

25KM - STAGE 1

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	256	Paula Cristina Pereira Silva	Individual	02:59:35	+01:09:44	07:11	
44	215	Tânia Machado	Aventureiros	03:06:08	+01:16:17	07:27	
45	202	Susana Ferreira	ACRA running	03:06:35	+01:16:44	07:28	
46	204	Luís Ferreira	ACRA running	03:06:50	+01:16:59	07:28	
47	269	Miguel Pinto	Individual	03:09:15	+01:19:24	07:34	
48	218	Simão Fernandes	Aventureiros	03:09:50	+01:19:59	07:36	
49	207	Dores Cachetas	Akuafit	03:09:52	+01:20:01	07:36	
50	258	António Machado	Individual	03:11:37	+01:21:46	07:40	
51	293	Pedro Peixoto	Zenit AUTOMÓVEIS	03:12:41	+01:22:50	07:42	
52	203	Vítor Gomes	ACRA running	03:14:50	+01:24:59	07:48	
53	201	Helena Cerqueira	ACRA running	03:14:50	+01:24:59	07:48	
54	284	Pedro Santos	Pari Passu	03:21:28	+01:31:37	08:04	
55	241	Cristina Teixeira	Individual	03:25:01	+01:35:10	08:12	
56	246	Gabriel Sousa	Individual	03:25:01	+01:35:10	08:12	
57	217	Nelson Vieira Veloso	Aventureiros	03:25:41	+01:35:50	08:14	
58	214	Sónia Brás	Aventureiros	03:29:56	+01:40:05	08:24	
59	219	Ana Brás	Aventureiros	03:29:56	+01:40:05	08:24	
60	220	Eugénia Pereira	Aventureiros	03:29:57	+01:40:06	08:24	
61	259	Artur Fonseca	Individual	03:33:16	+01:43:25	08:32	
62	271	José Fonseca	Individual	03:34:34	+01:44:43	08:35	
63	272	Nuno Sousa	Individual	03:37:29	+01:47:38	08:42	
64	289	Sérgio Bastos	TEAM LANTEMIL	03:45:17	+01:55:26	09:01	
65	253	Margarida Andrade	Individual	03:45:43	+01:55:52	09:02	
66	251	Ricardo Pereira	Individual	03:45:43	+01:55:52	09:02	
67	288	Margarida Dantas	TEAM LANTEMIL	03:59:00	+02:09:09	09:34	
68	240	Cristiana	Individual	03:59:17	+02:09:26	09:34	

25KM**25 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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	Time	Temperature	Humidity
Start	09:00	9.1°C	93%
End	13:12	9.1°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	295	Ana souza	TEAM LANTEMIL	Senior Feminino	02:22:33	+32:41	05:42
2	277	Adriana Gomes	MINHO AVENTURA	Senior Feminino	02:31:15	+41:24	06:03
3	205	Joana Fernandes	Akuafit	Senior Feminino	02:50:15	+01:00:23	06:49
4	215	Tânia Machado	Aventureiros	Senior Feminino	03:06:07	+01:16:16	07:27
5	202	Susana Ferreira	ACRA running	Senior Feminino	03:06:35	+01:16:43	07:28
6	201	Helena Cerqueira	ACRA running	Senior Feminino	03:14:50	+01:24:58	07:48
7	241	Cristina Teixeira	Individual	Senior Feminino	03:25:00	+01:35:09	08:12
8	214	Sónia Brás	Aventureiros	Senior Feminino	03:29:56	+01:40:04	08:24
9	288	Margarida Dantas	TEAM LANTEMIL	Senior Feminino	03:59:00	+02:09:08	09:34
10	240	Cristiana	Individual	Senior Feminino	03:59:17	+02:09:25	09:34

Senior Masculino

1	225	Paulo José Cardoso Mesquita	EDV-VIANA TRAIL	Senior Masculino	01:49:51		04:24
2	238	Vasco Carvalho	Icarus Running Team	Senior Masculino	02:06:04	+16:13	05:03
3	230	Marcelo Ramos Martins	Farmácia do Mercado team	Senior Masculino	02:09:15	+19:23	05:10
4	236	Adelino Sousa	Grupo Desportivo da Goma	Senior Masculino	02:10:03	+20:12	05:12
5	211	Paulo Ribeiro	Apúlia a Correr	Senior Masculino	02:11:13	+21:22	05:15
6	247	HUGO SILVA	Individual	Senior Masculino	02:16:22	+26:30	05:27
7	250	Miguel Silva	Individual	Senior Masculino	02:19:37	+29:45	05:35
8	231	Ricardo André Ramos Miranda	Farmácia do Mercado team	Senior Masculino	02:21:01	+31:09	05:38
9	280	Sérgio Faria	Os empatas	Senior Masculino	02:22:34	+32:43	05:42
10	252	Rui Sousa	Individual	Senior Masculino	02:26:46	+36:54	05:52
11	249	Luís Ferraz	Individual	Senior Masculino	02:27:30	+37:38	05:54
12	279	Vitor Daniel Tinoco Marçal	Oh Faxabor!	Senior Masculino	02:31:17	+41:26	06:03
13	243	Antonio Fernandes	Individual	Senior Masculino	02:44:24	+54:33	06:35
14	292	Pedro Paredes	Zenit AUTOMÓVEIS	Senior Masculino	02:44:36	+54:44	06:35
15	206	David Dias	Akuafit	Senior Masculino	02:47:09	+57:17	06:41
16	278	Rui Alexandre Antunes Araújo	Oh Faxabor!	Senior Masculino	02:48:02	+58:11	06:43
17	290	Diogo Pinheiro	URBAN ACADEMY AMARES	Senior Masculino	02:49:18	+59:26	06:46
18	245	Fernando Faria	Individual	Senior Masculino	02:57:12	+01:07:21	07:05
19	218	Simão Fernandes	Aventureiros	Senior Masculino	03:09:50	+01:19:58	07:36
20	293	Pedro Peixoto	Zenit AUTOMÓVEIS	Senior Masculino	03:12:41	+01:22:49	07:42
21	203	Vitor Gomes	ACRA running	Senior Masculino	03:14:49	+01:24:58	07:48
22	246	Gabriel Sousa	Individual	Senior Masculino	03:25:01	+01:35:09	08:12
23	217	Nelson Vieira Veloso	Aventureiros	Senior Masculino	03:25:41	+01:35:49	08:14
24	251	Ricardo Pereira	Individual	Senior Masculino	03:45:43	+01:55:51	09:02

