lap2go TIMING SOLUTION

Prova do Bodo 2018
Pombal, PT
28-July-2018

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	19:00	22ºC	73%
End	20:49	22ºC	73%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	594	Helder Santos	scp	Senior Masculino	30:36		03:04
2	521	Licínio Pimentel	scp	Veterano M40	30:37	+00:01	03:04
3	561	Andelalilo Frutado	individual	Senior Masculino	30:43	+00:07	03:04
4	538	Hugo Correia	sporting clube de portugal	Senior Masculino	30:56	+00:20	03:06
5	520	Nuno Lopes	scp	Senior Masculino	30:59	+00:23	03:06
6	19	Filipe Miguel Antunes Rosa	a.d.r águas belas	Senior Masculino	31:00	+00:24	03:06
7	473	Vitor Oliveira	maia ac	Veterano M35	31:19	+00:43	03:08
8	132	Pedro Cruz	cd são salvador do campo	Veterano M35	31:24	+00:48	03:08
9	303	Francisco Rodrigues Rodrigues	sporting clube braga	Senior Masculino	31:52	+01:15	03:11
10	134	Tiago Marques	centro atletismo seia	Veterano M35	32:04	+01:28	03:12
11	297	Bruno Paixao	individual	Senior Masculino	32:11	+01:35	03:13
12	268	ARTUR OLIVEIRA RODRIGUES	grupo desportivo e cultural de guilhovai	Veterano M40	32:14	+01:38	03:13
13	14	Abílio Gonçalves	a.c.r.s.desterro-napo	Senior Masculino	32:33	+01:56	03:15
14	16	Tiago Madureira	a.c.r.s.desterro-napo	Senior Masculino	33:16	+02:40	03:20
15	546	Fábio Abrantes	união clube eirense	Senior Masculino	33:17	+02:41	03:20
16	223	André Reis	g.a.caranguejeira	Senior Masculino	33:24	+02:48	03:20
17	548	José Sousa	união clube eirense	Senior Masculino	33:34	+02:57	03:21
18	106	TIAGO NUNO	casa do benfica em abrantes	Senior Masculino	33:36	+03:00	03:22
19	207	João Pereira	escola de atletismo de coimbra/jpaiva	Veterano M40	33:36	+03:00	03:22
20	236	Fernando Matos	gca donas	Veterano M50	34:11	+03:35	03:25
21	99	Tiago Manuel Gomes Godinho	caracol trail team	Senior Masculino	34:13	+03:37	03:25
22	272	Rui alves	grupo desportivo são paio de oleiros	Senior Masculino	34:17	+03:40	03:26
23	54	Tiago Valério	acportalegre/utsm	Senior Masculino	34:31	+03:54	03:27
24	201	Messias Dias	dci/pedrulha-mealhada	Veterano M45	34:32	+03:56	03:27
25	208	Mário Teixeira	escola de atletismo de coimbra/jpaiva	Veterano M40	34:34	+03:58	03:27
26	226	Valter Costa	g.a.caranguejeira	Senior Masculino	34:37	+04:01	03:28
27	513	Emilia Pisoeiro	recreio desportivo de águeda	Senior Feminino	34:41	+04:05	03:28
28	478	Vasco David Antunes Rosa	núcleo sporting de torres novas	Senior Masculino	34:44	+04:07	03:28
29	492	Rui Lopes	peregrinos de coimbra a	Veterano M40	34:44	+04:08	03:29
30	35	MIGUEL ANGELO	ac vermoil	Veterano M45	34:47	+04:11	03:29
31	73	Manuel Ferreira	arada atletico clube	Veterano M50	34:52	+04:16	03:29
32	489	Vítor Pleno	peregrinos de coimbra a	Senior Masculino	35:01	+04:25	03:30
33	246	Guilherme Lourenço	grf benedita - atletismo	Senior Masculino	35:05	+04:29	03:31
34	549	Telmo Nascimento	união clube eirense	Senior Masculino	35:13	+04:37	03:31
35	18	Mário Silva	a.c.r.s.desterro-napo	Veterano M50	35:25	+04:49	03:33
36	487	André Ferreira	peregrinos de coimbra a	Senior Masculino	35:27	+04:51	03:33
37	206	Vasco Pereira	escola de atletismo de coimbra/jpaiva	Senior Masculino	35:29	+04:53	03:33
38	446	JORGE MARCELINO	industrial desportivo vieirense	Veterano M45	35:33	+04:56	03:33
39	71	Sérgio Paiva	afis/ovar	Senior Masculino	35:34	+04:58	03:33
40	518	Susana Godinho	scp	Senior Feminino	35:35	+04:59	03:34

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	229	Nuno Casalinho	g.a.caranguejeira	Veterano M35	35:40	+05:04	03:34
42	15	João Toscano	a.c.r.s.desterro-napo	Senior Masculino	35:45	+05:09	03:35
43	180	Ricardo Henriques	cr amieirinhense	Senior Masculino	35:47	+05:11	03:35
44	50	NUNO SILVA	acbatalha	Veterano M40	35:52	+05:15	03:35
45	136	Emanuel Cardoso	clube atletismo de marinha grande	Senior Masculino	35:52	+05:16	03:35
46	265	Ricardo Carreira	grupo de atletismo da caranguejeira	Senior Masculino	35:52	+05:16	03:35
47	222	toze velha	g d 3 santos populares	Veterano M55	35:58	+05:22	03:36
48	408	Luís Feiteira	individual	Veterano M45	36:05	+05:29	03:37
49	514	Marisa Barros	salgueiros	Veterana F35	36:06	+05:29	03:37
50	224	Hugo Duarte	g.a.caranguejeira	Senior Masculino	36:28	+05:51	03:39
51	350	Bruno Filipe	individual	Veterano M35	36:39	+06:03	03:40
52	9	Filipe José Ausina Mota	a d ialbax	Veterano M45	36:41	+06:05	03:40
53	359	Joel Couto	individual	Veterano M35	36:42	+06:05	03:40
54	450	GABRIEL RODRIGUES	industrial desportivo vieirense	Veterano M50	36:45	+06:09	03:41
55	491	Carlos Pimenta	peregrinos de coimbra a	Veterano M40	36:51	+06:15	03:41
56	102	Tiago Marques	casa benfica castelo branco	Veterano M40	37:02	+06:26	03:42
57	515	Manuel Azevedo	são salvador do campo	Veterano M40	37:04	+06:28	03:42
58	381	JOAO PAULO NUNES MAGRO	casa benfica castelo branco	Veterano M40	37:14	+06:38	03:43
59	413	António Ferreira	individual	Veterano M50	37:18	+06:42	03:44
60	462	Sandra Protásio	j.o.m.a. - juventude operária do monte abraão	Senior Feminino	37:19	+06:43	03:44
61	270	Hélder robalinho	grupo desportivo são paio de oleiros	Senior Masculino	37:19	+06:43	03:44
62	493	Paulo Antunes	peregrinos de coimbra a	Veterano M45	37:22	+06:45	03:44
63	32	PEDRO FERREIRA	ac vermoil	Veterano M40	37:28	+06:52	03:45
64	200	Ricardo Santos	dci/pedrulha-mealhada	Senior Masculino	37:31	+06:55	03:45
65	406	Joel da Silva	individual	Veterano M45	37:35	+06:59	03:46
66	22	AMILCAR BRITO	ac vermoil	Senior Masculino	37:35	+06:59	03:46
67	90	Luis Duarte de Matos	bairro do cansado castelo branco	Veterano M45	37:36	+07:00	03:46
68	138	Marco Paulo Estêvão Franco	clube de atletismo de ferreira do zêzere	Veterano M35	37:39	+07:02	03:46
69	87	Tiago Duarte	atletismo clube da tocha	Senior Masculino	37:41	+07:04	03:46
70	30	LICÍNIO CARREIRA	ac vermoil	Veterano M40	37:45	+07:09	03:47
71	109	JOSÉ DURÃO	casa do benfica em abrantes	Veterano M50	37:46	+07:10	03:47
72	202	João Almeida	dci/pedrulha-mealhada	Veterano M50	37:47	+07:11	03:47
73	276	Jorge luz	grupo desportivo são paio de oleiros	Veterano M50	37:49	+07:13	03:47
74	158	Amândio Paulo	clube desportivo ribeirense	Veterano M45	37:49	+07:13	03:47
75	490	Luís Rodrigues	peregrinos de coimbra a	Veterano M35	37:55	+07:18	03:48
76	250	Nuno Santos	grf benedita - atletismo	Veterano M40	37:56	+07:20	03:48
77	517	Claudio Bica	scd glória do ribatejo	Senior Masculino	37:56	+07:20	03:48
78	459	LICÍNIO PEREIRA	industrial desportivo vieirense	Veterano M60	37:57	+07:20	03:48
79	437	PETRO PASKAR	industrial desportivo vieirense	Senior Masculino	37:57	+07:21	03:48
80	445	JOÃO MARCELINO	industrial desportivo vieirense	Veterano M45	38:03	+07:26	03:48
81	181	José Raimundo	cr amieirinhense	Veterano M55	38:15	+07:39	03:50
82	128	Tiago Tomas	ccrd burinhosa	Senior Masculino	38:16	+07:40	03:50
83	88	Olga serbyn	atletismo clube de fátima	Senior Feminino	38:25	+07:49	03:51
84	481	Ricardo Santos	olímpico de oeiras	Veterano M35	38:25	+07:49	03:51
85	182	Duarte Cruz	cscd norte e soure	Senior Masculino	38:26	+07:49	03:51

PROVA PRINCIPAL - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	540	Sandra Teixeira	sporting clube de portugal	Veterana F40	38:26	+07:50	03:51
87	453	PAULINO SOUSA	industrial desportivo vieirense	Veterano M50	38:31	+07:55	03:51
88	108	LUÍS MOTA	casa do benfica em abrantes	Veterano M45	38:33	+07:57	03:51
89	13	Margarida Dionísio	a.c.r.s.desterro-napo	Senior Feminino	38:37	+08:01	03:52
90	118	Miguel Gonçalves	ccd crédito agrícola mútuo	Veterano M35	38:40	+08:04	03:52
91	203	Vitor Oliveira	dci/pedrulha-mealhada	Veterano M50	38:47	+08:11	03:53
92	42	RUI LUCAS	acbatalha	Senior Masculino	38:51	+08:15	03:53
93	245	Dinis Pedro almeida	grf benedita - atletismo	Senior Masculino	38:56	+08:20	03:54
94	545	Alexandra Oliveira	união clube eirense	Senior Feminino	38:56	+08:20	03:54
95	551	Ricardo Saraiva	união clube eirense	Veterano M45	38:56	+08:20	03:54
96	143	José Figueira	ccrd burinhosa	Veterano M45	38:57	+08:21	03:54
97	228	Luis Gomes	g.a.caranguejeira	Veterano M35	39:03	+08:26	03:54
98	81	Filipe Rodrigues	associação pombal jovem	Senior Masculino	39:08	+08:32	03:55
99	461	Hugo Verissimo	ingleses futebol clube	Senior Masculino	39:11	+08:35	03:55
100	274	Avelino Freitas	grupo desportivo são paio de oleiros	Veterano M40	39:11	+08:35	03:55
101	172	João Carmo	cpr. a-do-barbas	Senior Masculino	39:15	+08:39	03:56
102	248	Patrick Lourenço Inácio	grf benedita - atletismo	Senior Masculino	39:17	+08:41	03:56
103	273	Alcindo dias	grupo desportivo são paio de oleiros	Veterano M40	39:19	+08:43	03:56
104	249	César José Fonseca Coelho	grf benedita - atletismo	Veterano M40	39:23	+08:46	03:56
105	28	JOAQUIM QUITÉRIO	ac vermoil	Veterano M40	39:25	+08:49	03:57
106	463	Alexandra Sousa	j.o.m.a. - juventude operária do monte abraão	Veterana F35	39:34	+08:58	03:57
107	95	Paulo Cruz	ca barreira	Veterano M45	39:37	+09:01	03:58
108	56	Emílio Paulino	acportalegre/utsm	Veterano M55	39:40	+09:03	03:58
109	448	ARTUR LOPES	industrial desportivo vieirense	Veterano M50	39:45	+09:09	03:59
110	479	Francisco Pais	o mundo da corrida	Veterano M45	39:49	+09:13	03:59
111	262	José Gonçalves	grupo alegre unido bajouca	Veterano M50	39:51	+09:15	03:59
112	213	Henrique Fernandes	fonte nova runners	Veterano M35	39:52	+09:16	03:59
113	165	ANTÓNIO ALVES	clube sem	Veterano M60	39:52	+09:16	03:59
114	163	ANDRÉ FALCÃO	clube sem	Veterano M35	39:54	+09:18	03:59
115	449	CARLOS SIMÕES	industrial desportivo vieirense	Veterano M50	39:56	+09:19	04:00
116	45	HUGO HORTA	acbatalha	Veterano M35	39:59	+09:23	04:00
117	496	Pedro Gerardo	peregrinos de coimbra a	Veterano M55	40:02	+09:25	04:00
118	55	Abel Flores	acportalegre/utsm	Veterano M55	40:08	+09:32	04:01
119	488	Carlos Gonçalves	peregrinos de coimbra a	Senior Masculino	40:11	+09:35	04:01
120	33	JOSÉ SANTOS	ac vermoil	Veterano M45	40:11	+09:35	04:01
121	261	Jorge Silva	grupo alegre unido bajouca	Veterano M50	40:11	+09:35	04:01
122	100	Tetyana Vakulyuk	caracol trail team	Veterana F40	40:14	+09:38	04:01
123	41	FÁBIO SILVA	acbatalha	Senior Masculino	40:14	+09:38	04:01
124	96	Germano Capela	ca barreira	Veterano M50	40:22	+09:46	04:02
125	59	Ricardo Nunes	acrm silveirinha grande claras	Senior Masculino	40:22	+09:46	04:02
126	119	Nuno Rosa	ccd crédito agrícola mútuo	Veterano M40	40:23	+09:47	04:02
127	144	Nuno Jorge	clube desportivo moitense	Veterano M40	40:27	+09:51	04:03
128	472	Jorge Henriques	lourival bike team	Senior Masculino	40:28	+09:52	04:03
129	247	Luis Carlos Rrodrigues da Silva	grf benedita - atletismo	Senior Masculino	40:33	+09:57	04:03
130	280	Ricardo Lopes	grupo maravilha	Senior Masculino	40:37	+10:01	04:04

