

HTMP25 - STAGE 1

25 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:00	11,5°C	100%
End	14:28	11,5°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	10	Morgan Elliott	alexandra carvalho team	Senior Masculino	02:24:12		05:46
2	43	José Daniel González Domínguez	edv-viana trail	Senior Masculino	02:49:00	+24:47	06:46
3	64	Humberto Vara	individual	Veterano M50	02:51:38	+27:25	06:52
4	21	Amândio Faria de Freitas	edv-viana trail	Senior Masculino	02:54:33	+30:20	06:59
5	75	Rui Pedro Sa Soares	padela natural team - fisiofreixo	Senior Masculino	03:00:13	+36:00	07:13
6	7	António Sá	ade trail running	Senior Masculino	03:01:04	+36:51	07:15
7	45	Nuno Guimarães	individual	Senior Masculino	03:02:56	+38:43	07:19
8	42	joao carlos oliveira	individual	Senior Masculino	03:07:01	+42:48	07:29
9	25	Sérgio Ramos	edv-viana trail	Veterano M40	03:07:38	+43:25	07:30
10	17	César Ferreira	compressport portugal	Veterano M40	03:10:27	+46:14	07:37
11	4	Atleta 4	individual	Senior Masculino	03:10:39	+46:26	07:38
12	71	Ernesto Marques Alves	juventude cortegacense	Veterano M40	03:13:39	+49:26	07:45
13	26	stephane simoes	edv-viana trail	Veterano M40	03:15:27	+51:14	07:49
14	13	Francisco Fernandes	aztrail/mercentro	Senior Masculino	03:19:41	+55:28	07:59
15	61	Paulo filipe	individual	Veterano M40	03:20:06	+55:54	08:00
16	23	Paulo Ribeiro	edv-viana trail	Veterano M40	03:23:21	+59:08	08:08
17	24	pedro caldas	edv-viana trail	Veterano M40	03:26:27	+01:02:14	08:16
18	30	António José Soares Duarte Gomes	fernanda maciel - material ortopédico e hospital	Senior Masculino	03:27:11	+01:02:59	08:17
19	56	Jon Audun Kvalbein	individual	Veterano M40	03:29:39	+01:05:26	08:23
20	82	Victor Rodrigues	ribeitrail	Veterano M40	03:31:54	+01:07:41	08:29
21	91	Tiago Costa	individual	Senior Masculino	03:33:03	+01:08:50	08:31
22	73	Hugo Paço do Casal	olímpico vianense trail	Veterano M40	03:34:25	+01:10:12	08:35
23	46	Ricardo Briote	ade trail running	Senior Masculino	03:34:49	+01:10:36	08:36
24	12	BRUNO BARGE	aztrail/mercentro	Senior Masculino	03:35:17	+01:11:04	08:37
25	51	Antoine calçada	individual	Veterano M40	03:40:49	+01:16:36	08:50
26	74	João Meira	padela natural team - fisiofreixo	Senior Masculino	03:41:38	+01:17:25	08:52
27	29	Custódio Loureiro	fc	Veterano M50	03:44:21	+01:20:08	08:58
28	68	Manuel Oliveira	individual	Veterano M50	03:44:29	+01:20:16	08:59
29	16	Filipe Alves	cerveira team running	Veterano M40	03:47:04	+01:22:51	09:05
30	67	Luís Mota	individual	Veterano M50	03:48:48	+01:24:35	09:09
31	53	Francisco	individual	Veterano M40	03:48:50	+01:24:37	09:09
32	66	José Calisto	individual	Veterano M50	03:48:50	+01:24:37	09:09
33	70	PAULO JOSÉ MOREIRA	individual	Veterano M50	03:51:08	+01:26:55	09:15
34	49	Tiago Oliveira	individual	Senior Masculino	03:51:08	+01:26:56	09:15
35	59	José Neves	individual	Veterano M40	03:51:33	+01:27:20	09:16
36	8	João Laranjeira	ade trail running	Senior Masculino	03:52:19	+01:28:06	09:18
37	15	PAULO SILVA	aztrail/mercentro	Veterano M40	03:53:13	+01:29:01	09:20
38	11	António Manuel Resende Martins	aztrail/mercentro	Senior Masculino	03:55:02	+01:30:50	09:24
39	19	Tiago Montalvão Coelho	correr leça	Senior Masculino	03:55:59	+01:31:46	09:26

HTMP25 - STAGE 1

25 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
40	50	Rosa Maria A. F. da Silva Nogueira	individual	Veterana F50	03:57:00	+01:32:48	09:29
41	54	Francisco Reis	individual	Veterano M40	04:00:04	+01:35:51	09:36
42	48	Silvio Freitas	individual	Senior Masculino	04:01:40	+01:37:28	09:40
43	90	António Oliveira	trail-running.pt	Veterano M40	04:01:46	+01:37:33	09:40
44	89	Mariana Ballester	trail-running.pt	Senior Feminino	04:01:46	+01:37:33	09:40
45	52	Eliseu leite	individual	Veterano M40	04:01:55	+01:37:42	09:41
46	31	vitoe campos	glt - armazem do cafe	Veterano M40	04:07:35	+01:43:22	09:54
47	57	JORGE PINTO	individual	Veterano M40	04:10:18	+01:46:05	10:01
48	85	Renato Lourenço	team shark	Senior Masculino	04:10:18	+01:46:05	10:01
49	5	José Oliveira	#osmanos	Senior Masculino	04:13:51	+01:49:38	10:09
50	78	Tiago Caldas	papa léguas	Veterano M40	04:16:45	+01:52:33	10:16
51	62	Wilson Fonseca	individual	Veterano M40	04:23:16	+01:59:03	10:32
52	55	Georges Gomes	individual	Veterano M40	04:25:21	+02:01:09	10:37
53	86	Fernando Mendes	team shark	Veterano M40	04:36:30	+02:12:17	11:04
54	33	PEDRO BARROS	happyrun	Veterano M40	04:47:28	+02:23:15	11:30
55	28	Mário Jorge Ferreira	fc	Veterano M40	04:47:39	+02:23:26	11:30
56	22	Nuno Marques	edv-viana trail	Senior Masculino	04:50:21	+02:26:09	11:37
57	38	Daniel Santos	individual	Senior Masculino	04:57:04	+02:32:51	11:53
58	69	Paulo Genesio	individual	Veterano M50	04:57:04	+02:32:52	11:53
59	84	Nuno Miguel Lima de Carvalho	team shark	Senior Masculino	04:57:42	+02:33:29	11:54
60	58	José Artur Fonseca	individual	Veterano M40	05:25:17	+03:01:04	13:01
61	87	Paulo Areal Sousa	team shark	Veterano M40	05:25:19	+03:01:07	13:01
62	88	Rui Fernando dos Santos Pereira da Silva Almeida	team shark	Veterano M50	05:26:38	+03:02:25	13:04

HTMP25

25 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:00	11,5°C	100%
End	14:28	11,5°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
------	-----	------	------	-----	--------	------	------

Senior Feminino

1	89	Mariana Ballester	Trail-Running.pt	Senior Feminino	04:01:46	+01:37:33	09:40
---	----	-------------------	------------------	-----------------	----------	-----------	-------

Senior Masculino

1	10	Morgan Elliott	Alexandra Carvalho TEAM	Senior Masculino	02:24:12		05:46
2	43	José Daniel González Domínguez	EDV-VIANA TRAIL	Senior Masculino	02:49:00	+24:47	06:46
3	21	Amândio Faria de Freitas	EDV-VIANA TRAIL	Senior Masculino	02:54:33	+30:20	06:59
4	75	Rui Pedro Sa Soares	Padela Natural Team - Fisiofreixo	Senior Masculino	03:00:13	+36:00	07:13
5	7	António Sá	Ade trail running	Senior Masculino	03:01:04	+36:51	07:15
6	45	Nuno Guimarães	Individual	Senior Masculino	03:02:56	+38:43	07:19
7	42	joao carlos oliveira	Individual	Senior Masculino	03:07:01	+42:48	07:29
8	4	Atleta 4	Individual	Senior Masculino	03:10:39	+46:26	07:38
9	13	Francisco Fernandes	AZtrail/Mercentro	Senior Masculino	03:19:41	+55:28	07:59
10	30	António José Soares Duarte Gomes	Fernanda Maciel - Material Ortopédico e Hospital	Senior Masculino	03:27:11	+01:02:59	08:17
11	91	Tiago Costa	Individual	Senior Masculino	03:33:03	+01:08:50	08:31
12	46	Ricardo Briote	Ade trail running	Senior Masculino	03:34:49	+01:10:36	08:36
13	12	BRUNO BARGE	AZtrail/Mercentro	Senior Masculino	03:35:17	+01:11:04	08:37
14	74	João Meira	Padela Natural Team - Fisiofreixo	Senior Masculino	03:41:38	+01:17:25	08:52
15	49	Tiago Oliveira	Individual	Senior Masculino	03:51:08	+01:26:56	09:15
16	8	João Laranjeira	Ade trail running	Senior Masculino	03:52:19	+01:28:06	09:18
17	11	António Manuel Resende Martins	AZtrail/Mercentro	Senior Masculino	03:55:02	+01:30:50	09:24
18	19	Tiago Montalvão Coelho	Correr Leça	Senior Masculino	03:55:59	+01:31:46	09:26
19	48	Silvio Freitas	Individual	Senior Masculino	04:01:40	+01:37:28	09:40
20	85	Renato Lourenço	Team Shark	Senior Masculino	04:10:18	+01:46:05	10:01
21	5	José Oliveira	#osmanos	Senior Masculino	04:13:51	+01:49:38	10:09
22	22	Nuno Marques	EDV-VIANA TRAIL	Senior Masculino	04:50:21	+02:26:09	11:37
23	38	Daniel Santos	Individual	Senior Masculino	04:57:04	+02:32:51	11:53
24	84	Nuno Miguel Lima de Carvalho	Team Shark	Senior Masculino	04:57:42	+02:33:29	11:54

Veterana F50

1	50	Rosa Maria A. F. da Silva Nogueira	Individual	Veterana F50	03:57:00	+01:32:48	09:29:48
---	----	------------------------------------	------------	--------------	----------	-----------	----------

Veterano M40

1	25	Sérgio Ramos	EDV-VIANA TRAIL	Veterano M40	03:07:38	+43:25	07:30:03
2	17	César Ferreira	Compressport Portugal	Veterano M40	03:10:27	+46:14	07:37:00

Official Timekeeper: Lap2Go	1 / 2	generate 03-jun-2018 14:30
-----------------------------	-------	----------------------------

HTMP25

25 KM

[illegible]

OFFICIAL RESULT

[illegible]

3	71	Ernesto Marques Alves	Juventude Cortegacense	Veterano M40	03:13:39	+49:26	07:45
4	26	stephane simoes	EDV-VIANA TRAIL	Veterano M40	03:15:27	+51:14	07:49
5	61	Paulo filipe	Individual	Veterano M40	03:20:06	+55:54	08:00
6	23	Paulo Ribeiro	EDV-VIANA TRAIL	Veterano M40	03:23:21	+59:08	08:08
7	24	pedro caldas	EDV-VIANA TRAIL	Veterano M40	03:26:27	+01:02:14	08:16
8	56	Jon Audun Kvalbein	Individual	Veterano M40	03:29:39	+01:05:26	08:23
9	82	Victor Rodrigues	RIBEITRAIL	Veterano M40	03:31:54	+01:07:41	08:29
10	73	Hugo Paço do Casal	Olímpico Vianense Trail	Veterano M40	03:34:25	+01:10:12	08:35
11	51	Antoine calçada	Individual	Veterano M40	03:40:49	+01:16:36	08:50
12	16	Filipe Alves	Cerveira Team Running	Veterano M40	03:47:04	+01:22:51	09:05
13	53	Francisco	Individual	Veterano M40	03:48:50	+01:24:37	09:09
14	59	José Neves	Individual	Veterano M40	03:51:33	+01:27:20	09:16
15	15	PAULO SILVA	AZtrail/Mercentro	Veterano M40	03:53:13	+01:29:01	09:20
16	54	Francisco Reis	Individual	Veterano M40	04:00:04	+01:35:51	09:36
17	90	António Oliveira	Trail-Running.pt	Veterano M40	04:01:46	+01:37:33	09:40
18	52	Eliseu leite	Individual	Veterano M40	04:01:55	+01:37:42	09:41
19	31	vitor campos	GTT - Armazem do Caffé	Veterano M40	04:07:35	+01:43:22	09:54
20	57	JORGE PINTO	Individual	Veterano M40	04:10:18	+01:46:05	10:01
21	78	Tiago Caldas	Papa Léguas	Veterano M40	04:16:45	+01:52:33	10:16
22	62	Wilson Fonseca	Individual	Veterano M40	04:23:16	+01:59:03	10:32
23	55	Georges Gomes	Individual	Veterano M40	04:25:21	+02:01:09	10:37
24	86	Fernando Mendes	Team Shark	Veterano M40	04:36:30	+02:12:17	11:04
25	33	PEDRO BARROS	HappyRun	Veterano M40	04:47:28	+02:23:15	11:30
26	28	Mário Jorge Ferreira	FC	Veterano M40	04:47:39	+02:23:26	11:30
27	58	José Artur Fonseca	Individual	Veterano M40	05:25:17	+03:01:04	13:01
28	87	Paulo Areal Sousa	Team Shark	Veterano M40	05:25:19	+03:01:07	13:01

Veterano M50

1	64	Humberto Vara	Individual	Veterano M50	02:51:38	+27:25	06:52
2	29	Custódio Loureiro	FC	Veterano M50	03:44:21	+01:20:08	08:58
3	68	Manuel Oliveira	Individual	Veterano M50	03:44:29	+01:20:16	08:59
4	67	Luís Mota	Individual	Veterano M50	03:48:48	+01:24:35	09:09
5	66	José Calisto	Individual	Veterano M50	03:48:50	+01:24:37	09:09
6	70	PAULO JOSÉ MOREIRA	Individual	Veterano M50	03:51:08	+01:26:55	09:15
7	69	Paulo Genesio	Individual	Veterano M50	04:57:04	+02:32:52	11:53
8	88	Rui Fernando dos Santos Pereira da Silva Almeida	Team Shark	Veterano M50	05:26:38	+03:02:25	13:04

