# Montalegre Urban Fit 2018

**Montalegre, PT**

**03-March-2018**

## PROVA PRINCIPAL - ELITE MASC

**8 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

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| | Time | Temperature | Humidity |
|---|---|---|---|
| Start | 15:00 | 6.5ºC | 100% |
| End | 18:10 | 6.5ºC | 100% |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 1 | 97 | Luis Martins | police challenge | Senior Masculino | 43:39 | | 05:27 |
| 2 | 9009 | Duarte Alves | ocr portugal lab | Senior Masculino | 47:06 | +03:26 | 05:53 |
| 3 | 9017 | Diogo Azevedo | wild challenge | Senior Masculino | 49:46 | +06:06 | 06:13 |
| 4 | 9007 | Rui Figueiredo | oestesport | Senior Masculino | 50:44 | +07:04 | 06:21 |
| 5 | 9036 | Ricardo Bio | police challenge | Senior Masculino | 52:12 | +08:32 | 06:32 |
| 6 | 127 | Manuel Blanco Fernández | ocr's north coast | Senior Masculino | 54:07 | +10:27 | 06:46 |
| 7 | 52 | BRUNO FREIRIA FERNÁNDEZ | individual | Senior Masculino | 54:28 | +10:48 | 06:49 |
| 8 | 9025 | Bruno Sousa | ocr portugal lab | Senior Masculino | 54:47 | +11:07 | 06:51 |
| 9 | 9060 | Rómulo Fernandes | #aminhamaenaodeixa | Senior Masculino | 55:23 | +11:43 | 06:55 |
| 10 | 9035 | Pedro Gonçalves | individual | Senior Masculino | 57:05 | +13:25 | 07:08 |
| 11 | 90 | José Ramón Loza Garcia | ocr's north coast | Senior Masculino | 57:23 | +13:44 | 07:10 |
| 12 | 9014 | Jefferson Ferreira | individual | Senior Masculino | 57:31 | +13:52 | 07:12 |
| 13 | 9008 | João Branco | ocr portugal lab | Senior Masculino | 59:05 | +15:26 | 07:23 |
| 14 | 9005 | Rui Costa | individual | Senior Masculino | 01:04:07 | +20:27 | 08:01 |
| 15 | 49 | Antonio Andión | individual | Senior Masculino | 01:05:10 | +21:30 | 08:09 |
| 16 | 13 | Flávio Fernandes | b.t.m. | Senior Masculino | 01:06:00 | +22:21 | 08:15 |
| 17 | 9057 | Francisco Fernandes | b.t.m. | Senior Masculino | 01:06:34 | +22:54 | 08:19 |
| 18 | 9049 | Daniel Caetano | challenge force | Senior Masculino | 01:06:40 | +23:00 | 08:20 |
| 19 | 9069 | José Pedro Magalhães | individual | Senior Masculino | 01:06:55 | +23:15 | 08:22 |
| 20 | 9063 | André Gomes | ocr portugal lab | Senior Masculino | 01:07:07 | +23:27 | 08:23 |
| 21 | 9054 | João Santos | esquadrão +fit | Senior Masculino | 01:07:21 | +23:41 | 08:25 |
| 22 | 89 | José emmanuel ely leite do sacramento monteiro | ocr's north coast | Senior Masculino | 01:10:28 | +26:48 | 08:49 |
| 23 | 33 | Pedro Carneiro | crossfit famalicão | Senior Masculino | 01:10:35 | +26:55 | 08:49 |
| 24 | 9037 | João Coentrão | esr | Senior Masculino | 01:13:43 | +30:03 | 09:13 |
| 25 | 9006 | Telmo Pinho | #aminhamaenaodeixa | Senior Masculino | 01:14:09 | +30:29 | 09:16 |
| 26 | 27 | António Alves | crossbox chaves | Senior Masculino | 01:16:49 | +33:09 | 09:36 |
| 27 | 9003 | NUNO MARTINS | individual | Senior Masculino | 01:21:54 | +38:14 | 10:14 |
| 28 | 121 | Silvino António Patrão Gonçalves | abb/duros - jf ferral | Senior Masculino | 01:24:11 | +40:31 | 10:31 |
| 29 | 9010 | Ricardo Gonçalves | individual | Senior Masculino | 01:26:05 | +42:25 | 10:46 |
| 30 | 9029 | Carlos Araújo | challenge force | Senior Masculino | 01:26:54 | +43:14 | 10:52 |
| 31 | 9004 | Bruno Faria | individual | Senior Masculino | 01:27:02 | +43:22 | 10:53 |
| 32 | 9048 | Filipe Machado | individual | Senior Masculino | 01:28:07 | +44:28 | 11:01 |
| 33 | 57 | Luis Vaz | individual | Senior Masculino | 01:33:00 | +49:20 | 11:38 |
| 34 | 69 | Uxío Sordo | individual | Senior Masculino | 01:33:17 | +49:37 | 11:40 |
| 35 | 9053 | Samuel Domingues Margarido | ocr portugal lab | Senior Masculino | 01:35:07 | +51:27 | 11:53 |
| 36 | 9055 | Miguel Almeida | #aminhamaenaodeixa | Senior Masculino | 01:45:46 | +01:02:06 | 13:13 |
| 37 | 48 | Alberto Lago | individual | Senior Masculino | 01:48:10 | +01:04:31 | 13:31 |
| 38 | 9073 | Rui Miguel Dias da Silva | individual | Senior Masculino | 01:54:19 | +01:10:39 | 14:17 |
| 39 | 30 | Miguel Pintado | crossbox chaves | Senior Masculino | 01:58:31 | +01:14:51 | 14:49 |
| 40 | 9059 | Rui Fernandes | ocr portugal lab | Senior Masculino | 02:03:18 | +01:19:38 | 15:25 |

## PROVA PRINCIPAL - ELITE MASC

**8 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

**OFFICIAL RESULT**

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 41 | 1369 | VITOR MANUEL GONÇALVES PEDRO | individual | Senior Masculino | 02:04:22 | +01:20:42 | 15:33 |
| 42 | 38 | Quirino José | esquadrão +fit | Senior Masculino | 02:04:26 | +01:20:46 | 15:33 |
| 43 | 19 | José Gonçalves | best cross amares | Senior Masculino | 02:05:20 | +01:21:41 | 15:40 |
| 44 | 9062 | Mário Barbosa Duarte | abb/duros - jf ferral | Senior Masculino | 02:09:35 | +01:25:55 | 16:12 |
| 45 | 9032 | Pedro André de Brito Aleixo | urban obstacles | Senior Masculino | 02:23:40 | +01:40:00 | 17:58 |
| 46 | 65 | Ricardo Portugal | individual | Senior Masculino | 02:25:22 | +01:41:42 | 18:10 |
| 47 | 31 | Paulo Osório | crossbox chaves | Senior Masculino | 02:26:33 | +01:42:53 | 18:19 |
| 48 | 28 | Carlos Pintado | crossbox chaves | Senior Masculino | 02:39:03 | +01:55:24 | 19:53 |

lap2go TIMING SOLUTION

# Montalegre Urban Fit 2018

**Montalegre, PT**

**03-March-2018**

## PROVA PRINCIPAL - GUERREIRO A

**8 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | Time | Temperature | Humidity |
|---|---|---|---|
| Start | 15:00 | 6.5ºC | 100% |
| End | 18:10 | -99ºC | -99% |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 1 | 1073 | Marco José Araújo Lima | best cross amares | Senior Masculino | 52:38 | | 06:35 |
| 2 | 1123 | Viktor Gitskig | crossfit famalicão | Senior Masculino | 01:00:15 | +07:37 | 07:32 |
| 3 | 1074 | NUNO MARÇAL BARROS | best cross amares | Senior Masculino | 01:00:39 | +08:01 | 07:35 |
| 4 | 1215 | Helena Fernandes | n14 crossfit braga | Senior Feminino | 01:02:23 | +09:45 | 07:48 |
| 5 | 1217 | Flávio Caldas | n14 crossfit braga | Senior Masculino | 01:03:29 | +10:51 | 07:56 |
| 6 | 1053 | Cesar Carvalho | b.t.m. | Senior Masculino | 01:03:33 | +10:55 | 07:57 |
| 7 | 1078 | Tiago Peixoto | best cross amares | Senior Masculino | 01:03:41 | +11:03 | 07:58 |
| 8 | 1043 | Eunice Moreira | b.t.m. | Senior Feminino | 01:04:21 | +11:43 | 08:03 |
| 9 | 1146 | Luís Lopes | funmove - challenge your limits ! | Senior Masculino | 01:04:21 | +11:43 | 08:03 |
| 10 | 1144 | Joaquim André Teixeira | funmove - challenge your limits ! | Senior Masculino | 01:06:19 | +13:40 | 08:17 |
| 11 | 1059 | Luis Miguel Fernandes | b.t.m. | Senior Masculino | 01:07:44 | +15:05 | 08:28 |
| 12 | 1056 | Helder Torres | b.t.m. | Senior Masculino | 01:08:15 | +15:37 | 08:32 |
| 13 | 1120 | Luis Moreira | crossfit famalicão | Senior Masculino | 01:09:44 | +17:06 | 08:43 |
| 14 | 1278 | José Silva | s+q6 | Senior Masculino | 01:10:32 | +17:54 | 08:49 |
| 15 | 1075 | Pedro Torres | best cross amares | Senior Masculino | 01:11:16 | +18:38 | 08:55 |
| 16 | 1060 | Pedro Magalhães | b.t.m. | Senior Masculino | 01:13:18 | +20:40 | 09:10 |
| 17 | 1149 | Rui Jorge Alves Lopes | funmove - challenge your limits ! | Senior Masculino | 01:13:49 | +21:11 | 09:14 |
| 18 | 1041 | Carla Salgado | b.t.m. | Senior Feminino | 01:14:46 | +22:08 | 09:21 |
| 19 | 1051 | Andre Silva | b.t.m. | Senior Masculino | 01:16:06 | +23:27 | 09:31 |
| 20 | 1045 | Paula Ferreira | b.t.m. | Senior Feminino | 01:16:28 | +23:50 | 09:34 |
| 21 | 1242 | Tiago Vale | os toiras | Senior Masculino | 01:20:26 | +27:48 | 10:03 |
| 22 | 1210 | Tiago Almeida | individual | Senior Masculino | 01:20:32 | +27:54 | 10:04 |
| 23 | 1241 | Ivo correia | os toiras | Senior Masculino | 01:20:43 | +28:04 | 10:05 |
| 24 | 1181 | Vanessa Almeida | individual | Senior Feminino | 01:20:47 | +28:09 | 10:06 |
| 25 | 1256 | João Paulo Ferreira Campos | over the limit | Senior Masculino | 01:23:35 | +30:57 | 10:27 |
| 26 | 1199 | Manuel Antonio Alves Silva | individual | Senior Masculino | 01:23:58 | +31:20 | 10:30 |
| 27 | 1307 | Pedro Machado | up & down | Senior Masculino | 01:25:18 | +32:40 | 10:40 |
| 28 | 1252 | Carlos Valdemar Silva Sousa | over the limit | Senior Masculino | 01:25:26 | +32:48 | 10:41 |
| 29 | 1185 | Fernando Sousa da Silva | individual | Senior Masculino | 01:25:31 | +32:53 | 10:41 |
| 30 | 1193 | JOSE LUIS VILLAVERDE SANISIDRO | individual | Senior Masculino | 01:26:24 | +33:46 | 10:48 |
| 31 | 1077 | Tiago Filipe Pereira da Silva | best cross amares | Senior Masculino | 01:26:51 | +34:13 | 10:51 |
| 32 | 1263 | Christiane Creminho | s+q6 | Senior Feminino | 01:27:16 | +34:38 | 10:55 |
| 33 | 1201 | MARCOS CABALEIRO BOUZON | individual | Senior Masculino | 01:27:22 | +34:44 | 10:55 |
| 34 | 1061 | Ricardo Rocha | b.t.m. | Senior Masculino | 01:28:28 | +35:50 | 11:04 |
| 35 | 1133 | Ana Rita Silva Almeida | funmove - challenge your limits ! | Senior Feminino | 01:28:30 | +35:52 | 11:04 |
| 36 | 1354 | Tiago Abreu | agrifer proposal | Senior Masculino | 01:28:52 | +36:14 | 11:07 |
| 37 | 1356 | Francisco Ferreira | agrifer proposal | Senior Masculino | 01:29:09 | +36:31 | 11:09 |
| 38 | 1236 | Delfim Costa | os magnificos | Senior Masculino | 01:29:53 | +37:15 | 11:14 |
| 39 | 1049 | Agostinho Maia | b.t.m. | Senior Masculino | 01:29:58 | +37:20 | 11:15 |
| 40 | 1064 | Daniela Filipa da Silva Carvalho | best cross amares | Senior Feminino | 01:31:08 | +38:30 | 11:24 |

