# Wild Challenge Cascais
## Cascais, PT
## 02-December-2018

## ELITE - STAGE 1

## 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | Time | Temperature | Humidity |
|---|---|---|---|
| Start | 09:20 | 9.9ºC | 93% |
| End | 12:45 | 9.9ºC | 93% |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 1 | 271 | Samuel Castela | wild challenge | Veterano M30 | 51:41 | | 05:10 |
| 2 | 253 | José Silva | rope pro team | Veterano M30 | 53:53 | +02:12 | 05:23 |
| 3 | 4 | Duarte Alves | wild challenge | Sub 25 Masculino | 56:15 | +04:33 | 05:38 |
| 4 | 256 | Tiago Francisco Marques Duarte | spald ginásios | Senior Masculino | 57:17 | +05:35 | 05:44 |
| 5 | 25 | Ricardo Bio | liga ocr | Veterano M30 | 01:02:46 | +11:05 | 06:17 |
| 6 | 285 | Paulo Lopes | individual | Veterano M40 | 01:03:59 | +12:17 | 06:24 |
| 7 | 17 | Bruno Freiria Fernández | individual | Veterano M30 | 01:04:24 | +12:42 | 06:26 |
| 8 | 137 | Steve Prazeres | crossfit alphaden | Sub 25 Masculino | 01:04:25 | +12:44 | 06:27 |
| 9 | 166 | Ricardo Gaspar | individual | Senior Masculino | 01:04:49 | +13:07 | 06:29 |
| 10 | 183 | Bruno Castro | individual | Veterano M35 | 01:05:11 | +13:30 | 06:31 |
| 11 | 130 | André Silva | bushiway | Veterano M30 | 01:05:20 | +13:39 | 06:32 |
| 12 | 31 | Rui Costa | ocr norte challenge | Veterano M35 | 01:06:03 | +14:22 | 06:36 |
| 13 | 207 | Ricardo Vitorino | individual | Veterano M35 | 01:06:16 | +14:34 | 06:38 |
| 14 | 24 | Rui Loureiro | liga ocr | Veterano M35 | 01:06:43 | +15:01 | 06:40 |
| 15 | 243 | Helder Rodrigues | ocr police challenge | Veterano M35 | 01:07:00 | +15:19 | 06:42 |
| 16 | 21 | Pedro Palma | liga ocr | Veterano M30 | 01:07:10 | +15:28 | 06:43 |
| 17 | 173 | João Miguel Miranda | individual | Veterano M45 | 01:07:12 | +15:30 | 06:43 |
| 18 | 244 | José Tiago Ferreira Gonçalves | ocr portugal lab | Veterano M30 | 01:07:48 | +16:06 | 06:47 |
| 19 | 250 | Paulo Monteiro | ocr portugal lab | Veterano M40 | 01:08:11 | +16:29 | 06:49 |
| 20 | 7 | Sérgio Correia | #aminhamaenaodeixa | Veterano M30 | 01:08:36 | +16:55 | 06:52 |
| 21 | 291 | Rui Figueiredo | alquimia health club | Senior Masculino | 01:08:53 | +17:11 | 06:53 |
| 22 | 238 | Marco Lopes | ocr norte challenge | Veterano M35 | 01:09:04 | +17:22 | 06:54 |
| 23 | 57 | Francisco Fernandes | urban fit race - btm | Veterano M30 | 01:09:30 | +17:49 | 06:57 |
| 24 | 237 | Bruno Sampaio | ocr norte challenge | Veterano M30 | 01:09:36 | +17:55 | 06:58 |
| 25 | 22 | Toni Bento | liga ocr | Veterano M40 | 01:10:05 | +18:23 | 07:01 |
| 26 | 293 | Rui Cunha | ocr lab | Veterano M40 | 01:10:59 | +19:18 | 07:06 |
| 27 | 56 | André Gomes | ocr portugal lab | Veterano M30 | 01:11:23 | +19:42 | 07:08 |
| 28 | 60 | Pedro Aleixo | urban obstacles | Senior Masculino | 01:11:26 | +19:44 | 07:09 |
| 29 | 12 | Jorge Rodrigues | esquadrão +fit | Sub 25 Masculino | 01:12:15 | +20:33 | 07:14 |
| 30 | 276 | António Teles | wild challenge | Veterano M35 | 01:12:36 | +20:54 | 07:16 |
| 31 | 9 | Rómulo Fernandes | #aminhamaenaodeixa | Senior Masculino | 01:12:51 | +21:09 | 07:17 |
| 32 | 18 | Joao paulo silva santos27 | individual | Veterano M40 | 01:13:15 | +21:33 | 07:20 |
| 33 | 131 | Elisa de La Cruz | bushiway | Veterana F30 | 01:13:30 | +21:49 | 07:21 |
| 34 | 39 | Sérgio Paiva Ramos | ocr portugal lab | Veterano M45 | 01:13:53 | +22:11 | 07:23 |
| 35 | 13 | Joao Perneco | grupo desportivo santander totta | Veterano M45 | 01:15:20 | +23:38 | 07:32 |
| 36 | 259 | Bruno Carriço | spald ginásios | Veterano M30 | 01:15:38 | +23:56 | 07:34 |
| 37 | 104 | Paulo Ferreira | #aminhamaenaodeixa | Veterano M35 | 01:16:42 | +25:01 | 07:40 |
| 38 | 201 | Luis carlos da silva casaca | individual | Veterano M30 | 01:17:30 | +25:49 | 07:45 |
| 39 | 28 | Alcino Cesar | ocr lab | Veterano M40 | 01:17:30 | +25:49 | 07:45 |
| 40 | 132 | Kevin Ramos | bushiway | Senior Masculino | 01:17:41 | +25:59 | 07:46 |
| 41 | 211 | NEUTON MARQUES | individual | Veterano M35 | 01:18:06 | +26:24 | 07:49 |