PROVA PRINCIPAL - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
131	66	Luís Manuel	acrm silveirinha grande claras	Veterano M45	40:38	+10:02	04:04
132	230	Antonio Bento	g.a.caranguejeira	Veterano M50	40:39	+10:03	04:04
133	444	JOÃO DOMINGOS	industrial desportivo vieirense	Veterano M45	40:40	+10:04	04:04
134	47	FRANCISCO BRIGÍDO	acbatalha	Veterano M40	40:42	+10:06	04:04
135	494	Pedro Varela	peregrinos de coimbra a	Veterano M45	40:43	+10:07	04:04
136	455	ANTÓNIO POEIRAS	industrial desportivo vieirense	Veterano M55	40:47	+10:11	04:05
137	495	Telmo Almeida	peregrinos de coimbra a	Veterano M45	40:57	+10:21	04:06
138	427	João Mendes	individual	Veterano M55	40:57	+10:21	04:06
139	407	Leonel Sousa	individual	Veterano M45	40:58	+10:22	04:06
140	477	Luis Semedo	núcleo de oeiras	Veterano M35	41:00	+10:24	04:06
141	456	ACÁCIO CAMPOS	industrial desportivo vieirense	Veterano M60	41:01	+10:25	04:06
142	156	Miguel Gineto	clube desportivo ribeirense	Veterano M40	41:06	+10:30	04:07
143	225	Ilidio Dias	g.a.caranguejeira	Senior Masculino	41:10	+10:34	04:07
144	454	RUI DINIS	industrial desportivo vieirense	Veterano M50	41:12	+10:35	04:07
145	269	DAVID DA SILVA FERNANDES	grupo desportivo e cultural de guilhovai	Veterano M60	41:16	+10:40	04:08
146	243	Vanda Ribeiro	grecas	Veterana F40	41:16	+10:40	04:08
147	220	nuno lopes	g d 3 santos populares	Veterano M40	41:18	+10:42	04:08
148	554	Luis Rodrigo	união fci de tomar	Veterano M55	41:18	+10:42	04:08
149	29	JOSÉ MENDES	ac vermoil	Veterano M40	41:18	+10:42	04:08
150	212	João Malheiro	fonte nova runners	Senior Masculino	41:23	+10:47	04:08
151	352	Daniel Santos Gaspar	individual	Veterano M35	41:28	+10:52	04:09
152	159	António Silvino	clube desportivo ribeirense	Veterano M50	41:35	+10:58	04:10
153	142	Rafael Pinto	clube desportivo moitense	Senior Masculino	41:39	+11:03	04:10
154	178	Pedro Rodrigues	cpr. a-do-barbas	Veterano M50	41:41	+11:05	04:10
155	258	Otelo Pereira	grupo alegre unido bajouca	Veterano M40	41:52	+11:16	04:11
156	197	João Costa	dá-lhe gás team	Senior Masculino	41:57	+11:21	04:12
157	509	André Quarenta	quarentas	Veterano M45	41:59	+11:23	04:12
158	129	Dario Cabete	ccrd burinhosa	Veterano M40	42:05	+11:28	04:13
159	458	CELESTINO MARQUES	industrial desportivo vieirense	Veterano M60	42:08	+11:32	04:13
160	12	Rui João	a. r. meirinhas	Veterano M35	42:15	+11:38	04:14
161	111	Lukas Costa	cbrunning team	Veterano M40	42:18	+11:42	04:14
162	139	PAULO PISOEIRO	clube de atletismo prof. emilia pisoeiro	Veterano M45	42:19	+11:43	04:14
163	107	FILIPA MOUTINHO	casa do benfica em abrantes	Veterana F35	42:20	+11:44	04:14
164	101	Aníbal Godinho	caracol trail team	Veterano M50	42:21	+11:44	04:14
165	460	Carlos Manuel da Cruz Estrada	inercia sport club	Veterano M60	42:22	+11:46	04:14
166	149	António Ferreira	clube desportivo moitense	Veterano M60	42:25	+11:48	04:15
167	560	António Cordeiro	individual	Veterano M35	42:28	+11:52	04:15
168	559	Rui Pereira	vilaventura - trail running team	Veterano M35	42:30	+11:54	04:15
169	51	PAULO MONTEIRO	acbatalha	Veterano M50	42:35	+11:59	04:16
170	256	Hugo Barqueiro	grupo alegre unido bajouca	Veterano M35	42:37	+12:01	04:16
171	104	João Carlos Balças da Silva	casa do benfica condeixa	Senior Masculino	42:38	+12:02	04:16
172	175	André Veloso	cpr. a-do-barbas	Veterano M40	42:42	+12:06	04:16
173	238	FERNANDO MARQUES	gm team	Veterano M50	42:46	+12:10	04:17
174	234	Fernando Jacinto	gasoutos-grupo atlético dos soutos	Veterano M50	42:47	+12:11	04:17
175	482	Paulo Jorge da Cruz Moreira	os filhos da noite	Veterano M45	42:47	+12:11	04:17

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
176	417	MARTINHO JOAQUIM DA SILVA PEDROSA	individual	Veterano M50	42:49	+12:13	04:17
177	34	MÁRIO HENRIQUES	ac vermoil	Veterano M45	42:50	+12:14	04:17
178	227	Dulcinia Silva	g.a.caranguejeira	Veterana F40	42:50	+12:14	04:17
179	435	ALÉXIS ROCHA	industrial desportivo vieirense	Senior Masculino	42:51	+12:15	04:17
180	277	Valdemar alves	grupo desportivo são paio de oleiros	Veterano M55	42:51	+12:15	04:17
181	27	HELDER MIRANDA	ac vermoil	Veterano M35	42:52	+12:16	04:17
182	103	Leonído dos Reis Afonso	casa benfica castelo branco	Veterano M55	42:53	+12:17	04:17
183	25	LILIANA NEVES	ac vermoil	Veterana F35	42:57	+12:21	04:18
184	94	Daniel Lourenço	ca barreira	Veterano M40	42:58	+12:22	04:18
185	154	António Palmeira	clube desportivo ribeirense	Veterano M40	43:03	+12:27	04:18
186	97	Jorge Agostinho	ca barreira	Veterano M55	43:06	+12:30	04:19
187	504	Alvaro Coelho	peregrinos de coimbra b	Veterano M60	43:08	+12:32	04:19
188	46	CASIMIRO GOMES	acbatalha	Veterano M40	43:11	+12:35	04:19
189	53	MÁRCIO RODRIGUES	acdrs quinhendros	Veterano M35	43:14	+12:38	04:19
190	430	orlando ribeiro	individual	Veterano M55	43:16	+12:40	04:20
191	232	Mário Carvalho	gasoutos-grupo atlético dos soutos	Veterano M40	43:17	+12:40	04:20
192	176	Nuno Ferreira	cpr. a-do-barbas	Veterano M40	43:18	+12:41	04:20
193	393	Ricardo Pedrosa	individual	Veterano M40	43:18	+12:42	04:20
194	62	Edgar Gomes	acrm silveirinha grande claras	Veterano M35	43:23	+12:47	04:20
195	578	Manuel Santos	individual	Veterano M50	43:27	+12:51	04:21
196	452	LUIS PEDROSA	industrial desportivo vieirense	Veterano M50	43:32	+12:55	04:21
197	373	Celso carreira fernandes	individual	Veterano M40	43:35	+12:59	04:22
198	379	HENRIQUE MANUEL SANTOS RODRIGUES	individual	Veterano M40	43:36	+13:00	04:22
199	252	Tiago Pedrosa	grupo alegre unido bajouca	Senior Masculino	43:38	+13:02	04:22
200	44	FREDERICO CARREIRA	acbatalha	Veterano M35	43:38	+13:02	04:22
201	263	Sérgio Marcelino	grupo alegre unido bajouca	Veterano M50	43:44	+13:08	04:22
202	98	Carlos França	cad a correr	Veterano M35	43:46	+13:10	04:23
203	305	João Barradas	individual	Senior Masculino	43:47	+13:11	04:23
204	499	Pedro Roque	peregrinos de coimbra b	Veterano M50	43:50	+13:14	04:23
205	166	DIOGO FERREIRA	clube veteranos do lis	Veterano M35	43:54	+13:18	04:23
206	131	Jose Rato	ccrd burinhosa	Veterano M60	43:55	+13:19	04:24
207	70	António Patrício	adr4estações	Veterano M50	43:57	+13:20	04:24
208	233	Carlos Jacinto	gasoutos-grupo atlético dos soutos	Veterano M45	43:59	+13:23	04:24
209	157	Nuno Moleano	clube desportivo ribeirense	Veterano M40	44:01	+13:25	04:24
210	153	Pedro Beato	clube desportivo ribeirense	Veterano M35	44:02	+13:26	04:24
211	164	RUI ANDRADE	clube sem	Veterano M45	44:04	+13:27	04:24
212	331	Tome Pereira	individual	Senior Masculino	44:05	+13:29	04:25
213	135	vitor nelson esteves torres da silva	cerveira team running - ctr	Veterano M45	44:06	+13:30	04:25
214	145	Carlos Pinto	clube desportivo moitense	Veterano M45	44:09	+13:32	04:25
215	412	Wilson Subtil	individual	Veterano M45	44:10	+13:34	04:25
216	260	Virgílio Alberto	grupo alegre unido bajouca	Veterano M45	44:10	+13:34	04:25
217	140	Augusto Dourado	clube de vila do conde	Veterano M60	44:12	+13:36	04:25
218	497	Rui Figueiredo	peregrinos de coimbra b	Veterano M40	44:13	+13:37	04:25
219	179	Joaquim Gomes	cpr. a-do-barbas	Veterano M60	44:14	+13:38	04:26

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
220	443	ABEL DOMINGUES	industrial desportivo vieirense	Veterano M40	44:15	+13:38	04:26
221	155	João Justo	clube desportivo ribeirense	Veterano M40	44:15	+13:39	04:26
222	204	Joaquim Godinho	dci/pedrulha-mealhada	Veterano M60	44:19	+13:43	04:26
223	48	HÉLDER MATOS	acbatalha	Veterano M40	44:21	+13:44	04:26
224	470	Carlos Carmino	leiria marcha atlética clube - lmac	Veterano M60	44:24	+13:48	04:26
225	382	José Miguel Ferreira Santos	individual	Veterano M40	44:24	+13:48	04:26
226	302	Emmanuel Mendes	individual	Senior Masculino	44:25	+13:49	04:27
227	422	Rui Miguel Ferreira Gaspar	individual	Veterano M50	44:25	+13:49	04:27
228	311	Manuel Fernandes	fonte nova runners	Senior Masculino	44:26	+13:50	04:27
229	553	José Fonseca	união fci de tomar	Veterano M50	44:27	+13:51	04:27
230	366	Nuno Alexandre Duarte da Mota	individual	Veterano M35	44:30	+13:53	04:27
231	577	Alexandre Abreu	individual	Senior Masculino	44:34	+13:58	04:27
232	23	BLANDINA LOURENÇO	ac vermoil	Veterana F35	44:36	+14:00	04:28
233	58	Joel Santos	acrm silveirinha grande claras	Senior Masculino	44:38	+14:02	04:28
234	257	André Fernandes	grupo alegre unido bajouca	Veterano M40	44:40	+14:04	04:28
235	294	Vera Rita Ferreira Portela	club sport marítimo	Senior Feminino	44:41	+14:05	04:28
236	531	Paulo Santos Silva	sonato	Veterano M35	44:44	+14:07	04:28
237	244	Joana Fialho Paulo	grf benedita - atletismo	Senior Feminino	44:44	+14:08	04:28
238	64	Amilcar Costa	acrm silveirinha grande claras	Veterano M45	44:47	+14:11	04:29
239	266	Joaquim Santos	grupo de atletismo da caranguejeira	Veterano M45	44:48	+14:12	04:29
240	405	João Barata	individual	Veterano M45	44:49	+14:13	04:29
241	251	rafael Lourenço	grf benedita - atletismo	Veterano M40	44:50	+14:14	04:29
242	123	Rui Moreira	ccd crédito agrícola mútuo	Veterano M45	44:55	+14:19	04:30
243	86	Nuno Almeida	atletismo clube da tocha	Senior Masculino	45:00	+14:24	04:30
244	267	Mariana Silva	grupo de atletismo de fátima	Senior Feminino	45:01	+14:25	04:30
245	146	Ricardo Vicente	clube desportivo moitense	Veterano M45	45:05	+14:29	04:31
246	308	Lino silva	individual	Senior Masculino	45:13	+14:37	04:31
247	151	Leonel Rodrigues	clube desportivo moitense	Veterano M60	45:21	+14:45	04:32
248	112	André Lopes	ccd crédito agrícola mútuo	Senior Masculino	45:23	+14:47	04:32
249	10	Gonçalo Ferreira	a. r. meirinhas	Veterano M35	45:25	+14:49	04:33
250	323	Rodrigo Gaspar Costa	individual	Senior Masculino	45:26	+14:50	04:33
251	401	Fernando José Das Neves	individual	Veterano M45	45:26	+14:50	04:33
252	486	Paulo Oliveira	pelaestradafora	Veterano M50	45:27	+14:51	04:33
253	415	DOMINGUES	fonte nova runners	Veterano M50	45:27	+14:51	04:33
254	36	VITOR LOPES	ac vermoil	Veterano M50	45:28	+14:52	04:33
255	480	António Geraldo	o mundo da corrida	Veterano M60	45:29	+14:53	04:33
256	5	Filipe Silva	10 pés	Veterano M35	45:31	+14:54	04:33
257	550	Humberto Oliveira	união clube eirense	Veterano M45	45:34	+14:58	04:33
258	436	MIGUEL COELHO	industrial desportivo vieirense	Senior Masculino	45:35	+14:58	04:34
259	357	Hugo Dias	individual	Veterano M35	45:37	+15:01	04:34
260	52	EVANGELINO CERDEIRA	acbatalha	Veterano M60	45:38	+15:02	04:34
261	569	Rafael Silva	xoke team	Senior Masculino	45:44	+15:08	04:34
262	162	CARLA LEITE	clube sem	Veterana F40	45:45	+15:09	04:35
263	485	Pedro Ribeiro	osprimos	Veterano M40	45:48	+15:12	04:35
264	544	Luís Bernardo	twopikas	Veterano M45	45:50	+15:14	04:35

