

PROVA PRINCIPAL FEM - STAGE 1**12 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	15:00	32.5°C	31%
End	17:30	32.5°C	31%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	21	Carmen Cid Pérez	individual	Senior Feminino	01:31:52		07:39
2	52	Raquel Ferreira	ocr police team	Senior Feminino	01:37:51	+05:58	08:09
3	58	Chris Branco	n14 crossfit braga	Senior Feminino	02:30:53	+59:00	12:34

Obs

BIB	NOTE	NAME	TEAM	CAT
5	DQ	Luísa da Costa Leal	3daViraAirada	Senior Feminino
20	DQ	Beatriz Cunha	Individual	Senior Feminino
42	DQ	Adriana Neves	OCR Norte Challenge	Senior Feminino
53	DQ	Ana sousa	Wild Challenge	Senior Feminino
107	DQ	BEATRIZ RODRIGUEZ LIMIA	Individual	Senior Feminino
108	DQ	Daniela costa ferreira dias	Individual	Senior Feminino
109	DQ	Sonia Moure gonzalez	Individual	Senior Feminino

PROVA PRINCIPAL MASC - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	14:55	32.5°C	31%
End	17:24	32.5°C	31%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	28	Gonçalo miguel correia Prudêncio	individual	Senior Masculino	59:17		04:56
2	56	Duarte Alves	wild challenge	Senior Masculino	01:03:04	+03:46	05:15
3	30	João Coentrão	ocr police team	Senior Masculino	01:09:19	+10:02	05:47
4	119	Nelson Loureiro	individual	Senior Masculino	01:10:42	+11:24	05:54
5	47	Helder José Neto Rodrigues	ocr police team	Senior Masculino	01:12:22	+13:04	06:02
6	105	Flavio Fernandes	b.t.m.	Senior Masculino	01:12:28	+13:11	06:02
7	49	Ricardo Bio	ocr police team	Senior Masculino	01:12:36	+13:19	06:03
8	19	Steve Prazeres	crossfit alphaden	Senior Masculino	01:15:21	+16:03	06:17
9	46	André Santos	ocr police team	Senior Masculino	01:16:44	+17:26	06:24
10	106	Marco Lima	bestcross amares	Senior Masculino	01:16:47	+17:30	06:24
11	111	Adrian Inclan Graña	individual	Senior Masculino	01:16:59	+17:41	06:25
12	17	Bruno Sampaio	bruno sampaio	Senior Masculino	01:17:07	+17:49	06:26
13	116	Henrique Loureiro	individual	Senior Masculino	01:17:41	+18:23	06:28
14	39	Rui Manuel Gonçalves Vieira da Costa	individual	Senior Masculino	01:17:41	+18:23	06:28
15	132	Rui Sá Silva	pradothinaicos	Senior Masculino	01:19:24	+20:07	06:37
16	25	Bruno Freiría Fernández	individual	Senior Masculino	01:20:15	+20:57	06:41
17	131	André Manuel Silva Sá	pradothinaicos	Senior Masculino	01:20:37	+21:19	06:43
18	45	Marco Lopes	ocr norte challenge	Senior Masculino	01:21:44	+22:26	06:49
19	48	João Branco	ocr police team	Senior Masculino	01:21:47	+22:29	06:49
20	130	Luciano Pereira	pr spartans vizela	Senior Masculino	01:22:15	+22:57	06:51
21	120	Nuno Barros	individual	Senior Masculino	01:26:00	+26:42	07:10
22	124	Viktor Strelbitskiy	individual	Senior Masculino	01:26:07	+26:49	07:11
23	12	Luis Santos	brave lake ocr team	Senior Masculino	01:27:23	+28:06	07:17
24	35	Pedro Palma	individual	Senior Masculino	01:27:58	+28:40	07:20
25	14	Rómulo Fernandes	brave lake ocr team	Senior Masculino	01:28:32	+29:14	07:23
26	112	David Requejo Gomez	individual	Senior Masculino	01:30:17	+30:59	07:31
27	26	Carlos André Mota	individual	Senior Masculino	01:32:24	+33:07	07:42
28	125	Hugo Magalhães	ocr police team	Senior Masculino	01:33:29	+34:12	07:47
29	41	Filipe Couto	lynxrace ocr	Senior Masculino	01:34:00	+34:43	07:50
30	50	Rui manuel Cunha	ocr portugal lab	Senior Masculino	01:34:16	+34:58	07:51
31	127	Ricardo Portugal	ocr police team	Senior Masculino	01:34:58	+35:40	07:55
32	22	Alexandre Gonçalves	individual	Senior Masculino	01:38:28	+39:10	08:12
33	13	Paulo Jorge Domingues Ferreira	brave lake ocr team	Senior Masculino	01:40:00	+40:42	08:20
34	51	Rui Pereira	rr team	Senior Masculino	01:40:11	+40:54	08:21
35	32	José Pedro	individual	Senior Masculino	01:40:30	+41:12	08:23
36	23	Bruno	individual	Senior Masculino	01:41:05	+41:47	08:25
37	115	Francisco Formoso Calvo	individual	Senior Masculino	01:43:33	+44:16	08:38
38	18	Gonçalo Carvalho	crossfit alphaden	Senior Masculino	01:44:11	+44:53	08:41
39	114	Filipe Amorim	individual	Senior Masculino	01:46:49	+47:31	08:54
40	55	Bruno Sousa	wild challenge	Senior Masculino	01:47:04	+47:47	08:55

PROVA PRINCIPAL MASC - STAGE 1
12 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	113	Emanuel Ferreira	individual	Senior Masculino	01:47:10	+47:53	08:56
42	31	Joao machado	individual	Senior Masculino	01:47:15	+47:57	08:56
43	16	Sergio Bruno	brave lake ocr team	Senior Masculino	01:48:18	+49:01	09:02
44	43	Diogo Azevedo	ocr norte challenge	Senior Masculino	02:00:01	+01:00:44	10:00
45	123	Samuel Gomez	individual	Senior Masculino	02:01:34	+01:02:16	10:08
46	122	Pedro Duro	individual	Senior Masculino	02:05:40	+01:06:23	10:28

Obs

BIB	NOTE	NAME	TEAM	CAT
6	DQ	João Pedro Maciel Alexandre	3daViraAirada	Senior Masculino
9	DQ	Francisco Fernandes	B.T.M.	Senior Masculino
10	DQ	Ricardo REgo	B.T.M.	Senior Masculino
33	DQ	Manu Rodriguez Garcia	Individual	Senior Masculino
34	DQ	Nuno Martins	Individual	Senior Masculino
36	DQ	Ricardo Vale	Individual	Senior Masculino
37	DQ	Romel	Individual	Senior Masculino
44	DQ	João Carlos	OCR Norte Challenge	Senior Masculino
117	DQ	José Alexandre Silva	Individual	Senior Masculino
118	DQ	Jose Angel Lolo Domínguez	Individual	Senior Masculino
121	DQ	Pedro dos Santos	Individual	Senior Masculino
126	DQ	Luis Freixeiro	OCR POLICE TEAM	Senior Masculino
128	DQ	Claudio Lopes	PR SPARTANS VIZELA	Senior Masculino
129	DQ	Hélder Silva	PR SPARTANS VIZELA	Senior Masculino
15	DNF	Rui Figueiredo	BRAVE LAKE OCR TEAM	Senior Masculino

GERREIROS - STAGE 1**12 KM****OFFICIAL RESULT****R**
REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	15:10	32.6°C	26%
End	19:05	32.6°C	26%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1064	Hugo Araújo	b.t.m.	Senior Masculino	01:09:17		05:46
2	1116	Gonçalo Espinola	bestclub	Senior Masculino	01:15:22	+06:05	06:17
3	1789	André Sousa Loureiro	vf's	Senior Masculino	01:18:43	+09:25	06:34
4	1793	Joaquim José Silva Faria Oliveira	vf's	Senior Masculino	01:18:51	+09:33	06:34
5	1437	Luís Moreira	individual	Senior Masculino	01:19:53	+10:35	06:39
6	1132	Bruno Lima	bestcross amares	Senior Masculino	01:20:30	+11:12	06:43
7	1238	Joaquim André	crossfit funmove	Senior Masculino	01:25:04	+15:47	07:05
8	1193	Cristiano Ferreira	crossbox chaves	Senior Masculino	01:26:19	+17:02	07:12
9	1307	Nuno Dias	dornelas runner's	Senior Masculino	01:27:16	+17:58	07:16
10	1423	Edgar Faria	individual	Senior Masculino	01:28:11	+18:53	07:21
11	1531	António Fernandes	n14 crossfit braga	Senior Masculino	01:29:38	+20:20	07:28
12	1392	João Henrique Figueiro Campelo	happy's	Senior Masculino	01:30:19	+21:01	07:32
13	1047	Marlene Miranda	b.t.m.	Senior Feminino	01:31:03	+21:45	07:35
14	1050	Sara Araújo	b.t.m.	Senior Feminino	01:31:19	+22:02	07:37
15	1056	Agostinho Maia	b.t.m.	Senior Masculino	01:31:59	+22:41	07:40
16	1067	José Azevedo	b.t.m.	Senior Masculino	01:32:29	+23:11	07:42
17	1057	Andre Santos	b.t.m.	Senior Masculino	01:32:40	+23:23	07:43
18	1065	João Duarte	b.t.m.	Senior Masculino	01:32:57	+23:39	07:45
19	1344	Manuel Marques	gang dos frangos	Senior Masculino	01:33:22	+24:04	07:47
20	1068	Vitor Ramalho	b.t.m.	Senior Masculino	01:33:40	+24:23	07:48
21	1289	RICARDO RODRIGUES RIBEIRO	divamares	Senior Masculino	01:34:23	+25:06	07:52
22	1092	Eduardo Emanuel Andrade Faria	bernaveice	Senior Masculino	01:35:58	+26:40	08:00
23	1538	Manuel Filipe Freire de Andrade	n14 crossfit braga	Senior Masculino	01:36:18	+27:00	08:02
24	1517	JOÃO LUÍS VELOSO ALVES ESTEVES	município de amares	Senior Masculino	01:36:51	+27:34	08:04
25	1073	Paulo Silva	b.t.m.	Senior Masculino	01:37:11	+27:53	08:06
26	1258	ALEXANDRE PINHEIRO	divamares	Senior Masculino	01:37:15	+27:57	08:06
27	1077	Rui Dantas	b.t.m.	Senior Masculino	01:37:35	+28:17	08:08
28	1277	JOAO SILVA	divamares	Senior Masculino	01:37:59	+28:41	08:10
29	1698	Zé Rodrigues	somos+q6	Senior Masculino	01:38:20	+29:03	08:12
30	1075	Ricardo Araújo	b.t.m.	Senior Masculino	01:38:58	+29:40	08:15
31	1821	Carlos Manuel de Sousa Barbosa	individual	Senior Masculino	01:39:07	+29:49	08:16
32	1447	Pedro Rego	individual	Senior Masculino	01:39:29	+30:11	08:17
33	1644	Tiago Beijoco	raffaellos	Senior Masculino	01:39:39	+30:22	08:18
34	1675	Carla Alves	somos+q6	Senior Feminino	01:39:42	+30:25	08:19
35	1266	DIOGO COSTA	divamares	Senior Masculino	01:41:05	+31:48	08:25
36	1527	Helena Fernandes	n14 crossfit braga	Senior Feminino	01:41:06	+31:48	08:26
37	1535	Flavio Caldas	n14 crossfit braga	Senior Masculino	01:41:10	+31:52	08:26