COLETIVO - 25KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	FARMÁCIA DO MERCADO TEAM	3 + 7 + 11	21
2	OS EMPATAS	13 + 17 + 36	66
3	URBAN ACADEMY AMARES	18 + 32 + 35	85
4	AKUAFIT	29 + 33 + 37	99
5	AVENTUREIROS	41 + 44 + 48	133
6	ACRA RUNNING	45 + 46 + 52	143
7	TEAM LANTEMIL	12 + 64 + 67	143

15KM - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	09:10	9.1°C	93%
End	13:09	9.1°C	93%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	796	AVELINO MACEDO	Vila Verde a Correr	01:05:33		04:22	
2	560	Nuno Lemos	Clube Atletismo Fafe	01:06:50	+01:17	04:27	
3	626	Zé Pedro	Individual	01:07:44	+02:11	04:31	
4	797	JOAO MARTINS	Vila Verde a Correr	01:09:36	+04:03	04:38	
5	671	Malheiro Jorge	Individual	01:13:00	+07:27	04:52	
6	630	Rui Araujo	Individual	01:13:25	+07:52	04:54	
7	617	Marco	OLÍMPICO VIANENSE	01:14:32	+08:59	04:58	
8	756	João Pimentel	Terminal Coimbra	01:15:02	+09:29	05:00	
9	759	Nuno Ferreira	TRAIL ME	01:15:17	+09:44	05:01	
10	589	Gdc de Serafão	GDC de Serafão	01:16:56	+11:23	05:08	
11	673	Paulo Macedo	Individual	01:17:39	+12:06	05:11	
12	793	TIAGO SANTOS	Vila Verde a Correr	01:17:53	+12:20	05:12	
13	627	Francisca Dias Martins	Individual	01:17:56	+12:23	05:12	
14	735	Vítor Faria	Palmeira Runners	01:18:27	+12:54	05:14	
15	737	Jorge Matos	Pés de Chumbo Runners	01:19:33	+14:00	05:18	
16	582	José Pereira	Farmácia do Mercado team	01:20:17	+14:44	05:21	
17	791	OTAVIO RODRIGUES	Vila Verde a Correr	01:20:20	+14:47	05:21	
18	773	Ricardo silva	URBAN ACADEMY AMARES	01:20:36	+15:03	05:22	
19	777	Jorge pereira	URBAN ACADEMY AMARES	01:20:37	+15:04	05:22	
20	734	José Manuel Costa	Palmeira Runners	01:20:50	+15:17	05:23	
21	771	Jorge Sousa	URBAN ACADEMY AMARES	01:20:55	+15:22	05:24	
22	607	Diogo Fernandes	Individual	01:21:06	+15:33	05:24	
23	833	Ricardo Rego	URBAN ACADEMY AMARES	01:22:33	+17:00	05:30	
24	834	MARCO LIMA	Individual	01:23:07	+17:34	05:32	
25	660	Carlos Nogueira	Individual	01:23:22	+17:49	05:33	
26	506	Tania Covas Costa	. COM-Clube Ori Minho	01:23:47	+18:14	05:35	
27	731	Paulo Rodrigues	Os dois	01:23:53	+18:20	05:36	
28	610	Jorge Vieira	Individual	01:24:57	+19:24	05:40	
29	587	Pedro carvalho	GARAGEFIGHT	01:25:49	+20:16	05:43	
30	575	José Paredes	Dornelas Runner	01:26:31	+20:58	05:46	
31	613	José Joaquim Antunes	Individual	01:26:33	+21:00	05:46	
32	593	Victor Marçal Fernandes	Grupo Desportivo da Goma	01:26:38	+21:05	05:47	
33	658	artur jorge fernandes	Individual	01:26:45	+21:12	05:47	
34	802	Afonso Viana	Zenit AUTOMÓVEIS	01:27:10	+21:37	05:49	
35	830	Paulo Azevedo	Zenit AUTOMÓVEIS	01:27:10	+21:37	05:49	
36	581	Joel Henrique Carvalho Amorim	Farmácia do Mercado team	01:27:15	+21:42	05:49	
37	519	Eliana Pereira	Alexandra Carvalho Team	01:28:54	+23:21	05:56	
38	517	Carlos Campinha	Alexandra Carvalho Team	01:28:54	+23:21	05:56	
39	594	Joaquim Alberto Carvalho da Silva	Grupo desportivo Oliveira do castelo	01:29:00	+23:27	05:56	
40	770	FILIFE MANUEL FARIA FERNANDES	URBAN ACADEMY AMARES	01:29:26	+23:53	05:58	
41	574	Jorge Vieira	Dornelas Runner	01:29:30	+23:57	05:58	