[illegible]

RANK	TEAM	DESCRIPTION	POINTS
1	EDV-VIANA TRAIL	2 + 4 + 9	15
2	ADE TRAIL RUNNING	6 + 23 + 36	65
3	AZTRAIL/MERCENTRO	14 + 24 + 37	75
4	TEAM SHARK	48 + 53 + 59	160

HTMP20 - STAGE 1

20 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:30	12,5°C	93%
End	13:38	12,5°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	588	Jorge Pereira	ozxtreme/adcrpereira	Senior Masculino	02:00:27		06:01
2	589	José Pereira	ozxtreme/adcrpereira	Senior Masculino	02:01:44	+01:17	06:05
3	593	Francisco Miguel Costa Fontelo	padela natural team - fisiofreixo	Veterano M40	02:04:25	+03:58	06:13
4	528	Pedro alves	grupo desportivo castelense	Senior Masculino	02:04:55	+04:28	06:15
5	518	Marcelo Ramos Martins	edl trail	Senior Masculino	02:07:03	+06:36	06:21
6	532	Rogério Vicente	glt - armazem do caffe	Veterano M40	02:17:25	+16:58	06:52
7	599	José Avelino Ribeiro Martins	team workout 48/cam	Veterano M50	02:17:36	+17:09	06:53
8	552	ADELINO ALVES AIRES	individual	Veterano M40	02:22:44	+22:17	07:08
9	587	João Passos	olímpico vianense trail	Veterano M50	02:27:01	+26:33	07:21
10	539	Bruno Alen	individual	Senior Masculino	02:28:05	+27:37	07:24
11	561	Jose Amorim	ker sport	Veterano M50	02:30:25	+29:58	07:31
12	594	Marco Paulo Da Silva Dias	padela natural team - fisiofreixo	Veterano M40	02:33:31	+33:04	07:41
13	511	Sabina Marques	clube de montanha alto trilho - javalis	Senior Feminino	02:35:36	+35:09	07:47
14	555	Domingos Faria	individual	Veterano M40	02:36:36	+36:09	07:50
15	514	António Barros	correr leça	Veterano M40	02:39:25	+38:58	07:58
16	529	Samuel Amorim	grupo desportivo castelense	Senior Masculino	02:40:36	+40:08	08:02
17	564	Cecilio Maunel Silva Ferreira	juventude cortegacense	Veterano M40	02:40:48	+40:21	08:02
18	590	Pedro Miguel Baptista Pereira	padela natural team - fisiofreixo	Senior Masculino	02:41:08	+40:41	08:03
19	585	Carlos Soares	olímpico vianense trail	Veterano M50	02:41:11	+40:44	08:04
20	573	Daniela Barreto	olímpico vianense trail	Senior Feminino	02:41:20	+40:53	08:04
21	579	Sérgio Martins	olímpico vianense trail	Senior Masculino	02:41:20	+40:53	08:04
22	574	Natália Martins	olímpico vianense trail	Senior Feminino	02:42:03	+41:36	08:06
23	600	Carla Pereira	individual	Senior Feminino	02:42:03	+41:36	08:06
24	525	António Almeida	frezite	Senior Masculino	02:43:36	+43:09	08:11
25	597	Rubens Brandão Soares	sportarc	Veterano M40	02:44:58	+44:31	08:15
26	508	Raul Fernandes	cerveira team running	Veterano M50	02:47:51	+47:24	08:24
27	538	Artur Gil	individual	Senior Masculino	02:47:57	+47:30	08:24
28	544	Nuno Ramos	individual	Senior Masculino	02:49:20	+48:53	08:28
29	566	Celso Lino Oliveira Gomes	juventude cortegacense	Veterano M50	02:53:27	+53:00	08:40
30	557	Marco Afonso	individual	Veterano M40	02:53:37	+53:10	08:41
31	542	Luciano Pires	individual	Senior Masculino	02:53:37	+53:10	08:41
32	568	Carla Amorim	ker sport	Veterana F40	02:53:45	+53:18	08:41
33	546	RICARDO JORGE CUNHA REGO	individual	Senior Masculino	02:54:50	+54:23	08:45
34	507	Quim Araújo	cerveira team running	Veterano M40	02:54:54	+54:26	08:45
35	543	Luis ramos	individual	Senior Masculino	02:57:11	+56:43	08:52
36	596	Joao Barreira	palmeira runners	Senior Masculino	02:58:12	+57:45	08:55
37	503	Ana PATRÍCIA Pinto LOPES	cerveira team running	Senior Feminino	03:02:03	+01:01:36	09:06
38	547	Ricardo Novais	individual	Senior Masculino	03:02:27	+01:02:00	09:07
39	577	Fernando J.V. Alves	olímpico vianense trail	Senior Masculino	03:03:12	+01:02:45	09:10
40	553	António Vilçaça	individual	Veterano M40	03:03:18	+01:02:51	09:10

HTMP20 - STAGE 1

20 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
41	527	Patrícia Lemos	grupo desportivo castelense	Senior Feminino	03:03:34	+01:03:07	09:11
42	541	José Oliveira	individual	Senior Masculino	03:03:42	+01:03:14	09:11
43	569	Luís Vieira	kunalama runners	Senior Masculino	03:04:59	+01:04:32	09:15
44	524	Pedro Cruz	elite runners	Senior Masculino	03:06:16	+01:05:48	09:19
45	523	Américo Lucas	elite runners	Senior Masculino	03:06:16	+01:05:49	09:19
46	602	José Carlos Almeida	clube de montanha alto trilho - javalis	Senior Masculino	03:07:07	+01:06:40	09:21
47	598	Florinda Fernandes	team workout 48/cam	Veterana F40	03:07:24	+01:06:57	09:22
48	509	PAULO JORGE GONÇALVES SOARES	ciclistas cósmicos - gislótica	Veterano M40	03:07:24	+01:06:57	09:22
49	575	Noemia Ferreira	olímpico vianense trail	Senior Feminino	03:07:33	+01:07:06	09:23
50	530	Ana Fontes	gtt - armazem do caffe	Senior Feminino	03:08:32	+01:08:05	09:26
51	526	Catarina Amorim	grupo desportivo castelense	Senior Feminino	03:09:31	+01:09:04	09:29
52	519	Patricia Palma	edv-viana trail	Senior Feminino	03:10:48	+01:10:21	09:32
53	571	Ernesto Martins	lion runners – g.d. leões da guarda	Veterano M50	03:11:47	+01:11:20	09:35
54	582	Marina Salgueiro	olímpico vianense trail	Veterana F40	03:13:11	+01:12:44	09:40
55	584	Marco Maciel	olímpico vianense trail	Veterano M40	03:13:12	+01:12:44	09:40
56	559	Paulo hernani	individual	Veterano M40	03:16:41	+01:16:14	09:50
57	572	ALEXANDRA OLIVEIRA	olímpico vianense trail	Senior Feminino	03:25:43	+01:25:16	10:17
58	563	Marcia Castro Costa	juventude cortegacense	Veterana F40	03:27:45	+01:27:18	10:23
59	531	Aida linhares	gtt - armazem do caffe	Veterana F40	03:28:24	+01:27:57	10:25
60	570	Maria Ricardo	lion runners – g.d. leões da guarda	Veterana F50	03:28:24	+01:27:57	10:25
61	533	Anabela Silva	individual	Senior Feminino	03:28:29	+01:28:02	10:25
62	580	Carla Cruz	olímpico vianense trail	Veterana F40	03:29:32	+01:29:05	10:29
63	501	Paula Cristina Sa Peixoto	braguinhas runners	Veterana F50	03:29:58	+01:29:31	10:30
64	502	Jose Manuel Sequeira Ferreira	braguinhas runners	Veterano M50	03:29:58	+01:29:31	10:30
65	562	Miguel Martins	individual	Veterano M50	03:30:06	+01:29:39	10:30
66	512	Dulce Neves	correr leça	Senior Feminino	03:32:23	+01:31:56	10:37
67	601	nuno morgado	correr leça	Veterano M40	03:32:23	+01:31:56	10:37
68	517	Joao Frederico d'Orey de Faria	é prá`cabar	Senior Masculino	03:34:11	+01:33:44	10:43
69	516	Francisco van Zeller O. Sousa	é prá`cabar	Senior Masculino	03:37:52	+01:37:25	10:54
70	505	Maria José Fernandes	cerveira team running	Veterana F40	03:40:55	+01:40:28	11:03
71	537	Sophie Duarte	individual	Senior Feminino	03:41:33	+01:41:06	11:05
72	560	Carlos Almeida	individual	Veterano M50	03:41:33	+01:41:06	11:05
73	583	Elisabete Pereira	olímpico vianense trail	Veterana F50	03:43:59	+01:43:32	11:12
74	586	Jaime Pereira	olímpico vianense trail	Veterano M50	03:44:09	+01:43:42	11:12
75	521	Andrea Campelo	edv-viana trail	Veterana F40	03:49:10	+01:48:43	11:28
76	513	CARLA FERREIRA	correr leça	Veterana F40	04:06:34	+02:06:07	12:20
77	515	MANUEL RODRIGUES	correr leça	Veterano M50	04:06:36	+02:06:09	12:20
78	595	Vassoura Jorge Malheiro-Vassoura	padela natural team - fisiofreixo	Veterano M40	04:07:04	+02:06:37	12:21
79	591	Vassoura Monia Barbosa-Vassoura	padela natural team - fisiofreixo	Veterana F40	04:07:06	+02:06:38	12:21

HTMP20

20 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:30	12,5°C	93%
End	13:38	12.5°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
------	-----	------	------	-----	--------	------	------

Senior Feminino

1	511	Sabina Marques	Clube de Montanha Alto trilho - Javalis	Senior Feminino	02:35:36	+35:09	07:47:35
2	573	Daniela Barreto	Olímpico Vianense Trail	Senior Feminino	02:41:20	+40:53	08:04:13
3	574	Natália Martins	Olímpico Vianense Trail	Senior Feminino	02:42:03	+41:36	08:06:09
4	600	Carla Pereira	Individual	Senior Feminino	02:42:03	+41:36	08:06:09
5	503	Ana PATRÍCIA Pinto LOPES	Cerveira Team Running	Senior Feminino	03:02:03	+01:01:36	09:06:09
6	527	Patrícia Lemos	GRUPO DESPORTIVO CASTELENSE	Senior Feminino	03:03:34	+01:03:07	09:11:09
7	575	Noemia Ferreira	Olímpico Vianense Trail	Senior Feminino	03:07:33	+01:07:06	09:23:09
8	530	Ana Fontes	GTT - Armazem do Caffé	Senior Feminino	03:08:32	+01:08:05	09:26:09
9	526	Catarina Amorim	GRUPO DESPORTIVO CASTELENSE	Senior Feminino	03:09:31	+01:09:04	09:29:09
10	519	Patricia Palma	EDV-VIANA TRAIL	Senior Feminino	03:10:48	+01:10:21	09:32:09
11	572	ALEXANDRA OLIVEIRA	Olímpico Vianense Trail	Senior Feminino	03:25:43	+01:25:16	10:17:09
12	533	Anabela Silva	Individual	Senior Feminino	03:28:29	+01:28:02	10:25:09
13	512	Dulce Neves	Correr Leça	Senior Feminino	03:32:23	+01:31:56	10:37:09
14	537	Sophie Duarte	Individual	Senior Feminino	03:41:33	+01:41:06	11:05:09

Senior Masculino

1	588	Jorge Pereira	OZXTREME/ADCRPEREIRA	Senior Masculino	02:00:27	06:01
2	589	José Pereira	OZXTREME/ADCRPEREIRA	Senior Masculino	02:01:44	+01:17 06:05
3	528	Pedro alves	GRUPO DESPORTIVO CASTELENSE	Senior Masculino	02:04:55	+04:28 06:15
4	518	Marcelo Ramos Martins	EDL trail	Senior Masculino	02:07:03	+06:36 06:21
5	539	Bruno Alen	Individual	Senior Masculino	02:28:05	+27:37 07:24
6	529	Samuel Amorim	GRUPO DESPORTIVO CASTELENSE	Senior Masculino	02:40:36	+40:08 08:02
7	590	Pedro Miguel Baptista Pereira	Padela Natural Team - Fisiofreixo	Senior Masculino	02:41:08	+40:41 08:03
8	579	Sérgio Martins	Olímpico Vianense Trail	Senior Masculino	02:41:20	+40:53 08:04
9	525	António Almeida	FREZITE	Senior Masculino	02:43:36	+43:09 08:11
10	538	Artur Gil	Individual	Senior Masculino	02:47:57	+47:30 08:24
11	544	Nuno Ramos	Individual	Senior Masculino	02:49:20	+48:53 08:28
12	542	Luciano Pires	Individual	Senior Masculino	02:53:37	+53:10 08:41
13	546	RICARDO JORGE CUNHA REGO	Individual	Senior Masculino	02:54:50	+54:23 08:45
14	543	Luis ramos	Individual	Senior Masculino	02:57:11	+56:43 08:52
15	596	Joao Barreira	Palmeira Runners	Senior Masculino	02:58:12	+57:45 08:55
16	547	Ricardo Novais	Individual	Senior Masculino	03:02:27	+01:02:00 09:07
17	577	Fernando J.V. Alves	Olímpico Vianense Trail	Senior Masculino	03:03:12	+01:02:45 09:10
18	541	José Oliveira	Individual	Senior Masculino	03:03:42	+01:03:14 09:11

Official Timekeeper: Lap2Go	1 / 3	generate 03-jun-2018 13:53
-----------------------------	-------	----------------------------

HTMP20

20 KM

[illegible]

OFFICIAL RESULT

[illegible]

19	569	Luís Vieira	Kunalama Runners	Senior Masculino	03:04:59	+01:04:32	09:15
20	524	Pedro Cruz	Elite Runners	Senior Masculino	03:06:16	+01:05:48	09:19
21	523	Américo Lucas	Elite Runners	Senior Masculino	03:06:16	+01:05:49	09:19
22	602	José Carlos Almeida	Clube de Montanha Alto trilho - Javalis	Senior Masculino	03:07:07	+01:06:40	09:21
23	517	Joao Frederico d'Orey de Faria	É prá`cabar	Senior Masculino	03:34:11	+01:33:44	10:43
24	516	Francisco van Zeller O. Sousa	É prá`cabar	Senior Masculino	03:37:52	+01:37:25	10:54

