

ULTRA TRAIL - STAGE 1

42 KM

[illegible][illegible]

OFFICIAL RESULT

R

REVISED

	Time	Temperature	Humidity
Start	08:30	15,6°C	97%
End	16:13	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
1	6	Diamantino Gomes	algarunners	Veterano M40	04:48:36		06:52
2	17	António Arede	go!runners/outpro store	Veterano M40	05:00:04	+11:27	07:09
3	40	Daniel Silva Pereira	viseu running team	Senior Masculino	05:05:06	+16:29	07:16
4	9	Francisco Gaio	caracol trail team	Veterano M50	05:09:07	+20:31	07:22
5	35	Renato Medeiros	morcegos trail	Veterano M40	05:19:29	+30:53	07:36
6	19	Aurégio Farias	hl runners club	Veterano M40	05:27:01	+38:25	07:47
7	20	Eduardo António Oliveira da Silva	hl runners club	Veterano M40	05:32:06	+43:30	07:54
8	37	Artur Lopes Costa	rx runners	Veterano M40	05:32:09	+43:32	07:55
9	13	Odete Margarida Melo do Couto Braga	cdol - clube desportivo operário de lagoa	Veterana F50	05:36:08	+47:32	08:00
10	28	Carlos Franco	individual	Veterano M40	05:37:47	+49:10	08:03
11	41	Mónica Campos Cardoso	hl runners club	Veterana F40	05:38:18	+49:42	08:03
12	33	Raquel Pedro	montanha clube trail running/effapel	Veterana F40	05:43:52	+55:15	08:11
13	18	Diogo Pinto	hl runners club	Senior Masculino	05:45:58	+57:22	08:14
14	22	Diogo Kramel	individual	Senior Masculino	05:56:40	+01:08:04	08:30
15	34	José Carlos de Sousa Pimentel	morcegos trail	Veterano M40	06:02:01	+01:13:24	08:37
16	24	Helder Rafael Machado Da Cunha	individual	Senior Masculino	06:07:23	+01:18:47	08:45
17	14	Patricia Alexandra Moreira Silva Palma	edv viana trail	Senior Feminino	06:07:24	+01:18:48	08:45
18	11	Rui Frias	cdol - clube desportivo operário de lagoa	Senior Masculino	06:19:24	+01:30:48	09:02
19	16	Wilson Fonseca	edv viana trail	Veterano M40	06:21:49	+01:33:13	09:05
20	36	Valter Correia	nova linha trail runners	Veterano M40	06:44:21	+01:55:45	09:38
21	32	José Carlos Ferreira Nunes	individual	Veterano M50	06:44:29	+01:55:53	09:38
22	5	Joni Pandeirada Rocha	adc sozense	Senior Masculino	06:46:19	+01:57:43	09:40
23	8	Carlos Emilio	bombeiros voluntários de montemor-o-novo	Veterano M40	06:52:42	+02:04:05	09:50
24	26	Eloina Perandones Otero	individual	Veterana F50	06:52:42	+02:04:06	09:50
25	29	sérgio almeida	individual	Veterano M40	06:52:43	+02:04:06	09:50
26	23	Helder Moreira	individual	Senior Masculino	06:54:57	+02:06:20	09:53
27	27	Alcidio Moreira	individual	Veterano M40	06:54:59	+02:06:22	09:53
28	25	Dália Teresa Pereira Rato	individual	Veterana F50	07:21:10	+02:32:34	10:30
29	30	Antonio Perandones Otero	individual	Veterano M50	07:21:10	+02:32:34	10:30
30	21	Ida Rust	individual	Senior Feminino	07:38:22	+02:49:45	10:55
31	10	Beatriz Esteves	cdol - clube desportivo operário de lagoa	Senior Feminino	07:39:33	+02:50:56	10:57
32	31	Carlos Alexandre Costa Duarte	individual	Veterano M50	07:41:25	+02:52:48	10:59