## PROVA PRINCIPAL - GUERREIRO A

**8 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

**OFFICIAL RESULT**

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| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 41 | 1038 | Alda Susana Sousa | b.t.m. | Senior Feminino | 01:31:15 | +38:37 | 11:24 |
| 42 | 1057 | João Carvalho | b.t.m. | Senior Masculino | 01:31:38 | +39:00 | 11:27 |
| 43 | 1046 | Rosa Correia | b.t.m. | Senior Feminino | 01:31:44 | +39:06 | 11:28 |
| 44 | 1048 | Susana Revés | b.t.m. | Senior Feminino | 01:31:46 | +39:08 | 11:28 |
| 45 | 1225 | Alejandro Rodríguez Zango | ocr's north coast | Senior Masculino | 01:32:22 | +39:43 | 11:33 |
| 46 | 1079 | Vitor David Silva Vieira | best cross amares | Senior Masculino | 01:32:25 | +39:47 | 11:33 |
| 47 | 1233 | Tino Valle | ocr's north coast | Senior Masculino | 01:32:54 | +40:16 | 11:37 |
| 48 | 1258 | Joaquim Jorge Neves Leal | over the limit | Senior Masculino | 01:32:59 | +40:21 | 11:37 |
| 49 | 1179 | Rafaela Costa Bento | individual | Senior Feminino | 01:35:08 | +42:30 | 11:54 |
| 50 | 1266 | Eduarda Lamela Martins | s+q6 | Senior Feminino | 01:35:14 | +42:35 | 11:54 |
| 51 | 1262 | Carla Filipa da Silva Alves | s+q6 | Senior Feminino | 01:35:14 | +42:36 | 11:54 |
| 52 | 1273 | Teresa Martins | s+q6 | Senior Feminino | 01:35:16 | +42:38 | 11:55 |
| 53 | 1367 | Joana Pinheiro Fonseca Barbosa | best cross amares | Senior Feminino | 01:35:22 | +42:44 | 11:55 |
| 54 | 1277 | José Rodrigues | s+q6 | Senior Masculino | 01:35:31 | +42:53 | 11:56 |
| 55 | 1009 | Leonel Fernandes | agrifer proposal | Senior Masculino | 01:35:56 | +43:18 | 12:00 |
| 56 | 1117 | Gentil Silva | crossfit famalicão | Senior Masculino | 01:37:15 | +44:37 | 12:09 |
| 57 | 1346 | JOÃO RIBEIRO | wild wolves | Senior Masculino | 01:37:16 | +44:38 | 12:10 |
| 58 | 1355 | Marco Louro | agrifer proposal | Senior Masculino | 01:37:16 | +44:38 | 12:10 |
| 59 | 1122 | Marco Figueiredo | crossfit famalicão | Senior Masculino | 01:37:17 | +44:38 | 12:10 |
| 60 | 1347 | MARIO GOMES | wild wolves | Senior Masculino | 01:37:18 | +44:39 | 12:10 |
| 61 | 1134 | Barbara Isabel Caetano Fernandes | funmove - challenge your limits ! | Senior Feminino | 01:37:20 | +44:42 | 12:10 |
| 62 | 1267 | Filipa Manuela Santos Freitas Gonçalves | s+q6 | Senior Feminino | 01:37:37 | +44:59 | 12:12 |
| 63 | 1271 | Maria José da Rocha Carvalho Martins | s+q6 | Senior Feminino | 01:37:41 | +45:03 | 12:13 |
| 64 | 1274 | António Manuel Gomes Martins | s+q6 | Senior Masculino | 01:37:43 | +45:05 | 12:13 |
| 65 | 1279 | Manuel Martins | s+q6 | Senior Masculino | 01:37:45 | +45:07 | 12:13 |
| 66 | 1010 | Rui Bastos | agrifer proposal | Senior Masculino | 01:38:16 | +45:38 | 12:17 |
| 67 | 1063 | Bruno Rosas | b.t.m. | Senior Masculino | 01:38:43 | +46:05 | 12:20 |
| 68 | 1039 | Ana Faria | b.t.m. | Senior Feminino | 01:41:00 | +48:22 | 12:38 |
| 69 | 1062 | Rui Pereira | b.t.m. | Senior Masculino | 01:41:03 | +48:25 | 12:38 |
| 70 | 1052 | Bruno Santos | b.t.m. | Senior Masculino | 01:41:21 | +48:43 | 12:40 |
| 71 | 1219 | Luís Queirós | n14 crossfit braga | Senior Masculino | 01:42:24 | +49:46 | 12:48 |
| 72 | 1348 | MIGUEL MONTEIRO | wild wolves | Senior Masculino | 01:42:25 | +49:46 | 12:48 |
| 73 | 1255 | Ilídio José Vieira Dias | over the limit | Senior Masculino | 01:42:28 | +49:50 | 12:49 |
| 74 | 1345 | CRISTINA MONTEIRO | wild wolves | Senior Feminino | 01:43:02 | +50:24 | 12:53 |
| 75 | 1349 | RUBEN ARAÚJO | wild wolves | Senior Masculino | 01:43:38 | +51:00 | 12:57 |
| 76 | 1151 | Vitor João Gonçalves Lopes | funmove - challenge your limits ! | Senior Masculino | 01:43:44 | +51:06 | 12:58 |
| 77 | 1211 | Vítor Madeiras | individual | Senior Masculino | 01:43:53 | +51:15 | 12:59 |
| 78 | 1270 | Joana Miguel | s+q6 | Senior Feminino | 01:44:15 | +51:37 | 13:02 |
| 79 | 1269 | Joana Lamela Martins | s+q6 | Senior Feminino | 01:44:15 | +51:37 | 13:02 |
| 80 | 1265 | Diana Santos | s+q6 | Senior Feminino | 01:44:17 | +51:39 | 13:02 |
| 81 | 1264 | Cláudia Martins Oliveira | s+q6 | Senior Feminino | 01:44:19 | +51:41 | 13:02 |
| 82 | 1055 | Eduardo FOnseca | b.t.m. | Senior Masculino | 01:45:16 | +52:38 | 13:10 |

## PROVA PRINCIPAL - GUERREIRO A

**8 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 83 | 1191 | Igor Mendes Costa | individual | Senior Masculino | 01:45:47 | +53:09 | 13:13 |
| 84 | 1096 | Sandra Batista | cercimont | Senior Feminino | 01:46:05 | +53:27 | 13:16 |
| 85 | 1095 | Cristina Cândido | cercimont | Senior Feminino | 01:46:06 | +53:27 | 13:16 |
| 86 | 1097 | Sara Ramos | cercimont | Senior Feminino | 01:46:15 | +53:37 | 13:17 |
| 87 | 1118 | José Castro | crossfit famalicão | Senior Masculino | 01:46:18 | +53:40 | 13:17 |
| 88 | 1076 | Ricardo José Peixoto Coelho | best cross amares | Senior Masculino | 01:46:19 | +53:41 | 13:17 |
| 89 | 1124 | Vitor Silva | crossfit famalicão | Senior Masculino | 01:46:20 | +53:41 | 13:18 |
| 90 | 1121 | Luis Santos | crossfit famalicão | Senior Masculino | 01:46:20 | +53:42 | 13:18 |
| 91 | 1115 | Christophe Adão da Silva Soares | crossfit famalicão | Senior Masculino | 01:46:22 | +53:44 | 13:18 |
| 92 | 1070 | Eduardo Manuel Peixoto Coelho | best cross amares | Senior Masculino | 01:46:44 | +54:06 | 13:21 |
| 93 | 1116 | Estevão | crossfit famalicão | Senior Masculino | 01:46:55 | +54:17 | 13:22 |
| 94 | 1131 | Ana Filipa Cunha Fernandes | funmove - challenge your limits ! | Senior Feminino | 01:49:20 | +56:42 | 13:40 |
| 95 | 1135 | Cláudia Vieira Mendes | funmove - challenge your limits ! | Senior Feminino | 01:49:21 | +56:43 | 13:40 |
| 96 | 1150 | Victor Faria | funmove - challenge your limits ! | Senior Masculino | 01:49:28 | +56:50 | 13:41 |
| 97 | 1132 | Ana Rita Gonçalves Lopes | funmove - challenge your limits ! | Senior Feminino | 01:49:29 | +56:51 | 13:41 |
| 98 | 1138 | Maria Joaquina Martins Abreu | funmove - challenge your limits ! | Senior Feminino | 01:49:31 | +56:53 | 13:41 |
| 99 | 1047 | Silvia Cunha | b.t.m. | Senior Feminino | 01:49:34 | +56:55 | 13:42 |
| 100 | 1044 | Judite Ferreira | b.t.m. | Senior Feminino | 01:49:38 | +56:59 | 13:42 |
| 101 | 1281 | Rui Lopes | s+q6 | Senior Masculino | 01:49:42 | +57:04 | 13:43 |
| 102 | 1259 | Leandro José Ribeiro Oliveira Costa | over the limit | Senior Masculino | 01:49:43 | +57:05 | 13:43 |
| 103 | 1275 | Diogo Teibão | s+q6 | Senior Masculino | 01:49:44 | +57:06 | 13:43 |
| 104 | 1094 | Ana Alves | cercimont | Senior Feminino | 01:49:44 | +57:06 | 13:43 |
| 105 | 1147 | Rúben Alves | funmove - challenge your limits ! | Senior Masculino | 01:49:59 | +57:21 | 13:45 |
| 106 | 1310 | Tito Abreu | up & down | Senior Masculino | 01:50:06 | +57:28 | 13:46 |
| 107 | 1250 | Vania Ferreira Ribeiro | over the limit | Senior Feminino | 01:50:15 | +57:37 | 13:47 |
| 108 | 1253 | Cristiano Emanuel Silva Alves | over the limit | Senior Masculino | 01:50:15 | +57:37 | 13:47 |
| 109 | 1244 | Bárbara Cláudia Nunes de Sousa Pacheco | over the limit | Senior Feminino | 01:50:15 | +57:37 | 13:47 |
| 110 | 1248 | Olinda Susana Neves Leal | over the limit | Senior Feminino | 01:50:16 | +57:38 | 13:47 |
| 111 | 1071 | Jorge Faria | best cross amares | Senior Masculino | 01:50:46 | +58:08 | 13:51 |
| 112 | 1142 | Diogo Ribeiro | funmove - challenge your limits ! | Senior Masculino | 01:50:51 | +58:13 | 13:51 |
| 113 | 1308 | Ricardo Couto | up & down | Senior Masculino | 01:52:00 | +59:21 | 14:00 |
| 114 | 1306 | Bruno Brandão | up & down | Senior Masculino | 01:52:16 | +59:38 | 14:02 |
| 115 | 1257 | João Paulo Nunes Pereira | over the limit | Senior Masculino | 01:52:36 | +59:58 | 14:05 |
| 116 | 1141 | Bruno Marinho | funmove - challenge your limits ! | Senior Masculino | 01:53:00 | +01:00:22 | 14:08 |
| 117 | 1128 | Alfredo Agostinho Silva Pereira | deixempassar | Senior Masculino | 01:53:55 | +01:01:17 | 14:14 |
| 118 | 1245 | Ivania Raquel Azevedo Rocha | over the limit | Senior Feminino | 01:54:36 | +01:01:57 | 14:20 |
| 119 | 1249 | Sónia Maria da Silva Leal | over the limit | Senior Feminino | 01:54:38 | +01:02:00 | 14:20 |
| 120 | 1254 | Emanuel Vieira Freitas | over the limit | Senior Masculino | 01:54:39 | +01:02:01 | 14:20 |
| 121 | 1137 | Juliana Silva | funmove - challenge your limits ! | Senior Feminino | 01:55:11 | +01:02:33 | 14:24 |
| 122 | 1206 | Ricardo silva | individual | Senior Masculino | 01:56:43 | +01:04:05 | 14:35 |
| 123 | 1186 | Filipe Macedo Pontes | individual | Senior Masculino | 01:57:26 | +01:04:48 | 14:41 |
| 124 | 1130 | Pedro Manuel Gomes Esteves | deixempassar | Senior Masculino | 01:57:52 | +01:05:14 | 14:44 |
| 125 | 1126 | Maria José Vieira Fernandes | deixempassar | Senior Feminino | 01:57:53 | +01:05:15 | 14:44 |

## PROVA PRINCIPAL - GUERREIRO A

**8 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

**R** REVISED

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 126 | 1174 | Adriana Cabecinhas | individual | Senior Feminino | 01:57:54 | +01:05:16 | 14:44 |
| 127 | 1364 | Mónica Rocha | individual | Senior Feminino | 01:57:55 | +01:05:16 | 14:44 |
| 128 | 1127 | Rosa Joana Góis Rodrigues Alves | deixempassar | Senior Feminino | 01:57:56 | +01:05:18 | 14:45 |
| 129 | 1067 | OLIVIA PIMENTA | best cross amares | Senior Feminino | 01:58:00 | +01:05:22 | 14:45 |
| 130 | 1251 | André Filipe de Sousa Moreira | over the limit | Senior Masculino | 01:58:42 | +01:06:04 | 14:50 |
| 131 | 1099 | Cândida Silva | challenge force | Senior Feminino | 01:58:48 | +01:06:10 | 14:51 |
| 132 | 1140 | Bruno Daniel Ferreira Correia | funmove - challenge your limits ! | Senior Masculino | 01:59:49 | +01:07:11 | 14:59 |
| 133 | 1129 | Paulo Jorge Duarte Alves | deixempassar | Senior Masculino | 02:00:30 | +01:07:52 | 15:04 |
| 134 | 1178 | Marília Jesus Lima soares | individual | Senior Feminino | 02:01:14 | +01:08:35 | 15:09 |
| 135 | 1125 | Gisela Fernandes de Sousa | deixempassar | Senior Feminino | 02:01:24 | +01:08:46 | 15:11 |
| 136 | 1066 | LUZ PIMENTA | best cross amares | Senior Feminino | 02:03:40 | +01:11:02 | 15:28 |
| 137 | 1139 | Mónica Lopes | funmove - challenge your limits ! | Senior Feminino | 02:04:00 | +01:11:22 | 15:30 |
| 138 | 1243 | Andreia Sofia Monteiro Brandão | over the limit | Senior Feminino | 02:04:46 | +01:12:07 | 15:36 |
| 139 | 1247 | Olinda Odete Silva Sousa | over the limit | Senior Feminino | 02:04:48 | +01:12:10 | 15:36 |
| 140 | 1145 | Joaquim da Silva | funmove - challenge your limits ! | Senior Masculino | 02:09:08 | +01:16:30 | 16:09 |
| 141 | 1143 | Inácio Silva | funmove - challenge your limits ! | Senior Masculino | 02:09:57 | +01:17:18 | 16:15 |
| 142 | 1148 | Rui Filipe | funmove - challenge your limits ! | Senior Masculino | 02:10:21 | +01:17:42 | 16:18 |
| 143 | 1339 | Zélia Carina Monteiro Pereira | wild vets | Senior Feminino | 02:11:22 | +01:18:43 | 16:25 |
| 144 | 1335 | Beatriz Borges Alves | wild vets | Senior Feminino | 02:11:24 | +01:18:45 | 16:26 |
| 145 | 1111 | Sandra Carvalho | crossfit famalicão | Senior Feminino | 02:11:44 | +01:19:06 | 16:28 |
| 146 | 1006 | Ricardo Costa | #partetudo | Senior Masculino | 02:13:11 | +01:20:33 | 16:39 |
| 147 | 1001 | Catarina Silva | #partetudo | Senior Feminino | 02:13:12 | +01:20:33 | 16:39 |
| 148 | 1004 | Pedro Fernandes | #partetudo | Senior Masculino | 02:13:12 | +01:20:34 | 16:39 |
| 149 | 1002 | Silvia Cunha Pereira | #partetudo | Senior Feminino | 02:13:12 | +01:20:34 | 16:39 |
| 150 | 1005 | Pedro Nuno Fernandes | #partetudo | Senior Masculino | 02:13:12 | +01:20:34 | 16:39 |
| 151 | 1007 | Rui Costa | #partetudo | Senior Masculino | 02:13:13 | +01:20:35 | 16:39 |
| 152 | 1003 | António Catarino | #partetudo | Senior Masculino | 02:13:13 | +01:20:35 | 16:39 |
| 153 | 1338 | Raquel França de Barros | wild vets | Senior Feminino | 02:15:07 | +01:22:29 | 16:53 |
| 154 | 1337 | Maria Manuel Morais Sarmento | wild vets | Senior Feminino | 02:15:07 | +01:22:29 | 16:53 |
| 155 | 1068 | SILVIA ALEXANDRA PIMENTA GOMES | best cross amares | Senior Feminino | 02:15:23 | +01:22:45 | 16:55 |
| 156 | 1072 | JOSÉ MACEDO | best cross amares | Senior Masculino | 02:15:24 | +01:22:46 | 16:56 |
| 157 | 1366 | Magno Almeida | crossfit famalicão | Senior Masculino | 02:18:02 | +01:25:24 | 17:15 |
| 158 | 1311 | Carlos araújo | urban obstacles | Senior Masculino | 02:18:09 | +01:25:31 | 17:16 |
| 159 | 1314 | Tiago Martins | urban obstacles | Senior Masculino | 02:18:10 | +01:25:32 | 17:16 |
| 160 | 1312 | Diogo Rufino | urban obstacles | Senior Masculino | 02:18:16 | +01:25:38 | 17:17 |
| 161 | 1313 | João Henriques | urban obstacles | Senior Masculino | 02:18:18 | +01:25:40 | 17:17 |
| 162 | 1343 | Miguel Nuno Pinheiro Quaresma | wild vets | Senior Masculino | 02:19:50 | +01:27:12 | 17:29 |
| 163 | 1113 | Tânia Marques | crossfit famalicão | Senior Feminino | 02:20:46 | +01:28:08 | 17:36 |
| 164 | 1110 | Maria do Patrocínio Cardoso | crossfit famalicão | Senior Feminino | 02:21:08 | +01:28:30 | 17:39 |
| 165 | 1327 | Miguel Fonseca | wacky racers | Senior Masculino | 02:21:15 | +01:28:37 | 17:39 |
| 166 | 1324 | Bárbara Daniela Silva | wacky racers | Senior Feminino | 02:21:16 | +01:28:38 | 17:40 |
| 167 | 1326 | Helder Ferreira | wacky racers | Senior Masculino | 02:21:16 | +01:28:38 | 17:40 |

