Caminhada e Corrida BV da Lixa

Lixa

07-julho-2019

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	10:00	18,4ºC	88%
End	11:23	18,4ºC	88%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	110	Rui Teixeira	sporting clube de portugal	Senior Masculino	34:55		03:30
2	49	Henrique costa	individual	Senior Masculino	35:17	+00:22	03:32
3	1	Marco Ferreira	individual	Veterano M40	35:51	+00:56	03:35
4	32	Jorge Cunha	fisioperformance	Veterano M40	38:12	+03:17	03:49
5	125	Carlos Costa	individual	Veterano M40	38:30	+03:35	03:51
6	36	Daniela Cunha	individual	Senior Feminino	39:30	+04:35	03:57
7	90	Sérgio Martins	individual	Veterano M40	40:24	+05:29	04:02
8	121	Aurélio Rebelo	individual	Senior Masculino	40:30	+05:35	04:03
9	80	Filipe leite	individual	Veterano M40	40:39	+05:44	04:04
10	105	Sónia Ferreira	sc braga	Senior Feminino	41:06	+06:11	04:07
11	109	Carla Machado	varzea	Veterana F40	41:26	+06:31	04:09
12	11	Nuno Costa	amigos das sapatilhas	Senior Masculino	42:43	+07:48	04:16
13	16	Inacio Ribeiro	amigos das sapatilhas	Veterano M40	44:33	+09:38	04:27
14	111	Eduardo Ribeiro	ada	Veterano M40	44:50	+09:55	04:29
15	94	JORGE CABOUCO	novélia running amarante	Veterano M40	45:05	+10:10	04:31
16	107	Tiago Dias	amigos das sapatilhas	Senior Masculino	45:40	+10:45	04:34
17	56	José Fernando Magalhães Brás	individual	Senior Masculino	45:41	+10:46	04:34
18	43	Davide Emanuel Silva Teixeira Macedo	individual	Senior Masculino	45:45	+10:50	04:35
19	114	André Brochado	individual	Senior Masculino	46:25	+11:30	04:39
20	7	Marco Pinto	100treino	Senior Masculino	46:52	+11:57	04:41
21	53	Jorge Elói Simões do Carmo	individual	Senior Masculino	46:59	+12:04	04:42
22	83	José Gaspar	individual	Veterano M40	47:00	+12:05	04:42
23	84	JOSÉ MAIAS	individual	Veterano M40	47:07	+12:12	04:43
24	78	Carlos Teixeira	individual	Veterano M40	47:38	+12:43	04:46
25	48	Helder Teixeira Dias	individual	Senior Masculino	47:43	+12:48	04:46
26	85	José Manuel Ribeiro Pinto	individual	Veterano M40	47:43	+12:48	04:46
27	41	Bruno Teixeira	individual	Senior Masculino	48:11	+13:16	04:49
28	45	Diogo Silva	individual	Senior Masculino	48:13	+13:18	04:49
29	51	Hugo Gonçalves da Silva	individual	Senior Masculino	48:20	+13:25	04:50
30	76	Armando Teixeira	individual	Veterano M40	48:23	+13:28	04:50
31	65	Sérgio	individual	Senior Masculino	48:47	+13:52	04:53
32	59	Nuno Miguel Carvalho Brochado	individual	Senior Masculino	49:00	+14:05	04:54
33	104	David Costa	fc lixa	Veterano M40	49:12	+14:17	04:55
34	46	Fábio Brites	individual	Senior Masculino	49:17	+14:22	04:56
35	52	João Sousa	individual	Senior Masculino	49:22	+14:27	04:56
36	88	Paulo Jorge Costa Sousa	individual	Veterano M40	49:25	+14:30	04:57
37	13	Anabela Cristina Carvalhais Almeida	amigos das sapatilhas	Veterana F40	49:27	+14:32	04:57
38	61	Pedro pinto	individual	Senior Masculino	49:28	+14:33	04:57
39	34	Mário Gomes	fisioperformance	Veterano M40	49:34	+14:39	04:57

