

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	17:00	-99°C	-99%
End	18:38	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	17	Mokua Edwin Nyandusi	kenia	Senior Masculino	30:19		03:02
2	12	Tesfera Mosisa	etiopia	Senior Masculino	31:14	+00:55	03:07
3	117	Alexandre Joao	inter de angola	Senior Masculino	31:52	+01:33	03:11
4	124	Luis Kuingua	inter de angola	Senior Masculino	32:12	+01:52	03:13
5	90	Rafael Epesse	1ºdeagosto	Senior Masculino	32:19	+01:59	03:14
6	125	Tiago Baptista	inter de angola	Senior Masculino	32:23	+02:03	03:14
7	122	Francisco Caluvi	inter de angola	Senior Masculino	32:30	+02:11	03:15
8	93	Simao Manuel	1ºdeagosto	Senior Masculino	32:38	+02:18	03:16
9	119	Assunção Catambe	inter de angola	Senior Masculino	32:40	+02:20	03:16
10	101	Venancio Tchingombe	atl.petroleos de luanda	Senior Masculino	32:44	+02:24	03:16
11	118	Antonio Domingos	inter de angola	Senior Masculino	32:51	+02:32	03:17
12	875	Domingos Muholo	sel.de luanda	Senior Masculino	32:53	+02:33	03:17
13	802	Guerra Vitangue	popular.huambo	Senior Masculino	32:58	+02:39	03:18
14	10	Bastos Filipes	petroleos de luanda	Senior Masculino	33:24	+03:05	03:20
15	84	David Agostinho Inacio	1ºdeagosto	Senior Masculino	33:28	+03:09	03:21
16	98	Fernando Cambinda	atl.petroleos de luanda	Senior Masculino	33:32	+03:12	03:21
17	120	David Elias	inter de angola	Senior Masculino	33:35	+03:15	03:22
18	1794	Pedro C. Samuel	popular	Senior Masculino	33:38	+03:18	03:22
19	88	Manuel Andre Antonio	1ºdeagosto	Senior Masculino	33:39	+03:20	03:22
20	13	Edward Omwoyo Mbuni	kenia	Senior Masculino	33:43	+03:23	03:22
21	92	Severino Vicente	1ºdeagosto	Veterano M35	33:46	+03:26	03:23
22	351	Jorge Domingos	selecção do bie	Senior Masculino	33:49	+03:29	03:23
23	11	Tigust Mamuye	etiopia	Senior Feminino	33:55	+03:35	03:24
24	112	Joao Avelino Viegas da Costa	gabela	Senior Masculino	34:03	+03:44	03:24
25	141	Manuel Ernesto Jaime	paralimpico	T46	34:46	+04:26	03:29
26	16	Artur Rodrigues	portugal	Senior Masculino	34:46	+04:27	03:29
27	1728	Severino calengue	popular	Senior Masculino	34:51	+04:31	03:29
28	31	Afonso Armando	sel.de luanda	Senior Masculino	34:58	+04:38	03:30
29	390	Gouveia Maquina	individual	Veterano M35	35:24	+05:05	03:32
30	846	Moises Tchaco	lunda- sul	Senior Masculino	35:26	+05:06	03:33
31	396	Silvestre Ngula	paralimpico	T46	35:31	+05:11	03:33
32	1617	Mateus Valdemiro C.Cabo	popular	Senior Masculino	35:31	+05:11	03:33
33	97	Fernando Antonio	atl.petroleos de luanda	Senior Masculino	35:35	+05:15	03:34
34	38	Cesar Francisco	sel.do cuanza sul	Senior Masculino	35:42	+05:22	03:34
35	48	Jose Joao Muxuato	sel.do moxico	Senior Masculino	35:46	+05:27	03:35
36	355	Sabino Chipesse	paralimpico	T46	35:49	+05:29	03:35
37	1931	Mário D e Nascimento Rosário	popular	Veterano M40	36:03	+05:44	03:36
38	1817	Pedro Sinde Chimuco	popular	Senior Masculino	36:09	+05:49	03:37
39	82	Avelino Afonso Sanganhala	1ºdeagosto	Senior Masculino	36:12	+05:52	03:37
40	859	Domingos Agostinho Cristovao	popular	Senior Masculino	36:18	+05:58	03:38
41	789	Costa Victor Quilo	popular	Senior Masculino	36:24	+06:04	03:38
42	26	João Sapalo	sel.cuando cubango	Senior Masculino	36:27	+06:07	03:39



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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
88	1755	Pacheco Mateus Mota	popular	Veterano M40	38:48	+08:28	03:53