15KM - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
42	787	João Alfredo Faria Vieira	URBAN ACADEMY AMARES	01:29:48	+24:15	05:59	
43	820	Alexandre Barbosa	Zenit AUTOMÓVEIS	01:30:12	+24:39	06:01	
44	620	Nuno Louro	Individual	01:30:12	+24:39	06:01	
45	580	João Manuel Cardoso de Matos	Farmácia do Mercado team	01:30:14	+24:41	06:01	
46	808	José Faria	Zenit AUTOMÓVEIS	01:30:44	+25:11	06:03	
47	810	Paulo Sousa	Zenit AUTOMÓVEIS	01:30:44	+25:11	06:03	
48	605	André Dias	Individual	01:31:15	+25:42	06:05	
49	817	Paulo Brito	Zenit AUTOMÓVEIS	01:32:05	+26:32	06:08	
50	804	JOAO MACHADO	Zenit AUTOMÓVEIS	01:32:17	+26:44	06:09	
51	670	Luís Filipe Vieira Soares	Individual	01:33:08	+27:35	06:13	
52	616	Márcio Gonçalves	Individual	01:33:11	+27:38	06:13	
53	822	Carlos Alves	Zenit AUTOMÓVEIS	01:33:13	+27:40	06:13	
54	843	atleta 843	Individual	01:33:28	+27:55	06:14	
55	768	Alberto Fernandes	URBAN ACADEMY AMARES	01:33:43	+28:10	06:15	
56	615	Manuel oliveira	Individual	01:34:06	+28:33	06:16	
57	681	Albino faria	Individual	01:34:06	+28:33	06:16	
58	707	Ricardo Oliveira	Monte acima - sempre rijos	01:35:26	+29:53	06:22	
59	705	Eduardo Silva	Monte acima - sempre rijos	01:35:29	+29:56	06:22	
60	732	Elisabete Ministro	Palmeira Runners	01:35:33	+30:00	06:22	
61	738	Filipe Gomes	Pés de Chumbo Runners	01:35:48	+30:15	06:23	
62	850	Henrique Pereira	CARCLASSE-MERCEDES	01:36:02	+30:29	06:24	
63	851	Pedro Pereira	CARCLASSE-MERCEDES	01:36:02	+30:29	06:24	
64	566	Rui Sousa	Dornelas Runner	01:36:48	+31:15	06:27	
65	763	Filipe Bento	Travassós Running Fafe	01:37:23	+31:50	06:30	
66	667	Francisco Silva 1	Individual	01:37:30	+31:57	06:30	
67	516	Hugo Silva	Akuafit	01:37:32	+31:59	06:30	
68	837	atleta 837	Individual	01:38:03	+32:30	06:32	
69	784	LUIS ANTONIO FERREIRA FERNANDES	URBAN ACADEMY AMARES	01:38:20	+32:47	06:33	
70	803	Carlos Gonçalves	Zenit AUTOMÓVEIS	01:38:21	+32:48	06:33	
71	873	Jose Carlos Ramalho	Individual	01:38:25	+32:52	06:34	
72	688	Pedro Faria	Joy4Fun	01:38:40	+33:07	06:35	
73	842	atleta 842	Individual	01:38:42	+33:09	06:35	
74	661	Cristiano Guimarães	Individual	01:39:18	+33:45	06:37	
75	621	Nuno Ricardo Carreiras Vaz	Alexandra Carvalho Team	01:39:20	+33:47	06:37	
76	826	Antonio Pinheiro	Zenit AUTOMÓVEIS	01:39:26	+33:53	06:38	
77	685	Fernando amaro	Individual	01:40:00	+34:27	06:40	
78	724	Nuno Araújo	Os Afogados	01:40:03	+34:30	06:40	
79	723	Augusto Rodrigues	Os Afogados	01:40:04	+34:31	06:40	
80	783	FILIPE RIBEIRO DA SILVA	URBAN ACADEMY AMARES	01:40:04	+34:31	06:40	
81	788	ANA FILIPA GOMES	Vila Verde a Correr	01:41:43	+36:10	06:47	
82	525	Filipe Lima	Alexandra Carvalho Team	01:42:05	+36:32	06:48	
83	588	Francisco André	GDC de Serafão	01:42:16	+36:43	06:49	
84	861	José Gonçalves	Individual	01:42:18	+36:45	06:49	
85	585	Francisco Vieira	GARAGEFIGHT	01:42:20	+36:47	06:49	
86	736	João Manuel Lopes Ministro	Palmeira Runners	01:42:24	+36:51	06:50	

15KM - STAGE 1

15 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
87	561	Helena Jacinto	Dornelas Runner	01:42:38	+37:05	06:51	
88	828	José Cruz	Zenit AUTOMÓVEIS	01:42:38	+37:05	06:51	
89	636	Carla Ferreira	Individual	01:42:52	+37:19	06:51	
90	821	Cândido Silva	Zenit AUTOMÓVEIS	01:43:22	+37:49	06:53	
91	531	João Luis Veloso Alves Esteves	AMARES TRAIL	01:43:22	+37:49	06:53	
92	794	PAULA SOUSA	Vila Verde a Correr	01:43:24	+37:51	06:54	
93	520	Solange Cabral	Alexandra Carvalho Team	01:43:32	+37:59	06:54	
94	602	Noemia Ferreira	Individual	01:43:36	+38:03	06:54	
95	515	Agostinho Pereira	Akuafit	01:43:51	+38:18	06:55	
96	612	Jose Dias	Individual	01:44:00	+38:27	06:56	
97	805	Hugo Carreira	Zenit AUTOMÓVEIS	01:44:54	+39:21	07:00	
98	780	Olívia	URBAN ACADEMY AMARES	01:45:44	+40:11	07:03	
99	680	Alberto Pinhão	Individual	01:45:54	+40:21	07:04	
100	524	Edgar de Sousa	Alexandra Carvalho Team	01:46:00	+40:27	07:04	
101	786	ANTONIO MANUEL DA COSTA ANTUNES	URBAN ACADEMY AMARES	01:46:04	+40:31	07:04	
102	507	Nuno Neves	100meta	01:46:20	+40:47	07:05	
103	511	ADRIANA ABREU	100meta	01:46:21	+40:48	07:05	
104	836	Roberto Silva	Individual	01:46:21	+40:48	07:05	
105	523	ANTONIO FERNANDES	Alexandra Carvalho Team	01:46:53	+41:20	07:08	
106	597	Catarina Pinto	Individual	01:47:08	+41:35	07:09	
107	676	Ricardo Vilela	Individual	01:47:25	+41:52	07:10	
108	811	Pedro Silva	Zenit AUTOMÓVEIS	01:47:29	+41:56	07:10	
109	701	Paulo Reis	Lobos Do Monte	01:47:49	+42:16	07:11	
110	683	Augusto Cunha	Individual	01:48:02	+42:29	07:12	
111	573	Domingos Carvalho	Dornelas Runner	01:48:03	+42:30	07:12	
112	216	Marco Ferreira	Aventureiros	01:48:37	+43:04	07:14	
113	863	Nuno Gonçalves	Individual	01:49:02	+43:29	07:16	
114	829	Mário Malheiro	Zenit AUTOMÓVEIS	01:49:07	+43:34	07:16	
115	698	Isabel Domingues	LEBRES MINHOTAS	01:49:14	+43:41	07:17	
116	739	Manuel Carvalho	Pés de Chumbo Runners	01:49:15	+43:42	07:17	
117	557	Carlos Mira	CASA DA TAPADA	01:49:40	+44:07	07:19	
118	697	Mónica Domingues	LEBRES MINHOTAS	01:49:41	+44:08	07:19	
119	847	Matilde Ferreira	Individual	01:49:49	+44:16	07:19	
120	514	Elsa Nazaré Silva Ferreira	Akuafit	01:49:51	+44:18	07:19	
121	530	José Ribeiro	Alexandra Carvalho Team	01:50:15	+44:42	07:21	
122	644	Isaura Veloso	Individual	01:50:18	+44:45	07:21	
123	591	Paula Soares	Grupo Desportivo da Goma	01:50:20	+44:47	07:21	
124	590	Sílvia Sousa	Grupo Desportivo da Goma	01:50:27	+44:54	07:22	
125	628	Daniel Plácido	Individual	01:50:31	+44:58	07:22	
126	563	Marta Silva	Dornelas Runner	01:50:42	+45:09	07:23	
127	689	Sergio Freitas	Joy4Fun	01:50:46	+45:13	07:23	
128	668	Jaime Ribeiro	Individual	01:50:46	+45:13	07:23	
129	823	Filipe Barros	Zenit AUTOMÓVEIS	01:50:56	+45:23	07:24	
130	695	Domingos Manuel Martins Pinto	Junta de Freguesia de Caires	01:51:05	+45:32	07:24	
131	753	Carlos André Magalhães Torres	Sem Nome	01:51:15	+45:42	07:25	

