

TRAIL LONGO ROSA ALBARDEIRA - STAGE 1

28 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	-99°C	-99%
End	15:14	30.5°C	60%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	20	Fábio Mendes	dá-lhe gás team	Senior Masculino	02:41:51		05:47
2	72	Diogo Nunes	montanha clube trail running/ efapel	Senior Masculino	02:41:51	+00:00	05:47
3	76	João Mário Lopes Sacramento	ozxtreme / bv pombal	Senior Masculino	02:53:11	+11:20	06:11
4	24	Henrique Fernandes	fonte nova runners	Veterano M35	02:54:36	+12:45	06:14
5	25	Luis Silva	fonte nova runners	Veterano M35	02:58:19	+16:27	06:22
6	61	Aquilino Ferreira	individual	Veterano M50	03:01:15	+19:24	06:28
7	36	Abel Lopes	individual	Senior Masculino	03:02:42	+20:51	06:32
8	71	Simão Gonçalves Fernandes	monsanto running team	Veterano M35	03:02:45	+20:53	06:32
9	13	Germano Capela	ca barreira	Veterano M50	03:03:11	+21:20	06:33
10	78	Lúcio Alves	papa trilhos do caal	Veterano M40	03:03:21	+21:29	06:33
11	22	João Paulo Oliveira Nepomuceno	dá-lhe gás team	Veterano M40	03:03:31	+21:39	06:33
12	54	ferreira vitor	individual	Veterano M40	03:04:00	+22:09	06:34
13	19	João Sanches	clube de atletismo de ferreira do zêzere	Veterano M50	03:07:29	+25:37	06:42
14	39	Ricardo Neves	individual	Senior Masculino	03:09:17	+27:26	06:46
15	70	Jorge Henriques	lourival bike team	Senior Masculino	03:10:04	+28:12	06:47
16	5	Ricardo Nunes	acrm silveirinha grande claras	Senior Masculino	03:10:04	+28:13	06:47
17	63	JOSE JULIO DA MOTA FERREIRA	individual	Veterano M50	03:10:31	+28:39	06:48
18	46	Milton José Rodrigues Branco	individual	Veterano M35	03:11:53	+30:01	06:51
19	41	Wilson Bastos	individual	Senior Masculino	03:20:01	+38:09	07:09
20	86	Cristóvão Ginja	trolls	Veterano M35	03:23:13	+41:22	07:15
21	23	Nuno Ribeiro	figueira kaiak clube	Veterano M35	03:24:15	+42:23	07:18
22	7	Tiago Claro	associação pombal jovem	Senior Masculino	03:24:20	+42:28	07:18
23	75	José Simões	o mundo da corrida	Veterano M50	03:25:09	+43:17	07:20
24	82	Ricardo Neto	soure mov	Veterano M35	03:25:33	+43:41	07:20
25	6	edgar jose ferreira gomes	amsgc-silveirinha claras atletismo	Veterano M35	03:26:34	+44:42	07:23
26	56	Luís Manuel dos Santos Silva	individual	Veterano M40	03:26:34	+44:42	07:23
27	65	José Paulo Santos	industrial desportivo vierense	Veterano M40	03:26:44	+44:53	07:23
28	60	Vitor Mota	individual	Veterano M40	03:27:10	+45:19	07:24
29	12	Pedro Mendes	bio team run	Veterano M40	03:27:12	+45:20	07:24
30	26	Nuno Ferreira	fonte nova runners	Veterano M40	03:28:07	+46:15	07:26
31	38	Pedro Mendes	individual	Senior Masculino	03:28:19	+46:27	07:26
32	48	Pedro Cardoso	individual	Veterano M35	03:29:39	+47:48	07:29
33	51	CARLOS MANUEL FERREIRA	individual	Veterano M40	03:31:27	+49:36	07:33
34	37	Gonçalo Raminhos	individual	Senior Masculino	03:32:10	+50:18	07:35
35	67	Manuel Gaspar	jástrada	Veterano M50	03:34:40	+52:49	07:40
36	66	Norberto Rosa	jástrada	Veterano M40	03:34:41	+52:49	07:40
37	74	LUIS FILIPE SILVA RODRIGUES	move up team	Veterano M40	03:38:03	+56:12	07:47
38	68	Pedro José Neves Marques	lama solta	Senior Masculino	03:40:24	+58:32	07:52
39	8	Tiago Silva Rodrigues	associação pombal jovem	Senior Masculino	03:40:59	+59:07	07:54

TRAIL LONGO ROSA ALBARDEIRA - STAGE 1

28 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
40	16	GONALO JOO CORREIA FREITAS	ccd cr�dito agricola	Veterano M35	03:41:53	+01:00:01	07:55
41	49	Rui Manuel Pires Ven�ncio	individual	Veterano M35	03:47:27	+01:05:35	08:07
42	80	Gina Domingues	slow runners pombal	Veterana F40	03:47:43	+01:05:51	08:08
43	30	JOO PEDRO SOARES BATISTA	gim running team/in�rcia s.c.	Veterano M35	03:48:38	+01:06:46	08:10
44	44	Iv�nio Martins	individual	Veterano M35	03:50:12	+01:08:20	08:13
45	29	JOEL FILIPE RAMOS OLIVEIRA	gim running team/in�rcia s.c.	Senior Masculino	03:51:10	+01:09:18	08:15
46	45	Lino Manuel Marques Albano Albano	individual	Veterano M35	03:51:31	+01:09:40	08:16
47	17	Hugo Marouvo	ccd cr�dito agricola	Veterano M35	03:52:26	+01:10:35	08:18
48	28	Paulo Fernandes	gdi	Veterano M40	04:04:17	+01:22:25	08:43
49	58	Ricardo Nuno Francisco do Carmo	individual	Veterano M40	04:05:47	+01:23:55	08:47
50	34	Maril�ia Noro	individual	Senior Feminino	04:08:59	+01:27:08	08:54
51	81	Joo Pedro Monteiro	slow runners pombal	Veterano M40	04:12:21	+01:30:29	09:01
52	47	Paulo Gameiro	individual	Veterano M35	04:12:26	+01:30:35	09:01
53	35	N�dia Afonso	individual	Senior Feminino	04:20:42	+01:38:50	09:19
54	79	Ant�nio Jos� Carmo	papa trilhos do caal	Veterano M50	04:20:44	+01:38:52	09:19
55	73	ANDRE JORGE FELIX PINTO	move up team	Senior Masculino	04:21:22	+01:39:30	09:20
56	112	Andreia Manuela Lopes Parreiras	individual	Senior Feminino	04:22:24	+01:40:33	09:22
57	85	Benilde Santos	trolls	Veterana F40	04:22:31	+01:40:39	09:23
58	53	Diogo Reis	individual	Veterano M40	04:24:57	+01:43:05	09:28
59	21	Kevin Gaspar	d�-lhe g�s team	Senior Masculino	04:25:39	+01:43:47	09:29
60	59	Rui Varela Morte	individual	Veterano M40	04:31:03	+01:49:11	09:41
61	64	Alfredo Santos	individual	Veterano M60	04:40:52	+01:59:01	10:02
62	33	Carina Gaspar	individual	Senior Feminino	04:47:08	+02:05:16	10:15
63	15	Silvia Leonardo	cabritos do mato	Veterana F40	04:48:14	+02:06:23	10:18
64	14	T�nia Ferreira	cabritos do mato	Senior Feminino	04:48:15	+02:06:24	10:18
65	83	Manuel Silva	trepatrihos trail team	Senior Masculino	04:54:55	+02:13:03	10:32
66	84	Pedro Silva	trepatrihos trail team	Veterano M40	04:54:57	+02:13:06	10:32
67	42	MARIA LUISA	individual	Veterana F40	04:57:16	+02:15:25	10:37
68	62	Fausto Cardoso	individual	Veterano M50	05:10:10	+02:28:19	11:05
69	69	Joo Paulo Lopes	lama solta	Veterano M40	05:10:13	+02:28:21	11:05
70	10	Jos� Nunes	bau dos bombeios team	Veterano M40	06:04:39	+03:22:48	13:01
71	11	Vitor Nelson Esteves Torres da Silva	bau dos bombeios team	Veterano M40	06:04:40	+03:22:48	13:01

Trail Longo Rosa Albardeira**28 KM****OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	-99°C	-99%
End	15:14	30.5°C	60%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
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Senior Feminino

