

TROFEU IBERICO 10000M - STAGE 1

10000 METERS

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	16:55	11°C	87%
End	19:36	11°C	87%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	174	Antonio Abadia	spain	Senior Masculino	28:17.24		02:50
2	179	Fernando Carro	spain	Senior Masculino	28:28.68	+00:11	02:51
3	59	Amanal Petros	germany	Senior Masculino	28:29.78	+00:12	02:51
4	178	Mohamed Ali Jelloul	spain	Senior Masculino	28:44.35	+00:27	02:52
5	184	Yago Rojo	spain	Senior Masculino	28:57.33	+00:40	02:54
6	191	Nassim Hassaous	spain	Senior Masculino	29:05.30	+00:48	02:55
7	193	Raul Celada	spain	Senior Masculino	29:09.53	+00:52	02:55
8	189	Miguel Barzola	spain	Veterano M35	29:10.60	+00:53	02:55
9	182	Isaac Rico	spain	Veterano M35	29:11.57	+00:54	02:55
10	83	Adam Novicki	polónia	Senior Masculino	29:13.03	+00:55	02:55
11	194	Ismael Quiñones	spain	Senior Masculino	29:14.78	+00:57	02:55
12	51	Mahamed Mahamed	great britain & n ireland	Sub 23 Masculino	29:20.95	+01:03	02:56
13	101	Ricardo Dias	sporting c p	Senior Masculino	29:26.36	+01:09	02:57
14	181	David Bascuñana	spain	Senior Masculino	29:31.00	+01:13	02:57
15	160	Tariku Novales	spain	Sub 23 Masculino	29:31.80	+01:14	02:57
16	103	Nuno Lopes	sporting c p	Senior Masculino	29:41.07	+01:23	02:58
17	24	Miguel Ribeiro	olímpico vianense	Senior Masculino	29:43.37	+01:26	02:58
18	170	Abdessamad Oukhelfen	spain	Sub 23 Masculino	29:45.56	+01:28	02:59
19	81	Ronald Schroer	holanda	Senior Masculino	29:46.15	+01:28	02:59
20	109	Miguel Marques	sporting c p	Senior Masculino	29:46.53	+01:29	02:59
21	22	António Pedro Rocha	arc águias alvelos	Senior Masculino	29:46.79	+01:29	02:59
22	183	Samuel Lay	spain	Senior Masculino	29:46.98	+01:29	02:59
23	162	Amin Houkmi	spain	Sub 23 Masculino	29:47.12	+01:29	02:59
24	187	Ivan Acereda	spain	Senior Masculino	29:48.33	+01:31	02:59
25	25	Daniel Gregório	c atletismo de seia	Senior Masculino	29:50.11	+01:32	02:59
26	73	Paulo Barbosa	maia a c	Senior Masculino	29:59.63	+01:42	03:00
27	19	Ricardo Pereira	a c d jardim serra	Senior Masculino	29:59.97	+01:42	03:00
28	176	Mohamed Zarhouni	spain	Senior Masculino	30:10.99	+01:53	03:01
29	97	José Moreira	sporting c p	Veterano M35	30:12.50	+01:55	03:01
30	161	Youssef Benkert	spain	Sub 23 Masculino	30:17.93	+02:00	03:02
31	188	Eneko Agirrezabal	spain	Senior Masculino	30:18.96	+02:01	03:02
32	17	Bruno Moniz	a d r água de pena	Senior Masculino	30:21.17	+02:03	03:02
33	192	Jose Luis Garcia	spain	Senior Masculino	30:23.10	+02:05	03:02
34	42	Cristiano Pereira	c p de mangualde	Sub 23 Masculino	30:23.91	+02:06	03:02
35	21	Bruno Silva	arc águias alvelos	Senior Masculino	30:26.59	+02:09	03:03
36	144	Eduardo Menacho	spain	Junior Masculino	30:26.82	+02:09	03:03
37	186	Miguel Garcia	spain	Senior Masculino	30:29.11	+02:11	03:03
38	72	Carlos Rodrigues	maia a c	Senior Masculino	30:40.86	+02:23	03:04
39	163	Mabrouk Bendou	spain	Sub 23 Masculino	30:46.55	+02:29	03:05
40	28	Johan Caldeira	c s s joão madeira	Senior Masculino	30:47.58	+02:30	03:05
41	111	Samuel Freire	s l benfica	Senior Masculino	30:48.00	+02:30	03:05
42	77	Nuno Carraça	n a de cucujães	Senior Masculino	30:48.32	+02:31	03:05

10000 METERS

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
43	114	Alexandre Figueiredo	s l benfica	Junior Masculino	30:48.59	+02:31	03:05
44	190	Andreu Blanes	spain	Senior Masculino	30:51.65	+02:34	03:05
45	12	João Ferreira	a c póvoa de varzim	Sub 23 Masculino	30:58.98	+02:41	03:06
46	106	Andralino Furtado	sporting c p	Senior Masculino	31:02.98	+02:45	03:06
47	40	Bruno Batista	c n de rio maior	Sub 23 Masculino	31:03.46	+02:46	03:06
48	69	João Almeida	individual - aveiro	Sub 23 Masculino	31:05.03	+02:47	03:07
49	165	Ruben Requena	spain	Sub 23 Masculino	31:10.46	+02:53	03:07
50	171	Jesus Hurtado	spain	Sub 23 Masculino	31:16.72	+02:59	03:08
51	172	Andres Jimenez	spain	Sub 23 Masculino	31:24.68	+03:07	03:08
52	115	Miguel Ribeiro	s l benfica	Junior Masculino	31:28.30	+03:11	03:09
53	167	Jorge Fresnillo	spain	Sub 23 Masculino	31:34.93	+03:17	03:09
54	113	Pedro Ferreira	s l benfica	Sub 23 Masculino	31:39.17	+03:21	03:10
55	166	Carlos Jimenez	spain	Sub 23 Masculino	31:40.01	+03:22	03:10
56	156	Andres Raga	spain	Junior Masculino	31:42.96	+03:25	03:10
57	122	Marco Teixeira	u f c indústria	Senior Masculino	31:50.50	+03:33	03:11
58	157	Luis Salvador	spain	Junior Masculino	31:51.39	+03:34	03:11
59	150	Aday Salas	spain	Junior Masculino	32:00.19	+03:42	03:12
60	152	Ivan Lopez	spain	Junior Masculino	32:03.71	+03:46	03:12
61	89	Sara Moreira	sporting c p	Senior Feminino	32:10.50	+03:53	03:13
62	164	Antonio Gonzalez	spain	Sub 23 Masculino	32:14.45	+03:57	03:13
63	31	Luís Oliveira	c desp feirense	Junior Masculino	32:15.31	+03:58	03:14
64	27	Rafael Baraças	c atletismo de seia	Junior Masculino	32:16.51	+03:59	03:14
65	16	Tiago Madureira	a c r sra desterro	Senior Masculino	32:25.56	+04:08	03:15
66	121	Rúben Faria	u desp da várzea	Junior Masculino	32:30.18	+04:12	03:15
67	155	Fernando Rial	spain	Junior Masculino	32:30.25	+04:13	03:15
68	158	Diego Menendez	spain	Junior Masculino	32:38.38	+04:21	03:16
69	18	Davide Figueiredo	a figueiredo runners	Veterano M45	32:44.42	+04:27	03:16
70	219	Nuria Lugueros	spain	Senior Feminino	32:52.89	+04:35	03:17
71	149	Pablo Monteagudo	spain	Junior Masculino	32:53.23	+04:35	03:17
72	168	Francisco Caraballo	spain	Sub 23 Masculino	32:54.66	+04:37	03:17
73	148	Martin De Alava	spain	Junior Masculino	32:55.26	+04:38	03:18
74	74	João Pedro Casal	maia a c	Junior Masculino	32:57.84	+04:40	03:18
75	46	Tony Calvo	escola do movimento	Veterano M35	33:09.39	+04:52	03:19
76	215	Maitane Melero	spain	Veterana F35	33:11.69	+04:54	03:19
77	169	Pablo Lassa	spain	Sub 23 Masculino	33:16.82	+04:59	03:20
78	206	Maria Jose Perez	spain	Senior Feminino	33:22.75	+05:05	03:20
79	153	Jorge Sieira	spain	Junior Masculino	33:26.09	+05:08	03:21
80	38	Rafael Lopes	c f oliveira douro	Junior Masculino	33:31.52	+05:14	03:21
81	146	Cristobal Dominguez	spain	Junior Masculino	33:32.00	+05:14	03:21
82	154	Arnau Lopez	spain	Junior Masculino	33:32.79	+05:15	03:21
83	218	Tania Carretero	spain	Senior Feminino	33:32.99	+05:15	03:21
84	52	Cátia Santos	g desp estreito	Senior Feminino	33:35.03	+05:17	03:22
85	145	Victor Illera	spain	Junior Masculino	33:36.99	+05:19	03:22
86	80	Jill Holterman	holanda	Senior Feminino	33:37.20	+05:19	03:22
87	37	Joao Oliveira	c f oliveira douro	Junior Masculino	33:37.30	+05:20	03:22
88	216	Elena Garcia	spain	Senior Feminino	33:38.59	+05:21	03:22