PROVA PRINCIPAL - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
265	333	Claudia Torres	individual	Veterana F35	45:55	+15:19	04:36
266	565	Gilberto Rebordãos	xoke team	Senior Masculino	45:56	+15:19	04:36
267	363	Marco Afonso	individual	Veterano M35	45:57	+15:21	04:36
268	205	Maria Pereira	escola de atletismo de coimbra/jpaiva	Senior Feminino	45:59	+15:23	04:36
269	17	Helena Mourão	a.c.r.s.desterro-napo	Veterana F40	46:01	+15:25	04:36
270	82	João Pedro Silva Gaspar	associação pombal jovem	Senior Masculino	46:02	+15:26	04:36
271	65	Filipe Carvalheiro	acrm silveirinha grande claras	Veterano M45	46:04	+15:27	04:36
272	505	António Perpetua	peregrinos de coimbra b	Veterano M60	46:08	+15:31	04:37
273	474	Sara Pedrosa	montanha clube trail running / efapel	Senior Feminino	46:14	+15:38	04:37
274	291	Joana Soares Taneco	individual	Senior Feminino	46:15	+15:39	04:38
275	189	Helder Martins	cscrfcharneca	Veterano M35	46:22	+15:45	04:38
276	511	António Manuel Ferreira Mendes	ratatui team	Veterano M35	46:24	+15:48	04:38
277	83	Marco Mendes	associação pombal jovem	Senior Masculino	46:25	+15:48	04:39
278	547	Fábio Marques	união clube eirense	Senior Masculino	46:25	+15:49	04:39
279	552	Carolina Feliz	união fci de tomar	Veterana F40	46:26	+15:50	04:39
280	326	Rúben Manuel Alexandre Baeta	individual	Senior Masculino	46:26	+15:50	04:39
281	501	Carlos Garrido	peregrinos de coimbra b	Veterano M55	46:28	+15:52	04:39
282	365	Nelson Manuel Ferreira Gomes	individual	Veterano M35	46:28	+15:52	04:39
283	237	José Monteiro	gdc banco de portugal	Veterano M60	46:32	+15:56	04:39
284	304	Gonçalo Silva Nunes	individual	Senior Masculino	46:33	+15:57	04:39
285	572	Elizabete da Silva Leal	individual	Veterana F40	46:34	+15:58	04:39
286	259	Pedro Cabecinhas	grupo alegre unido bajouca	Veterano M40	46:39	+16:03	04:40
287	127	Rui Graça	ccd crédito agrícola mútuo	Veterano M55	46:45	+16:09	04:41
288	235	Rui Carreira	gasoutos-grupo atlético dos soutos	Veterano M55	46:47	+16:11	04:41
289	57	João Pedro	acrm silveirinha grande claras	Senior Masculino	46:48	+16:12	04:41
290	506	Costa Marques	peregrinos de coimbra b	Veterano M60	46:57	+16:20	04:42
291	11	Ricardo Ruas	a. r. meirinhas	Veterano M35	47:05	+16:29	04:43
292	484	Beto Oliveira	osprimos	Veterano M40	47:09	+16:32	04:43
293	403	Henrique lavaredas	individual	Veterano M45	47:09	+16:33	04:43
294	43	SOFIA LIGEIRO	acbatalha	Veterana F40	47:15	+16:39	04:44
295	68	João Sintra	acrm silveirinha grande claras	Veterano M60	47:20	+16:44	04:44
296	532	Renato Lopes Carvalho	sonato	Veterano M35	47:21	+16:44	04:44
297	301	Diogo Silva	individual	Senior Masculino	47:23	+16:47	04:44
298	193	Carlos Conceição	cscrfcharneca	Veterano M45	47:26	+16:50	04:45
299	125	Carlos Silva	ccd crédito agrícola mútuo	Veterano M50	47:28	+16:51	04:45
300	190	Miguel Matias	cscrfcharneca	Veterano M40	47:28	+16:52	04:45
301	117	Hugo Marouvo	ccd crédito agrícola mútuo	Veterano M35	47:30	+16:54	04:45
302	396	Alberto Branco	individual	Veterano M45	47:32	+16:56	04:45
303	503	Jorge Justo	peregrinos de coimbra b	Veterano M55	47:33	+16:57	04:45
304	306	Joni Daniel Domingues Correia	individual	Senior Masculino	47:34	+16:58	04:45
305	378	Hélder Filipe Pires	individual	Veterano M40	47:34	+16:58	04:45
306	167	JOSE MARTINS	clube veteranos do lis	Veterano M50	47:38	+17:01	04:46
307	161	CARLA CANTANTE	clube sem	Veterana F35	47:39	+17:03	04:46
308	527	Leonardo Araujo	slow runners pombal	Veterano M35	47:42	+17:06	04:46

PROVA PRINCIPAL - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
309	558	Bruno Alexandre da Silva Cordeiro	vens ou ficas?!	Veterano M35	47:43	+17:06	04:46
310	309	Ludwig LOPES	individual	Senior Masculino	47:43	+17:07	04:46
311	320	Pedro Marques	individual	Senior Masculino	47:45	+17:08	04:47
312	105	Virgílio Neto	casa do benfica condeixa	Veterano M40	47:47	+17:11	04:47
313	555	Alberto Graça	união fci de tomar	Veterano M60	47:47	+17:11	04:47
314	433	José Luis FERNANDES	individual	Veterano M60	47:49	+17:13	04:47
315	536	VITOR MANUEL BORGES FONTES	sport castanheira de pera e benfica	Veterano M55	47:50	+17:14	04:47
316	570	Eugenie Neves de Matos	individual	Veterana F40	47:55	+17:19	04:48
317	114	Jorge Honório	ccd crédito agrícola mútuo	Senior Masculino	47:56	+17:19	04:48
318	556	Manuel Martins	união fci de tomar	Veterano M60	47:56	+17:19	04:48
319	383	JUSTINO MANUEL ROSA DA SILVA	individual	Veterano M40	47:57	+17:21	04:48
320	507	António Agostinho	porto de mós a correr	Veterano M60	48:01	+17:25	04:48
321	419	Paulo Henrique Santos Fonseca	individual	Veterano M50	48:02	+17:26	04:48
322	187	Rui Neves	cscrfcharneca	Senior Masculino	48:14	+17:38	04:49
323	196	Luís Fernando Rocha das Neves	cscrfcharneca	Veterano M55	48:15	+17:39	04:50
324	529	João Monteiro	slow runners pombal	Veterano M40	48:17	+17:41	04:50
325	369	Pedro Leitao	individual	Veterano M35	48:18	+17:42	04:50
326	416	Fernando Pereira Marques	individual	Veterano M50	48:18	+17:42	04:50
327	404	Jaime Lopes dos santos	individual	Veterano M45	48:19	+17:43	04:50
328	122	Rui Melo	ccd crédito agrícola mútuo	Veterano M45	48:23	+17:47	04:50
329	533	Ricardo Páscoa	soure mov	Veterano M40	48:24	+17:48	04:50
330	543	Carlos Coelho	twopikas	Veterano M35	48:26	+17:50	04:51
331	353	Delio pascoal	individual	Veterano M35	48:29	+17:53	04:51
332	526	André Filipe Mendes Costa	slow runners pombal	Veterano M35	48:33	+17:57	04:51
333	397	António Gomes	individual	Veterano M45	48:33	+17:57	04:51
334	380	Humberto Oliveira	individual	Veterano M40	48:39	+18:03	04:52
335	410	Mário Salgado	individual	Veterano M45	48:53	+18:17	04:53
336	469	Bruno Costa	leiria marcha atlética clube - lmac	Veterano M40	48:55	+18:18	04:54
337	141	João Branco	clube desportivo moitense	Senior Masculino	48:56	+18:20	04:54
338	329	Tiago Andrade	individual	Senior Masculino	48:59	+18:23	04:54
339	467	Sandra Faustino	juventude vidigalense	Veterana F40	49:01	+18:25	04:54
340	173	Luis Fernandes	cpr. a-do-barbas	Veterano M35	49:06	+18:30	04:55
341	542	Daniel Delgado	twopikas	Senior Masculino	49:11	+18:35	04:55
342	346	Sara Domingues	individual	Veterana F40	49:12	+18:36	04:55
343	40	RAFAELA MOREIRA	acbatalha	Senior Feminino	49:13	+18:37	04:55
344	343	Marlene Oliveira	individual	Veterana F40	49:14	+18:38	04:55
345	84	Tiago Silva Rodrigues	associação pombal jovem	Senior Masculino	49:25	+18:49	04:57
346	231	Gil Marques	gás	Veterano M35	49:31	+18:55	04:57
347	483	Vitor Manuel dos Reis Braz	os filhos da noite	Veterano M55	49:33	+18:56	04:57
348	387	NUNO ALMEIDA	a.c.r.s.desterro-napo	Veterano M40	49:35	+18:59	04:58
349	264	Ramiro Rodrigues	grupo alegre unido bajouca	Veterano M60	49:42	+19:06	04:58
350	429	Manuel Gonçalves dos santos	individual	Veterano M55	49:45	+19:09	04:59

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
351	328	Sergio Abreu	individual	Senior Masculino	49:50	+19:14	04:59
352	392	Ricardo Manuel Teixeira de Oliveira	individual	Veterano M40	49:50	+19:14	04:59
353	67	João Graça	acrm silveirinha grande claras	Veterano M60	49:52	+19:15	04:59
354	324	Rodrigo Leal	individual	Senior Masculino	49:56	+19:20	05:00
355	168	AMÉRICO SANTOS	clube veteranos do lis	Veterano M60	50:03	+19:27	05:00
356	451	JOÃO BENTO	industrial desportivo vieirense	Veterano M50	50:03	+19:27	05:00
357	209	Nuno Rafael Alves Marques	etap	Senior Masculino	50:05	+19:29	05:01
358	498	Jorge henriques	peregrinos de coimbra b	Veterano M50	50:06	+19:29	05:01
359	72	Paula Valente	ansibikers	Veterana F35	50:07	+19:30	05:01
360	169	Narciso Arromba	cluve	Veterano M60	50:07	+19:31	05:01
361	307	José Afonso	individual	Senior Masculino	50:08	+19:32	05:01
362	339	Emanuela Jesus Simoes	individual	Veterana F40	50:09	+19:33	05:01
363	289	Inês Santos	individual	Senior Feminino	50:14	+19:38	05:01
364	428	JOSE LOURENCO	individual	Veterano M55	50:17	+19:41	05:02
365	295	André Rosário	individual	Senior Masculino	50:31	+19:55	05:03
366	214	Raquel Matias	formobike btt&trail running	Veterana F35	50:31	+19:55	05:03
367	402	Gameiro roberto	individual	Veterano M45	50:35	+19:59	05:04
368	434	ADRIANA COELHO	industrial desportivo vieirense	Senior Feminino	50:36	+20:00	05:04
369	431	Jorge Ramos	individual	Veterano M60	50:37	+20:01	05:04
370	150	Diamantino Cruz	clube desportivo moitense	Veterano M60	50:38	+20:02	05:04
371	439	HELENA HENRIQUES	industrial desportivo vieirense	Veterana F40	50:39	+20:03	05:04
372	447	PEDRO PEREIRA	industrial desportivo vieirense	Veterano M45	50:42	+20:06	05:04
373	79	Vânia Patrícia da Silva Leal	associação pombal jovem	Senior Feminino	50:45	+20:09	05:05
374	124	Rui Tomás	ccd crédito agrícola mútuo	Veterano M45	50:49	+20:13	05:05
375	374	Daniel Francisco Fragoso	individual	Veterano M40	50:51	+20:15	05:05
376	327	Rui da Cruz Rocha	individual	Senior Masculino	50:51	+20:15	05:05
377	21	ANA CAROLINA MATIAS	ac vermoil	Senior Feminino	50:55	+20:19	05:06
378	147	Alberto Vinagre	clube desportivo moitense	Veterano M55	50:56	+20:20	05:06
379	440	SANDRA SIMÕES	industrial desportivo vieirense	Veterana F40	50:59	+20:23	05:06
380	38	ALFREDO SANTOS	ac vermoil	Veterano M60	51:00	+20:24	05:06
381	80	Fábio Neto	associação pombal jovem	Senior Masculino	51:18	+20:42	05:08
382	424	Amável Luz	individual	Veterano M55	51:19	+20:42	05:08
383	242	Joel Sousa	good vibes team	Veterano M35	51:21	+20:44	05:08
384	39	LEANDRO SANTOS	ac vermoil	Veterano M60	51:23	+20:47	05:08
385	342	Maria Isabel Trindade	individual	Veterana F40	51:24	+20:48	05:08
386	318	Patrick Pinto	individual	Senior Masculino	51:42	+21:06	05:10
387	130	Rui Ventura	ccrd burinhosa	Veterano M55	51:43	+21:07	05:10
388	37	EUGÉNIO MENDES	ac vermoil	Veterano M55	51:47	+21:11	05:11
389	420	Ricardo Rocha	individual	Veterano M50	51:47	+21:11	05:11
390	63	Nelson Marques	acrm silveirinha grande claras	Veterano M40	51:49	+21:13	05:11
391	315	Nelson Miguel Ferreira Pedro	individual	Senior Masculino	51:54	+21:18	05:11
392	438	CLARA MIGUEL	industrial desportivo vieirense	Veterana F40	52:01	+21:25	05:12
393	500	Carlos Brandão	peregrinos de coimbra b	Veterano M55	52:08	+21:32	05:13
394	215	Tiago Parafita	fullprotein	Senior Masculino	52:10	+21:34	05:13
395	185	Cristiano Neves	cscrfcharneca	Senior Masculino	52:13	+21:37	05:13

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
396	287	Catarina Pimpao	individual	Senior Feminino	52:17	+21:41	05:14
397	216	Carlos Ribeiro	fullprotein	Veterano M35	52:23	+21:47	05:14
398	368	Nuno Ramos	individual	Veterano M35	52:32	+21:56	05:15
399	113	Bruno Lima	ccd crédito agrícola mútuo	Senior Masculino	52:48	+22:12	05:17
400	355	Francisco Sousa	individual	Veterano M35	52:50	+22:14	05:17
401	534	Vitor Gariso	soure mov	Veterano M50	53:11	+22:35	05:19
402	133	Ana Pinto	cdbbr clube desportivo do bombarral	Senior Feminino	53:20	+22:44	05:20
403	390	PEDRO NATARIO	individual	Veterano M40	53:26	+22:50	05:21
404	188	Virginia Sintra	cscrfcharneca	Veterana F35	53:27	+22:50	05:21
405	60	Gabriela Carraco	acrm silveirinha grande claras	Veterana F35	53:33	+22:57	05:21
406	121	João Rodrigues	ccd crédito agrícola mútuo	Veterano M45	53:40	+23:03	05:22
407	253	Anabela Fernandes	grupo alegre unido bajouca	Veterana F40	53:46	+23:10	05:23
408	24	ELSA SOARES	ac vermoil	Veterana F35	53:46	+23:10	05:23
409	566	Marcio Miguel	xoke team	Senior Masculino	53:53	+23:16	05:23
410	361	Jorge silva	individual	Veterano M35	53:53	+23:17	05:23
411	76	Pedro Martins	asas nos pés	Senior Masculino	53:55	+23:19	05:24
412	442	SÓNIA FARTO	industrial desportivo vieirense	Veterana F40	53:57	+23:21	05:24
413	567	Tiago Miguel	xoke team	Senior Masculino	54:02	+23:26	05:24
414	568	Orlando Anfilóquio	xoke team	Veterano M40	54:03	+23:27	05:24
415	385	Miguel Sanches	individual	Veterano M40	54:16	+23:40	05:26
416	186	Nicolau Ferreira	cscrfcharneca	Senior Masculino	54:19	+23:43	05:26
417	255	Rosa Henriques	grupo alegre unido bajouca	Veterana F40	54:38	+24:01	05:28
418	347	Sílvia Pinto dos Santos	individual	Veterana F40	54:38	+24:02	05:28
419	344	Rita Garcia Dias	juventude vidigalense	Veterana F40	54:42	+24:06	05:28
420	293	Sofia marques vieira	individual	Senior Feminino	54:42	+24:06	05:28
421	425	António Manuel Marques Carreira	individual	Veterano M55	54:54	+24:18	05:29
422	120	Filipe Simões	ccd crédito agrícola mútuo	Veterano M45	54:54	+24:18	05:29
423	110	Catarina Palmeiro	cbrunning team	Veterana F35	54:56	+24:20	05:30
424	525	Natália Mendes	slow runners pombal	Veterana F40	54:57	+24:21	05:30
425	69	Lucidio Dias	acrm silveirinha grande claras	Veterano M60	54:59	+24:22	05:30
426	432	JOSE LEBR GRACIO	individual	Veterano M60	55:12	+24:36	05:31
427	218	Pedro Gonçalves	fullprotein	Veterano M35	55:16	+24:39	05:32
428	116	Gonçalo Freitas	ccd crédito agrícola mútuo	Veterano M35	55:17	+24:41	05:32
429	177	Avelino Fernandes	cpr. a-do-barbas	Veterano M45	55:17	+24:41	05:32
430	400	Diogo Lopes	individual	Veterano M45	55:22	+24:46	05:32
431	211	Jorge Eduardo Vieira da Silva	etap	Veterano M45	55:25	+24:48	05:33
432	358	Ivónio Martins	individual	Veterano M35	55:27	+24:51	05:33
433	194	Pascoal Oliveira	cscrfcharneca	Veterano M45	55:31	+24:55	05:33
434	282	Rafael Bronze	grupo maravilha	Veterano M40	55:33	+24:57	05:33
435	530	Diogo Vieira	sonato	Veterano M35	55:43	+25:07	05:34
436	370	Pedro pimpao	individual	Veterano M35	56:11	+25:35	05:37
437	20	ADRIANA COSTA	ac vermoil	Senior Feminino	56:17	+25:41	05:38
438	160	Domingos Lavinha	clube desportivo ribeirense	Veterano M60	56:18	+25:42	05:38
439	371	Pedro Ribeiro	individual	Veterano M35	56:19	+25:42	05:38
440	239	Lúcia Gil	good vibes team	Senior Feminino	56:25	+25:49	05:39