Ultra Trail

42 KM



OFFICIAL RESULT

	Time	Temperature	Humidity
Start	08:30	15,6°C	97%
End	16:13	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	14	Patricia Alexandra Moreira Silva Palma	EDV Viana Trail	Senior Feminino	06:07:24	+01:18:48	08:45
2	21	Ida Rust	Individual	Senior Feminino	07:38:22	+02:49:45	10:55
3	10	Beatriz Esteves	CDOL - Clube Desportivo Operário de Lagoa	Senior Feminino	07:39:33	+02:50:56	10:57

Senior Masculino

1	40	Daniel Silva Pereira	Viseu Running Team	Senior Masculino	05:05:06	+16:29	07:16
2	18	Diogo Pinto	HL Runners Club	Senior Masculino	05:45:58	+57:22	08:14
3	22	Diogo Kramel	Individual	Senior Masculino	05:56:40	+01:08:04	08:30
4	24	Helder Rafael Machado Da Cunha	Individual	Senior Masculino	06:07:23	+01:18:47	08:45
5	11	Rui Frias	CDOL - Clube Desportivo Operário de Lagoa	Senior Masculino	06:19:24	+01:30:48	09:02
6	5	Joni Pandeirada Rocha	ADC SOZENSE	Senior Masculino	06:46:19	+01:57:43	09:40
7	23	Helder Moreira	Individual	Senior Masculino	06:54:57	+02:06:20	09:53

Veterana F40

1	41	Mónica Campos Cardoso	HL Runners Club	Veterana F40	05:38:18	+49:42	08:03
2	33	Raquel Pedro	Montanha Clube Trail Running/EFFAPEL	Veterana F40	05:43:52	+55:15	08:11

Veterana F50

1	13	Odete Margarida Melo do Couto Braga	CDOL - Clube Desportivo Operário de Lagoa	Veterana F50	05:36:08	+47:32	08:00
2	26	Eloina Perandones Otero	Individual	Veterana F50	06:52:42	+02:04:06	09:50
3	25	Dália Teresa Pereira Rato	Individual	Veterana F50	07:21:10	+02:32:34	10:30

Veterano M40

1	6	Diamantino Gomes	ALGARUNNERS	Veterano M40	04:48:36		06:52
2	17	António Arede	GO!Runners/Outpro Store	Veterano M40	05:00:04	+11:27	07:09
3	35	Renato Medeiros	Morcegos Trail	Veterano M40	05:19:29	+30:53	07:36
4	19	Aurélio Farias	HL Runners Club	Veterano M40	05:27:01	+38:25	07:47
5	20	Eduardo António Oliveira da Silva	HL Runners Club	Veterano M40	05:32:06	+43:30	07:54
6	37	Artur Lopes Costa	RX RUNNERS	Veterano M40	05:32:09	+43:32	07:55
7	28	Carlos Franco	Individual	Veterano M40	05:37:47	+49:10	08:03
8	34	José Carlos de Sousa Pimentel	Morcegos Trail	Veterano M40	06:02:01	+01:13:24	08:37

Official Timekeeper: Lap2Go	1 / 2	generate 20-nov-2019 11:08
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Ultra Trail

42 KM

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OFFICIAL RESULT

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9	16	Wilson Fonseca	EDV Viana Trail	Veterano M40	06:21:49	+01:33:13	09:05
10	36	Valter Correia	Nova Linha Trail Runners	Veterano M40	06:44:21	+01:55:45	09:38
11	8	Carlos Emilio	Bombeiros Voluntários De Montemor-O-Novo	Veterano M40	06:52:42	+02:04:05	09:50
12	29	sérgio almeida	Individual	Veterano M40	06:52:43	+02:04:06	09:50
13	27	Alcidio Moreira	Individual	Veterano M40	06:54:59	+02:06:22	09:53

Veterano M50

1	9	Francisco Gaio	Caracol Trail Team	Veterano M50	05:09:07	+20:31	07:22
2	32	José Carlos Ferreira Nunes	Individual	Veterano M50	06:44:29	+01:55:53	09:38
3	30	Antonio Perandones Otero	Individual	Veterano M50	07:21:10	+02:32:34	10:30
4	31	Carlos Alexandre Costa Duarte	Individual	Veterano M50	07:41:25	+02:52:48	10:59

