

OVERALL - TRAIL LONGO

24 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	Stages	RESULT	DIFF	t/KM
1	112	Luis Silva	núcleo de atletismo de cucujães	Veterano M40	1	02:18:49		05:47
2	140	Toze amorim	serviços sociais câmara fanta maria da feira	Veterano M45	1	02:21:47	+02:58	05:54
3	100	David Coutinho	jobra - associação de jovens da branca	Veterano M40	1	02:24:51	+06:01	06:02
4	55	Pedro Rafael Tavares Garrido	centro marcha e corrida oliveira de azeméis	Senior Masculino	1	02:25:04	+06:15	06:03
5	121	Francisco Figueiredo	oralklass-amigos do trail	Senior Masculino	1	02:25:19	+06:30	06:03
6	111	Fernando Lima	núcleo de atletismo de cucujães	Veterano M40	1	02:25:51	+07:01	06:05
7	12	António Jorge Fernandes	amigos do trail	Veterano M40	1	02:27:17	+08:28	06:08
8	142	Milton Santos	sport clube beira-mar	Senior Masculino	1	02:28:25	+09:36	06:11
9	102	Ivan Silva	limitless	Senior Masculino	1	02:30:44	+11:55	06:17
10	107	João Leite	mexilhão da montanha	Senior Masculino	1	02:31:03	+12:14	06:18
11	24	Alcides Barbosa	aztrail/mercentro	Senior Masculino	1	02:31:04	+12:15	06:18
12	28	Humberto Silva	aztrail/mercentro	Senior Masculino	1	02:34:54	+16:05	06:27
13	40	,M. Óscar Ferreira	aztrail/mercentro	Veterano M55	1	02:34:54	+16:05	06:27
14	116	Duarte Gil Barbosa	opraticante.pt-hora do lobo trail	Veterano M45	1	02:35:21	+16:31	06:28
15	108	Alex Tondela	montanha clube trail running / efapel	Veterano M40	1	02:37:59	+19:10	06:35
16	5	Ricardo Filipe Tavares Fernandes	a.d.c.felgueira / feita skyrunning	Senior Masculino	1	02:39:08	+20:19	06:38
17	99	PUPILOS DO TOZÉ - Manuel Ferreira (ZOLA)	individual	Veterano M60	1	02:39:38	+20:49	06:39
18	65	João Moreira	g.d. ronda	Veterano M40	1	02:40:02	+21:13	06:40
19	27	Francisco Terra	aztrail/mercentro	Senior Masculino	1	02:42:59	+24:10	06:47
20	86	Marco da Silva Pinheiro Vasconcelos	individual	Senior Masculino	1	02:44:09	+25:20	06:50
21	82	José Armando Duarte do Rosário	individual	Senior Masculino	1	02:44:35	+25:45	06:51
22	53	Fábio Almeida	centro marcha e corrida oliveira de azeméis	Senior Masculino	1	02:45:30	+26:41	06:54
23	95	Manuel Cabete	individual	Veterano M50	1	02:45:36	+26:47	06:54
24	26	Bruno Barge	aztrail/mercentro	Senior Masculino	1	02:45:54	+27:04	06:55
25	49	Mario Alves Oliveira	ccdr fundo vila-s.joao da madeira	Veterano M55	1	02:46:07	+27:18	06:55
26	120	Daniela Russo	oralklass-amigos do trail	Senior Feminino	1	02:46:24	+27:35	06:56
27	35	Carlos Fernandes	aztrail/mercentro	Veterano M45	1	02:46:44	+27:55	06:57
28	85	Luis Azevedo	individual	Senior Masculino	1	02:49:04	+30:15	07:03
29	143	Manuel Bastos	trail running clube btt sanguedo	Veterano M45	1	02:49:06	+30:17	07:03
30	68	RICARDO RIBEIRO	ginasio fit4fun	Senior Masculino	1	02:49:50	+31:01	07:05
31	60	Pedro Lopes	correio de albergaria trail running	Senior Masculino	1	02:49:53	+31:04	07:05
32	17	Jorge Gomes	arcorun	Veterano M40	1	02:50:46	+31:56	07:07
33	14	Luis Goncalves	amigos do trail	Veterano M40	1	02:51:13	+32:24	07:08
34	92	adriano matias dos santos lima oliveira	individual	Veterano M50	1	02:53:32	+34:43	07:14
35	79	Daniel Aguiar	individual	Senior Masculino	1	02:53:39	+34:49	07:14
36	6	Augusto Oliveira	amigos do pedal	Veterano M50	1	02:56:14	+37:24	07:21
37	36	Jorge Brites	aztrail/mercentro	Veterano M45	1	02:57:42	+38:52	07:24
38	37	Manuel Oliveira	aztrail/mercentro	Veterano M45	1	02:57:56	+39:07	07:25
39	90	António Alves	individual	Veterano M40	1	02:58:50	+40:00	07:27
40	135	JOSÉ TÓ	pupilos do zé tó	Veterano M45	1	03:00:35	+41:46	07:31