1	34	Marília Noro	Individual	Senior Feminino	04:08:59	+01:27:08	08:54
2	35	Nádia Afonso	Individual	Senior Feminino	04:20:42	+01:38:50	09:19
3	112	Andreia Manuela Lopes Parreiras	Individual	Senior Feminino	04:22:24	+01:40:33	09:22
4	33	Carina Gaspar	Individual	Senior Feminino	04:47:08	+02:05:16	10:15
5	14	Tânia Ferreira	Cabritos do Mato	Senior Feminino	04:48:15	+02:06:24	10:18

Senior Masculino

1	20	Fábio Mendes	Dá-lhe Gás team	Senior Masculino	02:41:51		05:47
2	72	Diogo Nunes	MONTANHA CLUBE TRAIL RUNNING/ EFAPEL	Senior Masculino	02:41:51	+00:00	05:47
3	76	João Mário Lopes Sacramento	OzXtreme / BV Pombal	Senior Masculino	02:53:11	+11:20	06:11
4	36	Abel Lopes	Individual	Senior Masculino	03:02:42	+20:51	06:32
5	39	Ricardo Neves	Individual	Senior Masculino	03:09:17	+27:26	06:46
6	70	Jorge Henriques	Lourival Bike Team	Senior Masculino	03:10:04	+28:12	06:47
7	5	Ricardo Nunes	ACRM Silveirinha Grande Claras	Senior Masculino	03:10:04	+28:13	06:47
8	41	Wilson Bastos	Individual	Senior Masculino	03:20:01	+38:09	07:09
9	7	Tiago Claro	Associação Pombal Jovem	Senior Masculino	03:24:20	+42:28	07:18
10	38	Pedro Mendes	Individual	Senior Masculino	03:28:19	+46:27	07:26
11	37	Gonçalo Raminhos	Individual	Senior Masculino	03:32:10	+50:18	07:35
12	68	Pedro José Neves Marques	LAMA SOLTA	Senior Masculino	03:40:24	+58:32	07:52
13	8	Tiago Silva Rodrigues	Associação Pombal Jovem	Senior Masculino	03:40:59	+59:07	07:54
14	29	JOEL FILIPE RAMOS OLIVEIRA	Jim Running Team/Inércia S.C.	Senior Masculino	03:51:10	+01:09:18	08:15
15	73	ANDRE JORGE FELIX PINTO	Move Up Team	Senior Masculino	04:21:22	+01:39:30	09:20
16	21	Kevin Gaspar	Dá-lhe Gás team	Senior Masculino	04:25:39	+01:43:47	09:29
17	83	Manuel Silva	TrepaTrilhos Trail Team	Senior Masculino	04:54:55	+02:13:03	10:32

Veterana F40

1	80	Gina Domingues	Slow Runners Pombal	Veterana F40	03:47:43	+01:05:51	08:08
2	85	Benilde Santos	TROLLS	Veterana F40	04:22:31	+01:40:39	09:23
3	15	Silvia Leonardo	Cabritos do Mato	Veterana F40	04:48:14	+02:06:23	10:18
4	42	MARIA LUISA	Individual	Veterana F40	04:57:16	+02:15:25	10:37

Veterano M35

1	24	Henrique Fernandes	Fonte Nova Runners	Veterano M35	02:54:36	+12:45	06:14
2	25	Luis Silva	Fonte Nova Runners	Veterano M35	02:58:19	+16:27	06:22

Trail Longo Rosa Albardeira

28 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

3	71	Simão Gonçalves Fernandes	Monsanto Running Team	Veterano M35	03:02:45	+20:53	06:32
4	46	Milton José Rodrigues Branco	Individual	Veterano M35	03:11:53	+30:01	06:51
5	86	Cristóvão Ginja	TROLLS	Veterano M35	03:23:13	+41:22	07:15
6	23	Nuno Ribeiro	Figueira Kaiak Clube	Veterano M35	03:24:15	+42:23	07:18
7	82	Ricardo Neto	SOURE MOV	Veterano M35	03:25:33	+43:41	07:20
8	6	edgar jose ferreira gomes	amsgc-silveirinha claras atletismo	Veterano M35	03:26:34	+44:42	07:23
9	48	Pedro Cardoso	Individual	Veterano M35	03:29:39	+47:48	07:29
10	16	GONÇALO JOÃO CORREIA FREITAS	CCD CRÉDITO AGRICOLA	Veterano M35	03:41:53	+01:00:01	07:55
11	49	Rui Manuel Pires Venâncio	Individual	Veterano M35	03:47:27	+01:05:35	08:07
12	30	JOÃO PEDRO SOARES BATISTA	Gim Running Team/Inércia S.C.	Veterano M35	03:48:38	+01:06:46	08:10
13	44	Ivónio Martins	Individual	Veterano M35	03:50:12	+01:08:20	08:13
14	45	Lino Manuel Marques Albano Albano	Individual	Veterano M35	03:51:31	+01:09:40	08:16
15	17	Hugo Marouvo	CCD CRÉDITO AGRICOLA	Veterano M35	03:52:26	+01:10:35	08:18
16	47	Paulo Gameiro	Individual	Veterano M35	04:12:26	+01:30:35	09:01

Veterano M40

1	78	Lúcio Alves	Papa Trilhos do CAAL	Veterano M40	03:03:21	+21:29	06:33
2	22	João Paulo Oliveira Nepomuceno	Dá-lhe Gás team	Veterano M40	03:03:31	+21:39	06:33
3	54	ferreira vitor	Individual	Veterano M40	03:04:00	+22:09	06:34
4	56	Luís Manuel dos Santos Silva	Individual	Veterano M40	03:26:34	+44:42	07:23
5	65	José Paulo Santos	Industrial Desportivo Vierense	Veterano M40	03:26:44	+44:53	07:23
6	60	Vitor Mota	Individual	Veterano M40	03:27:10	+45:19	07:24
7	12	Pedro Mendes	Bio Team Run	Veterano M40	03:27:12	+45:20	07:24
8	26	Nuno Ferreira	Fonte Nova Runners	Veterano M40	03:28:07	+46:15	07:26
9	51	CARLOS MANUEL FERREIRA	Individual	Veterano M40	03:31:27	+49:36	07:33
10	66	Norberto Rosa	Jástrada	Veterano M40	03:34:41	+52:49	07:40
11	74	LUIS FILIPE SILVA RODRIGUES	Move Up Team	Veterano M40	03:38:03	+56:12	07:47
12	28	Paulo Fernandes	GDI	Veterano M40	04:04:17	+01:22:25	08:43
13	58	Ricardo Nuno Francisco do Carmo	Individual	Veterano M40	04:05:47	+01:23:55	08:47
14	81	João Pedro Monteiro	Slow Runners Pombal	Veterano M40	04:12:21	+01:30:29	09:01
15	53	Diogo Reis	Individual	Veterano M40	04:24:57	+01:43:05	09:28
16	59	Rui Varela Morte	Individual	Veterano M40	04:31:03	+01:49:11	09:41
17	84	Pedro Silva	TrepaTrilhos Trail Team	Veterano M40	04:54:57	+02:13:06	10:32
18	69	João Paulo Lopes	LAMA SOLTA	Veterano M40	05:10:13	+02:28:21	11:05
19	10	José Nunes	Bau dos Bombeiros Team	Veterano M40	06:04:39	+03:22:48	13:01
20	11	Vitor Nelson Esteves Torres da Silva	Bau dos Bombeiros Team	Veterano M40	06:04:40	+03:22:48	13:01

Veterano M50

1	61	Aquilino Ferreira	Individual	Veterano M50	03:01:15	+19:24	06:28
2	13	Germano Capela	CA Barreira	Veterano M50	03:03:11	+21:20	06:33
3	19	João Sanches	Clube de Atletismo de Ferreira do Zêzere	Veterano M50	03:07:29	+25:37	06:42
4	63	JOSE JULIO DA MOTA FERREIRA	Individual	Veterano M50	03:10:31	+28:39	06:48
5	75	José Simões	O Mundo da Corrida	Veterano M50	03:25:09	+43:17	07:20

Trail Longo Rosa Albardeira

28 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

6	67	Manuel Gaspar	Jástrada	Veterano M50	03:34:40	+52:49	07:40
7	79	António José Carmo	Papa Trilhos do CAAL	Veterano M50	04:20:44	+01:38:52	09:19
8	62	Fausto Cardoso	Individual	Veterano M50	05:10:10	+02:28:19	11:05

