

29 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:00	-99°C	-99%
End	12:54	-99°C	-99%

Official Timekeeper: Lap2Go	1 / 2	generate 27-out-2019 13:29
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TRAIL LONGO - STAGE 1

29 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	37	eduardo medeiros	individual	Veterano M60	03:41:33	+01:23:19	07:38
42	19	BRUNO MIGUEL SUBTIL DE FARIA	ginásio clube de bragança	Veterano M40	03:50:53	+01:32:38	07:58
43	50	Lúcia Lemos	ctm vila pouca de aguiar	Veterana F50	03:54:20	+01:36:05	08:05
44	33	Eduardo Pinto	individual	Veterano M45	03:54:20	+01:36:05	08:05
45	40	HELDER SILVA	mirandela a correr	Veterano M40	03:54:21	+01:36:06	08:05

Trail Longo

29 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:00	-99°C	-99%
End	12:54	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	43	Adriana Dias	Oralklass-Amigos do Trail	Senior Feminino	02:44:16	+26:01	05:40:00
2	22	Andreia Ribeiro Almeida	Individual	Senior Feminino	02:48:35	+30:20	05:49:00
3	5	Angela Soares	A.D. Amarante	Senior Feminino	02:53:48	+35:33	06:00:00
4	44	Maria Gonçalves	Oralklass-Amigos do Trail	Senior Feminino	02:55:05	+36:51	06:02:00
5	23	Raquel Andrade	Individual	Senior Feminino	02:58:07	+39:52	06:09:00

Senior Masculino

1	52	André Machado	Os Santa Apolónia	Senior Masculino	02:18:15	+00:00	04:46
2	15	Miguel Neto	Furfor	Senior Masculino	02:20:29	+02:14	04:51
3	46	Gilberto da Silva Pimenta	Oralklass-Amigos do Trail	Senior Masculino	02:20:35	+02:21	04:51
4	8	Tiago Subtil	Associação Desportiva Afifense Trail	Senior Masculino	02:22:16	+04:01	04:54
5	11	Diogo Simal Santos	Clube. G.D.Trancoso	Senior Masculino	02:25:44	+07:29	05:02
6	27	João Amândio	Individual	Senior Masculino	02:28:23	+10:08	05:07
7	30	Ricardo Miguel Magalhães Nunes	Individual	Senior Masculino	02:29:35	+11:20	05:09
8	29	Pedro Alves	Individual	Senior Masculino	02:29:52	+11:37	05:10
9	45	Filipe Carneiro	Oralklass-Amigos do Trail	Senior Masculino	02:30:45	+12:30	05:12
10	28	MARCO PINTO	CTM VILA POUCA DE AGUIAR	Senior Masculino	02:39:17	+21:02	05:30
11	31	Ricardo oliveira	Individual	Senior Masculino	02:40:10	+21:55	05:31
12	24	André Sousa	Individual	Senior Masculino	02:43:24	+25:10	05:38
13	18	Tiago Gomes	GINÁSIO CLUBE DE BRAGANÇA	Senior Masculino	02:50:02	+31:47	05:52
14	48	Ângelo Costa	CTM VILA POUCA DE AGUIAR	Senior Masculino	02:50:58	+32:43	05:54
15	49	Sérgio Vilela	CTM VILA POUCA DE AGUIAR	Senior Masculino	02:51:21	+33:06	05:55
16	17	Nuno Cunha	Geadas Running	Senior Masculino	02:57:37	+39:22	06:08
17	25	Bruno Moura	Individual	Senior Masculino	02:58:09	+39:55	06:09
18	53	RICARDO MENDES	Os Santa Apolónia	Senior Masculino	03:07:31	+49:17	06:28
19	26	Hélder Rafael Machado da Cunha	Individual	Senior Masculino	03:09:00	+50:45	06:31
20	38	Tiago Soares	Mirandela a Correr	Senior Masculino	03:15:15	+57:01	06:44

Sub 23 Feminino

1	13	Beatriz Alves	DCI/Trilhos Luso Bussaco	Sub 23 Feminino	02:39:30	+21:15	05:30
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Trail Longo