## ELITE - STAGE 1

## 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 42 | 194 | Bruno Silvestre Morouço | individual | Senior Masculino | 01:18:26 | +26:44 | 07:51 |
| 43 | 20 | José Pedro Magalhães | individual | Veterano M40 | 01:19:06 | +27:25 | 07:55 |
| 44 | 2 | Sofia Lobo | wild challenge | Senior Feminino | 01:19:15 | +27:33 | 07:56 |
| 45 | 150 | André Augusto Machado Figueiredo Santos | goodfellas wiseguys | Veterano M30 | 01:19:19 | +27:38 | 07:56 |
| 46 | 16 | Miguel Silva | individual | Senior Masculino | 01:19:46 | +28:05 | 07:59 |
| 47 | 49 | João Branco | ocr portugal lab | Senior Masculino | 01:19:49 | +28:07 | 07:59 |
| 48 | 14 | Filipe Nunes | individual | Veterano M35 | 01:20:15 | +28:34 | 08:02 |
| 49 | 142 | Guilherme Neves | crossfit alphaden | Veterano M30 | 01:20:40 | +28:58 | 08:04 |
| 50 | 209 | Fernando Alves | individual | Veterano M45 | 01:20:58 | +29:16 | 08:06 |
| 51 | 252 | Nuno Miguel Vaz de Carvalho | ocr portugal lab | Veterano M30 | 01:21:23 | +29:42 | 08:08 |
| 52 | 123 | José Carvalho | bear cave trail-ocr | Veterano M30 | 01:21:39 | +29:57 | 08:10 |
| 53 | 160 | Nuno Geraldes Barba | individual | Veterano M35 | 01:22:55 | +31:13 | 08:18 |
| 54 | 141 | António Pires | crossfit alphaden | Veterano M50 | 01:23:18 | +31:36 | 08:20 |
| 55 | 188 | Mauro Fonseca | individual | Veterano M35 | 01:23:25 | +31:43 | 08:21 |
| 56 | 240 | Ricardo Portugal | ocr police challenge | Veterano M35 | 01:25:30 | +33:49 | 08:33 |
| 57 | 239 | Hugo Magalhães | ocr police challenge | Veterano M30 | 01:25:39 | +33:57 | 08:34 |
| 58 | 154 | Miguel Frias | hut elite | Veterano M40 | 01:27:03 | +35:22 | 08:42 |
| 59 | 284 | Ricardo Gonçalves | ocr portugal lab | Veterano M30 | 01:27:22 | +35:41 | 08:44 |
| 60 | 195 | Paulo Calmeiro | individual | Senior Masculino | 01:28:37 | +36:55 | 08:52 |
| 61 | 261 | Hugo Martins | team é nóis! | Senior Masculino | 01:31:58 | +40:17 | 09:12 |
| 62 | 265 | João Marques Correia | team é nóis! | Senior Masculino | 01:31:59 | +40:18 | 09:12 |
| 63 | 43 | Daniel ALmeida | ocr portugal lab | Veterano M40 | 01:35:50 | +44:08 | 09:35 |
