02:48:58	+01:08:50	09:23
96	729	Elisabete Ministro	palmeira runners	Veterana F40	02:49:02	+01:08:53	09:23
97	756	Domingos Vieira	ribeiras trail	Veterano M50	02:49:37	+01:09:28	09:25
98	539	Paulo Fernandes	ceveira team running	Veterano M40	02:50:08	+01:10:00	09:27
99	596	Bruno Grilo	individual	Senior Masculino	02:50:40	+01:10:31	09:29
100	787	Helder Castro	sucupira	Senior Masculino	02:50:58	+01:10:50	09:30
101	676	Domingos Camboa	juventude cortegacense	Veterano M50	02:50:59	+01:10:50	09:30
102	791	Sergio Cunha	sucupira	Veterano M40	02:51:00	+01:10:52	09:30
103	507	Filipe Lima	acteam	Veterano M40	02:51:05	+01:10:56	09:30
104	640	Georges Gomes	individual	Veterano M40	02:51:17	+01:11:09	09:31
105	619	Nuno Ferreira	individual	Senior Masculino	02:51:19	+01:11:11	09:31
106	585	Diana Cachada	individual	Senior Feminino	02:52:04	+01:11:55	09:34
107	651	Paulo Hernani Moreira	individual	Veterano M40	02:52:39	+01:12:31	09:36
108	582	Anabela Fernandes	individual	Senior Feminino	02:53:15	+01:13:07	09:38
109	503	Maria Natália Afonso	academia desportiva arcos de valdevez	Senior Feminino	02:53:22	+01:13:14	09:38
110	637	Bruno Pereira	individual	Veterano M40	02:53:33	+01:13:24	09:39
111	639	Fernando Pereira	individual	Veterano M40	02:53:42	+01:13:34	09:39
112	653	Vítor Cardoso	individual	Veterano M40	02:53:42	+01:13:34	09:39
113	802	Bruno Pinheiro	trail team montaria	Senior Masculino	02:53:54	+01:13:45	09:40
114	654	Zé Machado	individual	Veterano M40	02:54:11	+01:14:03	09:41
115	689	Antonio Leal	maia	Veterano M40	02:54:12	+01:14:03	09:41
116	833	Nino Raleiras	individual	Senior Masculino	02:54:56	+01:14:47	09:43
117	549	Manuel Rodrigues	correr leça	Veterano M60	02:55:08	+01:15:00	09:44
118	643	Luis Ribeiro	individual	Veterano M40	02:55:11	+01:15:03	09:44
119	697	Noemia Ferreira	olimpico vianense	Senior Feminino	02:55:28	+01:15:20	09:45
120	807	Bruno Reis	vaiatéondeosteuspéstelevar	Senior Masculino	02:55:30	+01:15:22	09:45
121	797	Cristina Rodrigues	teamworkout 48	Senior Feminino	02:55:55	+01:15:46	09:46
122	776	Ricardo Triães	rx runners	Veterano M40	02:56:25	+01:16:16	09:48
123	607	João Leite	individual	Senior Masculino	02:57:14	+01:17:06	09:51
124	566	Marco Lima	eyeti solutions	Senior Masculino	02:57:14	+01:17:06	09:51
125	575	Francisco Areias	gin team	Veterano M40	02:57:30	+01:17:22	09:52
126	574	Joao Paulo Peixoto Torres	gin team	Senior Masculino	02:57:30	+01:17:22	09:52
127	558	Patricia Ramos	equipa a	Senior Feminino	02:58:00	+01:17:52	09:53
128	647	Nelson Carvalho Da Silva	individual	Veterano M40	02:59:24	+01:19:16	09:58
129	704	Fernando Alves	olimpico vianense	Veterano M40	02:59:25	+01:19:16	09:58
130	757	José Moura	ribeiras trail	Veterano M50	02:59:33	+01:19:25	09:59
131	752	Joaquim Pinto	ribeiras trail	Veterano M40	02:59:34	+01:19:25	09:59











