

CICLISMO - STAGE 1

40 KM



OFFICIAL RESULT

	Time	Temperature	Humidity
Start	17:00	20°C	83%
End	18:25	20.5°C	83%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	503	Gonçalo Santos	centro ciclista do centro	Senior Masculino	58:34		01:28
2	517	Hugo Moreira	individual	Senior Masculino	58:35	+00:00	01:28
3	534	Hélder Pereira	individual	Senior Masculino	58:35	+00:00	01:28
4	533	Jorge Dias	individual	Senior Masculino	58:35	+00:00	01:28
5	531	João Lemos	individual	Senior Masculino	58:36	+00:01	01:28
6	535	Paulo Valente	individual	Senior Masculino	58:37	+00:02	01:28
7	525	Rui Rodrigues	individual	Senior Masculino	58:38	+00:04	01:28
8	507	Pedro Mendes	centro ciclista do centro	Senior Masculino	58:39	+00:04	01:28
9	505	Miguel Pereira	centro ciclista do centro	Senior Masculino	58:39	+00:05	01:28
10	514	Tiago João de Sousa Tarrataca	estoirabikes	Senior Masculino	58:40	+00:05	01:28
11	508	Duarte Azenha	centro ciclista do centro	Veterano M45	58:40	+00:05	01:28
12	538	Armandio Jesus	individual	Veterano M45	58:41	+00:06	01:28
13	532	José Amorim	individual	Senior Masculino	58:41	+00:06	01:28
14	549	Carlos Ramos	individual	Senior Masculino	58:41	+00:06	01:28
15	506	Pedro Henriques	centro ciclista do centro	Senior Masculino	58:42	+00:07	01:28
16	545	Óscar Martins	individual	Veterano M45	58:42	+00:08	01:28
17	524	Anibal Santos	individual	Veterano M45	58:43	+00:08	01:28
18	536	Filipe Santos	individual	Senior Masculino	58:44	+00:09	01:28
19	550	Liciano Sousa	individual	Veterano M45	58:45	+00:10	01:28
20	539	José Pinho	individual	Senior Masculino	58:45	+00:10	01:28
21	528	Rui Pimentel	individual	Senior Masculino	58:46	+00:11	01:28
22	541	Domingos Dias	individual	Senior Masculino	58:47	+00:12	01:28
23	537	Hernâni Silva	individual	Veterano M45	58:48	+00:13	01:28
24	546	Xavier Margarido	individual	Senior Masculino	58:49	+00:15	01:28
25	502	David Pacheco	centro ciclista do centro	Senior Masculino	58:52	+00:18	01:28
26	501	Antero Carvalho	centro ciclista do centro	Senior Masculino	58:54	+00:19	01:28
27	526	Carlos Ochoa	individual	Senior Masculino	58:56	+00:21	01:28
28	504	Gualdino Frois	centro ciclista do centro	Senior Masculino	58:57	+00:22	01:28
29	523	Cesar Mendonça	peçamodovar-garagemfpinto-cda	Veterano M45	59:31	+00:56	01:29

