

ULTRA TRILHOS PALEOZÓICO 48K - STAGE 1

48 KM

[illegible][illegible]

OFFICIAL RESULT

R

REVISED

	Time	Temperature	Humidity
Start	08:00	6.4°C	100%
End	17:37	6.4°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
1	302	Bruno Coelho	team trail bifase	Senior Masculino	04:23:33		05:29
2	197	DIOGO FERNANDES	dr. merino/4moove	Senior Masculino	04:31:18	+07:45	05:39
3	304	Sérgio Sá	águias de alvelos	Senior Masculino	04:45:20	+21:46	05:57
4	127	Luis Miguel Cunha	coimbra trail running	Veterano M40	04:50:58	+27:25	06:04
5	72	Tiago Teixeira	factor x / s4l / medense fc	Senior Masculino	04:53:34	+30:01	06:07
6	194	LOÍS BOGA RODRIGUEZ	águias de alvelos	Senior Masculino	04:54:28	+30:54	06:08
7	83	Márcio Castro	adrap	Senior Masculino	04:55:18	+31:45	06:09
8	190	BRUNO RIBEIRO	águias de alvelos	Senior Masculino	04:56:59	+33:26	06:11
9	86	Helder Rocha	douroconta - gabinete de apoio e contabilidade, lda	Veterano M40	04:58:52	+35:19	06:14
10	13	Jorge Pereira	ozxtreme/adcrpereira	Senior Masculino	05:01:17	+37:43	06:17
11	172	RAFAEL CRUZ	oralklass - amigos do trail	Senior Masculino	05:01:36	+38:02	06:17
12	189	FRANCISCO FERNANDES	águias de alvelos	Senior Masculino	05:05:18	+41:45	06:22
13	16	José Pereira	ozxtreme/adcrpereira	Senior Masculino	05:08:11	+44:38	06:25
14	312	Sergio Pereira	amcf - arrábida trail team	Veterano M40	05:11:31	+47:57	06:29
15	214	Carlos Ferreira	btt alegria // tubani	Veterano M40	05:11:31	+47:57	06:29
16	215	Daniel Batata	atletismo clube da tocha	Senior Masculino	05:14:18	+50:45	06:33
17	33	António Ferreira	runners do demo	Veterano M40	05:16:53	+53:20	06:36
18	287	Victor Correia	edv-vianatrail	Veterano M40	05:18:56	+55:23	06:39
19	305	Carlos Ferreira	runners do demo	Senior Masculino	05:20:07	+56:33	06:40
20	192	HUGO ARAUJO	águias de alvelos	Senior Masculino	05:23:26	+59:52	06:44
21	79	José Carlos Amaral Costa Costa	runners do demo	Veterano M40	05:24:24	+01:00:51	06:45
22	98	José Miguel Nogueira	individual	Senior Masculino	05:25:10	+01:01:37	06:46
23	120	Celso Oliveira	lion runners - g. d. leões da guarda	Senior Masculino	05:25:46	+01:02:13	06:47
24	113	Daniel Alonso Sayar	c.a.r. marisqueiro	Senior Masculino	05:30:52	+01:07:19	06:54
25	119	Nuno Paiva	caes d'avenida	Veterano M50	05:30:55	+01:07:22	06:54
26	43	André Cunha	vimarunners	Senior Masculino	05:31:31	+01:07:58	06:54
27	180	Pedro Pires	runners do demo	Veterano M40	05:33:53	+01:10:19	06:57
28	310	Joaquim Manuel Oliveira Lopes	individual	Senior Masculino	05:34:04	+01:10:31	06:58
29	117	Pedro caldas	edv-vianatrail	Veterano M40	05:34:07	+01:10:34	06:58
30	37	Cesar duarte	a.d.amarante trail running	Senior Masculino	05:34:14	+01:10:41	06:58
31	44	Ricardo Amorim	edl trail	Senior Masculino	05:35:15	+01:11:42	06:59
32	286	Mário Castro	clube de atletismo de fafe	Senior Masculino	05:36:09	+01:12:36	07:00
33	87	Luis Santos	adi-ilhavo	Veterano M40	05:36:37	+01:13:03	07:01
34	118	Paulo Domingues	olímpico vianense trail	Veterano M50	05:37:29	+01:13:56	07:02
35	272	JOÃO LEAL	ofrunning	Senior Masculino	05:38:08	+01:14:34	07:03
36	314	Flavio Pastor	grupo dramatico e recreativo da retorta	Senior Masculino	05:38:08	+01:14:35	07:03
37	250	David Coutinho	jobra	Veterano M40	05:38:41	+01:15:08	07:03
38	74	Carlos Cardoso	dive into the mountains	Veterano M40	05:40:21	+01:16:47	07:05
39	97	Pedro Torres	vidaativarunners	Senior Masculino	05:40:27	+01:16:54	07:06
40	95	Filipe Marques	turres trail team	Senior Masculino	05:40:29	+01:16:56	07:06

ULTRA TRILHOS PALEOZÓICO 48K - STAGE 1

48 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	125	Paula Lage	dr. merino/4moove	Veterana F40	05:41:40	+01:18:06	07:07
42	81	João Ferreira	porto de mós a correr	Senior Masculino	05:43:12	+01:19:39	07:09
43	121	Hugo Silva	lion runners - g. d. leões da guarda	Senior Masculino	05:44:15	+01:20:42	07:10
44	311	Sofia Roquete	amcf - arrábida trail team	Senior Feminino	05:44:31	+01:20:58	07:11
45	167	Eurico moura	kemedo team	Senior Masculino	05:49:03	+01:25:29	07:16
46	24	Paulo Miranda	turres trail team	Veterano M40	05:49:05	+01:25:32	07:16
47	78	Rui Carmo	edl trail	Senior Masculino	05:49:11	+01:25:38	07:16
48	103	Samuel Castela	golrunners / outpro store	Senior Masculino	05:49:36	+01:26:03	07:17
49	301	Fatima Alendouro	montanha clube trail running/efapel	Veterana F40	05:50:11	+01:26:37	07:18
50	123	Sérgio Ramos	edv-vianatrail	Veterano M40	05:52:52	+01:29:19	07:21
51	257	Jose Vieira	ocs proaventuras	Veterano M50	05:53:32	+01:29:58	07:22
52	53	André Pires	adefacec - associação desportiva da efacec	Senior Masculino	05:54:17	+01:30:44	07:23
53	105	Filipe Lemos	nortrail	Senior Masculino	05:55:50	+01:32:17	07:25
54	233	Filipe Pinto	btt alegria // tubani	Senior Masculino	05:56:24	+01:32:51	07:26
55	193	EZEQUIEL FERNANDES	águias de alvelos	Veterano M40	05:58:03	+01:34:30	07:28
56	179	Miguel Pinto	amigos do pedal trailagares	Senior Masculino	05:59:01	+01:35:27	07:29
57	32	Filipe Fernandes	palmeira runners	Senior Masculino	05:59:05	+01:35:32	07:29
58	49	Vitor Coelho	team sindeq	Veterano M40	06:00:07	+01:36:34	07:30
59	122	Luis Sá	lion runners - g. d. leões da guarda	Veterano M40	06:02:55	+01:39:22	07:34
60	205	Ricardo Azevedo	trincametas	Senior Masculino	06:05:46	+01:42:13	07:37
61	116	Stephane simoes	edv-vianatrail	Veterano M40	06:06:07	+01:42:33	07:38
62	188	RUI ARAUJO	águias de alvelos	Senior Masculino	06:08:18	+01:44:45	07:40
63	289	Pedro Vieira	individual	Senior Masculino	06:09:27	+01:45:53	07:42
64	232	Bruno Macedo	caga tacos running team	Senior Masculino	06:09:43	+01:46:10	07:42
65	184	Rui Franco	dive into the mountains	Veterano M40	06:11:34	+01:48:00	07:44
66	14	José Manuel Gomes Nunes	runners do demo	Veterano M40	06:11:42	+01:48:09	07:45
67	75	Luis Miguel Santos	vimarunners	Senior Masculino	06:11:43	+01:48:09	07:45
68	135	Paulo Duraó	runners do demo	Veterano M40	06:12:08	+01:48:34	07:45
69	234	Joel Pinto	taylors	Senior Masculino	06:12:08	+01:48:34	07:45
70	30	Nuno Teixeira	factor x / s4l / medense fc	Senior Masculino	06:14:02	+01:50:29	07:48
71	142	Alexandre Lourenço	ade trail running	Veterano M40	06:15:11	+01:51:38	07:49
72	262	Miguel Loureiro	individual	Veterano M40	06:16:10	+01:52:37	07:50
73	26	Fernando Homem	c.a.s.p.a.(clube amador só para atletismo).	Senior Masculino	06:17:19	+01:53:46	07:52
74	68	Ezequiel Fernandes	team lanthemil	Veterano M40	06:18:06	+01:54:33	07:53
75	222	Nuno Silva	ade trail running	Veterano M40	06:19:26	+01:55:53	07:54
76	100	Orlando Silva	olímpico vianense trail	Senior Masculino	06:19:44	+01:56:11	07:55
77	259	Paulo Costa	clac entroncamento/ondatrinhos	Veterano M40	06:19:48	+01:56:15	07:55
78	76	Telmo Lages	individual	Senior Masculino	06:19:51	+01:56:18	07:55
79	39	Daniel Pereira	individual	Senior Masculino	06:19:53	+01:56:20	07:55
80	275	RICARDO SILVA	ofrunning	Senior Masculino	06:21:00	+01:57:26	07:56
81	131	Miguel Barros	a.d.amarante trail running	Veterano M40	06:21:37	+01:58:04	07:57
82	217	Paulo Pacheco	#letsrunazores	Senior Masculino	06:22:10	+01:58:37	07:58
83	89	Joaquim Silva	team lanthemil	Veterano M40	06:24:31	+02:00:58	08:01
84	96	Marina Alves	turres trail team	Senior Feminino	06:24:53	+02:01:19	08:01
85	211	Eduardo Meireles	umelga runners	Veterano M50	06:25:29	+02:01:56	08:02

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48 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	216	António Batata	atletismo clube da tocha	Veterano M40	06:26:08	+02:02:35	08:03
87	263	Ricardo Ribeiro	ccd - siemens	Senior Masculino	06:27:32	+02:03:59	08:04
88	260	Pedro Anjos	clac entroncamento/ondatrilhos	Veterano M40	06:28:13	+02:04:40	08:05
89	1459	JOSÉ COSTA	oralklass - amigos do trail	Veterano M40	06:31:32	+02:07:59	08:09
90	152	Jose Fortuna	douroconta - gabinete de apoio e contabilidade, lda	Senior Masculino	06:33:12	+02:09:38	08:11
91	57	Filipe Miguel Alves	edl trail	Senior Masculino	06:33:26	+02:09:52	08:12
92	47	Fernando Capitão	clube novo banco	Veterano M40	06:34:03	+02:10:30	08:13
93	270	Fernando Almeida	nocturnos de paredes	Veterano M40	06:34:25	+02:10:52	08:13
94	133	João Araújo	individual	Senior Masculino	06:34:30	+02:10:56	08:13
95	173	Joaquim Madureira	clube zipper	Veterano M40	06:35:06	+02:11:33	08:14
96	269	Filipe Barbosa	nocturnos de paredes	Senior Masculino	06:35:59	+02:12:25	08:15
97	21	Rui Fernandes	clube de atletismo de fafe	Senior Masculino	06:36:32	+02:12:59	08:16
98	169	Carlos Leal	kemedo team	Senior Masculino	06:36:44	+02:13:11	08:16
99	163	Ângelo Pereira	centro ciclista de gondomar	Veterano M50	06:37:11	+02:13:38	08:16
100	264	Pedro Miranda	vidaativarunners	Veterano M40	06:37:14	+02:13:41	08:17
101	130	Catarina Fernandes	viriahtvs runners viseu	Senior Feminino	06:37:26	+02:13:53	08:17
102	187	Manuel Teixeira	individual	Veterano M40	06:39:11	+02:15:38	08:19
103	171	Paulo Marques	individual	Veterano M40	06:39:12	+02:15:39	08:19
104	210	Davide Pinto	morcegos trail	Senior Masculino	06:39:29	+02:15:56	08:19
105	238	Andreia Oliveira	runners do demo	Senior Feminino	06:40:42	+02:17:09	08:21
106	38	Paulo Loureiro	team lanthemil	Senior Masculino	06:41:00	+02:17:26	08:21
107	59	Paulo Barbosa	team lanthemil	Veterano M40	06:41:00	+02:17:26	08:21
108	212	João Laranjeira	ade trail running	Senior Masculino	06:41:20	+02:17:46	08:22
109	177	José Brandão	acportalegre/utsm	Veterano M40	06:42:53	+02:19:20	08:24
110	276	Joaquim Ferreira	melres trail running ordem para arrear	Veterano M50	06:43:14	+02:19:40	08:24
111	228	Carmen Almeida	ss montepio geral	Senior Feminino	06:43:16	+02:19:43	08:24
112	99	Paulo Gomes	no tomorrow running team	Veterano M40	06:43:25	+02:19:51	08:24
113	88	Bruno Pires	olímpico vianense trail	Senior Masculino	06:43:31	+02:19:57	08:24
114	147	Ana Vieira	amigos do pedal trailagares	Senior Feminino	06:46:00	+02:22:27	08:28
115	112	António Almeida	att	Senior Masculino	06:46:11	+02:22:37	08:28
116	17	Samuel Amorim	gd castelense	Senior Masculino	06:46:59	+02:23:26	08:29
117	10	Pedro Guimaraes	a+	Veterano M40	06:48:17	+02:24:44	08:30
118	141	José Ponte	edv-vianatrail	Veterano M60	06:48:22	+02:24:48	08:30
119	60	Maria Loureiro	associação desportiva de cabroelo	Veterana F40	06:48:53	+02:25:20	08:31
120	294	Manuel Costa	kemedo team	Veterano M40	06:48:55	+02:25:21	08:31
121	267	Rogério Coelho	grupo dramático e recreativo da retorta	Veterano M40	06:48:55	+02:25:21	08:31
122	273	RUI PEREIRA	ofrunning	Senior Masculino	06:48:55	+02:25:22	08:31
123	94	Olga Martins	gtt - armazém do caffè	Senior Feminino	06:49:15	+02:25:42	08:32
124	124	Bruno Lima	cerveira team running	Senior Masculino	06:49:15	+02:25:42	08:32
125	207	Francisco Terra	aztrail/mercentro	Senior Masculino	06:49:31	+02:25:58	08:32
126	213	Marco Pereira	individual	Senior Masculino	06:50:54	+02:27:21	08:34
127	281	Blandine Craveiro	addicted to trail	Veterana F40	06:53:18	+02:29:45	08:37
128	150	Mauro Roxo	ade trail running	Senior Masculino	06:53:24	+02:29:51	08:37
129	69	Isabel Almeida	ctad-trilhos de cinfães	Veterana F40	06:54:43	+02:31:10	08:38
130	253	Luis Miguel Santos	trailistas "eu é que sei!"	Veterano M40	06:56:42	+02:33:09	08:41

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48 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
131	155	Nuno Castel-Branco	olímpico vianense trail	Senior Masculino	06:57:16	+02:33:42	08:42
132	104	Filipa Castela	golrunners / outpro store	Senior Feminino	06:57:27	+02:33:54	08:42
133	19	Miguel Araújo	team lantemil	Veterano M40	06:58:59	+02:35:25	08:44
134	134	Marco Moreira	team lantemil	Senior Masculino	06:58:59	+02:35:25	08:44
135	1776	Rodrigo Silva	team lantemil	Veterano M40	06:58:59	+02:35:25	08:44
136	313	Rui Tavares	alive runners	Veterano M40	07:00:18	+02:36:44	08:45
137	185	Keta Batista	dive into the mountains	Veterana F40	07:00:31	+02:36:58	08:46
138	303	José Soares	individual	Senior Masculino	07:01:34	+02:38:01	08:47
139	2580	Vitor Santos	individual	Veterano M40	07:01:42	+02:38:09	08:47
140	115	Rui Machado	filónails - pt rui machado	Veterano M40	07:03:02	+02:39:29	08:49
141	40	Flávio Rebelo	individual	Veterano M50	07:03:11	+02:39:38	08:49
142	1712	João Ramos	ade trail running	Senior Masculino	07:04:36	+02:41:02	08:51
143	110	Alfonso Costas	c.a.r. marisqueiro	Veterano M50	07:05:08	+02:41:34	08:51
144	280	Isaac Costa	addicted to trail	Veterano M40	07:05:23	+02:41:50	08:52
145	241	Andreia Amorim	gondomar futsal clube	Senior Feminino	07:06:05	+02:42:31	08:53
146	285	Pedro Barbosa	individual	Veterano M40	07:06:22	+02:42:48	08:53
147	258	João Lopes	clac entroncamento/ondatrilhos	Veterano M40	07:07:00	+02:43:27	08:54
148	293	Ivan Rocha	individual	Senior Masculino	07:07:21	+02:43:48	08:54
149	25	Jorge Bastos	pernetas	Veterano M40	07:07:30	+02:43:57	08:54
150	230	Sérgio Marques	pegadas	Veterano M40	07:08:17	+02:44:44	08:55
151	29	Bruno Martins	factor x / s4l / medense fc	Senior Masculino	07:08:57	+02:45:23	08:56
152	35	Diogo Simal Santos	individual	Senior Masculino	07:09:08	+02:45:35	08:56
153	226	Elisabete Santos	team lantemil	Veterana F40	07:09:27	+02:45:54	08:57
154	319	Fernando Pereira	gondomar futsal clube	Veterano M50	07:09:36	+02:46:03	08:57
155	176	Vitor Fonseca	individual	Senior Masculino	07:10:22	+02:46:49	08:58
156	175	Carlos Azevedo	éjáli...clube de amigos trailrunners	Veterano M40	07:10:23	+02:46:49	08:58
157	218	António Silva	mountain runners	Senior Masculino	07:11:27	+02:47:54	08:59
158	48	Jose costa	individual	Veterano M50	07:11:28	+02:47:55	08:59
159	73	Ana Cristina de Miranda	edl trail	Senior Feminino	07:11:28	+02:47:55	08:59
160	288	Pedro Nogueira	shots international runners	Senior Masculino	07:11:29	+02:47:55	08:59
161	243	Paulo Gama	gondomar futsal clube	Veterano M50	07:11:52	+02:48:19	09:00
162	186	João Reis	arcd venda da luisa	Senior Masculino	07:12:19	+02:48:46	09:00
163	34	Ricardo Cunha	évora night runners	Senior Masculino	07:12:46	+02:49:13	09:01
164	145	António Castro	a.d.amarante trail running	Veterano M40	07:13:01	+02:49:28	09:01
165	282	Nuno Damasceno	cuidado com o urso panda trail runners	Senior Masculino	07:13:08	+02:49:35	09:01
166	298	João Gomes	caes d'avenida	Veterano M40	07:13:08	+02:49:35	09:01
167	149	Hugo Gomes	ade trail running	Senior Masculino	07:13:12	+02:49:39	09:02
168	206	Filipe Lacerda	oculista das portas de santo antónio	Senior Masculino	07:13:25	+02:49:51	09:02
169	50	João Tomás	évora night runners	Senior Masculino	07:15:29	+02:51:55	09:04
170	204	Pedro Lopes	correio de albergaria trail running	Senior Masculino	07:17:02	+02:53:29	09:06
171	168	Bruno Araujo	kemedo team	Veterano M40	07:17:05	+02:53:32	09:06
172	229	Ricardo Pires	rica	Senior Masculino	07:17:38	+02:54:04	09:07
173	296	Agnelo Silva	ozxtreme/adcrpereira	Senior Masculino	07:18:00	+02:54:27	09:08
174	248	João Teixeira	crocodilos/misterpc	Veterano M40	07:19:12	+02:55:38	09:09
175	249	Paulo Alexandre Pelicano	crocodilos/misterpc	Veterano M40	07:19:12	+02:55:39	09:09
176	84	Luís Vale	team lantemil	Veterano M40	07:19:14	+02:55:41	09:09

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REVISED

OFFICIAL RESULT

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Official Timekeeper: Lap2Go	5 / 6	generate 23-Mar-2018 11:30
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ULTRA TRILHOS PALEOZÓICO 48K - STAGE 1

48 KM

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OFFICIAL RESULT

[illegible]

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
223	265	Rui Viegas	galhardos runners	Senior Masculino	08:06:53	+03:43:20	10:09
224	63	Carolina Pereira	afifensetrail	Veterana F40	08:08:27	+03:44:54	10:11
225	67	Tiago Van Zeller	individual	Senior Masculino	08:12:13	+03:48:40	10:15
226	102	Amy Hageman	run da world	Senior Feminino	08:14:53	+03:51:20	10:19
227	101	Jessica Chaffee	run da world	Senior Feminino	08:14:53	+03:51:20	10:19
228	244	Tiago Rocha	edv-vianatrail	Senior Masculino	08:15:19	+03:51:46	10:19
229	31	Adriano Rocha	outsiders trail team	Veterano M40	08:15:19	+03:51:46	10:19
230	307	Alvaro Nunes	all about	Veterano M40	08:18:03	+03:54:30	10:23
231	148	Sara Carvalho	no tomorrow running team	Senior Feminino	08:18:03	+03:54:30	10:23
232	158	João Carolo	clubes zipper	Senior Masculino	08:18:30	+03:54:57	10:23
233	1681	Maria Do Carmo Loureiro	budeguita runners	Veterana F40	08:19:37	+03:56:03	10:25
234	160	Susana Neta	clubes zipper	Veterana F40	08:19:37	+03:56:04	10:25
235	82	Pedro Pisco	mrr / nice runners	Veterano M40	08:19:38	+03:56:05	10:25
236	51	Rui Costa	clubes de atletismo de fafe	Senior Masculino	08:37:59	+04:14:26	10:47
237	195	Carlos Teixeira	individual	Senior Masculino	08:38:01	+04:14:27	10:48
238	140	Ricardo Teixeira	a.d.amarante trail running	Senior Masculino	08:39:06	+04:15:33	10:49
239	261	Nuno Filipe Ferreira	ccd - siemens	Senior Masculino	08:39:06	+04:15:33	10:49
240	242	Filipe Leitão	gondomar futsal clubes	Senior Masculino	08:39:06	+04:15:33	10:49
241	77	Jose Garcez	évora night runners	Veterano M40	08:43:02	+04:19:29	10:54
242	108	Tiago Salgueiro	*****	Senior Masculino	08:44:29	+04:20:55	10:56
243	107	Pedro Salgueiro	*****	Senior Masculino	08:44:29	+04:20:55	10:56
244	252	Paulo Duarte	individual	Veterano M40	08:44:46	+04:21:13	10:56
245	291	João Mota	desnível positivo	Veterano M40	09:04:56	+04:41:23	11:21
246	106	Vitor Veiga	individual	Veterano M40	09:06:45	+04:43:12	11:23
247	138	Ana Barroso	no tomorrow running team	Veterana F40	09:08:25	+04:44:52	11:26
248	128	Ruben Daniel Conceição	nascidos para correr	Senior Masculino	09:10:04	+04:46:31	11:28
249	161	Maria Fátima Ribeiro	clubes zipper	Veterana F50	09:10:24	+04:46:51	11:28
250	93	Cristiana Martins	team lantermil	Senior Feminino	09:10:42	+04:47:09	11:28
251	11	Otávio Melo	individual	Veterano M40	09:34:55	+05:11:22	11:59
252	170	António Cruz	individual	Senior Masculino	09:36:20	+05:12:46	12:00
253	219	Fernando Soares	stout and lager	Veterano M50	09:36:22	+05:12:49	12:00

Ultra Trilhos Paleozóico 48K

48 KM

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OFFICIAL RESULT

R

REVISED

	Time	Temperature	Humidity
Start	08:00	6.4°C	100%
End	17:37	6.4°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	311	Sofia Roquete	AMCF - ARRÁBIDA TRAIL TEAM	Senior Feminino	05:44:31	+01:20:58	07:11:29
2	96	Marina Alves	TURRES TRAIL TEAM	Senior Feminino	06:24:53	+02:01:19	08:01:12
3	130	Catarina Fernandes	Viriathvs Runners Viseu	Senior Feminino	06:37:26	+02:13:53	08:17:09
4	238	Andreia Oliveira	RUNNERS DO DEMO	Senior Feminino	06:40:42	+02:17:09	08:21:09
5	228	Carmen Almeida	SS MONTEPIO GERAL	Senior Feminino	06:43:16	+02:19:43	08:24:45
6	147	Ana Vieira	Amigos do Pedal TrailLagares	Senior Feminino	06:46:00	+02:22:27	08:28:27
7	94	Olga Martins	GTT - ARMAZÉM DO CAFFÈ	Senior Feminino	06:49:15	+02:25:42	08:32:19
8	104	Filipa Castela	GO!Runners / Outpro Store	Senior Feminino	06:57:27	+02:33:54	08:42:19
9	241	Andreia Amorim	GONDOMAR FUTSAL CLUBE	Senior Feminino	07:06:05	+02:42:31	08:53:16
10	73	Ana Cristina de Miranda	EDL Trail	Senior Feminino	07:11:28	+02:47:55	08:59:13
11	64	Marinha Pires	AfifenseTrail	Senior Feminino	07:58:49	+03:35:15	09:59:13
12	42	Sandra Dias	Team Lantemil	Senior Feminino	07:58:51	+03:35:18	09:59:15
13	102	Amy Hageman	Run da World	Senior Feminino	08:14:53	+03:51:20	10:19:09
14	101	Jessica Chaffee	Run da World	Senior Feminino	08:14:53	+03:51:20	10:19:09
15	148	Sara Carvalho	NO TOMORROW RUNNING TEAM	Senior Feminino	08:18:03	+03:54:30	10:23:06
16	93	Cristiana Martins	Team Lantemil	Senior Feminino	09:10:42	+04:47:09	11:28:11

Senior Masculino

1	302	Bruno Coelho	Team Trail Bifase	Senior Masculino	04:23:33	05:29
2	197	DIOGO FERNANDES	Dr. Merino/4moove	Senior Masculino	04:31:18	+07:45 05:39
3	304	Sérgio Sá	Águias de Alvelos	Senior Masculino	04:45:20	+21:46 05:57
4	72	Tiago Teixeira	Factor X / S4L / Medense FC	Senior Masculino	04:53:34	+30:01 06:07
5	194	LOÍS BOGA RODRIGUEZ	Águias de Alvelos	Senior Masculino	04:54:28	+30:54 06:08
6	83	Márcio Castro	ADRAP	Senior Masculino	04:55:18	+31:45 06:09
7	190	BRUNO RIBEIRO	Águias de Alvelos	Senior Masculino	04:56:59	+33:26 06:11
8	13	Jorge Pereira	Ozxtreme/ADCRPereira	Senior Masculino	05:01:17	+37:43 06:17
9	172	RAFAEL CRUZ	Oralklass - Amigos Do Trail	Senior Masculino	05:01:36	+38:02 06:17
10	189	FRANCISCO FERNANDES	Águias de Alvelos	Senior Masculino	05:05:18	+41:45 06:22
11	16	José Pereira	Ozxtreme/ADCRPereira	Senior Masculino	05:08:11	+44:38 06:25
12	215	Daniel Batata	Atletismo clube da tocha	Senior Masculino	05:14:18	+50:45 06:33
13	305	Carlos Ferreira	RUNNERS DO DEMO	Senior Masculino	05:20:07	+56:33 06:40
14	192	HUGO ARAUJO	Águias de Alvelos	Senior Masculino	05:23:26	+59:52 06:44
15	98	José Miguel Nogueira	Individual	Senior Masculino	05:25:10	+01:01:37 06:46
16	120	Celso Oliveira	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	05:25:46	+01:02:13 06:47
17	113	Daniel Alonso Sayar	C.A.R. MARISQUEIRO	Senior Masculino	05:30:52	+01:07:19 06:54
18	43	André Cunha	vimarunners	Senior Masculino	05:31:31	+01:07:58 06:54
19	310	Joaquim Manuel Oliveira Lopes	Individual	Senior Masculino	05:34:04	+01:10:31 06:58

Official Timekeeper: Lap2Go	1 / 7	generate 23-Mar-2018 11:31
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Ultra Trilhos Paleozóico 48K

48 KM

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OFFICIAL RESULT

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REVISED

20	37	Cesar duarte	A.D.Amarante trail running	Senior Masculino	05:34:14	+01:10:41	06:58
21	44	Ricardo Amorim	EDL Trail	Senior Masculino	05:35:15	+01:11:42	06:59
22	286	Mário Castro	Clube de Atletismo de Fafe	Senior Masculino	05:36:09	+01:12:36	07:00
23	272	JOÃO LEAL	OFRUNNING	Senior Masculino	05:38:08	+01:14:34	07:03
24	314	Flavio Pastor	grupo dramatico e recreativo da retorta	Senior Masculino	05:38:08	+01:14:35	07:03
25	97	Pedro Torres	VidaAtivaRunners	Senior Masculino	05:40:27	+01:16:54	07:06
26	95	Filipe Marques	TURRES TRAIL TEAM	Senior Masculino	05:40:29	+01:16:56	07:06
27	81	João Ferreira	Porto de Mós a Correr	Senior Masculino	05:43:12	+01:19:39	07:09
28	121	Hugo Silva	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	05:44:15	+01:20:42	07:10
29	167	Eurico moura	KeMedo Team	Senior Masculino	05:49:03	+01:25:29	07:16
30	78	Rui Carmo	EDL Trail	Senior Masculino	05:49:11	+01:25:38	07:16
31	103	Samuel Castela	GO!Runners / Outpro Store	Senior Masculino	05:49:36	+01:26:03	07:17
32	53	André Pires	ADEFACEC - Associação Desportiva da Efaced	Senior Masculino	05:54:17	+01:30:44	07:23
33	105	Filipe Lemos	NorTrail	Senior Masculino	05:55:50	+01:32:17	07:25
34	233	Filipe Pinto	BTT Alegria // TUBANI	Senior Masculino	05:56:24	+01:32:51	07:26
35	179	Miguel Pinto	Amigos do Pedal TrailLagares	Senior Masculino	05:59:01	+01:35:27	07:29
36	32	Filipe Fernandes	Palmeira Runners	Senior Masculino	05:59:05	+01:35:32	07:29
37	205	Ricardo Azevedo	Trincametas	Senior Masculino	06:05:46	+01:42:13	07:37
38	188	RUI ARAUJO	Águias de Alvelos	Senior Masculino	06:08:18	+01:44:45	07:40
39	289	Pedro Vieira	Individual	Senior Masculino	06:09:27	+01:45:53	07:42
40	232	Bruno Macedo	Caga Tacos Running Team	Senior Masculino	06:09:43	+01:46:10	07:42
41	75	Luis Miguel Santos	vimarunners	Senior Masculino	06:11:43	+01:48:09	07:45
42	234	Joel Pinto	TAYLORS	Senior Masculino	06:12:08	+01:48:34	07:45
43	30	Nuno Teixeira	Factor X / S4L / Medense FC	Senior Masculino	06:14:02	+01:50:29	07:48
44	26	Fernando Homem	C.A.S.P.A.(Clube Amador Só Para Atletismo).	Senior Masculino	06:17:19	+01:53:46	07:52
45	100	Orlando Silva	Olímpico Vianense Trail	Senior Masculino	06:19:44	+01:56:11	07:55
46	76	Telmo Lages	Individual	Senior Masculino	06:19:51	+01:56:18	07:55
47	39	Daniel Pereira	Individual	Senior Masculino	06:19:53	+01:56:20	07:55
48	275	RICARDO SILVA	OFRUNNING	Senior Masculino	06:21:00	+01:57:26	07:56
49	217	Paulo Pacheco	#Letsrunazores	Senior Masculino	06:22:10	+01:58:37	07:58
50	263	Ricardo Ribeiro	CCD - SIEMENS	Senior Masculino	06:27:32	+02:03:59	08:04
51	152	Jose Fortuna	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Senior Masculino	06:33:12	+02:09:38	08:11
52	57	Filipe Miguel Alves	EDL Trail	Senior Masculino	06:33:26	+02:09:52	08:12
53	133	João Araújo	Individual	Senior Masculino	06:34:30	+02:10:56	08:13
54	269	Filipe Barbosa	Nocturnos de Paredes	Senior Masculino	06:35:59	+02:12:25	08:15
55	21	Rui Fernandes	Clube de Atletismo de Fafe	Senior Masculino	06:36:32	+02:12:59	08:16
56	169	Carlos Leal	KeMedo Team	Senior Masculino	06:36:44	+02:13:11	08:16
57	210	Davide Pinto	Morcegos Trail	Senior Masculino	06:39:29	+02:15:56	08:19
58	38	Paulo Loureiro	Team Lantemil	Senior Masculino	06:41:00	+02:17:26	08:21
59	212	João Laranjeira	ADE Trail Running	Senior Masculino	06:41:20	+02:17:46	08:22
60	88	Bruno Pires	Olímpico Vianense Trail	Senior Masculino	06:43:31	+02:19:57	08:24
61	112	António Almeida	Att	Senior Masculino	06:46:11	+02:22:37	08:28
62	17	Samuel Amorim	GD CASTELENSE	Senior Masculino	06:46:59	+02:23:26	08:29

Official Timekeeper: Lap2Go	2 / 7	generate 23-Mar-2018 11:31
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Ultra Trilhos Paleozóico 48K

48 KM

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OFFICIAL RESULT

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REVISED

63	273	RUI PEREIRA	OFRUNNING	Senior Masculino	06:48:55	+02:25:22	08:31
64	124	Bruno Lima	CERVEIRA TEAM RUNNING	Senior Masculino	06:49:15	+02:25:42	08:32
65	207	Francisco Terra	AZtrail/Mercentro	Senior Masculino	06:49:31	+02:25:58	08:32
66	213	Marco Pereira	Individual	Senior Masculino	06:50:54	+02:27:21	08:34
67	150	Mauro Roxo	ADE Trail Running	Senior Masculino	06:53:24	+02:29:51	08:37
68	155	Nuno Castel-Branco	Olímpico Vianense Trail	Senior Masculino	06:57:16	+02:33:42	08:42
69	134	Marco Moreira	Team Lantemil	Senior Masculino	06:58:59	+02:35:25	08:44
70	303	José Soares	Individual	Senior Masculino	07:01:34	+02:38:01	08:47
71	1712	João Ramos	ADE Trail Running	Senior Masculino	07:04:36	+02:41:02	08:51
72	293	Ivan Rocha	Individual	Senior Masculino	07:07:21	+02:43:48	08:54
73	29	Bruno Martins	Factor X / S4L / Medense FC	Senior Masculino	07:08:57	+02:45:23	08:56
74	35	Diogo Simal Santos	Individual	Senior Masculino	07:09:08	+02:45:35	08:56
75	176	Vitor Fonseca	Individual	Senior Masculino	07:10:22	+02:46:49	08:58
76	218	António Silva	Mountain Runners	Senior Masculino	07:11:27	+02:47:54	08:59
77	288	Pedro Nogueira	Shots International Runners	Senior Masculino	07:11:29	+02:47:55	08:59
78	186	João Reis	ARCD Venda da Luisa	Senior Masculino	07:12:19	+02:48:46	09:00
79	34	Ricardo Cunha	Évora Night Runners	Senior Masculino	07:12:46	+02:49:13	09:01
80	282	Nuno Damasceno	Cuidado com o Urso Panda Trail Runners	Senior Masculino	07:13:08	+02:49:35	09:01
81	149	Hugo Gomes	ADE Trail Running	Senior Masculino	07:13:12	+02:49:39	09:02
82	206	Filipe Lacerda	Oculista das Portas de Santo António	Senior Masculino	07:13:25	+02:49:51	09:02
83	50	João Tomáz	Évora Night Runners	Senior Masculino	07:15:29	+02:51:55	09:04
84	204	Pedro Lopes	Correio de Albergaria Trail Running	Senior Masculino	07:17:02	+02:53:29	09:06
85	229	Ricardo Pires	RICA	Senior Masculino	07:17:38	+02:54:04	09:07
86	296	Agnelo Silva	Ozxtreme/ADCRPereira	Senior Masculino	07:18:00	+02:54:27	09:08
87	28	Carlos Azevedo	Factor X / S4L / Medense FC	Senior Masculino	07:19:22	+02:55:49	09:09
88	256	Filipe Machado	Individual	Senior Masculino	07:21:15	+02:57:41	09:12
89	46	Afonso Gonçalves	CLUBE NOVO BANCO	Senior Masculino	07:21:57	+02:58:24	09:12
90	54	Pedro Coelho	Team Lantemil	Senior Masculino	07:24:12	+03:00:39	09:15
91	245	Bruno Loureiro	Individual	Senior Masculino	07:24:38	+03:01:05	09:16
92	143	Bruno Castro	Individual	Senior Masculino	07:32:26	+03:08:53	09:26
93	22	Gilberto Viana	PAREDES AVENTURA	Senior Masculino	07:33:03	+03:09:29	09:26
94	166	Pedro marques	KeMedo Team	Senior Masculino	07:34:04	+03:10:31	09:28
95	111	Fernando Millara Rolan	C.A.R. MARISQUEIRO	Senior Masculino	07:35:14	+03:11:41	09:29
96	225	Fernando Mendes	Individual	Senior Masculino	07:36:27	+03:12:54	09:31
97	165	Joaquim Santos	KeMedo Team	Senior Masculino	07:37:18	+03:13:44	09:32
98	23	Pedro Viana	Factor X / S4L / Medense FC	Senior Masculino	07:44:05	+03:20:32	09:40
99	27	Pedro Alves	Factor X / S4L / Medense FC	Senior Masculino	07:44:05	+03:20:32	09:40
100	251	ALEXANDRE RODRIGUES	Individual	Senior Masculino	07:52:52	+03:29:19	09:51
101	1052	Jorge Borges	GTT - ARMAZÉM DO CAFFÈ	Senior Masculino	07:52:52	+03:29:19	09:51
102	126	Rui Gonçalves	GTT - ARMAZÉM DO CAFFÈ	Senior Masculino	07:52:53	+03:29:20	09:51
103	274	FLAVIO SILVA	OFRUNNING	Senior Masculino	07:58:55	+03:35:22	09:59
104	265	Rui Viegas	GALHARDOS RUNNERS	Senior Masculino	08:06:53	+03:43:20	10:09
105	67	Tiago Van Zeller	Individual	Senior Masculino	08:12:13	+03:48:40	10:15
106	244	Tiago Rocha	EDV-VIANATRAIL	Senior Masculino	08:15:19	+03:51:46	10:19
107	158	João Carolo	Clube Zupper	Senior Masculino	08:18:30	+03:54:57	10:23

Official Timekeeper: Lap2Go	3 / 7	generate 23-Mar-2018 11:31
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Ultra Trilhos Paleozóico 48K

48 KM

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OFFICIAL RESULT

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REVISED

108	51	Rui Costa	Clube de Atletismo de Fafe	Senior Masculino	08:37:59	+04:14:26	10:47
109	195	Carlos Teixeira	Individual	Senior Masculino	08:38:01	+04:14:27	10:48
110	140	Ricardo Teixeira	A.D.Amarante trail running	Senior Masculino	08:39:06	+04:15:33	10:49
111	261	Nuno Filipe Ferreira	CCD - SIEMENS	Senior Masculino	08:39:06	+04:15:33	10:49
112	242	Filipe Leitão	GONDOMAR FUTSAL CLUBE	Senior Masculino	08:39:06	+04:15:33	10:49
113	108	Tiago Salgueiro	* * * * *	Senior Masculino	08:44:29	+04:20:55	10:56
114	107	Pedro Salgueiro	* * * * *	Senior Masculino	08:44:29	+04:20:55	10:56
115	128	Ruben Daniel Conceição	Nascidos Para Correr	Senior Masculino	09:10:04	+04:46:31	11:28
116	170	António Cruz	Individual	Senior Masculino	09:36:20	+05:12:46	12:00

Veterana F40

1	125	Paula Lage	Dr. Merino/4moove	Veterana F40	05:41:40	+01:18:06	07:07
2	301	Fatima Alendouro	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	Veterana F40	05:50:11	+01:26:37	07:18
3	60	Maria Loureiro	Associação Desportiva de Cabroelo	Veterana F40	06:48:53	+02:25:20	08:31
4	281	Blandine Craveiro	Addicted to trail	Veterana F40	06:53:18	+02:29:45	08:37
5	69	Isabel Almeida	CTAD-Trilhos de Cinfães	Veterana F40	06:54:43	+02:31:10	08:38
6	185	Keta Batista	DiVE Into The Mountains	Veterana F40	07:00:31	+02:36:58	08:46
7	226	Elisabete Santos	Team Lantemil	Veterana F40	07:09:27	+02:45:54	08:57
8	55	Mónica Martins	Team Lantemil	Veterana F40	07:23:22	+02:59:49	09:14
9	278	GISELA PEREIRA	Desnível Positivo	Veterana F40	07:24:30	+03:00:57	09:16
10	90	Alexandra Padilha	Moura & Dias	Veterana F40	07:26:12	+03:02:39	09:18
11	268	Helena Dias	BUDEGUITA RUNNERS	Veterana F40	07:37:30	+03:13:56	09:32
12	255	Ana Dias	BUDEGUITA RUNNERS	Veterana F40	07:37:30	+03:13:56	09:32
13	202	Maria Fátima Silva Lopes	Individual	Veterana F40	08:06:19	+03:42:45	10:08
14	63	Carolina Pereira	AfifenseTrail	Veterana F40	08:08:27	+03:44:54	10:11
15	1681	Maria Do Carmo Loureiro	BUDEGUITA RUNNERS	Veterana F40	08:19:37	+03:56:03	10:25
16	160	Susana Neta	Clube Zupper	Veterana F40	08:19:37	+03:56:04	10:25
17	138	Ana Barroso	NO TOMORROW RUNNING TEAM	Veterana F40	09:08:25	+04:44:52	11:26

Veterana F50

1	309	Conceição Ferreira	Ginásio Fit4Fun	Veterana F50	07:32:40	+03:09:06	09:26
2	161	Maria Fátima Ribeiro	Clube Zupper	Veterana F50	09:10:24	+04:46:51	11:28

Veterano M40

1	127	Luis Miguel Cunha	Coimbra Trail Running	Veterano M40	04:50:58	+27:25	06:04
2	86	Helder Rocha	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Veterano M40	04:58:52	+35:19	06:14
3	312	Sergio Pereira	AMCF - ARRÁBIDA TRAIL TEAM	Veterano M40	05:11:31	+47:57	06:29
4	214	Carlos Ferreira	BTT Alegria // TUBANI	Veterano M40	05:11:31	+47:57	06:29
5	33	António Ferreira	RUNNERS DO DEMO	Veterano M40	05:16:53	+53:20	06:36

Official Timekeeper: Lap2Go	4 / 7	generate 23-Mar-2018 11:31
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Ultra Trilhos Paleozóico 48K

48 KM

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OFFICIAL RESULT

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REVISED

6	287	Victor Correia	EDV-VIANATRAIL	Veterano M40	05:18:56	+55:23	06:39
7	79	José Carlos Amaral Costa Costa	RUNNERS DO DEMO	Veterano M40	05:24:24	+01:00:51	06:45
8	180	Pedro Pires	RUNNERS DO DEMO	Veterano M40	05:33:53	+01:10:19	06:57
9	117	Pedro caldas	EDV-VIANATRAIL	Veterano M40	05:34:07	+01:10:34	06:58
10	87	Luis Santos	ADI-ÍLHAVO	Veterano M40	05:36:37	+01:13:03	07:01
11	250	David Coutinho	JOBRA	Veterano M40	05:38:41	+01:15:08	07:03
12	74	Carlos Cardoso	DiVE Into The Mountains	Veterano M40	05:40:21	+01:16:47	07:05
13	24	Paulo Miranda	TURRES TRAIL TEAM	Veterano M40	05:49:05	+01:25:32	07:16
14	123	Sérgio Ramos	EDV-VIANATRAIL	Veterano M40	05:52:52	+01:29:19	07:21
15	193	EZEQUIEL FERNANDES	Águias de Alvelos	Veterano M40	05:58:03	+01:34:30	07:28
16	49	Vitor Coelho	Team Sindeq	Veterano M40	06:00:07	+01:36:34	07:30
17	122	Luis Sá	LION RUNNERS - G. D. Leões da Guarda	Veterano M40	06:02:55	+01:39:22	07:34
18	116	Stephane simoes	EDV-VIANATRAIL	Veterano M40	06:06:07	+01:42:33	07:38
19	184	Rui Franco	DiVE Into The Mountains	Veterano M40	06:11:34	+01:48:00	07:44
20	14	José Manuel Gomes Nunes	RUNNERS DO DEMO	Veterano M40	06:11:42	+01:48:09	07:45
21	135	Paulo Durao	RUNNERS DO DEMO	Veterano M40	06:12:08	+01:48:34	07:45
22	142	Alexandre Lourenço	ADE Trail Running	Veterano M40	06:15:11	+01:51:38	07:49
23	262	Miguel Loureiro	Individual	Veterano M40	06:16:10	+01:52:37	07:50
24	68	Ezequiel Fernandes	Team Lantemil	Veterano M40	06:18:06	+01:54:33	07:53
25	222	Nuno Silva	ADE Trail Running	Veterano M40	06:19:26	+01:55:53	07:54
26	259	Paulo Costa	CLAC Entroncamento/OndaTrilhos	Veterano M40	06:19:48	+01:56:15	07:55
27	131	Miguel Barros	A.D.Amarante trail running	Veterano M40	06:21:37	+01:58:04	07:57
28	89	Joaquim Silva	Team Lantemil	Veterano M40	06:24:31	+02:00:58	08:01
29	216	António Batata	Atletismo clube da tocha	Veterano M40	06:26:08	+02:02:35	08:03
30	260	Pedro Anjos	CLAC Entroncamento/OndaTrilhos	Veterano M40	06:28:13	+02:04:40	08:05
31	1459	JOSÉ COSTA	Oralklass - Amigos Do Trail	Veterano M40	06:31:32	+02:07:59	08:09
32	47	Fernando Capitão	CLUBE NOVO BANCO	Veterano M40	06:34:03	+02:10:30	08:13
33	270	Fernando Almeida	Nocturnos de Paredes	Veterano M40	06:34:25	+02:10:52	08:13
34	173	Joaquim Madureira	Clube Zupper	Veterano M40	06:35:06	+02:11:33	08:14
35	264	Pedro Miranda	VidaAtivaRunners	Veterano M40	06:37:14	+02:13:41	08:17
36	187	Manuel Teixeira	Individual	Veterano M40	06:39:11	+02:15:38	08:19
37	171	Paulo Marques	Individual	Veterano M40	06:39:12	+02:15:39	08:19
38	59	Paulo Barbosa	Team Lantemil	Veterano M40	06:41:00	+02:17:26	08:21
39	177	José Brandão	ACPortalegre/UTSM	Veterano M40	06:42:53	+02:19:20	08:24
40	99	Paulo Gomes	NO TOMORROW RUNNING TEAM	Veterano M40	06:43:25	+02:19:51	08:24
41	10	Pedro Guimaraes	A+	Veterano M40	06:48:17	+02:24:44	08:30
42	294	Manuel Costa	KeMedo Team	Veterano M40	06:48:55	+02:25:21	08:31
43	267	Rogério Coelho	grupo dramatico e recreativo da retorta	Veterano M40	06:48:55	+02:25:21	08:31
44	253	Luis Miguel Santos	Trailistas "Eu é que sei!"	Veterano M40	06:56:42	+02:33:09	08:41
45	19	Miguel Araújo	Team Lantemil	Veterano M40	06:58:59	+02:35:25	08:44
46	1776	Rodrigo Silva	Team Lantemil	Veterano M40	06:58:59	+02:35:25	08:44
47	313	Rui Tavares	ALIVE RUNNERS	Veterano M40	07:00:18	+02:36:44	08:45
48	2580	Vitor Santos	Individual	Veterano M40	07:01:42	+02:38:09	08:47
49	115	Rui Machado	FILÓNAILS - PT RUI MACHADO	Veterano M40	07:03:02	+02:39:29	08:49

Official Timekeeper: Lap2Go	5 / 7	generate 23-Mar-2018 11:31
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Ultra Trilhos Paleozóico 48K