Veterana F40

1	568	Carla Amorim	Ker Sport	Veterana F40	02:53:45	+53:18	08:41
2	598	Florinda Fernandes	Team Workout 48/CAM	Veterana F40	03:07:24	+01:06:57	09:22
3	582	Marina Salgueiro	Olímpico Vianense Trail	Veterana F40	03:13:11	+01:12:44	09:40
4	563	Marcia Castro Costa	Juventude Cortegacense	Veterana F40	03:27:45	+01:27:18	10:23
5	531	Aida linhares	GTT - Armazem do Caffé	Veterana F40	03:28:24	+01:27:57	10:25
6	580	Carla Cruz	Olímpico Vianense Trail	Veterana F40	03:29:32	+01:29:05	10:29
7	505	Maria José Fernandes	Cerveira Team Running	Veterana F40	03:40:55	+01:40:28	11:03
8	521	Andrea Campelo	EDV-VIANA TRAIL	Veterana F40	03:49:10	+01:48:43	11:28
9	513	CARLA FERREIRA	Correr Leça	Veterana F40	04:06:34	+02:06:07	12:20
10	591	Vassoura Monia Barbosa- Vassoura	Padela Natural Team - Fisiofreixo	Veterana F40	04:07:06	+02:06:38	12:21

Veterana F50

1	570	Maria Ricardo	LION RUNNERS – G.D. Leões da Guarda	Veterana F50	03:28:24	+01:27:57	10:25
2	501	Paula Cristina Sa Peixoto	BRAGUINHAS RUNNERS	Veterana F50	03:29:58	+01:29:31	10:30
3	583	Elisabete Pereira	Olímpico Vianense Trail	Veterana F50	03:43:59	+01:43:32	11:12

Veterano M40

1	593	Francisco Miguel Costa Fontelo	Padela Natural Team - Fisiofreixo	Veterano M40	02:04:25	+03:58	06:13
2	532	Rogério Vicente	GTT - Armazem do Caffe	Veterano M40	02:17:25	+16:58	06:52
3	552	ADELINO ALVES AIRES	Individual	Veterano M40	02:22:44	+22:17	07:08
4	594	Marco Paulo Da Silva Dias	Padela Natural Team - Fisiofreixo	Veterano M40	02:33:31	+33:04	07:41
5	555	Domingos Faria	Individual	Veterano M40	02:36:36	+36:09	07:50
6	514	António Barros	Correr Leça	Veterano M40	02:39:25	+38:58	07:58
7	564	Cecilio Maunel Silva Ferreira	Juventude Cortegacense	Veterano M40	02:40:48	+40:21	08:02
8	597	Rubens Brandão Soares	SPORTARC	Veterano M40	02:44:58	+44:31	08:15
9	557	Marco Afonso	Individual	Veterano M40	02:53:37	+53:10	08:41
10	507	Quim Araújo	Cerveira Team Running	Veterano M40	02:54:54	+54:26	08:45
11	553	António Vilaça	Individual	Veterano M40	03:03:18	+01:02:51	09:10
12	509	PAULO JORGE GONÇALVES SOARES	CICLISTAS CÓSMICOS - GISLÓTICA	Veterano M40	03:07:24	+01:06:57	09:22
13	584	Marco Maciel	Olímpico Vianense Trail	Veterano M40	03:13:12	+01:12:44	09:40
14	559	Paulo hernani	Individual	Veterano M40	03:16:41	+01:16:14	09:50
15	601	nuno morgado	Correr Leça	Veterano M40	03:32:23	+01:31:56	10:37

Official Timekeeper: Lap2Go	2 / 3	generate 03-jun-2018 13:53
-----------------------------	-------	----------------------------

HTMP20

20 KM

[illegible]

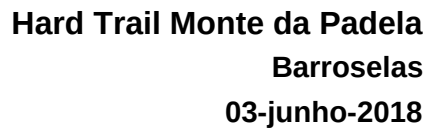
OFFICIAL RESULT

[illegible]

16	595	Vassoura Jorge Malheiro- Vassoura	Padela Natural Team - Fisiofreixo	Veterano M40	04:07:04	+02:06:37	12:21
----	-----	-----------------------------------	-----------------------------------	--------------	----------	-----------	-------

Veterano M50

1	599	José Avelino Ribeiro Martins	Team Workout 48/CAM	Veterano M50	02:17:36	+17:09	06:53
2	587	João Passos	Olímpico Vianense Trail	Veterano M50	02:27:01	+26:33	07:21
3	561	Jose Amorim	Ker Sport	Veterano M50	02:30:25	+29:58	07:31
4	585	Carlos Soares	Olímpico Vianense Trail	Veterano M50	02:41:11	+40:44	08:04
5	508	Raul Fernandes	Cerveira Team Running	Veterano M50	02:47:51	+47:24	08:24
6	566	Celso Lino Oliveira Gomes	Juventude Cortegacense	Veterano M50	02:53:27	+53:00	08:40
7	571	Ernesto Martins	LION RUNNERS – G.D. Leões da Guarda	Veterano M50	03:11:47	+01:11:20	09:35
8	502	Jose Manuel Sequeira Ferreira	BRAGUINHAS RUNNERS	Veterano M50	03:29:58	+01:29:31	10:30
9	562	Miguel Martins	Individual	Veterano M50	03:30:06	+01:29:39	10:30
10	560	Carlos Almeida	Individual	Veterano M50	03:41:33	+01:41:06	11:05
11	586	Jaime Pereira	Olímpico Vianense Trail	Veterano M50	03:44:09	+01:43:42	11:12
12	515	MANUEL RODRIGUES	Correr Leça	Veterano M50	04:06:36	+02:06:09	12:20

[illegible]

RANK	TEAM	DESCRIPTION	POINTS
1	PADELA NATURAL TEAM - FISIOFREIXO	3 + 12 + 18	33
2	OLÍMPICO VIANENSE TRAIL	9 + 19 + 20	48
3	GRUPO DESPORTIVO CASTELENSE	4 + 16 + 41	61
4	CERVEIRA TEAM RUNNING	26 + 34 + 37	97
5	JUVENTUDE CORTEGACENSE	17 + 29 + 58	104
6	GTT - ARMAZEM DO CAFFE	6 + 50 + 59	115
7	CORRER LEÇA	15 + 66 + 67	148

HTMP15 - STAGE 1

15 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:00	13,5°C	87%
End	14:04	13.5°C	87%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1215	Rafael Adriano	padela natural team - fisiofreixo	Senior Masculino	01:32:29		06:10
2	1032	Paulo Moreira	c.c.recreativo de são martinho	Senior Masculino	01:33:40	+01:11	06:15
3	1018	Augusto Leitão	alexandra carvalho team	Veterano M40	01:34:40	+02:11	06:19
4	1255	FILIPE MENESES	un4life	Senior Masculino	01:37:10	+04:41	06:29
5	1004	Ricardo Miranda	águias de alvelos	Senior Masculino	01:38:53	+06:23	06:36
6	1186	Marco Santos	love tiles	Senior Masculino	01:39:43	+07:14	06:39
7	1031	Arlindo Ferreira	bits&bikes	Veterano M50	01:41:43	+09:14	06:47
8	1020	Fernando Silva	alexandra carvalho team	Veterano M40	01:42:58	+10:29	06:52
9	1006	Paulo Jorge Azevedo Duarte	alexandra carvalho team	Senior Masculino	01:43:03	+10:34	06:52
10	1185	Telmo Reis	lousada runners	Senior Masculino	01:43:05	+10:36	06:52
11	1112	José António Meira Rodrigues	individual	Senior Masculino	01:45:27	+12:57	07:02
12	1180	Helder Franco	lethes trail team	Senior Masculino	01:45:32	+13:03	07:02
13	1063	Gilberto Marques da Silva	grupo de corrida de argoncilhe	Senior Masculino	01:47:46	+15:17	07:11
14	1208	Cesar Gonçalves	olímpico vianense trail	Veterano M40	01:49:39	+17:10	07:19
15	1203	Ângelo Martins	olímpico vianense trail	Senior Masculino	01:49:39	+17:10	07:19
16	1238	Carlos Barbosa	running penafiel trail	Veterano M40	01:50:13	+17:44	07:21
17	1239	Carlos Vinhas	running penafiel trail	Veterano M50	01:50:42	+18:13	07:23
18	1101	Fábio Reis	individual	Senior Masculino	01:51:04	+18:35	07:24
19	1139	Domingos Oliveira	palmeira runners	Veterano M40	01:52:59	+20:30	07:32
20	1204	Bruno Amorim	olímpico vianense trail	Senior Masculino	01:53:02	+20:33	07:32
21	1094	Bruno Rodrigues	individual	Senior Masculino	01:53:59	+21:30	07:36
22	1224	José Manuel Rodrigues costa	palmeira runners	Veterano M40	01:54:18	+21:49	07:37
23	1214	Hugo Viriato Alves Sá	padela natural team - fisiofreixo	Senior Masculino	01:55:34	+23:05	07:42
24	1253	Paulo Silva	team workout 48/cam	Senior Masculino	01:56:14	+23:45	07:45
25	1252	Luis Rafael Lima Coutinho	team workout 48/cam	Senior Masculino	01:56:14	+23:45	07:45
26	1123	Vítor Gonçalves	individual	Senior Masculino	01:56:16	+23:47	07:45
27	1230	Amandio José Veloso Ferreira	rumo a aventura	Senior Masculino	01:56:29	+24:00	07:46
28	1082	Elisabete Maria Soutulho Coelho Alves	individual	Senior Feminino	01:56:48	+24:19	07:47
29	1003	Álvaro Vale	ade trail running	Senior Masculino	01:57:47	+25:18	07:51
30	1067	Bruno Tavares	grupo de corrida de argoncilhe	Veterano M40	01:58:30	+26:01	07:54
31	1114	Jose Padrão	individual	Senior Masculino	01:59:15	+26:46	07:57
32	1022	Mario Braga	alexandra carvalho team	Veterano M40	01:59:28	+26:59	07:58
33	1161	José Domingos Passos Bernardino	individual	Veterano M50	01:59:42	+27:13	07:59
34	1001	Carlos Oliveira	#osmanos	Senior Masculino	01:59:46	+27:17	07:59
35	1135	MARIA DO CÉU DE LIMA GONÇALVES	individual	Veterana F50	01:59:52	+27:23	08:00
36	1119	Nuno Gomes	individual	Senior Masculino	02:00:51	+28:22	08:03
37	1029	José Sousa	associação de atletismo lebres do sado	Veterano M40	02:03:05	+30:36	08:12
38	1046	João Oliveira	cmmc vale de cambra	Senior Masculino	02:03:48	+31:19	08:15
39	1210	Pedro Carvalhido	olímpico vianense trail	Veterano M40	02:04:04	+31:35	08:16
40	1033	Pedro Vieira	c.c.recreativo de são martinho	Senior Masculino	02:04:21	+31:52	08:17

HTMP15 - STAGE 1

15 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	1194	António Ribeiro	oada - os amigos da aventura	Senior Masculino	02:04:40	+32:11	08:19
42	1040	Isabel Cunha	cerveira team running	Veterana F40	02:04:47	+32:18	08:19
43	1042	Francisco Alves	cerveira team running	Veterano M40	02:04:49	+32:20	08:19
44	1222	Rui Sousa	palmeira runners	Senior Masculino	02:04:52	+32:23	08:20
45	1164	Paulo Dias	individual	Veterano M50	02:06:00	+33:30	08:24
46	1249	Eliana Pereira	team workout 48/cam	Senior Feminino	02:06:10	+33:41	08:25
47	1159	Fernando Duarte Ferreira	individual	Veterano M50	02:06:13	+33:44	08:25
48	1250	Bruno Rodrigues	team workout 48/cam	Senior Masculino	02:06:19	+33:50	08:25
49	1098	Daniel Soares	individual	Senior Masculino	02:06:26	+33:57	08:26
50	1140	Eduardo Martins	individual	Veterano M40	02:09:38	+37:09	08:39
51	1071	Rui Samuel	gtt - armazem do caffe	Senior Masculino	02:09:42	+37:13	08:39
52	1017	António Valente	alexandra carvalho team	Veterano M40	02:10:39	+38:10	08:43
53	1044	JORGE VIANA	cmi montanhismo	Veterano M50	02:10:49	+38:20	08:43
54	1137	Anselmo Fernandes	individual	Veterano M40	02:11:00	+38:30	08:44
55	1163	LUÍS HUMBERTO BRAVO DE ARAÚJO	individual	Veterano M50	02:11:34	+39:05	08:46
56	1109	João Lima de Abreu	individual	Senior Masculino	02:11:45	+39:16	08:47
57	1181	Pedro Sendão	lethes trail team	Veterano M40	02:12:02	+39:33	08:48
58	1189	Helena Fernandes	n14 crossfit	Veterana F40	02:12:08	+39:39	08:49
59	1188	Flavio Caldas	n14 crossfit	Senior Masculino	02:12:08	+39:39	08:49
60	1153	Paulo Ferreira	individual	Veterano M40	02:12:13	+39:44	08:49
61	1099	Diogo Filipe Costa da Silva	individual	Senior Masculino	02:13:24	+40:55	08:54
62	1195	Gonçalo Gomes	oada - os amigos da aventura	Senior Masculino	02:13:33	+41:04	08:54
63	1167	Júlio Ferreira	insanos	Veterano M50	02:14:47	+42:18	08:59
64	1207	Eva Santos	olímpico vianense trail	Veterana F40	02:14:51	+42:22	08:59
65	1196	Henrique Gonçalves	oada - os amigos da aventura	Senior Masculino	02:15:28	+42:59	09:02
66	1211	Leandro Freitas	olímpico vianense trail	Veterano M50	02:16:03	+43:34	09:04
67	1156	Sérgio Souto	individual	Veterano M40	02:16:07	+43:38	09:04
68	1023	Daniel Barreto	alexandra carvalho team	Veterano M50	02:16:07	+43:38	09:05
69	1104	Hélder Neves	individual	Senior Masculino	02:17:04	+44:35	09:08
70	1057	Marco Viana	edv-viana trail	Veterano M40	02:17:29	+45:00	09:10
71	1133	esmeralda Fiúza	individual	Veterana F50	02:18:22	+45:53	09:13
72	1148	Manuel Domingues	individual	Veterano M40	02:18:51	+46:22	09:15
73	1138	Antonio Pedro castro	individual	Veterano M40	02:18:57	+46:28	09:16
74	1092	António Duarte	individual	Senior Masculino	02:19:01	+46:32	09:16
75	1080	Cristina Esteves Rodrigues	team workout 48/cam	Senior Feminino	02:19:49	+47:20	09:19
76	1065	Tiago Oliveira	grupo de corrida de argoncilhe	Senior Masculino	02:20:32	+48:03	09:22
77	1158	Eduardo Teixeira	individual	Veterano M50	02:20:40	+48:11	09:23
78	1259	Bruno Purificação	cerveira team running	Senior Masculino	02:21:19	+48:50	09:25
79	1251	Filipe Carreira	team workout 48/cam	Senior Masculino	02:21:32	+49:03	09:26
80	1254	Gilberto Borlido	team workout 48/cam	Veterano M40	02:21:34	+49:05	09:26
81	1005	Pedro Miguel da Silva Ferreira	airão trail team	Senior Masculino	02:21:40	+49:11	09:27
82	1261	Pedro Ferrabelo Rosa	#osmanos	Senior Masculino	02:22:13	+49:44	09:29
83	1197	Carlos Oliveira	oada - os amigos da aventura	Veterano M40	02:22:34	+50:05	09:30
84	1050	Sílvia GOMes	correio de albergaria trail running	Senior Feminino	02:23:27	+50:58	09:34
85	1009	Solange Cabral	alexandra carvalho team	Veterana F40	02:23:51	+51:22	09:35