29 KM

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OFFICIAL RESULT

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Veterana F40

1	41	Raquel Vasconcelos	NO TOMORROW RUNNING TEAM	Veterana F40	03:11:49	+53:34	06:37
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Veterana F50

1	21	Lucinda Moreiras	Grupo Desportivo de Bragança	Veterana F50	02:31:14	+12:59	05:13
2	12	Flor Madureira	Confraria Trotamontes	Veterana F50	03:09:05	+50:50	06:31
3	50	Lúcia Lemos	CTM VILA POUCA DE AGUIAR	Veterana F50	03:54:20	+01:36:05	08:05

Veterano M40

1	6	Paulo Costa	A.D. Amarante	Veterano M40	02:18:14	04:46
2	7	Vitor Costa	A.D. Amarante	Veterano M40	02:18:15	+00:00 04:46
3	54	Nel Carvalho	Os Santa Apolónia	Veterano M40	02:18:30	+00:16 04:47
4	20	Tozé Moreira	GINÁSIO CLUBE DE BRAGANÇA	Veterano M40	02:20:46	+02:32 04:51
5	9	GONÇALO MORAIS	CHAVES RUNNING TEAM	Veterano M40	02:40:13	+21:58 05:31
6	51	Pedro Sá	CTM VILA POUCA DE AGUIAR	Veterano M40	02:51:21	+33:06 05:55
7	34	VITOR MANUEL VAZ CANCELA	Individual	Veterano M40	03:00:19	+42:04 06:13
8	19	BRUNO MIGUEL SUBTIL DE FARIA	GINÁSIO CLUBE DE BRAGANÇA	Veterano M40	03:50:53	+01:32:38 07:58
9	40	HELDER SILVA	Mirandela a Correr	Veterano M40	03:54:21	+01:36:06 08:05

Veterano M45

1	47	JOAQUIM SILVA	CAPITAL DOURO	Veterano M45	02:36:41	+18:26	05:24
2	42	Paulo Gomes	NO TOMORROW RUNNING TEAM	Veterano M45	03:11:49	+53:35	06:37
3	33	Eduardo Pinto	Individual	Veterano M45	03:54:20	+01:36:05	08:05

Veterano M50

1	14	Carlos Cunha	DCI/Trilhos Luso Bussaco	Veterano M50	02:38:18	+20:03	05:28
2	36	António Gregório Lopes	Individual	Veterano M50	03:09:00	+50:45	06:31

Veterano M60

1	37	eduardo medeiros	Individual	Veterano M60	03:41:33	+01:23:19	07:38
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Official Timekeeper: Lap2Go	1 / 1	generate 27-out-2019 13:33
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16 KM