## PROVA PRINCIPAL - GUERREIRO A

**8 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 168 | 1323 | Ana Margarida Malheiro Guimarães | wacky racers | Senior Feminino | 02:21:17 | +01:28:39 | 17:40 |
| 169 | 1325 | Liliana Meleiro Esteves | wacky racers | Senior Feminino | 02:21:17 | +01:28:39 | 17:40 |
| 170 | 1344 | Tiago Alberto Leite de Abreu | wild vets | Senior Masculino | 02:23:17 | +01:30:39 | 17:55 |
| 171 | 1341 | Gonçalo Sereno e Melo de Almeida | wild vets | Senior Masculino | 02:23:35 | +01:30:57 | 17:57 |
| 172 | 1114 | Anthony François | crossfit famalicão | Senior Masculino | 02:25:22 | +01:32:44 | 18:10 |
| 173 | 1119 | Josué Alves | crossfit famalicão | Senior Masculino | 02:26:43 | +01:34:05 | 18:20 |
| 174 | 1336 | Katia Maria Gomes dos Santos | wild vets | Senior Feminino | 02:27:23 | +01:34:45 | 18:25 |
| 175 | 1351 | Mariana Ferreira de Carvalho | crossfit 4475 | Senior Feminino | 02:30:49 | +01:38:11 | 18:51 |
| 176 | 1107 | Marco Gil da Silva Fernandes | crossfit 4475 | Senior Masculino | 02:30:50 | +01:38:12 | 18:51 |
| 177 | 1350 | Fátima Adriana Barbosa Moreira | crossfit 4475 | Senior Feminino | 02:30:54 | +01:38:16 | 18:52 |
| 178 | 1109 | Ricardo Jorge da Silva Maia | crossfit 4475 | Senior Masculino | 02:30:55 | +01:38:17 | 18:52 |

**Obs**

| BIB | NOTE | NAME | TEAM | CAT |
|---|---|---|---|---|
| 10 | DQ | Sara Araújo | B.T.M. | Senior Feminino |
| 11 | DQ | Vania Peixoto | B.T.M. | Senior Feminino |
| 12 | DQ | Diogo Araújo | B.T.M. | Senior Masculino |
| 15 | DQ | Hugo Araújo | B.T.M. | Senior Masculino |
| 16 | DQ | Duarte Fernandes | B.T.M. | Senior Masculino |
| 17 | DQ | Pedro Moreira | B.T.M. | Senior Masculino |
| 21 | DQ | Sara Barradas | CHALLENGE FORCE | Senior Feminino |
| 26 | DQ | Ricardo Bessa | CHALLENGE FORCE | Senior Masculino |
| 34 | DQ | Elsa Palmelão | Esquadrão +Fit | Senior Feminino |
| 39 | DQ | Patricia Oliveira | ESR | Senior Feminino |
| 40 | DQ | Sandra Almeida Rocha | ESR | Senior Feminino |
| 42 | DQ | Helena Isabel Caseiro de Almeida | ESR | Senior Masculino |
| 43 | DQ | Cláudio Rocha | ESR | Senior Masculino |
| 46 | DQ | José Miguel Ferreira Barbosa dos Santos | ESR | Senior Masculino |
| 50 | DQ | Bruno Costa | Individual | Senior Masculino |
| 56 | DQ | Luís Carlos Lobo Freixeiro | Individual | Senior Masculino |
| 63 | DQ | Raúl Rodríguez | Individual | Senior Masculino |
| 73 | DQ | Rúben Gonçalves | Ninja Team | Senior Masculino |
| 74 | DQ | Cidalia Borges | OCR Portugal Lab | Senior Feminino |
| 92 | DQ | Filipa Alves | Police Challenge | Senior Feminino |
| 93 | DQ | Marlene Correia | Police Challenge | Senior Feminino |
| 94 | DQ | Raquel Ferreira | Police Challenge | Senior Feminino |
| 95 | DQ | Suzy Assunção | Police Challenge | Senior Feminino |
| 99 | DQ | Miguel Ribeiro | Police Challenge | Senior Masculino |
| 101 | DQ | Rafael de Sousa | Police Challenge | Senior Masculino |
| 114 | DQ | Marcelo Rodrigues | Wolfpack | Senior Masculino |
| 122 | DQ | Artur Miguel Antunes Gonçalves | ABB/duros - JF FERRAL | Senior Masculino |
| 123 | DQ | Domingos Daniel Pereira de Oliveira | ABB/duros - JF FERRAL | Senior Masculino |
| 1050 | DQ | André Santos | B.T.M. | Senior Masculino |
| 1058 | DQ | Jorge Pereira | B.T.M. | Senior Masculino |

## PROVA PRINCIPAL - GUERREIRO A

**8 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

**OFFICIAL RESULT**

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| BIB | NOTE | NAME | TEAM | CAT |
|---|---|---|---|---|
| 1112 | DQ | Sandra Gonçalves | CrossFit Famalicão | Senior Feminino |
| 1188 | DQ | Gonçalo valente | Individual | Senior Masculino |
| 9001 | DQ | MÁRIO PROFIRIO | OCR Portugal Lab | Senior Masculino |
| 9016 | DQ | Elizabete Santos | OCR Portugal Lab | Senior Feminino |
| 9018 | DQ | Ricardo Rego | B.T.M. | Senior Masculino |
| 9019 | DQ | João Filipe Rodrigues Gaspar | #aminhamaenaodeixa | Senior Masculino |
| 9020 | DQ | Filipa Yanez | OCR Portugal Lab | Senior Feminino |
| 9021 | DQ | Jose Melato | OCR Portugal Lab | Senior Masculino |
| 9022 | DQ | João Miranda | Police Challenge | Senior Masculino |
| 9024 | DQ | Luís Gonçalves | Urban Obstacles | Senior Masculino |
| 9030 | DQ | Miguel Silva | CHALLENGE FORCE | Senior Masculino |
| 9033 | DQ | Rafael Neves | Individual | Senior Masculino |
| 9034 | DQ | Gonçalo Oliveira | Urban Obstacles | Senior Masculino |
| 9040 | DQ | Ana Pascoal | Urban Obstacles | Senior Feminino |
| 9041 | DQ | Alexandre Joaquim | OCR Portugal Lab | Senior Masculino |
| 9050 | DQ | João Carlos | CHALLENGE FORCE | Senior Masculino |
| 9051 | DQ | Carlos Fernando Marques | @corredoresderua@ | Senior Masculino |
| 9056 | DQ | Diana Ferreira | B.T.M. | Senior Feminino |
| 9058 | DQ | Gisela Pinhal | OCR Portugal Lab | Senior Feminino |
| 9061 | DQ | Jorge rodrigues | Esquadrão +Fit | Senior Masculino |
| 9070 | DQ | Tânia Serrão | OCR Portugal Lab | Senior Feminino |
| 9075 | DQ | Ângela Ramalho | Individual | Senior Feminino |
| 9011 | DNF | Marcelo Oliveira | Individual | Senior Masculino |

lap2go TIMING SOLUTION

# Montalegre Urban Fit 2018

**Montalegre, PT**

**03-March-2018**

## PROVA PRINCIPAL - GUERREIRO B

**8 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | Time | Temperature | Humidity |
|---|---|---|---|
| Start | 15:00 | 6.5ºC | 100% |
| End | 18:10 | 6.5ºC | 100% |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 1 | 1166 | Bruno Sampaio | habcarpintaria | Senior Masculino | 57:53 | | 07:14 |
| 2 | 1172 | Ricardo Oliveira | habcarpintaria | Senior Masculino | 58:07 | +00:13 | 07:16 |
| 3 | 1190 | Hugo Pereira | individual | Senior Masculino | 58:36 | +00:42 | 07:20 |
| 4 | 1169 | Hugo Sampaio | habcarpintaria | Senior Masculino | 58:41 | +00:47 | 07:20 |
| 5 | 1202 | MATIAS GAGO MENOR | individual | Senior Masculino | 58:45 | +00:51 | 07:21 |
| 6 | 1192 | Iván Fernández Álvarez | ocr's north coast | Senior Masculino | 59:35 | +01:41 | 07:27 |
| 7 | 1208 | Rui Francisco Figueiras de Carvalho | individual | Senior Masculino | 59:36 | +01:42 | 07:27 |
| 8 | 1204 | Noe Seara Dopazo | individual | Senior Masculino | 59:37 | +01:43 | 07:27 |
| 9 | 1365 | Jorge Ferrin Escariz | individual | Senior Masculino | 59:55 | +02:01 | 07:29 |
| 10 | 1153 | Filipe Costa | ginásio multiusos montalegre | Senior Masculino | 01:02:20 | +04:26 | 07:48 |
| 11 | 1152 | Fabio Afonso | ginásio multiusos montalegre | Senior Masculino | 01:04:48 | +06:54 | 08:06 |
| 12 | 1168 | Elson Carvalho | habcarpintaria | Senior Masculino | 01:05:14 | +07:20 | 08:09 |
| 13 | 1230 | Martin Gonzalo Landolfi | ocr's north coast | Senior Masculino | 01:07:02 | +09:08 | 08:23 |
| 14 | 1173 | Vitor Araujo | habcarpintaria | Senior Masculino | 01:10:24 | +12:30 | 08:48 |
| 15 | 1165 | Andre Sampaio | habcarpintaria | Senior Masculino | 01:10:26 | +12:32 | 08:48 |
| 16 | 1283 | Bruno Seara | team vitruvius | Senior Masculino | 01:16:20 | +18:26 | 09:33 |
| 17 | 1184 | Emílio Jorge Rodrigues de Carvalho | individual | Senior Masculino | 01:16:57 | +19:03 | 09:37 |
| 18 | 1235 | Antonio Baptista | os magnificos | Senior Masculino | 01:17:10 | +19:16 | 09:39 |
| 19 | 1175 | Cristina Rodriguez | individual | Senior Feminino | 01:17:54 | +20:00 | 09:44 |
| 20 | 1108 | Nuno Miguel Vale Travassos | crossfit 4475 | Senior Masculino | 01:18:43 | +20:49 | 09:50 |
| 21 | 1189 | Guilherme Soares | individual | Senior Masculino | 01:19:33 | +21:39 | 09:57 |
| 22 | 1239 | José Marques | os magnificos | Senior Masculino | 01:19:40 | +21:46 | 09:58 |
| 23 | 1180 | Sara Rodal Alvarez | individual | Senior Feminino | 01:20:44 | +22:50 | 10:06 |
| 24 | 1232 | Serafin corral prado | ocr's north coast | Senior Masculino | 01:21:39 | +23:45 | 10:12 |
| 25 | 1231 | Rodrigo Fernández Sordo | ocr's north coast | Senior Masculino | 01:21:53 | +23:59 | 10:14 |
| 26 | 1238 | Igor Pinto | os magnificos | Senior Masculino | 01:22:06 | +24:12 | 10:16 |
| 27 | 1226 | Arturo Iglesias Pulpeiro | ocr's north coast | Senior Masculino | 01:22:12 | +24:18 | 10:17 |
| 28 | 1197 | Manuel | individual | Senior Masculino | 01:22:35 | +24:41 | 10:19 |
| 29 | 1302 | Sergio Franco | teamliberty | Senior Masculino | 01:23:40 | +25:46 | 10:28 |
| 30 | 1305 | Tiago Maia | teamliberty | Senior Masculino | 01:23:42 | +25:48 | 10:28 |
| 31 | 1164 | Joana Sampaio | habcarpintaria | Senior Feminino | 01:25:17 | +27:23 | 10:40 |
| 32 | 1171 | Ricardo Costa | habcarpintaria | Senior Masculino | 01:25:18 | +27:24 | 10:40 |
| 33 | 1154 | Goncalo Fernandes | ginásio multiusos montalegre | Senior Masculino | 01:26:09 | +28:15 | 10:46 |
| 34 | 1156 | Nelson Machado | ginásio multiusos montalegre | Senior Masculino | 01:26:13 | +28:19 | 10:47 |
| 35 | 1297 | Nando Silva | teamliberty | Senior Masculino | 01:27:16 | +29:22 | 10:55 |
| 36 | 1157 | Vitor Teixeira | ginásio multiusos montalegre | Senior Masculino | 01:28:05 | +30:11 | 11:01 |
| 37 | 1155 | Manuel fernandes | ginásio multiusos montalegre | Senior Masculino | 01:28:34 | +30:40 | 11:04 |
| 38 | 1294 | Americo Araujo | teamliberty | Senior Masculino | 01:28:54 | +31:00 | 11:07 |
| 39 | 1161 | Francisco Ramoa | gym team | Senior Masculino | 01:30:18 | +32:24 | 11:17 |
| 40 | 1160 | Filipe Alexandre | gym team | Senior Masculino | 01:30:20 | +32:26 | 11:18 |