24 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:45	-99°C	-99%
End	14:36	15.3°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	509	João Francisco Sarabando Mouro	adc sozense	Senior Masculino	02:02:11		05:05
2	555	Paulo Miranda	hl runners club	Senior Masculino	02:03:57	+01:46	05:10
3	560	António Amaral	hl runners club	Veterano M50	02:09:41	+07:29	05:24
4	581	José Ribeiro	individual	Veterano M40	02:10:42	+08:31	05:27
5	531	Hugo Pacheco Alves	cdol - clube desportivo operário de lagoa	Senior Masculino	02:12:15	+10:04	05:31
6	604	António Simões	rx runners	Veterano M40	02:12:20	+10:08	05:31
7	519	Paulo Ribeiro	apúlia a correr	Senior Masculino	02:12:44	+10:32	05:32
8	617	Sérgio Soares	letsrunazores	Veterano M40	02:19:46	+17:34	05:49
9	533	João Paulo de Paiva Amaral	cdol - clube desportivo operário de lagoa	Veterano M50	02:19:58	+17:46	05:50
10	559	Ruí Filipe Almeida	hl runners club	Veterano M40	02:21:37	+19:25	05:54
11	510	Paulo Cesar Martins Ramires	adc sozense	Veterano M40	02:25:10	+22:58	06:03
12	601	SIMÃO MELO	morcegos trail	Veterano M40	02:26:19	+24:07	06:06
13	558	Marco António da Cruz Ferreira Pinto	hl runners club	Veterano M40	02:28:34	+26:22	06:11
14	534	Ricardo Manuel Raposo Correia	clube desportivo novo banco dos açores	Senior Masculino	02:29:37	+27:26	06:14
15	595	Flávio Guerreiro	milhafres	Veterano M50	02:31:32	+29:21	06:19
16	532	Pedro Viveiros Vasconcelos	cdol - clube desportivo operário de lagoa	Senior Masculino	02:33:48	+31:36	06:25
17	553	Frederico Pinto	hl runners club	Senior Masculino	02:33:50	+31:39	06:25
18	544	Mónica Oliveira	geocrosstrail	Veterana F40	02:33:55	+31:43	06:25
19	593	António Paulo Cleto	milhafres	Veterano M40	02:39:55	+37:43	06:40
20	566	Mauro	individual	Senior Masculino	02:43:17	+41:05	06:48
21	530	Domingos Alberto Godinho Rocha	casa do benfica de reguengos de monsaraz	Veterano M50	02:43:19	+41:08	06:48
22	608	Mário Vicente Grave Chora	sca/run alcáçovas	Veterano M40	02:47:05	+44:54	06:58
23	583	Carlos tavares	individual	Veterano M50	02:47:23	+45:12	06:58
24	536	Hugo Pacheco de Melo	crossfit açor	Senior Masculino	02:47:34	+45:23	06:59
25	540	cesar martins	escola atletismo trofa	Veterano M40	02:48:08	+45:56	07:00
26	539	julia sousa	escola atletismo trofa	Veterana F50	02:48:08	+45:56	07:00
27	557	João Câmara	hl runners club	Veterano M40	02:48:58	+46:46	07:02
28	571	Tiago Silva	individual	Senior Masculino	02:50:14	+48:02	07:06
29	572	Filipe Sousa	c.c. gondomar	Veterano M40	02:50:16	+48:05	07:06
30	599	Sara Palrinhas	morcegos trail	Veterana F40	02:51:21	+49:09	07:08
31	605	Ricardo Triães	rx runners	Veterano M40	02:53:36	+51:24	07:14
32	596	Nuno Barata	milhafres	Veterano M50	02:54:43	+52:32	07:17
33	554	Marco Oliveira	hl runners club	Senior Masculino	02:57:12	+55:00	07:23
34	575	Beatriz Vieira	individual	Veterana F50	02:57:21	+55:10	07:23
35	545	Ricardo Godinho	geocrosstrail	Veterano M40	02:57:34	+55:23	07:24
36	522	Hugo Mota	bombeiros voluntários de montemor-o-novo	Senior Masculino	02:58:52	+56:40	07:27
37	592	Bruno Cardoso	letsrunazores	Veterano M40	03:02:07	+59:55	07:35
38	597	Pedro Afonso	milhafres	Veterano M50	03:02:14	+01:00:03	07:36
39	576	diana houtzager	individual	Veterana F50	03:02:58	+01:00:47	07:37