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24 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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RANK	BIB	NAME	TEAM	CAT	Stages	RESULT	DIFF	t/KM
41	89	alexandra fernandes	individual	Veterana F50	1	03:00:36	+41:46	07:31
42	15	António Correia	antónio correia	Veterano M40	1	03:01:36	+42:47	07:34
43	110	Pedro Henriques	núcleo de atletismo de cucujães	Senior Masculino	1	03:02:13	+43:23	07:36
44	19	Jorge Santos	arcorun	Veterano M50	1	03:03:29	+44:40	07:39
45	94	Fernando gonçalves	individual	Veterano M50	1	03:04:19	+45:29	07:41
46	51	Rogério Silva	cdc s. martinho gândara	Veterano M60	1	03:04:52	+46:03	07:42
47	74	Angelo Pinho	ginasio fit4fun	Veterano M40	1	03:05:51	+47:01	07:45
48	59	Carlos Augusto Martins da Silva	centro marcha e corrida oliveira de azeméis	Veterano M45	1	03:05:53	+47:04	07:45
49	13	Leandro Santos Matos	amigos do trail	Veterano M40	1	03:07:00	+48:11	07:47
50	45	André Silva	c.b viseu running team	Senior Masculino	1	03:09:49	+50:59	07:55
51	25	Antonio Martins	aztrail/mercentro	Senior Masculino	1	03:09:56	+51:07	07:55
52	127	Antonio Silva	pupilos do zé tó	Veterano M50	1	03:10:18	+51:29	07:56
53	43	Ariana Rafaela Silva Tavares	c.b viseu running team	Senior Feminino	1	03:10:34	+51:45	07:56
54	38	Sergio Martins	aztrail/mercentro	Veterano M45	1	03:12:19	+53:30	08:01
55	20	Ricardo Magalhães	as belas e eles	Senior Masculino	1	03:12:19	+53:30	08:01
56	18	Vitor Folgado	arcorun	Veterano M45	1	03:13:38	+54:49	08:04
57	119	Luis Morais	opraticante.pt-hora do lobo trail	Veterano M45	1	03:16:38	+57:49	08:12
58	77	José bugalho	grupo desportivo vilaverdense	Veterano M45	1	03:17:42	+58:53	08:14
59	123	Zenaide Alves	out2run/miro	Veterana F40	1	03:19:11	+01:00:22	08:18
60	124	Paulo Pinto	out2run/miro	Veterano M40	1	03:19:12	+01:00:22	08:18
61	16	Carlos Couto	arcorun	Veterano M40	1	03:19:25	+01:00:36	08:19
62	125	Nelson Duarte	outsiders trail team	Veterano M40	1	03:20:33	+01:01:44	08:21
63	33	Sofia Coelho	aztrail/mercentro	Veterana F40	1	03:20:37	+01:01:47	08:22
64	93	Diamantino Jorge de Oliveira Valqueresma	individual	Veterano M50	1	03:20:39	+01:01:49	08:22
65	115	Sérgio Moura	opraticante.pt-hora do lobo trail	Senior Masculino	1	03:21:21	+01:02:31	08:23
66	22	Jorge Manuel Santiago Tavares	azeméis runners	Veterano M40	1	03:22:12	+01:03:23	08:26
67	130	PEDRO PINHO	pupilos do zé tó	Veterano M40	1	03:24:06	+01:05:17	08:30
68	30	Tiago Gomes Mota	aztrail/mercentro	Senior Masculino	1	03:24:27	+01:05:38	08:31
69	52	Ana Catarina Venda Fonseca	centro marcha e corrida oliveira de azeméis	Senior Feminino	1	03:25:22	+01:06:33	08:33
70	137	MIGUEL COELHO	pupilos do zé tó	Veterano M45	1	03:25:34	+01:06:44	08:34
71	29	Renato Costa	aztrail/mercentro	Senior Masculino	1	03:25:55	+01:07:06	08:35
72	78	Eduardo Joaquim Pinto Ferreira	grupo juvenil pinheiro da bemposta - o. azeméis	Veterano M45	1	03:26:11	+01:07:22	08:35
73	47	Luis Miguel Silva Oliveira	c.c. cafe	Senior Masculino	1	03:26:30	+01:07:41	08:36
74	105	Bruno Filipe Santos Almeida	maty	Senior Masculino	1	03:26:51	+01:08:02	08:37
75	106	Bruno Moreira	maty	Senior Masculino	1	03:26:51	+01:08:02	08:37
76	72	Conceição Ferreira	ginasio fit4fun	Veterana F50	1	03:29:36	+01:10:47	08:44
77	117	Hélder Santos	opraticante.pt-hora do lobo trail	Veterano M45	1	03:29:38	+01:10:48	08:44
78	70	SILVIA VILAR	ginasio fit4fun	Veterana F40	1	03:30:55	+01:12:06	08:47
79	66	CARINA PINHO	ginasio fit4fun	Senior Feminino	1	03:31:00	+01:12:11	08:48
80	58	António José Cerqueira Pinheiro	centro marcha e corrida oliveira de azeméis	Veterano M45	1	03:33:07	+01:14:18	08:53
81	11	Pedro Miguel Silva	amigos do trail	Senior Masculino	1	03:33:56	+01:15:06	08:55
82	8	João António Silva	amigos do trail	Senior Masculino	1	03:33:56	+01:15:06	08:55
83	42	Miguel Ferreira	bravos e bravitas	Veterano M40	1	03:35:43	+01:16:53	08:59