15KM - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
132	642	Helena	Individual	01:51:16	+45:43	07:25	
133	611	José	Individual	01:51:16	+45:43	07:25	
134	825	DANIEL FERNANDES	Zenit AUTOMÓVEIS	01:51:18	+45:45	07:25	
135	714	Sílvia Maria da Silva Rodrigues Pinheiro	Oh Faxabor!	01:52:33	+47:00	07:30	
136	733	Susana Vidal	Palmeira Runners	01:52:48	+47:15	07:31	
137	565	Martinho Silva	Dornelas Runner	01:53:54	+48:21	07:36	
138	633	Amândia Alves	Individual	01:53:54	+48:21	07:36	
139	229	Raquel Cristina Macedo Maia	Farmácia do Mercado team	01:54:20	+48:47	07:37	
140	567	Francisco Faria	Dornelas Runner	01:54:28	+48:55	07:38	
141	672	Nuno Barroso	Individual	01:54:31	+48:58	07:38	
142	536	Sónia Almeida	Aventureiros	01:54:42	+49:09	07:39	
143	690	Mario Jorge Sousa da Cunha	Junta de Freguesia de Caires	01:54:47	+49:14	07:39	
144	543	Elisabete Borges	braguinhasrunners	01:54:47	+49:14	07:39	
145	700	José De Macedo	Les amis traileurs	01:55:32	+49:59	07:42	
146	809	Nuno dias	Zenit AUTOMÓVEIS	01:55:32	+49:59	07:42	
147	699	Gregori Deniau	Les amis traileurs	01:55:32	+49:59	07:42	
148	806	Joel Landeira	Zenit AUTOMÓVEIS	01:55:34	+50:01	07:42	
149	600	Joana Martins	Individual	01:56:41	+51:08	07:47	
150	650	PAULA CARNEIRO	Individual	01:56:41	+51:08	07:47	
151	709	Francisco António Fernandes	Município Amares	01:56:45	+51:12	07:47	
152	703	David Paiva	Los Bravos	01:57:43	+52:10	07:51	
153	702	Vera Malheiro	Los Bravos	01:57:43	+52:10	07:51	
154	754	Vitor Alexandre Teixeira Granja	Sem Nome	01:58:21	+52:48	07:53	
155	716	IZABELA MILEJ	Oh Faxabor!	01:58:44	+53:11	07:55	
156	645	Lurdes Magalhaes	Individual	01:58:45	+53:12	07:55	
157	522	ADELINO AIRES	Alexandra Carvalho Team	01:58:46	+53:13	07:55	
158	760	Paula Pereira	TrailLovers	01:58:58	+53:25	07:56	
159	598	Isabel Dias	Individual	01:59:22	+53:49	07:57	
160	508	Rui Filipe Silva	100meta	01:59:29	+53:56	07:58	
161	818	Lúcia Corucho	Zenit AUTOMÓVEIS	01:59:48	+54:15	07:59	
162	730	Carla Cardoso	Os dois	02:00:12	+54:39	08:01	
163	647	Marlene Costa	Individual	02:00:14	+54:41	08:01	
164	663	daniel Vilela	Individual	02:00:14	+54:41	08:01	
165	712	Bruna Patricia Gonçalves da Silva	Oh Faxabor!	02:00:22	+54:49	08:01	
166	715	Hélder João Cunha Antunes	Oh Faxabor!	02:00:49	+55:16	08:03	
167	845	Elisabete Pereira	Alexandra Carvalho Team	02:01:05	+55:32	08:04	
168	512	Filipa Martins	Akuafit	02:01:32	+55:59	08:06	
169	504	António Machado	#pónalama	02:01:33	+56:00	08:06	
170	254	Maria José Gomes Oliveira	Trogloeditas Runners	02:01:54	+56:21	08:08	
171	761	Sara Barros Soares	TrailLovers	02:05:54	+01:00:21	08:24	
172	526	JOSE FERNANDES	Alexandra Carvalho Team	02:05:56	+01:00:23	08:24	
173	657	Armando Gonçalves	Individual	02:06:24	+01:00:51	08:26	
174	641	Francina Gonçalves	Individual	02:06:24	+01:00:51	08:26	
175	648	monica Silva	Individual	02:06:40	+01:01:07	08:27	
176	755	MARIO MANUEL CAMPOS	Sem Nome	02:06:57	+01:01:24	08:28	

