



TRAIL LONGO - STAGE 1

20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
40	220	Ricardo Trigo	step by step	Veterano M40	02:21:43	+49:29	07:05
41	181	António Miguel Araújo Magalhães	núcleo de montanha de espinho	Veterano M40	02:21:49	+49:35	07:05
42	14	Paulo Correia	a.d.sebolido trail boneca douro	Veterano M40	02:22:21	+50:07	07:07
43	223	Antonio Silva	os ripolins - grjó a correr	Veterano M50	02:22:23	+50:08	07:07
44	23	Joaquim Quintas	associação btt-tt sandim	Veterano M40	02:22:36	+50:21	07:08
45	159	HENRIQUE BORGES	individual	Veterano M50	02:22:36	+50:22	07:08
46	188	Nuno Miguel Vieira Teixeira	os flechas- c.c.r. santa eulália	Senior Masculino	02:23:11	+50:56	07:10
47	65	Marco Pinto	fa fit	Veterano M40	02:23:17	+51:02	07:10
48	13	Roberto Daniel Alves Freitas	a.d.sebolido trail boneca douro	Senior Masculino	02:23:20	+51:05	07:10
49	152	Raul Silva	individual	Veterano M40	02:24:27	+52:13	07:13
50	114	Levi Fernandes	individual	Senior Masculino	02:24:30	+52:15	07:14
51	91	Rui Martins	hmc sports   piscinas e ginásios municipais	Senior Masculino	02:25:02	+52:47	07:15
52	51	Rui Gaspar	clube atlético chibinha	Veterano M40	02:25:02	+52:47	07:15
53	84	Hermenegildo Mendes	gondomar futsal clube	Senior Masculino	02:25:02	+52:48	07:15
54	203	Vítor Moreira	sentir escaiz running	Veterano M40	02:26:16	+54:01	07:19
55	12	Bruno Barros	a.d.sebolido trail boneca douro	Senior Masculino	02:26:45	+54:31	07:20
56	5	André Ribeiro	#gepab	Senior Masculino	02:26:50	+54:36	07:21
57	25	Marinho Quintas	associação btt-tt sandim	Veterano M40	02:28:10	+55:55	07:25
58	67	Gil Pinho	feira viva	Senior Masculino	02:28:56	+56:42	07:27
59	180	João Graça	núcleo de montanha de espinho	Senior Masculino	02:29:20	+57:06	07:28
60	58	Luís Scott	dr. runner's team	Senior Masculino	02:29:39	+57:24	07:29
61	59	Ruben Lísias	dr. runner's team	Senior Masculino	02:29:39	+57:24	07:29
62	118	Marco Silva	individual	Senior Masculino	02:30:14	+58:00	07:31
63	144	Jorge Nunes	individual	Veterano M40	02:30:35	+58:20	07:32
64	147	Miguel Santos	individual	Veterano M40	02:30:46	+58:32	07:32
65	167	Pedro Moreira	j&p running	Senior Masculino	02:31:02	+58:48	07:33
66	62	Rui Freitas	esgalhada trail team	Senior Masculino	02:31:45	+59:30	07:35
67	27	Carlos Augusto Martins Silva	azeméis r	Veterano M40	02:32:28	+01:00:13	07:37
68	26	Pedro Santos Costa	azeméis r	Senior Masculino	02:32:28	+01:00:13	07:37
69	157	Alcino Ferreira dos Santos	individual	Veterano M50	02:32:34	+01:00:19	07:38
70	175	Alcídio Moreira	mata elefantres	Veterano M40	02:32:37	+01:00:22	07:38
71	30	andrezinho	bravos & bravitas	Senior Masculino	02:33:48	+01:01:33	07:41
72	37	Mike	bravos & bravitas	Veterano M40	02:35:00	+01:02:45	07:45
73	21	Mariana Batista	associação btt-tt sandim	Senior Feminino	02:35:03	+01:02:48	07:45
74	195	ANDRÉ SILVA	remax spirit-market	Senior Masculino	02:35:04	+01:02:49	07:45
75	35	Custódio	bravos & bravitas	Veterano M40	02:35:24	+01:03:10	07:46
76	191	Pedro Santos	pari passu	Veterano M40	02:35:29	+01:03:14	07:46
77	219	Ivo Almeida	step by step	Veterano M40	02:35:58	+01:03:43	07:48
78	49	Pedro Miguel Silva	cervejaría de cesar	Senior Masculino	02:37:29	+01:05:15	07:52
79	48	Gil Bastos	cervejaría de cesar	Senior Masculino	02:37:30	+01:05:15	07:53
80	199	Joaquim lobato	running espinho	Veterano M50	02:38:23	+01:06:08	07:55
81	15	José Alves	a.d.sebolido trail boneca douro	Veterano M50	02:38:42	+01:06:27	07:56
82	29	Jorge Manuel Santiago Tavares	azeméis r	Veterano M40	02:38:43	+01:06:28	07:56
83	163	Leonel rodrigues	individual	Veterano M50	02:38:45	+01:06:30	07:56

**TRAIL LONGO - STAGE 1**

**20 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION  
**OFFICIAL RESULT**  
 LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
84	74	Mafalda Valente	geocrosstrail escaiz	Senior Feminino	02:38:48	+01:06:33	07:56
85	108	FERNANDO CASTANHEIRA	individual	Senior Masculino	02:38:56	+01:06:42	07:57
86	100	Ana Catarina Venda Fonseca	individual	Senior Feminino	02:38:58	+01:06:43	07:57
87	119	Mário João Silva Ibarra	individual	Senior Masculino	02:38:59	+01:06:45	07:57
88	81	Paulo Marques	geocrosstrail escaiz	Veterano M40	02:39:25	+01:07:11	07:58
89	82	Ricardo Godinho	geocrosstrail escaiz	Veterano M40	02:39:25	+01:07:11	07:58
90	18	Ivo Machado	arcorun	Veterano M40	02:39:51	+01:07:37	08:00
91	174	Hélder Moreira	mata elefantres	Senior Masculino	02:40:16	+01:08:01	08:01
92	39	Vítor santos	bravos & bravitas	Veterano M40	02:40:27	+01:08:12	08:01
93	215	Paula Gonçalves	sportarc.running	Veterana F40	02:40:54	+01:08:40	08:03
94	138	Olga Gomes	individual	Veterana F40	02:40:55	+01:08:40	08:03
95	64	Nuno Avelar	fa fit	Senior Masculino	02:40:57	+01:08:43	08:03
96	50	Miguel Rego	clube atlético chibinha	Veterano M40	02:41:01	+01:08:46	08:03
97	217	Rui Gonçalves	sportarc.running	Veterano M40	02:41:08	+01:08:53	08:03
98	4	Jorge Moreira	tt	Veterano M40	02:41:28	+01:09:14	08:04
99	204	Sandra Santos	serviços sociais camara municipal de santa maria da feira	Senior Feminino	02:41:29	+01:09:14	08:04
100	208	Manuel Couto	serviços sociais camara municipal de santa maria da feira	Veterano M50	02:41:29	+01:09:14	08:04
101	113	Leandro Lavoura	individual	Senior Masculino	02:41:42	+01:09:27	08:05
102	47	Rogério Silva	centro desportivo cultural s. martinho da gándara	Veterano M50	02:41:42	+01:09:28	08:05
103	150	Paulo Campos	individual	Veterano M40	02:42:05	+01:09:51	08:06
104	87	Helder Tiago Gonçalves Machado	hmc sports   piscinas e ginásios municipais	Senior Masculino	02:42:06	+01:09:51	08:06
105	70	João Moraes	flechas trail drop in	Senior Masculino	02:43:22	+01:11:08	08:10
106	33	carmo	bravos & bravitas	Veterana F40	02:44:09	+01:11:54	08:12
107	182	Nuno Capela	núcleo de montanha de espinho	Veterano M40	02:44:24	+01:12:10	08:13
108	90	Pedro Ricardo Gonçalves Machado	hmc sports   piscinas e ginásios municipais	Senior Masculino	02:45:12	+01:12:58	08:16
109	139	Abel Correia	individual	Veterano M40	02:45:48	+01:13:33	08:17
110	177	Ana Sousa	murtosa night runners	Senior Feminino	02:46:28	+01:14:14	08:19
111	55	Sérgio Marco Medeiros Tavares	correio de albergaria trail running	Senior Masculino	02:46:28	+01:14:14	08:19
112	148	Nuno Rodrigues	individual	Veterano M40	02:46:28	+01:14:14	08:19
113	183	Jorge Guerra	os falta d'ar	Veterano M40	02:47:03	+01:14:49	08:21
114	186	Rui Teixeira	os falta d'ar	Veterano M40	02:47:20	+01:15:06	08:22
115	86	Marlene Castro Soares	hmc sports   piscinas e ginásios municipais	Senior Feminino	02:47:26	+01:15:11	08:22
116	75	Raquel Fernandes	geocrosstrail escaiz	Senior Feminino	02:48:15	+01:16:00	08:25
117	73	Daniela Duarte	geocrosstrail escaiz	Senior Feminino	02:48:16	+01:16:01	08:25
118	134	Cristina Carvalho	individual	Veterana F40	02:49:49	+01:17:35	08:29
119	83	Rui Moreira	geocrosstrail escaiz	Veterano M40	02:50:03	+01:17:48	08:30
120	149	Paulo António Pereira Duarte	individual	Veterano M40	02:50:03	+01:17:49	08:30
121	137	Maria de Fátima de Sousa Ferreira Tavares	individual	Veterana F40	02:50:20	+01:18:05	08:31
122	128	Sergio filipe maia de sousa	individual	Senior Masculino	02:50:56	+01:18:42	08:33
123	164	MANUEL SOARES	individual	Veterano M50	02:51:13	+01:18:58	08:34
124	197	SÉRGIO ALMEIDA	remax spirit-market	Veterano M40	02:51:25	+01:19:10	08:34

### TRAIL LONGO - STAGE 1

### 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
125	178	Pedro Aguiar	murtosa night runners	Senior Masculino	02:51:29	+01:19:14	08:34
126	201	Jorge Moreira	sentir escariz running	Veterano M40	02:51:45	+01:19:31	08:35
127	214	Lúcia Teixeira	sportarc.running	Veterana F40	02:51:48	+01:19:33	08:35
128	41	Américo Manuel Graça Gomes	cal - clube atletismo de lamas	Veterano M40	02:52:10	+01:19:55	08:37
129	107	Elisio Cardoso	individual	Senior Masculino	02:52:30	+01:20:15	08:38
130	109	Filipe Moreira	individual	Senior Masculino	02:52:30	+01:20:15	08:38
131	228	Nuno Raposo	núcleo de montanha de espinho	Senior Masculino	02:52:38	+01:20:23	08:38
132	155	Telmo Rui Aguiar Leite	individual	Veterano M40	02:53:20	+01:21:05	08:40
133	56	Mário Tavares	correio de albergaria trail running	Veterano M40	02:53:20	+01:21:05	08:40
134	72	Ricardo Silva	flechas trail drop in	Senior Masculino	02:54:21	+01:22:06	08:43
135	94	João cardoso	hmc sports   piscinas e ginásios municipais	Veterano M40	02:56:47	+01:24:32	08:50
136	85	Cristina Costa	hmc sports   piscinas e ginásios municipais	Senior Feminino	02:56:47	+01:24:32	08:50
137	92	Gui Mendes	hmc sports   piscinas e ginásios municipais	Veterana F40	02:56:56	+01:24:41	08:51
138	193	Paulo Jorge Ferreira	pé na rota	Senior Masculino	02:57:08	+01:24:53	08:51
139	194	Ricardo Pinho Souto	pé na rota	Senior Masculino	02:57:08	+01:24:54	08:51
140	111	Francisco Vieira	individual	Senior Masculino	02:58:20	+01:26:05	08:55
141	63	Hugo Soares	excepçãobt love tiles cycling sports team	Senior Masculino	02:58:48	+01:26:33	08:56
142	79	Enrique cunha	geocrosstrail escariz	Senior Masculino	03:00:42	+01:28:28	09:02
143	122	Pedro Daniel da Silva Nunes Ribeiro	individual	Senior Masculino	03:01:15	+01:29:01	09:04
144	125	Ricardo Manuel Pereira Barbosa	individual	Senior Masculino	03:02:33	+01:30:19	09:08
145	36	Herdeiro	bravos & bravitas	Veterano M40	03:03:36	+01:31:21	09:11
146	78	Domingos ventura	geocrosstrail escariz	Senior Masculino	03:04:10	+01:31:55	09:13
147	211	Ricardo Mendes	sportarc.running	Senior Masculino	03:05:50	+01:33:36	09:18
148	60	Carlos Cunha	emna runners	Senior Masculino	03:09:27	+01:37:13	09:28
149	71	Miguel Carvalho	flechas trail drop in	Senior Masculino	03:10:40	+01:38:25	09:32
150	210	Clara Santos	sportarc.running	Senior Feminino	03:10:54	+01:38:40	09:33
151	209	Andreia Noites	sportarc.running	Senior Feminino	03:10:54	+01:38:40	09:33
152	76	Teresa Capela	geocrosstrail escariz	Senior Feminino	03:23:19	+01:51:05	10:10
153	6	Daniela Cunha	100 sombra	Senior Feminino	03:25:26	+01:53:11	10:16
154	143	Ilídio José Pires	individual	Veterano M40	03:25:26	+01:53:11	10:16
155	8	João Novo	100 sombra	Senior Masculino	03:25:26	+01:53:12	10:16
156	7	André Santos	100 sombra	Senior Masculino	03:25:26	+01:53:12	10:16
157	115	Manuel Henriques Castro	individual	Senior Masculino	03:30:19	+01:58:05	10:31
158	106	David santos	individual	Senior Masculino	03:30:20	+01:58:06	10:31
159	112	Hugo Leite	individual	Senior Masculino	03:32:06	+01:59:52	10:36
160	69	Joaquim de Sousa	fit2labor	Veterano M40	03:43:10	+02:10:55	11:10
161	68	Mónica Margaride	fit2labor	Veterana F40	03:43:11	+02:10:56	11:10
162	224	Bruno Pinho	tutu team	Senior Masculino	03:46:13	+02:13:58	11:19
163	226	Norberto Aguiar	tutu team	Senior Masculino	03:46:13	+02:13:58	11:19
164	227	Diogo Andrade	tutu team	Senior Masculino	03:46:13	+02:13:58	11:19
165	225	Miguel Mendes	tutu team	Senior Masculino	03:46:13	+02:13:58	11:19
166	135	Isabel Santos	individual	Veterana F40	03:46:17	+02:14:03	11:19
167	9	Paulo Fernandes	100 sombra	Veterano M40	03:46:18	+02:14:03	11:19