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
40	64	Rui Pedro Marinho Pinto	individual	Senior Masculino	49:43	+14:48	04:58
41	26	Patricia Teixeira	fisioperformance	Senior Feminino	50:02	+15:07	05:00
42	102	Miguel Ribeiro	azulaico	Senior Masculino	50:03	+15:08	05:00
43	126	Hugo Alves	individual	Senior Masculino	50:05	+15:10	05:01
44	44	Davide Sampaio	individual	Senior Masculino	50:15	+15:20	05:02
45	15	Antonio Fonseca	amigos das sapatilhas	Veterano M40	50:19	+15:24	05:02
46	82	Joaquim silva	individual	Veterano M40	50:30	+15:35	05:03
47	21	Hélder Faria	c.r candoso	Senior Masculino	50:39	+15:44	05:04
48	31	Cristiano Ferreira	fisioperformance	Veterano M40	50:39	+15:44	05:04
49	18	Pedro Silveira	amigos das sapatilhas	Veterano M40	50:52	+15:57	05:05
50	141	José Lemos	individual	Senior Masculino	51:05	+16:10	05:07
51	12	Paulo Lopes	amigos das sapatilhas	Senior Masculino	51:15	+16:20	05:08
52	134	Fábio Teles	individual	Senior Masculino	52:02	+17:07	05:12
53	91	Sérgio Queirós	individual	Veterano M40	52:23	+17:28	05:14
54	124	Miguel Azevedo	individual	Veterano M40	52:40	+17:45	05:16
55	73	André Cristiano	individual	Veterano M40	52:48	+17:53	05:17
56	100	Filipe carneiro	trail team 1328	Veterano M40	53:22	+18:27	05:20
57	75	António Manuel Alves da Silva	individual	Veterano M40	53:36	+18:41	05:22
58	33	Jorge Pinheiro	fisioperformance	Veterano M40	53:36	+18:41	05:22
59	93	MÁRCIA CABOUCO	novélia running amarante	Veterana F40	53:49	+18:54	05:23
60	95	João Pinheiro	tebis trail running team	Senior Masculino	53:50	+18:55	05:23
61	62	Rafael Luis Carvalho Costa	individual	Senior Masculino	53:59	+19:04	05:24
62	86	JOSÉ MARIA COSTA MAIAS	individual	Veterano M40	54:20	+19:25	05:26
63	28	Filipe Cunha	fisioperformance	Senior Masculino	54:20	+19:25	05:26
64	68	Tiago Coelho	individual	Senior Masculino	54:28	+19:33	05:27
65	29	José Leite	fisioperformance	Senior Masculino	54:34	+19:39	05:27
66	92	Vítor Sandro Teixeira Coelho	individual	Veterano M40	54:42	+19:47	05:28
67	27	Agostinho Pinto	fisioperformance	Senior Masculino	55:12	+20:17	05:31
68	67	Tiago Carvalho	individual	Senior Masculino	55:33	+20:38	05:33
69	5	António Daniel Sousa	100treino	Senior Masculino	55:41	+20:46	05:34
70	70	Zé Pedro Coelho	individual	Senior Masculino	55:58	+21:03	05:36
71	79	Eleutério Maia	individual	Veterano M40	56:14	+21:19	05:37
72	10	Juliana Moura	amigos das sapatilhas	Senior Feminino	56:20	+21:25	05:38
73	72	Alberto Ferreira de Babo	individual	Veterano M40	56:29	+21:34	05:39
74	63	Raimundo Leite	individual	Senior Masculino	56:50	+21:55	05:41
75	89	Rui Barroso	individual	Veterano M40	56:52	+21:57	05:41
76	96	Sofia Bessa	trail team 1328	Senior Feminino	56:57	+22:02	05:42
77	77	Armindo Gomes Coelho	individual	Veterano M40	57:02	+22:07	05:42
78	9	Rui Coimbra	100treino	Senior Masculino	57:16	+22:21	05:44
79	8	Pedro Carvalho	100treino	Senior Masculino	58:09	+23:14	05:49
80	71	Rosa Monteiro	individual	Veterana F40	58:49	+23:54	05:53
81	25	Carlos Delgado	equipa dos reumáticos	Veterano M40	58:55	+24:00	05:54
82	66	Sérgio Gabriel	individual	Senior Masculino	59:04	+24:09	05:54
83	42	Carlos Macedo da Silva	individual	Senior Masculino	59:30	+24:35	05:57
84	101	Carlos Teixeira	individual	Veterano M40	59:33	+24:38	05:57
85	99	Tiago Costa	trail team 1328	Senior Masculino	59:50	+24:55	05:59