15KM - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
177	785	Paulo Ferreira	URBAN ACADEMY AMARES	02:07:34	+01:02:01	08:30	
178	779	Marilia Soares	URBAN ACADEMY AMARES	02:07:34	+01:02:01	08:30	
179	721	Mafalda Cruz	Os Afogados	02:07:43	+01:02:10	08:31	
180	718	Rui Veloso	Os Afogados	02:07:43	+01:02:10	08:31	
181	601	Liliana Simões	Individual	02:07:56	+01:02:23	08:32	
182	677	Sebastien Simões	Individual	02:07:56	+01:02:23	08:32	
183	649	Norberta Grilo	Individual	02:08:18	+01:02:45	08:33	
184	631	Alda Cristina Faustino	Individual	02:08:56	+01:03:23	08:36	
185	638	Carolina Fernandes	Individual	02:08:56	+01:03:23	08:36	
186	599	Ivone Ferraz	Individual	02:09:02	+01:03:29	08:36	
187	528	Rui Maciel	Alexandra Carvalho Team	02:10:01	+01:04:28	08:40	
188	651	Rosa Alves	Individual	02:10:12	+01:04:39	08:41	
189	639	Elisabete Santos	Individual	02:10:12	+01:04:39	08:41	
190	533	Carla Almeida	Aventureiros	02:12:34	+01:07:01	08:50	
191	539	Adelino Fernandes	Aventureiros	02:12:35	+01:07:02	08:50	
192	799	Adriana Araújo	Zenit AUTOMÓVEIS	02:13:51	+01:08:18	08:55	
193	728	Ângela Daniela Ferreira Rodrigues	Os Bravos	02:13:53	+01:08:20	08:56	
194	729	Francisco de Oliveira Rodrigues	Os Bravos	02:13:53	+01:08:20	08:56	
195	727	Miguel Filipe Fernandes Barros	Os Bravos	02:13:54	+01:08:21	08:56	
196	596	Carla Pereira	Individual	02:14:52	+01:09:19	08:59	
197	726	Ricardo Pinto	Os Afogados	02:15:14	+01:09:41	09:01	
198	652	Sílvia de Barros	Individual	02:15:22	+01:09:49	09:01	
199	555	José da Silva Cruz	CAFÉ GONÇALVES PVL	02:16:20	+01:10:47	09:05	
200	554	António pereira	CAFÉ GONÇALVES PVL	02:16:21	+01:10:48	09:05	
201	653	Cristina Correia	Individual	02:16:23	+01:10:50	09:06	
202	546	Mafalda Teixeira Brandão	Brunotir	02:16:39	+01:11:06	09:07	
203	722	Mónica Maia	Os Afogados	02:16:43	+01:11:10	09:07	
204	766	Paula Vale	URBAN ACADEMY AMARES	02:16:54	+01:11:21	09:08	
205	725	Ricardo Faria	Os Afogados	02:17:10	+01:11:37	09:09	
206	562	Inês Sousa	Dornelas Runner	02:17:39	+01:12:06	09:11	
207	570	Conceição Ribeiro	Dornelas Runner	02:17:40	+01:12:07	09:11	
208	572	Natália Guimarães	Dornelas Runner	02:17:42	+01:12:09	09:11	
209	552	Marcelo Araújo Rodrigues	Brunotir	02:17:43	+01:12:10	09:11	
210	801	Elisabete Vieira	Zenit AUTOMÓVEIS	02:17:50	+01:12:17	09:11	
211	813	Tiago Almeida	Zenit AUTOMÓVEIS	02:19:05	+01:13:32	09:16	
212	634	Ana Rito	Individual	02:19:40	+01:14:07	09:19	
213	569	Augusta Alves	Dornelas Runner	02:19:41	+01:14:08	09:19	
214	568	Amélia Guimarães	Dornelas Runner	02:19:42	+01:14:09	09:19	
215	541	Alda Rodrigues	braguinhasrunners	02:20:05	+01:14:32	09:20	
216	789	MARIA JOSE TEJO	Vila Verde a Correr	02:20:19	+01:14:46	09:21	
217	790	SUSANA SOUSA	Vila Verde a Correr	02:20:19	+01:14:46	09:21	
218	795	SANDRA SOARES	Vila Verde a Correr	02:20:22	+01:14:49	09:21	
219	713	Isilda Manuela Silva Oliveira	Oh Faxabor!	02:20:23	+01:14:50	09:22	
220	501	Estela Macedo	#pónalama	02:20:46	+01:15:13	09:23	
221	542	Ana Cadoso	braguinhasrunners	02:20:48	+01:15:15	09:23	
222	505	Orlando Rodrigues	#pónalama	02:20:49	+01:15:16	09:23	

15KM - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
268	767	Susana Silva	URBAN ACADEMY AMARES	03:46:11	+02:40:38	15:05	
269	765	Patricia Costa	URBAN ACADEMY AMARES	03:46:11	+02:40:38	15:05	
270	740	ANA LUCÍLIA PINTO CARVALHO	SEGSIL-Funaná TEAM	03:46:19	+02:40:46	15:05	
271	751	PAULO RODRIGO CARVALHO RIBEIRO	SEGSIL-Funaná TEAM	03:51:17	+02:45:44	15:25	
272	741	Elisa de Fátima Guerra de Oliveira	SEGSIL-Funaná TEAM	03:51:18	+02:45:45	15:25	
273	743	Carla Maria da Costa Barbosa	SEGSIL-Funaná TEAM	03:51:22	+02:45:49	15:25	
274	750	JOSE MANUEL SOARES SILVA	SEGSIL-Funaná TEAM	03:51:34	+02:46:01	15:26	
275	862	Paulo Teixeira	Individual	03:51:47	+02:46:14	15:27	
276	864	Filipa Martins	Individual	03:51:48	+02:46:15	15:27	
277	747	CARLOS LUIS GUERRA OLIVEIRA	SEGSIL-Funaná TEAM	03:51:49	+02:46:16	15:27	
278	748	DOMINGOS BARBOSA FARIA	SEGSIL-Funaná TEAM	03:51:52	+02:46:19	15:27	
279	744	MÓNICA CORREIA DE CARVALHO EIRAS	SEGSIL-Funaná TEAM	03:52:04	+02:46:31	15:28	
280	745	SANDRA HELENA ALMEIDA MAGALHÃES	SEGSIL-Funaná TEAM	03:52:04	+02:46:31	15:28	
281	749	GILBERTO MARTINS EIRAS	SEGSIL-Funaná TEAM	03:52:22	+02:46:49	15:29	
282	752	Joaquim Faria Lopes	SEGSIL-Funaná TEAM	03:52:28	+02:46:55	15:30	

