

20 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	26	Ricardo Rocha	b.t.m.	Veterano M40	02:32:04	+43:25	07:36
44	107	José Marquez	coutadas trail team	Veterano M60	02:33:00	+44:21	07:39
45	67	Rui Fernandes	individual	Veterano M40	02:33:04	+44:25	07:39
46	99	Carlos Carvalho	titi team	Senior Masculino	02:36:07	+47:28	07:48
47	29	Manuel carlos Martins	clube nortada aventura - mnr	Veterano M40	02:36:12	+47:33	07:49
48	93	Victor vital	reumáticos da bila	Senior Masculino	02:40:34	+51:55	08:02
49	92	ALEXANDRE SERAFIM	reumáticos da bila	Senior Masculino	02:40:34	+51:55	08:02
50	94	Nuno Fernandes	reumáticos da bila	Veterano M40	02:40:34	+51:56	08:02
51	37	Vitor Araújo	equipa minho aventura	Veterano M40	02:40:38	+51:59	08:02
52	105	José Carlos Ricardo	boavista f. c.	Veterano M40	02:41:13	+52:34	08:04
53	69	Antonino Pereira	individual	Veterano M50	02:42:10	+53:31	08:07
54	44	Gabriela Fonseca	gtt armazém do caffe	Sub 23 Feminino	02:42:13	+53:34	08:07
55	101	Paulo Natividade	individual	Veterano M40	02:42:24	+53:45	08:07
56	32	Carlos Natividade Silva	dr. merino/4moove	Veterano M50	02:42:24	+53:45	08:07
57	80	Paulo Brás	lion runners - g. d. leões da guarda	Veterano M50	02:42:45	+54:06	08:08
58	53	Joaquim Alves	individual	Senior Masculino	02:44:05	+55:26	08:12
59	89	Rui Costa	os2horas	Senior Masculino	02:50:13	+01:01:34	08:31
60	88	Lino Moreira	os turbomula	Veterano M60	02:50:26	+01:01:47	08:31
61	30	Eugénio Gonçalves	cm maia	Veterano M40	02:50:46	+01:02:07	08:32
62	68	Tiago Soeiro	individual	Veterano M40	02:54:05	+01:05:26	08:42
63	27	Alvaro Carvalhinho	baltar running	Senior Masculino	02:54:23	+01:05:44	08:43
64	78	Maria Ricardo	lion runners - g. d. leões da guarda	Veterana F50	02:56:38	+01:08:00	08:50
65	23	Ana Patrícia	b.t.m.	Senior Feminino	02:56:39	+01:08:00	08:50
66	79	Mário Soares	lion runners - g. d. leões da guarda	Veterano M50	02:56:39	+01:08:00	08:50
67	57	Ricardo Monteiro	individual	Senior Masculino	02:56:39	+01:08:00	08:50
68	40	Ana Pissarra	ginasio fit4fun	Veterana F40	02:57:40	+01:09:01	08:53
69	41	Conceição Ferreira	ginasio fit4fun	Veterana F50	02:57:40	+01:09:01	08:53
70	13	Marco Silva	abrantas silva	Senior Masculino	02:58:26	+01:09:47	08:55
71	97	Ricardo Ribeiro	saudades do sofá team	Veterano M40	03:00:33	+01:11:55	09:02
72	95	Alexandre Cardoso	saudades do sofá team	Senior Masculino	03:00:34	+01:11:55	09:02
73	96	Nuno Barros	saudades do sofá team	Senior Masculino	03:00:34	+01:11:55	09:02
74	24	Diana Carina Lima	b.t.m.	Senior Feminino	03:05:53	+01:17:14	09:18
75	25	Vitor Ramalho	b.t.m.	Senior Masculino	03:05:53	+01:17:14	09:18
76	28	Sergio Louro	clube atlanta runners	Senior Masculino	03:06:08	+01:17:29	09:18
77	66	Manuel Guedes	individual	Veterano M40	03:08:27	+01:19:48	09:25
78	56	Paulo Moreira	individual	Senior Masculino	03:08:45	+01:20:06	09:26
79	70	Fernando Soares	individual	Veterano M50	03:14:48	+01:26:10	09:44
80	72	Zé Spirit	individual	Veterano M60	03:34:45	+01:46:06	10:44
81	62	Isabel Araújo	individual	Veterana F50	03:34:46	+01:46:07	10:44
82	103	Arlete Soares	individual	Veterana F40	03:38:06	+01:49:27	10:54
83	102	José Alexandre Martins	individual	Veterano M40	03:38:07	+01:49:28	10:54
84	34	Paulo Oliveira	equipa minho aventura	Senior Masculino	04:41:50	+02:53:11	14:06

