

TRAIL 15K - STAGE 1

15 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:30	12,8°C	82%
End	12:52	16,6°C	59%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	104	PEDRO BASTOS	ozxtreme	Senior Masculino	01:07:59		04:32
2	103	Alex Tondela	montanha clube trail running/efapel	Veterano M40	01:08:57	+00:58	04:36
3	64	PAULO DIAS	individual	Senior Masculino	01:09:30	+01:30	04:38
4	58	Hugo Ventura	agd sports academy	Senior Masculino	01:11:01	+03:02	04:44
5	79	Carlos Barrocas	individual	Veterano M40	01:12:13	+04:14	04:49
6	15	Marco Melo	agd sports academy	Senior Masculino	01:12:44	+04:44	04:51
7	17	Rúben Pereira Marques	agd sports academy	Senior Masculino	01:15:04	+07:05	05:00
8	27	André Maurício	alinç@&tern@	Senior Masculino	01:16:04	+08:05	05:04
9	53	Davide Carvalho	individual	Senior Masculino	01:16:37	+08:37	05:06
10	13	Bruno Rodrigues	agd sports academy	Senior Masculino	01:16:59	+09:00	05:08
11	99	Pedro alves	melguinhas doces	Senior Masculino	01:17:57	+09:58	05:12
12	80	Filipe Silva Fonseca	individual	Veterano M40	01:20:22	+12:22	05:21
13	63	Nuno Manuel Sena Limpo	individual	Senior Masculino	01:21:37	+13:38	05:27
14	112	PEDRO SOUSA	trail bela bela	Senior Masculino	01:21:38	+13:39	05:27
15	81	Luis Martins	individual	Veterano M40	01:24:11	+16:12	05:37
16	12	António Pedro Tondela	agd sports academy	Senior Masculino	01:24:11	+16:12	05:37
17	11	Amílcar Almeida	agd sports academy	Senior Masculino	01:24:25	+16:25	05:38
18	88	fernando morais	individual	Veterano M50	01:24:35	+16:36	05:38
19	67	ricardo santos	individual	Senior Masculino	01:26:39	+18:39	05:47
20	92	Pedro Jorge	individual	Veterano M50	01:26:45	+18:46	05:47
21	32	ANTONIO MARQUES	avila runners	Veterano M50	01:27:23	+19:24	05:50
22	73	Carla Almeida Sereno	individual	Veterana F40	01:27:26	+19:27	05:50
23	116	Pedro Sereno	individual	Veterano M40	01:27:26	+19:27	05:50
24	118	Patricia Silva	individual	Senior Feminino	01:27:39	+19:40	05:51
25	117	David Felizardo	individual	Senior Masculino	01:27:40	+19:40	05:51
26	119	Carlos Pinheiro	individual	Senior Masculino	01:28:27	+20:27	05:54
27	70	Vicente Julião	individual	Senior Masculino	01:28:58	+20:59	05:56
28	36	Pedro Silva	est'ame	Senior Masculino	01:30:24	+22:25	06:02
29	37	Emanuel Rodrigues	fundiven	Senior Masculino	01:30:32	+22:33	06:02
30	105	Paulo Abrantes	run4fun agd	Senior Masculino	01:30:58	+22:59	06:04
31	30	Rui Mota	atac - águeda trail aventura clube	Veterano M40	01:30:59	+23:00	06:04
32	115	João Jose Baleira	individual	Senior Masculino	01:31:47	+23:47	06:07
33	54	Davide Marques da Silva	individual	Senior Masculino	01:32:08	+24:09	06:09
34	107	João Saraiva	s.c.paradela	Veterano M40	01:32:30	+24:30	06:10
35	16	Ricardo Almeida	agd sports academy	Senior Masculino	01:32:56	+24:57	06:12
36	87	António Manuel da Fonseca Pereira	individual	Veterano M50	01:33:12	+25:13	06:13
37	51	Anselmo João pereira marques	individual	Senior Masculino	01:33:13	+25:14	06:13
38	106	TIAGO BAPTISTA	s.c.paradela	Senior Masculino	01:33:35	+25:36	06:14
39	110	Felicia Fernandes	trail bela bela	Senior Feminino	01:34:07	+26:07	06:16
40	91	Joaquim Balreira	individual	Veterano M50	01:34:35	+26:36	06:18
41	111	VERA TAVARES	trail bela bela	Senior Feminino	01:35:12	+27:13	06:21