15KM

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:10	9.1°C	93%
End	13:09	9.1°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	788	ANA FILIPA GOMES	Vila Verde a Correr	Senior Feminino	01:41:43	+36:09	06:47
2	561	Helena Jacinto	Dornelas Runner	Senior Feminino	01:42:37	+37:04	06:51
3	602	Noemia Ferreira	Individual	Senior Feminino	01:43:35	+38:02	06:54
4	597	Catarina Pinto	Individual	Senior Feminino	01:47:08	+41:34	07:09
5	697	Mónica Domingues	LEBRES MINHOTAS	Senior Feminino	01:49:40	+44:07	07:19
6	590	Sílvia Sousa	Grupo Desportivo da Goma	Senior Feminino	01:50:27	+44:53	07:22
7	563	Marta Silva	Dornelas Runner	Senior Feminino	01:50:41	+45:08	07:23
8	714	Sílvia Maria da Silva Rodrigues Pinheiro	Oh Faxabor!	Senior Feminino	01:52:32	+46:59	07:30
9	229	Raquel Cristina Macedo Maia	Farmácia do Mercado team	Senior Feminino	01:54:19	+48:46	07:37
10	536	Sónia Almeida	Aventureiros	Senior Feminino	01:54:41	+49:08	07:39
11	600	Joana Martins	Individual	Senior Feminino	01:56:40	+51:07	07:47
12	702	Vera Malheiro	Los Bravos	Senior Feminino	01:57:43	+52:09	07:51
13	760	Paula Pereira	TrailLovers	Senior Feminino	01:58:57	+53:24	07:56
14	598	Isabel Dias	Individual	Senior Feminino	01:59:22	+53:48	07:57
15	712	Bruna Patricia Gonçalves da Silva	Oh Faxabor!	Senior Feminino	02:00:22	+54:48	08:01
16	512	Filipa Martins	Akuafit	Senior Feminino	02:01:31	+55:58	08:06
17	601	Liliana Simões	Individual	Senior Feminino	02:07:55	+01:02:22	08:32
18	599	Ivone Ferraz	Individual	Senior Feminino	02:09:01	+01:03:28	08:36
19	533	Carla Almeida	Aventureiros	Senior Feminino	02:12:33	+01:07:00	08:50
20	799	Adriana Araújo	Zenit AUTOMÓVEIS	Senior Feminino	02:13:50	+01:08:17	08:55
21	596	Carla Pereira	Individual	Senior Feminino	02:14:51	+01:09:18	08:59
22	546	Mafalda Teixeira Brandão	Brunotir	Senior Feminino	02:16:38	+01:11:05	09:07
23	766	Paula Vale	URBAN ACADEMY AMARES	Senior Feminino	02:16:54	+01:11:20	09:08
24	562	Inês Sousa	Dornelas Runner	Senior Feminino	02:17:39	+01:12:06	09:11
25	801	Elisabete Vieira	Zenit AUTOMÓVEIS	Senior Feminino	02:17:50	+01:12:17	09:11
26	541	Alda Rodrigues	braguinhasrunners	Senior Feminino	02:20:04	+01:14:31	09:20
27	789	MARIA JOSE TEJO	Vila Verde a Correr	Senior Feminino	02:20:19	+01:14:46	09:21
28	790	SUSANA SOUSA	Vila Verde a Correr	Senior Feminino	02:20:19	+01:14:46	09:21
29	713	Isilda Manuela Silva Oliveira	Oh Faxabor!	Senior Feminino	02:20:23	+01:14:50	09:22
30	501	Estela Macedo	#pónalama	Senior Feminino	02:20:46	+01:15:12	09:23
31	542	Ana Cadoso	braguinhasrunners	Senior Feminino	02:20:47	+01:15:14	09:23
32	502	Luciana Rodrigues	#pónalama	Senior Feminino	02:20:48	+01:15:15	09:23
33	704	Albertina Gonçalves	LOUSADA RUNNERS	Senior Feminino	02:27:51	+01:22:17	09:51
34	544	Daniela Alexandra Ribeiro Lopes	Brunotir	Senior Feminino	02:32:56	+01:27:22	10:12
35	545	Florinda Vieira da Silva	Brunotir	Senior Feminino	02:32:57	+01:27:24	10:12
36	547	Maria Florinda da Silva Malheiro	Brunotir	Senior Feminino	02:32:59	+01:27:26	10:12
37	595	Ana Rita Gonçalves	Individual	Senior Feminino	02:44:29	+01:38:55	10:58
38	800	ANA MARIA	Zenit AUTOMÓVEIS	Senior Feminino	03:22:38	+02:17:05	13:31
39	767	Susana Silva	URBAN ACADEMY AMARES	Senior Feminino	03:46:10	+02:40:37	15:05

15KM
15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

5	567	Francisco Faria	Dornelas Runner	Sub 25 Masculino	01:54:28	+48:54	07:38
6	690	Mario Jorge Sousa da Cunha	Junta de Freguesia de Caires	Sub 25 Masculino	01:54:46	+49:13	07:39
7	719	João Macedo	Os Afogados	Sub 25 Masculino	02:32:13	+01:26:40	10:09
8	778	PEDRO ALMEIDA SOARES	URBAN ACADEMY AMARES	Sub 25 Masculino	02:40:37	+01:35:04	10:43
9	558	João Gabriel Almeida de Souza	Casa do Povo de Vale do Cávado	Sub 25 Masculino	03:39:56	+02:34:23	14:40