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24 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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RANK	BIB	NAME	TEAM	CAT	Stages	RESULT	DIFF	t/KM
84	64	Esmeralda Fiuza	figueira kayak clube	Veterana F55	1	03:38:09	+01:19:20	09:05
85	41	José Ricardo	boavista	Veterano M45	1	03:39:22	+01:20:33	09:08
86	56	João Nuno Moreira Rebelo	centro marcha e corrida oliveira de azeméis	Veterano M40	1	03:41:02	+01:22:13	09:13
87	84	José Eduardo Leal Moreira	individual	Senior Masculino	1	03:41:03	+01:22:13	09:13
88	145	Abel Correia	vodafone	Veterano M40	1	03:41:04	+01:22:15	09:13
89	31	Tiago Silva	aztrail/mercentro	Senior Masculino	1	03:41:41	+01:22:52	09:14
90	126	Humberto Pinho	porto sentido runners	Veterano M60	1	03:44:10	+01:25:20	09:20
91	71	Ana Pissarra	ginasio fit4fun	Veterana F45	1	03:45:30	+01:26:41	09:24
92	75	Durbalino Ferreira	ginasio fit4fun	Veterano M55	1	03:45:32	+01:26:43	09:24
93	134	JORGE COSTA	pupilos do zé tó	Veterano M45	1	03:46:44	+01:27:54	09:27
94	44	Oriana Tavares Marques	c.b viseu running team	Senior Feminino	1	03:49:57	+01:31:07	09:35
95	46	João Pedro Andrade Silva Lassal	c.c. cafe	Senior Masculino	1	03:51:17	+01:32:28	09:38
96	96	Mario Costa Pereira	individual	Veterano M50	1	03:51:29	+01:32:40	09:39
97	114	Daniel Silva	opracante.pt-hora do lobo trail	Senior Masculino	1	03:51:57	+01:33:08	09:40
98	113	Silvia Gomes	opracante.pt / correio de albergaria trail running	Senior Feminino	1	03:55:20	+01:36:31	09:48
99	81	Hugo Martins Rodrigues de Sousa	individual	Senior Masculino	1	03:56:40	+01:37:51	09:52
100	141	Paulo Soares	solitário!!	Senior Masculino	1	03:56:41	+01:37:52	09:52
101	98	Fernando Resende	individual	Veterano M55	1	04:03:19	+01:44:30	10:08
102	34	Filipe Cunha	aztrail/mercentro	Veterano M40	1	04:03:35	+01:44:45	10:09
103	139	António Porrão	running esmoriz	Veterano M55	1	04:08:39	+01:49:50	10:22
104	138	José Riba	running esmoriz	Veterano M50	1	04:08:40	+01:49:50	10:22
105	118	Jorge Silva	opracante.pt-hora do lobo trail	Veterano M45	1	04:10:14	+01:51:25	10:26
106	54	Levi Fernandes	centro marcha e corrida oliveira de azeméis	Senior Masculino	1	04:16:17	+01:57:28	10:41
107	122	Nuno Pinho	os kágados	Senior Masculino	1	04:16:18	+01:57:29	10:41
108	7	Hugo Daniel Costa	amigos do trail	Senior Masculino	1	04:16:33	+01:57:44	10:41
109	593	Ricardo Queiros	individual	Senior Masculino	1	04:18:13	+01:59:24	10:46
110	131	RICARDO BASTOS	pupilos do zé tó	Veterano M40	1	04:21:13	+02:02:24	10:53
111	132	RUI PEDRO	pupilos do zé tó	Veterano M40	1	04:21:14	+02:02:24	10:53
112	67	RITA AGUIAR	ginasio fit4fun	Senior Feminino	1	04:21:14	+02:02:25	10:53
113	129	PAULO OLIVEIRA	pupilos do zé tó	Senior Masculino	1	04:22:08	+02:03:18	10:55
114	87	Miguel A. Martins	individual	Senior Masculino	1	04:34:16	+02:15:26	11:26
115	62	Dulcineia Miriam	dulcineia miriam	Senior Feminino	1	04:34:21	+02:15:32	11:26
116	57	LINDOLFO SOL	centro marcha e corrida oliveira de azeméis	Veterano M40	1	04:41:48	+02:22:59	11:45
117	32	Ana Góis	aztrail/mercentro	Veterana F40	1	04:47:46	+02:28:57	11:59
118	39	Julio Terra	aztrail/mercentro	Veterano M50	1	04:47:46	+02:28:57	11:59
119	23	Vera Nogueira	aztrail/mercentro	Senior Feminino	1	04:56:48	+02:37:59	12:22
120	133	JOÃO CARVALHO	pupilos do zé tó	Veterano M45	1	05:12:33	+02:53:44	13:01
121	10	Pedro Filipe Almeida	amigos do trail	Senior Masculino	1	05:25:28	+03:06:38	13:34
122	144	João Paulo Félix da Silva	trilho perdido & friends	Veterano M45	1	05:25:37	+03:06:47	13:34

Trail Longo

24 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	09:00	15,5°C	87%
End	14:26	16,9°C	72%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	120	Daniela Russo	Oralklass-Amigos do Trail	Senior Feminino	02:46:24	+27:35	06:56
2	43	Ariana Rafaela Silva Tavares	C.B Viseu Running Team	Senior Feminino	03:10:34	+51:45	07:56
3	52	Ana Catarina Venda Fonseca	Centro Marcha e Corrida Oliveira de Azeméis	Senior Feminino	03:25:22	+01:06:33	08:33
4	66	CARINA PINHO	Ginasio Fit4Fun	Senior Feminino	03:31:00	+01:12:11	08:48
5	44	Oriana Tavares Marques	C.B Viseu Running Team	Senior Feminino	03:49:57	+01:31:07	09:35
6	113	Silvia Gomes	OPraticante.pt / Correio de Albergaria Trail Running	Senior Feminino	03:55:20	+01:36:31	09:48
7	67	RITA AGUIAR	Ginasio Fit4Fun	Senior Feminino	04:21:14	+02:02:25	10:53
8	62	Dulcineia Miriam	Dulcineia Miriam	Senior Feminino	04:34:21	+02:15:32	11:26
9	23	Vera Nogueira	AZtrail/Mercentro	Senior Feminino	04:56:48	+02:37:59	12:22

Senior Masculino

1	55	Pedro Rafael Tavares Garrido	Centro Marcha e Corrida Oliveira de Azeméis	Senior Masculino	02:25:04	+06:15	06:03
2	121	Francisco Figueiredo	Oralklass-Amigos do Trail	Senior Masculino	02:25:19	+06:30	06:03
3	142	Milton Santos	Sport Clube Beira-Mar	Senior Masculino	02:28:25	+09:36	06:11
4	102	Ivan Silva	Limitless	Senior Masculino	02:30:44	+11:55	06:17
5	107	João Leite	Mexilhão da Montanha	Senior Masculino	02:31:03	+12:14	06:18
6	24	Alcides Barbosa	AZtrail/Mercentro	Senior Masculino	02:31:04	+12:15	06:18
7	28	Humberto Silva	AZtrail/Mercentro	Senior Masculino	02:34:54	+16:05	06:27
8	5	Ricardo Filipe Tavares Fernandes	A.D.C.Felgueira / Freita Skyrunning	Senior Masculino	02:39:08	+20:19	06:38
9	27	Francisco Terra	AZtrail/Mercentro	Senior Masculino	02:42:59	+24:10	06:47
10	86	Marco da Silva Pinheiro Vasconcelos	Individual	Senior Masculino	02:44:09	+25:20	06:50
11	82	José Armando Duarte do Rosário	Individual	Senior Masculino	02:44:35	+25:45	06:51
12	53	Fábio Almeida	Centro Marcha e Corrida Oliveira de Azeméis	Senior Masculino	02:45:30	+26:41	06:54
13	26	Bruno Barge	AZtrail/Mercentro	Senior Masculino	02:45:54	+27:04	06:55
14	85	Luís Azevedo	Individual	Senior Masculino	02:49:04	+30:15	07:03
15	68	RICARDO RIBEIRO	Ginasio Fit4Fun	Senior Masculino	02:49:50	+31:01	07:05
16	60	Pedro Lopes	Correio de Albergaria Trail Running	Senior Masculino	02:49:53	+31:04	07:05
17	79	Daniel Aguiar	Individual	Senior Masculino	02:53:39	+34:49	07:14
18	110	Pedro Henriques	Núcleo de Atletismo de Cucujães	Senior Masculino	03:02:13	+43:23	07:36
19	45	André Silva	C.B Viseu Running Team	Senior Masculino	03:09:49	+50:59	07:55
20	25	Antonio Martins	AZtrail/Mercentro	Senior Masculino	03:09:56	+51:07	07:55
21	20	Ricardo Magalhães	As Belas e Eles	Senior Masculino	03:12:19	+53:30	08:01
22	115	Sérgio Moura	OPraticante.pt-Hora do Lobo Trail	Senior Masculino	03:21:21	+01:02:31	08:23
23	30	Tiago Gomes Mota	AZtrail/Mercentro	Senior Masculino	03:24:27	+01:05:38	08:31