TRAIL 15K - STAGE 1
15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	108	Miguel Santos	s.c.paradela	Veterano M40	01:37:19	+29:20	06:29
43	35	Paulo Silva	est'ame	Senior Masculino	01:38:02	+30:03	06:32
44	74	Claudia cálix	individual	Veterana F40	01:38:02	+30:03	06:32
45	18	Vitor Paiva	agd sports academy	Senior Masculino	01:38:20	+30:21	06:33
46	26	Armando Monteiro	agd sports academy	Veterano M60	01:38:23	+30:24	06:34
47	14	Flávio César Peres Coelho	agd sports academy	Senior Masculino	01:38:49	+30:49	06:35
48	10	Sandra Cristina Corga Morais	agd sports academy	Senior Feminino	01:38:49	+30:50	06:35
49	90	João Isidoro dos Santos	individual	Veterano M50	01:39:42	+31:43	06:39
50	68	Rui Manuel Vidal Marques	individual	Senior Masculino	01:40:38	+32:39	06:43
51	24	Maria Manuel Calvo	agd sports academy	Veterana F40	01:42:04	+34:05	06:48
52	100	Tiago Rocha	melguinhas doces	Senior Masculino	01:42:05	+34:06	06:48
53	77	Maria Silva	individual	Veterana F50	01:44:04	+36:05	06:56
54	22	Iolanda Tomaz	agd sports academy	Veterana F40	01:45:31	+37:32	07:02
55	69	Tiago Emanuel de Sousa Carvalho	individual	Senior Masculino	01:45:32	+37:32	07:02
56	93	Reinaldo Ferreira Pedreira	individual	Veterano M50	01:45:39	+37:40	07:03
57	40	Ana Sofia Dias de Figueiredo	individual	Senior Feminino	01:46:05	+38:06	07:04
58	60	João Tavares	individual	Senior Masculino	01:48:46	+40:46	07:15
59	109	helio lopes	s.c.paradela	Veterano M50	01:49:39	+41:40	07:19
60	85	Sérgio Tavares	individual	Veterano M40	01:50:13	+42:14	07:21
61	71	Carlos Miguel Vidal	individual	Sub 23 Masculino	01:51:45	+43:46	07:27
62	114	Mario Silva	individual	Veterano M40	01:52:05	+44:06	07:28
63	29	Luís Silva	arsm - associação recreativa de s. miguel	Senior Masculino	01:55:17	+47:18	07:41
64	28	Ana Raquel Faustino	arsm - associação recreativa de s. miguel	Senior Feminino	01:55:18	+47:19	07:41
65	75	Renata Loureiro	individual	Veterana F40	01:56:19	+48:19	07:45
66	97	Sandra chipelo	melguinhas doces	Senior Feminino	01:58:54	+50:55	07:56
67	65	Pedro Manuel dos Santos Pereira	individual	Senior Masculino	02:00:04	+52:05	08:00
68	66	Ricardo José Carrola Susana	individual	Senior Masculino	02:00:05	+52:05	08:00
69	83	Pedro Alexandre da Cruz Dias	individual	Veterano M40	02:00:30	+52:31	08:02
70	5	Emanuela Corga Morais	agd sports academy	Senior Feminino	02:00:35	+52:36	08:02
71	38	Ana Catarina Silva	individual	Senior Feminino	02:01:04	+53:05	08:04
72	61	José Guarino	individual	Senior Masculino	02:01:04	+53:05	08:04
73	98	Carlos santos	melguinhas doces	Senior Masculino	02:03:53	+55:54	08:16
74	96	Berta pires	melguinhas doces	Senior Feminino	02:03:56	+55:56	08:16
75	78	Antonio Vila Verde	individual	Veterano M40	02:06:12	+58:13	08:25
76	49	Tânia Tavares	individual	Senior Feminino	02:06:19	+58:19	08:25
77	62	Miguel A. Martins	individual	Senior Masculino	02:06:19	+58:20	08:25
78	34	Carlos Domingues	est'ame	Senior Masculino	02:07:31	+59:32	08:30
79	21	Inês Cláudia de oliveira e Silva Picado	agd sports academy	Veterana F40	02:07:36	+59:36	08:30
80	23	Ma Conceição Almeida Reis	agd sports academy	Veterana F40	02:08:08	+01:00:08	08:33
81	20	Carla Lemos	agd sports academy	Veterana F40	02:08:08	+01:00:08	08:33
82	25	Anabela Xavier	agd sports academy	Veterana F50	02:08:08	+01:00:08	08:33
83	43	Dulcineia Miriam	individual	Senior Feminino	02:09:58	+01:01:59	08:40
84	55	Filipe Martins Ladeira da Silva	individual	Senior Masculino	02:10:01	+01:02:02	08:40
85	39	Ana Patrícia Martins Nunes	individual	Senior Feminino	02:11:23	+01:03:24	08:46