**TRAIL LONGO - STAGE 1**

**20 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
168	22	Alice Almeida	associação btt-tt sandim	Veterana F40	03:49:19	+02:17:04	11:28



**Trail Longo****20 KM****OFFICIAL RESULT**

19	121	Pedro Cerqueira	Individual	Senior Masculino	02:17:58	+45:43	06:54
20	169	Carlos Marcelo Dias Marques	JOBRA - Associação de Jovens da Branca	Senior Masculino	02:21:30	+49:15	07:05
21	229	Sérgio Vieira	Geocrosstrail	Senior Masculino	02:21:32	+49:18	07:05
22	44	Litos	Caldas S. Jorge Sport Clube	Senior Masculino	02:21:38	+49:23	07:05
23	188	Nuno Miguel Vieira Teixeira	Os flechas- C.C.R. Santa Eulália	Senior Masculino	02:23:11	+50:56	07:10
24	13	Roberto Daniel Alves Freitas	A.D.Sebolido Trail Boneca Douro	Senior Masculino	02:23:20	+51:05	07:10
25	114	Levi Fernandes	Individual	Senior Masculino	02:24:30	+52:15	07:14
26	91	Rui Martins	HMC Sports   Piscinas e Ginásios Municipais	Senior Masculino	02:25:02	+52:47	07:15
27	84	Hermenegildo Mendes	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:25:02	+52:48	07:15
28	12	Bruno Barros	A.D.Sebolido Trail Boneca Douro	Senior Masculino	02:26:45	+54:31	07:20
29	5	André Ribeiro	#GEPAB	Senior Masculino	02:26:50	+54:36	07:21
30	67	Gil Pinho	Feira Viva	Senior Masculino	02:28:56	+56:42	07:27
31	180	João Graça	Núcleo de Montanha de Espinho	Senior Masculino	02:29:20	+57:06	07:28
32	58	Luís Scott	Dr. Runner's Team	Senior Masculino	02:29:39	+57:24	07:29
33	59	Ruben Lísias	Dr. Runner's Team	Senior Masculino	02:29:39	+57:24	07:29
34	118	Marco Silva	Individual	Senior Masculino	02:30:14	+58:00	07:31
35	167	Pedro Moreira	J&P Running	Senior Masculino	02:31:02	+58:48	07:33
36	62	Rui Freitas	Esgalhada Trail Team	Senior Masculino	02:31:45	+59:30	07:35
37	26	Pedro Santos Costa	Azeméis R	Senior Masculino	02:32:28	+01:00:13	07:37
38	30	andrezinho	Bravos & Bravitas	Senior Masculino	02:33:48	+01:01:33	07:41
39	195	ANDRÉ SILVA	REMAX Spirit-Market	Senior Masculino	02:35:04	+01:02:49	07:45
40	49	Pedro Miguel Silva	Cervejaria de Cesar	Senior Masculino	02:37:29	+01:05:15	07:52
41	48	Gil Bastos	Cervejaria de Cesar	Senior Masculino	02:37:30	+01:05:15	07:53
42	108	FERNANDO CASTANHEIRA	Individual	Senior Masculino	02:38:56	+01:06:42	07:57
43	119	Mário João Silva Ibarra	Individual	Senior Masculino	02:38:59	+01:06:45	07:57
44	174	Hélder Moreira	Mata elefantres	Senior Masculino	02:40:16	+01:08:01	08:01
45	64	Nuno Avelar	FA Fit	Senior Masculino	02:40:57	+01:08:43	08:03
46	113	Leandro Lavoura	Individual	Senior Masculino	02:41:42	+01:09:27	08:05
47	87	Helder Tiago Gonçalves Machado	HMC Sports   Piscinas e Ginásios Municipais	Senior Masculino	02:42:06	+01:09:51	08:06
48	70	João Morais	Flechas Trail Drop In	Senior Masculino	02:43:22	+01:11:08	08:10
49	90	Pedro Ricardo Gonçalves Machado	HMC Sports   Piscinas e Ginásios Municipais	Senior Masculino	02:45:12	+01:12:58	08:16
50	55	Sérgio Marco Medeiros Tavares	Correio de Albergaria Trail Running	Senior Masculino	02:46:28	+01:14:14	08:19
51	128	Sergio filipe maia de sousa	Individual	Senior Masculino	02:50:56	+01:18:42	08:33
52	178	Pedro Aguiar	Murtosa Night Runners	Senior Masculino	02:51:29	+01:19:14	08:34
53	107	Elisio Cardoso	Individual	Senior Masculino	02:52:30	+01:20:15	08:38
54	109	Filipe Moreira	Individual	Senior Masculino	02:52:30	+01:20:15	08:38
55	228	Nuno Raposo	Núcleo de Montanha de Espinho	Senior Masculino	02:52:38	+01:20:23	08:38
56	72	Ricardo Silva	Flechas Trail Drop In	Senior Masculino	02:54:21	+01:22:06	08:43
57	193	Paulo Jorge Ferreira	Pé na Rota	Senior Masculino	02:57:08	+01:24:53	08:51
58	194	Ricardo Pinho Souto	Pé na Rota	Senior Masculino	02:57:08	+01:24:54	08:51
59	111	Francisco Vieira	Individual	Senior Masculino	02:58:20	+01:26:05	08:55
60	63	Hugo Soares	eXCeçãoBTT Love Tiles Cycling Sports Team	Senior Masculino	02:58:48	+01:26:33	08:56
61	79	Enrique cunha	GEOCROSSTRAIL ESCARIZ	Senior Masculino	03:00:42	+01:28:28	09:02

## Trail Longo

20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

62	122	Pedro Daniel da Silva Nunes Ribeiro	Individual	Senior Masculino	03:01:15	+01:29:01	09:04
63	125	Ricardo Manuel Pereira Barbosa	Individual	Senior Masculino	03:02:33	+01:30:19	09:08
64	78	Domingos ventura	GEOCROSSTRAIL ESCARIZ	Senior Masculino	03:04:10	+01:31:55	09:13
65	211	Ricardo Mendes	Sportarc.Running	Senior Masculino	03:05:50	+01:33:36	09:18
66	60	Carlos Cunha	EMNA Runners	Senior Masculino	03:09:27	+01:37:13	09:28
67	71	Miguel Carvalho	Flechas Trail Drop In	Senior Masculino	03:10:40	+01:38:25	09:32
68	8	João Novo	100 SOMBRA	Senior Masculino	03:25:26	+01:53:12	10:16
69	7	André Santos	100 SOMBRA	Senior Masculino	03:25:26	+01:53:12	10:16
70	115	Manuel Henriques Castro	Individual	Senior Masculino	03:30:19	+01:58:05	10:31
71	106	David santos	Individual	Senior Masculino	03:30:20	+01:58:06	10:31
72	112	Hugo Leite	Individual	Senior Masculino	03:32:06	+01:59:52	10:36
73	224	Bruno Pinho	TuTu Team	Senior Masculino	03:46:13	+02:13:58	11:19
74	226	Norberto Aguiar	TuTu Team	Senior Masculino	03:46:13	+02:13:58	11:19
75	227	Diogo Andrade	TuTu Team	Senior Masculino	03:46:13	+02:13:58	11:19
76	225	Miguel Mendes	TuTu Team	Senior Masculino	03:46:13	+02:13:58	11:19

## Veterana F40

1	212	Fátima Costa	Sportarc.Running	Veterana F40	02:20:58	+48:44	07:03
2	215	Paula Gonçalves	Sportarc.Running	Veterana F40	02:40:54	+01:08:40	08:03
3	138	Olga Gomes	Individual	Veterana F40	02:40:55	+01:08:40	08:03
4	33	carmo	Bravos & Bravitas	Veterana F40	02:44:09	+01:11:54	08:12
5	134	Cristina Carvalho	Individual	Veterana F40	02:49:49	+01:17:35	08:29
6	137	Maria de Fátima de Sousa Ferreira Tavares	Individual	Veterana F40	02:50:20	+01:18:05	08:31
7	214	Lúcia Teixeira	Sportarc.Running	Veterana F40	02:51:48	+01:19:33	08:35
8	92	Gui Mendes	HMC Sports   Piscinas e Ginásios Municipais	Veterana F40	02:56:56	+01:24:41	08:51
9	68	Mónica Margaride	Fit2labor	Veterana F40	03:43:11	+02:10:56	11:10
10	135	Isabel Santos	Individual	Veterana F40	03:46:17	+02:14:03	11:19
11	22	Alice Almeida	Associação BTT-TT Sandim	Veterana F40	03:49:19	+02:17:04	11:28

## Veterano M40

1	151	Paulo pinto	Individual	Veterano M40	01:45:55	+13:40	05:18
2	146	MANUEL JOSÉ TEIXEIRA DE SOUSA	Individual	Veterano M40	01:46:47	+14:32	05:20
3	93	António Pinto	HMC Sports   Piscinas e Ginásios Municipais	Veterano M40	02:02:57	+30:42	06:09
4	196	JOSÉ LOUREIRO	REMAX Spirit-Market	Veterano M40	02:05:53	+33:38	06:18
5	16	Paulo Jorge Gomes Santos	ACRDE	Veterano M40	02:09:40	+37:25	06:29
6	185	Marco Botelho	OS FALTA D'AR	Veterano M40	02:10:08	+37:54	06:30
7	200	Alcino Gouveia	Sentir Escariz running	Veterano M40	02:10:55	+38:40	06:33
8	80	Miguel Ângelo Ferreira	GEOCROSSTRAIL ESCARIZ	Veterano M40	02:12:15	+40:00	06:37
9	184	Jorge Silva	OS FALTA D'AR	Veterano M40	02:13:37	+41:23	06:41
10	95	Silverio Oliveira Santos	HMC Sports   Piscinas e Ginásios Municipais	Veterano M40	02:14:13	+41:58	06:43
11	202	José Oliveira	Sentir Escariz running	Veterano M40	02:16:32	+44:17	06:50





## Trail Longo

**20 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## Veterano M50

1	160	Humberto Ramos Vara	Individual	Veterano M50	01:59:28	+27:14	05:58
2	165	Mario Oliveira	Individual	Veterano M50	02:11:07	+38:52	06:33
3	187	Manuel Oliveira	OS FALTA D'AR	Veterano M50	02:12:09	+39:54	06:36
4	223	Antonio Silva	Os Ripolins - Grijó a correr	Veterano M50	02:22:23	+50:08	07:07
5	159	HENRIQUE BORGES	Individual	Veterano M50	02:22:36	+50:22	07:08
6	157	Alcino Ferreira dos Santos	Individual	Veterano M50	02:32:34	+01:00:19	07:38
7	199	Joaquim lobato	RUNNING ESPINHO	Veterano M50	02:38:23	+01:06:08	07:55
8	15	José Alves	A.D.Sebolido Trail Boneca Douro	Veterano M50	02:38:42	+01:06:27	07:56
9	163	Leonel rodrigues	Individual	Veterano M50	02:38:45	+01:06:30	07:56
10	208	Manuel Couto	Serviços Sociais Camara Municipal de Santa Maria da Feira	Veterano M50	02:41:29	+01:09:14	08:04
11	47	Rogério Silva	Centro Desportivo Cultural S. Martinho da Gândara	Veterano M50	02:41:42	+01:09:28	08:05
12	164	MANUEL SOARES	Individual	Veterano M50	02:51:13	+01:18:58	08:34

## MINI TRAIL - STAGE 1

10 KM

### OFFICIAL RESULT

	Time	Temperature	Humidity
Start	19:10	13.4°C	71%
End	21:55	13.4°C	71%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1608	Fábio Correia	sporting clube de espinho / antónio leitão	Senior Masculino	47:02		04:42
2	1159	Toze Castro	fiães running	Senior Masculino	47:25	+00:23	04:45
3	1210	paulo pereira	grupo desportivo cultural de guilhovai	Veterano M40	48:08	+01:06	04:49
4	1633	Luis Silva	nac - nucleo de atletismo de cucujães	Veterano M40	48:41	+01:38	04:52
5	1097	Camilo Guedes	clube pessoal aguas gaia	Veterano M40	50:04	+03:01	05:00
6	1371	Hugo Miguel Gonçalves Pinto	individual	Senior Masculino	50:09	+03:06	05:01
7	1027	Antonio Paiva Santos	acdr reguenga palhota	Senior Masculino	50:33	+03:31	05:03
8	1481	Sérgio Silva	mss contabilidade trail team	Senior Masculino	51:10	+04:07	05:07
9	1342	Asdrubal Freitas	individual	Veterano M50	53:14	+06:12	05:19
10	1100	Pedro Sabugueiro	cmm escaravelhos team	Senior Masculino	53:16	+06:14	05:20
11	1593	Rui Oliveira	vila maior em turismo	Veterano M40	53:19	+06:17	05:20
12	57	Joel Simplício	dr. runner's team	Senior Masculino	54:04	+07:02	05:24
13	1086	Filipe Fontes	cal - clube atletismo de lamas	Veterano M40	54:06	+07:04	05:25
14	1155	André Silva	fiães running	Senior Masculino	54:46	+07:44	05:29
15	1480	João Leite	mexilhão da montanha	Senior Masculino	55:07	+08:05	05:31
16	1591	Julio Oliveira	vila maior em turismo	Veterano M40	55:28	+08:26	05:33
17	1425	Rui Lobo	individual	Senior Masculino	56:02	+08:59	05:36
18	1404	marco vasconcelos	individual	Senior Masculino	56:09	+09:07	05:37
19	1226	Orlando Valente	hmc sports   piscinas e ginásios municipais	Veterano M40	56:45	+09:43	05:41
20	1377	João Paulo Lopes Rodrigues	individual	Veterano M50	58:32	+11:30	05:51
21	1406	Miguel Angelo Baptista Pinto	individual	Senior Masculino	58:33	+11:30	05:51
22	1410	Miguel Ferreira	individual	Senior Masculino	58:54	+11:52	05:53
23	1543	marcio andre jesus melo	somos somente 1	Senior Masculino	59:15	+12:13	05:56
24	1590	Antonio Marques	vila maior em turismo	Veterano M50	59:23	+12:21	05:56
25	1496	Carlos Parente	olímpico vianense trail	Veterano M50	01:00:04	+13:01	06:00
26	1209	Tiago Rosas	grupo de corrida de argoncilhe	Senior Masculino	01:00:14	+13:12	06:01
27	1089	Antonio Joaquim Vaz da Silva	caldas s. jorge sport clube	Veterano M50	01:00:17	+13:15	06:02
28	20	Carlos Fernandes	as belas e eles	Veterano M40	01:01:02	+14:00	06:06
29	1438	BRUNO MELO	invictus oporto team	Senior Masculino	01:01:04	+14:01	06:06
30	1445	Pedro Miguel de Ascensão Neves	juventude desportiva de gondomar	Senior Masculino	01:01:04	+14:02	06:06
31	1160	HORTENSE TENDA	gaia trail	Senior Feminino	01:01:10	+14:08	06:07
32	1441	Agostinho da Silva Neves	juventude desportiva de gondomar	Veterano M50	01:01:15	+14:13	06:08
33	99	Victor Barros Ferreira	i9team	Veterano M40	01:01:17	+14:14	06:08
34	1042	Marco António Alves Miranda	alphabetismus	Senior Masculino	01:01:46	+14:44	06:11
35	1043	Miguel de Oliveira Almeida	alphabetismus	Veterano M40	01:01:46	+14:44	06:11
36	1096	Tony Lopes	clube aventura d'aldeia	Senior Masculino	01:02:00	+14:57	06:12
37	1345	Bruno Nunes	individual	Senior Masculino	01:02:05	+15:03	06:13
38	1355	Cláudio Manuel Pereira Tavares	individual	Senior Masculino	01:02:10	+15:07	06:13
39	1544	valter pinho	somos somente 1	Senior Masculino	01:02:23	+15:20	06:14
40	1435	William dos Santos Caetano	individual	Senior Masculino	01:03:10	+16:08	06:19