10000 METERS

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
89	159	Nicolas Gens	spain	Junior Masculino	33:43.40	+05:26	03:22
90	173	Sergi Reurer	spain	Sub 23 Masculino	33:57.08	+05:39	03:24
91	33	Joaquim Figueiredo	c d s salvador campo	Veterano M50	34:06.89	+05:49	03:25
92	199	Paula Gonzalez	spain	Sub 23 Feminino	34:09.52	+05:52	03:25
93	209	Ester Navarrete	spain	Senior Feminino	34:10.46	+05:53	03:25
94	56	Manuel Belinha	g d são paio oleiros	Veterano M40	34:15.47	+05:58	03:26
95	124	David Pedrosa	gira sol	Junior Masculino	34:19.12	+06:01	03:26
96	49	Carlos Monteiro	f c vizela	Veterano M45	34:27.50	+06:10	03:27
97	217	Beatriz Alvarez	spain	Senior Feminino	34:30.75	+06:13	03:27
98	71	Susana Cunha	linda-a-pastora s c	Senior Feminino	34:30.92	+06:13	03:27
99	57	Rui Alves	g d são paio oleiros	Senior Masculino	34:31.61	+06:14	03:27
100	82	António Silva	nascidos para correr	Veterano M45	34:31.67	+06:14	03:27
101	79	Tiago Pinheiro	n atletismo taipas	Junior Masculino	34:37.20	+06:19	03:28
102	20	Filipe Cunha	arc águias alvelos	Veterano M35	34:40.08	+06:22	03:28
103	15	Mário Silva	a c r sra desterro	Veterano M50	34:50.37	+06:33	03:29
104	75	Duarte Rodrigues	maia a c	Junior Masculino	35:05.36	+06:48	03:31
105	67	Patrícia Oliveira	grecas - vagos	Senior Feminino	35:12.36	+06:55	03:31
106	116	Sónia Ferreira	u desp da várzea	Senior Feminino	35:12.62	+06:55	03:31
107	32	Manuel Gomes	c d s salvador campo	Veterano M50	35:17.16	+06:59	03:32
108	62	Sérgio Lima	g juv vila de punhe	Veterano M35	35:22.51	+07:05	03:32
109	11	Miguel Maia	a c póvoa de varzim	Veterano M35	35:25.62	+07:08	03:33
110	85	Paulo Rocha	runriver - rio tinto	Veterano M35	35:30.38	+07:13	03:33
111	47	António Pires	escola do movimento	Senior Masculino	35:52.70	+07:35	03:35
112	213	Lorena Rodriguez	spain	Senior Feminino	35:57.81	+07:40	03:36
113	208	Clara Viñaras	spain	Senior Feminino	36:00.45	+07:43	03:36
114	68	Rute Simões	grecas - vagos	Senior Feminino	36:10.36	+07:53	03:37
115	66	Ana Margarida Lopes	grecas - vagos	Senior Feminino	36:10.68	+07:53	03:37
116	200	Maider Leoz	spain	Sub 23 Feminino	36:13.35	+07:56	03:37
117	76	Manuela Martins	maratona c p	Sub 23 Feminino	36:14.55	+07:57	03:37
118	202	Maialen Olló	spain	Sub 23 Feminino	36:24.64	+08:07	03:38
119	87	Sandra Teixeira	sporting c p	Veterana F40	36:25.82	+08:08	03:39
120	241	Claudia Anduaga	spain	Sub 23 Feminino	36:26.59	+08:09	03:39
121	84	José Afonso	runriver - rio tinto	Veterano M35	36:28.61	+08:11	03:39
122	117	Helena Alves	u desp da várzea	Sub 23 Feminino	36:30.04	+08:12	03:39
123	93	Catarina Guerreiro	sporting c p	Sub 23 Feminino	36:37.38	+08:20	03:40
124	211	Ana Llorens	spain	Veterana F35	36:39.30	+08:22	03:40
125	92	Diana Almeida	sporting c p	Senior Feminino	36:54.43	+08:37	03:41
126	53	Jorge Luz	g d são paio oleiros	Veterano M50	37:05.44	+08:48	03:43
127	214	Jimena Martin	spain	Senior Feminino	37:09.95	+08:52	03:43
128	205	Marta De La Fuente	spain	Sub 23 Feminino	37:13.07	+08:55	03:43
129	210	Maria Carmen Ledesma	spain	Senior Feminino	37:25.37	+09:08	03:45
130	43	Manuel Dourado	c p t bº carcavelos	Veterano M60	37:26.20	+09:08	03:45
131	203	Monica Hernandez	spain	Sub 23 Feminino	38:03.85	+09:46	03:48
132	55	Avelino Freitas	g d são paio oleiros	Veterano M40	38:07.44	+09:50	03:49
133	64	Tiago Rodrigues	g juv vila de punhe	Sub 23 Masculino	38:09.26	+09:52	03:49
134	54	Alcindo Dias	g d são paio oleiros	Veterano M40	38:42.71	+10:25	03:52