## PROVA PRINCIPAL - GUERREIRO B

**8 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

**OFFICIAL RESULT**

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| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 41 | 1158 | Aurélio Leal | gym team | Senior Masculino | 01:30:22 | +32:28 | 11:18 |
| 42 | 1159 | Daniel Lopes | gym team | Senior Masculino | 01:30:23 | +32:29 | 11:18 |
| 43 | 1162 | Márcio Silva | gym team | Senior Masculino | 01:30:24 | +32:30 | 11:18 |
| 44 | 1163 | Pedro Azevedo | gym team | Senior Masculino | 01:30:25 | +32:31 | 11:18 |
| 45 | 1296 | Joaquim Pereira | teamliberty | Senior Masculino | 01:30:54 | +33:00 | 11:22 |
| 46 | 1285 | Amelia Ramos | teamliberty | Senior Feminino | 01:30:55 | +33:01 | 11:22 |
| 47 | 1301 | Rudh Silva | teamliberty | Senior Masculino | 01:33:08 | +35:14 | 11:39 |
| 48 | 1209 | Samuel Gomes | individual | Senior Masculino | 01:35:23 | +37:29 | 11:55 |
| 49 | 1195 | José Ramón Taboada Iglesias | individual | Senior Masculino | 01:35:42 | +37:48 | 11:58 |
| 50 | 1289 | La Salete | teamliberty | Senior Feminino | 01:37:47 | +39:53 | 12:13 |
| 51 | 1203 | miguel soto fernandez | individual | Senior Masculino | 01:37:52 | +39:58 | 12:14 |
| 52 | 1295 | Carlos Silva | teamliberty | Senior Masculino | 01:39:26 | +41:32 | 12:26 |
| 53 | 1196 | Luis Miguel Guedes Pinto | individual | Senior Masculino | 01:42:51 | +44:57 | 12:51 |
| 54 | 1198 | Manuel | individual | Senior Masculino | 01:45:39 | +47:45 | 13:12 |
| 55 | 1105 | Silvi Luís do Canto | crossbox chaves fem | Senior Feminino | 01:46:43 | +48:49 | 13:20 |
| 56 | 1102 | Ana Maria Silva de Moura | crossbox chaves fem | Senior Feminino | 01:46:46 | +48:52 | 13:21 |
| 57 | 1103 | Delilah Christina Ribas Pereira Gonçalves | crossbox chaves fem | Senior Feminino | 01:46:48 | +48:54 | 13:21 |
| 58 | 1229 | Jose Villamil Perez | ocr's north coast | Senior Masculino | 01:47:20 | +49:26 | 13:25 |
| 59 | 1207 | Ruben Moreira | individual | Senior Masculino | 01:48:23 | +50:29 | 13:33 |
| 60 | 1304 | Tiago Azevedo | teamliberty | Senior Masculino | 01:51:43 | +53:49 | 13:58 |
| 61 | 1287 | Filipa Castro | teamliberty | Senior Feminino | 01:51:43 | +53:49 | 13:58 |
| 62 | 1182 | Abel Cardoso | individual | Senior Masculino | 01:51:59 | +54:05 | 14:00 |
| 63 | 1293 | Susasa patricia gosmes da silva | teamliberty | Senior Feminino | 01:54:06 | +56:12 | 14:16 |
| 64 | 1292 | Sandra Araujo | teamliberty | Senior Feminino | 01:54:06 | +56:12 | 14:16 |
| 65 | 1320 | Filipe silva | vieira run | Senior Masculino | 01:55:20 | +57:26 | 14:25 |
| 66 | 1322 | Jorge Cardoso | vieira run | Senior Masculino | 01:55:23 | +57:29 | 14:25 |
| 67 | 1316 | Andreia Prazeres | vieira run | Senior Feminino | 01:55:33 | +57:39 | 14:27 |
| 68 | 1318 | Vera Costa | vieira run | Senior Feminino | 01:55:33 | +57:39 | 14:27 |
| 69 | 1321 | Joao martins | vieira run | Senior Masculino | 01:55:34 | +57:40 | 14:27 |
| 70 | 1319 | Andre Pereira | vieira run | Senior Masculino | 01:55:34 | +57:40 | 14:27 |
| 71 | 1317 | Diana Sousa | vieira run | Senior Feminino | 01:55:34 | +57:40 | 14:27 |
| 72 | 1315 | Ana Silva | vieira run | Senior Feminino | 01:55:38 | +57:44 | 14:27 |
| 73 | 1363 | Maria Ramos | esquadrão +fit | Senior Feminino | 01:57:54 | +01:00:00 | 14:44 |
| 74 | 1352 | Tiago Pinho | esquadrão +fit | Senior Masculino | 01:57:56 | +01:00:02 | 14:45 |
| 75 | 1353 | Sandra Marisa Paulo Isidro | esquadrão +fit | Senior Feminino | 01:57:56 | +01:00:02 | 14:45 |
| 76 | 1392 | Dina Pereira | crédito agrícola | Senior Feminino | 01:58:03 | +01:00:10 | 14:45 |
| 77 | 1299 | Rolando costa | teamliberty | Senior Masculino | 02:03:01 | +01:05:07 | 15:23 |
| 78 | 1222 | Alba Romero Menéndez | ocr's north coast | Senior Feminino | 02:03:52 | +01:05:58 | 15:29 |
| 79 | 1227 | Emiliano Guerrero VILLORIA | ocr's north coast | Senior Masculino | 02:03:52 | +01:05:58 | 15:29 |
| 80 | 1223 | Ivana Ciarreta Passini | ocr's north coast | Senior Feminino | 02:03:52 | +01:05:58 | 15:29 |
| 81 | 1224 | Marilo gallego conde | ocr's north coast | Senior Feminino | 02:03:52 | +01:05:58 | 15:29 |
| 82 | 1286 | Emilia Santos | teamliberty | Senior Feminino | 02:04:15 | +01:06:22 | 15:32 |
| 83 | 1291 | Martinha silva | teamliberty | Senior Feminino | 02:04:45 | +01:06:51 | 15:36 |
| 84 | 1362 | Filipe Pereira | swatcamp | Senior Masculino | 02:04:59 | +01:07:05 | 15:37 |
| 85 | 1288 | Joana Moreira | teamliberty | Senior Feminino | 02:06:09 | +01:08:15 | 15:46 |

## PROVA PRINCIPAL - GUERREIRO B

**8 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

R REVISED

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 86 | 1300 | Ruben Teixeira | teamliberty | Senior Masculino | 02:06:11 | +01:08:17 | 15:46 |
| 87 | 1080 | Patrícia Alexandra Silva Ferreira | bichos do mato | Senior Feminino | 02:06:47 | +01:08:53 | 15:51 |
| 88 | 1081 | Sara Maria Soares da Costa | bichos do mato | Senior Feminino | 02:06:49 | +01:08:55 | 15:51 |
| 89 | 1034 | Daniela Varandas | b.a.c.o. | Senior Feminino | 02:07:56 | +01:10:03 | 16:00 |
| 90 | 1290 | Lurdes Marques | teamliberty | Senior Feminino | 02:08:01 | +01:10:07 | 16:00 |
| 91 | 1359 | Luís Fernandes | swatcamp | Senior Masculino | 02:09:10 | +01:11:16 | 16:09 |
| 92 | 1084 | Nuno Manuel Sa Varandas | bichos do mato | Senior Masculino | 02:10:00 | +01:12:06 | 16:15 |
| 93 | 1083 | Jean Carlos Pinto Ribeiro | bichos do mato | Senior Masculino | 02:10:01 | +01:12:07 | 16:15 |
| 94 | 1333 | Hugo Correia | wild challenge | Senior Masculino | 02:10:10 | +01:12:16 | 16:16 |
| 95 | 1358 | Marlene Freitas | swatcamp | Senior Feminino | 02:10:20 | +01:12:26 | 16:18 |
| 96 | 1387 | Paulo Costa | crédito agrícola | Senior Masculino | 02:10:24 | +01:12:30 | 16:18 |
| 97 | 1396 | Céu Dias | crédito agrícola | Senior Feminino | 02:10:28 | +01:12:34 | 16:19 |
| 98 | 1393 | Ana Correia | crédito agrícola | Senior Feminino | 02:10:34 | +01:12:40 | 16:19 |
| 99 | 1395 | Carla Moura | crédito agrícola | Senior Feminino | 02:10:35 | +01:12:41 | 16:19 |
| 100 | 1397 | Ricardo Vilhena | crédito agrícola | Senior Masculino | 02:10:40 | +01:12:46 | 16:20 |
| 101 | 1386 | Lília Lopes | crédito agrícola | Senior Feminino | 02:10:42 | +01:12:48 | 16:20 |
| 102 | 1389 | Nuno Saavedra | crédito agrícola | Senior Masculino | 02:10:42 | +01:12:48 | 16:20 |
| 103 | 1391 | Juliana Anjos | crédito agrícola | Senior Feminino | 02:10:43 | +01:12:49 | 16:20 |
| 104 | 1390 | Domingos Alves | crédito agrícola | Senior Masculino | 02:10:43 | +01:12:49 | 16:20 |
| 105 | 1388 | Sérgio Martins | crédito agrícola | Senior Masculino | 02:10:44 | +01:12:50 | 16:21 |
| 106 | 1394 | Helena Duarte | crédito agrícola | Senior Feminino | 02:10:45 | +01:12:51 | 16:21 |
| 107 | 1027 | Gonçalo Caldeira de Albuquerque de Sousa Cupido | avenida power team | Senior Masculino | 02:10:57 | +01:13:03 | 16:22 |
| 108 | 1016 | Cátia Susana Gomes Pereira | avenida power team | Senior Feminino | 02:10:58 | +01:13:04 | 16:22 |
| 109 | 1017 | Dora Patrícia Capela da Silva | avenida power team | Senior Feminino | 02:10:59 | +01:13:05 | 16:22 |
| 110 | 1012 | Ana Raquel Alves Guedes | avenida power team | Senior Feminino | 02:11:01 | +01:13:07 | 16:23 |
| 111 | 1020 | Nélia Patrícia Duarte Figueiredo | avenida power team | Senior Feminino | 02:11:02 | +01:13:08 | 16:23 |
| 112 | 1014 | Carolina da Conceição Cravo dos Santos | avenida power team | Senior Feminino | 02:11:08 | +01:13:14 | 16:24 |
| 113 | 1036 | Filipe Almeida | b.a.c.o. | Senior Masculino | 02:13:00 | +01:15:06 | 16:38 |
| 114 | 1361 | João Freitas | swatcamp | Senior Masculino | 02:13:56 | +01:16:02 | 16:45 |
| 115 | 1082 | António Manuel Tavares silva | bichos do mato | Senior Masculino | 02:14:12 | +01:16:18 | 16:47 |
| 116 | 1357 | Filipe Vieira | swatcamp | Senior Masculino | 02:14:45 | +01:16:51 | 16:51 |
| 117 | 1298 | Pedro  Ramos | teamliberty | Senior Masculino | 02:16:16 | +01:18:22 | 17:02 |
| 118 | 1015 | Catarina da Silva Liberal | avenida power team | Senior Feminino | 02:16:54 | +01:19:00 | 17:07 |
| 119 | 1023 | André Filipe Marques Santos | avenida power team | Senior Masculino | 02:18:33 | +01:20:39 | 17:19 |
| 120 | 1013 | Ana Rita Antunes Rebelo | avenida power team | Senior Feminino | 02:19:00 | +01:21:06 | 17:23 |
| 121 | 1332 | Dan Gregory | wild challenge | Senior Masculino | 02:19:40 | +01:21:46 | 17:28 |
| 122 | 1331 | Rui Ferreira | wild challenge | Senior Feminino | 02:19:40 | +01:21:46 | 17:28 |
| 123 | 1334 | Joao Baptista | wild challenge | Senior Masculino | 02:19:42 | +01:21:48 | 17:28 |
| 124 | 1021 | Patrícia Ferreira Gaio | avenida power team | Senior Feminino | 02:20:41 | +01:22:47 | 17:35 |
| 125 | 1031 | Rui Miguel Neves Simões | avenida power team | Senior Masculino | 02:20:54 | +01:23:00 | 17:37 |
| 126 | 1028 | Nuno Rafael de Oliveira Pires | avenida power team | Senior Masculino | 02:21:02 | +01:23:08 | 17:38 |
| 127 | 1360 | Carlos Carneiro | swatcamp | Senior Masculino | 02:21:12 | +01:23:18 | 17:39 |
| 128 | 1029 | Raul André Pereira Tomás | avenida power team | Senior Masculino | 02:22:08 | +01:24:14 | 17:46 |

## PROVA PRINCIPAL - GUERREIRO B

**8 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

**OFFICIAL RESULT**

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 129 | 1026 | Gil Fernandes Lima | avenida power team | Senior Masculino | 02:22:47 | +01:24:53 | 17:51 |
| 130 | 1025 | Erik Maciel Moreira dos Santos | avenida power team | Senior Masculino | 02:23:42 | +01:25:48 | 17:58 |
| 131 | 1030 | Rui Miguel Baptista Abrantes | avenida power team | Senior Masculino | 02:24:17 | +01:26:23 | 18:02 |
| 132 | 1011 | Ana Carina Pereira de Oliveira | avenida power team | Senior Feminino | 02:24:25 | +01:26:31 | 18:03 |
| 133 | 1024 | Bruno Xavier Marques Coelho | avenida power team | Senior Masculino | 02:24:28 | +01:26:34 | 18:04 |