TRAIL 15K - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	45	Jéssica Faria Marques	individual	Senior Feminino	02:11:23	+01:03:24	08:46
87	101	Vasco Rocha	melquinhas doces	Sub 23 Masculino	02:12:45	+01:04:45	08:51
88	41	Ana Tavares	individual	Senior Feminino	02:14:17	+01:06:18	08:57
89	50	Teresa lopes	individual	Senior Feminino	02:14:17	+01:06:18	08:57
90	72	Ana Margarida Alves Guerra	individual	Veterana F40	02:30:29	+01:22:30	10:02
91	76	Isabel Cruz	individual	Veterana F50	02:30:29	+01:22:30	10:02
92	8	Karina Ribeiro	agd sports academy	Senior Feminino	02:30:56	+01:22:56	10:04
93	31	Zenaida Andrade	avila runners	Veterana F40	02:36:34	+01:28:34	10:26
94	44	Elisabete Silva	individual	Senior Feminino	02:36:34	+01:28:35	10:26
95	47	Juliana Raquel Silva Vieira	individual	Senior Feminino	03:08:58	+02:00:59	12:36
96	48	Marcia Martinez Ferreira Cleto Torrão	individual	Senior Feminino	03:08:58	+02:00:59	12:36
97	42	Andreia Oliveira Rodrigues	individual	Senior Feminino	03:08:58	+02:00:59	12:36
98	46	Juliana Raquel Neves da Costa	individual	Senior Feminino	03:08:58	+02:00:59	12:36
99	9	Monica Seabra	agd sports academy	Senior Feminino	03:20:22	+02:12:22	13:21
100	7	Joana batista	agd sports academy	Senior Feminino	03:20:22	+02:12:22	13:21

Trail 15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:30	12,8°C	82%
End	12:52	16,6°C	59%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	118	Patricia Silva	Individual	Senior Feminino	01:27:39	+19:40	05:51
2	110	Felicia Fernandes	Trail Bela Bela	Senior Feminino	01:34:07	+26:07	06:16
3	111	VERA TAVARES	Trail Bela Bela	Senior Feminino	01:35:12	+27:13	06:21
4	10	Sandra Cristina Corga Morais	AGD Sports Academy	Senior Feminino	01:38:49	+30:50	06:35
5	40	Ana Sofia Dias de Figueiredo	Individual	Senior Feminino	01:46:05	+38:06	07:04
6	28	Ana Raquel Faustino	ARSM - Associação Recreativa de S. Miguel	Senior Feminino	01:55:18	+47:19	07:41
7	97	Sandra chipelo	Melguinhas doces	Senior Feminino	01:58:54	+50:55	07:56
8	5	Emanuela Corga Morais	AGD Sports Academy	Senior Feminino	02:00:35	+52:36	08:02
9	38	Ana Catarina Silva	Individual	Senior Feminino	02:01:04	+53:05	08:04
10	96	Berta pires	Melguinhas doces	Senior Feminino	02:03:56	+55:56	08:16
11	49	Tânia Tavares	Individual	Senior Feminino	02:06:19	+58:19	08:25
12	43	Dulcineia Miriam	Individual	Senior Feminino	02:09:58	+01:01:59	08:40
13	39	Ana Patrícia Martins Nunes	Individual	Senior Feminino	02:11:23	+01:03:24	08:46
14	45	Jéssica Faria Marques	Individual	Senior Feminino	02:11:23	+01:03:24	08:46
15	41	Ana Tavares	Individual	Senior Feminino	02:14:17	+01:06:18	08:57
16	50	Teresa lopes	Individual	Senior Feminino	02:14:17	+01:06:18	08:57
17	8	Karina Ribeiro	AGD SPORTS ACADEMY	Senior Feminino	02:30:56	+01:22:56	10:04
18	44	Elisabete Silva	Individual	Senior Feminino	02:36:34	+01:28:35	10:26
19	47	Juliana Raquel Silva Vieira	Individual	Senior Feminino	03:08:58	+02:00:59	12:36
20	48	Marcia Martinez Ferreira Cleto Torrão	Individual	Senior Feminino	03:08:58	+02:00:59	12:36
21	42	Andreia Oliveira Rodrigues	Individual	Senior Feminino	03:08:58	+02:00:59	12:36
22	46	Juliana Raquel Neves da Costa	Individual	Senior Feminino	03:08:58	+02:00:59	12:36
23	9	Monica Seabra	AGD SPORTS ACADEMY	Senior Feminino	03:20:22	+02:12:22	13:21
24	7	Joana batista	AGD SPORTS ACADEMY	Senior Feminino	03:20:22	+02:12:22	13:21