24 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
40	543	Mafalda Valente	geocrosstrail	Senior Feminino	03:03:55	+01:01:44	07:40
41	551	Diana Vultao	hl runners club	Senior Feminino	03:05:04	+01:02:53	07:43
42	585	Joao Roque	individual	Veterano M50	03:05:07	+01:02:56	07:43
43	547	Sara da Silva nogueira	grcd leão - cobras trailistas	Veterana F40	03:06:57	+01:04:46	07:47
44	552	Liliana de Fátima Mendonça Resendes	hl runners club	Senior Feminino	03:09:05	+01:06:54	07:53
45	609	Jhonny dos Santos Marques	tainadas run team	Senior Masculino	03:09:39	+01:07:27	07:54
46	610	Pedro Miguel de Jesus Silvestre	tainadas run team	Senior Masculino	03:09:40	+01:07:29	07:54
47	570	Rui Marques	individual	Senior Masculino	03:10:01	+01:07:49	07:55
48	594	Bruno de Jesus Pereira	milhafres	Veterano M40	03:13:22	+01:11:10	08:03
49	561	Ana Catarina Correia Simões	cdol - clube desportivo operário de lagoa	Senior Feminino	03:13:38	+01:11:27	08:04
50	520	Carina Rebocho	bombeiros voluntários de montemor-o-novo	Senior Feminino	03:14:47	+01:12:35	08:07
51	535	Ricardo Jorge Furtado Faria	clube desportivo novo banco dos açores	Veterano M40	03:18:09	+01:15:57	08:15
52	515	Estêvão Anacleto	anteam	Senior Masculino	03:18:34	+01:16:22	08:16
53	556	Laudelina Amaral	hl runners club	Veterana F40	03:19:19	+01:17:07	08:18
54	506	Jose Cruz	20 kms almeirim - dm	Veterano M50	03:19:34	+01:17:22	08:19
55	546	Rui Moreira	geocrosstrail	Veterano M40	03:20:11	+01:18:00	08:20
56	579	António Ferreira	individual	Veterano M40	03:20:32	+01:18:20	08:21
57	529	Manuel António	bombeiros voluntários de montemor-o-novo	Veterano M60	03:24:37	+01:22:26	08:32
58	525	Maria Correia	bombeiros voluntários de montemor-o-novo	Veterana F50	03:24:38	+01:22:27	08:32
59	586	Manuel Mendes Peixoto	individual	Veterano M50	03:26:16	+01:24:05	08:36
60	569	RICARDO MATOS	individual	Senior Masculino	03:27:18	+01:25:06	08:38
61	584	Fernando Medeiros da Silva Soares	individual	Veterano M50	03:27:55	+01:25:43	08:40
62	603	Anabela Silva	pés de chumbo	Senior Feminino	03:36:51	+01:34:39	09:02
63	503	carla braga	07-08-2015	Veterana F40	03:37:13	+01:35:01	09:03
64	504	Sergio braga	07-08-2015	Veterano M40	03:37:13	+01:35:01	09:03
65	526	António Amaral	bombeiros voluntários de montemor-o-novo	Veterano M40	03:37:26	+01:35:14	09:04
66	606	Ana Silva	sarapitolas	Senior Feminino	03:38:23	+01:36:11	09:06
67	537	António Santos	sarapitolas	Veterano M40	03:38:23	+01:36:12	09:06
68	607	Daniel Martins	sarapitolas	Senior Masculino	03:38:23	+01:36:12	09:06
69	564	Mariana Fidalgo	20 kms almeirim - dm	Senior Feminino	03:38:23	+01:36:12	09:06
70	550	Pedro Gouveia	grupo desportivo fidelidade	Veterano M40	03:38:25	+01:36:13	09:06
71	618	Eugénia Izaías	federação da família para a paz mundial e unificação	Veterana F50	03:44:28	+01:42:17	09:21
72	501	Ana Maçanita	#letsrunazores	Senior Feminino	03:45:33	+01:43:21	09:24
73	600	Sónia Correia	morcegos trail	Veterana F40	03:50:40	+01:48:28	09:37
74	598	Ana Paula Afonso Gaspar	morcegos trail	Veterana F40	03:50:40	+01:48:28	09:37
75	573	Maria Almeida	20 kms almeirim - dm	Veterana F40	03:52:55	+01:50:43	09:42
76	518	Miguel Viegas	anteam	Veterano M40	03:53:31	+01:51:19	09:44
77	516	Carla Reis	anteam	Veterana F40	03:53:32	+01:51:20	09:44
78	517	Hugo Oliveira	anteam	Veterano M40	03:58:40	+01:56:28	09:57
79	611	Beta Lourenço	tálenots team	Veterana F40	03:59:41	+01:57:29	09:59
80	612	Cremilde Raposo	tálenots team	Veterana F50	03:59:41	+01:57:29	09:59