**Trail Curto**

**18 KM**



**OFFICIAL RESULT**

8	762	João silva	Rua da Regadia 158 Goios Marinhas	Senior Masculino	02:13:27	+33:19	07:25
9	735	Tiago Pereira	Pastilhas Team	Senior Masculino	02:13:46	+33:38	07:26
10	694	António Ribeiro	OADA - Os Amigos da Aventura	Senior Masculino	02:15:55	+35:47	07:33
11	567	Joaquim Carvalho	FACTOR X / S4L / MEDENSE FC	Senior Masculino	02:16:49	+36:41	07:36
12	613	Marco Dantas	Individual	Senior Masculino	02:19:58	+39:50	07:47
13	768	Bruno Rodrigues	RUNDICULOUS	Senior Masculino	02:22:11	+42:03	07:54
14	605	Henrique Loureiro	Individual	Senior Masculino	02:22:58	+42:50	07:57
15	542	Paulo Casais	Clube Montanha Alto Trilho - Javalis	Senior Masculino	02:23:00	+42:52	07:57
16	678	Marco Inês	ker sport trail running	Senior Masculino	02:23:09	+43:01	07:57
17	627	Rui Faria	Individual	Senior Masculino	02:24:13	+44:05	08:01
18	616	Miguel Cruz	Individual	Senior Masculino	02:24:19	+44:11	08:01
19	550	Daniel Barros	Juventude Cortegacense	Senior Masculino	02:24:26	+44:17	08:01
20	738	Artur Gil	PÉS CHUMBO RUNNERS	Senior Masculino	02:27:19	+47:10	08:11
21	741	Rui Sousa	Porto	Senior Masculino	02:31:57	+51:49	08:27
22	523	Bruno Pinho	Boavista Trail	Senior Masculino	02:33:39	+53:30	08:32
23	716	Bruno Sá	Padela Natural Team - Fisiofreixo	Senior Masculino	02:34:51	+54:43	08:36
24	576	Daniel Silva	Grupo Desportivo Banco de Portugal	Senior Masculino	02:35:33	+55:25	08:39
25	615	Marco Vieira	Individual	Senior Masculino	02:36:11	+56:03	08:41
26	606	Hugo Guimarães	Individual	Senior Masculino	02:36:21	+56:13	08:41
27	599	Diogo Resende	Individual	Senior Masculino	02:37:14	+57:06	08:44
28	831	Rodrigo Tavares	Individual	Senior Masculino	02:37:24	+57:16	08:45
29	825	Fermin Ontero	Individual	Senior Masculino	02:37:26	+57:18	08:45
30	701	Rafael Loureiro	OLIMPICO VIANENSE	Senior Masculino	02:37:49	+57:41	08:46
31	540	Alexandre Pereira	Clube Montanha Alto Trilho - Javalis	Senior Masculino	02:38:19	+58:11	08:48
32	816	Bruno Amorim	Villa imobiliária	Senior Masculino	02:39:17	+59:09	08:51
33	508	Nuno Lomba	ADE Trail Running	Senior Masculino	02:41:54	+01:01:46	09:00
34	710	Frutuoso Sousa	Os sonos	Senior Masculino	02:43:27	+01:03:19	09:05
35	611	José Gonçalves	Individual	Senior Masculino	02:44:11	+01:04:03	09:07
36	557	Ricardo Alves	EM'Força	Senior Masculino	02:45:32	+01:05:23	09:12
37	828	Atleta 828	Individual	Senior Masculino	02:46:00	+01:05:52	09:13
38	516	Paulo Duarte	Alexandra Carvalho Team	Senior Masculino	02:46:17	+01:06:08	09:14
39	597	Carlos Dias	Individual	Senior Masculino	02:47:01	+01:06:52	09:17
40	501	Joao Rodrigues	#ninjadotrail	Senior Masculino	02:48:41	+01:08:33	09:22
41	603	Flávio Figueira	Individual	Senior Masculino	02:48:41	+01:08:33	09:22
42	596	Bruno Grilo	Individual	Senior Masculino	02:50:40	+01:10:31	09:29
43	787	Helder Castro	Sucupira	Senior Masculino	02:50:58	+01:10:50	09:30
44	619	Nuno Ferreira	Individual	Senior Masculino	02:51:19	+01:11:11	09:31
45	802	Bruno Pinheiro	TRAIL TEAM MONTARIA	Senior Masculino	02:53:54	+01:13:45	09:40
46	833	Nino Raleiras	Individual	Senior Masculino	02:54:56	+01:14:47	09:43
47	807	Bruno Reis	Vaiatéondeosteuspéstelevar	Senior Masculino	02:55:30	+01:15:22	09:45
48	607	João Leite	Individual	Senior Masculino	02:57:14	+01:17:06	09:51
49	566	Marco Lima	Eyeti Solutions	Senior Masculino	02:57:14	+01:17:06	09:51
50	574	Joao Paulo Peixoto Torres	Gin Team	Senior Masculino	02:57:30	+01:17:22	09:52
51	556	Helder Neves	EM'Força	Senior Masculino	02:59:38	+01:19:30	09:59