48 KM

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OFFICIAL RESULT

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REVISED

50	280	Isaac Costa	Addicted to trail	Veterano M40	07:05:23	+02:41:50	08:52
51	285	Pedro Barbosa	Individual	Veterano M40	07:06:22	+02:42:48	08:53
52	258	João Lopes	CLAC Entroncamento/OndaTrilhos	Veterano M40	07:07:00	+02:43:27	08:54
53	25	Jorge Bastos	Pernetas	Veterano M40	07:07:30	+02:43:57	08:54
54	230	Sérgio Marques	Pegadas	Veterano M40	07:08:17	+02:44:44	08:55
55	175	Carlos Azevedo	éjáli...clube de amigos trailrunners	Veterano M40	07:10:23	+02:46:49	08:58
56	145	António Castro	A.D.Amarante trail running	Veterano M40	07:13:01	+02:49:28	09:01
57	298	João Gomes	Caes D'Avenida	Veterano M40	07:13:08	+02:49:35	09:01
58	168	Bruno Araujo	KeMedo Team	Veterano M40	07:17:05	+02:53:32	09:06
59	248	João Teixeira	CROCODILOS/MISTERPC	Veterano M40	07:19:12	+02:55:38	09:09
60	249	Paulo Alexandre Pelicano	CROCODILOS/MISTERPC	Veterano M40	07:19:12	+02:55:39	09:09
61	84	Luís Vale	Team Lantemil	Veterano M40	07:19:14	+02:55:41	09:09
62	58	Rodrigo Oliveira	Individual	Veterano M40	07:24:11	+03:00:37	09:15
63	18	Rui Teixeira	Team Lantemil	Veterano M40	07:24:12	+03:00:39	09:15
64	254	Tiago Almeida	BUDEGUITA RUNNERS	Veterano M40	07:24:29	+03:00:55	09:16
65	62	Carlos Pereira	AfifenseTrail	Veterano M40	07:24:30	+03:00:57	09:16
66	129	Fernando Camelo	Invicta Runners Team	Veterano M40	07:26:33	+03:03:00	09:18
67	174	Jorge González Villanueva	C.A.R. MARISQUEIRO	Veterano M40	07:35:14	+03:11:41	09:29
68	208	Nelson Duarte	Outsiders trail team	Veterano M40	07:35:40	+03:12:07	09:30
69	224	Fernando Mendes	Individual	Veterano M40	07:36:27	+03:12:54	09:31
70	36	Marcelo Ferreira	Team Lantemil	Veterano M40	07:37:44	+03:14:11	09:32
71	71	Manuel Martins	Clube Nortada Aventura - MNR	Veterano M40	07:38:11	+03:14:38	09:33
72	203	Hugo Vitorino	Individual	Veterano M40	07:55:32	+03:31:59	09:54
73	223	Fernando reis	Individual	Veterano M40	07:55:32	+03:31:59	09:54
74	156	Fernando Carneiro	Clube Zupper	Veterano M40	08:03:08	+03:39:35	10:04
75	15	Jorge Marques	Team Lantemil	Veterano M40	08:05:25	+03:41:52	10:07
76	31	Adriano Rocha	Outsiders trail team	Veterano M40	08:15:19	+03:51:46	10:19
77	307	Alvaro Nunes	All About	Veterano M40	08:18:03	+03:54:30	10:23
78	82	Pedro Pisco	MRR / Nice Runners	Veterano M40	08:19:38	+03:56:05	10:25
79	77	Jose Garcez	Évora Night Runners	Veterano M40	08:43:02	+04:19:29	10:54
80	252	Paulo Duarte	Individual	Veterano M40	08:44:46	+04:21:13	10:56
81	291	João Mota	Desnível Positivo	Veterano M40	09:04:56	+04:41:23	11:21
82	106	Vitor Veiga	Individual	Veterano M40	09:06:45	+04:43:12	11:23
83	11	Otavio Melo	Individual	Veterano M40	09:34:55	+05:11:22	11:59

Veterano M50

1	119	Nuno Paiva	Caes D'Avenida	Veterano M50	05:30:55	+01:07:22	06:54
2	118	Paulo Domingues	Olímpico Vianense Trail	Veterano M50	05:37:29	+01:13:56	07:02
3	257	Jose Vieira	OCS Proaventuras	Veterano M50	05:53:32	+01:29:58	07:22
4	211	Eduardo Meireles	Umelga Runners	Veterano M50	06:25:29	+02:01:56	08:02
5	163	Ângelo Pereira	CENTRO CICLISTA DE GONDOMAR	Veterano M50	06:37:11	+02:13:38	08:16
6	276	Joaquim Ferreira	Melres Trail Running ordem para arrear	Veterano M50	06:43:14	+02:19:40	08:24
7	40	Flávio Rebelo	Individual	Veterano M50	07:03:11	+02:39:38	08:49
8	110	Alfonso Costas	C.A.R. MARISQUEIRO	Veterano M50	07:05:08	+02:41:34	08:51

Official Timekeeper: Lap2Go	6 / 7	generate 23-Mar-2018 11:31
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Ultra Trilhos Paleozóico 48K

48 KM

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OFFICIAL RESULT

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9	319	Fernando Pereira	GONDOMAR FUTSAL CLUBE	Veterano M50	07:09:36	+02:46:03	08:57
10	48	Jose costa	Individual	Veterano M50	07:11:28	+02:47:55	08:59
11	243	Paulo Gama	GONDOMAR FUTSAL CLUBE	Veterano M50	07:11:52	+02:48:19	09:00
12	144	Jorge Maia	BUDEGUITA RUNNERS	Veterano M50	07:24:29	+03:00:56	09:16
13	227	António Loureiro	Autistic Runners	Veterano M50	07:29:29	+03:05:55	09:22
14	109	Ramiro Alvarez	C.A.R. MARISQUEIRO	Veterano M50	07:35:15	+03:11:41	09:29
15	137	Zé Filipe Almeida	EDV-VIANATRAIL	Veterano M50	07:36:46	+03:13:13	09:31
16	246	Carlos Navega Navega	Individual	Veterano M50	07:37:11	+03:13:38	09:31
17	178	Antonio Teixeira	Fridão Sem Limites	Veterano M50	07:40:02	+03:16:28	09:35
18	219	Fernando Soares	Stout and Lager	Veterano M50	09:36:22	+05:12:49	12:00

Veterano M60

1	141	José Ponte	EDV-VIANATRIL	Veterano M60	06:48:22	+02:24:48	08:30
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Official Timekeeper: Lap2Go	1 / 1	generate 18-Mar-2018 17:42
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TRILHOS PALEOZÓICO 23K - STAGE 1

23 KM

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OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	09:30	-99°C	-99%
End	14:52	13°C	62%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
1	1461	NUNO ALVES	oralklass - amigos do trail	Senior Masculino	01:50:28		04:48
2	1462	PEDRO SANTOS	oralklass - amigos do trail	Veterano M40	01:50:39	+00:10	04:49
3	1442	Fernando Lemos	gaia trail	Senior Masculino	01:50:57	+00:28	04:49
4	1300	Paulo Costa	a.d.amarante trail running	Senior Masculino	01:51:44	+01:15	04:51
5	1347	Nuno Cardoso	individual	Veterano M40	01:54:26	+03:57	04:59
6	1302	Vitor Costa	a.d.amarante trail running	Veterano M40	01:54:59	+04:30	05:00
7	1810	Fábio Pinto	a.d.amarante trail running	Senior Masculino	01:54:59	+04:30	05:00
8	1304	Carlos Queirós	a.d.amarante trail running	Senior Masculino	01:59:28	+08:59	05:12
9	1356	Rui Azevedo	fridão sem limites	Senior Masculino	01:59:54	+09:25	05:13
10	1833	Pedro Tapadas	gondomar futsal clube	Senior Masculino	02:00:00	+09:31	05:13
11	1687	Gonçalo Henriques	montanha clube trail running/efapel	Senior Masculino	02:01:01	+10:32	05:16
12	1455	FERNANDO NEVES	oralklass - amigos do trail	Senior Masculino	02:01:16	+10:47	05:16
13	1460	LUÍS MARTINS	oralklass - amigos do trail	Senior Masculino	02:01:35	+11:06	05:17
14	1759	Luís Gil	gaia trail	Veterano M40	02:02:26	+11:57	05:19
15	1671	Diogo Nunes	montanha clube trail running/efapel	Senior Masculino	02:03:58	+13:29	05:23
16	1788	Armando Pereira	gaia trail	Senior Masculino	02:04:28	+13:59	05:25
17	1694	Nuno Coelho	montanha clube trail running/efapel	Senior Masculino	02:04:30	+14:01	05:25
18	1546	NUNO PEREIRA	oralklass - amigos do trail	Senior Masculino	02:05:06	+14:37	05:26
19	1733	JOAQUIM FREITAS	grupo dramatico e recreativo da retorta	Veterano M40	02:05:15	+14:46	05:27
20	1792	Carlos Simões	arasm - associação recreativa de s. miguel	Veterano M40	02:05:18	+14:49	05:27
21	1039	Sérgio Silva	mss contabilidade trail team	Senior Masculino	02:06:10	+15:41	05:29
22	1715	Valdemar Cardoso	vertical navis	Veterano M40	02:06:15	+15:46	05:29
23	1745	Helder Fernandes Pereira	clube de atletismo de ferreira do zêzere	Veterano M40	02:06:32	+16:04	05:30
24	1720	Joel Silva	a.d.amarante trail running	Senior Masculino	02:06:40	+16:11	05:30
25	92	Patrick Marques	fridão sem limites	Veterano M40	02:07:19	+16:50	05:32
26	1375	Ricardo Rego	clube zipper	Senior Masculino	02:07:20	+16:51	05:32
27	1774	Bruno Santiago	gaia trail	Senior Masculino	02:08:47	+18:18	05:36
28	1485	Fernando Taborda	oralklass - amigos do trail	Veterano M40	02:08:53	+18:24	05:36
29	1558	Tiago Soares	moinhos run - adrm	Senior Masculino	02:08:56	+18:27	05:36
30	1836	Hélio Dias	ad amarante trail running	Senior Masculino	02:08:56	+18:27	05:36
31	1100	Fernando Rosa	montanha clube trail running/efapel	Senior Masculino	02:08:59	+18:30	05:36
32	1601	Manuel Lino	dcilccdrpedrulha - mealhada	Veterano M60	02:09:01	+18:32	05:37
33	1374	José Ferreira	individual	Senior Masculino	02:09:58	+19:29	05:39
34	1268	Bernardino Pinto	dr. merino/4moove	Senior Masculino	02:10:09	+19:40	05:40
35	1253	Diamantino Gomes	algarunners	Veterano M40	02:10:18	+19:49	05:40
36	1600	Diogo Pimenta	dcilccdrpedrulha - mealhada	Senior Masculino	02:10:46	+20:17	05:41
37	1370	Ricardo Nunes	fridão sem limites	Senior Masculino	02:10:58	+20:29	05:42
38	1644	Nuno Monteiro	aliança de gandra	Veterano M40	02:11:37	+21:08	05:43
39	1669	Daniel Ribeiro	bitrunners	Senior Masculino	02:12:16	+21:47	05:45
40	1389	Tiago Pinto	douroconta - gabinete de apoio e contabilidade, lda	Senior Masculino	02:12:45	+22:16	05:46
41	1456	FILIPE CARNEIRO	oralklass - amigos do trail	Senior Masculino	02:12:59	+22:30	05:47

TRILHOS PALEOZÓICO 23K - STAGE 1

23 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
42	1710	Marcelo Araújo	individual	Senior Masculino	02:13:13	+22:45	05:48
43	1542	Rui Rodrigues	golrunners / outpro store	Senior Masculino	02:13:15	+22:46	05:48
44	136	Tiago Aragão	ctad-trilhos de cinfães	Veterano M40	02:13:27	+22:59	05:48
45	1381	Carla Moreira	a.d.amarante trail running	Senior Feminino	02:13:55	+23:26	05:49
46	1303	Paula Soares	a.d.amarante trail running	Senior Feminino	02:13:55	+23:26	05:49
47	1746	António Jesus	team rede ambiente	Veterano M40	02:14:39	+24:10	05:51
48	1014	João Paulo Verissimo	oxxtreme/adcrpereira	Veterano M40	02:14:39	+24:10	05:51
49	1079	Marcelo Ramos Martins Marcelo	edl trail	Senior Masculino	02:14:49	+24:20	05:52
50	1233	Adão Monteiro	fridão sem limites	Senior Masculino	02:15:09	+24:41	05:53
51	1214	Daniela Russo	oralklass - amigos do trail	Senior Feminino	02:15:19	+24:51	05:53
52	1091	António Carvalho	factor x / s4l / medense fc	Veterano M40	02:16:04	+25:35	05:55
53	1724	Filipe Sousa	factor x / s4l / medense fc	Senior Masculino	02:16:44	+26:15	05:57
54	1563	Sergio Lourenço	ctad-trilhos de cinfães	Veterano M40	02:16:54	+26:25	05:57
55	1073	David Ventura Gonçalves	individual	Senior Masculino	02:17:35	+27:06	05:59
56	1229	João Oliveira	trinca orelhas de gato	Veterano M40	02:17:45	+27:16	05:59
57	1619	Antonio Pinto	monte dos amigos	Senior Masculino	02:17:53	+27:24	06:00
58	1395	Rui Reis	hsantamariart	Senior Masculino	02:18:11	+27:42	06:00
59	1457	FRANCISCO FIGUEIREDO	oralklass - amigos do trail	Senior Masculino	02:18:26	+27:57	06:01
60	1391	Diogo Silva	douroconta - gabinete de apoio e contabilidade, lda	Senior Masculino	02:18:42	+28:13	06:02
61	146	Mario Melo	galhardos runners	Senior Masculino	02:18:58	+28:29	06:03
62	1384	Bruno Santos	douroconta - gabinete de apoio e contabilidade, lda	Senior Masculino	02:18:58	+28:29	06:03
63	1781	Helder Antunes	ab cansado trail	Senior Masculino	02:19:01	+28:32	06:03
64	1615	Alcides Barbosa	aztrail/mercentro	Senior Masculino	02:19:03	+28:34	06:03
65	1807	Paulo César	ctad-trilhos de cinfães	Veterano M40	02:19:04	+28:35	06:03
66	1693	Jose Figueiredo Fonseca	individual	Senior Masculino	02:19:12	+28:43	06:03
67	1023	Pedro Nunes	individual	Senior Masculino	02:19:21	+28:52	06:04
68	1206	Joaquim Mota	juventude cortegacense	Senior Masculino	02:19:28	+28:59	06:04
69	1418	Francisco Castro	individual	Senior Masculino	02:19:38	+29:09	06:04
70	1590	Bruno Casal	individual	Senior Masculino	02:19:48	+29:19	06:05
71	1282	Mário Figueiras	acm montemor a correr	Veterano M40	02:19:50	+29:21	06:05
72	1700	Francisco Henriques	clac entroncamento/ondatrilhos	Veterano M40	02:20:10	+29:41	06:06
73	1053	Vitor Faim	atletismo clube da tocha	Veterano M50	02:21:03	+30:34	06:08
74	1434	Fernando Gomes	kemedo team	Veterano M40	02:21:25	+30:56	06:09
75	1525	Henrique Barbosa	individual	Senior Masculino	02:21:35	+31:06	06:09
76	1577	Jose Carlos Ribeiro Guimaraes	individual	Veterano M40	02:21:53	+31:24	06:10
77	1203	Hugo Figueiredo	pm	Veterano M40	02:22:06	+31:37	06:11
78	1645	Luís Silva	aliança de gandra	Senior Masculino	02:22:24	+31:55	06:11
79	1027	Luis fonseca	caminheiros de paços	Veterano M40	02:22:28	+31:59	06:12
80	1197	Jacinto Sousa	individual	Senior Masculino	02:22:56	+32:27	06:13
81	1159	José Cruz	ei team trail	Senior Masculino	02:22:57	+32:28	06:13
82	1051	Nelson Serra	montanha clube trail running/efapel	Veterano M40	02:23:06	+32:37	06:13
83	1603	Pedro Borges	ei team trail	Veterano M40	02:23:08	+32:39	06:13
84	1816	Paulo Gregório	gteam	Veterano M40	02:23:24	+32:55	06:14
85	1433	Laurindo Osório	kemedo team	Veterano M40	02:23:32	+33:03	06:14

TRILHOS PALEOZÓICO 23K - STAGE 1

23 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	1034	Manuel Póvoas	mss contabilidade trail team	Veterano M50	02:23:39	+33:10	06:15
87	1026	Carvalho Carlos	caminheiros de paços	Senior Masculino	02:24:03	+33:34	06:16
88	1409	Paulo Silva	clube zipper	Senior Masculino	02:24:04	+33:35	06:16
89	1386	Hugo Moreira	douroconta - gabinete de apoio e contabilidade, lda	Senior Masculino	02:24:06	+33:38	06:16
90	1373	Filipe Teixeira	individual	Senior Masculino	02:24:31	+34:02	06:17
91	1190	Mário Ferreira	leões de tardariz trail	Senior Masculino	02:24:34	+34:05	06:17
92	1487	Nuno Cunha	clube zipper	Senior Masculino	02:24:49	+34:20	06:18
93	1775	Paulo Neta	clube zipper	Veterano M40	02:24:49	+34:20	06:18
94	1469	Joaquim Coelho	ei team trail	Veterano M40	02:25:38	+35:09	06:20
95	1638	Alcino Gouveia	sentir escariz	Veterano M40	02:25:49	+35:20	06:20
96	1591	Paulo Santos	individual	Senior Masculino	02:26:05	+35:36	06:21
97	1116	Ernesto Alves	juventude cortegacense	Veterano M40	02:26:18	+35:49	06:22
98	1787	Carlos Felisberto	individual	Veterano M40	02:26:23	+35:54	06:22
99	1477	Carlos Carola	aboim jovem	Senior Masculino	02:26:25	+35:56	06:22
100	1580	Bruno Moreira	nocturnos de paredes	Senior Masculino	02:27:56	+37:27	06:26
101	1458	Agostinho Pacheco	ofrunning	Veterano M40	02:27:58	+37:29	06:26
102	1089	Carlos Ramos	juventude cortegacense	Veterano M60	02:28:13	+37:44	06:27
103	1018	David Gonçalves	factor x / s4l / medense fc	Senior Masculino	02:28:37	+38:08	06:28
104	1176	Ricardo Miguel Branco Carvalho	ei team trail	Senior Masculino	02:28:38	+38:09	06:28
105	1315	Manuel Rodrigues	arcorun	Veterano M60	02:28:48	+38:19	06:28
106	1194	Joaquim Carvalho	factor x / s4l / medense fc	Senior Masculino	02:29:16	+38:47	06:29
107	1254	Pedro Botelho	algarunners	Senior Masculino	02:29:17	+38:48	06:29
108	1497	Bruno Barge	aztrail/mercentro	Senior Masculino	02:29:28	+38:59	06:30
109	1698	Carlos Antunes	clac entroncamento/ondatrinhos	Veterano M50	02:29:37	+39:08	06:30
110	1502	Paulo Ferreira	dive into the mountains	Senior Masculino	02:29:45	+39:16	06:31
111	1070	Ibraim Sousa	mss contabilidade trail team	Veterano M40	02:29:58	+39:29	06:31
112	1040	Filipe Póvoas	mss contabilidade trail team	Senior Masculino	02:29:58	+39:29	06:31
113	1294	Patricio Afonso	individual	Veterano M40	02:30:26	+39:57	06:32
114	1452	RENATO OLIVEIRA	portocargo	Veterano M40	02:30:28	+39:59	06:33
115	1265	Miguel Alves	leões de tardariz trail	Senior Masculino	02:30:33	+40:04	06:33
116	1439	Joao Teixeira	individual	Veterano M40	02:30:34	+40:05	06:33
117	1332	António Rocha	factor x / s4l / medense fc	Veterano M60	02:30:36	+40:08	06:33
118	1320	Nuno Filipe Lopes Baltazar	juventude vidigalense	Veterano M40	02:30:51	+40:22	06:34
119	1808	Viriato Dias	ctad-trilhos de cinfães	Veterano M40	02:31:45	+41:16	06:36
120	1840	Rui Costa	individual	Senior Masculino	02:32:13	+41:44	06:37
121	1095	Rogério Torres	team lantermil	Senior Masculino	02:32:24	+41:56	06:38
122	1099	Agostinho Neves	juventude desportiva de gondomar	Veterano M60	02:32:25	+41:56	06:38
123	1399	Mário Galhano	individual	Senior Masculino	02:32:28	+41:59	06:38
124	1794	Gil Silva	crocodilos/misterpc	Senior Masculino	02:32:34	+42:05	06:38
125	1444	Benjamim Cruz	fragoso trail	Veterano M40	02:32:45	+42:16	06:38
126	1161	Dario Cardoso	leões de tardariz trail	Veterano M40	02:33:04	+42:35	06:39
127	1230	Sérgio Gomes	trinca orelhas de gato	Veterano M40	02:33:16	+42:47	06:40
128	1357	Gabriel Coutinho	individual	Senior Masculino	02:33:48	+43:19	06:41
129	1624	Hilário Louro	a minha equipa és tu!	Veterano M40	02:34:22	+43:53	06:43
130	1702	José Duarte	clac entroncamento/ondatrinhos	Senior Masculino	02:34:27	+43:58	06:43

TRILHOS PALEOZÓICO 23K - STAGE 1

23 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
131	1611	Luis Lobo	all titudes trail team	Veterano M40	02:34:30	+44:01	06:43
132	1172	Bruno Monteiro	gaia vertical	Senior Masculino	02:34:40	+44:11	06:43
133	1217	António Fernandes	individual	Senior Masculino	02:34:41	+44:12	06:44
134	1812	Miguel Cruz	bitrunners	Senior Masculino	02:34:41	+44:12	06:44
135	1107	Rui Martins	juventude cortegacense	Senior Masculino	02:34:45	+44:16	06:44
136	1297	Paulo Amadeu	gaia trail	Veterano M40	02:35:18	+44:50	06:45
137	1711	Nuno Faria	teamtrail3pros15	Senior Masculino	02:35:24	+44:55	06:45
138	1298	Angela Soares	a.d.amarante trail running	Senior Feminino	02:35:25	+44:56	06:45
139	1285	Pedro Cancelo	clube zipper	Senior Masculino	02:35:26	+44:57	06:45
140	1742	Agostinho Sousa	moinhos run - adrm	Veterano M60	02:35:28	+44:59	06:46
141	1691	Miguel Santos	moinhos run - adrm	Senior Masculino	02:35:35	+45:06	06:46
142	1006	Manuel Costa	dasdykes	Veterano M40	02:35:46	+45:17	06:46
143	1705	Lina Marques	clac entroncamento/ondatrinhos	Veterana F40	02:35:59	+45:30	06:47
144	1167	Rui Manuel Freitas	individual	Veterano M40	02:36:00	+45:31	06:47
145	1709	São Castanheira	clac entroncamento/ondatrinhos	Veterana F50	02:36:19	+45:50	06:48
146	1568	Bruno Miguel Tavares	grupo de corrida de argoncilhe	Veterano M40	02:36:21	+45:52	06:48
147	1277	Mário Pinto	acm montemor a correr	Senior Masculino	02:36:23	+45:54	06:48
148	1226	Carlos Silva	trinca orelhas de gato	Senior Masculino	02:36:30	+46:01	06:48
149	1368	Renata Vinagre	ozxtreme/adcrpereira	Senior Feminino	02:36:46	+46:17	06:49
150	1419	Luís Filipe Lopes Pereira	ceveira team running	Veterano M40	02:36:54	+46:25	06:49
151	1780	Paulo Silva	ab cansado trail	Senior Masculino	02:37:02	+46:33	06:50
152	1081	Cláudio Monteiro	douroconta - gabinete de apoio e contabilidade, Ida	Veterano M50	02:37:05	+46:36	06:50
153	1678	Miguel Moura	miguel moura trail	Senior Masculino	02:37:15	+46:46	06:50
154	1038	Victor Azevedo	mss contabilidade trail team	Veterano M40	02:37:20	+46:51	06:50
155	181	Hugo Teixeira	kemedo team	Senior Masculino	02:37:34	+47:05	06:51
156	1578	Jose lopes	dive into the mountains	Veterano M40	02:37:51	+47:22	06:52
157	1782	José Bizarro	inijovem-nisa	Veterano M40	02:37:52	+47:23	06:52
158	1536	Daniel Alves	nast	Veterano M40	02:37:55	+47:26	06:52
159	1088	Pedro Neves	juventude desportiva de gondomar	Senior Masculino	02:37:57	+47:28	06:52
160	196	Alexandra Fernandes	individual	Veterana F50	02:38:08	+47:39	06:53
161	1225	Victor Cardoso	trinca orelhas de gato	Veterano M40	02:38:14	+47:45	06:53
162	1108	Luis Miguel Barbosa	ceveira team running	Senior Masculino	02:38:22	+47:53	06:53
163	1535	Renato Martins	nast	Senior Masculino	02:38:28	+47:59	06:53
164	1400	FRANCISCO Fonseca	equipa joao ferreira	Veterano M40	02:38:28	+48:00	06:53
165	1583	Luís Júnior	runners do demo	Senior Masculino	02:38:33	+48:04	06:54
166	1369	Andreia Almeida	fridão sem limites	Senior Feminino	02:38:38	+48:10	06:54
167	1134	Pedro Pinto	juventude cortegacense	Senior Masculino	02:38:39	+48:10	06:54
168	1156	Cecilio Ferreira	juventude cortegacense	Veterano M40	02:39:00	+48:31	06:55
169	1113	João Ricardo	vimarunners	Senior Masculino	02:39:01	+48:32	06:55
170	1390	Vitor Rio	douroconta - gabinete de apoio e contabilidade, Ida	Senior Masculino	02:39:09	+48:40	06:55
171	1213	Marcio Teixeira	fridão sem limites	Senior Masculino	02:39:19	+48:51	06:56
172	1617	Adriana Dias	individual	Senior Feminino	02:39:29	+49:01	06:56
173	1766	Ana Campos	shots international runners	Senior Feminino	02:39:31	+49:02	06:56
174	1537	Daniel Campaniço	évora night runners	Senior Masculino	02:39:47	+49:18	06:57
175	1465	José Paulo Ribeiro	gondomar futsal clube	Veterano M40	02:39:48	+49:19	06:57

TRILHOS PALEOZÓICO 23K - STAGE 1

23 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
176	1831	Manuel Silva	gondomar futsal clube	Senior Masculino	02:39:48	+49:19	06:57
177	1814	Mafalda Moniz	amcf - arrábida trail team	Senior Feminino	02:39:50	+49:21	06:57
178	1286	Fábio Santos	hsantamariart	Senior Masculino	02:39:52	+49:23	06:57
179	1396	Eliseu Leite	laundostrail	Veterano M40	02:40:02	+49:33	06:57
180	1714	Maria Ramos	dc\ccdrpedrulha - mealhada	Senior Feminino	02:40:05	+49:36	06:58
181	1443	Roberto Freitas	a. d. sebolido trail boneca dourado	Senior Masculino	02:40:12	+49:43	06:58
182	1744	Helena Cerqueda	la zinco	Senior Feminino	02:40:30	+50:01	06:59
183	1773	Gil Araújo	afifensetrail	Senior Masculino	02:40:34	+50:05	06:59
184	1793	Antonio Monteiro	acm montemor a correr	Veterano M50	02:40:34	+50:05	06:59
185	1478	Daniel Silva	nocturnos de paredes	Senior Masculino	02:40:37	+50:08	06:59
186	1743	Hugo Martins	la zinco	Veterano M40	02:40:42	+50:13	06:59
187	1044	Hugo Santos	individual	Senior Masculino	02:41:09	+50:40	07:00
188	1076	António Teixeira	individual	Veterano M50	02:41:15	+50:47	07:01
189	1295	Ricardo Magalhães	a.d.amarante trail running	Senior Masculino	02:41:19	+50:50	07:01
190	1331	Joaquim Seabra	bt4	Veterano M40	02:41:26	+50:57	07:01
191	1609	Pedro Costa	aztrail/mercentro	Veterano M40	02:41:34	+51:05	07:01
192	1540	Joaquim Leite	leões de tardariz trail	Veterano M50	02:41:40	+51:11	07:02
193	1132	Paulo Silva	movol	Senior Masculino	02:41:47	+51:18	07:02
194	1548	Gloria Souto	individual	Veterana F40	02:41:47	+51:18	07:02
195	1137	Pedro Cruz	corredores de elite	Senior Masculino	02:41:53	+51:24	07:02
196	1637	José Oliveira	sentir escariz	Veterano M40	02:42:10	+51:41	07:03
197	2429	Ricardo Machado	trinca orelhas de gato	Senior Masculino	02:42:16	+51:47	07:03
198	1830	André Trigais	gondomar futsal clube	Senior Masculino	02:42:28	+51:59	07:04
199	1106	Joel Sequeira	juventude cortegacense	Senior Masculino	02:42:37	+52:08	07:04
200	1740	Paulo Lagoa	budeguita runners	Veterano M40	02:42:43	+52:14	07:04
201	1050	Luís Gomes	cruzerun	Senior Masculino	02:42:44	+52:15	07:05
202	1058	José Mesquita	individual	Veterano M50	02:42:56	+52:27	07:05
203	1722	Eduardo Ferreira	runners do demo	Senior Masculino	02:43:06	+52:38	07:05
204	1716	Patricia Madeira	vertical navis	Veterana F40	02:43:10	+52:41	07:06
205	1387	Bernardino Andrade	invicta runners team	Veterano M40	02:43:10	+52:41	07:06
206	1075	Helder Parracho	individual	Senior Masculino	02:43:11	+52:42	07:06
207	1160	Pedro Ferreira	leões de tardariz trail	Veterano M40	02:43:22	+52:53	07:06
208	1200	Mário Moura	leões de tardariz trail	Veterano M40	02:43:24	+52:55	07:06
209	1312	Amilcar Ferreira	arcorun	Veterano M40	02:43:40	+53:11	07:07
210	1471	Frederico Carvalho	espaço saúde	Senior Masculino	02:43:49	+53:20	07:07
211	1292	Manuel Barbosa	paredes running	Veterano M40	02:43:53	+53:24	07:08
212	1175	Mário Leite	yazaki runners	Veterano M40	02:44:05	+53:36	07:08
213	1169	PAULO SOARES	ciclistas cósmicos - gislótica	Veterano M40	02:44:16	+53:47	07:09
214	1559	Anabela Remédios	individual	Veterana F40	02:44:31	+54:02	07:09
215	1398	Daniel Santos	a.d.amarante trail running	Senior Masculino	02:44:35	+54:06	07:09
216	1310	Jorge Oliveira	a.d.amarante trail running	Veterano M40	02:44:35	+54:06	07:09
217	1032	Paulo Ferreira	individual	Veterano M50	02:44:41	+54:12	07:10
218	1488	Domingos Peixoto	palmeira runners	Veterano M40	02:44:52	+54:23	07:10
219	1475	José Manuel Rodrigues Costa José Costa	palmeira runners	Veterano M40	02:44:52	+54:23	07:10
220	1140	José Santos	kemedo team	Veterano M40	02:44:53	+54:24	07:10

TRILHOS PALEOZÓICO 23K - STAGE 1

23 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
221	1249	Fernando Sampaio	lion runners - g. d. leões da guarda	Senior Masculino	02:44:56	+54:27	07:10
222	1242	Bruno Monteiro	lion runners - g. d. leões da guarda	Senior Masculino	02:45:02	+54:33	07:11
223	1783	Marcio Castro	individual	Senior Masculino	02:45:13	+54:44	07:11
224	1407	Paulo Gomes	nocturnos de paredes	Veterano M40	02:45:19	+54:50	07:11
225	1675	Hugo Esteves	ei team trail	Senior Masculino	02:45:21	+54:52	07:11
226	1605	Catarina Pereira	ei team trail	Veterana F40	02:45:21	+54:52	07:11
227	1049	Damião Duarte	travassós running fafe	Senior Masculino	02:45:22	+54:53	07:11
228	1180	Miguel Ribeiro	police challenge team	Senior Masculino	02:45:38	+55:09	07:12
229	1022	Jorge Pinheiro	lmtt	Senior Masculino	02:46:00	+55:31	07:13
230	1342	Vitor Cardoso	baguim runners	Veterano M40	02:46:01	+55:32	07:13
231	1346	Laurinda Barros	a.d.amarante trail running	Veterana F40	02:46:02	+55:33	07:13
232	1697	António Farreira	clac entroncamento/ondatrilhos	Senior Masculino	02:46:03	+55:34	07:13
233	1665	Mário Fonseca	aztrail/mercentro	Veterano M40	02:46:10	+55:41	07:13
234	1501	Carlos Barros	salamandrecos	Senior Masculino	02:46:11	+55:42	07:14
235	1813	Daniel Luís	clube de atletismo trail runners da ponte	Senior Masculino	02:46:34	+56:05	07:15
236	1393	Filipe Pinheiro	fridão sem limites	Veterano M40	02:46:45	+56:16	07:15
237	1483	Paulo Araújo	a. d. sebolido trail boneca douro	Senior Masculino	02:46:54	+56:25	07:15
238	1737	José Lima	affensetrail	Senior Masculino	02:46:54	+56:26	07:15
239	1768	Tiago Rodrigues	associação pombal jovem	Senior Masculino	02:46:56	+56:27	07:15
240	1290	Paulo Jorge Rocha	individual	Veterano M40	02:46:58	+56:29	07:16
241	1316	Paulo Reis	arcorun	Veterano M40	02:47:00	+56:31	07:16
242	1614	Francisco Silva	btt alegria // tubani	Veterano M40	02:47:09	+56:40	07:16
243	1686	Miguel Moura	factor x / s4l / medense fc	Veterano M40	02:47:15	+56:46	07:16
244	1696	Pedro Carmo	clac entroncamento/ondatrilhos	Veterano M40	02:47:21	+56:52	07:17
245	1684	Pedro Santos	crocodilos/misterpc	Senior Masculino	02:47:37	+57:08	07:17
246	1349	Bruno dias	a-team	Senior Masculino	02:47:45	+57:16	07:18
247	1628	Luis Lima	individual	Veterano M40	02:48:01	+57:32	07:18
248	1252	Miguel Coutinho	algarunners	Senior Masculino	02:48:08	+57:39	07:19
249	1348	Rafael almeida	a-team	Senior Masculino	02:48:11	+57:42	07:19
250	1411	Rui Bessa	sob efeito trail	Senior Masculino	02:48:20	+57:51	07:19
251	1769	Bruno Barros	individual	Senior Masculino	02:48:24	+57:55	07:19
252	1056	Pedro Miguel da Silva Ferreira	airão trail team	Senior Masculino	02:48:36	+58:07	07:20
253	1567	Paulo Silva Fernandes	individual	Veterano M40	02:48:46	+58:17	07:20
254	1735	Susana alves	edl trail	Senior Feminino	02:49:10	+58:41	07:21
255	1258	Jorge Rodrigues	individual	Veterano M40	02:49:25	+58:57	07:22
256	1130	João Figueiredo	individual	Senior Masculino	02:49:35	+59:06	07:22
257	1371	Vera Fernandes	águias de alvelos	Senior Feminino	02:49:37	+59:08	07:22
258	1749	FERNANDO MOURA	ab cansado trail	Veterano M60	02:49:42	+59:13	07:23
259	1648	Telmo Mendonça	gondomar futsal clube	Senior Masculino	02:49:42	+59:13	07:23
260	1649	Vitor Fernandes	gondomar futsal clube	Senior Masculino	02:49:43	+59:14	07:23
261	1539	Marcelo pinto	clube amador de mirandela	Senior Masculino	02:49:53	+59:24	07:23
262	1127	Bruno Espadeiro	be energy	Senior Masculino	02:49:54	+59:25	07:23
263	1695	Bruno Rocha	fit gaia trail	Senior Masculino	02:50:05	+59:36	07:24
264	1574	Ricardo Pinto	éjáli...clube de amigos trailrunners	Senior Masculino	02:50:29	+01:00:00	07:25
265	1337	Ana Teixeira	clube de atletismo trail runners da ponte	Senior Feminino	02:50:29	+01:00:00	07:25
266	1634	Pedro Valente	inijovem-nisa	Veterano M40	02:50:35	+01:00:06	07:25

TRILHOS PALEOZÓICO 23K - STAGE 1

23 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
267	1633	Luís Ferreira	100 estrilhos	Veterano M40	02:50:35	+01:00:06	07:25
268	1503	Fátima Oliveira	dive into the mountains	Senior Feminino	02:50:37	+01:00:08	07:25
269	1105	Vasco Escobar	ei team trail	Senior Masculino	02:50:39	+01:00:10	07:25
270	1798	Vitor Almeida	all about	Veterano M50	02:50:53	+01:00:24	07:26
271	1220	David Manuel Borges Nogueira	individual	Senior Masculino	02:50:54	+01:00:25	07:26
272	1438	ORLANDO JESUS	equipa joao ferreira	Veterano M40	02:51:03	+01:00:34	07:26
273	1104	Helder Rocha	juventude cortegacense	Veterano M40	02:51:13	+01:00:44	07:27
274	1378	Rui Borges	trailistas "eu é que sei!"	Veterano M40	02:51:47	+01:01:18	07:28
275	1198	Daniel Silva	grupo desportivo banco de portugal	Senior Masculino	02:51:54	+01:01:25	07:28
276	1307	Filipe Cardoso Cardoso	nem que chova	Senior Masculino	02:51:55	+01:01:26	07:28
277	1416	Carlos Araújo	individual	Veterano M40	02:51:56	+01:01:27	07:29
278	1173	Domingos Teixeira	individual	Senior Masculino	02:52:05	+01:01:36	07:29
279	1529	José Barroso	baltar trail runners	Senior Masculino	02:52:16	+01:01:47	07:29
280	1068	Carlos Duarte	mss contabilidade trail team	Veterano M40	02:52:22	+01:01:54	07:30
281	1212	Gonçalo Vergueiro	adabem running team	Senior Masculino	02:52:26	+01:01:57	07:30
282	1211	João Pedro Gonçalves Cruz	adabem running team	Senior Masculino	02:52:26	+01:01:57	07:30
283	1231	Miguel Cunha	trinca orelhas de gato	Veterano M40	02:52:39	+01:02:10	07:30
284	1262	Ricardo Carvalho	ctad-trilhos de cinfães	Senior Masculino	02:52:47	+01:02:18	07:31
285	1382	Claudia Moreira	a.d.amarante trail running	Senior Feminino	02:53:00	+01:02:31	07:31
286	1690	Simao Sousa	moinhos run - adrm	Senior Masculino	02:53:00	+01:02:31	07:31
287	1421	Jennifer Leal	kemedo team	Senior Feminino	02:53:02	+01:02:33	07:31
288	1428	Helder Gomes	kemedo team	Veterano M40	02:53:02	+01:02:33	07:31
289	1201	Miguel Teixeira	gramidense i f c	Veterano M40	02:53:17	+01:02:48	07:32
290	1703	José Marçal	clac entroncamento/ondatrilhos	Veterano M50	02:53:19	+01:02:50	07:32
291	1408	Helder Mendes	clube zipper	Senior Masculino	02:53:19	+01:02:51	07:32
292	1042	Fábio Campos	cruzerun	Senior Masculino	02:53:24	+01:02:56	07:32
293	1186	Nelson Amaral	individual	Senior Masculino	02:53:39	+01:03:10	07:33
294	1024	Rui Sousa	individual	Senior Masculino	02:53:43	+01:03:14	07:33
295	1021	Eduardo Neves	ofrunning	Senior Masculino	02:54:04	+01:03:35	07:34
296	1493	Luis Ramos	individual	Senior Masculino	02:54:12	+01:03:43	07:34
297	1593	Armando Moreno	individual	Senior Masculino	02:54:27	+01:03:58	07:35
298	1646	Sérgio Pereira	aliança de gandra	Senior Masculino	02:54:38	+01:04:09	07:36
299	1761	Jorge Costa	individual	Senior Masculino	02:54:40	+01:04:11	07:36
300	1640	Vítor Moreira	sentir escariz	Veterano M40	02:54:55	+01:04:26	07:36
301	1353	Bruno Mota	kuantokusta	Senior Masculino	02:55:05	+01:04:36	07:37
302	1071	Fernando Vicente	os galgos	Veterano M50	02:55:12	+01:04:43	07:37
303	1796	Vera Fernandes	individual	Senior Feminino	02:55:23	+01:04:54	07:38
304	1210	Helder rodrigues	trepatrihos trail team	Senior Masculino	02:55:23	+01:04:54	07:38
305	1708	Rui Silva	clac entroncamento/ondatrilhos	Veterano M50	02:55:55	+01:05:26	07:39
306	1388	António Azevedo	douroconta - gabinete de apoio e contabilidade, lda	Veterano M40	02:55:57	+01:05:28	07:39
307	1152	Tiago Coelho	correr leça	Senior Masculino	02:55:57	+01:05:28	07:39
308	1001	Bruno Ramiro	kemedo team	Senior Masculino	02:56:16	+01:05:47	07:40
309	1521	Hendrik Wielinga	budeguita runners	Veterano M50	02:56:25	+01:05:56	07:40
310	1177	Joaquim Lobato	running espinho	Veterano M50	02:56:49	+01:06:20	07:41
311	1717	Daniel Moreira	individual	Senior Masculino	02:56:50	+01:06:21	07:41

TRILHOS PALEOZÓICO 23K - STAGE 1

23 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
312	1345	Paulo Alves	gondomar futsal clube	Veterano M40	02:56:55	+01:06:26	07:42
313	1111	Sergio Oliveira	juventude cortegacense	Veterano M40	02:57:04	+01:06:36	07:42
314	1656	Pedro Matos	gondomar futsal clube	Veterano M40	02:57:12	+01:06:43	07:42
315	1654	Hermenegildo Mendes	gondomar futsal clube	Senior Masculino	02:57:15	+01:06:46	07:42
316	1435	Luis Gomes	kemedo team	Veterano M40	02:57:17	+01:06:48	07:42
317	1701	João Dias	clac entroncamento/ondatrinhos	Veterano M50	02:57:18	+01:06:49	07:43
318	1219	Eduardo Esteves	individual	Veterano M40	02:57:19	+01:06:50	07:43
319	247	Bruno Gomes	crocodilos/misterpc	Senior Masculino	02:57:23	+01:06:54	07:43
320	1166	João Gil	ad amarante trail running	Veterano M60	02:57:26	+01:06:57	07:43
321	1011	Gerson Alves	kemedo team	Senior Masculino	02:57:31	+01:07:02	07:43
322	1336	Bruno Marquês	clube de atletismo trail runners da ponte	Veterano M40	02:57:35	+01:07:06	07:43
323	1184	Pedro Oliveira	ofrunning	Senior Masculino	02:57:42	+01:07:13	07:44
324	1278	Rogério Costa	acm montemor a correr	Veterano M40	02:57:44	+01:07:15	07:44
325	1707	Manuel Julio	clac entroncamento/ondatrinhos	Veterano M50	02:57:45	+01:07:16	07:44
326	1296	Rui Morais	mss contabilidade trail team	Veterano M40	02:57:46	+01:07:17	07:44
327	1093	Pedro Lopes	factor x / s4l / medense fc	Senior Masculino	02:58:10	+01:07:41	07:45
328	1033	Ricardo Moreira	mss contabilidade trail team	Senior Masculino	02:58:17	+01:07:48	07:45
329	1274	Rui Felgueiras	millenniumbcp	Veterano M40	02:58:29	+01:08:00	07:46
330	1688	Ricardo Diogo	ozxtreme	Veterano M40	02:58:33	+01:08:04	07:46
331	1524	Filipe Gonçalves	ade trail running	Veterano M40	02:58:37	+01:08:08	07:46
332	1679	José Cruz	individual	Veterano M40	02:58:47	+01:08:18	07:46
333	164	Paula Barbosa	oralklass - amigos do trail	Veterana F40	02:59:35	+01:09:06	07:48
334	1264	Baltazar Ferreira	individual	Veterano M50	02:59:50	+01:09:21	07:49
335	1182	Luis Ribeiro	individual	Veterano M40	02:59:55	+01:09:26	07:49
336	1062	Ana Rita Carneiro	edl trail	Senior Feminino	02:59:57	+01:09:28	07:49
337	1338	Álvaro Almeida	arrasa trilhos	Veterano M40	03:00:10	+01:09:41	07:50
338	1339	José Ferreira	arrasa trilhos	Veterano M40	03:00:10	+01:09:41	07:50
339	1479	Rui Almeida	nocturnos de paredes	Veterano M40	03:00:31	+01:10:02	07:51
340	1731	Patricia Ribeiro	mountain runners	Senior Feminino	03:00:34	+01:10:05	07:51
341	1151	Ricardo Gonçalves	correr leça	Veterano M40	03:00:37	+01:10:08	07:51
342	1800	Rui Freitas	all about	Veterano M40	03:00:45	+01:10:16	07:52
343	1394	Celso Gomes	juventude cortegacense	Veterano M50	03:00:46	+01:10:17	07:52
344	1319	Carlos Macedo	a.d.amarante trail running	Veterano M60	03:00:46	+01:10:17	07:52
345	1259	Anabela Cordeiro	individual	Senior Feminino	03:00:48	+01:10:20	07:52
346	1747	Ricardo Castro	guimarães trail	Veterano M40	03:00:49	+01:10:20	07:52
347	1451	MARCO OLIVEIRA	portocargo	Veterano M40	03:00:52	+01:10:23	07:52
348	1195	Maria Ferreira	correr leça	Veterana F40	03:00:59	+01:10:30	07:52
349	1227	Fernando Pereira	trinca orelhas de gato	Veterano M40	03:01:27	+01:10:59	07:53
350	1588	Emanuel Almeida	comdor runners	Senior Masculino	03:01:29	+01:11:00	07:53
351	1550	Sílvia Gomes	correio de albergaria trail running	Senior Feminino	03:01:32	+01:11:03	07:54
352	1730	Antonio Fonseca	individual	Veterano M40	03:01:45	+01:11:17	07:54
353	1520	Iracema Costa	individual	Veterana F50	03:01:57	+01:11:28	07:55
354	1474	Helder Teles	amigos do pedal trailagares	Senior Masculino	03:02:03	+01:11:34	07:55
355	1279	Manuel Bravo	acm montemor a correr	Veterano M40	03:02:04	+01:11:35	07:55
356	1204	Patrícia Silva	monsanto running team	Senior Feminino	03:02:13	+01:11:44	07:55
357	1657	Mafalda Luís	gondomar futsal clube	Senior Feminino	03:02:19	+01:11:50	07:56

TRILHOS PALEOZÓICO 23K - STAGE 1

23 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
358	1360	Mario Santos	arrastassolas	Senior Masculino	03:02:22	+01:11:53	07:56
359	1661	Carmo Marinho	gondomar futsal clube	Veterana F50	03:02:44	+01:12:15	07:57
360	1544	Rui Taveira	indeividual	Veterano M40	03:02:44	+01:12:15	07:57
361	1632	Rui Pinto	individual	Veterano M40	03:02:52	+01:12:23	07:57
362	1236	Camila Mendes	lion runners - g. d. leões da guarda	Senior Feminino	03:02:53	+01:12:24	07:57
363	1662	Ana Ferreira	gondomar futsal clube	Senior Feminino	03:03:03	+01:12:34	07:58
364	1674	Joao Correia	individual	Veterano M40	03:03:04	+01:12:35	07:58
365	1125	Domingos Camboa	juventude cortegacense	Veterano M50	03:03:20	+01:12:51	07:58
366	1087	Francisco Silva	mss contabilidade trail team	Veterano M40	03:03:23	+01:12:55	07:58
367	1556	Pedro Costa	individual	Senior Masculino	03:03:31	+01:13:02	07:59
368	1043	Nuno Araújo	nprint running	Veterano M40	03:04:16	+01:13:48	08:01
369	1498	Andre Rocha	individual	Veterano M40	03:04:18	+01:13:49	08:01
370	1157	Nuno Pina	joão ferreira	Veterano M40	03:04:34	+01:14:05	08:01
371	1508	Paulo Ribeiro	dive into the mountains	Veterano M40	03:04:35	+01:14:06	08:02
372	1191	Tiago Sequeira	mss contabilidade trail team	Senior Masculino	03:04:42	+01:14:13	08:02
373	1489	Paulo Moreira	turbolentos	Veterano M50	03:04:46	+01:14:17	08:02
374	1801	Armenio Ribeiro	all about	Veterano M40	03:04:51	+01:14:22	08:02
375	1429	Luis silva	kemedo team	Senior Masculino	03:04:52	+01:14:23	08:02
376	1430	Jose pinto	kemedo team	Veterano M40	03:04:52	+01:14:23	08:02
377	1431	Jose Pereira	kemedo team	Veterano M40	03:04:52	+01:14:23	08:02
378	1727	Alcindo Pereira	individual	Veterano M50	03:04:56	+01:14:27	08:02
379	1726	Alzira Pereira	individual	Veterana F50	03:04:56	+01:14:27	08:02
380	1581	Jorge Sousa	individual	Senior Masculino	03:04:59	+01:14:30	08:03
381	1046	Jose Coelho	individual	Veterano M40	03:05:01	+01:14:32	08:03
382	1122	Paulo Morais	clube zipper	Senior Masculino	03:05:01	+01:14:33	08:03
383	1199	Diogo Silva	grupo desportivo banco de portugal	Senior Masculino	03:05:34	+01:15:05	08:04
384	1518	Emanuel Cabeça	individual	Veterano M40	03:05:38	+01:15:09	08:04
385	1734	Bruno Pereira	individual	Senior Masculino	03:05:40	+01:15:11	08:04
386	1017	Jorge Alves	invicta running team	Senior Masculino	03:05:44	+01:15:15	08:05
387	1653	Gil Costa	gondomar futsal clube	Veterano M50	03:05:58	+01:15:29	08:05
388	1683	Rui Andrade	crocodilos/misterpc	Veterano M40	03:05:58	+01:15:29	08:05
389	1557	Vítor Ribeiro	alto relevo-clube de montanhismo	Veterano M40	03:06:17	+01:15:49	08:06
390	1595	Carla Araújo	individual	Senior Feminino	03:06:21	+01:15:52	08:06
391	1551	Antonio Goncalves	individual	Senior Masculino	03:06:26	+01:15:57	08:06
392	1179	Miguel Almeida	adc são jacinto	Senior Masculino	03:06:49	+01:16:20	08:07
393	1494	Helena Fernandes	individual	Veterana F40	03:06:53	+01:16:24	08:08
394	1630	Eduardo Nascimento	individual	Veterano M40	03:06:58	+01:16:29	08:08
395	1606	Helena Gaspar	clube de atletismo trail runners da ponte	Veterana F40	03:06:59	+01:16:30	08:08
396	1815	Luis Terencio	éjáli...clube de amigos trailrunners	Veterano M40	03:07:02	+01:16:33	08:08
397	1763	Mafalda Valente	individual	Senior Feminino	03:07:10	+01:16:41	08:08
398	1128	Daniela Costa	acm montemor a correr	Senior Feminino	03:07:11	+01:16:42	08:08
399	1837	Rui Marçal	pace.makers	Veterano M40	03:07:14	+01:16:45	08:08
400	1178	Tiago Cruz	adc são jacinto	Senior Masculino	03:07:38	+01:17:09	08:09
401	1188	Celia Sousa	individual	Veterana F40	03:07:47	+01:17:18	08:10
402	1072	Raul Viana	individual	Senior Masculino	03:07:53	+01:17:24	08:10
403	1621	Américo Santos	taylors	Veterano M40	03:08:00	+01:17:31	08:10