| 64 | 158 | Carlos André Mota | individual | Veterano M30 | 01:36:18 | +44:36 | 09:38 |
| 65 | 120 | Pepe Frois | a20km - desportos de montanha | Veterano M30 | 01:37:37 | +45:55 | 09:46 |
| 66 | 241 | Miguel Ribeiro | ocr police challenge | Veterano M30 | 01:38:52 | +47:11 | 09:53 |
| 67 | 155 | Filipe Moreira Alves | individual | Veterano M30 | 01:41:57 | +50:15 | 10:12 |
| 68 | 224 | Sérgio Neves | limited edition | Veterano M40 | 01:43:18 | +51:36 | 10:20 |
| 69 | 196 | Luis Saraiva | individual | Veterano M30 | 01:44:01 | +52:20 | 10:24 |
| 70 | 10 | Maryna Taryba | #aminhamaenaodeixa | Veterana F30 | 01:45:34 | +53:52 | 10:33 |
| 71 | 235 | Rafael Almeida | ocr norte challenge | Veterano M35 | 01:47:05 | +55:23 | 10:43 |
| 72 | 221 | Filipe Rodrigues Gouveia | limited edition | Veterano M30 | 01:48:30 | +56:48 | 10:51 |
| 73 | 118 | Helder Domingos | a20km - desportos de montanha | Veterano M35 | 01:50:15 | +58:33 | 11:02 |
| 74 | 176 | Tiago Veríssimo | individual | Veterano M30 | 01:50:34 | +58:52 | 11:03 |
| 75 | 32 | João Carlos | ocr norte challenge | Veterano M35 | 01:50:59 | +59:18 | 11:06 |
| 76 | 217 | Cesar Duarte | limited edition | Veterano M35 | 01:51:16 | +59:34 | 11:08 |
| 77 | 44 | Gisela Pinhal | ocr portugal lab | Veterana F35 | 01:57:51 | +01:06:09 | 11:47 |
| 78 | 50 | Tania Serrao | ocr portugal lab | Veterana F35 | 01:58:58 | +01:07:16 | 11:54 |
| 79 | 210 | ANA BOTAS | individual | Veterana F35 | 01:59:09 | +01:07:27 | 11:55 |
| 80 | 42 | Angela Ramalho | ocr portugal lab | Veterana F40 | 01:59:47 | +01:08:06 | 11:59 |
| 81 | 46 | Elizabete Santos | ocr portugal lab | Veterana F45 | 02:02:35 | +01:10:53 | 12:16 |
| 82 | 144 | Tiago Luis | crossfit alphaden | Senior Masculino | 02:05:10 | +01:13:28 | 12:31 |
| 83 | 145 | Inês Custòdio | crossfit alphaden | Senior Feminino | 02:05:10 | +01:13:29 | 12:31 |
| 84 | 35 | Adriana Neves | ocr norte challenge | Veterana F35 | 02:11:12 | +01:19:31 | 13:07 |
| 85 | 33 | Miguel Silva | ocr norte challenge | Veterano M35 | 02:11:12 | +01:19:31 | 13:07 |
| 86 | 189 | Gonçalo Silva | individual | Veterano M40 | 02:11:21 | +01:19:39 | 13:08 |