**MINI TRAIL - STAGE 1**

**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	1047	Tó Faria	amigos 100 limites	Senior Masculino	01:10:15	+23:12	07:02
86	1193	Hélder Oliveira	geocrosstrail escariz	Senior Masculino	01:10:31	+23:28	07:03
87	1487	Catarina Batista	now tomorrow	Senior Feminino	01:10:31	+23:29	07:03
88	1135	Luís Filipe Martins Soares	eduart-componentes de calçado	Veterano M50	01:10:37	+23:34	07:04
89	1373	Hugo Silva	individual	Senior Masculino	01:10:43	+23:40	07:04
90	1115	Paulo Martins	corredores de rua	Veterano M40	01:10:43	+23:41	07:04
91	1397	Luis Gomes	individual	Veterano M40	01:10:58	+23:56	07:06
92	1398	Manuel Antonio Bastos Migueis	individual	Veterano M40	01:11:01	+23:59	07:06
93	1152	Silvia Conceição	fiães running	Veterana F40	01:11:40	+24:38	07:10
94	1187	Brito Pinho	geocrosstrail escariz	Senior Masculino	01:12:12	+25:09	07:13
95	1365	Floriberto castro	individual	Veterano M40	01:12:18	+25:16	07:14
96	1040	Douglas César Oliveira de Pinho	alphabetismus	Veterano M40	01:12:19	+25:17	07:14
97	1039	Carlos Alberto Soares Moreira	alphabetismus	Veterano M40	01:12:19	+25:17	07:14
98	1248	Rodrigo Alexandre Lopes	homegym	Senior Masculino	01:12:20	+25:17	07:14
99	1402	Manuel Ribeiro	individual	Veterano M40	01:12:26	+25:24	07:15
100	1129	Agostinho Coelho	douroconta - gabinete de apoio e contabilidade, lda	Veterano M40	01:12:28	+25:26	07:15
101	1384	Joel Filipe Oliveira Marques	individual	Senior Masculino	01:12:32	+25:29	07:15
102	1151	Filomena	fiães running	Veterana F40	01:12:42	+25:40	07:16
103	1571	ANDRE JOAQUIM DA SILVA SEIXAS ROSAS	top´s da constituição	Senior Masculino	01:12:46	+25:44	07:17
104	1055	Ricardo Tavares	as belas e eles	Senior Masculino	01:12:46	+25:44	07:17
105	1546	Isabel Soares	sportarc.running	Veterana F40	01:13:10	+26:07	07:19
106	1573	JOSE PEDRO MONTEIRO DA SILVA SALGUEIRO	top´s da constituição	Veterano M40	01:13:20	+26:18	07:20
107	1001	António Ribeiro	#gepab	Veterano M50	01:14:05	+27:02	07:25
108	1019	Ivo Couto	a20´s javalis trail team	Veterano M40	01:14:09	+27:06	07:25
109	1556	Jorge Fontes	sporting clube de espinho / antónio leitão	Veterano M40	01:14:09	+27:06	07:25
110	1474	CARLOS FAMILIAR	mc	Veterano M40	01:14:19	+27:17	07:26
111	1467	FÁTIMA OLIVEIRA	mc	Veterana F40	01:14:19	+27:17	07:26
112	1161	Ana Couto	garças	Veterana F40	01:14:28	+27:26	07:27
113	1563	JOSÉ PEREIRA	telhadela runners	Senior Masculino	01:14:29	+27:27	07:27
114	1014	Jorge Moreira	10temidos	Veterano M50	01:14:40	+27:37	07:28
115	1249	Sérgio Silva	homegym	Senior Masculino	01:14:42	+27:40	07:28
116	1247	Ricardo Manuel Mrtins	homegym	Senior Masculino	01:14:42	+27:40	07:28
117	1364	Flávio Silva	individual	Senior Masculino	01:14:55	+27:53	07:30
118	1165	Licínia Santos	garças	Veterana F40	01:14:56	+27:54	07:30
119	1611	Hilário Costa	tt	Veterano M50	01:14:58	+27:55	07:30
120	1134	Eduardo Tavares Rebelo	eduart-componentes de calçado	Veterano M50	01:15:00	+27:57	07:30
121	1244	Marco António	homegym	Senior Masculino	01:15:05	+28:02	07:31
122	1319	Rosa Maria Fernandes Batista	individual	Senior Feminino	01:15:12	+28:10	07:31
123	1514	Rui Moreira	papatrails	Senior Masculino	01:15:43	+28:41	07:34
124	1079	Paula Ferreira	bravos & bravitas	Senior Feminino	01:15:48	+28:45	07:35
125	1412	NUNO PINHO	individual	Veterano M40	01:16:06	+29:04	07:37
126	1256	Joaquim Oliveira	i9team	Senior Masculino	01:16:18	+29:16	07:38
127	1367	Gil	individual	Senior Masculino	01:16:19	+29:17	07:38

## MINI TRAIL - STAGE 1

10 KM

### OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
128	1559	Miguel Moura	taylors	Veterano M40	01:16:20	+29:18	07:38
129	1162	Ana Maria Almeida	garças	Veterana F40	01:16:28	+29:26	07:39
130	1440	NUNO AMARO	invictus oporto team	Senior Masculino	01:16:33	+29:31	07:39
131	1178	Monica oliveira	geocrosstrail escariz	Veterana F40	01:16:54	+29:52	07:41
132	1603	Tiago Gomes Rodrigues	xupamista	Senior Masculino	01:16:55	+29:53	07:42
133	1341	Artur	individual	Veterano M40	01:16:56	+29:54	07:42
134	1130	Marco Castro	douroconta - gabinete de apoio e contabilidade, lda	Veterano M40	01:17:01	+29:59	07:42
135	1321	Sandra Cabral da Cunha	individual	Senior Feminino	01:17:04	+30:02	07:42
136	1460	Ana Rita	maisfit runners	Senior Feminino	01:17:27	+30:25	07:45
137	1243	Manuel Fonseca Silva	homegym	Veterano M40	01:17:29	+30:27	07:45
138	1163	Carmo Silva	garças	Veterana F40	01:17:30	+30:27	07:45
139	1237	Liliana Andrade	homegym	Senior Feminino	01:17:38	+30:35	07:46
140	1233	Bárbara Valente	homegym	Senior Feminino	01:17:38	+30:35	07:46
141	1415	Paulo santos	individual	Veterano M40	01:17:39	+30:37	07:46
142	132	Carina pereira	individual	Veterana F40	01:17:52	+30:50	07:47
143	1340	Antonio Pereira	individual	Veterano M40	01:17:52	+30:50	07:47
144	1561	Carlos Campos	telhadela runners	Senior Masculino	01:17:55	+30:53	07:48
145	1562	Filipe Pereira	telhadela runners	Veterano M40	01:17:56	+30:53	07:48
146	1580	José Oliveira	trepatrihos trail team	Veterano M40	01:17:56	+30:53	07:48
147	1132	Claudia Pinhal	dr. runner's team	Senior Feminino	01:17:56	+30:53	07:48
148	1131	Andreia Ferreira	dr. runner's team	Senior Feminino	01:17:56	+30:54	07:48
149	1044	Clara Teixeira	amigos 100 limites	Senior Feminino	01:18:01	+30:58	07:48
150	1033	RENATO ARAÚJO	agdcr_running	Veterano M40	01:18:15	+31:12	07:50
151	1475	GERMANO SANTOS	mc	Veterano M50	01:18:15	+31:12	07:50
152	1421	Ricardo Nordeste	individual	Veterano M40	01:18:34	+31:32	07:51
153	1285	Elisabete Cunha	individual	Senior Feminino	01:18:40	+31:38	07:52
154	1394	Jose silva	individual	Senior Masculino	01:18:50	+31:48	07:53
155	1545	Assunção Azevedo	sportarc.running	Veterana F40	01:18:51	+31:49	07:53
156	1302	Marcia Catarina teixeira santos	individual	Senior Feminino	01:18:55	+31:52	07:54
157	1455	Rui Guedes	limitless	Senior Masculino	01:18:56	+31:53	07:54
158	1322	Sandra Cristina Oliveira Ferreira	individual	Senior Feminino	01:19:07	+32:05	07:55
159	1414	Paulo jorge	individual	Veterano M40	01:19:10	+32:08	07:55
160	1020	João Lapa	a20's javalis trail team	Senior Masculino	01:19:34	+32:32	07:57
161	1431	Vitor Miguel	individual	Senior Masculino	01:19:38	+32:36	07:58
162	1232	Anabelle Vaz	homegym	Senior Feminino	01:19:53	+32:51	07:59
163	1241	José António Miranda	homegym	Veterano M40	01:19:54	+32:51	07:59
164	1462	Fábio Silva	maisfit runners	Senior Masculino	01:20:28	+33:26	08:03
165	1154	Zelia Silva	fiães running	Veterana F40	01:20:30	+33:28	08:03
166	1595	Bernardo Carvalho	warriors	Senior Masculino	01:20:48	+33:45	08:05
167	1113	Antonio Guimarães	corredores de rua	Veterano M50	01:20:57	+33:55	08:06
168	1458	Manuel Muxagato	m&m e as derretidas	Veterano M40	01:20:59	+33:56	08:06
169	1351	Carlos Roberto Marques Gomes	individual	Senior Masculino	01:21:06	+34:03	08:07
170	1164	Joana Santiago	garças	Senior Feminino	01:21:07	+34:05	08:07
171	1537	Flora Santos	sentir escariz running	Veterana F40	01:21:52	+34:49	08:11

**MINI TRAIL - STAGE 1**

**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
172	1198	Luís Miguel Oliveira	geocrosstrail escariz	Senior Masculino	01:22:00	+34:57	08:12
173	1361	Fernando Carvalho	individual	Senior Masculino	01:22:03	+35:00	08:12
174	1301	Márcia Carvalho	individual	Senior Feminino	01:22:03	+35:01	08:12
175	189	Paulo Manuel Pereira de Sousa	os mosqueteiros	Senior Masculino	01:22:03	+35:01	08:12
176	1372	Hugo Santos	individual	Senior Masculino	01:22:08	+35:06	08:13
177	1106	Cristiana Godinho	corredores de rua	Senior Feminino	01:22:10	+35:08	08:13
178	1004	Joao Simoes	@corredoresderua@	Veterano M50	01:22:13	+35:11	08:13
179	1109	Graça Borne	corredores de rua	Veterana F40	01:22:14	+35:12	08:13
180	1433	vidor neves	individual	Senior Masculino	01:22:30	+35:28	08:15
181	1568	Luís Miguel Guedes Pinto	the mud machines	Senior Masculino	01:23:00	+35:58	08:18
182	1529	pedro ferreira	reumatico trail team	Veterano M40	01:23:01	+35:59	08:18
183	1275	Carla Maria reis de Sá Cardoso	individual	Veterana F40	01:23:01	+35:59	08:18
184	1245	Mauro Andrade	homegym	Senior Masculino	01:23:30	+36:28	08:21
185	1057	vidor cardoso	atlético da madalena	Veterano M50	01:23:39	+36:37	08:22
186	1296	José Pinhel	individual	Veterana F40	01:23:40	+36:38	08:22
187	1382	Joaquim Queirós	individual	Veterano M40	01:23:40	+36:38	08:22
188	1337	ADELINO FILIPE PINHO FERNANDES	individual	Senior Masculino	01:23:42	+36:40	08:22
189	1239	Bruno Resende	homegym	Senior Masculino	01:23:45	+36:42	08:23
190	1023	Paulo Henriques	a20's javalis trail team	Veterano M40	01:23:53	+36:50	08:23
191	1146	Paulo Sérgio Pais	feira viva	Veterano M50	01:23:54	+36:51	08:23
192	1182	Sónia Bessa	geocrosstrail escariz	Senior Feminino	01:23:57	+36:55	08:24
193	1572	JOSE ANTONIO DE OLIVEIRA LOPES	top's da constituição	Veterano M50	01:24:08	+37:06	08:25
194	1375	Ismael Emanuel Duarte Machado	individual	Senior Masculino	01:24:08	+37:06	08:25
195	1098	Elsa Moreira	clube trilheiros & amigos	Senior Feminino	01:24:11	+37:08	08:25
196	1459	Marco Maçorano	m&m e as detetidas	Senior Masculino	01:24:18	+37:16	08:26
197	1344	Bruno Monteiro	individual	Senior Masculino	01:24:24	+37:22	08:26
198	1528	nuno Freitas	reumatico trail team	Senior Masculino	01:24:32	+37:29	08:27
199	1526	veronica vieira	reumatico trail team	Senior Feminino	01:24:32	+37:30	08:27
200	1500	Diogo Figueiredo	os maravilhosos!	Senior Masculino	01:24:41	+37:38	08:28
201	1538	Sara Moreira	sentir escariz running	Veterana F40	01:24:45	+37:43	08:29
202	1549	Paula Pinto	sportarc.running	Senior Feminino	01:24:57	+37:55	08:30
203	1064	Luís Mota	b. v. carvalhos	Veterano M40	01:25:03	+38:01	08:30
204	1281	Daniela Alves Diogo Correia	individual	Senior Feminino	01:25:04	+38:01	08:30
205	1085	Tony serralva	bravos & bravitas	Veterano M40	01:25:10	+38:08	08:31
206	1472	ANTÓNIO NASCIMENTO	mc	Senior Masculino	01:25:19	+38:17	08:32
207	1536	Ana Patricia Silva	sentir escariz running	Senior Feminino	01:25:19	+38:17	08:32
208	1084	Ricardo Ferreira	bravos & bravitas	Veterano M40	01:25:23	+38:21	08:32
209	1560	Miguel Sousa	taylors	Veterano M40	01:25:24	+38:21	08:32
210	1048	Raquel Ricardo	amor de galo	Veterana F40	01:25:24	+38:22	08:32
211	166	PUREZA NUNES	invictus oporto team	Veterana F40	01:25:25	+38:23	08:33
212	1390	jose Manuel Ribeiro Machado	individual	Veterano M50	01:25:27	+38:24	08:33
213	1235	Daniela Sofia Lopes	homegym	Senior Feminino	01:25:29	+38:26	08:33