## COLETIVO - GUERREIROS

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

| RANK | TEAM | DESCRIPTION | POINTS |
|---|---|---|---|
| 1 | HABCARPINTARIA | 2 + 3 + 5 | 10 |
| 2 | BEST CROSS AMARES | 1 + 12 + 17 | 30 |
| 3 | B.T.M. | 16 + 18 + 24 | 58 |
| 4 | FUNMOVE - CHALLENGE YOUR LIMITS ! | 19 + 22 + 32 | 73 |
| 5 | OCR'S NORTH COAST | 7 + 23 + 48 | 78 |
| 6 | GINÁSIO MULTIUSOS MONTALEGRE | 13 + 20 + 61 | 94 |
| 7 | OS MAGNIFICOS | 38 + 42 + 50 | 130 |
| 8 | CROSSFIT FAMALICÃO | 11 + 26 + 104 | 141 |
| 9 | N14 CROSSFIT BRAGA | 14 + 15 + 122 | 151 |
| 10 | TEAMLIBERTY | 53 + 54 + 65 | 172 |
| 11 | S+Q6 | 29 + 66 + 96 | 191 |
| 12 | GYM TEAM | 77 + 78 + 79 | 234 |
| 13 | AGRIFER PROPOSAL | 72 + 74 + 103 | 249 |
| 14 | OVER THE LIMIT | 59 + 93 + 124 | 276 |
| 15 | WILD WOLVES | 105 + 108 + 123 | 336 |
| 16 | UP & DOWN | 58 + 164 + 174 | 396 |
| 17 | CERCIMONT | 137 + 138 + 139 | 414 |
| 18 | CROSSBOX CHAVES FEM | 145 + 147 + 148 | 440 |
| 19 | VIEIRA RUN | 185 + 186 + 187 | 558 |
| 20 | DEIXEMPASSAR | 178 + 195 + 196 | 569 |
| 21 | ESQUADRÃO +FIT | 197 + 201 + 202 | 600 |
| 22 | CROSSFIT 4475 | 40 + 307 + 308 | 655 |
| 23 | BICHOS DO MATO | 225 + 226 + 232 | 683 |
| 24 | SWATCAMP | 222 + 230 + 235 | 687 |
| 25 | AVENIDA POWER TEAM | 248 + 249 + 250 | 747 |
| 26 | #PARTETUDO | 258 + 259 + 260 | 777 |
| 27 | WILD VETS | 254 + 255 + 268 | 777 |
| 28 | WILD CHALLENGE | 234 + 281 + 282 | 797 |
| 29 | URBAN OBSTACLES | 275 + 276 + 277 | 828 |
| 30 | WACKY RACERS | 291 + 292 + 293 | 876 |

lap2go TIMING SOLUTION

# Montalegre Urban Fit 2018

**Montalegre, PT**

**03-March-2018**

## PROVA PRINCIPAL - STAGE 1

**8 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | Time | Temperature | Humidity |
|---|---|---|---|
| Start | 15:00 | 6.5ºC | 100% |
| End | 18:10 | -99ºC | -99% |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 1 | 97 | Luis Martins | police challenge | Senior Masculino | 43:39 | | 05:27 |
| 2 | 9009 | Duarte Alves | ocr portugal lab | Senior Masculino | 47:06 | +03:26 | 05:53 |
| 3 | 9017 | Diogo Azevedo | wild challenge | Senior Masculino | 49:46 | +06:06 | 06:13 |
| 4 | 9007 | Rui Figueiredo | oestesport | Senior Masculino | 50:44 | +07:04 | 06:21 |
| 5 | 9036 | Ricardo Bio | police challenge | Senior Masculino | 52:12 | +08:32 | 06:32 |
| 6 | 1073 | Marco José Araújo Lima | best cross amares | Senior Masculino | 52:38 | +08:58 | 06:35 |
| 7 | 127 | Manuel Blanco Fernández | ocr's north coast | Senior Masculino | 54:07 | +10:27 | 06:46 |
| 8 | 52 | BRUNO FREIRIA FERNÁNDEZ | individual | Senior Masculino | 54:28 | +10:48 | 06:49 |
| 9 | 9025 | Bruno Sousa | ocr portugal lab | Senior Masculino | 54:47 | +11:07 | 06:51 |
| 10 | 9060 | Rómulo Fernandes | #aminhamaenaodeixa | Senior Masculino | 55:23 | +11:43 | 06:55 |
| 11 | 9035 | Pedro Gonçalves | individual | Senior Masculino | 57:05 | +13:25 | 07:08 |
| 12 | 90 | José Ramón Loza Garcia | ocr's north coast | Senior Masculino | 57:23 | +13:44 | 07:10 |
| 13 | 9014 | Jefferson Ferreira | individual | Senior Masculino | 57:31 | +13:52 | 07:12 |
| 14 | 1166 | Bruno Sampaio | habcarpintaria | Senior Masculino | 57:53 | +14:14 | 07:14 |
| 15 | 1172 | Ricardo Oliveira | habcarpintaria | Senior Masculino | 58:07 | +14:27 | 07:16 |
| 16 | 1190 | Hugo Pereira | individual | Senior Masculino | 58:36 | +14:56 | 07:20 |
| 17 | 1169 | Hugo Sampaio | habcarpintaria | Senior Masculino | 58:41 | +15:01 | 07:20 |
| 18 | 1202 | MATIAS GAGO MENOR | individual | Senior Masculino | 58:45 | +15:05 | 07:21 |
| 19 | 9008 | João Branco | ocr portugal lab | Senior Masculino | 59:05 | +15:26 | 07:23 |
| 20 | 1192 | Iván Fernández Álvarez | ocr's north coast | Senior Masculino | 59:35 | +15:55 | 07:27 |
| 21 | 1208 | Rui Francisco Figueiras de Carvalho | individual | Senior Masculino | 59:36 | +15:56 | 07:27 |
| 22 | 1204 | Noe Seara Dopazo | individual | Senior Masculino | 59:37 | +15:57 | 07:27 |
| 23 | 1365 | Jorge Ferrin Escariz | individual | Senior Masculino | 59:55 | +16:15 | 07:29 |
| 24 | 1123 | Viktor Gitskig | crossfit famalicão | Senior Masculino | 01:00:15 | +16:35 | 07:32 |
| 25 | 1074 | NUNO MARÇAL BARROS | best cross amares | Senior Masculino | 01:00:39 | +16:59 | 07:35 |
| 26 | 1153 | Filipe Costa | ginásio multiusos montalegre | Senior Masculino | 01:02:20 | +18:41 | 07:48 |
| 27 | 1215 | Helena Fernandes | n14 crossfit braga | Senior Feminino | 01:02:23 | +18:43 | 07:48 |
| 28 | 1217 | Flávio Caldas | n14 crossfit braga | Senior Masculino | 01:03:29 | +19:50 | 07:56 |
| 29 | 1053 | Cesar Carvalho | b.t.m. | Senior Masculino | 01:03:33 | +19:54 | 07:57 |
| 30 | 1078 | Tiago Peixoto | best cross amares | Senior Masculino | 01:03:41 | +20:01 | 07:58 |
| 31 | 9005 | Rui Costa | individual | Senior Masculino | 01:04:07 | +20:27 | 08:01 |
| 32 | 1043 | Eunice Moreira | b.t.m. | Senior Feminino | 01:04:21 | +20:41 | 08:03 |
| 33 | 1146 | Luís Lopes | funmove - challenge your limits ! | Senior Masculino | 01:04:21 | +20:41 | 08:03 |
| 34 | 1152 | Fabio Afonso | ginásio multiusos montalegre | Senior Masculino | 01:04:48 | +21:09 | 08:06 |
| 35 | 49 | Antonio Andión | individual | Senior Masculino | 01:05:10 | +21:30 | 08:09 |
| 36 | 1168 | Elson Carvalho | habcarpintaria | Senior Masculino | 01:05:14 | +21:34 | 08:09 |
| 37 | 13 | Flávio Fernandes | b.t.m. | Senior Masculino | 01:06:00 | +22:21 | 08:15 |
| 38 | 1144 | Joaquim André Teixeira | funmove - challenge your limits ! | Senior Masculino | 01:06:19 | +22:39 | 08:17 |
| 39 | 9057 | Francisco Fernandes | b.t.m. | Senior Masculino | 01:06:34 | +22:54 | 08:19 |
| 40 | 9049 | Daniel Caetano | challenge force | Senior Masculino | 01:06:40 | +23:00 | 08:20 |

## PROVA PRINCIPAL - STAGE 1

**8 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 41 | 9069 | José Pedro Magalhães | individual | Senior Masculino | 01:06:55 | +23:15 | 08:22 |
| 42 | 1230 | Martin Gonzalo Landolfi | ocr's north coast | Senior Masculino | 01:07:02 | +23:22 | 08:23 |
| 43 | 9063 | André Gomes | ocr portugal lab | Senior Masculino | 01:07:07 | +23:27 | 08:23 |
| 44 | 9054 | João Santos | esquadrão +fit | Senior Masculino | 01:07:21 | +23:41 | 08:25 |
| 45 | 1059 | Luis Miguel Fernandes | b.t.m. | Senior Masculino | 01:07:44 | +24:04 | 08:28 |
| 46 | 1056 | Helder Torres | b.t.m. | Senior Masculino | 01:08:15 | +24:35 | 08:32 |
| 47 | 1120 | Luis Moreira | crossfit famalicão | Senior Masculino | 01:09:44 | +26:04 | 08:43 |
| 48 | 1173 | Vitor Araujo | habcarpintaria | Senior Masculino | 01:10:24 | +26:45 | 08:48 |
| 49 | 1165 | Andre Sampaio | habcarpintaria | Senior Masculino | 01:10:26 | +26:46 | 08:48 |
| 50 | 89 | José emmanuel ely leite do sacramento monteiro | ocr's north coast | Senior Masculino | 01:10:28 | +26:48 | 08:49 |
| 51 | 1278 | José Silva | s+q6 | Senior Masculino | 01:10:32 | +26:52 | 08:49 |
| 52 | 33 | Pedro Carneiro | crossfit famalicão | Senior Masculino | 01:10:35 | +26:55 | 08:49 |
| 53 | 1075 | Pedro Torres | best cross amares | Senior Masculino | 01:11:16 | +27:36 | 08:55 |
| 54 | 1060 | Pedro Magalhães | b.t.m. | Senior Masculino | 01:13:18 | +29:38 | 09:10 |
| 55 | 9037 | João Coentrão | esr | Senior Masculino | 01:13:43 | +30:03 | 09:13 |
| 56 | 1149 | Rui Jorge Alves Lopes | funmove - challenge your limits ! | Senior Masculino | 01:13:49 | +30:09 | 09:14 |
| 57 | 9006 | Telmo Pinho | #aminhamaenaodeixa | Senior Masculino | 01:14:09 | +30:29 | 09:16 |
| 58 | 1041 | Carla Salgado | b.t.m. | Senior Feminino | 01:14:46 | +31:06 | 09:21 |
| 59 | 1051 | Andre Silva | b.t.m. | Senior Masculino | 01:16:06 | +32:26 | 09:31 |
| 60 | 1283 | Bruno Seara | team vitruvius | Senior Masculino | 01:16:20 | +32:40 | 09:33 |
| 61 | 1045 | Paula Ferreira | b.t.m. | Senior Feminino | 01:16:28 | +32:48 | 09:34 |
| 62 | 27 | António Alves | crossbox chaves | Senior Masculino | 01:16:49 | +33:09 | 09:36 |
| 63 | 1184 | Emílio Jorge Rodrigues de Carvalho | individual | Senior Masculino | 01:16:57 | +33:17 | 09:37 |
| 64 | 1235 | Antonio Baptista | os magnificos | Senior Masculino | 01:17:10 | +33:30 | 09:39 |
| 65 | 1175 | Cristina Rodriguez | individual | Senior Feminino | 01:17:54 | +34:14 | 09:44 |
| 66 | 1108 | Nuno Miguel Vale Travassos | crossfit 4475 | Senior Masculino | 01:18:43 | +35:03 | 09:50 |
| 67 | 1189 | Guilherme Soares | individual | Senior Masculino | 01:19:33 | +35:54 | 09:57 |
| 68 | 1239 | José Marques | os magnificos | Senior Masculino | 01:19:40 | +36:01 | 09:58 |
| 69 | 1242 | Tiago Vale | os toiras | Senior Masculino | 01:20:26 | +36:47 | 10:03 |
| 70 | 1210 | Tiago Almeida | individual | Senior Masculino | 01:20:32 | +36:52 | 10:04 |
| 71 | 1241 | Ivo correia | os toiras | Senior Masculino | 01:20:43 | +37:03 | 10:05 |
| 72 | 1180 | Sara Rodal Alvarez | individual | Senior Feminino | 01:20:44 | +37:04 | 10:06 |
| 73 | 1181 | Vanessa Almeida | individual | Senior Feminino | 01:20:47 | +37:07 | 10:06 |
| 74 | 1232 | Serafin corral prado | ocr's north coast | Senior Masculino | 01:21:39 | +37:59 | 10:12 |
| 75 | 1231 | Rodrigo Fernández Sordo | ocr's north coast | Senior Masculino | 01:21:53 | +38:13 | 10:14 |
| 76 | 9003 | NUNO MARTINS | individual | Senior Masculino | 01:21:54 | +38:14 | 10:14 |
| 77 | 1238 | Igor Pinto | os magnificos | Senior Masculino | 01:22:06 | +38:26 | 10:16 |
| 78 | 1226 | Arturo Iglesias Pulpeiro | ocr's north coast | Senior Masculino | 01:22:12 | +38:32 | 10:17 |
| 79 | 1197 | Manuel | individual | Senior Masculino | 01:22:35 | +38:55 | 10:19 |
| 80 | 1256 | João Paulo Ferreira Campos | over the limit | Senior Masculino | 01:23:35 | +39:55 | 10:27 |
| 81 | 1302 | Sergio Franco | teamliberty | Senior Masculino | 01:23:40 | +40:01 | 10:28 |
| 82 | 1305 | Tiago Maia | teamliberty | Senior Masculino | 01:23:42 | +40:02 | 10:28 |
| 83 | 1199 | Manuel Antonio Alves Silva | individual | Senior Masculino | 01:23:58 | +40:18 | 10:30 |
| 84 | 121 | Silvino António Patrão Gonçalves | abb/duros - jf ferral | Senior Masculino | 01:24:11 | +40:31 | 10:31 |