Veterana F40

1	506	Tania Covas Costa	. COM-Clube Ori Minho	Veterana F40	01:23:46	+18:13	05:35
2	519	Eliana Pereira	Alexandra Carvalho Team	Veterana F40	01:28:53	+23:20	05:56
3	732	Elisabete Ministro	Palmeira Runners	Veterana F40	01:35:32	+29:59	06:22
4	636	Carla Ferreira	Individual	Veterana F40	01:42:51	+37:18	06:51
5	794	PAULA SOUSA	Vila Verde a Correr	Veterana F40	01:43:24	+37:50	06:54
6	520	Solange Cabral	Alexandra Carvalho Team	Veterana F40	01:43:31	+37:58	06:54
7	780	Olívia	URBAN ACADEMY AMARES	Veterana F40	01:45:44	+40:10	07:03
8	698	Isabel Domingues	LEBRES MINHOTAS	Veterana F40	01:49:14	+43:41	07:17
9	847	Matilde Ferreira	Individual	Veterana F40	01:49:49	+44:16	07:19
10	514	Elsa Nazaré Silva Ferreira	Akuafit	Veterana F40	01:49:50	+44:17	07:19
11	644	Isaura Veloso	Individual	Veterana F40	01:50:17	+44:44	07:21
12	591	Paula Soares	Grupo Desportivo da Goma	Veterana F40	01:50:20	+44:47	07:21
13	642	Helena	Individual	Veterana F40	01:51:15	+45:42	07:25
14	733	Susana Vidal	Palmeira Runners	Veterana F40	01:52:48	+47:14	07:31
15	633	Amândia Alves	Individual	Veterana F40	01:53:54	+48:20	07:36
16	543	Elisabete Borges	braguinhasrunners	Veterana F40	01:54:47	+49:13	07:39
17	650	PAULA CARNEIRO	Individual	Veterana F40	01:56:40	+51:07	07:47
18	645	Lurdes Magalhaes	Individual	Veterana F40	01:58:44	+53:11	07:55
19	818	Lúcia Corucho	Zenit AUTOMÓVEIS	Veterana F40	01:59:48	+54:14	07:59
20	730	Carla Cardoso	Os dois	Veterana F40	02:00:11	+54:38	08:01
21	647	Marlene Costa	Individual	Veterana F40	02:00:14	+54:40	08:01
22	254	Maria José Gomes Oliveira	Trogloditas Runners	Veterana F40	02:01:53	+56:20	08:08
23	761	Sara Barros Soares	TrailLovers	Veterana F40	02:05:54	+01:00:20	08:24
24	641	Francina Gonçalves	Individual	Veterana F40	02:06:23	+01:00:50	08:26
25	648	monica Silva	Individual	Veterana F40	02:06:39	+01:01:06	08:27
26	779	Marília Soares	URBAN ACADEMY AMARES	Veterana F40	02:07:33	+01:02:00	08:30
27	721	Mafalda Cruz	Os Afogados	Veterana F40	02:07:42	+01:02:09	08:31
28	649	Norberta Grilo	Individual	Veterana F40	02:08:17	+01:02:44	08:33
29	631	Alda Cristina Faustino	Individual	Veterana F40	02:08:56	+01:03:22	08:36
30	638	Carolina Fernandes	Individual	Veterana F40	02:08:56	+01:03:22	08:36
31	651	Rosa Alves	Individual	Veterana F40	02:10:11	+01:04:38	08:41
32	639	Elisabete Santos	Individual	Veterana F40	02:10:11	+01:04:38	08:41
33	652	Sílvia de Barros	Individual	Veterana F40	02:15:21	+01:09:48	09:01
34	722	Mónica Maia	Os Afogados	Veterana F40	02:16:43	+01:11:10	09:07
35	570	Conceição Ribeiro	Dornelas Runner	Veterana F40	02:17:39	+01:12:06	09:11
36	572	Natália Guimarães	Dornelas Runner	Veterana F40	02:17:42	+01:12:08	09:11
37	634	Ana Rito	Individual	Veterana F40	02:19:39	+01:14:06	09:19
38	569	Augusta Alves	Dornelas Runner	Veterana F40	02:19:40	+01:14:07	09:19

15KM**15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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39	568	Amélia Guimarães	Dornelas Runner	Veterana F40	02:19:42	+01:14:08	09:19
40	795	SANDRA SOARES	Vila Verde a Correr	Veterana F40	02:20:21	+01:14:48	09:21
41	571	Luísa Fonseca	Dornelas Runner	Veterana F40	02:21:00	+01:15:27	09:24
42	762	Susana Moura	TrailLovers	Veterana F40	02:21:39	+01:16:05	09:27
43	635	Andreza Soares	Individual	Veterana F40	02:25:20	+01:19:46	09:41
44	640	EVA SILVA	Individual	Veterana F40	02:32:06	+01:26:33	10:08
45	781	SILVIA JULIETA MORAIS FERNANDE	URBAN ACADEMY AMARES	Veterana F40	02:37:29	+01:31:56	10:30
46	720	Carla Macedo	Os Afogados	Veterana F40	02:39:42	+01:34:09	10:39
47	693	Odília Manuela Brandão da Costa	Junta de Freguesia de Caires	Veterana F40	02:41:33	+01:36:00	10:46
48	692	Maria Manuela Batista de Carvalho	Junta de Freguesia de Caires	Veterana F40	02:41:35	+01:36:02	10:46
49	710	Eliana	Nós	Veterana F40	02:41:37	+01:36:04	10:47
50	509	ANA AFONSO	100meta	Veterana F40	03:04:08	+01:58:34	12:17
51	510	MARLENE MOREIRA	100meta	Veterana F40	03:04:08	+01:58:34	12:17
52	637	Carla palmeiro	Individual	Veterana F40	03:05:34	+02:00:00	12:22
53	646	Maria Ermelinda Garcia	Individual	Veterana F40	03:05:38	+02:00:05	12:23
54	831	MANUELA Fernandes	Zenit AUTOMÓVEIS	Veterana F40	03:22:40	+02:17:07	13:31
55	559	Nuna Conceição Almeida	Casa do Povo de Vale do Cávado	Veterana F40	03:39:56	+02:34:23	14:40
56	743	Carla Maria da Costa Barbosa	SEGSIL-Funaná TEAM	Veterana F40	03:51:21	+02:45:48	15:25
57	744	MÓNICA CORREIA DE CARVALHO EIRAS	SEGSIL-Funaná TEAM	Veterana F40	03:52:03	+02:46:30	15:28
58	745	SANDRA HELENA ALMEIDA MAGALHÃES	SEGSIL-Funaná TEAM	Veterana F40	03:52:04	+02:46:30	15:28

Veterana F50

1	511	ADRIANA ABREU	100meta	Veterana F50	01:46:20	+40:47	07:05
2	845	Elisabete Pereira	Alexandra Carvalho Team	Veterana F50	02:01:04	+55:31	08:04
3	653	Cristina Correia	Individual	Veterana F50	02:16:23	+01:10:49	09:06
4	654	Etelvina Gonçalves	Individual	Veterana F50	02:47:15	+01:41:41	11:09