ATLETISMO - STAGE 1
10 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
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	Time	Temperature	Humidity
Start	18:00	20.5°C	83%
End	19:44	20.5°C	83%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	34	Vitor Oliveira	individual	Senior Masculino	32:27		03:15
2	14	Nelson Oliveira	escola de atletismo de coimbra/jpaiva	Senior Masculino	32:29	+00:01	03:15
3	27	Joao almeida	individual	Senior Masculino	32:31	+00:03	03:15
4	44	José Sousa	união clube eirense	Senior Masculino	32:40	+00:12	03:16
5	36	Aldilson Spencer	joão silva academia atletismo ccr praia de	Senior Masculino	34:12	+01:45	03:25
6	10	Pedro Rodrigues	clube académico de mogadouro	Senior Masculino	34:37	+02:09	03:28
7	9	Rui Lopes	associação académica de coimbra	Senior Masculino	35:16	+02:48	03:32
8	39	Aricson Gomes	joão silva academia atletismo ccr praia de	Senior Masculino	35:16	+02:48	03:32
9	37	Alexsandro Varela	joão silva academia atletismo ccr praia de	Senior Masculino	36:06	+03:38	03:37
10	13	Filipe Rocha	escola de atletismo de coimbra/jpaiva	Senior Masculino	36:43	+04:15	03:40
11	5	Tiago Pinho	acr de vale de cambra	Senior Masculino	37:04	+04:36	03:42
12	41	Luis Miguel Martins	recreio desportivo de águeda	Senior Masculino	37:50	+05:22	03:47
13	6	Alexandre Mestre	ascvairinha	Senior Masculino	38:25	+05:58	03:51
14	12	Toze carvalho	dci/trilhos luso bussaco	Senior Masculino	39:28	+07:00	03:57
15	40	Sandra Protásio	joma	Senior Feminino	39:32	+07:04	03:57
16	49	João Arrais	grebas vagos	Senior Masculino	39:37	+07:09	03:58
17	31	RICARDO SARAIVA	individual	Senior Masculino	39:40	+07:13	03:58
18	30	Pepe Faria	individual	Senior Masculino	40:07	+07:39	04:01
19	15	Miriam Martins	grebas vagos	Senior Feminino	40:48	+08:20	04:05
20	26	Hugo Santiago Luzio	individual	Senior Masculino	42:12	+09:44	04:13
21	45	Paulo António	grebas vagos	Senior Masculino	42:16	+09:48	04:14
22	46	Paulo Briga	grebas vagos	Senior Masculino	42:43	+10:15	04:16
23	29	Nuno Helder Silva	individual	Senior Masculino	42:56	+10:29	04:18
24	35	William Caetano	individual	Senior Masculino	44:27	+11:59	04:27
25	17	Vanda Ribeiro	grebas vagos	Senior Feminino	44:45	+12:17	04:29
26	24	Daniel da Costa Calvão	individual	Senior Masculino	45:36	+13:08	04:34
27	28	Luis Filipe Rocha	individual	Senior Masculino	46:20	+13:52	04:38
28	53	Pene	individual	Senior Masculino	46:22	+13:54	04:38
29	8	Roberto Graça	ascvairinha	Senior Masculino	46:33	+14:05	04:39
30	42	Jorge Oliveira	seritel	Senior Masculino	47:00	+14:32	04:42
31	21	André Ribeiro Coquim	individual	Senior Masculino	48:13	+15:45	04:49
32	16	SUZETE MARCO	grebas vagos	Senior Feminino	49:19	+16:51	04:56
33	18	Daniela Costa Ferreira dias	individual	Senior Feminino	49:59	+17:31	05:00
34	11	Narciso Arromba	cluve	Senior Masculino	51:13	+18:45	05:07
35	43	Miguel Oliveira	seritel	Senior Masculino	55:42	+23:14	05:34
36	19	Maria dos anjos	individual	Senior Feminino	56:16	+23:48	05:38
37	47	Marco Gallinard	individual	Senior Masculino	57:17	+24:49	05:44
38	7	Luis Graça	ascvairinha	Senior Masculino	57:40	+25:12	05:46
39	50	Natalie Correia	grebas vagos	Senior Feminino	01:00:02	+27:34	06:00
40	25	Guilherme Santos rocha	individual	Senior Masculino	01:10:42	+38:14	07:04

Atletismo

10 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	18:00	20.5°C	83%
End	19:44	20.5°C	83%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	⌚/KM
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Senior Feminino

1	40	Sandra Protásio	JOMA	Senior Feminino	39:32	+07:04	03:57
2	15	Miriam Martins	Greca Vagos	Senior Feminino	40:48	+08:20	04:05
3	17	Vanda Ribeiro	Greca Vagos	Senior Feminino	44:45	+12:17	04:29
4	16	SUZETE MARCO	Greca Vagos	Senior Feminino	49:19	+16:51	04:56
5	18	Daniela Costa Ferreira dias	Individual	Senior Feminino	49:59	+17:31	05:00
6	19	Maria dos anjos	Individual	Senior Feminino	56:16	+23:48	05:38
7	50	Natalie Correia	Greca Vagos	Senior Feminino	01:00:02	+27:34	06:00

