

10 K PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:45	13°C	82%
End	11:55	13°C	82%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	187	Ricardo Pereira	jardim da serra	Senior Masculino	33:14		03:19
2	85	Joao Almeida	escola e atletismo de coimbra	Senior Masculino	33:17	+00:02	03:20
3	103	Adelino José Oliveira	grecas - vagos	Senior Masculino	33:26	+00:12	03:21
4	54	TIAGO MACHADO	casa do povo de mangualde	Senior Masculino	34:35	+01:20	03:28
5	7	Tiago Madureira	a.c.r.s. desterro-napo	Senior Masculino	35:37	+02:22	03:34
6	79	Nelson Manuel Correia Gomes	clube desportivo de leomil	Senior Masculino	35:51	+02:36	03:35
7	53	PEDRO MACHADO	casa do povo de mangualde	Senior Masculino	35:53	+02:38	03:35
8	6	TElmo Nascimento	a.c.r.s. desterro-napo	Senior Masculino	35:56	+02:41	03:36
9	134	MESSIAS DOS SANTOS NEVES DIAS	grupo desportivo e cultural de guilhovai	Veterano M45	36:57	+03:42	03:42
10	93	jose fernandes	g d 3 santos populares	Veterano M50	37:15	+04:00	03:44
11	5	João Toscano	a.c.r.s. desterro-napo	Senior Masculino	37:18	+04:03	03:44
12	78	Luís Carlos dos Santos Morgado	clube desportivo de leomil	Senior Masculino	37:19	+04:04	03:44
13	9	Mário Silva	a.c.r.s. desterro-napo	Veterano M50	37:43	+04:28	03:46
14	152	Marco Lopes	individual	Senior Masculino	37:45	+04:30	03:47
15	216	Paulo Costa	virithvs runners viseu	Veterano M50	38:10	+04:56	03:49
16	169	António Jorge Figueiredo Almeida	individual	Veterano M40	38:35	+05:21	03:52
17	190	Hugo Gomes	js clínica/virithvs tri	Veterano M35	38:37	+05:23	03:52
18	95	toze velha	g d 3 santos populares	Veterano M55	38:59	+05:45	03:54
19	198	Cristiana Valente	recreio desportivo de águeda	Senior Feminino	39:37	+06:22	03:58
20	94	jose tojal	g d 3 santos populares	Veterano M50	39:54	+06:39	03:59
21	80	Paulo Davide Lourenço	dínamo clube estação	Veterano M45	41:08	+07:53	04:07
22	36	António Lourenço	associação grão vasco	Senior Masculino	41:08	+07:53	04:07
23	82	Jorge Loureiro	dínamo clube estação	Veterano M40	41:09	+07:55	04:07
24	90	Pedro Freitas	fit club lafões runners	Veterano M40	41:21	+08:06	04:08
25	150	João Cunha	individual	Senior Masculino	41:45	+08:30	04:11
26	199	vit0r manuel ferreira salvador	a.c.r.s. desterro-napo	Veterano M45	41:47	+08:33	04:11
27	61	CARLOS ALMEIDA	casa do povo de mangualde	Veterano M55	41:53	+08:38	04:11
28	77	Filipe Miguel de Jesus Teles	clube desportivo de leomil	Senior Masculino	41:56	+08:41	04:12
29	218	Miguel Gomes	individual	Veterano M35	42:01	+08:46	04:12
30	100	Lídia Pereira	gdr granja - trutas do mau	Senior Feminino	42:16	+09:02	04:14
31	177	António José da Cunha Lourenço	individual	Veterano M45	42:19	+09:05	04:14
32	34	Helena Sampaio	afis/ovar	Senior Feminino	42:25	+09:10	04:15
33	217	Pedro Amaro	viseu running team	Veterano M50	42:25	+09:10	04:15
34	92	nuno lopes	g d 3 santos populares	Veterano M40	42:45	+09:30	04:17
35	146	Fábio Mendes	individual	Senior Masculino	42:58	+09:43	04:18
36	38	Luís Emanuel de Sá Pereira	bub - centro desportivo recreativo e cultural dos bairros unidos da balsa - viseu	Veterano M45	43:09	+09:54	04:19
37	126	Roberto Leal	grupo desportivo "os ribeirinhos"	Veterano M50	43:18	+10:03	04:20
38	155	Sandro Alves	individual	Senior Masculino	43:19	+10:05	04:20