## ELITE - STAGE 1

## 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 87 | 122 | Rafael Fernandes | artistas | Veterano M30 | 02:13:10 | +01:21:28 | 13:19 |
| 88 | 197 | Miguel Seoane | individual | Veterano M35 | 02:13:43 | +01:22:01 | 13:22 |
| 89 | 170 | Nuno Cabaço | individual | Veterano M35 | 02:17:35 | +01:25:53 | 13:46 |
| 90 | 152 | Mário José Tavares Mendes | goodfellas wiseguys | Veterano M35 | 02:18:04 | +01:26:23 | 13:48 |
| 91 | 249 | João Agante | ocr portugal lab | Veterano M35 | 02:21:14 | +01:29:32 | 14:07 |
| 92 | 112 | Carlota Joaquina | 3xs | Veterana F30 | 02:22:45 | +01:31:04 | 14:17 |
| 93 | 128 | Jorge Ornelas | bjr team | Senior Masculino | 02:23:06 | +01:31:24 | 14:19 |
| 94 | 129 | Luís Rodrigues | bjr team | Veterano M35 | 02:23:37 | +01:31:55 | 14:22 |
| 95 | 138 | ALVARO MAMZO | crossfit alphaden | Veterano M40 | 02:23:38 | +01:31:57 | 14:22 |
| 96 | 198 | Gonçalo Maia | individual | Veterano M35 | 02:24:38 | +01:32:57 | 14:28 |
| 97 | 260 | Hugo Reis | spald ginásios | Veterano M30 | 02:26:09 | +01:34:27 | 14:37 |
| 98 | 193 | Carlos Francisco | individual | Senior Masculino | 02:32:41 | +01:40:59 | 15:16 |
| 99 | 192 | Carlos Manuel Pedro Figueira | individual | Veterano M40 | 02:41:18 | +01:49:36 | 16:08 |
| 100 | 168 | Manuel Weber | individual | Veterano M50 | 02:44:01 | +01:52:19 | 16:24 |
| 101 | 203 | João Rodrigues | individual | Sub 25 Masculino | 02:44:01 | +01:52:19 | 16:24 |
| 102 | 58 | Diana Ferreira | urban fit race - btm | Veterana F35 | 02:49:44 | +01:58:02 | 16:58 |
| 103 | 268 | Sara Magalhães | team é nóis! | Veterana F40 | 02:57:59 | +02:06:18 | 17:48 |
| 104 | 222 | Patricia Isabel Montes | limited edition | Senior Feminino | 03:05:54 | +02:14:12 | 18:35 |
| 105 | 202 | Hudson Eloiz Brito Viana | individual | Veterano M35 | 03:14:01 | +02:22:19 | 19:24 |
| 106 | 219 | Sara Inês Assunção André | limited edition | Veterana F30 | 03:20:05 | +02:28:23 | 20:01 |
| 107 | 220 | Iris Tatiana matos rocha Cabral da Silva | limited edition | Senior Feminino | 03:20:05 | +02:28:23 | 20:01 |
| 108 | 225 | Ana Sofia Valerio Bolas | limited edition | Senior Feminino | 03:20:05 | +02:28:24 | 20:01 |
| 109 | 51 | Diana Carpinteiro | ocr portugal lab | Veterana F30 | 03:25:37 | +02:33:55 | 20:34 |

lap2go TIMING SOLUTION

# Wild Challenge Cascais
## Cascais, PT
## 02-December-2018

## Elite

## 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | Time | Temperature | Humidity |
|---|---|---|---|
| Start | 09:20 | 9.9ºC | 93% |
| End | 12:45 | 9.9ºC | 93% |