Trail 20K

20 KM

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OFFICIAL RESULT

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29	95	Alexandre Cardoso	Saudades do Sofá Team	Senior Masculino	03:00:34	+01:11:55	09:02
30	96	Nuno Barros	Saudades do Sofá Team	Senior Masculino	03:00:34	+01:11:55	09:02
31	25	Vitor Ramalho	B.T.M.	Senior Masculino	03:05:53	+01:17:14	09:18
32	28	Sergio Louro	Clube Atlanta Runners	Senior Masculino	03:06:08	+01:17:29	09:18
33	56	Paulo Moreira	Individual	Senior Masculino	03:08:45	+01:20:06	09:26
34	34	Paulo Oliveira	Equipa Minho Aventura	Senior Masculino	04:41:50	+02:53:11	14:06

Sub 23 Feminino

1	44	Gabriela Fonseca	GTT Armazém do Caffé	Sub 23 Feminino	02:42:13	+53:34	08:07
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Sub 23 Masculino

1	21	Miguel Pinto	AMIGOS DO PEDAL TRILAGARES	Sub 23 Masculino	01:49:26	+00:47	05:28
2	19	Rui Araújo	ÁGUIAS DE ALVELOS	Sub 23 Masculino	01:53:04	+04:26	05:39
3	87	GONÇALO FREITAS	OLIMPICO VIANENSE TRAIL	Sub 23 Masculino	02:31:08	+42:29	07:33

Veterana F40

1	40	Ana Pissarra	Ginasio Fit4Fun	Veterana F40	02:57:40	+01:09:01	08:53
2	103	Arlete Soares	Individual	Veterana F40	03:38:06	+01:49:27	10:54

Veterana F50

1	78	Maria Ricardo	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterana F50	02:56:38	+01:08:00	08:50
2	41	Conceição Ferreira	Ginasio Fit4Fun	Veterana F50	02:57:40	+01:09:01	08:53
3	62	Isabel Araújo	Individual	Veterana F50	03:34:46	+01:46:07	10:44

Veterano M40

1	17	Bruno Silva	Afacycles	Veterano M40	01:48:38	05:26
2	38	Joaquim Freitas	G.D.Dramático da Retorta	Veterano M40	01:51:30	+02:51 05:34
3	15	Isaac Costa	Addicted to trail	Veterano M40	01:55:57	+07:18 05:48
4	31	Ricardo Pires	Dá-Lhe Gás	Veterano M40	02:08:48	+20:09 06:26
5	83	Luis Leite	Maia	Veterano M40	02:08:58	+20:19 06:27
6	104	Fernando Sampaio	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M40	02:09:10	+20:31 06:28
7	42	PAULO MACHADO	Ginasio Fit4Fun	Veterano M40	02:19:11	+30:32 06:58
8	5	Alexandre Lourenço	#maisloucossaoosqueacompanham	Veterano M40	02:19:25	+30:46 06:58
9	11	Nuno Castro	A.D.Amarante trail running	Veterano M40	02:20:37	+31:58 07:02
10	63	Ângelo Nogueira	Individual	Veterano M40	02:20:40	+32:01 07:02
11	74	Carlos Marques	Jobra-Associação de Jovens da Branca	Veterano M40	02:24:39	+36:01 07:14

Trail 20K

20 KM

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OFFICIAL RESULT

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12	64	Eduardo Nascimento	Individual	Veterano M40	02:29:42	+41:03	07:29
13	26	Ricardo Rocha	B.T.M.	Veterano M40	02:32:04	+43:25	07:36
14	67	Rui Fernandes	Individual	Veterano M40	02:33:04	+44:25	07:39
15	29	Manuel carlos Martins	Clube Nortada Aventura - MNR	Veterano M40	02:36:12	+47:33	07:49
16	94	Nuno Fernandes	Reumáticos da Bila	Veterano M40	02:40:34	+51:56	08:02
17	37	Vitor Araújo	Equipa Minho Aventura	Veterano M40	02:40:38	+51:59	08:02
18	105	José Carlos Ricardo	Boavista F. C.	Veterano M40	02:41:13	+52:34	08:04
19	101	Paulo Natividade	Individual	Veterano M40	02:42:24	+53:45	08:07
20	30	Eugénio Gonçalves	CM Maia	Veterano M40	02:50:46	+01:02:07	08:32
21	68	Tiago Soeiro	Individual	Veterano M40	02:54:05	+01:05:26	08:42
22	97	Ricardo Ribeiro	Saudades do Sofá Team	Veterano M40	03:00:33	+01:11:55	09:02
23	66	Manuel Guedes	Individual	Veterano M40	03:08:27	+01:19:48	09:25
24	102	José Alexandre Martins	Individual	Veterano M40	03:38:07	+01:49:28	10:54