10 K PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
39	130	Jorge Santos	grupo desportivo "os ribeirinhos"	Veterano M60	43:43	+10:28	04:22
40	96	rui manuel da silva gomes	grupo desportivo "os ribeirinhos"	Veterano M40	43:51	+10:37	04:23
41	83	Cláudio Queiroga	dínamo clube estação	Veterano M45	44:16	+11:01	04:26
42	118	Nuno Dias	grupo desportivo "os ribeirinhos"	Veterano M35	44:29	+11:14	04:27
43	119	Nuno Queiroz	grupo desportivo "os ribeirinhos"	Veterano M40	44:38	+11:24	04:28
44	73	Magda Alves Libório	clube desportivo de leomil	Senior Feminino	44:55	+11:41	04:30
45	101	Luís Miguel Ribeiro Faria	gdr granja - trutas do mau	Veterano M45	45:22	+12:08	04:32
46	97	Marilyne Marques	gdr granja - trutas do mau	Senior Feminino	45:23	+12:08	04:32
47	127	Serafim Soares	grupo desportivo "os ribeirinhos"	Veterano M50	45:29	+12:15	04:33
48	123	Luís Santos	grupo desportivo "os ribeirinhos"	Veterano M45	45:39	+12:24	04:34
49	144	David Alexandre Cardoso	individual	Senior Masculino	45:45	+12:31	04:35
50	213	Rui Pires	viriatvhs runners viseu	Veterano M40	45:59	+12:44	04:36
51	32	Tania Pereira	acr cambra	Senior Feminino	46:02	+12:47	04:36
52	194	Luís Miguel Correia Ferreira	js clínica/viriathvs tri	Veterano M45	46:13	+12:59	04:37
53	55	CÉLIA MATIAS	casa do povo de mangualde	Veterana F35	46:16	+13:01	04:38
54	121	Vasco Monteiro	grupo desportivo "os ribeirinhos"	Veterano M40	46:18	+13:03	04:38
55	185	Arlindo Dias	individual	Veterano M60	46:48	+13:33	04:41
56	102	Severino Santos	gdr granja - trutas do mau	Veterano M60	46:55	+13:40	04:42
57	182	Sérgio Mota	individual	Veterano M45	47:07	+13:52	04:43
58	72	Daniela Marta Mariano Falcão	clube desportivo de leomil	Senior Feminino	47:07	+13:53	04:43
59	74	Patrícia Almeida Antunes	clube desportivo de leomil	Senior Feminino	47:07	+13:53	04:43
60	175	Pedro Ferreira	individual	Veterano M40	47:16	+14:01	04:44
61	196	João Carlos Marques	lexvis-running	Veterano M55	47:19	+14:04	04:44
62	128	Domingos Almeida	grupo desportivo "os ribeirinhos"	Veterano M60	47:25	+14:10	04:45
63	153	Nuno Melo	individual	Senior Masculino	47:32	+14:17	04:45
64	183	Arcides Simões	individual	Veterano M50	47:40	+14:25	04:46
65	188	Joana Cunha	js clínica/viriathvs tri	Veterana F35	48:13	+14:58	04:49
66	84	Paulo Loureiro	dínamo clube estação	Veterano M45	48:13	+14:58	04:49
67	8	Helena Mourão	a.c.r.s. desterro-napo	Veterana F45	48:27	+15:12	04:51
68	120	Paulo Ferreira	grupo desportivo "os ribeirinhos"	Veterano M40	48:29	+15:14	04:51
69	211	Olga Martins	viriatvhs runners viseu	Veterana F40	48:37	+15:22	04:52
70	122	Eugénio Almeida	grupo desportivo "os ribeirinhos"	Veterano M45	48:55	+15:40	04:54
71	197	Jorge Silva	lexvis-running	Veterano M55	49:06	+15:52	04:55
72	51	ANDRÉ NUNES	casa do povo de mangualde	Senior Masculino	49:18	+16:04	04:56
73	176	Ricardo Veiga	individual	Veterano M40	49:20	+16:05	04:56
74	215	Luis Filipe da Costa Figueiredo	viriatvhs runners viseu	Veterano M50	49:33	+16:18	04:57
75	81	Maria Pereira	dínamo clube estação	Veterana F35	49:39	+16:24	04:58
76	91	António José Fernandes	fit club lafões runners	Veterano M45	49:48	+16:33	04:59
77	98	Salvador Pereira	gdr granja - trutas do mau	Senior Masculino	49:51	+16:36	04:59
78	164	PEDRO PEREIRA	individual	Veterano M35	49:53	+16:38	04:59
79	125	Rui Pedrinho	grupo desportivo "os ribeirinhos"	Veterano M45	49:55	+16:40	05:00
80	162	Nuno Figueiredo	individual	Veterano M35	50:03	+16:48	05:00
81	195	Paulo Mendonça	lexvis-running	Veterano M40	50:12	+16:58	05:01
82	88	Sofia Girão	fit club lafões runners	Veterana F35	50:21	+17:07	05:02
83	154	RUI MIGUEL LOPES GIL	individual	Senior Masculino	51:04	+17:49	05:06
84	160	Filipe Alexandre Pereira Duarte	individual	Veterano M35	51:07	+17:52	05:07