GERREIROS - STAGE 1

12 KM



LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
38	1072	Nuno GOMes	b.t.m.	Senior Masculino	01:41:10	+31:52	08:26
39	1645	Vitor Manuel Ferreira Alves	raffaellos	Senior Masculino	01:41:35	+32:18	08:28
40	1060	Carlos Gomes	b.t.m.	Senior Masculino	01:41:48	+32:30	08:29
41	1254	RUI NOGUEIRA	cse hools	Senior Masculino	01:41:55	+32:37	08:30
42	1255	Vitor Oliveira	cse hools	Senior Masculino	01:42:16	+32:58	08:31
43	1250	João Borges	cse hools	Senior Masculino	01:42:24	+33:07	08:32
44	1012	GONÇALO FREITAS	amc trail	Senior Masculino	01:42:28	+33:10	08:32
45	1066	Jorge Pereira	b.t.m.	Senior Masculino	01:43:29	+34:12	08:37
46	1248	Filipe Ferreira	cse hools	Senior Masculino	01:44:00	+34:42	08:40
47	1534	Filipe Simões	n14 crossfit braga	Senior Masculino	01:46:09	+36:52	08:51
48	1539	Pedro Gois	n14 crossfit braga	Senior Masculino	01:46:48	+37:31	08:54
49	1607	Ilídio Dias	over the limit	Senior Masculino	01:47:38	+38:20	08:58
50	1662	Emanuel Tinoco	sofa kings	Senior Masculino	01:47:51	+38:33	08:59
51	1797	Samuel Sousa Loureiro	vf's	Senior Masculino	01:48:15	+38:57	09:01
52	1796	Rui Couto	vf's	Senior Masculino	01:48:22	+39:05	09:02
53	1343	Filipe Gonçalves	gang dos frangos	Senior Masculino	01:48:42	+39:24	09:04
54	1666	Márcio Gonçalves	sofa kings	Senior Masculino	01:49:06	+39:48	09:06
55	1069	Luis Fernandes	b.t.m.	Senior Masculino	01:49:13	+39:55	09:06
56	1429	Helder Pinto	individual	Senior Masculino	01:49:23	+40:06	09:07
57	1265	DANIEL DA COSTA	divamares	Senior Masculino	01:49:27	+40:09	09:07
58	1771	PAULA DANIELA RIBEIRO LOPES	urban academy team	Senior Feminino	01:50:06	+40:48	09:11
59	1680	Helena Costa	somos+q6	Senior Feminino	01:50:59	+41:41	09:15
60	1688	Alexandre Serafim	somos+q6	Senior Masculino	01:51:41	+42:24	09:19
61	1262	CARLOS DO NASCIMENTO VEIGA FERNANDES	divamares	Senior Masculino	01:52:40	+43:22	09:23
62	1199	PEDRO ROXO	crossbox chaves	Senior Masculino	01:52:47	+43:29	09:24
63	1451	Rui Pedro Cracel Coura Barroso Nogueira	individual	Senior Masculino	01:52:59	+43:42	09:25
64	1610	Jorge Leal	over the limit	Senior Masculino	01:53:04	+43:46	09:25
65	1449	Ricardino Santos.	individual	Senior Masculino	01:53:19	+44:01	09:27
66	1201	RUI RUA	crossbox chaves	Senior Masculino	01:53:24	+44:06	09:27
67	1417	Alexis Azevedo	individual	Senior Masculino	01:53:37	+44:19	09:28
68	1194	GONÇALO SILVA	crossbox chaves	Senior Masculino	01:53:44	+44:27	09:29
69	1283	MANUEL RIBEIRO COSTA	divamares	Senior Masculino	01:55:00	+45:43	09:35
70	1292	RUI PEDRO VICENTE DUARTE	divamares	Senior Masculino	01:55:01	+45:44	09:35
71	1400	Vanda Pinto	holmes place	Senior Feminino	01:55:14	+45:57	09:36
72	1202	VICTOR PEREIRA	crossbox chaves	Senior Masculino	01:55:15	+45:57	09:36
73	1059	Bruno Santos	b.t.m.	Senior Masculino	01:56:06	+46:48	09:41
74	1403	Luis Silva	holmes place	Senior Masculino	01:56:29	+47:11	09:42
75	1179	Fernando Ferreira	carneiros	Senior Masculino	01:56:33	+47:16	09:43
76	1401	André Mota	holmes place	Senior Masculino	01:56:38	+47:20	09:43
77	1697	Vitor Marques	somos+q6	Senior Masculino	01:56:53	+47:35	09:44
78	1555	Rui Alexandre Antunes Araújo	oh faxabor!	Senior Masculino	01:57:02	+47:45	09:45
79	1480	Luis Filipe Oliveira	los bitchos	Senior Masculino	01:57:31	+48:13	09:48
80	1386	Lucinda Maria Cruz Gomes	happy's	Senior Feminino	01:57:44	+48:27	09:49

GERREIROS - STAGE 1

12 KM

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REVISED

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
162	1788	Raquel Patricia Barroso Oliveira	vf's	Senior Feminino	02:13:57	+01:04:40	11:10
163	1786	Letícia Neto Amorim	vf's	Senior Feminino	02:13:58	+01:04:40	11:10
164	1441	Miguel dias carvalho	individual	Senior Masculino	02:14:05	+01:04:47	11:10
165	1485	João Augusto Magno Pinto	matilha	Senior Masculino	02:14:32	+01:05:14	11:13
166	1181	José Ferreira	carniceiros	Senior Masculino	02:14:33	+01:05:15	11:13
167	1486	Joaquim Silva	matilha	Senior Masculino	02:14:35	+01:05:17	11:13
168	1413	Carla Sofia sousa Veloso lopes	individual	Senior Feminino	02:14:36	+01:05:18	11:13
169	1466	Paulo Peixoto	invictus	Senior Masculino	02:14:42	+01:05:24	11:14
170	1464	César Simões	invictus	Senior Masculino	02:14:42	+01:05:24	11:14
171	1465	Christophe Capitão	invictus	Senior Masculino	02:14:43	+01:05:25	11:14
172	1526	Gloria Silva	n14 crossfit braga	Senior Feminino	02:15:18	+01:06:00	11:17
173	1183	Sérgio Rodrigues	carniceiros	Senior Masculino	02:15:19	+01:06:01	11:17
174	1035	Angela Martins	b.t.m.	Senior Feminino	02:15:20	+01:06:02	11:17
175	1039	Cátia Linhares	b.t.m.	Senior Feminino	02:15:20	+01:06:02	11:17
176	1530	Susana Morgado	n14 crossfit braga	Senior Feminino	02:15:22	+01:06:04	11:17
177	1774	ALBERTO SILVIO LOPES FERNANDES	urban academy team	Senior Masculino	02:15:24	+01:06:07	11:17
178	1414	Cidália Fernandes	individual	Senior Feminino	02:15:28	+01:06:10	11:17
179	1587	Carlos Oliveira	os bond gaita	Senior Masculino	02:15:33	+01:06:16	11:18
180	1590	Hugo Guimarães	os bond gaita	Senior Masculino	02:15:34	+01:06:16	11:18
181	1442	Miguel soto fernandez	individual	Senior Masculino	02:16:07	+01:06:49	11:21
182	1085	Andre Constante	barrosa power	Senior Masculino	02:16:07	+01:06:50	11:21
183	1089	Rui Miguel Pinto Cordeiro	barrosa power	Senior Masculino	02:16:11	+01:06:53	11:21
184	1087	João Baptista	barrosa power	Senior Masculino	02:16:12	+01:06:54	11:21
185	1088	Luis Sa e Figueiredo	barrosa power	Senior Masculino	02:16:12	+01:06:55	11:21
186	1090	Tiago dos Santos	barrosa power	Senior Masculino	02:16:14	+01:06:56	11:21
187	1084	Alvaro Cardoso	barrosa power	Senior Masculino	02:16:19	+01:07:01	11:22
188	1086	Ari Abreu	barrosa power	Senior Masculino	02:16:24	+01:07:06	11:22
189	1605	Daniel Ferreira	over the limit	Senior Masculino	02:16:47	+01:07:29	11:24
190	1491	Nuno Pedro Andrade Faria	minas da borralha team	Senior Masculino	02:16:53	+01:07:36	11:24
191	1388	Maria Rosa Lopes Barros Costa	happy's	Senior Feminino	02:17:04	+01:07:46	11:25
192	1701	Marlene Ferreira	spartans spirit	Senior Feminino	02:17:04	+01:07:47	11:25
193	1700	Amélia Maria Duarte Ramos	spartans spirit	Senior Feminino	02:17:05	+01:07:47	11:25
194	1455	Tiago Tinoco	individual	Senior Masculino	02:17:08	+01:07:50	11:26
195	1641	José Fernandes	raffaellos	Senior Masculino	02:17:54	+01:08:37	11:30
196	1198	Pedro Magalhães	crossbox chaves	Senior Masculino	02:17:55	+01:08:38	11:30
197	1703	Tiago Filipe Ramos Maia	spartans spirit	Senior Masculino	02:18:57	+01:09:39	11:35
198	1440	Mário João sousa veloso	individual	Senior Masculino	02:18:59	+01:09:41	11:35
199	1180	João Silva	carniceiros	Senior Masculino	02:19:10	+01:09:53	11:36
200	1051	Sara Nascimento	b.t.m.	Senior Feminino	02:19:13	+01:09:56	11:36
201	1032	Ana Nascimento	b.t.m.	Senior Feminino	02:19:16	+01:09:59	11:36
202	1272	FRANCISCO COSTA	divamares	Senior Masculino	02:19:25	+01:10:08	11:37
203	1190	Silvi Canto	crossbox chaves	Senior Feminino	02:19:25	+01:10:08	11:37
204	1195	JOÃO MORGADO	crossbox chaves	Senior Masculino	02:19:27	+01:10:09	11:37
205	1191	André Eiriz	crossbox chaves	Senior Masculino	02:19:27	+01:10:09	11:37

GERREIROS - STAGE 1

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
206	1188	MARA MACHADO	crossbox chaves	Senior Feminino	02:19:28	+01:10:10	11:37
207	1670	André Rodrigues	soldados lusos	Senior Masculino	02:19:28	+01:10:10	11:37
208	1187	IVONE SERÓDIO	crossbox chaves	Senior Feminino	02:19:28	+01:10:11	11:37
209	1196	José Calvão	crossbox chaves	Senior Masculino	02:19:28	+01:10:11	11:37
210	1674	Vladimir Ienine	soldados lusos	Senior Masculino	02:19:30	+01:10:13	11:38
211	1749	Marco André Moreira	teamliberty & duos do aço	Senior Masculino	02:19:50	+01:10:32	11:39
212	1138	Vitor Vieira	bestcross amares	Senior Masculino	02:20:00	+01:10:43	11:40
213	1773	Sónia Raquel G. Almeida	urban academy team	Senior Feminino	02:20:02	+01:10:44	11:40
214	1600	Vânia Ribeiro	over the limit	Senior Feminino	02:20:13	+01:10:56	11:41
215	1750	Vítor Santos	teamliberty & duos do aço	Senior Masculino	02:20:18	+01:11:01	11:42
216	1415	Eugenia Pereira	individual	Senior Feminino	02:20:20	+01:11:03	11:42
217	1484	Antonio Carlos Oliveira Pereira da Silva	matilha	Senior Masculino	02:20:42	+01:11:24	11:44
218	1663	Fábio Vieira	sofa kings	Senior Masculino	02:21:10	+01:11:53	11:46
219	1689	António Martins	somos+q6	Senior Masculino	02:21:13	+01:11:55	11:46
220	1746	Gustavo castro	teamliberty & duos do aço	Senior Masculino	02:21:18	+01:12:01	11:47
221	1743	Alexandre castro	teamliberty & duos do aço	Senior Masculino	02:21:26	+01:12:09	11:47
222	1419	André Rodrigues	individual	Senior Masculino	02:21:28	+01:12:11	11:47
223	1790	António Miguel Rodrigues Miranda	vf's	Senior Masculino	02:21:42	+01:12:24	11:49
224	1609	Joaquim Barros	over the limit	Senior Masculino	02:21:48	+01:12:30	11:49
225	1694	Rui Cambra	somos+q6	Senior Masculino	02:21:49	+01:12:31	11:49
226	1682	Joana Ramoa	somos+q6	Senior Feminino	02:21:51	+01:12:33	11:49
227	1562	Rui Cruz	on fit	Senior Masculino	02:22:05	+01:12:48	11:50
228	1823	IVO RENATO DA SILVA MALHEIRO DE CASTRO	individual	Senior Masculino	02:22:17	+01:12:59	11:51
229	1428	George Junior Gomes	individual	Senior Masculino	02:22:17	+01:12:59	11:51
230	1432	João Luis Pinheiro Afonso João	individual	Senior Masculino	02:22:17	+01:12:59	11:51
231	1430	Hugo Miguel Neves Rocha	individual	Senior Masculino	02:22:17	+01:12:59	11:51
232	1131	Keilla Borges	bestcross amares	Senior Feminino	02:22:23	+01:13:05	11:52
233	1665	José Barroso	sofa kings	Senior Masculino	02:22:32	+01:13:15	11:53
234	1130	Daniela Carvalho	bestcross amares	Senior Feminino	02:23:12	+01:13:54	11:56
235	1412	Andreia Dias	individual	Senior Feminino	02:23:19	+01:14:01	11:57
236	1319	Nuno Tinoco	espera aí que já vou!	Senior Masculino	02:23:27	+01:14:10	11:57
237	1320	Paulo Silva	espera aí que já vou!	Senior Masculino	02:23:38	+01:14:21	11:58
238	1558	Carla Macedo	on fit	Senior Feminino	02:23:41	+01:14:23	11:58
239	1435	Luis Dias	individual	Senior Masculino	02:23:43	+01:14:25	11:59
240	1434	José Rocha	individual	Senior Masculino	02:23:52	+01:14:34	11:59
241	1420	César Lima	individual	Senior Masculino	02:23:55	+01:14:37	12:00
242	1112	Antonio Sousa	bestclub	Senior Masculino	02:24:24	+01:15:06	12:02
243	1601	André Moreira	over the limit	Senior Masculino	02:24:30	+01:15:12	12:03
244	1128	Tiago Teixeira	bestclub	Senior Masculino	02:24:32	+01:15:14	12:03
245	1136	Moisés Cunha	bestcross amares	Senior Masculino	02:24:45	+01:15:27	12:04
246	1765	MARIA CAROLINA SILVA	urban academy team	Senior Feminino	02:24:46	+01:15:28	12:04
247	1598	Olinda Sousa	over the limit	Senior Feminino	02:25:02	+01:15:44	12:05
248	1599	Sónia Leal	over the limit	Senior Feminino	02:25:03	+01:15:45	12:05

