



**TRAIL ULTRA - STAGE 1**

**50 KM**



**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	190	Nuno Araujo	olímpico vianense trail	Veterano M40	05:22:02	+01:12:07	06:26
42	70	Vitor Cardoso	ctad-trilhos de cinfães	Veterano M40	05:24:43	+01:14:48	06:30
43	48	Sergio Araujo	btt - brothers trail team	Senior Masculino	05:24:51	+01:14:57	06:30
44	85	PEDRO CALDAS	edv-viana trail	Veterano M40	05:25:27	+01:15:32	06:31
45	18	Pedro Dourado	águas de alvelos	Senior Masculino	05:26:06	+01:16:11	06:31
46	34	Nuno Lomba	apúlia a correr	Senior Masculino	05:26:28	+01:16:33	06:32
47	153	Pedro Costa	individual	Veterano M40	05:26:50	+01:16:55	06:32
48	73	Paulo Machado	dr. merino / 4moove	Veterano M40	05:27:43	+01:17:49	06:33
49	145	José Miguel Nogueira	individual	Veterano M40	05:28:33	+01:18:38	06:34
50	113	Paulo Gregório	gteam	Veterano M40	05:30:35	+01:20:40	06:37
51	98	João Moreira	g.d.ronda	Veterano M40	05:30:37	+01:20:42	06:37
52	229	Rodrigo Silva	team lanthemil	Veterano M40	05:30:52	+01:20:57	06:37
53	25	Fernando Oliveira	aliança de gandra	Veterano M40	05:31:00	+01:21:05	06:37
54	253	José António Silva	ermida team	Veterano M40	05:31:44	+01:21:49	06:38
55	128	Filipe Mendes	individual	Senior Masculino	05:33:13	+01:23:18	06:40
56	102	Paulo Madeira	gaia trail	Senior Masculino	05:33:31	+01:23:36	06:40
57	62	Paulo Silva	clube zupper	Senior Masculino	05:33:36	+01:23:41	06:40
58	245	Catarina Fernandes	virithvs runners viseu	Senior Feminino	05:33:45	+01:23:51	06:41
59	243	Bruno Coelho	vikings trail runners / ccr alcabideque	Senior Masculino	05:37:59	+01:28:04	06:46
60	189	Rui Lima	olímpico vianense trail	Senior Masculino	05:38:19	+01:28:25	06:46
61	96	António Gomes	fernanda maciel - material ortopédico e hospitalar	Veterano M40	05:38:21	+01:28:27	06:46
62	158	Luís Vieira	individual	Veterano M50	05:38:30	+01:28:35	06:46
63	58	Rui Manuel Guimarães Pereira Fernandes	clube atletismo fafe	Senior Masculino	05:38:43	+01:28:48	06:46
64	86	Sérgio Ramos	edv-viana trail	Veterano M40	05:39:36	+01:29:41	06:48
65	2	Susana Paula Oliveira Simões	edv-viana trail	Veterana F40	05:40:40	+01:30:45	06:49
66	206	Narciso Machado	profisio team	Veterano M50	05:40:49	+01:30:54	06:49
67	122	Adriana Gomes	equipa minho aventura	Senior Feminino	05:42:26	+01:32:31	06:51
68	53	Marco Sousa	ceveira team running	Veterano M40	05:42:26	+01:32:32	06:51
69	45	Américo Imperadeiro	braguinhas runners	Veterano M40	05:42:27	+01:32:33	06:51
70	232	Bruno Gonçalves	trail bem viver	Senior Masculino	05:42:44	+01:32:49	06:51
71	166	Antonio Dos Reis Maia	kunalama runners	Senior Masculino	05:42:44	+01:32:49	06:51
72	71	Daniel Fonseca	desnível positivo	Veterano M40	05:43:51	+01:33:56	06:53
73	114	Nelson Leal	gtt - armazém do café	Senior Masculino	05:44:39	+01:34:45	06:54
74	97	Rui Machado	filónails - afacycles -pt rui machado	Veterano M40	05:48:18	+01:38:24	06:58
75	168	Jorge Domingues	lebres minhotas	Veterano M40	05:49:18	+01:39:23	06:59
76	202	Jorge Vieira	porto de mós a correr	Senior Masculino	05:50:09	+01:40:14	07:00
77	155	Rui Pereira	individual	Veterano M40	05:50:11	+01:40:16	07:00
78	249	Duarte Oliveira	edv-viana trail	Senior Masculino	05:51:09	+01:41:14	07:01
79	106	Ricardo Ribeiro	ginásio fit4fun	Senior Masculino	05:51:27	+01:41:32	07:02
80	50	Francisco Pascual Fidalgo	castro trail	Senior Masculino	05:51:54	+01:42:00	07:02
81	126	Fernando Rodrigues	individual	Senior Masculino	05:53:38	+01:43:43	07:04
82	251	Eduardo Cunha	águas de alvelos	Veterano M40	05:54:05	+01:44:10	07:05
83	19	RUI ARAUJO	águas de alvelos	Senior Masculino	05:54:05	+01:44:10	07:05
84	175	Bárbara Fernandes	montanha clube trail running/efapel	Senior Feminino	05:54:13	+01:44:19	07:05
85	23	José Rodrigues Silva	alexandra carvalho team	Veterano M40	05:54:24	+01:44:29	07:05

**TRAIL ULTRA - STAGE 1**

**50 KM**



**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
86	223	Joaquim Silva	team lanthemil	Veterano M40	05:54:59	+01:45:05	07:06
87	31	Carlos Pedrinhas	amigos da montanha	Veterano M50	05:56:40	+01:46:45	07:08
88	177	Fernando Carneiro	individual	Senior Masculino	05:57:08	+01:47:13	07:09
89	132	Nélio Guimarães	individual	Senior Masculino	05:58:25	+01:48:30	07:10
90	120	Sílvia Cunha	individual	Senior Feminino	05:59:03	+01:49:09	07:11
91	117	Miguel Soares	guimarrunning	Veterano M40	06:01:16	+01:51:21	07:14
92	235	Bernardo Carrera Giraldez	trail running nigran	Veterano M40	06:02:04	+01:52:10	07:15
93	134	Nuno Correia	individual	Senior Masculino	06:02:57	+01:53:02	07:16
94	69	Viriato Dias	ctad-trilhos de cinfães	Veterano M40	06:05:09	+01:55:15	07:18
95	91	Xavier Nozelos	enjoyandogo	Veterano M40	06:06:18	+01:56:23	07:20
96	138	Daniel Alves	individual	Veterano M40	06:07:51	+01:57:56	07:21
97	184	Paulo Gomes	no tomorrow running team	Veterano M40	06:11:16	+02:01:22	07:26
98	220	Elisabete Santos	team lanthemil	Veterana F40	06:13:13	+02:03:18	07:28
99	13	Sara Ferreira	águas de alvelos	Senior Feminino	06:14:11	+02:04:17	07:29
100	64	José Botelho	coimbra trail running	Veterano M50	06:14:38	+02:04:44	07:30
101	149	Mário Alberto	individual	Veterano M40	06:15:15	+02:05:20	07:30
102	49	Ana Sousa	budeguita runners	Senior Feminino	06:19:10	+02:09:16	07:35
103	21	Antonio Gomes	águas de alvelos	Veterano M40	06:19:12	+02:09:18	07:35
104	59	Ricardo Gonçalves	clube atletismo fafe	Veterano M40	06:19:21	+02:09:27	07:35
105	26	Sérgio Pereira	aliança de gandra	Veterano M40	06:19:51	+02:09:56	07:36
106	178	Renato Martins	nast	Senior Masculino	06:19:55	+02:10:01	07:36
107	104	Rui Oliveira	gaia trail	Veterano M40	06:19:56	+02:10:01	07:36
108	210	João Cardoso	ss montepio	Veterano M40	06:20:11	+02:10:17	07:36
109	244	Filipe Alves	vila verde a correr	Senior Masculino	06:20:20	+02:10:25	07:36
110	241	João Antunes	viana running	Veterano M40	06:20:20	+02:10:25	07:36
111	200	Jorge Bastos	pernetas	Veterano M40	06:22:29	+02:12:35	07:39
112	136	Rui Rêgo	individual	Senior Masculino	06:22:34	+02:12:39	07:39
113	147	Luís Gonçalves	individual	Veterano M40	06:22:56	+02:13:01	07:40
114	55	Susana Rodrigues	clube atletismo fafe	Senior Feminino	06:23:21	+02:13:26	07:40
115	32	Milton Cabral	amo(a)dor de corrida	Veterano M40	06:25:13	+02:15:19	07:42
116	10	Mauro Roxo	ade trail running	Senior Masculino	06:25:54	+02:16:00	07:43
117	199	Fernando Costa	pernetas	Veterano M40	06:26:13	+02:16:18	07:43
118	33	César Fernandes	apúlia a correr	Senior Masculino	06:26:59	+02:17:04	07:44
119	238	Eduardo Meireles	umelga runners	Veterano M50	06:27:34	+02:17:39	07:45
120	36	Luís Silva	arsm - associação recreativa de s. miguel	Senior Masculino	06:27:42	+02:17:47	07:45
121	8	Blandine Craveiro	addicted to trail	Veterana F40	06:28:03	+02:18:08	07:46
122	247	Francisco Gomes	apúlia a correr	Senior Masculino	06:30:15	+02:20:21	07:48
123	154	Roberto Esteves	individual	Veterano M40	06:31:41	+02:21:47	07:50
124	169	Miguel Domingues	lebres minhotas	Veterano M40	06:31:58	+02:22:03	07:50
125	234	Filipe Ferreira	trail bem viver	Senior Masculino	06:32:07	+02:22:12	07:51
126	233	Dionisio Ferreira	trail bem viver	Senior Masculino	06:32:07	+02:22:13	07:51
127	24	Fernanda Machado	aliança de gandra	Senior Feminino	06:32:23	+02:22:29	07:51
128	35	Gonçalo Rodrigues	arsm - associação recreativa de s. miguel	Senior Masculino	06:33:19	+02:23:25	07:52
129	108	Filipa Castela	golrunners / outpro store	Senior Feminino	06:33:37	+02:23:42	07:52
130	195	Adriano Rocha	outsiders trail team	Veterano M40	06:34:03	+02:24:08	07:53
131	181	Nuno Neves	nel - pédatlata	Veterano M50	06:35:49	+02:25:55	07:55

**TRAIL ULTRA - STAGE 1**
**50 KM**
**R  
REVISED**
**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
132	144	JOSE MARTINS	individual	Veterano M40	06:36:21	+02:26:26	07:56
133	226	Miguel Araújo	team lantermil	Veterano M40	06:37:48	+02:27:53	07:57
134	65	José Ángel Martínez Márquez	coutadas trail team	Veterano M60	06:39:09	+02:29:15	07:59
135	116	Ângela Costa	guimarunning	Veterana F40	06:39:12	+02:29:17	07:59
136	131	Luis Dias	individual	Senior Masculino	06:39:20	+02:29:25	07:59
137	127	Filipe Gonçalves	individual	Senior Masculino	06:39:36	+02:29:42	08:00
138	252	Nelson Vaz	vegango - suplementos naturais	Senior Masculino	06:39:41	+02:29:47	08:00
139	67	Isabel Almeida	ctad-trilhos de cinfães	Veterana F40	06:44:03	+02:34:08	08:05
140	248	Luis Torres	comdor runners	Veterano M40	06:44:11	+02:34:17	08:05
141	30	Luis Lobo	all-titudes trail team	Veterano M40	06:44:41	+02:34:47	08:06
142	140	Hugo Marinho	individual	Veterano M40	06:44:54	+02:34:59	08:06
143	188	Fernando Alves	olímpico vianense trail	Senior Masculino	06:45:02	+02:35:08	08:06
144	90	Pedro Alves	enjoy and go runners/brunheironatural	Veterano M40	06:45:06	+02:35:12	08:06
145	167	Antonio Martins	lebres minhotas	Senior Masculino	06:45:07	+02:35:12	08:06
146	124	Bruno Lopes	individual	Senior Masculino	06:47:43	+02:37:48	08:09
147	121	Veronica Moreira	individual	Senior Feminino	06:47:43	+02:37:48	08:09
148	196	Nelson Duarte	outsiders trail team	Veterano M40	06:48:00	+02:38:05	08:10
149	209	David Alves	solopisadas	Veterano M40	06:50:30	+02:40:35	08:13
150	92	Ana Isabel Cardoso	fama runners	Senior Feminino	06:51:16	+02:41:22	08:14
151	95	Paulo Jorge Loureiro Loureiro	fama runners	Veterano M50	06:51:17	+02:41:22	08:14
152	146	Leopoldo García González	individual	Veterano M40	06:51:38	+02:41:43	08:14
153	218	Hélio Borges	team lantermil	Senior Masculino	06:52:40	+02:42:45	08:15
154	183	Jose Faria	no tomorrow running team	Veterano M40	06:52:50	+02:42:56	08:15
155	198	Manuel Graça	palmeira runners	Veterano M40	06:53:44	+02:43:49	08:16
156	208	Pedro Nogueira	shots international runners	Senior Masculino	06:54:02	+02:44:08	08:17
157	219	Pedro Coelho	team lantermil	Senior Masculino	06:55:58	+02:46:04	08:19
158	230	António Sá	team lantermil	Veterano M50	06:56:23	+02:46:29	08:20
159	105	José Moraes	gaia trail	Veterano M50	06:56:29	+02:46:34	08:20
160	151	Oscar Sousa	individual	Veterano M40	06:59:35	+02:49:41	08:24
161	61	Silvério Oliveira Santos	clube pessoal águas de gaia	Veterano M40	07:00:48	+02:50:54	08:25
162	191	Fernando alves	olímpico vianense trail	Veterano M50	07:01:59	+02:52:05	08:26
163	148	Manuel Carlos Martins	individual	Veterano M40	07:02:46	+02:52:51	08:27
164	165	José Pinto	kemedo	Veterano M40	07:03:06	+02:53:11	08:28
165	236	Mariana Machado Ballester	trail-running	Senior Feminino	07:03:58	+02:54:03	08:29
166	111	José Mendes	gondomar futsal clube	Veterano M50	07:04:02	+02:54:08	08:29
167	194	António Oliveira	os finos	Veterano M40	07:05:02	+02:55:08	08:30
168	107	Conceição Ferreira	ginásio fit4fun	Veterana F50	07:05:04	+02:55:10	08:30
169	38	António Martins	aztrail/mercentro	Senior Masculino	07:05:04	+02:55:10	08:30
170	227	Miguel Teixeira	team lantermil	Veterano M40	07:06:57	+02:57:03	08:32
171	160	Pedro Mata	individual	Veterano M50	07:07:47	+02:57:52	08:33
172	12	Filipe Gonçalves	ade trail running	Veterano M40	07:10:04	+03:00:09	08:36
173	39	Carla Araújo	braguinhas runners	Senior Feminino	07:10:32	+03:00:37	08:37
174	112	Nuno Costa	grupo desportivo limpeza urbana	Veterano M40	07:11:44	+03:01:50	08:38
175	88	Zé Filipe Almeida	edv-viana trail	Veterano M50	07:12:18	+03:02:23	08:39
176	54	José Gomes	ceveira team running	Veterano M50	07:12:41	+03:02:47	08:39
177	115	Nuno Almeida	guimarunning	Senior Masculino	07:13:17	+03:03:22	08:40