## Trail Curto

**18 KM**

**R**  
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**OFFICIAL RESULT**

7	543	Sandra Monteiro	Clube Montanha Alto Trilho - Javalis	Veterana F40	03:05:09	+01:25:00	10:17
8	749	Rosa Gama	Ribeiras Trail	Veterana F40	03:05:20	+01:25:12	10:18
9	672	Marcia Costa	Juventude Cortegacense	Veterana F40	03:08:02	+01:27:54	10:27
10	691	Liseta Pinto	Moreira Relax Runners	Veterana F40	03:09:48	+01:29:39	10:33
11	665	Anabela Marques	Juventude Cortegacense	Veterana F40	03:14:25	+01:34:17	10:48
12	667	Maria José Franco Oliveira	Juventude Cortegacense	Veterana F40	03:16:31	+01:36:22	10:55
13	785	Isabel Soares	SPORTARC	Veterana F40	03:17:24	+01:37:15	10:58
14	634	Maria Rosa Lima Pereira	Individual	Veterana F40	03:22:17	+01:42:08	11:14
15	629	Carla Antunes	Individual	Veterana F40	03:26:00	+01:45:52	11:27
16	632	Graça Soares Rodrigues	Individual	Veterana F40	03:29:07	+01:48:58	11:37
17	536	Sandra Araújo	Cerveira Team Running	Veterana F40	03:42:44	+02:02:36	12:22
18	535	Marisa Segadães	Cerveira Team Running	Veterana F40	03:42:44	+02:02:36	12:22
19	546	Carla Ferreira	CORRER LEÇA	Veterana F40	03:50:08	+02:10:00	12:47
20	690	Ivete Alves	Melgaço	Veterana F40	04:09:29	+02:29:20	13:52
21	638	Carmo Pinto	Individual	Veterana F40	04:10:45	+02:30:36	13:56
22	630	Dora Helena Guedes Ventura	Individual	Veterana F40	04:10:46	+02:30:37	13:56
23	742	Flávia Alegria	Primos do Paulo	Veterana F40	04:14:22	+02:34:13	14:08
24	814	Eduarda Aaujo	Viana Garças Clube	Veterana F40	04:20:33	+02:40:24	14:29
25	811	Ana Rocha	Viana do Castelo	Veterana F40	04:20:36	+02:40:28	14:29
26	766	Margarida Miranda	RUMO A AVENTURA	Veterana F40	04:24:08	+02:43:59	14:40
27	803	Ana Ramião	TRAIL TEAM MONTARIA	Veterana F40	04:28:10	+02:48:01	14:54
28	633	Ilda Rodrigues Cardadeiro	Individual	Veterana F40	04:29:21	+02:49:12	14:58

## Veterana F50

1	635	Maria Parente	Individual	Veterana F50	03:11:38	+01:31:30	10:39
2	767	Isaura Miranda	RUMO A AVENTURA	Veterana F50	03:24:30	+01:44:22	11:22
3	524	ANA SOUSA	Boavista Trail	Veterana F50	03:38:27	+01:58:19	12:08

## Veterana F60

1	660	Joaquina Martins	Invicta Runners Team	Veterana F60	04:05:30	+02:25:21	13:38
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## Veterano M40