GERREIROS - STAGE 1

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
290	1845	Fábio Fernandes	bestcross amares	Senior Masculino	02:32:02	+01:22:45	12:40
291	1762	JÉSSICA ALEXANDRA FERREIRA	urban academy team	Senior Feminino	02:32:44	+01:23:26	12:44
292	1397	Ricardo Jorge Maneiro Moutinho	happy's	Senior Masculino	02:33:44	+01:24:26	12:49
293	1317	Manuel Silva	espera aí que já vou!	Senior Masculino	02:33:57	+01:24:39	12:50
294	1777	Carlos Daniel Martins da costa	urban academy team	Senior Masculino	02:34:11	+01:24:53	12:51
295	1781	EZEQUIEL ALEXANDRE MARTINS ANTUNES	urban academy team	Senior Masculino	02:35:28	+01:26:11	12:57
296	1776	BRUNO MIGUEL MARTINS ANTUNES	urban academy team	Senior Masculino	02:35:44	+01:26:26	12:59
297	1770	Olívia de Macedo Pimenta	urban academy team	Senior Feminino	02:36:16	+01:26:59	13:01
298	1326	Tiago Lopes	fabricantes de problemas	Senior Masculino	02:36:40	+01:27:22	13:03
299	1524	Catarina Barros	n14 crossfit braga	Senior Feminino	02:36:44	+01:27:27	13:04
300	1322	Diogo Fumega	fabricantes de problemas	Senior Masculino	02:36:46	+01:27:29	13:04
301	1325	Rafael Bobiao	fabricantes de problemas	Senior Masculino	02:36:57	+01:27:39	13:05
302	1772	SANDRA MANUELA DA SILVA BARROS	urban academy team	Senior Feminino	02:37:04	+01:27:47	13:05
303	1327	Tiago Salgado	fabricantes de problemas	Senior Masculino	02:37:24	+01:28:06	13:07
304	1323	Fernando Silva	fabricantes de problemas	Senior Masculino	02:37:33	+01:28:15	13:08
305	1240	Leandro Ferreira	crossfit funmove	Senior Masculino	02:37:43	+01:28:25	13:09
306	1227	Daniela Ribeiro	crossfit funmove	Senior Feminino	02:37:55	+01:28:37	13:10
307	1525	Celina Barros	n14 crossfit braga	Senior Feminino	02:38:26	+01:29:08	13:12
308	1529	Silvia Barros	n14 crossfit braga	Senior Feminino	02:38:27	+01:29:09	13:12
309	1342	Bruno Almeida	gang dos frangos	Senior Masculino	02:38:58	+01:29:40	13:15
310	1306	Michel Paredes	dornelas runner's	Senior Masculino	02:39:06	+01:29:48	13:16
311	1308	Ricardo Xavier	dornelas runner's	Senior Masculino	02:39:16	+01:29:59	13:16
312	1186	Guilherme Azevedo	catch us if you can	Senior Masculino	02:39:39	+01:30:21	13:18
313	1346	Pedro Oliveira	gang dos frangos	Senior Masculino	02:40:08	+01:30:51	13:21
314	1699	Zé Silva	somos+q6	Senior Masculino	02:40:34	+01:31:16	13:23
315	1058	Andre Silva	b.t.m.	Senior Masculino	02:40:42	+01:31:24	13:24
316	1332	Flávia gomes	fire runners	Senior Feminino	02:40:49	+01:31:32	13:24
317	1053	Susana Revés	b.t.m.	Senior Feminino	02:41:04	+01:31:46	13:25
318	1048	Raquel Ferreira	b.t.m.	Senior Feminino	02:41:04	+01:31:46	13:25
319	1036	Beatriz Silva	b.t.m.	Senior Feminino	02:41:04	+01:31:46	13:25
320	1045	Liliana Fonseca	b.t.m.	Senior Feminino	02:41:04	+01:31:46	13:25
321	1049	Rosa Correia	b.t.m.	Senior Feminino	02:41:04	+01:31:46	13:25
322	1044	Juliana Freitas	b.t.m.	Senior Feminino	02:41:04	+01:31:46	13:25
323	1054	Tanya Reis	b.t.m.	Senior Feminino	02:41:04	+01:31:46	13:25
324	1028	Alda Susana Fernades	b.t.m.	Senior Feminino	02:41:04	+01:31:47	13:25
325	1062	Eduardo Fonseca	b.t.m.	Senior Masculino	02:41:04	+01:31:47	13:25
326	1321	Plácido Silva	espera aí que já vou!	Senior Masculino	02:41:55	+01:32:38	13:30
327	1315	Alexandre Silva	espera aí que já vou!	Senior Masculino	02:42:02	+01:32:45	13:30
328	1341	Pedro Silva	fire runners	Senior Masculino	02:42:15	+01:32:58	13:31
329	1313	Patricia Queirós	espera aí que já vou!	Senior Feminino	02:42:49	+01:33:31	13:34
330	1508	CIDÁLIA MARIA ALVES DE ABREU	município de amares	Senior Feminino	02:44:02	+01:34:45	13:40
331	1335	Bernardo Azevedo	fire runners	Senior Masculino	02:44:25	+01:35:08	13:42

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
332	1316	Fernando Silva	espera aí que já vou!	Senior Masculino	02:45:35	+01:36:17	13:48
333	1482	Olivia Torres	matilha	Senior Feminino	02:46:00	+01:36:42	13:50
334	1483	Paula Maria Castro	matilha	Senior Feminino	02:46:22	+01:37:04	13:52
335	1015	Ezequiel Costa	arc vale s. cosme	Senior Masculino	02:46:45	+01:37:28	13:54
336	1014	Sandra Oliveira	arc vale s. cosme	Senior Feminino	02:46:46	+01:37:29	13:54
337	1314	Alexandre Gonçalves Afonso	espera aí que já vou!	Senior Masculino	02:46:47	+01:37:29	13:54
338	1297	Aníbal Martins	dornelas runner's	Senior Masculino	02:47:39	+01:38:21	13:58
339	1719	Teixeira	swatcamp	Senior Masculino	02:47:45	+01:38:27	13:59
340	1714	Filipe Pereira	swatcamp	Senior Masculino	02:48:04	+01:38:46	14:00
341	1717	Ricardo Geraldo	swatcamp	Senior Masculino	02:48:06	+01:38:48	14:01
342	1309	Romeu Silva	dornelas runner's	Senior Masculino	02:48:31	+01:39:14	14:03
343	1436	Luís Fernandes	individual	Senior Masculino	02:49:03	+01:39:45	14:05
344	1305	Marco Caldas	dornelas runner's	Senior Masculino	02:49:16	+01:39:58	14:06
345	1715	João barbas	swatcamp	Senior Masculino	02:49:18	+01:40:01	14:07
346	1298	Dinis Paredes	dornelas runner's	Senior Masculino	02:49:29	+01:40:11	14:07
347	1431	João Fernandes Fernandes	individual	Senior Masculino	02:49:42	+01:40:24	14:09
348	1310	Tiago Silva	dornelas runner's	Senior Masculino	02:50:34	+01:41:16	14:13
349	1467	Ana Patrícia Vieira Luis	kikaku	Senior Feminino	02:50:39	+01:41:22	14:13
350	1481	Maria de Lurdes Nora Marques Júnior	matilha	Senior Feminino	02:50:40	+01:41:22	14:13
351	1293	SERGIO LIMA	divamares	Senior Masculino	02:50:59	+01:41:42	14:15
352	1256	LUCIA JANETE DA COSTA MACEDO	divamares	Senior Feminino	02:51:02	+01:41:45	14:15
353	1288	PEDRO FERNANDES	divamares	Senior Masculino	02:51:03	+01:41:45	14:15
354	1808	Flávio	vilagym	Senior Masculino	02:51:07	+01:41:49	14:16
355	1809	joel moreira	vilagym	Senior Masculino	02:51:15	+01:41:58	14:16
356	1287	PAULO SERGIO TEIXEIRA RIBEIRO	divamares	Senior Masculino	02:51:44	+01:42:26	14:19
357	1213	Alexandre Costa	crossfit 4475	Senior Masculino	02:52:28	+01:43:10	14:22
358	1824	Cátia Isabel Oliveira Pinto	crossfit 4475	Senior Feminino	02:52:29	+01:43:11	14:22
359	1546	Sara Manuela Pereira Monteiro (PIPS)	oh faxabor!	Senior Feminino	02:52:31	+01:43:14	14:23
360	1290	RICARDO SOARES	divamares	Senior Masculino	02:52:35	+01:43:17	14:23
361	1286	PAULO ALEXANDRE ALVES DA SILVA	divamares	Senior Masculino	02:52:36	+01:43:19	14:23
362	1544	Cristina Veloso de Carvalho	oh faxabor!	Senior Feminino	02:52:37	+01:43:20	14:23
363	1497	Mónica Cláudia Matos	mud 'r' fuckers	Senior Feminino	02:53:04	+01:43:47	14:25
364	1394	José Bonifácio	happy's	Senior Masculino	02:53:04	+01:43:47	14:25
365	1740	Martinha Silva	teamliberty & duos do aço	Senior Feminino	02:53:53	+01:44:35	14:29
366	1206	Inês Costa	crossfit 4475	Senior Feminino	02:53:54	+01:44:36	14:30
367	1214	Filipe Pinto	crossfit 4475	Senior Masculino	02:53:55	+01:44:37	14:30
368	1228	Helena Cunha	crossfit funmove	Senior Feminino	02:53:57	+01:44:39	14:30
369	1224	Bárbara Cunha	crossfit funmove	Senior Feminino	02:53:57	+01:44:39	14:30
370	1244	Rui Adelio Nunes da Cunha	crossfit funmove	Senior Masculino	02:53:57	+01:44:40	14:30
371	1516	FRANCISCO ANTÓNIO FERNANDES	município de amares	Senior Masculino	02:54:00	+01:44:42	14:30
372	1225	Carla Cunha	crossfit funmove	Senior Feminino	02:54:01	+01:44:43	14:30
373	1515	SANDRA DIAS COSTA	município de amares	Senior Feminino	02:54:02	+01:44:45	14:30

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
374	1514	MARIA DANIELA DA COSTA PEIXOTO	município de amares	Senior Feminino	02:54:24	+01:45:07	14:32
375	1505	Paulo Martins	mud 'r' fuckers	Senior Masculino	02:54:28	+01:45:11	14:32
376	1281	LUIS FILIPE MACEDO	divamares	Senior Masculino	02:54:29	+01:45:12	14:32
377	1350	Marlene Vieira Valentim	gcr aguçadourense	Senior Feminino	02:54:33	+01:45:15	14:33
378	1271	FILIPE MOTA RODRIGUES	divamares	Senior Masculino	02:54:45	+01:45:28	14:34
379	1736	Pedro Aguiar	team sodida	Senior Masculino	02:54:49	+01:45:32	14:34
380	1373	António Fernando Ribeiro	gteam	Senior Masculino	02:54:55	+01:45:37	14:35
381	1506	Pedro Ferreira	mud 'r' fuckers	Senior Masculino	02:54:56	+01:45:39	14:35
382	1647	André Guerreiro	rookies	Senior Masculino	02:55:14	+01:45:57	14:36
383	1731	André Filipe da Silva Costa	team sodida	Senior Masculino	02:55:20	+01:46:02	14:37
384	1733	Armando Manuel Amador Resende	team sodida	Senior Masculino	02:55:33	+01:46:16	14:38
385	1725	Andreia Filipa Resende Almeida	team sodida	Senior Feminino	02:55:38	+01:46:20	14:38
386	1721	Adélia Catarina Costa Pinho Neve	team sodida	Senior Feminino	02:55:40	+01:46:23	14:38
387	1510	ELISABETE ANDRADE AZEVEDO	município de amares	Senior Feminino	02:55:42	+01:46:25	14:39
388	1738	Pedro Miguel Alves Lassal	team sodida	Senior Masculino	02:55:44	+01:46:26	14:39
389	1476	Thiago Francisco galvão de Lima	kikaku	Senior Masculino	02:55:47	+01:46:29	14:39
390	1471	Kaline Maria QÜeiroz de Azevedo Galvão	kikaku	Senior Feminino	02:55:48	+01:46:30	14:39
391	1509	DEOLINDA MARIA VELOSO DA COSTA MACHADO	município de amares	Senior Feminino	02:55:52	+01:46:34	14:39
392	1241	Luís Cunha	crossfit funmove	Senior Masculino	02:56:11	+01:46:53	14:41
393	1242	Nuno Cunha	crossfit funmove	Senior Masculino	02:56:11	+01:46:53	14:41
394	1504	Paulo Cardoso	mud 'r' fuckers	Senior Masculino	02:56:31	+01:47:13	14:43
395	1473	João Roque	kikaku	Senior Masculino	02:56:39	+01:47:22	14:43
396	1742	SUSANA PATRICIA GOMES DA SILVA	teamliberty & duros do aço	Senior Feminino	02:56:40	+01:47:22	14:43
397	1469	Filipa Miranda	kikaku	Senior Feminino	02:56:40	+01:47:22	14:43
398	1474	Miguel Angelo Neiva Machado	kikaku	Senior Masculino	02:56:42	+01:47:24	14:44
399	1745	Eduardo Silva	teamliberty & duros do aço	Senior Masculino	02:56:42	+01:47:24	14:44
400	1650	João Costa	rookies	Senior Masculino	02:56:45	+01:47:27	14:44
401	1111	Andre Coutinho	bestclub	Senior Masculino	02:57:00	+01:47:43	14:45
402	1117	Helder Coutinho	bestclub	Senior Masculino	02:57:01	+01:47:44	14:45
403	1716	Marco Araújo	swatcamp	Senior Masculino	02:57:05	+01:47:47	14:45
404	1475	Ricardo Matheus Dantas Silva Galvão de Lima	kikaku	Senior Masculino	02:57:14	+01:47:56	14:46
405	1648	CELESTINO MANUEL COSTA CUBELO MORAIS	rookies	Senior Masculino	02:57:52	+01:48:35	14:49
406	1652	Rafael Pereira Martins	rookies	Senior Masculino	02:57:53	+01:48:35	14:49
407	1468	Ana Rita Novo da Costa	kikaku	Senior Feminino	02:57:53	+01:48:36	14:49
408	1470	Inês Costa	kikaku	Senior Feminino	02:57:54	+01:48:36	14:50
409	1226	Cláudia Vieira	crossfit funmove	Senior Feminino	02:57:56	+01:48:38	14:50
410	1237	Inácio Silva	crossfit funmove	Senior Masculino	02:57:58	+01:48:40	14:50
411	1235	Diogo Ribeiro	crossfit funmove	Senior Masculino	02:57:58	+01:48:40	14:50