TROFEU IBERICO 10000M - STAGE 1

10000 METERS

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
	204	Yaiza Crstobal	spain	Sub 23 Feminino	39:42.05	+11:24	03:58
136	65	Ivo Gonçalves	g juv vila de punhe	Junior Masculino	40:01.26	+11:44	04:00
137	36	Salvador Silva	c f oliveira douro	Veterano M45	40:27.55	+12:10	04:03
138	35	António Nascimento	c f oliveira douro	Veterano M50	40:43.71	+12:26	04:04
139	60	Fátima Dantas	g juv vila de punhe	Veterana F55	46:05.11	+17:47	04:37
140	78	Hermínia Pereira	n atletismo taipas	Veterana F55	47:17.09	+18:59	04:44
141	13	Helena Mourão	a c r sra desterro	Veterana F55	48:20.16	+20:02	04:50
142	61	Fátima Barros	g juv vila de punhe	Veterana F35	53:45.55	+25:28	05:23

Trofeu Iberico 10000m

10000 METERS

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	16:55	11°C	87%
End	19:36	11°C	87%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Junior Masculino

1	144	Eduardo Menacho	SPAIN	Junior Masculino	30:26.82	+02:09	03:03
2	114	Alexandre Figueiredo	S L BENFICA	Junior Masculino	30:48.59	+02:31	03:05
3	115	Miguel Ribeiro	S L BENFICA	Junior Masculino	31:28.30	+03:11	03:09
4	156	Andres Raga	SPAIN	Junior Masculino	31:42.96	+03:25	03:10
5	157	Luis Salvador	SPAIN	Junior Masculino	31:51.39	+03:34	03:11
6	150	Aday Salas	SPAIN	Junior Masculino	32:00.19	+03:42	03:12
7	152	Ivan Lopez	SPAIN	Junior Masculino	32:03.71	+03:46	03:12
8	31	Luís Oliveira	C DESP FEIRENSE	Junior Masculino	32:15.31	+03:58	03:14
9	27	Rafael Barças	C ATLETISMO DE SEIA	Junior Masculino	32:16.51	+03:59	03:14
10	121	Rúben Faria	U DESP DA VÁRZEA	Junior Masculino	32:30.18	+04:12	03:15
11	155	Fernando Rial	SPAIN	Junior Masculino	32:30.25	+04:13	03:15
12	158	Diego Menendez	SPAIN	Junior Masculino	32:38.38	+04:21	03:16
13	149	Pablo Monteagudo	SPAIN	Junior Masculino	32:53.23	+04:35	03:17
14	148	Martin De Alava	SPAIN	Junior Masculino	32:55.26	+04:38	03:18
15	74	João Pedro Casal	MAIA A C	Junior Masculino	32:57.84	+04:40	03:18
16	153	Jorge Sieira	SPAIN	Junior Masculino	33:26.09	+05:08	03:21
17	38	Rafael Lopes	C F OLIVEIRA DOURO	Junior Masculino	33:31.52	+05:14	03:21
18	146	Cristobal Dominguez	SPAIN	Junior Masculino	33:32.00	+05:14	03:21
19	154	Arnau Lopez	SPAIN	Junior Masculino	33:32.79	+05:15	03:21
20	145	Victor Illera	SPAIN	Junior Masculino	33:36.99	+05:19	03:22
21	37	Joao Oliveira	C F OLIVEIRA DOURO	Junior Masculino	33:37.30	+05:20	03:22
22	159	Nicolas Gens	SPAIN	Junior Masculino	33:43.40	+05:26	03:22
23	124	David Pedrosa	Gira Sol	Junior Masculino	34:19.12	+06:01	03:26
24	79	Tiago Pinheiro	N ATLETISMO TAIPAS	Junior Masculino	34:37.20	+06:19	03:28
25	75	Duarte Rodrigues	MAIA A C	Junior Masculino	35:05.36	+06:48	03:31
26	65	Ivo Gonçalves	G JUV VILA DE PUNHE	Junior Masculino	40:01.26	+11:44	04:00

Senior Feminino

1	89	Sara Moreira	SPORTING C P	Senior Feminino	32:10.50	+03:53	03:13
2	219	Nuria Lugueros	SPAIN	Senior Feminino	32:52.89	+04:35	03:17
3	206	Maria Jose Perez	SPAIN	Senior Feminino	33:22.75	+05:05	03:20
4	218	Tania Carretero	SPAIN	Senior Feminino	33:32.99	+05:15	03:21
5	52	Cátia Santos	G DESP ESTREITO	Senior Feminino	33:35.03	+05:17	03:22
6	80	Jill Holterman	HOLANDA	Senior Feminino	33:37.20	+05:19	03:22
7	216	Elena Garcia	SPAIN	Senior Feminino	33:38.59	+05:21	03:22
8	209	Ester Navarrete	SPAIN	Senior Feminino	34:10.46	+05:53	03:25
9	217	Beatriz Alvarez	SPAIN	Senior Feminino	34:30.75	+06:13	03:27
10	71	Susana Cunha	LINDA-A-PASTORA S C	Senior Feminino	34:30.92	+06:13	03:27

Official Timekeeper: Lap2Go	1 / 5	generate 07-abr-2018 21:56
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Trofeu Iberico 10000m

10000 METERS

[illegible]

OFFICIAL RESULT

[illegible]

11	67	Patrícia Oliveira	GRECAS - Vagos	Senior Feminino	35:12.36	+06:55	03:31
12	116	Sónia Ferreira	U DESP DA VÁRZEA	Senior Feminino	35:12.62	+06:55	03:31
13	213	Lorena Rodriguez	SPAIN	Senior Feminino	35:57.81	+07:40	03:36
14	208	Clara Viñaras	SPAIN	Senior Feminino	36:00.45	+07:43	03:36
15	68	Rute Simões	GRECAS - Vagos	Senior Feminino	36:10.36	+07:53	03:37
16	66	Ana Margarida Lopes	GRECAS - Vagos	Senior Feminino	36:10.68	+07:53	03:37
17	92	Diana Almeida	SPORTING C P	Senior Feminino	36:54.43	+08:37	03:41
18	214	Jimena Martin	SPAIN	Senior Feminino	37:09.95	+08:52	03:43
19	210	Maria Carmen Ledesma	SPAIN	Senior Feminino	37:25.37	+09:08	03:45