HTMP15 - STAGE 1

15 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	1151	PATRICIA IIMA	individual	Veterano M40	02:24:14	+51:45	09:37
87	1047	Roni Gomes	cmmc vale de cambra	Senior Masculino	02:25:26	+52:57	09:42
88	1108	Hugo Martins Rodrigues de Sousa	individual	Senior Masculino	02:25:46	+53:16	09:43
89	1045	Márcia Pinho	cmmc vale de cambra	Senior Feminino	02:25:54	+53:25	09:44
90	1121	Ricardo José Vieira Cunha	individual	Senior Masculino	02:27:07	+54:38	09:49
91	1013	Eulália Miranda	alexandra carvalho team	Veterana F50	02:27:09	+54:40	09:49
92	1064	Mário João da Silva Ibarra	grupo de corrida de argoncilhe	Senior Masculino	02:27:48	+55:19	09:51
93	1147	Jose manuel oliveira Peixoto 23	individual	Veterano M40	02:29:11	+56:41	09:57
94	1225	Ricardo Magalhães	palmeira runners	Veterano M40	02:29:11	+56:42	09:57
95	1019	Fernando Edgar Araújo de Sousa	alexandra carvalho team	Veterano M40	02:29:49	+57:20	09:59
96	1124	Denise Moraes	individual	Veterana F40	02:30:09	+57:40	10:01
97	1142	Francisco Gonçalves	individual	Veterano M40	02:30:09	+57:40	10:01
98	1059	Ricardo A. Silva Sousa	fit gaia trail	Veterano M40	02:30:21	+57:52	10:01
99	1016	António Manuel Rocha Ferreira	alexandra carvalho team	Veterano M40	02:30:52	+58:23	10:04
100	1010	Susana Queiróz	alexandra carvalho team	Veterana F40	02:31:09	+58:40	10:05
101	1048	Rui Vieira	cofina	Veterano M40	02:31:28	+58:59	10:06
102	1144	João Carlos Silva Miranda	individual	Veterano M40	02:32:06	+59:37	10:08
103	1035	Henrique Matos	centro ciclista de gondomar	Veterano M40	02:33:08	+01:00:39	10:13
104	1034	Sandra Matos	centro ciclista de gondomar	Veterana F40	02:33:08	+01:00:39	10:13
105	1085	madalena pedrinha fontes	individual	Senior Feminino	02:34:15	+01:01:46	10:17
106	1030	Alzira Alves	bits&bikes	Veterana F40	02:34:50	+01:02:21	10:19
107	1053	Susana Conceição	edl trail	Senior Feminino	02:36:29	+01:04:00	10:26
108	1051	Ana Paula Alves	edl trail	Senior Feminino	02:36:32	+01:04:03	10:26
109	1243	Patricia Pereira	team covas	Senior Feminino	02:37:01	+01:04:32	10:28
110	1244	Sónia Silva	team covas	Senior Feminino	02:37:02	+01:04:33	10:28
111	1162	Luís António Sousa Pinto	individual	Veterano M50	02:37:23	+01:04:54	10:30
112	1052	Sofia Santos da Silva	edl trail	Senior Feminino	02:38:21	+01:05:52	10:33
113	1198	Miguel Carvalhido	oada - os amigos da aventura	Veterano M40	02:38:48	+01:06:19	10:35
114	1193	Alexandre Areias	oada - os amigos da aventura	Senior Masculino	02:38:48	+01:06:19	10:35
115	1242	Mónica Ferreira	spin&run esposende	Veterana F40	02:38:57	+01:06:28	10:36
116	1002	maria de la salete fonseca oliveira	ade trail running	Senior Feminino	02:39:56	+01:07:27	10:40
117	1102	Filipe Lima	individual	Senior Masculino	02:40:41	+01:08:12	10:43
118	1258	Pedro Miguel dos Santos Matos	yazaki runners	Veterano M40	02:40:57	+01:08:28	10:44
119	1141	Eriberto Matos	individual	Veterano M40	02:41:03	+01:08:34	10:44
120	1012	Conceição Ferreira	alexandra carvalho team	Veterana F50	02:41:19	+01:08:50	10:45
121	1015	Paula Martins	alexandra carvalho team	Veterana F50	02:41:19	+01:08:50	10:45
122	1240	Paula Afonso	smileteam	Veterana F40	02:41:32	+01:09:03	10:46
123	1241	Luis Magalhães	smileteam	Veterano M40	02:41:34	+01:09:05	10:46
124	1088	silvia blanco arce	individual	Senior Feminino	02:41:43	+01:09:14	10:47
125	1245	Fernando Pereira	team covas	Senior Masculino	02:42:01	+01:09:32	10:48
126	1152	Paulo César Vieira Bastos	individual	Veterano M40	02:42:02	+01:09:33	10:48
127	1201	Paula Brota	olímpico vianense trail	Senior Feminino	02:42:23	+01:09:54	10:50

HTMP15 - STAGE 1

15 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
128	1060	José Manuel Fernandes Moreira da Silva	gdst - grupo desportivo santander totta	Veterano M40	02:42:50	+01:10:21	10:51
129	1066	Anabela Sousa	grupo de corrida de argoncilhe	Veterana F40	02:42:52	+01:10:23	10:52
130	1232	Denise Martins	rumo a aventura	Veterana F40	02:42:54	+01:10:24	10:52
131	1217	António Felgueiras Maciel	padela natural team - fisiofreixo	Veterano M50	02:42:55	+01:10:26	10:52
132	1202	Sara Sousa	olímpico vianense trail	Senior Feminino	02:43:03	+01:10:34	10:52
133	1226	Carla Caldas	papa léguas	Veterana F40	02:43:18	+01:10:49	10:53
134	1110	Jorge Rafael Machado do Vale	individual	Senior Masculino	02:45:10	+01:12:41	11:01
135	1007	Isabel Leitão	alexandra carvalho team	Veterana F40	02:46:44	+01:14:15	11:07
136	1038	Sofia Venade	cerveira team running	Senior Feminino	02:47:09	+01:14:40	11:09
137	1037	Sandra Araújo	cerveira team running	Senior Feminino	02:47:09	+01:14:40	11:09
138	1212	Susana Filipa Pereira da Silva	padela natural team - fisiofreixo	Senior Feminino	02:47:27	+01:14:58	11:10
139	1171	Miguel Pinheiro Matos	juventude cortegacense	Senior Masculino	02:48:29	+01:16:00	11:14
140	1089	SUSANA PEREIRA	individual	Senior Feminino	02:49:03	+01:16:34	11:16
141	1172	Anabela dos Santos Marques	juventude cortegacense	Veterana F40	02:50:21	+01:17:52	11:21
142	1091	ANDRE COSTA	individual	Senior Masculino	02:50:43	+01:18:14	11:23
143	1191	Rui Silva	nocturnos de paredes	Veterano M40	02:50:51	+01:18:22	11:23
144	1190	Maria Jesus	nocturnos de paredes	Veterana F40	02:50:51	+01:18:22	11:23
145	1055	Cidália Ribeiro	edv-viana trail	Veterana F40	02:50:52	+01:18:23	11:24
146	1136	Alexandre Negrão	individual	Veterano M40	02:52:42	+01:20:13	11:31
147	1117	Mario vilaca	individual	Senior Masculino	02:52:58	+01:20:29	11:32
148	1095	bruno vasconcelos	individual	Senior Masculino	02:52:59	+01:20:30	11:32
149	1056	Ligia Fernandes	edv-viana trail	Veterana F40	02:54:52	+01:22:23	11:40
150	1024	José Ribeiro	alexandra carvalho team	Veterano M50	02:54:53	+01:22:24	11:40
151	1008	Marlene Ferreira	alexandra carvalho team	Veterana F40	02:55:06	+01:22:37	11:40
152	1263	Sergio Torre	individual	Senior Masculino	02:55:15	+01:22:46	11:41
153	1054	Rosa Pereira	edl trail	Veterana F40	02:56:30	+01:24:01	11:46
154	1130	Rita Lemos	individual	Veterana F40	02:57:13	+01:24:44	11:49
155	1154	Pedro Brites	individual	Veterano M40	02:57:14	+01:24:45	11:49
156	1026	Francisco Pádua	allianz	Veterano M50	02:57:17	+01:24:48	11:49
157	1262	Eduarda Barros	individual	Senior Feminino	02:57:29	+01:25:00	11:50
158	1070	Hugo Edgar Macedo Peixoto Pereira	gtt - armazem do caffe	Senior Masculino	02:58:07	+01:25:38	11:53
159	1234	Isaura Miranda	rumo a aventura	Veterana F50	02:58:08	+01:25:39	11:53
160	1229	Patricia Miranda	rumo a aventura	Senior Feminino	02:58:10	+01:25:41	11:53
161	1228	Joana Filipa Araújo Castro	rumo a aventura	Senior Feminino	02:58:11	+01:25:42	11:53
162	1115	Luís Leal	individual	Senior Masculino	02:58:45	+01:26:16	11:55
163	1236	Claudia Moura	running penafiel trail	Senior Feminino	02:58:48	+01:26:19	11:55
164	1168	Bruno Andrade	jacarés cansados	Senior Masculino	02:58:49	+01:26:20	11:55
165	1176	Manuela Castelo	juventude cortegacense	Veterana F50	02:59:16	+01:26:47	11:57
166	1120	Paulo Soares	individual	Senior Masculino	02:59:17	+01:26:48	11:57
167	1069	Luís Rafael Freitas Sargo	grupo de corrida de argoncilhe	Veterano M40	03:03:11	+01:30:42	12:13
168	1206	Óscar Sousa	olímpico vianense trail	Senior Masculino	03:04:18	+01:31:49	12:17
169	1079	Cláudia Novais	individual	Senior Feminino	03:14:49	+01:42:20	12:59
170	1076	Be Carvalho	individual	Senior Feminino	03:14:50	+01:42:21	12:59
171	1248	Rosa sousa	team shark	Veterana F50	03:18:33	+01:46:04	13:14
172	1184	Albertina Gonçalves	lousada runners	Senior Feminino	03:18:34	+01:46:05	13:14

HTMP15 - STAGE 1

15 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
173	1257	Maria Eduarda Gonçalves Araújo	viana garças clube	Veterana F40	03:18:41	+01:46:11	13:15
174	1074	Ana Isabel Rocha	individual	Senior Feminino	03:18:41	+01:46:12	13:15
175	1028	Nélson Silva	amigos das sapatilhas	Senior Masculino	03:18:50	+01:46:21	13:15
176	1027	Cláudia Ramos	amigos das sapatilhas	Senior Feminino	03:18:53	+01:46:24	13:16
177	1068	Jorge Manuel Mendes Alves da Costa Vaz	grupo de corrida de argoncilhe	Veterano M40	03:19:49	+01:47:20	13:19
178	1084	Lúcia Ferreira	individual	Senior Feminino	03:26:43	+01:54:13	13:47
179	1155	Rui Monteiro	individual	Veterano M40	03:26:43	+01:54:13	13:47
180	1075	Ana Magalhães	individual	Senior Feminino	03:27:54	+01:55:25	13:52
181	1100	Diogo Silva	individual	Senior Masculino	03:27:55	+01:55:26	13:52
182	1170	Catarina Rodrigues Sa Ferreira	juventude cortegacense	Senior Masculino	03:28:01	+01:55:32	13:52
183	1174	ISABEL PEREIRA	juventude cortegacense	Veterana F40	03:28:02	+01:55:33	13:52
184	1182	JORGE SOUSA	lethes trail team	Veterano M50	03:29:19	+01:56:50	13:57
185	1246	Carla Sofia Silva	team shark	Veterana F40	03:31:37	+01:59:08	14:07
186	1081	Daniela vieirA	individual	Senior Feminino	03:32:59	+02:00:30	14:12
187	1097	Cesar martins	individual	Senior Masculino	03:33:00	+02:00:31	14:12
188	1220	Flávia Alegria	palas viradas	Veterana F40	03:36:21	+02:03:52	14:25
189	1221	Paulo Pires	palas viradas	Veterano M40	03:36:23	+02:03:54	14:26
190	1086	Melissa Piedade	individual	Senior Feminino	03:37:23	+02:04:54	14:30
191	1014	Irene Dias	alexandra carvalho team	Veterana F50	03:37:30	+02:05:01	14:30
192	1146	JOSE LUIS GONÇALVES BORLIDO	individual	Veterano M40	03:37:32	+02:05:03	14:30
193	1127	Maria do Céu Vieira Lopes	individual	Veterana F40	03:37:32	+02:05:03	14:30
194	1183	Isabel Lopes	lion runners – g.d. leões da guarda	Veterana F50	03:45:08	+02:12:39	15:01
195	1157	Adérito Fonseca	individual	Veterano M50	04:03:22	+02:30:53	16:14
196	1132	Ana Moreira	individual	Veterana F50	04:03:31	+02:31:02	16:14
197	1216	Vassoura Rui Sousa- Vassoura	padela natural team - fisiofreixo	Veterano M40	04:03:33	+02:31:04	16:14