24 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
81	613	Fernando Nascimento	tálenos team	Veterano M50	03:59:42	+01:57:30	09:59
82	577	Maria Marins	individual	Veterana F50	04:02:42	+02:00:30	10:07
83	574	Paula Margarida Gonçalves Cabral	individual	Veterana F40	04:09:23	+02:07:12	10:23
84	587	Nelson Ruivo	individual	Veterano M50	04:10:15	+02:08:03	10:26
85	568	Pedro Vilela	individual	Senior Masculino	04:10:16	+02:08:04	10:26
86	507	Ana Isabel Ferreira	20 kms almeirim - dm	Veterana F40	04:14:39	+02:12:27	10:37
87	508	Miguel Ferreira	20 kms almeirim - dm	Veterano M40	04:14:39	+02:12:28	10:37
88	580	Bruno Graça	individual	Veterano M40	04:24:44	+02:22:33	11:02
89	582	Luis Pimentel	individual	Veterano M40	04:24:44	+02:22:33	11:02
90	514	Salomé Reis	anteam	Senior Feminino	04:26:23	+02:24:11	11:06
91	619	José Borracha	federação da família para a paz mundial e unificação	Veterano M50	04:28:28	+02:26:17	11:11
92	523	Maria João Rosa	bombeiros voluntários de montemor-o-novo	Veterana F40	04:33:58	+02:31:47	11:25
93	528	Francisco Rosa	bombeiros voluntários de montemor-o-novo	Veterano M50	04:33:58	+02:31:47	11:25
94	563	Elisabete Jerónimo	individual	Senior Feminino	04:46:17	+02:44:06	11:56
95	511	AUDREY LAUGAUDIN	algarunners	Senior Feminino	04:48:08	+02:45:56	12:00
96	512	HELDER GODINHO	algarunners	Veterano M40	04:48:09	+02:45:57	12:00
97	616	Susana Patricia Carreiro Medeiros	vassoura	Veterana F40	04:48:10	+02:45:59	12:00
98	615	Raquel Borges	vassoura	Veterana F40	04:49:05	+02:46:53	12:03
99	548	Manuel Fontinha	grdc leão - cobras trailistas	Veterano M50	04:49:22	+02:47:10	12:03

24 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:45	-99°C	-99%
End	14:36	15.3°C	93%