89	861	Domingos António Kitunga	popular	Veterano M35	38:49	+08:29	03:53
90	264	Carlos Reis	popular.mama muxima	Veterano M50	38:50	+08:31	03:53
91	581	António Filipe	popular	Veterano M40	38:55	+08:35	03:54
92	68	Jose Chissango	selecção -lunda norte	Senior Masculino	39:03	+08:43	03:54
93	849	Dionisio Bonifácio	popular	Senior Masculino	39:06	+08:47	03:55
94	139	Julio Mendes	paralimpico	T11	39:07	+08:47	03:55
95	661	Aurélio Domingos M. Manuel	popular	Veterano M35	39:15	+08:55	03:56
96	509	Aloha Oumar Dinho	popular	Senior Masculino	39:16	+08:56	03:56
97	1491	Manuel A.Baptista	popular	Senior Masculino	39:16	+08:56	03:56
98	1813	Pedro Makiesse	popular	Senior Masculino	39:26	+09:06	03:57
99	354	Joao Feleciano	paralimpico	T11	39:27	+09:07	03:57
100	1816	Pedro Godinho Adriano Vulola	popular	Senior Masculino	39:30	+09:10	03:57
101	1888	Santos Jacinto Vendama	popular	Veterano M35	39:30	+09:11	03:57
102	1523	Manuel Joaquim Lumbo	popular	Senior Masculino	39:30	+09:11	03:57
103	289	Nsungu Kamukotelo	popular.total	Senior Masculino	39:39	+09:19	03:58
104	123	Luciana Viengo	inter de angola	Senior Feminino	39:45	+09:25	03:59
105	1276	João Pilartes Gomes Pereira	popular	Senior Masculino	39:46	+09:27	03:59
106	51	Eduardo Ngololo	sel.do zaire	Senior Masculino	39:52	+09:32	03:59
107	35	Evaristo Benguela	sel.do bengo	Senior Masculino	39:53	+09:34	03:59
108	385	Jose Senga Cangombe	individual	Senior Masculino	39:55	+09:35	04:00
109	754	Cesar Camdimba	popular	Senior Masculino	39:59	+09:39	04:00
110	1301	Joaquim Jose	popular	Senior Masculino	40:02	+09:42	04:00
111	296	Zyed Bouzarkouna	popular.total	Senior Masculino	40:03	+09:43	04:00
112	137	Jeremias Soma	paralimpico	T11	40:04	+09:44	04:00
113	808	Daniel Cassinda	popular	Veterano M45	40:06	+09:47	04:01
114	1798	Pedro da Conceição Cuhanga	popular	Senior Masculino	40:07	+09:48	04:01
115	1893	Sebastião António M.das Neves	popular	Veterano M40	40:11	+09:51	04:01
116	1359	José dos Santos P. Sobrinho	popular	Veterano M45	40:14	+09:55	04:01
117	1872	Sainga Tiago Bejamin	popular	Veterano M60	40:14	+09:55	04:01
118	531	Andrade Fernando Yango	popular	Senior Masculino	40:18	+09:58	04:02
119	63	Adriano Nanguambi Nandendo	selecção -do bie	Senior Masculino	40:24	+10:05	04:02
120	330	Samuel Kitanda Manuel Figueira	popular	Veterano M35	40:33	+10:14	04:03
121	55	Joao Sola	sel.uige	Senior Masculino	40:34	+10:14	04:03
122	2000	Wilson C. Otar Cassela	popular	Veterano M35	40:37	+10:17	04:04
123	399	Maria Bimbi	individual	Senior Feminino	40:45	+10:25	04:05
124	1022	Fernando M. Kotite Tuacala	popular	Veterano M35	40:50	+10:30	04:05
125	324	Moises Neto	progresso do sambizanga	Veterano M35	40:50	+10:31	04:05
126	238	Chivela José António	popular.mama muxima	Veterano M40	40:58	+10:39	04:06
127	1438	Leio Ernesto Paulo Malungo	popular	Veterano M45	41:00	+10:40	04:06
128	1564	Maria Candela	popular	Senior Feminino	41:02	+10:42	04:06
129	108	Antonio Cangoia	escola artur santiago,benguela	Senior Masculino	41:02	+10:43	04:06
130	1812	Pedro Lourenço	popular	Senior Masculino	41:04	+10:45	04:06
131	898	Edgar Esteves Fonseca	popular	Senior Masculino	41:06	+10:47	04:07
132	1246	João do Nascimento	popular	Veterano M40	41:07	+10:47	04:07

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
133	1737	Osvaldo António João	popular	Senior Masculino	41:07	+10:48	04:07
134	867	Domingos da Silva Antonio	popular	Veterano M40	41:12	+10:52	04:07