**MINI TRAIL - STAGE 1**

**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	tkm
214	1391	José Maria Teixeira	individual	Veterano M50	01:25:31	+38:28	08:33
215	1253	Pedro Sousa	hss runners	Senior Masculino	01:25:33	+38:31	08:33
216	1202	Rui Bastos	geocrosstrail escariz	Senior Masculino	01:25:40	+38:37	08:34
217	1177	Lucia Santos	geocrosstrail escariz	Senior Feminino	01:25:40	+38:38	08:34
218	1434	Vítor silva	individual	Veterano M40	01:25:44	+38:42	08:34
219	1463	José Pereira	maisfit runners	Veterano M50	01:25:45	+38:42	08:35
220	1413	Nuno Santos	individual	Senior Masculino	01:25:48	+38:45	08:35
221	1550	Diogo Soares	sportarc.running	Senior Masculino	01:25:50	+38:48	08:35
222	1252	Marco Paiva	hss runners	Veterano M40	01:25:51	+38:48	08:35
223	1542	vera monica ferreira leite	somos somente 1	Senior Feminino	01:26:07	+39:05	08:37
224	1030	Xavier Alves Paiva	acdr reguenga palhota	Senior Masculino	01:26:09	+39:07	08:37
225	1416	Pedro Abelha	individual	Veterano M40	01:26:24	+39:22	08:38
226	1201	Pedro Martins	geocrosstrail escariz	Senior Masculino	01:26:25	+39:22	08:39
227	1128	RICARDO MARTINS	ddt runners	Senior Masculino	01:26:28	+39:25	08:39
228	1506	Diogo Rocha	os redondos	Senior Masculino	01:26:28	+39:25	08:39
229	1045	Alcino Silva	amigos 100 limites	Senior Masculino	01:26:57	+39:54	08:42
230	1349	Carlos Moreira	individual	Senior Masculino	01:27:05	+40:03	08:43
231	1620	António Gomes	individual	Veterano M40	01:27:05	+40:03	08:43
232	1224	João Simões	hmc sports   piscinas e ginásios municipais	Senior Masculino	01:27:42	+40:39	08:46
233	1191	Edgar Santiago	geocrosstrail escariz	Senior Masculino	01:27:46	+40:44	08:47
234	1547	Luísa Soares	sportarc.running	Veterana F40	01:27:48	+40:45	08:47
235	1418	Pedro Lopes	individual	Senior Masculino	01:28:10	+41:07	08:49
236	1207	Rui Oliveira	grupo de corrida de argoncilhe	Veterano M50	01:28:16	+41:14	08:50
237	1204	Fernando Couto	grupo de corrida de argoncilhe	Veterano M50	01:28:16	+41:14	08:50
238	1205	Fernando Silva	grupo de corrida de argoncilhe	Veterano M50	01:28:17	+41:15	08:50
239	1117	Rony Santos	corredores de rua	Veterano M40	01:28:36	+41:34	08:52
240	1111	Rossana Ferreira	corredores de rua	Senior Feminino	01:28:36	+41:34	08:52
241	1220	Vânia Costa	hmc sports   piscinas e ginásios municipais	Senior Feminino	01:28:40	+41:37	08:52
242	1213	Andreia Maria Andrade Oliveira	hmc sports   piscinas e ginásios municipais	Senior Feminino	01:28:40	+41:38	08:52
243	1539	isabel santos	somos somente 1	Senior Feminino	01:28:45	+41:43	08:53
244	1548	Marta Alexandra Pinho Azevedo	sportarc.running	Senior Feminino	01:28:49	+41:47	08:53
245	1551	Tiago Soares	sportarc.running	Senior Masculino	01:28:50	+41:47	08:53
246	1498	Sandro Miguel Souza de Lima	omega trail	Veterano M40	01:28:53	+41:50	08:53
247	1541	sandra almeida	somos somente 1	Veterana F40	01:28:54	+41:52	08:53
248	1453	João Filipe Veiga Barroso	levados da breca	Veterano M40	01:28:59	+41:56	08:54
249	1280	crisrina moreira	individual	Veterana F40	01:28:59	+41:57	08:54
250	1238	Paula Cruz	homegym	Senior Feminino	01:29:02	+42:00	08:54
251	1634	Vasco Monteiro	homegym	Senior Masculino	01:29:02	+42:00	08:54
252	1570	TANIA MARIA GOMES DE LIMA ALMEIDA	top´s da constituição	Veterana F40	01:29:05	+42:02	08:55
253	1522	Ana Oliveira	real chapéus	Senior Feminino	01:29:05	+42:03	08:55
254	142	Hugo Sá	individual	Veterano M40	01:29:06	+42:03	08:55
255	1437	ROSA CASIMIRO	invictus oporto team	Veterana F40	01:29:17	+42:15	08:56
256	1082	Carlos carneiro	bravos & bravitas	Veterano M40	01:29:19	+42:17	08:56





## MINI TRAIL - STAGE 1

## 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
301	1386	José Alves dos Santos Correia	individual	Veterano M50	01:35:23	+48:20	09:32
302	1214	Laurinda Maria Lopes de Andrade Oliveira	hmc sports   piscinas e ginásios municipais	Veterana F40	01:35:26	+48:24	09:33
303	1180	Paula Almeida	geocrosstrail escariz	Veterana F40	01:35:27	+48:25	09:33
304	1617	Paula Maia	fitness for all- luís ribeiro	Veterana F40	01:35:46	+48:43	09:35
305	1586	Bruno Oliveira	tutu team	Senior Masculino	01:35:54	+48:51	09:35
306	1381	Joaquim Caldas	individual	Senior Masculino	01:35:56	+48:54	09:36
307	1217	Paula Catarino	hmc sports   piscinas e ginásios municipais	Senior Feminino	01:35:58	+48:56	09:36
308	1609	Fábio Costa	hmc sports   piscinas e ginásios municipais	Senior Masculino	01:35:58	+48:56	09:36
309	1169	Ana Teixeira	geocrosstrail escariz	Senior Feminino	01:36:00	+48:57	09:36
310	1212	Hugo Valente	h&s	Senior Masculino	01:36:08	+49:05	09:37
311	1211	Susana Almeida	h&s	Senior Feminino	01:36:08	+49:06	09:37
312	1531	Carlos Silva	running espinho	Veterano M50	01:36:18	+49:16	09:38
313	1515	Jorge Ferreira	pari passu	Veterano M40	01:36:25	+49:22	09:39
314	1121	André Cunha	cunhax	Senior Masculino	01:36:33	+49:30	09:39
315	1206	Paulo Gomes	grupo de corrida de argoncilhe	Veterano M40	01:37:02	+49:59	09:42
316	1007	ANA PAIVA	100 limites	Veterana F40	01:37:12	+50:09	09:43
317	1512	Sandra Oliveira	papatrails	Veterana F40	01:37:16	+50:14	09:44
318	1486	A Miguel Tavares	murtosa night runners	Senior Masculino	01:37:20	+50:17	09:44
319	1483	Inês Rodrigues	murtosa night runners	Senior Feminino	01:37:20	+50:18	09:44
320	1269	Ana Maria	individual	Senior Feminino	01:37:32	+50:29	09:45
321	1273	Carla Almeida	individual	Veterana F40	01:37:32	+50:29	09:45
322	1002	Andreia Almeida	@corredoresderua@	Senior Feminino	01:37:56	+50:54	09:48
323	1003	Carlos Fernando Marques	@corredoresderua@	Veterano M50	01:37:56	+50:54	09:48
324	1107	Dalila Alves	corredores de rua	Veterana F40	01:37:57	+50:54	09:48
325	1116	Paulo Miguel	corredores de rua	Veterano M50	01:37:57	+50:54	09:48
326	1297	Laura Alves Ribeiro	individual	Senior Feminino	01:38:07	+51:05	09:49
327	1176	Ligia Brandão	geocrosstrail escariz	Senior Feminino	01:38:24	+51:21	09:50
328	1194	Hugo Gomes	geocrosstrail escariz	Senior Masculino	01:38:24	+51:22	09:50
329	1234	Daniela Alexandra Rocha	homegym	Senior Feminino	01:38:30	+51:28	09:51
330	1225	Manuel Arnaldo Sousa Oliveira	hmc sports   piscinas e ginásios municipais	Veterano M50	01:38:38	+51:36	09:52
331	1018	Sandra Veludo	a20's javalis trail team	Senior Feminino	01:38:42	+51:40	09:52
332	1021	José Ricardo Veludo	a20's javalis trail team	Senior Masculino	01:38:42	+51:40	09:52
333	1265	Marco Silva	im-paráveis	Senior Masculino	01:38:47	+51:44	09:53
334	1491	Carla Susana Flores Cardoso Magalhães	núcleo de montanha de espinho	Senior Feminino	01:38:55	+51:53	09:54
335	1493	Pedro Alfonso Neves da Silva	núcleo de montanha de espinho	Senior Masculino	01:38:56	+51:54	09:54
336	1264	Diogo Baptista	im-paráveis	Senior Masculino	01:39:01	+51:58	09:54
337	1078	Liliana canedo	bravos & bravitas	Veterana F40	01:39:05	+52:02	09:55
338	1143	Fernanda Alves	feira viva	Veterana F40	01:39:20	+52:18	09:56
339	1144	Luis Pais	feira viva	Veterano M40	01:39:20	+52:18	09:56
340	1513	Jose Alves	papatrails	Veterano M40	01:39:25	+52:22	09:57
341	1594	Alberto Ferreira	warriors	Veterano M40	01:39:47	+52:44	09:59
342	1596	Miguel Carvalho	warriors	Senior Masculino	01:39:47	+52:45	09:59
343	1436	ANA BARBOSA	invictus oporto team	Veterana F40	01:39:55	+52:53	10:00

**MINI TRAIL - STAGE 1**

**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
344	1119	Alessandra Moscato	correr leça	Senior Feminino	01:40:03	+53:00	10:00
345	1120	Elsa Sousa	correr leça	Senior Feminino	01:40:03	+53:00	10:00
346	1189	Bruno Silva	geocrosstrail escariz	Senior Masculino	01:40:08	+53:06	10:01
347	1183	Susana Santos	geocrosstrail escariz	Senior Feminino	01:40:09	+53:06	10:01
348	1508	Ana Alves	papatrails	Veterana F40	01:40:20	+53:18	10:02
349	1142	Paula Leite	fa fit	Senior Feminino	01:40:29	+53:26	10:03
350	1141	Carina Alves	fa fit	Senior Feminino	01:40:29	+53:26	10:03
351	1236	Diana Laranjeira	homegym	Senior Feminino	01:40:41	+53:39	10:04
352	1231	Anabela Marques	homegym	Senior Feminino	01:41:09	+54:07	10:07
353	1408	Miguel cardoso Rodrigues	individual	Veterano M40	01:41:42	+54:39	10:10
354	1083	joaozinho	bravos & bravitas	Veterano M40	01:41:46	+54:44	10:11
355	1077	fatinha	bravos & bravitas	Veterana F40	01:41:52	+54:50	10:11
356	1607	Joana Oliveira Monteiro	tt	Senior Feminino	01:41:57	+54:55	10:12
357	1606	Daniela Avelar de Oliveira	tt	Senior Feminino	01:41:57	+54:55	10:12
358	161	José Manuel Magalhães Gomes Dara	individual	Veterano M50	01:42:10	+55:08	10:13
359	156	Alberto Martins	individual	Veterano M50	01:42:11	+55:09	10:13
360	1505	Susana Duarte	os redondos	Veterana F40	01:42:19	+55:17	10:14
361	1504	Sara Coelho	os redondos	Senior Feminino	01:42:19	+55:17	10:14
362	1122	Raul Cunha	cunhax	Veterano M40	01:42:27	+55:25	10:15
363	1510	Mafalda Alves	papatrails	Senior Feminino	01:42:30	+55:27	10:15
364	1518	Andreia Ruela	pé na rota	Veterana F40	01:42:35	+55:33	10:16
365	1520	Duarte Nuno Barbosa	pé na rota	Veterano M40	01:42:35	+55:33	10:16
366	1118	Frederico Henriques	correio de albergaria trail running	Senior Masculino	01:42:50	+55:48	10:17
367	1442	Joaquim Oliveira	juventude desportiva de gondomar	Veterano M40	01:43:04	+56:01	10:18
368	1443	Jorge Alberto do Carmo Cerqueira Teixeira	juventude desportiva de gondomar	Veterano M40	01:43:04	+56:02	10:18
369	1444	José Manuel Cerqueira do Carmo Teixeira	juventude desportiva de gondomar	Veterano M40	01:43:04	+56:02	10:18
370	1419	Pedro Oliveira	individual	Senior Masculino	01:43:36	+56:34	10:22
371	1197	José Mota	geocrosstrail escariz	Senior Masculino	01:43:38	+56:35	10:22
372	1303	Margarida Santos Ferreira	individual	Veterana F40	01:43:53	+56:50	10:23
373	1601	João Fernando Baptista Almeida	xupamista	Senior Masculino	01:43:53	+56:51	10:23
374	1362	Fernando castanheira	individual	Veterano M40	01:44:20	+57:18	10:26
375	1266	Adelia silva	individual	Veterana F40	01:44:21	+57:19	10:26
376	1058	Ângela Nunes	b. v. carvalhos	Senior Feminino	01:44:38	+57:35	10:28
377	1156	Jose Falcão	fiães running	Veterano M50	01:44:45	+57:42	10:29
378	1153	Virginia Silva	fiães running	Senior Feminino	01:44:45	+57:43	10:29
379	1088	Sandra Almeida	caldas s. jorge sport clube	Senior Feminino	01:46:25	+59:23	10:39
380	1618	Rita Nossa	fitness for all- luís ribeiro	Senior Feminino	01:46:32	+59:29	10:39
381	1619	Ines Gonçalves	individual	Senior Feminino	01:46:32	+59:29	10:39
382	1139	Susana Ranzal	equipa xpto	Senior Feminino	01:46:50	+59:47	10:41
383	1052	Carla Barbosa	as belas e eles	Senior Feminino	01:47:10	+01:00:08	10:43
384	1053	Cátia Silva	as belas e eles	Senior Feminino	01:47:11	+01:00:08	10:43
385	1035	Rute Couto	all about	Senior Feminino	01:47:30	+01:00:28	10:45
386	1036	Vanessa Dias	all about	Senior Feminino	01:47:30	+01:00:28	10:45