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
1	581	António Campos	ctm vila pouca de aguiar	Veterano M40	01:15:26		04:43
2	545	Americo martins de pinho	individual	Veterano M45	01:17:40	+02:14	04:51
3	553	João Videira	individual	Veterano M50	01:17:53	+02:27	04:52
4	588	Gil Garcia	individual	Veterano M40	01:18:59	+03:33	04:56
5	502	Valentim Henriques	a.d. amarante	Veterano M50	01:19:27	+04:01	04:58
6	551	César pires	individual	Veterano M50	01:20:49	+05:23	05:03
7	543	Telmo Cardoso	individual	Veterano M40	01:21:37	+06:11	05:06
8	509	NORBERTO COSTA	chaves running team	Veterano M60	01:25:26	+10:00	05:20
9	507	ARTUR DIAS	chaves running team	Veterano M50	01:25:26	+10:00	05:20
10	522	Alexandre Augusto Ferrand de Almeida Mariz	individual	Senior Masculino	01:25:37	+10:11	05:21
11	560	Gabriel Faceira	lincs do marão	Senior Masculino	01:26:05	+10:39	05:23
12	549	Pedro Antonio Amaro Ramos	a r são miguel	Veterano M45	01:26:28	+11:02	05:24
13	542	Paulo Tavares	individual	Veterano M40	01:27:48	+12:22	05:29
14	565	Claudio Miranda	mirandela a correr	Senior Masculino	01:28:14	+12:48	05:31
15	585	Carlos Sousa	ctm vila pouca de aguiar	Veterano M50	01:29:02	+13:35	05:34
16	547	Duarte Paulo Escobar	individual	Veterano M45	01:29:40	+14:14	05:36
17	584	Guilhermino Meireles	ctm vila pouca de aguiar	Veterano M40	01:30:00	+14:34	05:38
18	572	Sergio Gomes	os preguiças team	Veterano M40	01:31:21	+15:55	05:43
19	517	André Matos	here4beer	Senior Masculino	01:31:46	+16:20	05:44
20	526	Nelson Alexandre Pires Videira	individual	Senior Masculino	01:33:10	+17:44	05:49
21	518	Carlos Carneiro	here4beer	Veterano M45	01:33:25	+17:59	05:50
22	511	Tania Ribeiro	geadas running	Senior Feminino	01:33:39	+18:13	05:51
23	505	CÉU COSTA	chaves running team	Veterana F50	01:34:05	+18:39	05:53
24	561	João Sousa	lincs do marão	Senior Masculino	01:35:22	+19:56	05:58
25	580	Rafaela Bento	ctm vila pouca de aguiar	Senior Feminino	01:36:02	+20:36	06:00
26	589	João Carlos Gonçalves	individual	Veterano M50	01:36:50	+21:24	06:03
27	579	PAULO ALVES	capital douro	Veterano M50	01:38:28	+23:02	06:09
28	578	FAUSTO NEVES	capital douro	Veterano M40	01:38:28	+23:02	06:09
29	512	Bruno Carvalho	geadas running	Senior Masculino	01:39:46	+24:20	06:14
30	571	Fernando Teixeira	os preguiças team	Senior Masculino	01:41:24	+25:58	06:20
31	540	Manuel Rocha	individual	Veterano M40	01:41:46	+26:20	06:22
32	541	Marco Araújo	individual	Veterano M40	01:42:28	+27:02	06:24
33	574	Carla Vinagre	trail 4 fun	Veterana F40	01:43:10	+27:44	06:27
34	510	Fernando Ramos	gdc castelo de paiva	Veterano M55	01:43:10	+27:44	06:27
35	515	Manuel Abobeleira	geadas running	Veterano M40	01:43:35	+28:09	06:28
36	503	Armindo Lopes	arc vale s. cosme	Veterano M50	01:43:42	+28:16	06:29
37	583	Filipe Rodrigues	ctm vila pouca de aguiar	Veterano M40	01:44:22	+28:56	06:31
38	513	Daniel Leal	geadas running	Senior Masculino	01:44:45	+29:19	06:33
39	523	Ilídio Jose Seixas de Sousa	individual	Senior Masculino	01:45:04	+29:38	06:34
40	569	Clara Teixeira	os preguiças team	Senior Feminino	01:46:13	+30:47	06:38
41	582	César Sousa	ctm vila pouca de aguiar	Veterano M40	01:46:57	+31:31	06:41

16 KM

OFFICIAL RESULT

R

REVISED

generate 30-out-2019 17:30

Trail Curto

16 KM

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OFFICIAL RESULT

R

REVISED

	Time	Temperature	Humidity
Start	09:30	-99°C	-99%
End	13:27	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Junior Masculino

1	564	Pedro Ramires	Mirandela a Correr	Junior Masculino	01:51:51	+36:25	06:59
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Senior Feminino

1	511	Tania Ribeiro	Geadas Running	Senior Feminino	01:33:39	+18:13	05:51:39
2	580	Rafaela Bento	CTM VILA POUCA DE AGUIAR	Senior Feminino	01:36:02	+20:36	06:00:00
3	569	Clara Teixeira	Os Preguiças Team	Senior Feminino	01:46:13	+30:47	06:38:00
4	519	Juliana Soares	Individual	Senior Feminino	03:56:59	+02:41:33	14:49:00
5	520	Susete Marques	Individual	Senior Feminino	03:56:59	+02:41:33	14:49:00