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
441	476	MANUELA SILVA	move up team	Senior Feminino	56:39	+26:03	05:40
442	464	Maria Albertina Vieira da Silva	juventude vidigalense	Veterana F40	56:41	+26:05	05:40
443	362	José David Fernandes	individual	Veterano M35	56:48	+26:12	05:41
444	8	João Lima	4 ao km	Veterano M55	56:52	+26:16	05:41
445	210	João Paulo Santos Lopes	etap	Veterano M40	57:00	+26:24	05:42
446	441	SILVÍA LAVOS	industrial desportivo vieirense	Veterana F40	57:00	+26:24	05:42
447	310	Luís Gameiro	individual	Senior Masculino	57:36	+27:00	05:46
448	563	José Santos	xoke team	Veterano M45	57:48	+27:12	05:47
449	562	Ricardo Ferrira	xoke team	Veterano M40	57:48	+27:12	05:47
450	254	Célia Arneiro	grupo alegre unido bajouca	Veterana F40	57:51	+27:15	05:47
451	471	Nuno Espirito Santo	lisbon moonlight runners	Veterano M45	57:55	+27:19	05:48
452	7	Sandra Martins	4 ao km	Veterana F40	57:55	+27:19	05:48
453	541	MANUEL SEQUEIRA	talentos team	Veterano M60	57:57	+27:20	05:48
454	283	Célia Maria Conceição Dias	hf treinamento assessoria desportiva	Veterana F40	57:59	+27:23	05:48
455	284	Bruno Miguel Fernandes Pinto	hf treinamento assessoria desportiva	Veterano M40	57:59	+27:23	05:48
456	338	Cláudia Mota	individual	Veterana F40	58:10	+27:34	05:49
457	49	MARCO FILIPE	acbatalha	Veterano M40	59:14	+28:38	05:55
458	510	André Filipe Marques Gomes	ratatui team	Veterano M35	59:23	+28:47	05:56
459	535	Santos Mota	soure mov	Veterano M60	59:23	+28:47	05:56
460	325	Rodrigo Luis	individual	Senior Masculino	59:24	+28:48	05:56
461	335	Nélia Antunes	individual	Veterana F35	59:55	+29:19	06:00
462	354	Elton Fernandes	individual	Veterano M35	01:00:06	+29:30	06:01
463	337	Catarina Costa	individual	Veterana F40	01:00:13	+29:36	06:01
464	524	Silvia Domingues	slow runners pombal	Veterana F35	01:00:14	+29:38	06:01
465	426	Fernando Maia	individual	Veterano M55	01:00:15	+29:38	06:02
466	195	Arlindo Oliveira	cscrfcharneca	Veterano M50	01:00:21	+29:45	06:02
467	523	Andreia Major	slow runners pombal	Senior Feminino	01:00:43	+30:06	06:04
468	528	Pedro Moreira	slow runners pombal	Veterano M35	01:00:45	+30:09	06:05
469	334	Dorien Gomes Santos	individual	Veterana F35	01:00:52	+30:16	06:05
470	340	Gameiro	individual	Veterana F40	01:00:52	+30:16	06:05
471	298	Daniel da Silva Mota	individual	Senior Masculino	01:00:55	+30:19	06:06
472	286	Catarina Costa Rodrigues	individual	Senior Feminino	01:01:07	+30:31	06:07
473	61	Ondina Leal	acrm silveirinha grande claras	Veterana F40	01:01:24	+30:48	06:08
474	375	David Fernandes	individual	Veterano M40	01:01:26	+30:50	06:09
475	78	Sara Gonçalves das Neves	associação pombal jovem	Senior Feminino	01:01:56	+31:20	06:12
476	465	Maria do Rosário Santos Barros	juventude vidigalense	Veterana F40	01:02:18	+31:42	06:14
477	348	Susan Rowling	individual	Veterana F40	01:02:18	+31:42	06:14
478	508	Mónica Quarenta	quarentas	Veterana F40	01:02:19	+31:43	06:14
479	579	Neves de Matos	individual	Veterano M50	01:02:38	+32:02	06:16
480	313	Marco Simões	individual	Senior Masculino	01:03:47	+33:11	06:23
481	564	Fernando Gomes	xoke team	Senior Masculino	01:04:15	+33:39	06:26
482	74	Carina	asas nos pés	Senior Feminino	01:04:53	+34:17	06:29
483	6	Nuno Marques	100 kedas	Veterano M35	01:05:18	+34:42	06:32
484	91	Ana Homem	c.a.s.p.a.(clube amador só para atletismo)	Veterana F40	01:05:20	+34:44	06:32

PROVA PRINCIPAL - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
485	92	Fernando Homem	c.a.s.p.a.(clube amador só para atletismo)	Veterano M40	01:05:20	+34:44	06:32
486	281	Hélia Gil	grupo maravilha	Veterana F35	01:06:52	+36:16	06:41
487	279	João Pedro da Silva Dâmaso	grupo maravilha	Senior Masculino	01:06:52	+36:16	06:41
488	341	HELENA MARQUES	individual	Veterana F40	01:07:25	+36:49	06:45
489	285	Ana Sofia Barreira	individual	Senior Feminino	01:07:30	+36:54	06:45
490	316	Nuno Carrasqueira	individual	Senior Masculino	01:08:49	+38:13	06:53
491	241	Patricia Mendes	good vibes team	Senior Feminino	01:09:04	+38:28	06:54
492	240	Mariana Ruas	good vibes team	Senior Feminino	01:09:06	+38:29	06:55
493	126	Pedro Sérgio	ccd crédito agrícola mútuo	Veterano M50	01:14:35	+43:58	07:28
494	292	Melissa Leitão	individual	Senior Feminino	01:20:10	+49:34	08:01
495	288	Cristina Lourenço	individual	Senior Feminino	01:20:22	+49:46	08:02
496	414	Arlindo Rodrigues	individual	Veterano M50	01:20:23	+49:47	08:02

lap2go TIMING SOLUTION

Prova do Bodo 2018
Pombal, PT
28-July-2018

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	19:00	22ºC	73%
End	20:49	22ºC	73%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	513	Emilia Pisoeiro	RECREIO DESPORTIVO DE ÁGUEDA	Senior Feminino	34:41	+04:05	03:28
2	518	Susana Godinho	SCP	Senior Feminino	35:35	+04:59	03:34
3	462	Sandra Protásio	J.O.M.A. - Juventude Operária do Monte Abraão	Senior Feminino	37:19	+06:43	03:44
4	88	Olga serbyn	Atletismo Clube de Fátima	Senior Feminino	38:25	+07:49	03:51
5	13	Margarida Dionísio	A.C.R.S.Desterro-Napo	Senior Feminino	38:37	+08:01	03:52
6	545	Alexandra Oliveira	União Clube Eirense	Senior Feminino	38:56	+08:20	03:54
7	294	Vera Rita Ferreira Portela	Club Sport Marítimo	Senior Feminino	44:41	+14:05	04:28
8	244	Joana Fialho Paulo	GRF Benedita - Atletismo	Senior Feminino	44:44	+14:08	04:28
9	267	Mariana Silva	Grupo de Atletismo de Fátima	Senior Feminino	45:01	+14:25	04:30
10	205	Maria Pereira	Escola de Atletismo de Coimbra/JPaiva	Senior Feminino	45:59	+15:23	04:36
11	474	Sara Pedrosa	Montanha Clube Trail Running / EFAPEL	Senior Feminino	46:14	+15:38	04:37
12	291	Joana Soares Taneco	Individual	Senior Feminino	46:15	+15:39	04:38
13	40	RAFAELA MOREIRA	ACBATALHA	Senior Feminino	49:13	+18:37	04:55
14	289	Inês Santos	Individual	Senior Feminino	50:14	+19:38	05:01
15	434	ADRIANA COELHO	INDUSTRIAL DESPORTIVO VIEIRENSE	Senior Feminino	50:36	+20:00	05:04
16	79	Vânia Patrícia da Silva Leal	Associação Pombal Jovem	Senior Feminino	50:45	+20:09	05:05
17	21	ANA CAROLINA MATIAS	AC VERMOIL	Senior Feminino	50:55	+20:19	05:06
18	287	Catarina Pimpao	Individual	Senior Feminino	52:17	+21:41	05:14
19	133	Ana Pinto	CDBBR Clube Desportivo do Bombarral	Senior Feminino	53:20	+22:44	05:20
20	293	Sofia marques vieira	Individual	Senior Feminino	54:42	+24:06	05:28
21	20	ADRIANA COSTA	AC VERMOIL	Senior Feminino	56:17	+25:41	05:38
22	239	Lúcia Gil	Good Vibes Team	Senior Feminino	56:25	+25:49	05:39
23	476	MANUELA SILVA	MOVE UP TEAM	Senior Feminino	56:39	+26:03	05:40
24	523	Andreia Major	Slow Runners Pombal	Senior Feminino	01:00:43	+30:06	06:04
25	286	Catarina Costa Rodrigues	Individual	Senior Feminino	01:01:07	+30:31	06:07
26	78	Sara Gonçalves das Neves	Associação Pombal Jovem	Senior Feminino	01:01:56	+31:20	06:12
27	74	Carina	Asas nos Pés	Senior Feminino	01:04:53	+34:17	06:29
28	285	Ana Sofia Barreira	Individual	Senior Feminino	01:07:30	+36:54	06:45
29	241	Patricia Mendes	Good Vibes Team	Senior Feminino	01:09:04	+38:28	06:54
30	240	Mariana Ruas	Good Vibes Team	Senior Feminino	01:09:06	+38:29	06:55
31	292	Melissa Leitão	Individual	Senior Feminino	01:20:10	+49:34	08:01
32	288	Cristina Lourenço	Individual	Senior Feminino	01:20:22	+49:46	08:02

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Senior Masculino

1	594	Helder Santos	SCP	Senior Masculino	30:36		03:04
2	561	Andelalilo Frutado	Individual	Senior Masculino	30:43	+00:07	03:04
3	538	Hugo Correia	Sporting Clube de Portugal	Senior Masculino	30:56	+00:20	03:06
4	520	Nuno Lopes	SCP	Senior Masculino	30:59	+00:23	03:06
5	19	Filipe Miguel Antunes Rosa	A.D.R Águas Belas	Senior Masculino	31:00	+00:24	03:06
6	303	Francisco Rodrigues Rodrigues	SPORTING CLUBE BRAGA	Senior Masculino	31:52	+01:15	03:11
7	297	Bruno Paixao	Individual	Senior Masculino	32:11	+01:35	03:13
8	14	Abílio Gonçalves	A.C.R.S.Desterro-Napo	Senior Masculino	32:33	+01:56	03:15
9	16	Tiago Madureira	A.C.R.S.Desterro-Napo	Senior Masculino	33:16	+02:40	03:20
10	546	Fábio Abrantes	União Clube Eirense	Senior Masculino	33:17	+02:41	03:20
11	223	André Reis	G.A.Caranguejeira	Senior Masculino	33:24	+02:48	03:20
12	548	José Sousa	União Clube Eirense	Senior Masculino	33:34	+02:57	03:21
13	106	TIAGO NUNO	CASA DO BENFICA EM ABRANTES	Senior Masculino	33:36	+03:00	03:22
14	99	Tiago Manuel Gomes Godinho	Caracol Trail Team	Senior Masculino	34:13	+03:37	03:25
15	272	Rui alves	Grupo Desportivo São Paio de Oleiros	Senior Masculino	34:17	+03:40	03:26
16	54	Tiago Valério	ACPortalegre/UTSM	Senior Masculino	34:31	+03:54	03:27
17	226	Valter Costa	G.A.Caranguejeira	Senior Masculino	34:37	+04:01	03:28
18	478	Vasco David Antunes Rosa	Núcleo sporting de Torres Novas	Senior Masculino	34:44	+04:07	03:28
19	489	Vítor Pleno	Peregrinos de Coimbra A	Senior Masculino	35:01	+04:25	03:30
20	246	Guilherme Lourenço	GRF Benedita - Atletismo	Senior Masculino	35:05	+04:29	03:31
21	549	Telmo Nascimento	União Clube Eirense	Senior Masculino	35:13	+04:37	03:31
22	487	André Ferreira	Peregrinos de Coimbra A	Senior Masculino	35:27	+04:51	03:33
23	206	Vasco Pereira	Escola de Atletismo de Coimbra/JPaiva	Senior Masculino	35:29	+04:53	03:33
24	71	Sérgio Paiva	AFIS/OVAR	Senior Masculino	35:34	+04:58	03:33
25	15	João Toscano	A.C.R.S.Desterro-Napo	Senior Masculino	35:45	+05:09	03:35
26	180	Ricardo Henriques	CR AMIEIRINHENSE	Senior Masculino	35:47	+05:11	03:35
27	136	Emanuel Cardoso	CLUBE ATLETISMO DE MARINHA GRANDE	Senior Masculino	35:52	+05:16	03:35
28	265	Ricardo Carreira	Grupo de atletismo da Caranguejeira	Senior Masculino	35:52	+05:16	03:35
29	224	Hugo Duarte	G.A.Caranguejeira	Senior Masculino	36:28	+05:51	03:39
30	270	Hélder robalinho	Grupo Desportivo São Paio de Oleiros	Senior Masculino	37:19	+06:43	03:44
31	200	Ricardo Santos	DCI/Pedrulha-Mealhada	Senior Masculino	37:31	+06:55	03:45
32	22	AMILCAR BRITO	AC VERMOIL	Senior Masculino	37:35	+06:59	03:46
33	87	Tiago Duarte	Atletismo Clube da Tocha	Senior Masculino	37:41	+07:04	03:46
34	517	Claudio Bica	SCD Glória do Ribatejo	Senior Masculino	37:56	+07:20	03:48
35	437	PETRO PASKAR	INDUSTRIAL DESPORTIVO VIEIRENSE	Senior Masculino	37:57	+07:21	03:48
36	128	Tiago Tomas	CCRD Burinhosa	Senior Masculino	38:16	+07:40	03:50
37	182	Duarte Cruz	CSCD Norte e Soure	Senior Masculino	38:26	+07:49	03:51
38	42	RUI LUCAS	ACBATALHA	Senior Masculino	38:51	+08:15	03:53
39	245	Dinis Pedro almeida	GRF Benedita - Atletismo	Senior Masculino	38:56	+08:20	03:54