TRILHOS PALEOZÓICO 23K - STAGE 1

23 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
404	1543	Igor Afanas	individual	Veterano M40	03:08:09	+01:17:41	08:11
405	1185	Paulo Hernani	att	Veterano M40	03:08:11	+01:17:42	08:11
406	1234	José Sá	lion runners - g. d. leões da guarda	Senior Masculino	03:08:14	+01:17:45	08:11
407	1245	Miguel Fonseca	lion runners - g. d. leões da guarda	Veterano M40	03:08:14	+01:17:45	08:11
408	1288	Miguel Mendes	lion runners - g. d. leões da guarda	Senior Masculino	03:08:35	+01:18:06	08:12
409	1009	Hélder Moreira	mata elefantes	Senior Masculino	03:08:38	+01:18:09	08:12
410	1008	Alcídio Moreira	mata elefantes	Veterano M40	03:08:38	+01:18:09	08:12
411	1367	Marco Nunes	a.d.amarante trail running	Senior Masculino	03:08:41	+01:18:12	08:12
412	1067	Vitor Pinto	mss contabilidade trail team	Veterano M40	03:08:53	+01:18:24	08:13
413	1706	Luis Rei	clac entroncamento/ondatrilhos	Veterano M60	03:08:57	+01:18:28	08:13
414	1029	Hugo Ferraz	individual	Senior Masculino	03:08:57	+01:18:28	08:13
415	1748	Carlos figueiredo	individual	Veterano M40	03:09:00	+01:18:31	08:13
416	1149	Manuel Rodrigues	correr leça	Veterano M60	03:09:10	+01:18:41	08:13
417	1004	Jorge Souto	individual	Veterano M40	03:09:10	+01:18:41	08:13
418	1631	Tiago Jesus	baltar trail runners	Senior Masculino	03:09:14	+01:18:45	08:14
419	1410	Vitor Manuel Moreira Viana	clube zipper	Veterano M40	03:09:18	+01:18:49	08:14
420	1324	Lino Moreira	os turbomula	Veterano M60	03:09:35	+01:19:06	08:15
421	1284	Catarina Regalo	viriahtvs runners viseu	Senior Feminino	03:09:35	+01:19:06	08:15
422	1401	CARLOS JORGE	equipa joao ferreira	Veterano M40	03:09:35	+01:19:06	08:15
423	1445	Carina Pereira	individual	Veterana F40	03:10:16	+01:19:47	08:16
424	1790	Bruno Fontes	somos nos team	Senior Masculino	03:10:20	+01:19:51	08:17
425	1117	Carlos Teixeira	individual	Senior Masculino	03:10:28	+01:19:59	08:17
426	1723	Nuno Rocha	individual	Senior Masculino	03:10:29	+01:20:00	08:17
427	1311	José Correia	arcorun	Veterano M40	03:10:29	+01:20:01	08:17
428	1592	José Ferreira	individual	Veterano M40	03:10:35	+01:20:06	08:17
429	1189	Joao Azevedo	individual	Veterano M40	03:10:48	+01:20:19	08:18
430	1031	Rui Rodrigues	mss contabilidade trail team	Veterano M40	03:11:00	+01:20:31	08:18
431	1343	Lourenço Cardoso	baguim runners	Veterano M40	03:11:01	+01:20:32	08:18
432	1155	Carla Pinto	individual	Senior Feminino	03:11:06	+01:20:37	08:19
433	1404	Alvaro Pinto	clube zipper	Veterano M40	03:11:15	+01:20:46	08:19
434	1613	Carlos Vieira	btt alegria // tubani	Senior Masculino	03:11:18	+01:20:49	08:19
435	1599	Alice Ventura	individual	Veterana F40	03:11:19	+01:20:50	08:19
436	1739	PEDRO ADÃO	ofrunning	Veterano M40	03:11:23	+01:20:54	08:19
437	1805	Antonio Pereira	invicta runners team	Veterano M60	03:11:38	+01:21:09	08:20
438	1335	Rolando Paulo	trail running clube btt sanguedo	Veterano M40	03:11:40	+01:21:11	08:20
439	1061	Susana Paula	individual	Senior Feminino	03:11:48	+01:21:19	08:20
440	1713	Carlos Santos	sabius	Senior Masculino	03:11:59	+01:21:30	08:21
441	1012	Helder Marques	salgueiros running	Senior Masculino	03:12:02	+01:21:33	08:21
442	1171	Armando Moreira	clube zipper	Veterano M50	03:12:12	+01:21:43	08:21
443	1314	Jorge Leite	arcorun	Veterano M40	03:12:17	+01:21:48	08:22
444	1321	Nuno Neves	100meta	Senior Masculino	03:12:29	+01:22:00	08:22
445	1476	Pedro Gomes	éjáli...clube de amigos trailrunners	Senior Masculino	03:12:37	+01:22:08	08:22
446	1247	Isabel Pinto Pinto	lion runners - g. d. leões da guarda	Veterana F40	03:12:38	+01:22:09	08:23
447	1235	Luis Almeida	lion runners - g. d. leões da guarda	Veterano M50	03:12:38	+01:22:09	08:23
448	1750	Hugo Sousa	tecla 3 runners	Senior Masculino	03:13:40	+01:23:11	08:25
449	2858	Manuel Pacheco Ferreira	tecla 3 runners	Veterano M40	03:13:40	+01:23:11	08:25

TRILHOS PALEOZÓICO 23K - STAGE 1

23 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
450	1576	José Carlos Pereira Gomes	alto relevo-clube de montanhismo	Veterano M60	03:13:56	+01:23:27	08:26
451	1248	Paulo Brás	lion runners - g. d. leões da guarda	Veterano M50	03:13:58	+01:23:29	08:26
452	1215	Patrícia Conceição	amigos 100 limites	Senior Feminino	03:14:22	+01:23:53	08:27
453	1587	António Gonçalves	individual	Senior Masculino	03:14:23	+01:23:54	08:27
454	1280	Vânia Pirata	acm montemor a correr	Senior Feminino	03:14:23	+01:23:54	08:27
455	1109	Paulo Campos	atalanta runners	Veterano M40	03:14:24	+01:23:55	08:27
456	1261	Isabel Santo	100meta	Senior Feminino	03:14:25	+01:23:56	08:27
457	1541	Nelson Leite	nortrail	Senior Masculino	03:14:27	+01:23:58	08:27
458	1273	Hugo Rocha	nortrail	Senior Masculino	03:14:28	+01:23:59	08:27
459	1738	Joao Dias	ofrunning	Veterano M40	03:14:35	+01:24:06	08:28
460	1639	Jorge Moreira	sentir escariz	Veterano M40	03:14:37	+01:24:08	08:28
461	1420	Ana Margarida Coelho	kemedo team	Veterana F40	03:14:45	+01:24:16	08:28
462	1163	Emanuel Dias	one more mile	Senior Masculino	03:15:29	+01:25:00	08:30
463	1492	José Teixeira	individual	Veterano M40	03:15:35	+01:25:06	08:30
464	1602	Henrique Borges	individual	Veterano M50	03:15:35	+01:25:06	08:30
465	1030	Nuno Capela	núcleo de monanha de espinho	Veterano M40	03:15:42	+01:25:13	08:31
466	1392	Pedro Pereira	navr	Senior Masculino	03:15:45	+01:25:16	08:31
467	1221	Diogo Aguiar	inquipa	Senior Masculino	03:15:47	+01:25:19	08:31
468	1372	Pedro Oliveira	sob efeito trail	Senior Masculino	03:15:58	+01:25:29	08:31
469	1103	Marco Sousa	baltar trail runners	Veterano M40	03:16:02	+01:25:33	08:31
470	1045	Luis Sousa	u.d.sabrosa	Veterano M40	03:16:04	+01:25:35	08:31
471	2361	Samuel Cinzas	acm montemor a correr	Senior Masculino	03:16:19	+01:25:50	08:32
472	1668	António Pinto	leões de tardariz trail	Veterano M50	03:16:28	+01:25:59	08:33
473	1333	António Sá	team lanthemil	Veterano M40	03:16:28	+01:25:59	08:33
474	1257	Emanuel Gomes	team lanthemil	Senior Masculino	03:16:28	+01:25:59	08:33
475	1019	Catarina Amorim	gd castelense	Senior Feminino	03:16:39	+01:26:10	08:33
476	1604	Sandra Silva	befitness runners	Senior Feminino	03:16:39	+01:26:10	08:33
477	1677	Maria Oliveira	braguinha runners	Veterana F50	03:16:41	+01:26:12	08:33
478	1468	Ricardo Novais	att	Senior Masculino	03:16:43	+01:26:14	08:33
479	1463	Ana Porto	individual	Senior Feminino	03:16:44	+01:26:15	08:33
480	1115	Francisco Bartolomeu	team lanthemil	Veterano M40	03:16:46	+01:26:17	08:33
481	1481	Luis Ribeiro	team lanthemil	Veterano M40	03:16:47	+01:26:18	08:33
482	1092	Rui Oliveira	factor x / s4l / medense fc	Senior Masculino	03:17:00	+01:26:31	08:34
483	1523	Ricardo Silva	individual	Veterano M40	03:17:53	+01:27:24	08:36
484	1725	Eliana Pereira	individual	Senior Feminino	03:17:55	+01:27:26	08:36
485	1246	Raul Ferreira	lion runners - g. d. leões da guarda	Veterano M50	03:18:01	+01:27:32	08:37
486	1412	Paula Gualter	clube zipper	Veterana F40	03:18:01	+01:27:32	08:37
487	1060	Ana Sousa	adc são jacinto	Senior Feminino	03:18:03	+01:27:34	08:37
488	1013	Rui Teles	dasdykes	Veterano M40	03:18:04	+01:27:35	08:37
489	1224	Andreia Mota	clube recreativo de candoso	Senior Feminino	03:18:04	+01:27:35	08:37
490	1422	Liliana Vieira	kemedo team	Senior Feminino	03:18:21	+01:27:52	08:37
491	1402	PAULO SILVA	equipa joao ferreira	Veterano M40	03:18:22	+01:27:53	08:37
492	1506	Carla Antunes	dive into the mountains	Veterana F40	03:18:31	+01:28:02	08:38
493	1511	Maria Sá	dive into the mountains	Veterana F40	03:18:32	+01:28:03	08:38
494	1005	Sérgio Rodrigues	os turbomula	Senior Masculino	03:18:43	+01:28:14	08:38
495	1470	João Gallagher	individual	Senior Masculino	03:19:12	+01:28:43	08:40

TRILHOS PALEOZÓICO 23K - STAGE 1

23 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
496	1426	Lucia Nunes	kemedo team	Veterana F40	03:19:12	+01:28:43	08:40
497	1589	Emerson Falcão	individual	Veterano M40	03:19:16	+01:28:47	08:40
498	1499	Ricardo Magalhães	individual	Veterano M40	03:19:28	+01:28:59	08:40
499	1351	Paulo Alves	a.d.amarante trail running	Veterano M40	03:20:35	+01:30:07	08:43
500	1423	Sara Rafael	kemedo team	Veterana F40	03:20:54	+01:30:25	08:44
501	1015	Carlos Pereira	individual	Veterano M40	03:20:58	+01:30:29	08:44
502	1293	Cesar Moreira	gd gonçalo velho	Senior Masculino	03:21:03	+01:30:34	08:44
503	1797	Artur Silva	all about	Veterano M50	03:21:28	+01:30:59	08:46
504	1162	Helder Magalhães	one more mile	Senior Masculino	03:21:34	+01:31:05	08:46
505	1504	David Ribeiro	dive into the mountains	Veterano M40	03:21:40	+01:31:11	08:46
506	1154	Pedro Isabel	corredores de elite	Senior Masculino	03:21:44	+01:31:15	08:46
507	1533	Paula Andrade	vikings trail runners / alcabideque	Veterana F40	03:22:03	+01:31:34	08:47
508	1635	César Rocha	#correratenumdarmais	Veterano M40	03:22:04	+01:31:35	08:47
509	1222	Paulo Nobre	inquipa	Senior Masculino	03:22:21	+01:31:52	08:48
510	1779	Helder Oliveira	adefacec - associação desportiva da efacec	Senior Masculino	03:22:32	+01:32:03	08:48
511	1193	Moreira Tiago	individual	Senior Masculino	03:22:38	+01:32:09	08:49
512	1223	Salome cerqueira	edv-vianatrail	Veterana F40	03:23:02	+01:32:33	08:50
513	1500	Liliana Costa	grupo fontes running team	Senior Feminino	03:23:06	+01:32:37	08:50
514	1777	Filipe Bessa	adefacec - associação desportiva da efacec	Senior Masculino	03:23:11	+01:32:42	08:50
515	1466	Helder Silva	individual	Senior Masculino	03:23:25	+01:32:56	08:51
516	1269	Vitor Teixeira	#correratenumdarmais	Senior Masculino	03:23:36	+01:33:07	08:51
517	1129	Sara Pinheiro	minho e lima trail	Veterana F40	03:23:49	+01:33:20	08:52
518	1689	Luis Vicente	pace.makers	Veterano M40	03:23:53	+01:33:24	08:52
519	1436	Renato Almeida	kemedo team	Senior Masculino	03:23:57	+01:33:28	08:52
520	1437	Jorge Esteves	kemedo team	Veterano M50	03:23:57	+01:33:28	08:52
521	1291	Óscar Figueiredo	individual	Veterano M40	03:24:26	+01:33:57	08:53
522	1344	Joaquim Seca	alto relevo-clube de montanhismo	Veterano M50	03:24:43	+01:34:14	08:54
523	1692	David Teixeira	c+runners	Senior Masculino	03:24:47	+01:34:18	08:54
524	1672	Fernando Mendes	team shark	Veterano M40	03:25:00	+01:34:31	08:55
525	1074	Tiago Dias	team lantermil	Senior Masculino	03:25:19	+01:34:50	08:56
526	1584	Hugo Pereira	team lantermil	Senior Masculino	03:25:19	+01:34:50	08:56
527	1083	Joaquim Santos	cmc carapaus	Veterano M50	03:25:24	+01:34:55	08:56
528	1789	Carlos Maia	eles estão à rasca	Veterano M40	03:25:28	+01:34:59	08:56
529	1818	Paulo Pires	moreira relax runners	Senior Masculino	03:27:15	+01:36:46	09:01
530	1305	Luis Mendes	a.d.amarante trail running	Senior Masculino	03:27:15	+01:36:46	09:01
531	1718	Luis Junqueiro	team equipaboot	Senior Masculino	03:27:23	+01:36:54	09:01
532	1784	Hortense Baptista	cbrunningteam	Veterana F50	03:27:51	+01:37:22	09:02
533	1174	Pedro Mucha	yazaki runners	Veterano M40	03:28:10	+01:37:41	09:03
534	1586	Ana Rodrigues	individual	Senior Feminino	03:28:14	+01:37:46	09:03
535	1283	José Pereira	runners hp	Veterano M50	03:28:17	+01:37:48	09:03
536	1119	Joana Azevedo	marco runners	Senior Feminino	03:28:50	+01:38:21	09:05
537	1340	Paula Cristina Silva	comdor runners	Veterana F40	03:28:54	+01:38:25	09:05
538	1519	Daniel Pinto	comdor runners	Senior Masculino	03:28:54	+01:38:25	09:05
539	1532	Rita Fonseca	individual	Senior Feminino	03:29:08	+01:38:39	09:06
540	1036	Sónia Marçal	pace.makers	Veterana F40	03:30:19	+01:39:50	09:09

TRILHOS PALEOZÓICO 23K - STAGE 1

23 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
541	1142	Paula Guedes	monte dos amigos	Veterana F40	03:30:30	+01:40:01	09:09
542	1486	Mario Taborda	oralklass - amigos do trail	Senior Masculino	03:30:30	+01:40:01	09:09
543	1138	João Ramalho	individual	Veterano M40	03:30:32	+01:40:03	09:09
544	1562	António Pinheiro	individual	Veterano M40	03:30:43	+01:40:14	09:10
545	1575	Tiago Costa	individual	Senior Masculino	03:30:43	+01:40:14	09:10
546	1102	Augusto Silva	juventude cortegacense	Veterano M50	03:30:47	+01:40:18	09:10
547	1751	Isabel Dias	#correratenumdarmais	Veterana F40	03:31:16	+01:40:47	09:11
548	1728	José Lopes	individual	Veterano M40	03:31:23	+01:40:54	09:11
549	1806	Henrique Fontes	empresa das lousas	Senior Masculino	03:31:35	+01:41:06	09:12
550	1380	Maria Conceição Abreu	individual	Veterana F50	03:31:35	+01:41:06	09:12
551	1670	Ana Borges	individual	Senior Feminino	03:32:14	+01:41:45	09:14
552	1741	José Ferreira	individual	Senior Masculino	03:32:17	+01:41:48	09:14
553	1472	José Pinto	nocturnos de paredes	Veterano M40	03:32:22	+01:41:53	09:14
554	1817	Alfredo Ribeiro	all about	Veterano M40	03:32:23	+01:41:54	09:14
555	1123	Rui Augusto	mss contabilidade trail team	Veterano M40	03:32:36	+01:42:07	09:15
556	1363	Pedro Ferreirinha	ctad-trilhos de cinfães	Senior Masculino	03:32:54	+01:42:25	09:15
557	1126	Liseta Pinto	mrr / nice runners	Veterana F40	03:33:14	+01:42:45	09:16
558	1579	Carina Silva	alexandra carvalho team	Senior Feminino	03:33:19	+01:42:50	09:16
559	1440	Inês Mendonça	desliza team/ ozxtreme	Senior Feminino	03:33:25	+01:42:56	09:17
560	1028	Artur Fonseca	ruptura total	Veterano M40	03:33:37	+01:43:08	09:17
561	1721	André Leite	sueca italiana	Senior Masculino	03:34:02	+01:43:33	09:18
562	1446	Nuno Moura	a.d.amarante trail running	Senior Masculino	03:35:05	+01:44:36	09:21
563	1096	Marcia Costa	juventude cortegacense	Veterana F40	03:35:07	+01:44:38	09:21
564	236	Helder Silva	moreira relax runners	Veterano M40	03:35:18	+01:44:49	09:22
565	1505	Hernani Pinto	dive into the mountains	Senior Masculino	03:35:33	+01:45:04	09:22
566	1507	Raquel Oliveira	dive into the mountains	Senior Feminino	03:35:33	+01:45:04	09:22
567	1181	Cláudia Pinto	individual	Veterana F40	03:35:49	+01:45:20	09:23
568	1007	Pedro Santos	j&p running	Senior Masculino	03:35:51	+01:45:22	09:23
569	1341	Catarina Palmeiro	cbrunningteam	Senior Feminino	03:36:11	+01:45:42	09:24
570	1063	José Carvalho	travassós running fafe	Senior Masculino	03:36:20	+01:45:51	09:24
571	1795	Ricardo Carvalho	individual	Senior Masculino	03:36:35	+01:46:06	09:25
572	1838	Sandra Domingues	trinca orelhas de gato	Veterana F40	03:36:46	+01:46:17	09:25
573	1839	Fernando Reis	trinca orelhas de gato	Senior Masculino	03:36:46	+01:46:17	09:25
574	1666	Ricardo Neves	individual	Veterano M40	03:37:13	+01:46:44	09:27
575	1379	Filipe Cunha	aztrail/mercentro	Veterano M40	03:37:20	+01:46:51	09:27
576	1596	Marcos Gandra	individual	Veterano M40	03:37:22	+01:46:53	09:27
577	1682	Nuno Santos	crocodilos/misterpc	Senior Masculino	03:37:28	+01:46:59	09:27
578	1659	Ilídio Freitas	gondomar futsal clube	Veterano M50	03:37:34	+01:47:05	09:28
579	1232	Pedro Fernandes	kalenji running club matosinhos	Veterano M40	03:38:07	+01:47:38	09:29
580	1453	Osvaldo Oliveira	arcorun	Veterano M40	03:38:11	+01:47:42	09:29
581	1323	Sara Silva	individual	Senior Feminino	03:38:12	+01:47:43	09:29
582	1516	Ricardo Ribeiro	kapi	Senior Masculino	03:38:15	+01:47:46	09:29
583	1835	Sérgio Oliveira	individual	Veterano M40	03:38:28	+01:47:59	09:30
584	1041	Pedro Carvalho	individual	Veterano M40	03:38:47	+01:48:18	09:31
585	1660	Celso Mota	gondomar futsal clube	Veterano M40	03:39:19	+01:48:50	09:32
586	1786	Fernando carvalho	individual	Senior Masculino	03:39:22	+01:48:53	09:32

TRILHOS PALEOZÓICO 23K - STAGE 1

23 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
587	1327	Sérgio Guimarães	põem-te a monte	Veterano M40	03:39:33	+01:49:04	09:33
588	1326	Sónia Guimarães	põem-te a monte	Veterana F40	03:39:33	+01:49:04	09:33
589	1145	António Barros	correr leça	Veterano M40	03:40:05	+01:49:36	09:34
590	1147	Dulce Neves	correr leça	Senior Feminino	03:40:05	+01:49:36	09:34
591	1047	ANA CATARINA GOMES	individual	Senior Feminino	03:40:05	+01:49:36	09:34
592	1405	Joao Rodrigues	clube zipper	Senior Masculino	03:40:08	+01:49:39	09:34
593	1585	Filipe Nogueira	os turbomula	Veterano M40	03:40:12	+01:49:43	09:34
594	1133	Paulo Castelo	juventude cortegacense	Veterano M50	03:40:15	+01:49:46	09:35
595	1791	Joel Vale	somos nos team	Senior Masculino	03:41:04	+01:50:35	09:37
596	1753	Nelson Montalvão	os turbomula	Veterano M40	03:41:10	+01:50:41	09:37
597	1377	Marta Mota	individual	Senior Feminino	03:41:10	+01:50:41	09:37
598	1482	César Saraiva Alves	individual	Veterano M40	03:41:14	+01:50:45	09:37
599	1549	Marlene Soares	individual	Senior Feminino	03:41:43	+01:51:14	09:38
600	1610	Mitchell Miranda	jptc	Senior Masculino	03:42:01	+01:51:32	09:39
601	1065	Fernanda Lopes	porto sentido runners	Veterana F40	03:42:09	+01:51:40	09:40
602	1530	Albino Eusebio	baltar trail runners	Senior Masculino	03:42:33	+01:52:04	09:41
603	1629	Oscar Moreira	baltar trail runners	Senior Masculino	03:42:33	+01:52:04	09:41
604	1376	PAULO LIMA	individual	Senior Masculino	03:42:37	+01:52:09	09:41
605	1547	Helder Ferreira	leroy merlin	Senior Masculino	03:42:38	+01:52:09	09:41
606	1571	Saete Oliveira	ade trail running	Senior Feminino	03:42:50	+01:52:21	09:41
607	1170	Manuel Alvarino	leões de tardariz trail	Veterano M40	03:42:55	+01:52:26	09:42
608	1627	Ana dias	team lanthemil	Senior Feminino	03:43:08	+01:52:39	09:42
609	1276	Armindo Ferreira	mirandela a correr	Veterano M40	03:43:36	+01:53:07	09:43
610	1098	Cláudia Marques	individual	Senior Feminino	03:43:46	+01:53:17	09:44
611	1143	Filipe Madureira	invicta running team	Veterano M40	03:43:46	+01:53:17	09:44
612	1322	Sara Quinta	correio de albergaria trail running	Senior Feminino	03:43:52	+01:53:23	09:44
613	1355	Carlos Silva	correio de albergaria trail running	Senior Masculino	03:43:52	+01:53:23	09:44
614	1652	Paulo Fernando	gondomar futsal clube	Veterano M40	03:43:53	+01:53:24	09:44
615	1449	PAULO FERREIRA	portocargo	Veterano M40	03:44:49	+01:54:20	09:46
616	1239	Susana Luis	lion runners - g. d. leões da guarda	Veterana F40	03:44:55	+01:54:26	09:47
617	1403	SAMUEL QUEIRÓS	equipa joao ferreira	Senior Masculino	03:45:37	+01:55:08	09:49
618	1255	Saozita Rosa	em'força	Senior Feminino	03:45:38	+01:55:09	09:49
619	1141	Vítor Silva	invicta runners team	Veterano M40	03:46:36	+01:56:07	09:51
620	1778	Hercilio Santos	adefacec - associação desportiva da efacec	Veterano M50	03:46:43	+01:56:14	09:51
621	91	Isabel Conceição	individual	Senior Feminino	03:46:47	+01:56:18	09:52
622	1183	Antonio Jose Pereira Barbosa	paredes running	Veterano M40	03:47:03	+01:56:34	09:52
623	1064	Manuel Gomes	mss contabilidade trail team	Veterano M40	03:47:27	+01:56:58	09:53
624	1526	Lília Cardoso	runmore team	Senior Feminino	03:47:40	+01:57:11	09:54
625	1755	Marcio Mendes	individual	Senior Masculino	03:47:40	+01:57:11	09:54
626	1764	Rui Moreira	individual	Veterano M40	03:47:43	+01:57:15	09:54
627	1406	António Silva	clube zipper	Veterano M40	03:47:51	+01:57:22	09:54
628	1554	António Rodrigues	mountain runners	Veterano M40	03:48:18	+01:57:49	09:56
629	1564	André Silva	alexandra carvalho team	Senior Masculino	03:48:37	+01:58:08	09:56
630	1673	Claudia Lopes	team shark	Senior Feminino	03:50:03	+01:59:34	10:00
631	1055	Bruno Rodrigues	clube novo banco	Senior Masculino	03:50:15	+01:59:46	10:01

TRILHOS PALEOZÓICO 23K - STAGE 1

23 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
632	1625	Rui Moreira	mccb crew	Senior Masculino	03:50:44	+02:00:15	10:02
633	1616	Ana Campanhã	somos nos team	Senior Feminino	03:50:58	+02:00:29	10:03
634	1754	Paula Moreira	os turbomula	Veterana F40	03:51:33	+02:01:04	10:04
635	1025	Diane Pereira	individual	Senior Feminino	03:51:48	+02:01:19	10:05
636	1082	Mónica Cerqueira	individual	Senior Feminino	03:51:48	+02:01:19	10:05
637	1209	Ricardo Lento	trepatrihos trail team	Senior Masculino	03:51:49	+02:01:20	10:05
638	1799	José Lascasas	all about	Veterano M40	03:52:21	+02:01:53	10:06
639	1828	Adelaide Vigário	gondomar futsal clube	Veterana F50	03:52:22	+02:01:53	10:06
640	1832	Mário Ribeiro	gondomar futsal clube	Veterano M40	03:52:22	+02:01:53	10:06
641	1328	Maria Franco	põem-te a monte	Senior Feminino	03:52:34	+02:02:05	10:07
642	1329	Pedro Pereira	grupo 46/alfa runners	Veterano M40	03:52:34	+02:02:05	10:07
643	1187	Sonia bras	ad amarante trail running	Senior Feminino	03:52:42	+02:02:13	10:07
644	1101	Antonio Oliveira	invicta runners team	Veterano M50	03:52:56	+02:02:27	10:08
645	1366	Rui Oliveira	comdor runners	Veterano M40	03:53:04	+02:02:35	10:08
646	1150	Nuno Morgado	correr leça	Veterano M40	03:53:41	+02:03:12	10:10
647	1146	Carlos Modesto	correr leça	Veterano M40	03:53:41	+02:03:12	10:10
648	1623	Carlos Taveira	individual	Veterano M40	03:54:17	+02:03:48	10:11
649	1078	Mara Freitas	reumático trail team	Senior Feminino	03:54:17	+02:03:48	10:11
650	1756	Miguel Oliveira	individual	Veterano M40	03:54:27	+02:03:58	10:12
651	1641	Sergio Torre	individual	Senior Masculino	03:55:21	+02:04:52	10:14
652	1515	Maria luisa	individual	Veterana F40	03:55:25	+02:04:56	10:14
653	1642	Eduarda Barros	individual	Senior Feminino	03:55:35	+02:05:06	10:15
654	1270	Adalberto Figueiredo	grupo desportivo santander totta	Veterano M40	03:56:39	+02:06:10	10:17
655	1618	Vera Lopes	individual	Veterana F40	03:56:39	+02:06:10	10:17
656	1834	Rosa Costa	individual	Veterana F50	03:57:31	+02:07:02	10:20
657	1002	João Novo	100 sombra	Senior Masculino	03:57:42	+02:07:13	10:20
658	1003	Pedro Santos	100 sombra	Senior Masculino	03:57:42	+02:07:13	10:20
659	1266	Daniela Cunha	individual	Senior Feminino	03:57:42	+02:07:13	10:20
660	1325	Hugo Oliveira	pigs do mato	Senior Masculino	03:57:45	+02:07:16	10:20
661	1164	Mónica Margaride	fit2labor	Veterana F40	03:58:18	+02:07:49	10:22
662	1165	Joaquim Sousa	fit2labor	Veterano M40	03:58:18	+02:07:49	10:22
663	1729	Rui Fernando	team shark	Veterano M50	03:59:27	+02:08:58	10:25
664	1216	Renata Almeida	att	Senior Feminino	04:00:03	+02:09:34	10:26
665	1594	Sílvia Lima	team lanthemil	Senior Feminino	04:00:07	+02:09:38	10:26
666	1016	Carla Sofia Araújo	team lanthemil	Senior Feminino	04:00:07	+02:09:38	10:26
667	1626	Ricardo Moreira	mccb crew	Senior Masculino	04:00:14	+02:09:45	10:27
668	1037	Anabela Santos	pace.makers	Veterana F40	04:02:07	+02:11:38	10:32
669	1313	Sandra Ferreira	arcorun	Veterana F40	04:03:56	+02:13:27	10:36
670	1655	Rui Oliveira	gondomar futsal clube	Senior Masculino	04:04:07	+02:13:38	10:37
671	2135	Maria Alves	mss contabilidade trail team	Veterana F50	04:04:36	+02:14:07	10:38
672	1066	Nelson Sousa	caminheiros de paços	Senior Masculino	04:05:26	+02:14:58	10:40
673	1362	Manuel Silva	arrastassolas	Veterano M40	04:05:31	+02:15:02	10:40
674	1358	Luis Ribeiro	individual	Veterano M40	04:05:31	+02:15:02	10:40
675	1636	António Fernandes	#correratenumdarmais	Veterano M60	04:05:33	+02:15:04	10:41
676	1495	Luis Domingues	corrida e 1 biquito	Senior Masculino	04:07:49	+02:17:20	10:46
677	1528	João Silva	c&b	Senior Masculino	04:08:04	+02:17:35	10:47

TRILHOS PALEOZÓICO 23K - STAGE 1

23 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
678	1243	Susana Faria	lion runners - g. d. leões da guarda	Senior Feminino	04:08:39	+02:18:11	10:49
679	1153	Hugo Machado	c&b	Senior Masculino	04:09:45	+02:19:16	10:52
680	2036	Alvaro Silva	mss contabilidade trail team	Veterano M50	04:10:37	+02:20:08	10:54
681	1829	Ana Sousa	gondomar futsal clube	Veterana F50	04:10:45	+02:20:16	10:54
682	1158	Ismael Carvalho	individual	Veterano M40	04:11:52	+02:21:23	10:57
683	1608	José Xavier	porto sentido runners	Veterano M40	04:11:52	+02:21:23	10:57
684	1057	Carlos Manuel Da Conceição Ferraz	treinos do cacete	Veterano M60	04:11:54	+02:21:25	10:57
685	1555	Emilio Joao Carvalho	mountain runners	Veterano M40	04:12:34	+02:22:05	10:59
686	1250	Margarida Dantas	team lanthemil	Senior Feminino	04:13:34	+02:23:05	11:01
687	1251	Sérgio Bastos	team lanthemil	Senior Masculino	04:13:34	+02:23:05	11:01
688	1811	Paulo Almeida	individual	Senior Masculino	04:15:43	+02:25:14	11:07
689	1809	Carla Costa	individual	Senior Feminino	04:15:43	+02:25:14	11:07
690	1010	Abilio Silva	individual	Veterano M40	04:16:04	+02:25:35	11:08
691	1803	Isabel Manadas	all about	Veterana F40	04:16:48	+02:26:19	11:10
692	1612	Andreia Valente	caga tacos running team	Senior Feminino	04:17:09	+02:26:40	11:11
693	1512	Diana Moura	dive into the mountains	Veterana F40	04:18:28	+02:27:59	11:14
694	1513	Pedro Costa	dive into the mountains	Veterano M40	04:18:28	+02:27:59	11:14
695	1561	Lindolfo Sol	individual	Veterano M40	04:20:18	+02:29:49	11:19
696	1352	Graça Carvalho	a.d.amarante trail running	Veterana F40	04:20:41	+02:30:12	11:20
697	1597	Andreia Fontainhas	olímpico vianense trail	Senior Feminino	04:21:39	+02:31:10	11:23
698	3170	Ligia Fernandes	cmi montanhismo	Veterana F40	04:21:39	+02:31:10	11:23
699	1260	Miguel Barbosa	equipa boot	Veterano M40	04:26:18	+02:35:49	11:35
700	1417	Pedro Barbosa	equipa boot	Senior Masculino	04:26:18	+02:35:49	11:35
701	1441	Elisabete Jeronimo	individual	Senior Feminino	04:27:21	+02:36:52	11:37
702	2794	Ana Duarte	mss contabilidade trail team	Veterana F40	04:27:39	+02:37:10	11:38
703	1275	Luisa Cirne	invicta runners team	Senior Feminino	04:30:35	+02:40:06	11:46
704	1237	Joana Martins	lion runners - g. d. leões da guarda	Veterana F40	04:34:09	+02:43:40	11:55
705	1289	Anabela Cunha	lion runners - g. d. leões da guarda	Veterana F40	04:34:09	+02:43:40	11:55
706	1240	Cristina Gonçalves	lion runners - g. d. leões da guarda	Veterana F40	04:34:09	+02:43:40	11:55
707	1054	Augusto Lopes	clube novo banco	Veterano M50	04:40:44	+02:50:15	12:12
708	1318	Diogo Oliveira	arcorun	Senior Masculino	04:44:02	+02:53:33	12:21
709	1415	Emília Galinha	trilho perdido eventos / imporlux	Veterana F50	05:01:26	+03:10:57	13:06
710	1719	Carla Barbosa	individual	Veterana F40	05:04:50	+03:14:21	13:15
711	1241	Raquel Santos	lion runners - g. d. leões da guarda	Senior Feminino	05:04:50	+03:14:21	13:15
712	1383	Barbara Gonçalves	equipaboot	Senior Feminino	05:07:00	+03:16:31	13:21
713	1467	Ana Monteiro	equipa boot	Senior Feminino	05:11:59	+03:21:30	13:34
714	1354	Claudia santos	equipa boot	Senior Feminino	05:12:28	+03:21:59	13:35
715	1048	Lurdes Rocha	individual	Veterana F40	05:17:52	+03:27:24	13:49
716	1077	CARMINA GOMES	individual	Senior Feminino	05:17:53	+03:27:24	13:49
717	1785	Ingrid Rocha	individual	Senior Feminino	05:22:06	+03:31:37	14:00

Trilhos Paleozóico 23K

23 KM

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OFFICIAL RESULT

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REVISED

	Time	Temperature	Humidity
Start	09:30	-99°C	-99%
End	14:52	13°C	62%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	1381	Carla Moreira	A.D.Amarante trail running	Senior Feminino	02:13:55	+23:26	05:49
2	1303	Paula Soares	A.D.Amarante trail running	Senior Feminino	02:13:55	+23:26	05:49
3	1214	Daniela Russo	Oralklass - Amigos Do Trail	Senior Feminino	02:15:19	+24:51	05:53
4	1298	Angela Soares	A.D.Amarante trail running	Senior Feminino	02:35:25	+44:56	06:45
5	1368	Renata Vinagre	Ozxtreme/ADCRPereira	Senior Feminino	02:36:46	+46:17	06:49
6	1369	Andreia Almeida	Fridão Sem Limites	Senior Feminino	02:38:38	+48:10	06:54
7	1617	Adriana Dias	Individual	Senior Feminino	02:39:29	+49:01	06:56
8	1766	Ana Campos	Shots International Runners	Senior Feminino	02:39:31	+49:02	06:56
9	1814	Mafalda Moniz	AMCF - ARRÁBIDA TRAIL TEAM	Senior Feminino	02:39:50	+49:21	06:57
10	1714	Maria Ramos	DCIICCDRPedrulha - Mealhada	Senior Feminino	02:40:05	+49:36	06:58
11	1744	Helena Cerqueda	LA Zinco	Senior Feminino	02:40:30	+50:01	06:59
12	1735	Susana alves	EDL TRAIL	Senior Feminino	02:49:10	+58:41	07:21
13	1371	Vera Fernandes	Águias de Alvelos	Senior Feminino	02:49:37	+59:08	07:22
14	1337	Ana Teixeira	Clube de Atletismo Trail Runners da Ponte	Senior Feminino	02:50:29	+01:00:00	07:25
15	1503	Fátima Oliveira	DiVE Into The Mountains	Senior Feminino	02:50:37	+01:00:08	07:25
16	1382	Claudia Moreira	A.D.Amarante trail running	Senior Feminino	02:53:00	+01:02:31	07:31
17	1421	Jennifer Leal	KeMedo Team	Senior Feminino	02:53:02	+01:02:33	07:31
18	1796	Vera Fernandes	Individual	Senior Feminino	02:55:23	+01:04:54	07:38
19	1062	Ana Rita Carneiro	EDL Trail	Senior Feminino	02:59:57	+01:09:28	07:49
20	1731	Patricia Ribeiro	Mountain Runners	Senior Feminino	03:00:34	+01:10:05	07:51
21	1259	Anabela Cordeiro	Individual	Senior Feminino	03:00:48	+01:10:20	07:52
22	1550	Sílvia Gomes	Correio de Albergaria Trail Running	Senior Feminino	03:01:32	+01:11:03	07:54
23	1204	Patrícia Silva	Monsanto Running Team	Senior Feminino	03:02:13	+01:11:44	07:55
24	1657	Mafalda Luís	GONDOMAR FUTSAL CLUBE	Senior Feminino	03:02:19	+01:11:50	07:56
25	1236	Camila Mendes	LION RUNNERS - G. D. Leões da Guarda	Senior Feminino	03:02:53	+01:12:24	07:57
26	1662	Ana Ferreira	GONDOMAR FUTSAL CLUBE	Senior Feminino	03:03:03	+01:12:34	07:58
27	1595	Carla Araújo	Individual	Senior Feminino	03:06:21	+01:15:52	08:06
28	1763	Mafalda Valente	Individual	Senior Feminino	03:07:10	+01:16:41	08:08
29	1128	Daniela Costa	ACM Montemor a Correr	Senior Feminino	03:07:11	+01:16:42	08:08
30	1284	Catarina Regalo	Viriathvs Runners Viseu	Senior Feminino	03:09:35	+01:19:06	08:15
31	1155	Carla Pinto	Individual	Senior Feminino	03:11:06	+01:20:37	08:19
32	1061	Susana Paula	Individual	Senior Feminino	03:11:48	+01:21:19	08:20
33	1215	Patrícia Conceição	Amigos 100 Limites	Senior Feminino	03:14:22	+01:23:53	08:27
34	1280	Vânia Pirata	ACM Montemor a Correr	Senior Feminino	03:14:23	+01:23:54	08:27
35	1261	Isabel Santo	100Meta	Senior Feminino	03:14:25	+01:23:56	08:27
36	1019	Catarina Amorim	GD CASTELENSE	Senior Feminino	03:16:39	+01:26:10	08:33
37	1604	Sandra Silva	Befitness Runners	Senior Feminino	03:16:39	+01:26:10	08:33
38	1463	Ana Porto	Individual	Senior Feminino	03:16:44	+01:26:15	08:33

Official Timekeeper: Lap2Go	1 / 18	generate 19-Mar-2018 18:34
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Trilhos Paleozóico 23K

23 KM

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OFFICIAL RESULT

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REVISED

39	1725	Eliana Pereira	Individual	Senior Feminino	03:17:55	+01:27:26	08:36
40	1060	Ana Sousa	ADC São Jacinto	Senior Feminino	03:18:03	+01:27:34	08:37
41	1224	Andreia Mota	Clube Recreativo de Candoso	Senior Feminino	03:18:04	+01:27:35	08:37
42	1422	Liliana Vieira	KeMedo Team	Senior Feminino	03:18:21	+01:27:52	08:37
43	1500	Liliana Costa	GRUPO FONTES RUNNING TEAM	Senior Feminino	03:23:06	+01:32:37	08:50
44	1586	Ana Rodrigues	Individual	Senior Feminino	03:28:14	+01:37:46	09:03
45	1119	Joana Azevedo	Marco Runners	Senior Feminino	03:28:50	+01:38:21	09:05
46	1532	Rita Fonseca	Individual	Senior Feminino	03:29:08	+01:38:39	09:06
47	1670	Ana Borges	Individual	Senior Feminino	03:32:14	+01:41:45	09:14
48	1579	Carina Silva	Alexandra Carvalho Team	Senior Feminino	03:33:19	+01:42:50	09:16
49	1440	Inês Mendonça	Desliza team/ ozxtreme	Senior Feminino	03:33:25	+01:42:56	09:17
50	1507	Raquel Oliveira	DiVE Into The Mountains	Senior Feminino	03:35:33	+01:45:04	09:22
51	1341	Catarina Palmeiro	CBrunningTEAM	Senior Feminino	03:36:11	+01:45:42	09:24
52	1323	Sara Silva	Individual	Senior Feminino	03:38:12	+01:47:43	09:29
53	1147	Dulce Neves	CORRER LEÇA	Senior Feminino	03:40:05	+01:49:36	09:34
54	1047	ANA CATARINA GOMES	Individual	Senior Feminino	03:40:05	+01:49:36	09:34
55	1377	Marta Mota	Individual	Senior Feminino	03:41:10	+01:50:41	09:37
56	1549	Marlene Soares	Individual	Senior Feminino	03:41:43	+01:51:14	09:38
57	1571	Saete Oliveira	ADE Trail Running	Senior Feminino	03:42:50	+01:52:21	09:41
58	1627	Ana dias	Team Lantemil	Senior Feminino	03:43:08	+01:52:39	09:42
59	1098	Cláudia Marques	Individual	Senior Feminino	03:43:46	+01:53:17	09:44
60	1322	Sara Quinta	Correio de Albergaria Trail Running	Senior Feminino	03:43:52	+01:53:23	09:44
61	1255	Saozita Rosa	Em'força	Senior Feminino	03:45:38	+01:55:09	09:49
62	91	Isabel Conceição	Individual	Senior Feminino	03:46:47	+01:56:18	09:52
63	1526	Lilia Cardoso	RunMore Team	Senior Feminino	03:47:40	+01:57:11	09:54
64	1673	Claudia Lopes	Team Shark	Senior Feminino	03:50:03	+01:59:34	10:00
65	1616	Ana Campanhã	Somos nos team	Senior Feminino	03:50:58	+02:00:29	10:03
66	1025	Diane Pereira	Individual	Senior Feminino	03:51:48	+02:01:19	10:05
67	1082	Mónica Cerqueira	Individual	Senior Feminino	03:51:48	+02:01:19	10:05
68	1328	Maria Franco	Põem-te a Monte	Senior Feminino	03:52:34	+02:02:05	10:07
69	1187	Sonia bras	AD AMARANTE TRAIL RUNNING	Senior Feminino	03:52:42	+02:02:13	10:07
70	1078	Mara Freitas	reumático trail team	Senior Feminino	03:54:17	+02:03:48	10:11
71	1642	Eduarda Barros	Individual	Senior Feminino	03:55:35	+02:05:06	10:15
72	1266	Daniela Cunha	Individual	Senior Feminino	03:57:42	+02:07:13	10:20
73	1216	Renata Almeida	Att	Senior Feminino	04:00:03	+02:09:34	10:26
74	1594	Sílvia Lima	Team Lantemil	Senior Feminino	04:00:07	+02:09:38	10:26
75	1016	Carla Sofia Araújo	Team Lantemil	Senior Feminino	04:00:07	+02:09:38	10:26
76	1243	Susana Faria	LION RUNNERS - G. D. Leões da Guarda	Senior Feminino	04:08:39	+02:18:11	10:49
77	1250	Margarida Dantas	Team Lantemil	Senior Feminino	04:13:34	+02:23:05	11:01
78	1809	Carla Costa	Individual	Senior Feminino	04:15:43	+02:25:14	11:07
79	1612	Andreia Valente	Caga Tacos Running Team	Senior Feminino	04:17:09	+02:26:40	11:11
80	1597	Andreia Fontainhas	Olímpico Vianense Trail	Senior Feminino	04:21:39	+02:31:10	11:23
81	1441	Elisabete Jeronimo	Individual	Senior Feminino	04:27:21	+02:36:52	11:37
82	1275	Luisa Cirne	Invicta Runners Team	Senior Feminino	04:30:35	+02:40:06	11:46

Official Timekeeper: Lap2Go	2 / 18	generate 19-Mar-2018 18:34
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Trilhos Paleozóico 23K

23 KM

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OFFICIAL RESULT

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REVISED

83	1241	Raquel Santos	LION RUNNERS - G. D. Leões da Guarda	Senior Feminino	05:04:50	+03:14:21	13:15
84	1383	Barbara Gonçalves	EquipaBoot	Senior Feminino	05:07:00	+03:16:31	13:21
85	1467	Ana Monteiro	Equipa Boot	Senior Feminino	05:11:59	+03:21:30	13:34
86	1354	Claudia santos	equipa boot	Senior Feminino	05:12:28	+03:21:59	13:35
87	1077	CARMINA GOMES	Individual	Senior Feminino	05:17:53	+03:27:24	13:49
88	1785	Ingrid Rocha	Individual	Senior Feminino	05:22:06	+03:31:37	14:00

Senior Masculino

1	1461	NUNO ALVES	Oralklass - Amigos Do Trail	Senior Masculino	01:50:28	04:48
2	1442	Fernando Lemos	Gaia Trail	Senior Masculino	01:50:57	+00:28 04:49
3	1300	Paulo Costa	A.D.Amarante trail running	Senior Masculino	01:51:44	+01:15 04:51
4	1810	Fábio Pinto	A.D.Amarante trail running	Senior Masculino	01:54:59	+04:30 05:00
5	1304	Carlos Queirós	A.D.Amarante trail running	Senior Masculino	01:59:28	+08:59 05:12
6	1356	Rui Azevedo	Fridão Sem Limites	Senior Masculino	01:59:54	+09:25 05:13
7	1833	Pedro Tapadas	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:00:00	+09:31 05:13
8	1687	Gonçalo Henriques	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	Senior Masculino	02:01:01	+10:32 05:16
9	1455	FERNANDO NEVES	Oralklass - Amigos Do Trail	Senior Masculino	02:01:16	+10:47 05:16
10	1460	LUÍS MARTINS	Oralklass - Amigos Do Trail	Senior Masculino	02:01:35	+11:06 05:17
11	1671	Diogo Nunes	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	Senior Masculino	02:03:58	+13:29 05:23
12	1788	Armando Pereira	Gaia Trail	Senior Masculino	02:04:28	+13:59 05:25
13	1694	Nuno Coelho	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	Senior Masculino	02:04:30	+14:01 05:25
14	1546	NUNO PEREIRA	Oralklass - Amigos Do Trail	Senior Masculino	02:05:06	+14:37 05:26
15	1039	Sérgio Silva	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	02:06:10	+15:41 05:29
16	1720	Joel Silva	A.D.Amarante trail running	Senior Masculino	02:06:40	+16:11 05:30
17	1375	Ricardo Rego	Clube Zupper	Senior Masculino	02:07:20	+16:51 05:32
18	1774	Bruno Santiago	Gaia Trail	Senior Masculino	02:08:47	+18:18 05:36
19	1558	Tiago Soares	Moinhos run - ADRM	Senior Masculino	02:08:56	+18:27 05:36
20	1836	Hélio Dias	AD AMARANTE TRAIL RUNNING	Senior Masculino	02:08:56	+18:27 05:36
21	1100	Fernando Rosa	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	Senior Masculino	02:08:59	+18:30 05:36
22	1374	José Ferreira	Individual	Senior Masculino	02:09:58	+19:29 05:39
23	1268	Bernardino Pinto	Dr. Merino/4moove	Senior Masculino	02:10:09	+19:40 05:40
24	1600	Diogo Pimenta	DCI\CCDRPedrulha - Mealhada	Senior Masculino	02:10:46	+20:17 05:41
25	1370	Ricardo Nunes	Fridão Sem Limites	Senior Masculino	02:10:58	+20:29 05:42
26	1669	Daniel Ribeiro	BitRunners	Senior Masculino	02:12:16	+21:47 05:45
27	1389	Tiago Pinto	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Senior Masculino	02:12:45	+22:16 05:46
28	1456	FILIPE CARNEIRO	Oralklass - Amigos Do Trail	Senior Masculino	02:12:59	+22:30 05:47
29	1710	Marcelo Araújo	Individual	Senior Masculino	02:13:13	+22:45 05:48
30	1542	Rui Rodrigues	GO!Runners / Outpro Store	Senior Masculino	02:13:15	+22:46 05:48
31	1079	Marcelo Ramos Martins Marcelo	EDL Trail	Senior Masculino	02:14:49	+24:20 05:52
32	1233	Adão Monteiro	Fridão Sem Limites	Senior Masculino	02:15:09	+24:41 05:53