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OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

24	29	Renato Costa	AZtrail/Mercentro	Senior Masculino	03:25:55	+01:07:06	08:35
25	47	Luis Miguel Silva Oliveira	c.c. cafe	Senior Masculino	03:26:30	+01:07:41	08:36
26	105	Bruno Filipe Santos Almeida	Maty	Senior Masculino	03:26:51	+01:08:02	08:37
27	106	Bruno Moreira	Maty	Senior Masculino	03:26:51	+01:08:02	08:37
28	11	Pedro Miguel Silva	AMIGOS DO TRAIL	Senior Masculino	03:33:56	+01:15:06	08:55
29	8	João António Silva	AMIGOS DO TRAIL	Senior Masculino	03:33:56	+01:15:06	08:55
30	84	José Eduardo Leal Moreira	Individual	Senior Masculino	03:41:03	+01:22:13	09:13
31	31	Tiago Silva	AZtrail/Mercentro	Senior Masculino	03:41:41	+01:22:52	09:14
32	46	João Pedro Andrade Silva Lassal	c.c. cafe	Senior Masculino	03:51:17	+01:32:28	09:38
33	114	Daniel Silva	OPraticante.pt-Hora do Lobo Trail	Senior Masculino	03:51:57	+01:33:08	09:40
34	81	Hugo Martins Rodrigues de Sousa	Individual	Senior Masculino	03:56:40	+01:37:51	09:52
35	141	Paulo Soares	Solitário!!	Senior Masculino	03:56:41	+01:37:52	09:52
36	54	Levi Fernandes	Centro Marcha e Corrida Oliveira de Azeméis	Senior Masculino	04:16:17	+01:57:28	10:41
37	122	Nuno Pinho	Os Kágados	Senior Masculino	04:16:18	+01:57:29	10:41
38	7	Hugo Daniel Costa	AMIGOS DO TRAIL	Senior Masculino	04:16:33	+01:57:44	10:41
39	593	Ricardo Queiros	Individual	Senior Masculino	04:18:13	+01:59:24	10:46
40	129	PAULO OLIVEIRA	PUPLOS DO ZÉ TÓ	Senior Masculino	04:22:08	+02:03:18	10:55
41	87	Miguel A. Martins	Individual	Senior Masculino	04:34:16	+02:15:26	11:26
42	10	Pedro Filipe Almeida	AMIGOS DO TRAIL	Senior Masculino	05:25:28	+03:06:38	13:34

Veterana F40

1	123	Zenaide Alves	out2run/Miro	Veterana F40	03:19:11	+01:00:22	08:18
2	33	Sofia Coelho	AZtrail/Mercentro	Veterana F40	03:20:37	+01:01:47	08:22
3	70	SILVIA VILAR	Ginasio Fit4Fun	Veterana F40	03:30:55	+01:12:06	08:47
4	32	Ana Góis	AZtrail/Mercentro	Veterana F40	04:47:46	+02:28:57	11:59

Veterana F45

1	71	Ana Pissarra	Ginasio Fit4Fun	Veterana F45	03:45:30	+01:26:41	09:24
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Veterana F50

1	89	alexandra fernandes	Individual	Veterana F50	03:00:36	+41:46	07:31
2	72	Conceição Ferreira	Ginasio Fit4Fun	Veterana F50	03:29:36	+01:10:47	08:44

Veterana F55

1	64	Esmeralda Fiuza	Figueira Kayak Clube	Veterana F55	03:38:09	+01:19:20	09:05
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Veterano M40

1	112	Luis Silva	Núcleo de Atletismo de Cucujães	Veterano M40	02:18:49		05:47
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OVERALL - MINI TRAIL E CAMINHADA