## Senior Feminino

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 1 | 2 | Sofia Lobo | Wild Challenge | Senior Feminino | 01:19:15 | +27:33 | 07:56 |
| 2 | 145 | Inês Custòdio | Crossfit AlphaDen | Senior Feminino | 02:05:10 | +01:13:29 | 12:31 |
| 3 | 222 | Patricia Isabel Montes | Limited Edition | Senior Feminino | 03:05:54 | +02:14:12 | 18:35 |
| 4 | 220 | Iris Tatiana matos rocha Cabral da Silva | Limited Edition | Senior Feminino | 03:20:05 | +02:28:23 | 20:01 |
| 5 | 225 | Ana Sofia Valerio Bolas | Limited Edition | Senior Feminino | 03:20:05 | +02:28:24 | 20:01 |

## Senior Masculino

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 256 | Tiago Francisco Marques Duarte | SPALD ginásios | Senior Masculino | 57:17 | +05:35 | 05:44 |
| 2 | 166 | Ricardo Gaspar | Individual | Senior Masculino | 01:04:49 | +13:07 | 06:29 |
| 3 | 291 | Rui Figueiredo | Alquimia Health Club | Senior Masculino | 01:08:53 | +17:11 | 06:53 |
| 4 | 60 | Pedro Aleixo | Urban Obstacles | Senior Masculino | 01:11:26 | +19:44 | 07:09 |
| 5 | 9 | Rómulo Fernandes | #aminhamaenaodeixa | Senior Masculino | 01:12:51 | +21:09 | 07:17 |
| 6 | 132 | Kevin Ramos | BushiWay | Senior Masculino | 01:17:41 | +25:59 | 07:46 |
| 7 | 194 | Bruno Silvestre Morouço | Individual | Senior Masculino | 01:18:26 | +26:44 | 07:51 |
| 8 | 16 | Miguel Silva | Individual | Senior Masculino | 01:19:46 | +28:05 | 07:59 |
| 9 | 49 | João Branco | OCR Portugal Lab | Senior Masculino | 01:19:49 | +28:07 | 07:59 |
| 10 | 195 | Paulo Calmeiro | Individual | Senior Masculino | 01:28:37 | +36:55 | 08:52 |
| 11 | 261 | Hugo Martins | TEAM É NÓIS! | Senior Masculino | 01:31:58 | +40:17 | 09:12 |
| 12 | 265 | João Marques Correia | TEAM É NÓIS! | Senior Masculino | 01:31:59 | +40:18 | 09:12 |
| 13 | 144 | Tiago Luis | Crossfit AlphaDen | Senior Masculino | 02:05:10 | +01:13:28 | 12:31 |
| 14 | 128 | Jorge Ornelas | BJR team | Senior Masculino | 02:23:06 | +01:31:24 | 14:19 |
| 15 | 193 | Carlos Francisco | Individual | Senior Masculino | 02:32:41 | +01:40:59 | 15:16 |

## Sub 25 Masculino

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 4 | Duarte Alves | Wild Challenge | Sub 25 Masculino | 56:15 | +04:33 | 05:38 |
| 2 | 137 | Steve Prazeres | Crossfit AlphaDen | Sub 25 Masculino | 01:04:25 | +12:44 | 06:27 |
| 3 | 12 | Jorge Rodrigues | Esquadrão +Fit | Sub 25 Masculino | 01:12:15 | +20:33 | 07:14 |
| 4 | 203 | João Rodrigues | Individual | Sub 25 Masculino | 02:44:01 | +01:52:19 | 16:24 |

## Veterana F30

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 131 | Elisa de La Cruz | BushiWay | Veterana F30 | 01:13:30 | +21:49 | 07:21 |
| 2 | 10 | Maryna Taryba | #aminhamaenaodeixa | Veterana F30 | 01:45:34 | +53:52 | 10:33 |
| 3 | 112 | Carlota Joaquina | 3XS | Veterana F30 | 02:22:45 | +01:31:04 | 14:17 |
| 4 | 219 | Sara Inês Assunção André | Limited Edition | Veterana F30 | 03:20:05 | +02:28:23 | 20:01 |
| 5 | 51 | Diana Carpinteiro | OCR Portugal Lab | Veterana F30 | 03:25:37 | +02:33:55 | 20:34 |