Senior Masculino

1	174	Antonio Abadia	SPAIN	Senior Masculino	28:17.24		02:50
2	179	Fernando Carro	SPAIN	Senior Masculino	28:28.68	+00:11	02:51
3	59	Amanal Petros	GERMANY	Senior Masculino	28:29.78	+00:12	02:51
4	178	Mohamed Ali Jelloul	SPAIN	Senior Masculino	28:44.35	+00:27	02:52
5	184	Yago Rojo	SPAIN	Senior Masculino	28:57.33	+00:40	02:54
6	191	Nassim Hassaous	SPAIN	Senior Masculino	29:05.30	+00:48	02:55
7	193	Raul Celada	SPAIN	Senior Masculino	29:09.53	+00:52	02:55
8	83	Adam Novicki	POLÓNIA	Senior Masculino	29:13.03	+00:55	02:55
9	194	Ismael Quiñones	SPAIN	Senior Masculino	29:14.78	+00:57	02:55
10	101	Ricardo Dias	SPORTING C P	Senior Masculino	29:26.36	+01:09	02:57
11	181	David Bascuñana	SPAIN	Senior Masculino	29:31.00	+01:13	02:57
12	103	Nuno Lopes	SPORTING C P	Senior Masculino	29:41.07	+01:23	02:58
13	24	Miguel Ribeiro	OLÍMPICO VIANENSE	Senior Masculino	29:43.37	+01:26	02:58
14	81	Ronald Schroer	HOLANDA	Senior Masculino	29:46.15	+01:28	02:59
15	109	Miguel Marques	SPORTING C P	Senior Masculino	29:46.53	+01:29	02:59
16	22	António Pedro Rocha	ARC ÁGUIAS ALVELOS	Senior Masculino	29:46.79	+01:29	02:59
17	183	Samuel Lay	SPAIN	Senior Masculino	29:46.98	+01:29	02:59
18	187	Ivan Acereda	SPAIN	Senior Masculino	29:48.33	+01:31	02:59
19	25	Daniel Gregório	C ATLETISMO DE SEIA	Senior Masculino	29:50.11	+01:32	02:59
20	73	Paulo Barbosa	MAIA A C	Senior Masculino	29:59.63	+01:42	03:00
21	19	Ricardo Pereira	A C D JARDIM SERRA	Senior Masculino	29:59.97	+01:42	03:00
22	176	Mohamed Zarhouni	SPAIN	Senior Masculino	30:10.99	+01:53	03:01
23	188	Eneko Agirrezabal	SPAIN	Senior Masculino	30:18.96	+02:01	03:02
24	17	Bruno Moniz	A D R ÁGUA DE PENA	Senior Masculino	30:21.17	+02:03	03:02
25	192	Jose Luis Garcia	SPAIN	Senior Masculino	30:23.10	+02:05	03:02
26	21	Bruno Silva	ARC ÁGUIAS ALVELOS	Senior Masculino	30:26.59	+02:09	03:03
27	186	Miguel Garcia	SPAIN	Senior Masculino	30:29.11	+02:11	03:03
28	72	Carlos Rodrigues	MAIA A C	Senior Masculino	30:40.86	+02:23	03:04
29	28	Johan Caldeira	C S S JOÃO MADEIRA	Senior Masculino	30:47.58	+02:30	03:05
30	111	Samuel Freire	S L BENFICA	Senior Masculino	30:48.00	+02:30	03:05
31	77	Nuno Carraça	N A DE CUCUJÃES	Senior Masculino	30:48.32	+02:31	03:05
32	190	Andreu Blanes	SPAIN	Senior Masculino	30:51.65	+02:34	03:05
33	106	Andralino Furtado	SPORTING C P	Senior Masculino	31:02.98	+02:45	03:06
34	122	Marco Teixeira	U F C INDÚSTRIA	Senior Masculino	31:50.50	+03:33	03:11

Trofeu Iberico 10000m

10000 METERS

[illegible]

OFFICIAL RESULT

[illegible]

35	16	Tiago Madureira	A C R SRA DESTERRO	Senior Masculino	32:25.56	+04:08	03:15
36	57	Rui Alves	G D SÃO PAIO OLEIROS	Senior Masculino	34:31.61	+06:14	03:27
37	47	António Pires	ESCOLA DO MOVIMENTO	Senior Masculino	35:52.70	+07:35	03:35

Sub 23 Feminino

1	199	Paula Gonzalez	SPAIN	Sub 23 Feminino	34:09.52	+05:52	03:25
2	200	Maider Leoz	SPAIN	Sub 23 Feminino	36:13.35	+07:56	03:37
3	76	Manuela Martins	MARATONA C P	Sub 23 Feminino	36:14.55	+07:57	03:37
4	202	Maialen Olo	SPAIN	Sub 23 Feminino	36:24.64	+08:07	03:38
5	241	Claudia Anduaga	SPAIN	Sub 23 Feminino	36:26.59	+08:09	03:39
6	117	Helena Alves	U DESP DA VÁRZEA	Sub 23 Feminino	36:30.04	+08:12	03:39
7	93	Catarina Guerreiro	SPORTING C P	Sub 23 Feminino	36:37.38	+08:20	03:40
8	205	Marta De La Fuente	SPAIN	Sub 23 Feminino	37:13.07	+08:55	03:43
9	203	Monica Hernandez	SPAIN	Sub 23 Feminino	38:03.85	+09:46	03:48
10	204	Yaiza Crstobal	SPAIN	Sub 23 Feminino	39:42.05	+11:24	03:58

Sub 23 Masculino

1	51	Mahamed Mahamed	GREAT BRITAIN & N IRELAND	Sub 23 Masculino	29:20.95	+01:03	02:56
2	160	Tariku Novales	SPAIN	Sub 23 Masculino	29:31.80	+01:14	02:57
3	170	Abdessamad Oukhelfen	SPAIN	Sub 23 Masculino	29:45.56	+01:28	02:59
4	162	Amin Houkmi	SPAIN	Sub 23 Masculino	29:47.12	+01:29	02:59
5	161	Youssef Benkert	SPAIN	Sub 23 Masculino	30:17.93	+02:00	03:02
6	42	Cristiano Pereira	C P DE MANGUALDE	Sub 23 Masculino	30:23.91	+02:06	03:02
7	163	Mabrouk Bendou	SPAIN	Sub 23 Masculino	30:46.55	+02:29	03:05
8	12	João Ferreira	A C PÓVOA DE VARZIM	Sub 23 Masculino	30:58.98	+02:41	03:06
9	40	Bruno Batista	C N DE RIO MAIOR	Sub 23 Masculino	31:03.46	+02:46	03:06
10	69	João Almeida	Individual - Aveiro	Sub 23 Masculino	31:05.03	+02:47	03:07
11	165	Ruben Requena	SPAIN	Sub 23 Masculino	31:10.46	+02:53	03:07
12	171	Jesus Hurtado	SPAIN	Sub 23 Masculino	31:16.72	+02:59	03:08
13	172	Andres Jimenez	SPAIN	Sub 23 Masculino	31:24.68	+03:07	03:08
14	167	Jorge Fresnillo	SPAIN	Sub 23 Masculino	31:34.93	+03:17	03:09
15	113	Pedro Ferreira	S L BENFICA	Sub 23 Masculino	31:39.17	+03:21	03:10
16	166	Carlos Jimenez	SPAIN	Sub 23 Masculino	31:40.01	+03:22	03:10
17	164	Antonio Gonzalez	SPAIN	Sub 23 Masculino	32:14.45	+03:57	03:13
18	168	Francisco Caraballo	SPAIN	Sub 23 Masculino	32:54.66	+04:37	03:17
19	169	Pablo Lassa	SPAIN	Sub 23 Masculino	33:16.82	+04:59	03:20
20	173	Sergi Reurer	SPAIN	Sub 23 Masculino	33:57.08	+05:39	03:24
21	64	Tiago Rodrigues	G JUV VILA DE PUNHE	Sub 23 Masculino	38:09.26	+09:52	03:49

Veterana F35

1	215	Maitane Melero	SPAIN	Veterana F35	33:11.69	+04:54	03:19
2	211	Ana Llorens	SPAIN	Veterana F35	36:39.30	+08:22	03:40