Senior Masculino

1	522	Alexandre Augusto Ferrand de Almeida Mariz	Individual	Senior Masculino	01:25:37	+10:11	05:21:05
2	560	Gabriel Faceira	Linces do Marão	Senior Masculino	01:26:05	+10:39	05:23:05
3	565	Claudio Miranda	Mirandela a Correr	Senior Masculino	01:28:14	+12:48	05:31:05
4	517	André Matos	HERE4BEER	Senior Masculino	01:31:46	+16:20	05:44:05
5	526	Nelson Alexandre Pires Videira	Individual	Senior Masculino	01:33:10	+17:44	05:49:05
6	561	João Sousa	Linces do Marão	Senior Masculino	01:35:22	+19:56	05:58:05
7	512	Bruno Carvalho	Geadas Running	Senior Masculino	01:39:46	+24:20	06:14:05
8	571	Fernando Teixeira	Os Preguiças Team	Senior Masculino	01:41:24	+25:58	06:20:05
9	513	Daniel Leal	Geadas Running	Senior Masculino	01:44:45	+29:19	06:33:05
10	523	Ilídio Jose Seixas de Sousa	Individual	Senior Masculino	01:45:04	+29:38	06:34:05
11	576	Eder Teixeira	Vila Flor SC	Senior Masculino	01:49:57	+34:31	06:52:05
12	521	Alexandre Alves	Individual	Senior Masculino	01:51:01	+35:35	06:56:05
13	501	Luis Mendes	A.D. Amarante	Senior Masculino	02:00:39	+45:13	07:32:05
14	525	Luciano Filipe Almeida Ribeiro de Seixas	Individual	Senior Masculino	02:03:57	+48:31	07:45:05
15	573	Tiago Miguel Carvalho Nascimento	Tintol Runners	Senior Masculino	02:08:16	+52:50	08:01:05
16	587	Tiago Alegre	Individual	Senior Masculino	02:08:16	+52:50	08:01:05
17	504	José Carreira	CHAVES RUNNING TEAM	Senior Masculino	03:56:59	+02:41:33	14:49:05

Sub 23 Feminino

1	528	Licia Alexandra Pinto Ribeiro	Individual	Sub 23 Feminino	03:56:33	+02:41:07	14:47
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Trail Curto

16 KM



OFFICIAL RESULT

Sub 23 Masculino

1	529	joel lopes	Individual	Sub 23 Masculino	01:59:03	+43:37	07:26
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Veterana F40

1	574	Carla Vinagre	Trail 4 Fun	Veterana F40	01:43:10	+27:44	06:27
2	530	Fátima Almeida	Individual	Veterana F40	01:56:05	+40:39	07:15
3	514	Sandrina Queiroz	Geadas Running	Veterana F40	02:04:27	+49:01	07:47
4	532	Susana Cunha	Individual	Veterana F40	02:27:03	+01:11:36	09:11
5	531	Sonia Marisa Pereira Nogueira	Individual	Veterana F40	03:56:32	+02:41:06	14:47

Veterana F45

1	533	Cecilia Monteiro	Individual	Veterana F45	01:52:49	+37:23	07:03
2	567	Ana Cristina Moreira	Mirandela a Correr	Veterana F45	01:56:05	+40:39	07:15
3	568	Cristina Ramires	Mirandela a Correr	Veterana F45	02:01:28	+46:02	07:36
4	534	sandra raimundo	Individual	Veterana F45	02:08:52	+53:26	08:03

Veterana F50

1	505	CÉU COSTA	CHAVES RUNNING TEAM	Veterana F50	01:34:05	+18:39	05:53
2	535	Palmira Baltazar	Individual	Veterana F50	02:00:26	+45:00	07:32
3	536	Teresa Pires	Individual	Veterana F50	02:05:47	+50:21	07:52

Veterana F55

1	506	AMITAF COSTA	CHAVES RUNNING TEAM	Veterana F55	01:56:16	+40:50	07:16
2	537	Angela Lopes	Individual	Veterana F55	02:09:03	+53:37	08:04