HTMP15

15 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:00	13,5°C	87%
End	14:04	13.5°C	87%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
------	-----	------	------	-----	--------	------	------

Senior Feminino

1	1082	Elisabete Maria Soutulho Coelho Alves	Individual	Senior Feminino	01:56:48	+24:19	07:47
2	1249	Eliana Pereira	Team Workout 48/CAM	Senior Feminino	02:06:10	+33:41	08:25
3	1080	Cristina Esteves Rodrigues	Team Workout 48/CAM	Senior Feminino	02:19:49	+47:20	09:19
4	1050	Sílvia GOMes	Correio de Albergaria Trail Running	Senior Feminino	02:23:27	+50:58	09:34
5	1045	Márcia Pinho	CMMC Vale de Cambra	Senior Feminino	02:25:54	+53:25	09:44
6	1085	madalena pedrinha fontes	Individual	Senior Feminino	02:34:15	+01:01:46	10:17
7	1053	Susana Conceição	EDL trail	Senior Feminino	02:36:29	+01:04:00	10:26
8	1051	Ana Paula Alves	EDL trail	Senior Feminino	02:36:32	+01:04:03	10:26
9	1243	Patricia Pereira	Team Covas	Senior Feminino	02:37:01	+01:04:32	10:28
10	1244	Sónia Silva	Team Covas	Senior Feminino	02:37:02	+01:04:33	10:28
11	1052	Sofia Santos da Silva	EDL trail	Senior Feminino	02:38:21	+01:05:52	10:33
12	1002	maria de la salete fonseca oliveira	Ade trail running	Senior Feminino	02:39:56	+01:07:27	10:40
13	1088	silvia blanco arce	Individual	Senior Feminino	02:41:43	+01:09:14	10:47
14	1201	Paula Brota	Olímpico Vianense Trail	Senior Feminino	02:42:23	+01:09:54	10:50
15	1202	Sara Sousa	Olímpico Vianense Trail	Senior Feminino	02:43:03	+01:10:34	10:52
16	1038	Sofia Venade	Cerveira Team Running	Senior Feminino	02:47:09	+01:14:40	11:09
17	1037	Sandra Araújo	Cerveira Team Running	Senior Feminino	02:47:09	+01:14:40	11:09
18	1212	Susana Filipa Pereira da Silva	Padela Natural Team - Fisiofreixo	Senior Feminino	02:47:27	+01:14:58	11:10
19	1089	SUSANA PEREIRA	Individual	Senior Feminino	02:49:03	+01:16:34	11:16
20	1262	Eduarda Barros	Individual	Senior Feminino	02:57:29	+01:25:00	11:50
21	1229	Patricia Miranda	Rumo a Aventura	Senior Feminino	02:58:10	+01:25:41	11:53
22	1228	Joana Filipa Araújo Castro	Rumo a Aventura	Senior Feminino	02:58:11	+01:25:42	11:53
23	1236	Claudia Moura	Running Penafiel Trail	Senior Feminino	02:58:48	+01:26:19	11:55
24	1079	Cláudia Novais	Individual	Senior Feminino	03:14:49	+01:42:20	12:59
25	1076	Be Carvalho	Individual	Senior Feminino	03:14:50	+01:42:21	12:59
26	1184	Albertina Gonçalves	LOUSADA RUNNERS	Senior Feminino	03:18:34	+01:46:05	13:14
27	1074	Ana Isabel Rocha	Individual	Senior Feminino	03:18:41	+01:46:12	13:15
28	1027	Cláudia Ramos	Amigos das Sapatilhas	Senior Feminino	03:18:53	+01:46:24	13:16
29	1084	Lúcia Ferreira	Individual	Senior Feminino	03:26:43	+01:54:13	13:47
30	1075	Ana Magalhães	Individual	Senior Feminino	03:27:54	+01:55:25	13:52
31	1081	Daniela vieirA	Individual	Senior Feminino	03:32:59	+02:00:30	14:12
32	1086	Melissa Piedade	Individual	Senior Feminino	03:37:23	+02:04:54	14:30

Senior Masculino

1	1215	Rafael Adriano	Padela Natural Team - Fisiofreixo	Senior Masculino	01:32:29	06:10:30
2	1032	Paulo Moreira	C.C.Recreativo de São Martinho	Senior Masculino	01:33:40	+01:11 06:15:30
3	1255	FILIPE MENESES	UN4LIFE	Senior Masculino	01:37:10	+04:41 06:29:30
4	1004	Ricardo Miranda	Águias de Alvelos	Senior Masculino	01:38:53	+06:23 06:36:30

Official Timekeeper: Lap2Go	1 / 5	generate 03-jun-2018 14:08
-----------------------------	-------	----------------------------

HTMP15

15 KM

[illegible]

OFFICIAL RESULT

[illegible]

5	1186	Marco Santos	Love tiles	Senior Masculino	01:39:43	+07:14	06:39
6	1006	Paulo Jorge Azevedo Duarte	Alexandra Carvalho TEAM	Senior Masculino	01:43:03	+10:34	06:52
7	1185	Telmo Reis	LOUSADA RUNNERS	Senior Masculino	01:43:05	+10:36	06:52
8	1112	José António Meira Rodrigues	Individual	Senior Masculino	01:45:27	+12:57	07:02
9	1180	Helder Franco	LETHES TRAIL TEAM	Senior Masculino	01:45:32	+13:03	07:02
10	1063	Gilberto Marques da Silva	Grupo de Corrida de Argoncilhe	Senior Masculino	01:47:46	+15:17	07:11
11	1203	Ângelo Martins	Olímpico Vianense Trail	Senior Masculino	01:49:39	+17:10	07:19
12	1101	Fábio Reis	Individual	Senior Masculino	01:51:04	+18:35	07:24
13	1204	Bruno Amorim	Olímpico Vianense Trail	Senior Masculino	01:53:02	+20:33	07:32
14	1094	Bruno Rodrigues	Individual	Senior Masculino	01:53:59	+21:30	07:36
15	1214	Hugo Viriato Alves Sá	Padela Natural Team - Fisiofreixo	Senior Masculino	01:55:34	+23:05	07:42
16	1253	Paulo Silva	Team Workout 48/CAM	Senior Masculino	01:56:14	+23:45	07:45
17	1252	Luis Rafael Lima Coutinho	Team Workout 48/CAM	Senior Masculino	01:56:14	+23:45	07:45
18	1123	Vítor Gonçalves	Individual	Senior Masculino	01:56:16	+23:47	07:45
19	1230	Amandio José Veloso Ferreira	Rumo a Aventura	Senior Masculino	01:56:29	+24:00	07:46
20	1003	Álvaro Vale	Ade trail running	Senior Masculino	01:57:47	+25:18	07:51
21	1114	Jose Padrão	Individual	Senior Masculino	01:59:15	+26:46	07:57
22	1001	Carlos Oliveira	#osmanos	Senior Masculino	01:59:46	+27:17	07:59
23	1119	Nuno Gomes	Individual	Senior Masculino	02:00:51	+28:22	08:03
24	1046	João Oliveira	CMMC Vale de Cambra	Senior Masculino	02:03:48	+31:19	08:15
25	1033	Pedro Vieira	C.C.Recreativo de São Martinho	Senior Masculino	02:04:21	+31:52	08:17
26	1194	António Ribeiro	OADA - Os Amigos da Aventura	Senior Masculino	02:04:40	+32:11	08:19
27	1222	Rui Sousa	Palmeira Runners	Senior Masculino	02:04:52	+32:23	08:20
28	1250	Bruno Rodrigues	Team Workout 48/CAM	Senior Masculino	02:06:19	+33:50	08:25
29	1098	Daniel Soares	Individual	Senior Masculino	02:06:26	+33:57	08:26
30	1071	Rui Samuel	GTT - Armazem do Caffé	Senior Masculino	02:09:42	+37:13	08:39
31	1109	João Lima de Abreu	Individual	Senior Masculino	02:11:45	+39:16	08:47
32	1188	Flavio Caldas	N14 Crossfit	Senior Masculino	02:12:08	+39:39	08:49
33	1099	Diogo Filipe Costa da Silva	Individual	Senior Masculino	02:13:24	+40:55	08:54
34	1195	Gonçalo Gomes	OADA - Os Amigos da Aventura	Senior Masculino	02:13:33	+41:04	08:54
35	1196	Henrique Gonçalves	OADA - Os Amigos da Aventura	Senior Masculino	02:15:28	+42:59	09:02
36	1104	Hélder Neves	Individual	Senior Masculino	02:17:04	+44:35	09:08
37	1092	António Duarte	Individual	Senior Masculino	02:19:01	+46:32	09:16
38	1065	Tiago Oliveira	Grupo de Corrida de Argoncilhe	Senior Masculino	02:20:32	+48:03	09:22
39	1259	Bruno Purificação	Cerveira Team Running	Senior Masculino	02:21:19	+48:50	09:25
40	1251	Filipe Carreira	Team Workout 48/CAM	Senior Masculino	02:21:32	+49:03	09:26
41	1005	Pedro Miguel da Silva Ferreira	Airão Trail Team	Senior Masculino	02:21:40	+49:11	09:27
42	1261	Pedro Ferrabelo Rosa	#osmanos	Senior Masculino	02:22:13	+49:44	09:29
43	1047	Roni Gomes	CMMC Vale de Cambra	Senior Masculino	02:25:26	+52:57	09:42
44	1108	Hugo Martins Rodrigues de Sousa	Individual	Senior Masculino	02:25:46	+53:16	09:43
45	1121	Ricardo José Vieira Cunha	Individual	Senior Masculino	02:27:07	+54:38	09:49
46	1064	Mário João da Silva Ibarra	Grupo de Corrida de Argoncilhe	Senior Masculino	02:27:48	+55:19	09:51
47	1193	Alexandre Areias	OADA - Os Amigos da Aventura	Senior Masculino	02:38:48	+01:06:19	10:35
48	1102	Filipe Lima	Individual	Senior Masculino	02:40:41	+01:08:12	10:43
49	1245	Fernando Pereira	Team Covas	Senior Masculino	02:42:01	+01:09:32	10:48
50	1110	Jorge Rafael Machado do Vale	Individual	Senior Masculino	02:45:10	+01:12:41	11:00

Official Timekeeper: Lap2Go	2 / 5	generate 03-jun-2018 14:08
-----------------------------	-------	----------------------------

HTMP15

15 KM

[illegible]

OFFICIAL RESULT

[illegible]

51	1171	Miguel Pinheiro Matos	Juventude Cortegacense	Senior Masculino	02:48:29	+01:16:00	11:14
52	1091	ANDRE COSTA	Individual	Senior Masculino	02:50:43	+01:18:14	11:23
53	1117	Mario vilaca	Individual	Senior Masculino	02:52:58	+01:20:29	11:32
54	1095	bruno vasconcelos	Individual	Senior Masculino	02:52:59	+01:20:30	11:32
55	1263	Sergio Torre	Individual	Senior Masculino	02:55:15	+01:22:46	11:41
56	1070	Hugo Edgar Macedo Peixoto Pereira	GTT - Armazem do Caffé	Senior Masculino	02:58:07	+01:25:38	11:53
57	1115	Luís Leal	Individual	Senior Masculino	02:58:45	+01:26:16	11:55
58	1168	Bruno Andrade	Jacarés Cansados	Senior Masculino	02:58:49	+01:26:20	11:55
59	1120	Paulo Soares	Individual	Senior Masculino	02:59:17	+01:26:48	11:57
60	1206	Óscar Sousa	Olímpico Vianense Trail	Senior Masculino	03:04:18	+01:31:49	12:17
61	1028	Nélson Silva	Amigos das Sapatilhas	Senior Masculino	03:18:50	+01:46:21	13:15
62	1100	Diogo Silva	Individual	Senior Masculino	03:27:55	+01:55:26	13:52
63	1170	Catarina Rodrigues Sa Ferreira	Juventude Cortegacense	Senior Masculino	03:28:01	+01:55:32	13:52
64	1097	Cesar martins	Individual	Senior Masculino	03:33:00	+02:00:31	14:12

Veterana F40

1	1040	Isabel Cunha	Cerveira Team Running	Veterana F40	02:04:47	+32:18	08:19
2	1189	Helena Fernandes	N14 Crossfit	Veterana F40	02:12:08	+39:39	08:49
3	1207	Eva Santos	Olímpico Vianense Trail	Veterana F40	02:14:51	+42:22	08:59
4	1009	Solange Cabral	Alexandra Carvalho TEAM	Veterana F40	02:23:51	+51:22	09:35
5	1124	Denise Moraes	Individual	Veterana F40	02:30:09	+57:40	10:00
6	1010	Susana Queiróz	Alexandra Carvalho TEAM	Veterana F40	02:31:09	+58:40	10:05
7	1034	Sandra Matos	CENTRO CICLISTA DE GONDOMAR	Veterana F40	02:33:08	+01:00:39	10:13
8	1030	Alzira Alves	Bits&Bikes	Veterana F40	02:34:50	+01:02:21	10:19
9	1242	Mónica Ferreira	Spin&Run Esposende	Veterana F40	02:38:57	+01:06:28	10:36
10	1240	Paula Afonso	SmileTeam	Veterana F40	02:41:32	+01:09:03	10:46
11	1066	Anabela Sousa	Grupo de Corrida de Argoncilhe	Veterana F40	02:42:52	+01:10:23	10:52
12	1232	Denise Martins	Rumo a Aventura	Veterana F40	02:42:54	+01:10:24	10:52
13	1226	Carla Caldas	Papa Léguas	Veterana F40	02:43:18	+01:10:49	10:53
14	1007	Isabel Leitão	Alexandra Carvalho TEAM	Veterana F40	02:46:44	+01:14:15	11:07
15	1172	Anabela dos Santos Marques	Juventude Cortegacense	Veterana F40	02:50:21	+01:17:52	11:21
16	1190	Maria Jesus	NOCTURNOS DE PAREDES	Veterana F40	02:50:51	+01:18:22	11:23
17	1055	Cidália Ribeiro	EDV-VIANA TRAIL	Veterana F40	02:50:52	+01:18:23	11:24
18	1056	Ligia Fernandes	EDV-VIANA TRAIL	Veterana F40	02:54:52	+01:22:23	11:40
19	1008	Marlene Ferreira	Alexandra Carvalho TEAM	Veterana F40	02:55:06	+01:22:37	11:40
20	1054	Rosa Pereira	EDL trail	Veterana F40	02:56:30	+01:24:01	11:46
21	1130	Rita Lemos	Individual	Veterana F40	02:57:13	+01:24:44	11:49
22	1257	Maria Eduarda Gonçalves Araújo	Viana Garças Clube	Veterana F40	03:18:41	+01:46:11	13:15
23	1174	ISABEL PEREIRA	Juventude Cortegacense	Veterana F40	03:28:02	+01:55:33	13:52
24	1246	Carla Sofia Silva	Team Shark	Veterana F40	03:31:37	+01:59:08	14:07
25	1220	Flávia Alegria	Palas Viradas	Veterana F40	03:36:21	+02:03:52	14:25
26	1127	Maria do Céu Vieira Lopes	Individual	Veterana F40	03:37:32	+02:05:03	14:30