## Veterana F35

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 44 | Gisela Pinhal | OCR Portugal Lab | Veterana F35 | 01:57:51 | +01:06:09 | 11:47 |
| 2 | 50 | Tania Serrao | OCR Portugal Lab | Veterana F35 | 01:58:58 | +01:07:16 | 11:54 |
| 3 | 210 | ANA BOTAS | Individual | Veterana F35 | 01:59:09 | +01:07:27 | 11:55 |
| 4 | 35 | Adriana Neves | OCR Norte Challenge | Veterana F35 | 02:11:12 | +01:19:31 | 13:07 |
| 5 | 58 | Diana Ferreira | URBAN FIT RACE - BTM | Veterana F35 | 02:49:44 | +01:58:02 | 16:58 |

## Veterana F40

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 42 | Angela Ramalho | OCR Portugal Lab | Veterana F40 | 01:59:47 | +01:08:06 | 11:59 |
| 2 | 268 | Sara Magalhães | TEAM É NÓIS! | Veterana F40 | 02:57:59 | +02:06:18 | 17:48 |

## Veterana F45

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 46 | Elizabete Santos | OCR Portugal Lab | Veterana F45 | 02:02:35 | +01:10:53 | 12:16 |

## Veterano M30

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 271 | Samuel Castela | Wild Challenge | Veterano M30 | 51:41 | | 05:10 |
| 2 | 253 | José Silva | Rope Pro Team | Veterano M30 | 53:53 | +02:12 | 05:23 |
| 3 | 25 | Ricardo Bio | LIGA OCR | Veterano M30 | 01:02:46 | +11:05 | 06:17 |
| 4 | 17 | Bruno Freiria Fernández | Individual | Veterano M30 | 01:04:24 | +12:42 | 06:26 |
| 5 | 130 | André Silva | BushiWay | Veterano M30 | 01:05:20 | +13:39 | 06:32 |
| 6 | 21 | Pedro Palma | LIGA OCR | Veterano M30 | 01:07:10 | +15:28 | 06:43 |
| 7 | 244 | José Tiago Ferreira Gonçalves | OCR Portugal Lab | Veterano M30 | 01:07:48 | +16:06 | 06:47 |
| 8 | 7 | Sérgio Correia | #aminhamaenaodeixa | Veterano M30 | 01:08:36 | +16:55 | 06:52 |
| 9 | 57 | Francisco Fernandes | URBAN FIT RACE - BTM | Veterano M30 | 01:09:30 | +17:49 | 06:57 |
| 10 | 237 | Bruno Sampaio | OCR Norte Challenge | Veterano M30 | 01:09:36 | +17:55 | 06:58 |
| 11 | 56 | André Gomes | OCR Portugal Lab | Veterano M30 | 01:11:23 | +19:42 | 07:08 |
| 12 | 259 | Bruno Carriço | SPALD ginásios | Veterano M30 | 01:15:38 | +23:56 | 07:34 |
| 13 | 201 | Luis carlos da silva casaca | Individual | Veterano M30 | 01:17:30 | +25:49 | 07:45 |
| 14 | 150 | André Augusto Machado Figueiredo Santos | Goodfellas Wiseguys | Veterano M30 | 01:19:19 | +27:38 | 07:56 |
| 15 | 142 | Guilherme Neves | Crossfit AlphaDen | Veterano M30 | 01:20:40 | +28:58 | 08:04 |
| 16 | 252 | Nuno Miguel Vaz de Carvalho | OCR Portugal Lab | Veterano M30 | 01:21:23 | +29:42 | 08:08 |
| 17 | 123 | José Carvalho | Bear Cave Trail-OCR | Veterano M30 | 01:21:39 | +29:57 | 08:10 |
| 18 | 239 | Hugo Magalhães | OCR Police Challenge | Veterano M30 | 01:25:39 | +33:57 | 08:34 |
| 19 | 284 | Ricardo Gonçalves | OCR Portugal Lab | Veterano M30 | 01:27:22 | +35:41 | 08:44 |
| 20 | 158 | Carlos André Mota | Individual | Veterano M30 | 01:36:18 | +44:36 | 09:38 |
| 21 | 120 | Pepe Frois | A20km - Desportos de Montanha | Veterano M30 | 01:37:37 | +45:55 | 09:46 |
| 22 | 241 | Miguel Ribeiro | OCR Police Challenge | Veterano M30 | 01:38:52 | +47:11 | 09:53 |
| 23 | 155 | Filipe Moreira Alves | Individual | Veterano M30 | 01:41:57 | +50:15 | 10:12 |
| 24 | 196 | Luis Saraiva | Individual | Veterano M30 | 01:44:01 | +52:20 | 10:24 |