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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40	81	Filipe Rodrigues	Associação Pombal Jovem	Senior Masculino	39:08	+08:32	03:55
41	461	Hugo Verissimo	Ingleses Futebol Clube	Senior Masculino	39:11	+08:35	03:55
42	172	João Carmo	CPR. A-do-Barbas	Senior Masculino	39:15	+08:39	03:56
43	248	Patrick Lourenço Inácio	GRF Benedita - Atletismo	Senior Masculino	39:17	+08:41	03:56
44	488	Carlos Gonçalves	Peregrinos de Coimbra A	Senior Masculino	40:11	+09:35	04:01
45	41	FÁBIO SILVA	ACBATALHA	Senior Masculino	40:14	+09:38	04:01
46	59	Ricardo Nunes	ACRM Silveirinha Grande Claras	Senior Masculino	40:22	+09:46	04:02
47	472	Jorge Henriques	Lourival Bike Team	Senior Masculino	40:28	+09:52	04:03
48	247	Luis Carlos Rrodrigues da Silva	GRF Benedita - Atletismo	Senior Masculino	40:33	+09:57	04:03
49	280	Ricardo Lopes	Grupo Maravilha	Senior Masculino	40:37	+10:01	04:04
50	225	Ilidio Dias	G.A.Caranguejeira	Senior Masculino	41:10	+10:34	04:07
51	212	João Malheiro	Fonte Nova Runners	Senior Masculino	41:23	+10:47	04:08
52	142	Rafael Pinto	Clube Desportivo Moitense	Senior Masculino	41:39	+11:03	04:10
53	197	João Costa	Dá-lhe Gás team	Senior Masculino	41:57	+11:21	04:12
54	104	João Carlos Balças da Silva	CASA DO BENFICA CONDEIXA	Senior Masculino	42:38	+12:02	04:16
55	435	ALÉXIS ROCHA	INDUSTRIAL DESPORTIVO VIEIRENSE	Senior Masculino	42:51	+12:15	04:17
56	252	Tiago Pedrosa	Grupo Alegre Unido Bajouca	Senior Masculino	43:38	+13:02	04:22
57	305	João Barradas	Individual	Senior Masculino	43:47	+13:11	04:23
58	331	Tome Pereira	Individual	Senior Masculino	44:05	+13:29	04:25
59	302	Emmanuel Mendes	Individual	Senior Masculino	44:25	+13:49	04:27
60	311	Manuel Fernandes	Fonte Nova Runners	Senior Masculino	44:26	+13:50	04:27
61	577	Alexandre Abreu	Individual	Senior Masculino	44:34	+13:58	04:27
62	58	Joel Santos	ACRM Silveirinha Grande Claras	Senior Masculino	44:38	+14:02	04:28
63	86	Nuno Almeida	Atletismo Clube da Tocha	Senior Masculino	45:00	+14:24	04:30
64	308	Lino silva	Individual	Senior Masculino	45:13	+14:37	04:31
65	112	André Lopes	CCD Crédito Agrícola Mútuo	Senior Masculino	45:23	+14:47	04:32
66	323	Rodrigo Gaspar Costa	Individual	Senior Masculino	45:26	+14:50	04:33
67	436	MIGUEL COELHO	INDUSTRIAL DESPORTIVO VIEIRENSE	Senior Masculino	45:35	+14:58	04:34
68	569	Rafael Silva	XOKE TEAM	Senior Masculino	45:44	+15:08	04:34
69	565	Gilberto Rebordãos	XOKE TEAM	Senior Masculino	45:56	+15:19	04:36
70	82	João Pedro Silva Gaspar	Associação Pombal Jovem	Senior Masculino	46:02	+15:26	04:36
71	83	Marco Mendes	Associação Pombal Jovem	Senior Masculino	46:25	+15:48	04:39
72	547	Fábio Marques	União Clube Eirense	Senior Masculino	46:25	+15:49	04:39
73	326	Rúben Manuel Alexandre Baeta	Individual	Senior Masculino	46:26	+15:50	04:39
74	304	Gonçalo Silva Nunes	Individual	Senior Masculino	46:33	+15:57	04:39
75	57	João Pedro	ACRM Silveirinha Grande Claras	Senior Masculino	46:48	+16:12	04:41
76	301	Diogo Silva	Individual	Senior Masculino	47:23	+16:47	04:44
77	306	Joni Daniel Domingues Correia	Individual	Senior Masculino	47:34	+16:58	04:45
78	309	Ludwig LOPES	Individual	Senior Masculino	47:43	+17:07	04:46
79	320	Pedro Marques	Individual	Senior Masculino	47:45	+17:08	04:47
80	114	Jorge Honório	CCD Crédito Agrícola Mútuo	Senior Masculino	47:56	+17:19	04:48
81	187	Rui Neves	cscrfcharneca	Senior Masculino	48:14	+17:38	04:49
82	141	João Branco	Clube Desportivo Moitense	Senior Masculino	48:56	+18:20	04:54
83	329	Tiago Andrade	Individual	Senior Masculino	48:59	+18:23	04:54
84	542	Daniel Delgado	Twopikas	Senior Masculino	49:11	+18:35	04:55

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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85	84	Tiago Silva Rodrigues	Associação Pombal Jovem	Senior Masculino	49:25	+18:49	04:57
86	328	Sergio Abreu	Individual	Senior Masculino	49:50	+19:14	04:59
87	324	Rodrigo Leal	Individual	Senior Masculino	49:56	+19:20	05:00
88	209	Nuno Rafael Alves Marques	ETAP	Senior Masculino	50:05	+19:29	05:01
89	307	José Afonso	Individual	Senior Masculino	50:08	+19:32	05:01
90	295	André Rosário	Individual	Senior Masculino	50:31	+19:55	05:03
91	327	Rui da Cruz Rocha	Individual	Senior Masculino	50:51	+20:15	05:05
92	80	Fábio Neto	Associação Pombal Jovem	Senior Masculino	51:18	+20:42	05:08
93	318	Patrick Pinto	Individual	Senior Masculino	51:42	+21:06	05:10
94	315	Nelson Miguel Ferreira Pedro	Individual	Senior Masculino	51:54	+21:18	05:11
95	215	Tiago Parafita	Fullprotein	Senior Masculino	52:10	+21:34	05:13
96	185	Cristiano Neves	cscrfcharneca	Senior Masculino	52:13	+21:37	05:13
97	113	Bruno Lima	CCD Crédito Agrícola Mútuo	Senior Masculino	52:48	+22:12	05:17
98	566	Marcio Miguel	XOKE TEAM	Senior Masculino	53:53	+23:16	05:23
99	76	Pedro Martins	Asas nos Pés	Senior Masculino	53:55	+23:19	05:24
100	567	Tiago Miguel	XOKE TEAM	Senior Masculino	54:02	+23:26	05:24
101	186	Nicolau Ferreira	cscrfcharneca	Senior Masculino	54:19	+23:43	05:26
102	310	Luís Gameiro	Individual	Senior Masculino	57:36	+27:00	05:46
103	325	Rodrigo Luis	Individual	Senior Masculino	59:24	+28:48	05:56
104	298	Daniel da Silva Mota	Individual	Senior Masculino	01:00:55	+30:19	06:06
105	313	Marco Simões	Individual	Senior Masculino	01:03:47	+33:11	06:23
106	564	Fernando Gomes	XOKE TEAM	Senior Masculino	01:04:15	+33:39	06:26
107	279	João Pedro da Silva Dâmaso	Grupo Maravilha	Senior Masculino	01:06:52	+36:16	06:41
108	316	Nuno Carrasqueira	Individual	Senior Masculino	01:08:49	+38:13	06:53

Veterana F35

1	514	Marisa Barros	Salgueiros	Veterana F35	36:06	+05:29	03:37
2	463	Alexandra Sousa	J.O.M.A. - Juventude Operária do Monte Abraão	Veterana F35	39:34	+08:58	03:57
3	107	FILIPA MOUTINHO	CASA DO BENFICA EM ABRANTES	Veterana F35	42:20	+11:44	04:14
4	25	LILIANA NEVES	AC VERMOIL	Veterana F35	42:57	+12:21	04:18
5	23	BLANDINA LOURENÇO	AC VERMOIL	Veterana F35	44:36	+14:00	04:28
6	333	Claudia Torres	Individual	Veterana F35	45:55	+15:19	04:36
7	161	CARLA CANTANTE	Clube SEM	Veterana F35	47:39	+17:03	04:46
8	72	Paula Valente	Ansibikers	Veterana F35	50:07	+19:30	05:01
9	214	Raquel Matias	Formobike btt&trail running	Veterana F35	50:31	+19:55	05:03
10	188	Virginia Sintra	cscrfcharneca	Veterana F35	53:27	+22:50	05:21
11	60	Gabriela Carraco	ACRM Silveirinha Grande Claras	Veterana F35	53:33	+22:57	05:21
12	24	ELSA SOARES	AC VERMOIL	Veterana F35	53:46	+23:10	05:23
13	110	Catarina Palmeiro	CBrunning Team	Veterana F35	54:56	+24:20	05:30
14	335	Nélia Antunes	Individual	Veterana F35	59:55	+29:19	06:00
15	524	Silvia Domingues	Slow Runners Pombal	Veterana F35	01:00:14	+29:38	06:01
16	334	Dorien Gomes Santos	Individual	Veterana F35	01:00:52	+30:16	06:05
17	281	Hélia Gil	Grupo Maravilha	Veterana F35	01:06:52	+36:16	06:41

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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Veterana F40

1	540	Sandra Teixeira	Sporting Clube de Portugal	Veterana F40	38:26	+07:50	03:51
2	100	Tetyana Vakulyuk	Caracol Trail Team	Veterana F40	40:14	+09:38	04:01
3	243	Vanda Ribeiro	Grecas	Veterana F40	41:16	+10:40	04:08
4	227	Dulcinia Silva	G.A.Caranguejeira	Veterana F40	42:50	+12:14	04:17
5	162	CARLA LEITE	Clube SEM	Veterana F40	45:45	+15:09	04:35
6	17	Helena Mourão	A.C.R.S.Desterro-Napo	Veterana F40	46:01	+15:25	04:36
7	552	Carolina Feliz	UNIÃO FCI DE TOMAR	Veterana F40	46:26	+15:50	04:39
8	572	Elizabete da Silva Leal	Individual	Veterana F40	46:34	+15:58	04:39
9	43	SOFIA LIGEIRO	ACBATALHA	Veterana F40	47:15	+16:39	04:44
10	570	Eugenie Neves de Matos	Individual	Veterana F40	47:55	+17:19	04:48
11	467	Sandra Faustino	Juventude Vidigalense	Veterana F40	49:01	+18:25	04:54
12	346	Sara Domingues	Individual	Veterana F40	49:12	+18:36	04:55
13	343	Marlene Oliveira	Individual	Veterana F40	49:14	+18:38	04:55
14	339	Emanuela Jesus Simoes	Individual	Veterana F40	50:09	+19:33	05:01
15	439	HELENA HENRIQUES	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterana F40	50:39	+20:03	05:04
16	440	SANDRA SIMÕES	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterana F40	50:59	+20:23	05:06
17	342	Maria Isabel Trindade	Individual	Veterana F40	51:24	+20:48	05:08
18	438	CLARA MIGUEL	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterana F40	52:01	+21:25	05:12
19	253	Anabela Fernandes	Grupo Alegre Unido Bajouca	Veterana F40	53:46	+23:10	05:23
20	442	SÓNIA FARTO	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterana F40	53:57	+23:21	05:24
21	255	Rosa Henriques	Grupo Alegre Unido Bajouca	Veterana F40	54:38	+24:01	05:28
22	347	Sílvia Pinto dos Santos	Individual	Veterana F40	54:38	+24:02	05:28
23	344	Rita Garcia Dias	Juventude Vidigalense	Veterana F40	54:42	+24:06	05:28
24	525	Natália Mendes	Slow Runners Pombal	Veterana F40	54:57	+24:21	05:30
25	464	Maria Albertina Vieira da Silva	Juventude Vidigalense	Veterana F40	56:41	+26:05	05:40
26	441	SILVÍA LAVOS	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterana F40	57:00	+26:24	05:42
27	254	Célia Arneiro	Grupo Alegre Unido Bajouca	Veterana F40	57:51	+27:15	05:47
28	7	Sandra Martins	4 ao Km	Veterana F40	57:55	+27:19	05:48
29	283	Célia Maria Conceição Dias	HF Treinamento Assessoria Desportiva	Veterana F40	57:59	+27:23	05:48
30	338	Cláudia Mota	Individual	Veterana F40	58:10	+27:34	05:49
31	337	Catarina Costa	Individual	Veterana F40	01:00:13	+29:36	06:01
32	340	Gameiro	Individual	Veterana F40	01:00:52	+30:16	06:05
33	61	Ondina Leal	ACRM Silveirinha Grande Claras	Veterana F40	01:01:24	+30:48	06:08
34	465	Maria do Rosário Santos Barros	Juventude Vidigalense	Veterana F40	01:02:18	+31:42	06:14
35	348	Susan Rowling	Individual	Veterana F40	01:02:18	+31:42	06:14
36	508	Mónica Quarenta	Quarentas	Veterana F40	01:02:19	+31:43	06:14
37	91	Ana Homem	C.A.S.P.A.(Clube Amador Só Para Atletismo)	Veterana F40	01:05:20	+34:44	06:32
38	341	HELENA MARQUES	Individual	Veterana F40	01:07:25	+36:49	06:45

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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Veterano M35

1	473	Vitor Oliveira	Maia AC	Veterano M35	31:19	+00:43	03:08
2	132	Pedro Cruz	CD São Salvador do Campo	Veterano M35	31:24	+00:48	03:08
3	134	Tiago Marques	CENTRO ATLETISMO SEIA	Veterano M35	32:04	+01:28	03:12
4	229	Nuno Casalinho	G.A.Caranguejeira	Veterano M35	35:40	+05:04	03:34
5	350	Bruno Filipe	Individual	Veterano M35	36:39	+06:03	03:40
6	359	Joel Couto	Individual	Veterano M35	36:42	+06:05	03:40
7	138	Marco Paulo Estêvão Franco	Clube de Atletismo de Ferreira do Zêzere	Veterano M35	37:39	+07:02	03:46
8	490	Luís Rodrigues	Peregrinos de Coimbra A	Veterano M35	37:55	+07:18	03:48
9	481	Ricardo Santos	Olímpico de Oeiras	Veterano M35	38:25	+07:49	03:51
10	118	Miguel Gonçalves	CCD Crédito Agrícola Mútuo	Veterano M35	38:40	+08:04	03:52
11	228	Luis Gomes	G.A.Caranguejeira	Veterano M35	39:03	+08:26	03:54
12	213	Henrique Fernandes	Fonte Nova Runners	Veterano M35	39:52	+09:16	03:59
13	163	ANDRÉ FALCÃO	Clube SEM	Veterano M35	39:54	+09:18	03:59
14	45	HUGO HORTA	ACBATALHA	Veterano M35	39:59	+09:23	04:00
15	477	Luis Semedo	Núcleo de Oeiras	Veterano M35	41:00	+10:24	04:06
16	352	Daniel Santos Gaspar	Individual	Veterano M35	41:28	+10:52	04:09
17	12	Rui João	A. R. Meirinhas	Veterano M35	42:15	+11:38	04:14
18	560	António Cordeiro	Individual	Veterano M35	42:28	+11:52	04:15
19	559	Rui Pereira	Vilaventura - Trail Running Team	Veterano M35	42:30	+11:54	04:15
20	256	Hugo Barqueiro	Grupo Alegre Unido Bajouca	Veterano M35	42:37	+12:01	04:16
21	27	HELDER MIRANDA	AC VERMOIL	Veterano M35	42:52	+12:16	04:17
22	53	MÁRCIO RODRIGUES	ACDRS QUINHENDROS	Veterano M35	43:14	+12:38	04:19
23	62	Edgar Gomes	ACRM Silveirinha Grande Claras	Veterano M35	43:23	+12:47	04:20
24	44	FREDERICO CARREIRA	ACBATALHA	Veterano M35	43:38	+13:02	04:22
25	98	Carlos França	CAD A CORRER	Veterano M35	43:46	+13:10	04:23
26	166	DIOGO FERREIRA	CLUBE VETERANOS DO LIS	Veterano M35	43:54	+13:18	04:23
27	153	Pedro Beato	Clube Desportivo Ribeirense	Veterano M35	44:02	+13:26	04:24
28	366	Nuno Alexandre Duarte da Mota	Individual	Veterano M35	44:30	+13:53	04:27
29	531	Paulo Santos Silva	Sonato	Veterano M35	44:44	+14:07	04:28
30	10	Gonçalo Ferreira	A. R. Meirinhas	Veterano M35	45:25	+14:49	04:33
31	5	Filipe Silva	10 pés	Veterano M35	45:31	+14:54	04:33
32	357	Hugo Dias	Individual	Veterano M35	45:37	+15:01	04:34
33	363	Marco Afonso	Individual	Veterano M35	45:57	+15:21	04:36
34	189	Helder Martins	cscrfcharneca	Veterano M35	46:22	+15:45	04:38
35	511	António Manuel Ferreira Mendes	Ratatui Team	Veterano M35	46:24	+15:48	04:38
36	365	Nelson Manuel Ferreira Gomes	Individual	Veterano M35	46:28	+15:52	04:39
37	11	Ricardo Ruas	A. R. Meirinhas	Veterano M35	47:05	+16:29	04:43
38	532	Renato Lopes Carvalho	Sonato	Veterano M35	47:21	+16:44	04:44
39	117	Hugo Marouvo	CCD Crédito Agrícola Mútuo	Veterano M35	47:30	+16:54	04:45
40	527	Leonardo Araujo	Slow Runners Pombal	Veterano M35	47:42	+17:06	04:46
41	558	Bruno Alexandre da Silva Cordeiro	Vens ou Ficas?!	Veterano M35	47:43	+17:06	04:46
42	369	Pedro Leitao	Individual	Veterano M35	48:18	+17:42	04:50