Veterano M50

1	22	Jorge Moreira	AMIGOS DO PEDAL TRAILAGARES	Veterano M50	02:10:14	+21:36	06:31
2	75	Francisco Soares	Jobra-Associação de Jovens da Branca	Veterano M50	02:14:57	+26:18	06:45
3	71	Francisco Nogueira	Individual	Veterano M50	02:15:26	+26:47	06:46
4	69	Antonino Pereira	Individual	Veterano M50	02:42:10	+53:31	08:07
5	32	Carlos Natividade Silva	Dr. Merino/4moove	Veterano M50	02:42:24	+53:45	08:07
6	80	Paulo Brás	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M50	02:42:45	+54:06	08:08
7	79	Mário Soares	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M50	02:56:39	+01:08:00	08:50
8	70	Fernando Soares	Individual	Veterano M50	03:14:48	+01:26:10	09:44

Veterano M60

1	107	José Marquez	COUTADAS TRAIL TEAM	Veterano M60	02:33:00	+44:21	07:39
2	88	Lino Moreira	Os TurboMula	Veterano M60	02:50:26	+01:01:47	08:31
3	72	Zé Spirit	Individual	Veterano M60	03:34:45	+01:46:06	10:44

12 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
42	513	António Faria	amigos 100 limites	Senior Masculino	01:34:42	+26:57	07:53
43	505	Nuno Moura	a.d.amarante trail running	Veterano M40	01:35:10	+27:25	07:56
44	654	Marta Marques	maia	Senior Feminino	01:35:42	+27:58	07:59
45	656	Céu Costa	maia	Veterana F40	01:35:42	+27:58	07:59
46	675	Luís Santos	pé de chinelo	Veterano M40	01:35:47	+28:03	07:59
47	583	Pedro Silva	guidões futebol clube/trail running team	Senior Masculino	01:36:00	+28:15	08:00
48	626	Paulo Dias	individual	Veterano M50	01:36:24	+28:40	08:02
49	604	Ivo Bras	individual	Senior Masculino	01:37:18	+29:34	08:07
50	597	SOFIA SILVA	individual	Senior Feminino	01:38:17	+30:33	08:11
51	674	Sérgio Santos	os pachones	Senior Masculino	01:38:17	+30:33	08:11
52	628	Paulo Ribeiro	invicta runners team	Veterano M40	01:38:58	+31:13	08:15
53	501	Leandro Carvalho	#javipiores	Senior Masculino	01:40:24	+32:40	08:22
54	657	Jorge Cunha	maia-768	Veterano M40	01:41:45	+34:01	08:29
55	658	Odair Fabiensi	maia-768	Veterano M40	01:41:45	+34:01	08:29
56	611	Pedro Neves	individual	Senior Masculino	01:42:30	+34:45	08:32
57	621	Sergio Mota	individual	Veterano M40	01:42:32	+34:48	08:33
58	616	Sylvie Duarte	individual	Veterana F40	01:43:54	+36:10	08:39
59	691	Luis Miguel Silva	individual	Senior Masculino	01:43:55	+36:11	08:40
60	652	Paulo Santos	magnunssens	Senior Masculino	01:44:01	+36:17	08:40
61	606	José Alberto Silva	individual	Senior Masculino	01:44:07	+36:22	08:41
62	683	Saul Ferreira	runners mat	Veterano M50	01:44:18	+36:33	08:41
63	556	António Barros	correr leça	Veterano M40	01:45:02	+37:18	08:45
64	557	Carlos Modesto	correr leça	Veterano M40	01:45:03	+37:18	08:45
65	508	António Gonçalves	acsp	Veterano M40	01:45:17	+37:33	08:46
66	670	Manuel Moura	os barriguitas	Veterano M60	01:45:34	+37:50	08:48
67	582	Cláudia Leite	guidões futebol clube/trail running team	Senior Feminino	01:45:53	+38:09	08:49
68	562	Domingos Araujo	d.a.s.confecções	Veterano M50	01:45:55	+38:11	08:50
69	585	Sérgio Carvalho	guidões futebol clube/trail running team	Veterano M40	01:45:59	+38:15	08:50
70	561	Irene Araujo	d.a.s.confecções	Veterana F40	01:46:00	+38:16	08:50
71	633	Cecilia Martins	jrsousa team	Veterana F40	01:46:17	+38:33	08:51
72	507	Ruben Azevedo	acsp	Senior Masculino	01:46:21	+38:37	08:52
73	679	Veronica vieira	reumático trail team	Senior Masculino	01:47:02	+39:18	08:55
74	109	Susy Costa	equipa minho aventura	Veterana F40	01:47:40	+39:56	08:58
75	108	Josefa Oliveira	equipa minho aventura	Veterana F40	01:47:40	+39:56	08:58
76	693	Filipe Coelho	individual	Senior Masculino	01:49:03	+41:19	09:05
77	587	Elisabete Cunha	individual	Senior Feminino	01:49:18	+41:33	09:06
78	502	Vitor Moreira	#javipiores	Senior Masculino	01:49:18	+41:34	09:07
79	568	Guillaume Soares	decathlon maia	Senior Masculino	01:51:42	+43:58	09:18
80	509	Clara Teixeira	amigos 100 limites	Senior Feminino	01:52:47	+45:03	09:24
81	514	R Leal	amigos 100 limites	Senior Masculino	01:52:47	+45:03	09:24
82	625	Alexandre Santana	individual	Veterano M50	01:53:28	+45:44	09:27
83	644	Marta Soares	lion runners - g. d. leões da guarda	Senior Feminino	01:53:28	+45:44	09:27
84	624	Alcídio Figueiredo	individual	Veterano M50	01:54:07	+46:22	09:31
85	677	Mara Freitas	reumático trail team	Senior Feminino	01:54:21	+46:37	09:32
86	521	Luis Leal	amigos 100 limites	Veterano M40	01:55:35	+47:51	09:38
87	550	Isidro Siva	cm maia	Veterano M50	01:55:40	+47:56	09:38