Trofeu Iberico 10000m

10000 METERS

[illegible]

OFFICIAL RESULT

[illegible]

3	61	Fátima Barros	G JUV VILA DE PUNHE	Veterana F35	53:45.55	+25:28	05:23
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Veterana F40

1	87	Sandra Teixeira	SPORTING C P	Veterana F40	36:25.82	+08:08	03:39
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Veterana F55

1	60	Fátima Dantas	G JUV VILA DE PUNHE	Veterana F55	46:05.11	+17:47	04:37
2	78	Hermínia Pereira	N ATLETISMO TAIPAS	Veterana F55	47:17.09	+18:59	04:44
3	13	Helena Mourão	A C R SRA DESTERRO	Veterana F55	48:20.16	+20:02	04:50

Veterano M35

1	189	Miguel Barzola	SPAIN	Veterano M35	29:10.60	+00:53	02:55
2	182	Isaac Rico	SPAIN	Veterano M35	29:11.57	+00:54	02:55
3	97	José Moreira	SPORTING C P	Veterano M35	30:12.50	+01:55	03:01
4	46	Tony Calvo	ESCOLA DO MOVIMENTO	Veterano M35	33:09.39	+04:52	03:19
5	20	Filipe Cunha	ARC ÁGUIAS ALVELOS	Veterano M35	34:40.08	+06:22	03:28
6	62	Sérgio Lima	G JUV VILA DE PUNHE	Veterano M35	35:22.51	+07:05	03:32
7	11	Miguel Maia	A C PÓVOA DE VARZIM	Veterano M35	35:25.62	+07:08	03:33
8	85	Paulo Rocha	RUNRIVER - RIO TINTO	Veterano M35	35:30.38	+07:13	03:33
9	84	José Afonso	RUNRIVER - RIO TINTO	Veterano M35	36:28.61	+08:11	03:39

Veterano M40

1	56	Manuel Belinha	G D SÃO PAIO OLEIROS	Veterano M40	34:15.47	+05:58	03:26
2	55	Avelino Freitas	G D SÃO PAIO OLEIROS	Veterano M40	38:07.44	+09:50	03:49
3	54	Alcindo Dias	G D SÃO PAIO OLEIROS	Veterano M40	38:42.71	+10:25	03:52

Veterano M45

1	18	Davide Figueiredo	A FIGUEIREDO RUNNERS	Veterano M45	32:44.42	+04:27	03:16
2	49	Carlos Monteiro	F C VIZELA	Veterano M45	34:27.50	+06:10	03:27
3	82	António Silva	Nascidos para Correr	Veterano M45	34:31.67	+06:14	03:27
4	36	Salvador Silva	C F OLIVEIRA DOURO	Veterano M45	40:27.55	+12:10	04:03

Veterano M50

1	33	Joaquim Figueiredo	C D S SALVADOR CAMPO	Veterano M50	34:06.89	+05:49	03:25
2	15	Mário Silva	A C R SRA DESTERRO	Veterano M50	34:50.37	+06:33	03:29
3	32	Manuel Gomes	C D S SALVADOR CAMPO	Veterano M50	35:17.16	+06:59	03:32

Trofeu Iberico 10000m

10000 METERS

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OFFICIAL RESULT

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4	53	Jorge Luz	G D SÃO PAIO OLEIROS	Veterano M50	37:05.44	+08:48	03:43
5	35	António Nascimento	C F OLIVEIRA DOURO	Veterano M50	40:43.71	+12:26	04:04

Veterano M60

1	43	Manuel Dourado	C P T Bº CARCAVELOS	Veterano M60	37:26.20	+09:08	03:45
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TROFEU IBERICO 10000M SPLIT 5K - STAGE 1

[illegible]

5000 METERS

[illegible]

OFFICIAL RESULT

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REVISED

	Time	Temperature	Humidity
Start	16:55	11°C	87%
End	19:07	10°C	89%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	3	Josephat Menjo	individual	Senior Masculino	14:00.07		02:48
2	174	Antonio Abadia	spain	Senior Masculino	14:00.09	+00:00	02:48
3	4	Joash Kiplimo	individual	Senior Masculino	14:18.05	+00:17	02:52
4	59	Amanal Petros	germany	Senior Masculino	14:18.07	+00:18	02:52
5	178	Mohamed Ali Jelloul	spain	Senior Masculino	14:19.03	+00:18	02:52
6	179	Fernando Carro	spain	Senior Masculino	14:19.05	+00:18	02:52
7	184	Yago Rojo	spain	Senior Masculino	14:19.08	+00:19	02:52
8	176	Mohamed Zarhouni	spain	Senior Masculino	14:19.09	+00:19	02:52
9	193	Raul Celada	spain	Senior Masculino	14:21.07	+00:21	02:52
10	191	Nassim Hassaous	spain	Senior Masculino	14:21.07	+00:21	02:52
11	175	Ricardo Serrano	spain	Veterano M35	14:22.03	+00:21	02:52
12	189	Miguel Barzola	spain	Veterano M35	14:25.08	+00:25	02:53
13	83	Adam Novicki	polónia	Senior Masculino	14:26.02	+00:25	02:53
14	51	Mahamed Mahamed	great britain & n ireland	Sub 23 Masculino	14:27.05	+00:26	02:53
15	112	Rui Pinto	s l benfica	Senior Masculino	14:27.06	+00:26	02:53
16	160	Tariku Novales	spain	Sub 23 Masculino	14:27.07	+00:27	02:53
17	100	Helder Santos	sporting c p	Senior Masculino	14:29.08	+00:29	02:54
18	101	Ricardo Dias	sporting c p	Senior Masculino	14:29.09	+00:29	02:54
19	182	Isaac Rico	spain	Veterano M35	14:32.03	+00:31	02:54
20	181	David Bascuñana	spain	Senior Masculino	14:34.04	+00:33	02:55
21	103	Nuno Lopes	sporting c p	Senior Masculino	14:34.10	+00:34	02:55
22	81	Ronald Schroer	holanda	Senior Masculino	14:35.01	+00:34	02:55
23	194	Ismael Quiñones	spain	Senior Masculino	14:35.03	+00:34	02:55
24	24	Miguel Ribeiro	olímpico vianense	Senior Masculino	14:35.06	+00:34	02:55
25	109	Miguel Marques	sporting c p	Senior Masculino	14:46.08	+00:46	02:57
26	190	Andreu Blanes	spain	Senior Masculino	14:50.00	+00:49	02:58
27	107	Fernando Serrão	sporting c p	Senior Masculino	14:53.16	+00:53	02:59
28	183	Samuel Lay	spain	Senior Masculino	14:56.22	+00:56	02:59
29	25	Daniel Gregório	c atletismo de seia	Senior Masculino	14:57.13	+00:57	02:59
30	162	Amin Houkmi	spain	Sub 23 Masculino	14:57.16	+00:57	02:59
31	21	Bruno Silva	arc águias alvelos	Senior Masculino	14:57.17	+00:57	02:59
32	22	António Pedro Rocha	arc águias alvelos	Senior Masculino	14:57.17	+00:57	02:59
33	161	Youssef Benkert	spain	Sub 23 Masculino	14:57.19	+00:57	02:59
34	187	Ivan Acereda	spain	Senior Masculino	14:57.20	+00:57	02:59
35	97	José Moreira	sporting c p	Veterano M35	14:57.21	+00:57	02:59
36	19	Ricardo Pereira	a c d jardim serra	Senior Masculino	14:58.13	+00:58	03:00
37	42	Cristiano Pereira	c p de mangualde	Sub 23 Masculino	14:58.17	+00:58	03:00
38	73	Paulo Barbosa	maia a c	Senior Masculino	14:58.17	+00:58	03:00
39	188	Eneko Agirrezabal	spain	Senior Masculino	14:58.17	+00:58	03:00
40	186	Miguel Garcia	spain	Senior Masculino	14:58.18	+00:58	03:00
41	170	Abdessamad Oukhelfen	spain	Sub 23 Masculino	14:58.19	+00:58	03:00
42	192	Jose Luis Garcia	spain	Senior Masculino	14:58.19	+00:58	03:00