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 25 | 221 | Filipe Rodrigues Gouveia | Limited Edition | Veterano M30 | 01:48:30 | +56:48 | 10:51 |
| 26 | 176 | Tiago Veríssimo | Individual | Veterano M30 | 01:50:34 | +58:52 | 11:03 |
| 27 | 122 | Rafael Fernandes | Artistas | Veterano M30 | 02:13:10 | +01:21:28 | 13:19 |
| 28 | 260 | Hugo Reis | SPALD ginásios | Veterano M30 | 02:26:09 | +01:34:27 | 14:37 |

## Veterano M35

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 183 | Bruno Castro | Individual | Veterano M35 | 01:05:11 | +13:30 | 06:31 |
| 2 | 31 | Rui Costa | OCR Norte Challenge | Veterano M35 | 01:06:03 | +14:22 | 06:36 |
| 3 | 207 | Ricardo Vitorino | Individual | Veterano M35 | 01:06:16 | +14:34 | 06:38 |
| 4 | 24 | Rui Loureiro | LIGA OCR | Veterano M35 | 01:06:43 | +15:01 | 06:40 |
| 5 | 243 | Helder Rodrigues | OCR Police Challenge | Veterano M35 | 01:07:00 | +15:19 | 06:42 |
| 6 | 238 | Marco Lopes | OCR Norte Challenge | Veterano M35 | 01:09:04 | +17:22 | 06:54 |
| 7 | 276 | António Teles | Wild Challenge | Veterano M35 | 01:12:36 | +20:54 | 07:16 |
| 8 | 104 | Paulo Ferreira | #aminhamaenaodeixa | Veterano M35 | 01:16:42 | +25:01 | 07:40 |
| 9 | 211 | NEUTON MARQUES | Individual | Veterano M35 | 01:18:06 | +26:24 | 07:49 |
| 10 | 14 | Filipe Nunes | Individual | Veterano M35 | 01:20:15 | +28:34 | 08:02 |
| 11 | 160 | Nuno Geraldes Barba | Individual | Veterano M35 | 01:22:55 | +31:13 | 08:18 |
| 12 | 188 | Mauro Fonseca | Individual | Veterano M35 | 01:23:25 | +31:43 | 08:21 |
| 13 | 240 | Ricardo Portugal | OCR Police Challenge | Veterano M35 | 01:25:30 | +33:49 | 08:33 |
| 14 | 235 | Rafael Almeida | OCR Norte Challenge | Veterano M35 | 01:47:05 | +55:23 | 10:43 |
| 15 | 118 | Helder Domingos | A20km - Desportos de Montanha | Veterano M35 | 01:50:15 | +58:33 | 11:02 |
| 16 | 32 | João Carlos | OCR Norte Challenge | Veterano M35 | 01:50:59 | +59:18 | 11:06 |
| 17 | 217 | Cesar Duarte | Limited Edition | Veterano M35 | 01:51:16 | +59:34 | 11:08 |
| 18 | 33 | Miguel Silva | OCR Norte Challenge | Veterano M35 | 02:11:12 | +01:19:31 | 13:07 |
| 19 | 197 | Miguel Seoane | Individual | Veterano M35 | 02:13:43 | +01:22:01 | 13:22 |
| 20 | 170 | Nuno Cabaço | Individual | Veterano M35 | 02:17:35 | +01:25:53 | 13:46 |
| 21 | 152 | Mário José Tavares Mendes | Goodfellas Wiseguys | Veterano M35 | 02:18:04 | +01:26:23 | 13:48 |
| 22 | 249 | João Agante | OCR Portugal Lab | Veterano M35 | 02:21:14 | +01:29:32 | 14:07 |
| 23 | 129 | Luís Rodrigues | BJR team | Veterano M35 | 02:23:37 | +01:31:55 | 14:22 |
| 24 | 198 | Gonçalo Maia | Individual | Veterano M35 | 02:24:38 | +01:32:57 | 14:28 |
| 25 | 202 | Hudson Eloiz Brito Viana | Individual | Veterano M35 | 03:14:01 | +02:22:19 | 19:24 |