24 KM

OFFICIAL RESULT

19	568	Pedro Vilela	Individual	Senior Masculino	04:10:16	+02:08:04	10:26
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1	544	Mónica Oliveira	GEOCROSSTRAIL	Veterana F40	02:33:55	+31:43	06:25
2	599	Sara Palrinhas	Morcegos Trail	Veterana F40	02:51:21	+49:09	07:08
3	547	Sara da Silva nogueira	GRCD Leião - Cobras Trailistas	Veterana F40	03:06:57	+01:04:46	07:47
4	556	Laudelina Amaral	HL Runners Club	Veterana F40	03:19:19	+01:17:07	08:18
5	503	carla braga	07-08-2015	Veterana F40	03:37:13	+01:35:01	09:03
6	600	Sónia Correia	Morcegos Trail	Veterana F40	03:50:40	+01:48:28	09:37
7	598	Ana Paula Afonso Gaspar	Morcegos Trail	Veterana F40	03:50:40	+01:48:28	09:37
8	573	Maria Almeida	20 kms Almeirim - DM	Veterana F40	03:52:55	+01:50:43	09:42
9	516	Carla Reis	ANTeam	Veterana F40	03:53:32	+01:51:20	09:44
10	611	Beta Lourenço	Tálenos Team	Veterana F40	03:59:41	+01:57:29	09:59
11	574	Paula Margarida Gonçalves Cabral	Individual	Veterana F40	04:09:23	+02:07:12	10:23
12	507	Ana Isabel Ferreira	20 kms Almeirim - DM	Veterana F40	04:14:39	+02:12:27	10:37
13	523	Maria João Rosa	Bombeiros Voluntários De Montemor-O-Novo	Veterana F40	04:33:58	+02:31:47	11:25
14	616	Susana Patricia Carreiro Medeiros	Vassoura	Veterana F40	04:48:10	+02:45:59	12:00
15	615	Raquel Borges	Vassoura	Veterana F40	04:49:05	+02:46:53	12:03

1	539	julia sousa	escola atletismo trofa	Veterana F50	02:48:08	+45:56	07:00
2	575	Beatriz Vieira	Individual	Veterana F50	02:57:21	+55:10	07:23
3	576	diana houtzager	Individual	Veterana F50	03:02:58	+01:00:47	07:37
4	525	Maria Correia	Bombeiros Voluntários De Montemor-O-Novo	Veterana F50	03:24:38	+01:22:27	08:32
5	618	Eugénia Izalas	Federação da Família para a Paz Mundial e Unificação	Veterana F50	03:44:28	+01:42:17	09:21
6	612	Cremilde Raposo	Tálenos Team	Veterana F50	03:59:41	+01:57:29	09:59
7	577	Maria Marins	Individual	Veterana F50	04:02:42	+02:00:30	10:07

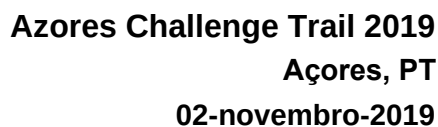
1	581	José Ribeiro	Individual	Veterano M40	02:10:42	+08:31	05:27
2	604	António Simões	RX RUNNERS	Veterano M40	02:12:20	+10:08	05:31
3	617	Sérgio Soares	letsrunazores	Veterano M40	02:19:46	+17:34	05:49
4	559	Ruí Filipe Almeida	HL Runners Club	Veterano M40	02:21:37	+19:25	05:54
5	510	Paulo Cesar Martins Ramires	ADC SOZENSE	Veterano M40	02:25:10	+22:58	06:03
6	601	SIMÃO MELO	Morcegos Trail	Veterano M40	02:26:19	+24:07	06:06
7	558	Marco António da Cruz Ferreira Pinto	HL Runners Club	Veterano M40	02:28:34	+26:22	06:11
8	593	António Paulo Cleto	Milhafres	Veterano M40	02:39:55	+37:43	06:40
9	608	Mário Vicente Grave Chora	SCA/Run Alcáçovas	Veterano M40	02:47:05	+44:54	06:58
10	540	cesar martins	escola atletismo trofa	Veterano M40	02:48:08	+45:56	07:00