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
412	1229	Juliana Silva	crossfit funmove	Senior Feminino	02:58:00	+01:48:42	14:50
413	1735	David Soares Silva	team sodida	Senior Masculino	02:58:14	+01:48:57	14:51
414	1807	Ernesto Fernandes	vilagym	Senior Masculino	02:58:18	+01:49:01	14:52
415	1646	Adriana Queirós	rookies	Senior Feminino	02:58:19	+01:49:01	14:52
416	1712	Sofia pereira	swatcamp	Senior Feminino	02:58:24	+01:49:07	14:52
417	1472	Daniel Gonçalves	kikaku	Senior Masculino	02:58:51	+01:49:33	14:54
418	1732	André Mendes	team sodida	Senior Masculino	02:59:03	+01:49:45	14:55
419	1239	Joaquim da Silva	crossfit funmove	Senior Masculino	02:59:13	+01:49:55	14:56
420	1079	Andreia Neves	bamos bencer	Senior Feminino	02:59:42	+01:50:24	14:59
421	1812	Pedro Pereira	vilagym	Senior Masculino	02:59:52	+01:50:34	14:59
422	1231	Sofia Almeida	crossfit funmove	Senior Feminino	02:59:52	+01:50:34	14:59
423	1016	Manuel Bayarres	arc vale s. cosme	Senior Masculino	03:00:14	+01:50:57	15:01
424	1013	Marta Ferreira	arc vale s. cosme	Senior Feminino	03:00:16	+01:50:59	15:01
425	1387	Maria Raquel de Sousa e Silva	happy's	Senior Feminino	03:00:23	+01:51:05	15:02
426	1353	Pedro Filipe Valentim Ferreira	gcr aguçadourense	Senior Masculino	03:00:24	+01:51:07	15:02
427	1234	Bruno Marinho	crossfit funmove	Senior Masculino	03:00:27	+01:51:09	15:02
428	1685	Tatiana Felizardo	somos+q6	Senior Feminino	03:01:04	+01:51:46	15:05
429	1232	Vânia Machado	crossfit funmove	Senior Feminino	03:01:07	+01:51:49	15:06
430	1547	Sílvia Maria da Silva Rodrigues Pinheiro	oh faxabor!	Senior Feminino	03:01:11	+01:51:54	15:06
431	1230	Rita Lopes	crossfit funmove	Senior Feminino	03:01:18	+01:52:00	15:07
432	1233	Bruno Correia	crossfit funmove	Senior Masculino	03:01:19	+01:52:02	15:07
433	1081	Marlene Pedrosa	bamos bencer	Senior Feminino	03:01:28	+01:52:11	15:07
434	1243	Rúben André	crossfit funmove	Senior Masculino	03:01:41	+01:52:24	15:08
435	1236	Flávio Mendes	crossfit funmove	Senior Masculino	03:01:41	+01:52:24	15:08
436	1818	Joana Gomes	wolfpack	Senior Feminino	03:01:46	+01:52:28	15:09
437	1684	Patrícia Carvalho	somos+q6	Senior Feminino	03:01:53	+01:52:35	15:09
438	1370	Natália Cruz	gteam	Senior Feminino	03:02:35	+01:53:17	15:13
439	1369	Cláudia Marques	gteam	Senior Feminino	03:02:37	+01:53:19	15:13
440	1375	Ivo Moutinho	gteam	Senior Masculino	03:02:37	+01:53:20	15:13
441	1378	Rui Santos	gteam	Senior Masculino	03:02:38	+01:53:20	15:13
442	1372	Sónia Costa	gteam	Senior Feminino	03:02:38	+01:53:20	15:13
443	1377	Pedro	gteam	Senior Masculino	03:02:38	+01:53:20	15:13
444	1376	José Cruz	gteam	Senior Masculino	03:02:39	+01:53:22	15:13
445	1651	Paulo Correia	rookies	Senior Masculino	03:02:59	+01:53:41	15:15
446	1384	Cláudia Patrícia Lima	happy's	Senior Feminino	03:03:08	+01:53:51	15:16
447	1390	Natália Maria Sampaio	happy's	Senior Feminino	03:03:17	+01:53:59	15:16
448	1692	Helder Barbosa	somos+q6	Senior Masculino	03:03:39	+01:54:21	15:18
449	1462	Artur Mota	inquipa	Senior Masculino	03:04:28	+01:55:11	15:22
450	1676	Catarina Rodrigues Oliveira	somos+q6	Senior Feminino	03:04:32	+01:55:15	15:23
451	1748	JOAQUIM HUMBERTO FERREIRA PEREIRA	teamliberty & duros do aço	Senior Masculino	03:04:45	+01:55:27	15:24
452	1149	Filipe Manuel Fernandes Ramoa	brunotir-team	Senior Masculino	03:04:59	+01:55:41	15:25
453	1619	Rosa Alves	power team	Senior Feminino	03:05:33	+01:56:15	15:28
454	1623	Nuno Filipe Gomes Neto	power team	Senior Masculino	03:05:33	+01:56:16	15:28

GERREIROS - STAGE 1**12 KM****OFFICIAL RESULT****R**
REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
455	1007	MONICA MAXIMINA DA SILVA ROCHA	a cimenteira da ponte do porto	Senior Feminino	03:05:56	+01:56:38	15:30
456	1810	Luis Miguel Pinto	vilagym	Senior Masculino	03:06:07	+01:56:49	15:31
457	1802	Joana Filipa Machado Pacheco	vilagym	Senior Feminino	03:06:08	+01:56:51	15:31
458	1813	Rogério Daniel Ribeiro Ferreira	vilagym	Senior Masculino	03:06:09	+01:56:51	15:31
459	1148	Diogo Fernandes Marques	brunotir-team	Senior Masculino	03:06:16	+01:56:58	15:31
460	1816	Ana Sofia Gonçalves	wolfpack	Senior Feminino	03:06:26	+01:57:08	15:32
461	1817	Helena Gonçalves	wolfpack	Senior Feminino	03:06:26	+01:57:08	15:32
462	1677	Cláudia Oliveira	somos+q6	Senior Feminino	03:06:47	+01:57:30	15:34
463	1614	Elisabete Pinto Magalhães	power team	Senior Feminino	03:06:51	+01:57:33	15:34
464	1820	Marta Rodrigues	wolfpack	Senior Feminino	03:08:20	+01:59:02	15:42
465	1819	Leonor Rodrigues	wolfpack	Senior Feminino	03:08:21	+01:59:03	15:42
466	1713	André fertuzinhos	swatcamp	Senior Masculino	03:08:23	+01:59:05	15:42
467	1811	Luis Pedro Lopes Faria	vilagym	Senior Masculino	03:09:18	+02:00:00	15:47
468	1351	Bruno Alexandre da Costa Ferreira	gcr aguçadourense	Senior Masculino	03:09:23	+02:00:06	15:47
469	1352	Fábio Miguel Vieira Oliveira	gcr aguçadourense	Senior Masculino	03:09:24	+02:00:06	15:47
470	1461	André Teixeira	inquipa	Senior Masculino	03:09:24	+02:00:07	15:47
471	1349	Mariana Torres Costa	gcr aguçadourense	Senior Feminino	03:09:24	+02:00:07	15:47
472	1354	Vitor Manuel da Silva Junqueira	gcr aguçadourense	Senior Masculino	03:09:25	+02:00:07	15:47
473	1348	Maria João da Silva Morim	gcr aguçadourense	Senior Feminino	03:09:25	+02:00:07	15:47
474	1815	Tiago André Sampaio Ferreira	vilagym	Senior Masculino	03:09:29	+02:00:12	15:47
475	1730	Alexandre Magno Tito de Oliveira Paulo	team sodida	Senior Masculino	03:09:34	+02:00:16	15:48
476	1010	MANUEL ANTUNES MATOS CUNHA	a cimenteira da ponte do porto	Senior Masculino	03:10:31	+02:01:13	15:53
477	1617	Marília Jesus Lima Soares	power team	Senior Feminino	03:10:36	+02:01:19	15:53
478	1621	César Manuel Fernandes Antunes	power team	Senior Masculino	03:10:41	+02:01:23	15:53
479	1620	André Barbosa Gonçalves	power team	Senior Masculino	03:10:46	+02:01:28	15:54
480	1622	João Paulo Ferreira	power team	Senior Masculino	03:10:47	+02:01:29	15:54
481	1144	Raquel Oliveira Vieira	brunotir-team	Senior Feminino	03:11:06	+02:01:48	15:56
482	1710	Marlene freitas	swatcamp	Senior Feminino	03:11:29	+02:02:11	15:57
483	1711	Paula boa	swatcamp	Senior Feminino	03:11:29	+02:02:11	15:57
484	1458	Catarina Silva	inquipa	Senior Feminino	03:11:36	+02:02:19	15:58
485	1457	Arcélia Araújo	inquipa	Senior Feminino	03:11:37	+02:02:19	15:58
486	1804	Maria João Fernandes	vilagym	Senior Feminino	03:11:46	+02:02:28	15:59
487	1739	Sandro Rafael dos Santos Almeida	team sodida	Senior Masculino	03:12:26	+02:03:09	16:02
488	1723	Ana Rita da Silva Nunes	team sodida	Senior Feminino	03:12:27	+02:03:10	16:02
489	1460	Joana Coelho	inquipa	Senior Feminino	03:12:36	+02:03:18	16:03
490	1142	Daniela Ribeiro Lopes	brunotir-team	Senior Feminino	03:12:43	+02:03:25	16:04
491	1146	Antonio Coelho	brunotir-team	Senior Masculino	03:13:13	+02:03:55	16:06
492	1151	MIGUEL CUNHA	brunotir-team	Senior Masculino	03:13:23	+02:04:06	16:07
493	1145	SONIA PEREIRA	brunotir-team	Senior Feminino	03:13:23	+02:04:06	16:07
494	1459	Francisca Silva	inquipa	Senior Feminino	03:14:07	+02:04:49	16:11

GERREIROS - STAGE 1

12 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
495	1009	ARMANDO JESUS SOUSA COSTA	a cimenteira da ponte do porto	Senior Masculino	03:14:10	+02:04:52	16:11
496	1822	SANDRA FARIA	vilagym	Senior Feminino	03:14:32	+02:05:15	16:13
497	1011	RICARDO MANUEL PEREIRA SILVA	a cimenteira da ponte do porto	Senior Masculino	03:14:57	+02:05:39	16:15
498	1757	Eloisa Matoso	underdogs	Senior Feminino	03:15:03	+02:05:46	16:15
499	1499	Teresa Raquel Castro	mud 'r' fuckers	Senior Feminino	03:15:08	+02:05:50	16:16
500	1493	Cristina Ferreira	mud 'r' fuckers	Senior Feminino	03:15:08	+02:05:50	16:16
501	1507	Pedro Glória	mud 'r' fuckers	Senior Masculino	03:15:08	+02:05:51	16:16
502	1502	Nuno Lago	mud 'r' fuckers	Senior Masculino	03:15:33	+02:06:16	16:18
503	1495	Marisa Ribeiro	mud 'r' fuckers	Senior Feminino	03:15:39	+02:06:22	16:18
504	1806	Carlos Luís Ferreira Machado	vilagym	Senior Masculino	03:15:50	+02:06:33	16:19
505	1686	Teresa Martins	somos+q6	Senior Feminino	03:15:54	+02:06:36	16:20
506	1803	Maria Francisca Fernandes	vilagym	Senior Feminino	03:16:09	+02:06:51	16:21
507	1025	Januario Gonçalves	arrasta team	Senior Masculino	03:16:19	+02:07:01	16:22
508	1020	Paula Freitas	arrasta team	Senior Feminino	03:16:20	+02:07:02	16:22
509	1019	Nadia Silva	arrasta team	Senior Feminino	03:16:23	+02:07:05	16:22
510	1018	Juliana Martins	arrasta team	Senior Feminino	03:16:25	+02:07:07	16:22
511	1017	Francisca Araújo	arrasta team	Senior Feminino	03:16:28	+02:07:10	16:22
512	1805	Carlos Ferreira	vilagym	Senior Masculino	03:16:52	+02:07:34	16:24
513	1726	Raquel Karine Seifert Oliveira Paula	team sodida	Senior Feminino	03:17:07	+02:07:49	16:26
514	1023	Sónia Ferreira	arrasta team	Senior Feminino	03:17:07	+02:07:49	16:26
515	1021	Silvia Torres	arrasta team	Senior Feminino	03:17:09	+02:07:52	16:26
516	1027	Miguel Machado	arrasta team	Senior Masculino	03:17:11	+02:07:54	16:26
517	1026	Luis Torres	arrasta team	Senior Masculino	03:17:12	+02:07:54	16:26
518	1022	Sofia Gonçalves	arrasta team	Senior Feminino	03:17:14	+02:07:56	16:26
519	1024	Diogo Abreu	arrasta team	Senior Masculino	03:17:15	+02:07:57	16:26
520	1463	Ricardo Costa	inquipa	Senior Masculino	03:17:51	+02:08:33	16:29
521	1737	Pedro Manuel da Costa Velho	team sodida	Senior Masculino	03:17:53	+02:08:36	16:29
522	1691	Clemente Pereira	somos+q6	Senior Masculino	03:18:16	+02:08:59	16:31
523	1681	Joana Lamela	somos+q6	Senior Feminino	03:18:16	+02:08:59	16:31
524	1221	Pedro	crossfit 4475	Senior Masculino	03:18:30	+02:09:13	16:33
525	1814	Teresa Fernandes	vilagym	Senior Masculino	03:19:01	+02:09:43	16:35
526	1759	Filipe Coelho	underdogs	Senior Masculino	03:19:50	+02:10:32	16:39
527	1760	Sergio Matoso	underdogs	Senior Masculino	03:19:51	+02:10:33	16:39
528	1624	PAULO GOMES	power team	Senior Masculino	03:20:08	+02:10:50	16:41
529	1223	Valter Moreira	crossfit 4475	Senior Masculino	03:20:09	+02:10:51	16:41
530	1120	Joel Marques	bestclub	Senior Masculino	03:20:09	+02:10:51	16:41
531	1122	Jose Dias	bestclub	Senior Masculino	03:20:12	+02:10:54	16:41
532	1103	Sandra Amorim	bestclub	Senior Feminino	03:20:16	+02:10:59	16:41
533	1095	Ana Campos	bestclub	Senior Feminino	03:20:22	+02:11:04	16:42
534	1734	Carlos Manuel de Pinho Soares	team sodida	Senior Masculino	03:20:25	+02:11:08	16:42
535	1751	helenateixeira	the rookies	Senior Feminino	03:20:30	+02:11:12	16:43
536	1752	lucieteixeira	the rookies	Senior Feminino	03:20:30	+02:11:13	16:43
537	1753	Cláudio Miguel de martins leal	the rookies	Senior Masculino	03:20:30	+02:11:13	16:43