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

43	543	Carlos Coelho	Twopikas	Veterano M35	48:26	+17:50	04:51
44	353	Delio pascoal	Individual	Veterano M35	48:29	+17:53	04:51
45	526	André Filipe Mendes Costa	Slow Runners Pombal	Veterano M35	48:33	+17:57	04:51
46	173	Luis Fernandes	CPR. A-do-Barbas	Veterano M35	49:06	+18:30	04:55
47	231	Gil Marques	Gás	Veterano M35	49:31	+18:55	04:57
48	242	Joel Sousa	Good Vibes Team	Veterano M35	51:21	+20:44	05:08
49	216	Carlos Ribeiro	Fullprotein	Veterano M35	52:23	+21:47	05:14
50	368	Nuno Ramos	Individual	Veterano M35	52:32	+21:56	05:15
51	355	Francisco Sousa	Individual	Veterano M35	52:50	+22:14	05:17
52	361	Jorge silva	Individual	Veterano M35	53:53	+23:17	05:23
53	218	Pedro Gonçalves	Fullprotein	Veterano M35	55:16	+24:39	05:32
54	116	Gonçalo Freitas	CCD Crédito Agrícola Mútuo	Veterano M35	55:17	+24:41	05:32
55	358	Ivónio Martins	Individual	Veterano M35	55:27	+24:51	05:33
56	530	Diogo Vieira	Sonato	Veterano M35	55:43	+25:07	05:34
57	370	Pedro pimpao	Individual	Veterano M35	56:11	+25:35	05:37
58	371	Pedro Ribeiro	Individual	Veterano M35	56:19	+25:42	05:38
59	362	José David Fernandes	Individual	Veterano M35	56:48	+26:12	05:41
60	510	André Filipe Marques Gomes	Ratatui Team	Veterano M35	59:23	+28:47	05:56
61	354	Elton Fernandes	Individual	Veterano M35	01:00:06	+29:30	06:01
62	528	Pedro Moreira	Slow Runners Pombal	Veterano M35	01:00:45	+30:09	06:05
63	6	Nuno Marques	100 Kedas	Veterano M35	01:05:18	+34:42	06:32

Veterano M40

1	521	Licínio Pimentel	SCP	Veterano M40	30:37	+00:01	03:04
2	268	ARTUR OLIVEIRA RODRIGUES	Grupo Desportivo e Cultural de Guilhovai	Veterano M40	32:14	+01:38	03:13
3	207	João Pereira	Escola de Atletismo de Coimbra/JPaiva	Veterano M40	33:36	+03:00	03:22
4	208	Mário Teixeira	Escola de Atletismo de Coimbra/JPaiva	Veterano M40	34:34	+03:58	03:27
5	492	Rui Lopes	Peregrinos de Coimbra A	Veterano M40	34:44	+04:08	03:29
6	50	NUNO SILVA	ACBATALHA	Veterano M40	35:52	+05:15	03:35
7	491	Carlos Pimenta	Peregrinos de Coimbra A	Veterano M40	36:51	+06:15	03:41
8	102	Tiago Marques	CASA BENFICA CASTELO BRANCO	Veterano M40	37:02	+06:26	03:42
9	515	Manuel Azevedo	são salvador do campo	Veterano M40	37:04	+06:28	03:42
10	381	JOAO PAULO NUNES MAGRO	Casa Benfica Castelo Branco	Veterano M40	37:14	+06:38	03:43
11	32	PEDRO FERREIRA	AC VERMOIL	Veterano M40	37:28	+06:52	03:45
12	30	LICÍNIO CARREIRA	AC VERMOIL	Veterano M40	37:45	+07:09	03:47
13	250	Nuno Santos	GRF Benedita - Atletismo	Veterano M40	37:56	+07:20	03:48
14	274	Avelino Freitas	Grupo Desportivo São Paio de Oleiros	Veterano M40	39:11	+08:35	03:55
15	273	Alcindo dias	Grupo Desportivo São Paio de Oleiros	Veterano M40	39:19	+08:43	03:56
16	249	César José Fonseca Coelho	GRF Benedita - Atletismo	Veterano M40	39:23	+08:46	03:56
17	28	JOAQUIM QUITÉRIO	AC VERMOIL	Veterano M40	39:25	+08:49	03:57
18	119	Nuno Rosa	CCD Crédito Agrícola Mútuo	Veterano M40	40:23	+09:47	04:02

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

19	144	Nuno Jorge	Clube Desportivo Moitense	Veterano M40	40:27	+09:51	04:03
20	47	FRANCISCO BRIGÍDO	ACBATALHA	Veterano M40	40:42	+10:06	04:04
21	156	Miguel Gineto	Clube Desportivo Ribeirense	Veterano M40	41:06	+10:30	04:07
22	220	nuno lopes	G D 3 SANTOS POPULARES	Veterano M40	41:18	+10:42	04:08
23	29	JOSÉ MENDES	AC VERMOIL	Veterano M40	41:18	+10:42	04:08
24	258	Otelo Pereira	Grupo Alegre Unido Bajouca	Veterano M40	41:52	+11:16	04:11
25	129	Dario Cabete	CCRD Burinhosa	Veterano M40	42:05	+11:28	04:13
26	111	Lukas Costa	CBrunning Team	Veterano M40	42:18	+11:42	04:14
27	175	André Veloso	CPR. A-do-Barbas	Veterano M40	42:42	+12:06	04:16
28	94	Daniel Lourenço	CA Barreira	Veterano M40	42:58	+12:22	04:18
29	154	António Palmeira	Clube Desportivo Ribeirense	Veterano M40	43:03	+12:27	04:18
30	46	CASIMIRO GOMES	ACBATALHA	Veterano M40	43:11	+12:35	04:19
31	232	Mário Carvalho	GASOUTOS-Grupo Atlético dos Soutos	Veterano M40	43:17	+12:40	04:20
32	176	Nuno Ferreira	CPR. A-do-Barbas	Veterano M40	43:18	+12:41	04:20
33	393	Ricardo Pedrosa	Individual	Veterano M40	43:18	+12:42	04:20
34	373	Celso carreira fernandes	Individual	Veterano M40	43:35	+12:59	04:22
35	379	HENRIQUE MANUEL SANTOS RODRIGUES	Individual	Veterano M40	43:36	+13:00	04:22
36	157	Nuno Moleano	Clube Desportivo Ribeirense	Veterano M40	44:01	+13:25	04:24
37	497	Rui Figueiredo	Peregrinos de Coimbra B	Veterano M40	44:13	+13:37	04:25
38	443	ABEL DOMINGUES	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M40	44:15	+13:38	04:26
39	155	João Justo	Clube Desportivo Ribeirense	Veterano M40	44:15	+13:39	04:26
40	48	HÉLDER MATOS	ACBATALHA	Veterano M40	44:21	+13:44	04:26
41	382	José Miguel Ferreira Santos	Individual	Veterano M40	44:24	+13:48	04:26
42	257	André Fernandes	Grupo Alegre Unido Bajouca	Veterano M40	44:40	+14:04	04:28
43	251	rafael Lourenço	GRF Benedita - Atletismo	Veterano M40	44:50	+14:14	04:29
44	485	Pedro Ribeiro	osPrimos	Veterano M40	45:48	+15:12	04:35
45	259	Pedro Cabecinhas	Grupo Alegre Unido Bajouca	Veterano M40	46:39	+16:03	04:40
46	484	Beto Oliveira	osPrimos	Veterano M40	47:09	+16:32	04:43
47	190	Miguel Matias	cscrfcharneca	Veterano M40	47:28	+16:52	04:45
48	378	Hélder Filipe Pires	Individual	Veterano M40	47:34	+16:58	04:45
49	105	Virgílio Neto	CASA DO BENFICA CONDEIXA	Veterano M40	47:47	+17:11	04:47
50	383	JUSTINO MANUEL ROSA DA SILVA	Individual	Veterano M40	47:57	+17:21	04:48
51	529	João Monteiro	Slow Runners Pombal	Veterano M40	48:17	+17:41	04:50
52	533	Ricardo Páscoa	Soure Mov	Veterano M40	48:24	+17:48	04:50
53	380	Humberto Oliveira	Individual	Veterano M40	48:39	+18:03	04:52
54	469	Bruno Costa	Leiria Marcha Atlética Clube - LMAC	Veterano M40	48:55	+18:18	04:54
55	387	NUNO ALMEIDA	A.C.R.S.Desterro-Napo	Veterano M40	49:35	+18:59	04:58
56	392	Ricardo Manuel Teixeira de Oliveira	Individual	Veterano M40	49:50	+19:14	04:59
57	374	Daniel Francisco Fragoso	Individual	Veterano M40	50:51	+20:15	05:05
58	63	Nelson Marques	ACRM Silveirinha Grande Claras	Veterano M40	51:49	+21:13	05:11
59	390	PEDRO NATARIO	Individual	Veterano M40	53:26	+22:50	05:21
60	568	Orlando Anfilóquio	XOKE TEAM	Veterano M40	54:03	+23:27	05:24
61	385	Miguel Sanches	Individual	Veterano M40	54:16	+23:40	05:26
62	282	Rafael Bronze	Grupo Maravilha	Veterano M40	55:33	+24:57	05:33

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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63	210	João Paulo Santos Lopes	ETAP	Veterano M40	57:00	+26:24	05:42
64	562	Ricardo Ferrira	XOKE TEAM	Veterano M40	57:48	+27:12	05:47
65	284	Bruno Miguel Fernandes Pinto	HF Treinamento Assessoria Desportiva	Veterano M40	57:59	+27:23	05:48
66	49	MARCO FILIPE	ACBATALHA	Veterano M40	59:14	+28:38	05:55
67	375	David Fernandes	Individual	Veterano M40	01:01:26	+30:50	06:09
68	92	Fernando Homem	C.A.S.P.A.(Clube Amador Só Para Atletismo)	Veterano M40	01:05:20	+34:44	06:32

Veterano M45

1	201	Messias Dias	DCI/Pedrulha-Mealhada	Veterano M45	34:32	+03:56	03:27
2	35	MIGUEL ANGELO	AC VERMOIL	Veterano M45	34:47	+04:11	03:29
3	446	JORGE MARCELINO	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M45	35:33	+04:56	03:33
4	408	Luís Feiteira	Individual	Veterano M45	36:05	+05:29	03:37
5	9	Filipe José Ausina Mota	A D IALBAX	Veterano M45	36:41	+06:05	03:40
6	493	Paulo Antunes	Peregrinos de Coimbra A	Veterano M45	37:22	+06:45	03:44
7	406	Joel da Silva	Individual	Veterano M45	37:35	+06:59	03:46
8	90	Luis Duarte de Matos	Bairro do Cansado Castelo Branco	Veterano M45	37:36	+07:00	03:46
9	158	Amândio Paulo	Clube Desportivo Ribeirense	Veterano M45	37:49	+07:13	03:47
10	445	JOÃO MARCELINO	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M45	38:03	+07:26	03:48
11	108	LUÍS MOTA	CASA DO BENFICA EM ABRANTES	Veterano M45	38:33	+07:57	03:51
12	551	Ricardo Saraiva	União Clube Eirense	Veterano M45	38:56	+08:20	03:54
13	143	José Figueira	CCRD Burinhosa	Veterano M45	38:57	+08:21	03:54
14	95	Paulo Cruz	CA Barreira	Veterano M45	39:37	+09:01	03:58
15	479	Francisco Pais	O Mundo da Corrida	Veterano M45	39:49	+09:13	03:59
16	33	JOSÉ SANTOS	AC VERMOIL	Veterano M45	40:11	+09:35	04:01
17	66	Luís Manuel	ACRM Silveirinha Grande Claras	Veterano M45	40:38	+10:02	04:04
18	444	JOÃO DOMINGOS	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M45	40:40	+10:04	04:04
19	494	Pedro Varela	Peregrinos de Coimbra A	Veterano M45	40:43	+10:07	04:04
20	495	Telmo Almeida	Peregrinos de Coimbra A	Veterano M45	40:57	+10:21	04:06
21	407	Leonel Sousa	Individual	Veterano M45	40:58	+10:22	04:06
22	509	André Quarenta	Quarentas	Veterano M45	41:59	+11:23	04:12
23	139	PAULO PISOEIRO	Clube de Atletismo Prof. Emilia Pisoeiro	Veterano M45	42:19	+11:43	04:14
24	482	Paulo Jorge da Cruz Moreira	Os Filhos da Noite	Veterano M45	42:47	+12:11	04:17
25	34	MÁRIO HENRIQUES	AC VERMOIL	Veterano M45	42:50	+12:14	04:17
26	233	Carlos Jacinto	GASOUTOS-Grupo Atlético dos Soutos	Veterano M45	43:59	+13:23	04:24
27	164	RUI ANDRADE	Clube SEM	Veterano M45	44:04	+13:27	04:24
28	135	vitor nelson esteves torres da silva	Cerveira Team Running - CTR	Veterano M45	44:06	+13:30	04:25
29	145	Carlos Pinto	Clube Desportivo Moitense	Veterano M45	44:09	+13:32	04:25
30	412	Wilson Subtil	Individual	Veterano M45	44:10	+13:34	04:25
31	260	Virgílio Alberto	Grupo Alegre Unido Bajouca	Veterano M45	44:10	+13:34	04:25