Official Timekeeper: Lap2Go	3 / 18	generate 19-Mar-2018 18:34
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Trilhos Paleozóico 23K

23 KM

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OFFICIAL RESULT

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REVISED

33	1724	Filipe Sousa	Factor X / S4L / Medense FC	Senior Masculino	02:16:44	+26:15	05:57
34	1073	David Ventura Gonçalves	Individual	Senior Masculino	02:17:35	+27:06	05:59
35	1619	Antonio Pinto	MONTE DOS AMIGOS	Senior Masculino	02:17:53	+27:24	06:00
36	1395	Rui Reis	Hsantamariart	Senior Masculino	02:18:11	+27:42	06:00
37	1457	FRANCISCO FIGUEIREDO	Oralklass - Amigos Do Trail	Senior Masculino	02:18:26	+27:57	06:01
38	1391	Diogo Silva	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Senior Masculino	02:18:42	+28:13	06:02
39	146	Mario Melo	GALHARDOS RUNNERS	Senior Masculino	02:18:58	+28:29	06:03
40	1384	Bruno Santos	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Senior Masculino	02:18:58	+28:29	06:03
41	1781	Helder Antunes	AB cansado trail	Senior Masculino	02:19:01	+28:32	06:03
42	1615	Alcides Barbosa	AZtrail/Mercentro	Senior Masculino	02:19:03	+28:34	06:03
43	1693	Jose Figueiredo Fonseca	Individual	Senior Masculino	02:19:12	+28:43	06:03
44	1023	Pedro Nunes	Individual	Senior Masculino	02:19:21	+28:52	06:04
45	1206	Joaquim Mota	JUVENTUDE CORTEGACENSE	Senior Masculino	02:19:28	+28:59	06:04
46	1418	Francisco Castro	Individual	Senior Masculino	02:19:38	+29:09	06:04
47	1590	Bruno Casal	Individual	Senior Masculino	02:19:48	+29:19	06:05
48	1525	Henrique Barbosa	Individual	Senior Masculino	02:21:35	+31:06	06:09
49	1645	Luís Silva	Aliança de Gandra	Senior Masculino	02:22:24	+31:55	06:11
50	1197	Jacinto Sousa	Individual	Senior Masculino	02:22:56	+32:27	06:13
51	1159	José Cruz	Ei Team Trail	Senior Masculino	02:22:57	+32:28	06:13
52	1026	Carvalho Carlos	caminheiros de paços	Senior Masculino	02:24:03	+33:34	06:16
53	1409	Paulo Silva	Clube Zupper	Senior Masculino	02:24:04	+33:35	06:16
54	1386	Hugo Moreira	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Senior Masculino	02:24:06	+33:38	06:16
55	1373	Filipe Teixeira	Individual	Senior Masculino	02:24:31	+34:02	06:17
56	1190	Mário Ferreira	LEÕES DE TARDARIZ TRAIL	Senior Masculino	02:24:34	+34:05	06:17
57	1487	Nuno Cunha	Clube Zupper	Senior Masculino	02:24:49	+34:20	06:18
58	1591	Paulo Santos	Individual	Senior Masculino	02:26:05	+35:36	06:21
59	1477	Carlos Carola	Aboim Jovem	Senior Masculino	02:26:25	+35:56	06:22
60	1580	Bruno Moreira	Nocturnos de Paredes	Senior Masculino	02:27:56	+37:27	06:26
61	1018	David Gonçalves	Factor X / S4L / Medense FC	Senior Masculino	02:28:37	+38:08	06:28
62	1176	Ricardo Miguel Branco Carvalho	Ei Team Trail	Senior Masculino	02:28:38	+38:09	06:28
63	1194	Joaquim Carvalho	Factor X / S4L / Medense FC	Senior Masculino	02:29:16	+38:47	06:29
64	1254	Pedro Botelho	ALGARUNNERS	Senior Masculino	02:29:17	+38:48	06:29
65	1497	Bruno Barge	AZtrail/Mercentro	Senior Masculino	02:29:28	+38:59	06:30
66	1502	Paulo Ferreira	DiVe Into The Mountains	Senior Masculino	02:29:45	+39:16	06:31
67	1040	Filipe Póvoas	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	02:29:58	+39:29	06:31
68	1265	Miguel Alves	LEÕES DE TARDARIZ TRAIL	Senior Masculino	02:30:33	+40:04	06:33
69	1840	Rui Costa	Individual	Senior Masculino	02:32:13	+41:44	06:37
70	1095	Rogério Torres	Team Lantemil	Senior Masculino	02:32:24	+41:56	06:38
71	1399	Mário Galhano	Individual	Senior Masculino	02:32:28	+41:59	06:38
72	1794	Gil Silva	CROCODILOS/MISTERPC	Senior Masculino	02:32:34	+42:05	06:38
73	1357	Gabriel Coutinho	Individual	Senior Masculino	02:33:48	+43:19	06:41
74	1702	José Duarte	CLAC Entroncamento/OndaTrilhos	Senior Masculino	02:34:27	+43:58	06:43
75	1172	Bruno Monteiro	Gaia Vertical	Senior Masculino	02:34:40	+44:11	06:43
76	1217	António Fernandes	Individual	Senior Masculino	02:34:41	+44:12	06:44

Official Timekeeper: Lap2Go	4 / 18	generate 19-Mar-2018 18:34
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Trilhos Paleozóico 23K

23 KM

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77	1812	Miguel Cruz	BitRunners	Senior Masculino	02:34:41	+44:12	06:44
78	1107	Rui Martins	JUVENTUDE CORTEGACENSE	Senior Masculino	02:34:45	+44:16	06:44
79	1711	Nuno Faria	Teamtrail3pros15	Senior Masculino	02:35:24	+44:55	06:45
80	1285	Pedro Cancelo	Clube Zupper	Senior Masculino	02:35:26	+44:57	06:45
81	1691	Miguel Santos	Moinhos run - ADRM	Senior Masculino	02:35:35	+45:06	06:46
82	1277	Mário Pinto	ACM Montemor a Correr	Senior Masculino	02:36:23	+45:54	06:48
83	1226	Carlos Silva	Trinca Orelhas de Gato	Senior Masculino	02:36:30	+46:01	06:48
84	1780	Paulo Silva	AB cansado trail	Senior Masculino	02:37:02	+46:33	06:50
85	1678	Miguel Moura	Miguel Moura Trail	Senior Masculino	02:37:15	+46:46	06:50
86	181	Hugo Teixeira	KeMedo Team	Senior Masculino	02:37:34	+47:05	06:51
87	1088	Pedro Neves	JUVENTUDE DESPORTIVA DE GONDOMAR	Senior Masculino	02:37:57	+47:28	06:52
88	1108	Luis Miguel Barbosa	CERVEIRA TEAM RUNNING	Senior Masculino	02:38:22	+47:53	06:53
89	1535	Renato Martins	NAST	Senior Masculino	02:38:28	+47:59	06:53
90	1583	Luís Júnior	RUNNERS DO DEMO	Senior Masculino	02:38:33	+48:04	06:54
91	1134	Pedro Pinto	JUVENTUDE CORTEGACENSE	Senior Masculino	02:38:39	+48:10	06:54
92	1113	João Ricardo	vimarunners	Senior Masculino	02:39:01	+48:32	06:55
93	1390	Vitor Rio	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Senior Masculino	02:39:09	+48:40	06:55
94	1213	Marcio Teixeira	Fridão Sem Limites	Senior Masculino	02:39:19	+48:51	06:56
95	1537	Daniel Campaniço	Évora Night Runners	Senior Masculino	02:39:47	+49:18	06:57
96	1831	Manuel Silva	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:39:48	+49:19	06:57
97	1286	Fábio Santos	Hsantamariart	Senior Masculino	02:39:52	+49:23	06:57
98	1443	Roberto Freitas	A. D. Sebolido Trail Boneca Douro	Senior Masculino	02:40:12	+49:43	06:58
99	1773	Gil Araújo	AfifenseTrail	Senior Masculino	02:40:34	+50:05	06:59
100	1478	Daniel Silva	Nocturnos de Paredes	Senior Masculino	02:40:37	+50:08	06:59
101	1044	Hugo Santos	Individual	Senior Masculino	02:41:09	+50:40	07:00
102	1295	Ricardo Magalhães	A.D.Amarante trail running	Senior Masculino	02:41:19	+50:50	07:01
103	1132	Paulo Silva	Movol	Senior Masculino	02:41:47	+51:18	07:02
104	1137	Pedro Cruz	Corredores de Elite	Senior Masculino	02:41:53	+51:24	07:02
105	2429	Ricardo Machado	Trinca Orelhas de Gato	Senior Masculino	02:42:16	+51:47	07:03
106	1830	André Trigais	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:42:28	+51:59	07:04
107	1106	Joel Sequeira	JUVENTUDE CORTEGACENSE	Senior Masculino	02:42:37	+52:08	07:04
108	1050	Luís Gomes	CruzeRun	Senior Masculino	02:42:44	+52:15	07:05
109	1722	Eduardo Ferreira	RUNNERS DO DEMO	Senior Masculino	02:43:06	+52:38	07:05
110	1075	Helder Parracho	Individual	Senior Masculino	02:43:11	+52:42	07:06
111	1471	Frederico Carvalho	ESPAÇO SAÚDE	Senior Masculino	02:43:49	+53:20	07:07
112	1398	Daniel Santos	A.D.Amarante trail running	Senior Masculino	02:44:35	+54:06	07:09
113	1249	Fernando Sampaio	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	02:44:56	+54:27	07:10
114	1242	Bruno Monteiro	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	02:45:02	+54:33	07:11
115	1783	Marcio Castro	Individual	Senior Masculino	02:45:13	+54:44	07:11
116	1675	Hugo Esteves	Ei Team Trail	Senior Masculino	02:45:21	+54:52	07:11
117	1049	Damião Duarte	Travassós Running Fafe	Senior Masculino	02:45:22	+54:53	07:11
118	1180	Miguel Ribeiro	Police Challenge Team	Senior Masculino	02:45:38	+55:09	07:12
119	1022	Jorge Pinheiro	LMTT	Senior Masculino	02:46:00	+55:31	07:13
120	1697	António Farreira	CLAC Entroncamento/OndaTrilhos	Senior Masculino	02:46:03	+55:34	07:13

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Trilhos Paleozóico 23K

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121	1501	Carlos Barros	SALAMANDRECOS	Senior Masculino	02:46:11	+55:42	07:14
122	1813	Daniel Luís	Clube de Atletismo Trail Runners da Ponte	Senior Masculino	02:46:34	+56:05	07:15
123	1483	Paulo Araújo	A. D. Sebolido Trail Boneca Douro	Senior Masculino	02:46:54	+56:25	07:15
124	1737	José Lima	AfifenseTrail	Senior Masculino	02:46:54	+56:26	07:15
125	1768	Tiago Rodrigues	Associação Pombal Jovem	Senior Masculino	02:46:56	+56:27	07:15
126	1684	Pedro Santos	CROCODILOS/MISTERPC	Senior Masculino	02:47:37	+57:08	07:17
127	1349	Bruno dias	A-Team	Senior Masculino	02:47:45	+57:16	07:18
128	1252	Miguel Coutinho	ALGARUNNERS	Senior Masculino	02:48:08	+57:39	07:19
129	1348	Rafael almeida	A-Team	Senior Masculino	02:48:11	+57:42	07:19
130	1411	Rui Bessa	Sob Efeito Trail	Senior Masculino	02:48:20	+57:51	07:19
131	1769	Bruno Barros	Individual	Senior Masculino	02:48:24	+57:55	07:19
132	1056	Pedro Miguel da Silva Ferreira	Airão Trail Team	Senior Masculino	02:48:36	+58:07	07:20
133	1130	João Figueiredo	Individual	Senior Masculino	02:49:35	+59:06	07:22
134	1648	Telmo Mendonça	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:49:42	+59:13	07:23
135	1649	Vitor Fernandes	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:49:43	+59:14	07:23
136	1539	Marcelo pinto	CLUBE AMADOR DE MIRANDELA	Senior Masculino	02:49:53	+59:24	07:23
137	1127	Bruno Espadeiro	BE ENERGY	Senior Masculino	02:49:54	+59:25	07:23
138	1695	Bruno Rocha	Fit Gaia Trail	Senior Masculino	02:50:05	+59:36	07:24
139	1574	Ricardo Pinto	éjáli...clube de amigos trailrunners	Senior Masculino	02:50:29	+01:00:00	07:25
140	1105	Vasco Escobar	Ei Team Trail	Senior Masculino	02:50:39	+01:00:10	07:25
141	1220	David Manuel Borges Nogueira	Individual	Senior Masculino	02:50:54	+01:00:25	07:26
142	1198	Daniel Silva	Grupo Desportivo Banco de Portugal	Senior Masculino	02:51:54	+01:01:25	07:28
143	1307	Filipe Cardoso Cardoso	Nem que chova	Senior Masculino	02:51:55	+01:01:26	07:28
144	1173	Domingos Teixeira	Individual	Senior Masculino	02:52:05	+01:01:36	07:29
145	1529	José Barroso	baltar trail runners	Senior Masculino	02:52:16	+01:01:47	07:29
146	1212	Gonçalo Vergueiro	ADABEM RUNNING TEAM	Senior Masculino	02:52:26	+01:01:57	07:30
147	1211	João Pedro Gonçalves Cruz	ADABEM RUNNING TEAM	Senior Masculino	02:52:26	+01:01:57	07:30
148	1262	Ricardo Carvalho	CTAD-Trilhos de Cinfães	Senior Masculino	02:52:47	+01:02:18	07:31
149	1690	Simao Sousa	Moinhos run - ADRM	Senior Masculino	02:53:00	+01:02:31	07:31
150	1408	Helder Mendes	Clube Zupper	Senior Masculino	02:53:19	+01:02:51	07:32
151	1042	Fábio Campos	CruzeRun	Senior Masculino	02:53:24	+01:02:56	07:32
152	1186	Nelson Amaral	Individual	Senior Masculino	02:53:39	+01:03:10	07:33
153	1024	Rui Sousa	Individual	Senior Masculino	02:53:43	+01:03:14	07:33
154	1021	Eduardo Neves	OFRUNNING	Senior Masculino	02:54:04	+01:03:35	07:34
155	1493	Luis Ramos	Individual	Senior Masculino	02:54:12	+01:03:43	07:34
156	1593	Armando Moreno	Individual	Senior Masculino	02:54:27	+01:03:58	07:35
157	1646	Sérgio Pereira	Aliança de Gandra	Senior Masculino	02:54:38	+01:04:09	07:36
158	1761	Jorge Costa	Individual	Senior Masculino	02:54:40	+01:04:11	07:36
159	1353	Bruno Mota	KuantoKusta	Senior Masculino	02:55:05	+01:04:36	07:37
160	1210	Helder rodrigues	TrepaTrilhos Trail Team	Senior Masculino	02:55:23	+01:04:54	07:38
161	1152	Tiago Coelho	CORRER LEÇA	Senior Masculino	02:55:57	+01:05:28	07:39
162	1001	Bruno Ramiro	KeMedo Team	Senior Masculino	02:56:16	+01:05:47	07:40
163	1717	Daniel Moreira	Individual	Senior Masculino	02:56:50	+01:06:21	07:41
164	1654	Hermenegildo Mendes	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:57:15	+01:06:46	07:42

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165	247	Bruno Gomes	CROCODILOS/MISTERPC	Senior Masculino	02:57:23	+01:06:54	07:43
166	1011	Gerson Alves	KeMedo Team	Senior Masculino	02:57:31	+01:07:02	07:43
167	1184	Pedro Oliveira	OFRunning	Senior Masculino	02:57:42	+01:07:13	07:44
168	1093	Pedro Lopes	Factor X / S4L / Medense FC	Senior Masculino	02:58:10	+01:07:41	07:45
169	1033	Ricardo Moreira	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	02:58:17	+01:07:48	07:45
170	1588	Emanuel Almeida	ComDor Runners	Senior Masculino	03:01:29	+01:11:00	07:53
171	1474	Helder Teles	Amigos do Pedal TraiLagares	Senior Masculino	03:02:03	+01:11:34	07:55
172	1360	Mario Santos	ARRASTASSOLAS	Senior Masculino	03:02:22	+01:11:53	07:56
173	1556	Pedro Costa	Individual	Senior Masculino	03:03:31	+01:13:02	07:59
174	1191	Tiago Sequeira	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	03:04:42	+01:14:13	08:02
175	1429	Luis Silva	KeMedo Team	Senior Masculino	03:04:52	+01:14:23	08:02
176	1581	Jorge Sousa	Individual	Senior Masculino	03:04:59	+01:14:30	08:03
177	1122	Paulo Morais	Clube Zupper	Senior Masculino	03:05:01	+01:14:33	08:03
178	1199	Diogo Silva	Grupo Desportivo Banco de Portugal	Senior Masculino	03:05:34	+01:15:05	08:04
179	1734	Bruno Pereira	Individual	Senior Masculino	03:05:40	+01:15:11	08:04
180	1017	Jorge Alves	Invicta Running Team	Senior Masculino	03:05:44	+01:15:15	08:05
181	1551	Antonio Goncalves	Individual	Senior Masculino	03:06:26	+01:15:57	08:06
182	1179	Miguel Almeida	ADC SÃO JACINTO	Senior Masculino	03:06:49	+01:16:20	08:07
183	1178	Tiago Cruz	ADC SÃO JACINTO	Senior Masculino	03:07:38	+01:17:09	08:09
184	1072	Raul Viana	Individual	Senior Masculino	03:07:53	+01:17:24	08:10
185	1234	José Sá	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	03:08:14	+01:17:45	08:11
186	1288	Miguel Mendes	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	03:08:35	+01:18:06	08:12
187	1009	Hélder Moreira	Mata elefantes	Senior Masculino	03:08:38	+01:18:09	08:12
188	1367	Marco Nunes	A.D.Amarante trail running	Senior Masculino	03:08:41	+01:18:12	08:12
189	1029	Hugo Ferraz	Individual	Senior Masculino	03:08:57	+01:18:28	08:13
190	1631	Tiago Jesus	baltar trail runners	Senior Masculino	03:09:14	+01:18:45	08:14
191	1790	Bruno Fontes	Somos nos team	Senior Masculino	03:10:20	+01:19:51	08:17
192	1117	Carlos Teixeira	Individual	Senior Masculino	03:10:28	+01:19:59	08:17
193	1723	Nuno Rocha	Individual	Senior Masculino	03:10:29	+01:20:00	08:17
194	1613	Carlos Vieira	BTT Alegria // TUBANI	Senior Masculino	03:11:18	+01:20:49	08:19
195	1713	Carlos Santos	sabiUs	Senior Masculino	03:11:59	+01:21:30	08:21
196	1012	Helder Marques	salgueiros running	Senior Masculino	03:12:02	+01:21:33	08:21
197	1321	Nuno Neves	100Meta	Senior Masculino	03:12:29	+01:22:00	08:22
198	1476	Pedro Gomes	éjáli...clube de amigos trailrunners	Senior Masculino	03:12:37	+01:22:08	08:22
199	1750	Hugo Sousa	TECLA 3 RUNNERS	Senior Masculino	03:13:40	+01:23:11	08:25
200	1587	António Gonçalves	Individual	Senior Masculino	03:14:23	+01:23:54	08:27
201	1541	Nelson Leite	NorTrail	Senior Masculino	03:14:27	+01:23:58	08:27
202	1273	Hugo Rocha	NorTrail	Senior Masculino	03:14:28	+01:23:59	08:27
203	1163	Emanuel Dias	ONE MORE MILE	Senior Masculino	03:15:29	+01:25:00	08:30
204	1392	Pedro Pereira	NAVR	Senior Masculino	03:15:45	+01:25:16	08:31
205	1221	Diogo Aguiar	Inquipa	Senior Masculino	03:15:47	+01:25:19	08:31
206	1372	Pedro Oliveira	Sob Efeito Trail	Senior Masculino	03:15:58	+01:25:29	08:31
207	2361	Samuel Cinzas	ACM Montemor a Correr	Senior Masculino	03:16:19	+01:25:50	08:32

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208	1257	Emanuel Gomes	Team Lantemil	Senior Masculino	03:16:28	+01:25:59	08:33
209	1468	Ricardo Novais	Att	Senior Masculino	03:16:43	+01:26:14	08:33
210	1092	Rui Oliveira	Factor X / S4L / Medense FC	Senior Masculino	03:17:00	+01:26:31	08:34
211	1005	Sérgio Rodrigues	Os TurboMula	Senior Masculino	03:18:43	+01:28:14	08:38
212	1470	João Galagher	Individual	Senior Masculino	03:19:12	+01:28:43	08:40
213	1293	Cesar Moreira	GD Gonçalo Velho	Senior Masculino	03:21:03	+01:30:34	08:44
214	1162	Helder Magalhães	ONE MORE MILE	Senior Masculino	03:21:34	+01:31:05	08:46
215	1154	Pedro Isabel	Corredores de Elite	Senior Masculino	03:21:44	+01:31:15	08:46
216	1222	Paulo Nobre	Inquipa	Senior Masculino	03:22:21	+01:31:52	08:48
217	1779	Helder Oliveira	ADEFACEC - Associação Desportiva da Efacec	Senior Masculino	03:22:32	+01:32:03	08:48
218	1193	Moreira Tiago	Individual	Senior Masculino	03:22:38	+01:32:09	08:49
219	1777	Filipe Bessa	ADEFACEC - Associação Desportiva da Efacec	Senior Masculino	03:23:11	+01:32:42	08:50
220	1466	Helder Silva	Individual	Senior Masculino	03:23:25	+01:32:56	08:51
221	1269	Vitor Teixeira	#correratenumdarmais	Senior Masculino	03:23:36	+01:33:07	08:51
222	1436	Renato Almeida	KeMedo Team	Senior Masculino	03:23:57	+01:33:28	08:52
223	1692	David Teixeira	C+RUNNERS	Senior Masculino	03:24:47	+01:34:18	08:54
224	1074	Tiago Dias	Team Lantemil	Senior Masculino	03:25:19	+01:34:50	08:56
225	1584	Hugo Pereira	Team Lantemil	Senior Masculino	03:25:19	+01:34:50	08:56
226	1818	Paulo Pires	Moreira Relax Runners	Senior Masculino	03:27:15	+01:36:46	09:01
227	1305	Luis Mendes	A.D.Amarante trail running	Senior Masculino	03:27:15	+01:36:46	09:01
228	1718	Luis Junqueiro	Team EQUIPABOOT	Senior Masculino	03:27:23	+01:36:54	09:01
229	1519	Daniel Pinto	ComDor Runners	Senior Masculino	03:28:54	+01:38:25	09:05
230	1486	Mario Taborda	Oralklass - Amigos Do Trail	Senior Masculino	03:30:30	+01:40:01	09:09
231	1575	Tiago Costa	Individual	Senior Masculino	03:30:43	+01:40:14	09:10
232	1806	Henrique Fontes	Empresa das Lousas	Senior Masculino	03:31:35	+01:41:06	09:12
233	1741	José Ferreira	Individual	Senior Masculino	03:32:17	+01:41:48	09:14
234	1363	Pedro Ferreirinha	CTAD-Trilhos de Cinfães	Senior Masculino	03:32:54	+01:42:25	09:15
235	1721	André Leite	Sueca Italiana	Senior Masculino	03:34:02	+01:43:33	09:18
236	1446	Nuno Moura	A.D.Amarante trail running	Senior Masculino	03:35:05	+01:44:36	09:21
237	1505	Hernani Pinto	DiVe Into The Mountains	Senior Masculino	03:35:33	+01:45:04	09:22
238	1007	Pedro Santos	J&P Running	Senior Masculino	03:35:51	+01:45:22	09:23
239	1063	José Carvalho	Travassós Running Fafe	Senior Masculino	03:36:20	+01:45:51	09:24
240	1795	Ricardo Carvalho	Individual	Senior Masculino	03:36:35	+01:46:06	09:25
241	1839	Fernando Reis	Trinca Orelhas de Gato	Senior Masculino	03:36:46	+01:46:17	09:25
242	1682	Nuno Santos	CROCODILOS/MISTERPC	Senior Masculino	03:37:28	+01:46:59	09:27
243	1516	Ricardo Ribeiro	KAPI	Senior Masculino	03:38:15	+01:47:46	09:29
244	1786	Fernando carvalho	Individual	Senior Masculino	03:39:22	+01:48:53	09:32
245	1405	Joao Rodrigues	Clube Zupper	Senior Masculino	03:40:08	+01:49:39	09:34
246	1791	Joel Vale	Somos nos team	Senior Masculino	03:41:04	+01:50:35	09:37
247	1610	Mitchell Miranda	JPTC	Senior Masculino	03:42:01	+01:51:32	09:39
248	1530	Albino Eusebio	baltar trail runners	Senior Masculino	03:42:33	+01:52:04	09:41
249	1629	Oscar Moreira	baltar trail runners	Senior Masculino	03:42:33	+01:52:04	09:41
250	1376	PAULO LIMA	Individual	Senior Masculino	03:42:37	+01:52:09	09:41
251	1547	Helder Ferreira	Leroy Merlin	Senior Masculino	03:42:38	+01:52:09	09:41
252	1355	Carlos Silva	Correio de Albergaria Trail Running	Senior Masculino	03:43:52	+01:53:23	09:44

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253	1403	SAMUEL QUEIRÓS	EQUIPA JOAO FERREIRA	Senior Masculino	03:45:37	+01:55:08	09:49
254	1755	Marcio Mendes	Individual	Senior Masculino	03:47:40	+01:57:11	09:54
255	1564	André Silva	Alexandra Carvalho Team	Senior Masculino	03:48:37	+01:58:08	09:56
256	1055	Bruno Rodrigues	CLUBE NOVO BANCO	Senior Masculino	03:50:15	+01:59:46	10:01
257	1625	Rui Moreira	MCCB Crew	Senior Masculino	03:50:44	+02:00:15	10:02
258	1209	Ricardo Lento	TrepaTrilhos Trail Team	Senior Masculino	03:51:49	+02:01:20	10:05
259	1641	Sergio Torre	Individual	Senior Masculino	03:55:21	+02:04:52	10:14
260	1002	João Novo	100 SOMBRA	Senior Masculino	03:57:42	+02:07:13	10:20
261	1003	Pedro Santos	100 SOMBRA	Senior Masculino	03:57:42	+02:07:13	10:20
262	1325	Hugo Oliveira	Pigs do Mato	Senior Masculino	03:57:45	+02:07:16	10:20
263	1626	Ricardo Moreira	MCCB Crew	Senior Masculino	04:00:14	+02:09:45	10:27
264	1655	Rui Oliveira	GONDOMAR FUTSAL CLUBE	Senior Masculino	04:04:07	+02:13:38	10:37
265	1066	Nelson Sousa	CAMINHEIROS DE PAÇOS	Senior Masculino	04:05:26	+02:14:58	10:40
266	1495	Luis Domingues	Corrida e 1 Biquito	Senior Masculino	04:07:49	+02:17:20	10:46
267	1528	João Silva	C&B	Senior Masculino	04:08:04	+02:17:35	10:47
268	1153	Hugo Machado	C&B	Senior Masculino	04:09:45	+02:19:16	10:52
269	1251	Sérgio Bastos	Team Lantemil	Senior Masculino	04:13:34	+02:23:05	11:01
270	1811	Paulo Almeida	Individual	Senior Masculino	04:15:43	+02:25:14	11:07
271	1417	Pedro Barbosa	Equipa BOOT	Senior Masculino	04:26:18	+02:35:49	11:35
272	1318	Diogo Oliveira	ARCORUN	Senior Masculino	04:44:02	+02:53:33	12:21

Veterana F40

1	1705	Lina Marques	CLAC Entroncamento/OndaTrilhos	Veterana F40	02:35:59	+45:30	06:47
2	1548	Gloria Souto	Individual	Veterana F40	02:41:47	+51:18	07:02
3	1716	Patricia Madeira	Vertical Navis	Veterana F40	02:43:10	+52:41	07:06
4	1559	Anabela Remédios	Individual	Veterana F40	02:44:31	+54:02	07:09
5	1605	Catarina Pereira	Ei Team Trail	Veterana F40	02:45:21	+54:52	07:11
6	1346	Laurinda Barros	A.D.Amarante trail running	Veterana F40	02:46:02	+55:33	07:13
7	164	Paula Barbosa	Oralklass - Amigos Do Trail	Veterana F40	02:59:35	+01:09:06	07:48
8	1195	Maria Ferreira	CORRER LEÇA	Veterana F40	03:00:59	+01:10:30	07:52
9	1494	Helena Fernandes	Individual	Veterana F40	03:06:53	+01:16:24	08:08
10	1606	Helena Gaspar	Clube de Atletismo Trail Runners da Ponte	Veterana F40	03:06:59	+01:16:30	08:08
11	1188	Celia Sousa	Individual	Veterana F40	03:07:47	+01:17:18	08:10
12	1445	Carina Pereira	Individual	Veterana F40	03:10:16	+01:19:47	08:16
13	1599	Alice Ventura	Individual	Veterana F40	03:11:19	+01:20:50	08:19
14	1247	Isabel Pinto Pinto	LION RUNNERS - G. D. Leões da Guarda	Veterana F40	03:12:38	+01:22:09	08:23
15	1420	Ana Margarida Coelho	KeMedo Team	Veterana F40	03:14:45	+01:24:16	08:28
16	1412	Paula Gualter	Clube Zupper	Veterana F40	03:18:01	+01:27:32	08:37
17	1506	Carla Antunes	DiVE Into The Mountains	Veterana F40	03:18:31	+01:28:02	08:38
18	1511	Maria Sá	DiVE Into The Mountains	Veterana F40	03:18:32	+01:28:03	08:38
19	1426	Lucia Nunes	KeMedo Team	Veterana F40	03:19:12	+01:28:43	08:40
20	1423	Sara Rafael	KeMedo Team	Veterana F40	03:20:54	+01:30:25	08:44
21	1533	Paula Andrade	VIKINGS TRAIL RUNNERS / ALCABIDEQUE	Veterana F40	03:22:03	+01:31:34	08:47

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Trilhos Paleozóico 23K

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22	1223	Salome cerqueira	EDV-VIANATRAIL	Veterana F40	03:23:02	+01:32:33	08:50
23	1129	Sara Pinheiro	Minho e Lima Trail	Veterana F40	03:23:49	+01:33:20	08:52
24	1340	Paula Cristina Silva	ComDor Runners	Veterana F40	03:28:54	+01:38:25	09:05
25	1036	Sónia Marçal	pace.makers	Veterana F40	03:30:19	+01:39:50	09:09
26	1142	Paula Guedes	MONTE DOS AMIGOS	Veterana F40	03:30:30	+01:40:01	09:09
27	1751	Isabel Dias	#correratenumdarmais	Veterana F40	03:31:16	+01:40:47	09:11
28	1126	Liseta Pinto	MRR / Nice Runners	Veterana F40	03:33:14	+01:42:45	09:16
29	1096	Marcia Costa	JUVENTUDE CORTEGACENSE	Veterana F40	03:35:07	+01:44:38	09:21
30	1181	Cláudia Pinto	Individual	Veterana F40	03:35:49	+01:45:20	09:23
31	1838	Sandra Domingues	Trinca Orelhas de Gato	Veterana F40	03:36:46	+01:46:17	09:25
32	1326	Sónia Guimarães	Põem-te a Monte	Veterana F40	03:39:33	+01:49:04	09:33
33	1065	Fernanda Lopes	Porto Sentido Runners	Veterana F40	03:42:09	+01:51:40	09:40
34	1239	Susana Luis	LION RUNNERS - G. D. Leões da Guarda	Veterana F40	03:44:55	+01:54:26	09:47
35	1754	Paula Moreira	Os TurboMula	Veterana F40	03:51:33	+02:01:04	10:04
36	1515	Maria luisa	Individual	Veterana F40	03:55:25	+02:04:56	10:14
37	1618	Vera Lopes	Individual	Veterana F40	03:56:39	+02:06:10	10:17
38	1164	Mónica Margaride	Fit2Labor	Veterana F40	03:58:18	+02:07:49	10:22
39	1037	Anabela Santos	pace.makers	Veterana F40	04:02:07	+02:11:38	10:32
40	1313	Sandra Ferreira	ARCORUN	Veterana F40	04:03:56	+02:13:27	10:36
41	1803	Isabel Manadas	All About	Veterana F40	04:16:48	+02:26:19	11:10
42	1512	Diana Moura	DiVe Into The Mountains	Veterana F40	04:18:28	+02:27:59	11:14
43	1352	Graça Carvalho	A.D.Amarante trail running	Veterana F40	04:20:41	+02:30:12	11:20
44	3170	Ligia Fernandes	CMI Montanhismo	Veterana F40	04:21:39	+02:31:10	11:23
45	2794	Ana Duarte	MSS CONTABILIDADE TRAIL TEAM	Veterana F40	04:27:39	+02:37:10	11:38
46	1237	Joana Martins	LION RUNNERS - G. D. Leões da Guarda	Veterana F40	04:34:09	+02:43:40	11:55
47	1289	Anabela Cunha	LION RUNNERS - G. D. Leões da Guarda	Veterana F40	04:34:09	+02:43:40	11:55
48	1240	Cristina Gonçalves	LION RUNNERS - G. D. Leões da Guarda	Veterana F40	04:34:09	+02:43:40	11:55
49	1719	Carla Barbosa	Individual	Veterana F40	05:04:50	+03:14:21	13:15
50	1048	Lurdes Rocha	Individual	Veterana F40	05:17:52	+03:27:24	13:49

Veterana F50

1	1709	São Castanheira	CLAC Entroncamento/OndaTrilhos	Veterana F50	02:36:19	+45:50	06:48
2	196	Alexandra Fernandes	Individual	Veterana F50	02:38:08	+47:39	06:53
3	1520	Iracema Costa	Individual	Veterana F50	03:01:57	+01:11:28	07:55
4	1661	Carmo Marinho	GONDOMAR FUTSAL CLUBE	Veterana F50	03:02:44	+01:12:15	07:57
5	1726	Alzira Pereira	Individual	Veterana F50	03:04:56	+01:14:27	08:02
6	1677	Maria Oliveira	Braguinha Runners	Veterana F50	03:16:41	+01:26:12	08:33
7	1784	Hortense Baptista	CBrunningTEAM	Veterana F50	03:27:51	+01:37:22	09:02
8	1380	Maria Conceição Abreu	Individual	Veterana F50	03:31:35	+01:41:06	09:12
9	1828	Adelaide Vigário	GONDOMAR FUTSAL CLUBE	Veterana F50	03:52:22	+02:01:53	10:06
10	1834	Rosa Costa	Individual	Veterana F50	03:57:31	+02:07:02	10:20

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11	2135	Maria Alves	MSS CONTABILIDADE TRAIL TEAM	Veterana F50	04:04:36	+02:14:07	10:38
12	1829	Ana Sousa	GONDOMAR FUTSAL CLUBE	Veterana F50	04:10:45	+02:20:16	10:54
13	1415	Emilia Galinha	Trilho Perdido Eventos / Imporlux	Veterana F50	05:01:26	+03:10:57	13:06

Veterano M40

1	1462	PEDRO SANTOS	Oralklass - Amigos Do Trail	Veterano M40	01:50:39	+00:10	04:49
2	1347	Nuno Cardoso	Individual	Veterano M40	01:54:26	+03:57	04:59
3	1302	Vitor Costa	A.D.Amarante trail running	Veterano M40	01:54:59	+04:30	05:00
4	1759	Luís Gil	Gaia Trail	Veterano M40	02:02:26	+11:57	05:19
5	1733	JOAQUIM FREITAS	grupo dramatico e recreativo da retorta	Veterano M40	02:05:15	+14:46	05:27
6	1792	Carlos Simões	ARSM - Associação Recreativa de S. Miguel	Veterano M40	02:05:18	+14:49	05:27
7	1715	Valdemar Cardoso	Vertical Navis	Veterano M40	02:06:15	+15:46	05:29
8	1745	Helder Fernandes Pereira	Clube de Atletismo de Ferreira do Zêzere	Veterano M40	02:06:32	+16:04	05:30
9	92	Patrick Marques	Fridão Sem Limites	Veterano M40	02:07:19	+16:50	05:32
10	1485	Fernando Taborda	Oralklass - Amigos Do Trail	Veterano M40	02:08:53	+18:24	05:36
11	1253	Diamantino Gomes	ALGARUNNERS	Veterano M40	02:10:18	+19:49	05:40
12	1644	Nuno Monteiro	Aliança de Gandra	Veterano M40	02:11:37	+21:08	05:43
13	136	Tiago Aragão	CTAD-Trilhos de Cinfães	Veterano M40	02:13:27	+22:59	05:48
14	1746	António Jesus	Team Rede Ambiente	Veterano M40	02:14:39	+24:10	05:51
15	1014	João Paulo Verissimo	Ozxtreme/ADCRPereira	Veterano M40	02:14:39	+24:10	05:51
16	1091	António Carvalho	Factor X / S4L / Medense FC	Veterano M40	02:16:04	+25:35	05:55
17	1563	Sergio Lourenço	CTAD-Trilhos de Cinfães	Veterano M40	02:16:54	+26:25	05:57
18	1229	João Oliveira	Trinca Orelhas de Gato	Veterano M40	02:17:45	+27:16	05:59
19	1807	Paulo César	CTAD-Trilhos de Cinfães	Veterano M40	02:19:04	+28:35	06:03
20	1282	Mário Figueiras	ACM Montemor a Correr	Veterano M40	02:19:50	+29:21	06:05
21	1700	Francisco Henriques	CLAC Entroncamento/OndaTrilhos	Veterano M40	02:20:10	+29:41	06:06
22	1434	Fernando Gomes	KeMedo Team	Veterano M40	02:21:25	+30:56	06:09
23	1577	Jose Carlos Ribeiro Guimaraes	Individual	Veterano M40	02:21:53	+31:24	06:10
24	1203	Hugo Figueiredo	PM	Veterano M40	02:22:06	+31:37	06:11
25	1027	Luis fonseca	caminheiros de paços	Veterano M40	02:22:28	+31:59	06:12
26	1051	Nelson Serra	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	Veterano M40	02:23:06	+32:37	06:13
27	1603	Pedro Borges	Ei Team Trail	Veterano M40	02:23:08	+32:39	06:13
28	1816	Paulo Gregório	GTeam	Veterano M40	02:23:24	+32:55	06:14
29	1433	Laurindo Osório	KeMedo Team	Veterano M40	02:23:32	+33:03	06:14
30	1775	Paulo Neta	Clube Zupper	Veterano M40	02:24:49	+34:20	06:18
31	1469	Joaquim Coelho	Ei Team Trail	Veterano M40	02:25:38	+35:09	06:20
32	1638	Alcino Gouveia	Sentir Escariz	Veterano M40	02:25:49	+35:20	06:20
33	1116	Ernesto Alves	JUVENTUDE CORTEGACENSE	Veterano M40	02:26:18	+35:49	06:22
34	1787	Carlos Felisberto	Individual	Veterano M40	02:26:23	+35:54	06:22
35	1458	Agostinho Pacheco	OFRUNNING	Veterano M40	02:27:58	+37:29	06:26
36	1070	Ibraim Sousa	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	02:29:58	+39:29	06:31

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37	1294	Patricio Afonso	Individual	Veterano M40	02:30:26	+39:57	06:32
38	1452	RENATO OLIVEIRA	PORTOCARGO	Veterano M40	02:30:28	+39:59	06:33
39	1439	Joao Teixeira	Individual	Veterano M40	02:30:34	+40:05	06:33
40	1320	Nuno Filipe Lopes Baltazar	Juventude Vidigalense	Veterano M40	02:30:51	+40:22	06:34
41	1808	Viriato Dias	CTAD-Trilhos de Cinfães	Veterano M40	02:31:45	+41:16	06:36
42	1444	Benjamim Cruz	Fragoso Trail	Veterano M40	02:32:45	+42:16	06:38
43	1161	Dario Cardoso	LEÕES DE TARDARIZ TRAIL	Veterano M40	02:33:04	+42:35	06:39
44	1230	Sérgio Gomes	Trinca Orelhas de Gato	Veterano M40	02:33:16	+42:47	06:40
45	1624	Hilário Louro	A minha equipa és Tu!	Veterano M40	02:34:22	+43:53	06:43
46	1611	Luis Lobo	All Titudes Trail Team	Veterano M40	02:34:30	+44:01	06:43
47	1297	Paulo Amadeu	Gaia Trail	Veterano M40	02:35:18	+44:50	06:45
48	1006	Manuel Costa	DasDykes	Veterano M40	02:35:46	+45:17	06:46
49	1167	Rui Manuel Freitas	Individual	Veterano M40	02:36:00	+45:31	06:47
50	1568	Bruno Miguel Tavares	Grupo de Corrida de Argoncilhe	Veterano M40	02:36:21	+45:52	06:48
51	1419	Luís Filipe Lopes Pereira	CERVEIRA TEAM RUNNING	Veterano M40	02:36:54	+46:25	06:49
52	1038	Victor Azevedo	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	02:37:20	+46:51	06:50
53	1578	Jose lopes	DiVe Into The Mountains	Veterano M40	02:37:51	+47:22	06:52
54	1782	José Bizarro	Inijovem-Nisa	Veterano M40	02:37:52	+47:23	06:52
55	1536	Daniel Alves	NAST	Veterano M40	02:37:55	+47:26	06:52
56	1225	Victor Cardoso	Trinca Orelhas de Gato	Veterano M40	02:38:14	+47:45	06:53
57	1400	FRANCISCO Fonseca	EQUIPA JOAO FERREIRA	Veterano M40	02:38:28	+48:00	06:53
58	1156	Cecilio Ferreira	JUVENTUDE CORTEGACENSE	Veterano M40	02:39:00	+48:31	06:55
59	1465	José Paulo Ribeiro	GONDOMAR FUTSAL CLUBE	Veterano M40	02:39:48	+49:19	06:57
60	1396	Eliseu Leite	Laundostrail	Veterano M40	02:40:02	+49:33	06:57
61	1743	Hugo Martins	LA Zinco	Veterano M40	02:40:42	+50:13	06:59
62	1331	Joaquim Seabra	BT4	Veterano M40	02:41:26	+50:57	07:01
63	1609	Pedro Costa	AZtrail/Mercentro	Veterano M40	02:41:34	+51:05	07:01
64	1637	José Oliveira	Sentir Escariz	Veterano M40	02:42:10	+51:41	07:03
65	1740	Paulo Lagoa	BUDEGUITA RUNNERS	Veterano M40	02:42:43	+52:14	07:04
66	1387	Bernardino Andrade	Invicta Runners Team	Veterano M40	02:43:10	+52:41	07:06
67	1160	Pedro Ferreira	LEÕES DE TARDARIZ TRAIL	Veterano M40	02:43:22	+52:53	07:06
68	1200	Mário Moura	LEÕES DE TARDARIZ TRAIL	Veterano M40	02:43:24	+52:55	07:06
69	1312	Amilcar Ferreira	ARCORUN	Veterano M40	02:43:40	+53:11	07:07
70	1292	Manuel Barbosa	Paredes Running	Veterano M40	02:43:53	+53:24	07:08
71	1175	Mário Leite	Yazaki Runners	Veterano M40	02:44:05	+53:36	07:08
72	1169	PAULO SOARES	CICLISTAS CÓSMICOS - GISLÓTICA	Veterano M40	02:44:16	+53:47	07:09
73	1310	Jorge Oliveira	A.D.Amarante trail running	Veterano M40	02:44:35	+54:06	07:09
74	1488	Domingos Peixoto	Palmeira Runners	Veterano M40	02:44:52	+54:23	07:10
75	1475	José Manuel Rodrigues Costa José Costa	Palmeira Runners	Veterano M40	02:44:52	+54:23	07:10
76	1140	José Santos	KeMedo Team	Veterano M40	02:44:53	+54:24	07:10
77	1407	Paulo Gomes	Nocturnos de Paredes	Veterano M40	02:45:19	+54:50	07:11
78	1342	Vitor Cardoso	Baguim runners	Veterano M40	02:46:01	+55:32	07:13
79	1665	Mário Fonseca	AZtrail/Mercentro	Veterano M40	02:46:10	+55:41	07:13
80	1393	Filipe Pinheiro	Fridão Sem Limites	Veterano M40	02:46:45	+56:16	07:15

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81	1290	Paulo Jorge Rocha	Individual	Veterano M40	02:46:58	+56:29	07:16
82	1316	Paulo Reis	ARCORUN	Veterano M40	02:47:00	+56:31	07:16
83	1614	Francisco Silva	BTT Alegria // TUBANI	Veterano M40	02:47:09	+56:40	07:16
84	1686	Miguel Moura	Factor X / S4L / Medense FC	Veterano M40	02:47:15	+56:46	07:16
85	1696	Pedro Carmo	CLAC Entroncamento/OndaTrilhos	Veterano M40	02:47:21	+56:52	07:17
86	1628	Luis Lima	Individual	Veterano M40	02:48:01	+57:32	07:18
87	1567	Paulo Silva Fernandes	Individual	Veterano M40	02:48:46	+58:17	07:20
88	1258	Jorge Rodrigues	Individual	Veterano M40	02:49:25	+58:57	07:22
89	1634	Pedro Valente	INIJOVEM-NISA	Veterano M40	02:50:35	+01:00:06	07:25
90	1633	Luís Ferreira	100 esTRILHOS	Veterano M40	02:50:35	+01:00:06	07:25
91	1438	ORLANDO JESUS	EQUIPA JOAO FERREIRA	Veterano M40	02:51:03	+01:00:34	07:26
92	1104	Helder Rocha	JUVENTUDE CORTEGACENSE	Veterano M40	02:51:13	+01:00:44	07:27
93	1378	Rui Borges	Trailistas "Eu é que sei!"	Veterano M40	02:51:47	+01:01:18	07:28
94	1416	Carlos Araújo	Individual	Veterano M40	02:51:56	+01:01:27	07:29
95	1068	Carlos Duarte	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	02:52:22	+01:01:54	07:30
96	1231	Miguel Cunha	Trinca Orelhas de Gato	Veterano M40	02:52:39	+01:02:10	07:30
97	1428	Helder Gomes	KeMedo Team	Veterano M40	02:53:02	+01:02:33	07:31
98	1201	Miguel Teixeira	Gramidense I F C	Veterano M40	02:53:17	+01:02:48	07:32
99	1640	Vítor Moreira	Sentir Escariz	Veterano M40	02:54:55	+01:04:26	07:36
100	1388	António Azevedo	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Veterano M40	02:55:57	+01:05:28	07:39
101	1345	Paulo Alves	GONDOMAR FUTSAL CLUBE	Veterano M40	02:56:55	+01:06:26	07:42
102	1111	Sergio Oliveira	JUVENTUDE CORTEGACENSE	Veterano M40	02:57:04	+01:06:36	07:42
103	1656	Pedro Matos	GONDOMAR FUTSAL CLUBE	Veterano M40	02:57:12	+01:06:43	07:42
104	1435	Luis Gomes	KeMedo Team	Veterano M40	02:57:17	+01:06:48	07:42
105	1219	Eduardo Esteves	Individual	Veterano M40	02:57:19	+01:06:50	07:43
106	1336	Bruno Marquês	Clube de Atletismo Trail Runners da Ponte	Veterano M40	02:57:35	+01:07:06	07:43
107	1278	Rogério Costa	ACM Montemor a Correr	Veterano M40	02:57:44	+01:07:15	07:44
108	1296	Rui Morais	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	02:57:46	+01:07:17	07:44
109	1274	Rui Felgueiras	MILLENNIUMBCP	Veterano M40	02:58:29	+01:08:00	07:46
110	1688	Ricardo Diogo	ozxtreme	Veterano M40	02:58:33	+01:08:04	07:46
111	1524	Filipe Gonçalves	ADE Trail Running	Veterano M40	02:58:37	+01:08:08	07:46
112	1679	José Cruz	Individual	Veterano M40	02:58:47	+01:08:18	07:46
113	1182	Luis Ribeiro	Individual	Veterano M40	02:59:55	+01:09:26	07:49
114	1338	Álvaro Almeida	Arrasa Trilhos	Veterano M40	03:00:10	+01:09:41	07:50
115	1339	José Ferreira	Arrasa Trilhos	Veterano M40	03:00:10	+01:09:41	07:50
116	1479	Rui Almeida	Nocturnos de Paredes	Veterano M40	03:00:31	+01:10:02	07:51
117	1151	Ricardo Gonçalves	CORRER LEÇA	Veterano M40	03:00:37	+01:10:08	07:51
118	1800	Rui Freitas	All About	Veterano M40	03:00:45	+01:10:16	07:52
119	1747	Ricardo Castro	Guimarães Trail	Veterano M40	03:00:49	+01:10:20	07:52
120	1451	MARCO OLIVEIRA	PORTOCARGO	Veterano M40	03:00:52	+01:10:23	07:52
121	1227	Fernando Pereira	Trinca Orelhas de Gato	Veterano M40	03:01:27	+01:10:59	07:53
122	1730	Antonio Fonseca	Individual	Veterano M40	03:01:45	+01:11:17	07:54
123	1279	Manuel Bravo	ACM Montemor a Correr	Veterano M40	03:02:04	+01:11:35	07:55
124	1544	Rui Taveira	Indeividual	Veterano M40	03:02:44	+01:12:15	07:57