## MINI TRAIL - STAGE 1

**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	TKM
387	1037	José Carlos Lascasas	all about	Veterano M40	01:47:30	+01:00:28	10:45
388	1311	Marlene Anaisa Silva	individual	Veterana F40	01:47:34	+01:00:31	10:45
389	1588	Cristina Carvalho	viamaia	Senior Feminino	01:47:41	+01:00:39	10:46
390	1589	Filipe Pereira	viamaia	Senior Masculino	01:47:42	+01:00:39	10:46
391	1338	Adérito Fonseca	individual	Veterano M50	01:47:43	+01:00:40	10:46
392	1125	BRUNO CARDOSO	ddt runners	Senior Masculino	01:47:49	+01:00:47	10:47
393	1215	Maria José Correia	hmc sports   piscinas e ginásios municipais	Veterana F40	01:47:53	+01:00:51	10:47
394	1221	Abel Mendes	hmc sports   piscinas e ginásios municipais	Veterano M50	01:47:53	+01:00:51	10:47
395	1229	Sergio Correia	hmc sports   piscinas e ginásios municipais	Senior Masculino	01:47:54	+01:00:51	10:47
396	1270	Ana Moreira	individual	Veterana F40	01:47:54	+01:00:52	10:47
397	96	Fernando Mautempo	hmc sports   piscinas e ginásios municipais	Veterano M50	01:47:54	+01:00:52	10:47
398	1610	Valter Barbosa	tt	Veterano M50	01:47:54	+01:00:52	10:47
399	1420	pedro raul	individual	Senior Masculino	01:47:57	+01:00:54	10:48
400	1309	Marisa Dias Ribeiro	individual	Veterana F40	01:47:58	+01:00:55	10:48
401	1403	Marco Paulo Abrantes Filipe	individual	Veterano M40	01:48:06	+01:01:03	10:49
402	1509	Estela Oliveira	papatrails	Senior Feminino	01:48:16	+01:01:14	10:50
403	1010	Dália Costa	100filtro	Senior Feminino	01:48:19	+01:01:17	10:50
404	1012	Fernando Azevedo	100filtro	Senior Masculino	01:48:19	+01:01:17	10:50
405	1312	Marlene Sofia Gonçalves Ribeiro	individual	Senior Feminino	01:48:19	+01:01:17	10:50
406	1013	Ricardo Lopes	100filtro	Senior Masculino	01:48:21	+01:01:18	10:50
407	1011	Rosana costa	100filtro	Senior Feminino	01:48:21	+01:01:19	10:50
408	1140	Ze Luis Silva	equipa xpto	Senior Masculino	01:48:31	+01:01:29	10:51
409	1532	Joana Almeida	s&j lda.	Senior Feminino	01:48:31	+01:01:29	10:51
410	1533	Sara Soares	s&j lda.	Senior Feminino	01:48:32	+01:01:29	10:51
411	1138	Dora Ventura	equipa xpto	Veterana F40	01:48:32	+01:01:29	10:51
412	1614	Patrícia Amorim	arcorun	Veterana F40	01:48:50	+01:01:48	10:53
413	1615	Fernando Lopes	arcorun	Veterano M40	01:48:50	+01:01:48	10:53
414	1366	Francisco Caldas	individual	Veterano M40	01:48:57	+01:01:54	10:54
415	1392	José Pinho	individual	Veterano M40	01:48:57	+01:01:55	10:54
416	1016	Carla Alves	a.d.sebolido trail boneca douro	Veterana F40	01:49:17	+01:02:15	10:56
417	1015	Carina Alves	a.d.sebolido trail boneca douro	Senior Feminino	01:49:17	+01:02:15	10:56
418	1087	PAULO MELO	cal - clube atletismo de lamas	Veterano M40	01:49:39	+01:02:36	10:58
419	1468	JOANA PINTO	mc	Senior Feminino	01:51:15	+01:04:13	11:08
420	1477	HUGO SANTOS	mc	Senior Masculino	01:51:52	+01:04:49	11:11
421	1471	VERA CUNHA	mc	Senior Feminino	01:51:52	+01:04:50	11:11
422	1017	Telma Leite	a.d.sebolido trail boneca douro	Senior Feminino	01:52:18	+01:05:15	11:14
423	1150	Celeste fernandes	fiães running	Veterana F40	01:53:11	+01:06:08	11:19
424	1583	Ana Amorim	cal - clube de atletismo de lamas	Veterana F40	01:53:12	+01:06:09	11:19
425	1585	Samanta Maia	cal - clube de atletismo de lamas	Veterana F40	01:53:14	+01:06:12	11:19
426	1181	Renata Reis Cruz	geocrosstrail escariz	Senior Feminino	01:54:32	+01:07:30	11:27
427	1521	Manuel Dias Noites	pé na rota	Veterano M40	01:55:19	+01:08:17	11:32
428	1006	Miguel Leal	@corredoresderua@	Senior Masculino	01:55:21	+01:08:19	11:32
429	1597	Tiago Aguiar	warriors	Senior Masculino	01:55:48	+01:08:45	11:35

**MINI TRAIL - STAGE 1**
**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
430	1354	Claudio Correia	individual	Senior Masculino	01:56:30	+01:09:27	11:39
431	1295	Joana Almeida	individual	Senior Feminino	01:56:30	+01:09:27	11:39
432	1461	Rosa Castro	maisfit runners	Veterana F40	01:56:40	+01:09:38	11:40
433	1464	José Pinto	maisfit runners	Veterano M40	01:56:40	+01:09:38	11:40
434	1291	Ilda ruela	individual	Veterana F40	01:56:56	+01:09:54	11:42
435	1288	Fatima ribeiro	individual	Veterana F40	01:56:56	+01:09:54	11:42
436	1274	Carla ferreira	individual	Veterana F40	01:56:56	+01:09:54	11:42
437	1400	Manuel Cardoso	individual	Senior Masculino	01:56:56	+01:09:54	11:42
438	1329	Susana Maria Rodrigues da Silva Almeida	individual	Senior Feminino	01:57:02	+01:10:00	11:42
439	1272	Ana Sofia Assunção	individual	Senior Feminino	01:57:06	+01:10:03	11:43
440	1184	Vania Santos	geocrosstrail escariz	Senior Feminino	01:57:17	+01:10:15	11:44
441	1173	Daniela Cruz	geocrosstrail escariz	Senior Feminino	01:57:17	+01:10:15	11:44
442	1484	Isabel Cristina	murtosa night runners	Veterana F40	01:57:30	+01:10:28	11:45
443	1095	Augusto Silva	clube aventura d'aldeia	Veterano M40	01:57:41	+01:10:38	11:46
444	1330	Susana Pereira	individual	Senior Feminino	01:57:51	+01:10:49	11:47
445	1314	Monica Maria Jesus Carvalho	individual	Veterana F40	01:58:23	+01:11:21	11:50
446	1260	Ceésar Oliveira	iludidos	Senior Masculino	01:59:57	+01:12:54	12:00
447	1258	Ana pinho	iludidos	Senior Feminino	01:59:57	+01:12:55	12:00
448	1263	Sara Sousa	im-paráveis	Senior Feminino	02:00:02	+01:12:59	12:00
449	1579	Cunha e Silva	trepatrihos trail team	Veterano M40	02:00:25	+01:13:23	12:03
450	1136	vanessa ferraz rodrigues da costa	el corte ingles running team porto	Senior Feminino	02:00:41	+01:13:38	12:04
451	1112	Alexandre de Oliveira Baptista	corredores de rua	Senior Masculino	02:00:55	+01:13:52	12:06
452	1105	Andreia Maia Fernandes	corredores de rua	Senior Feminino	02:00:55	+01:13:53	12:06
453	1167	Ana Almeida	geocrosstrail escariz	Senior Feminino	02:01:04	+01:14:02	12:06
454	1298	Luísa Nogueira	individual	Veterana F40	02:01:30	+01:14:28	12:09
455	1179	Patricia Rocha	geocrosstrail escariz	Senior Feminino	02:01:34	+01:14:32	12:09
456	1186	Antonio Moreira	geocrosstrail escariz	Senior Masculino	02:02:50	+01:15:48	12:17
457	1166	Alexandra Carvalho	geocrosstrail escariz	Senior Feminino	02:02:50	+01:15:48	12:17
458	1200	Pedro Bessa	geocrosstrail escariz	Senior Masculino	02:02:51	+01:15:48	12:17
459	1318	Rosa Bispo	individual	Veterana F40	02:03:06	+01:16:04	12:19
460	1387	José Augusto Pires Lima	individual	Veterano M50	02:03:07	+01:16:05	12:19
461	1124	MARINA RAMALHO	ddt runners	Senior Feminino	02:03:17	+01:16:14	12:20
462	1123	ANABELA CARDOSO	ddt runners	Senior Feminino	02:04:03	+01:17:01	12:24
463	1127	PAULO FERREIRA	ddt runners	Veterano M40	02:04:03	+01:17:01	12:24
464	1452	Filipe Alexandre Alves de Almeida	levados da breca	Senior Masculino	02:04:13	+01:17:11	12:25
465	1578	Abílio Costa	trepatrihos trail team	Veterano M50	02:04:15	+01:17:13	12:26
466	1574	Fátima Costa	trepatrihos trail team	Veterana F40	02:04:15	+01:17:13	12:26
467	1380	Joaquim António da Costa Rodrigues	individual	Veterano M50	02:04:16	+01:17:13	12:26
468	1310	Marise Maria Mota Oliveira	individual	Senior Feminino	02:04:36	+01:17:34	12:28
469	1429	Simão Rocha	individual	Senior Masculino	02:04:37	+01:17:34	12:28
470	1348	Carlos Manuel Oliveira Maia	individual	Veterano M50	02:04:40	+01:17:37	12:28
471	1228	Rui Miguel Pinho Almeida	hmc sports   piscinas e ginásios municipais	Veterano M40	02:04:40	+01:17:37	12:28
472	1347	Carlos Daniel Nunes Maia	individual	Senior Masculino	02:04:40	+01:17:38	12:28

**MINI TRAIL - STAGE 1****10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
473	1335	Vânia Marisa de Sousa Gonçalves	individual	Senior Feminino	02:04:40	+01:17:38	12:28
474	1293	lolanda Gonçalves de Oliveira	individual	Senior Feminino	02:04:40	+01:17:38	12:28
475	1555	António Albuquerque	sporting clube de espinho / antónio leitão	Veterano M40	02:05:19	+01:18:16	12:32
476	1557	Nuno Barbosa	sporting clube de espinho / antónio leitão	Veterano M40	02:05:19	+01:18:17	12:32
477	1331	Susana Sousa	individual	Senior Feminino	02:05:20	+01:18:17	12:32
478	1552	Fátima Sousa	sporting clube de espinho / antónio leitão	Senior Feminino	02:05:20	+01:18:17	12:32
479	1554	Sandra Martins	sporting clube de espinho / antónio leitão	Veterana F40	02:05:20	+01:18:18	12:32
480	1320	Salvina maria da Silva Ferreira	individual	Veterana F40	02:05:32	+01:18:30	12:33
481	1581	Pedro Sousa	trepatrihos trail team	Veterano M40	02:06:36	+01:19:34	12:40
482	1575	Gilda Cunha	trepatrihos trail team	Veterana F40	02:06:36	+01:19:34	12:40
483	1031	Joana Filipa Almeida Faria Maia	achados ao acaso	Senior Feminino	02:06:45	+01:19:43	12:41
484	1101	Elsa Freitas	cmse	Senior Feminino	02:08:02	+01:20:59	12:48
485	1103	Susana Freitas	cmse	Senior Feminino	02:08:02	+01:20:59	12:48
486	1102	Marina Silva	cmse	Senior Feminino	02:08:02	+01:20:59	12:48
487	1137	vania patricia fernandes moura	el corte ingles running team porto	Senior Feminino	02:08:13	+01:21:10	12:49
488	1604	Miguel Silva	el corte ingles running team porto	Senior Masculino	02:08:13	+01:21:11	12:49
489	1523	Ricardo Jorge Braga	rechonchudos trail runners	Senior Masculino	02:08:25	+01:21:22	12:51
490	1501	Andreia Sofia Fonseca Silva	os migrantes!!	Senior Feminino	02:09:37	+01:22:35	12:58
491	1502	Hélder José Oliveira Lopes	os migrantes!!	Senior Masculino	02:09:37	+01:22:35	12:58
492	1503	João Afonso Silva Conceição	os migrantes!!	Senior Masculino	02:09:37	+01:22:35	12:58
493	1254	Carlos Teixeira	i9team	Senior Masculino	02:10:24	+01:23:21	13:02
494	1174	Daniela Rocha	geocrosstrail escariz	Senior Feminino	02:11:55	+01:24:53	13:12
495	1192	Fernando Rocha	geocrosstrail escariz	Senior Masculino	02:11:57	+01:24:55	13:12
496	1195	Joaquim Sousa	geocrosstrail escariz	Senior Masculino	02:11:58	+01:24:55	13:12
497	1327	SONIA MORAIS	individual	Senior Feminino	02:16:28	+01:29:26	13:39
498	1072	Sónia Marques	borabora, vamos lá!	Senior Feminino	02:18:37	+01:31:35	13:52
499	1070	Edite Fernandes	borabora, vamos lá!	Veterana F40	02:18:37	+01:31:35	13:52
500	1069	Cláudia Peralta	borabora, vamos lá!	Veterana F40	02:18:38	+01:31:36	13:52
501	1071	Sónia Cláudia Marques	borabora, vamos lá!	Veterana F40	02:18:39	+01:31:36	13:52
502	1093	Lara Coelho	cgv	Senior Feminino	02:19:19	+01:32:16	13:56
503	1092	Jormar Vaz	cgv	Veterana F40	02:19:19	+01:32:16	13:56
504	1171	Cátia Neves	geocrosstrail escariz	Senior Feminino	02:23:17	+01:36:15	14:20
505	1168	Ana Sofia	geocrosstrail escariz	Senior Feminino	02:23:18	+01:36:15	14:20
506	1284	Elisa vara	individual	Veterana F40	02:27:37	+01:40:34	14:46
507	1049	Carla Leite	arcorun	Veterana F40	02:27:53	+01:40:50	14:47
508	1635	Nuno Rebelo	hora do lobo trail - cf perosinho atletismo	Senior Masculino	02:28:01	+01:40:59	14:48
509	1050	Olívia Almeida	arcorun	Veterana F40	02:28:05	+01:41:03	14:49
510	1613	Regina Melo	arcorun	Veterana F40	02:28:06	+01:41:03	14:49
511	1612	Sandra Leite	arcorun	Veterana F40	02:28:06	+01:41:03	14:49
512	1051	José Correia	arcorun	Veterano M40	02:28:07	+01:41:04	14:49
513	1333	Teresa Martins	individual	Veterana F40	02:45:01	+01:57:59	16:30
514	1278	Célia Santos	individual	Senior Feminino	02:45:02	+01:57:59	16:30
515	1369	Helder Filipe Costa Rebelo Rosa	individual	Veterano M40	02:45:21	+01:58:19	16:32
516	1289	Graça Maria dos Santos	individual	Veterana F40	02:45:21	+01:58:19	16:32