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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32	64	Amilcar Costa	ACRM Silveirinha Grande Claras	Veterano M45	44:47	+14:11	04:29
33	266	Joaquim Santos	Grupo de atletismo da Caranguejeira	Veterano M45	44:48	+14:12	04:29
34	405	João Barata	Individual	Veterano M45	44:49	+14:13	04:29
35	123	Rui Moreira	CCD Crédito Agrícola Mútuo	Veterano M45	44:55	+14:19	04:30
36	146	Ricardo Vicente	Clube Desportivo Moitense	Veterano M45	45:05	+14:29	04:31
37	401	Fernando José Das Neves	Individual	Veterano M45	45:26	+14:50	04:33
38	550	Humberto Oliveira	União Clube Eirense	Veterano M45	45:34	+14:58	04:33
39	544	Luís Bernardo	Twopikas	Veterano M45	45:50	+15:14	04:35
40	65	Filipe Carvalheiro	ACRM Silveirinha Grande Claras	Veterano M45	46:04	+15:27	04:36
41	403	Henrique lavaredas	Individual	Veterano M45	47:09	+16:33	04:43
42	193	Carlos Conceição	cscrfcharneca	Veterano M45	47:26	+16:50	04:45
43	396	Alberto Branco	Individual	Veterano M45	47:32	+16:56	04:45
44	404	Jaime Lopes dos santos	Individual	Veterano M45	48:19	+17:43	04:50
45	122	Rui Melo	CCD Crédito Agrícola Mútuo	Veterano M45	48:23	+17:47	04:50
46	397	António Gomes	Individual	Veterano M45	48:33	+17:57	04:51
47	410	Mário Salgado	Individual	Veterano M45	48:53	+18:17	04:53
48	402	Gameiro roberto	Individual	Veterano M45	50:35	+19:59	05:04
49	447	PEDRO PEREIRA	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M45	50:42	+20:06	05:04
50	124	Rui Tomás	CCD Crédito Agrícola Mútuo	Veterano M45	50:49	+20:13	05:05
51	121	João Rodrigues	CCD Crédito Agrícola Mútuo	Veterano M45	53:40	+23:03	05:22
52	120	Filipe Simões	CCD Crédito Agrícola Mútuo	Veterano M45	54:54	+24:18	05:29
53	177	Avelino Fernandes	CPR. A-do-Barbas	Veterano M45	55:17	+24:41	05:32
54	400	Diogo Lopes	Individual	Veterano M45	55:22	+24:46	05:32
55	211	Jorge Eduardo Vieira da Silva	ETAP	Veterano M45	55:25	+24:48	05:33
56	194	Pascoal Oliveira	cscrfcharneca	Veterano M45	55:31	+24:55	05:33
57	563	José Santos	XOKE TEAM	Veterano M45	57:48	+27:12	05:47
58	471	Nuno Espirito Santo	Lisbon Moonlight Runners	Veterano M45	57:55	+27:19	05:48

Veterano M50

1	236	Fernando Matos	GCA Donas	Veterano M50	34:11	+03:35	03:25
2	73	Manuel Ferreira	Arada Atletico Clube	Veterano M50	34:52	+04:16	03:29
3	18	Mário Silva	A.C.R.S.Desterro-Napo	Veterano M50	35:25	+04:49	03:33
4	450	GABRIEL RODRIGUES	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M50	36:45	+06:09	03:41
5	413	António Ferreira	Individual	Veterano M50	37:18	+06:42	03:44
6	109	JOSÉ DURÃO	CASA DO BENFICA EM ABRANTES	Veterano M50	37:46	+07:10	03:47
7	202	João Almeida	DCI/Pedrulha-Mealhada	Veterano M50	37:47	+07:11	03:47
8	276	Jorge luz	Grupo Desportivo São Paio de Oleiros	Veterano M50	37:49	+07:13	03:47
9	453	PAULINO SOUSA	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M50	38:31	+07:55	03:51
10	203	Vitor Oliveira	DCI/Pedrulha-Mealhada	Veterano M50	38:47	+08:11	03:53
11	448	ARTUR LOPES	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M50	39:45	+09:09	03:59

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

12	262	José Gonçalves	Grupo Alegre Unido Bajouca	Veterano M50	39:51	+09:15	03:59
13	449	CARLOS SIMÕES	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M50	39:56	+09:19	04:00
14	261	Jorge Silva	Grupo Alegre Unido Bajouca	Veterano M50	40:11	+09:35	04:01
15	96	Germano Capela	CA Barreira	Veterano M50	40:22	+09:46	04:02
16	230	Antonio Bento	G.A.Caranguejeira	Veterano M50	40:39	+10:03	04:04
17	454	RUI DINIS	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M50	41:12	+10:35	04:07
18	159	António Silvino	Clube Desportivo Ribeirense	Veterano M50	41:35	+10:58	04:10
19	178	Pedro Rodrigues	CPR. A-do-Barbas	Veterano M50	41:41	+11:05	04:10
20	101	Aníbal Godinho	Caracol Trail Team	Veterano M50	42:21	+11:44	04:14
21	51	PAULO MONTEIRO	ACBATALHA	Veterano M50	42:35	+11:59	04:16
22	238	FERNANDO MARQUES	GM TEAM	Veterano M50	42:46	+12:10	04:17
23	234	Fernando Jacinto	GASOUTOS-Grupo Atlético dos Soutos	Veterano M50	42:47	+12:11	04:17
24	417	MARTINHO JOAQUIM DA SILVA PEDROSA	Individual	Veterano M50	42:49	+12:13	04:17
25	578	Manuel Santos	Individual	Veterano M50	43:27	+12:51	04:21
26	452	LUIS PEDROSA	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M50	43:32	+12:55	04:21
27	263	Sérgio Marcelino	Grupo Alegre Unido Bajouca	Veterano M50	43:44	+13:08	04:22
28	499	Pedro Roque	Peregrinos de Coimbra B	Veterano M50	43:50	+13:14	04:23
29	70	António Patrício	ADR4Estações	Veterano M50	43:57	+13:20	04:24
30	422	Rui Miguel Ferreira Gaspar	Individual	Veterano M50	44:25	+13:49	04:27
31	553	José Fonseca	UNIÃO FCI DE TOMAR	Veterano M50	44:27	+13:51	04:27
32	486	Paulo Oliveira	PelaEstradaFora	Veterano M50	45:27	+14:51	04:33
33	415	DOMINGUES	Fonte Nova Runners	Veterano M50	45:27	+14:51	04:33
34	36	VITOR LOPES	AC VERMOIL	Veterano M50	45:28	+14:52	04:33
35	125	Carlos Silva	CCD Crédito Agrícola Mútuo	Veterano M50	47:28	+16:51	04:45
36	167	JOSE MARTINS	CLUBE VETERANOS DO LIS	Veterano M50	47:38	+17:01	04:46
37	419	Paulo Henrique Santos Fonseca	Individual	Veterano M50	48:02	+17:26	04:48
38	416	Fernando Pereira Marques	Individual	Veterano M50	48:18	+17:42	04:50
39	451	JOÃO BENTO	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M50	50:03	+19:27	05:00
40	498	Jorge henriques	Peregrinos de Coimbra B	Veterano M50	50:06	+19:29	05:01
41	420	Ricardo Rocha	Individual	Veterano M50	51:47	+21:11	05:11
42	534	Vitor Gariso	Soure Mov	Veterano M50	53:11	+22:35	05:19
43	195	Arlindo Oliveira	cscrfcharneca	Veterano M50	01:00:21	+29:45	06:02
44	579	Neves de Matos	Individual	Veterano M50	01:02:38	+32:02	06:16
45	126	Pedro Sérgio	CCD Crédito Agrícola Mútuo	Veterano M50	01:14:35	+43:58	07:28
46	414	Arlindo Rodrigues	Individual	Veterano M50	01:20:23	+49:47	08:02

Veterano M55

1	222	toze velha	G D 3 SANTOS POPULARES	Veterano M55	35:58	+05:22	03:36
2	181	José Raimundo	CR AMIEIRINHENSE	Veterano M55	38:15	+07:39	03:50
3	56	Emílio Paulino	ACPortalegre/UTSM	Veterano M55	39:40	+09:03	03:58
4	496	Pedro Gerardo	Peregrinos de Coimbra A	Veterano M55	40:02	+09:25	04:00

Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

5	55	Abel Flores	ACPortalegre/UTSM	Veterano M55	40:08	+09:32	04:01
6	455	ANTÓNIO POEIRAS	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M55	40:47	+10:11	04:05
7	427	João Mendes	Individual	Veterano M55	40:57	+10:21	04:06
8	554	Luis Rodrigo	UNIÃO FCI DE TOMAR	Veterano M55	41:18	+10:42	04:08
9	277	Valdemar alves	Grupo Desportivo São Paio de Oleiros	Veterano M55	42:51	+12:15	04:17
10	103	Leonído dos Reis Afonso	CASA BENFICA CASTELO BRANCO	Veterano M55	42:53	+12:17	04:17
11	97	Jorge Agostinho	CA Barreira	Veterano M55	43:06	+12:30	04:19
12	430	orlando ribeiro	Individual	Veterano M55	43:16	+12:40	04:20
13	501	Carlos Garrido	Peregrinos de Coimbra B	Veterano M55	46:28	+15:52	04:39
14	127	Rui Graça	CCD Crédito Agrícola Mútuo	Veterano M55	46:45	+16:09	04:41
15	235	Rui Carreira	GASOUTOS-Grupo Atlético dos Soutos	Veterano M55	46:47	+16:11	04:41
16	503	Jorge Justo	Peregrinos de Coimbra B	Veterano M55	47:33	+16:57	04:45
17	536	VITOR MANUEL BORGES FONTES	Sport Castanheira De Pera e Benfica	Veterano M55	47:50	+17:14	04:47
18	196	Luís Fernando Rocha das Neves	cscrfcharneca	Veterano M55	48:15	+17:39	04:50
19	483	Vitor Manuel dos Reis Braz	Os Filhos da Noite	Veterano M55	49:33	+18:56	04:57
20	429	Manuel Gonçalves dos santos	Individual	Veterano M55	49:45	+19:09	04:59
21	428	JOSE LOURENCO	Individual	Veterano M55	50:17	+19:41	05:02
22	147	Alberto Vinagre	Clube Desportivo Moitense	Veterano M55	50:56	+20:20	05:06
23	424	Amável Luz	Individual	Veterano M55	51:19	+20:42	05:08
24	130	Rui Ventura	CCRD Burinhosa	Veterano M55	51:43	+21:07	05:10
25	37	EUGÉNIO MENDES	AC VERMOIL	Veterano M55	51:47	+21:11	05:11
26	500	Carlos Brandão	Peregrinos de Coimbra B	Veterano M55	52:08	+21:32	05:13
27	425	António Manuel Marques Carreira	Individual	Veterano M55	54:54	+24:18	05:29
28	8	João Lima	4 ao Km	Veterano M55	56:52	+26:16	05:41
29	426	Fernando Maia	Individual	Veterano M55	01:00:15	+29:38	06:02

Veterano M60

1	459	LICÍNIO PEREIRA	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M60	37:57	+07:20	03:48
2	165	ANTÓNIO ALVES	Clube SEM	Veterano M60	39:52	+09:16	03:59
3	456	ACÁCIO CAMPOS	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M60	41:01	+10:25	04:06
4	269	DAVID DA SILVA FERNANDES	Grupo Desportivo e Cultural de Guilhovai	Veterano M60	41:16	+10:40	04:08
5	458	CELESTINO MARQUES	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M60	42:08	+11:32	04:13
6	460	Carlos Manuel da Cruz Estrada	Inercia Sport Club	Veterano M60	42:22	+11:46	04:14
7	149	António Ferreira	Clube Desportivo Moitense	Veterano M60	42:25	+11:48	04:15
8	504	Alvaro Coelho	Peregrinos de Coimbra B	Veterano M60	43:08	+12:32	04:19
9	131	Jose Rato	CCRD Burinhosa	Veterano M60	43:55	+13:19	04:24
10	140	Augusto Dourado	Clube de Vila do Conde	Veterano M60	44:12	+13:36	04:25
11	179	Joaquim Gomes	CPR. A-do-Barbas	Veterano M60	44:14	+13:38	04:26
12	204	Joaquim Godinho	DCI/Pedrulha-Mealhada	Veterano M60	44:19	+13:43	04:26

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

13	470	Carlos Carmino	Leiria Marcha Atlética Clube - LMAC	Veterano M60	44:24	+13:48	04:26
14	151	Leonel Rodrigues	Clube Desportivo Moitense	Veterano M60	45:21	+14:45	04:32
15	480	António Geraldo	O Mundo da Corrida	Veterano M60	45:29	+14:53	04:33
16	52	EVANGELINO CERDEIRA	ACBATALHA	Veterano M60	45:38	+15:02	04:34
17	505	António Perpetua	Peregrinos de Coimbra B	Veterano M60	46:08	+15:31	04:37
18	237	José Monteiro	GDC Banco de Portugal	Veterano M60	46:32	+15:56	04:39
19	506	Costa Marques	Peregrinos de Coimbra B	Veterano M60	46:57	+16:20	04:42
20	68	João Sintra	ACRM Silveirinha Grande Claras	Veterano M60	47:20	+16:44	04:44
21	555	Alberto Graça	UNIÃO FCI DE TOMAR	Veterano M60	47:47	+17:11	04:47
22	433	José Luis FERNANDES	Individual	Veterano M60	47:49	+17:13	04:47
23	556	Manuel Martins	UNIÃO FCI DE TOMAR	Veterano M60	47:56	+17:19	04:48
24	507	António Agostinho	Porto de Mós a Correr	Veterano M60	48:01	+17:25	04:48
25	264	Ramiro Rodrigues	Grupo Alegre Unido Bajouca	Veterano M60	49:42	+19:06	04:58
26	67	João Graça	ACRM Silveirinha Grande Claras	Veterano M60	49:52	+19:15	04:59
27	168	AMÉRICO SANTOS	CLUBE VETERANOS DO LIS	Veterano M60	50:03	+19:27	05:00
28	169	Narciso Arromba	Cluve	Veterano M60	50:07	+19:31	05:01
29	431	Jorge Ramos	Individual	Veterano M60	50:37	+20:01	05:04
30	150	Diamantino Cruz	Clube Desportivo Moitense	Veterano M60	50:38	+20:02	05:04
31	38	ALFREDO SANTOS	AC VERMOIL	Veterano M60	51:00	+20:24	05:06
32	39	LEANDRO SANTOS	AC VERMOIL	Veterano M60	51:23	+20:47	05:08
33	69	Lucidio Dias	ACRM Silveirinha Grande Claras	Veterano M60	54:59	+24:22	05:30
34	432	JOSE LEBR GRACIO	Individual	Veterano M60	55:12	+24:36	05:31
35	160	Domingos Lavinha	Clube Desportivo Ribeirense	Veterano M60	56:18	+25:42	05:38
36	541	MANUEL SEQUEIRA	TALENTOS TEAM	Veterano M60	57:57	+27:20	05:48
37	535	Santos Mota	Soure Mov	Veterano M60	59:23	+28:47	05:56