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Trilhos Paleozóico 23K

23 KM

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125	1632	Rui Pinto	Individual	Veterano M40	03:02:52	+01:12:23	07:57
126	1674	Joao Correia	Individual	Veterano M40	03:03:04	+01:12:35	07:58
127	1087	Francisco Silva	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	03:03:23	+01:12:55	07:58
128	1043	Nuno Araújo	NPRINT RUNNING	Veterano M40	03:04:16	+01:13:48	08:01
129	1498	Andre Rocha	Individual	Veterano M40	03:04:18	+01:13:49	08:01
130	1157	Nuno Pina	João Ferreira	Veterano M40	03:04:34	+01:14:05	08:01
131	1508	Paulo Ribeiro	DiVE Into The Mountains	Veterano M40	03:04:35	+01:14:06	08:02
132	1801	Armenio Ribeiro	All About	Veterano M40	03:04:51	+01:14:22	08:02
133	1430	Jose pinto	KeMedo Team	Veterano M40	03:04:52	+01:14:23	08:02
134	1431	Jose Pereira	KeMedo Team	Veterano M40	03:04:52	+01:14:23	08:02
135	1046	Jose Coelho	Individual	Veterano M40	03:05:01	+01:14:32	08:03
136	1518	Emanuel Cabeça	Individual	Veterano M40	03:05:38	+01:15:09	08:04
137	1683	Rui Andrade	CROCODILOS/MISTERPC	Veterano M40	03:05:58	+01:15:29	08:05
138	1557	Vítor Ribeiro	Alto Relevo-Clube de Montanhismo	Veterano M40	03:06:17	+01:15:49	08:06
139	1630	Eduardo Nascimento	Individual	Veterano M40	03:06:58	+01:16:29	08:08
140	1815	Luis Terencio	éjáli...clube de amigos trailrunners	Veterano M40	03:07:02	+01:16:33	08:08
141	1837	Rui Marçal	pace.makers	Veterano M40	03:07:14	+01:16:45	08:08
142	1621	Américo Santos	TAYLORS	Veterano M40	03:08:00	+01:17:31	08:10
143	1543	Igor Afanas	Individual	Veterano M40	03:08:09	+01:17:41	08:11
144	1185	Paulo Hernani	Att	Veterano M40	03:08:11	+01:17:42	08:11
145	1245	Miguel Fonseca	LION RUNNERS - G. D. Leões da Guarda	Veterano M40	03:08:14	+01:17:45	08:11
146	1008	Alcídio Moreira	Mata elefantes	Veterano M40	03:08:38	+01:18:09	08:12
147	1067	Vitor Pinto	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	03:08:53	+01:18:24	08:13
148	1748	Carlos figueiredo	Individual	Veterano M40	03:09:00	+01:18:31	08:13
149	1004	Jorge Souto	Individual	Veterano M40	03:09:10	+01:18:41	08:13
150	1410	Vitor Manuel Moreira Viana	Clube Zupper	Veterano M40	03:09:18	+01:18:49	08:14
151	1401	CARLOS JORGE	EQUIPA JOAO FERREIRA	Veterano M40	03:09:35	+01:19:06	08:15
152	1311	José Correia	ARCORUN	Veterano M40	03:10:29	+01:20:01	08:17
153	1592	José Ferreira	Individual	Veterano M40	03:10:35	+01:20:06	08:17
154	1189	Joao Azevedo	Individual	Veterano M40	03:10:48	+01:20:19	08:18
155	1031	Rui Rodrigues	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	03:11:00	+01:20:31	08:18
156	1343	Lourenço Cardoso	Baguim runners	Veterano M40	03:11:01	+01:20:32	08:18
157	1404	Alvaro Pinto	Clube Zupper	Veterano M40	03:11:15	+01:20:46	08:19
158	1739	PEDRO ADÃO	OFRUNNING	Veterano M40	03:11:23	+01:20:54	08:19
159	1335	Rolando Paulo	trail running clube btt sanguedo	Veterano M40	03:11:40	+01:21:11	08:20
160	1314	Jorge Leite	ARCORUN	Veterano M40	03:12:17	+01:21:48	08:22
161	2858	Manuel Pacheco Ferreira	TECLA 3 RUNNERS	Veterano M40	03:13:40	+01:23:11	08:25
162	1109	Paulo Campos	ATALANTA runners	Veterano M40	03:14:24	+01:23:55	08:27
163	1738	Joao Dias	OFRUNNING	Veterano M40	03:14:35	+01:24:06	08:28
164	1639	Jorge Moreira	Sentir Escariz	Veterano M40	03:14:37	+01:24:08	08:28
165	1492	José Teixeira	Individual	Veterano M40	03:15:35	+01:25:06	08:30
166	1030	Nuno Capela	Núcleo de Monanha de Espinho	Veterano M40	03:15:42	+01:25:13	08:31
167	1103	Marco Sousa	baltar trail runners	Veterano M40	03:16:02	+01:25:33	08:31
168	1045	Luis Sousa	U.D.SABROSA	Veterano M40	03:16:04	+01:25:35	08:31

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Trilhos Paleozóico 23K

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169	1333	António Sá	Team Lantemil	Veterano M40	03:16:28	+01:25:59	08:33
170	1115	Francisco Bartolomeu	Team Lantemil	Veterano M40	03:16:46	+01:26:17	08:33
171	1481	Luis Ribeiro	Team Lantemil	Veterano M40	03:16:47	+01:26:18	08:33
172	1523	Ricardo Silva	Individual	Veterano M40	03:17:53	+01:27:24	08:36
173	1013	Rui Teles	DASDYKES	Veterano M40	03:18:04	+01:27:35	08:37
174	1402	PAULO SILVA	EQUIPA JOAO FERREIRA	Veterano M40	03:18:22	+01:27:53	08:37
175	1589	Emerson Falcão	Individual	Veterano M40	03:19:16	+01:28:47	08:40
176	1499	Ricardo Magalhães	Individual	Veterano M40	03:19:28	+01:28:59	08:40
177	1351	Paulo Alves	A.D.Amarante trail running	Veterano M40	03:20:35	+01:30:07	08:43
178	1015	Carlos Pereira	Individual	Veterano M40	03:20:58	+01:30:29	08:44
179	1504	David Ribeiro	DiVe Into The Mountains	Veterano M40	03:21:40	+01:31:11	08:46
180	1635	César Rocha	#correratenumdarmais	Veterano M40	03:22:04	+01:31:35	08:47
181	1689	Luis Vicente	pace.makers	Veterano M40	03:23:53	+01:33:24	08:52
182	1291	Óscar Figueiredo	Individual	Veterano M40	03:24:26	+01:33:57	08:53
183	1672	Fernando Mendes	Team Shark	Veterano M40	03:25:00	+01:34:31	08:55
184	1789	Carlos Maia	Eles Estão à Rasca	Veterano M40	03:25:28	+01:34:59	08:56
185	1174	Pedro Mucha	Yazaki Runners	Veterano M40	03:28:10	+01:37:41	09:03
186	1138	João Ramalho	Individual	Veterano M40	03:30:32	+01:40:03	09:09
187	1562	António Pinheiro	Individual	Veterano M40	03:30:43	+01:40:14	09:10
188	1728	José Lopes	Individual	Veterano M40	03:31:23	+01:40:54	09:11
189	1472	José Pinto	Nocturnos de Paredes	Veterano M40	03:32:22	+01:41:53	09:14
190	1817	Alfredo Ribeiro	All About	Veterano M40	03:32:23	+01:41:54	09:14
191	1123	Rui Augusto	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	03:32:36	+01:42:07	09:15
192	1028	Artur Fonseca	Ruptura Total	Veterano M40	03:33:37	+01:43:08	09:17
193	236	Helder Silva	Moreira Relax Runners	Veterano M40	03:35:18	+01:44:49	09:22
194	1666	Ricardo Neves	Individual	Veterano M40	03:37:13	+01:46:44	09:27
195	1379	Filipe Cunha	AZtrail/Mercentro	Veterano M40	03:37:20	+01:46:51	09:27
196	1596	Marcos Gandra	Individual	Veterano M40	03:37:22	+01:46:53	09:27
197	1232	Pedro Fernandes	Kalenji Running Club Matosinhos	Veterano M40	03:38:07	+01:47:38	09:29
198	1453	Osvaldo Oliveira	ARCORUN	Veterano M40	03:38:11	+01:47:42	09:29
199	1835	Sérgio Oliveira	Individual	Veterano M40	03:38:28	+01:47:59	09:30
200	1041	Pedro Carvalho	Individual	Veterano M40	03:38:47	+01:48:18	09:31
201	1660	Celso Mota	GONDOMAR FUTSAL CLUBE	Veterano M40	03:39:19	+01:48:50	09:32
202	1327	Sérgio Guimarães	Põem-te a Monte	Veterano M40	03:39:33	+01:49:04	09:33
203	1145	António Barros	CORRER LEÇA	Veterano M40	03:40:05	+01:49:36	09:34
204	1585	Filipe Nogueira	Os TurboMula	Veterano M40	03:40:12	+01:49:43	09:34
205	1753	Nelson Montalvão	Os TurboMula	Veterano M40	03:41:10	+01:50:41	09:37
206	1482	César Saraiva Alves	Individual	Veterano M40	03:41:14	+01:50:45	09:37
207	1170	Manuel Alvarino	LEÕES DE TARDARIZ TRAIL	Veterano M40	03:42:55	+01:52:26	09:42
208	1276	Armindo Ferreira	Mirandela a Correr	Veterano M40	03:43:36	+01:53:07	09:43
209	1143	Filipe Madureira	Invicta running team	Veterano M40	03:43:46	+01:53:17	09:44
210	1652	Paulo Fernando	GONDOMAR FUTSAL CLUBE	Veterano M40	03:43:53	+01:53:24	09:44
211	1449	PAULO FERREIRA	PORTOCARGO	Veterano M40	03:44:49	+01:54:20	09:46
212	1141	Vitor Silva	Invicta Runners Team	Veterano M40	03:46:36	+01:56:07	09:51
213	1183	Antonio Jose Pereira Barbosa	Paredes Running	Veterano M40	03:47:03	+01:56:34	09:52

Trilhos Paleozóico 23K

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214	1064	Manuel Gomes	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	03:47:27	+01:56:58	09:53
215	1764	Rui Moreira	Individual	Veterano M40	03:47:43	+01:57:15	09:54
216	1406	António Silva	Clube Zupper	Veterano M40	03:47:51	+01:57:22	09:54
217	1554	António Rodrigues	Mountain Runners	Veterano M40	03:48:18	+01:57:49	09:56
218	1799	José Lascasas	All About	Veterano M40	03:52:21	+02:01:53	10:06
219	1832	Mário Ribeiro	GONDOMAR FUTSAL CLUBE	Veterano M40	03:52:22	+02:01:53	10:06
220	1329	Pedro Pereira	Grupo 46/Alfa Runners	Veterano M40	03:52:34	+02:02:05	10:07
221	1366	Rui Oliveira	ComDor Runners	Veterano M40	03:53:04	+02:02:35	10:08
222	1150	Nuno Morgado	CORRER LEÇA	Veterano M40	03:53:41	+02:03:12	10:10
223	1146	Carlos Modesto	CORRER LEÇA	Veterano M40	03:53:41	+02:03:12	10:10
224	1623	Carlos Taveira	Individual	Veterano M40	03:54:17	+02:03:48	10:11
225	1756	Miguel Oliveira	Individual	Veterano M40	03:54:27	+02:03:58	10:12
226	1270	Adalberto Figueiredo	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano M40	03:56:39	+02:06:10	10:17
227	1165	Joaquim Sousa	Fit2Labor	Veterano M40	03:58:18	+02:07:49	10:22
228	1362	Manuel Silva	ARRASTASSOLAS	Veterano M40	04:05:31	+02:15:02	10:40
229	1358	Luis Ribeiro	Individual	Veterano M40	04:05:31	+02:15:02	10:40
230	1158	Ismael Carvalho	Individual	Veterano M40	04:11:52	+02:21:23	10:57
231	1608	José Xavier	Porto Sentido Runners	Veterano M40	04:11:52	+02:21:23	10:57
232	1555	Emilio Joao Carvalho	Mountain Runners	Veterano M40	04:12:34	+02:22:05	10:59
233	1010	Abilio Silva	Individual	Veterano M40	04:16:04	+02:25:35	11:08
234	1513	Pedro Costa	DiVe Into The Mountains	Veterano M40	04:18:28	+02:27:59	11:14
235	1561	Lindolfo Sol	Individual	Veterano M40	04:20:18	+02:29:49	11:19
236	1260	Miguel Barbosa	Equipa Boot	Veterano M40	04:26:18	+02:35:49	11:35

Veterano M50

1	1053	Vitor Faim	Atletismo clube da tocha	Veterano M50	02:21:03	+30:34	06:08
2	1034	Manuel Póvoas	MSS CONTABILIDADE TRAIL TEAM	Veterano M50	02:23:39	+33:10	06:15
3	1698	Carlos Antunes	CLAC Entroncamento/OndaTrilhos	Veterano M50	02:29:37	+39:08	06:30
4	1081	Cláudio Monteiro	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Veterano M50	02:37:05	+46:36	06:50
5	1793	Antonio Monteiro	ACM Montemor a Correr	Veterano M50	02:40:34	+50:05	06:59
6	1076	António Teixeira	Individual	Veterano M50	02:41:15	+50:47	07:01
7	1540	Joaquim Leite	LEÕES DE TARDARIZ TRAIL	Veterano M50	02:41:40	+51:11	07:02
8	1058	José Mesquita	Individual	Veterano M50	02:42:56	+52:27	07:05
9	1032	Paulo Ferreira	Individual	Veterano M50	02:44:41	+54:12	07:10
10	1798	Vitor Almeida	All About	Veterano M50	02:50:53	+01:00:24	07:26
11	1703	José Marçal	CLAC Entroncamento/OndaTrilhos	Veterano M50	02:53:19	+01:02:50	07:32
12	1071	Fernando Vicente	Os galgos	Veterano M50	02:55:12	+01:04:43	07:37
13	1708	Rui Silva	CLAC Entroncamento/OndaTrilhos	Veterano M50	02:55:55	+01:05:26	07:39
14	1521	Hendrik Wielinga	BUDEGUITA RUNNERS	Veterano M50	02:56:25	+01:05:56	07:40
15	1177	Joaquim Lobato	Running Espinho	Veterano M50	02:56:49	+01:06:20	07:41
16	1701	João Dias	CLAC Entroncamento/OndaTrilhos	Veterano M50	02:57:18	+01:06:49	07:43
17	1707	Manuel Julio	CLAC Entroncamento/OndaTrilhos	Veterano M50	02:57:45	+01:07:16	07:44

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18	1264	Baltazar Ferreira	Individual	Veterano M50	02:59:50	+01:09:21	07:49
19	1394	Celso Gomes	JUVENTUDE CORTEGACENSE	Veterano M50	03:00:46	+01:10:17	07:52
20	1125	Domingos Camboa	JUVENTUDE CORTEGACENSE	Veterano M50	03:03:20	+01:12:51	07:58
21	1489	Paulo Moreira	Turbolentos	Veterano M50	03:04:46	+01:14:17	08:02
22	1727	Alcindo Pereira	Individual	Veterano M50	03:04:56	+01:14:27	08:02
23	1653	Gil Costa	GONDOMAR FUTSAL CLUBE	Veterano M50	03:05:58	+01:15:29	08:05
24	1171	Armando Moreira	Clube Zupper	Veterano M50	03:12:12	+01:21:43	08:21
25	1235	Luis Almeida	LION RUNNERS - G. D. Leões da Guarda	Veterano M50	03:12:38	+01:22:09	08:23
26	1248	Paulo Brás	LION RUNNERS - G. D. Leões da Guarda	Veterano M50	03:13:58	+01:23:29	08:26
27	1602	Henrique Borges	Individual	Veterano M50	03:15:35	+01:25:06	08:30
28	1668	António Pinto	LEÕES DE TARDARIZ TRAIL	Veterano M50	03:16:28	+01:25:59	08:33
29	1246	Raul Ferreira	LION RUNNERS - G. D. Leões da Guarda	Veterano M50	03:18:01	+01:27:32	08:37
30	1797	Artur Silva	All About	Veterano M50	03:21:28	+01:30:59	08:46
31	1437	Jorge Esteves	KeMedo Team	Veterano M50	03:23:57	+01:33:28	08:52
32	1344	Joaquim Seca	Alto Relevo-Clube de Montanhismo	Veterano M50	03:24:43	+01:34:14	08:54
33	1083	Joaquim Santos	CMC CARAPAU	Veterano M50	03:25:24	+01:34:55	08:56
34	1283	José Pereira	Runners HP	Veterano M50	03:28:17	+01:37:48	09:03
35	1102	Augusto Silva	JUVENTUDE CORTEGACENSE	Veterano M50	03:30:47	+01:40:18	09:10
36	1659	Ilídio Freitas	GONDOMAR FUTSAL CLUBE	Veterano M50	03:37:34	+01:47:05	09:28
37	1133	Paulo Castelo	JUVENTUDE CORTEGACENSE	Veterano M50	03:40:15	+01:49:46	09:35
38	1778	Hercilio Santos	ADEFACEC - Associação Desportiva da Efaced	Veterano M50	03:46:43	+01:56:14	09:51
39	1101	Antonio Oliveira	Invicta Runners Team	Veterano M50	03:52:56	+02:02:27	10:08
40	1729	Rui Fernando	Team Shark	Veterano M50	03:59:27	+02:08:58	10:25
41	2036	Alvaro Silva	MSS CONTABILIDADE TRAIL TEAM	Veterano M50	04:10:37	+02:20:08	10:54
42	1054	Augusto Lopes	CLUBE NOVO BANCO	Veterano M50	04:40:44	+02:50:15	12:12

Veterano M60

1	1601	Manuel Lino	DCI\CCDRPedrulha - Mealhada	Veterano M60	02:09:01	+18:32	05:37
2	1089	Carlos Ramos	JUVENTUDE CORTEGACENSE	Veterano M60	02:28:13	+37:44	06:27
3	1315	Manuel Rodrigues	ARCORUN	Veterano M60	02:28:48	+38:19	06:28
4	1332	António Rocha	Factor X / S4L / Medense FC	Veterano M60	02:30:36	+40:08	06:33
5	1099	Agostinho Neves	JUVENTUDE DESPORTIVA DE GONDOMAR	Veterano M60	02:32:25	+41:56	06:38
6	1742	Agostinho Sousa	Moinhos run - ADRM	Veterano M60	02:35:28	+44:59	06:46
7	1749	FERNANDO MOURA	AB Cansado Trail	Veterano M60	02:49:42	+59:13	07:23
8	1166	João Gil	AD AMARANTE TRAIL RUNNING	Veterano M60	02:57:26	+01:06:57	07:43
9	1319	Carlos Macedo	A.D.Amarante trail running	Veterano M60	03:00:46	+01:10:17	07:52
10	1706	Luis Rei	CLAC Entroncamento/OndaTrilhos	Veterano M60	03:08:57	+01:18:28	08:13
11	1149	Manuel Rodrigues	CORRER LEÇA	Veterano M60	03:09:10	+01:18:41	08:13
12	1324	Lino Moreira	Os TurboMula	Veterano M60	03:09:35	+01:19:06	08:15
13	1805	Antonio Pereira	Invicta Runners Team	Veterano M60	03:11:38	+01:21:09	08:20
14	1576	José Carlos Pereira Gomes	Alto Relevo-Clube de Montanhismo	Veterano M60	03:13:56	+01:23:27	08:26

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15	1636	António Fernandes	#correratenumdarmais	Veterano M60	04:05:33	+02:15:04	10:41
16	1057	Carlos Manuel Da Conceição Ferraz	Treinos do Cacete	Veterano M60	04:11:54	+02:21:25	10:57

COLETIVO - TRILHOS PALEOZÓICO 23K

RANK	TEAM	DESCRIPTION	POINTS
1	ORALKLASS - AMIGOS DO TRAIL	1 + 2 + 12	15
2	A.D.AMARANTE TRAIL RUNNING	4 + 6 + 7	17
3	GAIA TRAIL	3 + 14 + 16	33
4	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	11 + 15 + 17	43
5	FRIDÃO SEM LIMITES	9 + 25 + 37	71
6	DOUROCONTA - GABINETE DE APOIO E CONTABILIDADE, LDA	40 + 60 + 62	162
7	CTAD-TRILHOS DE CINFÃES	44 + 54 + 65	163
8	CLUBE ZUPPER	26 + 88 + 92	206
9	FACTOR X / S4L / MEDENSE FC	52 + 53 + 103	208
10	MSS CONTABILIDADE TRAIL TEAM	21 + 86 + 111	218
11	DCI\CCDRPEDRULHA - MEALHADA	32 + 36 + 180	248
12	EI TEAM TRAIL	81 + 83 + 94	258
13	JUVENTUDE CORTEGACENSE	68 + 97 + 102	267
14	MOINHOS RUN - ADRM	29 + 140 + 141	310
15	CLAC ENTRONCAMENTO/ONDATRILHOS	72 + 109 + 130	311
16	KEMEDO TEAM	74 + 85 + 155	314
17	TRINCA ORELHAS DE GATO	56 + 127 + 148	331
18	LEÕES DE TARDARIZ TRAIL	91 + 115 + 126	332
19	GONDOMAR FUTSAL CLUBE	10 + 175 + 176	361
20	AZTRAIL/MERCENTRO	64 + 108 + 191	363
21	ALGARUNNERS	35 + 107 + 247	389
22	ACM MONTEMOR A CORRER	71 + 147 + 184	402
23	ALIANÇA DE GANDRA	38 + 78 + 297	413
24	AB CANSADO TRAIL	63 + 151 + 257	471
25	NOCTURNOS DE PAREDES	100 + 185 + 224	509
26	DIVE INTO THE MOUNTAINS	110 + 156 + 267	533
27	ARCORUN	105 + 209 + 241	555
28	SENTIR ESCARIZ	95 + 196 + 299	590
29	EDL TRAIL	49 + 253 + 335	637
30	CROCODILOS/MISTERPC	124 + 244 + 318	686
31	OFRUNNING	101 + 294 + 322	717
32	LION RUNNERS - G. D. LEÕES DA GUARDA	221 + 222 + 361	804
33	CLUBE DE ATLETISMO TRAIL RUNNERS DA PONTE	235 + 264 + 321	820
34	CAMINHEIROS DE PAÇOS	79 + 87 + 671	837
35	EQUIPA JOAO FERREIRA	164 + 271 + 421	856
36	ALL ABOUT	269 + 341 + 373	983
37	AD AMARANTE TRAIL RUNNING	30 + 319 + 642	991
38	CORRER LEÇA	306 + 340 + 347	993

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39	TEAM LANTEMIL	121 + 472 + 473	1066
40	PORTOCARGO	114 + 346 + 614	1074
41	ÉJÁLI...CLUBE DE AMIGOS TRAILRUNNERS	263 + 395 + 444	1102
42	BALTAR TRAIL RUNNERS	278 + 417 + 468	1163
43	INVICTA RUNNERS TEAM	205 + 436 + 618	1259
44	ADC SÃO JACINTO	391 + 399 + 486	1276
45	ALTO RELEVO-CLUBE DE MONTANHISMO	388 + 449 + 521	1358
46	COMDOR RUNNERS	349 + 536 + 537	1422
47	PACE.MAKERS	398 + 517 + 539	1454
48	OS TURBOMULA	419 + 493 + 592	1504
49	ATT	404 + 477 + 663	1544
50	#CORRERATENUMDARMAIS	507 + 515 + 546	1568
51	CORREIO DE ALBERGARIA TRAIL RUNNING	350 + 611 + 612	1573
52	ADEFACEC - ASSOCIAÇÃO DESPORTIVA DA EFACEC	509 + 513 + 619	1641
53	SOMOS NOS TEAM	423 + 594 + 632	1649
54	MOUNTAIN RUNNERS	339 + 627 + 684	1650
55	PÕEM-TE A MONTE	586 + 587 + 640	1813
56	TEAM SHARK	523 + 629 + 662	1814
57	EQUIPA BOOT	698 + 699 + 712	2109

MINI TRILHOS PALEOZÓICO 12K - STAGE 1

12 KM

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OFFICIAL RESULT

R

REVISED

	Time	Temperature	Humidity
Start	10:00	8.2°C	87%
End	13:22	13°C	62%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
1	2816	VITOR BARBOSA	grupo dramatico e recreativo da retorta	Senior Masculino	53:11		04:26
2	2559	Marco Faria	dá-lhe gás	Senior Masculino	53:38	+00:26	04:28
3	2817	HENRIQUE DIAS	grupo dramatico e recreativo da retorta	Senior Masculino	54:28	+01:17	04:32
4	2818	TIAGO PINTO	grupo dramatico e recreativo da retorta	Senior Masculino	55:29	+02:17	04:37
5	2199	João Laranjeira	beat your limit!	Senior Masculino	56:14	+03:02	04:41
6	2436	Márcio Pinto	trinca orelhas de gato	Senior Masculino	56:41	+03:29	04:43
7	2200	João Moita	beat your limit!	Senior Masculino	57:15	+04:03	04:46
8	2349	Marco Oliveira	leões de tardariz trail	Senior Masculino	58:04	+04:52	04:50
9	2905	Bruno Santos	a.d.amarante trail running	Senior Masculino	58:13	+05:01	04:51
10	2292	André Pinto	andatrilhos freamunde	Senior Masculino	58:22	+05:10	04:52
11	2198	Ivo Silva	beat your limit!	Senior Masculino	58:40	+05:28	04:53
12	2565	Abílio Almeida	dá-lhe gás	Senior Masculino	58:57	+05:45	04:55
13	2769	Adérito Oliveira	dá-lhe gás	Senior Masculino	59:09	+05:57	04:56
14	2885	Joaquim Rocha	grupo dramatico e recreativo da retorta	Senior Masculino	59:10	+05:58	04:56
15	2177	Fernando Oliveira	moura & dias	Senior Masculino	59:54	+06:42	05:00
16	2814	ADELINO SILVA	grupo dramatico e recreativo da retorta	Senior Masculino	01:00:10	+06:58	05:01
17	2573	Nuno Gonçalves	dive into the mountains	Senior Masculino	01:00:56	+07:44	05:05
18	2770	Carlos Prudêncio	dá-lhe gás	Senior Masculino	01:01:19	+08:07	05:07
19	2445	Sergio Rodrigues	trinca orelhas de gato	Senior Masculino	01:02:16	+09:04	05:11
20	2761	RUI TAVARES	ddt runners	Senior Masculino	01:02:51	+09:39	05:14
21	2055	José Mota	nascidos para correr	Senior Masculino	01:02:54	+09:42	05:14
22	2057	Ivo Barbosa	individual	Senior Masculino	01:03:25	+10:13	05:17
23	2253	João Jaques	olímpico vianense trail	Senior Masculino	01:03:30	+10:18	05:18
24	2026	André Silva	individual	Senior Masculino	01:03:57	+10:45	05:20
25	2442	Adelino Guimarães	trinca orelhas de gato	Senior Masculino	01:04:17	+11:05	05:21
26	2129	Joao Paulo Oliveira	juventude cortegacense	Senior Masculino	01:04:46	+11:34	05:24
27	2555	Fernando Coelho	caracois do monte	Senior Masculino	01:04:59	+11:47	05:25
28	2091	Filipe Carril	fridão sem limites	Senior Masculino	01:05:15	+12:03	05:26
29	2663	Carlos Barbosa	running penafiel trail	Senior Masculino	01:05:23	+12:11	05:27
30	2085	Rúben Rocha	brincalhões	Sub 23 Masculino	01:05:38	+12:26	05:28
31	2784	Carlos Vinha Lopes	running penafiel trail	Senior Masculino	01:06:25	+13:13	05:32
32	2560	Paulo Silva	dá-lhe gás	Senior Masculino	01:07:41	+14:29	05:38
33	2653	Sérgio Pereira	magical mushrooms	Senior Masculino	01:08:13	+15:01	05:41
34	2801	Jose Vaz	lentinhos	Senior Masculino	01:08:29	+15:18	05:42
35	2778	Sérgio Costa	lusos xxi	Senior Masculino	01:08:52	+15:40	05:44
36	2379	Manuel Teixeira	fridão sem limites	Senior Masculino	01:09:26	+16:14	05:47
37	2100	Pedro Ferreira	factor x / s4l / medense fc	Senior Masculino	01:09:30	+16:19	05:48
38	2417	Hugo Moita	clube zipper	Senior Masculino	01:10:14	+17:02	05:51
39	2617	Julio Teixeira	tricotar trails	Senior Masculino	01:10:16	+17:05	05:51
40	2446	Vicente Sousa	trinca orelhas de gato	Senior Masculino	01:10:26	+17:14	05:52
41	2853	RICARDO PEREIRA	#atechoras!	Senior Masculino	01:10:42	+17:30	05:53
42	2287	Ivo Oliveira	factor x / s4l / medense fc	Senior Masculino	01:10:49	+17:37	05:54

MINI TRILHOS PALEOZÓICO 12K - STAGE 1

12 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	2487	Jorge Beliago	gansos	Sub 23 Masculino	01:11:37	+18:25	05:58
44	2872	Mario Ferreira	adefacec - associação desportiva da efacec	Senior Masculino	01:12:00	+18:48	06:00
45	2210	Rui Dias	#correratenumdarmais	Senior Masculino	01:12:08	+18:56	06:01
46	2206	Albertina Cunha	nocturnos de paredes	Senior Feminino	01:12:22	+19:10	06:02
47	2372	Nuno Cunha	tristes mas duros	Senior Masculino	01:12:36	+19:24	06:03
48	2737	Paulo Sousa	aliança de gandra	Senior Masculino	01:13:00	+19:48	06:05
49	2006	Pedro Victoriano	individual	Senior Masculino	01:13:46	+20:34	06:09
50	2416	Marco Vieira	clube zipper	Senior Masculino	01:13:55	+20:43	06:10
51	2698	Miguel Silva	carapaus	Senior Masculino	01:13:58	+20:46	06:10
52	2185	Mario Lima	aves runners	Senior Masculino	01:14:07	+20:55	06:11
53	2780	Márcio Sousa	a. d. sebolido trail boneca douro	Senior Masculino	01:14:19	+21:07	06:12
54	2056	CÉLINE GOMES	nascidos para correr	Senior Feminino	01:14:20	+21:08	06:12
55	2748	José Paulo Cardoso	individual	Senior Masculino	01:14:33	+21:21	06:13
56	2382	Amilcar Amilcar Dias Vinagre Simões	ozxtreme/adcrpereira	Senior Masculino	01:15:01	+21:49	06:15
57	2856	Carlos Sá	individual	Senior Masculino	01:15:03	+21:51	06:15
58	2503	Carlos Oliveira	individual	Senior Masculino	01:15:06	+21:54	06:15
59	2771	José Alves	a. d. sebolido trail boneca douro	Senior Masculino	01:15:06	+21:54	06:15
60	2896	Mario Coelho	individual	Senior Masculino	01:15:10	+21:58	06:16
61	2420	Pedro Gomes	trinca orelhas de gato	Senior Masculino	01:15:13	+22:01	06:16
62	2495	Ricardo Botelho	gansos	Senior Masculino	01:15:13	+22:02	06:16
63	2141	José Martins	individual	Senior Masculino	01:15:17	+22:05	06:16
64	2553	Manuel Lopes	a. d. sebolido trail boneca douro	Senior Masculino	01:15:21	+22:10	06:17
65	2394	António Pereira	individual	Senior Masculino	01:15:39	+22:27	06:18
66	2561	Miguel Oliveira	individual	Senior Masculino	01:15:40	+22:28	06:18
67	2005	Mauro Oliveira	individual	Senior Masculino	01:15:43	+22:31	06:19
68	2095	Sonia Félix	a.r. luz vida gondomarense	Senior Feminino	01:15:50	+22:38	06:19
69	2897	Ana Rita Domingues	olímpico vianense trail	Sub 23 Feminino	01:16:01	+22:49	06:20
70	2733	Hélder Moreira	aliança de gandra	Senior Masculino	01:16:04	+22:52	06:20
71	2835	Patrícia Santos	oralklass - amigos do trail	Senior Feminino	01:16:05	+22:53	06:20
72	2164	Helio Ferreira	grupo 46	Senior Masculino	01:16:17	+23:05	06:21
73	2166	Rui Carril	2 trail	Senior Masculino	01:16:23	+23:11	06:22
74	2767	Mia Pinto	mss contabilidade trail team	Senior Feminino	01:16:42	+23:30	06:23
75	2023	Luís Ferreira	individual	Senior Masculino	01:16:54	+23:42	06:24
76	2010	Miguel Barros	individual	Senior Masculino	01:16:54	+23:43	06:25
77	2089	Marcos Santos	factor x / s4l / medense fc	Senior Masculino	01:17:09	+23:57	06:26
78	2735	Roberto Moreira	aliança de gandra	Senior Masculino	01:17:45	+24:33	06:29
79	2777	Paulo Moura	elite corpus	Senior Masculino	01:17:45	+24:33	06:29
80	1573	Miguel ferreira	fiaes running	Senior Masculino	01:17:49	+24:37	06:29
81	2192	Paulo Dias	individual	Senior Masculino	01:18:02	+24:51	06:30
82	2723	Sérgio Santos	os pachones	Senior Masculino	01:18:22	+25:10	06:32
83	2069	Duarte Dias	individual	Senior Masculino	01:18:22	+25:10	06:32
84	2165	Tiago Monteiro	individual	Senior Masculino	01:18:23	+25:11	06:32
85	2338	Marisa Pereira	kalenji maia	Senior Feminino	01:18:31	+25:19	06:33
86	2228	Filipe Rocha	marco runners	Senior Masculino	01:18:31	+25:19	06:33
87	2330	Manuel Silva	individual	Senior Masculino	01:18:51	+25:39	06:34

MINI TRILHOS PALEOZÓICO 12K - STAGE 1

12 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
88	2609	Sérgio Silva	amigos do pedal trailagares	Sub 23 Masculino	01:18:55	+25:43	06:35
89	2538	Hugo Guimarães	individual	Senior Masculino	01:18:58	+25:46	06:35
90	2717	Pedro Rocha	btt alegria // tubani	Sub 23 Masculino	01:19:03	+25:51	06:35
91	2443	José Júnior	trinca orelhas de gato	Senior Masculino	01:19:29	+26:17	06:37
92	2574	Paulo Carneiro	dive into the mountains	Senior Masculino	01:19:31	+26:19	06:38
93	2558	Diogo Resende	caracois do monte	Sub 23 Masculino	01:19:35	+26:23	06:38
94	2768	Joaquim Alves	individual	Senior Masculino	01:19:46	+26:34	06:39
95	2130	Julio Silva	juventude cortegacense	Senior Masculino	01:19:52	+26:41	06:39
96	2020	Márcio Mendes	individual	Senior Masculino	01:19:53	+26:41	06:39
97	2766	Rui Correia	mss contabilidade trail team	Senior Masculino	01:19:56	+26:45	06:40
98	2251	Paulo Camboa	individual	Senior Masculino	01:20:05	+26:53	06:40
99	2492	Alcino Tavares	gansos	Senior Masculino	01:20:05	+26:53	06:40
100	2173	Gaspar Oliveira	atib finabraga running	Senior Masculino	01:20:14	+27:02	06:41
101	2887	Nina Silva	grupo dramático e recreativo da retorta	Senior Feminino	01:20:20	+27:08	06:42
102	2444	José Jesus	trinca orelhas de gato	Senior Masculino	01:20:22	+27:10	06:42
103	2304	Álvaro Vale	ade trail running	Senior Masculino	01:20:25	+27:13	06:42
104	1094	Tânia Mendes	factor x / s4l / medense fc	Senior Feminino	01:20:29	+27:17	06:42
105	2396	Liliana Felgueiras	douroconta - gabinete de apoio e contabilidade, lda	Senior Feminino	01:20:37	+27:25	06:43
106	2064	Agostinho Silva	osfazconta	Senior Masculino	01:20:50	+27:38	06:44
107	2195	Nuno Miguel Silva Barros	factor x / s4l / medense fc	Senior Masculino	01:20:54	+27:42	06:45
108	2404	JOAQUIM TEIXEIRA	equipa joao ferreira	Senior Masculino	01:20:59	+27:47	06:45
109	1228	Manuel Barros	trinca orelhas de gato	Senior Masculino	01:21:08	+27:56	06:46
110	2237	António Faria	amigos 100 limites	Senior Masculino	01:21:09	+27:57	06:46
111	2863	Bruno Rocha	trinca orelhas de gato	Senior Masculino	01:21:11	+27:59	06:46
112	2638	Herder Barros	paredes running	Senior Masculino	01:21:22	+28:10	06:47
113	2246	Vitor Martins	leões de tardariz trail	Senior Masculino	01:21:24	+28:12	06:47
114	2285	Susana Silva	factor x / s4l / medense fc	Senior Feminino	01:21:26	+28:14	06:47
115	2881	Fábio Pinto	elite corpus	Senior Masculino	01:21:32	+28:20	06:48
116	2732	Álvaro Santos	aliança de gandra	Sub 23 Masculino	01:21:45	+28:33	06:49
117	2103	Pedro Rodrigues	atalanta runners	Senior Masculino	01:21:45	+28:33	06:49
118	1527	Jorge Santos	arcorun	Senior Masculino	01:21:46	+28:34	06:49
119	2261	Paulo Silva	cmds	Senior Masculino	01:21:53	+28:41	06:49
120	2851	HUGO HEITOR	#atechoras!	Senior Masculino	01:22:04	+28:52	06:50
121	2832	Mariana Lemos	runners hp	Senior Feminino	01:22:04	+28:52	06:50
122	2018	Ricardo Carvalho	mss contabilidade trail team	Senior Masculino	01:22:08	+28:56	06:51
123	2097	Luis Dos Santos	individual	Senior Masculino	01:22:14	+29:02	06:51
124	2008	João Teles	factor x / s4l / medense fc	Senior Masculino	01:22:28	+29:16	06:52
125	2283	Paulo Lopes	pm	Senior Masculino	01:22:29	+29:18	06:52
126	2460	Elisabete Leal	brincalhães	Senior Feminino	01:22:42	+29:30	06:53
127	2762	JOÃO CAMPOS	ddt runners	Senior Masculino	01:22:43	+29:31	06:54
128	2812	Filipe ferreira	porto sentido	Senior Masculino	01:23:02	+29:50	06:55
129	2804	Pedro Ferreira	porto sentido	Senior Masculino	01:23:02	+29:51	06:55
130	2380	Eleiana Teixeira	fridão sem limites	Senior Feminino	01:23:08	+29:57	06:56
131	2448	Fernando Ferreira	trinca orelhas de gato	Senior Masculino	01:23:49	+30:37	06:59
132	2699	João Silva	carapaus	Senior Masculino	01:23:51	+30:39	06:59

MINI TRILHOS PALEOZÓICO 12K - STAGE 1

12 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
133	2509	Daniel Ribeiro	generosos runners	Senior Masculino	01:23:52	+30:40	06:59
134	2527	Ruben Moreira	studio sun beauty	Senior Masculino	01:23:53	+30:41	06:59
135	2276	Pedro Martins	nortrail	Senior Masculino	01:23:53	+30:41	06:59
136	2722	Ricardo Teixeira	a20's javalis trail team	Senior Masculino	01:24:03	+30:51	07:00
137	2544	Floriberto Castro	individual	Senior Masculino	01:24:06	+30:55	07:01
138	2532	Carlos Sérgio	amigos do pedal trailagares	Senior Masculino	01:24:18	+31:06	07:02
139	2399	Laura Mendes	kemedo team	Senior Feminino	01:24:40	+31:28	07:03
140	2112	Sérgio Moura	eu e elas	Senior Masculino	01:24:42	+31:31	07:04
141	2213	André Carneiro	porto sentido runners	Senior Masculino	01:24:50	+31:38	07:04
142	2840	ANDREA COELHO	tecla 3 runners	Senior Feminino	01:24:51	+31:39	07:04
143	2670	Paulo Carvalho	jptc	Senior Masculino	01:24:57	+31:45	07:05
144	2034	Daniel Amaral	studio sun beauty	Senior Masculino	01:25:05	+31:53	07:05
145	2493	Miguel Costa	gansos	Senior Masculino	01:25:25	+32:13	07:07
146	2120	Filipe Moreira	individual	Senior Masculino	01:25:27	+32:15	07:07
147	2086	Rui Rocha	brincalhães	Senior Masculino	01:25:28	+32:16	07:07
148	2876	Manuel Carneiro	os cachos	Senior Masculino	01:25:31	+32:19	07:08
149	2709	Liliana Rocha	ei team trail	Senior Feminino	01:25:33	+32:21	07:08
150	2871	Manuel Moura	adefacec - associação desportiva da efacec	Senior Masculino	01:25:49	+32:37	07:09
151	2038	Hugo Couto	clube novo banco	Senior Masculino	01:26:02	+32:50	07:10
152	2719	Leonel Teixeira Teixeira	btt alegria // tubani	Senior Masculino	01:26:02	+32:51	07:10
153	2033	Joaquim Teixeira	individual	Senior Masculino	01:26:06	+32:54	07:10
154	2439	Nuno Marques	os turbomula	Senior Masculino	01:26:14	+33:02	07:11
155	2786	Susana Veloso	individual	Senior Feminino	01:26:22	+33:10	07:12
156	2457	Antonio Fidalgo	kemedo team	Senior Masculino	01:26:23	+33:11	07:12
157	2373	Rui Rocha	tristes mas duros	Senior Masculino	01:26:38	+33:26	07:13
158	2054	Amandio Sousa	kinkipa	Senior Masculino	01:26:56	+33:45	07:15
159	2813	Vasco luxo	porto sentido	Senior Masculino	01:27:00	+33:48	07:15
160	2118	JOSÉ PEREIRA	100meta	Senior Masculino	01:27:00	+33:48	07:15
161	2286	Carla Guimarães	factor x / s4l / medense fc	Senior Feminino	01:27:06	+33:54	07:15
162	2524	Abel Cardoso	studio sun beauty	Senior Masculino	01:27:13	+34:01	07:16
163	2093	Joao Oliveira	os imparaveis	Senior Masculino	01:27:13	+34:01	07:16
164	2238	João Vieira	leões de tardariz trail	Senior Masculino	01:27:13	+34:01	07:16
165	2806	Cristina madureira	individual	Senior Feminino	01:27:26	+34:14	07:17
166	2045	Marlene Martins	mss contabilidade trail team	Senior Feminino	01:27:54	+34:43	07:20
167	1397	Inês Cardoso	fridão sem limites	Sub 23 Feminino	01:27:55	+34:43	07:20
168	1020	José Ferreira	individual	Senior Masculino	01:27:58	+34:46	07:20
169	2374	Bruno Gonçalves	tristes mas duros	Senior Masculino	01:28:01	+34:49	07:20
170	2724	André Silva	os pachones	Senior Masculino	01:28:06	+34:54	07:20
171	2633	Pedro Marques	individual	Senior Masculino	01:28:09	+34:57	07:21
172	2305	Ana Carolina Pereira	ade trail running	Senior Feminino	01:28:11	+34:59	07:21
173	2514	Antonio Pereira	individual	Senior Masculino	01:28:24	+35:13	07:22
174	2750	João Moura	fit gaia trail	Senior Masculino	01:28:25	+35:13	07:22
175	2898	Rui Moura	individual	Senior Masculino	01:28:27	+35:15	07:22
176	1309	Jorge Rebelo Rebelo	nem que chova	Senior Masculino	01:28:30	+35:18	07:22
177	2706	Tania Cardoso	nocturnos de paredes	Senior Feminino	01:28:51	+35:39	07:24

MINI TRILHOS PALEOZÓICO 12K - STAGE 1

12 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
178	2324	Glória Santos	arcorun	Senior Feminino	01:29:00	+35:48	07:25
179	2392	Eduardo Pinho	reumático trail team	Senior Masculino	01:29:05	+35:53	07:25
180	2837	Eliana Silva	individual	Senior Feminino	01:29:21	+36:09	07:27
181	2427	António Lima	trinca orelhas de gato	Senior Masculino	01:29:21	+36:09	07:27
182	2087	Nuno Cabral	individual	Senior Masculino	01:29:22	+36:10	07:27
183	2230	Clara Teixeira	amigos 100 limites	Senior Feminino	01:29:26	+36:14	07:27
184	2903	Carla Pereira	aliança de gandra	Senior Feminino	01:29:34	+36:23	07:28
185	2589	Cesar Sousa	os tranquilos	Senior Masculino	01:29:43	+36:31	07:29
186	2627	Angelo Carneiro	os 3 pastorinhos	Senior Masculino	01:29:51	+36:40	07:29
187	2811	Pedro Silva	individual	Senior Masculino	01:29:54	+36:42	07:30
188	2458	Bernardo Gomes	kemedo team	Sub 23 Masculino	01:30:01	+36:50	07:30
189	2533	Alex Valente	individual	Senior Masculino	01:30:03	+36:51	07:30
190	2526	Hugo Silva	individual	Senior Masculino	01:30:04	+36:52	07:30
191	2704	Daniel Pereira	nocturnos de paredes	Senior Masculino	01:30:06	+36:55	07:31
192	2788	Luisa Teixeira	tricotar trails	Senior Feminino	01:30:14	+37:02	07:31
193	2347	Maria Cunha	a.d.amarante trail running	Senior Feminino	01:30:15	+37:03	07:31
194	2376	Carlos Rocha	tristes mas duros	Senior Masculino	01:30:25	+37:13	07:32
195	2378	Jorge Almeida	soplafifana runners	Senior Masculino	01:30:26	+37:14	07:32
196	2371	Sousa Henrique	soplafifana runners	Senior Masculino	01:30:26	+37:14	07:32
197	1112	VITOR COELHO	individual	Senior Masculino	01:30:28	+37:16	07:32
198	2657	Francisco Mendes	individual	Senior Masculino	01:30:28	+37:16	07:32
199	2400	Antonio Barbosa	individual	Senior Masculino	01:30:39	+37:27	07:33
200	2646	Ana Bessa	individual	Senior Feminino	01:30:40	+37:28	07:33
201	2160	Rui Santos	correr leça	Senior Masculino	01:30:40	+37:29	07:33
202	2398	Rosa Gama	individual	Senior Feminino	01:30:43	+37:31	07:34
203	2521	José Machado	individual	Sub 23 Masculino	01:30:44	+37:32	07:34
204	2601	Miguel tronco	clube amador de mirandela	Senior Masculino	01:30:47	+37:35	07:34
205	2654	Antônio De Jesus Pires	individual	Senior Masculino	01:31:19	+38:07	07:37
206	2099	Márcia Coelho	ei team trail	Senior Feminino	01:31:23	+38:11	07:37
207	2590	Paulo Vaz	os tranquilos	Senior Masculino	01:31:25	+38:13	07:37
208	1308	Ivo Pereira Pereira	nem que chova	Senior Masculino	01:31:27	+38:15	07:37
209	2030	Ana Cristina Santos	fisiojoacarneiro	Senior Feminino	01:31:33	+38:21	07:38
210	2031	João Carneiro	fisiojoacarneiro	Senior Masculino	01:31:33	+38:21	07:38
211	2474	António Rocha	mss contabilidade trail team	Senior Masculino	01:31:34	+38:22	07:38
212	2626	Tiago Carneiro	os 3 pastorinhos	Senior Masculino	01:31:36	+38:24	07:38
213	2628	Luciano Rocha	altos&baixos	Senior Masculino	01:31:36	+38:24	07:38
214	2082	Fátima Silva	brincalhães	Senior Feminino	01:31:40	+38:29	07:38
215	2049	João Ricardo Grilo Teixeira	individual	Senior Masculino	01:31:43	+38:31	07:39
216	1572	Pedro bastos	fiaes running	Senior Masculino	01:31:48	+38:36	07:39
217	2395	Ana Carvalho	att	Senior Feminino	01:31:49	+38:37	07:39
218	2441	António Ribeiro	trinca orelhas de gato	Senior Masculino	01:31:51	+38:39	07:39
219	2886	Goretti Silva	grupo dramático e recreativo da retorta	Senior Feminino	01:32:02	+38:50	07:40
220	2703	Jose Silva	nocturnos de paredes	Senior Masculino	01:32:02	+38:51	07:40
221	2212	Vitor Martins	porto sentido runners	Senior Masculino	01:32:05	+38:53	07:40
222	2019	Paulo Melo	individual	Senior Masculino	01:32:14	+39:02	07:41

MINI TRILHOS PALEOZÓICO 12K - STAGE 1

12 KM

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OFFICIAL RESULT

[illegible]