TROFEU IBERICO 10000M SPLIT 5K - STAGE 1

5000 METERS

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	98	Pedro Ribeiro	sporting c p	Veterano M35	14:59.12	+00:59	03:00
44	17	Bruno Moniz	a d r água de pena	Senior Masculino	14:59.15	+00:59	03:00
45	72	Carlos Rodrigues	maia a c	Senior Masculino	14:59.17	+00:59	03:00
46	172	Andres Jimenez	spain	Sub 23 Masculino	15:01.19	+01:01	03:00
47	28	Johan Caldeira	c s s João madeira	Senior Masculino	15:02.20	+01:02	03:00
48	165	Ruben Requena	spain	Sub 23 Masculino	15:03.14	+01:03	03:01
49	106	Andralino Furtado	sporting c p	Senior Masculino	15:06.14	+01:06	03:01
50	12	João Ferreira	a c póvoa de varzim	Sub 23 Masculino	15:08.19	+01:08	03:02
51	163	Mabrouk Bendou	spain	Sub 23 Masculino	15:09.20	+01:09	03:02
52	113	Pedro Ferreira	s l benfica	Sub 23 Masculino	15:14.18	+01:14	03:03
53	77	Nuno Carraça	n a de cucujães	Senior Masculino	15:15.15	+01:15	03:03
54	69	João Almeida	individual - aveiro	Sub 23 Masculino	15:15.17	+01:15	03:03
55	171	Jesus Hurtado	spain	Sub 23 Masculino	15:15.18	+01:15	03:03
56	144	Eduardo Menacho	spain	Junior Masculino	15:21.28	+01:21	03:04
57	111	Samuel Freire	s l benfica	Senior Masculino	15:21.28	+01:21	03:04
58	114	Alexandre Figueiredo	s l benfica	Junior Masculino	15:21.32	+01:21	03:04
59	29	Davide Silva	c s s João madeira	Senior Masculino	15:22.17	+01:22	03:04
60	40	Bruno Batista	c n de rio maior	Sub 23 Masculino	15:22.18	+01:22	03:04
61	122	Marco Teixeira	u f c indústria	Senior Masculino	15:28.20	+01:28	03:06
62	167	Jorge Fresnillo	spain	Sub 23 Masculino	15:28.28	+01:28	03:06
63	164	Antonio Gonzalez	spain	Sub 23 Masculino	15:33.12	+01:33	03:07
64	115	Miguel Ribeiro	s l benfica	Junior Masculino	15:33.36	+01:33	03:07
65	166	Carlos Jimenez	spain	Sub 23 Masculino	15:41.20	+01:41	03:08
66	121	Rúben Faria	u desp da várzea	Junior Masculino	15:43.35	+01:43	03:09
67	16	Tiago Madureira	a c r sra desterro	Senior Masculino	15:43.36	+01:43	03:09
68	120	Gabriel Ribeiro	u desp da várzea	Sub 23 Masculino	15:44.31	+01:44	03:09
69	156	Andres Raga	spain	Junior Masculino	15:44.32	+01:44	03:09
70	150	Aday Salas	spain	Junior Masculino	15:44.35	+01:44	03:09
71	145	Victor Illera	spain	Junior Masculino	15:46.33	+01:46	03:09
72	31	Luís Oliveira	c desp feirense	Junior Masculino	15:56.20	+01:56	03:11
73	157	Luis Salvador	spain	Junior Masculino	15:59.30	+01:59	03:12
74	155	Fernando Rial	spain	Junior Masculino	15:59.35	+01:59	03:12
75	152	Ivan Lopez	spain	Junior Masculino	16:02.28	+02:02	03:12
76	38	Rafael Lopes	c f oliveira douro	Junior Masculino	16:02.35	+02:02	03:12
77	89	Sara Moreira	sporting c p	Senior Feminino	16:02.86	+02:02	03:13
78	119	Joaquim Antunes	u desp da várzea	Sub 23 Masculino	16:04.16	+02:04	03:13
79	158	Diego Menendez	spain	Junior Masculino	16:06.35	+02:06	03:13
80	90	Catarina Ribeiro	sporting c p	Senior Feminino	16:08.80	+02:08	03:14
81	18	Davide Figueiredo	a figueiredo runners	Veterano M45	16:09.13	+02:09	03:14
82	88	Inês Monteiro	sporting c p	Veterana F35	16:12.88	+02:12	03:15
83	149	Pablo Monteagudo	spain	Junior Masculino	16:14.30	+02:14	03:15
84	168	Francisco Caraballo	spain	Sub 23 Masculino	16:14.30	+02:14	03:15
85	27	Rafael Baraças	c atletismo de seia	Junior Masculino	16:14.32	+02:14	03:15
86	146	Cristobal Dominguez	spain	Junior Masculino	16:15.33	+02:15	03:15
87	219	Nuria Lugueros	spain	Senior Feminino	16:18.81	+02:18	03:16
88	151	Francisco Montiel	spain	Junior Masculino	16:19.28	+02:19	03:16