**MINI TRAIL - STAGE 1****10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
517	1430	Vitor Manuel Andrade Silva	individual	Veterano M40	02:45:23	+01:58:21	16:32
518	1305	Maria do Céu Santos Sousa	individual	Senior Feminino	02:45:24	+01:58:21	16:32
519	1315	Natalia Maria dos Santos Sousa	individual	Veterana F40	02:45:24	+01:58:21	16:32
520	1259	Mara Lisa	iludidos	Senior Feminino	02:45:24	+01:58:22	16:32
521	1261	Rui Cabral	iludidos	Senior Masculino	02:45:25	+01:58:22	16:33

**Mini Trail****10 KM**LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION**OFFICIAL RESULT**LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	19:10	13.4°C	71%
End	21:55	13.4°C	71%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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**Senior Feminino**

1	1160	HORTENSE TENDA	Gaia Trail	Senior Feminino	01:01:10	+14:08	06:07
2	1324	Sara Cristina	Individual	Senior Feminino	01:05:24	+18:22	06:32
3	1469	MARA CELIA	MC	Senior Feminino	01:05:28	+18:26	06:33
4	1056	mafalda oliveira	Atlético da Madalena	Senior Feminino	01:08:51	+21:48	06:53
5	1487	Catarina Batista	Now tomorrow	Senior Feminino	01:10:31	+23:29	07:03
6	1319	Rosa Maria Fernandes Batista	Individual	Senior Feminino	01:15:12	+28:10	07:31
7	1079	Paula Ferreira	Bravos & Bravitas	Senior Feminino	01:15:48	+28:45	07:35
8	1321	Sandra Cabral da Cunha	Individual	Senior Feminino	01:17:04	+30:02	07:42
9	1460	Ana Rita	MAISFIT RUNNERS	Senior Feminino	01:17:27	+30:25	07:45
10	1237	Liliana Andrade	HomeGym	Senior Feminino	01:17:38	+30:35	07:46
11	1233	Bárbara Valente	HomeGym	Senior Feminino	01:17:38	+30:35	07:46
12	1132	Claudia Pinhal	Dr. Runner's Team	Senior Feminino	01:17:56	+30:53	07:48
13	1131	Andreia Ferreira	Dr. Runner's Team	Senior Feminino	01:17:56	+30:54	07:48
14	1044	Clara Teixeira	Amigos 100 Limites	Senior Feminino	01:18:01	+30:58	07:48
15	1285	Elisabete Cunha	Individual	Senior Feminino	01:18:40	+31:38	07:52
16	1302	Marcia Catarina teixeira santos	Individual	Senior Feminino	01:18:55	+31:52	07:54
17	1322	Sandra Cristina Oliveira Ferreira	Individual	Senior Feminino	01:19:07	+32:05	07:55
18	1232	Anabelle Vaz	HomeGym	Senior Feminino	01:19:53	+32:51	07:59
19	1164	Joana Santiago	Garças	Senior Feminino	01:21:07	+34:05	08:07
20	1301	Márcia Carvalho	Individual	Senior Feminino	01:22:03	+35:01	08:12
21	1106	Cristiana Godinho	Corredores de Rua	Senior Feminino	01:22:10	+35:08	08:13
22	1182	Sónia Bessa	GEOSROSSTRAIL ESCARIZ	Senior Feminino	01:23:57	+36:55	08:24
23	1098	Elsa Moreira	Clube Trilheiros & Amigos	Senior Feminino	01:24:11	+37:08	08:25
24	1526	veronica vieira	reumatico trail team	Senior Feminino	01:24:32	+37:30	08:27
25	1549	Paula Pinto	Sportarc.Running	Senior Feminino	01:24:57	+37:55	08:30
26	1281	Daniela Alves Diogo Correia	Individual	Senior Feminino	01:25:04	+38:01	08:30
27	1536	Ana Patricia Silva	Sentir Escariz running	Senior Feminino	01:25:19	+38:17	08:32
28	1235	Daniela Sofia Lopes	HomeGym	Senior Feminino	01:25:29	+38:26	08:33
29	1177	Lucia Santos	GEOSROSSTRAIL ESCARIZ	Senior Feminino	01:25:40	+38:38	08:34
30	1542	vera monica ferreira leite	somos somente 1	Senior Feminino	01:26:07	+39:05	08:37
31	1111	Rossana Ferreira	Corredores de Rua	Senior Feminino	01:28:36	+41:34	08:52
32	1220	Vânia Costa	HMC Sports   Piscinas e Ginásios Municipais	Senior Feminino	01:28:40	+41:37	08:52
33	1213	Andreia Maria Andrade Oliveira	HMC Sports   Piscinas e Ginásios Municipais	Senior Feminino	01:28:40	+41:38	08:52
34	1539	isabel santos	somos somente 1	Senior Feminino	01:28:45	+41:43	08:53
35	1548	Marta Alexandra Pinho Azevedo	Sportarc.Running	Senior Feminino	01:28:49	+41:47	08:53
36	1238	Paula Cruz	HomeGym	Senior Feminino	01:29:02	+42:00	08:54
37	1522	Ana Oliveira	Real chapéus	Senior Feminino	01:29:05	+42:03	08:55
38	1326	Sofia Borges	Individual	Senior Feminino	01:30:02	+43:00	09:00







**Mini Trail**

**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**Senior Masculino**

1	1608	Fábio Correia	Sporting Clube de Espinho / António Leitão	Senior Masculino	47:02		04:42
2	1159	Toze Castro	Fiães Running	Senior Masculino	47:25	+00:23	04:45
3	1371	Hugo Miguel Gonçalves Pinto	Individual	Senior Masculino	50:09	+03:06	05:01
4	1027	Antonio Paiva Santos	ACDR Reguenga Palhota	Senior Masculino	50:33	+03:31	05:03
5	1481	Sérgio Silva	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	51:10	+04:07	05:07
6	1100	Pedro Sabugueiro	CMM Escaravelhos Team	Senior Masculino	53:16	+06:14	05:20
7	57	Joel Simplício	Dr. Runner's Team	Senior Masculino	54:04	+07:02	05:24
8	1155	André Silva	Fiães Running	Senior Masculino	54:46	+07:44	05:29
9	1480	João Leite	Mexilhão da Montanha	Senior Masculino	55:07	+08:05	05:31
10	1425	Rui Lobo	Individual	Senior Masculino	56:02	+08:59	05:36
11	1404	marco vasconcelos	Individual	Senior Masculino	56:09	+09:07	05:37
12	1406	Miguel Angelo Baptista Pinto	Individual	Senior Masculino	58:33	+11:30	05:51
13	1410	Miguel Ferreira	Individual	Senior Masculino	58:54	+11:52	05:53
14	1543	marcio andre jesus melo	somos somente 1	Senior Masculino	59:15	+12:13	05:56
15	1209	Tiago Rosas	Grupo de Corrida de Argoncilhe	Senior Masculino	01:00:14	+13:12	06:01
16	1438	BRUNO MELO	Invictus Oporto Team	Senior Masculino	01:01:04	+14:01	06:06
17	1445	Pedro Miguel de Ascensão Neves	Juventude desportiva de Gondomar	Senior Masculino	01:01:04	+14:02	06:06
18	1042	Marco António Alves Miranda	Alphabetismus	Senior Masculino	01:01:46	+14:44	06:11
19	1096	Tony Lopes	Clube Aventura d'aldeia	Senior Masculino	01:02:00	+14:57	06:12
20	1345	Bruno Nunes	Individual	Senior Masculino	01:02:05	+15:03	06:13
21	1355	Cláudio Manuel Pereira Tavares	Individual	Senior Masculino	01:02:10	+15:07	06:13
22	1544	valter pinho	somos somente 1	Senior Masculino	01:02:23	+15:20	06:14
23	1435	William dos Santos Caetano	Individual	Senior Masculino	01:03:10	+16:08	06:19
24	1227	Pedro Magalhães	HMC Sports   Piscinas e Ginásios Municipais	Senior Masculino	01:03:12	+16:10	06:19
25	1632	Joel Correia	Individual	Senior Masculino	01:03:43	+16:40	06:22
26	1411	nuno almeida	Individual	Senior Masculino	01:03:51	+16:49	06:23
27	19	Ricardo Magalhães	As Belas e Eles	Senior Masculino	01:05:02	+17:59	06:30
28	1454	Ricardo Rodrigues	Limitless	Senior Masculino	01:05:02	+18:00	06:30
29	1242	José Augusto Silva	HomeGym	Senior Masculino	01:05:13	+18:11	06:31
30	1473	ARMANDO LEITE	MC	Senior Masculino	01:05:28	+18:26	06:33
31	1476	HELDER MOTA	MC	Senior Masculino	01:05:31	+18:29	06:33
32	1148	RUI SILVA	Feira Viva	Senior Masculino	01:06:39	+19:37	06:40
33	1024	Ricardo Teixeira	A20's Javalis Trail team	Senior Masculino	01:06:43	+19:41	06:40
34	1422	Ricardo Pais	Individual	Senior Masculino	01:07:11	+20:09	06:43
35	1357	Daniel Fonseca Marques	Individual	Senior Masculino	01:07:36	+20:33	06:46
36	1029	Tiago Andre Gomes Oliveira	ACDR Reguenga Palhota	Senior Masculino	01:07:37	+20:34	06:46
37	1091	Nuno Teixeira	Caldas S. Jorge Sport Clube	Senior Masculino	01:07:40	+20:37	06:46
38	1564	Pedro Pinho	Telhadela Runners	Senior Masculino	01:07:44	+20:42	06:46
39	1133	André Filipe dos Santos Rebelo	EDUART-COMPONENTES DE CALÇADO	Senior Masculino	01:07:46	+20:44	06:47
40	1208	Tiago Oliveira	Grupo de Corrida de Argoncilhe	Senior Masculino	01:07:51	+20:49	06:47
41	1424	Ricardo Silva	Individual	Senior Masculino	01:08:19	+21:16	06:50

**Mini Trail**
**10 KM**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
**OFFICIAL RESULT**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

42	1196	Jorge Silva	GEOCROSSTRAIL ESCARIZ	Senior Masculino	01:08:41	+21:39	06:52
43	1417	PEDRO FERREIRA	Individual	Senior Masculino	01:09:50	+22:48	06:59
44	1527	andre pinho	reumatico trail team	Senior Masculino	01:09:51	+22:48	06:59
45	1099	Alexandre Fernandes	Clube Trilheiros & Amigos	Senior Masculino	01:10:00	+22:58	07:00
46	1598	Anthony Costa Silva	XupaMisto	Senior Masculino	01:10:02	+23:00	07:00
47	1599	Cristovão Helder Ferreira Rocha	XupaMisto	Senior Masculino	01:10:05	+23:02	07:01
48	1600	David Ferreira Silva	XupaMisto	Senior Masculino	01:10:07	+23:05	07:01
49	1047	Tó Faria	Amigos 100 Limites	Senior Masculino	01:10:15	+23:12	07:02
50	1193	Hélder Oliveira	GEOCROSSTRAIL ESCARIZ	Senior Masculino	01:10:31	+23:28	07:03
51	1373	Hugo Silva	Individual	Senior Masculino	01:10:43	+23:40	07:04
52	1187	Brito Pinho	GEOCROSSTRAIL ESCARIZ	Senior Masculino	01:12:12	+25:09	07:13
53	1248	Rodrigo Alexandre Lopes	HomeGym	Senior Masculino	01:12:20	+25:17	07:14
54	1384	Joel Filipe Oliveira Marques	Individual	Senior Masculino	01:12:32	+25:29	07:15
55	1571	ANDRE JOAQUIM DA SILVA SEIXAS ROSAS	TOP 'S DA CONSTITUIÇÃO	Senior Masculino	01:12:46	+25:44	07:17
56	1055	Ricardo Tavares	As Belas e Eles	Senior Masculino	01:12:46	+25:44	07:17
57	1563	JOSÉ PEREIRA	Telhadela Runners	Senior Masculino	01:14:29	+27:27	07:27
58	1249	Sérgio Silva	HomeGym	Senior Masculino	01:14:42	+27:40	07:28
59	1247	Ricardo Manuel Mrtins	HomeGym	Senior Masculino	01:14:42	+27:40	07:28
60	1364	Flávio Silva	Individual	Senior Masculino	01:14:55	+27:53	07:30
61	1244	Marco António	HomeGym	Senior Masculino	01:15:05	+28:02	07:31
62	1514	Rui Moreira	PAPATRAILS	Senior Masculino	01:15:43	+28:41	07:34
63	1256	Joaquim Oliveira	i9Team	Senior Masculino	01:16:18	+29:16	07:38
64	1367	Gil	Individual	Senior Masculino	01:16:19	+29:17	07:38
65	1440	NUNO AMARO	Invictus Oporto Team	Senior Masculino	01:16:33	+29:31	07:39
66	1603	Tiago Gomes Rodrigues	XupaMisto	Senior Masculino	01:16:55	+29:53	07:42
67	1561	Carlos Campos	Telhadela Runners	Senior Masculino	01:17:55	+30:53	07:48
68	1394	Jose silva	Individual	Senior Masculino	01:18:50	+31:48	07:53
69	1455	Rui Guedes	Limitless	Senior Masculino	01:18:56	+31:53	07:54
70	1020	João Lapa	A20's Javalis Trail team	Senior Masculino	01:19:34	+32:32	07:57
71	1431	Vitor Miguel	Individual	Senior Masculino	01:19:38	+32:36	07:58
72	1462	Fábio Silva	MAISFIT RUNNERS	Senior Masculino	01:20:28	+33:26	08:03
73	1595	Bernardo Carvalho	Warriors	Senior Masculino	01:20:48	+33:45	08:05
74	1351	Carlos Roberto Marques Gomes	Individual	Senior Masculino	01:21:06	+34:03	08:07
75	1198	Luís Miguel Oliveira	GEOCROSSTRAIL ESCARIZ	Senior Masculino	01:22:00	+34:57	08:12
76	1361	Fernando Carvalho	Individual	Senior Masculino	01:22:03	+35:00	08:12
77	189	Paulo Manuel Pereira de Sousa	Os Mosqueteiros	Senior Masculino	01:22:03	+35:01	08:12
78	1372	Hugo Santos	Individual	Senior Masculino	01:22:08	+35:06	08:13
79	1433	vitor neves	Individual	Senior Masculino	01:22:30	+35:28	08:15
80	1568	Luis Miguel Guedes Pinto	The Mud Machines	Senior Masculino	01:23:00	+35:58	08:18
81	1245	Mauro Andrade	HomeGym	Senior Masculino	01:23:30	+36:28	08:21
82	1337	ADELINO FILIPE PINHO FERNANDES	Individual	Senior Masculino	01:23:42	+36:40	08:22
83	1239	Bruno Resende	HomeGym	Senior Masculino	01:23:45	+36:42	08:23
84	1375	Ismael Emanuel Duarte Machado	Individual	Senior Masculino	01:24:08	+37:06	08:25
85	1459	Marco Maçorano	M&M e as Derretidas	Senior Masculino	01:24:18	+37:16	08:26
86	1344	Bruno Monteiro	Individual	Senior Masculino	01:24:24	+37:22	08:26
87	1528	nuno freitas	reumatico trail team	Senior Masculino	01:24:32	+37:29	08:27