Veterano M60

1	64	Alfredo Santos	Individual	Veterano M60	04:40:52	+01:59:01	10:02
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TRAIL CURTO CIDADE DE POMBAL - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	-99°C	-99%
End	13:21	30.5°C	60%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	566	fernando marques	dc/ccdrpedrulha-mealhada	Veterano M35	01:17:29		05:10
2	652	Bruno Filipe	individual	Veterano M35	01:19:42	+02:13	05:19
3	565	Ricardo Santos	dc/ccdrpedrulha-mealhada	Senior Masculino	01:21:57	+04:28	05:28
4	606	José Gonçalves	grupo alegre unido bajouca	Veterano M50	01:22:04	+04:35	05:28
5	828	Tiago Tomas	ccrd burinhosa	Senior Masculino	01:24:21	+06:52	05:37
6	592	MAURO JOSE CARVALHO MODERNO	gim running team/inércia s.c.	Senior Masculino	01:25:27	+07:58	05:42
7	560	Fernando Freire	dá-lhe gás team	Veterano M35	01:26:13	+08:44	05:45
8	822	Jose Figueira	ccrd burinhosa	Veterano M40	01:26:19	+08:49	05:45
9	538	TIAGO FERREIRA	clube veteranos do lis	Senior Masculino	01:26:22	+08:53	05:46
10	575	Ricardo Carreira	gac-grupo de atletismo da caranguejeira	Senior Masculino	01:26:38	+09:09	05:47
11	540	GONÇALO LOPES	clube veteranos do lis	Veterano M35	01:26:48	+09:18	05:47
12	502	Samuel Reis	a. c. s. mamede	Senior Masculino	01:27:41	+10:11	05:51
13	685	Luís Miguel Mateus Ramos	individual	Veterano M40	01:27:45	+10:16	05:51
14	661	Joel Couto	individual	Veterano M35	01:28:18	+10:49	05:53
15	600	Ricardo Carreira	grupo alegre unido bajouca	Veterano M35	01:28:22	+10:53	05:54
16	597	Luís carlos Rodrigues da Silva	grf benedita - atletismo	Senior Masculino	01:29:07	+11:37	05:56
17	713	Rui Miguel Carvalho Cadete	lama solta	Veterano M35	01:29:20	+11:50	05:57
18	664	Luis Norte	individual	Veterano M35	01:29:23	+11:54	05:58
19	727	Nuno Coutinho	norte e soure	Senior Masculino	01:31:46	+14:17	06:07
20	666	Marcio santos cordeiro	individual	Veterano M35	01:32:08	+14:39	06:09
21	601	André Fernandes	grupo alegre unido bajouca	Veterano M40	01:32:09	+14:40	06:09
22	522	Paulo Cruz	ca barreira	Veterano M40	01:32:15	+14:46	06:09
23	729	Narciso Cordeiro	o pastor arrimalano	Veterano M50	01:32:33	+15:04	06:10
24	629	Pimenta	individual	Senior Masculino	01:32:45	+15:15	06:11
25	576	Ricardo Marques	gac-grupo de atletismo da caranguejeira	Senior Masculino	01:33:23	+15:54	06:14
26	506	HUGO HORTA	acbatalha	Veterano M35	01:33:41	+16:11	06:15
27	578	Horácio Gaspar	gac-grupo de atletismo da caranguejeira	Veterano M40	01:33:46	+16:17	06:15
28	579	Joaquim Santos	gac-grupo de atletismo da caranguejeira	Veterano M40	01:33:55	+16:26	06:16
29	671	Sílvio Moreira	individual	Veterano M35	01:33:55	+16:26	06:16
30	541	LEANDRO SANTOS	clube veteranos do lis	Veterano M35	01:34:02	+16:33	06:16
31	507	HELDER MATOS	acbatalha	Veterano M40	01:35:03	+17:34	06:20
32	604	Otelo Pereira	grupo alegre unido bajouca	Veterano M40	01:35:06	+17:37	06:20
33	820	Mauricio Rodrigues	ccrd burinhosa	Veterano M35	01:35:07	+17:37	06:20
34	777	Filipe Antonio	trail da ladeia running team	Veterano M40	01:35:10	+17:41	06:21
35	788	JOÃO PEDRO DE OLIVEIRA RODRIGUES	vilaventura trail running team	Veterano M40	01:35:36	+18:06	06:22
36	689	Ricardo Nuno Pedrosa da Silva	individual	Veterano M40	01:35:38	+18:08	06:23
37	800	Carlos Estrada	individual	Veterano M60	01:36:15	+18:45	06:25
38	708	Paulo Neves	lama solta	Senior Masculino	01:36:34	+19:04	06:26
39	623	João Paulo Santos Domingues	individual	Senior Masculino	01:36:55	+19:26	06:28
40	821	Nuno Lorvão	ccrd burinhosa	Veterano M40	01:37:08	+19:39	06:29

TRAIL CURTO CIDADE DE POMBAL - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	678	Helder Abreu	individual	Veterano M40	01:37:42	+20:13	06:31
42	512	Gonçalo Rocha	arcude trail team	Senior Masculino	01:37:45	+20:16	06:31
43	787	Rui Pereira	vilaventura trail running team	Veterano M35	01:37:50	+20:21	06:31
44	823	Vanda Jeronimo	ccrd burinhosa	Veterana F35	01:37:57	+20:28	06:32
45	528	Andre Salgueiro	ccrd burinhosa	Senior Masculino	01:37:58	+20:29	06:32
46	603	Jorge Rodrigues	grupo alegre unido bajouca	Veterano M40	01:38:30	+21:01	06:34
47	619	Gonçalo Nuno Gariso de Sousa Alves	individual	Senior Masculino	01:38:50	+21:21	06:35
48	561	Tiago Carvalho	dá-lhe gás team	Veterano M35	01:38:51	+21:22	06:35
49	514	Sara Santos Pedrosa	associação pombal jovem	Senior Feminino	01:39:08	+21:38	06:37
50	748	António Manuel Ferreira Mendes	ratatui team	Veterano M35	01:39:32	+22:03	06:38
51	574	Filipe Lima	free runners	Veterano M35	01:39:48	+22:19	06:39
52	508	Nuno Vitorino	adrm	Senior Masculino	01:39:53	+22:23	06:40
53	744	Filipe Silva Oliveira	porto de mos a correr	Senior Masculino	01:39:56	+22:27	06:40
54	611	Liliana Oliveira	individual	Senior Feminino	01:39:57	+22:28	06:40
55	745	Emanuel Lopes	porto de mos a correr	Veterano M40	01:39:59	+22:30	06:40
56	630	Ricardo Pires	individual	Senior Masculino	01:40:30	+23:00	06:42
57	670	Renato Miguel Mota Santos	individual	Veterano M35	01:40:33	+23:04	06:42
58	793	Gil Ribeiro	violinos	Senior Masculino	01:40:34	+23:05	06:42
59	503	Carlos Cunha	a. c. s. mamede	Veterano M40	01:40:38	+23:09	06:43
60	707	Nuno Teodoro	lama solta	Senior Masculino	01:41:16	+23:47	06:45
61	577	Guilherme Bento	gac-grupo de atletismo da caranguejeira	Veterano M40	01:41:29	+24:00	06:46
62	556	Fábio Roxo	dá-lhe gás team	Senior Masculino	01:41:39	+24:10	06:47
63	825	Paulo Duarte	ccrd burinhosa	Veterano M50	01:41:46	+24:17	06:47
64	725	Helder Marco Silva Domingues	move up team	Veterano M40	01:41:59	+24:30	06:48
65	796	Ricardo Jorge	yudo green booster	Veterano M35	01:42:28	+24:59	06:50
66	766	André Neto	soure mov	Veterano M35	01:42:51	+25:22	06:51
67	829	Nuno Miguel Monteiro de Sousa	individual	Senior Masculino	01:43:26	+25:57	06:54
68	785	renato carvalho	vilaventura trail running team	Senior Masculino	01:43:32	+26:03	06:54
69	789	MARIO CASQUEIRA	vilaventura trail running team	Veterano M40	01:43:51	+26:22	06:55
70	663	José Miguel Ferreira Santos	individual	Veterano M35	01:43:54	+26:24	06:56
71	700	Eduardo Rosa Neves	lama solta	Senior Masculino	01:44:09	+26:40	06:57
72	543	VITOR GODINHO	clube veteranos do lis	Veterano M40	01:44:41	+27:12	06:59
73	706	Luis Sintra Marques	lama solta	Senior Masculino	01:44:42	+27:13	06:59
74	732	Frederico Sismeiro	os intocáveis	Veterano M40	01:44:48	+27:19	06:59
75	753	Yvo Matias	rocket team	Senior Masculino	01:44:50	+27:21	06:59
76	749	Cristiano de Jesus Santos	ratatui team	Veterano M35	01:44:56	+27:27	07:00
77	588	RUI FIGUEIREDO	gelcentro	Veterano M40	01:44:56	+27:27	07:00
78	698	Sergio Nuno Silva	juventude vidigalense	Veterano M40	01:45:17	+27:48	07:01
79	712	Pedro Miguel Serra Santos	lama solta	Veterano M35	01:45:22	+27:53	07:01
80	580	Nelson Sousa	gac-grupo de atletismo da caranguejeira	Veterano M40	01:45:23	+27:54	07:02
81	637	Cláudia Torres	individual	Veterana F35	01:45:31	+28:02	07:02
82	505	FÁBIO SILVA	acbatalha	Senior Masculino	01:45:32	+28:03	07:02
83	511	José Carlos Ramalho	ansibikers	Veterano M50	01:45:56	+28:27	07:04
84	596	Joana Fialho Paulo	grf benedita - atletismo	Senior Feminino	01:46:01	+28:32	07:04