TROFEU IBERICO 10000M SPLIT 5K - STAGE 1

5000 METERS

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
89	154	Arnau Lopez	spain	Junior Masculino	16:21.34	+02:21	03:16
90	206	Maria Jose Perez	spain	Senior Feminino	16:24.89	+02:24	03:17
91	153	Jorge Sieira	spain	Junior Masculino	16:29.29	+02:29	03:18
92	173	Sergi Reurer	spain	Sub 23 Masculino	16:30.33	+02:30	03:18
93	74	João Pedro Casal	maia a c	Junior Masculino	16:31.27	+02:31	03:18
94	169	Pablo Lassa	spain	Sub 23 Masculino	16:31.32	+02:31	03:18
95	37	Joao Oliveira	c f oliveira douro	Junior Masculino	16:31.33	+02:31	03:18
96	159	Nicolas Gens	spain	Junior Masculino	16:31.35	+02:31	03:18
97	148	Martin De Alava	spain	Junior Masculino	16:32.27	+02:32	03:18
98	46	Tony Calvo	escola do movimento	Veterano M35	16:32.31	+02:32	03:18
99	80	Jill Holterman	holanda	Senior Feminino	16:41.82	+02:41	03:20
100	215	Maitane Melero	spain	Veterana F35	16:41.88	+02:41	03:20
101	218	Tania Carretero	spain	Senior Feminino	16:42.83	+02:42	03:21
102	52	Cátia Santos	g desp estreito	Senior Feminino	16:42.84	+02:42	03:21
103	216	Elena Garcia	spain	Senior Feminino	16:42.85	+02:42	03:21
104	124	David Pedrosa	gira sol	Junior Masculino	16:51.27	+02:51	03:22
105	56	Manuel Belinha	g d são paio oleiros	Veterano M40	16:56.35	+02:56	03:23
106	82	António Silva	nascidos para correr	Veterano M45	16:58.33	+02:58	03:24
107	209	Ester Navarrete	spain	Senior Feminino	17:00.88	+03:00	03:24
108	71	Susana Cunha	linda-a-pastora s c	Senior Feminino	17:00.89	+03:00	03:24
109	79	Tiago Pinheiro	n atletismo taipas	Junior Masculino	17:18.28	+03:18	03:28
110	57	Rui Alves	g d são paio oleiros	Senior Masculino	17:20.05	+03:19	03:28
111	32	Manuel Gomes	c d s salvador campo	Veterano M50	17:20.99	+03:20	03:28
112	85	Paulo Rocha	runriver - rio tinto	Veterano M35	17:21.01	+03:20	03:28
113	15	Mário Silva	a c r sra desterro	Veterano M50	17:21.02	+03:20	03:28
114	33	Joaquim Figueiredo	c d s salvador campo	Veterano M50	17:21.05	+03:20	03:28
115	49	Carlos Monteiro	f c vizela	Veterano M45	17:21.07	+03:21	03:28
116	20	Filipe Cunha	arc águias alvelos	Veterano M35	17:21.100	+03:21	03:28
117	62	Sérgio Lima	g juv vila de punhe	Veterano M35	17:22.03	+03:21	03:28
118	217	Beatriz Alvarez	spain	Senior Feminino	17:23.88	+03:23	03:29
119	11	Miguel Maia	a c póvoa de varzim	Veterano M35	17:24.04	+03:23	03:29
120	199	Paula Gonzalez	spain	Sub 23 Feminino	17:24.83	+03:24	03:29
121	208	Clara Viñaras	spain	Senior Feminino	17:30.81	+03:30	03:30
122	84	José Afonso	runriver - rio tinto	Veterano M35	17:39.100	+03:39	03:32
123	207	Raquel Gomez	spain	Veterana F35	17:42.85	+03:42	03:33
124	47	António Pires	escola do movimento	Senior Masculino	17:47.07	+03:47	03:33
125	75	Duarte Rodrigues	maia a c	Junior Masculino	17:47.100	+03:47	03:34
126	68	Rute Simões	grekas - vagos	Senior Feminino	17:52.18	+03:52	03:34
127	116	Sónia Ferreira	u desp da várzea	Senior Feminino	17:52.19	+03:52	03:34
128	67	Patrícia Oliveira	grekas - vagos	Senior Feminino	17:52.20	+03:52	03:34
129	66	Ana Margarida Lopes	grekas - vagos	Senior Feminino	17:53.13	+03:53	03:35
130	87	Sandra Teixeira	sporting c p	Veterana F40	17:53.14	+03:53	03:35
131	200	Maidier Leoz	spain	Sub 23 Feminino	17:53.19	+03:53	03:35
132	202	Maialen Ollo	spain	Sub 23 Feminino	17:53.19	+03:53	03:35
133	213	Lorena Rodriguez	spain	Senior Feminino	17:56.17	+03:56	03:35
134	211	Ana Llorens	spain	Veterana F35	18:00.17	+04:00	03:36

TROFEU IBERICO 10000M SPLIT 5K - STAGE 1

5000 METERS

[illegible]

OFFICIAL RESULT

[illegible]

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
135	53	Jorge Luz	g d são paio oleiros	Veterano M50	18:04.04	+04:03	03:37
136	117	Helena Alves	u desp da várzea	Sub 23 Feminino	18:10.11	+04:10	03:38
137	93	Catarina Guerreiro	sporting c p	Sub 23 Feminino	18:10.13	+04:10	03:38
138	92	Diana Almeida	sporting c p	Senior Feminino	18:13.13	+04:13	03:39
139	76	Manuela Martins	maratona c p	Sub 23 Feminino	18:13.13	+04:13	03:39
140	241	Claudia Anduaga	spain	Sub 23 Feminino	18:14.18	+04:14	03:39
141	214	Jimena Martin	spain	Senior Feminino	18:14.20	+04:14	03:39
142	43	Manuel Dourado	c p t bº carcavelos	Veterano M60	18:17.06	+04:16	03:39
143	210	Maria Carmen Ledesma	spain	Senior Feminino	18:19.11	+04:19	03:40
144	205	Marta De La Fuente	spain	Sub 23 Feminino	18:23.14	+04:23	03:41
145	55	Avelino Freitas	g d são paio oleiros	Veterano M40	18:39.03	+04:38	03:44
146	65	Ivo Gonçalves	g juv vila de punhe	Junior Masculino	18:39.07	+04:39	03:44
147	64	Tiago Rodrigues	g juv vila de punhe	Sub 23 Masculino	18:43.99	+04:43	03:45
148	54	Alcindo Dias	g d são paio oleiros	Veterano M40	19:01.04	+05:00	03:48
149	203	Monica Hernandez	spain	Sub 23 Feminino	19:13.18	+05:13	03:51
150	204	Yaiza Crstobal	spain	Sub 23 Feminino	19:25.11	+05:25	03:53
151	36	Salvador Silva	c f oliveira douro	Veterano M45	20:01.00	+06:00	04:00
152	35	António Nascimento	c f oliveira douro	Veterano M50	20:12.07	+06:12	04:02
153	60	Fátima Dantas	g juv vila de punhe	Veterana F55	22:30.16	+08:30	04:30
154	78	Hermínia Pereira	n atletismo taipas	Veterana F55	23:12.20	+09:12	04:38
155	13	Helena Mourão	a c r sra desterro	Veterana F55	23:27.20	+09:27	04:41
156	61	Fátima Barros	g juv vila de punhe	Veterana F35	25:34.20	+11:34	05:07