**TRAIL ULTRA - STAGE 1**

**50 KM**



**OFFICIAL RESULT**

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
178	161	David Sousa	invicta runners team	Veterano M40	07:15:54	+03:05:59	08:43
179	28	Armenio Ribeiro	all about	Veterano M40	07:15:54	+03:05:59	08:43
180	84	Paulo Vilaverde	edv-viana trail	Veterano M40	07:16:55	+03:07:00	08:44
181	89	José Ponte	edv-viana trail	Veterano M60	07:16:55	+03:07:01	08:44
182	63	Susana Neta	clube zipper	Veterana F40	07:18:33	+03:08:39	08:46
183	180	José Artur Costa Pinto	nel - pédatleta	Veterano M40	07:18:39	+03:08:44	08:46
184	44	Maria Oliveira	braguinhas runners	Veterana F50	07:20:13	+03:10:19	08:48
185	74	Arminda Couto	edv-viana trail	Senior Feminino	07:22:59	+03:13:04	08:52
186	150	Nuno Fabião	individual	Veterano M40	07:24:40	+03:14:46	08:54
187	41	Elisabete Costa	braguinhas runners	Veterana F40	07:28:31	+03:18:36	08:58
188	27	Rui Tavares	alive runners	Veterano M40	07:29:24	+03:19:29	08:59
189	119	Daniela Soares	individual	Senior Feminino	07:29:48	+03:19:53	09:00
190	239	Artur Ferreira	unidas à fresca	Veterano M40	07:29:48	+03:19:53	09:00
191	221	Mónica Martins	team lanthemil	Veterana F40	07:31:07	+03:21:12	09:01
192	205	Armindo Dinis	profisio team	Veterano M50	07:32:43	+03:22:48	09:03
193	246	Paulo Carvalho	wild runners	Veterano M40	07:35:49	+03:25:54	09:07
194	129	Hugo Pacheco	individual	Senior Masculino	07:35:49	+03:25:54	09:07
195	170	Maria Ricardo	lion runners - g. d. leões da guarda	Veterana F50	07:37:20	+03:27:25	09:09
196	193	Filipe Leite	os finos	Senior Masculino	07:38:25	+03:28:30	09:10
197	224	Luís Vale	team lanthemil	Veterano M40	07:44:14	+03:34:19	09:17
198	164	António Pereira	invicta runners team	Veterano M60	07:44:45	+03:34:50	09:18
199	22	Solange Cabral	alexandra carvalho team	Veterana F40	07:50:03	+03:40:08	09:24
200	179	João Barbosa	nel - pédatleta	Veterano M40	07:50:58	+03:41:03	09:25
201	182	Paulo Vieira	nel - pédatleta	Veterano M50	07:50:58	+03:41:03	09:25
202	135	Paulo Ferreira	individual	Senior Masculino	07:51:01	+03:41:07	09:25
203	93	Daniel Vieira	fama runners	Senior Masculino	08:01:20	+03:51:25	09:38
204	139	Fernando Mendes	individual	Veterano M40	08:05:52	+03:55:57	09:43
205	171	Luis De Almeida	lion runners - g. d. leões da guarda	Veterano M50	08:09:31	+03:59:36	09:47
206	118	Pedro Barros	happyrun	Veterano M40	08:09:31	+03:59:36	09:47
207	82	Andrea Pereira	edv-viana trail	Veterana F40	08:09:31	+03:59:36	09:47
208	214	Sandra Dias	team lanthemil	Senior Feminino	08:09:32	+03:59:37	09:47
209	143	Jorge Cruz	individual	Veterano M40	08:09:32	+03:59:37	09:47
210	125	Fernando Mendes	individual	Senior Masculino	08:11:33	+04:01:38	09:50
211	217	Bruno Moreira	team lanthemil	Senior Masculino	08:14:55	+04:05:00	09:54
212	57	Rui Costa	clube atletismo fafe	Senior Masculino	08:19:57	+04:10:02	10:00
213	29	Rui Freitas	all about	Veterano M40	08:20:16	+04:10:21	10:00
214	157	Henrique Borges	individual	Veterano M50	08:21:55	+04:12:00	10:02
215	185	Fátima Gonçalves	o mundo da corrida	Veterana F50	08:22:29	+04:12:34	10:03
216	186	António Gonçalves	o mundo da corrida	Veterano M50	08:22:29	+04:12:34	10:03
217	42	Elizabeth Ortiz	braguinhas runners	Veterana F40	08:27:14	+04:17:19	10:09
218	40	Aurora Silva	braguinhas runners	Veterana F40	08:27:14	+04:17:19	10:09
219	156	Fernando Soares	individual	Veterano M50	08:30:11	+04:20:16	10:12
220	163	Valdemar Almeida	invicta runners team	Veterano M50	08:34:23	+04:24:28	10:17
221	172	Mário Soares	lion runners - g. d. leões da guarda	Veterano M50	08:35:06	+04:25:11	10:18
222	173	Isabel Araújo	maianorthsiderun	Veterana F50	08:35:07	+04:25:12	10:18
223	225	Marco MOREIRA	team lanthemil	Veterano M40	08:50:33	+04:40:38	10:37





**Trail Ultra**
**50 KM**
**R**  
 REVISED

**OFFICIAL RESULT**

18	56	Daniel Costa	Clube Atletismo Fafe	Senior Masculino	05:09:47	+59:53	06:12
19	197	Filipe Fernandes	Palmeira Runners	Senior Masculino	05:10:00	+01:00:05	06:12
20	231	Antonio ribeiro	Tesco Team Running	Senior Masculino	05:11:37	+01:01:42	06:14
21	176	Bruno Rodrigues	Montanha Clube Trail Running/Efapel	Senior Masculino	05:11:54	+01:02:00	06:14
22	201	João Ferreira	Porto de Mós a Correr	Senior Masculino	05:14:52	+01:04:58	06:18
23	6	Bruno Santos	A.D.Amarante trail running	Senior Masculino	05:16:30	+01:06:35	06:20
24	76	Andre Principe	EDV-VIANA TRAIL	Senior Masculino	05:21:11	+01:11:17	06:25
25	130	João Menezes	Individual	Senior Masculino	05:21:45	+01:11:51	06:26
26	48	Sergio Araujo	BTT - Brothers Trail Team	Senior Masculino	05:24:51	+01:14:57	06:30
27	18	Pedro Dourado	ÁGUIAS DE ALVELOS	Senior Masculino	05:26:06	+01:16:11	06:31
28	34	Nuno Lomba	Apúlia a Correr	Senior Masculino	05:26:28	+01:16:33	06:32
29	128	Filipe Mendes	Individual	Senior Masculino	05:33:13	+01:23:18	06:40
30	102	Paulo Madeira	Gaia Trail	Senior Masculino	05:33:31	+01:23:36	06:40
31	62	Paulo Silva	Clube Zupper	Senior Masculino	05:33:36	+01:23:41	06:40
32	243	Bruno Coelho	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Senior Masculino	05:37:59	+01:28:04	06:46
33	189	Rui Lima	OLÍMPICO VIANENSE TRAIL	Senior Masculino	05:38:19	+01:28:25	06:46
34	58	Rui Manuel Guimarães Pereira Fernandes	Clube Atletismo Fafe	Senior Masculino	05:38:43	+01:28:48	06:46
35	232	Bruno Gonçalves	Trail Bem Viver	Senior Masculino	05:42:44	+01:32:49	06:51
36	166	Antonio Dos Reis Maia	Kunalama runners	Senior Masculino	05:42:44	+01:32:49	06:51
37	114	Nelson Leal	GTT - ARMAZÉM DO CAFÉ	Senior Masculino	05:44:39	+01:34:45	06:54
38	202	Jorge Vieira	Porto de Mós a Correr	Senior Masculino	05:50:09	+01:40:14	07:00
39	249	Duarte Oliveira	EDV-VIANA TRAIL	Senior Masculino	05:51:09	+01:41:14	07:01
40	106	Ricardo Ribeiro	Ginásio Fit4Fun	Senior Masculino	05:51:27	+01:41:32	07:02
41	50	Francisco Pascual Fidalgo	Castro Trail	Senior Masculino	05:51:54	+01:42:00	07:02
42	126	Fernando Rodrigues	Individual	Senior Masculino	05:53:38	+01:43:43	07:04
43	19	RUI ARAUJO	ÁGUIAS DE ALVELOS	Senior Masculino	05:54:05	+01:44:10	07:05
44	177	Fernando Carneiro	Individual	Senior Masculino	05:57:08	+01:47:13	07:09
45	132	Nélio Guimarães	Individual	Senior Masculino	05:58:25	+01:48:30	07:10
46	134	Nuno Correia	Individual	Senior Masculino	06:02:57	+01:53:02	07:16
47	178	Renato Martins	NAST	Senior Masculino	06:19:55	+02:10:01	07:36
48	244	Filipe Alves	Vila Verde a Correr	Senior Masculino	06:20:20	+02:10:25	07:36
49	136	Rui Rêgo	Individual	Senior Masculino	06:22:34	+02:12:39	07:39
50	10	Mauro Roxo	ADE Trail Running	Senior Masculino	06:25:54	+02:16:00	07:43
51	33	César Fernandes	Apúlia a Correr	Senior Masculino	06:26:59	+02:17:04	07:44
52	36	Luís Silva	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	06:27:42	+02:17:47	07:45
53	247	Francisco Gomes	Apúlia a Correr	Senior Masculino	06:30:15	+02:20:21	07:48
54	234	Filipe Ferreira	Trail Bem Viver	Senior Masculino	06:32:07	+02:22:12	07:51
55	233	Dionisio Ferreira	TRAIL BEM VIVER	Senior Masculino	06:32:07	+02:22:13	07:51
56	35	Gonçalo Rodrigues	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	06:33:19	+02:23:25	07:52
57	131	Luis Dias	Individual	Senior Masculino	06:39:20	+02:29:25	07:59
58	127	Filipe Gonçalves	Individual	Senior Masculino	06:39:36	+02:29:42	08:00
59	252	Nelson Vaz	Vegangoo - Suplementos Naturais	Senior Masculino	06:39:41	+02:29:47	08:00
60	188	Fernando Alves	OLÍMPICO VIANENSE TRAIL	Senior Masculino	06:45:02	+02:35:08	08:06

Official Timekeeper: Lap2Go	2 / 6	generate 23-Apr-2018 11:46
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## Trail Ultra