PROVA PRINCIPAL - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	97	José Andrade	trail team 1328	Senior Masculino	01:00:03	+25:08	06:00
87	112	Cristina Mota	individual	Senior Feminino	01:00:30	+25:35	06:03
88	57	Nuno Costa	individual	Senior Masculino	01:00:54	+25:59	06:05
89	103	Sandra Ribeiro	azulaico	Senior Feminino	01:01:07	+26:12	06:07
90	47	Hélder Silva	individual	Senior Masculino	01:02:35	+27:40	06:16
91	20	Anabela Gil	as lutadoras	Veterana F40	01:02:50	+27:55	06:17
92	118	Maria Emilia Sousa	azulaico	Veterana F40	01:02:58	+28:03	06:18
93	74	Antonio Ferreira	individual	Veterano M40	01:04:00	+29:05	06:24
94	19	Ana Martins	as lutadoras	Senior Feminino	01:09:40	+34:45	06:58
95	37	Paula Cristina Barros Cunha	individual	Senior Feminino	01:11:43	+36:48	07:10
96	23	Joana Barros	equipa dos reumáticos	Senior Feminino	01:14:10	+39:15	07:25
97	116	Sofia Ferreira	individual	Senior Feminino	01:14:27	+39:32	07:27
98	115	Pedro Queiroz	individual	Senior Masculino	01:14:27	+39:32	07:27
99	22	Ana Neves	equipa dos reumáticos	Senior Feminino	01:16:55	+42:00	07:42
100	24	Sandra Vieira	equipa dos reumáticos	Veterana F40	01:16:55	+42:00	07:42
101	35	Cristina Carvalho	individual	Senior Feminino	01:18:06	+43:11	07:49

Caminhada e Corrida BV da Lixa

Lixa

07-julho-2019

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	10:00	18,4ºC	88%
End	11:23	18,4ºC	88%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	36	Daniela Cunha	Individual	Senior Feminino	39:30	+04:35	03:57
2	105	Sónia Ferreira	SC Braga	Senior Feminino	41:06	+06:11	04:07
3	26	Patricia Teixeira	FISIOPERFORMANCE	Senior Feminino	50:02	+15:07	05:00
4	10	Juliana Moura	Amigos das Sapatilhas	Senior Feminino	56:20	+21:25	05:38
5	96	Sofia Bessa	Trail Team 1328	Senior Feminino	56:57	+22:02	05:42
6	112	Cristina Mota	Individual	Senior Feminino	01:00:30	+25:35	06:03
7	103	Sandra Ribeiro	Azulaico	Senior Feminino	01:01:07	+26:12	06:07
8	19	Ana Martins	As Lutadoras	Senior Feminino	01:09:40	+34:45	06:58
9	37	Paula Cristina Barros Cunha	Individual	Senior Feminino	01:11:43	+36:48	07:10
10	23	Joana Barros	Equipa dos reumáticos	Senior Feminino	01:14:10	+39:15	07:25
11	116	Sofia Ferreira	Individual	Senior Feminino	01:14:27	+39:32	07:27
12	22	Ana Neves	Equipa dos reumáticos	Senior Feminino	01:16:55	+42:00	07:42
13	35	Cristina Carvalho	Individual	Senior Feminino	01:18:06	+43:11	07:49