GERREIROS - STAGE 1

12 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	tkm
538	1727	Sylvia dos Santos Perdigão	team sodida	Senior Feminino	03:20:37	+02:11:19	16:43
539	1729	Alexandre Filipe Santos Costa Andrade	team sodida	Senior Masculino	03:20:41	+02:11:23	16:43
540	1728	Tânia Patricia Rodrigues Ferreira	team sodida	Senior Feminino	03:20:42	+02:11:24	16:44
541	1722	Ana Elisabete Cabral Nogueira	team sodida	Senior Feminino	03:20:45	+02:11:27	16:44
542	1216	Helder Santos	crossfit 4475	Senior Masculino	03:23:18	+02:14:00	16:57
543	1718	Rui Miguel	swatcamp	Senior Masculino	03:23:26	+02:14:08	16:57
544	1720	Vitor	swatcamp	Senior Masculino	03:23:42	+02:14:24	16:59
545	1709	Maria Martinho	swatcamp	Senior Feminino	03:23:48	+02:14:30	16:59
546	1109	Alcides Silva	bestclub	Senior Masculino	03:25:53	+02:16:36	17:09
547	1107	Tania Leitão	bestclub	Senior Feminino	03:25:54	+02:16:37	17:10
548	1124	Nuno Lopes	bestclub	Senior Masculino	03:26:14	+02:16:57	17:11
549	1101	Marta Pinto	bestclub	Senior Feminino	03:26:14	+02:16:57	17:11
550	1006	MARIA ALICE DA SILVA MARTINS	a cimenteira da ponte do porto	Senior Feminino	03:26:20	+02:17:02	17:12
551	1121	José Almeida	bestclub	Senior Masculino	03:27:25	+02:18:07	17:17
552	1205	Flávia Oliveira	crossfit 4475	Senior Feminino	03:28:20	+02:19:02	17:22
553	1094	Amanda Ventura	bestclub	Senior Feminino	03:28:40	+02:19:23	17:23
554	1099	Luzia Lopes	bestclub	Senior Feminino	03:28:41	+02:19:23	17:23
555	1640	José Andrade	raffaellos	Senior Masculino	03:31:11	+02:21:53	17:36
556	1628	Ana Lídia Pinto	raffaellos	Senior Feminino	03:31:11	+02:21:53	17:36
557	1639	isaac garcia	raffaellos	Senior Masculino	03:31:13	+02:21:55	17:36
558	1218	Luís Braga	crossfit 4475	Senior Masculino	03:32:08	+02:22:51	17:41
559	1222	Ricardo Maia	crossfit 4475	Senior Masculino	03:32:09	+02:22:51	17:41
560	1211	Vania	crossfit 4475	Senior Feminino	03:32:30	+02:23:12	17:43
561	1220	Nuno Fonseca	crossfit 4475	Senior Masculino	03:32:44	+02:23:26	17:44
562	1212	Afonso Pinto	crossfit 4475	Senior Masculino	03:32:58	+02:23:41	17:45
563	1105	Sofia Moita	bestclub	Senior Feminino	03:33:13	+02:23:55	17:46
564	1129	Vitor Castro	bestclub	Senior Masculino	03:33:14	+02:23:56	17:46
565	1093	Alexandra Rocha	bestclub	Senior Feminino	03:33:15	+02:23:57	17:46
566	1126	Sergio Gomes	bestclub	Senior Masculino	03:33:16	+02:23:59	17:46
567	1127	Tiago Pereira	bestclub	Senior Masculino	03:33:19	+02:24:01	17:47
568	1498	Paula Moura	mud 'r' fuckers	Senior Feminino	03:33:26	+02:24:09	17:47
569	1496	Mónica Carvalho	mud 'r' fuckers	Senior Feminino	03:33:26	+02:24:09	17:47
570	1113	Daniel Coutinho	bestclub	Senior Masculino	03:33:49	+02:24:32	17:49
571	1125	Ricardo Oliveira	bestclub	Senior Masculino	03:33:56	+02:24:38	17:50
572	1118	Henrique Marques	bestclub	Senior Masculino	03:33:58	+02:24:40	17:50
573	1114	Fábio Simões	bestclub	Senior Masculino	03:33:58	+02:24:40	17:50
574	1102	Patricia Teixeira	bestclub	Senior Feminino	03:33:59	+02:24:41	17:50
575	1450	Ruben Silva	individual	Senior Masculino	03:34:00	+02:24:42	17:50
576	1096	Cristina Costa	bestclub	Senior Feminino	03:34:01	+02:24:43	17:50
577	1448	Raul Silva	individual	Senior Masculino	03:34:01	+02:24:44	17:50
578	1097	Filipa Pinto	bestclub	Senior Feminino	03:34:02	+02:24:44	17:50
579	1104	Sara Salgado	bestclub	Senior Feminino	03:34:02	+02:24:45	17:50
580	1406	Eugénia Monteiro	hurijulieuteca	Senior Feminino	03:34:32	+02:25:14	17:53
581	1405	Carla Lopes	hurijulieuteca	Senior Feminino	03:34:32	+02:25:14	17:53

Gerreiros

12 KM



OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	15:10	32.6°C	26%
End	19:05	32.6°C	26%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	1047	Marlene Miranda	B.T.M.	Senior Feminino	01:31:03	+21:45	07:35
2	1050	Sara Araújo	B.T.M.	Senior Feminino	01:31:19	+22:02	07:37
3	1675	Carla Alves	Somos+Q6	Senior Feminino	01:39:42	+30:25	08:19
4	1527	Helena Fernandes	N14 CrossFit Braga	Senior Feminino	01:41:06	+31:48	08:26
5	1771	PAULA DANIELA RIBEIRO LOPES	URBAN ACADEMY TEAM	Senior Feminino	01:50:06	+40:48	09:11
6	1680	Helena Costa	Somos+Q6	Senior Feminino	01:50:59	+41:41	09:15
7	1400	Vanda Pinto	Holmes Place	Senior Feminino	01:55:14	+45:57	09:36
8	1386	Lucinda Maria Cruz Gomes	Happy's	Senior Feminino	01:57:44	+48:27	09:49
9	1052	Susana Pereira	B.T.M.	Senior Feminino	01:59:16	+49:58	09:56
10	1560	SARA GONÇALVES	On Fit	Senior Feminino	02:00:07	+50:49	10:01
11	1561	Susana Fernandes	On Fit	Senior Feminino	02:00:07	+50:50	10:01
12	1038	Carla Salgado	B.T.M.	Senior Feminino	02:01:07	+51:50	10:06
13	1091	Catarina Gonçalves Mendes	BernaVice	Senior Feminino	02:01:30	+52:12	10:08
14	1043	Vitor Cunha	B.T.M.	Senior Feminino	02:02:30	+53:13	10:13
15	1296	Marta Silva	Dornelas Runner's	Senior Feminino	02:03:46	+54:28	10:19
16	1704	Raquel Santos	Spumpartans	Senior Feminino	02:04:03	+54:45	10:20
17	1543	Bruna Patricia Gonçalves da Silva	Oh Faxabor!	Senior Feminino	02:04:07	+54:49	10:21
18	1001	ANGELA DANIELA FERREIRA RODRIGUES	4X4 AMARES	Senior Feminino	02:06:18	+57:01	10:32
19	1557	Amélia Vieira	On Fit	Senior Feminino	02:06:52	+57:35	10:34
20	1545	Isilda Manuela Silva Oliveira	Oh Faxabor!	Senior Feminino	02:10:26	+01:01:08	10:52
21	1512	MARIA ADELINA DA SILVA AFONSO	Município de Amares	Senior Feminino	02:10:32	+01:01:14	10:53
22	1511	LÚCIA MACHADO OLIVEIRA	Município de Amares	Senior Feminino	02:12:39	+01:03:21	11:03
23	1785	Joana Filipa Gomes Miranda	VF's	Senior Feminino	02:13:55	+01:04:37	11:10
24	1787	Márcia Raquel Miranda Cardoso	VF's	Senior Feminino	02:13:56	+01:04:38	11:10
25	1788	Raquel Patricia Barroso Oliveira	VF's	Senior Feminino	02:13:57	+01:04:40	11:10
26	1786	Leticia Neto Amorim	VF's	Senior Feminino	02:13:58	+01:04:40	11:10
27	1413	Carla Sofia sousa Veloso lopes	Individual	Senior Feminino	02:14:36	+01:05:18	11:13
28	1526	Gloria Silva	N14 CrossFit Braga	Senior Feminino	02:15:18	+01:06:00	11:17
29	1035	Angela Martins	B.T.M.	Senior Feminino	02:15:20	+01:06:02	11:17
30	1039	Cátia Linhares	B.T.M.	Senior Feminino	02:15:20	+01:06:02	11:17
31	1530	Susana Morgado	N14 CrossFit Braga	Senior Feminino	02:15:22	+01:06:04	11:17
32	1414	Cidália Fernandes	Individual	Senior Feminino	02:15:28	+01:06:10	11:17
33	1388	Maria Rosa Lopes Barros Costa	Happy's	Senior Feminino	02:17:04	+01:07:46	11:25
34	1701	Marlene Ferreira	Spartans Spirit	Senior Feminino	02:17:04	+01:07:47	11:25
35	1700	Amélia Maria Duarte Ramos	Spartans Spirit	Senior Feminino	02:17:05	+01:07:47	11:25
36	1051	Sara Nascimento	B.T.M.	Senior Feminino	02:19:13	+01:09:56	11:36
37	1032	Ana Nascimento	B.T.M.	Senior Feminino	02:19:16	+01:09:59	11:36
38	1190	Silvi Canto	CrossBox Chaves	Senior Feminino	02:19:25	+01:10:08	11:37
39	1188	MARA MACHADO	CrossBox Chaves	Senior Feminino	02:19:28	+01:10:10	11:37