**50 KM**



**OFFICIAL RESULT**

61	167	Antonio Martins	LEBRES MINHOTAS	Senior Masculino	06:45:07	+02:35:12	08:06
62	124	Bruno Lopes	Individual	Senior Masculino	06:47:43	+02:37:48	08:09
63	218	Hélio Borges	TEAM LANTEMIL	Senior Masculino	06:52:40	+02:42:45	08:15
64	208	Pedro Nogueira	Shots International Runners	Senior Masculino	06:54:02	+02:44:08	08:17
65	219	Pedro Coelho	TEAM LANTEMIL	Senior Masculino	06:55:58	+02:46:04	08:19
66	38	António Martins	Aztrail/Mercentro	Senior Masculino	07:05:04	+02:55:10	08:30
67	115	Nuno Almeida	GUIMARUNNING	Senior Masculino	07:13:17	+03:03:22	08:40
68	129	Hugo Pacheco	Individual	Senior Masculino	07:35:49	+03:25:54	09:07
69	193	Filipe Leite	Os Finos	Senior Masculino	07:38:25	+03:28:30	09:10
70	135	Paulo Ferreira	Individual	Senior Masculino	07:51:01	+03:41:07	09:25
71	93	Daniel Vieira	FAMA RUNNERS	Senior Masculino	08:01:20	+03:51:25	09:38
72	125	Fernando Mendes	Individual	Senior Masculino	08:11:33	+04:01:38	09:50
73	217	Bruno Moreira	TEAM LANTEMIL	Senior Masculino	08:14:55	+04:05:00	09:54
74	57	Rui Costa	Clube Atletismo Fafe	Senior Masculino	08:19:57	+04:10:02	10:00
75	212	Carlos Silva	SUNDAYBTT-CASAVOGA	Senior Masculino	08:50:42	+04:40:47	10:37
76	123	André Chanoca	Individual	Senior Masculino	09:13:04	+05:03:09	11:04

## Veterana F40

1	2	Susana Paula Oliveira Simões	EDV-VIANA TRAIL	Veterana F40	05:40:40	+01:30:45	06:49
2	220	Elisabete Santos	TEAM LANTEMIL	Veterana F40	06:13:13	+02:03:18	07:28
3	8	Blandine Craveiro	Addicted to trail	Veterana F40	06:28:03	+02:18:08	07:46
4	116	Ângela Costa	GUIMARUNNING	Veterana F40	06:39:12	+02:29:17	07:59
5	67	Isabel Almeida	CTAD-Trilhos de Cinfães	Veterana F40	06:44:03	+02:34:08	08:05
6	63	Susana Neta	Clube Zupper	Veterana F40	07:18:33	+03:08:39	08:46
7	41	Elisabete Costa	Braguinhas Runners	Veterana F40	07:28:31	+03:18:36	08:58
8	221	Mónica Martins	TEAM LANTEMIL	Veterana F40	07:31:07	+03:21:12	09:01
9	22	Solange Cabral	Alexandra Carvalho Team	Veterana F40	07:50:03	+03:40:08	09:24
10	82	Andrea Pereira	EDV-VIANA TRAIL	Veterana F40	08:09:31	+03:59:36	09:47
11	42	Elizabeth Ortiz	Braguinhas Runners	Veterana F40	08:27:14	+04:17:19	10:09
12	40	Aurora Silva	Braguinhas Runners	Veterana F40	08:27:14	+04:17:19	10:09
13	213	Cristina Loureiro	Taylor's	Veterana F40	08:59:53	+04:49:58	10:48
14	43	Manuela Matias	Braguinhas Runners	Veterana F40	09:12:28	+05:02:33	11:03

## Veterana F50

1	107	Conceição Ferreira	Ginásio Fit4Fun	Veterana F50	07:05:04	+02:55:10	08:30
2	44	Maria Oliveira	Braguinhas Runners	Veterana F50	07:20:13	+03:10:19	08:48
3	170	Maria Ricardo	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterana F50	07:37:20	+03:27:25	09:09
4	185	Fátima Gonçalves	O Mundo da Corrida	Veterana F50	08:22:29	+04:12:34	10:03
5	173	Isabel Araújo	MaiaNorthSideRun	Veterana F50	08:35:07	+04:25:12	10:18
6	94	Ana Paula Simões	FAMA RUNNERS	Veterana F50	08:57:13	+04:47:18	10:45
7	137	Elsa Mota	Individual	Veterana F50	09:17:57	+05:08:02	11:10

**Trail Ultra**

**50 KM**



**OFFICIAL RESULT**

**Veterano M40**

1	5	Telmo Miguel dos Santos Coimbra Veloso	EDV-VIANA TRAIL	Veterano M40	04:30:58	+21:03	05:25
2	103	Dinis Gonçalves	Gaia Trail	Veterano M40	04:31:49	+21:55	05:26
3	4	Luis Gil	Gaia Trail	Veterano M40	04:34:50	+24:55	05:30
4	68	Tiago Aragão	CTAD-Trilhos de Cinfães	Veterano M40	04:53:15	+43:20	05:52
5	222	Ezequiel Fernandes	TEAM LANTEMIL	Veterano M40	04:55:58	+46:03	05:55
6	72	Jorge Alves	Desnível Positivo	Veterano M40	05:01:32	+51:37	06:02
7	204	Luis Machado	Profisio Team	Veterano M40	05:02:11	+52:16	06:03
8	9	Isaac Costa	Addicted to trail	Veterano M40	05:08:17	+58:22	06:10
9	7	Victor Fernandes	A.D.Amarante trail running	Veterano M40	05:09:24	+59:30	06:11
10	37	Carlos Carreiro Boullosa	Aviva Sport	Veterano M40	05:15:06	+01:05:12	06:18
11	46	José Fins	Braguinhas Runners	Veterano M40	05:15:12	+01:05:17	06:18
12	87	Victor Correia	EDV-VIANA TRAIL	Veterano M40	05:16:31	+01:06:36	06:20
13	83	Stephane Simoes	EDV-VIANA TRAIL	Veterano M40	05:21:30	+01:11:35	06:26
14	190	Nuno Araujo	OLÍMPICO VIANENSE TRAIL	Veterano M40	05:22:02	+01:12:07	06:26
15	70	Vitor Cardoso	CTAD-Trilhos de Cinfães	Veterano M40	05:24:43	+01:14:48	06:30
16	85	PEDRO CALDAS	EDV-VIANA TRAIL	Veterano M40	05:25:27	+01:15:32	06:31
17	153	Pedro Costa	Individual	Veterano M40	05:26:50	+01:16:55	06:32
18	73	Paulo Machado	Dr. Merino / 4moove	Veterano M40	05:27:43	+01:17:49	06:33
19	145	José Miguel Nogueira	Individual	Veterano M40	05:28:33	+01:18:38	06:34
20	113	Paulo Gregório	GTeam	Veterano M40	05:30:35	+01:20:40	06:37
21	98	João Moreira	G.D.Ronda	Veterano M40	05:30:37	+01:20:42	06:37
22	229	Rodrigo Silva	TEAM LANTEMIL	Veterano M40	05:30:52	+01:20:57	06:37
23	25	Fernando Oliveira	ALIANÇA DE GANDRA	Veterano M40	05:31:00	+01:21:05	06:37
24	253	José António Silva	Ermida Team	Veterano M40	05:31:44	+01:21:49	06:38
25	96	António Gomes	Fernanda Maciel - Material Ortopédico e Hospitalar	Veterano M40	05:38:21	+01:28:27	06:46
26	86	Sérgio Ramos	EDV-VIANA TRAIL	Veterano M40	05:39:36	+01:29:41	06:48
27	53	Marco Sousa	Cerveira Team Running	Veterano M40	05:42:26	+01:32:32	06:51
28	45	Américo Imperadeiro	Braguinhas Runners	Veterano M40	05:42:27	+01:32:33	06:51
29	71	Daniel Fonseca	Desnível Positivo	Veterano M40	05:43:51	+01:33:56	06:53
30	97	Rui Machado	FILÓNAILS - AFACYCLES -PT RUI MACHADO	Veterano M40	05:48:18	+01:38:24	06:58
31	168	Jorge Domingues	LEBRES MINHOTAS	Veterano M40	05:49:18	+01:39:23	06:59
32	155	Rui Pereira	Individual	Veterano M40	05:50:11	+01:40:16	07:00
33	251	Eduardo Cunha	ÁGUIAS DE ALVELOs	Veterano M40	05:54:05	+01:44:10	07:05
34	23	José Rodrigues Silva	Alexandra Carvalho Team	Veterano M40	05:54:24	+01:44:29	07:05
35	223	Joaquim Silva	TEAM LANTEMIL	Veterano M40	05:54:59	+01:45:05	07:06
36	117	Miguel Soares	GUIMARUNNING	Veterano M40	06:01:16	+01:51:21	07:14
37	235	Bernardo Carrera Giraldez	TRAIL RUNNING NIGRAN	Veterano M40	06:02:04	+01:52:10	07:15
38	69	Viriato Dias	CTAD-Trilhos de Cinfães	Veterano M40	06:05:09	+01:55:15	07:18
39	91	Xavier Nozelos	Enjoyandogo	Veterano M40	06:06:18	+01:56:23	07:20
40	138	Daniel Alves	Individual	Veterano M40	06:07:51	+01:57:56	07:21
41	184	Paulo Gomes	NO TOMORROW RUNNING TEAM	Veterano M40	06:11:16	+02:01:22	07:26
42	149	Mário Alberto	Individual	Veterano M40	06:15:15	+02:05:20	07:30



**Trail Ultra**

**50 KM**



LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

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88	29	Rui Freitas	All About	Veterano M40	08:20:16	+04:10:21	10:00
89	225	Marco MOREIRA	TEAM LANTEMIL	Veterano M40	08:50:33	+04:40:38	10:37
90	110	Celso Mota	GONDOMAR FUTSAL CLUBE	Veterano M40	08:59:53	+04:49:58	10:48
91	211	Hugo Ventura	Stout and Lager	Veterano M40	09:13:03	+05:03:08	11:04

**Veterano M50**

1	3	Vitor Mariano Silva Cordeiro	EDV-VIANA TRAIL	Veterano M50	04:14:29	+04:35	05:05
2	192	Paulo Domingues	OLÍMPICO VIANENSE TRAIL	Veterano M50	05:09:51	+59:57	06:12
3	158	Luís Vieira	Individual	Veterano M50	05:38:30	+01:28:35	06:46
4	206	Narciso Machado	Profisio Team	Veterano M50	05:40:49	+01:30:54	06:49
5	31	Carlos Pedrinhas	Amigos da Montanha	Veterano M50	05:56:40	+01:46:45	07:08
6	64	José Botelho	Coimbra Trail Running	Veterano M50	06:14:38	+02:04:44	07:30
7	238	Eduardo Meireles	Umelga Runners	Veterano M50	06:27:34	+02:17:39	07:45
8	181	Nuno Neves	NEL - Pédatleta	Veterano M50	06:35:49	+02:25:55	07:55
9	95	Paulo Jorge Loureiro Loureiro	FAMA RUNNERS	Veterano M50	06:51:17	+02:41:22	08:14
10	230	António Sá	TEAM LANTEMIL	Veterano M50	06:56:23	+02:46:29	08:20
11	105	José Morais	Gaia Trail	Veterano M50	06:56:29	+02:46:34	08:20
12	191	Fernando alves	OLÍMPICO VIANENSE TRAIL	Veterano M50	07:01:59	+02:52:05	08:26
13	111	José Mendes	GONDOMAR FUTSAL CLUBE	Veterano M50	07:04:02	+02:54:08	08:29
14	160	Pedro Mata	Individual	Veterano M50	07:07:47	+02:57:52	08:33
15	88	Zé Filipe Almeida	EDV-VIANA TRAIL	Veterano M50	07:12:18	+03:02:23	08:39
16	54	José Gomes	Cerveira Team Running	Veterano M50	07:12:41	+03:02:47	08:39
17	205	Armindo Dinis	Profisio Team	Veterano M50	07:32:43	+03:22:48	09:03
18	182	Paulo Vieira	NEL - Pédatleta	Veterano M50	07:50:58	+03:41:03	09:25
19	171	Luis De Almeida	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M50	08:09:31	+03:59:36	09:47
20	157	Henrique Borges	Individual	Veterano M50	08:21:55	+04:12:00	10:02
21	186	António Gonçalves	O Mundo da Corrida	Veterano M50	08:22:29	+04:12:34	10:03
22	156	Fernando Soares	Individual	Veterano M50	08:30:11	+04:20:16	10:12
23	163	Valdemar Almeida	Invicta Runners Team	Veterano M50	08:34:23	+04:24:28	10:17
24	172	Mário Soares	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M50	08:35:06	+04:25:11	10:18
25	47	José Pereira Da Fonseca	Braguinhas Runners	Veterano M50	09:12:28	+05:02:33	11:03
26	207	Jorge Alexandre Esteves	RUN 4 FUN	Veterano M50	09:17:58	+05:08:03	11:10