12 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
88	669	Joaquim David Gomes	orni-ex	Veterano M50	01:56:04	+48:20	09:40
89	698	Daniela Ferreira	individual	Senior Feminino	01:57:21	+49:36	09:47
90	520	Maria Ferreira	amigos 100 limites	Veterana F50	01:57:41	+49:57	09:48
91	690	João Leal	zequinhas	Senior Masculino	01:58:21	+50:36	09:52
92	661	José Leal	morcegos	Veterano M50	01:58:39	+50:54	09:53
93	667	Ilidio Almeida	orni-ex	Veterano M40	01:59:17	+51:33	09:56
94	668	Nuno Cruz	orni-ex	Veterano M40	01:59:17	+51:33	09:56
95	555	Carla Sousa	correr leça	Veterana F40	02:01:11	+53:27	10:06
96	551	Isabel Almeida	correr leça	Senior Feminino	02:01:11	+53:27	10:06
97	558	Jorge Pinheiro	correr leça	Veterano M40	02:01:12	+53:28	10:06
98	559	Pedro Justo	correr leça	Veterano M40	02:01:12	+53:28	10:06
99	511	Liliana Pereira	amigos 100 limites	Senior Feminino	02:01:22	+53:38	10:07
100	523	Ana Coelho	amigos do pedal trailagares	Senior Feminino	02:02:04	+54:19	10:10
101	515	Ricardo Lascasas	amigos 100 limites	Senior Masculino	02:02:11	+54:27	10:11
102	525	Mara Vaz	ânimo team	Senior Feminino	02:02:42	+54:58	10:14
103	581	Altino Silva	gansos	Veterano M50	02:05:37	+57:53	10:28
104	579	Natália Silva	gansos	Veterana F40	02:05:38	+57:54	10:28
105	506	Sónia Abrantes	abrantessilva	Senior Feminino	02:06:34	+58:50	10:33
106	539	LUCIA BUSTADA	club de atletismo sada montaña	Veterana F40	02:06:41	+58:56	10:33
107	540	Jose Luis Vilar Garcia	club de atletismo sada montaña	Veterano M40	02:06:41	+58:57	10:33
108	697	Maria do Carmo Loureiro	bideguitarunners	Veterana F40	02:06:43	+58:59	10:34
109	664	Sónia Mota	oralklass-amigosdotrail	Veterana F40	02:06:43	+58:59	10:34
110	648	Pedro Gaio	lion runners - g. d. leões da guarda	Veterano M40	02:06:44	+59:00	10:34
111	529	Miguel Barbosa	associação desportiva da efacec	Veterano M40	02:06:44	+59:00	10:34
112	647	Jorge Cruz	lion runners - g. d. leões da guarda	Veterano M40	02:06:45	+59:00	10:34
113	554	Tiago Santos	correr leça	Senior Masculino	02:06:45	+59:01	10:34
114	645	Hugo Coelho	lion runners - g. d. leões da guarda	Senior Masculino	02:06:46	+59:02	10:34
115	566	Marylin Lopes	decathlon maia	Senior Feminino	02:07:43	+59:58	10:39
116	565	Marisa Pereira	decathlon maia	Senior Feminino	02:07:44	+59:59	10:39
117	567	Rita Moreira	decathlon maia	Senior Feminino	02:07:44	+01:00:00	10:39
118	665	Ana Cristina Carvalho Silva	orni-ex	Senior Feminino	02:09:05	+01:01:20	10:45
119	666	Filipe Pereira	orni-ex	Senior Masculino	02:09:07	+01:01:23	10:46
120	524	Carina Ferreira	amigos do pedal trailagares	Sub 23 Feminino	02:09:10	+01:01:26	10:46
121	618	Maria Alves	individual	Veterana F50	02:10:24	+01:02:40	10:52
122	696	Isabel Pumbo	individual	Sub 23 Feminino	02:13:03	+01:05:18	11:05
123	613	Isabel Marques	individual	Senior Feminino	02:15:49	+01:08:04	11:19
124	623	Vítor Ribeiro	individual	Veterano M40	02:15:49	+01:08:05	11:19
125	627	Jose Carlos Stella	individual	Veterano M60	02:16:19	+01:08:34	11:22
126	660	Isabel Santos	morcegos	Veterana F50	02:16:19	+01:08:35	11:22
127	596	Sandra Ferreira	individual	Senior Feminino	02:19:29	+01:11:45	11:37
128	592	Marta Silva	individual	Senior Feminino	02:19:30	+01:11:45	11:37
129	634	Helena Cardoso	jrsousateam	Veterana F40	02:19:37	+01:11:53	11:38
130	635	Isabel Nogueira	jrsousateam	Veterana F40	02:19:37	+01:11:53	11:38
131	546	Andre Conceição	cm maia	Veterano M40	02:22:42	+01:14:58	11:54
132	659	Inês Leal	morcegos	Senior Feminino	02:28:53	+01:21:09	12:24
133	662	Alfredo Faria	morcegos	Veterano M60	02:29:03	+01:21:19	12:25