RFEA 5000M - STAGE 1

5000 METERS

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	16:15	14°C	76%
End	16:40	13°C	76%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
1	131	Pablo Rodriguez	spain	Juvenil Masculino	15:32.03		03:06
2	136	Adam Maijo	spain	Juvenil Masculino	15:35.44	+00:03	03:07
3	132	Sergio Martinez	spain	Juvenil Masculino	15:38.03	+00:06	03:08
4	133	Andres Fernandez	spain	Juvenil Masculino	15:42.47	+00:10	03:08
5	134	Ruben Alvarez	spain	Juvenil Masculino	15:44.89	+00:12	03:09
6	137	Raul Gonzalez	spain	Juvenil Masculino	15:46.33	+00:14	03:09
7	138	Diego Alonso	spain	Juvenil Masculino	15:49.61	+00:17	03:10
8	139	Biruk Rubio	spain	Juvenil Masculino	15:51.48	+00:19	03:10
9	140	Ermias Fernandez	spain	Juvenil Masculino	16:08.97	+00:36	03:14
10	240	Bilal Dahmouni	spain	Juvenil Masculino	16:11.83	+00:39	03:14
11	135	Saki Vanrell	spain	Juvenil Masculino	16:24.85	+00:52	03:17
12	143	Iago Jopia	spain	Juvenil Masculino	16:31.98	+00:59	03:18
13	220	Isabel Barreiro	spain	Junior Feminino	16:50.55	+01:18	03:22
14	221	Carmen Viciosa	spain	Junior Feminino	16:59.76	+01:27	03:24
15	142	German Barro	spain	Juvenil Masculino	17:26.35	+01:54	03:29
16	225	Nerea Izcue	spain	Junior Feminino	17:28.97	+01:56	03:30
17	222	June Arbeo	spain	Junior Feminino	17:38.07	+02:06	03:32
18	223	Noelia Acero	spain	Junior Feminino	18:06.46	+02:34	03:37
19	233	Ainhoa Brea	spain	Juvenil Feminino	18:12.03	+02:40	03:38
20	228	Sara Garcia	spain	Juvenil Feminino	18:13.72	+02:41	03:39
21	232	Blanca Sayas	spain	Juvenil Feminino	18:14.94	+02:42	03:39
22	237	Esther Menendez	spain	Juvenil Feminino	18:16.69	+02:44	03:39
23	39	Inês Cunha	c n de rio maior	Junior Feminino	18:17.04	+02:45	03:39
24	230	Andrea Bernal	spain	Juvenil Feminino	18:22.51	+02:50	03:41
25	224	Silvia Perez	spain	Junior Feminino	18:22.76	+02:50	03:41
26	95	Sara Duarte	sporting c p	Junior Feminino	18:26.66	+02:54	03:41
27	226	Naima Ali Alibou	spain	Junior Feminino	18:27.52	+02:55	03:42
28	94	Soraia Tavares	sporting c p	Junior Feminino	18:28.70	+02:56	03:42
29	260	Marina Suria	spain	Junior Feminino	18:36.19	+03:04	03:43
30	231	Nieves Megias	spain	Juvenil Feminino	18:45.42	+03:13	03:45
31	229	Sonsoles Martin	spain	Juvenil Feminino	18:51.30	+03:19	03:46
32	235	Elisa Carbonero	spain	Juvenil Feminino	18:52.41	+03:20	03:46
33	234	Angela Dominguez	spain	Juvenil Feminino	18:55.45	+03:23	03:47
34	227	Carmen Martinez	spain	Junior Feminino	18:58.23	+03:26	03:48
35	238	Sara Lopez	spain	Juvenil Feminino	19:47.77	+04:15	03:58
36	236	Hannah Ruiz	spain	Juvenil Feminino	19:52.47	+04:20	03:58
37	44	Marta Castro	desp operário rangel	Junior Feminino	20:32.13	+05:00	04:06

RFEA 5000m

5000 METERS

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	16:15	14°C	76%
End	16:40	13°C	76%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Junior Feminino

1	220	Isabel Barreiro	SPAIN	Junior Feminino	16:50.55	+01:18	03:22
2	221	Carmen Viciosa	SPAIN	Junior Feminino	16:59.76	+01:27	03:24
3	225	Nerea Izcue	SPAIN	Junior Feminino	17:28.97	+01:56	03:30
4	222	June Arbeo	SPAIN	Junior Feminino	17:38.07	+02:06	03:32
5	223	Noelia Acero	SPAIN	Junior Feminino	18:06.46	+02:34	03:37
6	39	Inês Cunha	C N DE RIO MAIOR	Junior Feminino	18:17.04	+02:45	03:39
7	224	Silvia Perez	SPAIN	Junior Feminino	18:22.76	+02:50	03:41
8	95	Sara Duarte	SPORTING C P	Junior Feminino	18:26.66	+02:54	03:41
9	226	Naima Ali Alibou	SPAIN	Junior Feminino	18:27.52	+02:55	03:42
10	94	Soraia Tavares	SPORTING C P	Junior Feminino	18:28.70	+02:56	03:42
11	260	Marina Suria	SPAIN	Junior Feminino	18:36.19	+03:04	03:43
12	227	Carmen Martinez	SPAIN	Junior Feminino	18:58.23	+03:26	03:48
13	44	Marta Castro	DESP OPERÁRIO RANGEL	Junior Feminino	20:32.13	+05:00	04:06

Juvenil Feminino

1	233	Ainhoa Brea	SPAIN	Juvenil Femenino	18:12.03	+02:40	03:38
2	228	Sara Garcia	SPAIN	Juvenil Femenino	18:13.72	+02:41	03:39
3	232	Blanca Sayas	SPAIN	Juvenil Femenino	18:14.94	+02:42	03:39
4	237	Esther Menendez	SPAIN	Juvenil Femenino	18:16.69	+02:44	03:39
5	230	Andrea Bernal	SPAIN	Juvenil Femenino	18:22.51	+02:50	03:41
6	231	Nieves Megias	SPAIN	Juvenil Femenino	18:45.42	+03:13	03:45
7	229	Sonsoles Martin	SPAIN	Juvenil Femenino	18:51.30	+03:19	03:46
8	235	Elisa Carbonero	SPAIN	Juvenil Femenino	18:52.41	+03:20	03:46
9	234	Angela Dominguez	SPAIN	Juvenil Femenino	18:55.45	+03:23	03:47
10	238	Sara Lopez	SPAIN	Juvenil Femenino	19:47.77	+04:15	03:58
11	236	Hannah Ruiz	SPAIN	Juvenil Femenino	19:52.47	+04:20	03:58

Juvenil Masculino

1	131	Pablo Rodriguez	SPAIN	Juvenil Masculino	15:32.03		03:06
2	136	Adam Majjo	SPAIN	Juvenil Masculino	15:35.44	+00:03	03:07
3	132	Sergio Martinez	SPAIN	Juvenil Masculino	15:38.03	+00:06	03:08
4	133	Andres Fernandez	SPAIN	Juvenil Masculino	15:42.47	+00:10	03:08
5	134	Ruben Alvarez	SPAIN	Juvenil Masculino	15:44.89	+00:12	03:09
6	137	Raul Gonzalez	SPAIN	Juvenil Masculino	15:46.33	+00:14	03:09
7	138	Diego Alonso	SPAIN	Juvenil Masculino	15:49.61	+00:17	03:10
8	139	Biruk Rubio	SPAIN	Juvenil Masculino	15:51.48	+00:19	03:10

5000 METERS

OFFICIAL RESULT

9	140	Ermias Fernandez	SPAIN	Juvenil Masculino	16:08.97	+00:36	03:14
10	240	Bilal Dahmouni	SPAIN	Juvenil Masculino	16:11.83	+00:39	03:14
11	135	Saki Vanrell	SPAIN	Juvenil Masculino	16:24.85	+00:52	03:17
12	143	Iago Jopia	SPAIN	Juvenil Masculino	16:31.98	+00:59	03:18
13	142	German Barro	SPAIN	Juvenil Masculino	17:26.35	+01:54	03:29