R

REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
223	2882	José Santos	douroconta - gabinete de apoio e contabilidade, lda	Senior Masculino	01:32:16	+39:04	07:41
224	2215	Fábio Marques	pm	Senior Masculino	01:32:22	+39:10	07:42
225	2012	Ricardo Marques	individual	Senior Masculino	01:32:24	+39:12	07:42
226	2841	ANDREIA PACHECO	tecla 3 runners	Senior Feminino	01:32:31	+39:19	07:43
227	2839	CRISTINA COUTO	tecla 3 runners	Senior Feminino	01:32:31	+39:19	07:43
228	2013	Rui Pereira	individual	Senior Masculino	01:32:33	+39:21	07:43
229	2823	Artur Mário Carvalho Morais	individual	Senior Masculino	01:32:57	+39:45	07:45
230	2293	Ivo Couto	a20's javalis trail team	Senior Masculino	01:32:59	+39:47	07:45
231	2299	Graça Dias Ribeiro	individual	Senior Feminino	01:33:06	+39:54	07:45
232	2515	Ana Virgínia Lirio	ad amarante trail running	Senior Feminino	01:33:08	+39:56	07:46
233	2729	Flora Santos	sentir escariz	Senior Feminino	01:33:09	+39:57	07:46
234	2229	Alcino Silva	amigos 100 limites	Senior Masculino	01:33:18	+40:06	07:46
235	2674	António Ribeiro	individual	Senior Masculino	01:33:19	+40:07	07:47
236	2669	João Falcão	jptc	Senior Masculino	01:33:19	+40:07	07:47
237	2419	Silvio Dias	trinca orelhas de gato	Senior Masculino	01:33:22	+40:10	07:47
238	2405	ARTUR CARDOSO	equipa joao ferreira	Senior Masculino	01:33:29	+40:17	07:47
239	2353	Daniela Queirós	a.d.amarante trail running	Senior Feminino	01:33:33	+40:21	07:48
240	2591	Rogério Rocha	os tranquilos	Senior Masculino	01:33:33	+40:21	07:48
241	2255	Suzete de Sousa	fridão sem limites	Senior Feminino	01:33:35	+40:24	07:48
242	2710	Alcindo Silva	individual	Senior Masculino	01:33:39	+40:27	07:48
243	2222	Joaquim Rocha	jrsousa team	Senior Masculino	01:33:39	+40:27	07:48
244	2239	Agostinho Cardoso	leões de tardariz trail	Senior Masculino	01:33:42	+40:30	07:49
245	2461	Lucília Pereira	amigos 100 limites	Senior Feminino	01:33:43	+40:31	07:49
246	2451	Sérgio Moreira	amigos 100 limites	Senior Masculino	01:33:43	+40:31	07:49
247	2211	Bruno Guedes	porto sentido runners	Senior Masculino	01:33:44	+40:32	07:49
248	2775	Miguel Azevedo	porto sentido runners	Senior Masculino	01:33:44	+40:32	07:49
249	2727	Sofia Silva	os pachones	Senior Feminino	01:33:45	+40:33	07:49
250	2354	Ana Del Pino Alves	individual	Senior Feminino	01:33:59	+40:47	07:50
251	2411	EDGAR SARAIVA	equipa joao ferreira	Senior Masculino	01:34:03	+40:51	07:50
252	2501	Joaquim Cardoso	individual	Senior Masculino	01:34:03	+40:51	07:50
253	2884	Paulo Silva	grupo dramatico e recreativo da retorta	Senior Masculino	01:34:11	+40:59	07:51
254	2499	Leandro Rocha	juventude cortegacense	Senior Masculino	01:34:30	+41:18	07:53
255	2494	Paulo Ferreira	gansos	Senior Masculino	01:34:35	+41:23	07:53
256	2225	Filipe Lopes	individual	Senior Masculino	01:34:39	+41:27	07:53
257	2779	Raquel Costa	lusos xxi	Senior Feminino	01:34:42	+41:30	07:53
258	2836	Eugénio Soares	factor x / s4l / medense fc	Senior Masculino	01:35:11	+41:59	07:56
259	2634	Cristina Meireles	umelga runners	Senior Feminino	01:35:16	+42:04	07:56
260	2600	Luis cepeda	clube amator de mirandela	Sub 23 Masculino	01:35:18	+42:06	07:57
261	2668	David Costa	jptc	Senior Masculino	01:35:22	+42:11	07:57
262	2234	Ricardo Lascasas	amigos 100 limites	Senior Masculino	01:35:27	+42:15	07:57
263	2730	Sara Moreira	sentir escariz	Senior Feminino	01:35:32	+42:20	07:58
264	2301	Hugo Pereira	individual	Senior Masculino	01:35:37	+42:25	07:58
265	2274	Cecilia Martins	jrsousa team	Senior Feminino	01:35:39	+42:28	07:58
266	2870	Sergio Rocha	mss contabilidade trail team	Senior Masculino	01:35:44	+42:32	07:59
267	2584	MARLENE SOARES	espaço saúde	Senior Feminino	01:35:52	+42:40	07:59

MINI TRILHOS PALEOZÓICO 12K - STAGE 1

12 KM

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OFFICIAL RESULT

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R

REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
268	2525	Delfina Rodrigues	espaço saúde	Senior Feminino	01:35:52	+42:41	07:59
269	1676	Carlos Gonçalves	individual	Senior Masculino	01:36:00	+42:48	08:00
270	2131	Anabela Marques	juventude cortegacense	Senior Feminino	01:36:00	+42:48	08:00
271	2522	Ismael Duarte	ondatrail	Senior Masculino	01:36:12	+43:00	08:01
272	2848	Tiago Alexandre	panda os amigos	Senior Masculino	01:36:15	+43:04	08:01
273	2782	Paulo Pinto	junqueira	Senior Masculino	01:36:26	+43:14	08:02
274	2540	Paula Afonso	trailers	Senior Feminino	01:36:40	+43:28	08:03
275	2377	Carla Teixeira	fridão sem limites	Senior Feminino	01:36:48	+43:36	08:04
276	2728	Filipa Cruz	individual	Senior Feminino	01:36:52	+43:40	08:04
277	2290	José Neto	individual	Senior Masculino	01:37:17	+44:06	08:06
278	2188	Joni Rocha	tainadas run team	Senior Masculino	01:37:25	+44:13	08:07
279	2189	Joni Regalado	tainadas run team	Senior Masculino	01:37:25	+44:13	08:07
280	2867	Luis Silva	mss contabilidade trail team	Senior Masculino	01:37:30	+44:18	08:07
281	2092	Diana Dias	clube trilheiros & amigos	Senior Feminino	01:37:33	+44:22	08:08
282	2650	Eduardo Xavier	batedores	Senior Masculino	01:37:34	+44:22	08:08
283	2721	Vitor Magalhaes	a20's javalis trail team	Senior Masculino	01:37:35	+44:23	08:08
284	2138	João Pedro Brito	individual	Senior Masculino	01:37:38	+44:26	08:08
285	2671	Tiago Lopes	jptc	Senior Masculino	01:37:48	+44:36	08:09
286	2543	Catarina Santos	trailers	Senior Feminino	01:37:49	+44:37	08:09
287	2568	MARIANA BAPTISTA	espaço saúde	Senior Feminino	01:37:51	+44:39	08:09
288	2587	Cindy Soares	espaço saúde	Senior Feminino	01:37:51	+44:39	08:09
289	2075	Vitor Neves	individual	Senior Masculino	01:37:56	+44:44	08:10
290	2606	Vânia Cristina Silveira Luis	individual	Senior Feminino	01:37:56	+44:45	08:10
291	2655	Fábio Miguel Rodrigues	cmc carapaus	Senior Masculino	01:37:58	+44:46	08:10
292	2847	Daniel Silva	panda os amigos	Senior Masculino	01:37:58	+44:46	08:10
293	2207	João Gonçalves	mss contabilidade trail team	Senior Masculino	01:37:58	+44:46	08:10
294	2830	Eva Moreira	nocturnos de paredes	Senior Feminino	01:37:58	+44:47	08:10
295	2866	José Silva	mss contabilidade trail team	Senior Masculino	01:38:13	+45:01	08:11
296	2157	Nuno Lopes	correr leça	Senior Masculino	01:38:24	+45:12	08:12
297	2159	Pedro Rocha	correr leça	Senior Masculino	01:38:26	+45:14	08:12
298	2143	Horacio Ferreira	generosos runners	Senior Masculino	01:38:27	+45:15	08:12
299	2235	Ricardo Leal	amigos 100 limites	Senior Masculino	01:38:30	+45:18	08:12
300	2904	Sara Capilupi	individual	Senior Feminino	01:38:31	+45:19	08:13
301	2161	Rui Silva	correr leça	Senior Masculino	01:38:36	+45:24	08:13
302	2083	Inês Silva	brincalhões	Sub 23 Feminino	01:38:36	+45:25	08:13
303	2632	Carlos Maia	airão trail team	Senior Masculino	01:38:40	+45:28	08:13
304	2743	Sérgio Pereira	gondomar futsal clube	Senior Masculino	01:38:42	+45:30	08:14
305	1207	Silvana Rocha	juventude cortegacense	Senior Feminino	01:38:49	+45:37	08:14
306	2747	Andreia Cardoso	individual	Senior Feminino	01:38:54	+45:42	08:14
307	2344	Paulo Henriques	a20's javalis trail team	Senior Masculino	01:39:06	+45:54	08:16
308	2883	Carlos	portocargo	Senior Masculino	01:39:15	+46:03	08:16
309	2303	Fátima Moraes	mss contabilidade trail team	Senior Feminino	01:39:18	+46:06	08:17
310	2899	Monica Fonseca	kemedo team	Senior Feminino	01:39:19	+46:07	08:17
311	1168	José Miguel Cruz Pinto	ciclistas cósmicos - gislótica	Senior Masculino	01:39:22	+46:11	08:17
312	2124	Maria Calado	coa - clube de orientação e aventura	Senior Feminino	01:39:25	+46:13	08:17
313	2726	Bruno Fernandes	os pachones	Senior Masculino	01:39:40	+46:28	08:18

MINI TRILHOS PALEOZÓICO 12K - STAGE 1

12 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
314	2351	Fernando Maduro	paredes running	Senior Masculino	01:39:42	+46:30	08:18
315	2128	Joao Remedios	carapaus	Senior Masculino	01:39:44	+46:32	08:19
316	2754	João Sousa	individual	Senior Masculino	01:39:46	+46:34	08:19
317	2712	Luis Vieira	not fast just furious	Senior Masculino	01:40:04	+46:52	08:20
318	2765	Fernando Lopes	arcorun	Senior Masculino	01:40:30	+47:18	08:23
319	2367	Nuno Santos	jrsousa team	Senior Masculino	01:40:35	+47:23	08:23
320	2262	Joana Silva	cmds	Sub 23 Feminino	01:40:40	+47:28	08:23
321	2725	Fernanda Simões	os pachones	Senior Feminino	01:40:43	+47:31	08:24
322	2346	Fernanda Oliveira	a.d.amarante trail running	Senior Feminino	01:40:59	+47:47	08:25
323	2713	Rogério Oliveira	not fast just furious	Senior Masculino	01:41:03	+47:51	08:25
324	2245	Lígia Freitas	jrsousa team	Senior Feminino	01:41:04	+47:52	08:25
325	2403	Maria Fonseca	equipa joao ferreira	Senior Feminino	01:41:20	+48:08	08:27
326	2810	Nuno Vigário	individual	Senior Masculino	01:41:33	+48:21	08:28
327	2583	Ema Guerra	palmeira runners	Senior Feminino	01:41:35	+48:24	08:28
328	2202	Maria De Fatima Oliveira	sporting clube de espinho	Senior Feminino	01:41:38	+48:27	08:28
329	2833	Manuela Arantes	individual	Senior Feminino	01:41:46	+48:34	08:29
330	2547	Sónia Pereira	individual	Senior Feminino	01:41:46	+48:34	08:29
331	2822	Alice Sousa	dr. merino/4moove	Senior Feminino	01:41:50	+48:38	08:29
332	2024	Madalena Fontes	individual	Senior Feminino	01:41:56	+48:44	08:30
333	2572	Berta Ferreira	porto sentido runners	Senior Feminino	01:41:56	+48:44	08:30
334	2571	Joao Pinheiro	porto sentido runners	Senior Masculino	01:41:56	+48:45	08:30
335	2386	José Leal	no stress	Senior Masculino	01:42:07	+48:55	08:31
336	2397	Vania Alvitano	douroconta - gabinete de apoio e contabilidade, lda	Senior Feminino	01:42:07	+48:55	08:31
337	2123	Susana moreira	coa - clube de orientação e aventura	Senior Feminino	01:42:08	+48:56	08:31
338	2288	Américo Guedes	factor x / s4l / medense fc	Senior Masculino	01:42:12	+49:00	08:31
339	2564	David Nogueira	caracois do monte	Senior Masculino	01:42:45	+49:33	08:34
340	2467	Celso Camboa	juventude cortegacense	Senior Masculino	01:42:51	+49:39	08:34
341	2642	Maria Jesus	nocturnos de paredes	Senior Feminino	01:42:54	+49:42	08:34
342	2641	Rui Silva	nocturnos de paredes	Senior Masculino	01:42:54	+49:42	08:34
343	2096	Vera Carvalho	2 trail	Senior Feminino	01:42:54	+49:43	08:35
344	2115	Ana Vasconcelos	individual	Senior Feminino	01:42:55	+49:43	08:35
345	2167	Ana Pinto	2 trail	Senior Feminino	01:43:00	+49:48	08:35
346	2776	Carla Ferreira	fit gaia trail	Senior Feminino	01:43:25	+50:14	08:37
347	2297	Rui Matos	individual	Senior Masculino	01:43:38	+50:27	08:38
348	2275	João Sousa	individual	Senior Masculino	01:43:39	+50:27	08:38
349	2176	RUI CUSTODIO	individual	Sub 23 Masculino	01:43:45	+50:33	08:39
350	2861	Eduardo Oliveira	trinca orelhas de gato	Senior Masculino	01:43:47	+50:35	08:39
351	2174	Salvador Santos	individual	Senior Masculino	01:43:51	+50:39	08:39
352	2424	Rui Rocha	trinca orelhas de gato	Sub 23 Masculino	01:43:52	+50:40	08:39
353	2107	Manuel Moura	os barriguitas	Senior Masculino	01:44:01	+50:49	08:40
354	2857	Paula Sousa	sentir escariz	Senior Feminino	01:44:06	+50:54	08:40
355	2795	Ricardo Silva	mountain runners	Senior Masculino	01:44:12	+51:01	08:41
356	2163	Tiago Santos	correr leça	Senior Masculino	01:44:15	+51:04	08:41
357	2496	Ana Cristina Rocha	gansos	Senior Feminino	01:44:18	+51:06	08:42
358	2490	Florinda Carvalho	gansos	Senior Feminino	01:44:18	+51:06	08:42

MINI TRILHOS PALEOZÓICO 12K - STAGE 1

12 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
359	2702	Telmo Mota	nocturnos de paredes	Senior Masculino	01:44:19	+51:07	08:42
360	2570	João Sousa	100pernas	Senior Masculino	01:44:20	+51:08	08:42
361	2364	Vitor Leorne	maisquecorridas	Senior Masculino	01:44:21	+51:10	08:42
362	2644	Bárbara Feio	individual	Senior Feminino	01:44:29	+51:17	08:42
363	2175	JOSÉ ALVES	individual	Senior Masculino	01:44:31	+51:19	08:43
364	2480	ISABEL VIEIRA	portocargo	Senior Feminino	01:44:36	+51:24	08:43
365	2530	Susana Vidal	palmeira runners	Senior Feminino	01:44:56	+51:44	08:45
366	2631	Anabela Sousa	grupo de corrida de argoncilhe	Senior Feminino	01:44:57	+51:45	08:45
367	2802	Ana Oliveira	lentinhas	Senior Feminino	01:45:00	+51:48	08:45
368	2360	Mariana coimbra	a-team	Senior Feminino	01:45:27	+52:15	08:47
369	2497	Cristina Fonseca	gansos	Senior Feminino	01:45:43	+52:32	08:49
370	2425	Patrícia Silva	trinca orelhas de gato	Senior Feminino	01:46:03	+52:51	08:50
371	2554	Diana Paiva	a. d. sebolido trail boneca douro	Senior Feminino	01:46:04	+52:53	08:50
372	2074	Claudia Coelho	generosos runners	Senior Feminino	01:46:13	+53:01	08:51
373	2233	Maria Ferreira	amigos 100 limites	Senior Feminino	01:46:37	+53:26	08:53
374	1447	Elsa Santos	mss contabilidade trail team	Senior Feminino	01:46:38	+53:26	08:53
375	2456	Patricia Neto	kemedo team	Senior Feminino	01:46:41	+53:29	08:53
376	2242	Miguel Silva	infecto team	Senior Masculino	01:47:21	+54:09	08:57
377	2534	Jose Moura	nocturnos de paredes	Senior Masculino	01:47:21	+54:09	08:57
378	2079	Marta Freitas	don't need prep team	Senior Feminino	01:47:23	+54:11	08:57
379	2362	Vitor Oliveira	maisquecorridas	Senior Masculino	01:47:23	+54:11	08:57
380	2078	Gil Rodrigues	don't need prep team	Senior Masculino	01:47:23	+54:11	08:57
381	2348	Jesus Castro	leões de tardariz trail	Senior Feminino	01:47:23	+54:12	08:57
382	2277	Marta Leite	budeguita runners	Senior Feminino	01:47:25	+54:14	08:57
383	2475	Marco Vigário	mss contabilidade trail team	Senior Masculino	01:47:31	+54:19	08:58
384	2191	Sonia Silva	paredes running	Senior Feminino	01:47:51	+54:39	08:59
385	2257	Carla Pimentel	generosos runners	Senior Feminino	01:48:04	+54:52	09:00
386	2258	Ricardo Pacheco	generosos runners	Senior Masculino	01:48:04	+54:52	09:00
387	2582	Nuno Magalhaes	caracois do monte	Senior Masculino	01:48:05	+54:53	09:00
388	2549	João Moreira	ss montepio geral	Senior Masculino	01:48:07	+54:55	09:01
389	2708	Jose Moreira	individual	Senior Masculino	01:48:07	+54:55	09:01
390	2550	Manuel Costa	nelcila	Senior Masculino	01:48:40	+55:28	09:03
391	2551	Ercilia Costa	nelcila	Senior Feminino	01:48:40	+55:28	09:03
392	2408	LUIS SILVA	equipa joao ferreira	Senior Masculino	01:48:50	+55:39	09:04
393	2760	RICARDO MARTINS	ddt runners	Senior Masculino	01:48:53	+55:41	09:04
394	2219	Jose Gentil Almeida Ferreira	ou vai ou racha	Senior Masculino	01:48:57	+55:45	09:05
395	2879	Raquel Santos	kemedo team	Senior Feminino	01:49:01	+55:49	09:05
396	2280	Alexandra Alão	movol	Senior Feminino	01:49:03	+55:51	09:05
397	2569	Nuno Silva	100pernas	Senior Masculino	01:49:05	+55:53	09:05
398	2339	Carla Teixeira	individual	Senior Feminino	01:49:10	+55:58	09:06
399	2270	Andreia Silva	somos 4	Senior Feminino	01:49:17	+56:05	09:06
400	2003	José Saraiva	individual	Senior Masculino	01:49:21	+56:09	09:07
401	2004	Diana Gonçalves	individual	Senior Feminino	01:49:21	+56:10	09:07
402	2282	José Ferreira	leões de tardariz trail	Senior Masculino	01:49:32	+56:21	09:08
403	2791	Daniel Reis	lusos xxi	Sub 23 Masculino	01:49:35	+56:23	09:08
404	2751	António Moreira	lusos xxi	Senior Masculino	01:49:35	+56:23	09:08

MINI TRILHOS PALEOZÓICO 12K - STAGE 1

12 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
405	2745	João Paulo Carvalho	lusos xxi	Senior Masculino	01:49:36	+56:24	09:08
406	2604	Germano Moura	os barriguitas	Senior Masculino	01:49:39	+56:27	09:08
407	2335	Andreia Ruela	pé na rota	Senior Feminino	01:49:48	+56:36	09:09
408	2025	Isabel Oliveira	individual	Senior Feminino	01:49:52	+56:40	09:09
409	2410	SANDRA CUNHA	equipa joao ferreira	Senior Feminino	01:49:53	+56:41	09:09
410	2170	Rogério Gomes	a20's javalis trail team	Senior Masculino	01:50:05	+56:53	09:10
411	2736	Natália Moreira	aliança de gandra	Senior Feminino	01:50:11	+56:59	09:11
412	2438	Rita Morais	trinca orelhas de gato	Senior Feminino	01:50:15	+57:03	09:11
413	2244	José Ferreira	jrsousa team	Senior Masculino	01:50:22	+57:10	09:12
414	2623	Diana Beatriz Barbosa	individual	Senior Feminino	01:50:33	+57:21	09:13
415	2369	Manuela Rosas	generosos runners	Senior Feminino	01:50:34	+57:22	09:13
416	2652	Pedro Costa	individual	Senior Masculino	01:50:43	+57:31	09:14
417	2136	Veronica vieira	reumático trail team	Senior Feminino	01:50:51	+57:39	09:14
418	2137	Nuno freitas	reumático trail team	Senior Masculino	01:50:51	+57:39	09:14
419	2720	Filipa Namora	individual	Senior Feminino	01:50:52	+57:40	09:14
420	2579	Carlos Russo	individual	Senior Masculino	01:51:25	+58:13	09:17
421	2647	Sandra Martins	kemedo team	Senior Feminino	01:51:30	+58:18	09:17
422	2263	Jorge Magalhães	cmds	Senior Masculino	01:51:32	+58:20	09:18
423	2575	Jose castelo	fardetas	Senior Masculino	01:51:39	+58:27	09:18
424	2576	Silvia Castelo	fardetas	Senior Feminino	01:51:39	+58:27	09:18
425	2409	SUSANA COSTA	equipa joao ferreira	Senior Feminino	01:51:43	+58:31	09:19
426	2799	Isa Pinto	individual	Senior Feminino	01:51:43	+58:31	09:19
427	2800	Vasco Loureiro	individual	Senior Masculino	01:51:43	+58:31	09:19
428	2368	Sara Pimenta	individual	Senior Feminino	01:51:44	+58:32	09:19
429	2481	Dulce Resende	portocargo	Senior Feminino	01:52:05	+58:53	09:20
430	2482	MANUEL PEREIRA	portocargo	Senior Masculino	01:52:06	+58:54	09:20
431	2486	Carlos Anjos	gansos	Senior Masculino	01:52:15	+59:03	09:21
432	2489	Helena Alvarenga	gansos	Senior Feminino	01:52:15	+59:03	09:21
433	2660	Claudia Sousa	mountain runners	Senior Feminino	01:52:21	+59:09	09:22
434	2044	Marina Sousa	mss contabilidade trail team	Senior Feminino	01:52:29	+59:17	09:22
435	2473	Silvina Barbosa	mss contabilidade trail team	Senior Feminino	01:52:29	+59:17	09:22
436	2479	Elisabete Brazeta	mss contabilidade trail team	Senior Feminino	01:52:29	+59:17	09:22
437	2665	Ana Pestana	individual	Senior Feminino	01:52:31	+59:19	09:23
438	2805	Margarida Sousa	porto sentido	Senior Feminino	01:52:33	+59:22	09:23
439	2385	Ricardo Carvalho	individual	Senior Masculino	01:52:36	+59:24	09:23
440	2081	Paula Ferreira	generosos runners	Senior Feminino	01:52:39	+59:28	09:23
441	2366	Natália Santos	jrsousa team	Senior Feminino	01:52:50	+59:38	09:24
442	2101	Rafaela Ribeiro	generosos runners	Senior Feminino	01:52:56	+59:44	09:25
443	2142	Susana Latourrette	individual	Senior Feminino	01:52:58	+59:46	09:25
444	2612	Teresa Sequeira	individual	Senior Feminino	01:52:58	+59:46	09:25
445	2556	Andreia Faria	individual	Senior Feminino	01:52:58	+59:47	09:25
446	2108	Filipe Morais	mss contabilidade trail team	Senior Masculino	01:53:03	+59:51	09:25
447	2539	José Loureiro	mss contabilidade trail team	Senior Masculino	01:53:03	+59:51	09:25
448	2317	Clemente Meireles Meireles	nem que chova	Senior Masculino	01:53:07	+59:55	09:26
449	2232	Liliana Gomes	amigos 100 limites	Senior Feminino	01:53:10	+59:58	09:26
450	2831	Pedro Pinheiro	individual	Senior Masculino	01:53:22	+01:00:11	09:27

MINI TRILHOS PALEOZÓICO 12K - STAGE 1

12 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
451	2073	Sofia Tadeu	generosos runners	Senior Feminino	01:53:36	+01:00:24	09:28
452	2072	Rodrigo Ferraz	generosos runners	Senior Masculino	01:53:38	+01:00:26	09:28
453	2772	Ana Carvalho	individual	Senior Feminino	01:53:38	+01:00:26	09:28
454	2149	Edite Gonçalves	correr leça	Senior Feminino	01:53:56	+01:00:44	09:30
455	2687	Ana Raquel Dias	factor x / s4l / medense fc	Senior Feminino	01:53:56	+01:00:45	09:30
456	2691	Cora Vieira	factor x / s4l / medense fc	Senior Feminino	01:53:57	+01:00:45	09:30
457	2430	Estrela Soares	trinca orelhas de gato	Senior Feminino	01:54:00	+01:00:48	09:30
458	2061	Brigida Duarte	osfazconta	Senior Feminino	01:54:16	+01:01:04	09:31
459	2557	José Neiva	individual	Senior Masculino	01:54:31	+01:01:19	09:33
460	2868	Joana Ferreira	mss contabilidade trail team	Senior Feminino	01:54:51	+01:01:39	09:34
461	2435	Paula Moreira	trinca orelhas de gato	Senior Feminino	01:54:53	+01:01:41	09:34
462	2196	Cláudia Moura	individual	Senior Feminino	01:54:54	+01:01:42	09:34
463	2209	Alexandra Azevedo	clínica médica da foz	Senior Feminino	01:55:15	+01:02:03	09:36
464	2098	MARTA AMARO	cmc carapaus	Senior Feminino	01:55:24	+01:02:12	09:37
465	2656	Sara Carvalho	cmc carapaus	Senior Feminino	01:55:24	+01:02:12	09:37
466	2829	Bruno Couto	individual	Senior Masculino	01:55:24	+01:02:12	09:37
467	2828	Sónia Pereira	individual	Senior Feminino	01:55:25	+01:02:13	09:37
468	2878	Rui Vitória	individual	Senior Masculino	01:55:27	+01:02:15	09:37
469	2311	Maria João	arcorun	Senior Feminino	01:55:35	+01:02:23	09:38
470	2323	Rosina Couto	arcorun	Senior Feminino	01:55:35	+01:02:23	09:38
471	2447	Carlos Mota	trinca orelhas de gato	Senior Masculino	01:55:40	+01:02:28	09:38
472	2011	Beatriz Loureiro	individual	Senior Feminino	01:55:40	+01:02:28	09:38
473	2214	José Pereira	pm	Senior Masculino	01:55:46	+01:02:34	09:39
474	2824	João Oliveira	porto sentido	Senior Masculino	01:56:08	+01:02:56	09:41
475	2825	Sonia Oliveira	porto sentido	Senior Feminino	01:56:08	+01:02:56	09:41
476	2267	Renata Vieira	lion runners - g. d. leões da guarda	Senior Feminino	01:56:11	+01:02:59	09:41
477	2809	Rosa Soares	fridão sem limites	Senior Feminino	01:56:19	+01:03:07	09:42
478	1736	Rui Santos	individual	Senior Masculino	01:56:23	+01:03:11	09:42
479	2148	Ana Rocha	correr leça	Senior Feminino	01:56:28	+01:03:16	09:42
480	2714	Pedro Torres	not fast just furious	Senior Masculino	01:56:28	+01:03:16	09:42
481	2854	VÍTOR OSÓRIO	#atechoras!	Senior Masculino	01:56:41	+01:03:29	09:43
482	2418	Daniela Gomes	trinca orelhas de gato	Senior Feminino	01:56:55	+01:03:43	09:45
483	2187	Claudia Costa	trepatrihos trail team	Senior Feminino	01:56:55	+01:03:43	09:45
484	2186	Henrique Santiago	trepatrihos trail team	Senior Masculino	01:56:55	+01:03:43	09:45
485	2846	Sandra Paiva	individual	Senior Feminino	01:57:10	+01:03:58	09:46
486	2125	Alberto Reis	passarinhos do monte	Senior Masculino	01:57:11	+01:03:59	09:46
487	2894	Carolina Martins	individual	Senior Feminino	01:57:11	+01:03:59	09:46
488	2032	Ana Paula Teixeira	individual	Senior Feminino	01:57:32	+01:04:20	09:48
489	2797	Bruno Ribeiro	individual	Senior Masculino	01:57:34	+01:04:22	09:48
490	2798	Rui Castro	individual	Senior Masculino	01:57:34	+01:04:22	09:48
491	2690	Patricia Martins	correr leça	Senior Feminino	01:57:55	+01:04:43	09:50
492	2158	Patrícia Rocha	correr leça	Senior Feminino	01:57:55	+01:04:43	09:50
493	2269	Pedro Justo	correr leça	Senior Masculino	01:57:55	+01:04:44	09:50
494	2694	Cidalia Silva	#correratenumdarmais	Senior Feminino	01:57:59	+01:04:48	09:50
495	2763	Susana Santos	crocodilos/misterpc	Senior Feminino	01:58:00	+01:04:48	09:50
496	2685	Alberta Carvalho	individual	Senior Feminino	01:58:38	+01:05:26	09:53

MINI TRILHOS PALEOZÓICO 12K - STAGE 1

12 KM

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REVISED

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
497	2682	Vera Ribeiro	btt alegria // tubani	Senior Feminino	01:58:44	+01:05:32	09:54
498	2681	Miguel Ferreira	btt alegria // tubani	Senior Masculino	01:58:44	+01:05:32	09:54
499	2734	Fátima Ramos	aliança de gandra	Senior Feminino	01:58:59	+01:05:47	09:55
500	2428	Virgínia Ferreira	trinca orelhas de gato	Senior Feminino	01:58:59	+01:05:48	09:55
501	2162	Sandra Morgado	correr leça	Senior Feminino	01:59:05	+01:05:53	09:55
502	2739	Rute Ramos	aliança de gandra	Senior Feminino	01:59:11	+01:05:59	09:56
503	2625	Maria José Alves	ou vai ou racha	Senior Feminino	01:59:17	+01:06:06	09:56
504	2194	Raquel Pinto	individual	Senior Feminino	01:59:19	+01:06:07	09:57
505	2088	Joana Rocha	generosos runners	Senior Feminino	01:59:24	+01:06:12	09:57
506	2291	Sergio Reis	generosos runners	Senior Masculino	01:59:24	+01:06:12	09:57
507	2629	Ana Luiza	porto de mós a correr	Senior Feminino	01:59:24	+01:06:12	09:57
508	2808	Amélia Cardoso	fridão sem limites	Senior Feminino	01:59:42	+01:06:30	09:59
509	2785	Carla Ventura	individual	Senior Feminino	01:59:54	+01:06:42	09:59
510	2692	Vanda Miranda	taylors	Senior Feminino	01:59:54	+01:06:42	09:59
511	2630	Claudia Ribas	oralklass - amigos do trail	Senior Feminino	01:59:54	+01:06:43	10:00
512	2672	Bruno Ferreira	jptc	Senior Masculino	02:00:01	+01:06:49	10:00
513	2358	Wiliana ferreira	a-team	Senior Feminino	02:00:07	+01:06:55	10:01
514	2667	Rosa Castro	jptc	Senior Feminino	02:00:11	+01:06:59	10:01
515	2485	Marília Fernanda De Sá M. De Paiva	individual	Senior Feminino	02:00:17	+01:07:05	10:01
516	2740	Rosa Soares	aliança de gandra	Senior Feminino	02:00:17	+01:07:05	10:01
517	2117	Alice Magalhães	100meta	Senior Feminino	02:00:31	+01:07:20	10:03
518	2781	Sónia Oliveira	individual	Senior Feminino	02:00:35	+01:07:23	10:03
519	2197	Micaela Brito	trilheiros e amigos	Senior Feminino	02:01:29	+01:08:17	10:07
520	2250	Graça Magalhaes	nocturnos de paredes	Senior Feminino	02:01:32	+01:08:21	10:08
521	2639	Antonio Carvalho	nocturnos de paredes	Senior Masculino	02:01:33	+01:08:21	10:08
522	2421	Fernando Vital	trinca orelhas de gato	Senior Masculino	02:01:56	+01:08:44	10:10
523	2240	Gisélia Braga	infecto team	Senior Feminino	02:02:15	+01:09:03	10:11
524	2241	José Pinto	infecto team	Senior Masculino	02:02:15	+01:09:03	10:11
525	2387	Isabel Santos	no stress	Senior Feminino	02:02:17	+01:09:05	10:11
526	2651	Filipe Pinto	nocturnos de paredes	Senior Masculino	02:02:35	+01:09:23	10:13
527	2852	SUSANA PEREIRA	#atechoras!	Senior Feminino	02:02:48	+01:09:36	10:14
528	2850	SANDRA SILVA	#atechoras!	Senior Feminino	02:02:48	+01:09:37	10:14
529	2048	Ana Moreira	individual	Senior Feminino	02:03:00	+01:09:48	10:15
530	2796	Joana Gonçalves	individual	Senior Feminino	02:03:01	+01:09:49	10:15
531	2278	Márcio Ferreira	grandes, fortes e grossos	Senior Masculino	02:03:03	+01:09:51	10:15
532	2279	Liliana Ferreira	grandes, fortes e grossos	Senior Feminino	02:03:03	+01:09:51	10:15
533	2862	Nadia Silva	trinca orelhas de gato	Sub 23 Feminino	02:03:07	+01:09:55	10:16
534	2015	Paula Cardoso	factor x / s4l / medense fc	Senior Feminino	02:03:25	+01:10:13	10:17
535	2523	Cláudia Novais	att	Senior Feminino	02:03:27	+01:10:15	10:17
536	2500	Ana Rocha	juventude cortegacense	Senior Feminino	02:03:27	+01:10:15	10:17
537	2127	Conceicao allen	carapaus	Senior Feminino	02:03:45	+01:10:33	10:19
538	2531	Natália Ferreira	amigos do pedal trailagares	Senior Feminino	02:03:52	+01:10:40	10:19
539	2586	Manuel Silva	douroconta - gabinete de apoio e contabilidade, lda	Senior Masculino	02:04:36	+01:11:24	10:23
540	2156	Marisa Silva	correr leça	Senior Feminino	02:04:39	+01:11:27	10:23
541	2094	José Teixeira	juventude desportiva de gondomar	Senior Masculino	02:04:47	+01:11:35	10:24

MINI TRILHOS PALEOZÓICO 12K - STAGE 1

12 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
542	2675	Joaquim Oliveira	juventude desportiva de gondomar	Senior Masculino	02:04:47	+01:11:35	10:24
543	2106	Jorge Teixeira	juventude desportiva de gondomar	Senior Masculino	02:04:47	+01:11:35	10:24
544	2491	Laurinda Tavares	gansos	Senior Feminino	02:05:03	+01:11:51	10:25
545	2356	Ana Alves	a.d.amarante trail running	Senior Feminino	02:05:24	+01:12:12	10:27
546	2684	Paula Silva	btt alegria // tubani	Senior Feminino	02:05:34	+01:12:23	10:28
547	2683	Tony Mendes	btt alegria // tubani	Senior Masculino	02:05:35	+01:12:23	10:28
548	2155	Luisa Pereira	correr leça	Senior Feminino	02:05:37	+01:12:25	10:28
549	2152	João Rocha	correr leça	Senior Masculino	02:05:37	+01:12:25	10:28
550	2022	Raquel Marques	mss contabilidade trail team	Senior Feminino	02:05:50	+01:12:38	10:29
551	2027	Soraia Póvoas	mss contabilidade trail team	Senior Feminino	02:05:50	+01:12:38	10:29
552	2742	Patrícia Santos	gondomar futsal clube	Senior Feminino	02:05:54	+01:12:42	10:29
553	2243	Justa Ferreira	jrsousa team	Senior Feminino	02:05:58	+01:12:46	10:30
554	2221	Isabel Nogueira	jrsousa team	Senior Feminino	02:05:58	+01:12:46	10:30
555	2865	Cristina Neves	trinca orelhas de gato	Senior Feminino	02:06:11	+01:12:59	10:31
556	2507	Luis Ribeiro	paredes running	Senior Masculino	02:06:33	+01:13:21	10:33
557	2391	Antero Bessa	paredes running	Senior Masculino	02:06:35	+01:13:23	10:33
558	2021	Vanessa Ramos	mss contabilidade trail team	Senior Feminino	02:06:40	+01:13:28	10:33
559	2567	Sandra Amorim	sa	Senior Feminino	02:07:31	+01:14:19	10:38
560	2528	Luis Carlos Estevao	individual	Senior Masculino	02:07:38	+01:14:26	10:38
561	2701	Joana Silva	nocturnos de paredes	Senior Feminino	02:07:59	+01:14:47	10:40
562	2700	Paulo Amorim	nocturnos de paredes	Senior Masculino	02:07:59	+01:14:47	10:40
563	2028	Andreia Ribeiro	sapatilhas pensadoras	Senior Feminino	02:08:13	+01:15:01	10:41
564	2345	Rui Moreira	papatrails	Senior Masculino	02:08:22	+01:15:10	10:42
565	2664	Mafalda Alves	papatrails	Senior Feminino	02:08:22	+01:15:10	10:42
566	2738	Joana Soares	aliança de gandra	Senior Feminino	02:08:31	+01:15:20	10:43
567	2661	Vanda Costa	individual	Senior Feminino	02:08:36	+01:15:24	10:43
568	2318	António Santos	os tartarugas	Senior Masculino	02:08:43	+01:15:31	10:44
569	2172	Sofia Nunes	a20's javalis trail team	Senior Feminino	02:08:43	+01:15:31	10:44
570	2826	Aurea Cardoso	individual	Senior Feminino	02:08:51	+01:15:39	10:44
571	2715	Lurdes Monteiro	individual	Senior Feminino	02:08:52	+01:15:40	10:44
572	2827	Julliane Dias	individual	Senior Feminino	02:08:54	+01:15:43	10:45
573	2838	Cátia Teixeira	individual	Senior Feminino	02:08:59	+01:15:47	10:45
574	2901	Susana Serra	team lanthemil	Senior Feminino	02:09:01	+01:15:49	10:45
575	2902	Sofia Pereira	team lanthemil	Senior Feminino	02:09:01	+01:15:49	10:45
576	2900	Vítor Horácio Correia	team lanthemil	Senior Masculino	02:09:01	+01:15:50	10:45
577	2313	Claudia Dias	arcorun	Senior Feminino	02:09:06	+01:15:54	10:45
578	2402	Sonia Silva	equipa mountain runners	Senior Feminino	02:09:40	+01:16:28	10:48
579	2296	Sandra carvalho	mountain runners	Senior Feminino	02:09:40	+01:16:28	10:48
580	2314	Ana Rocha	arcorun	Senior Feminino	02:09:53	+01:16:41	10:49
581	2764	Patrícia Lopes	arcorun	Senior Feminino	02:09:53	+01:16:41	10:49
582	2309	Nuno Fernandes	arcorun	Senior Masculino	02:09:53	+01:16:41	10:49
583	2716	Sara Rocha	btt alegria // tubani	Senior Feminino	02:10:36	+01:17:24	10:53
584	2359	Ana azevedo	a-team	Senior Feminino	02:10:36	+01:17:24	10:53
585	2150	Elsa Sousa	correr leça	Senior Feminino	02:10:37	+01:17:25	10:53
586	2310	Carla Leite	arcorun	Senior Feminino	02:10:42	+01:17:30	10:53
587	2090	Maria Pinto	generosos runners	Senior Feminino	02:10:44	+01:17:32	10:54

MINI TRILHOS PALEOZÓICO 12K - STAGE 1

12 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
588	2295	David Silva	gundemarus	Senior Masculino	02:10:59	+01:17:47	10:55
589	2873	Joana Couto	individual	Senior Feminino	02:11:11	+01:17:59	10:56
590	2581	Catia Costa	caracois do monte	Senior Feminino	02:11:31	+01:18:19	10:58
591	2178	Helena Cardoso	jrsousa team	Senior Feminino	02:11:41	+01:18:29	10:58
592	2332	Clara Costa	pé na rota	Senior Feminino	02:12:04	+01:18:52	11:00
593	2331	Manuel Dias Noites	pé na rota	Senior Masculino	02:12:04	+01:18:53	11:00
594	2437	Isilda Silva	trinca orelhas de gato	Senior Feminino	02:12:07	+01:18:55	11:01
595	2577	Cláudio Silva	wolves run trail	Senior Masculino	02:12:08	+01:18:56	11:01
596	2455	Daniel Fernandes	wolves run trail	Sub 23 Masculino	02:12:08	+01:18:56	11:01
597	2578	Antonio Fernandes	wolves run trail	Senior Masculino	02:12:08	+01:18:56	11:01
598	2864	Sergio Sousa	trinca orelhas de gato	Senior Masculino	02:12:13	+01:19:01	11:01
599	2355	Sandra Soares	budeguita runners	Senior Feminino	02:12:22	+01:19:11	11:02
600	2256	Marlene Marques	budeguita runners	Senior Feminino	02:12:23	+01:19:11	11:02
601	2468	Susana Ferreira	individual	Senior Feminino	02:12:48	+01:19:36	11:04
602	2469	Fatima Ribeiro	individual	Senior Feminino	02:12:48	+01:19:36	11:04
603	2264	Daniela Silva	lion runners - g. d. leões da guarda	Senior Feminino	02:12:54	+01:19:42	11:04
604	2060	Adriana Duarte	osfazconta	Senior Feminino	02:13:12	+01:20:00	11:06
605	2265	Paulo Ribeiro	lion runners - g. d. leões da guarda	Senior Masculino	02:13:15	+01:20:03	11:06
606	2042	Natalia Carvalho	mss contabilidade trail team	Senior Feminino	02:13:21	+01:20:09	11:07
607	2673	José Silva	jptc	Senior Masculino	02:13:46	+01:20:34	11:09
608	2452	Ana Pinto	rapidinhos	Senior Feminino	02:13:53	+01:20:41	11:09
609	2132	Filomena Marcelo	alto relevo-clube de montanhismo	Senior Feminino	02:14:00	+01:20:48	11:10
610	2383	Filipe Ribeiro	att	Senior Masculino	02:14:02	+01:20:50	11:10
611	2384	Teresa Carvalho	individual	Senior Feminino	02:14:02	+01:20:50	11:10
612	2680	Claudia Carmo	btt alegria // tubani	Senior Feminino	02:14:22	+01:21:10	11:12
613	2145	Ana Assunção	individual	Senior Feminino	02:14:30	+01:21:18	11:12
614	2144	Luis Duarte	individual	Senior Masculino	02:14:30	+01:21:18	11:12
615	2035	Ricardo Amaral	studio sun beauty	Senior Masculino	02:15:12	+01:22:00	11:16
616	2308	Deibid Moreno	arcorun	Sub 23 Masculino	02:15:39	+01:22:27	11:18
617	2307	Alexis Bolivar	arcorun	Senior Masculino	02:15:39	+01:22:28	11:18
618	2462	RITA GONÇALVES	equipa joao ferreira	Senior Feminino	02:15:48	+01:22:36	11:19
619	2465	JOAO FERREIRA	equipa joao ferreira	Senior Masculino	02:15:48	+01:22:36	11:19
620	2546	Yessica Magalhães	caracois do monte	Senior Feminino	02:16:01	+01:22:49	11:20
621	2599	Emília Iago	clube amador de mirandela	Senior Feminino	02:16:06	+01:22:54	11:21
622	2598	Joana fontes	clube amador de mirandela	Senior Feminino	02:16:06	+01:22:54	11:21
623	2357	Ana Moreira	budeguita runners	Senior Feminino	02:16:07	+01:22:55	11:21
624	2774	Marta Silva	individual	Senior Feminino	02:16:07	+01:22:55	11:21
625	2645	Sandra Ferreira	individual	Senior Feminino	02:16:08	+01:22:56	11:21
626	2502	Alfredo Faria	compincha	Senior Masculino	02:16:17	+01:23:05	11:21
627	2659	Ana Rita Moreira	uh lá lá	Senior Feminino	02:16:17	+01:23:05	11:21
628	2615	Carmelita Marques	uh lá lá	Senior Feminino	02:16:17	+01:23:05	11:21
629	2614	Carla Leal	uh lá lá	Senior Feminino	02:16:17	+01:23:06	11:21
630	2545	Juana Silva	individual	Senior Feminino	02:16:45	+01:23:33	11:24
631	2281	Sandro Oliveira	leões de tardariz trail	Senior Masculino	02:16:47	+01:23:35	11:24
632	2254	Damião Pontes	leões de tardariz trail	Senior Masculino	02:16:47	+01:23:35	11:24
633	2350	Pedro Oliveira	leões de tardariz trail	Sub 23 Masculino	02:16:47	+01:23:36	11:24

MINI TRILHOS PALEOZÓICO 12K - STAGE 1

12 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
634	2259	Sara Silva	cmds	Senior Feminino	02:17:08	+01:23:57	11:26
635	2260	Maria Cabral	cmds	Senior Feminino	02:17:09	+01:23:57	11:26
636	2820	Raquel Campos	grupo dramatico e recreativo da retorta	Senior Feminino	02:17:26	+01:24:14	11:27
637	2845	Sónia Carvalho	individual	Senior Feminino	02:17:33	+01:24:21	11:28
638	2678	Rosinda Macedo	caga tacos running team	Senior Feminino	02:17:38	+01:24:26	11:28
639	2677	António Macedo	caga tacos running team	Senior Masculino	02:17:39	+01:24:27	11:28
640	2393	Celeste Lopes	paredes running	Senior Feminino	02:17:53	+01:24:41	11:29
641	2249	Madalena Oliveira	nocturnos de paredes	Senior Feminino	02:18:41	+01:25:29	11:33
642	2758	ANABELA VEIGA	ddt runners	Senior Feminino	02:19:19	+01:26:07	11:37
643	2059	Jorge Silva	osfazconta	Senior Masculino	02:19:21	+01:26:09	11:37
644	2792	Sofia Dias	individual	Senior Feminino	02:19:56	+01:26:44	11:40
645	2793	Hugo Coimbra	individual	Senior Masculino	02:19:56	+01:26:44	11:40
646	2147	Ana Duarte	correr leça	Senior Feminino	02:19:56	+01:26:44	11:40
647	2759	MARINA RAMALHO	ddt runners	Senior Feminino	02:20:00	+01:26:48	11:40
648	2431	Deolinda Campanhã	trinca orelhas de gato	Senior Feminino	02:20:44	+01:27:32	11:44
649	2433	Goreti Rocha	trinca orelhas de gato	Senior Feminino	02:20:49	+01:27:37	11:44
650	2440	Sónia Boucinha	trinca orelhas de gato	Senior Feminino	02:20:51	+01:27:39	11:44
651	2755	BRUNO CARDOSO	ddt runners	Senior Masculino	02:20:54	+01:27:42	11:44
652	2320	Alexandra Rodrigues	os tartarugas	Senior Feminino	02:20:58	+01:27:46	11:45
653	2319	Afonso Santos	os tartarugas	Senior Masculino	02:20:58	+01:27:46	11:45
654	2676	Ricardo Braga	rechonchudos trail runners	Senior Masculino	02:21:15	+01:28:03	11:46
655	2607	Paula Morais	éjáli...clube de amigos trailrunners	Senior Feminino	02:21:25	+01:28:13	11:47
656	2236	Rosa Costa	amigos 100 limites	Senior Feminino	02:21:25	+01:28:13	11:47
657	2271	Tânia Batista	somos 4	Senior Feminino	02:21:26	+01:28:14	11:47
658	2114	Manuela Castelo	juventude cortegacense	Senior Feminino	02:21:37	+01:28:25	11:48
659	2116	Catarina Ferreira	juventude cortegacense	Senior Feminino	02:21:37	+01:28:25	11:48
660	2520	Maria Mendonça	juventude cortegacense	Senior Feminino	02:21:37	+01:28:25	11:48
661	2498	Miguel Matos	juventude cortegacense	Senior Masculino	02:21:37	+01:28:25	11:48
662	2122	Gabriela Rola	juventude cortegacense	Senior Feminino	02:21:37	+01:28:25	11:48
663	2119	Isabel Pereira	juventude cortegacense	Senior Feminino	02:21:37	+01:28:25	11:48
664	2110	Rute Costa	eu e elas	Senior Feminino	02:22:29	+01:29:17	11:52
665	2065	Elisa Pereira	individual	Senior Feminino	02:22:44	+01:29:32	11:54
666	2109	Analisa Teixeira	eu e elas	Senior Feminino	02:23:05	+01:29:53	11:55
667	2217	Isabel Mendes	individual	Senior Feminino	02:23:30	+01:30:18	11:57
668	2536	Bruna Silva	nocturnos de paredes	Senior Feminino	02:23:30	+01:30:18	11:57
669	2111	Patrícia Bastos	eu e elas	Senior Feminino	02:24:31	+01:31:19	12:03
670	2478	Carla Alice Reis	mss contabilidade trail team	Senior Feminino	02:24:32	+01:31:20	12:03
671	2052	Rui Monteiro	mss contabilidade trail team	Senior Masculino	02:24:33	+01:31:21	12:03
672	2067	Laura Eira	moviteknika	Sub 23 Feminino	02:24:44	+01:31:32	12:04
673	2890	SUSANA PEREIRA	individual	Senior Feminino	02:24:46	+01:31:34	12:04
674	2002	Rosa Bispo	em força - corremos pela esclerose múltipla	Sub 23 Feminino	02:24:46	+01:31:35	12:04
675	2154	Laura Neves	correr leça	Senior Feminino	02:25:05	+01:31:53	12:05
676	2084	Armando Silva	brincalhães	Senior Masculino	02:25:07	+01:31:55	12:06
677	2266	Claudia Cunha	lion runners - g. d. leões da guarda	Senior Feminino	02:25:20	+01:32:08	12:07
678	2063	Catarina Silva	osfazconta	Senior Feminino	02:25:56	+01:32:44	12:10