MINI TRAIL 12K - STAGE 1

12 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
134	545	Cristina Pinto	cm maia	Veterana F40	02:35:47	+01:28:03	12:59
135	548	Miguel Pinto	cm maia	Veterano M40	02:35:47	+01:28:03	12:59
136	615	Anabela Sampaio	individual	Veterana F40	02:39:55	+01:32:11	13:20
137	517	Liliana Gomes	amigos 100 limites	Veterana F40	02:41:18	+01:33:34	13:27
138	510	Cláudia Silva	amigos 100 limites	Senior Feminino	02:42:01	+01:34:16	13:30
139	673	Pedro Soares	os manos	Veterano M40	02:42:26	+01:34:42	13:32
140	692	Eduarda Freitas	individual	Veterana F40	02:42:26	+01:34:42	13:32
141	619	Natalina Videira	individual	Veterana F50	02:42:31	+01:34:47	13:33
142	564	Helena Birra	decathlon maia	Senior Feminino	02:46:10	+01:38:25	13:51
143	563	Francisca Rocha	decathlon maia	Senior Feminino	02:46:12	+01:38:28	13:51
144	617	Ana Oliveira	individual	Veterana F50	02:47:21	+01:39:37	13:57
145	591	Luísa Pinto	individual	Senior Feminino	02:47:22	+01:39:38	13:57
146	622	Telmo Rodrigues	individual	Veterano M40	02:47:59	+01:40:15	14:00
147	612	Vítor Fileno	individual	Senior Masculino	02:48:14	+01:40:30	14:01
148	586	Cátia Rocha	individual	Senior Feminino	02:48:19	+01:40:34	14:02
149	588	Fátima Barbosa	individual	Senior Feminino	02:48:19	+01:40:35	14:02
150	640	Maria Magalhães	jrsousa team	Veterana F50	02:48:30	+01:40:46	14:02