Official Timekeeper: Lap2Go	5 / 13	generate 07-Apr-2018 23:20
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**Mini Trail**

**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

88	1500	Diogo Figueiredo	Os Maravilhosos!	Senior Masculino	01:24:41	+37:38	08:28
89	1472	ANTÓNIO NASCIMENTO	MC	Senior Masculino	01:25:19	+38:17	08:32
90	1253	Pedro Sousa	HSS Runners	Senior Masculino	01:25:33	+38:31	08:33
91	1202	Rui Bastos	GEOCROSSTRAIL ESCARIZ	Senior Masculino	01:25:40	+38:37	08:34
92	1413	Nuno Santos	Individual	Senior Masculino	01:25:48	+38:45	08:35
93	1550	Diogo Soares	Sportarc.Running	Senior Masculino	01:25:50	+38:48	08:35
94	1030	Xavier Alves Paiva	ACDR Reguenga Palhota	Senior Masculino	01:26:09	+39:07	08:37
95	1201	Pedro Martins	GEOCROSSTRAIL ESCARIZ	Senior Masculino	01:26:25	+39:22	08:39
96	1128	RICARDO MARTINS	DDT RUNNERS	Senior Masculino	01:26:28	+39:25	08:39
97	1506	Diogo Rocha	Os Redondos	Senior Masculino	01:26:28	+39:25	08:39
98	1045	Alcino Silva	Amigos 100 Limites	Senior Masculino	01:26:57	+39:54	08:42
99	1349	Carlos Moreira	Individual	Senior Masculino	01:27:05	+40:03	08:43
100	1224	João Simões	HMC Sports   Piscinas e Ginásios Municipais	Senior Masculino	01:27:42	+40:39	08:46
101	1191	Edgar Santiago	GEOCROSSTRAIL ESCARIZ	Senior Masculino	01:27:46	+40:44	08:47
102	1418	Pedro Lopes	Individual	Senior Masculino	01:28:10	+41:07	08:49
103	1551	Tiago Soares	Sportarc.Running	Senior Masculino	01:28:50	+41:47	08:53
104	1634	Vasco Monteiro	HomeGym	Senior Masculino	01:29:02	+42:00	08:54
105	1602	João Tiago Almeida Santos	XupaMisto	Senior Masculino	01:29:25	+42:22	08:57
106	1393	Jose Rodrigo	Individual	Senior Masculino	01:29:45	+42:43	08:59
107	1376	Ivo regadas	Individual	Senior Masculino	01:30:02	+43:00	09:00
108	1395	Luís Carlos dos Santos Estevão	Individual	Senior Masculino	01:30:54	+43:52	09:05
109	1025	Rogério Gomes	A20´s Javalis Trail team	Senior Masculino	01:32:43	+45:41	09:16
110	1359	Eduardo Batista	Individual	Senior Masculino	01:32:48	+45:46	09:17
111	1358	Diogo Pinto	Individual	Senior Masculino	01:32:55	+45:53	09:18
112	1534	Bruno Andre Correia de Pinho	Saudades de Sofá Team	Senior Masculino	01:33:26	+46:24	09:21
113	1507	Fabio Silva	Os Redondos	Senior Masculino	01:33:33	+46:30	09:21
114	1396	Luís Filipe Duarte	Individual	Senior Masculino	01:34:28	+47:26	09:27
115	1363	Filipe Cardoso Araújo	Individual	Senior Masculino	01:34:31	+47:29	09:27
116	1370	Hugo Guimarães	Individual	Senior Masculino	01:34:37	+47:34	09:28
117	88	Leonel Rocha	HMC Sports   Piscinas e Ginásios Municipais	Senior Masculino	01:34:43	+47:40	09:28
118	1203	Sérgio Ramalho	GEOCROSSTRAIL ESCARIZ	Senior Masculino	01:35:20	+48:17	09:32
119	1586	Bruno Oliveira	TuTu Team	Senior Masculino	01:35:54	+48:51	09:35
120	1381	Joaquim Caldas	Individual	Senior Masculino	01:35:56	+48:54	09:36
121	1609	Fábio Costa	HMC Sports   Piscinas e Ginásios Municipais	Senior Masculino	01:35:58	+48:56	09:36
122	1212	Hugo Valente	H&S	Senior Masculino	01:36:08	+49:05	09:37
123	1121	André Cunha	cUnHaX	Senior Masculino	01:36:33	+49:30	09:39
124	1486	A Miguel Tavares	Murtosa Night Runners	Senior Masculino	01:37:20	+50:17	09:44
125	1194	Hugo Gomes	GEOCROSSTRAIL ESCARIZ	Senior Masculino	01:38:24	+51:22	09:50
126	1021	José Ricardo Veludo	A20´s Javalis Trail team	Senior Masculino	01:38:42	+51:40	09:52
127	1265	Marco Silva	IM-PARÁVEIS	Senior Masculino	01:38:47	+51:44	09:53
128	1493	Pedro Alfonso Neves da Silva	Núcleo de Montanha de Espinho	Senior Masculino	01:38:56	+51:54	09:54
129	1264	Diogo Baptista	IM-PARÁVEIS	Senior Masculino	01:39:01	+51:58	09:54
130	1596	Miguel Carvalho	Warriors	Senior Masculino	01:39:47	+52:45	09:59
131	1189	Bruno Silva	GEOCROSSTRAIL ESCARIZ	Senior Masculino	01:40:08	+53:06	10:01

## Mini Trail

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

132	1118	Frederico Henriques	Correio de Albergaria Trail Running	Senior Masculino	01:42:50	+55:48	10:17
133	1419	Pedro Oliveira	Individual	Senior Masculino	01:43:36	+56:34	10:22
134	1197	José Mota	GEOSSTRAIL ESCARIZ	Senior Masculino	01:43:38	+56:35	10:22
135	1601	João Fernando Baptista Almeida	XupaMisto	Senior Masculino	01:43:53	+56:51	10:23
136	1589	Filipe Pereira	ViaMaia	Senior Masculino	01:47:42	+01:00:39	10:46
137	1125	BRUNO CARDOSO	DDT RUNNERS	Senior Masculino	01:47:49	+01:00:47	10:47
138	1229	Sergio Correia	HMC Sports   Piscinas e Ginásios Municipais	Senior Masculino	01:47:54	+01:00:51	10:47
139	1420	pedro raul	Individual	Senior Masculino	01:47:57	+01:00:54	10:48
140	1012	Fernando Azevedo	100filtro	Senior Masculino	01:48:19	+01:01:17	10:50
141	1013	Ricardo Lopes	100filtro	Senior Masculino	01:48:21	+01:01:18	10:50
142	1140	Ze Luis Silva	Equipa XPTO	Senior Masculino	01:48:31	+01:01:29	10:51
143	1477	HUGO SANTOS	MC	Senior Masculino	01:51:52	+01:04:49	11:11
144	1006	Miguel Leal	@corredoresderua@	Senior Masculino	01:55:21	+01:08:19	11:32
145	1597	Tiago Aguiar	Warriors	Senior Masculino	01:55:48	+01:08:45	11:35
146	1354	Claudio Correia	Individual	Senior Masculino	01:56:30	+01:09:27	11:39
147	1400	Manuel Cardoso	Individual	Senior Masculino	01:56:56	+01:09:54	11:42
148	1260	Ceésar Oliveira	Iludidos	Senior Masculino	01:59:57	+01:12:54	12:00
149	1112	Alexandre de Oliveira Baptista	Corredores de Rua	Senior Masculino	02:00:55	+01:13:52	12:06
150	1186	Antonio Moreira	GEOSSTRAIL ESCARIZ	Senior Masculino	02:02:50	+01:15:48	12:17
151	1200	Pedro Bessa	GEOSSTRAIL ESCARIZ	Senior Masculino	02:02:51	+01:15:48	12:17
152	1452	Filipe Alexandre Alves de Almeida	LEVADOS DA BRECA	Senior Masculino	02:04:13	+01:17:11	12:25
153	1429	Simão Rocha	Individual	Senior Masculino	02:04:37	+01:17:34	12:28
154	1347	Carlos Daniel Nunes Maia	Individual	Senior Masculino	02:04:40	+01:17:38	12:28
155	1604	Miguel Silva	El Corte Ingles Running Team Porto	Senior Masculino	02:08:13	+01:21:11	12:49
156	1523	Ricardo Jorge Braga	Rechonchudos Trail Runners	Senior Masculino	02:08:25	+01:21:22	12:51
157	1502	Hélder José Oliveira Lopes	Os Migrantes!!	Senior Masculino	02:09:37	+01:22:35	12:58
158	1503	João Afonso Silva Conceição	Os Migrantes!!	Senior Masculino	02:09:37	+01:22:35	12:58
159	1254	Carlos Teixeira	i9Team	Senior Masculino	02:10:24	+01:23:21	13:02
160	1192	Fernando Rocha	GEOSSTRAIL ESCARIZ	Senior Masculino	02:11:57	+01:24:55	13:12
161	1195	Joaquim Sousa	GEOSSTRAIL ESCARIZ	Senior Masculino	02:11:58	+01:24:55	13:12
162	1635	Nuno Rebelo	Hora do Lobo Trail - CF Perosinho Atletismo	Senior Masculino	02:28:01	+01:40:59	14:48
163	1261	Rui Cabral	Iludidos	Senior Masculino	02:45:25	+01:58:22	16:33

## Veterana F40

1	1076	Fátima pais	Fiães Running	Veterana F40	01:09:18	+22:15	06:56
2	1152	Silvia Conceição	Fiães Running	Veterana F40	01:11:40	+24:38	07:10
3	1151	Filomena	Fiães Running	Veterana F40	01:12:42	+25:40	07:16
4	1546	Isabel Soares	Sportarc.Running	Veterana F40	01:13:10	+26:07	07:19
5	1467	FÁTIMA OLIVEIRA	MC	Veterana F40	01:14:19	+27:17	07:26
6	1161	Ana Couto	Garças	Veterana F40	01:14:28	+27:26	07:27
7	1165	Licinia Santos	Garças	Veterana F40	01:14:56	+27:54	07:30
8	1162	Ana Maria Almeida	Garças	Veterana F40	01:16:28	+29:26	07:39
9	1178	Monica oliveira	GEOSSTRAIL ESCARIZ	Veterana F40	01:16:54	+29:52	07:41

**Mini Trail**
**10 KM**
**OFFICIAL RESULT**

10	1163	Carmo Silva	Garças	Veterana F40	01:17:30	+30:27	07:45
11	132	Carina pereira	Individual	Veterana F40	01:17:52	+30:50	07:47
12	1545	Assunção Azevedo	Sportarc.Running	Veterana F40	01:18:51	+31:49	07:53
13	1154	Zelia Silva	Fiães Running	Veterana F40	01:20:30	+33:28	08:03
14	1537	Flora Santos	Sentir Escariz running	Veterana F40	01:21:52	+34:49	08:11
15	1109	Graça Bornes	Corredores de Rua	Veterana F40	01:22:14	+35:12	08:13
16	1275	Carla Maria reis de Sá Cardoso	Individual	Veterana F40	01:23:01	+35:59	08:18
17	1296	José Pinhel	Individual	Veterana F40	01:23:40	+36:38	08:22
18	1538	Sara Moreira	Sentir Escariz running	Veterana F40	01:24:45	+37:43	08:29
19	1048	Raquel Ricardo	Amor de Galo	Veterana F40	01:25:24	+38:22	08:32
20	166	PUREZA NUNES	Invictus Oporto Team	Veterana F40	01:25:25	+38:23	08:33
21	1547	Lúisa Soares	Sportarc.Running	Veterana F40	01:27:48	+40:45	08:47
22	1541	sandra almeida	somos somente 1	Veterana F40	01:28:54	+41:52	08:53
23	1280	cristina moreira	Individual	Veterana F40	01:28:59	+41:57	08:54
24	1570	TANIA MARIA GOMES DE LIMA ALMEIDA	TOP'S DA CONSTITUIÇÃO	Veterana F40	01:29:05	+42:02	08:55
25	1437	ROSA CASIMIRO	Invictus Oporto Team	Veterana F40	01:29:17	+42:15	08:56
26	1553	Margarida Machado	Sporting Clube de Espinho / António Leitão	Veterana F40	01:30:15	+43:13	09:02
27	1492	Maria Alice Ferreira Valente	Núcleo de Montanha de Espinho	Veterana F40	01:30:49	+43:47	09:05
28	1316	Orquídea reis Ferreira Gomes	Individual	Veterana F40	01:31:11	+44:09	09:07
29	1081	Sonia raquel	Bravos & Bravitas	Veterana F40	01:31:24	+44:22	09:08
30	1286	Ercília Maria Pinho Santos Costa	Individual	Veterana F40	01:32:27	+45:25	09:15
31	1300	Manuela Batista	Individual	Veterana F40	01:32:48	+45:46	09:17
32	1080	Sofia leal	Bravos & Bravitas	Veterana F40	01:32:49	+45:47	09:17
33	1540	rosa maria ferreira dos santos	somos somente 1	Veterana F40	01:32:50	+45:47	09:17
34	1470	MARINA GRILO	MC	Veterana F40	01:34:31	+47:29	09:27
35	1304	MARIA CECILIA BASTOS	Individual	Veterana F40	01:34:31	+47:29	09:27
36	1214	Laurinda Maria Lopes de Andrade Oliveira	HMC Sports   Piscinas e Ginásios Municipais	Veterana F40	01:35:26	+48:24	09:33
37	1180	Paula Almeida	GEOCROSSTAIL ESCARIZ	Veterana F40	01:35:27	+48:25	09:33
38	1617	Paula Maia	Fitness For All- Luís Ribeiro	Veterana F40	01:35:46	+48:43	09:35
39	1007	ANA PAIVA	100 Limites	Veterana F40	01:37:12	+50:09	09:43
40	1512	Sandra Oliveira	PAPATRAILS	Veterana F40	01:37:16	+50:14	09:44
41	1273	Carla Almeida	Individual	Veterana F40	01:37:32	+50:29	09:45
42	1107	Dalila Alves	Corredores de Rua	Veterana F40	01:37:57	+50:54	09:48
43	1078	Liliana canedo	Bravos & Bravitas	Veterana F40	01:39:05	+52:02	09:55
44	1143	Fernanda Alves	Feira Viva	Veterana F40	01:39:20	+52:18	09:56
45	1436	ANA BARBOSA	Invictus Oporto Team	Veterana F40	01:39:55	+52:53	10:00
46	1508	Ana Alves	PAPATRAILS	Veterana F40	01:40:20	+53:18	10:02
47	1077	fatinha	Bravos & Bravitas	Veterana F40	01:41:52	+54:50	10:11
48	1505	Susana Duarte	Os Redondos	Veterana F40	01:42:19	+55:17	10:14
49	1518	Andreia Ruela	Pé na Rota	Veterana F40	01:42:35	+55:33	10:16
50	1303	Margarida Santos Ferreira	Individual	Veterana F40	01:43:53	+56:50	10:23
51	1266	Adelia silva	Individual	Veterana F40	01:44:21	+57:19	10:26
52	1311	Marlene Anaisa Silva	Individual	Veterana F40	01:47:34	+01:00:31	10:45
53	1215	Maria José Correia	HMC Sports   Piscinas e Ginásios Municipais	Veterana F40	01:47:53	+01:00:51	10:47





