

PROVA PRINCIPAL - STAGE 1

3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM	CARD
41	41	Sofia Nogueira	pimpões triatlo	Veterana F40	01:33:55	+50:14	31:18	
42	42	Bruno Carvalho	pimpões triatlo	Veterano M40	01:33:56	+50:15	31:19	
43	45	Duarte Silva	individual	Senior Masculino	01:35:48	+52:07	31:56	
44	47	Hugo Pimenta	individual	Senior Masculino	01:39:19	+55:38	33:06	
45	21	Ana Paula Castanheira Marques	individual	Veterana F50	01:48:59	+01:05:18	36:20	

Prova Principal**3 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:30	13.6°C	71%
End	11:28	13.6°C	71%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
------	-----	------	------	-----	--------	------	------

Senior Feminino

1	54	Joana Lopes	Individual	Senior Feminino	01:09:18	+25:36	23:06
2	37	sandra Marisa	Pimpões Triatlo	Senior Feminino	01:22:07	+38:25	27:22
3	51	Diana Martins	Individual	Senior Feminino	01:24:11	+40:29	28:04

Senior Masculino

1	5	André Pinto	Balance Running Club	Senior Masculino	43:41		14:34
2	39	Tiago Filipe Santos Isidoro	Pimpões Triatlo	Senior Masculino	44:17	+00:35	14:46
3	55	PEdro Monteiro	Individual	Senior Masculino	47:44	+04:02	15:55
4	46	Rui Pereira	Individual	Senior Masculino	49:12	+05:31	16:24
5	16	Nuno Miguel Silva	Individual	Senior Masculino	49:32	+05:51	16:31
6	14	Bernardo Marques da Silva	Individual	Senior Masculino	01:02:54	+19:12	20:58
7	19	Tiago Costa	Individual	Senior Masculino	01:05:51	+22:09	21:57
8	18	Sérgio Santos	Individual	Senior Masculino	01:07:06	+23:24	22:22
9	17	Ricardo Filipe Dionísio Costa	Individual	Senior Masculino	01:09:04	+25:23	23:01
10	48	David Frazão	Individual	Senior Masculino	01:09:18	+25:36	23:06
11	52	Henrique Martins	Individual	Senior Masculino	01:10:21	+26:39	23:27
12	50	Henrique Frazão	Individual	Senior Masculino	01:10:22	+26:40	23:27
13	15	Luís Conceição	Individual	Senior Masculino	01:12:28	+28:47	24:10
14	38	Rui Isabel	Pimpões Triatlo	Senior Masculino	01:12:39	+28:58	24:13
15	45	Duarte Silva	Individual	Senior Masculino	01:35:47	+52:06	31:56
16	47	Hugo Pimenta	Individual	Senior Masculino	01:39:18	+55:37	33:06

Veterana F40

1	20	Margarida Vieira	Individual	Veterana F40	01:13:31	+29:50	24:31
2	1	Carla Ribas	Não Fazemos Nem Mais Um...Km	Veterana F40	01:22:07	+38:26	27:23
3	40	Carla Ferreira	Pimpões Triatlo	Veterana F40	01:27:48	+44:07	29:16
4	6	Sílvia Duarte	Caldas Corre +	Veterana F40	01:32:57	+49:15	30:59
5	41	Sofia Nogueira	Pimpões Triatlo	Veterana F40	01:33:55	+50:14	31:18

Veterana F50

1	44	Sara Pedro	RÓODINHAS-Santos Silva /OXYGEN-Gym & Fitness	Veterana F50	01:13:30	+29:49	24:30
2	21	Ana Paula Castanheira Marques	Individual	Veterana F50	01:48:58	+01:05:17	36:20

Prova Principal

3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Veterano M40

1	36	André Henriques	NADAR	Veterano M40	01:07:49	+24:08	22:36
2	7	Ricardo Cordeiro	Caldas Corre +	Veterano M40	01:09:20	+25:39	23:07
3	3	Otilio Martiniano	Não Fazemos Nem Mais Um...Km	Veterano M40	01:11:29	+27:48	23:50
4	22	Fernando Oliveira	Individual	Veterano M40	01:21:38	+37:57	27:13
5	23	Vasco luís Pina Biscoito	Individual	Veterano M40	01:24:10	+40:29	28:04
6	42	Bruno Carvalho	Pimpões Triatlo	Veterano M40	01:33:56	+50:14	31:19

Veterano M50

1	25	Carlos Ribeiro	Individual	Veterano M50	01:04:58	+21:16	21:39
2	29	Luis Mendes	Individual	Veterano M50	01:08:48	+25:06	22:56
3	26	Fernando Agostinho	Individual	Veterano M50	01:09:20	+25:39	23:07
4	30	Rui Susano Mateus	Individual	Veterano M50	01:10:23	+26:42	23:28
5	24	Albertino Agostinho	Individual	Veterano M50	01:12:35	+28:53	24:12
6	27	João Manuel Frango	Individual	Veterano M50	01:18:56	+35:15	26:19
7	28	José António Paulino Serrão	Individual	Veterano M50	01:20:20	+36:38	26:47
8	2	José Costa	Não Fazemos Nem Mais Um...Km	Veterano M50	01:22:07	+38:26	27:22
9	8	Carlos Manuel Rosendo Gomes	Caldas Corre +	Veterano M50	01:24:14	+40:32	28:05
10	43	Paulo Ferreira	Pimpões Triatlo	Veterano M50	01:27:49	+44:07	29:16

Veterano M60

1	31	Gabriel Conceição	Individual	Veterano M60	01:10:29	+26:48	23:30
2	9	Antonio Gabriel Silva Bernardes	Caldas Corre +	Veterano M60	01:21:29	+37:48	27:10
3	4	Vasco Soares	Caldas Corre +	Veterano M60	01:24:14	+40:33	28:05