**Veterano M60**

1	65	José Ángel Martínez Márquez	COUTADAS TRAIL TEAM	Veterano M60	06:39:09	+02:29:15	07:59
2	89	José Ponte	EDV-VIANA TRAIL	Veterano M60	07:16:55	+03:07:01	08:44
3	164	António Pereira	Invicta Runners Team	Veterano M60	07:44:45	+03:34:50	09:18

## COLETIVO - TRAIL ULTRA

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	EDV-VIANA TRAIL	3 + 5 + 7	15
2	ÁGUIAS DE ALVELOS	1 + 4 + 10	15
3	GAIA TRAIL	6 + 9 + 13	28
4	OLÍMPICO VIANENSE TRAIL	29 + 41 + 60	130
5	CTAD-TRILHOS DE CINFÃES	17 + 42 + 94	153
6	TEAM LANTEMIL	18 + 52 + 86	156
7	CLUBE ATLETISMO FAFE	28 + 63 + 104	195
8	CERVEIRA TEAM RUNNING	16 + 68 + 176	260
9	BRAGUINHAS RUNNERS	35 + 69 + 173	277
10	PROFISIO TEAM	23 + 66 + 192	281
11	ALIANÇA DE GANDRA	53 + 105 + 127	285
12	APÚLIA A CORRER	46 + 118 + 122	286
13	TRAIL BEM VIVER	70 + 125 + 126	321
14	LEBRES MINHOTAS	75 + 124 + 145	344
15	GUIMARUNNING	91 + 135 + 177	403
16	FAMA RUNNERS	150 + 151 + 203	504
17	NEL - PÉDATLETA	131 + 183 + 200	514
18	INVICTA RUNNERS TEAM	178 + 198 + 220	596
19	LION RUNNERS - G. D. LEÕES DA GUARDA	195 + 205 + 221	621

**TRAIL CURTO - STAGE 1**

**18 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:00	17.4°C	68%
End	14:59	17.4°C	68%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	518	Victor Costa	a.d.amarante trail running	Veterano M40	01:20:50		04:29
2	501	ANTÓNIO BRAZIELA	oralklass - amigos do trail	Sub 23 Masculino	01:20:55	+00:04	04:30
3	764	NUNO ALVES	oralklass - amigos do trail	Senior Masculino	01:21:04	+00:14	04:30
4	516	Paulo Costa	a.d.amarante trail running	Senior Masculino	01:21:53	+01:03	04:33
5	767	PEDRO SANTOS	oralklass - amigos do trail	Veterano M40	01:22:33	+01:43	04:35
6	626	Paulo Mesquita	edv-viana trail	Senior Masculino	01:25:13	+04:22	04:44
7	763	LUÍS PEDRO	oralklass - amigos do trail	Senior Masculino	01:25:20	+04:29	04:44
8	514	Fábio Pinto	a.d.amarante trail running	Senior Masculino	01:26:43	+05:53	04:49
9	697	Nuno Cardoso	individual	Veterano M40	01:27:47	+06:56	04:53
10	512	Cristiano Santos	a.d.amarante trail running	Senior Masculino	01:28:21	+07:30	04:55
11	780	Jose Rosario	porto de mós a correr	Veterano M40	01:30:50	+10:00	05:03
12	646	Pedro Tapadas	gondomar futsal clube	Senior Masculino	01:32:53	+12:03	05:10
13	511	Carlos Queirós	a.d.amarante trail running	Senior Masculino	01:32:54	+12:03	05:10
14	720	Igor Moreira	melgaço alvarinho trail	Veterano M40	01:32:58	+12:07	05:10
15	549	Carlos Peixoto	amigos da montanha	Veterano M40	01:33:10	+12:20	05:11
16	585	Artur Cotrim	clube de atletismo de ferreira do zêzere	Senior Masculino	01:33:37	+12:47	05:12
17	525	Bruno Silva	afacycles	Veterano M40	01:34:12	+13:21	05:14
18	615	Ricardo Barros	douroconta - gabinete de apoio e contabilidade	Senior Masculino	01:34:14	+13:23	05:14
19	630	Mario Rodríguez Otero	edv-viana trail	Veterano M40	01:34:18	+13:28	05:14
20	761	FILIPE CARNEIRO	oralklass - amigos do trail	Senior Masculino	01:34:44	+13:53	05:16
21	754	Miguel Jaques	olímpico vianense trail	Senior Masculino	01:34:55	+14:04	05:16
22	795	José Cabral	sporting clube de espinho/antónio leitão	Veterano M50	01:34:59	+14:08	05:17
23	534	Fernando Silva	alexandra carvalho team	Veterano M40	01:35:46	+14:55	05:19
24	532	Tiago Portela	alexandra carvalho team	Senior Masculino	01:36:26	+15:35	05:21
25	560	Ivo Silva	beat your limit!	Senior Masculino	01:36:32	+15:41	05:22
26	617	Marcelo Ramos Martins Marcelo	edl trail	Senior Masculino	01:36:48	+15:57	05:23
27	734	Jorge Filipe	montanha clube trail running/efapel	Sub 23 Masculino	01:37:07	+16:16	05:24
28	715	Narciso Marques	limite vertical trekking	Veterano M50	01:38:06	+17:15	05:27
29	739	Fernando Oliveira	moura & dias	Veterano M40	01:38:22	+17:31	05:28
30	515	José Barros	a.d.amarante trail running	Senior Masculino	01:39:47	+18:57	05:33
31	567	João Nunes	c.r. candoso	Veterano M40	01:39:56	+19:06	05:33
32	509	Carla Moreira	a.d.amarante trail running	Senior Feminino	01:40:57	+20:06	05:37
33	551	Telmo Carvalho	arsm - associação recreativa de s. miguel	Senior Masculino	01:41:31	+20:41	05:38
34	698	Nuno Monteiro	aliança de gandra	Veterano M40	01:41:50	+20:59	05:39
35	605	Sérgio Lourenço	ctad-trilhos de cinfães	Veterano M40	01:41:50	+20:59	05:39
36	781	Raul Silva	profisio team	Veterano M40	01:42:03	+21:12	05:40
37	595	Vasco Sousa	coimbra trail running	Veterano M50	01:42:30	+21:39	05:42
38	765	NUNO PEREIRA	oralklass - amigos do trail	Senior Masculino	01:42:37	+21:46	05:42
39	502	MARIA AREIAS	oralklass - amigos do trail	Senior Feminino	01:42:38	+21:47	05:42
40	731	José Sequeira	montanha clube trail running/efapel	Senior Masculino	01:43:02	+22:11	05:43



**TRAIL CURTO - STAGE 1**

**18 KM**

**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	649	Carlos Castanheira	hab carpintaria	Senior Masculino	02:00:06	+39:16	06:40
86	603	Pedro Nunes	crp ribafria	Senior Masculino	02:00:07	+39:16	06:40
87	791	Fabio Almeida	sai da frente	Senior Masculino	02:00:17	+39:27	06:41
88	744	Pedro Pisco	mrr / nice runners	Veterano M40	02:00:21	+39:30	06:41
89	725	Vitor Gomes	minho e lima trail	Senior Masculino	02:00:36	+39:46	06:42
90	788	Eduardo Silva	ribeitrail	Sub 23 Masculino	02:00:38	+39:47	06:42
91	836	Francisco Miguel Lopes	individual	Senior Masculino	02:00:42	+39:51	06:42
92	506	Rui Teixeira	a.d. sebolido trail boneca douro	Senior Masculino	02:00:42	+39:52	06:42
93	531	Pedro Costa	alexandra carvalho team	Senior Masculino	02:00:52	+40:01	06:43
94	559	Bruno Espadeiro	be energy	Veterano M40	02:00:56	+40:05	06:43
95	722	Nuno Nabeiro	melgaço alvarinho trail	Veterano M40	02:01:12	+40:21	06:44
96	819	Eduardo Cabrita	tranquilidade açoreana clube	Veterano M40	02:01:19	+40:28	06:44
97	555	Sofia Lourenço	arasm - associação recreativa de s. miguel	Veterana F40	02:01:47	+40:56	06:46
98	825	Vicente Sousa	trinca orelhas gato	Veterano M40	02:03:03	+42:12	06:50
99	835	Rui Moura	virithvs runners viseu	Senior Masculino	02:03:36	+42:45	06:52
100	522	Francisco Carneiro	ad esmeriz running	Veterano M40	02:03:36	+42:46	06:52
101	839	Pedro Carneiro	individual	Senior Masculino	02:04:24	+43:33	06:55
102	619	David Fernandes	edp	Senior Masculino	02:04:28	+43:38	06:55
103	733	Pedro Sequeira	montanha clube trail running/efapel	Senior Masculino	02:04:49	+43:58	06:56
104	755	GONÇALO FREITAS	olímpico vianense trail	Sub 23 Masculino	02:04:52	+44:02	06:56
105	784	Jorge Sousa	pt team	Senior Masculino	02:04:53	+44:03	06:56
106	772	Zenaide Alves	out2run-miro	Veterana F40	02:06:13	+45:22	07:01
107	773	Paulo Pinto	out2run-miro	Veterano M40	02:06:14	+45:23	07:01
108	553	Carla Soares	arasm - associação recreativa de s. miguel	Veterana F40	02:06:44	+45:53	07:02
109	691	J.Miguel Barbosa	individual	Veterano M40	02:06:59	+46:08	07:03
110	789	Mário Vieira	ribeitrail	Veterano M40	02:07:00	+46:09	07:03
111	718	Francisco Esteves	melgaço alvarinho trail	Senior Masculino	02:07:15	+46:24	07:04
112	604	Antonio Nunes	crp ribafria	Veterano M60	02:07:18	+46:27	07:04
113	526	Telmo Correia	aguias de alpiarça	Veterano M40	02:08:10	+47:19	07:07
114	823	Paulo Ribeiro	trinca orelhas gato	Veterano M40	02:08:14	+47:24	07:07
115	586	Ana Teixeira	clube de atletismo trail runners da ponte	Senior Feminino	02:08:17	+47:26	07:08
116	612	Paulo Ribeiro	dive   into the mountains	Veterano M40	02:08:48	+47:57	07:09
117	552	Carla Reis	arasm - associação recreativa de s. miguel	Veterana F40	02:08:52	+48:01	07:10
118	808	Rosalia Silva	team lantermil	Senior Feminino	02:08:53	+48:02	07:10
119	716	Serafim Ramos	lion runners - g. d. leões da guarda	Veterano M60	02:09:15	+48:25	07:11
120	672	Pedro Dias	individual	Senior Masculino	02:09:26	+48:35	07:11
121	528	Joaquim Caeiro	alenminho	Veterano M40	02:09:45	+48:54	07:13
122	745	Flávio Caldas	n14 crossfit	Senior Masculino	02:09:48	+48:57	07:13
123	671	Nuno Barros	individual	Senior Masculino	02:09:53	+49:02	07:13
124	587	Bruno Marquês	clube de atletismo trail runners da ponte	Veterano M40	02:10:01	+49:11	07:13
125	647	Vitor Fernandes	gondomar futsal clube	Senior Masculino	02:10:03	+49:12	07:14
126	571	Diogo Resende	caracóis do monte	Senior Masculino	02:10:28	+49:37	07:15
127	651	Andreia Teixeira	individual	Senior Feminino	02:10:40	+49:50	07:16
128	746	Helena Fernandes	n14 crossfit	Veterana F40	02:10:42	+49:51	07:16
129	625	Nuno Ribeiro	edv-viana trail	Senior Masculino	02:10:45	+49:54	07:16
130	535	Rui Barreto	alexandra carvalho team	Veterano M40	02:10:51	+50:00	07:16