11 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	Stages	RESULT	DIFF	t/KM
1	609	Gilberto Pimenta	oraklass-amigos do trail	Senior Masculino	1	01:06:24		06:02
2	607	Nuno Brandão	núcleo de atletismo de cucujães	Senior Masculino	1	01:07:39	+01:15	06:09
3	594	Ricardo Vieira	individual	Senior Masculino	1	01:11:52	+05:28	06:32
4	616	Isabel Almeida	individual	Senior Feminino	1	01:12:44	+06:20	06:37
5	570	Licinia Maria Araújo dos Santos	individual	Senior Feminino	1	01:15:15	+08:51	06:50
6	559	Ana Maria Almeida	individual	Senior Feminino	1	01:15:15	+08:51	06:50
7	585	Bruno Valente	individual	Senior Masculino	1	01:15:16	+08:52	06:51
8	540	João Miguel Tavares Garrido	clube nortada - murtosa night runners	Senior Masculino	1	01:15:55	+09:31	06:54
9	553	José Pinho	ginasio fit4fun	Senior Masculino	1	01:17:25	+11:01	07:02
10	604	Jean Barbosa	moinhos da gândara trail	Senior Feminino	1	01:21:58	+15:34	07:27
11	565	CARMO SILVA	individual	Senior Feminino	1	01:22:03	+15:39	07:28
12	533	Célia Aguiar	centro marcha e corrida oliveira de azeméis	Senior Feminino	1	01:26:53	+20:29	07:54
13	592	Ricardo M Ferreira	individual	Senior Masculino	1	01:27:01	+20:37	07:55
14	552	Susana Margarida Santos Martins	ginasio fit4fun	Senior Feminino	1	01:27:54	+21:30	07:59
15	612	Diogo Gil Martins	uma questão de atitude!!!	Senior Masculino	1	01:31:06	+24:42	08:17
16	613	Manuel Carlos Martins	uma questão de atitude!!!	Senior Masculino	1	01:31:08	+24:44	08:17
17	554	PAULO RAMOS	grupo juvenil pinheiro da bemposta - o. azeméis	Senior Masculino	1	01:31:10	+24:46	08:17
18	520	Glória Santos	arcorun	Senior Feminino	1	01:31:52	+25:28	08:21
19	605	Laura Cabete	moinhos da gândara trail	Senior Feminino	1	01:32:02	+25:38	08:22
20	618	Mario Jorge	individual	Senior Masculino	1	01:35:21	+28:57	08:40
21	558	Ana Margarida Rodrigues	individual	Senior Feminino	1	01:35:22	+28:58	08:40
22	581	Vânia Costa	individual	Senior Feminino	1	01:36:06	+29:42	08:44
23	542	Carla ferreira	fit gaia trail	Senior Feminino	1	01:36:11	+29:47	08:45
24	576	Marisol Valente	individual	Senior Feminino	1	01:36:18	+29:54	08:45
25	551	Rosa Billard	ginasio fit4fun	Senior Feminino	1	01:40:36	+34:12	09:09
26	550	Mónica Silva	ginasio fit4fun	Senior Feminino	1	01:40:37	+34:13	09:09
27	522	rosina couto	arcorun	Senior Feminino	1	01:41:38	+35:14	09:14
28	521	Marlene Gomes	arcorun	Senior Feminino	1	01:41:39	+35:15	09:14
29	595	Rui Rodrigues	individual	Senior Masculino	1	01:45:25	+39:01	09:35
30	547	FILIPA VILAR	ginasio fit4fun	Senior Feminino	1	01:46:19	+39:55	09:40
31	546	ANABELA MOREIRA	ginasio fit4fun	Senior Feminino	1	01:46:19	+39:55	09:40
32	529	Lurdes Moreira	as belas e eles	Senior Feminino	1	01:48:49	+42:25	09:54
33	525	DEIBID MORENO	arcorun	Senior Masculino	1	01:49:16	+42:52	09:56
34	526	STERLING BOLIVAR	arcorun	Senior Masculino	1	01:49:17	+42:53	09:56
35	571	Liliana Vasconcelos	individual	Senior Feminino	1	01:53:14	+46:50	10:18
36	564	Carmen Tavares	individual	Senior Feminino	1	01:53:15	+46:51	10:18
37	543	Susana Martins	fit gaia trail	Senior Feminino	1	01:53:26	+47:02	10:19
38	545	Jose Luis Aranha da Costa Ferreira	fit gaia trail	Senior Masculino	1	01:53:27	+47:03	10:19
39	610	Sandra Ferreira	running espinho	Senior Feminino	1	01:55:02	+48:38	10:27
40	517	Cláudia Dias	arcorun	Senior Feminino	1	01:55:02	+48:38	10:27
41	515	Ana Rocha	arcorun	Senior Feminino	1	01:55:11	+48:47	10:28
42	524	Veronica Sampaio	arcorun	Senior Feminino	1	01:55:11	+48:47	10:28
43	549	Margarida Tavares	ginasio fit4fun	Senior Feminino	1	01:55:47	+49:23	10:32

OVERALL - MINI TRAIL E CAMINHADA**11 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	Stages	RESULT	DIFF	t/KM
44	548	Isabel Sousa	ginasio fit4fun	Senior Feminino	1	01:55:48	+49:24	10:32
45	528	Cátia Silva	as belas e eles	Senior Feminino	1	01:57:09	+50:45	10:39
46	530	Ricardo Tavares	as belas e eles	Senior Masculino	1	01:57:09	+50:45	10:39
47	573	Márcia Russo	individual	Senior Feminino	1	01:57:09	+50:45	10:39
48	527	Carla Barbosa	as belas e eles	Senior Feminino	1	01:57:09	+50:45	10:39
49	601	Brandão dos Santos	mexilhão da montanha	Senior Masculino	1	01:59:06	+52:42	10:50
50	531	Ana Quaresma	aztrail/mercentro	Senior Feminino	1	01:59:06	+52:42	10:50
51	602	Paulo Pinho	mexilhão da montanha	Senior Masculino	1	01:59:07	+52:43	10:50
52	537	Ana Mafalda Pereira	clube nortada - murtosa night runners	Senior Feminino	1	02:02:05	+55:41	11:06
53	538	Marta Alexandra Esteves Carmo	clube nortada - murtosa night runners	Senior Feminino	1	02:02:05	+55:41	11:06
54	539	António Lopes Garrido	clube nortada - murtosa night runners	Senior Masculino	1	02:02:08	+55:44	11:06
55	514	Alcina Moura	arcorun	Senior Feminino	1	02:04:55	+58:31	11:21
56	532	Andreia Sá	centro marcha e corrida oliveira de azeméis	Senior Feminino	1	02:06:18	+59:54	11:29
57	615	Maria Fátima	individual	Senior Feminino	1	02:06:18	+59:54	11:29
58	535	Sandra carvalho	centro marcha e corrida oliveira de azeméis	Senior Feminino	1	02:06:18	+59:54	11:29
59	536	António Costa	centro marcha e corrida oliveira de azeméis	Senior Masculino	1	02:06:19	+59:55	11:29
60	584	Baltar carvalho	individual	Senior Masculino	1	02:06:19	+59:55	11:29
61	523	Susana Gomes	arcorun	Senior Feminino	1	02:12:11	+01:05:47	12:01
62	519	Glória Santos	arcorun	Senior Feminino	1	02:12:21	+01:05:57	12:02
63	516	CLÁUDIA COSTA	arcorun	Senior Feminino	1	02:20:17	+01:13:53	12:45
64	518	ERIKA DARCÍLIA	arcorun	Senior Feminino	1	02:20:17	+01:13:53	12:45
65	580	Sandra Santos	individual	Senior Feminino	1	02:20:24	+01:14:00	12:46
66	603	Dora Figueiredo	moinhos da gândara trail	Senior Feminino	1	02:23:39	+01:17:15	13:04
67	606	Maria do Carmo Cabete	moinhos da gândara trail	Senior Feminino	1	02:23:39	+01:17:15	13:04
68	617	Sergia Coelho	individual	Senior Feminino	1	02:23:47	+01:17:23	13:04
69	590	Mário Pinto	individual	Senior Masculino	1	02:27:33	+01:21:09	13:25
70	566	Daniela Leite	individual	Senior Feminino	1	02:27:35	+01:21:11	13:25
71	587	Ivo Andrade	individual	Senior Masculino	1	02:27:35	+01:21:11	13:25
72	567	Diana Leite	individual	Senior Feminino	1	02:27:35	+01:21:11	13:25
73	619	Patrícia Costa	individual	Senior Feminino	1	02:27:47	+01:21:23	13:26
74	620	Tiago Sousa	individual	Senior Masculino	1	02:27:47	+01:21:23	13:26
75	568	Helena Coelho	individual	Senior Feminino	1	02:27:57	+01:21:33	13:27
76	555	Alexandra Almeida	individual	Senior Feminino	1	02:28:29	+01:22:05	13:30
77	569	Libania vieira	individual	Senior Feminino	1	02:28:32	+01:22:08	13:30
78	591	Paulo Couto	individual	Senior Masculino	1	02:31:40	+01:25:16	13:47
79	578	Renata Novo da Silva	individual	Senior Feminino	1	02:31:52	+01:25:28	13:48
80	583	António Manuel Rocha Alves	individual	Senior Masculino	1	02:31:54	+01:25:30	13:49
81	572	Mafalda Sofia Soares Novo	individual	Senior Feminino	1	02:31:54	+01:25:30	13:49
82	503	Leonor Portela Silva	amigos do trail	Senior Feminino	1	02:31:59	+01:25:35	13:49
83	511	Oscar Almeida Oliveira	amigos do trail	Senior Masculino	1	02:32:00	+01:25:36	13:49
84	506	Vanda Carla Leite	amigos do trail	Senior Feminino	1	02:32:01	+01:25:37	13:49
85	614	Maria Sousa	individual	Senior Feminino	1	02:32:01	+01:25:37	13:49
86	508	João Pinho Portela	amigos do trail	Senior Masculino	1	02:32:02	+01:25:38	13:49