TRAIL CURTO CIDADE DE POMBAL - STAGE 1**15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	705	Luís Oliveira	lama solta	Senior Masculino	01:46:25	+28:56	07:06
86	517	João Pedro Silva Gaspar	associação pombal jovem	Senior Masculino	01:46:38	+29:09	07:07
87	595	JOÃO SINTRA MARQUES	gim running team/inércia s.c.	Veterano M60	01:47:45	+30:16	07:11
88	726	HENRIQUE LAVAREDDAS	move up team	Veterano M40	01:47:51	+30:21	07:11
89	684	Leonel Pinto	individual	Veterano M40	01:49:07	+31:38	07:17
90	518	Marco Mendes	associação pombal jovem	Senior Masculino	01:49:43	+32:14	07:19
91	510	JORGE ROCHA	ansibikers	Veterano M40	01:50:00	+32:31	07:20
92	550	Miguel Ângelo Duarte das Neves Matias	cscrfcharneca	Veterano M40	01:50:10	+32:40	07:21
93	715	DIOGO CASEIRO	liz runners	Veterano M40	01:50:14	+32:45	07:21
94	526	Henrique Carvalheiro	ccdr matas e cipreste trailteam	Senior Masculino	01:50:14	+32:45	07:21
95	769	AUGUSTO CORDEIRO	soure mov	Veterano M40	01:50:17	+32:48	07:21
96	674	Fernando José das Neves	individual	Veterano M40	01:50:32	+33:03	07:22
97	759	Joana Dionísio	soure mov	Veterana F35	01:51:25	+33:56	07:26
98	553	Luís Fernando Rocha das Neves	cscrfcharneca	Veterano M50	01:51:29	+34:00	07:26
99	516	Diogo Mota Duarte	associação pombal jovem	Senior Masculino	01:51:49	+34:20	07:27
100	688	Porfirio Maduro	individual	Veterano M40	01:51:51	+34:22	07:27
101	626	Manuel Fernandes	individual	Senior Masculino	01:51:55	+34:25	07:28
102	757	André Duarte	soure mov	Senior Masculino	01:52:15	+34:46	07:29
103	527	Rodrigo José Gomes Nunes	ccdr matas e cipreste trailteam	Senior Masculino	01:52:30	+35:01	07:30
104	562	José Antunes	dá-lhe gás team	Veterano M40	01:52:31	+35:02	07:30
105	559	Silvia Dias	dá-lhe gás team	Veterana F40	01:53:03	+35:34	07:32
106	563	José Dias	dá-lhe gás team	Veterano M40	01:53:04	+35:34	07:32
107	771	José Madeira	soure mov	Veterano M40	01:53:08	+35:39	07:33
108	547	Bruno Miguel Ferreira Simões Lima	cscrfcharneca	Senior Masculino	01:54:09	+36:39	07:37
109	607	Ramiro Rodrigues	grupo alegre unido bajouca	Veterano M60	01:54:25	+36:56	07:38
110	536	Luis Manuel Gomes Ruivo	cfpombal	Veterano M40	01:54:27	+36:58	07:38
111	525	ANDRÉ RAFAEL COSTA LOPES	ccd crédito agricola	Senior Masculino	01:54:28	+36:59	07:38
112	530	Fábio Ferraz	cfpombal	Senior Masculino	01:54:40	+37:11	07:39
113	581	Tome fernandes	gau bajouca	Veterano M35	01:55:05	+37:36	07:40
114	557	João Costa	dá-lhe gás team	Senior Masculino	01:55:14	+37:45	07:41
115	634	Bernardo Valente	individual	Sub 23 Masculino	01:55:23	+37:54	07:42
116	605	Pedro Cabecinhas	grupo alegre unido bajouca	Veterano M40	01:55:23	+37:54	07:42
117	534	Nando Ferreira	cfpombal	Veterano M35	01:55:35	+38:06	07:42
118	683	JUSTINO MANUEL ROSA DA SILVA	individual	Veterano M40	01:55:46	+38:16	07:43
119	542	ANTERO RODRIGUES	clube veteranos do lis	Veterano M40	01:55:51	+38:21	07:43
120	602	Gilberto Santos	grupo alegre unido bajouca	Veterano M40	01:55:59	+38:30	07:44
121	826	Carmen Almeida	ccrd burinhosa	Veterana F35	01:56:16	+38:47	07:45
122	537	Pedro Carlos	charles team	Veterano M40	01:57:00	+39:31	07:48
123	654	Daniel Rodrigues	individual	Veterano M35	01:57:14	+39:45	07:49
124	546	PHILIPPE MILLIROUX	crapast	Veterano M35	01:57:23	+39:54	07:50
125	742	Sara Alexandra H. Duarte Domingues	pombalconta	Veterana F40	01:58:00	+40:31	07:52
126	743	António Gomes	pombalconta	Veterano M40	01:58:18	+40:48	07:53

TRAIL CURTO CIDADE DE POMBAL - STAGE 1

15 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
169	819	Rafael Santos	individual	Veterano M35	02:13:43	+56:14	08:55
170	615	Bruno Ferreira	individual	Senior Masculino	02:13:44	+56:15	08:55
171	733	Mário Silva	os intocáveis	Veterano M40	02:14:20	+56:51	08:57
172	763	Eugénia Batista	soure mov	Veterana F50	02:14:20	+56:51	08:57
173	755	Nelson Matias	rocket team	Veterano M40	02:14:36	+57:07	08:58
174	549	Carlos António Mota Longo da Conceição	cscrfcharneca	Veterano M40	02:14:39	+57:10	08:59
175	571	Bruno Miguel Silva Rodrigues	estrela poiense	Veterano M35	02:14:41	+57:12	08:59
176	598	Luís Areia	grupo alegre unido bajouca	Senior Feminino	02:15:14	+57:45	09:01
177	635	Rodrigo José Santos Martins	individual	Sub 23 Masculino	02:15:30	+58:01	09:02
178	780	helen lopes	tribo nr	Veterana F40	02:15:37	+58:08	09:03
179	523	Catarina Palmeiro	cbrunningteam	Veterana F35	02:15:58	+58:28	09:04
180	524	Jorge Plácido	cbrunningteam	Veterano M40	02:15:59	+58:30	09:04
181	782	Diogo Mendes	vilaventura trail running team	Senior Masculino	02:16:42	+59:13	09:07
182	628	Paulo Mauricio	individual	Senior Masculino	02:16:59	+59:30	09:08
183	590	JOANA ROSA	gim running team/inércia s.c.	Senior Feminino	02:17:01	+59:32	09:08
184	695	Rogério Freire luís	individual	Veterano M60	02:17:10	+59:41	09:09
185	632	Vasco gamboa	soure mov	Senior Masculino	02:17:23	+59:53	09:10
186	665	Marcio moreira	individual	Veterano M35	02:17:29	+01:00:00	09:10
187	761	Catarina Cordeiro	soure mov	Veterana F40	02:17:40	+01:00:11	09:11
188	734	Pedro Santos	os intocáveis	Veterano M40	02:17:46	+01:00:17	09:11
189	728	Manuela Pinto	o mundo da corrida	Veterana F50	02:17:57	+01:00:28	09:12
190	747	André Filipe Marques Gomes	ratatui team	Veterano M35	02:19:00	+01:01:30	09:16
191	750	José Carlos Marques Gomes	ratatui team	Veterano M35	02:19:00	+01:01:31	09:16
192	754	Liliana Pedrosa	rocket team	Veterana F40	02:19:22	+01:01:53	09:18
193	752	TÂNIA PEDROSA	rocket team	Senior Feminino	02:19:23	+01:01:54	09:18
194	594	ELISABETE MARIA SANTOS PEDROSA	gim running team/inércia s.c.	Veterana F40	02:20:19	+01:02:50	09:21
195	741	Sónia Pereira	pombal jornal	Veterana F40	02:20:34	+01:03:05	09:22
196	719	JÉSSICA SABRINA PESSOA NETO	move up team	Senior Feminino	02:20:35	+01:03:06	09:22
197	740	Manuela Frias	pombal jornal	Veterana F40	02:20:38	+01:03:09	09:23
198	584	DIOGO BASTOS	gelcentro	Senior Masculino	02:20:43	+01:03:14	09:23
199	586	ELTON RODRIGUES	gelcentro	Senior Masculino	02:20:45	+01:03:16	09:23
200	648	Martine Rainho	individual	Veterana F40	02:20:56	+01:03:27	09:24
201	760	Rita Cordeiro	soure mov	Veterana F35	02:21:17	+01:03:48	09:25
202	687	Nuno Rodrigues	individual	Veterano M40	02:22:19	+01:04:50	09:29
203	710	Marisa Bregieiro	lama solta	Veterana F35	02:22:22	+01:04:53	09:30
204	790	Pedro Freire Rodrigues	vilaventura trail running team	Veterano M40	02:22:27	+01:04:58	09:30
205	564	Vitor Santos	dá-lhe gás team	Veterano M40	02:22:35	+01:05:06	09:30
206	718	CATARINA MARQUES RODRIGUES	move up team	Senior Feminino	02:23:50	+01:06:21	09:35
207	764	Fernanda Lopes	soure mov	Veterana F50	02:24:21	+01:06:52	09:37
208	552	Pascoal Duarte Oliveira	cscrfcharneca	Veterano M40	02:24:22	+01:06:53	09:38
209	608	Adriana Costa	individual	Senior Feminino	02:24:29	+01:07:00	09:38
210	709	Catarina Sintra	lama solta	Veterana F35	02:24:41	+01:07:12	09:39
211	703	Ivo Leal dos Santos	lama solta	Senior Masculino	02:24:45	+01:07:16	09:39