**TRAIL CURTO - STAGE 1****18 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
131	732	Pedro Miguel Galamarra Janeiro Cipriano Matos	montanha clube trail running/efapel	Senior Masculino	02:11:44	+50:53	07:19
132	783	Alberto Guedes	pt team	Senior Masculino	02:12:03	+51:12	07:20
133	702	Luis Carvalho	individual	Veterano M50	02:12:24	+51:34	07:21
134	544	Vitor Almeida	all about spirit team	Veterano M50	02:12:26	+51:35	07:21
135	757	Leandro Freitas	olímpico vianense trail	Veterano M50	02:13:16	+52:25	07:24
136	689	Eduardo Faria	individual	Veterano M40	02:13:50	+52:59	07:26
137	530	André Silva	alexandra carvalho team	Senior Masculino	02:14:10	+53:19	07:27
138	821	Ana Sá Pinto	trinca orelhas gato	Veterana F40	02:14:37	+53:46	07:29
139	641	Vasco Guimarães	fama runners	Veterano M40	02:14:45	+53:54	07:29
140	650	Rui Oliveira	hab carpintaria	Senior Masculino	02:15:12	+54:22	07:31
141	666	Hernâni Veríssimo	individual	Senior Masculino	02:15:14	+54:23	07:31
142	519	Carlos A .MACEDO	a.d.amarante trail running	Veterano M60	02:15:18	+54:27	07:31
143	699	Paulo Gouveia	individual	Veterano M40	02:15:23	+54:32	07:31
144	748	Jorge Cunha	nice runners	Veterano M40	02:15:46	+54:55	07:33
145	760	RITA LOUREIRO	oralklass - amigos do trail	Senior Feminino	02:15:51	+55:00	07:33
146	766	PAULA BARBOSA	oralklass - amigos do trail	Veterana F40	02:15:51	+55:00	07:33
147	759	BRIGÍDA PINTO	oralklass - amigos do trail	Senior Feminino	02:15:52	+55:01	07:33
148	676	Saul Azevedo	individual	Senior Masculino	02:16:22	+55:31	07:35
149	613	Liliana Felgueiras	douroconta - gabinete de apoio e contabilidade	Senior Feminino	02:16:24	+55:33	07:35
150	738	Alexandra Padilha	moura & dias	Veterana F40	02:17:09	+56:18	07:37
151	611	Paulo Carneiro	dive   into the mountains	Veterano M40	02:18:04	+57:13	07:40
152	865	Filipe Madurão	invicta runners team	Veterano M40	02:18:18	+57:27	07:41
153	802	Fernando Carvalho	ss montepio	Veterano M50	02:19:11	+58:20	07:44
154	721	Marco Afonso	melgaço alvarinho trail	Veterano M40	02:19:22	+58:31	07:45
155	828	JOSE FEIJAO	united by	Senior Masculino	02:19:29	+58:38	07:45
156	505	Roberto Freitas	a.d. sebolido trail boneca douro	Senior Masculino	02:20:04	+59:13	07:47
157	642	Durbalino Ferreira	ginásio fit4fun	Veterano M50	02:20:58	+01:00:07	07:50
158	834	Joana Silva Alves	viriathtvs runners viseu	Senior Feminino	02:21:04	+01:00:13	07:50
159	831	Joao Feijao	united by	Veterano M50	02:21:08	+01:00:17	07:50
160	845	Álvaro Marques	afacycles	Veterano M50	02:21:12	+01:00:21	07:51
161	680	Margarida Nobre Nunes	individual	Veterana F40	02:22:13	+01:01:23	07:54
162	561	Rui Santos	black bulls / clube de condeixa	Veterano M40	02:22:17	+01:01:26	07:54
163	695	Luis Rocha	individual	Veterano M40	02:22:29	+01:01:39	07:55
164	832	Miguel Pereira	vieira a correr	Senior Masculino	02:22:32	+01:01:41	07:55
165	833	Victor Manuel	vieira a correr	Veterano M40	02:22:33	+01:01:42	07:55
166	524	Fátima Teles	adabem running team	Senior Feminino	02:22:42	+01:01:51	07:56
167	747	Ana Borges	nast	Senior Feminino	02:22:51	+01:02:00	07:56
168	692	João Carlos Brito	individual	Veterano M40	02:24:13	+01:03:22	08:01
169	598	Paula Cristina Silva	comdor runners	Veterana F40	02:24:27	+01:03:36	08:02
170	597	Daniel Pinto	comdor runners	Sub 23 Masculino	02:24:27	+01:03:37	08:02
171	523	Sergio Costa	ad esmeriz running	Veterano M40	02:24:30	+01:03:39	08:02
172	670	Nuno Abel Silva	individual	Senior Masculino	02:24:31	+01:03:41	08:02
173	629	Salome cerqueira	edv-viana trail	Veterana F40	02:24:32	+01:03:41	08:02
174	800	Rui Freitas	ss montepio	Veterano M40	02:24:32	+01:03:42	08:02
175	620	Fernando Pinto	edp	Senior Masculino	02:24:47	+01:03:56	08:03

### TRAIL CURTO - STAGE 1

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
176	507	Alice Pereira	a.d.amarante trail running	Senior Feminino	02:24:49	+01:03:58	08:03
177	590	Andreia Mota	clube recreativo de candoso	Senior Feminino	02:24:55	+01:04:05	08:03
178	520	Catarina Teixeira	abutres	Veterana F40	02:25:02	+01:04:11	08:03
179	655	Liliana Ribeiro	individual	Senior Feminino	02:26:08	+01:05:18	08:07
180	575	Dulce Almeida	cfa spartans	Veterana F40	02:26:08	+01:05:18	08:07
181	669	Marco Costa	individual	Senior Masculino	02:26:17	+01:05:27	08:08
182	675	Rui Sameiro	individual	Senior Masculino	02:26:27	+01:05:36	08:08
183	727	Ana Garcia	montanha clube trail running/efapel	Senior Feminino	02:26:29	+01:05:38	08:08
184	741	Luís Pinho	mov'et	Senior Masculino	02:26:55	+01:06:04	08:10
185	771	Tiago Carneiro	os três pastorinhos	Senior Masculino	02:26:58	+01:06:08	08:10
186	661	Cristiano Gomes	individual	Senior Masculino	02:27:03	+01:06:12	08:10
187	688	Bruno Teixeira	individual	Veterano M40	02:27:45	+01:06:55	08:13
188	711	Jana Dubnová	kcl kooperativa svijany	Senior Feminino	02:28:14	+01:07:23	08:14
189	550	Bruno Ribeiro	apúlia a correr	Senior Masculino	02:28:15	+01:07:24	08:14
190	742	Rui Lameira	mov'et	Veterano M40	02:28:18	+01:07:27	08:14
191	503	Nuno Neves	100meta	Senior Masculino	02:28:34	+01:07:44	08:15
192	546	Luciano Rocha	altos&baixos	Senior Masculino	02:28:45	+01:07:54	08:16
193	654	Fernanda Faria	individual	Senior Feminino	02:28:51	+01:08:00	08:16
194	562	Marcelino Mota	bragarunners	Veterano M40	02:28:51	+01:08:00	08:16
195	681	Olívia Pimenta	individual	Veterana F40	02:29:58	+01:09:07	08:20
196	818	Luis Gomes	team lantermil	Veterano M40	02:29:59	+01:09:08	08:20
197	770	Ângelo Carneiro	os três pastorinhos	Senior Masculino	02:30:00	+01:09:09	08:20
198	558	Filipe Cunha	aztrail/mercentro	Veterano M40	02:30:01	+01:09:10	08:20
199	574	Ricardo Duarte	cerveira team running	Senior Masculino	02:30:04	+01:09:13	08:20
200	589	Hercílio Santos	clube efacec	Veterano M50	02:30:29	+01:09:38	08:22
201	779	Ivone Vieira	porto de mós a correr	Veterana F40	02:30:31	+01:09:40	08:22
202	521	Pedro Ferreira	abutres	Veterano M40	02:30:53	+01:10:03	08:23
203	682	Paula Carneiro	individual	Veterana F40	02:32:33	+01:11:42	08:29
204	624	Sandra Santos	edv-viana trail	Senior Feminino	02:32:39	+01:11:49	08:29
205	628	Tiago Rocha	edv-viana trail	Sub 23 Masculino	02:32:40	+01:11:49	08:29
206	704	Luis Pinheiro	jacarés cansados	Senior Masculino	02:33:26	+01:12:36	08:31
207	610	Carla Antunes	dive   into the mountains	Veterana F40	02:33:50	+01:12:59	08:33
208	529	Joana Maia	alexandra carvalho team	Senior Feminino	02:33:58	+01:13:07	08:33
209	703	Bruno Andrade	jacarés cansados	Senior Masculino	02:34:28	+01:13:37	08:35
210	639	Ruben Carvalho	fama runners	Senior Masculino	02:34:46	+01:13:56	08:36
211	749	Luís Marques	nice runners	Veterano M40	02:35:12	+01:14:22	08:37
212	827	Cristina Meireles	umelga runners	Veterana F50	02:36:10	+01:15:19	08:41
213	730	Sandra Gonçalves	montanha clube trail running/efapel	Senior Feminino	02:36:28	+01:15:37	08:42
214	596	Cristina Rocha Rocha	comdor runners	Senior Feminino	02:36:47	+01:15:56	08:43
215	777	Susana Canhola	pernetas	Veterana F40	02:37:06	+01:16:15	08:44
216	622	Tiago Andrade	edp	Veterano M40	02:37:24	+01:16:34	08:45
217	621	Rui Cruz	edp	Veterano M40	02:37:26	+01:16:35	08:45
218	576	Philippe Domingues	cfa spartans	Veterano M50	02:37:28	+01:16:38	08:45
219	740	Tulia Aires	mov'et	Senior Feminino	02:37:28	+01:16:38	08:45
220	565	Maria José Silva	c.a.s.p.a. - clube amador só para atletismo	Veterana F50	02:37:38	+01:16:48	08:45

**TRAIL CURTO - STAGE 1****18 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
221	636	Daniela Marques	fama runners	Senior Feminino	02:37:40	+01:16:50	08:46
222	659	Bruno Palma	individual	Senior Masculino	02:38:05	+01:17:14	08:47
223	724	Susana Cristina Gomes Ferreira	minho e lima trail	Senior Feminino	02:38:55	+01:18:05	08:50
224	633	Olga Martins	ermida team	Senior Feminino	02:39:36	+01:18:45	08:52
225	803	Dora Reis	tâentos team	Veterana F40	02:39:39	+01:18:48	08:52
226	686	Dulce ribeiro	individual	Veterana F50	02:39:41	+01:18:50	08:52
227	660	Bruno Rodrigues	individual	Senior Masculino	02:40:07	+01:19:17	08:54
228	588	Filipe Bessa	clube efaccc	Senior Masculino	02:40:25	+01:19:34	08:55
229	545	Carlos Guedes	all-titudes trail team	Veterano M40	02:40:52	+01:20:02	08:56
230	816	Maria Santos	team lantermil	Veterana F50	02:40:54	+01:20:03	08:56
231	683	Rui Martins	individual	Veterano M40	02:40:56	+01:20:05	08:56
232	728	Ana Sêco	montanha clube trail running/efapel	Senior Feminino	02:40:57	+01:20:06	08:57
233	644	Daniel Mendes	gondomar futsal clube	Senior Masculino	02:41:00	+01:20:09	08:57
234	723	Helena Cerqueira	minho e lima trail	Senior Feminino	02:41:08	+01:20:18	08:57
235	570	João Espírito Santo	cães d'avenida	Senior Masculino	02:41:42	+01:20:51	08:59
236	569	Francisco Van Zeller	cães d'avenida	Senior Masculino	02:41:44	+01:20:54	08:59
237	648	Tania Moreira	hab carpintaria	Senior Feminino	02:42:42	+01:21:51	09:02
238	799	Luis Ribeiro	ss montepio	Veterano M40	02:43:46	+01:22:55	09:06
239	840	Paulo Fonseca	individual	Veterano M50	02:43:56	+01:23:05	09:06
240	643	Lucie Trpisovska	gondomar futsal clube	Senior Feminino	02:45:24	+01:24:34	09:11
241	843	Pedro Oliveira	individual	Veterano M40	02:45:27	+01:24:36	09:12
242	842	João Rodrigues	individual	Senior Masculino	02:45:45	+01:24:54	09:13
243	735	Ana Maria Loreto	montanha clube trail running/efapel	Veterana F50	02:46:26	+01:25:35	09:15
244	775	Deolinda Antunes	palmeira runners	Veterana F40	02:46:29	+01:25:38	09:15
245	645	Pedro Rodrigues	gondomar futsal clube	Senior Masculino	02:46:35	+01:25:44	09:15
246	796	Rui Carvalho	ss montepio	Senior Masculino	02:46:36	+01:25:45	09:15
247	811	Sérgio Bastos	team lantermil	Senior Masculino	02:46:37	+01:25:47	09:15
248	632	Orlando Duarte	em força- spem	Veterano M60	02:46:38	+01:25:47	09:15
249	563	Maria Alívio Ribeiro	braguinhas runners	Veterana F40	02:46:48	+01:25:57	09:16
250	801	Rui Silva	ss montepio	Veterano M40	02:46:57	+01:26:07	09:17
251	750	Maria Jesus	nocturnos de paredes	Veterana F40	02:46:58	+01:26:07	09:17
252	640	Rosa Vilhena	fama runners	Veterana F60	02:46:59	+01:26:08	09:17
253	638	João Pinheiro	fama runners	Senior Masculino	02:46:59	+01:26:08	09:17
254	713	Monica Domingues	lebres minhotas	Senior Feminino	02:47:01	+01:26:10	09:17
255	548	Isabel Martins	amigos da montanha	Veterana F50	02:47:03	+01:26:13	09:17
256	599	Sandra Pina	comdor runners	Veterana F40	02:47:40	+01:26:49	09:19
257	743	Liseta Pinto	mrr / nice runners	Veterana F40	02:48:10	+01:27:19	09:21
258	594	Ligia Fernandes	cmi montanhismo	Veterana F40	02:48:13	+01:27:22	09:21
259	693	José Maria Rodrigues	individual	Veterano M40	02:48:21	+01:27:30	09:21
260	798	Francisco Moreira	ss montepio	Veterano M40	02:48:32	+01:27:41	09:22
261	673	Pedro Marques	individual	Senior Masculino	02:48:32	+01:27:41	09:22
262	797	Susana Cardoso	ss montepio	Veterana F40	02:48:34	+01:27:43	09:22
263	794	Paula Oliveira	sporting clube de espinho/antónio leitão	Veterana F40	02:48:48	+01:27:58	09:23
264	653	Elisabete Silva	individual	Senior Feminino	02:48:49	+01:27:58	09:23
265	602	Rui Oliveira	comdor runners	Veterano M40	02:48:56	+01:28:06	09:23