24 KM

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11	557	João Câmara	HL Runners Club	Veterano M40	02:48:58	+46:46	07:02
12	572	Filipe Sousa	C.C. Gondomar	Veterano M40	02:50:16	+48:05	07:06
13	605	Ricardo Triães	RX RUNNERS	Veterano M40	02:53:36	+51:24	07:14
14	545	Ricardo Godinho	GEOCROSSTRAIL	Veterano M40	02:57:34	+55:23	07:24
15	592	Bruno Cardoso	Letsrunazores	Veterano M40	03:02:07	+59:55	07:35
16	594	Bruno de Jesus Pereira	Milhafres	Veterano M40	03:13:22	+01:11:10	08:03
17	535	Ricardo Jorge Furtado Faria	Clube Desportivo Novo Banco dos Açores	Veterano M40	03:18:09	+01:15:57	08:15
18	546	Rui Moreira	GEOCROSSTRAIL	Veterano M40	03:20:11	+01:18:00	08:20
19	579	António Ferreira	Individual	Veterano M40	03:20:32	+01:18:20	08:21
20	504	Sergio braga	07-08-2015	Veterano M40	03:37:13	+01:35:01	09:03
21	526	António Amaral	Bombeiros Voluntários De Montemor-O-Novo	Veterano M40	03:37:26	+01:35:14	09:04
22	537	António Santos	SARAPITOLAS	Veterano M40	03:38:23	+01:36:12	09:06
23	550	Pedro Gouveia	Grupo Desportivo Fidelidade	Veterano M40	03:38:25	+01:36:13	09:06
24	518	Miguel Viegas	ANTeam	Veterano M40	03:53:31	+01:51:19	09:44
25	517	Hugo Oliveira	ANTeam	Veterano M40	03:58:40	+01:56:28	09:57
26	508	Miguel Ferreira	20 kms Almeirim - DM	Veterano M40	04:14:39	+02:12:28	10:37
27	580	Bruno Graça	Individual	Veterano M40	04:24:44	+02:22:33	11:02
28	582	Luis Pimentel	Individual	Veterano M40	04:24:44	+02:22:33	11:02
29	512	HELDER GODINHO	ALGARUNNERS	Veterano M40	04:48:09	+02:45:57	12:00

1	560	António Amaral	HL Runners Club	Veterano M50	02:09:41	+07:29	05:24
2	533	João Paulo de Paiva Amaral	CDOL - Clube Desportivo Operário de Lagoa	Veterano M50	02:19:58	+17:46	05:50
3	595	Flávio Guerreiro	Milhafres	Veterano M50	02:31:32	+29:21	06:19
4	530	Domingos Alberto Godinho Rocha	Casa do Benfica de Reguengos de Monsaraz	Veterano M50	02:43:19	+41:08	06:48
5	583	Carlos tavares	Individual	Veterano M50	02:47:23	+45:12	06:58
6	596	Nuno Barata	Milhafres	Veterano M50	02:54:43	+52:32	07:17
7	597	Pedro Afonso	Milhafres	Veterano M50	03:02:14	+01:00:03	07:36
8	585	Joao Roque	Individual	Veterano M50	03:05:07	+01:02:56	07:43
9	506	Jose Cruz	20 kms Almeirim - DM	Veterano M50	03:19:34	+01:17:22	08:19
10	586	Manuel Mendes Peixoto	Individual	Veterano M50	03:26:16	+01:24:05	08:36
11	584	Fernando Medeiros da Silva Soares	Individual	Veterano M50	03:27:55	+01:25:43	08:40
12	613	Fernando Nascimento	Talentos Team	Veterano M50	03:59:42	+01:57:30	09:59
13	587	Nelson Ruivo	Individual	Veterano M50	04:10:15	+02:08:03	10:26
14	619	José Borracha	Federação da Família para a Paz Mundial e Unificação	Veterano M50	04:28:28	+02:26:17	11:11
15	528	Francisco Rosa	Bombeiros Voluntários De Montemor-O-Novo	Veterano M50	04:33:58	+02:31:47	11:25
16	548	Manuel Fontinha	GRCD Leião - Cobras Trailistas	Veterano M50	04:49:22	+02:47:10	12:03



24 KM

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1	529	Manuel António	Bombeiros Voluntários De Montemor-O-Novo	Veterano M60	03:24:37	+01:22:26	08:32
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