HTMP15

15 KM

[illegible]

OFFICIAL RESULT

[illegible]

Veterana F50

1	1135	MARIA DO CÉU DE LIMA GONÇALVES	Individual	Veterana F50	01:59:52	+27:23	08:00
2	1133	esmeralda Fiúza	Individual	Veterana F50	02:18:22	+45:53	09:13
3	1013	Eulália Miranda	Alexandra Carvalho TEAM	Veterana F50	02:27:09	+54:40	09:49
4	1012	Conceição Ferreira	Alexandra Carvalho TEAM	Veterana F50	02:41:19	+01:08:50	10:45
5	1015	Paula Martins	Alexandra Carvalho TEAM	Veterana F50	02:41:19	+01:08:50	10:45
6	1234	Isaura Miranda	Rumo a Aventura	Veterana F50	02:58:08	+01:25:39	11:53
7	1176	Manuela Castelo	Juventude Cortegacense	Veterana F50	02:59:16	+01:26:47	11:57
8	1248	Rosa sousa	Team Shark	Veterana F50	03:18:33	+01:46:04	13:14
9	1014	Irene Dias	Alexandra Carvalho TEAM	Veterana F50	03:37:30	+02:05:01	14:30
10	1183	Isabel Lopes	LION RUNNERS – G.D. Leões da Guarda	Veterana F50	03:45:08	+02:12:39	15:01
11	1132	Ana Moreira	Individual	Veterana F50	04:03:31	+02:31:02	16:14

Veterano M40

1	1018	Augusto Leitão	Alexandra Carvalho TEAM	Veterano M40	01:34:40	+02:11	06:19
2	1020	Fernando Silva	Alexandra Carvalho TEAM	Veterano M40	01:42:58	+10:29	06:52
3	1208	Cesar Gonçalves	Olímpico Vianense Trail	Veterano M40	01:49:39	+17:10	07:19
4	1238	Carlos Barbosa	Running Penafiel Trail	Veterano M40	01:50:13	+17:44	07:21
5	1139	Domingos Oliveira	Palmeira Runners	Veterano M40	01:52:59	+20:30	07:32
6	1224	José Manuel Rodrigues costa	Palmeira Runners	Veterano M40	01:54:18	+21:49	07:37
7	1067	Bruno Tavares	Grupo de Corrida de Argoncilhe	Veterano M40	01:58:30	+26:01	07:54
8	1022	Mario Braga	Alexandra Carvalho TEAM	Veterano M40	01:59:28	+26:59	07:58
9	1029	José Sousa	Associação de atletismo Lebres do sado	Veterano M40	02:03:05	+30:36	08:12
10	1210	Pedro Carvalhido	Olímpico Vianense Trail	Veterano M40	02:04:04	+31:35	08:16
11	1042	Francisco Alves	Cerveira Team Running	Veterano M40	02:04:49	+32:20	08:19
12	1140	Eduardo Martins	Individual	Veterano M40	02:09:38	+37:09	08:39
13	1017	António Valente	Alexandra Carvalho TEAM	Veterano M40	02:10:39	+38:10	08:43
14	1137	Anselmo Fernandes	Individual	Veterano M40	02:11:00	+38:30	08:44
15	1181	Pedro Sendão	LETHES TRAIL TEAM	Veterano M40	02:12:02	+39:33	08:48
16	1153	Paulo Ferreira	Individual	Veterano M40	02:12:13	+39:44	08:49
17	1156	Sérgio Souto	Individual	Veterano M40	02:16:07	+43:38	09:04
18	1057	Marco Viana	EDV-VIANA TRAIL	Veterano M40	02:17:29	+45:00	09:10
19	1148	Manuel Domingues	Individual	Veterano M40	02:18:51	+46:22	09:15
20	1138	Antonio Pedro castro	Individual	Veterano M40	02:18:57	+46:28	09:16
21	1254	Gilberto Borlido	Team Workout 48/CAM	Veterano M40	02:21:34	+49:05	09:26
22	1197	Carlos Oliveira	OADA - Os Amigos da Aventura	Veterano M40	02:22:34	+50:05	09:30
23	1151	PATRICK IIMA	Individual	Veterano M40	02:24:14	+51:45	09:37
24	1147	Jose manuel oliveira Peixoto 23	Individual	Veterano M40	02:29:11	+56:41	09:57
25	1225	Ricardo Magalhães	Palmeira Runners	Veterano M40	02:29:11	+56:42	09:57
26	1019	Fernando Edgar Araújo de Sousa	Alexandra Carvalho TEAM	Veterano M40	02:29:49	+57:20	09:59
27	1142	Francisco Gonçalves	Individual	Veterano M40	02:30:09	+57:40	10:01
28	1059	Ricardo A. Silva Sousa	Fit Gaia Trail	Veterano M40	02:30:21	+57:52	10:01

Official Timekeeper: Lap2Go	4 / 5	generate 03-jun-2018 14:08
-----------------------------	-------	----------------------------

HTMP15

15 KM

[illegible]

OFFICIAL RESULT

[illegible]

29	1016	António Manuel Rocha Ferreira	Alexandra Carvalho TEAM	Veterano M40	02:30:52	+58:23	10:04
30	1048	Rui Vieira	Cofina	Veterano M40	02:31:28	+58:59	10:06
31	1144	João Carlos Silva Miranda	Individual	Veterano M40	02:32:06	+59:37	10:08
32	1035	Henrique Matos	CENTRO CICLISTA DE GONDOMAR	Veterano M40	02:33:08	+01:00:39	10:13
33	1198	Miguel Carvalhido	OADA - Os Amigos da Aventura	Veterano M40	02:38:48	+01:06:19	10:35
34	1258	Pedro Miguel dos Santos Matos	Yazaki Runners	Veterano M40	02:40:57	+01:08:28	10:44
35	1141	Eriberto Matos	Individual	Veterano M40	02:41:03	+01:08:34	10:44
36	1241	Luís Magalhães	SmileTeam	Veterano M40	02:41:34	+01:09:05	10:46
37	1152	Paulo César Vieira Bastos	Individual	Veterano M40	02:42:02	+01:09:33	10:48
38	1060	José Manuel Fernandes Moreira da Silva	GDST - Grupo Desportivo Santander Totta	Veterano M40	02:42:50	+01:10:21	10:51
39	1191	Rui Silva	NOCTURNOS DE PAREDES	Veterano M40	02:50:51	+01:18:22	11:23
40	1136	Alexandre Negrão	Individual	Veterano M40	02:52:42	+01:20:13	11:31
41	1154	Pedro Brites	Individual	Veterano M40	02:57:14	+01:24:45	11:49
42	1069	Luís Rafael Freitas Sargo	Grupo de Corrida de Argoncilhe	Veterano M40	03:03:11	+01:30:42	12:13
43	1068	Jorge Manuel Mendes Alves da Costa Vaz	Grupo de Corrida de Argoncilhe	Veterano M40	03:19:49	+01:47:20	13:19
44	1155	Rui Monteiro	Individual	Veterano M40	03:26:43	+01:54:13	13:47
45	1221	Paulo Pires	Palas Viradas	Veterano M40	03:36:23	+02:03:54	14:26
46	1146	JOSE LUIS GONÇALVES BORLIDO	Individual	Veterano M40	03:37:32	+02:05:03	14:30
47	1216	Vassoura Rui Sousa- Vassoura	Padela Natural Team - Fisiofreixo	Veterano M40	04:03:33	+02:31:04	16:14

Veterano M50

1	1031	Arlindo Ferreira	Bits&Bikes	Veterano M50	01:41:43	+09:14	06:47
2	1239	Carlos Vinhas	Running Penafiel Trail	Veterano M50	01:50:42	+18:13	07:23
3	1161	José Domingos Passos Bernardino	Individual	Veterano M50	01:59:42	+27:13	07:59
4	1164	Paulo Dias	Individual	Veterano M50	02:06:00	+33:30	08:24
5	1159	Fernando Duarte Ferreira	Individual	Veterano M50	02:06:13	+33:44	08:25
6	1044	JORGE VIANA	CMI Montanhismo	Veterano M50	02:10:49	+38:20	08:43
7	1163	LUÍS HUMBERTO BRAVO DE ARAÚJO	Individual	Veterano M50	02:11:34	+39:05	08:46
8	1167	Júlio Ferreira	InsanOs	Veterano M50	02:14:47	+42:18	08:59
9	1211	Leandro Freitas	Olímpico Vianense Trail	Veterano M50	02:16:03	+43:34	09:04
10	1023	Daniel Barreto	Alexandra Carvalho TEAM	Veterano M50	02:16:07	+43:38	09:05
11	1158	Eduardo Teixeira	Individual	Veterano M50	02:20:40	+48:11	09:23
12	1162	Luís António Sousa Pinto	Individual	Veterano M50	02:37:23	+01:04:54	10:30
13	1217	António Felgueiras Maciel	Padela Natural Team - Fisiofreixo	Veterano M50	02:42:55	+01:10:26	10:52
14	1024	José Ribeiro	Alexandra Carvalho TEAM	Veterano M50	02:54:53	+01:22:24	11:40
15	1026	Francisco Pádua	Allianz	Veterano M50	02:57:17	+01:24:48	11:49
16	1182	JORGE SOUSA	LETHES TRAIL TEAM	Veterano M50	03:29:19	+01:56:50	13:57
17	1157	Adérito Fonseca	Individual	Veterano M50	04:03:22	+02:30:53	16:14

[illegible]

Official Timekeeper: Lap2Go	1 / 1	generate 03-jun-2018 14:08
-----------------------------	-------	----------------------------

UPHILL 25KM

Posição	Dorsal	NomeAtleta	NomeClube	Escalao	TempoOficial
1	10	Morgan Elliott	Alexandra Carvalho TEAM	Senior Masculino	00:15:21
2	56	Jon Audun Kvalbein	Individual	Veterano M40	00:16:00
3	43	José Daniel González Domínguez	EDV-VIANA TRAIL	Senior Masculino	00:18:01
4	64	Humberto Vara	Individual	Veterano M50	00:18:19
5	21	Amândio Faria de Freitas	EDV-VIANA TRAIL	Senior Masculino	00:18:19
6	7	António Sá	Ade trail running	Senior Masculino	00:18:57
7	42	joao carlos oliveira	Individual	Senior Masculino	00:19:10
8	75	Rui Pedro Sa Soares	Padela Natural Team - Fisiofreixo	Senior Masculino	00:19:25
9	17	César Ferreira	Compressport Portugal	Veterano M40	00:19:41
10	45	Nuno Guimarães	Individual	Senior Masculino	00:19:53
11	71	Ernesto Marques Alves	Juventude Cortegacense	Veterano M40	00:20:12
12	13	Francisco Fernandes	AZtrail/Mercentro	Senior Masculino	00:20:15
13	25	Sérgio Ramos	EDV-VIANA TRAIL	Veterano M40	00:20:20
14	82	Victor Rodrigues	RIBEITRAIL	Veterano M40	00:20:24
15	89	Mariana Ballester	Trail-Running.pt	Senior Feminino	00:20:25
16	90	António Oliveira	Trail-Running.pt	Veterano M40	00:20:25
17	73	Hugo Paço do Casal	Olímpico Vianense Trail	Veterano M40	00:20:35
18	26	stephane simoes	EDV-VIANA TRAIL	Veterano M40	00:20:44
19	24	pedro caldas	EDV-VIANA TRAIL	Veterano M40	00:20:52
20	19	Tiago Montalvão Coelho	Correr Leça	Senior Masculino	00:20:56
21	28	Mário Jorge Ferreira	FC	Veterano M40	00:21:05
22	51	Antoine calçada	Individual	Veterano M40	00:21:16
23	23	Paulo Ribeiro	EDV-VIANA TRAIL	Veterano M40	00:21:16
24	68	Manuel Oliveira	Individual	Veterano M50	00:21:18
25	4	Atleta 4	Individual	Senior Masculino	00:21:21
26	30	António José Soares Duarte Gomes	Fernanda Maciel - Material Ortopédico e Hospital	Senior Masculino	00:21:24
27	16	Filipe Alves	Cerveira Team Running	Veterano M40	00:21:34
28	12	BRUNO BARGE	AZtrail/Mercentro	Senior Masculino	00:21:38
29	46	Ricardo Briote	Ade trail running	Senior Masculino	00:21:42
30	66	José Calisto	Individual	Veterano M50	00:21:58
31	29	Custódio Loureiro	FC	Veterano M50	00:22:07
32	61	Paulo filipe	Individual	Veterano M40	00:22:11
33	91	Tiago Costa	Individual	Senior Masculino	00:22:26