TRAIL CURTO - STAGE 1

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
266	554	Liliana Azenha	arasm - associação recreativa de s. miguel	Veterana F40	02:49:07	+01:28:16	09:24
267	564	Maria José Machado	c.a.s.p.a. - clube amador só para atletismo	Veterana F50	02:49:16	+01:28:25	09:24
268	714	Anabela Silva	limite vertical trekking	Veterana F40	02:49:31	+01:28:40	09:25
269	776	António Antunes	palmeira runners	Veterano M60	02:49:48	+01:28:58	09:26
270	508	Ana Mendonça	a.d.amarante trail running	Senior Feminino	02:50:01	+01:29:10	09:27
271	568	Jaime Trabucho	caapp	Veterano M50	02:50:26	+01:29:35	09:28
272	685	Ana Cristina Pinto Cabrita	individual	Veterana F50	02:50:54	+01:30:03	09:30
273	618	Fátima Santos	edp	Senior Feminino	02:51:25	+01:30:34	09:31
274	710	Rita Dias	juventude vidigalense	Veterana F40	02:52:03	+01:31:13	09:34
275	677	Elisabete Pereira	alexandra carvalho team	Veterana F40	02:53:08	+01:32:17	09:37
276	627	Andrea Silva	edv-viana trail	Veterana F40	02:53:08	+01:32:18	09:37
277	665	Helder Costa	individual	Senior Masculino	02:54:18	+01:33:27	09:41
278	656	Sílvia Marta Soares Rêgo	individual	Senior Feminino	02:54:32	+01:33:41	09:42
279	805	Carla Sofia Araújo	team lanthemil	Senior Feminino	02:55:11	+01:34:20	09:44
280	700	Paulo Sérgio Mogas	individual	Veterano M40	02:55:15	+01:34:24	09:44
281	829	Susana Feijão	united by	Veterana F40	02:56:45	+01:35:54	09:49
282	566	Elisabete Faria	c.r. candoso	Senior Feminino	02:58:21	+01:37:31	09:55
283	813	Ana Dias	team lanthemil	Sub 23 Feminino	02:59:15	+01:38:25	09:58
284	846	Sandra Costa	bragarunners	Veterana F40	03:01:12	+01:40:21	10:04
285	837	Vítor Santos	individual	Veterano M40	03:01:47	+01:40:57	10:06
286	774	Anabela Simões	p.c terras de bouro	Senior Feminino	03:02:27	+01:41:36	10:08
287	830	Miguel Palmeiro	united by	Veterano M40	03:03:08	+01:42:18	10:10
288	668	Luis Freitas	individual	Senior Masculino	03:03:12	+01:42:22	10:11
289	540	Isabel Neves	aliança de gandra	Veterana F40	03:04:21	+01:43:31	10:15
290	542	José Carneiro	aliança de gandra	Veterano M40	03:04:22	+01:43:31	10:15
291	678	Jacqueline Pereira	individual	Veterana F40	03:04:38	+01:43:48	10:15
292	752	Andreia Fontainhas	olímpico vianense trail	Senior Feminino	03:04:47	+01:43:56	10:16
293	844	Beatriz Pires	olímpico vianense trail	Senior Feminino	03:05:39	+01:44:48	10:19
294	696	Miguel Henriques	individual	Veterano M40	03:05:40	+01:44:50	10:19
295	539	Fernanda Leal	aliança de gandra	Veterana F40	03:06:11	+01:45:20	10:21
296	701	Augusto Lopes	individual	Veterano M50	03:06:47	+01:45:56	10:23
297	793	Ivete Alves	solopisadas	Veterana F40	03:07:56	+01:47:06	10:26
298	708	José Teixeira	juventude desportiva de gondomar	Veterano M40	03:08:31	+01:47:40	10:28
299	804	Elisabete Azougado	tálenos team	Veterana F40	03:08:50	+01:47:59	10:29
300	792	Emanuel Duraes	sai da frente	Veterano M40	03:11:35	+01:50:44	10:39
301	817	Jorge Marques	team lanthemil	Veterano M40	03:14:17	+01:53:26	10:48
302	607	Filipa Matias	dap trail team	Senior Feminino	03:16:06	+01:55:15	10:54
303	778	Ana Vala	porto de mós a correr	Senior Feminino	03:22:09	+02:01:18	11:14
304	600	Maria Olivença	comdor runners	Veterana F50	03:25:13	+02:04:22	11:24
305	635	Paula Cardoso	factor x / s41 / medense fc	Senior Feminino	03:25:39	+02:04:48	11:26
306	809	Susana Serra	team lanthemil	Senior Feminino	03:30:00	+02:09:09	11:40
307	812	Vitor Horácio Correia	team lanthemil	Senior Masculino	03:30:00	+02:09:09	11:40
308	782	Rui Almeida	profisio team	Veterano M40	03:36:40	+02:15:49	12:02
309	807	Margarida Dantas	team lanthemil	Senior Feminino	03:37:44	+02:16:53	12:06
310	652	Dinha Ribeiro	individual	Senior Feminino	03:39:12	+02:18:21	12:11

**TRAIL CURTO - STAGE 1**

**18 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

<b>RANK</b>	<b>BIB</b>	<b>NAME</b>	<b>TEAM</b>	<b>CAT</b>	<b>RESULT</b>	<b>DIFF</b>	<b>t/KM</b>
311	527	Cândida Caeiro	alenminho	Veterana F50	03:39:12	+02:18:21	12:11
312	822	Cristina Neves	trinca orelhas gato	Veterana F40	03:48:38	+02:27:47	12:42
313	543	Roberto Moreira	aliança de gandra	Veterano M40	03:48:40	+02:27:50	12:42
314	541	Natália Moreira	aliança de gandra	Veterana F40	03:48:41	+02:27:50	12:42
315	824	Sérgio Sousa	trinca orelhas gato	Veterano M40	03:51:20	+02:30:29	12:51
316	820	Jacinta Sousa	trinca orelhas gato	Sub 23 Feminino	03:51:20	+02:30:29	12:51
317	679	Justina Ferreira	individual	Veterana F40	04:07:58	+02:47:07	13:47
318	577	Claudia Vilarinho	clube amator de mirandela	Senior Feminino	04:17:20	+02:56:29	14:18
319	583	Emília Iago	clube amator de mirandela	Veterana F50	04:25:00	+03:04:09	14:43
320	815	Sílvia Araújo	team lanthemil	Veterana F40	04:31:23	+03:10:32	15:05
321	806	Elsa Vale	team lanthemil	Senior Feminino	04:31:23	+03:10:32	15:05



## Trail Curto

## 18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

36	656	Sílvia Marta Soares Rêgo	Individual	Senior Feminino	02:54:32	+01:33:41	09:42
37	805	Carla Sofia Araújo	TEAM LANTEMIL	Senior Feminino	02:55:11	+01:34:20	09:44
38	566	Elisabete Faria	C.R. Candoso	Senior Feminino	02:58:21	+01:37:31	09:55
39	774	Anabela Simões	P.C Terras de Bouro	Senior Feminino	03:02:27	+01:41:36	10:08
40	752	Andreia Fontainhas	OLÍMPICO VIANENSE TRAIL	Senior Feminino	03:04:47	+01:43:56	10:16
41	844	Beatriz Pires	OLÍMPICO VIANENSE TRAIL	Senior Feminino	03:05:39	+01:44:48	10:19
42	607	Filipa Matias	DAP Trail Team	Senior Feminino	03:16:06	+01:55:15	10:54
43	778	Ana Vala	Porto de Mós a Correr	Senior Feminino	03:22:09	+02:01:18	11:14
44	635	Paula Cardoso	Factor X / S4L /Medense FC	Senior Feminino	03:25:39	+02:04:48	11:26
45	809	Susana Serra	TEAM LANTEMIL	Senior Feminino	03:30:00	+02:09:09	11:40
46	807	Margarida Dantas	TEAM LANTEMIL	Senior Feminino	03:37:44	+02:16:53	12:06
47	652	Dinha Ribeiro	Individual	Senior Feminino	03:39:12	+02:18:21	12:11
48	577	Claudia Vilarinho	CLUBE AMADOR DE MIRANDELA	Senior Feminino	04:17:20	+02:56:29	14:18
49	806	Elsa Vale	TEAM LANTEMIL	Senior Feminino	04:31:23	+03:10:32	15:05

## Senior Masculino

1	764	NUNO ALVES	Oralklass - Amigos Do Trail	Senior Masculino	01:21:04	+00:14	04:30
2	516	Paulo Costa	A.D.Amarante trail running	Senior Masculino	01:21:53	+01:03	04:33
3	626	Paulo Mesquita	EDV-VIANA TRAIL	Senior Masculino	01:25:13	+04:22	04:44
4	763	LUÍS PEDRO	Oralklass - Amigos Do Trail	Senior Masculino	01:25:20	+04:29	04:44
5	514	Fábio Pinto	A.D.Amarante trail running	Senior Masculino	01:26:43	+05:53	04:49
6	512	Cristiano Santos	A.D.Amarante trail running	Senior Masculino	01:28:21	+07:30	04:55
7	646	Pedro Tapadas	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:32:53	+12:03	05:10
8	511	Carlos Queirós	A.D.Amarante trail running	Senior Masculino	01:32:54	+12:03	05:10
9	585	Artur Cotrim	Clube de Atletismo de Ferreira do Zêzere	Senior Masculino	01:33:37	+12:47	05:12
10	615	Ricardo Barros	Douroconta - Gabinete de Apoio e Contabilidade	Senior Masculino	01:34:14	+13:23	05:14
11	761	FILIPPE CARNEIRO	Oralklass - Amigos Do Trail	Senior Masculino	01:34:44	+13:53	05:16
12	754	Miguel Jaques	OLÍMPICO VIANENSE TRAIL	Senior Masculino	01:34:55	+14:04	05:16
13	532	Tiago Portela	Alexandra Carvalho Team	Senior Masculino	01:36:26	+15:35	05:21
14	560	Ivo Silva	Beat Your Limit!	Senior Masculino	01:36:32	+15:41	05:22
15	617	Marcelo Ramos Martins Marcelo	EDL Trail	Senior Masculino	01:36:48	+15:57	05:23
16	515	José Barros	A.D.Amarante trail running	Senior Masculino	01:39:47	+18:57	05:33
17	551	Telmo Carvalho	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	01:41:31	+20:41	05:38
18	765	NUNO PEREIRA	Oralklass - Amigos Do Trail	Senior Masculino	01:42:37	+21:46	05:42
19	731	José Sequeira	Montanha Clube Trail Running/Efapel	Senior Masculino	01:43:02	+22:11	05:43
20	614	Bruno Santos	Douroconta - Gabinete de Apoio e Contabilidade	Senior Masculino	01:43:24	+22:34	05:45
21	536	Carlos Costa	ALIANÇA DE GANDRA	Senior Masculino	01:43:38	+22:48	05:45
22	667	José António Figueiredo Fonseca	Individual	Senior Masculino	01:44:20	+23:29	05:48
23	537	Luís Silva	ALIANÇA DE GANDRA	Senior Masculino	01:44:41	+23:50	05:49
24	810	Nuno Maia	TEAM LANTEMIL	Senior Masculino	01:45:16	+24:25	05:51
25	662	Felisberto Arcipreste	Individual	Senior Masculino	01:46:17	+25:27	05:54