Senior Masculino

1	110	Rui Teixeira	Sporting Clube de Portugal	Senior Masculino	34:55		03:30
2	49	Henrique costa	Individual	Senior Masculino	35:17	+00:22	03:32
3	121	Aurélio Rebelo	Individual	Senior Masculino	40:30	+05:35	04:03
4	11	Nuno Costa	Amigos das Sapatilhas	Senior Masculino	42:43	+07:48	04:16
5	107	Tiago Dias	Amigos das Sapatilhas	Senior Masculino	45:40	+10:45	04:34
6	56	José Fernando Magalhães Brás	Individual	Senior Masculino	45:41	+10:46	04:34
7	43	Davide Emanuel Silva Teixeira Macedo	Individual	Senior Masculino	45:45	+10:50	04:35
8	114	André Brochado	Individual	Senior Masculino	46:25	+11:30	04:39
9	7	Marco Pinto	100Treino	Senior Masculino	46:52	+11:57	04:41
10	53	Jorge Elói Simões do Carmo	Individual	Senior Masculino	46:59	+12:04	04:42
11	48	Helder Teixeira Dias	Individual	Senior Masculino	47:43	+12:48	04:46
12	41	Bruno Teixeira	Individual	Senior Masculino	48:11	+13:16	04:49
13	45	Diogo Silva	Individual	Senior Masculino	48:13	+13:18	04:49
14	51	Hugo Gonçalves da Silva	Individual	Senior Masculino	48:20	+13:25	04:50
15	65	Sérgio	Individual	Senior Masculino	48:47	+13:52	04:53
16	59	Nuno Miguel Carvalho Brochado	Individual	Senior Masculino	49:00	+14:05	04:54
17	46	Fábio Brites	Individual	Senior Masculino	49:17	+14:22	04:56
18	52	João Sousa	Individual	Senior Masculino	49:22	+14:27	04:56
19	61	Pedro pinto	Individual	Senior Masculino	49:28	+14:33	04:57
20	64	Rui Pedro Marinho Pinto	Individual	Senior Masculino	49:43	+14:48	04:58
21	102	Miguel Ribeiro	Azulaico	Senior Masculino	50:03	+15:08	05:00
22	126	Hugo Alves	Individual	Senior Masculino	50:05	+15:10	05:01
23	44	Davide Sampaio	Individual	Senior Masculino	50:15	+15:20	05:02

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

24	21	Hélder Faria	C.R CANDOSO	Senior Masculino	50:39	+15:44	05:04
25	141	José Lemos	Individual	Senior Masculino	51:05	+16:10	05:07
26	12	Paulo Lopes	Amigos das Sapatilhas	Senior Masculino	51:15	+16:20	05:08
27	134	Fábio Teles	Individual	Senior Masculino	52:02	+17:07	05:12
28	95	João Pinheiro	TEBIS Trail Running Team	Senior Masculino	53:50	+18:55	05:23
29	62	Rafael Luis Carvalho Costa	Individual	Senior Masculino	53:59	+19:04	05:24
30	28	Filipe Cunha	FISIOPERFORMANCE	Senior Masculino	54:20	+19:25	05:26
31	68	Tiago Coelho	Individual	Senior Masculino	54:28	+19:33	05:27
32	29	José Leite	FISIOPERFORMANCE	Senior Masculino	54:34	+19:39	05:27
33	27	Agostinho Pinto	FISIOPERFORMANCE	Senior Masculino	55:12	+20:17	05:31
34	67	Tiago Carvalho	Individual	Senior Masculino	55:33	+20:38	05:33
35	5	António Daniel Sousa	100Treino	Senior Masculino	55:41	+20:46	05:34
36	70	Zé Pedro Coelho	Individual	Senior Masculino	55:58	+21:03	05:36
37	63	Raimundo Leite	Individual	Senior Masculino	56:50	+21:55	05:41
38	9	Rui Coimbra	100Treino	Senior Masculino	57:16	+22:21	05:44
39	8	Pedro Carvalho	100Treino	Senior Masculino	58:09	+23:14	05:49
40	66	Sérgio Gabriel	Individual	Senior Masculino	59:04	+24:09	05:54
41	42	Carlos Macedo da Silva	Individual	Senior Masculino	59:30	+24:35	05:57
42	99	Tiago Costa	Trail team 1328	Senior Masculino	59:50	+24:55	05:59
43	97	José Andrade	Trail Team 1328	Senior Masculino	01:00:03	+25:08	06:00
44	57	Nuno Costa	Individual	Senior Masculino	01:00:54	+25:59	06:05
45	47	Hélder Silva	Individual	Senior Masculino	01:02:35	+27:40	06:16
46	115	Pedro Queiroz	Individual	Senior Masculino	01:14:27	+39:32	07:27