10 K Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	10:45	13°C	82%
End	11:55	13°C	82%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	tkm
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Senior Feminino

1	198	Cristiana Valente	RECREIO DESPORTIVO DE ÁGUEDA	Senior Feminino	39:37	+06:22	03:58
2	100	Lídia Pereira	GDR Granja - Trutas do Mau	Senior Feminino	42:16	+09:02	04:14
3	34	Helena Sampaio	AFIS/OVAR	Senior Feminino	42:25	+09:10	04:15
4	73	Magda Alves Libório	CLUBE DESPORTIVO DE LEOMIL	Senior Feminino	44:55	+11:41	04:30
5	97	Marilyne Marques	GDR Granja - Trutas do Mau	Senior Feminino	45:23	+12:08	04:32
6	32	Tania Pereira	ACR Cambra	Senior Feminino	46:02	+12:47	04:36
7	72	Daniela Marta Mariano Falcão	CLUBE DESPORTIVO DE LEOMIL	Senior Feminino	47:07	+13:53	04:43
8	74	Patrícia Almeida Antunes	CLUBE DESPORTIVO DE LEOMIL	Senior Feminino	47:07	+13:53	04:43
9	136	Cátia Teixeira	Individual	Senior Feminino	52:54	+19:40	05:17
10	87	Joana Rodrigues	Fit Club Lafões Runners	Senior Feminino	54:42	+21:27	05:28
11	76	Silvia Catarina Coelho Gomes	CLUBE DESPORTIVO DE LEOMIL	Senior Feminino	55:11	+21:56	05:31
12	139	Guida Sofia Cardoso Gonçalves	Individual	Senior Feminino	57:08	+23:53	05:43
13	138	Corine	Individual	Senior Feminino	01:03:53	+30:38	06:23
14	137	Ceidy Waleska Portillo Mazariegos	Individual	Senior Feminino	01:07:00	+33:45	06:42

Senior Masculino

1	187	Ricardo Pereira	Jardim da Serra	Senior Masculino	33:14		03:19
2	85	Joao Almeida	Escola e atletismo de coimbra	Senior Masculino	33:17	+00:02	03:20
3	103	Adelino José Oliveira	GRECAS - Vagos	Senior Masculino	33:26	+00:12	03:21
4	54	TIAGO MACHADO	CASA DO POVO DE MANGUALDE	Senior Masculino	34:35	+01:20	03:28
5	7	Tiago Madureira	A.C.R.S. Desterro-napo	Senior Masculino	35:37	+02:22	03:34
6	79	Nelson Manuel Correia Gomes	CLUBE DESPORTIVO DE LEOMIL	Senior Masculino	35:51	+02:36	03:35
7	53	PEDRO MACHADO	CASA DO POVO DE MANGUALDE	Senior Masculino	35:53	+02:38	03:35
8	6	TElmo Nascimento	A.C.R.S. Desterro-napo	Senior Masculino	35:56	+02:41	03:36
9	5	João Toscano	A.C.R.S. Desterro-napo	Senior Masculino	37:18	+04:03	03:44
10	78	Luís Carlos dos Santos Morgado	CLUBE DESPORTIVO DE LEOMIL	Senior Masculino	37:19	+04:04	03:44
11	152	Marco Lopes	Individual	Senior Masculino	37:45	+04:30	03:47
12	36	António Lourenço	Associação Grão vasco	Senior Masculino	41:08	+07:53	04:07
13	150	João Cunha	Individual	Senior Masculino	41:45	+08:30	04:11
14	77	Filipe Miguel de Jesus Teles	CLUBE DESPORTIVO DE LEOMIL	Senior Masculino	41:56	+08:41	04:12
15	146	Fábio Mendes	Individual	Senior Masculino	42:58	+09:43	04:18