Veterano M40

1	796	AVELINO MACEDO	Vila Verde a Correr	Veterano M40	01:05:33		04:22
2	560	Nuno Lemos	Clube Atletismo Fafe	Veterano M40	01:06:49	+01:16	04:27
3	797	JOAO MARTINS	Vila Verde a Correr	Veterano M40	01:09:36	+04:02	04:38
4	671	Malheiro Jorge	Individual	Veterano M40	01:13:00	+07:26	04:52
5	756	João Pimentel	Terminal Coimbra	Veterano M40	01:15:01	+09:28	05:00
6	759	Nuno Ferreira	TRAIL ME	Veterano M40	01:15:17	+09:44	05:01
7	673	Paulo Macedo	Individual	Veterano M40	01:17:39	+12:06	05:11
8	735	Vitor Faria	Palmeira Runners	Veterano M40	01:18:26	+12:53	05:14
9	734	José Manuel Costa	Palmeira Runners	Veterano M40	01:20:49	+15:16	05:23
10	660	Carlos Nogueira	Individual	Veterano M40	01:23:22	+17:49	05:33
11	575	José Paredes	Dornelas Runner	Veterano M40	01:26:30	+20:57	05:46
12	593	Victor Marçal Fernandes	Grupo Desportivo da Goma	Veterano M40	01:26:37	+21:04	05:47
13	658	artur jorge fernandes	Individual	Veterano M40	01:26:44	+21:11	05:47
14	830	Paulo Azevedo	Zenit AUTOMÓVEIS	Veterano M40	01:27:10	+21:36	05:49

15KM
15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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15	574	Jorge Vieira	Dornelas Runner	Veterano M40	01:29:30	+23:57	05:58
16	820	Alexandre Barbosa	Zenit AUTOMÓVEIS	Veterano M40	01:30:12	+24:38	06:01
17	670	Luís Filipe Vieira Soares	Individual	Veterano M40	01:33:07	+27:34	06:13
18	822	Carlos Alves	Zenit AUTOMÓVEIS	Veterano M40	01:33:13	+27:39	06:13
19	707	Ricardo Oliveira	Monte acima - sempre rijos	Veterano M40	01:35:25	+29:52	06:22
20	738	Filipe Gomes	Pés de Chumbo Runners	Veterano M40	01:35:47	+30:14	06:23
21	851	Pedro Pereira	CARCLASSE-MERCEDES	Veterano M40	01:36:01	+30:28	06:24
22	763	Filipe Bento	Travassós Running Fafe	Veterano M40	01:37:23	+31:49	06:30
23	667	Francisco Silva 1	Individual	Veterano M40	01:37:29	+31:56	06:30
24	516	Hugo Silva	Akuafit	Veterano M40	01:37:31	+31:58	06:30
25	784	LUIS ANTONIO FERREIRA FERNANDES	URBAN ACADEMY AMARES	Veterano M40	01:38:19	+32:46	06:33
26	661	Cristiano Guimarães	Individual	Veterano M40	01:39:18	+33:45	06:37
27	826	Antonio Pinheiro	Zenit AUTOMÓVEIS	Veterano M40	01:39:25	+33:52	06:38
28	724	Nuno Araújo	Os Afogados	Veterano M40	01:40:03	+34:29	06:40
29	723	Augusto Rodrigues	Os Afogados	Veterano M40	01:40:03	+34:30	06:40
30	783	FILIPPE RIBEIRO DA SILVA	URBAN ACADEMY AMARES	Veterano M40	01:40:03	+34:30	06:40
31	525	Filipe Lima	Alexandra Carvalho Team	Veterano M40	01:42:05	+36:32	06:48
32	828	José Cruz	Zenit AUTOMÓVEIS	Veterano M40	01:42:38	+37:04	06:51
33	821	Cândido Silva	Zenit AUTOMÓVEIS	Veterano M40	01:43:21	+37:48	06:53
34	515	Agostinho Pereira	Akuafit	Veterano M40	01:43:51	+38:17	06:55
35	524	Edgar de Sousa	Alexandra Carvalho Team	Veterano M40	01:45:59	+40:26	07:04
36	523	ANTONIO FERNANDES	Alexandra Carvalho Team	Veterano M40	01:46:52	+41:19	07:08
37	676	Ricardo Vilela	Individual	Veterano M40	01:47:25	+41:51	07:10
38	573	Domingos Carvalho	Dornelas Runner	Veterano M40	01:48:03	+42:29	07:12
39	863	Nuno Gonçalves	Individual	Veterano M40	01:49:02	+43:28	07:16
40	829	Mário Malheiro	Zenit AUTOMÓVEIS	Veterano M40	01:49:06	+43:33	07:16
41	739	Manuel Carvalho	Pés de Chumbo Runners	Veterano M40	01:49:15	+43:41	07:17
42	557	Carlos Mira	CASA DA TAPADA	Veterano M40	01:49:40	+44:06	07:19
43	689	Sergio Freitas	Joy4Fun	Veterano M40	01:50:45	+45:12	07:23
44	668	Jaime Ribeiro	Individual	Veterano M40	01:50:45	+45:12	07:23
45	823	Filipe Barros	Zenit AUTOMÓVEIS	Veterano M40	01:50:56	+45:23	07:24
46	695	Domingos Manuel Martins Pinto	Junta de Freguesia de Caires	Veterano M40	01:51:04	+45:31	07:24
47	672	Nuno Barroso	Individual	Veterano M40	01:54:30	+48:57	07:38
48	700	José De Macedo	Les amis traileurs	Veterano M40	01:55:31	+49:58	07:42
49	699	Gregori Deniau	Les amis traileurs	Veterano M40	01:55:31	+49:58	07:42
50	703	David Paiva	Los Bravos	Veterano M40	01:57:42	+52:09	07:51
51	522	ADELINO AIRES	Alexandra Carvalho Team	Veterano M40	01:58:46	+53:12	07:55
52	663	daniel Vilela	Individual	Veterano M40	02:00:14	+54:41	08:01
53	504	António Machado	#pónalama	Veterano M40	02:01:33	+55:59	08:06
54	526	JOSE FERNANDES	Alexandra Carvalho Team	Veterano M40	02:05:55	+01:00:22	08:24
55	657	Armando Gonçalves	Individual	Veterano M40	02:06:23	+01:00:50	08:26
56	785	Paulo Ferreira	URBAN ACADEMY AMARES	Veterano M40	02:07:33	+01:02:00	08:30
57	677	Sebastien Simões	Individual	Veterano M40	02:07:55	+01:02:22	08:32
58	528	Rui Maciel	Alexandra Carvalho Team	Veterano M40	02:10:01	+01:04:27	08:40
59	539	Adelino Fernandes	Aventureiros	Veterano M40	02:12:35	+01:07:02	08:50
60	726	Ricardo Pinto	Os Afogados	Veterano M40	02:15:14	+01:09:41	09:01

Official Timekeeper: Lap2Go	6 / 7	generate 25-Nov-2019 14:49
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