1	724	Fernando Grilo	Padela Natural Team - Fisiofreixo	Veterano M40	01:57:43	+17:35	06:32
2	519	Adelino Aires	Alexandra Carvalho Team	Veterano M40	01:58:58	+18:50	06:37
3	506	João Luís Fernandes Afonso	Academia desportiva arcos de Valdevez	Veterano M40	01:59:09	+19:01	06:37
4	823	Miguel Fontelo	Individual	Veterano M40	01:59:39	+19:31	06:39
5	636	Bruno Machado	Individual	Veterano M40	02:05:18	+25:09	06:58
6	571	Miguel Figueiredo	FISIO.	Veterano M40	02:13:05	+32:57	07:24
7	740	Hélio Silva	Phoenix Evorun	Veterano M40	02:13:57	+33:48	07:27
8	730	Domingos Peixoto	Palmeira Runners	Veterano M40	02:15:09	+35:01	07:31
9	670	Joao Paulo Oliveira	Juventude Cortegacense	Veterano M40	02:19:36	+39:28	07:45



Trail Curto

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**R**  
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OFFICIAL RESULT

10	505	Carlos Alberto Pires Loureiro Loureiro	Academia desportiva arcs de Valdevez	Veterano M40	02:19:40	+39:32	07:46
11	731	José Manuel Rodrigues Costa José Costa	Palmeira Runners	Veterano M40	02:20:23	+40:14	07:48
12	817	Márcio Silva	vimarunners	Veterano M40	02:22:07	+41:58	07:54
13	668	Cecílio Sissi	Juventude Cortegacense	Veterano M40	02:24:26	+44:17	08:01
14	520	Rui Maciel	Alexandra Carvalho Team	Veterano M40	02:28:51	+48:43	08:16
15	786	Rubens Soares	SPORTARC	Veterano M40	02:29:14	+49:05	08:17
16	649	Orlando Campos	Individual	Veterano M40	02:29:21	+49:13	08:18
17	751	Armando Moreira	Ribeiras Trail	Veterano M40	02:29:52	+49:44	08:20
18	754	Nuno Almeida	Ribeiras Trail	Veterano M40	02:29:53	+49:44	08:20
19	753	Jorge Pinheiro	Ribeiras Trail	Veterano M40	02:29:53	+49:45	08:20
20	771	Carlos Alberto Mendes Barbosa	Running Penafiel Trail	Veterano M40	02:30:12	+50:03	08:21
21	692	Pedro Pisco	Moreira Relax Runners	Veterano M40	02:30:27	+50:18	08:22
22	674	Sergio Oliveira	Juventude Cortegacense	Veterano M40	02:31:53	+51:45	08:26
23	671	Joel Sequeira	Juventude Cortegacense	Veterano M40	02:33:44	+53:36	08:32
24	685	Nuno Sendão	LETHES TRAIL TEAM	Veterano M40	02:33:55	+53:47	08:33
25	705	José Loureiro	OLIMPICO VIANENSE	Veterano M40	02:34:42	+54:33	08:36
26	736	Daniel Miranda	Pastilhas Team	Veterano M40	02:34:48	+54:40	08:36
27	572	Miguel Machado	FISIO.	Veterano M40	02:34:53	+54:45	08:36
28	815	Jorge Alves	Villa de Basto trail	Veterano M40	02:36:30	+56:22	08:42
29	812	Gilberto Dias	Viana do Castelo	Veterano M40	02:36:48	+56:39	08:43
30	726	Marco Dias	Padela Natural Team - Fisiofreixo	Veterano M40	02:36:48	+56:40	08:43
31	644	Manuel Vale	Individual	Veterano M40	02:37:18	+57:10	08:44
32	673	Nuno Araujo	Juventude Cortegacense	Veterano M40	02:38:33	+58:24	08:49
33	784	Eduardo Coutada	Spin&Run Esposende	Veterano M40	02:38:41	+58:33	08:49
34	696	Carlos Oliveira	OADA - Os Amigos da Aventura	Veterano M40	02:39:38	+59:29	08:52
35	688	Nuno Santos	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M40	02:39:38	+59:29	08:52
36	739	José Alberto Ribeiro	Pés Chumbo Runners	Veterano M40	02:41:06	+01:00:58	08:57
37	686	Paulo Soares	LETHES TRAIL TEAM	Veterano M40	02:42:48	+01:02:40	09:03
38	687	Pedro Sendão	LETHES TRAIL TEAM	Veterano M40	02:43:47	+01:03:39	09:06
39	547	António Barros	CORRER LEÇA	Veterano M40	02:44:41	+01:04:33	09:09
40	525	Jose Maria Gil Tato	C.A.R. MARISQUEIRO	Veterano M40	02:45:00	+01:04:52	09:10
41	522	Eduardo Martins	AMC TRAIL	Veterano M40	02:48:58	+01:08:50	09:23
42	539	Paulo Fernandes	Cerveira Team Running	Veterano M40	02:50:08	+01:10:00	09:27
43	791	Sergio Cunha	Sucupira	Veterano M40	02:51:00	+01:10:52	09:30
44	507	Filipe Lima	ACTEAM	Veterano M40	02:51:05	+01:10:56	09:30
45	640	Georges Gomes	Individual	Veterano M40	02:51:17	+01:11:09	09:31
46	651	Paulo Hernani Moreira	Individual	Veterano M40	02:52:39	+01:12:31	09:36
47	637	Bruno Pereira	Individual	Veterano M40	02:53:33	+01:13:24	09:39
48	639	Fernando Pereira	Individual	Veterano M40	02:53:42	+01:13:34	09:39
49	653	Vítor Cardoso	Individual	Veterano M40	02:53:42	+01:13:34	09:39
50	654	Zé Machado	Individual	Veterano M40	02:54:11	+01:14:03	09:41
51	689	Antonio Leal	Maia	Veterano M40	02:54:12	+01:14:03	09:41
52	643	Luis Ribeiro	Individual	Veterano M40	02:55:11	+01:15:03	09:44
53	776	Ricardo Triães	RX RUNNERS	Veterano M40	02:56:25	+01:16:16	09:48