10 K Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

10	191	Jorge Leal	JS Clínica/Viriathvs Tri	Veterano M35	55:22	+22:07	05:32
11	166	Sergio Simoes	Individual	Veterano M35	55:49	+22:35	05:35
12	117	Márcio Almeida	Grupo Desportivo "Os Ribeirinhos"	Veterano M35	55:59	+22:44	05:36
13	89	Luis Figueiredo	Fit Club Lafões Runners	Veterano M35	57:34	+24:20	05:45
14	163	Pedro Filipe Pereira Coelho	Individual	Veterano M35	01:00:05	+26:50	06:01

Veterano M40

1	169	António Jorge Figueiredo Almeida	Individual	Veterano M40	38:35	+05:21	03:52
2	82	Jorge Loureiro	Dínamo Clube Estação	Veterano M40	41:09	+07:55	04:07
3	90	Pedro Freitas	Fit Club Lafões Runners	Veterano M40	41:21	+08:06	04:08
4	92	nuno lopes	G D 3 SANTOS POPULARES	Veterano M40	42:45	+09:30	04:17
5	96	rui manuel da silva gomes	Grupo Desportivo "Os Ribeirinhos"	Veterano M40	43:51	+10:37	04:23
6	119	Nuno Queiroz	Grupo Desportivo "Os Ribeirinhos"	Veterano M40	44:38	+11:24	04:28
7	213	Rui Pires	Viriathvs Runners Viseu	Veterano M40	45:59	+12:44	04:36
8	121	Vasco Monteiro	Grupo Desportivo "Os Ribeirinhos"	Veterano M40	46:18	+13:03	04:38
9	175	Pedro Ferreira	Individual	Veterano M40	47:16	+14:01	04:44
10	120	Paulo Ferreira	Grupo Desportivo "Os Ribeirinhos"	Veterano M40	48:29	+15:14	04:51
11	176	Ricardo Veiga	Individual	Veterano M40	49:20	+16:05	04:56
12	195	Paulo Mendonça	Lexvis-Running	Veterano M40	50:12	+16:58	05:01
13	168	Américo Gustavo	Individual	Veterano M40	52:25	+19:10	05:15
14	170	Carlos Alexandre do Carmo Gonçalves	Individual	Veterano M40	55:02	+21:48	05:30
15	192	Marcos Alessandro Ferreira Sell	JS Clínica/Viriathvs Tri	Veterano M40	55:22	+22:07	05:32
16	193	Nuno Ribeiro	JS Clínica/Viriathvs Tri	Veterano M40	55:22	+22:07	05:32
17	173	NUNO FILIPE VITORIA JOSE	Individual	Veterano M40	55:35	+22:20	05:34
18	171	III Trail Running Trilhos do Ceireiro BRUNO RICARDO VITORIA JOSE	Individual	Veterano M40	55:35	+22:20	05:34

Veterano M45

1	134	MESSIAS DOS SANTOS NEVES DIAS	Grupo Desportivo e Cultural de Guilhovai	Veterano M45	36:57	+03:42	03:42
2	80	Paulo Davide Lourenço	Dínamo Clube Estação	Veterano M45	41:08	+07:53	04:07
3	199	vitór manuel ferreira salvador	A.C.R.S. Desterro-napo	Veterano M45	41:47	+08:33	04:11
4	177	António José da Cunha Lourenço	Individual	Veterano M45	42:19	+09:05	04:14
5	38	Luís Emanuel de Sá Pereira	BUB - Centro Desportivo Recreativo e Cultural dos Bairros Unidos da Balsa - Viseu	Veterano M45	43:09	+09:54	04:19
6	83	Cláudio Queiroga	Dínamo Clube Estação	Veterano M45	44:16	+11:01	04:26
7	101	Luís Miguel Ribeiro Faria	GDR Granja - Trutas do Mau	Veterano M45	45:22	+12:08	04:32
8	123	Luís Santos	Grupo Desportivo "Os Ribeirinhos"	Veterano M45	45:39	+12:24	04:34
9	194	Luís Miguel Correia Ferreira	JS Clínica/Viriathvs Tri	Veterano M45	46:13	+12:59	04:37
10	182	Sérgio Mota	Individual	Veterano M45	47:07	+13:52	04:43
11	84	Paulo Loureiro	Dínamo Clube Estação	Veterano M45	48:13	+14:58	04:49
12	122	Eugénio Almeida	Grupo Desportivo "Os Ribeirinhos"	Veterano M45	48:55	+15:40	04:54
13	91	António José Fernandes	Fit Club Lafões Runners	Veterano M45	49:48	+16:33	04:59
14	125	Rui Pedrinho	Grupo Desportivo "Os Ribeirinhos"	Veterano M45	49:55	+16:40	05:00