TRAIL CURTO CIDADE DE POMBAL - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
212	696	Gilvania Dinis	jástrada	Veterana F35	02:24:46	+01:07:17	09:39
213	704	Lino Silva	lama solta	Senior Masculino	02:24:47	+01:07:17	09:39
214	697	Elisabete Pereira	jástrada	Veterana F40	02:24:47	+01:07:18	09:39
215	721	MANUELA SILVA	move up team	Senior Feminino	02:25:53	+01:08:24	09:44
216	649	Monica Salvador	individual	Veterana F40	02:27:03	+01:09:34	09:48
217	582	Isabel Parreiral	gear up	Veterana F35	02:27:03	+01:09:34	09:48
218	657	Énio Mota	individual	Veterano M35	02:27:35	+01:10:06	09:50
219	739	Celine Nunes	pombal jornal	Veterana F35	02:29:55	+01:12:26	10:00
220	617	Fábio Gonçalves	individual	Senior Masculino	02:29:57	+01:12:28	10:00
221	520	Tiago Barros da Silva	associação pombal jovem	Senior Masculino	02:30:12	+01:12:43	10:01
222	783	João Carlos Santos Nogueira	vilaventura trail running team	Senior Masculino	02:30:56	+01:13:27	10:04
223	765	Rosália Duarte	soure mov	Veterana F50	02:31:00	+01:13:30	10:04
224	735	Isabel Jesus	out 2 run/miro	Veterana F35	02:31:06	+01:13:37	10:04
225	569	MARCO PASCOAL	dream team	Senior Masculino	02:31:14	+01:13:45	10:05
226	625	Luís Gameiro	individual	Senior Masculino	02:31:16	+01:13:47	10:05
227	730	Ana Bento	os intocáveis	Veterana F35	02:32:07	+01:14:38	10:09
228	659	Helder Jose Martins Jeronimo	individual	Veterano M35	02:32:27	+01:14:57	10:10
229	669	Pedro Pimpão	individual	Veterano M35	02:33:15	+01:15:45	10:13
230	655	Daniel Santos Gaspar	individual	Veterano M35	02:34:15	+01:16:46	10:17
231	662	Jose Gaspar	individual	Veterano M35	02:34:27	+01:16:58	10:18
232	660	Hugo Carvalho	individual	Veterano M35	02:34:27	+01:16:58	10:18
233	720	JOANA INES CARVALHO SOUSA FRADE	move up team	Senior Feminino	02:35:45	+01:18:15	10:23
234	609	Andreia Sofia Rodrigues	individual	Senior Feminino	02:36:23	+01:18:54	10:26
235	723	MARIA MANUELA SIMÕES MURTINHO	move up team	Veterana F40	02:37:27	+01:19:58	10:30
236	627	Michael Gonçalves	individual	Senior Masculino	02:38:11	+01:20:42	10:33
237	653	CARLOS TESO GONÇALVES	individual	Veterano M35	02:38:12	+01:20:42	10:33
238	798	Alexandre Gonçalves	individual	Veterano M35	02:38:12	+01:20:42	10:33
239	616	Dennis Oliveira	individual	Senior Masculino	02:39:23	+01:21:54	10:38
240	681	João Silva	individual	Veterano M40	02:39:28	+01:21:59	10:38
241	692	MANUEL EDUARDO SOUSA MARQUES	individual	Veterano M50	02:41:29	+01:24:00	10:46
242	639	Eva Moutinho	individual	Veterana F35	02:42:01	+01:24:31	10:48
243	570	PEDRO MESQUITO	dream team	Veterano M40	02:42:01	+01:24:32	10:48
244	643	Sara Santos	individual	Veterana F35	02:42:01	+01:24:32	10:48
245	610	Filipa Loureiro	individual	Senior Feminino	02:44:25	+01:26:55	10:58
246	614	Bruno Dias	individual	Senior Masculino	02:44:25	+01:26:55	10:58
247	717	Márcio Rodrigues	desbrava mato	Senior Masculino	02:44:32	+01:27:03	10:58
248	567	Mariana Jorge	desbrava mato	Senior Feminino	02:44:32	+01:27:03	10:58
249	568	David Silva	desbrava mato	Senior Masculino	02:44:37	+01:27:08	10:58
250	799	Antonio Miguel Batista Pirienes	individual	Veterano M40	02:47:10	+01:29:41	11:09
251	640	Patrícia Isabel Martins Viegas	individual	Veterana F35	02:47:10	+01:29:41	11:09
252	650	Céu Neves	individual	Veterana F50	02:47:18	+01:29:49	11:09
253	762	Dora Santos	soure mov	Veterana F40	02:47:58	+01:30:29	11:12
254	716	Andreia Silva	desbrava mato	Senior Feminino	02:49:13	+01:31:43	11:17
255	1	Pedro Brilhante	individual	Senior Masculino	02:52:00	+01:34:30	11:28

Trail Curto Cidade de Pombal

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	-99°C	-99%
End	13:21	30.5°C	60%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	514	Sara Santos Pedrosa	Associação Pombal Jovem	Senior Feminino	01:39:08	+21:38	06:37
2	611	Liliana Oliveira	Individual	Senior Feminino	01:39:57	+22:28	06:40
3	596	Joana Fialho Paulo	GRF Benedita - Atletismo	Senior Feminino	01:46:01	+28:32	07:04
4	791	Cátia Ferreira	VIOLINOS	Senior Feminino	01:58:25	+40:56	07:54
5	504	RAFAELA MOREIRA	ACBATALHA	Senior Feminino	01:59:28	+41:59	07:58
6	529	Tânia Arnaut	CFPombal	Senior Feminino	02:06:21	+48:52	08:25
7	555	Susana Gomes	Dá-lhe Gás team	Senior Feminino	02:06:55	+49:25	08:28
8	589	Goreti Gaudêncio	Gim Running Team/Inércia S.C.	Senior Feminino	02:11:52	+54:23	08:47
9	515	Vânia Leal	Associação Pombal Jovem	Senior Feminino	02:13:33	+56:03	08:54
10	513	Lisete Antunes	Associação Pombal Jovem	Senior Feminino	02:13:33	+56:04	08:54
11	598	Luísa Areia	Grupo Alegre Unido Bajouca	Senior Feminino	02:15:14	+57:45	09:01
12	590	JOANA ROSA	Gim Running Team/Inércia S.C.	Senior Feminino	02:17:01	+59:32	09:08
13	752	TÂNIA PEDROSA	Rocket Team	Senior Feminino	02:19:23	+01:01:54	09:18
14	719	JÉSSICA SABRINA PESSOA NETO	Move Up Team	Senior Feminino	02:20:35	+01:03:06	09:22
15	718	CATARINA MARQUES RODRIGUES	Move Up Team	Senior Feminino	02:23:50	+01:06:21	09:35
16	608	Adriana Costa	Individual	Senior Feminino	02:24:29	+01:07:00	09:38
17	721	MANUELA SILVA	Move Up Team	Senior Feminino	02:25:53	+01:08:24	09:44
18	720	JOANA INES CARVALHO SOUSA FRADE	Move Up Team	Senior Feminino	02:35:45	+01:18:15	10:23
19	609	Andreia Sofia Rodrigues	Individual	Senior Feminino	02:36:23	+01:18:54	10:26
20	610	Filipa Loureiro	Individual	Senior Feminino	02:44:25	+01:26:55	10:58
21	567	Mariana Jorge	Desbrava Mato	Senior Feminino	02:44:32	+01:27:03	10:58
22	716	Andreia Silva	Desbrava Mato	Senior Feminino	02:49:13	+01:31:43	11:17
23	554	Cátia Rodrigues	Dá-lhe Gás team	Senior Feminino	02:53:02	+01:35:33	11:32
24	746	Tania Isabel Pereira Gomes	Ratatui Team	Senior Feminino	03:00:08	+01:42:38	12:01
25	612	Rita Sofia Lopes Gonçalves Domingues	Individual	Senior Feminino	03:00:23	+01:42:53	12:02