## PROVA PRINCIPAL - STAGE 1

**8 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 85 | 1164 | Joana Sampaio | habcarpintaria | Senior Feminino | 01:25:17 | +41:38 | 10:40 |
| 86 | 1171 | Ricardo Costa | habcarpintaria | Senior Masculino | 01:25:18 | +41:38 | 10:40 |
| 87 | 1307 | Pedro Machado | up & down | Senior Masculino | 01:25:18 | +41:39 | 10:40 |
| 88 | 1252 | Carlos Valdemar Silva Sousa | over the limit | Senior Masculino | 01:25:26 | +41:46 | 10:41 |
| 89 | 1185 | Fernando Sousa da Silva | individual | Senior Masculino | 01:25:31 | +41:51 | 10:41 |
| 90 | 9010 | Ricardo Gonçalves | individual | Senior Masculino | 01:26:05 | +42:25 | 10:46 |
| 91 | 1154 | Goncalo Fernandes | ginásio multiusos montalegre | Senior Masculino | 01:26:09 | +42:30 | 10:46 |
| 92 | 1156 | Nelson Machado | ginásio multiusos montalegre | Senior Masculino | 01:26:13 | +42:34 | 10:47 |
| 93 | 1193 | JOSE LUIS VILLAVERDE SANISIDRO | individual | Senior Masculino | 01:26:24 | +42:44 | 10:48 |
| 94 | 1077 | Tiago Filipe Pereira da Silva | best cross amares | Senior Masculino | 01:26:51 | +43:11 | 10:51 |
| 95 | 9029 | Carlos Araújo | challenge force | Senior Masculino | 01:26:54 | +43:14 | 10:52 |
| 96 | 9004 | Bruno Faria | individual | Senior Masculino | 01:27:02 | +43:22 | 10:53 |
| 97 | 1297 | Nando Silva | teamliberty | Senior Masculino | 01:27:16 | +43:36 | 10:55 |
| 98 | 1263 | Christiane Creminho | s+q6 | Senior Feminino | 01:27:16 | +43:36 | 10:55 |
| 99 | 1201 | MARCOS CABALEIRO BOUZON | individual | Senior Masculino | 01:27:22 | +43:43 | 10:55 |
| 100 | 1157 | Vitor Teixeira | ginásio multiusos montalegre | Senior Masculino | 01:28:05 | +44:25 | 11:01 |
| 101 | 9048 | Filipe Machado | individual | Senior Masculino | 01:28:07 | +44:28 | 11:01 |
| 102 | 1061 | Ricardo Rocha | b.t.m. | Senior Masculino | 01:28:28 | +44:48 | 11:04 |
| 103 | 1133 | Ana Rita Silva Almeida | funmove - challenge your limits ! | Senior Feminino | 01:28:30 | +44:50 | 11:04 |
| 104 | 1155 | Manuel fernandes | ginásio multiusos montalegre | Senior Masculino | 01:28:34 | +44:54 | 11:04 |
| 105 | 1354 | Tiago Abreu | agrifer proposal | Senior Masculino | 01:28:52 | +45:12 | 11:07 |
| 106 | 1294 | Americo Araujo | teamliberty | Senior Masculino | 01:28:54 | +45:14 | 11:07 |
| 107 | 1356 | Francisco Ferreira | agrifer proposal | Senior Masculino | 01:29:09 | +45:29 | 11:09 |
| 108 | 1236 | Delfim Costa | os magnificos | Senior Masculino | 01:29:53 | +46:14 | 11:14 |
| 109 | 1049 | Agostinho Maia | b.t.m. | Senior Masculino | 01:29:58 | +46:19 | 11:15 |
| 110 | 1161 | Francisco Ramoa | gym team | Senior Masculino | 01:30:18 | +46:38 | 11:17 |
| 111 | 1160 | Filipe Alexandre | gym team | Senior Masculino | 01:30:20 | +46:40 | 11:18 |
| 112 | 1158 | Aurélio Leal | gym team | Senior Masculino | 01:30:22 | +46:42 | 11:18 |
| 113 | 1159 | Daniel Lopes | gym team | Senior Masculino | 01:30:23 | +46:43 | 11:18 |
| 114 | 1162 | Márcio Silva | gym team | Senior Masculino | 01:30:24 | +46:44 | 11:18 |
| 115 | 1163 | Pedro Azevedo | gym team | Senior Masculino | 01:30:25 | +46:45 | 11:18 |
| 116 | 1296 | Joaquim Pereira | teamliberty | Senior Masculino | 01:30:54 | +47:14 | 11:22 |
| 117 | 1285 | Amelia Ramos | teamliberty | Senior Feminino | 01:30:55 | +47:15 | 11:22 |
| 118 | 1064 | Daniela Filipa da Silva Carvalho | best cross amares | Senior Feminino | 01:31:08 | +47:28 | 11:24 |
| 119 | 1038 | Alda Susana Sousa | b.t.m. | Senior Feminino | 01:31:15 | +47:35 | 11:24 |
| 120 | 1057 | João Carvalho | b.t.m. | Senior Masculino | 01:31:38 | +47:58 | 11:27 |
| 121 | 1046 | Rosa Correia | b.t.m. | Senior Feminino | 01:31:44 | +48:05 | 11:28 |
| 122 | 1048 | Susana Revés | b.t.m. | Senior Feminino | 01:31:46 | +48:06 | 11:28 |
| 123 | 1225 | Alejandro Rodríguez Zango | ocr's north coast | Senior Masculino | 01:32:22 | +48:42 | 11:33 |
| 124 | 1079 | Vitor David Silva Vieira | best cross amares | Senior Masculino | 01:32:25 | +48:45 | 11:33 |
| 125 | 1233 | Tino Valle | ocr's north coast | Senior Masculino | 01:32:54 | +49:14 | 11:37 |
| 126 | 1258 | Joaquim Jorge Neves Leal | over the limit | Senior Masculino | 01:32:59 | +49:19 | 11:37 |
| 127 | 57 | Luis Vaz | individual | Senior Masculino | 01:33:00 | +49:20 | 11:38 |
| 128 | 1301 | Rudh Silva | teamliberty | Senior Masculino | 01:33:08 | +49:28 | 11:39 |

## PROVA PRINCIPAL - STAGE 1 — 8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

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| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 129 | 69 | Uxío Sordo | individual | Senior Masculino | 01:33:17 | +49:37 | 11:40 |
| 130 | 9053 | Samuel Domingues Margarido | ocr portugal lab | Senior Masculino | 01:35:07 | +51:27 | 11:53 |
| 131 | 1179 | Rafaela Costa Bento | individual | Senior Feminino | 01:35:08 | +51:28 | 11:54 |
| 132 | 1266 | Eduarda Lamela Martins | s+q6 | Senior Feminino | 01:35:14 | +51:34 | 11:54 |
| 133 | 1262 | Carla Filipa da Silva Alves | s+q6 | Senior Feminino | 01:35:14 | +51:34 | 11:54 |
| 134 | 1273 | Teresa Martins | s+q6 | Senior Feminino | 01:35:16 | +51:36 | 11:55 |
| 135 | 1367 | Joana Pinheiro Fonseca Barbosa | best cross amares | Senior Feminino | 01:35:22 | +51:42 | 11:55 |
| 136 | 1209 | Samuel Gomes | individual | Senior Masculino | 01:35:23 | +51:43 | 11:55 |
| 137 | 1277 | José Rodrigues | s+q6 | Senior Masculino | 01:35:31 | +51:51 | 11:56 |
| 138 | 1195 | José Ramón Taboada Iglesias | individual | Senior Masculino | 01:35:42 | +52:02 | 11:58 |
| 139 | 1009 | Leonel Fernandes | agrifer proposal | Senior Masculino | 01:35:56 | +52:17 | 12:00 |
| 140 | 1117 | Gentil Silva | crossfit famalicão | Senior Masculino | 01:37:15 | +53:35 | 12:09 |
| 141 | 1346 | JOÃO RIBEIRO | wild wolves | Senior Masculino | 01:37:16 | +53:36 | 12:10 |
| 142 | 1355 | Marco Louro | agrifer proposal | Senior Masculino | 01:37:16 | +53:37 | 12:10 |
| 143 | 1122 | Marco Figueiredo | crossfit famalicão | Senior Masculino | 01:37:17 | +53:37 | 12:10 |
| 144 | 1347 | MARIO GOMES | wild wolves | Senior Masculino | 01:37:18 | +53:38 | 12:10 |
| 145 | 1134 | Barbara Isabel Caetano Fernandes | funmove - challenge your limits ! | Senior Feminino | 01:37:20 | +53:40 | 12:10 |
| 146 | 1267 | Filipa Manuela Santos Freitas Gonçalves | s+q6 | Senior Feminino | 01:37:37 | +53:58 | 12:12 |
| 147 | 1271 | Maria José da Rocha Carvalho Martins | s+q6 | Senior Feminino | 01:37:41 | +54:01 | 12:13 |
| 148 | 1274 | António Manuel Gomes Martins | s+q6 | Senior Masculino | 01:37:43 | +54:04 | 12:13 |
| 149 | 1279 | Manuel Martins | s+q6 | Senior Masculino | 01:37:45 | +54:05 | 12:13 |
| 150 | 1289 | La Salete | teamliberty | Senior Feminino | 01:37:47 | +54:07 | 12:13 |
| 151 | 1203 | miguel soto fernandez | individual | Senior Masculino | 01:37:52 | +54:12 | 12:14 |
| 152 | 1010 | Rui Bastos | agrifer proposal | Senior Masculino | 01:38:16 | +54:37 | 12:17 |
| 153 | 1063 | Bruno Rosas | b.t.m. | Senior Masculino | 01:38:43 | +55:04 | 12:20 |
| 154 | 1295 | Carlos Silva | teamliberty | Senior Masculino | 01:39:26 | +55:46 | 12:26 |
| 155 | 1039 | Ana Faria | b.t.m. | Senior Feminino | 01:41:00 | +57:20 | 12:38 |
| 156 | 1062 | Rui Pereira | b.t.m. | Senior Masculino | 01:41:03 | +57:23 | 12:38 |
| 157 | 1052 | Bruno Santos | b.t.m. | Senior Masculino | 01:41:21 | +57:42 | 12:40 |
| 158 | 1219 | Luís Queirós | n14 crossfit braga | Senior Masculino | 01:42:24 | +58:44 | 12:48 |
| 159 | 1348 | MIGUEL MONTEIRO | wild wolves | Senior Masculino | 01:42:25 | +58:45 | 12:48 |
| 160 | 1255 | Ilídio José Vieira Dias | over the limit | Senior Masculino | 01:42:28 | +58:49 | 12:49 |
| 161 | 1196 | Luis Miguel Guedes Pinto | individual | Senior Masculino | 01:42:51 | +59:11 | 12:51 |
| 162 | 1345 | CRISTINA MONTEIRO | wild wolves | Senior Feminino | 01:43:02 | +59:22 | 12:53 |
| 163 | 1349 | RUBEN ARAÚJO | wild wolves | Senior Masculino | 01:43:38 | +59:58 | 12:57 |
| 164 | 1151 | Vitor João Gonçalves Lopes | funmove - challenge your limits ! | Senior Masculino | 01:43:44 | +01:00:04 | 12:58 |
| 165 | 1211 | Vítor Madeiras | individual | Senior Masculino | 01:43:53 | +01:00:13 | 12:59 |
| 166 | 1270 | Joana Miguel | s+q6 | Senior Feminino | 01:44:15 | +01:00:35 | 13:02 |
| 167 | 1269 | Joana Lamela Martins | s+q6 | Senior Feminino | 01:44:15 | +01:00:35 | 13:02 |
| 168 | 1265 | Diana Santos | s+q6 | Senior Feminino | 01:44:17 | +01:00:37 | 13:02 |
| 169 | 1264 | Cláudia Martins Oliveira | s+q6 | Senior Feminino | 01:44:19 | +01:00:39 | 13:02 |
| 170 | 1055 | Eduardo FOnseca | b.t.m. | Senior Masculino | 01:45:16 | +01:01:37 | 13:10 |

## PROVA PRINCIPAL - STAGE 1 — 8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

**OFFICIAL RESULT**

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| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 171 | 1198 | Manuel | individual | Senior Masculino | 01:45:39 | +01:01:59 | 13:12 |
| 172 | 9055 | Miguel Almeida | #aminhamaenaodeixa | Senior Masculino | 01:45:46 | +01:02:06 | 13:13 |
| 173 | 1191 | Igor Mendes Costa | individual | Senior Masculino | 01:45:47 | +01:02:07 | 13:13 |
| 174 | 1096 | Sandra Batista | cercimont | Senior Feminino | 01:46:05 | +01:02:25 | 13:16 |
| 175 | 1095 | Cristina Cândido | cercimont | Senior Feminino | 01:46:06 | +01:02:26 | 13:16 |
| 176 | 1097 | Sara Ramos | cercimont | Senior Feminino | 01:46:15 | +01:02:35 | 13:17 |
| 177 | 1118 | José Castro | crossfit famalicão | Senior Masculino | 01:46:18 | +01:02:39 | 13:17 |
| 178 | 1076 | Ricardo José Peixoto Coelho | best cross amares | Senior Masculino | 01:46:19 | +01:02:39 | 13:17 |
| 179 | 1124 | Vitor Silva | crossfit famalicão | Senior Masculino | 01:46:20 | +01:02:40 | 13:18 |
| 180 | 1121 | Luis Santos | crossfit famalicão | Senior Masculino | 01:46:20 | +01:02:40 | 13:18 |
| 181 | 1115 | Christophe Adão da Silva Soares | crossfit famalicão | Senior Masculino | 01:46:22 | +01:02:43 | 13:18 |
| 182 | 1105 | Silvi Luís do Canto | crossbox chaves fem | Senior Feminino | 01:46:43 | +01:03:03 | 13:20 |
| 183 | 1070 | Eduardo Manuel Peixoto Coelho | best cross amares | Senior Masculino | 01:46:44 | +01:03:04 | 13:21 |
| 184 | 1102 | Ana Maria Silva de Moura | crossbox chaves fem | Senior Feminino | 01:46:46 | +01:03:06 | 13:21 |
| 185 | 1103 | Delilah Christina Ribas Pereira Gonçalves | crossbox chaves fem | Senior Feminino | 01:46:48 | +01:03:08 | 13:21 |
| 186 | 1116 | Estevão | crossfit famalicão | Senior Masculino | 01:46:55 | +01:03:15 | 13:22 |
| 187 | 1229 | Jose Villamil Perez | ocr's north coast | Senior Masculino | 01:47:20 | +01:03:40 | 13:25 |
| 188 | 48 | Alberto Lago | individual | Senior Masculino | 01:48:10 | +01:04:31 | 13:31 |
| 189 | 1207 | Ruben Moreira | individual | Senior Masculino | 01:48:23 | +01:04:43 | 13:33 |
| 190 | 1131 | Ana Filipa Cunha Fernandes | funmove - challenge your limits ! | Senior Feminino | 01:49:20 | +01:05:40 | 13:40 |
| 191 | 1135 | Cláudia Vieira Mendes | funmove - challenge your limits ! | Senior Feminino | 01:49:21 | +01:05:41 | 13:40 |
| 192 | 1150 | Victor Faria | funmove - challenge your limits ! | Senior Masculino | 01:49:28 | +01:05:49 | 13:41 |
| 193 | 1132 | Ana Rita Gonçalves Lopes | funmove - challenge your limits ! | Senior Feminino | 01:49:29 | +01:05:50 | 13:41 |
| 194 | 1138 | Maria Joaquina Martins Abreu | funmove - challenge your limits ! | Senior Feminino | 01:49:31 | +01:05:51 | 13:41 |
| 195 | 1047 | Silvia Cunha | b.t.m. | Senior Feminino | 01:49:34 | +01:05:54 | 13:42 |
| 196 | 1044 | Judite Ferreira | b.t.m. | Senior Feminino | 01:49:38 | +01:05:58 | 13:42 |
| 197 | 1281 | Rui Lopes | s+q6 | Senior Masculino | 01:49:42 | +01:06:02 | 13:43 |
| 198 | 1259 | Leandro José Ribeiro Oliveira Costa | over the limit | Senior Masculino | 01:49:43 | +01:06:03 | 13:43 |
| 199 | 1275 | Diogo Teibão | s+q6 | Senior Masculino | 01:49:44 | +01:06:04 | 13:43 |
| 200 | 1094 | Ana Alves | cercimont | Senior Feminino | 01:49:44 | +01:06:04 | 13:43 |
| 201 | 1147 | Rúben Alves | funmove - challenge your limits ! | Senior Masculino | 01:49:59 | +01:06:20 | 13:45 |
| 202 | 1310 | Tito Abreu | up & down | Senior Masculino | 01:50:06 | +01:06:26 | 13:46 |
| 203 | 1250 | Vania Ferreira Ribeiro | over the limit | Senior Feminino | 01:50:15 | +01:06:35 | 13:47 |
| 204 | 1253 | Cristiano Emanuel Silva Alves | over the limit | Senior Masculino | 01:50:15 | +01:06:35 | 13:47 |
| 205 | 1244 | Bárbara Cláudia Nunes de Sousa Pacheco | over the limit | Senior Feminino | 01:50:15 | +01:06:36 | 13:47 |
| 206 | 1248 | Olinda Susana Neves Leal | over the limit | Senior Feminino | 01:50:16 | +01:06:37 | 13:47 |
| 207 | 1071 | Jorge Faria | best cross amares | Senior Masculino | 01:50:46 | +01:07:06 | 13:51 |
| 208 | 1142 | Diogo Ribeiro | funmove - challenge your limits ! | Senior Masculino | 01:50:51 | +01:07:11 | 13:51 |
| 209 | 1304 | Tiago Azevedo | teamliberty | Senior Masculino | 01:51:43 | +01:08:03 | 13:58 |
| 210 | 1287 | Filipa Castro | teamliberty | Senior Feminino | 01:51:43 | +01:08:03 | 13:58 |
| 211 | 1182 | Abel Cardoso | individual | Senior Masculino | 01:51:59 | +01:08:19 | 14:00 |
| 212 | 1308 | Ricardo Couto | up & down | Senior Masculino | 01:52:00 | +01:08:20 | 14:00 |