**Trail Curto**

**18 KM**

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**OFFICIAL RESULT**

54	575	Francisco Areias	Gin Team	Veterano M40	02:57:30	+01:17:22	09:52
55	647	Nelson Carvalho Da Silva	Individual	Veterano M40	02:59:24	+01:19:16	09:58
56	704	Fernando Alves	OLIMPICO VIANENSE	Veterano M40	02:59:25	+01:19:16	09:58
57	752	Joaquim Pinto	Ribeiras Trail	Veterano M40	02:59:34	+01:19:25	09:59
58	537	Joaquim Araújo	Cerveira Team Running	Veterano M40	03:02:14	+01:22:06	10:07
59	538	Marco Segadães	Cerveira Team Running	Veterano M40	03:02:14	+01:22:06	10:07
60	703	Alexandre Negrão	OLIMPICO VIANENSE	Veterano M40	03:04:09	+01:24:01	10:14
61	706	Marco Maciel	OLIMPICO VIANENSE	Veterano M40	03:04:54	+01:24:46	10:16
62	544	Nuno Oliveira	Clube Montanha Alto Trilho - Javalis	Veterano M40	03:05:09	+01:25:01	10:17
63	796	Gilberto Borlido	Team Workout 48/CAM	Veterano M40	03:08:11	+01:28:03	10:27
64	548	Nuno Morgado	CORRER LEÇA	Veterano M40	03:09:48	+01:29:40	10:33
65	553	Marco Viana	EDV - Viana Trail	Veterano M40	03:10:27	+01:30:19	10:35
66	642	Henrique Reis	Individual	Veterano M40	03:12:39	+01:32:31	10:42
67	727	Vitor Araujo	Padela Natural Team - Fisiofreixo	Veterano M40	03:14:03	+01:33:55	10:47
68	560	Mário Araújo	Equipa A	Veterano M40	03:14:46	+01:34:38	10:49
69	732	José Peixoto	Palmeira Runners	Veterano M40	03:16:31	+01:36:22	10:55
70	675	Tiago Pereira	Juventude Cortegacense	Veterano M40	03:17:39	+01:37:31	10:59
71	652	Rui Carmo	Individual	Veterano M40	03:18:39	+01:38:31	11:02
72	512	Miguel Faria	Águias de Álvelos	Veterano M40	03:19:12	+01:39:04	11:04
73	650	Patricio Rodrigues	Individual	Veterano M40	03:20:35	+01:40:27	11:09
74	778	Paulo Batalha	SCALABIS NIGHT RUNNERS	Veterano M40	03:21:04	+01:40:56	11:10
75	573	Ricardo A. Silva Sousa	FIT GAIA TRAIL	Veterano M40	03:22:03	+01:41:55	11:14
76	820	Mário Vasco Barbosa	Zobelinho - DBT - BFF	Veterano M40	03:22:37	+01:42:28	11:15
77	792	Fernando Mendes	Team Shark	Veterano M40	03:24:35	+01:44:26	11:22
78	646	Mário Santiago	Individual	Veterano M40	03:26:52	+01:46:44	11:30
79	744	Paulo Correia	Reabilitação Integrada	Veterano M40	03:33:15	+01:53:07	11:51
80	783	Bruno Tiago Parreira Lima Meira	Spin&Run Esposende	Veterano M40	03:38:22	+01:58:14	12:08
81	648	Nuno Lima	Individual	Veterano M40	03:41:04	+02:00:56	12:17
82	773	Artur Fonseca	Ruptura Total	Veterano M40	03:50:47	+02:10:39	12:49
83	793	Paulo Areal Sousa	Team Shark	Veterano M40	03:53:56	+02:13:48	13:00
84	830	Ricardo Rodrigues	Blisq	Veterano M40	04:04:24	+02:24:15	13:35
85	645	Marco Pinto	Individual	Veterano M40	04:10:40	+02:30:31	13:56
86	743	Paulo Pires	Primos do Paulo	Veterano M40	04:14:24	+02:34:15	14:08
87	805	Rui Guia	TRAIL TEAM MONTARIA	Veterano M40	04:28:10	+02:48:01	14:54