**Trail Curto**

**18 KM**

**OFFICIAL RESULT**

26	841	José Pereira	Individual	Senior Masculino	01:46:20	+25:29	05:54
27	593	Nuno Cunha	Clube Zupper	Senior Masculino	01:46:53	+26:02	05:56
28	664	Germano Joaquim Figueira	Individual	Senior Masculino	01:47:38	+26:47	05:59
29	762	GILBERTO PIMENTA	Oralklass - Amigos Do Trail	Senior Masculino	01:47:46	+26:55	05:59
30	705	Pedro Neves	Juventude desportiva de Gondomar	Senior Masculino	01:47:48	+26:57	05:59
31	787	Marco Escadas	RIBEITRAIL	Senior Masculino	01:48:21	+27:30	06:01
32	785	Márcio Silva Araújo	Ribeiratrail	Senior Masculino	01:48:27	+27:36	06:02
33	751	Luis Narciso	O Mundo da Corrida	Senior Masculino	01:51:03	+30:12	06:10
34	786	Jorge Pinheiro	Ribeiratrail	Senior Masculino	01:51:12	+30:22	06:11
35	657	António Fernandes	Individual	Senior Masculino	01:51:15	+30:25	06:11
36	592	Pedro Cancelo	Clube Zupper	Senior Masculino	01:51:24	+30:33	06:11
37	606	Luis Miguel Barbosa	Ctr-cerveira team running	Senior Masculino	01:55:30	+34:39	06:25
38	637	Fernando Pinto	FAMA RUNNERS	Senior Masculino	01:55:44	+34:53	06:26
39	864	Bruno Pires	OLÍMPICO VIANENSE TRAIL	Senior Masculino	01:56:02	+35:11	06:27
40	504	Paulo Araújo	A.D. Sebolido Trail Boneca Douro	Senior Masculino	01:56:16	+35:26	06:28
41	513	Daniel Santos	A.D.Amarante trail running	Senior Masculino	01:58:14	+37:24	06:34
42	609	Carlos Ribeiro	DiVe   Into The Mountains	Senior Masculino	01:59:31	+38:40	06:38
43	616	Tiago Pinto	Douroconta - Gabinete de Apoio e Contabilidade	Senior Masculino	01:59:42	+38:51	06:39
44	649	Carlos Castanheira	Hab Carpintaria	Senior Masculino	02:00:06	+39:16	06:40
45	603	Pedro Nunes	CRP RIBAFRIA	Senior Masculino	02:00:07	+39:16	06:40
46	791	Fabio Almeida	SAI DA FRENTE	Senior Masculino	02:00:17	+39:27	06:41
47	725	Vítor Gomes	Minho e Lima Trail	Senior Masculino	02:00:36	+39:46	06:42
48	836	Francisco Miguel Lopes	Individual	Senior Masculino	02:00:42	+39:51	06:42
49	506	Rui Teixeira	A.D. Sebolido Trail Boneca Douro	Senior Masculino	02:00:42	+39:52	06:42
50	531	Pedro Costa	Alexandra Carvalho Team	Senior Masculino	02:00:52	+40:01	06:43
51	835	Rui Moura	Viriathvs Runners Viseu	Senior Masculino	02:03:36	+42:45	06:52
52	839	Pedro Carneiro	Individual	Senior Masculino	02:04:24	+43:33	06:55
53	619	David Fernandes	EDP	Senior Masculino	02:04:28	+43:38	06:55
54	733	Pedro Sequeira	Montanha Clube Trail Running/Efapel	Senior Masculino	02:04:49	+43:58	06:56
55	784	Jorge Sousa	PT Team	Senior Masculino	02:04:53	+44:03	06:56
56	718	Francisco Esteves	MELGAÇO ALVARINHO TRAIL	Senior Masculino	02:07:15	+46:24	07:04
57	672	Pedro Dias	Individual	Senior Masculino	02:09:26	+48:35	07:11
58	745	Flávio Caldas	N14 CROSSFIT	Senior Masculino	02:09:48	+48:57	07:13
59	671	Nuno Barros	Individual	Senior Masculino	02:09:53	+49:02	07:13
60	647	Vítor Fernandes	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:10:03	+49:12	07:14
61	571	Diogo Resende	Caracóis do Monte	Senior Masculino	02:10:28	+49:37	07:15
62	625	Nuno Ribeiro	EDV-VIANA TRAIL	Senior Masculino	02:10:45	+49:54	07:16
63	732	Pedro Miguel Galamarra Janeiro Cipriano Matos	Montanha Clube Trail Running/Efapel	Senior Masculino	02:11:44	+50:53	07:19
64	783	Alberto Guedes	PT Team	Senior Masculino	02:12:03	+51:12	07:20
65	530	André Silva	Alexandra Carvalho Team	Senior Masculino	02:14:10	+53:19	07:27
66	650	Rui Oliveira	Hab Carpintaria	Senior Masculino	02:15:12	+54:22	07:31
67	666	Hernâni Veríssimo	Individual	Senior Masculino	02:15:14	+54:23	07:31
68	676	Saul Azevedo	Individual	Senior Masculino	02:16:22	+55:31	07:35
69	828	JOSE FEIJAO	united by	Senior Masculino	02:19:29	+58:38	07:45



## Trail Curto

**18 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

70	505	Roberto Freitas	A.D. Sebolido Trail Boneca Douro	Senior Masculino	02:20:04	+59:13	07:47
71	832	Miguel Pereira	VIEIRA A CORRER	Senior Masculino	02:22:32	+01:01:41	07:55
72	670	Nuno Abel Silva	Individual	Senior Masculino	02:24:31	+01:03:41	08:02
73	620	Fernando Pinto	EDP	Senior Masculino	02:24:47	+01:03:56	08:03
74	669	Marco Costa	Individual	Senior Masculino	02:26:17	+01:05:27	08:08
75	675	Rui Sameiro	Individual	Senior Masculino	02:26:27	+01:05:36	08:08
76	741	Luís Pinho	Mov'et	Senior Masculino	02:26:55	+01:06:04	08:10
77	771	Tiago Carneiro	Os Três Pastorinhos	Senior Masculino	02:26:58	+01:06:08	08:10
78	661	Cristiano Gomes	Individual	Senior Masculino	02:27:03	+01:06:12	08:10
79	550	Bruno Ribeiro	Apúlia a Correr	Senior Masculino	02:28:15	+01:07:24	08:14
80	503	Nuno Neves	100meta	Senior Masculino	02:28:34	+01:07:44	08:15
81	546	Luciano Rocha	Altos&Baixos	Senior Masculino	02:28:45	+01:07:54	08:16
82	770	Ângelo Carneiro	Os Três Pastorinhos	Senior Masculino	02:30:00	+01:09:09	08:20
83	574	Ricardo Duarte	Cerveira Team Running	Senior Masculino	02:30:04	+01:09:13	08:20
84	704	Luis Pinheiro	Jacarés Cansados	Senior Masculino	02:33:26	+01:12:36	08:31
85	703	Bruno Andrade	Jacarés Cansados	Senior Masculino	02:34:28	+01:13:37	08:35
86	639	Ruben Carvalho	FAMA RUNNERS	Senior Masculino	02:34:46	+01:13:56	08:36
87	659	Bruno Palma	Individual	Senior Masculino	02:38:05	+01:17:14	08:47
88	660	Bruno Rodrigues	Individual	Senior Masculino	02:40:07	+01:19:17	08:54
89	588	Filipe Bessa	Clube Efacec	Senior Masculino	02:40:25	+01:19:34	08:55
90	644	Daniel Mendes	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:41:00	+01:20:09	08:57
91	570	João Espírito Santo	Cães d'Avenida	Senior Masculino	02:41:42	+01:20:51	08:59
92	569	Francisco Van Zeller	Cães d'Avenida	Senior Masculino	02:41:44	+01:20:54	08:59
93	842	João Rodrigues	Individual	Senior Masculino	02:45:45	+01:24:54	09:13
94	645	Pedro Rodrigues	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:46:35	+01:25:44	09:15
95	796	Rui Carvalho	SS MONTEPIO	Senior Masculino	02:46:36	+01:25:45	09:15
96	811	Sérgio Bastos	TEAM LANTEMIL	Senior Masculino	02:46:37	+01:25:47	09:15
97	638	João Pinheiro	FAMA RUNNERS	Senior Masculino	02:46:59	+01:26:08	09:17
98	673	Pedro Marques	Individual	Senior Masculino	02:48:32	+01:27:41	09:22
99	665	Helder Costa	Individual	Senior Masculino	02:54:18	+01:33:27	09:41
100	668	Luis Freitas	Individual	Senior Masculino	03:03:12	+01:42:22	10:11
101	812	Vitor Horácio Correia	TEAM LANTEMIL	Senior Masculino	03:30:00	+02:09:09	11:40

## Sub 23 Feminino

1	813	Ana Dias	TEAM LANTEMIL	Sub 23 Feminino	02:59:15	+01:38:25	09:58
2	820	Jacinta Sousa	Trinca Orelhas Gato	Sub 23 Feminino	03:51:20	+02:30:29	12:51

## Sub 23 Masculino

1	501	ANTÓNIO BRAZIELA	Oralklass - Amigos Do Trail	Sub 23 Masculino	01:20:55	+00:04	04:30
2	734	Jorge Filipe	Montanha Clube Trail Running/Efapel	Sub 23 Masculino	01:37:07	+16:16	05:24
3	533	João Afonso	Alexandra Carvalho Team	Sub 23 Masculino	01:49:07	+28:16	06:04
4	538	José Gaspar	ALIANÇA DE GANDRA	Sub 23 Masculino	01:51:15	+30:24	06:11
5	814	João Fernandes	TEAM LANTEMIL	Sub 23 Masculino	01:55:25	+34:34	06:25

## Trail Curto

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

6	788	Eduardo Silva	RIBEITRAIL	Sub 23 Masculino	02:00:38	+39:47	06:42
7	755	GONALO FREITAS	OL2MPICO VIANENSE TRAIL	Sub 23 Masculino	02:04:52	+44:02	06:56
8	597	Daniel Pinto	ComDor Runners	Sub 23 Masculino	02:24:27	+01:03:37	08:02
9	628	Tiago Rocha	EDV-VIANA TRAIL	Sub 23 Masculino	02:32:40	+01:11:49	08:29

## Veterana F40

1	555	Sofia Loureno	ARSM - Associao Recreativa de S. Miguel	Veterana F40	02:01:47	+40:56	06:46
2	772	Zenaide Alves	out2run-miro	Veterana F40	02:06:13	+45:22	07:01
3	553	Carla Soares	ARSM - Associao Recreativa de S. Miguel	Veterana F40	02:06:44	+45:53	07:02
4	552	Carla Reis	ARSM - Associao Recreativa de S. Miguel	Veterana F40	02:08:52	+48:01	07:10
5	746	Helena Fernandes	N14 CROSSFIT	Veterana F40	02:10:42	+49:51	07:16
6	821	Ana S Pinto	Trinca Orelhas Gato	Veterana F40	02:14:37	+53:46	07:29
7	766	PAULA BARBOSA	Oralklass - Amigos Do Trail	Veterana F40	02:15:51	+55:00	07:33
8	738	Alexandra Padilha	Moura & Dias	Veterana F40	02:17:09	+56:18	07:37
9	680	Margarida Nobre Nunes	Individual	Veterana F40	02:22:13	+01:01:23	07:54
10	598	Paula Cristina Silva	ComDor Runners	Veterana F40	02:24:27	+01:03:36	08:02
11	629	Salome cerqueira	EDV-VIANA TRAIL	Veterana F40	02:24:32	+01:03:41	08:02
12	520	Catarina Teixeira	Abutres	Veterana F40	02:25:02	+01:04:11	08:03
13	575	Dulce Almeida	Ca Spartans	Veterana F40	02:26:08	+01:05:18	08:07
14	681	Olvia Pimenta	Individual	Veterana F40	02:29:58	+01:09:07	08:20
15	779	Ivone Vieira	Porto de Ms a Correr	Veterana F40	02:30:31	+01:09:40	08:22
16	682	Paula Carneiro	Individual	Veterana F40	02:32:33	+01:11:42	08:29
17	610	Carla Antunes	DiVe   Into The Mountains	Veterana F40	02:33:50	+01:12:59	08:33
18	777	Susana Canhola	Pernetas	Veterana F40	02:37:06	+01:16:15	08:44
19	803	Dora Reis	Tlentos Team	Veterana F40	02:39:39	+01:18:48	08:52
20	775	Deolinda Antunes	Palmeira Runners	Veterana F40	02:46:29	+01:25:38	09:15
21	563	Maria Alvio Ribeiro	Braguinhas Runners	Veterana F40	02:46:48	+01:25:57	09:16
22	750	Maria Jesus	NOCTURNOS DE PAREDES	Veterana F40	02:46:58	+01:26:07	09:17
23	599	Sandra Pina	ComDor Runners	Veterana F40	02:47:40	+01:26:49	09:19
24	743	Liseta Pinto	MRR / Nice Runners	Veterana F40	02:48:10	+01:27:19	09:21
25	594	Ligia Fernandes	CMI MONTANHISMO	Veterana F40	02:48:13	+01:27:22	09:21
26	797	Susana Cardoso	SS MONTEPIO	Veterana F40	02:48:34	+01:27:43	09:22
27	794	Paula Oliveira	Sporting Clube de Espinho/Antnio Leito	Veterana F40	02:48:48	+01:27:58	09:23
28	554	Liliana Azenha	ARSM - Associao Recreativa de S. Miguel	Veterana F40	02:49:07	+01:28:16	09:24
29	714	Anabela Silva	Limite Vertical trekking	Veterana F40	02:49:31	+01:28:40	09:25
30	710	Rita Dias	Juventude Vidigalense	Veterana F40	02:52:03	+01:31:13	09:34
31	677	Elisabete Pereira	Alexandra Carvalho Team	Veterana F40	02:53:08	+01:32:17	09:37
32	627	Andrea Silva	EDV-VIANA TRAIL	Veterana F40	02:53:08	+01:32:18	09:37
33	829	Susana Feijo	united by	Veterana F40	02:56:45	+01:35:54	09:49
34	846	Sandra Costa	BRAGARUNNERS	Veterana F40	03:01:12	+01:40:21	10:04
35	540	Isabel Neves	ALIANA DE GANDRA	Veterana F40	03:04:21	+01:43:31	10:15
36	678	Jacqueline Pereira	Individual	Veterana F40	03:04:38	+01:43:48	10:15