## PROVA PRINCIPAL - STAGE 1 — 8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

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| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 213 | 1306 | Bruno Brandão | up & down | Senior Masculino | 01:52:16 | +01:08:36 | 14:02 |
| 214 | 1257 | João Paulo Nunes Pereira | over the limit | Senior Masculino | 01:52:36 | +01:08:56 | 14:05 |
| 215 | 1141 | Bruno Marinho | funmove - challenge your limits ! | Senior Masculino | 01:53:00 | +01:09:20 | 14:08 |
| 216 | 1128 | Alfredo Agostinho Silva Pereira | deixempassar | Senior Masculino | 01:53:55 | +01:10:15 | 14:14 |
| 217 | 1293 | Susasa patricia gosmes da silva | teamliberty | Senior Feminino | 01:54:06 | +01:10:26 | 14:16 |
| 218 | 1292 | Sandra Araujo | teamliberty | Senior Feminino | 01:54:06 | +01:10:27 | 14:16 |
| 219 | 9073 | Rui Miguel Dias da Silva | individual | Senior Masculino | 01:54:19 | +01:10:39 | 14:17 |
| 220 | 1245 | Ivania Raquel Azevedo Rocha | over the limit | Senior Feminino | 01:54:36 | +01:10:56 | 14:20 |
| 221 | 1249 | Sónia Maria da Silva Leal | over the limit | Senior Feminino | 01:54:38 | +01:10:58 | 14:20 |
| 222 | 1254 | Emanuel Vieira Freitas | over the limit | Senior Masculino | 01:54:39 | +01:10:59 | 14:20 |
| 223 | 1137 | Juliana Silva | funmove - challenge your limits ! | Senior Feminino | 01:55:11 | +01:11:31 | 14:24 |
| 224 | 1320 | Filipe silva | vieira run | Senior Masculino | 01:55:20 | +01:11:40 | 14:25 |
| 225 | 1322 | Jorge Cardoso | vieira run | Senior Masculino | 01:55:23 | +01:11:43 | 14:25 |
| 226 | 1316 | Andreia Prazeres | vieira run | Senior Feminino | 01:55:33 | +01:11:53 | 14:27 |
| 227 | 1318 | Vera Costa | vieira run | Senior Feminino | 01:55:33 | +01:11:54 | 14:27 |
| 228 | 1321 | Joao martins | vieira run | Senior Masculino | 01:55:34 | +01:11:54 | 14:27 |
| 229 | 1319 | Andre Pereira | vieira run | Senior Masculino | 01:55:34 | +01:11:54 | 14:27 |
| 230 | 1317 | Diana Sousa | vieira run | Senior Feminino | 01:55:34 | +01:11:54 | 14:27 |
| 231 | 1315 | Ana Silva | vieira run | Senior Feminino | 01:55:38 | +01:11:58 | 14:27 |
| 232 | 1206 | Ricardo silva | individual | Senior Masculino | 01:56:43 | +01:13:03 | 14:35 |
| 233 | 1186 | Filipe Macedo Pontes | individual | Senior Masculino | 01:57:26 | +01:13:46 | 14:41 |
| 234 | 1130 | Pedro Manuel Gomes Esteves | deixempassar | Senior Masculino | 01:57:52 | +01:14:12 | 14:44 |
| 235 | 1126 | Maria José Vieira Fernandes | deixempassar | Senior Feminino | 01:57:53 | +01:14:13 | 14:44 |
| 236 | 1363 | Maria Ramos | esquadrão +fit | Senior Feminino | 01:57:54 | +01:14:14 | 14:44 |
| 237 | 1174 | Adriana Cabecinhas | individual | Senior Feminino | 01:57:54 | +01:14:15 | 14:44 |
| 238 | 1364 | Mónica Rocha | individual | Senior Feminino | 01:57:55 | +01:14:15 | 14:44 |
| 239 | 1127 | Rosa Joana Góis Rodrigues Alves | deixempassar | Senior Feminino | 01:57:56 | +01:14:16 | 14:45 |
| 240 | 1352 | Tiago Pinho | esquadrão +fit | Senior Masculino | 01:57:56 | +01:14:16 | 14:45 |
| 241 | 1353 | Sandra Marisa Paulo Isidro | esquadrão +fit | Senior Feminino | 01:57:56 | +01:14:16 | 14:45 |
| 242 | 1067 | OLIVIA PIMENTA | best cross amares | Senior Feminino | 01:58:00 | +01:14:21 | 14:45 |
| 243 | 1392 | Dina Pereira | crédito agrícola | Senior Feminino | 01:58:03 | +01:14:24 | 14:45 |
| 244 | 30 | Miguel Pintado | crossbox chaves | Senior Masculino | 01:58:31 | +01:14:51 | 14:49 |
| 245 | 1251 | André Filipe de Sousa Moreira | over the limit | Senior Masculino | 01:58:42 | +01:15:02 | 14:50 |
| 246 | 1099 | Cândida Silva | challenge force | Senior Feminino | 01:58:48 | +01:15:08 | 14:51 |
| 247 | 1140 | Bruno Daniel Ferreira Correia | funmove - challenge your limits ! | Senior Masculino | 01:59:49 | +01:16:09 | 14:59 |
| 248 | 1129 | Paulo Jorge Duarte Alves | deixempassar | Senior Masculino | 02:00:30 | +01:16:50 | 15:04 |
| 249 | 1178 | Marília Jesus Lima soares | individual | Senior Feminino | 02:01:14 | +01:17:34 | 15:09 |
| 250 | 1125 | Gisela Fernandes de Sousa | deixempassar | Senior Feminino | 02:01:24 | +01:17:44 | 15:11 |
| 251 | 1299 | Rolando costa | teamliberty | Senior Masculino | 02:03:01 | +01:19:22 | 15:23 |
| 252 | 9059 | Rui Fernandes | ocr portugal lab | Senior Masculino | 02:03:18 | +01:19:38 | 15:25 |
| 253 | 1066 | LUZ PIMENTA | best cross amares | Senior Feminino | 02:03:40 | +01:20:00 | 15:28 |
| 254 | 1222 | Alba Romero Menéndez | ocr's north coast | Senior Feminino | 02:03:52 | +01:20:12 | 15:29 |
| 255 | 1227 | Emiliano Guerrero VILLORIA | ocr's north coast | Senior Masculino | 02:03:52 | +01:20:12 | 15:29 |
| 256 | 1223 | Ivana Ciarreta Passini | ocr's north coast | Senior Feminino | 02:03:52 | +01:20:12 | 15:29 |
| 257 | 1224 | Marilo gallego conde | ocr's north coast | Senior Feminino | 02:03:52 | +01:20:12 | 15:29 |

## PROVA PRINCIPAL - STAGE 1 — 8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 258 | 1139 | Mónica Lopes | funmove - challenge your limits ! | Senior Feminino | 02:04:00 | +01:20:20 | 15:30 |
| 259 | 1286 | Emilia Santos | teamliberty | Senior Feminino | 02:04:15 | +01:20:36 | 15:32 |
| 260 | 1369 | VITOR MANUEL GONÇALVES PEDRO | individual | Senior Masculino | 02:04:22 | +01:20:42 | 15:33 |
| 261 | 38 | Quirino José | esquadrão +fit | Senior Masculino | 02:04:26 | +01:20:46 | 15:33 |
| 262 | 1291 | Martinha silva | teamliberty | Senior Feminino | 02:04:45 | +01:21:06 | 15:36 |
| 263 | 1243 | Andreia Sofia Monteiro Brandão | over the limit | Senior Feminino | 02:04:46 | +01:21:06 | 15:36 |
| 264 | 1247 | Olinda Odete Silva Sousa | over the limit | Senior Feminino | 02:04:48 | +01:21:08 | 15:36 |
| 265 | 1362 | Filipe Pereira | swatcamp | Senior Masculino | 02:04:59 | +01:21:20 | 15:37 |
| 266 | 19 | José Gonçalves | best cross amares | Senior Masculino | 02:05:20 | +01:21:41 | 15:40 |
| 267 | 1288 | Joana Moreira | teamliberty | Senior Feminino | 02:06:09 | +01:22:29 | 15:46 |
| 268 | 1300 | Ruben Teixeira | teamliberty | Senior Masculino | 02:06:11 | +01:22:31 | 15:46 |
| 269 | 1080 | Patrícia Alexandra Silva Ferreira | bichos do mato | Senior Feminino | 02:06:47 | +01:23:08 | 15:51 |
| 270 | 1081 | Sara Maria Soares da Costa | bichos do mato | Senior Feminino | 02:06:49 | +01:23:09 | 15:51 |
| 271 | 1034 | Daniela Varandas | b.a.c.o. | Senior Feminino | 02:07:56 | +01:24:17 | 16:00 |
| 272 | 1290 | Lurdes Marques | teamliberty | Senior Feminino | 02:08:01 | +01:24:21 | 16:00 |
| 273 | 1145 | Joaquim da Silva | funmove - challenge your limits ! | Senior Masculino | 02:09:08 | +01:25:28 | 16:09 |
| 274 | 1359 | Luís Fernandes | swatcamp | Senior Masculino | 02:09:10 | +01:25:31 | 16:09 |
| 275 | 9062 | Mário Barbosa Duarte | abb/duros - jf ferral | Senior Masculino | 02:09:35 | +01:25:55 | 16:12 |
| 276 | 1143 | Inácio Silva | funmove - challenge your limits ! | Senior Masculino | 02:09:57 | +01:26:17 | 16:15 |
| 277 | 1084 | Nuno Manuel Sa Varandas | bichos do mato | Senior Masculino | 02:10:00 | +01:26:21 | 16:15 |
| 278 | 1083 | Jean Carlos Pinto Ribeiro | bichos do mato | Senior Masculino | 02:10:01 | +01:26:21 | 16:15 |
| 279 | 1333 | Hugo Correia | wild challenge | Senior Masculino | 02:10:10 | +01:26:30 | 16:16 |
| 280 | 1358 | Marlene Freitas | swatcamp | Senior Feminino | 02:10:20 | +01:26:41 | 16:18 |
| 281 | 1148 | Rui Filipe | funmove - challenge your limits ! | Senior Masculino | 02:10:21 | +01:26:41 | 16:18 |
| 282 | 1387 | Paulo Costa | crédito agrícola | Senior Masculino | 02:10:24 | +01:26:44 | 16:18 |
| 283 | 1396 | Céu Dias | crédito agrícola | Senior Feminino | 02:10:28 | +01:26:48 | 16:19 |
| 284 | 1393 | Ana Correia | crédito agrícola | Senior Feminino | 02:10:34 | +01:26:54 | 16:19 |
| 285 | 1395 | Carla Moura | crédito agrícola | Senior Feminino | 02:10:35 | +01:26:55 | 16:19 |
| 286 | 1397 | Ricardo Vilhena | crédito agrícola | Senior Masculino | 02:10:40 | +01:27:00 | 16:20 |
| 287 | 1386 | Lília Lopes | crédito agrícola | Senior Feminino | 02:10:42 | +01:27:02 | 16:20 |
| 288 | 1389 | Nuno Saavedra | crédito agrícola | Senior Masculino | 02:10:42 | +01:27:02 | 16:20 |
| 289 | 1391 | Juliana Anjos | crédito agrícola | Senior Feminino | 02:10:43 | +01:27:04 | 16:20 |
| 290 | 1390 | Domingos Alves | crédito agrícola | Senior Masculino | 02:10:43 | +01:27:04 | 16:20 |
| 291 | 1388 | Sérgio Martins | crédito agrícola | Senior Masculino | 02:10:44 | +01:27:04 | 16:21 |
| 292 | 1394 | Helena Duarte | crédito agrícola | Senior Feminino | 02:10:45 | +01:27:05 | 16:21 |
| 293 | 1027 | Gonçalo Caldeira de Albuquerque de Sousa Cupido | avenida power team | Senior Masculino | 02:10:57 | +01:27:17 | 16:22 |
| 294 | 1016 | Cátia Susana Gomes Pereira | avenida power team | Senior Feminino | 02:10:58 | +01:27:19 | 16:22 |
| 295 | 1017 | Dora Patrícia Capela da Silva | avenida power team | Senior Feminino | 02:10:59 | +01:27:19 | 16:22 |
| 296 | 1012 | Ana Raquel Alves Guedes | avenida power team | Senior Feminino | 02:11:01 | +01:27:21 | 16:23 |
| 297 | 1020 | Nélia Patrícia Duarte Figueiredo | avenida power team | Senior Feminino | 02:11:02 | +01:27:22 | 16:23 |
| 298 | 1014 | Carolina da Conceição Cravo dos Santos | avenida power team | Senior Feminino | 02:11:08 | +01:27:28 | 16:24 |
| 299 | 1339 | Zélia Carina Monteiro Pereira | wild vets | Senior Feminino | 02:11:22 | +01:27:42 | 16:25 |