**Veterano M50**

1	677	Ernesto Alves	Juventude Cortegacense	Veterano M50	02:07:58	+27:50	07:07
2	708	Sérgio Anunciação	Oralklass-Amigos do Trail	Veterano M50	02:15:24	+35:16	07:31
3	824	Manuel Azeres	Individual	Veterano M50	02:20:58	+40:50	07:50
4	772	Carlos Vinhas	Running Penafiel Trail	Veterano M50	02:21:29	+41:21	07:52
5	561	José Pereira	Equipa A	Veterano M50	02:38:28	+58:20	08:48
6	728	Manuel Cunha	Padela Natural Team - Fisiofreixo	Veterano M50	02:41:20	+01:01:11	08:58
7	756	Domingos Vieira	Ribeiras Trail	Veterano M50	02:49:37	+01:09:28	09:25
8	676	Domingos Camboa	Juventude Cortegacense	Veterano M50	02:50:59	+01:10:50	09:30

**Trail Curto****18 KM****R**  
**REVISED**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

9	757	José Moura	Ribeiras Trail	Veterano M50	02:59:33	+01:19:25	09:59
10	529	Rafael Gutierrez Araujo	CAMINHANTES DO CONDADO	Veterano M50	03:02:05	+01:21:56	10:07
11	658	Rui Novais	Individual	Veterano M50	03:05:29	+01:25:21	10:18
12	733	João Ministro	Palmeira Runners	Veterano M50	03:11:17	+01:31:08	10:38
13	657	Carlos Taveira	Individual	Veterano M50	03:21:21	+01:41:13	11:11
14	656	Carlos Almeida	Individual	Veterano M50	03:50:26	+02:10:17	12:48
15	822	Jorge Sousa	Individual	Veterano M50	03:54:44	+02:14:35	13:02
16	60	Valdemar Almeida	Invicta Runners Team	Veterano M50	04:05:30	+02:25:21	13:38

**Veterano M60**

1	555	José Ponte	EDV - Viana Trail	Veterano M60	02:28:56	+48:47	08:16
2	549	Manuel Rodrigues	CORRER LEÇA	Veterano M60	02:55:08	+01:15:00	09:44
3	813	Luís Pinto	Viana do Castelo	Veterano M60	03:01:47	+01:21:39	10:06
4	521	Daniel Barreto	Alexandra Carvalho Team	Veterano M60	03:03:20	+01:23:12	10:11
5	659	Jorge Novo	Individual	Veterano M60	04:35:36	+02:55:27	15:19