**Mini Trail**

**10 KM**

**OFFICIAL RESULT**

8	20	Carlos Fernandes	As Belas e Eles	Veterano M40	01:01:02	+14:00	06:06
9	99	Victor Barros Ferreira	i9Team	Veterano M40	01:01:17	+14:14	06:08
10	1043	Miguel de Oliveira Almeida	Alphabetismus	Veterano M40	01:01:46	+14:44	06:11
11	1157	Marcelo	Fiães Running	Veterano M40	01:04:25	+17:23	06:27
12	1352	Carlos Rocha Costa	Individual	Veterano M40	01:04:58	+17:56	06:30
13	45	Vitor Marques	Caldas S. Jorge Sport Clube	Veterano M40	01:05:25	+18:23	06:33
14	1385	Jorge Coelho	Sporting Clube de Espinho / António Leitão	Veterano M40	01:05:30	+18:28	06:33
15	1478	JORGE LAGAREIRO	MC	Veterano M40	01:05:32	+18:29	06:33
16	1439	JORGE LIMA	Invictus Oporto Team	Veterano M40	01:06:30	+19:28	06:39
17	1339	Amilcar Dias Vinagre Simões	Individual	Veterano M40	01:06:49	+19:47	06:41
18	190	Victor Manuel Nunes Pinto	Os Mosqueteiros	Veterano M40	01:07:36	+20:34	06:46
19	1558	Américo Santos	Taylors	Veterano M40	01:07:51	+20:49	06:47
20	1388	José Carlos Oliveira Nunes	Individual	Veterano M40	01:07:58	+20:56	06:48
21	1488	Rui Tá eira	Now tomorrow	Veterano M40	01:08:07	+21:05	06:49
22	1356	Constantino Mota	Individual	Veterano M40	01:08:36	+21:34	06:52
23	1353	Carlos Santos	Individual	Veterano M40	01:08:36	+21:34	06:52
24	1115	Paulo Martins	Corredores de Rua	Veterano M40	01:10:43	+23:41	07:04
25	1397	Luis Gomes	Individual	Veterano M40	01:10:58	+23:56	07:06
26	1398	Manuel Antonio Bastos Migueis	Individual	Veterano M40	01:11:01	+23:59	07:06
27	1365	Floriberto castro	Individual	Veterano M40	01:12:18	+25:16	07:14
28	1040	Douglas César Oliveira de Pinho	Alphabetismus	Veterano M40	01:12:19	+25:17	07:14
29	1039	Carlos Alberto Soares Moreira	Alphabetismus	Veterano M40	01:12:19	+25:17	07:14
30	1402	Manuel Ribeiro	Individual	Veterano M40	01:12:26	+25:24	07:15
31	1129	Agostinho Coelho	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Veterano M40	01:12:28	+25:26	07:15
32	1573	JOSE PEDRO MONTEIRO DA SILVA SALGUEIRO	TOP'S DA CONSTITUIÇÃO	Veterano M40	01:13:20	+26:18	07:20
33	1019	Ivo Couto	A20's Javalis Trail team	Veterano M40	01:14:09	+27:06	07:25
34	1556	Jorge Fontes	Sporting Clube de Espinho / António Leitão	Veterano M40	01:14:09	+27:06	07:25
35	1474	CARLOS FAMILIAR	MC	Veterano M40	01:14:19	+27:17	07:26
36	1412	NUNO PINHO	Individual	Veterano M40	01:16:06	+29:04	07:37
37	1559	Miguel Moura	Taylors	Veterano M40	01:16:20	+29:18	07:38
38	1341	Artur	Individual	Veterano M40	01:16:56	+29:54	07:42
39	1130	Marco Castro	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Veterano M40	01:17:01	+29:59	07:42
40	1243	Manuel Fonseca Silva	HomeGym	Veterano M40	01:17:29	+30:27	07:45
41	1415	Paulo santos	Individual	Veterano M40	01:17:39	+30:37	07:46
42	1340	Antonio Pereira	Individual	Veterano M40	01:17:52	+30:50	07:47
43	1562	Filipe Pereira	Telhabela Runners	Veterano M40	01:17:56	+30:53	07:48
44	1580	José Oliveira	TrepaTrilhos Trail Team	Veterano M40	01:17:56	+30:53	07:48
45	1033	RENATO ARAÚJO	AGDCR_Running	Veterano M40	01:18:15	+31:12	07:50
46	1421	Ricardo Nordeste	Individual	Veterano M40	01:18:34	+31:32	07:51
47	1414	Paulo jorge	Individual	Veterano M40	01:19:10	+32:08	07:55
48	1241	José António Miranda	HomeGym	Veterano M40	01:19:54	+32:51	07:59
49	1458	Manuel Muxagato	M&M e as Derretidas	Veterano M40	01:20:59	+33:56	08:06
50	1529	pedro ferreira	reumatico trail team	Veterano M40	01:23:01	+35:59	08:18



## Mini Trail

## 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

95	1228	Rui Miguel Pinho Almeida	HMC Sports   Piscinas e Ginásios Municipais	Veterano M40	02:04:40	+01:17:37	12:28
96	1555	António Albuquerque	Sporting Clube de Espinho / António Leitão	Veterano M40	02:05:19	+01:18:16	12:32
97	1557	Nuno Barbosa	Sporting Clube de Espinho / António Leitão	Veterano M40	02:05:19	+01:18:17	12:32
98	1581	Pedro Sousa	TrepaTrilhos Trail Team	Veterano M40	02:06:36	+01:19:34	12:40
99	1051	José Correia	ARCORUN	Veterano M40	02:28:07	+01:41:04	14:49
100	1369	Helder Filipe Costa Rebelo Rosa	Individual	Veterano M40	02:45:21	+01:58:19	16:32
101	1430	Vitor Manuel Andrade Silva	Individual	Veterano M40	02:45:23	+01:58:21	16:32

## Veterano M50

1	1342	Asdrubal Freitas	Individual	Veterano M50	53:14	+06:12	05:19
2	1377	João Paulo Lopes Rodrigues	Individual	Veterano M50	58:32	+11:30	05:51
3	1590	Antonio Marques	Vila Maior em Turismo	Veterano M50	59:23	+12:21	05:56
4	1496	Carlos Parente	OLÍMPICO VIANENSE TRAIL	Veterano M50	01:00:04	+13:01	06:00
5	1089	Antonio Joaquim Vaz da Silva	Caldas S. Jorge Sport Clube	Veterano M50	01:00:17	+13:15	06:02
6	1441	Agostinho da Silva Neves	Juventude desportiva de Gondomar	Veterano M50	01:01:15	+14:13	06:08
7	1158	Rui Santos	Fiães Running	Veterano M50	01:04:25	+17:23	06:27
8	1343	Baltazar Ferreira	Individual	Veterano M50	01:05:47	+18:44	06:35
9	1135	Luis Filipe Martins Soares	EDUART-COMPONENTES DE CALÇADO	Veterano M50	01:10:37	+23:34	07:04
10	1001	António Ribeiro	#GEPAB	Veterano M50	01:14:05	+27:02	07:25
11	1014	Jorge Moreira	10TEMIDOS	Veterano M50	01:14:40	+27:37	07:28
12	1611	Hilário Costa	TT	Veterano M50	01:14:58	+27:55	07:30
13	1134	Eduardo Tavares Rebelo	EDUART-COMPONENTES DE CALÇADO	Veterano M50	01:15:00	+27:57	07:30
14	1475	GERMANO SANTOS	MC	Veterano M50	01:18:15	+31:12	07:50
15	1113	Antonio Guimaráes	Corredores de Rua	Veterano M50	01:20:57	+33:55	08:06
16	1004	Joao Simoes	@corredoresderua@	Veterano M50	01:22:13	+35:11	08:13
17	1057	vitor cardoso	Atlético da Madalena	Veterano M50	01:23:39	+36:37	08:22
18	1146	Paulo Sérgio Pais	Feira Viva	Veterano M50	01:23:54	+36:51	08:23
19	1572	JOSE ANTONIO DE OLIVEIRA LOPES	TOP 'S DA CONSTITUIÇÃO	Veterano M50	01:24:08	+37:06	08:25
20	1390	jose Manuel Ribeiro Machado	Individual	Veterano M50	01:25:27	+38:24	08:33
21	1391	José Maria Teixeira	Individual	Veterano M50	01:25:31	+38:28	08:33
22	1463	José Pereira	MAISFIT RUNNERS	Veterano M50	01:25:45	+38:42	08:35
23	1207	Rui Oliveira	Grupo de Corrida de Argoncilhe	Veterano M50	01:28:16	+41:14	08:50
24	1204	Fernando Couto	Grupo de Corrida de Argoncilhe	Veterano M50	01:28:16	+41:14	08:50
25	1205	Fernando Silva	Grupo de Corrida de Argoncilhe	Veterano M50	01:28:17	+41:15	08:50
26	1499	Alcídio Figueiredo	Os Maravilhosos!	Veterano M50	01:30:56	+43:54	09:06
27	158	Carlos Almeida	Individual	Veterano M50	01:31:37	+44:34	09:10
28	1582	Sérgio M. Pereira	TrepaTrilhos Trail Team	Veterano M50	01:31:41	+44:38	09:10
29	1073	Augusto Costa	BoraBora, Vamos Lá!	Veterano M50	01:31:49	+44:47	09:11
30	1399	Manuel Bastos Costa	Individual	Veterano M50	01:32:27	+45:25	09:15
31	1022	José Teixeira	A20's Javalis Trail team	Veterano M50	01:32:44	+45:41	09:16
32	1386	José Alves dos Santos Correia	Individual	Veterano M50	01:35:23	+48:20	09:32

**Mini Trail****10 KM**LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION**OFFICIAL RESULT**LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

33	1531	Carlos Silva	RUNNING ESPINHO	Veterano M50	01:36:18	+49:16	09:38
34	1003	Carlos Fernando Marques	@corredoresderua@	Veterano M50	01:37:56	+50:54	09:48
35	1116	Paulo Miguel	Corredores de Rua	Veterano M50	01:37:57	+50:54	09:48
36	1225	Manuel Arnaldo Sousa Oliveira	HMC Sports   Piscinas e Ginásios Municipais	Veterano M50	01:38:38	+51:36	09:52
37	161	José Manuel Magalhães Gomes Dara	Individual	Veterano M50	01:42:10	+55:08	10:13
38	156	Alberto Martins	Individual	Veterano M50	01:42:11	+55:09	10:13
39	1156	Jose Falcão	Fiães Running	Veterano M50	01:44:45	+57:42	10:29
40	1338	Adérito Fonseca	Individual	Veterano M50	01:47:43	+01:00:40	10:46
41	1221	Abel Mendes	HMC Sports   Piscinas e Ginásios Municipais	Veterano M50	01:47:53	+01:00:51	10:47
42	96	Fernando Mautempo	HMC Sports   Piscinas e Ginásios Municipais	Veterano M50	01:47:54	+01:00:52	10:47
43	1610	Valter Barbosa	TT	Veterano M50	01:47:54	+01:00:52	10:47
44	1387	José Augusto Pires Lima	Individual	Veterano M50	02:03:07	+01:16:05	12:19
45	1578	Abílio Costa	TrepaTrilhos Trail Team	Veterano M50	02:04:15	+01:17:13	12:26
46	1380	Joaquim António da Costa Rodrigues	Individual	Veterano M50	02:04:16	+01:17:13	12:26
47	1348	Carlos Manuel Oliveira Maia	Individual	Veterano M50	02:04:40	+01:17:37	12:28

## COLETIVO - TRAIL LONGO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

<b>RANK</b>	<b>TEAM</b>	<b>DESCRIPTION</b>	<b>POINTS</b>
1	HMC SPORTS   PISCINAS E GINÁSIOS MUNICIPAIS	15 + 16 + 29	60
2	OS FALTA D'AR	21 + 26 + 28	75
3	SENTIR ESCARIZ RUNNING	22 + 31 + 54	107
4	BRAVOS & BRAVITAS	19 + 25 + 71	115
5	A.D.SEBOLIDO TRAIL BONECA DOURO	42 + 48 + 55	145
6	SPORTARC.RUNNING	34 + 35 + 93	162
7	ASSOCIAÇÃO BTT-TT SANDIM	44 + 57 + 73	174
8	GEOCROSSTRAIL ESCARIZ	27 + 84 + 88	199
9	NÚCLEO DE MONTANHA DE ESPINHO	41 + 59 + 107	207
10	REMAX SPIRIT-MARKET	17 + 74 + 124	215
11	AZEMÉIS R	67 + 68 + 82	217
12	FLECHAS TRAIL DROP IN	105 + 134 + 149	388
13	100 SOMBRA	153 + 155 + 156	464
14	TUTU TEAM	162 + 163 + 164	489