MINI TRILHOS PALEOZÓICO 12K - STAGE 1

12 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
679	2483	MANUEL ALMEIDA	portocargo	Senior Masculino	02:26:28	+01:33:16	12:12
680	2753	Lili Silva	individual	Senior Feminino	02:27:09	+01:33:57	12:16
681	2787	Liliana Escudeiro	team lanthemil	Senior Feminino	02:27:17	+01:34:05	12:16
682	2168	Ana Oliveira	team lanthemil	Senior Feminino	02:27:17	+01:34:05	12:16
683	2169	Hugo Azevedo	team lanthemil	Senior Masculino	02:27:18	+01:34:06	12:16
684	2602	Claudia alexandra Vilarinho	clube amador de mirandela	Senior Feminino	02:28:05	+01:34:53	12:20
685	2693	Ema Morais	clube amador de mirandela	Senior Feminino	02:28:05	+01:34:53	12:20
686	2203	Maria sousa	individual	Senior Feminino	02:28:58	+01:35:46	12:25
687	2204	Sara azevedo	individual	Senior Feminino	02:28:58	+01:35:47	12:25
688	2205	Sandra gonçaves	individual	Senior Feminino	02:28:59	+01:35:47	12:25
689	2121	Paula Salgado	mss contabilidade trail team	Senior Feminino	02:29:08	+01:35:56	12:26
690	2508	Lucinda Marques	paredes running	Senior Feminino	02:29:40	+01:36:28	12:28
691	2718	Fernanda Soares	btt alegria // tubani	Senior Feminino	02:29:44	+01:36:32	12:29
692	2179	Susana Fernandes	trilhados	Senior Feminino	02:29:52	+01:36:40	12:29
693	2874	Lúcia Gomes	individual	Senior Feminino	02:29:52	+01:36:40	12:29
694	2506	Marta Pimenta	os goguinhos	Senior Feminino	02:30:08	+01:36:57	12:31
695	2505	Diogo Pimenta	os goguinhos	Senior Masculino	02:30:08	+01:36:57	12:31
696	2426	Ismael Silva	trinca orelhas de gato	Senior Masculino	02:30:13	+01:37:01	12:31
697	2341	Ana Moreira	os turbomula	Senior Feminino	02:31:28	+01:38:16	12:37
698	2749	Diana Poças	fit gaia trail	Senior Feminino	02:31:31	+01:38:19	12:38
699	2401	Sonia Bastos	a.d.amarante trail running	Senior Feminino	02:31:35	+01:38:23	12:38
700	2302	Liliana Cardoso	individual	Senior Feminino	02:31:35	+01:38:23	12:38
701	2058	Susana Rito	edv-vianatrail	Senior Feminino	02:31:53	+01:38:41	12:39
702	2476	Pedro Oliveira	mss contabilidade trail team	Senior Masculino	02:31:53	+01:38:41	12:39
703	2434	Filipe Terra	trinca orelhas de gato	Senior Masculino	02:32:40	+01:39:28	12:43
704	2432	Carlos Conde	trinca orelhas de gato	Senior Masculino	02:32:40	+01:39:28	12:43
705	2535	Albertina Moura	nocturnos de paredes	Senior Feminino	02:33:22	+01:40:10	12:47
706	2105	Natalina Videira	mss contabilidade trail team	Senior Feminino	02:33:39	+01:40:27	12:48
707	2895	Gene Torres	individual	Senior Masculino	02:35:33	+01:42:21	12:58
708	2893	Maria Reis	individual	Senior Feminino	02:35:33	+01:42:22	12:58
709	2216	Celia Moreira	individual	Senior Feminino	02:35:48	+01:42:36	12:59
710	2618	Clemência Guimarães Ferreira	individual	Senior Feminino	02:35:48	+01:42:36	12:59
711	2208	Albertina Lopes	mss contabilidade trail team	Senior Feminino	02:37:08	+01:43:56	13:06
712	2477	Anabela Reis	mss contabilidade trail team	Senior Feminino	02:37:08	+01:43:56	13:06
713	2807	Paula Ferraz	individual	Senior Feminino	02:38:03	+01:44:51	13:10
714	2552	Sílvia Garcia	individual	Senior Feminino	02:38:46	+01:45:34	13:14
715	2707	Vitor Barbosa	baltar trail runners	Senior Masculino	02:39:27	+01:46:15	13:17
716	2342	Jose freitas	ou vai ou racha	Senior Masculino	02:40:26	+01:47:14	13:22
717	2220	Jose Gentil Almeida Ferreira	ou vai ou racha	Senior Masculino	02:40:37	+01:47:25	13:23
718	2223	Paula sousa	ou vai ou racha	Senior Feminino	02:40:37	+01:47:25	13:23
719	2819	Cátia Saraiva	rechonchudos trail runners	Senior Feminino	02:42:02	+01:48:50	13:30
720	2821	Debora Correia	rechonchudos trail runners	Senior Feminino	02:42:02	+01:48:50	13:30
721	2746	Cláudia Marlene Gonçalves Soares	individual	Senior Feminino	02:43:07	+01:49:56	13:36
722	2014	Lurdes Sanguedo	individual	Senior Feminino	02:44:23	+01:51:11	13:42
723	2017	Sandra Ferreira	individual	Senior Feminino	02:44:23	+01:51:11	13:42

MINI TRILHOS PALEOZÓICO 12K - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

[illegible]

R

REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
724	2312	Claudia Costa	arcorun	Senior Feminino	02:44:39	+01:51:27	13:43
725	2640	Rafaela Cortez Marques	nocturnos de paredes	Senior Feminino	02:45:33	+01:52:22	13:48
726	2077	Carla Gomes	generosos runners	Senior Feminino	02:45:33	+01:52:22	13:48
727	2695	Sonia Sacras	arcorun	Sub 23 Feminino	02:46:14	+01:53:02	13:51
728	2001	Carla Teixeira	bota brita	Senior Feminino	02:47:33	+01:54:21	13:58
729	2849	Cristiana Leite	bota brita	Senior Feminino	02:47:33	+01:54:21	13:58
730	2306	Erika Jesus	arcorun	Senior Feminino	02:48:04	+01:54:52	14:00
731	2696	Cláudia Bastos	individual	Senior Feminino	02:48:45	+01:55:33	14:04
732	2697	Jorge Bastos	individual	Senior Masculino	02:48:45	+01:55:34	14:04
733	2593	Carolina Violas	juventude cortegacense	Senior Feminino	02:48:53	+01:55:42	14:04
734	2133	Cristiana Carvalho	juventude cortegacense	Senior Feminino	02:48:54	+01:55:42	14:04
735	2756	PAULO FERREIRA	ddt runners	Senior Masculino	02:49:06	+01:55:54	14:06
736	2757	ANABELA CARDOSO	ddt runners	Senior Feminino	02:49:06	+01:55:54	14:06
737	2315	Alcina Moura	arcorun	Senior Feminino	02:50:22	+01:57:10	14:12
738	2711	Marcia Pinto	metralhas runners	Senior Feminino	02:53:11	+01:59:59	14:26
739	2611	Sonia Sampaio	metralhas runners	Senior Feminino	02:53:11	+02:00:00	14:26
740	2616	Geraldine Teixeira	tricotar trails	Senior Feminino	02:53:11	+02:00:00	14:26
741	2231	Cláudia Silva	amigos 100 limites	Senior Feminino	02:54:05	+02:00:53	14:30
742	2390	Paula Ribeiro	paredes running	Senior Feminino	02:54:24	+02:01:12	14:32
743	2298	Ana Ferreira	paredes running	Senior Feminino	02:54:25	+02:01:13	14:32
744	2190	Sandra Silva	paredes running	Senior Feminino	02:54:25	+02:01:13	14:32
745	2608	Helder Moraes	tartarugas sprinters	Senior Masculino	02:55:00	+02:01:48	14:35
746	1565	João Paulo De Sousa	mangueiras - run/walk team	Senior Masculino	02:55:30	+02:02:18	14:37
747	2637	Ricardo Matos	mangueiras - run/walk team	Senior Masculino	02:55:30	+02:02:18	14:37
748	2636	Diana Moreira	mangueiras - run/walk team	Senior Feminino	02:55:30	+02:02:18	14:37
749	2635	Marisa Silva	mangueiras - run/walk team	Senior Feminino	02:55:30	+02:02:18	14:38
750	2352	Natalia Oliveira	paredes running	Senior Feminino	02:55:46	+02:02:34	14:39
751	2624	Manuela Santos	paredes running	Senior Feminino	02:55:46	+02:02:34	14:39
752	2679	Liliana Garcês	btt alegria // tubani	Senior Feminino	02:58:35	+02:05:23	14:53
753	2834	Vanda costa	individual	Senior Feminino	03:06:27	+02:13:15	15:32
754	2040	Cristiana Filipa Machado da Silva	airão trail team	Senior Feminino	03:17:36	+02:24:24	16:28
755	2041	Maria Manuela da Silva Machado	airão trail team	Senior Feminino	03:17:37	+02:24:25	16:28
756	2051	Ana Machado	mss contabilidade trail team	Senior Feminino	03:22:40	+02:29:28	16:53
757	2043	Rosa Maria Castro	mss contabilidade trail team	Senior Feminino	03:22:40	+02:29:28	16:53
758	2046	Irene Bastos	mss contabilidade trail team	Senior Feminino	03:22:40	+02:29:29	16:53

Mini Trilhos Paleozóico 12K

12 KM

LAP2G0 - TIMING SOLUTION - LAP2G0 - TIMING SOLUTION - LAP2G0 - TIMING SOLUTION - LAP2G0 - TIMING SOLUTION - LAP2G0 - TIMING SOLUTION - LAP2G0 - TIMING SOLUTION - LAP2G0 - TIMING SOLUTION - LAP2G0 - TIMING SOLUTION - LAP2G0 - TIMING SOLUTION - LAP2G0 - TIMING SOLUTION - LAP2G0 - TIMING SOLUTION - LAP2G0 - TIMING SOLUTION - LAP2G0 - TIMING SOLUTION

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OFFICIAL RESULT

R

REVISED

	Time	Temperature	Humidity
Start	10:00	8.2°C	87%
End	13:22	13°C	62%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	2206	Albertina Cunha	Nocturnos de Paredes	Senior Feminino	01:12:22	+19:10	06:02
2	2056	CÉLINE GOMES	Nascidos Para Correr	Senior Feminino	01:14:20	+21:08	06:12
3	2095	Sonia Félix	A.R. LUZ VIDA GONDOMARENSE	Senior Feminino	01:15:50	+22:38	06:19
4	2835	Patrícia Santos	Oralklass - Amigos Do Trail	Senior Feminino	01:16:05	+22:53	06:20
5	2767	Mia Pinto	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	01:16:42	+23:30	06:23
6	2338	Marisa Pereira	Kalenji Maia	Senior Feminino	01:18:31	+25:19	06:33
7	2887	Nina Silva	grupo dramatico e recreativo da retorta	Senior Feminino	01:20:20	+27:08	06:42
8	1094	Tânia Mendes	Factor X / S4L / Medense FC	Senior Feminino	01:20:29	+27:17	06:42
9	2396	Liliana Felgueiras	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Senior Feminino	01:20:37	+27:25	06:43
10	2285	Susana Silva	Factor X / S4L / Medense FC	Senior Feminino	01:21:26	+28:14	06:47
11	2832	Mariana Lemos	Runners HP	Senior Feminino	01:22:04	+28:52	06:50
12	2460	Elisabete Leal	Brincalhões	Senior Feminino	01:22:42	+29:30	06:53
13	2380	Eleiana Teixeira	Fridão Sem Limites	Senior Feminino	01:23:08	+29:57	06:56
14	2399	Laura Mendes	KeMedo Team	Senior Feminino	01:24:40	+31:28	07:03
15	2840	ANDREA COELHO	TECLA 3 RUNNERS	Senior Feminino	01:24:51	+31:39	07:04
16	2709	Liliana Rocha	Ei Team Trail	Senior Feminino	01:25:33	+32:21	07:08
17	2786	Susana Veloso	Individual	Senior Feminino	01:26:22	+33:10	07:12
18	2286	Carla Guimarães	Factor X / S4L / Medense FC	Senior Feminino	01:27:06	+33:54	07:15
19	2806	Cristina madureira	Individual	Senior Feminino	01:27:26	+34:14	07:17
20	2045	Marlene Martins	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	01:27:54	+34:43	07:20
21	2305	Ana Carolina Pereira	ADE Trail Running	Senior Feminino	01:28:11	+34:59	07:21
22	2706	Tania Cardoso	Nocturnos de Paredes	Senior Feminino	01:28:51	+35:39	07:24
23	2324	Glória Santos	ARCORUN	Senior Feminino	01:29:00	+35:48	07:25
24	2837	Eliana Silva	Individual	Senior Feminino	01:29:21	+36:09	07:27
25	2230	Clara Teixeira	Amigos 100 Limites	Senior Feminino	01:29:26	+36:14	07:27
26	2903	Carla Pereira	Aliança de Gandra	Senior Feminino	01:29:34	+36:23	07:28
27	2788	Luisa Teixeira	Tricotar Trails	Senior Feminino	01:30:14	+37:02	07:31
28	2347	Maria Cunha	A.D.Amarante trail running	Senior Feminino	01:30:15	+37:03	07:31
29	2646	Ana Bessa	Individual	Senior Feminino	01:30:40	+37:28	07:33
30	2398	Rosa Gama	Individual	Senior Feminino	01:30:43	+37:31	07:34
31	2099	Márcia Coelho	Ei Team Trail	Senior Feminino	01:31:23	+38:11	07:37
32	2030	Ana Cristina Santos	FisioJoaoCarneiro	Senior Feminino	01:31:33	+38:21	07:38
33	2082	Fátima Silva	Brincalhões	Senior Feminino	01:31:40	+38:29	07:38
34	2395	Ana Carvalho	Att	Senior Feminino	01:31:49	+38:37	07:39
35	2886	Goretti Silva	grupo dramatico e recreativo da retorta	Senior Feminino	01:32:02	+38:50	07:40
36	2841	ANDREIA PACHECO	TECLA 3 RUNNERS	Senior Feminino	01:32:31	+39:19	07:43

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Mini Trilhos Paleozóico 12K

12 KM

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37	2839	CRISTINA COUTO	TECLA 3 RUNNERS	Senior Feminino	01:32:31	+39:19	07:43
38	2299	Graça Dias Ribeiro	Individual	Senior Feminino	01:33:06	+39:54	07:45
39	2515	Ana Virgínia Lirio	AD AMARANTE TRAIL RUNNING	Senior Feminino	01:33:08	+39:56	07:46
40	2729	Flora Santos	Sentir Escariz	Senior Feminino	01:33:09	+39:57	07:46
41	2353	Daniela Queirós	A.D.Amarante trail running	Senior Feminino	01:33:33	+40:21	07:48
42	2255	Suzete de Sousa	Fridão Sem Limites	Senior Feminino	01:33:35	+40:24	07:48
43	2461	Lucília Pereira	Amigos 100 Limites	Senior Feminino	01:33:43	+40:31	07:49
44	2727	Sofia Silva	Os Pachones	Senior Feminino	01:33:45	+40:33	07:49
45	2354	Ana Del Pino Alves	Individual	Senior Feminino	01:33:59	+40:47	07:50
46	2779	Raquel Costa	LUSOS XXI	Senior Feminino	01:34:42	+41:30	07:53
47	2634	Cristina Meireles	Umelga Runners	Senior Feminino	01:35:16	+42:04	07:56
48	2730	Sara Moreira	Sentir Escariz	Senior Feminino	01:35:32	+42:20	07:58
49	2274	Cecília Martins	JRSOUSA TEAM	Senior Feminino	01:35:39	+42:28	07:58
50	2584	MARLENE SOARES	ESPAÇO SAÚDE	Senior Feminino	01:35:52	+42:40	07:59
51	2525	Delfina Rodrigues	ESPAÇO SAÚDE	Senior Feminino	01:35:52	+42:41	07:59
52	2131	Anabela Marques	JUVENTUDE CORTEGACENSE	Senior Feminino	01:36:00	+42:48	08:00
53	2540	Paula Afonso	Trailers	Senior Feminino	01:36:40	+43:28	08:03
54	2377	Carla Teixeira	Fridão Sem Limites	Senior Feminino	01:36:48	+43:36	08:04
55	2728	Filipa Cruz	Individual	Senior Feminino	01:36:52	+43:40	08:04
56	2092	Diana Dias	Clube Trilheiros & amigos	Senior Feminino	01:37:33	+44:22	08:08
57	2543	Catarina Santos	Trailers	Senior Feminino	01:37:49	+44:37	08:09
58	2568	MARIANA BAPTISTA	ESPAÇO SAÚDE	Senior Feminino	01:37:51	+44:39	08:09
59	2587	Cindy Soares	ESPAÇO SAÚDE	Senior Feminino	01:37:51	+44:39	08:09
60	2606	Vânia Cristina Silveira Luis	Individual	Senior Feminino	01:37:56	+44:45	08:10
61	2830	Eva Moreira	Nocturnos de Paredes	Senior Feminino	01:37:58	+44:47	08:10
62	2904	Sara Capilupi	Individual	Senior Feminino	01:38:31	+45:19	08:13
63	1207	Silvana Rocha	JUVENTUDE CORTEGACENSE	Senior Feminino	01:38:49	+45:37	08:14
64	2747	Andreia Cardoso	Individual	Senior Feminino	01:38:54	+45:42	08:14
65	2303	Fátima Moraes	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	01:39:18	+46:06	08:17
66	2899	Monica Fonseca	KeMedo Team	Senior Feminino	01:39:19	+46:07	08:17
67	2124	Maria Calado	COA - Clube de Orientação e Aventura	Senior Feminino	01:39:25	+46:13	08:17
68	2725	Fernanda Simões	Os Pachones	Senior Feminino	01:40:43	+47:31	08:24
69	2346	Fernanda Oliveira	A.D.Amarante trail running	Senior Feminino	01:40:59	+47:47	08:25
70	2245	Ligia Freitas	JRSOUSA TEAM	Senior Feminino	01:41:04	+47:52	08:25
71	2403	Maria Fonseca	EQUIPA JOAO FERREIRA	Senior Feminino	01:41:20	+48:08	08:27
72	2583	Ema Guerra	Palmeira Runners	Senior Feminino	01:41:35	+48:24	08:28
73	2202	Maria De Fatima Oliveira	Sporting Clube de Espinho	Senior Feminino	01:41:38	+48:27	08:28
74	2833	Manuela Arantes	Individual	Senior Feminino	01:41:46	+48:34	08:29
75	2547	Sónia Pereira	Individual	Senior Feminino	01:41:46	+48:34	08:29
76	2822	Alice Sousa	Dr. Merino/4moove	Senior Feminino	01:41:50	+48:38	08:29
77	2024	Madalena Fontes	Individual	Senior Feminino	01:41:56	+48:44	08:30
78	2572	Berta Ferreira	Porto Sentido Runners	Senior Feminino	01:41:56	+48:44	08:30
79	2397	Vania Alvitano	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Senior Feminino	01:42:07	+48:55	08:31
80	2123	Susana moreira	COA - Clube de Orientação e Aventura	Senior Feminino	01:42:08	+48:56	08:31

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81	2642	Maria Jesus	Nocturnos de Paredes	Senior Feminino	01:42:54	+49:42	08:34
82	2096	Vera Carvalho	2 TRAIL	Senior Feminino	01:42:54	+49:43	08:35
83	2115	Ana Vasconcelos	Individual	Senior Feminino	01:42:55	+49:43	08:35
84	2167	Ana Pinto	2 TRAIL	Senior Feminino	01:43:00	+49:48	08:35
85	2776	Carla Ferreira	Fit Gaia Trail	Senior Feminino	01:43:25	+50:14	08:37
86	2857	Paula Sousa	Sentir Escariz	Senior Feminino	01:44:06	+50:54	08:40
87	2496	Ana Cristina Rocha	Gansos	Senior Feminino	01:44:18	+51:06	08:42
88	2490	Florinda Carvalho	Gansos	Senior Feminino	01:44:18	+51:06	08:42
89	2644	Bárbara Feio	Individual	Senior Feminino	01:44:29	+51:17	08:42
90	2480	ISABEL VIEIRA	PORTOCARGO	Senior Feminino	01:44:36	+51:24	08:43
91	2530	Susana Vidal	Palmeira Runners	Senior Feminino	01:44:56	+51:44	08:45
92	2631	Anabela Sousa	Grupo de Corrida de Argoncilhe	Senior Feminino	01:44:57	+51:45	08:45
93	2802	Ana Oliveira	Lentinhos	Senior Feminino	01:45:00	+51:48	08:45
94	2360	Mariana coimbra	A-Team	Senior Feminino	01:45:27	+52:15	08:47
95	2497	Cristina Fonseca	Gansos	Senior Feminino	01:45:43	+52:32	08:49
96	2425	Patrícia Silva	Trinca Orelhas de Gato	Senior Feminino	01:46:03	+52:51	08:50
97	2554	Diana Paiva	A. D. Sebolido Trail Boneca Douro	Senior Feminino	01:46:04	+52:53	08:50
98	2074	Claudia Coelho	GENEROSOS RUNNERS	Senior Feminino	01:46:13	+53:01	08:51
99	2233	Maria Ferreira	Amigos 100 Limites	Senior Feminino	01:46:37	+53:26	08:53
100	1447	Elsa Santos	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	01:46:38	+53:26	08:53
101	2456	Patricia Neto	KeMedo Team	Senior Feminino	01:46:41	+53:29	08:53
102	2079	Marta Freitas	Don't need prep TEAM	Senior Feminino	01:47:23	+54:11	08:57
103	2348	Jesus Castro	LEÕES DE TARDARIZ TRAIL	Senior Feminino	01:47:23	+54:12	08:57
104	2277	Marta Leite	BUDEGUITA RUNNERS	Senior Feminino	01:47:25	+54:14	08:57
105	2191	Sonia Silva	Paredes Running	Senior Feminino	01:47:51	+54:39	08:59
106	2257	Carla Pimentel	GENEROSOS RUNNERS	Senior Feminino	01:48:04	+54:52	09:00
107	2551	Ercília Costa	Nelcila	Senior Feminino	01:48:40	+55:28	09:03
108	2879	Raquel Santos	KeMedo Team	Senior Feminino	01:49:01	+55:49	09:05
109	2280	Alexandra Alão	Movol	Senior Feminino	01:49:03	+55:51	09:05
110	2339	Carla Teixeira	Individual	Senior Feminino	01:49:10	+55:58	09:06
111	2270	Andreia Silva	SOMOS 4	Senior Feminino	01:49:17	+56:05	09:06
112	2004	Diana Gonçalves	Individual	Senior Feminino	01:49:21	+56:10	09:07
113	2335	Andreia Ruela	Pé na Rota	Senior Feminino	01:49:48	+56:36	09:09
114	2025	Isabel Oliveira	Individual	Senior Feminino	01:49:52	+56:40	09:09
115	2410	SANDRA CUNHA	EQUIPA JOAO FERREIRA	Senior Feminino	01:49:53	+56:41	09:09
116	2736	Natália Moreira	Aliança de Gandra	Senior Feminino	01:50:11	+56:59	09:11
117	2438	Rita Morais	Trinca Orelhas de Gato	Senior Feminino	01:50:15	+57:03	09:11
118	2623	Diana Beatriz Barbosa	Individual	Senior Feminino	01:50:33	+57:21	09:13
119	2369	Manuela Rosas	GENEROSOS RUNNERS	Senior Feminino	01:50:34	+57:22	09:13
120	2136	Veronica vieira	reumático trail team	Senior Feminino	01:50:51	+57:39	09:14
121	2720	Filipa Namora	Individual	Senior Feminino	01:50:52	+57:40	09:14
122	2647	Sandra Martins	KeMedo Team	Senior Feminino	01:51:30	+58:18	09:17
123	2576	Silvia Castelo	Fardetas	Senior Feminino	01:51:39	+58:27	09:18
124	2409	SUSANA COSTA	EQUIPA JOAO FERREIRA	Senior Feminino	01:51:43	+58:31	09:19
125	2799	Isa Pinto	Individual	Senior Feminino	01:51:43	+58:31	09:19
126	2368	Sara Pimenta	Individual	Senior Feminino	01:51:44	+58:32	09:19

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127	2481	Dulce Resende	PORTOCARGO	Senior Feminino	01:52:05	+58:53	09:20
128	2489	Helena Alvarenga	Gansos	Senior Feminino	01:52:15	+59:03	09:21
129	2660	Claudia Sousa	Mountain Runners	Senior Feminino	01:52:21	+59:09	09:22
130	2044	Marina Sousa	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	01:52:29	+59:17	09:22
131	2473	Silvina Barbosa	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	01:52:29	+59:17	09:22
132	2479	Elisabete Brazeta	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	01:52:29	+59:17	09:22
133	2665	Ana Pestana	Individual	Senior Feminino	01:52:31	+59:19	09:23
134	2805	Margarida Sousa	porto sentido	Senior Feminino	01:52:33	+59:22	09:23
135	2081	Paula Ferreira	GENEROSOS RUNNERS	Senior Feminino	01:52:39	+59:28	09:23
136	2366	Natália Santos	JRSOUSA TEAM	Senior Feminino	01:52:50	+59:38	09:24
137	2101	Rafaela Ribeiro	GENEROSOS RUNNERS	Senior Feminino	01:52:56	+59:44	09:25
138	2142	Susana Latourrette	Individual	Senior Feminino	01:52:58	+59:46	09:25
139	2612	Teresa Sequeira	Individual	Senior Feminino	01:52:58	+59:46	09:25
140	2556	Andreia Faria	Individual	Senior Feminino	01:52:58	+59:47	09:25
141	2232	Liliana Gomes	Amigos 100 Limites	Senior Feminino	01:53:10	+59:58	09:26
142	2073	Sofia Tadeu	GENEROSOS RUNNERS	Senior Feminino	01:53:36	+01:00:24	09:28
143	2772	Ana Carvalho	Individual	Senior Feminino	01:53:38	+01:00:26	09:28
144	2149	Edite Gonçalves	CORRER LEÇA	Senior Feminino	01:53:56	+01:00:44	09:30
145	2687	Ana Raquel Dias	Factor X / S4L / Medense FC	Senior Feminino	01:53:56	+01:00:45	09:30
146	2691	Cora Vieira	Factor X / S4L / Medense FC	Senior Feminino	01:53:57	+01:00:45	09:30
147	2430	Estrela Soares	Trinca Orelhas de Gato	Senior Feminino	01:54:00	+01:00:48	09:30
148	2061	Brigida Duarte	OsFazConta	Senior Feminino	01:54:16	+01:01:04	09:31
149	2868	Joana Ferreira	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	01:54:51	+01:01:39	09:34
150	2435	Paula Moreira	Trinca Orelhas de Gato	Senior Feminino	01:54:53	+01:01:41	09:34
151	2196	Cláudia Moura	Individual	Senior Feminino	01:54:54	+01:01:42	09:34
152	2209	Alexandra Azevedo	Clínica Médica da Foz	Senior Feminino	01:55:15	+01:02:03	09:36
153	2098	MARTA AMARO	CMC CARAPAU	Senior Feminino	01:55:24	+01:02:12	09:37
154	2656	Sara Carvalho	CMC Carapaus	Senior Feminino	01:55:24	+01:02:12	09:37
155	2828	Sónia Pereira	Individual	Senior Feminino	01:55:25	+01:02:13	09:37
156	2311	Maria João	ARCORUN	Senior Feminino	01:55:35	+01:02:23	09:38
157	2323	Rosina Couto	ARCORUN	Senior Feminino	01:55:35	+01:02:23	09:38
158	2011	Beatriz Loureiro	Individual	Senior Feminino	01:55:40	+01:02:28	09:38
159	2825	Sonia Oliveira	porto sentido	Senior Feminino	01:56:08	+01:02:56	09:41
160	2267	Renata Vieira	LION RUNNERS - G. D. Leões da Guarda	Senior Feminino	01:56:11	+01:02:59	09:41
161	2809	Rosa Soares	Fridão Sem Limites	Senior Feminino	01:56:19	+01:03:07	09:42
162	2148	Ana Rocha	CORRER LEÇA	Senior Feminino	01:56:28	+01:03:16	09:42
163	2418	Daniela Gomes	Trinca Orelhas de Gato	Senior Feminino	01:56:55	+01:03:43	09:45
164	2187	Claudia Costa	TrepaTrilhos Trail Team	Senior Feminino	01:56:55	+01:03:43	09:45
165	2846	Sandra Paiva	Individual	Senior Feminino	01:57:10	+01:03:58	09:46
166	2894	Carolina Martins	Individual	Senior Feminino	01:57:11	+01:03:59	09:46
167	2032	Ana Paula Teixeira	Individual	Senior Feminino	01:57:32	+01:04:20	09:48
168	2690	Patricia Martins	CORRER LEÇA	Senior Feminino	01:57:55	+01:04:43	09:50
169	2158	Patrícia Rocha	CORRER LEÇA	Senior Feminino	01:57:55	+01:04:43	09:50

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170	2694	Cidalia Silva	#correratenumdarmais	Senior Feminino	01:57:59	+01:04:48	09:50
171	2763	Susana Santos	CROCODILOS/MISTERPC	Senior Feminino	01:58:00	+01:04:48	09:50
172	2685	Alberta Carvalho	Individual	Senior Feminino	01:58:38	+01:05:26	09:53
173	2682	Vera Ribeiro	BTT Alegria // TUBANI	Senior Feminino	01:58:44	+01:05:32	09:54
174	2734	Fátima Ramos	Aliança de Gandra	Senior Feminino	01:58:59	+01:05:47	09:55
175	2428	Virgínia Ferreira	Trinca Orelhas de Gato	Senior Feminino	01:58:59	+01:05:48	09:55
176	2162	Sandra Morgado	CORRER LEÇA	Senior Feminino	01:59:05	+01:05:53	09:55
177	2739	Rute Ramos	Aliança de Gandra	Senior Feminino	01:59:11	+01:05:59	09:56
178	2625	Maria José Alves	Ou Vai ou Racha	Senior Feminino	01:59:17	+01:06:06	09:56
179	2194	Raquel Pinto	Individual	Senior Feminino	01:59:19	+01:06:07	09:57
180	2088	Joana Rocha	GENEROSOS RUNNERS	Senior Feminino	01:59:24	+01:06:12	09:57
181	2629	Ana Luiza	Porto de Mós a Correr	Senior Feminino	01:59:24	+01:06:12	09:57
182	2808	Amélia Cardoso	Fridão Sem Limites	Senior Feminino	01:59:42	+01:06:30	09:59
183	2785	Carla Ventura	Individual	Senior Feminino	01:59:54	+01:06:42	09:59
184	2692	Vanda Miranda	TAYLORS	Senior Feminino	01:59:54	+01:06:42	09:59
185	2630	Claudia Ribas	Oralklass - Amigos Do Trail	Senior Feminino	01:59:54	+01:06:43	10:00
186	2358	Wiliana ferreira	A-Team	Senior Feminino	02:00:07	+01:06:55	10:01
187	2667	Rosa Castro	JPTC	Senior Feminino	02:00:11	+01:06:59	10:01
188	2485	Marília Fernanda De Sá M. De Paiva	Individual	Senior Feminino	02:00:17	+01:07:05	10:01
189	2740	Rosa Soares	Aliança de Gandra	Senior Feminino	02:00:17	+01:07:05	10:01
190	2117	Alice Magalhães	100Meta	Senior Feminino	02:00:31	+01:07:20	10:03
191	2781	Sónia Oliveira	Individual	Senior Feminino	02:00:35	+01:07:23	10:03
192	2197	Micaela Brito	Trilheiros e amigos	Senior Feminino	02:01:29	+01:08:17	10:07
193	2250	Graça Magalhaes	Nocturnos de Paredes	Senior Feminino	02:01:32	+01:08:21	10:08
194	2240	Gisélia Braga	Infecto team	Senior Feminino	02:02:15	+01:09:03	10:11
195	2387	Isabel Santos	No stress	Senior Feminino	02:02:17	+01:09:05	10:11
196	2852	SUSANA PEREIRA	#atechoras!	Senior Feminino	02:02:48	+01:09:36	10:14
197	2850	SANDRA SILVA	#atechoras!	Senior Feminino	02:02:48	+01:09:37	10:14
198	2048	Ana Moreira	Individual	Senior Feminino	02:03:00	+01:09:48	10:15
199	2796	Joana Gonçalves	Individual	Senior Feminino	02:03:01	+01:09:49	10:15
200	2279	Liliana Ferreira	Grandes, Fortes e Grossos	Senior Feminino	02:03:03	+01:09:51	10:15
201	2015	Paula Cardoso	Factor X / S4L / Medense FC	Senior Feminino	02:03:25	+01:10:13	10:17
202	2523	Cláudia Novais	Att	Senior Feminino	02:03:27	+01:10:15	10:17
203	2500	Ana Rocha	JUVENTUDE CORTEGACENSE	Senior Feminino	02:03:27	+01:10:15	10:17
204	2127	Conceicao allen	Carapaus	Senior Feminino	02:03:45	+01:10:33	10:19
205	2531	Natália Ferreira	Amigos do Pedal TrailLagares	Senior Feminino	02:03:52	+01:10:40	10:19
206	2156	Marisa Silva	CORRER LEÇA	Senior Feminino	02:04:39	+01:11:27	10:23
207	2491	Laurinda Tavares	Gansos	Senior Feminino	02:05:03	+01:11:51	10:25
208	2356	Ana Alves	A.D.Amarante trail running	Senior Feminino	02:05:24	+01:12:12	10:27
209	2684	Paula Silva	BTT Alegria // TUBANI	Senior Feminino	02:05:34	+01:12:23	10:28
210	2155	Luisa Pereira	CORRER LEÇA	Senior Feminino	02:05:37	+01:12:25	10:28
211	2022	Raquel Marques	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	02:05:50	+01:12:38	10:29
212	2027	Soraia Póvoas	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	02:05:50	+01:12:38	10:29
213	2742	Patrícia Santos	GONDOMAR FUTSAL CLUBE	Senior Feminino	02:05:54	+01:12:42	10:29
214	2243	Justa Ferreira	JRSOUSA TEAM	Senior Feminino	02:05:58	+01:12:46	10:30

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215	2221	Isabel Nogueira	JRSOUSA TEAM	Senior Feminino	02:05:58	+01:12:46	10:30
216	2865	Cristina Neves	Trinca Orelhas de Gato	Senior Feminino	02:06:11	+01:12:59	10:31
217	2021	Vanessa Ramos	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	02:06:40	+01:13:28	10:33
218	2567	Sandra Amorim	SA	Senior Feminino	02:07:31	+01:14:19	10:38
219	2701	Joana Silva	Nocturnos de Paredes	Senior Feminino	02:07:59	+01:14:47	10:40
220	2028	Andreia Ribeiro	Sapatilhas pensadoras	Senior Feminino	02:08:13	+01:15:01	10:41
221	2664	Mafalda Alves	PAPATRAILS	Senior Feminino	02:08:22	+01:15:10	10:42
222	2738	Joana Soares	Aliança de Gandra	Senior Feminino	02:08:31	+01:15:20	10:43
223	2661	Vanda Costa	Individual	Senior Feminino	02:08:36	+01:15:24	10:43
224	2172	Sofia Nunes	A20's Javalis Trail Team	Senior Feminino	02:08:43	+01:15:31	10:44
225	2826	Aurea Cardoso	Individual	Senior Feminino	02:08:51	+01:15:39	10:44
226	2715	Lurdes Monteiro	Individual	Senior Feminino	02:08:52	+01:15:40	10:44
227	2827	Julliane Dias	Individual	Senior Feminino	02:08:54	+01:15:43	10:45
228	2838	Cátia Teixeira	Individual	Senior Feminino	02:08:59	+01:15:47	10:45
229	2901	Susana Serra	Team Lantermil	Senior Feminino	02:09:01	+01:15:49	10:45
230	2902	Sofia Pereira	Team Lantermil	Senior Feminino	02:09:01	+01:15:49	10:45
231	2313	Claudia Dias	ARCORUN	Senior Feminino	02:09:06	+01:15:54	10:45
232	2402	Sonia Silva	Equipa mountain runners	Senior Feminino	02:09:40	+01:16:28	10:48
233	2296	Sandra carvalho	Mountain Runners	Senior Feminino	02:09:40	+01:16:28	10:48
234	2314	Ana Rocha	ARCORUN	Senior Feminino	02:09:53	+01:16:41	10:49
235	2764	Patrícia Lopes	ARCORUN	Senior Feminino	02:09:53	+01:16:41	10:49
236	2716	Sara Rocha	BTT Alegria // TUBANI	Senior Feminino	02:10:36	+01:17:24	10:53
237	2359	Ana azevedo	A-Team	Senior Feminino	02:10:36	+01:17:24	10:53
238	2150	Elsa Sousa	CORRER LEÇA	Senior Feminino	02:10:37	+01:17:25	10:53
239	2310	Carla Leite	ARCORUN	Senior Feminino	02:10:42	+01:17:30	10:53
240	2090	Maria Pinto	GENEROSOS RUNNERS	Senior Feminino	02:10:44	+01:17:32	10:54
241	2873	Joana Couto	Individual	Senior Feminino	02:11:11	+01:17:59	10:56
242	2581	Catia Costa	Caracois do Monte	Senior Feminino	02:11:31	+01:18:19	10:58
243	2178	Helena Cardoso	JRSOUSA TEAM	Senior Feminino	02:11:41	+01:18:29	10:58
244	2332	Clara Costa	Pé na Rota	Senior Feminino	02:12:04	+01:18:52	11:00
245	2437	Isilda Silva	Trinca Orelhas de Gato	Senior Feminino	02:12:07	+01:18:55	11:01
246	2355	Sandra Soares	BUDEGUITA RUNNERS	Senior Feminino	02:12:22	+01:19:11	11:02
247	2256	Marlene Marques	BUDEGUITA RUNNERS	Senior Feminino	02:12:23	+01:19:11	11:02
248	2468	Susana Ferreira	Individual	Senior Feminino	02:12:48	+01:19:36	11:04
249	2469	Fatima Ribeiro	Individual	Senior Feminino	02:12:48	+01:19:36	11:04
250	2264	Daniela Silva	LION RUNNERS - G. D. Leões da Guarda	Senior Feminino	02:12:54	+01:19:42	11:04
251	2060	Adriana Duarte	OsFazConta	Senior Feminino	02:13:12	+01:20:00	11:06
252	2042	Natalia Carvalho	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	02:13:21	+01:20:09	11:07
253	2452	Ana Pinto	Rapidinhos	Senior Feminino	02:13:53	+01:20:41	11:09
254	2132	Filomena Marcelo	Alto Relevo-Clube de Montanhismo	Senior Feminino	02:14:00	+01:20:48	11:10
255	2384	Teresa Carvalho	Individual	Senior Feminino	02:14:02	+01:20:50	11:10
256	2680	Claudia Carmo	BTT Alegria // TUBANI	Senior Feminino	02:14:22	+01:21:10	11:12
257	2145	Ana Assunção	Individual	Senior Feminino	02:14:30	+01:21:18	11:12
258	2462	RITA GONÇALVES	EQUIPA JOAO FERREIRA	Senior Feminino	02:15:48	+01:22:36	11:19

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259	2546	Yessica Magalhães	Caracois do Monte	Senior Feminino	02:16:01	+01:22:49	11:20
260	2599	Emilia Iago	CLUBE AMADOR DE MIRANDELA	Senior Feminino	02:16:06	+01:22:54	11:21
261	2598	Joana Fontes	CLUBE AMADOR DE MIRANDELA	Senior Feminino	02:16:06	+01:22:54	11:21
262	2357	Ana Moreira	BUDEGUITA RUNNERS	Senior Feminino	02:16:07	+01:22:55	11:21
263	2774	Marta Silva	Individual	Senior Feminino	02:16:07	+01:22:55	11:21
264	2645	Sandra Ferreira	Individual	Senior Feminino	02:16:08	+01:22:56	11:21
265	2659	Ana Rita Moreira	Uh Lá Lá	Senior Feminino	02:16:17	+01:23:05	11:21
266	2615	Carmelita Marques	Uh Lá Lá	Senior Feminino	02:16:17	+01:23:05	11:21
267	2614	Carla Leal	Uh Lá Lá	Senior Feminino	02:16:17	+01:23:06	11:21
268	2545	Juana Silva	Individual	Senior Feminino	02:16:45	+01:23:33	11:24
269	2259	Sara Silva	CMDS	Senior Feminino	02:17:08	+01:23:57	11:26
270	2260	Maria Cabral	CMDS	Senior Feminino	02:17:09	+01:23:57	11:26
271	2820	Raquel Campos	grupo dramático e recreativo da retorta	Senior Feminino	02:17:26	+01:24:14	11:27
272	2845	Sónia Carvalho	Individual	Senior Feminino	02:17:33	+01:24:21	11:28
273	2678	Rosinda Macedo	Caga Tacos Running Team	Senior Feminino	02:17:38	+01:24:26	11:28
274	2393	Celeste Lopes	Paredes Running	Senior Feminino	02:17:53	+01:24:41	11:29
275	2249	Madalena Oliveira	Nocturnos de Paredes	Senior Feminino	02:18:41	+01:25:29	11:33
276	2758	ANABELA VEIGA	DDT Runners	Senior Feminino	02:19:19	+01:26:07	11:37
277	2792	Sofia Dias	Individual	Senior Feminino	02:19:56	+01:26:44	11:40
278	2147	Ana Duarte	CORRER LEÇA	Senior Feminino	02:19:56	+01:26:44	11:40
279	2759	MARINA RAMALHO	DDT Runners	Senior Feminino	02:20:00	+01:26:48	11:40
280	2431	Deolinda Campanhã	Trinca Orelhas de Gato	Senior Feminino	02:20:44	+01:27:32	11:44
281	2433	Goreti Rocha	Trinca Orelhas de Gato	Senior Feminino	02:20:49	+01:27:37	11:44
282	2440	Sónia Boucinha	Trinca Orelhas de Gato	Senior Feminino	02:20:51	+01:27:39	11:44
283	2320	Alexandra Rodrigues	os tartarugas	Senior Feminino	02:20:58	+01:27:46	11:45
284	2607	Paula Morais	éjálí...clube de amigos trailrunners	Senior Feminino	02:21:25	+01:28:13	11:47
285	2236	Rosa Costa	Amigos 100 Limites	Senior Feminino	02:21:25	+01:28:13	11:47
286	2271	Tânia Batista	SOMOS 4	Senior Feminino	02:21:26	+01:28:14	11:47
287	2114	Manuela Castelo	JUVENTUDE CORTEGACENSE	Senior Feminino	02:21:37	+01:28:25	11:48
288	2116	Catarina Ferreira	JUVENTUDE CORTEGACENSE	Senior Feminino	02:21:37	+01:28:25	11:48
289	2520	Maria Mendonça	JUVENTUDE CORTEGACENSE	Senior Feminino	02:21:37	+01:28:25	11:48
290	2122	Gabriela Rola	JUVENTUDE CORTEGACENSE	Senior Feminino	02:21:37	+01:28:25	11:48
291	2119	Isabel Pereira	JUVENTUDE CORTEGACENSE	Senior Feminino	02:21:37	+01:28:25	11:48
292	2110	Rute Costa	Eu e elas	Senior Feminino	02:22:29	+01:29:17	11:52
293	2065	Elisa Pereira	Individual	Senior Feminino	02:22:44	+01:29:32	11:54
294	2109	Analisa Teixeira	Eu e elas	Senior Feminino	02:23:05	+01:29:53	11:55
295	2217	Isabel Mendes	Individual	Senior Feminino	02:23:30	+01:30:18	11:57
296	2536	Bruna Silva	Nocturnos de Paredes	Senior Feminino	02:23:30	+01:30:18	11:57
297	2111	Patrícia Bastos	Eu e elas	Senior Feminino	02:24:31	+01:31:19	12:03
298	2478	Carla Alice Reis	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	02:24:32	+01:31:20	12:03
299	2890	SUSANA PEREIRA	Individual	Senior Feminino	02:24:46	+01:31:34	12:04
300	2154	Laura Neves	CORRER LEÇA	Senior Feminino	02:25:05	+01:31:53	12:05
301	2266	Claudia Cunha	LION RUNNERS - G. D. Leões da Guarda	Senior Feminino	02:25:20	+01:32:08	12:07
302	2063	Catarina Silva	OsFazConta	Senior Feminino	02:25:56	+01:32:44	12:10

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303	2753	Lili Silva	Individual	Senior Feminino	02:27:09	+01:33:57	12:16
304	2787	Liliana Escudeiro	Team Lantemil	Senior Feminino	02:27:17	+01:34:05	12:16
305	2168	Ana Oliveira	Team Lantemil	Senior Feminino	02:27:17	+01:34:05	12:16
306	2602	Claudia alexandra Vilarinho	CLUBE AMADOR DE MIRANDELA	Senior Feminino	02:28:05	+01:34:53	12:20
307	2693	Ema Morais	CLUBE AMADOR DE MIRANDELA	Senior Feminino	02:28:05	+01:34:53	12:20
308	2203	Maria sousa	Individual	Senior Feminino	02:28:58	+01:35:46	12:25
309	2204	Sara azevedo	Individual	Senior Feminino	02:28:58	+01:35:47	12:25
310	2205	Sandra gonçalves	Individual	Senior Feminino	02:28:59	+01:35:47	12:25
311	2121	Paula Salgado	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	02:29:08	+01:35:56	12:26
312	2508	Lucinda Marques	Paredes Running	Senior Feminino	02:29:40	+01:36:28	12:28
313	2718	Fernanda Soares	BTT Alegria // TUBANI	Senior Feminino	02:29:44	+01:36:32	12:29
314	2179	Susana Fernandes	Trilhados	Senior Feminino	02:29:52	+01:36:40	12:29
315	2874	Lúcia Gomes	Individual	Senior Feminino	02:29:52	+01:36:40	12:29
316	2506	Marta Pimenta	Os Goguinhos	Senior Feminino	02:30:08	+01:36:57	12:31
317	2341	Ana Moreira	Os TurboMula	Senior Feminino	02:31:28	+01:38:16	12:37
318	2749	Diana Poças	Fit Gaia Trail	Senior Feminino	02:31:31	+01:38:19	12:38
319	2401	Sonia Bastos	A.D.Amarante trail running	Senior Feminino	02:31:35	+01:38:23	12:38
320	2302	Liliana Cardoso	Individual	Senior Feminino	02:31:35	+01:38:23	12:38
321	2058	Susana Rito	EDV-VIANATRAIL	Senior Feminino	02:31:53	+01:38:41	12:39
322	2535	Albertina Moura	Nocturnos de Paredes	Senior Feminino	02:33:22	+01:40:10	12:47
323	2105	Natalina Videira	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	02:33:39	+01:40:27	12:48
324	2893	Maria Reis	Individual	Senior Feminino	02:35:33	+01:42:22	12:58
325	2216	Celia Moreira	Individual	Senior Feminino	02:35:48	+01:42:36	12:59
326	2618	Clemência Guimarães Ferreira	Individual	Senior Feminino	02:35:48	+01:42:36	12:59
327	2208	Albertina Lopes	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	02:37:08	+01:43:56	13:06
328	2477	Anabela Reis	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	02:37:08	+01:43:56	13:06
329	2807	Paula Ferraz	Individual	Senior Feminino	02:38:03	+01:44:51	13:10
330	2552	Sílvia Garcia	Individual	Senior Feminino	02:38:46	+01:45:34	13:14
331	2223	Paula sousa	Ou Vai ou Racha	Senior Feminino	02:40:37	+01:47:25	13:23
332	2819	Cátia Saraiva	Rechonchudos Trail Runners	Senior Feminino	02:42:02	+01:48:50	13:30
333	2821	Debora Correia	rechonchudos trail runners	Senior Feminino	02:42:02	+01:48:50	13:30
334	2746	Cláudia Marlene Gonçalves Soares	Individual	Senior Feminino	02:43:07	+01:49:56	13:36
335	2014	Lurdes Sanguedo	Individual	Senior Feminino	02:44:23	+01:51:11	13:42
336	2017	Sandra Ferreira	Individual	Senior Feminino	02:44:23	+01:51:11	13:42
337	2312	Claudia Costa	ARCORUN	Senior Feminino	02:44:39	+01:51:27	13:43
338	2640	Rafaela Cortez Marques	Nocturnos de Paredes	Senior Feminino	02:45:33	+01:52:22	13:48
339	2077	Carla Gomes	GENEROSOS RUNNERS	Senior Feminino	02:45:33	+01:52:22	13:48
340	2001	Carla Teixeira	Bota brita	Senior Feminino	02:47:33	+01:54:21	13:58
341	2849	Cristiana Leite	Bota Brita	Senior Feminino	02:47:33	+01:54:21	13:58
342	2306	Erika Jesus	ARCORUN	Senior Feminino	02:48:04	+01:54:52	14:00
343	2696	Cláudia Bastos	Individual	Senior Feminino	02:48:45	+01:55:33	14:04
344	2593	Carolina Violas	JUVENTUDE CORTEGACENSE	Senior Feminino	02:48:53	+01:55:42	14:04
345	2133	Cristiana Carvalho	JUVENTUDE CORTEGACENSE	Senior Feminino	02:48:54	+01:55:42	14:04
346	2757	ANABELA CARDOSO	DDT Runners	Senior Feminino	02:49:06	+01:55:54	14:06