Senior Masculino

1	34	Vitor Oliveira	Individual	Senior Masculino	32:27		03:15
2	14	Nelson Oliveira	Escola de Atletismo de Coimbra/JPaiva	Senior Masculino	32:29	+00:01	03:15
3	27	Joao almeida	Individual	Senior Masculino	32:31	+00:03	03:15
4	44	José Sousa	União Clube Eirense	Senior Masculino	32:40	+00:12	03:16
5	36	Aldilson Spencer	João silva Academia Atletismo CCR Praia de	Senior Masculino	34:12	+01:45	03:25
6	10	Pedro Rodrigues	Clube Académico de Mogadouro	Senior Masculino	34:37	+02:09	03:28
7	9	Rui Lopes	Associação Académica de Coimbra	Senior Masculino	35:16	+02:48	03:32
8	39	Aricson Gomes	João silva Academia Atletismo CCR Praia de	Senior Masculino	35:16	+02:48	03:32
9	37	Alexsandro Varela	João silva Academia Atletismo CCR Praia de	Senior Masculino	36:06	+03:38	03:37
10	13	Filipe Rocha	Escola de Atletismo de Coimbra/JPaiva	Senior Masculino	36:43	+04:15	03:40
11	5	Tiago Pinho	ACR DE VALE DE CAMBRA	Senior Masculino	37:04	+04:36	03:42
12	41	Luís Miguel Martins	RECREIO DESPORTIVO DE ÁGUEDA	Senior Masculino	37:50	+05:22	03:47
13	6	Alexandre Mestre	ASCValeirinha	Senior Masculino	38:25	+05:58	03:51
14	12	Toze carvalho	Dci/trilhos luso bussaco	Senior Masculino	39:28	+07:00	03:57
15	49	João Arrais	Greca Vagos	Senior Masculino	39:37	+07:09	03:58
16	31	RICARDO SARAIVA	Individual	Senior Masculino	39:40	+07:13	03:58
17	30	Pepe Faria	Individual	Senior Masculino	40:07	+07:39	04:01
18	26	Hugo Santiago Luzio	Individual	Senior Masculino	42:12	+09:44	04:13
19	45	Paulo António	Greca Vagos	Senior Masculino	42:16	+09:48	04:14
20	46	Paulo Briga	Greca Vagos	Senior Masculino	42:43	+10:15	04:16
21	29	Nuno Helder Silva	Individual	Senior Masculino	42:56	+10:29	04:18
22	35	William Caetano	Individual	Senior Masculino	44:27	+11:59	04:27
23	24	Daniel da Costa Calvão	Individual	Senior Masculino	45:36	+13:08	04:34
24	28	Luís Filipe Rocha	Individual	Senior Masculino	46:20	+13:52	04:38

Atletismo**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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25	53	Pene	Individual	Senior Masculino	46:22	+13:54	04:38
26	8	Roberto Graça	ASCValeirinha	Senior Masculino	46:33	+14:05	04:39
27	42	Jorge Oliveira	Seritel	Senior Masculino	47:00	+14:32	04:42
28	21	André Ribeiro Coquim	Individual	Senior Masculino	48:13	+15:45	04:49
29	11	Narciso Arromba	Cluve	Senior Masculino	51:13	+18:45	05:07
30	43	Miguel Oliveira	Seritel	Senior Masculino	55:42	+23:14	05:34
31	47	Marco Gallinard	Individual	Senior Masculino	57:17	+24:49	05:44
32	7	Luis Graça	ASCValeirinha	Senior Masculino	57:40	+25:12	05:46
33	25	Guilherme Santos rocha	Individual	Senior Masculino	01:10:42	+38:14	07:04