COLETIVO - PROVA PRINCIPAL

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	PEREGRINOS DE COIMBRA A	29 + 32 + 36 + 55 + 62 + 75 + 117	406
2	G.A.CARANGUEJEIRA	16 + 26 + 41 + 50 + 97 + 132 + 143	505
3	INDUSTRIAL DESPORTIVO VIEIRENSE	38 + 54 + 78 + 79 + 80 + 87 + 109	525
4	AC VERMOIL	30 + 63 + 66 + 70 + 105 + 120 + 149	603
5	GRF BENEDITA - ATLETISMO	33 + 76 + 93 + 102 + 104 + 129 + 237	774
6	UNIÃO CLUBE EIRENSE	15 + 17 + 34 + 94 + 95 + 257 + 278	790
7	A.C.R.S.DESTERRO-NAPO	13 + 14 + 35 + 42 + 89 + 269 + 348	810
8	ACBATALHA	44 + 92 + 116 + 123 + 134 + 169 + 188	866
9	GRUPO ALEGRE UNIDO BAJOUCA	111 + 121 + 155 + 170 + 199 + 201 + 216	1173
10	CLUBE DESPORTIVO RIBEIRENSE	74 + 142 + 152 + 185 + 209 + 210 + 221	1193
11	ACRM SILVEIRINHA GRANDE CLARAS	125 + 131 + 194 + 233 + 238 + 271 + 289	1481
12	CLUBE DESPORTIVO MOITENSE	127 + 153 + 166 + 214 + 245 + 247 + 337	1489
13	CCD CRÉDITO AGRÍCOLA MÚTUO	90 + 126 + 242 + 248 + 287 + 299 + 301	1593
14	CPR. A-DO-BARBAS	101 + 154 + 172 + 192 + 219 + 340 + 429	1607
15	PEREGRINOS DE COIMBRA B	187 + 204 + 218 + 272 + 281 + 290 + 303	1755
16	ASSOCIAÇÃO POMBAL JOVEM	98 + 270 + 277 + 345 + 373 + 381 + 475	2219
17	CSCRFCHARNECA	275 + 298 + 300 + 322 + 323 + 395 + 404	2317
18	XOKE TEAM	261 + 266 + 409 + 413 + 414 + 448 + 449	2660
19	SLOW RUNNERS POMBAL	308 + 324 + 332 + 424 + 464 + 467 + 468	2787

lap2go TIMING SOLUTION

Prova do Bodo 2018
Pombal, PT
28-July-2018

CORRIDA DAS FARTURAS - STAGE 1 — 3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	20:00	21ºC	83%
End	20:27	21ºC	83%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1016	DAVID ALEXANDRE SANTOS LOPES	adba-associação desportiva, cultura e recreativa do bairro dos anjos	Senior Masculino	10:31		03:31
2	1017	PEDRO HENRIQUE DA SILVA FERREIRA	adba-associação desportiva, cultura e recreativa do bairro dos anjos	Senior Masculino	10:34	+00:03	03:32
3	1018	TIAGO RAFAEL PEDROSA TRIGO GONÇALVES	adba-associação desportiva, cultura e recreativa do bairro dos anjos	Senior Masculino	10:37	+00:06	03:33
4	1011	CARLOS ALVES	ac vermoil	Senior Masculino	11:08	+00:36	03:43
5	1048	Ivo valente silva	individual	Senior Masculino	11:11	+00:39	03:44
6	1049	joad martinho	individual	Senior Masculino	11:11	+00:40	03:44
7	1045	Fábio Freire	individual	Senior Masculino	11:25	+00:54	03:49
8	1044	Ezequiel MARTINHO	individual	Senior Masculino	11:27	+00:56	03:49
9	1012	DANIEL BARBOSA	ac vermoil	Senior Masculino	11:51	+01:19	03:57
10	1041	Bruno Neves	individual	Senior Masculino	11:51	+01:19	03:57
11	1063	Tomás dos Santos Rocha	individual	Senior Masculino	12:02	+01:30	04:01
12	1061	Tomas Claro	individual	Senior Masculino	12:09	+01:37	04:03
13	1030	Lucas Afonso	grupo alegre unido bajouca	Senior Masculino	12:12	+01:40	04:04
14	1069	Rodrigo Freire	vilaventura - trail running team	Senior Masculino	12:13	+01:41	04:04
15	1015	PEDRO SANTOS	ac vermoil	Senior Masculino	12:29	+01:57	04:10
16	1027	Miguel pontes	gacv	Senior Masculino	12:32	+02:00	04:11
17	1028	Paulo pontes	gacv	Senior Masculino	12:32	+02:00	04:11
18	1004	Francisco Bernardo	a.d.r águas belas	Senior Masculino	12:36	+02:04	04:12
19	1006	Rodrigo Rosa	a.d.r águas belas	Senior Masculino	12:37	+02:05	04:12
20	1005	Francisco Torres	a.d.r águas belas	Senior Masculino	12:39	+02:08	04:13
21	1022	Catarina Ferreira	cpr. a-do-barbas	Senior Feminino	12:41	+02:09	04:14
22	1029	Daniel Cabecinhas	grupo alegre unido bajouca	Senior Masculino	12:43	+02:11	04:14
23	1050	João Carlos das Neves Alves	individual	Senior Masculino	12:45	+02:14	04:15
24	1003	Bernardo Torres	a.d.r águas belas	Senior Masculino	13:04	+02:33	04:22
25	1026	Francisco Longo	cscrfcharneca	Senior Masculino	13:12	+02:40	04:24
26	1062	Tomás Dias Santos	individual	Senior Masculino	13:17	+02:45	04:26
27	1046	Guilherme Martins	individual	Senior Masculino	13:17	+02:45	04:26
28	1040	André Dias Gonçalves	individual	Senior Masculino	13:30	+02:59	04:30
29	1067	Mário Quarenta	quarentas	Senior Masculino	13:47	+03:15	04:36
30	1064	ÉRICA LAVOS	industrial desportivo vieirense	Senior Feminino	14:11	+03:39	04:44
31	1065	MARIA HENRIQUES	industrial desportivo vieirense	Senior Feminino	14:11	+03:40	04:44
32	1057	Martim Dias Santos	individual	Senior Masculino	15:03	+04:31	05:01
33	1023	Soraia Cardeira	cpr. a-do-barbas	Senior Feminino	15:17	+04:45	05:06
34	1051	João Manuel Batista Costa	individual	Senior Masculino	15:27	+04:56	05:09
35	1042	Daniel Ferreira	individual	Senior Masculino	15:36	+05:04	05:12
36	1059	Pedro Gameiro	individual	Senior Masculino	16:22	+05:50	05:27
37	1007	BEATRIZ MATIAS	ac vermoil	Senior Feminino	16:46	+06:14	05:36
38	1008	BRUNA CARDOSO	ac vermoil	Senior Feminino	16:48	+06:16	05:36
39	1010	SHEILA SILVA	ac vermoil	Senior Feminino	17:28	+06:56	05:50
40	1002	Carolina Dias	a.d.r águas belas	Senior Feminino	18:08	+07:36	06:03

CORRIDA DAS FARTURAS - STAGE 1 3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	1047	Horácio Costa	individual	Senior Masculino	18:27	+07:55	06:09
42	571	Saulnier	individual	Senior Masculino	18:52	+08:20	06:17
43	1009	CÁTIA NOGUEIRA	ac vermoil	Senior Feminino	19:01	+08:29	06:21
44	1014	PEDRO FREIRE	ac vermoil	Senior Masculino	19:02	+08:30	06:21
45	1043	Diogo Filipe Lopes Marques	individual	Senior Masculino	19:12	+08:40	06:24
46	575	Jade Cahours	individual	Senior Feminino	19:15	+08:43	06:25
47	1053	João Santos	individual	Senior Masculino	19:20	+08:48	06:27
48	1060	Sérgio Miguel Paulino dos Santos	individual	Senior Masculino	19:20	+08:48	06:27
49	1055	Luís Leandro Rodrigues Brites	individual	Senior Masculino	19:21	+08:49	06:27
50	1031	Adriana Aparecida do Nascimento	individual	Senior Feminino	20:05	+09:33	06:42
51	1039	ALEXANDRE FERNANDES MARQUES	individual	Senior Masculino	20:05	+09:33	06:42
52	1033	Ana Ferreira	individual	Senior Feminino	20:25	+09:53	06:48
53	1066	Sara da Conceição Cardoso Rolo Moreira	os filhos da noite	Senior Feminino	21:16	+10:44	07:05
54	573	Lia Saulnier	individual	Senior Feminino	21:20	+10:48	07:07
55	574	Maria Gabriela Correia	individual	Senior Feminino	21:21	+10:49	07:07
56	1001	Diana Rodrigues	100 kedas	Senior Feminino	21:23	+10:51	07:08
57	1036	HELENA ISABEL DA GRAÇA DE MAGALHÃES CORREIA	individual	Senior Feminino	27:39	+17:07	09:13
58	1034	BRANCA MARIA MENDES DA SILVA	individual	Senior Feminino	27:39	+17:08	09:13

lap2go TIMING SOLUTION

Prova do Bodo 2018
Pombal, PT
28-July-2018

Corrida das Farturas — 3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	20:00	21ºC	83%
End	20:27	21ºC	83%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1022	Catarina Ferreira	CPR. A-do-Barbas	Senior Feminino	12:41	+02:09	04:14
2	1064	ÉRICA LAVOS	INDUSTRIAL DESPORTIVO VIEIRENSE	Senior Feminino	14:11	+03:39	04:44
3	1065	MARIA HENRIQUES	INDUSTRIAL DESPORTIVO VIEIRENSE	Senior Feminino	14:11	+03:40	04:44
4	1023	Soraia Cardeira	CPR. A-do-Barbas	Senior Feminino	15:17	+04:45	05:06
5	1007	BEATRIZ MATIAS	AC VERMOIL	Senior Feminino	16:46	+06:14	05:36
6	1008	BRUNA CARDOSO	AC VERMOIL	Senior Feminino	16:48	+06:16	05:36
7	1010	SHEILA SILVA	AC VERMOIL	Senior Feminino	17:28	+06:56	05:50
8	1002	Carolina Dias	A.D.R Águas Belas	Senior Feminino	18:08	+07:36	06:03
9	1009	CÁTIA NOGUEIRA	AC VERMOIL	Senior Feminino	19:01	+08:29	06:21
10	575	Jade Cahours	Individual	Senior Feminino	19:15	+08:43	06:25
11	1031	Adriana Aparecida do Nascimento	Individual	Senior Feminino	20:05	+09:33	06:42
12	1033	Ana Ferreira	Individual	Senior Feminino	20:25	+09:53	06:48
13	1066	Sara da Conceição Cardoso Rolo Moreira	Os Filhos da Noite	Senior Feminino	21:16	+10:44	07:05
14	573	Lia Saulnier	Individual	Senior Feminino	21:20	+10:48	07:07
15	574	Maria Gabriela Correia	Individual	Senior Feminino	21:21	+10:49	07:07
16	1001	Diana Rodrigues	100 Kedas	Senior Feminino	21:23	+10:51	07:08
17	1036	HELENA ISABEL DA GRAÇA DE MAGALHÃES CORREIA	Individual	Senior Feminino	27:39	+17:07	09:13
18	1034	BRANCA MARIA MENDES DA SILVA	Individual	Senior Feminino	27:39	+17:08	09:13

Senior Masculino

1	1016	DAVID ALEXANDRE SANTOS LOPES	ADBA-ASSOCIAÇÃO DESPORTIVA, CULTURA E RECREATIVA DO BAIRRO DOS ANJOS	Senior Masculino	10:31		03:31
2	1017	PEDRO HENRIQUE DA SILVA FERREIRA	ADBA-ASSOCIAÇÃO DESPORTIVA, CULTURA E RECREATIVA DO BAIRRO DOS ANJOS	Senior Masculino	10:34	+00:03	03:32
3	1018	TIAGO RAFAEL PEDROSA TRIGO GONÇALVES	ADBA-ASSOCIAÇÃO DESPORTIVA, CULTURA E RECREATIVA DO BAIRRO DOS ANJOS	Senior Masculino	10:37	+00:06	03:33
4	1011	CARLOS ALVES	AC VERMOIL	Senior Masculino	11:08	+00:36	03:43
5	1048	Ivo valente silva	Individual	Senior Masculino	11:11	+00:39	03:44
6	1049	joad martinho	Individual	Senior Masculino	11:11	+00:40	03:44
7	1045	Fábio Freire	Individual	Senior Masculino	11:25	+00:54	03:49
8	1044	Ezequiel MARTINHO	Individual	Senior Masculino	11:27	+00:56	03:49
9	1012	DANIEL BARBOSA	AC VERMOIL	Senior Masculino	11:51	+01:19	03:57

Corrida das Farturas

3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

10	1041	Bruno Neves	Individual	Senior Masculino	11:51	+01:19	03:57
11	1063	Tomás dos Santos Rocha	Individual	Senior Masculino	12:02	+01:30	04:01
12	1061	Tomas Claro	Individual	Senior Masculino	12:09	+01:37	04:03
13	1030	Lucas Afonso	Grupo Alegre Unido Bajouca	Senior Masculino	12:12	+01:40	04:04
14	1069	Rodrigo Freire	Vilaventura - Trail Running Team	Senior Masculino	12:13	+01:41	04:04
15	1015	PEDRO SANTOS	AC VERMOIL	Senior Masculino	12:29	+01:57	04:10
16	1027	Miguel pontes	GACV	Senior Masculino	12:32	+02:00	04:11
17	1028	Paulo pontes	GACV	Senior Masculino	12:32	+02:00	04:11
18	1004	Francisco Bernardo	A.D.R Águas Belas	Senior Masculino	12:36	+02:04	04:12
19	1006	Rodrigo Rosa	A.D.R Águas Belas	Senior Masculino	12:37	+02:05	04:12
20	1005	Francisco Torres	A.D.R Águas Belas	Senior Masculino	12:39	+02:08	04:13
21	1029	Daniel Cabecinhas	Grupo Alegre Unido Bajouca	Senior Masculino	12:43	+02:11	04:14
22	1050	João Carlos das Neves Alves	Individual	Senior Masculino	12:45	+02:14	04:15
23	1003	Bernardo Torres	A.D.R Águas Belas	Senior Masculino	13:04	+02:33	04:22
24	1026	Francisco Longo	cscrfcharneca	Senior Masculino	13:12	+02:40	04:24
25	1062	Tomás Dias Santos	Individual	Senior Masculino	13:17	+02:45	04:26
26	1046	Guilherme Martins	Individual	Senior Masculino	13:17	+02:45	04:26
27	1040	André Dias Gonçalves	Individual	Senior Masculino	13:30	+02:59	04:30
28	1067	Mário Quarenta	Quarentas	Senior Masculino	13:47	+03:15	04:36
29	1057	Martim Dias Santos	Individual	Senior Masculino	15:03	+04:31	05:01
30	1051	João Manuel Batista Costa	Individual	Senior Masculino	15:27	+04:56	05:09
31	1042	Daniel Ferreira	Individual	Senior Masculino	15:36	+05:04	05:12
32	1059	Pedro Gameiro	Individual	Senior Masculino	16:22	+05:50	05:27
33	1047	Horácio Costa	Individual	Senior Masculino	18:27	+07:55	06:09
34	571	Saulnier	Individual	Senior Masculino	18:52	+08:20	06:17
35	1014	PEDRO FREIRE	AC VERMOIL	Senior Masculino	19:02	+08:30	06:21
36	1043	Diogo Filipe Lopes Marques	Individual	Senior Masculino	19:12	+08:40	06:24
37	1053	João Santos	Individual	Senior Masculino	19:20	+08:48	06:27
38	1060	Sérgio Miguel Paulino dos Santos	Individual	Senior Masculino	19:20	+08:48	06:27
39	1055	Luís Leandro Rodrigues Brites	Individual	Senior Masculino	19:21	+08:49	06:27
40	1039	ALEXANDRE FERNANDES MARQUES	Individual	Senior Masculino	20:05	+09:33	06:42