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347	2315	Alcina Moura	ARCORUN	Senior Feminino	02:50:22	+01:57:10	14:12
348	2711	Marcia Pinto	Metralhas Runners	Senior Feminino	02:53:11	+01:59:59	14:26
349	2611	Sonia Sampaio	Metralhas Runners	Senior Feminino	02:53:11	+02:00:00	14:26
350	2616	Geraldine Teixeira	tricotar trails	Senior Feminino	02:53:11	+02:00:00	14:26
351	2231	Cláudia Silva	Amigos 100 Limites	Senior Feminino	02:54:05	+02:00:53	14:30
352	2390	Paula Ribeiro	Paredes Running	Senior Feminino	02:54:24	+02:01:12	14:32
353	2298	Ana Ferreira	Paredes Running	Senior Feminino	02:54:25	+02:01:13	14:32
354	2190	Sandra Silva	Paredes Running	Senior Feminino	02:54:25	+02:01:13	14:32
355	2636	Diana Moreira	Mangueiras - Run/Walk TEAM	Senior Feminino	02:55:30	+02:02:18	14:37
356	2635	Marisa Silva	Mangueiras - Run/Walk TEAM	Senior Feminino	02:55:30	+02:02:18	14:38
357	2352	Natalia Oliveira	Paredes Running	Senior Feminino	02:55:46	+02:02:34	14:39
358	2624	Manuela Santos	Paredes Running	Senior Feminino	02:55:46	+02:02:34	14:39
359	2679	Liliana Garcês	BTT Alegria // TUBANI	Senior Feminino	02:58:35	+02:05:23	14:53
360	2834	Vanda costa	Individual	Senior Feminino	03:06:27	+02:13:15	15:32
361	2040	Cristiana Filipa Machado da Silva	Airão Trail Team	Senior Feminino	03:17:36	+02:24:24	16:28
362	2041	Maria Manuela da Silva Machado	Airão Trail Team	Senior Feminino	03:17:37	+02:24:25	16:28
363	2051	Ana Machado	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	03:22:40	+02:29:28	16:53
364	2043	Rosa Maria Castro	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	03:22:40	+02:29:28	16:53
365	2046	Irene Bastos	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	03:22:40	+02:29:29	16:53

Senior Masculino

1	2816	VITOR BARBOSA	grupo dramatico e recreativo da retorta	Senior Masculino	53:11		04:26
2	2559	Marco Faria	Dá-lhe Gás	Senior Masculino	53:38	+00:26	04:28
3	2817	HENRIQUE DIAS	grupo dramatico e recreativo da retorta	Senior Masculino	54:28	+01:17	04:32
4	2818	TIAGO PINTO	grupo dramatico e recreativo da retorta	Senior Masculino	55:29	+02:17	04:37
5	2199	João Laranjeira	Beat Your Limit!	Senior Masculino	56:14	+03:02	04:41
6	2436	Márcio Pinto	Trinca Orelhas de Gato	Senior Masculino	56:41	+03:29	04:43
7	2200	João Moita	Beat Your Limit!	Senior Masculino	57:15	+04:03	04:46
8	2349	Marco Oliveira	LEÕES DE TARDARIZ TRAIL	Senior Masculino	58:04	+04:52	04:50
9	2905	Bruno Santos	A.D.Amarante trail running	Senior Masculino	58:13	+05:01	04:51
10	2292	André Pinto	Andatrilhos Freamunde	Senior Masculino	58:22	+05:10	04:52
11	2198	Ivo Silva	Beat Your Limit!	Senior Masculino	58:40	+05:28	04:53
12	2565	Abílio Almeida	Dá-lhe Gás	Senior Masculino	58:57	+05:45	04:55
13	2769	Adérito Oliveira	Dá-lhe Gás	Senior Masculino	59:09	+05:57	04:56
14	2885	Joaquim Rocha	grupo dramatico e recreativo da retorta	Senior Masculino	59:10	+05:58	04:56
15	2177	Fernando Oliveira	Moura & Dias	Senior Masculino	59:54	+06:42	05:00
16	2814	ADELINO SILVA	grupo dramatico e recreativo da retorta	Senior Masculino	01:00:10	+06:58	05:01
17	2573	Nuno Gonçalves	DiVe Into The Mountains	Senior Masculino	01:00:56	+07:44	05:05
18	2770	Carlos Prudêncio	Dá-lhe Gás	Senior Masculino	01:01:19	+08:07	05:07

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OFFICIAL RESULT

19	2445	Sergio Rodrigues	Trinca Orelhas de Gato	Senior Masculino	01:02:16	+09:04	05:11
20	2761	RUI TAVARES	DDT Runners	Senior Masculino	01:02:51	+09:39	05:14
21	2055	José Mota	Nascidos Para Correr	Senior Masculino	01:02:54	+09:42	05:14
22	2057	Ivo Barbosa	Individual	Senior Masculino	01:03:25	+10:13	05:17
23	2253	João Jaques	Olímpico Vianense Trail	Senior Masculino	01:03:30	+10:18	05:18
24	2026	André Silva	Individual	Senior Masculino	01:03:57	+10:45	05:20
25	2442	Adelino Guimarães	Trinca Orelhas de Gato	Senior Masculino	01:04:17	+11:05	05:21
26	2129	Joao Paulo Oliveira	JUVENTUDE CORTEGACENSE	Senior Masculino	01:04:46	+11:34	05:24
27	2555	Fernando Coelho	Caracois do monte	Senior Masculino	01:04:59	+11:47	05:25
28	2091	Filipe Carril	Fridão Sem Limites	Senior Masculino	01:05:15	+12:03	05:26
29	2663	Carlos Barbosa	Running Penafiel Trail	Senior Masculino	01:05:23	+12:11	05:27
30	2784	Carlos Vinha Lopes	Running Penafiel Trail	Senior Masculino	01:06:25	+13:13	05:32
31	2560	Paulo Silva	Dá-lhe Gás	Senior Masculino	01:07:41	+14:29	05:38
32	2653	Sérgio Pereira	Magical Mushrooms	Senior Masculino	01:08:13	+15:01	05:41
33	2801	Jose Vaz	Lentinhos	Senior Masculino	01:08:29	+15:18	05:42
34	2778	Sérgio Costa	LUSOS XXI	Senior Masculino	01:08:52	+15:40	05:44
35	2379	Manuel Teixeira	Fridão Sem Limites	Senior Masculino	01:09:26	+16:14	05:47
36	2100	Pedro Ferreira	Factor X / S4L / Medense FC	Senior Masculino	01:09:30	+16:19	05:48
37	2417	Hugo Moita	Clube Zupper	Senior Masculino	01:10:14	+17:02	05:51
38	2617	Julio Teixeira	tricotar trails	Senior Masculino	01:10:16	+17:05	05:51
39	2446	Vicente Sousa	Trinca Orelhas de Gato	Senior Masculino	01:10:26	+17:14	05:52
40	2853	RICARDO PEREIRA	#atechoras!	Senior Masculino	01:10:42	+17:30	05:53
41	2287	Ivo Oliveira	Factor X / S4L / Medense FC	Senior Masculino	01:10:49	+17:37	05:54
42	2872	Mario Ferreira	ADEFACEC - Associação Desportiva da Efacec	Senior Masculino	01:12:00	+18:48	06:00
43	2210	Rui Dias	#correratenumdarmais	Senior Masculino	01:12:08	+18:56	06:01
44	2372	Nuno Cunha	Tristes Mas Duros	Senior Masculino	01:12:36	+19:24	06:03
45	2737	Paulo Sousa	Aliança de Gandra	Senior Masculino	01:13:00	+19:48	06:05
46	2006	Pedro Victoriano	Individual	Senior Masculino	01:13:46	+20:34	06:09
47	2416	Marco Vieira	Clube Zupper	Senior Masculino	01:13:55	+20:43	06:10
48	2698	Miguel Silva	Carapaus	Senior Masculino	01:13:58	+20:46	06:10
49	2185	Mario Lima	Aves Runners	Senior Masculino	01:14:07	+20:55	06:11
50	2780	Márcio Sousa	A. D. Sebolido Trail Boneca Douro	Senior Masculino	01:14:19	+21:07	06:12
51	2748	José Paulo Cardoso	Individual	Senior Masculino	01:14:33	+21:21	06:13
52	2382	Amilcar Amilcar Dias Vinagre Simões	Ozxtreme/ADCRPereira	Senior Masculino	01:15:01	+21:49	06:15
53	2856	Carlos Sá	Individual	Senior Masculino	01:15:03	+21:51	06:15
54	2503	Carlos Oliveira	Individual	Senior Masculino	01:15:06	+21:54	06:15
55	2771	José Alves	A. D. Sebolido Trail Boneca Douro	Senior Masculino	01:15:06	+21:54	06:15
56	2896	Mario Coelho	Individual	Senior Masculino	01:15:10	+21:58	06:16
57	2420	Pedro Gomes	Trinca Orelhas de Gato	Senior Masculino	01:15:13	+22:01	06:16
58	2495	Ricardo Botelho	Gansos	Senior Masculino	01:15:13	+22:02	06:16
59	2141	José Martins	Individual	Senior Masculino	01:15:17	+22:05	06:16
60	2553	Manuel Lopes	A. D. Sebolido Trail Boneca Douro	Senior Masculino	01:15:21	+22:10	06:17
61	2394	António Pereira	Individual	Senior Masculino	01:15:39	+22:27	06:18
62	2561	Miguel Oliveira	Individual	Senior Masculino	01:15:40	+22:28	06:18
63	2005	Mauro Oliveira	Individual	Senior Masculino	01:15:43	+22:31	06:19
64	2733	Hélder Moreira	Aliança de Gandra	Senior Masculino	01:16:04	+22:52	06:20

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65	2164	Helio Ferreira	Grupo 46	Senior Masculino	01:16:17	+23:05	06:21
66	2166	Rui Carril	2 TRAIL	Senior Masculino	01:16:23	+23:11	06:22
67	2023	Luís Ferreira	Individual	Senior Masculino	01:16:54	+23:42	06:24
68	2010	Miguel Barros	Individual	Senior Masculino	01:16:54	+23:43	06:25
69	2089	Marcos Santos	Factor X / S4L / Medense FC	Senior Masculino	01:17:09	+23:57	06:26
70	2735	Roberto Moreira	Aliança de Gandra	Senior Masculino	01:17:45	+24:33	06:29
71	2777	Paulo Moura	Elite Corpus	Senior Masculino	01:17:45	+24:33	06:29
72	1573	Miguel ferreira	Fiaes running	Senior Masculino	01:17:49	+24:37	06:29
73	2192	Paulo Dias	Individual	Senior Masculino	01:18:02	+24:51	06:30
74	2723	Sérgio Santos	Os Pachones	Senior Masculino	01:18:22	+25:10	06:32
75	2069	Duarte Dias	Individual	Senior Masculino	01:18:22	+25:10	06:32
76	2165	Tiago Monteiro	Individual	Senior Masculino	01:18:23	+25:11	06:32
77	2228	Filipe Rocha	Marco Runners	Senior Masculino	01:18:31	+25:19	06:33
78	2330	Manuel Silva	Individual	Senior Masculino	01:18:51	+25:39	06:34
79	2538	Hugo Guimarães	Individual	Senior Masculino	01:18:58	+25:46	06:35
80	2443	José Júnior	Trinca Orelhas de Gato	Senior Masculino	01:19:29	+26:17	06:37
81	2574	Paulo Carneiro	DIVE Into The Mountains	Senior Masculino	01:19:31	+26:19	06:38
82	2768	Joaquim Alves	Individual	Senior Masculino	01:19:46	+26:34	06:39
83	2130	Julio Silva	JUVENTUDE CORTEGACENSE	Senior Masculino	01:19:52	+26:41	06:39
84	2020	Márcio Mendes	Individual	Senior Masculino	01:19:53	+26:41	06:39
85	2766	Rui Correia	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:19:56	+26:45	06:40
86	2251	Paulo Camboa	Individual	Senior Masculino	01:20:05	+26:53	06:40
87	2492	Alcino Tavares	Gansos	Senior Masculino	01:20:05	+26:53	06:40
88	2173	Gaspar Oliveira	ATIB Finabraga Running	Senior Masculino	01:20:14	+27:02	06:41
89	2444	José Jesus	Trinca Orelhas de Gato	Senior Masculino	01:20:22	+27:10	06:42
90	2304	Álvaro Vale	ADE Trail Running	Senior Masculino	01:20:25	+27:13	06:42
91	2064	Agostinho Silva	OsFazConta	Senior Masculino	01:20:50	+27:38	06:44
92	2195	Nuno Miguel Silva Barros	Factor X / S4L / Medense FC	Senior Masculino	01:20:54	+27:42	06:45
93	2404	JOAQUIM TEIXEIRA	EQUIPA JOAO FERREIRA	Senior Masculino	01:20:59	+27:47	06:45
94	1228	Manuel Barros	Trinca Orelhas de Gato	Senior Masculino	01:21:08	+27:56	06:46
95	2237	António Faria	Amigos 100 Limites	Senior Masculino	01:21:09	+27:57	06:46
96	2863	Bruno Rocha	Trinca Orelhas de Gato	Senior Masculino	01:21:11	+27:59	06:46
97	2638	Herder Barros	Paredes Running	Senior Masculino	01:21:22	+28:10	06:47
98	2246	Vitor Martins	LEÕES DE TARDARIZ TRAIL	Senior Masculino	01:21:24	+28:12	06:47
99	2881	Fábio Pinto	Elite Corpus	Senior Masculino	01:21:32	+28:20	06:48
100	2103	Pedro Rodrigues	ATALANTA runners	Senior Masculino	01:21:45	+28:33	06:49
101	1527	Jorge Santos	ARCORUN	Senior Masculino	01:21:46	+28:34	06:49
102	2261	Paulo Silva	CMDS	Senior Masculino	01:21:53	+28:41	06:49
103	2851	HUGO HEITOR	#atechoras!	Senior Masculino	01:22:04	+28:52	06:50
104	2018	Ricardo Carvalho	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:22:08	+28:56	06:51
105	2097	Luis Dos Santos	Individual	Senior Masculino	01:22:14	+29:02	06:51
106	2008	João Teles	Factor X / S4L / Medense FC	Senior Masculino	01:22:28	+29:16	06:52
107	2283	Paulo Lopes	PM	Senior Masculino	01:22:29	+29:18	06:52
108	2762	JOÃO CAMPOS	DDT Runners	Senior Masculino	01:22:43	+29:31	06:54
109	2812	Filipe ferreira	porto sentido	Senior Masculino	01:23:02	+29:50	06:55

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110	2804	Pedro Ferreira	porto sentido	Senior Masculino	01:23:02	+29:51	06:55
111	2448	Fernando Ferreira	Trinca Orelhas de Gato	Senior Masculino	01:23:49	+30:37	06:59
112	2699	João Silva	Carapaus	Senior Masculino	01:23:51	+30:39	06:59
113	2509	Daniel Ribeiro	GENEROSOS RUNNERS	Senior Masculino	01:23:52	+30:40	06:59
114	2527	Ruben Moreira	Studio Sun Beauty	Senior Masculino	01:23:53	+30:41	06:59
115	2276	Pedro Martins	NorTrail	Senior Masculino	01:23:53	+30:41	06:59
116	2722	Ricardo Teixeira	A20's Javalis Trail Team	Senior Masculino	01:24:03	+30:51	07:00
117	2544	Floriberto Castro	Individual	Senior Masculino	01:24:06	+30:55	07:01
118	2532	Carlos Sérgio	Amigos do Pedal TraiLagares	Senior Masculino	01:24:18	+31:06	07:02
119	2112	Sérgio Moura	Eu e elas	Senior Masculino	01:24:42	+31:31	07:04
120	2213	André Carneiro	Porto Sentido Runners	Senior Masculino	01:24:50	+31:38	07:04
121	2670	Paulo Carvalho	JPTC	Senior Masculino	01:24:57	+31:45	07:05
122	2034	Daniel Amaral	Studio Sun Beauty	Senior Masculino	01:25:05	+31:53	07:05
123	2493	Miguel Costa	Gansos	Senior Masculino	01:25:25	+32:13	07:07
124	2120	Filipe Moreira	Individual	Senior Masculino	01:25:27	+32:15	07:07
125	2086	Rui Rocha	Brincalhões	Senior Masculino	01:25:28	+32:16	07:07
126	2876	Manuel Carneiro	OS CACHOS	Senior Masculino	01:25:31	+32:19	07:08
127	2871	Manuel Moura	ADEFACEC - Associação Desportiva da Efacec	Senior Masculino	01:25:49	+32:37	07:09
128	2038	Hugo Couto	CLUBE NOVO BANCO	Senior Masculino	01:26:02	+32:50	07:10
129	2719	Leonel Teixeira Teixeira	BTT Alegria // TUBANI	Senior Masculino	01:26:02	+32:51	07:10
130	2033	Joaquim Teixeira	Individual	Senior Masculino	01:26:06	+32:54	07:10
131	2439	Nuno Marques	Os TurboMula	Senior Masculino	01:26:14	+33:02	07:11
132	2457	Antonio Fidalgo	KeMedo Team	Senior Masculino	01:26:23	+33:11	07:12
133	2373	Rui Rocha	Tristes Mas Duros	Senior Masculino	01:26:38	+33:26	07:13
134	2054	Amandio Sousa	KinKipa	Senior Masculino	01:26:56	+33:45	07:15
135	2813	Vasco luxo	porto sentido	Senior Masculino	01:27:00	+33:48	07:15
136	2118	JOSÉ PEREIRA	100Meta	Senior Masculino	01:27:00	+33:48	07:15
137	2524	Abel Cardoso	Studio Sun Beauty	Senior Masculino	01:27:13	+34:01	07:16
138	2093	Joao Oliveira	Os Imparaveis	Senior Masculino	01:27:13	+34:01	07:16
139	2238	João Vieira	LEões DE TARDARIZ TRAIL	Senior Masculino	01:27:13	+34:01	07:16
140	1020	José Ferreira	Individual	Senior Masculino	01:27:58	+34:46	07:20
141	2374	Bruno Gonçalves	Tristes Mas Duros	Senior Masculino	01:28:01	+34:49	07:20
142	2724	André Silva	Os Pachones	Senior Masculino	01:28:06	+34:54	07:20
143	2633	Pedro Marques	Individual	Senior Masculino	01:28:09	+34:57	07:21
144	2514	Antonio Pereira	Individual	Senior Masculino	01:28:24	+35:13	07:22
145	2750	João Moura	Fit Gaia Trail	Senior Masculino	01:28:25	+35:13	07:22
146	2898	Rui Moura	Individual	Senior Masculino	01:28:27	+35:15	07:22
147	1309	Jorge Rebelo Rebelo	Nem que chova	Senior Masculino	01:28:30	+35:18	07:22
148	2392	Eduardo Pinho	reumático trail team	Senior Masculino	01:29:05	+35:53	07:25
149	2427	António Lima	Trinca Orelhas de Gato	Senior Masculino	01:29:21	+36:09	07:27
150	2087	Nuno Cabral	Individual	Senior Masculino	01:29:22	+36:10	07:27
151	2589	Cesar Sousa	Os Tranquilos	Senior Masculino	01:29:43	+36:31	07:29
152	2627	Angelo Carneiro	Os 3 pastorinhos	Senior Masculino	01:29:51	+36:40	07:29
153	2811	Pedro Silva	Individual	Senior Masculino	01:29:54	+36:42	07:30
154	2533	Alex Valente	Individual	Senior Masculino	01:30:03	+36:51	07:30
155	2526	Hugo Silva	Individual	Senior Masculino	01:30:04	+36:52	07:30

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156	2704	Daniel Pereira	Nocturnos de Paredes	Senior Masculino	01:30:06	+36:55	07:31
157	2376	Carlos Rocha	Tristes Mas Duros	Senior Masculino	01:30:25	+37:13	07:32
158	2378	Jorge Almeida	Soplabifana Runners	Senior Masculino	01:30:26	+37:14	07:32
159	2371	Sousa Henrique	Soplabifana runners	Senior Masculino	01:30:26	+37:14	07:32
160	1112	VITOR COELHO	Individual	Senior Masculino	01:30:28	+37:16	07:32
161	2657	Francisco Mendes	Individual	Senior Masculino	01:30:28	+37:16	07:32
162	2400	Antonio Barbosa	Individual	Senior Masculino	01:30:39	+37:27	07:33
163	2160	Rui Santos	CORRER LEÇA	Senior Masculino	01:30:40	+37:29	07:33
164	2601	Miguel tronco	CLUBE AMADOR DE MIRANDELA	Senior Masculino	01:30:47	+37:35	07:34
165	2654	Antônio De Jesus Pires	Individual	Senior Masculino	01:31:19	+38:07	07:37
166	2590	Paulo Vaz	Os Tranquilos	Senior Masculino	01:31:25	+38:13	07:37
167	1308	Ivo Pereira Pereira	Nem que chova	Senior Masculino	01:31:27	+38:15	07:37
168	2031	João Carneiro	FisioJoaoCarneiro	Senior Masculino	01:31:33	+38:21	07:38
169	2474	António Rocha	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:31:34	+38:22	07:38
170	2626	Tiago Carneiro	Os 3 pastorinhos	Senior Masculino	01:31:36	+38:24	07:38
171	2628	Luciano Rocha	Altos&Baixos	Senior Masculino	01:31:36	+38:24	07:38
172	2049	João Ricardo Grilo Teixeira	Individual	Senior Masculino	01:31:43	+38:31	07:39
173	1572	Pedro bastos	Fiaes running	Senior Masculino	01:31:48	+38:36	07:39
174	2441	António Ribeiro	Trinca Orelhas de Gato	Senior Masculino	01:31:51	+38:39	07:39
175	2703	Jose Silva	Nocturnos de Paredes	Senior Masculino	01:32:02	+38:51	07:40
176	2212	Vitor Martins	Porto Sentido Runners	Senior Masculino	01:32:05	+38:53	07:40
177	2019	Paulo Melo	Individual	Senior Masculino	01:32:14	+39:02	07:41
178	2882	José Santos	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Senior Masculino	01:32:16	+39:04	07:41
179	2215	Fábio Marques	PM	Senior Masculino	01:32:22	+39:10	07:42
180	2012	Ricardo Marques	Individual	Senior Masculino	01:32:24	+39:12	07:42
181	2013	Rui Pereira	Individual	Senior Masculino	01:32:33	+39:21	07:43
182	2823	Artur Mário Carvalho Morais	Individual	Senior Masculino	01:32:57	+39:45	07:45
183	2293	Ivo Couto	A20's Javalis Trail Team	Senior Masculino	01:32:59	+39:47	07:45
184	2229	Alcino Silva	Amigos 100 Limites	Senior Masculino	01:33:18	+40:06	07:46
185	2674	António Ribeiro	Individual	Senior Masculino	01:33:19	+40:07	07:47
186	2669	João Falcão	JPTC	Senior Masculino	01:33:19	+40:07	07:47
187	2419	Silvio Dias	Trinca Orelhas de Gato	Senior Masculino	01:33:22	+40:10	07:47
188	2405	ARTUR CARDOSO	EQUIPA JOAO FERREIRA	Senior Masculino	01:33:29	+40:17	07:47
189	2591	Rogério Rocha	Os Tranquilos	Senior Masculino	01:33:33	+40:21	07:48
190	2710	Alcindo Silva	Individual	Senior Masculino	01:33:39	+40:27	07:48
191	2222	Joaquim Rocha	JRSOUSA TEAM	Senior Masculino	01:33:39	+40:27	07:48
192	2239	Agostinho Cardoso	LEÕES DE TARDARIZ TRAIL	Senior Masculino	01:33:42	+40:30	07:49
193	2451	Sérgio Moreira	Amigos 100 Limites	Senior Masculino	01:33:43	+40:31	07:49
194	2211	Bruno Guedes	Porto Sentido Runners	Senior Masculino	01:33:44	+40:32	07:49
195	2775	Miguel Azevedo	Porto Sentido Runners	Senior Masculino	01:33:44	+40:32	07:49
196	2411	EDGAR SARAIVA	EQUIPA JOAO FERREIRA	Senior Masculino	01:34:03	+40:51	07:50
197	2501	Joaquim Cardoso	Individual	Senior Masculino	01:34:03	+40:51	07:50
198	2884	Paulo Silva	grupo dramatico e recreativo da retorta	Senior Masculino	01:34:11	+40:59	07:51
199	2499	Leandro Rocha	JUVENTUDE CORTEGACENSE	Senior Masculino	01:34:30	+41:18	07:53

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200	2494	Paulo Ferreira	Gansos	Senior Masculino	01:34:35	+41:23	07:53
201	2225	Filipe Lopes	Individual	Senior Masculino	01:34:39	+41:27	07:53
202	2836	Eugénio Soares	Factor X / S4L / Medense FC	Senior Masculino	01:35:11	+41:59	07:56
203	2668	David Costa	JPTC	Senior Masculino	01:35:22	+42:11	07:57
204	2234	Ricardo Lascasas	Amigos 100 Limites	Senior Masculino	01:35:27	+42:15	07:57
205	2301	Hugo Pereira	Individual	Senior Masculino	01:35:37	+42:25	07:58
206	2870	Sergio Rocha	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:35:44	+42:32	07:59
207	1676	Carlos Gonçalves	Individual	Senior Masculino	01:36:00	+42:48	08:00
208	2522	Ismael Duarte	OndaTrail	Senior Masculino	01:36:12	+43:00	08:01
209	2848	Tiago Alexandre	Panda os Amigos	Senior Masculino	01:36:15	+43:04	08:01
210	2782	Paulo Pinto	Junqueira	Senior Masculino	01:36:26	+43:14	08:02
211	2290	José Neto	Individual	Senior Masculino	01:37:17	+44:06	08:06
212	2188	Joni Rocha	Tainadas Run Team	Senior Masculino	01:37:25	+44:13	08:07
213	2189	Joni Regalado	Tainadas Run Team	Senior Masculino	01:37:25	+44:13	08:07
214	2867	Luis Silva	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:37:30	+44:18	08:07
215	2650	Eduardo Xavier	Batedores	Senior Masculino	01:37:34	+44:22	08:08
216	2721	Vitor Magalhaes	A20's Javalis Trail Team	Senior Masculino	01:37:35	+44:23	08:08
217	2138	João Pedro Brito	Individual	Senior Masculino	01:37:38	+44:26	08:08
218	2671	Tiago Lopes	JPTC	Senior Masculino	01:37:48	+44:36	08:09
219	2075	Vitor Neves	Individual	Senior Masculino	01:37:56	+44:44	08:10
220	2655	Fábio Miguel Rodrigues	CMC Carapaus	Senior Masculino	01:37:58	+44:46	08:10
221	2847	Daniel Silva	Panda os Amigos	Senior Masculino	01:37:58	+44:46	08:10
222	2207	João Gonçalves	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:37:58	+44:46	08:10
223	2866	José Silva	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:38:13	+45:01	08:11
224	2157	Nuno Lopes	CORRER LEÇA	Senior Masculino	01:38:24	+45:12	08:12
225	2159	Pedro Rocha	CORRER LEÇA	Senior Masculino	01:38:26	+45:14	08:12
226	2143	Horacio Ferreira	GENEROSOS RUNNERS	Senior Masculino	01:38:27	+45:15	08:12
227	2235	Ricardo Leal	Amigos 100 Limites	Senior Masculino	01:38:30	+45:18	08:12
228	2161	Rui Silva	CORRER LEÇA	Senior Masculino	01:38:36	+45:24	08:13
229	2632	Carlos Maia	Airão Trail Team	Senior Masculino	01:38:40	+45:28	08:13
230	2743	Sérgio Pereira	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:38:42	+45:30	08:14
231	2344	Paulo Henriques	A20's Javalis Trail Team	Senior Masculino	01:39:06	+45:54	08:16
232	2883	Carlos	PORTOCARGO	Senior Masculino	01:39:15	+46:03	08:16
233	1168	José Miguel Cruz Pinto	CICLISTAS CÓSMICOS - GISLÓTICA	Senior Masculino	01:39:22	+46:11	08:17
234	2726	Bruno Fernandes	Os Pachones	Senior Masculino	01:39:40	+46:28	08:18
235	2351	Fernando Maduro	Paredes Running	Senior Masculino	01:39:42	+46:30	08:18
236	2128	Joao Remedios	Carapaus	Senior Masculino	01:39:44	+46:32	08:19
237	2754	João Sousa	Individual	Senior Masculino	01:39:46	+46:34	08:19
238	2712	Luis Vieira	Not Fast Just Furious	Senior Masculino	01:40:04	+46:52	08:20
239	2765	Fernando Lopes	ARCORUN	Senior Masculino	01:40:30	+47:18	08:23
240	2367	Nuno Santos	JRSOUSA TEAM	Senior Masculino	01:40:35	+47:23	08:23
241	2713	Rogério Oliveira	Not Fast Just Furious	Senior Masculino	01:41:03	+47:51	08:25
242	2810	Nuno Vigário	Individual	Senior Masculino	01:41:33	+48:21	08:28

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Mini Trilhos Paleozóico 12K

12 KM



OFFICIAL RESULT

243	2571	Joao Pinheiro	Porto Sentido Runners	Senior Masculino	01:41:56	+48:45	08:30
244	2386	José Leal	No stress	Senior Masculino	01:42:07	+48:55	08:31
245	2288	Américo Guedes	Factor X / S4L / Medense FC	Senior Masculino	01:42:12	+49:00	08:31
246	2564	David Nogueira	Caracois do monte	Senior Masculino	01:42:45	+49:33	08:34
247	2467	Celso Camboa	JUVENTUDE CORTEGACENSE	Senior Masculino	01:42:51	+49:39	08:34
248	2641	Rui Silva	Nocturnos de Paredes	Senior Masculino	01:42:54	+49:42	08:34
249	2297	Rui Matos	Individual	Senior Masculino	01:43:38	+50:27	08:38
250	2275	João Sousa	Individual	Senior Masculino	01:43:39	+50:27	08:38
251	2861	Eduardo Oliveira	Trinca Orelhas de Gato	Senior Masculino	01:43:47	+50:35	08:39
252	2174	Salvador Santos	Individual	Senior Masculino	01:43:51	+50:39	08:39
253	2107	Manuel Moura	OS BARRIGUITAS	Senior Masculino	01:44:01	+50:49	08:40
254	2795	Ricardo Silva	Mountain Runners	Senior Masculino	01:44:12	+51:01	08:41
255	2163	Tiago Santos	CORRER LEÇA	Senior Masculino	01:44:15	+51:04	08:41
256	2702	Telmo Mota	Nocturnos de Paredes	Senior Masculino	01:44:19	+51:07	08:42
257	2570	João Sousa	100Pernas	Senior Masculino	01:44:20	+51:08	08:42
258	2364	Vitor Leorne	Maisquecorridas	Senior Masculino	01:44:21	+51:10	08:42
259	2175	JOSÉ ALVES	Individual	Senior Masculino	01:44:31	+51:19	08:43
260	2242	Miguel Silva	Infecto Team	Senior Masculino	01:47:21	+54:09	08:57
261	2534	Jose Moura	Nocturnos de Paredes	Senior Masculino	01:47:21	+54:09	08:57
262	2362	Vitor Oliveira	Maisquecorridas	Senior Masculino	01:47:23	+54:11	08:57
263	2078	Gil Rodrigues	Don't need prep TEAM	Senior Masculino	01:47:23	+54:11	08:57
264	2475	Marco Vigário	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:47:31	+54:19	08:58
265	2258	Ricardo Pacheco	GENEROSOS RUNNERS	Senior Masculino	01:48:04	+54:52	09:00
266	2582	Nuno Magalhaes	Caracois do monte	Senior Masculino	01:48:05	+54:53	09:00
267	2549	João Moreira	SS MONTEPIO GERAL	Senior Masculino	01:48:07	+54:55	09:01
268	2708	Jose Moreira	Individual	Senior Masculino	01:48:07	+54:55	09:01
269	2550	Manuel Costa	Nelcila	Senior Masculino	01:48:40	+55:28	09:03
270	2408	LUIS SILVA	EQUIPA JOAO FERREIRA	Senior Masculino	01:48:50	+55:39	09:04
271	2760	RICARDO MARTINS	DDT Runners	Senior Masculino	01:48:53	+55:41	09:04
272	2219	Jose Gentil Almeida Ferreira	Ou Vai ou Racha	Senior Masculino	01:48:57	+55:45	09:05
273	2569	Nuno Silva	100Pernas	Senior Masculino	01:49:05	+55:53	09:05
274	2003	José Saraiva	Individual	Senior Masculino	01:49:21	+56:09	09:07
275	2282	José Ferreira	LEÕES DE TARDARIZ TRAIL	Senior Masculino	01:49:32	+56:21	09:08
276	2751	António Moreira	LUSOS XXI	Senior Masculino	01:49:35	+56:23	09:08
277	2745	João Paulo Carvalho	LUSOS XXI	Senior Masculino	01:49:36	+56:24	09:08
278	2604	Germano Moura	OS BARRIGUITAS	Senior Masculino	01:49:39	+56:27	09:08
279	2170	Rogério Gomes	A20's Javalis Trail Team	Senior Masculino	01:50:05	+56:53	09:10
280	2244	José Ferreira	JRSOUSA TEAM	Senior Masculino	01:50:22	+57:10	09:12
281	2652	Pedro Costa	Individual	Senior Masculino	01:50:43	+57:31	09:14
282	2137	Nuno Freitas	reumático trail team	Senior Masculino	01:50:51	+57:39	09:14
283	2579	Carlos Russo	Individual	Senior Masculino	01:51:25	+58:13	09:17
284	2263	Jorge Magalhães	CMDS	Senior Masculino	01:51:32	+58:20	09:18
285	2575	Jose castelo	Fardetas	Senior Masculino	01:51:39	+58:27	09:18
286	2800	Vasco Loureiro	Individual	Senior Masculino	01:51:43	+58:31	09:19
287	2482	MANUEL PEREIRA	PORTOCARGO	Senior Masculino	01:52:06	+58:54	09:20
288	2486	Carlos Anjos	Gansos	Senior Masculino	01:52:15	+59:03	09:21

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Mini Trilhos Paleozóico 12K

12 KM

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289	2385	Ricardo Carvalho	Individual	Senior Masculino	01:52:36	+59:24	09:23
290	2108	Filipe Morais	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:53:03	+59:51	09:25
291	2539	José Loureiro	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:53:03	+59:51	09:25
292	2317	Clemente Meireles Meireles	Nem que chova	Senior Masculino	01:53:07	+59:55	09:26
293	2831	Pedro Pinheiro	Individual	Senior Masculino	01:53:22	+01:00:11	09:27
294	2072	Rodrigo Ferraz	GENEROSOS RUNNERS	Senior Masculino	01:53:38	+01:00:26	09:28
295	2557	José Neiva	Individual	Senior Masculino	01:54:31	+01:01:19	09:33
296	2829	Bruno Couto	Individual	Senior Masculino	01:55:24	+01:02:12	09:37
297	2878	Rui Vitória	Individual	Senior Masculino	01:55:27	+01:02:15	09:37
298	2447	Carlos Mota	Trinca Orelhas de Gato	Senior Masculino	01:55:40	+01:02:28	09:38
299	2214	José Pereira	PM	Senior Masculino	01:55:46	+01:02:34	09:39
300	2824	João Oliveira	porto sentido	Senior Masculino	01:56:08	+01:02:56	09:41
301	1736	Rui Santos	Individual	Senior Masculino	01:56:23	+01:03:11	09:42
302	2714	Pedro Torres	Not Fast Just Furious	Senior Masculino	01:56:28	+01:03:16	09:42
303	2854	VÍTOR OSÓRIO	#atechoras!	Senior Masculino	01:56:41	+01:03:29	09:43
304	2186	Henrique Santiago	TrepaTrilhos Trail Team	Senior Masculino	01:56:55	+01:03:43	09:45
305	2125	Alberto Reis	Passarinhos do Monte	Senior Masculino	01:57:11	+01:03:59	09:46
306	2797	Bruno Ribeiro	Individual	Senior Masculino	01:57:34	+01:04:22	09:48
307	2798	Rui Castro	Individual	Senior Masculino	01:57:34	+01:04:22	09:48
308	2269	Pedro Justo	CORRER LEÇA	Senior Masculino	01:57:55	+01:04:44	09:50
309	2681	Miguel Ferreira	BTT Alegria // TUBANI	Senior Masculino	01:58:44	+01:05:32	09:54
310	2291	Sergio Reis	GENEROSOS RUNNERS	Senior Masculino	01:59:24	+01:06:12	09:57
311	2672	Bruno Ferreira	JPTC	Senior Masculino	02:00:01	+01:06:49	10:00
312	2639	Antonio Carvalho	Nocturnos de Paredes	Senior Masculino	02:01:33	+01:08:21	10:08
313	2421	Fernando Vital	Trinca Orelhas de Gato	Senior Masculino	02:01:56	+01:08:44	10:10
314	2241	José Pinto	Infecto Team	Senior Masculino	02:02:15	+01:09:03	10:11
315	2651	Filipe Pinto	Nocturnos de Paredes	Senior Masculino	02:02:35	+01:09:23	10:13
316	2278	Márcio Ferreira	Grandes, Fortes e Grossos	Senior Masculino	02:03:03	+01:09:51	10:15
317	2586	Manuel Silva	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Senior Masculino	02:04:36	+01:11:24	10:23
318	2094	José Teixeira	JUVENTUDE DESPORTIVA DE GONDOMAR	Senior Masculino	02:04:47	+01:11:35	10:24
319	2675	Joaquim Oliveira	JUVENTUDE DESPORTIVA DE GONDOMAR	Senior Masculino	02:04:47	+01:11:35	10:24
320	2106	Jorge Teixeira	JUVENTUDE DESPORTIVA DE GONDOMAR	Senior Masculino	02:04:47	+01:11:35	10:24
321	2683	Tony Mendes	BTT Alegria // TUBANI	Senior Masculino	02:05:35	+01:12:23	10:28
322	2152	João Rocha	CORRER LEÇA	Senior Masculino	02:05:37	+01:12:25	10:28
323	2507	Luis Ribeiro	Paredes Running	Senior Masculino	02:06:33	+01:13:21	10:33
324	2391	Antero Bessa	Paredes Running	Senior Masculino	02:06:35	+01:13:23	10:33
325	2528	Luis Carlos Estevao	Individual	Senior Masculino	02:07:38	+01:14:26	10:38
326	2700	Paulo Amorim	Nocturnos de Paredes	Senior Masculino	02:07:59	+01:14:47	10:40
327	2345	Rui Moreira	PAPATRAILS	Senior Masculino	02:08:22	+01:15:10	10:42
328	2318	António Santos	os tartarugas	Senior Masculino	02:08:43	+01:15:31	10:44
329	2900	Vítor Horácio Correia	Team Lantermil	Senior Masculino	02:09:01	+01:15:50	10:45
330	2309	Nuno Fernandes	ARCORUN	Senior Masculino	02:09:53	+01:16:41	10:49

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Mini Trilhos Paleozóico 12K

12 KM



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331	2295	David Silva	Gundemarus	Senior Masculino	02:10:59	+01:17:47	10:55
332	2331	Manuel Dias Noites	Pé na Rota	Senior Masculino	02:12:04	+01:18:53	11:00
333	2577	Cláudio Silva	Wolves Run Trail	Senior Masculino	02:12:08	+01:18:56	11:01
334	2578	Antonio Fernandes	Wolves Run Trail	Senior Masculino	02:12:08	+01:18:56	11:01
335	2864	Sergio Sousa	Trinca Orelhas de Gato	Senior Masculino	02:12:13	+01:19:01	11:01
336	2265	Paulo Ribeiro	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	02:13:15	+01:20:03	11:06
337	2673	José Silva	JPTC	Senior Masculino	02:13:46	+01:20:34	11:09
338	2383	Filipe Ribeiro	Att	Senior Masculino	02:14:02	+01:20:50	11:10
339	2144	Luis Duarte	Individual	Senior Masculino	02:14:30	+01:21:18	11:12
340	2035	Ricardo Amaral	Studio Sun Beauty	Senior Masculino	02:15:12	+01:22:00	11:16
341	2307	Alexis Bolivar	ARCORUN	Senior Masculino	02:15:39	+01:22:28	11:18
342	2465	JOAO FERREIRA	EQUIPA JOAO FERREIRA	Senior Masculino	02:15:48	+01:22:36	11:19
343	2502	Alfredo Faria	Compincha	Senior Masculino	02:16:17	+01:23:05	11:21
344	2281	Sandro Oliveira	LEÕES DE TARDARIZ TRAIL	Senior Masculino	02:16:47	+01:23:35	11:24
345	2254	Damião Pontes	LEÕES DE TARDARIZ TRAIL	Senior Masculino	02:16:47	+01:23:35	11:24
346	2677	António Macedo	Caga Tacos Running Team	Senior Masculino	02:17:39	+01:24:27	11:28
347	2059	Jorge Silva	OsFazConta	Senior Masculino	02:19:21	+01:26:09	11:37
348	2793	Hugo Coimbra	Individual	Senior Masculino	02:19:56	+01:26:44	11:40
349	2755	BRUNO CARDOSO	DDT Runners	Senior Masculino	02:20:54	+01:27:42	11:44
350	2319	Afonso Santos	os tartarugas	Senior Masculino	02:20:58	+01:27:46	11:45
351	2676	Ricardo Braga	Rechonchudos Trail Runners	Senior Masculino	02:21:15	+01:28:03	11:46
352	2498	Miguel Matos	JUVENTUDE CORTEGACENSE	Senior Masculino	02:21:37	+01:28:25	11:48
353	2052	Rui Monteiro	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	02:24:33	+01:31:21	12:03
354	2084	Armando Silva	Brincalhães	Senior Masculino	02:25:07	+01:31:55	12:06
355	2483	MANUEL ALMEIDA	PORTOCARGO	Senior Masculino	02:26:28	+01:33:16	12:12
356	2169	Hugo Azevedo	Team Lantemil	Senior Masculino	02:27:18	+01:34:06	12:16
357	2505	Diogo Pimenta	Os Goguinhas	Senior Masculino	02:30:08	+01:36:57	12:31
358	2426	Ismael Silva	Trinca Orelhas de Gato	Senior Masculino	02:30:13	+01:37:01	12:31
359	2476	Pedro Oliveira	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	02:31:53	+01:38:41	12:39
360	2434	Filipe Terra	Trinca Orelhas de Gato	Senior Masculino	02:32:40	+01:39:28	12:43
361	2432	Carlos Conde	Trinca Orelhas de Gato	Senior Masculino	02:32:40	+01:39:28	12:43
362	2895	Gene Torres	Individual	Senior Masculino	02:35:33	+01:42:21	12:58
363	2707	Vitor Barbosa	baltar trail runners	Senior Masculino	02:39:27	+01:46:15	13:17
364	2342	Jose freitas	Ou Vai ou Racha	Senior Masculino	02:40:26	+01:47:14	13:22
365	2220	Jose Gentil Almeida Ferreira	Ou Vai ou Racha	Senior Masculino	02:40:37	+01:47:25	13:23
366	2697	Jorge Bastos	Individual	Senior Masculino	02:48:45	+01:55:34	14:04
367	2756	PAULO FERREIRA	DDT Runners	Senior Masculino	02:49:06	+01:55:54	14:06
368	2608	Helder Moraes	Tartarugas sprinters	Senior Masculino	02:55:00	+02:01:48	14:35
369	1565	João Paulo De Sousa	Manguelas - Run/Walk TEAM	Senior Masculino	02:55:30	+02:02:18	14:37
370	2637	Ricardo Matos	Manguelas - Run/Walk TEAM	Senior Masculino	02:55:30	+02:02:18	14:37

Sub 23 Feminino

1	2897	Ana Rita Domingues	Olímpico Vianense Trail	Sub 23 Feminino	01:16:01	+22:49	06:20
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Mini Trilhos Paleozóico 12K

12 KM

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2	1397	Inês Cardoso	Fridão Sem Limites	Sub 23 Feminino	01:27:55	+34:43	07:20
3	2083	Inês Silva	Brincalhões	Sub 23 Feminino	01:38:36	+45:25	08:13
4	2262	Joana Silva	CMDS	Sub 23 Feminino	01:40:40	+47:28	08:23
5	2862	Nadia Silva	Trinca Orelhas de Gato	Sub 23 Feminino	02:03:07	+01:09:55	10:16
6	2067	Laura Eira	Moviteknika	Sub 23 Feminino	02:24:44	+01:31:32	12:04
7	2002	Rosa Bispo	Em Força - Corremos Pela Esclerose Múltipla	Sub 23 Feminino	02:24:46	+01:31:35	12:04
8	2695	Sonia Sacras	ARCORUN	Sub 23 Feminino	02:46:14	+01:53:02	13:51

Sub 23 Masculino

1	2085	Rúben Rocha	Brincalhões	Sub 23 Masculino	01:05:38	+12:26	05:28
2	2487	Jorge Beliago	Gansos	Sub 23 Masculino	01:11:37	+18:25	05:58
3	2609	Sérgio Silva	Amigos do Pedal TrailLagares	Sub 23 Masculino	01:18:55	+25:43	06:35
4	2717	Pedro Rocha	BTT Alegria // TUBANI	Sub 23 Masculino	01:19:03	+25:51	06:35
5	2558	Diogo Resende	Caracois do monte	Sub 23 Masculino	01:19:35	+26:23	06:38
6	2732	Álvaro Santos	Aliança de Gandra	Sub 23 Masculino	01:21:45	+28:33	06:49
7	2458	Bernardo Gomes	KeMedo Team	Sub 23 Masculino	01:30:01	+36:50	07:30
8	2521	José Machado	Individual	Sub 23 Masculino	01:30:44	+37:32	07:34
9	2600	Luis cepeda	CLUBE AMADOR DE MIRANDELA	Sub 23 Masculino	01:35:18	+42:06	07:57
10	2176	RUI CUSTODIO	Individual	Sub 23 Masculino	01:43:45	+50:33	08:39
11	2424	Rui Rocha	Trinca Orelhas de Gato	Sub 23 Masculino	01:43:52	+50:40	08:39
12	2791	Daniel Reis	LUSOS XXI	Sub 23 Masculino	01:49:35	+56:23	09:08
13	2455	Daniel Fernandes	Wolves Run Trail	Sub 23 Masculino	02:12:08	+01:18:56	11:01
14	2308	Deibid Moreno	ARCORUN	Sub 23 Masculino	02:15:39	+01:22:27	11:18
15	2350	Pedro Oliveira	LEÕES DE TARDARIZ TRAIL	Sub 23 Masculino	02:16:47	+01:23:36	11:24

COLETIVO - MINI TRILHOS PALEOZÓICO 12K

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RANK	TEAM	DESCRIPTION	POINTS
1	GRUPO DRAMATICO E RECREATIVO DA RETORTA	1 + 3 + 4	8
2	BEAT YOUR LIMIT!	5 + 7 + 11	23
3	DÁ-LHE GÁS	2 + 12 + 13	27
4	TRINCA ORELHAS DE GATO	6 + 19 + 25	50
5	FACTOR X / S4L / MEDENSE FC	37 + 42 + 77	156
6	A. D. SEBOLIDO TRAIL BONECA DOURO	53 + 59 + 64	176
7	FRIDÃO SEM LIMITES	28 + 36 + 130	194
8	ALIANÇA DE GANDRA	48 + 70 + 78	196
9	GANSOS	43 + 62 + 99	204
10	LEÕES DE TARDARIZ TRAIL	8 + 113 + 164	285
11	MSS CONTABILIDADE TRAIL TEAM	74 + 97 + 122	293
12	BRINCALHÕES	30 + 126 + 147	303
13	TRISTES MAS DUROS	47 + 157 + 169	373
14	JUVENTUDE CORTEGACENSE	26 + 95 + 253	374
15	NOCTURNOS DE PAREDES	46 + 177 + 190	413
16	PORTO SENTIDO	128 + 129 + 159	416
17	A.D.AMARANTE TRAIL RUNNING	9 + 192 + 238	439
18	STUDIO SUN BEAUTY	134 + 144 + 162	440
19	CARACOIS DO MONTE	27 + 93 + 338	458
20	KEMEDO TEAM	139 + 156 + 188	483
21	CARAP AUS	51 + 132 + 314	497
22	OS PACHONES	82 + 170 + 248	500
23	AMIGOS 100 LIMITES	110 + 183 + 233	526
24	DDT RUNNERS	20 + 127 + 392	539
25	TECLA 3 RUNNERS	142 + 225 + 226	593
26	EQUIPA JOAO FERREIRA	108 + 237 + 250	595
27	PORTO SENTIDO RUNNERS	141 + 220 + 246	607
28	ARCORUN	118 + 178 + 317	613
29	OS TRANQUILOS	185 + 206 + 239	630
30	JPTC	143 + 235 + 260	638
31	#ATECHORAS!	41 + 120 + 480	641
32	A20'S JAVALIS TRAIL TEAM	136 + 229 + 282	647
33	DOUROCONTA - GABINETE DE APOIO E CONTABILIDADE, LDA	105 + 222 + 335	662
34	LUSOS XXI	35 + 256 + 402	693
35	BTT ALEGRIA // TUBANI	90 + 152 + 496	738
36	2 TRAIL	73 + 342 + 344	759
37	AMIGOS DO PEDAL TRAILAGARES	88 + 138 + 536	762
38	CORRER LEÇA	200 + 295 + 296	791

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