OVERALL - MINI TRAIL E CAMINHADA

11 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	Stages	RESULT	DIFF	t/KM
87	561	Ana Raquel Rodrigues	individual	Senior Feminino	1	02:34:55	+01:28:31	14:05
88	582	Vera Branco	individual	Senior Feminino	1	02:44:50	+01:38:26	14:59
89	510	Matias Gonçalves Valente	amigos do trail	Senior Masculino	1	02:53:00	+01:46:36	15:44
90	513	Santiago Gonçalves Valente	amigos do trail	Senior Masculino	1	02:53:03	+01:46:39	15:44
91	509	José Luís Valente	amigos do trail	Senior Masculino	1	02:53:03	+01:46:39	15:44
92	507	Vera Lúcia Portela	amigos do trail	Senior Feminino	1	02:53:03	+01:46:39	15:44
93	501	Anabela Moreira Gonçalves	amigos do trail	Senior Feminino	1	02:53:04	+01:46:40	15:44
94	512	Samuel Gonçalves Valente	amigos do trail	Senior Masculino	1	02:53:06	+01:46:42	15:44
95	562	Arlinda Roque	individual	Senior Feminino	1	02:56:46	+01:50:22	16:04
96	556	Ana Ferreira	individual	Senior Feminino	1	02:56:47	+01:50:23	16:04
97	599	Carlos Ferreira	lesmas e caracóis	Senior Masculino	1	02:59:08	+01:52:44	16:17
98	597	Daniela Simões	lesmas e caracóis	Senior Feminino	1	02:59:12	+01:52:48	16:17
99	596	Ana Marisa Almeida	lesmas e caracóis	Senior Feminino	1	02:59:12	+01:52:48	16:17
100	600	Carlos Simões	lesmas e caracóis	Senior Masculino	1	02:59:12	+01:52:48	16:17
101	502	Filipa Silva Leite	amigos do trail	Senior Feminino	1	03:03:02	+01:56:38	16:38
102	504	Maria Conceição Leite	amigos do trail	Senior Feminino	1	03:03:03	+01:56:39	16:38
103	505	Maria Luisa Almeida	amigos do trail	Senior Feminino	1	03:03:03	+01:56:39	16:39
104	586	Henrique Sol Pinheiro	individual	Senior Masculino	1	03:10:56	+02:04:32	17:21
105	589	Manuel António Marques Pinto Silva	individual	Senior Masculino	1	03:12:37	+02:06:13	17:31
106	577	Paula Cristina de Jesus Pinto Coutinho	individual	Senior Feminino	1	03:12:37	+02:06:13	17:31
107	541	Isilda Oliveira	diogo ferreira team	Senior Feminino	1	03:12:39	+02:06:15	17:31
108	557	Ana Luísa Santos Lopes	individual	Senior Feminino	1	03:14:09	+02:07:45	17:39
109	611	ROSARIO SILVA	sol	Senior Feminino	1	03:14:09	+02:07:45	17:39
110	534	Luísa Maria Teixeira Da Costa Sol	centro marcha e corrida oliveira de azeméis	Senior Feminino	1	03:14:19	+02:07:55	17:40
111	588	João Manuel Fernandes	individual	Senior Masculino	1	03:14:19	+02:07:55	17:40
112	575	Maria Clara Silva	individual	Senior Feminino	1	03:18:08	+02:11:44	18:01
113	563	Aura Delcy Moita	individual	Senior Feminino	1	03:18:08	+02:11:44	18:01

Mini Trail e Caminhada

11 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:15	15,5°C	93%
End	12:33	15,5°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
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Senior Feminino