**Trail Curto**

**18 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

14	781	Raul Silva	Profisio Team	Veterano M40	01:42:03	+21:12	05:40
15	572	Fernando Coelho	Caracóis do Monte	Veterano M40	01:46:34	+25:43	05:55
16	737	Rui Gaspar	Montanha Clube Trail Running/Efapel	Veterano M40	01:46:45	+25:54	05:56
17	726	Luis Ferreira	Minho e Lima Trail	Veterano M40	01:46:58	+26:07	05:57
18	712	Eliseu Leite	Laundostrail	Veterano M40	01:51:49	+30:58	06:13
19	694	Luis Filipe Pereira	Cerveira Team Running	Veterano M40	01:52:02	+31:11	06:13
20	790	Victor Rodrigues	Ribeitrail	Veterano M40	01:57:41	+36:51	06:32
21	736	Nuno Gonçalves	Montanha Clube Trail Running/Efapel	Veterano M40	01:58:16	+37:26	06:34
22	744	Pedro Pisco	MRR / Nice Runners	Veterano M40	02:00:21	+39:30	06:41
23	559	Bruno Espadeiro	BE ENERGY	Veterano M40	02:00:56	+40:05	06:43
24	722	Nuno Nabeiro	Melgaço Alvarinho Trail	Veterano M40	02:01:12	+40:21	06:44
25	819	Eduardo Cabrita	Tranquilidade Açoreana Clube	Veterano M40	02:01:19	+40:28	06:44
26	825	Vicente Sousa	Trinca Orelhas Gato	Veterano M40	02:03:03	+42:12	06:50
27	522	Francisco Carneiro	AD Esmeriz Running	Veterano M40	02:03:36	+42:46	06:52
28	773	Paulo Pinto	out2run-miro	Veterano M40	02:06:14	+45:23	07:01
29	691	J.Miguel Barbosa	Individual	Veterano M40	02:06:59	+46:08	07:03
30	789	Mário Vieira	Ribeitrail	Veterano M40	02:07:00	+46:09	07:03
31	526	Telmo Correia	aguas de alpiarça	Veterano M40	02:08:10	+47:19	07:07
32	823	Paulo Ribeiro	Trinca Orelhas Gato	Veterano M40	02:08:14	+47:24	07:07
33	612	Paulo Ribeiro	DiVE   Into the Mountains	Veterano M40	02:08:48	+47:57	07:09
34	528	Joaquim Caeiro	AlenMinho	Veterano M40	02:09:45	+48:54	07:13
35	587	Bruno Marquês	CLUBE DE ATLETISMO TRAIL RUNNERS DA PONTE	Veterano M40	02:10:01	+49:11	07:13
36	535	Rui Barreto	Alexandra Carvalho Team	Veterano M40	02:10:51	+50:00	07:16
37	689	Eduardo Faria	Individual	Veterano M40	02:13:50	+52:59	07:26
38	641	Vasco Guimarães	FAMA RUNNERS	Veterano M40	02:14:45	+53:54	07:29
39	699	Paulo Gouveia	Individual	Veterano M40	02:15:23	+54:32	07:31
40	748	Jorge Cunha	Nice Runners	Veterano M40	02:15:46	+54:55	07:33
41	611	Paulo Carneiro	DiVE   Into The Mountains	Veterano M40	02:18:04	+57:13	07:40
42	865	Filipe Madurão	Invicta Runners Team	Veterano M40	02:18:18	+57:27	07:41
43	721	Marco Afonso	Melgaço Alvarinho Trail	Veterano M40	02:19:22	+58:31	07:45
44	561	Rui Santos	Black Bulls / Clube de Condeixa	Veterano M40	02:22:17	+01:01:26	07:54
45	695	Luis Rocha	Individual	Veterano M40	02:22:29	+01:01:39	07:55
46	833	Victor Manuel	Vieira A Correr	Veterano M40	02:22:33	+01:01:42	07:55
47	692	João Carlos Brito	Individual	Veterano M40	02:24:13	+01:03:22	08:01
48	523	Sergio Costa	AD Esmeriz Running	Veterano M40	02:24:30	+01:03:39	08:02
49	800	Rui Freitas	SS MONTEPIO	Veterano M40	02:24:32	+01:03:42	08:02
50	688	Bruno Teixeira	Individual	Veterano M40	02:27:45	+01:06:55	08:13
51	742	Rui Lameira	Mov'et	Veterano M40	02:28:18	+01:07:27	08:14
52	562	Marcelino Mota	BRAGARUNNERS	Veterano M40	02:28:51	+01:08:00	08:16
53	818	Luis Gomes	TEAM LANTEMIL	Veterano M40	02:29:59	+01:09:08	08:20
54	558	Filipe Cunha	Aztrail/Mercentro	Veterano M40	02:30:01	+01:09:10	08:20
55	521	Pedro Ferreira	Abutres	Veterano M40	02:30:53	+01:10:03	08:23
56	749	Luis Marques	Nice Runners	Veterano M40	02:35:12	+01:14:22	08:37
57	622	Tiago Andrade	EDP	Veterano M40	02:37:24	+01:16:34	08:45

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**Trail Curto**

**18 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

58	621	Rui Cruz	EDP	Veterano M40	02:37:26	+01:16:35	08:45
59	545	Carlos Guedes	All-titudes trail team	Veterano M40	02:40:52	+01:20:02	08:56
60	683	Rui Martins	Individual	Veterano M40	02:40:56	+01:20:05	08:56
61	799	Luis Ribeiro	SS MONTEPIO	Veterano M40	02:43:46	+01:22:55	09:06
62	843	Pedro Oliveira	Individual	Veterano M40	02:45:27	+01:24:36	09:12
63	801	Rui Silva	SS MONTEPIO	Veterano M40	02:46:57	+01:26:07	09:17
64	693	José Maria Rodrigues	Individual	Veterano M40	02:48:21	+01:27:30	09:21
65	798	Francisco Moreira	SS MONTEPIO	Veterano M40	02:48:32	+01:27:41	09:22
66	602	Rui Oliveira	ComDor Runners	Veterano M40	02:48:56	+01:28:06	09:23
67	700	Paulo Sérgio Mogas	Individual	Veterano M40	02:55:15	+01:34:24	09:44
68	837	Vitor Santos	Individual	Veterano M40	03:01:47	+01:40:57	10:06
69	830	Miguel Palmeiro	united by	Veterano M40	03:03:08	+01:42:18	10:10
70	542	José Carneiro	ALIANÇA DE GANDRA	Veterano M40	03:04:22	+01:43:31	10:15
71	696	Miguel Henriques	Individual	Veterano M40	03:05:40	+01:44:50	10:19
72	708	José Teixeira	Juventude desportiva de Gondomar	Veterano M40	03:08:31	+01:47:40	10:28
73	792	Emanuel Duraes	SAI DA FRENTE	Veterano M40	03:11:35	+01:50:44	10:39
74	817	Jorge Marques	TEAM LANTEMIL	Veterano M40	03:14:17	+01:53:26	10:48
75	782	Rui Almeida	Profisio Team	Veterano M40	03:36:40	+02:15:49	12:02
76	543	Roberto Moreira	ALIANÇA DE GANDRA	Veterano M40	03:48:40	+02:27:50	12:42
77	824	Sérgio Sousa	Trinca Orelhas Gato	Veterano M40	03:51:20	+02:30:29	12:51

**Veterano M50**

1	795	José Cabral	Sporting Clube de Espinho/António Leitão	Veterano M50	01:34:59	+14:08	05:17
2	715	Narciso Marques	Limite Vertical trekking	Veterano M50	01:38:06	+17:15	05:27
3	595	Vasco Sousa	Coimbra Trail Running	Veterano M50	01:42:30	+21:39	05:42
4	573	Asdrubal Freitas	CENTRO CICLISTA DE GONDOMAR	Veterano M50	01:45:00	+24:09	05:50
5	768	MANUEL FERREIRA	Oralklass - Amigos Do Trail	Veterano M50	01:46:59	+26:08	05:57
6	769	SÉRGIO ANUNCIAÇÃO	Oralklass - Amigos Do Trail	Veterano M50	01:46:59	+26:08	05:57
7	758	Manuel António Alves	OLÍMPICO VIANENSE TRAIL	Veterano M50	01:47:45	+26:54	05:59
8	557	Horácio Ferreira	ARSM - Associação Recreativa de S. Miguel	Veterano M50	01:52:01	+31:11	06:13
9	584	Rui Ferreira	CLUBE AMADOR DE MIRANDELA	Veterano M50	01:52:10	+31:19	06:14
10	702	Luis Carvalho	Individual	Veterano M50	02:12:24	+51:34	07:21
11	544	Vitor Almeida	All About Spirit Team	Veterano M50	02:12:26	+51:35	07:21
12	757	Leandro Freitas	OLÍMPICO VIANENSE TRAIL	Veterano M50	02:13:16	+52:25	07:24
13	802	Fernando Carvalho	SS MONTEPIO	Veterano M50	02:19:11	+58:20	07:44
14	642	Durbalino Ferreira	Ginásio Fit4Fun	Veterano M50	02:20:58	+01:00:07	07:50
15	831	Joao Feijao	united by	Veterano M50	02:21:08	+01:00:17	07:50
16	845	Álvaro Marques	Afacycles	Veterano M50	02:21:12	+01:00:21	07:51
17	589	Hercílio Santos	Clube Efacec	Veterano M50	02:30:29	+01:09:38	08:22
18	576	Philippe Domingues	Cfa Spartans	Veterano M50	02:37:28	+01:16:38	08:45
19	840	Paulo Fonseca	Individual	Veterano M50	02:43:56	+01:23:05	09:06
20	568	Jaime Trabucho	CAAPP	Veterano M50	02:50:26	+01:29:35	09:28

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**Trail Curto****18 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

21	701	Augusto Lopes	Individual	Veterano M50	03:06:47	+01:45:56	10:23
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**Veterano M60**

1	709	Agostinho Neves	Juventude desportiva de Gondomar	Veterano M60	01:53:35	+32:44	06:19
2	604	Antonio Nunes	CRP RIBAFRIA	Veterano M60	02:07:18	+46:27	07:04
3	716	Serafim Ramos	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M60	02:09:15	+48:25	07:11
4	519	Carlos A .MACEDO	A.D.Amarante trail running	Veterano M60	02:15:18	+54:27	07:31
5	632	Orlando Duarte	Em Força- SPEM	Veterano M60	02:46:38	+01:25:47	09:15
6	776	António Antunes	Palmeira Runners	Veterano M60	02:49:48	+01:28:58	09:26

### COLETIVO - TRAIL CURTO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	ORALKLASS - AMIGOS DO TRAIL	2 + 3 + 5	10
2	A.D.AMARANTE TRAIL RUNNING	1 + 4 + 8	13
3	ALEXANDRA CARVALHO TEAM	23 + 24 + 61	108
4	MONTANHA CLUBES TRAIL RUNNING/EFAPEL	27 + 40 + 50	117
5	ALIANÇA DE GANDRA	34 + 42 + 44	120
6	DOUROCONTA - GABINETE DE APOIO E CONTABILIDADE	18 + 41 + 84	143
7	OLÍMPICO VIANENSE TRAIL	21 + 56 + 76	153
8	EDV-VIANA TRAIL	6 + 19 + 129	154
9	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	33 + 68 + 97	198
10	RIBEITRAIL	59 + 63 + 79	201
11	MELGAÇO ALVARINHO TRAIL	14 + 95 + 111	220
12	TEAM LANTEMIL	46 + 73 + 118	237
13	A.D. SEBOLIDO TRAIL BONECA DOURO	77 + 92 + 156	325
14	TRINCA ORELHAS GATO	98 + 114 + 138	350
15	DIVE   INTO THE MOUNTAINS	83 + 116 + 151	350
16	MINHO E LIMA TRAIL	52 + 89 + 223	364
17	GONDOMAR FUTSAL CLUBES	12 + 125 + 233	370
18	FAMA RUNNERS	75 + 139 + 210	424
19	JUVENTUDE DESPORTIVA DE GONDOMAR	58 + 72 + 298	428
20	HAB CARPINTARIA	85 + 140 + 237	462
21	EDP	102 + 175 + 216	493
22	PORTO DE MÓS A CORRER	11 + 201 + 303	515
23	COMDOR RUNNERS	169 + 170 + 214	553
24	SS MONTEPIO	153 + 174 + 238	565
25	MOV'ET	184 + 190 + 219	593
26	UNITED BY	155 + 159 + 281	595
27	CLUBE AMADOR DE MIRANDELA	70 + 318 + 319	707