Mini Trail 12K

12 KM

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OFFICIAL RESULT

[illegible]

3	504	José Barros	A.D.Amarante trail running	Senior Masculino	01:11:04	+03:20	05:55
4	533	Marco Barbosa	Boavista F. C.	Senior Masculino	01:15:10	+07:25	06:16
5	534	Ricardo Ferreira	Boavista F. C.	Senior Masculino	01:15:59	+08:15	06:20
6	650	Joel Batista	Lourival Bike Team	Senior Masculino	01:17:28	+09:44	06:27
7	584	Vitor Silva	Guidões Futebol Clube/Trail Running Team	Senior Masculino	01:17:51	+10:06	06:29
8	531	Eduardo Xavier	Batedores	Senior Masculino	01:17:53	+10:09	06:29
9	570	Vitor Carneiro	Decathlon Maia	Senior Masculino	01:20:35	+12:51	06:43
10	609	Luis Sá	Individual	Senior Masculino	01:21:12	+13:28	06:46
11	599	Adriano Pinto	Individual	Senior Masculino	01:22:17	+14:33	06:51
12	687	Emanuel Freitas	TEAM LANTEMIL	Senior Masculino	01:22:26	+14:42	06:52
13	608	Luís Rodrigues	Individual	Senior Masculino	01:23:10	+15:25	06:56
14	553	Tiago Coelho	CORRER LEÇA	Senior Masculino	01:25:21	+17:37	07:07
15	610	Pedro Cerqueira	Individual	Senior Masculino	01:25:33	+17:49	07:08
16	577	Nuno Almeida	Gaia Running	Senior Masculino	01:27:07	+19:23	07:16
17	526	Pedro Abreu	Ânimo Team	Senior Masculino	01:28:19	+20:35	07:22
18	672	Ricardo Ribeiro	Os Lobos Trail	Senior Masculino	01:29:21	+21:37	07:27
19	649	Manuel Teixeira	LOBOSTRAIL	Senior Masculino	01:29:22	+21:37	07:27
20	671	Gilberto Orlando	Os Lobos Trail	Senior Masculino	01:29:22	+21:37	07:27
21	552	Rui Santos	CORRER LEÇA	Senior Masculino	01:29:25	+21:41	07:27
22	651	Hugo Ramos	Magnunssens	Senior Masculino	01:32:00	+24:16	07:40
23	603	Helder Pinto	Individual	Senior Masculino	01:34:15	+26:30	07:51
24	513	António Faria	Amigos 100 Limites	Senior Masculino	01:34:42	+26:57	07:53
25	583	Pedro Silva	Guidões Futebol Clube/Trail Running Team	Senior Masculino	01:36:00	+28:15	08:00
26	604	Ivo Bras	Individual	Senior Masculino	01:37:18	+29:34	08:07
27	674	Sérgio Santos	Os Pachones	Senior Masculino	01:38:17	+30:33	08:11
28	501	Leandro Carvalho	#javipiores	Senior Masculino	01:40:24	+32:40	08:22
29	611	Pedro Neves	Individual	Senior Masculino	01:42:30	+34:45	08:32
30	691	Luis Miguel Silva	Individual	Senior Masculino	01:43:55	+36:11	08:40
31	652	Paulo Santos	Magnunssens	Senior Masculino	01:44:01	+36:17	08:40
32	606	José Alberto Silva	Individual	Senior Masculino	01:44:07	+36:22	08:41
33	507	Ruben Azevedo	acsp	Senior Masculino	01:46:21	+38:37	08:52
34	679	Veronica vieira	reumático trail team	Senior Masculino	01:47:02	+39:18	08:55
35	693	Filipe Coelho	Individual	Senior Masculino	01:49:03	+41:19	09:05
36	502	Vitor Moreira	#javipiores	Senior Masculino	01:49:18	+41:34	09:07
37	568	Guillaume Soares	Decathlon Maia	Senior Masculino	01:51:42	+43:58	09:18
38	514	R Leal	Amigos 100 Limites	Senior Masculino	01:52:47	+45:03	09:24
39	690	João Leal	Zequinhas	Senior Masculino	01:58:21	+50:36	09:52
40	515	Ricardo Lascasas	Amigos 100 Limites	Senior Masculino	02:02:11	+54:27	10:11
41	554	Tiago Santos	CORRER LEÇA	Senior Masculino	02:06:45	+59:01	10:34
42	645	Hugo Coelho	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	02:06:46	+59:02	10:34
43	666	Filipe Pereira	Orni-ex	Senior Masculino	02:09:07	+01:01:23	10:46
44	612	Vítor Fileno	Individual	Senior Masculino	02:48:14	+01:40:30	14:01