1	616	Isabel Almeida	Individual	Senior Feminino	01:12:44	+06:20	06:37
2	570	Licinia Maria Araújo dos Santos	Individual	Senior Feminino	01:15:15	+08:51	06:50
3	559	Ana Maria Almeida	Individual	Senior Feminino	01:15:15	+08:51	06:50
4	604	Jean Barbosa	Moinhos da Gândara Trail	Senior Feminino	01:21:58	+15:34	07:27
5	565	CARMO SILVA	Individual	Senior Feminino	01:22:03	+15:39	07:28
6	533	Célia Aguiar	Centro Marcha e Corrida Oliveira de Azeméis	Senior Feminino	01:26:53	+20:29	07:54
7	552	Susana Margarida Santos Martins	Ginasio Fit4Fun	Senior Feminino	01:27:54	+21:30	07:59
8	520	Glória Santos	ARCORUN	Senior Feminino	01:31:52	+25:28	08:21
9	605	Laura Cabete	Moinhos da Gândara Trail	Senior Feminino	01:32:02	+25:38	08:22
10	558	Ana Margarida Rodrigues	Individual	Senior Feminino	01:35:22	+28:58	08:40
11	581	Vânia Costa	Individual	Senior Feminino	01:36:06	+29:42	08:44
12	542	Carla ferreira	FIT GAIA TRAIL	Senior Feminino	01:36:11	+29:47	08:45
13	576	Marisol Valente	Individual	Senior Feminino	01:36:18	+29:54	08:45
14	551	Rosa Billard	Ginasio Fit4Fun	Senior Feminino	01:40:36	+34:12	09:09
15	550	Mónica Silva	Ginasio Fit4Fun	Senior Feminino	01:40:37	+34:13	09:09
16	522	rosina couto	ARCORUN	Senior Feminino	01:41:38	+35:14	09:14
17	521	Marlene Gomes	ARCORUN	Senior Feminino	01:41:39	+35:15	09:14
18	547	FILIPA VILAR	Ginasio Fit4Fun	Senior Feminino	01:46:19	+39:55	09:40
19	546	ANABELA MOREIRA	Ginasio Fit4Fun	Senior Feminino	01:46:19	+39:55	09:40
20	529	Lurdes Moreira	As Belas e Eles	Senior Feminino	01:48:49	+42:25	09:54
21	571	Liliana Vasconcelos	Individual	Senior Feminino	01:53:14	+46:50	10:18
22	564	Carmen Tavares	Individual	Senior Feminino	01:53:15	+46:51	10:18
23	543	Susana Martins	FIT GAIA TRAIL	Senior Feminino	01:53:26	+47:02	10:19
24	610	Sandra Ferreira	RUNNING ESPINHO	Senior Feminino	01:55:02	+48:38	10:27
25	517	Cláudia Dias	ARCORUN	Senior Feminino	01:55:02	+48:38	10:27
26	515	Ana Rocha	ARCORUN	Senior Feminino	01:55:11	+48:47	10:28
27	524	Veronica Sampaio	ARCORUN	Senior Feminino	01:55:11	+48:47	10:28
28	549	Margarida Tavares	Ginasio Fit4Fun	Senior Feminino	01:55:47	+49:23	10:32
29	548	Isabel Sousa	Ginasio Fit4Fun	Senior Feminino	01:55:48	+49:24	10:32
30	528	Cátia Silva	As Belas e Eles	Senior Feminino	01:57:09	+50:45	10:39
31	573	Márcia Russo	Individual	Senior Feminino	01:57:09	+50:45	10:39
32	527	Carla Barbosa	As Belas e Eles	Senior Feminino	01:57:09	+50:45	10:39
33	531	Ana Quaresma	AZtrail/Mercentro	Senior Feminino	01:59:06	+52:42	10:50
34	537	Ana Mafalda Pereira	Clube Nortada - Murtosa Night Runners	Senior Feminino	02:02:05	+55:41	11:06
35	538	Marta Alexandra Esteves Carmo	Clube Nortada - Murtosa Night Runners	Senior Feminino	02:02:05	+55:41	11:06
36	514	Alcina Moura	ARCORUN	Senior Feminino	02:04:55	+58:31	11:21
37	532	Andreia Sá	Centro Marcha e Corrida Oliveira de Azeméis	Senior Feminino	02:06:18	+59:54	11:29

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Mini Trail e Caminhada**11 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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38	615	Maria Fátima	Individual	Senior Feminino	02:06:18	+59:54	11:29
39	535	Sandra carvalho	Centro Marcha e Corrida Oliveira de Azeméis	Senior Feminino	02:06:18	+59:54	11:29
40	523	Susana Gomes	ARCORUN	Senior Feminino	02:12:11	+01:05:47	12:01
41	519	Glória Santos	ARCORUN	Senior Feminino	02:12:21	+01:05:57	12:02
42	516	CLÁUDIA COSTA	ARCORUN	Senior Feminino	02:20:17	+01:13:53	12:45
43	518	ERIKA DARCÍLIA	ARCORUN	Senior Feminino	02:20:17	+01:13:53	12:45
44	580	Sandra Santos	Individual	Senior Feminino	02:20:24	+01:14:00	12:46
45	603	Dora Figueiredo	Moinhos da Gândara Trail	Senior Feminino	02:23:39	+01:17:15	13:04
46	606	Maria do Carmo Cabete	Moinhos da Gândara Trail	Senior Feminino	02:23:39	+01:17:15	13:04
47	617	Sergia Coelho	Individual	Senior Feminino	02:23:47	+01:17:23	13:04
48	566	Daniela Leite	Individual	Senior Feminino	02:27:35	+01:21:11	13:25
49	567	Diana Leite	Individual	Senior Feminino	02:27:35	+01:21:11	13:25
50	619	Patricia Costa	Individual	Senior Feminino	02:27:47	+01:21:23	13:26
51	568	Helena Coelho	Individual	Senior Feminino	02:27:57	+01:21:33	13:27
52	555	Alexandra Almeida	Individual	Senior Feminino	02:28:29	+01:22:05	13:30
53	569	Libania vieira	Individual	Senior Feminino	02:28:32	+01:22:08	13:30
54	578	Renata Novo da Silva	Individual	Senior Feminino	02:31:52	+01:25:28	13:48
55	572	Mafalda Sofia Soares Novo	Individual	Senior Feminino	02:31:54	+01:25:30	13:49
56	503	Leonor Portela Silva	AMIGOS DO TRAIL	Senior Feminino	02:31:59	+01:25:35	13:49
57	506	Vanda Carla Leite	AMIGOS DO TRAIL	Senior Feminino	02:32:01	+01:25:37	13:49
58	614	Maria Sousa	Individual	Senior Feminino	02:32:01	+01:25:37	13:49
59	561	Ana Raquel Rodrigues	Individual	Senior Feminino	02:34:55	+01:28:31	14:05
60	582	Vera Branco	Individual	Senior Feminino	02:44:50	+01:38:26	14:59
61	507	Vera Lúcia Portela	AMIGOS DO TRAIL	Senior Feminino	02:53:03	+01:46:39	15:44
62	501	Anabela Moreira Gonçalves	AMIGOS DO TRAIL	Senior Feminino	02:53:04	+01:46:40	15:44
63	562	Arlinda Roque	Individual	Senior Feminino	02:56:46	+01:50:22	16:04
64	556	Ana Ferreira	Individual	Senior Feminino	02:56:47	+01:50:23	16:04
65	597	Daniela Simões	Lesmas e Caracóis	Senior Feminino	02:59:12	+01:52:48	16:17
66	596	Ana Marisa Almeida	Lesmas e Caracóis	Senior Feminino	02:59:12	+01:52:48	16:17
67	502	Filipa Silva Leite	AMIGOS DO TRAIL	Senior Feminino	03:03:02	+01:56:38	16:38
68	504	Maria Conceição Leite	AMIGOS DO TRAIL	Senior Feminino	03:03:03	+01:56:39	16:38
69	505	Maria Luisa Almeida	AMIGOS DO TRAIL	Senior Feminino	03:03:03	+01:56:39	16:39
70	577	Paula Cristina de Jesus Pinto Coutinho	Individual	Senior Feminino	03:12:37	+02:06:13	17:31
71	541	Isilda Oliveira	Diogo Ferreira Team	Senior Feminino	03:12:39	+02:06:15	17:31
72	557	Ana Luísa Santos Lopes	Individual	Senior Feminino	03:14:09	+02:07:45	17:39
73	611	ROSARIO SILVA	SOL	Senior Feminino	03:14:09	+02:07:45	17:39
74	534	Luísa Maria Teixeira Da Costa Sol	Centro Marcha e Corrida Oliveira de Azeméis	Senior Feminino	03:14:19	+02:07:55	17:40
75	575	Maria Clara Silva	Individual	Senior Feminino	03:18:08	+02:11:44	18:01
76	563	Aura Delcy Moita	Individual	Senior Feminino	03:18:08	+02:11:44	18:01