135	885	Domingos P.M.Baba	popular	Senior Masculino	41:15	+10:55	04:08
136	1013	Felizardo Sebastião Domingos	popular	Senior Masculino	41:18	+10:58	04:08
137	1165	Hiquelua Josefa	popular	Veterano M40	41:22	+11:03	04:08
138	724	Carlos Chilungo Monas	popular	Veterano M40	41:23	+11:04	04:08
139	672	Baás Muqui Chipango Saluisa	popular	Senior Masculino	41:24	+11:05	04:08
140	1473	Luís Paulo Diogo José	popular	Senior Masculino	41:42	+11:22	04:10
141	899	Edgar Francisco Xavier	popular	Senior Masculino	41:42	+11:23	04:10
142	1969	Vânio da Costa Ferreira	popular	Senior Masculino	41:46	+11:26	04:11
143	1715	Ngunza Pacheco de Oliveira	popular	Senior Masculino	41:50	+11:30	04:11
144	934	Elias Kanhamba Chilemo	popular	Senior Masculino	41:56	+11:37	04:12
145	85	Joana Gabriel Batista	1ºdeagosto	Senior Feminino	42:03	+11:43	04:12
146	457	Agostinho Baptista Maluta Chibinda	popular	Senior Masculino	42:12	+11:53	04:13
147	1516	Manuel Javeta Barroso Bumba	popular	Senior Masculino	42:14	+11:54	04:13
148	1200	Issac Calala Sohongo	popular	Senior Masculino	42:16	+11:56	04:14
149	356	Regina Rebeca	popular.bie	Senior Feminino	42:16	+11:57	04:14
150	780	Conceição Pedro Mateus Neto	popular	Senior Masculino	42:18	+11:58	04:14
151	1361	José Eduardo Silva Sambuabua	popular	Senior Masculino	42:21	+12:01	04:14
152	690	Bernardo Monteiro da Costa	popular	Senior Masculino	42:25	+12:06	04:15
153	393	Clemente Mendes João	individual	Senior Masculino	42:25	+12:06	04:15
154	837	Deocliciano Miguel Da Costa	popular	Senior Masculino	42:29	+12:09	04:15
155	860	Domingos Antonio	popular	Senior Masculino	42:29	+12:10	04:15
156	1916	Silva Calundungo Kangongo	popular	Senior Masculino	42:33	+12:13	04:15
157	397	Jacob Bernardino Ndakwatapossi	individual	Veterano M35	42:34	+12:15	04:15
158	1850	Rita Magalhaes Francisco	popular	Senior Feminino	42:35	+12:15	04:16
159	1118	Gomes Joaquim Armindo	popular	Senior Masculino	42:50	+12:31	04:17
160	230	Pedro Miguel Chingalulu	popular.huambo	Senior Masculino	42:53	+12:34	04:17
161	1021	Fernando Jobe Buta Nhanga	popular	Senior Masculino	42:57	+12:38	04:18
162	331	Alfredo Miguel Cardoso	individual	Senior Masculino	42:58	+12:39	04:18
163	485	Alberto Murta	popular	Senior Masculino	42:59	+12:39	04:18
164	1897	Sebastião Gomes Paulo	popular	Senior Masculino	42:59	+12:40	04:18
165	1007	Felicio Manhamba	popular	Veterano M35	43:02	+12:42	04:18
166	512	Álvaro Augusto lutucuta	popular	Veterano M40	43:08	+12:48	04:19
167	587	António G. N. Da Conceição	popular	Senior Masculino	43:11	+12:51	04:19
168	1469	Luís Manuel Afonso	popular	Senior Masculino	43:12	+12:52	04:19
169	1289	Joãquim Antonio Quinginga Teca	popular	Senior Masculino	43:17	+12:57	04:20
170	809	Daniel Domingo Adão Pedro	popular	Senior Masculino	43:22	+13:02	04:20
171	75	Hilario Felix Tchalunhe	wayola sort clube benguela	Senior Masculino	43:24	+13:04	04:20
172	1743	Osvaldo Diogo	popular	Senior Masculino	43:27	+13:07	04:21
173	478	Alberto Henrique F.Bartolomeu	popular	Senior Masculino	43:28	+13:08	04:21
174	1422	Júnior Matando Beladia	popular	Senior Masculino	43:34	+13:15	04:21
175	1518	Manuel João Augusto	popular	Senior Masculino	43:37	+13:18	04:22





**PROVA PRINCIPAL - STAGE 1**
**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
258	1664	Moisei Domingos João	popular	Senior Masculino	45:51	+15:32	04:35
259	517	Amadeu Kassanga Tiago	popular	Senior Masculino	45:55	+15:35	04:36