Senior Masculino

1	104	PEDRO BASTOS	OZXTREME	Senior Masculino	01:07:59		04:32
2	64	PAULO DIAS	Individual	Senior Masculino	01:09:30	+01:30	04:38
3	58	Hugo Ventura	AGD Sports Academy	Senior Masculino	01:11:01	+03:02	04:44
4	15	Marco Melo	AGD SPORTS ACADEMY	Senior Masculino	01:12:44	+04:44	04:51
5	17	Rúben Pereira Marques	AGD Sports Academy	Senior Masculino	01:15:04	+07:05	05:00
6	27	André Maurício	Alinç@&tern@	Senior Masculino	01:16:04	+08:05	05:04
7	53	Davide Carvalho	Individual	Senior Masculino	01:16:37	+08:37	05:06
8	13	Bruno Rodrigues	AGD SPORTS ACADEMY	Senior Masculino	01:16:59	+09:00	05:08
9	99	Pedro alves	Melguinhas doces	Senior Masculino	01:17:57	+09:58	05:12
10	63	Nuno Manuel Sena Limpo	Individual	Senior Masculino	01:21:37	+13:38	05:27
11	112	PEDRO SOUSA	Trail Bela Bela	Senior Masculino	01:21:38	+13:39	05:27

Trail 15K**15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

12	12	António Pedro Tondela	AGD SPORTS ACADEMY	Senior Masculino	01:24:11	+16:12	05:37
13	11	Amilcar Almeida	AGD SPORTS ACADEMY	Senior Masculino	01:24:25	+16:25	05:38
14	67	ricardo santos	Individual	Senior Masculino	01:26:39	+18:39	05:47
15	117	David Felizardo	Individual	Senior Masculino	01:27:40	+19:40	05:51
16	119	Carlos Pinheiro	Individual	Senior Masculino	01:28:27	+20:27	05:54
17	70	Vicente Julião	Individual	Senior Masculino	01:28:58	+20:59	05:56
18	36	Pedro Silva	Est'ame	Senior Masculino	01:30:24	+22:25	06:02
19	37	Emanuel Rodrigues	FUNDIVEN	Senior Masculino	01:30:32	+22:33	06:02
20	105	Paulo Abrantes	Run4Fun AGD	Senior Masculino	01:30:58	+22:59	06:04
21	115	João Jose Baleira	Individual	Senior Masculino	01:31:47	+23:47	06:07
22	54	Davide Marques da Silva	Individual	Senior Masculino	01:32:08	+24:09	06:09
23	16	Ricardo Almeida	AGD SPORTS ACADEMY	Senior Masculino	01:32:56	+24:57	06:12
24	51	Anselmo João pereira marques	Individual	Senior Masculino	01:33:13	+25:14	06:13
25	106	TIAGO BAPTISTA	S.C.Paradela	Senior Masculino	01:33:35	+25:36	06:14
26	35	Paulo Silva	Est'ame	Senior Masculino	01:38:02	+30:03	06:32
27	18	Vitor Paiva	AGD SPORTS ACADEMY	Senior Masculino	01:38:20	+30:21	06:33
28	14	Flávio César Peres Coelho	AGD Sports Academy	Senior Masculino	01:38:49	+30:49	06:35
29	68	Rui Manuel Vidal Marques	Individual	Senior Masculino	01:40:38	+32:39	06:43
30	100	Tiago Rocha	Melguinhas doces	Senior Masculino	01:42:05	+34:06	06:48
31	69	Tiago Emanuel de Sousa Carvalho	Individual	Senior Masculino	01:45:32	+37:32	07:02
32	60	João Tavares	Individual	Senior Masculino	01:48:46	+40:46	07:15
33	29	Luís Silva	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	01:55:17	+47:18	07:41
34	65	Pedro Manuel dos Santos Pereira	Individual	Senior Masculino	02:00:04	+52:05	08:00
35	66	Ricardo José Carrola Susana	Individual	Senior Masculino	02:00:05	+52:05	08:00
36	61	José Guarino	Individual	Senior Masculino	02:01:04	+53:05	08:04
37	98	Carlos santos	Melguinhas doces	Senior Masculino	02:03:53	+55:54	08:16
38	62	Miguel A. Martins	Individual	Senior Masculino	02:06:19	+58:20	08:25
39	34	Carlos Domingues	Est'ame	Senior Masculino	02:07:31	+59:32	08:30
40	55	Filipe Martins Ladeira da Silva	Individual	Senior Masculino	02:10:01	+01:02:02	08:40