Senior Masculino

1	609	Gilberto Pimenta	Oralklass-Amigos do Trail	Senior Masculino	01:06:24		06:02
2	607	Nuno Brandão	Núcleo de Atletismo de Cucujães	Senior Masculino	01:07:39	+01:15	06:09
3	594	Ricardo Vieira	Individual	Senior Masculino	01:11:52	+05:28	06:32

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Mini Trail e Caminhada

11 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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4	585	Bruno Valente	Individual	Senior Masculino	01:15:16	+08:52	06:51
5	540	João Miguel Tavares Garrido	Clube Nortada - Murtosa Night Runners	Senior Masculino	01:15:55	+09:31	06:54
6	553	José Pinho	Ginasio Fit4Fun	Senior Masculino	01:17:25	+11:01	07:02
7	592	Ricardo M Ferreira	Individual	Senior Masculino	01:27:01	+20:37	07:55
8	612	Diogo Gil Martins	Uma Questão de Atitude!!!	Senior Masculino	01:31:06	+24:42	08:17
9	613	Manuel Carlos Martins	Uma Questão de Atitude!!!	Senior Masculino	01:31:08	+24:44	08:17
10	554	PAULO RAMOS	GRUPO JUVENIL PINHEIRO DA BEMPOSTA - O. AZEMÉIS	Senior Masculino	01:31:10	+24:46	08:17
11	618	Mario Jorge	Individual	Senior Masculino	01:35:21	+28:57	08:40
12	595	Rui Rodrigues	Individual	Senior Masculino	01:45:25	+39:01	09:35
13	525	DEIBID MORENO	ARCORUN	Senior Masculino	01:49:16	+42:52	09:56
14	526	STERLING BOLIVAR	ARCORUN	Senior Masculino	01:49:17	+42:53	09:56
15	545	Jose Luis Aranha da Costa Ferreira	FIT GAIA TRAIL	Senior Masculino	01:53:27	+47:03	10:19
16	530	Ricardo Tavares	As Belas e Eles	Senior Masculino	01:57:09	+50:45	10:39
17	601	Brandão dos Santos	Mexilhão da Montanha	Senior Masculino	01:59:06	+52:42	10:50
18	602	Paulo Pinho	Mexilhão da Montanha	Senior Masculino	01:59:07	+52:43	10:50
19	539	António Lopes Garrido	Clube Nortada - Murtosa Night Runners	Senior Masculino	02:02:08	+55:44	11:06
20	536	António Costa	Centro Marcha e Corrida Oliveira de Azeméis	Senior Masculino	02:06:19	+59:55	11:29
21	584	Baltar carvalho	Individual	Senior Masculino	02:06:19	+59:55	11:29
22	590	Mário Pinto	Individual	Senior Masculino	02:27:33	+01:21:09	13:25
23	587	Ivo Andrade	Individual	Senior Masculino	02:27:35	+01:21:11	13:25
24	620	Tiago Sousa	Individual	Senior Masculino	02:27:47	+01:21:23	13:26
25	591	Paulo Couto	Individual	Senior Masculino	02:31:40	+01:25:16	13:47
26	583	António Manuel Rocha Alves	Individual	Senior Masculino	02:31:54	+01:25:30	13:49
27	511	Oscar Almeida Oliveira	AMIGOS DO TRAIL	Senior Masculino	02:32:00	+01:25:36	13:49
28	508	João Pinho Portela	AMIGOS DO TRAIL	Senior Masculino	02:32:02	+01:25:38	13:49
29	510	Matias Gonçalves Valente	AMIGOS DO TRAIL	Senior Masculino	02:53:00	+01:46:36	15:44
30	513	Santiago Gonçalves Valente	AMIGOS DO TRAIL	Senior Masculino	02:53:03	+01:46:39	15:44
31	509	José Luís Valente	AMIGOS DO TRAIL	Senior Masculino	02:53:03	+01:46:39	15:44
32	512	Samuel Gonçalves Valente	AMIGOS DO TRAIL	Senior Masculino	02:53:06	+01:46:42	15:44
33	599	Carlos Ferreira	Lesmas e Caracóis	Senior Masculino	02:59:08	+01:52:44	16:17
34	600	Carlos Simões	Lesmas e Caracóis	Senior Masculino	02:59:12	+01:52:48	16:17
35	586	Henrique Sol Pinheiro	Individual	Senior Masculino	03:10:56	+02:04:32	17:21
36	589	Manuel António Marques Pinto Silva	Individual	Senior Masculino	03:12:37	+02:06:13	17:31
37	588	João Manuel Fernandes	Individual	Senior Masculino	03:14:19	+02:07:55	17:40