260	649	Assis Tiago Paulo Muachile	popular	Senior Masculino	45:57	+15:37	04:36
261	1401	José Zenga Miluma Mpova	popular	Senior Masculino	45:58	+15:39	04:36
262	1036	Filomeno Domingos	popular	Senior Masculino	45:59	+15:40	04:36
263	535	André Chivela Salawa Luís	popular	Senior Masculino	45:59	+15:40	04:36
264	1879	Samuel Ferramente	popular	Veterano M50	46:01	+15:41	04:36
265	1236	João Baptista Sondemba	popular	Senior Masculino	46:04	+15:44	04:36
266	1557	Marcos David João Capinga	popular	Senior Masculino	46:05	+15:45	04:37
267	1615	Mateus Ribeiro marcos Albano	popular	Veterano M40	46:13	+15:53	04:37
268	555	António A. Kique Cabuenha	popular	Senior Masculino	46:16	+15:56	04:38
269	1901	Segunda Manuel Valente	popular	Senior Masculino	46:17	+15:58	04:38
270	1713	Paulo Damião chaculanda	popular	Senior Masculino	46:18	+15:58	04:38
271	548	Andrew Pamuchigere	popular	Veterano M35	46:18	+15:58	04:38
272	866	Domingos D.P.Mutonde	popular	Senior Masculino	46:20	+16:01	04:38
273	30	Jose Eduardo Augusto Joao	sel.cunene	Senior Masculino	46:22	+16:02	04:38
274	1771	Paulo A.A.Gaspar da Silva	popular	Veterano M40	46:22	+16:03	04:38
275	440	Adolfo Garcia	popular	Veterano M35	46:24	+16:04	04:38
276	738	Carlos Pereira Lourenço	popular	Senior Masculino	46:25	+16:05	04:39
277	1057	Francisco Mateus Quissanga	popular	Senior Masculino	46:28	+16:08	04:39
278	381	Atleta 381	individual	Senior Masculino	46:28	+16:08	04:39
279	1690	Nelo de Oliveira Dinis Gongá	popular	Veterano M35	46:29	+16:09	04:39
280	1486	Malaquias Júnior Guedes	popular	Veterano M45	46:30	+16:10	04:39
281	1665	Moisés António Nhangá	popular	Senior Masculino	46:32	+16:12	04:39
282	1716	Nicolau Aurélio Chageca	popular	Senior Masculino	46:35	+16:15	04:40
283	1360	José Eduardo Kwina	popular	Senior Masculino	46:35	+16:15	04:40
284	1282	Joao Sebastiao Mendes	popular	Senior Masculino	46:39	+16:19	04:40
285	1307	Joaquim Pascoal Neto	popular	Veterano M50	46:42	+16:22	04:40
286	1886	Santos Francisco Cosseca	popular	Veterano M35	46:45	+16:25	04:41
287	533	André Alberto Luis Kingonga	popular	Senior Masculino	46:46	+16:26	04:41
288	1547	Márcio Álvaro D. Alexandre	popular	Senior Masculino	46:47	+16:27	04:41
289	1441	Leonardo Martins G. Albano	popular	Senior Masculino	46:48	+16:28	04:41
290	1427	Kimi Baptista de Sousa	popular	Veterano M35	46:48	+16:29	04:41
291	29	Jonas Valentim	sel.cunene	Senior Masculino	46:49	+16:29	04:41
292	1117	Gomes Inácio João	popular	Senior Masculino	46:49	+16:29	04:41
293	1663	Miranda Rogério Quissanga	popular	Senior Masculino	46:53	+16:33	04:41
294	735	Carlos Joaquim	popular	Veterano M35	46:53	+16:34	04:41
295	1031	Figueiredo Quiriri	popular	Senior Masculino	46:54	+16:34	04:41
296	327	Vaconcelos Luanda	progresso do sambizanga	Veterano M40	46:54	+16:34	04:41
297	991	Evaristo M. Muzela Garcia	popular	Senior Masculino	46:54	+16:34	04:41
298	1046	Francisco Adão Manuel	popular	Senior Masculino	46:56	+16:36	04:42
299	935	Elias M.Agustinho	popular	Senior Masculino	46:58	+16:38	04:42
300	905	Edivaldo da Cruz Baptista Andrade	popular	Senior Masculino	46:59	+16:39	04:42
301	1089	Gelson Admiravel Tonheto	popular	Senior Masculino	46:59	+16:40	04:42
302	1074	Gabriel Gomes Amaral	popular	Veterano M35	47:00	+16:40	04:42

























































































