## PROVA PRINCIPAL - STAGE 1 — 8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

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| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 300 | 1335 | Beatriz Borges Alves | wild vets | Senior Feminino | 02:11:24 | +01:27:44 | 16:26 |
| 301 | 1111 | Sandra Carvalho | crossfit famalicão | Senior Feminino | 02:11:44 | +01:28:05 | 16:28 |
| 302 | 1036 | Filipe Almeida | b.a.c.o. | Senior Masculino | 02:13:00 | +01:29:20 | 16:38 |
| 303 | 1006 | Ricardo Costa | #partetudo | Senior Masculino | 02:13:11 | +01:29:32 | 16:39 |
| 304 | 1001 | Catarina Silva | #partetudo | Senior Feminino | 02:13:12 | +01:29:32 | 16:39 |
| 305 | 1004 | Pedro Fernandes | #partetudo | Senior Masculino | 02:13:12 | +01:29:32 | 16:39 |
| 306 | 1002 | Silvia Cunha Pereira | #partetudo | Senior Feminino | 02:13:12 | +01:29:32 | 16:39 |
| 307 | 1005 | Pedro Nuno Fernandes | #partetudo | Senior Masculino | 02:13:12 | +01:29:33 | 16:39 |
| 308 | 1007 | Rui Costa | #partetudo | Senior Masculino | 02:13:13 | +01:29:33 | 16:39 |
| 309 | 1003 | António Catarino | #partetudo | Senior Masculino | 02:13:13 | +01:29:34 | 16:39 |
| 310 | 1361 | João Freitas | swatcamp | Senior Masculino | 02:13:56 | +01:30:16 | 16:45 |
| 311 | 1082 | António Manuel Tavares silva | bichos do mato | Senior Masculino | 02:14:12 | +01:30:32 | 16:47 |
| 312 | 1357 | Filipe Vieira | swatcamp | Senior Masculino | 02:14:45 | +01:31:05 | 16:51 |
| 313 | 1338 | Raquel França de Barros | wild vets | Senior Feminino | 02:15:07 | +01:31:27 | 16:53 |
| 314 | 1337 | Maria Manuel Morais Sarmento | wild vets | Senior Feminino | 02:15:07 | +01:31:28 | 16:53 |
| 315 | 1068 | SILVIA ALEXANDRA PIMENTA GOMES | best cross amares | Senior Feminino | 02:15:23 | +01:31:44 | 16:55 |
| 316 | 1072 | JOSÉ MACEDO | best cross amares | Senior Masculino | 02:15:24 | +01:31:45 | 16:56 |
| 317 | 1298 | Pedro  Ramos | teamliberty | Senior Masculino | 02:16:16 | +01:32:36 | 17:02 |
| 318 | 1015 | Catarina da Silva Liberal | avenida power team | Senior Feminino | 02:16:54 | +01:33:14 | 17:07 |
| 319 | 1366 | Magno Almeida | crossfit famalicão | Senior Masculino | 02:18:02 | +01:34:22 | 17:15 |
| 320 | 1311 | Carlos araújo | urban obstacles | Senior Masculino | 02:18:09 | +01:34:29 | 17:16 |
| 321 | 1314 | Tiago Martins | urban obstacles | Senior Masculino | 02:18:10 | +01:34:30 | 17:16 |
| 322 | 1312 | Diogo Rufino | urban obstacles | Senior Masculino | 02:18:16 | +01:34:36 | 17:17 |
| 323 | 1313 | João Henriques | urban obstacles | Senior Masculino | 02:18:18 | +01:34:38 | 17:17 |
| 324 | 1023 | André Filipe Marques Santos | avenida power team | Senior Masculino | 02:18:33 | +01:34:54 | 17:19 |
| 325 | 1013 | Ana Rita Antunes Rebelo | avenida power team | Senior Feminino | 02:19:00 | +01:35:20 | 17:23 |
| 326 | 1332 | Dan Gregory | wild challenge | Senior Masculino | 02:19:40 | +01:36:00 | 17:28 |
| 327 | 1331 | Rui Ferreira | wild challenge | Senior Feminino | 02:19:40 | +01:36:00 | 17:28 |
| 328 | 1334 | Joao Baptista | wild challenge | Senior Masculino | 02:19:42 | +01:36:02 | 17:28 |
| 329 | 1343 | Miguel Nuno Pinheiro Quaresma | wild vets | Senior Masculino | 02:19:50 | +01:36:10 | 17:29 |
| 330 | 1021 | Patrícia Ferreira Gaio | avenida power team | Senior Feminino | 02:20:41 | +01:37:01 | 17:35 |
| 331 | 1113 | Tânia Marques | crossfit famalicão | Senior Feminino | 02:20:46 | +01:37:06 | 17:36 |
| 332 | 1031 | Rui Miguel Neves Simões | avenida power team | Senior Masculino | 02:20:54 | +01:37:14 | 17:37 |
| 333 | 1028 | Nuno Rafael de Oliveira Pires | avenida power team | Senior Masculino | 02:21:02 | +01:37:22 | 17:38 |
| 334 | 1110 | Maria do Patrocínio Cardoso | crossfit famalicão | Senior Feminino | 02:21:08 | +01:37:28 | 17:39 |
| 335 | 1360 | Carlos Carneiro | swatcamp | Senior Masculino | 02:21:12 | +01:37:33 | 17:39 |
| 336 | 1327 | Miguel Fonseca | wacky racers | Senior Masculino | 02:21:15 | +01:37:35 | 17:39 |
| 337 | 1324 | Bárbara Daniela Silva | wacky racers | Senior Feminino | 02:21:16 | +01:37:36 | 17:40 |
| 338 | 1326 | Helder Ferreira | wacky racers | Senior Masculino | 02:21:16 | +01:37:36 | 17:40 |
| 339 | 1323 | Ana Margarida Malheiro Guimarães | wacky racers | Senior Feminino | 02:21:17 | +01:37:37 | 17:40 |
| 340 | 1325 | Liliana Meleiro Esteves | wacky racers | Senior Feminino | 02:21:17 | +01:37:37 | 17:40 |
| 341 | 1029 | Raul André Pereira Tomás | avenida power team | Senior Masculino | 02:22:08 | +01:38:29 | 17:46 |
| 342 | 1026 | Gil Fernandes Lima | avenida power team | Senior Masculino | 02:22:47 | +01:39:08 | 17:51 |
| 343 | 1344 | Tiago Alberto Leite de Abreu | wild vets | Senior Masculino | 02:23:17 | +01:39:37 | 17:55 |

## PROVA PRINCIPAL - STAGE 1 — 8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

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| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 344 | 1341 | Gonçalo Sereno e Melo de Almeida | wild vets | Senior Masculino | 02:23:35 | +01:39:55 | 17:57 |
| 345 | 9032 | Pedro André de Brito Aleixo | urban obstacles | Senior Masculino | 02:23:40 | +01:40:00 | 17:58 |
| 346 | 1025 | Erik Maciel Moreira dos Santos | avenida power team | Senior Masculino | 02:23:42 | +01:40:02 | 17:58 |
| 347 | 1030 | Rui Miguel Baptista Abrantes | avenida power team | Senior Masculino | 02:24:17 | +01:40:37 | 18:02 |
| 348 | 1011 | Ana Carina Pereira de Oliveira | avenida power team | Senior Feminino | 02:24:25 | +01:40:46 | 18:03 |
| 349 | 1024 | Bruno Xavier Marques Coelho | avenida power team | Senior Masculino | 02:24:28 | +01:40:48 | 18:04 |
| 350 | 65 | Ricardo Portugal | individual | Senior Masculino | 02:25:22 | +01:41:42 | 18:10 |
| 351 | 1114 | Anthony François | crossfit famalicão | Senior Masculino | 02:25:22 | +01:41:42 | 18:10 |
| 352 | 31 | Paulo Osório | crossbox chaves | Senior Masculino | 02:26:33 | +01:42:53 | 18:19 |
| 353 | 1119 | Josué Alves | crossfit famalicão | Senior Masculino | 02:26:43 | +01:43:04 | 18:20 |
| 354 | 1336 | Katia Maria Gomes dos Santos | wild vets | Senior Feminino | 02:27:23 | +01:43:43 | 18:25 |
| 355 | 1351 | Mariana Ferreira de Carvalho | crossfit 4475 | Senior Feminino | 02:30:49 | +01:47:10 | 18:51 |
| 356 | 1107 | Marco Gil da Silva Fernandes | crossfit 4475 | Senior Masculino | 02:30:50 | +01:47:10 | 18:51 |
| 357 | 1350 | Fátima Adriana Barbosa Moreira | crossfit 4475 | Senior Feminino | 02:30:54 | +01:47:14 | 18:52 |
| 358 | 1109 | Ricardo Jorge da Silva Maia | crossfit 4475 | Senior Masculino | 02:30:55 | +01:47:15 | 18:52 |
| 359 | 28 | Carlos Pintado | crossbox chaves | Senior Masculino | 02:39:03 | +01:55:24 | 19:53 |

**Obs**

| BIB | NOTE | NAME | TEAM | CAT |
|---|---|---|---|---|
| 10 | DQ | Sara Araújo | B.T.M. | Senior Feminino |
| 11 | DQ | Vania Peixoto | B.T.M. | Senior Feminino |
| 12 | DQ | Diogo Araújo | B.T.M. | Senior Masculino |
| 15 | DQ | Hugo Araújo | B.T.M. | Senior Masculino |
| 16 | DQ | Duarte Fernandes | B.T.M. | Senior Masculino |
| 17 | DQ | Pedro Moreira | B.T.M. | Senior Masculino |
| 21 | DQ | Sara Barradas | CHALLENGE FORCE | Senior Feminino |
| 26 | DQ | Ricardo Bessa | CHALLENGE FORCE | Senior Masculino |
| 34 | DQ | Elsa Palmelão | Esquadrão +Fit | Senior Feminino |
| 39 | DQ | Patricia Oliveira | ESR | Senior Feminino |
| 40 | DQ | Sandra Almeida Rocha | ESR | Senior Feminino |
| 42 | DQ | Helena Isabel Caseiro de Almeida | ESR | Senior Masculino |
| 43 | DQ | Cláudio Rocha | ESR | Senior Masculino |
| 46 | DQ | José Miguel Ferreira Barbosa dos Santos | ESR | Senior Masculino |
| 50 | DQ | Bruno Costa | Individual | Senior Masculino |
| 56 | DQ | Luís Carlos Lobo Freixeiro | Individual | Senior Masculino |
| 63 | DQ | Raúl Rodríguez | Individual | Senior Masculino |
| 73 | DQ | Rúben Gonçalves | Ninja Team | Senior Masculino |
| 74 | DQ | Cidalia Borges | OCR Portugal Lab | Senior Feminino |
| 92 | DQ | Filipa Alves | Police Challenge | Senior Feminino |
| 93 | DQ | Marlene Correia | Police Challenge | Senior Feminino |
| 94 | DQ | Raquel Ferreira | Police Challenge | Senior Feminino |
| 95 | DQ | Suzy Assunção | Police Challenge | Senior Feminino |
| 99 | DQ | Miguel Ribeiro | Police Challenge | Senior Masculino |
| 101 | DQ | Rafael de Sousa | Police Challenge | Senior Masculino |
| 114 | DQ | Marcelo Rodrigues | Wolfpack | Senior Masculino |

## PROVA PRINCIPAL - STAGE 1

**8 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

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| BIB | NOTE | NAME | TEAM | CAT |
|---|---|---|---|---|
| 122 | DQ | Artur Miguel Antunes Gonçalves | ABB/duros - JF FERRAL | Senior Masculino |
| 123 | DQ | Domingos Daniel Pereira de Oliveira | ABB/duros - JF FERRAL | Senior Masculino |
| 1050 | DQ | André Santos | B.T.M. | Senior Masculino |
| 1058 | DQ | Jorge Pereira | B.T.M. | Senior Masculino |
| 1112 | DQ | Sandra Gonçalves | CrossFit Famalicão | Senior Feminino |
| 1188 | DQ | Gonçalo valente | Individual | Senior Masculino |
| 9001 | DQ | MÁRIO PROFIRIO | OCR Portugal Lab | Senior Masculino |
| 9016 | DQ | Elizabete Santos | OCR Portugal Lab | Senior Feminino |
| 9018 | DQ | Ricardo Rego | B.T.M. | Senior Masculino |
| 9019 | DQ | João Filipe Rodrigues Gaspar | #aminhamaenaodeixa | Senior Masculino |
| 9020 | DQ | Filipa Yanez | OCR Portugal Lab | Senior Feminino |
| 9021 | DQ | Jose Melato | OCR Portugal Lab | Senior Masculino |
| 9022 | DQ | João Miranda | Police Challenge | Senior Masculino |
| 9024 | DQ | Luís Gonçalves | Urban Obstacles | Senior Masculino |
| 9030 | DQ | Miguel Silva | CHALLENGE FORCE | Senior Masculino |
| 9033 | DQ | Rafael Neves | Individual | Senior Masculino |
| 9034 | DQ | Gonçalo Oliveira | Urban Obstacles | Senior Masculino |
| 9040 | DQ | Ana Pascoal | Urban Obstacles | Senior Feminino |
| 9041 | DQ | Alexandre Joaquim | OCR Portugal Lab | Senior Masculino |
| 9050 | DQ | João Carlos | CHALLENGE FORCE | Senior Masculino |
| 9051 | DQ | Carlos Fernando Marques | @corredoresderua@ | Senior Masculino |
| 9056 | DQ | Diana Ferreira | B.T.M. | Senior Feminino |
| 9058 | DQ | Gisela Pinhal | OCR Portugal Lab | Senior Feminino |
| 9061 | DQ | Jorge rodrigues | Esquadrão +Fit | Senior Masculino |
| 9070 | DQ | Tânia Serrão | OCR Portugal Lab | Senior Feminino |
| 9075 | DQ | Ângela Ramalho | Individual | Senior Feminino |
| 9011 | DNF | Marcelo Oliveira | Individual | Senior Masculino |