## Veterano M40

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 285 | Paulo Lopes | Individual | Veterano M40 | 01:03:59 | +12:17 | 06:24 |
| 2 | 250 | Paulo Monteiro | OCR Portugal Lab | Veterano M40 | 01:08:11 | +16:29 | 06:49 |
| 3 | 22 | Toni Bento | LIGA OCR | Veterano M40 | 01:10:05 | +18:23 | 07:01 |
| 4 | 293 | Rui Cunha | OCR lab | Veterano M40 | 01:10:59 | +19:18 | 07:06 |
| 5 | 18 | Joao paulo silva santos27 | Individual | Veterano M40 | 01:13:15 | +21:33 | 07:20 |
| 6 | 28 | Alcino Cesar | OCR lab | Veterano M40 | 01:17:30 | +25:49 | 07:45 |
| 7 | 20 | José Pedro Magalhães | Individual | Veterano M40 | 01:19:06 | +27:25 | 07:55 |
| 8 | 154 | Miguel Frias | Hut elite | Veterano M40 | 01:27:03 | +35:22 | 08:42 |
| 9 | 43 | Daniel ALmeida | OCR Portugal Lab | Veterano M40 | 01:35:50 | +44:08 | 09:35 |
| 10 | 224 | Sérgio Neves | Limited Edition | Veterano M40 | 01:43:18 | +51:36 | 10:20 |
| 11 | 189 | Gonçalo Silva | Individual | Veterano M40 | 02:11:21 | +01:19:39 | 13:08 |

## Elite

**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

**OFFICIAL RESULT**

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 12 | 138 | ALVARO MAMZO | Crossfit AlphaDen | Veterano M40 | 02:23:38 | +01:31:57 | 14:22 |
| 13 | 192 | Carlos Manuel Pedro Figueira | Individual | Veterano M40 | 02:41:18 | +01:49:36 | 16:08 |

## Veterano M45

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 173 | João Miguel Miranda | Individual | Veterano M45 | 01:07:12 | +15:30 | 06:43 |
| 2 | 39 | Sérgio Paiva Ramos | OCR Portugal Lab | Veterano M45 | 01:13:53 | +22:11 | 07:23 |
| 3 | 13 | Joao Perneco | GRUPO DESPORTIVO SANTANDER TOTTA | Veterano M45 | 01:15:20 | +23:38 | 07:32 |
| 4 | 209 | Fernando Alves | Individual | Veterano M45 | 01:20:58 | +29:16 | 08:06 |

## Veterano M50

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 141 | António Pires | Crossfit AlphaDen | Veterano M50 | 01:23:18 | +31:36 | 08:20 |
| 2 | 168 | Manuel Weber | Individual | Veterano M50 | 02:44:01 | +01:52:19 | 16:24 |