34	11 António Manuel Resende Martins	AZtrail/Mercentro	Senior Masculino	00:22:31
35	59 José Neves	Individual	Veterano M40	00:22:31
36	52 Eliseu leite	Individual	Veterano M40	00:23:21
37	31 vitor campos	GTT - Armazem do Caffé	Veterano M40	00:23:22
38	57 JORGE PINTO	Individual	Veterano M40	00:23:23
39	50 Rosa Maria A. F. da Silva Nogueira	Individual	Veterana F50	00:23:26
40	78 Tiago Caldas	Papa Léguas	Veterano M40	00:23:26
41	67 Luís Mota	Individual	Veterano M50	00:23:27
42	54 Francisco Reis	Individual	Veterano M40	00:23:29
43	74 João Meira	Padela Natural Team - Fisiofreixo	Senior Masculino	00:23:32
44	44 Marco Aurélio Gonçalves Marques	Individual	Senior Masculino	00:23:32
45	53 Francisco	Individual	Veterano M40	00:23:35
46	85 Renato Lourenço	Team Shark	Senior Masculino	00:23:36
47	8 João Laranjeira	Ade trail running	Senior Masculino	00:23:52
48	5 José Oliveira	#osmanos	Senior Masculino	00:23:57
49	55 Georges Gomes	Individual	Veterano M40	00:23:57
50	48 Silvío Freitas	Individual	Senior Masculino	00:24:07
51	15 PAULO SILVA	AZtrail/Mercentro	Veterano M40	00:24:17
52	49 Tiago Oliveira	Individual	Senior Masculino	00:24:18
53	70 PAULO JOSÉ MOREIRA	Individual	Veterano M50	00:25:00
54	62 Wilson Fonseca	Individual	Veterano M40	00:25:58
55	69 Paulo Genesio	Individual	Veterano M50	00:26:21
56	38 Daniel Santos	Individual	Senior Masculino	00:26:38
57	86 Fernando Mendes	Team Shark	Veterano M40	00:27:48
58	84 Nuno Miguel Lima de Carvalho	Team Shark	Senior Masculino	00:28:10
59	58 José Artur Fonseca	Individual	Veterano M40	00:29:42
60	22 Nuno Marques	EDV-VIANA TRAIL	Senior Masculino	00:31:08
61	88 Rui Fernando dos Santos Pereira da Silva Almeida	Team Shark	Veterano M50	00:31:20
62	87 Paulo Areal Sousa	Team Shark	Veterano M40	00:32:13
63	33 PEDRO BARROS	HappyRun	Veterano M40	00:33:56
64	47 rui sameiro	Individual	Senior Masculino	00:35:19

UPHILL 20KM

Posição	Dorsal	NomeAtleta	NomeClube	Escalao	TempoOficial
1	589	José Pereira	OZXTREME/ADCRPEREIRA	Senior Masculino	00:17:02
2	588	Jorge Pereira	OZXTREME/ADCRPEREIRA	Senior Masculino	00:17:51
3	532	Rogério Vicente	GTT - Armazem do Caffé	Veterano M40	00:18:46
4	593	Francisco Miguel Costa Fontelo	Padela Natural Team - Fisiofreixo	Veterano M40	00:18:49
5	524	Pedro Cruz	Elite Runners	Senior Masculino	00:18:50
6	528	Pedro alves	GRUPO DESPORTIVO CASTELENSE	Senior Masculino	00:18:56
7	518	Marcelo Ramos Martins	EDL trail	Senior Masculino	00:19:12
8	587	João Passos	Olímpico Vianense Trail	Veterano M50	00:19:44
9	600	Carla Pereira	Individual	Senior Feminino	00:19:58
10	514	António Barros	Correr Leça	Veterano M40	00:20:02
11	599	José Avelino Ribeiro Martins	Team Workout 48/CAM	Veterano M50	00:20:39
12	539	Bruno Alen	Individual	Senior Masculino	00:21:05
13	594	Marco Paulo Da Silva Dias	Padela Natural Team - Fisiofreixo	Veterano M40	00:21:19
14	511	Sabina Marques	Clube de Montanha Alto trilho - Javalis	Senior Feminino	00:21:23
15	552	ADELINO ALVES AIRES	Individual	Veterano M40	00:21:36
16	597	Rubens Brandão Soares	SPORTARC	Veterano M40	00:21:38
17	561	Jose Amorim	Ker Sport	Veterano M50	00:22:12
18	555	Domingos Faria	Individual	Veterano M40	00:22:14
19	508	Raul Fernandes	Cerveira Team Running	Veterano M50	00:22:23
20	574	Natália Martins	Olímpico Vianense Trail	Senior Feminino	00:22:42
21	542	Luciano Pires	Individual	Senior Masculino	00:22:47
22	541	José Oliveira	Individual	Senior Masculino	00:22:47
23	590	Pedro Miguel Baptista Pereira	Padela Natural Team - Fisiofreixo	Senior Masculino	00:22:50
24	529	Samuel Amorim	GRUPO DESPORTIVO CASTELENSE	Senior Masculino	00:23:06
25	579	Sérgio Martins	Olímpico Vianense Trail	Senior Masculino	00:23:14
26	573	Daniela Barreto	Olímpico Vianense Trail	Senior Feminino	00:23:20
27	557	Marco Afonso	Individual	Veterano M40	00:23:21
28	519	Patricia Palma	EDV-VIANA TRAIL	Senior Feminino	00:23:22
29	509	PAULO JORGE GONÇALVES SOARES	CICLISTAS CÓSMICOS - GISLÓTICA	Veterano M40	00:23:23
30	564	Cecilio Maunel Silva Ferreira	Juventude Cortegacense	Veterano M40	00:23:24
31	525	António Almeida	FREZITE	Senior Masculino	00:23:37
32	538	Artur Gil	Individual	Senior Masculino	00:23:39
33	569	Luís Vieira	Kunalama Runners	Senior Masculino	00:23:56

34	582 Marina Salgueiro	Olímpico Vianense Trail	Veterana F40	00:24:14
35	543 Luis ramos	Individual	Senior Masculino	00:24:20
36	584 Marco Maciel	Olímpico Vianense Trail	Veterano M40	00:24:20
37	568 Carla Amorim	Ker Sport	Veterana F40	00:24:23
38	544 Nuno Ramos	Individual	Senior Masculino	00:24:36
39	585 Carlos Soares	Olímpico Vianense Trail	Veterano M50	00:24:39
40	598 Florinda Fernandes	Team Workout 48/CAM	Veterana F40	00:24:52
41	596 Joao Barreira	Palmeira Runners	Senior Masculino	00:25:00
42	507 Quim Araújo	Cerveira Team Running	Veterano M40	00:25:13
43	577 Fernando J.V. Alves	Olímpico Vianense Trail	Senior Masculino	00:25:14
44	526 Catarina Amorim	GRUPO DESPORTIVO CASTELENSE	Senior Feminino	00:25:16
45	553 António Vilaça	Individual	Veterano M40	00:25:19
46	530 Ana Fontes	GTT - Armazem do Caffé	Senior Feminino	00:25:23
47	547 Ricardo Novais	Individual	Senior Masculino	00:25:26
48	559 Paulo hernani	Individual	Veterano M40	00:25:40
49	575 Noemia Ferreira	Olímpico Vianense Trail	Senior Feminino	00:25:45
50	503 Ana PATRÍCIA Pinto LOPES	Cerveira Team Running	Senior Feminino	00:25:45
51	563 Marcia Castro Costa	Juventude Cortegacense	Veterana F40	00:26:10
52	570 Maria Ricardo	LION RUNNERS – G.D. Leões da Guarda	Veterana F50	00:26:11
53	546 RICARDO JORGE CUNHA REGO	Individual	Senior Masculino	00:26:15
54	527 Patrícia Lemos	GRUPO DESPORTIVO CASTELENSE	Senior Feminino	00:26:26
55	531 Aida linhares	GTT - Armazem do Caffé	Veterana F40	00:26:41
56	502 Jose Manuel Sequeira Ferreira	BRAGUINHAS RUNNERS	Veterano M50	00:26:50
57	571 Ernesto Martins	LION RUNNERS – G.D. Leões da Guarda	Veterano M50	00:26:51
58	533 Anabela Silva	Individual	Senior Feminino	00:26:59
59	523 Américo Lucas	Elite Runners	Senior Masculino	00:27:12
60	501 Paula Cristina Sa Peixoto	BRAGUINHAS RUNNERS	Veterana F50	00:27:14
61	566 Celso Lino Oliveira Gomes	Juventude Cortegacense	Veterano M50	00:27:47
62	537 Sophie Duarte	Individual	Senior Feminino	00:28:05
63	580 Carla Cruz	Olímpico Vianense Trail	Veterana F40	00:28:21
64	560 Carlos Almeida	Individual	Veterano M50	00:28:24
65	572 ALEXANDRA OLIVEIRA	Olímpico Vianense Trail	Senior Feminino	00:28:43
66	602 José Carlos Almeida	Clube de Montanha Alto trilho - Javalis	Senior Masculino	00:29:00
67	512 Dulce Neves	Correr Leça	Senior Feminino	00:29:01
68	562 Miguel Martins	Individual	Veterano M50	00:29:03
69	601 nuno morgado	Correr Leça	Veterano M40	00:29:03
70	517 Joao Frederico d'Orey de Faria	É prá`cabar	Senior Masculino	00:29:31

71	521 Andrea Campelo	EDV-VIANA TRAIL	Veterana F40	00:30:46
72	505 Maria José Fernandes	Cerveira Team Running	Veterana F40	00:31:02
73	515 MANUEL RODRIGUES	Correr Leça	Veterano M50	00:31:18
74	595 Vassoura Jorge Malheiro- Vassoura	Padela Natural Team - Fisiofreixo	Veterano M40	00:31:19
75	583 Elisabete Pereira	Olímpico Vianense Trail	Veterana F50	00:31:31
76	513 CARLA FERREIRA	Correr Leça	Veterana F40	00:31:51
77	591 Vassoura Monia Barbosa- Vassoura	Padela Natural Team - Fisiofreixo	Veterana F40	00:31:53
78	516 Francisco van Zeller O. Sousa	É prá`cabar	Senior Masculino	00:31:53
79	586 Jaime Pereira	Olímpico Vianense Trail	Veterano M50	00:33:38

UPHILL 15KM

Posição	Dorsal	NomeAtleta	NomeClube	Escalao	TempoOficial
1	1215	Rafael Adriano	Padela Natural Team - Fisiofreixo	Senior Masculino	00:17:24
2	1042	Francisco Alves	Cerveira Team Running	Veterano M40	00:17:44
3	1032	Paulo Moreira	C.C.Recreativo de São Martinho	Senior Masculino	00:17:49
4	1018	Augusto Leitão	Alexandra Carvalho TEAM	Veterano M40	00:18:04
5	1186	Marco Santos	Love tiles	Senior Masculino	00:18:25
6	1070	Hugo Edgar Macedo Peixoto Pereira	GTT - Armazem do Caffé	Senior Masculino	00:19:01
7	1224	José Manuel Rodrigues costa	Palmeira Runners	Veterano M40	00:19:10
8	1112	José António Meira Rodrigues	Individual	Senior Masculino	00:19:16
9	1031	Arlindo Ferreira	Bits&Bikes	Veterano M50	00:19:17
10	1006	Paulo Jorge Azevedo Duarte	Alexandra Carvalho TEAM	Senior Masculino	00:19:18
11	1004	Ricardo Miranda	Águias de Alvelos	Senior Masculino	00:19:24
12	1185	Telmo Reis	LOUSADA RUNNERS	Senior Masculino	00:19:25
13	1255	FILIPE MENESES	UN4LIFE	Senior Masculino	00:19:41
14	1020	Fernando Silva	Alexandra Carvalho TEAM	Veterano M40	00:19:41
15	1063	Gilberto Marques da Silva	Grupo de Corrida de Argoncilhe	Senior Masculino	00:20:04
16	1029	José Sousa	Associação de atletismo Lebres do sado	Veterano M40	00:20:16
17	1101	Fábio Reis	Individual	Senior Masculino	00:20:28
18	1003	Álvaro Vale	Ade trail running	Senior Masculino	00:20:34
19	1119	Nuno Gomes	Individual	Senior Masculino	00:20:34
20	1040	Isabel Cunha	Cerveira Team Running	Veterana F40	00:20:42
21	1239	Carlos Vinhas	Running Penafiel Trail	Veterano M50	00:20:45
22	1180	Helder Franco	LETHES TRAIL TEAM	Senior Masculino	00:20:47
23	1022	Mario Braga	Alexandra Carvalho TEAM	Veterano M40	00:20:57
24	1046	João Oliveira	CMMC Vale de Cambra	Senior Masculino	00:20:59
25	1094	Bruno Rodrigues	Individual	Senior Masculino	00:21:01
26	1252	Luis Rafael Lima Coutinho	Team Workout 48/CAM	Senior Masculino	00:21:06
27	1222	Rui Sousa	Palmeira Runners	Senior Masculino	00:21:08
28	1161	José Domingos Passos Bernardino	Individual	Veterano M50	00:21:09
29	1082	Elisabete Maria Soutulho Coelho Alves	Individual	Senior Feminino	00:21:15