Veterano M40

1	581	António Campos	CTM VILA POUCA DE AGUIAR	Veterano M40	01:15:26		04:43
2	588	Gil Garcia	Individual	Veterano M40	01:18:59	+03:33	04:56
3	543	Telmo Cardoso	Individual	Veterano M40	01:21:37	+06:11	05:06
4	542	Paulo Tavares	Individual	Veterano M40	01:27:48	+12:22	05:29
5	584	Guilhermino Meireles	CTM VILA POUCA DE AGUIAR	Veterano M40	01:30:00	+14:34	05:38
6	572	Sergio Gomes	Os Preguiças Team	Veterano M40	01:31:21	+15:55	05:43
7	578	FAUSTO NEVES	CAPITAL DOURO	Veterano M40	01:38:28	+23:02	06:09
8	540	Manuel Rocha	Individual	Veterano M40	01:41:46	+26:20	06:22
9	541	Marco Araújo	Individual	Veterano M40	01:42:28	+27:02	06:24
10	515	Manuel Abobeira	Geadas Running	Veterano M40	01:43:35	+28:09	06:28
11	583	Filipe Rodrigues	CTM VILA POUCA DE AGUIAR	Veterano M40	01:44:22	+28:56	06:31

Trail Curto

16 KM



OFFICIAL RESULT

12	582	César Sousa	CTM VILA POUCA DE AGUIAR	Veterano M40	01:46:57	+31:31	06:41
13	562	Nuno Peixoto	Linces do Marão	Veterano M40	01:50:41	+35:15	06:55
14	538	Antonio Joaquim Esteves	Individual	Veterano M40	01:52:49	+37:23	07:03

Veterano M45

1	545	Americo martins de pinho	Individual	Veterano M45	01:17:40	+02:14	04:51
2	549	Pedro Antonio Amaro Ramos	A R São Miguel	Veterano M45	01:26:28	+11:02	05:24
3	547	Duarte Paulo Escobar	Individual	Veterano M45	01:29:40	+14:14	05:36
4	518	Carlos Carneiro	HERE4BEER	Veterano M45	01:33:25	+17:59	05:50
5	575	Pedro Vieira	Trail 4 Fun	Veterano M45	01:50:28	+35:02	06:54
6	516	Antonio Quadros	Geadas Running	Veterano M45	02:04:27	+49:01	07:47
7	539	Daniel Gomes	Individual	Veterano M45	02:11:18	+55:52	08:12
8	544	Alberto Faisca	Individual	Veterano M45	02:16:00	+01:00:34	08:30

Veterano M50

1	553	João Videira	Individual	Veterano M50	01:17:53	+02:27	04:52
2	502	Valentim Henriques	A.D. Amarante	Veterano M50	01:19:27	+04:01	04:58
3	551	César pires	Individual	Veterano M50	01:20:49	+05:23	05:03
4	507	ARTUR DIAS	CHAVES RUNNING TEAM	Veterano M50	01:25:26	+10:00	05:20
5	585	Carlos Sousa	CTM VILA POUCA DE AGUIAR	Veterano M50	01:29:02	+13:35	05:34
6	589	João Carlos Gonçalves	Individual	Veterano M50	01:36:50	+21:24	06:03
7	579	PAULO ALVES	CAPITAL DOURO	Veterano M50	01:38:28	+23:02	06:09
8	503	Armindo Lopes	ARC Vale S. Cosme	Veterano M50	01:43:42	+28:16	06:29
9	552	Francisco Vaz	Individual	Veterano M50	02:05:47	+50:21	07:52

Veterano M55

1	510	Fernando Ramos	GDC CASTELO DE PAIVA	Veterano M55	01:43:10	+27:44	06:27
2	556	Miro Morais	Individual	Veterano M55	01:49:26	+34:00	06:50
3	508	Carlos Teixeira	CHAVES RUNNING TEAM	Veterano M55	01:59:59	+44:33	07:30
4	555	Antonio Capela	Individual	Veterano M55	02:14:27	+59:01	08:24

Veterano M60

1	509	NORBERTO COSTA	CHAVES RUNNING TEAM	Veterano M60	01:25:26	+10:00	05:20
2	586	Manuel Ferreira	CTM VILA POUCA DE AGUIAR	Veterano M60	01:53:57	+38:31	07:07
3	557	Nelson Nogueira	Individual	Veterano M60	01:56:05	+40:39	07:15

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Official Timekeeper: Lap2Go	1 / 1	generate 27-out-2019 13:33
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