Gerreiros

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40	1187	IVONE SERÓDIO	CrossBox Chaves	Senior Feminino	02:19:28	+01:10:11	11:37
41	1773	Sónia Raquel G. Almeida	URBAN ACADEMY TEAM	Senior Feminino	02:20:02	+01:10:44	11:40
42	1600	Vânia Ribeiro	Over the Limit	Senior Feminino	02:20:13	+01:10:56	11:41
43	1415	Eugenia Pereira	Individual	Senior Feminino	02:20:20	+01:11:03	11:42
44	1682	Joana Ramoa	Somos+Q6	Senior Feminino	02:21:51	+01:12:33	11:49
45	1131	Keilla Borges	BestCross Amares	Senior Feminino	02:22:23	+01:13:05	11:52
46	1130	Daniela Carvalho	BestCross Amares	Senior Feminino	02:23:12	+01:13:54	11:56
47	1412	Andreia Dias	Individual	Senior Feminino	02:23:19	+01:14:01	11:57
48	1558	Carla Macedo	On Fit	Senior Feminino	02:23:41	+01:14:23	11:58
49	1765	MARIA CAROLINA SILVA	URBAN ACADEMY TEAM	Senior Feminino	02:24:46	+01:15:28	12:04
50	1598	Olinda Sousa	Over the Limit	Senior Feminino	02:25:02	+01:15:44	12:05
51	1599	Sónia Leal	Over the Limit	Senior Feminino	02:25:03	+01:15:45	12:05
52	1597	Bárbara Pacheco	Over the Limit	Senior Feminino	02:25:03	+01:15:46	12:05
53	1559	Mafalda Cruz	On Fit	Senior Feminino	02:25:13	+01:15:55	12:06
54	1615	Emília da Conceição Vieira Faria	Power Team	Senior Feminino	02:26:33	+01:17:16	12:13
55	1763	LENITA JACINTO	URBAN ACADEMY TEAM	Senior Feminino	02:26:48	+01:17:30	12:14
56	1541	Patricia Ribeiro	OCR POLICE TEAM	Senior Feminino	02:26:51	+01:17:33	12:14
57	1540	Helena Almeida	OCR POLICE TEAM	Senior Feminino	02:26:51	+01:17:33	12:14
58	1542	Sara Barradas	OCR POLICE TEAM	Senior Feminino	02:26:53	+01:17:35	12:14
59	1046	Maria Lurdes Ferreira	B.T.M.	Senior Feminino	02:28:14	+01:18:57	12:21
60	1311	Augusta Alves	Espera aí que já vou!	Senior Feminino	02:29:24	+01:20:06	12:27
61	1769	NATÁLIA SOUSA GUIMARÃES	URBAN ACADEMY TEAM	Senior Feminino	02:29:24	+01:20:06	12:27
62	1380	Daniela Bernardino	Gugudadá	Senior Feminino	02:30:45	+01:21:27	12:34
63	1379	Catarina Rodrigues	Gugudadá	Senior Feminino	02:30:45	+01:21:27	12:34
64	1768	MARIA MANUELA SOUSA GUIMARÃES	URBAN ACADEMY TEAM	Senior Feminino	02:30:48	+01:21:31	12:34
65	1767	MARIA INÊS PEREIRA SOUSA	URBAN ACADEMY TEAM	Senior Feminino	02:30:49	+01:21:32	12:34
66	1008	ORLANDA MANUELA DA SILVA ROCHA COSTA	A CIMENTEIRA DA PONTE DO PORTO	Senior Feminino	02:31:40	+01:22:22	12:38
67	1762	JÉSSICA ALEXANDRA FERREIRA	URBAN ACADEMY TEAM	Senior Feminino	02:32:44	+01:23:26	12:44
68	1770	Olívia de Macedo Pimenta	URBAN ACADEMY TEAM	Senior Feminino	02:36:16	+01:26:59	13:01
69	1524	Catarina Barros	N14 CrossFit Braga	Senior Feminino	02:36:44	+01:27:27	13:04
70	1772	SANDRA MANUELA DA SILVA BARROS	URBAN ACADEMY TEAM	Senior Feminino	02:37:04	+01:27:47	13:05
71	1227	Daniela Ribeiro	CrossFit FunMove	Senior Feminino	02:37:55	+01:28:37	13:10
72	1525	Celina Barros	N14 CrossFit Braga	Senior Feminino	02:38:26	+01:29:08	13:12
73	1529	Silvia Barros	N14 CrossFit Braga	Senior Feminino	02:38:27	+01:29:09	13:12
74	1332	Flávia gomes	Fire runners	Senior Feminino	02:40:49	+01:31:32	13:24
75	1053	Susana Revés	B.T.M.	Senior Feminino	02:41:04	+01:31:46	13:25
76	1048	Raquel Ferreira	B.T.M.	Senior Feminino	02:41:04	+01:31:46	13:25
77	1036	Beatriz Silva	B.T.M.	Senior Feminino	02:41:04	+01:31:46	13:25
78	1045	Liliana Fonseca	B.T.M.	Senior Feminino	02:41:04	+01:31:46	13:25
79	1049	Rosa Correia	B.T.M.	Senior Feminino	02:41:04	+01:31:46	13:25
80	1044	Juliana Freitas	B.T.M.	Senior Feminino	02:41:04	+01:31:46	13:25
81	1054	Tanya Reis	B.T.M.	Senior Feminino	02:41:04	+01:31:46	13:25
82	1028	Alda Susana Fernades	B.T.M.	Senior Feminino	02:41:04	+01:31:47	13:25
83	1313	Patricia Queirós	Espera aí que já vou!	Senior Feminino	02:42:49	+01:33:31	13:34

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84	1508	CIDÁLIA MARIA ALVES DE ABREU	Município de Amares	Senior Feminino	02:44:02	+01:34:45	13:40
85	1482	Olivia Torres	MATILHA	Senior Feminino	02:46:00	+01:36:42	13:50
86	1483	Paula Maria Castro	MATILHA	Senior Feminino	02:46:22	+01:37:04	13:52
87	1014	Sandra Oliveira	ARC Vale S. Cosme	Senior Feminino	02:46:46	+01:37:29	13:54
88	1467	Ana Patrícia Vieira Luis	Kikaku	Senior Feminino	02:50:39	+01:41:22	14:13
89	1481	Maria de Lurdes Nora Marques Júnior	MATILHA	Senior Feminino	02:50:40	+01:41:22	14:13
90	1256	LUCIA JANETE DA COSTA MACEDO	DIVAMARES	Senior Feminino	02:51:02	+01:41:45	14:15
91	1824	Cátia Isabel Oliveira Pinto	CrossFit 4475	Senior Feminino	02:52:29	+01:43:11	14:22
92	1546	Sara Manuela Pereira Monteiro (PIPS)	Oh Faxabor!	Senior Feminino	02:52:31	+01:43:14	14:23
93	1544	Cristina Veloso de Carvalho	Oh Faxabor!	Senior Feminino	02:52:37	+01:43:20	14:23
94	1497	Mónica Cláudia Matos	MUD 'R' FUCKERS	Senior Feminino	02:53:04	+01:43:47	14:25
95	1740	Martinha Silva	Teamliberty & Duros do Aço	Senior Feminino	02:53:53	+01:44:35	14:29
96	1206	Inês Costa	CrossFit 4475	Senior Feminino	02:53:54	+01:44:36	14:30
97	1228	Helena Cunha	CrossFit FunMove	Senior Feminino	02:53:57	+01:44:39	14:30
98	1224	Bárbara Cunha	CrossFit FunMove	Senior Feminino	02:53:57	+01:44:39	14:30
99	1225	Carla Cunha	CrossFit FunMove	Senior Feminino	02:54:01	+01:44:43	14:30
100	1515	SANDRA DIAS COSTA	Município de Amares	Senior Feminino	02:54:02	+01:44:45	14:30
101	1514	MARIA DANIELA DA COSTA PEIXOTO	Município de Amares	Senior Feminino	02:54:24	+01:45:07	14:32
102	1350	Marlene Vieira Valentim	GCR Aguçadourense	Senior Feminino	02:54:33	+01:45:15	14:33
103	1725	Andreia Filipa Resende Almeida	TEAM SODIDA	Senior Feminino	02:55:38	+01:46:20	14:38
104	1721	Adélia Catarina Costa Pinho Neve	TEAM SODIDA	Senior Feminino	02:55:40	+01:46:23	14:38
105	1510	ELISABETE ANDRADE AZEVEDO	Município de Amares	Senior Feminino	02:55:42	+01:46:25	14:39
106	1471	Kaline Maria QUEIROZ de Azevedo Galvão	Kikaku	Senior Feminino	02:55:48	+01:46:30	14:39
107	1509	DEOLINDA MARIA VELOSO DA COSTA MACHADO	Município de Amares	Senior Feminino	02:55:52	+01:46:34	14:39
108	1742	SUSANA PATRICIA GOMES DA SILVA	Teamliberty & Duros do Aço	Senior Feminino	02:56:40	+01:47:22	14:43
109	1469	Filipa Miranda	Kikaku	Senior Feminino	02:56:40	+01:47:22	14:43
110	1468	Ana Rita Novo da Costa	Kikaku	Senior Feminino	02:57:53	+01:48:36	14:49
111	1470	Inês Costa	Kikaku	Senior Feminino	02:57:54	+01:48:36	14:50
112	1226	Cláudia Vieira	CrossFit FunMove	Senior Feminino	02:57:56	+01:48:38	14:50
113	1229	Juliana Silva	CrossFit FunMove	Senior Feminino	02:58:00	+01:48:42	14:50
114	1646	Adriana Queirós	Rookies	Senior Feminino	02:58:19	+01:49:01	14:52
115	1712	Sofia pereira	SWATcamp	Senior Feminino	02:58:24	+01:49:07	14:52
116	1079	Andreia Neves	Bamos Bencer	Senior Feminino	02:59:42	+01:50:24	14:59
117	1231	Sofia Almeida	CrossFit FunMove	Senior Feminino	02:59:52	+01:50:34	14:59
118	1013	Marta Ferreira	ARC Vale S. Cosme	Senior Feminino	03:00:16	+01:50:59	15:01
119	1387	Maria Raquel de Sousa e Silva	Happy's	Senior Feminino	03:00:23	+01:51:05	15:02
120	1685	Tatiana Felizardo	Somos+Q6	Senior Feminino	03:01:04	+01:51:46	15:05
121	1232	Vânia Machado	CrossFit FunMove	Senior Feminino	03:01:07	+01:51:49	15:06
122	1547	Sílvia Maria da Silva Rodrigues Pinheiro	Oh Faxabor!	Senior Feminino	03:01:11	+01:51:54	15:06
123	1230	Rita Lopes	CrossFit FunMove	Senior Feminino	03:01:18	+01:52:00	15:07
124	1081	Marlene Pedrosa	Bamos Bencer	Senior Feminino	03:01:28	+01:52:11	15:07
125	1818	Joana Gomes	Wolfpack	Senior Feminino	03:01:46	+01:52:28	15:09
126	1684	Patrícia Carvalho	Somos+Q6	Senior Feminino	03:01:53	+01:52:35	15:09
127	1370	Natália Cruz	GTeam	Senior Feminino	03:02:35	+01:53:17	15:13

Official Timekeeper: Lap2Go	3 / 15	generate 14-Jun-2019 09:46
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128	1369	Cláudia Marques	GTeam	Senior Feminino	03:02:37	+01:53:19	15:13
129	1372	Sónia Costa	GTeam	Senior Feminino	03:02:38	+01:53:20	15:13
130	1384	Cláudia Patrícia Lima	Happy's	Senior Feminino	03:03:08	+01:53:51	15:16
131	1390	Natália Maria Sampaio	Happy's	Senior Feminino	03:03:17	+01:53:59	15:16
132	1676	Catarina Rodrigues Oliveira	Somos+Q6	Senior Feminino	03:04:32	+01:55:15	15:23
133	1619	Rosa Alves	Power Team	Senior Feminino	03:05:33	+01:56:15	15:28
134	1007	MONICA MAXIMINA DA SILVA ROCHA	A CIMENTEIRA DA PONTE DO PORTO	Senior Feminino	03:05:56	+01:56:38	15:30
135	1802	Joana Filipa Machado Pacheco	VilaGym	Senior Feminino	03:06:08	+01:56:51	15:31
136	1816	Ana Sofia Gonçalves	Wolfpack	Senior Feminino	03:06:26	+01:57:08	15:32
137	1817	Helena Gonçalves	Wolfpack	Senior Feminino	03:06:26	+01:57:08	15:32
138	1677	Cláudia Oliveira	Somos+Q6	Senior Feminino	03:06:47	+01:57:30	15:34
139	1614	Elisabete Pinto Magalhães	Power Team	Senior Feminino	03:06:51	+01:57:33	15:34
140	1820	Marta Rodrigues	Wolfpack	Senior Feminino	03:08:20	+01:59:02	15:42
141	1819	Leonor Rodrigues	Wolfpack	Senior Feminino	03:08:21	+01:59:03	15:42
142	1349	Mariana Torres Costa	GCR Aguçadourense	Senior Feminino	03:09:24	+02:00:07	15:47
143	1348	Maria João da Silva Morim	GCR Aguçadourense	Senior Feminino	03:09:25	+02:00:07	15:47
144	1617	Marília Jesus Lima Soares	Power Team	Senior Feminino	03:10:36	+02:01:19	15:53
145	1144	Raquel Oliveira Vieira	BRUNOTIR-TEAM	Senior Feminino	03:11:06	+02:01:48	15:56
146	1710	Marlene Freitas	SWATcamp	Senior Feminino	03:11:29	+02:02:11	15:57
147	1711	Paula boa	SWATcamp	Senior Feminino	03:11:29	+02:02:11	15:57
148	1458	Catarina Silva	Inquipa	Senior Feminino	03:11:36	+02:02:19	15:58
149	1457	Arcélia Araújo	Inquipa	Senior Feminino	03:11:37	+02:02:19	15:58
150	1804	Maria João Fernandes	VilaGym	Senior Feminino	03:11:46	+02:02:28	15:59
151	1723	Ana Rita da Silva Nunes	TEAM SODIDA	Senior Feminino	03:12:27	+02:03:10	16:02
152	1460	Joana Coelho	Inquipa	Senior Feminino	03:12:36	+02:03:18	16:03
153	1142	Daniela Ribeiro Lopes	BRUNOTIR-TEAM	Senior Feminino	03:12:43	+02:03:25	16:04
154	1145	SONIA PEREIRA	BRUNOTIR-TEAM	Senior Feminino	03:13:23	+02:04:06	16:07
155	1459	Francisca Silva	Inquipa	Senior Feminino	03:14:07	+02:04:49	16:11
156	1822	SANDRA FARIA	VilaGym	Senior Feminino	03:14:32	+02:05:15	16:13
157	1757	Eloisa Matoso	Underdogs	Senior Feminino	03:15:03	+02:05:46	16:15
158	1499	Teresa Raquel Castro	MUD 'R' FUCKERS	Senior Feminino	03:15:08	+02:05:50	16:16
159	1493	Cristina Ferreira	MUD 'R' FUCKERS	Senior Feminino	03:15:08	+02:05:50	16:16
160	1495	Marisa Ribeiro	MUD 'R' FUCKERS	Senior Feminino	03:15:39	+02:06:22	16:18
161	1686	Teresa Martins	Somos+Q6	Senior Feminino	03:15:54	+02:06:36	16:20
162	1803	Maria Francisca Fernandes	VilaGym	Senior Feminino	03:16:09	+02:06:51	16:21
163	1020	Paula Freitas	Arrasta Team	Senior Feminino	03:16:20	+02:07:02	16:22
164	1019	Nadia Silva	Arrasta Team	Senior Feminino	03:16:23	+02:07:05	16:22
165	1018	Juliana Martins	Arrasta Team	Senior Feminino	03:16:25	+02:07:07	16:22
166	1017	Francisca Araújo	Arrasta Team	Senior Feminino	03:16:28	+02:07:10	16:22
167	1726	Raquel Karine Seifert Oliveira Paula	TEAM SODIDA	Senior Feminino	03:17:07	+02:07:49	16:26
168	1023	Sónia Ferreira	Arrasta Team	Senior Feminino	03:17:07	+02:07:49	16:26
169	1021	Silvia Torres	Arrasta Team	Senior Feminino	03:17:09	+02:07:52	16:26
170	1022	Sofia Gonçalves	Arrasta Team	Senior Feminino	03:17:14	+02:07:56	16:26
171	1681	Joana Lamela	Somos+Q6	Senior Feminino	03:18:16	+02:08:59	16:31
172	1103	Sandra Amorim	BestClub	Senior Feminino	03:20:16	+02:10:59	16:41
173	1095	Ana Campos	BestClub	Senior Feminino	03:20:22	+02:11:04	16:42