30	1130 Rita Lemos	Individual	Veterana F40	00:21:23
31	1123 Vítor Gonçalves	Individual	Senior Masculino	00:21:25
32	1139 Domingos Oliveira	Palmeira Runners	Veterano M40	00:21:25
33	1135 MARIA DO CÉU DE LIMA GONÇALVES	Individual	Veterana F50	00:21:28
34	1204 Bruno Amorim	Olímpico Vianense Trail	Senior Masculino	00:21:30
35	1238 Carlos Barbosa	Running Penafiel Trail	Veterano M40	00:21:33
36	1203 Ângelo Martins	Olímpico Vianense Trail	Senior Masculino	00:21:41
37	1230 Amandio José Veloso Ferreira	Rumo a Aventura	Senior Masculino	00:21:43
38	1045 Márcia Pinho	CMMC Vale de Cambra	Senior Feminino	00:21:44
39	1211 Leandro Freitas	Olímpico Vianense Trail	Veterano M50	00:21:44
40	1208 Cesar Gonçalves	Olímpico Vianense Trail	Veterano M40	00:21:47
41	1137 Anselmo Fernandes	Individual	Veterano M40	00:22:06
42	1067 Bruno Tavares	Grupo de Corrida de Argoncilhe	Veterano M40	00:22:11
43	1140 Eduardo Martins	Individual	Veterano M40	00:22:15
44	1114 Jose Padrão	Individual	Senior Masculino	00:22:19
45	1210 Pedro Carvalhido	Olímpico Vianense Trail	Veterano M40	00:22:23
46	1071 Rui Samuel	GTT - Armazem do Caffé	Senior Masculino	00:22:25
47	1098 Daniel Soares	Individual	Senior Masculino	00:22:27
48	1099 Diogo Filipe Costa da Silva	Individual	Senior Masculino	00:22:28
49	1253 Paulo Silva	Team Workout 48/CAM	Senior Masculino	00:22:32
50	1196 Henrique Gonçalves	OADA - Os Amigos da Aventura	Senior Masculino	00:22:39
51	1194 António Ribeiro	OADA - Os Amigos da Aventura	Senior Masculino	00:22:44
52	1214 Hugo Viriato Alves Sá	Padela Natural Team - Fisiofreixo	Senior Masculino	00:22:47
53	1044 JORGE VIANA	CMI Montanhismo	Veterano M50	00:22:57
54	1250 Bruno Rodrigues	Team Workout 48/CAM	Senior Masculino	00:23:00
55	1033 Pedro Vieira	C.C.Recreativo de São Martinho	Senior Masculino	00:23:08
56	1207 Eva Santos	Olímpico Vianense Trail	Veterana F40	00:23:08
57	1159 Fernando Duarte Ferreira	Individual	Veterano M50	00:23:12
58	1249 Eliana Pereira	Team Workout 48/CAM	Senior Feminino	00:23:15
59	1017 António Valente	Alexandra Carvalho TEAM	Veterano M40	00:23:20
60	1263 Sergio Torre	Individual	Senior Masculino	00:23:20
61	1156 Sérgio Souto	Individual	Veterano M40	00:23:22
62	1092 António Duarte	Individual	Senior Masculino	00:23:24

63	1023 Daniel Barreto	Alexandra Carvalho TEAM	Veterano M50	00:23:27
64	1163 LUÍS HUMBERTO BRAVO DE ARAÚJO	Individual	Veterano M50	00:23:30
65	1051 Ana Paula Alves	EDL trail	Senior Feminino	00:23:32
66	1153 Paulo Ferreira	Individual	Veterano M40	00:23:34
67	1195 Gonçalo Gomes	OADA - Os Amigos da Aventura	Senior Masculino	00:23:42
68	1104 Hélder Neves	Individual	Senior Masculino	00:23:42
69	1059 Ricardo A. Silva Sousa	Fit Gaia Trail	Veterano M40	00:23:46
70	1064 Mário João da Silva Ibarra	Grupo de Corrida de Argoncilhe	Senior Masculino	00:23:46
71	1052 Sofia Santos da Silva	EDL trail	Senior Feminino	00:23:48
72	1133 esmeralda Fiúza	Individual	Veterana F50	00:23:52
73	1109 João Lima de Abreu	Individual	Senior Masculino	00:24:03
74	1001 Carlos Oliveira	#osmanos	Senior Masculino	00:24:04
75	1197 Carlos Oliveira	OADA - Os Amigos da Aventura	Veterano M40	00:24:11
76	1251 Filipe Carreira	Team Workout 48/CAM	Senior Masculino	00:24:14
77	1121 Ricardo José Vieira Cunha	Individual	Senior Masculino	00:24:16
78	1259 Bruno Purificação	Cerveira Team Running	Senior Masculino	00:24:19
79	1261 Pedro Ferrabelo Rosa	#osmanos	Senior Masculino	00:24:23
80	1254 Gilberto Borlido	Team Workout 48/CAM	Veterano M40	00:24:24
81	1108 Hugo Martins Rodrigues de Sousa	Individual	Senior Masculino	00:24:25
82	1188 Flavio Caldas	N14 Crossfit	Senior Masculino	00:24:26
83	1181 Pedro Sendão	LETHES TRAIL TEAM	Veterano M40	00:24:30
84	1005 Pedro Miguel da Silva Ferreira	Airão Trail Team	Senior Masculino	00:24:34
85	1189 Helena Fernandes	N14 Crossfit	Veterana F40	00:24:34
86	1015 Paula Martins	Alexandra Carvalho TEAM	Veterana F50	00:24:36
87	1124 Denise Morais	Individual	Veterana F40	00:24:38
88	1095 bruno vasconcelos	Individual	Senior Masculino	00:24:38
89	1142 Francisco Gonçalves	Individual	Veterano M40	00:24:40
90	1246 Carla Sofia Silva	Team Shark	Veterana F40	00:24:43
91	1091 ANDRE COSTA	Individual	Senior Masculino	00:24:44
92	1168 Bruno Andrade	Jacarés Cansados	Senior Masculino	00:24:45
93	1019 Fernando Edgar Araújo de Sousa	Alexandra Carvalho TEAM	Veterano M40	00:24:46
94	1057 Marco Viana	EDV-VIANA TRAIL	Veterano M40	00:24:47
95	1167 Júlio Ferreira	InsanOs	Veterano M50	00:24:53

96	1047 Roni Gomes	CMMC Vale de Cambra	Senior Masculino	00:24:53
97	1151 PATRICIA IIMA	Individual	Veterano M40	00:25:03
98	1009 Solange Cabral	Alexandra Carvalho TEAM	Veterana F40	00:25:03
99	1262 Eduarda Barros	Individual	Senior Feminino	00:25:03
100	1141 Eriberto Matos	Individual	Veterano M40	00:25:07
101	1158 Eduardo Teixeira	Individual	Veterano M50	00:25:08
102	1050 Sílvia GOMes	Correio de Albergaria Trail Running	Senior Feminino	00:25:11
103	1080 Cristina Esteves Rodrigues	Team Workout 48/CAM	Senior Feminino	00:25:12
104	1034 Sandra Matos	CENTRO CICLISTA DE GONDOMAR	Veterana F40	00:25:15
105	1013 Eulália Miranda	Alexandra Carvalho TEAM	Veterana F50	00:25:15
106	1035 Henrique Matos	CENTRO CICLISTA DE GONDOMAR	Veterano M40	00:25:16
107	1138 Antonio Pedro castro	Individual	Veterano M40	00:25:16
108	1065 Tiago Oliveira	Grupo de Corrida de Argoncilhe	Senior Masculino	00:25:18
109	1066 Anabela Sousa	Grupo de Corrida de Argoncilhe	Veterana F40	00:25:22
110	1162 Luís António Sousa Pinto	Individual	Veterano M50	00:25:27
111	1016 António Manuel Rocha Ferreira	Alexandra Carvalho TEAM	Veterano M40	00:25:29
112	1225 Ricardo Magalhães	Palmeira Runners	Veterano M40	00:25:37
113	1060 José Manuel Fernandes Moreira da Silva	GDST - Grupo Desportivo Santander Totta	Veterano M40	00:25:42
114	1144 João Carlos Silva Miranda	Individual	Veterano M40	00:25:44
115	1089 SUSANA PEREIRA	Individual	Senior Feminino	00:25:45
116	1110 Jorge Rafael Machado do Vale	Individual	Senior Masculino	00:25:46
117	1202 Sara Sousa	Olímpico Vianense Trail	Senior Feminino	00:25:50
118	1147 Jose manuel oliveira Peixoto 23	Individual	Veterano M40	00:25:53
119	1002 maria de la salete fonseca oliveira	Ade trail running	Senior Feminino	00:25:59
120	1010 Susana Queiróz	Alexandra Carvalho TEAM	Veterana F40	00:26:01
121	1241 Luis Magalhães	SmileTeam	Veterano M40	00:26:02
122	1217 António Felgueiras Maciel	Padela Natural Team - Fisiofreixo	Veterano M50	00:26:02
123	1053 Susana Conceição	EDL trail	Senior Feminino	00:26:05
124	1240 Paula Afonso	SmileTeam	Veterana F40	00:26:16
125	1030 Alzira Alves	Bits&Bikes	Veterana F40	00:26:16
126	1242 Mónica Ferreira	Spin&Run Esposende	Veterana F40	00:26:17
127	1115 Luís Leal	Individual	Senior Masculino	00:26:27
128	1244 Sónia Silva	Team Covas	Senior Feminino	00:26:30

129	1243 Patricia Pereira	Team Covas	Senior Feminino	00:26:31
130	1026 Francisco Pádua	Allianz	Veterano M50	00:26:39
131	1048 Rui Vieira	Cofina	Veterano M40	00:26:46
132	1190 Maria Jesus	NOCTURNOS DE PAREDES	Veterana F40	00:26:46
133	1085 madalena pedrinha fontes	Individual	Senior Feminino	00:26:52
134	1226 Carla Caldas	Papa Léguas	Veterana F40	00:26:52
135	1012 Conceição Ferreira	Alexandra Carvalho TEAM	Veterana F50	00:26:59
136	1148 Manuel Domingues	Individual	Veterano M40	00:27:13
137	1171 Miguel Pinheiro Matos	Juventude Cortegacense	Senior Masculino	00:27:14
138	1024 José Ribeiro	Alexandra Carvalho TEAM	Veterano M50	00:27:15
139	1088 silvia blanco arce	Individual	Senior Feminino	00:27:18
140	1102 Filipe Lima	Individual	Senior Masculino	00:27:22
141	1172 Anabela dos Santos Marques	Juventude Cortegacense	Veterana F40	00:27:38
142	1201 Paula Brota	Olímpico Vianense Trail	Senior Feminino	00:27:41
143	1258 Pedro Miguel dos Santos Matos	Yazaki Runners	Veterano M40	00:27:43
144	1037 Sandra Araújo	Cerveira Team Running	Senior Feminino	00:27:44
145	1236 Claudia Moura	Running Penafiel Trail	Senior Feminino	00:27:46
146	1191 Rui Silva	NOCTURNOS DE PAREDES	Veterano M40	00:27:54
147	1152 Paulo César Vieira Bastos	Individual	Veterano M40	00:27:56
148	1056 Ligia Fernandes	EDV-VIANA TRAIL	Veterana F40	00:28:00
149	1038 Sofia Venade	Cerveira Team Running	Senior Feminino	00:28:00
150	1055 Cidália Ribeiro	EDV-VIANA TRAIL	Veterana F40	00:28:04
151	1170 Catarina Rodrigues Sa Ferreira	Juventude Cortegacense	Senior Masculino	00:28:04
152	1117 Mario vilaca	Individual	Senior Masculino	00:28:25
153	1212 Susana Filipa Pereira da Silva	Padela Natural Team - Fisiofreixo	Senior Feminino	00:28:29
154	1198 Miguel Carvalhido	OADA - Os Amigos da Aventura	Veterano M40	00:28:42
155	1193 Alexandre Areias	OADA - Os Amigos da Aventura	Senior Masculino	00:28:49
156	1054 Rosa Pereira	EDL trail	Veterana F40	00:28:53
157	1007 Isabel Leitão	Alexandra Carvalho TEAM	Veterana F40	00:28:54
158	1136 Alexandre Negrão	Individual	Veterano M40	00:28:55
159	1154 Pedro Brites	Individual	Veterano M40	00:29:02
160	1174 ISABEL PEREIRA	Juventude Cortegacense	Veterana F40	00:29:03
161	1008 Marlene Ferreira	Alexandra Carvalho TEAM	Veterana F40	00:29:15

162	1232 Denise Martins	Rumo a Aventura	Veterana F40	00:29:38
163	1229 Patricia Miranda	Rumo a Aventura	Senior Feminino	00:29:43
164	1234 Isaura Miranda	Rumo a Aventura	Veterana F50	00:29:45
165	1248 Rosa sousa	Team Shark	Veterana F50	00:29:53
166	1076 Be Carvalho	Individual	Senior Feminino	00:30:18
167	1228 Joana Filipa Araújo Castro	Rumo a Aventura	Senior Feminino	00:30:21
168	1079 Cláudia Novais	Individual	Senior Feminino	00:30:38
169	1069 Luís Rafael Freitas Sargo	Grupo de Corrida de Argoncilhe	Veterano M40	00:30:40
170	1183 Isabel Lopes	LION RUNNERS – G.D. Leões da Guarda	Veterana F50	00:30:41
171	1245 Fernando Pereira	Team Covas	Senior Masculino	00:30:55
172	1120 Paulo Soares	Individual	Senior Masculino	00:31:08
173	1176 Manuela Castelo	Juventude Cortegacense	Veterana F50	00:31:57
174	1146 JOSE LUIS GONÇALVES BORLIDO	Individual	Veterano M40	00:32:06
175	1028 Nélson Silva	Amigos das Sapatilhas	Senior Masculino	00:32:18
176	1155 Rui Monteiro	Individual	Veterano M40	00:32:38
177	1084 Lúcia Ferreira	Individual	Senior Feminino	00:32:41
178	1027 Cláudia Ramos	Amigos das Sapatilhas	Senior Feminino	00:32:43
179	1074 Ana Isabel Rocha	Individual	Senior Feminino	00:32:54
180	1257 Maria Eduarda Gonçalves Araújo	Viana Garças Clube	Veterana F40	00:32:57
181	1221 Paulo Pires	Palas Viradas	Veterano M40	00:33:07
182	1184 Albertina Gonçalves	LOUSADA RUNNERS	Senior Feminino	00:33:19
183	1220 Flávia Alegria	Palas Viradas	Veterana F40	00:33:31
184	1097 Cesar martins	Individual	Senior Masculino	00:33:53
185	1081 Daniela vieira	Individual	Senior Feminino	00:33:54
186	1100 Diogo Silva	Individual	Senior Masculino	00:34:27
187	1127 Maria do Céu Vieira Lopes	Individual	Veterana F40	00:34:32
188	1075 Ana Magalhães	Individual	Senior Feminino	00:34:38
189	1086 Melissa Piedade	Individual	Senior Feminino	00:34:38
190	1206 Óscar Sousa	Olímpico Vianense Trail	Senior Masculino	00:35:34
191	1068 Jorge Manuel Mendes Alves da Costa Vaz	Grupo de Corrida de Argoncilhe	Veterano M40	00:35:41
192	1014 Irene Dias	Alexandra Carvalho TEAM	Veterana F50	00:36:15
193	1182 JORGE SOUSA	LETHES TRAIL TEAM	Veterano M50	00:37:48