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12 KM

OFFICIAL RESULT

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1	524	Carina Ferreira	AMIGOS DO PEDAL TRILAGARES	Sub 23 Feminino	02:09:10	+01:01:26	10:46
2	696	Isabel Pumbo	Individual	Sub 23 Feminino	02:13:03	+01:05:18	11:05

1	516	João Vigário	Amigos 100 Limites	Sub 23 Masculino	01:25:35	+17:51	07:08
2	653	Emanuel Correia	Magnunssens	Sub 23 Masculino	01:34:15	+26:30	07:51

1	535	Silvia Teixeira	Boavista F. C.	Veterana F40	01:27:27	+19:43	07:17
2	656	Céu Costa	Maia	Veterana F40	01:35:42	+27:58	07:59
3	616	Sylvie Duarte	Individual	Veterana F40	01:43:54	+36:10	08:39
4	561	Irene Araujo	D.A.S.CONFECÇÕES	Veterana F40	01:46:00	+38:16	08:50
5	633	Cecilia Martins	JRSOUSA TEAM	Veterana F40	01:46:17	+38:33	08:51
6	109	Susy Costa	Equipa Minho Aventura	Veterana F40	01:47:40	+39:56	08:58
7	108	Josefa Oliveira	Equipa Minho Aventura	Veterana F40	01:47:40	+39:56	08:58
8	555	Carla Sousa	CORRER LEÇA	Veterana F40	02:01:11	+53:27	10:06
9	579	Natália Silva	Gansos	Veterana F40	02:05:38	+57:54	10:28
10	539	LUCIA BUSTADA	CLUB DE ATLETISMO SADA MONTAÑA	Veterana F40	02:06:41	+58:56	10:33
11	697	Maria do Carmo Loureiro	Bideguita Runners	Veterana F40	02:06:43	+58:59	10:34
12	664	Sónia Mota	ORALKLASS-AMIGOSDOTRAIL	Veterana F40	02:06:43	+58:59	10:34
13	634	Helena Cardoso	JRSOUSA TEAM	Veterana F40	02:19:37	+01:11:53	11:38
14	635	Isabel Nogueira	JRSOUSA TEAM	Veterana F40	02:19:37	+01:11:53	11:38
15	545	Cristina Pinto	CM Maia	Veterana F40	02:35:47	+01:28:03	12:59
16	615	Anabela Sampaio	Individual	Veterana F40	02:39:55	+01:32:11	13:20
17	517	Liliana Gomes	Amigos 100 Limites	Veterana F40	02:41:18	+01:33:34	13:27
18	692	Eduarda Freitas	Individual	Veterana F40	02:42:26	+01:34:42	13:32

1	520	Maria Ferreira	Amigos 100 Limites	Veterana F50	01:57:41	+49:57	09:48
2	618	Maria Alves	Individual	Veterana F50	02:10:24	+01:02:40	10:52
3	660	Isabel Santos	Morcegos	Veterana F50	02:16:19	+01:08:35	11:22
4	619	Natalina Videira	Individual	Veterana F50	02:42:31	+01:34:47	13:33
5	617	Ana Oliveira	Individual	Veterana F50	02:47:21	+01:39:37	13:57
6	640	Maria Magalhães	JRSOUSA TEAM	Veterana F50	02:48:30	+01:40:46	14:02

1	689	Paulo Luis Dos Santos Gomes Gomes	TEAM LANTEMIL	Veterano M40	01:10:49	+03:05	05:54
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Mini Trail 12K