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174	1751	helena teixeira	the rookies	Senior Feminino	03:20:30	+02:11:12	16:43
175	1752	lucie teixeira	the rookies	Senior Feminino	03:20:30	+02:11:13	16:43
176	1727	Sylvia dos Santos Perdigão	TEAM SODIDA	Senior Feminino	03:20:37	+02:11:19	16:43
177	1728	Tânia Patricia Rodrigues Ferreira	TEAM SODIDA	Senior Feminino	03:20:42	+02:11:24	16:44
178	1722	Ana Elisabete Cabral Nogueira	TEAM SODIDA	Senior Feminino	03:20:45	+02:11:27	16:44
179	1709	Maria Martinho	SWATcamp	Senior Feminino	03:23:48	+02:14:30	16:59
180	1107	Tania Leitão	BestClub	Senior Feminino	03:25:54	+02:16:37	17:10
181	1101	Marta Pinto	BestClub	Senior Feminino	03:26:14	+02:16:57	17:11
182	1006	MARIA ALICE DA SILVA MARTINS	A CIMENTEIRA DA PONTE DO PORTO	Senior Feminino	03:26:20	+02:17:02	17:12
183	1205	Flávia Oliveira	CrossFit 4475	Senior Feminino	03:28:20	+02:19:02	17:22
184	1094	Amanda Ventura	BestClub	Senior Feminino	03:28:40	+02:19:23	17:23
185	1099	Luzia Lopes	BestClub	Senior Feminino	03:28:41	+02:19:23	17:23
186	1628	Ana Lídia Pinto	Raffaelos	Senior Feminino	03:31:11	+02:21:53	17:36
187	1211	Vania	CrossFit 4475	Senior Feminino	03:32:30	+02:23:12	17:43
188	1105	Sofia Moita	BestClub	Senior Feminino	03:33:13	+02:23:55	17:46
189	1093	Alexandra Rocha	BestClub	Senior Feminino	03:33:15	+02:23:57	17:46
190	1498	Paula Moura	MUD 'R' FUCKERS	Senior Feminino	03:33:26	+02:24:09	17:47
191	1496	Mónica Carvalho	MUD 'R' FUCKERS	Senior Feminino	03:33:26	+02:24:09	17:47
192	1102	Patricia Teixeira	BestClub	Senior Feminino	03:33:59	+02:24:41	17:50
193	1096	Cristina Costa	BestClub	Senior Feminino	03:34:01	+02:24:43	17:50
194	1097	Filipa Pinto	BestClub	Senior Feminino	03:34:02	+02:24:44	17:50
195	1104	Sara Salgado	BestClub	Senior Feminino	03:34:02	+02:24:45	17:50
196	1406	Eugénia Monteiro	Hurijulieuteca	Senior Feminino	03:34:32	+02:25:14	17:53
197	1405	Carla Lopes	Hurijulieuteca	Senior Feminino	03:34:32	+02:25:14	17:53
198	1408	Teresa Silva	Hurijulieuteca	Senior Feminino	03:34:32	+02:25:15	17:53
199	1407	Juliana Cunha	Hurijulieuteca	Senior Feminino	03:34:34	+02:25:16	17:53
200	1207	Mariana Ferreira de Carvalho	CrossFit 4475	Senior Feminino	03:34:59	+02:25:41	17:55
201	1209	Nelma Sotto Mayor	CrossFit 4475	Senior Feminino	03:35:05	+02:25:47	17:55
202	1634	Renata Cruz	Raffaelos	Senior Feminino	03:35:21	+02:26:04	17:57
203	1631	Diana Ferreira	Raffaelos	Senior Feminino	03:35:36	+02:26:18	17:58
204	1635	Sandra Macedo	Raffaelos	Senior Feminino	03:35:38	+02:26:20	17:58
205	1629	Bárbara Garcia	Raffaelos	Senior Feminino	03:35:38	+02:26:21	17:58
206	1633	Maria José	Raffaelos	Senior Feminino	03:35:48	+02:26:31	17:59
207	1632	Joana Barbosa	Raffaelos	Senior Feminino	03:37:37	+02:28:20	18:08
208	1630	Cátia Fernandes	Raffaelos	Senior Feminino	03:37:38	+02:28:20	18:08
209	1385	Elsa marques	Happy's	Senior Feminino	03:41:47	+02:32:30	18:29
210	1389	Marília de Fátima da Silva Mourão	Happy's	Senior Feminino	03:42:15	+02:32:58	18:31
211	1381	Andreia Oliveira	Happy's	Senior Feminino	03:42:20	+02:33:03	18:32
212	1564	Georgina Balazeiro	ONESOUL	Senior Feminino	03:47:06	+02:37:49	18:56
213	1572	Susana Carvalho	ONESOUL	Senior Feminino	03:47:08	+02:37:51	18:56
214	1154	Ana Rita Marques Ribeiro	BUKAN	Senior Feminino	03:48:04	+02:38:47	19:00
215	1161	Marília Fernandes alves	BUKAN	Senior Feminino	03:48:13	+02:38:56	19:01
216	1159	Inês de Oliveira Gonçalves	BUKAN	Senior Feminino	03:48:14	+02:38:56	19:01
217	1157	Carolina Monteiro Barbosa	BUKAN	Senior Feminino	03:48:14	+02:38:57	19:01
218	1570	Rita Moreira	ONESOUL	Senior Feminino	03:50:33	+02:41:15	19:13
219	1565	Liliana Patricia Terroso Vieira	ONESOUL	Senior Feminino	03:50:33	+02:41:15	19:13

Official Timekeeper: Lap2Go	5 / 15	generate 14-Jun-2019 09:46
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Gerreiros

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38	1255	Vitor Oliveira	CSE Hools	Senior Masculino	01:42:16	+32:58	08:31
39	1250	João Borges	CSE Hools	Senior Masculino	01:42:24	+33:07	08:32
40	1012	GONÇALO FREITAS	AMC TRAIL	Senior Masculino	01:42:28	+33:10	08:32
41	1066	Jorge Pereira	B.T.M.	Senior Masculino	01:43:29	+34:12	08:37
42	1248	Filipe Ferreira	CSE Hools	Senior Masculino	01:44:00	+34:42	08:40
43	1534	Filipe Simões	N14 CrossFit Braga	Senior Masculino	01:46:09	+36:52	08:51
44	1539	Pedro Gois	N14 CrossFit Braga	Senior Masculino	01:46:48	+37:31	08:54
45	1607	Ilídio Dias	Over the Limit	Senior Masculino	01:47:38	+38:20	08:58
46	1662	Emanuel Tinoco	Sofa Kings	Senior Masculino	01:47:51	+38:33	08:59
47	1797	Samuel Sousa Loureiro	VF's	Senior Masculino	01:48:15	+38:57	09:01
48	1796	Rui Couto	VF's	Senior Masculino	01:48:22	+39:05	09:02
49	1343	Filipe Gonçalves	Gang dos Frangos	Senior Masculino	01:48:42	+39:24	09:04
50	1666	Márcio Gonçalves	Sofa Kings	Senior Masculino	01:49:06	+39:48	09:06
51	1069	Luis Fernandes	B.T.M.	Senior Masculino	01:49:13	+39:55	09:06
52	1429	Helder Pinto	Individual	Senior Masculino	01:49:23	+40:06	09:07
53	1265	DANIEL DA COSTA	DIVAMARES	Senior Masculino	01:49:27	+40:09	09:07
54	1688	Alexandre Serafim	Somos+Q6	Senior Masculino	01:51:41	+42:24	09:19
55	1262	CARLOS DO NASCIMENTO VEIGA FERNANDES	DIVAMARES	Senior Masculino	01:52:40	+43:22	09:23
56	1199	PEDRO ROXO	CrossBox Chaves	Senior Masculino	01:52:47	+43:29	09:24
57	1451	Rui Pedro Cracel Coura Barroso Nogueira	Individual	Senior Masculino	01:52:59	+43:42	09:25
58	1610	Jorge Leal	Over the Limit	Senior Masculino	01:53:04	+43:46	09:25
59	1449	Ricardino Santos.	Individual	Senior Masculino	01:53:19	+44:01	09:27
60	1201	RUI RUA	CrossBox Chaves	Senior Masculino	01:53:24	+44:06	09:27
61	1417	Alexis Azevedo	Individual	Senior Masculino	01:53:37	+44:19	09:28
62	1194	GONÇALO SILVA	CrossBox Chaves	Senior Masculino	01:53:44	+44:27	09:29
63	1283	MANUEL RIBEIRO COSTA	DIVAMARES	Senior Masculino	01:55:00	+45:43	09:35
64	1292	RUI PEDRO VICENTE DUARTE	DIVAMARES	Senior Masculino	01:55:01	+45:44	09:35
65	1202	VICTOR PEREIRA	CrossBox Chaves	Senior Masculino	01:55:15	+45:57	09:36
66	1059	Bruno Santos	B.T.M.	Senior Masculino	01:56:06	+46:48	09:41
67	1403	Luis Silva	Holmes Place	Senior Masculino	01:56:29	+47:11	09:42
68	1179	Fernando Ferreira	Carniceiros	Senior Masculino	01:56:33	+47:16	09:43
69	1401	André Mota	Holmes Place	Senior Masculino	01:56:38	+47:20	09:43
70	1697	Vitor Marques	Somos+Q6	Senior Masculino	01:56:53	+47:35	09:44
71	1555	Rui Alexandre Antunes Araújo	Oh Faxabor!	Senior Masculino	01:57:02	+47:45	09:45
72	1480	Luís Filipe Oliveira	Los Bitchos	Senior Masculino	01:57:31	+48:13	09:48
73	1247	Diogo Dias	CSE Hools	Senior Masculino	01:57:45	+48:27	09:49
74	1246	DIOGO	CSE Hools	Senior Masculino	01:57:50	+48:33	09:49
75	1556	Vitor Daniel Tinoco Marçal	Oh Faxabor!	Senior Masculino	01:57:58	+48:41	09:50
76	1253	Pedro Hugo	CSE Hools	Senior Masculino	01:58:23	+49:05	09:52
77	1245	Bruno Silva	CSE Hools	Senior Masculino	01:58:37	+49:19	09:53
78	1488	Carlos Manuel Cunha Alves	Minas da Borralha Team	Senior Masculino	01:58:42	+49:24	09:54
79	1184	Tiago Martins	Carniceiros	Senior Masculino	01:58:53	+49:36	09:54
80	1182	Paulo H.Alves	Carniceiros	Senior Masculino	01:59:14	+49:57	09:56
81	1783	Ricardo Sousa Correia	URBAN ACADEMY TEAM	Senior Masculino	01:59:47	+50:29	09:59
82	1076	Miguel Cruz	B.T.M.	Senior Masculino	01:59:51	+50:33	09:59