Senior Masculino

1	565	Ricardo Santos	DCI/CCDRPedrulha-Mealhada	Senior Masculino	01:21:57	+04:28	05:28
2	828	Tiago Tomas	CCRD Burinhosa	Senior Masculino	01:24:21	+06:52	05:37
3	592	MAURO JOSE CARVALHO MODERNO	Gim Running Team/Inércia S.C.	Senior Masculino	01:25:27	+07:58	05:42
4	538	TIAGO FERREIRA	CLUBE VETERANOS DO LIS	Senior Masculino	01:26:22	+08:53	05:46
5	575	Ricardo Carreira	GAC-Grupo de Atletismo da Caranguejeira	Senior Masculino	01:26:38	+09:09	05:47
6	502	Samuel Reis	A. C. S. Mamede	Senior Masculino	01:27:41	+10:11	05:51
7	597	Luís carlos Rodrigues da Silva	GRF Benedita - Atletismo	Senior Masculino	01:29:07	+11:37	05:56
8	727	Nuno Coutinho	NORTE e SOURE	Senior Masculino	01:31:46	+14:17	06:07
9	629	Pimenta	Individual	Senior Masculino	01:32:45	+15:15	06:11

Trail Curto Cidade de Pombal
15 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

10	576	Ricardo Marques	GAC-Grupo de Atletismo da Caranguejeira	Senior Masculino	01:33:23	+15:54	06:14
11	708	Paulo Neves	LAMA SOLTA	Senior Masculino	01:36:34	+19:04	06:26
12	623	João Paulo Santos Domingues	Individual	Senior Masculino	01:36:55	+19:26	06:28
13	512	Gonçalo Rocha	ARCUDE Trail Team	Senior Masculino	01:37:45	+20:16	06:31
14	528	Andre Salgueiro	CCRD Burinhosa	Senior Masculino	01:37:58	+20:29	06:32
15	619	Gonçalo Nuno Gariso de Sousa Alves	Individual	Senior Masculino	01:38:50	+21:21	06:35
16	508	Nuno Vitorino	ADRM	Senior Masculino	01:39:53	+22:23	06:40
17	744	Filipe Silva Oliveira	Porto de Mos a correr	Senior Masculino	01:39:56	+22:27	06:40
18	630	Ricardo Pires	Individual	Senior Masculino	01:40:30	+23:00	06:42
19	793	Gil Ribeiro	VIOLINOS	Senior Masculino	01:40:34	+23:05	06:42
20	707	Nuno Teodoro	LAMA SOLTA	Senior Masculino	01:41:16	+23:47	06:45
21	556	Fábio Roxo	Dá-lhe Gás team	Senior Masculino	01:41:39	+24:10	06:47
22	829	Nuno Miguel Monteiro de Sousa	Individual	Senior Masculino	01:43:26	+25:57	06:54
23	785	renato carvalho	VILAVENTURA Trail Running Team	Senior Masculino	01:43:32	+26:03	06:54
24	700	Eduardo Rosa Neves	LAMA SOLTA	Senior Masculino	01:44:09	+26:40	06:57
25	706	Luís Sintra Marques	LAMA SOLTA	Senior Masculino	01:44:42	+27:13	06:59
26	753	Yvo Matias	Rocket Team	Senior Masculino	01:44:50	+27:21	06:59
27	505	FÁBIO SILVA	ACBATALHA	Senior Masculino	01:45:32	+28:03	07:02
28	705	Luís Oliveira	LAMA SOLTA	Senior Masculino	01:46:25	+28:56	07:06
29	517	João Pedro Silva Gaspar	Associação Pombal Jovem	Senior Masculino	01:46:38	+29:09	07:07
30	518	Marco Mendes	Associação Pombal Jovem	Senior Masculino	01:49:43	+32:14	07:19
31	526	Henrique Carvalheiro	CCDR Matas e Cipreste TrailTeam	Senior Masculino	01:50:14	+32:45	07:21
32	516	Diogo Mota Duarte	Associação Pombal Jovem	Senior Masculino	01:51:49	+34:20	07:27
33	626	Manuel Fernandes	Individual	Senior Masculino	01:51:55	+34:25	07:28
34	757	André Duarte	SOURE MOV	Senior Masculino	01:52:15	+34:46	07:29
35	527	Rodrigo José Gomes Nunes	CCDR Matas e Cipreste TrailTeam	Senior Masculino	01:52:30	+35:01	07:30
36	547	Bruno Miguel Ferreira Simões Lima	cscrffcharneca	Senior Masculino	01:54:09	+36:39	07:37
37	525	ANDRÉ RAFAEL COSTA LOPES	CCD CRÉDITO AGRICOLA	Senior Masculino	01:54:28	+36:59	07:38
38	530	Fábio Ferraz	CFPombal	Senior Masculino	01:54:40	+37:11	07:39
39	557	João Costa	Dá-lhe Gás team	Senior Masculino	01:55:14	+37:45	07:41
40	618	Fábio Morgado	Individual	Senior Masculino	01:58:46	+41:16	07:55
41	593	Nelson Pedrosa Mota	Gim Running Team/Inércia S.C.	Senior Masculino	01:58:52	+41:23	07:55
42	631	Tiago Manuel Soares Duarte	Individual	Senior Masculino	02:01:07	+43:38	08:05
43	591	MARCO RAFAEL DOS SANTOS OLIVEIRA	Gim Running Team/Inércia S.C.	Senior Masculino	02:03:19	+45:50	08:13
44	585	EDUARDO GONÇALVES	GELCENTRO	Senior Masculino	02:03:46	+46:16	08:15
45	531	Tiago Mourão Jorge	CFPombal	Senior Masculino	02:04:38	+47:09	08:19
46	509	Pedro Miguel Luís Mendes	Ansibikers	Senior Masculino	02:06:55	+49:26	08:28
47	622	João Cardoso	Individual	Senior Masculino	02:12:18	+54:48	08:49
48	615	Bruno Ferreira	Individual	Senior Masculino	02:13:44	+56:15	08:55
49	782	Diogo Mendes	VILAVENTURA Trail Running Team	Senior Masculino	02:16:42	+59:13	09:07
50	628	Paulo Mauricio	Individual	Senior Masculino	02:16:59	+59:30	09:08
51	632	Vasco gamboa	SOURE MOV	Senior Masculino	02:17:23	+59:53	09:10
52	584	DIOGO BASTOS	GELCENTRO	Senior Masculino	02:20:43	+01:03:14	09:23
53	586	ELTON RODRIGUES	GELCENTRO	Senior Masculino	02:20:45	+01:03:16	09:23
54	703	Ivo Leal dos Santos	LAMA SOLTA	Senior Masculino	02:24:45	+01:07:16	09:39

Trail Curto Cidade de Pombal**15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