12 KM

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OFFICIAL RESULT

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2	536	António Martins	Boavista F. C.	Veterano M40	01:11:08	+03:23	05:56
3	685	Tozé Amorim	SSCMSM Feira	Veterano M40	01:13:32	+05:47	06:08
4	574	Patrick Patrício Rodrigues	Fridão Sem Limites	Veterano M40	01:16:36	+08:51	06:23
5	538	Pedro Dias	Boavista F. C.	Veterano M40	01:20:19	+12:35	06:42
6	682	José Duarte	RP studio amigos do empeno	Veterano M40	01:22:27	+14:42	06:52
7	680	André Pinho	reumático trail team	Veterano M40	01:27:02	+19:18	07:15
8	549	Pedro Brízido	CM Maia	Veterano M40	01:27:28	+19:44	07:17
9	688	Marco Costa	TEAM LANTEMIL	Veterano M40	01:29:37	+21:52	07:28
10	580	Alcino Tavares	Gansos	Veterano M40	01:31:49	+24:05	07:39
11	530	Lourenço Cardoso	Baguim Runners	Veterano M40	01:31:55	+24:11	07:40
12	505	Nuno Moura	A.D.Amarante trail running	Veterano M40	01:35:10	+27:25	07:56
13	675	Luís Santos	Pé de Chinelo	Veterano M40	01:35:47	+28:03	07:59
14	628	Paulo Ribeiro	Invicta Runners Team	Veterano M40	01:38:58	+31:13	08:15
15	657	Jorge Cunha	Maia-768	Veterano M40	01:41:45	+34:01	08:29
16	658	Odair Fabiensi	Maia-768	Veterano M40	01:41:45	+34:01	08:29
17	621	Sergio Mota	Individual	Veterano M40	01:42:32	+34:48	08:33
18	556	António Barros	CORRER LEÇA	Veterano M40	01:45:02	+37:18	08:45
19	557	Carlos Modesto	CORRER LEÇA	Veterano M40	01:45:03	+37:18	08:45
20	508	António Gonçalves	acsp	Veterano M40	01:45:17	+37:33	08:46
21	585	Sérgio Carvalho	Guidões Futebol Clube/Trail Running Team	Veterano M40	01:45:59	+38:15	08:50
22	521	Luis Leal	Amigos 100 Limites	Veterano M40	01:55:35	+47:51	09:38
23	667	Ilidio Almeida	Orni-ex	Veterano M40	01:59:17	+51:33	09:56
24	668	Nuno Cruz	Orni-ex	Veterano M40	01:59:17	+51:33	09:56
25	558	Jorge Pinheiro	CORRER LEÇA	Veterano M40	02:01:12	+53:28	10:06
26	559	Pedro Justo	CORRER LEÇA	Veterano M40	02:01:12	+53:28	10:06
27	540	Jose Luis Vilar Garcia	CLUB DE ATLETISMO SADA MONTAÑA	Veterano M40	02:06:41	+58:57	10:33
28	648	Pedro Gaio	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M40	02:06:44	+59:00	10:34
29	529	Miguel Barbosa	Associação Desportiva da Efacec	Veterano M40	02:06:44	+59:00	10:34
30	647	Jorge Cruz	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M40	02:06:45	+59:00	10:34
31	623	Vítor Ribeiro	Individual	Veterano M40	02:15:49	+01:08:05	11:19
32	546	Andre Conceição	CM Maia	Veterano M40	02:22:42	+01:14:58	11:54
33	548	Miguel Pinto	CM Maia	Veterano M40	02:35:47	+01:28:03	12:59
34	673	Pedro Soares	Os Manos	Veterano M40	02:42:26	+01:34:42	13:32
35	622	Telmo Rodrigues	Individual	Veterano M40	02:47:59	+01:40:15	14:00

Veterano M50

1	572	José Filipe Almeida	EDV-VIANA TRAIL	Veterano M50	01:23:55	+16:11	07:00
2	542	Carlos Ferreira	Clube Zupper	Veterano M50	01:25:38	+17:54	07:08
3	641	Joaquim Rocha	JRSOUSA TEAM	Veterano M50	01:33:03	+25:19	07:45
4	626	Paulo Dias	Individual	Veterano M50	01:36:24	+28:40	08:02
5	683	Saul Ferreira	Runners Mat	Veterano M50	01:44:18	+36:33	08:41
6	562	Domingos Araujo	D.A.S.CONFECÇOES	Veterano M50	01:45:55	+38:11	08:50

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