Official Timekeeper: Lap2Go	3 / 4	generate 25-nov-2018 12:11
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10 K Prova Principal**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

15	180	Paulo Figueiredo	Individual	Veterano M45	51:28	+18:13	05:09
16	214	António Álvaro	Viriathvs Runners Viseu	Veterano M45	51:46	+18:31	05:11
17	178	José Correia	Individual	Veterano M45	52:24	+19:10	05:14

Veterano M50

1	93	jose fernandes	G D 3 SANTOS POPULARES	Veterano M50	37:15	+04:00	03:44
2	9	Mário Silva	A.C.R.S. Desterro-napo	Veterano M50	37:43	+04:28	03:46
3	216	Paulo Costa	Viriathvs Runners Viseu	Veterano M50	38:10	+04:56	03:49
4	94	jose tojal	G D 3 SANTOS POPULARES	Veterano M50	39:54	+06:39	03:59
5	217	Pedro Amaro	Viseu Running Team	Veterano M50	42:25	+09:10	04:15
6	126	Roberto Leal	Grupo Desportivo "Os Ribeirinhos"	Veterano M50	43:18	+10:03	04:20
7	127	Serafim Soares	Grupo Desportivo "Os Ribeirinhos"	Veterano M50	45:29	+12:15	04:33
8	183	Arcides Simões	Individual	Veterano M50	47:40	+14:25	04:46
9	215	Luis Filipe da Costa Figueiredo	Viriathvs Runners Viseu	Veterano M50	49:33	+16:18	04:57

Veterano M55

1	95	toze velha	G D 3 SANTOS POPULARES	Veterano M55	38:59	+05:45	03:54
2	61	CARLOS ALMEIDA	CASA DO POVO DE MANGUALDE	Veterano M55	41:53	+08:38	04:11
3	196	João Carlos Marques	Lexvis-Running	Veterano M55	47:19	+14:04	04:44
4	197	Jorge Silva	Lexvis-Running	Veterano M55	49:06	+15:52	04:55

Veterano M60

1	130	Jorge Santos	Grupo Desportivo "Os Ribeirinhos"	Veterano M60	43:43	+10:28	04:22
2	185	Arlindo Dias	Individual	Veterano M60	46:48	+13:33	04:41
3	102	Severino Santos	GDR Granja - Trutas do Mau	Veterano M60	46:55	+13:40	04:42
4	128	Domingos Almeida	Grupo Desportivo "Os Ribeirinhos"	Veterano M60	47:25	+14:10	04:45
5	129	João Soares	Grupo Desportivo "Os Ribeirinhos"	Veterano M60	51:17	+18:03	05:08
6	133	Silvino Cardoso	Grupo Desportivo "Os Ribeirinhos"	Veterano M60	01:01:51	+28:36	06:11



COLETIVO - 10 K PROVA PRINCIPAL

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	CLUBE DESPORTIVO DE LEOMIL	4 + 7 + 8	19

**COLETIVO - 10 K PROVA PRINCIPAL - SENIORES
MASCULINOS**

RANK	TEAM	DESCRIPTION	POINTS
1	A.C.R.S. DESTERRO-NAPO	5 + 8 + 9	22
2	CLUBE DESPORTIVO DE LEOMIL	6 + 10 + 14	30
3	CASA DO POVO DE MANGUALDE	4 + 7 + 19	30

2 Km**2 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

2	49	José Pinto	CARDES - Centro de Arte e Desporto de Barbeita	Juvenil Masculino	08:17	+01:33	04:09
3	30	Henrique Silva	ACR Cambra	Juvenil Masculino	08:23	+01:40	04:12

COLETIVO - 1 KM - INFANTIL FEM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	GRUPO DESPORTIVO "OS RIBEIRINHOS"	1 + 4 + 5	10
2	SPORT VISEU E BENFICA	2 + 6 + 9	17
3	ACR CAMBRA	3 + 7 + 11	21