55	704	Lino Silva	LAMA SOLTA	Senior Masculino	02:24:47	+01:07:17	09:39
56	617	Fábio Gonçalves	Individual	Senior Masculino	02:29:57	+01:12:28	10:00
57	520	Tiago Barros da Silva	Associação Pombal Jovem	Senior Masculino	02:30:12	+01:12:43	10:01
58	783	João Carlos Santos Nogueira	VILAVENTURA Trail Running Team	Senior Masculino	02:30:56	+01:13:27	10:04
59	569	MARCO PASCOAL	DREAM TEAM	Senior Masculino	02:31:14	+01:13:45	10:05
60	625	Luís Gameiro	Individual	Senior Masculino	02:31:16	+01:13:47	10:05
61	627	Michael Gonçalves	Individual	Senior Masculino	02:38:11	+01:20:42	10:33
62	616	Dennis Oliveira	Individual	Senior Masculino	02:39:23	+01:21:54	10:38
63	614	Bruno Dias	Individual	Senior Masculino	02:44:25	+01:26:55	10:58
64	717	Márcio Rodrigues	Desbrava Mato	Senior Masculino	02:44:32	+01:27:03	10:58
65	568	David Silva	Desbrava Mato	Senior Masculino	02:44:37	+01:27:08	10:58
66	1	Pedro Brilhante	Individual	Senior Masculino	02:52:00	+01:34:30	11:28

Sub 23 Masculino

1	634	Bernardo Valente	Individual	Sub 23 Masculino	01:55:23	+37:54	07:42
2	635	Rodrigo José Santos Martins	Individual	Sub 23 Masculino	02:15:30	+58:01	09:02

Veterana F35

1	823	Vanda Jeronimo	CCRD Burinhosa	Veterana F35	01:37:57	+20:28	06:32
2	637	Cláudia Torres	Individual	Veterana F35	01:45:31	+28:02	07:02
3	759	Joana Dionísio	SOURE MOV	Veterana F35	01:51:25	+33:56	07:26
4	826	Carmen Almeida	CCRD Burinhosa	Veterana F35	01:56:16	+38:47	07:45
5	548	Virginia Margarida Sintra	cscrcharneca	Veterana F35	02:05:01	+47:32	08:20
6	572	Raquel Matias	Formobike BTT & Trail Running	Veterana F35	02:05:32	+48:03	08:22
7	544	Carla Sofia	CPT Coimbra	Veterana F35	02:06:08	+48:39	08:25
8	642	Paula Cristina Simões Valente	Individual	Veterana F35	02:06:53	+49:24	08:28
9	533	Rita Mendes	CFPombal	Veterana F35	02:07:56	+50:26	08:32
10	545	Sara MILLIROUX	CRAPAST	Veterana F35	02:10:16	+52:46	08:41
11	523	Catarina Palmeiro	CBrunningTEAM	Veterana F35	02:15:58	+58:28	09:04
12	760	Rita Cordeiro	SOURE MOV	Veterana F35	02:21:17	+01:03:48	09:25
13	710	Marisa Bregieiro	LAMA SOLTA	Veterana F35	02:22:22	+01:04:53	09:30
14	709	Catarina Sintra	LAMA SOLTA	Veterana F35	02:24:41	+01:07:12	09:39
15	696	Gilvania Dinis	Jástrada	Veterana F35	02:24:46	+01:07:17	09:39
16	582	Isabel Parreiral	Gear up	Veterana F35	02:27:03	+01:09:34	09:48
17	739	Celine Nunes	Pombal Jornal	Veterana F35	02:29:55	+01:12:26	10:00
18	735	Isabel Jesus	out 2 run/Miro	Veterana F35	02:31:06	+01:13:37	10:04
19	730	Ana Bento	Os Intocáveis	Veterana F35	02:32:07	+01:14:38	10:09
20	639	Eva Moutinho	Individual	Veterana F35	02:42:01	+01:24:31	10:48
21	643	Sara Santos	Individual	Veterana F35	02:42:01	+01:24:32	10:48
22	640	Patrícia Isabel Martins Viegas	Individual	Veterana F35	02:47:10	+01:29:41	11:09
23	558	Liliana Domingos	Dá-lhe Gás team	Veterana F35	02:53:01	+01:35:32	11:32
24	573	Patrícia Gaspar	Free Runners	Veterana F35	02:54:41	+01:37:12	11:39
25	636	Catarina Cruz	Individual	Veterana F35	03:15:07	+01:57:38	13:01

Official Timekeeper: Lap2Go	3 / 7	generate 22-Apr-2018 15:20
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Trail Curto Cidade de Pombal

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Veterana F40

1	559	Silvia Dias	Dá-lhe Gás team	Veterana F40	01:53:03	+35:34	07:32
2	742	Sara Alexandra H.Duarte Domingues	POMBALCONTA	Veterana F40	01:58:00	+40:31	07:52
3	647	Maria Do Rosario Lourenço	Individual	Veterana F40	02:01:31	+44:02	08:06
4	539	PAULA MARGARIDA RODRIGUES	CLUBE VETERANOS DO LIS	Veterana F40	02:09:17	+51:48	08:37
5	780	helena lopes	Tribo NR	Veterana F40	02:15:37	+58:08	09:03
6	761	Catarina Cordeiro	SOURE MOV	Veterana F40	02:17:40	+01:00:11	09:11
7	754	Liliana Pedrosa	Rocket Team	Veterana F40	02:19:22	+01:01:53	09:18
8	594	ELISABETE MARIA SANTOS PEDROSA	Gim Running Team/Inércia S.C.	Veterana F40	02:20:19	+01:02:50	09:21
9	741	Sónia Pereira	Pombal Jornal	Veterana F40	02:20:34	+01:03:05	09:22
10	740	Manuela Frias	Pombal Jornal	Veterana F40	02:20:38	+01:03:09	09:23
11	648	Martine Rainho	Individual	Veterana F40	02:20:56	+01:03:27	09:24
12	697	Elisabete Pereira	Jástrada	Veterana F40	02:24:47	+01:07:18	09:39
13	649	Monica Salvador	Individual	Veterana F40	02:27:03	+01:09:34	09:48
14	723	MARIA MANUELA SIMÕES MURTINHO	Move Up Team	Veterana F40	02:37:27	+01:19:58	10:30
15	762	Dora Santos	SOURE MOV	Veterana F40	02:47:58	+01:30:29	11:12
16	722	CECILIA OLIVEIRA	Move Up Team	Veterana F40	03:02:51	+01:45:22	12:11

Veterana F50

1	763	Eugénia Batista	SOURE MOV	Veterana F50	02:14:20	+56:51	08:57
2	728	Manuela Pinto	O Mundo da Corrida	Veterana F50	02:17:57	+01:00:28	09:12
3	764	Fernanda Lopes	SOURE MOV	Veterana F50	02:24:21	+01:06:52	09:37
4	765	Rosália Duarte	SOURE MOV	Veterana F50	02:31:00	+01:13:30	10:04
5	650	Céu Neves	Individual	Veterana F50	02:47:18	+01:29:49	11:09
6	737	Paula Carmo	Papa Trilhos do CAAL	Veterana F50	03:02:46	+01:45:17	12:11

Veterano M35

1	566	fernando marques	DCI/CCDRPedrulha-Mealhada	Veterano M35	01:17:29		05:10
2	652	Bruno Filipe	Individual	Veterano M35	01:19:42	+02:13	05:19
3	560	Fernando Freire	Dá-lhe Gás team	Veterano M35	01:26:13	+08:44	05:45
4	540	GONÇALO LOPES	CLUBE VETERANOS DO LIS	Veterano M35	01:26:48	+09:18	05:47
5	661	Joel Couto	Individual	Veterano M35	01:28:18	+10:49	05:53
6	600	Ricardo Carreira	Grupo Alegre Unido Bajouca	Veterano M35	01:28:22	+10:53	05:54
7	713	Rui Miguel Carvalho Cadete	LAMA SOLTA	Veterano M35	01:29:20	+11:50	05:57
8	664	Luis Norte	Individual	Veterano M35	01:29:23	+11:54	05:58
9	666	Marcio santos cordeiro	Individual	Veterano M35	01:32:08	+14:39	06:09
10	506	HUGO HORTA	ACBATALHA	Veterano M35	01:33:41	+16:11	06:15
11	671	Sílvio Moreira	Individual	Veterano M35	01:33:55	+16:26	06:16
12	541	LEANDRO SANTOS	CLUBE VETERANOS DO LIS	Veterano M35	01:34:02	+16:33	06:16
13	820	Mauricio Rodrigues	CCRD Burinhosa	Veterano M35	01:35:07	+17:37	06:20