Veterana F40

1	109	Carla Machado	Varzea	Veterana F40	41:26	+06:31	04:09
2	13	Anabela Cristina Carvalhais Almeida	Amigos das Sapatilhas	Veterana F40	49:27	+14:32	04:57
3	93	MÁRCIA CABOUCO	NOVÉLIA RUNNING AMARANTE	Veterana F40	53:49	+18:54	05:23
4	71	Rosa Monteiro	Individual	Veterana F40	58:49	+23:54	05:53
5	20	Anabela Gil	As Lutadoras	Veterana F40	01:02:50	+27:55	06:17
6	118	Maria Emilia Sousa	Azulaico	Veterana F40	01:02:58	+28:03	06:18
7	24	Sandra Vieira	Equipa dos reumáticos	Veterana F40	01:16:55	+42:00	07:42

Veterano M40

1	1	Marco Ferreira	Individual	Veterano M40	35:51	+00:56	03:35
2	32	Jorge Cunha	FISIOPERFORMANCE	Veterano M40	38:12	+03:17	03:49
3	125	Carlos Costa	Individual	Veterano M40	38:30	+03:35	03:51
4	90	Sérgio Martins	Individual	Veterano M40	40:24	+05:29	04:02
5	80	Filipe leite	Individual	Veterano M40	40:39	+05:44	04:04
6	16	Inacio Ribeiro	Amigos das Sapatilhas	Veterano M40	44:33	+09:38	04:27
7	111	Eduardo Ribeiro	ADA	Veterano M40	44:50	+09:55	04:29
8	94	JORGE CABOUCO	NOVÉLIA RUNNING AMARANTE	Veterano M40	45:05	+10:10	04:31
9	83	José Gaspar	Individual	Veterano M40	47:00	+12:05	04:42
10	84	JOSÉ MAIAS	Individual	Veterano M40	47:07	+12:12	04:43

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

11	78	Carlos Teixeira	Individual	Veterano M40	47:38	+12:43	04:46
12	85	José Manuel Ribeiro Pinto	Individual	Veterano M40	47:43	+12:48	04:46
13	76	Armando Teixeira	Individual	Veterano M40	48:23	+13:28	04:50
14	104	David Costa	FC Lixa	Veterano M40	49:12	+14:17	04:55
15	88	Paulo Jorge Costa Sousa	Individual	Veterano M40	49:25	+14:30	04:57
16	34	Mário Gomes	FISIOPERFORMANCE	Veterano M40	49:34	+14:39	04:57
17	15	Antonio Fonseca	Amigos das Sapatilhas	Veterano M40	50:19	+15:24	05:02
18	82	Joaquim silva	Individual	Veterano M40	50:30	+15:35	05:03
19	31	Cristiano Ferreira	FISIOPERFORMANCE	Veterano M40	50:39	+15:44	05:04
20	18	Pedro Silveira	Amigos das Sapatilhas	Veterano M40	50:52	+15:57	05:05
21	91	Sérgio Queirós	Individual	Veterano M40	52:23	+17:28	05:14
22	124	Miguel Azevedo	Individual	Veterano M40	52:40	+17:45	05:16
23	73	André Cristiano	Individual	Veterano M40	52:48	+17:53	05:17
24	100	Filipe carneiro	Trail team 1328	Veterano M40	53:22	+18:27	05:20
25	75	António Manuel Alves da Silva	Individual	Veterano M40	53:36	+18:41	05:22
26	33	Jorge Pinheiro	FISIOPERFORMANCE	Veterano M40	53:36	+18:41	05:22
27	86	JOSÉ MARIA COSTA MAIAS	Individual	Veterano M40	54:20	+19:25	05:26
28	92	Vítor Sandro Teixeira Coelho	Individual	Veterano M40	54:42	+19:47	05:28
29	79	Eleutério Maia	Individual	Veterano M40	56:14	+21:19	05:37
30	72	Alberto Ferreira de Babo	Individual	Veterano M40	56:29	+21:34	05:39
31	89	Rui Barroso	Individual	Veterano M40	56:52	+21:57	05:41
32	77	Armindo Gomes Coelho	Individual	Veterano M40	57:02	+22:07	05:42
33	25	Carlos Delgado	Equipa dos reumáticos	Veterano M40	58:55	+24:00	05:54
34	101	Carlos Teixeira	Individual	Veterano M40	59:33	+24:38	05:57
35	74	Antonio Ferreira	Individual	Veterano M40	01:04:00	+29:05	06:24