Sub 23 Masculino

1	71	Carlos Miguel Vidal	Individual	Sub 23 Masculino	01:51:45	+43:46	07:27
2	101	Vasco Rocha	Melguinhas doces	Sub 23 Masculino	02:12:45	+01:04:45	08:51

Veterana F40

1	73	Carla Almeida Sereno	Individual	Veterana F40	01:27:26	+19:27	05:50
2	74	Claudia cálix	Individual	Veterana F40	01:38:02	+30:03	06:32
3	24	Maria Manuel Calvo	AGD SPORTS ACADEMY	Veterana F40	01:42:04	+34:05	06:48
4	22	Iolanda Tomaz	AGD SPORTS ACADEMY	Veterana F40	01:45:31	+37:32	07:02
5	75	Renata Loureiro	Individual	Veterana F40	01:56:19	+48:19	07:45
6	21	Inês Cláudia de oliveira e Silva Picado	AGD SPORTS ACADEMY	Veterana F40	02:07:36	+59:36	08:30
7	23	Ma Conceição Almeida Reis	AGD SPORTS ACADEMY	Veterana F40	02:08:08	+01:00:08	08:33
8	20	Carla Lemos	AGD SPORTS ACADEMY	Veterana F40	02:08:08	+01:00:08	08:33

Trail 15K**15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

9	72	Ana Margarida Alves Guerra	Individual	Veterana F40	02:30:29	+01:22:30	10:02
10	31	Zenaida Andrade	Avila Runners	Veterana F40	02:36:34	+01:28:34	10:26

Veterana F50

1	77	Maria Silva	Individual	Veterana F50	01:44:04	+36:05	06:56
2	25	Anabela Xavier	AGD SPORTS ACADEMY	Veterana F50	02:08:08	+01:00:08	08:33
3	76	Isabel Cruz	Individual	Veterana F50	02:30:29	+01:22:30	10:02

Veterano M40

1	103	Alex Tondela	Montanha Clube Trail Running/Efapel	Veterano M40	01:08:57	+00:58	04:36
2	79	Carlos Barrocas	Individual	Veterano M40	01:12:13	+04:14	04:49
3	80	Filipe Silva Fonseca	Individual	Veterano M40	01:20:22	+12:22	05:21
4	81	Luis Martins	Individual	Veterano M40	01:24:11	+16:12	05:37
5	116	Pedro Sereno	Individual	Veterano M40	01:27:26	+19:27	05:50
6	30	Rui Mota	ATAC - Águeda Trail Aventura Clube	Veterano M40	01:30:59	+23:00	06:04
7	107	João Saraiva	S.C.Paradela	Veterano M40	01:32:30	+24:30	06:10
8	108	Miguel Santos	S.C.Paradela	Veterano M40	01:37:19	+29:20	06:29
9	85	Sérgio Tavares	Individual	Veterano M40	01:50:13	+42:14	07:21
10	114	Mario Silva	Individual	Veterano M40	01:52:05	+44:06	07:28
11	83	Pedro Alexandre da Cruz Dias	Individual	Veterano M40	02:00:30	+52:31	08:02
12	78	Antonio Vila Verde	Individual	Veterano M40	02:06:12	+58:13	08:25

Veterano M50

1	88	fernando morais	Individual	Veterano M50	01:24:35	+16:36	05:38
2	92	Pedro Jorge	Individual	Veterano M50	01:26:45	+18:46	05:47
3	32	ANTONIO MARQUES	Avila Runners	Veterano M50	01:27:23	+19:24	05:50
4	87	António Manuel da Fonseca Pereira	Individual	Veterano M50	01:33:12	+25:13	06:13
5	91	Joaquim Balreira	Individual	Veterano M50	01:34:35	+26:36	06:18
6	90	João Isidoro dos Santos	Individual	Veterano M50	01:39:42	+31:43	06:39
7	93	Reinaldo Ferreira Pedreira	Individual	Veterano M50	01:45:39	+37:40	07:03
8	109	helio lopes	S.C.Paradela	Veterano M50	01:49:39	+41:40	07:19

Veterano M60

1	26	Armando Monteiro	AGD SPORTS ACADEMY	Veterano M60	01:38:23	+30:24	06:34
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COLETIVO - TRAIL 15K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	AGD SPORTS ACADEMY	4 + 6 + 7	17
2	TRAIL BELA BELA	14 + 39 + 41	94
3	S.C.PARADELA	34 + 38 + 42	114
4	MELGUINHAS DOCES	11 + 52 + 66	129
5	EST'AME	28 + 43 + 78	149