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83	1251	João Meireles	CSE Hools	Senior Masculino	01:59:58	+50:41	10:00
84	1626	Bruno Lopes	Pradothinaicos	Senior Masculino	02:00:04	+50:47	10:00
85	1554	Pedro José Moraes Gomes Costa	Oh Faxabor!	Senior Masculino	02:00:06	+50:48	10:01
86	1693	Nuno Marques	Somos+Q6	Senior Masculino	02:00:20	+51:03	10:02
87	1252	Pedro Alves	CSE Hools	Senior Masculino	02:00:41	+51:23	10:03
88	1276	JOAO MANUEL VIEIRA	DIVAMARES	Senior Masculino	02:00:56	+51:38	10:05
89	1426	Fabrice Pimenta de carvalho	Individual	Senior Masculino	02:01:25	+52:08	10:07
90	1782	Miguel Sousa Correia	URBAN ACADEMY TEAM	Senior Masculino	02:01:28	+52:10	10:07
91	1477	Adriano Silva Vieira	Los Bitchos	Senior Masculino	02:01:50	+52:32	10:09
92	1453	Tiago João Freitas	Individual	Senior Masculino	02:02:47	+53:30	10:14
93	1479	Joshua Coelho	Los Bitchos	Senior Masculino	02:02:54	+53:37	10:15
94	1492	Paulo Jorge Pereira de Sousa	Minas da Borralha Team	Senior Masculino	02:02:59	+53:42	10:15
95	1294	TIAGO PINHEIRO	DIVAMARES	Senior Masculino	02:03:26	+54:09	10:17
96	1705	Hugo Ribeiro	Spumpartans	Senior Masculino	02:03:47	+54:30	10:19
97	1284	MARCO ARAUJO	DIVAMARES	Senior Masculino	02:04:12	+54:54	10:21
98	1456	Vitor Ferreira	Individual	Senior Masculino	02:05:51	+56:34	10:29
99	1422	David Ferreira	Individual	Senior Masculino	02:05:52	+56:34	10:29
100	1002	BRUNO MANUEL PINHEIRO MENDES	4X4 AMARES	Senior Masculino	02:06:09	+56:51	10:31
101	1005	NUNO FILIPE VIEIRA MACHADO	4X4 AMARES	Senior Masculino	02:06:20	+57:02	10:32
102	1551	Carlos Filipe Gonçalves Alves	Oh Faxabor!	Senior Masculino	02:06:25	+57:07	10:32
103	1549	Andre Filipe Silva Araujo	Oh Faxabor!	Senior Masculino	02:06:25	+57:07	10:32
104	1657	Óscar Ramires da Silva	Rosas do Deserto	Senior Masculino	02:06:48	+57:30	10:34
105	1433	jose luis villaverde sanisidro	Individual	Senior Masculino	02:06:57	+57:39	10:35
106	1707	Sérgio Santos	Spumpartans	Senior Masculino	02:07:00	+57:42	10:35
107	1553	Hélder João Cunha Antunes	Oh Faxabor!	Senior Masculino	02:07:01	+57:43	10:35
108	1706	Marco Matias	Spumpartans	Senior Masculino	02:07:01	+57:44	10:35
109	1439	marcos cabaleiro bouzon	Individual	Senior Masculino	02:07:02	+57:44	10:35
110	1708	Sérgio Silva	Spumpartans	Senior Masculino	02:07:04	+57:46	10:35
111	1627	Luís Paulo Afonso	Pradothinaicos	Senior Masculino	02:07:04	+57:46	10:35
112	1604	Cristiano Alves	Over the Limit	Senior Masculino	02:07:18	+58:01	10:37
113	1519	LUÍS MANUEL BRITO DA SILVA CARVALHO	Município de Amares	Senior Masculino	02:07:27	+58:10	10:37
114	1421	Cristiano Pereira	Individual	Senior Masculino	02:07:45	+58:27	10:39
115	1611	Leandro Costa	Over the Limit	Senior Masculino	02:07:53	+58:35	10:39
116	1606	Emanuel Freitas	Over the Limit	Senior Masculino	02:07:53	+58:35	10:39
117	1273	GIL MACEDO	DIVAMARES	Senior Masculino	02:08:18	+59:01	10:42
118	1270	FILIPE MANUEL MARTINS DIAS	DIVAMARES	Senior Masculino	02:08:35	+59:17	10:43
119	1446	Pedro Afonso Cunha Martins	Individual	Senior Masculino	02:08:40	+59:23	10:43
120	1267	DIOGO RIBEIRO	DIVAMARES	Senior Masculino	02:08:49	+59:31	10:44
121	1285	NUNO MIGUEL MARTINS TINOCO	DIVAMARES	Senior Masculino	02:08:50	+59:32	10:44
122	1550	Bruno Miguel Pereira Carvalho	Oh Faxabor!	Senior Masculino	02:09:36	+01:00:18	10:48
123	1345	Márcio Dias	Gang dos Frangos	Senior Masculino	02:09:52	+01:00:35	10:49
124	1078	Cristiano Silva	B.T.M.	Senior Masculino	02:09:56	+01:00:39	10:50
125	1696	Tiago Dantas	Somos+Q6	Senior Masculino	02:10:13	+01:00:55	10:51
126	1775	BRUNO JOSÉ SILVA FERNANDES	URBAN ACADEMY TEAM	Senior Masculino	02:10:29	+01:01:12	10:52
127	1520	MANUEL DA ROCHA MOREIRA	Município de Amares	Senior Masculino	02:10:31	+01:01:13	10:53
128	1003	FRANCISCO OLIVEIRA RODRIGUES	4X4 AMARES	Senior Masculino	02:10:35	+01:01:17	10:53

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174	1484	Antonio Carlos Oliveira Pereira da Silva	MATILHA	Senior Masculino	02:20:42	+01:11:24	11:44
175	1663	Fábio Vieira	Sofa Kings	Senior Masculino	02:21:10	+01:11:53	11:46
176	1689	António Martins	Somos+Q6	Senior Masculino	02:21:13	+01:11:55	11:46
177	1746	Gustavo castro	Teamliberty & Duros do Aço	Senior Masculino	02:21:18	+01:12:01	11:47
178	1743	Alexandre castro	Teamliberty & Duros do Aço	Senior Masculino	02:21:26	+01:12:09	11:47
179	1419	André Rodrigues	Individual	Senior Masculino	02:21:28	+01:12:11	11:47
180	1790	António Miguel Rodrigues Miranda	VF's	Senior Masculino	02:21:42	+01:12:24	11:49
181	1609	Joaquim Barros	Over the Limit	Senior Masculino	02:21:48	+01:12:30	11:49
182	1694	Rui Cambra	Somos+Q6	Senior Masculino	02:21:49	+01:12:31	11:49
183	1562	Rui Cruz	On Fit	Senior Masculino	02:22:05	+01:12:48	11:50
184	1823	IVO RENATO DA SILVA MALHEIRO DE CASTRO	Individual	Senior Masculino	02:22:17	+01:12:59	11:51
185	1428	George Junior Gomes	Individual	Senior Masculino	02:22:17	+01:12:59	11:51
186	1432	João Luis Pinheiro Afonso João	Individual	Senior Masculino	02:22:17	+01:12:59	11:51
187	1430	Hugo Miguel Neves Rocha	Individual	Senior Masculino	02:22:17	+01:12:59	11:51
188	1665	José Barroso	Sofa Kings	Senior Masculino	02:22:32	+01:13:15	11:53
189	1319	Nuno Tinoco	Espera aí que já vou!	Senior Masculino	02:23:27	+01:14:10	11:57
190	1320	Paulo Silva	Espera aí que já vou!	Senior Masculino	02:23:38	+01:14:21	11:58
191	1435	Luis Dias	Individual	Senior Masculino	02:23:43	+01:14:25	11:59
192	1434	José Rocha	Individual	Senior Masculino	02:23:52	+01:14:34	11:59
193	1420	César Lima	Individual	Senior Masculino	02:23:55	+01:14:37	12:00
194	1112	Antonio Sousa	BestClub	Senior Masculino	02:24:24	+01:15:06	12:02
195	1601	André Moreira	Over the Limit	Senior Masculino	02:24:30	+01:15:12	12:03
196	1128	Tiago Teixeira	BestClub	Senior Masculino	02:24:32	+01:15:14	12:03
197	1136	Moisés Cunha	BestCross Amares	Senior Masculino	02:24:45	+01:15:27	12:04
198	1454	Tiago Moisés Gonçalves Silva	Individual	Senior Masculino	02:25:14	+01:15:56	12:06
199	1259	ALFREDO FARIA	DIVAMARES	Senior Masculino	02:25:52	+01:16:35	12:09
200	1291	RODRIGO DA SILVA RODRIGUES	DIVAMARES	Senior Masculino	02:25:54	+01:16:36	12:10
201	1260	ANTONIO FARIA	DIVAMARES	Senior Masculino	02:26:22	+01:17:05	12:12
202	1687	Miguel Palmeira Ferreira	Somos+Q6	Senior Masculino	02:26:27	+01:17:09	12:12
203	1275	JOAO HENRIQUE MACEDO	DIVAMARES	Senior Masculino	02:26:30	+01:17:12	12:13
204	1755	João Silva	The Scouts	Senior Masculino	02:26:34	+01:17:17	12:13
205	1754	Duarte Veloso	The Scouts	Senior Masculino	02:26:37	+01:17:19	12:13
206	1055	Paulo Sérgio Carvalho Costa	B.T.M.	Senior Masculino	02:26:38	+01:17:21	12:13
207	1756	Rafael João	The Scouts	Senior Masculino	02:26:38	+01:17:21	12:13
208	1279	JORGE MANUEL DE CAMPOS BARBOSA	DIVAMARES	Senior Masculino	02:26:39	+01:17:21	12:13
209	1669	Tiago Pereira	Sofa Kings	Senior Masculino	02:26:45	+01:17:27	12:14
210	1667	Martin Cosra	Sofa Kings	Senior Masculino	02:27:26	+01:18:08	12:17
211	1664	João Rocha	Sofa Kings	Senior Masculino	02:27:37	+01:18:20	12:18
212	1625	Silvestre dos Santos Frutuoso	Power Team	Senior Masculino	02:27:46	+01:18:29	12:19
213	1608	João Campos	Over the Limit	Senior Masculino	02:27:54	+01:18:37	12:20
214	1278	JORGE ARAUJO	DIVAMARES	Senior Masculino	02:28:07	+01:18:50	12:21
215	1673	miguel Barros Carvalho	Soldados Lusos	Senior Masculino	02:28:08	+01:18:50	12:21
216	1672	Felipe Alexandre Ribeiro	Soldados Lusos	Senior Masculino	02:28:24	+01:19:06	12:22
217	1671	António Silva	Soldados Lusos	Senior Masculino	02:28:24	+01:19:06	12:22
218	1295	VITOR BORGES	DIVAMARES	Senior Masculino	02:28:50	+01:19:32	12:24

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353	1221	Pedro	CrossFit 4475	Senior Masculino	03:18:30	+02:09:13	16:33
354	1814	Teresa Fernandes	VilaGym	Senior Masculino	03:19:01	+02:09:43	16:35
355	1759	Filipe Coelho	Underdogs	Senior Masculino	03:19:50	+02:10:32	16:39
356	1760	Sergio Matoso	Underdogs	Senior Masculino	03:19:51	+02:10:33	16:39
357	1624	PAULO GOMES	Power Team	Senior Masculino	03:20:08	+02:10:50	16:41
358	1223	Valter Moreira	CrossFit 4475	Senior Masculino	03:20:09	+02:10:51	16:41
359	1120	Joel Marques	BestClub	Senior Masculino	03:20:09	+02:10:51	16:41
360	1122	Jose Dias	BestClub	Senior Masculino	03:20:12	+02:10:54	16:41
361	1734	Carlos Manuel de Pinho Soares	TEAM SODIDA	Senior Masculino	03:20:25	+02:11:08	16:42
362	1753	Cláudio Miguel de martins leal	the rookies	Senior Masculino	03:20:30	+02:11:13	16:43
363	1729	Alexandre Filipe Santos Costa Andrade	TEAM SODIDA	Senior Masculino	03:20:41	+02:11:23	16:43
364	1216	Helder Santos	CrossFit 4475	Senior Masculino	03:23:18	+02:14:00	16:57
365	1718	Rui Miguel	SWATcamp	Senior Masculino	03:23:26	+02:14:08	16:57
366	1720	Vitor	SWATcamp	Senior Masculino	03:23:42	+02:14:24	16:59
367	1109	Alcides Silva	BestClub	Senior Masculino	03:25:53	+02:16:36	17:09
368	1124	Nuno Lopes	BestClub	Senior Masculino	03:26:14	+02:16:57	17:11
369	1121	José Almeida	BestClub	Senior Masculino	03:27:25	+02:18:07	17:17
370	1640	José Andrade	Raffaellos	Senior Masculino	03:31:11	+02:21:53	17:36
371	1639	isaac garcia	Raffaellos	Senior Masculino	03:31:13	+02:21:55	17:36
372	1218	Luís Braga	CrossFit 4475	Senior Masculino	03:32:08	+02:22:51	17:41
373	1222	Ricardo Maia	CrossFit 4475	Senior Masculino	03:32:09	+02:22:51	17:41
374	1220	Nuno Fonseca	CrossFit 4475	Senior Masculino	03:32:44	+02:23:26	17:44
375	1212	Afonso Pinto	CrossFit 4475	Senior Masculino	03:32:58	+02:23:41	17:45
376	1129	Vitor Castro	BestClub	Senior Masculino	03:33:14	+02:23:56	17:46
377	1126	Sergio Gomes	BestClub	Senior Masculino	03:33:16	+02:23:59	17:46
378	1127	Tiago Pereira	BestClub	Senior Masculino	03:33:19	+02:24:01	17:47
379	1113	Daniel Coutinho	BestClub	Senior Masculino	03:33:49	+02:24:32	17:49
380	1125	Ricardo Oliveira	BestClub	Senior Masculino	03:33:56	+02:24:38	17:50
381	1118	Henrique Marques	BestClub	Senior Masculino	03:33:58	+02:24:40	17:50
382	1114	Fábio Simões	BestClub	Senior Masculino	03:33:58	+02:24:40	17:50
383	1450	Ruben Silva	Individual	Senior Masculino	03:34:00	+02:24:42	17:50
384	1448	Raul Silva	Individual	Senior Masculino	03:34:01	+02:24:44	17:50
385	1409	Hugo Rosas	Hurijulieuteca	Senior Masculino	03:34:33	+02:25:15	17:53
386	1411	Ricardo Pinto	Hurijulieuteca	Senior Masculino	03:34:33	+02:25:15	17:53
387	1215	Gil Fernandes	CrossFit 4475	Senior Masculino	03:34:59	+02:25:41	17:55
388	1643	Rafael Cunha Fernandes	Raffaellos	Senior Masculino	03:34:59	+02:25:42	17:55
389	1219	Michael Barros	CrossFit 4475	Senior Masculino	03:35:03	+02:25:45	17:55
390	1119	Igor Carvalho	BestClub	Senior Masculino	03:35:18	+02:26:00	17:57
391	1123	Nelson Silva	BestClub	Senior Masculino	03:35:31	+02:26:14	17:58
392	1642	Nuno Soares	Raffaellos	Senior Masculino	03:35:39	+02:26:21	17:58
393	1637	Daniel Cortes	Raffaellos	Senior Masculino	03:35:42	+02:26:25	17:59
394	1638	Humberto	Raffaellos	Senior Masculino	03:37:39	+02:28:21	18:08
395	1575	Carlos Casanova Mendes	ONESOUL	Senior Masculino	03:40:16	+02:30:58	18:21
396	1579	Jorge Duarte de Pinho Soares	ONESOUL	Senior Masculino	03:40:28	+02:31:10	18:22
397	1393	Jorge Caldas	Happy's	Senior Masculino	03:42:20	+02:33:02	18:32
398	1396	Pedro Alexandre Correira	Happy's	Senior Masculino	03:42:20	+02:33:02	18:32