Trail Curto Cidade de Pombal

15 KM

OFFICIAL RESULT

6	579	Joaquim Santos	GAC-Grupo de Atletismo da Caranguejeira	Veterano M40	01:33:55	+16:26	06:16
7	507	HELDER MATOS	ACBATALHA	Veterano M40	01:35:03	+17:34	06:20
8	604	Otelo Pereira	Grupo Alegre Unido Bajouca	Veterano M40	01:35:06	+17:37	06:20
9	777	Filipe Antonio	trail da ladeia running team	Veterano M40	01:35:10	+17:41	06:21
10	788	JOÃO PEDRO DE OLIVEIRA RODRIGUES	VILAVENTURA Trail Running Team	Veterano M40	01:35:36	+18:06	06:22
11	689	Ricardo Nuno Pedrosa da Silva	Individual	Veterano M40	01:35:38	+18:08	06:23
12	821	Nuno Lorvão	CCRD Burinhosa	Veterano M40	01:37:08	+19:39	06:29
13	678	Helder Abreu	Individual	Veterano M40	01:37:42	+20:13	06:31
14	603	Jorge Rodrigues	Grupo Alegre Unido Bajouca	Veterano M40	01:38:30	+21:01	06:34
15	745	Emanuel Lopes	Porto de Mos a correr	Veterano M40	01:39:59	+22:30	06:40
16	503	Carlos Cunha	A. C. S. Mamede	Veterano M40	01:40:38	+23:09	06:43
17	577	Guilherme Bento	GAC-Grupo de Atletismo da Caranguejeira	Veterano M40	01:41:29	+24:00	06:46
18	725	Helder Marco Silva Domingues	Move Up Team	Veterano M40	01:41:59	+24:30	06:48
19	789	MARIO CASQUEIRA	VILAVENTURA Trail Running Team	Veterano M40	01:43:51	+26:22	06:55
20	543	VITOR GODINHO	CLUBE VETERANOS DO LIS	Veterano M40	01:44:41	+27:12	06:59
21	732	Frederico Sismeiro	Os Intocáveis	Veterano M40	01:44:48	+27:19	06:59
22	588	RUI FIGUEIREDO	GELCENTRO	Veterano M40	01:44:56	+27:27	07:00
23	698	Sergio Nuno Silva	Juventude Vidigalense	Veterano M40	01:45:17	+27:48	07:01
24	580	Nelson Sousa	GAC-Grupo de Atletismo da Caranguejeira	Veterano M40	01:45:23	+27:54	07:02
25	726	HENRIQUE LAVAREDAS	Move Up Team	Veterano M40	01:47:51	+30:21	07:11
26	684	Leonel Pinto	Individual	Veterano M40	01:49:07	+31:38	07:17
27	510	JORGE ROCHA	Ansibikers	Veterano M40	01:50:00	+32:31	07:20
28	550	Miguel Ângelo Duarte das Neves Matias	cscrfcharneca	Veterano M40	01:50:10	+32:40	07:21
29	715	DIOGO CASEIRO	LIZ RUNNERS	Veterano M40	01:50:14	+32:45	07:21
30	769	AUGUSTO CORDEIRO	SOURE MOV	Veterano M40	01:50:17	+32:48	07:21
31	674	Fernando José das Neves	Individual	Veterano M40	01:50:32	+33:03	07:22
32	688	Porfírio Maduro	Individual	Veterano M40	01:51:51	+34:22	07:27
33	562	José Antunes	Dá-lhe Gás team	Veterano M40	01:52:31	+35:02	07:30
34	563	José Dias	Dá-lhe Gás team	Veterano M40	01:53:04	+35:34	07:32
35	771	José Madeira	SOURE MOV	Veterano M40	01:53:08	+35:39	07:33
36	536	Luis Manuel Gomes Ruivo	CFPombal	Veterano M40	01:54:27	+36:58	07:38
37	605	Pedro Cabecinhas	Grupo Alegre Unido Bajouca	Veterano M40	01:55:23	+37:54	07:42
38	683	JUSTINO MANUEL ROSA DA SILVA	Individual	Veterano M40	01:55:46	+38:16	07:43
39	542	ANTERO RODRIGUES	CLUBE VETERANOS DO LIS	Veterano M40	01:55:51	+38:21	07:43
40	602	Gilberto Santos	Grupo Alegre Unido Bajouca	Veterano M40	01:55:59	+38:30	07:44
41	537	Pedro Carlos	Charles Team	Veterano M40	01:57:00	+39:31	07:48
42	743	António Gomes	POMBALCONTA	Veterano M40	01:58:18	+40:48	07:53
43	770	Fernando Rolo	SOURE MOV	Veterano M40	01:58:20	+40:51	07:53
44	551	Nuno Miguel Gomes dos Santos	cscrfcharneca	Veterano M40	01:59:34	+42:05	07:58
45	686	Mário Gonçalves Salgado	Individual	Veterano M40	02:04:26	+46:57	08:18
46	676	Filipe ventura	Individual	Veterano M40	02:06:42	+49:13	08:27
47	781	Marcos Alves	Tribo NR	Veterano M40	02:12:17	+54:47	08:49
48	733	Mário Silva	Os Intocáveis	Veterano M40	02:14:20	+56:51	08:57

Official Timekeeper: Lap2Go	6 / 7	generate 22-Apr-2018 15:20
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Trail Curto Cidade de Pombal**15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

49	755	Nelson Matias	Rocket Team	Veterano M40	02:14:36	+57:07	08:58
50	549	Carlos António Mota Longo da Conceição	cscrfcharneca	Veterano M40	02:14:39	+57:10	08:59
51	524	Jorge Plácido	CBrunningTEAM	Veterano M40	02:15:59	+58:30	09:04
52	734	Pedro Santos	Os Intocáveis	Veterano M40	02:17:46	+01:00:17	09:11
53	687	Nuno Rodrigues	Individual	Veterano M40	02:22:19	+01:04:50	09:29
54	790	Pedro Freire Rodrigues	VILAVENTURA Trail Running Team	Veterano M40	02:22:27	+01:04:58	09:30
55	564	Vitor Santos	Dá-lhe Gás team	Veterano M40	02:22:35	+01:05:06	09:30
56	552	Pascoal Duarte Oliveira	cscrfcharneca	Veterano M40	02:24:22	+01:06:53	09:38
57	681	João Silva	Individual	Veterano M40	02:39:28	+01:21:59	10:38
58	570	PEDRO MESQUITO	DREAM TEAM	Veterano M40	02:42:01	+01:24:32	10:48
59	799	Antonio Miguel Batista Pirienes	Individual	Veterano M40	02:47:10	+01:29:41	11:09
60	673	Cláudio Tereso	Individual	Veterano M40	02:53:34	+01:36:05	11:34

Veterano M50

1	606	José Gonçalves	Grupo Alegre Unido Bajouca	Veterano M50	01:22:04	+04:35	05:28
2	729	Narciso Cordeiro	O Pastor Arrimalano	Veterano M50	01:32:33	+15:04	06:10
3	825	Paulo Duarte	CCRD Burinhosa	Veterano M50	01:41:46	+24:17	06:47
4	511	José Carlos Ramalho	Ansibikers	Veterano M50	01:45:56	+28:27	07:04
5	553	Luis Fernando Rocha das Neves	cscrfcharneca	Veterano M50	01:51:29	+34:00	07:26
6	824	Anibal Siva	CCRD Burinhosa	Veterano M50	02:01:13	+43:44	08:05
7	773	Vitor Gariso	SOURE MOV	Veterano M50	02:08:35	+51:06	08:34
8	736	José Santos	out 2 run/Miro	Veterano M50	02:09:43	+52:14	08:39
9	827	Luis Conceição	CCRD Burinhosa	Veterano M50	02:13:32	+56:03	08:54
10	692	MANUEL EDUARDO SOUSA MARQUES	Individual	Veterano M50	02:41:29	+01:24:00	10:46
11	690	Almerindo	Individual	Veterano M50	03:02:19	+01:44:50	12:09

Veterano M60

1	800	Carlos Estrada	Individual	Veterano M60	01:36:15	+18:45	06:25
2	595	JOÃO SINTRA MARQUES	Gim Running Team/Inércia S.C.	Veterano M60	01:47:45	+30:16	07:11
3	607	Ramiro Rodrigues	Grupo Alegre Unido Bajouca	Veterano M60	01:54:25	+36:56	07:38
4	693	Alcino José Santos coutinho	Individual	Veterano M60	02:06:49	+49:20	08:27
5	694	Leandro Santos	Individual	Veterano M60	02:10:48	+53:18	08:43
6	695	Rogério Freire luís	Individual	Veterano M60	02:17:10	+59:41	09:09

